

**Monday, April 14, 2025****Gold Retreat Star**

Tula Rasi: 15.41 Tithi 17  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 2:34PM  
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Меша Месе Кішйна Пакше Інду Васара Уктыям аін, Trinidad and Tobago  
 Svali/Vishkha Nakshatra Vajra/Siddhi Yoga Talila/Gara Karana Dvityayam Tilau Sutra 364  
**Gulika** 1:38PM - 3:11PM **Svali Until 2:34PM** **Ganesh:** Yellow Sunrise: 5:55AM **Vasavasu 5:127**  
 Yama 10:33AM - 12:06PM **Vajra\* Until 1:07PM** **Muruga:** Clear Sunset: 6:16PM **Moon 4 - Phase 1 -**  
**Rahu** 7:28AM - 9:00AM **Tailila Until 12:16PM** **Nataraja:** Clear **Devaloka Day**  
 Moon - Green **Chaitra-Chaitra**

Tamil New Year

**Dvitiya Until 1:28AM Tue****1****Tuesday, April 15, 2025**

Tula Rasi: 27.32 Tithi 18  
**Routine Work** Marana Yoga  
 Until 5:40PM  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Меша Месе Кішйна Пакше Мंगала Васара Уктыям аін, Trinidad and Tobago  
 Vishkha/Anuradha Nakshatra Siddhi/Vyaptara\* Yoga Vanja/Visi\* Karana Tritayam Tilau Sutra 1  
**Gulika** 12:05PM - 1:38PM **Vishkha Until 5:40PM** **Ganesh:** Blue Sunrise: 5:55AM **Vasavasu 5:127**  
 Yama 9:00AM - 10:33AM **Siddhi Until 2:01PM** **Muruga:** Clear Sunset: 6:16PM **Moon 4 - Phase 1 -**  
**Rahu** 3:11PM - 4:43PM **Vanja Until 2:41PM** **Nataraja:** Clear **Devaloka Day**  
 Moon - Orange **Chaitra-Chaitra**  
**Devaloka Time: 3PM to 6PM**

**Tritiya Until 3:49AM Wed****2****Wednesday, April 16, 2025**

Wishika Rasi: 9.28 Tithi 19  
**Creative Work** Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Меша Месе Кішйна Пакше Будаи Васара Уктыям аін, Trinidad and Tobago  
 Anuradha Nakshatra Vyaptara\* Mariyan Yoga Bava/Balava Karana Chaturthayam Tilau Sutra 2  
**Gulika** 10:32AM - 12:05PM **Anuradha Until 8:24PM** **Ganesh:** Blue Sunrise: 5:54AM **Vasavasu 5:127**  
 Yama 7:27AM - 9:00AM **Vyaptara\* Until 2:47PM** **Muruga:** Clear Sunset: 6:16PM **Moon 4 - Phase 1 -**  
**Rahu** 12:05PM - 1:38PM **Bava Until 4:55PM** **Nataraja:** Clear **Devaloka Day**  
 Moon - Orange **Chaitra-Chaitra**  
**Devaloka Time: 3PM to 6PM**

**Chaturthi\* Until 5:54AM Thu****3****Thursday, April 17, 2025**

Wishika Rasi: 21.29 Tithi 20  
**Routine Work** Prabalastha Yoga  
 Until 10:40PM  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Меша Месе Кішйна Пакше Гурі Васара Уктыям аін, Trinidad and Tobago  
 Jyeshtha\* Nakshatra Parigha\* Vajra Kaulava Karana Panchamayam Tilau Sutra 3  
**Gulika** 8:59AM - 10:32AM **Jyeshtha\* Until 10:40PM** **Ganesh:** Blue Sunrise: 5:54AM **Vasavasu 5:127**  
 Yama 5:54AM - 7:27AM **Variyan Until 3:17PM** **Muruga:** Clear Sunset: 6:16PM **Moon 4 - Phase 1 -**  
**Rahu** 1:38PM - 3:11PM **Kaulava Until 6:51PM** **Nataraja:** Clear **Devaloka Day**  
 Moon - Orange **Chaitra-Chaitra**  
**Devaloka Time: 3PM to 6PM**

**Panchami Until 7:39AM Fri****4****Friday, April 18, 2025**

Dhanus Rasi: 3.38 Tithi 20 - 21  
**Creative Work** Amrita Yoga  
 Until 12:51AM Sat  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Меша Месе Кішйна Пакше Сакра Васара Уктыям аін, Trinidad and Tobago  
 Mula\* Nakshatra Parigha\* Shiva Yoga Talila/Gara Karana Panchami/Shashthiyam Tilau Sutra 4  
**Gulika** 7:26AM - 8:59AM **Mula\* Until 12:51AM Sat** **Ganesh:** Red Sunrise: 5:53AM **Vasavasu 5:127**  
 Yama 3:10PM - 4:43PM **Parigha\* Until 3:31PM** **Muruga:** Clear Sunset: 6:16PM **Moon 4 - Phase 1 -**  
**Rahu** 10:32AM - 12:05PM **Gara Until 8:22PM** **Nataraja:** Clear **Devaloka Day**  
 Moon - Light Blue **Chaitra-Chaitra**

**Panchami Until 7:39AM****5****Saturday, April 19, 2025**

Dhanus Rasi: 15.59 Tithi 21 - 22  
**Creative Work** Siddha Yoga  
 Until 2:20AM Sun  
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Меша Месе Кішйна Пакше Маріта Васара Уктыям аін, Trinidad and Tobago  
 Purvashadha\* Nakshatra Shiva/Siddha Yoga Vanja/Visi\* Karana Shashthi/Saptamayam Tilau Sutra 5  
**Gulika** 5:53AM - 7:26AM **Purvashadha\* Until 2:20AM Sun** **Ganesh:** Red Sunrise: 5:53AM **Vasavasu 5:127**  
 Yama 1:37PM - 3:10PM **Shiva Until 3:23PM** **Muruga:** Clear Sunset: 6:16PM **Moon 4 - Phase 1 -**  
**Rahu** 8:59AM - 10:32AM **Visi Until 9:22PM** **Nataraja:** Clear **Devaloka Day**  
 Moon - Light Blue **Chaitra-Chaitra**

**Shashthi\* Until 8:55AM****6****Sunday, April 20, 2025****Retreat Star**

Dhanus Rasi: 28.36 Tithi 22 - 23  
**Creative Work** Amrita Yoga

Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Меша Месе Кішйна Пакше Бһару Васара Уктыям аін, Trinidad and Tobago  
 Uttarashadha Nakshatra Siddha/Sadhyha Yoga Bava/Balava Karana Saptami/Ashtamayam Tilau Sutra 6  
**Gulika** 3:10PM - 4:43PM **Uttarashadha Until 3:02AM Mon** **Ganesh:** Red Sunrise: 5:50AM **Vasavasu 5:127**  
 Yama 12:04PM - 1:37PM **Siddha Until 2:44PM** **Muruga:** Clear Sunset: 6:16PM **Moon 4 - Phase 1 -**  
**Rahu** 4:43PM - 6:16PM **Balava Until 9:42PM** **Nataraja:** Clear **Devaloka Day**  
 Moon - Light Blue **Chaitra-Chaitra**

**Saptami Until 9:36AM****Monday, April 21, 2025****Retreat Star**

Makara Rasi: 11.31 Tithi 23 - 24  
**Family Home Evening**  
 Creative Work Amrita Yoga  
 Until 3:18AM Tue  
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsara Uтарыяне Нартаи Рітаи Меша Месе Кішйна Пакше Інду Васара Уктыям аін, Trinidad and Tobago  
 Shravana Nakshatra Sadhyha/Subha\* Yoga Kaulava/Tailila Karana Ashtami/Navamayam Tilau Sutra 7  
**Gulika** 1:37PM - 3:10PM **Shravana Until 3:18AM Tue** **Ganesh:** Green Sunrise: 5:50AM **Vasavasu 5:127**  
 Yama 10:31AM - 12:04PM **Sadhyha Until 1:32PM** **Muruga:** Clear Sunset: 6:16PM **Moon 4 - Phase 1 -**  
**Rahu** 7:25AM - 8:58AM **Tailila Until 9:19PM** **Nataraja:** Clear **Devaloka Day**  
 Moon - Purple **Chaitra-Chaitra**  
**Devaloka Time: 3PM to 6PM**

**Ashtami\* Until 9:35AM**

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Port-of-Spain, Trinidad and Tobago on 12/20/23

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<b>1 Tuesday, April 22, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Меша Месе Крішна Пакше Мганга Васара Yuktayam in, Trinidad and Tobago		
Dhanishtha Nakshatra Sukla/Sukla Yoga Gara/Vanija Karana Navami/Dashanyam Tilau Sun 8 Sutra 8		<b>Gulika</b> 12:04PM – 1:37PM	<b>Dhanishtha Until 2:40AM Wed</b>	<b>Ganesh:</b> Green Sunrise: 5:51AM
Makara Rasi: 24.5	Tithi 24 – 25	Yama 8:58AM – 10:31AM	Sukha Until 11:46AM	Muruga: Clear Sunset: 6:16PM
Creative Work	Siddha Yoga	293298578	Rahu 3:10PM – 4:43PM	Nataraja: Clear Moon 4 - Phase 2 - 8
			Navami* Until 8:10PM	2nd Phase
			Navami* Until 8:49AM	Chaitra-Chaitra
				<b>Bhuloka Day</b>
				Devaloka Time: 3PM to 6PM

<b>2 Wednesday, April 23, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Меша Месе Крішна Пакше Бадха Васара Yuktayam in, Trinidad and Tobago		
Shalabhishak Nakshatra Sukla/Brahma Yoga Vist/Bava Karana Dashami/Ekadasyam Tilau Sun 9 Sutra 9		<b>Gulika</b> 10:30AM – 12:04PM	<b>Shalabhishak Until 1:10AM Thu</b>	<b>Ganesh:</b> Green Sunrise: 5:51AM
Kumbha Rasi: 8.35	Tithi 25 – 26	Yama 7:24AM – 8:57AM	Sukha Until 9:21AM	Muruga: Clear Sunset: 6:16PM
Creative Work	Siddha Yoga	293298578	Rahu 12:04PM – 1:37PM	Nataraja: Clear Moon 4 - Phase 2 - 9
			Bava Until 6:16PM	2nd Phase
			Dashami Until 7:17AM	Chaitra-Chaitra
				<b>Bhuloka Day</b>
				Devaloka Time: 3PM to 6PM

<b>3 Thursday, April 24, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Меша Месе Крішна Пакше Guru Vasara Yuktayam in, Trinidad and Tobago		
Purvashrothapada* Nakshatra Brahma/Indra Yoga Kaulava/Tailika Karana Dvadasyam Tilau Sun 10 Sutra 10		<b>Gulika</b> 8:57AM – 10:30AM	<b>Purvashrothapada* Until 11:20PM</b>	<b>Ganesh:</b> Purple Sunrise: 5:50AM
Kumbha Rasi: 22.48	Tithi 27	Yama 5:50AM – 7:24AM	Brahma Until 6:23AM	Muruga: Clear Sunset: 6:17PM
Creative Work	Siddha Yoga	213298579	Rahu 1:37PM – 3:10PM	Nataraja: Purple Moon 4 - Phase 2 - 10
			Kaulava Until 3:43PM	2nd Phase
			Dvadashi* Until 2:13AM Fri	Chaitra-Chaitra
				<b>Devaloka Day</b>

<b>4 Friday, April 25, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Меша Месе Крішна Пакше Sukra Vasara Yuktayam in, Trinidad and Tobago		
Uttarashrothapada Nakshatra Vaidhiti* Yoga Gara/Vanija Karana Trayodashyam Tilau Sun 11 Sutra 11		<b>Gulika</b> 7:23AM – 8:57AM	<b>Uttarashrothapada Until 8:52PM</b>	<b>Ganesh:</b> Purple Sunrise: 5:50AM
Meena Rasi: 7.25	Tithi 28	Yama 3:10PM – 4:43PM	Vaidhiti* Until 11:06PM	Muruga: Clear Sunset: 6:17PM
Creative Work	Siddha Yoga	213298579	Rahu 10:30AM – 12:03PM	Nataraja: Purple Moon 4 - Phase 2 - 11
			Gara Until 12:38PM	2nd Phase
			Trayodashi* Until 10:54PM	Chaitra-Chaitra
				<b>Devaloka Day</b>

Pradosha Vata (Fasting)

<b>5 Saturday, April 26, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Меша Месе Крішна Пакше Mani Vasara Yuktayam in, Trinidad and Tobago		
Revati/Ashvini Nakshatra Vishkambha* Yoga Vist/Sakuni* Karana Chaturdashyam Tilau Sun 12 Sutra 12		<b>Gulika</b> 5:50AM – 7:23AM	<b>Revati Until 5:56PM</b>	<b>Ganesh:</b> Purple Sunrise: 5:50AM
Meena Rasi: 22.23	Tithi 29	Yama 1:37PM – 3:10PM	Vishkambha* Until 6:59PM	Muruga: Clear Sunset: 6:17PM
Routine Work	Prabalarishta Yoga	213298579	Rahu 8:56AM – 10:30AM	Nataraja: Purple Moon 4 - Phase 2 - 12
			Visiti Until 9:08AM	2nd Phase
			Chaturdashhi* Until 7:16PM	Chaitra-Chaitra
				<b>Devaloka Day</b>

<b>● Sunday, April 27, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Меша Месе Sukla Pakshe Bharu Vasara Yuktayam in, Trinidad and Tobago		
<b>Retreat Star</b>		Ashvini/Bharani Nakshatra Pralambhan Yoga Naga/Kintughna* Karana Amavasya/Prathamam Tilau Sun 13 Sutra 13		
Mesha Rasi: 7.33	Tithi 30 – 1	<b>Gulika</b> 3:10PM – 4:43PM	<b>Ashvini Until 3:05PM</b>	<b>Ganesh:</b> Orange Sunrise: 5:49AM
Creative Work	Siddha Yoga	224298579	Rahu 4:43PM – 6:17PM	Muruga: Clear Sunset: 6:17PM
			Priti Until 2:45PM	Moon 4 - Phase 2 - 13
			Kintughna Until 1:35AM Mon	Nataraja: Purple Amavasya
			Amavasya* Until 3:29PM	Chaitra-Chaitra
				<b>Sivaloka Day</b>

<b>Monday, April 28, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Меша Месе Sukla Pakshe Indu Vasara Yuktayam in, Trinidad and Tobago		
<b>Retreat Star</b>		Bharani/Kritika Nakshatra Ajyohman/Saubhagya Yoga Bava/Balava Karana Prathama/Othiyam Tilau Sun 14 Sutra 14		
Mesha Rasi: 22.47	Tithi 1 – 2	<b>Gulika</b> 1:36PM – 3:10PM	<b>Bharani Until 12:06PM</b>	<b>Ganesh:</b> Orange Sunrise: 5:49AM
Family Home Evening	Siddha Yoga	224298579	Rahu 7:22AM – 8:56AM	Muruga: Clear Sunset: 6:17PM
			Balava Until 9:51PM	Moon 4 - Phase 2 - 14
			Prathama* Until 11:41AM	Nataraja: Purple Prathama
				Chaitra-Chaitra
				<b>Sivaloka Day</b>

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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<b>1 Tuesday, May 6, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартаи Рітау Меша Месе Сукіа Пакше Манга Ваsара Yuktayam in, Trinidad and Tobago			
Magha/Purvaphalguni Nakshatra Dhruva/Vyaghala" Yoga Talila/Gara Karana Dishamayam Titau Sun 22 Sufra 22					
Simha Rasi: 13.09	Tithi 10	<b>Gulika</b> 12:02PM - 1:36PM	<b>Magha" Until 6:20AM</b>	<b>Ganesha:</b> White	Sunrise: 5:46AM
		<b>Yama</b> 8:54AM - 10:28AM	<b>Dhruva Until 2:57PM</b>	<b>Muruga:</b> Red	Sunset: 6:18PM
Creative Work	Siddha Yoga	<b>Rahu</b> 3:10PM - 4:44PM	<b>Tailila Until 11:56AM</b>	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 23 4th Phase
			<b>Dashami Until 12:50AM Wed</b>	<b>Moon - Red</b>	<b>Devaloka Day</b>
				<b>Vaisaka-Chaitra</b>	

<b>2 Wednesday, May 7, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартаи Рітау Меша Месе Сукіа Пакше Бадха Весага Yuktayam in, Trinidad and Tobago			
Purvaphalguni/Ultrapahguni Nakshatra Harshana/Vajra" Harshana Yoga Vanja/Ved" Karana Ekadashyam Titau Sun 23 Sufra 23					
Simha Rasi: 25.16	Tithi 11	<b>Gulika</b> 10:28AM - 12:02PM	<b>Purvaphalguni Until 8:46AM</b>	<b>Ganesha:</b> White	Sunrise: 5:46AM
		<b>Yama</b> 7:20AM - 8:54AM	<b>Vyaghala" Until 3:33PM</b>	<b>Muruga:</b> Red	Sunset: 6:18PM
Creative Work	Amrita Yoga	<b>Rahu</b> 12:02PM - 1:36PM	<b>Bava Until 4:15PM</b>	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 23 4th Phase
			<b>Van - Red</b>	<b>Moon - Red</b>	<b>Devaloka Day</b>
			<b>Ekadashi Until 3:01AM Thu</b>	<b>Vaisaka-Chaitra</b>	

<b>3 Thursday, May 8, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартаи Рітау Меша Месе Сукіа Пакше Guru Vasara Yuktayam in, Trinidad and Tobago			
Ultrapahguni/Hasta Nakshatra Harshana/Vajra" Yoga Bava/Balava Karana Dvadashyam Titau Sun 24 Sufra 24					
Kanya Rasi: 7.13	Tithi 12	<b>Gulika</b> 8:54AM - 10:28AM	<b>Ultrapahguni Until 11:27AM</b>	<b>Ganesha:</b> White	Sunrise: 5:45AM
		<b>Yama</b> 5:45AM - 7:19AM	<b>Harshana Until 4:27PM</b>	<b>Muruga:</b> Red	Sunset: 6:18PM
	Amrita Yoga	<b>Rahu</b> 1:36PM - 3:10PM	<b>Bava Until 4:15PM</b>	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 23 4th Phase
Until 11:27AM			<b>Dvadashi Until 5:29AM Fri</b>	<b>Moon - Red</b>	<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				<b>Vaisaka-Chaitra</b>	

<b>4 Friday, May 9, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартаи Рітау Меша Месе Сукіа Пакше Sukra Vasara Yuktayam in, Trinidad and Tobago			
Hasta/Chitra Nakshatra Vajra"/Siddhi Yoga Kaulava Karana Trayodashyam Titau Sun 25 Sufra 25					
Kanya Rasi: 19.04	Tithi 13	<b>Gulika</b> 7:19AM - 8:53AM	<b>Hasta Until 2:40PM</b>	<b>Ganesha:</b> White	Sunrise: 5:45AM
		<b>Yama</b> 3:10PM - 4:44PM	<b>Vajra" Until 5:28PM</b>	<b>Muruga:</b> Red	Sunset: 6:18PM
Creative Work	Amrita Yoga	<b>Rahu</b> 10:28AM - 12:02PM	<b>Kaulava Until 6:48PM</b>	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 25 4th Phase
Until 2:40PM			<b>Trayodashi Until 8:04AM Sat</b>	<b>Moon - Green</b>	<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>	
				<b>Pradosha Vata</b>	

<b>5 Saturday, May 10, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартаи Рітау Меша Месе Сукіа Пакше Manta Vasara Yuktayam in, Trinidad and Tobago			
Chitra/Svati Nakshatra Siddhi Yoga Talila/Gara Karana Trayodashyam Titau Sun 26 Sufra 26					
Tula Rasi: 0.52	Tithi 13 - 14	<b>Gulika</b> 5:45AM - 7:19AM	<b>Chitra Until 5:47PM</b>	<b>Ganesha:</b> White	Sunrise: 5:45AM
		<b>Yama</b> 1:36PM - 3:10PM	<b>Siddhi Until 6:31PM</b>	<b>Muruga:</b> Red	Sunset: 6:18PM
Routine Work	Marana Yoga	<b>Rahu</b> 8:53AM - 10:27AM	<b>Gara Until 9:22PM</b>	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 26 4th Phase
Until 5:47PM			<b>Trayodashi Until 8:04AM</b>	<b>Moon - Green</b>	<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Vaisaka-Chaitra</b>	

<b>○ Sunday, May 11, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартаи Рітау Меша Месе Сукіа Пакше Bhanu Vasara Yuktayam in, Trinidad and Tobago			
<b>Copper Retreat Star</b>		Svati Nakshatra Vyajipala" Yoga Vanja/Ved" Karana Chaturdashy/Purnimayam Titau Sun 27 Sufra 27			
Tula Rasi: 12.4	Tithi 14 - 15	<b>Gulika</b> 3:10PM - 4:45PM	<b>Svati Until 8:39PM</b>	<b>Ganesha:</b> White	Sunrise: 5:45AM
		<b>Yama</b> 12:02PM - 1:36PM	<b>Vyajipala" Until 7:32PM</b>	<b>Muruga:</b> Red	Sunset: 6:18PM
Creative Work	Siddha Yoga	<b>Rahu</b> 4:45PM - 6:19PM	<b>Vedil Until 11:50PM</b>	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - 27 Purnima
Until 8:39PM		<b>Mother's Day</b>	<b>Chaturdashy" Until 10:36AM</b>	<b>Moon - Green</b>	<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Vaisaka-Chaitra</b>	

<b>Monday, May 12, 2025</b>		Viswasa Nama Samvatsare Uтарыне Нартаи Рітау Меша Месе Krishna Paksha Indu Vasara Yuktayam in, Trinidad and Tobago			
<b>Silver Retreat Star</b>		Vishakha Nakshatra Varjyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sufra 28			
Tula Rasi: 24.32	Tithi 15 - 16	<b>Gulika</b> 1:36PM - 3:10PM	<b>Vishakha Until 11:40PM</b>	<b>Ganesha:</b> Yellow	Sunrise: 5:44AM
		<b>Yama</b> 10:27AM - 12:02PM	<b>Varjyan Until 8:22PM</b>	<b>Muruga:</b> Red	Sunset: 6:18PM
<b>Family Home Evening</b>		<b>Rahu</b> 7:19AM - 8:53AM	<b>Balava Until 2:07AM Tue</b>	<b>Nataraja:</b> Purple	Moon 4 - Phase 4 - Prathama
Routine Work	Marana Yoga		<b>Purnima" Until 12:59PM</b>	<b>Moon - Orange</b>	<b>Sivaloka Day</b>
Until 11:40PM				<b>Vaisaka-Chaitra</b>	
Then Creative Work - Siddha Yoga					

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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Tuesday, May 13, 2025

Gold Retreat Star

Wischika Rasi: 6.29 Tithi 16 - 17

Creative Work Siddha Yoga

<b>Gulika</b>	12:02PM - 1:36PM	<b>Anuradha Until 2:17AM Wed</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:44AM	<b>Vasarasu 5:17</b>
<b>Yama</b>	8:53AM - 10:27AM	<b>Parigraha Until 9:03PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:19PM	<b>Moon 5 - Phase 5 - 1st Phase</b>
<b>Rahu</b>	3:10PM - 4:45PM	<b>Tailita Until 4:08AM Wed</b>	<b>Nataraja:</b> Purple		
		<b>Prathama* Until 3:08PM</b>	<b>Van - Orange</b>		<b>Sivaloka Day</b>
			<b>Vaisaka-Chaitra</b>		

1 Wednesday, May 14, 2025

Wischika Rasi: 18.32 Tithi 17 - 18

Creative Work Siddha Yoga

<b>Gulika</b>	10:27AM - 12:02PM	<b>Jyeshtha* Until 4:27AM Thu</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:44AM	<b>Vasarasu 5:17</b>
<b>Yama</b>	7:18AM - 8:53AM	<b>Shiva Until 9:31PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:19PM	<b>Moon 5 - Phase 5 - 1st Phase</b>
<b>Rahu</b>	12:02PM - 1:36PM	<b>Vanija Until 5:51AM Thu</b>	<b>Nataraja:</b> Purple		
		<b>Dvitiya Until 5:01PM</b>	<b>Van - Orange</b>		<b>Sivaloka Day</b>
			<b>Vaisaka-Vaikasi</b>		

2 Thursday, May 15, 2025

Dhanus Rasi: 0.41 Tithi 18

Creative Work Siddha Yoga

Until 6:37AM Fri

Then Routine Work - Prabarishtha Yoga

<b>Gulika</b>	8:53AM - 10:27AM	<b>Mula* Until 6:37AM Fri</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:44AM	<b>Vasarasu 5:17</b>
<b>Yama</b>	5:44AM - 7:18AM	<b>Siddha Until 9:42PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:20PM	<b>Moon 5 - Phase 5 - 2 1st Phase</b>
<b>Rahu</b>	1:36PM - 3:11PM	<b>Visli Until 6:34PM</b>	<b>Nataraja:</b> Purple		
		<b>Tritiya Until 6:34PM</b>	<b>Van - Light Blue</b>		<b>Subha Sivaloka Day</b>
			<b>Vaisaka-Vaikasi</b>		

3 Friday, May 16, 2025

Dhanus Rasi: 13 Tithi 19

Creative Work Amrita Yoga

Until 6:37AM

Then Routine Work - Prabarishtha Yoga

<b>Gulika</b>	7:18AM - 8:53AM	<b>Mula* Until 6:37AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:44AM	<b>Vasarasu 5:17</b>
<b>Yama</b>	3:11PM - 4:45PM	<b>Sadhy Until 9:37PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:20PM	<b>Moon 5 - Phase 5 - 3 1st Phase</b>
<b>Rahu</b>	10:27AM - 12:02PM	<b>Bava Until 7:14AM</b>	<b>Nataraja:</b> Purple		
		<b>Chaturthi* Until 7:46PM</b>	<b>Van - Light Blue</b>		<b>Subha Sivaloka Day</b>
			<b>Vaisaka-Vaikasi</b>		

4 Saturday, May 17, 2025

Dhanus Rasi: 25.29 Tithi 20

Creative Work Siddha Yoga

Until 8:14AM

Then Routine Work - Marana Yoga

<b>Gulika</b>	5:43AM - 7:18AM	<b>Purvashada* Until 8:14AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:43AM	<b>Vasarasu 5:17</b>
<b>Yama</b>	1:36PM - 3:11PM	<b>Subha Until 9:13PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:20PM	<b>Moon 5 - Phase 5 - 4 1st Phase</b>
<b>Rahu</b>	8:52AM - 10:27AM	<b>Kaulava Until 8:13AM</b>	<b>Nataraja:</b> Purple		
		<b>Panchami Until 8:31PM</b>	<b>Van - Light Blue</b>		<b>Subha Sivaloka Day</b>
			<b>Vaisaka-Vaikasi</b>		

5 Sunday, May 18, 2025

Makara Rasi: 8.1 Tithi 21

Creative Work Amrita Yoga

<b>Gulika</b>	3:11PM - 4:46PM	<b>Uttarashada Until 9:15AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:43AM	<b>Vasarasu 5:17</b>
<b>Yama</b>	12:02PM - 1:36PM	<b>Sukla Until 8:24PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:20PM	<b>Moon 5 - Phase 5 - 5 1st Phase</b>
<b>Rahu</b>	4:46PM - 6:20PM	<b>Gara Until 8:45AM</b>	<b>Nataraja:</b> Purple		
		<b>Shashthi* Until 8:47PM</b>	<b>Van - Light Blue</b>		<b>Subha Sivaloka Day</b>
			<b>Vaisaka-Vaikasi</b>		

6 Monday, May 19, 2025

Makara Rasi: 21.06 Tithi 22

Family Home Evening

Creative Work Amrita Yoga

Until 10:03AM

Then Creative Work - Siddha Yoga

<b>Gulika</b>	1:36PM - 3:11PM	<b>Shravana Until 10:03AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:43AM	<b>Vasarasu 5:17</b>
<b>Yama</b>	10:27AM - 12:02PM	<b>Brahma Until 7:08PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:20PM	<b>Moon 5 - Phase 5 - 6 1st Phase</b>
<b>Rahu</b>	7:18AM - 8:52AM	<b>Visli Until 8:43AM</b>	<b>Nataraja:</b> Purple		
		<b>Saptami Until 8:28PM</b>	<b>Van - Purple</b>		<b>Devaloka Day</b>
			<b>Vaisaka-Vaikasi</b>		

Retreat Star

Kumbha Rasi: 4.21 Tithi 23

Creative Work Siddha Yoga

Until 10:06AM

Then Routine Work - Marana Yoga

<b>Gulika</b>	12:02PM - 1:37PM	<b>Dhanishtha Until 10:06AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:43AM	<b>Vasarasu 5:17</b>
<b>Yama</b>	8:52AM - 10:27AM	<b>Indra Until 5:23PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:21PM	<b>Moon 5 - Phase 5 - 7 1st Phase</b>
<b>Rahu</b>	3:11PM - 4:46PM	<b>Balava Until 8:06AM</b>	<b>Nataraja:</b> Purple		
		<b>Ashlami* Until 7:31PM</b>	<b>Van - Purple</b>		<b>Devaloka Day</b>
			<b>Vaisaka-Vaikasi</b>		

Wednesday, May 21, 2025

Retreat Star

Kumbha Rasi: 17.58 Tithi 24 - 25

Creative Work Siddha Yoga

Until 9:22AM

Then Creative Work - Amrita Yoga

<b>Gulika</b>	10:27AM - 12:02PM	<b>Shatabhishak Until 9:22AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:43AM	<b>Vasarasu 5:17</b>
<b>Yama</b>	7:18AM - 8:52AM	<b>Vaidhriti* Until 3:05PM</b>	<b>Muruga:</b> Red	<b>Sunset:</b> 6:21PM	<b>Moon 5 - Phase 5 - 8 Navami</b>
<b>Rahu</b>	12:02PM - 1:37PM	<b>Tailita Until 6:50AM</b>	<b>Nataraja:</b> Purple		
		<b>Navami* Until 5:56PM</b>	<b>Van - Purple</b>		<b>Devaloka Day</b>
			<b>Vaisaka-Vaikasi</b>		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Nava Pada

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# 1 Wednesday, May 28, 2025

Mithuna Rasi: 1.08 Tithi 2 - 3  
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Sukla Paksha Bathu Veara Yuktayam  
Migshira/Metra Nakshatra Dhrli/Shukr Yoga Kadava/Taila Karana Dvitiya/Tritayam Titau  
**Gulika 10:27AM - 12:03PM**  
Yama 7:17AM - 8:52AM  
Rahu 12:03PM - 1:38PM

**Mrigashira Untill 3:01PM**  
Dhrili Untill 9:40AM  
Taila Untill 3:07AM Thu  
Dvitiya Untill 4:28PM

Ganesh: Green Sunrise: 5:42AM  
Murgu: Red Sunset: 6:29PM  
Nataraja: Purple  
Moon - Yellow  
Jyeshtha-Vaikasi

in, Trinidad and Tobago  
Sun 15 Sutra 44  
Vishvasu 5:17  
Moon 5 - Phase 7 - 15  
3rd Phase

Devaloka Day

# 2 Thursday, May 29, 2025

Mithuna Rasi: 15.42 Tithi 3 - 4  
Routine Work Marana Yoga  
Until 1:03PM  
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Sukla Paksha Garu Veara Yuktayam  
Andra/Puravasu Nakshatra Shukr/Gandva Yoga Gara/Venja Karana Tritiya/Chaturtham Titau  
**Gulika 8:52AM - 10:28AM**  
Yama 5:42AM - 7:17AM  
Rahu 1:38PM - 3:13PM

**Andra Untill 1:03PM**  
Shukra Untill 6:18AM  
Vanija Untill 12:50AM Fri  
Tritiya Untill 1:53PM

Ganesh: Green Sunrise: 5:42AM  
Murgu: Red Sunset: 6:29PM  
Nataraja: Purple  
Moon - Yellow  
Jyeshtha-Vaikasi

in, Trinidad and Tobago  
Sun 16 Sutra 45  
Vishvasu 5:17  
Moon 5 - Phase 7 - 16  
3rd Phase

Devaloka Day

# 3 Friday, May 30, 2025

Mithuna Rasi: 29.5 Tithi 4 - 5  
Creative Work Siddha Yoga  
Until 12:02PM  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Sukla Paksha Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vidhih Yoga Visli/Bava Karana Chaturthi/Panchamiam Titau  
**Gulika 7:17AM - 8:53AM**  
Yama 3:13PM - 4:48PM  
Rahu 10:28AM - 12:03PM

**Punarvasu Untill 12:02PM**  
Vidhih Untill 1:15AM Sat  
Bava Untill 11:18PM  
Chaturthi Untill 11:57AM

Ganesh: White Sunrise: 5:42AM  
Murgu: Red Sunset: 6:29PM  
Nataraja: Purple  
Moon - Blue  
Jyeshtha-Vaikasi

in, Trinidad and Tobago  
Sun 17 Sutra 46  
Vishvasu 5:17  
Moon 5 - Phase 7 - 17  
3rd Phase

Devaloka Day

# 4 Saturday, May 31, 2025

Kalkata Rasi: 13.31 Tithi 5 - 6  
Creative Work Siddha Yoga  
Until 11:39AM  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Sukla Paksha Marita Vasara Yuktayam  
Dhruva/Pushya Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthiam Titau  
**Gulika 5:42AM - 7:17AM**  
Yama 1:38PM - 3:13PM  
Rahu 8:53AM - 10:28AM

**Pushya Untill 11:39AM**  
Dhruva Untill 11:41PM  
Kaulava Untill 10:35PM  
Panchami Untill 10:49AM

Ganesh: White Sunrise: 5:42AM  
Murgu: Red Sunset: 6:29PM  
Nataraja: Purple  
Moon - Blue  
Jyeshtha-Vaikasi

in, Trinidad and Tobago  
Sun 18 Sutra 47  
Vishvasu 5:17  
Moon 5 - Phase 7 - 18  
3rd Phase

Devaloka Day

# 5 Sunday, June 1, 2025

Kalkata Rasi: 26.42 Tithi 6 - 7  
Creative Work Siddha Yoga  
Until 11:58AM  
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Sukla Paksha Bhanu Vasara Yuktayam  
Ashlesha/Magha Nakshatra Vyaghata Yoga Talila/Gara Karana Shashthi/Saptamiam Titau  
**Gulika 3:13PM - 4:49PM**  
Yama 12:03PM - 1:38PM  
Rahu 4:49PM - 6:24PM

**Ashlesha Untill 11:58AM**  
Vyaghata Untill 10:50PM  
Gara Untill 10:45PM  
Shashthi Untill 10:32AM

Ganesh: White Sunrise: 5:42AM  
Murgu: Red Sunset: 6:29PM  
Nataraja: Purple  
Moon - Blue  
Jyeshtha-Vaikasi

in, Trinidad and Tobago  
Sun 19 Sutra 48  
Vishvasu 5:17  
Moon 5 - Phase 7 - 19  
3rd Phase

Devaloka Day

# Monday, June 2, 2025

**Retreat Star**  
Simha Rasi: 9.27 Tithi 7 - 8  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 1:26PM  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Sukla Paksha Indu Veara Yuktayam  
Magha/Purvaphalguni Nakshatra Harshana Yoga Vanija/Visli Karana Sapthami/Ashtamiam Titau  
**Gulika 1:38PM - 3:14PM**  
Yama 10:28AM - 12:03PM  
Rahu 7:18AM - 8:53AM

**Magha Untill 1:26PM**  
Harshana Untill 10:39PM  
Visli Untill 11:45PM  
Sapthami Untill 11:08AM

Ganesh: White Sunrise: 5:42AM  
Murgu: Red Sunset: 6:29PM  
Nataraja: Purple  
Moon - Red  
Jyeshtha-Vaikasi

in, Trinidad and Tobago  
Sun 20 Sutra 49  
Vishvasu 5:17  
Moon 5 - Phase 7 - 20  
Ashtami

Subha Sivaloka Day

# Tuesday, June 3, 2025

**Retreat Star**  
Simha Rasi: 21.5 Tithi 8 - 9  
Creative Work Siddha Yoga  
Until 3:30PM  
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяыы Nartana Ritau Vishabha Mase Sukla Paksha Mangala Veara Yuktayam  
Purvaphalguni Nakshatra Vajra Yoga Bava/Balava Karana Ashtami/Navamiam Titau  
**Gulika 12:03PM - 1:39PM**  
Yama 8:53AM - 10:28AM  
Rahu 3:14PM - 4:49PM

**Purvaphalguni Untill 3:30PM**  
Vajra Untill 10:59PM  
Balava Untill 1:26AM Wed  
Ashtami Untill 12:30PM

Ganesh: White Sunrise: 5:42AM  
Murgu: Red Sunset: 6:29PM  
Nataraja: Purple  
Moon - Red  
Jyeshtha-Vaikasi

in, Trinidad and Tobago  
Sun 21 Sutra 50  
Vishvasu 5:17  
Moon 5 - Phase 7 - 21  
Navami

Subha Sivaloka Day

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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<b>1</b> Wednesday, June 4, 2025		Vishvasu Nama Samvatsare Uтарыне Нартаи Рітау Вішабха Масе Сукта Пакше Бадха Васара Уктыям Uttaraphalguni/Hashta Nakshatra Siddhi Yoga Kaulava/Taila Karana Navami/Dashamyan Tithi				in, Trinidad and Tobago Sun 22 Sutra 51
Kanya Rasi: 3.56	Tithi 9 – 10	<b>Gulika</b> Yama 358418579	<b>10:28AM – 12:04PM</b> 7:18AM – 8:53AM <b>Rahu</b> 12:04PM – 1:39PM	<b>Uttaraphalguni Until 5:58PM</b> Siddhi Until 11:45PM Taila Until 3:39AM Thu Navami* Until 2:28PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Purple Moon – Red Jyeshtha-Vaikasi	Sunrise: 5:43AM Sunset: 6:29PM Moon 5 - Phase 8 - 22 4th Phase
Creative Work	Amrita Yoga					<b>Subha Sivaloka Day</b>
Until 5:58PM						
Then Routine Work	– Marana Yoga					
<b>2</b> Thursday, June 5, 2025		Vishvasu Nama Samvatsare Uтарыне Нартаи Рітау Вішабха Масе Сукта Пакше Гору Васара Уктыям Hashta Nakshatra Vyalipata* Yoga Gara/Vanija Karana Dashami/Ekadeshyan Tithi				in, Trinidad and Tobago Sun 23 Sutra 52
Kanya Rasi: 15.52	Tithi 10 – 11	<b>Gulika</b> Yama 368418571	<b>8:53AM – 10:28AM</b> 5:43AM – 7:18AM <b>Rahu</b> 1:39PM – 3:14PM	<b>Hashta Until 9:04PM</b> Vyalipata* Until 12:45AM Fri Vanija Until 6:08AM Fri Dashami Until 4:51PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green Jyeshtha-Vaikasi	Sunrise: 5:43AM Sunset: 6:29PM Moon 5 - Phase 8 - 23 4th Phase
Routine Work	Marana Yoga					<b>Sivaloka Day</b>
Until 9:06PM						
Then Creative Work	– Siddha Yoga					
<b>3</b> Friday, June 6, 2025		Vishvasu Nama Samvatsare Uтарыне Нартаи Рітау Вішабха Масе Сукта Пакше Сукра Васара Уктыям Svali Nakshatra Parigha* Yoga Gara/Vanija Karana Dvadeshyan Tithi				in, Trinidad and Tobago Sun 24 Sutra 53
Kanya Rasi: 27.42	Tithi 11	<b>Gulika</b> Yama 368418571	<b>7:18AM – 8:53AM</b> 3:15PM – 4:50PM <b>Rahu</b> 10:29AM – 12:04PM	<b>Chitra Until 12:12AM Sat</b> Varjyan Until 1:48AM Sat Vanija Until 6:08AM Ekadashi Until 7:23PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green Jyeshtha-Vaikasi	Sunrise: 5:43AM Sunset: 6:29PM Moon 5 - Phase 8 - 24 4th Phase
Creative Work	Siddha Yoga					<b>Sivaloka Day</b>
Until 3:04AM Sun						
Then Routine Work	– Marana Yoga					
<b>4</b> Saturday, June 7, 2025		Vishvasu Nama Samvatsare Uтарыне Нартаи Рітау Вішабха Масе Сукта Пакше Марта Васара Уктыям Svali Nakshatra Parigha* Yoga Bava/Balava Karana Dvadeshyan Tithi				in, Trinidad and Tobago Sun 25 Sutra 54
Tula Rasi: 9.31	Tithi 12	<b>Gulika</b> Yama 368418571	<b>5:43AM – 7:18AM</b> 1:39PM – 3:15PM <b>Rahu</b> 8:53AM – 10:29AM	<b>Svali Until 3:04AM Sun</b> Parigha* Until 2:49AM Sun Bava Until 8:40AM Dvadeshni Until 9:52PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Green Jyeshtha-Vaikasi	Sunrise: 5:43AM Sunset: 6:29PM Moon 5 - Phase 8 - 25 4th Phase
Creative Work	Siddha Yoga					<b>Sivaloka Day</b>
Until 3:04AM Sun						
Then Routine Work	– Marana Yoga					
<b>5</b> Sunday, June 8, 2025		Vishvasu Nama Samvatsare Uтарыне Нартаи Рітау Вішабха Масе Сукта Пакше Бхану Васара Уктыям Vishakha Nakshatra Shiva Yoga Kaulava/Taila Karana Trayadeshyan Tithi				in, Trinidad and Tobago Sun 26 Sutra 55
Tula Rasi: 21.22	Tithi 13	<b>Gulika</b> Yama 379418571	<b>3:15PM – 4:50PM</b> 12:04PM – 1:40PM <b>Rahu</b> 4:50PM – 6:26PM	<b>Vishakha Until 6:03AM Mon</b> Shiva Until 3:40AM Mon Kaulava Until 11:04AM Trayodashi Until 12:10AM Mon <i>Pradosha Vata</i>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Jyeshtha-Vaikasi	Sunrise: 5:43AM Sunset: 6:29PM Moon 5 - Phase 8 - 26 4th Phase
Routine Work	Marana Yoga					<b>Sivaloka Day</b>
Until 6:03AM Mon						
Then Creative Work	– Siddha Yoga					
<b>6</b> Monday, June 9, 2025		Vishvasu Nama Samvatsare Uтарыне Нартаи Рітау Вішабха Масе Сукта Пакше Инду Васара Уктыям Vishakha/Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyan Tithi				in, Trinidad and Tobago Sun 27 Sutra 56
Witschika Rasi: 3.18	Tithi 14	<b>Gulika</b> Yama 379418571	<b>1:40PM – 3:15PM</b> 10:29AM – 12:04PM <b>Rahu</b> 7:18AM – 8:54AM	<b>Vishakha Until 6:03AM</b> Siddha Until 4:14AM Tue Gara Until 1:13PM Chaturdashni* Until 2:09AM Tue	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Jyeshtha-Vaikasi	Sunrise: 5:43AM Sunset: 6:29PM Moon 5 - Phase 8 - 27 4th Phase
Family Home Evening						<b>Sivaloka Day</b>
Until 6:03AM						
Then Creative Work	– Siddha Yoga					
<b>○</b> Tuesday, June 10, 2025		Vishvasu Nama Samvatsare Uтарыне Нартаи Рітау Вішабха Масе Сукта Пакше Мангала Васара Уктыям Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vesi*/Bava Karana Punimanyam Tithi				in, Trinidad and Tobago Sun 28 Sutra 57
Copper Retreat Star		<b>Gulika</b> Yama 379418571	<b>12:05PM – 1:40PM</b> 8:54AM – 10:29AM <b>Rahu</b> 3:15PM – 4:51PM	<b>Anuradha Until 8:33AM</b> Sadya Until 4:33AM Wed Vesi Until 3:01PM Purnima* Until 3:46AM Wed	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Jyeshtha-Vaikasi	Sunrise: 5:43AM Sunset: 6:29PM Moon 5 - Phase 8 - Punima
Creative Work	Siddha Yoga					<b>Sivaloka Day</b>
Until 8:33AM						
Then Routine Work	– Marana Yoga					
<b>Wednesday, June 11, 2025</b>		Vishvasu Nama Samvatsare Uтарыне Нартаи Рітау Вішабха Масе Кришна Пакше Бадха Васара Уктыям Jyeshtha*/Mula* Nakshatra Subha Yoga Balava/Kaulava Karana Prathamanyam Tithi				in, Trinidad and Tobago Sun 29 Sutra 58
Witschika Rasi: 27.35	Tithi 16	<b>Gulika</b> Yama 379418571	<b>10:29AM – 12:05PM</b> 7:19AM – 8:54AM <b>Rahu</b> 12:05PM – 1:40PM	<b>Jyeshtha* Until 10:32AM</b> Subha Until 4:35AM Thu Balava Until 4:27PM Prathama* Until 5:00AM Thu	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon – Orange Jyeshtha-Vaikasi	Sunrise: 5:43AM Sunset: 6:29PM Moon 5 - Phase 8 - Prathama
Creative Work	Siddha Yoga					<b>Sivaloka Day</b>
Until 10:32AM						
Then Routine Work	– Marana Yoga					

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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**Thursday, June 12, 2025**  
**Gold Retreat Star**

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвеха Маса Крішна Пакше Гурі Вєсара Үктыям			in, Trinidad and Tobago		
		Mula* Purvashadha* Nakshatra Sukla Yoga Talita/Gara Karana Dvityayam Titau			Sutra 59		
Dhanus Rasi: 9.58	Tithi 17	<b>Gulika</b> Yama 389418571	<b>8:54AM - 10:30AM</b> 5:43AM - 7:19AM <b>Rahu</b> 1:40PM - 3:16PM	<b>Mula* Until 12:27PM</b> Sukla Until 4:17AM Fri Talita Until 5:30PM <b>Dvitiya Until 5:51AM Fri</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Light Blue <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:43AM <b>Sunset:</b> 6:29PM	Vesavasu 5:127 Moon 6 - Phase 9 - 1st Phase
Creative Work Siddha Yoga		<b>Devaloka Day</b>					

**Friday, June 13, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвеха Маса Крішна Пакше Сука Вєсара Үктыям			in, Trinidad and Tobago		
		Purvashadha* Uttarashadha Nakshatra Brahma Yoga Vanija Karana Tritayam Titau			Sutra 60		
Dhanus Rasi: 22.31	Tithi 18	<b>Gulika</b> Yama 389418571	<b>7:19AM - 8:54AM</b> 5:43AM - 7:19AM <b>Rahu</b> 10:30AM - 12:05PM	<b>Purvashadha* Until 1:51PM</b> Brahma Until 3:42AM Sat Vanija Until 6:09PM <b>Tritiya Until 6:19AM Sat</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Light Blue <b>Jyeshtha-Vaikasi</b>	<b>Sunrise:</b> 5:43AM <b>Sunset:</b> 6:29PM	Vesavasu 5:127 Moon 6 - Phase 9 - 1st Phase
Routine Work Prabalashita Yoga Until 1:51PM Then Routine Work - Marana Yoga		<b>Devaloka Day</b>					

**Saturday, June 14, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакше Марта Вєсара Үктыям			in, Trinidad and Tobago		
		Uttarashadha/Shravana Nakshatra Indra Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau			Sutra 61		
Makara Rasi: 5.14	TITHI 18 - 19	<b>Gulika</b> Yama 389418571	<b>5:44AM - 7:19AM</b> 1:41PM - 3:16PM <b>Rahu</b> 8:55AM - 10:30AM	<b>Uttarashadha Until 2:43PM</b> Indra Until 2:50AM Sun Bava Until 6:26PM <b>Tritiya Until 6:19AM</b>	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Light Blue <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:29PM	Vesavasu 5:127 Moon 6 - Phase 9 - 2 1st Phase
Routine Work Marana Yoga Until 2:43PM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>					

**Sunday, June 15, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакше Шрива Вєсара Үктыям			in, Trinidad and Tobago		
		Uttarashadha/Shravana Nakshatra Vaidhiti* Yoga Balava/Kaulava Karana Chaluthi/Panchayam Titau			Sutra 62		
Makara Rasi: 18.09	TITHI 19 - 20	<b>Gulika</b> Yama 399418571	<b>3:17PM - 4:52PM</b> 12:06PM - 1:41PM <b>Rahu</b> 4:52PM - 6:28PM	<b>Shravana Until 3:31PM</b> Vaidhiti* Until 1:37AM Mon Kaulava Until 6:19PM <b>Chaluthi* Until 6:24AM</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Purple <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:29PM	Vesavasu 5:127 Moon 6 - Phase 9 - 3 1st Phase
Creative Work Amrita Yoga Until 3:31PM Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>					

**Monday, June 16, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакше Інду Вєсара Үктыям			in, Trinidad and Tobago		
		Dhanishtha/Shatabhishak Nakshatra Vohikamba* Yoga Talita/Vanija Karana Panchami/Shoobhyam Titau			Sutra 63		
Kumbha Rasi: 1.16	TITHI 20 - 21	<b>Gulika</b> Yama 391418571	<b>1:41PM - 3:17PM</b> 10:30AM - 12:06PM <b>Rahu</b> 7:19AM - 8:55AM	<b>Dhanishtha Until 3:45PM</b> Vishkamba* Until 12:05AM Tue Vanija Until 5:20AM Tue <b>Panchami Until 6:05AM</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Purple <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:29PM	Vesavasu 5:127 Moon 6 - Phase 9 - 4 1st Phase
Family Home Evening Creative Work Siddha Yoga		<b>Sivaloka Day</b>					

**Tuesday, June 17, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакше Маргала Вєсара Үктыям			in, Trinidad and Tobago		
		Shatabhishak/Purvashrothapada* Nakshatra Pithi Yoga Visti*/Bava Karana Sapthamam Titau			Sutra 64		
Kumbha Rasi: 15	Tithi 22	<b>Gulika</b> Yama 391418571	<b>12:06PM - 1:42PM</b> 8:55AM - 10:31AM <b>Rahu</b> 3:17PM - 4:53PM	<b>Shatabhishak Until 3:25PM</b> Pithi Until 10:12PM Visti Until 4:49PM <b>Sapthami Until 4:08AM Wed</b>	<b>Ganesh:</b> Yellow <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Purple <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:29PM	Vesavasu 5:127 Moon 6 - Phase 9 - 5 1st Phase
Routine Work Marana Yoga		<b>Sivaloka Day</b>					

**Wednesday, June 18, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакше Бадха Вєсара Үктыям			in, Trinidad and Tobago		
		Purvashrothapada*/Uttarprothapada Nakshatra Ayuchman Yoga Balava/Kaulava Karana Ashtamam Titau			Sutra 65		
Kumbha Rasi: 28.12	Tithi 23	<b>Gulika</b> Yama 311418571	<b>10:31AM - 12:06PM</b> 7:20AM - 8:55AM <b>Rahu</b> 12:06PM - 1:42PM	<b>Purvashrothapada* Until 2:54PM</b> Ayuchman Until 7:54PM Balava Until 3:23PM <b>Ashtami* Until 2:28AM Thu</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Clear <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 5:44AM <b>Sunset:</b> 6:29PM	Vesavasu 5:127 Moon 6 - Phase 9 - 6 Ashtami
Creative Work Amrita Yoga Until 2:54PM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>					

**Thursday, June 19, 2025**

		Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілнуса Маса Крішна Пакше Гурі Вєсара Үктыям			in, Trinidad and Tobago		
		Uttarprothapada*/Revati Nakshatra Saubhagya/Sobhana Yoga Talita/Gara Karana Navamam Titau			Sutra 66		
Meena Rasi: 12.05	Tithi 24	<b>Gulika</b> Yama 311418571	<b>8:56AM - 10:31AM</b> 5:45AM - 7:20AM <b>Rahu</b> 1:42PM - 3:18PM	<b>Uttarprothapada Until 1:47PM</b> Saubhagya Until 5:15PM Talita Until 1:29PM <b>Navami* Until 12:21AM Fri</b>	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Clear <b>Jyeshtha-Ani</b>	<b>Sunrise:</b> 5:45AM <b>Sunset:</b> 6:29PM	Vesavasu 5:127 Moon 6 - Phase 9 - 7 Navami
Creative Work Siddha Yoga		<b>Sivaloka Day</b>					

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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<b>1 Friday, June 20, 2025</b>		Vivavasu Nama Samvatsare Uтарыне Наріана Рітау Мілуна Масе Крішна Паке: Sukra Vasara Yuktayam in, Trinidad and Tobago			
Revati/Ashvini Nakshatra Sobhana/Ahiganda* Yoga Vanja/Visli* Karana Dashamyam Titau Sun 8 Sutra 67		Gulika 7:20AM – 8:56AM		Revati Until 12:05PM	
Mesha Rasi: 26.16	Tithi 25	Yama 3:18PM – 4:53PM	Sobhana Until 2:15PM	Ganesh: White Sunrise: 5:45AM	Vasavasu 5:127
Creative Work Siddha Yoga	311518571	Rahu 10:31AM – 12:07PM	Vanija Until 11:09AM	Muruga: Red Sunset: 6:29PM	Moon 6 - Phase 10 - 8
Until 12:05PM				Nataraja: Blue	2nd Phase
Then Creative Work - Amrita Yoga			Dashami Until 9:49PM	Moon - Clear	Subha Sivaloka Day
				Jyestha-Ani	

<b>2 Saturday, June 21, 2025</b>		Vivavasu Nama Samvatsare Uтарыне Наріана Рітау Мілуна Масе Крішна Паке: Manita Vasara Yuktayam in, Trinidad and Tobago			
Ashvini/Bharani Nakshatra Ahiganda*/Sukarma Yoga Bava/Balaava Karana Ekadashyam Titau Sun 9 Sutra 68		Gulika 5:45AM – 7:20AM		Ashvini Until 10:18AM	
Mesha Rasi: 10.43	Tithi 26	Yama 1:42PM – 3:18PM	Ahiganda* Until 10:56AM	Ganesh: Yellow Sunrise: 5:45AM	Vasavasu 5:127
Creative Work Siddha Yoga	321518571	Rahu 8:56AM – 10:31AM	Bava Until 8:26AM	Muruga: Red Sunset: 6:29PM	Moon 6 - Phase 10 - 9
Until 8:06AM				Nataraja: Blue	2nd Phase
Then Creative Work - Siddha Yoga			Ekadashi* Until 6:57PM	Moon - White	Sivaloka Day
				Jyestha-Ani	

<b>3 Sunday, June 22, 2025</b>		Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Krishna Pakhe: Bharu Vasara Yuktayam in, Trinidad and Tobago			
Bharani/Chitra Nakshatra Sakama(Dhri) Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau Sun 10 Sutra 69		Gulika 3:18PM – 4:54PM		Bharani Until 8:06AM	
Mesha Rasi: 25.22	Tithi 27 – 28	Yama 12:07PM – 1:43PM	Sukarma Until 7:24AM	Ganesh: Yellow Sunrise: 5:45AM	Vasavasu 5:127
Routine Work Prabalarishta Yoga	321518571	Rahu 4:54PM – 6:29PM	Gara Until 2:16AM Mon	Muruga: Red Sunset: 6:29PM	Moon 6 - Phase 10 - 10
Until 8:06AM				Nataraja: Blue	2nd Phase
Then Creative Work - Siddha Yoga			Dvadashi* Until 3:51PM	Moon - White	Sivaloka Day
				Jyestha-Ani	
				<i>Pradosha Vata (Fasting)</i>	

<b>4 Monday, June 23, 2025</b>		Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Krishna Pakhe: Indu Vasara Yuktayam in, Trinidad and Tobago			
Rohini Nakshatra Shula* Yoga Vanja/Visli* Karana Trayodashi/Chatardashyam Titau Sun 11 Sutra 70		Gulika 1:43PM – 3:18PM		Rohini Until 8:22AM Tue	
Wishabha Rasi: 10.09	Tithi 28 – 29	Yama 10:32AM – 12:07PM	Shula* Until 12:03AM Tue	Ganesh: Red Sunrise: 5:45AM	Vasavasu 5:127
Family Home Evening	311518571	Rahu 7:21AM – 8:56AM	Visli Until 11:04PM	Muruga: Red Sunset: 6:29PM	Moon 6 - Phase 10 - 11
Creative Work Amrita Yoga				Nataraja: Blue	2nd Phase
Until 3:22AM Tue			Trayodashi* Until 12:39PM	Moon - Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga				Jyestha-Ani	

<b>● Tuesday, June 24, 2025</b>		Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Krishna Pakhe: Mangala Vasara Yuktayam in, Trinidad and Tobago			
Retreat Star		Gulika 12:08PM – 1:43PM		Mrigashira Until 1:10AM Wed	
Wishabha Rasi: 24.56	Tithi 29 – 30	Yama 8:57AM – 10:32AM	Ganda* Until 8:28PM	Ganesh: Red Sunrise: 5:46AM	Vasavasu 5:127
Creative Work Siddha Yoga	311518571	Rahu 3:19PM – 4:54PM	Chaturpada Until 8:00PM	Muruga: Red Sunset: 6:30PM	Moon 6 - Phase 10 - 12
Until 8:06AM				Nataraja: Blue	Amavasya
Then Creative Work - Siddha Yoga			Chaturdashi* Until 9:29AM	Moon - Yellow	Sivaloka Day
				Jyestha-Ani	

<b>Wednesday, June 25, 2025</b>		Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Miluna Mase Sukla Pakhe: Budha Vasara Yuktayam in, Trinidad and Tobago			
Retreat Star		Gulika 10:32AM – 12:08PM		Ardra Until 11:08PM	
Mithuna Rasi: 9.35	Tithi 30 – 1	Yama 7:21AM – 8:57AM	Vridhhi Until 5:08PM	Ganesh: Red Sunrise: 5:46AM	Vasavasu 5:127
Creative Work Siddha Yoga	311518571	Rahu 12:08PM – 1:43PM	Bava Until 3:56AM Thu	Muruga: Red Sunset: 6:30PM	Moon 6 - Phase 10 - 13
Until 8:06AM				Nataraja: Blue	Prathama
Then Creative Work - Siddha Yoga			Amavasya* Until 6:32AM	Moon - Yellow	Sivaloka Day
				Ashada-Ani	

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

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<b>1</b>		<b>Thursday, June 26, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Panarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dhilliyam Titau	in, Trinidad and Tobago Sun 14 Sutra 73
Mithuna Rasi: 23.59	Tilthi 2	<b>Gulika</b> 8:57AM - 10:33AM Yama 5:46AM - 7:22AM Rahu 1:43PM - 3:19PM	<b>Punarvasu Until 9:52PM</b> Dhruva Until 2:09PM Balava Until 2:50PM Dvitiya Until 1:51AM Fri	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Blue Ashada-Ani	Sunrise: 5:46AM Sunset: 6:30PM Moon 6 - Phase 11 - 14 3rd Phase
Creative Work	Amrita Yoga				<b>Devaloka Day</b>

<b>2</b>		<b>Friday, June 27, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sulra Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana/Yoga Talilla/Gara Karana Trilayam Titau	in, Trinidad and Tobago Sun 15 Sutra 74
Kalka Rasi: 8.02	Tilthi 3	<b>Gulika</b> 7:22AM - 8:57AM Yama 3:19PM - 4:55PM Rahu 10:33AM - 12:08PM	<b>Pushya Until 9:06PM</b> Vyaghata* Until 11:39AM Talilla Until 1:04PM Tritiya Until 12:25AM Sat	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Blue Ashada-Ani	Sunrise: 5:46AM Sunset: 6:30PM Moon 6 - Phase 11 - 15 3rd Phase
Routine Work	Marana Yoga				<b>Devaloka Day</b>

<b>3</b>		<b>Saturday, June 28, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Marita Vasara Yuktayam Ashlesha* Nakshatra Harshana/Najra* Yoga Vanja/Velil* Karana Chaturtham Titau	in, Trinidad and Tobago Sun 16 Sutra 75
Kalka Rasi: 21.4	Tilthi 4	<b>Gulika</b> 5:47AM - 7:22AM Yama 1:44PM - 3:19PM Rahu 8:58AM - 10:33AM	<b>Ashlesha* Until 8:55PM</b> Harshana Until 9:45AM Vanija Until 12:01PM Chaturthi* Until 11:46PM	<b>Ganesh:</b> White <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Blue Ashada-Ani	Sunrise: 5:47AM Sunset: 6:30PM Moon 6 - Phase 11 - 16 3rd Phase
Routine Work	Marana Yoga				<b>Devaloka Day</b>
Until 8:55PM					
Then Creative Work - Amrita Yoga					

<b>4</b>		<b>Sunday, June 29, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bharu Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamam Titau	in, Trinidad and Tobago Sun 17 Sutra 76
Simha Rasi: 4.5	Tilthi 5	<b>Gulika</b> 3:20PM - 4:55PM Yama 12:09PM - 1:44PM Rahu 4:55PM - 6:30PM	<b>Magha* Until 9:52PM</b> Vajra* Until 8:28AM Bava Until 11:46AM Panchami Until 11:57PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Red Ashada-Ani	Sunrise: 5:47AM Sunset: 6:30PM Moon 6 - Phase 11 - 17 3rd Phase
Routine Work	Marana Yoga				<b>Sivaloka Day</b>
Until 9:52PM					
Then Creative Work - Siddha Yoga					

<b>5</b>		<b>Monday, June 30, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indu Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyaptipata* Yoga Kaulava/Talilla Karana Shashtham Titau	in, Trinidad and Tobago Sun 18 Sutra 77
Simha Rasi: 17.37	Tilthi 6	<b>Gulika</b> 1:44PM - 3:20PM Yama 10:33AM - 12:09PM Rahu 7:23AM - 8:58AM	<b>Purvaphalguni Until 11:26PM</b> Siddhi Until 7:51AM Kaulava Until 12:21PM Shashthi* Until 12:55AM Tue	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Red Ashada-Ani	Sunrise: 5:47AM Sunset: 6:31PM Moon 6 - Phase 11 - 18 3rd Phase
Family Home Evening					<b>Sivaloka Day</b>
Creative Work	Siddha Yoga				

<b>6</b>		<b>Tuesday, July 1, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyaptipata*/Varjyan/Yoga Gara/Vanja Karana Sapthamam Titau	in, Trinidad and Tobago Sun 19 Sutra 78
Kanya Rasi: 0.01	Tilthi 7	<b>Gulika</b> 12:09PM - 1:44PM Yama 8:58AM - 10:33AM Rahu 3:20PM - 4:55PM	<b>Uttaraphalguni Until 1:31AM Wed</b> Vyaptipata* Until 7:52AM Gara Until 1:41PM Saptami Until 2:34AM Wed	<b>Ganesh:</b> Clear <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Red Ashada-Ani	Sunrise: 5:47AM Sunset: 6:31PM Moon 6 - Phase 11 - 19 3rd Phase
Creative Work	Amrita Yoga				<b>Sivaloka Day</b>
Until 1:31AM Wed					
Then Routine Work - Marana Yoga					

<b>7</b>		<b>Wednesday, July 2, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Budha Vasara Yuktayam Hasta Nakshatra Varjyan/Parigha* Yoga Vasil*/Bava Karana Ashtamam Titau	in, Trinidad and Tobago Sun 20 Sutra 79
Kanya Rasi: 12.09	Tilthi 8	<b>Gulika</b> 10:34AM - 12:09PM Yama 7:23AM - 8:58AM Rahu 12:09PM - 1:45PM	<b>Hasta Until 4:25AM Thu</b> Varjyan Until 8:20AM Vasil Until 3:37PM Ashtami* Until 4:43AM Thu	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green Ashada-Ani	Sunrise: 5:48AM Sunset: 6:31PM Moon 6 - Phase 11 - 20 Ashtami
Routine Work	Marana Yoga				<b>Devaloka Day</b>
Until 4:25AM Thu					
Then Creative Work - Siddha Yoga					

<b>8</b>		<b>Thursday, July 3, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamam Titau	in, Trinidad and Tobago Sun 21 Sutra 80
Kanya Rasi: 24.07	Tilthi 9	<b>Gulika</b> 8:59AM - 10:34AM Yama 5:48AM - 7:23AM Rahu 1:45PM - 3:20PM	<b>Chitra Until 7:24AM Fri</b> Parigha* Until 9:09AM Balava Until 5:56PM Navami* Until 7:07AM Fri	<b>Ganesh:</b> Purple <b>Muruga:</b> Red <b>Nataraja:</b> Blue Moon - Green Ashada-Ani	Sunrise: 5:48AM Sunset: 6:31PM Moon 6 - Phase 11 - 21 Navami
Creative Work	Siddha Yoga				<b>Devaloka Day</b>

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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<b>1</b>	<b>Friday, July 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Sukra Vasara Yuktayam in, Trinidad and Tobago		
	Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Navami/Dashamam Titau			Sun 22 Sutra 81	
Tula Rasi: 5.58	Tithi 9 – 10	<b>Gulika</b> 7:23AM – 8:59AM	<b>Chitra Until 7:24AM</b>	<b>Ganesha: Purple</b> Sunrise: 5:46AM	Vishvasu 5:127
		<b>Yama</b> 3:20PM – 4:56PM	<b>Shiva Until 10:09AM</b>	<b>Muruga: Red</b> Sunset: 6:31PM	Moon 6 - Phase 12 - 4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 10:34AM – 12:10PM	<b>Taila Until 8:22PM</b>	<b>Nataraja: Blue</b>	
			<b>Navami* Until 7:07AM</b>	<b>Moon - Green</b>	<b>Devaloka Day</b>
				<b>Ashada-Ani</b>	

<b>2</b>	<b>Saturday, July 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Merita Vasara Yuktayam in, Trinidad and Tobago		
	Svali/Vishakha Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Dashami/Ekadasam Titau			Sun 23 Sutra 82	
Tula Rasi: 17.49	Tithi 10 – 11	<b>Gulika</b> 5:48AM – 7:24AM	<b>Svali Until 10:14AM</b>	<b>Ganesha: Purple</b> Sunrise: 5:46AM	Vishvasu 5:127
		<b>Yama</b> 1:45PM – 3:20PM	<b>Siddha Until 11:07AM</b>	<b>Muruga: Red</b> Sunset: 6:31PM	Moon 6 - Phase 12 - 23 4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 8:59AM – 10:34AM	<b>Vanija Until 10:44PM</b>	<b>Nataraja: Blue</b>	
			<b>Dashami Until 9:33AM</b>	<b>Moon - Green</b>	<b>Devaloka Day</b>
				<b>Ashada-Ani</b>	

<b>3</b>	<b>Sunday, July 6, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Bhava Vasara Yuktayam in, Trinidad and Tobago		
	Vishakha/Anuradha Nakshatra Sadha/Sukha Yoga Vist/Bara Karana Ekadashi/Dwadshyam Titau			Sun 24 Sutra 83	
Tula Rasi: 29.43	Tithi 11 – 12	<b>Gulika</b> 3:21PM – 4:56PM	<b>Vishakha Until 1:13PM</b>	<b>Ganesha: Purple</b> Sunrise: 5:49AM	Vishvasu 5:127
		<b>Yama</b> 1:45PM – 3:20PM	<b>Sadha Until 11:57AM</b>	<b>Muruga: Red</b> Sunset: 6:31PM	Moon 6 - Phase 12 - 24 4th Phase
Routine Work	Marana Yoga	<b>Rahu</b> 4:56PM – 6:31PM	<b>Bava Until 12:49AM Mon</b>	<b>Nataraja: Blue</b>	
			<b>Ekadashi Until 11:47AM</b>	<b>Moon - Orange</b>	<b>Devaloka Day</b>
				<b>Ashada-Ani</b>	

<b>4</b>	<b>Monday, July 7, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Indu Vasara Yuktayam in, Trinidad and Tobago		
	Anuradha/Syetha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodshyam Titau			Sun 25 Sutra 84	
Wishika Rasi: 11.45	Tithi 12 – 13	<b>Gulika</b> 1:45PM – 3:21PM	<b>Anuradha Until 3:42PM</b>	<b>Ganesha: Purple</b> Sunrise: 5:49AM	Vishvasu 5:127
<b>Family Home Evening</b>		<b>Yama</b> 10:35AM – 12:10PM	<b>Subha Until 12:33PM</b>	<b>Muruga: Red</b> Sunset: 6:31PM	Moon 6 - Phase 12 - 25 4th Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 7:24AM – 8:59AM	<b>Kaulava Until 2:31AM Tue</b>	<b>Nataraja: Blue</b>	
			<b>Dvadashi Until 1:42PM</b>	<b>Moon - Orange</b>	<b>Devaloka Day</b>
				<b>Ashada-Ani</b>	

Pradosha Vata

<b>5</b>	<b>Tuesday, July 8, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Mangala Vasara Yuktayam in, Trinidad and Tobago		
	Jyeshtha/Mula Nakshatra Sukla/Brahma Yoga Taila/Gara Karana Trayodashi/Chaturdshyam Titau			Sun 26 Sutra 85	
Wishika Rasi: 23.56	Tithi 13 – 14	<b>Gulika</b> 12:10PM – 1:46PM	<b>Jyeshtha* Until 5:36PM</b>	<b>Ganesha: Purple</b> Sunrise: 5:49AM	Vishvasu 5:127
		<b>Yama</b> 9:00AM – 10:35AM	<b>Sukla Until 12:47PM</b>	<b>Muruga: Red</b> Sunset: 6:31PM	Moon 6 - Phase 12 - 26 4th Phase
Routine Work	Marana Yoga	<b>Rahu</b> 3:21PM – 4:56PM	<b>Gara Until 3:45AM Wed</b>	<b>Nataraja: Blue</b>	
Until 5:36PM			<b>Trayodashi Until 3:10PM</b>	<b>Moon - Orange</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada-Ani</b>	

<b>6</b>	<b>Wednesday, July 9, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Budha Vasara Yuktayam in, Trinidad and Tobago		
	Mula/Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Titau			Sun 27 Sutra 86	
Dhanus Rasi: 6.2	Tithi 14 – 15	<b>Gulika</b> 10:35AM – 12:10PM	<b>Mula* Until 7:21PM</b>	<b>Ganesha: Clear</b> Sunrise: 5:49AM	Vishvasu 5:127
		<b>Yama</b> 7:25AM – 9:00AM	<b>Brahma Until 12:39PM</b>	<b>Muruga: Red</b> Sunset: 6:31PM	Moon 6 - Phase 12 - 27 4th Phase
Routine Work	Marana Yoga	<b>Rahu</b> 12:10PM – 1:46PM	<b>Visli Until 4:29AM Thu</b>	<b>Nataraja: Blue</b>	
Until 7:21PM			<b>Chaturdashi* Until 4:09PM</b>	<b>Moon - Light Blue</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashada-Ani</b>	

<b>○</b>	<b>Thursday, July 10, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Pakche Guru Vasara Yuktayam in, Trinidad and Tobago		
	Purvashada* Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Purnima/Prathamam Titau			Sun 28 Sutra 87	
Dhanus Rasi: 18.57	Tithi 15 – 16	<b>Gulika</b> 9:00AM – 10:35AM	<b>Purvashada* Until 8:28PM</b>	<b>Ganesha: White</b> Sunrise: 5:50AM	Vishvasu 5:127
		<b>Yama</b> 5:50AM – 7:25AM	<b>Indra Until 12:09PM</b>	<b>Muruga: Red</b> Sunset: 6:31PM	Moon 6 - Phase 12 - Purnima
Creative Work	Siddha Yoga	<b>Rahu</b> 1:46PM – 3:21PM	<b>Balava Until 4:45AM Fri</b>	<b>Nataraja: Blue</b>	
Until 8:28PM			<b>Purnima* Until 4:40PM</b>	<b>Moon - Light Blue</b>	<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Satguru Purnima</b>		<b>Ashada-Ani</b>	

<b>○</b>	<b>Friday, July 11, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Pakche Sukra Vasara Yuktayam in, Trinidad and Tobago		
	Uttarashada Nakshatra Vaidhri*/Vishkamba* Yoga Kaulava/Taila Karana Prathama/Dvayyam Titau			Sun 29 Sutra 88	
Makara Rasi: 1.47	Tithi 16 – 17	<b>Gulika</b> 7:25AM – 9:00AM	<b>Uttarashada Until 8:59PM</b>	<b>Ganesha: White</b> Sunrise: 5:50AM	Vishvasu 5:127
		<b>Yama</b> 3:21PM – 4:56PM	<b>Vaidhri* Until 11:15AM</b>	<b>Muruga: Red</b> Sunset: 6:31PM	Moon 6 - Phase 12 - Prathama
Routine Work	Marana Yoga	<b>Rahu</b> 10:35AM – 12:11PM	<b>Taila Until 4:35AM Sat</b>	<b>Nataraja: Blue</b>	
			<b>Prathama* Until 4:42PM</b>	<b>Moon - Light Blue</b>	<b>Subha Sivaloka Day</b>
				<b>Ashada-Ani</b>	

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

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**Saturday, July 12, 2025****Gold Retreat Star**

Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mania Vasara Yuktayam

in, Trinidad and Tobago

Shravana Nakshatra Vishkambha\*Pitri Yoga Gara/Vanija Karana Dvitya/Tritiyayam Tilau

Sun 1 Sutra 89

Makara Rasi: 14.5

Tithi 17 - 18

Gulika

5:50AM - 7:25AM

Yama

1:46PM - 3:21PM

Rahu

9:00AM - 10:36AM

Shravana Until 9:24PM

Vishkambha\* Until 10:02AM

Vanija Until 4:01AM Sun

Dvitiya Until 4:19PM

Ganesh: Yellow

Sunrise: 5:50AM

Muruga: Red

Sunset: 6:31PM

Nataraja: Blue

Moon - Purple

Ashada-Adi

Sivaloka Day

Creative Work Siddha Yoga

**Sunday, July 13, 2025****1**

Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Bhanu Vasara Yuktayam

in, Trinidad and Tobago

Dhanishtha Nakshatra Pithi/Ayushman Yoga Visi\*Baava Karana Tritiya/Chaturthayam Tilau

Sun 2 Sutra 90

Makara Rasi: 28.05

Tithi 18 - 19

Gulika

3:21PM - 4:56PM

Yama

12:11PM - 1:46PM

Rahu

4:56PM - 6:31PM

Dhanishtha Until 9:19PM

Pithi Until 8:32AM

Baava Until 3:06AM Mon

Tritiya Until 3:35PM

Ganesh: Yellow

Sunrise: 5:50AM

Muruga: Red

Sunset: 6:31PM

Nataraja: Blue

Moon - Purple

Ashada-Adi

Sivaloka Day

Routine Work Marana Yoga

Until 9:19PM

Then Creative Work - Siddha Yoga

**Monday, July 14, 2025****2**

Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yuktayam

in, Trinidad and Tobago

Shalabhishak Nakshatra Aayushman/Saubhaga Yoga Balava/Kaulava Karana Chaturthi/Panchamayam Tilau

Sun 3 Sutra 91

Kumbha Rasi: 11.32

Tithi 19 - 20

**Family Home Evening**

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Gulika

1:46PM - 3:21PM

Yama

10:36AM - 12:11PM

Rahu

7:26AM - 9:01AM

Shalabhishak Until 8:47PM

Ayushman Until 6:43AM

Kaulava Until 1:53AM Tue

Chaturthi\* Until 2:31PM

Ganesh: Yellow

Sunrise: 5:51AM

Muruga: Red

Sunset: 6:31PM

Nataraja: Blue

Moon - Purple

Ashada-Adi

Sivaloka Day

Creative Work Siddha Yoga

Until 8:47PM

Then Routine Work - Marana Yoga

**Tuesday, July 15, 2025****3**

Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mangala Vasara Yuktayam

in, Trinidad and Tobago

Purvavroshthapada\* Nakshatra Sobhana Yoga Talila/Gara Karana Panchami/Shashthiyam Tilau

Sun 4 Sutra 92

Kumbha Rasi: 25.1

Tithi 20 - 21

Gulika

12:11PM - 1:46PM

Yama

9:01AM - 10:36AM

Rahu

3:21PM - 4:56PM

Purvavroshthapada\* Until 8:15PM

Sobhana Until 2:26AM Wed

Gara Until 12:23AM Wed

Panchami Until 1:09PM

Ganesh: Purple

Sunrise: 5:51AM

Muruga: Red

Sunset: 6:31PM

Nataraja: Blue

Moon - Clear

Ashada-Adi

Devaloka Day

Routine Work Marana Yoga

Until 8:15PM

Then Creative Work - Amrita Yoga

**Wednesday, July 16, 2025****4**

Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam

in, Trinidad and Tobago

Uttaravroshthapada Nakshatra Athiganda\* Yoga Vanija/Visi\* Karana Shashthi/Saptamayam Tilau

Sun 5 Sutra 93

Meena Rasi: 8.56

Tithi 21 - 22

Gulika

10:36AM - 12:11PM

Yama

7:26AM - 9:01AM

Rahu

12:11PM - 1:46PM

Uttaravroshthapada Until 7:19PM

Athiganda\* Until 11:56PM

Visi Until 10:38PM

Shashthi\* Until 11:32AM

Ganesh: Purple

Sunrise: 5:51AM

Muruga: Red

Sunset: 6:31PM

Nataraja: Blue

Moon - Clear

Ashada-Adi

Devaloka Day

Creative Work Siddha Yoga

Until 7:19PM

Then Routine Work - Marana Yoga

**Thursday, July 17, 2025****Retreat Star**

Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam

in, Trinidad and Tobago

Revati(Ashvini) Nakshatra Sukama Yoga Bava/Balava Karana Saptami/Ashtamayam Tilau

Sun 6 Sutra 94

Meena Rasi: 22.53

Tithi 22 - 23

Gulika

9:01AM - 10:36AM

Yama

5:51AM - 7:26AM

Rahu

1:46PM - 3:21PM

Revati Until 5:59PM

Sukama Until 9:14PM

Balava Until 8:38PM

Saptami Until 9:39AM

Ganesh: Purple

Sunrise: 5:51AM

Muruga: Red

Sunset: 6:31PM

Nataraja: Yellow

Moon - Clear

Ashada-Adi

Bhuloka Day

Devaloka Time: 3PM to 6PM

Creative Work Siddha Yoga

Until 5:59PM

Then Creative Work - Amrita Yoga

**Friday, July 18, 2025****Retreat Star**

Vivavasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktayam

in, Trinidad and Tobago

Ashvini(Bharani) Nakshatra Dhriti Yoga Kaulava/Tailila Karana Ashtami/Navamayam Tilau

Sun 7 Sutra 95

Mesha Rasi: 6.59

Tithi 23 - 24

Gulika

7:27AM - 9:01AM

Yama

3:21PM - 4:56PM

Rahu

10:36AM - 12:11PM

Ashvini Until 4:43PM

Dhriti Until 6:26PM

Tailila Until 6:25PM

Ashtami\* Until 7:32AM

Ganesh: Clear

Sunrise: 5:50AM

Muruga: Red

Sunset: 6:31PM

Nataraja: Yellow

Moon - White

Ashada-Adi

Devaloka Day

Creative Work Amrita Yoga

Until 4:43PM

Then Creative Work - Siddha Yoga

1 Saturday, July 19, 2025		Vivavasu Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mese Krishna Pakche Manu Vasara Yuktayam		in, Trinidad and Tobago	
Mesha Rasi: 21.13	Tithi 25	<b>Gulika</b> 5:52AM – 7:27AM	<b>Bharani</b> Until 3:07PM	<b>Ganesh:</b> Clear	Sunrise: 5:52AM
		<b>Yama</b> 1:46PM – 3:21PM	<b>Shula</b> Until 3:24PM	<b>Muruga:</b> Red	Sunset: 6:39PM
		<b>Rahu</b> 9:02AM – 10:37AM	<b>Vanija</b> Until 4:01PM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 14 - 8
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:45AM Sun	Moon - White	2nd Phase
Until 3:07PM				<b>Ashada-Adi</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

2 Sunday, July 20, 2025		Vivavasu Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mese Krishna Pakche Bhanu Vasara Yuktayam		in, Trinidad and Tobago	
Wishabha Rasi: 5.33	Tithi 26	<b>Gulika</b> 3:21PM – 4:56PM	<b>Kritika</b> Until 1:15PM	<b>Ganesh:</b> Clear	Sunrise: 5:52AM
		<b>Yama</b> 12:12PM – 1:46PM	<b>Ganda</b> Until 12:18PM	<b>Muruga:</b> Red	Sunset: 6:39PM
		<b>Rahu</b> 4:56PM – 6:31PM	<b>Bava</b> Until 1:29PM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 14 - 9
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 12:11AM Mon	Moon - White	2nd Phase
				<b>Ashada-Adi</b>	<b>Devaloka Day</b>

3 Monday, July 21, 2025		Vivavasu Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mese Krishna Pakche Indru Vasara Yuktayam		in, Trinidad and Tobago	
Wishabha Rasi: 19:57	Tithi 27	<b>Gulika</b> 1:46PM – 3:21PM	<b>Rohini</b> Until 11:38AM	<b>Ganesh:</b> White	Sunrise: 5:52AM
<b>Family Home Evening</b>		<b>Yama</b> 10:37AM – 12:12PM	<b>Vridhii</b> Until 9:09AM	<b>Muruga:</b> Red	Sunset: 6:39PM
		<b>Rahu</b> 7:27AM – 9:02AM	<b>Kaulava</b> Until 10:55AM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 14 - 10
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 9:38PM	Moon - Yellow	2nd Phase
				<b>Ashada-Adi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3PM to 6PM

4 Tuesday, July 22, 2025		Vivavasu Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mese Krishna Pakche Mangala Vasara Yuktayam		in, Trinidad and Tobago	
Mithuna Rasi: 4.19	Tithi 28	<b>Gulika</b> 12:12PM – 1:46PM	<b>Mrigashira</b> Until 9:55AM	<b>Ganesh:</b> White	Sunrise: 5:52AM
		<b>Yama</b> 9:02AM – 10:37AM	<b>Dhruva</b> Until 6:02AM	<b>Muruga:</b> Red	Sunset: 6:39PM
		<b>Rahu</b> 3:21PM – 4:56PM	<b>Gara</b> Until 8:24AM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 14 - 11
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:11PM	Moon - Yellow	2nd Phase
Until 9:55AM				<b>Ashada-Adi</b>	<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					Devaloka Time: 3PM to 6PM
					<i>Pradosha Vrata (Fasting)</i>

5 Wednesday, July 23, 2025		Vivavasu Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mese Krishna Pakche Butha Vasara Yuktayam		in, Trinidad and Tobago	
Mithuna Rasi: 18.34	Tithi 29 – 30	<b>Gulika</b> 10:37AM – 12:12PM	<b>Ardra</b> Until 8:15AM	<b>Ganesh:</b> White	Sunrise: 5:53AM
		<b>Yama</b> 7:27AM – 9:02AM	<b>Harshana</b> Until 12:20AM Thu	<b>Muruga:</b> Red	Sunset: 6:39PM
		<b>Rahu</b> 12:12PM – 1:46PM	<b>Visii</b> Until 6:04AM	<b>Nataraja:</b> Yellow	Moon 7 - Phase 14 - 12
Creative Work	Siddha Yoga		<b>Chalurdashi</b> Until 4:59PM	Moon - Yellow	2nd Phase
				<b>Ashada-Adi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3PM to 6PM

Thursday, July 24, 2025		Vivavasu Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mese Sukla Pakche Guru Vasara Yuktayam		in, Trinidad and Tobago	
<b>Retreat Star</b>		<b>Gulika</b> 9:02AM – 10:37AM	<b>Punarvasu</b> Until 7:12AM	<b>Ganesh:</b> Orange	Sunrise: 5:53AM
Kataka Rasi: 2.37	Tithi 30 – 1	<b>Yama</b> 5:53AM – 7:28AM	<b>Vajra</b> Until 9:55PM	<b>Muruga:</b> Red	Sunset: 6:39PM
		<b>Rahu</b> 1:46PM – 3:21PM	<b>Kintughna</b> Until 2:27AM Fri	<b>Nataraja:</b> Yellow	Moon 7 - Phase 14 - 13
Creative Work	Amrita Yoga		<b>Amavasya</b> Until 3:10PM	Moon - Blue	Amavasya
				<b>Ashada-Adi</b>	<b>Devaloka Day</b>

Friday, July 25, 2025		Vivavasu Nama Samvatsara Dakshinaya Naratana Ritau Kataka Mese Sukla Pakche Sakra Vasara Yuktayam		in, Trinidad and Tobago	
<b>Retreat Star</b>		<b>Gulika</b> 7:28AM – 9:02AM	<b>Pushya</b> Until 6:28AM	<b>Ganesh:</b> Orange	Sunrise: 5:53AM
Kataka Rasi: 16.23	Tithi 1 – 2	<b>Yama</b> 3:21PM – 4:56PM	<b>Siddhi</b> Until 7:58PM	<b>Muruga:</b> Red	Sunset: 6:39PM
		<b>Rahu</b> 10:37AM – 12:12PM	<b>Balava</b> Until 1:27AM Sat	<b>Nataraja:</b> Yellow	Moon 7 - Phase 14 - 14
Routine Work	Marana Yoga		<b>Prathama</b> Until 1:51PM	Moon - Blue	Prathama
				<b>Sravana-Adi</b>	<b>Devaloka Day</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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## 1 Saturday, July 26, 2025

Katak Rasi: 29.49 Tithi 2 - 3  
Routine Work Marana Yoga  
Until 6:10AM  
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Dakshinnya Naritara Ritau Kataka Mase Sukla Paksho Merita Vesara Yuktayam  
Ashlesha\*Magha\* Nakshatra Vyalipata\* Yoga Kaukava/Taila Karana Dvitiya/Tritiyam Titau  
Gulika 5:53AM - 7:28AM  
Yama 1:46PM - 3:21PM  
Rahu 9:02AM - 10:37AM

**Ashlesha\* Until 6:10AM**  
Vyalipata\* Until 6:34PM  
Taila Titau 1:06AM Sun  
Dvitiya Until 1:10PM

Ganesha: Orange  
Muruga: Red  
Nataraja: Yellow  
Moon - Blue  
Savana-Adi

in, Trinidad and Tobago  
Sun 15 Sutra 103  
Vasarasu 5:17  
Samet 6:30PM Moon 7 - Phase 15 - 12  
3rd Phase

Devaloka Day

## 2 Sunday, July 27, 2025

Simha Rasi: 12.52 Tithi 3 - 4  
Routine Work Marana Yoga  
Until 6:51AM  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Dakshinnya Naritara Ritau Kataka Mase Sukla Paksho Bharu Vesara Yuktayam  
Magha\*Puruphalguni Nakshatra Varjani\*Paigoha\* Yoga Gara/Varija Karana Tritiya/Chaturthiyam Titau  
Gulika 3:21PM - 4:55PM  
Yama 12:12PM - 1:46PM  
Rahu 4:55PM - 6:30PM

**Magha\* Until 6:51AM**  
Varjani Until 5:42PM  
Varija Until 1:30AM Mon  
Tritiya Until 1:11PM

Ganesha: Clear  
Muruga: Red  
Nataraja: Yellow  
Moon - Red  
Savana-Adi

in, Trinidad and Tobago  
Sun 16 Sutra 104  
Vasarasu 5:17  
Samet 6:30PM Moon 7 - Phase 15 - 16  
3rd Phase

Devaloka Day

## 3 Monday, July 28, 2025

Simha Rasi: 25.34 Tithi 4 - 5  
Family Home Evening  
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinnya Naritara Ritau Kataka Mase Sukla Paksho Indu Vesara Yuktayam  
Puruphalguni/Ultraphalguni Nakshatra Parigaha\*Shiva Yoga Vasi\*Bava Karana Chaturthi/Panchamyam Titau  
Gulika 1:46PM - 3:21PM  
Yama 10:37AM - 12:12PM  
Rahu 7:28AM - 9:03AM

**Puruphalguni Until 8:05AM**  
Parigaha\* Until 5:24PM  
Bava Until 2:35AM Tue  
Chaturthi\* Until 1:56PM

Ganesha: Clear  
Muruga: Red  
Nataraja: Yellow  
Moon - Red  
Savana-Adi

in, Trinidad and Tobago  
Sun 17 Sutra 105  
Vasarasu 5:17  
Samet 6:30PM Moon 7 - Phase 15 - 17  
3rd Phase

Devaloka Day

## 4 Tuesday, July 29, 2025

Kanya Rasi: 7.57 Tithi 5 - 6  
Creative Work Amrita Yoga  
Until 9:50AM  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Dakshinnya Naritara Ritau Kataka Mase Sukla Paksho Mangala Vesara Yuktayam  
Ultraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Babala/Kaukava Karana Panchami/Shashthiyam Titau  
Gulika 12:12PM - 1:46PM  
Yama 9:03AM - 10:37AM  
Rahu 3:21PM - 4:55PM

**Ultraphalguni Until 9:50AM**  
Shiva Until 5:38PM  
Kaukava Until 4:17AM Wed  
Panchami Until 3:21PM

Ganesha: Clear  
Muruga: Red  
Nataraja: Yellow  
Moon - Red  
Savana-Adi

in, Trinidad and Tobago  
Sun 18 Sutra 106  
Vasarasu 5:17  
Samet 6:29PM Moon 7 - Phase 15 - 18  
3rd Phase

Devaloka Day

## 5 Wednesday, July 30, 2025

Kanya Rasi: 20.05 Tithi 6 - 7  
Routine Work Marana Yoga  
Until 12:27PM  
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Dakshinnya Naritara Ritau Kataka Mase Sukla Paksho Budha Vesara Yuktayam  
Hasta/Chitra Nakshatra Siddha Yoga Taila/Gara Karana Shashthi/Saptamyam Titau  
Gulika 10:37AM - 12:12PM  
Yama 7:28AM - 9:03AM  
Rahu 12:12PM - 1:46PM

**Hasta Until 12:27PM**  
Siddha Until 6:14PM  
Gara Until 6:26AM Thu  
Shashthi\* Until 5:18PM

Ganesha: Purple  
Muruga: Red  
Nataraja: Yellow  
Moon - Green  
Savana-Adi

in, Trinidad and Tobago  
Sun 19 Sutra 107  
Vasarasu 5:17  
Samet 6:29PM Moon 7 - Phase 15 - 19  
3rd Phase

Sivaloka Day

## 6 Thursday, July 31, 2025

Tula Rasi: 2.04 Tithi 7  
Creative Work Siddha Yoga  
Until 3:16PM  
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Dakshinnya Naritara Ritau Kataka Mase Sukla Paksho Guru Vesara Yuktayam  
Chitra/Svati Nakshatra Sadyha Yoga Gara/Varija Karana Sapthamyam Titau  
Gulika 9:03AM - 10:37AM  
Yama 5:54AM - 7:28AM  
Rahu 1:46PM - 3:20PM

**Chitra Until 3:16PM**  
Sadyha Until 7:06PM  
Gara Until 6:26AM  
Sapthami Until 7:34PM

Ganesha: Purple  
Muruga: Red  
Nataraja: Yellow  
Moon - Green  
Savana-Adi

in, Trinidad and Tobago  
Sun 20 Sutra 108  
Vasarasu 5:17  
Samet 6:29PM Moon 7 - Phase 15 - 20  
3rd Phase

Sivaloka Day

## Friday, August 1, 2025

Retreat Star  
Tula Rasi: 13.56 Tithi 8  
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinnya Naritara Ritau Kataka Mase Sukla Paksho Sukra Vesara Yuktayam  
Svati Nakshatra Subha Yoga Vasi\*?Bava Karana Ashtamyam Titau  
Gulika 7:29AM - 9:03AM  
Yama 3:20PM - 4:54PM  
Rahu 10:37AM - 12:11PM

**Svati Until 6:03PM**  
Subha Until 8:03PM  
Vasi Until 8:47AM  
Ashtami\* Until 9:57PM

Ganesha: Purple  
Muruga: Red  
Nataraja: Yellow  
Moon - Green  
Savana-Adi

in, Trinidad and Tobago  
Sun 21 Sutra 109  
Vasarasu 5:17  
Samet 6:29PM Moon 7 - Phase 15 - 21  
Ashtami

Sivaloka Day

## Saturday, August 2, 2025

Retreat Star  
Tula Rasi: 25.49 Tithi 9  
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Dakshinnya Naritara Ritau Kataka Mase Sukla Paksho Merita Vesara Yuktayam  
Vishkha Nakshatra Sukla Yoga Balava/Kaukava Karana Navamyam Titau  
Gulika 5:54AM - 7:29AM  
Yama 1:46PM - 3:20PM  
Rahu 9:03AM - 10:37AM

**Vishkha Until 9:05PM**  
Sukla Until 8:54PM  
Balava Until 11:08AM  
Navami\* Until 12:13AM Sun

Ganesha: Clear  
Muruga: Blue  
Nataraja: Yellow  
Moon - Orange  
Savana-Adi

in, Trinidad and Tobago  
Sun 22 Sutra 110  
Vasarasu 5:17  
Samet 6:28PM Moon 7 - Phase 15 - 22  
Navami

Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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<b>1</b>	<b>Sunday, August 3, 2025</b>		Visvasaru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukhtayam an, Trinidad and Tobago	
	Anuradha Nakshatra Brahma Yoga Talila/Gara Karana Doshayam Tilau Sutra 111			
Wischnika Rasi: 7.46	Tithi 10	<b>Gulika</b> 3:20PM – 4:54PM	<b>Anuradha Until 11:41PM</b>	<b>Ganesha:</b> Clear Sunrise: 5:55AM
		<b>Yama</b> 12:11PM – 1:46PM	<b>Brahma Until 9:33PM</b>	<b>Muruga:</b> Blue Sunset: 6:28PM
		<b>Rahu</b> 4:54PM – 6:28PM	<b>Tailila Until 1:16PM</b>	<b>Nataraja:</b> Yellow Moon 7 - Phase 16 - 23
Routine Work	Marana Yoga		<b>Dashami Until 2:11AM Mon</b>	<b>Moon - Orange</b> 4th Phase
			<b>Savana-Adi</b>	<b>Sivaloka Day</b>

<b>2</b>	<b>Monday, August 4, 2025</b>		Visvasaru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indru Vasara Yukhtayam an, Trinidad and Tobago	
	Jyeshtha Nakshatra Indra Yoga Vanija/Visil Karana Ekadashyam Tilau Sutra 112			
Wischnika Rasi: 19.51	Tithi 11	<b>Gulika</b> 1:45PM – 3:20PM	<b>Jyeshtha Until 1:41AM Tue</b>	<b>Ganesha:</b> Clear Sunrise: 5:55AM
<b>Family Home Evening</b>		<b>Yama</b> 10:37AM – 12:11PM	<b>Indra Until 9:53PM</b>	<b>Muruga:</b> Blue Sunset: 6:28PM
		<b>Rahu</b> 7:29AM – 9:03AM	<b>Vanija Until 3:01PM</b>	<b>Nataraja:</b> Yellow Moon 7 - Phase 16 - 24
Creative Work	Siddha Yoga		<b>Ekadashi Until 3:41AM Tue</b>	<b>Moon - Orange</b> 4th Phase
Then Creative Work - Amrita Yoga			<b>Savana-Adi</b>	<b>Sivaloka Day</b>

<b>3</b>	<b>Tuesday, August 5, 2025</b>		Visvasaru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukhtayam an, Trinidad and Tobago	
	Mula Nakshatra Vaidhril Yoga Bava/Balava Karana Dvadashyam Tilau Sutra 113			
Dhanus Rasi: 2.08	Tithi 12	<b>Gulika</b> 12:11PM – 1:45PM	<b>Mula Until 3:29AM Wed</b>	<b>Ganesha:</b> Yellow Sunrise: 5:55AM
		<b>Yama</b> 9:03AM – 10:37AM	<b>Vaidhril Until 9:46PM</b>	<b>Muruga:</b> Blue Sunset: 6:27PM
		<b>Rahu</b> 3:19PM – 4:53PM	<b>Bava Until 4:16PM</b>	<b>Nataraja:</b> Yellow Moon 7 - Phase 16 - 25
Creative Work	Amrita Yoga		<b>Dvadashi Until 4:39AM Wed</b>	<b>Moon - Light Blue</b> 4th Phase
			<b>Savana-Adi</b>	<b>Sivaloka Day</b>

<b>4</b>	<b>Wednesday, August 6, 2025</b>		Visvasaru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Budha Vasara Yukhtayam an, Trinidad and Tobago	
	Purvashadha Nakshatra Vishkambha Yoga Kaulava/Tailila Karana Trayodashyam Tilau Sutra 114			
Dhanus Rasi: 14.39	Tithi 13	<b>Gulika</b> 10:37AM – 12:11PM	<b>Purvashadha Until 4:32AM Thu</b>	<b>Ganesha:</b> Yellow Sunrise: 5:55AM
		<b>Yama</b> 7:29AM – 9:03AM	<b>Vishkambha Until 9:12PM</b>	<b>Muruga:</b> Blue Sunset: 6:27PM
		<b>Rahu</b> 12:11PM – 1:45PM	<b>Kaulava Until 4:55PM</b>	<b>Nataraja:</b> Yellow Moon 7 - Phase 16 - 26
Creative Work	Amrita Yoga		<b>Trayodashi Until 5:00AM Thu</b>	<b>Moon - Light Blue</b> 4th Phase
Then Routine Work - Marana Yoga			<b>Pradosha Vata</b>	<b>Savana-Adi</b>
				<b>Sivaloka Day</b>

<b>5</b>	<b>Thursday, August 7, 2025</b>		Visvasaru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukhtayam an, Trinidad and Tobago	
	Uttarashadha Nakshatra Pritil Yoga Gara/Vanija Karana Chaturdashyam Tilau Sutra 115			
Dhanus Rasi: 27.26	Tithi 14	<b>Gulika</b> 9:03AM – 10:37AM	<b>Uttarashadha Until 4:51AM Fri</b>	<b>Ganesha:</b> Yellow Sunrise: 5:55AM
		<b>Yama</b> 5:55AM – 7:29AM	<b>Pritil Until 8:11PM</b>	<b>Muruga:</b> Blue Sunset: 6:27PM
		<b>Rahu</b> 1:45PM – 3:19PM	<b>Gara Until 4:58PM</b>	<b>Nataraja:</b> Yellow Moon 7 - Phase 16 - 27
Routine Work	Marana Yoga		<b>Chaturdashi Until 4:46AM Fri</b>	<b>Moon - Purple</b> 4th Phase
			<b>Savana-Adi</b>	<b>Sivaloka Day</b>

<b>○</b>	<b>Friday, August 8, 2025</b>		Visvasaru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Sukra Vasara Yukhtayam an, Trinidad and Tobago	
	Copper Retreat Star		Shravana Nakshatra Ayushman Yoga Visil Karana Purnimayam Tilau Sutra 116	
Makara Rasi: 10.32	Tithi 15	<b>Gulika</b> 7:29AM – 9:03AM	<b>Shravana Until 4:57AM Sat</b>	<b>Ganesha:</b> Blue Sunrise: 5:55AM
		<b>Yama</b> 3:19PM – 4:53PM	<b>Ayushman Until 6:41PM</b>	<b>Muruga:</b> Blue Sunset: 6:26PM
		<b>Rahu</b> 10:37AM – 12:11PM	<b>Visil Until 4:27PM</b>	<b>Nataraja:</b> Yellow Moon 7 - Phase 16 - Purnima
Routine Work	Marana Yoga		<b>Varalakshmi Vatham</b>	<b>Moon - Purple</b>
Then Creative Work - Siddha Yoga			<b>Purnima Until 3:59AM Sat</b>	<b>Savana-Adi</b>
				<b>Devaloka Day</b>

<b>○</b>	<b>Saturday, August 9, 2025</b>		Visvasaru Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yukhtayam an, Trinidad and Tobago	
	Silver Retreat Star		Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Tilau Sutra 117	
Makara Rasi: 23.55	Tithi 16	<b>Gulika</b> 5:55AM – 7:29AM	<b>Dhanishtha Until 4:25AM Sun</b>	<b>Ganesha:</b> Yellow Sunrise: 5:55AM
		<b>Yama</b> 1:45PM – 3:18PM	<b>Saubhagya Until 4:47PM</b>	<b>Muruga:</b> Blue Sunset: 6:26PM
		<b>Rahu</b> 9:03AM – 10:37AM	<b>Balava Until 3:26PM</b>	<b>Nataraja:</b> Yellow Moon 7 - Phase 16 - Prathama
Creative Work	Siddha Yoga		<b>Prathama Until 2:44AM Sun</b>	<b>Moon - Purple</b>
			<b>Savana-Adi</b>	<b>Sivaloka Day</b>

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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**Sunday, August 10, 2025**  
**Gold Retreat Star**

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Bhanu Vesara Yuktayam		ain, Trinidad and Tobago
		Shatabhishak Nakshatra Sobhana/Ahiganda* Yoga Talila/Gara Karana Dvityayam Titau		Sutra 118
<b>Gulika</b>	<b>3:18PM – 4:52PM</b>	<b>Shatabhishak Until 3:22AM Mon</b>	<b>Ganesha: Yellow</b>	<b>Sunrise: 5:55AM</b>
<b>Yama</b>	<b>12:11PM – 1:44PM</b>	<b>Sobhana Until 2:34PM</b>	<b>Muruga: Blue</b>	<b>Sunset: 6:29PM</b>
<b>Rahu</b>	<b>4:52PM – 6:26PM</b>	<b>Tailila Until 1:58PM</b>	<b>Nataraja: Yellow</b>	<b>Moon 8 - Phase 17 - 1st Phase</b>
Creative Work Siddha Yoga		<b>Dvitiya Until 1:06AM Mon</b>	<b>Moon - Purple</b>	<b>Sivaloka Day</b>
Until 3:22AM Mon			<b>Sravana-Adi</b>	
Then Routine Work - Marana Yoga				

**1**

**Monday, August 11, 2025**

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Indu Vesara Yuktayam		ain, Trinidad and Tobago
		Puravproshthapada* Nakshatra Ahiganda*/(Sakama Yoga Vanja/Visti* Karana Tritayam Titau		Sutra 119
<b>Gulika</b>	<b>1:44PM – 3:18PM</b>	<b>Puravproshthapada* Until 2:21AM Tue</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:55AM</b>
<b>Yama</b>	<b>10:37AM – 12:10PM</b>	<b>Ahiganda* Until 12:03PM</b>	<b>Muruga: Blue</b>	<b>Sunset: 6:29PM</b>
<b>Rahu</b>	<b>7:29AM – 9:03AM</b>	<b>Vanija Until 12:11PM</b>	<b>Nataraja: Yellow</b>	<b>Moon 8 - Phase 17 - 1st Phase</b>
Creative Work Siddha Yoga		<b>Tritiya Until 11:11PM</b>	<b>Vanin - Clear</b>	<b>Sivaloka Day</b>
Until 2:21AM Tue			<b>Sravana-Adi</b>	
Then Routine Work - Marana Yoga				

**2**

**Tuesday, August 12, 2025**

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mangala Vesara Yuktayam		ain, Trinidad and Tobago
		Uttaraproshtapada Nakshatra Sukarna/Dhriti Yoga Bava/Balava Karana Chaturthiyam Titau		Sutra 120
<b>Gulika</b>	<b>12:10PM – 1:44PM</b>	<b>Uttaraproshtapada Until 1:00AM Wed</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:56AM</b>
<b>Yama</b>	<b>9:03AM – 10:37AM</b>	<b>Sukarna Until 9:21AM</b>	<b>Muruga: Blue</b>	<b>Sunset: 6:29PM</b>
<b>Rahu</b>	<b>3:18PM – 4:51PM</b>	<b>Bava Until 10:10AM</b>	<b>Nataraja: Yellow</b>	<b>Moon 8 - Phase 17 - 2 1st Phase</b>
Creative Work Amrita Yoga		<b>Chaturthi* Until 9:04PM</b>	<b>Moon - Clear</b>	<b>Sivaloka Day</b>
Until 1:00AM Wed			<b>Sravana-Adi</b>	
Then Routine Work - Marana Yoga				

**3**

**Wednesday, August 13, 2025**

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vesara Yuktayam		ain, Trinidad and Tobago
		Revati Nakshatra Dhriti/Shula* Yoga Kaulava/Tailila Karana Panchamyam Titau		Sutra 121
<b>Gulika</b>	<b>10:36AM – 12:10PM</b>	<b>Revati Until 11:24PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:56AM</b>
<b>Yama</b>	<b>7:29AM – 9:03AM</b>	<b>Dhriti Until 6:33AM</b>	<b>Muruga: Blue</b>	<b>Sunset: 6:29PM</b>
<b>Rahu</b>	<b>12:10PM – 1:44PM</b>	<b>Kaulava Until 7:59AM</b>	<b>Nataraja: Yellow</b>	<b>Moon 8 - Phase 17 - 3 1st Phase</b>
Routine Work Marana Yoga		<b>Panchami Until 6:51PM</b>	<b>Moon - Clear</b>	<b>Sivaloka Day</b>
			<b>Sravana-Adi</b>	

**4**

**Thursday, August 14, 2025**

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guro Vesara Yuktayam		ain, Trinidad and Tobago
		Ashvini Nakshatra Ganda* Yoga Vanja/Visti* Karana Shashthi/Saptamyam Titau		Sutra 122
<b>Gulika</b>	<b>9:03AM – 10:36AM</b>	<b>Ashvini Until 10:03PM</b>	<b>Ganesha: Purple</b>	<b>Sunrise: 5:56AM</b>
<b>Yama</b>	<b>5:56AM – 7:29AM</b>	<b>Ganda* Until 12:43AM Fri</b>	<b>Muruga: Blue</b>	<b>Sunset: 6:29PM</b>
<b>Rahu</b>	<b>1:43PM – 3:17PM</b>	<b>Visti Until 3:27AM Fri</b>	<b>Nataraja: Yellow</b>	<b>Moon 8 - Phase 17 - 4 1st Phase</b>
Creative Work Amrita Yoga		<b>Shashthi* Until 4:35PM</b>	<b>Moon - White</b>	<b>Subha Sivaloka Day</b>
Until 10:03PM			<b>Sravana-Adi</b>	
Then Creative Work - Siddha Yoga				

**Friday, August 15, 2025**

**Retreat Star**

		Visvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vesara Yuktayam		ain, Trinidad and Tobago
		Bharani Nakshatra Viddhi Yoga Bava/Balava Karana Saptami/Ashamyam Titau		Sutra 123
<b>Gulika</b>	<b>7:29AM – 9:03AM</b>	<b>Bharani Until 8:34PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:56AM</b>
<b>Yama</b>	<b>3:17PM – 4:50PM</b>	<b>Viddhi Until 9:50PM</b>	<b>Muruga: Blue</b>	<b>Sunset: 6:29PM</b>
<b>Rahu</b>	<b>10:36AM – 12:10PM</b>	<b>Balava Until 1:12AM Sat</b>	<b>Nataraja: Yellow</b>	<b>Moon 8 - Phase 17 - 5 1st Phase</b>
Creative Work Siddha Yoga		<b>Saptami Until 2:18PM</b>	<b>Moon - White</b>	<b>Sivaloka Day</b>
			<b>Sravana-Adi</b>	
		<b>Krishna Janmashtami</b>		

**Saturday, August 16, 2025**

**Retreat Star**

		Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Shiba Mese Krishna Paksho Marita Vesara Yuktayam		ain, Trinidad and Tobago
		Kritika Nakshatra Dhruva Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau		Sutra 124
<b>Gulika</b>	<b>5:56AM – 7:29AM</b>	<b>Kritika Until 7:00PM</b>	<b>Ganesha: Clear</b>	<b>Sunrise: 5:56AM</b>
<b>Yama</b>	<b>1:43PM – 3:16PM</b>	<b>Dhruva Until 6:58PM</b>	<b>Muruga: Blue</b>	<b>Sunset: 6:29PM</b>
<b>Rahu</b>	<b>9:03AM – 10:36AM</b>	<b>Tailila Until 11:01PM</b>	<b>Nataraja: Yellow</b>	<b>Moon 8 - Phase 17 - 6 1st Phase</b>
Creative Work Amrita Yoga		<b>Ashtami* Until 12:05PM</b>	<b>Moon - White</b>	<b>Sivaloka Day</b>
			<b>Sravana-Avanti</b>	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1 Sunday, August 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Parvaphalguni Nakshatra Siddha Yoga Balava/Kaulava Karana Drilyayam Titau		in, Trinidad and Tobago Sun 14 Sutra 132	
Simha Rasi: 21.07	Tilthi 2	Gulika 3:13PM - 4:46PM Yama 12:08PM - 1:40PM Rahu 4:46PM - 6:19PM	<b>Purvaphalguni Until 4:33PM</b> Siddha Until 2:34AM Mon Balava Until 2:37PM <b>Dvitiya Until 3:04AM Mon</b>	Ganesha: Purple Muruga: Blue Nataraja: Yellow Moon - Red Bhadrapada-Avani	Sunrise: 5:56AM Sunset: 6:19PM Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga	57728572			<b>Devaloka Day</b>
Until 4:33PM					
Then Creative Work - Amrita Yoga					

2 Monday, August 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Talilla/Gara Karana Trilyayam Titau		in, Trinidad and Tobago Sun 15 Sutra 133	
Kanya Rasi: 3.39	Tilthi 3	Gulika 1:40PM - 3:13PM Yama 9:01AM - 10:34AM Rahu 7:29AM - 9:02AM	<b>Uttaraphalguni Until 6:10PM</b> Sadhya Until 2:39AM Tue Talilla Until 3:42PM <b>Tritiya Until 4:27AM Tue</b>	Ganesha: Purple Muruga: Blue Nataraja: Yellow Moon - Red Bhadrapada-Avani	Sunrise: 5:56AM Sunset: 6:19PM Moon 8 - Phase 19 - 15 3rd Phase
Family Home Evening	Siddha Yoga	57728572			<b>Devaloka Day</b>
Creative Work					

3 Tuesday, August 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Vanja/Vesli* Karana Chaturthayam Titau		in, Trinidad and Tobago Sun 16 Sutra 134	
Kanya Rasi: 15.56	Tilthi 4	Gulika 12:07PM - 1:40PM Yama 9:01AM - 10:34AM Rahu 3:13PM - 4:45PM	<b>Hasla Until 8:37PM</b> Subha Until 3:08AM Wed Vanija Until 5:21PM <b>Chaturthi* Until 6:19AM Wed</b>	Ganesha: Light Blue Muruga: Blue Nataraja: Yellow Moon - Green Bhadrapada-Avani	Sunrise: 5:56AM Sunset: 6:19PM Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga	567728572			<b>Devaloka Day</b>

4 Wednesday, August 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Vasi* Karana Chaturthi/Panchamyam Titau		in, Trinidad and Tobago Sun 17 Sutra 135	
Kanya Rasi: 28.02	Tilthi 4 - 5	Gulika 10:34AM - 12:07PM Yama 7:29AM - 9:01AM Rahu 12:07PM - 1:39PM	<b>Chitra Until 11:17PM</b> Sukla Until 3:51AM Thu Bava Until 7:24PM <b>Chaturthi* Until 6:19AM</b>	Ganesha: Light Blue Muruga: Blue Nataraja: White Moon - Green Bhadrapada-Avani	Sunrise: 5:56AM Sunset: 6:19PM Moon 8 - Phase 19 - 17 3rd Phase
Creative Work	Siddha Yoga	567728573			<b>Sivaloka Day</b>

5 Thursday, August 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam Svali Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		in, Trinidad and Tobago Sun 18 Sutra 136	
Tula Rasi: 9.59	Tilthi 5 - 6	Gulika 9:01AM - 10:34AM Yama 5:56AM - 7:29AM Rahu 1:39PM - 3:12PM	<b>Svali Until 2:01AM Fri</b> Brahma Until 4:45AM Fri Kaulava Until 9:44PM <b>Panchami Until 8:32AM</b>	Ganesha: Light Blue Muruga: Blue Nataraja: White Moon - Green Bhadrapada-Avani	Sunrise: 5:56AM Sunset: 6:19PM Moon 8 - Phase 19 - 18 3rd Phase
Creative Work	Amrita Yoga	567728573			<b>Sivaloka Day</b>
Until 2:01AM Fri					
Then Creative Work - Siddha Yoga					

6 Friday, August 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam Vishakha Nakshatra Indra Yoga Talilla/Gara Karana Shashthi/Sapthamyam Titau		in, Trinidad and Tobago Sun 19 Sutra 137	
Tula Rasi: 21.52	Tilthi 6 - 7	Gulika 7:28AM - 9:01AM Yama 3:11PM - 4:44PM Rahu 10:34AM - 12:06PM	<b>Vishakha Until 5:08AM Sat</b> Indra Until 5:41AM Sat Gara Until 12:09AM Sat <b>Shashthi* Until 10:55AM</b>	Ganesha: Clear Muruga: Blue Nataraja: White Moon - Orange Bhadrapada-Avani	Sunrise: 5:56AM Sunset: 6:19PM Moon 8 - Phase 19 - 19 3rd Phase
Creative Work	Siddha Yoga	578728573			<b>Subha Sivaloka Day</b>

Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Vanja/Vesli* Karana Sapthami/Ashtamyam Titau		in, Trinidad and Tobago Sun 20 Sutra 138	
Wishika Rasi: 3.45	Tilthi 7 - 8	Gulika 5:56AM - 7:28AM Yama 1:38PM - 3:11PM Rahu 9:01AM - 10:33AM	<b>Anuradha Until 7:55AM Sun</b> Vaidhriti* Until 6:27AM Sun Vesli Until 2:25AM Sun <b>Sapthami Until 1:17PM</b>	Ganesha: Clear Muruga: Blue Nataraja: White Moon - Orange Bhadrapada-Avani	Sunrise: 5:56AM Sunset: 6:19PM Moon 8 - Phase 19 - 20 Ashtami
Creative Work	Siddha Yoga	578728573			<b>Subha Sivaloka Day</b>
Until 7:55AM Sun					
Then Routine Work - Marana Yoga					

Retreat Star		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Vrikambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		in, Trinidad and Tobago Sun 21 Sutra 139	
Wishika Rasi: 15.41	Tilthi 8 - 9	Gulika 3:10PM - 4:43PM Yama 12:06PM - 1:38PM Rahu 4:43PM - 6:15PM	<b>Anuradha Until 7:55AM</b> Vaidhriti* Until 6:27AM Balava Until 4:23AM Mon <b>Ashtami* Until 3:26PM</b>	Ganesha: Clear Muruga: Blue Nataraja: White Moon - Orange Bhadrapada-Avani	Sunrise: 5:56AM Sunset: 6:19PM Moon 8 - Phase 19 - 21 Navami
Routine Work	Marana Yoga	578728573			<b>Subha Sivaloka Day</b>

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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<b>1</b>	<b>Monday, September 1, 2025</b>		Viswawasu Nama Samvatsare Dakshinaya Jwara Ritau Simha Mase: Sakta Paksha Indu Vasara Yukityam Jyeshtha/Mula/Nakshatra Vishkamba/Prii/Yoga Kadava/Tailita Karana Nawami/Dashmyam Titau				in, Trinidad and Tobago
	Wischika Rasi: 27.46	Tithi 9 – 10	<b>Gulika</b> 1:38PM – 3:10PM	<b>Jyeshtha</b> Untill 10:12AM	<b>Ganesh:</b> Clear	Sunrise: 5:56AM	Vasawasu 5:127
<b>Family Home Evening</b>		<b>Yama</b> 10:33AM – 12:05PM	<b>Vishkambha</b> Untill 6:58AM	<b>Muruga:</b> Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 4th Phase	
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b> 7:28AM – 9:00AM	Tailita Untill 5:52AM Tue	<b>Nataraja:</b> White			
			<b>Nawami</b> Untill 5:10PM	<b>Moon - Orange</b>		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Awani</b>			

<b>2</b>	<b>Tuesday, September 2, 2025</b>		Viswawasu Nama Samvatsare Dakshinaya Jwara Ritau Simha Mase: Sakta Paksha Mangala Vasara Yukityam Mula/Puruvashada/Nakshatra Prili/Ayushman Yoga Gara Karana Dashmyam Titau				in, Trinidad and Tobago
	Dhanus Rasi: 10.03	Tithi 10	<b>Gulika</b> 12:05PM – 1:37PM	<b>Mula</b> Untill 12:18PM	<b>Ganesh:</b> White	Sunrise: 5:56AM	Vasawasu 5:127
		<b>Yama</b> 9:00AM – 10:33AM	<b>Prii</b> Untill 7:07AM	<b>Muruga:</b> Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 4th Phase	
<b>Creative Work</b>	Amrita Yoga	<b>Rahu</b> 3:09PM – 4:42PM	Gara Untill 6:21PM	<b>Nataraja:</b> White			
Untill 12:18PM			<b>Dashami</b> Untill 6:21PM	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Awani</b>			

<b>3</b>	<b>Wednesday, September 3, 2025</b>		Viswawasu Nama Samvatsare Dakshinaya Jwara Ritau Simha Mase: Sakta Paksha Butha Vasara Yukityam Puruvashada/Uttarashada/Nakshatra Ayushman/Saubhaga Yoga Vanija/Vesit Karana Ekadashyam Titau				in, Trinidad and Tobago
	Dhanus Rasi: 22.36	Tithi 11	<b>Gulika</b> 10:32AM – 12:05PM	<b>Puruvashada</b> Untill 1:37PM	<b>Ganesh:</b> Green	Sunrise: 5:56AM	Vasawasu 5:127
		<b>Yama</b> 7:28AM – 9:00AM	<b>Ayushman</b> Untill 6:45AM	<b>Muruga:</b> Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 4th Phase	
<b>Creative Work</b>	Amrita Yoga	<b>Rahu</b> 12:05PM – 1:37PM	Vanija Untill 6:43AM	<b>Nataraja:</b> White			
			<b>Ekadashi</b> Untill 6:52PM	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Awani</b>			

<b>4</b>	<b>Thursday, September 4, 2025</b>		Viswawasu Nama Samvatsare Dakshinaya Jwara Ritau Simha Mase: Sakta Paksha Guru Vasara Yukityam Uttarashada/Shravana Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau				in, Trinidad and Tobago
	Makara Rasi: 5.29	Tithi 12	<b>Gulika</b> 9:00AM – 10:32AM	<b>Uttarashada</b> Untill 2:06PM	<b>Ganesh:</b> White	Sunrise: 5:56AM	Vasawasu 5:127
		<b>Yama</b> 5:56AM – 7:28AM	<b>Sobhana</b> Untill 4:25AM Fri	<b>Muruga:</b> Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 25 4th Phase	
<b>Routine Work</b>	Marana Yoga	<b>Rahu</b> 1:36PM – 3:09PM	Bava Untill 6:53AM	<b>Nataraja:</b> White			
Untill 2:06PM			<b>Dvadashi</b> Untill 6:40PM	<b>Moon - Light Blue</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Awani</b>			

<b>5</b>	<b>Friday, September 5, 2025</b>		Viswawasu Nama Samvatsare Dakshinaya Jwara Ritau Simha Mase: Sakta Paksha Saura Vasara Yukityam Shravana/Dhanishtha Nakshatra Athiganda Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				in, Trinidad and Tobago
	Makara Rasi: 18.43	Tithi 13 – 14	<b>Gulika</b> 7:28AM – 9:00AM	<b>Shravana</b> Untill 2:11PM	<b>Ganesh:</b> Yellow	Sunrise: 5:56AM	Vasawasu 5:127
		<b>Yama</b> 3:08PM – 4:40PM	<b>Athiganda</b> Untill 2:24AM Sat	<b>Muruga:</b> Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 26 4th Phase	
<b>Routine Work</b>	Marana Yoga	<b>Rahu</b> 10:32AM – 12:04PM	Kaulava Untill 6:20AM	<b>Nataraja:</b> White			
Untill 2:11PM		<b>Chidambaram Abhishekam</b>	<b>Trayodashi</b> Untill 5:47PM	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Awani</b>			
				<i>Pradosha Vata</i>			

<b>6</b>	<b>Saturday, September 6, 2025</b>		Viswawasu Nama Samvatsare Dakshinaya Jwara Ritau Simha Mase: Sakta Paksha Manta Vasara Yukityam Dhanishtha/Shatabhishak Nakshatra Sukarma Yoga Vanija/Vesit Karana Chaturdashi/Pumimayam Titau				in, Trinidad and Tobago
	Kumbha Rasi: 2.2	Tithi 14 – 15	<b>Gulika</b> 5:56AM – 7:28AM	<b>Dhanishtha</b> Untill 1:29PM	<b>Ganesh:</b> Yellow	Sunrise: 5:56AM	Vasawasu 5:127
		<b>Yama</b> 1:36PM – 3:08PM	<b>Sukarma</b> Untill 11:55PM	<b>Muruga:</b> Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - 27 4th Phase	
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b> 9:00AM – 10:32AM	Vesit Untill 3:18AM Sun	<b>Nataraja:</b> White			
Untill 1:29PM			<b>Chaturdashi</b> Untill 4:15PM	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Bhadrapada-Awani</b>			

<b>○</b>	<b>Sunday, September 7, 2025</b>		Viswawasu Nama Samvatsare Dakshinaya Jwara Ritau Simha Mase: Krishna Paksha Bhanu Vasara Yukityam Shatabhishak/Puruvashrothapada Nakshatra Dhriti Yoga Bava/Balava Karana Punima/Prathamayam Titau				in, Trinidad and Tobago
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:07PM – 4:39PM	<b>Shatabhishak</b> Untill 12:06PM	<b>Ganesh:</b> Yellow	Sunrise: 5:55AM	Vasawasu 5:127
	Kumbha Rasi: 16.19	Tithi 15 – 16	<b>Yama</b> 12:03PM – 1:35PM	<b>Dhriti</b> Untill 9:03PM	<b>Muruga:</b> Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - Punima
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b> 4:39PM – 6:11PM	Balava Untill 1:02AM Mon	<b>Nataraja:</b> White			
		<b>Grandparent's Day</b>	<b>Punima</b> Untill 2:12PM	<b>Moon - Purple</b>		<b>Subha Sivaloka Day</b>	
				<b>Bhadrapada-Awani</b>			

<b>Monday, September 8, 2025</b>	<b>Silver Retreat Star</b>		Viswawasu Nama Samvatsare Dakshinaya Jwara Ritau Simha Mase: Krishna Paksha Indu Vasara Yukityam Puruvashrothapada/Uttarashrothapada Nakshatra Shulu/Ganda Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau				in, Trinidad and Tobago
	Meena Rasi: 0.34	Tithi 16 – 17	<b>Gulika</b> 1:35PM – 3:07PM	<b>Puruvashrothapada</b> Untill 10:34AM	<b>Ganesh:</b> Yellow	Sunrise: 5:55AM	Vasawasu 5:127
		<b>Yama</b> 10:31AM – 12:03PM	<b>Shula</b> Untill 5:51PM	<b>Muruga:</b> Blue	Sunset: 6:19PM	Moon 8 - Phase 20 - Prathama	
<b>Family Home Evening</b>		<b>Rahu</b> 7:27AM – 8:59AM	Tailita Untill 10:25PM	<b>Nataraja:</b> White			
<b>Routine Work</b>	Marana Yoga		<b>Prathama</b> Untill 11:45AM	<b>Moon - Clear</b>		<b>Subha Sivaloka Day</b>	
Untill 10:34AM				<b>Bhadrapada-Awani</b>			
Then Creative Work - Siddha Yoga							

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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Tuesday, September 9, 2025

Gold Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Mangala Vasara Yuktyam

Uttaraprosphadapa/Revati Nakshatra Ganda/Vidhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

in, Trinidad and Tobago  
Sun 1 Sutra 148

Mesha Rasi: 15.04 TITHI 17 - 18  
Creative Work Amrita Yoga  
Until 8:38AM  
Then Creative Work - Siddha Yoga

519828573

Gulika 12:03PM - 1:34PM  
Yama 8:59AM - 10:31AM  
Rahu 3:06PM - 4:38PM

Uttaraprosphadapa Until 8:38AM  
Ganda\* Until 2:28PM  
Vanija Until 7:36PM  
Dvitiya Until 9:00AM

Ganesh: Yellow Sunrise: 5:55AM  
Muruga: Blue Sunset: 6:10PM  
Nataraja: White  
Moon - Clear  
Bhadrapada-Avani

Subha Sivaloka Day

1

Wednesday, September 10, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Budha Vasara Yuktyam

Revati/Ashvini Nakshatra Vidhi/Dhruva Yoga Vols\*/Balava Karana Tritiya/Chaturthayam Titau

in, Trinidad and Tobago  
Sun 2 Sutra 149

Mesha Rasi: 29.4 TITHI 18 - 19  
Routine Work Marana Yoga

519828573

Gulika 10:30AM - 12:02PM  
Yama 7:27AM - 8:59AM  
Rahu 12:02PM - 1:34PM

Revati Until 6:24AM  
Vidhi Until 11:01AM  
Balava Until 3:15AM Thu  
Tritiya Until 6:08AM

Ganesh: Yellow Sunrise: 5:55AM  
Muruga: Blue Sunset: 6:09PM  
Nataraja: White  
Moon - Clear  
Bhadrapada-Avani

Subha Sivaloka Day

2

Thursday, September 11, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Guru Vasara Yuktyam

Bharani Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taila Karana Panchmayam Titau

in, Trinidad and Tobago  
Sun 3 Sutra 150

Mesha Rasi: 14.16 TITHI 20  
Creative Work Siddha Yoga

529828573

Gulika 8:59AM - 10:30AM  
Yama 5:55AM - 7:27AM  
Rahu 1:33PM - 3:05PM

Bharani Until 2:26AM Fri  
Dhruva Until 7:32AM  
Kaulava Until 1:51PM  
Panchami Until 12:27AM Fri

Ganesh: White Sunrise: 5:55AM  
Muruga: Blue Sunset: 6:08PM  
Nataraja: White  
Moon - White  
Bhadrapada-Avani

Sivaloka Day

3

Friday, September 12, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Sukra Vasara Yuktyam

Kritika Nakshatra Harshana Yoga Gara/Vanija Karana Shashthiyam Titau

in, Trinidad and Tobago  
Sun 4 Sutra 151

Mesha Rasi: 28.48 TITHI 21  
Creative Work Siddha Yoga  
Until 12:31AM Sat  
Then Creative Work - Amrita Yoga

521828573

Gulika 7:27AM - 8:58AM  
Yama 3:05PM - 4:36PM  
Rahu 10:30AM - 12:01PM

Kritika Until 12:31AM Sat  
Harshana Until 1:01AM Sat  
Gara Until 11:09AM  
Shashthi\* Until 9:52PM

Ganesh: Blue Sunrise: 5:55AM  
Muruga: Blue Sunset: 6:08PM  
Nataraja: White  
Moon - White  
Bhadrapada-Avani

Sivaloka Day

4

Saturday, September 13, 2025

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Manu Vasara Yuktyam

Rohini Nakshatra Vajra\* Yoga Vols\*/Bava Karana Sapthamam Titau

in, Trinidad and Tobago  
Sun 5 Sutra 152

Wishabha Rasi: 13.1 TITHI 22  
Creative Work Amrita Yoga  
Until 11:10PM  
Then Creative Work - Siddha Yoga

531828573

Gulika 5:55AM - 7:27AM  
Yama 1:33PM - 3:04PM  
Rahu 8:58AM - 10:30AM

Rohini Until 11:10PM  
Vajra\* Until 10:04PM  
Volsi Until 8:42AM  
Sapthami Until 7:34PM

Ganesh: Red Sunrise: 5:55AM  
Muruga: Blue Sunset: 6:07PM  
Nataraja: White  
Moon - Yellow  
Bhadrapada-Avani

Subha Sivaloka Day

5

Sunday, September 14, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Bhanu Vasara Yuktyam

Mrigashira Nakshatra Siddhi Yoga Balava/Taila Karana Ashtami/Navamam Titau

in, Trinidad and Tobago  
Sun 6 Sutra 153

Wishabha Rasi: 27.2 TITHI 23 - 24  
Creative Work Siddha Yoga

531828573

Gulika 3:04PM - 4:35PM  
Yama 12:01PM - 1:32PM  
Rahu 4:35PM - 6:07PM

Mrigashira Until 10:01PM  
Siddhi Until 7:24PM  
Balava Until 6:34AM  
Ashtami\* Until 5:37PM

Ganesh: Red Sunrise: 5:55AM  
Muruga: Blue Sunset: 6:07PM  
Nataraja: White  
Moon - Yellow  
Bhadrapada-Avani

Subha Sivaloka Day

Monday, September 15, 2025

Retreat Star

Visvasu Nama Samvatsare Dakshinaya Jvana Ritau Simha Mese Krishna Paksho Indu Vasara Yuktyam

Ardra Nakshatra Vyalipata\*/Varjan Yoga Gara/Vanija Karana Navami/Dashamam Titau

in, Trinidad and Tobago  
Sun 7 Sutra 154

Mithuna Rasi: 11.16 TITHI 24 - 25  
Family Home Evening  
Creative Work Siddha Yoga  
Until 9:08PM  
Then Creative Work - Amrita Yoga

531828573

Gulika 1:32PM - 3:03PM  
Yama 10:29AM - 12:00PM  
Rahu 7:26AM - 8:58AM

Ardra Until 9:08PM  
Vyalipata\* Until 5:05PM  
Vanija Until 3:26AM Tue  
Navami\* Until 4:03PM

Ganesh: Red Sunrise: 5:55AM  
Muruga: Blue Sunset: 6:06PM  
Nataraja: White  
Moon - Yellow  
Bhadrapada-Avani

Subha Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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<b>1 Tuesday, September 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Mangala Vesara Yuktayam in, Trinidad and Tobago Panarvasu Nakshatra VarjyanParigha* Yoga Visti/Bava Karana DashamiEkadashyam Titau Sun 8 Sutra 155				
Mithuna Rasi: 24.56	TITHI 25 – 26	<b>Gulika</b> 12:00PM – 1:31PM	<b>Punarvasu</b> Until 8:56PM	<b>Ganesh:</b> Green	Sunrise: 5:55AM	Vishvasu 5:17
		<b>Yama</b> 8:57AM – 10:29AM	<b>Varjyan</b> Until 3:04PM	<b>Muruga:</b> Blue	Sunset: 6:09PM	Moon 9 - Phase 22 - 8
Creative Work	Siddha Yoga	<b>Rahu</b> 3:03PM – 4:34PM	<b>Bava</b> Until 2:30AM Wed	<b>Nataraja:</b> White		2nd Phase
			<b>Dashami</b> Until 2:54PM	<b>Moon - Blue</b>		
				<b>Bhadrapada-Puratasi</b>		<b>Sivaloka Day</b>

<b>2 Wednesday, September 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Budha Vesara Yuktayam in, Trinidad and Tobago Pushya Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana EkadashiDvadashyam Titau Sun 9 Sutra 156				
Kalka Rasi: 8.22	TITHI 26 – 27	<b>Gulika</b> 10:28AM – 12:00PM	<b>Pushya</b> Until 9:02PM	<b>Ganesh:</b> Green	Sunrise: 5:55AM	Vishvasu 5:17
		<b>Yama</b> 7:26AM – 8:57AM	<b>Parigha*</b> Until 1:24PM	<b>Muruga:</b> Blue	Sunset: 6:09PM	Moon 9 - Phase 22 - 9
Creative Work	Siddha Yoga	<b>Rahu</b> 12:00PM – 1:31PM	<b>Kaulava</b> Until 2:00AM Thu	<b>Nataraja:</b> White		2nd Phase
			<b>Ekadashi*</b> Until 2:11PM	<b>Moon - Blue</b>		
				<b>Bhadrapada-Puratasi</b>		<b>Sivaloka Day</b>

<b>3 Thursday, September 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Guru Vesara Yuktayam in, Trinidad and Tobago Ashlesha* Nakshatra Shiva/Siddha Yoga Talila/Gara Karana DvadasNI Trayodashyam Titau Sun 10 Sutra 157				
Kalka Rasi: 21.33	TITHI 27 – 28	<b>Gulika</b> 8:57AM – 10:28AM	<b>Ashlesha*</b> Until 9:25PM	<b>Ganesh:</b> Green	Sunrise: 5:55AM	Vishvasu 5:17
		<b>Yama</b> 5:55AM – 7:26AM	<b>Shiva</b> Until 12:07PM	<b>Muruga:</b> Blue	Sunset: 6:09PM	Moon 9 - Phase 22 - 10
Creative Work	Siddha Yoga	<b>Rahu</b> 1:30PM – 3:02PM	<b>Gara</b> Until 1:58AM Fri	<b>Nataraja:</b> White		2nd Phase
Until 9:25PM			<b>Dvadashi*</b> Until 1:54PM	<b>Moon - Blue</b>		
Then Creative Work - Amrita Yoga				<b>Bhadrapada-Puratasi</b>		<b>Sivaloka Day</b>
				<b>Pradosha Vata (Fasting)</b>		

<b>4 Friday, September 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Sukra Vesara Yuktayam in, Trinidad and Tobago Magha* Nakshatra Siddha/Sadhya Yoga Vanja/Visti* Karana TrayodashiChaturdashyam Titau Sun 11 Sutra 158				
Simha Rasi: 4.31	TITHI 28 – 29	<b>Gulika</b> 7:26AM – 8:57AM	<b>Magha*</b> Until 10:34PM	<b>Ganesh:</b> White	Sunrise: 5:55AM	Vishvasu 5:17
		<b>Yama</b> 3:01PM – 4:32PM	<b>Siddha</b> Until 11:09AM	<b>Muruga:</b> Blue	Sunset: 6:09PM	Moon 9 - Phase 22 - 11
Routine Work	Marana Yoga	<b>Rahu</b> 10:28AM – 11:59AM	<b>Visti</b> Until 2:24AM Sat	<b>Nataraja:</b> White		2nd Phase
Until 10:34PM			<b>Trayodashi*</b> Until 2:06PM	<b>Moon - Red</b>		
Then Creative Work - Siddha Yoga				<b>Bhadrapada-Puratasi</b>		<b>Sivaloka Day</b>

<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksha Mania Vesara Yuktayam in, Trinidad and Tobago Purvaphalguni Nakshatra Sadhya/Sukha Yoga Sakura/Catupada* Karana ChaturdashihAmavasyayam Titau Sun 12 Sutra 159				
Simha Rasi: 17.14	TITHI 29 – 30	<b>Gulika</b> 5:55AM – 7:26AM	<b>Purvaphalguni</b> Until 12:00AM Sun	<b>Ganesh:</b> White	Sunrise: 5:55AM	Vishvasu 5:17
		<b>Yama</b> 1:30PM – 3:01PM	<b>Sadhya</b> Until 10:34AM	<b>Muruga:</b> Blue	Sunset: 6:09PM	Moon 9 - Phase 22 - 12
Creative Work	Siddha Yoga	<b>Rahu</b> 8:57AM – 10:28AM	<b>Catupada</b> Until 3:17AM Sun	<b>Nataraja:</b> White		Amavasya
Until 12:00AM Sun			<b>Chaturdashi*</b> Until 2:46PM	<b>Moon - Red</b>		
Then Routine Work - Marana Yoga		<b>Mahalaya Amavasya (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>		<b>Sivaloka Day</b>

<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Paksha Shukra Vesara Yuktayam in, Trinidad and Tobago Uttaraphalguni Nakshatra Sukha/Sukla Yoga Naga/Kintughna* Karana AmavasyaPrathamayam Titau Sun 13 Sutra 160				
Simha Rasi: 29.46	TITHI 30 – 1	<b>Gulika</b> 3:00PM – 4:31PM	<b>Uttaraphalguni</b> Until 1:44AM Mon	<b>Ganesh:</b> White	Sunrise: 5:54AM	Vishvasu 5:17
		<b>Yama</b> 11:58AM – 1:29PM	<b>Sukha</b> Until 10:22AM	<b>Muruga:</b> Blue	Sunset: 6:09PM	Moon 9 - Phase 22 - 13
Creative Work	Amrita Yoga	<b>Rahu</b> 4:31PM – 6:02PM	<b>Kintughna</b> Until 4:39AM Mon	<b>Nataraja:</b> White		Prathama
Until 1:44AM Mon		<b>Navaratri Begins</b>	<b>Amavasya*</b> Until 3:53PM	<b>Moon - Red</b>		
Then Creative Work - Siddha Yoga				<b>Ashvina-Puratasi</b>		<b>Sivaloka Day</b>

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Port-of-Spain, Trinidad and Tobago on 12/20/23

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<b>1</b>	<b>Monday, September 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karayo Mase Sukla Pakche Indu Vasara Yuktayam an, Trinidad and Tobago			
	Hasa Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvityayam Tilau		Sun 14		Sutra 161	
Kanya Rasi: 12.05	Tilhi 1 – 2	<b>Gulika</b>	1:29PM – 3:00PM	<b>Hasa Until 4:11AM Tue</b>	<b>Ganesha:</b> Red	<b>Sarise:</b> 5:54AM
<b>Family Home Evening</b>		<b>Yama</b>	10:27AM – 11:58AM	<b>Sukla Until 10:29AM</b>	<b>Muruga:</b> Blue	<b>Samet:</b> 6:09PM
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	7:25AM – 8:56AM	<b>Balava Until 6:25AM Tue</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 23 - 15</b>
				<b>Prathama* Until 5:28PM</b>	<b>Moon - Green</b>	<b>3rd Phase</b>
					<b>Ashvina-Puratasi</b>	<b>Subha Sivaloka Day</b>

<b>2</b>	<b>Tuesday, September 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karayo Mase Sukla Pakche Mangala Vasara Yuktayam an, Trinidad and Tobago			
	Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvityayam Tilau		Sun 15		Sutra 162	
Kanya Rasi: 24.14	Tilhi 2	<b>Gulika</b>	11:58AM – 1:28PM	<b>Chitra Until 6:49AM Wed</b>	<b>Ganesha:</b> Red	<b>Sarise:</b> 5:54AM
		<b>Yama</b>	8:56AM – 10:27AM	<b>Brahma Until 10:54AM</b>	<b>Muruga:</b> Blue	<b>Samet:</b> 6:09PM
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	2:59PM – 4:30PM	<b>Balava Until 6:25AM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 23 - 15</b>
				<b>Dvitiya Until 7:25PM</b>	<b>Moon - Green</b>	<b>3rd Phase</b>
					<b>Ashvina-Puratasi</b>	<b>Subha Sivaloka Day</b>

<b>3</b>	<b>Wednesday, September 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karayo Mase Sukla Pakche Budha Vasara Yuktayam an, Trinidad and Tobago			
	Chitra/Svali Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Tritiyayam Tilau		Sun 16		Sutra 163	
Tula Rasi: 6.15	Tilhi 3	<b>Gulika</b>	10:26AM – 11:57AM	<b>Chitra Until 6:49AM</b>	<b>Ganesha:</b> Red	<b>Sarise:</b> 5:54AM
		<b>Yama</b>	7:25AM – 8:56AM	<b>Indra Until 11:36AM</b>	<b>Muruga:</b> Blue	<b>Samet:</b> 6:09PM
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	11:57AM – 1:28PM	<b>Tailila Until 8:32AM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 23 - 15</b>
				<b>Tritiya Until 9:40PM</b>	<b>Moon - Green</b>	<b>3rd Phase</b>
					<b>Ashvina-Puratasi</b>	<b>Subha Sivaloka Day</b>

<b>4</b>	<b>Thursday, September 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karayo Mase Sukla Pakche Guru Vasara Yuktayam an, Trinidad and Tobago			
	Svali/Vishakha Nakshatra Vaidhiti*/Vishkambha* Yoga Vanija/Visli* Karana Chaturthayam Tilau		Sun 17		Sutra 164	
Tula Rasi: 18.1	Tilhi 4	<b>Gulika</b>	8:56AM – 10:26AM	<b>Svali Until 9:31AM</b>	<b>Ganesha:</b> Red	<b>Sarise:</b> 5:54AM
		<b>Yama</b>	5:54AM – 7:25AM	<b>Vaidhiti* Until 12:26PM</b>	<b>Muruga:</b> Blue	<b>Samet:</b> 6:09PM
<b>Creative Work</b>	Amrita Yoga	<b>Rahu</b>	1:28PM – 2:58PM	<b>Vanija Until 10:54AM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 23 - 17</b>
<b>Until 9:31AM</b>				<b>Chaturthi* Until 12:06AM Fri</b>	<b>Moon - Green</b>	<b>3rd Phase</b>
<b>Then Creative Work - Siddha Yoga</b>					<b>Ashvina-Puratasi</b>	<b>Subha Sivaloka Day</b>

<b>5</b>	<b>Friday, September 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karayo Mase Sukla Pakche Sukra Vasara Yuktayam an, Trinidad and Tobago			
	Svali/Vishakha/Anuradha Nakshatra Vishkambha*/Pihli Yoga Bava/Balava Karana Panchmayam Tilau		Sun 18		Sutra 165	
Wishkila Rasi: 0.02	Tilhi 5	<b>Gulika</b>	7:25AM – 8:55AM	<b>Vishakha Until 12:40PM</b>	<b>Ganesha:</b> Blue	<b>Sarise:</b> 5:54AM
		<b>Yama</b>	2:58PM – 4:28PM	<b>Vishkambha* Until 1:21PM</b>	<b>Muruga:</b> Blue	<b>Samet:</b> 6:09PM
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	10:26AM – 11:57AM	<b>Bava Until 1:22PM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 23 - 18</b>
				<b>Panchami Until 2:35AM Sat</b>	<b>Moon - Orange</b>	<b>3rd Phase</b>
					<b>Ashvina-Puratasi</b>	<b>Subha Subha Sivaloka Day</b>

<b>6</b>	<b>Saturday, September 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karayo Mase Sukla Pakche Manu Vasara Yuktayam an, Trinidad and Tobago			
	Anuradha/Jyeshtha* Nakshatra Pihli/Ayushman Yoga Kaulava/Karana Shashthiyam Tilau		Sun 19		Sutra 166	
Wishkila Rasi: 11.53	Tilhi 6	<b>Gulika</b>	5:54AM – 7:25AM	<b>Anuradha Until 3:37PM</b>	<b>Ganesha:</b> Red	<b>Sarise:</b> 5:54AM
		<b>Yama</b>	1:27PM – 2:57PM	<b>Pihli Until 2:16PM</b>	<b>Muruga:</b> Blue	<b>Samet:</b> 6:09PM
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	8:55AM – 10:26AM	<b>Kaulava Until 3:48PM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 23 - 19</b>
				<b>Shashthi* Until 4:56AM Sun</b>	<b>Moon - Orange</b>	<b>3rd Phase</b>
					<b>Ashvina-Puratasi</b>	<b>Subha Sivaloka Day</b>

<b>7</b>	<b>Sunday, September 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karayo Mase Sukla Pakche Bhanu Vasara Yuktayam an, Trinidad and Tobago			
	Retreat Star		Sun 20		Sutra 167	
Wishkila Rasi: 23.48	Tilhi 7	<b>Gulika</b>	2:57PM – 4:27PM	<b>Jyeshtha* Until 6:12PM</b>	<b>Ganesha:</b> Green	<b>Sarise:</b> 5:54AM
		<b>Yama</b>	11:56AM – 1:26PM	<b>Ayushman Until 3:00PM</b>	<b>Muruga:</b> Blue	<b>Samet:</b> 6:09PM
<b>Routine Work</b>	Marana Yoga	<b>Rahu</b>	4:27PM – 5:58PM	<b>Gara Until 6:02PM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 23 - 20</b>
<b>Until 6:12PM</b>				<b>Saptami Until 7:00AM Mon</b>	<b>Moon - Orange</b>	<b>3rd Phase</b>
<b>Then Creative Work - Amrita Yoga</b>					<b>Ashvina-Puratasi</b>	<b>Sivaloka Day</b>

<b>8</b>	<b>Monday, September 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karayo Mase Sukla Pakche Indu Vasara Yuktayam an, Trinidad and Tobago			
	Retreat Star		Sun 21		Sutra 168	
Dhanu Rasi: 5.5	Tilhi 7 – 8	<b>Gulika</b>	1:26PM – 2:56PM	<b>Mula* Until 8:45PM</b>	<b>Ganesha:</b> Red	<b>Sarise:</b> 5:54AM
<b>Family Home Evening</b>		<b>Yama</b>	10:25AM – 11:56AM	<b>Saubhagya Until 3:28PM</b>	<b>Muruga:</b> Blue	<b>Samet:</b> 6:09PM
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	7:24AM – 8:55AM	<b>Visli Until 7:52PM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 23 - 21</b>
<b>Until 8:45PM</b>				<b>Saptami Until 7:00AM</b>	<b>Moon - Light Blue</b>	<b>Ashtami</b>
<b>Then Routine Work - Marana Yoga</b>		<b>Durga Ashtami</b>			<b>Ashvina-Puratasi</b>	<b>Subha Sivaloka Day</b>

<b>9</b>	<b>Tuesday, September 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karayo Mase Sukla Pakche Mangala Vasara Yuktayam an, Trinidad and Tobago			
	Retreat Star		Sun 22		Sutra 169	
Dhanu Rasi: 18.04	Tilhi 8 – 9	<b>Gulika</b>	11:55AM – 1:25PM	<b>Purvashadha* Until 10:35PM</b>	<b>Ganesha:</b> Red	<b>Sarise:</b> 5:54AM
		<b>Yama</b>	8:55AM – 10:25AM	<b>Sobhana Until 3:32PM</b>	<b>Muruga:</b> Blue	<b>Samet:</b> 6:09PM
<b>Creative Work</b>	Siddha Yoga	<b>Rahu</b>	2:56PM – 4:26PM	<b>Balava Until 9:09PM</b>	<b>Nataraja:</b> White	<b>Moon 9 - Phase 23 - 22</b>
<b>Until 10:35PM</b>				<b>Ashlami* Until 8:34AM</b>	<b>Moon - Light Blue</b>	<b>Navami</b>
<b>Then Routine Work - Prabarishila Yoga</b>		<b>Saraswathi Puja (Tamil Nadu)</b>			<b>Ashvina-Puratasi</b>	<b>Subha Sivaloka Day</b>

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantram 1502

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<b>1</b>		<b>Wednesday, October 1, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mase Sukla Paksha Butha Vasara Yuktayam Uttarashada Nakshatra Ahtiganda/Sukarna Yoga Kusina/Taitila Karana Navami/Dashmyam Tilau		in, Trinidad and Tobago Sun 23 Sutra 170
Makara Rasi: 0.33	Tithi 9 - 10	<b>Gulika</b> 10:25AM - 11:55AM Yama 7:24AM - 8:54AM 682928573 <b>Rahu</b> 11:55AM - 1:25PM	<b>Uttarashada Until 11:34PM</b> Ahtiganda* Until 3:03PM Taitila Until 9:44PM Navami* Until 9:31AM	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Light Blue Ashvini-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 5:56PM	Vishvasu 5:127 Moon 9 - Phase 24 - 23 4th Phase
Creative Work Amrita Yoga Until 11:34PM Then Creative Work - Siddha Yoga						<b>Subha Sivaloka Day</b>

<b>2</b>		<b>Thursday, October 2, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mase Sukla Paksha Garu Vasara Yuktayam Shravana Nakshatra Sukarna/Dhriti Yuga Gara/Vanija Karana Dashami/Ekadashyam Tilau		in, Trinidad and Tobago Sun 24 Sutra 171
Makara Rasi: 13.23	Tithi 10 - 11	<b>Gulika</b> 8:54AM - 10:24AM Yama 5:54AM - 7:24AM 692928573 <b>Rahu</b> 1:25PM - 2:55PM	<b>Shravana Until 12:05AM Fri</b> Sukarna Until 1:59PM Vanija Until 9:31PM Dashami Until 9:42AM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Purple Ashvini-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 5:59PM	Vishvasu 5:127 Moon 9 - Phase 24 - 24 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>

<b>3</b>		<b>Friday, October 3, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mase Sukla Paksha Sukra Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Tilau		in, Trinidad and Tobago Sun 25 Sutra 172
Makara Rasi: 26.37	Tithi 11 - 12	<b>Gulika</b> 7:24AM - 8:54AM Yama 2:54PM - 4:25PM 692928573 <b>Rahu</b> 10:24AM - 11:54AM	<b>Dhanishtha Until 11:41PM</b> Dhriti Until 12:18PM Bava Until 8:30PM Ekadashi Until 9:05AM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Purple Ashvini-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 5:59PM	Vishvasu 5:127 Moon 9 - Phase 24 - 25 4th Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>

<b>4</b>		<b>Saturday, October 4, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mase Sukla Paksha Manu Vasara Yuktayam Shatabhishak Nakshatra Shula*Ganda* Yoga Balava/Kaulava Karana Dvadasi/Trayodashyam Tilau		in, Trinidad and Tobago Sun 26 Sutra 173
Makara Rasi: 10.18	Tithi 12 - 13	<b>Gulika</b> 5:54AM - 7:24AM Yama 1:24PM - 2:54PM 692928573 <b>Rahu</b> 8:54AM - 10:24AM	<b>Shatabhishak Until 10:24PM</b> Shula* Until 9:58AM Kaulava Until 6:45PM Dvadashi Until 7:42AM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Purple Ashvini-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 5:59PM	Vishvasu 5:127 Moon 9 - Phase 24 - 26 4th Phase
Creative Work Amrita Yoga Until 10:24PM Then Routine Work - Marana Yoga		<b>Kadalswami Mahasamadi</b>		<i>Pradosha Vata</i>		<b>Sivaloka Day</b>

<b>5</b>		<b>Sunday, October 5, 2025</b>		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mase Sukla Paksha Bhanu Vasara Yuktayam Ganda*Widdhi Yoga Gara/Vanija Karana Chaturdashyam Tilau		in, Trinidad and Tobago Sun 27 Sutra 174
Makara Rasi: 24.25	Tithi 14	<b>Gulika</b> 2:54PM - 4:23PM Yama 11:54AM - 1:24PM 612928573 <b>Rahu</b> 4:23PM - 5:53PM	<b>Purvasroshthapada* Until 8:47PM</b> Ganda* Until 7:05AM Gara Until 4:21PM Chaturdashi* Until 2:56AM Mon	<b>Ganesh:</b> White <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Clear Ashvini-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 5:59PM	Vishvasu 5:127 Moon 9 - Phase 24 - 27 4th Phase
Creative Work Siddha Yoga Until 8:47PM Then Creative Work - Amrita Yoga		<b>Chidambaram Abhishekam</b>				<b>Sivaloka Day</b>

<b>Monday, October 6, 2025</b>		<b>Copper Retreat Star</b>		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mase Sukla Paksha Indu Vasara Yuktayam Uttarashrothapada Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Tilau		in, Trinidad and Tobago Sun 28 Sutra 175
Meena Rasi: 8.56	Tithi 15	<b>Gulika</b> 1:23PM - 2:53PM Yama 10:23AM - 11:53AM 613928573 <b>Rahu</b> 7:24AM - 8:54AM	<b>Uttarashrothapada Until 6:33PM</b> Dhruva Until 12:02AM Tue Visi Until 1:26PM Purnima* Until 11:49PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> White Moon - Clear Ashvini-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 5:59PM	Vishvasu 5:127 Moon 9 - Phase 24 - Purnima
Creative Work Siddha Yoga						<b>Subha Sivaloka Day</b>

<b>Tuesday, October 7, 2025</b>		<b>Silver Retreat Star</b>		Vishvasu Nama Samvatsara Dakshinaya Jvana Ritau Karya Mase Krishna Paksha Mangala Vasara Yuktayam Revathi/Ashini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Tilau		in, Trinidad and Tobago Sun 29 Sutra 176
Meena Rasi: 23.45	Tithi 16	<b>Gulika</b> 11:53AM - 1:23PM Yama 8:53AM - 10:23AM 613928574 <b>Rahu</b> 2:53PM - 4:22PM	<b>Revati Until 3:52PM</b> Vyaghata* Until 8:06PM Balava Until 10:10AM Prathama* Until 8:26PM	<b>Ganesh:</b> Clear <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Clear Ashvini-Puratasi	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 5:59PM	Vishvasu 5:127 Moon 9 - Phase 24 - Prathama
Creative Work Siddha Yoga						<b>Sivaloka Day</b>

Being the Life of life is splendid jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumanitram 1444

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**Wednesday, October 8, 2025****Gold Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Baha Vesara Yuktayam  
Ashvi/Bharani Nakshatra Hanbana/Vajra\* Yoga Talila/Vanija Karana Dvitiya/Tritiyayam Tilauin, Trinidad and Tobago  
Sun 1 Sutra 177

Mesha Rasi: 8.46	Tithi 17 - 18	<b>Gulika</b> 10:23AM - 11:53AM	<b>Ashvini Until 1:17PM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:54AM	Vasavasu 5:127
		<b>Yama</b> 7:24AM - 8:53AM	<b>Harshana Until 4:05PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 10 - Phase 25 - 2
		<b>Rahu</b> 11:53AM - 1:22PM	<b>Tailila Until 6:42AM</b>	<b>Nataraja:</b> Clear		1st Phase
<b>Routine Work</b>	Marana Yoga		<b>Dvitiya Until 4:56PM</b>	<b>Moon - White</b>		<b>Subha Sivaloka Day</b>
<b>Until 1:17PM</b>				<b>Ashvina-Puratasi</b>		
<b>Then Creative Work - Siddha Yoga</b>						

**Thursday, October 9, 2025****1**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Guru Vesara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi\* Yoga Vistil\*/Bava Karana Tritiya/Chaturthiyam Tilauin, Trinidad and Tobago  
Sun 2 Sutra 178

Mesha Rasi: 23.47	Tithi 18 - 19	<b>Gulika</b> 8:53AM - 10:23AM	<b>Bharani Until 10:35AM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:54AM	Vasavasu 5:127
		<b>Yama</b> 5:54AM - 7:23AM	<b>Vajra* Until 12:04PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 10 - Phase 25 - 2
		<b>Rahu</b> 1:22PM - 2:52PM	<b>Bava Until 11:49PM</b>	<b>Nataraja:</b> Clear		1st Phase
<b>Creative Work</b>	Siddha Yoga		<b>Tritiya Until 1:28PM</b>	<b>Moon - White</b>		<b>Subha Sivaloka Day</b>
<b>Until 10:35AM</b>				<b>Ashvina-Puratasi</b>		
<b>Then Routine Work - Marana Yoga</b>						

**Friday, October 10, 2025****2**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Sukra Vesara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyolipala\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilauin, Trinidad and Tobago  
Sun 3 Sutra 179

Wishabha Rasi: 8.43	Tithi 19 - 20	<b>Gulika</b> 7:23AM - 8:53AM	<b>Krittika Until 7:55AM</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:54AM	Vasavasu 5:127
		<b>Yama</b> 2:51PM - 4:21PM	<b>Siddhi Until 8:13AM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 10 - Phase 25 - 3
		<b>Rahu</b> 10:23AM - 11:52AM	<b>Kaulava Until 8:42PM</b>	<b>Nataraja:</b> Clear		1st Phase
<b>Creative Work</b>	Siddha Yoga		<b>Chaturthi* Until 10:12AM</b>	<b>Moon - White</b>		<b>Subha Sivaloka Day</b>
<b>Until 7:55AM</b>				<b>Ashvina-Puratasi</b>		
<b>Then Routine Work - Marana Yoga</b>						

**Saturday, October 11, 2025****3**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Manu Vesara Yuktayam  
Migashira Nakshatra Varjyan Yoga Talila/Vanija Karana Panchami/Shashthiyam Tilauin, Trinidad and Tobago  
Sun 4 Sutra 180

Wishabha Rasi: 23.25	Tithi 20 - 21	<b>Gulika</b> 5:54AM - 7:23AM	<b>Mrigashira Until 4:07AM Sun</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:54AM	Vasavasu 5:127
		<b>Yama</b> 1:21PM - 2:51PM	<b>Varjyan Until 1:25AM Sun</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 10 - Phase 25 - 4
		<b>Rahu</b> 8:53AM - 10:22AM	<b>Vanija Until 4:48AM Sun</b>	<b>Nataraja:</b> Clear		1st Phase
<b>Creative Work</b>	Siddha Yoga		<b>Panchami Until 7:16AM</b>	<b>Moon - Yellow</b>		<b>Sivaloka Day</b>
				<b>Ashvina-Puratasi</b>		

**Sunday, October 12, 2025****4**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Bhanu Vesara Yuktayam  
Ardra Nakshatra Parigaha\* Yoga Vistil\*/Bava Karana Sapthamyam Tilauin, Trinidad and Tobago  
Sun 5 Sutra 181

Mithuna Rasi: 7.46	Tithi 22	<b>Gulika</b> 2:51PM - 4:20PM	<b>Ardra Until 2:47AM Mon</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:54AM	Vasavasu 5:127
		<b>Yama</b> 11:52AM - 1:21PM	<b>Parigaha* Until 10:39PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 10 - Phase 25 - 5
		<b>Rahu</b> 4:20PM - 5:50PM	<b>Vistil Until 3:48PM</b>	<b>Nataraja:</b> Clear		1st Phase
<b>Creative Work</b>	Siddha Yoga		<b>Sapthami Until 2:54AM Mon</b>	<b>Moon - Yellow</b>		<b>Sivaloka Day</b>
<b>Until 2:47AM Mon</b>				<b>Ashvina-Puratasi</b>		
<b>Then Creative Work - Amrita Yoga</b>						

**Monday, October 13, 2025****5****Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Indu Vesara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Tilauin, Trinidad and Tobago  
Sun 6 Sutra 182

Mithuna Rasi: 21.46	Tithi 23	<b>Gulika</b> 1:21PM - 2:50PM	<b>Punarvasu Until 2:21AM Tue</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:54AM	Vasavasu 5:127
		<b>Yama</b> 10:22AM - 11:51AM	<b>Shiva Until 8:23PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 10 - Phase 25 - 6
		<b>Rahu</b> 7:23AM - 8:53AM	<b>Balava Until 2:12PM</b>	<b>Nataraja:</b> Clear		Ashtami
<b>Family Home Evening</b>			<b>Ashlami* Until 1:38AM Tue</b>	<b>Moon - Blue</b>		<b>Subha Sivaloka Day</b>
<b>Creative Work</b>	Amrita Yoga			<b>Ashvina-Puratasi</b>		
<b>Until 2:21AM Tue</b>						
<b>Then Creative Work - Siddha Yoga</b>						

**Tuesday, October 14, 2025****6****Retreat Star**Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Mangala Vesara Yuktayam  
Pushya Nakshatra Siddha Yoga Talila/Gara Karana Navamyam Tilauin, Trinidad and Tobago  
Sun 7 Sutra 183

Kataka Rasi: 5.22	Tithi 24	<b>Gulika</b> 11:51AM - 1:21PM	<b>Pushya Until 2:26AM Wed</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:54AM	Vasavasu 5:127
		<b>Yama</b> 8:53AM - 10:22AM	<b>Siddha Until 6:37PM</b>	<b>Muruga:</b> Blue	<b>Sunset:</b> 5:59PM	Moon 10 - Phase 25 - 7
		<b>Rahu</b> 2:50PM - 4:19PM	<b>Tailila Until 1:15PM</b>	<b>Nataraja:</b> Clear		Navami
<b>Creative Work</b>	Siddha Yoga		<b>Navami* Until 1:01AM Wed</b>	<b>Moon - Blue</b>		<b>Subha Sivaloka Day</b>
				<b>Ashvina-Puratasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Port-of-Spain, Trinidad and Tobago on 12/20/23

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<b>1</b>	<b>Wednesday, October 15, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivama Ritau Karya Mase Krishna Paksho Budha Vasara Yuktayam in, Trinidad and Tobago			
	Ashlesha* Nakshatra Sadhya/Sukha Yoga Vanija/Visti* Karana Dishamyam Titau		Sun 8 Sutra 184			
	Kataka Rasi: 18.36	Tithi 25	<b>Gulika</b> 10:22AM - 11:51AM Yama 7:23AM - 8:52AM 643928574 <b>Rahu</b> 11:51AM - 1:20PM	<b>Ashlesha* Until 2:59AM Thu</b> Sadhya Until 5:23PM Vanija Until 12:58PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Blue	Sunrise: 5:54AM Sunset: 5:48PM Moon 10 - Phase 26 - 8 2nd Phase
Creative Work Siddha Yoga Until 2:59AM Thu Then Creative Work - Amrita Yoga		<b>Subha Sivaloka Day</b>				

<b>2</b>	<b>Thursday, October 16, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivama Ritau Karya Mase Krishna Paksho Guru Vasara Yuktayam in, Trinidad and Tobago			
	Magha* Nakshatra Sadhya/Sukha Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 185			
	Simha Rasi: 1.31	Tithi 26	<b>Gulika</b> 8:52AM - 10:22AM Yama 5:54AM - 7:23AM 653928574 <b>Rahu</b> 1:20PM - 2:49PM	<b>Magha* Until 4:25AM Fri</b> Subha Until 4:38PM Bava Until 1:19PM	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red	Sunrise: 5:54AM Sunset: 5:48PM Moon 10 - Phase 26 - 9 2nd Phase
Creative Work Amrita Yoga Until 4:25AM Fri Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>				

<b>3</b>	<b>Friday, October 17, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivama Ritau Tula Mase Krishna Paksho Sukra Vasara Yuktayam in, Trinidad and Tobago			
	Purvaphalguni Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadashtyam Titau		Sun 10 Sutra 186			
	Simha Rasi: 14.09	Tithi 27	<b>Gulika</b> 7:23AM - 8:52AM Yama 2:49PM - 4:18PM 653928574 <b>Rahu</b> 10:21AM - 11:51AM	<b>Purvaphalguni Until 6:10AM Sat</b> Sukla Until 4:16PM Kaulava Until 2:12PM	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red	Sunrise: 5:54AM Sunset: 5:47PM Moon 10 - Phase 26 - 10 2nd Phase
Creative Work Siddha Yoga Until 6:10AM Sat Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>				

<b>4</b>	<b>Saturday, October 18, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivama Ritau Tula Mase Krishna Paksho Manta Vasara Yuktayam in, Trinidad and Tobago			
	Purvaphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 187			
	Simha Rasi: 26.34	Tithi 28	<b>Gulika</b> 5:54AM - 7:23AM Yama 1:19PM - 2:48PM 653928574 <b>Rahu</b> 8:52AM - 10:21AM	<b>Purvaphalguni Until 6:10AM</b> Brahma Until 4:17PM Gara Until 3:34PM	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red	Sunrise: 5:54AM Sunset: 5:47PM Moon 10 - Phase 26 - 11 2nd Phase
Creative Work Siddha Yoga Until 6:10AM Then Routine Work - Marana Yoga		<b>Sivaloka Day</b>				

<b>5</b>	<b>Sunday, October 19, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivama Ritau Tula Mase Krishna Paksho Shrau Vasara Yuktayam in, Trinidad and Tobago			
	Uttaraphalguni Nakshatra Indra/Vaidhri* Yoga Visti/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 188			
	Kanya Rasi: 8.49	Tithi 29	<b>Gulika</b> 2:48PM - 4:17PM Yama 11:50AM - 1:19PM 653928574 <b>Rahu</b> 4:17PM - 5:46PM	<b>Uttaraphalguni Until 8:10AM</b> Indra Until 4:35PM Visti Until 5:19PM	<b>Ganesh:</b> Red <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Red	Sunrise: 5:54AM Sunset: 5:46PM Moon 10 - Phase 26 - 12 2nd Phase
Creative Work Amrita Yoga Until 10:48AM Then Routine Work - Prabalarishtha Yoga		<b>Sivaloka Day</b>				

<b>Monday, October 20, 2025</b>	<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivama Ritau Tula Mase Krishna Paksho Indu Vasara Yuktayam in, Trinidad and Tobago			
	Hashta/Chitra Nakshatra Vaidhri*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Amavasya/Panchamayam Titau		Sun 13 Sutra 189			
	Kanya Rasi: 20.55	Tithi 29 - 30	<b>Gulika</b> 1:19PM - 2:48PM Yama 10:21AM - 11:50AM 664928574 <b>Rahu</b> 7:23AM - 8:52AM	<b>Hashta Until 10:48AM</b> Vaidhri* Until 5:06PM Catuspada Until 7:22PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green	Sunrise: 5:54AM Sunset: 5:46PM Moon 10 - Phase 26 - 13 Amavasya
Creative Work Siddha Yoga Until 10:48AM Then Routine Work - Prabalarishtha Yoga		<b>Devaloka Day</b>				

<b>Tuesday, October 21, 2025</b>	<b>Retreat Star</b>		Vishvasu Nama Samvatsare Dakshinaya Jivama Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam in, Trinidad and Tobago			
	Chitra/Sivali Nakshatra Vishkambha*/Pili Yoga Naga*/Kintughna* Karana Amavasya/Panchamayam Titau		Sun 14 Sutra 190			
	Tula Rasi: 2.55	Tithi 30 - 1	<b>Gulika</b> 11:50AM - 1:19PM Yama 8:52AM - 10:21AM 664928574 <b>Rahu</b> 2:48PM - 4:16PM	<b>Chitra Until 1:31PM</b> Vishkambha* Until 5:48PM Kintughna Until 9:39PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Blue <b>Nataraja:</b> Clear Moon - Green	Sunrise: 5:54AM Sunset: 5:45PM Moon 10 - Phase 26 - 14 Prathama
Creative Work Siddha Yoga Until 10:48AM Then Routine Work - Prabalarishtha Yoga		<b>Devaloka Day</b>				

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	<b>Wednesday, October 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam in, Trinidad and Tobago				
	Svali/Vishakha Nakshatra Pithi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Sun 15 Sutra 191				
	Tula Rasi: 14.5	Tithi 1 – 2	<b>Gulika</b> 10:21AM – 11:50AM	<b>Svali Until 4:14PM</b>	<b>Ganesh:</b> Green	Sunrise: 5:55AM	Vasavasru 5:127
	Creative Work	Siddha Yoga	Yama 7:23AM – 8:52AM Rahu 11:50AM – 1:18PM	Prithi Until 6:38PM Balava Until 12:05AM Thu Prathama* Until 10:50AM	Muruga: Yellow Nataraja: Clear Moon – Green	Sunset: 5:49PM	Moon 10 - Phase 27 - 15 3rd Phase
			<b>Bhuloka Day</b>		Devaloka Time: 3PM to 6PM		

2	<b>Thursday, October 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam in, Trinidad and Tobago				
	Vishakha Nakshatra Ayushman Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Titau		Sun 16 Sutra 192				
	Tula Rasi: 26.43	Tithi 2 – 3	<b>Gulika</b> 8:52AM – 10:21AM	<b>Vishakha Until 7:22PM</b>	<b>Ganesh:</b> White	Sunrise: 5:55AM	Vasavasru 5:127
	Creative Work	Siddha Yoga	Yama 5:55AM – 7:23AM Rahu 1:18PM – 2:47PM	Ayushman Until 7:30PM Taila Until 2:36AM Fri Dvitiya Until 1:19PM	Muruga: Yellow Nataraja: Clear Moon – Orange	Sunset: 5:49PM	Moon 10 - Phase 27 - 16 3rd Phase
			<b>Bhuloka Day</b>		Devaloka Time: 3PM to 6PM		

3	<b>Friday, October 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam in, Trinidad and Tobago				
	Anuradha Nakshatra Saubhaga Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Sun 17 Sutra 193				
	Wischika Rasi: 8.34	Tithi 3 – 4	<b>Gulika</b> 7:23AM – 8:52AM	<b>Anuradha Until 10:21PM</b>	<b>Ganesh:</b> White	Sunrise: 5:55AM	Vasavasru 5:127
	Creative Work	Siddha Yoga	Yama 2:47PM – 4:15PM Rahu 10:21AM – 11:49AM	Saubhaga Until 8:24PM Vanija Until 5:06AM Sat Tritiya Until 3:50PM	Muruga: Yellow Nataraja: Clear Moon – Orange	Sunset: 5:49PM	Moon 10 - Phase 27 - 17 3rd Phase
Then Routine Work - Marana Yoga			<b>Bhuloka Day</b>		Devaloka Time: 3PM to 6PM		

4	<b>Saturday, October 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Manta Vasara Yuktayam in, Trinidad and Tobago				
	Anuradha Nakshatra Saubhaga Yoga Visi* Karana Chaturthiyam Titau		Sun 18 Sutra 194				
	Wischika Rasi: 20.26	Tithi 4	<b>Gulika</b> 5:55AM – 7:23AM	<b>Jyeshtha* Until 1:05AM Sun</b>	<b>Ganesh:</b> White	Sunrise: 5:55AM	Vasavasru 5:127
	Creative Work	Siddha Yoga	Yama 1:18PM – 2:46PM Rahu 8:52AM – 10:21AM	Sobhana Until 9:14PM Visi Until 6:17PM Chaturthi* Until 6:17PM	Muruga: Yellow Nataraja: Clear Moon – Orange	Sunset: 5:49PM	Moon 10 - Phase 27 - 18 3rd Phase
Then Creative Work - Amrita Yoga			<b>Bhuloka Day</b>		Devaloka Time: 3PM to 6PM		

5	<b>Sunday, October 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bhanu Vasara Yuktayam in, Trinidad and Tobago				
	Mula* Nakshatra Alhiganda* Yoga Bava/Balava Karana Panchamyam Titau		Sun 19 Sutra 195				
	Dhanus Rasi: 2.21	Tithi 5	<b>Gulika</b> 2:46PM – 4:15PM	<b>Mula* Until 3:55AM Mon</b>	<b>Ganesh:</b> Clear	Sunrise: 5:55AM	Vasavasru 5:127
	Creative Work	Amrita Yoga	Yama 11:49AM – 1:18PM Rahu 4:15PM – 5:43PM	Alhiganda* Until 9:54PM Bava Until 7:29AM Panchami Until 8:33PM	Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunset: 5:49PM	Moon 10 - Phase 27 - 19 3rd Phase
Then Routine Work - Marana Yoga			<b>Devaloka Day</b>				

6	<b>Monday, October 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam in, Trinidad and Tobago				
	Purvashadha* Nakshatra Sukarma Yoga Kaulava/Taila Karana Shashthiyam Titau		Sun 20 Sutra 196				
	Dhanus Rasi: 14.22	Tithi 6	<b>Gulika</b> 1:18PM – 2:46PM	<b>Purvashadha* Until 6:14AM Tue</b>	<b>Ganesh:</b> Clear	Sunrise: 5:55AM	Vasavasru 5:127
	Family Home Evening	Routine Work	Yama 10:21AM – 11:49AM Rahu 7:24AM – 8:52AM	Sukarma Until 10:19PM Kaulava Until 9:36AM Shashthi* Until 10:29PM	Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunset: 5:49PM	Moon 10 - Phase 27 - 20 3rd Phase
Then Routine Work - Prabalarishya Yoga			<b>Devaloka Day</b>				

D	<b>Tuesday, October 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam in, Trinidad and Tobago				
	Purvashadha* Uttarashadha Nakshatra Dhriti Yoga Gara/Vanija Karana Saptamyam Titau		Sun 21 Sutra 197				
	Dhanus Rasi: 26.32	Tithi 7	<b>Gulika</b> 11:49AM – 1:17PM	<b>Purvashadha* Until 6:14AM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:55AM	Vasavasru 5:127
	Creative Work	Siddha Yoga	Yama 8:52AM – 10:21AM Rahu 2:46PM – 4:14PM	Dhriti Until 10:22PM Gara Until 11:17AM Saptami Until 11:54PM	Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunset: 5:49PM	Moon 10 - Phase 27 - 21 3rd Phase
Then Routine Work - Prabalarishya Yoga			<b>Devaloka Day</b>				

D	<b>Wednesday, October 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam in, Trinidad and Tobago				
	Uttarashadha/Shravana Nakshatra Shula* Yoga Visi*/Bava Karana Ashtamyam Titau		Sun 22 Sutra 198				
	Makara Rasi: 8.56	Tithi 8	<b>Gulika</b> 10:21AM – 11:49AM	<b>Uttarashadha Until 7:51AM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:56AM	Vasavasru 5:127
	Creative Work	Amrita Yoga	Yama 7:24AM – 8:52AM Rahu 11:49AM – 1:17PM	Shula* Until 9:52PM Visi Until 12:24PM Ashlami* Until 12:39AM Thu	Muruga: Yellow Nataraja: Clear Moon – Light Blue	Sunset: 5:49PM	Moon 10 - Phase 27 - 22 Ashtami
Then Creative Work - Siddha Yoga			<b>Devaloka Day</b>				

D	<b>Thursday, October 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam in, Trinidad and Tobago				
	Shravana/Dhanishtha Nakshatra Ganda* Yoga Balava/Kaulava Karana Navamyam Titau		Sun 23 Sutra 199				
	Makara Rasi: 21.39	Tithi 9	<b>Gulika</b> 8:52AM – 10:21AM	<b>Shravana Until 9:06AM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:56AM	Vasavasru 5:127
	Creative Work	Siddha Yoga	Yama 5:56AM – 7:24AM Rahu 1:17PM – 2:45PM	Ganda* Until 8:47PM Balava Until 12:45PM Navami* Until 12:37AM Fri	Muruga: Yellow Nataraja: Clear Moon – Purple	Sunset: 5:49PM	Moon 10 - Phase 27 - 23 Navami
			<b>Bhuloka Day</b>		Devaloka Time: 3PM to 6PM		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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<b>1</b>	<b>Friday, October 31, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktyayam		in, Trinidad and Tobago
	Dhanishtha/Shatabhishak Nakshatra Vilochi Yogi Talika/Gara Karana Dashantayam Titau		Sun 24		Sutra 200
Kumbha Rasi: 4.46	Tithi 10	<b>Gulika</b> 7:24AM - 8:52AM	<b>Dhanishtha Untill 9:23AM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:56AM
		<b>Yama</b> 2:45PM - 4:13PM	<b>Vridhii Untill 7:04PM</b>	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 10:21AM - 11:49AM	<b>Tailika Untill 12:18PM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 2B - 24
Creative Work	Siddha Yoga		<b>Dashami Untill 11:44PM</b>	<b>Moon - Purple</b>	4th Phase
				<b>Kartika-Alpasi</b>	<b>Bhuloka Day</b>
					Devaloka Time: 3PM to 6PM

<b>2</b>	<b>Saturday, November 1, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Menta Vasara Yuktyayam		in, Trinidad and Tobago
	Shatabhishak/Puravroshthapada Nakshatra Dhruva/Vyaghata Yogi Vanja/Vesli Karana Ekadashyam Titau		Sun 25		Sutra 201
Kumbha Rasi: 18.2	Tithi 11	<b>Gulika</b> 5:56AM - 7:24AM	<b>Shatabhishak Untill 8:42AM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:56AM
		<b>Yama</b> 1:17PM - 2:45PM	<b>Dhruva Untill 4:39PM</b>	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 8:52AM - 10:21AM	<b>Vanija Untill 11:00AM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 2B - 25
Creative Work	Amrita Yoga		<b>Ekadashi Untill 10:02PM</b>	<b>Moon - Purple</b>	4th Phase
Then Routine Work	Marana Yoga			<b>Kartika-Alpasi</b>	<b>Devaloka Day</b>

<b>3</b>	<b>Sunday, November 2, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bhana Vasara Yuktyayam		in, Trinidad and Tobago
	Puravroshthapada/Ultravroshthapada Nakshatra Vyaghata/Harshana Yoga Bava/Balava Karana Dvadashyam Titau		Sun 26		Sutra 202
Meena Rasi: 2.24	Tithi 12	<b>Gulika</b> 2:45PM - 4:13PM	<b>Puravroshthapada Untill 7:33AM</b>	<b>Ganesh:</b> Clear	Sunrise: 5:56AM
		<b>Yama</b> 11:49AM - 1:17PM	<b>Vyaghata Untill 1:39PM</b>	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 4:13PM - 5:41PM	<b>Bava Untill 8:55AM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 2B - 26
Creative Work	Siddha Yoga		<b>Dvadashi Untill 7:36PM</b>	<b>Moon - Clear</b>	4th Phase
Untill 7:33AM				<b>Kartika-Alpasi</b>	<b>Devaloka Day</b>
Then Routine Work	Amrita Yoga				

<b>4</b>	<b>Monday, November 3, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktyayam		in, Trinidad and Tobago
	Revati Nakshatra Harshana/Vajra Yogi Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27		Sutra 203
Meena Rasi: 16.55	Tithi 13 - 14	<b>Gulika</b> 1:17PM - 2:45PM	<b>Revati Untill 2:55AM Tue</b>	<b>Ganesh:</b> Clear	Sunrise: 5:57AM
<b>Family Home Evening</b>		<b>Yama</b> 10:21AM - 11:49AM	<b>Harshana Untill 10:08AM</b>	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 7:25AM - 8:53AM	<b>Kaulava Untill 6:10AM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 2B - 27
Creative Work	Siddha Yoga		<b>Trayodashi Untill 4:34PM</b>	<b>Moon - Clear</b>	4th Phase
				<b>Kartika-Alpasi</b>	<b>Devaloka Day</b>

Pradosha Vata

<b>O</b>	<b>Tuesday, November 4, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktyayam		in, Trinidad and Tobago
	<b>Copper Retreat Star</b>		Ashvini Nakshatra Vajra/Siddhi Yogi Vanja/Vesli Karana Chaturdash/Purnimayam Titau		Sutra 204
Mesha Rasi: 1.5	Tithi 14 - 15	<b>Gulika</b> 11:49AM - 1:17PM	<b>Ashvini Untill 12:10AM Wed</b>	<b>Ganesh:</b> Purple	Sunrise: 5:57AM
		<b>Yama</b> 8:53AM - 10:21AM	<b>Vajra Untill 6:11AM</b>	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 2:45PM - 4:13PM	<b>Visli Untill 11:16PM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 2B - Purnima
Creative Work	Siddha Yoga		<b>Chaturdash Untill 1:06PM</b>	<b>Moon - White</b>	
				<b>Kartika-Alpasi</b>	<b>Sivaloka Day</b>

<b>W</b>	<b>Wednesday, November 5, 2025</b>		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksho Budha Vasara Yuktyayam		in, Trinidad and Tobago
	<b>Silver Retreat Star</b>		Bharani Nakshatra Vyatipala Yogi Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 205
Mesha Rasi: 17.02	Tithi 15 - 16	<b>Gulika</b> 10:21AM - 11:49AM	<b>Bharani Untill 9:06PM</b>	<b>Ganesh:</b> Purple	Sunrise: 5:57AM
		<b>Yama</b> 7:25AM - 8:53AM	<b>Vyatipala Untill 9:37PM</b>	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 11:49AM - 1:17PM	<b>Balava Untill 7:26PM</b>	<b>Nataraja:</b> Clear	Moon 10 - Phase 2B - Prathama
Creative Work	Siddha Yoga		<b>Purnima Untill 9:21AM</b>	<b>Moon - White</b>	
Untill 9:06PM				<b>Kartika-Alpasi</b>	<b>Sivaloka Day</b>
Then Creative Work	Amrita Yoga				

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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**Thursday, November 6, 2025****Gold Retreat Star**Viswvasu Nama Samvatsara Dakshinaya Jvana Ritau Tula Mese Krishna Pakche Guru Vasara Yuktayam  
Kritika/Rohini Nakshatra Varjyan/Parigha\* Yoga Talilla/Gara Karana Dvityayam Titauin, Trinidad and Tobago  
Sutra 206

Wishabha Rasi: 2.2 Tithi 17

Gulika 8:53AM - 10:21AM  
Yama 5:57AM - 7:25AM  
Rahu 1:17PM - 2:45PMKritika Until 5:55PM  
Varjyan Until 5:15PM  
Talilla Until 3:35PMGanesha: Clear Sunrise: 5:57AM  
Muruga: Yellow Sunset: 5:40PM  
Nataraja: ClearVasarasu 5:17  
Moon 11 - Phase 29 - 1st Phase

Routine Work Marana Yoga

Dvitiya Until 1:42AM Fri

Moon - White  
Kartika-Alpasi**Devaloka Day****Friday, November 7, 2025****1**Viswvasu Nama Samvatsara Dakshinaya Jvana Ritau Tula Mese Krishna Pakche Sakra Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Shiva Yoga Varjya/Visi\* Karana Trityayam Titauin, Trinidad and Tobago  
Sun 1 Sutra 207

Wishabha Rasi: 17.34 Tithi 18

Gulika 7:25AM - 8:53AM  
Yama 2:45PM - 4:12PM  
Rahu 10:21AM - 11:49AMRohini Until 3:09PM  
Parigha\* Until 1:02PM  
Vanija Until 11:54AMGanesha: Purple Sunrise: 5:58AM  
Muruga: Yellow Sunset: 5:40PM  
Nataraja: ClearVasarasu 5:17  
Moon 11 - Phase 29 - 1st Phase

Routine Work Marana Yoga

Tritiya Until 10:10PM

Moon - Yellow  
Kartika-Alpasi**Sivaloka Day**

Until 3:09PM

Then Creative Work - Siddha Yoga

**Saturday, November 8, 2025****2**Viswvasu Nama Samvatsara Dakshinaya Jvana Ritau Tula Mese Krishna Pakche Marita Vasara Yuktayam  
Mrgashira/Ardra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaluriyam Titauin, Trinidad and Tobago  
Sun 2 Sutra 208

Mihuna Rasi: 2.34 Tithi 19

Gulika 5:58AM - 7:26AM  
Yama 1:17PM - 2:44PM  
Rahu 8:53AM - 10:21AMMrgashira Until 12:38PM  
Shiva Until 9:07AM  
Bava Until 8:33AMGanesha: Purple Sunrise: 5:58AM  
Muruga: Yellow Sunset: 5:40PM  
Nataraja: ClearVasarasu 5:17  
Moon 11 - Phase 29 - 2 1st Phase

Creative Work Siddha Yoga

Chalurihi\* Until 7:02PM

Moon - Yellow  
Kartika-Alpasi**Sivaloka Day****Sunday, November 9, 2025****3**Viswvasu Nama Samvatsara Dakshinaya Jvana Ritau Tula Mese Krishna Pakche Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya Yoga Talilla/Gara Karana Panchami/Shashthiyam Titauin, Trinidad and Tobago  
Sun 3 Sutra 209

Mihuna Rasi: 17.13 Tithi 20 - 21

Gulika 2:44PM - 4:12PM  
Yama 11:49AM - 1:17PM  
Rahu 4:12PM - 5:40PMArdra Until 10:30AM  
Sadhya Until 2:35AM Mon  
Gara Until 3:29AM MonGanesha: Purple Sunrise: 5:58AM  
Muruga: Yellow Sunset: 5:40PM  
Nataraja: ClearVasarasu 5:17  
Moon 11 - Phase 29 - 3 1st Phase

Creative Work Siddha Yoga

Panchami Until 4:29PM

Moon - Yellow  
Kartika-Alpasi**Sivaloka Day****Monday, November 10, 2025****4**Viswvasu Nama Samvatsara Dakshinaya Jvana Ritau Tula Mese Krishna Pakche Indu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Varjya/Visi\* Karana Shashthi/Saptamyam Titauin, Trinidad and Tobago  
Sun 4 Sutra 210

Kataka Rasi: 1.24 Tithi 21 - 22

Gulika 1:17PM - 2:44PM  
Yama 10:21AM - 11:49AM  
Rahu 7:26AM - 8:54AMPunarvasu Until 9:18AM  
Subha Until 12:13AM Tue  
Visi Until 2:02AM TueGanesha: Clear Sunrise: 5:59AM  
Muruga: Yellow Sunset: 5:40PM  
Nataraja: ClearVasarasu 5:17  
Moon 11 - Phase 29 - 4 1st Phase

Creative Work Amrita Yoga

Shashthi\* Until 2:38PM

Moon - Blue  
Kartika-Alpasi**Devaloka Day**

Until 9:18AM

Then Creative Work - Siddha Yoga

**Tuesday, November 11, 2025****5****Retreat Star**Viswvasu Nama Samvatsara Dakshinaya Jvana Ritau Tula Mese Krishna Pakche Mangala Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titauin, Trinidad and Tobago  
Sun 5 Sutra 211

Kataka Rasi: 15.07 Tithi 22 - 23

Gulika 11:49AM - 1:17PM  
Yama 8:54AM - 10:22AM  
Rahu 2:44PM - 4:12PMPushya Until 8:45AM  
Sukla Until 10:27PM  
Balava Until 1:25AM WedGanesha: White Sunrise: 5:59AM  
Muruga: Yellow Sunset: 5:40PM  
Nataraja: ClearVasarasu 5:17  
Moon 11 - Phase 29 - 5 Ashtami

Creative Work Siddha Yoga

Saptami Until 1:36PM

Moon - Blue  
Kartika-Alpasi**Bhuloka Day**

Devaloka Time: 3PM to 6PM

**Wednesday, November 12, 2025****6****Retreat Star**Viswvasu Nama Samvatsara Dakshinaya Jvana Ritau Tula Mese Krishna Pakche Budha Vasara Yuktayam  
Ashlesha/Magha\* Nakshatra Brahma Yoga Kadava/Tailila Karana Ashtami/Navamyam Titauin, Trinidad and Tobago  
Sun 6 Sutra 212

Kataka Rasi: 28.22 Tithi 23 - 24

Gulika 10:22AM - 11:49AM  
Yama 7:27AM - 8:54AM  
Rahu 11:49AM - 1:17PMAshlesha\* Until 8:51AM  
Brahma Until 9:22PM  
Tailila Until 1:37AM ThuGanesha: White Sunrise: 5:59AM  
Muruga: Yellow Sunset: 5:40PM  
Nataraja: ClearVasarasu 5:17  
Moon 11 - Phase 29 - 6 Navami

Creative Work Siddha Yoga

Ashtami\* Until 1:24PM

Moon - Blue  
Kartika-Alpasi**Bhuloka Day**

Devaloka Time: 3PM to 6PM

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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1		Thursday, November 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktyam Magha/Purvaphalguni Nakshatra Indra Yoga Gara/Vanija Karana Navami/Dashmashyam Titau		in, Trinidad and Tobago Sun 7 Sutra 213	
Simha Rasi: 11.11	Tithi 24 – 25	<b>Gulika</b> 8:55AM – 10:22AM	<b>Magha* Until 10:03AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:00AM	<b>Vasavasa:</b> 5:17	
		<b>Yama</b> 6:00AM – 7:27AM	<b>Indra Until 8:53PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:39PM	<b>Moon 11 - Phase 30 - 7</b>	2nd Phase
		<b>Rahu</b> 1:17PM – 2:44PM	<b>Vanija Until 2:35AM Fri</b>	<b>Nataraja:</b> Clear			
Creative Work	Amrita Yoga		<b>Navami* Until 2:00PM</b>	<b>Moon - Red</b>			<b>Devaloka Day</b>
Until 10:03AM				<b>Kartika-Alpasi</b>			
Then Creative Work - Siddha Yoga							

2		Friday, November 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Satra Vasara Yuktyam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhri* Yoga Vist/Bara Karana Dashami/Ekadeshyam Titau		in, Trinidad and Tobago Sun 8 Sutra 214	
Simha Rasi: 23.41	Tithi 25 – 26	<b>Gulika</b> 7:27AM – 8:55AM	<b>Purvaphalguni Until 11:47AM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:00AM	<b>Vasavasa:</b> 5:17	
		<b>Yama</b> 2:45PM – 4:12PM	<b>Vaidhri* Until 8:52PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:39PM	<b>Moon 11 - Phase 30 - 8</b>	2nd Phase
		<b>Rahu</b> 10:22AM – 11:50AM	<b>Bava Until 4:10AM Sat</b>	<b>Nataraja:</b> Clear			
Creative Work	Siddha Yoga		<b>Dashami Until 3:17PM</b>	<b>Moon - Red</b>			<b>Devaloka Day</b>
				<b>Kartika-Alpasi</b>			

3		Saturday, November 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manta Vasara Yuktyam Uttaraphalguni/Hasta Nakshatra Vishkamba* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		in, Trinidad and Tobago Sun 9 Sutra 215	
Kanya Rasi: 5.55	Tithi 26 – 27	<b>Gulika</b> 6:00AM – 7:28AM	<b>Uttaraphalguni Until 1:53PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:00AM	<b>Vasavasa:</b> 5:17	
		<b>Yama</b> 1:17PM – 2:45PM	<b>Vishkamba* Until 9:15PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:39PM	<b>Moon 11 - Phase 30 - 9</b>	2nd Phase
		<b>Rahu</b> 8:55AM – 10:22AM	<b>Kaulava Until 6:13AM Sun</b>	<b>Nataraja:</b> Clear			
Routine Work	Marana Yoga		<b>Ekadashi* Until 5:08PM</b>	<b>Moon - Red</b>			<b>Devaloka Day</b>
				<b>Kartika-Alpasi</b>			

4		Sunday, November 16, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Bhanu Vasara Yuktyam Hasta/Chitra Nakshatra Pili Yoga Kaulava/Taila Karana Dvadashyam Titau		in, Trinidad and Tobago Sun 10 Sutra 216	
Kanya Rasi: 17.59	Tithi 27	<b>Gulika</b> 2:45PM – 4:12PM	<b>Hasta Until 4:42PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:01AM	<b>Vasavasa:</b> 5:17	
		<b>Yama</b> 11:50AM – 1:17PM	<b>Pili Until 9:54PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:39PM	<b>Moon 11 - Phase 30 - 10</b>	2nd Phase
		<b>Rahu</b> 4:12PM – 5:39PM	<b>Kaulava Until 6:13AM</b>	<b>Nataraja:</b> Purple			
Creative Work	Amrita Yoga		<b>Dvadashi* Until 7:20PM</b>	<b>Moon - Green</b>			<b>Sivaloka Day</b>
Until 4:42PM				<b>Kartika-Kartikai</b>			
Then Creative Work - Siddha Yoga							

5		Monday, November 17, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Indra Vasara Yuktyam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		in, Trinidad and Tobago Sun 11 Sutra 217	
Kanya Rasi: 29.56	Tithi 28	<b>Gulika</b> 1:17PM – 2:45PM	<b>Chitra Until 7:34PM</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 6:01AM	<b>Vasavasa:</b> 5:17	
<b>Family Home Evening</b>		<b>Yama</b> 10:23AM – 11:50AM	<b>Ayushman Until 10:40PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:39PM	<b>Moon 11 - Phase 30 - 11</b>	2nd Phase
<b>Routine Work</b>	<b>Prabalarishta Yoga</b>	<b>Rahu</b> 7:28AM – 8:56AM	<b>Gara Until 8:33AM</b>	<b>Nataraja:</b> Purple			
Until 7:34PM			<b>Trayodashi* Until 9:46PM</b>	<b>Moon - Green</b>			<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Kartika-Kartikai</b>			
				<b>Pradosha Vata (Fasting)</b>			

6		Tuesday, November 18, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Mangala Vasara Yuktyam Svati Nakshatra Saubhagya Yoga Vist/Sakuni* Karana Chaturdashyam Titau		in, Trinidad and Tobago Sun 12 Sutra 218	
Tula Rasi: 11.49	Tithi 29	<b>Gulika</b> 11:50AM – 1:18PM	<b>Svati Until 10:21PM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:01AM	<b>Vasavasa:</b> 5:17	
		<b>Yama</b> 8:56AM – 10:23AM	<b>Saubhagya Until 11:31PM</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:39PM	<b>Moon 11 - Phase 30 - 12</b>	2nd Phase
		<b>Rahu</b> 2:45PM – 4:12PM	<b>Visti Until 11:02AM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 12:17AM Wed</b>	<b>Moon - Green</b>			<b>Devaloka Day</b>
Until 10:21PM				<b>Kartika-Kartikai</b>			
Then Routine Work - Marana Yoga							

●		Wednesday, November 19, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Krishna Paksha Budha Vasara Yuktyam Vishaka Nakshatra Sobhana Yoga Caluspada* Niaga* Karana Amavasyayam Titau		in, Trinidad and Tobago Sun 13 Sutra 219	
<b>Retreat Star</b>		<b>Gulika</b> 10:23AM – 11:51AM	<b>Vishakha Until 1:29AM Thu</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:02AM	<b>Vasavasa:</b> 5:17	
Tula Rasi: 23.41	Tithi 30	<b>Yama</b> 7:29AM – 8:56AM	<b>Sobhana Until 12:24AM Thu</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:39PM	<b>Moon 11 - Phase 30 - 13</b>	Amavasya
		<b>Rahu</b> 11:51AM – 1:18PM	<b>Caluspada Until 1:34PM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Amavasya* Until 2:48AM Thu</b>	<b>Moon - Orange</b>			<b>Devaloka Day</b>
				<b>Kartika-Kartikai</b>			

Thursday, November 20, 2025		Retreat Star		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishika Mase Sula Paksha Guru Vasara Yuktyam Anuradha Nakshatra Abhiganda* Yoga Kinughna/Bava Karana Prathamayam Titau		in, Trinidad and Tobago Sun 14 Sutra 220	
Vishika Rasi: 5.33	Tithi 1	<b>Gulika</b> 8:57AM – 10:24AM	<b>Anuradha Until 4:24AM Fri</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 6:02AM	<b>Vasavasa:</b> 5:17	
		<b>Yama</b> 6:02AM – 7:29AM	<b>Abhiganda* Until 1:12AM Fri</b>	<b>Muruga:</b> Yellow	<b>Sunset:</b> 5:39PM	<b>Moon 11 - Phase 30 - 14</b>	Prathama
		<b>Rahu</b> 1:18PM – 2:45PM	<b>Kinughna Until 4:05PM</b>	<b>Nataraja:</b> Purple			
Creative Work	Siddha Yoga		<b>Prathama* Until 5:17AM Fri</b>	<b>Moon - Orange</b>			<b>Devaloka Day</b>
Until 4:24AM Fri				<b>Margasira-Kartikai</b>			
Then Routine Work - Marana Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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<b>1 Friday, November 21, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukarma Yoga Balava Karana Dvityayam Titau			an, Trinidad and Tobago Sun 15	Sutra 221
Wischika Rasi: 17.26	Tithi 2	<b>Gulika</b> 7:30AM – 8:57AM Yama 2:45PM – 4:12PM 787238575	<b>Jyeshtha* Until 7:04AM Sat</b> Sukarma Until 1:57AM Sat Balava Until 6:30PM Dvitiya Until 7:39AM Sat	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Orange Margasira-Karttikai	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:39PM	Vishvasu 5127 Moon 11 - Phase 31 - 15 3rd Phase
Routine Work Marana Yoga Until 7:04AM Sat Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>				

<b>2 Saturday, November 22, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mantia Vasara Yuktayam Jyeshtha* Mula* Nakshatra Dhriti Yoga Kaulava/Talita Karana Dvitya/Tritiyayam Titau			an, Trinidad and Tobago Sun 16	Sutra 222
Wischika Rasi: 29.22	Tithi 2 – 3	<b>Gulika</b> 6:03AM – 7:30AM Yama 1:18PM – 2:45PM 787238575	<b>Jyeshtha* Until 7:04AM</b> Dhriti Until 2:36AM Sun Talita Until 8:49PM Dvitiya Until 7:39AM	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Orange Margasira-Karttikai	<b>Sunrise:</b> 6:03AM <b>Sunset:</b> 5:40PM	Vishvasu 5127 Moon 11 - Phase 31 - 16 3rd Phase
Creative Work Siddha Yoga		<b>Devaloka Day</b>				

<b>3 Sunday, November 23, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Bharu Vasara Yuktayam Mula*Purvashadha* Nakshatra Shula* Yoga Gara/Varija Karana Tritiya/Chaturthayam Titau			an, Trinidad and Tobago Sun 17	Sutra 223
Dhanus Rasi: 11.22	Tithi 3 – 4	<b>Gulika</b> 2:46PM – 4:13PM Yama 1:18PM – 2:45PM 787238575	<b>Mula* Until 9:55AM</b> Shula* Until 3:04AM Mon Varija Until 10:55PM Tritiya Until 9:52AM	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:40PM	Vishvasu 5127 Moon 11 - Phase 31 - 17 3rd Phase
Creative Work Amrita Yoga Until 9:55AM Then Creative Work - Siddha Yoga		<b>Devaloka Day</b>				

<b>4 Monday, November 24, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Indu Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Ganda* Yoga Vasi*Baava Karana Chaturthi/Panchayam Titau			an, Trinidad and Tobago Sun 18	Sutra 224
Dhanus Rasi: 23.26	Tithi 4 – 5	<b>Gulika</b> 1:19PM – 2:46PM Yama 11:52AM – 1:19PM 787238575	<b>Purvashadha* Until 12:21PM</b> Ganda* Until 3:18AM Tue Baava Until 12:44AM Tue Chaturthi* Until 11:51AM	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:40PM	Vishvasu 5127 Moon 11 - Phase 31 - 18 3rd Phase
Routine Work Marana Yoga Family Home Evening		<b>Devaloka Day</b>				

<b>5 Tuesday, November 25, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vidha* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau			an, Trinidad and Tobago Sun 19	Sutra 225
Makara Rasi: 5.38	Tithi 5 – 6	<b>Gulika</b> 11:52AM – 1:19PM Yama 8:58AM – 10:25AM 788238575	<b>Uttarashadha Until 2:18PM</b> Vidhhi Until 3:14AM Wed Kaulava Until 2:07AM Wed Panchami Until 1:28PM	<b>Ganesh:</b> Red <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Light Blue Margasira-Karttikai	<b>Sunrise:</b> 6:04AM <b>Sunset:</b> 5:40PM	Vishvasu 5127 Moon 11 - Phase 31 - 19 3rd Phase
Routine Work Prabalarishta Yoga Until 2:18PM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>				

<b>6 Wednesday, November 26, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Budha Vasara Yuktayam Shravana/Dhanishta Nakshatra Dhruva* Yoga Talita/Gara Karana Shashthi/Saptamyam Titau			an, Trinidad and Tobago Sun 20	Sutra 226
Makara Rasi: 18.02	Tithi 6 – 7	<b>Gulika</b> 10:26AM – 11:52AM Yama 7:32AM – 8:59AM 798238575	<b>Shravana Until 4:05PM</b> Dhruva Until 2:41AM Thu Gara Until 2:56AM Thu Shashthi* Until 2:35PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 5:40PM	Vishvasu 5127 Moon 11 - Phase 31 - 20 3rd Phase
Creative Work Siddha Yoga Until 4:05PM Then Routine Work - Prabalarishta Yoga		<b>Subha Sivaloka Day</b>				

<b>Thursday, November 27, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Guru Vasara Yuktayam Dhanishta/Shatabhishak Nakshatra Vyaghata* Yoga Varija/Visi* Karana Saptami/Ashtham Yam Titau			an, Trinidad and Tobago Sun 21	Sutra 227
<b>Retreat Star</b>		<b>Gulika</b> 8:59AM – 10:26AM Yama 6:05AM – 7:32AM 798238575	<b>Dhanishta Until 5:05PM</b> Vyaghata* Until 1:38AM Fri Visi Until 3:04AM Fri Saptami Until 3:05PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai	<b>Sunrise:</b> 6:05AM <b>Sunset:</b> 5:40PM	Vishvasu 5127 Moon 11 - Phase 31 - 21 Ashtami
Kumbha Rasi: 0.42 Tithi 7 – 8 Creative Work Siddha Yoga		<b>Subha Sivaloka Day</b>				

<b>Friday, November 28, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksha Sukra Vasara Yuktayam Shatabhishak/Purvashadha* Nakshatra Harshana Yoga Baava/Balava Karana Ashtami/Navam Yam Titau			an, Trinidad and Tobago Sun 22	Sutra 228
<b>Retreat Star</b>		<b>Gulika</b> 7:33AM – 9:00AM Yama 2:47PM – 4:14PM 798238575	<b>Shatabhishak Until 5:13PM</b> Harshana Until 11:59PM Balava Until 2:25AM Sat Ashtami* Until 2:49PM	<b>Ganesh:</b> Blue <b>Muruga:</b> Yellow <b>Nataraja:</b> Purple Moon – Purple Margasira-Karttikai	<b>Sunrise:</b> 6:06AM <b>Sunset:</b> 5:40PM	Vishvasu 5127 Moon 11 - Phase 31 - 22 Navami
Kumbha Rasi: 13.41 Tithi 8 – 9 Creative Work Siddha Yoga		<b>Subha Sivaloka Day</b>				

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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<b>1</b>	<b>Saturday, November 29, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakha Paksho: Mantra Vasara Yuktayam Puravproshthapada/Uttarproshthapada Nakshatra Vajra Yoga Kaulasa/Taila Karana Navami/Dashmyam Titau			in, Trinidad and Tobago Sun 23	Sutra 229
	Gulika 6:06AM – 7:33AM Yama 1:20PM – 2:47PM Rahu 9:00AM – 10:27AM	718238575	Puravproshthapada* Uttarproshthapada* Vajra* Taila Navami*	Until 4:53PM Until 9:42PM Until 12:59AM Until 1:47PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Clear Margarisa-Karttikai	Sunrise: 6:06AM Sunset: 5:41PM	Vishvasu 5127
Routine Work Marana Yoga Until 4:53PM Then Creative Work – Siddha Yoga		<b>Subha Sivaloka Day</b>					

<b>2</b>	<b>Sunday, November 30, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakha Paksho: Bharu Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadeshyam Titau			in, Trinidad and Tobago Sun 24	Sutra 230
	Gulika 2:47PM – 4:14PM Yama 11:54AM – 1:21PM Rahu 4:14PM – 5:41PM	718238575	Uttarproshthapada* Siddhi Vanija	Until 3:39PM Until 6:49PM Until 10:49PM	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Clear Margarisa-Karttikai	Sunrise: 6:07AM Sunset: 5:41PM	Vishvasu 5127
Creative Work Amrita Yoga Gita Jayanthi		<b>Subha Sivaloka Day</b>					

<b>3</b>	<b>Monday, December 1, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakha Paksho: Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vyalipata/Variyan Yoga Vesi/Bava Karana Ekadashi/Dwadashyam Titau			in, Trinidad and Tobago Sun 25	Sutra 231
	Gulika 1:21PM – 2:48PM Yama 10:28AM – 11:54AM Rahu 7:34AM – 9:01AM	719238575	Revati Vyalipata* Bava	Until 1:36PM Until 3:25PM Until 8:00PM	Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon – Clear Margarisa-Karttikai	Sunrise: 6:07AM Sunset: 5:41PM	Vishvasu 5127
Creative Work Siddha Yoga		<b>Sivaloka Day</b>					

<b>4</b>	<b>Tuesday, December 2, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakha Paksho: Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigaha Yoga Balasa/Taila Karana Dvadashi/Trayodashyam Titau			in, Trinidad and Tobago Sun 26	Sutra 232
	Gulika 11:55AM – 1:21PM Yama 9:01AM – 10:28PM Rahu 2:48PM – 4:15PM	729238575	Ashvini Variyan Taila Dvadashi	Until 11:17AM Until 11:34AM Until 2:53AM Until 6:23AM	Ganesh: White Muruga: Yellow Nataraja: Purple Moon – White Margarisa-Karttikai	Sunrise: 6:08AM Sunset: 5:41PM	Vishvasu 5127
Creative Work Siddha Yoga		<b>Devaloka Day</b>					

*Pradosha Vrata*

<b>5</b>	<b>Wednesday, December 3, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakha Paksho: Rudra Vasara Yuktayam Bharani/Kritika Nakshatra Parigaha/Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau			in, Trinidad and Tobago Sun 27	Sutra 233
	Gulika 10:28AM – 11:55AM Yama 7:35AM – 9:02AM Rahu 11:55AM – 1:22PM	729238575	Bharani Parigaha* Gara	Until 8:27AM Until 7:24AM Until 1:02PM	Ganesh: White Muruga: Yellow Nataraja: Purple Moon – White Margarisa-Karttikai	Sunrise: 6:08AM Sunset: 5:41PM	Vishvasu 5127
Creative Work Siddha Yoga Until 8:27AM Then Creative Work – Amrita Yoga		<b>Devaloka Day</b>					

<b>○</b>	<b>Thursday, December 4, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Sakha Paksho: Guru Vasara Yuktayam Rohini Nakshatra Siddha Yoga Vesi/Bava Karana Purnimayam Titau			in, Trinidad and Tobago Sun 28	Sutra 234
	Gulika 9:02AM – 10:29AM Yama 6:09AM – 7:35AM Rahu 1:22PM – 2:49PM	739238575	Rohini Siddha Vesi Purnima*	Until 2:19AM Until 10:39PM Until 9:13AM Until 7:16PM	Ganesh: Yellow Muruga: Yellow Nataraja: Purple Moon – Yellow Margarisa-Karttikai	Sunrise: 6:09AM Sunset: 5:42PM	Vishvasu 5127
Routine Work Marana Yoga Until 2:19AM Fri Then Creative Work – Siddha Yoga		<b>Sivaloka Day</b>					

<b>○</b>	<b>Friday, December 5, 2025</b>		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase: Krishna Paksho: Sukra Vasara Yuktayam Mrigashira Nakshatra Sadhya Yoga Kadava/Taila Karana Prathamam/Dvityayam Titau			in, Trinidad and Tobago Sun 29	Sutra 235
	Gulika 7:36AM – 9:03AM Yama 2:49PM – 4:16PM Rahu 10:29AM – 11:56AM	739238575	Mrigashira Sadhya Taila Prathama*	Until 11:23PM Until 6:22PM Until 1:45AM Until 3:31PM	Ganesh: Yellow Muruga: Yellow Nataraja: Purple Moon – Yellow Margarisa-Karttikai	Sunrise: 6:09AM Sunset: 5:42PM	Vishvasu 5127
Creative Work Siddha Yoga		<b>Sivaloka Day</b>					

Vinayaga Viratam Begins

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Saturday, December 6, 2025****Gold Retreat Star**

Mithuna Rasi: 10:48 Tithi 17 - 18

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Mania Vasara Yuktayam

Andra Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 6:10AM - 7:36AM  
Yama 1:23PM - 2:49PM  
Rahu 9:03AM - 10:30AMArdra Untill 8:41PM  
Subha Untill 2:21PM  
Bava Untill 7:45PM  
Dvitiya Untill 12:03PMGanesha: Yellow  
Muruga: Yellow  
Nataraja: Purple  
Moon - Yellow  
Margasira-Karttikai

Sun 1 Sutra 236

Vasavasu 5:127

Moon 12 - Phase 33 - 1  
1st Phase**Sivaloka Day****1****Sunday, December 7, 2025**

Mithuna Rasi: 25:37 Tithi 18 - 19

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Bhanu Vasara Yuktayam

Punarvasu Nakshatra Sukla/Brahma Yoga Vasi/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 2:50PM - 4:16PM  
Yama 11:57AM - 1:23PM  
Rahu 4:16PM - 5:43PMPunarvasu Untill 6:46PM  
Sukla Untill 10:41AM  
Bava Untill 7:45PM  
Tritiya Untill 9:01AMGanesha: Blue  
Muruga: Yellow  
Nataraja: Purple  
Moon - Blue  
Margasira-Karttikai

Sun 2 Sutra 237

Vasavasu 5:127

Moon 12 - Phase 33 - 2  
1st Phase**Devaloka Day****2****Monday, December 8, 2025**

Kataka Rasi: 10 Tithi 19 - 20

**Family Home Evening**

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Indu Vasara Yuktayam

Pushya/Kleshha Nakshatra Brahma/Indra Yoga Balava/Taila Karana Chaturthi/Panchamyam Titau

Gulika 1:24PM - 2:50PM  
Yama 10:31AM - 11:57AM  
Rahu 7:37AM - 9:04AMPushya Untill 5:24PM  
Brahma Untill 7:33AM  
Taila Untill 5:00AM Tue  
Chaturthi Untill 6:37AMGanesha: Blue  
Muruga: Yellow  
Nataraja: Purple  
Moon - Blue  
Margasira-Karttikai

Sun 3 Sutra 238

Vasavasu 5:127

Moon 12 - Phase 33 - 3  
1st Phase**Devaloka Day****3****Tuesday, December 9, 2025**

Kataka Rasi: 23:53 Tithi 21

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Mangala Vasara Yuktayam

Ashlesha/Magha Nakshatra Vaidhriti Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 11:58AM - 1:24PM  
Yama 9:05AM - 10:31AM  
Rahu 2:51PM - 4:17PMAshlesha Untill 4:42PM  
Vaidhriti Untill 3:12AM Wed  
Gara Untill 4:32PM  
Shashthi Untill 4:15AM WedGanesha: White  
Muruga: Yellow  
Nataraja: Purple  
Moon - Blue  
Margasira-Karttikai

Sun 4 Sutra 239

Vasavasu 5:127

Moon 12 - Phase 33 - 4  
1st Phase**Devaloka Day****4****Wednesday, December 10, 2025**

Simha Rasi: 7:16 Tithi 22

Creative Work Siddha Yoga

Untill 5:10PM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Budha Vasara Yuktayam

Magha/Purvaphalguni Nakshatra Vishkambha Yoga Vasi/Bava Karana Sapthamyam Titau

Gulika 10:31AM - 11:58AM  
Yama 7:38AM - 9:05AM  
Rahu 11:58AM - 1:25PMMagha Untill 5:10PM  
Vishkambha Untill 2:05AM Thu  
Vasi Untill 4:14PM  
Saptami Untill 4:24AM ThuGanesha: Clear  
Muruga: Yellow  
Nataraja: Purple  
Moon - Red  
Margasira-Karttikai

Sun 5 Sutra 240

Vasavasu 5:127

Moon 12 - Phase 33 - 5  
1st Phase**Sivaloka Day****5****Thursday, December 11, 2025**

Simha Rasi: 20:1 Tithi 23

Creative Work Siddha Yoga

**Retreat Star**

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Guru Vasara Yuktayam

Purvaphalguni Nakshatra Pili Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 9:05AM - 10:32AM  
Yama 6:13AM - 7:39AM  
Rahu 1:25PM - 2:51PMPurvaphalguni Untill 6:22PM  
Pili Untill 1:39AM Fri  
Balava Untill 4:50PM  
Ashlami Untill 5:25AM FriGanesha: Purple  
Muruga: Yellow  
Nataraja: Purple  
Moon - Red  
Margasira-Karttikai

Sun 6 Sutra 241

Vasavasu 5:127

Moon 12 - Phase 33 - 6  
Ashtami**Subha Sivaloka Day****Friday, December 12, 2025**

Kanya Rasi: 2:41 Tithi 24

Creative Work Siddha Yoga

Untill 8:08PM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Sukra Vasara Yuktayam

Uttaraphalguni Nakshatra Ayushman Yoga Taila Karana Navamyam Titau

Gulika 7:40AM - 9:06AM  
Yama 2:52PM - 4:18PM  
Rahu 10:32AM - 11:59AMUttaraphalguni Untill 8:08PM  
Ayushman Untill 1:44AM Sat  
Taila Untill 6:13PM  
Navami Untill 7:08AM SatGanesha: Purple  
Muruga: Yellow  
Nataraja: Purple  
Moon - Red  
Margasira-Karttikai

Sun 7 Sutra 242

Vasavasu 5:127

Moon 12 - Phase 33 - 7  
Navami**Subha Sivaloka Day**

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1

Saturday, December 13, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischka Mase Krishna Paksho Mania Vasara Yuktayam		in, Trinidad and Tobago	
		Hashta Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami/Dashamam Titlau		Sun 8 Sutra 243	
Kanya Rasi: 14.53	Tithi 24 – 25	<b>Gulika</b> 6:14AM – 7:40AM	<b>Hasla Until 10:49PM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:14AM
		<b>Yama</b> 1:26PM – 2:52PM	Saubhagya Until 2:15AM Sun	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 9:06AM – 10:33AM	Vanija Until 8:14PM	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 8
Routine Work	Marana Yoga		<b>Navami* Until 7:08AM</b>	<b>Moon - Green</b>	2nd Phase
				<b>Margasira-Kartikai</b>	<b>Sivaloka Day</b>

2

Sunday, December 14, 2025

		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischka Mase Krishna Paksho Bhanu Vasara Yuktayam		in, Trinidad and Tobago	
		Chitra Nakshatra Sobhana Yoga Visi*/Bava Karana Dashami/Ekadashyam Titlau		Sun 9 Sutra 244	
Kanya Rasi: 26.54	Tithi 25 – 26	<b>Gulika</b> 2:53PM – 4:19PM	<b>Chitra Until 1:40AM Mon</b>	<b>Ganesh:</b> Clear	Sunrise: 6:14AM
		<b>Yama</b> 12:00PM – 1:26PM	Sobhana Until 3:02AM Mon	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 4:19PM – 5:46PM	Bava Until 10:38PM	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 9
Creative Work	Siddha Yoga		<b>Dashami Until 9:23AM</b>	<b>Moon - Green</b>	2nd Phase
Until 1:40AM Mon				<b>Margasira-Kartikai</b>	<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					

3

Monday, December 15, 2025

		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Indu Vasara Yuktayam		in, Trinidad and Tobago	
		Svali Nakshatra Ahigandha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titlau		Sun 10 Sutra 245	
Tula Rasi: 8.47	Tithi 26 – 27	<b>Gulika</b> 1:27PM – 2:53PM	<b>Svali Until 4:31AM Tue</b>	<b>Ganesh:</b> Clear	Sunrise: 6:15AM
		<b>Yama</b> 10:34AM – 12:00PM	Ahigandha* Until 3:54AM Tue	<b>Muruga:</b> Yellow	Sunset: 5:49PM
<b>Family Home Evening</b>		<b>Rahu</b> 7:41AM – 9:07AM	Kaulava Until 1:13AM Tue	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 10
Creative Work	Amrita Yoga		<b>Ekadashi* Until 11:54AM</b>	<b>Moon - Green</b>	2nd Phase
Until 4:31AM Tue		<b>Markali Pillayar</b>		<b>Margasira-Markali</b>	<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					

4

Tuesday, December 16, 2025

		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vasara Yuktayam		in, Trinidad and Tobago	
		Svali Nakshatra Ahigandha* Yoga Talila/Gara Karana Dvadashti/Trajodashtyam Titlau		Sun 11 Sutra 246	
Kanya Rasi: 20.38	Tithi 27 – 28	<b>Gulika</b> 12:01PM – 1:27PM	<b>Vishakha Until 7:42AM Wed</b>	<b>Ganesh:</b> Clear	Sunrise: 6:15AM
		<b>Yama</b> 9:08AM – 10:34AM	Sukarma Until 4:46AM Wed	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 2:54PM – 4:20PM	Gara Until 3:49AM Wed	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 11
Routine Work	Marana Yoga		<b>Dvadashti* Until 2:30PM</b>	<b>Moon - Orange</b>	2nd Phase
Until 7:42AM Wed				<b>Margasira-Markali</b>	<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga					

Pradosha Vata (Fasting)

5

Wednesday, December 17, 2025

		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Butha Vasara Yuktayam		in, Trinidad and Tobago	
		Vishakha Nakshatra Sukarma Dhrivi Yoga Vanija/Visi* Karana Trayodashi/Chaturdashyam Titlau		Sun 12 Sutra 247	
Wischka Rasi: 2.29	Tithi 28 – 29	<b>Gulika</b> 10:35AM – 12:01PM	<b>Vishakha Until 7:42AM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:16AM
		<b>Yama</b> 7:42AM – 9:09AM	Dhrivi Until 5:35AM Thu	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 12:01PM – 1:28PM	Visiti Until 6:19AM Thu	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 12
Creative Work	Siddha Yoga		<b>Trayodashi* Until 5:04PM</b>	<b>Moon - Orange</b>	2nd Phase
				<b>Margasira-Markali</b>	<b>Sivaloka Day</b>

6

Thursday, December 18, 2025

		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Guru Vasara Yuktayam		in, Trinidad and Tobago	
		Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visi*/Sakuni* Karana Chaturdashyam Titlau		Sun 13 Sutra 248	
Wischka Rasi: 14.22	Tithi 29	<b>Gulika</b> 9:09AM – 10:35AM	<b>Anuradha Until 10:35AM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:16AM
		<b>Yama</b> 7:42AM – 9:09AM	Shula* Until 6:13AM Fri	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 1:28PM – 2:55PM	Visiti Until 6:19AM	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 13
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 7:28PM</b>	<b>Moon - Orange</b>	2nd Phase
Until 10:35AM				<b>Margasira-Markali</b>	<b>Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga					

●

Friday, December 19, 2025

		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vasara Yuktayam		in, Trinidad and Tobago	
		Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Calspada*/Naga* Karana Amavasyayam Titlau		Sun 14 Sutra 249	
Wischka Rasi: 26.2	Tithi 30	<b>Gulika</b> 7:43AM – 9:10AM	<b>Jyeshtha* Until 1:08PM</b>	<b>Ganesh:</b> Purple	Sunrise: 6:17AM
		<b>Yama</b> 2:55PM – 4:22PM	Shula* Until 6:13AM	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 10:36AM – 12:02PM	Calspada Until 8:37AM	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 14
Routine Work	Marana Yoga		<b>Amavasya* Until 9:41PM</b>	<b>Moon - Orange</b>	Amavasya
Until 1:08PM		<b>Hanumath Jayanthi (Tamil Nadu)</b>		<b>Margasira-Markali</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

Saturday, December 20, 2025

		Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Mania Vasara Yuktayam		in, Trinidad and Tobago	
		Mula*/Purvashadha* Nakshatra Ganda*/Widdhi Yoga Kintughna*/Bava Karana Prathamayam Titlau		Sun 15 Sutra 250	
Dhanus Rasi: 8.23	Tithi 1	<b>Gulika</b> 6:17AM – 7:44AM	<b>Mula* Until 3:48PM</b>	<b>Ganesh:</b> Light Blue	Sunrise: 6:17AM
		<b>Yama</b> 1:29PM – 2:56PM	Ganda* Until 6:43AM	<b>Muruga:</b> Yellow	Sunset: 5:49PM
		<b>Rahu</b> 9:10AM – 10:36AM	Kintughna Until 10:43AM	<b>Nataraja:</b> Purple	Moon 12 - Phase 34 - 15
Creative Work	Siddha Yoga		<b>Prathama* Until 11:38PM</b>	<b>Moon - Light Blue</b>	Prathama
				<b>Pausha-Markali</b>	<b>Devaloka Day</b>

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1 Sunday, December 21, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mese Sakla Paksha Bharu Vesara Yukhtayam		an, Trinidad and Tobago	
Dhanus Rasi: 20.31	Tilthi 2	<b>Gulika</b> 2:56PM - 4:23PM	<b>Purvashadha* Untill 6:02PM</b>	<b>Ganesh:</b> Light Blue	<b>Samsit:</b> 6:18AM
		<b>Yama</b> 12:03PM - 1:30PM	<b>Vridhhi Untill 7:02AM</b>	<b>Muruga:</b> Yellow	<b>Samet:</b> 5:49PM
		<b>Rahu</b> 4:23PM - 5:49PM	<b>Balava Untill 12:32PM</b>	<b>Nataraja:</b> Purple	<b>Moan 12 - Phase 35 - 17</b>
Creative Work	Siddha Yoga	<b>Day 1 of Pancha Ganapati</b>		<b>Moan - Light Blue</b>	<b>3rd Phase</b>
Untill 6:02PM			<b>Dvitiya Untill 1:19AM Mon</b>	<b>Pausha-Markali</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

2 Monday, December 22, 2025		Viswasa Nama Samvatsara Uttaravayana Moksha Ritau Dhanus Mese Sakla Paksha Indu Vesara Yukhtayam		an, Trinidad and Tobago	
Makara Rasi: 2.47	Tilthi 3	<b>Gulika</b> 1:30PM - 2:57PM	<b>Uttarashadha Untill 7:50PM</b>	<b>Ganesh:</b> Light Blue	<b>Samsit:</b> 6:18AM
		<b>Yama</b> 10:37AM - 12:04PM	<b>Dhruva Untill 7:07AM</b>	<b>Muruga:</b> Yellow	<b>Samet:</b> 5:49PM
		<b>Rahu</b> 7:45AM - 9:11AM	<b>Tailita Untill 2:04PM</b>	<b>Nataraja:</b> Purple	<b>Moan 12 - Phase 35 - 17</b>
Creative Work	Marana Yoga	<b>Day 2 of Pancha Ganapati</b>		<b>Moan - Light Blue</b>	<b>3rd Phase</b>
Untill 7:50PM			<b>Tritiya Untill 2:42AM Tue</b>	<b>Pausha-Markali</b>	<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

3 Tuesday, December 23, 2025		Viswasa Nama Samvatsara Uttaravayana Moksha Ritau Dhanus Mese Sakla Paksha Mangala Vesara Yukhtayam		an, Trinidad and Tobago	
Makara Rasi: 15.1	Tilthi 4	<b>Gulika</b> 12:04PM - 1:31PM	<b>Shravana Untill 9:37PM</b>	<b>Ganesh:</b> Purple	<b>Samsit:</b> 6:18AM
		<b>Yama</b> 9:12AM - 10:38AM	<b>Vyaghata* Untill 6:58AM</b>	<b>Muruga:</b> Yellow	<b>Samet:</b> 5:49PM
		<b>Rahu</b> 2:57PM - 4:24PM	<b>Vanija Untill 3:16PM</b>	<b>Nataraja:</b> Purple	<b>Moan 12 - Phase 35 - 17</b>
Creative Work	Siddha Yoga	<b>Day 3 of Pancha Ganapati</b>		<b>Moan - Purple</b>	<b>3rd Phase</b>
			<b>Chaturthi* Untill 3:42AM Wed</b>	<b>Pausha-Markali</b>	<b>Devaloka Day</b>

4 Wednesday, December 24, 2025		Viswasa Nama Samvatsara Uttaravayana Moksha Ritau Dhanus Mese Sakla Paksha Budha Vesara Yukhtayam		an, Trinidad and Tobago	
Makara Rasi: 27.44	Tilthi 5	<b>Gulika</b> 10:38AM - 12:05PM	<b>Dhanishtha Untill 10:49PM</b>	<b>Ganesh:</b> Purple	<b>Samsit:</b> 6:18AM
		<b>Yama</b> 7:46AM - 9:12AM	<b>Harshana Untill 6:32AM</b>	<b>Muruga:</b> Yellow	<b>Samet:</b> 5:49PM
		<b>Rahu</b> 12:05PM - 1:31PM	<b>Bava Untill 4:03PM</b>	<b>Nataraja:</b> Purple	<b>Moan 12 - Phase 35 - 17</b>
Creative Work	Prabalarishta Yoga	<b>Day 4 of Pancha Ganapati</b>		<b>Moan - Purple</b>	<b>3rd Phase</b>
Untill 10:49PM			<b>Panchami Untill 4:15AM Thu</b>	<b>Pausha-Markali</b>	<b>Devaloka Day</b>
Then Creative Work - Siddha Yoga					

5 Thursday, December 25, 2025		Viswasa Nama Samvatsara Uttaravayana Moksha Ritau Dhanus Mese Sakla Paksha Guru Vesara Yukhtayam		an, Trinidad and Tobago	
Kumbha Rasi: 10.3	Tilthi 6	<b>Gulika</b> 9:12AM - 10:39AM	<b>Shalabhshak Untill 11:23PM</b>	<b>Ganesh:</b> Purple	<b>Samsit:</b> 6:20AM
		<b>Yama</b> 6:20AM - 7:46AM	<b>Siddhi Untill 4:32AM Fri</b>	<b>Muruga:</b> Yellow	<b>Samet:</b> 5:51PM
		<b>Rahu</b> 1:32PM - 2:58PM	<b>Kaulava Untill 4:21PM</b>	<b>Nataraja:</b> Purple	<b>Moan 12 - Phase 35 - 20</b>
Creative Work	Siddha Yoga	<b>Day 5 of Pancha Ganapati</b>		<b>Moan - Purple</b>	<b>3rd Phase</b>
			<b>Shashthi* Untill 4:17AM Fri</b>	<b>Pausha-Markali</b>	<b>Devaloka Day</b>
			<b>Vinayaga Viratam Ends</b>		

6 Friday, December 26, 2025		Viswasa Nama Samvatsara Uttaravayana Moksha Ritau Dhanus Mese Sakla Paksha Sukra Vesara Yukhtayam		an, Trinidad and Tobago	
Kumbha Rasi: 23.32	Tilthi 7	<b>Gulika</b> 7:47AM - 9:13AM	<b>Purvashrothapada* Untill 11:41PM</b>	<b>Ganesh:</b> Green	<b>Samsit:</b> 6:20AM
		<b>Yama</b> 2:59PM - 4:25PM	<b>Vyailpala* Untill 2:53AM Sat</b>	<b>Muruga:</b> Yellow	<b>Samet:</b> 5:53PM
		<b>Rahu</b> 10:39AM - 12:06PM	<b>Gara Untill 4:05PM</b>	<b>Nataraja:</b> Clear	<b>Moan 12 - Phase 35 - 21</b>
Creative Work	Siddha Yoga	<b>Day 6 of Pancha Ganapati</b>		<b>Moan - Clear</b>	<b>3rd Phase</b>
			<b>Saptami Untill 3:43AM Sat</b>	<b>Pausha-Markali</b>	<b>Bhuloka Day</b>
					<b>Devaloka Time: 3PM to 6PM</b>

Retreat Star		Viswasa Nama Samvatsara Uttaravayana Moksha Ritau Dhanus Mese Sakla Paksha Manta Vesara Yukhtayam		an, Trinidad and Tobago	
Meena Rasi: 6.52	Tilthi 8	<b>Gulika</b> 6:21AM - 7:47AM	<b>Uttarashrothapada Untill 11:14PM</b>	<b>Ganesh:</b> Green	<b>Samsit:</b> 6:21AM
		<b>Yama</b> 1:33PM - 2:59PM	<b>Varijan Untill 12:43AM Sun</b>	<b>Muruga:</b> Yellow	<b>Samet:</b> 5:53PM
		<b>Rahu</b> 9:13AM - 10:40AM	<b>Visi Untill 3:13PM</b>	<b>Nataraja:</b> Clear	<b>Moan 12 - Phase 35 - 22</b>
Creative Work	Siddha Yoga	<b>Day 7 of Pancha Ganapati</b>		<b>Moan - Clear</b>	<b>Ashtami</b>
Untill 11:14PM			<b>Ashtami* Untill 2:31AM Sun</b>	<b>Pausha-Markali</b>	<b>Bhuloka Day</b>
Then Routine Work - Prabalarishta Yoga					<b>Devaloka Time: 3PM to 6PM</b>

Retreat Star		Viswasa Nama Samvatsara Uttaravayana Moksha Ritau Dhanus Mese Sakla Paksha Bharu Vesara Yukhtayam		an, Trinidad and Tobago	
Meena Rasi: 20.33	Tilthi 9	<b>Gulika</b> 3:00PM - 4:26PM	<b>Revati Untill 10:01PM</b>	<b>Ganesh:</b> Green	<b>Samsit:</b> 6:21AM
		<b>Yama</b> 12:07PM - 1:33PM	<b>Parigaha* Untill 10:05PM</b>	<b>Muruga:</b> Yellow	<b>Samet:</b> 5:53PM
		<b>Rahu</b> 4:26PM - 5:53PM	<b>Balava Untill 1:42PM</b>	<b>Nataraja:</b> Clear	<b>Moan 12 - Phase 35 - 23</b>
Creative Work	Amrita Yoga	<b>Day 8 of Pancha Ganapati</b>		<b>Moan - Clear</b>	<b>Navami</b>
Untill 10:01PM			<b>Navami* Untill 12:42AM Mon</b>	<b>Pausha-Markali</b>	<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Devaloka Time: 3PM to 6PM</b>

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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<b>1</b>	<b>Monday, December 29, 2025</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Indu Vasara Yuktayam in, Trinidad and Tobago				
	Ashvini Nakshatra Shiva Yoga Taillita/Gara Karana Dashamyam Titau		Sun 24 Sutra 259				
	Mesha Rasi: 4.37	Tithi 10	<b>Gulika</b> 1:34PM – 3:00PM	<b>Ashvini Until 8:32PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:23AM	Vasavasu 5:127
	Family Home Evening	822338576	Yama 10:41AM – 12:07PM	Shiva Until 6:59PM	Muruga: Yellow	Sunset: 5:59PM	Moon 12 - Phase 36 - 24
	Creative Work	Siddha Yoga	<b>Rahu</b> 7:48AM – 9:14AM	Taillita Until 11:36AM	Nataraja: Clear		4th Phase
			<b>Dashami Until 10:20PM</b>	Moon - White		<b>Devaloka Day</b>	
				Pausha-Markali			

<b>2</b>	<b>Tuesday, December 30, 2025</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Mangala Vasara Yuktayam in, Trinidad and Tobago				
	Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Visli* Karana Ekadashyam Titau		Sun 25 Sutra 260				
	Mesha Rasi: 19:04	Tithi 11	<b>Gulika</b> 12:08PM – 1:34PM	<b>Bharani Until 6:25PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:23AM	Vasavasu 5:127
	822338576	822338576	Yama 9:15AM – 10:41AM	Siddha Until 3:28PM	Muruga: Yellow	Sunset: 5:59PM	Moon 12 - Phase 36 - 25
	Creative Work	Siddha Yoga	<b>Rahu</b> 3:01PM – 4:27PM	Vanija Until 8:58AM	Nataraja: Clear		4th Phase
<b>Valkuntha Ekadasi</b>			<b>Ekadashi Until 7:28PM</b>	Moon - White		<b>Devaloka Day</b>	
				Pausha-Markali			

<b>3</b>	<b>Wednesday, December 31, 2025</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Butha Vasara Yuktayam in, Trinidad and Tobago				
	Krittika/Rohini Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Sun 26 Sutra 261				
	Wishabha Rasi: 3.48	Tithi 12 – 13	<b>Gulika</b> 10:42AM – 12:08PM	<b>Krittika Until 3:49PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:23AM	Vasavasu 5:127
	822338576	822338576	Yama 7:49AM – 9:15AM	Sadhya Until 11:40AM	Muruga: Yellow	Sunset: 5:59PM	Moon 12 - Phase 36 - 26
	Creative Work	Amrita Yoga	<b>Rahu</b> 12:08PM – 1:35PM	Kaulava Until 2:36AM Thu	Nataraja: Clear		4th Phase
Until 3:49PM			<b>Dvadashi Until 4:16PM</b>	Moon - White		<b>Devaloka Day</b>	
Then Creative Work	Siddha Yoga			Pausha-Markali			
				<i>Pradosha Vata</i>			

<b>4</b>	<b>Thursday, January 1, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Garu Vasara Yuktayam in, Trinidad and Tobago				
	Rohini/Migashira Nakshatra Subha/Sukla Yoga Taillita/Gara Karana Trayodashi/Chaturdashyam Titau		Sun 27 Sutra 262				
	Wishabha Rasi: 18.46	Tithi 13 – 14	<b>Gulika</b> 9:16AM – 10:42AM	<b>Rohini Until 1:17PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:23AM	Vasavasu 5:127
	832348576	832348576	Yama 6:23AM – 7:49AM	Subha Until 7:41AM	Muruga: White	Sunset: 5:59PM	Moon 12 - Phase 36 - 27
	Routine Work	Marana Yoga	<b>Rahu</b> 1:35PM – 3:02PM	Gara Until 11:09PM	Nataraja: Clear		4th Phase
			<b>Trayodashi Until 12:52PM</b>	Moon - Yellow		<b>Devaloka Day</b>	
				Pausha-Markali			

<b>O</b>	<b>Friday, January 2, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Sukra Vasara Yuktayam in, Trinidad and Tobago				
	<b>Copper Retreat Star</b>		Sutra 263				
	Mithuna Rasi: 3.48	Tithi 14 – 15	<b>Gulika</b> 7:50AM – 9:16AM	<b>Mrigashira Until 10:34AM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:23AM	Vasavasu 5:127
	833348576	833348576	Yama 3:02PM – 4:29PM	Brahma Until 11:35PM	Muruga: White	Sunset: 5:59PM	Moon 12 - Phase 36 - Punima
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:43AM – 12:09PM	Visli Until 7:44PM	Nataraja: Clear		
			<b>Chaturdashi* Until 9:25AM</b>	Moon - Yellow		<b>Devaloka Day</b>	
				Pausha-Markali			

	<b>Saturday, January 3, 2026</b>		Viswastu Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho Marita Vasara Yuktayam in, Trinidad and Tobago				
	<b>Silver Retreat Star</b>		Sutra 264				
	Mithuna Rasi: 18.46	Tithi 15 – 16	<b>Gulika</b> 6:24AM – 7:50AM	<b>Ardra Until 7:51AM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:24AM	Vasavasu 5:127
	833348576	833348576	Yama 1:36PM – 3:03PM	Indra Until 7:47PM	Muruga: White	Sunset: 5:59PM	Moon 12 - Phase 36 - Prathama
	Creative Work	Siddha Yoga	<b>Rahu</b> 9:17AM – 10:43AM	Kaulava Until 3:03AM Sun	Nataraja: Clear		
			<b>Purnima* Until 6:05AM</b>	Moon - Yellow		<b>Devaloka Day</b>	
				Pausha-Markali			
<b>Ardra Darshanam</b>							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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Sunday, January 4, 2026

Gold Retreat Star

Kataka Rasi: 3.3 Tithi 17

Creative Work Siddha Yoga

Visvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho: Bhanu Vasara Yuktayam

Pushya Nakshatra Vaidhri/Vishkambha\* Yoga Talila/Gara Karana Dvitiyayam Titau

Gulika 3:03PM - 4:30PM

Yama 12:10PM - 1:37PM

Rahu 4:30PM - 5:56PM

Pushya Until 3:55AM Mon

Vaidhri\* Until 4:18PM

Tailila Until 1:43PM

Dvitiya Until 12:29AM Mon

Ganesh: Red Sunrise: 6:24AM

Muruga: White Sunset: 5:56PM

Nataraja: Clear

Moon - Blue Pausha-Markali

in, Trinidad and Tobago

Sutra 265

Vasvasu 5:127

Moon 1 - Phase 37 - 1st Phase

Sivaloka Day

Monday, January 5, 2026

1 Kataka Rasi: 17.53 Tithi 18

Family Home Evening

Creative Work Siddha Yoga

Visvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho: Indru Vasara Yuktayam

Ashlesha\* Nakshatra Vishkambha\*/Prili Yoga Vanija/Visli\* Karana Tritiyayam Titau

Gulika 1:37PM - 3:04PM

Yama 10:44AM - 12:11PM

Rahu 7:51AM - 9:17AM

Ashlesha\* Until 2:38AM Tue

Vishkambha\* Until 1:16PM

Vanija Until 11:27AM

Tritiya Until 10:33PM

Ganesh: Yellow Sunrise: 6:24AM

Muruga: White Sunset: 5:56PM

Nataraja: Clear

Moon - Blue Pausha-Markali

in, Trinidad and Tobago

Sun 1 Sutra 266

Vasvasu 5:127

Moon 1 - Phase 37 - 1st Phase

Sivaloka Day

Tuesday, January 6, 2026

2 Simha Rasi: 1.5 Tithi 19

Until 2:24AM Wed

Then Creative Work - Amrita Yoga

Visvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho: Mangala Vasara Yuktayam

Magha\* Nakshatra Prili/Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 12:11PM - 1:38PM

Yama 9:18AM - 10:44AM

Rahu 3:04PM - 4:31PM

Magha\* Until 2:24AM Wed

Prili Until 10:50AM

Bava Until 9:52AM

Chaturthi\* Until 9:22PM

Ganesh: White Sunrise: 6:25AM

Muruga: White Sunset: 5:57PM

Nataraja: Clear

Moon - Red Pausha-Markali

in, Trinidad and Tobago

Sun 2 Sutra 267

Vasvasu 5:127

Moon 1 - Phase 37 - 2 1st Phase

Devaloka Day

Wednesday, January 7, 2026

3 Simha Rasi: 15.19 Tithi 20

Creative Work Amrita Yoga

Visvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho: Budha Vasara Yuktayam

Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Panchmyam Titau

Gulika 10:45AM - 12:11PM

Yama 7:52AM - 9:18AM

Rahu 12:11PM - 1:38PM

Purvaphalguni Until 2:52AM Thu

Ayushman Until 9:01AM

Kaulava Until 9:07AM

Panchami Until 9:03PM

Ganesh: White Sunrise: 6:25AM

Muruga: White Sunset: 5:58PM

Nataraja: Clear

Moon - Red Pausha-Markali

in, Trinidad and Tobago

Sun 3 Sutra 268

Vasvasu 5:127

Moon 1 - Phase 37 - 3 1st Phase

Devaloka Day

Thursday, January 8, 2026

4 Simha Rasi: 28.2 Tithi 21

Amrita Yoga

Visvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho: Guru Vasara Yuktayam

Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:19AM - 10:45AM

Yama 6:25AM - 7:52AM

Rahu 1:39PM - 3:05PM

Uttaraphalguni Until 4:00AM Fri

Saubhagya Until 7:53AM

Gara Until 9:14AM

Shashthi\* Until 9:35PM

Ganesh: White Sunrise: 6:25AM

Muruga: White Sunset: 5:58PM

Nataraja: Clear

Moon - Red Pausha-Markali

in, Trinidad and Tobago

Sun 4 Sutra 269

Vasvasu 5:127

Moon 1 - Phase 37 - 4 1st Phase

Devaloka Day

Friday, January 9, 2026

5 Kanya Rasi: 10.56 Tithi 22

Creative Work Amrita Yoga

Until 6:10AM Sat

Then Routine Work - Marana Yoga

Visvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho: Sukra Vasara Yuktayam

Hasta Nakshatra Sobhana/Abhiganda\* Yoga Visli/Bava Karana Saptamyam Titau

Gulika 7:52AM - 9:19AM

Yama 3:06PM - 4:32PM

Rahu 10:46AM - 12:12PM

Hasta Until 6:10AM Sat

Sobhana Until 7:24AM

Visli Until 10:11AM

Saptami Until 10:56PM

Ganesh: Clear Sunrise: 6:26AM

Muruga: White Sunset: 6:00PM

Nataraja: Clear

Moon - Green Pausha-Markali

in, Trinidad and Tobago

Sun 5 Sutra 270

Vasvasu 5:127

Moon 1 - Phase 37 - 5 1st Phase

Sivaloka Day

Saturday, January 10, 2026

Retreat Star

Kanya Rasi: 23.14 Tithi 23

Routine Work Marana Yoga

Visvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho: Manita Vasara Yuktayam

Chitra/Svati Nakshatra Sukama/Abhiganda\*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:26AM - 7:53AM

Yama 1:39PM - 3:05PM

Rahu 9:19AM - 10:46AM

Hasta Until 6:10AM

Abhiganda\* Until 7:28AM

Balava Until 11:52AM

Ashtami\* Until 12:54AM Sun

Ganesh: Clear Sunrise: 6:26AM

Muruga: White Sunset: 6:00PM

Nataraja: Clear

Moon - Green Pausha-Markali

in, Trinidad and Tobago

Sun 6 Sutra 271

Vasvasu 5:127

Moon 1 - Phase 37 - 6 Ashtami

Sivaloka Day

Sunday, January 11, 2026

Retreat Star

Tula Rasi: 5.17 Tithi 24

Creative Work Siddha Yoga

Visvasu Nama Samvatsara: Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho: Bhanu Vasara Yuktayam

Chitra/Svati Nakshatra Sukama/Dhriti Yoga Talila/Gara Karana Navamyam Titau

Gulika 3:07PM - 4:33PM

Yama 12:13PM - 1:40PM

Rahu 4:33PM - 6:00PM

Chitra Until 8:44AM

Sukarma Until 7:57AM

Tailila Until 2:04PM

Navami\* Until 3:17AM Mon

Ganesh: Clear Sunrise: 6:26AM

Muruga: White Sunset: 6:00PM

Nataraja: Clear

Moon - Green Pausha-Markali

in, Trinidad and Tobago

Sun 7 Sutra 272

Vasvasu 5:127

Moon 1 - Phase 37 - 7 Navami

Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Inana Pada

All times are standard time. Calculated for Port-of-Spain, Trinidad and Tobago on 12/20/23

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<b>1 Monday, January 12, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho Indu Vasara Yuktayam in, Trinidad and Tobago Svali/Vishakha Nakshatra Dhril/Shula* Yoga Vanja/Visli* Karana Dashamyam Titau Sun 8 Sutra 273			
Tula Rasi: 17.13	Tithi 25	<b>Gulika</b>	1:40PM – 3:07PM	<b>Svali Until 11:27AM</b>	<b>Ganesh:</b> Clear Sunrise: 6:26AM
<b>Family Home Evening</b>	863448576	<b>Yama</b>	10:47AM – 12:14PM	<b>Dhrili Until 8:44AM</b>	<b>Muruga:</b> White Sunset: 6:09PM
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b>	7:53AM – 9:20AM	<b>Vanija Until 4:34PM</b>	Moon 1 - Phase 38 - 8 2nd Phase
Until 11:27AM				<b>Dashami Until 5:51AM Tue</b>	<b>Pausha-Markali</b>
Then Routine Work - Marana Yoga					<b>Sivaloka Day</b>

<b>2 Tuesday, January 13, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho Mangala Vasara Yuktayam in, Trinidad and Tobago Vishakha/Anuradha Nakshatra Shula*Ganda* Yoga Bava Karana Ekadashyam Titau Sun 9 Sutra 274			
Tula Rasi: 29.04	Tithi 26	<b>Gulika</b>	12:14PM – 1:41PM	<b>Vishakha Until 2:37PM</b>	<b>Ganesh:</b> Purple Sunrise: 6:27AM
	873448576	<b>Yama</b>	9:20AM – 10:47AM	<b>Shula* Until 9:34AM</b>	<b>Muruga:</b> White Sunset: 6:09PM
<b>Routine Work</b> Marana Yoga		<b>Rahu</b>	3:07PM – 4:34PM	<b>Bava Until 7:09PM</b>	Moon 1 - Phase 38 - 9 2nd Phase
Until 2:37PM				<b>Ekadashi* Until 8:23AM Wed</b>	<b>Pausha-Markali</b>
Then Creative Work - Siddha Yoga					<b>Devaloka Day</b>

<b>3 Wednesday, January 14, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Paksho Butha Vasara Yuktayam in, Trinidad and Tobago Anuradha/Jyeshtha* Nakshatra Ganda*/Vidhi* Yoga Babava/Kaulava Karana Ekadashi/Dvadashyam Titau Sun 10 Sutra 275			
Wischika Rasi: 10.56	Tithi 26 – 27	<b>Gulika</b>	10:47AM – 12:14PM	<b>Anuradha Until 5:32PM</b>	<b>Ganesh:</b> Purple Sunrise: 6:27AM
	873448576	<b>Yama</b>	7:54AM – 9:21AM	<b>Ganda* Until 10:24AM</b>	<b>Muruga:</b> White Sunset: 6:09PM
<b>Creative Work</b> Siddha Yoga		<b>Rahu</b>	12:14PM – 1:41PM	<b>Kaulava Until 9:38PM</b>	Moon 1 - Phase 38 - 10 2nd Phase
				<b>Ekadashi* Until 8:23AM</b>	<b>Pausha-Thai</b>
		<b>Thai Pongal</b>			<b>Devaloka Day</b>

<b>4 Thursday, January 15, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Paksho Guru Vasara Yuktayam in, Trinidad and Tobago Jyeshtha* Nakshatra Vidhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Sutra 276			
Wischika Rasi: 22.52	Tithi 27 – 28	<b>Gulika</b>	9:21AM – 10:48AM	<b>Jyeshtha* Until 8:05PM</b>	<b>Ganesh:</b> Purple Sunrise: 6:27AM
	873448576	<b>Yama</b>	6:27AM – 7:54AM	<b>Vidhi Until 11:05AM</b>	<b>Muruga:</b> White Sunset: 6:09PM
<b>Routine Work</b> Prabalarishta Yoga		<b>Rahu</b>	1:41PM – 3:08PM	<b>Gara Until 11:51PM</b>	Moon 1 - Phase 38 - 11 2nd Phase
Until 8:05PM				<b>Dvadashi* Until 10:45AM</b>	<b>Pausha-Thai</b>
Then Creative Work - Siddha Yoga					<b>Devaloka Day</b>
				<b>Pradosha Vata (Fasting)</b>	

<b>5 Friday, January 16, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Paksho Sukra Vasara Yuktayam in, Trinidad and Tobago Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanja/Visli* Karana Trayodashi/Chaturdashyam Titau Sun 12 Sutra 277			
Dhanus Rasi: 4.53	Tithi 28 – 29	<b>Gulika</b>	7:54AM – 9:21AM	<b>Mula* Until 10:39PM</b>	<b>Ganesh:</b> Purple Sunrise: 6:27AM
	884448576	<b>Yama</b>	3:09PM – 4:36PM	<b>Dhruva Until 11:32AM</b>	<b>Muruga:</b> White Sunset: 6:09PM
<b>Creative Work</b> Amrita Yoga		<b>Rahu</b>	10:48AM – 12:15PM	<b>Visli Until 1:45AM Sat</b>	Moon 1 - Phase 38 - 12 2nd Phase
Until 10:39PM				<b>Trayodashi* Until 12:50PM</b>	<b>Pausha-Thai</b>
Then Routine Work - Prabalarishta Yoga					<b>Devaloka Day</b>

<b>● Saturday, January 17, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Krishna Paksho Manta Vasara Yuktayam in, Trinidad and Tobago Purvashada* Nakshatra Vyaghata*/Harshana Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 13 Sutra 278			
<b>Retreat Star</b>		<b>Gulika</b>	6:28AM – 7:54AM	<b>Purvashada* Until 12:41AM Sun</b>	<b>Ganesh:</b> Purple Sunrise: 6:28AM
Dhanus Rasi: 17.04	Tithi 29 – 30	<b>Yama</b>	1:42PM – 3:09PM	<b>Vyaghata* Until 11:44AM</b>	<b>Muruga:</b> White Sunset: 6:09PM
	884448576	<b>Rahu</b>	9:21AM – 10:48AM	<b>Catuspada Until 3:16AM Sun</b>	Moon 1 - Phase 38 - 13 Amavasya
<b>Creative Work</b> Siddha Yoga				<b>Chaturdashi* Until 2:32PM</b>	<b>Pausha-Thai</b>
Until 12:41AM Sun					<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>Sunday, January 18, 2026</b>		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Sukla Paksho Itharu Vasara Yuktayam in, Trinidad and Tobago Uttarashada* Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 279			
<b>Retreat Star</b>		<b>Gulika</b>	3:10PM – 4:37PM	<b>Uttarashada Until 2:10AM Mon</b>	<b>Ganesh:</b> Purple Sunrise: 6:28AM
Dhanus Rasi: 29.24	Tithi 30 – 1	<b>Yama</b>	12:16PM – 1:43PM	<b>Harshana Until 11:38AM</b>	<b>Muruga:</b> White Sunset: 6:09PM
	884448576	<b>Rahu</b>	4:37PM – 6:04PM	<b>Kintughna Until 4:21AM Mon</b>	Moon 1 - Phase 38 - 14 Prathama
<b>Creative Work</b> Amrita Yoga				<b>Amavasya* Until 3:50PM</b>	<b>Magha-Thai</b>
					<b>Devaloka Day</b>

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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<b>1</b>		<b>Monday, January 19, 2026</b>				Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Інду Васара Уктыяям Shravana Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Prathamam/Dvitiyam Titau	an, Trinidad and Tobago Sun 15	Sutra 280
Makara Rasi: 11.55	Tithi 1 – 2	<b>Gulika</b>	<b>1:43PM – 3:10PM</b>	<b>Shravana Untill 3:35AM Tue</b>	<b>Ganesh:</b> Light Blue	Sunrise: 6:28AM	Vasavasa 5127	
<b>Family Home Evening</b>		Yama	10:49AM – 12:16PM	Vajra* Untill 11:12AM	<b>Muruga:</b> White	Sunset: 6:04PM	Moon 1 - Phase 39 - 15	
<b>Creative Work</b> Amrita Yoga	894448576	<b>Rahu</b>	<b>7:55AM – 9:22AM</b>	Balava Untill 5:02AM Tue	<b>Nataraja:</b> Clear		3rd Phase	
Untill 3:35AM Tue				<b>Prathama* Untill 4:44PM</b>	Moon - Purple			
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>2</b>		<b>Tuesday, January 20, 2026</b>				Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Мугала Васара Уктыяям Dhanishtha Nakshatra Siddhi/Vyapti* Yoga Kaulava/Taila Karana Dvitya/Tritiyam Titau	an, Trinidad and Tobago Sun 16	Sutra 281
Makara Rasi: 24.37	Tithi 2 – 3	<b>Gulika</b>	<b>12:16PM – 1:43PM</b>	<b>Dhanishtha Untill 4:26AM Wed</b>	<b>Ganesh:</b> Light Blue	Sunrise: 6:28AM	Vasavasa 5127	
		Yama	9:22AM – 10:49AM	Siddhi Untill 10:28AM	<b>Muruga:</b> White	Sunset: 6:05PM	Moon 1 - Phase 39 - 16	
<b>Creative Work</b> Siddha Yoga	894448576	<b>Rahu</b>	<b>3:10PM – 4:37PM</b>	Taila Untill 5:19AM Wed	<b>Nataraja:</b> Clear		3rd Phase	
				<b>Dvitiya Untill 5:12PM</b>	Moon - Purple			
					<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>3</b>		<b>Wednesday, January 21, 2026</b>				Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Буда Васара Уктыяям Shabhbhishak Nakshatra Vyapti* Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthi/Panchamam Titau	an, Trinidad and Tobago Sun 17	Sutra 282
Kumbha Rasi: 7.3	Tithi 3 – 4	<b>Gulika</b>	<b>10:49AM – 12:17PM</b>	<b>Shabhbhishak Untill 4:46AM Thu</b>	<b>Ganesh:</b> Light Blue	Sunrise: 6:28AM	Vasavasa 5127	
		Yama	7:55AM – 9:22AM	Vyapti* Untill 9:27AM	<b>Muruga:</b> White	Sunset: 6:05PM	Moon 1 - Phase 39 - 17	
<b>Creative Work</b> Siddha Yoga	894448576	<b>Rahu</b>	<b>12:17PM – 1:44PM</b>	Vanija Untill 5:11AM Thu	<b>Nataraja:</b> Clear		3rd Phase	
				<b>Tritiya Untill 5:17PM</b>	Moon - Purple			
					<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>4</b>		<b>Thursday, January 22, 2026</b>				Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Гару Васара Уктыяям Kumbha Rasi: 20.35 Tithi 4 – 5	an, Trinidad and Tobago Sun 18	Sutra 283
		<b>Gulika</b>	<b>9:23AM – 10:50AM</b>	<b>Puravroshthapada* Untill 5:01AM Fri</b>	<b>Ganesh:</b> White	Sunrise: 6:28AM	Vasavasa 5127	
		Yama	6:28AM – 7:55AM	Varyan Untill 8:05AM	<b>Muruga:</b> White	Sunset: 6:05PM	Moon 1 - Phase 39 - 18	
<b>Creative Work</b> Siddha Yoga	814448576	<b>Rahu</b>	<b>1:44PM – 3:11PM</b>	Bava Untill 4:41AM Fri	<b>Nataraja:</b> Clear		3rd Phase	
				<b>Chaturthi* Untill 4:58PM</b>	Moon - Clear			
					<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>5</b>		<b>Friday, January 23, 2026</b>				Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Сура Васара Уктыяям Uttaravroshthapada Nakshatra Parigha* Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	an, Trinidad and Tobago Sun 19	Sutra 284
Meena Rasi: 3.52	Tithi 5 – 6	<b>Gulika</b>	<b>7:55AM – 9:23AM</b>	<b>Uttaravroshthapada Untill 4:44AM Sat</b>	<b>Ganesh:</b> White	Sunrise: 6:28AM	Vasavasa 5127	
		Yama	3:11PM – 4:39PM	Parigha* Untill 6:26AM	<b>Muruga:</b> White	Sunset: 6:06PM	Moon 1 - Phase 39 - 19	
<b>Creative Work</b> Siddha Yoga	814448576	<b>Rahu</b>	<b>10:50AM – 12:17PM</b>	Kaulava Untill 3:46AM Sat	<b>Nataraja:</b> Clear		3rd Phase	
Untill 4:44AM Sat				<b>Panchami Untill 4:15PM</b>	Moon - Clear			
Then Routine Work - Prabalashita Yoga					<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>6</b>		<b>Saturday, January 24, 2026</b>				Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Маніа Васара Уктыяям Revati Nakshatra Siddha Yoga Taila/Gara Karana Shashthi/Saptamam Titau	an, Trinidad and Tobago Sun 20	Sutra 285
Meena Rasi: 17.22	Tithi 6 – 7	<b>Gulika</b>	<b>6:28AM – 7:56AM</b>	<b>Revati Untill 3:56AM Sun</b>	<b>Ganesh:</b> Clear	Sunrise: 6:28AM	Vasavasa 5127	
		Yama	1:45PM – 3:12PM	Siddha Untill 2:14AM Sun	<b>Muruga:</b> White	Sunset: 6:07PM	Moon 1 - Phase 39 - 20	
<b>Routine Work</b> Prabalashita Yoga	914448576	<b>Rahu</b>	<b>9:23AM – 10:50AM</b>	Gara Untill 2:29AM Sun	<b>Nataraja:</b> Clear		3rd Phase	
Untill 3:56AM Sun				<b>Shashthi* Untill 3:10PM</b>	Moon - Clear			
Then Creative Work - Siddha Yoga					<b>Magha-Thai</b>		<b>Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Sunday, January 25, 2026</b>				Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Бхану Васара Уктыяям Ashvini Nakshatra Sadhya Yoga Vanija/Vsiti* Karana Saptami/Ashthamam Titau	an, Trinidad and Tobago Sun 21	Sutra 286
Mesha Rasi: 1.06	Tithi 7 – 8	<b>Gulika</b>	<b>3:12PM – 4:39PM</b>	<b>Ashvini Untill 3:02AM Mon</b>	<b>Ganesh:</b> White	Sunrise: 6:28AM	Vasavasa 5127	
		Yama	12:18PM – 1:45PM	Sadya Untill 11:40PM	<b>Muruga:</b> White	Sunset: 6:07PM	Moon 1 - Phase 39 - 21	
<b>Creative Work</b> Siddha Yoga	924448576	<b>Rahu</b>	<b>4:39PM – 6:07PM</b>	Vsiti Untill 12:49AM Mon	<b>Nataraja:</b> Clear		Ashlami	
				<b>Saptami Untill 1:41PM</b>	Moon - White			
					<b>Magha-Thai</b>		<b>Devaloka Day</b>	

<b>Retreat Star</b>		<b>Monday, January 26, 2026</b>				Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Макара Месе Суліа Пакше Інду Васара Уктыяям Bharani Nakshatra Subha Yoga Bava/Balava Karana Ashlami/Navamam Titau	an, Trinidad and Tobago Sun 22	Sutra 287
Mesha Rasi: 15.03	Tithi 8 – 9	<b>Gulika</b>	<b>1:45PM – 3:12PM</b>	<b>Bharani Untill 1:39AM Tue</b>	<b>Ganesh:</b> White	Sunrise: 6:28AM	Vasavasa 5127	
<b>Family Home Evening</b>		Yama	10:50AM – 12:18PM	Subha Untill 8:50PM	<b>Muruga:</b> White	Sunset: 6:07PM	Moon 1 - Phase 39 - 22	
<b>Creative Work</b> Siddha Yoga	924448576	<b>Rahu</b>	<b>7:56AM – 9:23AM</b>	Balava Untill 10:47PM	<b>Nataraja:</b> Clear		Navami	
				<b>Ashlami* Untill 11:49AM</b>	Moon - White			
					<b>Magha-Thai</b>		<b>Devaloka Day</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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<b>1 Tuesday, January 27, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Mangala Vasara Yuktayam in, Trinidad and Tobago Kritika Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Navami/Dashyam Titau Sun 23 Sutra 288				
Mesha Rasi: 29.14	Tithi 9 - 10	<b>Gulika</b> 12:18PM - 1:45PM	<b>Kritika Until 11:50PM</b>	<b>Ganesh:</b> White	Sunrise: 6:28AM	Vishvasu 5:17
		Yama 9:23AM - 10:51AM	Sukla Until 5:43PM	<b>Muruga:</b> White	Sunset: 6:09PM	Moon 1 - Phase 40 - 23
Creative Work	Siddha Yoga	<b>Rahu</b> 3:13PM - 4:40PM	Taila Until 8:26PM	<b>Nataraja:</b> Clear		4th Phase
Until 11:50PM			<b>Navami* Until 9:38AM</b>	Moon - White		<b>Devaloka Day</b>
Then Creative Work - Amrita Yoga				Magha-Thai		

<b>2 Wednesday, January 28, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Budha Vesara Yuktayam in, Trinidad and Tobago Rohini Nakshatra Brahma/Indra Yoga Gara/Vesil* Karana Dashami/Ekadasyam Titau Sun 24 Sutra 289				
Wishabha Rasi: 13.37	Tithi 10 - 11	<b>Gulika</b> 10:51AM - 12:18PM	<b>Rohini Until 10:03PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:28AM	Vishvasu 5:17
		Yama 7:56AM - 9:23AM	Brahma Until 2:25PM	<b>Muruga:</b> White	Sunset: 6:09PM	Moon 1 - Phase 40 - 24
Creative Work	Siddha Yoga	<b>Rahu</b> 12:18PM - 1:46PM	Vesil Until 4:29AM Thu	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami Until 7:09AM</b>	Moon - Yellow		<b>Sivaloka Day</b>
				Magha-Thai		

<b>3 Thursday, January 29, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Guru Vesara Yuktayam in, Trinidad and Tobago Mrigashira Nakshatra Indra/Vaidhri* Yoga Bava/Balava Karana Dvadasyam Titau Sun 25 Sutra 290				
Wishabha Rasi: 28.08	Tithi 12	<b>Gulika</b> 9:23AM - 10:51AM	<b>Mrigashira Until 8:01PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:28AM	Vishvasu 5:17
		Yama 6:28AM - 7:56AM	Indra Until 10:59AM	<b>Muruga:</b> White	Sunset: 6:09PM	Moon 1 - Phase 40 - 25
Routine Work	Marana Yoga	<b>Rahu</b> 1:46PM - 3:13PM	Bava Until 3:07PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi Until 1:42AM Fri</b>	Moon - Yellow		<b>Sivaloka Day</b>
				Magha-Thai		

<b>4 Friday, January 30, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Sukra Vesara Yuktayam in, Trinidad and Tobago Ardra/Punarvasu Nakshatra Vaidhri*Vibhambha* Yoga Kaulava/Taila Karana Trayodashyam Titau Sun 26 Sutra 291				
Mithuna Rasi: 12.43	Tithi 13	<b>Gulika</b> 7:56AM - 9:23AM	<b>Ardra Until 5:50PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:28AM	Vishvasu 5:17
		Yama 3:14PM - 4:41PM	Vaidhri* Until 7:29AM	<b>Muruga:</b> White	Sunset: 6:09PM	Moon 1 - Phase 40 - 26
Creative Work	Siddha Yoga	<b>Rahu</b> 10:51AM - 12:19PM	Kaulava Until 12:21PM	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi Until 10:58PM</b>	Moon - Yellow		<b>Sivaloka Day</b>
				Magha-Thai		

Pradosha Vata

<b>5 Saturday, January 31, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Manita Vesara Yuktayam in, Trinidad and Tobago Punarvasu/Pushya Nakshatra Pihl Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 292				
Mithuna Rasi: 27.16	Tithi 14	<b>Gulika</b> 6:28AM - 7:56AM	<b>Punarvasu Until 4:04PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:28AM	Vishvasu 5:17
		Yama 1:46PM - 3:14PM	Pihl Until 12:48AM Sun	<b>Muruga:</b> White	Sunset: 6:09PM	Moon 1 - Phase 40 - 27
Creative Work	Siddha Yoga	<b>Rahu</b> 9:24AM - 10:51AM	Gara Until 9:40AM	<b>Nataraja:</b> Clear		4th Phase
		<b>Thai Pusam</b>	<b>Chaturdashi* Until 8:24PM</b>	Moon - Blue		<b>Devaloka Day</b>
				Magha-Thai		

<b>○ Sunday, February 1, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Paksho Bhanu Vesara Yuktayam in, Trinidad and Tobago Copper Retreat Star Pushya/Ashlesha* Nakshatra Ayushman Yoga Vesil*/Bava Karana Purnimayam Titau Sun 29 Sutra 293				
Kataka Rasi: 11.38	Tithi 15	<b>Gulika</b> 3:14PM - 4:42PM	<b>Pushya Until 2:27PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:28AM	Vishvasu 5:17
		Yama 12:19PM - 1:46PM	Ayushman Until 9:48PM	<b>Muruga:</b> White	Sunset: 6:09PM	Moon 1 - Phase 40 - Purnima
Creative Work	Siddha Yoga	<b>Rahu</b> 4:42PM - 6:09PM	Vesil Until 7:15AM	<b>Nataraja:</b> Clear		
			<b>Purnima* Until 6:09PM</b>	Moon - Blue		<b>Devaloka Day</b>
				Magha-Thai		

<b>Monday, February 2, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kitzhna Paksho Indu Vesara Yuktayam in, Trinidad and Tobago Silver Retreat Star Ashlesha*/Magha* Nakshatra Saubhagya Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau Sutra 294				
Kataka Rasi: 25.47	Tithi 16 - 17	<b>Gulika</b> 1:47PM - 3:14PM	<b>Ashlesha* Until 1:07PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:28AM	Vishvasu 5:17
Family Home Evening		Yama 10:51AM - 12:19PM	Saubhagya Until 7:12PM	<b>Muruga:</b> White	Sunset: 6:09PM	Moon 1 - Phase 40 - Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 7:56AM - 9:24AM	Taila Until 3:41AM Tue	<b>Nataraja:</b> Clear		
Until 1:07PM			<b>Prathama* Until 4:21PM</b>	Moon - Blue		<b>Devaloka Day</b>
Then Routine Work - Marana Yoga				Magha-Thai		

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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Tuesday, February 3, 2026

Gold Retreat Star

		Vishvasu Nama Samvatsare Uтарыаге Mоkша Ritau Makara Mase Kіtshna Pakshе Mangala Vasara Yukhtayam Magha/Purvaphalguni Nakshatra SіdhanalAhiganda* Yоga Gara/Vanja Karana Dvitiya/Tritiyam Titau			in, Trinidad and Tobago Sun 1 Sutra 295
Simha Rasi: 9.35	TITHI 17 - 18	Gulika 12:19PM - 1:47PM	Magha* Untill 12:37PM	Ganesh: Red Muruga: White Nataraja: Orange Moon - Red	Sunrise: 6:28AM Sunset: 6:10PM Moon 2 - Phase 41 - 1 1st Phase
		Yama 9:24AM - 10:51AM	Sobhana Untill 5:06PM		
		Rahu 3:14PM - 4:42PM	Vanija Untill 2:49AM Wed		
Creative Work	Siddha Yoga	955548577	Dvitiya Untill 3:09PM	Magha-Thai	Sivaloka Day

1

Wednesday, February 4, 2026

		Vishvasu Nama Samvatsare Uтарыаге Mоkша Ritau Makara Mase Kіtshna Pakshе Batha Vasara Yukhtayam Purvaphalguni/Ultrapahguni Nakshatra Ahiganda*/Sukama Yоga Vasi/Bava Karana Tritiya/Chaturtham Titau			in, Trinidad and Tobago Sun 2 Sutra 296
Simha Rasi: 23	TITHI 18 - 19	Gulika 10:51AM - 12:19PM	Purvaphalguni Untill 12:40PM	Ganesh: Red Muruga: White Nataraja: Orange Moon - Red	Sunrise: 6:28AM Sunset: 6:10PM Moon 2 - Phase 41 - 2 1st Phase
		Yama 7:56AM - 9:24AM	Ahiganda* Untill 3:31PM		
		Rahu 12:19PM - 1:47PM	Bava Untill 2:41AM Thu		
Creative Work	Amrita Yoga	955548577	Tritiya Untill 2:38PM	Magha-Thai	Sivaloka Day
			Maha Sankatahara Chaturthi		

2

Thursday, February 5, 2026

		Vishvasu Nama Samvatsare Uтарыаге Mоkша Ritau Makara Mase Kіtshna Pakshе Guru Vasara Yukhtayam Ultraphalguni/Hasta Nakshatra Sukama/Dhriti Yоga Balava/Kaulava Karana Chaturthi/Panchamam Titau			in, Trinidad and Tobago Sun 3 Sutra 297
Kanya Rasi: 6.02	TITHI 19 - 20	Gulika 9:24AM - 10:51AM	Ultraphalguni Untill 1:16PM	Ganesh: Red Muruga: White Nataraja: Orange Moon - Red	Sunrise: 6:28AM Sunset: 6:11PM Moon 2 - Phase 41 - 3 1st Phase
		Yama 6:28AM - 7:56AM	Sukama Untill 2:31PM		
		Rahu 1:47PM - 3:15PM	Kaulava Untill 3:18AM Fri		
Untill 1:16PM			Chaturthi* Untill 2:52PM	Magha-Thai	Sivaloka Day
Then Routine Work - Marana Yoga					

3

Friday, February 6, 2026

		Vishvasu Nama Samvatsare Uтарыаге Mоkша Ritau Makara Mase Kіtshna Pakshе Sukra Vasara Yukhtayam Hasta/Chitra Nakshatra Dhriti/Shula* Yоga Talila/Gara Karana Panchami/Shashthyam Titau			in, Trinidad and Tobago Sun 4 Sutra 298
Kanya Rasi: 18.42	TITHI 20 - 21	Gulika 7:56AM - 9:24AM	Hasta Untill 2:54PM	Ganesh: Green Muruga: White Nataraja: Orange Moon - Green	Sunrise: 6:28AM Sunset: 6:11PM Moon 2 - Phase 41 - 4 1st Phase
		Yama 3:15PM - 4:43PM	Dhriti Untill 2:07PM		
		Rahu 10:51AM - 12:19PM	Gara Untill 4:36AM Sat		
Creative Work	Amrita Yoga	965548577	Panchami Untill 3:51PM	Magha-Thai	Devaloka Day
Untill 2:54PM					
Then Creative Work - Siddha Yoga					

4

Saturday, February 7, 2026

		Vishvasu Nama Samvatsare Uтарыаге Mоkша Ritau Makara Mase Kіtshna Pakshе Manita Vasara Yukhtayam Chitra/Svati Nakshatra Shula*/Ganda* Yоga Vanja/Vsiti* Karana Shashthi/Saplamyam Titau			in, Trinidad and Tobago Sun 5 Sutra 299
Tula Rasi: 1.04	TITHI 21 - 22	Gulika 6:28AM - 7:56AM	Chitra Untill 5:00PM	Ganesh: White Muruga: White Nataraja: Orange Moon - Green	Sunrise: 6:28AM Sunset: 6:11PM Moon 2 - Phase 41 - 5 1st Phase
		Yama 1:47PM - 3:15PM	Shula* Untill 2:10PM		
		Rahu 9:24AM - 10:51AM	Vsiti Untill 6:30AM Sun		
Routine Work	Marana Yoga		Shashthi* Untill 5:28PM	Magha-Thai	Devaloka Day
Untill 5:00PM					
Then Creative Work - Siddha Yoga					

5

Sunday, February 8, 2026

		Vishvasu Nama Samvatsare Uтарыаге Mоkша Ritau Makara Mase Kіtshna Pakshе Bhanu Vasara Yukhtayam Svati Nakshatra Ganda*/Middhi Yоga Vsiti* Karana Panchami/Saplamyam Titau			in, Trinidad and Tobago Sun 6 Sutra 300
Tula Rasi: 13.12	TITHI 22	Gulika 3:15PM - 4:43PM	Svati Untill 7:24PM	Ganesh: White Muruga: White Nataraja: Orange Moon - Green	Sunrise: 6:27AM Sunset: 6:11PM Moon 2 - Phase 41 - 6 1st Phase
		Yama 12:19PM - 1:47PM	Ganda* Untill 2:38PM		
		Rahu 4:43PM - 6:11PM	Vsiti Untill 6:30AM		
Creative Work	Siddha Yoga	966548577	Saplami Untill 7:35PM	Magha-Thai	Devaloka Day
Untill 7:24PM					
Then Routine Work - Marana Yoga					

D

Monday, February 9, 2026

		Vishvasu Nama Samvatsare Uтарыаге Mоkша Ritau Makara Mase Kіtshna Pakshе Indu Vasara Yukhtayam Vishakha Nakshatra Middhi/Dhruva Yоga Balava/Kaulava Karana Ashtamam Titau			in, Trinidad and Tobago Sun 7 Sutra 301
Tula Rasi: 25.11	TITHI 23	Gulika 1:48PM - 3:16PM	Vishakha Untill 10:25PM	Ganesh: Clear Muruga: White Nataraja: Orange Moon - Orange	Sunrise: 6:27AM Sunset: 6:12PM Moon 2 - Phase 41 - 7 Ashtami
Family Home Evening		Yama 10:51AM - 12:19PM	Viddhi Untill 3:22PM		
		Rahu 7:55AM - 9:23AM	Balava Untill 8:47AM		
Routine Work	Marana Yoga	976548577	Ashlami* Untill 9:59PM	Magha-Thai	Sivaloka Day
Untill 10:25PM					
Then Creative Work - Siddha Yoga					

Tuesday, February 10, 2026

		Vishvasu Nama Samvatsare Uтарыаге Mоkша Ritau Makara Mase Kіtshna Pakshе Mangala Vasara Yukhtayam Anuradha Nakshatra Dhruva/Vyaghata* Yоga Talila/Gara Karana Navamam Titau			in, Trinidad and Tobago Sun 8 Sutra 302
Wschika Rasi: 7.05	TITHI 24	Gulika 12:20PM - 1:48PM	Anuradha Untill 1:20AM Wed	Ganesh: Clear Muruga: White Nataraja: Orange Moon - Orange	Sunrise: 6:27AM Sunset: 6:12PM Moon 2 - Phase 41 - 8 Navami
		Yama 9:23AM - 10:51AM	Dhruva Untill 4:09PM		
		Rahu 3:16PM - 4:44PM	Talila Untill 11:15AM		
Creative Work	Siddha Yoga	976548577	Navam* Untill 12:28AM Wed	Magha-Thai	Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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1

Wednesday, February 11, 2026

Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Krishna Pakshi Badha Vasara Yuktayam		in, Trinidad and Tobago	
Jyeshtha* Nakshatra Vyaghata* Harshana Yoga Vanja/Visi* Karana Dashamyam Tilau		Sun 9	Sutra 303
Gulika	10:51AM - 12:20PM	Jyeshtha* Until 3:58AM Thu	Ganesh: Clear Sunrise: 6:27AM
Yama	7:55AM - 9:23AM	Vyaghata* Until 4:55PM	Muruga: White Sunset: 6:19PM
976548577	Rahu	12:20PM - 1:48PM	Nataraja: Orange Moon 2 - Phase 42 - 9
Creative Work	Siddha Yoga	Vanija Until 1:42PM	2nd Phase
		Dashami Until 2:50AM Thu	Sivaloka Day
			Magha-Thai

2

Thursday, February 12, 2026

Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshi Guru Vasara Yuktayam		in, Trinidad and Tobago	
Mula* Nakshatra Harshana/Vajra* Yoga Bava/Baleva Karana Ekadashyam Tilau		Sun 10	Sutra 304
Gulika	9:23AM - 10:51AM	Mula* Until 6:39AM Fri	Ganesh: Purple Sunrise: 6:27AM
Yama	6:27AM - 7:55AM	Harshana Until 5:32PM	Muruga: White Sunset: 6:19PM
986548577	Rahu	1:48PM - 3:16PM	Nataraja: Orange Moon 2 - Phase 42 - 10
Creative Work	Siddha Yoga	Bava Until 3:56PM	2nd Phase
Until 6:39AM Fri		Ekadashi* Until 4:54AM Fri	Devaloka Day
Then Routine Work - Prabarishtha Yoga			Magha-Masi

3

Friday, February 13, 2026

Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshi Sukra Vasara Yuktayam		in, Trinidad and Tobago	
Mula* Purvashadha* Nakshatra Vajra/Siddhi Yoga Kaulava/Tailita Karana Dvadashyam Tilau		Sun 11	Sutra 305
Gulika	7:55AM - 9:23AM	Mula* Until 6:39AM	Ganesh: Purple Sunrise: 6:26AM
Yama	3:16PM - 4:44PM	Vajra* Until 5:49PM	Muruga: White Sunset: 6:19PM
986548577	Rahu	10:51AM - 12:20PM	Nataraja: Orange Moon 2 - Phase 42 - 11
Creative Work	Amrita Yoga	Kaulava Until 5:47PM	2nd Phase
Until 6:39AM		Dvadashi* Until 6:30AM Sat	Devaloka Day
Then Routine Work - Prabarishtha Yoga			Magha-Masi

4

Saturday, February 14, 2026

Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshi Manta Vasara Yuktayam		in, Trinidad and Tobago	
Purvashadha* Uttarashadha Nakshatra Siddhi/Vyjalpata* Yoga Talita/Gara Karana Dvadashi/Trayodashyam Tilau		Sun 12	Sutra 306
Gulika	6:26AM - 7:54AM	Purvashadha* Until 8:43AM	Ganesh: Clear Sunrise: 6:26AM
Yama	1:48PM - 3:16PM	Siddhi Until 5:45PM	Muruga: White Sunset: 6:19PM
987548577	Rahu	9:23AM - 10:51AM	Nataraja: Orange Moon 2 - Phase 42 - 12
Creative Work	Siddha Yoga	Gara Until 7:08PM	2nd Phase
Until 8:43AM		Dvadashi* Until 6:30AM	Sivaloka Day
Then Routine Work - Marana Yoga			Magha-Masi
			Pradosha Vata (Fasting)

5

Sunday, February 15, 2026

Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshi Bharu Vasara Yuktayam		in, Trinidad and Tobago	
Uttarashadha/Shravana Nakshatra Vyjalpata* Varjan Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Tilau		Sun 13	Sutra 307
Gulika	3:16PM - 4:45PM	Uttarashadha Until 10:08AM	Ganesh: Clear Sunrise: 6:26AM
Yama	12:20PM - 1:48PM	Vyjalpata* Until 5:16PM	Muruga: White Sunset: 6:19PM
987548577	Rahu	4:45PM - 6:13PM	Nataraja: Orange Moon 2 - Phase 42 - 13
Creative Work	Amrita Yoga	Visi Until 7:56PM	2nd Phase
		Trayodashi* Until 7:35AM	Sivaloka Day
			Magha-Masi

Monday, February 16, 2026

Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshi Indu Vasara Yuktayam		in, Trinidad and Tobago	
Shravana/Chaturdash Nakshatra Varjan/Parigaha* Yoga Sakuni/Cataspada* Karana Chaturdash/Amavasyayam Tilau		Sun 14	Sutra 308
Gulika	1:48PM - 3:16PM	Shravana Until 11:18AM	Ganesh: Orange Sunrise: 6:25AM
Yama	10:51AM - 12:19PM	Varjan Until 4:19PM	Muruga: White Sunset: 6:19PM
997548577	Rahu	7:54AM - 9:22AM	Nataraja: Orange Moon 2 - Phase 42 - 14
Creative Work	Amrita Yoga	Cataspada Until 8:09PM	Amavasya
Until 11:18AM		Chaturdash* Until 8:06AM	Sivaloka Day
Then Creative Work - Siddha Yoga			Magha-Masi

Tuesday, February 17, 2026

Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshi Mangala Vasara Yuktayam		in, Trinidad and Tobago	
Dhanishtha/Shatabhishak Nakshatra Parigaha/Shiva Yoga Naga/Kintughna* Karana Amavasya/Prathamyam Tilau		Sun 15	Sutra 309
Gulika	12:19PM - 1:48PM	Dhanishtha Until 11:46AM	Ganesh: Orange Sunrise: 6:25AM
Yama	9:22AM - 10:51AM	Parigaha* Until 2:58PM	Muruga: White Sunset: 6:19PM
997548577	Rahu	3:17PM - 4:45PM	Nataraja: Orange Moon 2 - Phase 42 - 15
Creative Work	Siddha Yoga	Kintughna Until 7:50PM	Prathama
Until 11:46AM		Amavasya* Until 8:02AM	Sivaloka Day
Then Routine Work - Marana Yoga			Phalgun-Masi

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>	<b>Wednesday, February 18, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				in, Trinidad and Tobago
	Kumbha Rasi: 16.46	Tilthi 1 – 2	<b>Gulika</b> Yama 997548577	<b>10:51AM – 12:19PM</b> 7:53AM – 9:22AM <b>Rahu</b> 12:19PM – 1:48PM	<b>Shatabhishak Until 11:36AM</b> Shiva Until 1:14PM Balava Until 7:02PM <b>Prathama* Until 7:28AM</b>	<b>Ganesha:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Purple Phalgunu-Masi	Sunrise: 6:25AM Sunset: 6:14PM Moon 2 - Phase 43-16 3rd Phase
Creative Work		Siddha Yoga					
Until 11:36AM							
Then Creative Work - Amrita Yoga							

<b>2</b>	<b>Thursday, February 19, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Gara Vasara Yuktayam Puravroshthapada*/Uttaravroshthapada Nakshatra Siddha Yoga Kaujava/Gara Karana Dvitiya/Trityayam Titau				in, Trinidad and Tobago
	Mesha Rasi: 0.17	Tilthi 2 – 3	<b>Gulika</b> Yama 917548577	<b>9:22AM – 10:51AM</b> 6:25AM – 7:53AM <b>Rahu</b> 1:48PM – 3:17PM	<b>Puravroshthapada* Until 11:19AM</b> Siddha Until 11:09AM Gara Until 5:06AM Fri <b>Dvitiya Until 6:28AM</b>	<b>Ganesha:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear Phalgunu-Masi	Sunrise: 6:25AM Sunset: 6:14PM Moon 2 - Phase 43-17 3rd Phase
Creative Work		Siddha Yoga					

<b>3</b>	<b>Friday, February 20, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam Uttaravroshthapada/Revati Nakshatra Sadhya/Subha Yoga Vanja/Vasit* Karana Chalurthyam Titau				in, Trinidad and Tobago
	Mesha Rasi: 14.02	Tilthi 4	<b>Gulika</b> Yama 917548577	<b>7:53AM – 9:22AM</b> 3:17PM – 4:45PM <b>Rahu</b> 10:50AM – 12:19PM	<b>Uttaravroshthapada Until 10:33AM</b> Sadya Until 8:49AM Vanija Until 4:20PM <b>Chalurthi* Until 3:27AM Sat</b>	<b>Ganesha:</b> Green <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear Phalgunu-Masi	Sunrise: 6:24AM Sunset: 6:14PM Moon 2 - Phase 43-18 3rd Phase
Creative Work		Siddha Yoga					

<b>4</b>	<b>Saturday, February 21, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mantla Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau				in, Trinidad and Tobago
	Mesha Rasi: 27.56	Tilthi 5	<b>Gulika</b> Yama 918548577	<b>6:24AM – 7:53AM</b> 1:48PM – 3:17PM <b>Rahu</b> 9:21AM – 10:50AM	<b>Revati Until 9:24AM</b> Subha Until 6:17AM Bava Until 2:35PM <b>Panchami Until 1:37AM Sun</b>	<b>Ganesha:</b> Red <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Clear Phalgunu-Masi	Sunrise: 6:24AM Sunset: 6:14PM Moon 2 - Phase 43-19 3rd Phase
Routine Work		Prabalaristha Yoga					
Until 9:24AM							
Then Creative Work - Siddha Yoga		Subramuniyaswami Siva Vision Day					

<b>5</b>	<b>Sunday, February 22, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Kaujava/Tailila Karana Shashthyam Titau				in, Trinidad and Tobago
	Mesha Rasi: 11.57	Tilthi 6	<b>Gulika</b> Yama 928548577	<b>3:17PM – 4:46PM</b> 12:19PM – 1:48PM <b>Rahu</b> 4:46PM – 6:15PM	<b>Ashvini Until 8:21AM</b> Brahma Until 12:45AM Mon Kaujava Until 12:39PM <b>Shashthi* Until 11:38PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – White Phalgunu-Masi	Sunrise: 6:23AM Sunset: 6:15PM Moon 2 - Phase 43-20 3rd Phase
Creative Work		Siddha Yoga					
Until 8:21AM							
Then Routine Work - Prabalaristha Yoga							

<b>6</b>	<b>Monday, February 23, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Bharani/Kittika Nakshatra Indra Yoga Gara/Vasita Karana Sapthamyam Titau				in, Trinidad and Tobago
	Mesha Rasi: 26.03	Tilthi 7	<b>Gulika</b> Yama 928548577	<b>1:48PM – 3:17PM</b> 10:50AM – 12:19PM <b>Rahu</b> 7:52AM – 9:21AM	<b>Bharani Until 7:01AM</b> Indra Until 9:53PM Gara Until 10:37AM <b>Sapthami Until 9:33PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – White Phalgunu-Masi	Sunrise: 6:23AM Sunset: 6:15PM Moon 2 - Phase 43-21 3rd Phase
Creative Work		Siddha Yoga					
Until 7:01AM							
Then Routine Work - Marana Yoga							

<b>D</b>	<b>Tuesday, February 24, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Visi*/Bava Karana Ashtamyam Titau				in, Trinidad and Tobago
	Wisshabha Rasi: 10.13	Tilthi 8	<b>Gulika</b> Yama 938548577	<b>12:19PM – 1:48PM</b> 9:21AM – 10:50AM <b>Rahu</b> 3:17PM – 4:46PM	<b>Rohini Until 4:12AM Wed</b> Vaidhriti* Until 6:57PM Visi Until 8:31AM <b>Ashtami* Until 7:25PM</b>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Yellow Phalgunu-Masi	Sunrise: 6:23AM Sunset: 6:15PM Moon 2 - Phase 43-22 Ashtami
Creative Work		Amrita Yoga					
Until 4:12AM Wed							
Then Creative Work - Siddha Yoga							

<b>W</b>	<b>Wednesday, February 25, 2026</b>		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Migashira Nakshatra Vishkambha*/Pili Yoga Balava/Tailila Karana Navami/Dashamyam Titau				in, Trinidad and Tobago
	Wisshabha Rasi: 24.23	Tilthi 9 – 10	<b>Gulika</b> Yama 938648577	<b>10:49AM – 12:19PM</b> 7:51AM – 9:20AM <b>Rahu</b> 12:19PM – 1:48PM	<b>Mrigashira Until 2:46AM Thu</b> Vishkambha* Until 4:02PM Balava Until 6:22AM <b>Navami* Until 5:17PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> White <b>Nataraja:</b> Orange Moon – Yellow Phalgunu-Masi	Sunrise: 6:23AM Sunset: 6:15PM Moon 2 - Phase 43-23 Navami
Creative Work		Siddha Yoga					
Until 2:46AM Thu							
Then Routine Work - Marana Yoga							

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1 Thursday, February 26, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Guru Vasara Yuktayam in, Trinidad and Tobago				
		Ardra Nakshatra Prit/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau Sun 24 Sutra 318				
Mithuna Rasi: 8.34	TITHI 10 – 11	<b>Gulika</b> 9:20AM – 10:49AM	<b>Ardra Until 1:16AM Fri</b>	<b>Ganesh:</b> Blue	Sunrise: 6:20AM	Vasavasu 5:17
		Yama 6:22AM – 7:51AM	Priti Until 1:08PM	<b>Muruga:</b> White	Sunset: 6:15PM	Moon 2 - Phase 44 - 24
Routine Work Marana Yoga		938648577 <b>Rahu</b> 1:48PM – 3:17PM	Vanija Until 2:10AM Fri	<b>Nataraja:</b> Orange		4th Phase
Until 1:16AM Fri			<b>Dashami Until 3:11PM</b>	Moon – Yellow		
Then Creative Work - Siddha Yoga				Phalgun-Masi		<b>Subha Sivaloka Day</b>

2 Friday, February 27, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Sudra Vasara Yuktayam in, Trinidad and Tobago				
		Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vasi/Bava Karana Ekadashi/Dwadashyam Tilau Sun 25 Sutra 319				
Mithuna Rasi: 22.41	TITHI 11 – 12	<b>Gulika</b> 7:51AM – 9:20AM	<b>Punarvasu Until 12:09AM Sat</b>	<b>Ganesh:</b> White	Sunrise: 6:21AM	Vasavasu 5:17
		Yama 3:17PM – 4:46PM	Ayushman Until 10:17AM	<b>Muruga:</b> White	Sunset: 6:15PM	Moon 2 - Phase 44 - 25
Creative Work Siddha Yoga		949648577 <b>Rahu</b> 10:49AM – 12:18PM	Bava Until 12:14AM Sat	<b>Nataraja:</b> Orange		4th Phase
			<b>Ekadashi Until 1:10PM</b>	Moon – Blue		
				Phalgun-Masi		<b>Devaloka Day</b>

3 Saturday, February 28, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Manu Vasara Yuktayam in, Trinidad and Tobago				
		Pushya Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau Sun 26 Sutra 320				
Kalka Rasi: 6.44	TITHI 12 – 13	<b>Gulika</b> 6:21AM – 7:50AM	<b>Pushya Until 11:07PM</b>	<b>Ganesh:</b> White	Sunrise: 6:21AM	Vasavasu 5:17
		Yama 1:47PM – 3:17PM	Saubhagya Until 7:35AM	<b>Muruga:</b> White	Sunset: 6:15PM	Moon 2 - Phase 44 - 26
Creative Work Siddha Yoga		949648577 <b>Rahu</b> 9:20AM – 10:49AM	Kaulava Until 10:29PM	<b>Nataraja:</b> Orange		4th Phase
Until 11:07PM			<b>Dvadashi Until 11:19AM</b>	Moon – Blue		
Then Routine Work - Marana Yoga				Phalgun-Masi		<b>Devaloka Day</b>

4 Sunday, March 1, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Bhanu Vasara Yuktayam in, Trinidad and Tobago				
		Ashlesha* Nakshatra Athiganda* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau Sun 27 Sutra 321				
Kalka Rasi: 20.37	TITHI 13 – 14	<b>Gulika</b> 3:17PM – 4:46PM	<b>Ashlesha* Until 10:13PM</b>	<b>Ganesh:</b> White	Sunrise: 6:20AM	Vasavasu 5:17
		Yama 12:18PM – 1:47PM	Athiganda* Until 2:48AM Mon	<b>Muruga:</b> White	Sunset: 6:15PM	Moon 2 - Phase 44 - 27
Creative Work Siddha Yoga		949648577 <b>Rahu</b> 4:46PM – 6:15PM	Gara Until 9:03PM	<b>Nataraja:</b> Orange		4th Phase
Until 10:13PM		<b>Chidambaram Abhishekam</b>	<b>Trayodashi Until 9:42AM</b>	Moon – Blue		
Then Routine Work - Marana Yoga				Phalgun-Masi		<b>Devaloka Day</b>

Monday, March 2, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksh: Indu Vasara Yuktayam in, Trinidad and Tobago				
Copper Retreat Star		Magha* Nakshatra Sukarma Yoga Vanija/Visli* Karana Chaturdashi/Purnimayam Tilau Sutra 322				
Simha Rasi: 4.19	TITHI 14 – 15	<b>Gulika</b> 1:47PM – 3:17PM	<b>Magha* Until 10:00PM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:20AM	Vasavasu 5:17
Family Home Evening		Yama 10:48AM – 12:18PM	Sukarma Until 12:52AM Tue	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 2 - Phase 44 - 28
Routine Work Marana Yoga		959648577 <b>Rahu</b> 7:49AM – 9:19AM	Visli Until 7:59PM	<b>Nataraja:</b> Orange		Purnima
Until 10:00PM		<b>Holi</b>	<b>Chaturdashi* Until 8:27AM</b>	Moon – Red		
Then Creative Work - Siddha Yoga				Phalgun-Masi		<b>Sivaloka Day</b>

Tuesday, March 3, 2026		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksh: Mangala Vasara Yuktayam in, Trinidad and Tobago				
Silver Retreat Star		Purvaphalguni Nakshatra Dhirli Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sutra 323				
Simha Rasi: 17.47	TITHI 15 – 16	<b>Gulika</b> 12:17PM – 1:47PM	<b>Purvaphalguni Until 10:06PM</b>	<b>Ganesh:</b> Clear	Sunrise: 6:19AM	Vasavasu 5:17
		Yama 9:18AM – 10:48AM	Dhirli Until 11:20PM	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 2 - Phase 44 - 29
Creative Work Siddha Yoga		959648577 <b>Rahu</b> 3:16PM – 4:46PM	Balava Until 7:25PM	<b>Nataraja:</b> Orange		Prathama
Until 10:06PM			<b>Purnima* Until 7:37AM</b>	Moon – Red		
Then Creative Work - Amrita Yoga				Phalgun-Masi		<b>Sivaloka Day</b>

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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Wednesday, March 4, 2026

Gold Retreat Star

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Бадха Васара Yuktayam in, Trinidad and Tobago Sun 4 Sutra 324  
Uтаррапхалуні Nakshatra Shula\* Yoga Kaulava/Tailila Karana Prathamam/Dvitiyayam Titau

Kanya Rasi: 0.58	Tithi 16 - 17	Gulika 10:47AM - 12:17PM	Uтаррапхалуні Until 10:36PM	Ganesha: Clear	Sunrise: 6:19AM	Vasavasu 5:17
		Yama 7:48AM - 9:18AM	Shula* Until 10:12PM	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 45 - 1st Phase
		959648577 Rahu 12:17PM - 1:47PM	Tailila Until 7:23PM	Nataraja: Orange		
Creative Work	Amrita Yoga		Prathama* Until 7:18AM	Moon - Red		Sivaloka Day
Until 10:36PM				Phalgunam-Masi		
Then Routine Work - Marana Yoga						

1

Thursday, March 5, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Гору Васара Yuktayam in, Trinidad and Tobago Sun 1 Sutra 325  
Hasta Nakshatra Ganda\* Yoga Gara/Vanija Karana Dvitiyam/Tritiyam Titau

Kanya Rasi: 13.51	Tithi 17 - 18	Gulika 9:17AM - 10:47AM	Hasla Until 11:59PM	Ganesha: White	Sunrise: 6:18AM	Vasavasu 5:17
		Yama 6:18AM - 7:48AM	Ganda* Until 9:33PM	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 45 - 1st Phase
		169648577 Rahu 1:47PM - 3:16PM	Vanija Until 7:56PM	Nataraja: Orange		
Routine Work	Marana Yoga		Dvitiya Until 7:34AM	Moon - Green		Devaloka Day
Until 11:59PM				Phalgunam-Masi		
Then Creative Work - Siddha Yoga						

2

Friday, March 6, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Sukra Vasara Yuktayam in, Trinidad and Tobago Sun 2 Sutra 326  
Chitra Nakshatra Viddhi Yoga Visi\* Bava Karana Tritiya/Chaturtham Titau

Kanya Rasi: 26.28	Tithi 18 - 19	Gulika 7:47AM - 9:17AM	Chitra Until 1:46AM Sat	Ganesha: White	Sunrise: 6:18AM	Vasavasu 5:17
		Yama 3:16PM - 4:46PM	Viddhi Until 9:22PM	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 45 - 2
		169648577 Rahu 10:47AM - 12:17PM	Bava Until 9:05PM	Nataraja: Orange		1st Phase
Creative Work	Siddha Yoga		Tritiya Until 8:25AM	Moon - Green		Devaloka Day
				Phalgunam-Masi		

3

Saturday, March 7, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Marta Vasara Yuktayam in, Trinidad and Tobago Sun 3 Sutra 327  
Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Pancham Yam Titau

Tula Rasi: 8.49	Tithi 19 - 20	Gulika 6:17AM - 7:47AM	Svali Until 3:52AM Sun	Ganesha: Purple	Sunrise: 6:17AM	Vasavasu 5:17
		Yama 1:46PM - 3:16PM	Dhruva Until 9:33PM	Muruga: Clear	Sunset: 6:16PM	Moon 3 - Phase 45 - 3
		161658577 Rahu 9:17AM - 10:47AM	Kaulava Until 10:45PM	Nataraja: Orange		1st Phase
Creative Work	Siddha Yoga		Chaturthi* Until 9:50AM	Moon - Green		Bhuloka Day
Until 3:52AM Sun				Phalgunam-Masi		Devaloka Time: 3PM to 6PM
Then Routine Work - Marana Yoga						

4

Sunday, March 8, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Bhanu Vasara Yuktayam in, Trinidad and Tobago Sun 4 Sutra 328  
Vishaka Nakshatra Vyaghata\* Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Tula Rasi: 20.59	Tithi 20 - 21	Gulika 3:16PM - 4:46PM	Vishaka Until 6:41AM Mon	Ganesha: Clear	Sunrise: 6:16AM	Vasavasu 5:17
		Yama 12:16PM - 1:46PM	Vyaghata* Until 10:04PM	Muruga: Clear	Sunset: 6:16PM	Moon 3 - Phase 45 - 4
		171658577 Rahu 4:46PM - 6:16PM	Gara Until 12:50AM Mon	Nataraja: Orange		1st Phase
Routine Work	Marana Yoga		Panchami Until 11:44AM	Moon - Orange		Devaloka Day
Until 6:41AM Mon				Phalgunam-Masi		
Then Creative Work - Siddha Yoga						

5

Monday, March 9, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Indu Vasara Yuktayam in, Trinidad and Tobago Sun 5 Sutra 329  
Vishaka/Anuradha Nakshatra Harshana Yoga Vanija/Visi\* Karana Shashthi/Saptam Yam Titau

Witschika Rasi: 2.59	Tithi 21 - 22	Gulika 1:46PM - 3:16PM	Vishaka Until 6:41AM	Ganesha: Clear	Sunrise: 6:16AM	Vasavasu 5:17
		Yama 10:46AM - 12:16PM	Harshana Until 10:49PM	Muruga: Clear	Sunset: 6:16PM	Moon 3 - Phase 45 - 5
		171658577 Rahu 7:46AM - 9:16AM	Visi Until 3:11AM Tue	Nataraja: Orange		1st Phase
Family Home Evening	Marana Yoga		Shashthi* Until 1:58PM	Moon - Orange		Devaloka Day
Until 6:41AM				Phalgunam-Masi		
Then Creative Work - Siddha Yoga						

6

Tuesday, March 10, 2026

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Mangala Vasara Yuktayam in, Trinidad and Tobago Sun 6 Sutra 330  
Anuradha/Jyeshtha\* Nakshatra Vajra\* Yoga Bava/Balava Karana Saptami/Ashtam Yam Titau

Witschika Rasi: 14.54	Tithi 22 - 23	Gulika 12:16PM - 1:46PM	Anuradha Until 9:32AM	Ganesha: Clear	Sunrise: 6:15AM	Vasavasu 5:17
		Yama 9:16AM - 10:46AM	Vajra* Until 11:37PM	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 45 - 6
		171658677 Rahu 3:16PM - 4:46PM	Balava Until 5:37AM Wed	Nataraja: Light Blue		1st Phase
Creative Work	Siddha Yoga		Saptami Until 4:23PM	Moon - Orange		Bhuloka Day
Until 9:32AM				Phalgunam-Masi		Devaloka Time: 6AM to 9AM
Then Routine Work - Marana Yoga						

Wednesday, March 11, 2026

Retreat Star

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Budha Vasara Yuktayam in, Trinidad and Tobago Sun 7 Sutra 331  
Jyeshtha/Mula\* Nakshatra Siddhi\* Yoga Kaulava Karana Ashtam Yam Titau

Witschika Rasi: 26.48	Tithi 23	Gulika 10:45AM - 12:15PM	Jyeshtha* Until 12:15PM	Ganesha: Clear	Sunrise: 6:15AM	Vasavasu 5:17
		Yama 7:45AM - 9:15AM	Siddhi Until 12:22AM Thu	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 45 - 7
		171658677 Rahu 12:15PM - 1:46PM	Kaulava Until 6:46PM	Nataraja: Light Blue		Ashtami
Creative Work	Siddha Yoga		Ashlami* Until 6:46PM	Moon - Orange		Bhuloka Day
Until 12:15PM				Phalgunam-Masi		Devaloka Time: 6AM to 9AM
Then Routine Work - Marana Yoga						

Thursday, March 12, 2026

Retreat Star

Viswasa Nama Samvatsara Uтарыяне Мокша Рітау Кумбха Маса Крішна Пакше Guro Vasara Yuktayam in, Trinidad and Tobago Sun 8 Sutra 332  
Mula/Purvashadha\* Nakshatra Vyajipata\* Yoga Tailila/Gara Karana Navam Yam Titau

Dhanu Rasi: 8.45	Tithi 24	Gulika 9:15AM - 10:45AM	Mula* Until 3:08PM	Ganesha: White	Sunrise: 6:14AM	Vasavasu 5:17
		Yama 6:14AM - 7:45AM	Vyajipata* Until 12:56AM Fri	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 45 - 8
		181658677 Rahu 1:45PM - 3:16PM	Tailila Until 7:55AM	Nataraja: Light Blue		Navami
Creative Work	Siddha Yoga		Navam* Until 8:56PM	Moon - Light Blue		Bhuloka Day
				Phalgunam-Masi		

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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# 1 Friday, March 13, 2026

Dhanu Rasi: 20.49		Tithi 25	Rahu		181658677	Viswastu Nama Samvatsara Uтарыне Moksha Ritau Kumbha Mase Krishna Paksh: Sukra Vasara Yuktayam Purvashada* Uтарыashada Nakshatra Varjani Yoga Vanjui/Visti* Karana Dashmashyam Tilau <b>Gulika 7:44AM - 9:14AM</b> Yama 3:15PM - 4:46PM Rahu 10:45AM - 12:15PM	Purvashada* Until 5:29PM Varjani Until 1:08AM Sat Vanija Until 9:53AM <b>Dashami Until 10:39PM</b>	Ganesh: White Sunrise: 6:14AM Muruga: White Sunset: 6:16PM Nataraja: Light Blue Moon - Light Blue Phalgun-Masi	in, Trinidad and Tobago Sun 9 Sutra 333 Vivasasu 5:127 Moon 3 - Phase 46 - 9 2nd Phase
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Routine Work Prabalashita Yoga  
 Until 5:29PM  
 Then Routine Work - Marana Yoga

# 2 Saturday, March 14, 2026

Makara Rasi: 3.05		Tithi 26	Rahu		181658677	Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Mania Vasara Yuktayam Uttarashada Nakshatra Parigha* Yoga Bava/Baleva Karana Ekadashyam Tilau <b>Gulika 6:13AM - 7:44AM</b> Yama 1:45PM - 3:15PM Rahu 9:14AM - 10:44AM	Uttarashada Until 7:08PM Parigha* Until 12:53AM Sun Bava Until 11:19AM <b>Ekadashi* Until 11:47PM</b>	Ganesh: White Sunrise: 6:13AM Muruga: White Sunset: 6:16PM Nataraja: Light Blue Moon - Light Blue Phalgun-Panguni	in, Trinidad and Tobago Sun 10 Sutra 334 Vivasasu 5:127 Moon 3 - Phase 46 - 10 2nd Phase
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Routine Work Marana Yoga  
 Until 7:08PM  
 Then Creative Work - Siddha Yoga

# 3 Sunday, March 15, 2026

Makara Rasi: 15.37		Tithi 27	Rahu		191658678	Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Bharu Vasara Yuktayam Shravana Nakshatra Shiva Yoga Kaulava/Tallia Karana Dvadashyam Tilau <b>Gulika 3:15PM - 4:46PM</b> Yama 12:14PM - 1:45PM Rahu 4:46PM - 6:16PM	Shravana Until 8:27PM Shiva Until 12:07AM Mon Kaulava Until 12:07PM <b>Dvadashi* Until 12:14AM Mon</b>	Ganesh: Yellow Sunrise: 6:13AM Muruga: White Sunset: 6:16PM Nataraja: Purple Moon - Purple Phalgun-Panguni	in, Trinidad and Tobago Sun 11 Sutra 335 Vivasasu 5:127 Moon 3 - Phase 46 - 11 2nd Phase
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Creative Work Amrita Yoga  
 Until 8:27PM  
 Then Routine Work - Marana Yoga

# 4 Monday, March 16, 2026

Makara Rasi: 28.29		Tithi 28	Rahu		191658678	Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Indu Vasara Yuktayam Dhanishtha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodashyam Tilau <b>Gulika 1:45PM - 3:15PM</b> Yama 10:44AM - 12:14PM Rahu 7:43AM - 9:13AM	Dhanishtha Until 8:54PM Siddha Until 10:45PM Gara Until 12:12PM <b>Trayodashi* Until 11:57PM</b>	Ganesh: Yellow Sunrise: 6:12AM Muruga: White Sunset: 6:16PM Nataraja: Purple Moon - Purple Phalgun-Panguni	in, Trinidad and Tobago Sun 12 Sutra 336 Vivasasu 5:127 Moon 3 - Phase 46 - 12 2nd Phase
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Family Home Evening  
 Creative Work Siddha Yoga

Pradosha Vata (Fasting)

# 5 Tuesday, March 17, 2026

Kumbha Rasi: 11.43		Tithi 29	Rahu		192658678	Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Krishna Paksh: Mangala Vasara Yuktayam Shalabhishak Nakshatra Sadhya Yoga Visti*/Sakuni* Karana Chaturdashyam Tilau <b>Gulika 12:14PM - 1:44PM</b> Yama 9:13AM - 10:43AM Rahu 3:15PM - 4:45PM	Shalabhishak Until 8:31PM Sadhya Until 8:52PM Visti Until 11:33AM <b>Chaturdashi* Until 10:58PM</b>	Ganesh: Blue Sunrise: 6:11AM Muruga: White Sunset: 6:16PM Nataraja: Purple Moon - Clear Phalgun-Panguni	in, Trinidad and Tobago Sun 13 Sutra 337 Vivasasu 5:127 Moon 3 - Phase 46 - 13 2nd Phase
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Routine Work Marana Yoga

# Wednesday, March 18, 2026

Kumbha Rasi: 25.19		Tithi 30	Rahu		112658678	Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksh: Badha Vasara Yuktayam Purvaprosarthpada* Nakshatra Subha Yoga Catuspada*Alaga* Karana Amavasyayam Tilau <b>Gulika 10:43AM - 12:13PM</b> Yama 7:42AM - 9:12AM Rahu 12:13PM - 1:44PM	Purvaprosarthpada* Until 7:51PM Subha Until 6:31PM Catuspada Until 10:17AM <b>Amavasya* Until 9:24PM</b>	Ganesh: Red Sunrise: 6:11AM Muruga: White Sunset: 6:16PM Nataraja: Purple Moon - Clear Phalgun-Panguni	in, Trinidad and Tobago Sun 14 Sutra 338 Vivasasu 5:127 Moon 3 - Phase 46 - 14 Amavasya
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Creative Work Amrita Yoga  
 Until 7:51PM  
 Then Creative Work - Siddha Yoga

# Thursday, March 19, 2026

Meena Rasi: 9.15		Tithi 1	Rahu		112658678	Viswastu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksh: Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Sukla/Brahma Yoga Kintughna* Bava Karana Prathamayam Tilau <b>Gulika 9:12AM - 10:42AM</b> Yama 6:10AM - 7:41AM Rahu 1:44PM - 3:15PM	Uttaraprosarthpada Until 6:33PM Sukla Until 3:44PM Kintughna Until 8:27AM <b>Prathama* Until 7:22PM</b>	Ganesh: Red Sunrise: 6:10AM Muruga: White Sunset: 6:16PM Nataraja: Purple Moon - Clear Chaitra-Panguni	in, Trinidad and Tobago Sun 15 Sutra 339 Vivasasu 5:127 Moon 3 - Phase 46 - 15 Prathama
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Creative Work Siddha Yoga

Yugadi

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda  
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1 Friday, March 20, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Varsara Yuktayam Revati/Ashvini Nakshatra Brahmana/Indra Yoga Baveva/Taila Karana Dvitiya/Tritiyayam Titau				in, Trinidad and Tobago
Mesha Rasi: 23.28	Tithi 2 - 3	<b>Gulika</b> 7:41AM - 9:11AM	<b>Revati Until 4:46PM</b>	<b>Ganesh:</b> Red	Sunrise: 6:10AM	Vasvasu 5:17
		<b>Yama</b> 3:14PM - 4:45PM	<b>Brahma Until 12:41PM</b>	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 3 - Phase 47 - 12
		112658678 <b>Rahu</b> 10:42AM - 12:13PM	<b>Balava Until 6:14AM</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 4:59PM</b>	Moon - Clear		<b>Bhuloka Day</b>
Until 4:46PM				Chaitra-Panguni		Devaloka Time: 9AM to 12:2PM
Then Creative Work	- Amrita Yoga					

2 Saturday, March 21, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Varsara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti/ Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				in, Trinidad and Tobago
Mesha Rasi: 7.51	Tithi 3 - 4	<b>Gulika</b> 6:09AM - 7:40AM	<b>Ashvini Until 3:04PM</b>	<b>Ganesh:</b> Yellow	Sunrise: 6:09AM	Vasvasu 5:17
		<b>Yama</b> 1:43PM - 3:14PM	<b>Indra Until 9:27AM</b>	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 3 - Phase 47 - 17
		122658678 <b>Rahu</b> 9:11AM - 10:42AM	<b>Vanija Until 1:06AM Sun</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 2:24PM</b>	Moon - White		<b>Bhuloka Day</b>
		Chellappaswami Mahasamadh		Chaitra-Panguni		Devaloka Time: 9AM to 12:2PM

3 Sunday, March 22, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bharu Varsara Yuktayam Bharani/Elk Nakshatra Vaidhriti/Vokambha/ Yoga Visi/Bava Karana Chaturthi/Panchamyam Titau				in, Trinidad and Tobago
Mesha Rasi: 22.2	Tithi 4 - 5	<b>Gulika</b> 3:14PM - 4:45PM	<b>Bharani Until 1:09PM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:09AM	Vasvasu 5:17
		<b>Yama</b> 12:12PM - 1:43PM	<b>Vaidhriti/ Until 6:07AM</b>	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 3 - Phase 47 - 18
		122758678 <b>Rahu</b> 4:45PM - 6:16PM	<b>Bava Until 10:27PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Prabalarista Yoga		<b>Chaturthi/ Until 11:45AM</b>	Moon - White		<b>Bhuloka Day</b>
Until 1:09PM				Chaitra-Panguni		
Then Creative Work	- Siddha Yoga					

4 Monday, March 23, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Varsara Yuktayam Kritika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				in, Trinidad and Tobago
Wisshabha Rasi: 6.48	Tithi 5 - 6	<b>Gulika</b> 1:43PM - 3:14PM	<b>Kritika Until 11:09AM</b>	<b>Ganesh:</b> Blue	Sunrise: 6:08AM	Vasvasu 5:17
<b>Family Home Evening</b>		<b>Yama</b> 10:41AM - 12:12PM	<b>Priti Until 11:36PM</b>	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 3 - Phase 47 - 19
		122758678 <b>Rahu</b> 7:39AM - 9:10AM	<b>Kaulava Until 7:53PM</b>	<b>Nataraja:</b> Purple		3rd Phase
Routine Work	Marana Yoga		<b>Panchami Until 9:08AM</b>	Moon - White		<b>Bhuloka Day</b>
Until 11:09AM				Chaitra-Panguni		
Then Creative Work	- Amrita Yoga					

5 Tuesday, March 24, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Varsara Yuktayam Rohini/Mrigashira Nakshatra Ayushnina Yoga Talila/Vanija Karana Shashthi/Saptamyam Titau				in, Trinidad and Tobago
Wisshabha Rasi: 21.11	Tithi 6 - 7	<b>Gulika</b> 12:12PM - 1:43PM	<b>Rohini Until 9:35AM</b>	<b>Ganesh:</b> Yellow	Sunrise: 6:07AM	Vasvasu 5:17
		<b>Yama</b> 9:10AM - 10:41AM	<b>Ayushman Until 8:32PM</b>	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 3 - Phase 47 - 20
		132758678 <b>Rahu</b> 3:14PM - 4:45PM	<b>Vanija Until 4:23AM Wed</b>	<b>Nataraja:</b> Purple		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi/ Until 6:39AM</b>	Moon - Yellow		<b>Bhuloka Day</b>
Until 9:35AM				Chaitra-Panguni		Devaloka Time: 6AM to 9AM
Then Creative Work	- Siddha Yoga					

Wednesday, March 25, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Varsara Yuktayam Migashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Visi/Bava Karana Ashtamyam Titau				in, Trinidad and Tobago
<b>Retreat Star</b>		<b>Gulika</b> 10:40AM - 12:11PM	<b>Mrigashira Until 8:05AM</b>	<b>Ganesh:</b> Yellow	Sunrise: 6:07AM	Vasvasu 5:17
Mithuna Rasi: 5.25	Tithi 8	<b>Yama</b> 7:38AM - 9:09AM	<b>Saubhagya Until 5:41PM</b>	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 3 - Phase 47 - 21
		132758678 <b>Rahu</b> 12:11PM - 1:43PM	<b>Visi Until 3:23PM</b>	<b>Nataraja:</b> Purple		Ashtami
Creative Work	Siddha Yoga		<b>Ashtami/ Until 2:24AM Thu</b>	Moon - Yellow		<b>Bhuloka Day</b>
				Chaitra-Panguni		Devaloka Time: 6AM to 9AM

Thursday, March 26, 2026		Vishvasu Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Varsara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Ahiganda/ Yoga Balava/Kaulava Karana Navamyam Titau				in, Trinidad and Tobago
<b>Retreat Star</b>		<b>Gulika</b> 9:09AM - 10:40AM	<b>Ardra Until 6:44AM</b>	<b>Ganesh:</b> Yellow	Sunrise: 6:06AM	Vasvasu 5:17
Mithuna Rasi: 19.29	Tithi 9	<b>Yama</b> 6:06AM - 7:37AM	<b>Sobhana Until 3:05PM</b>	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 3 - Phase 47 - 22
		132758678 <b>Rahu</b> 1:42PM - 3:14PM	<b>Balava Until 1:32PM</b>	<b>Nataraja:</b> Purple		Navami
Routine Work	Marana Yoga		<b>Navami/ Until 12:43AM Fri</b>	Moon - Yellow		<b>Bhuloka Day</b>
Until 6:44AM		Sri Rama Navami		Chaitra-Panguni		Devaloka Time: 6AM to 9AM
Then Creative Work	- Amrita Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1 Friday, March 27, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Mокша Ritau Meena Mese Sukla Pakche Sukra Vasara Yuktayam in, Trinidad and Tobago Pushya Nakshatra Añhiganda/Sukarma Yoga Tañila/Gara Karana Dashamyanam Titau Sun 23 Sutra 347			
Kataka Rasi: 3.2	Tithi 10	<b>Gulika</b> 7:37AM - 9:08AM Yama 3:13PM - 4:45PM Rahu 142758678	<b>Pushya Until 5:24AM Sat</b> Añhiganda* Until 12:43PM Tañila Until 12:01PM Dashami Until 11:22PM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue Chalra-Panguni	Sunrise: 6:06AM Sunset: 6:16PM Moon 3 - Phase 4B - 23 4th Phase
Routine Work Marana Yoga		<b>Bhuloka Day</b>			
<b>2 Saturday, March 28, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Mокша Ritau Meena Mese Sukla Pakche Mania Vasara Yuktayam in, Trinidad and Tobago Ashlesha* Nakshatra Sukarma/Dhñri/Yoga Vanja/Visi* Karana Ekadashyanam Titau Sun 24 Sutra 348			
Kataka Rasi: 16.59	Tithi 11	<b>Gulika</b> 6:05AM - 7:36AM Yama 1:42PM - 3:13PM Rahu 142758678	<b>Ashlesha* Until 5:01AM Sun</b> Sukarma Until 10:38AM Vanija Until 10:50AM Ekadashi Until 10:21PM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Blue Chalra-Panguni	Sunrise: 6:05AM Sunset: 6:16PM Moon 3 - Phase 4B - 24 4th Phase
Routine Work Marana Yoga		<b>Bhuloka Day</b>			
<b>3 Sunday, March 29, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Mокша Ritau Meena Mese Sukla Pakche Bhanu Vasara Yuktayam in, Trinidad and Tobago Magha* Nakshatra Dhñri/Shula* Yoga Bava/Balava Karana Dvadashyanam Titau Sun 25 Sutra 349			
Simha Rasi: 0.27	Tithi 12	<b>Gulika</b> 3:13PM - 4:45PM Yama 12:10PM - 1:42PM Rahu 152758678	<b>Magha* Until 5:19AM Mon</b> Dhñri Until 8:51AM Bava Until 10:01AM Dvadashi Until 9:43PM	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 6:04AM Sunset: 6:16PM Moon 3 - Phase 4B - 25 4th Phase
Routine Work Marana Yoga Until 5:19AM Mon Then Creative Work - Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM			
<b>4 Monday, March 30, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Mокша Ritau Meena Mese Sukla Pakche Indu Vasara Yuktayam in, Trinidad and Tobago Purvaphalguni Nakshatra Shula*/Kanda* Yoga Kaulava/Tañila Karana Trayodashyanam Titau Sun 26 Sutra 350			
Simha Rasi: 13.41	Tithi 13	<b>Gulika</b> 1:41PM - 3:13PM Yama 10:38AM - 12:10PM Rahu 152758678	<b>Purvaphalguni Until 5:51AM Tue</b> Shula* Until 7:21AM Kaulava Until 9:34AM Trayodashi Until 9:28PM	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 6:04AM Sunset: 6:16PM Moon 3 - Phase 4B - 26 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 5:51AM Tue Then Creative Work - Amrita Yoga		<b>Bhuloka Day</b> Devaloka Time: 6AM to 9AM			
<b>5 Tuesday, March 31, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Mокша Ritau Meena Mese Sukla Pakche Mangala Vasara Yuktayam in, Trinidad and Tobago Uttaraphalguni Nakshatra Ganda*/Middhi Yoga Gara/Vanija Karana Chaturdashyanam Titau Sun 27 Sutra 351			
Simha Rasi: 26.44	Tithi 14	<b>Gulika</b> 12:10PM - 1:41PM Yama 9:06AM - 10:38AM Rahu 153758678	<b>Uttaraphalguni Until 6:38AM Wed</b> Ganda* Until 6:10AM Gara Until 9:31AM Chaturdashi* Until 9:38PM	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 6:03AM Sunset: 6:16PM Moon 3 - Phase 4B - 27 4th Phase
Creative Work Amrita Yoga Until 6:38AM Wed Then Routine Work - Marana Yoga		<b>Devaloka Day</b>			
<b>Wednesday, April 1, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Mокша Ritau Meena Mese Sukla Pakche Budha Vasara Yuktayam in, Trinidad and Tobago Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Visi*/Bava Karana Purnimayam Titau Sun 28 Sutra 352			
<b>Copper Retreat Star</b>		<b>Gulika</b> 10:38AM - 12:10PM Yama 7:35AM - 9:06AM Rahu 153758678	<b>Uttaraphalguni Until 6:38AM</b> Dhruva Until 4:48AM Thu Visi Until 9:54AM Purnima* Until 10:13PM	<b>Ganesha:</b> Purple <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Red Chalra-Panguni	Sunrise: 6:03AM Sunset: 6:16PM Moon 3 - Phase 4B - Purnima
Kanya Rasi: 9.34 Tithi 15 Creative Work Amrita Yoga Until 6:38AM Then Routine Work - Marana Yoga		<b>Devaloka Day</b>			
<b>Thursday, April 2, 2026</b>		Viswasa Nama Samvatsare Uтарыяне Mокша Ritau Meena Mese Krishna Pakche Guru Vasara Yuktayam in, Trinidad and Tobago Hasta/Chitra Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayanam Titau Sun 29 Sutra 353			
<b>Silver Retreat Star</b>		<b>Gulika</b> 9:06AM - 10:38AM Yama 6:03AM - 7:34AM Rahu 163758678	<b>Hasta Until 8:09AM</b> Vyaghata* Until 4:38AM Fri Balava Until 10:42AM Prathama* Until 11:15PM	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Purple Moon - Green Chalra-Panguni	Sunrise: 6:03AM Sunset: 6:16PM Moon 3 - Phase 4B - Prathama
Kanya Rasi: 22.12 Tithi 16 Routine Work Marana Yoga Until 8:09AM Then Creative Work - Siddha Yoga		<b>Bhuloka Day</b> Devaloka Time: 9AM to 12PM			

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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**Friday, April 3, 2026****Gold Retreat Star**

Tula Rasi: 4.38 Tithi 17  
 Creative Work Siddha Yoga

<b>Gulika</b> 7:34AM - 9:06AM	<b>Chitra Until 9:55AM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:03AM	in, Trinidad and Tobago
<b>Yama</b> 3:12PM - 4:44PM	Harshana Until 4:47AM Sat	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	Sun 1 Sutra 354
<b>Rahu</b> 10:37AM - 12:09PM	Tailita Until 11:57AM	<b>Nataraja:</b> Purple		Moon 4 - Phase 49 - 1
	<b>Dvitiya Until 12:42AM Sat</b>	Van - Green		1st Phase
		<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
				Devaloka Time: 9AM to 12PM

**1****Saturday, April 4, 2026**

Tula Rasi: 16.54 Tithi 18  
 Creative Work Siddha Yoga

<b>Gulika</b> 6:01AM - 7:33AM	<b>Svati Until 11:56AM</b>	<b>Ganesh:</b> Clear	<b>Sunrise:</b> 6:01AM	in, Trinidad and Tobago
<b>Yama</b> 1:40PM - 3:12PM	Vajra* Until 5:12AM Sun	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	Sun 2 Sutra 355
<b>Rahu</b> 9:05AM - 10:37AM	Vanija Until 1:36PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 49 - 2
	<b>Tritiya Until 2:32AM Sun</b>	Van - Green		1st Phase
		<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
				Devaloka Time: 9AM to 12PM

**2****Sunday, April 5, 2026**

Tula Rasi: 29 Tithi 19  
 Routine Work Marana Yoga

<b>Gulika</b> 3:12PM - 4:44PM	<b>Vishakha Until 2:37PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:01AM	in, Trinidad and Tobago
<b>Yama</b> 12:08PM - 1:40PM	Siddhi Until 5:52AM Mon	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	Sun 3 Sutra 356
<b>Rahu</b> 4:44PM - 6:16PM	Bava Until 3:36PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 49 - 3
	<b>Chaturthi* Until 4:41AM Mon</b>	Van - Orange		1st Phase
		<b>Chaitra-Panguni</b>		<b>Devaloka Day</b>

**3****Monday, April 6, 2026**

Wischika Rasi: 10.59 Tithi 20  
**Family Home Evening**  
 Creative Work Siddha Yoga

<b>Gulika</b> 1:40PM - 3:12PM	<b>Anuradha Until 5:24PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:00AM	in, Trinidad and Tobago
<b>Yama</b> 10:36AM - 12:08PM	Vyjalpala* Until 6:42AM Tue	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	Sun 4 Sutra 357
<b>Rahu</b> 7:32AM - 9:04AM	Kaulava Until 5:52PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 49 - 4
	<b>Panchami Until 7:03AM Tue</b>	Van - Orange		1st Phase
		<b>Chaitra-Panguni</b>		<b>Devaloka Day</b>

**4****Tuesday, April 7, 2026**

Wischika Rasi: 22.54 Tithi 20 - 21  
 Routine Work Marana Yoga  
 Until 8:09PM  
 Then Creative Work - Amrita Yoga

<b>Gulika</b> 12:08PM - 1:40PM	<b>Jyeshtha* Until 8:09PM</b>	<b>Ganesh:</b> White	<b>Sunrise:</b> 6:00AM	in, Trinidad and Tobago
<b>Yama</b> 9:04AM - 10:36AM	Vyjalpala* Until 6:42AM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	Sun 5 Sutra 358
<b>Rahu</b> 3:12PM - 4:44PM	Gara Until 8:17PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 49 - 5
	<b>Panchami Until 7:03AM</b>	Van - Orange		1st Phase
		<b>Chaitra-Panguni</b>		<b>Devaloka Day</b>

**5****Wednesday, April 8, 2026**

Dhanus Rasi: 4.47 Tithi 21 - 22  
 Routine Work Marana Yoga  
 Until 11:12PM  
 Then Creative Work - Amrita Yoga

<b>Gulika</b> 10:35AM - 12:08PM	<b>Mula* Until 11:12PM</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 5:59AM	in, Trinidad and Tobago
<b>Yama</b> 7:31AM - 9:03AM	Varjyan Until 7:33AM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	Sun 6 Sutra 359
<b>Rahu</b> 12:08PM - 1:40PM	Visti Until 10:40PM	<b>Nataraja:</b> Purple		Moon 4 - Phase 49 - 6
	<b>Shashthi* Until 9:28AM</b>	Moon - Light Blue		1st Phase
		<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
				Devaloka Time: 9AM to 12PM

**D****Thursday, April 9, 2026****Retreat Star**

Dhanus Rasi: 16.42 Tithi 22 - 23  
 Creative Work Siddha Yoga  
 Until 1:53AM Fri  
 Then Routine Work - Marana Yoga

<b>Gulika</b> 9:03AM - 10:35AM	<b>Purvashadha* Until 1:53AM Fri</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 5:59AM	in, Trinidad and Tobago
<b>Yama</b> 5:59AM - 7:31AM	Parigaha* Until 8:21AM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	Sun 7 Sutra 360
<b>Rahu</b> 1:39PM - 3:12PM	Balava Until 12:49AM Fri	<b>Nataraja:</b> Purple		Moon 4 - Phase 49 - 7
	<b>Saptami Until 11:46AM</b>	Moon - Light Blue		Ashtami
		<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
				Devaloka Time: 9AM to 12PM

**Friday, April 10, 2026****Retreat Star**

Dhanus Rasi: 28.44 Tithi 23 - 24  
 Routine Work Marana Yoga  
 Until 3:57AM Sat  
 Then Creative Work - Siddha Yoga

<b>Gulika</b> 7:30AM - 9:03AM	<b>Uttarashadha Until 3:57AM Sat</b>	<b>Ganesh:</b> Yellow	<b>Sunrise:</b> 5:58AM	in, Trinidad and Tobago
<b>Yama</b> 3:11PM - 4:44PM	Shiva Until 8:56AM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	Sun 8 Sutra 361
<b>Rahu</b> 10:35AM - 12:07PM	Tailita Until 2:32AM Sat	<b>Nataraja:</b> Purple		Moon 4 - Phase 49 - 8
	<b>Ashtami* Until 1:43PM</b>	Moon - Light Blue		Navami
		<b>Chaitra-Panguni</b>		<b>Bhuloka Day</b>
				Devaloka Time: 9AM to 12PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1</b>	<b>Saturday, April 11, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Mania Vasara Yuktiyam in, Trinidad and Tobago		
	Shravana Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Sun 9 Sutra 362		
	<b>Gulika</b> 5:58AM – 7:30AM	<b>Shravana Until 5:44AM Sun</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:58AM	<b>Vasarasu 5:17</b>
Makara Rasi: 10:58	TITHI 24 – 25	Yama 1:39PM – 3:11PM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	<b>Moon 4 - Phase 50 - 9</b>
193758678	<b>Rahu</b> 9:02AM – 10:34AM	Siddha Until 9:05AM	<b>Nataraja:</b> Purple		<b>2nd Phase</b>
Creative Work	Siddha Yoga	Vanija Until 3:36AM Sun	<b>Moon - Purple</b>		<b>Devaloka Day</b>
Until 5:44AM Sun		<b>Navami* Until 3:08PM</b>	<b>Chaitra-Panguni</b>		
Then Routine Work - Marana Yoga					

<b>2</b>	<b>Sunday, April 12, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktiyam in, Trinidad and Tobago		
	Dhanishtha Nakshatra Sadhya/Subha Yoga Visi/Bava Karana Dashami/Ekadasmyam Titau		Sun 10 Sutra 363		
	<b>Gulika</b> 3:11PM – 4:44PM	<b>Dhanishtha Until 6:35AM Mon</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:57AM	<b>Vasarasu 5:17</b>
Makara Rasi: 23:28	TITHI 25 – 26	Yama 12:06PM – 1:39PM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	<b>Moon 4 - Phase 50 - 10</b>
193758678	<b>Rahu</b> 4:44PM – 6:16PM	Sadhya Until 8:44AM	<b>Nataraja:</b> Purple		<b>2nd Phase</b>
Routine Work	Marana Yoga	Bava Until 3:53AM Mon	<b>Moon - Purple</b>		<b>Devaloka Day</b>
Until 6:35AM Mon		<b>Dashami Until 3:50PM</b>	<b>Chaitra-Panguni</b>		
Then Creative Work - Siddha Yoga					

<b>3</b>	<b>Monday, April 13, 2026</b>		Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Mecha Mase Krishna Paksha Indo Vasara Yuktiyam in, Trinidad and Tobago		
	Dhanishtha Nakshatra Sadhya/Sukla Yoga Bavana/Kaulava Karana Ekadashi/Dvadashmyam Titau		Sun 11 Sutra 364		
	<b>Gulika</b> 1:39PM – 3:11PM	<b>Dhanishtha Until 6:35AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:56AM	<b>Vasarasu 5:17</b>
Kumbha Rasi: 6:2	TITHI 26 – 27	Yama 10:34AM – 12:06PM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	<b>Moon 4 - Phase 50 - 11</b>
294758678	<b>Rahu</b> 7:29AM – 9:01AM	Subha Until 7:47AM	<b>Nataraja:</b> Purple		<b>2nd Phase</b>
Family Home Evening	Siddha Yoga	Bava Until 3:21AM Tue	<b>Moon - Purple</b>		<b>Devaloka Day</b>
Creative Work	Siddha Yoga	<b>Ekadashi* Until 3:42PM</b>	<b>Chaitra-Chaitra</b>		

<b>4</b>	<b>Tuesday, April 14, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mecha Mase Krishna Paksha Mangala Vasara Yuktiyam in, Trinidad and Tobago		
	Shatabhishak Nakshatra Sadhya/Sukla Yoga Talita/Gara Karana Dvadashi/Trayodashmyam Titau		Sun 12 Sutra 1		
	<b>Gulika</b> 12:06PM – 1:38PM	<b>Shatabhishak Until 6:28AM</b>	<b>Ganesha:</b> Blue	<b>Sunrise:</b> 5:56AM	<b>Parabhava 5:18</b>
Kumbha Rasi: 19:38	TITHI 27 – 28	Yama 9:01AM – 10:33AM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	<b>Moon 4 - Phase 50 - 12</b>
294758678	<b>Rahu</b> 3:11PM – 4:43PM	Sukla Until 6:09AM	<b>Nataraja:</b> Purple		<b>2nd Phase</b>
Routine Work	Marana Yoga	Gara Until 2:00AM Wed	<b>Moon - Purple</b>		<b>Bhuloka Day</b>
	<b>Tamil New Year</b>	<b>Dvadashi* Until 2:45PM</b>	<b>Chaitra-Chaitra</b>		
		<b>Pradosha Vata (Fasting)</b>			

<b>5</b>	<b>Wednesday, April 15, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mecha Mase Krishna Paksha Butha Vasara Yuktiyam in, Trinidad and Tobago		
	Uttaraprosarthapada Nakshatra Indra Yoga Vanija/Visi* Karana Trayodashi/Chaturdashmyam Titau		Sun 13 Sutra 2		
	<b>Gulika</b> 10:33AM – 12:06PM	<b>Uttaraprosarthapada Until 4:28AM Thu</b>	<b>Ganesha:</b> White	<b>Sunrise:</b> 5:55AM	<b>Parabhava 5:18</b>
Meena Rasi: 3:23	TITHI 28 – 29	Yama 7:28AM – 9:00AM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	<b>Moon 4 - Phase 50 - 13</b>
214758678	<b>Rahu</b> 12:06PM – 1:38PM	Indra Until 1:06AM Thu	<b>Nataraja:</b> Purple		<b>2nd Phase</b>
Creative Work	Siddha Yoga	Visi Until 11:58PM	<b>Moon - Clear</b>		<b>Bhuloka Day</b>
		<b>Trayodashi* Until 1:03PM</b>	<b>Chaitra-Chaitra</b>		

<b>●</b>	<b>Thursday, April 16, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mecha Mase Krishna Paksha Guru Vasara Yuktiyam in, Trinidad and Tobago		
	<b>Retreat Star</b>		Revati Nakshatra Vaidhiti* Yoga Sakuni/Carusi* Karana Chaturdashi/Amavasyayam Titau		
	<b>Gulika</b> 9:00AM – 10:33AM	<b>Revati Until 2:22AM Fri</b>	<b>Ganesha:</b> Yellow	<b>Sunrise:</b> 5:55AM	<b>Parabhava 5:18</b>
Meena Rasi: 17:35	TITHI 29 – 30	Yama 5:55AM – 7:27AM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	<b>Moon 4 - Phase 50 - 14</b>
214858678	<b>Rahu</b> 1:38PM – 3:11PM	Vaidhiti* Until 9:49PM	<b>Nataraja:</b> Purple		<b>Amavasya</b>
Creative Work	Siddha Yoga	Chaturdashi Until 9:21PM	<b>Moon - Clear</b>		<b>Bhuloka Day</b>
Until 2:22AM Fri		<b>Chaturdashi* Until 10:42AM</b>	<b>Chaitra-Chaitra</b>		<b>Devaloka Time: 9AM to 12PM</b>
Then Creative Work - Amrita Yoga					

<b>●</b>	<b>Friday, April 17, 2026</b>		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mecha Mase Sukla Paksha Sukra Vasara Yuktiyam in, Trinidad and Tobago		
	<b>Retreat Star</b>		Ashvini Nakshatra Vishkambha* Yoga Naga/Kintughna* Karana Amavasya/PraRamayam Titau		
	<b>Gulika</b> 7:27AM – 9:00AM	<b>Ashvini Until 12:11AM Sat</b>	<b>Ganesha:</b> Red	<b>Sunrise:</b> 5:54AM	<b>Parabhava 5:18</b>
Mesha Rasi: 2:07	TITHI 30 – 1	Yama 3:11PM – 4:43PM	<b>Muruga:</b> White	<b>Sunset:</b> 6:16PM	<b>Moon 4 - Phase 50 - 15</b>
224858678	<b>Rahu</b> 10:32AM – 12:05PM	Vishkambha* Until 6:13PM	<b>Nataraja:</b> Purple		<b>Prathama</b>
Creative Work	Amrita Yoga	Kintughna Until 6:19PM	<b>Moon - White</b>		<b>Bhuloka Day</b>
Until 12:11AM Sat		<b>Amavasya* Until 7:51AM</b>	<b>Vaisaka-Chaitra</b>		<b>Devaloka Time: 9AM to 12PM</b>
Then Creative Work - Siddha Yoga					

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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1 Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Meeha Mese Sakla Paksho Mania Vesara Yukhtayam			in, Trinidad and Tobago	
Mesha Rasi: 16.56	Tithi 2	<b>Gulika</b> 5:54AM - 7:27AM	<b>Bharani</b> Untill 9:39PM	<b>Ganesh:</b> Red	Sunrise: 5:54AM	Parabhava 5128
		Yama 1:38PM - 3:10PM	Prithi Untill 2:25PM	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 4 - Phase 1 - 16
Creative Work Siddha Yoga		244858678 <b>Rahu</b> 8:59AM - 10:32AM	Balava Untill 3:02PM	<b>Nataraja:</b> Purple		3rd Phase
Untill 9:39PM			<b>Dvitiya</b> Untill 1:21AM Sun	Moon - White		<b>Bhuloka Day</b>
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra		Devaloka Time: 9AM to 12:2PM

2 Sunday, April 19, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Meeha Mese Sakla Paksho Bhanu Vesara Yukhtayam			in, Trinidad and Tobago	
Visshabha Rasi: 1.51	Tithi 3	<b>Gulika</b> 3:10PM - 4:43PM	<b>Kritika</b> Untill 6:58PM	<b>Ganesh:</b> Red	Sunrise: 5:53AM	Parabhava 5128
		Yama 12:05PM - 1:38PM	Ayushman Untill 10:31AM	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 4 - Phase 1 - 17
Creative Work Siddha Yoga		244858678 <b>Rahu</b> 4:43PM - 6:16PM	Taillia Untill 11:41AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Tritiya</b> Untill 10:00PM	Moon - White		<b>Bhuloka Day</b>
		<b>Akshaya</b> Tritiya		Vaisaka-Chaitra		Devaloka Time: 9AM to 12:2PM

3 Monday, April 20, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Meeha Mese Sakla Paksho Indu Vesara Yukhtayam			in, Trinidad and Tobago	
Visshabha Rasi: 16.44	Tithi 4	<b>Gulika</b> 1:37PM - 3:10PM	<b>Rohini</b> Untill 4:40PM	<b>Ganesh:</b> Yellow	Sunrise: 5:53AM	Parabhava 5128
<b>Family Home Evening</b>		Yama 10:32AM - 12:04PM	Saubhagya Untill 6:41AM	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 4 - Phase 1 - 18
Creative Work Amrita Yoga		234858678 <b>Rahu</b> 7:26AM - 8:59AM	Vanija Untill 8:24AM	<b>Nataraja:</b> Purple		3rd Phase
			<b>Chaturthi</b> Untill 6:49PM	Moon - Yellow		<b>Bhuloka Day</b>
				Vaisaka-Chaitra		Devaloka Time: 9AM to 12:2PM

4 Tuesday, April 21, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Meeha Mese Sakla Paksho Mangala Vesara Yukhtayam			in, Trinidad and Tobago	
Mithuna Rasi: 1.29	Tithi 5 - 6	<b>Gulika</b> 12:04PM - 1:37PM	<b>Mrigashira</b> Untill 2:31PM	<b>Ganesh:</b> Yellow	Sunrise: 5:52AM	Parabhava 5128
		Yama 8:58AM - 10:31AM	Alhiganda Untill 11:39PM	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 4 - Phase 1 - 19
Creative Work Siddha Yoga		234858678 <b>Rahu</b> 3:10PM - 4:43PM	Kadava Untill 2:36AM Wed	<b>Nataraja:</b> Purple		3rd Phase
Untill 2:31PM			<b>Panchami</b> Untill 3:54PM	Moon - Yellow		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga		<b>Adi Sankara</b> Jayanthi		Vaisaka-Chaitra		Devaloka Time: 9AM to 12:2PM

5 Wednesday, April 22, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Meeha Mese Sakla Paksho Budha Vesara Yukhtayam			in, Trinidad and Tobago	
Mithuna Rasi: 15.58	Tithi 6 - 7	<b>Gulika</b> 10:31AM - 12:04PM	<b>Ardra</b> Untill 12:37PM	<b>Ganesh:</b> Yellow	Sunrise: 5:52AM	Parabhava 5128
		Yama 7:25AM - 8:58AM	Sukarma Untill 8:38PM	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 4 - Phase 1 - 20
Creative Work Siddha Yoga		234858678 <b>Rahu</b> 12:04PM - 1:37PM	Gara Untill 12:20AM Thu	<b>Nataraja:</b> Purple		3rd Phase
			<b>Shashthi</b> Untill 1:23PM	Moon - Yellow		<b>Bhuloka Day</b>
				Vaisaka-Chaitra		Devaloka Time: 9AM to 12:2PM

Thursday, April 23, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Meeha Mese Sakla Paksho Guru Vesara Yukhtayam			in, Trinidad and Tobago	
<b>Retreat Star</b>		<b>Gulika</b> 8:58AM - 10:31AM	<b>Punarvasu</b> Untill 11:29AM	<b>Ganesh:</b> White	Sunrise: 5:51AM	Parabhava 5128
Kataka Rasi: 0.08	Tithi 7 - 8	Yama 5:51AM - 7:24AM	Dhriti Untill 6:03PM	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 4 - Phase 1 - 21
Creative Work Amrita Yoga		244858678 <b>Rahu</b> 1:37PM - 3:10PM	Visli Untill 10:35PM	<b>Nataraja:</b> Purple		Ashtami
			<b>Saptami</b> Untill 11:22AM	Moon - Blue		<b>Devaloka Day</b>
				Vaisaka-Chaitra		

Friday, April 24, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Meeha Mese Sakla Paksho Sukra Vesara Yukhtayam			in, Trinidad and Tobago	
<b>Retreat Star</b>		<b>Gulika</b> 7:24AM - 8:57AM	<b>Pushya</b> Untill 10:45AM	<b>Ganesh:</b> White	Sunrise: 5:51AM	Parabhava 5128
Kataka Rasi: 13.58	Tithi 8 - 9	Yama 3:10PM - 4:43PM	Shula Untill 3:53PM	<b>Muruga:</b> White	Sunset: 6:16PM	Moon 4 - Phase 1 - 22
Routine Work Marana Yoga		244858679 <b>Rahu</b> 10:30AM - 12:04PM	Balava Untill 9:24PM	<b>Nataraja:</b> Clear		Navami
			<b>Ashtami</b> Untill 9:54AM	Moon - Blue		<b>Sivaloka Day</b>
				Vaisaka-Chaitra		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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1 Saturday, April 25, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Maru Viscara Yuktyam Ashlesha/Magha Nakshatra Ganda/Vidhih Yoga Kauava/Saila Karana Navami/Dashmyam Titau				in, Trinidad and Tobago Sun 23 Sutra 12	
Kataka Rasi: 27.27	Tithi 9 – 10	Gulika 5:50AM – 7:24AM	Ashlesha* Until 10:26AM	Ganesha: White	Sunrise: 5:50AM	Parabhava 5:18	
		Yama 1:37PM – 3:10PM	Ganda* Until 2:12PM	Muruga: White	Sunset: 6:16PM	Moon 4 - Phase 2 - 23	4th Phase
244858679	Rahu 8:57AM – 10:30AM		Tailita Until 8:46PM	Nataraja: Clear			
Routine Work	Marana Yoga		Navami* Until 9:00AM	Moon - Blue		Sivaloka Day	
Until 10:26AM				Vaisaka-Chaitra			
Then Creative Work	- Amrita Yoga						

2 Sunday, April 26, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Bharu Viscara Yuktyam Magha/Purvapahguni Nakshatra Vidhih/Dhruva Yoga Gara/Vanji Karana Dashami/Ekadasmyam Titau				in, Trinidad and Tobago Sun 24 Sutra 13	
Simha Rasi: 10.38	Tithi 10 – 11	Gulika 3:10PM – 4:43PM	Magha* Until 10:57AM	Ganesha: Purple	Sunrise: 5:50AM	Parabhava 5:18	
		Yama 12:03PM – 1:37PM	Vidhih Until 12:57PM	Muruga: White	Sunset: 6:17PM	Moon 4 - Phase 2 - 24	4th Phase
255858679	Rahu 4:43PM – 6:17PM		Vanija Until 8:41PM	Nataraja: Clear			
Routine Work	Marana Yoga		Dashami Until 8:39AM	Moon - Red		Bhuloka Day	
Until 10:57AM				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM	
Then Creative Work	- Siddha Yoga						

3 Monday, April 27, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Indu Viscara Yuktyam Purvapahguni/Ultarapahguni Nakshatra Dhruva/Vyaghata* Yoga Visi*/Bava Karana Ekadashi/Ekadasmyam Titau				in, Trinidad and Tobago Sun 25 Sutra 14	
Simha Rasi: 23.34	Tithi 11 – 12	Gulika 1:36PM – 3:10PM	Purvapahguni Until 11:49AM	Ganesha: Purple	Sunrise: 5:50AM	Parabhava 5:18	
Family Home Evening		Yama 10:30AM – 12:03PM	Dhruva Until 12:04PM	Muruga: White	Sunset: 6:17PM	Moon 4 - Phase 2 - 25	4th Phase
255858679	Rahu 7:23AM – 8:56AM		Bava Until 9:04PM	Nataraja: Clear			
Creative Work	Siddha Yoga		Ekadashi Until 8:48AM	Moon - Red		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM	

4 Tuesday, April 28, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Mangala Viscara Yuktyam Ultarapahguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kauava Karana Dvadashi/Trayodasmyam Titau				in, Trinidad and Tobago Sun 26 Sutra 15	
Kanya Rasi: 6.16	Tithi 12 – 13	Gulika 12:03PM – 1:36PM	Ultarapahguni Until 12:57PM	Ganesha: Purple	Sunrise: 5:49AM	Parabhava 5:18	
		Yama 8:56AM – 10:30AM	Vyaghata* Until 11:33AM	Muruga: White	Sunset: 6:17PM	Moon 4 - Phase 2 - 26	4th Phase
255858679	Rahu 3:10PM – 4:43PM		Kauava Until 9:53PM	Nataraja: Clear			
Creative Work	Amrita Yoga		Dvadashi Until 9:24AM	Moon - Red		Bhuloka Day	
Until 12:57PM				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM	
Then Creative Work	- Siddha Yoga						

5 Wednesday, April 29, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Budha Viscara Yuktyam Hasta/Chitra Nakshatra Harshana/Veja* Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau				in, Trinidad and Tobago Sun 27 Sutra 16	
Kanya Rasi: 18.47	Tithi 13 – 14	Gulika 10:29AM – 12:03PM	Hasla Until 2:47PM	Ganesha: Clear	Sunrise: 5:49AM	Parabhava 5:18	
		Yama 7:22AM – 8:56AM	Harshana Until 11:22AM	Muruga: White	Sunset: 6:17PM	Moon 4 - Phase 2 - 27	4th Phase
265858679	Rahu 12:03PM – 1:36PM		Gara Until 11:04PM	Nataraja: Clear			
Routine Work	Marana Yoga		Trayodashi Until 10:25AM	Moon - Green		Devaloka Day	
Until 2:47PM				Vaisaka-Chaitra			
Then Creative Work	- Siddha Yoga						

Copper Retreat Star Thursday, April 30, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sulo Paiche Guru Viscara Yuktyam Chitra/Svati Nakshatra Vaja*/Siddhi Yoga Vanja/Visi* Karana Chaturdashi/Purnimayam Titau				in, Trinidad and Tobago Sutra 17	
Tula Rasi: 1.08	Tithi 14 – 15	Gulika 8:56AM – 10:29AM	Chitra Until 4:48PM	Ganesha: Clear	Sunrise: 5:48AM	Parabhava 5:18	
		Yama 5:48AM – 7:22AM	Vaja* Until 11:25AM	Muruga: White	Sunset: 6:17PM	Moon 4 - Phase 2 -	Purnima
265858679	Rahu 1:36PM – 3:10PM		Visi Until 12:35AM Fri	Nataraja: Clear			
Creative Work	Siddha Yoga		Chaturdashi* Until 11:46AM	Moon - Green		Devaloka Day	
Until 4:48PM				Vaisaka-Chaitra			
Then Creative Work	- Amrita Yoga						

Silver Retreat Star Friday, May 1, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Krishna Paiche Sukra Viscara Yuktyam Svati Nakshatra Siddhi/Vyatalpa* Yoga Bava/Balava Karana Purnima/Prathmayam Titau				in, Trinidad and Tobago Sutra 18	
Tula Rasi: 13.22	Tithi 15 – 16	Gulika 7:21AM – 8:55AM	Svati Until 6:56PM	Ganesha: Clear	Sunrise: 5:48AM	Parabhava 5:18	
		Yama 3:10PM – 4:43PM	Siddhi Until 11:43AM	Muruga: White	Sunset: 6:17PM	Moon 4 - Phase 2 -	Prathama
265858679	Rahu 10:29AM – 12:02PM		Balava Until 2:24AM Sat	Nataraja: Clear			
Creative Work	Siddha Yoga		Purnima* Until 1:26PM	Moon - Green		Devaloka Day	
				Vaisaka-Chaitra			

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna's Yajur Veda

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