



Monday, April 14, 2025
Gold Retreat Star

		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Інду Васара Yuktayam				Lusaka, Zambia
		Svali Nakshatra Vajra* Yoga Talaita Karana Dvityayam Titau				Sutra 364
Tula Rasi: 12.43	Tithi 17	Gulika	1:36PM - 3:04PM	Svali Until 8:34PM	Ganesh: Yellow	Sunrise: 6:14AM
Family Home Evening		Yama	10:39AM - 12:09PM	Vajra* Until 7:07PM	Muruga: Clear	Sunset: 6:09PM
Creative Work Amrita Yoga	263298578	Rahu	7:43AM - 9:11AM	Talaita Until 6:16PM	Nataraja: Clear	Moon 4 - Phase 1 - 1st Phase
Until 8:34PM		Tamil New Year		Dvitiya Until 7:28AM Tue	Moan - Green	Devaloka Day
Then Routine Work - Marana Yoga						Chaitra-Chaitra

1

Tuesday, April 15, 2025

		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Mangala Vasara Yuktayam				Lusaka, Zambia
		Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvityayam Titau				Sutra 1
Tula Rasi: 24.34	Tithi 17 - 18	Gulika	12:07PM - 1:36PM	Vishakha Until 11:40PM	Ganesh: Blue	Sunrise: 6:15AM
		Yama	9:11AM - 10:39AM	Siddhi Until 8:01PM	Muruga: Clear	Sunset: 6:09PM
Routine Work Marana Yoga	273298578	Rahu	3:04PM - 4:32PM	Vanija Until 8:41PM	Nataraja: Clear	Moon 4 - Phase 1 - 1st Phase
Until 11:40PM				Dvitiya Until 7:28AM	Moan - Orange	Bhuloka Day
Then Creative Work - Siddha Yoga						Chaitra-Chaitra
						Devaloka Time: 3PM to 6PM

2

Wednesday, April 16, 2025

		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Batha Vasara Yuktayam				Lusaka, Zambia
		Anuradha Nakshatra Vyatipata* Yoga Visti* Bava Karana Tritiyayam Titau				Sun 2
Vischika Rasi: 6.28	Tithi 18 - 19	Gulika	10:39AM - 12:07PM	Anuradha Until 2:24AM Thu	Ganesh: Blue	Sunrise: 6:15AM
		Yama	7:43AM - 9:11AM	Vyatipata* Until 8:47PM	Muruga: Clear	Sunset: 5:59PM
Creative Work Siddha Yoga	273298578	Rahu	12:07PM - 1:35PM	Bava Until 10:55PM	Nataraja: Clear	Moon 4 - Phase 1 - 2 1st Phase
Until 2:24AM Thu				Tritiya Until 9:49AM	Moan - Orange	Bhuloka Day
Then Routine Work - Prabalasitha Yoga						Chaitra-Chaitra
						Devaloka Time: 3PM to 6PM

3

Thursday, April 17, 2025

		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Guru Vasara Yuktayam				Lusaka, Zambia
		Jyeshtha* Nakshatra Varjya Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau				Sun 3
Vischika Rasi: 18.28	Tithi 19 - 20	Gulika	9:11AM - 10:39AM	Jyeshtha* Until 4:40AM Fri	Ganesh: Blue	Sunrise: 6:15AM
		Yama	6:15AM - 7:43AM	Varjya Until 9:17PM	Muruga: Clear	Sunset: 5:59PM
Routine Work Prabalasitha Yoga	273298578	Rahu	1:35PM - 3:03PM	Kaulava Until 12:51AM Fri	Nataraja: Clear	Moon 4 - Phase 1 - 3 1st Phase
Until 4:40AM Fri				Chaturthi* Until 11:54AM	Moan - Orange	Bhuloka Day
Then Creative Work - Amrita Yoga						Chaitra-Chaitra
						Devaloka Time: 3PM to 6PM

4

Friday, April 18, 2025

		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Sukra Vasara Yuktayam				Lusaka, Zambia
		Mula* Nakshatra Parigha* Yoga Talaita/Gara Karana Panchami/Shashthiyam Titau				Sun 4
Dhanus Rasi: 0.35	Tithi 20 - 21	Gulika	7:43AM - 9:11AM	Mula* Until 6:51AM Sat	Ganesh: Red	Sunrise: 6:15AM
		Yama	3:02PM - 4:30PM	Parigha* Until 9:31PM	Muruga: Clear	Sunset: 5:59PM
Creative Work Amrita Yoga	283298578	Rahu	10:39AM - 12:07PM	Gara Until 2:22AM Sat	Nataraja: Clear	Moon 4 - Phase 1 - 4 1st Phase
Until 6:51AM Sat				Panchami Until 1:39PM	Moan - Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga						Chaitra-Chaitra

5

Saturday, April 19, 2025

		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Maria Vasara Yuktayam				Lusaka, Zambia
		Mula*Purvashadha* Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamam Titau				Sun 5
Dhanus Rasi: 12.53	Tithi 21 - 22	Gulika	6:15AM - 7:43AM	Mula* Until 6:51AM	Ganesh: Red	Sunrise: 6:15AM
		Yama	1:34PM - 3:02PM	Shiva Until 9:23PM	Muruga: Clear	Sunset: 5:59PM
Creative Work Siddha Yoga	283298578	Rahu	9:11AM - 10:39AM	Visti Until 3:22AM Sun	Nataraja: Clear	Moon 4 - Phase 1 - 5 1st Phase
Until 9:02AM				Shashthi* Until 2:55PM	Moan - Light Blue	Devaloka Day
Then Creative Work - Siddha Yoga						Chaitra-Chaitra

6

Sunday, April 20, 2025

		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Bhanu Vasara Yuktayam				Lusaka, Zambia
		Purvashadha*Uttarashadha Nakshatra Siddha Yoga Balava/Balava Karana Saptami/Akshayam Titau				Sun 6
Dhanus Rasi: 25.25	Tithi 22 - 23	Gulika	3:02PM - 4:29PM	Purvashadha* Until 8:20AM	Ganesh: Red	Sunrise: 6:15AM
		Yama	12:06PM - 1:34PM	Siddha Until 8:44PM	Muruga: Clear	Sunset: 5:57PM
Creative Work Siddha Yoga	283298578	Rahu	4:29PM - 5:57PM	Balava Until 3:42AM Mon	Nataraja: Clear	Moon 4 - Phase 1 - 6 1st Phase
Until 8:20AM				Saptami Until 3:36PM	Moan - Light Blue	Devaloka Day
Then Creative Work - Amrita Yoga						Chaitra-Chaitra

Monday, April 21, 2025

Retreat Star

		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Indu Vasara Yuktayam				Lusaka, Zambia
		Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Talaita Karana Ashotami/Navamam Titau				Sun 7
Makara Rasi: 8.16	Tithi 23 - 24	Gulika	1:34PM - 3:01PM	Uttarashadha Until 9:02AM	Ganesh: Red	Sunrise: 6:16AM
Family Home Evening		Yama	10:38AM - 12:06PM	Sadya Until 7:32PM	Muruga: Clear	Sunset: 5:56PM
Routine Work Marana Yoga	283298578	Rahu	7:43AM - 9:11AM	Talaita Until 3:19AM Tue	Nataraja: Clear	Moon 4 - Phase 1 - 7 Ashtami
Until 9:02AM		Chidambaram Abhishekam		Ashlami* Until 3:35PM	Moan - Light Blue	Devaloka Day
Then Creative Work - Amrita Yoga						Chaitra-Chaitra

Tuesday, April 22, 2025

Retreat Star

		Viswasa Nama Samvatsara Uтарыяне Наратана Рітау Меша Месе Крішна Пакше Mangala Vasara Yuktayam				Lusaka, Zambia
		Shravana/Dhanusha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamam Titau				Sun 8
Makara Rasi: 21.28	Tithi 24 - 25	Gulika	12:06PM - 1:33PM	Shravana Until 9:18AM	Ganesh: Green	Sunrise: 6:16AM
		Yama	9:11AM - 10:38AM	Subha Until 5:46PM	Muruga: Clear	Sunset: 5:56PM
Creative Work Siddha Yoga	293298578	Rahu	3:01PM - 4:28PM	Vanija Until 2:10AM Wed	Nataraja: Clear	Moon 4 - Phase 1 - 8 Navami
Until 9:02AM				Navami* Until 2:49PM	Moan - Purple	Bhuloka Day
Then Creative Work - Siddha Yoga						Chaitra-Chaitra
						Devaloka Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1	Wednesday, April 23, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше Бадха Весара Уктыяыы Дхарышха/Шаббархашак/Накшатра Сукла/Братма Yoga Vist/Бава Карана Дашахи/Екдашыыы Тйлау				Lusaka, Zambia
	Kumbha Rasi: 5.07	Tithi 25 – 26	Gulika 10:38AM – 12:06PM Yama 7:43AM – 9:11AM 293298578 Rahu 12:06PM – 1:33PM	Dhanishtu Until 8:40AM Sukla Until 3:21PM Bava Until 12:16AM Thu Dashami Until 1:17PM	Ganesh: Green Muruga: Clear Nataraja: Clear Moon – Purple Chaitra-Chaitra	Sunrise: 6:16AM Sunset: 5:59PM	Sun 9 Sufra 9 Viswasa 5:17 Moon 4 - Phase 2 - 9 2nd Phase
Routine Work Prabalarishta Yoga Until 8:40AM Then Creative Work - Siddha Yoga							Bhuloka Day Devaloka Time: 3PM to 6PM

2	Thursday, April 24, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше: Garu Vesara Uктыяыы Шаббархашак/Накшатра Индра/Vaidhri/ Yoga Tailla/Gara Karana Dvadashi/Trapdashyam Tйлау				Lusaka, Zambia
	Kumbha Rasi: 19.12	Tithi 26 – 27	Gulika 9:11AM – 10:38AM Yama 6:16AM – 7:44AM 293298579 Rahu 1:33PM – 3:00PM	Shalabhshak Until 7:10AM Brahma Until 12:23PM Kaulava Until 9:43PM Ekadashi Until 11:03AM	Ganesh: Green Muruga: Clear Nataraja: Purple Moon – Purple Chaitra-Chaitra	Sunrise: 6:16AM Sunset: 5:59PM	Sun 10 Sufra 10 Viswasa 5:17 Moon 4 - Phase 2 - 10 2nd Phase
Creative Work Siddha Yoga							Devaloka Day

3	Friday, April 25, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше: Sakra Vesara Uктыяыы Уттарарошћапада Nakshatra Indra/Vaidhri/ Yoga Tailla/Gara Karana Dvadashi/Trapdashyam Tйлау				Lusaka, Zambia
	Meena Rasi: 3.43	Tithi 27 – 28	Gulika 7:44AM – 9:11AM Yama 3:00PM – 4:27PM 213298579 Rahu 10:38AM – 12:05PM	Uttararoshthapada Until 2:52AM Sat Indra Until 8:57AM Gara Until 6:38PM Dvadashi Until 8:13AM	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon – Clear Chaitra-Chaitra	Sunrise: 6:16AM Sunset: 5:59PM	Sun 11 Sufra 11 Viswasa 5:17 Moon 4 - Phase 2 - 11 2nd Phase
Creative Work Siddha Yoga Until 2:52AM Sat Then Routine Work - Prabalarishta Yoga							Devaloka Day
<i>Pradosha Vata (Fasting)</i>							

4	Saturday, April 26, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше: Mantra Vesara Uктыяыы Revati Nakshatra Vishkambha/ Yoga Visti/Sakuni/ Karana Chaturdashyam Tйлау				Lusaka, Zambia
	Meena Rasi: 18.37	Tithi 29	Gulika 6:17AM – 7:44AM Yama 1:32PM – 2:59PM 213298579 Rahu 9:11AM – 10:38AM	Revati Until 11:56PM Vishkambha Until 12:59AM Sun Visti Until 3:08PM Chaturdashi Until 1:16AM Sun	Ganesh: Purple Muruga: Clear Nataraja: Purple Moon – Clear Chaitra-Chaitra	Sunrise: 6:17AM Sunset: 5:59PM	Sun 12 Sufra 12 Viswasa 5:17 Moon 4 - Phase 2 - 12 2nd Phase
Routine Work Prabalarishta Yoga Until 11:56PM Then Creative Work - Siddha Yoga							Devaloka Day

●	Sunday, April 27, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Крйштра Пакше: Bhanu Vesara Uктыяыы Ashvini Nakshatra Priti Yoga Catuspada "Naga" Karana Amavasyayam Tйлау				Lusaka, Zambia
	Mesha Rasi: 3.45	Tithi 30	Gulika 2:59PM – 4:26PM Yama 12:05PM – 1:32PM 224298579 Rahu 4:26PM – 5:53PM	Ashvini Until 9:05PM Priti Until 8:45PM Catuspada Until 11:24AM Amavasya Until 9:29PM	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon – White Chaitra-Chaitra	Sunrise: 6:17AM Sunset: 5:59PM	Sun 13 Sufra 13 Viswasa 5:17 Moon 4 - Phase 2 - 13 Amavasya
Creative Work Siddha Yoga Until 9:05PM Then Routine Work - Prabalarishta Yoga							Sivaloka Day

●	Monday, April 28, 2025		Viswasa Nama Samvatsare Uтарыяыы Нартаыы Рйтау Меша Месе Сукла Пакше: Indu Vesara Uктыяыы Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna "Balava Karana Prathama/Dvilyayam Tйлау				Lusaka, Zambia
	Mesha Rasi: 18.59	Tithi 1 – 2	Gulika 1:32PM – 2:59PM Yama 10:38AM – 12:05PM 224298579 Rahu 7:44AM – 9:11AM	Bharani Until 6:06PM Ayushman Until 4:30PM Kintughna Until 7:35AM Prathama Until 5:41PM	Ganesh: Orange Muruga: Clear Nataraja: Purple Moon – White Vaisaka-Chaitra	Sunrise: 6:17AM Sunset: 5:59PM	Sun 14 Sufra 14 Viswasa 5:17 Moon 4 - Phase 2 - 14 Prathama
Family Home Evening Creative Work Siddha Yoga Until 6:06PM Then Routine Work - Marana Yoga							Sivaloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1

Tuesday, April 29, 2025

		Vishvasu Nama Samvatsare Uttarayane Nartana Ritau Mesho Meshe Saklo Pakhe Mangalo Vasara Yuktayam Kritika/Rohini Nakshatra Sasabhaga/Sobhana Yoga Kaulava/Taila Karana Dvitiya/Tritiyam Titau				Lusaka, Zambia Sun 15 Sufra 15 Vosaxasu 5:17
Wishabha Rasi: 4.1	Tilthi 2 - 3	Gulika 12:05PM - 1:32PM	Kritika Until 3:10PM	Ganesh: Orange	Sunrise: 6:17AM	
		Yama 9:11AM - 10:38AM	Saubhagya Until 12:23PM	Muruga: Clear	Sunset: 5:59PM	Moon 4 - Phase 3 - 15
Creative Work	Siddha Yoga	Rahu 2:58PM - 4:25PM	Saubhagya Until 12:23PM	Nataraja: Purple		3rd Phase
Until 3:10PM			Tailita Until 12:23AM Wed	Moon - White		Sivaloka Day
Then Creative Work - Amrita Yoga			Dvitiya Until 2:03PM	Vaisaka-Chaitra		

2

Wednesday, April 30, 2025

		Vishvasu Nama Samvatsare Uttarayane Nartana Ritau Mesho Meshe Saklo Pakhe Butha Vasara Yuktayam Rohini/Mrigashira Nakshatra Sobhana/Ahiganda' Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Lusaka, Zambia Sun 16 Sufra 16 Vosaxasu 5:17
Wishabha Rasi: 19.07	Tilthi 3 - 4	Gulika 10:38AM - 12:05PM	Rohini Until 12:50PM	Ganesh: Clear	Sunrise: 6:17AM	
		Yama 7:44AM - 9:11AM	Sobhana Until 8:33AM	Muruga: Clear	Sunset: 5:59PM	Moon 4 - Phase 3 - 12
Creative Work	Siddha Yoga	Rahu 12:05PM - 1:31PM	Vanija Until 9:19PM	Nataraja: Purple		3rd Phase
			Moon - Yellow	Vaisaka-Chaitra		Sivaloka Day
		Akshaya Tritiya	Tritiya Until 10:46AM			

3

Thursday, May 1, 2025

		Vishvasu Nama Samvatsare Uttarayane Nartana Ritau Mesho Meshe Saklo Pakhe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vesi/Bava Karana Chaturthi/Panchamam Titau				Lusaka, Zambia Sun 17 Sufra 17 Vosaxasu 5:17
Mithuna Rasi: 3.44	Tilthi 4 - 5	Gulika 9:11AM - 10:38AM	Mrigashira Until 10:53AM	Ganesh: Purple	Sunrise: 6:18AM	
		Yama 6:18AM - 7:44AM	Sukarma Until 2:09AM Fri	Muruga: Clear	Sunset: 5:59PM	Moon 4 - Phase 3 - 17
Routine Work	Marana Yoga	Rahu 1:31PM - 2:58PM	Bava Until 6:49PM	Nataraja: Purple		3rd Phase
			Chaturthi Until 7:58AM	Moon - Yellow		Devaloka Day
				Vaisaka-Chaitra		

4

Friday, May 2, 2025

		Vishvasu Nama Samvatsare Uttarayane Nartana Ritau Mesho Meshe Saklo Pakhe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Kaulava/Tailita Karana Shashthiyam Titau				Lusaka, Zambia Sun 18 Sufra 18 Vosaxasu 5:17
Mithuna Rasi: 17.54	Tilthi 6	Gulika 7:44AM - 9:11AM	Ardra Until 9:27AM	Ganesh: Purple	Sunrise: 6:18AM	
		Yama 2:57PM - 4:24PM	Dhriti Until 11:50PM	Muruga: Clear	Sunset: 5:59PM	Moon 4 - Phase 3 - 18
Creative Work	Siddha Yoga	Rahu 10:38AM - 12:04PM	Kaulava Until 5:02PM	Nataraja: Purple		3rd Phase
			Shashthi Until 4:24AM Sat	Moon - Yellow		Devaloka Day
				Vaisaka-Chaitra		

5

Saturday, May 3, 2025

		Vishvasu Nama Samvatsare Uttarayane Nartana Ritau Mesho Meshe Saklo Pakhe Manu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula' Yoga Gara/Vanija Karana Saptamam Titau				Lusaka, Zambia Sun 19 Sufra 19 Vosaxasu 5:17
Kataka Rasi: 2	Tilthi 7	Gulika 6:18AM - 7:45AM	Punarvasu Until 9:04AM	Ganesh: Clear	Sunrise: 6:18AM	
		Yama 1:31PM - 2:57PM	Shula' Until 10:09PM	Muruga: Clear	Sunset: 5:59PM	Moon 4 - Phase 3 - 19
Creative Work	Siddha Yoga	Rahu 9:11AM - 10:38AM	Gara Until 4:02PM	Nataraja: Purple		3rd Phase
			Saptami Until 3:50AM Sun	Moon - Blue		Sivaloka Day
				Vaisaka-Chaitra		

6

Sunday, May 4, 2025

		Vishvasu Nama Samvatsare Uttarayane Nartana Ritau Mesho Meshe Saklo Pakhe Bhanu Vasara Yuktayam Pushya/Ashlesha' Nakshatra Ganda' Yoga Vesi/Bava Karana Ashtamam Titau				Lusaka, Zambia Sun 20 Sufra 20 Vosaxasu 5:17
Kataka Rasi: 14.5	Tilthi 8	Gulika 2:57PM - 4:23PM	Pushya Until 9:22AM	Ganesh: Clear	Sunrise: 6:18AM	
		Yama 12:04PM - 1:30PM	Ganda' Until 9:09PM	Muruga: Clear	Sunset: 5:59PM	Moon 4 - Phase 3 - 20
Creative Work	Siddha Yoga	Rahu 4:23PM - 5:50PM	Vesli Until 3:53PM	Nataraja: Purple		Ashtami
			Ashlami Until 4:06AM Mon	Moon - Blue		Sivaloka Day
				Vaisaka-Chaitra		

Monday, May 5, 2025

		Vishvasu Nama Samvatsare Uttarayane Nartana Ritau Mesho Meshe Saklo Pakhe Indu Vasara Yuktayam Ashlesha'Magha' Nakshatra Viddhi Yoga Baleava/Kaulava Karana Navamam Titau				Lusaka, Zambia Sun 21 Sufra 21 Vosaxasu 5:17
Kataka Rasi: 27.38	Tilthi 9	Gulika 1:30PM - 2:57PM	Ashlesha' Until 10:20AM	Ganesh: Clear	Sunrise: 6:19AM	
Family Home Evening		Yama 10:38AM - 12:04PM	Viddhi Until 8:48PM	Muruga: Red	Sunset: 5:49PM	Moon 4 - Phase 3 - 21
Creative Work	Siddha Yoga	Rahu 7:45AM - 9:11AM	Balava Until 4:33PM	Nataraja: Purple		Navami
Until 10:20AM			Navami Until 5:09AM Tue	Moon - Blue		Sivaloka Day
Then Routine Work - Marana Yoga				Vaisaka-Chaitra		

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1	Tuesday, May 6, 2025	Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesho Mesa Sukla Paksha Mangala Vasara Yuktayam Lusaka, Zambia Magha* Purvaphalguni Nakshatra Dhruva Yoga Talitta/Gara Karana Ekadashi/Dvadashyam Titau Sun 22 Sufra 22				
		Gulika 12:04PM – 1:30PM	Magha* Until 12:20PM	Ganesha: White Sunrise: 6:19AM		Vasava 5:17
	Simha Rasi: 10.05 Tithi 10	Yama 9:11AM – 10:38AM	Dhruva Until 8:57PM	Muruga: Red Sunset: 5:49PM		Moon 4 - Phase 4 - 22
		Rahu 2:56PM – 4:23PM	Talitta Until 5:56PM	Nataraja: Purple 4th Phase		
	Creative Work Siddha Yoga	Dashami Until 6:50AM Wed			Vaisaka-Chaitra	Devaloka Day

2	Wednesday, May 7, 2025	Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesho Mesa Sukla Paksha Butha Vesara Yuktayam Lusaka, Zambia Purvaphalguni/Ultrapahguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau Sun 23 Sufra 23				
		Gulika 10:38AM – 12:04PM	Purvaphalguni Until 2:46PM	Ganesha: White Sunrise: 6:19AM		Vasava 5:17
	Simha Rasi: 22.16 Tithi 10 – 11	Yama 7:45AM – 9:11AM	Vyaghata* Until 9:33PM	Muruga: Red Sunset: 5:49PM		Moon 4 - Phase 4 - 22
		Rahu 12:04PM – 1:30PM	Bava Until 7:54PM	Nataraja: Purple 4th Phase		
	Creative Work Amrita Yoga	Dashami Until 6:50AM			Vaisaka-Chaitra	Devaloka Day

3	Thursday, May 8, 2025	Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesho Mesa Sukla Paksha Guru Vasara Yuktayam Lusaka, Zambia Uttaraphalguni/Hasta Nakshatra Harshana Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau Sun 24 Sufra 24				
		Gulika 9:12AM – 10:38AM	Uttaraphalguni Until 5:27PM	Ganesha: White Sunrise: 6:19AM		Vasava 5:17
	Kanya Rasi: 4.14 Tithi 11 – 12	Yama 6:19AM – 7:45AM	Harshana Until 10:27PM	Muruga: Red Sunset: 5:49PM		Moon 4 - Phase 4 - 24
		Rahu 1:30PM – 2:56PM	Bava Until 10:15PM	Nataraja: Purple 4th Phase		
	Amrita Yoga	Ekadashi Until 9:01AM			Vaisaka-Chaitra	Devaloka Day
	Until 5:27PM					
	Then Routine Work - Marana Yoga					

4	Friday, May 9, 2025	Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesho Mesa Sukla Paksha Sukra Vasara Yuktayam Lusaka, Zambia Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 25 Sufra 25				
		Gulika 7:46AM – 9:12AM	Hasta Until 8:40PM	Ganesha: Yellow Sunrise: 6:20AM		Vasava 5:17
	Kanya Rasi: 16.06 Tithi 12 – 13	Yama 2:56PM – 4:23PM	Vajra* Until 11:28PM	Muruga: Red Sunset: 5:49PM		Moon 4 - Phase 4 - 25
		Rahu 10:38AM – 12:04PM	Kaulava Until 12:48AM Sal	Nataraja: Purple 4th Phase		
	Creative Work Amrita Yoga	Dvadashi Until 11:29AM			Vaisaka-Chaitra	Sivaloka Day
	Until 8:40PM					
	Then Creative Work - Siddha Yoga					

5	Saturday, May 10, 2025	Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesho Mesa Sukla Paksha Manta Vasara Yuktayam Lusaka, Zambia Chitra Nakshatra Siddhi Yoga Talitta/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Sufra 26				
		Gulika 6:20AM – 7:46AM	Chitra Until 11:47PM	Ganesha: White Sunrise: 6:20AM		Vasava 5:17
	Kanya Rasi: 27.55 Tithi 13 – 14	Yama 1:30PM – 2:56PM	Siddhi Until 12:31AM Sun	Muruga: Red Sunset: 5:49PM		Moon 4 - Phase 4 - 26
		Rahu 9:12AM – 10:38AM	Gara Until 3:22AM Sun	Nataraja: Purple 4th Phase		
	Routine Work Marana Yoga	Trayodashi Until 2:04PM			Vaisaka-Chaitra	Subha Sivaloka Day
	Until 11:47PM					
	Then Creative Work - Siddha Yoga					

6	Sunday, May 11, 2025	Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesho Mesa Sukla Paksha Bhanu Vasara Yuktayam Lusaka, Zambia Svali Nakshatra Vyagipata* Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau Sun 27 Sufra 27				
		Gulika 2:55PM – 4:21PM	Svali Until 2:39AM Mon	Ganesha: White Sunrise: 6:20AM		Vasava 5:17
	Tula Rasi: 9.43 Tithi 14 – 15	Yama 12:04PM – 1:29PM	Vyagipata* Until 1:32AM Mon	Muruga: Red Sunset: 5:49PM		Moon 4 - Phase 4 - 27
		Rahu 4:21PM – 5:47PM	Visi Until 5:50AM Mon	Nataraja: Purple 4th Phase		
	Creative Work Siddha Yoga	Mother's Day	Chaturdashi* Until 4:36PM	Vaisaka-Chaitra		Subha Sivaloka Day
	Until 2:39AM Mon					
	Then Routine Work - Marana Yoga					

○	Monday, May 12, 2025	Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesho Mesa Sukla Paksha Indu Vasara Yuktayam Lusaka, Zambia Vishakha Nakshatra Varyan Yoga Bava Karana Purnimayam Titau Sun 28 Sufra 28				
		Gulika 1:29PM – 2:55PM	Vishakha Until 5:40AM Tue	Ganesha: Yellow Sunrise: 6:20AM		Vasava 5:17
	Tula Rasi: 21.34 Tithi 15	Yama 10:38AM – 12:04PM	Varyan Until 2:22AM Tue	Muruga: Red Sunset: 5:49PM		Moon 4 - Phase 4 - 28
	Family Home Evening	Rahu 7:46AM – 9:12AM	Bava Until 6:59PM	Nataraja: Purple 4th Phase		Purnima
	Routine Work Marana Yoga	Purnima* Until 6:59PM			Vaisaka-Chaitra	Sivaloka Day
	Until 5:40AM Tue					
	Then Creative Work - Siddha Yoga					

	Tuesday, May 13, 2025	Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesho Mesa Krishna Paksha Mangala Vasara Yuktayam Lusaka, Zambia Silver Retreat Star Anuradha Nakshatra Parigaha* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Sufra 29				
		Gulika 12:04PM – 1:29PM	Anuradha Until 8:17AM Wed	Ganesha: Yellow Sunrise: 6:21AM		Vasava 5:17
	Wishika Rasi: 3.29 Tithi 16	Yama 9:12AM – 10:38AM	Parigaha* Until 3:03AM Wed	Muruga: Red Sunset: 5:49PM		Moon 4 - Phase 4 - 29
		Rahu 2:55PM – 4:21PM	Balava Until 8:07AM	Nataraja: Purple 4th Phase		Prathama
	Creative Work Siddha Yoga	Prathama* Until 9:08PM			Vaisaka-Chaitra	Sivaloka Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

**Wednesday, May 14, 2025****Gold Retreat Star**

Wisshika Rasi: 15.31 Tithi 17
 Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішэбха Масэ Кгішна Пакіше Будха Васара Yuktayam Lusaka, Zambia
 Anuradha/Jyeshtha* Nakshatra Shiva Yoga Talila/Gara Karana Divityayam Tilau Sun 1 Sufra 30
Gulika 10:38AM - 12:04PM Anuradha Until 8:17AM Ganesha: Yellow Sunrise: 6:21AM Vivasasu 5:17
 Yama 7:47AM - 9:12AM Shiva Until 3:31AM Thu **Muruga: Red Sunset: 5:46PM** Moon 5 - Phase 5 - 1
Rahu 12:04PM - 1:29PM Talila Until 10:08AM Nataraja: Purple 1st Phase
 Moon - Orange **Sivaloka Day**
Dvitiya Until 11:01PM Vaisaka-Vaikasi

1**Thursday, May 15, 2025**

Wisshika Rasi: 27.38 Tithi 18
 Routine Work Prabalarishta Yoga
 Until 10:27AM
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішэбха Масэ Кгішна Пакіше Гуну Васара Yuktayam Lusaka, Zambia
 Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanja/Vesli* Karana Tritrayayam Tilau Sun 2 Sufra 31
Gulika 9:12AM - 10:38AM Jyeshtha* Until 10:27AM Ganesha: Yellow Sunrise: 6:21AM Vivasasu 5:17
 Yama 6:21AM - 7:47AM Siddha Until 3:42AM Fri **Muruga: Red Sunset: 5:46PM** Moon 5 - Phase 5 - 2
Rahu 1:29PM - 2:55PM Vanja Until 11:51AM Nataraja: Purple 1st Phase
 Moon - Orange **Sivaloka Day**
Tritiya Until 12:34AM Fri Vaisaka-Vaikasi

2**Friday, May 16, 2025**

Dhanus Rasi: 9.55 Tithi 19
 Creative Work Amrita Yoga
 Until 12:37PM
 Then Routine Work - Prabalarishta Yoga

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішэбха Масэ Кгішна Пакіше Sukra Vasara Yuktayam Lusaka, Zambia
 Mula*/Purvashadha* Nakshatra Sadhya Yoga Bava/Balava Karana Chaturthayam Tilau Sun 3 Sufra 32
Gulika 7:47AM - 9:13AM Mula* Until 12:37PM Ganesha: Blue Sunrise: 6:22AM Vivasasu 5:17
 Yama 2:55PM - 4:20PM Sadhya Until 3:37AM Sat **Muruga: Red Sunset: 5:46PM** Moon 5 - Phase 5 - 3
Rahu 10:38AM - 12:04PM Bava Until 1:14PM Nataraja: Purple 1st Phase
 Moon - Light Blue **Subha Sivaloka Day**
Chaturthi* Until 1:46AM Sat Vaisaka-Vaikasi

3**Saturday, May 17, 2025**

Dhanus Rasi: 22.2 Tithi 20
 Creative Work Siddha Yoga
 Until 2:14PM
 Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішэбха Масэ Кгішна Пакіше Mantu Vasara Yuktayam Lusaka, Zambia
 Purvashadha*/Uttarashadha Nakshatra Subha Yoga Kaulava/Taila Karana Panchamayam Tilau Sun 4 Sufra 33
Gulika 6:22AM - 7:47AM Purvashadha* Until 2:14PM Ganesha: Blue Sunrise: 6:22AM Vivasasu 5:17
 Yama 1:29PM - 2:54PM Subha Until 3:13AM Sun **Muruga: Red Sunset: 5:46PM** Moon 5 - Phase 5 - 4
Rahu 9:13AM - 10:38AM Kaulava Until 2:13PM Nataraja: Purple 1st Phase
 Moon - Orange **Subha Sivaloka Day**
Panchami Until 2:31AM Sun Vaisaka-Vaikasi

4**Sunday, May 18, 2025**

Makara Rasi: 4.58 Tithi 21
 Creative Work Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішэбха Масэ Кгішна Пакіше Bhanu Vasara Yuktayam Lusaka, Zambia
 Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanja Karana Shashthayam Tilau Sun 5 Sufra 34
Gulika 2:54PM - 4:20PM Uttarashadha Until 3:15PM Ganesha: Blue Sunrise: 6:22AM Vivasasu 5:17
 Yama 12:04PM - 1:29PM Sukla Until 2:24AM Mon **Muruga: Red Sunset: 5:46PM** Moon 5 - Phase 5 - 5
Rahu 4:20PM - 5:45PM Gara Until 2:45PM Nataraja: Purple 1st Phase
 Moon - Light Blue **Subha Sivaloka Day**
Shashthi* Until 2:47AM Mon Vaisaka-Vaikasi

5**Monday, May 19, 2025**

Makara Rasi: 17.5 Tithi 22
Family Home Evening
 Creative Work Amrita Yoga
 Until 4:03PM
 Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішэбха Масэ Кгішна Пакіше Indu Vasara Yuktayam Lusaka, Zambia
 Shravana/Dhanishtha Nakshatra Brahma Yoga Vesli* Bava Karana Sapthamayam Tilau Sun 6 Sufra 35
Gulika 1:29PM - 2:54PM Shravana Until 4:03PM Ganesha: Blue Sunrise: 6:22AM Vivasasu 5:17
 Yama 10:38AM - 12:04PM Brahma Until 1:08AM Tue **Muruga: Red Sunset: 5:46PM** Moon 5 - Phase 5 - 6
Rahu 7:48AM - 9:13AM Vesli Until 2:43PM Nataraja: Purple 1st Phase
 Moon - Purple **Devaloka Day**
Saptami Until 2:28AM Tue Vaisaka-Vaikasi

D**Tuesday, May 20, 2025****Retreat Star**

Kumbha Rasi: 1.01 Tithi 23
 Creative Work Siddha Yoga
 Until 4:06PM
 Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішэбха Масэ Кгішна Пакіше Mangala Vasara Yuktayam Lusaka, Zambia
 Dhanishtha/Shatabhishak Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamayam Tilau Sun 7 Sufra 36
Gulika 12:04PM - 1:29PM Dhanishtha Until 4:06PM Ganesha: Blue Sunrise: 6:23AM Vivasasu 5:17
 Yama 9:13AM - 10:38AM Indra Until 11:23PM **Muruga: Red Sunset: 5:46PM** Moon 5 - Phase 5 - 7
Rahu 2:54PM - 4:19PM Balava Until 2:06PM Nataraja: Purple 1st Phase
 Moon - Purple **Devaloka Day**
Ashtami* Until 1:31AM Wed Vaisaka-Vaikasi

Wednesday, May 21, 2025**Retreat Star**

Kumbha Rasi: 14.31 Tithi 24
 Creative Work Siddha Yoga
 Until 3:22PM
 Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Наратана Рітау Вішэбха Масэ Кгішна Пакіше Budha Vasara Yuktayam Lusaka, Zambia
 Shatabhishak/Purvashrothapada* Nakshatra Vaidhri* Yoga Talila/Gara Karana Navamayam Tilau Sun 8 Sufra 37
Gulika 10:39AM - 12:04PM Shatabhishak Until 3:22PM Ganesha: Blue Sunrise: 6:23AM Vivasasu 5:17
 Yama 7:48AM - 9:13AM Vaidhri* Until 9:05PM **Muruga: Red Sunset: 5:46PM** Moon 5 - Phase 5 - 8
Rahu 12:04PM - 1:29PM Talila Until 12:50PM Nataraja: Purple Navami
 Moon - Purple **Devaloka Day**
Navami* Until 11:56PM Vaisaka-Vaikasi

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1 Thursday, May 22, 2025		Viswasa Nama Samvatsara Uтарыаnа Nаrtаnа Rіtаu Vіshаbha Mаsе: Kṛіshnа Pаkshе Gаru Vаsаrа Yаjñаyаm Pаrvаprоshthаpаdа/Uttаrаprоshthаpаdа Nаkshаtrа Vіshkаmbhа* Yоgа Vаnjіа/Vіstі* Kаrаnа Dаshаmуаm Tіtаu				Lusaka, Zambia Sun 9 Sufra 38 Viswasa 5127	
Kumbha Rasi: 28.26	Tithi 25	Gulika 9:14AM - 10:39AM	Purvaproshtapada* Until 2:17PM	Ganesh: White	Sunrise: 6:23AM		
		Yama 6:23AM - 7:49AM	Vishkambha* Until 6:18PM	Muruga: Red	Sunset: 5:49PM		Moon 5 - Phase 6 - 9
Creative Work	Siddha Yoga	Rahu 1:29PM - 2:54PM	Vanija Until 10:55AM	Nataraja: Purple			2nd Phase
			Dashami Until 9:43PM	Moon - Clear			Devaloka Day
				Vaisaka-Vaikasi			

2 Friday, May 23, 2025		Viswasa Nama Samvatsara Uтарыаnа Nаrtаnа Rіtаu Vіshаbha Mаsе: Kṛіshnа Pаkshе Sаkrа Vіsаrа Yаjñаyаm Uttаrаprоshthаpаdа/Revatі Nаkshаtrа Pṛіthі/Ayushmаn Yоgа Bаvа/Bіlаvа Kаrаnа Ekаdаshіyаm Tіtаu				Lusaka, Zambia Sun 10 Sufra 39 Viswasa 5127	
Mesha Rasi: 12.43	Tithi 26	Gulika 7:49AM - 9:14AM	Uttaraproshtapada Until 12:30PM	Ganesh: White	Sunrise: 6:24AM		
		Yama 2:54PM - 4:19PM	Pṛithi Until 3:03PM	Muruga: Red	Sunset: 5:49PM		Moon 5 - Phase 6 - 10
Creative Work	Siddha Yoga	Rahu 10:39AM - 12:04PM	Bava Until 8:26AM	Nataraja: Purple			2nd Phase
			Ekadashi* Until 6:58PM	Moon - Clear			Devaloka Day
				Vaisaka-Vaikasi			

3 Saturday, May 24, 2025		Viswasa Nama Samvatsara Uтарыаnа Nаrtаnа Rіtаu Vіshаbha Mаsе: Kṛіshnа Pаkshе Mаrtа Vіsаrа Yаjñаyаm Revatі/Ashvіnі Nаkshаtrа Ayushmаn/Sаubhаgyа Yоgа Jіllіа/Gаrа Kаrаnа Dvаdаshі/Tṛyodаshіyаm Tіtаu				Lusaka, Zambia Sun 11 Sufra 40 Viswasa 5127	
Mesha Rasi: 27.22	Tithi 27 - 28	Gulika 6:24AM - 7:49AM	Revati Until 10:06AM	Ganesh: White	Sunrise: 6:24AM		
		Yama 1:29PM - 2:54PM	Ayushman Until 11:25AM	Muruga: Red	Sunset: 5:49PM		Moon 5 - Phase 6 - 11
Routine Work	Prabalarishta Yoga	Rahu 9:14AM - 10:39AM	Gara Until 2:05AM Sun	Nataraja: Purple			2nd Phase
Until 10:06AM			Dvadashti* Until 3:47PM	Moon - Clear			Devaloka Day
Then Creative Work - Siddha Yoga				Vaisaka-Vaikasi			
				Pradosha Vata (Fasting)			

4 Sunday, May 25, 2025		Viswasa Nama Samvatsara Uтарыаnа Nаrtаnа Rіtаu Vіshаbha Mаsе: Kṛіshnа Pаkshе Bhаnu Vіsаrа Yаjñаyаm Ashvіnі/Bhаrаnі Nаkshаtrа Sаubhаgyа/Sіbhаnа Yоgа Vаnjіа/Vіstі* Kаrаnа Tṛyodаshі/Chаturdаshіyаm Tіtаu				Lusaka, Zambia Sun 12 Sufra 41 Viswasa 5127	
Mesha Rasi: 12.19	Tithi 28 - 29	Gulika 2:54PM - 4:19PM	Ashvini Until 7:37AM	Ganesh: White	Sunrise: 6:24AM		
		Yama 12:04PM - 1:29PM	Saubhagya Until 7:30AM	Muruga: Red	Sunset: 5:49PM		Moon 5 - Phase 6 - 12
Creative Work	Siddha Yoga	Rahu 4:19PM - 5:44PM	Visti Until 10:30PM	Nataraja: Purple			2nd Phase
Until 7:37AM			Trayodashi* Until 12:18PM	Moon - White			Devaloka Day
Then Routine Work - Prabalarishta Yoga				Vaisaka-Vaikasi			

Monday, May 26, 2025		Viswasa Nama Samvatsara Uтарыаnа Nаrtаnа Rіtаu Vіshаbha Mаsе: Kṛіshnа Pаkshе Indu Vаsаrа Yаjñаyаm Kṛіttіkа Nаkshаtrа Athіgаndа* Yоgа Sаkurnі/Cаluspаdа* Kаrаnа Chаturdаshі/Amāvāsіyаm Tіtаu				Lusaka, Zambia Sun 13 Sufra 42 Viswasa 5127	
Retreat Star		Gulika 1:29PM - 2:54PM	Kṛitika Until 1:52AM Tue	Ganesh: White	Sunrise: 6:25AM		
Mesha Rasi: 27.24	Tithi 29 - 30	Yama 10:39AM - 12:04PM	Athiganda* Until 11:21PM	Muruga: Red	Sunset: 5:49PM		Moon 5 - Phase 6 - 13
Family Home Evening	Marana Yoga	Rahu 7:50AM - 9:14AM	Caluspada Until 6:51PM	Nataraja: Purple			Amavasya
Routine Work	Until 1:52AM Tue		Chaturdashi* Until 8:39AM	Moon - White			Devaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Vaikasi			

Tuesday, May 27, 2025		Viswasa Nama Samvatsara Uтарыаnа Nаrtаnа Rіtаu Vіshаbha Mаsе: Sаkrа Pаkshе Mаnglа Vаsаrа Yаjñаyаm Rоhіnі Nаkshаtrа Sаkurnа Yоgа Kіntughnа* Bаvа Kаrаnа Pṛаthаmаyаm Tіtаu				Lusaka, Zambia Sun 14 Sufra 43 Viswasa 5127	
Retreat Star		Gulika 12:04PM - 1:29PM	Rohini Until 11:21PM	Ganesh: Green	Sunrise: 6:25AM		
Mesha Rasi: 12.29	Tithi 1	Yama 9:15AM - 10:40AM	Sukarma Until 7:23PM	Muruga: Red	Sunset: 5:49PM		Moon 5 - Phase 6 - 14
Creative Work	Amrita Yoga	Rahu 2:54PM - 4:19PM	Kintughna Until 3:17PM	Nataraja: Purple			Prathama
Until 11:21PM			Prathama* Until 1:34AM Wed	Moon - Yellow			Devaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1		Wednesday, May 28, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Пакше Бадха Васара Yuktayam Lusaka, Zambia Mrigashira Nakshatra Dhinri/Shula* Yoga Balava/Kaulava Karana Dvitiyayam Tilau Sun 15 Sufra 44	
Wishabha Rasi: 27.26	Tilthi 2	Gulika 10:40AM - 12:04PM Yama 7:50AM - 9:15AM Rahu 12:04PM - 1:29PM	Mrigashira Until 9:01PM Dhinri Until 3:40PM Balava Until 11:59AM Dvitiya Until 10:28PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow Jyeshtha-Vaikasi	Sunrise: 6:25AM Sunset: 5:49PM Moon 5 - Phase 7 - 15 3rd Phase
Creative Work	Siddha Yoga	337418579			Devaloka Day
2		Thursday, May 29, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Пакше Гору Васара Yuktayam Lusaka, Zambia Andra Nakshatra Shula*/Ganda* Yoga Talilla/Gara Karana Tritiyayam Tilau Sun 16 Sufra 45	
Mithuna Rasi: 12.06	Tilthi 3	Gulika 9:15AM - 10:40AM Yama 6:26AM - 7:50AM Rahu 1:29PM - 2:54PM	Andra Until 7:03PM Shula* Until 12:18PM Talilla Until 9:07AM Tritiya Until 7:53PM	Ganesh: Green Muruga: Red Nataraja: Purple Moon - Yellow Jyeshtha-Vaikasi	Sunrise: 6:26AM Sunset: 5:49PM Moon 5 - Phase 7 - 12 3rd Phase
Routine Work	Marana Yoga	337418579			Devaloka Day
Until 7:03PM					
Then Creative Work	Amrita Yoga				
3		Friday, May 30, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Пакше Sukra Vasara Yuktayam Lusaka, Zambia Panarvasu Nakshatra Ganda*/Middhi Yoga Vanija/Bava Karana Chaturthi/Panchamyam Tilau Sun 17 Sufra 46	
Mithuna Rasi: 26.21	Tilthi 4 - 5	Gulika 7:51AM - 9:15AM Yama 2:54PM - 4:19PM Rahu 10:40AM - 12:05PM	Punarvasu Until 6:02PM Ganda* Until 9:28AM Vanija Until 6:50AM Chaturthi* Until 5:57PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 6:26AM Sunset: 5:49PM Moon 5 - Phase 7 - 17 3rd Phase
Creative Work	Siddha Yoga	347418579			Devaloka Day
Until 6:02PM					
Then Routine Work	Marana Yoga				
4		Saturday, May 31, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Пакше Merita Vasara Yuktayam Lusaka, Zambia Pushya/Ashlesha* Nakshatra Viddhi/Uraava Yoga Balava/Kaulava Karana Panchami/Sasthyam Tilau Sun 18 Sufra 47	
Kataka Rasi: 10.08	Tilthi 5 - 6	Gulika 6:26AM - 7:51AM Yama 1:30PM - 2:54PM Rahu 9:16AM - 10:40AM	Pushya Until 5:39PM Viddhi Until 7:15AM Kaulava Until 4:35AM Sun Panchami Until 4:49PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 6:26AM Sunset: 5:49PM Moon 5 - Phase 7 - 18 3rd Phase
Creative Work	Siddha Yoga	347418579			Devaloka Day
Until 5:39PM					
Then Routine Work	Marana Yoga				
5		Sunday, June 1, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Пакше Bhanu Vasara Yuktayam Lusaka, Zambia Ashlesha*/Magha* Nakshatra Vyaghala* Yoga Talilla/Gara Karana Shashthi/Saptamyam Tilau Sun 19 Sufra 48	
Kataka Rasi: 23.26	Tilthi 6 - 7	Gulika 2:54PM - 4:19PM Yama 12:05PM - 1:30PM Rahu 4:19PM - 5:43PM	Ashlesha* Until 5:58PM Vyaghala* Until 4:50AM Mon Gara Until 4:45AM Mon Shashthi* Until 4:32PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Blue Jyeshtha-Vaikasi	Sunrise: 6:27AM Sunset: 5:49PM Moon 5 - Phase 7 - 19 3rd Phase
Creative Work	Siddha Yoga	347418579			Devaloka Day
Until 5:58PM					
Then Routine Work	Marana Yoga				
6		Monday, June 2, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Пакше Indu Vasara Yuktayam Lusaka, Zambia Magha* Nakshatra Harshana Yoga Vanija/Visi* Karana Sapthami/Astamyam Tilau Sun 20 Sufra 49	
Simha Rasi: 6.18	Tilthi 7 - 8	Gulika 1:30PM - 2:54PM Yama 10:41AM - 12:05PM Rahu 7:51AM - 9:16AM	Magha* Until 7:26PM Harshana Until 4:39AM Tue Visi Until 5:45AM Tue Sapthami Until 5:08PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 6:27AM Sunset: 5:49PM Moon 5 - Phase 7 - 20 3rd Phase
Family Home Evening	Marana Yoga	358418579			Subha Sivaloka Day
Until 7:26PM					
Then Creative Work	Siddha Yoga				
Retreat Star		Tuesday, June 3, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Пакше Mangala Vasara Yuktayam Lusaka, Zambia Magha* Nakshatra Ashlami Vajra* Yoga Bava Karana Ashtamyam Tilau Sun 21 Sufra 50	
Simha Rasi: 18.46	Tilthi 8	Gulika 12:05PM - 1:30PM Yama 9:16AM - 10:41AM Rahu 2:54PM - 4:19PM	Purvaphalguni Until 9:30PM Vajra* Until 4:59AM Wed Bava Until 6:30PM Ashlami* Until 6:30PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 6:27AM Sunset: 5:49PM Moon 5 - Phase 7 - 21 Ashtami
Creative Work	Siddha Yoga	358418579			Subha Sivaloka Day
Until 9:30PM					
Then Creative Work	Amrita Yoga				
Retreat Star		Wednesday, June 4, 2025		Vishvasu Nama Samvatsare Uтарыяне Нартана Рітау Вішабха Масе Сукта Пакше Budha Vasara Yuktayam Lusaka, Zambia Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Tilau Sun 22 Sufra 51	
Kanya Rasi: 0.56	Tilthi 9	Gulika 10:41AM - 12:06PM Yama 7:52AM - 9:17AM Rahu 12:06PM - 1:30PM	Uttaraphalguni Until 11:58PM Siddhi Until 5:45AM Thu Balava Until 7:26AM Navami* Until 8:28PM	Ganesh: White Muruga: Red Nataraja: Purple Moon - Red Jyeshtha-Vaikasi	Sunrise: 6:28AM Sunset: 5:49PM Moon 5 - Phase 7 - 22 Navami
Creative Work	Amrita Yoga	358418579			Subha Sivaloka Day
Until 11:58PM					
Then Routine Work	Marana Yoga				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1 Thursday, June 5, 2025		Viswasa Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше Guru Vasara Yuktayam				Lusaka, Zambia
Kanya Rasi: 12.54 Tithi 10		Hasta Until 3:06AM Fri		Ganesh: Clear	Sunrise: 6:28AM	Sun 23 Sufra 52
Routine Work Marana Yoga		Vyalipata* Until 6:45AM Fri		Muruga: Red	Sunset: 5:49PM	Vasavasu 5:17
Until 3:06AM Fri		Taitilla Until 9:39AM		Nataraja: Blue		Moon 5 - Phase B - 23 4th Phase
Then Creative Work - Siddha Yoga		Dashami Until 10:51PM		Moon - Green		Sivaloka Day
				Jyeshtha-Vaikasi		
2 Friday, June 6, 2025		Viswasa Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше Sukra Vasara Yuktayam				Lusaka, Zambia
Kanya Rasi: 24.45 Tithi 11		Chitra Until 6:12AM Sat		Ganesh: Clear	Sunrise: 6:28AM	Sun 24 Sufra 53
Routine Work Marana Yoga		Vyalipata* Until 6:45AM		Muruga: Red	Sunset: 5:49PM	Vasavasu 5:17
Until 3:06AM Fri		Vanija Until 12:08PM		Nataraja: Blue		Moon 5 - Phase B - 24 4th Phase
Then Creative Work - Siddha Yoga		Ekadashi Until 1:23AM Sat		Moon - Green		Sivaloka Day
				Jyeshtha-Vaikasi		
3 Saturday, June 7, 2025		Viswasa Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше Mani Vasara Yuktayam				Lusaka, Zambia
Tula Rasi: 6.33 Tithi 12		Chitra Until 6:12AM		Ganesh: Clear	Sunrise: 6:28AM	Sun 25 Sufra 54
Routine Work Marana Yoga		Varyan Until 7:48AM		Muruga: Red	Sunset: 5:49PM	Vasavasu 5:17
Until 6:12AM		Bava Until 2:40PM		Nataraja: Blue		Moon 5 - Phase B - 25 4th Phase
Then Creative Work - Siddha Yoga		Dvadashi Until 3:52AM Sun		Moon - Green		Sivaloka Day
				Jyeshtha-Vaikasi		
4 Sunday, June 8, 2025		Viswasa Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше Bhanu Vasara Yuktayam				Lusaka, Zambia
Tula Rasi: 18.23 Tithi 13		Svali Until 9:04AM		Ganesh: White	Sunrise: 6:29AM	Sun 26 Sufra 55
Routine Work Siddha Yoga		Parigha* Until 8:49AM		Muruga: Red	Sunset: 5:49PM	Moon 5 - Phase B - 26 4th Phase
Until 9:04AM		Kadava Until 5:04PM		Nataraja: Blue		
Then Routine Work - Marana Yoga		Trayodashi Until 6:10AM Mon		Moon - Green		Devalka Day
				Jyeshtha-Vaikasi		
				Pradosha Vata		
5 Monday, June 9, 2025		Viswasa Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше Indu Vasara Yuktayam				Lusaka, Zambia
Vishchika Rasi: 0.18 Tithi 13 - 14		Vishakha Until 12:03PM		Ganesh: Clear	Sunrise: 6:29AM	Sun 27 Sufra 56
Family Home Evening		Shiva Until 9:40AM		Muruga: Red	Sunset: 5:49PM	Moon 5 - Phase B - 27 4th Phase
Routine Work Marana Yoga		Gara Until 7:13PM		Nataraja: Blue		
Until 12:03PM		Trayodashi Until 6:10AM		Moon - Orange		Sivaloka Day
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi		
○ Tuesday, June 10, 2025		Viswasa Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше Mangala Vasara Yuktayam				Lusaka, Zambia
Copper Retreat Star		Anuradha Until 2:33PM		Ganesh: Clear	Sunrise: 6:29AM	Sun 28 Sufra 57
Vishchika Rasi: 12.2 Tithi 14 - 15		Siddha Until 10:14AM		Muruga: Red	Sunset: 5:49PM	Moon 5 - Phase B - 28 Purnima
Routine Work Siddha Yoga		Visi Until 9:01PM		Nataraja: Blue		
Until 2:33PM		Chaturdashi* Until 8:09AM		Moon - Orange		Sivaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		
Wednesday, June 11, 2025		Viswasa Nama Samvatsara Uтарыне Нартапа Рітау Вішабха Маса Сукла Пакше Budha Vasara Yuktayam				Lusaka, Zambia
Silver Retreat Star		Jyeshtha* Until 4:32PM		Ganesh: Clear	Sunrise: 6:30AM	Sun 29 Sufra 58
Vishchika Rasi: 24.31 Tithi 15 - 16		Sadhya Until 10:33AM		Muruga: Red	Sunset: 5:49PM	Moon 5 - Phase B - 29 Prathama
Routine Work Siddha Yoga		Balava Until 10:27PM		Nataraja: Blue		
Until 4:32PM		Purnima* Until 9:46AM		Moon - Orange		Sivaloka Day
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

**Thursday, June 12, 2025****6:51 Retreat Star**

		Viswasesu Nama Samvatsare Uтарыяне Наратана Рітау Вішвеша Маса Крішна Пакше Гору Васара Уктыям Mula* Nakshatra Sukla/Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau				Lusaka, Zambia Sufra 59
Dhanus Rasi: 6.51	TITHI 16 - 17	Gulika 9:19AM - 10:43AM	Mula* Until 6:27PM	Ganesh: Purple	Sunrise: 6:30AM	Vasavasu 5:17
		Yama 6:30AM - 7:54AM	Sukha Until 10:35AM	Muruga: Red	Sunset: 5:49PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	Rahu 1:31PM - 2:56PM	Taila Until 11:30PM	Nataraja: Blue		1st Phase
		Prathama* Until 11:00AM				Devaloka Day
		Jyeshtha-Vaikasi				

Friday, June 13, 2025

		Viswasesu Nama Samvatsare Uтарыяне Наратана Рітау Вішвеша Маса Крішна Пакше: Sukra Vasara Uктыям Purvashada* Nakshatra Sukla/Brahma Yoga Gara/Vanaja Karana Dvitya/Tritiyayam Titau				Lusaka, Zambia Sun 1 Sufra 60
Dhanus Rasi: 19.22	TITHI 17 - 18	Gulika 7:55AM - 9:19AM	Purvashada* Until 7:51PM	Ganesh: Purple	Sunrise: 6:30AM	Vasavasu 5:17
		Yama 2:56PM - 4:20PM	Sukla Until 10:17AM	Muruga: Red	Sunset: 5:49PM	Moon 6 - Phase 9 - 1
Routine Work	Prabalashita Yoga	Rahu 10:43AM - 12:07PM	Vanaja Until 12:09AM Sat	Nataraja: Blue		1st Phase
Until 7:51PM			Dvitiya Until 11:51AM	Moon - Light Blue		
Then Routine Work - Marana Yoga				Jyeshtha-Vaikasi		Devaloka Day

Saturday, June 14, 2025

		Viswasesu Nama Samvatsare Uтарыяне Наратана Рітау Вішвеша Маса Крішна Пакше: Mantla Vasara Uктыям Uttarashada Nakshatra Brahma/Indra Yoga Vasi* (Bava Karana Tritiya/Chaturthayam Titau				Lusaka, Zambia Sun 2 Sufra 61
Makara Rasi: 2.02	TITHI 18 - 19	Gulika 6:31AM - 7:55AM	Uttarashada Until 8:43PM	Ganesh: Purple	Sunrise: 6:31AM	Vasavasu 5:17
		Yama 2:56PM - 4:20PM	Brahma Until 9:42AM	Muruga: Red	Sunset: 5:49PM	Moon 6 - Phase 9 - 2
Routine Work	Marana Yoga	Rahu 9:19AM - 10:43AM	Bava Until 12:26AM Sun	Nataraja: Blue		1st Phase
Until 8:43PM			Tritiya Until 12:19PM	Moon - Light Blue		
Then Creative Work - Siddha Yoga				Jyeshtha-Vaikasi		Devaloka Day

Sunday, June 15, 2025

		Viswasesu Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Маса Крішна Пакше: Bhanu Vasara Uктыям Makara Rasi: 14.54 TITHI 19 - 20				Lusaka, Zambia Sun 3 Sufra 62
		Gulika 2:56PM - 4:20PM	Shravana Until 9:31PM	Ganesh: Clear	Sunrise: 6:31AM	Vasavasu 5:17
		Yama 12:08PM - 1:32PM	Indra Until 8:50AM	Muruga: Red	Sunset: 5:49PM	Moon 6 - Phase 9 - 3
Creative Work	Amrita Yoga	Rahu 4:20PM - 5:45PM	Kaulava Until 12:19AM Mon	Nataraja: Blue		1st Phase
Until 9:31PM		Father's Day	Chaturthi* Until 12:24PM	Moon - Purple		
Then Routine Work - Marana Yoga				Jyeshtha-Ani		Sivaloka Day

Monday, June 16, 2025

		Viswasesu Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Маса Крішна Пакше: Indu Vasara Uктыям Dhanishtha Nakshatra Vaidhri* (Vishkambha* Yoga Taila/Gara Karana Panchmi/Shashthayam Titau				Lusaka, Zambia Sun 4 Sufra 63
Makara Rasi: 27.58	TITHI 20 - 21	Gulika 1:32PM - 2:56PM	Dhanishtha Until 9:45PM	Ganesh: Yellow	Sunrise: 6:31AM	Vasavasu 5:17
Family Home Evening		Yama 10:44AM - 12:08PM	Vaidhri* Until 7:37AM	Muruga: Red	Sunset: 5:49PM	Moon 6 - Phase 9 - 4
Creative Work	Siddha Yoga	Rahu 7:55AM - 9:19AM	Gara Until 11:47PM	Nataraja: Blue		1st Phase
			Panchami Until 12:05PM	Moon - Purple		
				Jyeshtha-Ani		Sivaloka Day

Tuesday, June 17, 2025

		Viswasesu Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Маса Крішна Пакше: Mangala Vasara Uктыям Shatabhishak Nakshatra Vishkambha* (Pithi Yoga Varjya/Vasi* Karana Shashthi/Saptamayam Titau				Lusaka, Zambia Sun 5 Sufra 64
Kumbha Rasi: 11.14	TITHI 21 - 22	Gulika 12:08PM - 1:32PM	Shalabhisak Until 9:25PM	Ganesh: Yellow	Sunrise: 6:31AM	Vasavasu 5:17
		Yama 9:20AM - 10:44AM	Vishkambha* Until 6:05AM	Muruga: Red	Sunset: 5:49PM	Moon 6 - Phase 9 - 5
Routine Work	Marana Yoga	Rahu 2:56PM - 4:21PM	Visi Until 10:49PM	Nataraja: Blue		1st Phase
			Shashthi* Until 11:20AM	Moon - Purple		
				Jyeshtha-Ani		Sivaloka Day

Wednesday, June 18, 2025

		Viswasesu Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Маса Крішна Пакше: Budha Vasara Uктыям Purvavroshthapada* Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamayam Titau				Lusaka, Zambia Sun 6 Sufra 65
Retreat Star		Gulika 10:44AM - 12:08PM	Purvavroshthapada* Until 8:54PM	Ganesh: Clear	Sunrise: 6:30AM	Vasavasu 5:17
Kumbha Rasi: 24.47	TITHI 22 - 23	Yama 7:56AM - 9:20AM	Ayushman Until 1:54AM Thu	Muruga: Red	Sunset: 5:49PM	Moon 6 - Phase 9 - 6
Creative Work	Amrita Yoga	Rahu 12:08PM - 1:33PM	Balava Until 9:23PM	Nataraja: Blue		Ashtami
Until 8:54PM			Saptami Until 10:08AM	Moon - Clear		
Then Creative Work - Siddha Yoga				Jyeshtha-Ani		Sivaloka Day

Thursday, June 19, 2025

		Viswasesu Nama Samvatsare Uтарыяне Наратана Рітау Мітхуна Маса Крішна Пакше: Guru Vasara Uктыям Uttaravroshthapada Nakshatra Saubhagy Yoga Kaulava/Taila Karana Ashtami/Navamayam Titau				Lusaka, Zambia Sun 7 Sufra 66
Retreat Star		Gulika 9:20AM - 10:44AM	Uttaravroshthapada Until 7:47PM	Ganesh: Clear	Sunrise: 6:30AM	Vasavasu 5:17
Meena Rasi: 8.35	TITHI 23 - 24	Yama 6:32AM - 7:56AM	Saubhagy Until 11:15PM	Muruga: Red	Sunset: 5:49PM	Moon 6 - Phase 9 - 7
Creative Work	Siddha Yoga	Rahu 1:33PM - 2:57PM	Taila Until 7:29PM	Nataraja: Blue		Navami
			Ashlami* Until 8:28AM	Moon - Clear		
				Jyeshtha-Ani		Sivaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Friday, June 20, 2025		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mithuna Mase Krishna Paksha Sukra Vasara Yuktayam Revati Nakshatra Sothana Yoga Gara/Visi* Karana Navami/Dushamanyu Tilau				Lusaka, Zambia Sun 8 Sufra 67
Mesha Rasi: 22.41	Tithi 24 – 25	Gulika 7:54AM – 9:20AM Yama 2:57PM – 4:21PM 311518571 Rahu 10:45AM – 12:09PM	Revati Until 6:05PM Sobhana Until 8:15PM Visti Until 3:49AM Sat Navami* Until 6:21AM	Ganesh: White Muruga: Red Nataraja: Blue Moon – Clear Jyestha-Ani	Sunrise: 6:23AM Sunset: 5:49PM	Vasavasu 5127 Moon 6 - Phase 10 - 8 2nd Phase
Creative Work Siddha Yoga Until 6:05PM Then Creative Work - Amrita Yoga		Subha Sivaloka Day				

2 Saturday, June 21, 2025		Viswasa Nama Samvatsara Uttarayane Nartana Ritau Mithuna Mase Krishna Paksha Manita Varsara Yuktayam Ashvini/Bharani Nakshatra Ahinganda*/Sukama Yoga Bava/Balava Karana Ekadashyam Tilau				Lusaka, Zambia Sun 9 Sufra 68
Mesha Rasi: 7.04	Tithi 26	Gulika 6:32AM – 7:56AM Yama 1:33PM – 2:57PM 321518571 Rahu 9:21AM – 10:45AM	Ashvini Until 4:18PM Ahinganda* Until 4:56PM Bava Until 2:26PM Ekadashi* Until 12:57AM Sun	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon – White Jyestha-Ani	Sunrise: 6:23AM Sunset: 5:49PM	Vasavasu 5127 Moon 6 - Phase 10 - 9 2nd Phase
Creative Work Siddha Yoga		Sivaloka Day				

3 Sunday, June 22, 2025		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Bhanu Varsara Yuktayam Bharani/Kritika Nakshatra Dhriti/Yoga Kaulava/Taitila Karana Dvadashtyam Tilau				Lusaka, Zambia Sun 10 Sufra 69
Mesha Rasi: 21.41	Tithi 27	Gulika 2:58PM – 4:22PM Yama 12:09PM – 1:33PM 321518571 Rahu 4:22PM – 5:46PM	Bharani Until 2:06PM Sukama Until 1:24PM Kaulava Until 11:26AM Dvadashi* Until 9:51PM	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon – White Jyestha-Ani	Sunrise: 6:23AM Sunset: 5:49PM	Vasavasu 5127 Moon 6 - Phase 10 - 10 2nd Phase
Routine Work Prabalarishta Yoga Until 2:06PM Then Creative Work - Siddha Yoga		Sivaloka Day				

4 Monday, June 23, 2025		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Indu Varsara Yuktayam Kritika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashtyam Tilau				Lusaka, Zambia Sun 11 Sufra 70
Wisshaha Rasi: 6.27	Tithi 28	Gulika 1:34PM – 2:58PM Yama 10:45AM – 12:09PM 321518571 Rahu 7:57AM – 9:21AM	Kritika Until 11:36AM Dhriti Until 9:45AM Gara Until 8:16AM Trayodashi* Until 6:39PM	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon – White Jyestha-Ani	Sunrise: 6:23AM Sunset: 5:49PM	Vasavasu 5127 Moon 6 - Phase 10 - 11 2nd Phase
Routine Work Marana Yoga Until 11:36AM Then Creative Work - Amrita Yoga		Sivaloka Day				

5 Tuesday, June 24, 2025		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Sukra Krishna Paksha Mangala Varsara Yuktayam Rohini/Migashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau				Lusaka, Zambia Sun 12 Sufra 71
Wisshaha Rasi: 21.15	Tithi 29 – 30	Gulika 12:10PM – 1:34PM Yama 9:21AM – 10:45AM 331518571 Rahu 2:58PM – 4:22PM	Rohini Until 9:22AM Shula* Until 6:03AM Catuspada Until 2:00AM Wed Chaturdashi* Until 3:29PM	Ganesh: Red Muruga: Red Nataraja: Blue Moon – Yellow Jyestha-Ani	Sunrise: 6:23AM Sunset: 5:49PM	Vasavasu 5127 Moon 6 - Phase 10 - 12 2nd Phase
Creative Work Amrita Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Sivaloka Day				

Wednesday, June 25, 2025		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Sukra Krishna Paksha Mangala Varsara Yuktayam Migashira/Andra Nakshatra Viddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Tilau				Lusaka, Zambia Sun 13 Sufra 72
Retreat Star		Gulika 10:46AM – 12:10PM Yama 7:57AM – 9:21AM 331518571 Rahu 12:10PM – 1:34PM	Mrigashira Until 7:10AM Viddhi Until 11:08PM Kintughna Until 11:12PM Amavasya* Until 12:32PM	Ganesh: Red Muruga: Red Nataraja: Blue Moon – Yellow Jyestha-Ani	Sunrise: 6:23AM Sunset: 5:49PM	Vasavasu 5127 Moon 6 - Phase 10 - 13 Amavasya
Mithuna Rasi: 5.57 Tithi 30 – 1 Creative Work Siddha Yoga		Sivaloka Day				

Thursday, June 26, 2025		Viswasa Nama Samvatsara Dakshinaya Nartana Ritau Mithuna Mase Sukra Krishna Paksha Guru Varsara Yuktayam Punarvasu Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvityayam Tilau				Lusaka, Zambia Sun 14 Sufra 73
Retreat Star		Gulika 9:22AM – 10:46AM Yama 6:33AM – 7:57AM 341518571 Rahu 1:34PM – 2:58PM	Punarvasu Until 3:52AM Fri Dhruva Until 8:09PM Balava Until 8:50PM Prathama* Until 9:56AM	Ganesh: Yellow Muruga: Red Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 6:23AM Sunset: 5:49PM	Vasavasu 5127 Moon 6 - Phase 10 - 14 Prathama
Mithuna Rasi: 20.25 Tithi 1 – 2 Creative Work Amrita Yoga Until 3:52AM Fri Then Routine Work - Marana Yoga		Sivaloka Day				

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Friday, June 27, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Sukra Vasara Yukitayam Lusaka, Zambia Pushya Nakshatra Vyaghata/Harshana Yoga Kaulava Talila Karana Dvitiya/Tritiyayam Tilau Sun 15 Sutra 74			
Kataka Rasi: 4.34	Tithi 2 - 3	Gulika 7:58AM - 9:22AM Yama 2:59PM - 4:23PM Rahu 10:46AM - 12:10PM	Pushya Until 3:06AM Sat Vyaghata* Until 5:39PM Talila Until 7:04PM Dvitiya Until 7:51AM	Ganesh: White Muruga: Red Nataraja: Blue Moon - Blue Ashada-Ani	Sunrise: 6:23AM Sunset: 5:47PM Moon 6 - Phase 11 - 17 3rd Phase
Routine Work - Marana Yoga		Devaloka Day			
2 Saturday, June 28, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Merita Vasara Yukitayam Lusaka, Zambia Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Tilau Sun 16 Sutra 75			
Kataka Rasi: 18.17	Tithi 3 - 4	Gulika 6:34AM - 7:58AM Yama 1:35PM - 2:59PM Rahu 9:22AM - 10:46AM	Ashlesha* Until 2:55AM Sun Harshana Until 3:45PM Vanija Until 6:01PM Tritiya Until 6:25AM	Ganesh: White Muruga: Red Nataraja: Blue Moon - Blue Ashada-Ani	Sunrise: 6:34AM Sunset: 5:47PM Moon 6 - Phase 11 - 16 3rd Phase
Routine Work - Marana Yoga		Devaloka Day			
3 Sunday, June 29, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Bhanu Vasara Yukitayam Lusaka, Zambia Magha* Nakshatra Vajra/Siddhi Yoga Bava/Balava Karana Panchamayam Tilau Sun 17 Sutra 76			
Simha Rasi: 1.35	Tithi 5	Gulika 2:59PM - 4:23PM Yama 12:11PM - 1:35PM Rahu 4:23PM - 5:48PM	Magha* Until 3:52AM Mon Vajra* Until 2:28PM Bava Until 5:46PM Panchami Until 5:57AM Mon	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 6:34AM Sunset: 5:48PM Moon 6 - Phase 11 - 17 3rd Phase
Routine Work - Marana Yoga Until 3:52AM Mon Then Creative Work - Siddha Yoga		Sivaloka Day			
4 Monday, June 30, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Indu Vasara Yukitayam Lusaka, Zambia Purvaphalguni Nakshatra Siddhi/Vyjalpata* Yoga Kaulava Karana Shashthiyam Tilau Sun 18 Sutra 77			
Simha Rasi: 14.27	Tithi 6	Gulika 1:35PM - 2:59PM Yama 10:47AM - 12:11PM Rahu 7:58AM - 9:22AM	Purvaphalguni Until 5:26AM Tue Siddhi Until 1:51PM Kaulava Until 6:21PM Shashthi* Until 6:55AM Tue	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 6:34AM Sunset: 5:48PM Moon 6 - Phase 11 - 18 3rd Phase
Family Home Evening Creative Work - Siddha Yoga Until 5:26AM Tue Then Creative Work - Amrita Yoga		Sivaloka Day			
5 Tuesday, July 1, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Mangala Vasara Yukitayam Lusaka, Zambia Uttaraphalguni Nakshatra Vyjalpata* Varinyan Yoga Talila/Gara Karana Shashthi/Saptamayam Tilau Sun 19 Sutra 78			
Simha Rasi: 26.56	Tithi 6 - 7	Gulika 12:11PM - 1:35PM Yama 9:23AM - 10:47AM Rahu 3:00PM - 4:24PM	Uttaraphalguni Until 7:31AM Wed Vyjalpata* Until 1:52PM Gara Until 7:41PM Shashthi* Until 6:55AM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 6:34AM Sunset: 5:48PM Moon 6 - Phase 11 - 19 3rd Phase
Creative Work - Amrita Yoga Until 7:31AM Wed Then Routine Work - Marana Yoga		Sivaloka Day			
Wednesday, July 2, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Budha Vasara Yukitayam Lusaka, Zambia Uttaraphalguni/Hasta Nakshatra Parigha* Varinyan/Parigha* Yoga Vanija/Visi* Karana Sapthami/Ashtamayam Tilau Sun 20 Sutra 79			
Retreat Star		Gulika 10:47AM - 12:11PM Yama 7:58AM - 9:23AM Rahu 12:11PM - 1:36PM	Uttaraphalguni Until 7:31AM Varijan Until 2:20PM Visi Until 9:37PM Sapthami Until 8:34AM	Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani	Sunrise: 6:34AM Sunset: 5:48PM Moon 6 - Phase 11 - 20 Ashtami
Kanya Rasi: 9.08 Tithi 7 - 8 Creative Work - Amrita Yoga Until 7:31AM Then Routine Work - Marana Yoga		Sivaloka Day			
Thursday, July 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Pakshe Guru Vasara Yukitayam Lusaka, Zambia Hasta/Chitra Nakshatra Parigha* Shiva Yoga Bava/Balava Karana Ashtami/Navamayam Tilau Sun 21 Sutra 80			
Retreat Star		Gulika 9:23AM - 10:47AM Yama 6:34AM - 7:59AM Rahu 1:36PM - 3:00PM	Hasta Until 10:25AM Parigha* Until 3:09PM Balava Until 11:56PM Ashtami* Until 10:43AM	Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Green Ashada-Ani	Sunrise: 6:34AM Sunset: 5:49PM Moon 6 - Phase 11 - 21 Navami
Kanya Rasi: 21.08 Tithi 8 - 9 Routine Work - Marana Yoga Until 10:25AM Then Creative Work - Siddha Yoga		Devaloka Day			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Friday, July 4, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Sudra Vasara Yuktiyam Lusaka, Zambia Chitra/Svali Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Navami/Dashamam Tilau Sun 22 Sufra 81			
Tula Rasi: 3	Tithi 9 – 10	Gulika 7:59AM – 9:23AM Yama 3:00PM – 4:25PM Rahu 10:47AM – 12:12PM	Chitra Untill 1:24PM Shiva Untill 4:09PM Tailila Untill 2:22AM Sat Navami* Untill 1:07PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 6:34AM Sunset: 5:49PM Moon 6 - Phase 12 - 23 4th Phase
Creative Work	Siddha Yoga	362518571			Devaloka Day

2 Saturday, July 5, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Merita Vasara Yuktiyam Lusaka, Zambia Svali/Vishaka Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekaddshyam Tilau Sun 23 Sufra 82			
Tula Rasi: 14.51	Tithi 10 – 11	Gulika 6:34AM – 7:59AM Yama 1:36PM – 3:01PM Rahu 9:23AM – 10:47AM	Svali Untill 4:14PM Siddha Untill 5:07PM Vanija Untill 4:44AM Sun Dashami Untill 3:33PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 6:34AM Sunset: 5:49PM Moon 6 - Phase 12 - 23 4th Phase
Creative Work	Siddha Yoga	362518571			Devaloka Day

3 Sunday, July 6, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Bharu Vasara Yuktiyam Lusaka, Zambia Vishaka Nakshatra Sadhya/Subha Yoga Visi*/Bava Karana Ekadashi/Dwadshyam Tilau Sun 24 Sufra 83			
Tula Rasi: 26.44	Tithi 11 – 12	Gulika 3:01PM – 4:25PM Yama 12:12PM – 1:36PM Rahu 4:25PM – 5:50PM	Vishaka Untill 7:13PM Sadhya Untill 5:57PM Bava Untill 6:49AM Mon Ekadashi Untill 5:47PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 6:34AM Sunset: 5:50PM Moon 6 - Phase 12 - 24 4th Phase
Routine Work	Marana Yoga	472518571			Devaloka Day

4 Monday, July 7, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Indru Vasara Yuktiyam Lusaka, Zambia Anuradha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Tilau Sun 25 Sufra 84			
Wishika Rasi: 8.44	Tithi 12	Gulika 1:37PM – 3:01PM Yama 10:48AM – 12:12PM Rahu 7:59AM – 9:23AM	Anuradha Untill 9:42PM Subha Untill 6:33PM Bava Untill 6:49AM Dvadashi Untill 7:42PM	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 6:34AM Sunset: 5:50PM Moon 6 - Phase 12 - 25 4th Phase
Family Home Evening	Siddha Yoga	472518571			Devaloka Day

5 Tuesday, July 8, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Mangala Vasara Yuktiyam Lusaka, Zambia Jyeshtha* Nakshatra Sukla Yoga Kaulava/Tailila Karana Trayodashyam Tilau Sun 26 Sufra 85			
Wishika Rasi: 20.53	Tithi 13	Gulika 12:12PM – 1:37PM Yama 9:23AM – 10:48AM Rahu 3:01PM – 4:26PM	Jyeshtha* Untill 11:36PM Sukla Untill 6:47PM Kaulava Untill 8:31AM Trayodashi Untill 9:10PM <i>Pradosha Vata</i>	Ganesha: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani	Sunrise: 6:34AM Sunset: 5:50PM Moon 6 - Phase 12 - 26 4th Phase
Routine Work	Marana Yoga	472518571			Devaloka Day
Untill 11:36PM					
Then Creative Work	- Amrita Yoga				

6 Wednesday, July 9, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Budha Vasara Yuktiyam Lusaka, Zambia Mula* Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Tilau Sun 27 Sufra 86			
Dhanus Rasi: 3.13	Tithi 14	Gulika 10:48AM – 12:12PM Yama 7:59AM – 9:23AM Rahu 12:12PM – 1:37PM	Mula* Untill 1:21AM Thu Brahma Untill 6:39PM Gara Untill 9:45AM Chaturdashi* Untill 10:09PM	Ganesha: Clear Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 6:34AM Sunset: 5:51PM Moon 6 - Phase 12 - 27 4th Phase
Routine Work	Marana Yoga	482518571			Sivaloka Day
Untill 1:21AM Thu					
Then Creative Work	- Siddha Yoga				

○ Thursday, July 10, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukla Paksho Guru Vasara Yuktiyam Lusaka, Zambia Purvashadha* Nakshatra Indru Yoga Visi*/Bava Karana Purnimayam Tilau Sun 28 Sufra 87			
Copper Retreat Star		Gulika 9:24AM – 10:48AM Yama 6:34AM – 7:59AM Rahu 1:37PM – 3:02PM	Purvashadha* Untill 2:28AM Fri Indra Untill 6:09PM Visi Untill 10:29AM Purnima* Untill 10:40PM	Ganesha: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 6:34AM Sunset: 5:51PM Moon 6 - Phase 12 - 28 Purnima
Dhanus Rasi: 15.46	Tithi 15	483518571			Subha Sivaloka Day
Creative Work	Siddha Yoga				
Untill 2:28AM Fri					
Then Routine Work	- Marana Yoga				

Friday, July 11, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Sudra Vasara Yuktiyam Lusaka, Zambia Uttarashadha Nakshatra Vaidhriti*/Vishkamba* Yoga Balava/Kaulava Karana Prathamam Tilau Sun 29 Sufra 88			
Silver Retreat Star		Gulika 7:59AM – 9:24AM Yama 3:02PM – 4:27PM Rahu 10:48AM – 12:13PM	Uttarashadha Untill 2:59AM Sat Vaidhriti* Untill 5:15PM Balava Untill 10:45AM Prathama* Untill 10:42PM	Ganesha: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani	Sunrise: 6:34AM Sunset: 5:51PM Moon 6 - Phase 12 - 29 Prathama
Dhanus Rasi: 28.33	Tithi 16	483518571			Subha Sivaloka Day
Routine Work	Marana Yoga				
Untill 2:59AM Sat					
Then Creative Work	- Siddha Yoga				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

**Saturday, July 12, 2025****Gold Retreat Star**

Makara Rasi: 5.23 Tithi 17
 Creative Work Siddha Yoga
 Until 3:24AM Sun
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mania Vasara Yuktayam
 Shravana Nakshatra Vishkambha/Pihli Yoga Talila/Gara Karana Dvityayam Titau

Gulika 6:34AM - 7:59AM	Shravana Until 3:24AM Sun	Ganesh: Yellow	Sunrise: 6:34AM
Yama 1:38PM - 3:02PM	Vishkambha* Until 4:02PM	Muruga: Red	Sunset: 5:59PM
Rahu 9:24AM - 10:48AM	Tailila Until 10:35AM	Nataraja: Blue	Moon - Purple
	Dvitiya Until 10:19PM	Moon - Purple	Ashada-Adi

Lusaka, Zambia
 Sun 1 Sutra 89
 Viswasa 5:127
 Moon 7 - Phase 13 - 1
 1st Phase

Sivaloka Day**1****Sunday, July 13, 2025**

Makara Rasi: 24.46 Tithi 18
 Routine Work Marana Yoga
 Until 3:19AM Mon
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Bharu Vasara Yuktayam
 Dhanishtha Nakshatra Pihli/Ayushman/Yoga Vanja/Vesli* Karana Tritiyayam Titau

Gulika 3:02PM - 4:27PM	Dhanishtha Until 3:19AM Mon	Ganesh: Yellow	Sunrise: 6:34AM
Yama 12:13PM - 1:38PM	Pihli Until 2:32PM	Muruga: Red	Sunset: 5:59PM
Rahu 4:27PM - 5:52PM	Vanija Until 10:01AM	Nataraja: Blue	Moon - Purple
	Tritiya Until 9:35PM	Moon - Purple	Ashada-Adi

Lusaka, Zambia
 Sun 2 Sutra 90
 Viswasa 5:127
 Moon 7 - Phase 13 - 2
 1st Phase

Sivaloka Day**2****Monday, July 14, 2025**

Kumbha Rasi: 8.1 Tithi 19
Family Home Evening
 Creative Work Siddha Yoga
 Until 2:47AM Tue
 Then Routine Work - Marana Yoga

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yuktayam
 Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 1:38PM - 3:03PM	Shatabhishak Until 2:47AM Tue	Ganesh: Yellow	Sunrise: 6:34AM
Yama 10:48AM - 12:13PM	Ayushman Until 12:43PM	Muruga: Red	Sunset: 5:59PM
Rahu 7:59AM - 9:24AM	Bava Until 9:06AM	Nataraja: Blue	Moon - Purple
	Chaturthi* Until 8:31PM	Moon - Purple	Ashada-Adi

Lusaka, Zambia
 Sun 3 Sutra 91
 Viswasa 5:127
 Moon 7 - Phase 13 - 3
 1st Phase

Sivaloka Day**3****Tuesday, July 15, 2025**

Kumbha Rasi: 21.44 Tithi 20
 Routine Work Marana Yoga
 Until 2:15AM Wed
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mangala Vasara Yuktayam
 Purvashothpada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Faila Karana Panchmayam Titau

Gulika 12:13PM - 1:38PM	Purvashothpada* Until 2:15AM Wed	Ganesh: Purple	Sunrise: 6:34AM
Yama 9:24AM - 10:49AM	Saubhagya Until 10:41AM	Muruga: Red	Sunset: 5:59PM
Rahu 3:03PM - 4:28PM	Kaulava Until 7:53AM	Nataraja: Blue	Moon - Clear
	Panchami Until 7:09PM	Moon - Clear	Ashada-Adi

Lusaka, Zambia
 Sun 4 Sutra 92
 Viswasa 5:127
 Moon 7 - Phase 13 - 4
 1st Phase

Devaloka Day**4****Wednesday, July 16, 2025**

Meena Rasi: 5.29 Tithi 21 - 22
 Creative Work Siddha Yoga

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam
 Uttarashothpada Nakshatra Sobhana/Ahiganda* Yoga Gara/Wel* Karana Shashthi/Saptamayam Titau

Gulika 10:49AM - 12:13PM	Uttarashothpada Until 1:19AM Thu	Ganesh: Purple	Sunrise: 6:34AM
Yama 7:59AM - 9:24AM	Sobhana Until 8:26AM	Muruga: Red	Sunset: 5:59PM
Rahu 12:13PM - 1:38PM	Gara Until 6:23AM	Nataraja: Blue	Moon - Clear
	Shashthi* Until 5:32PM	Moon - Clear	Ashada-Adi

Lusaka, Zambia
 Sun 5 Sutra 93
 Viswasa 5:127
 Moon 7 - Phase 13 - 5
 1st Phase

Devaloka Day**5****Thursday, July 17, 2025**

Meena Rasi: 19.23 Tithi 22 - 23
 Creative Work Siddha Yoga
 Until 11:59PM
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam
 Revati Nakshatra Sukarma Yoga Bava/Balava Karana Saptami/Ashtamayam Titau

Gulika 9:24AM - 10:49AM	Revati Until 11:59PM	Ganesh: Purple	Sunrise: 6:34AM
Yama 6:34AM - 7:59AM	Sukarma Until 3:16AM Fri	Muruga: Red	Sunset: 5:59PM
Rahu 1:38PM - 3:03PM	Balava Until 2:38AM Fri	Nataraja: Yellow	Moon - Clear
	Saptami Until 3:39PM	Moon - Clear	Ashada-Adi

Lusaka, Zambia
 Sun 6 Sutra 94
 Viswasa 5:127
 Moon 7 - Phase 13 - 6
 1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

D**Friday, July 18, 2025****Retreat Star**

Mesha Rasi: 3.26 Tithi 23 - 24
 Creative Work Amrita Yoga
 Until 10:43PM
 Then Creative Work - Siddha Yoga

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktayam
 Ashvini Nakshatra Dhrili Yoga Kaulava/Faila Karana Ashtami/Navamayam Titau

Gulika 7:59AM - 9:24AM	Ashvini Until 10:43PM	Ganesh: Clear	Sunrise: 6:34AM
Yama 3:03PM - 4:28PM	Dhrili Until 12:26AM Sat	Muruga: Red	Sunset: 5:59PM
Rahu 10:49AM - 12:14PM	Tailila Until 12:25AM Sat	Nataraja: Yellow	Moon - White
	Ashtami* Until 1:32PM	Moon - White	Ashada-Adi

Lusaka, Zambia
 Sun 7 Sutra 95
 Viswasa 5:127
 Moon 7 - Phase 13 - 7
 Ashtami

Devaloka Day**Saturday, July 19, 2025****Retreat Star**

Mesha Rasi: 17.38 Tithi 24 - 25
 Creative Work Siddha Yoga
 Until 9:07PM
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mania Vasara Yuktayam
 Bharani Nakshatra Shula* Yoga Gara/Vanija Karana Navami/Dashmayam Titau

Gulika 6:34AM - 7:59AM	Bharani Until 9:07PM	Ganesh: Clear	Sunrise: 6:34AM
Yama 1:39PM - 3:04PM	Shula* Until 9:24PM	Muruga: Red	Sunset: 5:59PM
Rahu 9:24AM - 10:49AM	Vanija Until 10:01PM	Nataraja: Yellow	Moon - White
	Navami* Until 11:13AM	Moon - White	Ashada-Adi

Lusaka, Zambia
 Sun 8 Sutra 96
 Viswasa 5:127
 Moon 7 - Phase 13 - 8
 Navami

Devaloka Day

1	Sunday, July 20, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Bhanu Vesara Yuktyam Kritika Nakshatra Ganda* Yoga Vasil* Bava Karana Dashami/Ekadashtyam Titau				Lusaka, Zambia Sun 9 Sutra 97
	Wishabha Rasi: 1.58	Tithi 25 - 26	Gulika 3:04PM - 4:29PM Yama 12:14PM - 1:39PM Rahu 4:29PM - 5:54PM	Kritika Untill 7:15PM Ganda* Untill 6:18PM Bava Untill 7:29PM Dashami Untill 8:45AM	Ganesha: Clear Muruga: Red Nataraja: Yellow Moon - White Ashada-Adi	Sunrise: 6:34AM Sunset: 5:54PM	Vishvasu 5:127 Moon 7 - Phase 14 - 10 2nd Phase
Creative Work	Siddha Yoga	433618572					Devaloka Day

2	Monday, July 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Indu Vesara Yuktyam Rohini/Mrigashira Nakshatra Viddhi/Dhruva Yoga Balava/Taila Karana Ekadashi/Dwadashyam Titau				Lusaka, Zambia Sun 10 Sutra 98
	Wishabha Rasi: 16.21	Tithi 26 - 27	Gulika 1:39PM - 3:04PM Yama 10:49AM - 12:14PM Rahu 7:58AM - 9:24AM	Rohini Untill 5:38PM Viddhi Untill 3:09PM Taila Untill 3:38AM Tue Ekadashi* Untill 6:11AM	Ganesha: White Muruga: Red Nataraja: Yellow Moon - Yellow Ashada-Adi	Sunrise: 6:33AM Sunset: 5:54PM	Vishvasu 5:127 Moon 7 - Phase 14 - 10 2nd Phase
Family Home Evening	Amrita Yoga	433618572					Bhuloka Day Devaloka Time: 3PM to 6PM

3	Tuesday, July 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Mangala Vesara Yuktyam Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Varijo Karana Trayodashyam Titau				Lusaka, Zambia Sun 11 Sutra 99
	Mithuna Rasi: 0.44	Tithi 28	Gulika 12:14PM - 1:39PM Yama 9:24AM - 10:49AM Rahu 3:04PM - 4:29PM	Mrigashira Untill 3:55PM Dhruva Untill 12:02PM Gara Untill 2:24PM Trayodashi* Untill 1:11AM Wed	Ganesha: White Muruga: Red Nataraja: Yellow Moon - Yellow Ashada-Adi	Sunrise: 6:33AM Sunset: 5:54PM	Vishvasu 5:127 Moon 7 - Phase 14 - 11 2nd Phase
Creative Work	Siddha Yoga	433618572					Bhuloka Day Devaloka Time: 3PM to 6PM
Then Routine Work - Marana Yoga							<i>Pradosha Vrata (Fasting)</i>

4	Wednesday, July 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Budha Vesara Yuktyam Ardra/Punarvasu Nakshatra Vyaghata/Harshana Yoga Vasil*Saluni* Karana Chaturdashyam Titau				Lusaka, Zambia Sun 12 Sutra 100
	Mithuna Rasi: 15.01	Tithi 29	Gulika 10:49AM - 12:14PM Yama 7:58AM - 9:23AM Rahu 12:14PM - 1:39PM	Ardra Untill 2:15PM Vyaghata* Untill 9:03AM Vasil Untill 12:04PM Chaturdashy* Untill 10:59PM	Ganesha: White Muruga: Red Nataraja: Yellow Moon - Yellow Ashada-Adi	Sunrise: 6:33AM Sunset: 5:55PM	Vishvasu 5:127 Moon 7 - Phase 14 - 12 2nd Phase
Creative Work	Siddha Yoga	433618572					Bhuloka Day Devaloka Time: 3PM to 6PM

●	Thursday, July 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Guru Vesara Yuktyam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Caluspada*Abaji* Karana Amavasyayam Titau				Lusaka, Zambia Sun 13 Sutra 101
	Mithuna Rasi: 29.08	Tithi 30	Gulika 9:23AM - 10:49AM Yama 6:33AM - 7:58AM Rahu 1:39PM - 3:04PM	Punarvasu Untill 1:12PM Harshana Untill 6:20AM Caluspada Untill 10:02AM Amavasya* Untill 9:10PM	Ganesha: Orange Muruga: Red Nataraja: Yellow Moon - Blue Ashada-Adi	Sunrise: 6:33AM Sunset: 5:55PM	Vishvasu 5:127 Moon 7 - Phase 14 - 13 Amavasya
Creative Work	Amrita Yoga	444618572					Devaloka Day

●	Friday, July 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakshhe Sukra Vesara Yuktyam Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna* Bava Karana Prathamyam Titau				Lusaka, Zambia Sun 14 Sutra 102
	Kataka Rasi: 12.59	Tithi 1	Gulika 7:58AM - 9:23AM Yama 3:05PM - 4:30PM Rahu 10:49AM - 12:14PM	Pushya Untill 12:28PM Siddhi Untill 1:58AM Sat Kintughna Untill 8:27AM Prathama* Untill 7:51PM	Ganesha: Orange Muruga: Red Nataraja: Yellow Moon - Blue Savana-Adi	Sunrise: 6:33AM Sunset: 5:55PM	Vishvasu 5:127 Moon 7 - Phase 14 - 14 Prathama
Routine Work	Marana Yoga	444618572					Devaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Saturday, July 26, 2025		Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Ashlesha* Magha* Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvityayam Tilau				Lusaka, Zambia Sun 15 Sutra 103
Kataka Rasi: 26.29	Tilhi 2	Gulika 6:32AM - 7:58AM Yama 1:39PM - 3:05PM 444618572 Rahu 9:23AM - 10:48AM	Ashlesha* Until 12:10PM Vyalipala* Until 12:34AM Sun Balava Until 7:27AM Dvitiya Until 7:10PM	Ganesh: Orange Muruga: Red Nataraja: Yellow Moon - Blue Savana-Adi	Sunrise: 6:20AM Sunset: 5:59PM	Vasavasu 5:17 Moon 7 - Phase 15 - 15 3rd Phase
Routine Work Marana Yoga Until 12:10PM Then Creative Work - Amrita Yoga						Devaloka Day
2 Sunday, July 27, 2025		Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vesara Yuktayam Magha* Purvaphalguni Nakshatra Varyan Yoga Talilla/Gara Karana Tilityayam Tilau				Lusaka, Zambia Sun 16 Sutra 104
Simha Rasi: 9.38	Tilhi 3	Gulika 3:05PM - 4:30PM Yama 12:14PM - 1:39PM 454618572 Rahu 4:30PM - 5:56PM	Magha* Until 12:51PM Varyan Until 11:42PM Talilla Until 7:06AM Tritiya Until 7:11PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red Savana-Adi	Sunrise: 6:20AM Sunset: 5:56PM	Vasavasu 5:17 Moon 7 - Phase 15 - 16 3rd Phase
Routine Work Marana Yoga Until 12:51PM Then Creative Work - Siddha Yoga						Devaloka Day
3 Monday, July 28, 2025		Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vesara Yuktayam Purvaphalguni Nakshatra Parigraha* Yoga Vanija/Visi* Karana Chaturtham Tilau				Lusaka, Zambia Sun 17 Sutra 105
Simha Rasi: 22.25	Tilhi 4	Gulika 1:39PM - 3:05PM Yama 10:48AM - 12:14PM 454618572 Rahu 7:57AM - 9:23AM	Purvaphalguni Until 2:05PM Parigraha* Until 11:24PM Vanija Until 7:30AM Chaturthi* Until 7:56PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red Savana-Adi	Sunrise: 6:20AM Sunset: 5:56PM	Vasavasu 5:17 Moon 7 - Phase 15 - 17 3rd Phase
Family Home Evening Creative Work Siddha Yoga						Devaloka Day
4 Tuesday, July 29, 2025		Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vesara Yuktayam Shiva Yoga Bava/Balava Karana Panchamam Tilau				Lusaka, Zambia Sun 18 Sutra 106
Kanya Rasi: 4.53	Tilhi 5	Gulika 12:14PM - 1:39PM Yama 9:23AM - 10:48AM 454618572 Rahu 3:05PM - 4:31PM	Uttaraphalguni Until 3:50PM Shiva Until 11:38PM Bava Until 8:35AM Nag Panchami Panchami Until 9:21PM	Ganesh: Clear Muruga: Red Nataraja: Yellow Moon - Red Savana-Adi	Sunrise: 6:21AM Sunset: 5:56PM	Vasavasu 5:17 Moon 7 - Phase 15 - 18 3rd Phase
Creative Work Amrita Yoga Until 3:50PM Then Creative Work - Siddha Yoga						Devaloka Day
5 Wednesday, July 30, 2025		Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vesara Yuktayam Hasta Nakshatra Siddha Yoga Kaulava/Talilla Karana Shashtham Tilau				Lusaka, Zambia Sun 19 Sutra 107
Kanya Rasi: 17.04	Tilhi 6	Gulika 10:48AM - 12:14PM Yama 7:57AM - 9:22AM 464618572 Rahu 12:14PM - 1:39PM	Hasta Until 6:27PM Siddha Until 12:14AM Thu Kaulava Until 10:17AM Shashthi* Until 11:18PM	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Green Savana-Adi	Sunrise: 6:21AM Sunset: 5:56PM	Vasavasu 5:17 Moon 7 - Phase 15 - 19 3rd Phase
Routine Work Marana Yoga Until 6:27PM Then Creative Work - Siddha Yoga						Sivaloka Day
6 Thursday, July 31, 2025		Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vesara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Vanija Karana Sapthamam Tilau				Lusaka, Zambia Sun 20 Sutra 108
Kanya Rasi: 29.05	Tilhi 7	Gulika 9:22AM - 10:48AM Yama 6:31AM - 7:57AM 464618572 Rahu 1:40PM - 3:05PM	Chitra Until 9:16PM Sadya Until 1:06AM Fri Gara Until 12:26PM Sapthami Until 1:34AM Fri	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Green Savana-Adi	Sunrise: 6:21AM Sunset: 5:57PM	Vasavasu 5:17 Moon 7 - Phase 15 - 20 3rd Phase
Creative Work Siddha Yoga Until 9:16PM Then Creative Work - Amrita Yoga						Sivaloka Day
Friday, August 1, 2025		Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yuktayam Svati Nakshatra Subha Yoga Visi*/Bava Karana Ashtamam Tilau				Lusaka, Zambia Sun 21 Sutra 109
Tula Rasi: 10.59	Tilhi 8	Gulika 7:56AM - 9:22AM Yama 4:46PM - 6:12PM 464618572 Rahu 10:48AM - 12:14PM	Svati Until 12:03AM Sat Subha Until 2:03AM Sat Visi Until 2:47PM Ashtami* Until 3:57AM Sat	Ganesh: Purple Muruga: Red Nataraja: Yellow Moon - Green Savana-Adi	Sunrise: 6:30AM Sunset: 5:57PM	Vasavasu 5:17 Moon 7 - Phase 15 - 21 Ashtami
Creative Work Siddha Yoga						Sivaloka Day
Saturday, August 2, 2025		Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Balava/Kaulava Karana Navamam Tilau				Lusaka, Zambia Sun 22 Sutra 110
Tula Rasi: 22.51	Tilhi 9	Gulika 6:30AM - 7:56AM Yama 1:40PM - 3:05PM 474628572 Rahu 9:22AM - 10:48AM	Vishakha Until 3:05AM Sun Sukla Until 2:54AM Sun Balava Until 5:08PM Navami* Until 6:13AM Sun	Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon - Orange Savana-Adi	Sunrise: 6:30AM Sunset: 5:57PM	Vasavasu 5:17 Moon 7 - Phase 15 - 22 Navami
Creative Work Siddha Yoga Until 3:05AM Sun Then Routine Work - Marana Yoga						Sivaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1 Sunday, August 3, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Bhanu Vasara Yukitayam				Lusaka, Zambia
Anuradha Nakshatra Brahma Yoga Kaulava/Tailita Karana Navami/Dashmyam Tilau		Sun 23		Sudra 111		
Wischika Rasi: 4.46	Tithi 9 – 10	Gulika 3:05PM – 4:31PM	Anuradha Until 5:41AM Mon	Ganesh: Clear	Sunrise: 6:30AM	Vasavasu 5:127
		Yama 12:14PM – 1:40PM	Brahma Until 3:33AM Mon	Muruga: Blue	Sunset: 5:57PM	Moon 7 - Phase 16 - 23
		474628572 Rahu 4:31PM – 5:57PM	Tailita Until 7:16PM	Nataraja: Yellow		4th Phase
Routine Work - Marana Yoga						
Until 5:41AM Mon		Navami* Until 6:13AM				Sivaloka Day
Then Creative Work - Siddha Yoga		Savana-Adi				

2 Monday, August 4, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Indu Vasara Yukitayam				Lusaka, Zambia
Jyeshtha* Nakshatra Indra Yoga Gara/Vanji Karana Dashami/Ekadasmyam Tilau		Sun 24		Sudra 112		
Wischika Rasi: 16.49	Tithi 10 – 11	Gulika 1:40PM – 3:06PM	Jyeshtha* Until 7:41AM Tue	Ganesh: Clear	Sunrise: 6:29AM	Vasavasu 5:127
Family Home Evening		Yama 10:47AM – 12:13PM	Indra Until 3:53AM Tue	Muruga: Blue	Sunset: 5:56PM	Moon 7 - Phase 16 - 24
		474628572 Rahu 7:55AM – 9:21AM	Vanija Until 9:01PM	Nataraja: Yellow		4th Phase
Creative Work - Siddha Yoga						
Until 7:41AM Tue		Dashami Until 8:11AM				Sivaloka Day
Then Creative Work - Amrita Yoga		Savana-Adi				

3 Tuesday, August 5, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Mangala Vasara Yukitayam				Lusaka, Zambia
Jyeshtha* Nakshatra Indra Yoga Gara/Vanji Karana Ekadashi/Ekadasmyam Tilau		Sun 25		Sudra 113		
Wischika Rasi: 29.02	Tithi 11 – 12	Gulika 12:13PM – 1:40PM	Jyeshtha* Until 7:41AM	Ganesh: Clear	Sunrise: 6:29AM	Vasavasu 5:127
		Yama 10:47AM – 12:13PM	Vaidhriti* Until 3:46AM Wed	Muruga: Blue	Sunset: 5:56PM	Moon 7 - Phase 16 - 25
		474628572 Rahu 3:06PM – 4:32PM	Bava Until 10:16PM	Nataraja: Yellow		4th Phase
Routine Work - Marana Yoga						
Until 7:41AM		Ekadashi Until 9:41AM				Sivaloka Day
Then Creative Work - Amrita Yoga		Savana-Adi				

4 Wednesday, August 6, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Budha Vasara Yukitayam				Lusaka, Zambia
Mula*Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadasa/Trayodashmyam Tilau		Sun 26		Sudra 114		
Dhanus Rasi: 11.29	Tithi 12 – 13	Gulika 10:47AM – 12:13PM	Mula* Until 9:29AM	Ganesh: Yellow	Sunrise: 6:29AM	Vasavasu 5:127
		Yama 9:21AM – 10:47AM	Vishkambha* Until 3:12AM Thu	Muruga: Blue	Sunset: 5:56PM	Moon 7 - Phase 16 - 26
		485628572 Rahu 12:13PM – 1:39PM	Kaulava Until 10:55PM	Nataraja: Yellow		4th Phase
Routine Work - Marana Yoga						
Until 9:29AM		Dvadasa Until 10:39AM				Sivaloka Day
Then Creative Work - Amrita Yoga		Pradosha Vata				

5 Thursday, August 7, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Guru Vasara Yukitayam				Lusaka, Zambia
Purvashadha* Nakshatra Prithi Yoga Talita/Gara Karana Trayodashi/Chaturdashmyam Tilau		Sun 27		Sudra 115		
Dhanus Rasi: 24.13	Tithi 13 – 14	Gulika 9:21AM – 10:47AM	Purvashadha* Until 10:32AM	Ganesh: Yellow	Sunrise: 6:28AM	Vasavasu 5:127
		Yama 6:28AM – 7:54AM	Prithi Until 2:11AM Fri	Muruga: Blue	Sunset: 5:56PM	Moon 7 - Phase 16 - 27
		485628572 Rahu 1:39PM – 3:06PM	Gara Until 10:58PM	Nataraja: Yellow		4th Phase
Creative Work - Siddha Yoga						
Until 10:32AM		Trayodashi Until 11:00AM				Sivaloka Day
Then Routine Work - Marana Yoga		Savana-Adi				

Friday, August 8, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Paksho Salva Vasara Yukitayam				Lusaka, Zambia
Uttarashadha* Nakshatra Agnyam Yoga Vanja/Visi* Karana Chaturdashi/Purnimayam Tilau		Sun 28		Sudra 116		
Makara Rasi: 7.14	Tithi 14 – 15	Gulika 7:54AM – 9:20AM	Uttarashadha Until 10:51AM	Ganesh: Yellow	Sunrise: 6:28AM	Vasavasu 5:127
		Yama 3:06PM – 4:32PM	Ayushman Until 12:41AM Sat	Muruga: Blue	Sunset: 5:56PM	Moon 7 - Phase 16 - Purnima
		485628572 Rahu 10:47AM – 12:13PM	Visi Until 10:27PM	Nataraja: Yellow		
Routine Work - Marana Yoga						
		Chaturdashi* Until 10:46AM				Sivaloka Day
		Savana-Adi				
		Varalakshmi Vatham				

Saturday, August 9, 2025		Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manu Vasara Yukitayam				Lusaka, Zambia
Shravana* Nakshatra Saudhagya Yoga Bava/Balava Karana Purnima/Prathamayam Tilau		Sun 29		Sudra 117		
Makara Rasi: 20.32	Tithi 15 – 16	Gulika 6:27AM – 7:54AM	Shravana Until 10:57AM	Ganesh: Blue	Sunrise: 6:27AM	Vasavasu 5:127
		Yama 1:39PM – 3:06PM	Saubhagya Until 10:47PM	Muruga: Blue	Sunset: 5:56PM	Moon 7 - Phase 16 - Prathama
		495628572 Rahu 9:20AM – 10:46AM	Balava Until 9:26PM	Nataraja: Yellow		
Creative Work - Siddha Yoga						
		Purnima* Until 9:59AM				Devaloka Day
		Savana-Adi				

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang



Sunday, August 10, 2025
Gold Retreat Star

Viswasa Nama Samvatsare Dakshinyo Naritana Ritau Kataka Mese Krishna Paksho Bhanu Vasara Yuktayam
Dhanishtha/Shabhbhishak/Nakshatra Siddhanta Yoga Kaulava/Taila Karana Prathamam/Dvityayam Titau

Gulika 3:06PM - 4:32PM
Yama 12:13PM - 1:39PM
Rahu 4:32PM - 5:59PM

Dhanishtha Until 10:25AM
Sobhana Until 8:34PM
Tailita Until 7:58PM
Prathama* Until 8:44AM

Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Lusaka, Zambia
Sutra 118
Viswasu 5:127
Moon 8 - Phase 17 - 1st Phase

Routine Work Marana Yoga
Until 10:25AM
Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, August 11, 2025

Viswasa Nama Samvatsare Dakshinyo Naritana Ritau Kataka Mese Krishna Paksho Indu Vasara Yuktayam
Shabhbhishak/Puravroshthapada* Nakshatra Ahinganda* Yoga Kaulava/Taila Karana Chaturtham/Dvityayam Titau

Gulika 1:39PM - 3:06PM
Yama 10:46AM - 12:13PM
Rahu 7:53AM - 9:19AM

Shabhbhishak Until 9:22AM
Ahinganda* Until 6:03PM
Vanija Until 6:11PM
Dvitiya Until 7:06AM

Ganesha: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Lusaka, Zambia
Sutra 119
Viswasu 5:127
Moon 8 - Phase 17 - 1st Phase

1
Kumbha Rasi: 17:56 Tithi 17 - 18
Family Home Evening
Creative Work Siddha Yoga
Until 9:22AM
Then Routine Work - Marana Yoga

Sivaloka Day

Tuesday, August 12, 2025

Viswasa Nama Samvatsare Dakshinyo Naritana Ritau Kataka Mese Krishna Paksho Mangala Vasara Yuktayam
Puravroshthapada*/Uttaravroshthapada Nakshatra Sukama/Dhruva Yoga Bava/Balava Karana Chaturtham Titau

Gulika 12:12PM - 1:39PM
Yama 9:19AM - 10:46AM
Rahu 3:06PM - 4:33PM

Puravroshthapada* Until 8:21AM
Sukama Until 3:21PM
Bava Until 4:10PM
Chaturthi* Until 3:04AM Wed

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Lusaka, Zambia
Sutra 120
Viswasu 5:127
Moon 8 - Phase 17 - 2 1st Phase

Routine Work Marana Yoga
Until 8:21AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Wednesday, August 13, 2025

Viswasa Nama Samvatsare Dakshinyo Naritana Ritau Kataka Mese Krishna Paksho Budha Vasara Yuktayam
Uttaravroshthapada*/Uttaravroshthapada Nakshatra Dhruv/Shula* Yoga Kaulava/Taila Karana Panchamam Titau

Gulika 10:46AM - 12:12PM
Yama 7:52AM - 9:19AM
Rahu 12:12PM - 1:39PM

Uttaravroshthapada Until 7:00AM
Dhruvi Until 12:33PM
Kaulava Until 1:59PM
Panchami Until 12:51AM Thu

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Lusaka, Zambia
Sutra 121
Viswasu 5:127
Moon 8 - Phase 17 - 3 1st Phase

3
Mesha Rasi: 16:04 Tithi 20
Creative Work Siddha Yoga
Until 7:00AM
Then Routine Work - Marana Yoga

Sivaloka Day

Thursday, August 14, 2025

Viswasa Nama Samvatsare Dakshinyo Naritana Ritau Kataka Mese Krishna Paksho Guru Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 9:18AM - 10:45AM
Yama 6:25AM - 7:52AM
Rahu 1:39PM - 3:06PM

Ashvini Until 4:03AM Fri
Shula* Until 9:38AM
Gara Until 11:44AM
Shashthi* Until 10:35PM

Ganesha: Purple
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Adi

Lusaka, Zambia
Sutra 122
Viswasu 5:127
Moon 8 - Phase 17 - 4 1st Phase

4
Creative Work Amrita Yoga
Until 4:03AM Fri
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

Friday, August 15, 2025

Viswasa Nama Samvatsare Dakshinyo Naritana Ritau Kataka Mese Krishna Paksho Sukra Vasara Yuktayam
Bharani Nakshatra Ganda*/Vidhih Yoga Vishi*/Bava Karana Saptamam Titau

Gulika 7:51AM - 9:18AM
Yama 3:06PM - 4:33PM
Rahu 10:45AM - 12:12PM

Bharani Until 2:34AM Sat
Ganda* Until 6:43AM
Vishi Until 9:27AM
Saptami Until 8:18PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Adi

Lusaka, Zambia
Sutra 123
Viswasu 5:127
Moon 8 - Phase 17 - 5 1st Phase

5
Mesha Rasi: 14:29 Tithi 22
Creative Work Siddha Yoga
Until 2:34AM Sat
Then Creative Work - Amrita Yoga

Sivaloka Day

Saturday, August 16, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinyo Jivana Ritau Simha Mese Krishna Paksho Marita Vasara Yuktayam
Kritika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau

Gulika 6:24AM - 7:51AM
Yama 1:39PM - 3:06PM
Rahu 9:18AM - 10:45AM

Kritika Until 1:00AM Sun
Dhruva Until 12:58AM Sun
Balava Until 7:12AM
Ashtami* Until 6:05PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Avani

Lusaka, Zambia
Sutra 124
Viswasu 5:127
Moon 8 - Phase 17 - 6 Ashtami

6
Mesha Rasi: 28:41 Tithi 23
Creative Work Amrita Yoga
Until 1:00AM Sun
Then Creative Work - Siddha Yoga

Sivaloka Day

Sunday, August 17, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinyo Jivana Ritau Simha Mese Krishna Paksho Bhanu Vasara Yuktayam
Rohini Nakshatra Vyaghala* Yoga Gara/Vanija Karana Navami/Dashamam Titau

Gulika 3:06PM - 4:33PM
Yama 12:12PM - 1:39PM
Rahu 4:33PM - 6:00PM

Rohini Until 11:49PM
Vyaghala* Until 10:11PM
Vanija Until 2:56AM Mon
Navami* Until 3:57PM

Ganesha: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Yellow
Savana-Avani

Lusaka, Zambia
Sutra 125
Viswasu 5:127
Moon 8 - Phase 17 - 7 Navami

7
Wishahba Rasi: 12:51 Tithi 24 - 25
Creative Work Siddha Yoga

Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Monday, August 18, 2025		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Indu Vasara Yuktayam Lusaka, Zambia			
Migishira Nakshatra Harshana Yoga Visi* Bava Karana Dashami/Ekadashtyam Titau Sun 8 Sutra 126		Gulika 1:38PM - 3:06PM	Mrigashira Until 10:38PM	Ganesh: Clear Sunrise: 6:20AM	Vasavasu 5:17
Wishabha Rasi: 26.56 TITHI 25 - 26		Yama 10:44AM - 12:11PM	Harshana Until 7:32PM	Muruga: Blue Sunset: 6:09PM	Moon 8 - Phase 18 - 8
Family Home Evening 536728572		Rahu 7:50AM - 9:17AM	Bava Until 1:01AM Tue	Nataraja: Yellow	2nd Phase
Creative Work Amrita Yoga			Dashami Until 1:56PM	Moon - Yellow	Sivaloka Day
Until 10:38PM				Sravana-Avani	
Then Creative Work - Siddha Yoga					

2 Tuesday, August 19, 2025		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Mangala Vasara Yuktayam Lusaka, Zambia			
Andra Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau Sun 9 Sutra 127		Gulika 12:11PM - 1:38PM	Andra Until 9:31PM	Ganesh: Clear Sunrise: 6:20AM	Vasavasu 5:17
Mithuna Rasi: 10.56 TITHI 26 - 27		Yama 9:16AM - 10:44AM	Vajra* Until 5:01PM	Muruga: Blue Sunset: 6:09PM	Moon 8 - Phase 18 - 9
Routine Work Marana Yoga		Rahu 3:06PM - 4:33PM	Kaulava Until 11:18PM	Nataraja: Yellow	2nd Phase
Until 9:31PM			Ekadashi* Until 12:06PM	Moon - Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani	

3 Wednesday, August 20, 2025		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Budha Viscara Yuktayam Lusaka, Zambia			
Panarvasu Nakshatra Siddhi/Vyaptara* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 10 Sutra 128		Gulika 10:43AM - 12:11PM	Punarvasu Until 8:58PM	Ganesh: Purple Sunrise: 6:21AM	Vasavasu 5:17
Mithuna Rasi: 24.47 TITHI 27 - 28		Yama 7:49AM - 9:16AM	Siddhi Until 2:44PM	Muruga: Blue Sunset: 6:09PM	Moon 8 - Phase 18 - 10
Creative Work Siddha Yoga		Rahu 12:11PM - 1:38PM	Gara Until 9:52PM	Nataraja: Yellow	2nd Phase
			Dvadashi* Until 10:31AM	Moon - Blue	Devaloka Day
				Sravana-Avani	
<i>Pradosha Vrata (Fasting)</i>					

4 Thursday, August 21, 2025		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Guru Viscara Yuktayam Lusaka, Zambia			
Pushya Nakshatra Vyaptara/Variyan Yoga Vanja/Vihli* Karana Trayodashi/Chaturdashyam Titau Sun 11 Sutra 129		Gulika 9:16AM - 10:43AM	Pushya Until 8:37PM	Ganesh: Purple Sunrise: 6:21AM	Vasavasu 5:17
Kataka Rasi: 8.26 TITHI 28 - 29		Yama 6:21AM - 7:48AM	Vyaptara* Until 12:44PM	Muruga: Blue Sunset: 6:09PM	Moon 8 - Phase 18 - 11
Creative Work Amrita Yoga		Rahu 1:38PM - 3:06PM	Visti Until 8:48PM	Nataraja: Yellow	2nd Phase
Until 8:37PM			Trayodashi* Until 9:15AM	Moon - Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Sravana-Avani	

Friday, August 22, 2025		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakhe Sukra Viscara Yuktayam Lusaka, Zambia			
Retreat Star		Ashlesha* Nakshatra Variyan/Paniga* Yoga Sakuni/Catupada* Karana Chaturdashi/Amavasyayam Titau Sun 12 Sutra 130			
Kataka Rasi: 21.52 TITHI 29 - 30		Gulika 7:48AM - 9:15AM	Ashlesha* Until 8:34PM	Ganesh: Light Blue Sunrise: 6:20AM	Vasavasu 5:17
		Yama 3:06PM - 4:33PM	Variyan Until 11:02AM	Muruga: Blue Sunset: 6:09PM	Moon 8 - Phase 18 - 12
Routine Work Marana Yoga		Rahu 10:43AM - 12:10PM	Catupada Until 8:11PM	Nataraja: Yellow	Amavasya
			Chaturdashi* Until 8:25AM	Moon - Blue	Devaloka Day
				Sravana-Avani	

Saturday, August 23, 2025		Viswvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukra Pakhe Manu Vasara Yuktayam Lusaka, Zambia			
Retreat Star		Magha* Nakshatra Parigha/Shiva Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau Sun 13 Sutra 131			
Simha Rasi: 5.02 TITHI 30 - 1		Gulika 6:19AM - 7:47AM	Magha* Until 9:21PM	Ganesh: Purple Sunrise: 6:19AM	Vasavasu 5:17
		Yama 1:38PM - 3:05PM	Parigha* Until 9:46AM	Muruga: Blue Sunset: 6:09PM	Moon 8 - Phase 18 - 13
Creative Work Amrita Yoga		Rahu 9:15AM - 10:42AM	Kintughna Until 8:06PM	Nataraja: Yellow	Prathama
Until 9:21PM			Amavasya* Until 8:03AM	Moon - Red	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1

Sunday, August 24, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam			Lusaka, Zambia	
		Parvaphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityayam Tilau			Sun 14 Sutra 132	
Simha Rasi: 17.56	Tilthi 1 – 2	Gulika 3:05PM – 4:33PM	Purvaphalguni Until 10:33PM	Ganesha: Purple	Sunrise: 6:19AM	Vasavasu:5127
		Yama 12:10PM – 1:38PM	Shiva Until 8:57AM	Muruga: Blue	Sunset: 6:01PM	Moon 8 - Phase 19 - 17
Creative Work	Siddha Yoga	57728572	Rahu 4:33PM – 6:01PM	Nataraja: Yellow		3rd Phase
Until 10:33PM			Prathama* Until 8:16AM	Moon - Red		Devaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada-Avani		

2

Monday, August 25, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam			Lusaka, Zambia	
		Uttaraphalguni Nakshatra Siddha/Sadha Yoga Kaulava/Tailita Karana Dvityaya/Tritiyayam Tilau			Sun 15 Sutra 133	
Kanya Rasi: 0.32	Tilthi 2 – 3	Gulika 1:37PM – 3:05PM	Uttaraphalguni Until 12:10AM Tue	Ganesha: Purple	Sunrise: 6:18AM	Vasavasu:5127
Family Home Evening		Yama 10:42AM – 12:10PM	Siddha Until 8:34AM	Muruga: Blue	Sunset: 6:01PM	Moon 8 - Phase 19 - 15
Creative Work	Siddha Yoga	57728572	Rahu 7:46AM – 9:14AM	Nataraja: Yellow		3rd Phase
			Dvitiya Until 9:04AM	Moon - Red		Devaloka Day
				Bhadrapada-Avani		

3

Tuesday, August 26, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam			Lusaka, Zambia	
		Uttaraphalguni Nakshatra Siddha/Sadha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Tilau			Sun 16 Sutra 134	
Kanya Rasi: 12.53	Tilthi 3 – 4	Gulika 12:09PM – 1:37PM	Hasla Until 2:37AM Wed	Ganesha: Light Blue	Sunrise: 6:17AM	Vasavasu:5127
		Yama 9:13AM – 10:41AM	Sadha Until 8:39AM	Muruga: Blue	Sunset: 6:01PM	Moon 8 - Phase 19 - 16
Creative Work	Siddha Yoga	567728572	Rahu 3:05PM – 4:33PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 11:21PM	Moon - Green		Devaloka Day
			Ganesha Chaturthi	Bhadrapada-Avani		

4

Wednesday, August 27, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam			Lusaka, Zambia	
		Chitra Nakshatra Subha/Sukla Yoga Visi/Bava Karana Chaturthi/Panchamyam Tilau			Sun 17 Sutra 135	
Kanya Rasi: 25.01	Tilthi 4 – 5	Gulika 10:41AM – 12:09PM	Chitra Until 5:17AM Thu	Ganesha: Light Blue	Sunrise: 6:17AM	Vasavasu:5127
		Yama 7:45AM – 9:13AM	Subha Until 9:08AM	Muruga: Blue	Sunset: 6:01PM	Moon 8 - Phase 19 - 17
Creative Work	Siddha Yoga	567728572	Rahu 12:09PM – 1:37PM	Nataraja: Yellow		3rd Phase
Until 5:17AM Thu			Bava Until 1:24AM Thu	Moon - Green		Devaloka Day
Then Creative Work - Amrita Yoga			Chaturthi* Until 12:19PM	Bhadrapada-Avani		

5

Thursday, August 28, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam			Lusaka, Zambia	
		Svali Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau			Sun 18 Sutra 136	
Tula Rasi: 7.01	Tilthi 5 – 6	Gulika 9:12AM – 10:41AM	Svali Until 8:01AM Fri	Ganesha: Light Blue	Sunrise: 6:16AM	Vasavasu:5127
		Yama 6:16AM – 7:44AM	Sukla Until 9:51AM	Muruga: Blue	Sunset: 6:01PM	Moon 8 - Phase 19 - 18
Creative Work	Amrita Yoga	567728573	Rahu 1:37PM – 3:05PM	Nataraja: White		3rd Phase
Until 8:01AM Fri			Kaulava Until 3:44AM Fri	Moon - Green		Sivaloka Day
Then Creative Work - Siddha Yoga			Panchami Until 2:32PM	Bhadrapada-Avani		

6

Friday, August 29, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam			Lusaka, Zambia	
		Svali/Vishakha Nakshatra Brahma/Indra Yoga Talita/Gara Karana Saptamyam Tilau			Sun 19 Sutra 137	
Tula Rasi: 18.54	Tilthi 6 – 7	Gulika 7:44AM – 9:12AM	Svali Until 8:01AM	Ganesha: Purple	Sunrise: 6:15AM	Vasavasu:5127
		Yama 3:05PM – 4:33PM	Brahma Until 10:45AM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 19 - 19
Creative Work	Siddha Yoga	568728573	Rahu 10:40AM – 12:08PM	Nataraja: White		3rd Phase
			Gara Until 6:09AM Sat	Moon - Green		Sivaloka Day
			Shashthi* Until 4:55PM	Bhadrapada-Avani		

Saturday, August 30, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktayam			Lusaka, Zambia	
		Vishakha/Anuradha Nakshatra Indra/Vaidhri* Yoga Gara/Vanija Karana Saptamyam Tilau			Sun 20 Sutra 138	
Wishika Rasi: 0.47	Tilthi 7	Gulika 6:15AM – 7:43AM	Vishakha Until 11:08AM	Ganesha: Clear	Sunrise: 6:15AM	Vasavasu:5127
		Yama 1:37PM – 3:05PM	Indra Until 11:41AM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 19 - 20
Creative Work	Siddha Yoga	578728573	Rahu 9:11AM – 10:40AM	Nataraja: White		3rd Phase
			Gara Until 6:09AM	Moon - Orange		Subha Sivaloka Day
			Saptami Until 7:17PM	Bhadrapada-Avani		

D

Sunday, August 31, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam			Lusaka, Zambia	
		Anuradha/Jyeshtha* Nakshatra Vaidhri/Vishkambha* Yoga Visi/Bava Karana Ashtamyam Tilau			Sun 21 Sutra 139	
Wishika Rasi: 12.42	Tilthi 8	Gulika 3:05PM – 4:33PM	Anuradha Until 1:55PM	Ganesha: Clear	Sunrise: 6:14AM	Vasavasu:5127
		Yama 12:08PM – 1:36PM	Vaidhri* Until 12:27PM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 19 - 21
Routine Work	Marana Yoga	578728573	Rahu 4:33PM – 6:02PM	Nataraja: White		Ashtami
			Visi Until 8:25AM	Moon - Orange		Subha Sivaloka Day
			Ashlami* Until 9:26PM	Bhadrapada-Avani		

Monday, September 1, 2025

		Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam			Lusaka, Zambia	
		Anuradha/Mula* Nakshatra Vishkambha*Ptili Yoga Balava/Kaulava Karana Navamyam Tilau			Sun 22 Sutra 140	
Wishika Rasi: 24.44	Tilthi 9	Gulika 1:36PM – 3:05PM	Jyeshtha* Until 4:12PM	Ganesha: Clear	Sunrise: 6:13AM	Vasavasu:5127
Family Home Evening		Yama 10:39AM – 12:08PM	Vishkambha* Until 12:58PM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 19 - 22
Creative Work	Siddha Yoga	578728573	Rahu 7:42AM – 9:10AM	Nataraja: White		Navami
			Balava Until 10:23AM	Moon - Orange		Subha Sivaloka Day
			Navami* Until 11:10PM	Bhadrapada-Avani		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1	Tuesday, September 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Mangala Vasara Yuktayam				Lusaka, Zambia
	Mula* Nakshatra Pihli/Ayushman Yoga Talila/Gara Karana Dashamyam Titau	Sun 23	Sutra 141				
Dhanus Rasi: 6.58	Tithi 10	Gulika 12:07PM - 1:36PM	Mula* Until 6:18PM	Ganesh: White	Sunrise: 6:13AM	Vasavasu: 5:27	
		Yama 9:10AM - 10:39AM	Pihli Until 1:07PM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 20 - 23	
Creative Work	Amrita Yoga	58872573 Rahu 3:05PM - 4:33PM	Tailila Until 11:52AM	Nataraja: White		4th Phase	
Until 6:18PM			Dashami Until 12:21AM Wed	Moon - Light Blue			Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

2	Wednesday, September 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Bauha Vasara Yuktayam				Lusaka, Zambia
	Purvashadha* Nakshatra Ayushman/Saughgya Yoga Vanija/Visli* Karana Ekadashyam Titau	Sun 24	Sutra 142				
Dhanus Rasi: 19.26	Tithi 11	Gulika 10:38AM - 12:07PM	Purvashadha* Until 7:37PM	Ganesh: Green	Sunrise: 6:12AM	Vasavasu: 5:27	
		Yama 7:41AM - 9:09AM	Ayushman Until 12:45PM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 20 - 24	
Creative Work	Amrita Yoga	58882573 Rahu 12:07PM - 1:36PM	Vanija Until 12:43PM	Nataraja: White		4th Phase	
Until 6:18PM			Ekadashi Until 12:52AM Thu	Moon - Light Blue			Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

3	Thursday, September 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Guru Vasara Yuktayam				Lusaka, Zambia
	Uttarashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashtyam Titau	Sun 25	Sutra 143				
Makara Rasi: 2.14	Tithi 12	Gulika 9:09AM - 10:38AM	Uttarashadha Until 8:06PM	Ganesh: White	Sunrise: 6:11AM	Vasavasu: 5:27	
		Yama 6:11AM - 7:40AM	Saubhagya Until 11:52AM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 20 - 25	
Routine Work	Marana Yoga	58982573 Rahu 1:35PM - 3:04PM	Bava Until 12:53PM	Nataraja: White		4th Phase	
Until 8:06PM			Dvadashti Until 12:40AM Fri	Moon - Light Blue			Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

4	Friday, September 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Sukra Vasara Yuktayam				Lusaka, Zambia
	Shravana Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau	Sun 26	Sutra 144				
Makara Rasi: 15.23	Tithi 13	Gulika 7:39AM - 9:08AM	Shravana Until 8:11PM	Ganesh: Yellow	Sunrise: 6:10AM	Vasavasu: 5:27	
		Yama 3:04PM - 4:33PM	Sobhana Until 10:25AM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 20 - 26	
Routine Work	Marana Yoga	59982573 Rahu 10:37AM - 12:06PM	Kaulava Until 12:20PM	Nataraja: White		4th Phase	
Until 8:11PM			Trayodashi Until 11:47PM	Moon - Purple			Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

Pradosha Vata

5	Saturday, September 6, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Manta Vasara Yuktayam				Lusaka, Zambia
	Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau	Sun 27	Sutra 145				
Makara Rasi: 28.54	Tithi 14	Gulika 6:10AM - 7:39AM	Dhanishtha Until 7:29PM	Ganesh: Yellow	Sunrise: 6:10AM	Vasavasu: 5:27	
		Yama 1:35PM - 3:04PM	Athiganda* Until 8:24AM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 20 - 27	
Creative Work	Siddha Yoga	59982573 Rahu 9:08AM - 10:37AM	Gara Until 11:07AM	Nataraja: White		4th Phase	
Until 7:29PM		Chidambaram Abhishekam	Chaturdash* Until 10:15PM	Moon - Purple			Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Bhadrapada-Avani			

○	Sunday, September 7, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakche Bhanu Vasara Yuktayam				Lusaka, Zambia
	Copper Retreat Star	Sun 28	Sutra 146				
Kumbha Rasi: 12.47	Tithi 15	Gulika 3:04PM - 4:33PM	Shalabhishak Until 6:06PM	Ganesh: Yellow	Sunrise: 6:09AM	Vasavasu: 5:27	
		Yama 12:06PM - 1:35PM	Dhriil Until 3:03AM Mon	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 20 - 28	
Creative Work	Siddha Yoga	59982573 Rahu 4:33PM - 6:02PM	Visli Until 9:18AM	Nataraja: White		Purnima	
Until 7:29PM		Grandparent's Day	Purnima* Until 8:12PM	Moon - Purple			Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

Monday, September 8, 2025	Silver Retreat Star		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Kirtira Indu Vasara Yuktayam				Lusaka, Zambia
	Purvaprosrothapada*/Uttaraprosrothapada Nakshatra Shula* Yoga Balava/Tailila Karana Prathama/Dvityayam Titau	Sun 29	Sutra 147				
Kumbha Rasi: 26.59	Tithi 16 - 17	Gulika 1:34PM - 3:04PM	Purvaprosrothapada* Until 4:34PM	Ganesh: Yellow	Sunrise: 6:08AM	Vasavasu: 5:27	
Family Home Evening		Yama 10:36AM - 12:05PM	Shula* Until 11:51PM	Muruga: Blue	Sunset: 6:02PM	Moon 8 - Phase 20 - 29	
Routine Work	Marana Yoga	51982573 Rahu 7:37AM - 9:07AM	Balava Until 7:02AM	Nataraja: White		Prathama	
Until 4:34PM			Prathama* Until 5:45PM	Moon - Clear			Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Avani			

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

**Tuesday, September 9, 2025****Gold Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yukatayam
Uttaraprosphadapa/Revati Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Lusaka, Zambia

Sun 1 Sutra 148

Vishvasu 5127

Meesha Rasi: 11.25 Tithi 17 - 18

Gulika 12:05PM - 1:34PM
Yama 9:06AM - 10:35AM
Rahu 3:04PM - 4:33PMUttaraprosphadapa Until 2:38PM
Ganda* Until 8:28PM
Vanija Until 1:36AM Wed
Dvitiya Until 3:00PMGanesha: Yellow
Muruga: Blue
Nataraja: White
Moon - Clear
Bhadrapada-Avani

Sunrise: 6:07AM

Sunset: 6:03PM

Moon 9 - Phase 21 - 1

1st Phase

Creative Work Amrita Yoga

Subha Sivaloka Day

Until 2:38PM

Then Creative Work - Siddha Yoga

1**Wednesday, September 10, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yukatayam
Revati/Ashvini Nakshatra Dhanu/Vyagata* Yoga Visi*/Bava Karana Tritiya/Chaturtham Titau

Lusaka, Zambia

Sun 2 Sutra 149

Vishvasu 5127

Meesha Rasi: 26 Tithi 18 - 19

Gulika 10:35AM - 12:05PM
Yama 7:36AM - 9:06AM
Rahu 12:05PM - 1:34PMRevati Until 12:24PM
Viddhi Until 5:01PM
Bava Until 10:42PM
Tritiya Until 12:08PMGanesha: Yellow
Muruga: Blue
Nataraja: White
Moon - Clear
Bhadrapada-Avani

Sunrise: 6:07AM

Sunset: 6:03PM

Moon 9 - Phase 21 - 2

1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Until 10:26AM

Then Creative Work - Siddha Yoga

2**Thursday, September 11, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yukatayam
Ashvini/Bharani Nakshatra Dhanu/Vyagata* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Lusaka, Zambia

Sun 3 Sutra 150

Vishvasu 5127

Meesha Rasi: 10.37 Tithi 19 - 20

Gulika 9:05AM - 10:35AM
Yama 6:06AM - 7:35AM
Rahu 1:34PM - 3:03PMAshvini Until 10:26AM
Dhanu Until 1:32PM
Kaulava Until 7:51PM
Chaturthi* Until 9:15AMGanesha: White
Muruga: Blue
Nataraja: White
Moon - White
Bhadrapada-Avani

Sunrise: 6:06AM

Sunset: 6:03PM

Moon 9 - Phase 21 - 3

1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Until 10:26AM

Then Creative Work - Siddha Yoga

3**Friday, September 12, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yukatayam
Bharani/Kritika Nakshatra Vyagata*/Kharshana Yoga Talila/Vanija Karana Panchami/Skabhayam Titau

Lusaka, Zambia

Sun 4 Sutra 151

Vishvasu 5127

Meesha Rasi: 25.11 Tithi 20 - 21

Gulika 7:35AM - 9:04AM
Yama 3:03PM - 4:33PM
Rahu 10:34AM - 12:04PMBharani Until 8:26AM
Vyagata* Until 10:11AM
Vanija Until 3:52AM Sat
Panchami Until 6:27AMGanesha: Blue
Muruga: Blue
Nataraja: White
Moon - White
Bhadrapada-Avani

Sunrise: 6:05AM

Sunset: 6:03PM

Moon 9 - Phase 21 - 4

1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 10:26AM

Then Creative Work - Siddha Yoga

4**Saturday, September 13, 2025**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Manita Vasara Yukatayam
Kritika/Rohini Nakshatra Vyagata*/Kharshana/Vajra* Yoga Visi*/Bava Karana Saptamam Titau

Lusaka, Zambia

Sun 5 Sutra 152

Vishvasu 5127

Wishahba Rasi: 10 Tithi 22

Gulika 6:04AM - 7:34AM
Yama 1:33PM - 3:03PM
Rahu 9:04AM - 10:34AMKritika Until 6:31AM
Kharshana Until 7:01AM
Visi Until 2:42PM
Saptami Until 1:34AM SunGanesha: Blue
Muruga: Blue
Nataraja: White
Moon - White
Bhadrapada-Avani

Sunrise: 6:04AM

Sunset: 6:03PM

Moon 9 - Phase 21 - 5

1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Until 10:26AM

Then Creative Work - Siddha Yoga

5**Sunday, September 14, 2025****Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yukatayam
Mrigashira Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamam Titau

Lusaka, Zambia

Sun 6 Sutra 153

Vishvasu 5127

Wishahba Rasi: 23.49 Tithi 23

Gulika 3:03PM - 4:33PM
Yama 1:33PM - 3:03PM
Rahu 4:33PM - 6:03PMMrigashira Until 4:01AM Mon
Siddhi Until 1:24AM Mon
Balava Until 12:34PM
Ashtami* Until 11:37PMGanesha: Red
Muruga: Blue
Nataraja: White
Moon - Yellow
Bhadrapada-Avani

Sunrise: 6:04AM

Sunset: 6:03PM

Moon 9 - Phase 21 - 6

Ashtami

Creative Work Siddha Yoga

Subha Sivaloka Day**Monday, September 15, 2025****Retreat Star**Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yukatayam
Ardra Nakshatra Vyatipata* Yoga Talila/Gara Karana Navamam Titau

Lusaka, Zambia

Sun 7 Sutra 154

Vishvasu 5127

Mithuna Rasi: 7.48 Tithi 24

Gulika 1:33PM - 3:03PM
Yama 10:33AM - 12:03PM
Rahu 7:33AM - 9:03AMArdra Until 3:08AM Tue
Vyatipata* Until 11:05PM
Talila Until 10:48AM
Navami* Until 10:03PMGanesha: Red
Muruga: Blue
Nataraja: White
Moon - Yellow
Bhadrapada-Avani

Sunrise: 6:03AM

Sunset: 6:03PM

Moon 9 - Phase 21 - 7

Navami

Creative Work Siddha Yoga

Subha Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1

Tuesday, September 16, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mangala Vesara Yuktayam
Panavasu Nakshatra Varjanyam Yoga Vanija/Vsiti/ Karana Dashamyam TitauLusaka, Zambia
Sun 8 Sutra 155

Mithuna Rasi: 21.32 Tithi 25

Gulika 12:02PM - 1:33PM
Yama 9:02AM - 10:32AM
541828573 Rahu 3:03PM - 4:33PMPunarvasu Until 2:56AM Wed
Varjanyam Until 9:04PM
Vanija Until 9:26AM
Dashami Until 8:54PMGanesh: Green Sunrise: 6:00AM
Muruga: Blue Sunset: 6:03PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVasavasu 5:127
Moon 9 - Phase 22 - 8
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

2

Wednesday, September 17, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Budha Vesara Yuktayam
Pushya Nakshatra Parigha/ Yoga Bava/Balavo Karana Ekadashyam TitauLusaka, Zambia
Sun 9 Sutra 156

Kalaka Rasi: 5.02 Tithi 26

Gulika 10:32AM - 12:02PM
Yama 7:31AM - 9:02AM
541828573 Rahu 12:02PM - 1:32PMPushya Until 3:02AM Thu
Parigha/ Until 7:24PM
Bava Until 8:30AM
Ekadashi/ Until 8:11PMGanesh: Green Sunrise: 6:01AM
Muruga: Blue Sunset: 6:03PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVasavasu 5:127
Moon 9 - Phase 22 - 9
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

3

Thursday, September 18, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Guru Vesara Yuktayam
Ashlesha/ Nakshatra Shiva Yoga Kusava/Talila Karana Dvadashyam TitauLusaka, Zambia
Sun 10 Sutra 157

Kalaka Rasi: 18.17 Tithi 27

Gulika 9:01AM - 10:31AM
Yama 6:00AM - 7:31AM
541828573 Rahu 1:32PM - 3:02PMAshlesha/ Until 3:25AM Fri
Shiva Until 6:07PM
Kusava Until 8:00AM
Dvadashi/ Until 7:54PMGanesh: Green Sunrise: 6:00AM
Muruga: Blue Sunset: 6:03PM
Nataraja: White
Moon - Blue
Bhadrapada-PuratasiVasavasu 5:127
Moon 9 - Phase 22 - 10
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 3:25AM Fri
Then Routine Work - Marana Yoga

4

Friday, September 19, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Sukra Vesara Yuktayam
Magha/ Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam TitauLusaka, Zambia
Sun 11 Sutra 158

Simha Rasi: 1.17 Tithi 28

Gulika 7:30AM - 9:00AM
Yama 3:02PM - 4:33PM
551828573 Rahu 10:31AM - 12:01PMMagha/ Until 4:34AM Sat
Siddha Until 5:09PM
Gara Until 7:58AM
Trayodashi/ Until 8:06PMGanesh: White Sunrise: 6:00AM
Muruga: Blue Sunset: 6:03PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVasavasu 5:127
Moon 9 - Phase 22 - 11
2nd Phase

Routine Work Marana Yoga

Sivaloka Day

Until 4:34AM Sat
Then Creative Work - Siddha Yoga

Pradosha Vata (Fasting)

5

Saturday, September 20, 2025

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Mani Vesara Yuktayam
Purvaphalguni/Nakshatra Sadhya/Subha Vesi/Sakuni/ Karana Chaturdashyam TitauLusaka, Zambia
Sun 12 Sutra 159

Simha Rasi: 14.05 Tithi 29

Gulika 5:59AM - 7:29AM
Yama 1:32PM - 3:02PM
551828573 Rahu 9:00AM - 10:30AMPurvaphalguni Until 6:00AM Sun
Sadhya Until 4:34PM
Vesi Until 8:24AM
Chaturdashi/ Until 8:46PMGanesh: White Sunrise: 5:59AM
Muruga: Blue Sunset: 6:03PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVasavasu 5:127
Moon 9 - Phase 22 - 12
2nd Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 6:00AM Sun
Then Creative Work - Amrita Yoga

●

Sunday, September 21, 2025

Retreat Star

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Pakshi Bharu Vesara Yuktayam
Purvaphalguni/Hasta Nakshatra Sukla/Saka Yoga Calaspada/Naiga/ Karana Amavasyayam TitauLusaka, Zambia
Sun 13 Sutra 160

Simha Rasi: 26.39 Tithi 30

Gulika 3:02PM - 4:33PM
Yama 12:01PM - 1:31PM
551828573 Rahu 4:33PM - 6:03PMPurvaphalguni Until 6:00AM
Subha Until 4:22PM
Calaspada Until 9:17AM
Amavasya/ Until 9:53PMGanesh: White Sunrise: 5:58AM
Muruga: Blue Sunset: 6:03PM
Nataraja: White
Moon - Red
Bhadrapada-PuratasiVasavasu 5:127
Moon 9 - Phase 22 - 13
Amavasya

Creative Work Siddha Yoga

Sivaloka Day

Until 6:00AM
Then Creative Work - Amrita Yoga

Monday, September 22, 2025

Retreat Star

Visvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Sukla Pakshi Indu Vesara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Kintughna/Bava Karana Prathamayam TitauLusaka, Zambia
Sun 14 Sutra 161

Kanya Rasi: 9.01 Tithi 1

Gulika 1:31PM - 3:02PM
Yama 10:30AM - 12:00PM
551828573 Rahu 7:28AM - 8:58AMUttaraphalguni Until 7:44AM
Sukla Until 4:29PM
Kintughna Until 10:39AM
Prathama/ Until 11:28PMGanesh: White Sunrise: 5:57AM
Muruga: Blue Sunset: 6:03PM
Nataraja: White
Moon - Red
Ashvina-PuratasiVasavasu 5:127
Moon 9 - Phase 22 - 14
Prathama

Creative Work Siddha Yoga

Sivaloka Day

Navaratri Begins

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Tuesday, September 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam				Lusaka, Zambia
Kanya Rasi: 21.13		Tilhi 2		Sun 15		Sutra 162
Creative Work	Siddha Yoga	Gulika	12:00PM - 1:31PM	Hasla Untill 10:11AM	Ganesha: Red	Sunrise: 5:57AM
		Yama	8:58AM - 10:29AM	Brahma Until 4:54PM	Muruga: Blue	Sunset: 6:03PM
		Rahu	3:02PM - 4:32PM	Balava Until 12:25PM	Nataraja: White	Moon 9 - Phase 23 - 16
				Moan - Green	Subha Sivaloka Day	
				Dvitiya Untill 1:25AM Wed		Ashvina-Puratasi

2 Wednesday, September 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Budha Vasara Yuktiyam				Lusaka, Zambia
Tula Rasi: 3.15		Tilhi 3		Sun 16		Sutra 163
Creative Work	Siddha Yoga	Gulika	10:29AM - 12:00PM	Chitra Untill 12:49PM	Ganesha: Red	Sunrise: 5:56AM
		Yama	7:27AM - 8:58AM	Indra Until 5:36PM	Muruga: Blue	Sunset: 6:03PM
		Rahu	12:00PM - 1:31PM	Taillia Until 2:32PM	Nataraja: White	Moon 9 - Phase 23 - 16
				Moan - Green	Subha Sivaloka Day	
				Tritiya Untill 3:40AM Thu		Ashvina-Puratasi

3 Thursday, September 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Guru Vasara Yuktiyam				Lusaka, Zambia
Tula Rasi: 15.11		Tilhi 4		Sun 17		Sutra 164
Creative Work	Amrita Yoga	Gulika	8:57AM - 10:28AM	Svali Untill 3:31PM	Ganesha: Red	Sunrise: 5:55AM
		Yama	5:55AM - 7:26AM	Vaidhiti ¹ Until 6:26PM	Muruga: Blue	Sunset: 6:03PM
		Rahu	1:30PM - 3:01PM	Vanija Until 4:54PM	Nataraja: White	Moon 9 - Phase 23 - 17
Until 3:31PM				Moan - Green	Subha Sivaloka Day	
Then Creative Work - Siddha Yoga				Chaturthi ¹ Untill 6:06AM Fri		Ashvina-Puratasi

4 Friday, September 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Sukra Vasara Yuktiyam				Lusaka, Zambia
Tula Rasi: 27.04		Tilhi 4 - 5		Sun 18		Sutra 165
Creative Work	Siddha Yoga	Gulika	7:25AM - 8:57AM	Vishakha Untill 6:40PM	Ganesha: Blue	Sunrise: 5:54AM
		Yama	3:01PM - 4:32PM	Vishkambha ¹ Until 7:21PM	Muruga: Blue	Sunset: 6:04PM
		Rahu	10:28AM - 11:59AM	Bava Until 7:22PM	Nataraja: White	Moon 9 - Phase 23 - 18
				Moan - Orange	Subha Subha Sivaloka Day	
				Chaturthi ¹ Untill 6:06AM		Ashvina-Puratasi

5 Saturday, September 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Manta Vasara Yuktiyam				Lusaka, Zambia
Wishika Rasi: 8.55		Tilhi 5 - 6		Sun 19		Sutra 166
Creative Work	Siddha Yoga	Gulika	5:53AM - 7:25AM	Anuradha Untill 9:37PM	Ganesha: Red	Sunrise: 5:53AM
		Yama	1:30PM - 3:01PM	Priil Until 8:16PM	Muruga: Blue	Sunset: 6:04PM
		Rahu	8:56AM - 10:27AM	Kaulava Until 9:48PM	Nataraja: White	Moon 9 - Phase 23 - 19
				Moan - Orange	Subha Sivaloka Day	
				Panchami Untill 8:35AM		Ashvina-Puratasi

6 Sunday, September 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Bhanu Vasara Yuktiyam				Lusaka, Zambia
Wishika Rasi: 20.49		Tilhi 6 - 7		Sun 20		Sutra 167
Routine Work	Marana Yoga	Gulika	3:01PM - 4:32PM	Jyeshtha¹ Untill 12:12AM Mon	Ganesha: Green	Sunrise: 5:53AM
		Yama	11:58AM - 1:30PM	Ayushman Until 9:00PM	Muruga: Blue	Sunset: 6:04PM
		Rahu	4:32PM - 6:04PM	Gara Until 12:02AM Mon	Nataraja: White	Moon 9 - Phase 23 - 20
Until 12:12AM Mon				Moan - Orange	Sivaloka Day	
Then Creative Work - Siddha Yoga				Shashthi ¹ Untill 10:56AM		Ashvina-Puratasi

Monday, September 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Indu Vasara Yuktiyam				Lusaka, Zambia
Retreat Star		Mula ¹ Nakshatra Aayushman		Sun 21		Sutra 168
Dhanus Rasi: 2.49		Tilhi 7 - 8		Sun 21		Sutra 168
Family Home Evening	Siddha Yoga	Gulika	1:29PM - 3:01PM	Mula¹ Until 2:45AM Tue	Ganesha: Red	Sunrise: 5:52AM
		Yama	10:26AM - 11:58AM	Saubhagya Until 9:28PM	Muruga: Blue	Sunset: 6:04PM
		Rahu	7:23AM - 8:55AM	Visil Until 1:52AM Tue	Nataraja: White	Moon 9 - Phase 23 - 21
				Moan - Light Blue	Subha Sivaloka Day	
				Durga Ashtami		Ashvina-Puratasi
				Saptami Untill 1:00PM		

Tuesday, September 30, 2025		Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Pakche Mangala Vasara Yuktiyam				Lusaka, Zambia
Retreat Star		Purvashadha ¹ Nakshatra Sobhana		Sun 22		Sutra 169
Dhanus Rasi: 14.59		Tilhi 8 - 9		Sun 22		Sutra 169
Creative Work	Siddha Yoga	Gulika	11:58AM - 1:29PM	Purvashadha¹ Untill 4:35AM Wed	Ganesha: Red	Sunrise: 5:51AM
		Yama	8:54AM - 10:26AM	Sobhana Until 9:32PM	Muruga: Blue	Sunset: 6:04PM
		Rahu	3:01PM - 4:32PM	Balava Until 3:09AM Wed	Nataraja: White	Moon 9 - Phase 23 - 22
Until 4:35AM Wed				Moan - Green	Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Saraswathi Puja (Tamil Nadu)		Ashvina-Puratasi
				Ashlami ¹ Untill 2:34PM		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1		Wednesday, October 1, 2025				Lusaka, Zambia
Dhanus Rasi: 27.24		Tithi 9 - 10				Sutra 170
Creative Work		Amrita Yoga				Vasavasu 5:127
Until 5:34AM Thu		Then Creative Work - Siddha Yoga				
		Vijaya Dasami				Subha Sivaloka Day

2		Thursday, October 2, 2025				Lusaka, Zambia
Makara Rasi: 10.08		Tithi 10 - 11				Sutra 171
Creative Work		Siddha Yoga				Vasavasu 5:127
		Dashedmi Until 3:31AM Fri				Moon 9 - Phase 24 - 24
		Dashami Until 3:42PM				4th Phase
		Ashvini-Puratasi				Sivaloka Day

3		Friday, October 3, 2025				Lusaka, Zambia
Makara Rasi: 23.16		Tithi 11 - 12				Sutra 172
Routine Work		Marana Yoga				Vasavasu 5:127
Until 6:05AM		Then Creative Work - Siddha Yoga				
		Ekadashi Until 3:05PM				Moon 9 - Phase 24 - 25
		Ashvini-Puratasi				4th Phase
		Sivaloka Day				

4		Saturday, October 4, 2025				Lusaka, Zambia
Kumbha Rasi: 6.5		Tithi 12 - 13				Sutra 173
Creative Work		Amrita Yoga				Vasavasu 5:127
Until 4:24AM Sun		Then Creative Work - Siddha Yoga				
		Kadalswami Mahasamadi				Moon 9 - Phase 24 - 26
		Pradosha Vata				4th Phase
		Ashvini-Puratasi				Sivaloka Day

5		Sunday, October 5, 2025				Lusaka, Zambia
Kumbha Rasi: 20.51		Tithi 13 - 14				Sutra 174
Creative Work		Siddha Yoga				Vasavasu 5:127
		Chidambaram Abhishekam				Moon 9 - Phase 24 - 27
		Trayodashi Until 11:36AM				4th Phase
		Ashvini-Puratasi				Sivaloka Day

Monday, October 6, 2025		Copper Retreat Star				Lusaka, Zambia
Meena Rasi: 5.16		Tithi 14 - 15				Sutra 175
Family Home Evening		Creative Work				Vasavasu 5:127
Siddha Yoga		Chalurdashi* Until 8:56AM				Moon 9 - Phase 24 - 24
		Ashvini-Puratasi				Purnima
		Subha Sivaloka Day				

Tuesday, October 7, 2025		Silver Retreat Star				Lusaka, Zambia
Meena Rasi: 20.02		Tithi 16				Sutra 176
Creative Work		Siddha Yoga				Vasavasu 5:127
		Prathama* Until 2:26AM Wed				Moon 9 - Phase 24 - 24
		Ashvini-Puratasi				Prathama
		Subha Sivaloka Day				

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang



Wednesday, October 8, 2025

Gold Retreat Star

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Talila/Gara Karana Dvilyayam Titau

Lusaka, Zambia

Sutra 177

Mesha Rasi: 5	Tithi 17	Gulika 10:23AM - 11:55AM	Ashvini Until 7:17PM	Ganesha: White	Sunrise: 5:45AM	Vasavasu: 5:17
		Yama 7:18AM - 8:50AM	Harshana Until 10:05PM	Muruga: Blue	Sunset: 6:09PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 11:55AM - 1:28PM	Tailila Until 12:42PM	Nataraja: Clear		
Routine Work	Marana Yoga		Dvitiya Until 10:56PM	Moon - White		Subha Sivaloka Day
Until 7:17PM				Ashvina-Puratasi		
Then Creative Work	Siddha Yoga					

1

Thursday, October 9, 2025

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra Yoga Vanja/Visi/ Karana Trilyayam Titau

Lusaka, Zambia

Sun 1 Sutra 178

Mesha Rasi: 20:02	Tithi 18	Gulika 8:50AM - 10:22AM	Bharani Until 4:35PM	Ganesha: White	Sunrise: 5:45AM	Vasavasu: 5:17
		Yama 5:45AM - 7:17AM	Vajra Until 6:04PM	Muruga: Blue	Sunset: 6:09PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 1:27PM - 3:00PM	Vanija Until 9:12AM	Nataraja: Clear		
Creative Work	Siddha Yoga		Tritiya Until 7:28PM	Moon - White		Subha Sivaloka Day
Until 4:35PM				Ashvina-Puratasi		
Then Routine Work	Marana Yoga					

2

Friday, October 10, 2025

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Siddha/Vyolpala Yoga Balava/Kaulava Karana Chalurhi/Panchayam Titau

Lusaka, Zambia

Sun 2 Sutra 179

Wishabha Rasi: 5	Tithi 19 - 20	Gulika 7:17AM - 8:49AM	Krittika Until 1:55PM	Ganesha: White	Sunrise: 5:44AM	Vasavasu: 5:17
		Yama 3:00PM - 4:33PM	Siddhi Until 2:13PM	Muruga: Blue	Sunset: 6:09PM	Moon 10 - Phase 25 - 1st Phase
		633928574 Rahu 10:22AM - 11:55AM	Kaulava Until 2:42AM Sat	Nataraja: Clear		
Creative Work	Siddha Yoga		Chalurthi Until 4:12PM	Moon - White		Subha Sivaloka Day
Until 1:55PM				Ashvina-Puratasi		
Then Routine Work	Marana Yoga					

3

Saturday, October 11, 2025

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mania Vasara Yuktayam
Rohini/Migashira Nakshatra Vyolpala/Variyan Yoga Talila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 3 Sutra 180

Wishabha Rasi: 19:46	Tithi 20 - 21	Gulika 5:43AM - 7:16AM	Rohini Until 11:51AM	Ganesha: Yellow	Sunrise: 5:43AM	Vasavasu: 5:17
		Yama 1:27PM - 3:00PM	Vyolpala Until 10:39AM	Muruga: Blue	Sunset: 6:09PM	Moon 10 - Phase 25 - 3 1st Phase
		633928574 Rahu 8:49AM - 10:21AM	Gara Until 11:59PM	Nataraja: Clear		
Creative Work	Amrita Yoga		Panchami Until 1:16PM	Moon - Yellow		Sivaloka Day
Until 11:51AM				Ashvina-Puratasi		
Then Creative Work	Siddha Yoga					

4

Sunday, October 12, 2025

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Bhanu Vasara Yuktayam
Migashira/Ardra Nakshatra Varjan/Pariaga Yoga Vanja/Visi/ Karana Shaohi/Saptayam Titau

Lusaka, Zambia

Sun 4 Sutra 181

Mithuna Rasi: 4:13	Tithi 21 - 22	Gulika 3:00PM - 4:33PM	Mrigashira Until 10:07AM	Ganesha: Yellow	Sunrise: 5:43AM	Vasavasu: 5:17
		Yama 11:54AM - 1:27PM	Varjan Until 7:25AM	Muruga: Blue	Sunset: 6:09PM	Moon 10 - Phase 25 - 4 1st Phase
		633928574 Rahu 4:33PM - 6:05PM	Visi Until 9:48PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Shashthi Until 10:48AM	Moon - Yellow		Sivaloka Day
Until 4:33PM				Ashvina-Puratasi		

5

Monday, October 13, 2025

Retreat Star

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Bava/Balava Karana Sapthami/Ashtayam Titau

Lusaka, Zambia

Sun 5 Sutra 182

Mithuna Rasi: 18:18	Tithi 22 - 23	Gulika 1:27PM - 3:00PM	Ardra Until 8:47AM	Ganesha: Yellow	Sunrise: 5:42AM	Vasavasu: 5:17
		Yama 10:21AM - 11:54AM	Shiva Until 2:23AM Tue	Muruga: Blue	Sunset: 6:09PM	Moon 10 - Phase 25 - 5 Ashtami
		633928574 Rahu 7:15AM - 8:48AM	Balava Until 8:12PM	Nataraja: Clear		
Family Home Evening	Siddha Yoga		Sapthami Until 8:54AM	Moon - Yellow		Sivaloka Day
Until 8:47AM				Ashvina-Puratasi		
Then Creative Work	Amrita Yoga					

Tuesday, October 14, 2025

Retreat Star

Viswvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mangata Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Tailila Karana Ashtami/Navayam Titau

Lusaka, Zambia

Sun 6 Sutra 183

Kataka Rasi: 2	Tithi 23 - 24	Gulika 11:54AM - 1:27PM	Punarvasu Until 8:21AM	Ganesha: Blue	Sunrise: 5:41AM	Vasavasu: 5:17
		Yama 8:47AM - 10:20AM	Siddha Until 12:37AM Wed	Muruga: Blue	Sunset: 6:09PM	Moon 10 - Phase 25 - 6 Navami
		643928574 Rahu 3:00PM - 4:33PM	Tailila Until 7:15PM	Nataraja: Clear		
Creative Work	Siddha Yoga		Ashtami Until 7:38AM	Moon - Blue		Subha Sivaloka Day
Until 3:00PM				Ashvina-Puratasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1		Wednesday, October 15, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamyam Tilau		Lusaka, Zambia Sun 7 Sutra 184
Kataka Rasi: 15.19	TITHI 24 – 25	Gulika 10:20AM – 11:53AM	Pushya Untill 8:26AM	Ganesh: Blue	Sunrise: 5:47AM	Vasavasu 5:127
		Yama 7:14AM – 8:47AM	Sadhya Untill 11:23PM	Muruga: Blue	Sunset: 6:06PM	Moon 10 - Phase 26 - 7 2nd Phase
Creative Work	Siddha Yoga	Rahu 11:53AM – 1:26PM	Bava Untill 7:19PM	Nataraja: Clear		
			Navami* Untill 7:01AM	Moon - Blue		Subha Sivaloka Day
				Ashvina-Puratasi		

2		Thursday, October 16, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha Yoga Vasil*/Bava Karana Dashami/Ekadashtyam Tilau		Lusaka, Zambia Sun 8 Sutra 185
Kataka Rasi: 28.19	TITHI 25 – 26	Gulika 8:46AM – 10:20AM	Ashlesha* Untill 8:59AM	Ganesh: Blue	Sunrise: 5:40AM	Vasavasu 5:127
		Yama 5:40AM – 7:13AM	Subha Untill 10:38PM	Muruga: Blue	Sunset: 6:06PM	Moon 10 - Phase 26 - 8 2nd Phase
Creative Work	Siddha Yoga	Rahu 1:26PM – 3:00PM	Bava Untill 7:19PM	Nataraja: Clear		
Untill 8:59AM			Dashami Untill 7:03AM	Moon - Blue		Subha Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina-Puratasi		

3		Friday, October 17, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Sukra Vasara Yuktayam Maha*/Purvaphalguni Nakshatra Sukla Yoga Blava/Kaulava Karana Ekadashi/Dvadashyam Tilau		Lusaka, Zambia Sun 9 Sutra 186
Simha Rasi: 11.01	TITHI 26 – 27	Gulika 7:13AM – 8:46AM	Magha* Untill 10:25AM	Ganesh: Red	Sunrise: 5:38AM	Vasavasu 5:127
		Yama 3:00PM – 4:33PM	Sukla Untill 10:16PM	Muruga: Blue	Sunset: 6:06PM	Moon 10 - Phase 26 - 9 2nd Phase
Routine Work	Marana Yoga	Rahu 10:19AM – 11:53AM	Kaulava Untill 8:12PM	Nataraja: Clear		
Untill 10:25AM			Ekadashi* Untill 7:40AM	Moon - Red		Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina-Alpasi		

4		Saturday, October 18, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tilau		Lusaka, Zambia Sun 10 Sutra 187
Simha Rasi: 23.29	TITHI 27 – 28	Gulika 5:39AM – 7:12AM	Purvaphalguni Untill 12:10PM	Ganesh: Red	Sunrise: 5:38AM	Vasavasu 5:127
		Yama 1:26PM – 3:00PM	Brahma Untill 10:17PM	Muruga: Blue	Sunset: 6:06PM	Moon 10 - Phase 26 - 10 2nd Phase
Creative Work	Siddha Yoga	Rahu 8:46AM – 10:19AM	Gara Untill 9:34PM	Nataraja: Clear		
Untill 12:10PM			Dvadashi* Untill 8:49AM	Moon - Red		Sivaloka Day
Then Routine Work - Marana Yoga				Ashvina-Alpasi		
				Pradosha Vata (Fasting)		

5		Sunday, October 19, 2025		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Shruva Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjia/Vasil* Karana Trayodashi/Chaturdashyam Tilau		Lusaka, Zambia Sun 11 Sutra 188
Kanya Rasi: 5.46	TITHI 28 – 29	Gulika 3:00PM – 4:33PM	Uttaraphalguni Untill 2:10PM	Ganesh: Red	Sunrise: 5:38AM	Vasavasu 5:127
		Yama 11:52AM – 1:26PM	Indra Untill 10:35PM	Muruga: Blue	Sunset: 6:06PM	Moon 10 - Phase 26 - 11 2nd Phase
Creative Work	Amrita Yoga	Rahu 4:33PM – 6:07PM	Visli Untill 11:19PM	Nataraja: Clear		
			Trayodashi* Untill 10:23AM	Moon - Red		Sivaloka Day
		Deepavali Hindu Solidarity Day		Ashvina-Alpasi		

Monday, October 20, 2025		Retreat Star		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhri* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Tilau		Lusaka, Zambia Sun 12 Sutra 189
Kanya Rasi: 17.54	TITHI 29 – 30	Gulika 1:26PM – 3:00PM	Hasla Untill 4:48PM	Ganesh: Blue	Sunrise: 5:27AM	Vasavasu 5:127
Family Home Evening		Yama 10:19AM – 11:52AM	Vaidhri* Untill 11:06PM	Muruga: Blue	Sunset: 6:06PM	Moon 10 - Phase 26 - 12 Amavasya
Creative Work	Siddha Yoga	Rahu 7:11AM – 8:45AM	Catuspada Untill 1:22AM Tue	Nataraja: Clear		
Untill 4:48PM			Chaturdashi* Untill 12:18PM	Moon - Green		Devaloka Day
Then Routine Work - Prabalarishtha Yoga				Ashvina-Alpasi		

Tuesday, October 21, 2025		Retreat Star		Vishvasu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksho Mangala Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Naga*/Kintughni* Karana Amavasya/Prathamayam Tilau		Lusaka, Zambia Sun 13 Sutra 190
Kanya Rasi: 29.55	TITHI 30 – 1	Gulika 11:52AM – 1:26PM	Chitra Untill 7:31PM	Ganesh: Blue	Sunrise: 5:27AM	Vasavasu 5:127
		Yama 8:45AM – 10:18AM	Vishkambha* Untill 11:48PM	Muruga: Blue	Sunset: 6:06PM	Moon 10 - Phase 26 - 13 Prathama
Creative Work	Siddha Yoga	Rahu 3:00PM – 4:34PM	Kintughni Untill 3:39AM Wed	Nataraja: Clear		
		Subramuniyaswami Mahasamadhi	Amavasya* Untill 2:28PM	Moon - Green		Devaloka Day
		Skanda Shasthi Begins		Kartika-Alpasi		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1	Wednesday, October 22, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Svali Nakshatra Pili Yoga Bava/Balava Karana Prathama/Dvityayam Tilau			Lusaka, Zambia Sun 14 Sutra 191	
	Tula Rasi: 11.52	Tilthi 1 – 2	Gulika 10:18AM – 11:52AM Yama 7:10AM – 8:44AM Rahu 11:52AM – 1:26PM	Svali Until 10:14PM Pili Until 12:38AM Thu Balava Until 6:05AM Thu Prathama* Until 4:50PM	Ganesha: Blue Muruga: Yellow Nataraja: Clear Moon – Green Kartika-Alpasi	Sunrise: 5:36AM Sunset: 6:08PM	Vasavastu 5:127 Moon 10 - Phase 27 – 14 3rd Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6-PM

2	Thursday, October 23, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvityayam Tilau			Lusaka, Zambia Sun 15 Sutra 192	
	Tula Rasi: 23.45	Tilthi 2	Gulika 8:44AM – 10:18AM Yama 5:36AM – 7:10AM Rahu 1:26PM – 3:00PM	Vishakha Until 1:22AM Fri Ayushman Until 1:30AM Fri Balava Until 6:05AM Dvitiya Until 7:19PM	Ganesha: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 5:36AM Sunset: 6:08PM	Vasavastu 5:127 Moon 10 - Phase 27 – 15 3rd Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6-PM

3	Friday, October 24, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam Anuradha Nakshatra Saubhagya Yoga Talila/Gara Karana Trityayam Tilau			Lusaka, Zambia Sun 16 Sutra 193	
	Wischika Rasi: 5.37	Tilthi 3	Gulika 7:09AM – 8:43AM Yama 3:00PM – 3:00PM Rahu 10:18AM – 11:52AM	Anuradha Until 4:21AM Sat Saubhagya Until 2:24AM Sat Talila Until 8:36AM Tritya Until 9:50PM	Ganesha: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 5:35AM Sunset: 6:08PM	Vasavastu 5:127 Moon 10 - Phase 27 – 16 3rd Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6-PM

4	Saturday, October 25, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mantu Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Vanija/Vesli* Karana Chaluthayam Tilau			Lusaka, Zambia Sun 17 Sutra 194	
	Wischika Rasi: 17.28	Tilthi 4	Gulika 5:35AM – 7:09AM Yama 1:26PM – 3:00PM Rahu 8:43AM – 10:17AM	Jyeshtha* Until 7:05AM Sun Sobhana Until 3:14AM Sun Vanija Until 11:06AM Chaluthi* Until 12:17AM Sun	Ganesha: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 5:35AM Sunset: 6:08PM	Vasavastu 5:127 Moon 10 - Phase 27 – 17 3rd Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6-PM

5	Sunday, October 26, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bhanu Vasara Yuktayam Mula*Purvashadha* Nakshatra Sukama Yoga Kaulava/Talila Karana Shashthayam Tilau			Lusaka, Zambia Sun 18 Sutra 195	
	Wischika Rasi: 29.22	Tilthi 5	Gulika 3:00PM – 4:34PM Yama 10:17AM – 11:51AM Rahu 4:34PM – 6:09PM	Jyeshtha* Until 7:05AM Alhiganda* Until 3:54AM Mon Bava Until 1:29PM Panchami Until 2:33AM Mon	Ganesha: White Muruga: Yellow Nataraja: Clear Moon – Orange Kartika-Alpasi	Sunrise: 5:34AM Sunset: 6:08PM	Vasavastu 5:127 Moon 10 - Phase 27 – 18 3rd Phase
	Routine Work	Marana Yoga					Bhuloka Day Devaloka Time: 3PM to 6-PM

6	Monday, October 27, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Sukama Yoga Kaulava/Talila Karana Shashthayam Tilau			Lusaka, Zambia Sun 19 Sutra 196	
	Dhanus Rasi: 11.21	Tilthi 6	Gulika 1:26PM – 3:00PM Yama 10:17AM – 11:51AM Rahu 7:08AM – 8:43AM	Mula* Until 9:55AM Sukama Until 4:19AM Tue Kaulava Until 3:36PM Shashthi* Until 4:29AM Tue	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue Kartika-Alpasi	Sunrise: 5:34AM Sunset: 6:08PM	Vasavastu 5:127 Moon 10 - Phase 27 – 19 3rd Phase
	Family Home Evening	Siddha Yoga					Devaloka Day

7	Tuesday, October 28, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Dhivli Yoga Gara/Vanija Karana Saptayam Tilau			Lusaka, Zambia Sun 20 Sutra 197	
	Dhanus Rasi: 23.28	Tilthi 7	Gulika 11:51AM – 1:26PM Yama 8:42AM – 10:17AM Rahu 3:00PM – 4:35PM	Purvashadha* Until 12:14PM Dhivli Until 4:22AM Wed Gara Until 5:17PM Saptami Until 5:54AM Wed	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue Kartika-Alpasi	Sunrise: 5:33AM Sunset: 6:08PM	Vasavastu 5:127 Moon 10 - Phase 27 – 20 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day

8	Wednesday, October 29, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Visli* Karana Ashtayam Tilau			Lusaka, Zambia Sun 21 Sutra 198	
	Makara Rasi: 5.49	Tilthi 8	Gulika 10:17AM – 11:51AM Yama 7:07AM – 8:42AM Rahu 11:51AM – 1:26PM	Uttarashadha Until 1:51PM Shula* Until 3:52AM Thu Visli Until 6:24PM Ashtami* Until 6:39AM Thu	Ganesha: Clear Muruga: Yellow Nataraja: Clear Moon – Light Blue Kartika-Alpasi	Sunrise: 5:33AM Sunset: 6:10PM	Vasavastu 5:127 Moon 10 - Phase 27 – 21 Ashtami
	Creative Work	Amrita Yoga					Devaloka Day

9	Thursday, October 30, 2025		Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navayam Tilau			Lusaka, Zambia Sun 22 Sutra 199	
	Makara Rasi: 18.26	Tilthi 8 – 9	Gulika 8:42AM – 10:16AM Yama 5:32AM – 7:07AM Rahu 1:26PM – 3:01PM	Shravana Until 3:06PM Ganda* Until 2:47AM Fri Balava Until 6:45PM Ashtami* Until 6:39AM	Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon – Purple Kartika-Alpasi	Sunrise: 5:32AM Sunset: 6:10PM	Vasavastu 5:127 Moon 10 - Phase 27 – 22 Navami
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6-PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Friday, October 31, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sutra Varsara Yuktayam Dhanishtha/Shatabhishak Nakshatra Viddhi Yoga Kaulava/Taila Karana Navami/Dashamyam Titau				Lusaka, Zambia Sun 23 Sutra 200
Kumbha Rasi: 1:27	Tithi 9 – 10	Gulika 7:07AM – 8:41AM	Dhanishtha Until 3:23PM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple	Sunrise: 5:20AM Sunset: 6:10PM	Vasavasa 5:127 Moon 10 - Phase 2B - 23 4th Phase
Creative Work	Siddha Yoga	694138574 Rahu 10:16AM – 11:51AM	Viddhi Until 1:04AM Sat Taila Until 6:18PM Navami* Until 6:37AM	Kartika-Alpasi	Bhuloka Day Devaloka Time: 3PM to 6PM	

2 Saturday, November 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mantra Varsara Yuktayam Shatabhishak/Puravroshthapada* Nakshatra Dhruva Yoga Vanjira/Visli* Karana Ekadashyam Titau				Lusaka, Zambia Sun 24 Sutra 201
Kumbha Rasi: 14:54	Tithi 11	Gulika 5:31AM – 7:06AM	Shatabhishak Until 2:42PM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – Purple	Sunrise: 5:31AM Sunset: 6:11PM	Vasavasa 5:127 Moon 10 - Phase 2B - 24 4th Phase
Creative Work	Amrita Yoga	694138574 Rahu 8:41AM – 10:16AM	Dhruva Until 10:39PM Vanjira Until 5:00PM Ekadashi Until 4:02AM Sun	Kartika-Alpasi	Bhuloka Day Devaloka Time: 3PM to 6PM	
Then Routine Work	Marana Yoga					

3 Sunday, November 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Bhava Varsara Yuktayam Puravroshthapada*/Utaravroshthapada Nakshatra Vyagha* Yoga Bava/Balava Karana Dvadashyam Titau				Lusaka, Zambia Sun 25 Sutra 202
Kumbha Rasi: 28:5	Tithi 12	Gulika 3:01PM – 4:36PM	Puravroshthapada* Until 1:33PM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:31AM Sunset: 6:11PM	Vasavasa 5:127 Moon 10 - Phase 2B - 25 4th Phase
Creative Work	Siddha Yoga	615138574 Rahu 4:36PM – 6:11PM	Vyagha* Until 7:39PM Bava Until 2:55PM Dvadashi Until 1:36AM Mon	Kartika-Alpasi	Devaloka Day	
Then Routine Work	Amrita Yoga					

4 Monday, November 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Varsara Yuktayam Utaravroshthapada/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Taila Karana Trayodashyam Titau				Lusaka, Zambia Sun 26 Sutra 203
Meena Rasi: 13:15	Tithi 13	Gulika 1:26PM – 3:01PM	Utaravroshthapada Until 11:34AM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:31AM Sunset: 6:11PM	Vasavasa 5:127 Moon 10 - Phase 2B - 26 4th Phase
Family Home Evening		615138574 Rahu 7:06AM – 8:41AM	Harshana Until 4:08PM Kaulava Until 12:10PM Trayodashi Until 10:34PM	Kartika-Alpasi	Devaloka Day	
Creative Work	Siddha Yoga					

Pradosha Vata

5 Tuesday, November 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Varsara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanjira Karana Chaturdashyam Titau				Lusaka, Zambia Sun 27 Sutra 204
Meena Rasi: 28:05	Tithi 14	Gulika 11:51AM – 1:26PM	Revati Until 8:55AM	Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon – Clear	Sunrise: 5:30AM Sunset: 6:12PM	Vasavasa 5:127 Moon 10 - Phase 2B - 27 4th Phase
Creative Work	Siddha Yoga	615138574 Rahu 3:01PM – 4:37PM	Vajra* Until 12:11PM Gara Until 8:54AM Chaturdashi* Until 7:06PM	Kartika-Alpasi	Devaloka Day	

Wednesday, November 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Kritshna Paksha Budha Varsara Yuktayam Ashvini/Bharani Nakshatra Siddhi/Vyaptara* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Lusaka, Zambia Sun 28 Sutra 205
Mesha Rasi: 13:13	Tithi 15 – 16	Gulika 10:16AM – 11:51AM	Ashvini Until 6:10AM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – White	Sunrise: 5:30AM Sunset: 6:12PM	Vasavasa 5:127 Moon 10 - Phase 2B - Purnima
Routine Work	Marana Yoga	625138574 Rahu 11:51AM – 1:26PM	Siddhi Until 7:58AM Balava Until 1:26AM Thu Purnima* Until 3:21PM	Kartika-Alpasi	Sivaloka Day	
Then Creative Work	Siddha Yoga					

Thursday, November 6, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Kritshna Paksha Guru Varsara Yuktayam Kritika Nakshatra Varjyan Yoga Kaulava/Taila Karana Prathama/Dvityayam Titau				Lusaka, Zambia Sun 29 Sutra 206
Mesha Rasi: 28:3	Tithi 16 – 17	Gulika 8:40AM – 10:16AM	Kritika Until 11:55PM	Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon – White	Sunrise: 5:30AM Sunset: 6:13PM	Vasavasa 5:127 Moon 10 - Phase 2B - Prathama
Routine Work	Marana Yoga	625138574 Rahu 1:26PM – 3:02PM	Varjyan Until 11:15PM Taila Until 9:35PM Prathama* Until 11:29AM	Kartika-Alpasi	Sivaloka Day	

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

**Friday, November 7, 2025****Gold Retreat Star**

Wishabha Rasi: 13.46 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 9:09PM
 Then Creative Work - Siddha Yoga

Gulika 7:05AM - 8:40AM
Yama 3:02PM - 4:37PM
Rahu 10:16AM - 11:51AM

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Sukra Vasara Yuktayam
 Rohini Nakshatra Parigha* Yoga Gara/Visi* Karana Dvitiya/Tritiyam Tilau
Rohini Until 9:09PM
 Parigha* Until 7:02PM
 Visiti Until 4:10AM Sat
Dvitiya Until 7:42AM

Ganesh: Purple Sunrise: 5:29AM
Muruga: Yellow Sunset: 6:18PM
Nataraja: Clear
 Moon - Yellow
Kartika-Alpasi

Lusaka, Zambia Sun 1 Sutra 207
 Viswasesu 5:127
 Moon 11 - Phase 29 - 1
 1st Phase

Sivaloka Day**1****Saturday, November 8, 2025**

Wishabha Rasi: 28.5 Tithi 19
 Creative Work Siddha Yoga

Gulika 5:29AM - 7:05AM
Yama 1:27PM - 3:02PM
Rahu 8:40AM - 10:16AM

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Mania Vasara Yuktayam
 Mrigashira Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Chaturthiyam Tilau
Mrigashira Until 4:38PM
 Shiva Until 3:07PM
 Bava Until 2:33PM
Chalurthi* Until 1:02AM Sun

Ganesh: Purple Sunrise: 5:29AM
Muruga: Yellow Sunset: 6:18PM
Nataraja: Clear
 Moon - Yellow
Kartika-Alpasi

Lusaka, Zambia Sun 2 Sutra 208
 Viswasesu 5:127
 Moon 11 - Phase 29 - 2
 1st Phase

Sivaloka Day**2****Sunday, November 9, 2025**

Mihuna Rasi: 13.35 Tithi 20
 Creative Work Siddha Yoga

Gulika 3:03PM - 4:38PM
Yama 11:51AM - 1:27PM
Rahu 4:38PM - 6:14PM

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Bhanu Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Kaulava/Taila Karana Panchamiyam Tilau
Ardra Until 4:30PM
 Siddha Until 11:35AM
 Kaulava Until 11:42AM
Panchami Until 10:29PM

Ganesh: Purple Sunrise: 5:29AM
Muruga: Yellow Sunset: 6:18PM
Nataraja: Clear
 Moon - Yellow
Kartika-Alpasi

Lusaka, Zambia Sun 3 Sutra 209
 Viswasesu 5:127
 Moon 11 - Phase 29 - 3
 1st Phase

Sivaloka Day**3****Monday, November 10, 2025**

Mihuna Rasi: 27.54 Tithi 21
Family Home Evening
 Creative Work Amrita Yoga
 Until 3:18PM
 Then Creative Work - Siddha Yoga

Gulika 1:27PM - 3:03PM
Yama 10:16AM - 11:51AM
Rahu 7:04AM - 8:40AM

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Indu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthiyam Tilau
Punarvasu Until 3:18PM
 Sadhya Until 8:35AM
 Gara Until 9:29AM
Shashthi* Until 8:38PM

Ganesh: Clear Sunrise: 5:28AM
Muruga: Yellow Sunset: 6:16PM
Nataraja: Clear
 Moon - Blue
Kartika-Alpasi

Lusaka, Zambia Sun 4 Sutra 210
 Viswasesu 5:127
 Moon 11 - Phase 29 - 4
 1st Phase

Devaloka Day**4****Tuesday, November 11, 2025**

Kataka Rasi: 11.44 Tithi 22
 Creative Work Siddha Yoga

Gulika 11:51AM - 1:27PM
Yama 8:40AM - 10:16AM
Rahu 3:03PM - 4:39PM

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Mangala Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Saptamiyam Tilau
Pushya Until 2:45PM
 Subha Until 6:13AM
 Visiti Until 8:02AM
Saptami Until 7:36PM

Ganesh: White Sunrise: 5:28AM
Muruga: Yellow Sunset: 6:15PM
Nataraja: Clear
 Moon - Blue
Kartika-Alpasi

Lusaka, Zambia Sun 5 Sutra 211
 Viswasesu 5:127
 Moon 11 - Phase 29 - 5
 1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

D**Wednesday, November 12, 2025****Retreat Star**

Kataka Rasi: 25.05 Tithi 23
 Creative Work Siddha Yoga

Gulika 10:16AM - 11:52AM
Yama 7:04AM - 8:40AM
Rahu 11:52AM - 1:27PM

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Budha Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamiyam Tilau
Ashlesha* Until 2:51PM
 Brahma Until 3:22AM Thu
 Balava Until 7:25AM
Ashlami* Until 7:24PM

Ganesh: White Sunrise: 5:28AM
Muruga: Yellow Sunset: 6:15PM
Nataraja: Clear
 Moon - Blue
Kartika-Alpasi

Lusaka, Zambia Sun 6 Sutra 212
 Viswasesu 5:127
 Moon 11 - Phase 29 - 6
 Ashtami

Bhuloka Day

Devaloka Time: 3PM to 6PM

Thursday, November 13, 2025**Retreat Star**

Simha Rasi: 8.01 Tithi 24
 Creative Work Amrita Yoga
 Until 4:03PM
 Then Creative Work - Siddha Yoga

Gulika 8:40AM - 10:16AM
Yama 5:28AM - 7:04AM
Rahu 1:28PM - 3:04PM

Viswasesu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Guru Vasara Yuktayam
 Magha*/Purvaphalguni Nakshatra Indra Yoga Talila/Gara Karana Navamiyam Tilau
Magha* Until 4:03PM
 Indra Until 2:53AM Fri
 Talila Until 7:37AM
Navami* Until 8:00PM

Ganesh: Yellow Sunrise: 5:28AM
Muruga: Yellow Sunset: 6:16PM
Nataraja: Clear
 Moon - Red
Kartika-Alpasi

Lusaka, Zambia Sun 7 Sutra 213
 Viswasesu 5:127
 Moon 11 - Phase 29 - 7
 Navami

Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1

Friday, November 14, 2025

			Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Savara Vasara Yuktayam Purvaphalguni Nakshatra Vaidhri* Yoga Vanja/Visi* Karana Dashamyam Titau		Lusaka, Zambia Sun 8 Sutra 214
Simha Rasi: 20.35	Tithi 25	Gulika 7:04AM – 8:40AM	Purvaphalguni Untill 5:47PM	Ganesh: Yellow	Sunrise: 5:28AM
		Yama 3:04PM – 4:40PM	Vaidhri* Untill 2:52AM Sat	Muruga: Yellow	Sunset: 6:16PM
Creative Work	Siddha Yoga	756138574	Rahu 10:16AM – 11:52AM	Nataraja: Clear	Moon 11 - Phase 30 - 8 2nd Phase
			Vanija Untill 8:35AM	Moan - Red	
			Dashami Untill 9:17PM	Karttika-Alpasi	Devaloka Day

2

Saturday, November 15, 2025

			Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Mania Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Lusaka, Zambia Sun 9 Sutra 215
Kanya Rasi: 2.53	Tithi 26	Gulika 5:27AM – 7:04AM	Uttaraphalguni Untill 7:53PM	Ganesh: Yellow	Sunrise: 5:27AM
		Yama 1:28PM – 3:04PM	Vishkambha* Untill 3:15AM Sun	Muruga: Yellow	Sunset: 6:17PM
Routine Work	Marana Yoga	756138574	Rahu 8:40AM – 10:16AM	Nataraja: Clear	Moon 11 - Phase 30 - 9 2nd Phase
			Bava Untill 10:10AM	Moan - Green	
			Ekadashi* Untill 11:08PM	Karttika-Alpasi	Devaloka Day

3

Sunday, November 16, 2025

			Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bhamu Vasara Yuktayam Hashta Nakshatra Pili Yoga Kaulava/Tallia Karana Dvadashyam Titau		Lusaka, Zambia Sun 10 Sutra 216
Kanya Rasi: 14.59	Tithi 27	Gulika 3:05PM – 4:41PM	Hashta Untill 10:42PM	Ganesh: Yellow	Sunrise: 5:27AM
		Yama 11:52AM – 1:28PM	Pili Untill 3:54AM Mon	Muruga: Yellow	Sunset: 6:17PM
Creative Work	Amrita Yoga	766238574	Rahu 4:41PM – 6:17PM	Nataraja: Clear	Moon 11 - Phase 30 - 10 2nd Phase
Untill 10:42PM			Kaulava Untill 12:13PM	Moan - Green	
Then Creative Work - Siddha Yoga			Dvadashi* Untill 1:20AM Mon	Karttika-Karttikai	Devaloka Day

4

Monday, November 17, 2025

			Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau		Lusaka, Zambia Sun 11 Sutra 217
Kanya Rasi: 26.57	Tithi 28	Gulika 1:29PM – 3:05PM	Chitra Untill 1:34AM Tue	Ganesh: Yellow	Sunrise: 5:27AM
Family Home Evening		Yama 10:16AM – 11:52AM	Ayushman Untill 4:40AM Tue	Muruga: Yellow	Sunset: 6:18PM
Routine Work	Prabalarishta Yoga	766238575	Rahu 7:03AM – 8:40AM	Nataraja: Purple	Moon 11 - Phase 30 - 11 2nd Phase
Untill 1:34AM Tue			Gara Untill 2:33PM	Moan - Green	
Then Creative Work - Siddha Yoga			Trayodashi* Untill 3:46AM Tue	Karttika-Karttikai	Sivaloka Day
			<i>Pradosha Vrata (Fasting)</i>		

5

Tuesday, November 18, 2025

			Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam Svali Nakshatra Saubhagya Yoga Visi*/Sakuni* Karana Chaturdashyam Titau		Lusaka, Zambia Sun 12 Sutra 218
Tula Rasi: 8.51	Tithi 29	Gulika 11:53AM – 1:29PM	Svali Untill 4:21AM Wed	Ganesh: Blue	Sunrise: 5:27AM
		Yama 8:40AM – 10:16AM	Saubhagya Untill 5:31AM Wed	Muruga: Yellow	Sunset: 6:18PM
Creative Work	Siddha Yoga	767238575	Rahu 3:05PM – 4:42PM	Nataraja: Purple	Moon 11 - Phase 30 - 12 2nd Phase
			Visi Untill 5:02PM	Moan - Green	
			Chaturdashi* Untill 6:17AM Wed	Karttika-Karttikai	Devaloka Day

●

Wednesday, November 19, 2025

			Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakla Paksha Guru Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Lusaka, Zambia Sun 13 Sutra 219
			Retreat Star		
Tula Rasi: 20.43	Tithi 29 – 30	Gulika 10:16AM – 11:53AM	Vishakha Untill 7:29AM Thu	Ganesh: Blue	Sunrise: 5:27AM
		Yama 7:03AM – 8:40AM	Sobhana Untill 6:24AM Thu	Muruga: Yellow	Sunset: 6:19PM
Creative Work	Siddha Yoga	777238575	Rahu 11:53AM – 1:29PM	Nataraja: Purple	Moon 11 - Phase 30 - 13 Amavasya
			Catuspada Untill 7:34PM	Moan - Orange	
			Chaturdashi* Untill 6:17AM	Karttika-Karttikai	Devaloka Day

Thursday, November 20, 2025

			Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sakla Paksha Guru Vasara Yuktayam Vishakha/Anushtana Nakshatra Sobhana/Kihiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Lusaka, Zambia Sun 14 Sutra 220
			Retreat Star		
Vishchika Rasi: 2.35	Tithi 30 – 1	Gulika 8:40AM – 10:16AM	Vishakha Untill 7:29AM	Ganesh: Blue	Sunrise: 5:27AM
		Yama 5:27AM – 7:03AM	Sobhana Untill 6:24AM	Muruga: Yellow	Sunset: 6:19PM
Creative Work	Siddha Yoga	777238575	Rahu 1:29PM – 3:06PM	Nataraja: Purple	Moon 11 - Phase 30 - 14 Prathama
			Kintughna Untill 10:05PM	Moan - Orange	
			Amavasya* Untill 8:48AM	Margasira-Karttikai	Devaloka Day

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Friday, November 21, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Sukra Vesara Yuktyam Anuradha/Jyeshtha ¹ Nakshatra Abhiganda ² /Sukama Yoga Bava/Balava Karana Prathama/Dvityam Titau				Lusaka, Zambia Sun 15 Sutra 221
Wischika Rasi: 14.28	Tithi 1 – 2	Gulika 7:03AM – 8:40AM	Anuradha Untill 10:24AM	Ganesh: Blue	Sunrise: 5:27AM	Vesarasu 5:127
		Yama 3:06PM – 4:43PM	Abhiganda² Untill 7:12AM	Muruga: Yellow	Sunset: 6:29PM	Moon 11 - Phase 31- 15
Creative Work	Siddha Yoga	Rahu 10:17AM – 11:53AM	Balava Untill 12:30AM Sat	Nataraja: Purple		3rd Phase
Untill 10:24AM			Prathama¹ Untill 11:17AM	Moon - Orange		Devaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai		

2 Saturday, November 22, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Manta Vesara Yuktyam Jyeshtha ¹ /Mula ² Nakshatra Sukama/Uhril ³ Yoga Kaulava/Taila Karana Dvitya/Tritiyam Titau				Lusaka, Zambia Sun 16 Sutra 222
Wischika Rasi: 26.23	Tithi 2 – 3	Gulika 5:27AM – 7:03AM	Jyeshtha¹ Untill 1:04PM	Ganesh: Blue	Sunrise: 5:27AM	Vesarasu 5:127
		Yama 1:30PM – 3:07PM	Sukarma Untill 7:57AM	Muruga: Yellow	Sunset: 6:29PM	Moon 11 - Phase 31- 16
Creative Work	Siddha Yoga	Rahu 8:40AM – 10:17AM	Taila Untill 2:49AM Sun	Nataraja: Purple		3rd Phase
			Dvitiya Untill 1:39PM	Moon - Orange		Devaloka Day
				Margasira-Karttikai		

3 Sunday, November 23, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Bharu Vesara Yuktyam Mula ¹ /Purvashada ² Nakshatra Dhriti/Shula ³ Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Lusaka, Zambia Sun 17 Sutra 223
Dhanus Rasi: 8.22	Tithi 3 – 4	Gulika 3:07PM – 4:44PM	Mula¹ Untill 3:55PM	Ganesh: Blue	Sunrise: 5:27AM	Vesarasu 5:127
		Yama 11:54AM – 1:30PM	Dhriti Untill 8:36AM	Muruga: Yellow	Sunset: 6:29PM	Moon 11 - Phase 31- 17
Creative Work	Amrita Yoga	Rahu 4:44PM – 6:21PM	Vanija Untill 4:55AM Mon	Nataraja: Purple		3rd Phase
Untill 3:55PM			Tritiya Untill 3:52PM	Moon - Light Blue		Devaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai		

4 Monday, November 24, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Indu Vesara Yuktyam Purvashada ¹ Nakshatra Shula ² /Ganda ³ Yoga Vasi ⁴ /Bava Karana Chaturthi/Panchamam Titau				Lusaka, Zambia Sun 18 Sutra 224
Dhanus Rasi: 20.25	Tithi 4 – 5	Gulika 1:31PM – 3:08PM	Purvashada¹ Untill 6:21PM	Ganesh: Blue	Sunrise: 5:27AM	Vesarasu 5:127
Family Home Evening		Yama 10:17AM – 11:54AM	Shula² Untill 9:04AM	Muruga: Yellow	Sunset: 6:29PM	Moon 11 - Phase 31- 18
Routine Work	Marana Yoga	Rahu 7:04AM – 8:40AM	Bava Untill 6:44AM Tue	Nataraja: Purple		3rd Phase
			Chaturthi¹ Untill 5:51PM	Moon - Light Blue		Devaloka Day
				Margasira-Karttikai		

5 Tuesday, November 25, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Mangala Vesara Yuktyam Uttarashada ¹ Nakshatra Ganda ² /Viddhi ³ Yoga Bava/Balava Karana Panchamam Titau				Lusaka, Zambia Sun 19 Sutra 225
Makara Rasi: 2.35	Tithi 5	Gulika 11:54AM – 1:31PM	Uttarashada Untill 8:18PM	Ganesh: Red	Sunrise: 5:27AM	Vesarasu 5:127
		Yama 8:41AM – 10:17AM	Ganda² Untill 9:19AM	Muruga: Yellow	Sunset: 6:29PM	Moon 11 - Phase 31- 19
Routine Work	Prabalarishtha Yoga	Rahu 3:08PM – 4:45PM	Bava Untill 6:44AM	Nataraja: Purple		3rd Phase
Untill 8:18PM			Panchami Untill 7:28PM	Moon - Light Blue		Sivaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai		

6 Wednesday, November 26, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Butha Vesara Yuktyam Shrivana Nakshatra Dhruva/Vyaghata ¹ Yoga Gara/Vanija Karana Saptamam Titau				Lusaka, Zambia Sun 20 Sutra 226
Makara Rasi: 14.55	Tithi 6	Gulika 10:18AM – 11:55AM	Shrivana Untill 10:05PM	Ganesh: Blue	Sunrise: 5:27AM	Vesarasu 5:127
		Yama 7:04AM – 8:41AM	Viddhi Untill 9:14AM	Muruga: Yellow	Sunset: 6:29PM	Moon 11 - Phase 31- 20
Creative Work	Siddha Yoga	Rahu 11:55AM – 1:32PM	Kaulava Untill 8:07AM	Nataraja: Purple		3rd Phase
Untill 10:05PM			Shashthi¹ Untill 8:35PM	Moon - Purple		Subha Sivaloka Day
Then Routine Work - Prabalarishtha Yoga				Margasira-Karttikai		

Thursday, November 27, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Guru Vesara Yuktyam Dhanishtha Nakshatra Dhruva/Vyaghata ¹ Yoga Gara/Vanija Karana Saptamam Titau				Lusaka, Zambia Sun 21 Sutra 227
Retreat Star		Gulika 8:41AM – 10:18AM	Dhanishtha Untill 11:05PM	Ganesh: Blue	Sunrise: 5:27AM	Vesarasu 5:127
Makara Rasi: 27.3	Tithi 7	Yama 5:27AM – 7:04AM	Dhruva Untill 8:41AM	Muruga: Yellow	Sunset: 6:29PM	Moon 11 - Phase 31- 21
Creative Work	Siddha Yoga	Rahu 1:32PM – 3:09PM	Gara Untill 8:56AM	Nataraja: Purple		3rd Phase
			Saptami Untill 9:05PM	Moon - Purple		Subha Sivaloka Day
				Margasira-Karttikai		

Friday, November 28, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Sukra Vesara Yuktyam Shalabhishak Nakshatra Vyaghata ¹ /Harshana Yoga Vasi ² /Bava Karana Ashtamam Titau				Lusaka, Zambia Sun 22 Sutra 228
Retreat Star		Gulika 7:04AM – 8:41AM	Shalabhishak Untill 11:13PM	Ganesh: Blue	Sunrise: 5:27AM	Vesarasu 5:127
Kumbha Rasi: 10.25	Tithi 8	Yama 3:09PM – 4:46PM	Vyaghata¹ Untill 7:38AM	Muruga: Yellow	Sunset: 6:29PM	Moon 11 - Phase 31- 22
Creative Work	Siddha Yoga	Rahu 10:18AM – 11:55AM	Vasi Untill 9:04AM	Nataraja: Purple		Ashtami
			Ashlami¹ Untill 8:49PM	Moon - Purple		Subha Sivaloka Day
				Margasira-Karttikai		

Saturday, November 29, 2025		Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Manta Vesara Yuktyam Purvashrothapada ¹ Nakshatra Vajra ² Yoga Balava/Kaulava Karana Navamam Titau				Lusaka, Zambia Sun 23 Sutra 229
Retreat Star		Gulika 5:27AM – 7:04AM	Purvashrothapada¹ Untill 10:53PM	Ganesh: Purple	Sunrise: 5:27AM	Vesarasu 5:127
Kumbha Rasi: 23.42	Tithi 9	Yama 1:33PM – 3:10PM	Vajra² Untill 3:42AM Sun	Muruga: Yellow	Sunset: 6:29PM	Moon 11 - Phase 31- 23
Routine Work	Marana Yoga	Rahu 8:41AM – 10:18AM	Balava Untill 8:25AM	Nataraja: Purple		Navami
Untill 10:53PM			Navami¹ Untill 7:47PM	Moon - Clear		Subha Sivaloka Day
Then Creative Work - Siddha Yoga				Margasira-Karttikai		

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 3331

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Sunday, November 30, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Bhanu Vasara Yukatayam Lusaka, Zambia Uttaraprosarthpada Nakshatra Siddhi Yoga Talita/Varija Karana Dashami/Ekadashtyam Titau Sun 24 Sutra 230			
Mesha Rasi: 7.26	Tithi 10 – 11	Gulika 3:10PM – 4:47PM	Uttaraprosarthpada Until 9:39PM	Ganesh: Purple Sunrise: 5:27AM	Vasavasu 5:27
		Yama 11:56AM – 1:33PM	Siddhi Until 12:49AM Mon	Muruga: Yellow Sunset: 6:29PM	Moon 11 - Phase 32 - 4th Phase
Creative Work	Amrita Yoga	Rahu 4:47PM – 6:25PM	Talita Until 6:59AM	Nataraja: Purple	
			Dashami Until 5:58PM	Moon – Clear	Subha Sivaloka Day
				Margasira-Karttikai	

2 Monday, December 1, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Indu Vesara Yukatayam Lusaka, Zambia Revati Nakshatra Vyalipata* Yoga Visi*/Bava Karana Ekadashtidwadashtyam Titau Sun 25 Sutra 231			
Mesha Rasi: 21.39	Tithi 11 – 12	Gulika 1:34PM – 3:11PM	Revati Until 7:36PM	Ganesh: Clear Sunrise: 5:27AM	Vasavasu 5:27
Family Home Evening		Yama 10:19AM – 11:56AM	Vyalipata* Until 9:25PM	Muruga: Yellow Sunset: 6:29PM	Moon 11 - Phase 32 - 25 4th Phase
Creative Work	Siddha Yoga	Rahu 7:05AM – 8:42AM	Bava Until 2:00AM Tue	Nataraja: Purple	
			Ekadashi Until 3:28PM	Moon – Clear	Sivaloka Day
		Gita Jayanthi		Margasira-Karttikai	

3 Tuesday, December 2, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Margala Vesara Yukatayam Lusaka, Zambia Ashvini/Bharani Nakshatra Varjesh/Parigat* Yoga Balava/Kaulava Karana Dvadashi/Trayodeshtyam Titau Sun 26 Sutra 232			
Mesha Rasi: 6.18	Tithi 12 – 13	Gulika 11:57AM – 1:34PM	Ashvini Until 5:17PM	Ganesh: White Sunrise: 5:28AM	Vasavasu 5:27
		Yama 8:42AM – 10:19AM	Varjyan Until 5:34PM	Muruga: Yellow Sunset: 6:29PM	Moon 11 - Phase 32 - 26 4th Phase
Creative Work	Siddha Yoga	Rahu 3:11PM – 4:48PM	Kaulava Until 10:42PM	Nataraja: Purple	
			Dvadashi Until 12:23PM	Moon – White	Devaloka Day
				Margasira-Karttikai	

Pradosha Vata

4 Wednesday, December 3, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Budha Vesara Yukatayam Lusaka, Zambia Bharani/Kritika Nakshatra Parigat*/Shiva Yoga Talita/Gara Karana Trayodashi/Chaturdeshyam Titau Sun 27 Sutra 233			
Mesha Rasi: 21.19	Tithi 13 – 14	Gulika 10:20AM – 11:57AM	Bharani Until 2:27PM	Ganesh: White Sunrise: 5:28AM	Vasavasu 5:27
		Yama 7:05AM – 8:42AM	Parigat* Until 1:24PM	Muruga: Yellow Sunset: 6:29PM	Moon 11 - Phase 32 - 27 4th Phase
Creative Work	Siddha Yoga	Rahu 11:57AM – 1:34PM	Gara Until 7:02PM	Nataraja: Purple	
Until 2:27PM		Kritika Deepam	Trayodashi Until 8:53AM	Moon – White	Devaloka Day
Then Creative Work - Amrita Yoga				Margasira-Karttikai	

○ Thursday, December 4, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Sukla Paksho Guru Vesara Yukatayam Lusaka, Zambia Kritika/Rohini Nakshatra Shiva/Siddha Yoga Visi*/Bava Karana Purnimayam Titau Sun 28 Sutra 234			
Copper Retreat Star		Gulika 8:43AM – 10:20AM	Kritika Until 11:16AM	Ganesh: White Sunrise: 5:28AM	Vasavasu 5:27
Wishahba Rasi: 6.33	Tithi 15	Yama 5:28AM – 7:05AM	Shiva Until 9:04AM	Muruga: Yellow Sunset: 6:29PM	Moon 11 - Phase 32 - Purnima
Routine Work	Marana Yoga	Rahu 1:35PM – 3:12PM	Visi Until 3:13PM	Nataraja: Purple	
			Purnima* Until 1:16AM Fri	Moon – White	Devaloka Day
				Margasira-Karttikai	

Friday, December 5, 2025		Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Sukra Vesara Yukatayam Lusaka, Zambia Rohini/Mrigashira Nakshatra Sadhya Yoga Balava/Kaulava Karana Prathmayam Titau Sun 29 Sutra 235			
Silver Retreat Star		Gulika 7:06AM – 8:43AM	Rohini Until 8:19AM	Ganesh: Yellow Sunrise: 5:28AM	Vasavasu 5:27
Wishahba Rasi: 21.51	Tithi 16	Yama 3:13PM – 4:50PM	Sadya Until 12:22AM Sat	Muruga: Yellow Sunset: 6:29PM	Moon 11 - Phase 32 - Prathama
Routine Work	Marana Yoga	Rahu 10:20AM – 11:58AM	Balava Until 11:23AM	Nataraja: Purple	
Until 8:19AM			Prathama* Until 9:31PM	Moon – Yellow	Sivaloka Day
Then Creative Work - Siddha Yoga		Vinayaga Viratam Begins		Margasira-Karttikai	

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang



Saturday, December 6, 2025

Gold Retreat Star

Vivarasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mania Vasara Yuktayam

Lusaka, Zambia

Andra Nakshatra Subha Yoga

Gulika 5:28AM - 7:06AM

Yama 1:36PM - 3:13PM

Rahu 8:43AM - 10:21AM

Ardra Until 2:41AM Sun

Subha Until 8:21PM

Tailika Until 7:45AM

Dvitiya Until 6:03PM

Ganesh: Yellow

Muruga: Yellow

Nataraja: Purple

Moon - Yellow

Margasira-Karttikai

Sunrise: 5:30AM

Sunset: 6:39PM

Moon 12 - Phase 33 - 1st Phase

Sivaloka Day

Mithuna Rasi: 7:02

Tithi 17

739238575

Creative Work Siddha Yoga

1

Sunday, December 7, 2025

Vivarasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bhamu Vasara Yuktayam

Lusaka, Zambia

Punarvasu Nakshatra Sukla/Brahma Yoga Visi/Bava Karana Tritiya/Chaturtham Titau

Gulika 3:14PM - 4:51PM

Yama 11:59AM - 1:36PM

Rahu 4:51PM - 6:29PM

Punarvasu Until 12:46AM Mon

Sukla Until 4:41PM

Bava Until 1:45AM Mon

Tritiya Until 3:01PM

Ganesh: Blue

Muruga: Yellow

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Sunrise: 5:29AM

Sunset: 6:39PM

Moon 12 - Phase 33 - 1st Phase

Devaloka Day

Mithuna Rasi: 21:57

Tithi 18 - 19

749238575

Creative Work Siddha Yoga

2

Monday, December 8, 2025

Vivarasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam

Lusaka, Zambia

Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamiam Titau

Gulika 1:37PM - 3:14PM

Yama 10:22AM - 11:59AM

Rahu 7:07AM - 8:44AM

Pushya Until 11:24PM

Brahma Until 1:33PM

Kaulava Until 11:43PM

Chaturthi Until 12:37PM

Ganesh: Blue

Muruga: Yellow

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Sunrise: 5:29AM

Sunset: 6:39PM

Moon 12 - Phase 33 - 2 1st Phase

Devaloka Day

Kataka Rasi: 6:27

Tithi 19 - 20

749238575

Family Home Evening Creative Work Siddha Yoga

3

Tuesday, December 9, 2025

Vivarasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam

Lusaka, Zambia

Ashlesha Nakshatra Indra/Vaidhiti Yoga Tailika/Gara Karana Panchami/Shabdhyam Titau

Gulika 12:00PM - 1:37PM

Yama 8:44AM - 10:22AM

Rahu 3:15PM - 4:52PM

Ashlesha Until 10:42PM

Indra Until 11:03AM

Gara Until 10:32PM

Panchami Until 11:00AM

Ganesh: White

Muruga: Yellow

Nataraja: Purple

Moon - Blue

Margasira-Karttikai

Sunrise: 5:29AM

Sunset: 6:39PM

Moon 12 - Phase 33 - 3 1st Phase

Devaloka Day

Kataka Rasi: 20:28

Tithi 20 - 21

741238575

Creative Work Siddha Yoga

4

Wednesday, December 10, 2025

Vivarasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Budha Vasara Yuktayam

Lusaka, Zambia

Magha Nakshatra Vaidhiti/Vishkambha Yoga Vanja/Vol/ Karana Shashthi/Saptamiam Titau

Gulika 10:22AM - 12:00PM

Yama 7:07AM - 8:45AM

Rahu 12:00PM - 1:38PM

Magha Until 11:10PM

Vaidhiti Until 9:12AM

Visli Until 10:14PM

Shashthi Until 10:15AM

Ganesh: Clear

Muruga: Yellow

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Sunrise: 5:30AM

Sunset: 6:39PM

Moon 12 - Phase 33 - 4 1st Phase

Sivaloka Day

Simha Rasi: 3:58

Tithi 21 - 22

751238575

Creative Work Siddha Yoga

Until 11:10PM

Then Creative Work - Amrita Yoga

5

Thursday, December 11, 2025

Retreat Star

Vivarasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Guru Vasara Yuktayam

Lusaka, Zambia

Purvaphalguni Nakshatra Vishkambha/Prithi Yoga Bava/Balava Karana Sapthami/Ashtamiam Titau

Gulika 8:45AM - 10:23AM

Yama 5:30AM - 7:08AM

Rahu 1:38PM - 3:16PM

Purvaphalguni Until 12:22AM Fri

Vishkambha Until 8:05AM

Balava Until 10:50PM

Sapthami Until 10:24AM

Ganesh: Purple

Muruga: Yellow

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Sunrise: 5:30AM

Sunset: 6:39PM

Moon 12 - Phase 33 - 5 Ashtami

Subha Sivaloka Day

Simha Rasi: 16:59

Tithi 22 - 23

751338575

Creative Work Siddha Yoga

Friday, December 12, 2025

Retreat Star

Vivarasu Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Sulea Vasara Yuktayam

Lusaka, Zambia

Uttaraphalguni Nakshatra Prithi/Ajyotham Yoga Kaulava/Tailika Karana Ashtami/Navamiam Titau

Gulika 7:08AM - 8:46AM

Yama 3:16PM - 4:54PM

Rahu 10:23AM - 12:01PM

Uttaraphalguni Until 2:08AM Sat

Prithi Until 7:39AM

Tailika Until 12:13AM Sat

Ashtami Until 11:25AM

Ganesh: Purple

Muruga: Yellow

Nataraja: Purple

Moon - Red

Margasira-Karttikai

Sunrise: 5:30AM

Sunset: 6:39PM

Moon 12 - Phase 33 - 6 Navami

Subha Sivaloka Day

Simha Rasi: 29:35

Tithi 23 - 24

751338575

Creative Work Siddha Yoga

Until 2:08AM Sat

Then Routine Work - Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1 Saturday, December 13, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Manta Vesara Yuktayam				Lusaka, Zambia
Hasa Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Gulika 5:31AM - 7:08AM	Hasa Until 4:49AM Sun	Ganesh: Clear	Sunrise: 5:31AM	Sun 7 Sutra 243
Kanya Rasi: 11:52	Tithi 24 - 25	Yama 1:39PM - 3:17PM	Ayushman Until 7:44AM	Muruga: Yellow	Sunset: 6:29PM	Vesavasa 5:127
Routine Work Marana Yoga		Rahu 8:46AM - 10:24AM	Vanija Until 2:14AM Sun	Nataraja: Purple		Moon 12 - Phase 34 - 7 2nd Phase
Then Creative Work - Siddha Yoga			Navami* Until 1:08PM	Moon - Green		Sivaloka Day
				Margasira-Kartikiki		

2 Sunday, December 14, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Bhanu Vesara Yuktayam				Lusaka, Zambia
Chitra Nakshatra Saubhagya/Sobhana Yoga Visi* (Bava Karana Dashami/Ekadasmyam Titau)		Gulika 3:17PM - 4:55PM	Chitra Until 7:40AM Mon	Ganesh: Clear	Sunrise: 5:31AM	Sun 8 Sutra 244
Kanya Rasi: 23:55	Tithi 25 - 26	Yama 12:02PM - 1:40PM	Saubhagya Until 8:15AM	Muruga: Yellow	Sunset: 6:29PM	Vesavasa 5:127
Creative Work Siddha Yoga		Rahu 4:55PM - 6:33PM	Bava Until 4:38AM Mon	Nataraja: Purple		Moon 12 - Phase 34 - 8 2nd Phase
Then Routine Work - Marana Yoga			Dashami Until 3:23PM	Moon - Green		Sivaloka Day
				Margasira-Kartikiki		

3 Monday, December 15, 2025		Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Wischika Mase Krishna Paksho Indu Vesara Yuktayam				Lusaka, Zambia
Chitra/Svali Nakshatra Abhiganda* Yoga Balava/Kaulina Karana Ekadashi/Dwadashmyam Titau		Gulika 1:40PM - 3:18PM	Chitra Until 7:40AM	Ganesh: Clear	Sunrise: 5:20AM	Sun 9 Sutra 245
Tula Rasi: 5:5	Tithi 26 - 27	Yama 10:25AM - 12:02PM	Sobhana Until 9:02AM	Muruga: Yellow	Sunset: 6:29PM	Vesavasa 5:127
Family Home Evening		Rahu 7:09AM - 8:47AM	Kaulava Until 7:13AM Tue	Nataraja: Purple		Moon 12 - Phase 34 - 9 2nd Phase
Routine Work Prabalarishta Yoga			Ekadashi* Until 5:49PM	Moon - Green		Sivaloka Day
Then Creative Work - Amrita Yoga				Margasira-Kartikiki		

4 Tuesday, December 16, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Mangala Vesara Yuktayam				Lusaka, Zambia
Svali/Vishakha Nakshatra Abhiganda* Yoga Kaulava/Tilla Karana Dvadashmyam Titau		Gulika 12:03PM - 1:41PM	Svali Until 10:31AM	Ganesh: Purple	Sunrise: 5:20AM	Sun 10 Sutra 246
Tula Rasi: 17:41	Tithi 27	Yama 8:47AM - 10:25AM	Abhiganda* Until 9:54AM	Muruga: Yellow	Sunset: 6:29PM	Vesavasa 5:127
Creative Work Siddha Yoga		Rahu 3:18PM - 4:56PM	Kaulava Until 7:13AM	Nataraja: Purple		Moon 12 - Phase 34 - 10 2nd Phase
Then Routine Work - Marana Yoga		Markali Pillayar	Dvadashi* Until 8:30PM	Moon - Green		Subha Sivaloka Day
				Margasira-Markali		

5 Wednesday, December 17, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Budha Vesara Yuktayam				Lusaka, Zambia
Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashmyam Titau		Gulika 10:26AM - 12:03PM	Vishakha Until 1:42PM	Ganesh: Clear	Sunrise: 5:20AM	Sun 11 Sutra 247
Tula Rasi: 29:31	Tithi 28	Yama 7:10AM - 8:48AM	Sukarma Until 10:46AM	Muruga: Yellow	Sunset: 6:29PM	Vesavasa 5:127
Creative Work Siddha Yoga		Rahu 12:03PM - 1:41PM	Gara Until 9:49AM	Nataraja: Purple		Moon 12 - Phase 34 - 11 2nd Phase
Then Routine Work - Prabalarishta Yoga			Trayodashi* Until 11:04PM	Moon - Orange		Sivaloka Day
				Margasira-Markali		

Pradosha Vata (Fasting)

6 Thursday, December 18, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Gura Vesara Yuktayam				Lusaka, Zambia
Anuradha/Jyeshtha Nakshatra Dhriti/Shula* Yoga Visi*/Sakuni* Karana Chaturdashmyam Titau		Gulika 8:48AM - 10:26AM	Anuradha Until 4:35PM	Ganesh: Clear	Sunrise: 5:20AM	Sun 12 Sutra 248
Wischika Rasi: 11:24	Tithi 29	Yama 5:33AM - 7:11AM	Dhriti Until 11:35AM	Muruga: Yellow	Sunset: 6:29PM	Vesavasa 5:127
Creative Work Siddha Yoga		Rahu 1:42PM - 3:19PM	Visi Until 12:19PM	Nataraja: Purple		Moon 12 - Phase 34 - 12 2nd Phase
Then Routine Work - Prabalarishta Yoga			Chaturdashmi* Until 1:28AM Fri	Moon - Orange		Sivaloka Day
				Margasira-Markali		

Friday, December 19, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksho Sukra Vesara Yuktayam				Lusaka, Zambia
Retreat Star		Gulika 7:11AM - 8:49AM	Jyeshtha* Until 7:08PM	Ganesh: Clear	Sunrise: 5:20AM	Sun 13 Sutra 249
Wischika Rasi: 23:2	Tithi 30	Yama 3:20PM - 4:58PM	Shula* Until 12:13PM	Muruga: Yellow	Sunset: 6:29PM	Vesavasa 5:127
Routine Work Marana Yoga		Rahu 10:27AM - 12:04PM	Catuspada Until 2:37PM	Nataraja: Purple		Moon 12 - Phase 34 - 13 Amavasya
Then Creative Work - Amrita Yoga		Hanumath Jayanthi (Tamil Nadu)	Amavasya* Until 3:41AM Sat	Moon - Orange		Sivaloka Day
				Margasira-Markali		

Saturday, December 20, 2025		Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksho Manta Vesara Yuktayam				Lusaka, Zambia
Retreat Star		Gulika 5:34AM - 7:11AM	Mula* Until 9:48PM	Ganesh: Light Blue	Sunrise: 5:34AM	Sun 14 Sutra 250
Dhanus Rasi: 5:22	Tithi 1	Yama 1:43PM - 3:20PM	Ganda* Until 12:43PM	Muruga: Yellow	Sunset: 6:29PM	Vesavasa 5:127
Creative Work Siddha Yoga		Rahu 8:49AM - 10:27AM	Kintughna Until 4:43PM	Nataraja: Purple		Moon 12 - Phase 34 - 14 Prathama
Then Routine Work - Prabalarishta Yoga			Prathama* Until 5:38AM Sun	Moon - Light Blue		Devaloka Day
				Pausha-Markali		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Sunday, December 21, 2025		Vishvasu Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yuktiyam Purvashada* Nakshatra Viddhi/Dhruva Yoga Balava Karana Dvityayam Titau			Lusaka, Zambia Sun 15 Sutra 251
Dhanus Rasi: 17.29	Tithi 2	Gulika 3:21PM - 4:59PM	Purvashada* Until 12:02AM Mon	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moan - Light Blue	Sunrise: 5:34AM Sunset: 6:36PM Moon 12 - Phase 35 - 17 3rd Phase
Creative Work Siddha Yoga		882338575	Yama 12:05PM - 1:43PM Rahu 4:59PM - 6:36PM	Viddhi Until 1:02PM Balava Until 6:32PM	
Until 12:02AM Mon			Day 1 of Pancha Ganapati	Dvitiya Until 7:19AM Mon	Devaloka Day
Then Routine Work - Marana Yoga				Pausha-Markali	

2 Monday, December 22, 2025		Vishvasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yuktiyam Uttarashada* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Dvitya/Chaturthayam Titau			Lusaka, Zambia Sun 16 Sutra 252
Dhanus Rasi: 29.42	Tithi 2 - 3	Gulika 1:44PM - 3:21PM	Uttarashada Until 1:50AM Tue	Ganesh: Light Blue Muruga: Yellow Nataraja: Purple Moan - Light Blue	Sunrise: 5:25AM Sunset: 6:27PM Moon 12 - Phase 35 - 16 3rd Phase
Family Home Evening		882338575	Yama 10:28AM - 12:06PM Rahu 7:12AM - 8:50AM	Dhruva Until 1:07PM Taila Until 8:04PM	
Routine Work Marana Yoga			Day 2 of Pancha Ganapati	Dvitiya Until 7:19AM	Devaloka Day
Until 1:50AM Tue				Pausha-Markali	
Then Creative Work - Siddha Yoga					

3 Tuesday, December 23, 2025		Vishvasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yuktiyam Uttarashada* Nakshatra Vyaghata* Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau			Lusaka, Zambia Sun 17 Sutra 253
Makara Rasi: 12.04	Tithi 3 - 4	Gulika 12:06PM - 1:44PM	Shravana Until 3:37AM Wed	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moan - Purple	Sunrise: 5:25AM Sunset: 6:27PM Moon 12 - Phase 35 - 17 3rd Phase
Creative Work Siddha Yoga		892338575	Yama 10:28AM - 12:06PM Rahu 3:22PM - 5:00PM	Vyaghata* Until 12:58PM Vanija Until 9:16PM	
Until 3:37AM Wed			Day 3 of Pancha Ganapati	Tritiya Until 8:42AM	Devaloka Day
Then Routine Work - Prabarishtha Yoga				Pausha-Markali	

4 Wednesday, December 24, 2025		Vishvasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yuktiyam Uttarashada* Nakshatra Vyaghata* Harshana/Vajra* Yoga Visi* Bava Karana Chaturthi/Panchamam Titau			Lusaka, Zambia Sun 18 Sutra 254
Makara Rasi: 24.35	Tithi 4 - 5	Gulika 10:29AM - 12:07PM	Dhanishtha Until 4:49AM Thu	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moan - Purple	Sunrise: 5:26AM Sunset: 6:28PM Moon 12 - Phase 35 - 18 3rd Phase
Routine Work Prabarishtha Yoga		892338575	Yama 7:13AM - 8:51AM Rahu 12:07PM - 1:45PM	Harshana Until 12:32PM Bava Until 10:03PM	
Until 4:49AM Thu			Day 4 of Pancha Ganapati	Chaturthi* Until 9:42AM	Devaloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali	

5 Thursday, December 25, 2025		Vishvasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yuktiyam Uttarashada* Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthi/Saptamam Titau			Lusaka, Zambia Sun 19 Sutra 255
Kumbha Rasi: 7.17	Tithi 5 - 6	Gulika 8:52AM - 10:29AM	Shalabhshak Until 5:23AM Fri	Ganesh: Purple Muruga: Yellow Nataraja: Purple Moan - Purple	Sunrise: 5:26AM Sunset: 6:28PM Moon 12 - Phase 35 - 19 3rd Phase
Creative Work Siddha Yoga		892338575	Yama 5:36AM - 7:14AM Rahu 1:45PM - 3:23PM	Vajra* Until 11:44AM Kaulava Until 10:21PM	
Until 5:14AM Sun			Day 5 of Pancha Ganapati	Panchami Until 10:15AM	Devaloka Day
Then Creative Work - Siddha Yoga			Vinayaga Viratam Ends	Pausha-Markali	

6 Friday, December 26, 2025		Vishvasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Satra Vasara Yuktiyam Purvashrothapada* Nakshatra Siddhi/Vyagata* Yoga Taila/Gara Karana Shasthi/Saptamam Titau			Lusaka, Zambia Sun 20 Sutra 256
Kumbha Rasi: 20.14	Tithi 6 - 7	Gulika 7:15AM - 8:52AM	Purvashrothapada* Until 5:41AM Sat	Ganesh: Green Muruga: Yellow Nataraja: Clear Moan - Clear	Sunrise: 5:27AM Sunset: 6:29PM Moon 12 - Phase 35 - 20 3rd Phase
Creative Work Siddha Yoga		812338576	Yama 3:23PM - 5:01PM Rahu 10:30AM - 12:08PM	Siddhi Until 10:32AM Gara Until 10:05PM	
Until 5:14AM Sun				Shashthi* Until 10:17AM	Bhuloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali	Devaloka Time: 3PM to 6PM

Retreat Star		Vishvasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Manta Vasara Yuktiyam Uttarashrothapada* Nakshatra Vyagata*/Nanyan* Yoga Vanija/Visi* Karana Sapthami/Ashamam Titau			Lusaka, Zambia Sun 21 Sutra 257
Meena Rasi: 3.3	Tithi 7 - 8	Gulika 5:37AM - 7:15AM	Uttarashrothapada Until 5:14AM Sun	Ganesh: Green Muruga: Yellow Nataraja: Clear Moan - Clear	Sunrise: 5:27AM Sunset: 6:29PM Moon 12 - Phase 35 - 21 Ashtami
Creative Work Siddha Yoga		812338576	Yama 1:46PM - 3:24PM Rahu 8:53AM - 10:31AM	Vyagata* Until 8:53AM Visi Until 9:13PM	
Until 5:14AM Sun			Day 6 of Pancha Ganapati	Saptami Until 9:43AM	Bhuloka Day
Then Creative Work - Amrita Yoga				Pausha-Markali	Devaloka Time: 3PM to 6PM

Retreat Star		Vishvasu Nama Samvatsara Uttarayane Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yuktiyam Revati Nakshatra Varjyan/Parigaha* Yoga Bava/Balava Karana Ashtami/Navamam Titau			Lusaka, Zambia Sun 22 Sutra 258
Meena Rasi: 17.05	Tithi 8 - 9	Gulika 3:24PM - 5:02PM	Revati Until 4:01AM Mon	Ganesh: Green Muruga: Yellow Nataraja: Clear Moan - Clear	Sunrise: 5:28AM Sunset: 6:30PM Moon 12 - Phase 35 - 22 Navami
Creative Work Amrita Yoga		812338576	Yama 12:09PM - 1:46PM Rahu 5:02PM - 6:40PM	Varjyan Until 4:43AM Balava Until 7:42PM	
Until 4:01AM Mon				Ashlami* Until 8:31AM	Bhuloka Day
Then Creative Work - Siddha Yoga				Pausha-Markali	Devaloka Time: 3PM to 6PM

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1 Monday, December 29, 2025		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Indu Vasara Yuktayam Lusaka, Zambia			
Ashvini Nakshatra Shiva Yoga Kaulava/Gara Karana Navam/Dashamyam Titau Sun 23 Sutra 259					
Mesha Rasi: 1.04	Tithi 9 – 10	Gulika 1:47PM – 3:25PM	Ashvini Until 2:32AM Tue	Ganesh: Red	Sunrise: 5:38AM
Family Home Evening	822338576	Yama 10:32AM – 12:09PM	Shiva Until 12:59AM Tue	Muruga: Yellow	Sunset: 6:40PM
Creative Work	Siddha Yoga	Rahu 7:16AM – 8:54AM	Gara Until 4:20AM Tue	Nataraja: Clear	Moon 12 - Phase 36 - 23
			Navam* Until 6:42AM	Moon - White	4th Phase
				Pausha-Markali	Devaloka Day

2 Tuesday, December 30, 2025		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Mangala Vasara Yuktayam Lusaka, Zambia			
Bharani Nakshatra Siddha Yoga Vanija/Velil* Karana Ekadashyam Titau Sun 24 Sutra 260					
Mesha Rasi: 15.25	Tithi 11	Gulika 12:10PM – 1:47PM	Bharani Until 12:25AM Wed	Ganesh: Red	Sunrise: 5:39AM
	822338576	Yama 8:54AM – 10:32AM	Siddha Until 9:28PM	Muruga: Yellow	Sunset: 6:40PM
Creative Work	Siddha Yoga	Rahu 3:25PM – 5:03PM	Vanija Until 2:58PM	Nataraja: Clear	Moon 12 - Phase 36 - 24
Until 12:25AM Wed			Vaikuntha Ekadasi	Moon - White	4th Phase
Then Creative Work - Amrita Yoga			Ekadashi Until 1:28AM Wed	Pausha-Markali	Devaloka Day

3 Wednesday, December 31, 2025		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Budha Vasara Yuktayam Lusaka, Zambia			
Krittika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 261					
Wishabha Rasi: 0.05	Tithi 12	Gulika 10:33AM – 12:10PM	Krittika Until 9:49PM	Ganesh: Red	Sunrise: 5:40AM
	822338576	Yama 7:17AM – 8:55AM	Sadhya Until 5:40PM	Muruga: Yellow	Sunset: 6:41PM
Creative Work	Amrita Yoga	Rahu 12:10PM – 1:48PM	Bava Until 11:55AM	Nataraja: Clear	Moon 12 - Phase 36 - 25
Until 9:49PM			Dvadashi Until 10:16PM	Moon - White	4th Phase
Then Creative Work - Siddha Yoga				Pausha-Markali	Devaloka Day

4 Thursday, January 1, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Guru Vasara Yuktayam Lusaka, Zambia			
Rohini Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Trayodashyam Titau Sun 26 Sutra 262					
Wishabha Rasi: 15.01	Tithi 13	Gulika 8:55AM – 10:33AM	Rohini Until 7:17PM	Ganesh: Blue	Sunrise: 5:40AM
	832348576	Yama 5:40AM – 7:18AM	Subha Until 1:41PM	Muruga: White	Sunset: 6:41PM
Routine Work	Marana Yoga	Rahu 1:48PM – 3:26PM	Kaulava Until 8:36AM	Nataraja: Clear	Moon 12 - Phase 36 - 26
			Trayodashi Until 6:52PM	Moon - Yellow	4th Phase
				Pausha-Markali	Devaloka Day

Pradosha Vata

5 Friday, January 2, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Sukla Paksho Sukra Vasara Yuktayam Lusaka, Zambia			
Megashira/Andra Nakshatra Sukla/Brahma Yoga Vanija/Velil* Karana Chaturdashi/Purnimayam Titau Sun 27 Sutra 263					
Mithuna Rasi: 0.02	Tithi 14 – 15	Gulika 7:18AM – 8:56AM	Mrigashira Until 4:34PM	Ganesh: Blue	Sunrise: 5:41AM
	833348576	Yama 3:26PM – 5:04PM	Sukla Until 9:36AM	Muruga: White	Sunset: 6:42PM
Creative Work	Siddha Yoga	Rahu 10:34AM – 12:11PM	Velil Until 1:44AM Sat	Nataraja: Clear	Moon 12 - Phase 36 - 27
			Chaturdashi* Until 3:25PM	Moon - Yellow	4th Phase
				Pausha-Markali	Devaloka Day

6 Saturday, January 3, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho Marita Vasara Yuktayam Lusaka, Zambia			
Copper Retreat Star		Andra/Punarvasu Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Sutra 264			
Mithuna Rasi: 15.02	Tithi 15 – 16	Gulika 5:41AM – 7:19AM	Andra Until 1:51PM	Ganesh: Blue	Sunrise: 5:41AM
	833348576	Yama 1:49PM – 3:27PM	Indra Until 1:47AM Sun	Muruga: White	Sunset: 6:42PM
Creative Work	Siddha Yoga	Rahu 8:56AM – 10:34AM	Balava Until 10:32PM	Nataraja: Clear	Moon 12 - Phase 36 - Purnima
			Purnima* Until 12:05PM	Moon - Yellow	
				Pausha-Markali	Devaloka Day

Andra Darshanam

Sunday, January 4, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Krishna Paksho Bhava Vasara Yuktayam Lusaka, Zambia			
Silver Retreat Star		Punarvasu/Pushya Nakshatra Vaidhiti* Yoga Kaulava/Tailila Karana Prathama/Dvityayam Titau Sun 29 Sutra 265			
Mithuna Rasi: 29.5	Tithi 16 – 17	Gulika 3:27PM – 5:05PM	Punarvasu Until 11:43AM	Ganesh: Red	Sunrise: 5:42AM
	843348576	Yama 12:12PM – 1:50PM	Vaidhiti* Until 10:18PM	Muruga: White	Sunset: 6:42PM
Creative Work	Siddha Yoga	Rahu 5:05PM – 6:42PM	Tailila Until 7:43PM	Nataraja: Clear	Moon 12 - Phase 36 - Prathama
			Prathama* Until 9:03AM	Moon - Blue	
				Pausha-Markali	Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

**Monday, January 5, 2026****Gold Retreat Star**

Kataka Rasi: 14.19 Tithi 17 - 18

Family Home Evening

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Pushya/Ashlesha* Nakshatra	Utarayane Moksha Ritau Dhanus Mese Krishna Paksha Indu Vasara Yuktayam Vishkambha* Yoga Gara/Visli* Karana Dvitiya/Tritiyam Tilau	Lusaka, Zambia Sun 1 Sutra 266 Vasarasu 5127
Gulika 1:50PM - 3:27PM	Pushya Until 9:55AM	Ganesha: Red Sunrise: 5:42AM
Yama 10:35AM - 12:12PM	Vishkambha* Until 7:16PM	Muruga: White Sunset: 6:43PM
Rahu 7:20AM - 8:57AM	Visli Until 4:33AM Tue	Nataraja: Clear
Subramuniyaswami Jayanti	Dvitiya Until 6:29AM	Moon - Blue
		Pausha-Markali

Sivaloka Day**1 Tuesday, January 6, 2026**

Kataka Rasi: 28.23 Tithi 19

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Ashlesha*/Magha* Nakshatra	Utarayane Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam Pitri/Ayushman Yoga Bava/Balava Karana Chalurthyam Tilau	Lusaka, Zambia Sun 2 Sutra 267 Vasarasu 5127
Gulika 12:13PM - 1:50PM	Ashlesha* Until 8:38AM	Ganesha: Yellow Sunrise: 5:43AM
Yama 8:58AM - 10:35AM	Pitri Until 4:50PM	Muruga: White Sunset: 6:43PM
Rahu 3:28PM - 5:05PM	Bava Until 3:52PM	Nataraja: Clear
	Chalurthi* Until 3:22AM Wed	Moon - Blue
		Pausha-Markali

Sivaloka Day**2 Wednesday, January 7, 2026**

Simha Rasi: 11.59 Tithi 20

Creative Work Siddha Yoga

Until 8:24AM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Magha*/Purvaphalguni* Nakshatra	Utarayane Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktayam Ayushman/Saubhagya Yoga Kaulava/Taila Karana Panchamyam Tilau	Lusaka, Zambia Sun 3 Sutra 268 Vasarasu 5127
Gulika 10:36AM - 12:13PM	Magha* Until 8:24AM	Ganesha: White Sunrise: 5:44AM
Yama 7:21AM - 8:59AM	Ayushman Until 3:01PM	Muruga: White Sunset: 6:43PM
Rahu 12:13PM - 1:51PM	Kaulava Until 3:07PM	Nataraja: Clear
	Panchami Until 3:03AM Thu	Moon - Red
		Pausha-Markali

Devaloka Day**3 Thursday, January 8, 2026**

Simha Rasi: 25.07 Tithi 21

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Purvaphalguni/Uttaraphalguni* Nakshatra	Utarayane Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktayam Saubhagya/Sobhana Yoga Gara/Vanaja Karana Shashthyam Tilau	Lusaka, Zambia Sun 4 Sutra 269 Vasarasu 5127
Gulika 8:59AM - 10:36AM	Purvaphalguni Until 8:52AM	Ganesha: White Sunrise: 5:44AM
Yama 5:44AM - 7:22AM	Saubhagya Until 1:53PM	Muruga: White Sunset: 6:43PM
Rahu 1:51PM - 3:29PM	Gara Until 3:14PM	Nataraja: Clear
	Shashthi* Until 3:35AM Fri	Moon - Red
		Pausha-Markali

Devaloka Day**4 Friday, January 9, 2026**

Kanya Rasi: 7.49 Tithi 22

Creative Work Siddha Yoga

Until 10:00AM

Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Uttaraphalguni/Hasta Nakshatra	Utarayane Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yuktayam Sobhana/Ahigandha* Yoga Visli*/Bava Karana Saptamyam Tilau	Lusaka, Zambia Sun 5 Sutra 270 Vasarasu 5127
Gulika 7:22AM - 9:00AM	Uttaraphalguni Until 10:00AM	Ganesha: White Sunrise: 5:45AM
Yama 3:29PM - 5:06PM	Sobhana Until 1:24PM	Muruga: White Sunset: 6:44PM
Rahu 10:37AM - 12:14PM	Visli Until 4:11PM	Nataraja: Clear
	Saptami Until 4:56AM Sat	Moon - Red
		Pausha-Markali

Devaloka Day**6 Saturday, January 10, 2026****Retreat Star**

Kanya Rasi: 20.11 Tithi 23

Routine Work Marana Yoga

Viswasa Nama Samvatsara Hasta/Chitra Nakshatra	Utarayane Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktayam Sukama/Ahigandha*/Sukama* Yoga Kaulava/Taila Karana Ashtamyam Tilau	Lusaka, Zambia Sun 6 Sutra 271 Vasarasu 5127
Gulika 5:45AM - 7:23AM	Hasta Until 12:10PM	Ganesha: Clear Sunrise: 5:45AM
Yama 1:52PM - 3:29PM	Ahigandha* Until 1:28PM	Muruga: White Sunset: 6:44PM
Rahu 9:00AM - 10:37AM	Balava Until 5:52PM	Nataraja: Clear
	Ashtami* Until 6:54AM Sun	Moon - Green
		Pausha-Markali

Sivaloka Day**Sunday, January 11, 2026****Retreat Star**

Tula Rasi: 2.17 Tithi 23 - 24

Creative Work Siddha Yoga

Viswasa Nama Samvatsara Chitra/Svati Nakshatra	Utarayane Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam Dhriti Yoga Kaulava/Taila Karana Ashtami/Navamyam Tilau	Lusaka, Zambia Sun 7 Sutra 272 Vasarasu 5127
Gulika 3:30PM - 5:07PM	Chitra Until 2:44PM	Ganesha: Clear Sunrise: 5:46AM
Yama 12:15PM - 1:52PM	Sukarma Until 1:57PM	Muruga: White Sunset: 6:44PM
Rahu 5:07PM - 6:44PM	Taila Until 8:04PM	Nataraja: Clear
	Ashtami* Until 6:54AM	Moon - Green
		Pausha-Markali

Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Inana Pada

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Monday, January 12, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Kishna Paksho Indu Vasara Yuktayam Lusaka, Zambia			
Svali Vishkha Nakshatra Dhrivi/Shula* Yoga Gara/Vanija Karana Navami/Dashmayam Titau Sun 8 Sutra 273		Gulika	1:53PM – 3:30PM	Svali Until 5:27PM	Ganesha: Clear Sunrise: 5:47AM
Tula Rasi: 14.14	Tithi 24 – 25	Yama	10:38AM – 12:15PM	Dhriti Until 2:44PM	Muruga: White Sunset: 6:47PM
Family Home Evening	863448576	Rahu	7:24AM – 9:01AM	Vanija Until 10:34PM	Moon 1 - Phase 38 - 8 2nd Phase
Creative Work Amrita Yoga				Navami* Until 9:17AM	Sivaloka Day
Until 5:27PM				Pausha-Markali	
Then Routine Work - Marana Yoga					

2 Tuesday, January 13, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Dhanus Mese Kishna Paksho Mangala Vasara Yuktayam Lusaka, Zambia			
Svali Vishkha Nakshatra Shula*/Ganda* Yoga Visi*/Bava Karana Ekadashi/Ekadashtyam Titau Sun 9 Sutra 274		Gulika	12:16PM – 1:53PM	Vishakha Until 8:37PM	Ganesha: Purple Sunrise: 5:47AM
Tula Rasi: 26.06	Tithi 25 – 26	Yama	9:02AM – 10:39AM	Shula* Until 3:34PM	Muruga: White Sunset: 6:47PM
873448576		Rahu	3:30PM – 5:07PM	Bava Until 1:09AM Wed	Moon 1 - Phase 38 - 9 2nd Phase
Routine Work Marana Yoga				Dashami Until 11:51AM	Devaloka Day
Until 8:37PM				Pausha-Markali	
Then Creative Work - Siddha Yoga					

3 Wednesday, January 14, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kishna Paksho Budha Vasara Yuktayam Lusaka, Zambia			
Svali Vishkha Nakshatra Shula*/Ganda* Viddhi Yoga Balava/Kaulava Karana Ekadashi/Ekadashtyam Titau Sun 10 Sutra 275		Gulika	10:39AM – 12:16PM	Anuradha Until 11:32PM	Ganesha: Purple Sunrise: 5:46AM
Wisikha Rasi: 7.58	Tithi 26 – 27	Yama	7:25AM – 9:02AM	Ganda* Until 4:24PM	Muruga: White Sunset: 6:46PM
873448576		Rahu	12:16PM – 1:53PM	Kaulava Until 3:38AM Thu	Moon 1 - Phase 38 - 10 2nd Phase
Creative Work Siddha Yoga				Ekadashi* Until 2:23PM	Devaloka Day
		Thai Pongal		Pausha-Thai	

4 Thursday, January 15, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kishna Paksho Guru Vasara Yuktayam Lusaka, Zambia			
Svali Vishkha Nakshatra Viddhi/Dhruva Yoga Talila/Gara Karana Dvadashi/Trayodshyam Titau Sun 11 Sutra 276		Gulika	9:02AM – 10:40AM	Jyeshtha* Until 2:05AM Fri	Ganesha: Purple Sunrise: 5:46AM
Wisikha Rasi: 19.52	Tithi 27 – 28	Yama	5:48AM – 7:25AM	Viddhi Until 5:05PM	Muruga: White Sunset: 6:46PM
873448576		Rahu	1:54PM – 3:31PM	Gara Until 5:51AM Fri	Moon 1 - Phase 38 - 11 2nd Phase
Routine Work Prabalashita Yoga				Dvadashi* Until 4:45PM	Devaloka Day
Until 2:05AM Fri				Pausha-Thai	
Then Creative Work - Amrita Yoga				Pradosha Vata (Fasting)	

5 Friday, January 16, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kishna Paksho Sukra Vasara Yuktayam Lusaka, Zambia			
Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija Karana Trayodshyam Titau Sun 12 Sutra 277		Gulika	7:26AM – 9:03AM	Mula* Until 4:39AM Sat	Ganesha: Purple Sunrise: 5:46AM
Dhanus Rasi: 1.52	Tithi 28	Yama	3:31PM – 5:08PM	Dhruva Until 5:32PM	Muruga: White Sunset: 6:46PM
884448576		Rahu	10:40AM – 12:17PM	Vanija Until 6:50PM	Moon 1 - Phase 38 - 12 2nd Phase
Creative Work Amrita Yoga				Trayodashi* Until 6:50PM	Devaloka Day
Until 4:39AM Sat				Pausha-Thai	
Then Creative Work - Siddha Yoga					

6 Saturday, January 17, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kishna Paksho Manita Vasara Yuktayam Lusaka, Zambia			
Purvashada* Nakshatra Vyaghata*/Harshana Yoga Visi*/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 278		Gulika	5:50AM – 7:27AM	Purvashada* Until 6:41AM Sun	Ganesha: Purple Sunrise: 5:50AM
Dhanus Rasi: 14.01	Tithi 29	Yama	1:54PM – 3:31PM	Vyaghata* Until 5:44PM	Muruga: White Sunset: 6:46PM
884448576		Rahu	9:03AM – 10:40AM	Visi Until 7:45AM	Moon 1 - Phase 38 - 13 2nd Phase
Creative Work Siddha Yoga				Chaturdashi* Until 8:32PM	Devaloka Day
Until 6:41AM Sun				Pausha-Thai	
Then Creative Work - Amrita Yoga					

7 Sunday, January 18, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Kishna Paksho Bhava Vasara Yuktayam Lusaka, Zambia			
Purvashada* Nakshatra Vyaghata*/Harshana/Vajra* Yoga Caluspada*/Naga* Karana Amavasyayam Titau Sun 14 Sutra 279		Gulika	3:31PM – 5:08PM	Purvashada* Until 6:41AM	Ganesha: Purple Sunrise: 5:50AM
Dhanus Rasi: 26.18	Tithi 30	Yama	12:18PM – 1:54PM	Harshana Until 5:38PM	Muruga: White Sunset: 6:46PM
884448576		Rahu	5:08PM – 6:45PM	Caluspada Until 9:16AM	Moon 1 - Phase 38 - 14 Amavasya
Creative Work Siddha Yoga				Amavasya* Until 9:50PM	Devaloka Day
Until 6:41AM				Pausha-Thai	
Then Creative Work - Amrita Yoga					

8 Monday, January 19, 2026		Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mese Sukla Paksho Indu Vasara Yuktayam Lusaka, Zambia			
Uttarashada/Shravana Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau Sun 15 Sutra 280		Gulika	1:55PM – 3:31PM	Uttarashada Until 8:10AM	Ganesha: Purple Sunrise: 5:51AM
Makara Rasi: 8.46	Tithi 1	Yama	10:41AM – 12:18PM	Vajra* Until 5:12PM	Muruga: White Sunset: 6:46PM
884448576		Rahu	7:28AM – 9:04AM	Kintughna Until 10:21AM	Moon 1 - Phase 38 - 15 Prathama
Family Home Evening				Prathama* Until 10:44PM	Devaloka Day
Routine Work Marana Yoga				Magha-Thai	
Until 8:10AM					
Then Creative Work - Amrita Yoga					

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined. His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Tuesday, January 20, 2026

Makara Rasi: 21.25 Tilthi 2
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяыы Mokoха Ritau Makara Mase Suko Pakhe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Siddh/Vyjalpala* Yoga Balava/Kaulava Karana Dvityajam Titau

Gulika 12:18PM – 1:55PM
Yama 9:05AM – 10:41AM
Rahu 3:32PM – 5:08PM

Shravana Untill 9:35AM
Siddhi Untill 4:28PM
Balava Untill 11:02AM
Dvitiya Untill 11:12PM

Ganesh: Light Blue
Muruga: White
Nataraja: Clear
Moon - Purple
Magha-Thai

Sunrise: 5:51AM
Sunset: 6:46PM

Moon 1 - Phase 39 - 12
3rd Phase

Lusaka, Zambia
Sun 16 Sutra 281
Vasavasu 5:17
Moon 1 - Phase 39 - 12
3rd Phase

Devaloka Day

2 Wednesday, January 21, 2026

Kumbha Rasi: 4.16 Tilthi 3
Routine Work Prabalarishtha Yoga
Untill 10:26AM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяыы Mokoха Ritau Makara Mase Suko Pakhe Balha Vasara Yuktayam
Dhanishtha/Shubhshuk Nakshatra Vyalpala*/Varjyan/Parigtha* Yoga Varjya/Taila/Kara Karana Trityajam Titau

Gulika 10:42AM – 12:18PM
Yama 7:29AM – 9:05AM
Rahu 12:18PM – 1:55PM

Dhanishtha Untill 10:26AM
Vyatipala* Untill 3:27PM
Taila Untill 11:19AM
Tritya Untill 11:17PM

Ganesh: Light Blue
Muruga: White
Nataraja: Clear
Moon - Purple
Magha-Thai

Sunrise: 5:52AM
Sunset: 6:46PM

Moon 1 - Phase 39 - 17
3rd Phase

Lusaka, Zambia
Sun 17 Sutra 282
Vasavasu 5:17
Moon 1 - Phase 39 - 17
3rd Phase

Devaloka Day

3 Thursday, January 22, 2026

Kumbha Rasi: 17.17 Tilthi 4
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяыы Mokoха Ritau Makara Mase Suko Pakhe Guru Vasara Yuktayam
Shubhshuk/Puravproshthapada* Nakshatra Varjyan/Parigtha* Yoga Varjya/Vist/ Karana Chaturthyam Titau

Gulika 9:06AM – 10:42AM
Yama 5:52AM – 7:29AM
Rahu 1:55PM – 3:32PM

Shababhishek Untill 10:46AM
Varjyan Untill 2:05PM
Varjya Untill 11:11AM
Chaturthi* Untill 10:58PM

Ganesh: Light Blue
Muruga: White
Nataraja: Clear
Moon - Purple
Magha-Thai

Sunrise: 5:52AM
Sunset: 6:46PM

Moon 1 - Phase 39 - 18
3rd Phase

Lusaka, Zambia
Sun 18 Sutra 283
Vasavasu 5:17
Moon 1 - Phase 39 - 18
3rd Phase

Devaloka Day

4 Friday, January 23, 2026

Meena Rasi: 0.32 Tilthi 5
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяыы Mokoха Ritau Makara Mase Suko Pakhe Sukra Vasara Yuktayam
Puravproshthapada*/Utarproshthapada Nakshatra Parigtha*/Shiva Yoga Gava/Balava Karana Panchamyam Titau

Gulika 7:30AM – 9:06AM
Yama 3:32PM – 5:08PM
Rahu 10:43AM – 12:19PM

Puravproshthapada* Untill 11:01AM
Parigtha* Untill 12:24PM
Bava Untill 10:41AM
Panchami Untill 10:15PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - Clear
Magha-Thai

Sunrise: 5:53AM
Sunset: 6:46PM

Moon 1 - Phase 39 - 19
3rd Phase

Lusaka, Zambia
Sun 19 Sutra 284
Vasavasu 5:17
Moon 1 - Phase 39 - 19
3rd Phase

Devaloka Day

5 Saturday, January 24, 2026

Meena Rasi: 13.59 Tilthi 6
Creative Work Siddha Yoga
Untill 10:44AM
Then Routine Work - Prabalarishtha Yoga

Vishvasu Nama Samvatsara Uтарыяыы Mokoха Ritau Makara Mase Suko Pakhe Mantva Vasara Yuktayam
Utarproshthapada/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Shashthyam Titau

Gulika 5:54AM – 7:30AM
Yama 1:56PM – 3:32PM
Rahu 9:06AM – 10:43AM

Utarproshthapada Untill 10:44AM
Shiva Untill 10:30AM
Kaulava Untill 9:46AM
Shashthi* Untill 9:10PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - Clear
Magha-Thai

Sunrise: 5:54AM
Sunset: 6:46PM

Moon 1 - Phase 39 - 20
3rd Phase

Lusaka, Zambia
Sun 20 Sutra 285
Vasavasu 5:17
Moon 1 - Phase 39 - 20
3rd Phase

Devaloka Day

6 Sunday, January 25, 2026

Meena Rasi: 27.38 Tilthi 7
Creative Work Amrita Yoga
Untill 9:56AM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяыы Mokoха Ritau Makara Mase Suko Pakhe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Siddha/Sadhyha Yoga Gara/Vanjha Karana Saptamyam Titau

Gulika 3:32PM – 5:08PM
Yama 12:19PM – 1:56PM
Rahu 5:08PM – 6:45PM

Revati Untill 9:56AM
Siddha Untill 8:14AM
Gara Untill 8:29AM
Saptami Untill 7:41PM

Ganesh: Clear
Muruga: White
Nataraja: Clear
Moon - Clear
Magha-Thai

Sunrise: 5:54AM
Sunset: 6:46PM

Moon 1 - Phase 39 - 21
3rd Phase

Lusaka, Zambia
Sun 21 Sutra 286
Vasavasu 5:17
Moon 1 - Phase 39 - 21
3rd Phase

Sivaloka Day

Monday, January 26, 2026

Retreat Star
Mesha Rasi: 11.32 Tilthi 8 – 9
Family Home Evening
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяыы Mokoха Ritau Makara Mase Suko Pakhe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Subha Yoga Vist*/Balava Karana Ashtami/Navamyam Titau

Gulika 1:56PM – 3:32PM
Yama 10:43AM – 12:20PM
Rahu 7:31AM – 9:07AM

Ashvini Untill 9:02AM
Subha Untill 2:50AM Tue
Visti Untill 6:49AM
Ashtami* Untill 5:49PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - White
Magha-Thai

Sunrise: 5:55AM
Sunset: 6:46PM

Moon 1 - Phase 39 - 22
Ashtami

Lusaka, Zambia
Sun 22 Sutra 287
Vasavasu 5:17
Moon 1 - Phase 39 - 22

Devaloka Day

Tuesday, January 27, 2026

Retreat Star
Mesha Rasi: 25.4 Tilthi 9 – 10
Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяыы Mokoха Ritau Makara Mase Suko Pakhe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Sukla Yoga Kaulava/Taila Karana Navami/Dashamyam Titau

Gulika 12:20PM – 1:56PM
Yama 9:08AM – 10:44AM
Rahu 3:32PM – 5:08PM

Bharani Untill 7:39AM
Sukla Untill 11:43PM
Taila Untill 2:26AM Wed
Navami* Untill 3:38PM

Ganesh: White
Muruga: White
Nataraja: Clear
Moon - White
Magha-Thai

Sunrise: 5:55AM
Sunset: 6:46PM

Moon 1 - Phase 39 - 23
Navami

Lusaka, Zambia
Sun 23 Sutra 288
Vasavasu 5:17
Moon 1 - Phase 39 - 23
Navami

Devaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/pancham

1 Wednesday, January 28, 2026		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suku Pakshhe Budha Vesara Yuktayam Lusaka, Zambia			
		Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau Sun 24		Sutra 289	
Wishabha Rasi: 10:01	Tithi 10 – 11	Gulika 10:44AM – 12:20PM	Rohini Until 4:03AM Thu	Ganesh: Yellow	Sunrise: 5:56AM
		Yama 7:32AM – 9:08AM	Brahma Until 8:25PM	Muruga: White	Sunset: 6:49PM
		Rahu 12:20PM – 1:56PM	Vanija Until 11:51PM	Nataraja: Clear	Moon 1 - Phase: 40 - 4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:09PM	Moon – Yellow	Sivaloka Day
Until 4:03AM Thu				Magha-Thai	
Then Routine Work - Marana Yoga					

2 Thursday, January 29, 2026		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suku Pakshhe Guru Vesara Yuktayam Lusaka, Zambia			
		Mrigashira Nakshatra Indra/Vaidhri" Yoga Visi"/Bava Karana Ekadashi/Dwadashyam Titau Sun 25		Sutra 290	
Wishabha Rasi: 24.3	Tithi 11 – 12	Gulika 9:08AM – 10:44AM	Mrigashira Until 2:01AM Fri	Ganesh: Red	Sunrise: 5:56AM
		Yama 5:56AM – 7:32AM	Indra Until 4:59PM	Muruga: White	Sunset: 6:49PM
		Rahu 1:56PM – 3:32PM	Bava Until 9:07PM	Nataraja: Clear	Moon 1 - Phase: 40 - 4th Phase
Routine Work	Marana Yoga		Ekadashi Until 10:29AM	Moon – Yellow	Sivaloka Day
Until 2:01AM Fri				Magha-Thai	
Then Creative Work - Siddha Yoga					

3 Friday, January 30, 2026		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suku Pakshhe Sukra Vesara Yuktayam Lusaka, Zambia			
		Ardra Nakshatra Vaidhri"/Vishkambha" Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau Sun 26		Sutra 291	
Mithuna Rasi: 9:04	Tithi 12 – 13	Gulika 7:33AM – 9:09AM	Ardra Until 11:50PM	Ganesh: Red	Sunrise: 5:57AM
		Yama 3:32PM – 5:08PM	Vaidhri" Until 1:29PM	Muruga: White	Sunset: 6:49PM
		Rahu 10:45AM – 12:20PM	Kaulava Until 6:21PM	Nataraja: Clear	Moon 1 - Phase: 40 - 4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 7:42AM	Moon – Yellow	Sivaloka Day
				Magha-Thai	

Pradosha Vata

4 Saturday, January 31, 2026		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suku Pakshhe Manita Vesara Yuktayam Lusaka, Zambia			
		Punarvasu Nakshatra Vishkambha"/Pihli Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27		Sutra 292	
Mithuna Rasi: 23:38	Tithi 14	Gulika 5:57AM – 7:33AM	Punarvasu Until 10:04PM	Ganesh: Blue	Sunrise: 5:57AM
		Yama 1:56PM – 3:32PM	Vishkambha" Until 10:03AM	Muruga: White	Sunset: 6:49PM
		Rahu 9:09AM – 10:45AM	Gara Until 3:40PM	Nataraja: Clear	Moon 1 - Phase: 40 - 4th Phase
Creative Work	Siddha Yoga		Chaturdashi" Until 2:24AM Sun	Moon – Blue	Devaloka Day
				Magha-Thai	

○ Sunday, February 1, 2026		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suku Pakshhe Shanu Vesara Yuktayam Lusaka, Zambia			
	Copper Retreat Star	Pushya Nakshatra Pihli/Ayushman Yoga Visi"/Bava Karana Purnimayam Titau Sun 28		Sutra 293	
Kataka Rasi: 8:04	Tithi 15	Gulika 3:32PM – 5:08PM	Pushya Until 8:27PM	Ganesh: Blue	Sunrise: 5:57AM
		Yama 12:21PM – 1:56PM	Pihli Until 6:48AM	Muruga: White	Sunset: 6:49PM
		Rahu 5:08PM – 6:44PM	Visi Until 1:15PM	Nataraja: Clear	Moon 1 - Phase: 40 - Purnima
Creative Work	Siddha Yoga		Purnima" Until 12:09AM Mon	Moon – Blue	Devaloka Day
		Thai Pusam		Magha-Thai	

Monday, February 2, 2026		Viswastu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Suku Pakshhe Indu Vesara Yuktayam Lusaka, Zambia			
	Silver Retreat Star	Ashlesha" Nakshatra Saubhagya Yoga Balava/Kaulava Karana Praahmayam Titau Sun 29		Sutra 294	
Kataka Rasi: 22:16	Tithi 16	Gulika 1:57PM – 3:32PM	Ashlesha" Until 7:07PM	Ganesh: Blue	Sunrise: 5:58AM
		Yama 10:45AM – 12:21PM	Saubhagya Until 1:12AM Tue	Muruga: White	Sunset: 6:49PM
Family Home Evening		Rahu 7:33AM – 9:09AM	Balava Until 11:12AM	Nataraja: Clear	Moon 1 - Phase: 40 - Prathama
Creative Work	Siddha Yoga		Prathama" Until 10:21PM	Moon – Blue	Devaloka Day
Until 7:07PM				Magha-Thai	
Then Routine Work - Marana Yoga					

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang



Tuesday, February 3, 2026

Gold Retreat Star

		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam			Lusaka, Zambia	
		Magha* Nakshatra Sobhana Yoga Taillia/Gara Karana Dvityayam Titau			Sun 1 Sutra 295	
Simha Rasi: 6.1	Tithi 17	Gulika 12:21PM - 1:57PM	Magha* Until 6:37PM	Ganesh: Red	Sunrise: 5:58AM	Vasavasu 5:127
		Yama 9:10AM - 10:45AM	Sobhana Until 11:06PM	Muruga: White	Sunset: 6:46PM	Moon 2 - Phase 41 - 1
		Rahu 3:32PM - 5:08PM	Taillia Until 9:41AM	Nataraja: Orange		1st Phase
Creative Work	Siddha Yoga		Dvitiya Until 9:09PM	Moon - Red		Sivaloka Day
				Magha-Thai		

1

Wednesday, February 4, 2026

		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kishna Paksho Butha Vasara Yuktayam			Lusaka, Zambia	
		Purvaphalguni Nakshatra Athiganda* Yoga Vanja/Visi* Karana Tritayam Titau			Sun 2 Sutra 296	
Simha Rasi: 19.41	Tithi 18	Gulika 10:45AM - 12:21PM	Purvaphalguni Until 6:40PM	Ganesh: Red	Sunrise: 5:59AM	Vasavasu 5:127
		Yama 7:34AM - 9:10AM	Athiganda* Until 9:31PM	Muruga: White	Sunset: 6:46PM	Moon 2 - Phase 41 - 2
		Rahu 12:21PM - 1:57PM	Vanija Until 8:49AM	Nataraja: Orange		1st Phase
Creative Work	Amrita Yoga		Tritiya Until 8:38PM	Moon - Red		Sivaloka Day
				Magha-Thai		

2

Thursday, February 5, 2026

		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kishna Paksho Guru Vesara Yuktayam			Lusaka, Zambia	
		Uttaraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturtham Titau			Sun 3 Sutra 297	
Kanya Rasi: 2.49	Tithi 19	Gulika 9:10AM - 10:46AM	Uttaraphalguni Until 7:16PM	Ganesh: Red	Sunrise: 5:59AM	Vasavasu 5:127
		Yama 5:59AM - 7:35AM	Sukarna Until 8:31PM	Muruga: White	Sunset: 6:46PM	Moon 2 - Phase 41 - 3
		Rahu 1:57PM - 3:32PM	Bava Until 8:41AM	Nataraja: Orange		1st Phase
Then Routine Work - Marana Yoga		Maha Sankatahara Chaturthi	Chaturthi* Until 8:52PM	Moon - Red		Sivaloka Day
				Magha-Thai		

3

Friday, February 6, 2026

		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kishna Paksho Sukra Vasara Yuktayam			Lusaka, Zambia	
		Kaulava/ Taillia Karana Panchamam Titau			Sun 4 Sutra 298	
Kanya Rasi: 15.34	Tithi 20	Gulika 7:35AM - 9:10AM	Hasla Until 8:54PM	Ganesh: Green	Sunrise: 6:00AM	Vasavasu 5:127
		Yama 3:32PM - 5:07PM	Dhriti Until 8:07PM	Muruga: White	Sunset: 6:46PM	Moon 2 - Phase 41 - 4
		Rahu 10:46AM - 12:21PM	Kaulava Until 9:18AM	Nataraja: Orange		1st Phase
Creative Work	Amrita Yoga		Panchami Until 9:51PM	Moon - Green		Devaloka Day
Then Creative Work - Siddha Yoga				Magha-Thai		

4

Saturday, February 7, 2026

		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kishna Paksho Mantra Vasara Yuktayam			Lusaka, Zambia	
		Chitra Nakshatra Shula* Yoga Gara/Vanija Karana Shashtham Titau			Sun 5 Sutra 299	
Kanya Rasi: 28	Tithi 21	Gulika 6:00AM - 7:35AM	Chitra Until 11:00PM	Ganesh: White	Sunrise: 6:00AM	Vasavasu 5:127
		Yama 1:57PM - 3:32PM	Shula* Until 8:10PM	Muruga: White	Sunset: 6:46PM	Moon 2 - Phase 41 - 5
		Rahu 9:11AM - 10:46AM	Gara Until 10:36AM	Nataraja: Orange		1st Phase
Routine Work	Marana Yoga		Shashthi* Until 11:28PM	Moon - Green		Devaloka Day
Then Creative Work - Siddha Yoga				Magha-Thai		

5

Sunday, February 8, 2026

		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kishna Paksho Ehanu Vasara Yuktayam			Lusaka, Zambia	
		Svali Nakshatra Ganda* Yoga Visi* Bava Karana Sapthamam Titau			Sun 6 Sutra 300	
Tula Rasi: 10.11	Tithi 22	Gulika 3:32PM - 5:07PM	Svali Until 1:24AM Mon	Ganesh: White	Sunrise: 6:00AM	Vasavasu 5:127
		Yama 12:21PM - 1:57PM	Ganda* Until 8:38PM	Muruga: White	Sunset: 6:46PM	Moon 2 - Phase 41 - 6
		Rahu 5:07PM - 6:42PM	Visi Until 12:30PM	Nataraja: Orange		1st Phase
Creative Work	Siddha Yoga		Sapthami Until 1:35AM Mon	Moon - Green		Devaloka Day
Then Routine Work - Marana Yoga				Magha-Thai		

Monday, February 9, 2026

Retreat Star

		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kishna Paksho Indu Vesara Yuktayam			Lusaka, Zambia	
		Vishakha Nakshatra Viddhi Yoga Balava/Kaulava Karana Ashtamam Titau			Sun 7 Sutra 301	
Tula Rasi: 22.12	Tithi 23	Gulika 1:57PM - 3:32PM	Vishakha Until 4:25AM Tue	Ganesh: Clear	Sunrise: 6:01AM	Vasavasu 5:127
		Yama 10:46AM - 12:21PM	Viddhi Until 9:22PM	Muruga: White	Sunset: 6:46PM	Moon 2 - Phase 41 - 7
		Rahu 7:36AM - 9:11AM	Balava Until 2:47PM	Nataraja: Orange		Ashtami
Family Home Evening	Marana Yoga		Ashtami* Until 3:59AM Tue	Moon - Orange		Sivaloka Day
Then Creative Work - Siddha Yoga				Magha-Thai		

Tuesday, February 10, 2026

Retreat Star

		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam			Lusaka, Zambia	
		Anuradha Nakshatra Dhruva Yoga Taillia/Gara Karana Navamam Titau			Sun 8 Sutra 302	
Vischika Rasi: 4.07	Tithi 24	Gulika 12:21PM - 1:56PM	Anuradha Until 7:20AM Wed	Ganesh: Clear	Sunrise: 6:01AM	Vasavasu 5:127
		Yama 9:11AM - 10:46AM	Dhruva Until 10:09PM	Muruga: White	Sunset: 6:46PM	Moon 2 - Phase 41 - 8
		Rahu 3:32PM - 5:07PM	Taillia Until 5:15PM	Nataraja: Orange		Navami
Creative Work	Siddha Yoga		Navami* Until 6:28AM Wed	Moon - Orange		Sivaloka Day
				Magha-Thai		

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1

Wednesday, February 11, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Pakche Budha Vasara Yuktayam				Lusaka, Zambia
		Anuradha/Jyeshtha* Nakshatra Vyajhala* Yoga Gara/Vanija Karana Navami/Dashamam Titau				Sun 9 Sutra 303
	Gulika	10:47AM - 12:21PM	Anuradha Until 7:20AM	Ganesha: Clear	Sunrise: 6:03AM	Vasavasa 5:17
Wischika Rasi: 15.59	Yama	7:37AM - 9:12AM	Vyajhala* Until 10:55PM	Muruga: White	Sunset: 6:49PM	Moon 2 - Phase 42 - 9
	Rahu	12:21PM - 1:56PM	Vanija Until 7:42PM	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Navami* Until 6:28AM	Moon - Orange		Sivaloka Day
				Magha-Thai		

2

Thursday, February 12, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Pakche Guru Vasara Yuktayam				Lusaka, Zambia
		Jyeshtha*/Mula* Nakshatra Harshana Yoga Visil*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 304
	Gulika	9:12AM - 10:47AM	Jyeshtha* Until 9:58AM	Ganesha: Clear	Sunrise: 6:03AM	Vasavasa 5:17
Wischika Rasi: 27.55	Yama	6:02AM - 7:37AM	Harshana Until 11:32PM	Muruga: White	Sunset: 6:49PM	Moon 2 - Phase 42 - 10
	Rahu	1:56PM - 3:31PM	Bava Until 9:56PM	Nataraja: Orange		2nd Phase
Routine Work	Prabalarishta Yoga		Dashami Until 8:50AM	Moon - Orange		Sivaloka Day
Until 9:58AM				Magha-Thai		
Then Creative Work	Siddha Yoga					

3

Friday, February 13, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam				Lusaka, Zambia
		Mula*/Purvashadha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau				Sun 11 Sutra 305
	Gulika	7:37AM - 9:12AM	Mula* Until 12:39PM	Ganesha: Purple	Sunrise: 6:03AM	Vasavasa 5:17
Dhanus Rasi: 9.58	Yama	3:31PM - 5:05PM	Vajra* Until 11:49PM	Muruga: White	Sunset: 6:49PM	Moon 2 - Phase 42 - 11
	Rahu	10:47AM - 12:21PM	Kaulava Until 11:47PM	Nataraja: Orange		2nd Phase
Creative Work	Amrita Yoga		Ekadashi* Until 10:54AM	Moon - Light Blue		Devaloka Day
Until 12:39PM				Magha-Masi		
Then Routine Work	Prabalarishta Yoga					

4

Saturday, February 14, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Manta Vasara Yuktayam				Lusaka, Zambia
		Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Talita/Gara Karana Dwadashi/Trayodashyam Titau				Sun 12 Sutra 306
	Gulika	6:03AM - 7:38AM	Purvashadha* Until 2:43PM	Ganesha: Clear	Sunrise: 6:03AM	Vasavasa 5:17
Dhanus Rasi: 22.1	Yama	1:56PM - 3:31PM	Siddhi Until 11:45PM	Muruga: White	Sunset: 6:49PM	Moon 2 - Phase 42 - 12
	Rahu	9:12AM - 10:47AM	Gara Until 1:08AM Sun	Nataraja: Orange		2nd Phase
Creative Work	Siddha Yoga		Dwadashi* Until 12:30PM	Moon - Light Blue		Sivaloka Day
Until 2:43PM				Magha-Masi		
Then Routine Work	Marana Yoga					

5

Sunday, February 15, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Shru Vasara Yuktayam				Lusaka, Zambia
		Uttarashadha/Shravana Nakshatra Vyajhala* Yoga Vanija/Visil* Karana Trayodashi/Chaturdashyam Titau				Sun 13 Sutra 307
	Gulika	3:31PM - 5:05PM	Uttarashadha Until 4:08PM	Ganesha: Clear	Sunrise: 6:03AM	Vasavasa 5:17
Makara Rasi: 4.35	Yama	12:21PM - 1:56PM	Vyajhala* Until 11:16PM	Muruga: White	Sunset: 6:49PM	Moon 2 - Phase 42 - 13
	Rahu	5:05PM - 6:40PM	Visil Until 1:56AM Mon	Nataraja: Orange		2nd Phase
Creative Work	Amrita Yoga		Trayodashi* Until 1:35PM	Moon - Light Blue		Sivaloka Day
				Magha-Masi		

●

Monday, February 16, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam				Lusaka, Zambia
		Shravana/Dhanishtha Nakshatra Varjyan Yoga Sakun*/Kintughna* Karana Chaturdashi/Amavasyam Titau				Sun 14 Sutra 308
	Gulika	1:56PM - 3:30PM	Shravana Until 5:18PM	Ganesha: Orange	Sunrise: 6:04AM	Vasavasa 5:17
Makara Rasi: 17.16	Yama	10:47AM - 12:21PM	Varjyan Until 10:19PM	Muruga: White	Sunset: 6:39PM	Moon 2 - Phase 42 - 14
	Rahu	7:38AM - 9:13AM	Caluspada Until 2:09AM Tue	Nataraja: Orange		Amavasya
Family Home Evening	Amrita Yoga		Chaturdashi* Until 2:06PM	Moon - Purple		Sivaloka Day
Until 5:18PM				Magha-Masi		
Creative Work	Siddha Yoga					
Until 5:18PM						
Then Creative Work	Siddha Yoga					

Tuesday, February 17, 2026

		Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Pakche Mangala Vasara Yuktayam				Lusaka, Zambia
		Dhanishtha/Shobhishtha Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamam Titau				Sun 15 Sutra 309
	Gulika	12:21PM - 1:56PM	Dhanishtha Until 5:46PM	Ganesha: Orange	Sunrise: 6:04AM	Vasavasa 5:17
Kumbha Rasi: 0.13	Yama	9:13AM - 10:47AM	Parigha* Until 8:58PM	Muruga: White	Sunset: 6:39PM	Moon 2 - Phase 42 - 15
	Rahu	3:30PM - 5:04PM	Kintughna Until 1:50AM Wed	Nataraja: Orange		Prathama
Creative Work	Siddha Yoga		Amavasya* Until 2:02PM	Moon - Purple		Sivaloka Day
Until 5:46PM				Phalgun-Masi		
Then Routine Work	Marana Yoga					

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1	Wednesday, February 18, 2026		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Budha Vasa Yuktayam Shatabhishak/Puravroshthapada/ Nakshatra Shiva Yoga Bava/Balava Karana Prathamam/Dvityayam Tilau			Lusaka, Zambia Sun 16	Sutra 310 Viswasu 5127
	Kumbha Rasi: 13.25	Tilthi 1 – 2	Gulika 10:47AM – 12:21PM Yama 7:39AM – 9:13AM 997548577 Rahu 12:21PM – 1:56PM	Shatabhishak Untill 5:36PM Shiva Untill 7:14PM Balava Untill 1:02AM Thu Prathama* Untill 1:28PM	Ganesh: Orange Muruga: White Nataraja: Orange Moon – Purple Phalgunam-Masi	Sunrise: 6:04AM Sunset: 6:38PM	Moon 2 - Phase 43 - 16 3rd Phase
Creative Work Siddha Yoga Untill 5:36PM Then Creative Work - Amrita Yoga			Sivaloka Day				

2	Thursday, February 19, 2026		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Guru Visara Yuktayam Puravproshthapada/Ultravroshthapada Nakshatra Siddha Yoga Kaulava/Taila Karana Dvityayam/Tritayam Tilau			Lusaka, Zambia Sun 17	Sutra 311 Viswasu 5127
	Kumbha Rasi: 26.53	Tilthi 2 – 3	Gulika 9:13AM – 10:47AM Yama 6:05AM – 7:39AM 917548577 Rahu 1:55PM – 3:29PM	Puravproshthapada* Untill 5:19PM Siddha Untill 5:09PM Taila Untill 11:50PM Dvitiya Untill 12:28PM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sunrise: 6:05AM Sunset: 6:38PM	Moon 2 - Phase 43 - 17 3rd Phase
Creative Work Siddha Yoga			Subha Sivaloka Day				

3	Friday, February 20, 2026		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Sukra Visara Yuktayam Ultravroshthapada/Revati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Tritiya/Chaturtham Tilau			Lusaka, Zambia Sun 18	Sutra 312 Viswasu 5127
	Meena Rasi: 10.35	Tilthi 3 – 4	Gulika 7:39AM – 9:13AM Yama 3:29PM – 5:03PM 917548577 Rahu 10:47AM – 12:21PM	Ultravroshthapada Untill 4:33PM Sadhya Untill 2:49PM Vanija Untill 10:20PM Tritiya Untill 11:06AM	Ganesh: Green Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sunrise: 6:05AM Sunset: 6:37PM	Moon 2 - Phase 43 - 18 3rd Phase
Creative Work Siddha Yoga			Subha Sivaloka Day				

4	Saturday, February 21, 2026		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Mania Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Visi/Bava Karana Chaturthi/Panchamam Tilau			Lusaka, Zambia Sun 19	Sutra 313 Viswasu 5127
	Meena Rasi: 24.26	Tilthi 4 – 5	Gulika 6:05AM – 7:39AM Yama 1:55PM – 3:29PM 918548577 Rahu 9:13AM – 10:47AM	Revati Untill 3:24PM Subha Untill 12:17PM Bava Untill 8:35PM Chaturthi* Untill 9:27AM	Ganesh: Red Muruga: White Nataraja: Orange Moon – Clear Phalgunam-Masi	Sunrise: 6:05AM Sunset: 6:37PM	Moon 2 - Phase 43 - 19 3rd Phase
Routine Work Prabalashita Yoga Untill 3:24PM Then Creative Work - Siddha Yoga			Sivaloka Day				

5	Sunday, February 22, 2026		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashtham Tilau			Lusaka, Zambia Sun 20	Sutra 314 Viswasu 5127
	Mesha Rasi: 8.26	Tilthi 5 – 6	Gulika 3:29PM – 5:02PM Yama 12:21PM – 1:55PM 928548577 Rahu 5:02PM – 6:36PM	Ashvini Untill 2:21PM Sukla Untill 9:34AM Kaulava Untill 6:39PM Panchami Untill 7:37AM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sunrise: 6:06AM Sunset: 6:36PM	Moon 2 - Phase 43 - 20 3rd Phase
Creative Work Siddha Yoga Untill 2:21PM Then Routine Work - Prabalashita Yoga			Devaloka Day				

6	Monday, February 23, 2026		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Rohini/Krittika Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Sapthamam Tilau			Lusaka, Zambia Sun 21	Sutra 315 Viswasu 5127
	Mesha Rasi: 22.31	Tilthi 7	Gulika 1:55PM – 3:28PM Yama 10:47AM – 12:21PM 928548577 Rahu 7:40AM – 9:13AM	Bharani Untill 1:01PM Brahma Untill 6:45AM Gara Untill 4:37PM Sapthami Untill 3:33AM Tue	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sunrise: 6:06AM Sunset: 6:36PM	Moon 2 - Phase 43 - 21 3rd Phase
Family Home Evening Creative Work Siddha Yoga Untill 1:01PM Then Routine Work - Marana Yoga			Devaloka Day				

D	Tuesday, February 24, 2026		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Visi/Bava Karana Ashtamam Tilau			Lusaka, Zambia Sun 22	Sutra 316 Viswasu 5127
	Wishabha Rasi: 6.4	Tilthi 8	Gulika 12:21PM – 1:54PM Yama 9:13AM – 10:47AM 928548577 Rahu 3:28PM – 5:02PM	Krittika Untill 11:29AM Vaidhriti* Untill 12:57AM Wed Visi Untill 2:31PM Ashtami* Untill 1:25AM Wed	Ganesh: Blue Muruga: White Nataraja: Orange Moon – White Phalgunam-Masi	Sunrise: 6:06AM Sunset: 6:35PM	Moon 2 - Phase 43 - 22 Ashtami
Creative Work Siddha Yoga Untill 11:29AM Then Creative Work - Amrita Yoga			Devaloka Day				

W	Wednesday, February 25, 2026		Viswasa Nama Samvatsara Uтарыаге Mоksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamam Tilau			Lusaka, Zambia Sun 23	Sutra 317 Viswasu 5127
	Wishabha Rasi: 20.5	Tilthi 9	Gulika 10:47AM – 12:21PM Yama 7:40AM – 9:14AM 938648577 Rahu 12:21PM – 1:54PM	Rohini Untill 10:12AM Vishkambha* Untill 10:02PM Balava Untill 12:22PM Navam* Untill 11:17PM	Ganesh: Blue Muruga: White Nataraja: Orange Moon – Yellow Phalgunam-Masi	Sunrise: 6:06AM Sunset: 6:35PM	Moon 2 - Phase 43 - 23 Navami
Creative Work Siddha Yoga			Subha Sivaloka Day				

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Thursday, February 26, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam				Lusaka, Zambia
Mithuna Rasi: 5.01 Tithi 10		Gulika 9:14AM - 10:47AM	Mrigashira Until 8:46AM	Ganesh: Blue	Sunrise: 6:07AM	Sutra 318
Routine Work Marana Yoga		Yama 6:07AM - 7:40AM	Prithi Until 7:08PM	Muruga: White	Sunset: 6:34PM	Vasvasu 5127
		938648577 Rahu 1:54PM - 3:27PM	Taitilla Until 10:15AM	Nataraja: Orange		Moon 2 - Phase 44 - 24
			Dashami Until 9:11PM	Moon - Yellow		4th Phase
				Phalgun-Masi		Subha Sivaloka Day

2 Friday, February 27, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vasara Yuktayam				Lusaka, Zambia
Mithuna Rasi: 19.1 Tithi 11		Gulika 7:40AM - 9:14AM	Ardra Until 7:16AM	Ganesh: Yellow	Sunrise: 6:07AM	Sutra 319
Creative Work Siddha Yoga		Yama 3:27PM - 5:00PM	Ayushman Until 4:17PM	Muruga: White	Sunset: 6:33PM	Vasvasu 5127
		939648577 Rahu 10:47AM - 12:20PM	Vanija Until 8:10AM	Nataraja: Orange		Moon 2 - Phase 44 - 25
			Ekadashi Until 7:10PM	Moon - Yellow		4th Phase
				Phalgun-Masi		Sivaloka Day

3 Saturday, February 28, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mania Vasara Yuktayam				Lusaka, Zambia
Kalka Rasi: 3.14 Tithi 12 - 13		Gulika 6:07AM - 7:40AM	Punarvasu Until 6:09AM	Ganesh: White	Sunrise: 6:07AM	Sutra 320
Creative Work Siddha Yoga		Yama 1:53PM - 3:26PM	Saubhagya Until 1:35PM	Muruga: White	Sunset: 6:33PM	Vasvasu 5127
		949648577 Rahu 9:14AM - 10:47AM	Bava Until 6:14AM	Nataraja: Orange		Moon 2 - Phase 44 - 26
			Dwadashi Until 5:19PM	Moon - Blue		4th Phase
				Phalgun-Masi		Devaloka Day

Pradosha Vata

4 Sunday, March 1, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bharu Vasara Yuktayam				Lusaka, Zambia
Kalka Rasi: 17.1 Tithi 13 - 14		Gulika 3:26PM - 4:59PM	Ashlesha* Until 4:13AM Mon	Ganesh: White	Sunrise: 6:08AM	Sutra 321
Creative Work Siddha Yoga		Yama 12:20PM - 1:53PM	Sobhana Until 11:04AM	Muruga: White	Sunset: 6:33PM	Vasvasu 5127
Until 4:13AM Mon		949648577 Rahu 4:59PM - 6:32PM	Gara Until 3:03AM Mon	Nataraja: Orange		Moon 2 - Phase 44 - 27
Then Routine Work - Marana Yoga			Trayodashi Until 3:42PM	Moon - Blue		4th Phase
				Phalgun-Masi		Devaloka Day

Monday, March 2, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam				Lusaka, Zambia
Copper Retreat Star		Gulika 1:52PM - 3:25PM	Magha* Until 4:00AM Tue	Ganesh: Clear	Sunrise: 6:08AM	Sutra 322
Simha Rasi: 0.55 Tithi 14 - 15		Yama 10:47AM - 12:19PM	Alhiganda* Until 8:48AM	Muruga: White	Sunset: 6:31PM	Vasvasu 5127
Family Home Evening		959648577 Rahu 7:41AM - 9:14AM	Visiti Until 1:59AM Tue	Nataraja: Orange		Moon 2 - Phase 44 - 28
Routine Work Marana Yoga			Chaturdashi* Until 2:27PM	Moon - Red		Purnima
Until 4:00AM Tue		Chidambaram Abhishekam		Phalgun-Masi		Sivaloka Day
Then Creative Work - Siddha Yoga		Holi				

Tuesday, March 3, 2026		Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yuktayam				Lusaka, Zambia
Silver Retreat Star		Gulika 12:19PM - 1:52PM	Purvaphalguni Until 4:06AM Wed	Ganesh: Clear	Sunrise: 6:08AM	Sutra 323
Simha Rasi: 14.26 Tithi 15 - 16		Yama 9:14AM - 10:47AM	Sukarma Until 6:52AM	Muruga: White	Sunset: 6:30PM	Vasvasu 5127
Creative Work Siddha Yoga		959648577 Rahu 3:25PM - 4:58PM	Balava Until 1:25AM Wed	Nataraja: Orange		Moon 2 - Phase 44 - 29
Until 4:06AM Wed			Purnima* Until 1:37PM	Moon - Red		Prathama
Then Creative Work - Amrita Yoga				Phalgun-Masi		Sivaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudev.org/panchang



Wednesday, March 4, 2026

Gold Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Shula* Yoga Kaulava/Tailita Karana Prathamah/Dvityayam Titau

Lusaka, Zambia
Sutra 324

Simha Rasi: 27.41	Tithi 16 - 17	Gulika 10:46AM - 12:19PM	Uttaraphalguni Until 4:36AM Thu Shula* Until 4:12AM Thu Tailita Until 1:23AM Thu	Ganesh: Clear Muruga: White Nataraja: Orange Moon - Red	Sunrise: 6:08AM Sunset: 6:20PM	Vasava: 5:17Z Moon 3 - Phase 45 - 1st Phase
Creative Work	Amrita Yoga	959648577	Rahu 12:19PM - 1:52PM	Prathama* Until 1:18PM		Sivaloka Day
Until 4:36AM Thu						
Then Routine Work	Marana Yoga					

1

Thursday, March 5, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
Chitra Nakshatra Ganda* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Lusaka, Zambia
Sutra 325

Kanya Rasi: 10.39	Tithi 17 - 18	Gulika 9:14AM - 10:46AM	Hasla Until 5:59AM Fri Ganda* Until 3:33AM Fri Vanija Until 1:56AM Fri	Ganesh: White Muruga: White Nataraja: Orange Moon - Green	Sunrise: 6:09AM Sunset: 6:20PM	Vasava: 5:17Z Moon 3 - Phase 45 - 1st Phase
Creative Work	Marana Yoga	169648577	Rahu 1:51PM - 3:24PM	Dvitiya Until 1:34PM		Devaloka Day
Until 5:59AM Fri						
Then Creative Work	Siddha Yoga					

2

Friday, March 6, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Sukra Vasara Yuktayam
Chitra Nakshatra Viddhi Yoga Visi* Bava Karana Tritiya/Chaturthiyam Titau

Lusaka, Zambia
Sutra 326

Kanya Rasi: 23.2	Tithi 18 - 19	Gulika 7:41AM - 9:14AM	Chitra Until 7:46AM Sat Viddhi Until 3:22AM Sat Bava Until 3:05AM Sat	Ganesh: White Muruga: White Nataraja: Orange Moon - Green	Sunrise: 6:09AM Sunset: 6:20PM	Vasava: 5:17Z Moon 3 - Phase 45 - 2 1st Phase
Creative Work	Siddha Yoga	169648577	Rahu 10:46AM - 12:19PM	Tritiya Until 2:25PM		Devaloka Day

3

Saturday, March 7, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Marta Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia
Sutra 327

Tula Rasi: 5.45	Tithi 19 - 20	Gulika 6:09AM - 7:41AM	Chitra Until 7:46AM Dhruva Until 3:33AM Sun Kaulava Until 4:45AM Sun	Ganesh: Purple Muruga: Clear Nataraja: Orange Moon - Green	Sunrise: 6:09AM Sunset: 6:20PM	Vasava: 5:17Z Moon 3 - Phase 45 - 3 1st Phase
Creative Work	Marana Yoga	161658577	Rahu 9:14AM - 10:46AM	Chaturthi* Until 3:50PM		Bhuloka Day Devaloka Time: 3PM to 6PM
Until 7:46AM						
Then Creative Work	Siddha Yoga					

4

Sunday, March 8, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Bhanu Vasara Yuktayam
Svali/Vishakha Nakshatra Vyaghata* Yoga Tailita/Gara Karana Panchami/Shashthiyam Titau

Lusaka, Zambia
Sutra 328

Tula Rasi: 17.57	Tithi 20 - 21	Gulika 3:23PM - 4:55PM	Svali Until 9:52AM Vyaghata* Until 4:04AM Mon Gara Until 6:50AM Mon	Ganesh: Purple Muruga: Clear Nataraja: Orange Moon - Green	Sunrise: 6:09AM Sunset: 6:20PM	Vasava: 5:17Z Moon 3 - Phase 45 - 4 1st Phase
Creative Work	Siddha Yoga	161658577	Rahu 4:55PM - 6:27PM	Panchami Until 5:44PM		Bhuloka Day Devaloka Time: 3PM to 6PM
Until 9:52AM						
Then Routine Work	Marana Yoga					

5

Monday, March 9, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana Yoga Gara/Vanija Karana Shashthiyam Titau

Lusaka, Zambia
Sutra 329

Tula Rasi: 29.59	Tithi 21	Gulika 1:50PM - 3:22PM	Vishakha Until 12:41PM Harshana Until 4:49AM Tue Gara Until 6:50AM	Ganesh: Clear Muruga: Clear Nataraja: Orange Moon - Orange	Sunrise: 6:09AM Sunset: 6:20PM	Vasava: 5:17Z Moon 3 - Phase 45 - 5 1st Phase
Family Home Evening		171658577	Rahu 7:42AM - 9:14AM	Shashthi* Until 7:58PM		Devaloka Day
Until 12:41PM						
Then Creative Work	Siddha Yoga					

6

Tuesday, March 10, 2026

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Mangala Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra* Yoga Visi* Bava Karana Saptamyam Titau

Lusaka, Zambia
Sutra 330

Wischika Rasi: 11.56	Tithi 22	Gulika 12:18PM - 1:50PM	Anuradha Until 3:32PM Vajra* Until 5:37AM Wed Visi Until 9:11AM	Ganesh: Clear Muruga: Clear Nataraja: Orange Moon - Orange	Sunrise: 6:10AM Sunset: 6:20PM	Vasava: 5:17Z Moon 3 - Phase 45 - 6 1st Phase
Creative Work	Siddha Yoga	171658577	Rahu 3:22PM - 4:54PM	Saptami Until 10:23PM		Devaloka Day
Until 3:32PM						
Then Routine Work	Marana Yoga					

Wednesday, March 11, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Budha Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia
Sutra 331

Wischika Rasi: 23.49	Tithi 23	Gulika 10:45AM - 12:17PM	Jyeshtha* Until 6:15PM Siddhi Until 6:22AM Thu Balava Until 11:37AM	Ganesh: Clear Muruga: White Nataraja: Light Blue Moon - Orange	Sunrise: 6:10AM Sunset: 6:20PM	Vasava: 5:17Z Moon 3 - Phase 45 - 7 Ashtami
Creative Work	Siddha Yoga	171658677	Rahu 12:17PM - 1:49PM	Ashlami* Until 12:46AM Thu		Bhuloka Day Devaloka Time: 6AM to 9AM
Until 6:15PM						
Then Routine Work	Marana Yoga					

Thursday, March 12, 2026

Retreat Star

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksho Guru Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyalyapala* Yoga Tailita/Gara Karana Navamyam Titau

Lusaka, Zambia
Sutra 332

Dhanu Rasi: 5.45	Tithi 24	Gulika 9:14AM - 10:45AM	Mula* Until 9:08PM Siddhi Until 6:22AM Tailita Until 1:55PM	Ganesh: White Muruga: White Nataraja: Light Blue Moon - Light Blue	Sunrise: 6:10AM Sunset: 6:20PM	Vasava: 5:17Z Moon 3 - Phase 45 - 8 Navami
Creative Work	Siddha Yoga	181658677	Rahu 1:49PM - 3:21PM	Navami* Until 2:56AM Fri		Bhuloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Friday, March 13, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam Lusaka, Zambia Purnvashada* Nakshatra Vysjipata* Nariyan Yoga Varjha/Visi* Karana Dashamyam Titau Sun 9 Sutra 333			
Dhanus Rasi: 17.47	Tithi 25	Gulika 7:42AM - 9:13AM	Purvashada* Until 11:29PM	Ganesh: White Sunrise: 6:10AM	Vasavasu 5:127
		Yama 3:20PM - 4:52PM	Vyjalpata* Until 6:56AM	Muruga: White Sunset: 6:24PM	Moon 3 - Phase 46 - 9
		Rahu 10:45AM - 12:17PM	Varjha Until 3:53PM	Nataraja: Light Blue	2nd Phase
Routine Work Prabalaritha Yoga			Dashami Until 4:39AM Sat	Moon - Light Blue	
Until 11:29PM				Phalguna-Masi	Bhuloka Day
Then Routine Work - Marana Yoga					
2 Saturday, March 14, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Mania Vasara Yuktayam Lusaka, Zambia Uttarashada* Nakshatra Varjhan/Parigaha* Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 334			
Dhanus Rasi: 29.59	Tithi 26	Gulika 6:10AM - 7:42AM	Uttarashada Until 1:08AM Sun	Ganesh: White Sunrise: 6:10AM	Moon 10 Vasavasu 5:127
		Yama 1:48PM - 3:20PM	Varjhan Until 7:08AM	Muruga: White Sunset: 6:23PM	Moon 3 - Phase 46 - 10
		Rahu 9:13AM - 10:45AM	Bava Until 5:19PM	Nataraja: Light Blue	2nd Phase
Routine Work Marana Yoga			Ekadashi* Until 5:47AM Sun	Moon - Light Blue	
Until 1:08AM Sun		Karadayam Nombu (Tamil Nadu)		Phalguna-Panguni	Bhuloka Day
Then Creative Work - Amrita Yoga					
3 Sunday, March 15, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Bharu Vasara Yuktayam Lusaka, Zambia Shravana Nakshatra Parigaha* Shiva Yoga Kaulava Karana Dvadashyam Titau Sun 11 Sutra 335			
Makara Rasi: 12.28	Tithi 27	Gulika 3:19PM - 4:51PM	Shravana Until 2:27AM Mon	Ganesh: Yellow Sunrise: 6:10AM	Vasavasu 5:127
		Yama 12:16PM - 1:48PM	Parigaha* Until 6:53AM	Muruga: White Sunset: 6:23PM	Moon 3 - Phase 46 - 11
		Rahu 4:51PM - 6:22PM	Kaulava Until 6:07PM	Nataraja: Purple	2nd Phase
Creative Work Amrita Yoga			Dvadashi* Until 6:14AM Mon	Moon - Purple	
Until 2:27AM Mon				Phalguna-Panguni	Bhuloka Day
Then Creative Work - Siddha Yoga					Devakota Time: 6AM to 9AM
4 Monday, March 16, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Indu Vasara Yuktayam Lusaka, Zambia Dhanishtha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau Sun 12 Sutra 336			
Makara Rasi: 25.14	Tithi 27 - 28	Gulika 1:47PM - 3:19PM	Dhanishtha Until 2:54AM Tue	Ganesh: Yellow Sunrise: 6:11AM	Vasavasu 5:127
Family Home Evening		Yama 10:45AM - 12:16PM	Shiva Until 6:07AM	Muruga: White Sunset: 6:21PM	Moon 3 - Phase 46 - 12
		Rahu 7:42AM - 9:13AM	Gara Until 6:12PM	Nataraja: Purple	2nd Phase
Creative Work Siddha Yoga			Dvadashi* Until 6:14AM	Moon - Purple	
Until 2:54AM Tue				Phalguna-Panguni	Bhuloka Day
Then Routine Work - Marana Yoga					Devakota Time: 6AM to 9AM
<i>Pradosha Vata (Fasting)</i>					
5 Tuesday, March 17, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Mangala Vasara Yuktayam Lusaka, Zambia Shalabhishak Nakshatra Sadhya Yoga Visti/Sakuni* Karana Chaturdashyam Titau Sun 13 Sutra 337			
Kumbha Rasi: 8.23	Tithi 29	Gulika 12:16PM - 1:47PM	Shalabhishak Until 2:31AM Wed	Ganesh: Yellow Sunrise: 6:11AM	Vasavasu 5:127
		Yama 9:13AM - 10:44AM	Sadya Until 2:52AM Wed	Muruga: White Sunset: 6:21PM	Moon 3 - Phase 46 - 13
		Rahu 3:18PM - 4:50PM	Visti Until 5:33PM	Nataraja: Purple	2nd Phase
Routine Work Marana Yoga			Chaturdashi* Until 4:58AM Wed	Moon - Purple	
Until 2:31AM Wed				Phalguna-Panguni	Bhuloka Day
Then Creative Work - Amrita Yoga					Devakota Time: 6AM to 9AM
Wednesday, March 18, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakche Badha Vasara Yuktayam Lusaka, Zambia Retreat Star Purvaprosarthpada* Nakshatra Subha Yoga Calspada* Naga* Karana Amavasyayam Titau Sun 14 Sutra 338			
Kumbha Rasi: 21.53	Tithi 30	Gulika 10:44AM - 12:15PM	Purvaprosarthpada* Until 1:51AM Thu	Ganesh: Red Sunrise: 6:11AM	Vasavasu 5:127
		Yama 7:42AM - 9:13AM	Subha Until 12:31AM Thu	Muruga: White Sunset: 6:20PM	Moon 3 - Phase 46 - 14
		Rahu 12:15PM - 1:47PM	Calspada Until 4:17PM	Nataraja: Purple	Amavasya
Creative Work Amrita Yoga			Amavasya* Until 3:24AM Thu	Moon - Clear	
Until 1:51AM Thu				Phalguna-Panguni	Bhuloka Day
Then Creative Work - Siddha Yoga					Devakota Time: 9AM to 12PM
Thursday, March 19, 2026		Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakche Guru Vasara Yuktayam Lusaka, Zambia Retreat Star Uttaraprosarthpada Nakshatra Sukla Yoga Kintughna/Bava Karana Prathamayam Titau Sun 15 Sutra 339			
Meena Rasi: 5.44	Tithi 1	Gulika 9:13AM - 10:44AM	Uttaraprosarthpada Until 12:33AM Fri	Ganesh: Red Sunrise: 6:11AM	Vasavasu 5:127
		Yama 6:11AM - 7:42AM	Sukla Until 9:44PM	Muruga: White Sunset: 6:19PM	Moon 3 - Phase 46 - 15
		Rahu 1:46PM - 3:17PM	Kintughna Until 2:27PM	Nataraja: Purple	Prathama
Creative Work Siddha Yoga			Prathama* Until 1:22AM Fri	Moon - Clear	
		Yugadi		Chaitra-Panguni	Bhuloka Day
					Devakota Time: 9AM to 12PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Friday, March 20, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Sukra Vasara Yuktayam				Lusaka, Zambia
Revati Nakshatra Brahma Yoga Balava/Kaulava Karana Dvityayam Tilau		Sun 16 Sutra 340				
Mesha Rasi: 19.53	Tilhi 2	Gulika 7:42AM – 9:13AM	Revati Until 10:46PM	Ganesh: Red	Sunrise: 6:17AM	Vasavasu 5:17
		Yama 3:17PM – 4:48PM	Brahma Until 6:41PM	Muruga: White	Sunset: 6:19PM	Moon 3 - Phase 47 - 16
Creative Work Siddha Yoga		122658678 Rahu 10:44AM – 12:15PM	Balava Until 12:14PM	Nataraja: Purple		3rd Phase
Until 10:46PM			Dvitiya Until 10:59PM	Moon – Clear		
Then Creative Work - Amrita Yoga				Chaitra-Panguni		Bhuloka Day
						Devaloka Time: 9AM to 12PM

2 Saturday, March 21, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Manu Vasara Yuktayam				Lusaka, Zambia
Ashvini Nakshatra Andra/Vaidhiti* Yoga Talila/Gara Karana Trityayam Tilau		Sun 17 Sutra 341				
Mesha Rasi: 4.14	Tilhi 3	Gulika 6:11AM – 7:42AM	Ashvini Until 9:04PM	Ganesh: Yellow	Sunrise: 6:17AM	Vasavasu 5:17
		Yama 1:45PM – 3:16PM	Indra Until 3:27PM	Muruga: White	Sunset: 6:19PM	Moon 3 - Phase 47 - 17
Creative Work Siddha Yoga		122658678 Rahu 9:13AM – 10:44AM	Talila Until 9:44AM	Nataraja: Purple		3rd Phase
			Tritiya Until 8:24PM	Moon – White		
		Chellappaswami Mahasamadh		Chaitra-Panguni		Bhuloka Day
						Devaloka Time: 9AM to 12PM

3 Sunday, March 22, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Bhanu Vasara Yuktayam				Lusaka, Zambia
Kritika/Rohini Nakshatra Vishkambha* Pithi Yoga Balava/Kaulava Karana Panchami/Shasthiyam Tilau		Sun 18 Sutra 342				
Mesha Rasi: 18.43	Tilhi 4 – 5	Gulika 3:16PM – 4:46PM	Bharani Until 7:09PM	Ganesh: Blue	Sunrise: 6:17AM	Vasavasu 5:17
		Yama 12:14PM – 1:45PM	Vaidhiti* Until 12:07PM	Muruga: White	Sunset: 6:19PM	Moon 3 - Phase 47 - 18
Routine Work Prabalarishta Yoga		122758678 Rahu 4:46PM – 6:17PM	Vanija Until 7:06AM	Nataraja: Purple		3rd Phase
Until 7:09PM			Chaturthi Until 5:45PM	Moon – White		
Then Creative Work - Siddha Yoga				Chaitra-Panguni		Bhuloka Day

4 Monday, March 23, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Indu Vasara Yuktayam				Lusaka, Zambia
Kritika/Rohini Nakshatra Vishkambha* Pithi Yoga Balava/Kaulava Karana Panchami/Shasthiyam Tilau		Sun 19 Sutra 343				
Wishabha Rasi: 3.11	Tilhi 5 – 6	Gulika 1:45PM – 3:15PM	Kritika Until 5:09PM	Ganesh: Blue	Sunrise: 6:12AM	Vasavasu 5:17
Family Home Evening		Yama 10:43AM – 12:14PM	Vishkambha* Until 8:49AM	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 47 - 19
Routine Work Marana Yoga		122758678 Rahu 7:42AM – 9:13AM	Kaulava Until 1:53AM Tue	Nataraja: Purple		3rd Phase
Until 5:09PM			Panchami Until 3:08PM	Moon – White		
Then Creative Work - Amrita Yoga				Chaitra-Panguni		Bhuloka Day

5 Tuesday, March 24, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Mangala Vasara Yuktayam				Lusaka, Zambia
Rohini Nakshatra Ayushman Yoga Talila/Gara Karana Shashthi/Saptamam Tilau		Sun 20 Sutra 344				
Wishabha Rasi: 17.36	Tilhi 6 – 7	Gulika 12:14PM – 1:44PM	Rohini Until 3:35PM	Ganesh: Yellow	Sunrise: 6:12AM	Vasavasu 5:17
		Yama 9:13AM – 10:43AM	Ayushman Until 2:32AM Wed	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 47 - 20
Creative Work Amrita Yoga		132758678 Rahu 3:15PM – 4:45PM	Gara Until 11:31PM	Nataraja: Purple		3rd Phase
Until 3:35PM			Shashthi Until 12:39PM	Moon – Yellow		
Then Creative Work - Siddha Yoga				Chaitra-Panguni		Bhuloka Day
						Devaloka Time: 6AM to 9AM

Wednesday, March 25, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Budha Vasara Yuktayam				Lusaka, Zambia
Retreat Star		Migashira/Andra Nakshatra Saubhagya Yoga Vanija/Visiti* Karana Saptami/Ashthamam Tilau				Sun 21 Sutra 345
Mithuna Rasi: 1.53	Tilhi 7 – 8	Gulika 10:43AM – 12:13PM	Mrigashira Until 2:05PM	Ganesh: Yellow	Sunrise: 6:12AM	Vasavasu 5:17
		Yama 7:42AM – 9:13AM	Saubhagya Until 11:41PM	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 47 - 21
Creative Work Siddha Yoga		132758678 Rahu 12:13PM – 1:44PM	Visiti Until 9:23PM	Nataraja: Purple		Ashtami
			Saptami Until 10:23AM	Moon – Yellow		
				Chaitra-Panguni		Bhuloka Day
						Devaloka Time: 6AM to 9AM

Thursday, March 26, 2026		Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Guru Vasara Yuktayam				Lusaka, Zambia
Retreat Star		Andra/Punarasu Nakshatra Sobhana Yoga Bava/Baleva Karana Ashtami/Navamam Tilau				Sun 22 Sutra 346
Mithuna Rasi: 15.59	Tilhi 8 – 9	Gulika 9:13AM – 10:43AM	Andra Until 12:44PM	Ganesh: Yellow	Sunrise: 6:12AM	Vasavasu 5:17
		Yama 6:12AM – 7:42AM	Sobhana Until 9:05PM	Muruga: White	Sunset: 6:16PM	Moon 3 - Phase 47 - 22
Routine Work Marana Yoga		132758678 Rahu 1:43PM – 3:14PM	Balava Until 7:32PM	Nataraja: Purple		Navami
Until 12:44PM			Ashtami Until 8:24AM	Moon – Yellow		
Then Creative Work - Amrita Yoga		Sri Rama Navami		Chaitra-Panguni		Bhuloka Day
						Devaloka Time: 6AM to 9AM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Friday, March 27, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Сукіа Пакше Сукра Вєсарє Yuktayam Lusaka, Zambia Panaravasu/Pushya Nakshatra Añhiganda* Yoga Kauḷava/Taitila Karana Navami/Dishamyam Titau Sun 23 Sutra 347			
Mithuna Rasi: 29.53	Tithi 9 – 10	Gulika 7:42AM – 9:12AM Yama 3:13PM – 4:43PM Rahu 10:43AM – 12:13PM	Punarvasu Until 11:58AM Añhiganda* Until 6:43PM Taitila Until 6:01PM Navami* Until 6:43AM	Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Chalra-Panguni	Sunrise: 6:12AM Sunset: 6:18PM Moon 3 - Phase 48 - 23 4th Phase
Creative Work	Siddha Yoga				Bhuloka Day
Until 11:58AM					
Then Routine Work - Marana Yoga					

2 Saturday, March 28, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Сукіа Пакше Марта Вєсарє Yuktayam Lusaka, Zambia Pushya/Ashlesha* Nakshatra Sukarma/Dhriti* Yoga Vanja/Visi* Karana Ekadashyam Titau Sun 24 Sutra 348			
Kalka Rasi: 14	Tithi 11	Gulika 6:12AM – 7:42AM Yama 1:43PM – 3:13PM Rahu 9:12AM – 10:42AM	Pushya Until 11:24AM Sukarma Until 4:38PM Vanija Until 4:50PM Ekadashi Until 4:21AM Sun	Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Chalra-Panguni	Sunrise: 6:12AM Sunset: 6:18PM Moon 3 - Phase 48 - 24 4th Phase
Creative Work	Siddha Yoga				Bhuloka Day
Until 11:24AM					
Then Routine Work - Marana Yoga					

3 Sunday, March 29, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Сукіа Пакше Bhanu Vєsarє Yuktayam Lusaka, Zambia Ashlesha* Magha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Dvadashtyam Titau Sun 25 Sutra 349			
Kalka Rasi: 27.06	Tithi 12	Gulika 3:12PM – 4:42PM Yama 12:12PM – 1:42PM Rahu 4:42PM – 6:12PM	Ashlesha* Until 11:01AM Dhriti Until 2:51PM Bava Until 4:01PM Dvadashti Until 3:43AM Mon	Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Chalra-Panguni	Sunrise: 6:12AM Sunset: 6:18PM Moon 3 - Phase 48 - 25 4th Phase
Creative Work	Siddha Yoga				Bhuloka Day
Until 11:01AM					
Then Routine Work - Marana Yoga					

4 Monday, March 30, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Сукіа Пакше Indu Vєsarє Yuktayam Lusaka, Zambia Magha* Purvaphalguni Nakshatra Shula*Ganda* Yoga Kauḷava/Taitila Karana Trayodashyam Titau Sun 26 Sutra 350			
Simha Rasi: 10.24	Tithi 13	Gulika 1:42PM – 3:12PM Yama 10:42AM – 12:12PM Rahu 7:42AM – 9:12AM	Magha* Until 11:19AM Shula* Until 1:21PM Kauḷava Until 3:34PM Trayodashi Until 3:28AM Tue	Ganesh: Clear Muruga: White Nataraja: Purple Moon – Red Chalra-Panguni	Sunrise: 6:12AM Sunset: 6:11PM Moon 3 - Phase 48 - 26 4th Phase
Family Home Evening	Marana Yoga				Bhuloka Day
Routine Work					Devaloka Time: 6AM to 9-AM
Until 11:19AM					
Then Creative Work - Siddha Yoga					
<i>Pradosha Vata</i>					

5 Tuesday, March 31, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Сукіа Пакше Mangala Vєsarє Yuktayam Lusaka, Zambia Purvaphalguni/Uttaraphalguni Nakshatra Ganda*Vidhi* Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Sutra 351			
Simha Rasi: 23.29	Tithi 14	Gulika 12:12PM – 1:41PM Yama 9:12AM – 10:42AM Rahu 3:11PM – 4:41PM	Purvaphalguni Until 11:51AM Ganda* Until 12:10PM Gara Until 3:31PM Chaturdashi* Until 3:38AM Wed	Ganesh: Purple Muruga: White Nataraja: Purple Moon – Red Chalra-Panguni	Sunrise: 6:13AM Sunset: 6:11PM Moon 3 - Phase 48 - 27 4th Phase
Creative Work	Siddha Yoga				Devaloka Day
Until 11:51AM					
Then Creative Work - Amrita Yoga					

Wednesday, April 1, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Сукіа Пакше Budha Vєsarє Yuktayam Lusaka, Zambia Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Visi* Bava Karana Punimayam Titau Sun 28 Sutra 352			
Copper Retreat Star		Gulika 10:42AM – 12:12PM Yama 7:42AM – 9:12AM Rahu 12:12PM – 1:41PM	Uttaraphalguni Until 12:38PM Vidhi Until 11:20AM Visi Until 3:54PM Purnima* Until 4:13AM Thu	Ganesh: Purple Muruga: White Nataraja: Purple Moon – Red Chalra-Panguni	Sunrise: 6:13AM Sunset: 6:11PM Moon 3 - Phase 48 - Punima
Kanya Rasi: 6.23	Tithi 15				
Creative Work	Amrita Yoga				Devaloka Day
Until 12:38PM					
Then Routine Work - Marana Yoga					
		Panguni Uttiram Hanuman Jayanti			

Thursday, April 2, 2026		Viswastu Nama Samvatsara Uтарыяне Мокша Рітау Меена Месе Кришна Пакше Garu Vєsarє Yuktayam Lusaka, Zambia Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kauḷava Karana Prathamayam Titau Sun 29 Sutra 353			
Silver Retreat Star		Gulika 9:12AM – 10:42AM Yama 6:13AM – 7:42AM Rahu 1:41PM – 3:11PM	Hasta Until 2:09PM Dhruva Until 10:48AM Balava Until 4:42PM Prathama* Until 5:15AM Fri	Ganesh: Clear Muruga: White Nataraja: Purple Moon – Green Chalra-Panguni	Sunrise: 6:13AM Sunset: 6:10PM Moon 3 - Phase 48 - Prathama
Kanya Rasi: 19.04	Tithi 16				
Routine Work	Marana Yoga				Bhuloka Day
Until 2:09PM					Devaloka Time: 9AM to 12-PM
Then Creative Work - Siddha Yoga					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang



Friday, April 3, 2026

Gold Retreat Star

Tula Rasi: 1.33 Tithi 17
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Salara Vasara Yuktayam
Chitra/Svali Nakshatra Vyaghata/Harshana Yoga Talila/Gara Karana Dvityaya Titau
Gulika 7:42AM - 9:12AM
Yama 3:10PM - 4:40PM
Rahu 10:41AM - 12:11PM
Chitra Until 3:55PM
Vyaghata* Until 10:38AM
Talila Until 5:57PM
Dvitiya Until 6:42AM Sat

Ganesh: Clear Sunrise: 6:13AM
Muruga: White Sunset: 6:09PM
Nataraja: Purple
Moon - Green
Chaitra-Panguni
Bhuloka Day
Devaloka Time: 9AM to 12PM

Lusaka, Zambia
Sutra 354
Vasaxau 5127
Moon 4 - Phase 49 - 1st Phase

1

Saturday, April 4, 2026

Tula Rasi: 13.51 Tithi 17 - 18
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mania Vasara Yuktayam
Svali/Vishakha Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau
Gulika 6:13AM - 7:42AM
Yama 1:40PM - 3:10PM
Rahu 9:12AM - 10:41AM
Svali Until 5:56PM
Harshana Until 10:47AM
Vanija Until 7:36PM
Dvitiya Until 6:42AM

Ganesh: Clear Sunrise: 6:13AM
Muruga: White Sunset: 6:09PM
Nataraja: Purple
Moon - Green
Chaitra-Panguni
Bhuloka Day
Devaloka Time: 9AM to 12PM

Lusaka, Zambia
Sutra 355
Vasaxau 5127
Moon 4 - Phase 49 - 1st Phase

2

Sunday, April 5, 2026

Tula Rasi: 25.59 Tithi 18 - 19
Routine Work Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bharu Vasara Yuktayam
Vishakha Nakshatra Vajra/Siddhi Yoga Vasil/Bava Karana Tritiya/Chaturthayam Titau
Gulika 3:09PM - 4:38PM
Yama 12:10PM - 1:40PM
Rahu 4:38PM - 6:08PM
Vishakha Until 8:37PM
Vajra* Until 11:12AM
Bava Until 9:36PM
Tritiya Until 8:32AM

Ganesh: White Sunrise: 6:13AM
Muruga: White Sunset: 6:09PM
Nataraja: Purple
Moon - Orange
Chaitra-Panguni
Devaloka Day

Lusaka, Zambia
Sutra 356
Vasaxau 5127
Moon 4 - Phase 49 - 1st Phase

3

Monday, April 6, 2026

Wischika Rasi: 8 Tithi 19 - 20
Family Home Evening
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchayam Titau
Gulika 1:39PM - 3:09PM
Yama 10:41AM - 12:10PM
Rahu 7:42AM - 9:12AM
Anuradha Until 11:24PM
Siddhi Until 11:52AM
Kaulava Until 11:52PM
Chaturthi* Until 10:41AM

Ganesh: White Sunrise: 6:13AM
Muruga: White Sunset: 6:09PM
Nataraja: Purple
Moon - Orange
Chaitra-Panguni
Devaloka Day

Lusaka, Zambia
Sutra 357
Vasaxau 5127
Moon 4 - Phase 49 - 1st Phase

4

Tuesday, April 7, 2026

Wischika Rasi: 19.56 Tithi 20 - 21
Routine Work Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vysipata/Variyan Yoga Talila/Gara Karana Panchami/Shashthayam Titau
Gulika 12:10PM - 1:39PM
Yama 9:12AM - 10:41AM
Rahu 3:08PM - 4:37PM
Jyeshtha* Until 2:09AM Wed
Vysipata* Until 12:42PM
Gara Until 2:17AM Wed
Panchami Until 1:03PM

Ganesh: White Sunrise: 6:13AM
Muruga: White Sunset: 6:09PM
Nataraja: Purple
Moon - Orange
Chaitra-Panguni
Devaloka Day

Lusaka, Zambia
Sutra 358
Vasaxau 5127
Moon 4 - Phase 49 - 1st Phase

5

Wednesday, April 8, 2026

Dhanus Rasi: 1.49 Tithi 21 - 22
Routine Work Marana Yoga
Until 5:12AM Thu
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Batha Vasara Yuktayam
Mula* Nakshatra Varayan/Parigaha* Yoga Vanija/Visli* Karana Shashthi/Saptayam Titau
Gulika 10:40AM - 12:10PM
Yama 7:42AM - 9:11AM
Rahu 12:10PM - 1:39PM
Mula* Until 5:12AM Thu
Varayan Until 1:33PM
Visli Until 4:40AM Thu
Shashthi* Until 3:28PM

Ganesh: Yellow Sunrise: 6:13AM
Muruga: White Sunset: 6:09PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni
Bhuloka Day
Devaloka Time: 9AM to 12PM

Lusaka, Zambia
Sutra 359
Vasaxau 5127
Moon 4 - Phase 49 - 1st Phase

6

Thursday, April 9, 2026

Dhanus Rasi: 13.43 Tithi 22 - 23
Creative Work Siddha Yoga
Until 7:53AM Fri
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Caru Vasara Yuktayam
Purvashadha* Nakshatra Parigaha* Shiva Yoga Bava/Balava Karana Saptami/Ashthayam Titau
Gulika 9:11AM - 10:40AM
Yama 6:14AM - 7:42AM
Rahu 1:38PM - 3:07PM
Purvashadha* Until 7:53AM Fri
Parigaha* Until 2:21PM
Balava Until 6:49AM Fri
Saptami Until 5:46PM

Ganesh: Yellow Sunrise: 6:14AM
Muruga: White Sunset: 6:09PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni
Bhuloka Day
Devaloka Time: 9AM to 12PM

Lusaka, Zambia
Sutra 360
Vasaxau 5127
Moon 4 - Phase 49 - 6 1st Phase

D

Friday, April 10, 2026

Retreat Star

Dhanus Rasi: 25.43 Tithi 23
Routine Work Prabalatarisha Yoga
Until 7:53AM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Salara Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Achthayam Titau
Gulika 7:42AM - 9:11AM
Yama 3:07PM - 4:35PM
Rahu 10:40AM - 12:09PM
Purvashadha* Until 7:53AM
Shiva Until 2:54PM
Balava Until 6:49AM
Ashlami* Until 7:43PM

Ganesh: Yellow Sunrise: 6:14AM
Muruga: White Sunset: 6:09PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni
Bhuloka Day
Devaloka Time: 9AM to 12PM

Lusaka, Zambia
Sutra 361
Vasaxau 5127
Moon 4 - Phase 49 - 7 Ashtami

Saturday, April 11, 2026

Retreat Star

Makara Rasi: 7.53 Tithi 24
Routine Work Marana Yoga
Until 9:57AM
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mania Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Talila/Gara Karana Navamyam Titau
Gulika 6:14AM - 7:43AM
Yama 1:37PM - 3:05PM
Rahu 9:11AM - 10:40AM
Uttarashadha Until 9:57AM
Siddha Until 3:05PM
Talila Until 8:32AM
Navami* Until 9:08PM

Ganesh: Yellow Sunrise: 6:14AM
Muruga: White Sunset: 6:09PM
Nataraja: Purple
Moon - Light Blue
Chaitra-Panguni
Bhuloka Day
Devaloka Time: 9AM to 12PM

Lusaka, Zambia
Sutra 362
Vasaxau 5127
Moon 4 - Phase 49 - 8 Navami

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Sunday, April 12, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vasara Yuktiyam Lusaka, Zambia Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Vanija/Visti' Karana Dashamyam Titau Sun 9 Sutra 363			
Makara Rasi: 20.19	Tithi 25	Gulika 3:06PM – 4:34PM	Shravana Until 11:44AM	Ganesha: Blue Sunrise: 6:14AM	Vasavasu 5:17
		Yama 12:08PM – 1:37PM	Sadhya Until 2:44PM	Muruga: White Sunset: 6:03PM	Moon 4 - Phase 50 - 12
Creative Work Amrita Yoga		Rahu 4:34PM – 6:03PM	Vanija Until 9:36AM	Nataraja: Purple Moon – Purple	2nd Phase
Until 11:44AM			Dashami Until 9:50PM	Chalra-Panguni	Devaloka Day
Then Routine Work – Marana Yoga					

2 Monday, April 13, 2026		Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshi Indu Vasara Yuktiyam Lusaka, Zambia Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau Sun 10 Sutra 364			
Kumbha Rasi: 3.05	Tithi 26	Gulika 1:37PM – 3:05PM	Dhanishtha Until 12:35PM	Ganesha: Blue Sunrise: 6:14AM	Vasavasu 5:17
Family Home Evening		Yama 10:40AM – 12:08PM	Subha Until 1:47PM	Muruga: White Sunset: 6:03PM	Moon 4 - Phase 50 - 12
Creative Work Siddha Yoga		Rahu 7:43AM – 9:11AM	Bava Until 9:53AM	Nataraja: Purple Moon – Purple	2nd Phase
			Ekadashi* Until 9:42PM	Chalra-Panguni	Devaloka Day

3 Tuesday, April 14, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshi Margala Visava Yuktiyam Lusaka, Zambia Shatabhishak/Puravroshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Satila Karana Dvadasyam Titau Sun 11 Sutra 1			
Kumbha Rasi: 16.16	Tithi 27	Gulika 12:08PM – 1:36PM	Shatabhishak Until 12:28PM	Ganesha: Blue Sunrise: 6:14AM	Parabhava 5:18
		Yama 9:11AM – 10:39AM	Sukla Until 12:09PM	Muruga: White Sunset: 6:03PM	Moon 4 - Phase 50 - 11
Routine Work Marana Yoga		Rahu 3:05PM – 4:33PM	Kaulava Until 9:21AM	Nataraja: Purple Moon – Purple	2nd Phase
		Tamil New Year	Dvadashi* Until 8:45PM	Chalra-Chalra	Bhuloka Day

4 Wednesday, April 15, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshi Butha Vasara Yuktiyam Lusaka, Zambia Puravroshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau Sun 12 Sutra 2			
Kumbha Rasi: 29.55	Tithi 28	Gulika 10:39AM – 12:08PM	Puravroshthapada* Until 11:53AM	Ganesha: White Sunrise: 6:14AM	Parabhava 5:18
		Yama 7:43AM – 9:11AM	Brahma Until 9:54AM	Muruga: White Sunset: 6:03PM	Moon 4 - Phase 50 - 12
Creative Work Amrita Yoga		Rahu 12:08PM – 1:36PM	Gara Until 8:00AM	Nataraja: Purple Moon – Clear	2nd Phase
Until 11:53AM			Trayodashi* Until 7:03PM	Chalra-Chalra	Bhuloka Day
Then Creative Work – Siddha Yoga			Pradosha Vata (Fasting)		

5 Thursday, April 16, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshi Guru Vasara Yuktiyam Lusaka, Zambia Utarproshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Sakuni*/Catuspada* Karana Chalurdashi/Amavasyayam Titau Sun 13 Sutra 3			
Meena Rasi: 13.59	Tithi 29 – 30	Gulika 9:11AM – 10:39AM	Utarproshthapada Until 10:28AM	Ganesha: Yellow Sunrise: 6:15AM	Parabhava 5:18
		Yama 6:15AM – 7:43AM	Indra Until 7:06AM	Muruga: White Sunset: 6:03PM	Moon 4 - Phase 50 - 13
Creative Work Siddha Yoga		Rahu 1:36PM – 3:04PM	Catuspada Until 3:21AM Fri	Nataraja: Purple Moon – Clear	2nd Phase
			Chalurdashi* Until 4:42PM	Chalra-Chalra	Bhuloka Day
					Devaloka Time: 9AM to 12:2PM

Friday, April 17, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshi Sukra Visava Yuktiyam Lusaka, Zambia Revati/Ashvini Nakshatra Vishkamba* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau Sun 14 Sutra 4			
Meena Rasi: 28.28	Tithi 30 – 1	Gulika 7:43AM – 9:11AM	Revati Until 8:22AM	Ganesha: Yellow Sunrise: 6:15AM	Parabhava 5:18
		Yama 3:03PM – 4:31PM	Vishkamba* Until 12:13AM Sat	Muruga: White Sunset: 6:03PM	Moon 4 - Phase 50 - 14
Creative Work Siddha Yoga		Rahu 10:39AM – 12:07PM	Kintughna Until 12:19AM Sat	Nataraja: Purple Moon – Clear	Amavasya
Until 8:22AM			Amavasya* Until 1:51PM	Chalra-Chalra	Bhuloka Day
Then Creative Work – Amrita Yoga					Devaloka Time: 9AM to 12:2PM

Saturday, April 18, 2026		Parabhava Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshi Manita Vasara Yuktiyam Lusaka, Zambia Ashvini/Bharani Nakshatra Pithi Yoga Bava/Balava Karana Prathama/Dvityayam Titau Sun 15 Sutra 5			
Mesha Rasi: 13.13	Tithi 1 – 2	Gulika 6:15AM – 7:43AM	Ashvini Until 6:11AM	Ganesha: Red Sunrise: 6:15AM	Parabhava 5:18
		Yama 1:35PM – 3:03PM	Pithi Until 8:25PM	Muruga: White Sunset: 5:59PM	Moon 4 - Phase 50 - 15
Creative Work Siddha Yoga		Rahu 9:11AM – 10:39AM	Balava Until 9:02PM	Nataraja: Purple Moon – White	Prathama
			Prathama* Until 10:41AM	Vaisalka-Chalra	Bhuloka Day
					Devaloka Time: 9AM to 12:2PM

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudev.org/panchang

1 Sunday, April 19, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksha Bhanu Vesara Yukhtayam				Lusaka, Zambia
Mesha Rasi: 28.07 Tithi 2 - 3		Gulika 3:02PM - 4:30PM	Kritika Until 12:58AM Mon	Ganesh: Red	Sunrise: 6:15AM	Sun 16 Sutra 6 Parabhava 5128
Creative Work Siddha Yoga		Yama 12:07PM - 1:35PM	Ayushman Until 4:31PM	Muruga: White	Sunset: 5:58PM	Moon 4 - Phase 1 - 16 3rd Phase
Then Creative Work - Amrita Yoga		Rahu 4:30PM - 5:58PM	Gara Until 4:00AM Mon	Nataraja: Purple		
			Dvitiya Until 7:21AM	Moon - White		Bhuloka Day
				Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM

2 Monday, April 20, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksha Indu Vesara Yukhtayam				Lusaka, Zambia
Vishabha Rasi: 13.02 Tithi 4		Gulika 1:34PM - 3:02PM	Rohini Until 10:40PM	Ganesh: Yellow	Sunrise: 6:15AM	Sun 17 Sutra 7 Parabhava 5128
Family Home Evening		Yama 10:39AM - 12:06PM	Saubhagya Until 12:41PM	Muruga: White	Sunset: 5:58PM	Moon 4 - Phase 1 - 17 3rd Phase
Creative Work Amrita Yoga		Rahu 7:43AM - 9:11AM	Vanija Until 2:24PM	Nataraja: Purple		
			Chalurthi* Until 12:49AM Tue	Moon - Yellow		Bhuloka Day
				Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM

3 Tuesday, April 21, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksha Mangala Vesara Yukhtayam				Lusaka, Zambia
Vishabha Rasi: 27.49 Tithi 5		Gulika 12:06PM - 1:34PM	Mrigashira Until 8:31PM	Ganesh: Yellow	Sunrise: 6:15AM	Sun 18 Sutra 8 Parabhava 5128
Creative Work Siddha Yoga		Yama 9:11AM - 10:39AM	Sobhana Until 9:03AM	Muruga: White	Sunset: 5:57PM	Moon 4 - Phase 1 - 18 3rd Phase
Until 8:31PM		Rahu 3:02PM - 4:29PM	Bava Until 11:20AM	Nataraja: Purple		
Then Routine Work - Marana Yoga		Adi Sankara Jayanthi	Panchami Until 9:54PM	Moon - Yellow		Bhuloka Day
				Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM

4 Wednesday, April 22, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksha Budha Vesara Yukhtayam				Lusaka, Zambia
Mithuna Rasi: 12.23 Tithi 6		Gulika 10:38AM - 12:06PM	Ardra Until 6:37PM	Ganesh: Yellow	Sunrise: 6:16AM	Sun 19 Sutra 9 Parabhava 5128
Creative Work Siddha Yoga		Yama 7:43AM - 9:11AM	Sukarma Until 2:38AM Thu	Muruga: White	Sunset: 5:57PM	Moon 4 - Phase 1 - 19 3rd Phase
		Rahu 12:06PM - 1:34PM	Kadava Until 8:36AM	Nataraja: Purple		
			Shashthi* Until 7:23PM	Moon - Yellow		Bhuloka Day
				Vaisaka-Chaitra		Devaloka Time: 9AM to 12PM

5 Thursday, April 23, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksha Guru Vesara Yukhtayam				Lusaka, Zambia
Mithuna Rasi: 26.38 Tithi 7 - 8		Gulika 9:11AM - 10:38AM	Punarvasu Until 5:29PM	Ganesh: White	Sunrise: 6:16AM	Sun 20 Sutra 10 Parabhava 5128
Creative Work Amrita Yoga		Yama 6:16AM - 7:43AM	Dhriti Until 12:03AM Fri	Muruga: White	Sunset: 5:56PM	Moon 4 - Phase 1 - 20 3rd Phase
		Rahu 1:33PM - 3:01PM	Gara Until 6:20AM	Nataraja: Purple		
			Saptami Until 5:22PM	Moon - Blue		Devaloka Day
				Vaisaka-Chaitra		

Friday, April 24, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksha Sukra Vesara Yukhtayam				Lusaka, Zambia
Retreat Star		Gulika 7:43AM - 9:11AM	Pushya Until 4:45PM	Ganesh: White	Sunrise: 6:16AM	Sun 21 Sutra 11 Parabhava 5128
Kataka Rasi: 10.32 Tithi 8 - 9		Yama 3:00PM - 4:28PM	Shula* Until 9:53PM	Muruga: White	Sunset: 5:55PM	Moon 4 - Phase 1 - 21 Ashtami
Routine Work Marana Yoga		Rahu 10:38AM - 12:06PM	Balava Until 3:24AM Sat	Nataraja: Purple		
			Ashtami* Until 3:54PM	Moon - Blue		Devaloka Day
				Vaisaka-Chaitra		

Saturday, April 25, 2026		Parabhava Nama Samvatsara Uttarayani Nartana Ritau Mesha Mase Sakla Paksha Manta Vesara Yukhtayam				Lusaka, Zambia
Retreat Star		Gulika 6:16AM - 7:43AM	Ashlesha* Until 4:26PM	Ganesh: White	Sunrise: 6:16AM	Sun 22 Sutra 12 Parabhava 5128
Kataka Rasi: 24.07 Tithi 9 - 10		Yama 1:33PM - 3:00PM	Ganda* Until 8:12PM	Muruga: White	Sunset: 5:55PM	Moon 4 - Phase 1 - 22 Navami
Routine Work Marana Yoga		Rahu 9:11AM - 10:38AM	Tailita Until 2:46AM Sun	Nataraja: Clear		
Until 4:26PM			Navami* Until 3:00PM	Moon - Blue		Sivaloka Day
Then Creative Work - Amrita Yoga				Vaisaka-Chaitra		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Lusaka, Zambia on 12/20/23

www.gurudeva.org/panchang

1 Sunday, April 26, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Bhanu Vesara Yukayam Magha*Purvaphalguni Nakshatra Viddhi Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Lusaka, Zambia Sun 23 Sutra 13 Parabhava 5128
Simha Rasi: 7.22	Tithi 10 – 11	Gulika 3:00PM – 4:27PM	Magha* Until 4:57PM	Ganesh: Clear	Sunrise: 6:16AM	
		Yama 12:05PM – 1:32PM	Viddhi Until 6:57PM	Muruga: White	Sunset: 5:54PM	Moon 4 - Phase 2 - 23 4th Phase
		254858679 Rahu 4:27PM – 5:54PM	Vanija Until 2:41AM Mon	Nataraja: Clear		
Routine Work - Marana Yoga			Dashami Until 2:39PM	Moon - Red		Devaloka Day
Until 4:57PM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

2 Monday, April 27, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Indru Vesara Yukayam Purvaphalguni/Ultrapahguni Nakshatra Dhruva Yoga Vesil/Bava Karana Ekadashi/Dwadashyam Titau				Lusaka, Zambia Sun 24 Sutra 14 Parabhava 5128
Simha Rasi: 20.21	Tithi 11 – 12	Gulika 1:32PM – 2:59PM	Purvaphalguni Until 5:49PM	Ganesh: Purple	Sunrise: 6:16AM	
Family Home Evening		Yama 10:38AM – 12:05PM	Dhruva Until 6:04PM	Muruga: White	Sunset: 5:54PM	Moon 4 - Phase 2 - 24 4th Phase
		255858679 Rahu 7:44AM – 9:11AM	Bava Until 3:04AM Tue	Nataraja: Clear		
Creative Work - Siddha Yoga			Ekadashi Until 2:48PM	Moon - Red		Bhuloka Day
				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM

3 Tuesday, April 28, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Mangala Vesara Yukayam Ultrapahguni Nakshatra Vyaghat*Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Lusaka, Zambia Sun 25 Sutra 15 Parabhava 5128
Kanya Rasi: 3.07	Tithi 12 – 13	Gulika 12:05PM – 1:32PM	Ultrapahguni Until 6:57PM	Ganesh: Purple	Sunrise: 6:17AM	
		Yama 9:11AM – 10:38AM	Vyaghat* Until 5:33PM	Muruga: White	Sunset: 5:53PM	Moon 4 - Phase 2 - 25 4th Phase
		255858679 Rahu 2:59PM – 4:26PM	Kaulava Until 3:53AM Wed	Nataraja: Clear		
Creative Work - Amrita Yoga			Dvadashi Until 3:24PM	Moon - Red		Bhuloka Day
Until 6:57PM				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM
Then Creative Work - Siddha Yoga						

4 Wednesday, April 29, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Budha Vesara Yukayam Hasla Nakshatra Harshana/Najra* Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Lusaka, Zambia Sun 26 Sutra 16 Parabhava 5128
Kanya Rasi: 15.4	Tithi 13 – 14	Gulika 10:38AM – 12:05PM	Hasla Until 8:47PM	Ganesh: Clear	Sunrise: 6:17AM	
		Yama 7:44AM – 9:11AM	Harshana Until 5:22PM	Muruga: White	Sunset: 5:53PM	Moon 4 - Phase 2 - 26 4th Phase
		265858679 Rahu 12:05PM – 1:32PM	Gara Until 5:04AM Thu	Nataraja: Clear		
Routine Work - Marana Yoga			Trayodashi Until 4:25PM	Moon - Green		Devaloka Day
Until 8:47PM				Vaisaka-Chaitra		
Then Creative Work - Siddha Yoga						

5 Thursday, April 30, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Guru Vesara Yukayam Chitra Nakshatra Vajra/Siddhi Yoga Vanija/Vesil* Karana Chaturdashi/Purnimayam Titau				Lusaka, Zambia Sun 27 Sutra 17 Parabhava 5128
Kanya Rasi: 28.04	Tithi 14 – 15	Gulika 9:11AM – 10:38AM	Chitra Until 10:48PM	Ganesh: Clear	Sunrise: 6:17AM	
		Yama 6:17AM – 7:44AM	Vajra* Until 5:25PM	Muruga: White	Sunset: 5:53PM	Moon 4 - Phase 2 - 27 4th Phase
		265858679 Rahu 1:31PM – 2:58PM	Vesil Until 6:35AM Fri	Nataraja: Clear		
Creative Work - Siddha Yoga			Chaturdash* Until 5:46PM	Moon - Green		Devaloka Day
Until 10:48PM				Vaisaka-Chaitra		
Then Creative Work - Amrita Yoga						

O Friday, May 1, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Sukra Vesara Yukayam Svali Nakshatra Siddhi/Vyjalpala* Yoga Vesil/Bava Karana Purnimayam Titau				Lusaka, Zambia Sun 28 Sutra 18 Parabhava 5128
Copper Retreat Star		Gulika 7:44AM – 9:11AM	Svali Until 12:56AM Sat	Ganesh: Clear	Sunrise: 6:18AM	
Tula Rasi: 10.19	Tithi 15	Yama 2:58PM – 4:26PM	Siddhi Until 5:43PM	Muruga: White	Sunset: 5:51PM	Moon 4 - Phase 2 - Purnima
		265858679 Rahu 10:38AM – 12:04PM	Vesil Until 6:35AM	Nataraja: Clear		
Creative Work - Siddha Yoga			Purnima* Until 7:26PM	Moon - Green		Devaloka Day
				Vaisaka-Chaitra		

Saturday, May 2, 2026		Parabhava Nama Samvatsare Uтарыяыы Nartana Ritau Mecha Mese Sakla Paksho Krishna Paksho Mantra Vesara Yukayam Vishakha Nakshatra Vyjalpala* Yoga Balava/Kaulava Karana Prathamayam Titau				Lusaka, Zambia Sun 29 Sutra 19 Parabhava 5128
Silver Retreat Star		Gulika 6:18AM – 7:44AM	Vishakha Until 3:40AM Sun	Ganesh: White	Sunrise: 6:18AM	
Tula Rasi: 22.27	Tithi 16	Yama 1:31PM – 2:57PM	Vyjalpala* Until 6:15PM	Muruga: White	Sunset: 5:51PM	Moon 4 - Phase 2 - Prathama
		275858679 Rahu 9:11AM – 10:38AM	Balava Until 8:24AM	Nataraja: Clear		
Creative Work - Siddha Yoga			Prathama* Until 9:23PM	Moon - Orange		Bhuloka Day
Until 3:40AM Sun				Vaisaka-Chaitra		Devaloka Time: 6PM to 9PM
Then Routine Work - Marana Yoga						

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for 12/20/23

www.gurudeva.org/panchang