



Monday, April 14, 2025

Gold Retreat Star

Tula Rasi: 11:44 TITHI 16 - 17
Family Home Evening
Creative Work Amrita Yoga
Until 10:34PM
Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Інду Васара Уктыям
Svali Nakshatra Vajra* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Tilau
Gulika 1:59PM - 3:34PM
Yama 10:49AM - 12:24PM
Rahu 7:38AM - 9:13AM
Svali Until 10:34PM
Vajra* Until 9:07PM
Tailita Until 8:16PM
Prathama* Until 6:59AM
Ganesh: Yellow Sunrise: 6:03AM
Murgu: Clear Sunset: 6:04PM
Nataraja: Clear Moon - Green
Chaitra-Chaitra

Abu Dhabi, AE Sutra 364
Vasvasu 5:127
Moon 4 - Phase 1 - 1st Phase
Devaloka Day

1

Tuesday, April 15, 2025

Tula Rasi: 23:35 TITHI 17 - 18
Routine Work Marana Yoga
Until 1:40AM Wed
Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Мंगала Васара Уктыям
Vishakha Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitya/Tritiyayam Tilau
Gulika 12:23PM - 1:59PM
Yama 9:13AM - 10:48AM
Rahu 3:34PM - 5:09PM
Vishakha Until 1:40AM Wed
Siddhi Until 10:01PM
Bava Until 10:41PM
Dvitiya Until 9:28AM
Ganesh: Blue Sunrise: 6:02AM
Murgu: Clear Sunset: 6:05PM
Nataraja: Clear Moon - Orange
Chaitra-Chaitra

Abu Dhabi, AE Sutra 1 Sun 1
Vasvasu 5:127
Moon 4 - Phase 1 - 1st Phase
Bhuloka Day
Devaloka Time: 3PM to 6PM

2

Wednesday, April 16, 2025

Wishika Rasi: 5:28 TITHI 18 - 19
Creative Work Siddha Yoga
Until 4:24AM Thu
Then Routine Work - Prabarishtha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Будаха Васара Уктыям
Anuradha Nakshatra Vyatipata* Yoga Visti* Bava Karana Tritiya/Chaturthiyam Tilau
Gulika 10:48AM - 12:23PM
Yama 7:37AM - 9:12AM
Rahu 12:23PM - 1:59PM
Anuradha Until 4:24AM Thu
Vyatipata* Until 10:47PM
Bava Until 12:55AM Thu
Tritiya Until 11:49AM
Ganesh: Blue Sunrise: 6:01AM
Murgu: Clear Sunset: 6:05PM
Nataraja: Clear Moon - Orange
Chaitra-Chaitra

Abu Dhabi, AE Sutra 2 Sun 2
Vasvasu 5:127
Moon 4 - Phase 1 - 2 1st Phase
Bhuloka Day
Devaloka Time: 3PM to 6PM

3

Thursday, April 17, 2025

Wishika Rasi: 17:28 TITHI 19 - 20
Routine Work Prabarishtha Yoga
Until 6:40AM Fri
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Гору Васара Уктыям
Jyeshtha* Nakshatra Varjyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Tilau
Gulika 9:12AM - 10:47AM
Yama 6:00AM - 7:36AM
Rahu 1:59PM - 3:34PM
Jyeshtha* Until 6:40AM Fri
Varjyan Until 11:17PM
Kaulava Until 2:51AM Fri
Chaturthi* Until 1:54PM
Ganesh: Blue Sunrise: 6:00AM
Murgu: Clear Sunset: 6:04PM
Nataraja: Clear Moon - Orange
Chaitra-Chaitra

Abu Dhabi, AE Sutra 3 Sun 3
Vasvasu 5:127
Moon 4 - Phase 1 - 3 1st Phase
Bhuloka Day
Devaloka Time: 3PM to 6PM

4

Friday, April 18, 2025

Wishika Rasi: 29:34 TITHI 20 - 21
Routine Work Marana Yoga
Until 6:40AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Сакра Васара Уктыям
Jyeshtha* Nakshatra Parigha* Yoga Tailita* Gara Karana Panchami/Shashthiyam Tilau
Gulika 7:35AM - 9:11AM
Yama 3:34PM - 5:10PM
Rahu 10:47AM - 12:23PM
Jyeshtha* Until 6:40AM
Parigha* Until 11:31PM
Gara Until 4:22AM Sat
Panchami Until 3:39PM
Ganesh: Blue Sunrise: 5:59AM
Murgu: Clear Sunset: 6:04PM
Nataraja: Clear Moon - Orange
Chaitra-Chaitra

Abu Dhabi, AE Sutra 4 Sun 4
Vasvasu 5:127
Moon 4 - Phase 1 - 4 1st Phase
Bhuloka Day
Devaloka Time: 3PM to 6PM

5

Saturday, April 19, 2025

Dhanus Rasi: 11:51 TITHI 21 - 22
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Марта Васара Уктыям
Mula* Purvashadha* Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Tilau
Gulika 5:58AM - 7:34AM
Yama 1:58PM - 3:34PM
Rahu 9:10AM - 10:46AM
Mula* Until 8:51AM
Shiva Until 11:23PM
Visti Until 5:22AM Sun
Shashthi* Until 4:55PM
Ganesh: Red Sunrise: 5:58AM
Murgu: Clear Sunset: 6:07PM
Nataraja: Clear Moon - Light Blue
Chaitra-Chaitra

Abu Dhabi, AE Sutra 5 Sun 5
Vasvasu 5:127
Moon 4 - Phase 1 - 5 1st Phase
Devaloka Day

6

Sunday, April 20, 2025

Dhanus Rasi: 24:22 TITHI 22 - 23
Creative Work Siddha Yoga
Until 10:20AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Бхана Васара Уктыям
Purvashadha* Uttarashadha Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Akshayam Tilau
Gulika 3:35PM - 5:11PM
Yama 12:22PM - 1:58PM
Rahu 5:11PM - 6:47PM
Purvashadha* Until 10:20AM
Siddha Until 10:44PM
Balava Until 5:42AM Mon
Saptami Until 5:36PM
Ganesh: Red Sunrise: 5:58AM
Murgu: Clear Sunset: 6:07PM
Nataraja: Clear Moon - Light Blue
Chaitra-Chaitra

Abu Dhabi, AE Sutra 6 Sun 6
Vasvasu 5:127
Moon 4 - Phase 1 - 6 1st Phase
Devaloka Day

Monday, April 21, 2025

Retreat Star

Makara Rasi: 7:1 TITHI 23 - 24
Family Home Evening
Routine Work Marana Yoga
Until 11:02AM
Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Інду Васара Уктыям
Uttarashadha/Shravana Nakshatra Sadhya Yoga Kaulava/Tailita Karana Ashotami/Navamyam Tilau
Gulika 1:58PM - 3:35PM
Yama 10:46AM - 12:22PM
Rahu 7:33AM - 9:09AM
Uttarashadha Until 11:02AM
Sadya Until 9:32PM
Tailita Until 5:19AM Tue
Ashlami* Until 5:35PM
Ganesh: Red Sunrise: 5:57AM
Murgu: Clear Sunset: 6:07PM
Nataraja: Clear Moon - Light Blue
Chaitra-Chaitra

Abu Dhabi, AE Sutra 7 Sun 7
Vasvasu 5:127
Moon 4 - Phase 1 - 7 Ashtami
Devaloka Day

Tuesday, April 22, 2025

Retreat Star

Makara Rasi: 20:22 TITHI 24 - 25
Creative Work Siddha Yoga

Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Меша Месе Крішна Пакше Мंगала Васара Уктыям
Shravana/Dhanishtha Nakshatra Subha Yoga Gara/Vanija Karana Navami/Dashamyam Tilau
Gulika 12:22PM - 1:58PM
Yama 9:09AM - 10:45AM
Rahu 3:35PM - 5:11PM
Shravana Until 11:18AM
Subha Until 7:46PM
Vanija Until 4:10AM Wed
Navami* Until 4:49PM
Ganesh: Green Sunrise: 5:56AM
Murgu: Clear Sunset: 6:08PM
Nataraja: Clear Moon - Purple
Chaitra-Chaitra

Abu Dhabi, AE Sutra 8 Sun 8
Vasvasu 5:127
Moon 4 - Phase 1 - 8 Navami
Bhuloka Day
Devaloka Time: 3PM to 6PM

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| | | | | | | | | | | | |
|-------------------------------|--------------------|----------------------------------|--|---|--------------------------|--|-----------------------|-----------------|---------------------------|-----------------------|---------------|
| 1 | | Wednesday, April 23, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Крйшна Пакоће: Баћа Весара Уктыяям Дхарншйа/Шабдхшйа/ Накштра СуклаБратма Yoga Vшй/Bава Карана Dashami/Ekadashy Tйау | | | | Abu Dhabi, AE | | | |
| Kumbha Rasi: | 3:58 | Tithi 25 – 26 | | Gulika | 10:45AM – 12:22PM | Dhanishtha Untill 10:40AM | Ganesh: Green | Sunrise: 5:55AM | Sun 9 | Sutra 9 | Vishvasu 5127 |
| | | | | Yama | 7:32AM – 9:08AM | Sukla Untill 5:21PM | Muruga: | Clear | Sunset: 6:46PM | Moon 4 - Phase 2 - 9 | Vishvasu 5127 |
| | | | | Rahu | 12:22PM – 1:58PM | Bава Untill 2:16AM Thu | Nataraja: | Clear | | | 2nd Phase |
| Routine Work | Prabalarishya Yoga | | | | | Dashami Untill 3:17PM | Moon - Purple | Chaitra-Chaitra | Bhuloka Day | | |
| Untill 10:40AM | | | | | | | | | Devaloka Time: 3PM to 6PM | | |
| Then Creative Work | Siddha Yoga | | | | | | | | | | |
| 2 | | Thursday, April 24, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Крйшна Пакоће: Garu Vishara Yuktayam Shalabhshik/Purvaproshtapada/ Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Tйау | | | | Abu Dhabi, AE | | | |
| Kumbha Rasi: | 18:01 | Tithi 26 – 27 | | Gulika | 9:08AM – 10:45AM | Shalabhshik Untill 9:10AM | Ganesh: Green | Sunrise: 5:54AM | Sun 10 | Sutra 10 | Vishvasu 5127 |
| | | | | Yama | 5:54AM – 7:31AM | Brahma Untill 2:23PM | Muruga: | Clear | Sunset: 6:46PM | Moon 4 - Phase 2 - 10 | Vishvasu 5127 |
| | | | | Rahu | 1:58PM – 3:35PM | Kaulava Untill 11:43PM | Nataraja: | Clear | | | 2nd Phase |
| Creative Work | Siddha Yoga | | | | | Ekadashi* Untill 1:03PM | Moon - Purple | Chaitra-Chaitra | Bhuloka Day | | |
| Untill 8:06PM | | | | | | | | | Devaloka Time: 3PM to 6PM | | |
| Then Creative Work | Siddha Yoga | | | | | | | | | | |
| 3 | | Friday, April 25, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Крйшна Пакоће: Sukra Vishara Yuktayam Purvaproshtapada/Ultragroshtapada Nakshatra Indra/Vaidhri/ Yoga Talila/Gara Karana Dvadashi/Trayodashyam Tйау | | | | Abu Dhabi, AE | | | |
| Mesha Rasi: | 2:3 | Tithi 27 – 28 | | Gulika | 7:30AM – 9:07AM | Purvaproshtapada* Untill 7:20AM | Ganesh: Purple | Sunrise: 5:53AM | Sun 11 | Sutra 11 | Vishvasu 5127 |
| | | | | Yama | 5:54AM – 5:12PM | Indra Untill 10:57AM | Muruga: | Clear | Sunset: 6:46PM | Moon 4 - Phase 2 - 11 | Vishvasu 5127 |
| | | | | Rahu | 10:44AM – 12:21PM | Gara Untill 8:38PM | Nataraja: | Purple | | | 2nd Phase |
| Creative Work | Siddha Yoga | | | | | Dvadashi* Untill 10:13AM | Moon - Clear | Chaitra-Chaitra | Devaloka Day | | |
| Untill 1:56AM Sun | | | | | | | | | Devaloka Time: 3PM to 6PM | | |
| Then Creative Work | Siddha Yoga | | | | | | | | | | |
| 4 | | Saturday, April 26, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Крйшна Пакоће: Manta Vishara Yuktayam Revati Nakshatra Vaidhri/Vabhambha* Yoga Vanjpa/Sakuni* Karana Trayodshi/Chaturdashyam Tйау | | | | Abu Dhabi, AE | | | |
| Mesha Rasi: | 17:22 | Tithi 28 – 29 | | Gulika | 5:53AM – 7:30AM | Revati Untill 1:56AM Sun | Ganesh: Purple | Sunrise: 5:53AM | Sun 12 | Sutra 12 | Vishvasu 5127 |
| | | | | Yama | 1:58PM – 3:35PM | Vaidhri* Untill 7:06AM | Muruga: | Clear | Sunset: 6:50PM | Moon 4 - Phase 2 - 12 | Vishvasu 5127 |
| | | | | Rahu | 9:07AM – 10:44AM | Sakuni Untill 3:16AM Sun | Nataraja: | Purple | | | 2nd Phase |
| Routine Work | Prabalarishya Yoga | | | | | Trayodashi* Untill 6:54AM | Moon - Clear | Chaitra-Chaitra | Devaloka Day | | |
| Untill 1:56AM Sun | | | | | | | | | Devaloka Time: 3PM to 6PM | | |
| Then Creative Work | Siddha Yoga | | | | | | | | | | |
| ● | | Sunday, April 27, 2025 | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Крйшна Пакоће: Bhanu Vesara Yuktayam Ashvini Nakshatra Priti Yoga Catuspada* Naga* Karana Amavasyayam Tйау | | | | Abu Dhabi, AE | | | |
| Mesha Rasi: | 2:29 | Tithi 30 | | Gulika | 3:36PM – 5:13PM | Ashvini Untill 11:05PM | Ganesh: Orange | Sunrise: 5:52AM | Sun 13 | Sutra 13 | Vishvasu 5127 |
| | | | | Yama | 12:21PM – 1:58PM | Priti Untill 10:45PM | Muruga: | Clear | Sunset: 6:50PM | Moon 4 - Phase 2 - 13 | Vishvasu 5127 |
| | | | | Rahu | 5:13PM – 6:50PM | Catuspada Untill 1:24PM | Nataraja: | Purple | | | Amavasya |
| Creative Work | Siddha Yoga | | | | | Amavasya* Untill 11:29PM | Moon - White | Chaitra-Chaitra | Sivaloka Day | | |
| Untill 11:05PM | | | | | | | | | Devaloka Time: 3PM to 6PM | | |
| Then Routine Work | Prabalarishya Yoga | | | | | | | | | | |
| Monday, April 28, 2025 | | Retreat Star | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рйтау Меша Месе Сукла Пакоће: Indu Vesara Yuktayam Bharani Nakshatra Ayushman Yoga Kintughna/Bава Karana Prathamayam Tйау | | | | Abu Dhabi, AE | | | |
| Mesha Rasi: | 17:43 | Tithi 1 | | Gulika | 1:58PM – 3:36PM | Bharani Untill 8:06PM | Ganesh: Orange | Sunrise: 5:51AM | Sun 14 | Sutra 14 | Vishvasu 5127 |
| | | | | Yama | 10:43AM – 12:21PM | Ayushman Untill 6:30PM | Muruga: | Clear | Sunset: 6:51PM | Moon 4 - Phase 2 - 14 | Vishvasu 5127 |
| | | | | Rahu | 7:28AM – 9:06AM | Kintughna Untill 9:35AM | Nataraja: | Purple | | | Prathama |
| Family Home Evening | Siddha Yoga | | | | | Prathama* Untill 7:41PM | Moon - White | Vaisaka-Chaitra | Sivaloka Day | | |
| Untill 8:06PM | | | | | | | | | Devaloka Time: 3PM to 6PM | | |
| Then Routine Work | Marana Yoga | | | | | | | | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

1 Tuesday, May 6, 2025

| | |
|--|--|
| Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Mangala Vasara Yuktyam Abu Dhabi, AE | |
| Magha* Purvaphalguni Nakshatra Dhruva Yoga Kaulava/Tailita Karana Navami/Dashmyam Titau Sun 22 Sutra 22 | |
| 1 | Gulika 12:20PM - 1:58PM Magha* Untill 2:20PM Ganesha: White Sunrise: 5:45AM Vivasasu 5:127 |
| Simha Rasi: 9.04 Tithi 9 - 10 Yama 9:03AM - 10:41AM Dhruva Untill 10:57PM Muruga: Red Sunset: 6:49PM Moon 4 - Phase 4 - 22 | |
| Creative Work Siddha Yoga 254318579 Rahu 3:37PM - 5:16PM Tailita Untill 7:56PM Nataraja: Purple 4th Phase | |
| | Navami* Untill 7:09AM Moon - Red Devaloka Day |
| | Vaisaka-Chaitra |

2 Wednesday, May 7, 2025

| | |
|--|--|
| Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Butha Vesara Yuktyam Abu Dhabi, AE | |
| Purvaphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashmyam Titau Sun 23 Sutra 23 | |
| 2 | Gulika 10:41AM - 12:20PM Purvaphalguni Untill 4:46PM Ganesha: White Sunrise: 5:44AM Vivasasu 5:127 |
| Simha Rasi: 21.15 Tithi 10 - 11 Yama 7:24AM - 9:02AM Vyaghata* Untill 11:33PM Muruga: Red Sunset: 6:59PM Moon 4 - Phase 4 - 23 | |
| Creative Work Amrita Yoga 254318579 Rahu 12:20PM - 1:59PM Bava Untill 9:54PM Nataraja: Purple 4th Phase | |
| | Dashami Untill 8:50AM Moon - Red Devaloka Day |
| | Vaisaka-Chaitra |

3 Thursday, May 8, 2025

| | |
|--|--|
| Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Guru Vesara Yuktyam Abu Dhabi, AE | |
| Uttaraphalguni Nakshatra Harshana Yoga Visi* Bava Karana Ekadashi/Dvadashmyam Titau Sun 24 Sutra 24 | |
| 3 | Gulika 9:02AM - 10:41AM Uttaraphalguni Untill 7:27PM Ganesha: White Sunrise: 5:44AM Vivasasu 5:127 |
| Kanya Rasi: 3.15 Tithi 11 - 12 Yama 5:44AM - 7:23AM Harshana Untill 12:27AM Fri Muruga: Red Sunset: 6:59PM Moon 4 - Phase 4 - 24 | |
| Amrita Yoga 254318579 Rahu 1:59PM - 3:38PM Bava Untill 12:15AM Fri Nataraja: Purple 4th Phase | |
| Untill 7:27PM Ekadashi Untill 11:01AM Moon - Red Devaloka Day | |
| Then Routine Work - Marana Yoga Vaisaka-Chaitra | |

4 Friday, May 9, 2025

| | |
|--|--|
| Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Sukra Vasara Yuktyam Abu Dhabi, AE | |
| Kanya Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashmyam Titau Sun 25 Sutra 25 | |
| 4 | Gulika 7:23AM - 9:02AM Hasta Untill 10:40PM Ganesha: Yellow Sunrise: 5:44AM Vivasasu 5:127 |
| Kanya Rasi: 15.07 Tithi 12 - 13 Yama 3:38PM - 5:17PM Vajra* Untill 1:28AM Sat Muruga: Red Sunset: 6:59PM Moon 4 - Phase 4 - 25 | |
| Creative Work Amrita Yoga 264318579 Rahu 10:41AM - 12:20PM Kaulava Untill 2:48AM Sat Nataraja: Purple 4th Phase | |
| Untill 10:40PM Dvadashi Untill 1:29PM Moon - Green Sivaloka Day | |
| Then Creative Work - Siddha Yoga Pradosha Vata Vaisaka-Chaitra | |

5 Saturday, May 10, 2025

| | |
|--|---|
| Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Manta Vesara Yuktyam Abu Dhabi, AE | |
| Chitra Nakshatra Siddhi Yoga Tailita/Gara Karana Trayodashi/Chaturdashmyam Titau Sun 26 Sutra 26 | |
| 5 | Gulika 5:43AM - 7:22AM Chitra Untill 1:47AM Sun Ganesha: White Sunrise: 5:43AM Vivasasu 5:127 |
| Kanya Rasi: 26.55 Tithi 13 - 14 Yama 1:59PM - 3:38PM Siddhi Untill 2:31AM Sun Muruga: Red Sunset: 6:59PM Moon 4 - Phase 4 - 26 | |
| Routine Work Marana Yoga 265318579 Rahu 9:01AM - 10:40AM Gara Untill 5:22AM Sun Nataraja: Purple 4th Phase | |
| Untill 1:47AM Sun Trayodashi Untill 4:04PM Moon - Green Subha Sivaloka Day | |
| Then Creative Work - Siddha Yoga Vaisaka-Chaitra | |

6 Sunday, May 11, 2025

| | |
|--|--|
| Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Bhanu Vesara Yuktyam Abu Dhabi, AE | |
| Svati Nakshatra Vyalipata* Yoga Vanija Karana Chaturdashmyam Titau Sun 27 Sutra 27 | |
| 6 | Gulika 3:38PM - 5:18PM Svati Untill 4:39AM Mon Ganesha: White Sunrise: 5:42AM Vivasasu 5:127 |
| Tula Rasi: 8.44 Tithi 14 Yama 12:20PM - 1:59PM Vyalipata* Untill 3:32AM Mon Muruga: Red Sunset: 6:59PM Moon 4 - Phase 4 - 27 | |
| Creative Work Siddha Yoga 265318579 Rahu 5:18PM - 6:57PM Vanija Untill 6:36PM Nataraja: Purple 4th Phase | |
| Untill 4:39AM Mon Mother's Day Chaturdashi* Untill 6:36PM Moon - Green Subha Sivaloka Day | |
| Then Routine Work - Marana Yoga Vaisaka-Chaitra | |

Monday, May 12, 2025

| | |
|---|--|
| Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesha Mase Sukla Paksha Indu Vesara Yuktyam Abu Dhabi, AE | |
| Vishakha Nakshatra Varyan Yoga Visi* Bava Karana Purnimayam Titau Sun 28 Sutra 28 | |
| Monday | Gulika 1:59PM - 3:38PM Vishakha Untill 7:40AM Tue Ganesha: Yellow Sunrise: 5:42AM Vivasasu 5:127 |
| Copper Retreat Star 275318579 Yama 10:40AM - 12:20PM Varyan Untill 4:22AM Tue Muruga: Red Sunset: 6:59PM Moon 4 - Phase 4 - Purnima | |
| Family Home Evening Rahu 7:21AM - 9:01AM Visi Untill 7:50AM Nataraja: Purple 4th Phase | |
| Routine Work Marana Yoga Purnima* Untill 8:59PM Moon - Orange Sivaloka Day | |
| Untill 7:40AM Tue Vaisaka-Chaitra | |
| Then Creative Work - Siddha Yoga | |

Tuesday, May 13, 2025

| | |
|---|---|
| Viswasa Nama Samvatsara Uтарыне Nartana Ritau Mesha Mase Krishna Paksha Mangala Vesara Yuktyam Abu Dhabi, AE | |
| Vishakha/Anuradha Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathimayam Titau Sun 29 Sutra 29 | |
| 2 | Gulika 12:20PM - 1:59PM Vishakha Untill 7:40AM Ganesha: Yellow Sunrise: 5:41AM Vivasasu 5:127 |
| Wishika Rasi: 2.29 Tithi 16 Yama 9:00AM - 10:40AM Parigha* Untill 5:03AM Wed Muruga: Red Sunset: 6:58PM Moon 4 - Phase 4 - Prathama | |
| Routine Work Marana Yoga 275318579 Rahu 3:39PM - 5:18PM Balava Untill 10:07AM Nataraja: Purple 4th Phase | |
| Untill 7:40AM Prathama* Untill 11:08PM Moon - Orange Sivaloka Day | |
| Then Creative Work - Siddha Yoga Vaisaka-Chaitra | |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

**Wednesday, May 14, 2025****Gold Retreat Star**

Wischika Rasi: 14.3 Tithi 17

Creative Work Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Будха Васара Yuktayam

Anuradha/Jyeshtha* Nakshatra Shiva Yoga Talila/Gara Karana Divityayam Tilau

Gulika 10:40AM - 12:20PM

Yama 7:20AM - 9:00AM

Rahu 12:20PM - 1:59PM

Anuradha Untill 10:17AM

Shiva Untill 5:31AM Thu

Talila Untill 12:08PM

Dvitiya Untill 1:01AM Thu

Ganesha: Yellow

Muruga: Red

Nataraja: Purple

Moon - Orange

Sunrise: 5:41AM

Sunset: 6:58PM

Moon 5 - Phase 5 - 1

1st Phase

Abu Dhabi, AE

Sun 1 Sufra 30

Vasarasu 5:17

Moon 5 - Phase 5 - 1

1st Phase

Thursday, May 15, 2025

Wischika Rasi: 26.37 Tithi 18

Routine Work Prabalarishta Yoga

Untill 12:27PM

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Гуну Васара Yuktayam

Jyeshtha*/Mula* Nakshatra Siddha Yoga Vanja/Vesil* Karana Tritrayayam Tilau

Gulika 9:00AM - 10:40AM

Yama 5:40AM - 7:20AM

Rahu 1:59PM - 3:39PM

Jyeshtha* Untill 12:27PM

Siddha Untill 5:42AM Fri

Vanija Untill 1:51PM

Tritiya Untill 2:34AM Fri

Ganesha: Yellow

Muruga: Red

Nataraja: Purple

Vain - Orange

Sunrise: 5:40AM

Sunset: 6:58PM

Moon 5 - Phase 5 - 2

1st Phase

Abu Dhabi, AE

Sun 2 Sufra 31

Vasarasu 5:17

Moon 5 - Phase 5 - 2

1st Phase

Friday, May 16, 2025

Dhanus Rasi: 8.53 Tithi 19

Creative Work Amrita Yoga

Untill 2:37PM

Then Routine Work - Prabalarishta Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Sukra Vasara Yuktayam

Mula*/Purvashadha* Nakshatra Sadya Yoga Bava/Balava Karana Chaturthayam Tilau

Gulika 7:20AM - 9:00AM

Yama 3:39PM - 5:19PM

Rahu 10:40AM - 12:20PM

Mula* Untill 2:37PM

Sadya Untill 5:37AM Sat

Bava Untill 3:14PM

Chaturthi* Untill 3:46AM Sat

Ganesha: Blue

Muruga: Red

Nataraja: Purple

Moon - Light Blue

Sunrise: 5:40AM

Sunset: 6:59PM

Moon 5 - Phase 5 - 3

1st Phase

Abu Dhabi, AE

Sun 3 Sufra 32

Vasarasu 5:17

Moon 5 - Phase 5 - 3

1st Phase

Saturday, May 17, 2025

Dhanus Rasi: 21.18 Tithi 20

Creative Work Siddha Yoga

Untill 4:14PM

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Manta Vasara Yuktayam

Purvashadha*/Uttarashadha Nakshatra Subha Yoga Kaalava/Taila Karana Panchamayam Tilau

Gulika 5:39AM - 7:19AM

Yama 2:00PM - 3:40PM

Rahu 8:59AM - 10:40AM

Purvashadha* Untill 4:14PM

Subha Untill 5:13AM Sun

Kaalava Untill 4:13PM

Panchami Untill 4:31AM Sun

Ganesha: Blue

Muruga: Red

Nataraja: Purple

Vaisaka-Valkasi

Sunrise: 5:39AM

Sunset: 7:09PM

Moon 5 - Phase 5 - 4

1st Phase

Abu Dhabi, AE

Sun 4 Sufra 33

Vasarasu 5:17

Moon 5 - Phase 5 - 4

1st Phase

Sunday, May 18, 2025

Makara Rasi: 3.55 Tithi 21

Creative Work Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Bhanu Vasara Yuktayam

Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanja Karana Shashthiyam Tilau

Gulika 3:40PM - 5:20PM

Yama 12:20PM - 2:00PM

Rahu 5:20PM - 7:00PM

Uttarashadha Untill 5:15PM

Sukla Untill 4:24AM Mon

Gara Untill 4:45PM

Shashthi* Untill 4:47AM Mon

Ganesha: Blue

Muruga: Red

Nataraja: Purple

Moon - Light Blue

Sunrise: 5:39AM

Sunset: 7:09PM

Moon 5 - Phase 5 - 5

1st Phase

Abu Dhabi, AE

Sun 5 Sufra 34

Vasarasu 5:17

Moon 5 - Phase 5 - 5

1st Phase

Monday, May 19, 2025

Makara Rasi: 16.46 Tithi 22

Family Home Evening

Creative Work Amrita Yoga

Untill 6:03PM

Then Creative Work - Siddha Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Indu Vasara Yuktayam

Shravana Nakshatra Brahma Yoga Vesil*/Bava Karana Sapthamayam Tilau

Gulika 2:00PM - 3:40PM

Yama 10:39AM - 12:20PM

Rahu 7:19AM - 8:59AM

Shravana Untill 6:03PM

Brahma Untill 3:08AM Tue

Vesil Untill 4:43PM

Sapthami Untill 4:28AM Tue

Ganesha: Blue

Muruga: Red

Nataraja: Purple

Moon - Purple

Sunrise: 5:38AM

Sunset: 7:09PM

Moon 5 - Phase 5 - 6

1st Phase

Abu Dhabi, AE

Sun 6 Sufra 35

Vasarasu 5:17

Moon 5 - Phase 5 - 6

1st Phase

Tuesday, May 20, 2025

Makara Rasi: 29.54 Tithi 23

Creative Work Siddha Yoga

Untill 6:06PM

Then Routine Work - Marana Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Mangala Vasara Yuktayam

Dhanishtha Nakshatra Indra Yoga Balava/Kaulava Karana Ashtamayam Tilau

Gulika 12:20PM - 2:00PM

Yama 8:59AM - 10:39AM

Rahu 3:40PM - 5:21PM

Dhanishtha Untill 6:06PM

Indra Untill 1:23AM Wed

Balava Untill 4:06PM

Ashtami* Untill 3:31AM Wed

Ganesha: Blue

Muruga: Red

Nataraja: Purple

Moon - Purple

Sunrise: 5:38AM

Sunset: 7:09PM

Moon 5 - Phase 5 - 7

Ashtami

Abu Dhabi, AE

Sun 7 Sufra 36

Vasarasu 5:17

Moon 5 - Phase 5 - 7

Ashtami

Wednesday, May 21, 2025

Kumbha Rasi: 13.23 Tithi 24

Creative Work Siddha Yoga

Untill 5:22PM

Then Creative Work - Amrita Yoga

Vishvasu Nama Samvatsara Uтарыяне Наратана Рітау Вішвабха Масе Кгішна Пакіше Budha Vasara Yuktayam

Shatabhishak/Purvashrothapada* Nakshatra Vaidhriil* Yoga Talila/Gara Karana Navamayam Tilau

Gulika 10:39AM - 12:20PM

Yama 7:18AM - 8:59AM

Rahu 12:20PM - 2:00PM

Shatabhishak Untill 5:22PM

Vaidhriil* Untill 11:05PM

Talila Untill 2:50PM

Navami* Untill 1:56AM Thu

Ganesha: Blue

Muruga: Red

Nataraja: Purple

Moon - Purple

Sunrise: 5:38AM

Sunset: 7:09PM

Moon 5 - Phase 5 - 8

Navami

Abu Dhabi, AE

Sun 8 Sufra 37

Vasarasu 5:17

Moon 5 - Phase 5 - 8

Navami

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

1 Thursday, May 22, 2025

Kumbha Rasi: 27.15 Tithi 25
Creative Work Siddha Yoga

| | | | | |
|--------------------------------|--|-------------------------|------------------------|---------------------------------|
| Gulika 8:59AM - 10:39AM | Puravroshthapada* Untill 4:17PM | Ganesh: White | Sunrise: 5:27AM | Abu Dhabi, AE |
| Yama 5:37AM - 7:18AM | Vishkambha* Untill 8:18PM | Muruga: Red | Sunset: 7:02PM | Sun 9 Sufra 38 |
| Rahu 2:00PM - 3:41PM | Vanija Untill 12:55PM | Nataraja: Purple | | Vasavasu 5:17 |
| | Dashami Untill 11:43PM | Moon - Clear | | Moon 5 - Phase 6 - 11 2nd Phase |
| | | Vaisaka-Vaikasi | | Devaloka Day |

2 Friday, May 23, 2025

Mesha Rasi: 11.31 Tithi 26
Creative Work Siddha Yoga

| | | | | |
|-------------------------------|---|-------------------------|------------------------|---------------------------------|
| Gulika 7:18AM - 8:58AM | Uttaravroshthapada Untill 2:30PM | Ganesh: White | Sunrise: 5:27AM | Abu Dhabi, AE |
| Yama 3:41PM - 5:22PM | Priti Untill 5:03PM | Muruga: Red | Sunset: 7:03PM | Sun 10 Sufra 39 |
| Rahu 10:39AM - 12:20PM | Bava Untill 10:26AM | Nataraja: Purple | | Vasavasu 5:17 |
| | Ekadashi* Untill 8:58PM | Moon - Clear | | Moon 5 - Phase 6 - 11 2nd Phase |
| | | Vaisaka-Vaikasi | | Devaloka Day |

3 Saturday, May 24, 2025

Mesha Rasi: 26.08 Tithi 27 - 28
Routine Work Prabalarishta Yoga
Untill 12:06PM
Then Creative Work - Siddha Yoga

| | | | | |
|-------------------------------|--------------------------------|-------------------------|------------------------|---------------------------------|
| Gulika 5:37AM - 7:17AM | Revati Untill 12:06PM | Ganesh: White | Sunrise: 5:27AM | Abu Dhabi, AE |
| Yama 2:01PM - 3:42PM | Ayushman Untill 1:25PM | Muruga: Red | Sunset: 7:03PM | Sun 11 Sufra 40 |
| Rahu 8:58AM - 10:39AM | Kaulava Untill 7:26AM | Nataraja: Purple | | Vasavasu 5:17 |
| | Dvadashi* Untill 5:47PM | Moon - Clear | | Moon 5 - Phase 6 - 11 2nd Phase |
| | | Vaisaka-Vaikasi | | Devaloka Day |

Pradosha Vata (Fasting)

4 Sunday, May 25, 2025

Mesha Rasi: 11.03 Tithi 28 - 29
Creative Work Siddha Yoga
Untill 9:37AM
Then Routine Work - Prabalarishta Yoga

| | | | | |
|-------------------------------|----------------------------------|-------------------------|------------------------|---------------------------------|
| Gulika 3:42PM - 5:23PM | Ashvini Untill 9:37AM | Ganesh: Green | Sunrise: 5:36AM | Abu Dhabi, AE |
| Yama 12:20PM - 2:01PM | Saubhagya Untill 9:30AM | Muruga: Red | Sunset: 7:04PM | Sun 12 Sufra 41 |
| Rahu 5:23PM - 7:04PM | Vishti Untill 12:30AM Mon | Nataraja: Purple | | Vasavasu 5:17 |
| | Trayodashi* Untill 2:18PM | Moon - White | | Moon 5 - Phase 6 - 12 2nd Phase |
| | | Vaisaka-Vaikasi | | Devaloka Day |

Monday, May 26, 2025

Retreat Star
Mesha Rasi: 26.08 Tithi 29 - 30
Family Home Evening
Creative Work Siddha Yoga
Untill 6:49AM
Then Routine Work - Marana Yoga

| | | | | |
|-------------------------------|-------------------------------------|-------------------------|------------------------|--------------------------------|
| Gulika 2:01PM - 3:42PM | Bharani Untill 6:49AM | Ganesh: Clear | Sunrise: 5:36AM | Abu Dhabi, AE |
| Yama 10:39AM - 12:20PM | Alhiganda* Untill 1:21AM Tue | Muruga: Red | Sunset: 7:04PM | Sun 13 Sufra 42 |
| Rahu 7:17AM - 8:58AM | Chatuspada Untill 8:51PM | Nataraja: Purple | | Vasavasu 5:17 |
| | Chaturdashi* Untill 10:39AM | Moon - White | | Moon 5 - Phase 6 - 13 Amavasya |
| | | Vaisaka-Vaikasi | | Sivaloka Day |

Tuesday, May 27, 2025

Retreat Star
Vishabha Rasi: 11.14 Tithi 30 - 1
Creative Work Amrita Yoga
Untill 1:21AM Wed
Then Creative Work - Siddha Yoga

| | | | | |
|--------------------------------|---------------------------------|-------------------------|------------------------|--------------------------------|
| Gulika 12:20PM - 2:01PM | Rohini Untill 1:21AM Wed | Ganesh: Green | Sunrise: 5:36AM | Abu Dhabi, AE |
| Yama 8:58AM - 10:39AM | Sukarma Untill 9:23PM | Muruga: Red | Sunset: 7:05PM | Sun 14 Sufra 43 |
| Rahu 3:42PM - 5:24PM | Bava Untill 3:34AM Wed | Nataraja: Purple | | Vasavasu 5:17 |
| | Amavasya* Untill 7:01AM | Moon - Yellow | | Moon 5 - Phase 6 - 14 Prathama |
| | | Jyeshtha-Vaikasi | | Devaloka Day |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | |
|--|-------------------|--|------------------|-----------------|-----------------------|---------------------------|
| 1 Wednesday, May 28, 2025 | | Vishvasu Nama Samvatsara Uтарыяне Наратана Рібату Вішабха Мэсе Сукта Пакше Бадха Васара Yuktayam | | | | Abu Dhabi, AE |
| Migashira Nakshatra Dhrivi/Shula | | Yoga Balava/Kadava Karana Dvityayam Titau | | | | Sun 15 Sutra 44 |
| Gulika | 10:39AM - 12:20PM | Mrigashira Until 11:01PM | Ganesh: Green | Sunrise: 5:36AM | Vasavasu 5:17 | |
| Yama | 7:17AM - 8:58AM | Dhrivi Until 5:40PM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 7 - 15 | 3rd Phase |
| 337418579 Rahu | 12:20PM - 2:02PM | Balava Until 1:59PM | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | Dvitiya Until 12:28AM Thu | Moon - Yellow | | | Devaloka Day |
| | | Jyeshtha-Vaikasi | | | | |
| 2 Thursday, May 29, 2025 | | Vishvasu Nama Samvatsara Uтарыяне Наратана Рібату Вішабха Мэсе Сукта Пакше Гору Васара Yuktayam | | | | Abu Dhabi, AE |
| Andra Nakshatra Shula/Ganda | | Yoga Talilla/Gara Karana Tritiyayam Titau | | | | Sun 16 Sutra 45 |
| Gulika | 8:58AM - 10:39AM | Andra Until 9:03PM | Ganesh: Green | Sunrise: 5:35AM | Vasavasu 5:17 | |
| Yama | 5:35AM - 7:17AM | Shula* Until 2:18PM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 7 - 16 | 3rd Phase |
| 337418579 Rahu | 2:02PM - 3:43PM | Talilla Until 11:07AM | Nataraja: Purple | | | |
| Routine Work | Marana Yoga | Tritiya Until 9:53PM | Moon - Yellow | | | Devaloka Day |
| Then Creative Work | Amrita Yoga | Jyeshtha-Vaikasi | | | | |
| 3 Friday, May 30, 2025 | | Vishvasu Nama Samvatsara Uтарыяне Наратана Рібату Вішабха Мэсе Сукта Пакше Sukra Vasara Yuktayam | | | | Abu Dhabi, AE |
| Punarvasu Nakshatra Ganda*/Middhi Yoga Vanja/Visit* | | Karana Chaturthiyam Titau | | | | Sun 17 Sutra 46 |
| Gulika | 7:16AM - 8:58AM | Punarvasu Until 8:02PM | Ganesh: White | Sunrise: 5:35AM | Vasavasu 5:17 | |
| Yama | 3:43PM - 5:25PM | Ganda* Until 11:28AM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 7 - 17 | 3rd Phase |
| 347418579 Rahu | 10:39AM - 12:21PM | Vanija Until 8:50AM | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | Chaturthi* Until 7:57PM | Moon - Blue | | | Devaloka Day |
| Then Routine Work | Marana Yoga | Jyeshtha-Vaikasi | | | | |
| 4 Saturday, May 31, 2025 | | Vishvasu Nama Samvatsara Uтарыяне Наратана Рібату Вішабха Мэсе Сукта Пакше Marta Vasara Yuktayam | | | | Abu Dhabi, AE |
| Pushya Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau | | | | | | Sun 18 Sutra 47 |
| Gulika | 5:35AM - 7:16AM | Pushya Until 7:39PM | Ganesh: White | Sunrise: 5:35AM | Vasavasu 5:17 | |
| Yama | 2:02PM - 3:44PM | Vridhhi Until 9:15AM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 7 - 18 | 3rd Phase |
| 347418579 Rahu | 8:58AM - 10:39AM | Bava Until 7:18AM | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | Panchami Until 6:49PM | Moon - Blue | | | Devaloka Day |
| Then Routine Work | Marana Yoga | Jyeshtha-Vaikasi | | | | |
| 5 Sunday, June 1, 2025 | | Vishvasu Nama Samvatsara Uтарыяне Наратана Рібату Вішабха Мэсе Сукта Пакше Bhanu Vasara Yuktayam | | | | Abu Dhabi, AE |
| Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Talilla Karana Shachthiyam Titau | | | | | | Sun 19 Sutra 48 |
| Gulika | 3:44PM - 5:25PM | Ashlesha* Until 7:58PM | Ganesh: White | Sunrise: 5:35AM | Vasavasu 5:17 | |
| Yama | 12:21PM - 2:02PM | Dhruva Until 7:41AM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 7 - 19 | 3rd Phase |
| 347418579 Rahu | 5:25PM - 7:07PM | Kaulava Until 6:35AM | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | Shashthi* Until 6:32PM | Moon - Blue | | | Devaloka Day |
| Then Routine Work | Marana Yoga | Jyeshtha-Vaikasi | | | | |
| 6 Monday, June 2, 2025 | | Vishvasu Nama Samvatsara Uтарыяне Наратана Рібату Вішабха Мэсе Сукта Пакше Indu Vasara Yuktayam | | | | Abu Dhabi, AE |
| Magha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Sapthamyam Titau | | | | | | Sun 20 Sutra 49 |
| Gulika | 2:03PM - 3:44PM | Magha* Until 9:26PM | Ganesh: White | Sunrise: 5:35AM | Vasavasu 5:17 | |
| Yama | 10:39AM - 12:21PM | Vyaghata* Until 6:50AM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 7 - 20 | 3rd Phase |
| 358418579 Rahu | 7:16AM - 8:58AM | Gara Until 6:45AM | Nataraja: Purple | | | |
| Family Home Evening | Marana Yoga | Saptami Until 7:08PM | Moon - Red | | | Subha Sivaloka Day |
| Then Routine Work | Siddha Yoga | Jyeshtha-Vaikasi | | | | |
| Tuesday, June 3, 2025 | | Vishvasu Nama Samvatsara Uтарыяне Наратана Рібату Вішабха Мэсе Сукта Пакше Mangala Vasara Yuktayam | | | | Abu Dhabi, AE |
| Retreat Star | | Purvaphalguni Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau | | | | Sun 21 Sutra 50 |
| Gulika | 12:21PM - 2:03PM | Purvaphalguni Until 11:30PM | Ganesh: White | Sunrise: 5:35AM | Vasavasu 5:17 | |
| Yama | 8:58AM - 10:40AM | Harshana Until 6:39AM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 7 - 21 | Ashtami |
| 358418579 Rahu | 3:45PM - 5:26PM | Visti Until 7:45AM | Nataraja: Purple | | | |
| Creative Work | Siddha Yoga | Ashtami* Until 8:30PM | Moon - Red | | | Subha Sivaloka Day |
| Then Routine Work | Amrita Yoga | Jyeshtha-Vaikasi | | | | |
| Wednesday, June 4, 2025 | | Vishvasu Nama Samvatsara Uтарыяне Наратана Рібату Вішабха Мэсе Сукта Пакше Budha Vasara Yuktayam | | | | Abu Dhabi, AE |
| Retreat Star | | Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kadava Karana Navamyam Titau | | | | Sun 22 Sutra 51 |
| Gulika | 10:40AM - 12:21PM | Uttaraphalguni Until 1:58AM Thu | Ganesh: White | Sunrise: 5:34AM | Vasavasu 5:17 | |
| Yama | 7:16AM - 8:58AM | Vajra* Until 6:59AM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 7 - 22 | Navami |
| 358418579 Rahu | 12:21PM - 2:03PM | Balava Until 9:26AM | Nataraja: Purple | | | |
| Creative Work | Amrita Yoga | Navami* Until 10:28PM | Moon - Red | | | Subha Sivaloka Day |
| Then Routine Work | Marana Yoga | Jyeshtha-Vaikasi | | | | |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| 1 Thursday, June 5, 2025 | | Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Вішэбха Маса Сукла Паіше: Guru Vasara Yuktayam | | | | Abu Dhabi, AE |
|----------------------------------|-------------|--|-----------------------------------|----------------------|-----------------|-----------------------|
| | | Hasla Nakshatra Siddhi/Vyatipata* Yoga Talila/Gara Karana Dashamyam Tilau | | | | Sun 23 Sutra 52 |
| Kanya Rasi: 11:55 | Tithi 10 | Gulika 8:58AM - 10:40AM | Hasla Untill 5:06AM Fri | Ganesh: Clear | Sunrise: 5:34AM | Vasavasu 5:17 |
| | | Yama 5:34AM - 7:16AM | Siddhi Untill 7:45AM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 8 - 23 |
| | | 368418571 Rahu 2:03PM - 3:45PM | Taitila Untill 11:39AM | Nataraja: Blue | | 4th Phase |
| Routine Work | Marana Yoga | | Dashami Untill 12:51AM Fri | Moon - Green | | Sivaloka Day |
| Untill 5:06AM Fri | | | | Jyeshtha-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

| 2 Friday, June 6, 2025 | | Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Вішэбха Маса Сукла Паіше: Sukra Vasara Yuktayam | | | | Abu Dhabi, AE |
|------------------------|-------------|---|-----------------------------------|----------------------|-----------------|-----------------------|
| | | Chitra Nakshatra Varjani/Variyan Yoga Vanja/Visli* Karana Ekadashyam Tilau | | | | Sun 24 Sutra 53 |
| Kanya Rasi: 23:46 | Tithi 11 | Gulika 7:16AM - 8:58AM | Chitra Untill 8:12AM Sat | Ganesh: Clear | Sunrise: 5:34AM | Vasavasu 5:17 |
| | | Yama 3:45PM - 5:27PM | Vyatipata* Untill 8:45AM | Muruga: Red | Sunset: 7:09PM | Moon 5 - Phase 8 - 24 |
| | | 368418571 Rahu 10:40AM - 12:22PM | Vanija Untill 2:08PM | Nataraja: Blue | | 4th Phase |
| Creative Work | Siddha Yoga | | Ekadashi Untill 3:23AM Sat | Moon - Green | | Sivaloka Day |
| | | | | Jyeshtha-Vaikasi | | |

| 3 Saturday, June 7, 2025 | | Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Вішэбха Маса Сукла Паіше: Mani Vasara Yuktayam | | | | Abu Dhabi, AE |
|----------------------------------|-------------|--|-----------------------------------|----------------------|-----------------|-----------------------|
| | | Chitra/Vasali Nakshatra Varjani/Parigraha* Yoga Bava/Balava Karana Dvadashyam Tilau | | | | Sun 25 Sutra 54 |
| Tula Rasi: 5:34 | Tithi 12 | Gulika 5:34AM - 7:16AM | Chitra Untill 8:12AM | Ganesh: Clear | Sunrise: 5:34AM | Vasavasu 5:17 |
| | | Yama 2:04PM - 3:46PM | Variyan Untill 9:48AM | Muruga: Red | Sunset: 7:10PM | Moon 5 - Phase 8 - 25 |
| | | 368418571 Rahu 8:58AM - 10:40AM | Bava Untill 4:40PM | Nataraja: Blue | | 4th Phase |
| Routine Work | Marana Yoga | | Dvadashi Untill 5:52AM Sun | Moon - Green | | Sivaloka Day |
| Untill 8:12AM | | | | Jyeshtha-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

| 4 Sunday, June 8, 2025 | | Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Вішэбха Маса Сукла Паіше: Bhanu Vasara Yuktayam | | | | Abu Dhabi, AE |
|---------------------------------|-------------|---|-------------------------------------|----------------------|-----------------|-----------------------|
| | | Svali/Vishakha Nakshatra Parigraha* Shiva Yoga Kaulava Karana Trayodashyam Tilau | | | | Sun 26 Sutra 55 |
| Tula Rasi: 17:24 | Tithi 13 | Gulika 3:46PM - 5:28PM | Svali Untill 11:04AM | Ganesh: Clear | Sunrise: 5:34AM | Vasavasu 5:17 |
| | | Yama 12:22PM - 2:04PM | Parigraha* Untill 10:49AM | Muruga: Red | Sunset: 7:10PM | Moon 5 - Phase 8 - 26 |
| | | 368418571 Rahu 5:28PM - 7:10PM | Kaulava Untill 7:04PM | Nataraja: Blue | | 4th Phase |
| Creative Work | Siddha Yoga | | Trayodashi Untill 8:10AM Mon | Moon - Green | | Sivaloka Day |
| Untill 11:04AM | | Vaikasi Visakam | | Jyeshtha-Vaikasi | | |
| Then Routine Work - Marana Yoga | | | <i>Pradosha Vata</i> | | | |

| 5 Monday, June 9, 2025 | | Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Вішэбха Маса Сукла Паіше: Indu Vasara Yuktayam | | | | Abu Dhabi, AE |
|----------------------------------|---------------|---|---------------------------------|----------------------|-----------------|-----------------------|
| | | Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Tilau | | | | Sun 27 Sutra 56 |
| Tula Rasi: 29:19 | Tithi 13 - 14 | Gulika 2:04PM - 3:46PM | Vishakha Untill 2:03PM | Ganesh: Clear | Sunrise: 5:34AM | Vasavasu 5:17 |
| Family Home Evening | | Yama 10:40AM - 12:22PM | Shiva Untill 11:40AM | Muruga: Red | Sunset: 7:10PM | Moon 5 - Phase 8 - 27 |
| | | 379418571 Rahu 7:16AM - 8:58AM | Gara Untill 9:13PM | Nataraja: Blue | | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Untill 8:10AM | Moon - Orange | | Sivaloka Day |
| Untill 2:03PM | | | | Jyeshtha-Vaikasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

| Tuesday, June 10, 2025 | | Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Вішэбха Маса Сукла Паіше: Mangala Vasara Yuktayam | | | | Abu Dhabi, AE |
|---------------------------------|---------------|---|-----------------------------------|----------------------|-----------------|----------------------------|
| | | Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Vanja/Visli* Karana Chaturdashyam Tilau | | | | Sun 28 Sutra 57 |
| Copper Retreat Star | | Gulika 12:22PM - 2:04PM | Anuradha Untill 4:33PM | Ganesh: Clear | Sunrise: 5:34AM | Vasavasu 5:17 |
| Wishika Rasi: 11:2 | Tithi 14 - 15 | Yama 8:58AM - 10:40AM | Siddha Untill 12:14PM | Muruga: Red | Sunset: 7:11PM | Moon 5 - Phase 8 - Purnima |
| | | 379418571 Rahu 3:47PM - 5:29PM | Visli Untill 11:01PM | Nataraja: Blue | | |
| Creative Work | Siddha Yoga | | Chaturdash* Untill 10:09AM | Moon - Orange | | Sivaloka Day |
| Untill 4:33PM | | | | Jyeshtha-Vaikasi | | |
| Then Routine Work - Marana Yoga | | | | | | |

| Wednesday, June 11, 2025 | | Viswasa Nama Samvatsare Uтарыне Нартапа Рітау Вішэбха Маса Krishna Paikshe Budha Vasara Yuktayam | | | | Abu Dhabi, AE |
|---------------------------------|---------------|--|--------------------------------|----------------------|-----------------|-----------------------------|
| | | Jyeshtha* Nakshatra Sadhya/Subha* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau | | | | Sun 29 Sutra 58 |
| Silver Retreat Star | | Gulika 10:41AM - 12:23PM | Jyeshtha* Untill 6:32PM | Ganesh: Clear | Sunrise: 5:34AM | Vasavasu 5:17 |
| Wishika Rasi: 23:29 | Tithi 15 - 16 | Yama 7:16AM - 8:58AM | Sadhya Untill 12:33PM | Muruga: Red | Sunset: 7:11PM | Moon 5 - Phase 8 - Prathama |
| | | 379418571 Rahu 12:23PM - 2:05PM | Balava Untill 12:27AM Thu | Nataraja: Blue | | |
| Creative Work | Siddha Yoga | | Purnima* Untill 11:46AM | Moon - Orange | | Sivaloka Day |
| Untill 6:32PM | | | | Jyeshtha-Vaikasi | | |
| Then Routine Work - Marana Yoga | | | | | | |

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

**Thursday, June 12, 2025****Gold Retreat Star**

| | | | | | | |
|-------------------|---------------|---|-------------------------------|--------------------------|-----------------|------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакша: Guru Vasara Yuktyam | | | | Abu Dhabi, AE |
| | | Mula* Nakshatra Subha/Sukla Yoga Kaukava/Taila Karana Prathama/Dvityayam Tilau | | | | Sufra 59 |
| Dhanus Rasi: 5.49 | TITHI 16 - 17 | Gulika 8:59AM - 10:41AM | Mula* Until 8:27PM | Ganesh: Purple | Sunrise: 5:34AM | Vasavasu 5:127 |
| | | Yama 5:34AM - 7:16AM | Subha Until 12:35PM | Muruga: Red | Sunset: 7:17PM | Moon 6 - Phase 9 - 1st Phase |
| Creative Work | Siddha Yoga | 389418571 Rahu 2:05PM - 3:47PM | Taila Until 1:30AM Fri | Nataraja: Blue | | |
| | | | Prathama* Until 1:00PM | Moon - Light Blue | | Devaloka Day |
| | | | | Jyeshtha-Vaikasi | | |

Friday, June 13, 2025

| | | | | | | |
|---------------------------------|-------------------|--|---------------------------------|--------------------------|-----------------|------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакша: Sukra Vasara Yuktyam | | | | Abu Dhabi, AE |
| | | Purvashada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitya/Tritiyayam Tilau | | | | Sufra 60 |
| Dhanus Rasi: 18.19 | TITHI 17 - 18 | Gulika 7:17AM - 8:59AM | Purvashada* Until 9:51PM | Ganesh: Purple | Sunrise: 5:34AM | Vasavasu 5:127 |
| | | Yama 2:05PM - 3:48PM | Sukla Until 12:17PM | Muruga: Red | Sunset: 7:17PM | Moon 6 - Phase 9 - 1st Phase |
| Routine Work | Prabalashita Yoga | 389418571 Rahu 10:41AM - 12:23PM | Vanija Until 2:09AM Sat | Nataraja: Blue | | |
| Until 9:51PM | | | Dvitiya Until 1:51PM | Moon - Light Blue | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | Jyeshtha-Vaikasi | | |

Saturday, June 14, 2025

| | | | | | | |
|----------------------------------|---------------|---|----------------------------------|--------------------------|-----------------|--------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Вішвабха Маса Крішна Пакша: Manita Vasara Yuktyam | | | | Abu Dhabi, AE |
| | | Uttarashada Nakshatra Brahma/Indra Yoga Vasi* (Bava Karana Tritiya/Chaturtham Tilau | | | | Sufra 61 |
| Makara Rasi: 0.58 | TITHI 18 - 19 | Gulika 5:34AM - 7:17AM | Uttarashada Until 10:43PM | Ganesh: Purple | Sunrise: 5:34AM | Vasavasu 5:127 |
| | | Yama 2:05PM - 3:48PM | Brahma Until 11:42AM | Muruga: Red | Sunset: 7:17PM | Moon 6 - Phase 9 - 2 1st Phase |
| Routine Work | Marana Yoga | 389418571 Rahu 8:59AM - 10:41AM | Bava Until 2:26AM Sun | Nataraja: Blue | | |
| Until 10:43PM | | | Tritiya Until 2:19PM | Moon - Light Blue | | Devaloka Day |
| Then Creative Work - Siddha Yoga | | | | Jyeshtha-Vaikasi | | |

Sunday, June 15, 2025

| | | | | | | |
|---------------------------------|---------------|--|--------------------------------|-----------------------|-----------------|--------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілана Маса Крішна Пакша: Bhanu Vasara Yuktyam | | | | Abu Dhabi, AE |
| | | Shravana Nakshatra Indra/Vaidhri* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Tilau | | | | Sufra 62 |
| Makara Rasi: 13.49 | TITHI 19 - 20 | Gulika 3:48PM - 5:30PM | Shravana Until 11:31PM | Ganesh: Clear | Sunrise: 5:35AM | Vasavasu 5:127 |
| | | Yama 12:23PM - 2:06PM | Indra Until 10:50AM | Muruga: Red | Sunset: 7:17PM | Moon 6 - Phase 9 - 3 1st Phase |
| Creative Work | Amrita Yoga | 399418571 Rahu 5:30PM - 7:12PM | Kaulava Until 2:19AM Mon | Nataraja: Blue | | |
| Until 11:31PM | | | Chaturthi* Until 2:24PM | Moon - Purple | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | Father's Day | Jyeshtha-Ani | | |

Monday, June 16, 2025

| | | | | | | |
|----------------------------|---------------|---|---------------------------------|-----------------------|-----------------|--------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілана Маса Крішна Пакша: Indu Vasara Yuktyam | | | | Abu Dhabi, AE |
| | | Dhanishtha Nakshatra Vaidhri* (Vishkambha* Yoga Taila/Gara Karana Panchami/Shaohyam Tilau | | | | Sufra 63 |
| Makara Rasi: 26.52 | TITHI 20 - 21 | Gulika 2:06PM - 3:48PM | Dhanishtha Until 11:45PM | Ganesh: Yellow | Sunrise: 5:35AM | Vasavasu 5:127 |
| Family Home Evening | | Yama 10:41AM - 12:24PM | Vaidhri* Until 9:37AM | Muruga: Red | Sunset: 7:17PM | Moon 6 - Phase 9 - 4 1st Phase |
| Creative Work | Siddha Yoga | 391418571 Rahu 7:17AM - 8:59AM | Gara Until 1:47AM Tue | Nataraja: Blue | | |
| | | | Panchami Until 2:05PM | Moon - Purple | | Sivaloka Day |
| | | | | Jyeshtha-Ani | | |

Tuesday, June 17, 2025

| | | | | | | |
|--------------------|---------------|--|-----------------------------------|-----------------------|-----------------|--------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілана Маса Крішна Пакша: Mangala Vasara Yuktyam | | | | Abu Dhabi, AE |
| | | Shatabhishak Nakshatra Vishkambha* (Pithi Yoga Varjya/Vasi* Karana Shashthi/Saptamam Tilau | | | | Sufra 64 |
| Kumbha Rasi: 10.08 | TITHI 21 - 22 | Gulika 12:24PM - 2:06PM | Shatabhishak Until 11:25PM | Ganesh: Yellow | Sunrise: 5:35AM | Vasavasu 5:127 |
| | | Yama 8:59AM - 10:42AM | Vishkambha* Until 8:05AM | Muruga: Red | Sunset: 7:17PM | Moon 6 - Phase 9 - 5 1st Phase |
| Routine Work | Marana Yoga | 391418571 Rahu 3:48PM - 5:31PM | Vasi Until 12:49AM Wed | Nataraja: Blue | | |
| | | | Shashthi* Until 1:20PM | Moon - Purple | | Sivaloka Day |
| | | | | Jyeshtha-Ani | | |

Wednesday, June 18, 2025

| | | | | | | |
|----------------------------------|---------------|--|--|-----------------------|-----------------|--------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілана Маса Крішна Пакша: Budha Vasara Yuktyam | | | | Abu Dhabi, AE |
| | | Uttarashrothapada* Nakshatra Pithi/Ajyotman Yoga Kaukava/Taila Karana Ashtami/Navamam Tilau | | | | Sufra 65 |
| Kumbha Rasi: 23.38 | TITHI 22 - 23 | Gulika 10:42AM - 12:24PM | Purvashrothapada* Until 10:54PM | Ganesh: Clear | Sunrise: 5:35AM | Vasavasu 5:127 |
| | | Yama 7:17AM - 9:00AM | Pithi Until 6:12AM | Muruga: Red | Sunset: 7:17PM | Moon 6 - Phase 9 - 6 1st Phase |
| Creative Work | Amrita Yoga | 311418571 Rahu 12:24PM - 2:06PM | Balava Until 11:23PM | Nataraja: Blue | | |
| Until 10:54PM | | | Saptami Until 12:08PM | Moon - Clear | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Jyeshtha-Ani | | |

Thursday, June 19, 2025

| | | | | | | |
|------------------|---------------|---|---------------------------------------|-----------------------|-----------------|--------------------------------|
| | | Vishvasu Nama Samvatsare Uтарыяне Нартапа Рітау Мілана Маса Крішна Пакша: Guru Vasara Yuktyam | | | | Abu Dhabi, AE |
| | | Uttarashrothapada Nakshatra Saubhagya Yoga Kaukava/Taila Karana Ashtami/Navamam Tilau | | | | Sufra 66 |
| Meena Rasi: 7.26 | TITHI 23 - 24 | Gulika 9:00AM - 10:42AM | Uttarashrothapada Until 9:47PM | Ganesh: Clear | Sunrise: 5:35AM | Vasavasu 5:127 |
| | | Yama 5:35AM - 7:17AM | Saubhagya Until 1:15AM Fri | Muruga: Red | Sunset: 7:17PM | Moon 6 - Phase 9 - 7 1st Phase |
| Creative Work | Siddha Yoga | 311418571 Rahu 2:07PM - 3:49PM | Taila Until 9:29PM | Nataraja: Blue | | |
| | | | Ashlami* Until 10:28AM | Moon - Clear | | Sivaloka Day |
| | | | | Jyeshtha-Ani | | |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

1 Friday, June 20, 2025

| | | | | | | |
|----------------------------------|---------------|---|-----------------------------|-----------------------|---------------------------|-----------------------|
| | | Viswasa Nama Samvatsare Uтарыне Narіana Ritau Mithuna Mase Krishna Pakshе Sakra Vasara Yuktayam | | | | Abu Dhabi, AE |
| | | Revati Nakshatra Sotthana Yoga Gara/Vanija Karana Navami/Dashamyam Titau | | | | Sun 8 Sutra 67 |
| | Gulika | 7:18AM – 9:00AM | Revati Until 8:05PM | Ganesh: White | Sunrise: 5:25AM | Vasavasu 5127 |
| Mesha Rasi: 21.31 | Tithi 24 – 25 | Yama 3:49PM – 5:31PM | Sobhana Until 10:15PM | Muruga: Red | Sunset: 7:14PM | Moon 6 - Phase 10 - 8 |
| Creative Work | Siddha Yoga | 311518571 Rahu 10:42AM – 12:25PM | Vanija Until 7:09PM | Nataraja: Blue | | 2nd Phase |
| Until 8:05PM | | | Navami* Until 8:21AM | Moon – Clear | Subha Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | | | Jyestha-Ani | | |

2 Saturday, June 21, 2025

| | | | | | | |
|------------------|---------------|---|-----------------------------------|-----------------------|------------------------|-----------------------|
| | | Viswasa Nama Samvatsare Uтарыне Narіana Ritau Mithuna Mase Krishna Pakshе Mania Vesara Yuktayam | | | | Abu Dhabi, AE |
| | | Ashvini Nakshatra Ahlganda* Yoga Bava/Balava Karana Ekadashyam Titau | | | | Sun 9 Sutra 68 |
| | Gulika | 5:36AM – 7:18AM | Ashvini Until 6:18PM | Ganesh: Yellow | Sunrise: 5:36AM | Vasavasu 5127 |
| Mesha Rasi: 5.52 | Tithi 26 | Yama 2:07PM – 3:49PM | Ahlganda* Until 6:56PM | Muruga: Red | Sunset: 7:14PM | Moon 6 - Phase 10 - 9 |
| Creative Work | Siddha Yoga | 321518571 Rahu 9:00AM – 10:42AM | Bava Until 4:26PM | Nataraja: Blue | | 2nd Phase |
| | | | Ekadashi* Until 2:57AM Sun | Moon – White | Sivaloka Day | |
| | | | | Jyestha-Ani | | |

3 Sunday, June 22, 2025

| | | | | | | |
|----------------------------------|-------------------|--|---------------------------------|-----------------------|------------------------|------------------------|
| | | Viswasa Nama Samvatsare Dakshinaya Narіana Ritau Mithuna Mase Krishna Pakshе Bhanu Visara Yuktayam | | | | Abu Dhabi, AE |
| | | Bharani/Kritika Nakshatra Sukama/Dhriti Yoga Kaulava/Taitla Karana Dvadashtyam Titau | | | | Sun 10 Sutra 69 |
| | Gulika | 3:50PM – 5:32PM | Bharani Until 4:06PM | Ganesh: Yellow | Sunrise: 5:36AM | Vasavasu 5127 |
| Mesha Rasi: 20.28 | Tithi 27 | Yama 12:25PM – 2:07PM | Sukama Until 3:24PM | Muruga: Red | Sunset: 7:14PM | Moon 6 - Phase 10 - 10 |
| Routine Work | Prabalarista Yoga | 321518571 Rahu 5:32PM – 7:14PM | Kaulava Until 1:26PM | Nataraja: Blue | | 2nd Phase |
| Until 4:06PM | | | Dvadashti* Until 11:51PM | Moon – White | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Jyestha-Ani | | |

4 Monday, June 23, 2025

| | | | | | | |
|----------------------------------|---------------|---|---------------------------------|-----------------------|------------------------|------------------------|
| | | Viswasa Nama Samvatsare Dakshinaya Narіana Ritau Mithuna Mase Krishna Pakshе Indu Vasara Yuktayam | | | | Abu Dhabi, AE |
| | | Kritika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Sun 11 Sutra 70 |
| | Gulika | 2:07PM – 3:50PM | Kritika Until 1:36PM | Ganesh: Yellow | Sunrise: 5:36AM | Vasavasu 5127 |
| Wishabha Rasi: 5.13 | Tithi 28 | Yama 10:43AM – 12:25PM | Dhriti Until 11:45AM | Muruga: Red | Sunset: 7:14PM | Moon 6 - Phase 10 - 11 |
| Family Home Evening | | 321518571 Rahu 7:18AM – 9:01AM | Gara Until 10:16AM | Nataraja: Blue | | 2nd Phase |
| Routine Work | Marana Yoga | | Trayodashi* Until 8:39PM | Moon – White | Sivaloka Day | |
| Until 1:36PM | | | | Jyestha-Ani | | |
| Then Creative Work - Amrita Yoga | | | | | | |

Pradosha Vata (Fasting)

5 Tuesday, June 24, 2025

| | | | | | | |
|----------------------------------|---------------|--|----------------------------------|-----------------------|------------------------|------------------------|
| | | Viswasa Nama Samvatsare Dakshinaya Narіana Ritau Mithuna Mase Krishna Pakshе Mangala Visara Yuktayam | | | | Abu Dhabi, AE |
| | | Rohini/Migashira Nakshatra Ganda*Yoga Vesi/Catupada* Karana Chaturdashyam Titau | | | | Sun 12 Sutra 71 |
| | Gulika | 12:25PM – 2:08PM | Rohini Until 11:22AM | Ganesh: Red | Sunrise: 5:36AM | Vasavasu 5127 |
| Wishabha Rasi: 20.01 | Tithi 29 – 30 | Yama 9:01AM – 10:43AM | Shula* Until 8:03AM | Muruga: Red | Sunset: 7:15PM | Moon 6 - Phase 10 - 12 |
| Creative Work | Amrita Yoga | 331518571 Rahu 3:50PM – 5:32PM | Vesil Until 7:04AM | Nataraja: Blue | | 2nd Phase |
| Until 11:22AM | | | Chaturdashi* Until 5:29PM | Moon – Yellow | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | Jyestha-Ani | | |

Wednesday, June 25, 2025

| | | | | | | |
|--------------------|---------------|--|--------------------------------|-----------------------|------------------------|------------------------|
| | | Viswasa Nama Samvatsare Dakshinaya Narіana Ritau Mithuna Mase Sakra Pakshе Budha Visara Yuktayam | | | | Abu Dhabi, AE |
| | | Migashira/Drda Nakshatra Viddhi Yoga Naga* Kintughna* Karana Amavasya/Prathamam Titau | | | | Sun 13 Sutra 72 |
| | Gulika | 10:43AM – 12:26PM | Mrigashira Until 9:10AM | Ganesh: Red | Sunrise: 5:36AM | Vasavasu 5127 |
| Mithuna Rasi: 4.44 | Tithi 30 – 1 | Yama 7:19AM – 9:01AM | Viddhi Until 1:08AM Thu | Muruga: Red | Sunset: 7:15PM | Moon 6 - Phase 10 - 13 |
| Creative Work | Siddha Yoga | 331518571 Rahu 12:26PM – 2:08PM | Kintughna Until 1:12AM Thu | Nataraja: Blue | | Amavasya |
| | | | Amavasya* Until 2:32PM | Moon – Yellow | Sivaloka Day | |
| | | | | Jyestha-Ani | | |

Thursday, June 26, 2025

| | | | | | | |
|----------------------------------|---------------|---|--------------------------------|-----------------------|------------------------|------------------------|
| | | Viswasa Nama Samvatsare Dakshinaya Narіana Ritau Mithuna Mase Sakra Pakshе Guru Visara Yuktayam | | | | Abu Dhabi, AE |
| | | Ardra/Punarvasu Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvityayam Titau | | | | Sun 14 Sutra 73 |
| | Gulika | 9:01AM – 10:44AM | Ardra Until 7:08AM | Ganesh: Red | Sunrise: 5:37AM | Vasavasu 5127 |
| Mithuna Rasi: 19.14 | Tithi 1 – 2 | Yama 5:37AM – 7:19AM | Dhruva Until 10:09PM | Muruga: Red | Sunset: 7:15PM | Moon 6 - Phase 10 - 14 |
| Creative Work | Marana Yoga | 331518571 Rahu 2:08PM – 3:50PM | Balava Until 10:50PM | Nataraja: Blue | | Prathama |
| Until 7:08AM | | | Prathama* Until 11:56AM | Moon – Yellow | Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | | | Ashada-Ani | | |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | |
|---|-------------|---|--|--|---|-------------------------------------|---------------------------|
| 1 Friday, June 27, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Sukra Vasara Yuktiyam Pushya Nakshatra Vyaghata* Yoga Kaulava/Tailita Karana Dvitiya/Tritiyam Titau | | | | Abu Dhabi, AE Su15 Su17 | Sutra 74 Vasavasu 5127 |
| Kataka Rasi: 3.24 | Tithi 2 - 3 | Gulika 7:19AM - 9:01AM Yama 3:50PM - 5:33PM | Pushya Until 5:06AM Sat Vyaghata* Until 7:39PM Tailita Until 9:04PM Dvitiya Until 9:51AM | Ganesh: White Muruga: Red Nataraja: Blue Moon - Blue Ashada-Ani | Sunrise: 5:27AM Sunset: 7:15PM | Moon 6 - Phase 11 - 15 3rd Phase | Devaloka Day |
| Routine Work - Marana Yoga | | 342518571 | | | | | |
| 2 Saturday, June 28, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Merita Vasara Yuktiyam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | | | Abu Dhabi, AE Sun 16 | Sutra 75 Vasavasu 5127 |
| Kataka Rasi: 17.1 | Tithi 3 - 4 | Gulika 5:37AM - 7:20AM Yama 2:08PM - 3:51PM | Ashlesha* Until 4:55AM Sun Harshana Until 5:45PM Vanija Until 8:01PM Tritiya Until 8:25AM | Ganesh: White Muruga: Red Nataraja: Blue Moon - Blue Ashada-Ani | Sunrise: 5:27AM Sunset: 7:15PM | Moon 6 - Phase 11 - 16 3rd Phase | Devaloka Day |
| Routine Work - Marana Yoga | | 342518571 | | | | | |
| 3 Sunday, June 29, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Bhanu Vasara Yuktiyam Magha* Nakshatra Vajra/Siddhi Yoga Visi* Bava Karana Chaturthi/Panchamam Titau | | | | Abu Dhabi, AE Sun 17 | Sutra 76 Vasavasu 5127 |
| Simha Rasi: 0.29 | Tithi 4 - 5 | Gulika 3:51PM - 5:33PM Yama 12:26PM - 2:09PM | Magha* Until 5:52AM Mon Vajra* Until 4:28PM Bava Until 7:46PM Chaturthi* Until 7:46AM | Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani | Sunrise: 5:38AM Sunset: 7:15PM | Moon 6 - Phase 11 - 17 3rd Phase | Sivaloka Day |
| Routine Work - Marana Yoga Until 5:52AM Mon Then Creative Work - Siddha Yoga | | 352518571 | | | | | |
| 4 Monday, June 30, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Indu Vasara Yuktiyam Purvaphalguni Nakshatra Siddhi/Vyjalpala* Yoga Balava/Kaulava Karana Panchami/Shasthityam Titau | | | | Abu Dhabi, AE Sun 18 | Sutra 77 Vasavasu 5127 |
| Simha Rasi: 13.23 | Tithi 5 - 6 | Gulika 2:09PM - 3:51PM Yama 10:44AM - 12:27PM | Purvaphalguni Until 7:26AM Tue Siddhi Until 3:51PM Kaulava Until 8:21PM Panchami Until 7:57AM | Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani | Sunrise: 5:38AM Sunset: 7:15PM | Moon 6 - Phase 11 - 18 3rd Phase | Sivaloka Day |
| Family Home Evening Creative Work - Siddha Yoga Until 7:26AM Tue Then Creative Work - Amrita Yoga | | 352518571 | | | | | |
| 5 Tuesday, July 1, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Mangala Vasara Yuktiyam Purvaphalguni Nakshatra Vyalpala* Nanyan Yoga Tailita/Gara Karana Shashthi/Saptamam Titau | | | | Abu Dhabi, AE Sun 19 | Sutra 78 Vasavasu 5127 |
| Simha Rasi: 25.55 | Tithi 6 - 7 | Gulika 12:27PM - 2:09PM Yama 9:03AM - 10:45AM | Purvaphalguni Until 7:26AM Vyalpala* Until 3:52PM Gara Until 9:41PM Shashthi* Until 8:55AM | Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani | Sunrise: 5:38AM Sunset: 7:15PM | Moon 6 - Phase 11 - 19 3rd Phase | Sivaloka Day |
| Creative Work - Siddha Yoga Until 7:26AM Then Creative Work - Amrita Yoga | | 352518571 | | | | | |
| Wednesday, July 2, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Budha Vasara Yuktiyam Uttaraphalguni Nakshatra Parigha* Shiva Yoga Vanija/Visi* Karana Sapthami/Ashtamam Titau | | | | Abu Dhabi, AE Sun 20 | Sutra 79 Vasavasu 5127 |
| Retreat Star | | Gulika 10:45AM - 12:27PM Yama 7:21AM - 9:03AM | Uttaraphalguni Until 9:31AM Varjan Until 4:20PM Visi Until 11:37PM Sapthami Until 10:34AM | Ganesh: Clear Muruga: Red Nataraja: Blue Moon - Red Ashada-Ani | Sunrise: 5:39AM Sunset: 7:15PM | Moon 6 - Phase 11 - 20 Ashtami | Sivaloka Day |
| Kanya Rasi: 8.08 Tithi 7 - 8 Creative Work - Amrita Yoga Until 9:31AM Then Routine Work - Marana Yoga | | 352518571 | | | | | |
| Thursday, July 3, 2025 | | Viswasa Nama Samvatsare Dakshinaya Naritana Ritau Mithuna Mase Sukla Paksha Guru Vasara Yuktiyam Hasta/Chitra Nakshatra Parigha* Shiva Yoga Bava/Balava Karana Ashtami/Navamam Titau | | | | Abu Dhabi, AE Sun 21 | Sutra 80 Vasavasu 5127 |
| Retreat Star | | Gulika 9:03AM - 10:45AM Yama 5:39AM - 7:21AM | Hasta Until 12:25PM Parigha* Until 5:09PM Balava Until 1:56AM Fri Ashtami* Until 12:43PM | Ganesh: Purple Muruga: Red Nataraja: Blue Moon - Green Ashada-Ani | Sunrise: 5:39AM Sunset: 7:15PM | Moon 6 - Phase 11 - 21 Navami | Devaloka Day |
| Kanya Rasi: 20.08 Tithi 8 - 9 Routine Work - Marana Yoga Until 12:25PM Then Creative Work - Siddha Yoga | | 362518571 | | | | | |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| | | | | | | | |
|---------------------------|-----------------------------|--------------|--|---|---|--|---------------------|
| 1 | Friday, July 4, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Sukra Vasara Yuktayam Abu Dhabi, AE Chitra/Svali Nakshatra Shiva Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau Sun 22 Sutra 81 | | | | |
| | Tula Rasi: 2.01 | Tithi 9 – 10 | Gulika 7:21AM – 9:03AM Yama 3:51PM – 5:33PM Rahu 10:45AM – 12:27PM | Chitra Until 3:24PM Shiva Until 6:09PM Tailita Until 4:22AM Sat Navami* Until 3:07PM | Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani | Sunrise: 5:39AM Sunset: 7:19PM Moon 6 - Phase 12 - 23 4th Phase | Devaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

| | | | | | | | |
|---------------------------|-------------------------------|---------------|--|---|---|--|---------------------|
| 2 | Saturday, July 5, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Merita Vasara Yuktayam Abu Dhabi, AE Svali Nakshatra Siddhya Yoga Gara/Vanija Karana Dashami/Ekodashyam Tilau Sun 23 Sutra 82 | | | | |
| | Tula Rasi: 13.52 | Tithi 10 – 11 | Gulika 5:40AM – 7:22AM Yama 2:09PM – 3:51PM Rahu 9:04AM – 10:46AM | Svali Until 6:14PM Siddhya Until 7:07PM Vanija Until 6:44AM Sun Dashami Until 5:33PM | Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Green Ashada-Ani | Sunrise: 5:40AM Sunset: 7:19PM Moon 6 - Phase 12 - 23 4th Phase | Devaloka Day |
| Creative Work Siddha Yoga | | | | | | | |

| | | | | | | | |
|--------------------------|-----------------------------|----------|--|---|--|--|---------------------|
| 3 | Sunday, July 6, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Bhanu Vasara Yuktayam Abu Dhabi, AE Vishakha Nakshatra Sadya Yoga Vanija/Visli* Karana Ekadashyam Tilau Sun 24 Sutra 83 | | | | |
| | Tula Rasi: 25.44 | Tithi 11 | Gulika 3:51PM – 5:33PM Yama 12:28PM – 2:10PM Rahu 5:33PM – 7:15PM | Vishakha Until 9:13PM Sadya Until 7:57PM Vanija Until 6:44AM Ekadashi Until 7:47PM | Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani | Sunrise: 5:40AM Sunset: 7:19PM Moon 6 - Phase 12 - 24 4th Phase | Devaloka Day |
| Routine Work Marana Yoga | | | | | | | |

| | | | | | | | |
|--|-----------------------------|----------|--|--|--|--|---------------------|
| 4 | Monday, July 7, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Indru Vasara Yuktayam Abu Dhabi, AE Anuradha Nakshatra Subha Yoga Bava/Balava Karana Dvadashyam Tilau Sun 25 Sutra 84 | | | | |
| | Wishkha Rasi: 7.43 | Tithi 12 | Gulika 2:10PM – 3:52PM Yama 10:46AM – 12:28PM Rahu 7:22AM – 9:04AM | Anuradha Until 11:42PM Subha Until 8:33PM Bava Until 8:49AM Dvadashi Until 9:42PM | Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani | Sunrise: 5:40AM Sunset: 7:19PM Moon 6 - Phase 12 - 25 4th Phase | Devaloka Day |
| Family Home Evening Creative Work Siddha Yoga | | | | | | | |

| | | | | | | | |
|--------------------------|------------------------------|----------|---|---|--|--|---------------------|
| 5 | Tuesday, July 8, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Mangala Vasara Yuktayam Abu Dhabi, AE Jyeshtha* Nakshatra Sukla Yoga Kaulava/Tailita Karana Trayodashyam Tilau Sun 26 Sutra 85 | | | | |
| | Wishkha Rasi: 19.52 | Tithi 13 | Gulika 12:28PM – 2:10PM Yama 9:04AM – 10:46AM Rahu 3:52PM – 5:33PM | Jyeshtha* Until 1:36AM Wed Sukla Until 8:47PM Kaulava Until 10:31AM Trayodashi Until 11:10PM | Ganesh: Purple Muruga: Red Nataraja: Blue Moon – Orange Ashada-Ani | Sunrise: 5:41AM Sunset: 7:19PM Moon 6 - Phase 12 - 26 4th Phase | Devaloka Day |
| Routine Work Marana Yoga | | | <i>Pradosha Vata</i> | | | | |

| | | | | | | | |
|--|--------------------------------|----------|---|---|---|--|---------------------|
| 6 | Wednesday, July 9, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Budha Vasara Yuktayam Abu Dhabi, AE Mula* Nakshatra Brahma Yoga Gara/Vanija Karana Chaturdashyam Tilau Sun 27 Sutra 86 | | | | |
| | Dhanus Rasi: 2.11 | Tithi 14 | Gulika 10:46AM – 12:28PM Yama 7:23AM – 9:05AM Rahu 12:28PM – 2:10PM | Mula* Until 3:21AM Thu Brahma Until 8:39PM Gara Until 11:45AM Chaturdashi* Until 12:09AM Thu | Ganesh: Clear Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani | Sunrise: 5:41AM Sunset: 7:19PM Moon 6 - Phase 12 - 27 4th Phase | Sivaloka Day |
| Routine Work Marana Yoga Until 3:21AM Thu Then Creative Work - Siddha Yoga | | | | | | | |

| | | | | | | | |
|---|--------------------------------|--|---|--|---|--|---------------------------|
| ○ | Thursday, July 10, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Sukta Paksho Guru Vasara Yuktayam Abu Dhabi, AE Purvashadha* Nakshatra Indru Yoga Visli*/Bava Karana Purnimayam Tilau Sun 28 Sutra 87 | | | | |
| | Copper Retreat Star | | Gulika 9:05AM – 10:47AM Yama 5:42AM – 7:23AM Rahu 2:10PM – 3:52PM | Purvashadha* Until 4:28AM Fri Indra Until 8:09PM Visli Until 12:29PM Purnima* Until 12:40AM Fri | Ganesh: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani | Sunrise: 5:42AM Sunset: 7:19PM Moon 6 - Phase 12 - Purnima | Subha Sivaloka Day |
| Dhanus Rasi: 14.43 Tithi 15 Creative Work Siddha Yoga Until 4:28AM Fri Then Routine Work - Marana Yoga | | | Satguru Purnima | | | | |

| | | | | | | | |
|---|------------------------------|--|---|---|---|---|---------------------------|
| ○ | Friday, July 11, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Sukra Vasara Yuktayam Abu Dhabi, AE Uttarashadha Nakshatra Vaidhrili* Yoga Balava/Kaulava Karana Prathamayam Tilau Sun 29 Sutra 88 | | | | |
| | Silver Retreat Star | | Gulika 7:24AM – 9:05AM Yama 3:52PM – 5:33PM Rahu 10:47AM – 12:28PM | Uttarashadha Until 4:59AM Sat Vaidhrili* Until 7:15PM Balava Until 12:45PM Prathama* Until 12:42AM Sat | Ganesh: White Muruga: Red Nataraja: Blue Moon – Light Blue Ashada-Ani | Sunrise: 5:42AM Sunset: 7:19PM Moon 6 - Phase 12 - Prathama | Subha Sivaloka Day |
| Dhanus Rasi: 27.29 Tithi 16 Routine Work Marana Yoga Until 4:59AM Sat Then Creative Work - Siddha Yoga | | | | | | | |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

**Saturday, July 12, 2025****Gold Retreat Star**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Manita Vasara Yuktayam

Abu Dhabi, AE

Sun 1 Sutra 89

Makara Rasi: 10.28 Tithi 17
Creative Work Siddha Yoga
Until 5:24AM Sun
Then Routine Work - Marana Yoga

| | | |
|---------------|------------------|----------------------------------|
| Gulika | 5:43AM - 7:24AM | Shravana Until 5:24AM Sun |
| Yama | 2:10PM - 3:52PM | Vishkambha* Until 6:02PM |
| Rahu | 9:06AM - 10:47AM | Taitilia Until 12:35PM |
| | | Dvitiya Until 12:19AM Sun |

| | | |
|----------------------|--------|----------------------------|
| Ganesh: | Yellow | Sunrise: 5:43AM |
| Muruga: | Red | Sunset: 7:19PM |
| Nataraja: | Blue | Moon - Phase 13 - 1 |
| Moon - Purple | | |
| Ashada-Adi | | |

Sivaloka Day**1 Sunday, July 13, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Bharu Vasara Yuktayam

Abu Dhabi, AE

Sun 2 Sutra 90

Makara Rasi: 23.39 Tithi 18
Routine Work Marana Yoga
Until 5:19AM Mon
Then Creative Work - Siddha Yoga

| | | |
|---------------|------------------|------------------------------------|
| Gulika | 3:52PM - 5:33PM | Dhanushtha Until 5:19AM Mon |
| Yama | 12:29PM - 2:10PM | Priti Until 4:32PM |
| Rahu | 5:33PM - 7:14PM | Vanija Until 12:01PM |
| | | Tritiya Until 11:35PM |

| | | |
|----------------------|--------|----------------------------|
| Ganesh: | Yellow | Sunrise: 5:43AM |
| Muruga: | Red | Sunset: 7:19PM |
| Nataraja: | Blue | Moon - Phase 13 - 2 |
| Moon - Purple | | |
| Ashada-Adi | | |

Sivaloka Day**2 Monday, July 14, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Indu Vasara Yuktayam

Abu Dhabi, AE

Sun 3 Sutra 91

Kumbha Rasi: 7.02 Tithi 19
Family Home Evening
Creative Work Siddha Yoga
Until 4:47AM Tue
Then Routine Work - Marana Yoga

| | | |
|---------------|-------------------|--------------------------------------|
| Gulika | 2:10PM - 3:51PM | Shalabhishak Until 4:47AM Tue |
| Yama | 10:47AM - 12:29PM | Ayushman Until 2:43PM |
| Rahu | 7:25AM - 9:06AM | Bava Until 11:06AM |
| | | Chaturthi* Until 10:31PM |

| | | |
|----------------------|--------|----------------------------|
| Ganesh: | Yellow | Sunrise: 5:43AM |
| Muruga: | Red | Sunset: 7:19PM |
| Nataraja: | Blue | Moon - Phase 13 - 3 |
| Moon - Purple | | |
| Ashada-Adi | | |

Sivaloka Day**3 Tuesday, July 15, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Mihuna Mase Krishna Paksho Mangala Vasara Yuktayam

Abu Dhabi, AE

Sun 4 Sutra 92

Kumbha Rasi: 20.36 Tithi 20
Routine Work Marana Yoga
Until 4:15AM Wed
Then Creative Work - Siddha Yoga

| | | |
|---------------|------------------|--|
| Gulika | 12:29PM - 2:10PM | Puravproshthapadi* Until 4:15AM Wed |
| Yama | 9:06AM - 10:48AM | Saubhagya Until 12:41PM |
| Rahu | 3:51PM - 5:33PM | Kaulava Until 9:53AM |
| | | Panchami Until 9:09PM |

| | | |
|---------------------|-------|----------------------------|
| Ganesh: | Clear | Sunrise: 5:44AM |
| Muruga: | Red | Sunset: 7:19PM |
| Nataraja: | Blue | Moon - Phase 13 - 4 |
| Moon - Clear | | |
| Ashada-Adi | | |

Sivaloka Day**4 Wednesday, July 16, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam

Abu Dhabi, AE

Sun 5 Sutra 93

Meena Rasi: 4.2 Tithi 21
Creative Work Siddha Yoga

| | | |
|---------------|-------------------|---|
| Gulika | 10:48AM - 12:29PM | Uttarproshthapadi Until 3:19AM Thu |
| Yama | 7:25AM - 9:07AM | Sobhana Until 10:26AM |
| Rahu | 12:29PM - 2:10PM | Gara Until 8:23AM |
| | | Shashthi* Until 7:32PM |

| | | |
|---------------------|--------|----------------------------|
| Ganesh: | Purple | Sunrise: 5:44AM |
| Muruga: | Red | Sunset: 7:19PM |
| Nataraja: | Blue | Moon - Phase 13 - 5 |
| Moon - Clear | | |
| Ashada-Adi | | |

Devaloka Day**5 Thursday, July 17, 2025**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam

Abu Dhabi, AE

Sun 6 Sutra 94

Meena Rasi: 18.13 Tithi 22 - 23
Creative Work Siddha Yoga
Until 1:59AM Fri
Then Creative Work - Amrita Yoga

| | | |
|---------------|------------------|---------------------------------|
| Gulika | 9:07AM - 10:48AM | Revati Until 1:59AM Fri |
| Yama | 5:45AM - 7:26AM | Althiganda* Until 7:56AM |
| Rahu | 2:10PM - 3:51PM | Visiti Until 6:38AM |
| | | Saptami Until 5:39PM |

| | | |
|---------------------|--------|----------------------------|
| Ganesh: | Purple | Sunrise: 5:45AM |
| Muruga: | Red | Sunset: 7:19PM |
| Nataraja: | Yellow | Moon - Phase 13 - 6 |
| Moon - Clear | | |
| Ashada-Adi | | |

Bhuloka Day

Devaloka Time: 3PM to 6PM

Friday, July 18, 2025**Retreat Star**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktayam

Abu Dhabi, AE

Sun 7 Sutra 95

Mesha Rasi: 2.16 Tithi 23 - 24
Creative Work Amrita Yoga
Until 12:43AM Sat
Then Creative Work - Siddha Yoga

| | | |
|---------------|-------------------|----------------------------------|
| Gulika | 7:26AM - 9:07AM | Ashvini Until 12:43AM Sat |
| Yama | 3:51PM - 5:32PM | Dhriti Until 2:26AM Sat |
| Rahu | 10:48AM - 12:29PM | Taitilia Until 2:25AM Sat |
| | | Ashtami* Until 3:32PM |

| | | |
|---------------------|--------|----------------------------|
| Ganesh: | Clear | Sunrise: 5:45AM |
| Muruga: | Red | Sunset: 7:19PM |
| Nataraja: | Yellow | Moon - Phase 13 - 7 |
| Moon - White | | |
| Ashada-Adi | | |

Devaloka Day**Saturday, July 19, 2025****Retreat Star**

Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Manita Vasara Yuktayam

Abu Dhabi, AE

Sun 8 Sutra 96

Mesha Rasi: 16.27 Tithi 24 - 25
Creative Work Siddha Yoga
Until 11:07PM
Then Creative Work - Amrita Yoga

| | | |
|---------------|------------------|---------------------------------|
| Gulika | 5:46AM - 7:27AM | Bharani Until 11:07PM |
| Yama | 2:10PM - 3:51PM | Shula* Until 11:24PM |
| Rahu | 9:07AM - 10:48AM | Vanija Until 12:01AM Sun |
| | | Navami* Until 1:13PM |

| | | |
|---------------------|--------|----------------------------|
| Ganesh: | Clear | Sunrise: 5:46AM |
| Muruga: | Red | Sunset: 7:19PM |
| Nataraja: | Yellow | Moon - Phase 13 - 8 |
| Moon - White | | |
| Ashada-Adi | | |

Devaloka Day

| | | | | | | |
|--------------------------------|---------------|--|------------------------------|-------------------------|-----------------|---------------------------------|
| 1 Sunday, July 20, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Bhanu Vesara Yukatayam Kritika Nakshatra Ganda* Yoga Velli* Bava Karana Dashami/Ekadashyam Titau | | | | Abu Dhabi, AE Sun 9 Sutra 97 |
| Wishabha Rasi: 0.46 | Tithi 25 - 26 | Gulika 3:51PM - 5:32PM | Kritika Until 9:15PM | Ganesh: Clear | Sunrise: 5:46AM | Vasavasu 5:127 |
| | | Yama 12:29PM - 2:10PM | Ganda* Until 8:18PM | Muruga: Red | Sunset: 7:18PM | Moon 7 - Phase 14 - 9 |
| Creative Work | Siddha Yoga | Rahu 5:32PM - 7:13PM | Bava Until 9:29PM | Nataraja: Yellow | | 2nd Phase |
| | | | Dashami Until 10:45AM | Moon - White: | | Devaloka Day |
| | | | | Ashada-Adi | | |

| | | | | | | |
|--------------------------------|---------------|---|-------------------------------|-------------------------|-----------------|----------------------------------|
| 2 Monday, July 21, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Indu Vesara Yukatayam Rohini Nakshatra Viddhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau | | | | Abu Dhabi, AE Sun 10 Sutra 98 |
| Wishabha Rasi: 15.09 | Tithi 26 - 27 | Gulika 2:10PM - 3:51PM | Rohini Until 7:38PM | Ganesh: White | Sunrise: 5:47AM | Vasavasu 5:127 |
| Family Home Evening | | Yama 10:49AM - 12:29PM | Viddhi Until 5:09PM | Muruga: Red | Sunset: 7:18PM | Moon 7 - Phase 14 - 10 |
| Creative Work | Amrita Yoga | Rahu 7:27AM - 9:08AM | Kaulava Until 6:55PM | Nataraja: Yellow | | 2nd Phase |
| | | | Ekadashi* Until 8:11AM | Moon - Yellow: | | Bhuloka Day |
| | | | | Ashada-Adi | | Devaloka Time: 3PM to 6PM |

| | | | | | | |
|---------------------------------|-------------|--|-------------------------------------|---------------------------------|-----------------|----------------------------------|
| 3 Tuesday, July 22, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Mangala Vesara Yukatayam Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Gara/Varijga Karana Trayodashyam Titau | | | | Abu Dhabi, AE Sun 11 Sutra 99 |
| Wishabha Rasi: 29.32 | Tithi 28 | Gulika 12:29PM - 2:10PM | Mrigashira Until 5:55PM | Ganesh: White | Sunrise: 5:47AM | Vasavasu 5:127 |
| | | Yama 9:08AM - 10:49AM | Dhruva Until 2:02PM | Muruga: Red | Sunset: 7:18PM | Moon 7 - Phase 14 - 11 |
| Creative Work | Siddha Yoga | Rahu 3:51PM - 5:31PM | Gara Until 4:24PM | Nataraja: Yellow | | 2nd Phase |
| Until 5:55PM | | | Trayodashi* Until 3:11AM Wed | Moon - Yellow: | | Bhuloka Day |
| Then Routine Work - Marana Yoga | | | | Ashada-Adi | | Devaloka Time: 3PM to 6PM |
| | | | | Pradosha Vrata (Fasting) | | |

| | | | | | | |
|-----------------------------------|-------------|---|---------------------------------------|-------------------------|-----------------|-----------------------------------|
| 4 Wednesday, July 23, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Budha Vesara Yukatayam Ardra Nakshatra Vyaghata* Harshana Yoga Velli*Saluni* Karana Chaturdashyam Titau | | | | Abu Dhabi, AE Sun 12 Sutra 100 |
| Mithuna Rasi: 13.5 | Tithi 29 | Gulika 10:49AM - 12:29PM | Ardra Until 4:15PM | Ganesh: White | Sunrise: 5:47AM | Vasavasu 5:127 |
| | | Yama 7:28AM - 9:08AM | Vyaghata* Until 11:03AM | Muruga: Red | Sunset: 7:18PM | Moon 7 - Phase 14 - 12 |
| Creative Work | Siddha Yoga | Rahu 12:29PM - 2:10PM | Velli Until 2:04PM | Nataraja: Yellow | | 2nd Phase |
| | | | Chaturdashy* Until 12:59AM Thu | Moon - Yellow: | | Bhuloka Day |
| | | | | Ashada-Adi | | Devaloka Time: 3PM to 6PM |

| | | | | | | |
|--------------------------------|-------------|--|--------------------------------|-------------------------|-----------------|-----------------------------------|
| Thursday, July 24, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Krishna Pakshhe Guru Vesara Yukatayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Cataspada* Raaga* Karana Amavasyayam Titau | | | | Abu Dhabi, AE Sun 13 Sutra 101 |
| Retreat Star | | Gulika 9:09AM - 10:49AM | Punarvasu Until 3:12PM | Ganesh: Orange | Sunrise: 5:48AM | Vasavasu 5:127 |
| Mithuna Rasi: 27.58 | Tithi 30 | Yama 5:48AM - 7:28AM | Harshana Until 8:20AM | Muruga: Red | Sunset: 7:18PM | Moon 7 - Phase 14 - 13 |
| Creative Work | Amrita Yoga | Rahu 2:10PM - 3:50PM | Cataspada Until 12:02PM | Nataraja: Yellow | | Amavasya |
| | | | Amavasya* Until 11:10PM | Moon - Blue: | | Devaloka Day |
| | | | | Ashada-Adi | | |

| | | | | | | |
|------------------------------|-------------|--|--------------------------------|-------------------------|-----------------|-----------------------------------|
| Friday, July 25, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Naritana Ritau Kataka Mase Sukla Pakshhe Sukra Vesara Yukatayam Pushya/Ashlesha* Nakshatra Siddhi Yoga Kintughna* Bava Karana Prathamayam Titau | | | | Abu Dhabi, AE Sun 14 Sutra 102 |
| Retreat Star | | Gulika 7:29AM - 9:09AM | Pushya Until 2:28PM | Ganesh: Orange | Sunrise: 5:48AM | Vasavasu 5:127 |
| Kataka Rasi: 11.5 | Tithi 1 | Yama 3:50PM - 5:30PM | Siddhi Until 3:58AM Sat | Muruga: Red | Sunset: 7:18PM | Moon 7 - Phase 14 - 14 |
| Routine Work | Marana Yoga | Rahu 10:49AM - 12:29PM | Kintughna Until 10:27AM | Nataraja: Yellow | | Prathama |
| | | | Prathama* Until 9:51PM | Moon - Blue: | | Devaloka Day |
| | | | | Sravana-Adi | | |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | |
|--|----------|--|--------------------------------|-----------------------------------|------------------------|----------------------------|
| 1 Saturday, July 26, 2025 | | Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Ashlesha* Magha* Nakshatra Vyalipala* Yoga Balava/Kaulava Karana Dvitiyayam Tilau | | | | Abu Dhabi, AE Sutra 103 |
| Kataka Rasi: 25.23 | Tilthi 2 | Gulika 5:49AM - 7:29AM | Ashlesha* Until 2:10PM | Ganesh: Orange Sunrise: 5:49AM | Sun 15 | Vasavasu 5:17 |
| | | Yama 2:10PM - 3:50PM | Vyalipala* Until 2:34AM Sun | Muruga: Red Sunset: 7:10PM | Moon 7 - Phase 15 - 12 | 3rd Phase |
| 444618572 | Rahu | 9:09AM - 10:49AM | Balava Until 9:27AM | Nataraja: Yellow Moon - Blue | | Devaloka Day |
| Routine Work Marana Yoga Until 2:10PM Then Creative Work - Amrita Yoga | | | | | | |
| 2 Sunday, July 27, 2025 | | Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bhanu Vesara Yuktayam Magha* Purvaphalguni Nakshatra Varjaya Yoga Talila/Gara Karana Tritiyayam Tilau | | | | Abu Dhabi, AE Sutra 104 |
| Simha Rasi: 8.33 | Tilthi 3 | Gulika 3:50PM - 5:30PM | Magha* Until 2:51PM | Ganesh: Clear Sunrise: 5:49AM | Sun 16 | Vasavasu 5:17 |
| | | Yama 12:29PM - 2:09PM | Varjaya Until 1:42AM Mon | Muruga: Red Sunset: 7:09PM | Moon 7 - Phase 15 - 16 | 3rd Phase |
| 454618572 | Rahu | 5:30PM - 7:10PM | Talila Until 9:06AM | Nataraja: Yellow Moon - Red | | Devaloka Day |
| Routine Work Marana Yoga Until 2:51PM Then Creative Work - Siddha Yoga | | | | | | |
| 3 Monday, July 28, 2025 | | Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vesara Yuktayam Purvaphalguni Nakshatra Parigha* Yoga Varjaya/Visi* Karana Chaturthayam Tilau | | | | Abu Dhabi, AE Sutra 105 |
| Simha Rasi: 21.22 | Tilthi 4 | Gulika 2:09PM - 3:49PM | Purvaphalguni Until 4:05PM | Ganesh: Clear Sunrise: 5:50AM | Sun 17 | Vasavasu 5:17 |
| Family Home Evening | | Yama 10:50AM - 12:29PM | Parigha* Until 1:24AM Tue | Muruga: Red Sunset: 7:09PM | Moon 7 - Phase 15 - 17 | 3rd Phase |
| 454618572 | Rahu | 7:30AM - 9:10AM | Varjaya Until 9:30AM | Nataraja: Yellow Moon - Red | | Devaloka Day |
| Creative Work Siddha Yoga | | | | | | |
| 4 Tuesday, July 29, 2025 | | Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vesara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchmayam Tilau | | | | Abu Dhabi, AE Sutra 106 |
| Kanya Rasi: 3.51 | Tilthi 5 | Gulika 12:29PM - 2:09PM | Uttaraphalguni Until 5:50PM | Ganesh: Clear Sunrise: 5:50AM | Sun 18 | Vasavasu 5:17 |
| | | Yama 9:10AM - 10:50AM | Shiva Until 1:38AM Wed | Muruga: Red Sunset: 7:09PM | Moon 7 - Phase 15 - 18 | 3rd Phase |
| 454618572 | Rahu | 3:49PM - 5:29PM | Bava Until 10:35AM | Nataraja: Yellow Moon - Red | | Devaloka Day |
| Creative Work Amrita Yoga Until 5:50PM Then Creative Work - Siddha Yoga | | Nag Panchami Panchami Until 11:21PM | | | | |
| 5 Wednesday, July 30, 2025 | | Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vesara Yuktayam Hasta Nakshatra Siddha Yoga Kaulava/Talila Karana Shashthiyam Tilau | | | | Abu Dhabi, AE Sutra 107 |
| Kanya Rasi: 16.04 | Tilthi 6 | Gulika 10:50AM - 12:29PM | Hasta Until 8:27PM | Ganesh: Purple Sunrise: 5:51AM | Sun 19 | Vasavasu 5:17 |
| | | Yama 7:30AM - 9:10AM | Siddha Until 2:14AM Thu | Muruga: Red Sunset: 7:08PM | Moon 7 - Phase 15 - 19 | 3rd Phase |
| 464618572 | Rahu | 12:29PM - 2:09PM | Kaulava Until 12:17PM | Nataraja: Yellow Moon - Green | | Sivaloka Day |
| Routine Work Marana Yoga Until 8:27PM Then Creative Work - Siddha Yoga | | | | | | |
| 6 Thursday, July 31, 2025 | | Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vesara Yuktayam Chitra Nakshatra Sadhya Yoga Gara/Varjaya Karana Sapthamayam Tilau | | | | Abu Dhabi, AE Sutra 108 |
| Kanya Rasi: 28.05 | Tilthi 7 | Gulika 9:10AM - 10:50AM | Chitra Until 11:16PM | Ganesh: Purple Sunrise: 5:51AM | Sun 20 | Vasavasu 5:17 |
| | | Yama 5:51AM - 7:31AM | Sadya Until 3:06AM Fri | Muruga: Red Sunset: 7:08PM | Moon 7 - Phase 15 - 20 | 3rd Phase |
| 464618572 | Rahu | 2:09PM - 3:48PM | Gara Until 2:26PM | Nataraja: Yellow Moon - Green | | Sivaloka Day |
| Creative Work Siddha Yoga Until 11:16PM Then Creative Work - Amrita Yoga | | Sapthami Until 3:34AM Fri | | | | |
| Friday, August 1, 2025 | | Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Sukra Vesara Yuktayam Svali Nakshatra Subha Yoga Visi*/Bava Karana Ashtamayam Tilau | | | | Abu Dhabi, AE Sutra 109 |
| Retreat Star | | Gulika 7:31AM - 9:10AM | Svali Until 2:03AM Sat | Ganesh: Purple Sunrise: 5:50AM | Sun 21 | Vasavasu 5:17 |
| Tula Rasi: 9.59 | Tilthi 8 | Yama 3:48PM - 5:28PM | Subha Until 4:03AM Sat | Muruga: Red Sunset: 7:07PM | Moon 7 - Phase 15 - 21 | Ashtami |
| 464618572 | Rahu | 10:50AM - 12:29PM | Visi Until 4:47PM | Nataraja: Yellow Moon - Green | | Sivaloka Day |
| Creative Work Siddha Yoga | | Ashtami* Until 5:57AM Sat | | | | |
| Saturday, August 2, 2025 | | Viswawasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Manita Vesara Yuktayam Vishakha Nakshatra Sukla Yoga Balava Karana Navamayam Tilau | | | | Abu Dhabi, AE Sutra 110 |
| Retreat Star | | Gulika 5:52AM - 7:31AM | Vishakha Until 5:05AM Sun | Ganesh: Clear Sunrise: 5:50AM | Sun 22 | Vasavasu 5:17 |
| Tula Rasi: 21.52 | Tilthi 9 | Yama 2:09PM - 3:48PM | Sukla Until 4:54AM Sun | Muruga: Blue Sunset: 7:06PM | Moon 7 - Phase 15 - 22 | Navami |
| 474628572 | Rahu | 9:11AM - 10:50AM | Balava Until 7:08PM | Nataraja: Yellow Moon - Orange | | Sivaloka Day |
| Creative Work Siddha Yoga Until 5:05AM Sun Then Routine Work - Marana Yoga | | Navami* Until 8:13AM Sun | | | | |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| | | | | | | | |
|----------------------------------|--------------|---|-----------------------------------|---|---|-------------------------|----------------------------|
| 1 Sunday, August 3, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Bharu Vasara Yukitayam Anuradha Nakshatra Brahma Yoga Kaulava/Tailita Karana Navami/Dashmyam Tilau | | | | Abu Dhabi, AE Sun 23 | Sutra 111 Vasvasu 5:127 |
| Wischika Rasi: 3.46 | Tithi 9 – 10 | Gulika 3:47PM – 5:27PM | Anuradha Untill 7:41AM Mon | Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Orange | Sunrise: 5:52AM Sunset: 7:06PM | Moon 7 - Phase 16 - 23 | 4th Phase |
| Routine Work | Marana Yoga | 474628572 | Rahu 5:27PM – 7:06PM | Brahma Untill 5:33AM Mon Tailita Untill 9:16PM Navami* Untill 8:13AM | Savana-Adi | Sivaloka Day | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| | | | | | | | |
|---------------------------------|---------------|---|-------------------------------|---|---|-------------------------|----------------------------|
| 2 Monday, August 4, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Indu Vasara Yukitayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Gara/Vanija Karana Dashmi/Dvadashyam Tilau | | | | Abu Dhabi, AE Sun 24 | Sutra 112 Vasvasu 5:127 |
| Wischika Rasi: 15.48 | Tithi 10 – 11 | Gulika 2:08PM – 3:47PM | Anuradha Untill 7:41AM | Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Orange | Sunrise: 5:53AM Sunset: 7:05PM | Moon 7 - Phase 16 - 23 | 4th Phase |
| Family Home Evening | | 474628572 | Rahu 7:32AM – 9:11AM | Indra Untill 5:53AM Tue Vanija Untill 11:01PM Dashmi Untill 10:11AM | Savana-Adi | Sivaloka Day | |
| Creative Work - Siddha Yoga | | | | | | | |

| | | | | | | | |
|----------------------------------|---------------|--|--------------------------------|---|---|-------------------------|----------------------------|
| 3 Tuesday, August 5, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yukitayam Jyeshtha/Mula* Nakshatra Vaidhriti* Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Tilau | | | | Abu Dhabi, AE Sun 25 | Sutra 113 Vasvasu 5:127 |
| Wischika Rasi: 28.01 | Tithi 11 – 12 | Gulika 12:29PM – 2:08PM | Jyeshtha* Untill 9:41AM | Ganesh: Clear Muruga: Blue Nataraja: Yellow Moon – Orange | Sunrise: 5:53AM Sunset: 7:05PM | Moon 7 - Phase 16 - 25 | 4th Phase |
| Routine Work | Marana Yoga | 474628572 | Rahu 3:47PM – 5:26PM | Vaidhriti* Untill 5:46AM Wed Bava Untill 12:16AM Wed Ekadashi Untill 11:41AM | Savana-Adi | Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | | | | | | |

| | | | | | | | |
|------------------------------------|---------------|---|-----------------------------|--|---|-------------------------|----------------------------|
| 4 Wednesday, August 6, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Budha Vasara Yukitayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Tilau | | | | Abu Dhabi, AE Sun 26 | Sutra 114 Vasvasu 5:127 |
| Dhanus Rasi: 10.26 | Tithi 12 – 13 | Gulika 10:50AM – 12:29PM | Mula* Untill 11:29AM | Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue | Sunrise: 5:54AM Sunset: 7:04PM | Moon 7 - Phase 16 - 26 | 4th Phase |
| Routine Work | Marana Yoga | 485628572 | Rahu 12:29PM – 2:08PM | Kaulava Untill 12:55AM Thu Dvadashi Untill 12:39PM | Savana-Adi | Sivaloka Day | |
| Then Creative Work - Amrita Yoga | | <i>Pradosha Vata</i> | | | | | |

| | | | | | | | |
|-----------------------------------|---------------|--|------------------------------------|--|---|-------------------------|----------------------------|
| 5 Thursday, August 7, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Guru Vasara Yukitayam Purvashadha*/Uttarashadha Nakshatra Prithi Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Tilau | | | | Abu Dhabi, AE Sun 27 | Sutra 115 Vasvasu 5:127 |
| Dhanus Rasi: 23.08 | Tithi 13 – 14 | Gulika 9:11AM – 10:50AM | Purvashadha* Untill 12:32PM | Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue | Sunrise: 5:54AM Sunset: 7:03PM | Moon 7 - Phase 16 - 27 | 4th Phase |
| Creative Work | Siddha Yoga | 485628572 | Rahu 2:07PM – 3:46PM | Prithi Untill 4:11AM Fri Gara Untill 12:58AM Fri Trayodashi Untill 1:00PM | Savana-Adi | Sivaloka Day | |
| Then Routine Work - Marana Yoga | | | | | | | |

| | | | | | | | |
|-------------------------------|---------------|---|------------------------------------|--|---|-----------------------------|----------------------------|
| Friday, August 8, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Sukla Paksha Salva Vasara Yukitayam Uttarashadha/Shravana Nakshatra Aayuchman Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Tilau | | | | Abu Dhabi, AE Sun 28 | Sutra 116 Vasvasu 5:127 |
| Makara Rasi: 6.08 | Tithi 14 – 15 | Gulika 7:33AM – 9:12AM | Uttarashadha Untill 12:51PM | Ganesh: Yellow Muruga: Blue Nataraja: Yellow Moon – Light Blue | Sunrise: 5:55AM Sunset: 7:03PM | Moon 7 - Phase 16 - Purnima | |
| Routine Work | Marana Yoga | 485628572 | Rahu 10:50AM – 12:29PM | Ayushman Untill 2:41AM Sat Visi Untill 12:27AM Sat Chaturdashi* Untill 12:46PM | Savana-Adi | Sivaloka Day | |
| | | Varalakshmi Vratam | | | | | |

| | | | | | | | |
|---------------------------------|---------------|--|--------------------------------|--|---|------------------------------|----------------------------|
| Saturday, August 9, 2025 | | Vishvasu Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksha Manu Vasara Yukitayam Shravana/Dhanusha Nakshatra Soubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Tilau | | | | Abu Dhabi, AE Sun 29 | Sutra 117 Vasvasu 5:127 |
| Makara Rasi: 19.25 | Tithi 15 – 16 | Gulika 5:55AM – 7:33AM | Shravana Untill 12:57PM | Ganesh: Blue Muruga: Blue Nataraja: Yellow Moon – Purple | Sunrise: 5:55AM Sunset: 7:03PM | Moon 7 - Phase 16 - Prathama | |
| Creative Work | Siddha Yoga | 495628572 | Rahu 9:12AM – 10:50AM | Soubhagya Untill 12:47AM Sun Balava Untill 11:26PM Purnima* Untill 11:59AM | Savana-Adi | Devaloka Day | |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang



Sunday, August 10, 2025
Gold Retreat Star

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Bhanu Vasara Yuktayam
Dhanishtha/Shabdhishtha Nakshatra Sobhana Yoga Kaulava/Tailika Karana Prathamam/Dvityam Titau

Gulika 3:45PM – 5:23PM
Yama 12:28PM – 2:07PM
Rahu 5:23PM – 7:01PM

Dhanishtha Untill 12:25PM
Sobhana Untill 10:34PM
Tailika Untill 9:58PM
Prathama* Untill 10:44AM

Ganesh: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Sunrise: 5:56AM
Sunset: 7:09PM

Abu Dhabi, AE
Sutra 118
Viswasu 5127
Moon 8 - Phase 17 - 1st Phase

Routine Work Marana Yoga
Untill 12:25PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Monday, August 11, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Indu Vasara Yuktayam
Shalabhishak/Puravroshthapada* Nakshatra Ahinganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Gulika 2:06PM – 3:44PM
Yama 10:50AM – 12:28PM
Rahu 7:34AM – 9:12AM

Shalabhishak Untill 11:22AM
Ahinganda* Untill 8:03PM
Vanija Untill 8:11PM
Dvitiya Untill 9:06AM

Ganesh: Yellow
Muruga: Blue
Nataraja: Yellow
Moon - Purple
Savana-Adi

Sunrise: 5:56AM
Sunset: 7:09PM

Abu Dhabi, AE
Sutra 119
Viswasu 5127
Moon 8 - Phase 17 - 1st Phase

Kumbha Rasi: 2:59 Tithi 16 – 17
Family Home Evening
Creative Work Siddha Yoga
Untill 11:22AM
Then Routine Work - Marana Yoga

Sivaloka Day

Tuesday, August 12, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Mangala Vasara Yuktayam
Puravroshthapada*/Uttaravroshthapada Nakshatra Sukama/Dhrii Yoga Visi*/Bava Karana Tritiya/Chaturtham Titau

Gulika 12:28PM – 2:06PM
Yama 10:50AM – 12:28PM
Rahu 3:44PM – 5:22PM

Puravroshthapada* Untill 10:21AM
Sukama Untill 5:21PM
Bava Untill 6:10PM
Tritiya Untill 7:11AM

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Sunrise: 5:56AM
Sunset: 7:09PM

Abu Dhabi, AE
Sutra 120
Viswasu 5127
Moon 8 - Phase 17 - 2 1st Phase

Routine Work Marana Yoga
Untill 10:21AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Wednesday, August 13, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Budha Vasara Yuktayam
Uttaravroshthapada*/Uttaravroshthapada Nakshatra Dhrii/Shula* Yoga Kaulava/Tailika Karana Panchamam Titau

Gulika 10:50AM – 12:28PM
Yama 9:12AM – 9:12AM
Rahu 12:28PM – 2:06PM

Uttaravroshthapada Untill 9:00AM
Dhrii Untill 2:33PM
Kaulava Untill 3:59PM
Panchami Untill 2:51AM Thu

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Sunrise: 5:57AM
Sunset: 6:59PM

Abu Dhabi, AE
Sutra 121
Viswasu 5127
Moon 8 - Phase 17 - 3 1st Phase

Mesha Rasi: 14:53 Tithi 20
Creative Work Siddha Yoga
Untill 9:00AM
Then Routine Work - Marana Yoga

Sivaloka Day

Thursday, August 14, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Shula* Ganda* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 9:12AM – 10:50AM
Yama 5:57AM – 7:35AM
Rahu 2:05PM – 3:43PM

Revati Untill 7:24AM
Shula* Untill 11:38AM
Gara Untill 1:44PM
Shashthi* Untill 12:35AM Fri

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Clear
Savana-Adi

Sunrise: 5:57AM
Sunset: 6:58PM

Abu Dhabi, AE
Sutra 122
Viswasu 5127
Moon 8 - Phase 17 - 4 1st Phase

Mesha Rasi: 29:05 Tithi 21
Creative Work Siddha Yoga
Untill 7:24AM
Then Creative Work - Amrita Yoga

Sivaloka Day

Friday, August 15, 2025

Viswasa Nama Samvatsara Dakshinaya Naritana Ritau Kataka Mase Krishna Paksho Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vidhi* Yoga Visi*/Bava Karana Sapthamam Titau

Gulika 7:35AM – 9:13AM
Yama 3:42PM – 5:20PM
Rahu 10:50AM – 12:27PM

Ashvini Untill 6:03AM
Ganda* Untill 8:43AM
Visi Untill 11:27AM
Sapthami Untill 10:18PM

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Adi

Sunrise: 5:58AM
Sunset: 6:59PM

Abu Dhabi, AE
Sutra 123
Viswasu 5127
Moon 8 - Phase 17 - 5 1st Phase

Mesha Rasi: 13:17 Tithi 22
Creative Work Amrita Yoga
Untill 6:03AM
Then Creative Work - Siddha Yoga

Sivaloka Day

Saturday, August 16, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Marita Vasara Yuktayam
Kritika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamam Titau

Gulika 5:58AM – 7:35AM
Yama 2:05PM – 3:42PM
Rahu 9:13AM – 10:50AM

Kritika Untill 3:00AM Sun
Dhruva Untill 2:58AM Sun
Balava Untill 9:12AM
Ashtami* Untill 8:05PM

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - White
Savana-Avani

Sunrise: 5:58AM
Sunset: 6:56PM

Abu Dhabi, AE
Sutra 124
Viswasu 5127
Moon 8 - Phase 17 - 6 Ashtami

Mesha Rasi: 27:3 Tithi 23
Creative Work Amrita Yoga
Untill 3:00AM Sun
Then Creative Work - Siddha Yoga

Sivaloka Day

Sunday, August 17, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksho Bhanu Vasara Yuktayam
Rohini Nakshatra Vyaghala* Yoga Tailika/Vanija Karana Navami/Dashamam Titau

Gulika 3:41PM – 5:18PM
Yama 12:27PM – 2:04PM
Rahu 5:18PM – 6:56PM

Rohini Untill 1:49AM Mon
Vyaghala* Untill 12:11AM Mon
Tailika Untill 7:01AM
Navam* Untill 5:57PM

Ganesh: Clear
Muruga: Blue
Nataraja: Yellow
Moon - Yellow
Savana-Avani

Sunrise: 5:58AM
Sunset: 6:56PM

Abu Dhabi, AE
Sutra 125
Viswasu 5127
Moon 8 - Phase 17 - 7 Navami

Wishabha Rasi: 01:4 Tithi 24 – 25
Creative Work Siddha Yoga
Untill 1:49AM Mon
Then Creative Work - Amrita Yoga

Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | |
|-------------------------------------|---------------|---|---|---|---|-------------------------|--------------------------|
| 1 Monday, August 18, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Indu Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Visi* Bava Karana Dashami/Ekadashtyam Titau | | | | Abu Dhabi, AE Sun 8 | Sutra 126 Vasava 5127 |
| Wishabha Rasi: 25.46 | TITHI 25 – 26 | Gulika 2:04PM – 3:41PM | Mrigashira Until 12:38AM Tue | Ganesha: Clear Muruga: Blue | Sunrise: 5:59AM Sunset: 6:59PM | Moon 8 - Phase 18 - 8 | 2nd Phase |
| Family Home Evening | 536728572 | Rahu 7:36AM – 9:13AM | Harshana Until 9:32PM Bava Until 3:01AM Tue Dashami Until 3:56PM | Nataraja: Yellow Moon – Yellow Sravana-Avani | | | Sivaloka Day |
| Creative Work | Amrita Yoga | | | | | | |
| Until 12:38AM Tue | | | | | | | |
| Then Routine Work – Marana Yoga | | | | | | | |
| 2 Tuesday, August 19, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Mangala Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadashyam Titau | | | | Abu Dhabi, AE Sun 9 | Sutra 127 Vasava 5127 |
| Mithuna Rasi: 9.46 | TITHI 26 – 27 | Gulika 12:27PM – 2:03PM | Ardra Until 11:31PM | Ganesha: Clear Muruga: Blue | Sunrise: 5:59AM Sunset: 6:59PM | Moon 8 - Phase 18 - 9 | 2nd Phase |
| Routine Work | Marana Yoga | Rahu 3:40PM – 5:17PM | Vajra* Until 7:01PM Kaulava Until 1:18AM Wed Ekadashi* Until 2:06PM | Nataraja: Yellow Moon – Yellow Sravana-Avani | | | Sivaloka Day |
| Until 11:31PM | | | | | | | |
| Then Creative Work – Siddha Yoga | | | | | | | |
| 3 Wednesday, August 20, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Budha Viscara Yuktayam Punarvasu Nakshatra Siddhi/Vyaltapa* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Abu Dhabi, AE Sun 10 | Sutra 128 Vasava 5127 |
| Mithuna Rasi: 23.38 | TITHI 27 – 28 | Gulika 10:50AM – 12:26PM | Punarvasu Until 10:58PM | Ganesha: Purple Muruga: Blue | Sunrise: 6:00AM Sunset: 6:59PM | Moon 8 - Phase 18 - 10 | 2nd Phase |
| Creative Work | Siddha Yoga | Rahu 12:26PM – 2:03PM | Siddhi Until 4:44PM Gara Until 11:52PM Dvadashi* Until 12:31PM | Nataraja: Yellow Moon – Blue Sravana-Avani | | | Devaloka Day |
| Until 11:52PM | | | | | | | |
| Then Creative Work – Siddha Yoga | | | | | | | |
| <i>Pradosha Vata (Fasting)</i> | | | | | | | |
| 4 Thursday, August 21, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Guru Viscara Yuktayam Pushya Nakshatra Vyaltapa*/Varjan Yoga Vanja/Vitil* Karana Trayodashi/Chaturdashyam Titau | | | | Abu Dhabi, AE Sun 11 | Sutra 129 Vasava 5127 |
| Kalkata Rasi: 7.19 | TITHI 28 – 29 | Gulika 9:13AM – 10:50AM | Pushya Until 10:37PM | Ganesha: Purple Muruga: Blue | Sunrise: 6:00AM Sunset: 6:59PM | Moon 8 - Phase 18 - 11 | 2nd Phase |
| Creative Work | Amrita Yoga | Rahu 2:03PM – 3:39PM | Vyaltapa* Until 2:44PM Vistil Until 10:48PM Trayodashi* Until 11:15AM | Nataraja: Yellow Moon – Blue Sravana-Avani | | | Devaloka Day |
| Until 10:37PM | | | | | | | |
| Then Creative Work – Siddha Yoga | | | | | | | |
| Friday, August 22, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Pakshi Sukra Viscara Yuktayam Ashlesha* Nakshatra Varjan/Patnga* Yoga Sakuni*/Caluspada* Karana Chaturdashi/Amavasyayam Titau | | | | Abu Dhabi, AE Sun 12 | Sutra 130 Vasava 5127 |
| Kalkata Rasi: 20.46 | TITHI 29 – 30 | Gulika 7:37AM – 9:13AM | Ashlesha* Until 10:34PM | Ganesha: Purple Muruga: Blue | Sunrise: 6:00AM Sunset: 6:59PM | Moon 8 - Phase 18 - 12 | Amavasya |
| Routine Work | Marana Yoga | Rahu 10:50AM – 12:26PM | Varjan Until 1:02PM Caluspada Until 10:11PM Chaturdashi* Until 10:25AM | Nataraja: Yellow Moon – Blue Sravana-Avani | | | Devaloka Day |
| Until 10:11PM | | | | | | | |
| Then Creative Work – Siddha Yoga | | | | | | | |
| Saturday, August 23, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Sukra Pakshi Manu Vasara Yuktayam Magha* Nakshatra Parigra*/Shiva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Abu Dhabi, AE Sun 13 | Sutra 131 Vasava 5127 |
| Simha Rasi: 3.58 | TITHI 30 – 1 | Gulika 6:01AM – 7:37AM | Magha* Until 11:21PM | Ganesha: Purple Muruga: Blue | Sunrise: 6:01AM Sunset: 6:59PM | Moon 8 - Phase 18 - 13 | Prathama |
| Creative Work | Amrita Yoga | Rahu 9:13AM – 10:49AM | Parigra* Until 11:46AM Kintughna Until 10:06PM Amavasya* Until 10:03AM | Nataraja: Yellow Moon – Red Bhadrapada-Avani | | | Devaloka Day |
| Until 11:21PM | | | | | | | |
| Then Creative Work – Siddha Yoga | | | | | | | |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

1 Sunday, August 24, 2025

Simha Rasi: 16.52 Tilthi 1 - 2
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam
Parvaphalguni Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathamam/Dvityayam Tilau
Gulika 3:37PM - 5:13PM
Yama 12:25PM - 2:01PM
Rahu 5:13PM - 6:49PM
Purvaphalguni Until 12:33AM Mon
Shiva Until 10:57AM
Balava Until 10:37PM
Prathama* Until 10:16AM
Ganesha: Purple Sunrise: 6:01AM
Muruga: Blue Sunset: 6:49PM
Nataraja: Yellow
Moon - Red
Bhadrapada-Avani

Abu Dhabi, AE Sutra 132
Vasava 5:17
Moon 8 - Phase 19 - 14
3rd Phase

Devaloka Day

2 Monday, August 25, 2025

Simha Rasi: 29.3 Tilthi 2 - 3
Family Home Evening
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Kaulava/Taila Karana Dvitya/Tritiyam Tilau
Gulika 2:01PM - 3:37PM
Yama 10:49AM - 12:25PM
Rahu 7:38AM - 9:13AM
Uttaraphalguni Until 2:10AM Tue
Siddha Until 10:34AM
Taila Until 11:42PM
Dvitiya Until 11:04AM
Ganesha: Purple Sunrise: 6:03AM
Muruga: Blue Sunset: 6:49PM
Nataraja: Yellow
Moon - Red
Bhadrapada-Avani

Abu Dhabi, AE Sutra 133
Vasava 5:17
Moon 8 - Phase 19 - 15
3rd Phase

Devaloka Day

3 Tuesday, August 26, 2025

Kanya Rasi: 11.52 Tilthi 3 - 4
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthi/Panchamam Tilau
Gulika 12:25PM - 2:01PM
Yama 9:13AM - 10:49AM
Rahu 3:36PM - 5:12PM
Hasla Until 4:37AM Wed
Sadhya Until 10:39AM
Vanija Until 1:21AM Wed
Tritiya Until 12:27PM
Ganesha: Light Blue Sunrise: 6:03AM
Muruga: Blue Sunset: 6:49PM
Nataraja: Yellow
Moon - Green
Bhadrapada-Avani

Abu Dhabi, AE Sutra 134
Vasava 5:17
Moon 8 - Phase 19 - 16
3rd Phase

Devaloka Day

4 Wednesday, August 27, 2025

Kanya Rasi: 24.01 Tilthi 4 - 5
Creative Work Siddha Yoga
Until 7:17AM Thu
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Visi/Bava Karana Chaturthi/Panchamam Tilau
Gulika 10:49AM - 12:25PM
Yama 7:38AM - 9:13AM
Rahu 12:25PM - 2:00PM
Chitra Until 7:17AM Thu
Subha Until 11:08AM
Bava Until 3:24AM Thu
Chaturthi* Until 2:19PM
Ganesha: Light Blue Sunrise: 6:03AM
Muruga: Blue Sunset: 6:49PM
Nataraja: Yellow
Moon - Green
Bhadrapada-Avani

Abu Dhabi, AE Sutra 135
Vasava 5:17
Moon 8 - Phase 19 - 17
3rd Phase

Devaloka Day

5 Thursday, August 28, 2025

Tula Rasi: 6.01 Tilthi 5 - 6
Creative Work Siddha Yoga
Until 7:17AM Thu
Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Guru Vasara Yuktayam
Chitra/Svati Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Tilau
Gulika 9:14AM - 10:49AM
Yama 6:03AM - 7:38AM
Rahu 2:00PM - 3:35PM
Chitra Until 7:17AM
Sukla Until 11:51AM
Kaulava Until 5:44AM Fri
Panchami Until 4:32PM
Ganesha: Light Blue Sunrise: 6:03AM
Muruga: Blue Sunset: 6:49PM
Nataraja: White
Moon - Green
Bhadrapada-Avani

Abu Dhabi, AE Sutra 136
Vasava 5:17
Moon 8 - Phase 19 - 18
3rd Phase

Sivaloka Day

6 Friday, August 29, 2025

Tula Rasi: 17.55 Tilthi 6
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Brahma/Indra Yoga Talila Karana Shashthiyam Tilau
Gulika 7:38AM - 9:14AM
Yama 3:34PM - 5:10PM
Rahu 10:49AM - 12:24PM
Svati Until 10:01AM
Brahma Until 12:45PM
Taila Until 6:55PM
Shashthi* Until 6:55PM
Ganesha: Purple Sunrise: 6:03AM
Muruga: Blue Sunset: 6:49PM
Nataraja: White
Moon - Green
Bhadrapada-Avani

Abu Dhabi, AE Sutra 137
Vasava 5:17
Moon 8 - Phase 19 - 19
3rd Phase

Sivaloka Day

Saturday, August 30, 2025

Retreat Star
Tula Rasi: 29.47 Tilthi 7
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Indra/Vaidhri* Yoga Gara/Vanija Karana Sapthamam Tilau
Gulika 6:03AM - 7:39AM
Yama 1:59PM - 3:34PM
Rahu 9:14AM - 10:49AM
Vishakha Until 1:08PM
Indra Until 1:41PM
Gara Until 8:09AM
Saptami Until 9:17PM
Ganesha: Clear Sunrise: 6:03AM
Muruga: Blue Sunset: 6:49PM
Nataraja: White
Moon - Orange
Bhadrapada-Avani

Abu Dhabi, AE Sutra 138
Vasava 5:17
Moon 8 - Phase 19 - 20
3rd Phase

Subha Sivaloka Day

Sunday, August 31, 2025

Retreat Star
Vishkha Rasi: 11.42 Tilthi 8
Routine Work Marana Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vaidhri/Vishkambha* Yoga Visi/Bava Karana Ashtamam Tilau
Gulika 3:33PM - 5:08PM
Yama 12:23PM - 1:58PM
Rahu 5:08PM - 6:43PM
Anuradha Until 3:55PM
Vaidhri* Until 2:27PM
Visi Until 10:25AM
Ashjami* Until 11:26PM
Ganesha: Clear Sunrise: 6:04AM
Muruga: Blue Sunset: 6:49PM
Nataraja: White
Moon - Orange
Bhadrapada-Avani

Abu Dhabi, AE Sutra 139
Vasava 5:17
Moon 8 - Phase 19 - 21
Ashtami

Subha Sivaloka Day

Monday, September 1, 2025

Retreat Star
Vishkha Rasi: 23.44 Tilthi 9
Family Home Evening
Creative Work Siddha Yoga

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakche Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vishkambha*Prithi Yoga Balava/Kaulava Karana Navamam Tilau
Gulika 1:58PM - 3:32PM
Yama 10:48AM - 12:23PM
Rahu 7:39AM - 9:14AM
Jyeshtha* Until 6:12PM
Vishkambha* Until 2:58PM
Balava Until 12:23PM
Navam* Until 1:10AM Tue
Ganesha: Clear Sunrise: 6:04AM
Muruga: Blue Sunset: 6:49PM
Nataraja: White
Moon - Orange
Bhadrapada-Avani

Abu Dhabi, AE Sutra 140
Vasava 5:17
Moon 8 - Phase 19 - 22
Navami

Subha Sivaloka Day

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| | | | | | | | |
|----------------------------------|-------------|-----------------------------------|--------------------------------|--|---|-------------------------|----------------------------|
| 1 | | Tuesday, September 2, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakshi Mangala Vasara Yuktiyam Mula* Nakshatra Pithi/Ayushman Yoga Talila/Gara Karana Dashamyam Tilau | | Abu Dhabi, AE Sun 23 | Sutra 141 |
| Dhanus Rasi: 5.56 | Tithi 10 | Gulika 12:23PM - 1:57PM | Mula* Until 8:18PM | Ganesh: White Muruga: Blue Nataraja: White | Sunrise: 6:05AM Sunset: 6:41PM | Moon 8 - Phase 20 - 24 | Vasavasu 5:27 4th Phase |
| Creative Work | Amrita Yoga | 58872573 | Rahu 3:32PM - 5:06PM | Tailila Until 1:52PM Dashami Until 2:21AM Wed | | | Sivaloka Day |
| Until 8:18PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| | | | | | | | |
|----------------------------------|-------------|-------------------------------------|---------------------------------|--|---|-------------------------|----------------------------|
| 2 | | Wednesday, September 3, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakshi Bauha Vasara Yuktiyam Purvashada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visi* Karana Ekadashyam Tilau | | Abu Dhabi, AE Sun 24 | Sutra 142 |
| Dhanus Rasi: 18.23 | Tithi 11 | Gulika 10:48AM - 12:22PM | Purvashada* Until 9:37PM | Ganesh: Green Muruga: Blue Nataraja: White | Sunrise: 6:05AM Sunset: 6:41PM | Moon 8 - Phase 20 - 24 | Vasavasu 5:27 4th Phase |
| Creative Work | Amrita Yoga | 58882573 | Rahu 12:22PM - 1:57PM | Ayushman Until 2:45PM Vanija Until 2:43PM Ekadashi Until 2:52AM Thu | | | Sivaloka Day |
| Until 8:18PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| | | | | | | | |
|----------------------------------|-------------|------------------------------------|----------------------------------|---|---|-------------------------|----------------------------|
| 3 | | Thursday, September 4, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakshi Guru Vasara Yuktiyam Uttarashada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Dvadashyam Tilau | | Abu Dhabi, AE Sun 25 | Sutra 143 |
| Makara Rasi: 1.09 | Tithi 12 | Gulika 9:14AM - 10:48AM | Uttarashada Until 10:06PM | Ganesh: Green Muruga: Blue Nataraja: White | Sunrise: 6:05AM Sunset: 6:39PM | Moon 8 - Phase 20 - 25 | Vasavasu 5:27 4th Phase |
| Routine Work | Marana Yoga | 58882573 | Rahu 1:56PM - 3:30PM | Saubhagya Until 1:52PM Bava Until 2:53PM Dvadashi Until 2:40AM Fri | | | Sivaloka Day |
| Until 10:06PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| | | | | | | | |
|----------------------------------|-------------|----------------------------------|----------------------------------|--|---|-------------------------|----------------------------|
| 4 | | Friday, September 5, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakshi Sukra Vasara Yuktiyam Shravana Nakshatra Sobhana/Athiganda* Yoga Kaulava/Tailila Karana Trayodashyam Tilau | | Abu Dhabi, AE Sun 26 | Sutra 144 |
| Makara Rasi: 14.16 | Tithi 13 | Gulika 7:40AM - 9:14AM | Shravana Until 10:11PM | Ganesh: Yellow Muruga: Blue Nataraja: White | Sunrise: 6:06AM Sunset: 6:38PM | Moon 8 - Phase 20 - 26 | Vasavasu 5:27 4th Phase |
| Routine Work | Marana Yoga | 59982573 | Rahu 10:48AM - 12:22PM | Sobhana Until 12:25PM Kaulava Until 2:20PM Trayodashi Until 1:47AM Sat | | | Subha Sivaloka Day |
| Until 10:11PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

| | | | | | | | |
|----------------------------------|-------------|------------------------------------|---------------------------------|---|---|-------------------------|----------------------------|
| 5 | | Saturday, September 6, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakshi Manta Vasara Yuktiyam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Tilau | | Abu Dhabi, AE Sun 27 | Sutra 145 |
| Makara Rasi: 27.46 | Tithi 14 | Gulika 6:06AM - 7:40AM | Dhanishtha Until 9:29PM | Ganesh: Yellow Muruga: Blue Nataraja: White | Sunrise: 6:06AM Sunset: 6:31PM | Moon 8 - Phase 20 - 27 | Vasavasu 5:27 4th Phase |
| Creative Work | Siddha Yoga | 59982573 | Rahu 9:14AM - 10:48AM | Athiganda* Until 10:24AM Gara Until 1:07PM Chaturdashi* Until 12:15AM Sun | | | Subha Sivaloka Day |
| Until 9:29PM | | | | | | | |
| Then Creative Work - Amrita Yoga | | | | | | | |

| | | | | | | | |
|----------------------------|-------------|----------------------------------|----------------------------------|---|---|-----------------------------|---------------------------|
| ○ | | Sunday, September 7, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Sukla Pakshi Bhanu Vasara Yuktiyam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Visi*/Bava Karana Purnimayam Tilau | | Abu Dhabi, AE Sun 28 | Sutra 146 |
| Copper Retreat Star | | Gulika 3:28PM - 5:02PM | Shatabhishak Until 8:06PM | Ganesh: Yellow Muruga: Blue Nataraja: White | Sunrise: 6:06AM Sunset: 6:36PM | Moon 8 - Phase 20 - Purnima | Vasavasu 5:27 |
| Kumbha Rasi: 11.37 | Tithi 15 | 59982573 | Rahu 5:02PM - 6:36PM | Sukarma Until 7:55AM Visi Until 11:18AM Purnima* Until 10:12PM | | | Subha Sivaloka Day |
| Creative Work | Siddha Yoga | | | | | | |
| | | | | | | | |
| Grandparent's Day | | | | | | | |

| | | | | | | | |
|----------------------------------|-------------|----------------------------------|--|---|---|------------------------------|---------------------------|
| Monday, September 8, 2025 | | Silver Retreat Star | | Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Pakshi Indu Vasara Yuktiyam Purvaprosarthpada* Nakshatra Shula* Yoga Balava/Kaulava Karana Prathamayam Tilau | | Abu Dhabi, AE Sun 29 | Sutra 147 |
| Kumbha Rasi: 25.47 | Tithi 16 | Gulika 1:54PM - 3:28PM | Purvaprosarthpada* Until 6:34PM | Ganesh: Yellow Muruga: Blue Nataraja: White | Sunrise: 6:07AM Sunset: 6:35PM | Moon 8 - Phase 20 - Prathama | Vasavasu 5:27 |
| Family Home Evening | Marana Yoga | 51982573 | Rahu 7:40AM - 9:14AM | Shula* Until 1:51AM Tue Balava Until 9:02AM Prathama* Until 7:45PM | | | Subha Sivaloka Day |
| Until 6:34PM | | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | | |

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang



Tuesday, September 9, 2025

Gold Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Mangala Vasara Yukatayam
Uttaraprosphapada/Revati Nakshatra Ganda* Yoga Talila/Vanija Karana Dvitiya/Tritiyam Titau

Abu Dhabi, AE Sun 1
Sutra 148

Mesha Rasi: 10.13 Tithi 17 - 18

Gulika 12:20PM - 1:54PM
Yama 9:14AM - 10:47AM
Rahu 3:27PM - 5:00PM

Uttaraprosphapada Until 4:38PM
Ganda* Until 10:28PM
Talila Until 6:25AM
Dvitiya Until 5:00PM

Ganesha: Yellow Sunrise: 6:07AM
Muruga: Blue Sunset: 6:34PM
Nataraja: White
Moon - Clear

Subha Sivaloka Day

Creative Work Amrita Yoga
Until 4:38PM
Then Creative Work - Siddha Yoga

1

Wednesday, September 10, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Budha Vasara Yukatayam
Ashvini/Bharani Nakshatra Dhruva/Vyagata* Yoga Visi*/Bava Karana Tritiya/Chaturtham Titau

Abu Dhabi, AE Sun 2
Sutra 149

Mesha Rasi: 24.47 Tithi 18 - 19

Gulika 10:47AM - 12:20PM
Yama 7:41AM - 9:14AM
Rahu 12:20PM - 1:53PM

Revati Until 2:24PM
Viddhi Until 7:01PM
Bava Until 12:42AM Thu
Tritiya Until 2:08PM

Ganesha: Yellow Sunrise: 6:07AM
Muruga: Blue Sunset: 6:34PM
Nataraja: White
Moon - Clear

Subha Sivaloka Day

Routine Work Marana Yoga

2

Thursday, September 11, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Guru Vasara Yukatayam
Ashvini/Bharani Nakshatra Dhruva/Vyagata* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Abu Dhabi, AE Sun 3
Sutra 150

Mesha Rasi: 9.25 Tithi 19 - 20

Gulika 9:14AM - 10:47AM
Yama 6:08AM - 7:41AM
Rahu 1:53PM - 3:26PM

Ashvini Until 12:26PM
Dhruva Until 3:32PM
Kaulava Until 9:51PM
Chaturthi* Until 11:15AM

Ganesha: White Sunrise: 6:08AM
Muruga: Blue Sunset: 6:33PM
Nataraja: White
Moon - White

Sivaloka Day

Creative Work Amrita Yoga
Until 12:26PM
Then Creative Work - Siddha Yoga

3

Friday, September 12, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Sukra Vasara Yukatayam
Bharani/Kritika Nakshatra Vyagata*/Harshana Yoga Talila/Gara Karana Panchami/Sandhyam Titau

Abu Dhabi, AE Sun 4
Sutra 151

Mesha Rasi: 23.58 Tithi 20 - 21

Gulika 7:41AM - 9:14AM
Yama 3:25PM - 4:58PM
Rahu 10:47AM - 12:19PM

Bharani Until 10:26AM
Vyagata* Until 12:11PM
Gara Until 7:09PM
Panchami Until 8:27AM

Ganesha: Blue Sunrise: 6:08AM
Muruga: Blue Sunset: 6:31PM
Nataraja: White
Moon - White

Sivaloka Day

Creative Work Siddha Yoga

4

Saturday, September 13, 2025

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Manu Vasara Yukatayam
Kritika/Rohini Nakshatra Harshana/Vajra* Yoga Visi*/Bava Karana Saptamam Titau

Abu Dhabi, AE Sun 5
Sutra 152

Wishabha Rasi: 8.24 Tithi 22

Gulika 6:08AM - 7:41AM
Yama 1:52PM - 3:24PM
Rahu 9:14AM - 10:46AM

Kritika Until 8:31AM
Harshana Until 9:01AM
Visi Until 4:42PM
Saptami Until 3:34AM Sun

Ganesha: Blue Sunrise: 6:08AM
Muruga: Blue Sunset: 6:30PM
Nataraja: White
Moon - White

Sivaloka Day

Creative Work Amrita Yoga

5

Sunday, September 14, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Bhanu Vasara Yukatayam
Rohini/Mrigashira Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtamam Titau

Abu Dhabi, AE Sun 6
Sutra 153

Wishabha Rasi: 22.38 Tithi 23

Gulika 3:24PM - 4:56PM
Yama 12:19PM - 1:51PM
Rahu 4:56PM - 6:28PM

Rohini Until 7:10AM
Vajra* Until 6:04AM
Balava Until 2:34PM
Ashtami* Until 1:37AM Mon

Ganesha: Red Sunrise: 6:09AM
Muruga: Blue Sunset: 6:29PM
Nataraja: White
Moon - Yellow

Subha Sivaloka Day

Creative Work Siddha Yoga

Monday, September 15, 2025

Retreat Star

Viswasa Nama Samvatsara Dakshinaya Jvana Ritau Simha Mese Krishna Paksha Indu Vasara Yukatayam
Mrigashira/Andra Nakshatra Vyalipala* Yoga Talila/Gara Karana Navamam Titau

Abu Dhabi, AE Sun 7
Sutra 154

Mithuna Rasi: 6.38 Tithi 24

Gulika 1:51PM - 3:23PM
Yama 10:46AM - 12:18PM
Rahu 7:41AM - 9:14AM

Mrigashira Until 6:01AM
Vyalipala* Until 1:05AM Tue
Talila Until 12:48PM
Navami* Until 12:03AM Tue

Ganesha: Red Sunrise: 6:09AM
Muruga: Blue Sunset: 6:27PM
Nataraja: White
Moon - Yellow

Subha Sivaloka Day

Family Home Evening
Creative Work Amrita Yoga
Until 6:01AM
Then Creative Work - Siddha Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

1

Tuesday, September 16, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mangala Vasara Yukhtayam
Panavasau Nakshatra Varjanyu Yoga Vanija/Vsiti Karana Dashamanyu Titau

Abu Dhabi, AE Sun 8 Sutra 155

Mithuna Rasi: 20:24 Tithi 25

Gulika 12:18PM - 1:50PM
Yama 9:14AM - 10:46AM
541828573 Rahu 3:22PM - 4:54PMPurnavasau Until 4:56AM Wed
Varjanyu Until 11:04PM
Vanija Until 11:26AMGanesha: Green Sunrise: 6:09AM
Muruga: Blue Sunset: 6:29PM
Nataraja: White Moon 9 - Phase 22 - 8
Moon - Blue 2nd Phase
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

2

Wednesday, September 17, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yukhtayam
Pushya Nakshatra Parigha Yoga Bava/Balavo Karana Ekadashyam Titau

Abu Dhabi, AE Sun 9 Sutra 156

Kalkata Rasi: 3:55 Tithi 26

Gulika 10:46AM - 12:18PM
Yama 7:42AM - 9:14AM
541828573 Rahu 12:18PM - 1:49PMPushya Until 5:02AM Thu
Parigha Until 9:24PM
Bava Until 10:30AM
Ekadashi Until 10:11PMGanesha: Green Sunrise: 6:10AM
Muruga: Blue Sunset: 6:29PM
Nataraja: White Moon 9 - Phase 22 - 9
Moon - Blue 2nd Phase
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

3

Thursday, September 18, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yukhtayam
Ashlesha Nakshatra Shiva Yoga Kusava/Talila Karana Dvadashyam Titau

Abu Dhabi, AE Sun 10 Sutra 157

Kalkata Rasi: 17:11 Tithi 27

Gulika 9:14AM - 10:45AM
Yama 6:10AM - 7:42AM
541828573 Rahu 1:49PM - 3:21PMAshlesha Until 5:25AM Fri
Shiva Until 8:07PM
Kusava Until 10:00AM
Dvadashi Until 9:54PMGanesha: Green Sunrise: 6:10AM
Muruga: Blue Sunset: 6:29PM
Nataraja: White Moon 9 - Phase 22 - 10
Moon - Blue 2nd Phase
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Until 5:25AM Fri
Then Routine Work - Marana Yoga

4

Friday, September 19, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Sukra Vasara Yukhtayam
Magha Nakshatra Siddha Yoga Gara/Vanija Karana Trayodashyam Titau

Abu Dhabi, AE Sun 11 Sutra 158

Simha Rasi: 0:13 Tithi 28

Gulika 7:42AM - 9:14AM
Yama 3:20PM - 4:52PM
551828573 Rahu 10:45AM - 12:17PMMagha Until 6:34AM Sat
Siddha Until 7:09PM
Gara Until 9:58AM
Trayodashi Until 10:06PMGanesha: White Sunrise: 6:10AM
Muruga: Blue Sunset: 6:29PM
Nataraja: White Moon 9 - Phase 22 - 11
Moon - Red 2nd Phase
Bhadrapada-Puratasi

Sivaloka Day

Routine Work Marana Yoga

Until 6:34AM Sat
Then Creative Work - Siddha Yoga

Pradosha Vata (Fasting)

5

Saturday, September 20, 2025

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mani Vasara Yukhtayam
Magha Nakshatra Siddha Sadhya Yoga Vsi/V'Sakuni Karana Chaludashyam Titau

Abu Dhabi, AE Sun 12 Sutra 159

Simha Rasi: 13:01 Tithi 29

Gulika 6:11AM - 7:42AM
Yama 1:48PM - 3:19PM
551828573 Rahu 9:14AM - 10:45AMMagha Until 6:34AM
Sadhya Until 6:34PM
Vsi Until 10:24AM
Chaludashi Until 10:46PMGanesha: White Sunrise: 6:11AM
Muruga: Blue Sunset: 6:29PM
Nataraja: White Moon 9 - Phase 22 - 12
Moon - Red 2nd Phase
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Amrita Yoga

Until 6:34AM
Then Creative Work - Siddha Yoga

●

Sunday, September 21, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Bharu Vasara Yukhtayam
Uttaraphalguni/Hasta Nakshatra Sukha Yoga Cataspada/Naga Karana Amavasyayam Titau

Abu Dhabi, AE Sun 13 Sutra 160

Simha Rasi: 25:37 Tithi 30

Gulika 3:19PM - 4:50PM
Yama 12:16PM - 1:47PM
551828573 Rahu 4:50PM - 6:21PMPurvaphalguni Until 8:00AM
Sukha Until 6:22PM
Cataspada Until 11:17AM
Amavasya Until 11:53PMGanesha: White Sunrise: 6:11AM
Muruga: Blue Sunset: 6:29PM
Nataraja: White Moon 9 - Phase 22 - 13
Moon - Red 2nd Phase
Bhadrapada-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Until 8:00AM
Then Creative Work - Amrita Yoga

Mahalaya Amavasya (Tamil Nadu)

Monday, September 22, 2025

Retreat Star

Viswasa Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Sukla Paksho Indu Vasara Yukhtayam
Uttaraphalguni/Hasta Nakshatra Sukla Yoga Kintughna/Bava Karana Prathamanyam Titau

Abu Dhabi, AE Sun 14 Sutra 161

Kanya Rasi: 8 Tithi 1

Gulika 1:47PM - 3:18PM
Yama 10:45AM - 12:16PM
551828573 Rahu 7:43AM - 9:14AMUttaraphalguni Until 9:44AM
Sukla Until 6:29PM
Kintughna Until 12:39PM
Prathama Until 1:28AM TueGanesha: White Sunrise: 6:11AM
Muruga: Blue Sunset: 6:29PM
Nataraja: White Moon 9 - Phase 22 - 14
Moon - Red 2nd Phase
Ashvina-Puratasi

Sivaloka Day

Creative Work Siddha Yoga

Navaratri Begins

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

1

Tuesday, September 23, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Brahma Yoga Balava/Kaulava Karana Dvilyayam Titau

Abu Dhabi, AE Sun 15 Sutra 162

Kanya Rasi: 20.12 Tilthi 2

Gulika 12:15PM - 1:46PM
Yama 9:14AM - 10:45AM
Rahu 3:17PM - 4:48PMHasta Untill 12:11PM
Brahma Untill 6:54PM
Balava Untill 2:25PM
Dvitiya Untill 3:25AM WedGanesha: Red Sunrise: 6:12AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White Moon 9 - Phase 23 - 12
Moon - Green 3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

2

Wednesday, September 24, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Budha Vasara Yuktayam
Chitra/Svali Nakshatra Indra Yoga Talilla/Gara Karana Trilyayam Titau

Abu Dhabi, AE Sun 16 Sutra 163

Tula Rasi: 2.15 Tilthi 3

Gulika 10:44AM - 12:15PM
Yama 7:43AM - 9:14AM
Rahu 12:15PM - 1:46PMChitra Untill 2:49PM
Indra Untill 7:36PM
Talilla Untill 4:32PM
Tritiya Untill 5:40AM ThuGanesha: Red Sunrise: 6:12AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White Moon 9 - Phase 23 - 16
Moon - Green 3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Thursday, September 25, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Guru Vasara Yuktayam
Svali/Vishakha Nakshatra Vaidhithi Yoga Vanija Karana Chaturthiyam Titau

Abu Dhabi, AE Sun 17 Sutra 164

Tula Rasi: 14.12 Tilthi 4

Gulika 9:14AM - 10:44AM
Yama 6:13AM - 7:43AM
Rahu 1:45PM - 3:16PMSvali Untill 5:31PM
Vaidhithi Untill 8:26PM
Vanija Untill 6:54PM
Chaturthi Untill 8:06AM FriGanesha: Red Sunrise: 6:13AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White Moon 9 - Phase 23 - 17
Moon - Green 3rd Phase

Subha Sivaloka Day

Creative Work Amrita Yoga

Untill 5:31PM
Then Creative Work - Siddha Yoga

4

Friday, September 26, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Sukra Vasara Yuktayam
Vishakha Nakshatra Vishkamba Yoga Visli/Bava Karana Chaturthi/Panchamyam Titau

Abu Dhabi, AE Sun 18 Sutra 165

Tula Rasi: 26.04 Tilthi 4 - 5

Gulika 7:43AM - 9:14AM
Yama 6:13AM - 7:43AM
Rahu 10:44AM - 12:14PMVishakha Untill 8:40PM
Vishkamba Untill 9:21PM
Bava Untill 9:22PM
Chaturthi Untill 8:06AMGanesha: Blue Sunrise: 6:13AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White Moon 9 - Phase 23 - 18
Moon - Orange 3rd Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Saturday, September 27, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Manta Vasara Yuktayam
Anuradha Nakshatra Prili Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau

Abu Dhabi, AE Sun 19 Sutra 166

Wrischika Rasi: 7.56 Tilthi 5 - 6

Gulika 6:13AM - 7:43AM
Yama 1:44PM - 3:14PM
Rahu 9:14AM - 10:44AMAnuradha Untill 11:37PM
Prili Untill 10:16PM
Kaulava Untill 11:48PM
Panchami Untill 10:35AMGanesha: Red Sunrise: 6:13AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White Moon - Orange 3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

6

Sunday, September 28, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Bhanu Vasara Yuktayam
Jyeshtha Nakshatra Ayushman Yoga Talilla/Gara Karana Shashthi/Saptamyam Titau

Abu Dhabi, AE Sun 20 Sutra 167

Wrischika Rasi: 19.49 Tilthi 6 - 7

Gulika 3:14PM - 4:44PM
Yama 12:14PM - 1:44PM
Rahu 4:44PM - 6:14PMJyeshtha Untill 2:12AM Mon
Ayushman Untill 11:00PM
Gara Untill 2:02AM Mon
Shashthi Untill 12:56PMGanesha: Green Sunrise: 6:14AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White Moon - Orange 3rd Phase

Sivaloka Day

Routine Work Marana Yoga

Untill 2:12AM Mon
Then Creative Work - Siddha Yoga

Monday, September 29, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Indu Vasara Yuktayam
Mula Nakshatra Saubhagya Yoga Vanija/Visli Karana Sapthami/Ashtamyam Titau

Abu Dhabi, AE Sun 21 Sutra 168

Dhanus Rasi: 1.49 Tilthi 7 - 8

Gulika 1:43PM - 3:13PM
Yama 10:44AM - 12:13PM
Rahu 7:44AM - 9:14AMMula Untill 4:45AM Tue
Saubhagya Untill 11:28PM
Visli Untill 3:52AM Tue
Saptami Untill 3:00PMGanesha: Red Sunrise: 6:14AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White Moon - Light Blue 3rd Phase

Subha Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

D

Tuesday, September 30, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Mangala Vasara Yuktayam
Puruvashadha Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau

Abu Dhabi, AE Sun 22 Sutra 169

Dhanus Rasi: 13.58 Tilthi 8 - 9

Gulika 12:13PM - 1:43PM
Yama 9:14AM - 10:43AM
Rahu 3:12PM - 4:42PMPuruvashadha Untill 6:35AM Wed
Sobhana Untill 11:32PM
Balava Untill 5:09AM Wed
Ashtami Untill 4:34PMGanesha: Red Sunrise: 6:14AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White Moon - Light Blue 3rd Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Untill 6:35AM Wed

Then Creative Work - Amrita Yoga

Wednesday, October 1, 2025

Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Karya Mese Sukla Paksha Budha Vasara Yuktayam
Puruvashadha Nakshatra Albiganda Yoga Kaulava/Talilla Karana Navami/Dashamyam Titau

Abu Dhabi, AE Sun 23 Sutra 170

Dhanus Rasi: 26.21 Tilthi 9 - 10

Gulika 10:43AM - 12:13PM
Yama 7:44AM - 9:14AM
Rahu 12:13PM - 1:42PMPuruvashadha Untill 6:35AM
Albiganda Untill 11:03PM
Talilla Untill 5:44AM Thu
Navami Untill 5:31PMGanesha: Red Sunrise: 6:15AM
Muruga: Blue Sunset: 6:19PM
Nataraja: White Moon - Light Blue 3rd Phase

Subha Sivaloka Day

Creative Work Amrita Yoga

Saraswathi Puja (Tamil Nadu)

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margha. Tirumantram 1502

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | |
|---|---------------|--|-----------------------------------|--------------------------|------------------------|-------------------------|----------------------------|
| 1 Thursday, October 2, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Sukla Paksha Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukama Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | | | | Abu Dhabi, AE Sun 24 | Sutra 171 Vasarasu 5:27 |
| Makara Rasi: 9.04 | Tithi 10 – 11 | Gulika 9:14AM – 10:43AM | Uttarashadha Untill 7:34AM | Ganesha: Red | Sunrise: 6:15AM | | |
| | | Yama 6:15AM – 7:44AM | Sukama Untill 9:59PM | Muruga: Blue | Sunset: 6:10PM | | Moon 9 - Phase 24 - 27 |
| | | 682928573 Rahu 1:42PM – 3:11PM | Vanija Untill 5:31AM Fri | Nataraja: White | | | 4th Phase |
| Routine Work - Marana Yoga Untill 7:34AM Then Creative Work - Siddha Yoga | | | Dashami Untill 5:42PM | Moon - Light Blue | | | Subha Sivaloka Day |
| | | | | Ashwina-Puratasi | | | |

| | | | | | | | |
|---|---------------|---|-------------------------------|-------------------------|------------------------|-------------------------|----------------------------|
| 2 Friday, October 3, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Sukla Paksha Sakra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti Yoga Visti/Vava Karana Ekadashi/Dvadashyam Titau | | | | Abu Dhabi, AE Sun 25 | Sutra 172 Vasarasu 5:27 |
| Makara Rasi: 22.1 | Tithi 11 – 12 | Gulika 7:45AM – 9:14AM | Shravana Untill 8:05AM | Ganesha: Blue | Sunrise: 6:15AM | | |
| | | Yama 3:10PM – 4:39PM | Dhriti Untill 8:18PM | Muruga: Blue | Sunset: 6:09PM | | Moon 9 - Phase 24 - 25 |
| | | 692928573 Rahu 10:43AM – 12:12PM | Bava Untill 4:30AM Sat | Nataraja: White | | | 4th Phase |
| Routine Work - Marana Yoga Untill 8:05AM Then Creative Work - Siddha Yoga | | | Ekadashi Untill 5:05PM | Moon - Purple | | | Sivaloka Day |
| | | | | Ashwina-Puratasi | | | |

| | | | | | | | |
|--|---------------|---|---------------------------------|-------------------------|------------------------|-------------------------|----------------------------|
| 3 Saturday, October 4, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Sukla Paksha Manu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shukra/Ganda Yoga Balava/Kadava Karana Dvadashi/Trayodashyam Titau | | | | Abu Dhabi, AE Sun 26 | Sutra 173 Vasarasu 5:27 |
| Kumbha Rasi: 5.41 | Tithi 12 – 13 | Gulika 6:16AM – 7:45AM | Dhanishtha Untill 7:41AM | Ganesha: Blue | Sunrise: 6:16AM | | |
| | | Yama 1:41PM – 3:10PM | Shukra Untill 5:58PM | Muruga: Blue | Sunset: 6:08PM | | Moon 9 - Phase 24 - 26 |
| | | 692928573 Rahu 9:14AM – 10:43AM | Kadava Untill 2:45AM Sun | Nataraja: White | | | 4th Phase |
| Creative Work - Siddha Yoga Untill 7:41AM Then Creative Work - Amrita Yoga | | Kadaltsami Mahasamadi | Dvadashi Untill 3:42PM | Moon - Purple | | | Sivaloka Day |
| | | | | Ashwina-Puratasi | | | |
| | | | | <i>Pradosha Vata</i> | | | |

| | | | | | | | |
|----------------------------------|---------------|--|-----------------------------------|-------------------------|------------------------|-------------------------|----------------------------|
| 4 Sunday, October 5, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Sukla Paksha Bharu Vasara Yuktayam Shatabhishak/Purusharthapada Nakshatra Ganda/Vridhi Yoga Talita Karana Trayodashi/Chaludashyam Titau | | | | Abu Dhabi, AE Sun 27 | Sutra 174 Vasarasu 5:27 |
| Kumbha Rasi: 19.4 | Tithi 13 – 14 | Gulika 3:09PM – 4:38PM | Shatabhishak Untill 6:24AM | Ganesha: Blue | Sunrise: 6:16AM | | |
| | | Yama 12:11PM – 1:40PM | Ganda Untill 3:05PM | Muruga: Blue | Sunset: 6:07PM | | Moon 9 - Phase 24 - 27 |
| | | 692928573 Rahu 4:38PM – 6:07PM | Gara Untill 12:21AM Mon | Nataraja: White | | | 4th Phase |
| Creative Work - Siddha Yoga | | Chidambaram Abhishekam | Trayodashi Untill 1:36PM | Moon - Purple | | | Sivaloka Day |
| | | | | Ashwina-Puratasi | | | |

| | | | | | | | |
|--|---------------|--|---------------------------------------|-------------------------|------------------------|-------------------------|----------------------------|
| Monday, October 6, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Sukla Paksha Indu Vasara Yuktayam Uttarashadha/Nakshatra Vridhi/Dhruva Yoga Vanja/Visti Karana Chaturdashi/Purnimayam Titau | | | | Abu Dhabi, AE Sun 28 | Sutra 175 Vasarasu 5:27 |
| Copper Retreat Star | | Gulika 1:40PM – 3:08PM | Uttarashadha Untill 2:33AM Tue | Ganesha: Clear | Sunrise: 6:17AM | | |
| Meena Rasi: 4.04 | Tithi 14 – 15 | Yama 10:43AM – 12:11PM | Vridhi Untill 11:45AM | Muruga: Blue | Sunset: 6:06PM | | Moon 9 - Phase 24 - 25 |
| | | 613928573 Rahu 7:45AM – 9:14AM | Visti Untill 9:26PM | Nataraja: White | | | Purnima |
| Family Home Evening Creative Work - Siddha Yoga | | | Chaturdashi Untill 10:56AM | Moon - Clear | | | Subha Sivaloka Day |
| | | | | Ashwina-Puratasi | | | |

| | | | | | | | |
|---------------------------------|---------------|--|------------------------------|-------------------------|------------------------|-------------------------|----------------------------|
| Tuesday, October 7, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mase Krishna Paksha Mangala Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata Yoga Bava/Balava Karana Purnima/Prathamayam Titau | | | | Abu Dhabi, AE Sun 29 | Sutra 176 Vasarasu 5:27 |
| Silver Retreat Star | | Gulika 12:11PM – 1:39PM | Revati Untill 11:52PM | Ganesha: Clear | Sunrise: 6:17AM | | |
| Meena Rasi: 18.47 | Tithi 15 – 16 | Yama 9:14AM – 10:42AM | Dhruva Untill 8:02AM | Muruga: Blue | Sunset: 6:05PM | | Moon 9 - Phase 24 - 25 |
| | | 613928573 Rahu 3:08PM – 4:36PM | Balava Untill 6:10PM | Nataraja: White | | | Prathama |
| Creative Work - Siddha Yoga | | | Purnima Untill 7:49AM | Moon - Clear | | | Subha Sivaloka Day |
| | | | | Ashwina-Puratasi | | | |

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charity. Tirumantiram 1444

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

**Wednesday, October 8, 2025****Gold Retreat Star**Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktayam
Ashvini Nakshatra Harshana Yaga Talila/Gara Karana Dvityayam Titau

Abu Dhabi, AE

Sutra 177

| | | | | | | |
|----------------------------------|-------------|---------------------------------|-----------------------------|------------------|-----------------|--------------------------------|
| Mesha Rasi: 3.44 | Tithi 17 | Gulika 10:42AM - 12:11PM | Ashvini Untill 9:17PM | Ganesha: White | Sunrise: 6:17AM | Vasavasu 5:17 |
| | | Yama 7:46AM - 9:14AM | Harshana Untill 12:05AM Thu | Muruga: Blue | Sunset: 6:04PM | Moon 10 - Phase 25 - 1st Phase |
| | | 633928574 Rahu 12:11PM - 1:39PM | Tailila Untill 2:42PM | Nataraja: Clear | | |
| Routine Work | Marana Yoga | | Dvitiya Untill 12:56AM Thu | Moon - White | | Subha Sivaloka Day |
| Untill 9:17PM | | | | Ashvina-Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

Thursday, October 9, 2025**1**Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktayam
Bharani Nakshatra Vajra Yaga Vanja/Visi/ Karana Trityayam Titau

Abu Dhabi, AE

Sutra 178

| | | | | | | |
|---------------------------------|-------------|--------------------------------|-----------------------|------------------|-----------------|--------------------------------|
| Mesha Rasi: 18.47 | Tithi 18 | Gulika 9:14AM - 10:42AM | Bharani Untill 6:35PM | Ganesha: White | Sunrise: 6:18AM | Vasavasu 5:17 |
| | | Yama 7:46AM - 9:14AM | Vajra Untill 8:04PM | Muruga: Blue | Sunset: 6:03PM | Moon 10 - Phase 25 - 1st Phase |
| | | 633928574 Rahu 1:38PM - 3:07PM | Vanija Untill 11:12AM | Nataraja: Clear | | |
| Creative Work | Siddha Yoga | | Tritiya Untill 9:28PM | Moon - White | | Subha Sivaloka Day |
| Untill 6:35PM | | | | Ashvina-Puratasi | | |
| Then Routine Work - Marana Yoga | | | | | | |

Friday, October 10, 2025**2**Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Sudra Vasara Yuktayam
Kritika/Rohini Nakshatra Siddhi/Vyolipata Yaga Bava/Balava Karana Chalaturyam Titau

Abu Dhabi, AE

Sutra 179

| | | | | | | |
|---------------------------------|-------------|----------------------------------|--------------------------|------------------|-----------------|----------------------------------|
| Wishabha Rasi: 3.46 | Tithi 19 | Gulika 7:46AM - 9:14AM | Kritika Untill 3:55PM | Ganesha: White | Sunrise: 6:18AM | Vasavasu 5:17 |
| | | Yama 3:06PM - 4:34PM | Siddhi Untill 4:13PM | Muruga: Blue | Sunset: 6:03PM | Moon 10 - Phase 25 - 2 1st Phase |
| | | 633928574 Rahu 10:42AM - 12:10PM | Bava Untill 7:49AM | Nataraja: Clear | | |
| Creative Work | Siddha Yoga | | Chalaturhi Untill 6:12PM | Moon - White | | Subha Sivaloka Day |
| Untill 3:55PM | | | | Ashvina-Puratasi | | |
| Then Routine Work - Marana Yoga | | | | | | |

Saturday, October 11, 2025**3**Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mania Vasara Yuktayam
Rohini/Migashira Nakshatra Vyolipata/Variyan Yaga Talila/Gara Karana Panchari/Shastryam Titau

Abu Dhabi, AE

Sutra 180

| | | | | | | |
|----------------------------------|---------------|---------------------------------|--------------------------|------------------|-----------------|----------------------------------|
| Wishabha Rasi: 18.32 | Tithi 20 - 21 | Gulika 6:19AM - 7:46AM | Rohini Untill 1:51PM | Ganesha: Yellow | Sunrise: 6:19AM | Vasavasu 5:17 |
| | | Yama 3:06PM - 4:34PM | Vyalipala Untill 12:39PM | Muruga: Blue | Sunset: 6:01PM | Moon 10 - Phase 25 - 3 1st Phase |
| | | 633928574 Rahu 9:14AM - 10:42AM | Gara Untill 1:59AM Sun | Nataraja: Clear | | |
| Creative Work | Amrita Yoga | | Panchami Untill 3:16PM | Moon - Yellow | | Sivaloka Day |
| Untill 1:51PM | | | | Ashvina-Puratasi | | |
| Then Creative Work - Siddha Yoga | | | | | | |

Sunday, October 12, 2025**4**Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Bhanu Vasara Yuktayam
Migashira/Ardra Nakshatra Variyan/Parigha Yaga Vanja/Visi/ Karana Shaohri/Saptamam Titau

Abu Dhabi, AE

Sutra 181

| | | | | | | |
|--------------------|---------------|--------------------------------|---------------------------|------------------|-----------------|----------------------------------|
| Mithuna Rasi: 3.01 | Tithi 21 - 22 | Gulika 3:05PM - 4:32PM | Mrigashira Untill 12:07PM | Ganesha: Yellow | Sunrise: 6:19AM | Vasavasu 5:17 |
| | | Yama 12:10PM - 1:37PM | Variyan Untill 9:25AM | Muruga: Blue | Sunset: 6:00PM | Moon 10 - Phase 25 - 4 1st Phase |
| | | 633928574 Rahu 4:32PM - 6:00PM | Visli Untill 11:48PM | Nataraja: Clear | | |
| Creative Work | Siddha Yoga | | Shashthi Untill 12:48PM | Moon - Yellow | | Sivaloka Day |
| Untill 4:32PM | | | | Ashvina-Puratasi | | |

Monday, October 13, 2025**5****Retreat Star**Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Indu Vasara Yuktayam
Andra/Punarvasu Nakshatra Parigha/Shiva Yaga Kaulava/Tailila Karana Saptami/Ashtamam Titau

Abu Dhabi, AE

Sutra 182

| | | | | | | |
|----------------------------------|---------------|--------------------------------|------------------------|------------------|-----------------|--------------------------------|
| Mithuna Rasi: 17.08 | Tithi 22 - 23 | Gulika 1:37PM - 3:04PM | Ardra Untill 10:47AM | Ganesha: Yellow | Sunrise: 6:20AM | Vasavasu 5:17 |
| | | Yama 10:42AM - 12:09PM | Parigha Untill 6:39AM | Muruga: Blue | Sunset: 5:59PM | Moon 10 - Phase 25 - 5 Ashtami |
| | | 633928574 Rahu 7:47AM - 9:14AM | Balava Untill 10:12PM | Nataraja: Clear | | |
| Family Home Evening | Siddha Yoga | | Saptami Untill 10:54AM | Moon - Yellow | | Sivaloka Day |
| Untill 10:47AM | | | | Ashvina-Puratasi | | |
| Then Creative Work - Amrita Yoga | | | | | | |

Tuesday, October 14, 2025**6****Retreat Star**Vivavasu Nama Samvatsare Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Kaulava/Tailila Karana Ashtami/Navamamam Titau

Abu Dhabi, AE

Sutra 183

| | | | | | | |
|-------------------|---------------|--------------------------------|--------------------------|------------------|-----------------|-------------------------------|
| Kataka Rasi: 0.52 | Tithi 23 - 24 | Gulika 12:09PM - 1:36PM | Punarvasu Untill 10:21AM | Ganesha: Blue | Sunrise: 6:20AM | Vasavasu 5:17 |
| | | Yama 9:15AM - 10:42AM | Siddha Untill 2:37AM Wed | Muruga: Blue | Sunset: 5:58PM | Moon 10 - Phase 25 - 6 Navami |
| | | 643928574 Rahu 3:04PM - 4:31PM | Tailila Untill 9:15PM | Nataraja: Clear | | |
| Creative Work | Siddha Yoga | | Ashtami Untill 9:38AM | Moon - Blue | | Subha Sivaloka Day |
| Untill 3:04PM | | | | Ashvina-Puratasi | | |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | |
|--------------------|---------------|------------------------------------|---------------------------------|---|-----------------|------------------------|----------------------------|
| 1 | | Wednesday, October 15, 2025 | | Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sadhya Yoga Gara/Vanija Karana Navami/Dashamam Titau | | Abu Dhabi, AE Sun 7 | Sutra 184 Vasavasu 5127 |
| Kataka Rasi: 14.13 | TITHI 24 – 25 | Gulika 7:48AM – 9:15AM | Pushya Until 10:26AM | Ganesha: Blue | Sunrise: 6:20AM | | |
| | | Yama 6:43:28574 | Sadhya Until 12:38AM Thu | Muruga: Blue | Sunset: 5:57PM | Moon 10 - Phase 26 - 8 | 2nd Phase |
| Creative Work | Siddha Yoga | Rahu 12:09PM – 1:36PM | Vanija Until 8:58PM | Nataraja: Clear | | | |
| | | | Navami* Until 9:01AM | Moon - Blue | | | |
| | | | | Ashvina-Puratasi | | | Subha Sivaloka Day |

| | | | | | | | |
|----------------------------------|---------------|-----------------------------------|--------------------------------|--|-----------------|------------------------|----------------------------|
| 2 | | Thursday, October 16, 2025 | | Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Karya Mese Krishna Paksho Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha Yoga Bava Karana Dashami/Ekadashtyam Titau | | Abu Dhabi, AE Sun 8 | Sutra 185 Vasavasu 5127 |
| Kataka Rasi: 27.14 | TITHI 25 – 26 | Gulika 9:15AM – 10:42AM | Ashlesha* Until 10:59AM | Ganesha: Blue | Sunrise: 6:21AM | | |
| | | Yama 6:43:28574 | Subha Until 12:38AM Fri | Muruga: Blue | Sunset: 5:56PM | Moon 10 - Phase 26 - 8 | 2nd Phase |
| Creative Work | Siddha Yoga | Rahu 1:35PM – 3:02PM | Bava Until 9:19PM | Nataraja: Clear | | | |
| Until 10:59AM | | | Dashami Until 9:03AM | Moon - Blue | | | |
| Then Creative Work - Amrita Yoga | | | | Ashvina-Puratasi | | | Subha Sivaloka Day |

| | | | | | | | |
|----------------------------------|---------------|----------------------------------|--------------------------------|---|-----------------|------------------------|----------------------------|
| 3 | | Friday, October 17, 2025 | | Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla Yoga Blava/Kaulava Karana Ekadashi/Dwadashyam Titau | | Abu Dhabi, AE Sun 9 | Sutra 186 Vasavasu 5127 |
| Simha Rasi: 9.58 | TITHI 26 – 27 | Gulika 7:48AM – 9:15AM | Magha* Until 12:25PM | Ganesha: Red | Sunrise: 6:21AM | | |
| | | Yama 6:43:28574 | Sukla Until 12:16AM Sat | Muruga: Blue | Sunset: 5:56PM | Moon 10 - Phase 26 - 9 | 2nd Phase |
| Routine Work | Marana Yoga | Rahu 10:42AM – 12:08PM | Kaulava Until 10:12PM | Nataraja: Clear | | | |
| Until 12:25PM | | | Ekadashi* Until 9:40AM | Moon - Blue | | | |
| Then Creative Work - Siddha Yoga | | | | Ashvina-Alpasi | | | Sivaloka Day |

| | | | | | | | |
|---------------------------------|---------------|-----------------------------------|-----------------------------------|--|-----------------|-------------------------|----------------------------|
| 4 | | Saturday, October 18, 2025 | | Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Lalita/Gara Karana Dvadashi/Trayodashyam Titau | | Abu Dhabi, AE Sun 10 | Sutra 187 Vasavasu 5127 |
| Simha Rasi: 22.27 | TITHI 27 – 28 | Gulika 6:22AM – 7:48AM | Purvaphalguni Until 2:10PM | Ganesha: Red | Sunrise: 6:22AM | | |
| | | Yama 6:53:28574 | Brahma Until 12:17AM Sun | Muruga: Blue | Sunset: 5:56PM | Moon 10 - Phase 26 - 10 | 2nd Phase |
| Creative Work | Siddha Yoga | Rahu 9:15AM – 10:42AM | Gara Until 11:34PM | Nataraja: Clear | | | |
| Until 2:10PM | | | Dvadashi* Until 10:49AM | Moon - Red | | | |
| Then Routine Work - Marana Yoga | | | | Ashvina-Alpasi | | | Sivaloka Day |
| | | | | <i>Pradosha Vata (Fasting)</i> | | | |

| | | | | | | | |
|------------------|---------------|----------------------------------|------------------------------------|--|-----------------|-------------------------|----------------------------|
| 5 | | Sunday, October 19, 2025 | | Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Shruva Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Varjivi/Visli* Karana Trayodashi/Chaturdashyam Titau | | Abu Dhabi, AE Sun 11 | Sutra 188 Vasavasu 5127 |
| Kanya Rasi: 4.44 | TITHI 28 – 29 | Gulika 3:01PM – 4:27PM | Uttaraphalguni Until 4:10PM | Ganesha: Red | Sunrise: 6:22AM | | |
| | | Yama 6:53:28574 | Indra Until 12:35AM Mon | Muruga: Blue | Sunset: 5:56PM | Moon 10 - Phase 26 - 11 | 2nd Phase |
| Creative Work | Amrita Yoga | Rahu 4:27PM – 5:54PM | Visli Until 1:19AM Mon | Nataraja: Clear | | | |
| | | | Trayodashi* Until 12:23PM | Moon - Red | | | |
| | | | | Ashvina-Alpasi | | | Sivaloka Day |
| | | | | Deepavali Hindu Solidarity Day | | | |

| | | | | | | | |
|---|---------------|----------------------------------|------------------------------------|---|-----------------|-------------------------|----------------------------|
| Monday, October 20, 2025 | | Retreat Star | | Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Krishna Paksho Indu Vasara Yuktayam Hasta Nakshatra Vaidhriti* Yoga Sakuni*/Catuspadi* Karana Chaturdashini/Amavasyayam Titau | | Abu Dhabi, AE Sun 12 | Sutra 189 Vasavasu 5127 |
| Kanya Rasi: 16.53 | TITHI 29 – 30 | Gulika 1:34PM – 3:00PM | Hasla Until 6:48PM | Ganesha: Blue | Sunrise: 6:23AM | | |
| Family Home Evening | | Yama 6:64:28574 | Vaidhriti* Until 1:06AM Tue | Muruga: Blue | Sunset: 5:53PM | Moon 10 - Phase 26 - 12 | Amavasya |
| Creative Work | Siddha Yoga | Rahu 7:49AM – 9:15AM | Catuspadi Until 3:22AM Tue | Nataraja: Clear | | | |
| Until 6:48PM | | | Chaturdashini* Until 2:18PM | Moon - Green | | | |
| Then Routine Work - Prabalarishtha Yoga | | | | Ashvina-Alpasi | | | Devaloka Day |

| | | | | | | | |
|----------------------------------|--------------|-----------------------------------|-------------------------------------|---|-----------------|-------------------------|----------------------------|
| Tuesday, October 21, 2025 | | Retreat Star | | Viswastu Nama Samvatsara Dakshinaya Jivana Ritau Tula Mese Sukla Paksho Mangala Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Naga*/Kintughni* Karana Amavasya/Prathamayam Titau | | Abu Dhabi, AE Sun 13 | Sutra 190 Vasavasu 5127 |
| Kanya Rasi: 28.55 | TITHI 30 – 1 | Gulika 12:08PM – 1:34PM | Chitra Until 9:31PM | Ganesha: Blue | Sunrise: 6:23AM | | |
| | | Yama 6:64:28574 | Vishkambha* Until 1:48AM Wed | Muruga: Blue | Sunset: 5:53PM | Moon 10 - Phase 26 - 13 | Prathama |
| Creative Work | Siddha Yoga | Rahu 3:00PM – 4:26PM | Kintughni Until 5:39AM Wed | Nataraja: Clear | | | |
| | | | Amavasya* Until 4:28PM | Moon - Green | | | |
| | | | | Kartika-Alpasi | | | Devaloka Day |
| | | | | Subramaniam Mahasamathi Skanda Shasthi Begins | | | |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | |
|---------------|--|---------|---|--|---|-----------------------------------|--|
| 1 | Wednesday, October 22, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam | | | | Abu Dhabi, AE |
| | Svali Nakshatra Pril Yoga Bava Karana Prathmsyam Titau | | Svali Until 12:14AM Thu | | | | Sun 14 Sutra 191 |
| | Tula Rasi: 10.52 | Tilhi 1 | Gulika 10:42AM - 12:07PM Yama 7:50AM - 9:16AM Rahu 12:07PM - 1:33PM | Svali Until 12:14AM Thu Prili Until 2:38AM Thu Bava Until 6:50PM | Ganesh: Blue Muruga: Yellow Nataraja: Clear Moon - Green | Sunrise: 6:24AM Sunset: 5:51PM | Vasavasu 5:127 Phase 27 - 14 3rd Phase |
| Creative Work | Siddha Yoga | | Prathama* Until 6:50PM | Kartika-Alpasi | Bhuloka Day Devaloka Time: 3PM to 6PM | | |

| | | | | | | | |
|---------------|--|---------|--|---|---|-----------------------------------|--|
| 2 | Thursday, October 23, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam | | | | Abu Dhabi, AE |
| | Vishakha Nakshatra Ayushman Yoga Balava/Kaulava Karana Dvityayam Titau | | Vishakha Until 3:22AM Fri | | | | Sun 15 Sutra 192 |
| | Tula Rasi: 22.46 | Tilhi 2 | Gulika 9:16AM - 10:42AM Yama 6:24AM - 7:50AM Rahu 1:33PM - 2:59PM | Vishakha Until 3:22AM Fri Ayushman Until 3:30AM Fri Balava Until 8:05AM Dvitiya Until 9:19PM | Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Orange | Sunrise: 6:24AM Sunset: 5:50PM | Vasavasu 5:127 Phase 27 - 15 3rd Phase |
| Creative Work | Siddha Yoga | | | Kartika-Alpasi | Bhuloka Day Devaloka Time: 3PM to 6PM | | |

| | | | | | | | |
|---------------|---|---------|---|--|---|-----------------------------------|--|
| 3 | Friday, October 24, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Sukra Vasara Yuktayam | | | | Abu Dhabi, AE |
| | Anuradha Nakshatra Saubhaga Yoga Talila/Gara Karana Trityayam Titau | | Anuradha Until 6:21AM Sat | | | | Sun 16 Sutra 193 |
| | Wischika Rasi: 4.37 | Tilhi 3 | Gulika 7:50AM - 9:16AM Yama 2:58PM - 4:24PM Rahu 10:42AM - 12:07PM | Anuradha Until 6:21AM Sat Saubhaga Until 4:24AM Sat Talila Until 10:36AM Tritya Until 11:50PM | Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Orange | Sunrise: 6:25AM Sunset: 5:50PM | Vasavasu 5:127 Phase 27 - 16 3rd Phase |
| Creative Work | Siddha Yoga | | | Kartika-Alpasi | Bhuloka Day Devaloka Time: 3PM to 6PM | | |

| | | | | | | | |
|---------------|--|---------|---|---|---|-----------------------------------|--|
| 4 | Saturday, October 25, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Manva Vasara Yuktayam | | | | Abu Dhabi, AE |
| | Anuradha Nakshatra Sobhana Yoga Vanja/Visil* Karana Chaturtham Titau | | Anuradha Until 6:21AM | | | | Sun 17 Sutra 194 |
| | Wischika Rasi: 16.29 | Tilhi 4 | Gulika 6:25AM - 7:51AM Yama 1:32PM - 2:58PM Rahu 9:16AM - 10:42AM | Anuradha Until 6:21AM Sobhana Until 5:14AM Sun Vanija Until 1:06PM Chaturthi* Until 2:17AM Sun | Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Orange | Sunrise: 6:25AM Sunset: 5:49PM | Vasavasu 5:127 Phase 27 - 17 3rd Phase |
| Creative Work | Siddha Yoga | | | Kartika-Alpasi | Bhuloka Day Devaloka Time: 3PM to 6PM | | |

| | | | | | | | |
|--------------|---|---------|---|---|---|-----------------------------------|--|
| 5 | Sunday, October 26, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Bharu Vasara Yuktayam | | | | Abu Dhabi, AE |
| | Jyeshtha/Mula* Nakshatra Athiganda* Yoga Bava/Balava Karana Panchamam Titau | | Jyeshtha* Until 9:05AM | | | | Sun 18 Sutra 195 |
| | Wischika Rasi: 28.23 | Tilhi 5 | Gulika 2:57PM - 4:23PM Yama 12:07PM - 1:32PM Rahu 4:23PM - 5:48PM | Jyeshtha* Until 9:05AM Athiganda* Until 5:54AM Mon Bava Until 3:29PM Panchami Until 4:33AM Mon | Ganesh: White Muruga: Yellow Nataraja: Clear Moon - Orange | Sunrise: 6:26AM Sunset: 5:49PM | Vasavasu 5:127 Phase 27 - 18 3rd Phase |
| Routine Work | Marana Yoga Until 9:05AM Then Creative Work - Amrita Yoga | | | Kartika-Alpasi | Bhuloka Day Devaloka Time: 3PM to 6PM | | |

| | | | | | | | |
|--|--|---------|--|---|---|-----------------------------------|--|
| 6 | Monday, October 27, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Indu Vasara Yuktayam | | | | Abu Dhabi, AE |
| | Mula/Purvashadha* Nakshatra Sukarma Yoga Kaulava/Talila Karana Shashtham Titau | | Mula* Until 11:55AM | | | | Sun 19 Sutra 196 |
| | Dhanus Rasi: 10.21 | Tilhi 6 | Gulika 1:32PM - 2:57PM Yama 10:42AM - 12:07PM Rahu 7:52AM - 9:17AM | Mula* Until 11:55AM Sukarma Until 6:19AM Tue Kaulava Until 5:36PM Shashthi* Until 6:29AM Tue | Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Light Blue | Sunrise: 6:26AM Sunset: 5:47PM | Vasavasu 5:127 Phase 27 - 19 3rd Phase |
| Family Home Evening Creative Work Until 11:55AM Then Routine Work - Marana Yoga | Siddha Yoga | | | Kartika-Alpasi | Devaloka Day | | |

| | | | | | | | |
|--|---|-------------|---|--|---|-----------------------------------|--|
| D | Tuesday, October 28, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Mangala Vasara Yuktayam | | | | Abu Dhabi, AE |
| | Purvashadha/Uttarashadha Nakshatra Sukarma/Dhrii* Yoga Talila/Gara Karana Shashthi/Saptamam Titau | | Purvashadha* Until 2:14PM | | | | Sun 20 Sutra 197 |
| | Dhanus Rasi: 22.28 | Tilhi 6 - 7 | Gulika 12:07PM - 1:32PM Yama 9:17AM - 10:42AM Rahu 2:57PM - 4:22PM | Purvashadha* Until 2:14PM Sukarma Until 6:19AM Gara Until 7:17PM Shashthi* Until 6:29AM | Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Light Blue | Sunrise: 6:27AM Sunset: 5:47PM | Vasavasu 5:127 Phase 27 - 20 3rd Phase |
| Creative Work Until 2:14PM Then Routine Work - Prabarashita Yoga | Siddha Yoga | | Skanda Shasthi | Kartika-Alpasi | Devaloka Day | | |

| | | | | | | | |
|---|--|-------------|---|---|---|-----------------------------------|--|
| D | Wednesday, October 29, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Budha Vasara Yuktayam | | | | Abu Dhabi, AE |
| | Uttarashadha/Shravana Nakshatra Dhrii/Shukla* Yoga Vanja/Visil* Karana Saptami/Ashthamam Titau | | Uttarashadha Until 3:51PM | | | | Sun 21 Sutra 198 |
| | Makara Rasi: 4.46 | Tilhi 7 - 8 | Gulika 10:42AM - 12:07PM Yama 7:52AM - 9:17AM Rahu 12:07PM - 1:31PM | Uttarashadha Until 3:51PM Dhrii Until 6:22AM Visil Until 8:24PM Saptami Until 7:54AM | Ganesh: Clear Muruga: Yellow Nataraja: Clear Moon - Light Blue | Sunrise: 6:28AM Sunset: 5:46PM | Vasavasu 5:127 Phase 27 - 21 Ashtami |
| Creative Work Until 3:51PM Then Creative Work - Siddha Yoga | Amrita Yoga | | | Kartika-Alpasi | Devaloka Day | | |

| | | | | | | | |
|------------------------------|--|-------------|--|--|--|-----------------------------------|---|
| D | Thursday, October 30, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksho Guru Vasara Yuktayam | | | | Abu Dhabi, AE |
| | Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamam Titau | | Shravana Until 5:06PM | | | | Sun 22 Sutra 199 |
| | Makara Rasi: 17.22 | Tilhi 8 - 9 | Gulika 9:17AM - 10:42AM Yama 6:28AM - 7:53AM Rahu 1:31PM - 2:56PM | Shravana Until 5:06PM Ganda* Until 4:47AM Fri Balava Until 8:45PM Ashtami* Until 8:39AM | Ganesh: Purple Muruga: Yellow Nataraja: Clear Moon - Purple | Sunrise: 6:28AM Sunset: 5:45PM | Vasavasu 5:127 Phase 27 - 22 Navami |
| Creative Work Siddha Yoga | | | | Kartika-Alpasi | Bhuloka Day Devaloka Time: 3PM to 6PM | | |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudev.org/panchang

**Friday, November 7, 2025****Gold Retreat Star**

Wishabha Rasi: 12.3 Tithi 17 - 18
 Routine Work Marana Yoga
 Until 11:09PM
 Then Creative Work - Siddha Yoga

Gulika 7:56AM - 9:20AM
 Yama 2:53PM - 4:17PM
 Rahu 10:43AM - 12:07PM

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Sukra Vasara Yuktayam
 Rohini Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Tilau
Rohini Until 11:09PM
 Parigha* Until 9:02PM
 Vanija Until 7:54PM
Dvitiya Until 9:42AM

Ganesh: Purple
 Muruga: Yellow
 Nataraja: Clear
 Moon - Yellow
 Kartika-Alpasi

Sunrise: 6:23AM
 Sunset: 5:40PM

Abu Dhabi, AE Sun 1
 Sutra 207
 Vivavasu 5127
 Moon 11 - Phase 29 - 1
 1st Phase

Sivaloka Day**1****Saturday, November 8, 2025**

Wishabha Rasi: 27.36 Tithi 18 - 19
 Creative Work Siddha Yoga

Gulika 6:34AM - 7:57AM
 Yama 1:30PM - 2:53PM
 Rahu 9:20AM - 10:43AM

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Marita Vasara Yuktayam
 Mrigashira Nakshatra Shiva/Siddha Yoga Visi*/Balava Karana Tritiya/Chaturthiyam Tilau
Mrigashira Until 8:38PM
 Shiva Until 5:07PM
 Balava Until 3:02AM Sun
Tritiya Until 6:10AM

Ganesh: Purple
 Muruga: Yellow
 Nataraja: Clear
 Moon - Yellow
 Kartika-Alpasi

Sunrise: 6:34AM
 Sunset: 5:49PM

Abu Dhabi, AE Sun 2
 Sutra 208
 Vivavasu 5127
 Moon 11 - Phase 29 - 2
 1st Phase

Sivaloka Day**2****Sunday, November 9, 2025**

Mihuna Rasi: 12.22 Tithi 20
 Creative Work Siddha Yoga

Gulika 2:53PM - 4:16PM
 Yama 12:07PM - 1:30PM
 Rahu 4:16PM - 5:39PM

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Bhanu Vasara Yuktayam
 Ardra Nakshatra Sadhya/Sadhya Yoga Kaulava/Taila Karana Panchamyam Tilau
Ardra Until 6:30PM
 Siddha Until 1:35PM
 Kaulava Until 1:42PM
Panchami Until 12:29AM Mon

Ganesh: Purple
 Muruga: Yellow
 Nataraja: Clear
 Moon - Yellow
 Kartika-Alpasi

Sunrise: 6:34AM
 Sunset: 5:39PM

Abu Dhabi, AE Sun 3
 Sutra 209
 Vivavasu 5127
 Moon 11 - Phase 29 - 3
 1st Phase

Sivaloka Day**3****Monday, November 10, 2025**

Mihuna Rasi: 26.44 Tithi 21
Family Home Evening
 Creative Work Amrita Yoga
 Until 5:18PM
 Then Creative Work - Siddha Yoga

Gulika 1:30PM - 2:53PM
 Yama 10:44AM - 12:07PM
 Rahu 7:58AM - 9:21AM

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Indu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Shashthiyam Tilau
Punarvasu Until 5:18PM
 Sadhya Until 10:35AM
 Gara Until 11:29AM
Shashthi* Until 10:38PM

Ganesh: Clear
 Muruga: Yellow
 Nataraja: Clear
 Moon - Blue
 Kartika-Alpasi

Sunrise: 6:25AM
 Sunset: 5:39PM

Abu Dhabi, AE Sun 4
 Sutra 210
 Vivavasu 5127
 Moon 11 - Phase 29 - 4
 1st Phase

Devaloka Day**4****Tuesday, November 11, 2025**

Kataka Rasi: 11 Tithi 22
 Creative Work Siddha Yoga

Gulika 12:07PM - 1:30PM
 Yama 9:21AM - 10:44AM
 Rahu 2:53PM - 4:16PM

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Mangala Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Saptamyam Tilau
Pushya Until 4:45PM
 Subha Until 8:13AM
 Visi Until 10:02AM
Saptami Until 9:36PM

Ganesh: White
 Muruga: Yellow
 Nataraja: Clear
 Moon - Blue
 Kartika-Alpasi

Sunrise: 6:25AM
 Sunset: 5:39PM

Abu Dhabi, AE Sun 5
 Sutra 211
 Vivavasu 5127
 Moon 11 - Phase 29 - 5
 1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

D**Wednesday, November 12, 2025****Retreat Star**

Kataka Rasi: 24 Tithi 23
 Creative Work Siddha Yoga

Gulika 10:44AM - 12:07PM
 Yama 7:59AM - 9:22AM
 Rahu 12:07PM - 1:30PM

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Budha Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Tilau
Ashlesha* Until 4:51PM
 Sukla Until 6:27AM
 Balava Until 9:25AM
Ashlami* Until 9:24PM

Ganesh: White
 Muruga: Yellow
 Nataraja: Clear
 Moon - Blue
 Kartika-Alpasi

Sunrise: 6:36AM
 Sunset: 5:39PM

Abu Dhabi, AE Sun 6
 Sutra 212
 Vivavasu 5127
 Moon 11 - Phase 29 - 6
 Ashtami

Bhuloka Day

Devaloka Time: 3PM to 6PM

Thursday, November 13, 2025**Retreat Star**

Simha Rasi: 6.58 Tithi 24
 Creative Work Amrita Yoga
 Until 6:03PM
 Then Creative Work - Siddha Yoga

Gulika 9:22AM - 10:45AM
 Yama 6:37AM - 7:59AM
 Rahu 1:30PM - 2:52PM

Vivavasu Nama Samvatsare Dakshinaya Jvana Ritau Tula Mase Krishna Pakshhe Guru Vasara Yuktayam
 Magha* Nakshatra Indra Yoga Taila/Gara Karana Navamyam Tilau
Magha* Until 6:03PM
 Indra Until 4:53AM Fri
 Taila Until 9:37AM
Navami* Until 10:00PM

Ganesh: Yellow
 Muruga: Yellow
 Nataraja: Clear
 Moon - Red
 Kartika-Alpasi

Sunrise: 6:27AM
 Sunset: 5:39PM

Abu Dhabi, AE Sun 7
 Sutra 213
 Vivavasu 5127
 Moon 11 - Phase 29 - 7
 Navami

Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| | | | | | | | |
|------------------------------------|-------------|--|---|---|---|-------------------------------------|----------------------------|
| 1 Friday, November 14, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Pakche Sukra Vasara Yuktayam Parvaphalguni Nakshatra Vaidhiti* Yoga Vanija/Visi* Karana Dashamyam Titau | | | | Abu Dhabi, AE Sun 8 | Sutra 214 Vasarasu 5127 |
| Simha Rasi: 19.34 | Tithi 25 | Gulika 8:00AM – 9:22AM | Purvaphalguni Until 7:47PM Vaidhiti* Until 4:52AM Sat | Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon – Red | Sunrise: 6:27AM Sunset: 5:27PM | Moon 11 - Phase 30 - 8 2nd Phase | Devaloka Day |
| Creative Work | Siddha Yoga | 756138574 Rahu 10:45AM – 12:07PM | Dashami Until 11:17PM | Karttika-Alpasi | | | |

| | | | | | | | |
|--------------------------------------|-------------|--|--|---|---|-------------------------------------|----------------------------|
| 2 Saturday, November 15, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Tula Mase Krishna Pakche Marita Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau | | | | Abu Dhabi, AE Sun 9 | Sutra 215 Vasarasu 5127 |
| Kanya Rasi: 1.52 | Tithi 26 | Gulika 6:38AM – 8:00AM | Uttaraphalguni Until 9:53PM Vishkambha* Until 5:15AM Sun | Ganesha: Yellow Muruga: Yellow Nataraja: Clear Moon – Red | Sunrise: 6:38AM Sunset: 5:27PM | Moon 11 - Phase 30 - 9 2nd Phase | Devaloka Day |
| Routine Work | Marana Yoga | 756138574 Rahu 9:23AM – 10:45AM | Ekadashi* Until 1:08AM Sun | Karttika-Alpasi | | | |

| | | | | | | | |
|------------------------------------|--------------------|--|--|---|---|--------------------------------------|---|
| 3 Sunday, November 16, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Bhamu Vasara Yuktayam Hasta Nakshatra Pithi Yoga Kaulava/Tallia Karana Dvadashyam Titau | | | | Abu Dhabi, AE Sun 10 | Sutra 216 Vasarasu 5127 |
| Kanya Rasi: 13.59 | Tithi 27 | Gulika 2:52PM – 4:14PM | Hasta Until 12:42AM Mon Pithi Until 5:54AM Mon | Ganesha: Blue Muruga: Yellow Nataraja: Clear Moon – Green | Sunrise: 6:39AM Sunset: 5:27PM | Moon 11 - Phase 30 - 10 2nd Phase | Bhuloka Day Devaloka Time: 3PM to 6PM |
| Creative Work | Amrita Yoga | 766138574 Rahu 4:14PM – 5:37PM | Dvadashi* Until 3:20AM Mon | Karttika-Karttikai | | | |
| Until 12:42AM Mon | | | | | | | |
| Then Routine Work | Prabalarishta Yoga | | | | | | |

| | | | | | | | |
|------------------------------------|--------------------|--|---|--|---|--------------------------------------|----------------------------|
| 4 Monday, November 17, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Indu Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau | | | | Abu Dhabi, AE Sun 11 | Sutra 217 Vasarasu 5127 |
| Kanya Rasi: 25.58 | Tithi 28 | Gulika 1:30PM – 2:52PM | Chitra Until 3:34AM Tue Ayushman Until 6:40AM Tue | Ganesha: Yellow Muruga: Yellow Nataraja: Purple Moon – Green | Sunrise: 6:40AM Sunset: 5:36PM | Moon 11 - Phase 30 - 11 2nd Phase | Sivaloka Day |
| Family Home Evening | Prabalarishta Yoga | 766238575 Rahu 8:02AM – 9:24AM | Gara Until 4:33PM Trayodashi* Until 5:46AM Tue | Karttika-Karttikai | | | |
| Routine Work | Prabalarishta Yoga | | | | | | |
| Until 3:34AM Tue | | | | | | | |
| Then Creative Work | Siddha Yoga | | | | | | |

| | | | | | | | |
|-------------------------------------|-------------|---|--|--|---|--------------------------------------|----------------------------|
| 5 Tuesday, November 18, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Mangala Vasara Yuktayam Svali Nakshatra Ayushman/Saubhagya Yoga Visi* Karana Chaturdashyam Titau | | | | Abu Dhabi, AE Sun 12 | Sutra 218 Vasarasu 5127 |
| Tula Rasi: 7.52 | Tithi 29 | Gulika 12:08PM – 1:30PM | Svali Until 6:21AM Wed Ayushman Until 6:40AM | Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Green | Sunrise: 6:40AM Sunset: 5:36PM | Moon 11 - Phase 30 - 12 2nd Phase | Devaloka Day |
| Creative Work | Siddha Yoga | 767238575 Rahu 2:52PM – 4:14PM | Visi Until 7:02PM Chaturdashi* Until 8:17AM Wed | Karttika-Karttikai | | | |

| | | | | | | | |
|-------------------------------------|---------------|---|---|--|---|-------------------------------------|----------------------------|
| Wednesday, November 19, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Krishna Pakche Budha Vasara Yuktayam Svali/Vishakha Nakshatra Saubhagya/Sobhana Yoga Sakun*/Catuspada* Karana Chaturdashyam Titau | | | | Abu Dhabi, AE Sun 13 | Sutra 219 Vasarasu 5127 |
| Retreat Star | | Gulika 10:46AM – 12:08PM | Svali Until 6:21AM Saubhagya Until 7:31AM | Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Green | Sunrise: 6:41AM Sunset: 5:36PM | Moon 11 - Phase 30 - 13 Amavasya | Devaloka Day |
| Tula Rasi: 19.44 | Tithi 29 – 30 | 767238575 Rahu 12:08PM – 1:30PM | Catuspada Until 9:34PM Chaturdashi* Until 8:17AM | Karttika-Karttikai | | | |
| Creative Work | Siddha Yoga | | | | | | |

| | | | | | | | |
|------------------------------------|--------------|--|--|---|---|-------------------------------------|----------------------------|
| Thursday, November 20, 2025 | | Viswasa Nama Samvatsara Dakshinaya Jivana Ritau Vishchika Mase Sukla Pakche Guru Vasara Yuktayam Vishakha/Aruadhya Nakshatra Sobhana/Ahigandha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamam Titau | | | | Abu Dhabi, AE Sun 14 | Sutra 220 Vasarasu 5127 |
| Retreat Star | | Gulika 9:25AM – 10:47AM | Vishakha Until 9:29AM Sobhana Until 8:24AM | Ganesha: Blue Muruga: Yellow Nataraja: Purple Moon – Orange | Sunrise: 6:42AM Sunset: 5:35PM | Moon 11 - Phase 30 - 14 Prathama | Devaloka Day |
| Vishchika Rasi: 2 | Tithi 30 – 1 | 777238575 Rahu 1:30PM – 2:52PM | Kintughna Until 12:05AM Fri Amavasya* Until 10:48AM | Margasira-Karttikai | | | |
| Creative Work | Siddha Yoga | | | | | | |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | |
|------------------------------------|--------------|--|--|--|---|---|
| 1 Friday, November 21, 2025 | | Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Sukra Vesara Yuktayam Anuradha/Jyestha/ Nakshatra Abhigandha/Sukama Yoga Bava/Balava Karana Prathamam/Diviyam Titau | | | | Abu Dhabi, AE Sun 15 Sutra 221 |
| Wischika Rasi: 13.29 | Tilthi 1 – 2 | Gulika 8:04AM – 9:26AM | Anuradha Until 12:24PM | Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Orange | Sunrise: 6:42AM Sunset: 5:39PM | Vasarasu 5127 Moon 11 - Phase 31 - 15 3rd Phase |
| Creative Work | Siddha Yoga | Yama 2:52PM – 4:14PM | Abhigandha Until 9:12AM Balava Until 2:30AM Sat | | | |
| Until 12:24PM | | Rahu 10:47AM – 12:09PM | Prathama Until 1:17PM | Margasira-Karttikai | | Devaloka Day |
| Then Routine Work | Marana Yoga | | | | | |

| | | | | | | |
|--------------------------------------|--------------|--|--|--|---|---|
| 2 Saturday, November 22, 2025 | | Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Manta Vesara Yuktayam Jyestha/Mula/ Nakshatra Sukama/Uthri/ Yoga Gara/Vanija Karana Tithya/Chaturtham Titau | | | | Abu Dhabi, AE Sun 16 Sutra 222 |
| Wischika Rasi: 25.23 | Tilthi 2 – 3 | Gulika 6:43AM – 8:04AM | Jyestha Until 3:04PM | Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Orange | Sunrise: 6:43AM Sunset: 5:39PM | Vasarasu 5127 Moon 11 - Phase 31 - 16 3rd Phase |
| Creative Work | Siddha Yoga | Yama 1:31PM – 2:52PM | Sukarma Until 9:57AM Tailtha Until 4:49AM Sun | | | |
| Until 12:24PM | | Rahu 9:26AM – 10:48AM | Dvitiya Until 3:39PM | Margasira-Karttikai | | Devaloka Day |
| Then Routine Work | Marana Yoga | | | | | |

| | | | | | | |
|------------------------------------|--------------|---|---|--|---|---|
| 3 Sunday, November 23, 2025 | | Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Bharu Vesara Yuktayam Mula/Purvashada/ Nakshatra Sukama/Uthri/ Yoga Gara/Vanija Karana Tithya/Chaturtham Titau | | | | Abu Dhabi, AE Sun 17 Sutra 223 |
| Dhanus Rasi: 7.22 | Tilthi 3 – 4 | Gulika 2:52PM – 4:13PM | Mula Until 5:55PM | Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue | Sunrise: 6:44AM Sunset: 5:39PM | Vasarasu 5127 Moon 11 - Phase 31 - 17 3rd Phase |
| Creative Work | Amrita Yoga | Yama 1:31PM – 2:52PM | Dhriti Until 10:36AM Vanija Until 6:55AM Mon | | | |
| Until 5:55PM | | Rahu 4:13PM – 5:35PM | Tritiya Until 5:52PM | Margasira-Karttikai | | Devaloka Day |
| Then Creative Work | Siddha Yoga | | | | | |

| | | | | | | |
|------------------------------------|-------------|--|--|--|---|---|
| 4 Monday, November 24, 2025 | | Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Indu Vesara Yuktayam Purvashada/ Nakshatra Shula/Ganda/ Yoga Vanija/Visi/ Karana Chaturtham Titau | | | | Abu Dhabi, AE Sun 18 Sutra 224 |
| Dhanus Rasi: 19.24 | Tilthi 4 | Gulika 1:31PM – 2:52PM | Purvashada Until 8:21PM | Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue | Sunrise: 6:44AM Sunset: 5:39PM | Vasarasu 5127 Moon 11 - Phase 31 - 18 3rd Phase |
| Family Home Evening | | Yama 10:48AM – 12:10PM | Shula Until 11:04AM Vanija Until 6:55AM | | | |
| Routine Work | Marana Yoga | Rahu 8:06AM – 9:27AM | Chaturthi Until 7:51PM | Margasira-Karttikai | | Devaloka Day |
| Then Routine Work | Marana Yoga | | | | | |

| | | | | | | |
|-------------------------------------|--------------------|---|--|---|---|---|
| 5 Tuesday, November 25, 2025 | | Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Mangala Vesara Yuktayam Uttarashada/ Nakshatra Ganda/Widdhi/ Yoga Bava/Balava Karana Panchamam Titau | | | | Abu Dhabi, AE Sun 19 Sutra 225 |
| Makara Rasi: 1.34 | Tilthi 5 | Gulika 12:10PM – 1:31PM | Uttarashada Until 10:18PM | Ganesh: Red Muruga: Yellow Nataraja: Purple Moon – Light Blue | Sunrise: 6:45AM Sunset: 5:39PM | Vasarasu 5127 Moon 11 - Phase 31 - 19 3rd Phase |
| Routine Work | Prabalaristha Yoga | Yama 9:27AM – 10:49AM | Ganda Until 11:18AM Bava Until 8:44AM | | | |
| Until 10:18PM | | Rahu 2:52PM – 4:13PM | Panchami Until 9:28PM | Margasira-Karttikai | | Sivaloka Day |
| Then Creative Work | Siddha Yoga | | | | | |

| | | | | | | |
|---------------------------------------|-------------|--|---|--|---|---|
| 6 Wednesday, November 26, 2025 | | Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Butha Vesara Yuktayam Shravana/ Nakshatra Dhruva/Vyaghala/ Yoga Gara/Vanija Karana Saptamam Titau | | | | Abu Dhabi, AE Sun 20 Sutra 226 |
| Makara Rasi: 13.53 | Tilthi 6 | Gulika 10:49AM – 12:10PM | Shravana Until 12:05AM Thu | Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Purple | Sunrise: 6:46AM Sunset: 5:39PM | Vasarasu 5127 Moon 11 - Phase 31 - 20 3rd Phase |
| Creative Work | Siddha Yoga | Yama 8:07AM – 9:28AM | Widdhi Until 11:14AM Kaulava Until 10:07AM | | | |
| Until 1:13AM Sat | | Rahu 12:10PM – 1:31PM | Shashthi Until 10:35PM | Margasira-Karttikai | | Subha Sivaloka Day |
| Then Routine Work | Marana Yoga | | | | | |

| | | | | | | |
|------------------------------------|-------------|---|--|--|---|---|
| Thursday, November 27, 2025 | | Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Guru Vesara Yuktayam Dhanishtha/ Nakshatra Dhruva/Vyaghala/ Yoga Gara/Vanija Karana Saptamam Titau | | | | Abu Dhabi, AE Sun 21 Sutra 227 |
| Makara Rasi: 26.26 | Tilthi 7 | Gulika 9:28AM – 10:49AM | Dhanishtha Until 1:05AM Fri | Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Purple | Sunrise: 6:47AM Sunset: 5:39PM | Vasarasu 5127 Moon 11 - Phase 31 - 21 3rd Phase |
| Creative Work | Siddha Yoga | Yama 6:47AM – 8:08AM | Dhruva Until 10:41AM Gara Until 10:56AM | | | |
| Until 1:13AM Sat | | Rahu 1:31PM – 2:52PM | Saptami Until 11:05PM | Margasira-Karttikai | | Subha Sivaloka Day |
| Then Routine Work | Marana Yoga | | | | | |

| | | | | | | |
|----------------------------------|-------------|---|---|--|---|---|
| Friday, November 28, 2025 | | Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Sukra Vesara Yuktayam Shatabhishak/ Nakshatra Vyaghala/Harshana/ Vajra/ Yoga Balava/Kaulava Karana Navamam Titau | | | | Abu Dhabi, AE Sun 22 Sutra 228 |
| Makara Rasi: 9.19 | Tilthi 8 | Gulika 8:08AM – 9:29AM | Shatabhishak Until 1:13AM Sat | Ganesh: Blue Muruga: Yellow Nataraja: Purple Moon – Purple | Sunrise: 6:47AM Sunset: 5:39PM | Vasarasu 5127 Moon 11 - Phase 31 - 22 Ashtami |
| Creative Work | Siddha Yoga | Yama 2:53PM – 4:14PM | Vyaghala Until 9:38AM Visi Until 11:04AM | | | |
| Until 1:13AM Sat | | Rahu 10:50AM – 12:11PM | Ashlami Until 10:49PM | Margasira-Karttikai | | Subha Sivaloka Day |
| Then Routine Work | Marana Yoga | | | | | |

| | | | | | | |
|------------------------------------|-------------|---|---|---|---|--|
| Saturday, November 29, 2025 | | Vasarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Sulka Paksho Manta Vesara Yuktayam Purvashrothapada/ Nakshatra Harshana/Vajra/ Yoga Balava/Kaulava Karana Navamam Titau | | | | Abu Dhabi, AE Sun 23 Sutra 229 |
| Makara Rasi: 22.35 | Tilthi 9 | Gulika 6:48AM – 8:09AM | Purvashrothapada Until 12:53AM Sun | Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon – Clear | Sunrise: 6:48AM Sunset: 5:39PM | Vasarasu 5127 Moon 11 - Phase 31 - 23 Navami |
| Creative Work | Marana Yoga | Yama 1:32PM – 2:53PM | Harshana Until 7:59AM Balava Until 10:25AM | | | |
| Until 12:53AM Sun | | Rahu 9:30AM – 10:50AM | Navami Until 9:47PM | Margasira-Karttikai | | Subha Sivaloka Day |
| Then Creative Work | Amrita Yoga | | | | | |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 3331

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | |
|------------------------------------|-------------|---|--|---|-----------------------------------|--|
| 1 Sunday, November 30, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Bhanu Vasara Yuktyayam Uttaraprosrthapada Nakshatra Siddhi Yoga Talila/Gara Karana Dvadasam Titau | | | | Abu Dhabi, AE Sun 24 Sutra 230 |
| Mesha Rasi: 6.17 | Tithi 10 | Gulika 2:53PM - 4:14PM | Uttaraprosrthapada Untill 11:39PM | Ganesh: Purple Muruga: Yellow Nataraja: Purple Moon - Clear | Sunrise: 6:49AM Sunset: 5:34PM | Vasavasru 5:17 Moon 11 - Phase 32 - 24 4th Phase |
| Creative Work | Amrita Yoga | 718238575 Rahu 4:14PM - 5:34PM | Siddhi Untill 2:49AM Mon Talila Untill 8:59AM Dashami Untill 7:58PM | Subha Sivaloka Day | | |

| | | | | | | |
|-----------------------------------|---------------|---|---|--|-----------------------------------|--|
| 2 Monday, December 1, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Indu Vasara Yuktyayam Revati Nakshatra Vyalipala* Yoga Vanjila/Bava Karana Ekadashtidvadashtyam Titau | | | | Abu Dhabi, AE Sun 25 Sutra 231 |
| Mesha Rasi: 20.27 | Tithi 11 - 12 | Gulika 1:33PM - 2:53PM | Revati Untill 9:36PM | Ganesh: Clear Muruga: Yellow Nataraja: Purple Moon - Clear | Sunrise: 6:49AM Sunset: 5:34PM | Vasavasru 5:17 Moon 11 - Phase 32 - 25 4th Phase |
| Family Home Evening | Siddha Yoga | 719238575 Rahu 8:10AM - 9:31AM | Vyalipala* Untill 11:25PM Vanjila Untill 6:49AM Ekadashi Untill 5:28PM | Sivaloka Day | | |
| Creative Work | | Gita Jayanthi | | Margasira-Karttikai | | |

| | | | | | | |
|------------------------------------|---------------|---|---|--|-----------------------------------|--|
| 3 Tuesday, December 2, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Mangala Vasara Yuktyayam Ashvini Nakshatra Varayan Yoga Balava/Kaulava Karana Dvadashtitrayodashyam Titau | | | | Abu Dhabi, AE Sun 26 Sutra 232 |
| Mesha Rasi: 5.04 | Tithi 12 - 13 | Gulika 12:12PM - 1:33PM | Ashvini Untill 7:17PM | Ganesh: White Muruga: Yellow Nataraja: Purple Moon - White | Sunrise: 6:50AM Sunset: 5:35PM | Vasavasru 5:17 Moon 11 - Phase 32 - 26 4th Phase |
| Creative Work | Siddha Yoga | 729238575 Rahu 2:53PM - 4:14PM | Varayan Untill 7:34PM Kaulava Untill 12:42AM Wed Dvadashti Untill 2:23PM | Devaloka Day | | |
| | | | | Margasira-Karttikai | | |

Pradosha Vata

| | | | | | | |
|--------------------------------------|---------------|---|--|--|-----------------------------------|--|
| 4 Wednesday, December 3, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Budha Vasara Yuktyayam Bharani/Kritika Nakshatra Parigha*Shiva Yoga Talila/Gara Karana Trayodashyam Titau | | | | Abu Dhabi, AE Sun 27 Sutra 233 |
| Mesha Rasi: 20.03 | Tithi 13 - 14 | Gulika 10:52AM - 12:13PM | Bharani Untill 4:27PM | Ganesh: White Muruga: Yellow Nataraja: Purple Moon - White | Sunrise: 6:51AM Sunset: 5:35PM | Vasavasru 5:17 Moon 11 - Phase 32 - 27 4th Phase |
| Creative Work | Siddha Yoga | 729238575 Rahu 12:13PM - 1:33PM | Parigha* Untill 3:24PM Gara Untill 9:02PM Trayodashi Untill 10:53AM | Devaloka Day | | |
| Untill 4:27PM | | | | Margasira-Karttikai | | |
| Then Creative Work - Amrita Yoga | | | | | | |

| | | | | | | |
|-----------------------------------|---------------|--|---|--|-----------------------------------|--|
| Thursday, December 4, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Sukla Paksha Guru Vasara Yuktyayam Kritika/Rohini Nakshatra Shiva/Siddha Yoga Vanjila/Bava Karana Chaturdashipurnimayam Titau | | | | Abu Dhabi, AE Sun 28 Sutra 234 |
| Copper Retreat Star | | Gulika 9:32AM - 10:53AM | Kritika Untill 1:16PM | Ganesh: White Muruga: Yellow Nataraja: Purple Moon - White | Sunrise: 6:51AM Sunset: 5:35PM | Vasavasru 5:17 Moon 11 - Phase 32 - Purnima |
| Wishabha Rasi: 5.16 | Tithi 14 - 15 | 729238575 Rahu 1:33PM - 2:54PM | Shiva Untill 11:04AM Bava Untill 3:16AM Fri Chaturdashi* Untill 7:07AM | Devaloka Day | | |
| Routine Work | Marana Yoga | | | Margasira-Karttikai | | |
| | | Kritika Deepam | | | | |

| | | | | | | |
|----------------------------------|-------------|--|---|--|-----------------------------------|---|
| Friday, December 5, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mese Krishna Paksha Sukra Vasara Yuktyayam Rohini/Migashira Nakshatra Siddha/Sadhyo Yoga Balava/Kaulava Karana Prathamayam Titau | | | | Abu Dhabi, AE Sun 29 Sutra 235 |
| Silver Retreat Star | | Gulika 8:12AM - 9:33AM | Rohini Untill 10:19AM | Ganesh: Yellow Muruga: Yellow Nataraja: Purple Moon - Yellow | Sunrise: 6:50AM Sunset: 5:35PM | Vasavasru 5:17 Moon 11 - Phase 32 - Prathama |
| Wishabha Rasi: 20.35 | Tithi 16 | 739238575 Rahu 10:53AM - 12:13PM | Siddha Untill 6:39AM Balava Untill 1:23PM Prathama* Untill 11:31PM | Sivaloka Day | | |
| Routine Work | Marana Yoga | | | Margasira-Karttikai | | |
| Untill 10:19AM | | | | | | |
| Then Creative Work - Siddha Yoga | | Vinayaga Viratam Begins | | | | |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang



Saturday, December 6, 2025

Gold Retreat Star

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Mania Vasara Yuktyam
Mrigashira/Andra Nakshatra Subha Yoga Talila/Gara Karana Dvitiyama Tilau

Abu Dhabi, AE
Sutra 236

Mithuna Rasi: 5.47 TITHI 17

Gulika 6:53AM – 8:13AM
Yama 1:34PM – 2:54PM
Rahu 9:33AM – 10:54AM

Ganesh: Yellow Sunrise: 6:53AM
Muruga: Yellow Sunset: 5:39PM
Nataraja: Purple
Moon 12 - Phase 33 - 1st Phase

Creative Work Siddha Yoga

Mrigashira Until 7:23AM
Subha Until 10:21PM
Talila Until 9:45AM
Dvitiya Until 8:03PM
Margasira-Karttikai
Sivaloka Day

1

Sunday, December 7, 2025

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Bhamu Vasara Yuktyam
Punarvasu Nakshatra Sukla Yoga Vanjia/Bava Karana Tritiya/Chaturtham Tilau

Abu Dhabi, AE
Sutra 237

Mithuna Rasi: 20.43 TITHI 18 – 19

Gulika 2:55PM – 4:15PM
Yama 12:14PM – 1:35PM
Rahu 4:15PM – 5:35PM

Ganesh: Blue Sunrise: 6:53AM
Muruga: Yellow Sunset: 5:39PM
Nataraja: Purple
Moon 12 - Phase 33 - 1st Phase

Creative Work Siddha Yoga

Punarvasu Until 2:46AM Mon
Sukla Until 6:41PM
Vanjia Until 6:29AM
Tritiya Until 5:01PM
Margasira-Karttikai
Devaloka Day

2

Monday, December 8, 2025

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Indu Vasara Yuktyam
Pushya Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chalurithi/Panchamam Tilau

Abu Dhabi, AE
Sutra 238

Kataka Rasi: 5.16 TITHI 19 – 20

Family Home Evening

Gulika 1:35PM – 2:55PM
Yama 10:55AM – 12:15PM
Rahu 8:14AM – 9:34AM

Ganesh: Blue Sunrise: 6:54AM
Muruga: Yellow Sunset: 5:39PM
Nataraja: Purple
Moon 12 - Phase 33 - 2 1st Phase

Creative Work Siddha Yoga

Pushya Until 1:24AM Tue
Brahma Until 3:33PM
Kaulava Until 1:43AM Tue
Chalurithi* Until 2:37PM
Margasira-Karttikai
Devaloka Day

3

Tuesday, December 9, 2025

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Mangala Vasara Yuktyam
Ashlesha* Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Panchami/Shashtham Tilau

Abu Dhabi, AE
Sutra 239

Kataka Rasi: 19.19 TITHI 20 – 21

Gulika 12:15PM – 1:35PM
Yama 9:35AM – 10:55AM
Rahu 2:55PM – 4:16PM

Ganesh: White Sunrise: 6:55AM
Muruga: Yellow Sunset: 5:39PM
Nataraja: Purple
Moon 12 - Phase 33 - 3 1st Phase

Creative Work Siddha Yoga

Ashlesha* Until 12:42AM Wed
Indra Until 1:03PM
Gara Until 12:32AM Wed
Panchami Until 1:00PM
Margasira-Karttikai
Devaloka Day

4

Wednesday, December 10, 2025

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Budha Vasara Yuktyam
Magha* Nakshatra Vaidhiti*/Vishkambha* Yoga Vanjia/Vol* Karana Shashthi/Saptamam Tilau

Abu Dhabi, AE
Sutra 240

Simha Rasi: 2.51 TITHI 21 – 22

Gulika 10:56AM – 12:16PM
Yama 8:15AM – 9:36AM
Rahu 12:16PM – 1:36PM

Ganesh: Clear Sunrise: 6:55AM
Muruga: Yellow Sunset: 5:39PM
Nataraja: Purple
Moon 12 - Phase 33 - 4 1st Phase

Creative Work Siddha Yoga

Magha* Until 1:10AM Thu
Vaidhiti* Until 11:12AM
Vilsi Until 12:14AM Thu
Shashthi* Until 12:15PM
Margasira-Karttikai
Sivaloka Day

5

Thursday, December 11, 2025

Retreat Star

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Guru Vasara Yuktyam
Purvaphalguni Nakshatra Vistakambha*Prithi Yoga Bava/Balava Karana Saptami/Navamam Tilau

Abu Dhabi, AE
Sutra 241

Simha Rasi: 15.55 TITHI 22 – 23

Gulika 9:36AM – 10:56AM
Yama 6:56AM – 8:16AM
Rahu 1:36PM – 2:56PM

Ganesh: Clear Sunrise: 6:56AM
Muruga: Yellow Sunset: 5:39PM
Nataraja: Purple
Moon 12 - Phase 33 - 5 Ashtami

Creative Work Siddha Yoga

Purvaphalguni Until 2:22AM Fri
Vishkambha* Until 10:05AM
Balava Until 12:50AM Fri
Saptami Until 12:24PM
Margasira-Karttikai
Sivaloka Day

Friday, December 12, 2025

Retreat Star

Vivarasu Nama Samvatsare Dakshinaya Jivana Ritau Vishkha Mase Krishna Paksho Sulea Vasara Yuktyam
Uttaraphalguni Nakshatra Prithi/Ajyothman Yoga Kaulava/Talila Karana Ashtami/Navamam Tilau

Abu Dhabi, AE
Sutra 242

Simha Rasi: 28.33 TITHI 23 – 24

Gulika 8:17AM – 9:37AM
Yama 2:57PM – 4:17PM
Rahu 10:57AM – 12:17PM

Ganesh: Purple Sunrise: 6:57AM
Muruga: Yellow Sunset: 5:39PM
Nataraja: Purple
Moon 12 - Phase 33 - 6 Navami

Creative Work Siddha Yoga

Uttaraphalguni Until 4:08AM Sat
Prithi Until 9:39AM
Talila Until 2:13AM Sat
Ashtami* Until 1:25PM
Margasira-Karttikai
Subha Sivaloka Day

Then Routine Work - Marana Yoga

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| | | | | | | | |
|--|---------------|------------------------------------|--------------------------------|---|---|------------------------|---------------------------|
| 1 | | Saturday, December 13, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Manta Vasara Yukitayam Hasa Nakshatra Ayushman/Saubhaga Yoga Gara/Vanija Karana Navami/Ekadashyam Titau | | Abu Dhabi, AE Sun 7 | Sutra 243 Vasaxau 5127 |
| Kanya Rasi: 10.51 | Tithi 24 – 25 | Gulika 6:57AM – 8:17AM | Hasla Until 6:49AM Sun | Ganesh: Clear Muruga: Yellow Nataraja: Purple | Sunrise: 6:57AM Sunset: 5:27PM | Moon 12 - Phase 34 - 8 | 2nd Phase |
| Routine Work - Marana Yoga Until 6:49AM Sun Then Creative Work - Siddha Yoga | | Yama 1:37PM – 2:57PM | Ayushman Until 9:44AM | Navami* Until 3:08PM | Margasira-Kartikiki | Sivaloka Day | |
| | | Rahu 9:37AM – 10:57AM | Vanija Until 4:14AM Sun | | | | |

| | | | | | | | |
|---|---------------|----------------------------------|-------------------------------|--|---|------------------------|---------------------------|
| 2 | | Sunday, December 14, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Bhama Vasara Yukitayam Hasa/Chitra Nakshatra Saubhaga/Sobhana Yoga Vola/Bava Karana Dashami/Ekadashyam Titau | | Abu Dhabi, AE Sun 8 | Sutra 244 Vasaxau 5127 |
| Kanya Rasi: 22.55 | Tithi 25 – 26 | Gulika 2:57PM – 4:17PM | Hasla Until 6:49AM | Ganesh: Clear Muruga: Yellow Nataraja: Purple | Sunrise: 6:58AM Sunset: 5:27PM | Moon 12 - Phase 34 - 8 | 2nd Phase |
| Creative Work - Amrita Yoga Until 6:49AM Then Creative Work - Siddha Yoga | | Yama 12:18PM – 1:37PM | Saubhaga Until 10:15AM | Bava Until 6:38AM Mon | Moon - Green Margasira-Kartikiki | Sivaloka Day | |
| | | Rahu 4:17PM – 5:37PM | Dashami Until 5:23PM | | | | |

| | | | | | | | |
|---|----------|----------------------------------|-------------------------------|---|---|-------------------------|---------------------------|
| 3 | | Monday, December 15, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Jvana Ritau Wischika Mase Krishna Paksha Indu Vasara Yukitayam Svali/Vishaka Nakshatra Abhiganda* Yoga Bava/Balava Karana Ekadashyam Titau | | Abu Dhabi, AE Sun 9 | Sutra 245 Vasaxau 5127 |
| Tula Rasi: 4.5 | Tithi 26 | Gulika 1:38PM – 2:58PM | Chitra Until 9:40AM | Ganesh: Clear Muruga: Yellow Nataraja: Purple | Sunrise: 6:59AM Sunset: 5:27PM | Moon 12 - Phase 34 - 11 | 2nd Phase |
| Family Home Evening Routine Work - Prabalashita Yoga Until 9:40AM Then Creative Work - Amrita Yoga | | Yama 10:58AM – 10:59AM | Sobhana Until 11:02AM | Bava Until 6:38AM | Moon - Green Margasira-Kartikiki | Sivaloka Day | |
| | | Rahu 8:18AM – 9:38AM | Ekadashi* Until 7:54PM | | | | |

| | | | | | | | |
|---|----------|-----------------------------------|---------------------------------|--|---|---------------------------|---------------------------|
| 4 | | Tuesday, December 16, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yukitayam Svali/Vishaka Nakshatra Abhiganda**Sukama Yoga Kaulava/Tilla Karana Dvadashyam Titau | | Abu Dhabi, AE Sun 10 | Sutra 246 Vasaxau 5127 |
| Tula Rasi: 16.41 | Tithi 27 | Gulika 12:19PM – 1:38PM | Svali Until 12:31PM | Ganesh: Purple Muruga: Yellow Nataraja: Purple | Sunrise: 6:59AM Sunset: 5:28PM | Moon 12 - Phase 34 - 10 | 2nd Phase |
| Creative Work - Siddha Yoga Until 12:31PM Then Routine Work - Marana Yoga | | Yama 9:39AM – 10:59AM | Abhiganda* Until 11:54AM | Kaulava Until 9:13AM | Moon - Green Margasira-Markali | Subha Sivaloka Day | |
| | | Rahu 2:58PM – 4:18PM | Dvadashi* Until 10:30PM | | | | |

| | | | | | | | |
|-----------------------------|----------|-------------------------------------|-------------------------------------|---|--|-------------------------|---------------------------|
| 5 | | Wednesday, December 17, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yukitayam Vishaka/Anuradha Nakshatra Sukama/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau | | Abu Dhabi, AE Sun 11 | Sutra 247 Vasaxau 5127 |
| Tula Rasi: 28.32 | Tithi 28 | Gulika 10:59AM – 12:19PM | Vishaka Until 3:42PM | Ganesh: Clear Muruga: Yellow Nataraja: Purple | Sunrise: 7:00AM Sunset: 5:28PM | Moon 12 - Phase 34 - 11 | 2nd Phase |
| Creative Work - Siddha Yoga | | Yama 8:20AM – 9:39AM | Sukama Until 12:46PM | Gara Until 11:49AM | Moon - Orange Margasira-Markali | Sivaloka Day | |
| | | Rahu 12:19PM – 1:39PM | Trayodashi* Until 1:04AM Thu | | | | |

Pradosha Vata (Fasting)

| | | | | | | | |
|--|----------|------------------------------------|--------------------------------------|--|--|-------------------------|---------------------------|
| 6 | | Thursday, December 18, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yukitayam Vishaka/Anuradha Nakshatra Shula**Shula* Yoga Vola/Sakuni* Karana Chalurdashyam Titau | | Abu Dhabi, AE Sun 12 | Sutra 248 Vasaxau 5127 |
| Wischika Rasi: 10.24 | Tithi 29 | Gulika 9:40AM – 11:00AM | Anuradha Until 6:35PM | Ganesh: Clear Muruga: Yellow Nataraja: Purple | Sunrise: 7:00AM Sunset: 5:29PM | Moon 12 - Phase 34 - 12 | 2nd Phase |
| Creative Work - Siddha Yoga Until 6:35PM Then Routine Work - Prabalashita Yoga | | Yama 7:00AM – 8:20AM | Dhriti Until 1:35PM | Vishi Until 2:19PM | Moon - Orange Margasira-Markali | Sivaloka Day | |
| | | Rahu 1:39PM – 2:59PM | Chalurdashi* Until 3:28AM Fri | | | | |

| | | | | | | | |
|--|----------|----------------------------------|-----------------------------------|---|--|-------------------------|---------------------------|
| Retreat Star | | Friday, December 19, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yukitayam Jyeshtha* Nakshatra Shula**Ganda* Yoga Catuspada/Naga* Karana Amavasyayam Titau | | Abu Dhabi, AE Sun 13 | Sutra 249 Vasaxau 5127 |
| Wischika Rasi: 22.2 | Tithi 30 | Gulika 8:21AM – 9:40AM | Jyeshtha* Until 9:08PM | Ganesh: Clear Muruga: Yellow Nataraja: Purple | Sunrise: 7:01AM Sunset: 5:29PM | Moon 12 - Phase 34 - 13 | Amavasya |
| Routine Work - Marana Yoga Until 9:08PM Then Creative Work - Amrita Yoga | | Yama 3:00PM – 4:19PM | Shula* Until 2:13PM | Catuspada Until 4:37PM | Moon - Orange Margasira-Markali | Sivaloka Day | |
| | | Rahu 11:00AM – 12:20PM | Amavasya* Until 5:41AM Sat | | | | |

| | | | | | | | |
|-----------------------------|---------|------------------------------------|-----------------------------------|---|---|-------------------------|---------------------------|
| Retreat Star | | Saturday, December 20, 2025 | | Vishvasu Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Paksha Manta Vasara Yukitayam Mula* Nakshatra Ganda**Vidhi Yoga Kintughna* Karana Prathamayam Titau | | Abu Dhabi, AE Sun 14 | Sutra 250 Vasaxau 5127 |
| Dhanus Rasi: 4.21 | Tithi 1 | Gulika 7:01AM – 8:21AM | Mula* Until 11:48PM | Ganesh: Light Blue Muruga: Yellow Nataraja: Purple | Sunrise: 7:01AM Sunset: 5:40PM | Moon 12 - Phase 34 - 14 | Prathama |
| Creative Work - Siddha Yoga | | Yama 1:40PM – 3:00PM | Ganda* Until 2:43PM | Kintughna Until 6:43PM | Moon - Light Blue Pausha-Markali | Devaloka Day | |
| | | Rahu 9:41AM – 11:01AM | Prathama* Until 7:38AM Sun | | | | |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | |
|---------------------------------------|---------------------------------------|---|---|---|---|---|-------------------------|
| 1 Sunday, December 21, 2025 | | Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vasara Yukayam Paruvashada* Nakshatra Viddhi/Dhruva Yoga Bava/Balava Karana Prathamam/Dhivilyam Titau | | | | Abu Dhabi, AE Sun 15 | Sutra 251 Vasava 517 |
| Dhanus Rasi: 16.28 | Tithi 1 – 2 | Gulika 3:01PM – 4:20PM Yama 12:21PM – 1:41PM Rahu 4:20PM – 5:40PM | Purvashada* Until 2:02AM Mon Viddhi Until 3:02PM Balava Until 8:32PM | Ganesha: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue | Sunrise: 7:03AM Sunset: 5:49PM | Moon 12 - Phase 35 - 15 | 3rd Phase |
| Creative Work | Siddha Yoga | Day 1 of Pancha Ganapati | | Prathama* Until 7:38AM | Pausha-Markali | Devaloka Day | |
| Until 2:02AM Mon | Then Routine Work – Marana Yoga | | | | | | |
| 2 Monday, December 22, 2025 | | Viswasa Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mese Sukla Paksha Indu Vasara Yukayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taila Karana Dhivilya/Titayam Titau | | | | Abu Dhabi, AE Sun 16 | Sutra 252 Vasava 517 |
| Dhanus Rasi: 28.41 | Tithi 2 – 3 | Gulika 1:41PM – 3:01PM Yama 11:02AM – 12:21PM Rahu 8:22AM – 9:42AM | Uttarashada Until 3:50AM Tue Dhruva Until 3:07PM Taila Until 10:04PM | Ganesha: Light Blue Muruga: Yellow Nataraja: Purple Moon – Light Blue | Sunrise: 7:03AM Sunset: 5:49PM | Moon 12 - Phase 35 - 16 | 3rd Phase |
| Family Home Evening | Marana Yoga | Day 2 of Pancha Ganapati | | Dvitiya Until 9:19AM | Pausha-Markali | Devaloka Day | |
| Until 3:50AM Tue | Then Creative Work – Siddha Yoga | | | | | | |
| 3 Tuesday, December 23, 2025 | | Viswasa Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Mangala Vasara Yukayam Uttarashada Nakshatra Dhruva/Vyaghata* Harshana Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau | | | | Abu Dhabi, AE Sun 17 | Sutra 253 Vasava 517 |
| Makara Rasi: 11.02 | Tithi 3 – 4 | Gulika 12:22PM – 1:42PM Yama 9:42AM – 11:02AM Rahu 3:02PM – 4:21PM | Shravana Until 5:37AM Wed Vyaghata* Until 2:58PM Vanija Until 11:16PM | Ganesha: Purple Muruga: Yellow Nataraja: Purple Moon – Purple | Sunrise: 7:03AM Sunset: 5:49PM | Moon 12 - Phase 35 - 17 | 3rd Phase |
| Creative Work | Siddha Yoga | Day 3 of Pancha Ganapati | | Tritiya Until 10:42AM | Pausha-Markali | Devaloka Day | |
| Until 5:37AM Wed | Then Routine Work – Prabarishtha Yoga | | | | | | |
| 4 Wednesday, December 24, 2025 | | Viswasa Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Budha Vasara Yukayam Uttarashada Nakshatra Dhruva/Vyaghata* Yoga Visi* Bava Karana Chaturtham/Panchamam Titau | | | | Abu Dhabi, AE Sun 18 | Sutra 254 Vasava 517 |
| Makara Rasi: 23.32 | Tithi 4 – 5 | Gulika 11:03AM – 12:22PM Yama 8:23AM – 9:43AM Rahu 12:22PM – 1:42PM | Dhanishtha Until 6:49AM Thu Harshana Until 2:32PM Bava Until 12:03AM Thu | Ganesha: Purple Muruga: Yellow Nataraja: Purple Moon – Purple | Sunrise: 7:03AM Sunset: 5:49PM | Moon 12 - Phase 35 - 18 | 3rd Phase |
| Routine Work | Prabarishtha Yoga | Day 4 of Pancha Ganapati | | Chaturthi* Until 11:42AM | Pausha-Markali | Devaloka Day | |
| Until 6:49AM Thu | Then Creative Work – Siddha Yoga | | | | | | |
| 5 Thursday, December 25, 2025 | | Viswasa Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Guru Vasara Yukayam Dhanishtha Nakshatra Harshana/Vajra* Siddhi Yoga Bava/Kaulava Karana Panchami/Shashtham Titau | | | | Abu Dhabi, AE Sun 19 | Sutra 255 Vasava 517 |
| Kumbha Rasi: 6.13 | Tithi 5 – 6 | Gulika 9:43AM – 11:03AM Yama 7:04AM – 8:24AM Rahu 1:43PM – 3:03PM | Dhanishtha Until 6:49AM Vajra* Until 1:44PM Kaulava Until 12:21AM Fri | Ganesha: Purple Muruga: Yellow Nataraja: Purple Moon – Purple | Sunrise: 7:04AM Sunset: 5:49PM | Moon 12 - Phase 35 - 19 | 3rd Phase |
| Creative Work | Siddha Yoga | Day 5 of Pancha Ganapati | | Panchami Until 12:15PM | Pausha-Markali | Devaloka Day | |
| Until 6:49AM Thu | Then Routine Work – Prabarishtha Yoga | Vinayaga Viratam Ends | | | | | |
| 6 Friday, December 26, 2025 | | Viswasa Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Satva Vasara Yukayam Shatabhisha/Purvashada* Nakshatra Siddhi/Vyaghata* Yoga Taila/Gara Karana Shashthi/Saptamam Titau | | | | Abu Dhabi, AE Sun 20 | Sutra 256 Vasava 517 |
| Kumbha Rasi: 19.09 | Tithi 6 – 7 | Gulika 8:24AM – 9:44AM Yama 3:03PM – 4:23PM Rahu 11:04AM – 12:23PM | Shatabhishak Until 7:23AM Siddhi Until 12:32PM Gara Until 12:05AM Sat | Ganesha: Purple Muruga: Yellow Nataraja: Clear Moon – Purple | Sunrise: 7:04AM Sunset: 5:49PM | Moon 12 - Phase 35 - 20 | 3rd Phase |
| Creative Work | Siddha Yoga | Day 6 of Pancha Ganapati | | Shashthi* Until 12:17PM | Pausha-Markali | Bhuloka Day Devaloka Time: 3PM to 6PM | |
| Until 6:49AM Thu | Then Routine Work – Prabarishtha Yoga | | | | | | |
| 7 Saturday, December 27, 2025 | | Viswasa Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Mantva Vasara Yukayam Purvashada*Uttarashada*Uttarashada* Nakshatra Vyatipata*Varjan Yoga Vanija/Visi* Karana Saptami/Ahtamam Titau | | | | Abu Dhabi, AE Sun 21 | Sutra 257 Vasava 517 |
| Meena Rasi: 2.23 | Tithi 7 – 8 | Gulika 7:05AM – 8:25AM Yama 1:44PM – 3:04PM Rahu 9:44AM – 11:04AM | Purvashodhada* Until 7:41AM Vyatipata* Until 10:53AM Visi Until 11:13PM | Ganesha: Green Muruga: Yellow Nataraja: Clear Moon – Clear | Sunrise: 7:05AM Sunset: 5:49PM | Moon 12 - Phase 35 - 21 | Ashtami |
| Routine Work | Marana Yoga | Day 7 of Pancha Ganapati | | Saptami Until 11:43AM | Pausha-Markali | Bhuloka Day Devaloka Time: 3PM to 6PM | |
| Until 7:41AM | Then Creative Work – Siddha Yoga | | | | | | |
| 8 Sunday, December 28, 2025 | | Viswasa Nama Samvatsara Uttarayana Moksha Ritau Dhanus Mese Sukla Paksha Bharu Vasara Yukayam Uttarashada*Revati Nakshatra Varjan/Parigraha* Yoga Bava/Balava Karana Ashtami/Navamam Titau | | | | Abu Dhabi, AE Sun 22 | Sutra 258 Vasava 517 |
| Meena Rasi: 15.57 | Tithi 8 – 9 | Gulika 3:04PM – 4:24PM Yama 12:24PM – 1:44PM Rahu 4:24PM – 5:44PM | Uttarashodhada Until 7:14AM Varjan Until 8:43AM Balava Until 9:42PM | Ganesha: Green Muruga: Yellow Nataraja: Clear Moon – Clear | Sunrise: 7:05AM Sunset: 5:49PM | Moon 12 - Phase 35 - 22 | Navami |
| Creative Work | Amrita Yoga | Day 8 of Pancha Ganapati | | Ashtami* Until 10:31AM | Pausha-Markali | Bhuloka Day Devaloka Time: 3PM to 6PM | |
| Until 7:41AM | Then Routine Work – Prabarishtha Yoga | | | | | | |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| | | | | | |
|------------------------------------|--------------|--|--------------------------|------------------------------|---|
| 1 Monday, December 29, 2025 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Indu Vasara Yuktayam Abu Dhabi, AE Revati/Ashvini Nakshatra Parigha/Shiva Yoga Kaulava/Taila Karana Navami/Dashayam Tilau Sun 23 Sutra 259 | | | |
| Mesha Rasi: 29.53 | Tithi 9 - 10 | Gulika | 1:45PM - 3:05PM | Revati Until 6:01AM | Ganesh: Green Sunrise: 7:05AM Vasavasu: 5:17 |
| Family Home Evening | 812338576 | Yama | 11:05AM - 12:25PM | Parigha* Until 6:05AM | Muruga: Yellow Sunset: 5:49PM Moon 12 - Phase: 36 - 23 |
| Creative Work | Siddha Yoga | Rahu | 8:25AM - 9:45AM | Taila Until 7:36PM | Nataraja: Clear Moon - White: 4th Phase |
| | | | | Navami* Until 8:42AM | Bhuloka Day Devaloka Time: 3PM to 6PM |
| | | | | Pausha-Markali | |

| | | | | | |
|-------------------------------------|---------------|--|-------------------------|---------------------------------|---|
| 2 Tuesday, December 30, 2025 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Mangala Vasara Yuktayam Abu Dhabi, AE Bharani Nakshatra Siddha Yoga Gara/Visli* Karana Dashami/Ekadashyam Tilau Sun 24 Sutra 260 | | | |
| Mesha Rasi: 14.13 | Tithi 10 - 11 | Gulika | 12:25PM - 1:45PM | Bharani Until 2:25AM Wed | Ganesh: Red Sunrise: 7:06AM Vasavasu: 5:17 |
| 822338576 | | Yama | 9:46AM - 11:06AM | Siddha Until 11:28PM | Muruga: Yellow Sunset: 5:49PM Moon 12 - Phase: 36 - 24 |
| Creative Work | Siddha Yoga | Rahu | 3:05PM - 4:25PM | Visti Until 3:28AM Wed | Nataraja: Clear Moon - White: 4th Phase |
| Until 2:25AM Wed | | Valkuntha Ekadasi | | Dashami Until 6:20AM | Pausha-Markali |
| Then Creative Work - Amrita Yoga | | | | | Devaloka Day |

| | | | | | |
|---------------------------------------|-------------|---|--------------------------|------------------------------------|---|
| 3 Wednesday, December 31, 2025 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Budha Vasara Yuktayam Abu Dhabi, AE Kritika Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashtyam Tilau Sun 25 Sutra 261 | | | |
| Mesha Rasi: 28.52 | Tithi 12 | Gulika | 11:06AM - 12:26PM | Kritika Until 11:49PM | Ganesh: Red Sunrise: 7:06AM Vasavasu: 5:17 |
| 822338576 | | Yama | 8:26AM - 9:46AM | Sadhya Until 7:40PM | Muruga: Yellow Sunset: 5:49PM Moon 12 - Phase: 36 - 25 |
| Creative Work | Amrita Yoga | Rahu | 12:26PM - 1:46PM | Bava Until 1:55PM | Nataraja: Clear Moon - White: 4th Phase |
| Until 11:49PM | | | | Dvadashti Until 12:16AM Thu | Pausha-Markali |
| Then Creative Work - Siddha Yoga | | | | | Devaloka Day |

| | | | | | |
|------------------------------------|-------------|---|-------------------------|--------------------------------|---|
| 4 Thursday, January 1, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Guru Vasara Yuktayam Abu Dhabi, AE Rohini Nakshatra Subha/Sukla Yoga Kaulava/Taila Karana Trayodashyam Tilau Sun 26 Sutra 262 | | | |
| Wishabha Rasi: 13.46 | Tithi 13 | Gulika | 9:46AM - 11:06AM | Rohini Until 9:17PM | Ganesh: Blue Sunrise: 7:06AM Vasavasu: 5:17 |
| 832338576 | | Yama | 7:06AM - 8:26AM | Subha Until 3:41PM | Muruga: Yellow Sunset: 5:49PM Moon 12 - Phase: 36 - 26 |
| Routine Work | Marana Yoga | Rahu | 1:46PM - 3:06PM | Kaulava Until 10:36AM | Nataraja: Clear Moon - Yellow: 4th Phase |
| | | | | Trayodashi Until 8:52PM | Pausha-Markali |
| | | | | Pradosha Vata | Bhuloka Day Devaloka Time: 3PM to 6PM |

| | | | | | |
|----------------------------------|---------------|--|--------------------------|----------------------------------|--|
| 5 Friday, January 2, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Sukla Paksho Sukra Vasara Yuktayam Abu Dhabi, AE Migashira Nakshatra Sukla/Brahma Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Tilau Sun 27 Sutra 263 | | | |
| Wishabha Rasi: 28.47 | Tithi 14 - 15 | Gulika | 8:27AM - 9:47AM | Migashira Until 6:34PM | Ganesh: Blue Sunrise: 7:07AM Vasavasu: 5:17 |
| 833348576 | | Yama | 3:07PM - 4:27PM | Sukla Until 11:36AM | Muruga: White Sunset: 5:49PM Moon 12 - Phase: 36 - 27 |
| Creative Work | Siddha Yoga | Rahu | 11:07AM - 12:27PM | Gara Until 7:09AM | Nataraja: Clear Moon - Yellow: 4th Phase |
| | | | | Chaturdashi* Until 5:25PM | Pausha-Markali |
| | | | | | Devaloka Day |

| | | | | | |
|------------------------------------|---------------|--|-------------------------|---------------------------------|---|
| ○ Saturday, January 3, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Manita Vasara Yuktayam Abu Dhabi, AE Copper Retreat Star Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Tilau Sun 28 Sutra 264 | | | |
| Mithuna Rasi: 13.47 | Tithi 15 - 16 | Gulika | 7:07AM - 8:27AM | Ardra Until 3:51PM | Ganesh: Blue Sunrise: 7:07AM Vasavasu: 5:17 |
| 833348576 | | Yama | 1:47PM - 3:07PM | Brahma Until 7:35AM | Muruga: White Sunset: 5:49PM Moon 12 - Phase: 36 - Purnima |
| Creative Work | Siddha Yoga | Rahu | 9:47AM - 11:07AM | Balava Until 12:32AM Sun | Nataraja: Clear Moon - Yellow: 4th Phase |
| | | | | Purnima* Until 2:05PM | Pausha-Markali |
| | | | | | Devaloka Day |
| | | | | Ardra Darshanam | |

| | | | | | |
|--------------------------------|---------------|--|-------------------------|----------------------------------|--|
| Sunday, January 4, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksho Bhava Vasara Yuktayam Abu Dhabi, AE Silver Retreat Star Punarvasu/Pushya Nakshatra Vadhti* Yoga Kaulava/Taila Karana Prathama/Dvityayam Tilau Sun 29 Sutra 265 | | | |
| Mithuna Rasi: 28.37 | Tithi 16 - 17 | Gulika | 3:08PM - 4:28PM | Punarvasu Until 1:43PM | Ganesh: Red Sunrise: 7:07AM Vasavasu: 5:17 |
| 843348576 | | Yama | 12:28PM - 1:48PM | Vadhti* Until 12:18AM Mon | Muruga: White Sunset: 5:49PM Moon 12 - Phase: 36 - Prathama |
| Creative Work | Siddha Yoga | Rahu | 4:28PM - 5:48PM | Taila Until 9:43PM | Nataraja: Clear Moon - Blue: 4th Phase |
| | | | | Prathama* Until 11:03AM | Pausha-Markali |
| | | | | | Sivaloka Day |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

**Monday, January 5, 2026****Gold Retreat Star**

Kataka Rasi: 13.08 TITH 17 - 18
 Family Home Evening
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha Indu Vasara Yuktayam
 Pushya/Ashlesha Nakshatra Vishkambha Yoga Gara/Vanija Karana Dvitya/Tritiyam Tilau
Gulika 1:48PM - 3:09PM
Pushya Until 11:55AM
Ganesha: Red Sunrise: 7:08AM
Yama 11:08AM - 12:28PM
Vishkambha Until 9:16PM
Muruga: White Sunset: 5:49PM
Family Home Evening 8:28AM - 9:48AM
Vanija Until 7:27PM
Nataraja: Clear
Moon - Blue
Subramuniyaswami Jayanti
Dvitya Until 8:29AM
Pausha-Markali

Abu Dhabi, AE Sun 1
 Sutra 266
 Viswasu 5127
 Sutra 267
 Moon 1 - Phase 37 - 1
 1st Phase

Sivaloka Day**Tuesday, January 6, 2026**

1
 Kataka Rasi: 27.14 TITH 18 - 19
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam
 Magha/Purvaphalguni Nakshatra Priti Yoga Vesli/Balava Karana Tritiya/Chaturtham Tilau
Gulika 12:29PM - 1:49PM
Ashlesha Until 10:38AM
Ganesha: Yellow Sunrise: 7:08AM
Yama 9:48AM - 11:09AM
Priti Until 6:50PM
Muruga: White Sunset: 5:50PM
Family Home Evening 8:3448576 Rahu 3:09PM - 4:29PM
Balava Until 5:22AM Wed
Nataraja: Clear
Moon - Blue
Tritiya Until 6:33AM
Pausha-Markali

Abu Dhabi, AE Sun 2
 Sutra 267
 Viswasu 5127
 Sutra 5122
 Moon 1 - Phase 37 - 2
 1st Phase

Sivaloka Day**Wednesday, January 7, 2026**

2
 Simha Rasi: 10.52 TITH 20
 Creative Work Siddha Yoga
 Until 10:24AM
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha Budha Vasara Yuktayam
 Magha/Purvaphalguni Nakshatra Ajusman/Saubhagya Yoga Kaulava/Taila Karana Panchamam Tilau
Gulika 11:09AM - 12:29PM
Magha Until 10:24AM
Ganesha: White Sunrise: 7:08AM
Yama 8:28AM - 9:49AM
Ajusman Until 5:01PM
Muruga: White Sunset: 5:50PM
Family Home Evening 8:53448576 Rahu 12:29PM - 1:50PM
Kaulava Until 5:07PM
Nataraja: Clear
Moon - Red
Panchami Until 5:03AM Thu
Pausha-Markali

Abu Dhabi, AE Sun 3
 Sutra 268
 Viswasu 5127
 Sutra 269
 Moon 1 - Phase 37 - 3
 1st Phase

Devaloka Day**Thursday, January 8, 2026**

3
 Simha Rasi: 24.02 TITH 21
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha Guru Vasara Yuktayam
 Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shasthityam Tilau
Gulika 9:49AM - 11:09AM
Purvaphalguni Until 10:52AM
Ganesha: White Sunrise: 7:08AM
Yama 7:08AM - 8:29AM
Saubhagya Until 3:53PM
Muruga: White Sunset: 5:51PM
Family Home Evening 8:53448576 Rahu 1:50PM - 3:10PM
Gara Until 5:14PM
Nataraja: Clear
Moon - Red
Shashthi Until 5:35AM Fri
Pausha-Markali

Abu Dhabi, AE Sun 4
 Sutra 269
 Viswasu 5127
 Sutra 270
 Moon 1 - Phase 37 - 4
 1st Phase

Devaloka Day**Friday, January 9, 2026**

4
 Kanya Rasi: 6.47 TITH 22
 Creative Work Siddha Yoga
 Until 12:00PM
 Then Creative Work - Amrita Yoga

Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha Sukra Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Sobhana/Ahiganda Yoga Vesli Karana Sapthamam Tilau
Gulika 8:29AM - 9:49AM
Uttaraphalguni Until 12:00PM
Ganesha: White Sunrise: 7:08AM
Yama 3:11PM - 4:31PM
Sobhana Until 3:24PM
Muruga: White Sunset: 5:52PM
Family Home Evening 8:53448576 Rahu 11:10AM - 12:30PM
Visli Until 6:11PM
Nataraja: Clear
Moon - Red
Saptami Until 6:56AM Sat
Pausha-Markali

Abu Dhabi, AE Sun 5
 Sutra 270
 Viswasu 5127
 Sutra 271
 Moon 1 - Phase 37 - 5
 1st Phase

Devaloka Day**Saturday, January 10, 2026**

Retreat Star
 Kanya Rasi: 19.1 TITH 22 - 23
 Routine Work Marana Yoga

Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha Manita Vasara Yuktayam
 Hasta/Chitra Nakshatra Ahiganda/Sukama/Dhriti Yoga Kaulava/Taila Karana Ashtami/Navamam Tilau
Gulika 7:08AM - 8:29AM
Hasta Until 2:10PM
Ganesha: Clear Sunrise: 7:08AM
Yama 1:51PM - 3:12PM
Ahiganda Until 3:28PM
Muruga: White Sunset: 5:53PM
Family Home Evening 8:53448576 Rahu 9:49AM - 11:10AM
Balava Until 7:52PM
Nataraja: Clear
Moon - Green
Saptami Until 6:56AM
Pausha-Markali

Abu Dhabi, AE Sun 6
 Sutra 271
 Viswasu 5127
 Sutra 272
 Moon 1 - Phase 37 - 6
 Ashtami

Sivaloka Day**Sunday, January 11, 2026**

Retreat Star
 Tula Rasi: 1.17 TITH 23 - 24
 Creative Work Siddha Yoga

Viswasa Nama Samvatsara: Uttarayane Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam
 Chitra/Svati Nakshatra Sukama/Dhriti Yoga Kaulava/Taila Karana Ashtami/Navamam Tilau
Gulika 3:12PM - 4:33PM
Chitra Until 4:44PM
Ganesha: Clear Sunrise: 7:08AM
Yama 12:31PM - 1:51PM
Sukama Until 3:57PM
Muruga: White Sunset: 5:53PM
Family Home Evening 8:53448576 Rahu 4:33PM - 5:53PM
Taila Until 10:04PM
Nataraja: Clear
Moon - Green
Ashtami Until 8:54AM
Pausha-Markali

Abu Dhabi, AE Sun 7
 Sutra 272
 Viswasu 5127
 Sutra 273
 Moon 1 - Phase 37 - 7
 Navami

Sivaloka Day

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
 Mrigendra Agama Inana Pada

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| 1 Monday, January 12, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Indu Vasara Yuktayam | | | | Abu Dhabi, AE |
|----------------------------|---------------|--|-------------------|---------------------------|------------------------|------------------------|
| | | | | | | Sun 8 Sutra 273 |
| | | Gulika | 1:52PM – 3:13PM | Svali Until 7:27PM | Ganesha: Clear | Sunrise: 7:09AM |
| Tula Rasi: 13.15 | Tithi 24 – 25 | Yama | 11:11AM – 12:31PM | Dhriti Until 4,44PM | Muruga: White | Sunset: 5:54PM |
| Family Home Evening | | Rahu | 8:29AM – 9:50AM | Vanija Until 12:34AM Tue | Nataraja: Clear | Moon 1 - Phase 38 - 12 |
| Creative Work | Amrita Yoga | | | Navami* Until 11:17AM | Moon - Green | 2nd Phase |
| Until 7:27PM | | | | | Pausha-Markali | Sivaloka Day |
| Then Routine Work | Marana Yoga | | | | | |

| 2 Tuesday, January 13, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mese Krishna Paksha Mangala Vasara Yuktayam | | | | Abu Dhabi, AE |
|-----------------------------|---------------|---|------------------|-------------------------------|------------------------|------------------------|
| | | | | | | Sun 9 Sutra 274 |
| | | Gulika | 12:32PM – 1:52PM | Vishakha Until 10:37PM | Ganesha: Purple | Sunrise: 7:09AM |
| Tula Rasi: 25.07 | Tithi 25 – 26 | Yama | 9:50AM – 11:11AM | Shula* Until 5:34PM | Muruga: White | Sunset: 5:54PM |
| Routine Work | Marana Yoga | Rahu | 3:13PM – 4:34PM | Bava Until 3:09AM Wed | Nataraja: Clear | Moon 1 - Phase 38 - 12 |
| Until 10:37PM | | | | Dashami Until 1:51PM | Moon - Orange | 2nd Phase |
| Then Creative Work | Siddha Yoga | | | | Pausha-Markali | Devaloka Day |

| 3 Wednesday, January 14, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Krishna Paksha Budha Vasara Yuktayam | | | | Abu Dhabi, AE |
|-------------------------------|--------------------|---|-------------------|----------------------------------|------------------------|------------------------|
| | | | | | | Sun 10 Sutra 275 |
| | | Gulika | 11:11AM – 12:32PM | Anuradha Until 1:32AM Thu | Ganesha: Purple | Sunrise: 7:09AM |
| Wischika Rasi: 6.58 | Tithi 26 – 27 | Yama | 9:50AM – 11:11AM | Ganda* Until 6:24PM | Muruga: White | Sunset: 5:54PM |
| Creative Work | Siddha Yoga | Rahu | 12:32PM – 1:53PM | Kaulava Until 5:38AM Thu | Nataraja: Clear | Moon 1 - Phase 38 - 12 |
| Until 1:32AM Thu | | | | Ekadashi* Until 4:23PM | Moon - Orange | 2nd Phase |
| Then Routine Work | Prabalarishta Yoga | Thai Pongal | | | Pausha-Thai | Devaloka Day |

| 4 Thursday, January 15, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Krishna Paksha Guru Vasara Yuktayam | | | | Abu Dhabi, AE |
|------------------------------|--------------------|--|------------------|-----------------------------------|------------------------|------------------------|
| | | | | | | Sun 11 Sutra 276 |
| | | Gulika | 9:51AM – 11:11AM | Jyeshtha* Until 4:05AM Fri | Ganesha: Purple | Sunrise: 7:09AM |
| Wischika Rasi: 18.52 | Tithi 27 | Yama | 7:09AM – 8:30AM | Vidhiti Until 7:05PM | Muruga: White | Sunset: 5:54PM |
| Routine Work | Prabalarishta Yoga | Rahu | 1:53PM – 3:14PM | Tailita Until 6:45PM | Nataraja: Clear | Moon 1 - Phase 38 - 11 |
| Until 4:05AM Fri | | | | Dvadashi* Until 6:45PM | Moon - Orange | 2nd Phase |
| Then Creative Work | Amrita Yoga | | | | Pausha-Thai | Devaloka Day |

| 5 Friday, January 16, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Krishna Paksha Sukra Vasara Yuktayam | | | | Abu Dhabi, AE |
|----------------------------|-------------|---|-------------------|-------------------------------|-------------------------|------------------------|
| | | | | | | Sun 12 Sutra 277 |
| | | Gulika | 8:30AM – 9:51AM | Mula* Until 6:39AM Sat | Ganesha: Purple | Sunrise: 7:09AM |
| Dhanus Rasi: 0.52 | Tithi 28 | Yama | 3:15PM – 4:36PM | Dhruva Until 7:32PM | Muruga: White | Sunset: 5:54PM |
| Creative Work | Amrita Yoga | Rahu | 11:12AM – 12:33PM | Gara Until 7:51AM | Nataraja: Clear | Moon 1 - Phase 38 - 12 |
| Until 6:39AM Sat | | | | Trayodashi* Until 8:50PM | Moon - Light Blue | 2nd Phase |
| Then Creative Work | Siddha Yoga | | | | Pausha-Thai | Devaloka Day |
| | | | | | Pradosha Vata (Fasting) | |

| 6 Saturday, January 17, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Krishna Paksha Merita Vasara Yuktayam | | | | Abu Dhabi, AE |
|------------------------------|-------------|--|------------------|----------------------------|------------------------|------------------------|
| | | | | | | Sun 13 Sutra 278 |
| | | Gulika | 7:09AM – 8:30AM | Mula* Until 6:39AM | Ganesha: Purple | Sunrise: 7:09AM |
| Dhanus Rasi: 12.59 | Tithi 29 | Yama | 1:54PM – 3:15PM | Vyaghala* Until 7:44PM | Muruga: White | Sunset: 5:54PM |
| Creative Work | Siddha Yoga | Rahu | 9:51AM – 11:12AM | Visli Until 9:45AM | Nataraja: Clear | Moon 1 - Phase 38 - 13 |
| Until 9:45AM | | | | Chalurdashi* Until 10:32PM | Moon - Light Blue | 2nd Phase |
| | | | | | Pausha-Thai | Devaloka Day |

| Sunday, January 18, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Krishna Paksha Bhana Vasara Yuktayam | | | | Abu Dhabi, AE |
|--------------------------|-------------|---|------------------|----------------------------------|------------------------|------------------------|
| | | | | | | Sun 14 Sutra 279 |
| | | Gulika | 3:16PM – 4:37PM | Purvashadha* Until 8:41AM | Ganesha: Purple | Sunrise: 7:08AM |
| Dhanus Rasi: 25.16 | Tithi 30 | Yama | 12:33PM – 1:55PM | Harshana Until 7:38PM | Muruga: White | Sunset: 5:54PM |
| Retreat Star | | Rahu | 4:37PM – 5:58PM | Catuspada Until 11:16AM | Nataraja: Clear | Moon 1 - Phase 38 - 14 |
| Creative Work | Siddha Yoga | | | Amavasya* Until 11:50PM | Moon - Light Blue | Amavasya |
| Until 8:41AM | | | | | Pausha-Thai | Devaloka Day |
| Then Creative Work | Amrita Yoga | | | | | |

| Monday, January 19, 2026 | | Viswastu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mese Sukla Paksha Indu Vasara Yuktayam | | | | Abu Dhabi, AE |
|----------------------------|-------------|--|-------------------|-----------------------------------|------------------------|------------------------|
| | | | | | | Sun 15 Sutra 280 |
| | | Gulika | 1:55PM – 3:16PM | Uttarashadha Until 10:10AM | Ganesha: Purple | Sunrise: 7:08AM |
| Makara Rasi: 7.43 | Tithi 1 | Yama | 11:12AM – 12:34PM | Vajra* Until 7:12PM | Muruga: White | Sunset: 5:54PM |
| Family Home Evening | | Rahu | 8:30AM – 9:51AM | Kintughna Until 12:21PM | Nataraja: Clear | Moon 1 - Phase 38 - 15 |
| Creative Work | Marana Yoga | | | Prathama* Until 12:44AM Tue | Moon - Light Blue | Prathama |
| Until 10:10AM | | | | | Magha-Thai | Devaloka Day |
| Then Creative Work | Amrita Yoga | | | | | |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | | |
|----------|----------------------------------|-------------|---|--|--|--|---|-------------------------------------|
| 1 | Tuesday, January 20, 2026 | | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam ShravanaDhanishtha Nakshatra Siddhi Yoga Bateva/Kaulava Karana Dvityayam Titau | | | | Abu Dhabi, AE Sun 16 | Sutra 281 Vasaxasu 5127 |
| | Makara Rasi: 20.22 | Tilthi 2 | Gulika Yama Rahu | 12:34PM - 1:56PM 9:51AM - 11:13AM 3:17PM - 4:38PM | Shravana Untill 11:35AM Siddhi Untill 6:28PM Balava Untill 1:02PM | Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai | Sunrise: 7:08AM Sunset: 6:09PM | Moon 1 - Phase 39 - 17 3rd Phase |
| | Creative Work | Siddha Yoga | 894448576 | | Dvitiya Untill 1:12AM Wed | | | Devaloka Day |
| | | | | | | | | |

| | | | | | | | | |
|----------|------------------------------------|---------------------|--|---|--|--|---|-------------------------------------|
| 2 | Wednesday, January 21, 2026 | | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Baha Vasaara Yuktayam Dhanishtha/Shabshishak Nakshatra Vyojpalaka/Variyan/Yoga Talila/Gara Karana Trityayam Titau | | | | Abu Dhabi, AE Sun 17 | Sutra 282 Vasaxasu 5127 |
| | Kumbha Rasi: 3.11 | Tilthi 3 | Gulika Yama Rahu | 11:13AM - 12:34PM 8:30AM - 9:51AM 12:34PM - 1:56PM | Dhanishtha Untill 12:26PM Vyatipala* Untill 5:27PM Talila Untill 1:19PM | Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai | Sunrise: 7:08AM Sunset: 6:09PM | Moon 1 - Phase 39 - 17 3rd Phase |
| | Routine Work | Prabalarishtha Yoga | 894448576 | | Trityiya Untill 1:17AM Thu | | | Devaloka Day |
| | Then Creative Work | Siddha Yoga | | | | | | |

| | | | | | | | | |
|----------|-----------------------------------|-------------|---|---|--|--|---|-------------------------------------|
| 3 | Thursday, January 22, 2026 | | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Guru Vasara Yuktayam Shabshishak Nakshatra Variyan/Parigtha* Yoga Vanija/Vist/ Karana Chaturthayam Titau | | | | Abu Dhabi, AE Sun 18 | Sutra 283 Vasaxasu 5127 |
| | Kumbha Rasi: 16.12 | Tilthi 4 | Gulika Yama Rahu | 9:51AM - 11:13AM 8:30AM - 9:51AM 1:56PM - 3:18PM | Shabshishak Untill 12:46PM Variyan Untill 4:05PM Vanija Untill 1:11PM | Ganesh: Light Blue Muruga: White Nataraja: Clear Moon - Purple Magha-Thai | Sunrise: 7:08AM Sunset: 6:09PM | Moon 1 - Phase 39 - 17 3rd Phase |
| | Creative Work | Siddha Yoga | 894448576 | | Chaturthi* Untill 12:58AM Fri | | | Devaloka Day |
| | | | | | | | | |

| | | | | | | | | |
|----------|---------------------------------|-------------|---|--|---|--|---|-------------------------------------|
| 4 | Friday, January 23, 2026 | | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktayam Puravproshthapada/Nakshatra Parigtha/Shiva Yoga Bava/Balava Karana Panchamayam Titau | | | | Abu Dhabi, AE Sun 19 | Sutra 284 Vasaxasu 5127 |
| | Kumbha Rasi: 29.25 | Tilthi 5 | Gulika Yama Rahu | 8:30AM - 9:51AM 7:08AM - 8:30AM 11:13AM - 12:35PM | Puravproshthapada* Untill 1:01PM Parigtha* Untill 2:26PM Bava Untill 12:41PM | Ganesh: White Muruga: White Nataraja: Clear Moon - Clear Magha-Thai | Sunrise: 7:08AM Sunset: 6:09PM | Moon 1 - Phase 39 - 19 3rd Phase |
| | Creative Work | Siddha Yoga | 814448576 | | Panchami Untill 12:15AM Sat | | | Devaloka Day |
| | | | | | | | | |

| | | | | | | | | |
|----------|-----------------------------------|---------------------|---|---|---|--|---|-------------------------------------|
| 5 | Saturday, January 24, 2026 | | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Manva Vasara Yuktayam Uttarproshthapada/Revati Nakshatra Shiva/Siddha Yoga Kaulava/Talila Karana Shashthayam Titau | | | | Abu Dhabi, AE Sun 20 | Sutra 285 Vasaxasu 5127 |
| | Meena Rasi: 12.51 | Tilthi 6 | Gulika Yama Rahu | 7:08AM - 8:29AM 1:57PM - 3:19PM 9:51AM - 11:13AM | Uttarproshthapada Untill 12:44PM Shiva Untill 12:30PM Kaulava Untill 11:46AM | Ganesh: White Muruga: White Nataraja: Clear Moon - Clear Magha-Thai | Sunrise: 7:08AM Sunset: 6:09PM | Moon 1 - Phase 39 - 20 3rd Phase |
| | Creative Work | Siddha Yoga | 814448576 | | Shashthi* Untill 11:10PM | | | Devaloka Day |
| | Then Routine Work | Prabalarishtha Yoga | | | | | | |

| | | | | | | | | |
|----------|---------------------------------|-------------|--|---|--|--|---|-------------------------------------|
| 6 | Sunday, January 25, 2026 | | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Saptamayam Titau | | | | Abu Dhabi, AE Sun 21 | Sutra 286 Vasaxasu 5127 |
| | Meena Rasi: 26.3 | Tilthi 7 | Gulika Yama Rahu | 3:19PM - 4:41PM 12:35PM - 1:57PM 4:41PM - 6:04PM | Revati Untill 11:56AM Siddha Untill 10:14AM Gara Untill 10:29AM | Ganesh: Clear Muruga: White Nataraja: Clear Moon - Clear Magha-Thai | Sunrise: 7:07AM Sunset: 6:09PM | Moon 1 - Phase 39 - 21 3rd Phase |
| | Creative Work | Amrita Yoga | 914448576 | | Saptami Untill 9:41PM | | | Sivaloka Day |
| | Then Creative Work | Siddha Yoga | | | | | | |

| | | | | | | | | |
|----------|---------------------------------|-------------|--|--|--|--|---|-----------------------------------|
| D | Monday, January 26, 2026 | | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ashtamayam Titau | | | | Abu Dhabi, AE Sun 22 | Sutra 287 Vasaxasu 5127 |
| | Retreat Star | | Gulika Yama Rahu | 1:58PM - 3:20PM 11:14AM - 12:36PM 8:29AM - 9:51AM | Ashvini Untill 11:02AM Sadhya Untill 7:40AM Visti Untill 8:49AM | Ganesh: White Muruga: White Nataraja: Clear Moon - White Magha-Thai | Sunrise: 7:07AM Sunset: 6:09PM | Moon 1 - Phase 39 - 22 Ashtami |
| | Mesha Rasi: 10.23 | Tilthi 8 | 924448576 | | Ashtami* Untill 7:49PM | | | Devaloka Day |
| | Family Home Evening | Siddha Yoga | | | | | | |

| | | | | | | | | |
|----------|----------------------------------|---------------|--|--|---|--|---|----------------------------------|
| D | Tuesday, January 27, 2026 | | Viswasa Nama Samvatsara Uтарыне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Bharani/Kittika Nakshatra Sukla Yoga Balava/Talila Karana Navami/Dashamayam Titau | | | | Abu Dhabi, AE Sun 23 | Sutra 288 Vasaxasu 5127 |
| | Retreat Star | | Gulika Yama Rahu | 12:36PM - 1:58PM 9:51AM - 11:14AM 3:20PM - 4:43PM | Bharani Untill 9:39AM Sukla Untill 1:43AM Wed Balava Untill 6:47AM | Ganesh: White Muruga: White Nataraja: Clear Moon - White Magha-Thai | Sunrise: 7:07AM Sunset: 6:09PM | Moon 1 - Phase 39 - 23 Navami |
| | Mesha Rasi: 24.29 | Tilthi 9 - 10 | 924448576 | | Navami* Untill 5:38PM | | | Devaloka Day |
| | Creative Work | Siddha Yoga | | | | | | |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| | | | | | | |
|--------------------------------------|---------------|--|-----------------------------|------------------------|------------------------|-------------------------|
| 1 Wednesday, January 28, 2026 | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suklo Paksho Budha Vesara Yuktayam Kritika/Rohini Nakshatra Brahma Yoga Gara/Vanija Karana Dishami/Ekadashtyam Titau | | | | Abu Dhabi, AE Sun 24 |
| Wishabha Rasi: 8.48 | Tithi 10 – 11 | Gulika 11:14AM – 12:36PM | Kritika Until 7:50AM | Ganesh: White | Sunrise: 7:06AM | Vasavasu 5127 |
| | | Yama 8:29AM – 9:51AM | Brahma Until 10:25PM | Muruga: White | Sunset: 6:09PM | Moon 1 - Phase: 40 - 24 |
| Creative Work | Amrita Yoga | Rahu 12:36PM – 1:58PM | Vanija Until 1:51AM Thu | Nataraja: Clear | | 4th Phase |
| Until 7:50AM | | | Dashami Until 3:09PM | Moon – White | | |
| Then Creative Work | Siddha Yoga | | | Magha-Thai | | Devaloka Day |

| | | | | | | |
|-------------------------------------|---------------|---|----------------------------|------------------------|------------------------|-------------------------|
| 2 Thursday, January 29, 2026 | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suklo Paksho Guru Vesara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Vasi/Bava Karana Ekadashi/Dwadashyam Titau | | | | Abu Dhabi, AE Sun 25 |
| Wishabha Rasi: 23.17 | Tithi 11 – 12 | Gulika 9:51AM – 11:14AM | Rohini Until 6:03AM | Ganesh: Red | Sunrise: 7:06AM | Vasavasu 5127 |
| | | Yama 7:06AM – 8:29AM | Indra Until 6:59PM | Muruga: White | Sunset: 6:09PM | Moon 1 - Phase: 40 - 25 |
| Routine Work | Marana Yoga | Rahu 1:59PM – 3:21PM | Bava Until 11:07PM | Nataraja: Clear | | 4th Phase |
| | | | Ekadashi Until 12:29PM | Moon – Yellow | | |
| | | | | Magha-Thai | | Sivaloka Day |

| | | | | | | |
|-----------------------------------|---------------|---|-------------------------------|------------------------|------------------------|-------------------------|
| 3 Friday, January 30, 2026 | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suklo Paksho Sukra Vesara Yuktayam Ardra Nakshatra Vaidriti/Vishkambha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau | | | | Abu Dhabi, AE Sun 26 |
| Mithuna Rasi: 7.52 | Tithi 12 – 13 | Gulika 8:28AM – 9:51AM | Ardra Until 1:50AM Sat | Ganesh: Red | Sunrise: 7:06AM | Vasavasu 5127 |
| | | Yama 7:06AM – 8:29AM | Vaidriti Until 3:29PM | Muruga: White | Sunset: 6:09PM | Moon 1 - Phase: 40 - 26 |
| Creative Work | Siddha Yoga | Rahu 11:14AM – 12:36PM | Kaulava Until 8:21PM | Nataraja: Clear | | 4th Phase |
| | | | Dvadashi Until 9:42AM | Moon – Yellow | | |
| | | | | Magha-Thai | | Sivaloka Day |

Pradosha Vata

| | | | | | | |
|-------------------------------------|---------------|---|------------------------------------|------------------------|------------------------|-------------------------|
| 4 Saturday, January 31, 2026 | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suklo Paksho Manu Vesara Yuktayam Punarvasu Nakshatra Vishkambha Priti Yoga Talala/Vanija Karana Trayodashi/Chaturdashyam Titau | | | | Abu Dhabi, AE Sun 27 |
| Mithuna Rasi: 22.25 | Tithi 13 – 14 | Gulika 7:05AM – 8:28AM | Punarvasu Until 12:04AM Sun | Ganesh: Blue | Sunrise: 7:05AM | Vasavasu 5127 |
| | | Yama 1:59PM – 3:22PM | Vishkambha Until 12:03PM | Muruga: White | Sunset: 6:08PM | Moon 1 - Phase: 40 - 27 |
| Creative Work | Siddha Yoga | Rahu 9:51AM – 11:14AM | Vanija Until 4:24AM Sun | Nataraja: Clear | | 4th Phase |
| | | | Trayodashi Until 6:58AM | Moon – Blue | | |
| | | | | Magha-Thai | | Devaloka Day |

| | | | | | | |
|-----------------------------------|-------------|---|-----------------------------|------------------------|------------------------|------------------------------|
| ○ Sunday, February 1, 2026 | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suklo Paksho Shanu Vesara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Vasi/Bava Karana Purnimayam Titau | | | | Abu Dhabi, AE Sun 28 |
| Copper Retreat Star | | Gulika 3:22PM – 4:45PM | Pushya Until 10:27PM | Ganesh: Blue | Sunrise: 7:05AM | Vasavasu 5127 |
| Kataka Rasi: 6.52 | Tithi 15 | Yama 12:37PM – 1:59PM | Priti Until 8:48AM | Muruga: White | Sunset: 6:08PM | Moon 1 - Phase: 40 - Purnima |
| Creative Work | Siddha Yoga | Rahu 4:45PM – 6:08PM | Visiti Until 3:15PM | Nataraja: Clear | | |
| | | Thai Pusam | Purnima Until 2:09AM Mon | Moon – Blue | | |
| | | | | Magha-Thai | | Devaloka Day |

| | | | | | | |
|---------------------------------|-------------|---|------------------------------|------------------------|------------------------|-------------------------------|
| Monday, February 2, 2026 | | Vishvasu Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Suklo Paksho Indu Vesara Yuktayam Ashlesha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prahanmayam Titau | | | | Abu Dhabi, AE Sun 29 |
| Silver Retreat Star | | Gulika 2:00PM – 3:23PM | Ashlesha Until 9:07PM | Ganesh: Blue | Sunrise: 7:05AM | Vasavasu 5127 |
| Kataka Rasi: 21.06 | Tithi 16 | Yama 11:14AM – 12:37PM | Saubhagya Until 3:12AM Tue | Muruga: White | Sunset: 6:09PM | Moon 1 - Phase: 40 - Prathama |
| Family Home Evening | Siddha Yoga | Rahu 8:28AM – 9:51AM | Balava Until 1:12PM | Nataraja: Clear | | |
| Until 9:07PM | | | Prathama Until 12:21AM Tue | Moon – Blue | | |
| Then Routine Work | Marana Yoga | | | Magha-Thai | | Devaloka Day |

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang



Tuesday, February 3, 2026

Gold Retreat Star

Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam
Magha* Nakshatra Sobhana Yoga Talila/Gara Karana Dvityayam Tilau

Abu Dhabi, AE
Sutra 295

| | | | | | | |
|------------------|-------------|-------------------------|--------------------------|------------------|-----------------|-------------------------------|
| Simha Rasi: 5.01 | Tithi 17 | Gulika 12:37PM - 2:00PM | Magha* Until 8:37PM | Ganesha: Red | Sunrise: 7:05AM | Vasarasu 5:127 |
| | | Yama 9:51AM - 11:14AM | Sobhana Until 1:06AM Wed | Muruga: White | Sunset: 6:09PM | Moon 2 - Phase 41 - 1st Phase |
| Creative Work | Siddha Yoga | Rahu 3:23PM - 4:46PM | Tailila Until 11:41AM | Nataraja: Orange | | |
| | | | Dvitiya Until 11:09PM | Moon - Red | | Sivaloka Day |
| | | | | Magha-Thai | | |

1

Wednesday, February 4, 2026

Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Kishna Paksho Butha Vasara Yuktayam
Purvaphalguni Nakshatra Aihnganda* Yoga Vanja/Visi* Karana Trityayam Tilau

Abu Dhabi, AE
Sutra 296

| | | | | | | |
|-------------------|-------------|--------------------------|----------------------------|------------------|-----------------|-------------------------------|
| Simha Rasi: 18.34 | Tithi 18 | Gulika 11:14AM - 12:37PM | Purvaphalguni Until 8:40PM | Ganesha: Red | Sunrise: 7:04AM | Vasarasu 5:127 |
| | | Yama 8:27AM - 9:51AM | Aihnganda* Until 11:31PM | Muruga: White | Sunset: 6:10PM | Moon 2 - Phase 41 - 1st Phase |
| Creative Work | Amrita Yoga | Rahu 12:37PM - 2:00PM | Vanija Until 10:49AM | Nataraja: Orange | | |
| | | | Trityiya Until 10:38PM | Moon - Red | | Sivaloka Day |
| | | | | Magha-Thai | | |

2

Thursday, February 5, 2026

Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Kishna Paksho Guru Vesara Yuktayam
Uttaraphalguni Nakshatra Sukarna Yoga Bava/Balava Karana Chaturthayam Tilau

Abu Dhabi, AE
Sutra 297

| | | | | | | |
|---------------------------------|-------------|-------------------------|-----------------------------|------------------|-----------------|---------------------------------|
| Kanya Rasi: 1.44 | Tithi 19 | Gulika 9:50AM - 11:14AM | Uttaraphalguni Until 9:16PM | Ganesha: Red | Sunrise: 7:04AM | Vasarasu 5:127 |
| | | Yama 7:04AM - 8:27AM | Sukarna Until 10:31PM | Muruga: White | Sunset: 6:11PM | Moon 2 - Phase 41 - 2 1st Phase |
| | Amrita Yoga | Rahu 2:00PM - 3:24PM | Bava Until 10:41AM | Nataraja: Orange | | |
| Until 9:16PM | | | Chaturthi* Until 10:52PM | Moon - Red | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | Magha-Thai | | |

3

Friday, February 6, 2026

Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Kishna Paksho Sukra Vasara Yuktayam
Hasta Nakshatra Dhriti Yoga Kadava/Tailila Karana Panchmayam Tilau

Abu Dhabi, AE
Sutra 298

| | | | | | | |
|----------------------------------|-------------|------------------------|------------------------|------------------|-----------------|---------------------------------|
| Kanya Rasi: 14.31 | Tithi 20 | Gulika 8:27AM - 9:50AM | Hasta Until 10:54PM | Ganesha: Green | Sunrise: 7:03AM | Vasarasu 5:127 |
| | | Yama 3:24PM - 4:48PM | Dhriti Until 10:07PM | Muruga: White | Sunset: 6:11PM | Moon 2 - Phase 41 - 3 1st Phase |
| Creative Work | Amrita Yoga | Rahu 11:14AM - 12:37PM | Kadava Until 11:18AM | Nataraja: Orange | | |
| Until 10:54PM | | | Panchami Until 11:51PM | Moon - Green | | Devalka Day |
| Then Creative Work - Siddha Yoga | | | | Magha-Thai | | |

4

Saturday, February 7, 2026

Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Kishna Paksho Mania Vasara Yuktayam
Chitra Nakshatra Shula* Yoga Gara/Vanija Karana Shashthiyam Tilau

Abu Dhabi, AE
Sutra 299

| | | | | | | |
|----------------------------------|-------------|------------------------|----------------------------|------------------|-----------------|---------------------------------|
| Kanya Rasi: 26.59 | Tithi 21 | Gulika 7:03AM - 8:26AM | Chitra Until 1:00AM Sun | Ganesha: White | Sunrise: 7:03AM | Vasarasu 5:127 |
| | | Yama 2:01PM - 3:25PM | Shula* Until 10:10PM | Muruga: White | Sunset: 6:12PM | Moon 2 - Phase 41 - 4 1st Phase |
| Routine Work | Marana Yoga | Rahu 9:50AM - 11:14AM | Gara Until 12:36PM | Nataraja: Orange | | |
| Until 1:00AM Sun | | | Shashthi* Until 1:28AM Sun | Moon - Green | | Devalka Day |
| Then Creative Work - Siddha Yoga | | | | Magha-Thai | | |

5

Sunday, February 8, 2026

Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Kishna Paksho Bhanu Vasara Yuktayam
Svati Nakshatra Ganda* Yoga Visi* Bava Karana Sapthmayam Tilau

Abu Dhabi, AE
Sutra 300

| | | | | | | |
|---------------------------------|-------------|------------------------|---------------------------|------------------|-----------------|---------------------------------|
| Tula Rasi: 9.11 | Tithi 22 | Gulika 3:25PM - 4:49PM | Svati Until 3:24AM Mon | Ganesha: White | Sunrise: 7:02AM | Vasarasu 5:127 |
| | | Yama 12:37PM - 2:01PM | Ganda* Until 10:38PM | Muruga: White | Sunset: 6:13PM | Moon 2 - Phase 41 - 5 1st Phase |
| Creative Work | Siddha Yoga | Rahu 4:49PM - 6:13PM | Visi Until 2:30PM | Nataraja: Orange | | |
| Until 3:24AM Mon | | | Sapthami Until 3:35AM Mon | Moon - Green | | Devalka Day |
| Then Routine Work - Marana Yoga | | | | Magha-Thai | | |

D

Monday, February 9, 2026

Retreat Star

Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Kishna Paksho Indu Vesara Yuktayam
Vishakha Nakshatra Viddhi Yoga Balava/Kadava Karana Ashtmayam Tilau

Abu Dhabi, AE
Sutra 301

| | | | | | | |
|----------------------------------|-------------|------------------------|---------------------------|------------------|-----------------|-------------------------------|
| Tula Rasi: 21.12 | Tithi 23 | Gulika 2:01PM - 3:25PM | Vishakha Until 6:25AM Tue | Ganesha: Clear | Sunrise: 7:02AM | Vasarasu 5:127 |
| | | Yama 11:13AM - 12:37PM | Viddhi Until 11:22PM | Muruga: White | Sunset: 6:13PM | Moon 2 - Phase 41 - 6 Ashtami |
| Family Home Evening | | Rahu 8:26AM - 9:50AM | Balava Until 4:47PM | Nataraja: Orange | | |
| Routine Work | Marana Yoga | | Ashtami* Until 5:59AM Tue | Moon - Orange | | Sivaloka Day |
| Until 6:25AM Tue | | | | Magha-Thai | | |
| Then Creative Work - Siddha Yoga | | | | | | |

Tuesday, February 10, 2026

Retreat Star

Vishvasu Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Kishna Paksho Mangala Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva Yoga Talila Karana Navamyam Tilau

Abu Dhabi, AE
Sutra 302

| | | | | | | |
|----------------------------------|-------------|-------------------------|--------------------------|------------------|-----------------|------------------------------|
| Mithchika Rasi: 3.07 | Tithi 24 | Gulika 12:37PM - 2:02PM | Vishakha Until 6:25AM | Ganesha: Clear | Sunrise: 7:01AM | Vasarasu 5:127 |
| | | Yama 9:49AM - 11:13AM | Dhruva Until 12:09AM Wed | Muruga: White | Sunset: 6:14PM | Moon 2 - Phase 41 - 7 Navami |
| Routine Work | Marana Yoga | Rahu 3:26PM - 4:50PM | Tailila Until 7:15PM | Nataraja: Orange | | |
| Until 6:25AM | | | Navami* Until 8:28AM Wed | Moon - Orange | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Magha-Thai | | |

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | |
|-------------------|---------------|-------------------------------------|------------------------------------|---|-----------------|-----------------------|---------------------|
| 1 | | Wednesday, February 11, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vyajhala* Yoga Gara/Vanija Karana Navami/Dashamam Titau | | Abu Dhabi, AE Sun 8 | Sutra 303 |
| Wisshika Rasi: 15 | Tithi 24 – 25 | Gulika 11:13AM – 12:37PM | Anuradha Until 9:20AM | Ganesh: Clear | Sunrise: 7:00AM | | Vasavasa 5127 |
| | | Yama 8:25AM – 9:49AM | Vyajhala* Until 12:55AM Thu | Muruga: White | Sunset: 6:19PM | Moon 2 - Phase 42 - 8 | 2nd Phase |
| Creative Work | Siddha Yoga | Rahu 12:37PM – 2:02PM | Vanija Until 9:42PM | Nataraja: Orange | | | |
| | | | Navami* Until 8:28AM | Moon - Orange | | | Sivaloka Day |
| | | | | Magha-Thai | | | |

| | | | | | | | |
|----------------------------------|--------------------|------------------------------------|----------------------------------|--|-----------------|-----------------------|---------------------|
| 2 | | Thursday, February 12, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Harshana Yoga Visi*/Bava Karana Dashami/Ekadashtam Titau | | Abu Dhabi, AE Sun 9 | Sutra 304 |
| Wisshika Rasi: 26.55 | Tithi 25 – 26 | Gulika 9:49AM – 11:13AM | Jyeshtha* Until 11:58AM | Ganesh: Clear | Sunrise: 7:00AM | | Vasavasa 5127 |
| | | Yama 7:00AM – 8:24AM | Harshana Until 1:32AM Fri | Muruga: White | Sunset: 6:19PM | Moon 2 - Phase 42 - 9 | 2nd Phase |
| Routine Work | Prabalarishta Yoga | Rahu 2:02PM – 3:26PM | Bava Until 11:56PM | Nataraja: Orange | | | |
| Until 11:58AM | | | Dashami Until 10:50AM | Moon - Orange | | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Magha-Thai | | | |

| | | | | | | | |
|--|---------------|----------------------------------|---------------------------------|--|-----------------|------------------------|--------------------|
| 3 | | Friday, February 13, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dwadasham Titau | | Abu Dhabi, AE Sun 10 | Sutra 305 |
| Dhanus Rasi: 8.57 | Tithi 26 – 27 | Gulika 8:24AM – 9:48AM | Mula* Until 2:39PM | Ganesh: Purple | Sunrise: 6:59AM | | Vasavasa 5127 |
| | | Yama 7:00AM – 8:24AM | Vajra* Until 1:49AM Sat | Muruga: White | Sunset: 6:19PM | Moon 2 - Phase 42 - 10 | 2nd Phase |
| Creative Work | Amrita Yoga | Rahu 11:13AM – 12:37PM | Kaulava Until 1:47AM Sat | Nataraja: Orange | | | |
| Until 2:39PM | | | Ekadashi* Until 12:54PM | Moon - Light Blue | | | Devalka Day |
| Then Routine Work - Prabalarishta Yoga | | | | Magha-Masi | | | |

| | | | | | | | |
|---------------------------------|---------------|------------------------------------|----------------------------------|---|-----------------|------------------------|---------------------|
| 4 | | Saturday, February 14, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Manu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Talita/Gara Karana Dvadashi/Trayodasham Titau | | Abu Dhabi, AE Sun 11 | Sutra 306 |
| Dhanus Rasi: 21.08 | Tithi 27 – 28 | Gulika 6:59AM – 8:23AM | Purvashadha* Until 4:43PM | Ganesh: Clear | Sunrise: 6:59AM | | Vasavasa 5127 |
| | | Yama 2:02PM – 3:27PM | Siddhi Until 1:45AM Sun | Muruga: White | Sunset: 6:19PM | Moon 2 - Phase 42 - 11 | 2nd Phase |
| Creative Work | Siddha Yoga | Rahu 9:48AM – 11:13AM | Gara Until 3:08AM Sun | Nataraja: Orange | | | |
| Until 4:43PM | | | Dvadashi* Until 2:30PM | Moon - Light Blue | | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | Magha-Masi | | | |
| | | | | Pradosha Vata (Fasting) | | | |

| | | | | | | | |
|-------------------|---------------|----------------------------------|-----------------------------------|--|-----------------|------------------------|---------------------|
| 5 | | Sunday, February 15, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Bharu Vasara Yuktayam Uttarashadha Nakshatra Vyajhala* Yoga Vanija/Visi* Karana Trayodashi/Chaturdasham Titau | | Abu Dhabi, AE Sun 12 | Sutra 307 |
| Makara Rasi: 3.32 | Tithi 28 – 29 | Gulika 3:27PM – 4:52PM | Uttarashadha Until 6:08PM | Ganesh: Clear | Sunrise: 6:58AM | | Vasavasa 5127 |
| | | Yama 12:37PM – 2:02PM | Vyajhala* Until 1:16AM Mon | Muruga: White | Sunset: 6:19PM | Moon 2 - Phase 42 - 12 | 2nd Phase |
| Creative Work | Amrita Yoga | Rahu 4:52PM – 6:17PM | Visi Until 3:56AM Mon | Nataraja: Orange | | | |
| Until 7:18PM | | | Trayodashi* Until 3:35PM | Moon - Light Blue | | | Sivaloka Day |
| | | | | Magha-Masi | | | |

| | | | | | | | |
|----------------------------------|---------------|----------------------------------|-----------------------------------|---|-----------------|------------------------|---------------------|
| 6 | | Monday, February 16, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Indu Vasara Yuktayam Shravana Nakshatra Varjan Yoga Sakuni/Caluspada* Karana Chaturdashi/Amavasyayam Titau | | Abu Dhabi, AE Sun 13 | Sutra 308 |
| Makara Rasi: 16.12 | Tithi 29 – 30 | Gulika 2:02PM – 3:28PM | Shravana Until 7:18PM | Ganesh: Orange | Sunrise: 6:57AM | | Vasavasa 5127 |
| Family Home Evening | | Yama 11:12AM – 12:37PM | Varjan Until 12:19AM Tue | Muruga: White | Sunset: 6:19PM | Moon 2 - Phase 42 - 13 | 2nd Phase |
| Creative Work | Amrita Yoga | Rahu 8:22AM – 9:47AM | Caluspada Until 4:09AM Tue | Nataraja: Orange | | | |
| Until 7:18PM | | | Chaturdashi* Until 4:06PM | Moon - Purple | | | Sivaloka Day |
| Then Creative Work - Siddha Yoga | | | | Magha-Masi | | | |

| | | | | | | | |
|---------------------------------|--------------|-----------------------------------|-----------------------------------|--|-----------------|------------------------|---------------------|
| ● | | Tuesday, February 17, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigaha* Yoga Niaga*/Kintughna* Karana Amavasya/Prathamayam Titau | | Abu Dhabi, AE Sun 14 | Sutra 309 |
| Retreat Star | | Gulika 12:37PM – 2:03PM | Dhanishtha Until 7:46PM | Ganesh: Orange | Sunrise: 6:57AM | | Vasavasa 5127 |
| Makara Rasi: 29.07 | Tithi 30 – 1 | Yama 9:47AM – 11:12AM | Parigaha* Until 10:58PM | Muruga: White | Sunset: 6:19PM | Moon 2 - Phase 42 - 14 | Amavasya |
| Creative Work | Siddha Yoga | Rahu 3:28PM – 4:53PM | Kintughna Until 3:50AM Wed | Nataraja: Orange | | | |
| Until 7:46PM | | | Amavasya* Until 4:02PM | Moon - Purple | | | Sivaloka Day |
| Then Routine Work - Marana Yoga | | | | Magha-Masi | | | |

| | | | | | | | |
|----------------------------------|-------------|-------------------------------------|----------------------------------|--|-----------------|------------------------|---------------------|
| ● | | Wednesday, February 18, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Shalabhishak Nakshatra Shiva Yoga Bava/Balava Karana Prathama/Dvityayam Titau | | Abu Dhabi, AE Sun 15 | Sutra 310 |
| Retreat Star | | Gulika 11:12AM – 12:37PM | Shalabhishak Until 7:36PM | Ganesh: Orange | Sunrise: 6:56AM | | Vasavasa 5127 |
| Kumbha Rasi: 12.19 | Tithi 1 – 2 | Yama 8:21AM – 9:47AM | Shiva Until 9:14PM | Muruga: White | Sunset: 6:19PM | Moon 2 - Phase 42 - 15 | Prathama |
| Creative Work | Siddha Yoga | Rahu 12:37PM – 2:03PM | Balava Until 3:02AM Thu | Nataraja: Orange | | | |
| Until 7:36PM | | | Prathama* Until 3:28PM | Moon - Purple | | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | | Phalgun-Masi | | | |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | |
|--------------------|-------------|------------------------------------|------------------|--|------------------|---------------------------|
| 1 | | Thursday, February 19, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yukhtayam | | Abu Dhabi, AE |
| Kumbha Rasi: 25.46 | | Tilthi 2 - 3 | | Puravproshthapada* Nakshatra Siddha Yoga Kaulava/Taila Karana Dvitiya/Tritiyayam Tilau | | Sun 16 Sutra 311 |
| Creative Work | Siddha Yoga | Gulika | 9:46AM - 11:12AM | Puravproshthapada* Until 7:19PM | Ganesha: Green | Sunrise: 6:55AM |
| | | Yama | 6:55AM - 8:21AM | Siddha Until 7:09PM | Muruga: White | Sunset: 6:19PM |
| | | Rahu | 2:03PM - 3:28PM | Taila Until 1:50AM Fri | Nataraja: Orange | Moon 2 - Phase 43 - 16 |
| | | | | Dvitiya Until 2:28PM | Moon - Clear | 3rd Phase |
| | | | | | Phalgunu-Masi | Subha Sivaloka Day |

| | | | | | | |
|------------------|-------------|----------------------------------|-------------------|---|------------------|---------------------------|
| 2 | | Friday, February 20, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sutra Vasara Yukhtayam | | Abu Dhabi, AE |
| Mesha Rasi: 9.26 | | Tilthi 3 - 4 | | Uttaraproshtapada Nakshatra Sadhya/Subha Yoga Gara/Varija Karana Tritiya/Chaturthiyam Tilau | | Sun 17 Sutra 312 |
| Creative Work | Siddha Yoga | Gulika | 8:20AM - 9:46AM | Uttaraproshtapada Until 6:33PM | Ganesha: Green | Sunrise: 6:54AM |
| | | Yama | 3:29PM - 4:54PM | Sadya Until 4:49PM | Muruga: White | Sunset: 6:20PM |
| | | Rahu | 11:11AM - 12:37PM | Varija Until 12:20AM Sat | Nataraja: Orange | Moon 2 - Phase 43 - 17 |
| | | | | Tritiya Until 1:06PM | Moon - Clear | 3rd Phase |
| | | | | | Phalgunu-Masi | Subha Sivaloka Day |

| | | | | | | |
|----------------------------------|--------------------|------------------------------------|------------------|---|------------------|------------------------|
| 3 | | Saturday, February 21, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mania Vasara Yukhtayam | | Abu Dhabi, AE |
| Mesha Rasi: 23.17 | | Tilthi 4 - 5 | | Revati/Ashvini Nakshatra Sukla Sukla Yoga Visi*/Bava Karana Chaturthi/Panchamyam Tilau | | Sun 18 Sutra 313 |
| Routine Work | Prabalarishta Yoga | Gulika | 6:54AM - 8:19AM | Revati Until 5:24PM | Ganesha: Red | Sunrise: 6:54AM |
| | | Yama | 2:03PM - 3:29PM | Subha Until 2:17PM | Muruga: White | Sunset: 6:21PM |
| | | Rahu | 9:45AM - 11:11AM | Bava Until 10:35PM | Nataraja: Orange | Moon 2 - Phase 43 - 18 |
| Then Creative Work - Siddha Yoga | | | | Chaturthi* Until 11:27AM | Moon - Clear | 3rd Phase |
| | | | | | Phalgunu-Masi | Sivaloka Day |
| | | | | Subramuniyaswami Siva Vision Day | | |

| | | | | | | |
|--|-------------|----------------------------------|------------------|---|------------------|------------------------|
| 4 | | Sunday, February 22, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yukhtayam | | Abu Dhabi, AE |
| Mesha Rasi: 7.16 | | Tilthi 5 - 6 | | Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Panchami/Skashthiyam Tilau | | Sun 19 Sutra 314 |
| Creative Work | Siddha Yoga | Gulika | 3:29PM - 4:55PM | Ashvini Until 4:21PM | Ganesha: Blue | Sunrise: 6:53AM |
| | | Yama | 12:37PM - 2:03PM | Sukla Until 11:34AM | Muruga: White | Sunset: 6:21PM |
| | | Rahu | 4:55PM - 6:21PM | Kaulava Until 8:39PM | Nataraja: Orange | Moon 2 - Phase 43 - 19 |
| Then Routine Work - Prabalarishta Yoga | | | | Panchami Until 9:37AM | Moon - White | 3rd Phase |
| | | | | | Phalgunu-Masi | Devaloka Day |

| | | | | | | |
|---------------------------------|-------------|----------------------------------|-------------------|--|------------------|------------------------|
| 5 | | Monday, February 23, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yukhtayam | | Abu Dhabi, AE |
| Mesha Rasi: 21.2 | | Tilthi 6 - 7 | | Bharani/Krittika Nakshatra Brahma/Indra Yoga Taila/Gara Karana Shashthi/Saptamyam Tilau | | Sun 20 Sutra 315 |
| Family Home Evening | Siddha Yoga | Gulika | 2:03PM - 3:29PM | Bharani Until 3:01PM | Ganesha: Blue | Sunrise: 6:52AM |
| | | Yama | 11:11AM - 12:37PM | Brahma Until 8:45AM | Muruga: White | Sunset: 6:22PM |
| | | Rahu | 8:18AM - 9:44AM | Gara Until 6:37PM | Nataraja: Orange | Moon 2 - Phase 43 - 20 |
| Then Routine Work - Marana Yoga | | | | Shashthi* Until 7:38AM | Moon - White | 3rd Phase |
| | | | | | Phalgunu-Masi | Devaloka Day |

| | | | | | | |
|----------------------------------|-------------|-----------------------------------|------------------|---|------------------|------------------------|
| Retreat Star | | Tuesday, February 24, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yukhtayam | | Abu Dhabi, AE |
| Wishabha Rasi: 5.29 | | Tilthi 8 | | Krittika/Rohini Nakshatra Vaidhriti* Yoga Visi*/Bava Karana Ashtamyam Tilau | | Sun 21 Sutra 316 |
| Creative Work | Siddha Yoga | Gulika | 12:37PM - 2:03PM | Krittika Until 1:29PM | Ganesha: Blue | Sunrise: 6:51AM |
| | | Yama | 9:44AM - 11:10AM | Vaidhriti* Until 2:57AM Wed | Muruga: White | Sunset: 6:22PM |
| | | Rahu | 3:29PM - 4:55PM | Visi Until 4:31PM | Nataraja: Orange | Moon 2 - Phase 43 - 21 |
| Then Creative Work - Amrita Yoga | | | | Ashlami* Until 3:25AM Wed | Moon - White | Ashtami |
| | | | | | Phalgunu-Masi | Devaloka Day |

| | | | | | | |
|---------------------|-------------|-------------------------------------|-------------------|---|------------------|---------------------------|
| Retreat Star | | Wednesday, February 25, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yukhtayam | | Abu Dhabi, AE |
| Wishabha Rasi: 19.4 | | Tilthi 9 | | Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Tilau | | Sun 22 Sutra 317 |
| Creative Work | Siddha Yoga | Gulika | 11:10AM - 12:37PM | Rohini Until 12:12PM | Ganesha: Blue | Sunrise: 6:50AM |
| | | Yama | 8:17AM - 9:44AM | Vishkambha* Until 12:02AM Thu | Muruga: White | Sunset: 6:23PM |
| | | Rahu | 12:37PM - 2:03PM | Balava Until 2:22PM | Nataraja: Orange | Moon 2 - Phase 43 - 22 |
| | | | | Navami* Until 1:17AM Thu | Moon - Yellow | Navami |
| | | | | | Phalgunu-Masi | Subha Sivaloka Day |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | | |
|-------------------|--|------------------------------------|-------------------------|--|------------------|-----------------|------------------------|--------------------|
| 1 | | Thursday, February 26, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yukayam | | | | Abu Dhabi, AE |
| Mithuna Rasi: 3:5 | | Tithi 10 | Gulika 9:43AM - 11:10AM | Mrigashira Until 10:46AM | Ganesh: Blue | Sunrise: 6:50AM | Sun 23 | Sutra 318 |
| Routine Work | | Marana Yoga | Yama 6:50AM - 8:16AM | Prili Until 9:08PM | Muruga: White | Sunset: 6:29PM | Moon 2 - Phase 44 - 23 | Vasavasu 5127 |
| | | | Rahu 2:03PM - 3:30PM | Taitilla Until 12:15PM | Nataraja: Orange | | 4th Phase | |
| | | | | Dashami Until 11:11PM | Moon - Yellow | | | Subha Sivaloka Day |
| | | | | | Phalgun-Masi | | | |

| | | | | | | | | |
|---------------------|--|----------------------------------|------------------------|---|------------------|-----------------|------------------------|---------------|
| 2 | | Friday, February 27, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yukayam | | | | Abu Dhabi, AE |
| Mithuna Rasi: 17:59 | | Tithi 11 | Gulika 8:16AM - 9:43AM | Ardra Until 9:16AM | Ganesh: Yellow | Sunrise: 6:49AM | Sun 24 | Sutra 319 |
| Creative Work | | Siddha Yoga | Yama 3:30PM - 4:57PM | Ayushman Until 6:17PM | Muruga: White | Sunset: 6:29PM | Moon 2 - Phase 44 - 24 | Vasavasu 5127 |
| | | | Rahu 11:09AM - 12:36PM | Vanija Until 10:10AM | Nataraja: Orange | | 4th Phase | |
| | | | | Ekadashi Until 9:10PM | Moon - Yellow | | | Sivaloka Day |
| | | | | | Phalgun-Masi | | | |

| | | | | | | | | |
|------------------|--|------------------------------------|------------------------|--|------------------|-----------------|------------------------|---------------|
| 3 | | Saturday, February 28, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manita Vasara Yukayam | | | | Abu Dhabi, AE |
| Kalka Rasi: 2:04 | | Tithi 12 | Gulika 6:48AM - 8:15AM | Punarvasu Until 8:09AM | Ganesh: White | Sunrise: 6:48AM | Sun 25 | Sutra 320 |
| Creative Work | | Siddha Yoga | Yama 2:03PM - 3:30PM | Saubhagya Until 3:35PM | Muruga: White | Sunset: 6:29PM | Moon 2 - Phase 44 - 25 | Vasavasu 5127 |
| | | | Rahu 9:42AM - 11:09AM | Bava Until 8:14AM | Nataraja: Orange | | 4th Phase | |
| | | | | Dwadashi Until 7:19PM | Moon - Blue | | | Devaloka Day |
| | | | | | Phalgun-Masi | | | |

| | | | | | | | | |
|-------------------|--|------------------------------|------------------------|---|------------------|-----------------|------------------------|---------------|
| 4 | | Sunday, March 1, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bharu Vasara Yukayam | | | | Abu Dhabi, AE |
| Kalka Rasi: 16:01 | | TITHI 13 - 14 | Gulika 3:31PM - 4:58PM | Pushya Until 7:07AM | Ganesh: White | Sunrise: 6:46AM | Sun 26 | Sutra 321 |
| Creative Work | | Siddha Yoga | Yama 12:36PM - 2:03PM | Sobhana Until 1:04PM | Muruga: White | Sunset: 6:29PM | Moon 2 - Phase 44 - 26 | Vasavasu 5127 |
| | | | Rahu 4:58PM - 6:25PM | Kaulava Until 6:29AM | Nataraja: Orange | | 4th Phase | |
| | | | | Trayodashi Until 5:42PM | Moon - Blue | | | Devaloka Day |
| | | | | | Phalgun-Masi | | | |

Pradosha Vata

| | | | | | | | | |
|---------------------------------|--|------------------------------|------------------------|--|------------------|-----------------|------------------------|---------------|
| 5 | | Monday, March 2, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yukayam | | | | Abu Dhabi, AE |
| Kalka Rasi: 29:47 | | TITHI 14 - 15 | Gulika 2:03PM - 3:31PM | Ashlesha* Until 6:13AM | Ganesh: White | Sunrise: 6:45AM | Sun 27 | Sutra 322 |
| Family Home Evening | | | Yama 11:08AM - 12:36PM | Ahiganda* Until 10:48AM | Muruga: White | Sunset: 6:29PM | Moon 2 - Phase 44 - 27 | Vasavasu 5127 |
| Creative Work | | Siddha Yoga | Rahu 8:13AM - 9:40AM | Visiti Until 3:59AM Tue | Nataraja: Orange | | 4th Phase | |
| Until 6:13AM | | | | Chaturdashi* Until 4:27PM | Moon - Blue | | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | Chidambaram Abhishekam | | Phalgun-Masi | | | |

| | | | | | | | | |
|----------------------------------|--|-------------------------------|-------------------------|---|------------------|-----------------|------------------------|---------------|
| ○ | | Tuesday, March 3, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yukayam | | | | Abu Dhabi, AE |
| Copper Retreat Star | | | Gulika 12:35PM - 2:03PM | Purvaphalguni Until 6:06AM Wed | Ganesh: Clear | Sunrise: 6:44AM | Sun 28 | Sutra 323 |
| Simha Rasi: 13:19 | | TITHI 15 - 16 | Yama 9:40AM - 11:08AM | Sukarma Until 8:52AM | Muruga: White | Sunset: 6:29PM | Moon 2 - Phase 44 - 28 | Vasavasu 5127 |
| Creative Work | | Siddha Yoga | Rahu 3:31PM - 4:59PM | Balava Until 3:25AM Wed | Nataraja: Orange | | 4th Phase | Purnima |
| Until 6:06AM Wed | | | | Purnima* Until 3:37PM | Moon - Red | | | Sivaloka Day |
| Then Creative Work - Amrita Yoga | | | Holi | | Phalgun-Masi | | | |

| | | | | | | | | |
|---------------------------------|--|---|--------------------------|----------------------------|------------------|-----------------|------------------------|---------------|
| Wednesday, March 4, 2026 | | Viswasa Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yukayam | | | | Abu Dhabi, AE | | |
| Silver Retreat Star | | | Gulika 11:07AM - 12:35PM | Purvaphalguni Until 6:06AM | Ganesh: Clear | Sunrise: 6:43AM | Sun 29 | Sutra 324 |
| Simha Rasi: 26:36 | | TITHI 16 - 17 | Yama 8:11AM - 9:39AM | Dhriti Until 7:20AM | Muruga: White | Sunset: 6:27PM | Moon 2 - Phase 44 - 29 | Vasavasu 5127 |
| Creative Work | | Amrita Yoga | Rahu 12:35PM - 2:03PM | Taitilla Until 3:23AM Thu | Nataraja: Orange | | 4th Phase | Prathama |
| | | | | Prathama* Until 3:18PM | Moon - Red | | | Sivaloka Day |
| | | | | | Phalgun-Masi | | | |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajās is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

**Thursday, March 5, 2026****Gold Retreat Star**

Kanya Rasi: 9.35 Tithi 17 - 18
Amrita Yoga
159648577 Rahu

Visvasu Nama Samvatsare Uparayane Moksha Ritau Kumbha Mase Krishna Pakche Gura Vasara Yuktayam
Ultraphalguni Hasta Nakshatra Shula/Ganda/ Yoga Gara/Vanija Karana Dvitiya/Panchangam Tilau

Gulika 9:39AM - 11:07AM
Yama 6:43AM - 8:11AM
Rahu 2:03PM - 3:31PM

Ultraphalguni Until 6:36AM
Shula* Until 6:12AM
Vanija Until 3:56AM Fri
Dvitiya Until 3:34PM

Ganesha: Clear
Muruga: White
Nataraja: Orange
Moon - Red
Phalgun-Masi

Abu Dhabi, AE Sun 1
Sutra 325
Visvasu 5:17
Moon 3 - Phase 45 - 1
1st Phase

Sivaloka Day

Until 6:36AM
Then Routine Work - Marana Yoga

Friday, March 6, 2026

1
Kanya Rasi: 22.17 Tithi 18 - 19
Amrita Yoga
169648577 Rahu

Visvasu Nama Samvatsare Uparayane Moksha Ritau Kumbha Mase Krishna Pakche Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Vidhi Yoga Visi*/Bava Karana Tritiya/Chaturtham Tilau

Gulika 8:10AM - 9:38AM
Yama 3:31PM - 4:59PM
Rahu 11:06AM - 12:35PM

Hasla Until 7:59AM
Vidhi Until 5:22AM Sat
Bava Until 5:05AM Sat
Tritiya Until 4:25PM

Ganesha: White
Muruga: White
Nataraja: Orange
Moon - Green
Phalgun-Masi

Abu Dhabi, AE Sun 2
Sutra 326
Visvasu 5:17
Moon 3 - Phase 45 - 2
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 7:59AM
Then Creative Work - Siddha Yoga

Saturday, March 7, 2026

2
Tula Rasi: 4.43 Tithi 19 - 20
Marana Yoga
161658577 Rahu

Visvasu Nama Samvatsare Uparayane Moksha Ritau Kumbha Mase Krishna Pakche Marta Vasara Yuktayam
Chitra/Svali Nakshatra Dhruva Yoga Balava/Kaulava Karana Chalurthi/Panchangam Tilau

Gulika 6:41AM - 8:09AM
Yama 2:03PM - 3:31PM
Rahu 9:38AM - 11:06AM

Chitra Until 9:46AM
Dhruva Until 5:33AM Sun
Kaulava Until 6:45AM Sun
Chalurthi* Until 5:50PM

Ganesha: Purple
Muruga: Clear
Nataraja: Orange
Moon - Green
Phalgun-Masi

Abu Dhabi, AE Sun 3
Sutra 327
Visvasu 5:17
Moon 3 - Phase 45 - 3
1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Routine Work Marana Yoga
Until 9:46AM
Then Creative Work - Siddha Yoga

Sunday, March 8, 2026

3
Tula Rasi: 16.56 Tithi 20
Siddha Yoga
161658577 Rahu

Visvasu Nama Samvatsare Uparayane Moksha Ritau Kumbha Mase Krishna Pakche Bhanu Vasara Yuktayam
Svali/Wishakha Nakshatra Vyaghala*/Yoga Kaulava/Taila Karana Panchangam Tilau

Gulika 3:31PM - 5:00PM
Yama 12:34PM - 2:03PM
Rahu 5:00PM - 6:29PM

Svali Until 11:52AM
Vyaghala* Until 6:01AM Mon
Kaulava Until 6:45AM
Panchami Until 7:44PM

Ganesha: Purple
Muruga: Clear
Nataraja: Orange
Moon - Green
Phalgun-Masi

Abu Dhabi, AE Sun 4
Sutra 328
Visvasu 5:17
Moon 3 - Phase 45 - 4
1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Until 11:52AM
Then Routine Work - Marana Yoga

Monday, March 9, 2026

4
Tula Rasi: 28.59 Tithi 21
Family Home Evening
171658577 Rahu

Visvasu Nama Samvatsare Uparayane Moksha Ritau Kumbha Mase Krishna Pakche Indu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghala*/Harshana Yoga Gara/Vanija Karana Shashthiyam Tilau

Gulika 2:03PM - 3:32PM
Yama 11:05AM - 12:34PM
Rahu 8:08AM - 9:36AM

Vishakha Until 2:41PM
Vyaghala* Until 6:01AM
Gara Until 8:50AM
Shashthi* Until 9:58PM

Ganesha: Clear
Muruga: Clear
Nataraja: Orange
Moon - Orange
Phalgun-Masi

Abu Dhabi, AE Sun 5
Sutra 329
Visvasu 5:17
Moon 3 - Phase 45 - 5
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 2:41PM
Then Creative Work - Siddha Yoga

Tuesday, March 10, 2026

5
Wishika Rasi: 10.56 Tithi 22
Siddha Yoga
171658577 Rahu

Visvasu Nama Samvatsare Uparayane Moksha Ritau Kumbha Mase Krishna Pakche Mangala Vasara Yuktayam
Anuradha/Jyeshtha Nakshatra Harshana/Vajra* Yoga Visi*/Bava Karana Saptham Yam Tilau

Gulika 12:34PM - 2:03PM
Yama 9:36AM - 11:05AM
Rahu 3:32PM - 5:01PM

Anuradha Until 5:32PM
Harshana Until 6:49AM
Visi Until 11:11AM
Sapthami Until 12:23AM Wed

Ganesha: Clear
Muruga: Clear
Nataraja: Orange
Moon - Orange
Phalgun-Masi

Abu Dhabi, AE Sun 6
Sutra 330
Visvasu 5:17
Moon 3 - Phase 45 - 6
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 5:32PM
Then Routine Work - Marana Yoga

Wednesday, March 11, 2026**Retreat Star**

Wishika Rasi: 22.5 Tithi 23
Siddha Yoga
171658677 Rahu

Visvasu Nama Samvatsare Uparayane Moksha Ritau Kumbha Mase Krishna Pakche Budha Vasara Yuktayam
Jyeshtha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ashtam Yam Tilau

Gulika 11:04AM - 12:33PM
Yama 8:06AM - 9:35AM
Rahu 12:33PM - 2:03PM

Jyeshtha* Until 8:15PM
Vajra* Until 7:37AM
Balava Until 1:37PM
Ashtami* Until 2:46AM Thu

Ganesha: Clear
Muruga: White
Nataraja: Light Blue
Moon - Orange
Phalgun-Masi

Abu Dhabi, AE Sun 7
Sutra 331
Visvasu 5:17
Moon 3 - Phase 45 - 7
Ashtami

Bhuloka Day

Devaloka Time: 6AM to 9AM

Creative Work Siddha Yoga
Until 8:15PM
Then Routine Work - Marana Yoga

Thursday, March 12, 2026**Retreat Star**

Dhanu Rasi: 4.45 Tithi 24
Siddha Yoga
181658677 Rahu

Visvasu Nama Samvatsare Uparayane Moksha Ritau Kumbha Mase Krishna Pakche Gura Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyalyapala*/Yoga Taila/Gara Karana Navam Yam Tilau

Gulika 9:35AM - 11:04AM
Yama 6:36AM - 8:05AM
Rahu 2:03PM - 3:32PM

Mula* Until 11:08PM
Siddhi Until 8:22AM
Taila Until 3:55PM
Navam* Until 4:56AM Fri

Ganesha: White
Muruga: White
Nataraja: Light Blue
Moon - Light Blue
Phalgun-Masi

Abu Dhabi, AE Sun 8
Sutra 332
Visvasu 5:17
Moon 3 - Phase 45 - 8
Navami

Bhuloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | | |
|---|---------------|---|---|--|---|---|--------------------------|
| 1 Friday, March 13, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Kumbha Mase Krishna Pakshi: Sukra Vasara Yuktayam Puravashada* Nakshatra Vysjipata*Varjyan Yoga Vanja/Visi* Karana Dashnyam Titau | | | | Abu Dhabi, AE Sun 9 | Sutra 333 Vasava 5127 |
| Dhanus Rasi: 16.46 | Tithi 25 | Gulika 8:04AM - 9:34AM Yama 3:32PM - 5:01PM 181658677 Rahu 11:03AM - 12:33PM | Purvashada* Until 1:29AM Sat Vyajipata* Until 8:56AM Vanija Until 5:53PM Dashami Until 6:39AM Sat | Ganesha: White Muruga: White Nataraja: Light Blue Moon - Light Blue Phalguna-Masi | Sunrise: 6:25AM Sunset: 6:31PM | Moon 3 - Phase 46 - 9 2nd Phase | |
| Routine Work Prabalashita Yoga Until 1:29AM Sat Then Routine Work - Marana Yoga | | | | | | Bhuloka Day | |
| 2 Saturday, March 14, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Maria Vasara Yuktayam Uttarashada Nakshatra Varjyan Parigaha* Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau | | | | Abu Dhabi, AE Sun 10 | Sutra 334 Vasava 5127 |
| Dhanus Rasi: 28.58 | Tithi 25 - 26 | Gulika 6:34AM - 8:04AM Yama 2:02PM - 3:32PM 181658677 Rahu 9:33AM - 11:03AM | Uttarashada Until 3:08AM Sun Varjyan Until 9:08AM Bava Until 7:19PM Dashami Until 6:39AM | Ganesha: White Muruga: White Nataraja: Light Blue Moon - Light Blue Phalguna-Panguni | Sunrise: 6:34AM Sunset: 6:31PM | Moon 3 - Phase 46 - 10 2nd Phase | |
| Routine Work Marana Yoga Until 3:08AM Sun Then Creative Work - Amrita Yoga | | Karadayam Nombu (Tamil Nadu) | | | | Bhuloka Day | |
| 3 Sunday, March 15, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Bharu Vasara Yuktayam Shravana Nakshatra Parigaha*/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau | | | | Abu Dhabi, AE Sun 11 | Sutra 335 Vasava 5127 |
| Makara Rasi: 11.25 | Tithi 26 - 27 | Gulika 3:32PM - 5:02PM Yama 12:32PM - 2:02PM 191658678 Rahu 5:02PM - 6:32PM | Shravana Until 4:27AM Mon Parigaha* Until 8:53AM Kaulava Until 8:07PM Ekadashi* Until 7:47AM | Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Purple Phalguna-Panguni | Sunrise: 6:33AM Sunset: 6:29PM | Moon 3 - Phase 46 - 11 2nd Phase | |
| Creative Work Amrita Yoga Until 4:27AM Mon Then Creative Work - Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 6AM to 9AM | |
| 4 Monday, March 16, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Indu Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau | | | | Abu Dhabi, AE Sun 12 | Sutra 336 Vasava 5127 |
| Makara Rasi: 24.1 | Tithi 27 - 28 | Gulika 2:02PM - 3:32PM Yama 11:02AM - 12:32PM 191658678 Rahu 8:02AM - 9:32AM | Dhanishtha Until 4:54AM Tue Shiva Until 8:07AM Gara Until 8:12PM Dvadashi* Until 8:14AM | Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Purple Phalguna-Panguni | Sunrise: 6:22AM Sunset: 6:29PM | Moon 3 - Phase 46 - 12 2nd Phase | |
| Creative Work Siddha Yoga Until 4:54AM Tue Then Routine Work - Marana Yoga | | Pradosha Vata (Fasting) | | | | Bhuloka Day Devaloka Time: 6AM to 9AM | |
| 5 Tuesday, March 17, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Titau | | | | Abu Dhabi, AE Sun 13 | Sutra 337 Vasava 5127 |
| Kumbha Rasi: 7.16 | Tithi 28 - 29 | Gulika 12:32PM - 2:02PM Yama 9:31AM - 11:02AM 191658678 Rahu 3:32PM - 5:02PM | Shatabhishak Until 4:31AM Wed Siddha Until 6:45AM Visi Until 7:33PM Trayodashi* Until 7:57AM | Ganesha: Yellow Muruga: White Nataraja: Purple Moon - Purple Phalguna-Panguni | Sunrise: 6:31AM Sunset: 6:28PM | Moon 3 - Phase 46 - 13 2nd Phase | |
| Routine Work Marana Yoga Until 4:31AM Wed Then Creative Work - Amrita Yoga | | | | | | Bhuloka Day Devaloka Time: 6AM to 9AM | |
| Wednesday, March 18, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Pakshi: Budha Vasara Yuktayam Purvashrothapada* Nakshatra Subha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyam Titau | | | | Abu Dhabi, AE Sun 14 | Sutra 338 Vasava 5127 |
| Retreat Star | | Gulika 11:01AM - 12:32PM Yama 8:00AM - 9:31AM 112658678 Rahu 12:32PM - 2:02PM | Purvashrothapada* Until 3:51AM Thu Subha Until 2:31AM Thu Catuspada Until 6:17PM Chaturdashi* Until 6:58AM | Ganesha: Red Muruga: White Nataraja: Purple Moon - Clear Phalguna-Panguni | Sunrise: 6:30AM Sunset: 6:28PM | Moon 3 - Phase 46 - 14 Amavasya | |
| Creative Work Amrita Yoga Until 3:51AM Thu Then Creative Work - Siddha Yoga | | | | | | Bhuloka Day Devaloka Time: 9AM to 12:PM | |
| Thursday, March 19, 2026 | | Viswasa Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Pakshi: Guru Vasara Yuktayam Uttarashrothapada Nakshatra Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau | | | | Abu Dhabi, AE Sun 15 | Sutra 339 Vasava 5127 |
| Retreat Star | | Gulika 9:30AM - 11:01AM Yama 6:29AM - 8:00AM 112658678 Rahu 2:02PM - 3:32PM | Uttarashrothapada Until 2:33AM Fri Sukla Until 11:44PM Kintughna Until 4:27PM Prathama* Until 3:22AM Fri | Ganesha: Red Muruga: White Nataraja: Purple Moon - Clear Chaitra-Panguni | Sunrise: 6:29AM Sunset: 6:28PM | Moon 3 - Phase 46 - 15 Prathama | |
| Meena Rasi: 4.34 Tithi 1 Creative Work Siddha Yoga | | Yugadi | | | | Bhuloka Day Devaloka Time: 9AM to 12:PM | |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | | |
|---------------------------------|--------|---|----------------------------------|------------------|-----------------|----------------------------|
| 1 Friday, March 20, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Sukra Vasara Yuktayam | | | | Abu Dhabi, AE |
| Meena Rasi: 18.42 Tithi 2 | | Revati Nakshatra Brahma Yoga Balava/Kaulava Karana Dvityayam Tilau | | | | Sun 16 Sutra 340 |
| Creative Work Siddha Yoga | Gulika | 7:59AM - 9:29AM | Revati Until 12:46AM Sat | Ganesh: Red | Sunrise: 6:28AM | Vasarasu 5127 |
| | Yama | 3:32PM - 5:03PM | Brahma Until 8:41PM | Muruga: White | Sunset: 6:34PM | Moon 3 - Phase 47 - 16 |
| | Rahu | 11:00AM - 12:31PM | Balava Until 2:14PM | Nataraja: Purple | | 3rd Phase |
| | | | Dvitiya Until 12:59AM Sat | Moon - Clear | | |
| | | | | Chaitra-Panguni | | Bhuloka Day |
| | | | | | | Devaloka Time: 9AM to 12PM |

| | | | | | | |
|-----------------------------------|--------|--|------------------------------|------------------|-----------------|----------------------------|
| 2 Saturday, March 21, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Manu Vasara Yuktayam | | | | Abu Dhabi, AE |
| Meena Rasi: 3.02 Tithi 3 | | Ashvini Nakshatra Andra/Vaidhiti* Yoga Talila/Gara Karana Trityayam Tilau | | | | Sun 17 Sutra 341 |
| Creative Work Siddha Yoga | Gulika | 6:27AM - 7:58AM | Ashvini Until 11:04PM | Ganesh: Yellow | Sunrise: 6:27AM | Vasarasu 5127 |
| | Yama | 2:02PM - 3:32PM | Indra Until 5:27PM | Muruga: White | Sunset: 6:34PM | Moon 3 - Phase 47 - 17 |
| | Rahu | 9:29AM - 11:00AM | Talila Until 11:44AM | Nataraja: Purple | | 3rd Phase |
| | | | Tritiya Until 10:24PM | Moon - White | | |
| | | Chellappaswami Mahasamadi | | Chaitra-Panguni | | Bhuloka Day |
| | | | | | | Devaloka Time: 9AM to 12PM |

| | | | | | | |
|--|--------|---|--------------------------------|------------------|-----------------|----------------------------|
| 3 Sunday, March 22, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Bhanu Vasara Yuktayam | | | | Abu Dhabi, AE |
| Meena Rasi: 17.3 Tithi 4 | | Bharani Nakshatra Vaidhiti/Vishkambha* Yoga Vanja/Visti* Karana Chaturthayam Tilau | | | | Sun 18 Sutra 342 |
| Routine Work Prabalashita Yoga Until 9:09PM Then Creative Work - Siddha Yoga | Gulika | 3:33PM - 5:04PM | Bharani Until 9:09PM | Ganesh: Blue | Sunrise: 6:26AM | Vasarasu 5127 |
| | Yama | 12:30PM - 2:01PM | Vaidhiti* Until 2:07PM | Muruga: White | Sunset: 6:35PM | Moon 3 - Phase 47 - 18 |
| | Rahu | 5:04PM - 6:35PM | Vanija Until 9:06AM | Nataraja: Purple | | 3rd Phase |
| | | | Chaturthi* Until 7:45PM | Moon - White | | |
| | | | | Chaitra-Panguni | | Bhuloka Day |
| | | | | | | Devaloka Time: 9AM to 12PM |

| | | | | | | |
|---|--------|--|------------------------------|------------------|-----------------|----------------------------|
| 4 Monday, March 23, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Indu Vasara Yuktayam | | | | Abu Dhabi, AE |
| Wishabha Rasi: 1.59 Tithi 5 - 6 | | Kritika Nakshatra Vishkambha* Priti Yoga Bava/Kaulava Karana Panchami/Shashthayam Tilau | | | | Sun 19 Sutra 343 |
| Family Home Evening Routine Work Marana Yoga Until 7:09PM Then Creative Work - Amrita Yoga | Gulika | 2:01PM - 3:33PM | Kritika Until 7:09PM | Ganesh: Blue | Sunrise: 6:25AM | Vasarasu 5127 |
| | Yama | 10:59AM - 12:30PM | Vishkambha* Until 10:49AM | Muruga: White | Sunset: 6:35PM | Moon 3 - Phase 47 - 19 |
| | Rahu | 7:56AM - 9:27AM | Bava Until 6:27AM | Nataraja: Purple | | 3rd Phase |
| | | | Panchami Until 5:08PM | Moon - White | | |
| | | | | Chaitra-Panguni | | Bhuloka Day |
| | | | | | | Devaloka Time: 9AM to 12PM |

| | | | | | | |
|---|--------|---|-------------------------------|------------------|-----------------|---------------------------|
| 5 Tuesday, March 24, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Mangala Vasara Yuktayam | | | | Abu Dhabi, AE |
| Wishabha Rasi: 16.25 Tithi 6 - 7 | | Rohini Nakshatra Nakshatra Priti/Ayutman Yoga Talila/Gara Karana Shashthi/Saptayam Tilau | | | | Sun 20 Sutra 344 |
| Creative Work Amrita Yoga Until 5:35PM Then Creative Work - Siddha Yoga | Gulika | 12:30PM - 2:01PM | Rohini Until 5:35PM | Ganesh: Yellow | Sunrise: 6:24AM | Vasarasu 5127 |
| | Yama | 9:27AM - 10:58AM | Priti Until 7:36AM | Muruga: White | Sunset: 6:36PM | Moon 3 - Phase 47 - 20 |
| | Rahu | 3:33PM - 5:04PM | Gara Until 1:31AM Wed | Nataraja: Purple | | 3rd Phase |
| | | | Shashthi* Until 2:39PM | Moon - Yellow | | |
| | | | | Chaitra-Panguni | | Bhuloka Day |
| | | | | | | Devaloka Time: 6AM to 9AM |

| | | | | | | |
|----------------------------------|--------|---|-------------------------------|------------------|-----------------|---------------------------|
| Wednesday, March 25, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Budha Vasara Yuktayam | | | | Abu Dhabi, AE |
| Retreat Star | | Migashira/Andra Nakshatra Saubhagya Yoga Vanja/Visti* Karana Saptami/Ashtayam Tilau | | | | Sun 21 Sutra 345 |
| Mithuna Rasi: 0.42 Tithi 7 - 8 | Gulika | 10:58AM - 12:29PM | Migashira Until 4:05PM | Ganesh: Yellow | Sunrise: 6:23AM | Vasarasu 5127 |
| | Yama | 7:55AM - 9:26AM | Saubhagya Until 1:41AM Thu | Muruga: White | Sunset: 6:36PM | Moon 3 - Phase 47 - 21 |
| Creative Work Siddha Yoga | Rahu | 12:29PM - 2:01PM | Visti Until 11:23PM | Nataraja: Purple | | Ashtami |
| | | | Saptami Until 12:23PM | Moon - Yellow | | |
| | | | | Chaitra-Panguni | | Bhuloka Day |
| | | | | | | Devaloka Time: 6AM to 9AM |

| | | | | | | |
|--|--------|--|-------------------------------|------------------|-----------------|---------------------------|
| Thursday, March 26, 2026 | | Vishvasu Nama Samvatsara Uтарыне Moksha Ritau Meena Mase Sukla Paksho Guru Vasara Yuktayam | | | | Abu Dhabi, AE |
| Retreat Star | | Andra/Punarsvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Tilau | | | | Sun 22 Sutra 346 |
| Mithuna Rasi: 14.49 Tithi 8 - 9 | Gulika | 9:26AM - 10:57AM | Andra Until 2:44PM | Ganesh: Yellow | Sunrise: 6:22AM | Vasarasu 5127 |
| | Yama | 6:22AM - 7:54AM | Sobhana Until 11:05PM | Muruga: White | Sunset: 6:36PM | Moon 3 - Phase 47 - 22 |
| Routine Work Marana Yoga Until 2:44PM Then Creative Work - Amrita Yoga | Rahu | 2:01PM - 3:33PM | Balava Until 9:32PM | Nataraja: Purple | | Navami |
| | | | Ashtami* Until 10:24AM | Moon - Yellow | | |
| | | Sri Rama Navami | | Chaitra-Panguni | | Bhuloka Day |
| | | | | | | Devaloka Time: 6AM to 9AM |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| | | | | | |
|-----------------------------------|---------------|---|---|---|--|
| 1 Friday, March 27, 2026 | | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Panaravasu/Pushya Nakshatra Aihiganda* Yoga Kaulava/Taitila Karana Navami/Dishamyam Tilau | | | Abu Dhabi, AE Sutra 347 |
| Mithuna Rasi: 28.44 | Tithi 9 – 10 | Gulika 7:53AM – 9:25AM Yama 3:33PM – 5:05PM 142758678 Rahu 10:57AM – 12:29PM | Punarvasu Untili 1:58PM Aihiganda* Untili 8:43PM Taitila Untili 8:01PM Navami* Untili 8:43AM | Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Chalra-Panguni | Sun 23 Vasavasu 5127 Moon 3 - Phase 4B - 23 4th Phase |
| Creative Work | Siddha Yoga | | | | Bhuloka Day |
| Untili 1:58PM | | | | | |
| Then Routine Work | - Marana Yoga | | | | |
| 2 Saturday, March 28, 2026 | | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Gara/Vanija Karana Dishami/Ekadashtyam Tilau | | | Abu Dhabi, AE Sutra 348 |
| Kalkata Rasi: 12.28 | Tithi 10 – 11 | Gulika 6:20AM – 7:52AM Yama 2:01PM – 3:33PM 142758678 Rahu 9:24AM – 10:56AM | Pushya Untili 1:24PM Sukarma Untili 6:38PM Vanija Untili 6:50PM Dashami Untili 7:22AM | Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Chalra-Panguni | Sun 24 Vasavasu 5127 Moon 3 - Phase 4B - 24 4th Phase |
| Creative Work | Siddha Yoga | | | | Bhuloka Day |
| Untili 1:24PM | | Yogaswami Mahasamadh | | | |
| Then Routine Work | - Marana Yoga | | | | |
| 3 Sunday, March 29, 2026 | | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Sukla Paksha Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhrili/Shula* Yoga Visi*/Bava Karana Ekadashi/Dwadashyam Tilau | | | Abu Dhabi, AE Sutra 349 |
| Kalkata Rasi: 25.59 | Tithi 11 – 12 | Gulika 3:33PM – 5:05PM Yama 12:28PM – 2:01PM 142758678 Rahu 5:05PM – 6:38PM | Ashlesha* Untili 1:01PM Dhrili Untili 4:51PM Bava Untili 6:01PM Ekadashi Untili 6:21AM | Ganesh: White Muruga: White Nataraja: Purple Moon - Blue Chalra-Panguni | Sun 25 Vasavasu 5127 Moon 3 - Phase 4B - 25 4th Phase |
| Creative Work | Siddha Yoga | | | | Bhuloka Day |
| Untili 1:01PM | | | | | |
| Then Routine Work | - Marana Yoga | | | | |
| 4 Monday, March 30, 2026 | | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Tilau | | | Abu Dhabi, AE Sutra 350 |
| Simha Rasi: 9.18 | Tithi 13 | Gulika 2:00PM – 3:33PM Yama 10:55AM – 12:28PM 152758678 Rahu 7:50AM – 9:23AM | Magha* Untili 1:19PM Shula* Untili 3:21PM Kaulava Untili 5:34PM Trayodashi Untili 5:28AM Tue Pradosha Vata | Ganesh: Clear Muruga: White Nataraja: Purple Moon - Red Chalra-Panguni | Sun 26 Vasavasu 5127 Moon 3 - Phase 4B - 26 4th Phase |
| Family Home Evening | | | | | Bhuloka Day |
| Routine Work | Marana Yoga | | | | Devaloka Time: 6AM to 9-AM |
| Untili 1:19PM | | | | | |
| Then Creative Work | - Siddha Yoga | | | | |
| 5 Tuesday, March 31, 2026 | | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vidhi Yoga Gara/Vanija Karana Chaturdashyam Tilau | | | Abu Dhabi, AE Sutra 351 |
| Simha Rasi: 22.25 | Tithi 14 | Gulika 12:28PM – 2:00PM Yama 9:22AM – 10:55AM 153758678 Rahu 3:33PM – 5:06PM | Purvaphalguni Untili 1:51PM Ganda* Untili 2:10PM Gara Untili 5:31PM Chaturdashi* Untili 5:38AM Wed | Ganesh: Purple Muruga: White Nataraja: Purple Moon - Red Chalra-Panguni | Sun 27 Vasavasu 5127 Moon 3 - Phase 4B - 27 4th Phase |
| Creative Work | Siddha Yoga | | | | Devaloka Day |
| Untili 1:51PM | | | | | |
| Then Creative Work | - Amrita Yoga | | | | |
| Wednesday, April 1, 2026 | | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vidhi/Dhruva Yoga Visi*/Bava Karana Punimayam Tilau | | | Abu Dhabi, AE Sutra 352 |
| Kanya Rasi: 5.19 | Tithi 15 | Gulika 10:55AM – 12:28PM Yama 7:50AM – 9:22AM 153758678 Rahu 12:28PM – 2:00PM | Uttaraphalguni Untili 2:38PM Vidhi Untili 1:20PM Visi Untili 5:54PM Purnima* Untili 6:13AM Thu | Ganesh: Purple Muruga: White Nataraja: Purple Moon - Red Chalra-Panguni | Sun 28 Vasavasu 5127 Moon 3 - Phase 4B - Purnima |
| Creative Work | Amrita Yoga | | | | Devaloka Day |
| Untili 2:38PM | | Panguni Uttiram Hanuman Jayanti | | | |
| Then Routine Work | - Marana Yoga | | | | |
| Thursday, April 2, 2026 | | Viswastu Nama Samvatsara Uttarayane Moksha Ritau Meena Mase Krishna Paksha Garu Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Tilau | | | Abu Dhabi, AE Sutra 353 |
| Kanya Rasi: 18.01 | Tithi 15 – 16 | Gulika 9:22AM – 10:54AM Yama 6:16AM – 7:49AM 163758678 Rahu 2:00PM – 3:33PM | Hasta Untili 4:09PM Dhruva Untili 12:48PM Balava Untili 6:42PM Purnima* Untili 6:13AM | Ganesh: Clear Muruga: White Nataraja: Purple Moon - Green Chalra-Panguni | Sun 29 Vasavasu 5127 Moon 3 - Phase 4B - Prathama |
| Routine Work | Marana Yoga | | | | Bhuloka Day |
| Untili 4:09PM | | | | | Devaloka Time: 9AM to 12-PM |
| Then Creative Work | - Siddha Yoga | | | | |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang



Friday, April 3, 2026

Gold Retreat Star

Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha: Sulka Varsara Yuktayam
Chitra/Svali Nakshatra Vyaghatra/Harshana Yoga Kaukava/Tailita Karana Prathama/Dvitiyayam Titau

Abu Dhabi, AE
Sutra 354

| | | | | | | |
|-----------------|---------------|----------------------------------|---------------------------------|---------------------------------|-----------------|--|
| Tula Rasi: 0.31 | Tithi 16 - 17 | Gulika 7:48AM - 9:21AM | Chitra Until 5:55PM | Ganesh: Clear | Sunrise: 6:15AM | Vasvasu: 5:17 |
| | | Yama 3:33PM - 5:06PM | Vyaghatra* Until 12:38PM | Muruga: White | Sunset: 6:39PM | Moon 4 - Phase 49 - 1st Phase |
| | | Rahu 10:54AM - 12:27PM | Tailita Until 7:57PM | Nataraja: Purple | | |
| Creative Work | Siddha Yoga | | Prathama* Until 7:15AM | Moon - Green Chaitra-Panguni | | Bhuloka Day Devaloka Time: 9AM to 12PM |

1

Saturday, April 4, 2026

Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha: Manita Vasara Yuktayam
Svali Nakshatra Harshana/Vajra* Yoga Gara/Varija Karana Dvitiya/Tritiyayam Titau

Abu Dhabi, AE
Sutra 355

| | | | | | | |
|-----------------|---------------|----------------------------------|-------------------------------|---------------------------------|-----------------|--|
| Tula Rasi: 12.5 | Tithi 17 - 18 | Gulika 6:14AM - 7:47AM | Svali Until 7:56PM | Ganesh: Clear | Sunrise: 6:14AM | Vasvasu: 5:17 |
| | | Yama 2:00PM - 3:33PM | Harshana Until 12:47PM | Muruga: White | Sunset: 6:40PM | Moon 4 - Phase 49 - 1 1st Phase |
| | | Rahu 9:20AM - 10:53AM | Varija Until 9:36PM | Nataraja: Purple | | |
| Creative Work | Siddha Yoga | | Dvitiya Until 8:42AM | Moon - Green Chaitra-Panguni | | Bhuloka Day Devaloka Time: 9AM to 12PM |

2

Sunday, April 5, 2026

Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha: Bharu Vasara Yuktayam
Svali Nakshatra Vajra/Siddhi Yoga Vasil/Bava Karana Tritiya/Chaturthayam Titau

Abu Dhabi, AE
Sutra 356

| | | | | | | |
|------------------|---------------|----------------------------------|-------------------------------|----------------------------------|-----------------|---------------------------------|
| Tula Rasi: 24.59 | Tithi 18 - 19 | Gulika 3:33PM - 5:07PM | Vishakha Until 10:37PM | Ganesh: White | Sunrise: 6:13AM | Vasvasu: 5:17 |
| | | Yama 12:26PM - 2:00PM | Vajra* Until 1:12PM | Muruga: White | Sunset: 6:40PM | Moon 4 - Phase 49 - 2 1st Phase |
| | | Rahu 5:07PM - 6:40PM | Bava Until 11:36PM | Nataraja: Purple | | |
| Routine Work | Marana Yoga | | Tritiya Until 10:32AM | Moon - Orange Chaitra-Panguni | | Devaloka Day |

3

Monday, April 6, 2026

Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha: Indu Vasara Yuktayam
Anuradha Nakshatra Siddhi/Vyaghatra* Yoga Balava/Kaukava Karana Chaturthi/Panchamayam Titau

Abu Dhabi, AE
Sutra 357

| | | | | | | |
|---------------------------------|---------------|----------------------------------|----------------------------------|----------------------------------|-----------------|---------------------------------|
| Wischika Rasi: 7.01 | Tithi 19 - 20 | Gulika 2:00PM - 3:33PM | Anuradha Until 1:24AM Tue | Ganesh: White | Sunrise: 6:12AM | Vasvasu: 5:17 |
| Family Home Evening | | Yama 10:53AM - 12:26PM | Siddhi Until 1:52PM | Muruga: White | Sunset: 6:40PM | Moon 4 - Phase 49 - 3 1st Phase |
| Creative Work | Siddha Yoga | Rahu 7:45AM - 9:19AM | Kaukava Until 1:52AM Tue | Nataraja: Purple | | |
| Until 1:24AM Tue | | | Chaturthi* Until 12:41PM | Moon - Orange Chaitra-Panguni | | Devaloka Day |
| Then Routine Work - Marana Yoga | | | | | | |

4

Tuesday, April 7, 2026

Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha: Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Vyaghatra/Varijan Yoga Tailita/Gara Karana Panchami/Shesthiyam Titau

Abu Dhabi, AE
Sutra 358

| | | | | | | |
|----------------------|---------------|-----------------------------------|-----------------------------------|----------------------------------|-----------------|---------------------------------|
| Wischika Rasi: 18.56 | Tithi 20 - 21 | Gulika 12:26PM - 2:00PM | Jyeshtha* Until 4:09AM Wed | Ganesh: White | Sunrise: 6:11AM | Vasvasu: 5:17 |
| | | Yama 9:18AM - 10:52AM | Vyaghatra* Until 2:42PM | Muruga: White | Sunset: 6:41PM | Moon 4 - Phase 49 - 4 1st Phase |
| | | Rahu 3:33PM - 5:07PM | Gara Until 4:17AM Wed | Nataraja: Purple | | |
| Routine Work | Marana Yoga | | Panchami Until 3:03PM | Moon - Orange Chaitra-Panguni | | Devaloka Day |

5

Wednesday, April 8, 2026

Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha: Batha Vasara Yuktayam
Mula* Nakshatra Varijan/Parigaha* Yoga Vanija/Vasil* Karana Shashthi/Saptamayam Titau

Abu Dhabi, AE
Sutra 359

| | | | | | | |
|----------------------------------|---------------|------------------------------------|-------------------------------|--------------------------------------|-----------------|--|
| Dhanus Rasi: 0.49 | Tithi 21 - 22 | Gulika 10:52AM - 12:26PM | Mula* Until 7:12AM Thu | Ganesh: Yellow | Sunrise: 6:10AM | Vasvasu: 5:17 |
| | | Yama 7:44AM - 9:18AM | Varijan Until 3:33PM | Muruga: White | Sunset: 6:41PM | Moon 4 - Phase 49 - 5 1st Phase |
| | | Rahu 12:26PM - 1:59PM | Vasil Until 6:40AM Thu | Nataraja: Purple | | |
| Routine Work | Marana Yoga | | Shashthi* Until 5:28PM | Moon - Light Blue Chaitra-Panguni | | Bhuloka Day Devaloka Time: 9AM to 12PM |
| Until 7:12AM Thu | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | |

6

Thursday, April 9, 2026

Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha: Garu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigaha*/Shiva Yoga Vasil*/Bava Karana Saptamayam Titau

Abu Dhabi, AE
Sutra 360

| | | | | | | |
|--------------------|-------------|-----------------------------------|-------------------------------|--------------------------------------|-----------------|--|
| Dhanus Rasi: 12.43 | Tithi 22 | Gulika 9:17AM - 10:51AM | Mula* Until 7:12AM | Ganesh: Yellow | Sunrise: 6:09AM | Vasvasu: 5:17 |
| | | Yama 6:09AM - 7:43AM | Parigaha* Until 4:21PM | Muruga: White | Sunset: 6:42PM | Moon 4 - Phase 49 - 6 1st Phase |
| | | Rahu 1:59PM - 3:33PM | Vasil Until 6:40AM | Nataraja: Purple | | |
| Creative Work | Siddha Yoga | | Saptami Until 7:46PM | Moon - Light Blue Chaitra-Panguni | | Bhuloka Day Devaloka Time: 9AM to 12PM |

D

Friday, April 10, 2026

Retreat Star

Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha: Sulka Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaukava Karana Achthamayam Titau

Abu Dhabi, AE
Sutra 361

| | | | | | | |
|---------------------------------|---------------------|----------------------------------|----------------------------------|--------------------------------------|-----------------|--|
| Dhanus Rasi: 24.42 | Tithi 23 | Gulika 7:42AM - 9:16AM | Purvashadha* Until 9:53AM | Ganesh: Yellow | Sunrise: 6:08AM | Vasvasu: 5:17 |
| | | Yama 3:34PM - 5:08PM | Shiva Until 4:56PM | Muruga: White | Sunset: 6:42PM | Moon 4 - Phase 49 - 7 Ashtami |
| | | Rahu 10:51AM - 12:25PM | Balava Until 8:49AM | Nataraja: Purple | | |
| Routine Work | Prabalatarisha Yoga | | Ashtami* Until 9:43PM | Moon - Light Blue Chaitra-Panguni | | Bhuloka Day Devaloka Time: 9AM to 12PM |
| Until 9:53AM | | | | | | |
| Then Routine Work - Marana Yoga | | | | | | |

Saturday, April 11, 2026

Retreat Star

Visvasu Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha: Manita Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhyha Yoga Tailita/Gara Karana Navamayam Titau

Abu Dhabi, AE
Sutra 362

| | | | | | | |
|----------------------------------|-------------|----------------------------------|-----------------------------------|--------------------------------------|-----------------|--|
| Makara Rasi: 6.51 | Tithi 24 | Gulika 6:07AM - 7:41AM | Uttarashadha Until 11:57AM | Ganesh: Yellow | Sunrise: 6:07AM | Vasvasu: 5:17 |
| | | Yama 1:59PM - 3:34PM | Siddha Until 5:05PM | Muruga: White | Sunset: 6:42PM | Moon 4 - Phase 49 - 8 Navami |
| | | Rahu 9:16AM - 10:50AM | Tailita Until 10:32AM | Nataraja: Purple | | |
| Routine Work | Marana Yoga | | Navami* Until 11:08PM | Moon - Light Blue Chaitra-Panguni | | Bhuloka Day Devaloka Time: 9AM to 12PM |
| Until 11:57AM | | | | | | |
| Then Creative Work - Siddha Yoga | | | | | | |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| 1 Sunday, April 12, 2026 | | Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshi Bharu Vesara Yukitayam | | | | Abu Dhabi, AE |
|--|-------------|--|------------------------------|-------------------------|-----------------|-----------------------|
| Shravana/Dhanishtha Nakshatra Sadhya/Sudha Yoga Vanija/Visti/ Kara Dashedyam Titau | | Sun 9 Sutra 363 | | | | Vasaxsu 5127 |
| Makara Rasi: 19.16 | Tithi 25 | Gulika 3:34PM – 5:08PM | Shravana Until 1:44PM | Ganesh: Blue | Sunrise: 6:04AM | |
| | | Yama 12:24PM – 1:59PM | Sadhya Until 4:44PM | Muruga: White | Sunset: 6:49PM | Moon 4 - Phase 50 - 9 |
| Creative Work | Amrita Yoga | Rahu 5:08PM – 6:43PM | Vanija Until 11:36AM | Nataraja: Purple | | 2nd Phase |
| Until 1:44PM | | | Dashami Until 11:50PM | Moon - Purple | | |
| Then Routine Work - Marana Yoga | | | | Chaitra-Panguni | | Devaloka Day |

| 2 Monday, April 13, 2026 | | Vishvasu Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshi Indu Vesara Yukitayam | | | | Abu Dhabi, AE |
|--|-------------|---|--------------------------------|-------------------------|-----------------|------------------------|
| Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau | | Sun 10 Sutra 364 | | | | Vasaxsu 5127 |
| Kumbha Rasi: 2 | Tithi 26 | Gulika 1:59PM – 3:34PM | Dhanishtha Until 2:35PM | Ganesh: Blue | Sunrise: 6:05AM | |
| Family Home Evening | | Yama 10:49AM – 12:24PM | Subha Until 3:47PM | Muruga: White | Sunset: 6:49PM | Moon 4 - Phase 50 - 10 |
| Creative Work | Siddha Yoga | Rahu 7:40AM – 9:15AM | Bava Until 11:53AM | Nataraja: Purple | | 2nd Phase |
| | | | | Moon - Purple | | |
| | | | Ekadashi* Until 11:42PM | Chaitra-Panguni | | Devaloka Day |

| 3 Tuesday, April 14, 2026 | | Vishvasu Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Pakshi Mangala Vesara Yukitayam | | | | Abu Dhabi, AE |
|---|-------------|--|----------------------------------|-------------------------|-----------------|-----------------------------|
| Shatabhishak/Puravproshthapada* Nakshatra Sukla/Brahma Yoga Kaulava/Taila Karana Dvadedhyam Titau | | Sun 11 Sutra 1 | | | | Vasaxsu 5127 |
| Kumbha Rasi: 15.1 | Tithi 27 | Gulika 12:24PM – 1:59PM | Shatabhishak Until 2:28PM | Ganesh: Red | Sunrise: 6:04AM | |
| | | Yama 9:14AM – 10:49AM | Sukla Until 2:09PM | Muruga: White | Sunset: 6:49PM | Moon 4 - Phase 50 - 11 |
| Routine Work | Marana Yoga | Rahu 3:34PM – 5:09PM | Kaulava Until 11:21AM | Nataraja: Purple | | 2nd Phase |
| | | | | Moon - Purple | | |
| | | | Dvadashti* Until 10:45PM | Chaitra-Chaitra | | Bhuloka Day |
| | | | | | | Devaloka Time: 6 AM to 9 AM |

| 4 Wednesday, April 15, 2026 | | Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Pakshi Budha Vesara Yukitayam | | | | Abu Dhabi, AE |
|--|-------------|---|--|-------------------------|-----------------|------------------------------|
| Puravproshthapada*/Utarproshthapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodshyam Titau | | Sun 12 Sutra 2 | | | | Parabhava 5128 |
| Kumbha Rasi: 28.46 | Tithi 28 | Gulika 10:49AM – 12:24PM | Puravproshthapada* Until 1:53PM | Ganesh: White | Sunrise: 6:03AM | |
| | | Yama 7:38AM – 9:13AM | Brahma Until 11:54AM | Muruga: White | Sunset: 6:49PM | Moon 4 - Phase 50 - 12 |
| Creative Work | Amrita Yoga | Rahu 12:24PM – 1:59PM | Gara Until 10:00AM | Nataraja: Purple | | 2nd Phase |
| Until 1:53PM | | | | Moon - Clear | | |
| Then Creative Work - Siddha Yoga | | Tamil New Year | Trayodashi* Until 9:03PM | Chaitra-Chaitra | | Bhuloka Day |
| | | | | | | Devaloka Time: 9 AM to 12 PM |

| 5 Thursday, April 16, 2026 | | Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Krishna Pakshi Guru Vesara Yukitayam | | | | Abu Dhabi, AE |
|---|-------------|--|---------------------------------------|-------------------------|-----------------|------------------------------|
| Utarproshthapada/Revati Nakshatra Indra/Vaidhiti* Yoga Visti/Sakura* Karana Chaturdashyam Titau | | Sun 13 Sutra 3 | | | | Parabhava 5128 |
| Meena Rasi: 12.48 | Tithi 29 | Gulika 9:13AM – 10:48AM | Utarproshthapada Until 12:28PM | Ganesh: Yellow | Sunrise: 6:03AM | |
| | | Yama 6:02AM – 7:38AM | Indra Until 9:06AM | Muruga: White | Sunset: 6:49PM | Moon 4 - Phase 50 - 13 |
| Creative Work | Siddha Yoga | Rahu 1:59PM – 3:34PM | Visti Until 7:58AM | Nataraja: Purple | | 2nd Phase |
| | | | | Moon - Clear | | |
| | | | Chaturdash* Until 6:42PM | Chaitra-Chaitra | | Bhuloka Day |
| | | | | | | Devaloka Time: 9 AM to 12 PM |

| Friday, April 17, 2026 | | Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Sukla Pakshi Sukra Vesara Yukitayam | | | | Abu Dhabi, AE |
|----------------------------------|--------------|---|------------------------------------|-------------------------|-----------------|------------------------------|
| Retreat Star | | Revati/Ashvini Nakshatra Vistakamba* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau | | | | Sun 14 Sutra 4 |
| Meena Rasi: 27.14 | Tithi 30 - 1 | Gulika 7:37AM – 9:12AM | Revati Until 10:22AM | Ganesh: Yellow | Sunrise: 6:01AM | |
| | | Yama 3:34PM – 5:10PM | Vishkamba* Until 2:13AM Sat | Muruga: White | Sunset: 6:49PM | Moon 4 - Phase 50 - 14 |
| Creative Work | Siddha Yoga | Rahu 10:48AM – 12:23PM | Kintughna Until 2:19AM Sat | Nataraja: Purple | | Amavasya |
| Until 10:22AM | | | | Moon - Clear | | |
| Then Creative Work - Amrita Yoga | | | Amavasya* Until 3:51PM | Chaitra-Chaitra | | Bhuloka Day |
| | | | | | | Devaloka Time: 9 AM to 12 PM |

| Saturday, April 18, 2026 | | Parabhava Nama Samvatsare Uтарыне Nartana Ritau Meha Mase Sukla Pakshi Manita Vesara Yukitayam | | | | Abu Dhabi, AE |
|--------------------------|-------------|--|--------------------------------|-------------------------|-----------------|------------------------------|
| Retreat Star | | Ashvini/Bharani Nakshatra Pili Yoga Bava/Balava Karana Prathama/Dvityayam Titau | | | | Sun 15 Sutra 5 |
| Mesha Rasi: 11.58 | Tithi 1 - 2 | Gulika 6:00AM – 7:36AM | Ashvini Until 8:11AM | Ganesh: Red | Sunrise: 6:00AM | |
| | | Yama 1:59PM – 3:34PM | Pili Until 10:25PM | Muruga: White | Sunset: 6:49PM | Moon 4 - Phase 50 - 15 |
| Creative Work | Siddha Yoga | Rahu 9:12AM – 10:47AM | Balava Until 11:02PM | Nataraja: Purple | | Prathama |
| | | | | Moon - White | | |
| | | | Prathama* Until 12:41PM | Vaisaka-Chaitra | | Bhuloka Day |
| | | | | | | Devaloka Time: 9 AM to 12 PM |

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/panchang

| | | | | | |
|---|--------------|---|--|--|---|
| 1 Sunday, April 19, 2026 | | Parabhava Nama Samvatsare Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Bhanu Vesara Yukhtayam Abu Dhabi, AE Kritika Nakshatra Ayushman Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Tilau Sun 16 Sutra 6 | | | |
| Mesha Rasi: 26.52 | Tilhi 2 – 3 | Gulika 3:34PM – 5:10PM Yama 12:23PM – 1:58PM Rahu 5:10PM – 6:46PM | Kritika Until 2:58AM Mon Ayushman Until 6:31PM Tailita Until 7:41PM Dvitiya Until 9:21AM | Ganesh: Red Muruga: White Nataraja: Purple Moon – White Vaisaka-Chaitra | Sunrise: 6:00AM Sunset: 6:46PM Moon 4 - Phase 1 - 16 3rd Phase Bhuloka Day Devaloka Time: 9AM to 12PM |
| Creative Work Siddha Yoga Until 2:58AM Mon Then Creative Work - Amrita Yoga | | | | | |
| 2 Monday, April 20, 2026 | | Parabhava Nama Samvatsare Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Indu Vesara Yukhtayam Abu Dhabi, AE Rohini Nakshatra Saubhagya/Sobhana Yoga Gara/Visli* Karana Tritiya/Chaturthiyam Tilau Sun 17 Sutra 7 | | | |
| Wishabha Rasi: 11.47 | Tilhi 3 – 4 | Gulika 1:58PM – 3:34PM Yama 10:47AM – 12:22PM Rahu 7:35AM – 9:11AM | Rohini Until 12:40AM Tue Saubhagya Until 2:41PM Visli Until 2:49AM Tue Tritiya Until 6:00AM | Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Yellow Vaisaka-Chaitra | Sunrise: 5:59AM Sunset: 6:46PM Moon 4 - Phase 1 - 17 3rd Phase Bhuloka Day Devaloka Time: 9AM to 12PM |
| Family Home Evening Creative Work Amrita Yoga Until 12:40AM Tue Then Creative Work - Siddha Yoga | | Aksbhaya Tritiya | | | |
| 3 Tuesday, April 21, 2026 | | Parabhava Nama Samvatsare Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Mangala Vasara Yukhtayam Abu Dhabi, AE Mrigashira Nakshatra Sobhana/Ahiganda* Yoga Bava/Balava Karana Panchmiam Tilau Sun 18 Sutra 8 | | | |
| Wishabha Rasi: 26.35 | Tilhi 5 | Gulika 12:22PM – 1:58PM Yama 9:10AM – 10:46AM Rahu 3:35PM – 5:11PM | Mrigashira Until 10:31PM Sobhana Until 11:03AM Bava Until 1:20PM Panchami Until 11:54PM | Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Yellow Vaisaka-Chaitra | Sunrise: 5:58AM Sunset: 6:47PM Moon 4 - Phase 1 - 18 3rd Phase Bhuloka Day Devaloka Time: 9AM to 12PM |
| Creative Work Siddha Yoga Until 10:31PM Then Routine Work - Marana Yoga | | | | | |
| 4 Wednesday, April 22, 2026 | | Parabhava Nama Samvatsare Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Budha Vesara Yukhtayam Abu Dhabi, AE Ardra Nakshatra Ahiganda*/Sukama Yoga Kaulava/Tailita Karana Shashthiyam Tilau Sun 19 Sutra 9 | | | |
| Mithuna Rasi: 11.1 | Tilhi 6 | Gulika 10:46AM – 12:22PM Yama 7:33AM – 9:09AM Rahu 12:22PM – 1:58PM | Ardra Until 8:37PM Ahiganda* Until 7:39AM Kaulava Until 10:36AM Shashthi* Until 9:23PM | Ganesh: Yellow Muruga: White Nataraja: Purple Moon – Yellow Vaisaka-Chaitra | Sunrise: 5:57AM Sunset: 6:47PM Moon 4 - Phase 1 - 19 3rd Phase Bhuloka Day Devaloka Time: 9AM to 12PM |
| Creative Work Siddha Yoga | | | | | |
| 5 Thursday, April 23, 2026 | | Parabhava Nama Samvatsare Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Guru Vesara Yukhtayam Abu Dhabi, AE Punarvasu Nakshatra Dhriti Yoga Gara/Vanji Karana Sapthamiam Tilau Sun 20 Sutra 10 | | | |
| Mithuna Rasi: 25.27 | Tilhi 7 | Gulika 9:09AM – 10:45AM Yama 5:56AM – 7:32AM Rahu 1:58PM – 3:35PM | Punarvasu Until 7:29PM Dhriti Until 2:03AM Fri Gara Until 8:20AM Sapthami Until 7:22PM | Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Vaisaka-Chaitra | Sunrise: 5:56AM Sunset: 6:48PM Moon 4 - Phase 1 - 20 3rd Phase Devaloka Day |
| Creative Work Amrita Yoga | | | | | |
| Friday, April 24, 2026 | | Parabhava Nama Samvatsare Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Sukra Vesara Yukhtayam Abu Dhabi, AE Retreat Star Pushya Nakshatra Shula* Yoga Vosi*/Balava Karana Ashtami/Navamiyam Tilau Sun 21 Sutra 11 | | | |
| Kataka Rasi: 9.23 | Tilhi 8 – 9 | Gulika 7:32AM – 9:08AM Yama 3:35PM – 5:11PM Rahu 10:45AM – 12:22PM | Pushya Until 6:45PM Shula* Until 11:53PM Visli Until 6:35AM Ashtami* Until 5:54PM | Ganesh: White Muruga: White Nataraja: Purple Moon – Blue Vaisaka-Chaitra | Sunrise: 5:55AM Sunset: 6:48PM Moon 4 - Phase 1 - 21 Ashtami Devaloka Day |
| Routine Work Marana Yoga | | | | | |
| Saturday, April 25, 2026 | | Parabhava Nama Samvatsare Uttarayane Nartana Ritau Mesha Mese Sakla Paksho Manu Vesara Yukhtayam Abu Dhabi, AE Retreat Star Ashlesha* Nakshatra Ganda* Yoga Kaulava/Tailita Karana Navami/Dashmiam Tilau Sun 22 Sutra 12 | | | |
| Kataka Rasi: 22.59 | Tilhi 9 – 10 | Gulika 5:54AM – 7:31AM Yama 1:58PM – 3:35PM Rahu 9:08AM – 10:45AM | Ashlesha* Until 6:26PM Ganda* Until 10:12PM Tailita Until 4:46AM Sun Navami* Until 5:00PM | Ganesh: White Muruga: White Nataraja: Clear Moon – Blue Vaisaka-Chaitra | Sunrise: 5:54AM Sunset: 6:49PM Moon 4 - Phase 1 - 22 Navami Sivaloka Day |
| Routine Work Marana Yoga Until 6:26PM Then Creative Work - Amrita Yoga | | | | | |

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time. Calculated for Abu Dhabi, AE on 12/20/23

www.gurudeva.org/pancham

| 1 Sunday, April 26, 2026 | | Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Bhanu Vesara Yuktayam | | | | Abu Dhabi, AE |
|---|---------------|--|-----------------------------|------------------------|------------------------|-----------------------|
| Magha* Nakshatra Viddhi Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau | | Sun 23 Sutra 13 | | Parabhava 5128 | | |
| Simha Rasi: 6.16 | Tithi 10 - 11 | Gulika 3:35PM - 5:12PM | Magha* Until 6:57PM | Ganesh: Clear | Sunrise: 5:54AM | |
| | | Yama 12:21PM - 1:58PM | Viddhi Until 8:57PM | Muruga: White | Sunset: 6:49PM | Moon 4 - Phase 2 - 23 |
| | | 254858679 Rahu 5:12PM - 6:49PM | Vanija Until 4:41AM Mon | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Dashami Until 4:39PM | Moon - Red | | Devaloka Day |
| Until 6:57PM | | | | Vaisaka-Chaitra | | |
| Then Creative Work | Siddha Yoga | | | | | |

| 2 Monday, April 27, 2026 | | Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Indu Vesara Yuktayam | | | | Abu Dhabi, AE |
|--|---------------|---|-----------------------------------|------------------------|------------------------|---------------------------|
| Purvaphalguni Nakshatra Dhruva Yoga Vesi*/Bava Karana Ekadashi/Dvadashtyam Tilau | | Sun 24 Sutra 14 | | Parabhava 5128 | | |
| Simha Rasi: 19.17 | Tithi 11 - 12 | Gulika 1:58PM - 3:35PM | Purvaphalguni Until 7:49PM | Ganesh: Purple | Sunrise: 5:53AM | |
| | | Yama 10:44AM - 12:21PM | Dhruva Until 8:04PM | Muruga: White | Sunset: 6:49PM | Moon 4 - Phase 2 - 24 |
| | | 255858679 Rahu 7:30AM - 9:07AM | Bava Until 5:04AM Tue | Nataraja: Clear | | 4th Phase |
| Family Home Evening | | | Ekadashi Until 4:48PM | Moon - Red | | Bhuloka Day |
| Creative Work | Siddha Yoga | | | Vaisaka-Chaitra | | Devaloka Time: 6PM to 9PM |

| 3 Tuesday, April 28, 2026 | | Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Mangala Vesara Yuktayam | | | | Abu Dhabi, AE |
|---|---------------|--|------------------------------------|------------------------|------------------------|---------------------------|
| Uttaraphalguni Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadasht/Trayodashyam Tilau | | Sun 25 Sutra 15 | | Parabhava 5128 | | |
| Kanya Rasi: 2.03 | Tithi 12 - 13 | Gulika 12:21PM - 1:58PM | Uttaraphalguni Until 8:57PM | Ganesh: Purple | Sunrise: 5:52AM | |
| | | Yama 9:06AM - 10:44AM | Vyaghata* Until 7:33PM | Muruga: White | Sunset: 6:50PM | Moon 4 - Phase 2 - 25 |
| | | 255858679 Rahu 3:35PM - 5:13PM | Kaulava Until 5:53AM Wed | Nataraja: Clear | | 4th Phase |
| Creative Work | Amrita Yoga | | Dvadashti Until 5:24PM | Moon - Red | | Bhuloka Day |
| Until 8:57PM | | | | Vaisaka-Chaitra | | Devaloka Time: 6PM to 9PM |
| Then Creative Work | Siddha Yoga | | | | | |
| | | | | | | |

| 4 Wednesday, April 29, 2026 | | Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Budha Vesara Yuktayam | | | | Abu Dhabi, AE |
|--|-------------|--|--------------------------------|------------------------|------------------------|-----------------------|
| Hashtak Nakshatra Harshana Yoga Talila Karana Trayodashyam Tilau | | Sun 26 Sutra 16 | | Parabhava 5128 | | |
| Kanya Rasi: 14.37 | Tithi 13 | Gulika 10:43AM - 12:21PM | Hashtak Until 10:47PM | Ganesh: Clear | Sunrise: 5:51AM | |
| | | Yama 7:29AM - 9:06AM | Harshana Until 7:22PM | Muruga: White | Sunset: 6:50PM | Moon 4 - Phase 2 - 26 |
| | | 265858679 Rahu 12:21PM - 1:58PM | Talila Until 6:25PM | Nataraja: Clear | | 4th Phase |
| Routine Work | Marana Yoga | | Trayodashi Until 6:25PM | Moon - Green | | Devaloka Day |
| Until 10:47PM | | | | Vaisaka-Chaitra | | |
| Then Creative Work | Siddha Yoga | | | | | |

| 5 Thursday, April 30, 2026 | | Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Guru Vesara Yuktayam | | | | Abu Dhabi, AE |
|---|-------------|---|---------------------------------|------------------------|------------------------|-----------------------|
| Chitra Nakshatra Vajra* Yoga Gara/Vanija Karana Chaturdashyam Tilau | | Sun 27 Sutra 17 | | Parabhava 5128 | | |
| Kanya Rasi: 27.02 | Tithi 14 | Gulika 9:06AM - 10:43AM | Chitra Until 12:48AM Fri | Ganesh: Clear | Sunrise: 5:50AM | |
| | | Yama 5:50AM - 7:28AM | Vajra* Until 7:25PM | Muruga: White | Sunset: 6:51PM | Moon 4 - Phase 2 - 27 |
| | | 265858679 Rahu 1:58PM - 3:36PM | Gara Until 7:04AM | Nataraja: Clear | | 4th Phase |
| Creative Work | Siddha Yoga | | Chaturdash* Until 7:46PM | Moon - Green | | Devaloka Day |
| | | | | Vaisaka-Chaitra | | |

| Friday, May 1, 2026 | | Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Sakla Paksho Sukra Vesara Yuktayam | | | | Abu Dhabi, AE |
|---|-------------|--|-------------------------------|------------------------|------------------------|---------------------|
| Svali Nakshatra Siddhi Yoga Vesi*/Bava Karana Punimayam Tilau | | Sun 27 Sutra 17 | | Parabhava 5128 | | |
| Copper Retreat Star | | Gulika 7:27AM - 9:05AM | Svali Until 2:56AM Sat | Ganesh: Clear | Sunrise: 5:49AM | |
| Tula Rasi: 9.18 | Tithi 15 | Yama 3:36PM - 5:14PM | Siddhi Until 7:43PM | Muruga: White | Sunset: 6:52PM | Moon 4 - Phase 2 - |
| | | 265858679 Rahu 10:42AM - 12:20PM | Visi Until 8:35AM | Nataraja: Clear | | Purnima |
| Creative Work | Siddha Yoga | | Purnima* Until 9:26PM | Moon - Green | | Devaloka Day |
| | | | | Vaisaka-Chaitra | | |
| | | | | | | |

| Saturday, May 2, 2026 | | Parabhava Nama Samvatsara Uтарыяыы Nartana Ritau Mecha Mase Kishna Paksho Marta Vesara Yuktayam | | | | Abu Dhabi, AE |
|--|-------------|---|----------------------------------|------------------------|------------------------|---------------------------|
| Vishakha Nakshatra Yajlapata* Yoga Balava/Kaulava Karana Prathamayam Tilau | | Sun 28 Sutra 18 | | Parabhava 5128 | | |
| Silver Retreat Star | | Gulika 5:48AM - 7:26AM | Vishakha Until 5:40AM Sun | Ganesh: White | Sunrise: 5:48AM | |
| Tula Rasi: 21.27 | Tithi 16 | Yama 1:58PM - 3:36PM | Vyalapata* Until 8:15PM | Muruga: White | Sunset: 6:52PM | Moon 4 - Phase 2 - |
| | | 275858679 Rahu 9:04AM - 10:42AM | Balava Until 10:24AM | Nataraja: Clear | | Prathama |
| Creative Work | Siddha Yoga | | Prathama* Until 11:23PM | Moon - Orange | | Bhuloka Day |
| Until 5:40AM Sun | | | | Vaisaka-Chaitra | | Devaloka Time: 6PM to 9PM |
| Then Routine Work | Marana Yoga | | | | | |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for 12/20/23

www.gurudeva.org/panchang