



Thursday, April 25, 2024
Gold Retreat Star

Tula Rasi: 23.29 Tithi 17
Creative Work Siddha Yoga

Gulika 8:51AM – 10:28AM
Yama 5:37AM – 7:14AM
Rahu 1:42PM – 3:18PM

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Массе Крішна Пакіше Гурі Васара Уктыяям
Vishakha Nakshatra Vyatipata* Yoga Talila/Gara Karana Divlyayam Titau
Vishakha Until 12:55AM Fri
Vyatipata* Until 3:24AM Fri
Talila Until 5:54PM
Dvitiya Until 6:19AM Fri

Ganesha: Clear
Muruga: Purple
Nataraja: Purple
Moon – Orange
Chaitra-Chaitra

Sunrise: 5:37AM
Sunset: 6:39PM

Muscat, Oman Sun 10
Krothin 5126
Moon 4 - Phase 2 - 1st Phase

Subha Sivaloka Day

1 Friday, April 26, 2024

Wischika Rasi: 5.59 Tithi 17 – 18
Creative Work Siddha Yoga

Gulika 7:13AM – 8:50AM
Yama 3:18PM – 4:56PM
Rahu 10:27AM – 12:04PM

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Массе Крішна Пакіше Сукра Васара Уктыяям
Anuradha Nakshatra Varjyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau
Anuradha Until 2:10AM Sat
Varjyan Until 2:49AM Sat
Vanija Until 6:39PM
Dvitiya Until 6:19AM

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Orange
Chaitra-Chaitra

Sunrise: 5:36AM
Sunset: 6:39PM

Muscat, Oman Sun 1
Krothin 5126
Moon 4 - Phase 2 - 1st Phase

Sivaloka Day

2 Saturday, April 27, 2024

Wischika Rasi: 18.42 Tithi 18 – 19
Creative Work Siddha Yoga
Until 2:49AM Sun
Then Creative Work - Amrita Yoga

Gulika 5:36AM – 7:13AM
Yama 1:41PM – 3:19PM
Rahu 8:50AM – 10:27AM

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Массе Крішна Пакіше Мерта Васара Уктыяям
Jyeshtha* Nakshatra Parigraha* Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau
Jyeshtha* Until 2:49AM Sun
Parigraha* Until 1:53AM Sun
Bava Until 6:57PM
Tritiya Until 6:50AM

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Orange
Chaitra-Chaitra

Sunrise: 5:36AM
Sunset: 6:39PM

Muscat, Oman Sun 2
Krothin 5126
Moon 4 - Phase 2 - 2 1st Phase

Sivaloka Day

3 Sunday, April 28, 2024

Dhanus Rasi: 1.38 Tithi 19 – 20
Creative Work Amrita Yoga
Until 3:20AM Mon
Then Routine Work - Marana Yoga

Gulika 3:19PM – 4:56PM
Yama 12:04PM – 1:41PM
Rahu 4:56PM – 6:33PM

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Массе Крішна Пакіше Бхану Васара Уктыяям
Mula* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau
Mula* Until 3:20AM Mon
Shiva Until 12:36AM Mon
Kaulava Until 6:47PM
Chaturthi* Until 6:54AM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Chaitra-Chaitra

Sunrise: 5:35AM
Sunset: 6:39PM

Muscat, Oman Sun 3
Krothin 5126
Moon 4 - Phase 2 - 3 1st Phase

Subha Sivaloka Day

4 Monday, April 29, 2024

Dhanus Rasi: 14.48 Tithi 20 – 21
Family Home Evening
Routine Work Marana Yoga
Until 3:14AM Tue
Then Routine Work - Prabalarishta Yoga

Gulika 1:41PM – 3:19PM
Yama 10:27AM – 12:04PM
Rahu 7:12AM – 8:49AM

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Массе Крішна Пакіше Інду Васара Уктыяям
Purvashadha* Nakshatra Siddha Yoga Talila/Gara Karana Panchami/Shashthiyam Titau
Purvashadha* Until 3:14AM Tue
Siddha Until 10:56PM
Gara Until 6:09PM
Panchami Until 6:30AM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Chaitra-Chaitra

Sunrise: 5:34AM
Sunset: 6:34PM

Muscat, Oman Sun 4
Krothin 5126
Moon 4 - Phase 2 - 4 1st Phase

Subha Sivaloka Day

5 Tuesday, April 30, 2024

Dhanus Rasi: 28.13 Tithi 22
Routine Work Prabalarishta Yoga
Until 2:34AM Wed
Then Creative Work - Siddha Yoga

Gulika 12:04PM – 1:41PM
Yama 8:49AM – 10:26AM
Rahu 3:19PM – 4:57PM

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Массе Крішна Пакіше Мангала Васара Уктыяям
Uttarashadha Nakshatra Sadhya Yoga Visti/Bava Karana Saphtamyam Titau
Uttarashadha Until 2:34AM Wed
Sadya Until 8:56PM
Visti Until 5:05PM
Saptami Until 4:21AM Wed

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Chaitra-Chaitra

Sunrise: 5:34AM
Sunset: 6:34PM

Muscat, Oman Sun 5
Krothin 5126
Moon 4 - Phase 2 - 5 1st Phase

Subha Sivaloka Day

Wednesday, May 1, 2024

Retreat Star

Makara Rasi: 11.53 Tithi 23
Creative Work Siddha Yoga

Gulika 10:26AM – 12:04PM
Yama 7:11AM – 8:48AM
Rahu 12:04PM – 1:42PM

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Массе Крішна Пакіше Будха Васара Уктыяям
Shravana Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau
Shravana Until 1:45AM Thu
Subha Until 6:35PM
Balava Until 3:44PM
Ashtami* Until 2:38AM Thu

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Sunrise: 5:23AM
Sunset: 6:35PM

Muscat, Oman Sun 6
Krothin 5126
Moon 4 - Phase 2 - 6 Ashtami

Sivaloka Day

Thursday, May 2, 2024
Retreat Star

Makara Rasi: 25.49 Tithi 24
Creative Work Siddha Yoga

Gulika 8:48AM – 10:26AM
Yama 5:32AM – 7:10AM
Rahu 1:42PM – 3:19PM

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Массе Крішна Пакіше Гурі Васара Уктыяям
Dhanishtha Nakshatra Sukla/Brahma Yoga Talila/Gara Karana Navamyam Titau
Dhanishtha Until 12:23AM Fri
Sukla Until 3:52PM
Talila Until 1:38PM
Navami* Until 12:29AM Fri

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Purple
Chaitra-Chaitra

Sunrise: 5:22AM
Sunset: 6:35PM

Muscat, Oman Sun 7
Krothin 5126
Moon 4 - Phase 2 - 7 Navami

Sivaloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Friday, May 3, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Кішна Пакіше Сукра Васара Yuktayam Muscat, Oman Shatabhishak Nakshatra Brahmalendra Yoga Vanija/Visti* Karana Dashamyam Titau Sun 8 Sutra 18									
	Kumbha Rasi: 9.59	Tithi 25	Gulika Yama	7:10AM - 8:48AM 3:20PM - 4:58PM	Shatabhishak Until 10:31PM Brahma Until 12:52PM	Ganesha: Blue Muruga: Purple Nataraja: Purple Moon - Purple	Sunrise: 5:31AM Sunset: 6:36PM	Krodhin 5126 Moon 4 - Phase 3 - 8 2nd Phase				
	Creative Work	Siddha Yoga	293657579	Rahu	10:26AM - 12:04PM	Vanija Until 11:18AM	Sivaloka Day					
					Dashami Until 10:00PM	Chaitra-Chaitra						
2	Saturday, May 4, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Кішна Пакіше Маріа Васара Yuktayam Muscat, Oman Purvaprosrthapada* Nakshatra Indra/Vaidhril* Yoga Bava/Belava Karana Ekadashyam Titau Sun 9 Sutra 19									
	Kumbha Rasi: 24.25	Tithi 26	Gulika Yama	5:31AM - 7:09AM 1:42PM - 3:20PM	Purvaprosrthapada* Until 8:39PM Indra Until 9:36AM	Ganesha: White Muruga: Purple Nataraja: Purple Moon - Clear	Sunrise: 5:31AM Sunset: 6:36PM	Krodhin 5126 Moon 4 - Phase 3 - 9 2nd Phase				
	Routine Work	Marana Yoga	213657579	Rahu	8:47AM - 10:25AM	Bava Until 8:39AM	Sivaloka Day					
	Until 8:39PM				Ekadashi* Until 7:13PM	Chaitra-Chaitra						
3	Sunday, May 5, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Кішна Пакіше Штану Васара Yuktayam Muscat, Oman Uttaraprosrthapada Nakshatra Vaidhril*/Vishkambha* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau Sun 10 Sutra 20									
	Meena Rasi: 9.02	Tithi 27 - 28	Gulika Yama	3:20PM - 4:58PM 12:03PM - 1:42PM	Uttaraprosrthapada Until 6:27PM Vaidhril* Until 6:07AM	Ganesha: White Muruga: Purple Nataraja: Purple Moon - Clear	Sunrise: 5:30AM Sunset: 6:37PM	Krodhin 5126 Moon 4 - Phase 3 - 10 2nd Phase				
	Creative Work	Amrita Yoga	213657579	Rahu	4:58PM - 6:37PM	Gara Until 2:43AM Mon	Sivaloka Day					
					Dvadashi* Until 4:14PM	Chaitra-Chaitra						
Pradosha Vrata (Fasting)												
4	Monday, May 6, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Кішна Пакіше Інду Васара Yuktayam Muscat, Oman Revati/Ashvini Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 11 Sutra 21									
	Meena Rasi: 23.44	Tithi 28 - 29	Gulika Yama	1:42PM - 3:20PM 10:25AM - 12:03PM	Revati Until 4:03PM Priti Until 10:57PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon - Clear	Sunrise: 5:30AM Sunset: 6:37PM	Krodhin 5126 Moon 4 - Phase 3 - 11 2nd Phase				
	Family Home Evening		213657579	Rahu	7:08AM - 8:46AM	Visti Until 11:40PM	Sivaloka Day					
	Creative Work	Siddha Yoga			Trayodashi* Until 1:10PM	Chaitra-Chaitra						
●	Tuesday, May 7, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Кішна Пакіше Мангала Васара Yuktayam Muscat, Oman Ashvini/Bharani Nakshatra Ayudhman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau Sun 12 Sutra 22									
	Retreat Star		Gulika Yama	12:03PM - 1:42PM 8:46AM - 10:25AM	Ashvini Until 2:00PM Ayudhman Until 7:25PM	Ganesha: Green Muruga: Purple Nataraja: Purple Moon - White	Sunrise: 5:29AM Sunset: 6:37PM	Krodhin 5126 Moon 4 - Phase 3 - 12 Amavasya				
	Mesha Rasi: 8.26	Tithi 29 - 30	223657579	Rahu	3:20PM - 4:58PM	Catuspada Until 8:44PM	Sivaloka Day					
	Creative Work	Siddha Yoga			Chaturdashi* Until 10:10AM	Chaitra-Chaitra						
Pradosha Vrata (Fasting)												
Wednesday, May 8, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Суліа Пакіше Будха Васара Yuktayam Muscat, Oman Bharani/Kritika Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughina* Karana Amavasya/Prathamayam Titau Sun 13 Sutra 23										
Retreat Star		Gulika Yama	10:24AM - 12:03PM 7:07AM - 8:46AM	Bharani Until 12:01PM Saubhagya Until 4:07PM	Ganesha: Green Muruga: Purple Nataraja: Purple Moon - White	Sunrise: 5:28AM Sunset: 6:38PM	Krodhin 5126 Moon 4 - Phase 3 - 13 Prathama					
Mesha Rasi: 23.02		Tithi 30 - 1	223657579	Rahu	12:03PM - 1:42PM	Kintughina Until 6:03PM	Sivaloka Day					
Creative Work		Siddha Yoga			Amavasya* Until 7:20AM	Vaisaka-Chaitra						
Until 12:01PM												
Then Creative Work		Amrita Yoga										

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1	Thursday, May 9, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Масе Сукла Пакша Гору Вєсара Yuktayam Muscat, Oman Kritika/Rohini Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Dvityayam Titau Sun 14 Sutra 24			
	Wishebbha Rasi: 7.23	Tithi 2	Gulika 8:45AM - 10:24AM	Kritika Until 10:15AM	Ganesha: Green	Sunrise: 5:28AM
	Until 9:15AM		Yama 5:28AM - 7:07AM	Sobhana Until 1:09PM	Muruga: Purple	Sunset: 6:39PM
Routine Work		Marana Yoga	Rahu 1:42PM - 3:21PM	Balava Until 3:46PM	Nataraja: Purple	Moon 4 - Phase 4 - 14
				Dvitiya Until 2:48AM Fri	Moon - White	3rd Phase
					Vaisaka-Chaitra	Sivaloka Day
2	Friday, May 10, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Масе Сукла Пакша Suktā Vєsarā Yuktayam Muscat, Oman Rohini/Mrigashira Nakshatra Ahiganda*/Sukama Yoga Taitila/Gara Karana Tritiayam Titau Sun 15 Sutra 25			
	Wishebbha Rasi: 21.26	Tithi 3	Gulika 7:06AM - 8:45AM	Rohini Until 9:15AM	Ganesha: White	Sunrise: 5:27AM
	Until 9:15AM		Yama 3:21PM - 5:00PM	Ahiganda* Until 10:34AM	Muruga: Purple	Sunset: 6:39PM
Routine Work		Marana Yoga	Rahu 10:24AM - 12:03PM	Taitila Until 2:01PM	Nataraja: Purple	Moon 4 - Phase 4 - 15
					Moon - Yellow	3rd Phase
			Akashya Tritiya	Tritiya Until 1:21AM Sat	Vaisaka-Chaitra	Sivaloka Day
3	Saturday, May 11, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Масе Сукла Пакша Manṭa Vєsarā Yuktayam Muscat, Oman Mithuna/Rigashira Nakshatra Dhriti Yoga Vanja/Visli* Karana Chaturthiyam Titau Sun 16 Sutra 26			
	Mithuna Rasi: 5.07	Tithi 4	Gulika 5:27AM - 7:06AM	Mrigashira Until 8:45AM	Ganesha: Clear	Sunrise: 5:27AM
	Until 9:15AM		Yama 1:42PM - 3:21PM	Sukama Until 8:32AM	Muruga: Purple	Sunset: 6:39PM
Creative Work		Siddha Yoga	Rahu 8:45AM - 10:24AM	Vanja Until 12:54PM	Nataraja: Purple	Moon 4 - Phase 4 - 16
					Moon - Yellow	3rd Phase
				Chaturthi* Until 12:36AM Sun	Vaisaka-Chaitra	Subha Sivaloka Day
4	Sunday, May 12, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Масе Сукла Пакша Bhanu Vєsarā Yuktayam Muscat, Oman Mithuna Rasi: 18.23 Tithi 5 234657579 Rahu 3:21PM - 5:01PM			
			Yama 12:03PM - 1:42PM	Ardra Until 8:48AM	Ganesha: Clear	Sunrise: 5:26AM
			Rahu 5:01PM - 6:40PM	Dhriti Until 7:04AM	Muruga: Purple	Sunset: 6:40PM
Creative Work		Siddha Yoga		Bava Until 12:32PM	Nataraja: Purple	Moon 4 - Phase 4 - 17
					Moon - Yellow	3rd Phase
			Mother's Day	Panchami Until 12:37AM Mon	Vaisaka-Chaitra	Subha Sivaloka Day
5	Monday, May 13, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Масе Сукла Пакша Indu Vєsarā Yuktayam Muscat, Oman Kataka Rasi: 1.15 Tithi 6 244657579 Rahu 1:42PM - 3:22PM			
			Yama 10:24AM - 12:03PM	Punarvasu Until 9:55AM	Ganesha: Purple	Sunrise: 5:26AM
			Rahu 7:05AM - 8:44AM	Shula* Until 6:12AM	Muruga: Purple	Sunset: 6:40PM
Family Home Evening		Amrita Yoga		Kaulava Until 12:56PM	Nataraja: Purple	Moon 4 - Phase 4 - 18
Creative Work		Until 9:55AM			Moon - Blue	3rd Phase
Then Creative Work - Siddha Yoga				Shashthi* Until 1:23AM Tue	Vaisaka-Chaitra	Subha Subha Sivaloka Day
6	Tuesday, May 14, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Suktā Paksha Mangala Vєsarā Yuktayam Muscat, Oman Kataka Rasi: 13.46 Tithi 7 244657579 Rahu 12:03PM - 1:42PM			
			Yama 8:44AM - 10:24AM	Pushya Until 11:36AM	Ganesha: Purple	Sunrise: 5:25AM
			Rahu 3:22PM - 5:01PM	Viddhi Until 6:12AM Wed	Muruga: Purple	Sunset: 6:41PM
Creative Work		Siddha Yoga		Gara Until 2:04PM	Nataraja: Purple	Moon 4 - Phase 4 - 19
					Moon - Blue	3rd Phase
				Saptami Until 2:52AM Wed	Vaisaka-Vaikasi	Subha Subha Sivaloka Day
7	Wednesday, May 15, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Suktā Paksha Budha Vєsarā Yuktayam Muscat, Oman Kataka Rasi: 26 Tithi 8 244657579 Rahu 10:24AM - 12:03PM			
			Yama 7:04AM - 8:44AM	Ashlesha* Until 1:45PM	Ganesha: Purple	Sunrise: 5:25AM
			Rahu 12:03PM - 1:43PM	Viddhi Until 6:12AM	Muruga: Purple	Sunset: 6:41PM
Creative Work		Siddha Yoga		Visli Until 3:50PM	Nataraja: Purple	Moon 4 - Phase 4 - 20
					Moon - Blue	3rd Phase
				Ashtami* Until 4:54AM Thu	Vaisaka-Vaikasi	Subha Subha Sivaloka Day
8	Thursday, May 16, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Suktā Paksha Guru Vєsarā Yuktayam Muscat, Oman Simha Rasi: 8.01 Tithi 9 254657579 Rahu 8:44AM - 10:23AM			
			Yama 5:24AM - 7:04AM	Magha* Until 4:42PM	Ganesha: Clear	Sunrise: 5:24AM
			Rahu 1:43PM - 3:22PM	Dhruva Until 6:51AM	Muruga: Purple	Sunset: 6:42PM
Creative Work		Amrita Yoga		Balava Until 6:05PM	Nataraja: Purple	Moon 4 - Phase 4 - 21
Until 4:42PM					Moon - Red	3rd Phase
Then Creative Work - Siddha Yoga				Navami* Until 7:18AM Fri	Vaisaka-Vaikasi	Subha Sivaloka Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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1 Friday, May 17, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Вішвabhа Mase Sukla Paksha Sukra Varsara Yuktayam Purvaphalguni Nakshatra Vyatipata* Harshana Yoga Gara/Vanija Karana Dashami/Dashamyam Titau				Muscat, Oman Sun 22 Sutra 32
Simha Rasi: 19.53	Tithi 9 – 10	Gulika Yama Rahu	7:04AM – 8:44AM 3:23PM – 5:02PM 10:23AM – 12:03PM	Purvaphalguni Until 7:46PM Vyaghata* Until 7:48AM Taillita Until 8:36PM Navami* Until 7:18AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Red Vaishaka-Vaikasi	Sunrise: 5:24AM Sunset: 6:42PM Moon 4 - Phase 5 - 22 4th Phase
Creative Work	Siddha Yoga	254757579				Sivaloka Day
2 Saturday, May 18, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Вішвabhа Mase Sukla Paksha Manita Varsara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadesham Titau				Muscat, Oman Sun 23 Sutra 33
Kanya Rasi: 1.41	Tithi 10 – 11	Gulika Yama Rahu	5:24AM – 7:03AM 1:43PM – 3:23PM 8:43AM – 10:23AM	Uttaraphalguni Until 10:41PM Harshana Until 8:52AM Vanija Until 11:08PM Dashami Until 9:51AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Red Vaishaka-Vaikasi	Sunrise: 5:24AM Sunset: 6:42PM Moon 4 - Phase 5 - 23 4th Phase
Routine Work	Marana Yoga	254757579				Sivaloka Day
3 Sunday, May 19, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Вішвabhа Mase Sukla Paksha Bharu Varsara Yuktayam Uttaraphalguni Nakshatra Vajra* Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashtyam Titau				Muscat, Oman Sun 24 Sutra 34
Kanya Rasi: 13.31	Tithi 11 – 12	Gulika Yama Rahu	3:23PM – 5:03PM 12:03PM – 1:43PM 5:03PM – 6:43PM	Hasta Until 1:45AM Mon Vajra* Until 9:51AM Bava Until 1:29AM Mon Ekadashi Until 12:20PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green Vaishaka-Vaikasi	Sunrise: 5:23AM Sunset: 6:43PM Moon 4 - Phase 5 - 24 4th Phase
Creative Work	Amrita Yoga	264757579				Subha Sivaloka Day
Until 1:45AM Mon						
Then Routine Work - Prabalarishta Yoga						
4 Monday, May 20, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Вішвabhа Mase Sukla Paksha Indu Varsara Yuktayam Chitra Nakshatra Siddhi/Vyapata* Yoga Balava/Kaulava Karana Dvadashti/Trayodashtyam Titau				Muscat, Oman Sun 25 Sutra 35
Kanya Rasi: 25.26	Tithi 12 – 13	Gulika Yama Rahu	1:43PM – 3:23PM 10:23AM – 12:03PM 7:03AM – 8:43AM	Chitra Until 4:17AM Tue Siddhi Until 10:38AM Kaulava Until 3:26AM Tue Dvadashti Until 2:30PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green Vaishaka-Vaikasi	Sunrise: 5:23AM Sunset: 6:44PM Moon 4 - Phase 5 - 25 4th Phase
Family Home Evening		264757579				Subha Sivaloka Day
Routine Work	Prabalarishta Yoga					
Until 4:17AM Tue						
Then Creative Work - Siddha Yoga						
5 Tuesday, May 21, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Вішвabhа Mase Sukla Paksha Mangala Varsara Yuktayam Svati Nakshatra Vyatipata*/Varjyan Yoga Talita/Gara Karana Trayodashi/Chaturdashtyam Titau				Muscat, Oman Sun 26 Sutra 36
Tula Rasi: 7.32	Tithi 13 – 14	Gulika Yama Rahu	12:03PM – 1:44PM 8:43AM – 10:23AM 3:24PM – 5:04PM	Svati Until 6:09AM Wed Vyatipata* Until 11:07AM Gara Until 4:53AM Wed Trayodashi Until 4:13PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green Vaishaka-Vaikasi	Sunrise: 5:22AM Sunset: 6:44PM Moon 4 - Phase 5 - 26 4th Phase
Creative Work	Siddha Yoga	264757579				Subha Sivaloka Day
6 Wednesday, May 22, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Вішвabhа Mase Sukla Paksha Budha Varsara Yuktayam Svati Nakshatra Vajra*/Parigraha* Yoga Vanija/Visti*/Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sun 27 Sutra 37
Tula Rasi: 19.5	Tithi 14 – 15	Gulika Yama Rahu	10:23AM – 12:03PM 7:02AM – 8:43AM 12:03PM – 1:44PM	Svati Until 6:09AM Varjyan Until 11:08AM Visti Until 5:45AM Thu Chaturdashi* Until 5:22PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green Vaishaka-Vaikasi	Sunrise: 5:22AM Sunset: 6:45PM Moon 4 - Phase 5 - 27 4th Phase
Creative Work	Siddha Yoga	264757579				Subha Sivaloka Day
			Vaikasi Visakam			
Thursday, May 23, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Вішвabhа Mase Krishna Paksha Guru Varsara Yuktayam Vishakha/Auradha Nakshatra Parigraha*/Shiva Yoga Bava/Balava Karana Purnima/Prathamam Titau				Muscat, Oman Sun 28 Sutra 38
Vishika Rasi: 2.22	Tithi 15 – 16	Gulika Yama Rahu	8:43AM – 10:23AM 5:22AM – 7:02AM 1:44PM – 3:24PM	Vishakha Until 7:47AM Parigraha* Until 10:44AM Balava Until 6:03AM Fri Purnima* Until 5:57PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Orange Vaishaka-Vaikasi	Sunrise: 5:22AM Sunset: 6:45PM Moon 4 - Phase 5 - 28 Purnima
Creative Work	Siddha Yoga	275757579				Subha Sivaloka Day
			Budha Purnima (Tamil Nadu)			
Friday, May 24, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Вішвabhа Mase Krishna Paksha Sukra Varsara Yuktayam Anuradha/Ajyestha* Nakshatra Siddhi/Siddha Yoga Balava/Tailita Karana Prathama/Dvityayam Titau				Muscat, Oman Sun 29 Sutra 39
Vishika Rasi: 15.11	Tithi 16 – 17	Gulika Yama Rahu	7:02AM – 8:43AM 3:25PM – 5:05PM 10:23AM – 12:04PM	Anuradha Until 8:43AM Shiva Until 9:53AM Balava Until 6:03AM Prathama* Until 5:59PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Orange Vaishaka-Vaikasi	Sunrise: 5:22AM Sunset: 6:46PM Moon 4 - Phase 5 - 29 Prathama
Creative Work	Siddha Yoga	275757579				Subha Sivaloka Day
Until 8:43AM						
Then Routine Work - Marana Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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Saturday, May 25, 2024

Gold Retreat Star

Vischika Rasi: 28.16 Tithi 17 - 18

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Manta Vasara Yuktayam
Jyeshtha* Mula* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyeayam Titau
Gulika **5:21AM - 7:02AM** **Jyeshtha* Until 8:58AM** **Ganesha: White** Sunrise: 5:21AM Sun 1 Muscat, Oman
Yama 1:44PM - 3:25PM Siddha Until 8:37AM **Muruga: Purple** Sunset: 6:49PM Moon 5 - Phase 6 - 1 Sutra 40
Rahu 8:42AM - 10:23AM Vanija Until 5:08AM Sun **Nataraja: Purple** Moon 5 - Phase 6 - 1 Krodhin 5126
Dvitiya Until 5:31PM Moon - Orange **Subha Subha Sivaloka Day** 1st Phase
Vaishaka-Vaikasi

1 Sunday, May 26, 2024

Dhanus Rasi: 11.35 Tithi 18 - 19

Creative Work Amrita Yoga

Until 9:06AM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Bhrano Vasara Yuktayam
Mula* Purvashadha* Nakshatra Subha Yoga Vasi/Vava Karana Tritiya/Chaturthiyam Titau
Gulika **3:25PM - 5:06PM** **Mula* Until 9:06AM** **Ganesha: Yellow** Sunrise: 5:21AM Sun 2 Muscat, Oman
Yama 12:04PM - 1:44PM Sadhya Until 7:00AM **Muruga: Purple** Sunset: 6:49PM Moon 5 - Phase 6 - 2 Sutra 41
Rahu 5:06PM - 6:46PM Bava Until 4:05AM Mon **Nataraja: Purple** Moon 5 - Phase 6 - 2 Krodhin 5126
Tritiya Until 4:38PM Moon - Light Blue **Subha Sivaloka Day** 1st Phase
Vaishaka-Vaikasi

2 Monday, May 27, 2024

Dhanus Rasi: 25.07 Tithi 19 - 20

Family Home Evening

Routine Work Marana Yoga

Krodhin Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Indu Vasara Yuktayam
Uttarashadha*Uttarashadha Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Pancham Yam Titau
Gulika **1:45PM - 3:25PM** **Purvashadha* Until 8:43AM** **Ganesha: Yellow** Sunrise: 5:21AM Sun 3 Muscat, Oman
Yama 10:23AM - 12:04PM Sukla Until 2:57AM Tue **Muruga: Purple** Sunset: 6:47PM Moon 5 - Phase 6 - 3 Krodhin 5126
Rahu 7:02AM - 8:42AM Kaulava Until 2:43AM Tue **Nataraja: Purple** Moon 5 - Phase 6 - 3 1st Phase
Chaturthi* Until 3:25PM Moon - Light Blue **Subha Sivaloka Day** Vaishaka-Vaikasi

3 Tuesday, May 28, 2024

Makara Rasi: 8.48 Tithi 20 - 21

Routine Work Prabalarishtha Yoga

Until 7:55AM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau
Gulika **12:04PM - 1:45PM** **Uttarashadha Until 7:55AM** **Ganesha: Yellow** Sunrise: 5:21AM Sun 4 Muscat, Oman
Yama 8:42AM - 10:23AM Brahma Until 12:36AM Wed **Muruga: Purple** Sunset: 6:47PM Moon 5 - Phase 6 - 4 Krodhin 5126
Rahu 3:26PM - 5:07PM Gara Until 1:07AM Wed **Nataraja: Purple** Moon 5 - Phase 6 - 4 1st Phase
Panchami Until 1:56PM Moon - Light Blue **Subha Sivaloka Day** Vaishaka-Vaikasi

4 Wednesday, May 29, 2024

Makara Rasi: 22.39 Tithi 21 - 22

Creative Work Siddha Yoga

Until 7:10AM

Then Routine Work - Prabalarishtha Yoga

Krodhin Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptam Yam Titau
Gulika **10:23AM - 12:04PM** **Shravana Until 7:10AM** **Ganesha: Blue** Sunrise: 5:20AM Sun 5 Muscat, Oman
Yama 7:01AM - 8:42AM Indra Until 10:06PM **Muruga: Purple** Sunset: 6:49PM Moon 5 - Phase 6 - 5 Sutra 44
Rahu 12:04PM - 1:45PM Visti Until 11:18PM **Nataraja: Purple** Moon 5 - Phase 6 - 5 Krodhin 5126
Shashthi* Until 12:13PM Moon - Purple **Subha Subha Sivaloka Day** 1st Phase
Vaishaka-Vaikasi

Thursday, May 30, 2024

Retreat Star

Kumbha Rasi: 6.37 Tithi 22 - 23

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Guru Vasara Yuktayam
Dhanishtha/Shashthshak Nakshatra Vaidhiti* Yoga Bava/Balava Karana Saptami/Kocham Yam Titau
Gulika **8:42AM - 10:23AM** **Dhanishtha Until 6:04AM** **Ganesha: Blue** Sunrise: 5:20AM Sun 6 Muscat, Oman
Yama 5:20AM - 7:01AM Vaidhiti* Until 7:25PM **Muruga: Purple** Sunset: 6:49PM Moon 5 - Phase 6 - 6 Sutra 45
Rahu 1:45PM - 3:26PM Balava Until 9:19PM **Nataraja: Purple** Moon 5 - Phase 6 - 6 Krodhin 5126
Saptami Until 10:19AM Moon - Purple **Subha Subha Sivaloka Day** Ashtami
Vaishaka-Vaikasi

Friday, May 31, 2024

Retreat Star

Kumbha Rasi: 20.42 Tithi 23 - 24

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Sukra Vasara Yuktayam
Purvashrothapada* Nakshatra Vishkambha/Priti Yoga Kaulava/Taitila Karana Ashtami/Navam Yam Titau
Gulika **7:01AM - 8:42AM** **Purvashrothapada* Until 3:22AM Sat** **Ganesha: Purple** Sunrise: 5:20AM Sun 7 Muscat, Oman
Yama 3:27PM - 5:08PM Vishkambha* Until 4:37PM **Muruga: Purple** Sunset: 6:49PM Moon 5 - Phase 6 - 7 Sutra 46
Rahu 10:23AM - 12:04PM Taitila Until 7:09PM **Nataraja: Purple** Moon - Clear Moon 5 - Phase 6 - 7 Krodhin 5126
Ashtami* Until 8:14AM Vaishaka-Vaikasi Navami

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1 Saturday, June 1, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Марта Васара Yuktayam Uttaraprosrthapada Nakshatra Priti/Ayushman Yoga Gara/Vesi* Karana Navami/Dashamayam Titau				Muscat, Oman Sun 8 Sutra 47 Krodhin 5126
Meena Rasi: 4.53	Tithi 24 – 25	Gulika Yama 316757579 Rahu	5:20AM – 7:01AM 1:46PM – 3:27PM 8:42AM – 10:23AM	Uttaraprosrthapada Until 1:50AM Sun Priti Until 1:43PM Visti Until 3:40AM Sun Navami* Until 6:00AM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sunrise: 5:20AM Sunset: 6:49PM Moon 5 - Phase 7 - 8 2nd Phase
Creative Work Siddha Yoga Until 1:50AM Sun Then Creative Work - Amrita Yoga		Subha Sivaloka Day				
2 Sunday, June 2, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Білану Васара Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Muscat, Oman Sun 9 Sutra 48 Krodhin 5126
Meena Rasi: 19.08	Tithi 26	Gulika Yama 316757579 Rahu	3:27PM – 5:08PM 12:05PM – 1:46PM 5:08PM – 6:50PM	Revati Until 12:04AM Mon Ayushman Until 10:43AM Bava Until 2:29PM Ekadashi* Until 1:15AM Mon	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Clear Vaisaka-Vaikasi	Sunrise: 5:20AM Sunset: 6:50PM Moon 5 - Phase 7 - 9 2nd Phase
Creative Work Amrita Yoga Until 12:04AM Mon Then Creative Work - Siddha Yoga		Subha Sivaloka Day				
3 Monday, June 3, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Інду Васара Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailita Karana Dvadashtyam Titau				Muscat, Oman Sun 10 Sutra 49 Krodhin 5126
Meena Rasi: 3.26	Tithi 27	Gulika Yama 326757579 Rahu	1:46PM – 3:27PM 10:24AM – 12:05PM 7:01AM – 8:42AM	Ashvini Until 10:35PM Saubhagya Until 7:41AM Kaulava Until 12:04PM Dvadashti* Until 10:51PM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sunrise: 5:20AM Sunset: 6:50PM Moon 5 - Phase 7 - 10 2nd Phase
Family Home Evening Creative Work Siddha Yoga		Sivaloka Day				
4 Tuesday, June 4, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Мінгала Васара Yuktayam Bharani Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Muscat, Oman Sun 11 Sutra 50 Krodhin 5126
Meena Rasi: 17.44	Tithi 28	Gulika Yama 326757579 Rahu	12:05PM – 1:46PM 8:42AM – 10:24AM 3:28PM – 5:09PM	Bharani Until 9:04PM Athiganda* Until 1:46AM Wed Gara Until 9:41AM Trayodashi* Until 8:31PM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – White Vaisaka-Vaikasi	Sunrise: 5:20AM Sunset: 6:50PM Moon 5 - Phase 7 - 11 2nd Phase
Creative Work Siddha Yoga		Sivaloka Day				
5 Wednesday, June 5, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Будха Васара Yuktayam Krittika Nakshatra Sukama Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman Sun 12 Sutra 51 Krodhin 5126
Wishabha Rasi: 1.56	Tithi 29	Gulika Yama 326757571 Rahu	10:24AM – 12:05PM 7:01AM – 8:42AM 12:05PM – 1:47PM	Krittika Until 7:36PM Sukama Until 11:02PM Visti Until 7:27AM Chaturdashi* Until 6:24PM	Ganesha: Purple Muruga: Purple Nataraja: Blue Moon – White Vaisaka-Vaikasi	Sunrise: 5:20AM Sunset: 6:51PM Moon 5 - Phase 7 - 12 2nd Phase
Creative Work Amrita Yoga Until 7:36PM Then Creative Work - Siddha Yoga		Sivaloka Day				
Thursday, June 6, 2024 Retreat Star		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Сука Пакше Гурі Васара Yuktayam Rohini Nakshatra Dhriti Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman Sun 13 Sutra 52 Krodhin 5126
Wishabha Rasi: 15.58	Tithi 30 – 1	Gulika Yama 336757571 Rahu	8:43AM – 10:24AM 5:20AM – 7:01AM 1:47PM – 3:28PM	Rohini Until 6:44PM Dhriti Until 8:37PM Kintughna Until 3:52AM Fri Amavasya* Until 4:36PM	Ganesha: Light Blue Muruga: Purple Nataraja: Blue Moon – Yellow Vaisaka-Vaikasi	Sunrise: 5:20AM Sunset: 6:52PM Moon 5 - Phase 7 - 13 Amavasya
Routine Work Marana Yoga		Sivaloka Day				
Friday, June 7, 2024 Retreat Star		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Сука Пакше Сука Васара Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Muscat, Oman Sun 14 Sutra 53 Krodhin 5126
Wishabha Rasi: 29.46	Tithi 1 – 2	Gulika Yama 336757571 Rahu	7:01AM – 8:43AM 3:29PM – 5:10PM 10:24AM – 12:06PM	Mrigashira Until 6:11PM Shula* Until 6:32PM Balava Until 2:46AM Sat Prathama* Until 3:14PM	Ganesha: Light Blue Muruga: Purple Nataraja: Blue Moon – Yellow Jyeshtha-Vaikasi	Sunrise: 5:20AM Sunset: 6:52PM Moon 5 - Phase 7 - 14 Prathama
Creative Work Siddha Yoga		Sivaloka Day				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Saturday, June 8, 2024		Krodhin Nama Samvatsare Uтарыяне Нарана Рітау Vishabha Mase Sukla Paksha Merita Vasara Yuktayam Muscat, Oman Andra Nakshatra Ganda*Viddhi Yoga Kaulava/Tailila Karana Dvitya/Trityayam Titau Sun 15 Sutra 54	
	Gulika	5:20AM – 7:01AM	Andra Until 6:02PM	Ganesha: Light Blue Sunrise: 5:20AM Muscat, Oman
	Yama	1:47PM – 3:29PM	Ganda* Until 4:55PM	Muruga: Purple Sunrise: 6:59PM Sutra 55
	Rahu	8:43AM – 10:24AM	Tailila Until 2:17AM Sun	Nataraja: Blue Moon 5 - Phase 8 - 16 3rd Phase
Creative Work	Siddha Yoga	336757571	Dvitiya Until 2:25PM	Jyeshtha/Vaikasi
Sivaloka Day				
2	Sunday, June 9, 2024		Krodhin Nama Samvatsare Uтарыяне Нарана Рітау Vishabha Mase Sukla Paksha Bharu Vasara Yuktayam Muscat, Oman Punarvasu Nakshatra Viddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau Sun 16 Sutra 55	
	Gulika	3:29PM – 5:11PM	Punarvasu Until 6:50PM	Ganesha: Light Blue Sunrise: 5:20AM Muscat, Oman
	Yama	12:06PM – 1:48PM	Viddhi Until 3:50PM	Muruga: Purple Sunrise: 6:59PM Sutra 56
	Rahu	5:11PM – 6:52PM	Vanija Until 2:27AM Mon	Nataraja: Blue Moon 5 - Phase 8 - 16 3rd Phase
Creative Work	Siddha Yoga	347757571	Tritiya Until 2:15PM	Jyeshtha/Vaikasi
Sivaloka Day				
3	Monday, June 10, 2024		Krodhin Nama Samvatsare Uтарыяне Нарана Рітау Vishabha Mase Sukla Paksha Indu Vasara Yuktayam Muscat, Oman Pushya Nakshatra Viddhi/Vyeghata* Yoga Visi*Bava Karana Chaturthi/Panchamyam Titau Sun 17 Sutra 56	
	Gulika	1:48PM – 3:29PM	Pushya Until 8:10PM	Ganesha: Light Blue Sunrise: 5:20AM Muscat, Oman
	Yama	10:25AM – 12:06PM	Dhruva Until 3:17PM	Muruga: Purple Sunrise: 6:59PM Sutra 57
	Rahu	7:01AM – 8:43AM	Bava Until 3:20AM Tue	Nataraja: Blue Moon 5 - Phase 8 - 16 3rd Phase
Kalaka Rasi: 9.14	Tithi 4 – 5	347757571	Chaturthi* Until 2:47PM	Jyeshtha/Vaikasi
Family Home Evening				
Creative Work	Siddha Yoga			
Sivaloka Day				
4	Tuesday, June 11, 2024		Krodhin Nama Samvatsare Uтарыяне Нарана Рітау Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam Muscat, Oman Ashlesha* Nakshatra Vyagata*Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau Sun 18 Sutra 57	
	Gulika	12:06PM – 1:48PM	Ashlesha* Until 10:00PM	Ganesha: Purple Sunrise: 5:20AM Muscat, Oman
	Yama	8:43AM – 10:25AM	Vyagata* Until 3:17PM	Muruga: Purple Sunrise: 6:59PM Sutra 58
	Rahu	3:30PM – 5:11PM	Kaulava Until 4:51AM Wed	Nataraja: Blue Moon 5 - Phase 8 - 16 3rd Phase
Creative Work	Siddha Yoga	347857571	Panchami Until 3:59PM	Jyeshtha/Vaikasi
Sivaloka Day				
5	Wednesday, June 12, 2024		Krodhin Nama Samvatsare Uтарыяне Нарана Рітау Vishabha Mase Sukla Paksha Budha Vasara Yuktayam Muscat, Oman Magha* Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau Sun 19 Sutra 58	
	Gulika	10:25AM – 12:07PM	Magha* Until 12:42AM Thu	Ganesha: Clear Sunrise: 5:20AM Muscat, Oman
	Yama	7:01AM – 8:43AM	Harshana Until 3:45PM	Muruga: Purple Sunrise: 6:59PM Sutra 59
	Rahu	12:07PM – 1:48PM	Gara Until 6:55AM Thu	Nataraja: Blue Moon 5 - Phase 8 - 20 3rd Phase
Simha Rasi: 3.57	Tithi 6 – 7	357857571	Shashthi* Until 5:48PM	Moon – Red Jyeshtha/Vaikasi
Creative Work	Siddha Yoga			
Subha Sivaloka Day				
6	Thursday, June 13, 2024		Krodhin Nama Samvatsare Uтарыяне Нарана Рітау Vishabha Mase Sukla Paksha Guru Vasara Yuktayam Muscat, Oman Purvaphalguni Nakshatra Vajra*Siddhi Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 59	
	Gulika	8:43AM – 10:25AM	Purvaphalguni Until 3:37AM Fri	Ganesha: Clear Sunrise: 5:20AM Muscat, Oman
	Yama	5:20AM – 7:02AM	Vajra* Until 4:34PM	Muruga: Purple Sunrise: 6:59PM Sutra 60
	Rahu	1:48PM – 3:30PM	Gara Until 6:55AM	Nataraja: Blue Moon 5 - Phase 8 - 20 3rd Phase
Creative Work	Siddha Yoga	357857571	Saptami Until 8:04PM	Moon – Red Jyeshtha/Vaikasi
Subha Sivaloka Day				
D	Friday, June 14, 2024		Krodhin Nama Samvatsare Uтарыяне Нарана Рітау Mithuna Mase Sukla Paksha Sukra Vasara Yuktayam Muscat, Oman Uttaraphalguni Nakshatra Siddhi/Vyelpata* Yoga Visi*Bava Karana Ashtamyam Titau Sun 21 Sutra 60	
	Gulika	7:02AM – 8:43AM	Uttaraphalguni Until 6:31AM Sat	Ganesha: Clear Sunrise: 5:20AM Muscat, Oman
	Yama	3:30PM – 5:12PM	Siddhi Until 5:35PM	Muruga: Purple Sunrise: 6:59PM Sutra 61
	Rahu	10:25AM – 12:07PM	Visi Until 9:19AM	Nataraja: Blue Moon 5 - Phase 8 - 21 3rd Phase
Simha Rasi: 27.5	Tithi 8	357857571	Ashtami* Until 10:33PM	Moon – Red Jyeshtha/Vaikasi
Creative Work	Siddha Yoga			
Until 6:31AM Sat				
Then Routine Work - Marana Yoga				
Subha Sivaloka Day				
	Saturday, June 15, 2024		Krodhin Nama Samvatsare Uтарыяне Нарана Рітау Mithuna Mase Sukla Paksha Merita Vasara Yuktayam Muscat, Oman Uttaraphalguni/Hasta Nakshatra Vyelpata* Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Sutra 61	
	Gulika	5:20AM – 7:02AM	Uttaraphalguni Until 6:31AM	Ganesha: Orange Sunrise: 5:20AM Muscat, Oman
	Yama	1:49PM – 3:31PM	Vyelpata* Until 6:38PM	Muruga: Purple Sunrise: 6:59PM Sutra 62
	Rahu	8:44AM – 10:25AM	Balava Until 11:50AM	Nataraja: Blue Moon 5 - Phase 8 - 22 3rd Phase
Kanya Rasi: 9.39	Tithi 9	358857571	Navami* Until 1:01AM Sun	Moon – Red Jyeshtha/Vaikasi
Routine Work	Marana Yoga			
Subha Sivaloka Day				

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1 Sunday, June 16, 2024		Krodhin Nama Samvatsare Uтарыыне Нартаи Ритау Митхуна Мәсе Сукта Пакше Бһану Васара Уктайям Hasta/Chitra Nakshatra Varīyan Yoga Taillā/Gara Karana Dashamīyam Titāu				Muscat, Oman Sun 23 Sutra 62 Krodhin 5106 Moon 5 - Phase 9 - 23 4th Phase
Kanya Rasi: 21.3	Tithi 10	Gulika 3:31PM - 5:13PM Yama 12:07PM - 1:49PM 36885751 Rahu 5:13PM - 6:55PM	Hasta Until 9:40AM Varīyan Until 7:30PM Taillā Until 2:11PM	Ganesha: Green Muruga: Purple Nataraja: Blue Moon - Green Jyeshthar-Ani	Sunrise: 5:20AM Sunset: 6:59PM	
Creative Work - Amrita Yoga	Until 9:40AM	Father's Day		Sivaloka Day		
Then Creative Work - Siddha Yoga		Dashami Until 3:13AM Mon				
2 Monday, June 17, 2024		Krodhin Nama Samvatsare Uтарыыне Нартаи Ритау Митхуна Мәсе Сукта Пакше Инду Висара Уктайям Chitra/Svati Nakshatra Parigha* Yoga Vanija/Vishti* Karana Ekadashīyam Titāu				Muscat, Oman Sun 24 Sutra 63 Krodhin 5106 Moon 5 - Phase 9 - 24 4th Phase
Tula Rasi: 3.28	Tithi 11	Gulika 1:49PM - 3:31PM Yama 10:26AM - 12:08PM 36885751 Rahu 7:02AM - 8:44AM	Chitra Until 12:19PM Parigha* Until 8:03PM Vanija Until 4:10PM	Ganesha: Green Muruga: Purple Nataraja: Blue Moon - Green Jyeshthar-Ani	Sunrise: 5:20AM Sunset: 6:59PM	
Family Home Evening		Ekadashi Until 4:56AM Tue		Sivaloka Day		
Routine Work - Prabalarishta Yoga	Until 12:19PM					
Then Creative Work - Amrita Yoga						
3 Tuesday, June 18, 2024		Krodhin Nama Samvatsare Uтарыыне Нартаи Ритау Митхуна Мәсе Сукта Пакше Mengala Vissara Uктайям Svati/Vishakha Nakshatra Shiva Yoga Bava/Balava Karana Dvadashīyam Titāu				Muscat, Oman Sun 25 Sutra 64 Krodhin 5106 Moon 5 - Phase 9 - 25 4th Phase
Tula Rasi: 15.39	Tithi 12	Gulika 12:08PM - 1:50PM Yama 7:03AM - 10:26AM 36885751 Rahu 3:31PM - 5:13PM	Svati Until 2:17PM Shiva Until 8:09PM Bava Until 5:35PM	Ganesha: Green Muruga: Purple Nataraja: Blue Moon - Green Jyeshthar-Ani	Sunrise: 5:21AM Sunset: 6:59PM	
Creative Work - Siddha Yoga	Until 2:17PM	Dvadashi Until 6:01AM Wed		Sivaloka Day		
Then Routine Work - Marana Yoga						
4 Wednesday, June 19, 2024		Krodhin Nama Samvatsare Uтарыыне Нартаи Ритау Митхуна Мәсе Сукта Пакше Budha Vasara Уктайям Vishakha/Anuradha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashīyam Titāu				Muscat, Oman Sun 26 Sutra 65 Krodhin 5106 Moon 5 - Phase 9 - 26 4th Phase
Tula Rasi: 28.05	Tithi 12 - 13	Gulika 10:26AM - 12:08PM Yama 7:03AM - 8:44AM 37885751 Rahu 12:08PM - 1:50PM	Vishakha Until 3:55PM Siddha Until 7:43PM Kaulava Until 6:19PM	Ganesha: Red Muruga: Purple Nataraja: Blue Moon - Orange Jyeshthar-Ani	Sunrise: 5:21AM Sunset: 6:59PM	
Creative Work - Siddha Yoga		Dvadashi Until 6:01AM		Subha Sivaloka Day		
5 Thursday, June 20, 2024		Krodhin Nama Samvatsare Uтарыыне Нартаи Ритау Митхуна Мәсе Сукта Пакше Guru Vasara Уктайям Anuradha/Jyeshtha* Nakshatra Sadya Yoga Taillā/Gara Karana Trayodashi/Chaturdashīyam Titāu				Muscat, Oman Sun 27 Sutra 66 Krodhin 5106 Moon 5 - Phase 9 - 27 4th Phase
Vischika Rasi: 10.51	Tithi 13 - 14	Gulika 8:45AM - 10:26AM Yama 5:21AM - 7:03AM 37885751 Rahu 1:50PM - 3:32PM	Anuradha Until 4:43PM Sadya Until 6:44PM Gara Until 6:21PM	Ganesha: Red Muruga: Purple Nataraja: Blue Moon - Orange Jyeshthar-Ani	Sunrise: 5:21AM Sunset: 6:59PM	
Creative Work - Siddha Yoga	Until 4:43PM	Trayodashi Until 6:24AM		Subha Sivaloka Day		
Then Routine Work - Prabalarishta Yoga						
Friday, June 21, 2024		Krodhin Nama Samvatsare Uтарыыне Нартаи Ритау Митхуна Мәсе Сукта Пакше Sukra Vasara Уктайям Jyeshtha/Mula* Nakshatra Subha/Sukla Yoga Vanija/Bava Karana Chaturdashi/Chaturdashīyam Titāu				Muscat, Oman Sun 28 Sutra 67 Krodhin 5106 Moon 5 - Phase 9 - 28 Purnima
Copper Retreat Star		Gulika 7:03AM - 8:45AM Yama 3:32PM - 5:14PM 37885751 Rahu 10:27AM - 12:08PM	Jyeshtha Until 4:43PM Subha Until 5:15PM Bava Until 5:12AM Sat	Ganesha: Red Muruga: Purple Nataraja: Blue Moon - Orange Jyeshthar-Ani	Sunrise: 5:21AM Sunset: 6:59PM	
Vischika Rasi: 23.57	Tithi 14 - 15	Chaturdashi Until 6:06AM		Subha Sivaloka Day		
Routine Work - Marana Yoga	Until 4:43PM					
Then Creative Work - Amrita Yoga						
Saturday, June 22, 2024		Krodhin Nama Samvatsare Dakshināya Nartana Rītau Mithuna Mәсе Kṛishna Paksha Manita Vasara Уктайям Mula*/Purvashadha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamāyam Titāu				Muscat, Oman Sun 29 Sutra 68 Krodhin 5106 Moon 5 - Phase 9 - 29 Prathama
Dhanus Rasi: 7.23	Tithi 16	Gulika 5:21AM - 7:03AM Yama 1:50PM - 3:32PM 38996751 Rahu 8:45AM - 10:27AM	Mula Until 4:27PM Sukla Until 3:17PM Balava Until 4:34PM	Ganesha: Blue Muruga: Clear Nataraja: Blue Moon - Light Blue Jyeshthar-Ani	Sunrise: 5:21AM Sunset: 6:59PM	
Creative Work - Siddha Yoga		Prathama Until 3:47AM Sun		Devaloka Day		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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Sunday, June 23, 2024

Gold Retreat Star

Dhanus Rasi: 21.06 Tithi 17

Creative Work Siddha Yoga

Until 3:36PM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvat sare Dakshinayam Nartana Ritau Mithuna Mase Krishna Paksha Bharu Yuktayam
Purvashadha*Uttarashadha Nakshatra Brahma/Indra Yoga Talila/Gara Karana Dvitiyayam Titau

Gulika 3:32PM - 5:14PM
Yama 12:09PM - 1:51PM
Rahu 5:14PM - 6:56PM

Purvashadha* Until 3:36PM

Brahma Until 12:57PM
Taillila Until 1:00PM

Dvitiya Until 1:59AM Mon

Ganesha: Blue
Muruga: Clear
Nataraja: Blue
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:22AM
Sunset: 6:59PM

Muscat, Oman
Sutra 69
Krodhin 5126
Moon 6 - Phase 10 - 1st Phase

Devaloka Day

Monday, June 24, 2024

Makara Rasi: 5.03 Tithi 18

Family Home Evening

Routine Work Marana Yoga

Until 2:17PM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvat sare Dakshinayam Nartana Ritau Mithuna Mase Krishna Paksha Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhri* Yoga Vanja/Vasi* Karana Trityayam Titau

Gulika 1:51PM - 3:33PM
Yama 10:27AM - 12:09PM
Rahu 7:04AM - 8:45AM

Uttarashadha Until 2:17PM

Indra Until 10:23AM
Vanija Until 1:00PM

Tritya Until 11:56PM

Ganesha: Blue
Muruga: Clear
Nataraja: Blue
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 5:22AM
Sunset: 6:59PM

Muscat, Oman
Sutra 70
Krodhin 5126
Moon 6 - Phase 10 - 1st Phase

Devaloka Day

Tuesday, June 25, 2024

Makara Rasi: 19.09 Tithi 19

Creative Work Siddha Yoga

Krodhin Nama Samvat sare Dakshinayam Nartana Ritau Mithuna Mase Krishna Paksha Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhri* Vishkantha* Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 12:09PM - 1:51PM
Yama 8:46AM - 10:28AM
Rahu 3:33PM - 5:15PM

Shravana Until 1:04PM

Vaidhri* Until 7:36AM
Bava Until 10:52AM
Chaturthi* Until 9:44PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:22AM
Sunset: 6:59PM

Muscat, Oman
Sutra 71
Krodhin 5126
Moon 6 - Phase 10 - 2nd Phase

Sivaloka Day

Wednesday, June 26, 2024

Kumbha Rasi: 3.2 Tithi 20

Routine Work Prabalarishta Yoga

Until 11:36AM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvat sare Dakshinayam Nartana Ritau Mithuna Mase Krishna Paksha Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Prili Yoga Kaulava/Tailita Karana Panchamayam Titau

Gulika 10:28AM - 12:10PM
Yama 7:04AM - 8:46AM
Rahu 12:10PM - 1:51PM

Dhanishtha Until 11:36AM

Prili Until 1:51AM Thu
Kaulava Until 8:37AM
Panchami Until 7:28PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:22AM
Sunset: 6:57PM

Muscat, Oman
Sutra 72
Krodhin 5126
Moon 6 - Phase 10 - 3rd Phase

Sivaloka Day

Thursday, June 27, 2024

Kumbha Rasi: 17.33 Tithi 21 - 22

Creative Work Siddha Yoga

Krodhin Nama Samvat sare Dakshinayam Nartana Ritau Mithuna Mase Krishna Paksha Guru Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Ayushman Yoga Gara/Vist* Karana Shashthi/Saptamayam Titau

Gulika 8:46AM - 10:28AM
Yama 5:23AM - 7:04AM
Rahu 1:51PM - 3:33PM

Shatabhishak Until 9:59AM

Ayushman Until 10:56PM
Gara Until 6:21AM
Shashthi* Until 5:12PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Sunrise: 5:23AM
Sunset: 6:57PM

Muscat, Oman
Sutra 73
Krodhin 5126
Moon 6 - Phase 10 - 4th Phase

Sivaloka Day

Friday, June 28, 2024

Meena Rasi: 1.44 Tithi 22 - 23

Creative Work Siddha Yoga

Krodhin Nama Samvat sare Dakshinayam Nartana Ritau Mithuna Mase Krishna Paksha Sukra Vasara Yuktayam
Uttaraprosarthapada* Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashthamayam Titau

Gulika 7:05AM - 8:46AM
Yama 3:33PM - 5:15PM
Rahu 10:28AM - 12:10PM

Purvaprosarthapada* Until 8:42AM

Saubhagya Until 8:09PM
Balava Until 1:57AM Sat
Saptami Until 3:00PM

Ganesha: Clear
Muruga: Clear
Nataraja: Blue
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:23AM
Sunset: 6:57PM

Muscat, Oman
Sutra 74
Krodhin 5126
Moon 6 - Phase 10 - 5th Phase

Sivaloka Day

Saturday, June 29, 2024

Retreat Star

Meena Rasi: 15.52 Tithi 23 - 24

Creative Work Siddha Yoga

Until 7:21AM

Then Routine Work - Prabalarishta Yoga

Krodhin Nama Samvat sare Dakshinayam Nartana Ritau Mithuna Mase Krishna Paksha Marita Vasara Yuktayam
Uttaraprosarthapada/Ravati Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Tailita Karana Ashtami/Navamayam Titau

Gulika 5:23AM - 7:05AM
Yama 1:52PM - 3:33PM
Rahu 8:47AM - 10:28AM

Uttaraprosarthapada Until 7:21AM

Sobhana Until 5:25PM
Tailita Until 11:53PM
Ashtami* Until 12:53PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:23AM
Sunset: 6:57PM

Muscat, Oman
Sutra 75
Krodhin 5126
Moon 6 - Phase 10 - 6th Phase

Sivaloka Day

Sunday, June 30, 2024

Retreat Star

Meena Rasi: 29.56 Tithi 24 - 25

Creative Work Siddha Yoga

Krodhin Nama Samvat sare Dakshinayam Nartana Ritau Mithuna Mase Krishna Paksha Bharu Vasara Yuktayam
Ashvini Nakshatra Ahiganda*/Sukama Yoga Gara/Vanija Karana Navami/Dashamayam Titau

Gulika 3:34PM - 5:15PM
Yama 12:10PM - 1:52PM
Rahu 5:15PM - 6:57PM

Ashvini Until 4:58AM Mon

Ahiganda* Until 2:45PM
Vanija Until 9:56PM
Navami* Until 10:53AM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon - Clear
Jyeshtha-Ani

Sunrise: 5:24AM
Sunset: 6:57PM

Muscat, Oman
Sutra 76
Krodhin 5126
Moon 6 - Phase 10 - 7th Phase

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1	Monday, July 1, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Indu Vesara Yuktheyam Bharani Nakshatra SukarnaDhriti Yoga Veli/Bava Karana DashamiEkadashyam Titau		Muscat, Oman Sun 8 Sutra 77
	Gulika	1:52PM - 3:34PM	Bharani Until 3:58AM Tue	Ganesha: Green Sunrise: 5:24AM	Krodhin 5126
	Yama	10:29AM - 12:10PM	Sukarna Until 12:12PM	Muruga: Clear Sunset: 6:57PM	Moon 6 - Phase 11 - 8
	Family Home Evening Creative Work Siddha Yoga	321867571 Rahu 7:06AM - 8:47AM	Bava Until 6:07PM Dashami Until 8:59AM	Nataraja: Blue Moon - White JyestharAni	2nd Phase
Devaloka Day					
2	Tuesday, July 2, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Mangala Vesara Yuktheyam Kritika Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 9 Sutra 78
	Gulika	12:11PM - 1:52PM	Kritika Until 3:01AM Wed	Ganesha: Green Sunrise: 5:24AM	Krodhin 5126
	Yama	8:48AM - 10:29AM	Dhriti Until 9:47AM	Muruga: Clear Sunset: 6:57PM	Moon 6 - Phase 11 - 9
	Mesha Rasi: 27.49 Tithi 26 - 27	321867571 Rahu 3:34PM - 5:15PM	Kaulava Until 6:29PM Ekadashi* Until 7:15AM	Nataraja: Blue Moon - White JyestharAni	2nd Phase
Devaloka Day					
3	Wednesday, July 3, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Budha Vesara Yuktheyam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanja Karana Trayodashyam Titau		Muscat, Oman Sun 10 Sutra 79
	Gulika	10:29AM - 12:11PM	Rohini Until 2:36AM Thu	Ganesha: White Sunrise: 5:25AM	Krodhin 5126
	Yama	7:06AM - 8:48AM	Shula* Until 7:31AM	Muruga: Clear Sunset: 6:57PM	Moon 6 - Phase 11 - 10
	Wisheha Rasi: 11.37 Tithi 28	331867571 Rahu 12:11PM - 1:52PM	Gara Until 5:02PM Trayodashi* Until 4:24AM Thu	Nataraja: Blue Moon - Yellow JyestharAni	2nd Phase
Devaloka Day					
Pradosha Vrata (Fasting)					
4	Thursday, July 4, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Guru Vesara Yuktheyam Mrigashira Nakshatra Viddhi Yoga Veli*/Sakuni* Karana Chaturdashyam Titau		Muscat, Oman Sun 11 Sutra 80
	Gulika	8:48AM - 10:30AM	Mrigashira Until 2:22AM Fri	Ganesha: White Sunrise: 5:25AM	Krodhin 5126
	Yama	5:25AM - 7:07AM	Viddhi Until 3:42AM Fri	Muruga: Clear Sunset: 6:57PM	Moon 6 - Phase 11 - 11
	Wisheha Rasi: 25.14 Tithi 29	331867571 Rahu 1:53PM - 3:34PM	Visti Until 3:54PM Chaturdashi* Until 3:27AM Fri	Nataraja: Blue Moon - Yellow JyestharAni	2nd Phase
Devaloka Day					
	Friday, July 5, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Sukra Vesara Yuktheyam Andra Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyeyam Titau		Muscat, Oman Sun 12 Sutra 81
	Retreat Star		Andra Until 2:24AM Sat	Ganesha: White Sunrise: 5:25AM	Krodhin 5126
	Mithuna Rasi: 8.4 Tithi 30	331867571 Rahu 10:30AM - 12:11PM	Dhruva Until 2:15AM Sat	Muruga: Clear Sunset: 6:57PM	Moon 6 - Phase 11 - 12
	Mithuna Rasi: 8.4 Tithi 30	331867571 Rahu 10:30AM - 12:11PM	Catuspada Until 3:09PM Amavasya* Until 2:55AM Sat	Nataraja: Blue Moon - Yellow JyestharAni	Amavasya
Devaloka Day					
Saturday, July 6, 2024	Retreat Star		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Mantta Vesara Yuktheyam Punarvasu Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Muscat, Oman Sun 13 Sutra 82
	Gulika	5:26AM - 7:07AM	Punarvasu Until 3:15AM Sun	Ganesha: Clear Sunrise: 5:26AM	Krodhin 5126
	Yama	1:53PM - 3:34PM	Vyaghata* Until 1:14AM Sun	Muruga: Clear Sunset: 6:57PM	Moon 6 - Phase 11 - 13
	Mithuna Rasi: 21.52 Tithi 1	441967571 Rahu 8:49AM - 10:30AM	Kintughna Until 2:52PM Prathama* Until 2:54AM Sun	Nataraja: Blue Moon - Blue Ashada-Ani	Prathama
Sivaloka Day					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Sunday, July 7, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Bhanu Vesara Yuktayam Muscat, Oman Pushya Nakshatra Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 14 Sutra 83			
	Kataka Rasi: 4.47	Tithi 2	Gulika 3:34PM – 5:15PM Yama 12:12PM – 1:53PM Rahu 5:15PM – 6:57PM	Pushya Until 4:30AM Mon Harshana Until 12:40AM Mon Balava Until 3:08PM Dvitiya Until 3:28AM Mon	Ganesha: Clear Muruga: Clear Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 5:26AM Sunset: 6:57PM Moon 6 - Phase 12 - 14 3rd Phase
	Creative Work	Siddha Yoga	441967571			Sivaloka Day
2	Monday, July 8, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Indu Vesara Yuktayam Muscat, Oman Ashlesha* Nakshatra Varja* Yoga Talila/Gara Karana Tritiyayam Titau Sun 15 Sutra 84			
	Kataka Rasi: 17.26	Tithi 3	Gulika 1:53PM – 3:34PM Yama 10:30AM – 12:12PM Rahu 7:08AM – 8:49AM	Ashlesha* Until 6:11AM Tue Varja* Until 12:34AM Tue Talila Until 4:00PM Tritiya Until 4:38AM Tue	Ganesha: Clear Muruga: Clear Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 5:27AM Sunset: 6:57PM Moon 6 - Phase 12 - 15 3rd Phase
	Family Home Evening		441967571			Sivaloka Day
	Creative Work	Siddha Yoga				
3	Tuesday, July 9, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Mangala Vasara Yuktayam Muscat, Oman Ashlesha* Magha* Nakshatra Siddhi Yoga Vanja/Visi* Karana Chaturthiyam Titau Sun 16 Sutra 85			
	Kataka Rasi: 29.49	Tithi 4	Gulika 12:12PM – 1:53PM Yama 8:49AM – 10:31AM Rahu 3:34PM – 5:15PM	Ashlesha* Until 6:11AM Siddhi Until 12:55AM Wed Vanja Until 5:28PM Chaturthi* Until 6:22AM Wed	Ganesha: Clear Muruga: Clear Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 5:27AM Sunset: 6:57PM Moon 6 - Phase 12 - 16 3rd Phase
	Creative Work	Siddha Yoga	441967571			Sivaloka Day
4	Wednesday, July 10, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Budha Vasara Yuktayam Muscat, Oman Magha* Purvaphalguni Nakshatra Vyatipata* Yoga Vishi* Bava Karana Chaturthi/Panchamayam Titau Sun 17 Sutra 86			
	Simha Rasi: 11.57	Tithi 4 – 5	Gulika 10:31AM – 12:12PM Yama 7:09AM – 8:50AM Rahu 12:12PM – 1:53PM	Magha* Until 6:44AM Vyatipata* Until 1:39AM Thu Bava Until 7:27PM Chaturthi* Until 6:22AM	Ganesha: Green Muruga: Clear Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 5:27AM Sunset: 6:56PM Moon 6 - Phase 12 - 17 3rd Phase
	Creative Work	Siddha Yoga	452967571			Devaloka Day
	Until 8:44AM					
5	Thursday, July 11, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Guru Vasara Yuktayam Muscat, Oman Purvaphalguni Nakshatra Varjyan Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau Sun 18 Sutra 87			
	Simha Rasi: 23.55	Tithi 5 – 6	Gulika 8:50AM – 10:31AM Yama 5:28AM – 7:09AM Rahu 1:53PM – 3:34PM	Purvaphalguni Until 11:33AM Varjyan Until 2:37AM Fri Kaulava Until 9:48PM Panchami Until 8:34AM	Ganesha: Green Muruga: Clear Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 5:28AM Sunset: 6:56PM Moon 6 - Phase 12 - 18 3rd Phase
	Creative Work	Siddha Yoga	452967571			Devaloka Day
	Then Creative Work - Amrita Yoga		Chidambaram Abhishekam			
6	Friday, July 12, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Sukra Vasara Yuktayam Muscat, Oman Uttaraphalguni/Hasta Nakshatra Parigraha* Yoga Talila/Gara Karana Shashthi/Saptamayam Titau Sun 19 Sutra 88			
	Kanya Rasi: 5.45	Tithi 6 – 7	Gulika 7:09AM – 8:50AM Yama 3:34PM – 5:15PM Rahu 10:31AM – 12:12PM	Uttaraphalguni Until 2:27PM Parigraha* Until 3:42AM Sat Gara Until 12:21AM Sat Shashthi* Until 11:03AM	Ganesha: Green Muruga: Clear Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 5:28AM Sunset: 6:56PM Moon 6 - Phase 12 - 19 3rd Phase
	Creative Work	Siddha Yoga	452967571			Devaloka Day
	Until 2:27PM					
7	Saturday, July 13, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Manta Vasara Yuktayam Muscat, Oman Hasta/Chitra Nakshatra Shiva Yoga Vanja/Visi* Karana Saptami/Ashtamayam Titau Sun 20 Sutra 89			
	Retreat Star		Gulika 5:29AM – 7:10AM Yama 1:53PM – 3:34PM Rahu 8:50AM – 10:31AM	Hasta Until 5:43PM Shiva Until 4:44AM Sun Visi Until 2:49AM Sun Saptami Until 1:35PM	Ganesha: Red Muruga: Clear Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 5:29AM Sunset: 6:56PM Moon 6 - Phase 12 - 20 Ashtami
	Kanya Rasi: 17.33	Tithi 7 – 8	462967571			Sivaloka Day
	Routine Work	Marana Yoga				
8	Sunday, July 14, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Bhanu Vesara Yuktayam Muscat, Oman Chitra Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamayam Titau Sun 21 Sutra 90			
	Retreat Star		Gulika 3:34PM – 5:15PM Yama 12:12PM – 1:53PM Rahu 5:15PM – 6:56PM	Chitra Until 8:34PM Siddha Until 5:27AM Mon Balava Until 4:57AM Mon Ashtami* Until 3:55PM	Ganesha: Red Muruga: Clear Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 5:29AM Sunset: 6:56PM Moon 6 - Phase 12 - 21 Navami
	Kanya Rasi: 29.24	Tithi 8 – 9	462967571			Sivaloka Day
	Creative Work	Siddha Yoga				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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1	Monday, July 15, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Indu Vasara Yuktayam Muscat, Oman Svati Nakshatra Sadhye Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau Sun 22 Sutra 91	
	Gulika	1:53PM – 3:34PM	Svati Until 10:48PM	Ganesha: Red Sunrise: 5:30AM
	Yama	10:32AM – 12:13PM	Sadhye Until 5:46AM Tue	Muruga: Clear Sunset: 6:59PM
	Rahu	7:10AM – 8:51AM	Tailita Until 6:32AM Tue	Nataraja: Blue Moon 6 - Phase 13 - 22
	462967571		Navami* Until 5:48PM	Moan – Green Ashada-Ani Sivaloka Day
Tula Rasi: 11.23 Tithi 9 – 10		Then Routine Work - Marana Yoga		
Family Home Evening				
Creative Work Amrita Yoga				
Until 10:48PM				
Then Routine Work - Marana Yoga				
2	Tuesday, July 16, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam Muscat, Oman Vishakha Nakshatra Subha Yoga Tailita/Gara Karana Dashamyam Titau Sun 23 Sutra 92	
	Gulika	12:13PM – 1:53PM	Vishakha Until 12:42AM Wed	Ganesha: Blue Sunrise: 5:30AM
	Yama	8:51AM – 10:32AM	Subha Until 5:33AM Wed	Muruga: Clear Sunset: 6:59PM
	Rahu	3:34PM – 5:15PM	Tailita Until 6:32AM	Nataraja: Blue Moon 6 - Phase 13 - 23
	472967571		Dashami Until 7:03PM	Moan – Orange Ashada-Adi Devaloka Day
Tula Rasi: 23.36 Tithi 10		Routine Work Marana Yoga		
Until 12:42AM Wed				
Then Creative Work - Siddha Yoga				
3	Wednesday, July 17, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam Muscat, Oman Anuradha Nakshatra Sukha Yoga Vanja/Visti* Karana Ekadashyam Titau Sun 24 Sutra 93	
	Gulika	10:32AM – 12:13PM	Anuradha Until 1:42AM Thu	Ganesha: Blue Sunrise: 5:30AM
	Yama	7:11AM – 8:52AM	Sukla Until 4:41AM Thu	Muruga: Clear Sunset: 6:59PM
	Rahu	12:13PM – 1:53PM	Vanija Until 7:25AM	Nataraja: Yellow Moon 6 - Phase 13 - 24
	472967572		Ekadashi Until 7:33PM	Moan – Orange Ashada-Adi Bhuloka Day
Vishchika Rasi: 6.07 Tithi 11		Devaloka Time: 3PM to 6PM		
Creative Work Siddha Yoga				
Until 1:42AM Thu				
Then Routine Work - Prabalarishta Yoga				
4	Thursday, July 18, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Muscat, Oman Anuradha Nakshatra Brahma Yoga Bava/Balava Karana Dvadashyam Titau Sun 25 Sutra 94	
	Gulika	8:52AM – 10:32AM	Jyeshtha* Until 1:47AM Fri	Ganesha: Blue Sunrise: 5:31AM
	Yama	5:31AM – 7:11AM	Brahma Until 3:14AM Fri	Muruga: Clear Sunset: 6:59PM
	Rahu	1:53PM – 3:34PM	Bava Until 7:31AM	Nataraja: Yellow Moon 6 - Phase 13 - 25
	472967572		Dvadashi Until 7:16PM	Moan – Orange Ashada-Adi Bhuloka Day
Vishchika Rasi: 18.59 Tithi 12		Devaloka Time: 3PM to 6PM		
Routine Work Prabalarishta Yoga				
Until 1:47AM Fri				
Then Creative Work - Amrita Yoga				
5	Friday, July 19, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam Muscat, Oman Mula* Nakshatra Indra Yoga Kaulava/Tailita Karana Trayodashyam Titau Sun 26 Sutra 95	
	Gulika	7:12AM – 8:52AM	Mula* Until 1:27AM Sat	Ganesha: Yellow Sunrise: 5:31AM
	Yama	3:34PM – 5:14PM	Indra Until 1:12AM Sat	Muruga: Clear Sunset: 6:54PM
	Rahu	10:32AM – 12:13PM	Kaulava Until 6:51AM	Nataraja: Yellow Moon 6 - Phase 13 - 26
	482967572		Trayodashi Until 6:14PM	Moan – Light Blue Ashada-Adi Devaloka Day
Dhanus Rasi: 2.16 Tithi 13		Pradosha Vrata		
Creative Work Amrita Yoga				
Until 1:27AM Sat				
Then Creative Work - Siddha Yoga				
6	Saturday, July 20, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Manta Vasara Yuktayam Muscat, Oman Punvashadha* Nakshatra Vaidhriti* Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau Sun 27 Sutra 96	
	Gulika	5:32AM – 7:12AM	Purvashadha* Until 12:21AM Sun	Ganesha: Yellow Sunrise: 5:22AM
	Yama	1:53PM – 3:33PM	Vaidhriti* Until 10:39PM	Muruga: Clear Sunset: 6:54PM
	Rahu	8:52AM – 10:33AM	Visti Until 3:32AM Sun	Nataraja: Yellow Moon 6 - Phase 13 - 27
	482967572		Chaturdashi* Until 4:33PM	Moan – Light Blue Ashada-Adi Devaloka Day
Dhanus Rasi: 15.57 Tithi 14 – 15				
Creative Work Siddha Yoga				
Until 12:21AM Sun				
Then Creative Work - Amrita Yoga				
	Sunday, July 21, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Shanu Vasara Yuktayam Muscat, Oman Uttarashadha Nakshatra Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 27 Sutra 97	
	Gulika	3:33PM – 5:13PM	Uttarashadha Until 10:39PM	Ganesha: Yellow Sunrise: 5:22AM
	Yama	1:53PM – 3:33PM	Vishkambha* Until 7:44PM	Muruga: Clear Sunset: 6:54PM
	Rahu	5:13PM – 6:54PM	Balava Until 1:08AM Mon	Nataraja: Yellow Moon 6 - Phase 13 - 28
	482967572		Purnima* Until 2:21PM	Moan – Light Blue Ashada-Adi Devaloka Day
Dhanus Rasi: 29.59 Tithi 15 – 16		Satguru Purnima		
Creative Work Amrita Yoga				
Monday, July 22, 2024	Silver Retreat Star		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Indu Vasara Yuktayam Muscat, Oman Shravana Nakshatra Prithi/Ayushman* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau Sun 28 Sutra 98	
	Gulika	1:53PM – 3:33PM	Shravana Until 8:55PM	Ganesha: White Sunrise: 5:23AM
	Yama	10:33AM – 12:13PM	Prithi Until 4:32PM	Muruga: Clear Sunset: 6:53PM
	Rahu	7:13AM – 8:53AM	Tailita Until 10:25PM	Nataraja: Yellow Moon 6 - Phase 13 - 29
	492967572		Prathama* Until 11:47AM	Moan – Purple Ashada-Adi Bhuloka Day
Makara Rasi: 14.19 Tithi 16 – 17		Devaloka Time: 3PM to 6PM		
Family Home Evening				
Creative Work Amrita Yoga				
Until 8:55PM				
Then Creative Work - Siddha Yoga				

**Tuesday, July 23, 2024****Gold Retreat Star**

Makara Rasi: 28.5 Tithi 17 - 18
 Creative Work Siddha Yoga
 Until 6:52PM
 Then Routine Work - Marana Yoga

Krodhin Nama Samvatsara Dakshinaya Naratara Ritau Kataka Mase Krishna Paksha Mangala Vasara Yukhtayam
 Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika **12:13PM - 1:53PM**
 Yama **8:53AM - 10:33AM**
433967572 Rahu **3:33PM - 5:13PM**

Dhanishtha Until 6:52PM
 Ayushman Until 1:08PM
 Vanija Until 7:33PM
Dvitiya Until 8:59AM

Ganesha: Clear Sunrise: 5:33AM
Muruga: Clear Sunset: 6:53PM
Nataraja: Yellow
 Moon - Purple
Ashada-Adi

Muscat, Oman
 Sun 1 Sutra 99
 Krodhin 5126
 Moon 7 - Phase 14 - 1
 1st Phase

Devaloka Day**1 Wednesday, July 24, 2024**

Kumbha Rasi: 13.26 Tithi 18 - 19
 Creative Work Siddha Yoga
 Until 4:39PM
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Naratara Ritau Kataka Mase Krishna Paksha Budha Vasara Yukhtayam
 Shatabhishak/Purvaprashthapada* Nakshatra Saubhagya/Sobhana Yoga Visi/Balava Karana Tithya/Chaturthayam Titau

Gulika **10:33AM - 12:13PM**
 Yama **7:13AM - 8:53AM**
493967572 Rahu **12:13PM - 1:53PM**

Shatabhishak Until 4:39PM
 Saubhagya Until 9:42AM
 Balava Until 3:13AM Thu
Tritiya Until 6:05AM

Ganesha: Clear Sunrise: 5:33AM
Muruga: Clear Sunset: 6:53PM
Nataraja: Yellow
 Moon - Purple
Ashada-Adi

Muscat, Oman
 Sun 2 Sutra 100
 Krodhin 5126
 Moon 7 - Phase 14 - 2
 1st Phase

Devaloka Day**2 Thursday, July 25, 2024**

Kumbha Rasi: 28 Tithi 20
 Creative Work Siddha Yoga
 Until 4:39PM
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Naratara Ritau Kataka Mase Krishna Paksha Guru Vasara Yukhtayam
 Purvaprashthapada*/Uttaraprashthapada Nakshatra Sobhana/Ahigandha* Yoga Kaulava/Tailita Karana Panchamyam Titau

Gulika **8:53AM - 10:33AM**
 Yama **5:34AM - 7:14AM**
413967572 Rahu **1:53PM - 3:33PM**

Purvaprashthapada* Until 2:48PM
 Sobhana Until 6:20AM
 Kaulava Until 1:52PM
Panchami Until 12:31AM Fri

Ganesha: Yellow Sunrise: 5:34AM
Muruga: Clear Sunset: 6:52PM
Nataraja: Yellow
 Moon - Clear
Ashada-Adi

Muscat, Oman
 Sun 3 Sutra 101
 Krodhin 5126
 Moon 7 - Phase 14 - 3
 1st Phase

Devaloka Day**3 Friday, July 26, 2024**

Meena Rasi: 12.28 Tithi 21
 Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Naratara Ritau Kataka Mase Krishna Paksha Sukra Vasara Yukhtayam
 Uttaraprashthapada/Revati Nakshatra Sukama Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika **7:14AM - 8:54AM**
 Yama **3:32PM - 5:12PM**
413967572 Rahu **10:33AM - 12:13PM**

Uttaraprashthapada Until 1:00PM
 Sukama Until 12:00AM Sat
 Gara Until 11:15AM
Shashthi* Until 10:01PM

Ganesha: Yellow Sunrise: 5:34AM
Muruga: Clear Sunset: 6:52PM
Nataraja: Yellow
 Moon - Clear
Ashada-Adi

Muscat, Oman
 Sun 4 Sutra 102
 Krodhin 5126
 Moon 7 - Phase 14 - 4
 1st Phase

Devaloka Day**4 Saturday, July 27, 2024**

Meena Rasi: 26.45 Tithi 22
 Routine Work Prabalarishta Yoga
 Until 11:20AM
 Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Naratara Ritau Kataka Mase Krishna Paksha Manta Vasara Yukhtayam
 Revati/Ashvini Nakshatra Dhriti Yoga Visi/Bava Karana Sapthamyam Titau

Gulika **5:35AM - 7:14AM**
 Yama **1:53PM - 3:32PM**
413967572 Rahu **8:54AM - 10:33AM**

Revati Until 11:20AM
 Dhriti Until 9:12PM
 Visi Until 8:54AM
Saptami Until 7:50PM

Ganesha: Yellow Sunrise: 5:35AM
Muruga: Clear Sunset: 6:51PM
Nataraja: Yellow
 Moon - Clear
Ashada-Adi

Muscat, Oman
 Sun 5 Sutra 103
 Krodhin 5126
 Moon 7 - Phase 14 - 5
 1st Phase

Devaloka Day**5 Sunday, July 28, 2024****Retreat Star**

Mesha Rasi: 10.5 Tithi 23 - 24
 Creative Work Siddha Yoga
 Until 10:16AM
 Then Routine Work - Prabalarishta Yoga

Krodhin Nama Samvatsara Dakshinaya Naratara Ritau Kataka Mase Krishna Paksha Shani Vasara Yukhtayam
 Ashvini/Bharani Nakshatra Shula* Yoga Balava/Tailita Karana Ashtami/Navamyam Titau

Gulika **3:32PM - 5:11PM**
 Yama **12:13PM - 1:52PM**
423967572 Rahu **5:11PM - 6:51PM**

Ashvini Until 10:16AM
 Shula* Until 6:39PM
 Balava Until 6:52AM
Ashtami* Until 5:58PM

Ganesha: Blue Sunrise: 5:35AM
Muruga: Clear Sunset: 6:51PM
Nataraja: Yellow
 Moon - White
Ashada-Adi

Muscat, Oman
 Sun 6 Sutra 104
 Krodhin 5126
 Moon 7 - Phase 14 - 6
 Ashtami

Sivaloka Day**Monday, July 29, 2024****Retreat Star**

Mesha Rasi: 24.42 Tithi 24 - 25
Family Home Evening
 Creative Work Siddha Yoga
 Until 9:24AM
 Then Routine Work - Marana Yoga

Krodhin Nama Samvatsara Dakshinaya Naratara Ritau Kataka Mase Krishna Paksha Indu Vasara Yukhtayam
 Bharani/Krittika Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Gulika **1:52PM - 3:32PM**
 Yama **10:34AM - 12:13PM**
423967572 Rahu **7:15AM - 8:54AM**

Bharani Until 9:24AM
 Ganda* Until 4:23PM
 Vanija Until 3:50AM Tue
Navami* Until 4:26PM

Ganesha: Blue Sunrise: 5:36AM
Muruga: Clear Sunset: 6:50PM
Nataraja: Yellow
 Moon - White
Ashada-Adi

Muscat, Oman
 Sun 7 Sutra 105
 Krodhin 5126
 Moon 7 - Phase 14 - 7
 Navami

Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1 Tuesday, July 30, 2024		Krodhin Nama Samvatsara Dakshinayya Naratara Ritau Kataka Mase Krishna Paksha Mangala Vasara Yuktiyayam Kritika/Rohini Nakshatra Viddhi/Dhruva Yoga Vidi*/Bava Karana Dashami/Ekadashtyam Titau				Muscat, Oman
Wishabha Rasi: 8.22	Tithi 25 – 26	Gulika 12:13PM – 1:52PM	Kritika Until 8:44AM	Ganesha: Purple	Sunrise: 5:36AM	Sun 8 Sutra 106
Until 8:44AM		Yama 8:54AM – 10:34AM	Viddhi Until 2:25PM	Muruga: Clear	Sunset: 6:50PM	Krodhin 5126
Creative Work Siddha Yoga	433167572	Rahu 3:31PM – 5:10PM	Bava Until 2:50AM Wed	Nataraja: Yellow		Moon 7 - Phase 15 - 8 2nd Phase
Then Creative Work - Amrita Yoga			Dashami Until 3:16PM	Moon – White		
				Ashada-Adi		Sivaloka Day
2 Wednesday, July 31, 2024		Krodhin Nama Samvatsara Dakshinayya Naratara Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktiyayam Rohini/Mrigashira Nakshatra Dhruva/Vyeghata* Yoga Bava/Kaulava Karana Ekadashi/Dwadashyam Titau				Muscat, Oman
Wishabha Rasi: 21.49	Tithi 26 – 27	Gulika 10:34AM – 12:13PM	Rohini Until 8:42AM	Ganesha: Clear	Sunrise: 5:37AM	Sun 9 Sutra 107
Until 8:44AM		Yama 7:16AM – 8:55AM	Dhruva Until 12:42PM	Muruga: Clear	Sunset: 6:49PM	Krodhin 5126
Creative Work Siddha Yoga	433167572	Rahu 12:13PM – 1:52PM	Kaulava Until 2:11AM Thu	Nataraja: Yellow		Moon 7 - Phase 15 - 9 2nd Phase
			Ekadashi* Until 2:27PM	Moon – Yellow		
				Ashada-Adi		Devaloka Day
3 Thursday, August 1, 2024		Krodhin Nama Samvatsara Dakshinayya Naratara Ritau Kataka Mase Krishna Paksha Guru Vasara Yuktiyayam Mrigashira/Ardra Nakshatra Vyeghata*/Harshana Yoga Talla/Gara Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
Mithuna Rasi: 5.04	Tithi 27 – 28	Gulika 8:55AM – 10:34AM	Mrigashira Until 8:53AM	Ganesha: Clear	Sunrise: 5:37AM	Sun 10 Sutra 108
Until 8:44AM		Yama 5:37AM – 7:16AM	Vyaghata* Until 11:18AM	Muruga: Clear	Sunset: 6:49PM	Krodhin 5126
Routine Work Marana Yoga	433167572	Rahu 1:52PM – 3:31PM	Gara Until 1:56AM Fri	Nataraja: Yellow		Moon 7 - Phase 15 - 10 2nd Phase
			Dvadashi* Until 1:59PM	Moon – Yellow		
				Ashada-Adi		Devaloka Day
				Pradosha Vrata (Fasting)		
4 Friday, August 2, 2024		Krodhin Nama Samvatsara Dakshinayya Naratara Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktiyayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman
Mithuna Rasi: 18.08	Tithi 28 – 29	Gulika 7:16AM – 8:55AM	Ardra Until 9:18AM	Ganesha: Clear	Sunrise: 5:37AM	Sun 11 Sutra 109
Until 8:44AM		Yama 3:30PM – 5:09PM	Harshana Until 10:13AM	Muruga: Clear	Sunset: 6:49PM	Krodhin 5126
Creative Work Siddha Yoga	433167572	Rahu 10:34AM – 12:13PM	Visti Until 2:05AM Sat	Nataraja: Yellow		Moon 7 - Phase 15 - 11 2nd Phase
			Trayodashi* Until 1:56PM	Moon – Yellow		
				Ashada-Adi		Devaloka Day
● Saturday, August 3, 2024		Krodhin Nama Samvatsara Dakshinayya Naratara Ritau Kataka Mase Krishna Paksha Manita Vasara Yuktiyayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Muscat, Oman
Kataka Rasi: 0.58	Tithi 29 – 30	Gulika 5:38AM – 7:17AM	Punarvasu Until 10:26AM	Ganesha: Orange	Sunrise: 5:38AM	Sun 12 Sutra 110
Until 8:44AM		Yama 1:51PM – 3:30PM	Vajra* Until 9:27AM	Muruga: Clear	Sunset: 6:47PM	Krodhin 5126
Creative Work Siddha Yoga	443167572	Rahu 8:55AM – 10:34AM	Catuspada Until 2:42AM Sun	Nataraja: Yellow		Moon 7 - Phase 15 - 12 Amavasya
			Chaturdashi* Until 2:19PM	Moon – Blue		
				Ashada-Adi		Devaloka Day
Sunday, August 4, 2024		Krodhin Nama Samvatsara Dakshinayya Naratara Ritau Kataka Mase Sukla Paksha Bhara Vasara Yuktiyayam Pushya/Kathika* Nakshatra Siddhi/Vyetalpa* Yoga Naga*/Kirtughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman
Kataka Rasi: 14	Tithi 30 – 1	Gulika 3:30PM – 5:08PM	Pushya Until 11:53AM	Ganesha: Orange	Sunrise: 5:38AM	Sun 13 Sutra 111
Until 8:44AM		Yama 12:12PM – 1:51PM	Siddhi Until 9:04AM	Muruga: Clear	Sunset: 6:47PM	Krodhin 5126
Creative Work Siddha Yoga	443167572	Rahu 5:08PM – 6:47PM	Kirtughna Until 3:48AM Mon	Nataraja: Yellow		Moon 7 - Phase 15 - 13 Prathama
			Amavasya* Until 3:10PM	Moon – Blue		
				Savana-Adi		Devaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Monday, August 5, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam Ashlesha*Magha* Nakshatra Vyatipata*Varjyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Muscat, Oman
	Kataka Rasi: 26	Tithi 1 – 2	Gulika Yama	1:51PM – 3:29PM 10:34AM – 12:12PM 7:17AM – 8:56AM	Sun 14 Sutra 112 Krodhin 5126
Family Home Evening			Rahu		3rd Phase
Creative Work Siddha Yoga		443167572			
Until 1:38PM				Ashlesha* Until 1:38PM	
Then Routine Work - Marana Yoga				Vyatalpata* Until 9:05AM Balava Until 5:24AM Tue Prathama* Until 4:31PM	Devaloka Day
				Ganesha: Orange Munuga: Clear Nataraja: Yellow Moon – Blue Savana-Adi	Sunrise: 5:39AM Sunset: 6:49PM Moon 7 - Phase 16 - 14
2	Tuesday, August 6, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam Magha*Purvaphalguni Nakshatra Varjyan/Parigraha* Yoga Kaulava Karana Dvitiyayam Titau		Muscat, Oman
	Simha Rasi: 8.12	Tithi 2	Gulika Yama	12:12PM – 1:51PM 7:18AM – 8:56AM 3:29PM – 5:07PM	Sun 15 Sutra 113 Krodhin 5126
Creative Work Siddha Yoga		453167572	Rahu		3rd Phase
				Magha* Until 4:11PM	
				Varjyan Until 9:26AM Kaulava Until 6:21PM Dvitiya Until 6:21PM	Devaloka Day
				Ganesha: Clear Munuga: Clear Nataraja: Yellow Moon – Red Savana-Adi	Sunrise: 5:39AM Sunset: 6:49PM Moon 7 - Phase 16 - 15
3	Wednesday, August 7, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam Purvaphalguni Nakshatra Parigraha*/Shiva Yoga Taillita/Kara Karana Trityayam Titau		Muscat, Oman
	Simha Rasi: 20.13	Tithi 3	Gulika Yama	10:34AM – 12:12PM 7:18AM – 8:56AM 12:12PM – 1:50PM	Sun 16 Sutra 114 Krodhin 5126
Creative Work Amrita Yoga		454167572	Rahu		3rd Phase
				Purvaphalguni Until 6:59PM	
				Parigraha* Until 10:09AM Taillita Until 7:27AM Tritiya Until 8:36PM	Bhuloka Day Devaloka Time: 3PM to 6PM
				Ganesha: White Munuga: Clear Nataraja: Yellow Moon – Red Savana-Adi	Sunrise: 5:39AM Sunset: 6:49PM Moon 7 - Phase 16 - 16
4	Thursday, August 8, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthayam Titau		Muscat, Oman
	Kanya Rasi: 2.05	Tithi 4	Gulika Yama	8:56AM – 10:34AM 7:18AM – 8:56AM 1:50PM – 3:28PM	Sun 17 Sutra 115 Krodhin 5126
Amrita Yoga		454167572	Rahu		3rd Phase
Until 9:53PM				Uttaraphalguni Until 9:53PM	
Then Routine Work - Marana Yoga				Shiva Until 11:08AM Vanija Until 9:51AM Chaturthi* Until 11:08PM	Bhuloka Day Devaloka Time: 3PM to 6PM
				Ganesha: White Munuga: Clear Nataraja: Yellow Moon – Red Savana-Adi	Sunrise: 5:40AM Sunset: 6:49PM Moon 7 - Phase 16 - 17
5	Friday, August 9, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam Hasta Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Panchamayam Titau		Muscat, Oman
	Kanya Rasi: 13.53	Tithi 5	Gulika Yama	7:18AM – 8:56AM 3:28PM – 5:06PM 10:34AM – 12:12PM	Sun 18 Sutra 116 Krodhin 5126
Creative Work Amrita Yoga		464167572	Rahu		3rd Phase
Until 1:14AM Sat				Hasta Until 1:14AM Sat	
Then Routine Work - Marana Yoga				Siddha Until 12:14PM Bava Until 12:28PM Panchami Until 1:45AM Sat	Devaloka Day
			Nag Panchami		Sunrise: 5:40AM Sunset: 6:49PM Moon 7 - Phase 16 - 18
6	Saturday, August 10, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Manta Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Taillita Karana Shashthayam Titau		Muscat, Oman
	Kanya Rasi: 25.4	Tithi 6	Gulika Yama	5:41AM – 7:18AM 1:49PM – 3:27PM 8:56AM – 10:34AM	Sun 19 Sutra 117 Krodhin 5126
Routine Work Marana Yoga		464167572	Rahu		3rd Phase
Until 4:18AM Sun				Chitra Until 4:18AM Sun	
Then Creative Work - Siddha Yoga				Sadhya Until 1:21PM Kaulava Until 3:04PM Shashthi* Until 4:16AM Sun	Devaloka Day
				Ganesha: Clear Munuga: Clear Nataraja: Yellow Moon – Green Savana-Adi	Sunrise: 5:41AM Sunset: 6:49PM Moon 7 - Phase 16 - 19
7	Sunday, August 11, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Bhanu Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamayam Titau		Muscat, Oman
	Tula Rasi: 7.29	Tithi 7	Gulika Yama	3:27PM – 5:04PM 12:12PM – 1:49PM 5:04PM – 6:42PM	Sun 20 Sutra 118 Krodhin 5126
Creative Work Siddha Yoga		464167572	Rahu		3rd Phase
Until 6:52AM Mon				Svati Until 6:52AM Mon	
Then Routine Work - Marana Yoga				Subha Until 2:18PM Gara Until 5:25PM Saptami Until 6:25AM Mon	Devaloka Day
				Ganesha: Clear Munuga: Clear Nataraja: Yellow Moon – Green Savana-Adi	Sunrise: 5:41AM Sunset: 6:49PM Moon 7 - Phase 16 - 20
8	Monday, August 12, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashlamayam Titau		Muscat, Oman
	Tula Rasi: 19.28	Tithi 7 – 8	Gulika Yama	1:49PM – 3:26PM 10:34AM – 12:11PM 7:19AM – 8:56AM	Sun 21 Sutra 119 Krodhin 5126
Family Home Evening		464167572	Rahu		3rd Phase
Creative Work Amrita Yoga				Svati Until 6:52AM	
Until 6:52AM				Sukla Until 2:54PM Visti Until 7:19PM Saptami Until 6:25AM	Devaloka Day
Then Routine Work - Marana Yoga				Ganesha: Clear Munuga: Clear Nataraja: Yellow Moon – Green Savana-Adi	Sunrise: 5:42AM Sunset: 6:49PM Moon 7 - Phase 16 - 21
9	Tuesday, August 13, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamayam Titau		Muscat, Oman
	Vrischika Rasi: 1.4	Tithi 8 – 9	Gulika Yama	12:11PM – 1:49PM 8:57AM – 10:34AM 3:28PM – 5:03PM	Sun 22 Sutra 120 Krodhin 5126
Routine Work Marana Yoga		474167572	Rahu		3rd Phase
Until 9:13AM				Vishakha Until 9:13AM	
Then Creative Work - Siddha Yoga				Brahma Until 3:01PM Balava Until 8:49PM Ashtami* Until 8:01AM	Bhuloka Day Devaloka Time: 3PM to 6PM
				Ganesha: Purple Munuga: Clear Nataraja: Yellow Moon – Orange Savana-Adi	Sunrise: 5:42AM Sunset: 6:49PM Moon 7 - Phase 16 - 22

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Wednesday, August 14, 2024		Krodhin Nama Samvatara Dakshinraya Narana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhri* Yoga Gara/Vanija Karana Dashami/Ekadasyam Titau				Muscat, Oman
	Wischika Rasi: 14.1	Tithi 9 – 10	Gulika Yama 474167572 Rahu	10:34AM – 12:11PM 7:19AM – 8:57AM 12:11PM – 1:48PM	Anuradha* Until 10:41AM Indra Until 2:34PM Taillita Until 9:02PM Navami* Until 8:53AM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Orange Savana-Adi	Sunrise: 5:42AM Sunset: 6:40PM Moon 7 - Phase 17 - 23 4th Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
2	Thursday, August 15, 2024		Krodhin Nama Samvatara Dakshinraya Narana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Jyeshtha/Mula* Nakshatra Vaidhri/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadasyam Titau				Muscat, Oman
	Wischika Rasi: 27.04	Tithi 10 – 11	Gulika Yama 474167572 Rahu	8:57AM – 10:34AM 5:43AM – 7:20AM 1:48PM – 3:25PM	Jyeshtha* Until 11:12AM Vaidhri* Until 1:26PM Vanija Until 8:40PM Dashami Until 8:56AM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Orange Savana-Adi	Sunrise: 5:43AM Sunset: 6:39PM Moon 7 - Phase 17 - 24 4th Phase
	Routine Work	Prabalarishita Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
3	Friday, August 16, 2024		Krodhin Nama Samvatara Dakshinraya Jivana Ritau Simha Mase Sukla Paksha Guru Vasara Yuktayam Mula*Purvashadha* Nakshatra Vaidhri/Prih Yoga Vaisi/Bava Karana Ekadashi/Dvedashyam Titau				Muscat, Oman
	Dhanus Rasi: 10.22	Tithi 11 – 12	Gulika Yama 484167572 Rahu	7:20AM – 8:57AM 3:24PM – 5:01PM 10:34AM – 12:11PM	Mula* Until 11:12AM Vishkambha* Until 11:40AM Bava Until 7:30PM Ekadashi Until 8:09AM	Ganesha: Clear Muruga: Clear Nataraja: Yellow Moon – Light Blue Savana-Avani	Sunrise: 5:43AM Sunset: 6:38PM Moon 7 - Phase 17 - 25 4th Phase
	Creative Work	Amrita Yoga		Varalakshmi Vratam			Devaloka Day
4	Saturday, August 17, 2024		Krodhin Nama Samvatara Dakshinraya Jivana Ritau Simha Mase Sukla Paksha Merita Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Prih/Ayushman Yoga Balava/Taillita Karana Dvadashi/Trayodashyam Titau				Muscat, Oman
	Dhanus Rasi: 24.08	Tithi 12 – 13	Gulika Yama 584167572 Rahu	5:43AM – 7:20AM 1:47PM – 3:24PM 8:57AM – 10:34AM	Purvashadha* Until 10:19AM Prih Until 9:17AM Taillita Until 4:24AM Sun Dvadashi Until 6:37AM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Light Blue Savana-Avani	Sunrise: 5:43AM Sunset: 6:37PM Moon 7 - Phase 17 - 26 4th Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
5	Sunday, August 18, 2024		Krodhin Nama Samvatara Dakshinraya Jivana Ritau Simha Mase Sukla Paksha Bharu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau				Muscat, Oman
	Makara Rasi: 8.19	Tithi 14	Gulika Yama 584167572 Rahu	3:23PM – 5:00PM 12:10PM – 1:47PM 5:00PM – 6:36PM	Uttarashadha Until 8:38AM Ayushman Until 6:21AM Gara Until 3:06PM Chaturdashi* Until 1:39AM Mon	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Light Blue Savana-Avani	Sunrise: 5:44AM Sunset: 6:36PM Moon 7 - Phase 17 - 27 4th Phase
	Creative Work	Amrita Yoga		Chidambaram Abhishekam			Bhuloka Day Devaloka Time: 3PM to 6PM
Monday, August 19, 2024	Copper Retreat Star		Krodhin Nama Samvatara Dakshinraya Jivana Ritau Simha Mase Sukla Paksha Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sothana Yoga Vaisi/Bava Karana Purnimayam Titau				Muscat, Oman
	Makara Rasi: 22.53	Tithi 15	Gulika Yama 595167572 Rahu	1:46PM – 3:23PM 10:33AM – 12:10PM 7:21AM – 8:57AM	Shravana Until 6:43AM Sobhana Until 11:21PM Visti Until 12:08PM Purnima* Until 10:31PM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Purple Savana-Avani	Sunrise: 5:44AM Sunset: 6:36PM Moon 7 - Phase 17 - Purnima
	Family Home Evening	Amrita Yoga		Raksha Bandhan			Sivaloka Day
Tuesday, August 20, 2024	Silver Retreat Star		Krodhin Nama Samvatara Dakshinraya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam Shatabhishak Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman
	Kumbha Rasi: 7.41	Tithi 16	Gulika Yama 595167572 Rahu	12:10PM – 1:46PM 8:57AM – 10:33AM 3:22PM – 4:58PM	Shatabhishak Until 1:36AM Wed Athiganda* Until 7:29PM Balava Until 8:52AM Prathama* Until 7:09PM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Purple Savana-Avani	Sunrise: 5:45AM Sunset: 6:35PM Moon 7 - Phase 17 - Prathama
	Routine Work	Marana Yoga					Sivaloka Day
Until 1:36AM Wed							
Then Creative Work - Amrita Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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**Wednesday, August 21, 2024****Gold Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam
Purvaprosrthapada* Nakshatra Sukarma Dhriti Yoga Gara/Venja Karana Dvitiya/Tritiayam TitauMuscat, Oman
Sun 1 Sutra 128

Kumbha Rasi: 22.38 Tithi 17 - 18

Gulika 10:33AM - 12:09PM
Yama 7:21AM - 8:57AM
Rahu 12:09PM - 1:46PMPurvaprosrthapada* Until 11:08PM
Sukarma Until 3:34PM
Vanija Until 2:02AM ThuGanesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon - Clear
Sraavana-AvaniSunrise: 5:45AM
Sunset: 6:34PMKrodhin 5106
Moon 8 - Phase 18 - 1
1st Phase

Creative Work Amrita Yoga

Until 11:08PM

Then Creative Work - Siddha Yoga

Sivaloka Day**1 Thursday, August 22, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam
Uttaraprosrthapada Nakshatra Dhriti/Shula* Yoga Vasi* Bava Karana Tritiya/Chaturthiyam TitauMuscat, Oman
Sun 2 Sutra 129

Meena Rasi: 7.35 Tithi 18 - 19

Gulika 8:57AM - 10:33AM
Yama 5:45AM - 7:21AM
Rahu 1:45PM - 3:21PMUttaraprosrthapada Until 8:38PM
Dhriti Until 11:44AM
Bava Until 10:46PMGanesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon - Clear
Sraavana-AvaniSunrise: 5:45AM
Sunset: 6:33PMKrodhin 5106
Moon 8 - Phase 18 - 2
1st Phase

Creative Work Siddha Yoga

Until 11:08PM

Then Creative Work - Siddha Yoga

Sivaloka Day**2 Friday, August 23, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam
Revati Nakshatra Shula* Ganda* Yoga Baleva/Kaulava Karana Chaturthi/Panchamyam TitauMuscat, Oman
Sun 3 Sutra 130

Meena Rasi: 22.25 Tithi 19 - 20

Gulika 7:21AM - 8:57AM
Yama 3:21PM - 4:56PM
Rahu 10:33AM - 12:09PMRevati Until 6:17PM
Shula* Until 8:02AM
Kaulava Until 7:46PMGanesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon - Clear
Sraavana-AvaniSunrise: 5:46AM
Sunset: 6:32PMKrodhin 5106
Moon 8 - Phase 18 - 3
1st Phase

Creative Work Siddha Yoga

Until 6:17PM

Then Creative Work - Amrita Yoga

Sivaloka Day**3 Saturday, August 24, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhhi Yoga Taitle/Vanija Karana Panchami/Shashthiyam TitauMuscat, Oman
Sun 4 Sutra 131

Mesha Rasi: 6.59 Tithi 20 - 21

Gulika 5:46AM - 7:22AM
Yama 1:44PM - 3:20PM
Rahu 8:57AM - 10:33AMAshvini Until 4:35PM
Vridhhi Until 1:35AM Sun
Vanija Until 4:00AM SunGanesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon - White
Sraavana-AvaniSunrise: 5:46AM
Sunset: 6:31PMKrodhin 5106
Moon 8 - Phase 18 - 4
1st Phase

Creative Work Siddha Yoga

Until 11:08PM

Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 3PM to 6PM**4 Sunday, August 25, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Vasi* Bava Karana Saptamyam TitauMuscat, Oman
Sun 5 Sutra 132

Mesha Rasi: 21.16 Tithi 22

Gulika 3:19PM - 4:55PM
Yama 12:08PM - 1:44PM
Rahu 4:55PM - 6:30PMBharani Until 3:12PM
Dhruva Until 10:55PM
Vasi Until 3:01PMGanesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon - White
Sraavana-AvaniSunrise: 5:46AM
Sunset: 6:30PMKrodhin 5106
Moon 8 - Phase 18 - 5
1st Phase

Routine Work Prabalarishta Yoga

Until 3:12PM

Then Creative Work - Siddha Yoga

Bhuloka Day
Devaloka Time: 3PM to 6PM**Monday, August 26, 2024****Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Baleva/Kaulava Karana Ashtamyam TitauMuscat, Oman
Sun 6 Sutra 133

Vishabha Rasi: 5.13 Tithi 23

Gulika 1:43PM - 3:19PM
Yama 10:33AM - 12:08PM
Rahu 7:22AM - 8:57AMKrittika Until 2:13PM
Vyaghata* Until 8:43PM
Baleva Until 1:25PMGanesha: Purple
Muruga: Clear
Nataraja: Yellow
Moon - White
Sraavana-AvaniSunrise: 5:47AM
Sunset: 6:29PMKrodhin 5106
Moon 8 - Phase 18 - 6
Ashtami

Family Home Evening

Routine Work Marana Yoga

Until 2:13PM

Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 3PM to 6PM**Tuesday, August 27, 2024****Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitle/Gara Karana Navamyam TitauMuscat, Oman
Sun 7 Sutra 134

Vishabha Rasi: 18.49 Tithi 24

Gulika 12:08PM - 1:43PM
Yama 8:57AM - 10:33AM
Rahu 3:18PM - 4:53PMRohini Until 2:05PM
Harshana Until 6:58PM
Taitle Until 12:22PMGanesha: Clear
Muruga: Clear
Nataraja: White
Moon - Yellow
Sraavana-AvaniSunrise: 5:47AM
Sunset: 6:29PMKrodhin 5106
Moon 8 - Phase 18 - 7
Navami

Creative Work Amrita Yoga

Until 2:05PM

Then Creative Work - Siddha Yoga

Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1	Wednesday, August 28, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Varsa Yuktayam Mrigashira/Ardra Nakshatra Vajra/Siddhi Yoga Venja/Visi* Karana Dashamam Titau				Muscat, Oman
	Mithuna Rasi: 2.06	Tithi 25	Gulika Yama	10:32AM - 12:07PM 7:22AM - 8:57AM	Mrigashira Until 2:21PM Vajra* Until 5:38PM	Ganesha: White Muruga: Orange Nataraja: White Moon - Yellow Sraavana-Avani	Sun 8 Subra 135 Krodhin 5126
	Creative Work	Siddha Yoga	536277573	Rahu 12:07PM - 1:43PM	Vanija Until 11:53AM		Moon 8 - Phase 19 - 8 2nd Phase
			Dashami Until 11:49PM				Subha Sivaloka Day
2	Thursday, August 29, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Varsa Yuktayam Punarvasu Nakshatra Siddhi/Vyaltipata* Yoga Bava/Baleva Karana Ekadashyam Titau				Muscat, Oman
	Mithuna Rasi: 15.07	Tithi 26	Gulika Yama	8:57AM - 10:32AM 5:48AM - 7:23AM	Ardra Until 2:58PM Siddhi Until 4:44PM Bava Until 11:55AM	Ganesha: White Muruga: Orange Nataraja: White Moon - Yellow Sraavana-Avani	Sun 9 Subra 136 Krodhin 5126
	Routine Work	Marana Yoga	536277573	Rahu 1:42PM - 3:17PM			Moon 8 - Phase 19 - 9 2nd Phase
	Until 2:58PM				Ekadashi* Until 12:07AM Fri		
3	Friday, August 30, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Varsa Yuktayam Punarvasu Nakshatra Vyaltipata*Varjyan Yoga Kaulava/Taitila Karana Dvadashyam Titau				Muscat, Oman
	Mithuna Rasi: 27.52	Tithi 27	Gulika Yama	7:23AM - 8:57AM 3:16PM - 4:51PM	Punarvasu Until 4:23PM Vyaltipata* Until 4:14PM	Ganesha: Yellow Muruga: Orange Nataraja: White Moon - Blue Sraavana-Avani	Sun 10 Subra 137 Krodhin 5126
	Creative Work	Siddha Yoga	546277573	Rahu 10:32AM - 12:07PM	Kaulava Until 12:28PM		Moon 8 - Phase 19 - 10 2nd Phase
	Until 4:23PM				Dvadashi* Until 12:54AM Sat		
4	Saturday, August 31, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Manta Varsa Yuktayam Pushya Nakshatra Varjyan/Parigra* Yoga Gara/Venja Karana Trayodashyam Titau				Muscat, Oman
	Kalkata Rasi: 10.24	Tithi 28	Gulika Yama	5:48AM - 7:23AM 1:41PM - 3:16PM	Pushya Until 6:07PM Varjyan Until 4:04PM Gara Until 1:30PM	Ganesha: Yellow Muruga: Orange Nataraja: White Moon - Blue Sraavana-Avani	Sun 11 Subra 138 Krodhin 5126
	Creative Work	Siddha Yoga	546277573	Rahu 8:57AM - 10:32AM			Moon 8 - Phase 19 - 11 2nd Phase
	Until 6:07PM				Trayodashi* Until 2:09AM Sun		
5	Sunday, September 1, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bhanu Varsa Yuktayam Ashlesha* Nakshatra Parigra*Shiva Yoga Vasi*/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman
	Kalkata Rasi: 22.44	Tithi 29	Gulika Yama	3:15PM - 4:49PM 12:06PM - 1:41PM	Ashlesha* Until 8:05PM Parigra* Until 4:16PM Visti Until 2:58PM	Ganesha: Yellow Muruga: Orange Nataraja: White Moon - Blue Sraavana-Avani	Sun 12 Subra 139 Krodhin 5126
	Creative Work	Siddha Yoga	546277573	Rahu 4:49PM - 6:24PM			Moon 8 - Phase 19 - 12 2nd Phase
	Until 8:05PM				Chaturdashi* Until 3:50AM Mon		
	Monday, September 2, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Varsa Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Catuspada*Naga* Karana Amavasyayam Titau				Muscat, Oman
	Retreat Star	Tithi 30	Gulika Yama	1:40PM - 3:14PM 10:32AM - 12:06PM	Magha* Until 10:47PM Shiva Until 4:47PM	Ganesha: Red Muruga: Orange Nataraja: White Moon - Red Sraavana-Avani	Sun 13 Subra 140 Krodhin 5126
	Family Home Evening		556277573	Rahu 7:23AM - 8:57AM	Catuspada Until 4:50PM		Moon 8 - Phase 19 - 13 Amavasya
	Routine Work	Marana Yoga			Amavasya* Until 5:53AM Tue		
	Tuesday, September 3, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksha Mangala Varsa Yuktayam Purvaphalguni Nakshatra Siddha/Sadhyo Yoga Kintughna* Karana Prathamayam Titau				Muscat, Oman
	Retreat Star	Tithi 1	Gulika Yama	12:06PM - 1:40PM 8:57AM - 10:32AM	Purvaphalguni Until 1:38AM Wed Siddha Until 5:32PM	Ganesha: Red Muruga: Orange Nataraja: White Moon - Red Bhadrapada-Avani	Sun 14 Subra 141 Krodhin 5126
	Creative Work	Siddha Yoga	556277573	Rahu 3:14PM - 4:48PM	Kintughna Until 7:04PM		Moon 8 - Phase 19 - 14 Prathama
	Until 1:38AM Wed				Prathama* Until 8:16AM Wed		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1	Wednesday, September 4, 2024		Krodhin Nama Samvatsare Dakshininyaya Jivana Ritau Simha Mase Sukla Paksha Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathamam/Dvitiyayam Titau					Muscat, Oman
	Simha Rasi: 28.49	Tithi 1 – 2	Gulika 10:31AM – 12:05PM	Uttaraphalguni Until 4:33AM Thu	Ganesha: Red	Sunrise: 5:50AM	Sun 15	Sutra 142
			Yama 7:24AM – 8:57AM	Sadhya Until 6:31PM	Muruga: Orange	Sunset: 6:21PM	Moon 8 - Phase 20 - 15	Krodhin 5:06
			556277573 Rahu 12:05PM – 1:39PM	Balava Until 9:35PM	Nataraja: White		3rd Phase	
	Creative Work	Amrita Yoga		Prathamam* Until 8:16AM	Moon – Red			
	Until 4:33AM Thu							
	Then Routine Work - Marana Yoga						Sivaloka Day	
2	Thursday, September 5, 2024		Krodhin Nama Samvatsare Dakshininyaya Jivana Ritau Simha Mase Sukla Paksha Guru Vasara Yuktayam Hasta Nakshatra Subha Yoga Kaulava/Taillita Karana Dvitiya/Tritiyayam Titau					Muscat, Oman
	Kanya Rasi: 10.37	Tithi 2 – 3	Gulika 8:57AM – 10:31AM	Hasta Until 7:56AM Fri	Ganesha: Blue	Sunrise: 5:50AM	Sun 16	Sutra 143
			Yama 5:50AM – 7:24AM	Subha Until 7:44PM	Muruga: Orange	Sunset: 6:20PM	Moon 8 - Phase 20 - 16	Krodhin 5:06
			567277573 Rahu 1:39PM – 3:12PM	Taillita Until 12:14AM Fri	Nataraja: White		3rd Phase	
	Routine Work	Marana Yoga		Dvitiya Until 10:53AM	Moon – Green			
	Until 7:56AM Fri							
	Then Creative Work - Siddha Yoga						Devaloka Day	
3	Friday, September 6, 2024		Krodhin Nama Samvatsare Dakshininyaya Jivana Ritau Simha Mase Sukla Paksha Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Venja Karana Tritiya/Chaturthyam Titau					Muscat, Oman
	Kanya Rasi: 22.23	Tithi 3 – 4	Gulika 7:24AM – 8:57AM	Hasta Until 7:56AM	Ganesha: Blue	Sunrise: 5:50AM	Sun 17	Sutra 144
			Yama 3:12PM – 4:45PM	Sukla Until 8:45PM	Muruga: Orange	Sunset: 6:19PM	Moon 8 - Phase 20 - 17	Krodhin 5:06
			567277573 Rahu 10:31AM – 12:05PM	Vanija Until 2:55AM Sat	Nataraja: White		3rd Phase	
	Creative Work	Amrita Yoga		Tritiya Until 1:34PM	Moon – Green			
	Until 7:56AM							
	Then Creative Work - Siddha Yoga						Devaloka Day	
4	Saturday, September 7, 2024		Krodhin Nama Samvatsare Dakshininyaya Jivana Ritau Simha Mase Sukla Paksha Manta Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Vasi*/Bava Karana Chaturthi/Panchamyam Titau					Muscat, Oman
	Tula Rasi: 4.09	Tithi 4 – 5	Gulika 5:51AM – 7:24AM	Chitra Until 11:05AM	Ganesha: Blue	Sunrise: 5:51AM	Sun 18	Sutra 145
			Yama 1:38PM – 3:11PM	Brahma Until 9:47PM	Muruga: Orange	Sunset: 6:18PM	Moon 8 - Phase 20 - 18	Krodhin 5:06
			567277573 Rahu 8:57AM – 10:31AM	Bava Until 5:25AM Sun	Nataraja: White		3rd Phase	
	Routine Work	Marana Yoga		Chaturthi* Until 4:10PM	Moon – Green			
	Until 11:05AM							
	Then Creative Work - Siddha Yoga						Devaloka Day	
5	Sunday, September 8, 2024		Krodhin Nama Samvatsare Dakshininyaya Jivana Ritau Simha Mase Sukla Paksha Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Vasi*/Bava Karana Panchamyam Titau					Muscat, Oman
	Tula Rasi: 16	Tithi 5	Gulika 3:10PM – 4:44PM	Svati Until 1:52PM	Ganesha: Blue	Sunrise: 5:51AM	Sun 19	Sutra 146
			Yama 12:04PM – 1:37PM	Indra Until 10:36PM	Muruga: Orange	Sunset: 6:17PM	Moon 8 - Phase 20 - 19	Krodhin 5:06
			567277573 Rahu 4:44PM – 6:17PM	Balava Until 6:31PM	Nataraja: White		3rd Phase	
	Creative Work	Siddha Yoga		Panchami Until 6:31PM	Moon – Green			
	Until 1:52PM							
	Then Routine Work - Marana Yoga						Devaloka Day	
6	Monday, September 9, 2024		Krodhin Nama Samvatsare Dakshininyaya Jivana Ritau Simha Mase Sukla Paksha Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Tilaga Kaulava/Taillita Karana Shashthiyam Titau					Muscat, Oman
	Tula Rasi: 27.59	Tithi 6	Gulika 1:37PM – 3:10PM	Vishakha Until 4:35PM	Ganesha: Yellow	Sunrise: 5:51AM	Sun 20	Sutra 147
			Yama 10:30AM – 12:04PM	Vaidhriti* Until 11:02PM	Muruga: Orange	Sunset: 6:16PM	Moon 8 - Phase 20 - 20	Krodhin 5:06
			577277573 Rahu 7:24AM – 8:57AM	Kaulava Until 7:34AM	Nataraja: White		3rd Phase	
	Family Home Evening			Shashthi* Until 8:25PM	Moon – Orange			
	Routine Work	Marana Yoga						
	Until 4:35PM						Sivaloka Day	
Then Creative Work - Siddha Yoga								
	Tuesday, September 10, 2024		Krodhin Nama Samvatsare Dakshininyaya Jivana Ritau Simha Mase Sukla Paksha Mangala Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau					Muscat, Oman
	Retreat Star							
	Vischika Rasi: 10.1	Tithi 7	Gulika 12:03PM – 1:36PM	Anuradha Until 6:34PM	Ganesha: Yellow	Sunrise: 5:52AM	Sun 21	Sutra 148
			Yama 8:57AM – 10:30AM	Vishkambha* Until 11:00PM	Muruga: Orange	Sunset: 6:15PM	Moon 8 - Phase 20 - 21	Krodhin 5:06
			577277573 Rahu 3:09PM – 4:42PM	Gara Until 9:11AM	Nataraja: White		3rd Phase	
	Creative Work	Siddha Yoga		Saptami Until 9:43PM	Moon – Orange			
	Until 6:34PM						Sivaloka Day	
Then Routine Work - Marana Yoga								
D	Wednesday, September 11, 2024		Krodhin Nama Samvatsare Dakshininyaya Jivana Ritau Simha Mase Sukla Paksha Budha Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Vasi*/Bava Karana Ashtamyam Titau					Muscat, Oman
	Retreat Star							
	Vischika Rasi: 22.38	Tithi 8	Gulika 10:30AM – 12:03PM	Jyeshtha* Until 7:42PM	Ganesha: Blue	Sunrise: 5:52AM	Sun 22	Sutra 149
			Yama 7:25AM – 8:57AM	Priti Until 10:25PM	Muruga: Orange	Sunset: 6:14PM	Moon 8 - Phase 20 - 22	Krodhin 5:06
			578277573 Rahu 12:03PM – 1:36PM	Visti Until 10:08AM	Nataraja: White		3rd Phase	
	Creative Work	Siddha Yoga		Ashtami* Until 10:18PM	Moon – Orange			
	Until 7:42PM						Subha Sivaloka Day	
Then Routine Work - Marana Yoga								
Thursday, September 12, 2024		Krodhin Nama Samvatsare Dakshininyaya Jivana Ritau Simha Mase Sukla Paksha Guru Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau					Muscat, Oman	
Retreat Star								
Dhanus Rasi: 5.27	Tithi 9	Gulika 8:57AM – 10:30AM	Mula* Until 8:22PM	Ganesha: Yellow	Sunrise: 5:52AM	Sun 23	Sutra 150	
		Yama 5:52AM – 7:25AM	Ayushman Until 9:10PM	Muruga: Orange	Sunset: 6:13PM	Moon 8 - Phase 20 - 23	Krodhin 5:06	
		588277573 Rahu 1:35PM – 3:08PM	Balava Until 10:18AM	Nataraja: White		3rd Phase		
Creative Work	Siddha Yoga		Navami* Until 10:04PM	Moon – Light Blue				
							Sivaloka Day	

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1 Friday, September 13, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Sukra Varsara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Tailla/Gara Karana Dashamayam Titau				Muscat, Oman Sun 24 Subra 151 Krodhin 5126
Dhanus Rasi: 18.41	Tithi 10	Gulika Yama 588277573 Rahu	7:25AM – 8:57AM 3:07PM – 4:39PM 10:30AM – 12:02PM	Purvashadha* Until 8:05PM Saubhagya Until 7:17PM Tailla Until 9:39AM Dashami Until 9:01PM	Ganesha: Yellow Muruga: Orange Nataraja: White Moon – Light Blue Bhadrapada-Avani	Sunrise: 5:53AM Sunset: 6:12PM Moon 8 - Phase 21 - 25 4th Phase
Routine Work Prabalashita Yoga Until 8:05PM Then Routine Work - Marana Yoga		Sivaloka Day				
2 Saturday, September 14, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Manta Varsara Yuktayam Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Muscat, Oman Sun 25 Subra 152 Krodhin 5126
Makara Rasi: 2.22	Tithi 11	Gulika Yama 588277573 Rahu	5:53AM – 7:25AM 12:01PM – 1:33PM 8:57AM – 10:30AM	Uttarashadha Until 6:54PM Sobhana Until 4:47PM Vanija Until 8:13AM Ekadashi Until 7:12PM	Ganesha: Yellow Muruga: Orange Nataraja: White Moon – Light Blue Bhadrapada-Avani	Sunrise: 5:53AM Sunset: 6:12PM Moon 8 - Phase 21 - 25 4th Phase
Routine Work Marana Yoga Until 6:54PM Then Creative Work - Siddha Yoga		Sivaloka Day				
3 Sunday, September 15, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Varsara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukama Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Muscat, Oman Sun 26 Subra 153 Krodhin 5126
Makara Rasi: 16.3	Tithi 12 – 13	Gulika Yama 598277573 Rahu	3:06PM – 4:38PM 12:01PM – 1:33PM 4:38PM – 6:10PM	Shravana Until 5:19PM Athiganda* Until 1:43PM Bava Until 6:04AM Dvadashi Until 4:44PM	Ganesha: White Muruga: Orange Nataraja: White Moon – Purple Bhadrapada-Avani	Sunrise: 5:53AM Sunset: 6:10PM Moon 8 - Phase 21 - 26 4th Phase
Creative Work Amrita Yoga Until 5:19PM Then Creative Work - Marana Yoga		Subha Sivaloka Day				
4 Monday, September 16, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Indu Varsara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukama/Chriti Yoga Tailla/Gara Karana Trayodashi/Chaturdashyam Titau				Muscat, Oman Sun 27 Subra 154 Krodhin 5126
Kumbha Rasi: 1.04	Tithi 13 – 14	Gulika Yama 598277573 Rahu	1:33PM – 3:05PM 10:29AM – 12:01PM 7:25AM – 8:57AM	Dhanishtha Until 3:04PM Sukama Until 10:12AM Gara Until 12:04AM Tue Trayodashi Until 1:43PM	Ganesha: White Muruga: Orange Nataraja: White Moon – Purple Bhadrapada-Puratasi	Sunrise: 5:53AM Sunset: 6:09PM Moon 8 - Phase 21 - 27 4th Phase
Family Home Evening Creative Work Siddha Yoga		Subha Sivaloka Day				
○ Tuesday, September 17, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Mangala Varsara Yuktayam Shatabhishak/Purvashrothapada* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Muscat, Oman Sun 28 Subra 155 Krodhin 5126
Copper Retreat Star		Gulika Yama 598277573 Rahu	12:01PM – 1:32PM 8:57AM – 10:29AM 3:04PM – 4:36PM	Shatabhishak Until 12:18PM Dhriti Until 6:20AM Visti Until 8:31PM Chaturdashi* Until 10:18AM	Ganesha: White Muruga: Orange Nataraja: White Moon – Purple Bhadrapada-Puratasi	Sunrise: 5:54AM Sunset: 6:08PM Moon 8 - Phase 21 - 28 Purnima
Routine Work Marana Yoga		Subha Sivaloka Day				
Wednesday, September 18, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Budha Varsara Yuktayam Purvashrothapada*/Uttarashrothapada Nakshatra Ganda* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Muscat, Oman Sun 29 Subra 156 Krodhin 5126
Silver Retreat Star		Gulika Yama 519377573 Rahu	10:29AM – 12:00PM 7:25AM – 8:57AM 12:00PM – 1:32PM	Purvashrothapada* Until 9:34AM Ganda* Until 10:01PM Kaulava Until 2:55AM Thu Purnima* Until 6:39AM	Ganesha: White Muruga: Orange Nataraja: White Moon – Clear Bhadrapada-Puratasi	Sunrise: 5:54AM Sunset: 6:07PM Moon 8 - Phase 21 - 29 Prathama
Meena Rasi: 1.04 Tithi 15 – 16 Routine Work Amrita Yoga Until 9:34AM Then Creative Work - Siddha Yoga		Subha Sivaloka Day				

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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Thursday, September 19, 2024

Gold Retreat Star

Meena Rasi: 16.15 Tithi 17

Creative Work Siddha Yoga

Gulika
Yama
5:54AM - 7:26AM
Rahu
1:31PM - 3:03PM

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Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam

Uttaraprosarthapada/Revati Nakshatra Viddhi/Dhruva Yoga Tatila/Gara Karana Drityayam Tilau

Uttaraprosarthapada Until 6:38AM

Viddhi Until 5:52PM

Tatila Until 1:05PM

Dvitiya Until 11:15PM

Ganesha: White

Muruga: Orange

Nataraja: White

Moon - Clear

Bhadrapada-Puratasi

Sunrise: 5:54AM

Sunset: 6:09PM

Moon 9 - Phase 22 - 1st Phase

Subha Sivaloka Day

Muscat, Oman

Subra 157

Krodhin 5126

1st Phase

1

Friday, September 20, 2024

Mesha Rasi: 1.22 Tithi 18

Creative Work Amrita Yoga

Until 1:15AM Sat

Then Creative Work - Siddha Yoga

Gulika
Yama
7:28AM - 8:57AM
Rahu
10:28AM - 12:00PM

52937753

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam

Ashvini Nakshatra Druva/Vyaghata* Yoga Vanja/Visi* Karana Trityayam Tilau

Ashvini Until 1:15AM Sat

Dhruva Until 1:51PM

Vanija Until 9:31AM

Tritiya Until 7:50PM

Ganesha: Yellow

Muruga: Orange

Nataraja: White

Moon - White

Bhadrapada-Puratasi

Sunrise: 5:55AM

Sunset: 6:09PM

Moon 9 - Phase 22 - 1st Phase

Sivaloka Day

Muscat, Oman

Subra 158

Krodhin 5126

1st Phase

2

Saturday, September 21, 2024

Mesha Rasi: 16.14 Tithi 19 - 20

Creative Work Siddha Yoga

Until 11:07PM

Then Creative Work - Amrita Yoga

Gulika
Yama
5:55AM - 7:26AM
Rahu
8:57AM - 10:28AM

52937753

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Manta Vasara Yuktayam

Bharani Nakshatra Vyaghata*/Harshana Yoga Bava/Kaulava Karana Chaturthi/Panchamam Tilau

Bharani Until 11:07PM

Vyaghata* Until 10:07AM

Bava Until 6:16AM

Chaturthi* Until 4:47PM

Ganesha: Yellow

Muruga: Orange

Nataraja: White

Moon - White

Bhadrapada-Puratasi

Sunrise: 5:55AM

Sunset: 6:04PM

Moon 9 - Phase 22 - 1st Phase

Sivaloka Day

Muscat, Oman

Subra 159

Krodhin 5126

1st Phase

3

Sunday, September 22, 2024

Visahba Rasi: 0.47 Tithi 20 - 21

Creative Work Siddha Yoga

Gulika
Yama
3:01PM - 4:32PM
Rahu
4:32PM - 6:03PM

52937753

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam

Kritika Nakshatra Harshana/Vajra* Yoga Tatila/Gara Karana Panchami/Shashthiyam Tilau

Kritika Until 9:23PM

Harshana Until 6:47AM

Gara Until 1:13AM Mon

Panchami Until 2:15PM

Ganesha: Yellow

Muruga: Orange

Nataraja: White

Moon - White

Bhadrapada-Puratasi

Sunrise: 5:55AM

Sunset: 6:03PM

Moon 9 - Phase 22 - 1st Phase

Sivaloka Day

Muscat, Oman

Subra 160

Krodhin 5126

1st Phase

4

Monday, September 23, 2024

Visahba Rasi: 14.56 Tithi 21 - 22

Family Home Evening

Creative Work Amrita Yoga

Gulika
Yama
1:29PM - 3:00PM
Rahu
7:26AM - 8:57AM

53937753

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam

Rohini Nakshatra Siddhi Yoga Vanja/Visi* Karana Shashthi/Saptamam Tilau

Rohini Until 8:34PM

Siddhi Until 1:36AM Tue

Visi Until 11:39PM

Shashthi* Until 12:20PM

Ganesha: Blue

Muruga: Orange

Nataraja: White

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:56AM

Sunset: 6:01PM

Moon 9 - Phase 22 - 1st Phase

Subha Sivaloka Day

Muscat, Oman

Subra 161

Krodhin 5126

1st Phase

D

Tuesday, September 24, 2024

Retreat Star

Visahba Rasi: 28.4 Tithi 22 - 23

Creative Work Siddha Yoga

Until 8:20PM

Then Routine Work - Marana Yoga

Gulika
Yama
11:58AM - 1:29PM
Rahu
2:59PM - 4:30PM

53937753

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam

Mrigashira Nakshatra Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamam Tilau

Mrigashira Until 8:20PM

Vyatipata* Until 11:53PM

Balava Until 10:48PM

Saptami Until 11:07AM

Ganesha: Blue

Muruga: Orange

Nataraja: White

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:56AM

Sunset: 6:00PM

Moon 9 - Phase 22 - 5

Subha Sivaloka Day

Muscat, Oman

Subra 162

Krodhin 5126

5

Ashtami

Wednesday, September 25, 2024

Retreat Star

Mithuna Rasi: 11.58 Tithi 23 - 24

Creative Work Siddha Yoga

Gulika
Yama
10:28AM - 11:58AM
Rahu
11:58AM - 1:28PM

53137753

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Budha Vasara Yuktayam

Andra Nakshatra Variyan Yoga Kaulava/Tatila Karana Ashtami/Navamam Tilau

Andra Until 8:40PM

Variyan Until 10:43PM

Tatila Until 10:42PM

Ashtami* Until 10:38AM

Ganesha: Purple

Muruga: Orange

Nataraja: White

Moon - Yellow

Bhadrapada-Puratasi

Sunrise: 5:56AM

Sunset: 5:59PM

Moon 9 - Phase 22 - 6

Subha Sivaloka Day

Muscat, Oman

Subra 163

Krodhin 5126

6

Navami

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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1		Thursday, September 26, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam Pushya Nakshatra Shiva Yoga Vist ¹ Bava Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 7	Sutra 164
Mithuna Rasi: 24:53	Tithi 24 – 25	Gulika Yama Rahu	8:57AM – 10:27AM 5:57AM – 7:27AM 1:28PM – 2:58PM	Purnavasu Until 10:00PM Parigha* Until 10:06PM Vanija Until 11:17PM Navami* Until 10:53AM	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Blue Bhadrapada-Puratasi	Sunrise: 5:57AM Sunset: 5:59PM	Krodha 51:26 Moon 9 - Phase 23 - 7 2nd Phase
Creative Work	Amrita Yoga	541377573					Sivaloka Day
2		Friday, September 27, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Vist ¹ Bava Karana Dashami/Ekadashyam Titau		Muscat, Oman Sun 8	Sutra 165
Kalkata Rasi: 7:29	Tithi 25 – 26	Gulika Yama Rahu	7:27AM – 8:57AM 1:27PM – 2:57PM 10:27AM – 11:57AM	Pushya Until 11:47PM Shiva Until 10:00PM Bava Until 12:31AM Sat Dashami Until 11:48AM	Ganesha: Purple Muruga: Orange Nataraja: White Moon – Blue Bhadrapada-Puratasi	Sunrise: 5:57AM Sunset: 5:57PM	Krodha 51:26 Moon 9 - Phase 23 - 8 2nd Phase
Routine Work	Marana Yoga	641377573					Subha Sivaloka Day
3		Saturday, September 28, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Marita Vasara Yuktayam Ashlesha ² Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 9	Sutra 166
Kalkata Rasi: 19:5	Tithi 26 – 27	Gulika Yama Rahu	5:57AM – 7:27AM 1:27PM – 2:57PM 8:57AM – 10:27AM	Ashlesha* Until 1:55AM Sun Siddha Until 10:16PM Kaulava Until 2:15AM Sun Ekadashi* Until 1:18PM	Ganesha: Purple Muruga: Orange Nataraja: White Moon – Blue Bhadrapada-Puratasi	Sunrise: 5:57AM Sunset: 5:59PM	Krodha 51:26 Moon 9 - Phase 23 - 9 2nd Phase
Routine Work	Marana Yoga	641377573					Subha Sivaloka Day
4		Sunday, September 29, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam Magha ³ Nakshatra Sadya Yoga Talita/Gara Karana Dradashi/Trayodashyam Titau		Muscat, Oman Sun 10	Sutra 167
Simha Rasi: 1:58	Tithi 27 – 28	Gulika Yama Rahu	2:58PM – 4:26PM 11:57AM – 1:26PM 4:26PM – 5:55PM	Magha* Until 4:46AM Mon Sadya Until 10:53PM Gara Until 4:25AM Mon Dvadashi* Until 3:16PM	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:58AM Sunset: 5:59PM	Krodha 51:26 Moon 9 - Phase 23 - 10 2nd Phase
Routine Work	Marana Yoga	651377573					Sivaloka Day
Then Creative Work	Siddha Yoga				Pradosha Vrata (Fasting)		
5		Monday, September 30, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Visti ¹ Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 11	Sutra 168
Simha Rasi: 13:56	Tithi 28 – 29	Gulika Yama Rahu	1:26PM – 2:55PM 10:27AM – 11:56AM 7:28AM – 8:57AM	Purvaphalguni Until 7:44AM Tue Subha Until 11:45PM Visti Until 6:52AM Tue Trayodashi* Until 5:35PM	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:58AM Sunset: 5:54PM	Krodha 51:26 Moon 9 - Phase 23 - 11 2nd Phase
Family Home Evening		651377573					Sivaloka Day
Creative Work	Siddha Yoga						
Until 7:44AM Tue							
Then Creative Work	Amrita Yoga						
6		Tuesday, October 1, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Visti ¹ Sakuni ² Karana Chaturdashyam Titau		Muscat, Oman Sun 12	Sutra 169
Simha Rasi: 25:48	Tithi 29	Gulika Yama Rahu	11:56AM – 1:25PM 8:57AM – 10:27AM 2:55PM – 4:24PM	Purvaphalguni Until 7:44AM Sukla Until 12:45AM Wed Visti Until 6:52AM Chaturdashi* Until 8:09PM	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:58AM Sunset: 5:53PM	Krodha 51:26 Moon 9 - Phase 23 - 12 2nd Phase
Creative Work	Siddha Yoga	651377573					Sivaloka Day
Until 7:44AM							
Then Creative Work	Amrita Yoga						
Wednesday, October 2, 2024		Retreat Star		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Catuspada ² Naga ³ Karana Amavasyeyam Titau		Muscat, Oman Sun 13	Sutra 170
Kanya Rasi: 8	Tithi 30	Gulika Yama Rahu	10:26AM – 11:56AM 7:28AM – 8:57AM 11:56AM – 1:25PM	Uttaraphalguni Until 10:41AM Brahma Until 1:49AM Thu Catuspada Until 9:30AM Amavasya* Until 10:50PM	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:58AM Sunset: 5:52PM	Krodha 51:26 Moon 9 - Phase 23 - 13 Amavasya
Creative Work	Amrita Yoga	651377573					Sivaloka Day
Until 10:41AM							
Then Routine Work	Marana Yoga						
Thursday, October 3, 2024		Retreat Star		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Kintughna ² Bava Karana Prathamayam Titau		Muscat, Oman Sun 14	Sutra 171
Kanya Rasi: 19:23	Tithi 1	Gulika Yama Rahu	8:57AM – 10:26AM 5:59AM – 7:28AM 1:24PM – 2:53PM	Hasta Until 2:02PM Indra Until 2:54AM Fri Kintughna Until 12:12PM Prathama* Until 1:30AM Fri	Ganesha: Orange Muruga: Orange Nataraja: White Moon – Green Ashvina-Puratasi	Sunrise: 5:58AM Sunset: 5:51PM	Krodha 51:26 Moon 9 - Phase 23 - 14 Prathama
Routine Work	Marana Yoga	661377573					Sivaloka Day
Until 2:02PM							
Then Creative Work	Siddha Yoga						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

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1 Friday, October 4, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Sukra Vessara Yuktayam Muscat, Oman Chitra/Svati Nakshatra Vashdhi* Yoga Talita/Gara Karana Trityayam Titau Sun 15 Sutra 172			
Tula Rasi: 1.1	Tithi 2	Gulika 7:29AM - 8:57AM Yama 2:53PM - 4:22PM Rahu 10:26AM - 11:55AM	Chitra Until 5:09PM Vaidhriti* Until 3:51AM Sat Balava Until 2:50PM Dvitiya Until 4:03AM Sat	Ganesha: Orange Muruga: Orange Nataraja: White Moon - Green Ashvini-Puratasi	Sunrise: 5:58AM Sunset: 5:50PM Moon 9 - Phase 24 - 16 3rd Phase
Creative Work	Siddha Yoga	661377573			Sivaloka Day
2 Saturday, October 5, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Manta Vessara Yuktayam Muscat, Oman Vishakha Nakshatra Priya Yoga Gara/Vanija Karana Trityayam Titau Sun 16 Sutra 173			
Tula Rasi: 13.01	Tithi 3	Gulika 6:00AM - 7:29AM Yama 1:23PM - 2:52PM Rahu 8:57AM - 10:26AM	Svati Until 7:54PM Vishkambha* Until 4:38AM Sun Tailela Until 5:16PM Tritiya Until 6:22AM Sun	Ganesha: Orange Muruga: Orange Nataraja: White Moon - Green Ashvini-Puratasi	Sunrise: 6:00AM Sunset: 5:50PM Moon 9 - Phase 24 - 16 3rd Phase
Creative Work	Siddha Yoga	661377573			Sivaloka Day
3 Sunday, October 6, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Bhanu Vessara Yuktayam Muscat, Oman Tula Rasi: 24.56 Tithi 3 - 4 672377573 Gulika 2:51PM - 4:20PM Vishakha Until 10:42PM Priya Until 5:11AM Mon Vanija Until 7:25PM Tritiya Until 6:22AM			
Routine Work	Marana Yoga			Ganesha: Purple Muruga: Orange Nataraja: White Moon - Orange Ashvini-Puratasi	Sunrise: 6:00AM Sunset: 5:49PM Moon 9 - Phase 24 - 16 3rd Phase
4 Monday, October 7, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Indu Vessara Yuktayam Muscat, Oman Vishakha Nakshatra Ayushman Yoga Visi* Bava Karana Chaturthi/Panchamam Titau Sun 18 Sutra 175			
Vischika Rasi: 7.01 Family Home Evening Creative Work Until 12:56AM Tue Then Routine Work - Marana Yoga	Tithi 4 - 5	Gulika 1:22PM - 2:51PM Yama 10:26AM - 11:54AM Rahu 7:29AM - 8:57AM	Anuradha Until 12:56AM Tue Ayushman Until 5:21AM Tue Bava Until 9:10PM Chaturthi* Until 8:20AM	Ganesha: Purple Muruga: Orange Nataraja: Clear Moon - Orange Ashvini-Puratasi	Sunrise: 6:01AM Sunset: 5:49PM Moon 9 - Phase 24 - 18 3rd Phase
		672377574			Bhuloka Day Devaloka Time: 3PM to 6PM
5 Tuesday, October 8, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vessara Yuktayam Muscat, Oman Vischika Rasi: 19.16 Tithi 5 - 6 672377574 Gulika 11:54AM - 1:22PM Jyeshtha* Until 2:29AM Wed Saubhagya Until 5:07AM Wed Kaulava Until 10:24PM Panchami Until 9:50AM			
Routine Work	Marana Yoga			Ganesha: Purple Muruga: Orange Nataraja: Clear Moon - Orange Ashvini-Puratasi	Sunrise: 6:01AM Sunset: 5:47PM Moon 9 - Phase 24 - 19 3rd Phase
		672377574			Bhuloka Day Devaloka Time: 3PM to 6PM
6 Wednesday, October 9, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Budha Vessara Yuktayam Muscat, Oman Dhanus Rasi: 1.45 Tithi 6 - 7 682377574 Gulika 10:26AM - 11:54AM Mula* Until 3:46AM Thu Sobhana Until 4:24AM Thu Gara Until 11:02PM Shashthi* Until 10:47AM			
Routine Work	Marana Yoga			Ganesha: Clear Muruga: Orange Nataraja: Clear Moon - Light Blue Ashvini-Puratasi	Sunrise: 6:01AM Sunset: 5:49PM Moon 9 - Phase 24 - 19 3rd Phase
Until 3:46AM Thu Then Creative Work - Siddha Yoga		682377574			Devaloka Day
Thursday, October 10, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Guru Vessara Yuktayam Muscat, Oman Dhanus Rasi: 14.31 Tithi 7 - 8 682377574 Gulika 8:58AM - 10:25AM Purvashadha* Until 4:13AM Fri Athiganda* Until 3:07AM Fri Visi Until 10:59PM			
Creative Work	Siddha Yoga			Ganesha: Clear Muruga: Orange Nataraja: Clear Moon - Light Blue Ashvini-Puratasi	Sunrise: 6:02AM Sunset: 5:45PM Moon 9 - Phase 24 - 21 Ashtami
Until 4:13AM Fri Then Routine Work - Marana Yoga		682377574	Durga Ashtami Saptami Until 11:05AM		Devaloka Day
Friday, October 11, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Sukra Vessara Yuktayam Muscat, Oman Dhanus Rasi: 27.38 Tithi 8 - 9 682377574 Gulika 7:30AM - 8:58AM Uttarashadha Until 3:48AM Sat Sukarma Until 1:17AM Sat Balava Until 10:12PM			
Routine Work	Marana Yoga			Ganesha: Clear Muruga: Orange Nataraja: Clear Moon - Light Blue Ashvini-Puratasi	Sunrise: 6:02AM Sunset: 5:44PM Moon 9 - Phase 24 - 22 Navami
Until 3:48AM Sat Then Creative Work - Siddha Yoga		682377574	Saraswathi Puja (Tamil Nadu) Ashtami* Until 10:40AM		Devaloka Day

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantram 1444

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1 Saturday, October 12, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Manta Vasara Yukhtayam Muscat, Oman Shravana Nakshatra Dhruti Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau Sun 23 Sutra 180			
Makara Rasi: 11.1	Tithi 9 – 10	Gulika 6:03AM – 7:30AM Yama 1:20PM – 2:48PM Rahu 8:58AM – 10:25AM	Shravana Until 2:59AM Sun Dhruti Until 10:53PM Tailita Until 8:42PM	Ganesha: White Muruga: Orange Nataraja: Clear Moon – Purple Ashvina-Puratasi	Sunrise: 6:03AM Sunset: 5:43PM Moon 9 - Phase 25 - 28 4th Phase
Creative Work Siddha Yoga Until 2:59AM Sun Then Routine Work - Marana Yoga		Vijaya Dasami	Navami* Until 9:31AM		Bhuloka Day Devaloka Time: 3PM to 6PM
2 Sunday, October 13, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Bhanu Vissara Yukhtayam Muscat, Oman Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Tilau Sun 24 Sutra 181			
Makara Rasi: 25.06	Tithi 10 – 11	Gulika 2:47PM – 4:15PM Yama 11:53AM – 1:20PM Rahu 4:15PM – 5:42PM	Dhanishtha Until 1:22AM Mon Shula* Until 7:55PM Vanija Until 6:33PM	Ganesha: Clear Muruga: Orange Nataraja: Clear Moon – Purple Ashvina-Puratasi	Sunrise: 6:03AM Sunset: 5:42PM Moon 9 - Phase 25 - 24 4th Phase
Routine Work Marana Yoga Until 1:22AM Mon Then Creative Work - Siddha Yoga			Dashami Until 7:41AM		Devaloka Day
3 Monday, October 14, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Indu Vassara Yukhtayam Muscat, Oman Shalabhisak Nakshatra Ganda* Viddhi Yoga Bava/Baleva Karana Dvadashyam Tilau Sun 25 Sutra 182			
Kumbha Rasi: 9.28	Tithi 12	Gulika 1:20PM – 2:47PM Yama 10:25AM – 11:52AM Rahu 7:31AM – 8:58AM	Shalabhisak Until 11:05PM Ganda* Until 4:30PM Bava Until 3:48PM	Ganesha: Clear Muruga: Orange Nataraja: Clear Moon – Purple Ashvina-Puratasi	Sunrise: 6:03AM Sunset: 5:41PM Moon 9 - Phase 25 - 25 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 11:05PM Then Routine Work - Marana Yoga		Kadaltswami Mahasamadhi	Dvadashi Until 2:14AM Tue		Devaloka Day
4 Tuesday, October 15, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vasara Yukhtayam Muscat, Oman Purvaprosathapada* Nakshatra Vridhi/Dhruva Yoga Kaulava/Tailita Karana Trayodashyam Tilau Sun 26 Sutra 183			
Kumbha Rasi: 24.11	Tithi 13	Gulika 11:52AM – 1:19PM Yama 8:58AM – 10:25AM Rahu 2:46PM – 4:13PM	Purvaprosathapada* Until 8:38PM Vridhi Until 12:43PM Kaulava Until 12:36PM	Ganesha: Yellow Muruga: Orange Nataraja: Clear Moon – Clear Ashvina-Puratasi	Sunrise: 6:04AM Sunset: 5:40PM Moon 9 - Phase 25 - 26 4th Phase
Routine Work Marana Yoga Until 8:38PM Then Creative Work - Amrita Yoga		Chidambaram Abhishekam	Trayodashi Until 10:51PM		Devaloka Day
5 Wednesday, October 16, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Budha Vasara Yukhtayam Muscat, Oman Uttaraprosathapada* Revati Nakshatra Dhruva/Vyaghat* Yoga Gara/Vanija Karana Chaturdashyam Tilau Sun 27 Sutra 184			
Meena Rasi: 9.12	Tithi 14	Gulika 10:25AM – 11:52AM Yama 7:31AM – 8:58AM Rahu 11:52AM – 1:19PM	Uttaraprosathapada Until 5:48PM Dhruva Until 8:39AM Gara Until 9:04AM	Ganesha: Yellow Muruga: Orange Nataraja: Clear Moon – Clear Ashvina-Puratasi	Sunrise: 6:04AM Sunset: 5:40PM Moon 9 - Phase 25 - 27 4th Phase
Creative Work Siddha Yoga Until 5:48PM Then Routine Work - Marana Yoga			Chaturdashi* Until 7:12PM		Devaloka Day
Thursday, October 17, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Krishna Paksha Guro Vasara Yukhtayam Muscat, Oman Copper Retreat Star Revati/Ashvini Nakshatra Harshana Yoga Bava/Baleva Karana Purnima/Prathamayam Tilau Sun 28 Sutra 185			
Meena Rasi: 24.23	Tithi 15 – 16	Gulika 8:58AM – 10:25AM Yama 6:05AM – 7:31AM Rahu 1:18PM – 2:45PM	Revati Until 2:43PM Harshana Until 12:13AM Fri Balava Until 1:39AM	Ganesha: Yellow Muruga: Orange Nataraja: Clear Moon – Clear Ashvina-Alipasi	Sunrise: 6:05AM Sunset: 5:39PM Moon 9 - Phase 25 - Purnima
Creative Work Siddha Yoga Until 2:43PM Then Creative Work - Amrita Yoga			Purnima* Until 3:29PM		Devaloka Day
Friday, October 18, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Krishna Paksha Sukra Vasara Yukhtayam Muscat, Oman Ashvini/Bharani Nakshatra Vajra* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Tilau Sun 29 Sutra 186			
Mesha Rasi: 9.34	Tithi 16 – 17	Gulika 7:32AM – 8:58AM Yama 2:45PM – 4:11PM Rahu 10:25AM – 11:52AM	Ashvini Until 11:58AM Vajra* Until 8:05PM Tailita Until 10:04PM	Ganesha: White Muruga: Orange Nataraja: Clear Moon – White Ashvina-Alipasi	Sunrise: 6:05AM Sunset: 5:38PM Moon 9 - Phase 25 - Prathama
Creative Work Amrita Yoga Until 11:58AM Then Creative Work - Siddha Yoga			Prathama* Until 11:49AM		Sivaloka Day

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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Saturday, October 19, 2024

Gold Retreat Star

Mesha Rasi: 24.36 Tithi 17 - 18
Creative Work Siddha Yoga
Until 9:19AM
Then Creative Work - Amrita Yoga

Gulika
Yama
623477574 Rahu

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Krishna Paksha Varsara Yuktayam
Bharani/Kritika Nakshatra Siddhi/Vyadipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika
Yama
623477574 Rahu

Bharani Until 9:19AM

Siddhi Until 4:12PM
Vanija Until 6:49PM
Dvitiya Until 8:23AM

Ganesha: Yellow
Muruga: Orange
Nataraja: Clear
Moon - White
Ashvina+Alpasi

Sunrise: 6:06AM
Sunset: 5:37PM

Muscat, Oman
Sun 1 Sutra 187
Krodhin 5126
Moon 10 - Phase 26 - 1
1st Phase

Devaloka Day

Sunday, October 20, 2024

1
Vishabha Rasi: 9.21 Tithi 19
Creative Work Siddha Yoga

Gulika
Yama
623477574 Rahu

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Krishna Paksha Bhanu Varsara Yuktayam
Kritika/Rohini Nakshatra Vyatipata*Varinyan Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika
Yama
623477574 Rahu

Kritika Until 6:55AM

Vyatipata* Until 12:43PM
Bava Until 4:01PM
Chaturthi* Until 2:50AM Mon

Ganesha: Yellow
Muruga: Orange
Nataraja: Clear
Moon - White
Ashvina+Alpasi

Sunrise: 6:06AM
Sunset: 5:37PM

Muscat, Oman
Sun 2 Sutra 188
Krodhin 5126
Moon 10 - Phase 26 - 2
1st Phase

Devaloka Day

Monday, October 21, 2024

2
Vishabha Rasi: 23.42 Tithi 20
Family Home Evening
Creative Work Amrita Yoga
Until 4:20AM Tue
Then Routine Work - Marana Yoga

Gulika
Yama
633477574 Rahu

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Krishna Paksha Indu Varsara Yuktayam
Mrigashira Nakshatra Varinyan/Parigraha* Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika
Yama
633477574 Rahu

Mrigashira Until 4:20AM Tue

Varinyan Until 9:40AM
Kaulava Until 1:50PM
Panchami Until 1:00AM Tue

Ganesha: White
Muruga: Orange
Nataraja: Clear
Moon - Yellow
Ashvina+Alpasi

Sunrise: 6:07AM
Sunset: 5:35PM

Muscat, Oman
Sun 3 Sutra 189
Krodhin 5126
Moon 10 - Phase 26 - 3
1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Tuesday, October 22, 2024

3
Mithuna Rasi: 8 Tithi 21
Routine Work Marana Yoga
Until 3:57AM Wed
Then Creative Work - Siddha Yoga

Gulika
Yama
633477574 Rahu

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Krishna Paksha Mangala Varsara Yuktayam
Andra Nakshatra Parigraha/Shiva Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika
Yama
633477574 Rahu

Andra Until 3:57AM Wed

Parigraha* Until 7:14AM
Gara Until 12:24PM
Shashthi* Until 11:58PM

Ganesha: White
Muruga: Orange
Nataraja: Clear
Moon - Yellow
Ashvina+Alpasi

Sunrise: 6:07AM
Sunset: 5:35PM

Muscat, Oman
Sun 4 Sutra 190
Krodhin 5126
Moon 10 - Phase 26 - 4
1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Wednesday, October 23, 2024

4
Mithuna Rasi: 21.02 Tithi 22
Creative Work Siddha Yoga
Until 4:42AM Thu
Then Creative Work - Amrita Yoga

Gulika
Yama
643477574 Rahu

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Krishna Paksha Budha Varsara Yuktayam
Punarvasu Nakshatra Siddha Yoga Vasi* (Bava Karana Saptamyam Titau)

Gulika
Yama
643477574 Rahu

Punarvasu Until 4:42AM Thu

Siddha Until 4:17AM Thu
Vasi Until 11:47AM
Saptami Until 11:47PM

Ganesha: Clear
Muruga: Orange
Nataraja: Clear
Moon - Blue
Ashvina+Alpasi

Sunrise: 6:08AM
Sunset: 5:34PM

Muscat, Oman
Sun 5 Sutra 191
Krodhin 5126
Moon 10 - Phase 26 - 5
1st Phase

Devaloka Day

Thursday, October 24, 2024

Retreat Star

Kataka Rasi: 4.01 Tithi 23
Creative Work Amrita Yoga
Until 6:06AM Fri
Then Routine Work - Marana Yoga

Gulika
Yama
643477574 Rahu

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Krishna Paksha Guru Varsara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika
Yama
643477574 Rahu

Pushya Until 6:06AM Fri

Sadhy Until 3:47AM Fri
Balava Until 12:02PM
Ashtami* Until 12:26AM Fri

Ganesha: Clear
Muruga: Orange
Nataraja: Clear
Moon - Blue
Ashvina+Alpasi

Sunrise: 6:08AM
Sunset: 5:32PM

Muscat, Oman
Sun 6 Sutra 192
Krodhin 5126
Moon 10 - Phase 26 - 6
Ashtami

Devaloka Day

Friday, October 25, 2024

Retreat Star

Kataka Rasi: 16.36 Tithi 24
Routine Work Marana Yoga

Gulika
Yama
643477574 Rahu

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Krishna Paksha Sukra Varsara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Tailila/Gara Karana Navamyam Titau

Gulika
Yama
643477574 Rahu

Pushya Until 6:06AM

Subha Until 3:53AM Sat
Tailila Until 1:04PM
Navami* Until 1:51AM Sat

Ganesha: Clear
Muruga: Orange
Nataraja: Clear
Moon - Blue
Ashvina+Alpasi

Sunrise: 6:09AM
Sunset: 5:29PM

Muscat, Oman
Sun 7 Sutra 193
Krodhin 5126
Moon 10 - Phase 26 - 7
Navami

Devaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1		Saturday, October 26, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Tula Mase Krishna Paksha Manita Vessara Yuktayam Ashlesha* Magha* Nakshatra Sukla Yoga Vanja/Visi* Karana Dashamam Titau		Muscat, Oman Sun 8 Sutra 194 Krodhin 5126
Kataka Rasi: 28.53	Tithi 25	Gulika Yama 643477574 Rahu	6:09AM – 7:34AM 1:16PM – 2:41PM 9:00AM – 10:25AM	Ashlesha* Until 8:02AM Sukla Until 4:23AM Sun Vanija Until 2:49PM Dashami Until 3:52AM Sun	Ganesha: Clear Murgu: Orange Nataraja: Clear Moon – Blue Ashvina*Alpasi	Sunrise: 6:09AM Sunset: 5:02PM Moon 10 - Phase 27 - 8 2nd Phase
Routine Work	Marana Yoga	Until 8:02AM				Devaloka Day
Then Creative Work	Amrita Yoga					
2		Sunday, October 27, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Tula Mase Krishna Paksha Bhanu Vessara Yuktayam Magha*Purvaphalguni Nakshatra Brahma Yoga Bava/Baleva Karana Ekadashi Dvadasyam Titau		Muscat, Oman Sun 9 Sutra 195 Krodhin 5126
Simha Rasi: 10.55	Tithi 26	Gulika Yama 653477574 Rahu	2:41PM – 4:06PM 10:25AM – 1:15PM 4:06PM – 5:31PM	Magha* Until 10:51AM Brahma Until 5:14AM Mon Bava Until 5:05PM Ekadashi* Until 6:20AM Mon	Ganesha: Purple Murgu: Orange Nataraja: Clear Moon – Red Ashvina*Alpasi	Sunrise: 6:10AM Sunset: 5:31PM Moon 10 - Phase 27 - 9 2nd Phase
Routine Work	Marana Yoga	Until 10:51AM				Bhuloka Day Devaloka Time: 3PM to 6PM
Then Creative Work	Siddha Yoga					
3		Monday, October 28, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Tula Mase Krishna Paksha Indra Vessara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi Dvadasyam Titau		Muscat, Oman Sun 10 Sutra 196 Krodhin 5126
Simha Rasi: 22.47	Tithi 26 – 27	Gulika Yama 653477574 Rahu	1:15PM – 2:40PM 10:25AM – 1:15PM 7:35AM – 9:00AM	Purvaphalguni Until 1:51PM Indra Until 6:16AM Tue Kaulava Until 7:41PM Ekadashi* Until 6:20AM	Ganesha: Purple Murgu: Orange Nataraja: Clear Moon – Red Ashvina*Alpasi	Sunrise: 6:10AM Sunset: 5:30PM Moon 10 - Phase 27 - 10 2nd Phase
Family Home Evening						Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work	Siddha Yoga					
4		Tuesday, October 29, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Tula Mase Krishna Paksha Mangala Vessara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhiti* Yoga Talila/Gara Karana Dvadashi Trayodashyam Titau		Muscat, Oman Sun 11 Sutra 197 Krodhin 5126
Kanya Rasi: 4.35	Tithi 27 – 28	Gulika Yama 653477574 Rahu	11:50AM – 1:15PM 9:00AM – 10:25AM 2:40PM – 4:05PM	Uttaraphalguni Until 4:52PM Indra Until 6:16AM Gara Until 10:26PM Dvadashi* Until 9:02AM	Ganesha: Purple Murgu: Orange Nataraja: Clear Moon – Red Ashvina*Alpasi	Sunrise: 6:11AM Sunset: 5:30PM Moon 10 - Phase 27 - 11 2nd Phase
Creative Work	Amrita Yoga	Until 4:52PM				Bhuloka Day Devaloka Time: 3PM to 6PM
Then Creative Work	Siddha Yoga					Pradosha Vrata (Fasting)
5		Wednesday, October 30, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Tula Mase Krishna Paksha Budha Vessara Yuktayam Hasta Nakshatra Vaidhiti*/Vishkambha* Yoga Vanja/Visi* Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 12 Sutra 198 Krodhin 5126
Kanya Rasi: 16.2	Tithi 28 – 29	Gulika Yama 663477574 Rahu	10:25AM – 11:50AM 7:36AM – 9:01AM 11:50AM – 1:15PM	Hasta Until 8:13PM Vaidhiti* Until 7:19AM Visi Until 1:08AM Thu Trayodashi* Until 11:46AM	Ganesha: Light Blue Murgu: Orange Nataraja: Clear Moon – Green Ashvina*Alpasi	Sunrise: 6:11AM Sunset: 5:29PM Moon 10 - Phase 27 - 12 2nd Phase
Routine Work	Marana Yoga	Until 8:13PM				Bhuloka Day Devaloka Time: 3PM to 6PM
Then Creative Work	Siddha Yoga		Deepavali Hindu Solidarity Day			
●		Thursday, October 31, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Tula Mase Krishna Paksha Guru Vessara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni* Catuspadi* Karana Chaturdashi/Amavasyayam Titau		Muscat, Oman Sun 13 Sutra 199 Krodhin 5126
Kanya Rasi: 28.08	Tithi 29 – 30	Gulika Yama 663477574 Rahu	9:01AM – 10:25AM 6:12AM – 7:36AM 1:15PM – 2:39PM	Chitra Until 11:14PM Vishkambha* Until 8:19AM Catuspade Until 3:40AM Fri Chaturdashi* Until 2:24PM	Ganesha: Light Blue Murgu: Orange Nataraja: Clear Moon – Green Ashvina*Alpasi	Sunrise: 6:12AM Sunset: 5:28PM Moon 10 - Phase 27 - 13 Amavasya
Creative Work	Siddha Yoga	Until 11:14PM	Subramuniyaswami Mahasamadhi			Bhuloka Day Devaloka Time: 3PM to 6PM
Then Creative Work	Amrita Yoga					
Friday, November 1, 2024		Retreat Star		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Tula Mase Sukla Paksha Sukra Vessara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga* Kintughna* Karana Amavasya/Prathamayam Titau		Muscat, Oman Sun 14 Sutra 200 Krodhin 5126
Tula Rasi: 10.01	Tithi 30 – 1	Gulika Yama 663477574 Rahu	7:37AM – 9:01AM 2:39PM – 4:03PM 10:26AM – 11:50AM	Svati Until 1:51AM Sat Priti Until 9:11AM Kintughna Until 5:55AM Sat Amavasya* Until 4:48PM	Ganesha: Light Blue Murgu: Orange Nataraja: Clear Moon – Green Kartika*Alpasi	Sunrise: 6:12AM Sunset: 5:28PM Moon 10 - Phase 27 - 14 Prathama
Creative Work	Siddha Yoga		Skanda Shasthi Begins			Bhuloka Day Devaloka Time: 3PM to 6PM

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Saturday, November 2, 2024		Krodhin Nama Samvatsara Dekshinaya Jivana Ritau Tula Mase Sukla Paksha Merita Vasara Yuktayam Vishakha Nakshatra Aayushman/Saubhagya Yoga Bava Karana Prathamayam Titau				Muscat, Oman Sun 15	Sutra 201
	Tula Rasi: 21.59	Tithi 1	Gulika Yama 674477574 Rahu	6:13AM – 7:37AM 1:14PM – 2:39PM 9:01AM – 10:26AM	Vishakha Until 4:28AM Sun Ayushman Until 9:47AM Bava Until 6:53PM Prathama* Until 6:53PM	Ganesha: Light Blue Murgu: Orange Nataraja: Clear Moon – Orange Karttika-Alpasi	Sunrise: 6:13AM Sunset: 5:27PM Moon 10 - Phase 28 - 15 3rd Phase	
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM		
	Until 4:28AM Sun							
	Then Routine Work	Marana Yoga						
2	Sunday, November 3, 2024		Krodhin Nama Samvatsara Dekshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Muscat, Oman Sun 16	Sutra 202
	Vischika Rasi: 4.06	Tithi 2	Gulika Yama 674477574 Rahu	2:38PM – 4:03PM 11:50AM – 1:14PM 4:03PM – 5:27PM	Anuradha Until 6:33AM Mon Saubhagya Until 10:08AM Balava Until 7:49AM Dvitiya Until 8:36PM	Ganesha: Light Blue Murgu: Orange Nataraja: Clear Moon – Orange Karttika-Alpasi	Sunrise: 6:13AM Sunset: 5:27PM Moon 10 - Phase 28 - 16 3rd Phase	
	Routine Work	Marana Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM		
	Until 6:33AM Mon							
	Then Creative Work	Siddha Yoga						
3	Monday, November 4, 2024		Krodhin Nama Samvatsara Dekshinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athigande* Yoga Tailla/Gara Karana Tritiyayam Titau				Muscat, Oman Sun 17	Sutra 203
	Vischika Rasi: 16.22	Tithi 3	Gulika Yama 674477574 Rahu	1:14PM – 2:38PM 10:26AM – 11:50AM 7:38AM – 9:02AM	Anuradha Until 6:33AM Sobhana Until 10:12AM Tailla Until 9:19AM Tritiya Until 9:54PM	Ganesha: Light Blue Murgu: Orange Nataraja: Clear Moon – Orange Karttika-Alpasi	Sunrise: 6:14AM Sunset: 5:26PM Moon 10 - Phase 28 - 17 3rd Phase	
	Family Home Evening					Bhuloka Day Devaloka Time: 3PM to 6PM		
	Creative Work	Siddha Yoga						
4	Tuesday, November 5, 2024		Krodhin Nama Samvatsara Dekshinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athigande*/Sukama Yoga Vanja/Visti* Karana Chaturthyam Titau				Muscat, Oman Sun 18	Sutra 204
	Vischika Rasi: 28.49	Tithi 4	Gulika Yama 674477574 Rahu	11:50AM – 1:14PM 9:02AM – 10:26AM 2:38PM – 4:02PM	Jyeshtha* Until 8:04AM Athigande* Until 9:55AM Vanja Until 10:25AM Chaturthi* Until 10:47PM	Ganesha: Light Blue Murgu: Orange Nataraja: Clear Moon – Orange Karttika-Alpasi	Sunrise: 6:15AM Sunset: 5:26PM Moon 10 - Phase 28 - 18 3rd Phase	
	Routine Work	Marana Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM		
	Until 8:04AM							
	Then Creative Work	Amrita Yoga						
5	Wednesday, November 6, 2024		Krodhin Nama Samvatsara Dekshinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukama/Dhriti Yoga Bava/Balava Karana Panchamayam Titau				Muscat, Oman Sun 19	Sutra 205
	Dhanus Rasi: 11.28	Tithi 5	Gulika Yama 684477574 Rahu	10:26AM – 11:50AM 7:39AM – 9:03AM 11:50AM – 1:14PM	Mula* Until 9:29AM Sukama Until 9:19AM Bava Until 11:04AM Panchami Until 11:12PM	Ganesha: Orange Murgu: Orange Nataraja: Clear Moon – Light Blue Karttika-Alpasi	Sunrise: 6:15AM Sunset: 5:25PM Moon 10 - Phase 28 - 19 3rd Phase	
	Routine Work	Marana Yoga				Devaloka Day		
	Until 9:29AM							
	Then Creative Work	Amrita Yoga						
6	Thursday, November 7, 2024		Krodhin Nama Samvatsara Dekshinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Kaulava/Tailla Karana Shashthiyam Titau				Muscat, Oman Sun 20	Sutra 206
	Dhanus Rasi: 24.2	Tithi 6	Gulika Yama 784477574 Rahu	9:03AM – 10:27AM 6:16AM – 7:39AM 1:14PM – 2:37PM	Purvashadha* Until 10:17AM Dhriti Until 8:21AM Kaulava Until 11:14AM Shashthi* Until 11:07PM	Ganesha: Light Blue Murgu: Orange Nataraja: Clear Moon – Light Blue Karttika-Alpasi	Sunrise: 6:16AM Sunset: 5:25PM Moon 10 - Phase 28 - 20 3rd Phase	
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM		
	Until 10:17AM							
	Then Routine Work	Marana Yoga						
7	Friday, November 8, 2024		Krodhin Nama Samvatsara Dekshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanja Karana Saptamayam Titau				Muscat, Oman Sun 21	Sutra 207
	Retreat Star		Gulika Yama 784577574 Rahu	7:40AM – 9:03AM 2:37PM – 4:01PM 10:27AM – 11:50AM	Uttarashadha Until 10:25AM Shula* Until 6:58AM Gara Until 10:53AM Saptami Until 10:30PM	Ganesha: Purple Murgu: Orange Nataraja: Clear Moon – Light Blue Karttika-Alpasi	Sunrise: 6:16AM Sunset: 5:24PM Moon 10 - Phase 28 - 21 3rd Phase	
	Makara Rasi: 7.28	Tithi 7				Bhuloka Day Devaloka Time: 3PM to 6PM		
	Routine Work	Marana Yoga						
8	Saturday, November 9, 2024		Krodhin Nama Samvatsara Dekshinaya Jivana Ritau Tula Mase Sukla Paksha Merita Vasara Yuktayam Shravana/Dhanishtha Nakshatra Viddhi*/Ganda* Yoga Gara/Vanja Karana Ashtamayam Titau				Muscat, Oman Sun 22	Sutra 208
	Makara Rasi: 20.52	Tithi 8	Gulika Yama 794577574 Rahu	6:17AM – 7:40AM 1:14PM – 2:37PM 9:04AM – 10:27AM	Shravana Until 10:20AM Viddhi Until 2:55AM Sun Visti Until 10:00AM Ashtami* Until 9:19PM	Ganesha: Clear Murgu: Orange Nataraja: Clear Moon – Purple Karttika-Alpasi	Sunrise: 6:17AM Sunset: 5:24PM Moon 10 - Phase 28 - 22 Ashtami	
	Creative Work	Siddha Yoga				Devaloka Day		
9	Sunday, November 10, 2024		Krodhin Nama Samvatsara Dekshinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam Dhanishtha/Shatbhishek Nakshatra Dhruva* Yoga Balava/Kaulava Karana Navamayam Titau				Muscat, Oman Sun 23	Sutra 209
	Kumbha Rasi: 5	Tithi 9	Gulika Yama 794577574 Rahu	2:37PM – 4:00PM 11:50AM – 1:14PM 4:00PM – 5:23PM	Dhanishtha Until 9:32AM Dhruva Until 12:13AM Mon Balava Until 8:32AM Navami* Until 7:35PM	Ganesha: Clear Murgu: Orange Nataraja: Clear Moon – Purple Karttika-Alpasi	Sunrise: 6:18AM Sunset: 5:23PM Moon 10 - Phase 28 - 23 Navami	
	Routine Work	Marana Yoga				Devaloka Day		
	Until 9:32AM							
	Then Creative Work	Siddha Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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Muscat, Oman
Sun 24 Sutra 210

Sunrise: 6:18AM Krodhin 5126
Sunset: 5:23PM Moon 10 - Phase 29 - 24
4th Phase

Muscat, Oman
Sun 25 Sutra 211

Sunrise: 6:19AM Krodhin 5126
Sunset: 5:23PM Moon 10 - Phase 29 - 25
4th Phase

Muscat, Oman
Sun 26 Sutra 212

Sunrise: 6:20AM Krodhin 5126
Sunset: 5:22PM Moon 10 - Phase 29 - 26
4th Phase

Muscat, Oman
 Sep 27 Sutra 213

	Sun 27	Sutra 213
Sunrise: 6:20AM		Krodhin 5126
Sunset: 5:22PM	Moon 10 - Phase 29 - 27	

Muscat, Oman
 Entry 214

Sutra 214
Sunrise: 6:21AM Krodhin 5126
Sunset: 5:22PM Moon 10 - Phase 29 -
Purnima

Muscat, Oman
Sutra 215

Sutra 215
Sunrise: 6:22AM Krodhin 5126
Sunset: 5:21PM Moon 10 - Phase 29 -
Drothamus

Vinayana Viratam Begins

**Sunday, November 17, 2024****Gold Retreat Star**

Krodhin Nama Samvatsara Dekshinayya Jvana Ritau Vitshika Mese Krishna Paksha Bhanu Vasara Yukhtayam		Muscat, Oman	
Rohini/Mrigashira Nakshatra Shiva Yoga Talila/Gara Karana Dvityayam Titau		Sutra 216	
Wishabha Rasi: 17.2	Tithi 17	Gulika 2:36PM - 3:59PM	Rohini Until 3:53PM
		Yama 11:52AM - 1:14PM	Shiva Until 6:51PM
		Rahu 3:59PM - 5:21PM	Tailila Until 6:58AM
Creative Work	Siddha Yoga		Dvitiya Until 7:38PM
			Ganesha: Red
			Muruga: Clear
			Nataraja: Purple
			Moon - Yellow
			Karttika-Karttikai
			Sivaloka Day

1 Monday, November 18, 2024		Krodhin Nama Samvatsara Dekshinayya Jvana Ritau Vitshika Mese Krishna Paksha Indu Vasara Yukhtayam		Muscat, Oman	
Migashira/Akrota Nakshatra Siddha/Sadhya Yoga Vanja/Bava Karana Tritya/Chaturtham Titau				Sutra 217	
Mithuna Rasi: 1.45	Tithi 18 - 19	Gulika 1:14PM - 2:36PM	Mrigashira Until 2:19PM	Ganesha: Red	Sun 1
Family Home Evening		Yama 10:30AM - 11:52AM	Siddha Until 3:51PM	Muruga: Clear	Krodhin 5126
Creative Work	Amrita Yoga	Rahu 7:45AM - 9:07AM	Vanija Until 6:30AM	Nataraja: Purple	Moon 11 - Phase 30 - 1
Until 2:19PM			Tritya Until 5:28PM	Moon - Yellow	1st Phase
Then Creative Work - Siddha Yoga				Karttika-Karttikai	Sivaloka Day

2 Tuesday, November 19, 2024		Krodhin Nama Samvatsara Dekshinayya Jvana Ritau Vitshika Mese Krishna Paksha Mangala Vasara Yukhtayam		Muscat, Oman	
Andra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau				Sutra 218	
Mithuna Rasi: 15.45	Tithi 19 - 20	Gulika 11:52AM - 1:14PM	Andra Until 1:17PM	Ganesha: Red	Sun 2
Routine Work	Marana Yoga	Yama 9:08AM - 10:30AM	Sadhya Until 1:24PM	Muruga: Clear	Krodhin 5126
Until 1:17PM		Rahu 2:36PM - 3:58PM	Kaulava Until 3:34AM Wed	Nataraja: Purple	Moon 11 - Phase 30 - 2
Then Creative Work - Siddha Yoga			Chaturthi* Until 3:59PM	Moon - Yellow	1st Phase
				Karttika-Karttikai	Sivaloka Day

3 Wednesday, November 20, 2024		Krodhin Nama Samvatsara Dekshinayya Jvana Ritau Vitshika Mese Krishna Paksha Budha Vasara Yukhtayam		Muscat, Oman	
Punarvasu/Pushya Nakshatra Sukla/Sukla Yoga Vanja/Visti* Karana Shashthi/Saptamam Titau				Sutra 219	
Mithuna Rasi: 29.17	Tithi 20 - 21	Gulika 10:30AM - 11:52AM	Punarvasu Until 1:19PM	Ganesha: Green	Sun 3
		Yama 7:46AM - 9:08AM	Subha Until 11:37AM	Muruga: Clear	Krodhin 5126
		Rahu 11:52AM - 1:14PM	Gara Until 3:20AM Thu	Nataraja: Purple	Moon 11 - Phase 30 - 3
Creative Work	Siddha Yoga		Panchami Until 3:20PM	Moon - Blue	1st Phase
				Karttika-Karttikai	Devaloka Day

4 Thursday, November 21, 2024		Krodhin Nama Samvatsara Dekshinayya Jvana Ritau Vitshika Mese Krishna Paksha Guru Vasara Yukhtayam		Muscat, Oman	
Pushya/Kathika* Nakshatra Sukla/Brahma Yoga Vanja/Visti* Karana Shashthi/Saptamam Titau				Sutra 220	
Kataka Rasi: 12.22	Tithi 21 - 22	Gulika 9:09AM - 10:31AM	Pushya Until 2:03PM	Ganesha: Green	Sun 4
		Yama 6:25AM - 7:47AM	Sukla Until 10:28AM	Muruga: Clear	Krodhin 5126
		Rahu 1:14PM - 2:36PM	Visti Until 4:00AM Fri	Nataraja: Purple	Moon 11 - Phase 30 - 4
Creative Work	Amrita Yoga		Shashthi* Until 3:32PM	Moon - Blue	1st Phase
Until 2:03PM				Karttika-Karttikai	Devaloka Day
Then Creative Work - Siddha Yoga					

5 Friday, November 22, 2024		Krodhin Nama Samvatsara Dekshinayya Jvana Ritau Vitshika Mese Krishna Paksha Sukra Vasara Yukhtayam		Muscat, Oman	
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashlamam Titau				Sutra 221	
Kataka Rasi: 25.01	Tithi 22 - 23	Gulika 7:47AM - 9:09AM	Ashlesha* Until 3:27PM	Ganesha: Green	Sun 5
		Yama 2:36PM - 3:58PM	Brahma Until 10:00AM	Muruga: Clear	Krodhin 5126
		Rahu 10:31AM - 11:53AM	Balava Until 5:28AM Sat	Nataraja: Purple	Moon 11 - Phase 30 - 5
Routine Work	Marana Yoga		Saptami Until 4:37PM	Moon - Blue	1st Phase
				Karttika-Karttikai	Devaloka Day

6 Saturday, November 23, 2024		Krodhin Nama Samvatsara Dekshinayya Jvana Ritau Vitshika Mese Krishna Paksha Marita Vasara Yukhtayam		Muscat, Oman	
Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava Karana Ashtamam Titau				Sutra 222	
Simha Rasi: 7.19	Tithi 23	Gulika 6:26AM - 7:48AM	Magha* Until 5:55PM	Ganesha: Orange	Sun 6
		Yama 1:15PM - 2:36PM	Indra Until 10:09AM	Muruga: Clear	Krodhin 5126
		Rahu 9:10AM - 10:31AM	Kaulava Until 6:26PM	Nataraja: Purple	Moon 11 - Phase 30 - 6
Creative Work	Amrita Yoga		Ashtami* Until 6:26PM	Moon - Red	Ashtami
Until 5:55PM				Karttika-Karttikai	Sivaloka Day
Then Creative Work - Siddha Yoga					

Sunday, November 24, 2024		Krodhin Nama Samvatsara Dekshinayya Jvana Ritau Vitshika Mese Krishna Paksha Bhanu Vasara Yukhtayam		Muscat, Oman	
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Talila/Gara Karana Navamam Titau				Sutra 223	
Simha Rasi: 19.21	Tithi 24	Gulika 2:37PM - 3:58PM	Purvaphalguni Until 8:45PM	Ganesha: Clear	Sun 7
		Yama 11:53AM - 1:15PM	Vaidhriti* Until 10:44AM	Muruga: Clear	Krodhin 5126
		Rahu 3:58PM - 5:20PM	Tailila Until 7:36AM	Nataraja: Purple	Moon 11 - Phase 30 - 7
Creative Work	Siddha Yoga		Navami* Until 8:50PM	Moon - Red	Navami
Until 8:45PM				Karttika-Karttikai	Sivaloka Day
Then Creative Work - Amrita Yoga					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Monday, November 25, 2024		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Idau Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Priti Yoga Vanja/Visti* Karana Dashamam Titau						Muscat, Oman
	Kanya Rasi: 1.13	Tithi 25	Gulika	1:15PM – 2:37PM	Uttaraphalguni Until 11:42PM	Ganesha: Clear	Sunrise: 6:28AM	Sun 8	Sutra 224
	Family Home Evening		Yama	10:32AM – 11:54AM	Vishkambha* Until 11:39AM	Muruga: Clear	Sunset: 5:20PM		Krodhin 5126
	Creative Work	Siddha Yoga	Rahu	7:49AM – 9:11AM	Vanija Until 10:11AM	Nataraja: Purple		Moon 11 - Phase 31 - 8	2nd Phase
					Dashami Until 11:32PM	Moons – Red	Sivaloka Day		
						Karttika-Karttikai			
2	Tuesday, November 26, 2024		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Bava/Baleva Karana Ekadashyam Titau						Muscat, Oman
	Kanya Rasi: 12.59	Tithi 26	Gulika	11:54AM – 1:15PM	Hasta Until 3:04AM Wed	Ganesha: Purple	Sunrise: 6:28AM	Sun 9	Sutra 225
			Yama	9:11AM – 10:33AM	Priti Until 12:42PM	Muruga: Clear	Sunset: 5:20PM		Krodhin 5126
	Creative Work	Siddha Yoga	Rahu	2:37PM – 3:58PM	Bava Until 12:57PM	Nataraja: Purple		Moon 11 - Phase 31 - 9	2nd Phase
					Ekadashi* Until 2:19AM Wed	Moons – Green	Devaloka Day		
						Karttika-Karttikai			
3	Wednesday, November 27, 2024		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Budha Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailita Karana Dvadashtyam Titau						Muscat, Oman
	Kanya Rasi: 24.46	Tithi 27	Gulika	10:33AM – 11:54AM	Chitra Until 6:06AM Thu	Ganesha: Purple	Sunrise: 6:29AM	Sun 10	Sutra 226
			Yama	7:50AM – 9:12AM	Ayushman Until 1:41PM	Muruga: Clear	Sunset: 5:20PM		Krodhin 5126
	Creative Work	Siddha Yoga	Rahu	11:54AM – 1:16PM	Kaulava Until 3:40PM	Nataraja: Purple		Moon 11 - Phase 31 - 10	2nd Phase
	Until 6:06AM Thu				Dvadashti* Until 4:55AM Thu	Moons – Green	Devaloka Day		
						Karttika-Karttikai			
4	Thursday, November 28, 2024		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Guru Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Gara Karana Trayodashtyam Titau						Muscat, Oman
	Tula Rasi: 6.37	Tithi 28	Gulika	9:12AM – 10:33AM	Chitra Until 6:06AM	Ganesha: Purple	Sunrise: 6:30AM	Sun 11	Sutra 227
			Yama	6:30AM – 7:51AM	Saubhagya Until 2:30PM	Muruga: Clear	Sunset: 5:20PM		Krodhin 5126
	Creative Work	Siddha Yoga	Rahu	1:16PM – 2:37PM	Gara Until 6:08PM	Nataraja: Purple		Moon 11 - Phase 31 - 11	2nd Phase
	Until 6:06AM				Trayodashi* Until 7:12AM Fri	Moons – Green	Devaloka Day		
						Karttika-Karttikai			
						Pradosha Vrata (Fasting)			
5	Friday, November 29, 2024		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Ahiganda* Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau						Muscat, Oman
	Tula Rasi: 18.35	Tithi 28 – 29	Gulika	7:52AM – 9:13AM	Svati Until 8:38AM	Ganesha: Purple	Sunrise: 6:30AM	Sun 12	Sutra 228
			Yama	2:37PM – 3:59PM	Sobhana Until 3:03PM	Muruga: Clear	Sunset: 5:20PM		Krodhin 5126
	Creative Work	Siddha Yoga	Rahu	10:34AM – 11:55AM	Visti Until 8:11PM	Nataraja: Purple		Moon 11 - Phase 31 - 12	2nd Phase
					Trayodashi* Until 7:12AM	Moons – Green	Devaloka Day		
						Karttika-Karttikai			
6	Saturday, November 30, 2024		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Merita Vasara Yuktayam Auradha/Jyestha* Nakshatra Sukama/Dhriti Yoga Naga*/Kirtughna* Karana Chaturdashi/Amavasyayam Titau						Muscat, Oman
	Retreat Star		Gulika	6:31AM – 7:52AM	Vishakha Until 11:04AM	Ganesha: Light Blue	Sunrise: 6:31AM	Sun 13	Sutra 229
	Vishchika Rasi: 0.44	Tithi 29 – 30	Yama	1:16PM – 2:38PM	Ahiganda* Until 3:13PM	Muruga: Clear	Sunset: 5:20PM		Krodhin 5126
	Creative Work	Siddha Yoga	Rahu	9:13AM – 10:34AM	Catuspada Until 9:46PM	Nataraja: Purple		Moon 11 - Phase 31 - 13	Amavasya
					Chaturdashi* Until 9:01AM	Moons – Orange	Devaloka Day		
						Karttika-Karttikai			
7	Sunday, December 1, 2024		Krodhin Nama Samvatcare Dakshinaya Jivana Ritau Vishchika Mase Sukla Paksha Shrau Vasara Yuktayam Auradha/Jyestha* Nakshatra Sukama/Dhriti Yoga Naga*/Kirtughna* Karana Amavasya/Prathamayam Titau						Muscat, Oman
	Retreat Star		Gulika	2:38PM – 3:59PM	Anuradha Until 12:53PM	Ganesha: Light Blue	Sunrise: 6:32AM	Sun 14	Sutra 230
	Vishchika Rasi: 13.05	Tithi 30 – 1	Yama	11:56AM – 1:17PM	Sukama Until 3:01PM	Muruga: Clear	Sunset: 5:20PM		Krodhin 5126
	Routine Work	Marana Yoga	Rahu	3:59PM – 5:20PM	Kirtughna Until 10:52PM	Nataraja: Purple		Moon 11 - Phase 31 - 14	Prathama
					Amavasya* Until 10:21AM	Moons – Orange	Devaloka Day		
						Margasira-Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The nyalas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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1 Tuesday, December 10, 2024		Krodhin Nama Samvatsare Dakshinayā Jivana Ritau Vitshika Mase Sukla Paksha Mangala Vasara Yuktayam Muscat, Oman Uttaraprosrthapada/Revati Nakshatra Vyalipala* Yoga Talila/Gara Karana Dashamyam Titau Sun 23 Subra 239			
Meena Rasi: 13.05	Tithi 10	Gulika 12:00PM - 1:20PM	Uttaraprosrthapada Until 12:01PM	Ganesha: Blue	Sunrise: 6:38AM
		Yama 9:19AM - 10:39AM	Vyalipala* Until 8:33PM	Muruga: Clear	Sunset: 5:22PM
		718687575 Rahu 2:41PM - 4:01PM	Tailila Until 3:28PM	Nataraja: Purple	Moon 11 - Phase 33 - 23
Creative Work	Amrita Yoga		Dashami Until 2:15AM Wed	Moon - Clear	4th Phase
Until 12:01PM				Margasira-Karttika	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					
2 Wednesday, December 11, 2024		Krodhin Nama Samvatsare Dakshinayā Jivana Ritau Vitshika Mase Sukla Paksha Budha Vasara Yuktayam Muscat, Oman Revati/Ashvini Nakshatra Varjani/Parigraha* Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 24 Subra 240			
Meena Rasi: 27.24	Tithi 11	Gulika 10:40AM - 12:00PM	Revati Until 10:10AM	Ganesha: Blue	Sunrise: 6:38AM
		Yama 7:58AM - 9:19AM	Varjani Until 5:17PM	Muruga: Clear	Sunset: 5:22PM
		718687575 Rahu 12:00PM - 1:21PM	Vanija Until 1:00PM	Nataraja: Purple	Moon 11 - Phase 33 - 24
Routine Work	Marana Yoga			Moon - Clear	4th Phase
		Gita Jayanthi	Ekadashi Until 11:41PM	Margasira-Karttika	Subha Sivaloka Day
3 Thursday, December 12, 2024		Krodhin Nama Samvatsare Dakshinayā Jivana Ritau Vitshika Mase Sukla Paksha Guru Vasara Yuktayam Muscat, Oman Bharani/Kritika Nakshatra Parigraha*Shiva Yoga Bala/Karana Dvadashtyam Titau Sun 25 Subra 241			
Meena Rasi: 11.53	Tithi 12	Gulika 9:20AM - 10:40AM	Ashvini Until 8:22AM	Ganesha: Yellow	Sunrise: 6:38AM
		Yama 6:39AM - 7:59AM	Parigraha* Until 1:52PM	Muruga: Clear	Sunset: 5:22PM
		728687575 Rahu 1:21PM - 2:41PM	Bava Until 10:21AM	Nataraja: Purple	Moon 11 - Phase 33 - 25
Creative Work	Amrita Yoga		Dvadashti Until 8:57PM	Moon - White	4th Phase
Until 8:22AM				Margasira-Karttika	Sivaloka Day
Then Creative Work - Siddha Yoga					
4 Friday, December 13, 2024		Krodhin Nama Samvatsare Dakshinayā Jivana Ritau Vitshika Mase Sukla Paksha Sukra Vasara Yuktayam Muscat, Oman Bharani/Kritika Nakshatra Shiva/Siddha Yoga Kaulava/Tailila Karana Trayodashyam Titau Sun 26 Subra 242			
Meena Rasi: 26.28	Tithi 13	Gulika 8:00AM - 9:20AM	Bharani Until 6:19AM	Ganesha: Yellow	Sunrise: 6:40AM
		Yama 2:42PM - 4:02PM	Shiva Until 10:23AM	Muruga: Clear	Sunset: 5:22PM
		728687575 Rahu 10:41AM - 12:01PM	Kaulava Until 7:35AM	Nataraja: Purple	Moon 11 - Phase 33 - 26
Creative Work	Siddha Yoga			Moon - White	4th Phase
		Kritika Deepam	Trayodashi Until 6:10PM	Margasira-Karttika	Sivaloka Day
			Pradosha Vrata		
5 Saturday, December 14, 2024		Krodhin Nama Samvatsare Dakshinayā Jivana Ritau Vitshika Mase Sukla Paksha Manta Vasara Yuktayam Muscat, Oman Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sun 27 Subra 243			
Visahba Rasi: 11.02	Tithi 14 - 15	Gulika 6:40AM - 8:01AM	Rohini Until 2:24AM Sun	Ganesha: White	Sunrise: 6:40AM
		Yama 1:22PM - 2:42PM	Siddha Until 6:55AM	Muruga: Clear	Sunset: 5:23PM
		738687575 Rahu 9:21AM - 10:41AM	Visti Until 2:14AM Sun	Nataraja: Purple	Moon 11 - Phase 33 - 27
Creative Work	Amrita Yoga		Chaturdashi* Until 3:29PM	Moon - Yellow	4th Phase
Until 2:24AM Sun				Margasira-Karttika	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					
○ Sunday, December 15, 2024		Krodhin Nama Samvatsare Dakshinayā Moksha Ritau Dhanus Mase Krishna Paksha Bhanu Vasara Yuktayam Muscat, Oman Copper Retreat Star			
Visahba Rasi: 25.29	Tithi 15 - 16	Gulika 2:43PM - 4:03PM	Mrigashira Until 12:49AM Mon	Ganesha: Clear	Sunrise: 6:41AM
		Yama 12:02PM - 1:22PM	Subha Until 12:32AM Mon	Muruga: Clear	Sunset: 5:23PM
		739687575 Rahu 4:03PM - 5:23PM	Balava Until 11:57PM	Nataraja: Purple	Moon 11 - Phase 33 - Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:02PM	Moon - Yellow	Sivaloka Day
		Markali Pillaiyer		Margasira-Markali	
Monday, December 16, 2024		Krodhin Nama Samvatsare Dakshinayā Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yuktayam Muscat, Oman Silver Retreat Star			
Mithuna Rasi: 9.42	Tithi 16 - 17	Gulika 1:23PM - 2:43PM	Ardra Until 11:34PM	Ganesha: White	Sunrise: 6:41AM
		Yama 10:42AM - 12:03PM	Sukla Until 9:50PM	Muruga: Clear	Sunset: 5:24PM
		839687575 Rahu 8:02AM - 9:22AM	Tailila Until 10:08PM	Nataraja: Purple	Moon 11 - Phase 33 - Prathama
Family Home Evening				Moon - Yellow	Devaloka Day
Creative Work	Siddha Yoga		Prathama* Until 10:58AM	Margasira-Markali	
Until 11:34PM					
Then Creative Work - Amrita Yoga					

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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**Tuesday, December 17, 2024****Gold Retreat Star**

Mithuna Rasi: 23.36 Tithi 17 - 18
 Creative Work Siddha Yoga

Gulika
 Yama
 Rahu

Krodhin Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yukhtayam
 Punarvasu Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritityayam Titau

Gulika
 Yama
 Rahu

Punarvasu Until 11:12PM
 Brahma Until 7:38PM
 Vanija Until 8:57PM
Dvitiya Until 9:26AM

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
 Moon - Blue
Margasira-Markali

Sunrise: 6:42AM
Sunset: 5:24PM
 Moon 12 - Phase 34 - 1
 1st Phase

Muscat, Oman
 Sun 1 Sutra 246
 Krodhin 5126
 Moon 12 - Phase 34 - 1
 1st Phase

Sivaloka Day**1****Wednesday, December 18, 2024**

Kalka Rasi: 7.06 Tithi 18 - 19
 Creative Work Siddha Yoga

Gulika
 Yama
 Rahu

Krodhin Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yukhtayam
 Pushya Nakshatra Indra Yoga Visi/Gava Karana Tritiya/Chaturthyam Titau

Gulika
 Yama
 Rahu

Pushya Until 11:26PM
 Indra Until 6:02PM
 Bava Until 8:29PM
Tritiya Until 8:36AM

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
 Moon - Blue
Margasira-Markali

Sunrise: 6:42AM
Sunset: 5:29PM
 Moon 12 - Phase 34 - 2
 1st Phase

Muscat, Oman
 Sun 2 Sutra 247
 Krodhin 5126
 Moon 12 - Phase 34 - 2
 1st Phase

Sivaloka Day**2****Thursday, December 19, 2024**

Kalka Rasi: 20.11 Tithi 19 - 20
 Creative Work Siddha Yoga
 Until 12:18AM Fri
 Then Routine Work - Marana Yoga

Gulika
 Yama
 Rahu

Krodhin Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yukhtayam
 Ashlesha Nakshatra Vaidhiti/Vishkambha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika
 Yama
 Rahu

Ashlesha* Until 12:18AM Fri
 Vaidhiti* Until 5:01PM
 Kaulava Until 8:50PM
Chaturthi* Until 8:32AM

Ganesha: Clear
Muruga: Clear
Nataraja: Purple
 Moon - Blue
Margasira-Markali

Sunrise: 6:43AM
Sunset: 5:29PM
 Moon 12 - Phase 34 - 3
 1st Phase

Muscat, Oman
 Sun 3 Sutra 248
 Krodhin 5126
 Moon 12 - Phase 34 - 3
 1st Phase

Sivaloka Day**3****Friday, December 20, 2024**

Simha Rasi: 2.53 Tithi 20 - 21
 Routine Work Marana Yoga
 Until 2:15AM Sat
 Then Creative Work - Siddha Yoga

Gulika
 Yama
 Rahu

Krodhin Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yukhtayam
 Magha Nakshatra Vishkambha*Priti Yoga Taillita/Gara Karana Panchami/Shashthyam Titau

Gulika
 Yama
 Rahu

Magha* Until 2:15AM Sat
 Vishkambha* Until 4:38PM
 Gara Until 10:01PM
Panchami Until 9:18AM

Ganesha: Purple
Muruga: Clear
Nataraja: Purple
 Moon - Red
Margasira-Markali

Sunrise: 6:44AM
Sunset: 5:29PM
 Moon 12 - Phase 34 - 4
 1st Phase

Muscat, Oman
 Sun 4 Sutra 249
 Krodhin 5126
 Moon 12 - Phase 34 - 4
 1st Phase

Devaloka Day**4****Saturday, December 21, 2024**

Simha Rasi: 15.14 Tithi 21 - 22
 Creative Work Siddha Yoga
 Until 4:43AM Sun
 Then Creative Work - Amrita Yoga

Gulika
 Yama
 Rahu

Krodhin Nama Samvatsara Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Manita Vasara Yukhtayam
 Purvaphalguni Nakshatra Priti/Ayushman Yoga Vanija/Visi* Karana Shashthi/Saptamyam Titau

Gulika
 Yama
 Rahu

Purvaphalguni Until 4:43AM Sun
 Priti Until 4:51PM
 Visi Until 11:54PM
Shashthi* Until 10:51AM

Ganesha: Purple
Muruga: Clear
Nataraja: Purple
 Moon - Red
Margasira-Markali

Sunrise: 6:44AM
Sunset: 5:29PM
 Moon 12 - Phase 34 - 5
 1st Phase

Muscat, Oman
 Sun 5 Sutra 250
 Krodhin 5126
 Moon 12 - Phase 34 - 5
 1st Phase

Devaloka Day**5****Sunday, December 22, 2024****Retreat Star**

Simha Rasi: 27.17 Tithi 22 - 23
 Creative Work Amrita Yoga
 Until 7:28AM Mon
 Then Creative Work - Siddha Yoga

Gulika
 Yama
 Rahu

Krodhin Nama Samvatsara Uttaranyaya Moksha Ritau Dhanus Mase Krishna Paksha Bhanu Vasara Yukhtayam
 Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika
 Yama
 Rahu

Uttaraphalguni Until 7:28AM Mon
 Ayushman Until 5:28PM
 Balava Until 2:20AM Mon
Saptami Until 1:03PM

Ganesha: White
Muruga: Clear
Nataraja: Purple
 Moon - Red
Margasira-Markali

Sunrise: 6:45AM
Sunset: 5:29PM
 Moon 12 - Phase 34 - 6
 Ashtami

Muscat, Oman
 Sun 6 Sutra 251
 Krodhin 5126
 Moon 12 - Phase 34 - 6
 Ashtami

Devaloka Day**Monday, December 23, 2024****Retreat Star**

Kanya Rasi: 9.11 Tithi 23 - 24
Family Home Evening
 Creative Work Siddha Yoga

Gulika
 Yama
 Rahu

Krodhin Nama Samvatsara Uttaranyaya Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yukhtayam
 Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taillita Karana Ashtami/Navamyam Titau

Gulika
 Yama
 Rahu

Uttaraphalguni Until 7:28AM
 Saubhagya Until 6:23PM
 Taillita Until 5:03AM Tue
Ashtami* Until 3:39PM

Ganesha: White
Muruga: Clear
Nataraja: Purple
 Moon - Red
Margasira-Markali

Sunrise: 6:45AM
Sunset: 5:27PM
 Moon 12 - Phase 34 - 7
 Navami

Muscat, Oman
 Sun 7 Sutra 252
 Krodhin 5126
 Moon 12 - Phase 34 - 7
 Navami

Devaloka Day

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1 Tuesday, December 24, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara Karana Navamayam Titau				Muscat, Oman Sun 8	Sutra 253
Kanya Rasi: 20.58	Tithi 24	Gulika 12:07PM - 1:27PM Yama 9:26AM - 10:46AM Rahu 2:47PM - 4:07PM	Hasla Until 10:47AM Sobhana Until 7:23PM Gara Until 6:24PM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon - Green Margasira-Markali	Sunrise: 6:45AM Sunset: 5:28PM	Krodha 51:06 Moon 12 - Phase 35 - 8 2nd Phase	
Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Sivaloka Day			
2 Wednesday, December 25, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Budha Vessara Yuktayam Chitra/Svati Nakshatra Ahinganda* Yoga Vanja/Visli* Karana Dashamayam Titau				Muscat, Oman Sun 9	Sutra 254
Tula Rasi: 2.46	Tithi 25	Gulika 10:47AM - 12:07PM Yama 8:06AM - 9:26AM Rahu 12:07PM - 1:27PM	Chitra Until 1:52PM Atinganda* Until 8:15PM Vanja Until 7:46AM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon - Green Margasira-Markali	Sunrise: 6:46AM Sunset: 5:28PM	Krodha 51:06 Moon 12 - Phase 35 - 9 2nd Phase	
Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Sivaloka Day			
3 Thursday, December 26, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Guru Vessara Yuktayam Svati/Vishakha Nakshatra Sukarna Yoga Bava/Belava Karana Ekadashyam Titau				Muscat, Oman Sun 10	Sutra 255
Tula Rasi: 14.4	Tithi 26	Gulika 9:27AM - 10:47AM Yama 6:46AM - 8:07AM Rahu 1:28PM - 2:48PM	Svati Until 4:29PM Sukarna Until 8:52PM Bava Until 10:13AM Ekadashi* Until 11:15PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon - Green Margasira-Markali	Sunrise: 6:46AM Sunset: 5:29PM	Krodha 51:06 Moon 12 - Phase 35 - 10 2nd Phase	
Creative Work	Amrita Yoga			Devaloka Day			
Until 4:29PM							
Then Creative Work - Siddha Yoga							
4 Friday, December 27, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vessara Yuktayam Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Muscat, Oman Sun 11	Sutra 256
Tula Rasi: 26.43	Tithi 27	Gulika 8:07AM - 9:27AM Yama 2:49PM - 4:09PM Rahu 10:48AM - 12:08PM	Vishakha Until 6:58PM Dhriti Until 9:06PM Kaulava Until 12:12PM Dvadashi* Until 12:58AM Sat	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon - Orange Margasira-Markali	Sunrise: 6:47AM Sunset: 5:29PM	Krodha 51:06 Moon 12 - Phase 35 - 11 2nd Phase	
Creative Work	Siddha Yoga			Bhuloka Day Devaloka Time: 3PM to 6PM			
5 Saturday, December 28, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Manta Vessara Yuktayam Anuradha Nakshatra Shula* Yoga Gara/Vanja Karana Trayodashyam Titau				Muscat, Oman Sun 12	Sutra 257
Virchika Rasi: 9	Tithi 28	Gulika 6:47AM - 8:07AM Yama 1:29PM - 2:49PM Rahu 9:28AM - 10:48AM	Anuradha Until 8:43PM Shula* Until 8:52PM Gara Until 1:37PM Trayodashi* Until 2:04AM Sun	Ganesha: Red Muruga: Clear Nataraja: Clear Moon - Orange Margasira-Markali	Sunrise: 6:47AM Sunset: 5:30PM	Krodha 51:06 Moon 12 - Phase 35 - 12 2nd Phase	
Creative Work	Siddha Yoga			Devaloka Day			
6 Sunday, December 29, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Bharu Vessara Yuktayam Jyeshtha Nakshatra Ganda* Yoga Visli/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman Sun 13	Sutra 258
Virchika Rasi: 21.32	Tithi 29	Gulika 2:50PM - 4:10PM Yama 12:09PM - 1:29PM Rahu 4:10PM - 5:30PM	Jyeshtha* Until 9:42PM Ganda* Until 8:10PM Visli Until 2:24PM Chaturdashi* Until 2:33AM Mon	Ganesha: Red Muruga: Clear Nataraja: Clear Moon - Orange Margasira-Markali	Sunrise: 6:48AM Sunset: 5:30PM	Krodha 51:06 Moon 12 - Phase 35 - 13 2nd Phase	
Routine Work	Marana Yoga			Devaloka Day			
Until 9:42PM							
Then Creative Work - Amrita Yoga							
Monday, December 30, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Indu Vessara Yuktayam Mula* Nakshatra Viddhi Yoga Caluspada* Naga* Karana Amavasyayam Titau				Muscat, Oman Sun 14	Sutra 259
Dhanus Rasi: 4.22	Tithi 30	Gulika 1:30PM - 2:50PM Yama 10:49AM - 12:09PM Rahu 8:08AM - 9:29AM	Mula* Until 10:27PM Viddhi Until 7:02PM Caluspada Until 2:35PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon - Light Blue Margasira-Markali	Sunrise: 6:48AM Sunset: 5:31PM	Krodha 51:06 Moon 12 - Phase 35 - 14 Amavasya	
Family Home Evening		Hanumath Jayanthi (Tamil Nadu)		Devaloka Day			
Creative Work	Siddha Yoga						
Until 10:27PM							
Then Routine Work - Marana Yoga							
Tuesday, December 31, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vessara Yuktayam Purvashadha* Nakshatra Dhruva/Vyeghata* Yoga Kirtughna/Bava Karana Prathamayam Titau				Muscat, Oman Sun 15	Sutra 260
Dhanus Rasi: 17.28	Tithi 1	Gulika 12:10PM - 1:30PM Yama 9:29AM - 10:50AM Rahu 2:51PM - 4:11PM	Purvashadha* Until 10:32PM Dhruva Until 5:27PM Kirtughna Until 2:14PM Prathama* Until 1:52AM Wed	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon - Light Blue Pausha-Markali	Sunrise: 6:48AM Sunset: 5:29PM	Krodha 51:06 Moon 12 - Phase 35 - 15 Prathama	
Creative Work	Siddha Yoga			Devaloka Day			
Until 10:32PM							
Then Routine Work - Prabalarishta Yoga							

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Wednesday, January 1, 2025		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Harshana Yoga Balava/Kaulava Karana Dvityeyam Titau				Muscat, Oman
	Makara Rasi: 0.5	Tithi 2	Gulika Yama 881787576 Rahu	10:50AM - 12:10PM 8:09AM - 9:29AM 12:10PM - 1:30PM	Uttarashadha Until 10:05PM Vyaghata* Until 3:34PM Balava Until 1:26PM Dvitiya Until 12:53AM Thu	Ganesha: Yellow Murgu: Clear Nataraja: Clear Moon - Light Blue Pausha-Markali	Sunrise: 6:48AM Sunset: 5:32PM Moon 12 - Phase 36 - 16 3rd Phase
	Creative Work	Amrita Yoga					Devaloka Day
	Until 10:05PM						
	Then Creative Work - Siddha Yoga						
2	Thursday, January 2, 2025		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Taillita/Gara Karana Tritiyeyam Titau				Muscat, Oman
	Makara Rasi: 14.24	Tithi 3	Gulika Yama 892787576 Rahu	9:29AM - 10:50AM 6:48AM - 8:09AM 1:31PM - 2:51PM	Shravana Until 9:38PM Harshana Until 1:26PM Taillita Until 12:18PM Tritiya Until 11:37PM	Ganesha: Blue Murgu: Clear Nataraja: Clear Moon - Purple Pausha-Markali	Sunrise: 6:48AM Sunset: 5:32PM Moon 12 - Phase 36 - 17 3rd Phase
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 10:05PM						Devaloka Time: 3PM to 6PM
3	Friday, January 3, 2025		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Dhanus Mase Sukla Paksha Sukra Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Vanja/Visti* Karana Chaturthiyam Titau				Muscat, Oman
	Makara Rasi: 28.07	Tithi 4	Gulika Yama 892787576 Rahu	8:09AM - 9:30AM 1:32PM - 2:53PM 10:50AM - 12:11PM	Dhanishtha Until 8:49PM Vajra* Until 11:04AM Vanija Until 10:55AM Chaturthi* Until 10:07PM	Ganesha: Blue Murgu: Clear Nataraja: Clear Moon - Purple Pausha-Markali	Sunrise: 6:49AM Sunset: 5:33PM Moon 12 - Phase 36 - 18 3rd Phase
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 10:05PM						Devaloka Time: 3PM to 6PM
4	Saturday, January 4, 2025		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Dhanus Mase Sukla Paksha Marita Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyelpata* Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman
	Kumbha Rasi: 11.58	Tithi 5	Gulika Yama 892787576 Rahu	6:49AM - 8:10AM 1:32PM - 2:53PM 9:30AM - 10:51AM	Shatabhishak Until 7:41PM Siddhi Until 8:34AM Bava Until 9:20AM Panchami Until 8:29PM	Ganesha: Blue Murgu: Clear Nataraja: Clear Moon - Purple Pausha-Markali	Sunrise: 6:49AM Sunset: 5:34PM Moon 12 - Phase 36 - 19 3rd Phase
	Creative Work	Amrita Yoga					Bhuloka Day
	Until 7:41PM						Devaloka Time: 3PM to 6PM
	Then Routine Work - Marana Yoga						
5	Sunday, January 5, 2025		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Dhanus Mase Sukla Paksha Bhanu Vasara Yuktayam Purvesrothapada* Nakshatra Varyan Yoga Kaulava/Taillita Karana Shashthiyam Titau				Muscat, Oman
	Kumbha Rasi: 25.53	Tithi 6	Gulika Yama 812787576 Rahu	2:53PM - 4:14PM 12:12PM - 1:32PM 4:14PM - 5:34PM	Purvasrothapada* Until 6:45PM Varyan Until 3:18AM Mon Kaulava Until 7:38AM Shashthi* Until 6:44PM	Ganesha: White Murgu: Clear Nataraja: Clear Moon - Clear Pausha-Markali	Sunrise: 6:49AM Sunset: 5:34PM Moon 12 - Phase 36 - 20 3rd Phase
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 6:45PM						Devaloka Time: 3PM to 6PM
	Then Creative Work - Amrita Yoga						
6	Monday, January 6, 2025		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yuktayam Uttarashrothapada* Revati Nakshatra Parigaha* Yoga Vanja/Visti* Karana Saptami/Ashthamyam Titau				Muscat, Oman
	Meena Rasi: 9.53	Tithi 7 - 8	Gulika Yama 812787576 Rahu	1:33PM - 2:54PM 10:52AM - 12:12PM 8:10AM - 9:31AM	Uttarashrothapada Until 5:35PM Parigaha* Until 12:33AM Tue Visti Until 3:57AM Tue Saptami Until 4:53PM	Ganesha: White Murgu: Clear Nataraja: Clear Moon - Clear Pausha-Markali	Sunrise: 6:50AM Sunset: 5:36PM Moon 12 - Phase 36 - 21 3rd Phase
	Family Home Evening						Bhuloka Day
	Creative Work	Siddha Yoga					Devaloka Time: 3PM to 6PM
7	Tuesday, January 7, 2025		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Muscat, Oman
	Meena Rasi: 23.56	Tithi 8 - 9	Gulika Yama 812787576 Rahu	12:13PM - 1:33PM 9:31AM - 10:52AM 2:54PM - 4:15PM	Revati Until 4:11PM Shiva Until 9:46PM Balava Until 1:59AM Wed Ashtami* Until 2:57PM	Ganesha: White Murgu: Clear Nataraja: Clear Moon - Clear Pausha-Markali	Sunrise: 6:50AM Sunset: 5:36PM Moon 12 - Phase 36 - 22 Ashtami
	Creative Work	Siddha Yoga					Bhuloka Day
	Until 10:05PM						Devaloka Time: 3PM to 6PM
8	Wednesday, January 8, 2025		Krodhin Nama Samvatsare Uтарыyene Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Kaulava/Taillita Karana Navami/Dashamyam Titau				Muscat, Oman
	Mesha Rasi: 8.01	Tithi 9 - 10	Gulika Yama 822787576 Rahu	10:52AM - 12:13PM 8:11AM - 9:32AM 12:13PM - 1:34PM	Ashvini Until 3:00PM Siddha Until 6:53PM Taillita Until 11:58PM Navami* Until 12:58PM	Ganesha: Clear Murgu: Clear Nataraja: Clear Moon - White Pausha-Markali	Sunrise: 6:50AM Sunset: 5:36PM Moon 12 - Phase 36 - 23 Navami
	Routine Work	Marana Yoga					Devaloka Day
	Until 3:00PM						
	Then Creative Work - Siddha Yoga						

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Thursday, January 9, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yuktiyayam Muscat, Oman Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau Sun 24 Subra 269				
	Mesha Rasi: 22:09	Tithi 10 – 11	Gulika Yama 822787576 Rahu	9:32AM – 10:53AM 6:50AM – 8:11AM 1:34PM – 2:55PM	Bharani Until 1:39PM Sadhya Until 4:00PM Vanija Until 9:55PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Pausha-Markali	Sunrise: 6:50AM Sunset: 5:37PM Moon 12 - Phase 37 - 24 4th Phase
	Creative Work	Siddha Yoga	Valikuntha Ekadasi		Dashedimi Until 10:55AM		
	Until 1:39PM				Devaloka Day		
	Then Routine Work - Marana Yoga						
2	Friday, January 10, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Sukra Vasara Yuktiyayam Muscat, Oman Krittika/Rohini Nakshatra Subha/Sukla Yoga Vasi/7Bava Karana Ekadashi/Dvadashtyam Titau Sun 25 Subra 270				
	Vrisabha Rasi: 6:17	Tithi 11 – 12	Gulika Yama 822787576 Rahu	8:11AM – 9:32AM 2:56PM – 4:17PM 10:53AM – 12:14PM	Krittika Until 12:09PM Subha Until 1:08PM Bava Until 7:54PM Ekadashi Until 8:53AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Pausha-Markali	Sunrise: 6:50AM Sunset: 5:38PM Moon 12 - Phase 37 - 25 4th Phase
	Creative Work	Siddha Yoga			Devaloka Day		
	Until 12:09PM						
	Then Routine Work - Marana Yoga						
3 Saturday, January 11, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Manta Vasara Yuktiyayam Muscat, Oman Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashti/Trayodashyam Titau Sun 26 Subra 271					
Vrisabha Rasi: 20:23	Tithi 12 – 13	Gulika Yama 832787576 Rahu	6:50AM – 8:11AM 1:35PM – 2:56PM 9:32AM – 10:53AM	Rohini Until 11:01AM Sukla Until 10:19AM Kaulava Until 6:00PM Dvadashti Until 6:55AM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 6:50AM Sunset: 5:38PM Moon 12 - Phase 37 - 26 4th Phase	
Creative Work	Amrita Yoga			Bhuloka Day			
Until 11:01AM				Devaloka Time: 3PM to 6PM			
Then Creative Work - Siddha Yoga		Pradosha Vrata					
4	Sunday, January 12, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yuktiyayam Muscat, Oman Mrigashira/Andra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau Sun 27 Subra 272				
	Mithuna Rasi: 4:23	Tithi 14	Gulika Yama 832787576 Rahu	2:57PM – 4:18PM 12:15PM – 1:36PM 4:18PM – 5:39PM	Mrigashira Until 9:55AM Brahma Until 7:39AM Gara Until 4:19PM Chaturdashi* Until 3:35AM Mon	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 6:50AM Sunset: 5:39PM Moon 12 - Phase 37 - 27 4th Phase
	Creative Work	Siddha Yoga			Bhuloka Day		
					Devaloka Time: 3PM to 6PM		
	Monday, January 13, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yuktiyayam Muscat, Oman Andra/Punarvasu Nakshatra Vaidhriti* Yoga Vasi/8Bava Karana Purnimayam Titau Sun 28 Subra 273				
Copper Retreat Star		Gulika Yama 832787576 Rahu	1:36PM – 2:58PM 10:54AM – 12:15PM 8:12AM – 9:33AM	Andra Until 8:59AM Vaidhriti* Until 3:07AM Tue Vasi Until 2:58PM Purnima* Until 2:27AM Tue	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Pausha-Markali	Sunrise: 6:50AM Sunset: 5:40PM Moon 12 - Phase 37 - Purnima	
Mithuna Rasi: 18:12	Tithi 15			Bhuloka Day			
Family Home Evening				Devaloka Time: 3PM to 6PM			
Creative Work	Siddha Yoga	Ardra Darshanam					
Until 8:59AM							
Then Creative Work - Amrita Yoga							
Tuesday, January 14, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktiyayam Muscat, Oman Punarvasu/Pushya Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Subra 274					
Kataka Rasi: 1:47	Tithi 16	Gulika Yama 842787576 Rahu	12:16PM – 1:37PM 9:33AM – 10:54AM 2:58PM – 4:19PM	Punarvasu Until 8:45AM Vishkambha* Until 1:25AM Wed Balava Until 2:05PM Prathama* Until 1:51AM Wed	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Pausha-Thai	Sunrise: 6:50AM Sunset: 5:41PM Moon 12 - Phase 37 - Prathama	
Creative Work	Siddha Yoga	Thai Pongal		Devaloka Day			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Inana Pada

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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Wednesday, January 15, 2025

Gold Retreat Star

	Wednesday, January 15, 2025						Muscat, Oman
	Gold Retreat Star						Sutra 275
	Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Pushya/Ashlesha* Nakshatra Priti Yoga Tatila/Gara Karana Divlyasyam Titau						Krodhin 5126
Katakasi Rasi: 15.04	Tithi 17	Gulika	10:55AM - 12:16PM	Pushya Until 8:56AM	Ganesha: Purple	Sunrise: 6:50AM	
		Yama	8:12AM - 9:33AM	Priti Until 12:14AM Thu	Muruga: Clear	Sunset: 5:41PM	Moon 1 - Phase 38 - 1st Phase
		843787576 Rahu	12:16PM - 1:37PM	Tatila Until 1:47PM	Nataraja: Clear		
Creative Work	Siddha Yoga				Moon - Blue		Sivaloka Day

1 Thursday, January 16, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Ashlesha* Magha* Nakshatra Ayushman Yoga Vanija/Visti* Karana Trilayam Titau				Muscat, Oman Sutra 276	
Katakasi Rasi: 28	Tithi 18	Gulika	9:33AM - 10:55AM	Ashlesha* Untill 9:34AM	Ganesha: Purple	Sunrise: 6:50AM	Sun 1
Creative Work	Siddha Yoga	Yama	6:50AM - 8:12AM	Ayushman Untill 11:33PM	Muruga: Clear	Sunset: 5:42PM	Moon 1 - Phase 38 - 1st Phase
		Rahu	1:38PM - 2:59PM	Vanija Untill 2:10PM	Nataraja: Clear		
				Tritiya Untill 2:35AM Fri	Moon - Blue Pausha*Thai		
Then Creative Work - Amrita Yoga						Sivaloka Day	

2 Friday, January 17, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Sukra Yasara Yuktayam Magha*Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau					Muscat, Oman Sutra 277		
Simha Rasi: 10.37 Tithi 19		Gulika		8:12AM - 9:34AM		Magha* Until 11:13AM		Sun 2	
		Rahu		3:00PM - 4:21PM		Saubhagya Until 11:24PM		Krodhin 5126	
Routine Work		653787576		10:55AM - 12:17PM		Bava Until 3:14PM		Moon 1 - Phase 38 - 1st Phase	
Until 11:13AM						Chaturthi* Until 4:00AM Sat			
Then Creative Work - Siddha Yoga						Pausha*Thai		Devaloka Day	

3		Saturday, January 18, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Manta Vessara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Kaulava/Tailita Karana Panchamam Titau					Muscat, Oman Sutra 278		
Simha Rasi: 22.56		Tithi 20		Gulika Yama		6:50AM - 8:12AM 1:39PM - 3:00PM		Purvaphalguni Until 1:20PM Sobhana Until 11:45PM		Sun 3	
Creative Work		Siddha Yoga		853/87575		Rahu 9:34AM - 10:55AM		Kaulava Until 4:58PM Panchami Until 6:02AM Sun		Sunrise: 6:50AM Sunset: 5:44PM	
Until 1:20PM								Nataraja: Clear Moon - Red		Moon 1 - Phase 38 - 1st Phase	
Then Routine Work - Marana Yoga								Pausha*Thai		Devaloka Day	

4 Sunday, January 19, 2025		Krodhin Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Krishna Paksha Bharu Vatsara Uttayam Uttaraphalguni/Hasta Nakshatra Athiganda* Yoga Tatila/Gara Karana Panchami/Shashthiyam Titau					Muscat, Oman Sutra 279				
Kanya Rasi: 5.01 Tithi 20 - 21		Gulika Yama 853787576 Rahu		3:01PM - 4:22PM 12:17PM - 1:39PM 4:22PM - 5:44PM		Uttaraphalguni Until 3:50PM Athiganda* Until 12:26AM Mon Gara Until 7:15PM		Ganesha: Clear Muruga: Clear Nataraja: Clear Moon - Red Pausha*Thai		Sun 4 Krodhin 5126 Moon 1 - Phase 38 - 1st Phase Devaloka Day	
Creative Work Amrita Yoga		Panchami Until 6:02AM									

5		Monday, January 20, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Indu Vasara Yuktayam Hasta Nakshatra Sukarma Yoga Vanja/Visti* Karana Shashthi/Saptamiyam Titau				Muscat, Oman Sutra 280	
Kanya Rasi: 16.55		Tithi 21 – 22		Gulika		Hasta Until 7:00PM		Sun 5	
Family Home Evening		863787576		Rahu		Sukarma Until 1:21AM Tue		Krodhin 5126	
Creative Work		Siddha Yoga		Yama		Visti Until 9:52PM		Moon 1 - Phase 38 - 1st Phase	
Until 7:00PM				8:12AM - 9:34AM		Shashthi* Until 8:30AM		Sivaloka Day	
Then Routine Work - Prabalarishita Yoga						Pausha*Thai			

Tuesday, January 21, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktayam Chitra Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamiyam Titau						Muscat, Oman Sutra 281			
Retreat Star		Gulika		Chitra Until 10:06PM		Ganesha: White		Sunrise: 6:50AM		Sun 6	
Kanya Rasi: 28.44		Yama		Dhriti Until 2:19AM Wed		Muruga: Clear		Sunset: 5:46PM		Krodhin 5126	
Tithi 22 - 23		863787576 Rahu		Balava Until 12:33AM Wed		Nataraja: Clear				Moon 1 - Phase 38 - 6	
Creative Work		Siddha Yoga		Saptami Until 11:12AM		Moon - Green				Ashtami	
						Pausha*Thai				Sivaloka Day	

Wednesday, January 22, 2025				Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Svati Nakshatra Shula* Yoga Kaulava/Tailita Karana Ashtami/Navamiyam Titau				Muscat, Oman	
Retreat Star								Sutra 282	
Tula Rasi: 10.33		Tithi 23 - 24		Gulika	10:56AM - 12:18PM	Svati Until 12:53AM Thu	Ganesha: Yellow	Sunrise: 6:50AM	Sun 7
				Yama	8:12AM - 9:34AM	Shula* Until 3:06AM Thu	Muruga: Clear	Sunset: 5:46PM	Krodhin 5126
				863887576 Rahu	12:18PM - 1:40PM	Tailita Until 3:03AM Thu	Nataraja: Clear		Moon 1 - Phase 38 - 7
Creative Work		Siddha Yoga				Ashtami* Until 1:49PM	Moon - Green	Navami	
							Pausha*Thai	Devaloka Day	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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Thursday, January 23, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Guru Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau					Muscat, Oman Sutra 283 Krodhin 5126		
1	Tula Rasi: 22.27	Tithi 24 – 25	Gulika Yama 873887576 Rahu	9:34AM – 10:56AM 6:50AM – 8:12AM 1:41PM – 3:03PM	Vishakha* Until 3:37AM Fri Ganda* Until 3:34AM Fri Vanija Until 5:08AM Fri Navami* Until 4:08PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:50AM 5:47PM	Sun 8	Moon 1 - Phase 39 - 8 2nd Phase
Creative Work		Siddha Yoga						Bhuloka Day Devaloka Time: 3PM to 6PM	
Friday, January 24, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Sukra Vasara Yuktayam Anuradha Nakshatra Viddhi Yoga Vasi*/Bava Karana Dashami/Ekadeshyam Titau					Muscat, Oman Sutra 284 Krodhin 5126		
2	Vischika Rasi: 4.32	Tithi 25 – 26	Gulika Yama 973887576 Rahu	8:12AM – 9:34AM 3:03PM – 4:26PM 10:56AM – 12:19PM	Anuradha Until 5:36AM Sat Viddhi Until 3:37AM Sat Bava Until 6:36AM Sat Dashami Until 5:56PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:50AM 5:48PM	Sun 9	Moon 1 - Phase 39 - 9 2nd Phase
Creative Work		Siddha Yoga						Devaloka Day	
Saturday, January 25, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mantra Vasara Yuktayam Jyeshtha Nakshatra Dhruva Yoga Bava/Baleva Karana Ekadashyam Titau					Muscat, Oman Sutra 285 Krodhin 5126		
3	Vischika Rasi: 16.52	Tithi 26	Gulika Yama 973887576 Rahu	6:49AM – 8:12AM 1:41PM – 3:04PM 9:34AM – 10:57AM	Jyeshtha* Until 6:46AM Sun Dhruva Until 3:06AM Sun Bava Until 6:36AM Ekadashi* Until 7:03PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:49AM 5:49PM	Sun 10	Moon 1 - Phase 39 - 10 2nd Phase
Creative Work		Siddha Yoga						Devaloka Day	
Until 6:46AM Sun									
Then Creative Work - Amrita Yoga									
Sunday, January 26, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Kaulava/Taila Karana Dvadashyam Titau					Muscat, Oman Sutra 286 Krodhin 5126		
4	Vischika Rasi: 29.29	Tithi 27	Gulika Yama 973887576 Rahu	3:04PM – 4:27PM 12:19PM – 1:42PM 4:27PM – 5:49PM	Jyeshtha* Until 6:46AM Vyaghata* Until 2:03AM Mon Kaulava Until 7:21AM Dvadashi* Until 7:26PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:49AM 5:49PM	Sun 11	Moon 1 - Phase 39 - 11 2nd Phase
Routine Work		Marana Yoga						Devaloka Day	
Until 6:46AM									
Then Creative Work - Amrita Yoga									
Monday, January 27, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau					Muscat, Oman Sutra 287 Krodhin 5126		
5	Dhanus Rasi: 12.29	Tithi 28	Gulika Yama 983887576 Rahu	1:42PM – 3:05PM 10:57AM – 12:19PM 8:11AM – 9:34AM	Mula* Until 7:32AM Harshana Until 12:27AM Tue Gara Until 7:23AM Trayodashi* Until 7:07PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:49AM 5:50PM	Sun 12	Moon 1 - Phase 39 - 12 2nd Phase
Family Home Evening								Bhuloka Day	
Creative Work		Siddha Yoga						Devaloka Time: 3PM to 6PM	
Until 7:32AM									
Then Routine Work - Marana Yoga									
Tuesday, January 28, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Vasi*/Sakun* Karana Chaturdashyam Titau					Muscat, Oman Sutra 288 Krodhin 5126		
6	Dhanus Rasi: 25.49	Tithi 29	Gulika Yama 983887576 Rahu	12:20PM – 1:42PM 9:34AM – 10:57AM 3:05PM – 4:28PM	Purvashadha* Until 7:29AM Vajra* Until 10:21PM Vasi Until 6:43AM Chaturdash* Until 6:08PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:49AM 5:51PM	Sun 13	Moon 1 - Phase 39 - 13 2nd Phase
Creative Work		Siddha Yoga						Bhuloka Day	
Until 7:29AM								Devaloka Time: 3PM to 6PM	
Then Routine Work - Prabalarishita Yoga									
Wednesday, January 29, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yuktayam Uttarashadha*/Shrivana Nakshatra Siddhi Yoga Naga*/Kirtughna* Karana Amavasya/Prathamam Titau					Muscat, Oman Sutra 289 Krodhin 5126		
Retreat Star			Gulika Yama 984887576 Rahu	10:57AM – 12:20PM 8:11AM – 9:34AM 12:20PM – 1:43PM	Uttarashadha Until 6:43AM Siddhi Until 7:51PM Kirtughna Until 3:44AM Thu Amavasya* Until 4:38PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:48AM 5:51PM	Sun 14	Moon 1 - Phase 39 - 14 Amavasya
Makara Rasi: 9.29		Tithi 30 – 1						Devaloka Day	
Creative Work		Amrita Yoga							
Until 6:43AM									
Then Creative Work - Siddha Yoga									
Thursday, January 30, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Guru Vasara Yuktayam Dhanishtha Nakshatra Vysipata*/Varjyan Yoga Bava/Baleva Karana Prathama/Dvityayam Titau					Muscat, Oman Sutra 290 Krodhin 5126		
Retreat Star			Gulika Yama 994887576 Rahu	9:34AM – 10:57AM 6:48AM – 8:11AM 1:43PM – 3:06PM	Dhanishtha Until 4:20AM Fri Vysipata* Until 5:03PM Balava Until 1:38AM Fri Prathama* Until 2:42PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Purple Magha*Thai	Sunrise: 6:48AM 5:52PM	Sun 15	Moon 1 - Phase 39 - 15 Prathama
Makara Rasi: 23.28		Tithi 1 – 2						Devaloka Day	
Creative Work		Siddha Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Friday, January 31, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktayam Muscat, Oman Shatabhisak Nakshatra Varjyan/Parigha* Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau Sun 16 Subra 291				
	Kumbha Rasi: 7.38	Tithi 2 – 3	Gulika 8:11AM – 9:34AM Yama 3:06PM – 4:30PM Rahu 10:57AM – 12:20PM	Shatabhisak Untill 2:34AM Sat Varjyan Untill 2:00PM Tailiti Untill 11:20PM Dvitiya Untill 12:29PM		Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Purple Magha-Thai	Sunrise: 6:48AM Sunset: 5:53PM Moon 1 - Phase 40 – 16 3rd Phase
	Creative Work	Siddha Yoga	994887576	Devaloka Day			
	Untill 2:34AM Sat	Then Routine Work - Marana Yoga					
2	Saturday, February 1, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Manita Vasara Yuktayam Muscat, Oman Purvaprosrothapada* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau Sun 17 Subra 292				
	Kumbha Rasi: 21.58	Tithi 3 – 4	Gulika 6:48AM – 8:11AM Yama 1:43PM – 3:06PM Rahu 9:34AM – 10:57AM	Purvaprosrothapada* Untill 1:00AM Sun Parigha* Untill 10:51AM Vanija Untill 8:56PM Tritiya Untill 10:07AM		Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear Magha-Thai	Sunrise: 6:48AM Sunset: 5:53PM Moon 1 - Phase 40 – 17 3rd Phase
	Routine Work	Marana Yoga	914887576	Sivaloka Day			
	Untill 1:00AM Sun	Then Creative Work - Amrita Yoga					
3	Sunday, February 2, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Bharu Vasara Yuktayam Muscat, Oman Uttaraprosrothapada Nakshatra Shiva/Siddha Yoga Vist*/Bava Karana Chaturthi/Panchamyam Titau Sun 18 Subra 293				
	Meena Rasi: 6.19	Tithi 4 – 5	Gulika 3:07PM – 4:30PM Yama 12:20PM – 1:44PM Rahu 4:30PM – 5:53PM	Uttaraprosrothapada Untill 11:18PM Shiva Untill 7:41AM Bava Untill 6:31PM Chaturthi* Untill 7:42AM		Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear Magha-Thai	Sunrise: 6:47AM Sunset: 5:53PM Moon 1 - Phase 40 – 18 3rd Phase
	Creative Work	Amrita Yoga	914887576	Sivaloka Day			
	Untill 7:42AM						
4	Monday, February 3, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam Muscat, Oman Revati Nakshatra Sadhya Yoga Kaulava/Tailita Karana Shashthiyam Titau Sun 19 Subra 294				
	Meena Rasi: 20.39	Tithi 6	Gulika 1:44PM – 3:07PM Yama 10:57AM – 12:20PM Rahu 8:10AM – 9:34AM	Revati Untill 9:34PM Sadya Untill 1:28AM Tue Kaulava Untill 4:12PM Shashthi* Untill 3:04AM Tue		Ganesha: Blue Muruga: Purple Nataraja: Orange Moon – Clear Magha-Thai	Sunrise: 6:47AM Sunset: 5:54PM Moon 1 - Phase 40 – 19 3rd Phase
	Family Home Evening	Siddha Yoga	914897577	Subha Sivaloka Day			
	Creative Work						
5	Tuesday, February 4, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Muscat, Oman Ashvini Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Subra 295				
	Mesha Rasi: 4.54	Tithi 7	Gulika 12:21PM – 1:44PM Yama 9:33AM – 10:57AM Rahu 3:08PM – 4:31PM	Ashvini Untill 8:17PM Subha Untill 10:34PM Gara Untill 2:02PM Saptami Untill 12:59AM Wed		Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – White Magha-Thai	Sunrise: 6:46AM Sunset: 5:55PM Moon 1 - Phase 40 – 20 3rd Phase
	Creative Work	Siddha Yoga	924897577	Sivaloka Day			
	Untill 2:02PM						
D	Wednesday, February 5, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yuktayam Muscat, Oman Retreat Star Bharani Nakshatra Sukla Yoga Vist*/Bava Karana Ashtamyam Titau Sun 21 Subra 296				
	Mesha Rasi: 19.02	Tithi 8	Gulika 10:57AM – 12:21PM Yama 8:10AM – 9:33AM Rahu 12:21PM – 1:44PM	Bharani Untill 7:02PM Sukla Untill 7:47PM Visti Untill 12:02PM Ashtami* Untill 11:06PM		Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – White Magha-Thai	Sunrise: 6:46AM Sunset: 5:55PM Moon 1 - Phase 40 – 21 Ashtami
	Creative Work	Siddha Yoga	924897577	Sivaloka Day			
	Untill 7:02PM	Then Creative Work - Amrita Yoga					
	Thursday, February 6, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Guru Vasara Yuktayam Muscat, Oman Retreat Star Krittika/Rohini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamyam Titau Sun 22 Subra 297				
	Vishabha Rasi: 3.02	Tithi 9	Gulika 9:33AM – 10:57AM Yama 6:45AM – 8:09AM Rahu 1:45PM – 3:08PM	Krittika Untill 5:52PM Brahma Untill 5:12PM Balava Untill 10:15AM Navami* Untill 9:26PM		Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon – White Magha-Thai	Sunrise: 6:45AM Sunset: 5:56PM Moon 1 - Phase 40 – 22 Navami
	Routine Work	Marana Yoga	924897577	Sivaloka Day			
	Untill 9:26PM						

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1 Friday, February 7, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktayam Muscat, Oman Rohini/Grigashira Nakshatra Indira/Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 23 Subra 296					
Wishabha Rasi: 16.54	Tithi 10	Gulika 8:09AM - 9:33AM	Rohini Until 5:12PM	Ganesha: White	Sunrise: 6:45AM	Krodhin 5:16	
		Yama 3:09PM - 4:33PM	Indra Until 2:49PM	Muruga: Purple	Sunset: 5:57PM	Moon 1 - Phase 41 - 23	
Routine Work Marana Yoga		934897577 Rahu 10:57AM - 12:21PM	Taitila Until 8:42AM	Nataraja: Orange		4th Phase	
Then Creative Work - Siddha Yoga			Dashami Until 8:00PM	Moon - Yellow			
				Magha+Thai			Subha Sivaloka Day
2 Saturday, February 8, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Manita Vasara Yuktayam Muscat, Oman Grigashira/Ardra Nakshatra Vaidhriti* Viskambha* Yoga Vanija/Visti* Karana Ekadashyam Titau Sun 24 Subra 299					
Mithuna Rasi: 0.37	Tithi 11	Gulika 6:44AM - 8:09AM	Grigashira Until 4:40PM	Ganesha: White	Sunrise: 6:44AM	Krodhin 5:16	
		Yama 1:45PM - 3:09PM	Vaidhriti* Until 12:36PM	Muruga: Purple	Sunset: 5:57PM	Moon 1 - Phase 41 - 24	
Creative Work Siddha Yoga		934897577 Rahu 9:33AM - 10:57AM	Vanija Until 7:25AM	Nataraja: Orange		4th Phase	
			Ekadashi Until 6:51PM	Moon - Yellow			
				Magha+Thai			Subha Sivaloka Day
3 Sunday, February 9, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Bharu Vasara Yuktayam Muscat, Oman Ardra/Punarvasu Nakshatra Viskambha* Priti Yoga Bava/Kaulava Karana Dvadashi Trayodashyam Titau Sun 25 Subra 300					
Mithuna Rasi: 14.1	Tithi 12 - 13	Gulika 3:09PM - 4:34PM	Ardra Until 4:16PM	Ganesha: White	Sunrise: 6:44AM	Krodhin 5:16	
		Yama 12:21PM - 1:45PM	Viskambha* Until 10:39AM	Muruga: Purple	Sunset: 5:59PM	Moon 1 - Phase 41 - 25	
Creative Work Siddha Yoga		934897577 Rahu 4:34PM - 5:58PM	Bava Until 6:24AM	Nataraja: Orange		4th Phase	
			Dvadashi Until 5:59PM	Moon - Yellow			
				Magha+Thai			Subha Sivaloka Day
4 Monday, February 10, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam Muscat, Oman Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau Sun 26 Subra 301					
Mithuna Rasi: 27.31	Tithi 13 - 14	Gulika 1:45PM - 3:10PM	Punarvasu Until 4:32PM	Ganesha: Clear	Sunrise: 6:43AM	Krodhin 5:16	
Family Home Evening		Yama 10:57AM - 12:21PM	Priti Until 8:58AM	Muruga: Purple	Sunset: 5:59PM	Moon 1 - Phase 41 - 26	
Creative Work Amrita Yoga		944897577 Rahu 8:08AM - 9:32AM	Gara Until 5:26AM Tue	Nataraja: Orange		4th Phase	
Until 4:32PM			Trayodashi Until 5:30PM	Moon - Blue			
Then Creative Work - Siddha Yoga				Magha+Thai			Sivaloka Day
5 Tuesday, February 11, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam Muscat, Oman Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau Sun 27 Subra 302					
Kataka Rasi: 10.4	Tithi 14 - 15	Gulika 12:21PM - 1:46PM	Pushya Until 5:04PM	Ganesha: White	Sunrise: 6:43AM	Krodhin 5:16	
		Yama 9:32AM - 10:56AM	Ayushman Until 7:35AM	Muruga: Purple	Sunset: 5:59PM	Moon 1 - Phase 41 - 27	
Creative Work Siddha Yoga		945897577 Rahu 3:10PM - 4:35PM	Visti Until 5:37AM Wed	Nataraja: Orange		4th Phase	
			Chaturdashi* Until 5:27PM	Moon - Blue			
				Magha+Thai			Devaloka Day
Wednesday, February 12, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yuktayam Muscat, Oman Ashlesha*Magha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau Sun 28 Subra 303					
Copper Retreat Star		Gulika 10:56AM - 12:21PM	Ashlesha* Until 5:54PM	Ganesha: White	Sunrise: 6:42AM	Krodhin 5:16	
Kataka Rasi: 23.35	Tithi 15 - 16	Yama 9:32AM - 9:32AM	Saubhagya Until 6:35AM	Muruga: Purple	Sunset: 6:00PM	Moon 1 - Phase 41 - 28	
Creative Work Siddha Yoga		945897577 Rahu 12:21PM - 1:46PM	Balava Until 6:19AM Thu	Nataraja: Orange		Purnima	
			Purnima* Until 5:53PM	Moon - Blue			
				Magha+Masi			Devaloka Day
Thursday, February 13, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vasara Yuktayam Muscat, Oman Magha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Subra 304					
Silver Retreat Star		Gulika 9:31AM - 10:56AM	Magha* Until 7:35PM	Ganesha: Clear	Sunrise: 6:42AM	Krodhin 5:16	
Simha Rasi: 6.16	Tithi 16	Yama 6:42AM - 8:07AM	Athiganda* Until 5:47AM Fri	Muruga: Purple	Sunset: 6:00PM	Moon 1 - Phase 41 - 29	
Creative Work Amrita Yoga		955897577 Rahu 1:46PM - 3:11PM	Balava Until 6:19AM	Nataraja: Orange		Prathama	
Until 7:35PM			Prathama* Until 6:51PM	Moon - Red			
Then Creative Work - Siddha Yoga				Magha+Masi			Sivaloka Day

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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**Friday, February 14, 2025****Gold Retreat Star**

Simha Rasi: 18.41 Tithi 17

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vessara Yuktayam
Purvaphalguni Nakshatra Sukarma Yoga Taillita/Gara Karana Dvityayam TitauGulika 8:06AM - 9:31AM
Yama 3:11PM - 4:36PM
Rahu 10:56AM - 12:21PM**Purvaphalguni Untill 9:38PM**Sukarma Untill 6:00AM Sat
Taillita Untill 7:34AM**Dvitiya Untill 8:23PM**Ganesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Red
Magha-MasiSunrise: 6:41AM
Sunset: 6:01PMMuscat, Oman
Sun 1
Sutra 305
Krodhin 5:16
Moon 2 - Phase 42 - 1
1st Phase**Sivaloka Day****1****Saturday, February 15, 2025**

Kanya Rasi: 0.53 Tithi 18

Routine Work Marana Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Menta Vessara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanja/Visi* Karana Tritiyayam TitauGulika 6:40AM - 8:06AM
Yama 1:46PM - 3:11PM
Rahu 9:31AM - 10:56AM**Uttaraphalguni Untill 11:59PM**Sukarma Untill 6:00AM
Vanija Untill 9:21AM
Tritiya Untill 10:24PMGanesha: Purple
Muruga: Purple
Nataraja: Orange
Moon - Red
Magha-MasiSunrise: 6:40AM
Sunset: 6:01PMMuscat, Oman
Sun 2
Sutra 306
Krodhin 5:16
Moon 2 - Phase 42 - 2
1st Phase**Subha Sivaloka Day****2****Sunday, February 16, 2025**

Kanya Rasi: 12.54 Tithi 19

Creative Work Amrita Yoga
Untill 3:01AM Mon
Then Routine Work - Prabalarishta YogaKrodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Bharu Vessara Yuktayam
Hasa Nakshatra Dhriti/Shula* Yoga Bava/Baleva Karana Chaturthayam TitauGulika 3:12PM - 4:37PM
Yama 12:21PM - 1:46PM
Rahu 4:37PM - 6:02PM**Hasa Untill 3:01AM Mon**Dhriti Untill 6:35AM
Bava Untill 11:35AM
Chaturthi* Untill 12:48AM MonGanesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha-MasiSunrise: 6:40AM
Sunset: 6:02PMMuscat, Oman
Sun 3
Sutra 307
Krodhin 5:16
Moon 2 - Phase 42 - 3
1st Phase**Sivaloka Day****3****Monday, February 17, 2025**

Kanya Rasi: 24.47 Tithi 20

Family Home Evening
Routine Work Prabalarishta Yoga
Untill 6:05AM Tue
Then Creative Work - Siddha YogaKrodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Indu Vessara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Taillita Karana Panchamyam TitauGulika 1:46PM - 3:12PM
Yama 10:55AM - 12:21PM
Rahu 8:05AM - 9:30AM**Chitra Untill 6:05AM Tue**Shula* Untill 7:23AM
Kaulava Untill 2:07PM
Panchami Untill 3:25AM TueGanesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha-MasiSunrise: 6:39AM
Sunset: 6:03PMMuscat, Oman
Sun 4
Sutra 308
Krodhin 5:16
Moon 2 - Phase 42 - 4
1st Phase**Sivaloka Day****4****Tuesday, February 18, 2025**

Tula Rasi: 6.37 Tithi 21

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vessara Yuktayam
Chitra/Svati Nakshatra Ganda*/Viddhi Yoga Gara/Vanija Karana Shashthiyam TitauGulika 12:21PM - 1:46PM
Yama 9:30AM - 10:55AM
Rahu 3:12PM - 4:38PM**Chitra Untill 6:05AM**Ganda* Untill 8:20AM
Gara Untill 4:47PM
Shashthi* Untill 6:04AM WedGanesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha-MasiSunrise: 6:38AM
Sunset: 6:03PMMuscat, Oman
Sun 5
Sutra 309
Krodhin 5:16
Moon 2 - Phase 42 - 5
1st Phase**Sivaloka Day****5****Wednesday, February 19, 2025**

Tula Rasi: 18.26 Tithi 21 - 22

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vessara Yuktayam
Svati/Vishakha Nakshatra Dhruva/Dhruva Yoga Vanja/Visi* Karana Shashthi/Saptamyam TitauGulika 10:55AM - 12:21PM
Yama 8:04AM - 9:29AM
Rahu 12:21PM - 1:47PM**Svati Untill 8:59AM**Viddhi Untill 9:17AM
Visi Untill 7:20PM
Shashthi* Untill 6:04AMGanesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Green
Magha-MasiSunrise: 6:38AM
Sunset: 6:04PMMuscat, Oman
Sun 6
Sutra 310
Krodhin 5:16
Moon 2 - Phase 42 - 6
1st Phase**Sivaloka Day****D****Thursday, February 20, 2025****Retreat Star**

Vishika Rasi: 0.2 Tithi 22 - 23

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vessara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Baleva Karana Saptami/Ashtamyam TitauGulika 9:29AM - 10:55AM
Yama 6:37AM - 8:03AM
Rahu 1:47PM - 3:12PM**Vishakha Untill 11:59AM**Dhruva Untill 10:01AM
Balava Untill 9:34PM
Saptami Untill 8:29AMGanesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Orange
Magha-MasiSunrise: 6:37AM
Sunset: 6:04PMMuscat, Oman
Sun 7
Sutra 311
Krodhin 5:16
Moon 2 - Phase 42 - 7
Ashtami**Sivaloka Day****Friday, February 21, 2025****Retreat Star**

Vishika Rasi: 12.24 Tithi 23 - 24

Creative Work Siddha Yoga
Untill 2:22PM
Then Routine Work - Marana YogaKrodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vessara Yuktayam
Anuradha/Vyaghata* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taillita Karana Ashtami/Navamyam TitauGulika 8:02AM - 9:28AM
Yama 3:13PM - 4:39PM
Rahu 10:55AM - 12:21PM**Anuradha Untill 2:22PM**Vyaghata* Untill 10:26AM
Taillita Untill 11:16PM
Ashtami* Untill 10:28AMGanesha: Clear
Muruga: Purple
Nataraja: Orange
Moon - Orange
Magha-MasiSunrise: 6:36AM
Sunset: 6:05PMMuscat, Oman
Sun 8
Sutra 312
Krodhin 5:16
Moon 2 - Phase 42 - 8
Navami**Sivaloka Day**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1		Saturday, February 22, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Manta Vasara Yukhtayam Jyeshtha/Mula* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Muscat, Oman Sun 9		Sutra 313 Krodhin 5126	
Wischika Rasi: 24.41		Tithi 24 – 25		Gulika 6:36AM – 8:02AM Yama 1:47PM – 3:13PM		Jyeshtha* Until 4:00PM Harshana Until 10:24AM		Ganesha: Clear Murgu: Purple	
Creative Work		Siddha Yoga		976997577 Rahu 9:28AM – 10:54AM		Vanija Until 12:16AM Sun		Nataraja: Orange Moon – Orange	
						Navami* Until 11:50AM		Magha-Masi	
								Sivaloka Day	

2		Sunday, February 23, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Bharu Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadasmyam Titau		Muscat, Oman Sun 10		Sutra 314 Krodhin 5126	
Dhanus Rasi: 7.19		Tithi 25 – 26		Gulika 3:13PM – 4:40PM Yama 12:20PM – 1:47PM		Mula* Until 5:12PM Vajra* Until 9:47AM		Ganesha: White Murgu: Purple	
Creative Work		Amrita Yoga		986997577 Rahu 4:40PM – 6:06PM		Bava Until 12:29AM Mon		Nataraja: Orange Moon – Light Blue	
Until 5:12PM						Dashami Until 12:27PM		Magha-Masi	
Then Creative Work – Siddha Yoga								Devaloka Day	

3		Monday, February 24, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Indu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatiyata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Muscat, Oman Sun 11		Sutra 315 Krodhin 5126	
Dhanus Rasi: 20.17		Tithi 26 – 27		Gulika 1:47PM – 3:13PM Yama 10:54AM – 12:20PM		Purvashadha* Until 5:29PM Siddhi Until 8:34AM		Ganesha: White Murgu: Purple	
Family Home Evening				986997577 Rahu 8:01AM – 9:27AM		Kaulava Until 11:55PM		Nataraja: Orange Moon – Light Blue	
Routine Work		Marana Yoga				Ekadashi* Until 12:17PM		Magha-Masi	
								Devaloka Day	

4		Tuesday, February 25, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yukhtayam Uttarashadha/Shravana Nakshatra Vyatiyata*/Varinyan Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau		Muscat, Oman Sun 12		Sutra 316 Krodhin 5126	
Makara Rasi: 3.41		Tithi 27 – 28		Gulika 12:20PM – 1:47PM Yama 9:27AM – 10:53AM		Uttarashadha Until 4:53PM Vyatiyata* Until 8:34AM		Ganesha: White Murgu: Purple	
Routine Work		Prabalarishta Yoga		986997577 Rahu 3:14PM – 4:40PM		Gara Until 10:36PM		Nataraja: Orange Moon – Light Blue	
Until 4:53PM						Dvadashi* Until 11:20AM		Magha-Masi	
Then Creative Work – Siddha Yoga						Pradosha Vrata (Fasting)		Devaloka Day	

5		Wednesday, February 26, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yukhtayam Shravana/Dhanishtha Nakshatra Parigra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Muscat, Oman Sun 13		Sutra 317 Krodhin 5126	
Makara Rasi: 17.31		Tithi 28 – 29		Gulika 10:53AM – 12:20PM Yama 7:58AM – 9:26AM		Shravana Until 3:54PM Parigra* Until 1:27AM Thu		Ganesha: Green Murgu: Purple	
Creative Work		Siddha Yoga		996997577 Rahu 12:20PM – 1:47PM		Visti Until 8:39PM		Nataraja: Orange Moon – Purple	
Until 3:54PM						Trayodashi* Until 9:41AM		Magha-Masi	
Then Routine Work – Prabalarishta Yoga								Devaloka Day	

●		Thursday, February 27, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vasara Yukhtayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Sakun*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Muscat, Oman Sun 14		Sutra 318 Krodhin 5126	
Retreat Star				Gulika 9:26AM – 10:53AM Yama 6:32AM – 7:58AM		Dhanishtha Until 2:14PM Shiva Until 10:11PM		Ganesha: Green Murgu: Purple	
Kumbha Rasi: 1.43		Tithi 29 – 30		996997577 Rahu 1:47PM – 3:14PM		Catuspada Until 6:10PM		Nataraja: Orange Moon – Purple	
Creative Work		Siddha Yoga				Chaturdashi* Until 7:27AM		Magha-Masi	
								Devaloka Day	

Friday, February 28, 2025		Retreat Star		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yukhtayam Shatabhishak/Purvaprosthihpad* Nakshatra Siddha Yoga Kirtughna*/Bava Karana Prathamayam Titau		Muscat, Oman Sun 15		Sutra 319 Krodhin 5126	
Kumbha Rasi: 16.13		Tithi 1		Gulika 7:58AM – 9:25AM Yama 3:14PM – 4:41PM		Shatabhishak Until 12:02PM Siddha Until 6:36PM		Ganesha: Orange Murgu: Purple	
Creative Work		Siddha Yoga		997997577 Rahu 10:52AM – 12:20PM		Kirtughna Until 3:19PM		Nataraja: Orange Moon – Purple	
						Prathama* Until 1:47AM Sat		Phalgun-Masi	
								Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1	Saturday, March 1, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mrita Vasara Yuktayam Purvaprosrthapada*/Uttaraprosrthapada Nakshatra Sadhya/Sukla Yoga Balava/Kaulava Karana Divhyayam Titau						Muscat, Oman
	Meena Rasi: 0.56	Tithi 2	Gulika Yama 917997577 Rahu	6:29AM – 7:57AM 1:47PM – 3:14PM 9:24AM – 10:52AM	Purvaprosrthapada* Until 9:51AM Sadhya Until 2:52PM Balava Until 12:15PM Dvitiya Until 10:39PM	Ganesha: Green Muruga: Purple Nataraja: Orange Moon – Clear Phalgun-Masi	Sunrise: 6:29AM Sunset: 6:09PM	Sun 16	Subha Sivaloka Day
	Routine Work Marana Yoga		Until 9:51AM						
	Then Creative Work - Siddha Yoga								
2	Sunday, March 2, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Uttaraprosrthapada/Revati Nakshatra Subha/Sukla Yoga Taillita/Gara Karana Trittyayam Titau						Muscat, Oman
	Meena Rasi: 15.46	Tithi 3	Gulika Yama 917997577 Rahu	3:14PM – 4:42PM 12:19PM – 1:47PM 4:42PM – 6:10PM	Uttaraprosrthapada Until 7:27AM Subha Until 11:07AM Taillita Until 9:05AM Tritiya Until 7:31PM	Ganesha: Green Muruga: Purple Nataraja: Orange Moon – Clear Phalgun-Masi	Sunrise: 6:28AM Sunset: 6:10PM	Sun 17	Subha Sivaloka Day
	Creative Work Amrita Yoga								
3	Monday, March 3, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Aashvini Nakshatra Sukla/Brahma Yoga Vanja/Bava Karana Chaturthi/Panchamyam Titau						Muscat, Oman
	Meena Rasi: 0.32	Tithi 4 – 5	Gulika Yama 927997577 Rahu	1:47PM – 3:15PM 10:51AM – 12:19PM 7:55AM – 9:23AM	Aashvini Until 2:57AM Tue Sukla Until 7:24AM Vanija Until 6:00AM Chaturthi* Until 4:30PM	Ganesha: Red Muruga: Purple Nataraja: Orange Moon – White Phalgun-Masi	Sunrise: 6:27AM Sunset: 6:10PM	Sun 18	Sivaloka Day
	Family Home Evening								
	Creative Work Siddha Yoga								
4	Tuesday, March 4, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau						Muscat, Oman
	Meena Rasi: 15.1	Tithi 5 – 6	Gulika Yama 927997577 Rahu	12:19PM – 1:47PM 9:23AM – 10:51AM 3:15PM – 4:43PM	Bharani Until 1:05AM Wed Indra Until 12:34AM Wed Kaulava Until 12:31AM Wed Panchami Until 1:45PM	Ganesha: Red Muruga: Purple Nataraja: Orange Moon – White Phalgun-Masi	Sunrise: 6:27AM Sunset: 6:11PM	Sun 19	Sivaloka Day
	Creative Work Siddha Yoga								
	Until 1:05AM Wed								
5	Wednesday, March 5, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Taillita/Gara Karana Shashthi/Saptamyam Titau						Muscat, Oman
	Meena Rasi: 29.35	Tithi 6 – 7	Gulika Yama 127997577 Rahu	10:50AM – 12:18PM 7:54AM – 9:22AM 12:18PM – 1:47PM	Krittika Until 11:27PM Vaidhriti* Until 9:34PM Gara Until 10:18PM Shashthi* Until 11:20AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – White Phalgun-Masi	Sunrise: 6:26AM Sunset: 6:11PM	Sun 20	Sivaloka Day
	Creative Work Amrita Yoga								
	Until 11:27PM								
D	Thursday, March 6, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Rohini Nakshatra Vahikambha* Yoga Vanja/Visli* Karana Saptami/Ashtamyam Titau						Muscat, Oman
	Visahbha Rasi: 13.44	Tithi 7 – 8	Gulika Yama 138997577 Rahu	9:21AM – 10:50AM 6:25AM – 7:53AM 1:47PM – 3:15PM	Rohini Until 10:34PM Vahikambha* Until 6:57PM Visli Until 8:32PM Saptami Until 9:20AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Yellow Phalgun-Masi	Sunrise: 6:25AM Sunset: 6:12PM	Sun 21	Sivaloka Day
	Routine Work Marana Yoga								
	Friday, March 7, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam Mrigashira Nakshatra Pritii/Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Muscat, Oman
	Visahbha Rasi: 27.34	Tithi 8 – 9	Gulika Yama 138997577 Rahu	7:52AM – 9:21AM 3:15PM – 4:44PM 10:49AM – 12:18PM	Mrigashira Until 10:02PM Priti Until 4:44PM Balava Until 7:16PM Ashtami* Until 7:49AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Yellow Phalgun-Masi	Sunrise: 6:24AM Sunset: 6:12PM	Sun 22	Sivaloka Day
	Creative Work Siddha Yoga								

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1		Saturday, March 8, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mani Vasara Yuktayam Andra Nakshatra Ayushman/Saubhagya Yoga Kauleva/Taitila Karana Navami/Dashamyan Titau		Muscat, Oman Sun 23	Sutra 327
Mithuna Rasi: 11.07	Tithi 9 – 10	Gulika Yama 138997577 Rahu	6:23AM – 7:52AM 1:46PM – 3:15PM 9:20AM – 10:49AM	Andra Until 9:50PM Ayushman Until 2:54PM Taitila Until 6:30PM Navami* Until 6:48AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Yellow Phalgun-Masi	Sunrise: 6:23AM Sunset: 6:19PM	Krodhin 5106 Moon 2 - Phase 45 - 23 4th Phase
Creative Work	Siddha Yoga						Sivaloka Day
2		Sunday, March 9, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Gara/Venja Karana Dashami/Ekadashtyan Titau		Muscat, Oman Sun 24	Sutra 328
Mithuna Rasi: 24.23	Tithi 10 – 11	Gulika Yama 148997577 Rahu	3:15PM – 4:44PM 12:17PM – 1:46PM 4:44PM – 6:13PM	Punarvasu Until 10:26PM Saubhagya Until 1:28PM Vanija Until 6:15PM Dashami Until 6:18AM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Phalgun-Masi	Sunrise: 6:22AM Sunset: 6:13PM	Krodhin 5106 Moon 2 - Phase 45 - 24 4th Phase
Creative Work	Siddha Yoga						Devaloka Day
3		Monday, March 10, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Visti* Bava Karana Ekadashi/Dvadashtyan Titau		Muscat, Oman Sun 25	Sutra 329
Kalka Rasi: 7.24	Tithi 11 – 12	Gulika Yama 148995577 Rahu	1:46PM – 3:15PM 10:48AM – 12:17PM 7:50AM – 9:19AM	Pushya Until 11:21PM Sobhana Until 12:27PM Bava Until 6:29PM Ekadashi Until 6:17AM	Ganesha: White Muruga: Clear Nataraja: Orange Moon – Blue Phalgun-Masi	Sunrise: 6:21AM Sunset: 6:13PM	Krodhin 5106 Moon 2 - Phase 45 - 25 4th Phase
Family Home Evening							Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work	Siddha Yoga						
4		Tuesday, March 11, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kauleva Karana Dvadashti/Trayodashtyan Titau		Muscat, Oman Sun 26	Sutra 330
Kalka Rasi: 20.1	Tithi 12 – 13	Gulika Yama 148995577 Rahu	12:17PM – 1:46PM 9:19AM – 10:48AM 3:15PM – 4:45PM	Ashlesha* Until 12:35AM Wed Athiganda* Until 11:46AM Kauleva Until 7:12PM Dvadashti Until 6:46AM	Ganesha: White Muruga: Clear Nataraja: Orange Moon – Blue Phalgun-Masi	Sunrise: 6:20AM Sunset: 6:14PM	Krodhin 5106 Moon 2 - Phase 45 - 26 4th Phase
Creative Work	Siddha Yoga						Bhuloka Day Devaloka Time: 3PM to 6PM
5		Wednesday, March 12, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdeshyan Titau		Muscat, Oman Sun 27	Sutra 331
Simha Rasi: 2.43	Tithi 13 – 14	Gulika Yama 158195577 Rahu	10:47AM – 12:17PM 7:49AM – 9:18AM 12:17PM – 1:46PM	Magha* Until 2:34AM Thu Sukarma Until 11:28AM Gara Until 8:23PM Trayodashi Until 7:43AM	Ganesha: Yellow Muruga: Clear Nataraja: Orange Moon – Red Phalgun-Masi	Sunrise: 6:19AM Sunset: 6:14PM	Krodhin 5106 Moon 2 - Phase 45 - 27 4th Phase
Creative Work	Siddha Yoga	Chidambaram Abhishekam					Devaloka Day
0		Thursday, March 13, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanja/Visti* Karana Chaturdashi/Purnimayan Titau		Muscat, Oman Sun 28	Sutra 332
Simha Rasi: 15.04	Tithi 14 – 15	Gulika Yama 159195577 Rahu	9:17AM – 10:47AM 6:18AM – 7:48AM 1:46PM – 3:16PM	Purvaphalguni Until 4:49AM Fri Dhriti Until 11:31AM Visti Until 9:59PM Chaturdashi* Until 9:07AM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Red Phalgun-Masi	Sunrise: 6:18AM Sunset: 6:15PM	Krodhin 5106 Moon 2 - Phase 45 - 28 Purnima
Creative Work	Siddha Yoga	Holi					Sivaloka Day
1		Friday, March 14, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayan Titau		Muscat, Oman Sun 29	Sutra 333
Simha Rasi: 27.15	Tithi 15 – 16	Gulika Yama 159195577 Rahu	7:47AM – 9:17AM 3:16PM – 4:45PM 10:46AM – 12:16PM	Uttaraphalguni Until 7:14AM Sat Shula* Until 11:52AM Balava Until 11:59PM Purnima* Until 10:55AM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Red Phalgun-Panguni	Sunrise: 6:17AM Sunset: 6:15PM	Krodhin 5106 Moon 2 - Phase 45 - 29 Prathama
Creative Work	Siddha Yoga	Karadasiyan Nombu (Tamil Nadu)					Sivaloka Day
Until 7:14AM Sat							
Then Routine Work - Marana Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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Saturday, March 15, 2025

Gold Retreat Star

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Gande/Vidhih Yoga Kaulava/Tailita Karana Prathama/Dvityayam Tilau

Muscat, Oman

Sutra 334

Kanya Rasi: 9:17

Tithi 16 - 17

Gulika

6:16AM - 7:46AM

Utharaphalguni Until 7:14AM

Ganesha: Blue

Sunrise: 6:16AM

Krodhin 5126

Yama

1:46PM

Rahu

9:16AM - 10:46AM

Ganda* Until 12:29PM

Muruga: Clear

Sunset: 6:19PM

Moon 3 - Phase 46 - 1

Routine Work

Marana Yoga

Nataraja: Clear

Moon - Red

1st Phase

Phalguna-Panguni

Sivaloka Day

1 Sunday, March 16, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Vidhruva/Dhruva Yoga Gara/Vanija Karana Dvityaya/Trityayam Tilau

Muscat, Oman

Sun 1

Sutra 335

Kanya Rasi: 21:13

Tithi 17 - 18

Gulika

3:16PM - 4:46PM

Hasta Until 10:16AM

Ganesha: Yellow

Sunrise: 6:15AM

Krodhin 5126

Yama

12:16PM - 1:46PM

Rahu

4:46PM - 6:16PM

Vidhih Until 1:19PM

Muruga: Clear

Sunset: 6:19PM

Moon 3 - Phase 46 - 1

Creative Work

Amrita Yoga

Nataraja: Clear

Moon - Green

1st Phase

Phalguna-Panguni

Devaloka Day

Until 10:16AM

Then Creative Work - Siddha Yoga

2 Monday, March 17, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Visi* Karana Trityayam Tilau

Muscat, Oman

Sun 2

Sutra 336

Tula Rasi: 3:04

Tithi 18

Gulika

1:46PM - 3:16PM

Chitra Until 1:18PM

Ganesha: Yellow

Sunrise: 6:14AM

Krodhin 5126

Yama

10:45AM - 12:15PM

Rahu

7:45AM - 9:15AM

Dhruva Until 2:14PM

Muruga: Clear

Sunset: 6:19PM

Moon 3 - Phase 46 - 2

Family Home Evening

Prabalarishita Yoga

Nataraja: Clear

Moon - Green

1st Phase

Phalguna-Panguni

Devaloka Day

Until 1:18PM

Then Creative Work - Amrita Yoga

3 Tuesday, March 18, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Harshana Yoga Bava/Balava Karana Panchamyam Tilau

Muscat, Oman

Sun 3

Sutra 337

Tula Rasi: 14:53

Tithi 19

Gulika

12:15PM - 1:45PM

Svati Until 4:11PM

Ganesha: Yellow

Sunrise: 6:13AM

Krodhin 5126

Yama

9:14AM - 10:45AM

Rahu

3:16PM - 4:46PM

Vyaghata* Until 3:12PM

Muruga: Clear

Sunset: 6:17PM

Moon 3 - Phase 46 - 3

Creative Work

Siddha Yoga

Nataraja: Clear

Moon - Green

1st Phase

Phalguna-Panguni

Devaloka Day

Until 4:11PM

Then Routine Work - Marana Yoga

4 Wednesday, March 19, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Budha Vasara Yuktayam
Anuradha Nakshatra Vajra/Vajra* Yoga Kaulava/Tailita Karana Panchamyam Tilau

Muscat, Oman

Sun 4

Sutra 338

Tula Rasi: 26:43

Tithi 20

Gulika

10:44AM - 12:15PM

Vishakha Until 7:19PM

Ganesha: White

Sunrise: 6:12AM

Krodhin 5126

Yama

7:43AM - 9:14AM

Rahu

12:15PM - 1:45PM

Harshana Until 4:06PM

Muruga: Clear

Sunset: 6:17PM

Moon 3 - Phase 46 - 4

Creative Work

Siddha Yoga

Nataraja: Clear

Moon - Orange

1st Phase

Phalguna-Panguni

Sivaloka Day

5 Thursday, March 20, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam
Anuradha Nakshatra Vajra/Siddhi/Vajra* Yoga Gara/Vanija Karana Shashthiyam Tilau

Muscat, Oman

Sun 5

Sutra 339

Vrischika Rasi: 8:38

Tithi 21

Gulika

9:13AM - 10:44AM

Anuradha Until 10:00PM

Ganesha: Yellow

Sunrise: 6:11AM

Krodhin 5126

Yama

6:11AM - 7:42AM

Rahu

1:45PM - 3:16PM

Vajra* Until 4:47PM

Muruga: Clear

Sunset: 6:17PM

Moon 3 - Phase 46 - 5

Creative Work

Siddha Yoga

Nataraja: Clear

Moon - Orange

1st Phase

Phalguna-Panguni

Devaloka Day

Until 10:00PM

Then Routine Work - Prabalarishita Yoga

6 Friday, March 21, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyastipata* Yoga Visi*/Bava Karana Saptamyam Tilau

Muscat, Oman

Sun 6

Sutra 340

Vrischika Rasi: 20:41

Tithi 22

Gulika

7:41AM - 9:12AM

Jyeshtha* Until 12:05AM Sat

Ganesha: Yellow

Sunrise: 6:11AM

Krodhin 5126

Yama

3:16PM - 4:47PM

Rahu

10:43AM - 12:14PM

Siddhi Until 5:09PM

Muruga: Clear

Sunset: 6:19PM

Moon 3 - Phase 46 - 6

Routine Work

Marana Yoga

Nataraja: Clear

Moon - Orange

1st Phase

Phalguna-Panguni

Devaloka Day

Until 12:05AM Sat

Then Creative Work - Siddha Yoga

7 Saturday, March 22, 2025

Retreat Star

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Manta Vasara Yuktayam
Mula* Nakshatra Vyastipata*/Varian Yoga Balaava/Kaulava Karana Navamyam Tilau

Muscat, Oman

Sun 7

Sutra 341

Dhanus Rasi: 2:57

Tithi 23

Gulika

6:10AM - 7:41AM

Mula* Until 1:54AM Sun

Ganesha: White

Sunrise: 6:10AM

Krodhin 5126

Yama

1:45PM - 3:16PM

Rahu

9:12AM - 10:43AM

Vyastipata* Until 5:06PM

Muruga: Clear

Sunset: 6:19PM

Moon 3 - Phase 46 - 7

Creative Work

Siddha Yoga

Nataraja: Clear

Moon - Light Blue

1st Phase

Phalguna-Panguni

Bhuloka Day

Devaloka Time: 3PM to 6PM

Sunday, March 23, 2025

Retreat Star

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Varian/Pargih* Yoga Tailita/Gara Karana Navamyam Tilau

Muscat, Oman

Sun 8

Sutra 342

Dhanus Rasi: 15:29

Tithi 24

Gulika

3:16PM - 4:47PM

Purvashadha* Until 2:50AM Mon

Ganesha: White

Sunrise: 6:09AM

Krodhin 5126

Yama

12:14PM - 1:45PM

Rahu

4:47PM - 6:19PM

Varian Until 4:28PM

Muruga: Clear

Sunset: 6:19PM

Moon 3 - Phase 46 - 8

Creative Work

Siddha Yoga

Nataraja: Clear

Moon - Light Blue

1st Phase

Phalguna-Panguni

Bhuloka Day

Devaloka Time: 3PM to 6PM

Until 2:50AM Mon

Then Routine Work - Marana Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

1 Monday, March 24, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Utit Vasa Yuktayam Uttarashadha Nakshatra Parigraha/Shiva Yoga Vanja/Visti* Karana Dashanyam Titau				Muscat, Oman Sun 9 Sutra 343
Dhanus Rasi: 28.23	Tithi 25	Gulika 1:45PM – 3:16PM	Uttarashadha Until 2:50AM Tue	Ganesha: White	Sunrise: 6:08AM	Krodhin 5126
Family Home Evening		Yama 10:42AM – 12:13PM	Parigraha* Until 3:15PM	Muruga: Clear	Sunset: 6:19PM	Moon 3 - Phase 47 - 9
Routine Work Marana Yoga	181195578	Rahu 7:39AM – 9:10AM	Vanija Until 4:03PM	Nataraja: Clear		2nd Phase
Until 2:50AM Tue			Dashami Until 3:39AM Tue	Moon – Light Blue		
Then Creative Work - Siddha Yoga				Phalgunya-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM
2 Tuesday, March 25, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Muscat, Oman Sun 10 Sutra 344
Makara Rasi: 11.41	Tithi 26	Gulika 12:13PM – 1:45PM	Shravana Until 2:20AM Wed	Ganesha: Clear	Sunrise: 6:07AM	Krodhin 5126
		Yama 9:10AM – 10:41AM	Shiva Until 1:24PM	Muruga: Clear	Sunset: 6:19PM	Moon 3 - Phase 47 - 10
Creative Work Siddha Yoga	191195578	Rahu 3:16PM – 4:48PM	Bava Until 3:06PM	Nataraja: Clear		2nd Phase
Until 2:20AM Wed			Ekadashi* Until 2:18AM Wed	Moon – Purple		
Then Routine Work - Prabalarishta Yoga				Phalgunya-Panguni	Devaloka Day	
3 Wednesday, March 26, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Budha Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhyha Yoga Kaulava/Tailia Karana Dvadashtyam Titau				Muscat, Oman Sun 11 Sutra 345
Makara Rasi: 25.27	Tithi 27	Gulika 10:41AM – 12:13PM	Dhanishtha Until 12:59AM Thu	Ganesha: Clear	Sunrise: 6:06AM	Krodhin 5126
		Yama 7:37AM – 9:09AM	Siddha Until 10:55AM	Muruga: Clear	Sunset: 6:20PM	Moon 3 - Phase 47 - 11
Routine Work Prabalarishta Yoga	191195578	Rahu 12:13PM – 1:44PM	Kaulava Until 1:23PM	Nataraja: Clear		2nd Phase
Until 12:59AM Thu			Dvadashti* Until 12:14AM Thu	Moon – Purple		
Then Creative Work - Siddha Yoga				Phalgunya-Panguni	Devaloka Day	
4 Thursday, March 27, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam Shatabhishak Nakshatra Sadhyha/Subha Yoga Gara/Venja Karana Trayodashyam Titau				Muscat, Oman Sun 12 Sutra 346
Kumbha Rasi: 9.4	Tithi 28	Gulika 9:08AM – 10:40AM	Shatabhishak Until 10:54PM	Ganesha: Clear	Sunrise: 6:05AM	Krodhin 5126
		Yama 6:05AM – 7:37AM	Sadhyha Until 7:53AM	Muruga: Clear	Sunset: 6:20PM	Moon 3 - Phase 47 - 12
Creative Work Siddha Yoga	191195578	Rahu 1:44PM – 3:16PM	Gara Until 10:59AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 9:33PM	Moon – Purple		
				Phalgunya-Panguni	Devaloka Day	
5 Friday, March 28, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam Purvashrothapada* Nakshatra Sukla Yoga Visti/Sakuni* Karana Chaturdashyam Titau				Muscat, Oman Sun 13 Sutra 347
Kumbha Rasi: 24.16	Tithi 29	Gulika 7:36AM – 9:08AM	Purvashrothapada* Until 8:37PM	Ganesha: Purple	Sunrise: 6:04AM	Krodhin 5126
		Yama 3:16PM – 4:48PM	Sukla Until 12:33AM Sat	Muruga: Clear	Sunset: 6:20PM	Moon 3 - Phase 47 - 13
Creative Work Siddha Yoga	111195578	Rahu 10:40AM – 12:12PM	Visti Until 8:03AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 6:24PM	Moon – Clear		
				Phalgunya-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM
● Saturday, March 29, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mani Vasara Yuktayam Uttarashrothapada* Nakshatra Brahma Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Muscat, Oman Sun 14 Sutra 348
Meena Rasi: 9.11	Tithi 30 – 1	Gulika 6:03AM – 7:35AM	Uttarashrothapada Until 5:54PM	Ganesha: Purple	Sunrise: 6:03AM	Krodhin 5126
		Yama 1:44PM – 3:16PM	Brahma Until 8:30PM	Muruga: Clear	Sunset: 6:21PM	Moon 3 - Phase 47 - 14
Creative Work Siddha Yoga	111195578	Rahu 9:07AM – 10:39AM	Kintughna Until 1:09AM Sun	Nataraja: Clear		Amavasya
Until 5:54PM			Amavasya* Until 2:56PM	Moon – Clear		
Then Routine Work - Prabalarishta Yoga				Phalgunya-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM
Sunday, March 30, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bharu Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhiti* Yoga Bava/Balava Karana Prathamam Divitayam Titau				Muscat, Oman Sun 15 Sutra 349
Meena Rasi: 24.17	Tithi 1 – 2	Gulika 3:16PM – 4:49PM	Revati Until 2:55PM	Ganesha: Purple	Sunrise: 6:02AM	Krodhin 5126
		Yama 12:11PM – 1:44PM	Indra Until 4:21PM	Muruga: Clear	Sunset: 6:21PM	Moon 3 - Phase 47 - 15
Creative Work Amrita Yoga	111195578	Rahu 4:49PM – 6:21PM	Balava Until 9:30PM	Nataraja: Clear		Prathama
Until 2:55PM				Moon – Clear		
Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi	Prathama* Until 11:18AM	Chaitra-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1 Monday, March 31, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yukhtayam Ashvini/Bharani Nakshatra Vaidhiti/Vishkambha* Yoga Kaulava/Gara Karana Divitya/Tritayam Titau				Muscat, Oman
		Gulika	1:44PM – 3:16PM	Ashvini Until 12:13PM	Ganesha: Purple	Sunrise: 6:01AM
		Yama	10:39AM – 12:11PM	Vaidhiti* Until 12:14PM	Muruga: Clear	Sun 16 Sutra 350
Family Home Evening		Rahu	7:33AM – 9:06AM	Gara Until 4:13AM Tue	Nataraja: Clear	Krodhin 5126
Creative Work	Siddha Yoga	122198578		Divitya Until 7:41AM	Moon – White	Moon 3 - Phase 48 - 16
					Chaitra-Panguni	3rd Phase
						Bhuloka Day
						Devaloka Time: 3PM to 6PM
2 Tuesday, April 1, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yukhtayam Krittika/Rohini Nakshatra Ayushman Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman
		Gulika	12:11PM – 1:44PM	Bharani Until 9:36AM	Ganesha: Purple	Sunrise: 6:01AM
		Yama	9:05AM – 10:39AM	Vishkambha* Until 8:16AM	Muruga: Clear	Sun 17 Sutra 351
Mesha Rasi: 24.25	Tithi 4	Rahu	3:16PM – 4:49PM	Vanija Until 2:37PM	Nataraja: Clear	Krodhin 5126
Creative Work	Siddha Yoga	122198578		Chaturthi* Until 1:04AM Wed	Moon – White	Moon 3 - Phase 48 - 17
					Chaitra-Panguni	3rd Phase
						Bhuloka Day
						Devaloka Time: 3PM to 6PM
3 Wednesday, April 2, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yukhtayam Krittika/Rohini Nakshatra Ayushman Yoga Bava/Balava Karana Panchamyam Titau				Muscat, Oman
		Gulika	10:38AM – 12:11PM	Krittika Until 7:11AM	Ganesha: Purple	Sunrise: 6:00AM
Wishabha Rasi: 9.11	Tithi 5	Yama	7:32AM – 9:05AM	Ayushman Until 1:19AM Thu	Muruga: Clear	Sun 18 Sutra 352
Creative Work	Amrita Yoga	Rahu	12:11PM – 1:44PM	Bava Until 11:40AM	Nataraja: Clear	Krodhin 5126
Until 7:11AM		122198578		Panchami Until 10:21PM	Moon – White	Moon 3 - Phase 48 - 19
Then Creative Work – Siddha Yoga					Chaitra-Panguni	3rd Phase
						Bhuloka Day
						Devaloka Time: 3PM to 6PM
4 Thursday, April 3, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yukhtayam Migashira Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Shashthiyam Titau				Muscat, Oman
		Gulika	9:05AM – 10:38AM	Migashira Until 4:20AM Fri	Ganesha: Clear	Sunrise: 5:59AM
Wishabha Rasi: 23.36	Tithi 6	Yama	5:59AM – 7:32AM	Saubhagya Until 10:30PM	Muruga: Clear	Sun 19 Sutra 353
Routine Work	Marana Yoga	Rahu	1:43PM – 3:16PM	Kaulava Until 9:13AM	Nataraja: Clear	Krodhin 5126
Until 4:20AM Fri		132198578		Shashthi* Until 8:13PM	Moon – Yellow	Moon 3 - Phase 48 - 19
Then Creative Work – Siddha Yoga					Chaitra-Panguni	3rd Phase
						Devaloka Day
5 Friday, April 4, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yukhtayam Andra Nakshatra Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Muscat, Oman
		Gulika	7:31AM – 9:04AM	Andra Until 3:40AM Sat	Ganesha: Clear	Sunrise: 5:58AM
Mithuna Rasi: 7.37	Tithi 7	Yama	3:16PM – 4:50PM	Sobhana Until 8:14PM	Muruga: Clear	Sun 20 Sutra 354
Creative Work	Siddha Yoga	Rahu	10:37AM – 12:10PM	Gara Until 7:24AM	Nataraja: Clear	Krodhin 5126
		132198578		Saptami Until 6:43PM	Moon – Yellow	Moon 3 - Phase 48 - 20
					Chaitra-Panguni	3rd Phase
						Devaloka Day
6 Saturday, April 5, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manita Vasara Yukhtayam Punarvasu Nakshatra Ahi ganda* Yoga Vasi*/Balava Karana Ashtami/Navamyam Titau				Muscat, Oman
		Gulika	5:57AM – 7:30AM	Punarvasu Until 4:00AM Sun	Ganesha: White	Sunrise: 5:57AM
Mithuna Rasi: 21.13	Tithi 8 – 9	Yama	1:43PM – 3:17PM	Ahi ganda* Until 6:31PM	Muruga: Clear	Sun 21 Sutra 355
Creative Work	Siddha Yoga	Rahu	9:03AM – 10:37AM	Visti Until 6:16AM	Nataraja: Clear	Krodhin 5126
		142198578		Ashtami* Until 5:57PM	Moon – Blue	Moon 3 - Phase 48 - 21
					Chaitra-Panguni	Ashtami
						Bhuloka Day
						Devaloka Time: 3PM to 6PM
7 Sunday, April 6, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bharu Vasara Yukhtayam Pushya Nakshatra Sukama/Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Muscat, Oman
		Gulika	3:17PM – 4:50PM	Pushya Until 4:53AM Mon	Ganesha: Green	Sunrise: 5:56AM
Kataka Rasi: 4.24	Tithi 9 – 10	Yama	12:10PM – 1:43PM	Sukama Until 5:22PM	Muruga: Clear	Sun 22 Sutra 356
Creative Work	Siddha Yoga	Rahu	4:50PM – 6:23PM	Taitila Until 6:08AM Mon	Nataraja: Clear	Krodhin 5126
		142298578		Navami* Until 5:53PM	Moon – Blue	Moon 3 - Phase 48 - 22
					Chaitra-Panguni	Navami
						Bhuloka Day
						Devaloka Time: 3PM to 6PM

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Muscat, Oman on 7/10/23

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1	Monday, April 7, 2025		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti/Shula* Yoga Tailla/Gara Karana Dashamayam Titau				Muscat, Oman
	Kataka Rasi: 17.15	Tithi 10	Gulika 1:43PM - 3:17PM	Ashlesha* Until 6:13AM Tue	Ganesha: Green	Sunrise: 5:55AM	Sun 23 Sutra 357
	Family Home Evening		Yama 10:36AM - 12:09PM	Dhriti Until 4:46PM	Muruga: Clear	Sunset: 6:24PM	Krodhin 5126
	Creative Work Siddha Yoga	142298578	Rahu 7:23AM - 9:02AM	Tailla Until 6:08AM	Nataraja: Clear		Moon 3 - Phase 49 - 23 4th Phase
			Yogswami Mahasamadhi	Dashami Until 6:30PM	Moon - Blue		Bhuloka Day Devaloka Time: 3PM to 6PM
					Chaitra-Panguni		
2	Tuesday, April 8, 2025		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Ashlesha* Magha* Nakshatra Shula* Ganda* Yoga Vanja/Visti* Karana Ekadashyam Titau				Muscat, Oman
	Kataka Rasi: 29.47	Tithi 11	Gulika 12:09PM - 1:43PM	Ashlesha* Until 6:13AM	Ganesha: Green	Sunrise: 5:54AM	Sun 24 Sutra 358
			Yama 9:02AM - 10:35AM	Shula* Until 4:37PM	Muruga: Clear	Sunset: 6:24PM	Krodhin 5126
	Creative Work Siddha Yoga	142298578	Rahu 3:17PM - 4:50PM	Vanja Until 7:03AM	Nataraja: Clear		Moon 3 - Phase 49 - 24 4th Phase
				Ekadashi Until 7:43PM	Moon - Blue		Bhuloka Day Devaloka Time: 3PM to 6PM
					Chaitra-Panguni		
3	Wednesday, April 9, 2025		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Magha* Purvaphalguni Nakshatra Ganda* Vridhhi Yoga Bava/Balava Karana Dvadashyam Titau				Muscat, Oman
	Simha Rasi: 12.05	Tithi 12	Gulika 10:35AM - 12:09PM	Magha* Until 6:25AM	Ganesha: Red	Sunrise: 5:53AM	Sun 25 Sutra 359
			Yama 7:27AM - 9:01AM	Ganda* Until 4:53PM	Muruga: Clear	Sunset: 6:25PM	Krodhin 5126
	Creative Work Siddha Yoga	152298578	Rahu 12:09PM - 1:43PM	Bava Until 6:32AM	Nataraja: Clear		Moon 3 - Phase 49 - 25 4th Phase
	Until 8:25AM			Dvadashi Until 9:26PM	Moon - Red		Devaloka Day
	Then Creative Work - Amrita Yoga				Chaitra-Panguni		
4	Thursday, April 10, 2025		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi Dhruva Yoga Kaulava/Tailla Karana Trayodashyam Titau				Muscat, Oman
	Simha Rasi: 24.12	Tithi 13	Gulika 9:00AM - 10:34AM	Purvaphalguni Until 10:54AM	Ganesha: Red	Sunrise: 5:52AM	Sun 26 Sutra 360
			Yama 5:52AM - 7:26AM	Vridhhi Until 5:28PM	Muruga: Clear	Sunset: 6:25PM	Krodhin 5126
	Creative Work Siddha Yoga	152298578	Rahu 1:43PM - 3:17PM	Kaulava Until 10:28AM	Nataraja: Clear		Moon 3 - Phase 49 - 26 4th Phase
				Trayodashi Until 11:32PM	Moon - Red		Devaloka Day
					Chaitra-Panguni		
				Pradosha Vrata			
5	Friday, April 11, 2025		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva Yoga Gara/Vanja Karana Chaturdashyam Titau				Muscat, Oman
	Kanya Rasi: 6.11	Tithi 14	Gulika 7:25AM - 9:00AM	Uttaraphalguni Until 1:30PM	Ganesha: Red	Sunrise: 5:51AM	Sun 27 Sutra 361
			Yama 3:17PM - 4:51PM	Dhruva Until 6:14PM	Muruga: Clear	Sunset: 6:25PM	Krodhin 5126
	Creative Work Siddha Yoga	152298578	Rahu 10:34AM - 12:08PM	Gara Until 12:43PM	Nataraja: Clear		Moon 3 - Phase 49 - 27 4th Phase
	Until 1:30PM			Chaturdashi* Until 1:54AM Sat	Moon - Red		Devaloka Day
	Then Creative Work - Amrita Yoga				Chaitra-Panguni		
	Saturday, April 12, 2025		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Muscat, Oman
	Copper Retreat Star		Gulika 5:50AM - 7:25AM	Hasta Until 4:39PM	Ganesha: Blue	Sunrise: 5:50AM	Sun 28 Sutra 362
	Kanya Rasi: 18.04	Tithi 15	Yama 1:42PM - 3:17PM	Vyaghata* Until 7:10PM	Muruga: Clear	Sunset: 6:26PM	Krodhin 5126
			162298578	Visti Until 3:11PM	Nataraja: Clear		Moon 3 - Phase 49 - Purnima
	Routine Work Marana Yoga			Purnima* Until 4:25AM Sun	Moon - Green		Bhuloka Day Devaloka Time: 3PM to 6PM
			Panguni Uttarim Hanuman Jayanti		Chaitra-Panguni		
	Sunday, April 13, 2025		Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Muscat, Oman
	Silver Retreat Star		Gulika 3:17PM - 4:52PM	Chitra Until 7:42PM	Ganesha: Blue	Sunrise: 5:49AM	Sun 29 Sutra 363
	Kanya Rasi: 29.54	Tithi 16	Yama 12:08PM - 1:42PM	Harshana Until 8:10PM	Muruga: Clear	Sunset: 6:26PM	Krodhin 5126
			163298578	Balava Until 5:43PM	Nataraja: Clear		Moon 3 - Phase 49 - Prathama
	Creative Work Siddha Yoga		Rahu 4:52PM - 6:26PM	Prathama* Until 6:59AM Mon	Moon - Green		Bhuloka Day Devaloka Time: 3PM to 6PM
					Chaitra-Panguni		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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