



**Thursday, April 25, 2024**  
**Gold Retreat Star**

|                  |  |          |  |           |  |                  |  |                  |  |                              |  |
|------------------|--|----------|--|-----------|--|------------------|--|------------------|--|------------------------------|--|
| Tula Rasi: 28.09 |  | Tithi 17 |  | 272657579 |  | Rahu             |  | Creative Work    |  | Siddha Yoga                  |  |
|                  |  |          |  | Gulika    |  | 8:21AM – 10:06AM |  | Vishakha         |  | Until 3:55PM                 |  |
|                  |  |          |  | Yama      |  | 4:50AM – 6:35AM  |  | Ganesha: Clear   |  | Sunrise: 4:50AM              |  |
|                  |  |          |  |           |  | 1:37PM – 3:22PM  |  | Muruga: Purple   |  | Sunset: 6:53PM               |  |
|                  |  |          |  |           |  |                  |  | Nataraja: Purple |  | Moon 4 - Phase 2 - 1st Phase |  |
|                  |  |          |  |           |  |                  |  | Moon – Orange    |  | Chaitra-Chaitra              |  |
|                  |  |          |  |           |  |                  |  |                  |  | Subha Sivaloka Day           |  |

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| <b>1 Friday, April 26, 2024</b> |  | Krodhin Nama Samvatsara Uтарыяне Наріана Рітау Меша Маса Кірына Пакаше Сука Васара Уктыяям |  | Montreal, Canada             |  |
|                                 |  | Vishakha/Anuradha Nakshatra Vyajipala* Yoga Talila/Gara Karana Divityayam Titau            |  | Sun 1                        |  |
|                                 |  | Gulika                                                                                     |  | 6:34AM – 8:20AM              |  |
|                                 |  | Yama                                                                                       |  | 3:23PM – 5:09PM              |  |
|                                 |  | 273657579                                                                                  |  | Rahu                         |  |
|                                 |  | 10:06AM – 11:51AM                                                                          |  | Anuradha                     |  |
|                                 |  |                                                                                            |  | Until 5:10PM                 |  |
|                                 |  |                                                                                            |  | Ganesha: White               |  |
|                                 |  |                                                                                            |  | Sunrise: 4:49AM              |  |
|                                 |  |                                                                                            |  | Muruga: Purple               |  |
|                                 |  |                                                                                            |  | Sunset: 6:53PM               |  |
|                                 |  |                                                                                            |  | Nataraja: Purple             |  |
|                                 |  |                                                                                            |  | Moon 4 - Phase 2 - 1st Phase |  |
|                                 |  |                                                                                            |  | Moon – Orange                |  |
|                                 |  |                                                                                            |  | Chaitra-Chaitra              |  |
|                                 |  |                                                                                            |  | Sivaloka Day                 |  |

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| <b>2 Saturday, April 27, 2024</b> |  | Krodhin Nama Samvatsara Uтарыяне Наріана Рітау Меша Маса Кірына Пакаше Мерта Васара Уктыяям |  | Montreal, Canada               |  |
|                                   |  | Jyeshtha/Mula* Nakshatra Varigaha* Shiva Yoga Bava/Balava Karana Chaturthiyam Titau         |  | Sun 2                          |  |
|                                   |  | Gulika                                                                                      |  | 4:47AM – 6:33AM                |  |
|                                   |  | Yama                                                                                        |  | 1:37PM – 3:23PM                |  |
|                                   |  | 273657579                                                                                   |  | Rahu                           |  |
|                                   |  | 8:19AM – 10:05AM                                                                            |  | Jyeshtha*                      |  |
|                                   |  |                                                                                             |  | Until 4:53PM                   |  |
|                                   |  |                                                                                             |  | Ganesha: White                 |  |
|                                   |  |                                                                                             |  | Sunrise: 4:47AM                |  |
|                                   |  |                                                                                             |  | Muruga: Purple                 |  |
|                                   |  |                                                                                             |  | Sunset: 6:54PM                 |  |
|                                   |  |                                                                                             |  | Nataraja: Purple               |  |
|                                   |  |                                                                                             |  | Moon 4 - Phase 2 - 2 1st Phase |  |
|                                   |  |                                                                                             |  | Moon – Orange                  |  |
|                                   |  |                                                                                             |  | Chaitra-Chaitra                |  |
|                                   |  |                                                                                             |  | Sivaloka Day                   |  |

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| <b>3 Sunday, April 28, 2024</b> |  | Krodhin Nama Samvatsara Uтарыяне Наріана Рітау Меша Маса Кірына Пакаше Bhanu Vasara Uktayam |  | Montreal, Canada               |  |
|                                 |  | Mula* Nakshatra Shiva/Siddha Yoga Kaulava/Taila Karana Panchamyam Titau                     |  | Sun 3                          |  |
|                                 |  | Gulika                                                                                      |  | 3:24PM – 5:10PM                |  |
|                                 |  | Yama                                                                                        |  | 11:51AM – 1:38PM               |  |
|                                 |  | 283657579                                                                                   |  | Rahu                           |  |
|                                 |  | 5:10PM – 6:57PM                                                                             |  | Mula*                          |  |
|                                 |  |                                                                                             |  | Until 6:20PM                   |  |
|                                 |  |                                                                                             |  | Ganesha: Yellow                |  |
|                                 |  |                                                                                             |  | Sunrise: 4:45AM                |  |
|                                 |  |                                                                                             |  | Muruga: Purple                 |  |
|                                 |  |                                                                                             |  | Sunset: 6:57PM                 |  |
|                                 |  |                                                                                             |  | Nataraja: Purple               |  |
|                                 |  |                                                                                             |  | Moon 4 - Phase 2 - 3 1st Phase |  |
|                                 |  |                                                                                             |  | Moon – Light Blue              |  |
|                                 |  |                                                                                             |  | Chaitra-Chaitra                |  |
|                                 |  |                                                                                             |  | Subha Sivaloka Day             |  |

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| <b>4 Monday, April 29, 2024</b> |  | Krodhin Nama Samvatsara Uтарыяне Наріана Рітау Меша Маса Кірына Пакаше Indu Vasara Uktayam |  | Montreal, Canada               |  |
|                                 |  | Purvashadha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthiyam Titau             |  | Sun 4                          |  |
|                                 |  | Gulika                                                                                     |  | 1:38PM – 3:25PM                |  |
|                                 |  | Yama                                                                                       |  | 10:04AM – 11:51AM              |  |
|                                 |  | 283657579                                                                                  |  | Rahu                           |  |
|                                 |  | 6:31AM – 8:17AM                                                                            |  | Purvashadha*                   |  |
|                                 |  |                                                                                            |  | Until 1:56PM                   |  |
|                                 |  |                                                                                            |  | Ganesha: Yellow                |  |
|                                 |  |                                                                                            |  | Sunrise: 4:44AM                |  |
|                                 |  |                                                                                            |  | Muruga: Purple                 |  |
|                                 |  |                                                                                            |  | Sunset: 6:58PM                 |  |
|                                 |  |                                                                                            |  | Nataraja: Purple               |  |
|                                 |  |                                                                                            |  | Moon 4 - Phase 2 - 4 1st Phase |  |
|                                 |  |                                                                                            |  | Moon – Light Blue              |  |
|                                 |  |                                                                                            |  | Chaitra-Chaitra                |  |
|                                 |  |                                                                                            |  | Subha Sivaloka Day             |  |

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| <b>5 Tuesday, April 30, 2024</b> |  | Krodhin Nama Samvatsara Uтарыяне Наріана Рітау Меша Маса Кірына Пакаше Mangala Vasara Uktayam |  | Montreal, Canada               |  |
|                                  |  | Uttarashadha/Shravana Nakshatra Sadhya/Sukla Yoga Visti*/Bava Karana Sapthamyam Titau         |  | Sun 5                          |  |
|                                  |  | Gulika                                                                                        |  | 11:51AM – 1:38PM               |  |
|                                  |  | Yama                                                                                          |  | 8:17AM – 10:04AM               |  |
|                                  |  | 283657579                                                                                     |  | Rahu                           |  |
|                                  |  | 3:25PM – 5:12PM                                                                               |  | Uttarashadha                   |  |
|                                  |  |                                                                                               |  | Until 11:56AM                  |  |
|                                  |  |                                                                                               |  | Ganesha: Yellow                |  |
|                                  |  |                                                                                               |  | Sunrise: 4:42AM                |  |
|                                  |  |                                                                                               |  | Muruga: Purple                 |  |
|                                  |  |                                                                                               |  | Sunset: 6:59PM                 |  |
|                                  |  |                                                                                               |  | Nataraja: Purple               |  |
|                                  |  |                                                                                               |  | Moon 4 - Phase 2 - 5 1st Phase |  |
|                                  |  |                                                                                               |  | Moon – Light Blue              |  |
|                                  |  |                                                                                               |  | Chaitra-Chaitra                |  |
|                                  |  |                                                                                               |  | Subha Sivaloka Day             |  |

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| <b>Wednesday, May 1, 2024</b> |  | Krodhin Nama Samvatsara Uтарыяне Наріана Рітау Меша Маса Кірына Пакаше Budha Vasara Uktayam |  | Montreal, Canada             |  |
|                               |  | Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Balava/Taila Karana Ashtami/Navamyam Titau   |  | Sun 6                        |  |
|                               |  | Gulika                                                                                      |  | 10:03AM – 11:51AM            |  |
|                               |  | Yama                                                                                        |  | 6:28AM – 8:16AM              |  |
|                               |  | 293657579                                                                                   |  | Rahu                         |  |
|                               |  | 11:51AM – 1:38PM                                                                            |  | Shravana                     |  |
|                               |  |                                                                                             |  | Until 9:35AM                 |  |
|                               |  |                                                                                             |  | Ganesha: Blue                |  |
|                               |  |                                                                                             |  | Sunrise: 4:41AM              |  |
|                               |  |                                                                                             |  | Muruga: Purple               |  |
|                               |  |                                                                                             |  | Sunset: 7:01PM               |  |
|                               |  |                                                                                             |  | Nataraja: Purple             |  |
|                               |  |                                                                                             |  | Moon 4 - Phase 2 - 6 Ashtami |  |
|                               |  |                                                                                             |  | Moon – Purple                |  |
|                               |  |                                                                                             |  | Chaitra-Chaitra              |  |
|                               |  |                                                                                             |  | Sivaloka Day                 |  |

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| <b>Thursday, May 2, 2024</b> |  | Krodhin Nama Samvatsara Uтарыяне Наріана Рітау Меша Маса Кірына Пакаше Guru Vasara Uktayam    |  | Montreal, Canada            |  |
|                              |  | Dhanishtha/Shatabhishak Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau |  | Sun 7                       |  |
|                              |  | Gulika                                                                                        |  | 8:15AM – 10:03AM            |  |
|                              |  | Yama                                                                                          |  | 4:39AM – 6:27AM             |  |
|                              |  | 293657579                                                                                     |  | Rahu                        |  |
|                              |  | 1:38PM – 3:26PM                                                                               |  | Dhanishtha                  |  |
|                              |  |                                                                                               |  | Until 6:52AM                |  |
|                              |  |                                                                                               |  | Ganesha: Blue               |  |
|                              |  |                                                                                               |  | Sunrise: 4:39AM             |  |
|                              |  |                                                                                               |  | Muruga: Purple              |  |
|                              |  |                                                                                               |  | Sunset: 7:02PM              |  |
|                              |  |                                                                                               |  | Nataraja: Purple            |  |
|                              |  |                                                                                               |  | Moon 4 - Phase 2 - 7 Navami |  |
|                              |  |                                                                                               |  | Moon – Purple               |  |
|                              |  |                                                                                               |  | Chaitra-Chaitra             |  |
|                              |  |                                                                                               |  | Sivaloka Day                |  |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for Montreal, Canada on 7/10/23

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| <b>1 Friday, May 3, 2024</b>                                                      |               | Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Мешпа Маса Крішна Пакше Сукара Васара Yuktayam<br>Shatabhishak/Purvaroshthapada* Nakshatra Indra Yoga Vist/Bava Karana Dashami/Ekadashtyam Titau         |                                                                                                                |                                                                                          |                                   | Montreal, Canada<br>Sun 8 Sutra 18<br>Krodhin 5106  |              |
| Kumbha Rasi: 15.23                                                                | Tithi 25 – 26 | Gulika 6:26AM – 8:14AM<br>Yama 3:27PM – 5:15PM<br>Rahu 10:02AM – 11:50AM                                                                                                                                | Shatabhishak Until 1:31PM<br>Indra Until 12:36AM Sat<br>Bava Until 11:39PM<br>Dashami Until 1:00PM             | Ganesha: Blue<br>Muruga: Purple<br>Nataraja: Purple<br>Moon – Purple<br>Chaitra-Chaitra  | Sunrise: 4:38AM<br>Sunset: 7:03PM | Moon 4 - Phase 3 - 8<br>2nd Phase                   | Sivaloka Day |
| Creative Work Siddha Yoga                                                         |               | 293657579                                                                                                                                                                                               |                                                                                                                |                                                                                          |                                   |                                                     |              |
| <b>2 Saturday, May 4, 2024</b>                                                    |               | Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Мешпа Маса Крішна Пакше Марта Васара Yuktayam<br>Purvaroshthapada*Revati Nakshatra Vaishrithi* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau      |                                                                                                                |                                                                                          |                                   | Montreal, Canada<br>Sun 9 Sutra 19<br>Krodhin 5106  |              |
| Kumbha Rasi: 29.53                                                                | Tithi 26 – 27 | Gulika 4:36AM – 6:25AM<br>Yama 1:39PM – 3:27PM<br>Rahu 8:13AM – 10:02AM                                                                                                                                 | Purvaroshthapada* Until 11:39AM<br>Vaishrithi* Until 9:07PM<br>Kaulava Until 8:45PM<br>Ekadashi* Until 10:13AM | Ganesha: White<br>Muruga: Purple<br>Nataraja: Purple<br>Moon – Clear<br>Chaitra-Chaitra  | Sunrise: 4:36AM<br>Sunset: 7:04PM | Moon 4 - Phase 3 - 9<br>2nd Phase                   | Sivaloka Day |
| Routine Work Marana Yoga<br>Until 11:39AM<br>Then Creative Work - Siddha Yoga     |               | 213657579                                                                                                                                                                                               |                                                                                                                |                                                                                          |                                   |                                                     |              |
| <b>3 Sunday, May 5, 2024</b>                                                      |               | Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Мешпа Маса Крішна Пакше Bhau Vasara Yuktayam<br>Uttarashthapada*Revati Nakshatra Vishkambha*/Priti Yoga Talila/Vanija Karana Dvadashi/Trayodashyam Titau |                                                                                                                |                                                                                          |                                   | Montreal, Canada<br>Sun 10 Sutra 20<br>Krodhin 5106 |              |
| Meena Rasi: 14.32                                                                 | Tithi 27 – 28 | Gulika 3:28PM – 5:17PM<br>Yama 11:50AM – 1:39PM<br>Rahu 5:17PM – 7:06PM                                                                                                                                 | Uttarashthapada Until 9:27AM<br>Vishkambha* Until 5:32PM<br>Vanija Until 4:10AM Mon<br>Dvadashi* Until 7:14AM  | Ganesha: White<br>Muruga: Purple<br>Nataraja: Purple<br>Moon – Clear<br>Chaitra-Chaitra  | Sunrise: 4:35AM<br>Sunset: 7:06PM | Moon 4 - Phase 3 - 10<br>2nd Phase                  | Sivaloka Day |
| Creative Work Amrita Yoga                                                         |               | 213657579                                                                                                                                                                                               |                                                                                                                |                                                                                          |                                   |                                                     |              |
| <b>4 Monday, May 6, 2024</b>                                                      |               | Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Мешпа Маса Крішна Пакше Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Priti/Ayushman Yoga Vist/Sakuni* Karana Chaturdashyam Titau                     |                                                                                                                |                                                                                          |                                   | Montreal, Canada<br>Sun 11 Sutra 21<br>Krodhin 5106 |              |
| Meena Rasi: 29.15                                                                 | Tithi 29      | Gulika 1:39PM – 3:29PM<br>Yama 10:01AM – 11:50AM<br>Rahu 6:23AM – 8:12AM                                                                                                                                | Revati Until 7:03AM<br>Priti Until 1:57PM<br>Visti Until 2:40PM<br>Chaturdashi* Until 1:10AM Tue               | Ganesha: White<br>Muruga: Purple<br>Nataraja: Purple<br>Moon – Clear<br>Chaitra-Chaitra  | Sunrise: 4:34AM<br>Sunset: 7:07PM | Moon 4 - Phase 3 - 11<br>2nd Phase                  | Sivaloka Day |
| Family Home Evening<br>Creative Work Siddha Yoga                                  |               | 213657579                                                                                                                                                                                               |                                                                                                                |                                                                                          |                                   |                                                     |              |
| <b>Tuesday, May 7, 2024</b>                                                       |               | Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Мешпа Маса Крішна Пакше Mangala Vasara Yuktayam<br>Bharani Nakshatra Ayushman/Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau                   |                                                                                                                |                                                                                          |                                   | Montreal, Canada<br>Sun 12 Sutra 22<br>Krodhin 5106 |              |
| Mesha Rasi: 13.56                                                                 | Tithi 30      | Gulika 11:50AM – 1:40PM<br>Yama 8:11AM – 10:01AM<br>Rahu 3:29PM – 5:19PM                                                                                                                                | Bharani Until 3:01AM Wed<br>Ayushman Until 10:25AM<br>Catuspada Until 11:44AM<br>Amavasya* Until 10:20PM       | Ganesha: Green<br>Muruga: Purple<br>Nataraja: Purple<br>Moon – White<br>Chaitra-Chaitra  | Sunrise: 4:32AM<br>Sunset: 7:09PM | Moon 4 - Phase 3 - 12<br>Amavasya                   | Sivaloka Day |
| Creative Work Siddha Yoga<br>Until 3:01AM Wed<br>Then Creative Work - Amrita Yoga |               | 223657579                                                                                                                                                                                               |                                                                                                                |                                                                                          |                                   |                                                     |              |
| <b>Wednesday, May 8, 2024</b>                                                     |               | Krodhin Nama Samvatsare Uтарыяне Нартапа Рітау Мешпа Маса Сукара Paksha Budha Vasara Yuktayam<br>Kritika Nakshatra Saubhagya/Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau                      |                                                                                                                |                                                                                          |                                   | Montreal, Canada<br>Sun 13 Sutra 23<br>Krodhin 5106 |              |
| Mesha Rasi: 28.27                                                                 | Tithi 1       | Gulika 10:00AM – 11:50AM<br>Yama 6:21AM – 8:11AM<br>Rahu 11:50AM – 1:40PM                                                                                                                               | Kritika Until 1:15AM Thu<br>Saubhagya Until 7:07AM<br>Kintughna Until 9:03AM<br>Prathama* Until 7:50PM         | Ganesha: Green<br>Muruga: Purple<br>Nataraja: Purple<br>Moon – White<br>Vaishaka-Chaitra | Sunrise: 4:31AM<br>Sunset: 7:09PM | Moon 4 - Phase 3 - 13<br>Prathama                   | Sivaloka Day |
| Creative Work Amrita Yoga<br>Until 1:15AM Thu<br>Then Routine Work - Marana Yoga  |               | 223657579                                                                                                                                                                                               |                                                                                                                |                                                                                          |                                   |                                                     |              |

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time. Calculated for Montreal, Canada on 7/10/23

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| <b>1 Thursday, May 9, 2024</b>                                                    |             | Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Сукла Пакша Гору Вєсара Yuktayam<br>Rohini Nakshatra Añhigande* Yoga Balava/Tailia Karana Dvitiya/Tritiyayam Titau     |                                                                                                         |                                                                                          |                                   | Montreal, Canada<br>Sun 14 Sutra 24<br>Krodhin 5126 |                          |
| Wishabha Rasi: 12.42                                                              | Tithi 2 - 3 | Gulika 8:10AM - 10:00AM<br>Yama 4:30AM - 6:20AM<br>Rahu 1:40PM - 3:30PM                                                                                                         | Rohini Until 12:15AM Fri<br>Añhiganda* Until 1:34AM Fri<br>Balava Until 6:46AM<br>Dvitiya Until 5:48PM  | Ganesha: White<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Yellow<br>Vaishka-Chaitra | Sunrise: 4:30AM<br>Sunset: 7:10PM | Moon 4 - Phase 4 - 14<br>3rd Phase                  | Sivaloka Day             |
| Routine Work Marana Yoga<br>Until 12:15AM Fri<br>Then Creative Work - Siddha Yoga |             |                                                                                                                                                                                 |                                                                                                         |                                                                                          |                                   |                                                     |                          |
| <b>2 Friday, May 10, 2024</b>                                                     |             | Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Сукла Пакша Шула Vєsara Yuktayam<br>Mrigashira Nakshatra Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau    |                                                                                                         |                                                                                          |                                   | Montreal, Canada<br>Sun 15 Sutra 25<br>Krodhin 5126 |                          |
| Wishabha Rasi: 26.37                                                              | Tithi 3 - 4 | Gulika 6:19AM - 8:09AM<br>Yama 3:31PM - 5:21PM<br>Rahu 10:00AM - 11:50AM                                                                                                        | Mrigashira Until 11:45PM<br>Sukarma Until 11:32PM<br>Vanija Until 3:54AM Sat<br>Tritiya Until 4:21PM    | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Yellow<br>Vaishka-Chaitra | Sunrise: 4:28AM<br>Sunset: 7:12PM | Moon 4 - Phase 4 - 15<br>3rd Phase                  | Subha Sivaloka Day       |
| Creative Work Siddha Yoga                                                         |             | Akashaya Tritiya                                                                                                                                                                |                                                                                                         |                                                                                          |                                   |                                                     |                          |
| <b>3 Saturday, May 11, 2024</b>                                                   |             | Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Сукла Пакша Manta Vєsara Yuktayam<br>Andra Nakshatra Dhruti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau         |                                                                                                         |                                                                                          |                                   | Montreal, Canada<br>Sun 16 Sutra 26<br>Krodhin 5126 |                          |
| Mithuna Rasi: 10.08                                                               | Tithi 4 - 5 | Gulika 4:27AM - 6:18AM<br>Yama 1:41PM - 3:31PM<br>Rahu 8:09AM - 9:59AM                                                                                                          | Andra Until 11:48PM<br>Dhruti Until 10:04PM<br>Bava Until 3:32AM Sun<br>Chaturthi* Until 3:36PM         | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Yellow<br>Vaishka-Chaitra | Sunrise: 4:27AM<br>Sunset: 7:13PM | Moon 4 - Phase 4 - 16<br>3rd Phase                  | Subha Sivaloka Day       |
| Creative Work Siddha Yoga                                                         |             |                                                                                                                                                                                 |                                                                                                         |                                                                                          |                                   |                                                     |                          |
| <b>4 Sunday, May 12, 2024</b>                                                     |             | Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Сукла Пакша Bhanu Vєsara Yuktayam<br>Punarvasu Nakshatra Shula* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau  |                                                                                                         |                                                                                          |                                   | Montreal, Canada<br>Sun 17 Sutra 27<br>Krodhin 5126 |                          |
| Mithuna Rasi: 23.15                                                               | Tithi 5 - 6 | Gulika 3:32PM - 5:23PM<br>Yama 11:50AM - 1:41PM<br>Rahu 5:23PM - 7:14PM                                                                                                         | Punarvasu Until 12:55AM Mon<br>Shula* Until 9:12PM<br>Kaulava Until 3:56AM Mon<br>Panchami Until 3:37PM | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Blue<br>Vaishka-Chaitra  | Sunrise: 4:26AM<br>Sunset: 7:14PM | Moon 4 - Phase 4 - 17<br>3rd Phase                  | Subha Subha Sivaloka Day |
| Creative Work Siddha Yoga                                                         |             | Mother's Day                                                                                                                                                                    |                                                                                                         |                                                                                          |                                   |                                                     |                          |
| <b>5 Monday, May 13, 2024</b>                                                     |             | Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маса Сукла Пакша Indu Vєsara Yuktayam<br>Pushya Nakshatra Ganda* Yoga Tailia/Gara Karana Shashthi/Saptamyam Titau           |                                                                                                         |                                                                                          |                                   | Montreal, Canada<br>Sun 18 Sutra 28<br>Krodhin 5126 |                          |
| Kataka Rasi: 5.59                                                                 | Tithi 6 - 7 | Gulika 1:41PM - 3:33PM<br>Yama 9:59AM - 11:50AM<br>Rahu 6:16AM - 8:07AM                                                                                                         | Pushya Until 2:36AM Tue<br>Ganda* Until 8:56PM<br>Gara Until 5:04AM Tue<br>Shashthi* Until 4:23PM       | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Blue<br>Vaishka-Chaitra  | Sunrise: 4:25AM<br>Sunset: 7:15PM | Moon 4 - Phase 4 - 18<br>3rd Phase                  | Subha Subha Sivaloka Day |
| Family Home Evening<br>Creative Work Siddha Yoga                                  |             |                                                                                                                                                                                 |                                                                                                         |                                                                                          |                                   |                                                     |                          |
| <b>6 Tuesday, May 14, 2024</b>                                                    |             | Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Sукла Пакша Mangala Vєsara Yuktayam<br>Aśhlesha* Nakshatra Viddhi Yoga Vanija/Visti* Karana Saptami/Ashamyam Titau |                                                                                                         |                                                                                          |                                   | Montreal, Canada<br>Sun 19 Sutra 29<br>Krodhin 5126 |                          |
| Kataka Rasi: 18.23                                                                | Tithi 7 - 8 | Gulika 11:50AM - 1:42PM<br>Yama 8:07AM - 9:58AM<br>Rahu 3:33PM - 5:25PM                                                                                                         | Aśhlesha* Until 4:45AM Wed<br>Viddhi Until 9:12PM<br>Visti Until 6:50AM Wed<br>Saptami Until 5:52PM     | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Blue<br>Vaishka-Vaikasi  | Sunrise: 4:24AM<br>Sunset: 7:16PM | Moon 4 - Phase 4 - 19<br>3rd Phase                  | Subha Subha Sivaloka Day |
| Creative Work Siddha Yoga                                                         |             |                                                                                                                                                                                 |                                                                                                         |                                                                                          |                                   |                                                     |                          |
| <b>Wednesday, May 15, 2024</b>                                                    |             | Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Sукла Пакша Budha Vєsara Yuktayam<br>Magha* Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau               |                                                                                                         |                                                                                          |                                   | Montreal, Canada<br>Sun 20 Sutra 30<br>Krodhin 5126 |                          |
| Simha Rasi: 0.32                                                                  | Tithi 8     | Gulika 9:58AM - 11:50AM<br>Yama 6:14AM - 8:05AM<br>Rahu 11:50AM - 1:42PM                                                                                                        | Magha* Until 7:42AM Thu<br>Dhruva Until 9:51PM<br>Visti Until 6:50AM<br>Ashtami* Until 7:54PM           | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Red<br>Vaishka-Vaikasi    | Sunrise: 4:22AM<br>Sunset: 7:18PM | Moon 4 - Phase 4 - 20<br>Ashtami                    | Subha Sivaloka Day       |
| Creative Work Siddha Yoga                                                         |             |                                                                                                                                                                                 |                                                                                                         |                                                                                          |                                   |                                                     |                          |
| <b>Thursday, May 16, 2024</b>                                                     |             | Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Sукла Пакша Guru Vєsara Yuktayam<br>Magha* Nakshatra Dhruva Yoga Vyagha* Yoga Balava/Kaulava Karana Navamyam Titau |                                                                                                         |                                                                                          |                                   | Montreal, Canada<br>Sun 21 Sutra 31<br>Krodhin 5126 |                          |
| Simha Rasi: 12.29                                                                 | Tithi 9     | Gulika 8:06AM - 9:58AM<br>Yama 4:21AM - 6:14AM<br>Rahu 1:42PM - 3:34PM                                                                                                          | Magha* Until 7:42AM<br>Vyagha* Until 10:48PM<br>Balava Until 9:05AM<br>Navami* Until 10:18PM            | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Red<br>Vaishka-Vaikasi    | Sunrise: 4:21AM<br>Sunset: 7:19PM | Moon 4 - Phase 4 - 21<br>Navami                     | Subha Sivaloka Day       |
| Creative Work Amrita Yoga<br>Until 7:42AM<br>Then Creative Work - Siddha Yoga     |             |                                                                                                                                                                                 |                                                                                                         |                                                                                          |                                   |                                                     |                          |

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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|----------------------------------------|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------|----------------------------------------------------|
| <b>1 Friday, May 17, 2024</b>          |                    | Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Harahana Yoga Taillila/Gara Karana Dashamyam Titau |                                                         |                                                                                                              |                                                                                            | Montreal, Canada<br>Sun 22        | Sutra 32                                           |
| Simha Rasi: 24.19                      | Tithi 10           | Gulika<br>Yama<br>Rahu                                                                                                                                                                       | 6:13AM - 8:05AM<br>3:35PM - 5:27PM<br>9:58AM - 11:50AM  | Purvaphalguni Until 10:46AM<br>Harshana Until 11:52PM<br>Taillila Until 11:36AM<br>Dashami Until 12:51AM Sat | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Red<br>Vaishaka-Vaikasi    | Sunrise: 4:20AM<br>Sunset: 7:20PM | Krodhin 5:16<br>Moon 4 - Phase 5 - 22<br>4th Phase |
| Creative Work                          | Siddha Yoga        | 254757579                                                                                                                                                                                    |                                                         |                                                                                                              |                                                                                            |                                   | Sivaloka Day                                       |
| <b>2 Saturday, May 18, 2024</b>        |                    | Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Manita Vessara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Vanja/Visti* Karana Ekadashyam Titau         |                                                         |                                                                                                              |                                                                                            | Montreal, Canada<br>Sun 23        | Sutra 33                                           |
| Kanya Rasi: 6.07                       | Tithi 11           | Gulika<br>Yama<br>Rahu                                                                                                                                                                       | 4:19AM - 6:12AM<br>1:43PM - 3:35PM<br>8:05AM - 9:57AM   | Uttaraphalguni Until 1:41PM<br>Vajra* Until 12:51AM Sun<br>Vanija Until 2:08PM<br>Ekadashi Until 3:20AM Sun  | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Red<br>Vaishaka-Vaikasi    | Sunrise: 4:19AM<br>Sunset: 7:20PM | Krodhin 5:16<br>Moon 4 - Phase 5 - 23<br>4th Phase |
| Routine Work                           | Marana Yoga        | 254757579                                                                                                                                                                                    |                                                         |                                                                                                              |                                                                                            |                                   | Sivaloka Day                                       |
| <b>3 Sunday, May 19, 2024</b>          |                    | Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Bharu Vessara Yuktayam<br>Hasta/Chitra Nakshatra Siddhi Yoga Bava/Balava Karana Dvadashtyam Titau                  |                                                         |                                                                                                              |                                                                                            | Montreal, Canada<br>Sun 24        | Sutra 34                                           |
| Kanya Rasi: 17.59                      | Tithi 12           | Gulika<br>Yama<br>Rahu                                                                                                                                                                       | 3:36PM - 5:29PM<br>11:50AM - 1:43PM<br>5:29PM - 7:22PM  | Hasta Until 4:45PM<br>Siddhi Until 1:38AM Mon<br>Bava Until 4:29PM<br>Dvadashti Until 5:30AM Mon             | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Green<br>Vaishaka-Vaikasi   | Sunrise: 4:18AM<br>Sunset: 7:22PM | Krodhin 5:16<br>Moon 4 - Phase 5 - 24<br>4th Phase |
| Creative Work                          | Amrita Yoga        | 264757579                                                                                                                                                                                    |                                                         |                                                                                                              |                                                                                            |                                   | Subha Sivaloka Day                                 |
| Until 4:45PM                           |                    |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| Then Creative Work - Siddha Yoga       |                    |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| <b>4 Monday, May 20, 2024</b>          |                    | Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Indu Vasara Yuktayam<br>Chitra Nakshatra Vyatipata* Yoga Kaulava Karana Trayodashyam Titau                         |                                                         |                                                                                                              |                                                                                            | Montreal, Canada<br>Sun 25        | Sutra 35                                           |
| Kanya Rasi: 29.57                      | Tithi 13           | Gulika<br>Yama<br>Rahu                                                                                                                                                                       | 1:43PM - 3:37PM<br>9:57AM - 11:50AM<br>6:10AM - 8:04AM  | Chitra Until 7:17PM<br>Vyatipata* Until 2:07AM Tue<br>Kaulava Until 6:26PM<br>Trayodashi Until 7:13AM Tue    | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Green<br>Vaishaka-Vaikasi   | Sunrise: 4:17AM<br>Sunset: 7:23PM | Krodhin 5:16<br>Moon 4 - Phase 5 - 25<br>4th Phase |
| Family Home Evening                    |                    | 264757579                                                                                                                                                                                    |                                                         |                                                                                                              |                                                                                            |                                   | Subha Sivaloka Day                                 |
| Routine Work                           | Prabalarishta Yoga |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| Until 7:17PM                           |                    |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| Then Creative Work - Amrita Yoga       |                    |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| <b>5 Tuesday, May 21, 2024</b>         |                    | Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Mangala Vasara Yuktayam<br>Svati Nakshatra Varinyan Yoga Taillila/Gara Karana Trayodashi/Chaturdashyam Titau       |                                                         |                                                                                                              |                                                                                            | Montreal, Canada<br>Sun 26        | Sutra 36                                           |
| Tula Rasi: 12.07                       | Tithi 13 - 14      | Gulika<br>Yama<br>Rahu                                                                                                                                                                       | 11:50AM - 1:44PM<br>8:03AM - 9:57AM<br>3:37PM - 5:31PM  | Svati Until 9:09PM<br>Varinyan Until 2:08AM Wed<br>Gara Until 7:53PM<br>Trayodashi Until 7:13AM              | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Green<br>Vaishaka-Vaikasi   | Sunrise: 4:16AM<br>Sunset: 7:24PM | Krodhin 5:16<br>Moon 4 - Phase 5 - 26<br>4th Phase |
| Creative Work                          | Siddha Yoga        | 264757579                                                                                                                                                                                    |                                                         |                                                                                                              |                                                                                            |                                   | Subha Sivaloka Day                                 |
| Until 9:09PM                           |                    |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| Then Routine Work - Marana Yoga        |                    |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| <b>Wednesday, May 22, 2024</b>         |                    | Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Budha Vessara Yuktayam<br>Vishakha Nakshatra Parigaha* Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau       |                                                         |                                                                                                              |                                                                                            | Montreal, Canada<br>Sun 27        | Sutra 37                                           |
| <b>Copper Retreat Star</b>             |                    | Gulika<br>Yama<br>Rahu                                                                                                                                                                       | 9:57AM - 11:50AM<br>6:09AM - 8:03AM<br>11:50AM - 1:44PM | Vishakha Until 10:47PM<br>Parigaha* Until 1:44AM Thu<br>Visti Until 8:45PM<br>Chaturdashi* Until 8:22AM      | Ganesha: White<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Orange<br>Vaishaka-Vaikasi  | Sunrise: 4:15AM<br>Sunset: 7:25PM | Krodhin 5:16<br>Moon 4 - Phase 5 - 27<br>Purnima   |
| Tula Rasi: 24.3                        | Tithi 14 - 15      | 274757579                                                                                                                                                                                    |                                                         |                                                                                                              |                                                                                            |                                   | Sivaloka Day                                       |
| Creative Work                          | Siddha Yoga        |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
|                                        |                    |                                                                                                                                                                                              | Vaikasi Visakam                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| <b>Thursday, May 23, 2024</b>          |                    | Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Krishna Paksha Guru Vessara Yuktayam<br>Anuradha Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau              |                                                         |                                                                                                              |                                                                                            | Montreal, Canada<br>Sun 28        | Sutra 38                                           |
| <b>Silver Retreat Star</b>             |                    | Gulika<br>Yama<br>Rahu                                                                                                                                                                       | 8:02AM - 9:56AM<br>4:15AM - 6:09AM<br>1:44PM - 3:38PM   | Anuradha Until 11:43PM<br>Shiva Until 12:53AM Fri<br>Balava Until 9:03PM<br>Purnima* Until 8:57AM            | Ganesha: Yellow<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Orange<br>Vaishaka-Vaikasi | Sunrise: 4:15AM<br>Sunset: 7:26PM | Krodhin 5:16<br>Moon 4 - Phase 5 -<br>Prathama     |
| Vischika Rasi: 7.09                    | Tithi 15 - 16      | 275757579                                                                                                                                                                                    |                                                         |                                                                                                              |                                                                                            |                                   | Subha Sivaloka Day                                 |
| Creative Work                          | Siddha Yoga        |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| Until 11:43PM                          |                    |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |
| Then Routine Work - Prabalarishta Yoga |                    |                                                                                                                                                                                              |                                                         |                                                                                                              |                                                                                            |                                   |                                                    |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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## Friday, May 24, 2024 Gold Retreat Star

Vischika Rasi: 20.04 Tithi 16 - 17  
Routine Work Marana Yoga  
Until 11:58PM  
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Сукра Васара Yuktayam Montreal, Canada  
Jyeshtha\* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiayam Titau Sun 1 Sutra 39  
Krodhin 5126  
Gulika 6:08AM - 8:02AM Jyeshtha\* Until 11:58PM Ganesha: Yellow Sunrise: 4:14AM  
Yama 3:39PM - 5:33PM Siddha Until 11:37PM Muruga: Purple Sunset: 7:27PM Moon 5 - Phase 6 - 1st Phase  
Rahu 9:56AM - 11:50AM Taillita Until 8:49PM Nataraja: Purple  
Subha Sivaloka Day  
Prathama\* Until 8:59AM Vaisaka-Vaikasi

## 1 Saturday, May 25, 2024

Dhanus Rasi: 3.14 Tithi 17 - 18  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Манта Васара Yuktayam Montreal, Canada  
Mula\* Nakshatra Sadihya Yoga Gara/Vanija Karana Dvitiya/Tritiayam Titau Sun 1 Sutra 40  
Krodhin 5126  
Gulika 4:13AM - 6:07AM Mula\* Until 12:06AM Sun Ganesha: Yellow Sunrise: 4:13AM  
Yama 1:45PM - 3:39PM Sadihya Until 10:00PM Muruga: Purple Sunset: 7:28PM Moon 5 - Phase 6 - 1st Phase  
Rahu 8:02AM - 9:56AM Vanija Until 8:08PM Nataraja: Purple  
Subha Sivaloka Day  
Dvitiya Until 8:31AM Vaisaka-Vaikasi

## 2 Sunday, May 26, 2024

Dhanus Rasi: 16.38 Tithi 18 - 19  
Creative Work Siddha Yoga  
Until 11:43PM  
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Bhanu Vasara Yuktayam Montreal, Canada  
Purnvashadha\* Nakshatra Subha Yoga Visi\* Bava Karana Tritiya/Chaturthiyam Titau Sun 2 Sutra 41  
Krodhin 5126  
Gulika 3:40PM - 5:35PM Purnvashadha\* Until 11:43PM Ganesha: Yellow Sunrise: 4:12AM  
Yama 1:45PM - 3:39PM Subha Until 8:06PM Muruga: Purple Sunset: 7:29PM Moon 5 - Phase 6 - 2 1st Phase  
Rahu 5:35PM - 7:29PM Bava Until 7:05PM Nataraja: Purple  
Subha Sivaloka Day  
Tritiya Until 7:38AM Vaisaka-Vaikasi

## 3 Monday, May 27, 2024

Makara Rasi: 0.13 Tithi 19 - 20  
Family Home Evening  
Routine Work Marana Yoga  
Until 10:55PM  
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Indu Vasara Yuktayam Montreal, Canada  
Uttarashadha\* Nakshatra Sukla/Brahma Yoga Balava/Tailita Karana Chaturthiyam Titau Sun 3 Sutra 42  
Krodhin 5126  
Gulika 1:46PM - 3:41PM Uttarashadha Until 10:55PM Ganesha: Yellow Sunrise: 4:11AM  
Yama 9:56AM - 11:51AM Sukla Until 5:57PM Muruga: Purple Sunset: 7:30PM Moon 5 - Phase 6 - 3 1st Phase  
Rahu 6:06AM - 8:01AM Taillita Until 4:56AM Tue Nataraja: Purple  
Subha Sivaloka Day  
Chaturthi\* Until 6:25AM Vaisaka-Vaikasi

## 4 Tuesday, May 28, 2024

Makara Rasi: 13.59 Tithi 21  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Mangala Vasara Yuktayam Montreal, Canada  
Shravana Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthiyam Titau Sun 4 Sutra 43  
Krodhin 5126  
Gulika 11:51AM - 1:46PM Shravana Until 10:10PM Ganesha: Blue Sunrise: 4:11AM  
Yama 8:01AM - 9:56AM Brahma Until 3:36PM Muruga: Purple Sunset: 7:31PM Moon 5 - Phase 6 - 4 1st Phase  
Rahu 3:41PM - 5:36PM Gara Until 4:07PM Nataraja: Purple  
Subha Subha Sivaloka Day  
Shashthi\* Until 3:13AM Wed Vaisaka-Vaikasi

## 5 Wednesday, May 29, 2024

Makara Rasi: 27.52 Tithi 22  
Routine Work Prabalarishita Yoga  
Until 9:04PM  
Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Budha Vasara Yuktayam Montreal, Canada  
Dhanishtha Nakshatra Vaidhriti\* Yoga Visi\* Bava Karana Saptamiyam Titau Sun 5 Sutra 44  
Krodhin 5126  
Gulika 9:56AM - 11:51AM Dhanishtha Until 9:04PM Ganesha: Blue Sunrise: 4:10AM  
Yama 6:05AM - 8:01AM Indra Until 1:06PM Muruga: Purple Sunset: 7:32PM Moon 5 - Phase 6 - 5 1st Phase  
Rahu 11:51AM - 1:46PM Visi Until 2:18PM Nataraja: Purple  
Subha Subha Sivaloka Day  
Saptami Until 1:19AM Thu Vaisaka-Vaikasi

## Thursday, May 30, 2024

Kumbha Rasi: 11.53 Tithi 23  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Guru Vasara Yuktayam Montreal, Canada  
Shatabhishak Nakshatra Vaidhriti\* Vishkambha\* Yoga Balava/Kaulava Karana Ashtamiyam Titau Sun 6 Sutra 45  
Krodhin 5126  
Gulika 8:00AM - 9:56AM Shatabhishak Until 7:39PM Ganesha: Blue Sunrise: 4:09AM  
Yama 4:09AM - 6:05AM Vaidhriti\* Until 10:25AM Muruga: Purple Sunset: 7:33PM Moon 5 - Phase 6 - 6 Ashtami  
Rahu 1:47PM - 3:42PM Balava Until 12:19PM Nataraja: Purple  
Subha Subha Sivaloka Day  
Ashtami\* Until 11:14PM Vaisaka-Vaikasi

## Friday, May 31, 2024

Kumbha Rasi: 26 Tithi 24  
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Вішвабха Месе Крішна Пакше Sukra Vasara Yuktayam Montreal, Canada  
Purnvashrothapada\* Nakshatra Vishkambha\* Priti Yoga Taillita/Gara Karana Navamiyam Titau Sun 7 Sutra 46  
Krodhin 5126  
Gulika 6:04AM - 8:00AM Purnvashrothapada\* Until 6:22PM Ganesha: Purple Sunrise: 4:09AM  
Yama 3:43PM - 5:38PM Vishkambha\* Until 7:37AM Muruga: Purple Sunset: 7:34PM Moon 5 - Phase 6 - 7 Navami  
Rahu 9:56AM - 11:51AM Taillita Until 10:09AM Nataraja: Purple  
Subha Subha Sivaloka Day  
Navami\* Until 9:00PM Vaisaka-Vaikasi

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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|---------------------------------------------------------------------------------------------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-------------------------------------|----------------------------------------------------|
| <b>1 Saturday, June 1, 2024</b>                                                                                     |               | Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Menta Vasara Yukhtayam<br>Uttaraprosrthapada/Revati Nakshatra Ayushman Yoge Vanija/Visti* Karana Dashmnyam Tilau                  |                                                         |                                                                                                             |                                                                                              | Montreal, Canada<br>Sun 8 Sutra 47  |                                                    |
| Meena Rasi: 10.13                                                                                                   | Tithi 25      | Gulika<br>Yama<br>Rahu                                                                                                                                                                                         | 4:08AM - 6:04AM<br>1:47PM - 3:43PM<br>8:00AM - 9:56AM   | Uttaraprosrthapada Until 4:50PM<br>Ayushman Until 1:43AM Sun<br>Vanija Until 7:52AM<br>Dashami Until 6:40PM | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Clear<br>Vaishak-Vaikasi      | Sunrise: 4:08AM<br>Sunset: 7:35PM   | Krodhin 5126<br>Moon 5 - Phase 7 - 8<br>2nd Phase  |
| Creative Work Siddha Yoga<br>Until 4:50PM<br>Then Routine Work - Prabalarishta Yoga                                 |               | 316757579                                                                                                                                                                                                      |                                                         |                                                                                                             |                                                                                              |                                     | Subha Sivaloka Day                                 |
| <b>2 Sunday, June 2, 2024</b>                                                                                       |               | Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Bhanu Vasara Yukhtayam<br>Revati/Ashvini Nakshatra Saubhagya Yoge Balava/Kaulava Karana Ekadashi/Dvadashyam Tilau                 |                                                         |                                                                                                             |                                                                                              | Montreal, Canada<br>Sun 9 Sutra 48  |                                                    |
| Meena Rasi: 24.3                                                                                                    | Tithi 26 - 27 | Gulika<br>Yama<br>Rahu                                                                                                                                                                                         | 3:44PM - 5:40PM<br>11:52AM - 1:48PM<br>5:40PM - 7:35PM  | Revati Until 3:04PM<br>Saubhagya Until 10:41PM<br>Kaulava Until 3:04AM Mon<br>Ekadashi* Until 4:15PM        | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - Clear<br>Vaishak-Vaikasi      | Sunrise: 4:08AM<br>Sunset: 7:35PM   | Krodhin 5126<br>Moon 5 - Phase 7 - 9<br>2nd Phase  |
| Creative Work Amrita Yoga<br>Until 3:04PM<br>Then Creative Work - Siddha Yoga                                       |               | 316757579                                                                                                                                                                                                      |                                                         |                                                                                                             |                                                                                              |                                     | Subha Sivaloka Day                                 |
| <b>3 Monday, June 3, 2024</b>                                                                                       |               | Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Indu Vasara Yukhtayam<br>Ashvini/Bharani Nakshatra Sobhana Yoge Talila/Gara Karana Dvadashi/Trayodashyam Tilau                    |                                                         |                                                                                                             |                                                                                              | Montreal, Canada<br>Sun 10 Sutra 49 |                                                    |
| Meena Rasi: 8.48                                                                                                    | Tithi 27 - 28 | Gulika<br>Yama<br>Rahu                                                                                                                                                                                         | 1:48PM - 3:44PM<br>9:56AM - 11:52AM<br>6:03AM - 8:00AM  | Ashvini Until 1:35PM<br>Sobhana Until 7:41PM<br>Gara Until 12:41AM Tue<br>Dvadashi* Until 1:51PM            | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: Purple<br>Moon - White<br>Vaishak-Vaikasi     | Sunrise: 4:07AM<br>Sunset: 7:36PM   | Krodhin 5126<br>Moon 5 - Phase 7 - 10<br>2nd Phase |
| Family Home Evening<br>Creative Work Siddha Yoga                                                                    |               | 325757579                                                                                                                                                                                                      |                                                         |                                                                                                             |                                                                                              |                                     | Sivaloka Day                                       |
| <b>4 Tuesday, June 4, 2024</b>                                                                                      |               | Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Mangala Vasara Yukhtayam<br>Bharani/Kritika Nakshatra Athiganda* Sukarna Yoge Vanija/Visti* Karana Trayodashi/Chaturdashyam Tilau |                                                         |                                                                                                             |                                                                                              | Montreal, Canada<br>Sun 11 Sutra 50 |                                                    |
| Meena Rasi: 23.04                                                                                                   | Tithi 28 - 29 | Gulika<br>Yama<br>Rahu                                                                                                                                                                                         | 11:52AM - 1:48PM<br>7:59AM - 9:56AM<br>3:44PM - 5:41PM  | Bharani Until 12:04PM<br>Athiganda* Until 4:46PM<br>Visti Until 10:27PM<br>Trayodashi* Until 11:31AM        | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: Blue<br>Moon - White<br>Vaishak-Vaikasi       | Sunrise: 4:07AM<br>Sunset: 7:37PM   | Krodhin 5126<br>Moon 5 - Phase 7 - 11<br>2nd Phase |
| Creative Work Siddha Yoga                                                                                           |               | 325757571                                                                                                                                                                                                      |                                                         |                                                                                                             |                                                                                              |                                     | Sivaloka Day                                       |
| <b>Wednesday, June 5, 2024</b>                                                                                      |               | Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Krishna Paksha Budha Vasara Yukhtayam<br>Kritika/Rohini Nakshatra Sukarna/Dhriti Yoge Sakun/Catuspada* Karana Chaturdashi/Amavasyayam Tilau      |                                                         |                                                                                                             |                                                                                              | Montreal, Canada<br>Sun 12 Sutra 51 |                                                    |
| <b>Retreat Star</b>                                                                                                 |               | Gulika<br>Yama<br>Rahu                                                                                                                                                                                         | 9:56AM - 11:52AM<br>6:03AM - 7:59AM<br>11:52AM - 1:49PM | Kritika Until 10:36AM<br>Sukarna Until 2:02PM<br>Catuspada Until 8:28PM<br>Chaturdashi* Until 9:24AM        | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: Blue<br>Moon - White<br>Vaishak-Vaikasi       | Sunrise: 4:06AM<br>Sunset: 7:38PM   | Krodhin 5126<br>Moon 5 - Phase 7 - 12<br>Amavasya  |
| Wishabha Rasi: 7.13 Tithi 29 - 30<br>Until 10:36AM<br>Creative Work Amrita Yoga<br>Then Creative Work - Siddha Yoga |               | 325757571                                                                                                                                                                                                      |                                                         |                                                                                                             |                                                                                              |                                     | Sivaloka Day                                       |
| <b>Thursday, June 6, 2024</b>                                                                                       |               | Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Vishabha Mase Sukta Paksha Guru Vasara Yukhtayam<br>Rohini/Migashira Nakshatra Dhriti/Shula* Yoge Naga/Kintughna* Karana Amavasya/Prathamayam Tilau            |                                                         |                                                                                                             |                                                                                              | Montreal, Canada<br>Sun 13 Sutra 52 |                                                    |
| <b>Retreat Star</b>                                                                                                 |               | Gulika<br>Yama<br>Rahu                                                                                                                                                                                         | 7:59AM - 9:56AM<br>4:06AM - 6:03AM<br>1:49PM - 3:45PM   | Rohini Until 9:44AM<br>Dhriti Until 11:37AM<br>Kintughna Until 6:52PM<br>Amavasya* Until 7:36AM             | Ganesha: Light Blue<br>Muruga: Purple<br>Nataraja: Blue<br>Moon - Yellow<br>Jyeshtha-Vaikasi | Sunrise: 4:06AM<br>Sunset: 7:38PM   | Krodhin 5126<br>Moon 5 - Phase 7 - 13<br>Prathama  |
| Wishabha Rasi: 21.1 Tithi 30 - 1<br>Routine Work Marana Yoga                                                        |               | 336757571                                                                                                                                                                                                      |                                                         |                                                                                                             |                                                                                              |                                     | Sivaloka Day                                       |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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|-----------------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|--------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| <b>1 Friday, June 7, 2024</b>     |             | Krodhin Nama SamvatSare Uтарыяне Narіana Ritau Vishabha Mase Sukla Paksha Sukra Vasara Yuktayam<br>Migashira/Andra Nakshatra Shula/Ganda* Yoga Bava/Kaulava Karana Prathamam Titau                        |                                                         |                                                                                                        |                                                                                             | Montreal, Canada<br>Sun 14 Sutra 53<br>Krodhin 5126                     |
| Mithuna Rasi: 4.52                | Tithi 1 – 2 | Gulika<br>Yama<br>Rahu                                                                                                                                                                                    | 6:02AM – 7:59AM<br>3:46PM – 5:42PM<br>9:56AM – 11:52AM  | Mrigashira Until 9:11AM<br>Shula* Until 9:32AM<br>Kaulava Until 5:25AM Sat<br>Prathama* Until 6:14AM   | Ganesha: Light Blue<br>Murgu: Purple<br>Nataraja: Blue<br>Moon – Yellow<br>Jyeshtha/Vaikasi | Sunrise: 4:05AM<br>Sunset: 7:39PM<br>Moon 5 - Phase 8 - 14<br>3rd Phase |
| Creative Work                     | Siddha Yoga | 336757571                                                                                                                                                                                                 |                                                         |                                                                                                        |                                                                                             | Sivaloka Day                                                            |
| <b>2 Saturday, June 8, 2024</b>   |             | Krodhin Nama SamvatSare Uтарыяне Narіana Ritau Vishabha Mase Sukla Paksha Merita Vessara Yuktayam<br>Andra/Punarvasu Nakshatra Ganda*/Vidhih Yoga Taillita/Gara Karana Tritiyayam Titau                   |                                                         |                                                                                                        |                                                                                             | Montreal, Canada<br>Sun 15 Sutra 54<br>Krodhin 5126                     |
| Mithuna Rasi: 18.14               | Tithi 3     | Gulika<br>Yama<br>Rahu                                                                                                                                                                                    | 4:06AM – 6:02AM<br>1:49PM – 3:46PM<br>7:59AM – 9:56AM   | Andra Until 9:02AM<br>Ganda* Until 7:55AM<br>Taillita Until 5:17PM<br>Tritiya Until 5:15AM Sun         | Ganesha: Purple<br>Murgu: Purple<br>Nataraja: Blue<br>Moon – Yellow<br>Jyeshtha/Vaikasi     | Sunrise: 4:05AM<br>Sunset: 7:40PM<br>Moon 5 - Phase 8 - 15<br>3rd Phase |
| Creative Work                     | Siddha Yoga | 337757571                                                                                                                                                                                                 |                                                         |                                                                                                        |                                                                                             | Sivaloka Day                                                            |
| <b>3 Sunday, June 9, 2024</b>     |             | Krodhin Nama SamvatSare Uтарыяне Narіana Ritau Vishabha Mase Sukla Paksha Bharu Vessara Yuktayam<br>Punarvasu/Pushya Nakshatra Vidhih/Dhruva Yoga Vanja/Vaisi* Karana Chaturthiyam Titau                  |                                                         |                                                                                                        |                                                                                             | Montreal, Canada<br>Sun 16 Sutra 55<br>Krodhin 5126                     |
| Kalka Rasi: 1.16                  | Tithi 4     | Gulika<br>Yama<br>Rahu                                                                                                                                                                                    | 3:47PM – 5:44PM<br>11:53AM – 1:50PM<br>5:44PM – 7:40PM  | Punarvasu Until 9:50AM<br>Vidhih Until 6:50AM<br>Vanja Until 5:27PM<br>Chaturthi* Until 5:47AM Mon     | Ganesha: Light Blue<br>Murgu: Purple<br>Nataraja: Blue<br>Moon – Blue<br>Jyeshtha/Vaikasi   | Sunrise: 4:05AM<br>Sunset: 7:40PM<br>Moon 5 - Phase 8 - 16<br>3rd Phase |
| Creative Work                     | Siddha Yoga | 347757571                                                                                                                                                                                                 |                                                         |                                                                                                        |                                                                                             | Sivaloka Day                                                            |
| <b>4 Monday, June 10, 2024</b>    |             | Krodhin Nama SamvatSare Uтарыяне Narіana Ritau Vishabha Mase Sukla Paksha Indu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava Karana Panchamam Titau                            |                                                         |                                                                                                        |                                                                                             | Montreal, Canada<br>Sun 17 Sutra 56<br>Krodhin 5126                     |
| Kalka Rasi: 13.58                 | Tithi 5     | Gulika<br>Yama<br>Rahu                                                                                                                                                                                    | 1:50PM – 3:47PM<br>11:53AM – 1:53AM<br>6:02AM – 7:59AM  | Pushya Until 11:10AM<br>Dhruva Until 6:17AM<br>Bava Until 6:20PM<br>Panchami Until 6:59AM Tue          | Ganesha: Light Blue<br>Murgu: Purple<br>Nataraja: Blue<br>Moon – Blue<br>Jyeshtha/Vaikasi   | Sunrise: 4:05AM<br>Sunset: 7:41PM<br>Moon 5 - Phase 8 - 17<br>3rd Phase |
| Family Home Evening               | Siddha Yoga | 347757571                                                                                                                                                                                                 |                                                         |                                                                                                        |                                                                                             | Sivaloka Day                                                            |
| <b>5 Tuesday, June 11, 2024</b>   |             | Krodhin Nama SamvatSare Uтарыяне Narіana Ritau Vishabha Mase Sukla Paksha Mangala Vessara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                                                         |                                                                                                        |                                                                                             | Montreal, Canada<br>Sun 18 Sutra 57<br>Krodhin 5126                     |
| Kalka Rasi: 26.21                 | Tithi 5 – 6 | Gulika<br>Yama<br>Rahu                                                                                                                                                                                    | 11:53AM – 1:50PM<br>7:59AM – 9:56AM<br>3:47PM – 5:44PM  | Ashlesha* Until 1:00PM<br>Vyaghata* Until 6:17AM<br>Kaulava Until 7:51PM<br>Panchami Until 6:59AM      | Ganesha: Purple<br>Murgu: Purple<br>Nataraja: Blue<br>Moon – Blue<br>Jyeshtha/Vaikasi       | Sunrise: 4:05AM<br>Sunset: 7:42PM<br>Moon 5 - Phase 8 - 18<br>3rd Phase |
| Creative Work                     | Siddha Yoga | 347857571                                                                                                                                                                                                 |                                                         |                                                                                                        |                                                                                             | Sivaloka Day                                                            |
| <b>6 Wednesday, June 12, 2024</b> |             | Krodhin Nama SamvatSare Uтарыяне Narіana Ritau Vishabha Mase Sukla Paksha Budha Vessara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Taillita/Gara Karana Shashthi/Saptamam Titau      |                                                         |                                                                                                        |                                                                                             | Montreal, Canada<br>Sun 19 Sutra 58<br>Krodhin 5126                     |
| Simha Rasi: 8.29                  | Tithi 6 – 7 | Gulika<br>Yama<br>Rahu                                                                                                                                                                                    | 9:56AM – 11:53AM<br>6:02AM – 7:59AM<br>11:53AM – 1:51PM | Magha* Until 3:42PM<br>Harshana Until 6:45AM<br>Gara Until 9:55PM<br>Shashthi* Until 8:48AM            | Ganesha: Clear<br>Murgu: Purple<br>Nataraja: Blue<br>Moon – Red<br>Jyeshtha/Vaikasi         | Sunrise: 4:05AM<br>Sunset: 7:42PM<br>Moon 5 - Phase 8 - 19<br>3rd Phase |
| Creative Work                     | Siddha Yoga | 357857571                                                                                                                                                                                                 |                                                         |                                                                                                        |                                                                                             | Subha Sivaloka Day                                                      |
| Then Creative Work                | Amrita Yoga |                                                                                                                                                                                                           |                                                         |                                                                                                        |                                                                                             |                                                                         |
| <b>7 Thursday, June 13, 2024</b>  |             | Krodhin Nama SamvatSare Uтарыяне Narіana Ritau Vishabha Mase Sukla Paksha Guru Vasara Yuktayam<br>Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Vanja/Vaisi* Karana Saptami/Ashtamam Titau                   |                                                         |                                                                                                        |                                                                                             | Montreal, Canada<br>Sun 20 Sutra 59<br>Krodhin 5126                     |
| Retreat Star                      |             | Gulika<br>Yama<br>Rahu                                                                                                                                                                                    | 7:59AM – 9:56AM<br>4:05AM – 6:02AM<br>1:51PM – 3:48PM   | Purvaphalguni Until 6:37PM<br>Vajra* Until 7:34AM<br>Vaisi Until 12:19AM Fri<br>Saptami Until 11:04AM  | Ganesha: Clear<br>Murgu: Purple<br>Nataraja: Blue<br>Moon – Red<br>Jyeshtha/Vaikasi         | Sunrise: 4:05AM<br>Sunset: 7:43PM<br>Moon 5 - Phase 8 - 20<br>Ashtami   |
| Simha Rasi: 20.25                 | Tithi 7 – 8 | 357857571                                                                                                                                                                                                 |                                                         |                                                                                                        |                                                                                             | Subha Sivaloka Day                                                      |
| Creative Work                     | Siddha Yoga |                                                                                                                                                                                                           |                                                         |                                                                                                        |                                                                                             |                                                                         |
| <b>8 Friday, June 14, 2024</b>    |             | Krodhin Nama SamvatSare Uтарыяне Narіana Ritau Mithuna Mase Sukla Paksha Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Siddhi/Vysipata* Yoga Bava/Balava Karana Ashtami/Navamam Titau                 |                                                         |                                                                                                        |                                                                                             | Montreal, Canada<br>Sun 21 Sutra 60<br>Krodhin 5126                     |
| Retreat Star                      |             | Gulika<br>Yama<br>Rahu                                                                                                                                                                                    | 6:02AM – 7:59AM<br>3:48PM – 5:46PM<br>9:57AM – 11:54AM  | Uttaraphalguni Until 9:31PM<br>Siddhi Until 8:35AM<br>Balava Until 2:50AM Sat<br>Ashtami* Until 1:33PM | Ganesha: Clear<br>Murgu: Purple<br>Nataraja: Blue<br>Moon – Red<br>Jyeshtha/Ani             | Sunrise: 4:05AM<br>Sunset: 7:43PM<br>Moon 5 - Phase 8 - 21<br>Navami    |
| Kanya Rasi: 2.16                  | Tithi 8 – 9 | 357857571                                                                                                                                                                                                 |                                                         |                                                                                                        |                                                                                             | Subha Sivaloka Day                                                      |
| Creative Work                     | Siddha Yoga |                                                                                                                                                                                                           |                                                         |                                                                                                        |                                                                                             |                                                                         |
| Then Creative Work                | Amrita Yoga |                                                                                                                                                                                                           |                                                         |                                                                                                        |                                                                                             |                                                                         |

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

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| <b>1</b>                                                                                                |              | <b>Saturday, June 15, 2024</b>  |                                                         | Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Міхуна Маса Сукіа Паікхе Мента Васара Уктыяям<br>Hasla Nakshatra Vyatipata*Varinyam Yoga Kara/Vanija/Karana Navami/Dashamyam Titau             |                                                                                       | Montreal, Canada<br>Sun 22 Sutra 61<br>Krodhin 5126 |                                    |
| Kanya Rasi: 14.05                                                                                       | Tithi 9 – 10 | Gulika<br>Yama<br>36885751 Rahu | 4:05AM – 6:02AM<br>1:51PM – 3:49PM<br>7:59AM – 9:57AM   | Hasla Until 12:40AM Sun<br>Vyatipata* Until 9:38AM<br>Taillita Until 5:11AM Sun<br>Navami* Until 4:01PM                                                                                       | Ganesha: Green<br>Muruga: Purple<br>Nataraja: Blue<br>Moon – Green<br>Jyeshtha*Ani    | Sunrise: 4:05AM<br>Sunset: 7:43PM                   | Moon 5 - Phase 9 - 23<br>4th Phase |
| Routine Work Marana Yoga<br>Until 12:40AM Sun<br>Then Creative Work - Siddha Yoga                       |              |                                 |                                                         |                                                                                                                                                                                               |                                                                                       | Sivaloka Day                                        |                                    |
| <b>2</b>                                                                                                |              | <b>Sunday, June 16, 2024</b>    |                                                         | Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Міхуна Маса Сукіа Паікхе Бхану Васара Уктыяям<br>Svali Nakshatra Parigraha*Shiva Yoga Vanija/Vel* Karana Ekadashyam Titau                      |                                                                                       | Montreal, Canada<br>Sun 23 Sutra 62<br>Krodhin 5126 |                                    |
| Kanya Rasi: 25.58                                                                                       | Tithi 10     | Gulika<br>Yama<br>36885751 Rahu | 3:49PM – 5:46PM<br>9:57AM – 1:52PM<br>5:46PM – 7:44PM   | Chitra Until 3:19AM Mon<br>Varinyam Until 10:30AM<br>Gara Until 6:13PM<br>Dashami Until 6:13PM                                                                                                | Ganesha: Green<br>Muruga: Purple<br>Nataraja: Blue<br>Moon – Green<br>Jyeshtha*Ani    | Sunrise: 4:05AM<br>Sunset: 7:44PM                   | Moon 5 - Phase 9 - 23<br>4th Phase |
| Creative Work Siddha Yoga<br>Until 3:19AM Mon<br>Then Creative Work - Amrita Yoga                       |              | Father's Day                    |                                                         |                                                                                                                                                                                               |                                                                                       | Sivaloka Day                                        |                                    |
| <b>3</b>                                                                                                |              | <b>Monday, June 17, 2024</b>    |                                                         | Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Міхуна Маса Сукіа Паікхе Інду Васара Уктыяям<br>Svali Nakshatra Parigraha*Shiva Yoga Vanija/Vel* Karana Ekadashyam Titau                       |                                                                                       | Montreal, Canada<br>Sun 24 Sutra 63<br>Krodhin 5126 |                                    |
| Tula Rasi: 8.01                                                                                         | Tithi 11     | Gulika<br>Yama<br>36885751 Rahu | 1:52PM – 3:49PM<br>9:57AM – 1:54AM<br>6:02AM – 8:00AM   | Svali Until 5:17AM Tue<br>Parigraha* Until 11:03AM<br>Vanija Until 7:10AM<br>Ekadashi Until 7:56PM                                                                                            | Ganesha: Green<br>Muruga: Purple<br>Nataraja: Blue<br>Moon – Green<br>Jyeshtha*Ani    | Sunrise: 4:05AM<br>Sunset: 7:44PM                   | Moon 5 - Phase 9 - 25<br>4th Phase |
| Family Home Evening<br>Creative Work Amrita Yoga<br>Until 5:17AM Tue<br>Then Routine Work - Marana Yoga |              |                                 |                                                         |                                                                                                                                                                                               |                                                                                       | Sivaloka Day                                        |                                    |
| <b>4</b>                                                                                                |              | <b>Tuesday, June 18, 2024</b>   |                                                         | Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Міхуна Маса Сукіа Паікхе Мэнгала Васара Уктыяям<br>Vishakha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Dvadashtyam Titau                   |                                                                                       | Montreal, Canada<br>Sun 25 Sutra 64<br>Krodhin 5126 |                                    |
| Tula Rasi: 20.17                                                                                        | Tithi 12     | Gulika<br>Yama<br>37885751 Rahu | 11:55AM – 1:52PM<br>9:57AM – 9:57AM<br>3:50PM – 5:47PM  | Vishakha Until 6:55AM Wed<br>Shiva Until 11:09AM<br>Bava Until 8:35AM<br>Dvadashi Until 9:01PM                                                                                                | Ganesha: Red<br>Muruga: Purple<br>Nataraja: Blue<br>Moon – Orange<br>Jyeshtha*Ani     | Sunrise: 4:05AM<br>Sunset: 7:44PM                   | Moon 5 - Phase 9 - 25<br>4th Phase |
| Routine Work Marana Yoga<br>Until 6:55AM Wed<br>Then Creative Work - Siddha Yoga                        |              |                                 |                                                         |                                                                                                                                                                                               |                                                                                       | Subha Sivaloka Day                                  |                                    |
| <b>5</b>                                                                                                |              | <b>Wednesday, June 19, 2024</b> |                                                         | Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Міхуна Маса Сукіа Паікхе Будха Васара Уктыяям<br>Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Kaulava/Taillita Karana Trayodashyam Titau     |                                                                                       | Montreal, Canada<br>Sun 26 Sutra 65<br>Krodhin 5126 |                                    |
| Vrischika Rasi: 2.5                                                                                     | Tithi 13     | Gulika<br>Yama<br>37885751 Rahu | 9:57AM – 11:55AM<br>6:03AM – 8:00AM<br>11:55AM – 1:52PM | Vishakha Until 6:55AM<br>Siddha Until 10:43AM<br>Kaulava Until 9:19AM<br>Trayodashi Until 9:24PM                                                                                              | Ganesha: Red<br>Muruga: Purple<br>Nataraja: Blue<br>Moon – Orange<br>Jyeshtha*Ani     | Sunrise: 4:05AM<br>Sunset: 7:45PM                   | Moon 5 - Phase 9 - 26<br>4th Phase |
| Creative Work Siddha Yoga                                                                               |              |                                 |                                                         |                                                                                                                                                                                               |                                                                                       | Subha Sivaloka Day                                  |                                    |
|                                                                                                         |              |                                 |                                                         | Pradosha Vrata                                                                                                                                                                                |                                                                                       |                                                     |                                    |
| <b>6</b>                                                                                                |              | <b>Thursday, June 20, 2024</b>  |                                                         | Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Міхуна Маса Сукіа Паікхе Гурӯ Васара Уктыяям<br>Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau          |                                                                                       | Montreal, Canada<br>Sun 27 Sutra 66<br>Krodhin 5126 |                                    |
| Vrischika Rasi: 15.43                                                                                   | Tithi 14     | Gulika<br>Yama<br>37885751 Rahu | 8:00AM – 9:58AM<br>4:05AM – 6:03AM<br>1:53PM – 3:50PM   | Anuradha Until 7:43AM<br>Sadhya Until 9:44AM<br>Gara Until 9:21AM<br>Chaturdashi* Until 9:06PM                                                                                                | Ganesha: Red<br>Muruga: Purple<br>Nataraja: Blue<br>Moon – Orange<br>Jyeshtha*Ani     | Sunrise: 4:05AM<br>Sunset: 7:45PM                   | Moon 5 - Phase 9 - 27<br>4th Phase |
| Creative Work Siddha Yoga<br>Until 7:43AM<br>Then Routine Work - Prabalarishita Yoga                    |              |                                 |                                                         |                                                                                                                                                                                               |                                                                                       | Subha Sivaloka Day                                  |                                    |
|                        |              | <b>Friday, June 21, 2024</b>    |                                                         | Krodhin Nama Samvatsara Dakshinayya Nartana Ritau Mithuna Mase Sukia Paksha Sukra Vasara Uktayam<br>Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Purnimayam Titau             |                                                                                       | Montreal, Canada<br>Sun 27 Sutra 67<br>Krodhin 5126 |                                    |
| Copper Retreat Star                                                                                     |              | Gulika<br>Yama<br>37986751 Rahu | 6:03AM – 8:00AM<br>3:50PM – 5:48PM<br>9:58AM – 11:55AM  | Jyeshtha* Until 7:43AM<br>Subha Until 8:15AM<br>Visi Until 8:44AM<br>Purnima* Until 8:12PM                                                                                                    | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Orange<br>Jyeshtha*Ani   | Sunrise: 4:05AM<br>Sunset: 7:45PM                   | Moon 5 - Phase 9 - Purnima         |
| Routine Work Marana Yoga<br>Until 7:43AM<br>Then Creative Work - Amrita Yoga                            |              |                                 |                                                         |                                                                                                                                                                                               |                                                                                       | Sivaloka Day                                        |                                    |
| <b>Saturday, June 22, 2024</b>                                                                          |              | <b>Silver Retreat Star</b>      |                                                         | Krodhin Nama Samvatsara Dakshinayya Nartana Ritau Mithuna Mase Krishna Paksha Manita Vasara Uktayam<br>Mula*/Purvashadha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau |                                                                                       | Montreal, Canada<br>Sun 28 Sutra 68<br>Krodhin 5126 |                                    |
| Dhanus Rasi: 12.29                                                                                      | Tithi 16     | Gulika<br>Yama<br>38986751 Rahu | 4:06AM – 6:03AM<br>1:53PM – 3:50PM<br>8:01AM – 9:58AM   | Mula* Until 7:27AM<br>Sukla Until 6:17AM<br>Balava Until 7:34AM<br>Prathama* Until 6:47PM                                                                                                     | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Light Blue<br>Jyeshtha*Ani | Sunrise: 4:06AM<br>Sunset: 7:45PM                   | Moon 5 - Phase 9 - Prathama        |
| Creative Work Siddha Yoga                                                                               |              |                                 |                                                         |                                                                                                                                                                                               |                                                                                       | Devaloka Day                                        |                                    |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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**Sunday, June 23, 2024**

**Gold Retreat Star**

Dhanus Rasi: 26.19    Tithi 17 - 18

Creative Work    Siddha Yoga

Until 6:36AM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinayya Nartana Ritau Mithuna Mase Krishna Paksha Bharu Varsa Yuktayam  
Purvashadha\*Uttarashadha Nakshatra Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyyam Tisau

**Gulika**    **3:51PM - 5:48PM**  
**Yama**    **11:56AM - 1:53PM**  
**Rahu**    **5:48PM - 7:45PM**

**Purvashadha\* Until 6:36AM**  
Indra Until 1:23AM Mon  
Vanija Until 4:00AM Mon  
**Dvitiya Until 4:59PM**

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Blue  
Moon - Light Blue  
Jyeshtha-Ani

**Sunrise:** 4:06AM  
**Sunset:** 7:45PM

Montreal, Canada  
Sun 1    Sutra 69  
Krodhin 5126  
Moon 6 - Phase 10 - 1  
1st Phase

**Devaloka Day**

**1**

**Monday, June 24, 2024**

Makara Rasi: 10.19    Tithi 18 - 19

**Family Home Evening**

Creative Work    Amrita Yoga

Until 4:04AM Tue

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Nartana Ritau Mithuna Mase Krishna Paksha Indu Varsa Yuktayam  
Shravana Nakshatra Vaidhiti\* Yoga Vaisi/Bava Karana Tritiya/Chaturthiyam Tisau

**Gulika**    **1:53PM - 3:51PM**  
**Yama**    **9:59AM - 11:56AM**  
**Rahu**    **6:04AM - 8:01AM**

**Shravana Until 4:04AM Tue**  
Vaidhiti\* Until 10:36PM  
Bava Until 1:52AM Tue  
**Tritiya Until 2:56PM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** Blue  
Moon - Purple  
Jyeshtha-Ani

**Sunrise:** 4:06AM  
**Sunset:** 7:45PM

Montreal, Canada  
Sun 2    Sutra 70  
Krodhin 5126  
Moon 6 - Phase 10 - 2  
1st Phase

**Sivaloka Day**

**2**

**Tuesday, June 25, 2024**

Makara Rasi: 24.28    Tithi 19 - 20

Creative Work    Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Nartana Ritau Mithuna Mase Krishna Paksha Mangala Varsa Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamiyam Tisau

**Gulika**    **11:56AM - 1:53PM**  
**Yama**    **8:01AM - 9:59AM**  
**Rahu**    **3:51PM - 5:48PM**

**Dhanishtha Until 2:36AM Wed**  
Vishkambha\* Until 7:44PM  
Bava Until 1:52AM Tue  
**Tritiya Until 2:56PM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** Blue  
Moon - Purple  
Jyeshtha-Ani

**Sunrise:** 4:07AM  
**Sunset:** 7:45PM

Montreal, Canada  
Sun 3    Sutra 71  
Krodhin 5126  
Moon 6 - Phase 10 - 3  
1st Phase

**Sivaloka Day**

**3**

**Wednesday, June 26, 2024**

Kumbha Rasi: 8.4    Tithi 20 - 21

Creative Work    Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Nartana Ritau Mithuna Mase Krishna Paksha Budha Varsa Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Tailla/Gara Karana Panchami/Shashthiyam Tisau

**Gulika**    **9:59AM - 11:56AM**  
**Yama**    **6:04AM - 8:02AM**  
**Rahu**    **11:56AM - 1:54PM**

**Shatabhishak Until 12:59AM Thu**  
Priti Until 4:51PM  
Gara Until 9:21PM  
**Panchami Until 10:28AM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** Blue  
Moon - Purple  
Jyeshtha-Ani

**Sunrise:** 4:07AM  
**Sunset:** 7:45PM

Montreal, Canada  
Sun 4    Sutra 72  
Krodhin 5126  
Moon 6 - Phase 10 - 4  
1st Phase

**Sivaloka Day**

**4**

**Thursday, June 27, 2024**

Kumbha Rasi: 22.52    Tithi 21 - 22

Creative Work    Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Nartana Ritau Mithuna Mase Krishna Paksha Guru Varsa Yuktayam  
Purvavroshthapada\* Nakshatra Ayushman/Saubhagya Yoga Vanija/Vaisi\* Karana Shashthi/Septamiyam Tisau

**Gulika**    **8:02AM - 9:59AM**  
**Yama**    **4:08AM - 6:05AM**  
**Rahu**    **1:54PM - 3:51PM**

**Purvavroshthapada\* Until 11:42PM**  
Ayushman Until 1:58PM  
Vaisi Until 7:07PM  
**Shashthi\* Until 8:12AM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Blue  
Moon - Clear  
Jyeshtha-Ani

**Sunrise:** 4:08AM  
**Sunset:** 7:45PM

Montreal, Canada  
Sun 5    Sutra 73  
Krodhin 5126  
Moon 6 - Phase 10 - 5  
1st Phase

**Sivaloka Day**

**5**

**Friday, June 28, 2024**

**Retreat Star**

Meena Rasi: 7.02    Tithi 22 - 23

Creative Work    Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Nartana Ritau Mithuna Mase Krishna Paksha Sukra Varsa Yuktayam  
Uttaravroshthapada Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Saptami/Kettamiyam Tisau

**Gulika**    **6:05AM - 8:02AM**  
**Yama**    **3:51PM - 5:48PM**  
**Rahu**    **10:00AM - 11:57AM**

**Uttaravroshthapada Until 10:21PM**  
Saubhagya Until 11:09AM  
Kaulava Until 3:53AM Sat  
**Saptami Until 6:00AM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Blue  
Moon - Clear  
Jyeshtha-Ani

**Sunrise:** 4:08AM  
**Sunset:** 7:45PM

Montreal, Canada  
Sun 6    Sutra 74  
Krodhin 5126  
Moon 6 - Phase 10 - 6  
Ashtami

**Sivaloka Day**

**Saturday, June 29, 2024**

**Retreat Star**

Meena Rasi: 21.09    Tithi 24

Routine Work    Prabalashita Yoga

Until 8:57PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Nartana Ritau Mithuna Mase Krishna Paksha Manta Varsa Yuktayam  
Revati Nakshatra Sobhana/Ahiganda\* Yoga Tailla/Gara Karana Navamiyam Tisau

**Gulika**    **4:09AM - 6:06AM**  
**Yama**    **1:54PM - 3:51PM**  
**Rahu**    **8:03AM - 10:00AM**

**Revati Until 8:57PM**  
Sobhana Until 8:25AM  
Tailla Until 2:53PM  
**Navami\* Until 1:53AM Sun**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** Blue  
Moon - Clear  
Jyeshtha-Ani

**Sunrise:** 4:09AM  
**Sunset:** 7:45PM

Montreal, Canada  
Sun 7    Sutra 75  
Krodhin 5126  
Moon 6 - Phase 10 - 7  
Navami

**Sivaloka Day**

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

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|                                        |              |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
|----------------------------------------|--------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| <b>1 Sunday, June 30, 2024</b>         |              | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Bhanu Vasara Yuktiyayam<br>Aashvini Nakshatra Sukama Yoga Vanija/Visti* Karana Dashamyam Titau                                  |                                                                        |                                                                                                                     |                                                                                                         | Montreal, Canada<br>Sun 8 Sutra 76                                       |
| Mesha Rasi: 5.11                       | Tithi 25     | Gulika<br>Yama<br>321867571 Rahu                                                                                                                                                                             | <b>3:51PM – 5:48PM</b><br>11:57AM – 1:54PM<br><b>5:48PM – 7:45PM</b>   | <b>Aashvini Until 7:58PM</b><br>Sukama Until 3:12AM Mon<br>Vanija Until 12:56PM<br><b>Dashami Until 11:59PM</b>     | <b>Ganesha:</b> Green<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – White<br>Jyeshtha-Ani  | Sunrise: 4:09AM<br>Sunset: 7:45PM<br>Moon 6 - Phase 11 - 8<br>2nd Phase  |
| Creative Work                          | Siddha Yoga  |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         | <b>Devaloka Day</b>                                                      |
| Until 7:58PM                           |              |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
| Then Routine Work - Prabalarishta Yoga |              |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
| <b>2 Monday, July 1, 2024</b>          |              | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Indu Vesara Yuktiyayam<br>Bharani Nakshatra Dhriti Yoga Bava/Baleva Karana Ekadashyam Titau                                     |                                                                        |                                                                                                                     |                                                                                                         | Montreal, Canada<br>Sun 9 Sutra 77                                       |
| Mesha Rasi: 19.09                      | Tithi 26     | Gulika<br>Yama<br>321867571 Rahu                                                                                                                                                                             | <b>1:54PM – 3:51PM</b><br>10:00AM – 11:57AM<br><b>6:07AM – 8:03AM</b>  | <b>Bharani Until 6:58PM</b><br>Dhriti Until 12:47AM Tue<br>Bava Until 11:07AM<br><b>Ekadashi* Until 10:15PM</b>     | <b>Ganesha:</b> Green<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – White<br>Jyeshtha-Ani  | Sunrise: 4:10AM<br>Sunset: 7:45PM<br>Moon 6 - Phase 11 - 9<br>2nd Phase  |
| Family Home Evening                    |              |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         | <b>Devaloka Day</b>                                                      |
| Creative Work                          | Siddha Yoga  |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
| Until 6:58PM                           |              |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
| Then Routine Work - Marana Yoga        |              |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
| <b>3 Tuesday, July 2, 2024</b>         |              | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Mangala Vesara Yuktiyayam<br>Kritika Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau                              |                                                                        |                                                                                                                     |                                                                                                         | Montreal, Canada<br>Sun 10 Sutra 78                                      |
| Visahbha Rasi: 3.01                    | Tithi 27     | Gulika<br>Yama<br>321867571 Rahu                                                                                                                                                                             | <b>11:57AM – 1:54PM</b><br>8:04AM – 10:01AM<br><b>3:51PM – 5:48PM</b>  | <b>Kritika Until 6:01PM</b><br>Shula* Until 10:31PM<br>Kaulava Until 9:28AM<br><b>Dvadashi* Until 8:42PM</b>        | <b>Ganesha:</b> Green<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – White<br>Jyeshtha-Ani  | Sunrise: 4:10AM<br>Sunset: 7:45PM<br>Moon 6 - Phase 11 - 10<br>2nd Phase |
| Creative Work                          | Siddha Yoga  |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         | <b>Devaloka Day</b>                                                      |
| Until 6:01PM                           |              |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
| Then Creative Work - Amrita Yoga       |              |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
| <b>4 Wednesday, July 3, 2024</b>       |              | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Budha Vasara Yuktiyayam<br>Rohini/Mrigashira Nakshatra Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau                        |                                                                        |                                                                                                                     |                                                                                                         | Montreal, Canada<br>Sun 11 Sutra 79                                      |
| Visahbha Rasi: 16.44                   | Tithi 28     | Gulika<br>Yama<br>331867571 Rahu                                                                                                                                                                             | <b>10:01AM – 11:58AM</b><br>6:08AM – 8:04AM<br><b>11:58AM – 1:54PM</b> | <b>Rohini Until 5:36PM</b><br>Ganda* Until 8:27PM<br>Gara Until 6:02AM<br><b>Trayodashi* Until 7:24PM</b>           | <b>Ganesha:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Yellow<br>Jyeshtha-Ani | Sunrise: 4:11AM<br>Sunset: 7:45PM<br>Moon 6 - Phase 11 - 11<br>2nd Phase |
| Creative Work                          | Siddha Yoga  |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         | <b>Devaloka Day</b>                                                      |
|                                        |              | Pradosha Vrata (Fasting)                                                                                                                                                                                     |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
| <b>5 Thursday, July 4, 2024</b>        |              | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Guru Vasara Yuktiyayam<br>Mrigashira/Andra Nakshatra Vridhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                      |                                                                        |                                                                                                                     |                                                                                                         | Montreal, Canada<br>Sun 12 Sutra 80                                      |
| Mithuna Rasi: 0.18                     | Tithi 29     | Gulika<br>Yama<br>331867571 Rahu                                                                                                                                                                             | <b>8:05AM – 10:01AM</b><br>4:12AM – 6:08AM<br><b>1:54PM – 3:51PM</b>   | <b>Mrigashira Until 5:22PM</b><br>Vridhi Until 6:42PM<br>Visti Until 6:54AM<br><b>Chaturdashi* Until 6:27PM</b>     | <b>Ganesha:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Yellow<br>Jyeshtha-Ani | Sunrise: 4:12AM<br>Sunset: 7:46PM<br>Moon 6 - Phase 11 - 12<br>2nd Phase |
| Routine Work                           | Marana Yoga  |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         | <b>Devaloka Day</b>                                                      |
| <b>Friday, July 5, 2024</b>            |              | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Sukra Vasara Yuktiyayam<br>Andra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Catuspada*/Kintagha* Karana Amavasya/Prathamayam Titau |                                                                        |                                                                                                                     |                                                                                                         | Montreal, Canada<br>Sun 13 Sutra 81                                      |
| <b>Retreat Star</b>                    |              | Gulika<br>Yama<br>331967571 Rahu                                                                                                                                                                             | <b>6:09AM – 8:05AM</b><br>3:51PM – 5:47PM<br><b>10:02AM – 11:58AM</b>  | <b>Andra Until 5:24PM</b><br>Dhruva Until 5:15PM<br>Catuspada Until 6:09AM<br><b>Amavasya* Until 5:55PM</b>         | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Yellow<br>Jyeshtha-Ani | Sunrise: 4:12AM<br>Sunset: 7:46PM<br>Moon 6 - Phase 11 - 13<br>Amavasya  |
| Mithuna Rasi: 13.39                    | Tithi 30 – 1 |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         | <b>Sivaloka Day</b>                                                      |
| Creative Work                          | Siddha Yoga  |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |
| <b>Saturday, July 6, 2024</b>          |              | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Manta Vesara Yuktiyayam<br>Punarvasu Nakshatra Vyaghata*/Harishana Yoga Bava/Baleva Karana Prathama/Dvitiyayam Titau              |                                                                        |                                                                                                                     |                                                                                                         | Montreal, Canada<br>Sun 14 Sutra 82                                      |
| <b>Retreat Star</b>                    |              | Gulika<br>Yama<br>441967571 Rahu                                                                                                                                                                             | <b>4:13AM – 6:09AM</b><br>1:54PM – 3:51PM<br><b>8:06AM – 10:02AM</b>   | <b>Punarvasu Until 6:15PM</b><br>Vyaghata* Until 4:14PM<br>Balava Until 6:08AM Sun<br><b>Prathama* Until 5:54PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Blue<br>Ashada-Ani     | Sunrise: 4:13AM<br>Sunset: 7:43PM<br>Moon 6 - Phase 11 - 14<br>Prathama  |
| Mithuna Rasi: 25.44                    | Tithi 1 – 2  |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         | <b>Sivaloka Day</b>                                                      |
| Creative Work                          | Siddha Yoga  |                                                                                                                                                                                                              |                                                                        |                                                                                                                     |                                                                                                         |                                                                          |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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|          |                                                                                         |             |                                                                                                                                                                                           |                                                          |                                                                                                                |                                                                                |                                   |                                                    |
|----------|-----------------------------------------------------------------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|-----------------------------------|----------------------------------------------------|
| <b>1</b> | <b>Sunday, July 7, 2024</b>                                                             |             | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Suklia Paksha Bhanu Vasara Yuktayam<br>Pushya Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvityayam Titau          |                                                          |                                                                                                                |                                                                                | Montreal, Canada<br>Sun 15        | Sutra 83                                           |
|          | Kataka Rasi: 9.34                                                                       | Tithi 2     | Gulika<br>Yama<br>Rahu                                                                                                                                                                    | 3:50PM – 5:47PM<br>11:58AM – 1:54PM<br>5:47PM – 7:43PM   | Pushya Until 7:30PM<br>Harshana Until 3:40PM<br>Balava Until 6:08AM<br>Dvitiya Until 6:28PM                    | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Blue<br>Ashada-Ani | Sunrise: 4:14AM<br>Sunset: 7:43PM | Krodhin 516<br>Moon 6 - Phase 12 - 16<br>3rd Phase |
|          | Creative Work                                                                           | Siddha Yoga | 441967571                                                                                                                                                                                 |                                                          |                                                                                                                |                                                                                |                                   | Sivaloka Day                                       |
| <b>2</b> | <b>Monday, July 8, 2024</b>                                                             |             | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Suklia Paksha Indu Vasara Yuktayam<br>Aashlesha* Nakshatra Vajra/Siddhi/Vajra* Yoga Talila/Gara Karana Tritiyayam Titau     |                                                          |                                                                                                                |                                                                                | Montreal, Canada<br>Sun 16        | Sutra 84                                           |
|          | Kataka Rasi: 22.06                                                                      | Tithi 3     | Gulika<br>Yama<br>Rahu                                                                                                                                                                    | 1:54PM – 3:50PM<br>10:02AM – 11:58AM<br>6:10AM – 8:06AM  | Aashlesha* Until 9:11PM<br>Vajra* Until 3:34PM<br>Talila Until 7:00AM<br>Tritiya Until 7:38PM                  | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Blue<br>Ashada-Ani                | Sunrise: 4:14AM<br>Sunset: 7:42PM | Krodhin 516<br>Moon 6 - Phase 12 - 16<br>3rd Phase |
|          | Family Home Evening<br>Creative Work<br>Until 9:11PM<br>Then Routine Work - Marana Yoga | Siddha Yoga | 441967571                                                                                                                                                                                 |                                                          |                                                                                                                |                                                                                |                                   | Sivaloka Day                                       |
| <b>3</b> | <b>Tuesday, July 9, 2024</b>                                                            |             | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Suklia Paksha Mangala Vasara Yuktayam<br>Magha* Nakshatra Siddhi/Vyatiyata* Yoga Vanija/Visi* Karana Chaturthiyam Titau     |                                                          |                                                                                                                |                                                                                | Montreal, Canada<br>Sun 17        | Sutra 85                                           |
|          | Simha Rasi: 4.23                                                                        | Tithi 4     | Gulika<br>Yama<br>Rahu                                                                                                                                                                    | 11:59AM – 1:54PM<br>10:07AM – 10:03AM<br>3:50PM – 5:46PM | Magha* Until 11:44PM<br>Siddhi Until 3:55PM<br>Vanija Until 8:28AM<br>Chaturthi* Until 9:22PM                  | Ganesha: Green<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Red<br>Ashada-Ani  | Sunrise: 4:15AM<br>Sunset: 7:42PM | Krodhin 516<br>Moon 6 - Phase 12 - 17<br>3rd Phase |
|          | Creative Work                                                                           | Siddha Yoga | 452967571                                                                                                                                                                                 |                                                          |                                                                                                                |                                                                                |                                   | Devaloka Day                                       |
| <b>4</b> | <b>Wednesday, July 10, 2024</b>                                                         |             | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Suklia Paksha Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vayitapata*Varjyan Yoga Bava/Balava Karana Panchamyam Titau |                                                          |                                                                                                                |                                                                                | Montreal, Canada<br>Sun 18        | Sutra 86                                           |
|          | Simha Rasi: 16.27                                                                       | Tithi 5     | Gulika<br>Yama<br>Rahu                                                                                                                                                                    | 10:03AM – 11:59AM<br>6:12AM – 8:07AM<br>11:59AM – 1:54PM | Purvaphalguni Until 2:33AM Thu<br>Vyatipata* Until 4:39PM<br>Bava Until 10:27AM<br>Panchami Until 11:34PM      | Ganesha: Green<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Red<br>Ashada-Ani  | Sunrise: 4:16AM<br>Sunset: 7:41PM | Krodhin 516<br>Moon 6 - Phase 12 - 18<br>3rd Phase |
|          | Creative Work                                                                           | Amrita Yoga | 452967571                                                                                                                                                                                 |                                                          |                                                                                                                |                                                                                |                                   | Devaloka Day                                       |
| <b>5</b> | <b>Thursday, July 11, 2024</b>                                                          |             | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Suklia Paksha Guru Vasara Yuktayam<br>Hasta Nakshatra Parigaha*Varjyan Yoga Kara/Kaulava Karana Shashthiyam Titau           |                                                          |                                                                                                                |                                                                                | Montreal, Canada<br>Sun 19        | Sutra 87                                           |
|          | Simha Rasi: 28.22                                                                       | Tithi 6     | Gulika<br>Yama<br>Rahu                                                                                                                                                                    | 8:08AM – 10:03AM<br>4:17AM – 6:12AM<br>1:54PM – 3:50PM   | Uttaraphalguni Until 5:27AM Fri<br>Varjyan Until 5:37PM<br>Kaulava Until 12:48PM<br>Shashthi* Until 2:03AM Fri | Ganesha: Green<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Red<br>Ashada-Ani  | Sunrise: 4:17AM<br>Sunset: 7:41PM | Krodhin 516<br>Moon 6 - Phase 12 - 19<br>3rd Phase |
|          | Amrita Yoga                                                                             |             | 452967571                                                                                                                                                                                 |                                                          |                                                                                                                |                                                                                |                                   | Devaloka Day                                       |
|          |                                                                                         |             | Chidambaram Abhishekam                                                                                                                                                                    |                                                          |                                                                                                                |                                                                                |                                   |                                                    |
| <b>6</b> | <b>Friday, July 12, 2024</b>                                                            |             | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Suklia Paksha Sukra Vasara Yuktayam<br>Hasta Nakshatra Parigaha* Yoga Gara/Vanija Karana Sapthamyam Titau                   |                                                          |                                                                                                                |                                                                                | Montreal, Canada<br>Sun 20        | Sutra 88                                           |
|          | Kanya Rasi: 10.1                                                                        | Tithi 7     | Gulika<br>Yama<br>Rahu                                                                                                                                                                    | 6:13AM – 8:08AM<br>3:49PM – 5:45PM<br>10:04AM – 11:59AM  | Hasta Until 8:43AM Sat<br>Parigaha* Until 6:42PM<br>Gara Until 3:21PM<br>Saptami Until 4:35AM Sat              | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Green<br>Ashada-Ani  | Sunrise: 4:19AM<br>Sunset: 7:40PM | Krodhin 516<br>Moon 6 - Phase 12 - 20<br>3rd Phase |
|          | Creative Work<br>Until 8:43AM Sat<br>Then Routine Work - Marana Yoga                    | Amrita Yoga | 462967571                                                                                                                                                                                 |                                                          |                                                                                                                |                                                                                |                                   | Sivaloka Day                                       |
| <b>7</b> | <b>Saturday, July 13, 2024</b>                                                          |             | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Suklia Paksha Manta Vasara Yuktayam<br>Hasta/Chitra Nakshatra Shiva Yoga Vishi* Bava Karana Ashtamyam Titau                 |                                                          |                                                                                                                |                                                                                | Montreal, Canada<br>Sun 21        | Sutra 89                                           |
|          | Retreat Star<br>Kanya Rasi: 21.59                                                       | Tithi 8     | Gulika<br>Yama<br>Rahu                                                                                                                                                                    | 4:19AM – 6:14AM<br>1:54PM – 3:49PM<br>8:09AM – 10:04AM   | Hasta Until 8:43AM<br>Shiva Until 7:44PM<br>Vishi Until 5:49PM<br>Ashtami* Until 6:55AM Sun                    | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Green<br>Ashada-Ani  | Sunrise: 4:19AM<br>Sunset: 7:39PM | Krodhin 516<br>Moon 6 - Phase 12 - 21<br>Ashtami   |
|          | Routine Work                                                                            | Marana Yoga | 462967571                                                                                                                                                                                 |                                                          |                                                                                                                |                                                                                |                                   | Sivaloka Day                                       |
| <b>8</b> | <b>Sunday, July 14, 2024</b>                                                            |             | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Suklia Paksha Bhanu Vasara Yuktayam<br>Chitra/Svati Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau         |                                                          |                                                                                                                |                                                                                | Montreal, Canada<br>Sun 22        | Sutra 90                                           |
|          | Retreat Star<br>Tula Rasi: 3.52                                                         | Tithi 8 – 9 | Gulika<br>Yama<br>Rahu                                                                                                                                                                    | 3:49PM – 5:44PM<br>11:59AM – 1:54PM<br>5:44PM – 7:39PM   | Chitra Until 11:34AM<br>Siddha Until 8:27PM<br>Balava Until 7:57PM<br>Ashtami* Until 6:55AM                    | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Green<br>Ashada-Ani  | Sunrise: 4:20AM<br>Sunset: 7:39PM | Krodhin 516<br>Moon 6 - Phase 12 - 22<br>Navami    |
|          | Creative Work                                                                           | Siddha Yoga | 462967571                                                                                                                                                                                 |                                                          |                                                                                                                |                                                                                |                                   | Sivaloka Day                                       |

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

All times are standard time. Calculated for Montreal, Canada on 7/10/23

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)

|                                         |                |                                                                                                                                                                                                                     |                            |                   |                 |                                          |
|-----------------------------------------|----------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|-------------------|-----------------|------------------------------------------|
| <b>1 Monday, July 15, 2024</b>          |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sadhya Yoga Kaulava/Taillia Karana Navami/Dashmynam Titau                             |                            |                   |                 | Montreal, Canada<br>Sun 23 Sutra 91      |
| Tula Rasi: 15.56                        | Tithi 9 – 10   | Gulika 1:54PM – 3:48PM                                                                                                                                                                                              | Svati Until 1:48PM         | Ganesha: Red      | Sunrise: 4:21AM | Krodhin 5:06                             |
| Family Home Evening                     |                | Yama 10:05AM – 11:59AM                                                                                                                                                                                              | Sadhya Until 8:46PM        | Muruga: Clear     | Sunset: 7:38PM  | Moon 6 - Phase 13 - 23                   |
| Creative Work Amrita Yoga               | 462967571 Rahu | 6:15AM – 8:10AM                                                                                                                                                                                                     | Taillia Until 9:32PM       | Nataraja: Blue    |                 | 4th Phase                                |
| Until 1:48PM                            |                |                                                                                                                                                                                                                     | Navami* Until 8:48AM       | Moon – Green      |                 |                                          |
| Then Routine Work - Marana Yoga         |                |                                                                                                                                                                                                                     |                            | Ashada-Adi        |                 | Sivaloka Day                             |
| <b>2 Tuesday, July 16, 2024</b>         |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam<br>Anuradha Nakshatra Subha Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau                                     |                            |                   |                 | Montreal, Canada<br>Sun 24 Sutra 92      |
| Tula Rasi: 28.15                        | Tithi 10 – 11  | Gulika 11:59AM – 1:54PM                                                                                                                                                                                             | Vishakha Until 3:42PM      | Ganesha: Blue     | Sunrise: 4:21AM | Krodhin 5:06                             |
|                                         |                | Yama 8:10AM – 10:05AM                                                                                                                                                                                               | Subha Until 8:33PM         | Muruga: Clear     | Sunset: 7:37PM  | Moon 6 - Phase 13 - 24                   |
| Routine Work Marana Yoga                | 472967572 Rahu | 3:48PM – 5:43PM                                                                                                                                                                                                     | Vanija Until 10:25PM       | Nataraja: Yellow  |                 | 4th Phase                                |
| Until 3:42PM                            |                |                                                                                                                                                                                                                     | Dashami Until 10:03AM      | Moon – Orange     |                 |                                          |
| Then Creative Work - Siddha Yoga        |                |                                                                                                                                                                                                                     |                            | Ashada-Adi        |                 | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
| <b>3 Wednesday, July 17, 2024</b>       |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Budhi Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Sukla Yoga Visi*/Bava Karana Ekadashi/Dvadashyam Titau                              |                            |                   |                 | Montreal, Canada<br>Sun 25 Sutra 93      |
| Vischika Rasi: 10.54                    | Tithi 11 – 12  | Gulika 10:05AM – 11:59AM                                                                                                                                                                                            | Anuradha Until 4:42PM      | Ganesha: Blue     | Sunrise: 4:22AM | Krodhin 5:06                             |
|                                         |                | Yama 6:17AM – 8:11AM                                                                                                                                                                                                | Sukla Until 7:41PM         | Muruga: Clear     | Sunset: 7:36PM  | Moon 6 - Phase 13 - 25                   |
| Creative Work Siddha Yoga               | 472967572 Rahu | 11:59AM – 1:54PM                                                                                                                                                                                                    | Bava Until 10:31PM         | Nataraja: Yellow  |                 | 4th Phase                                |
|                                         |                |                                                                                                                                                                                                                     | Ekadashi Until 10:33AM     | Moon – Orange     |                 |                                          |
|                                         |                |                                                                                                                                                                                                                     |                            | Ashada-Adi        |                 | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
| <b>4 Thursday, July 18, 2024</b>        |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau                           |                            |                   |                 | Montreal, Canada<br>Sun 26 Sutra 94      |
| Vischika Rasi: 23.55                    | Tithi 12 – 13  | Gulika 8:11AM – 10:05AM                                                                                                                                                                                             | Jyeshtha* Until 4:47PM     | Ganesha: Blue     | Sunrise: 4:23AM | Krodhin 5:06                             |
|                                         |                | Yama 4:23AM – 6:17AM                                                                                                                                                                                                | Brahma Until 6:14PM        | Muruga: Clear     | Sunset: 7:35PM  | Moon 6 - Phase 13 - 26                   |
| Routine Work Prabalarishtha Yoga        | 472967572 Rahu | 1:53PM – 3:47PM                                                                                                                                                                                                     | Kaulava Until 9:51PM       | Nataraja: Yellow  |                 | 4th Phase                                |
| Until 4:47PM                            |                |                                                                                                                                                                                                                     | Dvadashi Until 10:16AM     | Moon – Orange     |                 |                                          |
| Then Creative Work - Siddha Yoga        |                |                                                                                                                                                                                                                     |                            | Ashada-Adi        |                 | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
| <b>5 Friday, July 19, 2024</b>          |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taillia/Gara Karana Trayodashi/Chaturdashyam Titau            |                            |                   |                 | Montreal, Canada<br>Sun 27 Sutra 95      |
| Dhanus Rasi: 7.21                       | Tithi 13 – 14  | Gulika 6:18AM – 8:12AM                                                                                                                                                                                              | Mula* Until 4:27PM         | Ganesha: Yellow   | Sunrise: 4:24AM | Krodhin 5:06                             |
|                                         |                | Yama 3:47PM – 5:41PM                                                                                                                                                                                                | Indra Until 4:12PM         | Muruga: Clear     | Sunset: 7:34PM  | Moon 6 - Phase 13 - 27                   |
| Creative Work Amrita Yoga               | 482967572 Rahu | 10:06AM – 11:59AM                                                                                                                                                                                                   | Gara Until 8:29PM          | Nataraja: Yellow  |                 | 4th Phase                                |
| Until 4:27PM                            |                |                                                                                                                                                                                                                     | Trayodashi Until 9:14AM    | Moon – Light Blue |                 |                                          |
| Then Routine Work - Prabalarishtha Yoga |                |                                                                                                                                                                                                                     |                            | Ashada-Adi        |                 | Devaloka Day                             |
| <b>○ Saturday, July 20, 2024</b>        |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishakmbha* Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Titau |                            |                   |                 | Montreal, Canada<br>Sun 28 Sutra 96      |
| <b>Copper Retreat Star</b>              |                | Gulika 4:25AM – 6:19AM                                                                                                                                                                                              | Purvashadha* Until 3:21PM  | Ganesha: Yellow   | Sunrise: 4:25AM | Krodhin 5:06                             |
| Dhanus Rasi: 21.1                       | Tithi 14 – 15  | Yama 1:53PM – 3:47PM                                                                                                                                                                                                | Vaidhriti* Until 1:39PM    | Muruga: Clear     | Sunset: 7:34PM  | Moon 6 - Phase 13 - Purnima              |
| Creative Work Siddha Yoga               | 482967572 Rahu | 8:12AM – 10:06AM                                                                                                                                                                                                    | Visi Until 6:32PM          | Nataraja: Yellow  |                 |                                          |
| Until 3:21PM                            |                |                                                                                                                                                                                                                     | Chaturdashi* Until 7:33AM  | Moon – Light Blue |                 |                                          |
| Then Routine Work - Marana Yoga         |                | Satguru Purnima                                                                                                                                                                                                     |                            | Ashada-Adi        |                 | Devaloka Day                             |
| <b>Sunday, July 21, 2024</b>            |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Uthuru Vasara Yuktayam<br>Uttarashadha/Shrivana Nakshatra Vishakmbha*/Priti Yoga Balava/Kaulava Karana Prathamayam Titau                |                            |                   |                 | Montreal, Canada<br>Sun 29 Sutra 97      |
| <b>Silver Retreat Star</b>              |                | Gulika 3:46PM – 5:39PM                                                                                                                                                                                              | Uttarashadha Until 1:39PM  | Ganesha: Yellow   | Sunrise: 4:26AM | Krodhin 5:06                             |
| Makara Rasi: 5.2                        | Tithi 16       | Yama 12:00PM – 1:53PM                                                                                                                                                                                               | Vishakmbha* Until 10:44AM  | Muruga: Clear     | Sunset: 7:33PM  | Moon 6 - Phase 13 - Prathama             |
| Creative Work Amrita Yoga               | 482967572 Rahu | 5:39PM – 7:33PM                                                                                                                                                                                                     | Balava Until 4:08PM        | Nataraja: Yellow  |                 |                                          |
|                                         |                |                                                                                                                                                                                                                     | Prathama* Until 2:47AM Mon | Moon – Light Blue |                 |                                          |
|                                         |                |                                                                                                                                                                                                                     |                            | Ashada-Adi        |                 | Devaloka Day                             |

**Monday, July 22, 2024****Gold Retreat Star**

Makara Rasi: 19:44 Tithi 17  
**Family Home Evening**  
 Creative Work - Amrita Yoga  
 Until 11:55AM  
 Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Indu Varsa Yuktayam  
 Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taillita/Gara Karana Divilyayam Titau  
**Gulika** 1:53PM - 3:46PM  
**Yama** 10:07AM - 12:00PM  
**Rahu** 6:21AM - 8:14AM  
**Shravana Until 11:55AM**  
 Priti Until 7:32AM  
 Taillita Until 1:25PM  
**Dvitiya Until 11:59PM**

Montreal, Canada  
 Sutra 98  
 Krodhin 5126  
 Moon 7 - Phase 14 - 1st Phase

Sunrise: 4:28AM

Sunset: 7:32PM

Ganesha: White

Muruga: Clear

Nataraja: Yellow

Moon - Purple

Ashada-Adi

**Bhuloka Day**

Devaloka Time: 3PM to 6PM

**1 Tuesday, July 23, 2024**

Kumbha Rasi: 4:18 Tithi 18  
 Creative Work - Siddha Yoga  
 Until 9:52AM  
 Then Routine Work - Marana Yoga

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Mangala Varsa Yuktayam  
 Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Ritayam Titau  
**Gulika** 12:00PM - 1:52PM  
**Yama** 8:14AM - 10:07AM  
**Rahu** 3:45PM - 5:38PM  
**Dhanishtha Until 9:52AM**  
 Saubhagya Until 12:42AM Wed  
 Vanija Until 10:33AM  
**Tritiya Until 9:05PM**

Montreal, Canada  
 Sun 1 Sutra 99  
 Krodhin 5126  
 Moon 7 - Phase 14 - 1st Phase

Sunrise: 4:29AM

Sunset: 7:31PM

Ganesha: Clear

Muruga: Clear

Nataraja: Yellow

Moon - Purple

Ashada-Adi

**Devaloka Day**

**2 Wednesday, July 24, 2024**

Kumbha Rasi: 18:54 Tithi 19  
 Creative Work - Siddha Yoga  
 Until 7:39AM  
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Budha Varsa Yuktayam  
 Shatabhishak/Purvasrothapada\* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthya Titau  
**Gulika** 10:07AM - 12:00PM  
**Yama** 6:22AM - 8:15AM  
**Rahu** 12:00PM - 1:52PM  
**Shatabhishak Until 7:39AM**  
 Sobhana Until 9:20PM  
 Bava Until 7:40AM  
**Chaturthi\* Until 6:13PM**

Montreal, Canada  
 Sun 2 Sutra 100  
 Krodhin 5126  
 Moon 7 - Phase 14 - 1st Phase

Sunrise: 4:30AM

Sunset: 7:30PM

Ganesha: Clear

Muruga: Clear

Nataraja: Yellow

Moon - Purple

Ashada-Adi

**Devaloka Day**

**3 Thursday, July 25, 2024**

Meena Rasi: 3:26 Tithi 20 - 21  
 Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Guru Varsa Yuktayam  
 Uttarashrothapada Nakshatra Athiganda\* Yoga Taillita/Gara Karana Panchami/Shashthya Titau  
**Gulika** 8:15AM - 10:07AM  
**Yama** 4:31AM - 6:23AM  
**Rahu** 1:52PM - 3:44PM  
**Uttarashrothapada Until 4:00AM Fri**  
 Athiganda\* Until 6:04PM  
 Gara Until 2:15AM Fri  
**Panchami Until 3:31PM**

Montreal, Canada  
 Sun 3 Sutra 101  
 Krodhin 5126  
 Moon 7 - Phase 14 - 1st Phase

Sunrise: 4:31AM

Sunset: 7:29PM

Ganesha: Yellow

Muruga: Clear

Nataraja: Yellow

Moon - Clear

Ashada-Adi

**Devaloka Day**

**4 Friday, July 26, 2024**

Meena Rasi: 17:51 Tithi 21 - 22  
 Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Sukra Varsa Yuktayam  
 Revati Nakshatra Sukarma/Dhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika** 6:24AM - 8:16AM  
**Yama** 3:43PM - 5:35PM  
**Rahu** 10:08AM - 12:00PM  
**Revati Until 2:20AM Sat**  
 Sukarma Until 3:00PM  
 Visti Until 11:54PM  
**Shashthi\* Until 1:01PM**

Montreal, Canada  
 Sun 4 Sutra 102  
 Krodhin 5126  
 Moon 7 - Phase 14 - 4 1st Phase

Sunrise: 4:32AM

Sunset: 7:27PM

Ganesha: Yellow

Muruga: Clear

Nataraja: Yellow

Moon - Clear

Ashada-Adi

**Devaloka Day**

**5 Saturday, July 27, 2024**

**Retreat Star**

Mesha Rasi: 2:04 Tithi 22 - 23  
 Creative Work - Siddha Yoga  
 Until 1:16AM Sun  
 Then Routine Work - Prabalarishtha Yoga

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Manta Varsa Yuktayam  
 Ashvini Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika** 4:33AM - 6:25AM  
**Yama** 1:51PM - 3:43PM  
**Rahu** 8:16AM - 10:08AM  
**Ashvini Until 1:16AM Sun**  
 Dhriti Until 12:12PM  
 Balava Until 9:52PM  
**Saptami Until 10:50AM**

Montreal, Canada  
 Sun 5 Sutra 103  
 Krodhin 5126  
 Moon 7 - Phase 14 - 5 Ashtami

Sunrise: 4:33AM

Sunset: 7:26PM

Ganesha: Blue

Muruga: Clear

Nataraja: Yellow

Moon - White

Ashada-Adi

**Sivaloka Day****Sunday, July 28, 2024****Retreat Star**

Mesha Rasi: 16:04 Tithi 23 - 24  
 Routine Work - Prabalarishtha Yoga  
 Until 12:24AM Mon  
 Then Routine Work - Marana Yoga

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Shani Varsa Yuktayam  
 Bharani Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taillita Karana Ashtami/Navamyam Titau  
**Gulika** 3:42PM - 5:34PM  
**Yama** 12:00PM - 1:51PM  
**Rahu** 5:34PM - 7:25PM  
**Bharani Until 12:24AM Mon**  
 Shula\* Until 9:39AM  
 Taillita Until 8:11PM  
**Ashtami\* Until 8:58AM**

Montreal, Canada  
 Sun 6 Sutra 104  
 Krodhin 5126  
 Moon 7 - Phase 14 - 6 Navami

Sunrise: 4:34AM

Sunset: 7:25PM

Ganesha: Blue

Muruga: Clear

Nataraja: Yellow

Moon - White

Ashada-Adi

**Sivaloka Day**

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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|                                   |                |                                                                                                                                                                                          |                               |                  |                 |                                      |
|-----------------------------------|----------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|------------------|-----------------|--------------------------------------|
| <b>1 Monday, July 29, 2024</b>    |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Indu Vasara Yuktayam<br>Kritika Nakshatra Ganda*Vridhi Yoga Gara/Vanija Karana Navami/Dashamayem Titau       |                               |                  |                 | Montreal, Canada<br>Sun 7 Sutra 105  |
| Mesha Rasi: 29:51                 | Tithi 24 – 25  | Gulika 1:51PM – 3:42PM                                                                                                                                                                   | Kritika Until 11:44PM         | Ganesha: Blue    | Sunrise: 4:35AM | Krodhin 5126                         |
| Family Home Evening               | 423967572 Rahu | Yama 10:08AM – 11:59AM                                                                                                                                                                   | Ganda* Until 7:23AM           | Muruga: Clear    | Sunset: 7:24PM  | Moon 7 - Phase 15 - 7                |
| Routine Work Marana Yoga          |                | 6:28AM – 8:17AM                                                                                                                                                                          | Vanija Until 6:50PM           | Nataraja: Yellow |                 | 2nd Phase                            |
| Until 11:44PM                     |                |                                                                                                                                                                                          | Navami* Until 7:26AM          | Moon – White     |                 |                                      |
| Then Creative Work - Amrita Yoga  |                |                                                                                                                                                                                          |                               | Ashada-Adi       |                 | Sivaloka Day                         |
| <b>2 Tuesday, July 30, 2024</b>   |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Mangala Vasara Yuktayam<br>Rohini Nakshatra Dhruva Yoga Visti*Balava Karana Dashami/Ekadasheyem Titau        |                               |                  |                 | Montreal, Canada<br>Sun 8 Sutra 106  |
| Visrabha Rasi: 13:26              | Tithi 25 – 26  | Gulika 11:59AM – 1:50PM                                                                                                                                                                  | Rohini Until 11:42PM          | Ganesha: Clear   | Sunrise: 4:36AM | Krodhin 5126                         |
|                                   | 433167572 Rahu | Yama 8:18AM – 10:09AM                                                                                                                                                                    | Dhruva Until 3:42AM Wed       | Muruga: Clear    | Sunset: 7:23PM  | Moon 7 - Phase 15 - 8                |
| Creative Work Amrita Yoga         |                | 3:41PM – 5:32PM                                                                                                                                                                          | Balava Until 5:27AM Wed       | Nataraja: Yellow |                 | 2nd Phase                            |
| Until 11:42PM                     |                |                                                                                                                                                                                          | Dashami Until 6:16AM          | Moon – Yellow    |                 |                                      |
| Then Creative Work - Siddha Yoga  |                |                                                                                                                                                                                          |                               | Ashada-Adi       |                 | Devaloka Day                         |
| <b>3 Wednesday, July 31, 2024</b> |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Budha Vasara Yuktayam<br>Mrigashira Nakshatra Vyaghal* Yoga Kaulava/Taitila Karana Dvadashyam Titau          |                               |                  |                 | Montreal, Canada<br>Sun 9 Sutra 107  |
| Visrabha Rasi: 26:49              | Tithi 27       | Gulika 10:09AM – 11:59AM                                                                                                                                                                 | Mrigashira Until 11:53PM      | Ganesha: Clear   | Sunrise: 4:37AM | Krodhin 5126                         |
|                                   | 433167572 Rahu | Yama 6:28AM – 8:18AM                                                                                                                                                                     | Vyaghal* Until 2:18AM Thu     | Muruga: Clear    | Sunset: 7:21PM  | Moon 7 - Phase 15 - 9                |
| Creative Work Siddha Yoga         |                | 11:59AM – 1:50PM                                                                                                                                                                         | Kaulava Until 5:11PM          | Nataraja: Yellow |                 | 2nd Phase                            |
|                                   |                |                                                                                                                                                                                          | Dvadashi* Until 4:59AM Thu    | Moon – Yellow    |                 |                                      |
|                                   |                |                                                                                                                                                                                          |                               | Ashada-Adi       |                 | Devaloka Day                         |
| <b>4 Thursday, August 1, 2024</b> |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Guru Vasara Yuktayam<br>Andra Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau                  |                               |                  |                 | Montreal, Canada<br>Sun 10 Sutra 108 |
| Mithuna Rasi: 9:59                | Tithi 28       | Gulika 8:19AM – 10:09AM                                                                                                                                                                  | Andra Until 12:18AM Fri       | Ganesha: Clear   | Sunrise: 4:39AM | Krodhin 5126                         |
|                                   | 433167572 Rahu | Yama 4:39AM – 6:29AM                                                                                                                                                                     | Harshana Until 1:13AM Fri     | Muruga: Clear    | Sunset: 7:20PM  | Moon 7 - Phase 15 - 10               |
| Routine Work Marana Yoga          |                | 1:49PM – 3:40PM                                                                                                                                                                          | Gara Until 4:56PM             | Nataraja: Yellow |                 | 2nd Phase                            |
| Until 12:18AM Fri                 |                |                                                                                                                                                                                          | Trayodashi* Until 4:56AM Fri  | Moon – Yellow    |                 |                                      |
| Then Creative Work - Siddha Yoga  |                |                                                                                                                                                                                          |                               | Ashada-Adi       |                 | Devaloka Day                         |
| <b>5 Friday, August 2, 2024</b>   |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Vajra* Yoga Visti/Sakuni* Karana Chaturdashyam Titau            |                               |                  |                 | Montreal, Canada<br>Sun 11 Sutra 109 |
| Mithuna Rasi: 22:58               | Tithi 29       | Gulika 6:30AM – 8:19AM                                                                                                                                                                   | Punarvasu Until 1:26AM Sat    | Ganesha: Orange  | Sunrise: 4:40AM | Krodhin 5126                         |
|                                   | 443167572 Rahu | Yama 3:39PM – 5:29PM                                                                                                                                                                     | Vajra* Until 12:27AM Sat      | Muruga: Clear    | Sunset: 7:19PM  | Moon 7 - Phase 15 - 11               |
| Creative Work Siddha Yoga         |                | 10:09AM – 11:59AM                                                                                                                                                                        | Visti Until 5:05PM            | Nataraja: Yellow |                 | 2nd Phase                            |
|                                   |                |                                                                                                                                                                                          | Chaturdashi* Until 5:19AM Sat | Moon – Blue      |                 |                                      |
|                                   |                |                                                                                                                                                                                          |                               | Ashada-Adi       |                 | Devaloka Day                         |
| <b>● Saturday, August 3, 2024</b> |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Manta Vasara Yuktayam<br>Pushya Nakshatra Siddhi Yoga Catuspada*Naga* Karana Amavasyayem Titau               |                               |                  |                 | Montreal, Canada<br>Sun 12 Sutra 110 |
| Kataka Rasi: 5:44                 | Tithi 30       | Gulika 4:41AM – 6:30AM                                                                                                                                                                   | Pushya Until 2:53AM Sun       | Ganesha: Orange  | Sunrise: 4:41AM | Krodhin 5126                         |
|                                   | 443167572 Rahu | Yama 1:49PM – 3:38PM                                                                                                                                                                     | Siddhi Until 12:04AM Sun      | Muruga: Clear    | Sunset: 7:17PM  | Moon 7 - Phase 15 - 12               |
| Creative Work Siddha Yoga         |                | 8:20AM – 10:10AM                                                                                                                                                                         | Catuspada Until 5:42PM        | Nataraja: Yellow |                 | Amavasya                             |
|                                   |                |                                                                                                                                                                                          | Amavasya* Until 6:10AM Sun    | Moon – Blue      |                 |                                      |
|                                   |                |                                                                                                                                                                                          |                               | Ashada-Adi       |                 | Devaloka Day                         |
| <b>Sunday, August 4, 2024</b>     |                | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Bhanu Vasara Yuktayam<br>Ashlesha* Nakshatra Vyatipata* Yoga Naga*Kintughna* Karana Amavasya/Prathamayem Titau |                               |                  |                 | Montreal, Canada<br>Sun 13 Sutra 111 |
| Kataka Rasi: 18:16                | Tithi 30 – 1   | Gulika 3:37PM – 5:27PM                                                                                                                                                                   | Ashlesha* Until 4:38AM Mon    | Ganesha: Orange  | Sunrise: 4:42AM | Krodhin 5126                         |
|                                   | 443167572 Rahu | Yama 11:59AM – 1:48PM                                                                                                                                                                    | Vyatipata* Until 12:05AM Mon  | Muruga: Clear    | Sunset: 7:16PM  | Moon 7 - Phase 15 - 13               |
| Creative Work Siddha Yoga         |                | 5:27PM – 7:16PM                                                                                                                                                                          | Kintughna Until 6:48PM        | Nataraja: Yellow |                 | Prathama                             |
| Until 4:38AM Mon                  |                |                                                                                                                                                                                          | Amavasya* Until 6:10AM        | Moon – Blue      |                 |                                      |
| Then Routine Work - Marana Yoga   |                |                                                                                                                                                                                          |                               | Savana-Adi       |                 | Devaloka Day                         |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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|                                  |  |                                  |  |                                                                                                                                                                                                    |  |                                      |  |
|----------------------------------|--|----------------------------------|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--------------------------------------|--|
| <b>1</b>                         |  | <b>Monday, August 5, 2024</b>    |  | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam<br>Magha* Nakshatra Varjani Yoga Bava/Balava Karana Prathamam/Dvityayam Titau                       |  | Montreal, Canada<br>Sun 14 Sutra 112 |  |
| Simha Rasi: 1                    |  | Tithi 1 – 2                      |  | Gulika 1:46PM – 3:37PM                                                                                                                                                                             |  | Ganesha: Clear                       |  |
| Family Home Evening              |  | 453167572 Rahu                   |  | Yama 10:10AM – 11:59AM                                                                                                                                                                             |  | Sunset: 4:43AM                       |  |
| Routine Work                     |  | Marana Yoga                      |  | Magha* Until 7:11AM Tue                                                                                                                                                                            |  | Moon 7 - Phase 16 - 14               |  |
| Until 7:11AM Tue                 |  | Then Creative Work - Siddha Yoga |  | Varjani Until 12:26AM Tue                                                                                                                                                                          |  | Krodhin 5126                         |  |
|                                  |  |                                  |  | Balava Until 8:24PM                                                                                                                                                                                |  | 3rd Phase                            |  |
|                                  |  |                                  |  | Prathama* Until 7:31AM                                                                                                                                                                             |  | Devaloka Day                         |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Savana-Adi                           |  |
| <b>2</b>                         |  | <b>Tuesday, August 6, 2024</b>   |  | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam<br>Magha/Purvaphalguni Nakshatra Paishaga* Yoga Kaulava/Taila Karana Dvityayam Titau             |  | Montreal, Canada<br>Sun 15 Sutra 113 |  |
| Simha Rasi: 12.44                |  | Tithi 2 – 3                      |  | Gulika 11:59AM – 1:47PM                                                                                                                                                                            |  | Ganesha: White                       |  |
| Creative Work                    |  | Siddha Yoga                      |  | Yama 8:22AM – 10:10AM                                                                                                                                                                              |  | Sunset: 4:44AM                       |  |
|                                  |  | 454167572 Rahu                   |  | Magha* Until 7:11AM                                                                                                                                                                                |  | Moon 7 - Phase 16 - 15               |  |
|                                  |  |                                  |  | Pangha* Until 1:09AM Wed                                                                                                                                                                           |  | Krodhin 5126                         |  |
|                                  |  |                                  |  | Taila Until 10:27PM                                                                                                                                                                                |  | 3rd Phase                            |  |
|                                  |  |                                  |  | Dvitiya Until 9:21AM                                                                                                                                                                               |  | Devaloka Day                         |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Savana-Adi                           |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Devaloka Time: 3PM to 6PM            |  |
| <b>3</b>                         |  | <b>Wednesday, August 7, 2024</b> |  | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |  | Montreal, Canada<br>Sun 16 Sutra 114 |  |
| Simha Rasi: 24.41                |  | Tithi 3 – 4                      |  | Gulika 10:10AM – 11:59AM                                                                                                                                                                           |  | Ganesha: White                       |  |
| Creative Work                    |  | Amrita Yoga                      |  | Yama 8:22AM – 10:10AM                                                                                                                                                                              |  | Sunset: 4:46AM                       |  |
|                                  |  | 454167572 Rahu                   |  | Purvaphalguni Until 9:59AM                                                                                                                                                                         |  | Moon 7 - Phase 16 - 16               |  |
|                                  |  |                                  |  | Shiva Until 2:08AM Thu                                                                                                                                                                             |  | Krodhin 5126                         |  |
|                                  |  |                                  |  | Vanija Until 12:51AM Thu                                                                                                                                                                           |  | 3rd Phase                            |  |
|                                  |  |                                  |  | Tritiya Until 11:36AM                                                                                                                                                                              |  | Devaloka Day                         |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Savana-Adi                           |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Devaloka Time: 3PM to 6PM            |  |
| <b>4</b>                         |  | <b>Thursday, August 8, 2024</b>  |  | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Siddha Yoga Vasi* Bava Karana Chaturthi/Panchamam Titau           |  | Montreal, Canada<br>Sun 17 Sutra 115 |  |
| Kanya Rasi: 6.31                 |  | Tithi 4 – 5                      |  | Gulika 8:23AM – 10:11AM                                                                                                                                                                            |  | Ganesha: White                       |  |
| Amrita Yoga                      |  | 454167572 Rahu                   |  | Yama 4:47AM – 6:35AM                                                                                                                                                                               |  | Sunset: 4:47AM                       |  |
| Until 12:53PM                    |  | Nag Panchami                     |  | Uttaraphalguni Until 12:53PM                                                                                                                                                                       |  | Moon 7 - Phase 16 - 17               |  |
| Then Routine Work - Marana Yoga  |  |                                  |  | Siddha Until 3:14AM Fri                                                                                                                                                                            |  | Krodhin 5126                         |  |
|                                  |  |                                  |  | Bava Until 3:28AM Fri                                                                                                                                                                              |  | 3rd Phase                            |  |
|                                  |  |                                  |  | Chaturthi* Until 2:08PM                                                                                                                                                                            |  | Devaloka Day                         |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Savana-Adi                           |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Devaloka Time: 3PM to 6PM            |  |
| <b>5</b>                         |  | <b>Friday, August 9, 2024</b>    |  | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau             |  | Montreal, Canada<br>Sun 18 Sutra 116 |  |
| Kanya Rasi: 18.18                |  | Tithi 5 – 6                      |  | Gulika 6:38AM – 8:23AM                                                                                                                                                                             |  | Ganesha: Clear                       |  |
| Creative Work                    |  | Amrita Yoga                      |  | Yama 3:34PM – 5:21PM                                                                                                                                                                               |  | Sunset: 4:48AM                       |  |
| Until 4:14PM                     |  | 454167572 Rahu                   |  | Hasta Until 4:14PM                                                                                                                                                                                 |  | Moon 7 - Phase 16 - 18               |  |
| Then Creative Work - Siddha Yoga |  |                                  |  | Sadhya Until 4:21AM Sat                                                                                                                                                                            |  | Krodhin 5126                         |  |
|                                  |  |                                  |  | Kaulava Until 6:04AM Sat                                                                                                                                                                           |  | 3rd Phase                            |  |
|                                  |  |                                  |  | Panchami Until 4:45PM                                                                                                                                                                              |  | Devaloka Day                         |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Savana-Adi                           |  |
| <b>6</b>                         |  | <b>Saturday, August 10, 2024</b> |  | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Manta Vasara Yuktayam<br>Chitra Nakshatra Subha Yoga Kaulava/Taila Karana Shashthiyam Titau                              |  | Montreal, Canada<br>Sun 19 Sutra 117 |  |
| Tula Rasi: 0.05                  |  | Tithi 6                          |  | Gulika 4:48AM – 6:36AM                                                                                                                                                                             |  | Ganesha: Clear                       |  |
| Routine Work                     |  | Marana Yoga                      |  | Yama 1:45PM – 3:33PM                                                                                                                                                                               |  | Sunset: 4:50AM                       |  |
| Until 7:18PM                     |  | 454167572 Rahu                   |  | Chitra Until 7:18PM                                                                                                                                                                                |  | Moon 7 - Phase 16 - 19               |  |
| Then Creative Work - Siddha Yoga |  |                                  |  | Subha Until 5:18AM Sun                                                                                                                                                                             |  | Krodhin 5126                         |  |
|                                  |  |                                  |  | Kaulava Until 6:04AM                                                                                                                                                                               |  | 3rd Phase                            |  |
|                                  |  |                                  |  | Shashthi* Until 7:16PM                                                                                                                                                                             |  | Devaloka Day                         |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Savana-Adi                           |  |
| <b>Sunday, August 11, 2024</b>   |  | <b>Retreat Star</b>              |  | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Bhanu Vasara Yuktayam<br>Svati Nakshatra Sukla Yoga Gara/Vanija Karana Sapthamam Titau                                   |  | Montreal, Canada<br>Sun 20 Sutra 118 |  |
| Tula Rasi: 11.58                 |  | Tithi 7                          |  | Gulika 3:32PM – 5:19PM                                                                                                                                                                             |  | Ganesha: Clear                       |  |
| Creative Work                    |  | Siddha Yoga                      |  | Yama 11:58AM – 1:45PM                                                                                                                                                                              |  | Sunset: 4:50AM                       |  |
| Until 9:52PM                     |  | 454167572 Rahu                   |  | Svati Until 9:52PM                                                                                                                                                                                 |  | Moon 7 - Phase 16 - 20               |  |
| Then Routine Work - Marana Yoga  |  |                                  |  | Sukla Until 5:54AM Mon                                                                                                                                                                             |  | Krodhin 5126                         |  |
|                                  |  |                                  |  | Gara Until 8:25AM                                                                                                                                                                                  |  | 3rd Phase                            |  |
|                                  |  |                                  |  | Saptami Until 9:25PM                                                                                                                                                                               |  | Devaloka Day                         |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Savana-Adi                           |  |
| <b>Monday, August 12, 2024</b>   |  | <b>Retreat Star</b>              |  | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam<br>Vishakha Nakshatra Brahma Yoga Vasi* Bava Karana Ashtamam Titau                                  |  | Montreal, Canada<br>Sun 21 Sutra 119 |  |
| Tula Rasi: 24.01                 |  | Tithi 8                          |  | Gulika 1:44PM – 3:31PM                                                                                                                                                                             |  | Ganesha: Purple                      |  |
| Family Home Evening              |  | 474167572 Rahu                   |  | Yama 10:11AM – 11:58AM                                                                                                                                                                             |  | Sunset: 4:52AM                       |  |
| Routine Work                     |  | Marana Yoga                      |  | Vishakha Until 12:13AM Tue                                                                                                                                                                         |  | Moon 7 - Phase 16 - 21               |  |
| Until 12:13AM Tue                |  | Then Creative Work - Siddha Yoga |  | Brahma Until 6:01AM Tue                                                                                                                                                                            |  | Krodhin 5126                         |  |
|                                  |  |                                  |  | Vasi Until 10:19AM                                                                                                                                                                                 |  | 3rd Phase                            |  |
|                                  |  |                                  |  | Ashtami* Until 11:01PM                                                                                                                                                                             |  | Devaloka Day                         |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Savana-Adi                           |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Devaloka Time: 3PM to 6PM            |  |
| <b>Tuesday, August 13, 2024</b>  |  | <b>Retreat Star</b>              |  | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam<br>Anuradha Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamam Titau                      |  | Montreal, Canada<br>Sun 22 Sutra 120 |  |
| Vrischika Rasi: 6.19             |  | Tithi 9                          |  | Gulika 11:58AM – 1:44PM                                                                                                                                                                            |  | Ganesha: Purple                      |  |
| Creative Work                    |  | Siddha Yoga                      |  | Yama 8:25AM – 10:11AM                                                                                                                                                                              |  | Sunset: 4:53AM                       |  |
|                                  |  | 474167572 Rahu                   |  | Anuradha Until 1:41AM Wed                                                                                                                                                                          |  | Moon 7 - Phase 16 - 22               |  |
|                                  |  |                                  |  | Brahma Until 6:01AM                                                                                                                                                                                |  | Krodhin 5126                         |  |
|                                  |  |                                  |  | Balava Until 11:34AM                                                                                                                                                                               |  | 3rd Phase                            |  |
|                                  |  |                                  |  | Navami* Until 11:53PM                                                                                                                                                                              |  | Devaloka Day                         |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Savana-Adi                           |  |
|                                  |  |                                  |  |                                                                                                                                                                                                    |  | Devaloka Time: 3PM to 6PM            |  |

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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|-----------------------------------------|----------------------------|---------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--|--------------------------------------------------------------------------------------------|--------------------------------------|-------------------------------------|------------------------------------------|
| 1                                       | Wednesday, August 14, 2024 |                     | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Katsaka Mase Sukla Paksha Budha Vassara Yuktayam<br>Jyeshtha* Nakshatra Vaidhriti* Yoga Taillita/Gara Karana Dashmynam Titau                                            |                                                          |                                                                                                              |  |                                                                                            | Montreal, Canada<br>Sun 23 Sutra 121 |                                     |                                          |
|                                         | Vischika Rasi: 18.58       | Tithi 10            | Gulika<br>Yama<br>474167572 Rahu                                                                                                                                                                                         | 10:12AM - 11:57AM<br>6:40AM - 8:26AM<br>11:57AM - 1:43PM | Jyeshtha* Until 2:12AM Thu<br>Vaidhriti* Until 4:26AM Thu<br>Taillite Until 12:02PM<br>Dashami Until 11:56PM |  | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon - Orange<br>Savarna-Adi       | Sunrise: 4:54AM<br>Sunset: 7:01PM    | Moon 7 - Phase 17 - 23<br>4th Phase | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
|                                         | Creative Work              | Siddha Yoga         |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         |                            |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         |                            |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| 2                                       | Thursday, August 15, 2024  |                     | Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Katsaka Mase Sukla Paksha Guru Vassara Yuktayam<br>Mula* Nakshatra Vishkambha* Yoga Vanja/Visti* Karana Ekadashyam Titau                                                |                                                          |                                                                                                              |  |                                                                                            | Montreal, Canada<br>Sun 24 Sutra 122 |                                     |                                          |
|                                         | Dhanus Rasi: 2             | Tithi 11            | Gulika<br>Yama<br>484167572 Rahu                                                                                                                                                                                         | 8:26AM - 10:12AM<br>4:55AM - 6:41AM<br>1:43PM - 3:28PM   | Mula* Until 2:12AM Fri<br>Vishkambha* Until 2:40AM Fri<br>Vanija Until 11:40AM<br>Ekadashi Until 11:09PM     |  | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon - Light Blue<br>Savarna-Adi    | Sunrise: 4:55AM<br>Sunset: 6:59PM    | Moon 7 - Phase 17 - 24<br>4th Phase | Devaloka Day                             |
|                                         | Creative Work              | Siddha Yoga         |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         | Until 12:12AM Fri          |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| Then Routine Work - Prabalarishtha Yoga |                            |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| 3                                       | Friday, August 16, 2024    |                     | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksha Sukra Vassara Yuktayam<br>Purvashadha* Nakshatra Priti Yoga Bava/Baleva Karana Dvadashyam Titau                                                  |                                                          |                                                                                                              |  |                                                                                            | Montreal, Canada<br>Sun 25 Sutra 123 |                                     |                                          |
|                                         | Dhanus Rasi: 15.29         | Tithi 12            | Gulika<br>Yama<br>484167572 Rahu                                                                                                                                                                                         | 6:42AM - 8:27AM<br>3:27PM - 5:13PM<br>10:12AM - 11:57AM  | Purvashadha* Until 1:19AM Sat<br>Priti Until 12:17AM Sat<br>Bava Until 10:30AM<br>Dvadashi Until 9:37PM      |  | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon - Light Blue<br>Savarna-Avani  | Sunrise: 4:56AM<br>Sunset: 6:59PM    | Moon 7 - Phase 17 - 25<br>4th Phase | Devaloka Day                             |
|                                         | Routine Work               | Prabalarishtha Yoga |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         | Until 1:19AM Sat           |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| Then Routine Work - Marana Yoga         |                            |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| 4                                       | Saturday, August 17, 2024  |                     | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksha Manta Vassara Yuktayam<br>Uttarashadha Nakshatra Ayushman Yoga Kaulava/Taillita Karana Trayodashyam Titau                                        |                                                          |                                                                                                              |  |                                                                                            | Montreal, Canada<br>Sun 26 Sutra 124 |                                     |                                          |
|                                         | Dhanus Rasi: 29.25         | Tithi 13            | Gulika<br>Yama<br>584167572 Rahu                                                                                                                                                                                         | 4:58AM - 6:42AM<br>1:42PM - 3:26PM<br>8:27AM - 10:12AM   | Uttarashadha Until 11:38PM<br>Ayushman Until 9:21PM<br>Kaulava Until 8:36AM<br>Trayodashi Until 7:24PM       |  | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon - Light Blue<br>Savarna-Avani | Sunrise: 4:58AM<br>Sunset: 6:59PM    | Moon 7 - Phase 17 - 26<br>4th Phase | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
|                                         | Routine Work               | Marana Yoga         |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         | Until 11:38PM              |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| Then Creative Work - Siddha Yoga        |                            |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| 5                                       | Sunday, August 18, 2024    |                     | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksha Bhanu Vassara Yuktayam<br>Shravana Nakshatra Saubhagya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau                                      |                                                          |                                                                                                              |  |                                                                                            | Montreal, Canada<br>Sun 27 Sutra 125 |                                     |                                          |
|                                         | Makara Rasi: 13.44         | Tithi 14 - 15       | Gulika<br>Yama<br>595167572 Rahu                                                                                                                                                                                         | 3:25PM - 5:10PM<br>11:57AM - 1:41PM<br>5:10PM - 6:54PM   | Shravana Until 9:43PM<br>Saubhagya Until 6:00PM<br>Gara Until 6:06AM<br>Chaturdashi* Until 4:39PM            |  | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon - Purple<br>Savarna-Avani     | Sunrise: 4:59AM<br>Sunset: 6:54PM    | Moon 7 - Phase 17 - 27<br>4th Phase | Sivaloka Day                             |
|                                         | Creative Work              | Amrita Yoga         |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         | Until 9:43PM               |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| Then Routine Work - Marana Yoga         |                            |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| Copper Retreat Star                     | Monday, August 19, 2024    |                     | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vassara Yuktayam<br>Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Bava/Baleva Karana Purnima/Prathamayam Titau                             |                                                          |                                                                                                              |  |                                                                                            | Montreal, Canada<br>Sun 27 Sutra 126 |                                     |                                          |
|                                         | Makara Rasi: 28.25         | Tithi 15 - 16       | Gulika<br>Yama<br>595167572 Rahu                                                                                                                                                                                         | 1:40PM - 3:25PM<br>10:12AM - 11:56AM<br>6:44AM - 8:28AM  | Dhanishtha Until 7:20PM<br>Sobhana Until 2:21PM<br>Balava Until 11:52PM<br>Purnima* Until 1:31PM             |  | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon - Purple<br>Savarna-Avani     | Sunrise: 5:00AM<br>Sunset: 6:53PM    | Moon 7 - Phase 17 - Purnima         | Sivaloka Day                             |
|                                         | Family Home Evening        | Siddha Yoga         |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         | Creative Work              |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         |                            |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
| Silver Retreat Star                     | Tuesday, August 20, 2024   |                     | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vassara Yuktayam<br>Shatabhishak/Purvaprosthihпада* Nakshatra Athiganda* Sukarna Yoga Kaulava/Taillita Karana Prathama/Dvityayam Titau |                                                          |                                                                                                              |  |                                                                                            | Montreal, Canada<br>Sun 28 Sutra 127 |                                     |                                          |
|                                         | Kumbha Rasi: 13.17         | Tithi 16 - 17       | Gulika<br>Yama<br>595167572 Rahu                                                                                                                                                                                         | 11:56AM - 1:40PM<br>8:29AM - 10:12AM<br>3:24PM - 5:07PM  | Shatabhishak Until 4:36PM<br>Athiganda* Until 10:29AM<br>Taillite Until 8:27PM<br>Prathama* Until 10:09AM    |  | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon - Purple<br>Savarna-Avani     | Sunrise: 5:01AM<br>Sunset: 6:51PM    | Moon 7 - Phase 17 - Prathama        | Sivaloka Day                             |
|                                         | Routine Work               | Marana Yoga         |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         |                            |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |
|                                         |                            |                     |                                                                                                                                                                                                                          |                                                          |                                                                                                              |  |                                                                                            |                                      |                                     |                                          |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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**Wednesday, August 21, 2024**

**Gold Retreat Star**

Kumbha Rasi: 28.16 Tithi 17 - 18

Creative Work Amrita Yoga

Until 2:08PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Vadha Vasara Yuktayam  
Purvaprosrthapada/Uttaraprosrthapada Nakshatra Dhriva Yoga Gara/Vidhi Karana Dvitiya/Tritiyam Titau  
**Gulika 10:13AM - 11:56AM**  
Yama 6:46AM - 8:29AM  
Rahu 11:56AM - 1:39PM  
**Purvaprosrthapada\* Until 2:08PM**  
Sukarna Until 6:34AM  
Visti Until 3:21AM Thu  
**Dvitiya Until 6:43AM**  
**Ganesha: Purple**  
**Muruga: Clear**  
**Nataraja: Yellow**  
Moon - Clear  
Sraavana-Avani

Sunrise: 5:03AM  
Sunset: 6:49PM  
Moon 8 - Phase 18 - 1  
1st Phase

Montreal, Canada

Sun 1 Sutra 128

Krodhin 5106

**Sivaloka Day**

**1 Thursday, August 22, 2024**

Meena Rasi: 13.1 Tithi 19

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam  
Uttaraprosrthapada/Revati Nakshatra Shula\* Yoga Bava/Baleva Karana Chaturthiyam Titau  
**Gulika 8:30AM - 10:13AM**  
Yama 5:04AM - 6:47AM  
Rahu 1:39PM - 3:22PM  
**Uttaraprosrthapada Until 11:38AM**  
Shula\* Until 11:02PM  
Bava Until 1:46PM  
**Uttaraprosrthapada Until 11:38AM**  
**Ganesha: Purple**  
**Muruga: Clear**  
**Nataraja: Yellow**  
Moon - Clear  
Sraavana-Avani

Sunrise: 5:04AM  
Sunset: 6:49PM  
Moon 8 - Phase 18 - 2  
1st Phase

Montreal, Canada

Sun 2 Sutra 129

Krodhin 5106

Krodhin 5126

**Sivaloka Day**

**2 Friday, August 23, 2024**

Meena Rasi: 27.55 Tithi 20

Creative Work Siddha Yoga

Until 9:17AM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\* Yoga Kaulava/Tailita Karana Panchamiam Titau  
**Gulika 6:48AM - 8:30AM**  
Yama 3:21PM - 5:03PM  
Rahu 10:13AM - 11:55AM  
**Revati Until 9:17AM**  
Ganda\* Until 7:37PM  
Kaulava Until 10:46AM  
**Panchami Until 9:23PM**  
**Ganesha: Purple**  
**Muruga: Clear**  
**Nataraja: Yellow**  
Moon - Clear  
Sraavana-Avani

Sunrise: 5:05AM  
Sunset: 6:49PM  
Moon 8 - Phase 18 - 3  
1st Phase

Montreal, Canada

Sun 3 Sutra 130

Krodhin 5106

Krodhin 5126

**Sivaloka Day**

**3 Saturday, August 24, 2024**

Mesha Rasi: 12.23 Tithi 21

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Manta Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthiyam Titau  
**Gulika 5:06AM - 6:48AM**  
Yama 1:37PM - 3:20PM  
Rahu 8:31AM - 10:13AM  
**Ashvini Until 7:35AM**  
Vridhi Until 4:35PM  
Gara Until 8:09AM  
**Shashthi\* Until 7:00PM**  
**Ganesha: Purple**  
**Muruga: Clear**  
**Nataraja: Yellow**  
Moon - White  
Sraavana-Avani

Sunrise: 5:06AM  
Sunset: 6:49PM  
Moon 8 - Phase 18 - 4  
1st Phase

Montreal, Canada

Sun 4 Sutra 131

Krodhin 5106

Krodhin 5126

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

**4 Sunday, August 25, 2024**

Mesha Rasi: 26.32 Tithi 22 - 23

Routine Work Prabalarishta Yoga

Until 6:12AM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bharu Vasara Yuktayam  
Bharani/Kritika Nakshatra Dhruva/Vyaghata\* Yoga Visti/Baleva Karana Saptami/Ashthamiam Titau  
**Gulika 3:19PM - 5:00PM**  
Yama 11:55AM - 1:37PM  
Rahu 5:00PM - 6:42PM  
**Bharani Until 6:12AM**  
Dhruva Until 1:55PM  
Visti Until 6:01AM  
**Saptami Until 5:08PM**  
**Ganesha: Purple**  
**Muruga: Clear**  
**Nataraja: Yellow**  
Moon - White  
Sraavana-Avani

Sunrise: 5:07AM  
Sunset: 6:49PM  
Moon 8 - Phase 18 - 5  
1st Phase

Montreal, Canada

Sun 5 Sutra 132

Krodhin 5106

Krodhin 5126

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

**Monday, August 26, 2024**

**Retreat Star**

Vishabha Rasi: 10.21 Tithi 23 - 24

**Family Home Evening**

Creative Work Amrita Yoga

Until 5:05AM Tue

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam  
Rohini Nakshatra Vyaghata\*Harshana Yoga Kaulava/Tailita Karana Ashtami/Navamiam Titau  
**Gulika 1:36PM - 3:17PM**  
Yama 10:13AM - 11:55AM  
Rahu 6:50AM - 8:32AM  
**Rohini Until 5:05AM Tue**  
Vyaghata\* Until 11:43AM  
Tailita Until 3:22AM Tue  
**Ashtami\* Until 3:48PM**  
**Ganesha: Clear**  
**Muruga: Clear**  
**Nataraja: Yellow**  
Moon - Yellow  
Sraavana-Avani

Sunrise: 5:09AM  
Sunset: 6:49PM  
Moon 8 - Phase 18 - 6  
Ashtami

Montreal, Canada

Sun 6 Sutra 133

Krodhin 5106

Krodhin 5126

**Devaloka Day**

**Tuesday, August 27, 2024**

**Retreat Star**

Vishabha Rasi: 23.5 Tithi 24 - 25

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam  
Mrigashira Nakshatra Harshana/Vajra\* Yoga Gara/Vanija Karana Navami/Dashamiam Titau  
**Gulika 11:54AM - 1:35PM**  
Yama 8:32AM - 10:13AM  
Rahu 3:16PM - 4:58PM  
**Mrigashira Until 5:21AM Wed**  
Harshana Until 9:58AM  
Vanija Until 2:53AM Wed  
**Navami\* Until 3:02PM**  
**Ganesha: Clear**  
**Muruga: Orange**  
**Nataraja: White**  
Moon - Yellow  
Sraavana-Avani

Sunrise: 5:10AM  
Sunset: 6:39PM  
Moon 8 - Phase 18 - 7  
Navami

Montreal, Canada

Sun 7 Sutra 134

Krodhin 5106

Krodhin 5126

**Sivaloka Day**

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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|                                   |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
|-----------------------------------|---------------|-----------------------------------|----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------|
| <b>1</b>                          |               | <b>Wednesday, August 28, 2024</b> |                                                          | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam<br>Andra Nakshatra Vajra/Siddhi Yoga Visti* Bava Karana Dashami/Ekadashtyam Titau                        |                                                                                        | Montreal, Canada<br>Sun 8 Sutra 135  |                                                     |
| Mithuna Rasi: 7.01                | Tithi 25 – 26 | Gulika<br>Yama<br>Rahu            | 10:13AM – 11:54AM<br>6:52AM – 8:32AM<br>11:54AM – 1:35PM | Andra Until 5:58AM Thu<br>Vajra* Until 8:38AM<br>Bava Until 2:55AM Thu<br>Dashami Until 2:49PM                                                                                                            | Ganesha: White<br>Muruga: Orange<br>Nataraja: White<br>Moon – Yellow<br>Sraavana-Avani | Sunrise: 5:11AM<br>Sunset: 6:37PM    | Krodhin 5126<br>Moon 8 - Phase 19 - 8<br>2nd Phase  |
| Creative Work Siddha Yoga         |               | Subha Sivaloka Day                |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Until 5:58AM Thu                  |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Then Creative Work - Amrita Yoga  |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| <b>2</b>                          |               | <b>Thursday, August 29, 2024</b>  |                                                          | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam<br>Punarvasu Nakshatra Siddhi/Vytipata* Yoga Balava/Kaulava Karana Ekadashi/Trayodashyam Titau            |                                                                                        | Montreal, Canada<br>Sun 9 Sutra 136  |                                                     |
| Mithuna Rasi: 19.55               | Tithi 26 – 27 | Gulika<br>Yama<br>Rahu            | 8:33AM – 10:13AM<br>5:12AM – 6:53AM<br>1:34PM – 3:14PM   | Punarvasu Until 7:23AM Fri<br>Siddhi Until 7:44AM<br>Kaulava Until 3:29AM Fri<br>Ekadashi* Until 3:07PM                                                                                                   | Ganesha: White<br>Muruga: Orange<br>Nataraja: White<br>Moon – Yellow<br>Sraavana-Avani | Sunrise: 5:12AM<br>Sunset: 6:39PM    | Krodhin 5126<br>Moon 8 - Phase 19 - 9<br>2nd Phase  |
| Creative Work Amrita Yoga         |               | Subha Sivaloka Day                |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Until 7:23AM Fri                  |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Then Routine Work - Marana Yoga   |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| <b>3</b>                          |               | <b>Friday, August 30, 2024</b>    |                                                          | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vytipata*Varjyan Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau       |                                                                                        | Montreal, Canada<br>Sun 10 Sutra 137 |                                                     |
| Kalka Rasi: 2.35                  | Tithi 27 – 28 | Gulika<br>Yama<br>Rahu            | 6:53AM – 8:33AM<br>3:13PM – 4:53PM<br>10:13AM – 11:53AM  | Punarvasu Until 7:23AM<br>Vyatipata* Until 7:14AM<br>Gara Until 4:30AM Sat<br>Dvadashi* Until 3:54PM                                                                                                      | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Blue<br>Sraavana-Avani  | Sunrise: 5:13AM<br>Sunset: 6:39PM    | Krodhin 5126<br>Moon 8 - Phase 19 - 10<br>2nd Phase |
| Creative Work Siddha Yoga         |               | Sivaloka Day                      |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Until 7:23AM                      |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Then Routine Work - Marana Yoga   |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| <b>4</b>                          |               | <b>Saturday, August 31, 2024</b>  |                                                          | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Krishna Paksha Manta Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Varjyan/Parigraha* Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau |                                                                                        | Montreal, Canada<br>Sun 11 Sutra 138 |                                                     |
| Kalka Rasi: 15.03                 | Tithi 28 – 29 | Gulika<br>Yama<br>Rahu            | 5:15AM – 6:54AM<br>1:33PM – 3:12PM<br>8:34AM – 10:13AM   | Pushya Until 9:07AM<br>Varjyan Until 7:04AM<br>Visti Until 5:58AM Sun<br>Trayodashi* Until 5:09PM                                                                                                         | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Blue<br>Sraavana-Avani  | Sunrise: 5:15AM<br>Sunset: 6:31PM    | Krodhin 5126<br>Moon 8 - Phase 19 - 11<br>2nd Phase |
| Creative Work Siddha Yoga         |               | Sivaloka Day                      |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Until 9:07AM                      |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Then Routine Work - Marana Yoga   |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| <b>5</b>                          |               | <b>Sunday, September 1, 2024</b>  |                                                          | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Parigraha*/Shiva Yoga Sakuni* Karana Chaturdashyam Titau                   |                                                                                        | Montreal, Canada<br>Sun 12 Sutra 139 |                                                     |
| Kalka Rasi: 27.19                 | Tithi 29      | Gulika<br>Yama<br>Rahu            | 3:11PM – 4:50PM<br>11:53AM – 1:32PM<br>4:50PM – 6:30PM   | Ashlesha* Until 11:05AM<br>Parigraha* Until 7:16AM<br>Sakuni Until 6:50PM<br>Chaturdashi* Until 6:50PM                                                                                                    | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Blue<br>Sraavana-Avani  | Sunrise: 5:16AM<br>Sunset: 6:30PM    | Krodhin 5126<br>Moon 8 - Phase 19 - 12<br>2nd Phase |
| Creative Work Siddha Yoga         |               | Sivaloka Day                      |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Until 11:05AM                     |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Then Routine Work - Marana Yoga   |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| <b>Monday, September 2, 2024</b>  |               | <b>Retreat Star</b>               |                                                          | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau             |                                                                                        | Montreal, Canada<br>Sun 13 Sutra 140 |                                                     |
| Simha Rasi: 9.26                  | Tithi 30      | Gulika<br>Yama<br>Rahu            | 1:31PM – 3:10PM<br>10:14AM – 11:52AM<br>6:56AM – 8:35AM  | Magha* Until 1:47PM<br>Shiva Until 7:47AM<br>Catuspada Until 7:50AM<br>Amavasya* Until 8:53PM                                                                                                             | Ganesha: Red<br>Muruga: Orange<br>Nataraja: White<br>Moon – Red<br>Sraavana-Avani      | Sunrise: 5:17AM<br>Sunset: 6:28PM    | Krodhin 5126<br>Moon 8 - Phase 19 - 13<br>Amavasya  |
| Family Home Evening               |               | Sivaloka Day                      |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Routine Work Marana Yoga          |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Until 1:47PM                      |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Then Creative Work - Siddha Yoga  |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| <b>Tuesday, September 3, 2024</b> |               | <b>Retreat Star</b>               |                                                          | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Mangala Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Kirtughna*/Bava Karana Prathamayam Titau    |                                                                                        | Montreal, Canada<br>Sun 14 Sutra 141 |                                                     |
| Simha Rasi: 21.23                 | Tithi 1       | Gulika<br>Yama<br>Rahu            | 11:52AM – 1:30PM<br>8:35AM – 10:14AM<br>3:09PM – 4:47PM  | Purvaphalguni Until 4:38PM<br>Siddha Until 8:32AM<br>Kirtughna Until 10:04AM<br>Prathama* Until 11:16PM                                                                                                   | Ganesha: Red<br>Muruga: Orange<br>Nataraja: White<br>Moon – Red<br>Bhadrapada-Avani    | Sunrise: 5:18AM<br>Sunset: 6:29PM    | Krodhin 5126<br>Moon 8 - Phase 19 - 14<br>Prathama  |
| Creative Work Siddha Yoga         |               | Sivaloka Day                      |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Until 4:38PM                      |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |
| Then Creative Work - Amrita Yoga  |               |                                   |                                                          |                                                                                                                                                                                                           |                                                                                        |                                      |                                                     |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

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|   |                                 |                                  |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
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| 1 | Wednesday, September 4, 2024    |                                  | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Sadhya/Sukla Yoge Balava/Kaulava Karana Divityayam Titau               |                                                          |                                                                                                        |                                                                                           |                                   | Montreal, Canada       | Sun 15                   | Sutra 142 |
|   | Kanya Rasi: 3.14                | Tithi 2                          | Gulika<br>Yama<br>55727573 Rahu                                                                                                                                                                   | 10:14AM – 11:52AM<br>8:36AM – 8:36AM<br>11:52AM – 1:30PM | Uttaraphalguni Until 7:33PM<br>Sadhya Until 9:31AM<br>Balava Until 12:35PM<br>Dvitiya Until 1:53AM Thu | Ganesha: Blue<br>Muruga: Orange<br>Nataraja: White<br>Moon – Red<br>Bhadrapada-Avani      | Sunrise: 5:19AM<br>Sunset: 6:24PM | Moon 8 - Phase 20 - 15 | Krodhin 516<br>3rd Phase |           |
|   | Creative Work                   | Amrita Yoga                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
|   | Until 7:33PM                    | Then Routine Work - Marana Yoga  |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
| 2 | Thursday, September 5, 2024     |                                  | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Guru Vasara Yuktayam<br>Hasta Nakshatra Sukla/Sukla Yoge Talila/Gara Karana Trilyayam Titau                              |                                                          |                                                                                                        |                                                                                           |                                   | Montreal, Canada       | Sun 16                   | Sutra 143 |
|   | Kanya Rasi: 15.02               | Tithi 3                          | Gulika<br>Yama<br>56727573 Rahu                                                                                                                                                                   | 8:36AM – 10:14AM<br>5:21AM – 6:58AM<br>1:29PM – 3:07PM   | Hasta Until 10:56PM<br>Subha Until 10:38AM<br>Tahtila Until 3:14PM<br>Tritiya Until 4:34AM Fri         | Ganesha: Blue<br>Muruga: Orange<br>Nataraja: White<br>Moon – Green<br>Bhadrapada-Avani    | Sunrise: 5:21AM<br>Sunset: 6:22PM | Moon 8 - Phase 20 - 16 | Krodhin 516<br>3rd Phase |           |
|   | Routine Work                    | Marana Yoga                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
|   | Until 10:56PM                   | Then Creative Work - Siddha Yoga |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
| 3 | Friday, September 6, 2024       |                                  | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Sukra Vasara Yuktayam<br>Chitra Nakshatra Sukla/Brahma Yoge Vanja/Velvi* Karana Chaturthayam Titau                       |                                                          |                                                                                                        |                                                                                           |                                   | Montreal, Canada       | Sun 17                   | Sutra 144 |
|   | Kanya Rasi: 26.47               | Tithi 4                          | Gulika<br>Yama<br>56727573 Rahu                                                                                                                                                                   | 6:59AM – 8:36AM<br>3:06PM – 4:43PM<br>10:14AM – 11:51AM  | Chitra Until 2:05AM Sat<br>Sukla Until 11:45AM<br>Vanija Until 5:55PM<br>Chaturthi* Until 7:10AM Sat   | Ganesha: Blue<br>Muruga: Orange<br>Nataraja: White<br>Moon – Green<br>Bhadrapada-Avani    | Sunrise: 5:22AM<br>Sunset: 6:20PM | Moon 8 - Phase 20 - 17 | Krodhin 516<br>3rd Phase |           |
|   | Creative Work                   | Siddha Yoga                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
|   | Then Routine Work - Marana Yoga |                                  |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
| 4 | Saturday, September 7, 2024     |                                  | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Manta Vasara Yuktayam<br>Svati Nakshatra Brahma/Indra Yoge Vist* Bava Karana Chaturthi/Panchamyam Titau                  |                                                          |                                                                                                        |                                                                                           |                                   | Montreal, Canada       | Sun 18                   | Sutra 145 |
|   | Tula Rasi: 8.35                 | Tithi 4 – 5                      | Gulika<br>Yama<br>56727573 Rahu                                                                                                                                                                   | 5:23AM – 7:00AM<br>1:28PM – 3:04PM<br>8:37AM – 10:14AM   | Svati Until 4:52AM Sun<br>Brahma Until 12:47PM<br>Bava Until 8:25PM<br>Chaturthi* Until 7:10AM         | Ganesha: Blue<br>Muruga: Orange<br>Nataraja: White<br>Moon – Green<br>Bhadrapada-Avani    | Sunrise: 5:23AM<br>Sunset: 6:19PM | Moon 8 - Phase 20 - 18 | Krodhin 516<br>3rd Phase |           |
|   | Creative Work                   | Siddha Yoga                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
|   | Until 4:52AM Sun                | Then Routine Work - Marana Yoga  |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
| 5 | Sunday, September 8, 2024       |                                  | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Shanu Vasara Yuktayam<br>Vishakha Nakshatra Indra/Vaidhril* Yoge Balava/Kaulava Karana Panchami/Shashthyam Titau         |                                                          |                                                                                                        |                                                                                           |                                   | Montreal, Canada       | Sun 19                   | Sutra 146 |
|   | Tula Rasi: 20.28                | Tithi 5 – 6                      | Gulika<br>Yama<br>57727573 Rahu                                                                                                                                                                   | 3:03PM – 4:40PM<br>11:50AM – 1:27PM<br>4:40PM – 6:16PM   | Vishakha Until 7:35AM Mon<br>Indra Until 1:36PM<br>Kaulava Until 10:34PM<br>Panchami Until 9:31AM      | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Orange<br>Bhadrapada-Avani | Sunrise: 5:24AM<br>Sunset: 6:16PM | Moon 8 - Phase 20 - 19 | Krodhin 516<br>3rd Phase |           |
|   | Routine Work                    | Marana Yoga                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
|   | Until 7:35AM Mon                | Then Creative Work - Siddha Yoga |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
| 6 | Monday, September 9, 2024       |                                  | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Indu Vasara Yuktayam<br>Vishakha/Auradha Nakshatra Vaidhril* Yoge Talila/Gara Karana Shashthi/Saptamyam Titau            |                                                          |                                                                                                        |                                                                                           |                                   | Montreal, Canada       | Sun 20                   | Sutra 147 |
|   | Vrischika Rasi: 2.31            | Tithi 6 – 7                      | Gulika<br>Yama<br>57727573 Rahu                                                                                                                                                                   | 1:26PM – 3:02PM<br>10:14AM – 11:50AM<br>7:02AM – 8:38AM  | Vishakha Until 7:35AM<br>Vaidhril* Until 2:02PM<br>Gara Until 12:11AM Tue<br>Shashthi* Until 11:25AM   | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Orange<br>Bhadrapada-Avani | Sunrise: 5:25AM<br>Sunset: 6:14PM | Moon 8 - Phase 20 - 20 | Krodhin 516<br>3rd Phase |           |
|   | Family Home Evening             | Marana Yoga                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
|   | Until 7:35AM                    | Then Creative Work - Siddha Yoga |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
| D | Tuesday, September 10, 2024     |                                  | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Mangala Vasara Yuktayam<br>Auradha/Jyeshtha* Nakshatra Vishkambha* Priti Yoge Vanja/Velvi* Karana Saptami/Ukhtayam Titau |                                                          |                                                                                                        |                                                                                           |                                   | Montreal, Canada       | Sun 21                   | Sutra 148 |
|   | Retreat Star                    |                                  | Gulika<br>Yama<br>57727573 Rahu                                                                                                                                                                   | 11:50AM – 1:25PM<br>8:38AM – 10:14AM<br>3:01PM – 4:37PM  | Anuradha Until 9:34AM<br>Vishkambha* Until 2:00PM<br>Visi Until 1:08AM Wed<br>Saptami Until 12:43PM    | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Orange<br>Bhadrapada-Avani | Sunrise: 5:27AM<br>Sunset: 6:13PM | Moon 8 - Phase 20 - 21 | Krodhin 516<br>Ashtami   |           |
|   | Vrischika Rasi: 14.48           | Tithi 7 – 8                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
|   | Creative Work                   | Siddha Yoga                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
| W | Wednesday, September 11, 2024   |                                  | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Budha Vasara Yuktayam<br>Jyeshtha/Mula* Nakshatra Priti/Ayushman Yoge Bava/Balava Karana Ashtami/Navamyam Titau          |                                                          |                                                                                                        |                                                                                           |                                   | Montreal, Canada       | Sun 22                   | Sutra 149 |
|   | Retreat Star                    |                                  | Gulika<br>Yama<br>57827573 Rahu                                                                                                                                                                   | 10:14AM – 11:49AM<br>7:03AM – 8:39AM<br>11:49AM – 1:25PM | Jyeshtha* Until 10:42AM<br>Priti Until 1:25PM<br>Balava Until 1:18AM Thu<br>Ashtami* Until 1:18PM      | Ganesha: Blue<br>Muruga: Orange<br>Nataraja: White<br>Moon – Orange<br>Bhadrapada-Avani   | Sunrise: 5:28AM<br>Sunset: 6:11PM | Moon 8 - Phase 20 - 22 | Krodhin 516<br>Navami    |           |
|   | Vrischika Rasi: 27.24           | Tithi 8 – 9                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
|   | Creative Work                   | Siddha Yoga                      |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |
|   | Until 10:42AM                   | Then Routine Work - Marana Yoga  |                                                                                                                                                                                                   |                                                          |                                                                                                        |                                                                                           |                                   |                        |                          |           |

Having realized the Self, the risbis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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| <b>1 Thursday, September 12, 2024</b> |              | Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Guru Vasara Yuktayam<br>Mula*Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taila Karana Navami/Dashmyam Titau |                                                                                                  |                                                                                               |                                   | Montreal, Canada<br>Sun 23 Sutra 150<br>Krodhin 5126 |              |
| Dhanus Rasi: 10.22                    | Tithi 9 – 10 | Gulika 8:39AM – 10:14AM<br>Yama 5:29AM – 7:04AM<br>Rahu 1:24PM – 2:59PM                                                                                                                         | Mula* Until 11:22AM<br>Ayushman Until 12:10PM<br>Taila Until 12:39AM Fri<br>Navami* Until 1:04PM | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Light Blue<br>Bhadrapada-Avani | Sunrise: 5:29AM<br>Sunset: 6:09PM | Moon 8 - Phase 21 - 24<br>4th Phase                  | Sivaloka Day |
| Creative Work Siddha Yoga             |              |                                                                                                                                                                                                 |                                                                                                  |                                                                                               |                                   |                                                      |              |

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| <b>2 Friday, September 13, 2024</b>                                                 |               | Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Sukra Vasara Yuktayam<br>Purvashadha*Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dashami/Ekadasmyam Titau |                                                                                                        |                                                                                               |                                   | Montreal, Canada<br>Sun 24 Sutra 151<br>Krodhin 5126 |              |
| Dhanus Rasi: 23.46                                                                  | Tithi 10 – 11 | Gulika 7:05AM – 8:39AM<br>Yama 2:58PM – 4:32PM<br>Rahu 10:14AM – 11:49AM                                                                                                                                | Purvashadha* Until 11:05AM<br>Saubhagya Until 10:17AM<br>Vanija Until 11:13PM<br>Dashami Until 12:01PM | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Light Blue<br>Bhadrapada-Avani | Sunrise: 5:30AM<br>Sunset: 6:07PM | Moon 8 - Phase 21 - 24<br>4th Phase                  | Sivaloka Day |
| Routine Work Prabalarishta Yoga<br>Until 11:05AM<br>Then Routine Work - Marana Yoga |               |                                                                                                                                                                                                         |                                                                                                        |                                                                                               |                                   |                                                      |              |

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| <b>3 Saturday, September 14, 2024</b>                                        |               | Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Merita Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Sobhana/Ahiganda* Yoga Vasi/Bava Karana Ekadashi/Ekadasmyam Titau |                                                                                                  |                                                                                               |                                   | Montreal, Canada<br>Sun 25 Sutra 152<br>Krodhin 5126 |              |
| Makara Rasi: 7.37                                                            | Tithi 11 – 12 | Gulika 5:32AM – 7:06AM<br>Yama 1:22PM – 2:57PM<br>Rahu 8:40AM – 10:14AM                                                                                                                              | Uttarashadha Until 9:54AM<br>Sobhana Until 7:47AM<br>Bava Until 9:04PM<br>Ekadashi Until 10:12AM | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Light Blue<br>Bhadrapada-Avani | Sunrise: 5:32AM<br>Sunset: 6:05PM | Moon 8 - Phase 21 - 25<br>4th Phase                  | Sivaloka Day |
| Routine Work Marana Yoga<br>Until 9:54AM<br>Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                      |                                                                                                  |                                                                                               |                                   |                                                      |              |

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| <b>4 Sunday, September 15, 2024</b>                                          |               | Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Shnu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sukarma Yoga Baleva/Kaulava Karana Dvadashi/Trayodashmyam Titau |                                                                                                    |                                                                                          |                                   | Montreal, Canada<br>Sun 26 Sutra 153<br>Krodhin 5126 |                    |
| Makara Rasi: 21.55                                                           | Tithi 12 – 13 | Gulika 2:55PM – 4:29PM<br>Yama 11:48AM – 1:22PM<br>Rahu 4:29PM – 6:03PM                                                                                                                        | Shravana Until 8:19AM<br>Sukarma Until 1:12AM Mon<br>Kaulava Until 6:18PM<br>Dvadashi Until 7:44AM | Ganesha: White<br>Muruga: Orange<br>Nataraja: White<br>Moon – Purple<br>Bhadrapada-Avani | Sunrise: 5:33AM<br>Sunset: 6:03PM | Moon 8 - Phase 21 - 26<br>4th Phase                  | Subha Sivaloka Day |
| Creative Work Amrita Yoga<br>Until 8:19AM<br>Then Routine Work - Marana Yoga |               | Avani Avittam<br>Pradosha Vrata                                                                                                                                                                |                                                                                                    |                                                                                          |                                   |                                                      |                    |

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| <b>5 Monday, September 16, 2024</b>              |          | Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashmyam Titau |                                                                                                      |                                                                                             |                                   | Montreal, Canada<br>Sun 27 Sutra 154<br>Krodhin 5126 |                    |
| Kumbha Rasi: 6.37                                | Tithi 14 | Gulika 1:21PM – 2:54PM<br>Yama 10:14AM – 11:47AM<br>Rahu 7:07AM – 8:41AM                                                                                                               | Dhanishtha Until 6:04AM<br>Dhriti Until 9:20PM<br>Gara Until 3:04PM<br>Chaturdashi* Until 1:18AM Tue | Ganesha: White<br>Muruga: Orange<br>Nataraja: White<br>Moon – Purple<br>Bhadrapada-Puratasi | Sunrise: 5:34AM<br>Sunset: 6:01PM | Moon 8 - Phase 21 - 27<br>4th Phase                  | Subha Sivaloka Day |
| Family Home Evening<br>Creative Work Siddha Yoga |          |                                                                                                                                                                                        |                                                                                                      |                                                                                             |                                   |                                                      |                    |

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| <b>○ Tuesday, September 17, 2024</b>                                              |          | Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vasara Yuktayam<br>Copper Retreat Star<br>Purvashrothapada* Nakshatra Shula/Ganda* Yoga Vasi/Bava Karana Purnimayam Titau |                                                                                                          |                                                                                             |                                   | Montreal, Canada<br>Sun 28 Sutra 155<br>Krodhin 5126 |              |
| Kumbha Rasi: 21.36                                                                | Tithi 15 | Gulika 11:47AM – 1:20PM<br>Yama 8:41AM – 10:14AM<br>Rahu 2:53PM – 4:26PM                                                                                                                                   | Purvashrothapada* Until 12:34AM We<br>Shula* Until 5:13PM<br>Vasi Until 11:31AM<br>Purnima* Until 9:39PM | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: White<br>Moon – Clear<br>Bhadrapada-Puratasi | Sunrise: 5:35AM<br>Sunset: 5:59PM | Moon 8 - Phase 21 - Purnima                          | Sivaloka Day |
| Routine Work Marana Yoga<br>Until 12:34AM Wed<br>Then Creative Work - Siddha Yoga |          |                                                                                                                                                                                                            |                                                                                                          |                                                                                             |                                   |                                                      |              |

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| <b>Wednesday, September 18, 2024</b>                                         |               | Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Budha Vasara Yuktayam<br>Silver Retreat Star<br>Uttarashrothapada Nakshatra Ganda/Vridhi* Yoga Baleva/Taila Karana Prathama/Dvityayam Titau |                                                                                                        |                                                                                            |                                   | Montreal, Canada<br>Sun 29 Sutra 156<br>Krodhin 5126 |                    |
| Meena Rasi: 6.46                                                             | Tithi 16 – 17 | Gulika 10:14AM – 11:47AM<br>Yama 7:09AM – 8:42AM<br>Rahu 11:47AM – 1:19PM                                                                                                                                              | Uttarashrothapada Until 9:38PM<br>Ganda* Until 1:01PM<br>Balava Until 7:48AM<br>Prathama* Until 5:55PM | Ganesha: White<br>Muruga: Orange<br>Nataraja: White<br>Moon – Clear<br>Bhadrapada-Puratasi | Sunrise: 5:36AM<br>Sunset: 5:57PM | Moon 8 - Phase 21 - Prathama                         | Subha Sivaloka Day |
| Creative Work Siddha Yoga<br>Until 9:38PM<br>Then Routine Work - Marana Yoga |               |                                                                                                                                                                                                                        |                                                                                                        |                                                                                            |                                   |                                                      |                    |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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**Thursday, September 19, 2024****Gold Retreat Star**

Meena Rasi: 21.56    Tithi 17 - 18  
 Creative Work    Siddha Yoga  
 Until 6:41PM  
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam  
 Revati Nakshatra Viddhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika**    **8:42AM - 10:14AM**  
 Yama    5:38AM - 7:10AM  
 Rahu    **1:19PM - 2:51PM**  
**Revati Until 6:41PM**  
 Viddhi Until 8:52AM  
 Vanija Until 12:31AM Fri  
**Dvitiya Until 2:15PM**

**Ganesha:** White    Sunrise: 5:38AM  
**Muruga:** Orange    Sunset: 5:59PM  
**Nataraja:** White  
 Moon - Clear  
**Bhadrapada-Puratasi**

Montreal, Canada  
 Sun 1    Subra 157  
 Krodhin 5126  
 Moon 9 - Phase 22 - 1  
 1st Phase

**Subha Sivaloka Day****Friday, September 20, 2024**

**1**  
 Mesha Rasi: 6.58    Tithi 18 - 19  
 Creative Work    Amrita Yoga  
 Until 4:15PM  
 Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam  
 Ashvini/Bharani Nakshatra Vyaghata\* Yoga Vishi/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika**    **7:11AM - 8:42AM**  
 Yama    2:50PM - 4:22PM  
 Rahu    **10:14AM - 11:46AM**  
**Ashvini Until 4:15PM**  
 Vyaghata\* Until 1:07AM Sat  
 Bava Until 9:16PM  
**Tritiya Until 10:50AM**

**Ganesha:** Yellow    Sunrise: 5:39AM  
**Muruga:** Orange    Sunset: 5:53PM  
**Nataraja:** White  
 Moon - White  
**Bhadrapada-Puratasi**

**Sivaloka Day**

Montreal, Canada  
 Sun 2    Subra 158  
 Krodhin 5126  
 Moon 9 - Phase 22 - 1  
 1st Phase

**Saturday, September 21, 2024**

**2**  
 Mesha Rasi: 21.44    Tithi 19 - 20  
 Creative Work    Siddha Yoga  
 Until 2:07PM  
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Manta Vasara Yuktayam  
 Bharani/Krittika Nakshatra Harshana Yoga Baleava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika**    **5:40AM - 7:11AM**  
 Yama    1:17PM - 2:49PM  
 Rahu    **8:43AM - 10:14AM**  
**Bharani Until 2:07PM**  
 Harshana Until 9:47PM  
 Kaulava Until 6:27PM  
**Chaturthi\* Until 7:47AM**

**Ganesha:** Yellow    Sunrise: 5:40AM  
**Muruga:** Orange    Sunset: 5:51PM  
**Nataraja:** White  
 Moon - White  
**Bhadrapada-Puratasi**

**Sivaloka Day**

Montreal, Canada  
 Sun 3    Subra 159  
 Krodhin 5126  
 Moon 9 - Phase 22 - 1  
 1st Phase

**Sunday, September 22, 2024**

**3**  
 Vishabha Rasi: 6.08    Tithi 21  
 Creative Work    Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam  
 Krittika/Rohini Nakshatra Vajra\* Yoga Gara/Vanija Karana Shashthyam Titau  
**Gulika**    **2:47PM - 4:18PM**  
 Yama    11:45AM - 1:16PM  
 Rahu    **4:18PM - 5:49PM**  
**Krittika Until 12:23PM**  
 Vajra\* Until 6:55PM  
 Gara Until 4:13PM  
**Shashthi\* Until 3:20AM Mon**

**Ganesha:** Yellow    Sunrise: 5:41AM  
**Muruga:** Orange    Sunset: 5:49PM  
**Nataraja:** White  
 Moon - White  
**Bhadrapada-Puratasi**

**Sivaloka Day**

Montreal, Canada  
 Sun 4    Subra 160  
 Krodhin 5126  
 Moon 9 - Phase 22 - 4  
 1st Phase

**Monday, September 23, 2024**

**4**  
 Vishabha Rasi: 20.08    Tithi 22  
**Family Home Evening**  
 Creative Work    Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam  
 Rohini/Mrigashira Nakshatra Siddhi/Vyaltipata\* Yoga Vishi/Bava Karana Saptamyam Titau  
**Gulika**    **1:16PM - 2:46PM**  
 Yama    10:14AM - 11:45AM  
 Rahu    **7:13AM - 8:44AM**  
**Rohini Until 11:34AM**  
 Siddhi Until 4:36PM  
 Vishi Until 2:39PM  
**Saptami Until 2:07AM Tue**

**Ganesha:** Blue    Sunrise: 5:42AM  
**Muruga:** Orange    Sunset: 5:49PM  
**Nataraja:** White  
 Moon - Yellow  
**Bhadrapada-Puratasi**

**Subha Sivaloka Day**

Montreal, Canada  
 Sun 5    Subra 161  
 Krodhin 5126  
 Moon 9 - Phase 22 - 5  
 1st Phase

**Tuesday, September 24, 2024****Retreat Star**

**D**  
 Mithuna Rasi: 3.41    Tithi 23  
 Creative Work    Siddha Yoga  
 Until 11:20AM  
 Then Routine Work - Marana Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam  
 Mrigashira/Andra Nakshatra Vysaltipata\* Variyan Yoga Baleava/Kaulava Karana Ashtamyam Titau  
**Gulika**    **11:45AM - 1:15PM**  
 Yama    8:44AM - 10:14AM  
 Rahu    **2:45PM - 4:15PM**  
**Mrigashira Until 11:20AM**  
 Vysaltipata\* Until 2:53PM  
 Balava Until 1:48PM  
**Ashtami\* Until 1:38AM Wed**

**Ganesha:** Blue    Sunrise: 5:44AM  
**Muruga:** Orange    Sunset: 5:46PM  
**Nataraja:** White  
 Moon - Yellow  
**Bhadrapada-Puratasi**

**Subha Sivaloka Day**

Montreal, Canada  
 Sun 6    Subra 162  
 Krodhin 5126  
 Moon 9 - Phase 22 - 6  
 Ashtami

**Wednesday, September 25, 2024****Retreat Star**

Mithuna Rasi: 16.51    Tithi 24  
 Creative Work    Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Budha Vasara Yuktayam  
 Andra/Purnvasu Nakshatra Variyan/Parigaha\* Yoga Taillita/Gara Karana Navamyam Titau  
**Gulika**    **10:14AM - 11:44AM**  
 Yama    7:15AM - 8:45AM  
 Rahu    **11:44AM - 1:14PM**  
**Andra Until 11:40AM**  
 Variyan Until 1:43PM  
 Taillita Until 1:42PM  
**Navami\* Until 1:53AM Thu**

**Ganesha:** Purple    Sunrise: 5:45AM  
**Muruga:** Orange    Sunset: 5:44PM  
**Nataraja:** White  
 Moon - Yellow  
**Bhadrapada-Puratasi**

**Subha Sivaloka Day**

Montreal, Canada  
 Sun 7    Subra 163  
 Krodhin 5126  
 Moon 9 - Phase 22 - 7  
 Navami

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Montreal, Canada on 7/10/23

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|                                       |             |                                                                                                                                                                                                                           |                          |                     |                                      |
|---------------------------------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|---------------------|--------------------------------------|
| <b>1 Thursday, September 26, 2024</b> |             | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktiyayam Montreal, Canada<br>Punarvasu/Pushya Nakshatra Parigraha/Shiva Yoga Venja/Visti* Karana Dashamyam Titau Sun 8 Subra 164 |                          |                     |                                      |
| Mithuna Rasi: 29.39                   | Tithi 25    | Gulika 8:45AM - 10:15AM                                                                                                                                                                                                   | Punarvasu Until 1:00PM   | Ganesha: Clear      | Sunrise: 5:46AM Krodhin 5126         |
|                                       |             | Yama 5:46AM - 7:16AM                                                                                                                                                                                                      | Parigraha* Until 1:06PM  | Muruga: Orange      | Sunset: 5:42PM Moon 9 - Phase 23 - 8 |
| Creative Work                         | Amrita Yoga | 541377573 Rahu 1:13PM - 2:43PM                                                                                                                                                                                            | Venja Until 2:17PM       | Nataraja: White     | 2nd Phase                            |
|                                       |             |                                                                                                                                                                                                                           | Dashami Until 2:48AM Fri | Moon - Blue         |                                      |
|                                       |             |                                                                                                                                                                                                                           |                          | Bhadrapada-Puratasi | Sivaloka Day                         |

|                                     |             |                                                                                                                                                                                                                      |                            |                     |                                      |
|-------------------------------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|---------------------|--------------------------------------|
| <b>2 Friday, September 27, 2024</b> |             | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktiyayam Montreal, Canada<br>Pushya/Siddha Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau Sun 9 Subra 165 |                            |                     |                                      |
| Kalka Rasi: 12.08                   | Tithi 26    | Gulika 7:16AM - 8:46AM                                                                                                                                                                                               | Pushya Until 2:47PM        | Ganesha: Purple     | Sunrise: 5:47AM Krodhin 5126         |
|                                     |             | Yama 2:42PM - 4:11PM                                                                                                                                                                                                 | Shiva Until 1:06PM         | Muruga: Orange      | Sunset: 5:40PM Moon 9 - Phase 23 - 9 |
| Routine Work                        | Marana Yoga | 641377573 Rahu 10:15AM - 11:44AM                                                                                                                                                                                     | Bava Until 3:31PM          | Nataraja: White     | 2nd Phase                            |
|                                     |             |                                                                                                                                                                                                                      | Ekadashi* Until 4:18AM Sat | Moon - Blue         |                                      |
|                                     |             |                                                                                                                                                                                                                      |                            | Bhadrapada-Puratasi | Subha Sivaloka Day                   |

|                                       |             |                                                                                                                                                                                                                                |                            |                     |                                       |
|---------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|---------------------|---------------------------------------|
| <b>3 Saturday, September 28, 2024</b> |             | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Marita Vasara Yuktiyayam Montreal, Canada<br>Ashlesha/Magha* Nakshatra Siddha/Sadhyha Yoga Kaulava/Taitila Karana Dvadashyam Titau Sun 10 Subra 166 |                            |                     |                                       |
| Kalka Rasi: 24.24                     | Tithi 27    | Gulika 5:49AM - 7:17AM                                                                                                                                                                                                         | Ashlesha* Until 4:55PM     | Ganesha: Purple     | Sunrise: 5:49AM Krodhin 5126          |
|                                       |             | Yama 1:12PM - 2:41PM                                                                                                                                                                                                           | Siddha Until 1:16PM        | Muruga: Orange      | Sunset: 5:38PM Moon 9 - Phase 23 - 10 |
| Routine Work                          | Marana Yoga | 641377573 Rahu 8:46AM - 10:15AM                                                                                                                                                                                                | Kaulava Until 5:15PM       | Nataraja: White     | 2nd Phase                             |
| Until 4:55PM                          |             |                                                                                                                                                                                                                                | Dvadashi* Until 6:16AM Sun | Moon - Blue         |                                       |
| Then Creative Work - Amrita Yoga      |             |                                                                                                                                                                                                                                |                            | Bhadrapada-Puratasi | Subha Sivaloka Day                    |

|                                     |               |                                                                                                                                                                                                                             |                        |                          |                                       |
|-------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|--------------------------|---------------------------------------|
| <b>4 Sunday, September 29, 2024</b> |               | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktiyayam Montreal, Canada<br>Magha* Nakshatra Sadhyha/Subha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau Sun 11 Subra 167 |                        |                          |                                       |
| Simha Rasi: 6.28                    | Tithi 27 - 28 | Gulika 2:40PM - 4:08PM                                                                                                                                                                                                      | Magha* Until 7:46PM    | Ganesha: Clear           | Sunrise: 5:50AM Krodhin 5126          |
|                                     |               | Yama 11:43AM - 1:11PM                                                                                                                                                                                                       | Sadhyha Until 1:53PM   | Muruga: Orange           | Sunset: 5:36PM Moon 9 - Phase 23 - 11 |
| Routine Work                        | Marana Yoga   | 651377573 Rahu 4:08PM - 5:36PM                                                                                                                                                                                              | Gara Until 7:25PM      | Nataraja: White          | 2nd Phase                             |
| Until 7:46PM                        |               |                                                                                                                                                                                                                             | Dvadashi* Until 6:16AM | Moon - Red               |                                       |
| Then Creative Work - Siddha Yoga    |               |                                                                                                                                                                                                                             |                        | Bhadrapada-Puratasi      | Sivaloka Day                          |
|                                     |               |                                                                                                                                                                                                                             |                        | Pradosha Vrata (Fasting) |                                       |

|                                     |               |                                                                                                                                                                                                                                    |                             |                     |                                       |
|-------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|---------------------|---------------------------------------|
| <b>5 Monday, September 30, 2024</b> |               | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktiyayam Montreal, Canada<br>Purvaphalguni Nakshatra Subha/Sukla Yoga Venja/Visti* Karana Trayodashi/Chaturdashyam Titau Sun 12 Subra 168 |                             |                     |                                       |
| Simha Rasi: 18.24                   | Tithi 28 - 29 | Gulika 1:11PM - 2:38PM                                                                                                                                                                                                             | Purvaphalguni Until 10:44PM | Ganesha: Clear      | Sunrise: 5:51AM Krodhin 5126          |
| Family Home Evening                 |               | Yama 10:15AM - 11:43AM                                                                                                                                                                                                             | Subha Until 2:45PM          | Muruga: Orange      | Sunset: 5:34PM Moon 9 - Phase 23 - 12 |
| Creative Work                       | Siddha Yoga   | 651377573 Rahu 7:19AM - 8:47AM                                                                                                                                                                                                     | Visti Until 9:52PM          | Nataraja: White     | 2nd Phase                             |
|                                     |               |                                                                                                                                                                                                                                    | Trayodashi* Until 8:35AM    | Moon - Red          |                                       |
|                                     |               |                                                                                                                                                                                                                                    |                             | Bhadrapada-Puratasi | Sivaloka Day                          |

|                                 |               |                                                                                                                                                                                                                                           |                                 |                     |                                       |
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| <b>Tuesday, October 1, 2024</b> |               | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktiyayam Montreal, Canada<br>Uttaraphalguni Nakshatra Sukla/Brahma Yoga Sakun/Catuspad* Karana Chaturdashy/Amavasyayam Titau Sun 13 Subra 169 |                                 |                     |                                       |
| <b>Retreat Star</b>             |               | Gulika 11:42AM - 1:10PM                                                                                                                                                                                                                   | Uttaraphalguni Until 1:41AM Wed | Ganesha: Clear      | Sunrise: 5:52AM Krodhin 5126          |
| Kanya Rasi: 0.14                | Tithi 29 - 30 | Yama 8:47AM - 10:15AM                                                                                                                                                                                                                     | Sukla Until 3:45PM              | Muruga: Orange      | Sunset: 5:22PM Moon 9 - Phase 23 - 13 |
|                                 |               | 651377573 Rahu 2:37PM - 4:05PM                                                                                                                                                                                                            | Catuspada Until 12:30AM Wed     | Nataraja: White     | Amavasya                              |
| Creative Work                   | Amrita Yoga   |                                                                                                                                                                                                                                           | Chaturdashi* Until 11:09AM      | Moon - Red          |                                       |
| Until 1:41AM Wed                |               |                                                                                                                                                                                                                                           |                                 | Bhadrapada-Puratasi | Sivaloka Day                          |
| Then Routine Work - Marana Yoga |               | Mahalaya Amavasya (Tamil Nadu)                                                                                                                                                                                                            |                                 |                     |                                       |

|                                   |              |                                                                                                                                                                                                                           |                            |                  |                                       |
|-----------------------------------|--------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------|---------------------------------------|
| <b>Wednesday, October 2, 2024</b> |              | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Budha Vasara Yuktiyayam Montreal, Canada<br>Hasta Nakshatra Brahma/Indra Yoga Naga/Kirtughna* Karana Amavasya/Prathamayam Titau Sun 14 Subra 170 |                            |                  |                                       |
| <b>Retreat Star</b>               |              | Gulika 10:15AM - 11:42AM                                                                                                                                                                                                  | Hasta Until 5:02AM Thu     | Ganesha: Orange  | Sunrise: 5:54AM Krodhin 5126          |
| Kanya Rasi: 12.01                 | Tithi 30 - 1 | Yama 7:21AM - 8:48AM                                                                                                                                                                                                      | Brahma Until 4:49PM        | Muruga: Orange   | Sunset: 5:30PM Moon 9 - Phase 23 - 14 |
|                                   |              | 661377573 Rahu 11:42AM - 1:09PM                                                                                                                                                                                           | Kirtughna Until 3:12AM Thu | Nataraja: White  | Prathama                              |
| Routine Work                      | Marana Yoga  |                                                                                                                                                                                                                           |                            | Moon - Green     |                                       |
| Until 5:02AM Thu                  |              |                                                                                                                                                                                                                           | Amavasya* Until 1:50PM     | Ashvina-Puratasi | Sivaloka Day                          |
| Then Creative Work - Siddha Yoga  |              | Navaratri Begins                                                                                                                                                                                                          |                            |                  |                                       |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

All times are standard time. Calculated for Montreal, Canada on 7/10/23

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|          |                                                                  |             |                                                                                                                                                                                     |                                                                                |                                                                                                                      |                                                                                                                          |                                                                          |
|----------|------------------------------------------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| <b>1</b> | <b>Thursday, October 3, 2024</b>                                 |             | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Guru Vessara Yuktayam<br>Chitra Nakshatra Indra/Vaidhiti* Yoga Bava/Balava Karana Prathamam/Dvityayam Titau |                                                                                |                                                                                                                      |                                                                                                                          | Montreal, Canada<br>Sun 15 Sutra 171                                     |
|          | Kanya Rasi: 23.47                                                | Tithi 1 – 2 | <b>Gulika</b><br>Yama<br>66137753                                                                                                                                                   | <b>8:48AM – 10:15AM</b><br>5:55AM – 7:22AM<br><b>Rahu</b><br>1:08PM – 2:35PM   | <b>Chitra Until 8:09AM Fri</b><br>Indra Until 5:54PM<br>Balava Until 5:50AM Fri<br><b>Prathamam* Until 4:30PM</b>    | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Orange<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Ashvini-Puratasi</b>     | Sunrise: 5:55AM<br>Sunset: 5:29PM<br>Moon 9 - Phase 24 - 16<br>3rd Phase |
|          | Creative Work                                                    | Siddha Yoga |                                                                                                                                                                                     |                                                                                |                                                                                                                      |                                                                                                                          | <b>Sivaloka Day</b>                                                      |
| <b>2</b> | <b>Friday, October 4, 2024</b>                                   |             | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Sukra Vessara Yuktayam<br>Chitra/Svati Nakshatra Vaidhiti* Yoga Kaulava Karana Dvityayam Titau              |                                                                                |                                                                                                                      |                                                                                                                          | Montreal, Canada<br>Sun 16 Sutra 172                                     |
|          | Tula Rasi: 6                                                     | Tithi 2     | <b>Gulika</b><br>Yama<br>66137753                                                                                                                                                   | <b>7:22AM – 8:49AM</b><br>2:34PM – 4:00PM<br><b>Rahu</b><br>10:15AM – 11:41AM  | <b>Chitra Until 8:09AM</b><br>Vaidhiti* Until 6:51PM<br>Kaulava Until 7:03PM<br><b>Dvitiya Until 7:03PM</b>          | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Orange<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Ashvini-Puratasi</b>     | Sunrise: 5:56AM<br>Sunset: 5:27PM<br>Moon 9 - Phase 24 - 16<br>3rd Phase |
|          | Creative Work                                                    | Siddha Yoga |                                                                                                                                                                                     |                                                                                |                                                                                                                      |                                                                                                                          | <b>Sivaloka Day</b>                                                      |
| <b>3</b> | <b>Saturday, October 5, 2024</b>                                 |             | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Manta Vessara Yuktayam<br>Svati/Vishakha Nakshatra Vishkambha* Yoga Talila/Gara Karana Tritayam Titau       |                                                                                |                                                                                                                      |                                                                                                                          | Montreal, Canada<br>Sun 17 Sutra 173                                     |
|          | Tula Rasi: 17.28                                                 | Tithi 3     | <b>Gulika</b><br>Yama<br>66237753                                                                                                                                                   | <b>5:57AM – 7:23AM</b><br>1:07PM – 2:33PM<br><b>Rahu</b><br>8:49AM – 10:15AM   | <b>Svati Until 10:54AM</b><br>Vishkambha* Until 7:38PM<br>Talila Until 8:16AM<br><b>Tritiya Until 9:22PM</b>         | <b>Ganesha:</b> Light Blue<br><b>Muruga:</b> Orange<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Ashvini-Puratasi</b> | Sunrise: 5:57AM<br>Sunset: 5:29PM<br>Moon 9 - Phase 24 - 17<br>3rd Phase |
|          | Creative Work                                                    | Siddha Yoga |                                                                                                                                                                                     |                                                                                |                                                                                                                      |                                                                                                                          | <b>Devaloka Day</b>                                                      |
| <b>4</b> | <b>Sunday, October 6, 2024</b>                                   |             | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Bhanu Vessara Yuktayam<br>Vishakha/Anuradha Nakshatra Prithi Yoga Vanija/Visi* Karana Chaturtham Titau      |                                                                                |                                                                                                                      |                                                                                                                          | Montreal, Canada<br>Sun 18 Sutra 174                                     |
|          | Tula Rasi: 29.27                                                 | Tithi 4     | <b>Gulika</b><br>Yama<br>67237753                                                                                                                                                   | <b>2:32PM – 3:57PM</b><br>1:07PM – 2:33PM<br><b>Rahu</b><br>3:57PM – 5:23PM    | <b>Vishakha Until 1:42PM</b><br>Prithi Until 8:11PM<br>Vanija Until 10:25AM<br><b>Chaturthi* Until 11:20PM</b>       | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Orange<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Ashvini-Puratasi</b>    | Sunrise: 5:59AM<br>Sunset: 5:23PM<br>Moon 9 - Phase 24 - 18<br>3rd Phase |
|          | Routine Work                                                     | Marana Yoga |                                                                                                                                                                                     |                                                                                |                                                                                                                      |                                                                                                                          | <b>Devaloka Day</b>                                                      |
| <b>5</b> | <b>Monday, October 7, 2024</b>                                   |             | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Indra Vessara Yuktayam<br>Jyeshtha/Mula* Nakshatra Ayushman Yoga Bava/Balava Karana Panchamam Titau         |                                                                                |                                                                                                                      |                                                                                                                          | Montreal, Canada<br>Sun 19 Sutra 175                                     |
|          | Vrischika Rasi: 11.35                                            | Tithi 5     | <b>Gulika</b><br>Yama<br>67237754                                                                                                                                                   | <b>1:06PM – 2:31PM</b><br>10:15AM – 11:41AM<br><b>Rahu</b><br>7:25AM – 8:50AM  | <b>Anuradha Until 3:56PM</b><br>Ayushman Until 8:21PM<br>Bava Until 12:10PM<br><b>Panchami Until 12:50AM Tue</b>     | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Orange<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Ashvini-Puratasi</b>    | Sunrise: 6:00AM<br>Sunset: 5:21PM<br>Moon 9 - Phase 24 - 19<br>3rd Phase |
|          | Family Home Evening<br>Creative Work                             | Siddha Yoga |                                                                                                                                                                                     |                                                                                |                                                                                                                      |                                                                                                                          | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                          |
| <b>6</b> | <b>Tuesday, October 8, 2024</b>                                  |             | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vessara Yuktayam<br>Jyeshtha/Mula* Nakshatra Saubhagya Yoga Kaulava/Talila Karana Shastham Titau    |                                                                                |                                                                                                                      |                                                                                                                          | Montreal, Canada<br>Sun 20 Sutra 176                                     |
|          | Vrischika Rasi: 23.55                                            | Tithi 6     | <b>Gulika</b><br>Yama<br>67237754                                                                                                                                                   | <b>11:40AM – 1:05PM</b><br>8:51AM – 10:16AM<br><b>Rahu</b><br>2:30PM – 3:55PM  | <b>Jyeshtha* Until 5:29PM</b><br>Saubhagya Until 8:07PM<br>Kaulava Until 1:24PM<br><b>Shashthi* Until 1:47AM Wed</b> | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Orange<br><b>Nataraja:</b> Clear<br>Moon – Orange<br><b>Ashvini-Puratasi</b>    | Sunrise: 6:01AM<br>Sunset: 5:19PM<br>Moon 9 - Phase 24 - 20<br>3rd Phase |
|          | Routine Work<br>Until 5:29PM<br>Then Creative Work - Amrita Yoga | Marana Yoga |                                                                                                                                                                                     |                                                                                |                                                                                                                      |                                                                                                                          | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                          |
| <b>7</b> | <b>Wednesday, October 9, 2024</b>                                |             | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Budha Vessara Yuktayam<br>Mula* Nakshatra Sobhana Yoga Gara/Vanija Karana Sapthamam Titau                   |                                                                                |                                                                                                                      |                                                                                                                          | Montreal, Canada<br>Sun 21 Sutra 177                                     |
|          | Dhanus Rasi: 6.3                                                 | Tithi 7     | <b>Gulika</b><br>Yama<br>68237754                                                                                                                                                   | <b>10:16AM – 11:40AM</b><br>7:27AM – 8:51AM<br><b>Rahu</b><br>11:40AM – 1:04PM | <b>Mula* Until 6:46PM</b><br>Sobhana Until 7:24PM<br>Gara Until 2:02PM<br><b>Saptami Until 2:05AM Thu</b>            | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Orange<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Ashvini-Puratasi</b> | Sunrise: 6:03AM<br>Sunset: 5:17PM<br>Moon 9 - Phase 24 - 21<br>3rd Phase |
|          | Routine Work<br>Until 6:46PM<br>Then Creative Work - Amrita Yoga | Marana Yoga |                                                                                                                                                                                     |                                                                                |                                                                                                                      |                                                                                                                          | <b>Devaloka Day</b>                                                      |
| <b>8</b> | <b>Thursday, October 10, 2024</b>                                |             | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Guru Vessara Yuktayam<br>Uttarashadha Nakshatra Athiganda* Yoga Visi* Bava Karana Ashtamam Titau            |                                                                                |                                                                                                                      |                                                                                                                          | Montreal, Canada<br>Sun 22 Sutra 178                                     |
|          | Dhanus Rasi: 19.24                                               | Tithi 8     | <b>Gulika</b><br>Yama<br>68237754                                                                                                                                                   | <b>8:52AM – 10:16AM</b><br>6:04AM – 7:28AM<br><b>Rahu</b><br>1:04PM – 2:28PM   | <b>Purvashadha* Until 7:13PM</b><br>Athiganda* Until 6:07PM<br>Visi Until 1:59PM<br><b>Ashtami* Until 1:40AM Fri</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Orange<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Ashvini-Puratasi</b> | Sunrise: 6:04AM<br>Sunset: 5:16PM<br>Moon 9 - Phase 24 - 22<br>Ashtami   |
|          | Creative Work<br>Until 7:13PM<br>Then Routine Work - Marana Yoga | Siddha Yoga |                                                                                                                                                                                     | <b>Durga Ashtami</b>                                                           |                                                                                                                      |                                                                                                                          | <b>Devaloka Day</b>                                                      |
| <b>9</b> | <b>Friday, October 11, 2024</b>                                  |             | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Sukra Vessara Yuktayam<br>Uttarashadha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamam Titau    |                                                                                |                                                                                                                      |                                                                                                                          | Montreal, Canada<br>Sun 23 Sutra 179                                     |
|          | Makara Rasi: 2.4                                                 | Tithi 9     | <b>Gulika</b><br>Yama<br>68237754                                                                                                                                                   | <b>7:29AM – 8:52AM</b><br>2:27PM – 3:50PM<br><b>Rahu</b><br>10:16AM – 11:39AM  | <b>Uttarashadha Until 6:48PM</b><br>Sukarma Until 4:17PM<br>Balava Until 1:12PM<br><b>Navami* Until 12:31AM Sat</b>  | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Orange<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br><b>Ashvini-Puratasi</b> | Sunrise: 6:05AM<br>Sunset: 5:14PM<br>Moon 9 - Phase 24 - 23<br>Navami    |
|          | Routine Work                                                     | Marana Yoga |                                                                                                                                                                                     | <b>Saraswathi Puja (Tamil Nadu)</b>                                            |                                                                                                                      |                                                                                                                          | <b>Devaloka Day</b>                                                      |

Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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|                                                                                   |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
|-----------------------------------------------------------------------------------|------------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------|-----------------------------------------------------|------------------------------------------|
| <b>1</b>                                                                          | <b>Saturday, October 12, 2024</b>  |               | Krodhin Nama Samvatsara Dekshinraya Jivana Ritau Kanya Mase Sukla Paksha Manta Vasara Yuktiyam<br>Shravana/Dhanishtha Nakshatra Dhrili/Shula* Yoga Tailla/Gara Karana Deshamyam Titau                          |                                                                                                              |                                                                                          |                                   | Montreal, Canada<br>Sun 24 Sutra 180                |                                          |
|                                                                                   | Makara Rasi: 16.2                  | Tithi 10      | Gulika 6:06AM – 7:30AM<br>Yama 1:02PM – 2:26PM<br>Rahu 8:53AM – 10:16AM                                                                                                                                        | Shravana Until 5:59PM<br>Dhrili Until 1:53PM<br>Tailla Until 11:42AM<br>Dashami Until 10:41PM                | Ganesha: White<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Purple<br>Ashvina-Puratasi | Sunrise: 6:06AM<br>Sunset: 5:12PM | Krodhin 5:16<br>Moon 9 - Phase 25 - 25<br>4th Phase | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
| <b>2</b>                                                                          | <b>Sunday, October 13, 2024</b>    |               | Krodhin Nama Samvatsara Dekshinraya Jivana Ritau Kanya Mase Sukla Paksha Shranu Vasara Yuktiyam<br>Dhanishtha/Shatabhishak Nakshatra Ganda*Yoga Vanija/Visti* Karana Ekadashyam Titau                          |                                                                                                              |                                                                                          |                                   | Montreal, Canada<br>Sun 25 Sutra 181                |                                          |
|                                                                                   | Kumbha Rasi: 0.26                  | Tithi 11      | Gulika 2:23PM – 3:47PM<br>Yama 11:39AM – 1:02PM<br>Rahu 3:47PM – 5:10PM                                                                                                                                        | Dhanishtha Until 4:22PM<br>Shula* Until 10:55AM<br>Vanija Until 9:33AM<br>Ekadashi Until 8:13PM              | Ganesha: Clear<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Purple<br>Ashvina-Puratasi | Sunrise: 6:08AM<br>Sunset: 5:10PM | Krodhin 5:16<br>Moon 9 - Phase 25 - 25<br>4th Phase | Devaloka Day                             |
| <b>3</b>                                                                          | <b>Monday, October 14, 2024</b>    |               | Krodhin Nama Samvatsara Dekshinraya Jivana Ritau Kanya Mase Sukla Paksha Indu Vasara Yuktiyam<br>Shatabhishak/Purvashrothapada* Nakshatra Ganda*Viddhi Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau    |                                                                                                              |                                                                                          |                                   | Montreal, Canada<br>Sun 26 Sutra 182                |                                          |
|                                                                                   | Kumbha Rasi: 14.56                 | Tithi 12 – 13 | Gulika 1:01PM – 2:24PM<br>Yama 10:16AM – 11:39AM<br>Rahu 7:31AM – 8:54AM                                                                                                                                       | Shatabhishak Until 2:05PM<br>Ganda* Until 7:30AM<br>Bava Until 6:48AM<br>Dvadashi Until 5:14PM               | Ganesha: Clear<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Purple<br>Ashvina-Puratasi | Sunrise: 6:09AM<br>Sunset: 5:09PM | Krodhin 5:16<br>Moon 9 - Phase 25 - 26<br>4th Phase | Devaloka Day                             |
| Family Home Evening                                                               |                                    |               | Kadaltswami Mahasamadhi                                                                                                                                                                                        |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| Creative Work Siddha Yoga                                                         |                                    |               | Pradosha Vrata                                                                                                                                                                                                 |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| Until 2:05PM                                                                      |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| Then Routine Work - Marana Yoga                                                   |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| <b>4</b>                                                                          | <b>Tuesday, October 15, 2024</b>   |               | Krodhin Nama Samvatsara Dekshinraya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vasara Yuktiyam<br>Purvashrothapada*/Utarashrothapada Nakshatra Dhruva*Yoga Tailla/Gara Karana Trayodashi/Chaturdashyam Titau |                                                                                                              |                                                                                          |                                   | Montreal, Canada<br>Sun 27 Sutra 183                |                                          |
|                                                                                   | Kumbha Rasi: 29.47                 | Tithi 13 – 14 | Gulika 11:39AM – 1:01PM<br>Yama 8:54AM – 10:17AM<br>Rahu 2:23PM – 3:45PM                                                                                                                                       | Purvashrothapada* Until 11:38AM<br>Dhruva Until 11:39PM<br>Gara Until 12:04AM Wed<br>Trayodashi Until 1:51PM | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Clear<br>Ashvina-Puratasi | Sunrise: 6:10AM<br>Sunset: 5:07PM | Krodhin 5:16<br>Moon 9 - Phase 25 - 27<br>4th Phase | Devaloka Day                             |
| Routine Work Marana Yoga                                                          |                                    |               | Chidambaram Abhishekam                                                                                                                                                                                         |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| Until 11:38AM                                                                     |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| Then Creative Work - Amrita Yoga                                                  |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
|  | <b>Wednesday, October 16, 2024</b> |               | Krodhin Nama Samvatsara Dekshinraya Jivana Ritau Tula Mase Sukla Paksha Sudha Vasara Yuktiyam<br>Utarashrothapada/Revati Nakshatra Vyaghata*Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau             |                                                                                                              |                                                                                          |                                   | Montreal, Canada<br>Sun 28 Sutra 184                |                                          |
|                                                                                   | Meena Rasi: 14.53                  | Tithi 14 – 15 | Gulika 10:17AM – 11:38AM<br>Yama 7:33AM – 8:55AM<br>Rahu 11:38AM – 1:00PM                                                                                                                                      | Utarashrothapada Until 8:48AM<br>Vyaghata* Until 7:26PM<br>Visti Until 8:22PM<br>Chaturdashi* Until 10:12AM  | Ganesha: Yellow<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Clear<br>Ashvina-Alpasi   | Sunrise: 6:12AM<br>Sunset: 5:05PM | Krodhin 5:16<br>Moon 9 - Phase 25 -<br>Purnima      | Devaloka Day                             |
| Creative Work Siddha Yoga                                                         |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| Until 8:48AM                                                                      |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| Then Routine Work - Marana Yoga                                                   |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
|                                                                                   | <b>Thursday, October 17, 2024</b>  |               | Krodhin Nama Samvatsara Dekshinraya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yuktiyam<br>Ashvini Nakshatra Harshana/Vajra* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau                         |                                                                                                              |                                                                                          |                                   | Montreal, Canada<br>Sun 29 Sutra 185                |                                          |
|                                                                                   | Mesha Rasi: 0.05                   | Tithi 15 – 16 | Gulika 8:56AM – 10:17AM<br>Yama 6:13AM – 7:34AM<br>Rahu 12:59PM – 2:21PM                                                                                                                                       | Ashvini Until 2:58AM Fri<br>Harshana Until 3:13PM<br>Kaulava Until 2:49AM Fri<br>Purnima* Until 6:29AM       | Ganesha: White<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – White<br>Ashvina-Alpasi    | Sunrise: 6:13AM<br>Sunset: 5:03PM | Krodhin 5:16<br>Moon 9 - Phase 25 -<br>Prathama     | Sivaloka Day                             |
| Creative Work Amrita Yoga                                                         |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| Until 2:58AM Fri                                                                  |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |
| Then Creative Work - Siddha Yoga                                                  |                                    |               |                                                                                                                                                                                                                |                                                                                                              |                                                                                          |                                   |                                                     |                                          |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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## Friday, October 18, 2024

### Gold Retreat Star

Mesha Rasi: 15.14 Tithi 17

Creative Work Siddha Yoga  
Until 12:19AM Sat  
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sukra Vessara Yuktayam  
Bharani Nakshatra Vajra\* Siddhi Yoga Talila\* Gara Karana Dvitiyayam Titau

**Gulika** 7:35AM - 8:56AM  
Yama 2:20PM - 3:41PM  
Rahu 10:17AM - 11:38AM

**Bharani Until 12:19AM Sat**  
Vajra\* Until 11:05AM  
Talila Until 1:04PM  
Dvitiya Until 11:23PM

**Ganesha:** White  
**Muruga:** Orange  
**Nataraja:** Clear  
Moon - White  
Ashvina\*Alpasi

Montreal, Canada  
Sutra 196  
Krodhin 5126  
Moon 10 - Phase 26 - 1  
1st Phase

Sivaloka Day

## 1 Saturday, October 19, 2024

Vishebbha Rasi: 0.1 Tithi 18

Creative Work Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manita Vessara Yuktayam  
Kritika Nakshatra Siddhi/Vytilpata\* Yoga Vanija/Vel\* Karana Tritiyayam Titau

**Gulika** 6:16AM - 7:36AM  
Yama 12:58PM - 2:19PM  
Rahu 8:57AM - 10:17AM

**Kritika Until 9:55PM**  
Siddhi Until 7:12AM  
Vanija Until 9:49AM  
Tritiya Until 8:20PM

**Ganesha:** Yellow  
**Muruga:** Orange  
**Nataraja:** Clear  
Moon - White  
Ashvina\*Alpasi

Montreal, Canada  
Sun 1  
Krodhin 5126  
Moon 10 - Phase 26 - 1  
1st Phase

Devaloka Day

## 2 Sunday, October 20, 2024

Vishebbha Rasi: 14.47 Tithi 19 - 20

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Bhanu Vessara Yuktayam  
Rohini Nakshatra Varinyan Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 2:18PM - 3:38PM  
Yama 11:38AM - 12:58PM  
Rahu 3:38PM - 4:58PM

**Rohini Until 8:21PM**  
Varinyan Until 12:40AM Mon  
Bava Until 7:01AM  
Chaturthi\* Until 5:50PM

**Ganesha:** White  
**Muruga:** Orange  
**Nataraja:** Clear  
Moon - Yellow  
Ashvina\*Alpasi

Montreal, Canada  
Sun 2  
Krodhin 5126  
Moon 10 - Phase 26 - 2  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

## 3 Monday, October 21, 2024

Vishebbha Rasi: 28.58 Tithi 20 - 21

Family Home Evening

Creative Work Amrita Yoga

Until 7:20PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Indu Vessara Yuktayam  
Mrigashira Nakshatra Perigha\* Yoga Talila/Gara Karana Panchami/Shashthiyam Titau

**Gulika** 12:57PM - 2:17PM  
Yama 10:18AM - 11:37AM  
Rahu 7:38AM - 8:58AM

**Mrigashira Until 7:20PM**  
Perigha\* Until 10:14PM  
Gara Until 3:24AM Tue  
Panchami Until 4:00PM

**Ganesha:** White  
**Muruga:** Orange  
**Nataraja:** Clear  
Moon - Yellow  
Ashvina\*Alpasi

Montreal, Canada  
Sun 3  
Krodhin 5126  
Moon 10 - Phase 26 - 3  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

## 4 Tuesday, October 22, 2024

Mithuna Rasi: 12.41 Tithi 21 - 22

Routine Work Marana Yoga

Until 6:57PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Mangala Vessara Yuktayam  
Andra Nakshatra Shiva Yoga Vanija/Vel\* Karana Shashthi/Saptamyam Titau

**Gulika** 11:37AM - 12:57PM  
Yama 8:59AM - 10:18AM  
Rahu 2:16PM - 3:36PM

**Andra Until 6:57PM**  
Shiva Until 8:26PM  
Visti Until 2:47AM Wed  
Shashthi\* Until 2:58PM

**Ganesha:** White  
**Muruga:** Orange  
**Nataraja:** Clear  
Moon - Yellow  
Ashvina\*Alpasi

Montreal, Canada  
Sun 4  
Krodhin 5126  
Moon 10 - Phase 26 - 4  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

## D Wednesday, October 23, 2024

### Retreat Star

Mithuna Rasi: 25.57 Tithi 22 - 23

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Budha Vessara Yuktayam  
Punarvasu Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 10:18AM - 11:37AM  
Yama 7:40AM - 8:59AM  
Rahu 11:37AM - 12:56PM

**Punarvasu Until 7:42PM**  
Siddha Until 7:17PM  
Balava Until 3:02AM Thu  
Saptami Until 2:47PM

**Ganesha:** Clear  
**Muruga:** Orange  
**Nataraja:** Clear  
Moon - Blue  
Ashvina\*Alpasi

Montreal, Canada  
Sun 5  
Krodhin 5126  
Moon 10 - Phase 26 - 5  
Ashtami

Devaloka Day

## Thursday, October 24, 2024

### Retreat Star

Kataka Rasi: 8.47 Tithi 23 - 24

Creative Work Amrita Yoga

Until 9:06PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vessara Yuktayam  
Pushya Nakshatra Sadhya Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

**Gulika** 9:00AM - 10:18AM  
Yama 6:22AM - 7:41AM  
Rahu 12:56PM - 2:14PM

**Pushya Until 9:06PM**  
Sadya Until 6:47PM  
Tailila Until 4:04AM Fri  
Ashtami\* Until 3:26PM

**Ganesha:** Clear  
**Muruga:** Orange  
**Nataraja:** Clear  
Moon - Blue  
Ashvina\*Alpasi

Montreal, Canada  
Sun 6  
Krodhin 5126  
Moon 10 - Phase 26 - 6  
Navami

Devaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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|                                      |               |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
|--------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| <b>1 Friday, October 25, 2024</b>    |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sukra Vassara Yuktayam<br>Ashlesha* Nakshatra Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau                |                                                           |                                                                                                                      |                                                                                           | Montreal, Canada<br>Sun 7 Sutra 193<br>Krodhin 516<br>Moon 10 - Phase 27 - 6<br>2nd Phase   |
| Kataka Rasi: 21.14                   | Tithi 24 – 25 | Gulika<br>Yama<br>643477574 Rahu                                                                                                                                                           | 7:42AM – 9:00AM<br>2:14PM – 3:32PM<br>10:19AM – 11:37AM   | <b>Ashlesha* Until 11:02PM</b><br>Subha Until 6:53PM<br>Vanija Until 5:49AM Sat<br>Navami* Until 4:51PM              | Ganesha: Clear<br>Murgu: Orange<br>Nataraja: Clear<br>Moon – Blue<br>Ashvina*Alpasi       | Sunrise: 6:24AM<br>Sunset: 4:50PM                                                           |
| Routine Work                         | Marana Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           | <b>Devaloka Day</b>                                                                         |
| <b>2 Saturday, October 26, 2024</b>  |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manita Vassara Yuktayam<br>Magha* Nakshatra Sukla Yoga Visti* Karana Dashamyam Titau                              |                                                           |                                                                                                                      |                                                                                           | Montreal, Canada<br>Sun 8 Sutra 194<br>Krodhin 516<br>Moon 10 - Phase 27 - 6<br>2nd Phase   |
| Simha Rasi: 3.25                     | Tithi 25      | Gulika<br>Yama<br>653477574 Rahu                                                                                                                                                           | 6:25AM – 7:43AM<br>12:55PM – 2:13PM<br>9:91AM – 10:19AM   | <b>Magha* Until 1:51AM Sun</b><br>Sukla Until 7:23PM<br>Visti Until 6:52PM<br>Dashami Until 6:52PM                   | Ganesha: Purple<br>Murgu: Orange<br>Nataraja: Clear<br>Moon – Red<br>Ashvina*Alpasi       | Sunrise: 6:25AM<br>Sunset: 4:50PM                                                           |
| Creative Work                        | Amrita Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                             |
| Until 1:51AM Sun                     |               |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
| Then Creative Work                   | Siddha Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
| <b>3 Sunday, October 27, 2024</b>    |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Bhanu Vassara Yuktayam<br>Purvaphalguni Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau                 |                                                           |                                                                                                                      |                                                                                           | Montreal, Canada<br>Sun 9 Sutra 195<br>Krodhin 516<br>Moon 10 - Phase 27 - 9<br>2nd Phase   |
| Simha Rasi: 15.23                    | Tithi 26      | Gulika<br>Yama<br>653477574 Rahu                                                                                                                                                           | 2:12PM – 3:30PM<br>11:37AM – 12:54PM<br>3:30PM – 4:47PM   | <b>Purvaphalguni Until 4:51AM Mon</b><br>Brahma Until 8:14PM<br>Bava Until 6:05AM<br>Ekadashi* Until 9:20PM          | Ganesha: Purple<br>Murgu: Orange<br>Nataraja: Clear<br>Moon – Red<br>Ashvina*Alpasi       | Sunrise: 6:27AM<br>Sunset: 4:47PM                                                           |
| Creative Work                        | Siddha Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                             |
| <b>4 Monday, October 28, 2024</b>    |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Indra Vassara Yuktayam<br>Purvaphalguni Nakshatra Indra Yoga Kaulava/Talita Karana Dvadashyam Titau               |                                                           |                                                                                                                      |                                                                                           | Montreal, Canada<br>Sun 10 Sutra 196<br>Krodhin 516<br>Moon 10 - Phase 27 - 10<br>2nd Phase |
| Simha Rasi: 27.13                    | Tithi 27      | Gulika<br>Yama<br>653477574 Rahu                                                                                                                                                           | 12:54PM – 2:11PM<br>11:37AM – 12:54PM<br>7:45AM – 9:02AM  | <b>Uttaraphalguni Until 7:52AM Tue</b><br>Indra Until 8:16PM<br>Kaulava Until 10:41AM<br>Dvadashi* Until 12:02AM Tue | Ganesha: Purple<br>Murgu: Orange<br>Nataraja: Clear<br>Moon – Red<br>Ashvina*Alpasi       | Sunrise: 6:28AM<br>Sunset: 4:46PM                                                           |
| Family Home Evening                  |               |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                             |
| Creative Work                        | Siddha Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
| <b>5 Tuesday, October 29, 2024</b>   |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Mangala Vassara Yuktayam<br>Uttaraphalguni Nakshatra Vaidhril* Yoga Gara/Vanija Karana Trayodashyam Titau         |                                                           |                                                                                                                      |                                                                                           | Montreal, Canada<br>Sun 11 Sutra 197<br>Krodhin 516<br>Moon 10 - Phase 27 - 11<br>2nd Phase |
| Kanya Rasi: 8.59                     | Tithi 28      | Gulika<br>Yama<br>653477574 Rahu                                                                                                                                                           | 11:37AM – 12:54PM<br>9:03AM – 10:20AM<br>2:10PM – 3:27PM  | <b>Uttaraphalguni Until 7:52AM</b><br>Vaidhril* Until 10:19PM<br>Gara Until 1:26PM<br>Trayodashi* Until 2:46AM Wed   | Ganesha: Purple<br>Murgu: Orange<br>Nataraja: Clear<br>Moon – Red<br>Ashvina*Alpasi       | Sunrise: 6:29AM<br>Sunset: 4:44PM                                                           |
| Creative Work                        | Amrita Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                             |
| Until 7:52AM                         |               |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
| Then Creative Work                   | Siddha Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
| <b>6 Wednesday, October 30, 2024</b> |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Budha Vassara Yuktayam<br>Hasta/Chitra Nakshatra Vishkambha* Yoga Visti*/Sakun* Karana Chaturdashyam Titau        |                                                           |                                                                                                                      |                                                                                           | Montreal, Canada<br>Sun 12 Sutra 198<br>Krodhin 516<br>Moon 10 - Phase 27 - 12<br>2nd Phase |
| Kanya Rasi: 20.46                    | Tithi 29      | Gulika<br>Yama<br>653477574 Rahu                                                                                                                                                           | 10:20AM – 11:37AM<br>7:47AM – 9:04AM<br>11:37AM – 12:53PM | <b>Hasta Until 11:13AM</b><br>Vishkambha* Until 11:19PM<br>Visti Until 4:08PM<br>Chaturdashi* Until 5:24AM Thu       | Ganesha: Light Blue<br>Murgu: Orange<br>Nataraja: Clear<br>Moon – Green<br>Ashvina*Alpasi | Sunrise: 6:31AM<br>Sunset: 4:43PM                                                           |
| Routine Work                         | Marana Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                             |
| Until 11:13AM                        |               |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
| Then Creative Work                   | Siddha Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
| <b>Thursday, October 31, 2024</b>    |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vassara Yuktayam<br>Chitra/Svati Nakshatra Priti Yoga Catuspada* Karana Amavasyayam Titau                    |                                                           |                                                                                                                      |                                                                                           | Montreal, Canada<br>Sun 13 Sutra 199<br>Krodhin 516<br>Moon 10 - Phase 27 - 13<br>Amavasya  |
| <b>Retreat Star</b>                  |               | Gulika<br>Yama<br>653477574 Rahu                                                                                                                                                           | 9:04AM – 10:20AM<br>6:32AM – 7:48AM<br>12:53PM – 2:09PM   | <b>Chitra Until 2:14PM</b><br>Priti Until 12:11AM Fri<br>Catuspada Until 6:40PM<br>Amavasya* Until 7:48AM Fri        | Ganesha: Light Blue<br>Murgu: Orange<br>Nataraja: Clear<br>Moon – Green<br>Ashvina*Alpasi | Sunrise: 6:22AM<br>Sunset: 4:41PM                                                           |
| Creative Work                        | Siddha Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                             |
| Until 2:14PM                         |               |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
| Then Creative Work                   | Amrita Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
| <b>Friday, November 1, 2024</b>      |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vassara Yuktayam<br>Svati/Vishakha Nakshatra Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                                           |                                                                                                                      |                                                                                           | Montreal, Canada<br>Sun 14 Sutra 200<br>Krodhin 516<br>Moon 10 - Phase 27 - 14<br>Prathama  |
| <b>Retreat Star</b>                  |               | Gulika<br>Yama<br>653477574 Rahu                                                                                                                                                           | 7:48AM – 9:05AM<br>2:08PM – 3:24PM<br>10:21AM – 11:37AM   | <b>Svati Until 4:51PM</b><br>Ayushman Until 12:47AM Sat<br>Kintughna Until 8:55PM<br>Amavasya* Until 7:48AM          | Ganesha: Light Blue<br>Murgu: Orange<br>Nataraja: Clear<br>Moon – Green<br>Kartika*Alpasi | Sunrise: 6:23AM<br>Sunset: 4:40PM                                                           |
| Tula Rasi: 14.29                     | Tithi 30 – 1  |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                             |
| Creative Work                        | Siddha Yoga   |                                                                                                                                                                                            |                                                           |                                                                                                                      |                                                                                           |                                                                                             |
|                                      |               |                                                                                                                                                                                            | Skanda Shasthi Begins                                     |                                                                                                                      |                                                                                           |                                                                                             |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Montreal, Canada on 7/10/23

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|   |                                  |             |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 |                                                                           |                                          |
|---|----------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|------------------------------------------|
| 1 | Saturday, November 2, 2024       |             | Krodhin Nama Samvatsara Dekashinaya Jivana Ritau Tula Mase Sukla Paksha Manta Vasara Yuktayam<br>Vishakha Nakshatra Saubhagya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau      |                                                           |                                                                                                             |                                                                                                 | Montreal, Canada<br>Sun 15 Subra 201                                      |                                          |
|   | Tula Rasi: 26.31                 | Tithi 1 – 2 | Gulika<br>Yama<br>674477574 Rahu                                                                                                                                                     | 6:35AM – 7:50AM<br>12:52PM – 2:07PM<br>9:06AM – 10:21AM   | Vishakha Until 7:28PM<br>Saubhagya Until 1:08AM Sun<br>Balava Until 10:49PM<br>Prathama* Until 9:53AM       | Ganesha: Light Blue<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Orange<br>Kartika-Alpasi     | Sunrise: 6:35AM<br>Sunset: 4:38PM<br>Moon 10 - Phase 28 - 15<br>3rd Phase |                                          |
|   | Creative Work                    | Siddha Yoga |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 | Bhuloka Day<br>Devaloka Time: 3PM to 6PM                                  |                                          |
|   |                                  |             |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 |                                                                           |                                          |
| 2 | Sunday, November 3, 2024         |             | Krodhin Nama Samvatsara Dekashinaya Jivana Ritau Tula Mase Sukla Paksha Bhanu Vasara Yuktayam<br>Anuradha Nakshatra Sobhana Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau     |                                                           |                                                                                                             |                                                                                                 | Montreal, Canada<br>Sun 16 Subra 202                                      |                                          |
|   | Vischika Rasi: 8.41              | Tithi 2 – 3 | Gulika<br>Yama<br>674477574 Rahu                                                                                                                                                     | 2:07PM – 3:22PM<br>11:37AM – 12:52PM<br>3:22PM – 4:37PM   | Anuradha Until 9:33PM<br>Sobhana Until 1:12AM Mon<br>Tailita Until 12:19AM Mon<br>Dvitiya Until 11:36AM     | Ganesha: Light Blue<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Orange<br>Kartika-Alpasi     | Sunrise: 6:36AM<br>Sunset: 4:37PM<br>Moon 10 - Phase 28 - 16<br>3rd Phase |                                          |
|   | Routine Work                     | Marana Yoga |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 | Bhuloka Day<br>Devaloka Time: 3PM to 6PM                                  |                                          |
|   |                                  |             |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 |                                                                           |                                          |
| 3 | Monday, November 4, 2024         |             | Krodhin Nama Samvatsara Dekashinaya Jivana Ritau Tula Mase Sukla Paksha Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Athiganda* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau    |                                                           |                                                                                                             |                                                                                                 | Montreal, Canada<br>Sun 17 Subra 203                                      |                                          |
|   | Vischika Rasi: 21.01             | Tithi 3 – 4 | Gulika<br>Yama<br>674477574 Rahu                                                                                                                                                     | 12:51PM – 2:06PM<br>10:22AM – 11:37AM<br>7:52AM – 9:07AM  | Jyeshtha* Until 11:04PM<br>Athiganda* Until 12:55AM Tue<br>Vanija Until 1:25AM Tue<br>Tritiya Until 12:54PM | Ganesha: Light Blue<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Orange<br>Kartika-Alpasi     | Sunrise: 6:38AM<br>Sunset: 4:36PM<br>Moon 10 - Phase 28 - 17<br>3rd Phase |                                          |
|   | Family Home Evening              | Siddha Yoga |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 | Bhuloka Day<br>Devaloka Time: 3PM to 6PM                                  |                                          |
|   | Creative Work                    |             |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 |                                                                           |                                          |
| 4 | Tuesday, November 5, 2024        |             | Krodhin Nama Samvatsara Dekashinaya Jivana Ritau Tula Mase Sukla Paksha Mangala Vasara Yuktayam<br>Mula* Nakshatra Sukama Yoga Vasi*/Bava Karana Chaturthi/Panchamya Titau           |                                                           |                                                                                                             |                                                                                                 | Montreal, Canada<br>Sun 18 Subra 204                                      |                                          |
|   | Dhanus Rasi: 3.32                | Tithi 4 – 5 | Gulika<br>Yama<br>684477574 Rahu                                                                                                                                                     | 11:37AM – 12:51PM<br>9:08AM – 10:22AM<br>2:05PM – 3:20PM  | Mula* Until 12:29AM Wed<br>Sukama Until 12:19AM Wed<br>Bava Until 2:04AM Wed<br>Chaturthi* Until 1:47PM     | Ganesha: Orange<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Light Blue<br>Kartika-Alpasi     | Sunrise: 6:39AM<br>Sunset: 4:34PM<br>Moon 10 - Phase 28 - 18<br>3rd Phase |                                          |
|   | Creative Work                    | Amrita Yoga |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 | Devaloka Day                                                              |                                          |
|   |                                  |             |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 |                                                                           |                                          |
| 5 | Wednesday, November 6, 2024      |             | Krodhin Nama Samvatsara Dekashinaya Jivana Ritau Tula Mase Sukla Paksha Budha Vasara Yuktayam<br>Purvashadha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                                                           |                                                                                                             |                                                                                                 | Montreal, Canada<br>Sun 19 Subra 205                                      |                                          |
|   | Dhanus Rasi: 16.16               | Tithi 5 – 6 | Gulika<br>Yama<br>784477574 Rahu                                                                                                                                                     | 10:23AM – 11:37AM<br>7:55AM – 9:09AM<br>11:37AM – 12:51PM | Purvashadha* Until 1:17AM Thu<br>Dhriti Until 11:21PM<br>Kaulava Until 2:14AM Thu<br>Panchami Until 2:12PM  | Ganesha: Light Blue<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Light Blue<br>Kartika-Alpasi | Sunrise: 6:40AM<br>Sunset: 4:33PM<br>Moon 10 - Phase 28 - 19<br>3rd Phase |                                          |
|   | Creative Work                    | Amrita Yoga | Skanda Shasthi                                                                                                                                                                       |                                                           |                                                                                                             |                                                                                                 |                                                                           | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
|   | Then Routine Work - Marana Yoga  |             |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 |                                                                           |                                          |
| 6 | Thursday, November 7, 2024       |             | Krodhin Nama Samvatsara Dekashinaya Jivana Ritau Tula Mase Sukla Paksha Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Shula* Yoga Tailita/Gara Karana Shashthi/Saptamya Titau       |                                                           |                                                                                                             |                                                                                                 | Montreal, Canada<br>Sun 20 Subra 206                                      |                                          |
|   | Dhanus Rasi: 29.13               | Tithi 6 – 7 | Gulika<br>Yama<br>784577574 Rahu                                                                                                                                                     | 9:09AM – 10:23AM<br>6:42AM – 7:56PM<br>12:51PM – 2:04PM   | Uttarashadha Until 1:25AM Fri<br>Shula* Until 9:58PM<br>Gara Until 1:53AM Fri<br>Shashthi* Until 2:07PM     | Ganesha: Purple<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Light Blue<br>Kartika-Alpasi     | Sunrise: 6:42AM<br>Sunset: 4:32PM<br>Moon 10 - Phase 28 - 20<br>3rd Phase |                                          |
|   | Routine Work                     | Marana Yoga |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 | Bhuloka Day<br>Devaloka Time: 3PM to 6PM                                  |                                          |
|   |                                  |             |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 |                                                                           |                                          |
| 7 | Friday, November 8, 2024         |             | Krodhin Nama Samvatsara Dekashinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vasara Yuktayam<br>Shravana Nakshatra Ganda* Yoga Vanija/Vasi* Karana Saptami/Ashtamya Titau           |                                                           |                                                                                                             |                                                                                                 | Montreal, Canada<br>Sun 21 Subra 207                                      |                                          |
|   | Makara Rasi: 12.27               | Tithi 7 – 8 | Gulika<br>Yama<br>794577574 Rahu                                                                                                                                                     | 7:57AM – 9:10AM<br>2:04PM – 3:17PM<br>10:23AM – 11:37AM   | Shravana Until 1:20AM Sat<br>Ganda* Until 8:09PM<br>Vasi Until 1:00AM Sat<br>Saptami Until 1:30PM           | Ganesha: Clear<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Purple<br>Kartika-Alpasi          | Sunrise: 6:43AM<br>Sunset: 4:31PM<br>Moon 10 - Phase 28 - 21<br>Ashtami   |                                          |
|   | Routine Work                     | Marana Yoga |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 | Devaloka Day                                                              |                                          |
|   | Then Creative Work - Siddha Yoga |             |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 |                                                                           |                                          |
| 8 | Saturday, November 9, 2024       |             | Krodhin Nama Samvatsara Dekashinaya Jivana Ritau Tula Mase Sukla Paksha Manta Vasara Yuktayam<br>Dhanishtha Nakshatra Viddhi/Dhruva Yoga Bava/Balava Karana Ashtami/Navamya Titau    |                                                           |                                                                                                             |                                                                                                 | Montreal, Canada<br>Sun 22 Subra 208                                      |                                          |
|   | Makara Rasi: 25.59               | Tithi 8 – 9 | Gulika<br>Yama<br>794577574 Rahu                                                                                                                                                     | 6:45AM – 7:58AM<br>12:50PM – 2:03PM<br>9:11AM – 10:24AM   | Dhanishtha Until 12:32AM Sun<br>Viddhi Until 5:55PM<br>Balava Until 11:32PM<br>Ashtami* Until 12:19PM       | Ganesha: Clear<br>Muruga: Orange<br>Nataraja: Clear<br>Moon – Purple<br>Kartika-Alpasi          | Sunrise: 6:45AM<br>Sunset: 4:29PM<br>Moon 10 - Phase 28 - 22<br>Navami    |                                          |
|   | Creative Work                    | Siddha Yoga |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 | Devaloka Day                                                              |                                          |
|   |                                  |             |                                                                                                                                                                                      |                                                           |                                                                                                             |                                                                                                 |                                                                           |                                          |

According to one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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|-----------------------------------------------------------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------|------------------------------------------------------|------------------------------------------|
| <b>1 Sunday, November 10, 2024</b>                                                      |               | Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Sukta Paksha Bharu Vasara Yuktayam<br>Shalabhishak Nakshatra Dhruva/Vyaghat* Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau           |                                                                                                             |                                                                                          |                                   | Montreal, Canada<br>Sun 23 Sutra 209                 |                                          |
| Kumbha Rasi: 9.5                                                                        | Tithi 9 – 10  | Gulika 2:03PM – 3:15PM<br>Yama 11:37AM – 12:50PM<br>Rahu 3:15PM – 4:28PM                                                                                                                             | Shatabhishak Until 11:03PM<br>Dhruva Until 3:13PM<br>Tailita Until 7:02PM<br>Navami* Until 10:35AM          | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Purple<br>Karttika-Alpasi   | Sunrise: 6:46AM<br>Sunset: 4:28PM | Krodhin 5:16<br>Moon 10 - Phase 29 - 23<br>4th Phase | Devaloka Day                             |
| Creative Work                                                                           | Siddha Yoga   |                                                                                                                                                                                                      |                                                                                                             |                                                                                          |                                   |                                                      |                                          |
| <b>2 Monday, November 11, 2024</b>                                                      |               | Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Sukta Paksha Indu Vasara Yuktayam<br>Purvaprosrthapada* Nakshatra Vyaghat* Harshana Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau     |                                                                                                             |                                                                                          |                                   | Montreal, Canada<br>Sun 24 Sutra 210                 |                                          |
| Kumbha Rasi: 24.03                                                                      | Tithi 10 – 11 | Gulika 12:50PM – 2:02PM<br>Yama 10:25AM – 11:37AM<br>Rahu 8:00AM – 9:12AM                                                                                                                            | Purvaprosrthapada* Until 9:22PM<br>Vyaghat* Until 12:06PM<br>Vanija Until 7:02PM<br>Dashami Until 8:19AM    | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear<br>Karttika-Alpasi      | Sunrise: 6:47AM<br>Sunset: 4:29PM | Krodhin 5:16<br>Moon 10 - Phase 29 - 24<br>4th Phase | Devaloka Day                             |
| Family Home Evening<br>Routine Work<br>Until 9:22PM<br>Then Creative Work - Siddha Yoga | Marana Yoga   |                                                                                                                                                                                                      |                                                                                                             |                                                                                          |                                   |                                                      |                                          |
| <b>3 Tuesday, November 12, 2024</b>                                                     |               | Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Sukta Paksha Mangala Vasara Yuktayam<br>Uttaraprosrthapada Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Dvadashtyam Titau            |                                                                                                             |                                                                                          |                                   | Montreal, Canada<br>Sun 25 Sutra 211                 |                                          |
| Meena Rasi: 8.34                                                                        | Tithi 12      | Gulika 11:37AM – 12:49PM<br>Yama 9:13AM – 10:25AM<br>Rahu 2:02PM – 3:14PM                                                                                                                            | Uttaraprosrthapada Until 7:09PM<br>Harshana Until 8:39AM<br>Bava Until 4:07PM<br>Dvadashti Until 2:31AM Wed | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear<br>Karttika-Alpasi      | Sunrise: 6:49AM<br>Sunset: 4:29PM | Krodhin 5:16<br>Moon 10 - Phase 29 - 25<br>4th Phase | Devaloka Day                             |
| Creative Work<br>Until 7:09PM<br>Then Creative Work - Siddha Yoga                       | Amrita Yoga   |                                                                                                                                                                                                      |                                                                                                             |                                                                                          |                                   |                                                      |                                          |
| <b>4 Wednesday, November 13, 2024</b>                                                   |               | Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Sukta Paksha Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Siddhi Yoga Kaulava/Tailita Karana Trayodashyam Titau                      |                                                                                                             |                                                                                          |                                   | Montreal, Canada<br>Sun 26 Sutra 212                 |                                          |
| Meena Rasi: 23.22                                                                       | Tithi 13      | Gulika 10:26AM – 11:38AM<br>Yama 8:02AM – 9:14AM<br>Rahu 11:38AM – 12:49PM                                                                                                                           | Revati Until 4:31PM<br>Siddhi Until 12:58AM Thu<br>Kaulava Until 12:54PM<br>Trayodashi Until 11:13PM        | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear<br>Karttika-Alpasi      | Sunrise: 6:50AM<br>Sunset: 4:29PM | Krodhin 5:16<br>Moon 10 - Phase 29 - 26<br>4th Phase | Devaloka Day                             |
| Routine Work                                                                            | Marana Yoga   |                                                                                                                                                                                                      |                                                                                                             |                                                                                          |                                   |                                                      |                                          |
| <b>5 Thursday, November 14, 2024</b>                                                    |               | Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Tula Mase Sukta Paksha Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vysatpata* Yoga Gara/Vanija Karana Chaturdashyam Titau                     |                                                                                                             |                                                                                          |                                   | Montreal, Canada<br>Sun 27 Sutra 213                 |                                          |
| Mesha Rasi: 8.19                                                                        | Tithi 14      | Gulika 9:15AM – 10:26AM<br>Yama 6:52AM – 8:03AM<br>Rahu 12:49PM – 2:01PM                                                                                                                             | Ashvini Until 2:01PM<br>Vysatpata* Until 8:59PM<br>Gara Until 9:32AM<br>Chaturdashi* Until 7:49PM           | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – White<br>Karttika-Alpasi     | Sunrise: 6:52AM<br>Sunset: 4:24PM | Krodhin 5:16<br>Moon 10 - Phase 29 - 27<br>4th Phase | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
| Creative Work<br>Until 2:01PM<br>Then Creative Work - Siddha Yoga                       | Amrita Yoga   |                                                                                                                                                                                                      |                                                                                                             |                                                                                          |                                   |                                                      |                                          |
| <b>Friday, November 15, 2024</b>                                                        |               | Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Vrischika Mase Krishna Paksha Sukra Vasara Yuktayam<br>Bharani/Kritika Nakshatra Varjani*Parigha* Yoga Vast/Balava Karana Purnima/Prathamayam Titau |                                                                                                             |                                                                                          |                                   | Montreal, Canada<br>Sun 28 Sutra 214                 |                                          |
| Mesha Rasi: 23.17                                                                       | Tithi 15 – 16 | Gulika 8:04AM – 9:15AM<br>Yama 2:00PM – 3:12PM<br>Rahu 10:27AM – 11:38AM                                                                                                                             | Bharani Until 11:24AM<br>Varjani Until 5:02PM<br>Visti Until 6:09AM<br>Purnima* Until 4:29PM                | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – White<br>Karttika-Karttikai  | Sunrise: 6:53AM<br>Sunset: 4:22PM | Krodhin 5:16<br>Moon 10 - Phase 29 -<br>Purnima      | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |
| Creative Work                                                                           | Siddha Yoga   |                                                                                                                                                                                                      |                                                                                                             |                                                                                          |                                   |                                                      |                                          |
| <b>Saturday, November 16, 2024</b>                                                      |               | Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Vrischika Mase Krishna Paksha Merita Vasara Yuktayam<br>Kritika/Rohini Nakshatra Parigha*/Shiva Yoga Kaulava/Tailita Karana Prathama/Dvitiyam Titau |                                                                                                             |                                                                                          |                                   | Montreal, Canada<br>Sun 29 Sutra 215                 |                                          |
| Visahbha Rasi: 8.1                                                                      | Tithi 16 – 17 | Gulika 6:54AM – 8:05AM<br>Yama 12:49PM – 2:00PM<br>Rahu 9:16AM – 10:27AM                                                                                                                             | Kritika Until 8:50AM<br>Parigha* Until 1:17PM<br>Tailite Until 11:58PM<br>Prathama* Until 1:22PM            | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – White<br>Karttika-Karttikai | Sunrise: 6:54AM<br>Sunset: 4:22PM | Krodhin 5:16<br>Moon 10 - Phase 29 -<br>Prathama     | Devaloka Day                             |
| Creative Work                                                                           | Amrita Yoga   |                                                                                                                                                                                                      |                                                                                                             |                                                                                          |                                   |                                                      |                                          |
|                                                                                         |               | Vinayaga Viratam Begins                                                                                                                                                                              |                                                                                                             |                                                                                          |                                   |                                                      |                                          |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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**Sunday, November 17, 2024**

**Gold Retreat Star**

Wishabha Rasi: 22:47 Tithi 17 - 18

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Vishchika Mase Krishna Paksha Bhau Vasara Yuktayam  
Rohini/Migashra Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tatlayam Titau

**Gulika** 2:00PM - 3:10PM  
**Yama** 11:38AM - 12:49PM  
**Rahu** 3:10PM - 4:21PM

**Rohini Until 6:53AM**  
Shiva Until 9:51AM  
Vanija Until 9:30PM

**Dvitiya Until 10:38AM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** Purple  
Moon - Yellow  
Karttika-Karttikai

Sunrise: 6:56AM  
Sunset: 4:21PM

Montreal, Canada  
Sun 1 Subra 216  
Krodhin 5126  
Moon 11 - Phase 30 - 1  
1st Phase

**Sivaloka Day**

**1**

**Monday, November 18, 2024**

Mithuna Rasi: 7:03 Tithi 18 - 19

**Family Home Evening**

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam  
Andra Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika** 12:49PM - 1:59PM  
**Yama** 10:28AM - 11:38AM  
**Rahu** 8:07AM - 9:18AM

**Andra Until 4:17AM Tue**  
Siddha Until 6:51AM  
Bava Until 7:39PM

**Tritiya Until 8:28AM**

**Ganesha:** Red  
**Muruga:** Clear  
**Nataraja:** Purple  
Moon - Yellow  
Karttika-Karttikai

Sunrise: 6:57AM  
Sunset: 4:20PM

Montreal, Canada  
Sun 2 Subra 217  
Krodhin 5126  
Moon 11 - Phase 30 - 2  
1st Phase

**Sivaloka Day**

**2**

**Tuesday, November 19, 2024**

Mithuna Rasi: 20:53 Tithi 19 - 20

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam  
Punarvasu Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamiam Titau

**Gulika** 11:39AM - 12:49PM  
**Yama** 9:19AM - 10:29AM  
**Rahu** 1:59PM - 3:09PM

**Punarvasu Until 4:19AM Wed**  
Subha Until 2:37AM Wed  
Kaulava Until 6:34PM

**Chaturthi Until 6:59AM**

**Ganesha:** Green  
**Muruga:** Clear  
**Nataraja:** Purple  
Moon - Blue  
Karttika-Karttikai

Sunrise: 6:58AM  
Sunset: 4:19PM

Montreal, Canada  
Sun 3 Subra 218  
Krodhin 5126  
Moon 11 - Phase 30 - 3  
1st Phase

**Devaloka Day**

**3**

**Wednesday, November 20, 2024**

Kataka Rasi: 4:14 Tithi 20 - 21

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Vishchika Mase Krishna Paksha Budha Vasara Yuktayam  
Pushya Nakshatra Sukla Yoga Tatila/Gara Karana Panchami/Shashthiyam Titau

**Gulika** 10:29AM - 11:39AM  
**Yama** 8:09AM - 9:19AM  
**Rahu** 11:39AM - 12:49PM

**Pushya Until 5:03AM Thu**  
Sukla Until 1:28AM Thu  
Gara Until 6:20PM

**Panchami Until 6:20AM**

**Ganesha:** Green  
**Muruga:** Clear  
**Nataraja:** Purple  
Moon - Blue  
Karttika-Karttikai

Sunrise: 7:00AM  
Sunset: 4:18PM

Montreal, Canada  
Sun 4 Subra 219  
Krodhin 5126  
Moon 11 - Phase 30 - 4  
1st Phase

**Devaloka Day**

**4**

**Thursday, November 21, 2024**

Kataka Rasi: 17:1 Tithi 21 - 22

Creative Work Siddha Yoga

Until 6:27AM Fri

Then Routine Work - Marana Yoga

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Vishchika Mase Krishna Paksha Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma Yoga Vanija/Visti\* Karana Shashthi/Saptamiam Titau

**Gulika** 9:20AM - 10:30AM  
**Yama** 7:01AM - 8:11AM  
**Rahu** 12:49PM - 1:58PM

**Ashlesha\* Until 6:27AM Fri**  
Brahma Until 1:00AM Fri  
Visti Until 7:00PM

**Shashthi\* Until 6:32AM**

**Ganesha:** Green  
**Muruga:** Clear  
**Nataraja:** Purple  
Moon - Blue  
Karttika-Karttikai

Sunrise: 7:01AM  
Sunset: 4:17PM

Montreal, Canada  
Sun 5 Subra 220  
Krodhin 5126  
Moon 11 - Phase 30 - 5  
1st Phase

**Devaloka Day**

**D**

**Friday, November 22, 2024**

**Retreat Star**

Kataka Rasi: 29:4 Tithi 22 - 23

Routine Work Marana Yoga

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Vishchika Mase Krishna Paksha Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra Yoga Bava/Balava Karana Saptami/Ashtamiam Titau

**Gulika** 8:12AM - 9:21AM  
**Yama** 1:58PM - 3:07PM  
**Rahu** 10:30AM - 11:40AM

**Ashlesha\* Until 6:27AM**  
Indra Until 1:09AM Sat  
Balava Until 8:28PM

**Saptami Until 7:37AM**

**Ganesha:** Green  
**Muruga:** Clear  
**Nataraja:** Purple  
Moon - Blue  
Karttika-Karttikai

Sunrise: 7:02AM  
Sunset: 4:17PM

Montreal, Canada  
Sun 6 Subra 221  
Krodhin 5126  
Moon 11 - Phase 30 - 6  
Ashtami

**Devaloka Day**

**Saturday, November 23, 2024**

**Retreat Star**

Simha Rasi: 11:52 Tithi 23 - 24

Creative Work Amrita Yoga

Until 8:55AM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinanya Jivana Ritau Vishchika Mase Krishna Paksha Merita Vasara Yuktayam  
Magha\*/Purnaphalguni Nakshatra Vaidhriti\* Yoga Kaulava/Tatila Karana Ashtami/Navamiam Titau

**Gulika** 7:04AM - 8:13AM  
**Yama** 12:49PM - 1:58PM  
**Rahu** 9:22AM - 10:31AM

**Magha\* Until 8:55AM**  
Vaidhriti\* Until 1:44AM Sun  
Tatila Until 10:36PM

**Ashtami\* Until 9:26AM**

**Ganesha:** Orange  
**Muruga:** Clear  
**Nataraja:** Purple  
Moon - Red  
Karttika-Karttikai

Sunrise: 7:04AM  
Sunset: 4:16PM

Montreal, Canada  
Sun 7 Subra 222  
Krodhin 5126  
Moon 11 - Phase 30 - 7  
Navami

**Sivaloka Day**

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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|                                                                                  |               |                                                                                                                                                                                                          |                                                           |                                                                                                                               |                                                                                                 |                                      |                                                     |
|----------------------------------------------------------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------|
| <b>1 Sunday, November 24, 2024</b>                                               |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Bharu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                                                           |                                                                                                                               |                                                                                                 | Montreal, Canada<br>Sun 8 Sutra 223  |                                                     |
| Simha Rasi: 23.49                                                                | Tithi 24 – 25 | Gulika<br>Yama<br>756587575                                                                                                                                                                              | 1:58PM – 3:07PM<br>11:40AM – 12:49PM<br>3:07PM – 4:15PM   | <b>Purvaphalguni Until 11:45AM</b><br>Vishkambha* Until 2:39AM Mon<br>Vanija Until 1:11AM Mon<br><b>Navami* Until 11:50AM</b> | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Red<br>Karttika-Karttikai         | Sunrise: 7:55AM<br>Sunset: 4:19PM    | Krodha 5106<br>Moon 11 - Phase 31 - 8<br>2nd Phase  |
| Creative Work Siddha Yoga<br>Until 11:45AM<br>Then Creative Work - Amrita Yoga   |               | <b>Sivaloka Day</b>                                                                                                                                                                                      |                                                           |                                                                                                                               |                                                                                                 |                                      |                                                     |
| <b>2 Monday, November 25, 2024</b>                                               |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Priti Yoga Visi*/Bava Karana Dashami/Ekadashtyam Titau              |                                                           |                                                                                                                               |                                                                                                 | Montreal, Canada<br>Sun 9 Sutra 224  |                                                     |
| Kanya Rasi: 5.38                                                                 | Tithi 25 – 26 | Gulika<br>Yama<br>756587575                                                                                                                                                                              | 12:49PM – 1:58PM<br>9:24AM – 10:32AM<br>8:15AM – 9:23AM   | <b>Uttaraphalguni Until 2:42PM</b><br>Priti Until 3:42AM Tue<br>Bava Until 3:57AM Tue<br><b>Dashami Until 2:32PM</b>          | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Red<br>Karttika-Karttikai         | Sunrise: 7:56AM<br>Sunset: 4:19PM    | Krodha 5106<br>Moon 11 - Phase 31 - 9<br>2nd Phase  |
| Family Home Evening<br>Creative Work Siddha Yoga                                 |               | <b>Sivaloka Day</b>                                                                                                                                                                                      |                                                           |                                                                                                                               |                                                                                                 |                                      |                                                     |
| <b>3 Tuesday, November 26, 2024</b>                                              |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam<br>Hasta Nakshatra Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau                   |                                                           |                                                                                                                               |                                                                                                 | Montreal, Canada<br>Sun 10 Sutra 225 |                                                     |
| Kanya Rasi: 17.24                                                                | Tithi 26 – 27 | Gulika<br>Yama<br>756587575                                                                                                                                                                              | 11:41AM – 12:49PM<br>9:24AM – 10:32AM<br>1:57PM – 3:06PM  | <b>Hasta Until 6:04PM</b><br>Ayushman Until 4:41AM Wed<br>Kaulava Until 6:40AM Wed<br><b>Ekadashi* Until 5:19PM</b>           | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Green<br>Karttika-Karttikai      | Sunrise: 7:57AM<br>Sunset: 4:14PM    | Krodha 5106<br>Moon 11 - Phase 31 - 10<br>2nd Phase |
| Creative Work Siddha Yoga                                                        |               | <b>Devaloka Day</b>                                                                                                                                                                                      |                                                           |                                                                                                                               |                                                                                                 |                                      |                                                     |
| <b>4 Wednesday, November 27, 2024</b>                                            |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Budha Vasara Yuktayam<br>Chitra Nakshatra Saubhagya Yoga Kaulava/Talita Karana Dvadashyam Titau                            |                                                           |                                                                                                                               |                                                                                                 | Montreal, Canada<br>Sun 11 Sutra 226 |                                                     |
| Kanya Rasi: 29.11                                                                | Tithi 27      | Gulika<br>Yama<br>756587575                                                                                                                                                                              | 10:33AM – 11:41AM<br>8:17AM – 9:25AM<br>11:41AM – 12:49PM | <b>Chitra Until 9:06PM</b><br>Saubhagya Until 5:30AM Thu<br>Kaulava Until 6:40AM<br><b>Dvadashi* Until 7:55PM</b>             | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Green<br>Karttika-Karttikai      | Sunrise: 7:59AM<br>Sunset: 4:14PM    | Krodha 5106<br>Moon 11 - Phase 31 - 11<br>2nd Phase |
| Creative Work Siddha Yoga                                                        |               | <b>Devaloka Day</b>                                                                                                                                                                                      |                                                           |                                                                                                                               |                                                                                                 |                                      |                                                     |
| <b>5 Thursday, November 28, 2024</b>                                             |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Guru Vasara Yuktayam<br>Svati Nakshatra Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau                                 |                                                           |                                                                                                                               |                                                                                                 | Montreal, Canada<br>Sun 12 Sutra 227 |                                                     |
| Tula Rasi: 11.05                                                                 | Tithi 28      | Gulika<br>Yama<br>756587575                                                                                                                                                                              | 9:26AM – 10:34AM<br>7:10AM – 8:18AM<br>12:49PM – 1:57PM   | <b>Svati Until 11:38PM</b><br>Sobhana Until 6:03AM Fri<br>Gara Until 9:08AM<br><b>Trayodashi* Until 10:12PM</b>               | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Green<br>Karttika-Karttikai      | Sunrise: 7:10AM<br>Sunset: 4:13PM    | Krodha 5106<br>Moon 11 - Phase 31 - 12<br>2nd Phase |
| Creative Work Amrita Yoga<br>Until 11:38PM<br>Then Creative Work - Siddha Yoga   |               | <b>Devaloka Day</b>                                                                                                                                                                                      |                                                           |                                                                                                                               |                                                                                                 |                                      |                                                     |
| <b>6 Friday, November 29, 2024</b>                                               |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Sukra Vasara Yuktayam<br>Vishakha Nakshatra Sobhana/Ahiganda* Yoga Visi*/Sakuni* Karana Chaturdashyam Titau                |                                                           |                                                                                                                               |                                                                                                 | Montreal, Canada<br>Sun 13 Sutra 228 |                                                     |
| Tula Rasi: 23.07                                                                 | Tithi 29      | Gulika<br>Yama<br>756587575                                                                                                                                                                              | 8:19AM – 9:26AM<br>1:57PM – 3:05PM<br>10:34AM – 11:42AM   | <b>Vishakha Until 2:04AM Sat</b><br>Sobhana Until 6:03AM<br>Visi Until 11:11AM<br><b>Chaturdashi* Until 12:01AM Sat</b>       | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Orange<br>Karttika-Karttikai | Sunrise: 7:11AM<br>Sunset: 4:13PM    | Krodha 5106<br>Moon 11 - Phase 31 - 13<br>2nd Phase |
| Creative Work Siddha Yoga                                                        |               | <b>Devaloka Day</b>                                                                                                                                                                                      |                                                           |                                                                                                                               |                                                                                                 |                                      |                                                     |
| <b>● Saturday, November 30, 2024</b>                                             |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Marita Vasara Yuktayam<br>Anuradha Nakshatra Athiganda*/Sukarma Yoga Caluspada*/Naga* Karana Amavasyayam Titau             |                                                           |                                                                                                                               |                                                                                                 | Montreal, Canada<br>Sun 14 Sutra 229 |                                                     |
| Vishchika Rasi: 5.2                                                              | Tithi 30      | Gulika<br>Yama<br>756587575                                                                                                                                                                              | 7:12AM – 8:20AM<br>12:50PM – 1:57PM<br>9:27AM – 10:35AM   | <b>Anuradha Until 3:53AM Sun</b><br>Athiganda* Until 6:13AM<br>Caluspada Until 12:46PM<br><b>Amavasya* Until 1:21AM Sun</b>   | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Orange<br>Karttika-Karttikai | Sunrise: 7:12AM<br>Sunset: 4:12PM    | Krodha 5106<br>Moon 11 - Phase 31 - 14<br>Amavasya  |
| Creative Work Siddha Yoga<br>Until 3:53AM Sun<br>Then Routine Work - Marana Yoga |               | <b>Devaloka Day</b>                                                                                                                                                                                      |                                                           |                                                                                                                               |                                                                                                 |                                      |                                                     |
| <b>Sunday, December 1, 2024</b>                                                  |               | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sukla Paksha Bharu Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau                    |                                                           |                                                                                                                               |                                                                                                 | Montreal, Canada<br>Sun 15 Sutra 230 |                                                     |
| Vishchika Rasi: 17.46                                                            | Tithi 1       | Gulika<br>Yama<br>777587575                                                                                                                                                                              | 1:57PM – 3:05PM<br>11:43AM – 12:50PM<br>3:05PM – 4:12PM   | <b>Jyeshtha* Until 5:04AM Mon</b><br>Sukarma Until 6:01AM<br>Kintughna Until 1:52PM<br><b>Prathama* Until 2:13AM Mon</b>      | Ganesha: Orange<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Orange<br>Margasira-Karttikai    | Sunrise: 7:13AM<br>Sunset: 4:12PM    | Krodha 5106<br>Moon 11 - Phase 31 - 15<br>Prathama  |
| Routine Work Marana Yoga<br>Until 5:04AM Mon<br>Then Creative Work - Siddha Yoga |               | <b>Sivaloka Day</b>                                                                                                                                                                                      |                                                           |                                                                                                                               |                                                                                                 |                                      |                                                     |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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|                                 |                                    |           |                                                                                                                                                                                             |                                    |                     |                 |                            |             |
|---------------------------------|------------------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|---------------------|-----------------|----------------------------|-------------|
| <b>1</b>                        | <b>Monday, December 2, 2024</b>    |           | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mese Sukla Paksha Indu Vasara Yuktayam<br>Mula* Nakshatra Shukla* Yoga Balava/Kaulava Karana Dvitiyayam Titau                      |                                    |                     |                 | Montreal, Canada<br>Sun 16 | Subra 231   |
|                                 | Dhanus Rasi: 0.24                  | Tithi 2   | Gulika 12:50PM - 1:57PM                                                                                                                                                                     | Mula* Until 6:09AM Tue             | Ganesha: Purple     | Sunrise: 7:14AM |                            | Krodha 5106 |
|                                 | Family Home Evening                |           | Yama 10:36AM - 11:43AM                                                                                                                                                                      | Shukla* Until 4:35AM Tue           | Muruga: Clear       | Sunset: 4:12PM  | Moon 11 - Phase 32 - 16    | 3rd Phase   |
|                                 | Creative Work Siddha Yoga          | 787687575 | Rahu 8:22AM - 9:29AM                                                                                                                                                                        | Balava Until 2:30PM                | Nataraja: Purple    |                 |                            |             |
|                                 |                                    |           |                                                                                                                                                                                             | Dvitiya Until 2:38AM Tue           | Moon - Light Blue   |                 | Devaloka Day               |             |
|                                 |                                    |           |                                                                                                                                                                                             |                                    | Margasira-Kartikiki |                 |                            |             |
| <b>2</b>                        | <b>Tuesday, December 3, 2024</b>   |           | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mese Sukla Paksha Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Ganda* Yoga Talila/Gara Karana Tritiyayam Titau          |                                    |                     |                 | Montreal, Canada<br>Sun 17 | Subra 232   |
|                                 | Dhanus Rasi: 13.14                 | Tithi 3   | Gulika 11:43AM - 12:50PM                                                                                                                                                                    | Mula* Until 6:09AM                 | Ganesha: Purple     | Sunrise: 7:15AM |                            | Krodha 5106 |
|                                 |                                    |           | Yama 9:29AM - 10:36AM                                                                                                                                                                       | Ganda* Until 3:23AM Wed            | Muruga: Clear       | Sunset: 4:11PM  | Moon 11 - Phase 32 - 17    | 3rd Phase   |
|                                 | Creative Work Amrita Yoga          | 787687575 | Rahu 1:57PM - 3:04PM                                                                                                                                                                        | Talila Until 2:42PM                | Nataraja: Purple    |                 |                            |             |
|                                 | Until 6:09AM                       |           |                                                                                                                                                                                             | Tritiya Until 2:38AM Wed           | Moon - Light Blue   |                 | Devaloka Day               |             |
|                                 | Then Creative Work - Siddha Yoga   |           |                                                                                                                                                                                             |                                    | Margasira-Kartikiki |                 |                            |             |
| <b>3</b>                        | <b>Wednesday, December 4, 2024</b> |           | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mese Sukla Paksha Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vridhi* Yoga Vanja/Vidhi* Karana Chaturthyam Titau  |                                    |                     |                 | Montreal, Canada<br>Sun 18 | Subra 233   |
|                                 | Dhanus Rasi: 26.16                 | Tithi 4   | Gulika 10:37AM - 11:44AM                                                                                                                                                                    | Purvashadha* Until 6:42AM          | Ganesha: Purple     | Sunrise: 7:17AM |                            | Krodha 5106 |
|                                 |                                    |           | Yama 8:23AM - 9:30AM                                                                                                                                                                        | Vridhi* Until 1:55AM Thu           | Muruga: Clear       | Sunset: 4:11PM  | Moon 11 - Phase 32 - 18    | 3rd Phase   |
|                                 | Creative Work Amrita Yoga          | 787687575 | Rahu 11:44AM - 12:51PM                                                                                                                                                                      | Vanja Until 2:32PM                 | Nataraja: Purple    |                 |                            |             |
|                                 |                                    |           |                                                                                                                                                                                             | Chaturthi* Until 2:18AM Thu        | Moon - Light Blue   |                 | Devaloka Day               |             |
|                                 |                                    |           |                                                                                                                                                                                             |                                    | Margasira-Kartikiki |                 |                            |             |
| <b>4</b>                        | <b>Thursday, December 5, 2024</b>  |           | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mese Sukla Paksha Guru Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhruva* Yoga Bava/Balava Karana Panchamyam Titau         |                                    |                     |                 | Montreal, Canada<br>Sun 19 | Subra 234   |
|                                 | Makara Rasi: 9.29                  | Tithi 5   | Gulika 9:31AM - 10:38AM                                                                                                                                                                     | Uttarashadha Until 6:45AM          | Ganesha: Purple     | Sunrise: 7:19AM |                            | Krodha 5106 |
|                                 |                                    |           | Yama 7:18AM - 8:24AM                                                                                                                                                                        | Dhruva Until 12:10AM Fri           | Muruga: Clear       | Sunset: 4:11PM  | Moon 11 - Phase 32 - 19    | 3rd Phase   |
|                                 | Routine Work Marana Yoga           | 787687575 | Rahu 12:51PM - 1:58PM                                                                                                                                                                       | Bava Until 2:01PM                  | Nataraja: Purple    |                 |                            |             |
|                                 | Until 6:45AM                       |           |                                                                                                                                                                                             | Panchami Until 1:37AM Fri          | Moon - Light Blue   |                 | Devaloka Day               |             |
|                                 | Then Creative Work - Siddha Yoga   |           |                                                                                                                                                                                             |                                    | Margasira-Kartikiki |                 |                            |             |
| <b>5</b>                        | <b>Friday, December 6, 2024</b>    |           | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mese Sukla Paksha Sukra Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vyaghata* Yoga Kaulava/Talila Karana Shasthyam Titau      |                                    |                     |                 | Montreal, Canada<br>Sun 20 | Subra 235   |
|                                 | Makara Rasi: 22.53                 | Tithi 6   | Gulika 8:25AM - 9:32AM                                                                                                                                                                      | Shravana Until 6:46AM              | Ganesha: Clear      | Sunrise: 7:19AM |                            | Krodha 5106 |
|                                 |                                    |           | Yama 1:58PM - 3:04PM                                                                                                                                                                        | Vyaghata* Until 10:11PM            | Muruga: Clear       | Sunset: 4:11PM  | Moon 11 - Phase 32 - 20    | 3rd Phase   |
|                                 | Routine Work Marana Yoga           | 797687575 | Rahu 10:38AM - 11:45AM                                                                                                                                                                      | Kaulava Until 1:10PM               | Nataraja: Purple    |                 |                            |             |
|                                 | Until 6:46AM                       |           |                                                                                                                                                                                             | Shashthi* Until 12:36AM Sat        | Moon - Purple       |                 | Sivaloka Day               |             |
|                                 | Then Creative Work - Siddha Yoga   |           |                                                                                                                                                                                             |                                    | Margasira-Kartikiki |                 |                            |             |
| <b>6</b>                        | <b>Saturday, December 7, 2024</b>  |           | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mese Sukla Paksha Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishek Nakshatra Harshana* Yoga Gara/Vanija Karana Sapthamyam Titau    |                                    |                     |                 | Montreal, Canada<br>Sun 21 | Subra 236   |
|                                 | Kumbha Rasi: 6.28                  | Tithi 7   | Gulika 7:20AM - 8:26AM                                                                                                                                                                      | Dhanishtha Until 6:20AM            | Ganesha: Clear      | Sunrise: 7:20AM |                            | Krodha 5106 |
|                                 |                                    |           | Yama 12:52PM - 1:58PM                                                                                                                                                                       | Harshana Until 7:56PM              | Muruga: Clear       | Sunset: 4:11PM  | Moon 11 - Phase 32 - 21    | 3rd Phase   |
|                                 | Creative Work Siddha Yoga          | 797687575 | Rahu 9:32AM - 10:39AM                                                                                                                                                                       | Gara Until 12:00PM                 | Nataraja: Purple    |                 |                            |             |
|                                 | Until 6:20AM                       |           |                                                                                                                                                                                             | Saptami Until 11:16PM              | Moon - Purple       |                 | Sivaloka Day               |             |
|                                 | Then Creative Work - Amrita Yoga   |           |                                                                                                                                                                                             |                                    | Margasira-Kartikiki |                 |                            |             |
| <b>D</b>                        | <b>Sunday, December 8, 2024</b>    |           | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mese Sukla Paksha Bhanu Vasara Yuktayam<br>Purvashrothapada* Nakshatra Vajra*/Siddhi* Yoga Visti*/Bava Karana Ashtamyam Titau      |                                    |                     |                 | Montreal, Canada<br>Sun 22 | Subra 237   |
|                                 | <b>Retreat Star</b>                |           | Gulika 1:58PM - 3:04PM                                                                                                                                                                      | Purvashrothapada* Until 4:27AM Mon | Ganesha: Blue       | Sunrise: 7:21AM |                            | Krodha 5106 |
|                                 | Kumbha Rasi: 20.14                 | Tithi 8   | Yama 11:46AM - 12:52PM                                                                                                                                                                      | Vajra* Until 5:24PM                | Muruga: Clear       | Sunset: 4:11PM  | Moon 11 - Phase 32 - 22    | Ashtami     |
|                                 | Creative Work Siddha Yoga          | 718687575 | Rahu 3:04PM - 4:11PM                                                                                                                                                                        | Visti Until 10:29AM                | Nataraja: Purple    |                 |                            |             |
|                                 |                                    |           |                                                                                                                                                                                             | Ashtami* Until 9:35PM              | Moon - Clear        |                 | Subha Sivaloka Day         |             |
|                                 |                                    |           |                                                                                                                                                                                             |                                    | Margasira-Kartikiki |                 |                            |             |
| <b>Monday, December 9, 2024</b> | <b>Retreat Star</b>                |           | Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mese Sukla Paksha Indu Vasara Yuktayam<br>Uttarashrothapada Nakshatra Siddhi/Vyatlipata* Yoga Balava/Kaulava Karana Navamyam Titau |                                    |                     |                 | Montreal, Canada<br>Sun 23 | Subra 238   |
|                                 | Meena Rasi: 4.14                   | Tithi 9   | Gulika 12:52PM - 1:58PM                                                                                                                                                                     | Uttarashrothapada Until 3:01AM Tue | Ganesha: Blue       | Sunrise: 7:22AM |                            | Krodha 5106 |
|                                 | Family Home Evening                |           | Yama 10:40AM - 11:46AM                                                                                                                                                                      | Siddhi Until 2:36PM                | Muruga: Clear       | Sunset: 4:11PM  | Moon 11 - Phase 32 - 23    | Navami      |
|                                 | Creative Work Siddha Yoga          | 718687575 | Rahu 8:28AM - 9:34AM                                                                                                                                                                        | Balava Until 8:38AM                | Nataraja: Purple    |                 |                            |             |
|                                 |                                    |           |                                                                                                                                                                                             | Navami* Until 7:34PM               | Moon - Clear        |                 | Subha Sivaloka Day         |             |
|                                 |                                    |           |                                                                                                                                                                                             |                                    | Margasira-Kartikiki |                 |                            |             |

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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|                                                                                   |                                                     |               |                                                                                                                                                                                                                                  |                                                                                                                                    |                                                                                                                  |                                                                           |
|-----------------------------------------------------------------------------------|-----------------------------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|
| <b>1</b>                                                                          | <b>Tuesday, December 10, 2024</b>                   |               | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Vitrichka Mese Sukla Paksha Mangala Vasara Yuktayam Montreal, Canada<br>Revati Nakshatra Vyatipala*Varjyan Yoga Taillia/Vanja Karana Dashami/Ekadashtyam Titau Sun 24 Subra 239 |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Meena Rasi: 18.26                                   | Tithi 10 – 11 | <b>Gulika</b> 11:47AM – 12:53PM<br>Yama 9:34AM – 10:40AM<br>718687575 <b>Rahu</b> 1:59PM – 3:05PM                                                                                                                                | <b>Revati Until 1:10AM Wed</b><br>Vyatipala* Until 11:33AM<br>Taillia Until 6:28AM<br><b>Dashami Until 5:15PM</b>                  | <b>Ganesha:</b> Blue<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Clear<br>Margasira-Karttikai   | Sunrise: 7:22AM<br>Sunset: 4:11PM<br>Moon 11 - Phase 33 - 24<br>4th Phase |
|                                                                                   | Creative Work Siddha Yoga                           |               | <b>Subha Sivaloka Day</b>                                                                                                                                                                                                        |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Until 1:10AM Wed<br>Then Routine Work - Marana Yoga |               |                                                                                                                                                                                                                                  |                                                                                                                                    |                                                                                                                  |                                                                           |
| <b>2</b>                                                                          | <b>Wednesday, December 11, 2024</b>                 |               | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Vitrichka Mese Sukla Paksha Budha Vasara Yuktayam Montreal, Canada<br>Aashvini Nakshatra Varjyan/Parigra* Yoga Visi* Bava Karana Ekadashi/Dvadashtyam Titau Sun 25 Subra 240    |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Mesha Rasi: 2.49                                    | Tithi 11 – 12 | <b>Gulika</b> 10:41AM – 11:47AM<br>Yama 8:29AM – 9:35AM<br>728687575 <b>Rahu</b> 11:47AM – 12:53PM                                                                                                                               | <b>Aashvini Until 11:22PM</b><br>Varjyan Until 8:17AM<br>Bava Until 1:21AM Thu<br><b>Ekadashi Until 2:41PM</b>                     | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – White<br>Margasira-Karttikai | Sunrise: 7:23AM<br>Sunset: 4:11PM<br>Moon 11 - Phase 33 - 25<br>4th Phase |
|                                                                                   | Routine Work Marana Yoga                            |               | <b>Sivaloka Day</b>                                                                                                                                                                                                              |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Until 11:22PM<br>Then Creative Work - Siddha Yoga   |               |                                                                                                                                                                                                                                  |                                                                                                                                    |                                                                                                                  |                                                                           |
| <b>3</b>                                                                          | <b>Thursday, December 12, 2024</b>                  |               | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Vitrichka Mese Sukla Paksha Guru Vasara Yuktayam Montreal, Canada<br>Bharani Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashti/Trayodashtyam Titau Sun 26 Subra 241          |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Mesha Rasi: 17.2                                    | Tithi 12 – 13 | <b>Gulika</b> 9:36AM – 10:42AM<br>Yama 7:24AM – 8:30AM<br>728687575 <b>Rahu</b> 12:53PM – 1:59PM                                                                                                                                 | <b>Bharani Until 9:19PM</b><br>Shiva Until 1:23AM Fri<br>Kaulava Until 10:35PM<br><b>Dvadashti Until 11:57AM</b><br>Pradosha Vrata | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – White<br>Margasira-Karttikai | Sunrise: 7:24AM<br>Sunset: 4:11PM<br>Moon 11 - Phase 33 - 26<br>4th Phase |
|                                                                                   | Creative Work Siddha Yoga                           |               | <b>Sivaloka Day</b>                                                                                                                                                                                                              |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Until 9:19PM<br>Then Routine Work - Marana Yoga     |               |                                                                                                                                                                                                                                  |                                                                                                                                    |                                                                                                                  |                                                                           |
| <b>4</b>                                                                          | <b>Friday, December 13, 2024</b>                    |               | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Vitrichka Mese Sukla Paksha Sukra Vasara Yuktayam Montreal, Canada<br>Kritika Nakshatra Siddha Yoga Taillia/Gara Karana Trayodashi/Chaturdhashtyam Titau Sun 27 Subra 242       |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Wishabha Rasi: 1.56                                 | Tithi 13 – 14 | <b>Gulika</b> 8:31AM – 9:36AM<br>Yama 1:59PM – 3:05PM<br>728687575 <b>Rahu</b> 10:42AM – 11:48AM                                                                                                                                 | <b>Kritika Until 7:09PM</b><br>Siddha Until 9:55PM<br>Gara Until 7:50PM<br><b>Trayodashi Until 9:10AM</b>                          | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – White<br>Margasira-Karttikai | Sunrise: 7:25AM<br>Sunset: 4:11PM<br>Moon 11 - Phase 33 - 27<br>4th Phase |
|                                                                                   | Creative Work Siddha Yoga                           |               | <b>Sivaloka Day</b>                                                                                                                                                                                                              |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Until 9:09PM<br>Then Routine Work - Marana Yoga     |               |                                                                                                                                                                                                                                  |                                                                                                                                    |                                                                                                                  |                                                                           |
|  | <b>Saturday, December 14, 2024</b>                  |               | Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Vitrichka Mese Sukla Paksha Manta Vasara Yuktayam Montreal, Canada<br>Rohini/Mrigashira Nakshatra Sadhya Yoga Vanja/Bava Karana Chaturdashi/Purnimayam Titau Sun 28 Subra 243   |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | <b>Copper Retreat Star</b>                          |               | <b>Gulika</b> 7:26AM – 8:31AM<br>Yama 12:54PM – 2:00PM<br>739687575 <b>Rahu</b> 9:37AM – 10:43AM                                                                                                                                 | <b>Rohini Until 5:24PM</b><br>Sadya Until 6:35PM<br>Bava Until 4:02AM Sun<br><b>Chaturdashi* Until 6:29AM</b>                      | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br>Margasira-Karttikai | Sunrise: 7:26AM<br>Sunset: 4:11PM<br>Moon 11 - Phase 33 -<br>Purnima      |
|                                                                                   | Creative Work Amrita Yoga                           |               | <b>Sivaloka Day</b>                                                                                                                                                                                                              |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Until 5:24PM<br>Then Creative Work - Siddha Yoga    |               |                                                                                                                                                                                                                                  |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | <b>Sunday, December 15, 2024</b>                    |               | Krodhin Nama Samvatsare Dakshinayya Moksha Ritau Dhanus Mese Krishna Paksha Bhanu Vasara Yuktayam Montreal, Canada<br>Mrigashira/Andra Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau Sun 29 Subra 244       |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | <b>Silver Retreat Star</b>                          |               | <b>Gulika</b> 2:00PM – 3:06PM<br>Yama 11:49AM – 12:55PM<br>739687575 <b>Rahu</b> 3:06PM – 4:11PM                                                                                                                                 | <b>Mrigashira Until 3:49PM</b><br>Subha Until 3:32PM<br>Balava Until 2:57PM<br><b>Prathama* Until 1:58AM Mon</b>                   | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Purple<br>Moon – Yellow<br>Margasira-Markali   | Sunrise: 7:26AM<br>Sunset: 4:11PM<br>Moon 11 - Phase 33 -<br>Prathama     |
|                                                                                   | Creative Work Siddha Yoga                           |               | <b>Sivaloka Day</b>                                                                                                                                                                                                              |                                                                                                                                    |                                                                                                                  |                                                                           |
|                                                                                   | Markali Pillaiyer                                   |               |                                                                                                                                                                                                                                  |                                                                                                                                    |                                                                                                                  |                                                                           |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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**Monday, December 16, 2024****Gold Retreat Star**

Mithuna Rasi: 14:57 Tithi 17  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 2:34PM  
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yukhtayam  
 Andra/Punervasu Nakshatra Sula/Brahma Yoga Talila/Gara Karana Dvityasam Titau  
**Gulika 12:55PM - 2:01PM**  
 Yama 10:44AM - 11:49AM  
**Rahu 8:33AM - 9:38AM**  
**Andra Until 2:34PM**  
 Sukla Until 12:50PM  
 Talila Until 1:08PM  
**Dvitiya Until 12:26AM Tue**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Yellow  
**Margasira-Markali**

Sunrise: 7:27AM  
 Sunset: 4:12PM  
 Moon 12 - Phase 34 - 1st Phase

**Devaloka Day**

Montreal, Canada  
 Sutra 245

Krodha 5126  
 Moon 12 - Phase 34 - 1st Phase

**1****Tuesday, December 17, 2024**

Mithuna Rasi: 28:43 Tithi 18  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yukhtayam  
 Punarvasu/Pushya Nakshatra Brahma/Indra Yoga Vanja/Visi\* Karana Tritiyasam Titau  
**Gulika 11:50AM - 12:55PM**  
 Yama 9:39AM - 10:44AM  
**Rahu 2:01PM - 3:07PM**  
**Punarvasu Until 2:12PM**  
 Brahma Until 10:38AM  
 Vanja Until 11:57AM  
**Tritiya Until 11:36PM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Blue  
**Margasira-Markali**

Sunrise: 7:28AM  
 Sunset: 4:12PM  
 Moon 12 - Phase 34 - 1st Phase

**Sivaloka Day**

Montreal, Canada  
 Sun 1 Sutra 246

Krodha 5126  
 Moon 12 - Phase 34 - 1st Phase

**2****Wednesday, December 18, 2024**

Kalka Rasi: 12:04 Tithi 19  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yukhtayam  
 Pushya/Ashlesha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Baleva Karana Chaturthiyam Titau  
**Gulika 10:45AM - 11:50AM**  
 Yama 8:34AM - 9:39AM  
**Rahu 11:50AM - 12:56PM**  
**Pushya Until 2:26PM**  
 Indra Until 9:02AM  
 Bava Until 11:29AM  
**Chaturthi\* Until 11:32PM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Blue  
**Margasira-Markali**

Sunrise: 7:28AM  
 Sunset: 4:12PM  
 Moon 12 - Phase 34 - 2 1st Phase

**Sivaloka Day**

Montreal, Canada  
 Sun 2 Sutra 247

Krodha 5126  
 Moon 12 - Phase 34 - 2 1st Phase

**3****Thursday, December 19, 2024**

Kalka Rasi: 25 Tithi 20  
 Creative Work Siddha Yoga  
 Until 3:18PM  
 Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yukhtayam  
 Ashlesha\*/Magha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taila Karana Panchamiam Titau  
**Gulika 9:40AM - 10:45AM**  
 Yama 7:25AM - 8:35AM  
**Rahu 12:56PM - 2:02PM**  
**Ashlesha\* Until 3:18PM**  
 Vaidhriti\* Until 6:01AM  
 Kaulava Until 11:50AM  
**Panchami Until 12:18AM Fri**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Blue  
**Margasira-Markali**

Sunrise: 7:29AM  
 Sunset: 4:13PM  
 Moon 12 - Phase 34 - 3 1st Phase

**Sivaloka Day**

Montreal, Canada  
 Sun 3 Sutra 248

Krodha 5126  
 Moon 12 - Phase 34 - 3 1st Phase

**4****Friday, December 20, 2024**

Simha Rasi: 7:33 Tithi 21  
 Routine Work Marana Yoga  
 Until 5:15PM  
 Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yukhtayam  
 Magha\*/Purvaphalguni Nakshatra Vishkambha\*/Priti Yoga Gara/Vanija Karana Shashthiyam Titau  
**Gulika 8:35AM - 9:41AM**  
 Yama 2:02PM - 3:08PM  
**Rahu 10:46AM - 11:51AM**  
**Magha\* Until 5:15PM**  
 Vishkambha\* Until 7:38AM  
 Gara Until 1:01PM  
**Shashthi\* Until 1:51AM Sat**

**Ganesha:** Purple  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Red  
**Margasira-Markali**

Sunrise: 7:30AM  
 Sunset: 4:13PM  
 Moon 12 - Phase 34 - 4 1st Phase

**Devaloka Day**

Montreal, Canada  
 Sun 4 Sutra 249

Krodha 5126  
 Moon 12 - Phase 34 - 4 1st Phase

**5****Saturday, December 21, 2024**

Simha Rasi: 19:47 Tithi 22  
 Creative Work Siddha Yoga  
 Until 7:43PM  
 Then Routine Work - Marana Yoga

Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Mantu Vasara Yukhtayam  
 Uttaraphalguni Nakshatra Ayushman/Yagya/Vasi\* Bava Karana Sapthamiam Titau  
**Gulika 7:30AM - 8:36AM**  
 Yama 12:57PM - 2:03PM  
**Rahu 9:41AM - 10:46AM**  
**Purvaphalguni Until 7:43PM**  
 Priti Until 7:51AM  
 Vasi Until 2:54PM  
**Saptami Until 4:03AM Sun**

**Ganesha:** Purple  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Red  
**Margasira-Markali**

Sunrise: 7:30AM  
 Sunset: 4:14PM  
 Moon 12 - Phase 34 - 5 1st Phase

**Devaloka Day**

Montreal, Canada  
 Sun 5 Sutra 250

Krodha 5126  
 Moon 12 - Phase 34 - 5 1st Phase

**D****Sunday, December 22, 2024****Retreat Star**

Kanya Rasi: 1:46 Tithi 23  
 Creative Work Amrita Yoga

Krodhin Nama Samvatsare Uttarayana Moksha Ritau Dhanus Mase Krishna Paksha Bhanu Vasara Yukhtayam  
 Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamiam Titau  
**Gulika 2:03PM - 3:09PM**  
 Yama 11:52AM - 12:58PM  
**Rahu 3:09PM - 4:14PM**  
**Uttaraphalguni Until 10:28PM**  
 Ayushman Until 8:28AM  
 Balava Until 5:20PM  
**Ashtami\* Until 6:39AM Mon**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Red  
**Margasira-Markali**

Sunrise: 7:31AM  
 Sunset: 4:14PM  
 Moon 12 - Phase 34 - 6

**Devaloka Day**

Montreal, Canada  
 Sun 6 Sutra 251

Krodha 5126  
 Moon 12 - Phase 34 - 6 Ashtami

**Monday, December 23, 2024****Retreat Star**

Kanya Rasi: 13:37 Tithi 23 - 24  
**Family Home Evening**  
 Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uttarayana Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yukhtayam  
 Hasta Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taila Karana Ashtami/Navamiam Titau  
**Gulika 12:58PM - 2:04PM**  
 Yama 10:47AM - 11:53AM  
**Rahu 8:36AM - 9:42AM**  
**Hasta Until 1:47AM Tue**  
 Saubhagya Until 9:23AM  
 Taila Until 8:03PM  
**Ashtami\* Until 6:39AM**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** Purple  
 Moon - Green  
**Margasira-Markali**

Sunrise: 7:31AM  
 Sunset: 4:15PM  
 Moon 12 - Phase 34 - 7 Navami

**Sivaloka Day**

Montreal, Canada  
 Sun 7 Sutra 252

Krodha 5126  
 Moon 12 - Phase 34 - 7 Navami

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Montreal, Canada on 7/10/23

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|                                                                                   |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
|-----------------------------------------------------------------------------------|----------------------------------|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-----------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|------------------------------------------------------|
| 1                                                                                 | Tuesday, December 24, 2024       |                              | Krodhin Nama Samvatara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yukhtayam<br>Chitra Nakshatra Sobhana/Ahiganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau                   |                                                                                                                                                                                                      |              |                                                                                               |                                                                           | Montreal, Canada<br>Sun 8 Sutra 253<br>Krodhin 5126  |
|                                                                                   | Kanya Rasi: 25.23                | Tithi 24 – 25                | Gulika 11:53AM – 12:59PM<br>Yama 9:42AM – 10:48AM<br>Rahu 2:05PM – 3:10PM                                                                                                                               | Chitra Until 4:52AM Wed<br>Sobhana Until 10:23AM<br>Vanija Until 10:46PM                                                                                                                             |              | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Green<br>Margasira-Markali     | Sunrise: 7:31AM<br>Sunset: 4:16PM<br>Moon 12 - Phase 35 - 8<br>2nd Phase  |                                                      |
|                                                                                   | Creative Work                    | Siddha Yoga                  | Day 4 of Pancha Ganapati                                                                                                                                                                                |                                                                                                                                                                                                      | Sivaloka Day |                                                                                               |                                                                           |                                                      |
|                                                                                   | Day 4 of Pancha Ganapati         |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
|                                                                                   | 2                                | Wednesday, December 25, 2024 |                                                                                                                                                                                                         | Krodhin Nama Samvatara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yukhtayam<br>Svali Nakshatra Ahiganda*/Sukarma Yoga Vasi*/Bava Karana Dashami/Ekadashtyam Titau                 |              |                                                                                               |                                                                           |                                                      |
| Tula Rasi: 7.13                                                                   |                                  | Tithi 25 – 26                | Gulika 10:48AM – 11:54AM<br>Yama 8:37AM – 9:43AM<br>Rahu 11:54AM – 1:00PM                                                                                                                               | Svali Until 7:29AM Thu<br>Ahiganda* Until 11:15AM<br>Bava Until 1:13AM Thu                                                                                                                           |              | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Green<br>Margasira-Markali     | Sunrise: 7:32AM<br>Sunset: 4:16PM<br>Moon 12 - Phase 35 - 9<br>2nd Phase  |                                                      |
| Creative Work                                                                     |                                  | Siddha Yoga                  | Day 5 of Pancha Ganapati                                                                                                                                                                                |                                                                                                                                                                                                      | Sivaloka Day |                                                                                               |                                                                           |                                                      |
| Day 5 of Pancha Ganapati                                                          |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
| 3                                                                                 |                                  | Thursday, December 26, 2024  |                                                                                                                                                                                                         | Krodhin Nama Samvatara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Gura Vasara Yukhtayam<br>Svali/Vishakha Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau        |              |                                                                                               |                                                                           |                                                      |
|                                                                                   | Tula Rasi: 19.1                  | Tithi 26 – 27                | Gulika 9:43AM – 10:49AM<br>Yama 7:32AM – 8:38AM<br>Rahu 1:00PM – 2:06PM                                                                                                                                 | Svali Until 7:29AM<br>Sukarma Until 11:52AM<br>Kaulava Until 3:12AM Fri                                                                                                                              |              | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Green<br>Margasira-Markali      | Sunrise: 7:32AM<br>Sunset: 4:17PM<br>Moon 12 - Phase 35 - 10<br>2nd Phase |                                                      |
|                                                                                   | Creative Work                    | Amrita Yoga                  | Until 7:29AM                                                                                                                                                                                            |                                                                                                                                                                                                      | Devaloka Day |                                                                                               |                                                                           |                                                      |
|                                                                                   | Then Creative Work - Siddha Yoga |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
|                                                                                   | 4                                | Friday, December 27, 2024    |                                                                                                                                                                                                         | Krodhin Nama Samvatara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yukhtayam<br>Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau      |              |                                                                                               |                                                                           |                                                      |
| Vischika Rasi: 1.17                                                               |                                  | Tithi 27 – 28                | Gulika 8:38AM – 9:44AM<br>Yama 2:06PM – 3:12PM<br>Rahu 10:49AM – 11:55AM                                                                                                                                | Vishakha Until 9:58AM<br>Dhriti Until 12:06PM<br>Gara Until 4:37AM Sat                                                                                                                               |              | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Orange<br>Margasira-Markali       | Sunrise: 7:32AM<br>Sunset: 4:18PM<br>Moon 12 - Phase 35 - 11<br>2nd Phase |                                                      |
| Creative Work                                                                     |                                  | Siddha Yoga                  | Dvadashi* Until 3:58PM                                                                                                                                                                                  |                                                                                                                                                                                                      | Bhuloka Day  |                                                                                               |                                                                           |                                                      |
| Devotika Time: 3PM to 6PM                                                         |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
| Pradosha Vrata (Fasting)                                                          |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
| 5                                                                                 | Saturday, December 28, 2024      |                              | Krodhin Nama Samvatara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Mantu Vasara Yukhtayam<br>Anuradha/Jyestha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau    |                                                                                                                                                                                                      |              |                                                                                               |                                                                           | Montreal, Canada<br>Sun 12 Sutra 257<br>Krodhin 5126 |
|                                                                                   | Vischika Rasi: 13.4              | Tithi 28 – 29                | Gulika 7:32AM – 8:38AM<br>Yama 1:01PM – 2:07PM<br>Rahu 9:44AM – 10:50AM                                                                                                                                 | Anuradha Until 11:43AM<br>Shula* Until 11:52AM<br>Visti Until 5:24AM Sun                                                                                                                             |              | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Orange<br>Margasira-Markali        | Sunrise: 7:32AM<br>Sunset: 4:19PM<br>Moon 12 - Phase 35 - 12<br>2nd Phase |                                                      |
|                                                                                   | Creative Work                    | Siddha Yoga                  | Trayodashi* Until 5:04PM                                                                                                                                                                                |                                                                                                                                                                                                      | Devaloka Day |                                                                                               |                                                                           |                                                      |
|                                                                                   |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
|                                                                                   | 6                                | Sunday, December 29, 2024    |                                                                                                                                                                                                         | Krodhin Nama Samvatara Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Sharu Vasara Yukhtayam<br>Jyestha*/Mula* Nakshatra Ganda*/Vidhih Yoga Sakun*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |              |                                                                                               |                                                                           |                                                      |
| Vischika Rasi: 26.19                                                              |                                  | Tithi 29 – 30                | Gulika 2:08PM – 3:13PM<br>Yama 11:56AM – 1:02PM<br>Rahu 3:13PM – 4:19PM                                                                                                                                 | Jyestha* Until 12:42PM<br>Ganda* Until 11:10AM<br>Catuspada Until 5:35AM Mon                                                                                                                         |              | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Orange<br>Margasira-Markali        | Sunrise: 7:33AM<br>Sunset: 4:19PM<br>Moon 12 - Phase 35 - 13<br>2nd Phase |                                                      |
| Routine Work                                                                      |                                  | Marana Yoga                  | Chaturdashi* Until 5:33PM                                                                                                                                                                               |                                                                                                                                                                                                      | Devaloka Day |                                                                                               |                                                                           |                                                      |
| Until 12:42PM                                                                     |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
| Then Creative Work - Amrita Yoga                                                  |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
|  | Monday, December 30, 2024        |                              | Krodhin Nama Samvatara Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yukhtayam<br>Mula*/Purvashadha* Nakshatra Vidhih/Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau       |                                                                                                                                                                                                      |              |                                                                                               |                                                                           | Montreal, Canada<br>Sun 14 Sutra 259<br>Krodhin 5126 |
|                                                                                   | Retreat Star                     |                              | Gulika 1:02PM – 2:08PM<br>Yama 10:51AM – 11:56AM<br>Rahu 8:39AM – 9:45AM                                                                                                                                | Mula* Until 1:27PM<br>Vidhih Until 10:02AM<br>Kintughna Until 5:14AM Tue                                                                                                                             |              | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Light Blue<br>Margasira-Markali | Sunrise: 7:33AM<br>Sunset: 4:20PM<br>Moon 12 - Phase 35 - 14<br>Amavasya  |                                                      |
|                                                                                   | Dhanus Rasi: 9.15                | Tithi 30 – 1                 | Hanumath Jayanthi (Tamil Nadu)                                                                                                                                                                          |                                                                                                                                                                                                      | Devaloka Day |                                                                                               |                                                                           |                                                      |
|                                                                                   | Family Home Evening              |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
|                                                                                   | Creative Work                    | Siddha Yoga                  |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
| Until 1:27PM                                                                      |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
| Then Routine Work - Marana Yoga                                                   |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
|                                                                                   | Tuesday, December 31, 2024       |                              | Krodhin Nama Samvatara Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yukhtayam<br>Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghat* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                                                                                                                                                                                      |              |                                                                                               |                                                                           | Montreal, Canada<br>Sun 15 Sutra 260<br>Krodhin 5126 |
|                                                                                   | Retreat Star                     |                              | Gulika 11:57AM – 1:03PM<br>Yama 9:45AM – 10:51AM<br>Rahu 2:09PM – 3:15PM                                                                                                                                | Purvashadha* Until 1:32PM<br>Dhruva Until 8:27AM<br>Balava Until 4:26AM Wed                                                                                                                          |              | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Light Blue<br>Pausha-Markali    | Sunrise: 7:33AM<br>Sunset: 4:21PM<br>Moon 12 - Phase 35 - 15<br>Prathama  |                                                      |
|                                                                                   | Dhanus Rasi: 22.27               | Tithi 1 – 2                  | Prathama* Until 4:52PM                                                                                                                                                                                  |                                                                                                                                                                                                      | Devaloka Day |                                                                                               |                                                                           |                                                      |
|                                                                                   | Creative Work                    | Siddha Yoga                  |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
|                                                                                   | Until 1:32PM                     |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |
| Then Routine Work - Prabalarishta Yoga                                            |                                  |                              |                                                                                                                                                                                                         |                                                                                                                                                                                                      |              |                                                                                               |                                                                           |                                                      |

In the gloom of fear, His six-fold face gleams. In perils unbouded, His vel betokens, "Fear not." Tirumurai 11

All times are standard time. Calculated for Montreal, Canada on 7/10/23

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|   |                                                  |                          |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
|---|--------------------------------------------------|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-----------------------------------|------------------------------------------------------|
| 1 | Wednesday, January 1, 2025                       |                          | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yukṭayam<br>Uttarashadha/Shravana Nakshatra Vyajhata*Harshana Yoga Kaulava/Taila Karana Divyiti/Tritiyam Titau       |                                                          |                                                                                                          |                                                                                          |                                   | Montreal, Canada<br>Sun 16 Sutra 261                 |
|   | Makara Rasi: 5.53                                | Tithi 2 – 3              | Gulika<br>Yama<br>Rahu                                                                                                                                                                                   | 10:51AM – 11:57AM<br>8:39AM – 9:45AM<br>11:57AM – 1:03PM | Uttarashadha Until 1:05PM<br>Vyajhata* Until 6:34AM<br>Taila Until 3:18AM Thu<br>Dvitiya Until 3:53PM    | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Light Blue<br>Pausha-Markali | Sunrise: 7:33AM<br>Sunset: 4:21PM | Krodhin 5:16<br>Moon 12 - Phase 36 - 16<br>3rd Phase |
|   | Creative Work                                    | Amrita Yoga              |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
|   | Until 1:05PM<br>Then Creative Work - Siddha Yoga |                          |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   | Bhuloka Day<br>Devaloka Time: 3PM to 6PM             |
| 2 | Thursday, January 2, 2025                        |                          | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yukṭayam<br>Shravana/Dhanishtha Nakshatra Vajra* Yoga Gara/Venja Karana Tritiya/Chaturthiyam Titau                    |                                                          |                                                                                                          |                                                                                          |                                   | Montreal, Canada<br>Sun 17 Sutra 262                 |
|   | Makara Rasi: 19.32                               | Tithi 3 – 4              | Gulika<br>Yama<br>Rahu                                                                                                                                                                                   | 9:45AM – 10:51AM<br>7:33AM – 8:39AM<br>1:04PM – 2:10PM   | Shravana Until 12:38PM<br>Vajra* Until 2:04AM Fri<br>Vanija Until 1:55AM Fri<br>Tritiya Until 2:37PM     | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Purple<br>Pausha-Markali     | Sunrise: 7:33AM<br>Sunset: 4:22PM | Krodhin 5:16<br>Moon 12 - Phase 36 - 17<br>3rd Phase |
|   | Creative Work                                    | Siddha Yoga              |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
|   |                                                  |                          |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   | Bhuloka Day<br>Devaloka Time: 3PM to 6PM             |
| 3 | Friday, January 3, 2025                          |                          | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Sukra Vasara Yukṭayam<br>Dhanishtha/Shatabhishak Nakshatra Siddhi Yoga Visti* Bava Karana Chaturthi/Panchamam Titau               |                                                          |                                                                                                          |                                                                                          |                                   | Montreal, Canada<br>Sun 18 Sutra 263                 |
|   | Kumbha Rasi: 3.18                                | Tithi 4 – 5              | Gulika<br>Yama<br>Rahu                                                                                                                                                                                   | 8:39AM – 9:45AM<br>2:10PM – 3:17PM<br>10:52AM – 11:58AM  | Dhanishtha Until 11:49AM<br>Siddhi Until 11:34PM<br>Bava Until 12:20AM Sat<br>Chaturthi* Until 1:07PM    | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Purple<br>Pausha-Markali     | Sunrise: 7:33AM<br>Sunset: 4:23PM | Krodhin 5:16<br>Moon 12 - Phase 36 - 18<br>3rd Phase |
|   | Creative Work                                    | Siddha Yoga              |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
|   |                                                  |                          |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   | Bhuloka Day<br>Devaloka Time: 3PM to 6PM             |
| 4 | Saturday, January 4, 2025                        |                          | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Mantu Vasara Yukṭayam<br>Shatabhishak/Purvasrothapada* Nakshatra Vyetipata* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                                                          |                                                                                                          |                                                                                          |                                   | Montreal, Canada<br>Sun 19 Sutra 264                 |
|   | Kumbha Rasi: 17.11                               | Tithi 5 – 6              | Gulika<br>Yama<br>Rahu                                                                                                                                                                                   | 7:33AM – 8:39AM<br>1:05PM – 2:11PM<br>9:46AM – 10:52AM   | Shatabhishak Until 10:41AM<br>Vyetipata* Until 8:59PM<br>Kaulava Until 10:38PM<br>Panchami Until 11:29AM | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Purple<br>Pausha-Markali     | Sunrise: 7:33AM<br>Sunset: 4:24PM | Krodhin 5:16<br>Moon 12 - Phase 36 - 19<br>3rd Phase |
|   | Creative Work                                    | Amrita Yoga              |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
|   | Until 10:41AM<br>Then Routine Work - Marana Yoga |                          |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   | Bhuloka Day<br>Devaloka Time: 3PM to 6PM             |
| 5 | Sunday, January 5, 2025                          |                          | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Bhanu Vasara Yukṭayam<br>Purvasrothapada*/Uttaraprosrothapada Nakshatra Varjyan Yoga Taila/Gara Karana Shashthi/Saptamam Titau    |                                                          |                                                                                                          |                                                                                          |                                   | Montreal, Canada<br>Sun 20 Sutra 265                 |
|   | Meena Rasi: 1.08                                 | Tithi 6 – 7              | Gulika<br>Yama<br>Rahu                                                                                                                                                                                   | 2:12PM – 3:18PM<br>11:59AM – 1:05PM<br>3:18PM – 4:25PM   | Purvasrothapada* Until 9:45AM<br>Varjyan Until 6:18PM<br>Gara Until 8:50PM<br>Shashthi* Until 9:44AM     | Ganesha: White<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear<br>Pausha-Markali     | Sunrise: 7:33AM<br>Sunset: 4:25PM | Krodhin 5:16<br>Moon 12 - Phase 36 - 20<br>3rd Phase |
|   | Creative Work                                    | Siddha Yoga              |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
|   | Until 9:45AM<br>Then Creative Work - Amrita Yoga | Subramuniyaswami Jayanti |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
| D | Monday, January 6, 2025                          |                          | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yukṭayam<br>Uttaraprosrothapada/Revati Nakshatra Parigaha/Shiva Yoga Vanja/Visti* Karana Saptami/Ashlamyam Titau      |                                                          |                                                                                                          |                                                                                          |                                   | Montreal, Canada<br>Sun 21 Sutra 266                 |
|   | Meena Rasi: 15.09                                | Tithi 7 – 8              | Gulika<br>Yama<br>Rahu                                                                                                                                                                                   | 1:06PM – 2:13PM<br>10:53AM – 11:59AM<br>8:39AM – 9:46AM  | Uttaraprosrothapada Until 8:35AM<br>Parigaha* Until 3:33PM<br>Visti Until 6:57PM<br>Saptami Until 7:53AM | Ganesha: White<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear<br>Pausha-Markali     | Sunrise: 7:33AM<br>Sunset: 4:26PM | Krodhin 5:16<br>Moon 12 - Phase 36 - 21<br>Ashlami   |
|   | Family Home Evening                              |                          |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
|   | Creative Work                                    | Siddha Yoga              |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
|   | Tuesday, January 7, 2025                         |                          | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yukṭayam<br>Revati/Ashvini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamam Titau                         |                                                          |                                                                                                          |                                                                                          |                                   | Montreal, Canada<br>Sun 22 Sutra 267                 |
|   | Meena Rasi: 29.13                                | Tithi 9                  | Gulika<br>Yama<br>Rahu                                                                                                                                                                                   | 12:00PM – 1:07PM<br>9:46AM – 10:53AM<br>2:13PM – 3:20PM  | Revati Until 7:11AM<br>Shiva Until 12:46PM<br>Balava Until 4:59PM<br>Navami* Until 3:58AM Wed            | Ganesha: White<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear<br>Pausha-Markali     | Sunrise: 7:32AM<br>Sunset: 4:27PM | Krodhin 5:16<br>Moon 12 - Phase 36 - 22<br>Navami    |
|   | Creative Work                                    | Siddha Yoga              |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   |                                                      |
|   |                                                  |                          |                                                                                                                                                                                                          |                                                          |                                                                                                          |                                                                                          |                                   | Bhuloka Day<br>Devaloka Time: 3PM to 6PM             |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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|                                                                                   |                                   |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
|-----------------------------------------------------------------------------------|-----------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------|------------------------------------------------------|
| <b>1</b>                                                                          | <b>Wednesday, January 8, 2025</b> |               | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yukhtayam<br>Aashvini/Bharani Nakshatra Siddha/Sadhya Yoga Taaila/Gara Karana Dashamyam Titau             |                                                                             |                                                                                                                       |                                                                                        | Montreal, Canada<br>Sun 23        | Sutra 268                                            |
|                                                                                   | Mesha Rasi: 13.19                 | Tithi 10      | Gulika<br>Yama<br>822787576                                                                                                                                                                   | <b>10:53AM - 12:00PM</b><br>8:39AM - 9:46AM<br><b>Rahu</b> 12:00PM - 1:07PM | <b>Aashvini Until 6:00AM</b><br>Siddha Until 9:53AM<br>Taaila Until 2:58PM<br><b>Dashami Until 1:55AM Thu</b>         | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - White<br>Pausha-Markali   | Sunrise: 7:32AM<br>Sunset: 4:28PM | Krodhin 5126<br>Moon 12 - Phase 37 - 23<br>4th Phase |
|                                                                                   | Routine Work                      | Marana Yoga   |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   | <b>Devaloka Day</b>                                  |
|                                                                                   | Until 6:00AM                      |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
|                                                                                   | Then Creative Work - Siddha Yoga  |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
| <b>2</b>                                                                          | <b>Thursday, January 9, 2025</b>  |               | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Guru Vissara Yukhtayam<br>Kritika Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau                             |                                                                             |                                                                                                                       |                                                                                        | Montreal, Canada<br>Sun 24        | Sutra 269                                            |
|                                                                                   | Mesha Rasi: 27.27                 | Tithi 11      | Gulika<br>Yama<br>822787576                                                                                                                                                                   | <b>9:46AM - 10:53AM</b><br>2:16PM - 3:23PM<br><b>Rahu</b> 1:08PM - 2:15PM   | <b>Kritika Until 3:09AM Fri</b><br>Sadhya Until 7:00AM<br>Vanija Until 12:55PM                                        | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - White<br>Pausha-Markali   | Sunrise: 7:32AM<br>Sunset: 4:29PM | Krodhin 5126<br>Moon 12 - Phase 37 - 24<br>4th Phase |
|                                                                                   | Routine Work                      | Marana Yoga   |                                                                                                                                                                                               | <b>Vaikuntha Ekadasi</b>                                                    | <b>Ekadashi Until 11:53PM</b>                                                                                         |                                                                                        |                                   | <b>Devaloka Day</b>                                  |
|                                                                                   |                                   |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
| <b>3</b>                                                                          | <b>Friday, January 10, 2025</b>   |               | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Sukra Vasara Yukhtayam<br>Rohini Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau                              |                                                                             |                                                                                                                       |                                                                                        | Montreal, Canada<br>Sun 25        | Sutra 270                                            |
|                                                                                   | Vishabha Rasi: 11.35              | Tithi 12      | Gulika<br>Yama<br>832787576                                                                                                                                                                   | <b>8:39AM - 9:46AM</b><br>2:16PM - 3:23PM<br><b>Rahu</b> 10:54AM - 12:01PM  | <b>Rohini Until 2:01AM Sat</b><br>Sukla Until 1:19AM Sat<br>Bava Until 10:54AM<br><b>Dvadashi Until 9:55PM</b>        | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Yellow<br>Pausha-Markali | Sunrise: 7:32AM<br>Sunset: 4:30PM | Krodhin 5126<br>Moon 12 - Phase 37 - 25<br>4th Phase |
|                                                                                   | Routine Work                      | Marana Yoga   |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   | <b>Bhuloka Day</b>                                   |
|                                                                                   | Until 2:01AM Sat                  |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   | Devaloka Time: 3PM to 6PM                            |
|                                                                                   | Then Creative Work - Siddha Yoga  |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
| <b>4</b>                                                                          | <b>Saturday, January 11, 2025</b> |               | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Manta Vasara Yukhtayam<br>Mrigashira Nakshatra Brahma Yoga Kaulava/Taaila Karana Trayodashyam Titau                    |                                                                             |                                                                                                                       |                                                                                        | Montreal, Canada<br>Sun 26        | Sutra 271                                            |
|                                                                                   | Vishabha Rasi: 25.39              | Tithi 13      | Gulika<br>Yama<br>832787576                                                                                                                                                                   | <b>7:31AM - 8:39AM</b><br>1:09PM - 2:17PM<br><b>Rahu</b> 9:46AM - 10:54AM   | <b>Mrigashira Until 12:55AM Sun</b><br>Brahma Until 10:39PM<br>Kaulava Until 9:00AM<br><b>Trayodashi Until 8:06PM</b> | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Yellow<br>Pausha-Markali | Sunrise: 7:31AM<br>Sunset: 4:32PM | Krodhin 5126<br>Moon 12 - Phase 37 - 26<br>4th Phase |
|                                                                                   | Creative Work                     | Siddha Yoga   |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   | <b>Bhuloka Day</b>                                   |
|                                                                                   |                                   |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   | Devaloka Time: 3PM to 6PM                            |
| Pradosha Vrata                                                                    |                                   |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
| <b>5</b>                                                                          | <b>Sunday, January 12, 2025</b>   |               | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yukhtayam<br>Andra Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau                            |                                                                             |                                                                                                                       |                                                                                        | Montreal, Canada<br>Sun 27        | Sutra 272                                            |
|                                                                                   | Mithuna Rasi: 9.35                | Tithi 14      | Gulika<br>Yama<br>832787576                                                                                                                                                                   | <b>2:17PM - 3:25PM</b><br>12:02PM - 1:10PM<br><b>Rahu</b> 3:25PM - 4:33PM   | <b>Andra Until 11:59PM</b><br>Indra Until 8:14PM<br>Gara Until 7:19AM<br><b>Chaturdashi* Until 6:35PM</b>             | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Yellow<br>Pausha-Markali | Sunrise: 7:31AM<br>Sunset: 4:33PM | Krodhin 5126<br>Moon 12 - Phase 37 - 27<br>4th Phase |
|                                                                                   | Creative Work                     | Siddha Yoga   |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   | <b>Bhuloka Day</b>                                   |
|                                                                                   |                                   |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   | Devaloka Time: 3PM to 6PM                            |
| Andra Darshanam                                                                   |                                   |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
|  | <b>Monday, January 13, 2025</b>   |               | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Indu Vasara Yukhtayam<br>Punarvasu Nakshatra Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamam Titau              |                                                                             |                                                                                                                       |                                                                                        | Montreal, Canada<br>Sun 28        | Sutra 273                                            |
|                                                                                   | Mithuna Rasi: 23.19               | Tithi 15 - 16 | Gulika<br>Yama<br>842787576                                                                                                                                                                   | <b>1:10PM - 2:18PM</b><br>10:54AM - 12:02PM<br><b>Rahu</b> 8:38AM - 9:46AM  | <b>Punarvasu Until 11:45PM</b><br>Vaidhriti* Until 6:07PM<br>Balava Until 5:05AM Tue<br><b>Purnima* Until 5:27PM</b>  | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Blue<br>Pausha-Thai       | Sunrise: 7:30AM<br>Sunset: 4:34PM | Krodhin 5126<br>Moon 12 - Phase 37 - Purnima         |
|                                                                                   | <b>Family Home Evening</b>        |               |                                                                                                                                                                                               | <b>Thai Pongal</b>                                                          |                                                                                                                       |                                                                                        |                                   | <b>Devaloka Day</b>                                  |
|                                                                                   | Creative Work                     | Amrita Yoga   |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
|                                                                                   | Until 11:45PM                     |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
|                                                                                   | Then Creative Work - Siddha Yoga  |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |
| <b>6</b>                                                                          | <b>Tuesday, January 14, 2025</b>  |               | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yukhtayam<br>Pushya Nakshatra Vishkambha* (Priti) Yoga Kaulava/Taaila Karana Prathama/Dvityayam Titau |                                                                             |                                                                                                                       |                                                                                        | Montreal, Canada<br>Sun 29        | Sutra 274                                            |
|                                                                                   | Kataka Rasi: 6.48                 | Tithi 16 - 17 | Gulika<br>Yama<br>842787576                                                                                                                                                                   | <b>12:03PM - 1:11PM</b><br>9:46AM - 10:54AM<br><b>Rahu</b> 2:19PM - 3:27PM  | <b>Pushya Until 11:56PM</b><br>Vishkambha* Until 4:25PM<br>Taaila Until 4:47AM Wed<br><b>Prathama* Until 4:51PM</b>   | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Blue<br>Pausha-Thai       | Sunrise: 7:30AM<br>Sunset: 4:35PM | Krodhin 5126<br>Moon 12 - Phase 37 - Prathama        |
|                                                                                   | Creative Work                     | Siddha Yoga   |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   | <b>Devaloka Day</b>                                  |
|                                                                                   |                                   |               |                                                                                                                                                                                               |                                                                             |                                                                                                                       |                                                                                        |                                   |                                                      |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

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**Wednesday, January 15, 2025**

**Gold Retreat Star**

Kataka Rasi: 19:57 Tithi 17 - 18  
Creative Work Siddha Yoga  
Until 12:34AM Thu  
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Budha Vessara Yuktayam  
Ashlesha\* Nakshatra Pritii/Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Tilau  
**Gulika** 10:55AM - 12:03PM  
**Yama** 9:38AM - 9:46AM  
**Rahu** 12:03PM - 1:11PM  
**Ashlesha\* Until 12:34AM Thu**  
Priti Until 3:14PM  
Vanija Until 5:10AM Thu  
**Dvitiya Until 4:52PM**

**Ganesha:** Purple  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Blue  
Pausha\*Thai

Sunrise: 7:29AM  
Sunset: 4:37PM

Montreal, Canada  
Sun 1 Sutra 275  
Krodha 51:06  
Moon 1 - Phase 38 - 1  
1st Phase

**Sivaloka Day**

**1 Thursday, January 16, 2025**

Simha Rasi: 2:46 Tithi 18 - 19  
Creative Work Amrita Yoga  
Until 2:13AM Fri  
Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Guru Vessara Yuktayam  
Magha\* Nakshatra Ayushman/Saubhagya Yoga Vesi\*/Bava Karana Chaturthayam Tilau  
**Gulika** 9:46AM - 10:55AM  
**Yama** 7:29AM - 8:37AM  
**Rahu** 1:12PM - 2:21PM  
**Magha\* Until 2:13AM Fri**  
Ayushman Until 2:33PM  
Bava Until 6:14AM Fri  
**Tritiya Until 5:35PM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Red  
Pausha\*Thai

Sunrise: 7:29AM  
Sunset: 4:39PM

Montreal, Canada  
Sun 2 Sutra 276  
Krodha 51:06  
Moon 1 - Phase 38 - 2  
1st Phase

**Devaloka Day**

**2 Friday, January 17, 2025**

Simha Rasi: 15:16 Tithi 19  
Creative Work Siddha Yoga  
Until 4:20AM Sat  
Then Routine Work - Marana Yoga

Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Sukra Vessara Yuktayam  
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthayam Tilau  
**Gulika** 8:37AM - 9:46AM  
**Yama** 2:21PM - 3:30PM  
**Rahu** 10:55AM - 12:04PM  
**Purvaphalguni Until 4:20AM Sat**  
Saubhagya Until 2:24PM  
Bava Until 6:14AM  
**Chaturthi\* Until 7:00PM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Red  
Pausha\*Thai

Sunrise: 7:28AM  
Sunset: 4:39PM

Montreal, Canada  
Sun 3 Sutra 277  
Krodha 51:06  
Moon 1 - Phase 38 - 3  
1st Phase

**Devaloka Day**

**3 Saturday, January 18, 2025**

Simha Rasi: 27:29 Tithi 20  
Routine Work Marana Yoga  
Until 6:50AM Sun  
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Manta Vessara Yuktayam  
Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Tatila Karana Panchamayam Tilau  
**Gulika** 7:28AM - 8:37AM  
**Yama** 1:13PM - 2:22PM  
**Rahu** 9:46AM - 10:55AM  
**Uttaraphalguni Until 6:50AM Sun**  
Sobhana Until 2:45PM  
Kaulava Until 7:58AM  
**Panchami Until 9:02PM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Red  
Pausha\*Thai

Sunrise: 7:28AM  
Sunset: 4:40PM

Montreal, Canada  
Sun 4 Sutra 278  
Krodha 51:06  
Moon 1 - Phase 38 - 4  
1st Phase

**Devaloka Day**

**4 Sunday, January 19, 2025**

Kanya Rasi: 9:29 Tithi 21  
Creative Work Amrita Yoga

Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Bhanu Vessara Yuktayam  
Hasta/Chitra Nakshatra Sukama/Athiganda\*/Sukama Yoga Gara/Vanija Karana Shashthiyam Tilau  
**Gulika** 2:23PM - 3:32PM  
**Yama** 12:04PM - 1:14PM  
**Rahu** 3:32PM - 4:42PM  
**Uttaraphalguni Until 6:50AM**  
Athiganda\* Until 3:26PM  
Gara Until 10:15AM  
**Shashthi\* Until 11:30PM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Red  
Pausha\*Thai

Sunrise: 7:27AM  
Sunset: 4:42PM

Montreal, Canada  
Sun 5 Sutra 279  
Krodha 51:06  
Moon 1 - Phase 38 - 5  
1st Phase

**Devaloka Day**

**5 Monday, January 20, 2025**

Kanya Rasi: 21:21 Tithi 22  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 10:00AM  
Then Routine Work - Prabalarishta Yoga

Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Indu Vessara Yuktayam  
Hasta/Chitra Nakshatra Sukama/Dhriti Yoga Vesi\*/Bava Karana Saptamayam Tilau  
**Gulika** 1:14PM - 2:24PM  
**Yama** 10:55AM - 12:05PM  
**Rahu** 8:36AM - 9:45AM  
**Hasta Until 10:00AM**  
Sukama Until 4:21PM  
Vesi Until 12:52PM  
**Saptami Until 2:12AM Tue**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Green  
Pausha\*Thai

Sunrise: 7:26AM  
Sunset: 4:43PM

Montreal, Canada  
Sun 6 Sutra 280  
Krodha 51:06  
Moon 1 - Phase 38 - 6  
1st Phase

**Sivaloka Day**

**6 Tuesday, January 21, 2025**

**Retreat Star**  
Tula Rasi: 3:1 Tithi 23  
Creative Work Siddha Yoga

Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vessara Yuktayam  
Chitra/Svati Nakshatra Dhriti/Shula\* Yoga Balava/Kaulava Karana Ashtamayam Tilau  
**Gulika** 12:05PM - 1:15PM  
**Yama** 9:45AM - 10:55AM  
**Rahu** 2:25PM - 3:35PM  
**Chitra Until 1:06PM**  
Dhriti Until 5:19PM  
Balava Until 3:33PM  
**Ashtami\* Until 4:49AM Wed**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Green  
Pausha\*Thai

Sunrise: 7:25AM  
Sunset: 4:44PM

Montreal, Canada  
Sun 7 Sutra 281  
Krodha 51:06  
Moon 1 - Phase 38 - 7  
Ashtami

**Devaloka Day**

**Wednesday, January 22, 2025**

**Retreat Star**

Tula Rasi: 15 Tithi 24  
Creative Work Siddha Yoga

Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Budha Vessara Yuktayam  
Svati/Vishakha Nakshatra Shula\* Yoga Tatila Karana Navamayam Tilau  
**Gulika** 10:55AM - 12:05PM  
**Yama** 8:35AM - 9:45AM  
**Rahu** 12:05PM - 1:15PM  
**Svati Until 3:53PM**  
Shula\* Until 6:06PM  
Tatila Until 6:03PM  
**Navami\* Until 7:08AM Thu**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon - Green  
Pausha\*Thai

Sunrise: 7:25AM  
Sunset: 4:46PM

Montreal, Canada  
Sun 8 Sutra 282  
Krodha 51:06  
Moon 1 - Phase 38 - 8  
Navami

**Devaloka Day**

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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|                                                                                   |                                        |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
|-----------------------------------------------------------------------------------|----------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| <b>1</b>                                                                          | <b>Thursday, January 23, 2025</b>      |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Guru Vasara Yuktayam<br>Vishakha Nakshatra Ganda* Yoga Gara/Venja Karana Navami/Dashamyam Titau                             |                                                                                                         | Montreal, Canada<br>Sun 9 Sutra 283                                                   |                                                                          |
|                                                                                   | Tula Rasi: 26.58                       | Tithi 24 – 25      | Gulika 9:45AM – 10:55AM<br>Yama 7:24AM – 8:34AM<br>Rahu 1:16PM – 2:26PM                                                                                                                              | Vishakha Until 6:37PM<br>Ganda* Until 6:34PM<br>Vanija Until 8:08PM<br>Navami* Until 7:08AM             | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Orange<br>Pausha*Thai     | Sunrise: 7:24AM<br>Sunset: 4:47PM<br>Moon 1 - Phase 39 - 9<br>2nd Phase  |
|                                                                                   | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                                      |                                                                                                         | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                       |                                                                          |
| <b>2</b>                                                                          | <b>Friday, January 24, 2025</b>        |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Anuradha Nakshatra Viddhi Yoga Visti/Bava Karana Dashami/Ekadeshyam Titau                                                   |                                                                                                         | Montreal, Canada<br>Sun 10 Sutra 284                                                  |                                                                          |
|                                                                                   | Vischika Rasi: 9.07                    | Tithi 25 – 26      | Gulika 8:34AM – 9:44AM<br>Yama 2:27PM – 3:38PM<br>Rahu 10:55AM – 12:06PM                                                                                                                             | Anuradha Until 8:36PM<br>Viddhi Until 6:37PM<br>Bava Until 9:36PM<br>Dashami Until 8:56AM               | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Orange<br>Pausha*Thai   | Sunrise: 7:23AM<br>Sunset: 4:49PM<br>Moon 1 - Phase 39 - 10<br>2nd Phase |
|                                                                                   | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                                      |                                                                                                         | <b>Devaloka Day</b>                                                                   |                                                                          |
|                                                                                   | Until 8:36PM                           |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
|                                                                                   | Then Routine Work - Marana Yoga        |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
| <b>3</b>                                                                          | <b>Saturday, January 25, 2025</b>      |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau                    |                                                                                                         | Montreal, Canada<br>Sun 11 Sutra 285                                                  |                                                                          |
|                                                                                   | Vischika Rasi: 21.34                   | Tithi 26 – 27      | Gulika 7:22AM – 8:33AM<br>Yama 1:17PM – 2:28PM<br>Rahu 9:44AM – 10:55AM                                                                                                                              | Jyeshtha* Until 9:46PM<br>Dhruva Until 6:06PM<br>Kaulava Until 10:21PM<br>Ekadashi* Until 10:03AM       | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Orange<br>Pausha*Thai   | Sunrise: 7:22AM<br>Sunset: 4:50PM<br>Moon 1 - Phase 39 - 11<br>2nd Phase |
|                                                                                   | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                                      |                                                                                                         | <b>Devaloka Day</b>                                                                   |                                                                          |
|                                                                                   |                                        |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
| <b>4</b>                                                                          | <b>Sunday, January 26, 2025</b>        |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Bhenu Vasara Yuktayam<br>Mula* Nakshatra Vyaghata*Harshana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau              |                                                                                                         | Montreal, Canada<br>Sun 12 Sutra 286                                                  |                                                                          |
|                                                                                   | Dhanus Rasi: 4.19                      | Tithi 27 – 28      | Gulika 2:29PM – 3:40PM<br>Yama 12:06PM – 1:17PM<br>Rahu 3:40PM – 4:51PM                                                                                                                              | Mula* Until 10:32PM<br>Vyaghata* Until 5:03PM<br>Gara Until 10:23PM<br>Dvadashi* Until 10:26AM          | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Light Blue<br>Pausha*Thai | Sunrise: 7:21AM<br>Sunset: 4:51PM<br>Moon 1 - Phase 39 - 12<br>2nd Phase |
|                                                                                   | Creative Work                          | Amrita Yoga        |                                                                                                                                                                                                      |                                                                                                         | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                       |                                                                          |
|                                                                                   | Until 10:32PM                          |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
|                                                                                   | Then Creative Work - Siddha Yoga       |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
| <b>5</b>                                                                          | <b>Monday, January 27, 2025</b>        |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Harshana/Vajra* Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau      |                                                                                                         | Montreal, Canada<br>Sun 13 Sutra 287                                                  |                                                                          |
|                                                                                   | Dhanus Rasi: 17.26                     | Tithi 28 – 29      | Gulika 1:18PM – 2:30PM<br>Yama 10:55AM – 12:06PM<br>Rahu 8:32AM – 9:43AM                                                                                                                             | Purvashadha* Until 10:29PM<br>Harshana Until 3:27PM<br>Visti Until 9:43PM<br>Trayodashi* Until 10:07AM  | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Light Blue<br>Pausha*Thai | Sunrise: 7:20AM<br>Sunset: 4:53PM<br>Moon 1 - Phase 39 - 13<br>2nd Phase |
|                                                                                   | Family Home Evening                    |                    |                                                                                                                                                                                                      |                                                                                                         | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                       |                                                                          |
|                                                                                   | Routine Work                           | Marana Yoga        |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
|                                                                                   |                                        |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
|  | <b>Tuesday, January 28, 2025</b>       |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktayam<br>Uttarashadha Nakshatra Vajra*/Siddhi Yoga Sakun*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                                                                                         | Montreal, Canada<br>Sun 14 Sutra 288                                                  |                                                                          |
|                                                                                   | Makara Rasi: 0.55                      | Tithi 29 – 30      | Gulika 12:07PM – 1:18PM<br>Yama 9:43AM – 10:55AM<br>Rahu 2:30PM – 3:42PM                                                                                                                             | Uttarashadha Until 9:43PM<br>Vajra* Until 1:21PM<br>Catuspada Until 8:28PM<br>Chaturdashi* Until 9:08AM | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Light Blue<br>Pausha*Thai | Sunrise: 7:19AM<br>Sunset: 4:56PM<br>Moon 1 - Phase 39 - 14<br>Amavasya  |
|                                                                                   | Routine Work                           | Prabalarishta Yoga |                                                                                                                                                                                                      |                                                                                                         | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                                       |                                                                          |
|                                                                                   | Until 9:43PM                           |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
|                                                                                   | Then Creative Work - Siddha Yoga       |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
| <b>6</b>                                                                          | <b>Wednesday, January 29, 2025</b>     |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yuktayam<br>Shravana Nakshatra Siddhi/Vyetalpata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau        |                                                                                                         | Montreal, Canada<br>Sun 15 Sutra 289                                                  |                                                                          |
|                                                                                   | Makara Rasi: 14.42                     | Tithi 30 – 1       | Gulika 10:55AM – 12:07PM<br>Yama 8:30AM – 9:42AM<br>Rahu 12:07PM – 1:19PM                                                                                                                            | Shravana Until 8:46PM<br>Siddhi Until 10:51AM<br>Kintughna Until 6:44PM<br>Amavasya* Until 7:38AM       | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Purple<br>Magha*Thai       | Sunrise: 7:18AM<br>Sunset: 4:59PM<br>Moon 1 - Phase 39 - 15<br>Prathama  |
|                                                                                   | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                                      |                                                                                                         | <b>Devaloka Day</b>                                                                   |                                                                          |
|                                                                                   | Until 8:46PM                           |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |
|                                                                                   | Then Routine Work - Prabalarishta Yoga |                    |                                                                                                                                                                                                      |                                                                                                         |                                                                                       |                                                                          |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

All times are standard time. Calculated for Montreal, Canada on 7/10/23

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|                                     |              |                                                                                                                                                                                                 |                                 |                             |                 |                                      |                    |
|-------------------------------------|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|-----------------------------|-----------------|--------------------------------------|--------------------|
| <b>1 Thursday, January 30, 2025</b> |              | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Vysitpata* Varjaya Yoga Balava/Kaulava Karana Dvitiyayam Titau              |                                 |                             |                 | Montreal, Canada<br>Sun 16 Subra 290 |                    |
| Makara Rasi: 28.46                  | Tithi 2      | Gulika 9:42AM - 10:54AM                                                                                                                                                                         | Dhanishtha Until 7:20PM         | Ganesha: Red                | Sunrise: 7:17AM | Krodha 516                           |                    |
|                                     |              | Yama 7:17AM - 8:29AM                                                                                                                                                                            | Vyalipata* Until 8:03AM         | Muruga: Clear               | Sunset: 4:57PM  | Moon 1 - Phase 40 - 16               |                    |
|                                     |              | Rahu 1:19PM - 2:32PM                                                                                                                                                                            | Balava Until 4:38PM             | Nataraja: Clear             |                 | 3rd Phase                            |                    |
| Creative Work                       | Siddha Yoga  |                                                                                                                                                                                                 | Dvitiya Until 3:29AM Fri        | Moon - Purple<br>Magha+Thai |                 |                                      | Devaloka Day       |
| <b>2 Friday, January 31, 2025</b>   |              | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktayam<br>Shalabhisak/Purvaprashthapada* Nakshatra Parigtha* Yoga Talita/Gara Karana Tritiyayam Titau     |                                 |                             |                 | Montreal, Canada<br>Sun 17 Subra 291 |                    |
| Kumbha Rasi: 13                     | Tithi 3      | Gulika 8:29AM - 9:41AM                                                                                                                                                                          | Shatabhishak Until 5:34PM       | Ganesha: Red                | Sunrise: 7:16AM | Krodha 516                           |                    |
|                                     |              | Yama 2:33PM - 3:46PM                                                                                                                                                                            | Parigtha* Until 1:51AM Sat      | Muruga: Clear               | Sunset: 4:58PM  | Moon 1 - Phase 40 - 17               |                    |
|                                     |              | Rahu 10:54AM - 12:07PM                                                                                                                                                                          | Talita Until 2:20PM             | Nataraja: Clear             |                 | 3rd Phase                            |                    |
| Creative Work                       | Siddha Yoga  |                                                                                                                                                                                                 | Tritiya Until 1:07AM Sat        | Moon - Purple<br>Magha+Thai |                 |                                      | Devaloka Day       |
| <b>3 Saturday, February 1, 2025</b> |              | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Manta Vasara Yuktayam<br>Purvaprashthapada*/Uttaraprashthapada Nakshatra Shiva Yoga Vanja/Visi* Karana Chaturthyam Titau |                                 |                             |                 | Montreal, Canada<br>Sun 18 Subra 292 |                    |
| Kumbha Rasi: 27.2                   | Tithi 4      | Gulika 7:16AM - 8:29AM                                                                                                                                                                          | Purvaprashthapada* Until 4:00PM | Ganesha: Blue               | Sunrise: 7:16AM | Krodha 516                           |                    |
|                                     |              | Yama 1:20PM - 2:33PM                                                                                                                                                                            | Shiva Until 10:41PM             | Muruga: Clear               | Sunset: 4:59PM  | Moon 1 - Phase 40 - 18               |                    |
|                                     |              | Rahu 9:41AM - 10:54AM                                                                                                                                                                           | Vanja Until 11:56AM             | Nataraja: Clear             |                 | 3rd Phase                            |                    |
| Routine Work                        | Marana Yoga  |                                                                                                                                                                                                 | Chaturthi* Until 10:42PM        | Moon - Clear<br>Magha+Thai  |                 |                                      | Sivaloka Day       |
| Until 4:00PM                        |              |                                                                                                                                                                                                 |                                 |                             |                 |                                      |                    |
| Then Creative Work                  | Siddha Yoga  |                                                                                                                                                                                                 |                                 |                             |                 |                                      |                    |
| <b>4 Sunday, February 2, 2025</b>   |              | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Bharu Vasara Yuktayam<br>Uttaraprashthapada/Revati Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau             |                                 |                             |                 | Montreal, Canada<br>Sun 19 Subra 293 |                    |
| Kumbha Rasi: 11.42                  | Tithi 5      | Gulika 2:34PM - 3:47PM                                                                                                                                                                          | Uttaraprashthapada Until 2:18PM | Ganesha: Blue               | Sunrise: 7:15AM | Krodha 516                           |                    |
|                                     |              | Yama 12:07PM - 1:20PM                                                                                                                                                                           | Siddha Until 7:31PM             | Muruga: Clear               | Sunset: 5:00PM  | Moon 1 - Phase 40 - 19               |                    |
|                                     |              | Rahu 3:47PM - 5:00PM                                                                                                                                                                            | Bava Until 9:31AM               | Nataraja: Clear             |                 | 3rd Phase                            |                    |
| Creative Work                       | Amrita Yoga  |                                                                                                                                                                                                 | Panchami Until 8:20PM           | Moon - Clear<br>Magha+Thai  |                 |                                      | Sivaloka Day       |
| <b>5 Monday, February 3, 2025</b>   |              | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Talita Karana Shashthyam Titau                |                                 |                             |                 | Montreal, Canada<br>Sun 20 Subra 294 |                    |
| Meena Rasi: 26                      | Tithi 6      | Gulika 1:21PM - 2:34PM                                                                                                                                                                          | Revati Until 12:34PM            | Ganesha: Blue               | Sunrise: 7:13AM | Krodha 516                           |                    |
| Family Home Evening                 |              | Yama 10:54AM - 12:07PM                                                                                                                                                                          | Sadya Until 4:28PM              | Muruga: Purple              | Sunset: 5:01PM  | Moon 1 - Phase 40 - 20               |                    |
|                                     |              | Rahu 8:27AM - 9:40AM                                                                                                                                                                            | Kaulava Until 7:12AM            | Nataraja: Orange            |                 | 3rd Phase                            |                    |
| Creative Work                       | Siddha Yoga  |                                                                                                                                                                                                 | Shashthi* Until 6:04PM          | Moon - Clear<br>Magha+Thai  |                 |                                      | Subha Sivaloka Day |
| <b>6 Tuesday, February 4, 2025</b>  |              | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Subha/Sukla Yoga Vanja/Visi* Karana Saptami/Ashthamyam Titau        |                                 |                             |                 | Montreal, Canada<br>Sun 21 Subra 295 |                    |
| Meena Rasi: 10.13                   | Tithi 7 - 8  | Gulika 12:08PM - 1:21PM                                                                                                                                                                         | Ashvini Until 11:17AM           | Ganesha: Yellow             | Sunrise: 7:12AM | Krodha 516                           |                    |
|                                     |              | Yama 9:40AM - 10:54AM                                                                                                                                                                           | Subha Until 1:34PM              | Muruga: Purple              | Sunset: 5:02PM  | Moon 1 - Phase 40 - 21               |                    |
|                                     |              | Rahu 2:35PM - 3:49PM                                                                                                                                                                            | Visi Until 3:02AM Wed           | Nataraja: Orange            |                 | 3rd Phase                            |                    |
| Creative Work                       | Siddha Yoga  |                                                                                                                                                                                                 | Saptami Until 3:59PM            | Moon - White<br>Magha+Thai  |                 |                                      | Sivaloka Day       |
| <b>Wednesday, February 5, 2025</b>  |              | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau          |                                 |                             |                 | Montreal, Canada<br>Sun 22 Subra 296 |                    |
| Meena Rasi: 24.18                   | Tithi 8 - 9  | Gulika 10:53AM - 12:08PM                                                                                                                                                                        | Bharani Until 10:02AM           | Ganesha: Yellow             | Sunrise: 7:11AM | Krodha 516                           |                    |
|                                     |              | Yama 8:25AM - 9:39AM                                                                                                                                                                            | Sukla Until 10:47AM             | Muruga: Purple              | Sunset: 5:04PM  | Moon 1 - Phase 40 - 22               |                    |
|                                     |              | Rahu 12:08PM - 1:22PM                                                                                                                                                                           | Balava Until 1:15AM Thu         | Nataraja: Orange            |                 |                                      | Ashtami            |
| Creative Work                       | Siddha Yoga  |                                                                                                                                                                                                 | Ashtami* Until 2:06PM           | Moon - White<br>Magha+Thai  |                 |                                      | Sivaloka Day       |
| Until 10:02AM                       |              |                                                                                                                                                                                                 |                                 |                             |                 |                                      |                    |
| Then Creative Work                  | Amrita Yoga  |                                                                                                                                                                                                 |                                 |                             |                 |                                      |                    |
| <b>Thursday, February 6, 2025</b>   |              | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Brahma/Indra Yoga Kaulava/Talita Karana Navami/Dashamyam Titau         |                                 |                             |                 | Montreal, Canada<br>Sun 23 Subra 297 |                    |
| Visahba Rasi: 8.15                  | Tithi 9 - 10 | Gulika 9:39AM - 10:53AM                                                                                                                                                                         | Krittika Until 8:52AM           | Ganesha: Yellow             | Sunrise: 7:10AM | Krodha 516                           |                    |
|                                     |              | Yama 7:10AM - 8:24AM                                                                                                                                                                            | Brahma Until 8:12AM             | Muruga: Purple              | Sunset: 5:06PM  | Moon 1 - Phase 40 - 23               |                    |
|                                     |              | Rahu 1:22PM - 2:37PM                                                                                                                                                                            | Talita Until 11:42PM            | Nataraja: Orange            |                 |                                      | Navami             |
| Routine Work                        | Marana Yoga  |                                                                                                                                                                                                 | Navami* Until 12:26PM           | Moon - White<br>Magha+Thai  |                 |                                      | Sivaloka Day       |

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidanbaram; Everywhere is Divine Dance. Tirumantiram 2722

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|----------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|----------------------------------------------|-----------------------------------------------------|--------------------------------------|
| 1                                | Friday, February 7, 2025                                                                             |                                                                                                                                                                                        | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktayam<br>Rohini/Grigashira Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau      |                                                                                                       |                                                                                     |                                              |                                                     | Montreal, Canada<br>Sun 24 Subra 298 |
|                                  | Vishabha Rasi: 22.04                                                                                 | Tithi 10 – 11                                                                                                                                                                          | Gulika 8:23AM – 9:38AM<br>Yama 2:37PM – 3:52PM<br>Rahu 10:53AM – 12:08PM                                                                                                                      | Rohini Until 8:12AM<br>Vaidhriti* Until 3:36AM Sat<br>Vanija Until 10:25PM<br>Dashami Until 11:00AM   | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Yellow<br>Magha+Thai | Sunrise: 7:08AM<br>Sunset: 5:07PM            | Krodhin 5:16<br>Moon 1 - Phase 41 - 24<br>4th Phase | Subha Sivaloka Day                   |
|                                  | Routine Work Marana Yoga<br>Until 8:12AM<br>Then Creative Work - Siddha Yoga                         |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
|                                  |                                                                                                      |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
| 2                                | Saturday, February 8, 2025                                                                           |                                                                                                                                                                                        | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Manta Vasara Yuktayam<br>Migashira/Ardra Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau       |                                                                                                       |                                                                                     |                                              |                                                     | Montreal, Canada<br>Sun 25 Subra 299 |
|                                  | Mithuna Rasi: 5.43                                                                                   | Tithi 11 – 12                                                                                                                                                                          | Gulika 7:07AM – 8:22AM<br>Yama 1:23PM – 2:38PM<br>Rahu 9:37AM – 10:53AM                                                                                                                       | Grigashira Until 7:40AM<br>Vishkambha* Until 1:39AM Sun<br>Bava Until 9:24PM<br>Ekadashi Until 9:51AM | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Yellow<br>Magha+Thai | Sunrise: 7:07AM<br>Sunset: 5:09PM            | Krodhin 5:16<br>Moon 1 - Phase 41 - 25<br>4th Phase | Subha Sivaloka Day                   |
|                                  | Creative Work Siddha Yoga                                                                            |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
|                                  |                                                                                                      |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
| 3                                | Sunday, February 9, 2025                                                                             |                                                                                                                                                                                        | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Bharu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Pithi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau        |                                                                                                       |                                                                                     |                                              |                                                     | Montreal, Canada<br>Sun 26 Subra 300 |
|                                  | Mithuna Rasi: 19.11                                                                                  | Tithi 12 – 13                                                                                                                                                                          | Gulika 2:39PM – 3:55PM<br>Yama 12:08PM – 1:23PM<br>Rahu 3:55PM – 5:10PM                                                                                                                       | Ardra Until 7:16AM<br>Pithi Until 11:58PM<br>Kaulava Until 8:43PM<br>Dvadashi Until 8:59AM            | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Yellow<br>Magha+Thai | Sunrise: 7:06AM<br>Sunset: 5:10PM            | Krodhin 5:16<br>Moon 1 - Phase 41 - 26<br>4th Phase | Subha Sivaloka Day                   |
|                                  | Creative Work Siddha Yoga                                                                            |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
|                                  | Pradosha Vrata                                                                                       |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
| 4                                | Monday, February 10, 2025                                                                            |                                                                                                                                                                                        | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Ayushman Yoga Tailla/Gara Karana Trayodashi/Chaturdashyam Titau     |                                                                                                       |                                                                                     |                                              |                                                     | Montreal, Canada<br>Sun 27 Subra 301 |
|                                  | Kataka Rasi: 2.29                                                                                    | Tithi 13 – 14                                                                                                                                                                          | Gulika 1:24PM – 2:40PM<br>Yama 10:52AM – 12:08PM<br>Rahu 8:20AM – 9:36AM                                                                                                                      | Punarvasu Until 7:32AM<br>Ayushman Until 10:35PM<br>Gara Until 8:26PM<br>Trayodashi Until 8:30AM      | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Blue<br>Magha+Thai   | Sunrise: 7:04AM<br>Sunset: 5:12PM            | Krodhin 5:16<br>Moon 1 - Phase 41 - 27<br>4th Phase | Devaloka Day                         |
|                                  | Family Home Evening<br>Creative Work Amrita Yoga<br>Until 7:32AM<br>Then Creative Work - Siddha Yoga |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
|                                  | Thai Pusam                                                                                           |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
| ○                                | Tuesday, February 11, 2025                                                                           |                                                                                                                                                                                        | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                                                                                       |                                                                                     |                                              |                                                     | Montreal, Canada<br>Sun 28 Subra 302 |
|                                  | Copper Retreat Star                                                                                  |                                                                                                                                                                                        | Gulika 12:08PM – 1:24PM<br>Yama 9:35AM – 10:52AM<br>Rahu 2:40PM – 3:57PM                                                                                                                      | Pushya Until 8:04AM<br>Saubhagya Until 9:35PM<br>Visti Until 8:37PM<br>Chaturdashi* Until 8:27AM      | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Blue<br>Magha+Thai   | Sunrise: 7:03AM<br>Sunset: 5:13PM            | Krodhin 5:16<br>Moon 1 - Phase 41 - Purnima         | Devaloka Day                         |
|                                  | Kataka Rasi: 15.32 Tithi 14 – 15                                                                     |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
|                                  | Creative Work Siddha Yoga                                                                            |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
| Wednesday, February 12, 2025     |                                                                                                      | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              | Montreal, Canada<br>Sun 29 Subra 303                |                                      |
| Silver Retreat Star              |                                                                                                      | Gulika 10:51AM – 12:08PM<br>Yama 8:18AM – 9:35AM<br>Rahu 12:08PM – 1:25PM                                                                                                              | Ashlesha* Until 8:54AM<br>Sobhana Until 8:59PM<br>Balava Until 9:19PM<br>Purnima* Until 8:53AM                                                                                                | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Blue<br>Magha+Masi                     | Sunrise: 7:02AM<br>Sunset: 5:14PM                                                   | Krodhin 5:16<br>Moon 1 - Phase 41 - Prathama | Devaloka Day                                        |                                      |
| Kataka Rasi: 28.22 Tithi 15 – 16 |                                                                                                      |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |
| Creative Work Siddha Yoga        |                                                                                                      |                                                                                                                                                                                        |                                                                                                                                                                                               |                                                                                                       |                                                                                     |                                              |                                                     |                                      |

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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## Thursday, February 13, 2025

### Gold Retreat Star

Krodhin Nama Samvatsara Uтарыяня Moksha Ritau Kumbha Mase Krishna Paksha Guru Vessara Yuktayam  
Magha/Purvaphalguni Nakshatra Abhiganda\* Yoga Kaulava/Taila Karana Prathamam Titau

Montreal, Canada  
Sutra 304

Simha Rasi: 10.57 Tithi 16 - 17

Gulika 9:44AM - 10:51AM  
Yama 7:00AM - 8:17AM  
Rahu 1:23PM - 2:42PM

Magha\* Until 10:35AM  
Abhiganda\* Until 8:47PM  
Taila Until 10:34PM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha-Masi

Sunrise: 7:00AM  
Sunset: 5:16PM

Krodhin 5126  
Moon 2 - Phase 42 - 1st Phase

Creative Work Amrita Yoga  
Until 10:35AM  
Then Creative Work - Siddha Yoga

Sivaloka Day

## 1 Friday, February 14, 2025

Krodhin Nama Samvatsara Uтарыяня Moksha Ritau Kumbha Mase Krishna Paksha Sukama Titau Vessara Yuktayam  
Purvaphalguni Nakshatra Sukama Yoga Gara/Vanija Karana Dvitiya/Tritayam Titau

Montreal, Canada  
Sun 1 Sutra 305

Simha Rasi: 23.17 Tithi 17 - 18

Gulika 8:16AM - 9:33AM  
Yama 2:43PM - 4:00PM  
Rahu 10:51AM - 12:08PM

Purvaphalguni Until 12:38PM  
Sukama Until 9:00PM  
Vanija Until 12:21AM Sat

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha-Masi

Sunrise: 6:59AM  
Sunset: 5:17PM

Krodhin 5126  
Moon 2 - Phase 42 - 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

## 2 Saturday, February 15, 2025

Krodhin Nama Samvatsara Uтарыяня Moksha Ritau Kumbha Mase Krishna Paksha Manta Vessara Yuktayam  
Uttaraphalguni Nakshatra Dhriti Yoga Vesi/Bava Karana Tritiya/Chaturtham Titau

Montreal, Canada  
Sun 2 Sutra 306

Kanya Rasi: 5.25 Tithi 18 - 19

Gulika 6:57AM - 8:15AM  
Yama 1:26PM - 2:43PM  
Rahu 9:33AM - 10:50AM

Uttaraphalguni Until 2:59PM  
Dhriti Until 9:35PM  
Bava Until 2:35AM Sun

Ganesha: Purple  
Muruga: Purple  
Nataraja: Orange  
Moon - Red  
Magha-Masi

Sunrise: 6:57AM  
Sunset: 5:19PM

Krodhin 5126  
Moon 2 - Phase 42 - 1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Maha Sankatahara Chaturthi

Tritiya Until 1:24PM

## 3 Sunday, February 16, 2025

Krodhin Nama Samvatsara Uтарыяня Moksha Ritau Kumbha Mase Krishna Paksha Bharu Vessara Yuktayam  
Hasta Nakshatra Shula\* Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Montreal, Canada  
Sun 3 Sutra 307

Kanya Rasi: 17.22 Tithi 19 - 20

Gulika 2:44PM - 4:02PM  
Yama 12:08PM - 1:26PM  
Rahu 4:02PM - 5:20PM

Hasta Until 6:01PM  
Shula\* Until 10:23PM  
Kaulava Until 5:07AM Mon

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Green  
Magha-Masi

Sunrise: 6:56AM  
Sunset: 5:20PM

Krodhin 5126  
Moon 2 - Phase 42 - 1st Phase

Creative Work Amrita Yoga

Sivaloka Day

Until 6:01PM  
Then Creative Work - Siddha Yoga

## 4 Monday, February 17, 2025

Krodhin Nama Samvatsara Uтарыяня Moksha Ritau Kumbha Mase Krishna Paksha Indu Vessara Yuktayam  
Chitra Nakshatra Ganda\* Yoga Taila Karana Panchamam Titau

Montreal, Canada  
Sun 4 Sutra 308

Kanya Rasi: 29.14 Tithi 20

Gulika 1:26PM - 2:45PM  
Yama 10:49AM - 12:08PM  
Rahu 8:13AM - 9:31AM

Chitra Until 9:05PM  
Ganda\* Until 11:20PM  
Taila Until 6:25PM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Green  
Magha-Masi

Sunrise: 6:54AM  
Sunset: 5:22PM

Krodhin 5126  
Moon 2 - Phase 42 - 1st Phase

Family Home Evening

Routine Work Prabalashita Yoga

Until 9:05PM

Then Creative Work - Amrita Yoga

Sivaloka Day

Panchami Until 6:25PM

## 5 Tuesday, February 18, 2025

Krodhin Nama Samvatsara Uтарыяня Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vessara Yuktayam  
Svati Nakshatra Viddhi Yoga Gara/Vanija Karana Shashtham Titau

Montreal, Canada  
Sun 5 Sutra 309

Tula Rasi: 11.02 Tithi 21

Gulika 12:08PM - 1:27PM  
Yama 9:30AM - 10:49AM  
Rahu 2:45PM - 4:04PM

Svati Until 11:59PM  
Viddhi Until 12:17AM Wed  
Gara Until 7:47AM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Green  
Magha-Masi

Sunrise: 6:53AM  
Sunset: 5:23PM

Krodhin 5126  
Moon 2 - Phase 42 - 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 11:59PM

Then Routine Work - Marana Yoga

Shashthi\* Until 9:04PM

## 6 Wednesday, February 19, 2025

Krodhin Nama Samvatsara Uтарыяня Moksha Ritau Kumbha Mase Krishna Paksha Budha Vessara Yuktayam  
Vishakha Nakshatra Dhruva Yoga Vesi/Bava Karana Sapthamam Titau

Montreal, Canada  
Sun 6 Sutra 310

Tula Rasi: 22.53 Tithi 22

Gulika 10:49AM - 12:08PM  
Yama 8:10AM - 9:29AM  
Rahu 12:08PM - 1:27PM

Vishakha Until 2:59AM Thu  
Dhruva Until 1:01AM Thu  
Vesi Until 10:20AM

Ganesha: White  
Muruga: Purple  
Nataraja: Orange  
Moon - Orange  
Magha-Masi

Sunrise: 6:51AM  
Sunset: 5:24PM

Krodhin 5126  
Moon 2 - Phase 42 - 1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

Saptami Until 11:29PM

## D Thursday, February 20, 2025

### Retreat Star

Krodhin Nama Samvatsara Uтарыяня Moksha Ritau Kumbha Mase Krishna Paksha Gnu Vessara Yuktayam  
Anuradha Nakshatra Vyaghata\* Yoga Balava/Kaulava Karana Ashtamam Titau

Montreal, Canada  
Sun 7 Sutra 311

Vischika Rasi: 4.5 Tithi 23

Gulika 9:28AM - 10:48AM  
Yama 6:48AM - 8:09AM  
Rahu 1:27PM - 2:47PM

Anuradha Until 5:22AM Fri  
Vyaghata\* Until 1:26AM Fri  
Balava Until 12:34PM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Orange  
Magha-Masi

Sunrise: 6:49AM  
Sunset: 5:26PM

Krodhin 5126  
Moon 2 - Phase 42 - 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Until 5:22AM Fri

Then Routine Work - Marana Yoga

Ashtami\* Until 1:28AM Fri

## Friday, February 21, 2025

### Retreat Star

Krodhin Nama Samvatsara Uтарыяня Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vessara Yuktayam  
Jyeshtha Nakshatra Harshana Yoga Taila/Gara Karana Navamam Titau

Montreal, Canada  
Sun 8 Sutra 312

Vischika Rasi: 16.59 Tithi 24

Gulika 8:08AM - 9:28AM  
Yama 2:47PM - 4:07PM  
Rahu 10:48AM - 12:08PM

Jyeshtha\* Until 7:00AM Sat  
Harshana Until 1:24AM Sat  
Taila Until 2:16PM

Ganesha: Clear  
Muruga: Purple  
Nataraja: Orange  
Moon - Orange  
Magha-Masi

Sunrise: 6:48AM  
Sunset: 5:27PM

Krodhin 5126  
Moon 2 - Phase 42 - 1st Phase

Routine Work Marana Yoga

Sivaloka Day

Until 7:00AM Sat

Then Creative Work - Siddha Yoga

Navami\* Until 2:50AM Sat

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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|                                                                                   |                                     |                    |                                                                                                                                                                                                                                       |                                                                                                                  |                                                                                         |                                                                          |
|-----------------------------------------------------------------------------------|-------------------------------------|--------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| <b>1</b>                                                                          | <b>Saturday, February 22, 2025</b>  |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Manta Vessara Yuktayam Montreal, Canada<br>Jyeshtha/Mula* Nakshatra Vajra* Yoga Vanja/Visti* Karana Dashamyam Tilau Sun 9 Subra 313                          |                                                                                                                  |                                                                                         |                                                                          |
|                                                                                   | Vischika Rasi: 29.23                | Tithi 25           | Gulika 6:46AM – 8:06AM<br>Yama 1:28PM – 2:48PM<br>Rahu 9:27AM – 10:47AM                                                                                                                                                               | Jyeshtha* Until 7:00AM<br>Vajra* Until 12:47AM Sun<br>Vanija Until 3:16PM<br>Dashami Until 3:27AM Sun            | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Orange<br>Magha-Masi     | Sunrise: 6:46AM<br>Sunset: 5:29PM<br>Moon 2 - Phase 43 - 9<br>2nd Phase  |
|                                                                                   | Creative Work                       | Siddha Yoga        | 976997577                                                                                                                                                                                                                             |                                                                                                                  |                                                                                         | Sivaloka Day                                                             |
| <b>2</b>                                                                          | <b>Sunday, February 23, 2025</b>    |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Bharu Vessara Yuktayam Montreal, Canada<br>Mula*/Purvashadha* Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Tilau Sun 10 Subra 314                     |                                                                                                                  |                                                                                         |                                                                          |
|                                                                                   | Dhanus Rasi: 12.08                  | Tithi 26           | Gulika 2:49PM – 4:09PM<br>Yama 12:07PM – 1:28PM<br>Rahu 4:09PM – 5:30PM                                                                                                                                                               | Mula* Until 8:12AM<br>Siddhi Until 11:34PM<br>Bava Until 3:29PM<br>Ekadashi* Until 3:17AM Mon                    | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Light Blue<br>Magha-Masi | Sunrise: 6:44AM<br>Sunset: 5:30PM<br>Moon 2 - Phase 43 - 10<br>2nd Phase |
|                                                                                   | Creative Work                       | Amrita Yoga        | 986997577                                                                                                                                                                                                                             |                                                                                                                  |                                                                                         | Devaloka Day                                                             |
| <b>3</b>                                                                          | <b>Monday, February 24, 2025</b>    |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Indu Vessara Yuktayam Montreal, Canada<br>Purvashadha*/Uttarashadha Nakshatra Vyatipala* Yoga Kaulava/Tallia Karana Dvadashtyam Tilau Sun 11 Subra 315       |                                                                                                                  |                                                                                         |                                                                          |
|                                                                                   | Dhanus Rasi: 25.16                  | Tithi 27           | Gulika 1:28PM – 2:49PM<br>Yama 10:46AM – 12:07PM<br>Rahu 8:04AM – 9:25AM                                                                                                                                                              | Purvashadha* Until 8:29AM<br>Vyatipala* Until 9:45PM<br>Kaulava Until 2:55PM<br>Dvadashti* Until 2:20AM Tue      | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Light Blue<br>Magha-Masi | Sunrise: 6:43AM<br>Sunset: 5:29PM<br>Moon 2 - Phase 43 - 11<br>2nd Phase |
|                                                                                   | Family Home Evening                 | Marana Yoga        | 986997577                                                                                                                                                                                                                             |                                                                                                                  |                                                                                         | Devaloka Day                                                             |
| <b>4</b>                                                                          | <b>Tuesday, February 25, 2025</b>   |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vessara Yuktayam Montreal, Canada<br>Uttarashadha/Shravana Nakshatra Varian Yoga Gara/Vanija Karana Trayodashyam Tilau Sun 12 Subra 316              |                                                                                                                  |                                                                                         |                                                                          |
|                                                                                   | Makara Rasi: 8.49                   | Tithi 28           | Gulika 12:07PM – 1:28PM<br>Yama 9:24AM – 10:46AM<br>Rahu 2:59PM – 4:11PM                                                                                                                                                              | Uttarashadha Until 7:53AM<br>Varian Until 7:20PM<br>Gara Until 1:36PM<br>Trayodashi* Until 12:41AM Wed           | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Light Blue<br>Magha-Masi | Sunrise: 6:41AM<br>Sunset: 5:23PM<br>Moon 2 - Phase 43 - 12<br>2nd Phase |
|                                                                                   | Routine Work                        | Prabalarishta Yoga | 986997577                                                                                                                                                                                                                             |                                                                                                                  |                                                                                         | Devaloka Day                                                             |
| <b>5</b>                                                                          | <b>Wednesday, February 26, 2025</b> |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vessara Yuktayam Montreal, Canada<br>Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Tilau Sun 13 Subra 317      |                                                                                                                  |                                                                                         |                                                                          |
|                                                                                   | Makara Rasi: 22.47                  | Tithi 29           | Gulika 10:45AM – 12:07PM<br>Yama 8:01AM – 9:23AM<br>Rahu 12:07PM – 1:29PM                                                                                                                                                             | Shravana Until 6:54AM<br>Parigha* Until 4:27PM<br>Visti Until 11:39AM<br>Chaturdashi* Until 10:27PM              | Ganesha: Green<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Purple<br>Magha-Masi     | Sunrise: 6:39AM<br>Sunset: 5:14PM<br>Moon 2 - Phase 43 - 13<br>2nd Phase |
|                                                                                   | Creative Work                       | Siddha Yoga        | 996997577                                                                                                                                                                                                                             |                                                                                                                  |                                                                                         | Devaloka Day                                                             |
|  | <b>Thursday, February 27, 2025</b>  |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vessara Yuktayam Montreal, Canada<br>Retreat Star Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Tilau Sun 14 Subra 318   |                                                                                                                  |                                                                                         |                                                                          |
|                                                                                   | Kumbha Rasi: 7.07                   | Tithi 30           | Gulika 9:22AM – 10:44AM<br>Yama 6:38AM – 8:00AM<br>Rahu 1:29PM – 2:51PM                                                                                                                                                               | Shatabhishak Until 3:02AM Fri<br>Shiva Until 1:11PM<br>Catuspada Until 9:10AM<br>Amavasya* Until 7:46PM          | Ganesha: Orange<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Purple<br>Magha-Masi    | Sunrise: 6:38AM<br>Sunset: 5:36PM<br>Moon 2 - Phase 43 - 14<br>Amavasya  |
|                                                                                   | Creative Work                       | Siddha Yoga        | 997997577                                                                                                                                                                                                                             |                                                                                                                  |                                                                                         | Sivaloka Day                                                             |
| <b>6</b>                                                                          | <b>Friday, February 28, 2025</b>    |                    | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vessara Yuktayam Montreal, Canada<br>Purvaprosarthapada* Nakshatra Siddha/Sadhya Yoga Kirtughna*/Balava Karana Prathama/Dvityayam Tilau Sun 15 Subra 319 |                                                                                                                  |                                                                                         |                                                                          |
|                                                                                   | Kumbha Rasi: 21.43                  | Tithi 1 – 2        | Gulika 7:59AM – 9:21AM<br>Yama 2:52PM – 4:14PM<br>Rahu 10:44AM – 12:07PM                                                                                                                                                              | Purvaprosarthapada* Until 12:51AM Sat<br>Siddha Until 9:36AM<br>Kirtughna Until 6:19AM<br>Prathama* Until 4:47PM | Ganesha: Green<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Clear<br>Phalgun-Masi    | Sunrise: 6:36AM<br>Sunset: 5:37PM<br>Moon 2 - Phase 43 - 15<br>Prathama  |
|                                                                                   | Creative Work                       | Siddha Yoga        | 917997577                                                                                                                                                                                                                             |                                                                                                                  |                                                                                         | Subha Sivaloka Day                                                       |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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|-------------------------------------------------------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------|
| <b>1 Saturday, March 1, 2025</b>                                                    |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manta Vasara Yuktayam<br>Uttaraprosrthhapada Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitya/Tritiyam Titau      |                                                                        |                                                                                                                               |                                                                                                            | Montreal, Canada<br>Sun 16 Subra 320 |                                                     |
| Meena Rasi: 6.29                                                                    | Tithi 2 - 3 | <b>Gulika</b><br>Yama<br>917997577 Rahu                                                                                                                                                    | <b>6:32AM - 7:56AM</b><br>1:30PM - 2:53PM<br><b>9:19AM - 10:43AM</b>   | <b>Uttaraprosrthhapada Until 10:27PM</b><br>Subha Until 2:07AM Sun<br>Taitila Until 12:05AM Sun<br><b>Dvitya Until 1:39PM</b> | <b>Ganesha:</b> Green<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon - Clear<br>Phalgun-Masi  | Sunrise: 6:32AM<br>Sunset: 5:40PM    | Krodhin 5106<br>Moon 2 - Phase 44 - 16<br>3rd Phase |
| Creative Work Siddha Yoga<br>Until 7:58PM<br>Then Routine Work - Prabalarishta Yoga |             | <b>Subha Sivaloka Day</b>                                                                                                                                                                  |                                                                        |                                                                                                                               |                                                                                                            |                                      |                                                     |
| <b>2 Sunday, March 2, 2025</b>                                                      |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam<br>Revati Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau                   |                                                                        |                                                                                                                               |                                                                                                            | Montreal, Canada<br>Sun 17 Subra 321 |                                                     |
| Meena Rasi: 21.19                                                                   | Tithi 3 - 4 | <b>Gulika</b><br>Yama<br>917997577 Rahu                                                                                                                                                    | <b>2:54PM - 4:17PM</b><br>12:06PM - 1:30PM<br><b>4:17PM - 5:41PM</b>   | <b>Revati Until 7:58PM</b><br>Sukla Until 10:24PM<br>Vanija Until 9:00PM<br><b>Tritiya Until 10:31AM</b>                      | <b>Ganesha:</b> Green<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon - Clear<br>Phalgun-Masi  | Sunrise: 6:31AM<br>Sunset: 5:40PM    | Krodhin 5106<br>Moon 2 - Phase 44 - 17<br>3rd Phase |
| Creative Work Amrita Yoga<br>Until 7:58PM<br>Then Creative Work - Siddha Yoga       |             | <b>Subhramuniyaswami Siva Vision Day</b>                                                                                                                                                   |                                                                        |                                                                                                                               |                                                                                                            |                                      |                                                     |
| <b>3 Monday, March 3, 2025</b>                                                      |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Brahma Yoga Visi*/Bava Karana Chaturthi/Panchamam Titau           |                                                                        |                                                                                                                               |                                                                                                            | Montreal, Canada<br>Sun 18 Subra 322 |                                                     |
| Meena Rasi: 6.03                                                                    | Tithi 4 - 5 | <b>Gulika</b><br>Yama<br>927997577 Rahu                                                                                                                                                    | <b>1:30PM - 2:54PM</b><br>10:42AM - 12:05PM<br><b>7:53AM - 9:17AM</b>  | <b>Ashvini Until 5:57PM</b><br>Brahma Until 6:51PM<br>Bava Until 6:06PM<br><b>Chaturthi* Until 7:30AM</b>                     | <b>Ganesha:</b> Red<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon - White<br>Phalgun-Masi    | Sunrise: 6:29AM<br>Sunset: 5:43PM    | Krodhin 5106<br>Moon 2 - Phase 44 - 18<br>3rd Phase |
| Family Home Evening<br>Creative Work Siddha Yoga                                    |             | <b>Sivaloka Day</b>                                                                                                                                                                        |                                                                        |                                                                                                                               |                                                                                                            |                                      |                                                     |
| <b>4 Tuesday, March 4, 2025</b>                                                     |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Indra/Vaidhril* Yoga Kaulava/Taitila Karana Shashthiyam Titau |                                                                        |                                                                                                                               |                                                                                                            | Montreal, Canada<br>Sun 19 Subra 323 |                                                     |
| Meena Rasi: 20.37                                                                   | Tithi 6     | <b>Gulika</b><br>Yama<br>927997577 Rahu                                                                                                                                                    | <b>12:06PM - 1:30PM</b><br>9:16AM - 10:41AM<br><b>2:55PM - 4:19PM</b>  | <b>Bharani Until 4:05PM</b><br>Indra Until 3:34PM<br>Kaulava Until 3:31PM<br><b>Shashthi* Until 2:20AM Wed</b>                | <b>Ganesha:</b> Red<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon - White<br>Phalgun-Masi    | Sunrise: 6:27AM<br>Sunset: 5:44PM    | Krodhin 5106<br>Moon 2 - Phase 44 - 19<br>3rd Phase |
| Creative Work Siddha Yoga                                                           |             | <b>Sivaloka Day</b>                                                                                                                                                                        |                                                                        |                                                                                                                               |                                                                                                            |                                      |                                                     |
| <b>5 Wednesday, March 5, 2025</b>                                                   |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vaidhril*/Vishkambha* Yoga Gara/Vanija Karana Saptamam Titau     |                                                                        |                                                                                                                               |                                                                                                            | Montreal, Canada<br>Sun 20 Subra 324 |                                                     |
| Wishahba Rasi: 4.56                                                                 | Tithi 7     | <b>Gulika</b><br>Yama<br>127997577 Rahu                                                                                                                                                    | <b>10:40AM - 12:05PM</b><br>7:50AM - 9:15AM<br><b>12:05PM - 1:30PM</b> | <b>Krittika Until 2:27PM</b><br>Vaidhril* Until 12:34PM<br>Gara Until 1:18PM<br><b>Saptami Until 12:20AM Thu</b>              | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon - White<br>Phalgun-Masi  | Sunrise: 6:25AM<br>Sunset: 5:45PM    | Krodhin 5106<br>Moon 2 - Phase 44 - 20<br>3rd Phase |
| Creative Work Amrita Yoga<br>Until 2:27PM<br>Then Creative Work - Siddha Yoga       |             | <b>Sivaloka Day</b>                                                                                                                                                                        |                                                                        |                                                                                                                               |                                                                                                            |                                      |                                                     |
| <b>D Thursday, March 6, 2025</b>                                                    |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vishkambha*/Prithi Yoga Visi*/Bava Karana Ashtamam Titau        |                                                                        |                                                                                                                               |                                                                                                            | Montreal, Canada<br>Sun 21 Subra 325 |                                                     |
| <b>Retreat Star</b>                                                                 |             | <b>Gulika</b><br>Yama<br>138997577 Rahu                                                                                                                                                    | <b>9:14AM - 10:40AM</b><br>6:24AM - 7:49AM<br><b>1:31PM - 2:56PM</b>   | <b>Rohini Until 1:34PM</b><br>Vishkambha* Until 9:57AM<br>Visi Until 11:32AM<br><b>Ashtami* Until 10:49PM</b>                 | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon - Yellow<br>Phalgun-Masi | Sunrise: 6:24AM<br>Sunset: 5:47PM    | Krodhin 5106<br>Moon 2 - Phase 44 - 21<br>Ashtami   |
| Wishahba Rasi: 18.58                                                                |             | <b>Sivaloka Day</b>                                                                                                                                                                        |                                                                        |                                                                                                                               |                                                                                                            |                                      |                                                     |
| Routine Work Marana Yoga                                                            |             |                                                                                                                                                                                            |                                                                        |                                                                                                                               |                                                                                                            |                                      |                                                     |
| <b>Friday, March 7, 2025</b>                                                        |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam<br>Mrigashira/Andra Nakshatra Prithi/Ayushman Yoga Balava/Kaulava Karana Navamam Titau        |                                                                        |                                                                                                                               |                                                                                                            | Montreal, Canada<br>Sun 22 Subra 326 |                                                     |
| <b>Retreat Star</b>                                                                 |             | <b>Gulika</b><br>Yama<br>138997577 Rahu                                                                                                                                                    | <b>7:48AM - 9:13AM</b><br>2:56PM - 4:22PM<br><b>10:39AM - 12:05PM</b>  | <b>Mrigashira Until 1:02PM</b><br>Prithi Until 7:44AM<br>Balava Until 10:16AM<br><b>Navami* Until 9:48PM</b>                  | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Orange<br>Moon - Yellow<br>Phalgun-Masi | Sunrise: 6:22AM<br>Sunset: 5:48PM    | Krodhin 5106<br>Moon 2 - Phase 44 - 22<br>Navami    |
| Mithuna Rasi: 2.41                                                                  |             | <b>Sivaloka Day</b>                                                                                                                                                                        |                                                                        |                                                                                                                               |                                                                                                            |                                      |                                                     |
| Creative Work Siddha Yoga                                                           |             |                                                                                                                                                                                            |                                                                        |                                                                                                                               |                                                                                                            |                                      |                                                     |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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|                                    |             |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   |                                                     |
|------------------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-----------------------------------|-----------------------------------------------------|
| <b>1 Saturday, March 8, 2025</b>   |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manta Vasara Yuktayam<br>Andra/Purnvasu Nakshatra Sautbhagya Yoga Talila/Gara Karana Dashamyam Titau        |                                                          |                                                                                                              |                                                                                       | Montreal, Canada<br>Sun 23        | Sutra 327                                           |
| Mithuna Rasi: 16.08                | Tithi 10    | Gulika<br>Yama<br>138997577 Rahu                                                                                                                                                   | 6:20AM – 7:46AM<br>1:31PM – 2:57PM<br>9:12AM – 10:38AM   | Andra Until 12:50PM<br>Saubhagya Until 4:28AM Sun<br>Talila Until 9:30AM<br>Dashami Until 9:18PM             | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Yellow<br>Phalgun-Masi | Sunrise: 6:20AM<br>Sunset: 5:49PM | Krodhin 5106<br>Moon 2 - Phase 45 - 23<br>4th Phase |
| Creative Work                      | Siddha Yoga |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   | Sivaloka Day                                        |
| <b>2 Sunday, March 9, 2025</b>     |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau      |                                                          |                                                                                                              |                                                                                       | Montreal, Canada<br>Sun 24        | Sutra 328                                           |
| Mithuna Rasi: 29.18                | Tithi 11    | Gulika<br>Yama<br>148997577 Rahu                                                                                                                                                   | 2:58PM – 4:24PM<br>10:37AM – 12:04PM<br>4:24PM – 5:51PM  | Punarvasu Until 1:26PM<br>Sobhana Until 3:27AM Mon<br>Vanija Until 9:15AM<br>Ekadashi Until 9:17PM           | Ganesha: White<br>Muruga: Purple<br>Nataraja: Orange<br>Moon – Blue<br>Phalgun-Masi   | Sunrise: 6:19AM<br>Sunset: 5:51PM | Krodhin 5106<br>Moon 2 - Phase 45 - 24<br>4th Phase |
| Creative Work                      | Siddha Yoga |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   | Devaloka Day                                        |
| <b>3 Monday, March 10, 2025</b>    |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau      |                                                          |                                                                                                              |                                                                                       | Montreal, Canada<br>Sun 25        | Sutra 329                                           |
| Kalka Rasi: 12.13                  | Tithi 12    | Gulika<br>Yama<br>148995577 Rahu                                                                                                                                                   | 1:31PM – 2:58PM<br>10:37AM – 12:04PM<br>7:43AM – 9:10AM  | Pushya Until 2:21PM<br>Athiganda* Until 2:46AM Tue<br>Bava Until 9:29AM<br>Dvadashi Until 9:46PM             | Ganesha: White<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – Blue<br>Phalgun-Masi    | Sunrise: 6:16AM<br>Sunset: 5:52PM | Krodhin 5106<br>Moon 2 - Phase 45 - 25<br>4th Phase |
| Family Home Evening                | Siddha Yoga |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   | Bhuloka Day<br>Devaloka Time: 3PM to 6PM            |
| Creative Work                      |             |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   |                                                     |
| <b>4 Tuesday, March 11, 2025</b>   |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sukarma Yoga Kaulava/Talila Karana Trayodashyam Titau |                                                          |                                                                                                              |                                                                                       | Montreal, Canada<br>Sun 26        | Sutra 330                                           |
| Kalka Rasi: 24.54                  | Tithi 13    | Gulika<br>Yama<br>148995577 Rahu                                                                                                                                                   | 12:04PM – 1:31PM<br>9:09AM – 10:36AM<br>2:59PM – 4:26PM  | Ashlesha* Until 3:35PM<br>Sukarma Until 2:28AM Wed<br>Kaulava Until 10:12AM<br>Trayodashi Until 10:43PM      | Ganesha: White<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – Blue<br>Phalgun-Masi    | Sunrise: 6:14AM<br>Sunset: 5:53PM | Krodhin 5106<br>Moon 2 - Phase 45 - 26<br>4th Phase |
| Creative Work                      | Siddha Yoga |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   | Bhuloka Day<br>Devaloka Time: 3PM to 6PM            |
| <b>5 Wednesday, March 12, 2025</b> |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau  |                                                          |                                                                                                              |                                                                                       | Montreal, Canada<br>Sun 27        | Sutra 331                                           |
| Simha Rasi: 7.22                   | Tithi 14    | Gulika<br>Yama<br>159198577 Rahu                                                                                                                                                   | 10:36AM – 12:04PM<br>7:40AM – 9:08AM<br>12:04PM – 1:31PM | Magha* Until 5:34PM<br>Dhriti Until 2:31AM Thu<br>Gara Until 11:23AM<br>Chaturdashi* Until 12:07AM Thu       | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – Red<br>Phalgun-Masi      | Sunrise: 6:13AM<br>Sunset: 5:55PM | Krodhin 5106<br>Moon 2 - Phase 45 - 27<br>4th Phase |
| Creative Work                      | Siddha Yoga |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   | Sivaloka Day                                        |
| Until 5:34PM                       |             | Chidambaram Abhishekam                                                                                                                                                             |                                                          |                                                                                                              |                                                                                       |                                   |                                                     |
| Then Creative Work - Amrita Yoga   |             |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   |                                                     |
| <b>Thursday, March 13, 2025</b>    |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam<br>Purvaphalguni Nakshatra Shula* Yoga Visti*/Bava Karana Punimayam Titau              |                                                          |                                                                                                              |                                                                                       | Montreal, Canada<br>Sun 28        | Sutra 332                                           |
| Simha Rasi: 19.4                   | Tithi 15    | Gulika<br>Yama<br>159198577 Rahu                                                                                                                                                   | 9:07AM – 10:35AM<br>6:11AM – 7:39AM<br>1:32PM – 3:00PM   | Purvaphalguni Until 7:49PM<br>Shula* Until 2:52AM Fri<br>Visti Until 12:59PM<br>Purnima* Until 1:55AM Fri    | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – Red<br>Phalgun-Masi      | Sunrise: 6:11AM<br>Sunset: 5:56PM | Krodhin 5106<br>Moon 2 - Phase 45 - Purnima         |
| Creative Work                      | Siddha Yoga |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   | Sivaloka Day                                        |
|                                    |             | Holi                                                                                                                                                                               |                                                          |                                                                                                              |                                                                                       |                                   |                                                     |
| <b>Friday, March 14, 2025</b>      |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau      |                                                          |                                                                                                              |                                                                                       | Montreal, Canada<br>Sun 29        | Sutra 333                                           |
| Kanya Rasi: 1.47                   | Tithi 16    | Gulika<br>Yama<br>159198577 Rahu                                                                                                                                                   | 7:37AM – 9:06AM<br>3:00PM – 4:29PM<br>10:34AM – 12:03PM  | Uttaraphalguni Until 10:14PM<br>Ganda* Until 3:29AM Sat<br>Balava Until 2:59PM<br>Prathama* Until 4:05AM Sat | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Orange<br>Moon – Red<br>Phalgun-Panguni   | Sunrise: 6:09AM<br>Sunset: 5:57PM | Krodhin 5106<br>Moon 2 - Phase 45 - Prathama        |
| Creative Work                      | Siddha Yoga |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   | Sivaloka Day                                        |
| Until 10:14PM                      |             | Karadaiyan Nombu (Tamil Nadu)                                                                                                                                                      |                                                          |                                                                                                              |                                                                                       |                                   |                                                     |
| Then Creative Work - Amrita Yoga   |             |                                                                                                                                                                                    |                                                          |                                                                                                              |                                                                                       |                                   |                                                     |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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## Saturday, March 15, 2025

### Gold Retreat Star

Kanya Rasi: 13:46 Tithi 17  
Routine Work Marana Yoga  
Until 1:16AM Sun  
Then Creative Work - Siddha Yoga

Gulika  
Yama  
169195878 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Manta Vasara Yuktayam  
Hasa Nakshatra Viddhi Yoga Talila/Gara Karana Divlyayam Titau

**Hasta Until 1:16AM Sun**  
Viddhi Until 4:19AM Sun  
Taillita Until 5:18PM  
**Dvitiya Until 6:31AM Sun**

Ganesha: Yellow  
Murgu: Clear  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Sunrise: 6:07AM  
Sunset: 5:59PM

Montreal, Canada  
Sutra 334  
Krodhin 5126  
Moon 3 - Phase 46 - 1st Phase

**Devaloka Day**

## 1 Sunday, March 16, 2025

Kanya Rasi: 25:4 Tithi 17 - 18  
Creative Work Siddha Yoga  
Until 4:18AM Mon  
Then Routine Work - Amrita Yoga

Gulika  
Yama  
169195878 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam  
Chitra Nakshatra Dhruva Yoga Gara/Vanija Karana Divlyita/Tritiyam Titau

**Chitra Until 4:18AM Mon**  
Dhruva Until 5:14AM Mon  
Vanija Until 7:49PM  
**Dvitiya Until 6:31AM**

Ganesha: Yellow  
Murgu: Clear  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Sunrise: 6:05AM  
Sunset: 6:00PM

Montreal, Canada  
Sun 1 Sutra 335  
Krodhin 5126  
Moon 3 - Phase 46 - 1st Phase

**Devaloka Day**

## 2 Monday, March 17, 2025

Tula Rasi: 7:3 Tithi 18 - 19  
Family Home Evening  
Creative Work Amrita Yoga  
Until 7:11AM Tue  
Then Routine Work - Marana Yoga

Gulika  
Yama  
169195878 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam  
Svali Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Svali Until 7:11AM Tue**  
Vyaghata\* Until 6:12AM Tue  
Bava Until 10:25PM  
**Tritiya Until 9:06AM**

Ganesha: Yellow  
Murgu: Clear  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Sunrise: 6:03AM  
Sunset: 6:01PM

Montreal, Canada  
Sun 2 Sutra 336  
Krodhin 5126  
Moon 3 - Phase 46 - 1st Phase

**Devaloka Day**

## 3 Tuesday, March 18, 2025

Tula Rasi: 19:19 Tithi 19 - 20  
Creative Work Siddha Yoga  
Until 7:11AM Tue  
Then Routine Work - Marana Yoga

Gulika  
Yama  
169195878 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam  
Svali Nakshatra Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Svali Until 7:11AM Tue**  
Vyaghata\* Until 6:12AM Tue  
Kaulava Until 12:58AM Wed  
**Chaturthi\* Until 11:41AM**

Ganesha: Yellow  
Murgu: Clear  
Nataraja: Clear  
Moon - Green  
Phalguna-Panguni

Sunrise: 6:01AM  
Sunset: 6:02PM

Montreal, Canada  
Sun 3 Sutra 337  
Krodhin 5126  
Moon 3 - Phase 46 - 3 1st Phase

**Devaloka Day**

## 4 Wednesday, March 19, 2025

Vischika Rasi: 1:11 Tithi 20 - 21  
Creative Work Siddha Yoga

Gulika  
Yama  
179195878 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Vishakha Nakshatra Harshana/Vajra\* Yoga Talila/Gara Karana Panchami/Shashthiyam Titau

**Vishakha Until 10:19AM**  
Harshana Until 7:06AM  
Gara Until 3:16AM Thu  
**Panchami Until 2:08PM**

Ganesha: White  
Murgu: Clear  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Sunrise: 5:58AM  
Sunset: 6:04PM

Montreal, Canada  
Sun 4 Sutra 338  
Krodhin 5126  
Moon 3 - Phase 46 - 4 1st Phase

**Sivaloka Day**

## 5 Thursday, March 20, 2025

Vischika Rasi: 13:08 Tithi 21 - 22  
Creative Work Siddha Yoga  
Until 1:00PM  
Then Routine Work - Prabalarishita Yoga

Gulika  
Yama  
171195878 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Anuradha Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Shashthi/Saptamam Titau

**Anuradha Until 1:00PM**  
Vajra\* Until 7:47AM  
Visti Until 5:11AM Fri  
**Shashthi\* Until 4:16PM**

Ganesha: Yellow  
Murgu: Clear  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Sunrise: 5:57AM  
Sunset: 6:05PM

Montreal, Canada  
Sun 5 Sutra 339  
Krodhin 5126  
Moon 3 - Phase 46 - 5 1st Phase

**Devaloka Day**

## 6 Friday, March 21, 2025

Vischika Rasi: 25:16 Tithi 22 - 23  
Routine Work Marana Yoga  
Until 3:05PM  
Then Creative Work - Amrita Yoga

Gulika  
Yama  
171195878 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Jyeshtha\*/Mula\* Nakshatra Siddhi/Vyaltipata\* Yoga Bava/Balava Karana Saptami/Ashatamam Titau

**Jyeshtha\* Until 3:05PM**  
Siddhi Until 8:09AM  
Balava Until 6:32AM Sat  
**Saptami Until 5:55PM**

Ganesha: Yellow  
Murgu: Clear  
Nataraja: Clear  
Moon - Orange  
Phalguna-Panguni

Sunrise: 5:56AM  
Sunset: 6:07PM

Montreal, Canada  
Sun 6 Sutra 340  
Krodhin 5126  
Moon 3 - Phase 46 - 6 1st Phase

**Devaloka Day**

## D Saturday, March 22, 2025

**Retreat Star**  
Dhanus Rasi: 7:37 Tithi 23  
Creative Work Siddha Yoga

Gulika  
Yama  
181195878 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mula\*/Purvashadha\* Nakshatra Vyaltipata\*/Varian Yoga Balava/Kaulava Karana Navamam Titau

**Mula\* Until 4:54PM**  
Vyaltipata\* Until 8:06AM  
Balava Until 6:32AM  
**Ashtami\* Until 6:56PM**

Ganesha: White  
Murgu: Clear  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-Panguni

Sunrise: 5:54AM  
Sunset: 6:08PM

Montreal, Canada  
Sun 7 Sutra 341  
Krodhin 5126  
Moon 3 - Phase 46 - 7 Ashtami

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

## Sunday, March 23, 2025

**Retreat Star**  
Dhanus Rasi: 20:17 Tithi 24  
Creative Work Siddha Yoga  
Until 5:50PM  
Then Creative Work - Amrita Yoga

Gulika  
Yama  
181195878 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Purvashadha\*/Uttarashadha Nakshatra Varian/Pargha\* Yoga Talila/Gara Karana Navamam Titau

**Purvashadha\* Until 5:50PM**  
Varian Until 7:28AM  
Taillita Until 7:11AM  
**Navami\* Until 7:12PM**

Ganesha: White  
Murgu: Clear  
Nataraja: Clear  
Moon - Light Blue  
Phalguna-Panguni

Sunrise: 5:52AM  
Sunset: 6:09PM

Montreal, Canada  
Sun 8 Sutra 342  
Krodhin 5126  
Moon 3 - Phase 46 - 8 Navami

**Bhuloka Day**  
Devaloka Time: 3PM to 6PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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|                                                                                   |                                        |               |                                                                                                                                                                                                                              |                                      |                                                          |                                  |                                                          |                                        |                                          |  |
|-----------------------------------------------------------------------------------|----------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|----------------------------------------------------------|----------------------------------|----------------------------------------------------------|----------------------------------------|------------------------------------------|--|
| 1                                                                                 | Monday, March 24, 2025                 |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Masa Krishna Paksha Indu Vasara Yukityam<br>Uttarashadha/Shravana Nakshatra Parigraha/Shiva Yoga Vanja/Visti* Karana Dashamayam Titau                                    |                                      |                                                          |                                  |                                                          |                                        | Montreal, Canada<br>Sun 9 Sutra 343      |  |
|                                                                                   | Makara Rasi: 3.19                      | Tithi 25      | Gulika<br>Yama                                                                                                                                                                                                               | 1:33PM – 3:05PM<br>10:28AM – 12:00PM | Uttarashadha Until 5:50PM<br>Parigraha* Until 6:15AM     | Ganesha: White<br>Muruga: Clear  | Sunrise: 5:50AM<br>Sunset: 6:10PM                        | Krodhin 5126<br>Moon 3 - Phase 47 - 9  |                                          |  |
|                                                                                   | Family Home Evening                    |               | 181198578                                                                                                                                                                                                                    | Rahu                                 | 7:22AM – 8:55AM                                          | Vanija Until 7:03AM              | Nataraja: Clear<br>Moon – Light Blue<br>Phalguna-Panguni | 2nd Phase                              |                                          |  |
|                                                                                   | Routine Work Marana Yoga               |               | Dashedhi Until 6:39PM                                                                                                                                                                                                        |                                      |                                                          |                                  |                                                          |                                        | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |  |
|                                                                                   | Until 5:50PM                           |               |                                                                                                                                                                                                                              |                                      |                                                          |                                  |                                                          |                                        |                                          |  |
| Then Creative Work - Amrita Yoga                                                  |                                        |               |                                                                                                                                                                                                                              |                                      |                                                          |                                  |                                                          |                                        |                                          |  |
| 2                                                                                 | Tuesday, March 25, 2025                |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Masa Krishna Paksha Mangala Vasara Yukityam<br>Shravana/Dhanishtha Nakshatra Siddha Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau                                   |                                      |                                                          |                                  |                                                          |                                        | Montreal, Canada<br>Sun 10 Sutra 344     |  |
|                                                                                   | Makara Rasi: 16.48                     | Tithi 26 – 27 | Gulika<br>Yama                                                                                                                                                                                                               | 12:00PM – 1:33PM<br>8:54AM – 10:27AM | Shravana Until 5:20PM<br>Siddha Until 1:55AM Wed         | Ganesha: Clear<br>Muruga: Clear  | Sunrise: 5:48AM<br>Sunset: 6:12PM                        | Krodhin 5126<br>Moon 3 - Phase 47 - 10 |                                          |  |
|                                                                                   | Creative Work Siddha Yoga              |               | 191198578                                                                                                                                                                                                                    | Rahu                                 | 3:06PM – 4:39PM                                          | Bava Until 6:06AM                | Nataraja: Clear<br>Moon – Purple<br>Phalguna-Panguni     | 2nd Phase                              |                                          |  |
|                                                                                   |                                        |               | Ekadashi* Until 5:18PM                                                                                                                                                                                                       |                                      |                                                          |                                  |                                                          |                                        | Devaloka Day                             |  |
|                                                                                   |                                        |               |                                                                                                                                                                                                                              |                                      |                                                          |                                  |                                                          |                                        |                                          |  |
| 3                                                                                 | Wednesday, March 26, 2025              |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Masa Krishna Paksha Butha Vasara Yukityam<br>Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Taillai/Gara Karana Dvadashi/Trayodashyam Titau                               |                                      |                                                          |                                  |                                                          |                                        | Montreal, Canada<br>Sun 11 Sutra 345     |  |
|                                                                                   | Kumbha Rasi: 0.44                      | Tithi 27 – 28 | Gulika<br>Yama                                                                                                                                                                                                               | 10:26AM – 12:00PM<br>7:19AM – 8:53AM | Dhanishtha Until 3:59PM<br>Sadhya Until 10:53PM          | Ganesha: Clear<br>Muruga: Clear  | Sunrise: 5:46AM<br>Sunset: 6:13PM                        | Krodhin 5126<br>Moon 3 - Phase 47 - 11 |                                          |  |
|                                                                                   | Routine Work Prabalarishta Yoga        |               | 191198578                                                                                                                                                                                                                    | Rahu                                 | 12:00PM – 1:33PM                                         | Gara Until 1:59AM Thu            | Nataraja: Clear<br>Moon – Purple<br>Phalguna-Panguni     | 2nd Phase                              |                                          |  |
|                                                                                   | Until 3:59PM                           |               | Dvadashi* Until 3:14PM                                                                                                                                                                                                       |                                      |                                                          |                                  |                                                          |                                        | Devaloka Day                             |  |
|                                                                                   | Then Creative Work - Siddha Yoga       |               | Pradosha Vrata (Fasting)                                                                                                                                                                                                     |                                      |                                                          |                                  |                                                          |                                        |                                          |  |
| 4                                                                                 | Thursday, March 27, 2025               |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Masa Krishna Paksha Guru Vasara Yukityam<br>Shatabhishak/Purvaprosarthapada* Nakshatra Subha Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau                     |                                      |                                                          |                                  |                                                          |                                        | Montreal, Canada<br>Sun 12 Sutra 346     |  |
|                                                                                   | Kumbha Rasi: 15.05                     | Tithi 28 – 29 | Gulika<br>Yama                                                                                                                                                                                                               | 8:52AM – 10:25AM<br>5:44AM – 7:18AM  | Shatabhishak Until 1:54PM<br>Subha Until 7:24PM          | Ganesha: Clear<br>Muruga: Clear  | Sunrise: 5:44AM<br>Sunset: 6:14PM                        | Krodhin 5126<br>Moon 3 - Phase 47 - 12 |                                          |  |
|                                                                                   | Creative Work Siddha Yoga              |               | 191198578                                                                                                                                                                                                                    | Rahu                                 | 1:33PM – 3:07PM                                          | Vasi Until 11:03PM               | Nataraja: Clear<br>Moon – Purple<br>Phalguna-Panguni     | 2nd Phase                              |                                          |  |
|                                                                                   |                                        |               | Trayodashi* Until 12:13PM                                                                                                                                                                                                    |                                      |                                                          |                                  |                                                          |                                        | Devaloka Day                             |  |
|                                                                                   |                                        |               |                                                                                                                                                                                                                              |                                      |                                                          |                                  |                                                          |                                        |                                          |  |
|  | Friday, March 28, 2025                 |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Masa Krishna Paksha Sukra Vasara Yukityam<br>Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                      |                                                          |                                  |                                                          |                                        | Montreal, Canada<br>Sun 13 Sutra 347     |  |
|                                                                                   | Retreat Star                           |               | Gulika<br>Yama                                                                                                                                                                                                               | 7:16AM – 8:51AM<br>3:07PM – 4:41PM   | Purvaprosarthapada* Until 11:37AM<br>Sukla Until 3:33PM  | Ganesha: Purple<br>Muruga: Clear | Sunrise: 5:42AM<br>Sunset: 6:16PM                        | Krodhin 5126<br>Moon 3 - Phase 47 - 13 |                                          |  |
|                                                                                   | Kumbha Rasi: 29.5                      | Tithi 29 – 30 | 111198578                                                                                                                                                                                                                    | Rahu                                 | 10:25AM – 11:59AM                                        | Catuspada Until 7:43PM           | Nataraja: Clear<br>Moon – Clear<br>Phalguna-Panguni      | Amavasya                               |                                          |  |
|                                                                                   | Creative Work Siddha Yoga              |               | Chaturdashi* Until 9:24AM                                                                                                                                                                                                    |                                      |                                                          |                                  |                                                          |                                        | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |  |
|                                                                                   |                                        |               |                                                                                                                                                                                                                              |                                      |                                                          |                                  |                                                          |                                        |                                          |  |
|                                                                                   | Saturday, March 29, 2025               |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Masa Sukla Paksha Mania Vasara Yukityam<br>Uttaraprosarthapada/Revati Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau                               |                                      |                                                          |                                  |                                                          |                                        | Montreal, Canada<br>Sun 14 Sutra 348     |  |
|                                                                                   | Retreat Star                           |               | Gulika<br>Yama                                                                                                                                                                                                               | 5:40AM – 7:15AM<br>1:33PM – 3:08PM   | Uttaraprosarthapada Until 8:54AM<br>Brahma Until 11:30AM | Ganesha: Purple<br>Muruga: Clear | Sunrise: 5:40AM<br>Sunset: 6:17PM                        | Krodhin 5126<br>Moon 3 - Phase 47 - 14 |                                          |  |
|                                                                                   | Meena Rasi: 14.5                       | Tithi 1       | 111198578                                                                                                                                                                                                                    | Rahu                                 | 8:50AM – 10:24AM                                         | Kintughna Until 4:09PM           | Nataraja: Clear<br>Moon – Clear<br>Chaitra-Panguni       | Prathama                               |                                          |  |
|                                                                                   | Creative Work Siddha Yoga              |               | Prathama* Until 2:18AM Sun                                                                                                                                                                                                   |                                      |                                                          |                                  |                                                          |                                        | Bhuloka Day<br>Devaloka Time: 3PM to 6PM |  |
|                                                                                   | Until 8:54AM                           |               | Yugadi                                                                                                                                                                                                                       |                                      |                                                          |                                  |                                                          |                                        |                                          |  |
|                                                                                   | Then Routine Work - Prabalarishta Yoga |               |                                                                                                                                                                                                                              |                                      |                                                          |                                  |                                                          |                                        |                                          |  |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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|                                   |             |                                                                                                                                                                                          |                                                                                                       |                                                                                            |                                   |                                                                   |  |
|-----------------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------|-------------------------------------------------------------------|--|
| <b>1 Sunday, March 30, 2025</b>   |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bharu Vasara Yuktayam<br>Ashvini Nakshatra Indra/Vaidhiti* Yoga Balava/Kaulava Karana Dvitiyayam Titau             |                                                                                                       |                                                                                            |                                   | Montreal, Canada<br>Sun 15 Sutra 349<br>Krodhin 5126<br>3rd Phase |  |
| Meena Rasi: 29.58                 | Tithi 2     | Gulika 3:08PM - 4:43PM<br>Yama 11:58AM - 1:33PM<br>Rahu 4:43PM - 6:18PM                                                                                                                  | Ashvini Until 3:13AM Mon<br>Indra Until 7:21AM<br>Balava Until 12:30PM<br>Dvitiya Until 10:41PM       | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Clear<br>Chaitra-Panguni | Sunrise: 5:38AM<br>Sunset: 6:19PM | Moon 3 - Phase 48 - 15                                            |  |
| Creative Work                     | Siddha Yoga | Chellappaswami Mahasamadhi                                                                                                                                                               |                                                                                                       |                                                                                            |                                   | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                   |  |
| <b>2 Monday, March 31, 2025</b>   |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam<br>Bharani Nakshatra Vishakmbha* Yoga Tailla/Gara Karana Tritiyayam Titau                     |                                                                                                       |                                                                                            |                                   | Montreal, Canada<br>Sun 16 Sutra 350<br>Krodhin 5126<br>3rd Phase |  |
| Mesha Rasi: 15.04                 | Tithi 3     | Gulika 1:33PM - 3:09PM<br>Yama 10:23AM - 11:58AM<br>Rahu 7:12AM - 8:47AM                                                                                                                 | Bharani Until 12:36AM Tue<br>Vishkambha* Until 11:16PM<br>Tailla Until 8:56AM<br>Tritiya Until 7:13PM | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - White<br>Chaitra-Panguni     | Sunrise: 5:37AM<br>Sunset: 6:19PM | Moon 3 - Phase 48 - 16                                            |  |
| Family Home Evening               | Siddha Yoga |                                                                                                                                                                                          |                                                                                                       |                                                                                            |                                   | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                   |  |
| <b>3 Tuesday, April 1, 2025</b>   |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam<br>Kritika Nakshatra Priti Yoga Veli* Bava Karana Chaturthi/Panchamyam Titau               |                                                                                                       |                                                                                            |                                   | Montreal, Canada<br>Sun 17 Sutra 351<br>Krodhin 5126<br>3rd Phase |  |
| Mesha Rasi: 29.59                 | Tithi 4 - 5 | Gulika 11:58AM - 1:33PM<br>Yama 8:47AM - 10:23AM<br>Rahu 3:09PM - 4:44PM                                                                                                                 | Kritika Until 10:11PM<br>Priti Until 7:37PM<br>Bava Until 2:40AM Wed<br>Chaturthi* Until 4:04PM       | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - White<br>Chaitra-Panguni     | Sunrise: 5:37AM<br>Sunset: 6:19PM | Moon 3 - Phase 48 - 17                                            |  |
| Creative Work                     | Siddha Yoga |                                                                                                                                                                                          |                                                                                                       |                                                                                            |                                   | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                   |  |
| Until 10:11PM                     |             |                                                                                                                                                                                          |                                                                                                       |                                                                                            |                                   |                                                                   |  |
| Then Creative Work - Amrita Yoga  |             |                                                                                                                                                                                          |                                                                                                       |                                                                                            |                                   |                                                                   |  |
| <b>4 Wednesday, April 2, 2025</b> |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam<br>Rohini Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                                                                                                       |                                                                                            |                                   | Montreal, Canada<br>Sun 18 Sutra 352<br>Krodhin 5126<br>3rd Phase |  |
| Wishabha Rasi: 14.38              | Tithi 5 - 6 | Gulika 10:22AM - 11:58AM<br>Yama 7:10AM - 8:46AM<br>Rahu 11:58AM - 1:33PM                                                                                                                | Rohini Until 8:32PM<br>Ayushman Until 4:19PM<br>Kaulava Until 12:13AM Thu<br>Panchami Until 1:21PM    | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Yellow<br>Chaitra-Panguni     | Sunrise: 5:35AM<br>Sunset: 6:21PM | Moon 3 - Phase 48 - 18                                            |  |
| Creative Work                     | Siddha Yoga |                                                                                                                                                                                          |                                                                                                       |                                                                                            |                                   | <b>Devaloka Day</b>                                               |  |
| <b>5 Thursday, April 3, 2025</b>  |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam<br>Migashira Nakshatra Saubhagya/Sobhana Yoga Tailla/Gara Karana Shashthi/Septamyam Titau     |                                                                                                       |                                                                                            |                                   | Montreal, Canada<br>Sun 19 Sutra 353<br>Krodhin 5126<br>3rd Phase |  |
| Wishabha Rasi: 28.54              | Tithi 6 - 7 | Gulika 8:45AM - 10:21AM<br>Yama 5:33AM - 7:09AM<br>Rahu 1:34PM - 3:10PM                                                                                                                  | Migashira Until 7:20PM<br>Saubhagya Until 1:30PM<br>Gara Until 10:24PM<br>Shashthi* Until 11:13AM     | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Yellow<br>Chaitra-Panguni     | Sunrise: 5:33AM<br>Sunset: 6:22PM | Moon 3 - Phase 48 - 19                                            |  |
| Routine Work                      | Marana Yoga |                                                                                                                                                                                          |                                                                                                       |                                                                                            |                                   | <b>Devaloka Day</b>                                               |  |
| <b>Friday, April 4, 2025</b>      |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sutra Vasara Yuktayam<br>Andra Nakshatra Sobhana/Ahiganda* Yoga Vanja/Visi* Karana Saptami/Ashtamyam Titau         |                                                                                                       |                                                                                            |                                   | Montreal, Canada<br>Sun 20 Sutra 354<br>Krodhin 5126<br>3rd Phase |  |
| Mithuna Rasi: 12.46               | Tithi 7 - 8 | Gulika 7:08AM - 8:44AM<br>Yama 3:10PM - 4:47PM<br>Rahu 10:21AM - 11:57AM                                                                                                                 | Andra Until 6:40PM<br>Sobhana Until 11:14AM<br>Visi Until 9:16PM<br>Saptami Until 9:43AM              | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Yellow<br>Chaitra-Panguni     | Sunrise: 5:31AM<br>Sunset: 6:23PM | Moon 3 - Phase 48 - 20                                            |  |
| Creative Work                     | Siddha Yoga |                                                                                                                                                                                          |                                                                                                       |                                                                                            |                                   | <b>Devaloka Day</b>                                               |  |
| <b>Saturday, April 5, 2025</b>    |             | Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manita Vasara Yuktayam<br>Punarvasu Nakshatra Ahiganda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau     |                                                                                                       |                                                                                            |                                   | Montreal, Canada<br>Sun 21 Sutra 355<br>Krodhin 5126<br>Navami    |  |
| Mithuna Rasi: 25.12               | Tithi 8 - 9 | Gulika 5:29AM - 7:06AM<br>Yama 1:34PM - 3:11PM<br>Rahu 8:43AM - 10:20AM                                                                                                                  | Punarvasu Until 7:00PM<br>Ahiganda* Until 9:31AM<br>Balava Until 8:51PM<br>Ashtami* Until 8:57AM      | Ganesha: Green<br>Muruga: Clear<br>Nataraja: Clear<br>Moon - Blue<br>Chaitra-Panguni       | Sunrise: 5:29AM<br>Sunset: 6:25PM | Moon 3 - Phase 48 - 21                                            |  |
| Creative Work                     | Siddha Yoga | Sri Rama Navami                                                                                                                                                                          |                                                                                                       |                                                                                            |                                   | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM                   |  |

Let us have concord with our own people, and concord with people who are strangers to us. Ashvini, create between us and the strangers a unity of hearts. Atharva Veda

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|-----------------------------------------------------------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------|----------------------------------------------------|
| <b>1 Sunday, April 6, 2025</b>                                                          |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bharu Vessara Yuktayam<br>Pushya Nakshatra Sukama/Dhriti Yoga Kaulava/Taila Karana Navami/Dashmyam Tilau                |                                                                                                              |                                                                                      |                                   | Montreal, Canada<br>Sun 22 Sutra 356               |
| Kataka Rasi: 9.16                                                                       | Tithi 9 – 10  | Gulika 3:11PM – 4:46PM<br>Yama 11:57AM – 1:34PM<br>Rahu 4:46PM – 6:26PM                                                                                                                       | Pushya Until 7:53PM<br>Sukarna Until 8:22AM<br>Taila Until 9:08PM<br>Navami* Until 8:53AM                    | Ganesha: Green<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Blue<br>Chaitra-Panguni | Sunrise: 5:27AM<br>Sunset: 6:26PM | Krodhin 516<br>Moon 3 - Phase 49 - 22<br>4th Phase |
| Creative Work                                                                           | Siddha Yoga   |                                                                                                                                                                                               |                                                                                                              |                                                                                      |                                   | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM    |
| <b>2 Monday, April 7, 2025</b>                                                          |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vessara Yuktayam<br>Ashlesha* Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadasmyam Tilau             |                                                                                                              |                                                                                      |                                   | Montreal, Canada<br>Sun 23 Sutra 357               |
| Kataka Rasi: 21.59                                                                      | Tithi 10 – 11 | Gulika 1:34PM – 3:12PM<br>Yama 10:19AM – 11:56AM<br>Rahu 7:03AM – 8:41AM                                                                                                                      | Ashlesha* Until 9:13PM<br>Dhriti Until 7:46AM<br>Vanija Until 10:03PM<br>Dashami Until 9:30AM                | Ganesha: Green<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Blue<br>Chaitra-Panguni | Sunrise: 5:25AM<br>Sunset: 6:27PM | Krodhin 516<br>Moon 3 - Phase 49 - 23<br>4th Phase |
| Family Home Evening<br>Creative Work<br>Until 9:13PM<br>Then Routine Work - Marana Yoga | Siddha Yoga   | Yogaswami Mahasamadhi                                                                                                                                                                         |                                                                                                              |                                                                                      |                                   | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM    |
| <b>3 Tuesday, April 8, 2025</b>                                                         |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vessara Yuktayam<br>Magha* Nakshatra Shula*/Ganda* Yoga Vesi*/Bava Karana Ekadashi/Dvadasmyam Tilau             |                                                                                                              |                                                                                      |                                   | Montreal, Canada<br>Sun 24 Sutra 358               |
| Simha Rasi: 4.26                                                                        | Tithi 11 – 12 | Gulika 11:56AM – 1:34PM<br>Yama 8:40AM – 10:18AM<br>Rahu 3:12PM – 4:50PM                                                                                                                      | Magha* Until 11:25PM<br>Shula* Until 7:37AM<br>Bava Until 11:32PM<br>Ekadashi Until 10:43AM                  | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Red<br>Chaitra-Panguni    | Sunrise: 5:24AM<br>Sunset: 6:29PM | Krodhin 516<br>Moon 3 - Phase 49 - 24<br>4th Phase |
| Creative Work                                                                           | Siddha Yoga   |                                                                                                                                                                                               |                                                                                                              |                                                                                      |                                   | <b>Devaloka Day</b>                                |
| <b>4 Wednesday, April 9, 2025</b>                                                       |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vessara Yuktayam<br>Purvaphalguni Nakshatra Ganda*/Vidhih Yoga Balava/Kaulava Karana Dvadashti/Trayodasmyam Tilau |                                                                                                              |                                                                                      |                                   | Montreal, Canada<br>Sun 25 Sutra 359               |
| Simha Rasi: 16.39                                                                       | Tithi 12 – 13 | Gulika 10:17AM – 11:56AM<br>Yama 7:00AM – 8:39AM<br>Rahu 11:56AM – 1:34PM                                                                                                                     | Purvaphalguni Until 1:54AM Thu<br>Ganda* Until 7:53AM<br>Kaulava Until 1:28AM Thu<br>Dvadashti Until 12:26PM | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Red<br>Chaitra-Panguni    | Sunrise: 5:22AM<br>Sunset: 6:30PM | Krodhin 516<br>Moon 3 - Phase 49 - 25<br>4th Phase |
| Creative Work                                                                           | Amrita Yoga   |                                                                                                                                                                                               |                                                                                                              |                                                                                      |                                   | <b>Devaloka Day</b>                                |
| <b>5 Thursday, April 10, 2025</b>                                                       |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vessara Yuktayam<br>Uttaraphalguni Nakshatra Vidhih/Dhruva Yoga Taila/Gara Karana Trayodashi/Chaturdasmyam Tilau   |                                                                                                              |                                                                                      |                                   | Montreal, Canada<br>Sun 26 Sutra 360               |
| Simha Rasi: 28.43                                                                       | Tithi 13 – 14 | Gulika 8:38AM – 10:17AM<br>Yama 5:20AM – 6:59AM<br>Rahu 1:34PM – 3:13PM                                                                                                                       | Uttaraphalguni Until 4:30AM Fri<br>Vridhih Until 8:28AM<br>Gara Until 3:43AM Fri<br>Trayodashi Until 2:32PM  | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Red<br>Chaitra-Panguni    | Sunrise: 5:20AM<br>Sunset: 6:31PM | Krodhin 516<br>Moon 3 - Phase 49 - 26<br>4th Phase |
|                                                                                         | Amrita Yoga   |                                                                                                                                                                                               |                                                                                                              |                                                                                      |                                   | <b>Devaloka Day</b>                                |
| <b>6 Friday, April 11, 2025</b>                                                         |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sutra Vessara Yuktayam<br>Hasta Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visi* Karana Chaturdashi/Purnimayam Tilau        |                                                                                                              |                                                                                      |                                   | Montreal, Canada<br>Sun 27 Sutra 361               |
| Kanya Rasi: 10.39                                                                       | Tithi 14 – 15 | Gulika 6:57AM – 8:37AM<br>Yama 3:14PM – 4:53PM<br>Rahu 10:16AM – 11:55AM                                                                                                                      | Hasta Until 7:39AM Sat<br>Dhruva Until 9:14AM<br>Visi Until 6:11AM Sat<br>Chaturdashi* Until 4:54PM          | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Green<br>Chaitra-Panguni | Sunrise: 5:19AM<br>Sunset: 6:32PM | Krodhin 516<br>Moon 3 - Phase 49 - 27<br>4th Phase |
| Creative Work                                                                           | Amrita Yoga   |                                                                                                                                                                                               |                                                                                                              |                                                                                      |                                   | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM    |
| Until 7:39AM Sat<br>Then Routine Work - Marana Yoga                                     |               |                                                                                                                                                                                               |                                                                                                              |                                                                                      |                                   |                                                    |
| <b>○ Saturday, April 12, 2025</b>                                                       |               | Krodhin Nama Samvatsara Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manita Vessara Yuktayam<br>Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Vesi*/Bava Karana Purnimayam Tilau            |                                                                                                              |                                                                                      |                                   | Montreal, Canada<br>Sutra 362                      |
| Kanya Rasi: 22.31                                                                       | Tithi 15      | Gulika 5:16AM – 6:56AM<br>Yama 1:35PM – 3:14PM<br>Rahu 8:36AM – 10:15AM                                                                                                                       | Hasta Until 7:39AM<br>Vyaghata* Until 10:10AM<br>Visi Until 6:11AM<br>Purnima* Until 7:25PM                  | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Green<br>Chaitra-Panguni | Sunrise: 5:16AM<br>Sunset: 6:33PM | Krodhin 516<br>Moon 3 - Phase 49 -<br>Purnima      |
| Routine Work                                                                            | Marana Yoga   | Panguni Uttarim<br>Hanuman Jayanti                                                                                                                                                            |                                                                                                              |                                                                                      |                                   | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM    |
| <b>Sunday, April 13, 2025</b>                                                           |               | Krodhin Nama Samvatsara Uтарыяне Nartana Ritau Mesha Mase Krishna Paksha Bharu Vessara Yuktayam<br>Chitra/Svati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Prathamayam Tilau        |                                                                                                              |                                                                                      |                                   | Montreal, Canada<br>Sutra 363                      |
| Tula Rasi: 4.2                                                                          | Tithi 16      | Gulika 3:15PM – 4:55PM<br>Yama 11:55AM – 1:35PM<br>Rahu 4:55PM – 6:35PM                                                                                                                       | Chitra Until 10:42AM<br>Harshana Until 11:10AM<br>Balava Until 8:43AM<br>Prathama* Until 9:59PM              | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Green<br>Chaitra-Chaitra | Sunrise: 5:14AM<br>Sunset: 6:35PM | Krodhin 516<br>Moon 3 - Phase 49 -<br>Prathama     |
| Creative Work                                                                           | Siddha Yoga   |                                                                                                                                                                                               |                                                                                                              |                                                                                      |                                   | <b>Bhuloka Day</b><br>Devaloka Time: 3PM to 6PM    |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

All times are standard time. Calculated for on 7/10/23

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