



Thursday, April 25, 2024 Gold Retreat Star

★ Thursday, April 25, 2024 Gold Retreat Star		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маше Кішна Пакше Guru Vasara Yuktayam Vishakha Nakshatra Vyajipata* Yoga Talila/Gara Karana Divlyayam Titau						Manama, Bahrain Sutra 10	
Tula Rasi: 24.01		Tithi 17	Gulika	8:21AM - 9:59AM	Vishakha Until 11:55PM	Ganesha: Clear	Sunrise: 5:06AM	Koodin 5:16	
			Yama	5:06AM - 6:44AM	Vyajipata* Until 2:24AM Fri	Muruga: Purple	Sunset: 6:07PM	Moon 4 - Phase 2 - 1st Phase	
			27:26:57579 Rahu	1:14PM - 2:52PM	Talila Until 4:54PM	Nataraja: Purple			
Creative Work		Siddha Yoga			Dvitiya Until 5:19AM Fri	Moon - Orange	Subha Sivalka Day		
						Chaitra-Chaitra			

Subha Sivaloka Day

1 Friday, April 26, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маше Кішна Пакше Sukra Vasara Yuktayam Anuradha Nakshatra Varjyan Yoga Vanija/Visi* Karana Trilyayam Titau					Manama, Bahrain Sun 1 Sutra 11	
Vishakha Rasi: 6.31 Tithi 18		Gulika Yama Rahu	6:43AM - 8:21AM 2:52PM - 4:30PM 9:59AM - 11:36AM	Anuradha Until 1:10AM Sat Varjyan Until 1:49AM Sat Vanija Until 5:39PM Tritiya Until 5:50AM Sat		Ganesha: White Muruga: Purple Nataraja: Purple Moon - Orange Chaitra-Chaitra	Sunrise: 5:05AM Sunset: 6:08PM Moon 4 - Phase 2 - 1st Phase	Krodhin 5126 Moon 4 - Phase 2 - 1st Phase
Creative Work Siddha Yoga		273657579				Sivaloka Day		

Sivaloka Day

2		Saturday, April 27, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маше Кішна Пакше Menta Vasara Yuktayam Jyeshtha* Nakshatra Parigra* Yoga Bava/Balava Karana Chaturthayam Titau					Manama, Bahrain Sutra 12				
Vishkha Rasi: 19.14		Tithi 19		Gulika Yama Rahu		5:04AM - 6:42AM 1:14PM - 2:52PM 8:20AM - 9:58AM		Jyeshtha* Until 1:49AM Sun Parigra* Until 12:53AM Sun Bava Until 5:57PM Chaturthi* Until 5:54AM Sun		Ganesha: White Muruga: Purple Nataraja: Purple Moon - Orange Chaitra-Chaitra		Sunrise: 5:04AM Sunset: 6:08PM Moon 4 - Phase 2 - 1st Phase	
Creative Work		Siddha Yoga		273657579						Sivaloka Day		Krodhin 5126	
Until 1:49AM Sun		Then Creative Work - Amrita Yoga											

Sivaloka Day

3 Sunday, April 28, 2024			Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маше Кішна Пакше Bhanu Vasara Yuktayam Mula* Nakshatra Shiva Yoga Kaukava/Talila Karana Panchmayam Titau					Manama, Bahrain Sutra 13	
Dhanus Rasi: 2.1		Tithi 20	Gulika Yama Rahu	2:53PM - 4:31PM 11:36AM - 1:14PM 4:31PM - 6:09PM	Mula* Until 2:20AM Mon Shiva Until 11:36PM Kaukava Until 5:47PM Panchami Until 5:30AM Mon		Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon - Light Blue Chaitra-Chaitra	Sunrise: 5:03AM Sunset: 6:09PM Moon 4 - Phase 2 - 3 1st Phase	Koodin 5:16
Creative Work Amrita Yoga Until 2:20AM Mon			283657579		Rahu		Subha Sivalka Day		
Then Routine Work - Marana Yoga									

Subha Sivaloka Day

4 Monday, April 29, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маше Кішна Пакше Indu Vasara Yuktayam Purvashadha* Nakshatra Siddha Yoga Gara/Vanija Karana Shashthiyam Titau						Manama, Bahrain Sutra 14	
Dhanus Rasi: 15.21		Tithi 21	Gulika Yama Rahu	1:14PM - 2:53PM 9:58AM - 11:36AM 6:41AM - 8:19AM	Purvashadha* Until 2:14AM Tue Siddha Until 9:56PM Gara Until 5:09PM Shashthi* Until 4:39AM Tue		Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon - Light Blue Chaitra-Chaitra	Sunrise: 5:03AM Sunset: 6:10PM Moon 4 - Phase 2 - 4 1st Phase	Sun 4 Kooden 5126
Family Home Evening		283657579		Rahu		Subha Sivalka Day			
Routine Work		Marana Yoga		Until 2:14AM Tue					
Then Routine Work - Prabalarishta Yoga									

Subha Sivaloka Day

5 Tuesday, April 30, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маше Кішна Пакше Mangala Vasara Yuktayam Uttarashadha Nakshatra Sadhya Yoga Vasi*/Bava Karana Saphtamayam Titau					Manama, Bahrain Sutra 15	
Dhanus Rasi: 28.46		Tithi 22	Gulika Yama Rahu	11:36AM - 1:14PM 8:19AM - 9:57AM 2:53PM - 4:32PM	Uttarashadha Until 1:34AM Wed Sadhya Until 7:56PM Vasi Until 4:05PM Saptami Until 3:21AM Wed	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon - Light Blue Chaitra-Chaitra	Sunrise: 5:02AM Sunset: 6:10PM Moon 4 - Phase 2 - 5 1st Phase	Koodin 5126
Routine Work		Prabalarishta Yoga		Subha Sivalka Day				
Until 1:34AM Wed								
Then Creative Work - Siddha Yoga								

Subha Sivaloka Day

Wednesday, May 1, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маше Кішна Пакше Budha Vasara Yuktayam Shravana Nakshatra Subha/Sukla Yoga Talila/Garava Karana Ashtamayam Titau					Manama, Bahrain Sutra 16				
Retreat Star		Gulika Yama Rahu		9:57AM - 11:36AM 6:40AM - 8:18AM 11:36AM - 1:14PM		Shravana Until 12:45AM Thu Subha Until 5:35PM Balava Until 2:34PM Ashtami* Until 1:38AM Thu		Ganesha: Blue Muruga: Purple Nataraja: Purple Moon - Purple Chaitra-Chaitra		Sunrise: 5:01AM Sunset: 6:11PM Moon 4 - Phase 2 - 6 Ashtami	
Makara Rasi: 12:27		Tithi 23		23656759							
Creative Work		Siddha Yoga		Chidambaram Abhishekam		Ashtami* Until 1:38AM Thu		Moon - Purple Chaitra-Chaitra		Sivaloka Day	

Sivaloka Day

Thursday, May 2, 2024			Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Меша Маше Кішна Пакше Guru Vasara Yuktayam					Manama, Bahrain	
Retreat Star			Dhanishtha Nakshatra Sukla/Brahma Yoga Talila/Gara Karana Navamyam Titau					Sun 7	
			Gulika	8:18AM - 9:57AM	Dhanishtha Until 11:23PM		Ganesha: Blue	Sunrise: 5:00AM	Sutra 17
			Yama	5:00AM - 6:39AM	Sukla Until 2:52PM		Muruga: Purple	Sunset: 6:11PM	Krodhin 5126
Makara Rasi: 26.23			Tithi 24	1:15PM - 2:53PM	Talila Until 12:38PM		Nataraja: Purple	Moon 4 - Phase 2 - 7	
			293657579 Rahu	Navami* Until 11:29PM		Moon - Purple		Navami	
Creative Work			Siddha Yoga			Chaitra-Chaitra		Sivaloka Day	

Sivaloka Day

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time. Calculated for Manama, Bahrain on 7/10/23

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1	Friday, May 3, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Mesha Mase Krishna Paksha Sukra Vasara Yuktayam Shalabhishak Nakshatra Brahmalendra Yoga Vanija/Visti* Karana Dashamyam Titau						Manama, Bahrain Sun 8 Sutra 18
	Kumbha Rasi: 10.35	Tithi 25	Gulika Yama	6:39AM – 8:18AM 2:54PM – 4:33PM	Shatabhishak Until 9:31PM Brahma Until 11:52AM Vanija Until 10:18AM	Ganesha: Blue Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 5:00AM Sunset: 6:12PM	Krodhin 5126 Moon 4 - Phase 3 - 8 2nd Phase	
	Creative Work	Siddha Yoga	293657579 Rahu	9:57AM – 11:36AM	Dashami Until 9:00PM	Chaitra-Chaitra			Sivaloka Day
2	Saturday, May 4, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Mesha Mase Krishna Paksha Manita Vasara Yuktayam Purvashrothapada* Nakshatra Indra/Vaidhril* Yoga Bava/Belava Karana Ekadashyam Titau						Manama, Bahrain Sun 9 Sutra 19
	Kumbha Rasi: 25.01	Tithi 26	Gulika Yama	4:59AM – 6:38AM 1:15PM – 2:54PM	Purvashrothapada* Until 7:39PM Indra Until 8:36AM Bava Until 7:39AM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 4:59AM Sunset: 6:12PM	Krodhin 5126 Moon 4 - Phase 3 - 9 2nd Phase	
	Routine Work	Marana Yoga	213657579 Rahu	8:17AM – 9:56AM	Ekadashi* Until 6:13PM	Chaitra-Chaitra			Sivaloka Day
3	Sunday, May 5, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Mesha Mase Krishna Paksha Bhramu Vasara Yuktayam Uttarashrothapada* Revati Nakshatra Vishkambha* Yoga Tatila/Gara Karana Dvadashi* Trayodashyam Titau						Manama, Bahrain Sun 10 Sutra 20
	Meena Rasi: 9.38	Tithi 27 – 28	Gulika Yama	2:54PM – 4:33PM 11:35AM – 1:15PM	Uttarashrothapada Until 5:27PM Vishkambha* Until 1:32AM Mon Gara Until 1:43AM Mon	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 4:58AM Sunset: 6:13PM	Krodhin 5126 Moon 4 - Phase 3 - 10 2nd Phase	
	Creative Work	Amrita Yoga	213657579 Rahu	4:33PM – 6:13PM	Dvadashi* Until 3:14PM	Chaitra-Chaitra			Sivaloka Day
Pradosha Vrata (Fasting)									
4	Monday, May 6, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Mesha Mase Krishna Paksha Indu Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi* Chaturdashyam Titau						Manama, Bahrain Sun 11 Sutra 21
	Meena Rasi: 24.21	Tithi 28 – 29	Gulika Yama	1:15PM – 2:54PM 9:56AM – 11:35AM	Revati Until 3:03PM Priti Until 9:57PM Visti Until 10:40PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 4:57AM Sunset: 6:13PM	Krodhin 5126 Moon 4 - Phase 3 - 11 2nd Phase	
	Family Home Evening	Siddha Yoga	213657579 Rahu	6:37AM – 8:16AM	Trayodashi* Until 12:10PM	Chaitra-Chaitra			Sivaloka Day
	Tuesday, May 7, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Mesha Mase Krishna Paksha Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi* Amavasyayam Titau						Manama, Bahrain Sun 12 Sutra 22
	Mesha Rasi: 9.03	Tithi 29 – 30	Gulika Yama	11:35AM – 1:15PM 8:16AM – 9:56AM	Ashvini Until 1:00PM Ayushman Until 6:25PM Catuspada Until 7:44PM	Ganesha: Green Muruga: Purple Nataraja: Purple Moon – White	Sunrise: 4:57AM Sunset: 6:14PM	Krodhin 5126 Moon 4 - Phase 3 - 12 Amavasya	
	Creative Work	Siddha Yoga	223657579 Rahu	2:55PM – 4:34PM	Chaturdashi* Until 9:10AM	Chaitra-Chaitra			Sivaloka Day
5	Wednesday, May 8, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Mesha Mase Sukla Paksha Budha Vasara Yuktayam Bharani/Kritika Nakshatra Saubhagya/Sobhana Yoga Naga*/Bava Karana Amavasya* Prathamayam Titau						Manama, Bahrain Sun 13 Sutra 23
	Mesha Rasi: 23.38	Tithi 30 – 1	Gulika Yama	9:55AM – 11:35AM 6:36AM – 8:16AM	Bharani Until 11:01AM Saubhagya Until 3:07PM Bava Until 3:50AM Thu	Ganesha: Green Muruga: Purple Nataraja: Purple Moon – White	Sunrise: 4:56AM Sunset: 6:14PM	Krodhin 5126 Moon 4 - Phase 3 - 13 Prathama	
	Creative Work	Siddha Yoga	223657579 Rahu	11:35AM – 1:15PM	Amavasya* Until 6:20AM	Vaisaka-Chaitra			Sivaloka Day
	Until 11:01AM								
	Then Creative Work	Amrita Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

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1	Thursday, May 9, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Меша Маса Суліа Пакаша Гору Весапа Уктыяям Kritika/Rohini Nakshatra Sobhana/Ahiganda* Yoga Balava/Kaulava Karana Dvityeyam Titau				Manama, Bahrain Sun 14 Sutra 24
	Wishabha Rasi: 7.59	Tithi 2	Gulika Yama Rahu	8:15AM – 9:55AM 4:55AM – 6:35AM 1:15PM – 2:55PM	Kritika Until 9:15AM Sobhana Until 12:09PM Balava Until 2:46PM	Ganesha: Green Muruga: Purple Nataraja: Purple Moon – White Vaisaka-Chaitra	Sunrise: 4:55AM Sunset: 6:19PM Moon 4 - Phase 4 - 14 3rd Phase
	Routine Work	Marana Yoga	234657579				Sivaloka Day
2	Friday, May 10, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Меша Маса Суліа Пакаша Суліа Весапа Уктыяям Rohini/Mrigashira Nakshatra Ahiganda*/Sukarma Yoga Taitila/Gara Karana Tritiyeeyam Titau				Manama, Bahrain Sun 15 Sutra 25
	Wishabha Rasi: 22.01	Tithi 3	Gulika Yama Rahu	6:35AM – 8:15AM 2:55PM – 4:35PM 9:55AM – 11:35AM	Rohini Until 8:15AM Atriganda* Until 9:34AM Taitila Until 1:01PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:55AM Sunset: 6:19PM Moon 4 - Phase 4 - 15 3rd Phase
	Routine Work	Marana Yoga	233657579	Akahaya Tritiya	Tritiya Until 12:21AM Sat		Sivaloka Day
3	Saturday, May 11, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Меша Маса Суліа Пакаша Манта Весапа Уктыяям Mrigashira/Ardra Nakshatra Sukarma/Dhriti Yoga Vanja/Visli* Karana Chaturthiyam Titau				Manama, Bahrain Sun 16 Sutra 26
	Mithuna Rasi: 5.4	Tithi 4	Gulika Yama Rahu	4:54AM – 6:34AM 1:15PM – 2:56PM 8:15AM – 9:55AM	Mrigashira Until 7:45AM Sukarma Until 7:32AM Vanja Until 11:54AM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:54AM Sunset: 6:19PM Moon 4 - Phase 4 - 16 3rd Phase
	Creative Work	Siddha Yoga	234657579		Chaturthi* Until 11:36PM		Subha Sivaloka Day
4	Sunday, May 12, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Меша Маса Суліа Пакаша Бһару Весапа Уктыяям Mrisghira/Ardra Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 17 Sutra 27
	Mithuna Rasi: 18.55	Tithi 5	Gulika Yama Rahu	2:56PM – 4:36PM 11:35AM – 1:15PM 4:36PM – 6:16PM	Ardra Until 7:48AM Dhriti Until 6:04AM Bava Until 11:32AM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:54AM Sunset: 6:19PM Moon 4 - Phase 4 - 17 3rd Phase
	Creative Work	Siddha Yoga	234657579	Mother's Day	Panchami Until 11:37PM		Subha Sivaloka Day
5	Monday, May 13, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Меша Маса Суліа Пакаша Інду Весапа Уктыяям Punarvasu/Pushya Nakshatra Ganda* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Manama, Bahrain Sun 18 Sutra 28
	Kataka Rasi: 1.47	Tithi 6	Gulika Yama Rahu	1:16PM – 2:56PM 9:55AM – 11:35AM 6:34AM – 8:14AM	Punarvasu Until 8:55AM Ganda* Until 4:56AM Tue Kaulava Until 11:56AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Blue Vaisaka-Chaitra	Sunrise: 4:53AM Sunset: 6:17PM Moon 4 - Phase 4 - 18 3rd Phase
	Family Home Evening		244657579		Shashthi* Until 12:23AM Tue		Subha Subha Sivaloka Day
6	Tuesday, May 14, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Vishabha Mase Суліа Пакаша Мангала Весапа Уктыяям Pushya/Ashlesha* Nakshatra Viddhi Yoga Gara/Vanja Karana Saptamyam Titau				Manama, Bahrain Sun 19 Sutra 29
	Kataka Rasi: 14.17	Tithi 7	Gulika Yama Rahu	11:35AM – 1:16PM 8:14AM – 9:54AM 2:56PM – 4:37PM	Pushya Until 10:36AM Viddhi Until 5:12AM Wed Gara Until 1:04PM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Blue Vaisaka-Vaikasi	Sunrise: 4:53AM Sunset: 6:18PM Moon 4 - Phase 4 - 19 3rd Phase
	Creative Work	Siddha Yoga	244657579		Saptami Until 1:52AM Wed		Subha Subha Sivaloka Day
7	Wednesday, May 15, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Vishabha Mase Суліа Пакаша Будха Весапа Уктыяям Ashlesha*/Magha* Nakshatra Dhruva Yoga Visi*/Bava Karana Ashtamyam Titau				Manama, Bahrain Sun 20 Sutra 30
	Retreat Star		Gulika Yama Rahu	9:54AM – 11:35AM 6:33AM – 8:14AM 11:35AM – 1:16PM	Ashlesha* Until 12:45PM Dhruva Until 5:51AM Thu Visi Until 2:50PM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Blue Vaisaka-Vaikasi	Sunrise: 4:52AM Sunset: 6:18PM Moon 4 - Phase 4 - 20 Ashtami
	Kataka Rasi: 26.31	Tithi 8	244657579		Ashtami* Until 3:54AM Thu		Subha Subha Sivaloka Day
8	Thursday, May 16, 2024		Krodhin Nama Samvatsara Uтарыяне Нартапа Рітау Vishabha Mase Суліа Пакаша Гору Весапа Уктыяям Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 21 Sutra 31
	Retreat Star		Gulika Yama Rahu	8:13AM – 9:54AM 4:52AM – 6:32AM 1:16PM – 2:57PM	Magha* Until 3:42PM Vyaghata* Until 6:48AM Fri Balava Until 5:06PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Red Vaisaka-Vaikasi	Sunrise: 4:52AM Sunset: 6:19PM Moon 4 - Phase 4 - 21 Navami
	Simha Rasi: 8.31	Tithi 9	254657579		Navami* Until 6:18AM Fri		Subha Sivaloka Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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1 Friday, May 17, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Vasara Yuktyayam Purvaphalguni Nakshatra Vyatipata* Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 22 Sutra 32
Simha Rasi: 20:22	Tithi 9 – 10	Gulika Yama Rahu	6:32AM – 8:13AM 2:57PM – 4:38PM 9:54AM – 11:35AM	Purvaphalguni Until 6:46PM Vyaghata* Until 6:48AM Taillita Until 7:36PM Navami* Until 6:18AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Red Vaikasa-Vaikasi	Sunrise: 4:51AM Sunset: 6:19PM Moon 4 - Phase 5 - 23 4th Phase
Creative Work	Siddha Yoga	254757579				Sivaloka Day
2 Saturday, May 18, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Manita Vasara Yuktyayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekadeshyam Titau				Manama, Bahrain Sun 23 Sutra 33
Kanya Rasi: 2:11	Tithi 10 – 11	Gulika Yama Rahu	4:51AM – 6:32AM 1:16PM – 2:57PM 8:13AM – 9:54AM	Uttaraphalguni Until 9:41PM Harshana Until 7:52AM Vanija Until 10:08PM Dashami Until 8:51AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Red Vaikasa-Vaikasi	Sunrise: 4:51AM Sunset: 6:20PM Moon 4 - Phase 5 - 23 4th Phase
Routine Work	Marana Yoga	254757579				Sivaloka Day
3 Sunday, May 19, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Ehanu Vasara Yuktyayam Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 24 Sutra 34
Kanya Rasi: 14:01	Tithi 11 – 12	Gulika Yama Rahu	2:58PM – 4:39PM 11:35AM – 1:16PM 4:39PM – 6:20PM	Hasta Until 12:45AM Mon Vajra* Until 8:51AM Bava Until 12:29AM Mon Ekadashi Until 11:20AM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green Vaikasa-Vaikasi	Sunrise: 4:50AM Sunset: 6:20PM Moon 4 - Phase 5 - 24 4th Phase
Creative Work	Amrita Yoga	264757579				Subha Sivaloka Day
Until 12:45AM Mon						
Then Routine Work - Prabalarishta Yoga						
4 Monday, May 20, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Indu Vasara Yuktyayam Chitra Nakshatra Siddhi/Vyapata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 25 Sutra 35
Kanya Rasi: 25:56	Tithi 12 – 13	Gulika Yama Rahu	1:17PM – 2:58PM 9:54AM – 11:35AM 6:31AM – 8:13AM	Chitra Until 3:17AM Tue Siddhi Until 9:38AM Kaulava Until 2:26AM Tue Dvadashi Until 1:30PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green Vaikasa-Vaikasi	Sunrise: 4:50AM Sunset: 6:21PM Moon 4 - Phase 5 - 25 4th Phase
Family Home Evening		264757579				Subha Sivaloka Day
Routine Work	Prabalarishta Yoga					
Until 3:17AM Tue						
Then Creative Work - Siddha Yoga						
5 Tuesday, May 21, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Mangala Vasara Yuktyayam Svati Nakshatra Vyatipata*/Varinyan Yoga Talita/Gara Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 26 Sutra 36
Tula Rasi: 8:02	Tithi 13 – 14	Gulika Yama Rahu	11:35AM – 1:17PM 8:12AM – 9:54AM 2:58PM – 4:40PM	Svati Until 5:09AM Wed Vyatipata* Until 10:07AM Gara Until 3:53AM Wed Trayodashi Until 3:13PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Green Vaikasa-Vaikasi	Sunrise: 4:49AM Sunset: 6:21PM Moon 4 - Phase 5 - 26 4th Phase
Creative Work	Siddha Yoga	264757579				Subha Sivaloka Day
6 Wednesday, May 22, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Sukla Paksha Budha Vasara Yuktyayam Vishakha Nakshatra Varinyan/Parigra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Manama, Bahrain Sun 27 Sutra 37
Tula Rasi: 20:2	Tithi 14 – 15	Gulika Yama Rahu	9:54AM – 11:35AM 6:31AM – 8:12AM 11:35AM – 1:17PM	Vishakha Until 6:47AM Thu Varinyan Until 10:08AM Visti Until 4:45AM Thu Chaturdashi* Until 4:22PM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Orange Vaikasa-Vaikasi	Sunrise: 4:49AM Sunset: 6:22PM Moon 4 - Phase 5 - 27 4th Phase
Creative Work	Siddha Yoga	274757579				Sivaloka Day
Thursday, May 23, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Krishna Paksha Guru Vasara Yuktyayam Vishakha/Auradha Nakshatra Parigra*/Shiva Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Manama, Bahrain Sun 28 Sutra 38
Copper Retreat Star		Gulika Yama Rahu	8:12AM – 9:54AM 4:49AM – 6:30AM 1:17PM – 2:59PM	Vishakha Until 6:47AM Parigra* Until 9:44AM Balava Until 5:03AM Fri Purnima* Until 4:57PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Orange Vaikasa-Vaikasi	Sunrise: 4:49AM Sunset: 6:22PM Moon 4 - Phase 5 - Purnima
Vishika Rasi: 2:54	Tithi 15 – 16	275757579				Subha Sivaloka Day
Creative Work	Siddha Yoga					
Friday, May 24, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Vishabha Mase Krishna Paksha Sukra Vasara Yuktyayam Anuradha/Ajyestha* Nakshatra Shiva/Siddha Yoga Kaulava/Tailita Karana Prathama/Dvityayam Titau				Manama, Bahrain Sun 29 Sutra 39
Silver Retreat Star		Gulika Yama Rahu	6:30AM – 8:12AM 2:59PM – 4:41PM 9:54AM – 11:36AM	Anuradha Until 7:43AM Shiva Until 8:53AM Taillita Until 4:49AM Sat Prathama* Until 4:59PM	Ganesha: Yellow Muruga: Purple Nataraja: Purple Moon – Orange Vaikasa-Vaikasi	Sunrise: 4:48AM Sunset: 6:23PM Moon 4 - Phase 5 - Prathama
Vishika Rasi: 15:44	Tithi 16 – 17	275757579				Subha Sivaloka Day
Creative Work	Siddha Yoga					
Until 7:43AM						
Then Routine Work - Marana Yoga						

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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**Saturday, May 25, 2024****Gold Retreat Star**

Vrischika Rasi: 28.49 Tithi 17 – 18

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Месе Крішна Пакша Морта Васара Yuktayam
Jyeshtha/*Mula* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiye Yam Titau

Gulika **4:48AM – 6:30AM**
Yama 1:18PM – 3:00PM
Rahu **8:12AM – 9:54AM**

Jyeshtha* Until 7:58AM
Siddha Until 7:37AM
Vanija Until 4:08AM Sun
Dvitiya Until 4:31PM

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Orange
Vaisaka-Vaikasi

Sunrise: 4:48AM
Sunset: 6:23PM

Moon 5 - Phase 6 - 1
1st Phase

Subha Subha Sivaloka Day

Manama, Bahrain
Sun 1 Sutra 40
Krodhin 5126
Moon 5 - Phase 6 - 1
1st Phase

1 Sunday, May 26, 2024

Dhanus Rasi: 12.08 Tithi 18 – 19

Creative Work Amrita Yoga
Until 8:06AM
Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Месе Крішна Пакша Bhrano/Vasara Yuktayam
Mula/*Purvashadha* Nakshatra Subha/Yoga Vaisi/*Bava Karana Tritiya/Chaturthiyam Titau

Gulika **3:00PM – 4:42PM**
Yama 11:36AM – 1:18PM
Rahu **4:42PM – 6:24PM**

Mula* Until 8:06AM
Sadhya Until 6:00AM
Bava Until 3:05AM Mon
Tritiya Until 3:38PM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Sunrise: 4:48AM
Sunset: 6:24PM

Moon 5 - Phase 6 - 2
1st Phase

Subha Sivaloka Day

Manama, Bahrain
Sun 2 Sutra 41
Krodhin 5126
Moon 5 - Phase 6 - 2
1st Phase

2 Monday, May 27, 2024

Dhanus Rasi: 25.4 Tithi 19 – 20

Family Home Evening
Routine Work Marana Yoga

Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Месе Крішна Пакша Indu/Vasara Yuktayam
Purvashadha/*Uttarashadha Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Pancham Yam Titau

Gulika **1:18PM – 3:00PM**
Yama 9:54AM – 11:36AM
Rahu **6:30AM – 8:12AM**

Purvashadha* Until 7:43AM
Sukla Until 1:57AM Tue
Kaulava Until 1:43AM Tue
Chaturthi* Until 2:25PM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Sunrise: 4:47AM
Sunset: 6:24PM

Moon 5 - Phase 6 - 3
1st Phase

Subha Sivaloka Day

Manama, Bahrain
Sun 3 Sutra 42
Krodhin 5126
Moon 5 - Phase 6 - 3
1st Phase

3 Tuesday, May 28, 2024

Makara Rasi: 9.23 Tithi 20 – 21

Routine Work Prabalarishtha Yoga
Until 6:55AM
Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Месе Крішна Пакша Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Talila/Gara Karana Panchami/Shashthi Yam Titau

Gulika **11:36AM – 1:18PM**
Yama 8:12AM – 9:54AM
Rahu **3:00PM – 4:43PM**

Uttarashadha Until 6:55AM
Brahma Until 11:36PM
Gara Until 12:07AM Wed
Panchami Until 12:56PM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Vaisaka-Vaikasi

Sunrise: 4:47AM
Sunset: 6:25PM

Moon 5 - Phase 6 - 4
1st Phase

Subha Sivaloka Day

Manama, Bahrain
Sun 4 Sutra 43
Krodhin 5126
Moon 5 - Phase 6 - 4
1st Phase

4 Wednesday, May 29, 2024

Makara Rasi: 23.14 Tithi 21 – 22

Creative Work Siddha Yoga
Until 6:10AM
Then Routine Work - Prabalarishtha Yoga

Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Месе Крішна Пакша Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Vanija/Visi* Karana Shashthi/Saptam Yam Titau

Gulika **9:54AM – 11:36AM**
Yama 6:29AM – 8:12AM
Rahu **11:36AM – 1:18PM**

Shravana Until 6:10AM
Indra Until 9:06PM
Visi Until 10:18PM
Shashthi* Until 11:13AM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Sunrise: 4:47AM
Sunset: 6:25PM

Moon 5 - Phase 6 - 5
1st Phase

Subha Subha Sivaloka Day

Manama, Bahrain
Sun 5 Sutra 44
Krodhin 5126
Moon 5 - Phase 6 - 5
1st Phase

Thursday, May 30, 2024
Retreat Star

Kumbha Rasi: 7.12 Tithi 22 – 23

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Месе Крішна Пакша Guru Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtam Yam Titau

Gulika **8:11AM – 9:54AM**
Yama 4:47AM – 6:29AM
Rahu **1:19PM – 3:01PM**

Shatabhishak Until 3:39AM Fri
Vaidhriti* Until 6:25PM
Balava Until 8:19PM
Saptami Until 9:19AM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Purple
Vaisaka-Vaikasi

Sunrise: 4:47AM
Sunset: 6:26PM

Moon 5 - Phase 6 - 6
Ashtami

Subha Subha Sivaloka Day

Manama, Bahrain
Sun 6 Sutra 45
Krodhin 5126
Moon 5 - Phase 6 - 6
Ashtami

Friday, May 31, 2024**Retreat Star**

Kumbha Rasi: 21.17 Tithi 23 – 24

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Uтарыяне Наратана Рітау Вішабха Месе Крішна Пакша Sukra Vasara Yuktayam
Purvashrothapada* Nakshatra Vishkambha/*Priti Yoga Kaulava/Tailita Karana Ashtami/Navam Yam Titau

Gulika **6:29AM – 8:11AM**
Yama 3:01PM – 4:44PM
Rahu **9:54AM – 11:36AM**

Purvashrothapada* Until 2:22AM Sat
Vishkambha* Until 3:37PM
Tailita Until 6:09PM
Ashtami* Until 7:14AM

Ganesha: Purple
Muruga: Purple
Nataraja: Purple
Moon – Clear
Vaisaka-Vaikasi

Sunrise: 4:46AM
Sunset: 6:26PM

Moon 5 - Phase 6 - 7
Navami

Subha Subha Sivaloka Day

Manama, Bahrain
Sun 7 Sutra 46
Krodhin 5126
Moon 5 - Phase 6 - 7
Navami

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

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1 Saturday, June 1, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Krishna Paksha Menta Vasara Yuktayam Uttaraprosrthapada Nakshatra Priti/Ayushman Yoga Vanja/Vishti* Karana Dashamyam Titau				Manama, Bahrain Sun 8 Sutra 47
Meena Rasi: 5.28	Tithi 25	Gulika Yama 316757579 Rahu	4:46AM – 6:23AM 1:19PM – 3:02PM 8:11AM – 9:54AM	Uttaraprosrthapada Until 12:50AM Sun Priti Until 12:43PM Vanija Until 3:52PM Dashami Until 2:40AM Sun	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Clear Vaisakha-Vaikasi	Sunrise: 4:46AM Sunset: 6:27PM Moon 5 - Phase 7 - 8 2nd Phase
Creative Work Siddha Yoga Until 12:50AM Sun Then Creative Work - Amrita Yoga		Subha Sivaloka Day				
2 Sunday, June 2, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Krishna Paksha Bhanu Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Manama, Bahrain Sun 9 Sutra 48
Meena Rasi: 19.44	Tithi 26	Gulika Yama 316757579 Rahu	3:02PM – 4:45PM 11:37AM – 1:19PM 4:45PM – 6:27PM	Revati Until 11:04PM Ayushman Until 9:43AM Bava Until 1:29PM Ekadashi* Until 12:15AM Mon	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Clear Vaisakha-Vaikasi	Sunrise: 4:46AM Sunset: 6:27PM Moon 5 - Phase 7 - 9 2nd Phase
Creative Work Amrita Yoga Until 11:04PM Then Creative Work - Siddha Yoga		Subha Sivaloka Day				
3 Monday, June 3, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Krishna Paksha Indu Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Manama, Bahrain Sun 10 Sutra 49
Meena Rasi: 4.02	Tithi 27	Gulika Yama 326757579 Rahu	1:20PM – 3:02PM 9:54AM – 11:37AM 6:29AM – 8:11AM	Ashvini Until 9:35PM Saubhagya Until 6:41AM Kaulava Until 11:04AM Dvadashi* Until 9:51PM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – White Vaisakha-Vaikasi	Sunrise: 4:46AM Sunset: 6:28PM Moon 5 - Phase 7 - 10 2nd Phase
Family Home Evening Creative Work Siddha Yoga		Sivaloka Day				
4 Tuesday, June 4, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Krishna Paksha Mangala Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 11 Sutra 50
Meena Rasi: 18.19	Tithi 28	Gulika Yama 326757579 Rahu	11:37AM – 1:20PM 8:11AM – 9:54AM 3:03PM – 4:45PM	Bharani Until 8:04PM Athiganda* Until 12:46AM Wed Gara Until 6:41AM Trayodashi* Until 7:31PM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – White Vaisakha-Vaikasi	Sunrise: 4:46AM Sunset: 6:28PM Moon 5 - Phase 7 - 11 2nd Phase
Creative Work Siddha Yoga		Sivaloka Day				
5 Wednesday, June 5, 2024		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Krishna Paksha Budha Vasara Yuktayam Krittika Nakshatra Sukama Yoga Vishti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain Sun 12 Sutra 51
Wishabha Rasi: 2.31	Tithi 29 – 30	Gulika Yama 326757571 Rahu	9:54AM – 11:37AM 6:29AM – 8:12AM 11:37AM – 1:20PM	Krittika Until 6:36PM Sukama Until 10:02PM Vishti Until 6:27AM Chaturdashi* Until 5:24PM	Ganesha: Purple Muruga: Purple Nataraja: Blue Moon – White Vaisakha-Vaikasi	Sunrise: 4:46AM Sunset: 6:29PM Moon 5 - Phase 7 - 12 2nd Phase
Creative Work Amrita Yoga Until 6:36PM Then Creative Work - Siddha Yoga		Sivaloka Day				
Thursday, June 6, 2024 Retreat Star		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Sukla Paksha Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 13 Sutra 52
Wishabha Rasi: 16.33	Tithi 30 – 1	Gulika Yama 336757571 Rahu	8:12AM – 9:54AM 4:46AM – 6:29AM 1:20PM – 3:03PM	Rohini Until 5:44PM Dhriti Until 7:37PM Kintughna Until 2:52AM Fri Amavasya* Until 3:36PM	Ganesha: Light Blue Muruga: Purple Nataraja: Blue Moon – Yellow Vaisakha-Vaikasi	Sunrise: 4:46AM Sunset: 6:29PM Moon 5 - Phase 7 - 13 Amavasya
Routine Work Marana Yoga		Sivaloka Day				
Friday, June 7, 2024 Retreat Star		Krodhin Nama Samvatsare Uтарыяне Наріана Рітау Vishabha Mase Sukla Paksha Sukra Vasara Yuktayam Migashira/Vedra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Manama, Bahrain Sun 14 Sutra 53
Mithuna Rasi: 0.2	Tithi 1 – 2	Gulika Yama 336757571 Rahu	6:29AM – 8:12AM 3:04PM – 4:46PM 9:55AM – 11:38AM	Mrigashira Until 5:11PM Shula* Until 5:32PM Balava Until 1:46AM Sat Prathama* Until 2:14PM	Ganesha: Light Blue Muruga: Purple Nataraja: Blue Moon – Yellow Jyeshtha-Vaikasi	Sunrise: 4:46AM Sunset: 6:29PM Moon 5 - Phase 7 - 14 Prathama
Creative Work Siddha Yoga		Sivaloka Day				

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1 Sunday, June 16, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мәсә Сукта Пакше Бһану Васара Уктыяям Hasta/Chitra Nakshatra Varinyam Yoga Talila/Gara Karana Dashamyam Titau				Manama, Bahrain Sun 23 Sutra 62
Kanya Rasi: 21.59	Tithi 10	Gulika 3:06PM - 4:49PM Yama 11:39AM - 1:23PM Rahu 4:49PM - 6:33PM	Hasta Until 8:40AM Varinyam Until 6:30PM Talila Until 1:11PM	Ganesha: Green Muruga: Purple Nataraja: Blue Moon - Green Jyeshtha-Ani	Sunrise: 4:46AM Sunset: 6:39PM	Krodhin 5:16 Moon 5 - Phase 9 - 24 4th Phase
Creative Work Amrita Yoga		Father's Day	Dashami Until 2:13AM Mon			Sivaloka Day
Until 8:40AM						
Then Creative Work - Siddha Yoga						
2 Monday, June 17, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мәсә Сукта Пакше Инду Висара Уктыяям Chitra/Svati Nakshatra Parigraha Yoga Vanija/Visi Karana Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 63
Tula Rasi: 3.58	Tithi 11	Gulika 1:23PM - 3:06PM Yama 9:56AM - 11:40AM Rahu 6:30AM - 8:13AM	Chitra Until 11:19AM Parigraha Until 7:03PM Vanija Until 3:10PM	Ganesha: Green Muruga: Purple Nataraja: Blue Moon - Green Jyeshtha-Ani	Sunrise: 4:46AM Sunset: 6:39PM	Krodhin 5:16 Moon 5 - Phase 9 - 24 4th Phase
Family Home Evening			Ekadashi Until 3:56AM Tue			Sivaloka Day
Routine Work Prabalarishta Yoga						
Until 11:19AM						
Then Routine Work - Amrita Yoga						
3 Tuesday, June 18, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мәсә Сукта Пакше Mengala Vissara Uктыяям Svati/Vishakha Nakshatra Shiva Yoga Baya/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 64
Tula Rasi: 16.1	Tithi 12	Gulika 11:40AM - 1:23PM Yama 8:13AM - 9:56AM Rahu 3:06PM - 4:50PM	Svati Until 1:17PM Shiva Until 7:09PM Baya Until 4:35PM	Ganesha: Green Muruga: Purple Nataraja: Blue Moon - Green Jyeshtha-Ani	Sunrise: 4:47AM Sunset: 6:39PM	Krodhin 5:16 Moon 5 - Phase 9 - 25 4th Phase
Creative Work Siddha Yoga			Dvadashi Until 5:01AM Wed			Sivaloka Day
Until 1:17PM						
Then Creative Work - Marana Yoga						
4 Wednesday, June 19, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мәсә Сукта Пакше Budha Vasara Uктыяям Vishakha/Anuradha Nakshatra Siddha Yoga Kaulava/Talila Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 65
Tula Rasi: 28.37	Tithi 13	Gulika 9:57AM - 11:40AM Yama 6:30AM - 8:13AM Rahu 11:40AM - 1:23PM	Vishakha Until 2:55PM Siddha Until 6:43PM Kaulava Until 5:19PM	Ganesha: Red Muruga: Purple Nataraja: Blue Moon - Orange Jyeshtha-Ani	Sunrise: 4:47AM Sunset: 6:39PM	Krodhin 5:16 Moon 5 - Phase 9 - 26 4th Phase
Creative Work Siddha Yoga			Trayodashi Until 5:24AM Thu			Subha Sivaloka Day
			Pradosha Vrata			
5 Thursday, June 20, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мәсә Сукта Пакше Guru Vasara Uктыяям Anuradha/Jyeshtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 66
Vischika Rasi: 11.23	Tithi 14	Gulika 8:14AM - 9:57AM Yama 4:47AM - 6:30AM Rahu 1:24PM - 3:07PM	Anuradha Until 3:43PM Sadya Until 5:44PM Gara Until 5:21PM	Ganesha: Red Muruga: Purple Nataraja: Blue Moon - Orange Jyeshtha-Ani	Sunrise: 4:47AM Sunset: 6:34PM	Krodhin 5:16 Moon 5 - Phase 9 - 27 4th Phase
Creative Work Siddha Yoga			Chaturdashi Until 5:06AM Fri			Subha Sivaloka Day
Until 3:43PM						
Then Routine Work - Prabalarishta Yoga						
Friday, June 21, 2024		Krodhin Nama Samvatsare Uтарыяне Нартана Рітау Міхуна Мәсә Сукта Пакше Sukra Vasara Uктыяям Jyeshtha/Mula Nakshatra Subha/Sukla Yoga Visi/Bava Karana Purnimayam Titau				Manama, Bahrain Sun 28 Sutra 67
Vischika Rasi: 24.3	Tithi 15	Gulika 6:30AM - 8:14AM Yama 3:07PM - 4:50PM Rahu 9:57AM - 11:40AM	Jyeshtha Until 3:43PM Subha Until 4:15PM Visi Until 4:44PM	Ganesha: Red Muruga: Purple Nataraja: Blue Moon - Orange Jyeshtha-Ani	Sunrise: 4:47AM Sunset: 6:34PM	Krodhin 5:16 Moon 5 - Phase 9 - 28 Purnima
Routine Work Marana Yoga			Purnima Until 4:12AM Sat			Subha Sivaloka Day
Until 3:43PM						
Then Creative Work - Amrita Yoga						
Saturday, June 22, 2024		Krodhin Nama Samvatsare Dakshinaya Naratana Ritau Mithuna Mase Krishna Paksha Manita Vasara Uктыяям Mula/Purvashadha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sun 29 Sutra 68
Dhanu Rasi: 7.57	Tithi 16	Gulika 4:47AM - 6:31AM Yama 1:24PM - 3:07PM Rahu 8:14AM - 9:57AM	Mula Until 3:27PM Sukla Until 2:17PM Balava Until 3:34PM	Ganesha: Blue Muruga: Clear Nataraja: Blue Moon - Light Blue Jyeshtha-Ani	Sunrise: 4:47AM Sunset: 6:34PM	Krodhin 5:16 Moon 5 - Phase 9 - 29 Prathama
Creative Work Siddha Yoga			Prathama Until 2:47AM Sun			Devaloka Day

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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Sunday, June 23, 2024

Gold Retreat Star

Dhanus Rasi: 21.41 Tithi 17

Creative Work Siddha Yoga

Until 2:36PM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinayya Naratana Ritau Mithuna Mase Krishna Paksha Sharu Vakyayam
Purvashadha*Uttarashadha Nakshatra Brahma/Indra Yoga Talita/Gana Karana Dvitiyayam Titau

Gulika **3:08PM - 4:51PM**
Yama 11:41AM - 1:24PM
Rahu **4:51PM - 6:34PM**

Purvashadha* Until 2:36PM

Brahma Until 11:57AM
Taillita Until 1:57PM

Dvitiya Until 12:59AM Mon

Ganesha: Blue
Muruga: Clear
Nataraja: Blue
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:49AM
Sunset: 6:34PM

Manama, Bahrain
Sutra 69
Krodhin 5126
Moon 6 - Phase 10 - 1
1st Phase

Devaloka Day

1 Monday, June 24, 2024

Makara Rasi: 5.38 Tithi 18

Family Home Evening

Routine Work Marana Yoga

Until 1:17PM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinayya Naratana Ritau Mithuna Mase Krishna Paksha Indra Vakyayam
Uttarashadha/Shravana Nakshatra Indra/Vaidhiti* Yoga Vanja/Vasi* Karana Trityayam Titau

Gulika **1:24PM - 3:08PM**
Yama 9:58AM - 11:41AM
Rahu **6:31AM - 8:14AM**

Uttarashadha Until 1:17PM

Indra Until 9:23AM
Vanija Until 12:00PM

Trityiya Until 10:56PM

Ganesha: Blue
Muruga: Clear
Nataraja: Blue
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 4:49AM
Sunset: 6:34PM

Manama, Bahrain
Sutra 70
Krodhin 5126
Moon 6 - Phase 10 - 1
1st Phase

Devaloka Day

2 Tuesday, June 25, 2024

Makara Rasi: 19.44 Tithi 19

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Naratana Ritau Mithuna Mase Krishna Paksha Mangala Vasara Vakyayam
Shravana/Dhanishtha Nakshatra Vaidhiti*/Vishkantha* Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika **11:41AM - 1:25PM**
Yama 8:15AM - 9:58AM
Rahu **3:08PM - 4:51PM**

Shravana Until 12:04PM

Vaidhiti* Until 6:36AM
Bava Until 9:52AM

Chaturthi* Until 8:44PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:49AM
Sunset: 6:34PM

Manama, Bahrain
Sutra 71
Krodhin 5126
Moon 6 - Phase 10 - 2
1st Phase

Sivaloka Day

3 Wednesday, June 26, 2024

Kumbha Rasi: 3.56 Tithi 20

Routine Work Prabalarishtha Yoga

Until 10:36AM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Naratana Ritau Mithuna Mase Krishna Paksha Budha Vasara Vakyayam
Dhanishtha/Shatabhishak Nakshatra Prili Yoga Kaulava/Tailita Karana Panchamyam Titau

Gulika **9:58AM - 11:42AM**
Yama 6:32AM - 8:15AM
Rahu **11:42AM - 1:25PM**

Dhanishtha Until 10:36AM

Prili Until 12:51AM Thu
Kaulava Until 7:37AM

Panchami Until 6:28PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:49AM
Sunset: 6:35PM

Manama, Bahrain
Sutra 72
Krodhin 5126
Moon 6 - Phase 10 - 3
1st Phase

Sivaloka Day

4 Thursday, June 27, 2024

Kumbha Rasi: 18.08 Tithi 21 - 22

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Naratana Ritau Mithuna Mase Krishna Paksha Guru Vasara Vakyayam
Shatabhishak/Purvashrothapada* Nakshatra Ayushman Yoga Vanja/Vasi* Karana Shashthi/Saptamyam Titau

Gulika **8:15AM - 9:58AM**
Yama 4:49AM - 6:32AM
Rahu **1:25PM - 3:08PM**

Shatabhishak Until 8:59AM

Ayushman Until 9:58PM
Vasi Until 3:07AM Fri

Shashthi* Until 4:12PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon - Purple
Jyeshtha-Ani

Sunrise: 4:49AM
Sunset: 6:35PM

Manama, Bahrain
Sutra 73
Krodhin 5126
Moon 6 - Phase 10 - 4
1st Phase

Sivaloka Day

Friday, June 28, 2024

Retreat Star

Meena Rasi: 2.19 Tithi 22 - 23

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinayya Naratana Ritau Mithuna Mase Krishna Paksha Sukra Vasara Vakyayam
Uttarashrothapada*/Uttarashrothapada Nakshatra Saubhagya Yoga Bava/Balava Karana Saptami/Ashnamyam Titau

Gulika **6:32AM - 8:15AM**
Yama 3:08PM - 4:52PM
Rahu **9:59AM - 11:42AM**

Purvashrothapada* Until 7:42AM

Saubhagya Until 7:09PM
Balava Until 12:57AM Sat

Saptami Until 2:00PM

Ganesha: Clear
Muruga: Clear
Nataraja: Blue
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:49AM
Sunset: 6:35PM

Manama, Bahrain
Sutra 74
Krodhin 5126
Moon 6 - Phase 10 - 5
Ashtami

Sivaloka Day

Saturday, June 29, 2024

Retreat Star

Meena Rasi: 16.27 Tithi 23 - 24

Creative Work Siddha Yoga

Until 6:21AM

Then Routine Work - Prabalarishtha Yoga

Krodhin Nama Samvatsara Dakshinayya Naratana Ritau Mithuna Mase Krishna Paksha Marita Vasara Vakyayam
Uttarashrothapada/Revati Nakshatra Sobhana/Ahiganda* Yoga Kaulava/Tailita Karana Ashtami/Navamyam Titau

Gulika **4:49AM - 6:33AM**
Yama 1:25PM - 3:08PM
Rahu **8:16AM - 9:59AM**

Uttarashrothapada Until 6:21AM

Sobhana Until 4:25PM
Taillita Until 10:53PM

Ashtami* Until 11:53AM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon - Clear
Jyeshtha-Ani

Sunrise: 4:49AM
Sunset: 6:35PM

Manama, Bahrain
Sutra 75
Krodhin 5126
Moon 6 - Phase 10 - 6
Navami

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time. Calculated for Manama, Bahrain on 7/10/23

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1 Sunday, June 30, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Bhanu Vasara Yuktiyayam Ashvini Nakshatra Athiganda* Sukarna Yoga Gara/Vanija Karana Navami/Dashamiam Titau				Manama, Bahrain Sun 7 Sutra 76 Krodhin 5126
Mesha Rasi: 0.31	Tithi 24 – 25	Gulika 3:09PM – 4:52PM Yama 11:42AM – 1:25PM Rahu 4:52PM – 6:35PM	Ashvini Until 3:58AM Mon Athiganda* Until 1:45PM Vanija Until 8:56PM Navami* Until 9:35AM	Ganesha: Green Muruga: Clear Nataraja: Blue Moon – White Jyeshthar-Ani	Sunrise: 4:50AM Sunset: 6:39PM	Moon 6 - Phase 11 - 7 2nd Phase
Creative Work	Siddha Yoga	321867571				Devaloka Day
2 Monday, July 1, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Indu Vasara Yuktiyayam Bharani Nakshatra Sukarna/Dhriti Yoga Vaisi* Bava Karana Dashami/Ekadashtyam Titau				Manama, Bahrain Sun 8 Sutra 77 Krodhin 5126
Mesha Rasi: 14.3	Tithi 25 – 26	Gulika 1:26PM – 3:09PM Yama 9:59AM – 11:42AM Rahu 6:33AM – 8:16AM	Bharani Until 2:58AM Tue Sukarna Until 11:12AM Bava Until 7:07PM Dashami Until 7:59AM	Ganesha: Green Muruga: Clear Nataraja: Blue Moon – White Jyeshthar-Ani	Sunrise: 4:50AM Sunset: 6:39PM	Moon 6 - Phase 11 - 8 2nd Phase
Family Home Evening	Siddha Yoga	321867571				Devaloka Day
Creative Work	Siddha Yoga					
3 Tuesday, July 2, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Mangala Vasara Yuktiyayam Kritika Nakshatra Dhriti/Shula* Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 9 Sutra 78 Krodhin 5126
Mesha Rasi: 28.24	Tithi 26 – 27	Gulika 11:43AM – 1:26PM Yama 8:17AM – 10:00AM Rahu 3:09PM – 4:52PM	Kritika Until 2:01AM Wed Dhriti Until 8:47AM Taitila Until 4:42AM Wed Ekadashi* Until 6:15AM	Ganesha: Green Muruga: Clear Nataraja: Blue Moon – White Jyeshthar-Ani	Sunrise: 4:50AM Sunset: 6:39PM	Moon 6 - Phase 11 - 9 2nd Phase
Creative Work	Siddha Yoga	321867571				Devaloka Day
4 Wednesday, July 3, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Budha Vasara Yuktiyayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 10 Sutra 79 Krodhin 5126
Wishebbha Rasi: 12.11	Tithi 28	Gulika 10:00AM – 11:43AM Yama 6:34AM – 8:17AM Rahu 11:43AM – 1:26PM	Rohini Until 1:36AM Thu Shula* Until 6:31AM Gara Until 4:02PM Trayodashi* Until 3:24AM Thu Pradosha Vrata (Fasting)	Ganesha: White Muruga: Clear Nataraja: Blue Moon – Yellow Jyeshthar-Ani	Sunrise: 4:51AM Sunset: 6:39PM	Moon 6 - Phase 11 - 10 2nd Phase
Creative Work	Siddha Yoga	331867571				Devaloka Day
Until 1:36AM Thu						
Then Routine Work - Marana Yoga						
5 Thursday, July 4, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Guru Vasara Yuktiyayam Mrigashira Nakshatra Viddhi Yoga Visi*/Sakuni* Karana Chaturdashyam Titau				Manama, Bahrain Sun 11 Sutra 80 Krodhin 5126
Wishebbha Rasi: 25.48	Tithi 29	Gulika 8:17AM – 10:00AM Yama 4:51AM – 6:34AM Rahu 1:26PM – 3:09PM	Mrigashira Until 1:22AM Fri Viddhi Until 2:42AM Fri Visi Until 2:54PM Chaturdashi* Until 2:27AM Fri	Ganesha: White Muruga: Clear Nataraja: Blue Moon – Yellow Jyeshthar-Ani	Sunrise: 4:51AM Sunset: 6:39PM	Moon 6 - Phase 11 - 11 2nd Phase
Routine Work	Marana Yoga	331867571				Devaloka Day
Until 1:22AM Fri						
Then Creative Work - Siddha Yoga						
Friday, July 5, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Paksha Sukra Vasara Yuktiyayam Andra Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Manama, Bahrain Sun 12 Sutra 81 Krodhin 5126
Retreat Star		Gulika 6:35AM – 8:17AM Yama 3:09PM – 4:52PM Rahu 10:00AM – 11:43AM	Andra Until 1:24AM Sat Dhruva Until 1:15AM Sat Catuspada Until 2:09PM Amavasya* Until 1:55AM Sat	Ganesha: White Muruga: Clear Nataraja: Blue Moon – Yellow Jyeshthar-Ani	Sunrise: 4:52AM Sunset: 6:39PM	Moon 6 - Phase 11 - 12 Amavasya
Mithuna Rasi: 9.13	Tithi 30	331867571				Devaloka Day
Creative Work	Siddha Yoga					
Saturday, July 6, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Manta Vasara Yuktiyayam Punarvasu Nakshatra Vyaghata* Yoga Kirtughna*/Bava Karana Prathamayam Titau				Manama, Bahrain Sun 13 Sutra 82 Krodhin 5126
Retreat Star		Gulika 4:52AM – 6:35AM Yama 1:26PM – 3:09PM Rahu 8:18AM – 10:01AM	Punarvasu Until 2:15AM Sun Vyaghata* Until 12:14AM Sun Kirtughna Until 1:52PM Prathama* Until 1:54AM Sun	Ganesha: Clear Muruga: Clear Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 4:52AM Sunset: 6:39PM	Moon 6 - Phase 11 - 13 Prathama
Mithuna Rasi: 22.25	Tithi 1	441967571				Sivaloka Day
Creative Work	Siddha Yoga					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Manama, Bahrain on 7/10/23

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1	Sunday, July 7, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Bhanu Vesara Yuktayam Pushya Nakshatra Harshana Yoga Balava/Kaulava Karana Dvityayam Titau				Manama, Bahrain Sun 14 Sutra 83
	Kataka Rasi: 5.19	Tithi 2	Gulika Yama Rahu	3:09PM – 4:52PM 11:44AM – 1:26PM 4:52PM – 6:35PM	Pushya Until 3:30AM Mon Harshana Until 11:40PM Balava Until 2:08PM Dvitiya Until 2:28AM Mon	Ganesha: Clear Muruga: Clear Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 4:50AM Sunset: 6:39PM Moon 6 - Phase 12 - 15 3rd Phase
	Creative Work	Siddha Yoga	441967571				Sivaloka Day
2	Monday, July 8, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Indu Vesara Yuktayam Aashlesha* Nakshatra Vajra* Yoga Talila/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 15 Sutra 84
	Kataka Rasi: 17.57	Tithi 3	Gulika Yama Rahu	1:26PM – 3:09PM 8:19AM – 10:01AM 6:36AM – 8:18AM	Aashlesha* Until 5:11AM Tue Vajra* Until 11:34PM Taaila Until 3:00PM Tritiya Until 3:38AM Tue	Ganesha: Clear Muruga: Clear Nataraja: Blue Moon – Blue Ashada-Ani	Sunrise: 4:53AM Sunset: 6:34PM Moon 6 - Phase 12 - 15 3rd Phase
	Family Home Evening		441967571				Sivaloka Day
	Creative Work	Siddha Yoga					
3	Tuesday, July 9, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Mangala Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Vanja/Visi* Karana Chaturthiyam Titau				Manama, Bahrain Sun 16 Sutra 85
	Simha Rasi: 0.19	Tithi 4	Gulika Yama Rahu	11:44AM – 1:26PM 8:19AM – 10:01AM 3:09PM – 4:52PM	Magha* Until 7:44AM Wed Siddhi Until 11:55PM Vanija Until 4:28PM Chaturthi* Until 5:22AM Wed	Ganesha: Orange Muruga: Clear Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 4:53AM Sunset: 6:34PM Moon 6 - Phase 12 - 16 3rd Phase
	Creative Work	Siddha Yoga	451967571				Sivaloka Day
	Until 7:44AM Wed Then Creative Work - Amrita Yoga						
4	Wednesday, July 10, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Budha Vesara Yuktayam Magha* Nakshatra Siddhi Yajalpata* Yoga Bava Karana Panchamyam Titau				Manama, Bahrain Sun 17 Sutra 86
	Simha Rasi: 12.27	Tithi 5	Gulika Yama Rahu	10:01AM – 11:44AM 6:36AM – 8:19AM 11:44AM – 1:26PM	Magha* Until 7:44AM Yajalpata* Until 12:39AM Thu Bava Until 6:27PM Panchami Until 7:34AM Thu	Ganesha: Green Muruga: Clear Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 4:54AM Sunset: 6:34PM Moon 6 - Phase 12 - 17 3rd Phase
	Creative Work	Siddha Yoga	452967571				Devaloka Day
	Until 7:44AM Then Creative Work - Amrita Yoga						
5	Thursday, July 11, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varayan Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Manama, Bahrain Sun 18 Sutra 87
	Simha Rasi: 24.24	Tithi 5 – 6	Gulika Yama Rahu	8:19AM – 10:02AM 4:54AM – 6:37AM 1:27PM – 3:09PM	Purvaphalguni Until 10:33AM Varayan Until 1:37AM Fri Kaulava Until 8:48PM Panchami Until 7:34AM	Ganesha: Green Muruga: Clear Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 4:54AM Sunset: 6:34PM Moon 6 - Phase 12 - 18 3rd Phase
	Creative Work	Siddha Yoga	452967571				Devaloka Day
				Chidambaram Abhishekam			
6	Friday, July 12, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Parigaha* Yoga Talila/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 19 Sutra 88
	Kanya Rasi: 6.14	Tithi 6 – 7	Gulika Yama Rahu	6:37AM – 8:19AM 3:09PM – 4:51PM 10:02AM – 11:44AM	Uttaraphalguni Until 1:27PM Parigaha* Until 2:42AM Sat Gara Until 11:21PM Shashthi* Until 10:03AM	Ganesha: Green Muruga: Clear Nataraja: Blue Moon – Red Ashada-Ani	Sunrise: 4:55AM Sunset: 6:34PM Moon 6 - Phase 12 - 19 3rd Phase
	Creative Work	Siddha Yoga	452967571				Devaloka Day
	Until 1:27PM Then Creative Work - Amrita Yoga						
D	Saturday, July 13, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Manta Vesara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Vanja/Visi* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 20 Sutra 89
	Retreat Star		Gulika Yama Rahu	4:55AM – 6:37AM 1:27PM – 3:09PM 8:20AM – 10:02AM	Hasta Until 4:43PM Shiva Until 3:44AM Sun Visi Until 1:49AM Sun Saptami Until 12:35PM	Ganesha: Red Muruga: Clear Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 4:55AM Sunset: 6:33PM Moon 6 - Phase 12 - 20 Ashtami
	Kanya Rasi: 18.02	Tithi 7 – 8	462967571				Sivaloka Day
	Routine Work	Marana Yoga					
S	Sunday, July 14, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Paksha Bhanu Vesara Yuktayam Chitra Nakshatra Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 21 Sutra 90
	Retreat Star		Gulika Yama Rahu	3:09PM – 4:51PM 11:44AM – 1:27PM 4:51PM – 6:33PM	Chitra Until 7:34PM Siddha Until 4:27AM Mon Balava Until 3:57AM Mon Ashtami* Until 2:55PM	Ganesha: Red Muruga: Clear Nataraja: Blue Moon – Green Ashada-Ani	Sunrise: 4:56AM Sunset: 6:33PM Moon 6 - Phase 12 - 21 Navami
	Kanya Rasi: 29.54	Tithi 8 – 9	462967571				Sivaloka Day
	Creative Work	Siddha Yoga					

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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**Tuesday, July 23, 2024****Gold Retreat Star**

Makar

Rasi: 29.26 Tithi 17 - 18

Creative Work Siddha Yoga

Until 5:52PM

Then Routine Work - Marana Yoga

Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Mangala Vasara Yukhtayam
Dhanishtha/Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dhivija/Titilyagam Titau

Gulika 11:45AM - 1:26PM
Yama 8:22AM - 10:04AM
Rahu 3:07PM - 4:49PM

Dhanishtha Until 5:52PM
Ayushman Until 12:08PM
Vanija Until 6:33PM
Dvitiya Until 7:59AM

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon - Purple
Ashada-Adi

Sunrise: 5:00AM
Sunset: 6:30PM

Manama, Bahrain
Sun 1 Sutra 99
Krodhin 5126
Moon 7 - Phase 14 - 1
1st Phase

Devaloka Day**1****Wednesday, July 24, 2024**

Kumbha Rasi: 14.02 Tithi 19

Creative Work Siddha Yoga

Until 3:39PM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Budha Vasara Yukhtayam
Shatabhishak/Purvaprashthapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Chaturthiyam Titau

Gulika 10:04AM - 11:45AM
Yama 6:42AM - 8:23AM
Rahu 11:45AM - 1:26PM

Shatabhishak Until 3:39PM
Saubhagya Until 8:42AM
Bava Until 3:40PM
Chaturthi* Until 2:13AM Thu

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon - Purple
Ashada-Adi

Sunrise: 5:00AM
Sunset: 6:29PM

Manama, Bahrain
Sun 2 Sutra 100
Krodhin 5126
Moon 7 - Phase 14 - 2
1st Phase

Devaloka Day**2****Thursday, July 25, 2024**

Kumbha Rasi: 28.37 Tithi 20

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Guru Vasara Yukhtayam
Purvaprashthapada* Nakshatra Ahiganda* Yoga Kaulava/Taila Karana Panchamiam Titau

Gulika 8:23AM - 10:04AM
Yama 5:01AM - 6:42AM
Rahu 1:26PM - 3:07PM

Purvaprashthapada* Until 1:48PM
Ahiganda* Until 2:04AM Fri
Kaulava Until 12:52PM
Panchami Until 11:31PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon - Clear
Ashada-Adi

Sunrise: 5:01AM
Sunset: 6:29PM

Manama, Bahrain
Sun 3 Sutra 101
Krodhin 5126
Moon 7 - Phase 14 - 3
1st Phase

Devaloka Day**3****Friday, July 26, 2024**

Meena Rasi: 13.04 Tithi 21

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Sukra Vasara Yukhtayam
Uttaraprashthapada/Revati Nakshatra Sukama Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 6:42AM - 8:23AM
Yama 3:07PM - 4:48PM
Rahu 10:04AM - 11:45AM

Uttaraprashthapada Until 12:00PM
Sukama Until 11:00PM
Gara Until 10:15AM
Shashthi* Until 9:01PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon - Clear
Ashada-Adi

Sunrise: 5:01AM
Sunset: 6:28PM

Manama, Bahrain
Sun 4 Sutra 102
Krodhin 5126
Moon 7 - Phase 14 - 4
1st Phase

Devaloka Day**4****Saturday, July 27, 2024**

Meena Rasi: 27.2 Tithi 22

Routine Work Prabalarishta Yoga

Until 10:20AM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Manta Vasara Yukhtayam
Revati/Ashvini Nakshatra Dhriti Yoga Visti* Bava Karana Saptamiam Titau

Gulika 5:02AM - 6:43AM
Yama 1:26PM - 3:06PM
Rahu 8:23AM - 10:04AM

Revati Until 10:20AM
Dhriti Until 8:12PM
Visti Until 7:54AM
Saptami Until 6:50PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon - Clear
Ashada-Adi

Sunrise: 5:02AM
Sunset: 6:28PM

Manama, Bahrain
Sun 5 Sutra 103
Krodhin 5126
Moon 7 - Phase 14 - 5
1st Phase

Devaloka Day**5****Sunday, July 28, 2024****Retreat Star**

Meesha Rasi: 11.25 Tithi 23 - 24

Creative Work Siddha Yoga

Until 9:16AM

Then Routine Work - Prabalarishta Yoga

Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Bhanu Vasara Yukhtayam
Ashvini/Bharani Nakshatra Shula* Ganda* Yoga Kaulava/Taila Karana Ashtami/Navamiam Titau

Gulika 3:06PM - 4:47PM
Yama 11:45AM - 1:26PM
Rahu 4:47PM - 6:27PM

Ashvini Until 9:16AM
Shula* Until 5:39PM
Taila Until 4:11AM Mon
Ashtami* Until 4:58PM

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon - White
Ashada-Adi

Sunrise: 5:02AM
Sunset: 6:27PM

Manama, Bahrain
Sun 6 Sutra 104
Krodhin 5126
Moon 7 - Phase 14 - 6
Ashtami

Sivaloka Day**Monday, July 29, 2024****Retreat Star**

Meesha Rasi: 25.17 Tithi 24 - 25

Family Home Evening

Creative Work Siddha Yoga

Until 8:24AM

Then Routine Work - Marana Yoga

Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Krishna Paksha Indu Vasara Yukhtayam
Bharani/Krittika Nakshatra Ganda* Viddhi Yoga Gara/Vanija Karana Navami/Dashamiam Titau

Gulika 1:25PM - 3:06PM
Yama 10:04AM - 11:45AM
Rahu 6:43AM - 8:24AM

Bharani Until 8:24AM
Ganda* Until 3:23PM
Vanija Until 2:50AM Tue
Navami* Until 3:26PM

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon - White
Ashada-Adi

Sunrise: 5:03AM
Sunset: 6:27PM

Manama, Bahrain
Sun 7 Sutra 105
Krodhin 5126
Moon 7 - Phase 14 - 7
Navami

Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Manama, Bahrain on 7/10/23

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1	Tuesday, July 30, 2024		Krodhin Nama Sarvatoara Dakshinaya Narana Ritou Katoka Mase Krishna Pekohe Mangala Vazara Yukitayam Kritika/Rohini Nakshatra Viddhi/Dhruva Yoga Vidi*/Bava Karana Dashami/Ekadashtyam Titau				Manama, Bahrain Sun 8 Sutra 106
	Wishabha Rasi: 8.56	Tithi 25 – 26	Gulika Yama 423167572 Rahu	11:45AM – 1:25PM 8:24AM – 10:05AM 3:06PM – 4:46PM	Kritika Until 7:44AM Viddhi Until 1:25PM Bava Until 1:50AM Wed Dashami Until 2:16PM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – White Ashada-Adi	Sunrise: 5:04AM Sunset: 6:26PM Moon 7 - Phase 15 - 8 2nd Phase
	Creative Work	Siddha Yoga	Until 7:44AM Then Creative Work - Amrita Yoga				Sivaloka Day
2	Wednesday, July 31, 2024		Krodhin Nama Sarvatoara Dakshinaya Narana Ritou Katoka Mase Krishna Pekohe Budha Vazara Yukitayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Bava/Kaulava Karana Ekadashi/Dwadashyam Titau				Manama, Bahrain Sun 9 Sutra 107
	Wishabha Rasi: 22.22	Tithi 26 – 27	Gulika Yama 433167572 Rahu	10:05AM – 11:45AM 6:44AM – 8:24AM 11:45AM – 1:25PM	Rohini Until 7:42AM Dhruva Until 11:42AM Kaulava Until 1:11AM Thu Ekadashi* Until 1:27PM	Ganesha: Clear Muruga: Clear Nataraja: Yellow Moon – Yellow Ashada-Adi	Sunrise: 5:04AM Sunset: 6:26PM Moon 7 - Phase 15 - 9 2nd Phase
	Creative Work	Siddha Yoga					Devaloka Day
3	Thursday, August 1, 2024		Krodhin Nama Sarvatoara Dakshinaya Narana Ritou Katoka Mase Krishna Pekohe Guru Vazara Yukitayam Migashira/Vedra Nakshatra Vyaghata*/Harshana Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 10 Sutra 108
	Mithuna Rasi: 5.37	Tithi 27 – 28	Gulika Yama 433167572 Rahu	8:25AM – 10:05AM 5:05AM – 6:45AM 1:25PM – 3:05PM	Mrigashira Until 7:53AM Vyaghata* Until 10:18AM Gara Until 12:56AM Fri Dvadashi* Until 12:59PM	Ganesha: Clear Muruga: Clear Nataraja: Yellow Moon – Yellow Ashada-Adi	Sunrise: 5:05AM Sunset: 6:25PM Moon 7 - Phase 15 - 10 2nd Phase
	Routine Work	Marana Yoga					Devaloka Day
Pradosha Vrata (Fasting)							
4	Friday, August 2, 2024		Krodhin Nama Sarvatoara Dakshinaya Narana Ritou Katoka Mase Krishna Pekohe Marita Vazara Yukitayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 11 Sutra 109
	Mithuna Rasi: 18.4	Tithi 28 – 29	Gulika Yama 433167572 Rahu	6:45AM – 8:25AM 3:04PM – 4:44PM 10:05AM – 11:45AM	Ardra Until 8:18AM Harshana Until 9:13AM Visti Until 1:05AM Sat Trayodashi* Until 12:56PM	Ganesha: Clear Muruga: Clear Nataraja: Yellow Moon – Yellow Ashada-Adi	Sunrise: 5:05AM Sunset: 6:24PM Moon 7 - Phase 15 - 11 2nd Phase
	Creative Work	Siddha Yoga					Devaloka Day
	Saturday, August 3, 2024		Krodhin Nama Sarvatoara Dakshinaya Narana Ritou Katoka Mase Krishna Pekohe Manita Vazara Yukitayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain Sun 12 Sutra 110
	Retreat Star		Gulika Yama 443167572 Rahu	5:05AM – 6:45AM 1:24PM – 3:04PM 8:25AM – 10:05AM	Punarvasu Until 9:26AM Vajra* Until 8:27AM Catuspada Until 1:42AM Sun Chaturdashi* Until 1:19PM	Ganesha: Orange Muruga: Clear Nataraja: Yellow Moon – Blue Ashada-Adi	Sunrise: 5:05AM Sunset: 6:24PM Moon 7 - Phase 15 - 12 Amavasya
	Kataka Rasi: 1.3	Tithi 29 – 30					Devaloka Day
	Sunday, August 4, 2024		Krodhin Nama Sarvatoara Dakshinaya Narana Ritou Katoka Mase Sukla Pekohe Bhruva Vazara Yukitayam Pushya/Kathista* Nakshatra Siddhi/Vyetalpa* Yoga Naga*/Kirtughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 13 Sutra 111
	Retreat Star		Gulika Yama 443167572 Rahu	3:04PM – 4:43PM 11:44AM – 1:24PM 4:43PM – 6:23PM	Pushya Until 10:53AM Siddhi Until 8:04AM Kirtughna Until 2:48AM Mon Amavasya* Until 2:10PM	Ganesha: Orange Muruga: Clear Nataraja: Yellow Moon – Blue Savana-Adi	Sunrise: 5:06AM Sunset: 6:23PM Moon 7 - Phase 15 - 13 Prathama
	Kataka Rasi: 14.07	Tithi 30 – 1					Devaloka Day
	Creative Work	Siddha Yoga					

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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1 Monday, August 5, 2024		Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam Ashlesha* Magha* Nakshatra Vyatipata* Varjaya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 14 Sutra 112 Krodhin 5106	
Kataka Rasi: 26.31	Tithi 1 – 2	Gulika	1:24PM – 3:03PM	Ashlesha* Until 12:38PM	Ganesha: Orange	Sunrise: 5:06AM	
Family Home Evening		Yama	10:05AM – 11:44AM	Vyatiyata* Until 8:05AM	Muruga: Clear	Sunset: 6:22PM	Moon 7 - Phase 16 - 14
Creative Work Siddha Yoga	443167572	Rahu	6:46AM – 8:25AM	Balava Until 4:24AM Tue	Nataraja: Yellow		3rd Phase
Until 12:38PM				Prathama* Until 3:31PM	Moon – Blue		
Then Routine Work – Marana Yoga					Savana-Adi		Devaloka Day
2 Tuesday, August 6, 2024		Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam Magha* Nakshatra Vyatipata* Varjaya Yoga Kaulava/Tailita Karana Dvitiya/Tritiyayam Titau				Manama, Bahrain Sun 15 Sutra 113 Krodhin 5106	
Simha Rasi: 8.42	Tithi 2 – 3	Gulika	11:44AM – 1:24PM	Magha* Until 3:11PM	Ganesha: White	Sunrise: 5:07AM	
		Yama	8:26AM – 10:05AM	Varjaya Until 8:26AM	Muruga: Clear	Sunset: 6:21PM	Moon 7 - Phase 16 - 15
Creative Work Siddha Yoga	454167572	Rahu	3:03PM – 4:42PM	Tailita Until 6:27AM Wed	Nataraja: Yellow		3rd Phase
				Dvitiya Until 5:21PM	Moon – Red		
					Savana-Adi		Bhuloka Day Devaloka Time: 3PM to 6PM
3 Wednesday, August 7, 2024		Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam Purvaphalguni Nakshatra Parigraha* Shiva Yoga Tailita/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 114 Krodhin 5106	
Simha Rasi: 20.43	Tithi 3	Gulika	10:05AM – 11:44AM	Purvaphalguni Until 5:59PM	Ganesha: White	Sunrise: 5:07AM	
		Yama	8:26AM – 10:05AM	Parigraha* Until 9:09AM	Muruga: Clear	Sunset: 6:21PM	Moon 7 - Phase 16 - 16
Creative Work Amrita Yoga	454167572	Rahu	11:44AM – 1:23PM	Tailita Until 6:27AM	Nataraja: Yellow		3rd Phase
				Tritiya Until 7:36PM	Moon – Red		
					Savana-Adi		Bhuloka Day Devaloka Time: 3PM to 6PM
4 Thursday, August 8, 2024		Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Vanija/Vishti* Karana Chaturthiyam Titau				Manama, Bahrain Sun 17 Sutra 115 Krodhin 5106	
Kanya Rasi: 2.35	Tithi 4	Gulika	8:26AM – 10:05AM	Uttaraphalguni Until 8:53PM	Ganesha: White	Sunrise: 5:08AM	
		Yama	6:47AM – 8:26AM	Shiva Until 10:08AM	Muruga: Clear	Sunset: 6:20PM	Moon 7 - Phase 16 - 17
Amrita Yoga	454167572	Rahu	1:23PM – 3:02PM	Vanija Until 6:51AM	Nataraja: Yellow		3rd Phase
Until 8:53PM				Chaturthi* Until 10:08PM	Moon – Red		
Then Routine Work – Marana Yoga					Savana-Adi		Bhuloka Day Devaloka Time: 3PM to 6PM
5 Friday, August 9, 2024		Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Sukra Vasara Yuktayam Hasta Nakshatra Siddha/Sadhyha Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 116 Krodhin 5106	
Kanya Rasi: 14.23	Tithi 5	Gulika	6:47AM – 8:26AM	Hasta Until 12:14AM Sat	Ganesha: Clear	Sunrise: 5:08AM	
		Yama	5:08AM – 6:47AM	Siddha Until 11:14AM	Muruga: Clear	Sunset: 6:19PM	Moon 7 - Phase 16 - 18
Creative Work Amrita Yoga	464167572	Rahu	10:05AM – 11:44AM	Bava Until 11:28AM	Nataraja: Yellow		3rd Phase
Until 12:14AM Sat					Moon – Green		
Then Routine Work – Marana Yoga		Nag Panchami		Panchami Until 12:45AM Sat	Savana-Adi		Devaloka Day
6 Saturday, August 10, 2024		Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Manta Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Tailita Karana Saptamyam Titau				Manama, Bahrain Sun 19 Sutra 117 Krodhin 5106	
Kanya Rasi: 26.09	Tithi 6	Gulika	5:09AM – 6:48AM	Chitra Until 3:18AM Sun	Ganesha: Clear	Sunrise: 5:09AM	
		Yama	1:22PM – 3:01PM	Sadhyha Until 12:21PM	Muruga: Clear	Sunset: 6:19PM	Moon 7 - Phase 16 - 19
Routine Work Marana Yoga	464167572	Rahu	8:26AM – 10:05AM	Kaulava Until 2:04PM	Nataraja: Yellow		3rd Phase
Until 3:18AM Sun				Shashthi* Until 3:16AM Sun	Moon – Green		
Then Creative Work – Siddha Yoga					Savana-Adi		Devaloka Day
Sunday, August 11, 2024		Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Bhanu Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 118 Krodhin 5106	
Retreat Star		Gulika	3:01PM – 4:39PM	Svati Until 5:52AM Mon	Ganesha: Clear	Sunrise: 5:09AM	
Tula Rasi: 7.59	Tithi 7	Yama	11:44AM – 1:22PM	Subha Until 1:18PM	Muruga: Clear	Sunset: 6:18PM	Moon 7 - Phase 16 - 20
Creative Work Siddha Yoga	464167572	Rahu	4:39PM – 6:18PM	Gara Until 4:25PM	Nataraja: Yellow		3rd Phase
Until 5:52AM Mon				Saptami Until 5:25AM Mon	Moon – Green		
Then Routine Work – Marana Yoga					Savana-Adi		Devaloka Day
Monday, August 12, 2024		Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Indu Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Vesi* Karana Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 119 Krodhin 5106	
Retreat Star		Gulika	1:22PM – 3:00PM	Vishakha Until 8:13AM Tue	Ganesha: Clear	Sunrise: 5:10AM	
Tula Rasi: 19.58	Tithi 8	Yama	10:05AM – 11:43AM	Sukla Until 1:54PM	Muruga: Clear	Sunset: 6:17PM	Moon 7 - Phase 16 - 21
Family Home Evening	464167572	Rahu	6:48AM – 8:27AM	Visti Until 6:19PM	Nataraja: Yellow		Ashtami
Routine Work Marana Yoga				Ashtami* Until 7:01AM Tue	Moon – Green		
Until 8:13AM Tue					Savana-Adi		Devaloka Day
Then Creative Work – Siddha Yoga							
Tuesday, August 13, 2024		Krodhin Nama Samvatsara Dakshinaya Nartana Ritau Kataka Mase Sukla Paksha Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 22 Sutra 120 Krodhin 5106	
Retreat Star		Gulika	11:43AM – 1:21PM	Vishakha Until 8:13AM	Ganesha: Purple	Sunrise: 5:10AM	
Vischika Rasi: 2.11	Tithi 8 – 9	Yama	8:27AM – 10:05AM	Brahma Until 2:01PM	Muruga: Clear	Sunset: 6:17PM	Moon 7 - Phase 16 - 22
Routine Work Marana Yoga	474167572	Rahu	3:00PM – 4:38PM	Balava Until 7:34PM	Nataraja: Yellow		Navami
Until 8:13AM				Ashtami* Until 7:01AM	Moon – Orange		
Then Creative Work – Siddha Yoga					Savana-Adi		Bhuloka Day Devaloka Time: 3PM to 6PM

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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1	Wednesday, August 14, 2024		Krodhin Nama Samvatsara Dakshinayya Narana Ritau Kataka Mase Sukla Paksha Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indira/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau		Manama, Bahrain Sun 23 Sutra 121	
	Wischika Rasi: 14.42 Tithi 9 – 10	Gulika 10:05AM – 11:43AM Yama 6:49AM – 8:27AM 474167572 Rahu 11:43AM – 1:21PM	Anuradha Until 9:41AM Indira Until 1:34PM Taillila Until 8:02PM Navami* Until 7:53AM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Orange Sravana-Adi	Sunrise: 5:11AM Sunset: 6:15PM Moon 7 - Phase 17 - 23 4th Phase	
	Creative Work Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	
2	Thursday, August 15, 2024		Krodhin Nama Samvatsara Dakshinayya Narana Ritau Kataka Mase Sukla Paksha Guru Vasara Yuktayam Jyeshtha/Mula* Nakshatra Vaidhriti/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau		Manama, Bahrain Sun 24 Sutra 122	
	Wischika Rasi: 27.37 Tithi 10 – 11	Gulika 8:27AM – 10:05AM Yama 5:11AM – 6:49AM 474167572 Rahu 1:21PM – 2:59PM	Jyeshtha* Until 10:12AM Vaidhriti* Until 12:26PM Vanija Until 7:40PM Dashami Until 7:56AM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Orange Sravana-Adi	Sunrise: 5:11AM Sunset: 6:14PM Moon 7 - Phase 17 - 24 4th Phase	
	Routine Work Prabalarishtha Yoga Until 10:12AM Then Creative Work - Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	
3	Friday, August 16, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Guru Vasara Yuktayam Mula/Purvashadha* Nakshatra Vishkambha* Priti Yoga Vaisi/Bava Karana Ekadashi/Dwadashtyam Titau		Manama, Bahrain Sun 25 Sutra 123	
	Dhanus Rasi: 10.56 Tithi 11 – 12	Gulika 6:49AM – 8:27AM Yama 2:58PM – 4:36PM 484167572 Rahu 10:05AM – 11:43AM	Mula* Until 10:12AM Vishkambha* Until 10:40AM Bava Until 6:30PM Ekadashi Until 7:09AM	Ganesha: Clear Muruga: Clear Nataraja: Yellow Moon – Light Blue Sravana-Avanti	Sunrise: 5:12AM Sunset: 6:13PM Moon 7 - Phase 17 - 25 4th Phase	
	Creative Work Amrita Yoga Until 10:12AM Then Routine Work - Prabalarishtha Yoga	Varalakshmi Vratam			Devaloka Day	
4	Saturday, August 17, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Merita Vasara Yuktayam Purvashadha*Uttarashadha Nakshatra Priti/Ayushman Yoga Kaualeva/Taillila Karana Trayodashyam Titau		Manama, Bahrain Sun 26 Sutra 124	
	Dhanus Rasi: 24.43 Tithi 13	Gulika 5:12AM – 6:50AM Yama 1:20PM – 2:57PM 584167572 Rahu 8:27AM – 10:05AM	Purvashadha* Until 9:19AM Priti Until 8:17AM Kaualeva Until 4:36PM Trayodashi Until 3:24AM Sun <i>Pradosha Vrata</i>	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Light Blue Sravana-Avanti	Sunrise: 5:12AM Sunset: 6:12PM Moon 7 - Phase 17 - 26 4th Phase	
	Creative Work Siddha Yoga Until 9:19AM Then Routine Work - Marana Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM	
5	Sunday, August 18, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Shanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau		Manama, Bahrain Sun 27 Sutra 125	
	Makara Rasi: 8.55 Tithi 14	Gulika 2:57PM – 4:34PM Yama 11:42AM – 1:19PM 584167572 Rahu 4:34PM – 6:12PM	Uttarashadha Until 7:38AM Saubhagya Until 2:00AM Mon Gara Until 2:06PM Chaturdashi* Until 12:39AM Mon	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Light Blue Sravana-Avanti	Sunrise: 5:13AM Sunset: 6:12PM Moon 7 - Phase 17 - 27 4th Phase	
	Creative Work Amrita Yoga	Chidambaram Abhishekam			Bhuloka Day Devaloka Time: 3PM to 6PM	
	Monday, August 19, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Indu Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Vaisi/Bava Karana Purnimayam Titau		Manama, Bahrain Sun 28 Sutra 126	
	Makara Rasi: 23.29 Tithi 15	Gulika 1:19PM – 2:56PM Yama 10:05AM – 11:42AM 595167572 Rahu 6:50AM – 8:28AM	Dhanishtha Until 3:20AM Tue Sobhana Until 10:21PM Visti Until 11:08AM Purnima* Until 9:31PM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Purple Sravana-Avanti	Sunrise: 5:13AM Sunset: 6:11PM Moon 7 - Phase 17 - Purnima	
	Copper Retreat Star Family Home Evening Creative Work Siddha Yoga Until 3:20AM Tue Then Routine Work - Marana Yoga	Avanti Avittam			Sivaloka Day	
6	Tuesday, August 20, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam Shatabhishak Nakshatra Athiganda* Yoga Balava/Kaualeva Karana Prathamayam Titau		Manama, Bahrain Sun 29 Sutra 127	
	Kumbha Rasi: 8.19 Tithi 16	Gulika 11:42AM – 1:19PM Yama 8:28AM – 10:05AM 595167572 Rahu 2:56PM – 4:33PM	Shatabhishak Until 12:36AM Wed Athiganda* Until 6:29PM Balava Until 7:52AM Prathama* Until 6:09PM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Purple Sravana-Avanti	Sunrise: 5:14AM Sunset: 6:10PM Moon 7 - Phase 17 - Prathama	
	Routine Work Marana Yoga Until 12:36AM Wed Then Creative Work - Amrita Yoga				Sivaloka Day	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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Wednesday, August 21, 2024

Gold Retreat Star

Kumbha Rasi: 23.16 Tithi 17 - 18

Creative Work Amrita Yoga

Until 10:08PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam
Puravproshthapada Nakshatra Sukarna Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyeam Titau

Gulika

Yama

515167572 Rahu

10:05AM - 11:41AM

6:51AM - 8:28AM

11:41AM - 1:18PM

Puravproshthapada* Until 10:08PM

Sukarna Until 2:34PM

Vanija Until 1:02AM Thu

Dvitiya Until 2:43PM

Ganesha: Purple

Muruga: Clear

Nataraja: Yellow

Moon - Clear

Sravana-Avani

Sunrise: 5:14AM

Sunset: 6:09PM

Manama, Bahrain

Sun 1 Sutra 128

Krodhin 5106

Moon 8 - Phase 18 - 1

1st Phase

Sivaloka Day

1 Thursday, August 22, 2024

Meena Rasi: 8.13 Tithi 18 - 19

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam

Uttarproshthapada Nakshatra Dhriti/Shula* Yoga Vasi*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika

Yama

515167572 Rahu

8:28AM - 10:04AM

5:14AM - 6:51AM

1:18PM - 2:54PM

Uttarproshthapada Until 7:38PM

Dhriti Until 10:44AM

Bava Until 9:46PM

Tritiya Until 11:21AM

Ganesha: Purple

Muruga: Clear

Nataraja: Yellow

Moon - Clear

Sravana-Avani

Sunrise: 5:14AM

Sunset: 6:09PM

Manama, Bahrain

Sun 2 Sutra 129

Krodhin 5106

Moon 8 - Phase 18 - 2

1st Phase

Sivaloka Day

2 Friday, August 23, 2024

Meena Rasi: 23.01 Tithi 19 - 20

Creative Work Siddha Yoga

Until 5:17PM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam

Revati/Ashvini Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika

Yama

515167572 Rahu

6:51AM - 8:28AM

2:54PM - 4:30PM

10:04AM - 11:41AM

Revati Until 5:17PM

Shula* Until 7:02AM

Kaulava Until 6:46PM

Chaturthi* Until 8:12AM

Ganesha: Purple

Muruga: Clear

Nataraja: Yellow

Moon - Clear

Sravana-Avani

Sunrise: 5:15AM

Sunset: 6:07PM

Manama, Bahrain

Sun 3 Sutra 130

Krodhin 5106

Moon 8 - Phase 18 - 3

1st Phase

Sivaloka Day

3 Saturday, August 24, 2024

Mesha Rasi: 7.35 Tithi 21

Creative Work Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Manta Vasara Yuktayam

Ashvini/Bharani Nakshatra Vridhi* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika

Yama

525267572 Rahu

5:15AM - 6:52AM

1:17PM - 2:53PM

8:28AM - 10:04AM

Ashvini Until 3:35PM

Vridhi Until 12:35AM Sun

Gara Until 4:09PM

Shashthi* Until 3:00AM Sun

Ganesha: Purple

Muruga: Clear

Nataraja: Yellow

Moon - White

Sravana-Avani

Sunrise: 5:15AM

Sunset: 6:06PM

Manama, Bahrain

Sun 4 Sutra 131

Krodhin 5106

Moon 8 - Phase 18 - 4

1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

4 Sunday, August 25, 2024

Mesha Rasi: 21.51 Tithi 22

Routine Work Prabalarishta Yoga

Until 2:12PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yuktayam

Bharani/Krittika Nakshatra Dhruva Yoga Vasi*/Bava Karana Saptamyam Titau

Gulika

Yama

525267572 Rahu

2:53PM - 4:29PM

11:40AM - 1:16PM

4:29PM - 6:05PM

Bharani Until 2:12PM

Dhruva Until 9:55PM

Vasi Until 2:01PM

Saptami Until 1:08AM Mon

Ganesha: Purple

Muruga: Clear

Nataraja: Yellow

Moon - White

Sravana-Avani

Sunrise: 5:16AM

Sunset: 6:05PM

Manama, Bahrain

Sun 5 Sutra 132

Krodhin 5106

Moon 8 - Phase 18 - 5

1st Phase

Bhuloka Day

Devaloka Time: 3PM to 6PM

Monday, August 26, 2024

Retreat Star

Visahba Rasi: 5.47 Tithi 23

Family Home Evening

Routine Work Marana Yoga

Until 1:13PM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam

Krittika/Rohini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika

Yama

525267572 Rahu

1:16PM - 2:52PM

10:04AM - 11:40AM

6:52AM - 8:28AM

Krittika Until 1:13PM

Vyaghata* Until 7:43PM

Balava Until 12:25PM

Ashtami* Until 11:48PM

Ganesha: Purple

Muruga: Clear

Nataraja: Yellow

Moon - White

Sravana-Avani

Sunrise: 5:16AM

Sunset: 6:04PM

Manama, Bahrain

Sun 6 Sutra 133

Krodhin 5106

Moon 8 - Phase 18 - 6

Ashtami

Bhuloka Day

Devaloka Time: 3PM to 6PM

Tuesday, August 27, 2024

Retreat Star

Visahba Rasi: 19.22 Tithi 24

Creative Work Amrita Yoga

Until 1:05PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsara Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Mangala Vasara Yuktayam

Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Taillita/Gara Karana Navamyam Titau

Gulika

Yama

535267573 Rahu

11:40AM - 1:16PM

8:28AM - 10:04AM

2:51PM - 4:27PM

Rohini Until 1:05PM

Harshana Until 5:58PM

Taillita Until 11:22AM

Navami* Until 11:02PM

Ganesha: Clear

Muruga: Clear

Nataraja: White

Moon - Yellow

Sravana-Avani

Sunrise: 5:17AM

Sunset: 6:03PM

Manama, Bahrain

Sun 7 Sutra 134

Krodhin 5106

Moon 8 - Phase 18 - 7

Navami

Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Manama, Bahrain on 7/10/23

www.gurudeva.org/panchang

1	Wednesday, August 28, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Budha Vasara Yuktayam Mrigashira/Andra Nakshatra Vajra/Siddhi Yoga Vanija/Visi* Karana Dashamyam Tilau				Manama, Bahrain Sun 8 Sutra 135
	Mithuna Rasi: 2.39	Tithi 25	Gulika Yama 536277573 Rahu	10:04AM - 11:39AM 6:53AM - 8:28AM 11:39AM - 1:15PM	Mrigashira Until 1:21PM Vajra* Until 4:38PM Vanija Until 10:53AM Dashami Until 10:49PM	Ganesha: White Muruga: Orange Nataraja: White Moon - Yellow Sraavana-Avani	Sunrise: 5:17AM Sunset: 6:02PM Moon 8 - Phase 19 - 8 2nd Phase
	Creative Work	Siddha Yoga					Subha Sivaloka Day
2	Thursday, August 29, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Guru Vasara Yuktayam Punarvasu Nakshatra Vyatipata/Variyan Yoga Kaulava/Taitila Karana Ekadashyam Tilau				Manama, Bahrain Sun 9 Sutra 136
	Mithuna Rasi: 15.39	Tithi 26	Gulika Yama 536277573 Rahu	8:28AM - 10:04AM 5:17AM - 6:53AM 1:15PM - 2:50PM	Andra Until 1:58PM Siddhi Until 3:44PM Bava Until 10:55AM Ekadashi* Until 11:07PM	Ganesha: White Muruga: Orange Nataraja: White Moon - Yellow Sraavana-Avani	Sunrise: 5:17AM Sunset: 6:02PM Moon 8 - Phase 19 - 9 2nd Phase
	Routine Work	Marana Yoga					Subha Sivaloka Day
	Until 1:58PM						
3	Friday, August 30, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Sukra Vasara Yuktayam Punarvasu Nakshatra Vyatipata/Variyan Yoga Kaulava/Taitila Karana Dvadashyam Tilau				Manama, Bahrain Sun 10 Sutra 137
	Mithuna Rasi: 28.23	Tithi 27	Gulika Yama 546277573 Rahu	6:53AM - 8:28AM 2:49PM - 4:25PM 10:04AM - 11:39AM	Punarvasu Until 3:23PM Vyatipata* Until 3:14PM Kaulava Until 11:28AM Dvadashi* Until 11:54PM	Ganesha: Yellow Muruga: Orange Nataraja: White Moon - Blue Sraavana-Avani	Sunrise: 5:18AM Sunset: 6:00PM Moon 8 - Phase 19 - 10 2nd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
	Until 3:23PM						
4	Saturday, August 31, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Varian/Parigraha* Yoga Gara/Vanija Karana Trayodashyam Tilau				Manama, Bahrain Sun 11 Sutra 138
	Kalkata Rasi: 10.55	Tithi 28	Gulika Yama 546277573 Rahu	5:18AM - 6:53AM 1:14PM - 2:49PM 8:28AM - 10:03AM	Pushya Until 5:07PM Varian Until 3:04PM Gara Until 12:30PM Trayodashi* Until 1:09AM Sun Pradosha Vrata (Fasting)	Ganesha: Yellow Muruga: Orange Nataraja: White Moon - Blue Sraavana-Avani	Sunrise: 5:18AM Sunset: 5:59PM Moon 8 - Phase 19 - 11 2nd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
	Until 5:07PM						
5	Sunday, September 1, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Bhanu Vasara Yuktayam Ashlesha* Nakshatra Parigraha/Shiva Yoga Vasi*/Sakuni* Karana Chaturdashyam Tilau				Manama, Bahrain Sun 12 Sutra 139
	Kalkata Rasi: 23.15	Tithi 29	Gulika Yama 546277573 Rahu	2:48PM - 4:23PM 11:38AM - 1:13PM 4:23PM - 5:58PM	Ashlesha* Until 7:05PM Parigraha* Until 3:16PM Vasi Until 1:58PM Chaturdashi* Until 2:50AM Mon	Ganesha: Yellow Muruga: Orange Nataraja: White Moon - Blue Sraavana-Avani	Sunrise: 5:19AM Sunset: 5:57PM Moon 8 - Phase 19 - 12 2nd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
	Until 7:05PM						
	Monday, September 2, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Paksha Indu Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Catuspada*Naga* Karana Amavasyayam Tilau				Manama, Bahrain Sun 13 Sutra 140
	Retreat Star	Tithi 30	Gulika Yama 556277573 Rahu	1:13PM - 2:47PM 10:03AM - 11:38AM 6:54AM - 8:29AM	Magha* Until 9:47PM Shiva Until 3:47PM Catuspada Until 3:50PM Amavasya* Until 4:53AM Tue	Ganesha: Red Muruga: Orange Nataraja: White Moon - Red Sraavana-Avani	Sunrise: 5:19AM Sunset: 5:57PM Moon 8 - Phase 19 - 13 Amavasya
	Family Home Evening	Marana Yoga					Sivaloka Day
	Until 9:47PM						
	Tuesday, September 3, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Paksha Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddha/Sadhyu Yoga Kintughna* Karana Prathamayam Tilau				Manama, Bahrain Sun 14 Sutra 141
	Retreat Star	Tithi 1	Gulika Yama 556277573 Rahu	11:38AM - 1:12PM 8:29AM - 10:03AM 2:47PM - 4:21PM	Purvaphalguni Until 12:38AM Wed Siddha Until 4:32PM Kintughna Until 6:04PM Prathama* Until 7:16AM Wed	Ganesha: Red Muruga: Orange Nataraja: White Moon - Red Bhadrapada-Avani	Sunrise: 5:20AM Sunset: 5:56PM Moon 8 - Phase 19 - 14 Prathama
	Creative Work	Siddha Yoga					Sivaloka Day
	Until 12:38AM Wed						
	Then Creative Work - Amrita Yoga						

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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www.gurudeva.org/panchang

1		Wednesday, September 4, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Subha Yoga Bava/Balava Karana Prathamam/Dvityayam Titau		Manama, Bahrain Sun 15 Sutra 142	
Simha Rasi: 29.18		Tithi 1 – 2		Gulika 10:03AM – 11:37AM Yama 6:54AM – 8:29AM 556277573 Rahu 11:37AM – 1:12PM		Uttaraphalguni Until 3:33AM Thu Sadhya Until 5:31PM Balava Until 8:35PM Prathamam* Until 7:16AM	
Creative Work Amrita Yoga		Until 3:33AM Thu		Ganesha: Red Muruga: Orange Nataraja: White Moon – Red Bhadrapada-Avani		Sunrise: 5:20AM Sunset: 5:54PM Moon 8 - Phase 20 - 16 3rd Phase	
Then Routine Work - Marana Yoga						Sivaloka Day	
2		Thursday, September 5, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Guru Vasara Yuktayam Hasta Nakshatra Subha Yoga Kaulava/Taillita Karana Dvitya/Tritiyayam Titau		Manama, Bahrain Sun 16 Sutra 143	
Kanya Rasi: 11.06		Tithi 2 – 3		Gulika 8:29AM – 10:03AM Yama 5:20AM – 6:55AM 567277573 Rahu 1:11PM – 2:45PM		Hasta Until 6:56AM Fri Subha Until 6:38PM Taillita Until 11:14PM Dvitya Until 9:53AM	
Routine Work Marana Yoga		Until 6:56AM Fri		Ganesha: Blue Muruga: Orange Nataraja: White Moon – Green Bhadrapada-Avani		Sunrise: 5:20AM Sunset: 5:53PM Moon 8 - Phase 20 - 16 3rd Phase	
Then Creative Work - Siddha Yoga						Devaloka Day	
3		Friday, September 6, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Manama, Bahrain Sun 17 Sutra 144	
Kanya Rasi: 22.52		Tithi 3 – 4		Gulika 6:55AM – 8:29AM Yama 1:10PM – 2:44PM 567277573 Rahu 10:03AM – 11:37AM		Hasta Until 6:56AM Sukla Until 7:45PM Vanija Until 1:55AM Sat Tritiya Until 12:34PM	
Creative Work Amrita Yoga		Until 6:56AM		Ganesha: Blue Muruga: Orange Nataraja: White Moon – Green Bhadrapada-Avani		Sunrise: 5:21AM Sunset: 5:52PM Moon 8 - Phase 20 - 17 3rd Phase	
Then Creative Work - Siddha Yoga						Devaloka Day	
4		Saturday, September 7, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Manta Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visti/Bava Karana Chaturthi/Panchanyam Titau		Manama, Bahrain Sun 18 Sutra 145	
Tula Rasi: 4.38		Tithi 4 – 5		Gulika 5:21AM – 6:55AM Yama 1:10PM – 2:44PM 567277573 Rahu 8:29AM – 10:02AM		Chitra Until 10:05AM Brahma Until 8:47PM Bava Until 4:25AM Sun Chaturthi* Until 3:10PM	
Routine Work Marana Yoga		Until 10:05AM		Ganesha: Blue Muruga: Orange Nataraja: White Moon – Green Bhadrapada-Avani		Sunrise: 5:21AM Sunset: 5:51PM Moon 8 - Phase 20 - 18 3rd Phase	
Then Creative Work - Siddha Yoga						Devaloka Day	
5		Sunday, September 8, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Shanu Vasara Yuktayam Indra/Svati Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Manama, Bahrain Sun 19 Sutra 146	
Tula Rasi: 16.29		Tithi 5 – 6		Gulika 2:43PM – 4:17PM Yama 11:36AM – 1:09PM 567277573 Rahu 4:17PM – 5:50PM		Svati Until 12:52PM Indra Until 9:36PM Kaulava Until 6:34AM Mon Panchami Until 5:31PM	
Creative Work Siddha Yoga		Until 12:52PM		Ganesha: Blue Muruga: Orange Nataraja: White Moon – Green Bhadrapada-Avani		Sunrise: 5:22AM Sunset: 5:50PM Moon 8 - Phase 20 - 19 3rd Phase	
Then Routine Work - Marana Yoga						Devaloka Day	
6		Monday, September 9, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhril* Yoga Kaulava/Taillita Karana Shashthiyam Titau		Manama, Bahrain Sun 20 Sutra 147	
Tula Rasi: 28.29		Tithi 6		Gulika 1:09PM – 2:42PM Yama 10:02AM – 11:36AM 577277573 Rahu 6:55AM – 8:29AM		Vishakha Until 3:35PM Vaidhril* Until 10:02PM Kaulava Until 6:34AM Shashthi* Until 7:25PM	
Family Home Evening		Until 3:35PM		Ganesha: Yellow Muruga: Orange Nataraja: White Moon – Orange Bhadrapada-Avani		Sunrise: 5:22AM Sunset: 5:49PM Moon 8 - Phase 20 - 21 3rd Phase	
Then Creative Work - Siddha Yoga						Sivaloka Day	
Tuesday, September 10, 2024		Retreat Star		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau		Manama, Bahrain Sun 21 Sutra 148	
Vischika Rasi: 10.41		Tithi 7		Gulika 11:35AM – 1:08PM Yama 8:29AM – 10:02AM 577277573 Rahu 2:42PM – 4:15PM		Anuradha Until 5:34PM Vishkambha* Until 10:00PM Gara Until 8:11AM Saptami Until 8:43PM	
Creative Work Siddha Yoga		Until 5:34PM		Ganesha: Yellow Muruga: Orange Nataraja: White Moon – Orange Bhadrapada-Avani		Sunrise: 5:22AM Sunset: 5:48PM Moon 8 - Phase 20 - 21 3rd Phase	
Then Routine Work - Marana Yoga						Sivaloka Day	
Wednesday, September 11, 2024		Retreat Star		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Budha Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Visti/Bava Karana Ashtamyam Titau		Manama, Bahrain Sun 22 Sutra 149	
Vischika Rasi: 23.1		Tithi 8		Gulika 10:02AM – 11:35AM Yama 6:56AM – 8:29AM 578277573 Rahu 11:35AM – 1:08PM		Jyeshtha* Until 6:42PM Priti Until 9:25PM Visti Until 9:08AM Ashtami* Until 9:18PM	
Creative Work Siddha Yoga		Until 6:42PM		Ganesha: Blue Muruga: Orange Nataraja: White Moon – Orange Bhadrapada-Avani		Sunrise: 5:23AM Sunset: 5:47PM Moon 8 - Phase 20 - 22 Ashtami	
Then Routine Work - Marana Yoga						Subha Sivaloka Day	
Thursday, September 12, 2024		Retreat Star		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Guru Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau		Manama, Bahrain Sun 23 Sutra 150	
Dhanus Rasi: 5.59		Tithi 9		Gulika 8:29AM – 10:02AM Yama 5:23AM – 6:56AM 588277573 Rahu 1:07PM – 2:40PM		Mula* Until 7:22PM Ayushman Until 8:10PM Balava Until 9:18AM Navami* Until 9:04PM	
Creative Work Siddha Yoga				Ganesha: Yellow Muruga: Orange Nataraja: White Moon – Light Blue Bhadrapada-Avani		Sunrise: 5:23AM Sunset: 5:46PM Moon 8 - Phase 20 - 23 Navami	
						Sivaloka Day	

Having realized the Self, the risish, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1 Friday, September 13, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Sukra Vasara Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Tailla/Gara Karana Dashamayam Titau				Manama, Bahrain Sun 24 Sutra 151
Dhanus Rasi: 19.14	Tithi 10	Gulika Yama 58827753 Rahu	6:56AM – 8:29AM 2:39PM – 4:12PM 10:01AM – 11:34AM	Purvashadha* Until 7:05PM Saubhagya Until 6:17PM Tailla Until 8:39AM Dashami Until 8:01PM	Ganesha: Yellow Murgu: Orange Nataraja: White Moon – Light Blue Bhadrapada-Avani	Sunrise: 5:24AM Sunset: 5:49PM Moon 8 - Phase 21 - 24 4th Phase
Routine Work Prabalashita Yoga Until 7:05PM Then Routine Work - Marana Yoga		Sivaloka Day				
2 Saturday, September 14, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Ahiganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 25 Sutra 152
Makara Rasi: 2.56	Tithi 11	Gulika Yama 58827753 Rahu	5:24AM – 6:56AM 1:06PM – 2:39PM 8:29AM – 10:01AM	Uttarashadha Until 5:54PM Sobhana Until 3:47PM Vanija Until 7:13AM Ekadashi Until 6:12PM	Ganesha: Yellow Murgu: Orange Nataraja: White Moon – Light Blue Bhadrapada-Avani	Sunrise: 5:24AM Sunset: 5:49PM Moon 8 - Phase 21 - 25 4th Phase
Routine Work Marana Yoga Until 5:54PM Then Creative Work - Siddha Yoga		Sivaloka Day				
3 Sunday, September 15, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Simha Mase Sukla Paksha Bharu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda*/Sukama Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 153
Makara Rasi: 17.06	Tithi 12 – 13	Gulika Yama 59827753 Rahu	2:38PM – 4:10PM 11:33AM – 1:06PM 4:10PM – 5:42PM	Shravana Until 4:19PM Athiganda* Until 12:43PM Kaulava Until 2:18AM Mon Dvadashi Until 3:44PM	Ganesha: White Murgu: Orange Nataraja: White Moon – Purple Bhadrapada-Avani	Sunrise: 5:24AM Sunset: 5:49PM Moon 8 - Phase 21 - 26 4th Phase
Creative Work Amrita Yoga Until 4:19PM Then Routine Work - Marana Yoga		Subha Sivaloka Day				
4 Monday, September 16, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Chriti Yoga Tailla/Gara Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 154
Kumbha Rasi: 1.4	Tithi 13 – 14	Gulika Yama 59827753 Rahu	1:05PM – 2:37PM 10:01AM – 11:33AM 6:57AM – 8:29AM	Dhanishtha Until 2:04PM Sukarma Until 9:12AM Gara Until 11:04PM Trayodashi Until 12:43PM	Ganesha: White Murgu: Orange Nataraja: White Moon – Purple Bhadrapada-Puratasi	Sunrise: 5:25AM Sunset: 5:41PM Moon 8 - Phase 21 - 27 4th Phase
Family Home Evening Creative Work Siddha Yoga		Subha Sivaloka Day				
○ Tuesday, September 17, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Manama, Bahrain Sun 28 Sutra 155
Copper Retreat Star		Gulika Yama 59827753 Rahu	11:33AM – 1:05PM 8:29AM – 10:01AM 2:36PM – 4:08PM	Shatabhishak Until 11:18AM Shula* Until 1:13AM Wed Visti Until 7:31PM Chaturdashi* Until 9:18AM	Ganesha: White Murgu: Orange Nataraja: White Moon – Purple Bhadrapada-Puratasi	Sunrise: 5:25AM Sunset: 5:40PM Moon 8 - Phase 21 - 28 Purnima
Routine Work Marana Yoga		Subha Sivaloka Day				
Wednesday, September 18, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Kanya Mase Krishna Paksha Budha Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sun 29 Sutra 156
Silver Retreat Star		Gulika Yama 51937753 Rahu	10:01AM – 11:32AM 6:57AM – 8:29AM 11:32AM – 1:04PM	Purvaprosarthapada* Until 8:34AM Ganda* Until 9:01PM Balava Until 3:48PM Prathama* Until 1:55AM Thu	Ganesha: White Murgu: Orange Nataraja: White Moon – Clear Bhadrapada-Puratasi	Sunrise: 5:26AM Sunset: 5:39PM Moon 8 - Phase 21 - 29 Prathama
Meena Rasi: 1.42 Tithi 16 Until 8:34AM Then Creative Work - Siddha Yoga		Subha Sivaloka Day				

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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Thursday, September 19, 2024

Gold Retreat Star

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam

Manama, Bahrain

Sutra 157

Meena Rasi: 16.53 Tithi 17

Gulika 8:29AM - 10:00AM
Yama 5:26AM - 6:58AM
Rahu 1:03PM - 2:35PM

Revati Until 2:41AM Fri
Viddhi Until 4:52PM
Taillita Until 12:05PM
Dvitiya Until 10:15PM

Ganesha: White
Muruga: Orange
Nataraja: White
Moon - Clear
Bhadrapada-Puratasi

Subha Sivaloka Day

Krodhin 5:26AM
Sunset: 5:38PM
Moon 9 - Phase 22 - 1st Phase

Creative Work Siddha Yoga

Until 2:41AM Fri

Then Creative Work - Amrita Yoga

1

Friday, September 20, 2024

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam

Manama, Bahrain

Sutra 158

Mesha Rasi: 1.59 Tithi 18

Gulika 6:58AM - 8:29AM
Yama 2:34PM - 4:05PM
Rahu 10:00AM - 11:32AM

Ashvini Until 12:15AM Sat
Dhruva Until 12:51PM
Vanija Until 8:31AM
Tritiya Until 6:50PM

Ganesha: Yellow
Muruga: Orange
Nataraja: White
Moon - White
Bhadrapada-Puratasi

Sivaloka Day

Sun 1 Krodhin 5:26AM
Sunset: 5:37PM
Moon 9 - Phase 22 - 1st Phase

Creative Work Amrita Yoga

Until 12:15AM Sat

Then Creative Work - Siddha Yoga

2

Saturday, September 21, 2024

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Manta Vasara Yuktayam

Manama, Bahrain

Sutra 159

Mesha Rasi: 16.51 Tithi 19 - 20

Gulika 5:27AM - 6:58AM
Yama 1:02PM - 2:33PM
Rahu 8:29AM - 10:00AM

Bharani Until 10:07PM
Vyaghata* Until 9:07AM
Kaulava Until 2:27AM Sun
Chaturthi* Until 3:47PM

Ganesha: Yellow
Muruga: Orange
Nataraja: White
Moon - White
Bhadrapada-Puratasi

Sivaloka Day

Sun 2 Krodhin 5:27AM
Sunset: 5:36PM
Moon 9 - Phase 22 - 1st Phase

Creative Work Siddha Yoga

Until 10:07PM

Then Creative Work - Amrita Yoga

3

Sunday, September 22, 2024

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam

Manama, Bahrain

Sutra 160

Visahba Rasi: 1.23 Tithi 20 - 21

Gulika 2:33PM - 4:04PM
Yama 11:31AM - 1:02PM
Rahu 4:04PM - 5:35PM

Krittika Until 8:23PM
Vajra* Until 2:55AM Mon
Gara Until 12:13AM Mon
Panchami Until 1:15PM

Ganesha: Yellow
Muruga: Orange
Nataraja: White
Moon - White
Bhadrapada-Puratasi

Sivaloka Day

Sun 3 Krodhin 5:27AM
Sunset: 5:35PM
Moon 9 - Phase 22 - 1st Phase

Creative Work Siddha Yoga

4

Monday, September 23, 2024

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam

Manama, Bahrain

Sutra 161

Visahba Rasi: 15.31 Tithi 21 - 22

Family Home Evening

Gulika 1:01PM - 2:32PM
Yama 10:00AM - 11:31AM
Rahu 6:58AM - 8:29AM

Rohini Until 7:34PM
Siddhi Until 12:36AM Tue
Visi Until 10:39PM
Shashthi* Until 11:20AM

Ganesha: Blue
Muruga: Orange
Nataraja: White
Moon - Yellow
Bhadrapada-Puratasi

Subha Sivaloka Day

Sun 4 Krodhin 5:28AM
Sunset: 5:33PM
Moon 9 - Phase 22 - 4 1st Phase

Creative Work Amrita Yoga

D

Tuesday, September 24, 2024

Retreat Star

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam

Manama, Bahrain

Sutra 162

Visahba Rasi: 29.13 Tithi 22 - 23

Gulika 11:30AM - 1:01PM
Yama 8:29AM - 10:00AM
Rahu 2:31PM - 4:02PM

Mrigashira Until 7:20PM
Vyatipata* Until 10:53PM
Balava Until 9:48PM
Saptami Until 10:07AM

Ganesha: Blue
Muruga: Orange
Nataraja: White
Moon - Yellow
Bhadrapada-Puratasi

Subha Sivaloka Day

Sun 5 Krodhin 5:28AM
Sunset: 5:32PM
Moon 9 - Phase 22 - 5 Ashtami

Creative Work Siddha Yoga

Until 7:20PM

Then Routine Work - Marana Yoga

Wednesday, September 25, 2024

Retreat Star

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Paksha Budha Vasara Yuktayam

Manama, Bahrain

Sutra 163

Mithuna Rasi: 12.31 Tithi 23 - 24

Gulika 10:00AM - 11:30AM
Yama 6:59AM - 8:29AM
Rahu 11:30AM - 1:00PM

Ardra Until 7:40PM
Variyan Until 9:43PM
Taillita Until 9:42PM
Ashtami* Until 9:38AM

Ganesha: Purple
Muruga: Orange
Nataraja: White
Moon - Yellow
Bhadrapada-Puratasi

Subha Sivaloka Day

Sun 6 Krodhin 5:29AM
Sunset: 5:31PM
Moon 9 - Phase 22 - 6 Navami

Creative Work Siddha Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Manama, Bahrain on 7/10/23

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1		Thursday, September 26, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Kanya Mase Krishna Paksha Guru Vasara Yuktayam Pushya Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyanam Titau		Manama, Bahrain Sun 7 Sutra 164	
Mithuna Rasi: 25.25	Tithi 24 – 25	Gulika Yama	8:23AM – 9:59AM 5:29AM – 6:59AM	Purnavasu Until 9:00PM Parigha* Until 9:06PM Vanija Until 10:17PM	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Blue Bhadrapada-Puratasi	Sunrise: 5:29AM Sunset: 5:30PM	Krodha 5126 Moon 9 - Phase 23 - 7 2nd Phase
Creative Work	Amrita Yoga	541377573	Rahu	1:00PM – 2:30PM			Sivaloka Day
2		Friday, September 27, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Kanya Mase Krishna Paksha Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Vist* (Bava Karana Dashami/Ekadashyam Titau)		Manama, Bahrain Sun 8 Sutra 165	
Kalkata Rasi: 8.01	Tithi 25 – 26	Gulika Yama	6:59AM – 8:23AM 2:29PM – 3:59PM	Pushya Until 10:47PM Shiva Until 9:00PM Bava Until 11:31PM	Ganesha: Purple Muruga: Orange Nataraja: White Moon – Blue Bhadrapada-Puratasi	Sunrise: 5:29AM Sunset: 5:29PM	Krodha 5126 Moon 9 - Phase 23 - 8 2nd Phase
Routine Work	Marana Yoga	641377573	Rahu	9:59AM – 11:23AM			Subha Sivaloka Day
3		Saturday, September 28, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Kanya Mase Krishna Paksha Marita Vasara Yuktayam Kalkata Rasi: 20.2 Tithi 26 – 27		Manama, Bahrain Sun 9 Sutra 166	
		Gulika Yama	5:30AM – 7:00AM 11:29AM – 12:28PM	Ashlesha* Until 12:55AM Sun Siddha Until 9:16PM Kaulava Until 1:15AM Sun	Ganesha: Purple Muruga: Orange Nataraja: White Moon – Blue Bhadrapada-Puratasi	Sunrise: 5:30AM Sunset: 5:29PM	Krodha 5126 Moon 9 - Phase 23 - 9 2nd Phase
Routine Work	Marana Yoga	641377573	Rahu	8:23AM – 9:59AM			Subha Sivaloka Day
4		Sunday, September 29, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Kanya Mase Krishna Paksha Bhanu Vasara Yuktayam Magha* Nakshatra Siddha Yoga Talaita/Gara Karana Dradashi/Trayodashyam Titau		Manama, Bahrain Sun 10 Sutra 167	
Simha Rasi: 2.28	Tithi 27 – 28	Gulika Yama	2:28PM – 3:57PM 11:29AM – 12:58PM	Magha* Until 3:46AM Mon Sadhya Until 9:53PM Gara Until 3:25AM Mon	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:30AM Sunset: 5:27PM	Krodha 5126 Moon 9 - Phase 23 - 10 2nd Phase
Routine Work	Marana Yoga	651377573	Rahu	3:57PM – 5:27PM			Sivaloka Day
		Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)			
5		Monday, September 30, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Kanya Mase Krishna Paksha Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Manama, Bahrain Sun 11 Sutra 168	
Simha Rasi: 14.26	Tithi 28 – 29	Gulika Yama	12:58PM – 2:27PM 9:59AM – 11:28AM	Purvaphalguni Until 6:44AM Tue Subha Until 10:45PM Visti Until 5:52AM Tue	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:31AM Sunset: 5:26PM	Krodha 5126 Moon 9 - Phase 23 - 11 2nd Phase
Family Home Evening		651377573	Rahu	7:00AM – 8:23AM			Sivaloka Day
Creative Work	Siddha Yoga			Trayodashi* Until 4:35PM			
		Then Creative Work - Amrita Yoga					
6		Tuesday, October 1, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Kanya Mase Krishna Paksha Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Sakuni* Karana Chaturdashyam Titau		Manama, Bahrain Sun 12 Sutra 169	
Simha Rasi: 26.18	Tithi 29	Gulika Yama	11:28AM – 12:57PM 8:30AM – 9:59AM	Purvaphalguni Until 6:44AM Sukla Until 11:45PM Sakuni Until 7:09PM	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:31AM Sunset: 5:25PM	Krodha 5126 Moon 9 - Phase 23 - 12 2nd Phase
Creative Work	Siddha Yoga	651377573	Rahu	2:26PM – 3:55PM			Sivaloka Day
		Then Creative Work - Amrita Yoga		Chaturdashi* Until 7:09PM			
Wednesday, October 2, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Kanya Mase Krishna Paksha Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Catuspada* (Naga* Karana Amavasyeyam Titau)		Manama, Bahrain Sun 13 Sutra 170			
Retreat Star		Gulika Yama	9:59AM – 11:28AM 7:01AM – 8:30AM	Uttaraphalguni Until 9:41AM Brahma Until 12:43AM Thu Catuspada Until 8:30AM	Ganesha: Clear Muruga: Orange Nataraja: White Moon – Red Bhadrapada-Puratasi	Sunrise: 5:22AM Sunset: 5:24PM	Krodha 5126 Moon 9 - Phase 23 - 13 Amavasya
Kanya Rasi: 8.05	Tithi 30	651377573	Rahu	11:28AM – 12:57PM			Sivaloka Day
Creative Work	Amrita Yoga			Amavasya* Until 9:50PM			
		Mahalaya Amavasya (Tamil Nadu)					
		Then Routine Work - Marana Yoga					
Thursday, October 3, 2024		Krodhin Nama Samvatsara Dekshinayya Jivana Ritau Kanya Mase Sukla Paksha Guru Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau		Manama, Bahrain Sun 14 Sutra 171			
Retreat Star		Gulika Yama	8:30AM – 9:58AM 5:32AM – 7:01AM	Hasta Until 1:02PM Indra Until 1:54AM Fri Kintughna Until 11:12AM	Ganesha: Orange Muruga: Orange Nataraja: White Moon – Green Ashvina-Puratasi	Sunrise: 5:22AM Sunset: 5:23PM	Krodha 5126 Moon 9 - Phase 23 - 14 Prathama
Kanya Rasi: 19.52	Tithi 1	661377573	Rahu	12:56PM – 2:25PM			Sivaloka Day
Routine Work	Marana Yoga			Navaratri Begins			
		Then Creative Work - Siddha Yoga		Prathama* Until 12:30AM Fri			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantram 1502

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1	Friday, October 4, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Sukra Vessara Yuktayam Chitra/Svati Nakshatra Vashdhi* Yoga Balava/Kaulava Karana Dvityayam Titau				Manama, Bahrain Sun 15 Sutra 172
	Tula Rasi: 1.4	Tithi 2	Gulika Yama 66137753	7:01AM – 8:30AM 2:24PM – 3:53PM Rahu 9:58AM – 11:27AM	Chitra Until 4:09PM Vaidhriti* Until 2:51AM Sat Balava Until 1:50PM Dvitiya Until 3:03AM Sat	Ganesha: Orange Muruga: Orange Nataraja: White Moon – Green Ashvini-Puratasi	Sunrise: 5:22AM Sunset: 5:21PM Moon 9 - Phase 24 - 16 3rd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
2	Saturday, October 5, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Manta Vessara Yuktayam Svati Nakshatra Vishkambha* Yoga Talita/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 16 Sutra 173
	Tula Rasi: 13.3	Tithi 3	Gulika Yama 66137753	5:33AM – 7:01AM 12:55PM – 2:24PM Rahu 8:30AM – 9:58AM	Svati Until 6:54PM Vishkambha* Until 3:38AM Sun Talita Until 4:16PM Tritiya Until 5:22AM Sun	Ganesha: Orange Muruga: Orange Nataraja: White Moon – Green Ashvini-Puratasi	Sunrise: 5:33AM Sunset: 5:20PM Moon 9 - Phase 24 - 16 3rd Phase
	Creative Work	Siddha Yoga					Sivaloka Day
3	Sunday, October 6, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Bhanu Vessara Yuktayam Purva/Anuradha Nakshatra Priti Yoga Vanija Karana Chaturthiyam Titau				Manama, Bahrain Sun 17 Sutra 174
	Tula Rasi: 25.26	Tithi 4	Gulika Yama 67237753	2:23PM – 3:51PM 11:26AM – 12:55PM Rahu 3:51PM – 5:19PM	Vishakha Until 9:42PM Priti Until 4:11AM Mon Vanija Until 6:25PM Chaturthi* Until 7:20AM Mon	Ganesha: Purple Muruga: Orange Nataraja: White Moon – Orange Ashvini-Puratasi	Sunrise: 5:33AM Sunset: 5:19PM Moon 9 - Phase 24 - 17 3rd Phase
	Routine Work	Marana Yoga					Devaloka Day
4	Monday, October 7, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Indu Vessara Yuktayam Anuradha Nakshatra Ayushman Yoga Visi* Bhava Karana Chaturthi/Panchamam Titau				Manama, Bahrain Sun 18 Sutra 175
	Vischika Rasi: 7.31	Tithi 4 – 5	Gulika Yama 67237754	12:54PM – 2:22PM 9:58AM – 11:26AM Rahu 7:02AM – 8:30AM	Anuradha Until 11:56PM Ayushman Until 4:21AM Tue Bava Until 6:10PM Chaturthi* Until 7:20AM	Ganesha: Purple Muruga: Orange Nataraja: Clear Moon – Orange Ashvini-Puratasi	Sunrise: 5:34AM Sunset: 5:18PM Moon 9 - Phase 24 - 18 3rd Phase
	Family Home Evening Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
5	Tuesday, October 8, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vessara Yuktayam Jyeshtha* Nakshatra Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Manama, Bahrain Sun 19 Sutra 176
	Vischika Rasi: 19.47	Tithi 5 – 6	Gulika Yama 67237754	11:26AM – 12:54PM 8:30AM – 9:58AM Rahu 2:22PM – 3:49PM	Jyeshtha* Until 1:29AM Wed Saubhagya Until 4:07AM Wed Kaulava Until 9:24PM Panchami Until 8:50AM	Ganesha: Purple Muruga: Orange Nataraja: Clear Moon – Orange Ashvini-Puratasi	Sunrise: 5:34AM Sunset: 5:17PM Moon 9 - Phase 24 - 19 3rd Phase
	Routine Work	Marana Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
6	Wednesday, October 9, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Budha Vessara Yuktayam Mula* Nakshatra Sohana Yoga Talita/Gara Karana Shashthi/Saptamam Titau				Manama, Bahrain Sun 20 Sutra 177
	Dhanus Rasi: 2.16	Tithi 6 – 7	Gulika Yama 68237754	9:58AM – 11:26AM 7:02AM – 8:30AM Rahu 11:26AM – 12:53PM	Mula* Until 2:46AM Thu Sohana Until 3:24AM Thu Gara Until 10:02PM Shashthi* Until 9:47AM	Ganesha: Clear Muruga: Orange Nataraja: Clear Moon – Light Blue Ashvini-Puratasi	Sunrise: 5:35AM Sunset: 5:16PM Moon 9 - Phase 24 - 19 3rd Phase
	Routine Work Until 2:46AM Thu Then Creative Work	Marana Yoga Siddha Yoga					Devaloka Day
D	Thursday, October 10, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Guru Vessara Yuktayam Purvashadha* Nakshatra Athiganda* Yoga Vanija/Visi* Karana Saptami/Ashtamam Titau				Manama, Bahrain Sun 21 Sutra 178
	Retreat Star		Gulika Yama 68237754	8:30AM – 9:58AM 5:35AM – 7:03AM Rahu 12:53PM – 2:20PM	Purvashadha* Until 3:13AM Fri Athiganda* Until 2:07AM Fri Visi Until 9:59PM Saptami Until 10:05AM	Ganesha: Clear Muruga: Orange Nataraja: Clear Moon – Light Blue Ashvini-Puratasi	Sunrise: 5:35AM Sunset: 5:15PM Moon 9 - Phase 24 - 21 Ashtami
	Creative Work Until 3:13AM Fri Then Routine Work	Siddha Yoga Marana Yoga		Durga Ashtami			Devaloka Day
	Friday, October 11, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Paksha Sukra Vessara Yuktayam Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamam Titau				Manama, Bahrain Sun 22 Sutra 179
	Retreat Star		Gulika Yama 68237754	7:03AM – 8:30AM 2:20PM – 3:47PM Rahu 9:58AM – 11:25AM	Uttarashadha Until 2:48AM Sat Sukarma Until 12:17AM Sat Balava Until 9:12PM Ashtami* Until 9:40AM	Ganesha: Clear Muruga: Orange Nataraja: Clear Moon – Light Blue Ashvini-Puratasi	Sunrise: 5:36AM Sunset: 5:14PM Moon 9 - Phase 24 - 22 Navami
	Dhanus Rasi: 28.12	Tithi 8 – 9		Saraswathi Puja (Tamil Nadu)			Devaloka Day
	Routine Work Until 2:48AM Sat Then Creative Work	Marana Yoga Siddha Yoga					

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

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1 Saturday, October 12, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Manta Vasara Yukhtayam Shravana Nakshatra Dhrithi Yoga Kaulava/Tailita Karana Navami/Dashamyam Tilau				Manama, Bahrain Sun 23 Sutra 180
Makara Rasi: 11.44	Tithi 9 – 10	Gulika 5:36AM – 7:03AM Yama 12:52PM – 2:19PM Rahu 8:31AM – 9:58AM	Shravana Until 1:59AM Sun Dhrithi Until 9:53PM Tailita Until 7:42PM	Ganesha: White Muruga: Orange Nataraja: Clear Moon – Purple	Sunrise: 5:36AM Sunset: 5:19PM	Krodhin 5:16 Moon 9 - Phase 25 - 23 4th Phase
Creative Work Siddha Yoga Until 1:59AM Sun Then Routine Work – Marana Yoga		Vijaya Dasami	Navami* Until 8:31AM	Ashvina-Puratasi	Bhuloka Day Devaloka Time: 3PM to 6PM	
2 Sunday, October 13, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Shantu Vissara Yukhtayam Dhanishtha Nakshatra Shula* Yoga Gara/Vishti* Karana Dashami/Ekadashtyam Tilau				Manama, Bahrain Sun 24 Sutra 181
Makara Rasi: 25.41	Tithi 10 – 11	Gulika 2:18PM – 3:45PM Yama 11:25AM – 12:51PM Rahu 3:45PM – 5:12PM	Dhanishtha Until 12:22AM Mon Shula* Until 6:55PM Vishti Until 4:13AM Mon	Ganesha: Clear Muruga: Orange Nataraja: Clear Moon – Purple	Sunrise: 5:37AM Sunset: 5:12PM	Krodhin 5:16 Moon 9 - Phase 25 - 24 4th Phase
Routine Work Marana Yoga Until 12:22AM Mon Then Creative Work – Siddha Yoga			Dashami Until 6:41AM	Ashvina-Puratasi	Devaloka Day	
3 Monday, October 14, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Indu Vasara Yukhtayam Shalabhisak Nakshatra Ganda**Viddhi Yoga Bava/Baleva Karana Dvadashyam Tilau				Manama, Bahrain Sun 25 Sutra 182
Kumbha Rasi: 10.04	Tithi 12	Gulika 12:51PM – 2:18PM Yama 9:58AM – 11:24AM Rahu 7:04AM – 8:31AM	Shalabhisak Until 10:05PM Ganda* Until 3:30PM Bava Until 2:48PM	Ganesha: Clear Muruga: Orange Nataraja: Clear Moon – Purple	Sunrise: 5:37AM Sunset: 5:11PM	Krodhin 5:16 Moon 9 - Phase 25 - 25 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 10:05PM Then Routine Work – Marana Yoga		Kadalitswami Mahasamadhi	Dvadashi Until 1:14AM Tue	Ashvina-Puratasi	Devaloka Day	
4 Tuesday, October 15, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Mangala Vasara Yukhtayam Purvaprosarthapada* Nakshatra Vridhhi/Dhruva Yoga Kaulava/Tailita Karana Trayodashyam Tilau				Manama, Bahrain Sun 26 Sutra 183
Kumbha Rasi: 24.49	Tithi 13	Gulika 11:24AM – 12:51PM Yama 8:31AM – 9:58AM Rahu 2:17PM – 3:44PM	Purvaprosarthapada* Until 7:38PM Vridhhi Until 11:43AM Kaulava Until 11:36AM	Ganesha: Yellow Muruga: Orange Nataraja: Clear Moon – Clear	Sunrise: 5:38AM Sunset: 5:10PM	Krodhin 5:16 Moon 9 - Phase 25 - 26 4th Phase
Routine Work Marana Yoga Until 7:38PM Then Creative Work – Amrita Yoga		Chidambaram Abhishekam	Trayodashi Until 9:51PM	Ashvina-Puratasi	Devaloka Day	
5 Wednesday, October 16, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Kanya Mase Sukla Paksha Budha Vasara Yukhtayam Uttaraprosarthapada* Revati Nakshatra Dhruva/Vyeghata* Yoga Gara/Vanija Karana Chaturdashyam Tilau				Manama, Bahrain Sun 27 Sutra 184
Meena Rasi: 9.5	Tithi 14	Gulika 9:57AM – 11:24AM Yama 7:05AM – 8:31AM Rahu 11:24AM – 12:50PM	Uttaraprosarthapada Until 4:48PM Dhruva Until 7:39AM Gara Until 8:04AM	Ganesha: Yellow Muruga: Orange Nataraja: Clear Moon – Clear	Sunrise: 5:38AM Sunset: 5:09PM	Krodhin 5:16 Moon 9 - Phase 25 - 27 4th Phase
Creative Work Siddha Yoga Until 4:48PM Then Routine Work – Marana Yoga			Chaturdashi* Until 6:12PM	Ashvina-Puratasi	Devaloka Day	
Thursday, October 17, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yukhtayam Revati/Ashvini Nakshatra Harshana Yoga Bava/Baleva Karana Purnima/Prathamayam Tilau				Manama, Bahrain Sun 28 Sutra 185
Meena Rasi: 25.01	Tithi 15 – 16	Gulika 8:31AM – 9:57AM Yama 5:39AM – 7:05AM Rahu 12:50PM – 2:16PM	Revati Until 1:43PM Harshana Until 11:13PM Balava Until 12:39AM Fri	Ganesha: Yellow Muruga: Orange Nataraja: Clear Moon – Clear	Sunrise: 5:39AM Sunset: 5:08PM	Krodhin 5:16 Moon 9 - Phase 25 - Purnima
Creative Work Siddha Yoga Until 1:43PM Then Creative Work – Amrita Yoga			Purnima* Until 2:29PM	Ashvina-Alipasi	Devaloka Day	
Friday, October 18, 2024		Krodhin Nama Samvatsare Dakshinayya Jivana Ritau Tula Mase Krishna Paksha Sukra Vasara Yukhtayam Ashvini/Bharani Nakshatra Vajra* Yoga Kaulava/Tailita Karana Prathama/Dvityayam Tilau				Manama, Bahrain Sun 29 Sutra 186
Mesha Rasi: 10.11	Tithi 16 – 17	Gulika 7:05AM – 8:31AM Yama 2:16PM – 3:42PM Rahu 9:57AM – 11:23AM	Ashvini Until 10:58AM Vajra* Until 7:05PM Tailita Until 9:04PM	Ganesha: White Muruga: Orange Nataraja: Clear Moon – White	Sunrise: 5:39AM Sunset: 5:08PM	Krodhin 5:16 Moon 9 - Phase 25 - Prathama
Creative Work Amrita Yoga Until 10:58AM Then Creative Work – Siddha Yoga			Prathama* Until 10:49AM	Ashvina-Alipasi	Sivaloka Day	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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Saturday, October 19, 2024

Gold Retreat Star

Mesha Rasi: 25.13 Tithi 17 - 18
Creative Work Siddha Yoga
Until 8:19AM
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Menta Vasara Yukhtayam
Bharani/Krikha Nakshatra Siddhi/Vyadipata* Yoga Gara/Vidhi* Karana Dvitya/Tatyayam Titau

Gulika 5:40AM - 7:06AM
Yama 12:49PM - 2:15PM
Rahu 8:32AM - 9:57AM

Bharani Until 8:19AM
Siddhi Until 3:12PM
Visti Until 4:20AM Sun
Dvitya Until 7:23AM

Ganesha: Yellow
Muruga: Orange
Nataraja: Clear
Moon - White
Ashvina*Alpasi

Manama, Bahrain
Sun 1 Sutra 187
Krodhin 5:126
Moon 10 - Phase 26 - 1
1st Phase

Devaloka Day

1 Sunday, October 20, 2024

Wishabha Rasi: 9.57 Tithi 19
Creative Work Siddha Yoga
Until 4:21AM Mon
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Bhanu Vasara Yukhtayam
Rohini Nakshatra Vistipata*/Varinyan Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 2:14PM - 3:40PM
Yama 11:23AM - 12:49PM
Rahu 3:40PM - 5:06PM

Rohini Until 4:21AM Mon
Vyatipata* Until 11:43AM
Bava Until 3:01PM
Chaturthi* Until 1:50AM Mon

Ganesha: Yellow
Muruga: Orange
Nataraja: Clear
Moon - White
Ashvina*Alpasi

Manama, Bahrain
Sun 2 Sutra 188
Krodhin 5:126
Moon 10 - Phase 26 - 2
1st Phase

Devaloka Day

2 Monday, October 21, 2024

Wishabha Rasi: 24.17 Tithi 20
Family Home Evening
Creative Work Amrita Yoga
Until 3:20AM Tue
Then Routine Work - Marana Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Indu Vasara Yukhtayam
Mrigashira Nakshatra Varinyan/Parigraha* Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 12:48PM - 2:14PM
Yama 9:57AM - 11:23AM
Rahu 7:07AM - 8:32AM

Mrigashira Until 3:20AM Tue
Varinyan Until 8:40AM
Kaulava Until 12:50PM
Panchami Until 12:00AM Tue

Ganesha: White
Muruga: Orange
Nataraja: Clear
Moon - Yellow
Ashvina*Alpasi

Manama, Bahrain
Sun 3 Sutra 189
Krodhin 5:126
Moon 10 - Phase 26 - 3
1st Phase

Bhuloka Day
Devaloka Time: 3PM to 6PM

3 Tuesday, October 22, 2024

Mithuna Rasi: 8.1 Tithi 21
Routine Work Marana Yoga
Until 2:57AM Wed
Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Mangala Vasara Yukhtayam
Andra Nakshatra Parigraha*/Shiva Yoga Gara/Venija Karana Shashthyam Titau

Gulika 11:23AM - 12:48PM
Yama 8:32AM - 9:58AM
Rahu 2:13PM - 3:39PM

Andra Until 2:57AM Wed
Parigraha* Until 6:14AM
Gara Until 11:24AM
Shashthi* Until 10:58PM

Ganesha: White
Muruga: Orange
Nataraja: Clear
Moon - Yellow
Ashvina*Alpasi

Manama, Bahrain
Sun 4 Sutra 190
Krodhin 5:126
Moon 10 - Phase 26 - 4
1st Phase

Bhuloka Day
Devaloka Time: 3PM to 6PM

4 Wednesday, October 23, 2024

Mithuna Rasi: 21.35 Tithi 22
Creative Work Siddha Yoga
Until 3:42AM Thu
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Budha Vasara Yukhtayam
Punarvasu Nakshatra Siddha Yoga Visti*/Bava Karana Sapthamyam Titau

Gulika 9:58AM - 11:23AM
Yama 7:07AM - 8:32AM
Rahu 11:23AM - 12:48PM

Punarvasu Until 3:42AM Thu
Siddha Until 3:17AM Thu
Visti Until 10:47AM
Saptami Until 10:47PM

Ganesha: Clear
Muruga: Orange
Nataraja: Clear
Moon - Blue
Ashvina*Alpasi

Manama, Bahrain
Sun 5 Sutra 191
Krodhin 5:126
Moon 10 - Phase 26 - 5
1st Phase

Devaloka Day

Thursday, October 24, 2024

Retreat Star

Kataka Rasi: 4.32 Tithi 23
Creative Work Amrita Yoga
Until 5:06AM Fri
Then Routine Work - Marana Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vasara Yukhtayam
Pushya Nakshatra Sadyha Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 8:33AM - 9:58AM
Yama 5:43AM - 7:08AM
Rahu 12:48PM - 2:12PM

Pushya Until 5:06AM Fri
Sadyha Until 2:47AM Fri
Balava Until 11:02AM
Ashtami* Until 11:26PM

Ganesha: Clear
Muruga: Orange
Nataraja: Clear
Moon - Blue
Ashvina*Alpasi

Manama, Bahrain
Sun 6 Sutra 192
Krodhin 5:126
Moon 10 - Phase 26 - 6
Ashtami

Devaloka Day

Friday, October 25, 2024

Retreat Star

Kataka Rasi: 17.07 Tithi 24
Routine Work Marana Yoga
Until 7:02AM Sat
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Sukra Vasara Yukhtayam
Taillila Nakshatra Subha Yoga Talilla/Gara Karana Navamyam Titau

Gulika 7:08AM - 8:33AM
Yama 2:12PM - 3:37PM
Rahu 9:58AM - 11:22AM

Ashlesha* Until 7:02AM Sat
Subha Until 2:53AM Sat
Taillila Until 12:04PM
Navami* Until 12:51AM Sat

Ganesha: Clear
Muruga: Orange
Nataraja: Clear
Moon - Blue
Ashvina*Alpasi

Manama, Bahrain
Sun 7 Sutra 193
Krodhin 5:126
Moon 10 - Phase 26 - 7
Navami

Devaloka Day

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1		Saturday, October 26, 2024		Krodhin Nama SamvatSare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Manita Vessara Yuktayam Ashlesha*Magha* Nakshatra Sukla Yoga Vanja/Visli* Karana Dashamayam Titau		Manama, Bahrain Sun 8 Sutra 194 Krodhin 5126	
Kataka Rasi: 29.23	Tithi 25	Gulika 5:44AM – 7:09AM Yama 12:47PM – 2:12PM 643477574 Rahu 8:33AM – 9:58AM	Ashlesha* Until 7:02AM Sukla Until 3:23AM Sun Vanja Until 1:49PM Dashami Until 2:52AM Sun	Ganesha: Clear Muruga: Orange Nataraja: Clear Moon – Red Ashvina*Alpasi	Sunrise: 5:44AM Sunset: 5:01PM	Moon 10 - Phase 27 - 8 2nd Phase	Devaloka Day
Routine Work Marana Yoga Until 7:02AM Then Creative Work - Amrita Yoga							
2		Sunday, October 27, 2024		Krodhin Nama SamvatSare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Bhanu Vessara Yuktayam Magha*Purvapahguni Nakshatra Brahma Yoga Bava/Balava Karana Ekadashyam Titau		Manama, Bahrain Sun 9 Sutra 195 Krodhin 5126	
Simha Rasi: 11.25	Tithi 26	Gulika 2:11PM – 3:36PM Yama 11:22AM – 12:47PM 653477574 Rahu 3:36PM – 5:00PM	Magha* Until 9:51AM Brahma Until 4:14AM Mon Bava Until 4:05PM Ekadashi* Until 5:20AM Mon	Ganesha: Purple Muruga: Orange Nataraja: Clear Moon – Red Ashvina*Alpasi	Sunrise: 5:45AM Sunset: 5:00PM	Moon 10 - Phase 27 - 9 2nd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM
Routine Work Marana Yoga Until 9:51AM Then Creative Work - Siddha Yoga							
3		Monday, October 28, 2024		Krodhin Nama SamvatSare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Indu Vessara Yuktayam Purvapahguni/Uttaraphalguni Nakshatra Indra Yoga Kaulava Karana Dvadashyam Titau		Manama, Bahrain Sun 10 Sutra 196 Krodhin 5126	
Simha Rasi: 23.17	Tithi 27	Gulika 12:46PM – 2:11PM Yama 9:58AM – 11:22AM 653477574 Rahu 7:09AM – 8:34AM	Purvapahguni Until 12:51PM Indra Until 5:16AM Tue Kaulava Until 6:41PM Dvadashi* Until 8:02AM Tue	Ganesha: Purple Muruga: Orange Nataraja: Clear Moon – Red Ashvina*Alpasi	Sunrise: 5:45AM Sunset: 4:59PM	Moon 10 - Phase 27 - 10 2nd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM
Family Home Evening Creative Work Siddha Yoga							
4		Tuesday, October 29, 2024		Krodhin Nama SamvatSare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Mangala Vessara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Tailla/Gara Karana Dvadashi*Trayodashyam Titau		Manama, Bahrain Sun 11 Sutra 197 Krodhin 5126	
Kanya Rasi: 5.04	Tithi 27 – 28	Gulika 11:22AM – 12:46PM Yama 8:34AM – 9:58AM 653477574 Rahu 2:10PM – 3:34PM	Uttaraphalguni Until 3:52PM Vaidhriti* Until 6:19AM Wed Gara Until 9:26PM Dvadashi* Until 8:02AM	Ganesha: Purple Muruga: Orange Nataraja: Clear Moon – Red Ashvina*Alpasi	Sunrise: 5:46AM Sunset: 4:58PM	Moon 10 - Phase 27 - 11 2nd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work Amrita Yoga Until 3:52PM Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)					
5		Wednesday, October 30, 2024		Krodhin Nama SamvatSare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Budha Vessara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visli* Karana Trayodashi*Chaturdashyam Titau		Manama, Bahrain Sun 12 Sutra 198 Krodhin 5126	
Kanya Rasi: 16.5	Tithi 28 – 29	Gulika 9:58AM – 11:22AM Yama 7:10AM – 8:34AM 663477574 Rahu 11:22AM – 12:46PM	Hasta Until 7:13PM Vaidhriti* Until 6:19AM Visli Until 12:08AM Thu Trayodashi* Until 10:46AM	Ganesha: Light Blue Muruga: Orange Nataraja: Clear Moon – Green Ashvina*Alpasi	Sunrise: 5:46AM Sunset: 4:59PM	Moon 10 - Phase 27 - 12 2nd Phase	Bhuloka Day Devaloka Time: 3PM to 6PM
Routine Work Marana Yoga Until 7:13PM Then Creative Work - Siddha Yoga		Deepavali Hindu Solidarity Day					
Thursday, October 31, 2024		Retreat Star		Krodhin Nama SamvatSare Dakshinaya Jivana Ritau Tula Mase Krishna Paksha Guru Vessara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoge Sakun*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Manama, Bahrain Sun 13 Sutra 199 Krodhin 5126	
Kanya Rasi: 28.38	Tithi 29 – 30	Gulika 8:35AM – 9:58AM Yama 5:47AM – 7:11AM 663477574 Rahu 12:46PM – 2:10PM	Chitra Until 10:14PM Vishkambha* Until 7:19AM Catuspada Until 2:40AM Fri Chaturdashi* Until 1:24PM	Ganesha: Light Blue Muruga: Orange Nataraja: Clear Moon – Green Ashvina*Alpasi	Sunrise: 5:47AM Sunset: 4:57PM	Moon 10 - Phase 27 - 13 Amavasya	Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work Siddha Yoga Until 10:14PM Then Creative Work - Amrita Yoga		Subramuniyaswami Mahasamadhi					
Friday, November 1, 2024		Retreat Star		Krodhin Nama SamvatSare Dakshinaya Jivana Ritau Tula Mase Sukla Paksha Sukra Vessara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Manama, Bahrain Sun 14 Sutra 200 Krodhin 5126	
Tula Rasi: 10.3	Tithi 30 – 1	Gulika 7:11AM – 8:35AM Yama 2:09PM – 3:33PM 663477574 Rahu 9:58AM – 11:22AM	Svati Until 12:51AM Sat Priti Until 8:11AM Kintughna Until 4:55AM Sat Amavasya* Until 3:48PM	Ganesha: Light Blue Muruga: Orange Nataraja: Clear Moon – Green Kartika*Alpasi	Sunrise: 5:48AM Sunset: 4:56PM	Moon 10 - Phase 27 - 14 Prathama	Bhuloka Day Devaloka Time: 3PM to 6PM
Creative Work Siddha Yoga		Skanda Shasthi Begins					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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1	Saturday, November 2, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukta Paksha Menta Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Divlyasyam Titau				Manama, Bahrain Sun 15 Sutra 201 Krodhin 516
	Tula Rasi: 22.29	Tithi 1 – 2	Gulika Yama 674477574 Rahu	5:48AM – 7:12AM 12:45PM – 2:09PM 8:35AM – 9:59AM	Vishakha Until 3:28AM Sun Ayushman Until 8:47AM Balava Until 6:49AM Sun Prathama* Until 5:53PM	Ganesha: Light Blue Muruga: Orange Nataraja: Clear Moon – Orange Karttika-Alpasi	Sunrise: 5:48AM Sunset: 4:59PM Moon 10 - Phase 28 - 16 3rd Phase
	Creative Work	Siddha Yoga					
	Until 3:28AM Sun	Then Routine Work - Marana Yoga					
2	Sunday, November 3, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukta Paksha Bhanu Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Divlyasyam Titau				Manama, Bahrain Sun 16 Sutra 202 Krodhin 516
	Vischika Rasi: 4.37	Tithi 2	Gulika Yama 674477574 Rahu	2:09PM – 3:32PM 11:22AM – 12:45PM 3:32PM – 4:55PM	Anuradha Until 5:33AM Mon Saubhagya Until 9:08AM Balava Until 6:49AM Dvitiya Until 7:36PM	Ganesha: Light Blue Muruga: Orange Nataraja: Clear Moon – Orange Karttika-Alpasi	Sunrise: 5:49AM Sunset: 4:59PM Moon 10 - Phase 28 - 16 3rd Phase
	Routine Work	Marana Yoga					
	Until 5:33AM Mon	Then Creative Work - Siddha Yoga					
3	Monday, November 4, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukta Paksha Indu Vasara Yuktayam Jyeshtha Nakshatra Sobhana/Athiganda* Yoga Talita/Gara Karana Trityasyam Titau				Manama, Bahrain Sun 17 Sutra 203 Krodhin 516
	Vischika Rasi: 16.53	Tithi 3	Gulika Yama 674477574 Rahu	12:45PM – 2:08PM 9:59AM – 11:22AM 7:13AM – 8:36AM	Jyeshtha* Until 7:04AM Tue Sobhana Until 9:12AM Talita Until 8:19AM Tritiya Until 8:54PM	Ganesha: Light Blue Muruga: Orange Nataraja: Clear Moon – Orange Karttika-Alpasi	Sunrise: 5:50AM Sunset: 4:59PM Moon 10 - Phase 28 - 16 3rd Phase
	Family Home Evening	Siddha Yoga					
	Until 7:04AM Tue	Then Creative Work - Amrita Yoga					
4	Tuesday, November 5, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukta Paksha Mangala Vasara Yuktayam Jyeshtha Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Manama, Bahrain Sun 18 Sutra 204 Krodhin 516
	Vischika Rasi: 29.21	Tithi 4	Gulika Yama 674477574 Rahu	11:22AM – 12:45PM 8:36AM – 9:59AM 2:08PM – 3:31PM	Jyeshtha* Until 7:04AM Athiganda* Until 8:55AM Vanija Until 9:25AM Chaturthi* Until 9:47PM	Ganesha: Light Blue Muruga: Orange Nataraja: Clear Moon – Orange Karttika-Alpasi	Sunrise: 5:50AM Sunset: 4:59PM Moon 10 - Phase 28 - 16 3rd Phase
	Routine Work	Marana Yoga					
	Until 7:04AM	Then Creative Work - Amrita Yoga					
5	Wednesday, November 6, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukta Paksha Budha Vasara Yuktayam Mula*Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Manama, Bahrain Sun 19 Sutra 205 Krodhin 516
	Dhanus Rasi: 12	Tithi 5	Gulika Yama 684477574 Rahu	9:59AM – 11:22AM 7:14AM – 8:37AM 11:22AM – 12:45PM	Mula* Until 8:29AM Sukarma Until 8:19AM Bava Until 10:04AM Panchami Until 10:12PM	Ganesha: Orange Muruga: Orange Nataraja: Clear Moon – Light Blue Karttika-Alpasi	Sunrise: 5:51AM Sunset: 4:59PM Moon 10 - Phase 28 - 16 3rd Phase
	Routine Work	Marana Yoga					
	Until 8:29AM	Then Creative Work - Amrita Yoga					
6	Thursday, November 7, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukta Paksha Guru Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Dhriti/Shule* Yoga Kaulava/Talita Karana Shashthyam Titau				Manama, Bahrain Sun 20 Sutra 206 Krodhin 516
	Dhanus Rasi: 24.53	Tithi 6	Gulika Yama 784477574 Rahu	8:37AM – 10:00AM 5:52AM – 7:14PM 12:45PM – 2:07PM	Purvashadha* Until 9:17AM Dhriti Until 7:21AM Kaulava Until 10:14AM Shashthi* Until 10:07PM	Ganesha: Light Blue Muruga: Orange Nataraja: Clear Moon – Light Blue Karttika-Alpasi	Sunrise: 5:52AM Sunset: 4:59PM Moon 10 - Phase 28 - 20 3rd Phase
	Creative Work	Siddha Yoga	Skanda Shasthi				
	Until 9:17AM	Then Routine Work - Marana Yoga					
Friday, November 8, 2024	Retreat Star		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukta Paksha Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda* Yoga Gara/Vanija Karana Sapthamyam Titau				Manama, Bahrain Sun 21 Sutra 207 Krodhin 516
	Makara Rasi: 8.01	Tithi 7	Gulika Yama 784577574 Rahu	7:15AM – 8:37AM 2:07PM – 3:30PM 10:00AM – 11:22AM	Uttarashadha Until 9:25AM Ganda* Until 4:09AM Sat Gara Until 9:53AM Saptami Until 9:30PM	Ganesha: Purple Muruga: Orange Nataraja: Clear Moon – Light Blue Karttika-Alpasi	Sunrise: 5:52AM Sunset: 4:59PM Moon 10 - Phase 28 - 21 3rd Phase
	Routine Work	Marana Yoga					
	Until 9:30PM	Then Routine Work - Marana Yoga					
Saturday, November 9, 2024	Retreat Star		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukta Paksha Menta Vasara Yuktayam Dhanishtha/Shatbhisnak Nakshatra Viddhi* Yoga Visti/Bava Karana Ashtamyam Titau				Manama, Bahrain Sun 22 Sutra 208 Krodhin 516
	Makara Rasi: 21.26	Tithi 8	Gulika Yama 794577574 Rahu	5:53AM – 7:15AM 12:45PM – 2:07PM 8:38AM – 10:00AM	Shravana Until 9:20AM Viddhi Until 1:55AM Sun Visti Until 9:00AM Ashtami* Until 8:19PM	Ganesha: Clear Muruga: Orange Nataraja: Clear Moon – Purple Karttika-Alpasi	Sunrise: 5:53AM Sunset: 4:59PM Moon 10 - Phase 28 - 22 Ashtami
	Creative Work	Siddha Yoga					
	Until 8:19PM	Then Routine Work - Marana Yoga					
Sunday, November 10, 2024	Retreat Star		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukta Paksha Bhanu Vasara Yuktayam Dhanishtha/Shatbhisnak Nakshatra Dhruva* Yoga Balava/Kaulava Karana Navamyam Titau				Manama, Bahrain Sun 23 Sutra 209 Krodhin 516
	Kumbha Rasi: 5.11	Tithi 9	Gulika Yama 794587574 Rahu	2:07PM – 3:29PM 11:22AM – 12:45PM 3:29PM – 4:51PM	Dhanishtha Until 8:32AM Dhruva Until 11:13PM Balava Until 7:32AM Navami* Until 6:35PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Purple Karttika-Alpasi	Sunrise: 5:54AM Sunset: 4:59PM Moon 10 - Phase 28 - 23 Navami
	Routine Work	Marana Yoga					
	Until 8:32AM	Then Creative Work - Siddha Yoga					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

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1 Monday, November 11, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Tula Mase Sukta Paksha Indu Vasara Yuktayam Shatabhishak/Purvarashtrathapada* Nakshatra Vyaghatas* Yoga Gara/Venja Karana Dashami/Ekadashtyam Titau				Manama, Bahrain Sun 24 Sutra 210	
Kumbha Rasi: 19.17	Tithi 10 – 11	Gulika 12:45PM – 2:07PM	Shatabhishak Until 7:03AM	Ganesha: Clear	Sunrise: 5:55AM	Krodha 5126	
Family Home Evening		Yama 10:01AM – 11:23AM	Vyaghatas* Until 8:06PM	Muruga: Clear	Sunset: 4:51PM	Moon 10 - Phase 29 - 24	4th Phase
Creative Work Siddha Yoga	794587574	Rahu 7:17AM – 8:39AM	Vanija Until 3:02AM Tue	Nataraja: Clear			
Until 7:03AM			Dashami Until 4:19PM	Moon – Purple			
Then Routine Work – Marana Yoga				Karttika-Alpasi		Devaloka Day	
2 Tuesday, November 12, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Tula Mase Sukta Paksha Mangala Vasara Yuktayam Uttararashtrathapada Nakshatra Harshana/Vajra* Yoga Visti* Bava Karana Ekadashti/Dvadashtyam Titau				Manama, Bahrain Sun 25 Sutra 211	
Meena Rasi: 3.42	Tithi 11 – 12	Gulika 11:23AM – 12:45PM	Uttararashtrathapada Until 3:09AM Wed	Ganesha: Red	Sunrise: 5:55AM	Krodha 5126	
		Yama 8:39AM – 10:01AM	Harshana Until 4:39PM	Muruga: Clear	Sunset: 4:50PM	Moon 10 - Phase 29 - 25	4th Phase
Creative Work Amrita Yoga	714587574	Rahu 2:06PM – 3:28PM	Bava Until 12:07AM Wed	Nataraja: Clear			
Until 3:09AM Wed			Ekadashi Until 1:36PM	Moon – Clear			
Then Routine Work – Marana Yoga				Karttika-Alpasi		Devaloka Day	
3 Wednesday, November 13, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Tula Mase Sukta Paksha Budha Vasara Yuktayam Revati Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Dvadashti/Trayodashtyam Titau				Manama, Bahrain Sun 26 Sutra 212	
Meena Rasi: 18.25	Tithi 12 – 13	Gulika 10:01AM – 11:23AM	Revati Until 12:31AM Thu	Ganesha: Red	Sunrise: 5:56AM	Krodha 5126	
		Yama 7:18AM – 8:39AM	Vajra* Until 12:53PM	Muruga: Clear	Sunset: 4:50PM	Moon 10 - Phase 29 - 26	4th Phase
Routine Work Marana Yoga	714587574	Rahu 11:23AM – 12:45PM	Kaulava Until 8:54PM	Nataraja: Clear			
Until 12:31AM Thu			Dvadashti Until 10:31AM	Moon – Clear			
Then Creative Work – Amrita Yoga				Karttika-Alpasi		Devaloka Day	
4 Thursday, November 14, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Tula Mase Sukta Paksha Guru Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyaghatas* Yoga Talilaa/Venja Karana Trayodashti/Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 213	
Mesha Rasi: 3.19	Tithi 13 – 14	Gulika 8:40AM – 10:01AM	Ashvini Until 10:01PM	Ganesha: Blue	Sunrise: 5:57AM	Krodha 5126	
		Yama 5:57AM – 7:18AM	Siddhi Until 8:58AM	Muruga: Clear	Sunset: 4:49PM	Moon 10 - Phase 29 - 27	4th Phase
Creative Work Amrita Yoga	724587574	Rahu 12:45PM – 2:06PM	Vanija Until 3:49AM Fri	Nataraja: Clear			
Until 10:01PM			Trayodashti Until 7:13AM	Moon – White			
Then Creative Work – Siddha Yoga				Karttika-Alpasi		Bhuloka Day	Devaloka Time: 3PM to 6PM
Friday, November 15, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Tula Mase Sukta Paksha Sukra Vasara Yuktayam Bharani Nakshatra Varjayan Yoga Visti* Bava Karana Punimamayam Titau				Manama, Bahrain Sun 28 Sutra 214	
Copper Retreat Star		Gulika 7:19AM – 8:40AM	Bharani Until 7:24PM	Ganesha: Blue	Sunrise: 5:57AM	Krodha 5126	
Mesha Rasi: 18.18	Tithi 15	Yama 2:06PM – 3:28PM	Varjayan Until 1:02AM Sat	Muruga: Clear	Sunset: 4:49PM	Moon 10 - Phase 29 -	Purnima
Creative Work Siddha Yoga	725587574	Rahu 10:02AM – 11:23AM	Visti Until 2:09PM	Nataraja: Clear			
			Purnima* Until 12:29AM Sat	Moon – White			
				Karttika-Alpasi		Bhuloka Day	Devaloka Time: 3PM to 6PM
Saturday, November 16, 2024		Krodhin Nama Samvatsara Dakshinayya Jivana Ritau Vrischika Mase Krishna Paksha Merita Vasara Yuktayam Krittika/Rohini Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamamayam Titau				Manama, Bahrain Sun 29 Sutra 215	
Silver Retreat Star		Gulika 5:58AM – 7:19AM	Krittika Until 4:50PM	Ganesha: Blue	Sunrise: 5:58AM	Krodha 5126	
Wishahba Rasi: 3.14	Tithi 16	Yama 12:45PM – 2:06PM	Parigha* Until 9:17PM	Muruga: Clear	Sunset: 4:49PM	Moon 10 - Phase 29 -	Prathama
Creative Work Amrita Yoga	725587575	Rahu 8:41AM – 10:02AM	Balava Until 10:54AM	Nataraja: Purple			
			Prathama* Until 9:22PM	Moon – White			
				Karttika-Karttikai		Devaloka Day	
		Vinayaga Viratam Begins					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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Sunday, November 17, 2024

Gold Retreat Star

Wishabha Rasi: 17:57 Tithi 17

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Dekshinayya Jivana Ritau Vritschika Mase Krishna Paksha Bhau Vasaara Yuktayam

Rohini/Mrigashira Nakshatra Shiva/Siddha Yoga Tailla/Gara Karana Dvitiyayam Titau

Gulika 2:06PM - 3:27PM

Yama 11:24AM - 12:45PM

Rahu 3:27PM - 4:48PM

Rohini Until 2:53PM

Shiva Until 5:51PM

Tailla Until 7:58AM

Dvitiya Until 6:38PM

Ganesha: Red

Muruga: Clear

Nataraja: Purple

Moon - Yellow

Karttika-Karttikai

Sunrise: 5:58AM

Sunset: 4:49PM

Moon 11 - Phase 30 - 1

1st Phase

Sivaloka Day

Manama, Bahrain

Sun 1 Sutra 216

Krodha 5126

1

Monday, November 18, 2024

Mithuna Rasi: 22 Tithi 18 - 19

Family Home Evening

Creative Work Amrita Yoga

Until 1:19PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dekshinayya Jivana Ritau Vritschika Mase Krishna Paksha Indu Vasara Yuktayam

Mrigashira/Aksha Nakshatra Siddha/Sadhya Yoga Vesi/Bava Karana Tritiya/Chaturthayam Titau

Gulika 12:45PM - 2:06PM

Yama 10:03AM - 11:24AM

Rahu 7:21AM - 8:42AM

Mrigashira Until 1:19PM

Siddha Until 2:51PM

Bava Until 3:39AM Tue

Tritiya Until 4:28PM

Ganesha: Red

Muruga: Clear

Nataraja: Purple

Karttika-Karttikai

Sunrise: 6:00AM

Sunset: 4:49PM

Moon 11 - Phase 30 - 2

1st Phase

Sivaloka Day

Manama, Bahrain

Sun 2 Sutra 217

Krodha 5126

2

Tuesday, November 19, 2024

Mithuna Rasi: 16:19 Tithi 19 - 20

Routine Work Marana Yoga

Until 12:17PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dekshinayya Jivana Ritau Vritschika Mase Krishna Paksha Mangala Vasara Yuktayam

Andra/Punarvasu Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamam Titau

Gulika 11:24AM - 12:45PM

Yama 8:42AM - 10:03AM

Rahu 2:06PM - 3:27PM

Andra Until 12:17PM

Sadhya Until 12:24PM

Kaulava Until 2:34AM Wed

Chaturthi* Until 2:59PM

Ganesha: Red

Muruga: Clear

Nataraja: Purple

Karttika-Karttikai

Sunrise: 6:00AM

Sunset: 4:49PM

Moon 11 - Phase 30 - 3

1st Phase

Sivaloka Day

Manama, Bahrain

Sun 3 Sutra 218

Krodha 5126

3

Wednesday, November 20, 2024

Mithuna Rasi: 29:5 Tithi 20 - 21

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Dekshinayya Jivana Ritau Vritschika Mase Krishna Paksha Budha Vasara Yuktayam

Punarvasu/Pushya Nakshatra Sukla/Sukla Yoga Tailla/Gara Karana Panchami/Shashthiyam Titau

Gulika 10:03AM - 11:24AM

Yama 7:22AM - 8:42AM

Rahu 11:24AM - 12:45PM

Punarvasu Until 12:19PM

Subha Until 10:37AM

Gara Until 2:20AM Thu

Panchami Until 2:20PM

Ganesha: Green

Muruga: Clear

Nataraja: Purple

Karttika-Karttikai

Sunrise: 6:01AM

Sunset: 4:47PM

Moon 11 - Phase 30 - 4

1st Phase

Devaloka Day

Manama, Bahrain

Sun 4 Sutra 219

Krodha 5126

4

Thursday, November 21, 2024

Kalka Rasi: 12:54 Tithi 21 - 22

Creative Work Amrita Yoga

Until 1:03PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dekshinayya Jivana Ritau Vritschika Mase Krishna Paksha Guru Vasara Yuktayam

Pushya/Kathika* Nakshatra Sukla/Brahma Yoga Vanja/Vesi* Karana Shashthi/Saptamam Titau

Gulika 8:43AM - 10:04AM

Yama 6:02AM - 7:22AM

Rahu 12:45PM - 2:06PM

Pushya Until 1:03PM

Sukla Until 9:28AM

Visti Until 3:00AM Fri

Shashthi* Until 2:32PM

Ganesha: Green

Muruga: Clear

Nataraja: Purple

Karttika-Karttikai

Sunrise: 6:02AM

Sunset: 4:47PM

Moon 11 - Phase 30 - 5

1st Phase

Devaloka Day

Manama, Bahrain

Sun 5 Sutra 220

Krodha 5126

5

Friday, November 22, 2024

Kalka Rasi: 25:32 Tithi 22 - 23

Routine Work Marana Yoga

Krodhin Nama Samvatsare Dekshinayya Jivana Ritau Vritschika Mase Krishna Paksha Sukra Vasara Yuktayam

Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Saptami/Ashlamam Titau

Gulika 7:23AM - 8:44AM

Yama 2:06PM - 3:26PM

Rahu 10:04AM - 11:25AM

Ashlesha* Until 2:27PM

Brahma Until 9:00AM

Balava Until 4:28AM Sat

Saptami Until 3:37PM

Ganesha: Green

Muruga: Clear

Nataraja: Purple

Karttika-Karttikai

Sunrise: 6:03AM

Sunset: 4:47PM

Moon 11 - Phase 30 - 6

1st Phase

Devaloka Day

Manama, Bahrain

Sun 6 Sutra 221

Krodha 5126

D

Saturday, November 23, 2024

Retreat Star

Simha Rasi: 7:5 Tithi 23 - 24

Creative Work Amrita Yoga

Until 4:55PM

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Dekshinayya Jivana Ritau Vritschika Mase Krishna Paksha Merita Vasara Yuktayam

Magha*/Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Kaulava/Tailla Karana Ashtami/Navamam Titau

Gulika 6:03AM - 7:24AM

Yama 12:46PM - 2:06PM

Rahu 8:44AM - 10:05AM

Magha* Until 4:55PM

Indra Until 9:09AM

Tailla Until 6:36AM Sun

Ashtami* Until 5:26PM

Ganesha: Orange

Muruga: Clear

Nataraja: Purple

Karttika-Karttikai

Sunrise: 6:03AM

Sunset: 4:47PM

Moon 11 - Phase 30 - 7

Ashtami

Sivaloka Day

Manama, Bahrain

Sun 7 Sutra 222

Krodha 5126

Sunday, November 24, 2024

Retreat Star

Simha Rasi: 19:51 Tithi 24

Creative Work Siddha Yoga

Until 7:45PM

Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Dekshinayya Jivana Ritau Vritschika Mase Krishna Paksha Bhau Vasaara Yuktayam

Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Tailla/Gara Karana Navamam Titau

Gulika 2:06PM - 3:26PM

Yama 11:25AM - 12:46PM

Rahu 3:26PM - 4:47PM

Purvaphalguni Until 7:45PM

Vaidhriti* Until 9:44AM

Tailla Until 6:36AM

Navami* Until 7:50PM

Ganesha: Clear

Muruga: Clear

Nataraja: Purple

Karttika-Karttikai

Sunrise: 6:04AM

Sunset: 4:47PM

Moon 11 - Phase 30 - 8

Navami

Sivaloka Day

Manama, Bahrain

Sun 8 Sutra 223

Krodha 5126

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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www.gurudeva.org/panchang

1	Monday, November 25, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha* Priti Yoga Vanja/Visti* Karana Dashamam Titau				Manama, Bahrain Sun 9 Sutra 224	
	Kanya Rasi: 1.42	Tithi 25	Gulika Yama	12:46PM - 2:06PM 10:05AM - 11:26AM	Uttaraphalguni Until 10:42PM Vishkambha* Until 10:39AM	Ganesha: Clear Muruga: Clear Nataraja: Purple	Sunrise: 6:05AM Sunset: 4:47PM	Krodhin 5126 Moon 11 - Phase 31 - 9
	Family Home Evening		Rahu	7:25AM - 8:45AM	Vanija Until 9:11AM	Moon - Red		2nd Phase
	Creative Work	Siddha Yoga			Dashami Until 10:32PM	Karttika-Karttikai		Sivaloka Day
2	Tuesday, November 26, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Mangala Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Bava/Baleva Karana Ekadashyam Titau				Manama, Bahrain Sun 10 Sutra 225	
	Kanya Rasi: 13.29	Tithi 26	Gulika Yama	11:26AM - 12:46PM 8:46AM - 10:06AM	Hasta Until 2:04AM Wed Priti Until 11:42AM	Ganesha: Purple Muruga: Clear Nataraja: Purple	Sunrise: 6:06AM Sunset: 4:47PM	Krodhin 5126 Moon 11 - Phase 31 - 10
			Rahu	2:06PM - 3:26PM	Bava Until 11:57AM	Moon - Green		2nd Phase
	Creative Work	Siddha Yoga			Ekadashi* Until 1:19AM Wed	Karttika-Karttikai		Devaloka Day
3	Wednesday, November 27, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Budha Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Tailita Karana Dvadashtyam Titau				Manama, Bahrain Sun 11 Sutra 226	
	Kanya Rasi: 25.15	Tithi 27	Gulika Yama	10:06AM - 11:26AM 7:26AM - 8:46AM	Chitra Until 5:06AM Thu Ayushman Until 12:41PM	Ganesha: Purple Muruga: Clear Nataraja: Purple	Sunrise: 6:06AM Sunset: 4:46PM	Krodhin 5126 Moon 11 - Phase 31 - 11
			Rahu	11:26AM - 12:46PM	Kaulava Until 2:40PM	Moon - Green		2nd Phase
	Creative Work	Siddha Yoga			Dvadashti* Until 3:55AM Thu	Karttika-Karttikai		Devaloka Day
	Until 5:06AM Thu							
4	Thursday, November 28, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Guru Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 12 Sutra 227	
	Tula Rasi: 7.06	Tithi 28	Gulika Yama	8:47AM - 10:07AM 6:07AM - 7:27AM	Svati Until 7:38AM Fri Saubhagya Until 1:30PM	Ganesha: Purple Muruga: Clear Nataraja: Purple	Sunrise: 6:07AM Sunset: 4:46PM	Krodhin 5126 Moon 11 - Phase 31 - 12
			Rahu	12:47PM - 2:07PM	Gara Until 5:08PM	Moon - Green		2nd Phase
	Creative Work	Amrita Yoga			Trayodashi* Until 6:12AM Fri	Karttika-Karttikai		Devaloka Day
	Until 7:38AM Fri				Pradosha Vrata (Fasting)			
5	Friday, November 29, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Merita Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Ahiganda* Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 13 Sutra 228	
	Tula Rasi: 19.05	Tithi 28 - 29	Gulika Yama	7:28AM - 8:47AM 2:07PM - 3:27PM	Svati Until 7:38AM Sobhana Until 2:03PM	Ganesha: Purple Muruga: Clear Nataraja: Purple	Sunrise: 6:08AM Sunset: 4:46PM	Krodhin 5126 Moon 11 - Phase 31 - 13
			Rahu	10:07AM - 11:27AM	Vasi Until 7:11PM	Moon - Green		2nd Phase
	Creative Work	Siddha Yoga			Trayodashi* Until 6:12AM	Karttika-Karttikai		Devaloka Day
	Saturday, November 30, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Krishna Paksha Merita Vasara Yuktayam Vishakha/Anuradha Nakshatra Ahiganda*/Sukarma Yoga Sakun*/Catuspada* Karana Chaturdashini/Amavasyayam Titau				Manama, Bahrain Sun 14 Sutra 229	
	Vishchika Rasi: 1.14	Tithi 29 - 30	Gulika Yama	6:08AM - 7:28AM 12:47PM - 2:07PM	Vishakha Until 10:04AM Ahiganda* Until 2:13PM	Ganesha: Light Blue Muruga: Clear Nataraja: Purple	Sunrise: 6:08AM Sunset: 4:46PM	Krodhin 5126 Moon 11 - Phase 31 - 14
			Rahu	8:48AM - 10:08AM	Catuspada Until 8:46PM	Moon - Orange		Amavasya
	Creative Work	Siddha Yoga			Chaturdashi* Until 8:01AM	Karttika-Karttikai		Devaloka Day
	Sunday, December 1, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vishchika Mase Sukla Paksha Shrau Vasara Yuktayam Anuradha/Jyestha* Nakshatra Sukarma/Dhriti Yoga Naga*/Kirtughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 15 Sutra 230	
	Vishchika Rasi: 14	Tithi 30 - 1	Gulika Yama	2:07PM - 3:27PM 11:28AM - 12:47PM	Anuradha Until 11:53AM Sukarma Until 2:01PM	Ganesha: Light Blue Muruga: Clear Nataraja: Purple	Sunrise: 6:09AM Sunset: 4:46PM	Krodhin 5126 Moon 11 - Phase 31 - 15
			Rahu	3:27PM - 4:46PM	Kirtughna Until 9:52PM	Moon - Orange		Prathama
	Routine Work	Marana Yoga			Amavasya* Until 9:21AM	Margasira-Karttikai		Devaloka Day

When the soul attains Self-knowledge, then it becomes one with Siva. The nyalas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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1	Monday, December 2, 2024		Krodhin Nama Samvatara Dekshinaya Jivana Ritau Vrischika Mese Sukla Paksha Indu Vasara Yuktayam Jyeshtha* Mula* Nakshatra Dhriti/Shula* Yoga Balava/Balava Karana Prathama/Dvitiya/Tritiya/Tau				Manama, Bahrain Sun 16 Subra 231	
	Vrischika Rasi: 26.1	Tithi 1 – 2	Gulika 12:48PM – 2:07PM	Jyeshtha* Until 1:04PM	Ganesha: Orange	Sunrise: 6:10AM	Krodha 5126	Sivaloka Day
	Family Home Evening	777587575	Yama 10:09AM – 11:28AM	Dhriti Until 1:29PM	Muruga: Clear	Sunset: 4:49PM	Moon 11 - Phase 32 - 17	
	Creative Work	Siddha Yoga	Rahu 7:29AM – 8:49AM	Balava Until 10:30PM	Nataraja: Purple		3rd Phase	
				Prathama* Until 10:13AM	Moon – Orange			
					Margasira-Karttika			
2	Tuesday, December 3, 2024		Krodhin Nama Samvatara Dekshinaya Jivana Ritau Vrischika Mese Sukla Paksha Mangala Vasara Yuktayam Mula* Purvashada* Nakshatra Shula* Ganda* Yoga Kaulava/Taila Karana Tritiya/Chaturtham/Tatau				Manama, Bahrain Sun 17 Subra 232	
	Dhanus Rasi: 8.56	Tithi 2 – 3	Gulika 11:29AM – 12:48PM	Mula* Until 2:09PM	Ganesha: Purple	Sunrise: 6:11AM	Krodha 5126	Devaloka Day
		787687575	Yama 8:50AM – 10:09AM	Shula* Until 12:35PM	Muruga: Clear	Sunset: 4:47PM	Moon 11 - Phase 32 - 17	
	Creative Work	Amrita Yoga	Rahu 2:08PM – 3:27PM	Taila Until 10:42PM	Nataraja: Purple		3rd Phase	
	Until 2:09PM			Dvitiya Until 10:38AM	Moon – Light Blue			
	Then Creative Work	Siddha Yoga			Margasira-Karttika			
3	Wednesday, December 4, 2024		Krodhin Nama Samvatara Dekshinaya Jivana Ritau Vrischika Mese Sukla Paksha Budha Vasara Yuktayam Purvashada* Uttarashada Nakshatra Ganda* Viddhi Yoga Gara/Vanija Karana Tritiya/Chaturtham/Tatau				Manama, Bahrain Sun 18 Subra 233	
	Dhanus Rasi: 21.55	Tithi 3 – 4	Gulika 10:10AM – 11:29AM	Purvashada* Until 2:42PM	Ganesha: Purple	Sunrise: 6:11AM	Krodha 5126	Devaloka Day
		787687575	Yama 8:50AM – 10:09AM	Ganda* Until 11:23AM	Muruga: Clear	Sunset: 4:47PM	Moon 11 - Phase 32 - 18	
	Creative Work	Amrita Yoga	Rahu 11:29AM – 12:48PM	Vanija Until 10:32PM	Nataraja: Purple		3rd Phase	
				Tritiya Until 10:38AM	Moon – Light Blue			
					Margasira-Karttika			
4	Thursday, December 5, 2024		Krodhin Nama Samvatara Dekshinaya Jivana Ritau Vrischika Mese Sukla Paksha Guru Vasara Yuktayam Uttarashada/Shravana Nakshatra Viddhi/Dhruva Yoga Vist*/Bava Karana Chaturthi/Panchamam/Tatau				Manama, Bahrain Sun 19 Subra 234	
	Makara Rasi: 5.04	Tithi 4 – 5	Gulika 8:51AM – 10:10AM	Uttarashada Until 2:45PM	Ganesha: Purple	Sunrise: 6:12AM	Krodha 5126	Devaloka Day
		787687575	Yama 6:12AM – 7:31AM	Viddhi Until 9:55AM	Muruga: Clear	Sunset: 4:47PM	Moon 11 - Phase 32 - 19	
	Routine Work	Marana Yoga	Rahu 12:48PM – 2:08PM	Bava Until 10:01PM	Nataraja: Purple		3rd Phase	
	Until 2:45PM			Chaturthi* Until 10:18AM	Moon – Light Blue			
	Then Creative Work	Siddha Yoga			Margasira-Karttika			
5	Friday, December 6, 2024		Krodhin Nama Samvatara Dekshinaya Jivana Ritau Vrischika Mese Sukla Paksha Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyagata* Harshana Yoga Talita/Gara Karana Shashthi/Saptamam/Tatau				Manama, Bahrain Sun 20 Subra 235	
	Makara Rasi: 18.24	Tithi 5 – 6	Gulika 7:32AM – 8:51AM	Shravana Until 2:46PM	Ganesha: Clear	Sunrise: 6:13AM	Krodha 5126	Sivaloka Day
		797687575	Yama 2:08PM – 3:28PM	Dhruva Until 8:10AM	Muruga: Clear	Sunset: 4:47PM	Moon 11 - Phase 32 - 20	
	Routine Work	Marana Yoga	Rahu 10:11AM – 11:30AM	Kaulava Until 9:10PM	Nataraja: Purple		3rd Phase	
	Until 2:46PM			Panchami Until 9:37AM	Moon – Purple			
	Then Creative Work	Siddha Yoga			Margasira-Karttika			
			Vinayaga Viratam Ends					
6	Saturday, December 7, 2024		Krodhin Nama Samvatara Dekshinaya Jivana Ritau Vrischika Mese Sukla Paksha Manita Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyagata* Harshana Yoga Talita/Gara Karana Shashthi/Saptamam/Tatau				Manama, Bahrain Sun 21 Subra 236	
	Kumbha Rasi: 1.55	Tithi 6 – 7	Gulika 6:13AM – 7:33AM	Dhanishtha Until 2:20PM	Ganesha: Clear	Sunrise: 6:13AM	Krodha 5126	Sivaloka Day
		797687575	Yama 12:50PM – 2:09PM	Vyagata* Until 6:11AM	Muruga: Clear	Sunset: 4:47PM	Moon 11 - Phase 32 - 21	
	Creative Work	Siddha Yoga	Rahu 8:52AM – 10:11AM	Gara Until 8:00PM	Nataraja: Purple		3rd Phase	
	Until 2:20PM			Shashthi* Until 8:36AM	Moon – Purple			
	Then Creative Work	Amrita Yoga			Margasira-Karttika			
D	Sunday, December 8, 2024		Krodhin Nama Samvatara Dekshinaya Jivana Ritau Vrischika Mese Sukla Paksha Shranu Vasara Yuktayam Shatabhishak/Purvaprosrothapada* Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Akshamam/Tatau				Manama, Bahrain Sun 22 Subra 237	
	Retreat Star		Gulika 2:09PM – 3:28PM	Shatabhishak Until 1:25PM	Ganesha: Purple	Sunrise: 6:14AM	Krodha 5126	Subha Sivaloka Day
	Kumbha Rasi: 15.38	Tithi 7 – 8	Yama 11:31AM – 12:50PM	Vajra* Until 1:24AM Mon	Muruga: Clear	Sunset: 4:47PM	Moon 11 - Phase 32 - 22	
	Creative Work	Siddha Yoga	Rahu 3:28PM – 4:47PM	Visti Until 6:29PM	Nataraja: Purple		Ashtami	
				Saptami Until 7:16AM	Moon – Purple			
					Margasira-Karttika			
Monday, December 9, 2024	Retreat Star		Krodhin Nama Samvatara Dekshinaya Jivana Ritau Vrischika Mese Sukla Paksha Indu Vasara Yuktayam Purvaprosrothapada*/Uttaraprosrothapada* Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamam/Tatau				Manama, Bahrain Sun 23 Subra 238	
	Kumbha Rasi: 29.32	Tithi 9	Gulika 12:50PM – 2:09PM	Purvaprosrothapada* Until 12:27PM	Ganesha: Blue	Sunrise: 6:15AM	Krodha 5126	Subha Sivaloka Day
	Family Home Evening	718687575	Yama 10:12AM – 11:31AM	Siddhi Until 10:36PM	Muruga: Clear	Sunset: 4:48PM	Moon 11 - Phase 32 - 23	
	Routine Work	Marana Yoga	Rahu 7:34AM – 8:53AM	Balava Until 4:38PM	Nataraja: Purple		Navami	
	Until 12:27PM			Navami* Until 3:34AM Tue	Moon – Clear			
	Then Creative Work	Siddha Yoga			Margasira-Karttika			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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1 Tuesday, December 10, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Mangala Vasara Yuktayam Uttaraprosrthapada/Revati Nakshatra Vyalipala* Yoga Vanija/Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 24 Subra 239
Meena Rasi: 13.4	Tithi 10	Gulika 11:32AM - 12:51PM Yama 8:54AM - 10:13AM 718687575 Rahu 2:10PM - 3:29PM	Uttaraprosrthapada Until 11:01AM Vyalipala* Until 7:33PM Taillila Until 2:28PM Dashami Until 1:15AM Wed	Ganesha: Blue Muruga: Clear Nataraja: Purple Moon - Clear Margasira-Karttikai	Sunrise: 6:15AM Sunset: 4:49PM Moon 11 - Phase 33 - 24 4th Phase	Krodha 5126 Subha Sivaloka Day
Creative Work Amrita Yoga Until 11:01AM Then Creative Work - Siddha Yoga						
2 Wednesday, December 11, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Parigraha* Shiva Yoga Bava/Balava Karana Dvadashtyam Titau				Manama, Bahrain Sun 25 Subra 240
Meena Rasi: 28	Tithi 11	Gulika 10:13AM - 11:32AM Yama 7:35AM - 8:54AM 718687575 Rahu 11:32AM - 12:51PM	Revati Until 9:10AM Varjany Until 4:17PM Vanija Until 12:00PM Ekadashi Until 10:41PM	Ganesha: Blue Muruga: Clear Nataraja: Purple Moon - Clear Margasira-Karttikai	Sunrise: 6:16AM Sunset: 4:49PM Moon 11 - Phase 33 - 25 4th Phase	Krodha 5126 Subha Sivaloka Day
Routine Work Marana Yoga Gita Jayanthi						
3 Thursday, December 12, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Parigraha* Shiva Yoga Bava/Balava Karana Dvadashtyam Titau				Manama, Bahrain Sun 26 Subra 241
Meesa Rasi: 12.29	Tithi 12	Gulika 8:55AM - 10:14AM Yama 6:17AM - 7:36AM 728687575 Rahu 12:52PM - 2:11PM	Ashvini Until 7:22AM Parigraha* Until 12:52PM Bava Until 9:21AM Dvadashti Until 7:57PM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon - Clear Margasira-Karttikai	Sunrise: 6:17AM Sunset: 4:49PM Moon 11 - Phase 33 - 26 4th Phase	Krodha 5126 Sivaloka Day
Creative Work Amrita Yoga Until 7:22AM Then Creative Work - Siddha Yoga						
4 Friday, December 13, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Sukra Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Kaulava/Gara Karana Trayodashi/Chaturdeshyam Titau				Manama, Bahrain Sun 27 Subra 242
Meesa Rasi: 27.04	Tithi 13 - 14	Gulika 7:36AM - 8:55AM Yama 2:11PM - 3:30PM 728687575 Rahu 10:14AM - 11:33AM	Krittika Until 3:09AM Sat Shiva Until 9:23AM Kaulava Until 6:35AM Trayodashi Until 5:10PM Pradosha Vrata	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon - White Margasira-Karttikai	Sunrise: 6:17AM Sunset: 4:49PM Moon 11 - Phase 33 - 27 4th Phase	Krodha 5126 Sivaloka Day
Creative Work Siddha Yoga Until 3:09AM Sat Then Creative Work - Amrita Yoga						
○ Saturday, December 14, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vitshika Mase Sukla Paksha Manta Vasara Yuktayam Rohini Nakshatra Sadyha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Manama, Bahrain Sun 28 Subra 243
Copper Retreat Star		Gulika 6:18AM - 7:37AM Yama 12:52PM - 2:11PM 738687575 Rahu 8:56AM - 10:15AM	Rohini Until 1:24AM Sun Sadyha Until 2:35AM Sun Visti Until 1:14AM Sun Chaturdashi* Until 2:29PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon - Yellow Margasira-Karttikai	Sunrise: 6:18AM Sunset: 4:49PM Moon 11 - Phase 33 - Purnima	Krodha 5126 Subha Sivaloka Day
Wishahba Rasi: 11.38 Tithi 14 - 15 Creative Work Amrita Yoga Until 1:24AM Sun Then Creative Work - Siddha Yoga						
Sunday, December 15, 2024		Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Paksha Bhanu Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Manama, Bahrain Sun 29 Subra 244
Silver Retreat Star		Gulika 2:12PM - 3:31PM Yama 11:34AM - 12:53PM 739687575 Rahu 3:31PM - 4:49PM	Mrigashira Until 11:49PM Subha Until 11:32PM Balava Until 10:57PM Purnima* Until 12:02PM	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon - Yellow Margasira-Markali	Sunrise: 6:19AM Sunset: 4:49PM Moon 11 - Phase 33 - Prathama	Krodha 5126 Sivaloka Day
Wishahba Rasi: 26.05 Tithi 15 - 16 Creative Work Siddha Yoga Markali Pillaiyer						

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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**Monday, December 16, 2024****Gold Retreat Star**Krodhin Nama Samvatsare Dekshinaya Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yuktayam
Andra Nakshatra Sukla Yoga Kaulava/Tailita Karana Prathamam/Dvityayam TitauManama, Bahrain
Sutra 245

Mithuna Rasi: 10:17 Tithi 16 – 17

Gulika

12:53PM – 2:12PM

Andra Until 10:34PM

Ganesha: White

Sunrise: 6:19AM

Krodha 5126

Family Home Evening

839687575 Rahu

7:38AM – 8:57AM

Sukla Until 8:50PM

Muruga: Clear

Sunset: 4:50PM

Moon 12 - Phase 34 - 1st Phase

Creative Work Siddha Yoga

839687575

7:38AM – 8:57AM

Tailita Until 9:08PM

Nataraja: Purple

Moon – Yellow

Devaloka Day

Until 10:34PM

Then Creative Work - Amrita Yoga

Margasira-Markali

1 Tuesday, December 17, 2024Krodhin Nama Samvatsare Dekshinaya Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Gara/Vanija Karana Dvityayam TitauManama, Bahrain
Sun 1 Sutra 246

Mithuna Rasi: 24:1 Tithi 17 – 18

Gulika

11:35AM – 12:54PM

Punarvasu Until 10:12PM

Ganesha: Clear

Sunrise: 6:20AM

Krodha 5126

Creative Work Siddha Yoga

849687575 Rahu

8:57AM – 10:16AM

Brahma Until 6:38PM

Muruga: Clear

Sunset: 4:50PM

Moon 12 - Phase 34 - 1st Phase

2:13PM – 3:31PM

Vanija Until 7:57PM

Nataraja: Purple

Moon – Blue

Sivaloka Day

Dvitiya Until 8:26AM

Margasira-Markali

2 Wednesday, December 18, 2024Krodhin Nama Samvatsare Dekshinaya Moksha Ritau Dhanus Mase Krishna Paksha Butha Vasara Yuktayam
Pushya Nakshatra Brahma Yoga Gara/Vanija Karana Tritya/Chaturthayam TitauManama, Bahrain
Sun 2 Sutra 247

Kataka Rasi: 7:4 Tithi 18 – 19

Gulika

10:17AM – 11:36AM

Pushya Until 10:26PM

Ganesha: Clear

Sunrise: 6:20AM

Krodha 5126

Creative Work Siddha Yoga

849687575 Rahu

8:57AM – 10:16AM

Indra Until 5:02PM

Muruga: Clear

Sunset: 4:51PM

Moon 12 - Phase 34 - 1st Phase

11:36AM – 12:54PM

Bava Until 7:29PM

Nataraja: Purple

Moon – Blue

Sivaloka Day

Tritya Until 7:36AM

Margasira-Markali

3 Thursday, December 19, 2024Krodhin Nama Samvatsare Dekshinaya Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam
Ashlesha Nakshatra Vaidhriti/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamam TitauManama, Bahrain
Sun 3 Sutra 248

Kataka Rasi: 20:44 Tithi 19 – 20

Gulika

8:58AM – 10:17AM

Ashlesha* Until 11:18PM

Ganesha: Clear

Sunrise: 6:21AM

Krodha 5126

Creative Work Siddha Yoga

849687575 Rahu

6:21AM – 7:40AM

Vaidhriti* Until 4:01PM

Muruga: Clear

Sunset: 4:52PM

Moon 12 - Phase 34 - 1st Phase

12:55PM – 2:14PM

Kaulava Until 7:50PM

Nataraja: Purple

Moon – Blue

Sivaloka Day

Chaturthi* Until 7:32AM

Margasira-Markali

4 Friday, December 20, 2024Krodhin Nama Samvatsare Dekshinaya Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam
Magha Nakshatra Vishkambha* (Priti) Yoga Tailita/Gara Karana Panchami/Shashthiyam TitauManama, Bahrain
Sun 4 Sutra 249

Simha Rasi: 3:25 Tithi 20 – 21

Gulika

7:40AM – 8:59AM

Magha* Until 1:15AM Sat

Ganesha: Purple

Sunrise: 6:21AM

Krodha 5126

Routine Work Marana Yoga

859687575 Rahu

2:14PM – 3:33PM

Vishkambha* Until 3:38PM

Muruga: Clear

Sunset: 4:52PM

Moon 12 - Phase 34 - 1st Phase

10:18AM – 11:37AM

Gara Until 9:01PM

Nataraja: Purple

Moon – Red

Devaloka Day

Panchami Until 8:18AM

Margasira-Markali

5 Saturday, December 21, 2024Krodhin Nama Samvatsare Dekshinaya Moksha Ritau Dhanus Mase Krishna Paksha Manita Vasara Yuktayam
Purvaaphalguni Nakshatra Aayushman/Yoga Vanija/Visi* Karana Shashthi/Saptamam TitauManama, Bahrain
Sun 5 Sutra 250

Simha Rasi: 15:44 Tithi 21 – 22

Gulika

6:22AM – 7:41AM

Purvaaphalguni Until 3:43AM Sun

Ganesha: Purple

Sunrise: 6:22AM

Krodha 5126

Creative Work Siddha Yoga

859687575 Rahu

12:56PM – 2:15PM

Priti Until 3:51PM

Muruga: Clear

Sunset: 4:53PM

Moon 12 - Phase 34 - 1st Phase

8:59AM – 10:18AM

Visi Until 10:54PM

Nataraja: Purple

Moon – Red

Devaloka Day

Shashthi* Until 9:51AM

Margasira-Markali

6 Sunday, December 22, 2024**Retreat Star**Krodhin Nama Samvatsare Uttarayani Moksha Ritau Dhanus Mase Krishna Paksha Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Aayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamam TitauManama, Bahrain
Sun 6 Sutra 251

Simha Rasi: 27:47 Tithi 22 – 23

Gulika

2:15PM – 3:34PM

Uttaraphalguni Until 6:28AM Mon

Ganesha: White

Sunrise: 6:22AM

Krodha 5126

Creative Work Amrita Yoga

851687575 Rahu

11:38AM – 12:56PM

Ayushman Until 4:28PM

Muruga: Clear

Sunset: 4:53PM

Moon 12 - Phase 34 - 6

3:34PM – 4:53PM

Balava Until 1:20AM Mon

Nataraja: Purple

Moon – Red

Devaloka Day

Saptami Until 12:03PM

Margasira-Markali

Monday, December 23, 2024**Retreat Star**Krodhin Nama Samvatsare Uttarayani Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailita Karana Ashtami/Navamam TitauManama, Bahrain
Sun 7 Sutra 252

Kanya Rasi: 9:4 Tithi 23 – 24

Gulika

12:57PM – 2:16PM

Uttaraphalguni Until 6:28AM

Ganesha: White

Sunrise: 6:23AM

Krodha 5126

Family Home Evening

851687575 Rahu

10:19AM – 11:38AM

Saubhagya Until 5:23PM

Muruga: Clear

Sunset: 4:53PM

Moon 12 - Phase 34 - 7

7:42AM – 9:00AM

Tailita Until 4:03AM Tue

Nataraja: Purple

Moon – Red

Devaloka Day

Ashtami* Until 2:39PM

Margasira-Markali

Creative Work Siddha Yoga

Day 3 of Pancha Ganapati

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1	Tuesday, December 24, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Mangala Vasara Yuktayam Hashta/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau					Manama, Bahrain Sun 8 Sutra 253
	Kanya Rasi: 21.28	Tithi 24 – 25	Gulika Yama 861687575 Rahu	11:39AM – 12:57PM 9:01AM – 10:20AM 2:16PM – 3:35PM	Hashta Until 9:47AM Sobhana Until 6:23PM Vanija Until 6:46AM Wed	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Green Margasira-Markali	Sunrise: 6:23AM Sunset: 4:54PM Moon 12 - Phase 35 - 8	
	Creative Work	Siddha Yoga	Day 4 of Pancha Ganapati		Navami* Until 5:24PM	Sivaloka Day		
2	Wednesday, December 25, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Budha Vasara Yuktayam Chitra/Svati Nakshatra Ahiganda* Yoga Vanija/Vishti* Karana Dashamyam Titau					Manama, Bahrain Sun 9 Sutra 254
	Tula Rasi: 3.16	Tithi 25	Gulika Yama 861687575 Rahu	10:20AM – 11:39AM 7:43AM – 9:01AM 11:39AM – 12:58PM	Chitra Until 12:52PM Athiganda* Until 7:15PM Vanija Until 6:46AM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Green Margasira-Markali	Sunrise: 6:24AM Sunset: 4:54PM Moon 12 - Phase 35 - 9	
	Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Dashami Until 8:01PM	Sivaloka Day		
3	Thursday, December 26, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sukama Yoga Bava/Belava Karana Ekadashyam Titau					Manama, Bahrain Sun 10 Sutra 255
	Tula Rasi: 15.1	Tithi 26	Gulika Yama 861687575 Rahu	9:02AM – 10:21AM 6:24AM – 7:43AM 12:58PM – 2:17PM	Svati Until 3:29PM Sukama Until 7:52PM Bava Until 9:13AM Ekadashi* Until 10:15PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Green Margasira-Markali	Sunrise: 6:24AM Sunset: 4:55PM Moon 12 - Phase 35 - 10	
	Creative Work	Amrita Yoga				Devaloka Day		
	Until 3:29PM	Then Creative Work - Siddha Yoga						
4	Friday, December 27, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti Yoga Kaulava/Tatila Karana Dvadashtyam Titau					Manama, Bahrain Sun 11 Sutra 256
	Tula Rasi: 27.13	Tithi 27	Gulika Yama 871687575 Rahu	7:43AM – 9:02AM 2:18PM – 3:37PM 10:21AM – 11:40AM	Vishakha Until 5:58PM Dhriti Until 8:06PM Kaulava Until 11:12AM Dvadashti* Until 11:58PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Orange Margasira-Markali	Sunrise: 6:25AM Sunset: 4:55PM Moon 12 - Phase 35 - 11	
	Creative Work	Siddha Yoga				Bhuloka Day Devaloka Time: 3PM to 6PM		
5	Saturday, December 28, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Manta Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau					Manama, Bahrain Sun 12 Sutra 257
	Virchika Rasi: 9.31	Tithi 28	Gulika Yama 871787575 Rahu	6:25AM – 7:44AM 12:59PM – 2:18PM 9:03AM – 10:22AM	Anuradha Until 7:43PM Shula* Until 7:52PM Gara Until 12:37PM Trayodashi* Until 1:04AM Sun	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Orange Margasira-Markali	Sunrise: 6:25AM Sunset: 4:56PM Moon 12 - Phase 35 - 12	
	Creative Work	Siddha Yoga				Devaloka Day		
	Pradosha Vrata (Fasting)							
6	Sunday, December 29, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Bharu Vasara Yuktayam Jyeshtha/Nakshatra Ganda* Yoga Visti/Sankuni* Karana Chaturdashyam Titau					Manama, Bahrain Sun 13 Sutra 258
	Virchika Rasi: 22.04	Tithi 29	Gulika Yama 871787575 Rahu	2:19PM – 3:38PM 11:41AM – 1:00PM 3:38PM – 4:57PM	Jyeshtha* Until 8:42PM Ganda* Until 7:10PM Visti Until 1:24PM Chaturdashi* Until 1:33AM Mon	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Orange Margasira-Markali	Sunrise: 6:25AM Sunset: 4:57PM Moon 12 - Phase 35 - 13	
	Routine Work	Marana Yoga				Devaloka Day		
	Until 8:42PM	Then Creative Work - Amrita Yoga						
	Monday, December 30, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Krishna Paksha Indu Vasara Yuktayam Mula* Nakshatra Viddhi Yoga Catuspadi* Naga* Karana Amavasyayam Titau					Manama, Bahrain Sun 14 Sutra 259
	Retreat Star		Gulika Yama 881787575 Rahu	1:00PM – 2:19PM 10:23AM – 11:41AM 7:45AM – 9:04AM	Mula* Until 9:27PM Viddhi Until 6:02PM Catuspadi Until 1:35PM Amavasya* Until 1:27AM Tue	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Light Blue Margasira-Markali	Sunrise: 6:26AM Sunset: 4:57PM Moon 12 - Phase 35 - 14	
	Dhanus Rasi: 4.55	Tithi 30	Family Home Evening			Devaloka Day		
	Creative Work	Siddha Yoga	Hanumath Jayanthi (Tamil Nadu)					
Until 9:27PM	Then Routine Work - Marana Yoga							
	Tuesday, December 31, 2024		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yuktayam Purnvashadha* Nakshatra Dhruva/Vyeghata* Yoga Kintughna* Bava Karana Prathamayam Titau					Manama, Bahrain Sun 15 Sutra 260
	Retreat Star		Gulika Yama 881787575 Rahu	11:42AM – 1:01PM 9:04AM – 10:23AM 2:20PM – 3:39PM	Purnvashadha* Until 9:32PM Dhruva Until 4:27PM Kintughna Until 1:14PM Prathama* Until 12:52AM Wed	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Light Blue Pausha-Markali	Sunrise: 6:26AM Sunset: 4:58PM Moon 12 - Phase 35 - 15	
	Dhanus Rasi: 18.02	Tithi 1				Devaloka Day		
	Creative Work	Siddha Yoga						
Until 9:32PM	Then Routine Work - Prabalarishta Yoga							

In the gloom of fear, His six-fold face gleams. In perils unbouded, His vel betokens, "Fear not." Tirumurai 11

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1 Wednesday, January 1, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yuktayam Uttarashadha Nakshatra Vyaghatra* Harshana Yoga Balava/Kaulava Karana Dvityayam Titau				Manama, Bahrain Sun 16 Sutra 261	
Makara Rasi: 1.23	Tithi 2	Gulika Yama Rahu	10:23AM – 11:42AM 7:45AM – 9:04AM 11:42AM – 1:01PM	Uttarashadha Until 9:05PM Vyaghatra* Until 2:34PM Balava Until 12:26PM Dvitiya Until 11:53PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Light Blue Pausha-Markali	Sunrise: 6:26AM Sunset: 4:59PM	Krodha 51:06 Moon 12 - Phase 36 - 17 3rd Phase
Creative Work	Amrita Yoga	Devaloka Day					
Until 9:05PM							
Then Creative Work - Siddha Yoga							
2 Thursday, January 2, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Taillita/Gara Karana Tritiyayam Titau				Manama, Bahrain Sun 17 Sutra 262	
Makara Rasi: 14.58	Tithi 3	Gulika Yama Rahu	9:04AM – 10:23AM 6:26AM – 7:45AM 1:02PM – 2:21PM	Shravana Until 8:38PM Harshana Until 12:26PM Taillita Until 11:18AM Tritiya Until 10:37PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Purple Pausha-Markali	Sunrise: 6:26AM Sunset: 4:59PM	Krodha 51:06 Moon 12 - Phase 36 - 17 3rd Phase
Creative Work	Siddha Yoga	Bhuloka Day Devaloka Time: 3PM to 6PM					
3 Friday, January 3, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Sukra Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Vanja/Visti* Karana Chaturtayam Titau				Manama, Bahrain Sun 18 Sutra 263	
Makara Rasi: 28.42	Tithi 4	Gulika Yama Rahu	7:46AM – 9:05AM 1:03PM – 2:22PM 10:24AM – 11:43AM	Dhanishtha Until 7:49PM Vajra* Until 10:04AM Vanija Until 9:55AM Chaturthi* Until 9:07PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Purple Pausha-Markali	Sunrise: 6:26AM Sunset: 4:59PM	Krodha 51:06 Moon 12 - Phase 36 - 18 3rd Phase
Creative Work	Siddha Yoga	Bhuloka Day Devaloka Time: 3PM to 6PM					
4 Saturday, January 4, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Manita Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyelpata* Yoga Bava/Balava Karana Panchamam Titau				Manama, Bahrain Sun 19 Sutra 264	
Kumbha Rasi: 12.33	Tithi 5	Gulika Yama Rahu	6:27AM – 7:46AM 1:03PM – 2:22PM 9:05AM – 10:24AM	Shatabhishak Until 6:41PM Siddhi Until 7:34AM Bava Until 6:20AM Panchami Until 7:29PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Purple Pausha-Markali	Sunrise: 6:27AM Sunset: 5:00PM	Krodha 51:06 Moon 12 - Phase 36 - 19 3rd Phase
Creative Work	Amrita Yoga	Bhuloka Day Devaloka Time: 3PM to 6PM					
Until 6:41PM							
Then Routine Work - Marana Yoga							
5 Sunday, January 5, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yuktayam Purvasrothapada*/Uttaraproshtapada Nakshatra Varayan Yoga Kaulava/Gara Karana Shashthi/Saptamam Titau				Manama, Bahrain Sun 20 Sutra 265	
Kumbha Rasi: 26.29	Tithi 6 – 7	Gulika Yama Rahu	2:22PM – 3:42PM 11:44AM – 1:03PM 3:42PM – 5:01PM	Purvasrothapada* Until 5:45PM Varayan Until 2:18AM Mon Kaulava Until 6:38AM Shashthi* Until 5:44PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 6:27AM Sunset: 5:01PM	Krodha 51:06 Moon 12 - Phase 36 - 20 3rd Phase
Creative Work	Siddha Yoga	Bhuloka Day Devaloka Time: 3PM to 6PM					
Until 5:45PM							
Then Creative Work - Amrita Yoga							
6 Monday, January 6, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Parigaha* Yoga Vanja/Visti* Karana Saptami/Ashthamam Titau				Manama, Bahrain Sun 21 Sutra 266	
Meena Rasi: 10.28	Tithi 7 – 8	Gulika Yama Rahu	1:04PM – 2:23PM 10:25AM – 11:44AM 7:46AM – 9:06AM	Uttaraproshtapada Until 4:35PM Parigaha* Until 11:33PM Visti Until 2:57AM Tue Saptami Until 3:53PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 6:27AM Sunset: 5:01PM	Krodha 51:06 Moon 12 - Phase 36 - 21 3rd Phase
Family Home Evening		Bhuloka Day Devaloka Time: 3PM to 6PM					
Creative Work	Siddha Yoga						
7 Tuesday, January 7, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamam Titau				Manama, Bahrain Sun 22 Sutra 267	
Meena Rasi: 24.31	Tithi 8 – 9	Gulika Yama Rahu	11:45AM – 1:04PM 9:06AM – 10:25AM 2:23PM – 3:43PM	Revati Until 3:11PM Shiva Until 8:46PM Balava Until 12:59AM Wed Ashtami* Until 1:57PM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Clear Pausha-Markali	Sunrise: 6:27AM Sunset: 5:02PM	Krodha 51:06 Moon 12 - Phase 36 - 22 Ashtami
Creative Work	Siddha Yoga	Bhuloka Day Devaloka Time: 3PM to 6PM					
8 Wednesday, January 8, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadiya Yoga Kaulava/Taillita Karana Navami/Dashamam Titau				Manama, Bahrain Sun 23 Sutra 268	
Mesha Rasi: 8.37	Tithi 9 – 10	Gulika Yama Rahu	10:26AM – 11:45AM 7:47AM – 9:06AM 11:45AM – 1:05PM	Ashvini Until 2:00PM Siddha Until 5:53PM Taillita Until 10:58PM Navami* Until 11:58AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Pausha-Markali	Sunrise: 6:27AM Sunset: 5:03PM	Krodha 51:06 Moon 12 - Phase 36 - 23 Navami
Routine Work	Marana Yoga	Devaloka Day					
Until 2:00PM							
Then Creative Work - Siddha Yoga							

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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1 Thursday, January 9, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Guru Vasara Yukhtayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Manama, Bahrain Sun 24 Subra 269
Mesha Rasi: 22.44	Tithi 10 – 11	Gulika 9:07AM – 10:26AM Yama 6:28AM – 7:47AM 822787576 Rahu 1:05PM – 2:25PM	Bharani Until 12:39PM Sadhya Until 3:00PM Vanija Until 6:55PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:28AM Sunset: 5:04PM	Krodhin 5:16 Moon 12 - Phase 37 - 24 4th Phase
Creative Work	Siddha Yoga	Valikuntha Ekadasi	Dashami Until 9:55AM	Pausha-Markali		Devaloka Day
Until 12:39PM						
Then Routine Work - Marana Yoga						
2 Friday, January 10, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Sukra Vasara Yukhtayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Vaisi/Bava Karana Ekadashi/Dvadashtyam Titau				Manama, Bahrain Sun 25 Subra 270
Vrisabha Rasi: 6.52	Tithi 11 – 12	Gulika 7:47AM – 9:07AM Yama 2:25PM – 3:45PM 822787576 Rahu 10:26AM – 11:46AM	Krittika Until 11:09AM Subha Until 12:08PM Bava Until 6:54PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:28AM Sunset: 5:04PM	Krodhin 5:16 Moon 12 - Phase 37 - 25 4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 7:53AM	Pausha-Markali		Devaloka Day
Until 11:09AM						
Then Routine Work - Marana Yoga						
3 Saturday, January 11, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Marita Vasara Yukhtayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Kaulava/Tailita Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Subra 271
Vrisabha Rasi: 20.58	Tithi 13	Gulika 6:28AM – 7:47AM Yama 1:06PM – 2:26PM 832787576 Rahu 9:07AM – 10:27AM	Rohini Until 10:01AM Sukla Until 9:19AM Kaulava Until 5:00PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:28AM Sunset: 5:05PM	Krodhin 5:16 Moon 12 - Phase 37 - 26 4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 4:06AM Sun	Pausha-Markali		Bhuloka Day
Until 10:01AM						Devaloka Time: 3PM to 6PM
Then Creative Work - Siddha Yoga						
4 Sunday, January 12, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Bharu Vasara Yukhtayam Mrigashira/Andra Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Manama, Bahrain Sun 27 Subra 272
Mithuna Rasi: 4.58	Tithi 14	Gulika 2:26PM – 3:46PM Yama 11:47AM – 1:07PM 832787576 Rahu 3:46PM – 5:06PM	Mrigashira Until 8:55AM Brahma Until 6:39AM Gara Until 3:19PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:28AM Sunset: 5:06PM	Krodhin 5:16 Moon 12 - Phase 37 - 27 4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:35AM Mon	Pausha-Markali		Bhuloka Day
						Devaloka Time: 3PM to 6PM
Monday, January 13, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Dhanus Mase Sukla Paksha Indu Vasara Yukhtayam Andra/Punarvasu Nakshatra Vaidhriti* Yoga Vaisi/Bava Karana Purnimayam Titau				Manama, Bahrain Sun 28 Subra 273
Copper Retreat Star		Gulika 1:07PM – 2:27PM Yama 10:27AM – 11:47AM 832787576 Rahu 7:48AM – 9:07AM	Andra Until 7:59AM Vaidhriti* Until 2:07AM Tue Vaisi Until 1:58PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:28AM Sunset: 5:07PM	Krodhin 5:16 Moon 12 - Phase 37 - Purnima
Mithuna Rasi: 18.46	Tithi 15		Purnima* Until 1:27AM Tue	Pausha-Markali		Bhuloka Day
Family Home Evening						Devaloka Time: 3PM to 6PM
Creative Work	Siddha Yoga					
Until 7:58AM						
Then Creative Work - Amrita Yoga						
Tuesday, January 14, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yukhtayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sun 29 Subra 274
Silver Retreat Star		Gulika 11:48AM – 1:08PM Yama 9:08AM – 10:28AM 842787576 Rahu 2:28PM – 3:47PM	Punarvasu Until 7:45AM Vishkambha* Until 12:25AM Wed Balava Until 1:05PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:28AM Sunset: 5:07PM	Krodhin 5:16 Moon 12 - Phase 37 - Prathama
Kataka Rasi: 2.2	Tithi 16		Prathama* Until 12:51AM Wed	Pausha-Thai		Devaloka Day
Creative Work	Siddha Yoga	Thai Pongal				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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Wednesday, January 15, 2025 Gold Retreat Star

Kataka Rasi: 16		Tithi 17	Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Pushya/Ashleha* Nakshatra Priti Yoga Tatila* Gara Karana Divlyasyam Titau		Manama, Bahrain	
Creative Work		Siddha Yoga	843787576		Sutra 275	
			Gulika 10:28AM - 11:48AM		Pushya Until 7:56AM	
			Yama 7:48AM - 9:08AM		Ganesha: Purple	
			Rahu 11:48AM - 1:08PM		Munaga: Clear	
					Nataraja: Clear	
					Moon - Blue	
					Pausha*Thai	
			Dvitiya Until 12:52AM Thu		Sivaloka Day	

1 Thursday, January 16, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Gura Vasara Yuktayam Ashleha*Magha* Nakshatra Ayushman Yoga Vanija/Visti* Karana Trityayam Titau					Manama, Bahrain	
Kataka Rasi: 28.32		Tithi 18	Gulika 9:08AM - 10:28AM	Ashleha* Until 8:34AM		Mangsha: Purple 6:28AM	Sun 1	Sutra 276
			Yama 6:28AM - 7:48AM	Ayushman Until 10:33PM		Gurusha: Clear 5:09PM		Krodhin 5126
Creative Work		Siddha Yoga	843787576	Rahu 1:08PM - 2:29PM	Vanija Until 1:10PM	Nataraja: Clear	Moon 1 - Phase 38 - 1st Phase	
Until 8:34AM						Moon - Blue		
Then Creative Work - Amrita Yoga					Tritiya Until 1:35AM Fri	Pausha-Thai	Sivaloka Day	

2 Friday, January 17, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Magha* Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthiyam Titau					Manama, Bahrain		
Simha Rasi: 11.08		Tithi 19		Gulika 7:48AM - 9:08AM		Magha* Until 10:13AM		Sun 2 Sutra 277	
Routine Work		Marana Yoga		853787576		Rahu 10:28AM - 11:49AM		Sauraha Until 10:24PM	
Until 10:13AM						Bava Until 2:14PM		Moon 1 - Phase 38 - 1st Phase	
Then Creative Work - Siddha Yoga						Chaturthi* Until 3:00AM Sat		Devaloka Day	
						Pausha-Thai			

3		Saturday, January 18, 2025		Krodhin Nama Samvatsare Uttarayane Moksha Ritau Makara Mase Krishna Paksha Magha* Purvaphalguni Nakshatra Sobhane Yoga Kaulava/Taila Karana Panchamam Titau				Manama, Bahrain	
Simha Rasi: 23.27		Tithi 20		Gulika 6:27AM - 7:48AM		Purvaphalguni Until 12:20PM		Sun 3 Sutra 278	
Creative Work		Siddha Yoga		853787576		Yama 1:09PM - 2:30PM		Krodhin 5126	
Until 12:20PM				Rahu 9:08AM - 10:29AM		Sobhana Until 10:45PM		Moon 1 - Phase 38 - 1st Phase	
Then Routine Work - Marana Yoga						Kaulava Until 3:58PM		Devaloka Day	
						Panchami Until 5:02AM		Pausha/Thai	

4	Sunday, January 19, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Ehanu Vesara Yuktayam UttaraphalguniHasta Nakshatra Athiganda* Yoga Gara Karana Shashthiyam Titau					Manama, Bahrain			
			Gulika	2:30PM - 3:51PM	Uttaraphalguni Until 2:50PM		Ganesha: Clear	Sunrise: 6:27AM	Sun 4	Krodhin 5126	
	Kanya Rasi: 5.31	Tithi 21	Yama	11:49AM - 1:10PM	Athiganda* Until 11:26PM		Murgu: Clear	Sunset: 5:11PM	Moon 1 - Phase 38 - 1st Phase		
			853787576 Rahu	3:51PM - 5:11PM	Gara Until 6:15PM		Nataraja: Clear				
					Shashthi* Until 7:30AM Mon		Moon - Red	Devaloka Day			
							Pausha-Thai				

5 Monday, January 20, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Magha* Uttaraaphalguni Nakshatra Athiganda* Yoga Gara Karana Shashthiyam Titau				Manama, Bahrain	
		Gulika		Hasta Until 6:00PM		Sun 5 Sutra 280	
Kanya Rasi: 17.25		Tithi 21 – 22		Yama 10:29AM – 11:50AM		Sunrise: 6:27AM	
Family Home Evening		863787576 Rahu		7:48AM – 9:08AM		Sunset: 5:12PM	
Creative Work		Siddha Yoga		Sukarma Until 12:21AM Tue		Moon 1 - Phase 38 - 1st Phase	
Until 6:00PM				Visti 8:52PM			
Then Routine Work - Prabalarishta Yoga				Shashthi* Until 7:30AM		Sivaloka Day	
				Moon – Green		Pausha+Thai	

Tuesday, January 21, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Magha* Uttaraaphalguni Nakshatra Athiganda* Yoga Gara Karana Shashthiyam Titau				Manama, Bahrain	
Retreat Star		Gulika 11:50AM - 1:11PM		Chitra Until 9:06PM		Sun 6 Sutra 281	
Kanya Rasi: 29.13		Tithi 22 - 23		Yama 9:08AM - 10:29AM		Krodhin 5126	
Creative Work		Siddha Yoga		863787576 Rahu 2:31PM - 3:52PM		Moon 1 - Phase 38 - 6 Ashtami	
				Saptami Until 10:12AM		Sivaloka Day	
				Chitra Until 1:19AM Wed			
				Bahavi Until 11:33PM			
				Nataraja: Clear			
				Moon - Green			
				Pausha-Thai			

Wednesday, January 22, 2025			Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Budha Vessara Yuktayam Svali Nakshatra Shula* Yoga Kaulvati Talita Karana AshthamiNavayam Ritau					Manama, Bahrain		
Retreat Star			Gulika Yama		10:29AM - 11:50AM 7:48AM - 9:08AM		Svali Until 11:53PM Shula* Until 2:06AM Thu		Sun 7	
Tula Rasi: 11.02			Tithi 23 - 24		863887576 Rahu		11:50AM - 1:11PM Taaila Until 2:03AM Thu		Sutra 282 Krodhin 5126	
Creative Work			Siddha Yoga				Ganesha: Yellow Murgas: Clear Nataraja: Clear Moon - Green		Sunrise: 6:27AM Sunset: 5:14PM Moon 1 - Phase 38 - 7 Navami	
							Ashtami* Until 12:49PM Paasha-Thai		Devaloka Day	

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1	Thursday, January 23, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Guru Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Manama, Bahrain Sun 8 Sutra 253
	Tula Rasi: 22.57	Tithi 24 – 25	Gulika Yama 873887576 Rahu	9:08AM – 10:29AM 6:27AM – 7:47AM 1:11PM – 2:32PM	Vishakha Until 2:37AM Fri Ganda* Until 2:34AM Fri Vanija Until 4:08AM Fri Navami* Until 3:08PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:27AM Sunset: 5:14PM Moon 1 - Phase 39 - 8 2nd Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
2	Friday, January 24, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Sukra Vasara Yuktayam Mula Nakshatra Viddhi Yoga Visi*/Bava Karana Dashami/Ekadeshyam Titau				Manama, Bahrain Sun 9 Sutra 254
	Vischika Rasi: 5.02	Tithi 25 – 26	Gulika Yama 973887576 Rahu	7:47AM – 9:08AM 1:23PM – 2:33PM 10:30AM – 11:51AM	Anuradha Until 4:36AM Sat Viddhi Until 2:37AM Sat Bava Until 5:36AM Sat Dashami Until 4:56PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:26AM Sunset: 5:15PM Moon 1 - Phase 39 - 11 2nd Phase
	Creative Work	Siddha Yoga					Devaloka Day
3	Saturday, January 25, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Manta Vasara Yuktayam Mula Nakshatra Dhruva Yoga Balava Karana Ekadashyam Titau				Manama, Bahrain Sun 10 Sutra 255
	Vischika Rasi: 17.23	Tithi 26	Gulika Yama 973887576 Rahu	6:26AM – 7:47AM 1:12PM – 2:33PM 9:08AM – 10:30AM	Jyeshtha* Until 5:46AM Sun Dhruva Until 2:06AM Sun Balava Until 6:03PM Ekadashi* Until 6:03PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:26AM Sunset: 5:16PM Moon 1 - Phase 39 - 12 2nd Phase
	Creative Work	Siddha Yoga					Devaloka Day
	Until 5:46AM Sun						
4	Sunday, January 26, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Bhanu Vasara Yuktayam Mula Nakshatra Vyaghatta* Yoga Kaulava/Tailita Karana Dvadashyam Titau				Manama, Bahrain Sun 11 Sutra 256
	Dhanus Rasi: 0.02	Tithi 27	Gulika Yama 983887576 Rahu	2:34PM – 3:55PM 11:51AM – 1:13PM 3:55PM – 5:17PM	Mula* Until 6:32AM Mon Vyaghatta* Until 1:03AM Mon Kaulava Until 6:21AM Dvadashi* Until 6:26PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:26AM Sunset: 5:17PM Moon 1 - Phase 39 - 11 2nd Phase
	Creative Work	Amrita Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
	Until 6:32AM Mon						
5	Monday, January 27, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Indu Vasara Yuktayam Mula*Purvashadha* Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau				Manama, Bahrain Sun 12 Sutra 257
	Dhanus Rasi: 13.01	Tithi 28	Gulika Yama 983887576 Rahu	1:13PM – 2:34PM 10:30AM – 11:51AM 7:47AM – 9:08AM	Mula* Until 6:32AM Harshana Until 11:27PM Gara Until 6:23AM Trayodashi* Until 6:07PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:25AM Sunset: 5:17PM Moon 1 - Phase 39 - 12 2nd Phase
	Family Home Evening						Bhuloka Day Devaloka Time: 3PM to 6PM
	Creative Work	Siddha Yoga					
6	Tuesday, January 28, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Krishna Paksha Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Saturni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain Sun 13 Sutra 258
	Dhanus Rasi: 26.23	Tithi 29 – 30	Gulika Yama 983887576 Rahu	11:52AM – 1:13PM 9:08AM – 10:30AM 2:35PM – 3:57PM	Purvashadha* Until 6:29AM Vajra* Until 9:21PM Catuspada Until 4:28AM Wed Chaturdashi* Until 5:08PM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:25AM Sunset: 5:19PM Moon 1 - Phase 39 - 13 2nd Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
	Until 6:29AM						
7	Wednesday, January 29, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 14 Sutra 259
	Makara Rasi: 10.04	Tithi 30 – 1	Gulika Yama 994887576 Rahu	10:30AM – 11:52AM 7:46AM – 9:08AM 11:52AM – 1:14PM	Shravana Until 4:46AM Thu Siddhi Until 6:51PM Kintughna Until 2:44AM Thu Amavasya* Until 3:38PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Purple Pausha*Thai	Sunrise: 6:25AM Sunset: 5:19PM Moon 1 - Phase 39 - 14 Amavasya
	Creative Work	Siddha Yoga					Devaloka Day
8	Thursday, January 30, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Guru Vasara Yuktayam Dhanishtha Nakshatra Vysatpata*/Varjyan Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Manama, Bahrain Sun 15 Sutra 290
	Makara Rasi: 24.03	Tithi 1 – 2	Gulika Yama 994887576 Rahu	9:08AM – 10:30AM 6:24AM – 7:46AM 1:14PM – 2:36PM	Dhanishtha Until 3:20AM Fri Vysatpata* Until 4:03PM Balava Until 12:38AM Fri Prathama* Until 1:42PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Purple Magha*Thai	Sunrise: 6:24AM Sunset: 5:20PM Moon 1 - Phase 39 - 15 Prathama
	Creative Work	Siddha Yoga					Devaloka Day

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law: Atharva Veda

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1 Friday, January 31, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktiyam Shalabhisak Nakshatra Varjyan/Parigha* Yoga Kaulava/Tailita Karana Dvitiya/Trityayam Titau				Manama, Bahrain Sun 16 Sutra 291	
Kumbha Rasi: 8.14	Tithi 2 - 3	Gulika 7:46AM - 9:08AM Yama 2:36PM - 3:58PM Rahu 10:30AM - 11:52AM	Shatabhisak Until 1:34AM Sat Varjyan Until 1:00PM Tailita Until 10:20PM Dvitiya Until 11:29AM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon - Purple Magha+Thai	Sunrise: 6:24AM Sunset: 5:21PM	Moon 1 - Phase 40 - 16 3rd Phase Devaloka Day	
Creative Work Siddha Yoga Until 1:34AM Sat Then Routine Work - Marana Yoga							
2 Saturday, February 1, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Manita Vasara Yuktiyam Purvaprosrthapada* Nakshatra Parigha*(Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau)				Manama, Bahrain Sun 17 Sutra 292	
Kumbha Rasi: 22.33	Tithi 3 - 4	Gulika 6:24AM - 7:46AM Yama 1:14PM - 2:36PM Rahu 9:08AM - 10:30AM	Purvaprosrthapada* Until 12:00AM Sun Parigha* Until 9:51AM Vanija Until 7:56PM Tritiya Until 9:07AM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon - Clear Magha+Thai	Sunrise: 6:24AM Sunset: 5:21PM	Moon 1 - Phase 40 - 17 3rd Phase Sivaloka Day	
Routine Work Marana Yoga Until 12:00AM Sun Then Creative Work - Siddha Yoga							
3 Sunday, February 2, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Bharu Vasara Yuktiyam Uttaraprosrthapada Nakshatra Shiva/Siddha Yoga Vadi*/Balava Karana Chaturthi/Panchamam Titau				Manama, Bahrain Sun 18 Sutra 293	
Meena Rasi: 6.55	Tithi 4 - 5	Gulika 2:37PM - 3:59PM Yama 11:52AM - 1:15PM Rahu 3:59PM - 5:21PM	Uttaraprosrthapada Until 10:18PM Shiva Until 6:41AM Balava Until 4:20AM Mon Chaturthi* Until 6:42AM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon - Clear Magha+Thai	Sunrise: 6:23AM Sunset: 5:21PM	Moon 1 - Phase 40 - 18 3rd Phase Sivaloka Day	
Creative Work Amrita Yoga							
4 Monday, February 3, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktiyam Revati Nakshatra Sadhya Yoga Kaulava/Tailita Karana Shashthyam Titau				Manama, Bahrain Sun 19 Sutra 294	
Meena Rasi: 21.14	Tithi 6	Gulika 1:15PM - 2:37PM Yama 10:30AM - 11:52AM Rahu 7:45AM - 9:08AM	Revati Until 8:34PM Sadya Until 12:28AM Tue Kaulava Until 3:12PM Shashthi* Until 2:04AM Tue	Ganesha: Blue Muruga: Purple Nataraja: Orange Moon - Clear Magha+Thai	Sunrise: 6:23AM Sunset: 5:22PM	Moon 1 - Phase 40 - 19 3rd Phase Subha Sivaloka Day	
Family Home Evening Creative Work Siddha Yoga							
5 Tuesday, February 4, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktiyam Ashvini Nakshatra Subha Yoga Gara/Vanija Karana Saptamam Titau				Manama, Bahrain Sun 20 Sutra 295	
Meena Rasi: 5.29	Tithi 7	Gulika 11:53AM - 1:15PM Yama 9:07AM - 10:30AM Rahu 2:38PM - 4:00PM	Ashvini Until 7:17PM Subha Until 9:34PM Gara Until 1:02PM Saptami Until 11:59PM	Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon - White Magha+Thai	Sunrise: 6:22AM Sunset: 5:23PM	Moon 1 - Phase 40 - 20 3rd Phase Sivaloka Day	
Creative Work Siddha Yoga							
Wednesday, February 5, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Budha Vasara Yuktiyam Bharani Nakshatra Sukla Yoga Visi*/Bava Karana Ashtamam Titau				Manama, Bahrain Sun 21 Sutra 296	
Mesha Rasi: 19.37	Tithi 8	Gulika 10:30AM - 11:53AM Yama 7:45AM - 9:07AM Rahu 11:53AM - 1:15PM	Bharani Until 6:02PM Sukla Until 6:47PM Visi Until 11:02AM Ashtami* Until 10:06PM	Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon - White Magha+Thai	Sunrise: 6:22AM Sunset: 5:24PM	Moon 1 - Phase 40 - 21 Ashtami Sivaloka Day	
Creative Work Siddha Yoga Until 6:02PM Then Creative Work - Amrita Yoga							
Thursday, February 6, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Guru Vasara Yuktiyam Krittika/Rohini Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Navamam Titau				Manama, Bahrain Sun 22 Sutra 297	
Wishahba Rasi: 3.37	Tithi 9	Gulika 9:07AM - 10:30AM Yama 6:21AM - 7:44AM Rahu 1:16PM - 2:38PM	Krittika Until 4:52PM Brahma Until 4:12PM Balava Until 9:15AM Navami* Until 8:26PM	Ganesha: Yellow Muruga: Purple Nataraja: Orange Moon - White Magha+Thai	Sunrise: 6:21AM Sunset: 5:24PM	Moon 1 - Phase 40 - 22 Navami Sivaloka Day	
Routine Work Marana Yoga							

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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1 Friday, February 7, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Sukra Vasara Yuktiyam Rohini/Grigashira Nakshatra Indra/Vaidhriti* Yoga Talila/Gara Karana Dashamam Titau				Manama, Bahrain Sun 23 Subra 296
Wishabha Rasi: 17.28	Tithi 10	Gulika Yama 934897577 Rahu	7:44AM – 9:07AM 2:39PM – 4:02PM 10:30AM – 11:53AM	Rohini Until 4:12PM Indra Until 1:49PM Taillila Until 7:42AM Dashami Until 7:00PM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Yellow Magha+Thai	Sunrise: 6:21AM Sunset: 5:29PM Moon 1 - Phase 41 - 23 4th Phase
Routine Work	Marana Yoga	Subha Sivaloka Day				
Until 4:12PM						
Then Creative Work - Siddha Yoga						
2 Saturday, February 8, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Mrita Vasara Yuktiyam Migashira/Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Bava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 24 Subra 299
Mithuna Rasi: 1.11	Tithi 11 – 12	Gulika Yama 934897577 Rahu	6:20AM – 7:43AM 1:16PM – 2:39PM 9:07AM – 10:30AM	Grigashira Until 3:40PM Vaidhriti* Until 11:36AM Vanija Until 6:25AM Ekadashi Until 5:51PM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Yellow Magha+Thai	Sunrise: 6:20AM Sunset: 5:28PM Moon 1 - Phase 41 - 24 4th Phase
Creative Work	Siddha Yoga	Subha Sivaloka Day				
3 Sunday, February 9, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Bharu Vasara Yuktiyam Andra/Punarvasu Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Manama, Bahrain Sun 25 Subra 300
Mithuna Rasi: 14.43	Tithi 12 – 13	Gulika Yama 934897577 Rahu	2:40PM – 4:03PM 11:53AM – 1:16PM 4:03PM – 5:26PM	Ardra Until 3:16PM Vishkambha* Until 9:39AM Kaulava Until 4:43AM Mon Dvadashi Until 4:59PM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Yellow Magha+Thai	Sunrise: 6:20AM Sunset: 5:28PM Moon 1 - Phase 41 - 25 4th Phase
Creative Work	Siddha Yoga	Subha Sivaloka Day				
4 Monday, February 10, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Indu Vasara Yuktiyam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 26 Subra 301
Mithuna Rasi: 28.04	Tithi 13 – 14	Gulika Yama 944897577 Rahu	1:17PM – 2:40PM 10:29AM – 11:53AM 7:42AM – 9:06AM	Punarvasu Until 3:32PM Priti Until 7:58AM Gara Until 4:26AM Tue Trayodashi Until 4:30PM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Blue Magha+Thai	Sunrise: 6:19AM Sunset: 5:27PM Moon 1 - Phase 41 - 26 4th Phase
Family Home Evening		Sivaloka Day				
Creative Work	Amrita Yoga					
Until 3:32PM						
Then Creative Work - Siddha Yoga						
5 Tuesday, February 11, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Makara Mase Sukla Paksha Mangala Vasara Yuktiyam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Vanja/Visti* Karana Chaturdashi/Purnimayam Titau				Manama, Bahrain Sun 27 Subra 302
Kataka Rasi: 11.13	Tithi 14 – 15	Gulika Yama 945897577 Rahu	11:53AM – 1:17PM 9:06AM – 10:29AM 2:40PM – 4:04PM	Pushya Until 4:04PM Ayushman Until 6:35AM Visti Until 4:37AM Wed Chaturdashi* Until 4:27PM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Magha+Thai	Sunrise: 6:19AM Sunset: 5:28PM Moon 1 - Phase 41 - 27 4th Phase
Creative Work	Siddha Yoga	Devaloka Day				
Wednesday, February 12, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yuktiyam Ashlesha*/Magha* Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Manama, Bahrain Sun 28 Subra 303
Copper Retreat Star		Gulika Yama 945897577 Rahu	10:29AM – 11:53AM 7:41AM – 9:06AM 11:53AM – 1:17PM	Ashlesha* Until 4:54PM Sobhana Until 4:59AM Thu Balava Until 5:19AM Thu Purnima* Until 4:53PM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Magha+Masi	Sunrise: 6:19AM Sunset: 5:28PM Moon 1 - Phase 41 - Purnima
Kataka Rasi: 24.07	Tithi 15 – 16	Devaloka Day				
Creative Work	Siddha Yoga					
Thursday, February 13, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vasara Yuktiyam Magha* Nakshatra Athiganda* Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau				Manama, Bahrain Sun 29 Subra 304
Silver Retreat Star		Gulika Yama 955897577 Rahu	9:05AM – 10:29AM 6:17AM – 7:41AM 1:17PM – 2:41PM	Magha* Until 6:35PM Athiganda* Until 4:47AM Fri Tailila Until 6:34AM Fri Prathama* Until 5:51PM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Red Magha+Masi	Sunrise: 6:17AM Sunset: 5:29PM Moon 1 - Phase 41 - Prathama
Simha Rasi: 6.47	Tithi 16 – 17	Sivaloka Day				
Creative Work	Amrita Yoga					
Until 6:35PM						
Then Creative Work - Siddha Yoga						

Parameshvara is the cause of the five manifest aspects: emanation, srishiti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

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Friday, February 14, 2025

Gold Retreat Star

Simha Rasi: 19.12 Tithi 17
Creative Work Siddha Yoga

Gulika
Yama
955897577 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vessara Yuktayam
Purvaphalguni Nakshatra Sukama Yoga Taillia/Gara Karana Dvitiyayam Titau
7:40AM – 9:05AM
2:41PM – 4:06PM
10:29AM – 11:53AM
Purvaphalguni Until 8:38PM
Sukama Until 5:00AM Sat
Taillia Until 6:34AM
Dvitiya Until 7:23PM

Ganesha: Clear
Murgu: Purple
Nataraja: Orange
Moon – Red
Magha-Masi

Manama, Bahrain
Sun 1 Sutra 305
Krodhin 5126
Moon 2 - Phase 42 - 1
1st Phase

Sivaloka Day

1

Saturday, February 15, 2025

Kanya Rasi: 1.23 Tithi 18
Routine Work Marana Yoga

Gulika
Yama
955997577 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Manta Vessara Yuktayam
Uttaraphalguni Nakshatra Dhriti Yoga Vanja/Vesli* Karana Tritiyayam Titau
6:16AM – 7:40AM
1:17PM – 2:42PM
9:04AM – 10:29AM
Uttaraphalguni Until 10:59PM
Dhriti Until 5:35AM Sun
Vanja Until 8:21AM
Tritiya Until 9:24PM

Ganesha: Purple
Murgu: Purple
Nataraja: Orange
Moon – Red
Magha-Masi

Manama, Bahrain
Sun 2 Sutra 306
Krodhin 5126
Moon 2 - Phase 42 - 1
1st Phase

Subha Sivaloka Day

2

Sunday, February 16, 2025

Kanya Rasi: 13.24 Tithi 19
Creative Work Amrita Yoga
Until 2:01AM Mon
Then Routine Work - Prabalarishta Yoga

Gulika
Yama
955997577 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Bharu Vessara Yuktayam
Hasla Nakshatra Shula* Yoga Bava/Balava Karana Chaturthiyam Titau
2:42PM – 4:07PM
11:53AM – 1:18PM
4:07PM – 5:31PM
Hasla Until 2:01AM Mon
Shula* Until 6:23AM Mon
Bava Until 10:35AM
Chaturthi* Until 11:48PM

Ganesha: Clear
Murgu: Purple
Nataraja: Orange
Moon – Green
Magha-Masi

Manama, Bahrain
Sun 3 Sutra 307
Krodhin 5126
Moon 2 - Phase 42 - 1
1st Phase

Sivaloka Day

3

Monday, February 17, 2025

Kanya Rasi: 25.17 Tithi 20
Family Home Evening
Routine Work Prabalarishta Yoga
Until 5:05AM Tue
Then Creative Work - Siddha Yoga

Gulika
Yama
955997577 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Indu Vessara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Taillia Karana Panchamyam Titau
1:18PM – 2:42PM
10:28AM – 11:53AM
7:39AM – 9:03AM
Chitra Until 5:05AM Tue
Shula* Until 6:23AM
Kaulava Until 1:07PM
Panchami Until 2:25AM Tue

Ganesha: Clear
Murgu: Purple
Nataraja: Orange
Moon – Green
Magha-Masi

Manama, Bahrain
Sun 4 Sutra 308
Krodhin 5126
Moon 2 - Phase 42 - 1
1st Phase

Sivaloka Day

4

Tuesday, February 18, 2025

Tula Rasi: 7.06 Tithi 21
Creative Work Siddha Yoga

Gulika
Yama
955997577 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vessara Yuktayam
Svati Nakshatra Ganda*/Viddhi Yoga Gara/Vanija Karana Shashthiyam Titau
11:53AM – 1:18PM
9:03AM – 10:28AM
2:43PM – 4:08PM
Svati Until 7:59AM Wed
Ganda* Until 7:20AM
Gara Until 3:47PM
Shashthi* Until 5:04AM Wed

Ganesha: Clear
Murgu: Purple
Nataraja: Orange
Moon – Green
Magha-Masi

Manama, Bahrain
Sun 5 Sutra 309
Krodhin 5126
Moon 2 - Phase 42 - 5
1st Phase

Sivaloka Day

5

Wednesday, February 19, 2025

Tula Rasi: 18.56 Tithi 22
Creative Work Siddha Yoga

Gulika
Yama
955997577 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vessara Yuktayam
Svati/Vishakha Nakshatra Viddhi/Dhruva Yoga Vesi* Karana Saptamyam Titau
10:28AM – 11:53AM
7:38AM – 9:03AM
11:53AM – 1:18PM
Svati Until 7:59AM
Viddhi Until 8:17AM
Vesi Until 6:20PM
Saptami Until 7:29AM Thu

Ganesha: Clear
Murgu: Purple
Nataraja: Orange
Moon – Green
Magha-Masi

Manama, Bahrain
Sun 6 Sutra 310
Krodhin 5126
Moon 2 - Phase 42 - 6
1st Phase

Sivaloka Day

D

Thursday, February 20, 2025

Retreat Star

Vishika Rasi: 0.5 Tithi 22 – 23
Creative Work Siddha Yoga

Gulika
Yama
976997577 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vessara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
9:02AM – 10:27AM
6:12AM – 7:37AM
1:18PM – 2:43PM
Vishakha Until 10:59AM
Dhruva Until 9:01AM
Balava Until 8:34PM
Saptami Until 7:29AM

Ganesha: Clear
Murgu: Purple
Nataraja: Orange
Moon – Orange
Magha-Masi

Manama, Bahrain
Sun 7 Sutra 311
Krodhin 5126
Moon 2 - Phase 42 - 7
Ashtami

Sivaloka Day

Friday, February 21, 2025

Retreat Star

Vishika Rasi: 12.54 Tithi 23 – 24
Creative Work Siddha Yoga
Until 1:22PM
Then Routine Work - Marana Yoga

Gulika
Yama
976997577 Rahu

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Sukra Vessara Yuktayam
Anuradha/Vyaghata* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taillia Karana Ashtami/Navamyam Titau
7:36AM – 9:02AM
2:43PM – 4:09PM
10:27AM – 11:53AM
Anuradha Until 1:22PM
Vyaghata* Until 9:26AM
Taillia Until 10:16PM
Ashtami* Until 9:28AM

Ganesha: Clear
Murgu: Purple
Nataraja: Orange
Moon – Orange
Magha-Masi

Manama, Bahrain
Sun 8 Sutra 312
Krodhin 5126
Moon 2 - Phase 42 - 8
Navami

Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1 Saturday, February 22, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Manta Vasara Yuktiyam Jyeshtha/Mula* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Ekadashtyam Titau				Manama, Bahrain Sun 9 Sutra 313
Wischika Rasi: 25.13	Tithi 24 – 25	Gulika Yama Rahu	6:10AM – 7:36AM 1:18PM – 2:44PM 9:01AM – 10:27AM	Jyeshtha* Until 3:00PM Harshana Until 9:24AM Vanija Until 11:16PM Navami* Until 10:50AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Orange Magha-Masi	Sunrise: 6:10AM Sunset: 5:39PM Moon 2 - Phase 43 - 9 2nd Phase
Creative Work	Siddha Yoga	976997577				Sivaloka Day
2 Sunday, February 23, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Bharu Vasara Yuktiyam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Visi*/Bava Karana Dashami/Ekadashtyam Titau				Manama, Bahrain Sun 10 Sutra 314
Dhanus Rasi: 7.5	Tithi 25 – 26	Gulika Yama Rahu	2:44PM – 4:10PM 10:26AM – 11:52AM 4:10PM – 5:36PM	Mula* Until 4:12PM Vajra* Until 8:47AM Bava Until 11:29PM Dashami Until 11:27AM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:09AM Sunset: 5:39PM Moon 2 - Phase 43 - 10 2nd Phase
Creative Work	Amrita Yoga	986997577				Devaloka Day
Until 4:12PM						
Then Creative Work - Siddha Yoga						
3 Monday, February 24, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Indu Vasara Yuktiyam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatyapata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Manama, Bahrain Sun 11 Sutra 315
Dhanus Rasi: 20.5	Tithi 26 – 27	Gulika Yama Rahu	1:18PM – 2:44PM 10:26AM – 11:52AM 7:34AM – 9:00AM	Purvashadha* Until 4:29PM Siddhi Until 7:34AM Kaulava Until 10:55PM Ekadashi* Until 11:17AM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:08AM Sunset: 5:38PM Moon 2 - Phase 43 - 11 2nd Phase
Family Home Evening		986997577				Devaloka Day
Routine Work	Marana Yoga					
4 Tuesday, February 25, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Mangala Vasara Yuktiyam Uttarashadha/Shravana Nakshatra Varjyan Yoga Talila/Gara Karana Dvadashi/Trayodashtyam Titau				Manama, Bahrain Sun 12 Sutra 316
Makara Rasi: 4.16	Tithi 27 – 28	Gulika Yama Rahu	11:52AM – 1:18PM 9:00AM – 10:26AM 2:44PM – 4:11PM	Uttarashadha Until 3:53PM Varjyan Until 3:20AM Wed Gara Until 9:36PM Dvadashi* Until 10:20AM	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Light Blue Magha-Masi	Sunrise: 6:07AM Sunset: 5:37PM Moon 2 - Phase 43 - 12 2nd Phase
Routine Work	Prabalarishta Yoga	986997577				Devaloka Day
Until 3:53PM						
Then Creative Work - Siddha Yoga						
5 Wednesday, February 26, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Budha Vasara Yuktiyam Shravana/Dhanishtha Nakshatra Parigra* Yoga Vanija/Visi* Karana Trayodashi/Chaturdashtyam Titau				Manama, Bahrain Sun 13 Sutra 317
Makara Rasi: 18.05	Tithi 28 – 29	Gulika Yama Rahu	10:26AM – 11:52AM 7:33AM – 8:59AM 11:52AM – 1:18PM	Shravana Until 2:54PM Parigra* Until 12:27AM Thu Visi Until 7:39PM Trayodashi* Until 8:41AM	Ganesha: Green Muruga: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:07AM Sunset: 5:37PM Moon 2 - Phase 43 - 13 2nd Phase
Creative Work	Siddha Yoga	996997577				Devaloka Day
Until 2:54PM						
Then Routine Work - Prabalarishta Yoga						
Thursday, February 27, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Krishna Paksha Guru Vasara Yuktiyam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Sakun*/Naga* Karana Chaturdashi/Amashtyam Titau				Manama, Bahrain Sun 14 Sutra 318
Kumbha Rasi: 2.19	Tithi 29 – 30	Gulika Yama Rahu	8:59AM – 10:25AM 6:06AM – 7:32AM 1:18PM – 2:45PM	Dhanishtha Until 1:14PM Shiva Until 9:11PM Naga Until 3:46AM Fri Chaturdashi* Until 6:27AM	Ganesha: Green Muruga: Purple Nataraja: Orange Moon – Purple Magha-Masi	Sunrise: 6:06AM Sunset: 5:36PM Moon 2 - Phase 43 - 14 Amavasya
Creative Work	Siddha Yoga	996997577				Devaloka Day
Friday, February 28, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktiyam Shatabhishak/Purvasrothitapada* Nakshatra Siddha/Sadnya Yoga Kintughna*/Bava Karana Prathamayam Titau				Manama, Bahrain Sun 15 Sutra 319
Kumbha Rasi: 16.5	Tithi 1	Gulika Yama Rahu	7:31AM – 8:58AM 2:45PM – 4:12PM 10:25AM – 11:52AM	Shatabhishak Until 11:02AM Siddha Until 5:36PM Kintughna Until 2:19PM Prathama* Until 12:47AM Sat	Ganesha: Orange Muruga: Purple Nataraja: Orange Moon – Purple Phalgun-Masi	Sunrise: 6:05AM Sunset: 5:35PM Moon 2 - Phase 43 - 15 Prathama
Creative Work	Siddha Yoga	997997577				Sivaloka Day

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1 Saturday, March 1, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Manta Vasara Yuktayam Purvaprosrthapada*/Uttaraprosrthapada Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Divhyayam Titau				Manama, Bahrain Sun 16 Sutra 320	
Meena Rasi: 1.34	Tithi 2	Gulika Yama 917997577 Rahu	6:03AM – 7:30AM 1:18PM – 2:45PM 8:57AM – 10:24AM	Purvaprosrthapada* Until 8:51AM Sadhya Until 1:52PM Balava Until 11:15AM Dvitiya Until 9:39PM	Ganesha: Green Muruga: Purple Nataraja: Orange Moon – Clear Phalgun-Masi	Sunrise: 6:03AM Sunset: 5:40PM	Krodha 5126 Moon 2 - Phase 44 - 16 3rd Phase
Routine Work Marana Yoga Until 8:51AM Then Creative Work - Siddha Yoga		Subha Sivaloka Day					
2 Sunday, March 2, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Bhanu Vasara Yuktayam Uttaraprosrthapada/Revati Nakshatra Subha/Sukla Yoga Talila/Gara Karana Trittyayam Titau				Manama, Bahrain Sun 17 Sutra 321	
Meena Rasi: 16.22	Tithi 3	Gulika Yama 917997577 Rahu	2:46PM – 4:13PM 11:51AM – 1:18PM 4:13PM – 5:40PM	Uttaraprosrthapada Until 6:27AM Subha Until 10:07AM Talila Until 8:05AM Tritiya Until 6:31PM	Ganesha: Green Muruga: Purple Nataraja: Orange Moon – Clear Phalgun-Masi	Sunrise: 6:02AM Sunset: 5:40PM	Krodha 5126 Moon 2 - Phase 44 - 17 3rd Phase
Creative Work Amrita Yoga		Subha Sivaloka Day					
3 Monday, March 3, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Indu Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Vasi*/Bava Karana Chaturthi/Panchamyam Titau				Manama, Bahrain Sun 18 Sutra 322	
Meena Rasi: 1.09	Tithi 4 – 5	Gulika Yama 927997577 Rahu	1:18PM – 2:46PM 10:23AM – 11:51AM 7:28AM – 8:56AM	Ashvini Until 1:57AM Tue Sukla Until 6:24AM Bava Until 2:06AM Tue Chaturthi* Until 3:30PM	Ganesha: Red Muruga: Purple Nataraja: Orange Moon – White Phalgun-Masi	Sunrise: 6:01AM Sunset: 5:41PM	Krodha 5126 Moon 2 - Phase 44 - 18 3rd Phase
Family Home Evening Creative Work Siddha Yoga		Sivaloka Day					
4 Tuesday, March 4, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Mangala Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Manama, Bahrain Sun 19 Sutra 323	
Meena Rasi: 15.47	Tithi 5 – 6	Gulika Yama 927997577 Rahu	11:51AM – 1:18PM 8:55AM – 10:23AM 2:46PM – 4:14PM	Bharani Until 12:05AM Wed Indra Until 11:34PM Kaulava Until 11:31PM Panchami Until 12:45PM	Ganesha: Red Muruga: Purple Nataraja: Orange Moon – White Phalgun-Masi	Sunrise: 6:00AM Sunset: 5:41PM	Krodha 5126 Moon 2 - Phase 44 - 19 3rd Phase
Creative Work Siddha Yoga Until 12:05AM Wed Then Creative Work - Amrita Yoga		Sivaloka Day					
5 Wednesday, March 5, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Budha Vasara Yuktayam Krittika Nakshatra Vaidhrhi* Yoga Talila/Gara Karana Shashthi/Saptamyam Titau				Manama, Bahrain Sun 20 Sutra 324	
Wishahba Rasi: 0.11	Tithi 6 – 7	Gulika Yama 127997577 Rahu	10:23AM – 11:50AM 7:27AM – 8:55AM 11:50AM – 1:18PM	Krittika Until 10:27PM Vaidhrhi* Until 6:34PM Gara Until 9:18PM Shashthi* Until 10:20AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – White Phalgun-Masi	Sunrise: 5:59AM Sunset: 5:42PM	Krodha 5126 Moon 2 - Phase 44 - 20 3rd Phase
Creative Work Amrita Yoga Until 10:27PM Then Creative Work - Siddha Yoga		Sivaloka Day					
D Thursday, March 6, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Guru Vasara Yuktayam Rohini Nakshatra Vahikambha*/Pili Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Manama, Bahrain Sun 21 Sutra 325	
Retreat Star		Gulika Yama 138997577 Rahu	8:54AM – 10:22AM 5:58AM – 7:26AM 1:18PM – 2:46PM	Rohini Until 9:34PM Vishkambha* Until 5:57PM Visti Until 7:32PM Saptami Until 8:20AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Yellow Phalgun-Masi	Sunrise: 5:58AM Sunset: 5:43PM	Krodha 5126 Moon 2 - Phase 44 - 21 Ashtami
Routine Work Marana Yoga		Sivaloka Day					
Friday, March 7, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Sukla Paksha Sukra Vasara Yuktayam Mrigashira Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Manama, Bahrain Sun 22 Sutra 326	
Retreat Star		Gulika Yama 138997577 Rahu	7:25AM – 8:54AM 2:46PM – 4:15PM 10:22AM – 11:50AM	Mrigashira Until 9:02PM Priti Until 3:44PM Balava Until 6:16PM Ashtami* Until 6:49AM	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Yellow Phalgun-Masi	Sunrise: 5:57AM Sunset: 5:43PM	Krodha 5126 Moon 2 - Phase 44 - 22 Navami
Creative Work Siddha Yoga		Sivaloka Day					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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1	Saturday, March 8, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Suklo Paksha Mantu Vasara Yuktayam Andra Nakshatra Ayushman/Saubhagya Yoga Talila/Gara Karana Dashamyanam Titau				Manama, Bahrain Sun 23 Sutra 327
	Mithuna Rasi: 11:41	Tithi 10	Gulika Yama 138997577 Rahu	5:56AM – 7:24AM 1:18PM – 2:47PM 8:53AM – 10:21AM	Andra Until 8:50PM Ayushman Until 1:54PM Taillila Until 5:30PM Dashami Until 5:18AM Sun	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Yellow Phalgun-Masi	Sunrise: 5:56AM Sunset: 5:49PM Moon 2 - Phase 45 - 23 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day
2	Sunday, March 9, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Suklo Paksha Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Ekadashyam Titau				Manama, Bahrain Sun 24 Sutra 328
	Mithuna Rasi: 24:56	Tithi 11	Gulika Yama 148997577 Rahu	2:47PM – 4:15PM 11:50AM – 1:18PM 4:15PM – 5:44PM	Punarvasu Until 9:26PM Saubhagya Until 12:28PM Vanja Until 5:15PM Ekadashi Until 5:17AM Mon	Ganesha: White Muruga: Purple Nataraja: Orange Moon – Blue Phalgun-Masi	Sunrise: 5:55AM Sunset: 5:49PM Moon 2 - Phase 45 - 24 4th Phase
	Creative Work	Siddha Yoga					Devaloka Day
3	Monday, March 10, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Suklo Paksha Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Manama, Bahrain Sun 25 Sutra 329
	Kalka Rasi: 7:56	Tithi 12	Gulika Yama 148998577 Rahu	1:18PM – 2:47PM 10:20AM – 11:49AM 7:23AM – 8:52AM	Pushya Until 10:21PM Sobhana Until 11:27AM Bava Until 5:29PM Dvadashi Until 5:46AM Tue	Ganesha: White Muruga: Clear Nataraja: Orange Moon – Blue Phalgun-Masi	Sunrise: 5:54AM Sunset: 5:49PM Moon 2 - Phase 45 - 25 4th Phase
	Family Home Evening	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
4	Tuesday, March 11, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Suklo Paksha Mangala Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Trayodashyam Titau				Manama, Bahrain Sun 26 Sutra 330
	Kalka Rasi: 20:41	Tithi 13	Gulika Yama 148998577 Rahu	11:49AM – 1:18PM 8:51AM – 10:20AM 2:47PM – 4:16PM	Ashlesha* Until 11:35PM Athiganda* Until 10:46AM Kaulava Until 6:12PM Trayodashi Until 6:43AM Wed	Ganesha: White Muruga: Clear Nataraja: Orange Moon – Blue Phalgun-Masi	Sunrise: 5:53AM Sunset: 5:49PM Moon 2 - Phase 45 - 26 4th Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3PM to 6PM
Pradosha Vrata							
5	Wednesday, March 12, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Suklo Paksha Budha Vasara Yuktayam Magha* Nakshatra Sukarna/Dhriti Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau				Manama, Bahrain Sun 27 Sutra 331
	Simha Rasi: 3:14	Tithi 13 – 14	Gulika Yama 158198577 Rahu	10:20AM – 11:49AM 7:21AM – 8:50AM 11:49AM – 1:18PM	Magha* Until 1:34AM Thu Sukarna Until 10:28AM Gara Until 7:23PM Trayodashi Until 6:43AM	Ganesha: Yellow Muruga: Clear Nataraja: Orange Moon – Red Phalgun-Masi	Sunrise: 5:52AM Sunset: 5:49PM Moon 2 - Phase 45 - 27 4th Phase
	Creative Work	Siddha Yoga	Chidambaram Abhishekam				Devaloka Day
○	Thursday, March 13, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Kumbha Mase Suklo Paksha Guru Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanja/Visti* Karana Chaturdashy/Purnimayam Titau				Manama, Bahrain Sun 28 Sutra 332
	Simha Rasi: 15:35	Tithi 14 – 15	Gulika Yama 159198577 Rahu	8:50AM – 10:19AM 5:51AM – 7:20AM 1:18PM – 2:47PM	Purvaphalguni Until 3:49AM Fri Dhriti Until 10:31AM Visti Until 8:59PM Chaturdashy* Until 8:07AM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Red Phalgun-Masi	Sunrise: 5:51AM Sunset: 5:47PM Moon 2 - Phase 45 - Purnima
	Creative Work	Siddha Yoga	Holi				Sivaloka Day
○	Friday, March 14, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Manama, Bahrain Sun 29 Sutra 333
	Simha Rasi: 27:46	Tithi 15 – 16	Gulika Yama 159198577 Rahu	7:19AM – 8:49AM 2:47PM – 4:17PM 10:19AM – 11:48AM	Uttaraphalguni Until 6:14AM Sat Shula* Until 10:52AM Balava Until 10:59PM Purnima* Until 9:55AM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Red Phalgun-Panguni	Sunrise: 5:50AM Sunset: 5:47PM Moon 2 - Phase 45 - Prathama
	Creative Work	Siddha Yoga	Karadaiyan Nombu (Tamil Nadu)				Sivaloka Day
Then Routine Work - Marana Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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Saturday, March 15, 2025

Gold Retreat Star

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Gande/Viddhi Yoga Gara/Vanija Karana Prathama/Dvityayam Titau

Manama, Bahrain

Sutra 334

Kanya Rasi: 9.47

Tithi 16 - 17

Gulika

5:49AM - 7:19AM

Uttaraphalguni Until 6:14AM

Ganesha: Blue

Sunrise: 5:49AM

Krodhin 5126

Yama

1:18PM - 2:47PM

Rahu

8:48AM - 10:18AM

Ganda* Until 11:29AM

Muruga: Clear

Sunset: 5:47PM

Moon 3 - Phase 46 - 1

159198578

Routine Work

Marana Yoga

Nataraja: Clear

Moon - Red

Phalguna-Panguni

Sivaloka Day

1 Sunday, March 16, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Vasi* Bava Karana Tritiya/Chaturthayam Titau

Manama, Bahrain

Sun 1 Sutra 335

Kanya Rasi: 21.43

Tithi 17 - 18

Gulika

2:48PM - 4:18PM

Hasta Until 9:16AM

Ganesha: Yellow

Sunrise: 5:49AM

Krodhin 5126

169198578

Creative Work

Amrita Yoga

Rahu

4:18PM - 5:48PM

Viddhi Until 12:19PM

Muruga: Clear

Sunset: 5:49PM

Moon 3 - Phase 46 - 1

Until 9:16AM

Then Creative Work - Siddha Yoga

Vanija Until 3:49AM Mon

Nataraja: Clear

Phalguna-Panguni

Devaloka Day

Dvitiya Until 2:31PM

2 Monday, March 17, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Indu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Vasi* Bava Karana Tritiya/Chaturthayam Titau

Manama, Bahrain

Sun 2 Sutra 336

Tula Rasi: 3.33

Tithi 18 - 19

Gulika

1:18PM - 2:48PM

Chitra Until 12:18PM

Ganesha: Yellow

Sunrise: 5:47AM

Krodhin 5126

169198578

Family Home Evening

Prabalarishita Yoga

Rahu

7:17AM - 8:47AM

Dhruva Until 1:14PM

Muruga: Clear

Sunset: 5:49PM

Moon 3 - Phase 46 - 2

Until 12:18PM

Then Creative Work - Amrita Yoga

Bava Until 6:25AM Tue

Nataraja: Clear

Phalguna-Panguni

Devaloka Day

Tritiya Until 5:06PM

3 Tuesday, March 18, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Harshana Yoga Gara/Vanija Karana Chaturthayam Titau

Manama, Bahrain

Sun 3 Sutra 337

Tula Rasi: 15.23

Tithi 19

Gulika

11:47AM - 1:17PM

Svati Until 3:11PM

Ganesha: Yellow

Sunrise: 5:46AM

Krodhin 5126

169198578

Creative Work

Siddha Yoga

Rahu

2:48PM - 4:18PM

Vyaghata* Until 2:12PM

Muruga: Clear

Sunset: 5:49PM

Moon 3 - Phase 46 - 3

Until 3:11PM

Then Routine Work - Marana Yoga

Bava Until 6:25AM

Nataraja: Clear

Phalguna-Panguni

Devaloka Day

Chaturthi* Until 7:41PM

4 Wednesday, March 19, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Budha Vasara Yuktayam
Anuradha Nakshatra Vajra/Siddhi/Vyatiptat* Yoga Vasi* Bava Karana Panchamayam Titau

Manama, Bahrain

Sun 4 Sutra 338

Tula Rasi: 27.13

Tithi 20

Gulika

10:16AM - 11:47AM

Vishakha Until 6:19PM

Ganesha: White

Sunrise: 5:45AM

Krodhin 5126

179198578

Creative Work

Siddha Yoga

Rahu

7:15AM - 8:46AM

Harshana Until 3:06PM

Muruga: Clear

Sunset: 5:49PM

Moon 3 - Phase 46 - 4

Until 8:58AM

Then Creative Work - Siddha Yoga

Kaulava Until 8:58AM

Nataraja: Clear

Phalguna-Panguni

Sivaloka Day

Panchami Until 10:08PM

5 Thursday, March 20, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Vasi* Bava Karana Chaturthayam Titau

Manama, Bahrain

Sun 5 Sutra 339

Vischika Rasi: 9.08

Tithi 21

Gulika

8:45AM - 10:16AM

Anuradha Until 9:00PM

Ganesha: Yellow

Sunrise: 5:43AM

Krodhin 5126

171198578

Creative Work

Siddha Yoga

Rahu

1:17PM - 2:48PM

Vajra* Until 3:47PM

Muruga: Clear

Sunset: 5:49PM

Moon 3 - Phase 46 - 5

Until 9:00PM

Then Routine Work - Prabalarishita Yoga

Gara Until 11:16AM

Nataraja: Clear

Phalguna-Panguni

Devaloka Day

Shashthi* Until 12:16AM Fri

6 Friday, March 21, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi/Vyatiptat* Yoga Vasi* Bava Karana Saptamayam Titau

Manama, Bahrain

Sun 6 Sutra 340

Vischika Rasi: 21.12

Tithi 22

Gulika

7:13AM - 8:44AM

Jyeshtha* Until 11:05PM

Ganesha: Yellow

Sunrise: 5:42AM

Krodhin 5126

171198578

Creative Work

Marana Yoga

Rahu

2:48PM - 4:19PM

Siddhi Until 4:09PM

Muruga: Clear

Sunset: 5:50PM

Moon 3 - Phase 46 - 6

Until 11:05PM

Then Creative Work - Amrita Yoga

Vasi Until 1:11PM

Nataraja: Clear

Phalguna-Panguni

Devaloka Day

Saptami Until 1:55AM Sat

Retreat Star

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Manta Vasara Yuktayam
Mula* Nakshatra Vysatipata* Vairyan Yoga Gara/Vanija Karana Ashtamayam Titau

Manama, Bahrain

Sun 7 Sutra 341

Dhanus Rasi: 3.28

Tithi 23

Gulika

5:41AM - 7:12AM

Mula* Until 12:54AM Sun

Ganesha: White

Sunrise: 5:41AM

Krodhin 5126

181198578

Creative Work

Siddha Yoga

Rahu

1:17PM - 2:48PM

Vysatipata* Until 4:06PM

Muruga: Clear

Sunset: 5:50PM

Moon 3 - Phase 46 - 7

Until 2:32PM

Then Routine Work - Marana Yoga

Balava Until 2:32PM

Nataraja: Clear

Phalguna-Panguni

Bhuloka Day

Ashtami* Until 2:56AM Sun

Devaloka Time: 3PM to 6PM

Sunday, March 23, 2025

Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam
Purnvashadha* Nakshatra Vairyan/Parigha* Yoga Taillita/Gara Karana Navamayam Titau

Manama, Bahrain

Sun 8 Sutra 342

Dhanus Rasi: 16.01

Tithi 24

Gulika

2:48PM - 4:20PM

Purnvashadha* Until 1:50AM Mon

Ganesha: White

Sunrise: 5:40AM

Krodhin 5126

181198578

Creative Work

Siddha Yoga

Rahu

4:20PM - 5:51PM

Vairyan Until 3:28PM

Muruga: Clear

Sunset: 5:51PM

Moon 3 - Phase 46 - 8

Until 1:50AM Mon

Then Routine Work - Marana Yoga

Taillita Until 3:11PM

Nataraja: Clear

Phalguna-Panguni

Bhuloka Day

Navami* Until 3:12AM Mon

Devaloka Time: 3PM to 6PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1 Monday, March 24, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Unti Vesara Yuktayam Uttarashadha Nakshatra Parigraha/Shiva Yoga Vanja/Visti* Karana Dashamyam Titau				Manama, Bahrain Sun 9 Sutra 343
Dhanu Rasi: 28.56	Tithi 25	Gulika 1:17PM - 2:48PM	Uttarashadha Until 1:50AM Tue	Ganesha: White	Sunrise: 5:39AM	Krodhin 5126
Family Home Evening		Yama 10:14AM - 11:45AM	Parigraha* Until 2:15PM	Muruga: Clear	Sunset: 5:51PM	Moon 3 - Phase 47 - 9
Routine Work Marana Yoga	181195578	Rahu 7:11AM - 8:42AM	Vanija Until 2:03PM	Nataraja: Clear		2nd Phase
Until 1:50AM Tue			Dashami Until 2:39AM Tue	Moon - Light Blue		
Then Creative Work - Siddha Yoga				Phalgunya-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM
2 Tuesday, March 25, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Mangala Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Manama, Bahrain Sun 10 Sutra 344
Makara Rasi: 12.15	Tithi 26	Gulika 11:45AM - 1:17PM	Shravana Until 1:20AM Wed	Ganesha: Clear	Sunrise: 5:38AM	Krodhin 5126
		Yama 8:42AM - 10:13AM	Shiva Until 12:24PM	Muruga: Clear	Sunset: 5:52PM	Moon 3 - Phase 47 - 10
Creative Work Siddha Yoga	191195578	Rahu 2:48PM - 4:20PM	Bava Until 2:06PM	Nataraja: Clear		2nd Phase
Until 1:20AM Wed			Ekadashi* Until 1:18AM Wed	Moon - Purple		
Then Routine Work - Prabalarishtha Yoga				Phalgunya-Panguni	Devaloka Day	
3 Wednesday, March 26, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Budha Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhyha Yoga Kaulava/Tailha Karana Dvadashtyam Titau				Manama, Bahrain Sun 11 Sutra 345
Makara Rasi: 26.02	Tithi 27	Gulika 10:13AM - 11:45AM	Dhanishtha Until 11:59PM	Ganesha: Clear	Sunrise: 5:37AM	Krodhin 5126
		Yama 7:09AM - 8:41AM	Siddha Until 9:55AM	Muruga: Clear	Sunset: 5:52PM	Moon 3 - Phase 47 - 11
Routine Work Prabalarishtha Yoga	191195578	Rahu 11:45AM - 1:17PM	Kaulava Until 12:23PM	Nataraja: Clear		2nd Phase
Until 11:59PM			Dvadashti* Until 11:44PM	Moon - Purple		
Then Creative Work - Siddha Yoga				Phalgunya-Panguni	Devaloka Day	
4 Thursday, March 27, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Guru Vasara Yuktayam Shatabhishak Nakshatra Sadhyha/Subha Yoga Gara/Venja Karana Trayodashyam Titau				Manama, Bahrain Sun 12 Sutra 346
Kumbha Rasi: 10.16	Tithi 28	Gulika 8:40AM - 10:12AM	Shatabhishak Until 9:54PM	Ganesha: Clear	Sunrise: 5:36AM	Krodhin 5126
		Yama 5:36AM - 7:08AM	Sadhyha Until 6:53AM	Muruga: Clear	Sunset: 5:53PM	Moon 3 - Phase 47 - 12
Creative Work Siddha Yoga	191195578	Rahu 1:16PM - 2:49PM	Gara Until 9:59AM	Nataraja: Clear		2nd Phase
			Trayodashi* Until 8:33PM	Moon - Purple		
				Phalgunya-Panguni	Devaloka Day	
5 Friday, March 28, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Sukra Vasara Yuktayam Purvashrothapada* Nakshatra Sukla Yoga Visti/Catupada* Karana Chaturdashi/Amavasyayam Titau				Manama, Bahrain Sun 13 Sutra 347
Kumbha Rasi: 24.53	Tithi 29 - 30	Gulika 7:07AM - 8:39AM	Purvashrothapada* Until 7:37PM	Ganesha: Purple	Sunrise: 5:35AM	Krodhin 5126
		Yama 2:49PM - 4:21PM	Sukla Until 11:33PM	Muruga: Clear	Sunset: 5:53PM	Moon 3 - Phase 47 - 13
Creative Work Siddha Yoga	111195578	Rahu 10:12AM - 11:44AM	Visti Until 7:03AM	Nataraja: Clear		2nd Phase
Until 4:54PM			Chaturdashi* Until 5:24PM	Moon - Clear		
				Phalgunya-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM
● Saturday, March 29, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mani Vasara Yuktayam Uttarashrothapada/Revati Nakshatra Brahma Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Manama, Bahrain Sun 14 Sutra 348
Meena Rasi: 9.49	Tithi 30 - 1	Gulika 5:34AM - 7:06AM	Uttarashrothapada Until 4:54PM	Ganesha: Purple	Sunrise: 5:34AM	Krodhin 5126
		Yama 1:16PM - 2:49PM	Brahma Until 7:30PM	Muruga: Clear	Sunset: 5:54PM	Moon 3 - Phase 47 - 14
Creative Work Siddha Yoga	111195578	Rahu 8:39AM - 10:11AM	Kintughna Until 12:09AM Sun	Nataraja: Clear		Amavasya
Until 4:54PM			Amavasya* Until 1:56PM	Moon - Clear		
Then Routine Work - Prabalarishtha Yoga				Phalgunya-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM
Sunday, March 30, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bharu Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhiti* Yoga Bava/Balava Karana Prathamam Divityayam Titau				Manama, Bahrain Sun 15 Sutra 349
Meena Rasi: 24.55	Tithi 1 - 2	Gulika 2:49PM - 4:21PM	Revati Until 1:55PM	Ganesha: Purple	Sunrise: 5:33AM	Krodhin 5126
		Yama 11:43AM - 1:16PM	Indra Until 3:21PM	Muruga: Clear	Sunset: 5:54PM	Moon 3 - Phase 47 - 15
Creative Work Amrita Yoga	111195578	Rahu 4:21PM - 5:54PM	Balava Until 8:30PM	Nataraja: Clear		Prathama
Until 1:55PM				Moon - Clear		
Then Creative Work - Siddha Yoga		Chellappaswami Mahasamadhi	Prathama* Until 10:18AM	Chaitra-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1	Monday, March 31, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yukhtayam Ashvini/Bharani Nakshatra Vaidhiti*/Vishkambha* Yoga Kaulava/Gara Karana Divitya/Tritayam Titau						Manama, Bahrain Sun 16 Sutra 350	
	Mesha Rasi: 10.02	Tithi 2 – 3	Gulika	1:16PM – 2:49PM	Ashvini Until 11:13AM	Ganesha: Purple	Sunrise: 5:22AM	Krodhin 5126 Moon 3 - Phase 48 - 16 3rd Phase		
	Family Home Evening	122198578 Rahu	Yama	10:10AM – 11:43AM	Vaidhiti* Until 11:14AM	Muruga: Clear	Sunset: 5:59PM			
			7:05AM – 8:37AM	Gara Until 3:13AM Tue	Nataraja: Clear	Moon – White				
			Dvitiya Until 6:41AM	Chaitra-Panguni	Bhuloka Day					
	Creative Work	Siddha Yoga					Devaloka Time: 3PM to 6PM			
2	Tuesday, April 1, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yukhtayam Bharani/Kritika Nakshatra Vishkambha*/Prithi Yoga Vanija/Vishti* Karana Chaturthyam Titau						Manama, Bahrain Sun 17 Sutra 351	
	Mesha Rasi: 25.02	Tithi 4	Gulika	11:43AM – 1:16PM	Bharani Until 8:36AM	Ganesha: Purple	Sunrise: 5:22AM	Krodhin 5126 Moon 3 - Phase 48 - 17 3rd Phase		
	Creative Work	122198578 Rahu	Yama	8:37AM – 10:10AM	Vishkambha* Until 7:16AM	Muruga: Clear	Sunset: 5:59PM			
			2:49PM – 4:22PM	Vanija Until 1:37PM	Nataraja: Clear	Moon – White				
			Chaturthi* Until 12:04AM Wed	Chaitra-Panguni	Bhuloka Day					
	Creative Work	Siddha Yoga					Devaloka Time: 3PM to 6PM			
3	Wednesday, April 2, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yukhtayam Kritika/Rohini Nakshatra Ayushman Yoga Bava/Balava Karana Panchamyam Titau						Manama, Bahrain Sun 18 Sutra 352	
	Vishabha Rasi: 9.47	Tithi 5	Gulika	10:10AM – 11:43AM	Kritika Until 6:11AM	Ganesha: Purple	Sunrise: 5:31AM	Krodhin 5126 Moon 3 - Phase 48 - 18 3rd Phase		
	Creative Work	122198578 Rahu	Yama	7:04AM – 8:37AM	Ayushman Until 12:19AM Thu	Muruga: Clear	Sunset: 5:59PM			
			11:43AM – 1:16PM	Bava Until 10:40AM	Nataraja: Clear	Moon – White				
			Panchami Until 9:21PM	Chaitra-Panguni	Bhuloka Day					
	Then Creative Work	Siddha Yoga					Devaloka Time: 3PM to 6PM			
4	Thursday, April 3, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yukhtayam Migashira Nakshatra Saubhagya Yoga Kaulava/Tailita Karana Shashthyam Titau						Manama, Bahrain Sun 19 Sutra 353	
	Vishabha Rasi: 24.11	Tithi 6	Gulika	8:36AM – 10:09AM	Migashira Until 3:20AM Fri	Ganesha: Clear	Sunrise: 5:30AM	Krodhin 5126 Moon 3 - Phase 48 - 19 3rd Phase		
	Routine Work	132198578 Rahu	Yama	5:30AM – 7:03AM	Saubhagya Until 9:30PM	Muruga: Clear	Sunset: 5:59PM			
			1:16PM – 2:49PM	Kaulava Until 8:13AM	Nataraja: Clear	Moon – Yellow				
			Shashthi* Until 7:13PM	Chaitra-Panguni	Devaloka Day					
	Then Creative Work	Siddha Yoga								
5	Friday, April 4, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yukhtayam Andra Nakshatra Sobhana Yoga Gara/Vishti* Karana Saptami/Ashthamyam Titau						Manama, Bahrain Sun 20 Sutra 354	
	Mithuna Rasi: 8.11	Tithi 7 – 8	Gulika	7:02AM – 8:35AM	Andra Until 2:40AM Sat	Ganesha: Clear	Sunrise: 5:28AM	Krodhin 5126 Moon 3 - Phase 48 - 20 3rd Phase		
	Creative Work	132198578 Rahu	Yama	2:49PM – 4:23PM	Sobhana Until 7:14PM	Muruga: Clear	Sunset: 5:59PM			
			10:09AM – 11:42AM	Gara Until 6:24AM	Nataraja: Clear	Moon – Yellow				
			Saptami Until 5:43PM	Chaitra-Panguni	Devaloka Day					
	Creative Work	Siddha Yoga								
6	Saturday, April 5, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manita Vasara Yukhtayam Punarvasu Nakshatra Ahihanda*/Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Manama, Bahrain Sun 21 Sutra 355	
	Retreat Star		Gulika	5:27AM – 7:01AM	Punarvasu Until 3:00AM Sun	Ganesha: White	Sunrise: 5:27AM	Krodhin 5126 Moon 3 - Phase 48 - 21 Ashtami		
	Mithuna Rasi: 21.46	142198578 Rahu	Yama	1:16PM – 2:49PM	Ahihanda* Until 5:31PM	Muruga: Clear	Sunset: 5:57PM			
			8:35AM – 10:08AM	Balava Until 4:51AM Sun	Nataraja: Clear	Moon – Blue				
			Ashtami* Until 4:57PM	Chaitra-Panguni	Bhuloka Day					
	Creative Work	Siddha Yoga					Devaloka Time: 3PM to 6PM			
7	Sunday, April 6, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Bharu Vasara Yukhtayam Pushya Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau						Manama, Bahrain Sun 22 Sutra 356	
	Retreat Star		Gulika	2:49PM – 4:23PM	Pushya Until 3:53AM Mon	Ganesha: Green	Sunrise: 5:26AM	Krodhin 5126 Moon 3 - Phase 48 - 22 Navami		
	Kataka Rasi: 4.57	142298578 Rahu	Yama	11:42AM – 1:15PM	Sukarma Until 4:22PM	Muruga: Clear	Sunset: 5:57PM			
			4:23PM – 5:57PM	Tailita Until 5:08AM Mon	Nataraja: Clear	Moon – Blue				
			Navami* Until 4:53PM	Chaitra-Panguni	Bhuloka Day					
	Creative Work	Siddha Yoga					Devaloka Time: 3PM to 6PM			
			Sri Rama Navami							

Let us have concord with our own people, and concord with people who are strangers to us. Ashvini, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Manama, Bahrain on 7/10/23

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1 Monday, April 7, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Indu Vasara Yuktayam Ashlesha* Nakshatra Dhruti/Shula* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Manama, Bahrain Sun 23 Sutra 357
Kataka Rasi: 17.47	Tithi 10 - 11	Gulika 1:15PM - 2:49PM	Ashlesha* Until 5:13AM Tue	Ganesha: Green	Sunrise: 5:25AM	Krodhin 5126
Family Home Evening		Yama 10:07AM - 11:41AM	Dhruti Until 3:46PM	Muruga: Clear	Sunset: 5:57PM	Moon 3 - Phase 49 - 23
Creative Work Siddha Yoga	142298578	Rahu 6:59AM - 8:33AM	Vanija Until 6:03AM Tue	Nataraja: Clear		4th Phase
		Yogswami Mahasamadhi	Dashami Until 5:30PM	Moon - Blue		
				Chaitra-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM
2 Tuesday, April 8, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Mangala Vasara Yuktayam Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashtyam Titau				Manama, Bahrain Sun 24 Sutra 358
Simha Rasi: 0.19	Tithi 11	Gulika 11:41AM - 1:15PM	Magha* Until 7:25AM Wed	Ganesha: Red	Sunrise: 5:24AM	Krodhin 5126
		Yama 8:33AM - 10:07AM	Shula* Until 3:37PM	Muruga: Clear	Sunset: 5:58PM	Moon 3 - Phase 49 - 24
Creative Work Siddha Yoga	152298578	Rahu 2:50PM - 4:24PM	Vanija Until 6:03AM	Nataraja: Clear		4th Phase
Until 7:25AM Wed			Ekadashi Until 6:43PM	Moon - Red		
Then Creative Work - Amrita Yoga				Chaitra-Panguni	Devaloka Day	
3 Wednesday, April 9, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Budha Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhi* Yoga Bava/Balava Karana Dvadashtyam Titau				Manama, Bahrain Sun 25 Sutra 359
Simha Rasi: 13	Tithi 12	Gulika 10:06AM - 11:41AM	Magha* Until 7:25AM	Ganesha: Red	Sunrise: 5:23AM	Krodhin 5126
		Yama 6:58AM - 8:32AM	Ganda* Until 3:53PM	Muruga: Clear	Sunset: 5:59PM	Moon 3 - Phase 49 - 25
Creative Work Siddha Yoga	152298578	Rahu 11:41AM - 1:15PM	Bava Until 7:32AM	Nataraja: Clear		4th Phase
Until 7:25AM			Dvadashti Until 8:26PM	Moon - Red		
Then Creative Work - Amrita Yoga				Chaitra-Panguni	Devaloka Day	
4 Thursday, April 10, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Kaulava/Taila Karana Trayodashtyam Titau				Manama, Bahrain Sun 26 Sutra 360
Simha Rasi: 24.42	Tithi 13	Gulika 8:31AM - 10:06AM	Purvaphalguni Until 9:54AM	Ganesha: Red	Sunrise: 5:22AM	Krodhin 5126
		Yama 5:22AM - 6:57AM	Vridhi Until 4:28PM	Muruga: Clear	Sunset: 5:59PM	Moon 3 - Phase 49 - 26
Creative Work Siddha Yoga	152298578	Rahu 1:15PM - 2:50PM	Kaulava Until 9:28AM	Nataraja: Clear		4th Phase
			Trayodashi Until 10:32PM	Moon - Red		
				Chaitra-Panguni	Devaloka Day	
5 Friday, April 11, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Chaturdashtyam Titau				Manama, Bahrain Sun 27 Sutra 361
Kanya Rasi: 6.41	Tithi 14	Gulika 6:56AM - 8:31AM	Uttaraphalguni Until 12:30PM	Ganesha: Red	Sunrise: 5:21AM	Krodhin 5126
		Yama 2:50PM - 4:25PM	Dhruva Until 5:14PM	Muruga: Clear	Sunset: 5:59PM	Moon 3 - Phase 49 - 27
Creative Work Siddha Yoga	152298578	Rahu 10:05AM - 11:40AM	Gara Until 11:43AM	Nataraja: Clear		4th Phase
Until 12:30PM			Chaturdashi* Until 12:54AM Sat	Moon - Red		
Then Creative Work - Amrita Yoga				Chaitra-Panguni	Devaloka Day	
○ Saturday, April 12, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Sukla Paksha Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Manama, Bahrain Sun 28 Sutra 362
Copper Retreat Star		Gulika 5:20AM - 6:55AM	Hasta Until 3:39PM	Ganesha: Blue	Sunrise: 5:20AM	Krodhin 5126
Kanya Rasi: 18.34	Tithi 15	Yama 1:15PM - 2:50PM	Vyaghata* Until 6:10PM	Muruga: Clear	Sunset: 6:00PM	Moon 3 - Phase 49 - Purnima
		162298578	Rahu 8:30AM - 10:05AM	Nataraja: Clear		
Routine Work Marana Yoga			Visti Until 2:11PM	Moon - Green		
		Panguni Uttarim	Purnima* Until 3:25AM Sun	Chaitra-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM
		Hanuman Jayanti				
Sunday, April 13, 2025		Krodhin Nama Samvatsare Uтарыяне Moksha Ritau Meena Mase Krishna Paksha Bhanu Vasara Yuktayam Chitra Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau				Manama, Bahrain Sun 29 Sutra 363
Silver Retreat Star		Gulika 2:50PM - 4:25PM	Chitra Until 6:42PM	Ganesha: Blue	Sunrise: 5:19AM	Krodhin 5126
Tula Rasi: 0.24	Tithi 16	Yama 11:40AM - 1:15PM	Harshana Until 7:10PM	Muruga: Clear	Sunset: 6:00PM	Moon 3 - Phase 49 - Prathama
		163298578	Rahu 4:25PM - 6:00PM	Nataraja: Clear		
Creative Work Siddha Yoga			Balava Until 4:43PM	Moon - Green		
			Prathama* Until 5:59AM Mon	Chaitra-Panguni	Bhuloka Day	Devaloka Time: 3PM to 6PM

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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