



Thursday, April 25, 2024 Gold Retreat Star

Tula Rasi: 22.28 Tithi 16 – 17

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 10:00AM – 11:42AM
Yama 6:36AM – 8:18AM
272657579 **Rahu** 3:06PM – 4:48PM

Vishakha Until 2:55AM Fri
Vyatipata* Until 5:24AM Fri
Taitila Until 7:54PM
Prathama* Until 7:19AM

Ganesha: Clear *Sunrise:* 6:36AM
Muruga: Purple *Sunset:* 8:12PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Dushanbe, Tajikistan
Sutra 10
Krodhin 5126
Moon 4 - Phase 2 - 1st Phase

Subha Sivaloka Day

1

Friday, April 26, 2024

Vrischika Rasi: 4.56 Tithi 17 – 18

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 8:17AM – 10:00AM
Yama 4:49PM – 6:31PM
272657579 **Rahu** 11:42AM – 1:24PM

Anuradha Until 4:10AM Sat
Variyan Until 4:49AM Sat
Vanija Until 8:39PM
Dvitiya Until 8:19AM

Ganesha: White *Sunrise:* 6:35AM
Muruga: Purple *Sunset:* 8:13PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Dushanbe, Tajikistan
Sun 1 Sutra 11
Krodhin 5126
Moon 4 - Phase 2 - 1st Phase

Sivaloka Day

2

Saturday, April 27, 2024

Vrischika Rasi: 17.38 Tithi 18 – 19

Creative Work Siddha Yoga
Until 4:49AM Sun
Then Creative Work - Amrita Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 6:34AM – 8:16AM
Yama 3:06PM – 4:49PM
272657579 **Rahu** 9:59AM – 11:41AM

Jyeshtha* Until 4:49AM Sun
Parigha* Until 3:53AM Sun
Bava Until 8:57PM
Tritiya Until 8:50AM

Ganesha: White *Sunrise:* 6:34AM
Muruga: Purple *Sunset:* 8:14PM
Nataraja: Purple
Moon – Orange
Chaitra*Chaitra

Dushanbe, Tajikistan
Sun 2 Sutra 12
Krodhin 5126
Moon 4 - Phase 2 - 1st Phase

Sivaloka Day

3

Sunday, April 28, 2024

Dhanus Rasi: 0.32 Tithi 19 – 20

Creative Work Amrita Yoga
Until 5:20AM Mon
Then Routine Work - Marana Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bharu Vasara Yuktayam
Mula* Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 4:49PM – 6:32PM
Yama 1:24PM – 3:07PM
283657579 **Rahu** 6:32PM – 8:15PM

Mula* Until 5:20AM Mon
Shiva Until 2:36AM Mon
Kaulava Until 8:47PM
Chaturthi* Until 8:54AM

Ganesha: Yellow *Sunrise:* 6:32AM
Muruga: Purple *Sunset:* 8:15PM
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Dushanbe, Tajikistan
Sun 3 Sutra 13
Krodhin 5126
Moon 4 - Phase 2 - 3 1st Phase

Subha Sivaloka Day

4

Monday, April 29, 2024

Dhanus Rasi: 13.41 Tithi 20 – 21

Family Home Evening

Routine Work Marana Yoga

Until 5:14AM Tue

Then Routine Work - Prabalarishta Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 3:07PM – 4:50PM
Yama 11:41AM – 1:24PM
283657579 **Rahu** 8:14AM – 9:57AM

Purvashadha* Until 5:14AM Tue
Siddha Until 12:56AM Tue
Gara Until 8:09PM
Panchami Until 8:30AM

Ganesha: Yellow *Sunrise:* 6:31AM
Muruga: Purple *Sunset:* 8:16PM
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Dushanbe, Tajikistan
Sun 4 Sutra 14
Krodhin 5126
Moon 4 - Phase 2 - 4 1st Phase

Subha Sivaloka Day

5

Tuesday, April 30, 2024

Dhanus Rasi: 27.05 Tithi 21 – 22

Routine Work Prabalarishta Yoga

Until 4:34AM Wed

Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 1:24PM – 3:07PM
Yama 9:57AM – 11:40AM
283657579 **Rahu** 4:50PM – 6:34PM

Uttarashadha Until 4:34AM Wed
Sadhya Until 10:56PM
Visti Until 7:05PM
Shashthi* Until 7:39AM

Ganesha: Yellow *Sunrise:* 6:30AM
Muruga: Purple *Sunset:* 8:17PM
Nataraja: Purple
Moon – Light Blue
Chaitra*Chaitra

Dushanbe, Tajikistan
Sun 5 Sutra 15
Krodhin 5126
Moon 4 - Phase 2 - 5 1st Phase

Subha Sivaloka Day

D

Wednesday, May 1, 2024 Retreat Star

Makara Rasi: 10.44 Tithi 22 – 23

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Subha Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Gulika 11:40AM – 1:23PM
Yama 8:12AM – 9:56AM
293657579 **Rahu** 1:23PM – 3:07PM

Shravana Until 3:45AM Thu
Subha Until 8:35PM
Kaulava Until 4:38AM Thu
Saptami Until 6:21AM

Ganesha: Blue *Sunrise:* 6:29AM
Muruga: Purple *Sunset:* 8:18PM
Nataraja: Purple
Moon – Purple
Chaitra*Chaitra

Dushanbe, Tajikistan
Sun 6 Sutra 16
Krodhin 5126
Moon 4 - Phase 2 - 6 Ashtami

Sivaloka Day

Chidambaram Abhishekam

Thursday, May 2, 2024

Retreat Star

Makara Rasi: 24.38 Tithi 24

Creative Work Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Gulika 9:55AM – 11:39AM
Yama 6:28AM – 8:12AM
293657579 **Rahu** 3:07PM – 4:51PM

Dhanishtha Until 2:23AM Fri
Sukla Until 5:52PM
Taitila Until 3:38PM
Navami* Until 2:29AM Fri

Ganesha: Blue *Sunrise:* 6:28AM
Muruga: Purple *Sunset:* 8:19PM
Nataraja: Purple
Moon – Purple
Chaitra*Chaitra

Dushanbe, Tajikistan
Sun 7 Sutra 17
Krodhin 5126
Moon 4 - Phase 2 - 7 Navami

Sivaloka Day

1	Friday, May 3, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 18	
	Kumbha Rasi: 8.48	Tithi 25	Gulika Yama	8:11AM – 9:55AM 4:51PM – 6:36PM	Shatabhishak Until 12:31AM Sat Brahma Until 2:52PM Vanija Until 1:18PM	Ganesha: Blue Muruga: Purple Nataraja: Purple Moon – Purple	Sunrise: 6:27AM Sunset: 8:20PM	Krodhin 5126 Moon 4 - Phase 3 - 8 2nd Phase
	Creative Work	Siddha Yoga	293657579	Rahu 11:39AM – 1:23PM	Dashami Until 12:00AM Sat	Chaitra*Chaitra	Sivaloka Day	
	Until 12:31AM Sat Then Routine Work - Marana Yoga							
2	Saturday, May 4, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 19	
	Kumbha Rasi: 23.13	Tithi 26	Gulika Yama	6:25AM – 8:10AM 3:07PM – 4:52PM	Purvaproshtapada* Until 10:39PM Indra Until 11:36AM Bava Until 10:39AM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:25AM Sunset: 8:21PM	Krodhin 5126 Moon 4 - Phase 3 - 9 2nd Phase
	Routine Work	Marana Yoga	213657579	Rahu 9:54AM – 11:39AM	Ekadashi* Until 9:13PM	Chaitra*Chaitra	Sivaloka Day	
	Until 10:39PM Then Creative Work - Siddha Yoga							
3	Sunday, May 5, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 20	
	Meena Rasi: 7.48	Tithi 27	Gulika Yama	4:52PM – 6:37PM 1:23PM – 3:08PM	Uttaraproshtapada Until 8:27PM Vaidhriti* Until 8:07AM Kaulava Until 7:45AM	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:24AM Sunset: 8:22PM	Krodhin 5126 Moon 4 - Phase 3 - 10 2nd Phase
	Creative Work	Amrita Yoga	213657579	Rahu 6:37PM – 8:22PM	Dvadashti* Until 6:14PM	Chaitra*Chaitra	Sivaloka Day	
4	Monday, May 6, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Priti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 21	
	Meena Rasi: 22.31	Tithi 28 – 29	Gulika Yama	3:08PM – 4:53PM 11:38AM – 1:23PM	Revati Until 6:03PM Priti Until 12:57AM Tue Visti Until 1:40AM Tue	Ganesha: White Muruga: Purple Nataraja: Purple Moon – Clear	Sunrise: 6:23AM Sunset: 8:23PM	Krodhin 5126 Moon 4 - Phase 3 - 11 2nd Phase
	Family Home Evening		213657579	Rahu 8:08AM – 9:53AM	Trayodashi* Until 3:10PM	Chaitra*Chaitra	Sivaloka Day	
	Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>					
	Tuesday, May 7, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Ayushman Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 12 Sutra 22	
	Retreat Star		Gulika Yama	1:23PM – 3:08PM 9:53AM – 11:38AM	Ashvini Until 4:00PM Ayushman Until 9:25PM Catuspada Until 10:44PM	Ganesha: Green Muruga: Purple Nataraja: Purple Moon – White	Sunrise: 6:22AM Sunset: 8:24PM	Krodhin 5126 Moon 4 - Phase 3 - 12 Amavasya
	Mesha Rasi: 7.13	Tithi 29 – 30	223657579	Rahu 4:53PM – 6:38PM	Chaturdashi* Until 12:10PM	Chaitra*Chaitra	Sivaloka Day	
	Creative Work Siddha Yoga							
	Wednesday, May 8, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 23	
	Retreat Star		Gulika Yama	11:37AM – 1:23PM 8:07AM – 9:52AM	Bharani Until 2:01PM Saubhagya Until 6:07PM Kintughna Until 8:03PM	Ganesha: Green Muruga: Purple Nataraja: Purple Moon – White	Sunrise: 6:21AM Sunset: 8:24PM	Krodhin 5126 Moon 4 - Phase 3 - 13 Prathama
	Mesha Rasi: 21.49	Tithi 30 – 1	223657579	Rahu 1:23PM – 3:08PM	Amavasya* Until 9:20AM	Vaisaka*Chaitra	Sivaloka Day	
	Creative Work Siddha Yoga Until 2:01PM Then Creative Work - Amrita Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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1	Friday, May 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 32	
	Simha Rasi: 18.54	Tithi 9 – 10	Gulika 8:00AM – 9:48AM	Purvaphalguni Until 9:46PM	Ganesha: Purple	Sunrise: 6:13AM	Krodhin 5126	
			Yama 4:58PM – 6:45PM	Vyaghata* Until 9:48AM	Muruga: Purple	Sunset: 8:32PM	Moon 4 - Phase 5 - 22	
	254757579	Rahu 11:35AM – 1:23PM		Taitila Until 10:36PM	Nataraja: Purple		4th Phase	
Creative Work Siddha Yoga				Navami* Until 9:18AM	Moon – Red		Sivaloka Day	
					Vaisaka*Vaikasi			
2	Saturday, May 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 33	
	Kanya Rasi: 0.43	Tithi 10 – 11	Gulika 6:12AM – 8:00AM	Uttaraphalguni Until 12:41AM Sun	Ganesha: Purple	Sunrise: 6:12AM	Krodhin 5126	
			Yama 3:10PM – 4:58PM	Harshana Until 10:52AM	Muruga: Purple	Sunset: 8:33PM	Moon 4 - Phase 5 - 23	
	254757579	Rahu 9:47AM – 11:35AM		Vanija Until 1:08AM Sun	Nataraja: Purple		4th Phase	
Routine Work Marana Yoga				Dashami Until 11:51AM	Moon – Red		Sivaloka Day	
Until 12:41AM Sun					Vaisaka*Vaikasi			
Then Creative Work - Amrita Yoga								
3	Sunday, May 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 34	
	Kanya Rasi: 12.32	Tithi 11 – 12	Gulika 4:58PM – 6:46PM	Hasta Until 3:45AM Mon	Ganesha: Clear	Sunrise: 6:11AM	Krodhin 5126	
			Yama 1:23PM – 3:11PM	Vajra* Until 11:51AM	Muruga: Purple	Sunset: 8:34PM	Moon 4 - Phase 5 - 24	
	264757579	Rahu 6:46PM – 8:34PM		Bava Until 3:29AM Mon	Nataraja: Purple		4th Phase	
Creative Work Amrita Yoga				Ekdashi Until 2:20PM	Moon – Green		Subha Sivaloka Day	
Until 3:45AM Mon					Vaisaka*Vaikasi			
Then Routine Work - Prabalarishta Yoga								
4	Monday, May 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 35	
	Kanya Rasi: 24.26	Tithi 12 – 13	Gulika 3:11PM – 4:59PM	Chitra Until 6:17AM Tue	Ganesha: Clear	Sunrise: 6:11AM	Krodhin 5126	
	Family Home Evening		Yama 11:35AM – 1:23PM	Siddhi Until 12:38PM	Muruga: Purple	Sunset: 8:35PM	Moon 4 - Phase 5 - 25	
	264757579	Rahu 7:59AM – 9:47AM		Kaulava Until 5:26AM Tue	Nataraja: Purple		4th Phase	
Routine Work Prabalarishta Yoga				Dvadashi Until 4:30PM	Moon – Green		Subha Sivaloka Day	
Until 6:17AM Tue					Vaisaka*Vaikasi			
Then Creative Work - Siddha Yoga				Pradosha Vrata				
5	Tuesday, May 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Variyan Yoga Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 36	
	Tula Rasi: 6.31	Tithi 13	Gulika 1:23PM – 3:11PM	Chitra Until 6:17AM	Ganesha: Clear	Sunrise: 6:10AM	Krodhin 5126	
			Yama 9:46AM – 11:35AM	Vyatipata* Until 1:07PM	Muruga: Purple	Sunset: 8:36PM	Moon 4 - Phase 5 - 26	
	264757579	Rahu 4:59PM – 6:48PM		Taitila Until 6:13PM	Nataraja: Purple		4th Phase	
Creative Work Siddha Yoga				Trayodashi Until 6:13PM	Moon – Green		Subha Sivaloka Day	
					Vaisaka*Vaikasi			
6	Wednesday, May 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 37	
	Tula Rasi: 18.47	Tithi 14	Gulika 11:35AM – 1:23PM	Svati Until 8:09AM	Ganesha: Clear	Sunrise: 6:09AM	Krodhin 5126	
			Yama 7:58AM – 9:46AM	Variyan Until 1:08PM	Muruga: Purple	Sunset: 8:37PM	Moon 4 - Phase 5 - 27	
	264757579	Rahu 1:23PM – 3:11PM		Gara Until 6:53AM	Nataraja: Purple		4th Phase	
Creative Work Siddha Yoga				Chaturdashi* Until 7:22PM	Moon – Green		Subha Sivaloka Day	
			Vaikasi Visakam		Vaisaka*Vaikasi			
O	Thursday, May 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 38	
	Copper Retreat Star		Gulika 9:46AM – 11:34AM	Vishakha Until 9:47AM	Ganesha: Yellow	Sunrise: 6:09AM	Krodhin 5126	
	Vrischika Rasi: 1.19	Tithi 15	Yama 6:09AM – 7:57AM	Parigha* Until 12:44PM	Muruga: Purple	Sunset: 8:37PM	Moon 4 - Phase 5 -	
	275757579	Rahu 3:12PM – 5:00PM		Visti Until 7:45AM	Nataraja: Purple		Purnima	
Creative Work Siddha Yoga				Purnima* Until 7:57PM	Moon – Orange		Subha Sivaloka Day	
			Budha Purnima (Tamil Nadu)		Vaisaka*Vaikasi			
	Friday, May 24, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 39	
	Silver Retreat Star		Gulika 7:57AM – 9:46AM	Anuradha Until 10:43AM	Ganesha: Yellow	Sunrise: 6:08AM	Krodhin 5126	
	Vrischika Rasi: 14.07	Tithi 16	Yama 5:01PM – 6:49PM	Shiva Until 11:53AM	Muruga: Purple	Sunset: 8:38PM	Moon 4 - Phase 5 -	
	275757579	Rahu 11:34AM – 1:23PM		Balava Until 8:03AM	Nataraja: Purple		Prathama	
Creative Work Siddha Yoga				Prathama* Until 7:59PM	Moon – Orange		Subha Sivaloka Day	
Until 10:43AM					Vaisaka*Vaikasi			
Then Routine Work - Marana Yoga								

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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Saturday, May 25, 2024

Gold Retreat Star

Vrischika Rasi: 27.1 Tithi 17
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 6:07AM – 7:56AM
Yama 3:12PM – 5:01PM
375757579 **Rahu** 9:45AM – 11:34AM

Jyeshtha* Until 10:58AM
Siddha Until 10:37AM
Taitila Until 7:49AM
Dvitiya Until 7:31PM

Ganesha: White
Muruga: Purple
Nataraja: Purple
Moon – Orange
Vaisaka*Vaikasi

Sunrise: 6:07AM
Sunset: 8:39PM

Subha Subha Sivaloka Day

Dushanbe, Tajikistan
Sun 1 Sutra 40
Krodhin 5126
Moon 5 - Phase 6 - 1
1st Phase

1

Sunday, May 26, 2024

Dhanus Rasi: 10.28 Tithi 18
Creative Work Amrita Yoga
Until 11:06AM
Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 5:02PM – 6:51PM
Yama 1:23PM – 3:12PM
385757579 **Rahu** 6:51PM – 8:40PM

Mula* Until 11:06AM
Sadhya Until 9:00AM
Vanija Until 7:08AM
Tritiya Until 6:38PM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Vaisaka*Vaikasi

Sunrise: 6:07AM
Sunset: 8:40PM

Subha Sivaloka Day

Dushanbe, Tajikistan
Sun 2 Sutra 41
Krodhin 5126
Moon 5 - Phase 6 - 2
1st Phase

2

Monday, May 27, 2024

Dhanus Rasi: 23.58 Tithi 19 – 20
Family Home Evening
Routine Work Marana Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Subha/Sukla Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 3:13PM – 5:02PM
Yama 11:34AM – 1:23PM
385757579 **Rahu** 7:56AM – 9:45AM

Purvashadha* Until 10:43AM
Subha Until 7:06AM
Bava Until 6:05AM
Chaturthi* Until 5:25PM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Vaisaka*Vaikasi

Sunrise: 6:06AM
Sunset: 8:41PM

Subha Sivaloka Day

Dushanbe, Tajikistan
Sun 3 Sutra 42
Krodhin 5126
Moon 5 - Phase 6 - 3
1st Phase

3

Tuesday, May 28, 2024

Makara Rasi: 7.4 Tithi 20 – 21
Routine Work Prabalarishta Yoga
Until 9:55AM
Then Creative Work - Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:24PM – 3:13PM
Yama 9:45AM – 11:34AM
385757579 **Rahu** 5:02PM – 6:52PM

Uttarashadha Until 9:55AM
Brahma Until 2:36AM Wed
Gara Until 3:07AM Wed
Panchami Until 3:56PM

Ganesha: Yellow
Muruga: Purple
Nataraja: Purple
Moon – Light Blue
Vaisaka*Vaikasi

Sunrise: 6:06AM
Sunset: 8:41PM

Subha Sivaloka Day

Dushanbe, Tajikistan
Sun 4 Sutra 43
Krodhin 5126
Moon 5 - Phase 6 - 4
1st Phase

4

Wednesday, May 29, 2024

Makara Rasi: 21.29 Tithi 21 – 22
Creative Work Siddha Yoga
Until 9:10AM
Then Routine Work - Prabalarishta Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 11:34AM – 1:24PM
Yama 7:55AM – 9:44AM
395757579 **Rahu** 1:24PM – 3:13PM

Shravana Until 9:10AM
Indra Until 12:06AM Thu
Visti Until 1:18AM Thu
Shashthi* Until 2:13PM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Purple
Vaisaka*Vaikasi

Sunrise: 6:05AM
Sunset: 8:42PM

Subha Subha Sivaloka Day

Dushanbe, Tajikistan
Sun 5 Sutra 44
Krodhin 5126
Moon 5 - Phase 6 - 5
1st Phase

5

Thursday, May 30, 2024

Retreat Star

Kumbha Rasi: 5.27 Tithi 22 – 23
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:44AM – 11:34AM
Yama 6:05AM – 7:55AM
395757579 **Rahu** 3:14PM – 5:03PM

Dhanishtha Until 8:04AM
Vaidhriti* Until 9:25PM
Balava Until 11:19PM
Saptami Until 12:19PM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Purple
Vaisaka*Vaikasi

Sunrise: 6:05AM
Sunset: 8:43PM

Subha Subha Sivaloka Day

Dushanbe, Tajikistan
Sun 6 Sutra 45
Krodhin 5126
Moon 5 - Phase 6 - 6
Ashtami

Friday, May 31, 2024

Retreat Star

Kumbha Rasi: 19.31 Tithi 23 – 24
Creative Work Siddha Yoga

Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:54AM – 9:44AM
Yama 5:04PM – 6:54PM
395757579 **Rahu** 11:34AM – 1:24PM

Shatabhishak Until 6:39AM
Vishkambha* Until 6:37PM
Taitila Until 9:09PM
Ashtami* Until 10:14AM

Ganesha: Blue
Muruga: Purple
Nataraja: Purple
Moon – Purple
Vaisaka*Vaikasi

Sunrise: 6:04AM
Sunset: 8:43PM

Subha Subha Sivaloka Day

Dushanbe, Tajikistan
Sun 7 Sutra 46
Krodhin 5126
Moon 5 - Phase 6 - 7
Navami

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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1	Saturday, June 1, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 47	
	Meena Rasi: 3.41	Tithi 24 – 25	Gulika Yama	6:04AM – 7:54AM 3:14PM – 5:04PM	Uttaraproshtapada Until 3:50AM Sun Priti Until 3:43PM	Ganesha: Clear Muruga: Purple	Sunrise: 6:04AM Sunset: 8:44PM	Krodhin 5126 Moon 5 - Phase 7 - 8
		316757579	Rahu	9:44AM – 11:34AM	Vanija Until 6:52PM	Nataraja: Purple Moon – Clear		2nd Phase
	Creative Work	Siddha Yoga			Navami* Until 8:00AM	Vaisaka*Vaikasi	Subha Sivaloka Day	
2	Sunday, June 2, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 48	
	Meena Rasi: 17.57	Tithi 26	Gulika Yama	5:05PM – 6:55PM 1:24PM – 3:14PM	Revati Until 2:04AM Mon Ayushman Until 12:43PM	Ganesha: Clear Muruga: Purple	Sunrise: 6:04AM Sunset: 8:45PM	Krodhin 5126 Moon 5 - Phase 7 - 9
		316757579	Rahu	6:55PM – 8:45PM	Bava Until 4:29PM	Nataraja: Purple Moon – Clear		2nd Phase
	Creative Work	Amrita Yoga			Ekadashi* Until 3:15AM Mon	Vaisaka*Vaikasi	Subha Sivaloka Day	
3	Monday, June 3, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 49	
	Mesha Rasi: 2.15	Tithi 27	Gulika Yama	3:15PM – 5:05PM 11:34AM – 1:24PM	Ashvini Until 12:35AM Tue Saubhagya Until 9:41AM	Ganesha: Purple Muruga: Purple	Sunrise: 6:03AM Sunset: 8:45PM	Krodhin 5126 Moon 5 - Phase 7 - 10
	Family Home Evening	326757579	Rahu	7:54AM – 9:44AM	Kaulava Until 2:04PM	Nataraja: Purple Moon – White		2nd Phase
	Creative Work	Siddha Yoga			Dvadashi* Until 12:51AM Tue	Vaisaka*Vaikasi	Sivaloka Day	
4	Tuesday, June 4, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 50	
	Mesha Rasi: 16.32	Tithi 28	Gulika Yama	1:25PM – 3:15PM 9:44AM – 11:34AM	Bharani Until 11:04PM Sobhana Until 6:41AM	Ganesha: Purple Muruga: Purple	Sunrise: 6:03AM Sunset: 8:46PM	Krodhin 5126 Moon 5 - Phase 7 - 11
		326757579	Rahu	5:05PM – 6:56PM	Gara Until 11:41AM	Nataraja: Purple Moon – White		2nd Phase
	Creative Work	Siddha Yoga			Trayodashi* Until 10:31PM	Vaisaka*Vaikasi	Sivaloka Day	
Pradosha Vrata (Fasting)								
5	Wednesday, June 5, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukarma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 51	
	Vrishabha Rasi: 0.45	Tithi 29	Gulika Yama	11:34AM – 1:25PM 7:53AM – 9:44AM	Krittika Until 9:36PM Sukarma Until 1:02AM Thu	Ganesha: Purple Muruga: Purple	Sunrise: 6:03AM Sunset: 8:47PM	Krodhin 5126 Moon 5 - Phase 7 - 12
		326757571	Rahu	1:25PM – 3:15PM	Visti Until 9:27AM	Nataraja: Blue Moon – White		2nd Phase
	Creative Work	Amrita Yoga			Chaturdashi* Until 8:24PM	Vaisaka*Vaikasi	Sivaloka Day	
	Thursday, June 6, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhriti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 52	
	Retreat Star		Gulika Yama	9:44AM – 11:34AM 6:03AM – 7:53AM	Rohini Until 8:44PM Dhriti Until 10:37PM	Ganesha: Light Blue Muruga: Purple	Sunrise: 6:03AM Sunset: 8:47PM	Krodhin 5126 Moon 5 - Phase 7 - 13
	Vrishabha Rasi: 14.48	Tithi 30	Rahu	3:16PM – 5:06PM	Catuspada Until 7:28AM	Nataraja: Blue Moon – Yellow		Amavasya
	Routine Work	Marana Yoga			Amavasya* Until 6:36PM	Vaisaka*Vaikasi	Sivaloka Day	
	Friday, June 7, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 53	
	Retreat Star		Gulika Yama	7:53AM – 9:44AM 5:06PM – 6:57PM	Mrigashira Until 8:11PM Shula* Until 8:32PM	Ganesha: Light Blue Muruga: Purple	Sunrise: 6:02AM Sunset: 8:48PM	Krodhin 5126 Moon 5 - Phase 7 - 14
	Vrishabha Rasi: 28.37	Tithi 1 – 2	Rahu	11:34AM – 1:25PM	Balava Until 4:46AM Sat	Nataraja: Blue Moon – Yellow		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 5:14PM	Jyeshtha*Vaikasi	Sivaloka Day	

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

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1	Saturday, June 8, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Dushanbe, Tajikistan Sun 15 Sutra 54	
	Mithuna Rasi: 12.09	Tithi 2 – 3	Gulika	6:02AM – 7:53AM	Ardra Until 8:02PM	Ganesha: Light Blue	Sunrise: 6:02AM	Krodhin 5126
			Yama	3:16PM – 5:07PM	Ganda* Until 6:55PM	Muruga: Purple	Sunset: 8:48PM	Moon 5 - Phase 8 - 15
	Creative Work	Siddha Yoga	336757571 Rahu	9:44AM – 11:34AM	Taitila Until 4:17AM Sun	Nataraja: Blue		3rd Phase
					Dvitiya Until 4:25PM	Moon – Yellow		
						Jyeshtha*Vaikasi		Sivaloka Day
2	Sunday, June 9, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 16 Sutra 55	
	Mithuna Rasi: 25.2	Tithi 3 – 4	Gulika	5:07PM – 6:58PM	Punarvasu Until 8:50PM	Ganesha: Light Blue	Sunrise: 6:02AM	Krodhin 5126
			Yama	1:25PM – 3:16PM	Vriddhi Until 5:50PM	Muruga: Purple	Sunset: 8:49PM	Moon 5 - Phase 8 - 16
	Creative Work	Siddha Yoga	347757571 Rahu	6:58PM – 8:49PM	Vanija Until 4:27AM Mon	Nataraja: Blue		3rd Phase
					Tritiya Until 4:15PM	Moon – Blue		
						Jyeshtha*Vaikasi		Sivaloka Day
3	Monday, June 10, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 56	
	Kataka Rasi: 8.11	Tithi 4 – 5	Gulika	3:17PM – 5:08PM	Pushya Until 10:10PM	Ganesha: Light Blue	Sunrise: 6:02AM	Krodhin 5126
	Family Home Evening		Yama	11:35AM – 1:26PM	Dhruva Until 5:17PM	Muruga: Purple	Sunset: 8:49PM	Moon 5 - Phase 8 - 17
	Creative Work	Siddha Yoga	347757571 Rahu	7:53AM – 9:44AM	Bava Until 5:20AM Tue	Nataraja: Blue		3rd Phase
					Chaturthi* Until 4:47PM	Moon – Blue		
						Jyeshtha*Vaikasi		Sivaloka Day
4	Tuesday, June 11, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 57	
	Kataka Rasi: 20.42	Tithi 5 – 6	Gulika	1:26PM – 3:17PM	Ashlesha* Until 12:00AM Wed	Ganesha: Purple	Sunrise: 6:02AM	Krodhin 5126
			Yama	9:44AM – 11:35AM	Vyaghata* Until 5:17PM	Muruga: Purple	Sunset: 8:50PM	Moon 5 - Phase 8 - 18
	Creative Work	Siddha Yoga	347857571 Rahu	5:08PM – 6:59PM	Kaulava Until 6:51AM Wed	Nataraja: Blue		3rd Phase
					Panchami Until 5:59PM	Moon – Blue		
						Jyeshtha*Vaikasi		Sivaloka Day
5	Wednesday, June 12, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 58	
	Simha Rasi: 2.56	Tithi 6	Gulika	11:35AM – 1:26PM	Magha* Until 2:42AM Thu	Ganesha: Clear	Sunrise: 6:02AM	Krodhin 5126
			Yama	7:53AM – 9:44AM	Harshana Until 5:45PM	Muruga: Purple	Sunset: 8:50PM	Moon 5 - Phase 8 - 19
	Creative Work	Siddha Yoga	357857571 Rahu	1:26PM – 3:17PM	Kaulava Until 6:51AM	Nataraja: Blue		3rd Phase
					Shashthi* Until 7:48PM	Moon – Red		
						Jyeshtha*Vaikasi		Subha Sivaloka Day
6	Thursday, June 13, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 59	
	Simha Rasi: 14.58	Tithi 7	Gulika	9:44AM – 11:35AM	Purvaphalguni Until 5:37AM Fri	Ganesha: Clear	Sunrise: 6:02AM	Krodhin 5126
			Yama	6:02AM – 7:53AM	Vajra* Until 6:34PM	Muruga: Purple	Sunset: 8:51PM	Moon 5 - Phase 8 - 20
	Creative Work	Siddha Yoga	357857571 Rahu	3:17PM – 5:09PM	Gara Until 8:55AM	Nataraja: Blue		3rd Phase
					Saptami Until 10:04PM	Moon – Red		
						Jyeshtha*Vaikasi		Subha Sivaloka Day
D	Friday, June 14, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 60	
	Retreat Star		Gulika	7:53AM – 9:44AM	Uttaraphalguni Until 8:31AM Sat	Ganesha: Clear	Sunrise: 6:02AM	Krodhin 5126
	Simha Rasi: 26.5	Tithi 8	Yama	5:09PM – 7:00PM	Siddhi Until 7:35PM	Muruga: Purple	Sunset: 8:51PM	Moon 5 - Phase 8 - 21
	Creative Work	Siddha Yoga	357857571 Rahu	11:35AM – 1:26PM	Visti Until 11:19AM	Nataraja: Blue		Ashtami
	Until 8:31AM Sat				Ashtami* Until 12:33AM Sat	Moon – Red		
	Then Routine Work - Marana Yoga					Jyeshtha*Vaikasi		Subha Sivaloka Day
	Saturday, June 15, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 61	
	Retreat Star		Gulika	6:02AM – 7:53AM	Uttaraphalguni Until 8:31AM	Ganesha: Orange	Sunrise: 6:02AM	Krodhin 5126
	Kanya Rasi: 8.4	Tithi 9	Yama	3:18PM – 5:09PM	Vyatipata* Until 8:38PM	Muruga: Purple	Sunset: 8:52PM	Moon 5 - Phase 8 - 22
	Creative Work	Marana Yoga	358857571 Rahu	9:44AM – 11:35AM	Balava Until 1:50PM	Nataraja: Blue		Navami
					Navami* Until 3:01AM Sun	Moon – Red		
						Jyeshtha*Ani		Subha Sivaloka Day

1	Sunday, June 16, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 62	
	Kanya Rasi: 20.31	Tithi 10	Gulika Yama	5:09PM – 7:01PM 1:27PM – 3:18PM	Hasta Until 11:40AM Variyan Until 9:30PM	Ganesha: Green Muruga: Purple	Sunrise: 6:02AM Sunset: 8:52PM	Krodhin 5126 Moon 5 - Phase 9 - 23
		368857571	Rahu	7:01PM – 8:52PM	Taitila Until 4:11PM	Nataraja: Blue Moon – Green		4th Phase
	Creative Work Until 11:40AM Then Creative Work - Siddha Yoga	Amrita Yoga	Father's Day		Dashami Until 5:13AM Mon	Jyeshtha•Ani	Sivaloka Day	
2	Monday, June 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Vanija Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 63	
	Tula Rasi: 2.28	Tithi 11	Gulika Yama	3:18PM – 5:10PM 11:36AM – 1:27PM	Chitra Until 2:19PM Parigha* Until 10:03PM	Ganesha: Green Muruga: Purple	Sunrise: 6:02AM Sunset: 8:52PM	Krodhin 5126 Moon 5 - Phase 9 - 24
	Family Home Evening	368857571	Rahu	7:53AM – 9:45AM	Vanija Until 6:10PM	Nataraja: Blue Moon – Green		4th Phase
	Routine Work Until 2:19PM Then Creative Work - Amrita Yoga	Prabalarishta Yoga			Ekadashi Until 6:56AM Tue	Jyeshtha•Ani	Sivaloka Day	
3	Tuesday, June 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 64	
	Tula Rasi: 14.37	Tithi 11 – 12	Gulika Yama	1:27PM – 3:19PM 9:45AM – 11:36AM	Svati Until 4:17PM Shiva Until 10:09PM	Ganesha: Green Muruga: Purple	Sunrise: 6:02AM Sunset: 8:52PM	Krodhin 5126 Moon 5 - Phase 9 - 25
		368857571	Rahu	5:10PM – 7:01PM	Bava Until 7:35PM	Nataraja: Blue Moon – Green		4th Phase
	Creative Work Until 4:17PM Then Routine Work - Marana Yoga	Siddha Yoga			Ekadashi Until 6:56AM	Jyeshtha•Ani	Sivaloka Day	
4	Wednesday, June 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 65	
	Tula Rasi: 27.02	Tithi 12 – 13	Gulika Yama	11:36AM – 1:28PM 7:54AM – 9:45AM	Vishakha Until 5:55PM Siddha Until 9:43PM	Ganesha: Red Muruga: Purple	Sunrise: 6:02AM Sunset: 8:53PM	Krodhin 5126 Moon 5 - Phase 9 - 26
		378857571	Rahu	1:28PM – 3:19PM	Kaulava Until 8:19PM	Nataraja: Blue Moon – Orange		4th Phase
	Creative Work	Siddha Yoga			Dvadashi Until 8:01AM	Jyeshtha•Ani	Subha Sivaloka Day	
			Pradosha Vrata					
5	Thursday, June 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Sadhya Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 66	
	Vrischika Rasi: 9.46	Tithi 13 – 14	Gulika Yama	9:45AM – 11:36AM 6:02AM – 7:54AM	Anuradha Until 6:43PM Sadhya Until 8:44PM	Ganesha: Red Muruga: Purple	Sunrise: 6:02AM Sunset: 8:53PM	Krodhin 5126 Moon 5 - Phase 9 - 27
		378857571	Rahu	3:19PM – 5:10PM	Gara Until 8:21PM	Nataraja: Blue Moon – Orange		4th Phase
	Creative Work Until 6:43PM Then Routine Work - Prabalarishta Yoga	Siddha Yoga			Trayodashi Until 8:24AM	Jyeshtha•Ani	Subha Sivaloka Day	
O	Friday, June 21, 2024 Copper Retreat Star		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sutra 67	
	Vrischika Rasi: 22.51	Tithi 14 – 15	Gulika Yama	7:54AM – 9:45AM 5:11PM – 7:02PM	Jyeshtha* Until 6:43PM Subha Until 7:15PM	Ganesha: Red Muruga: Purple	Sunrise: 6:03AM Sunset: 8:53PM	Krodhin 5126 Moon 5 - Phase 9 - Purnima
		378857571	Rahu	11:37AM – 1:28PM	Visti Until 7:44PM	Nataraja: Blue Moon – Orange		
	Routine Work Until 6:43PM Then Creative Work - Amrita Yoga	Marana Yoga			Chaturdashi* Until 8:06AM	Jyeshtha•Ani	Subha Sivaloka Day	
Saturday, June 22, 2024 Silver Retreat Star			Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sutra 68	
Dhanus Rasi: 6.15	Tithi 15 – 16	Gulika Yama	6:03AM – 7:54AM 3:19PM – 5:11PM	Mula* Until 6:27PM Sukla Until 5:17PM	Ganesha: Blue Muruga: Clear	Sunrise: 6:03AM Sunset: 8:53PM	Krodhin 5126 Moon 5 - Phase 9 - Prathama	
	389867571	Rahu	9:46AM – 11:37AM	Balava Until 6:34PM	Nataraja: Blue Moon – Light Blue			
Creative Work	Siddha Yoga			Purnima* Until 7:12AM	Jyeshtha•Ani	Devaloka Day		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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Sunday, June 23, 2024

Gold Retreat Star

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan
Sutra 69

Dhanus Rasi: 19.57 Tithi 17

389867571

Gulika 5:11PM – 7:02PM
Yama 1:28PM – 3:20PM
Rahu 7:02PM – 8:54PM

Purvashadha* Until 5:36PM
Brahma Until 2:57PM
Taitila Until 4:57PM
Dvitiya Until 3:59AM Mon

Ganesha: Blue
Muruga: Clear
Nataraja: Blue
Moon – Light Blue
Jyeshtha*Ani

Sunrise: 6:03AM
Sunset: 8:54PM

Moon 6 - Phase 10 -
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 5:36PM
Then Creative Work - Amrita Yoga

1

Monday, June 24, 2024

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti*/Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 70

Makara Rasi: 3.53 Tithi 18

389867571

Gulika 3:20PM – 5:11PM
Yama 11:37AM – 1:29PM
Rahu 7:55AM – 9:46AM

Uttarashadha Until 4:17PM
Indra Until 12:23PM
Vanija Until 3:00PM
Tritiya Until 1:56AM Tue

Ganesha: Blue
Muruga: Clear
Nataraja: Blue
Moon – Light Blue
Jyeshtha*Ani

Sunrise: 6:03AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 1
1st Phase

Devaloka Day

Family Home Evening
Routine Work Marana Yoga
Until 4:17PM
Then Creative Work - Amrita Yoga

2

Tuesday, June 25, 2024

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 71

Makara Rasi: 17.58 Tithi 19

399867571

Gulika 1:29PM – 3:20PM
Yama 9:46AM – 11:38AM
Rahu 5:11PM – 7:02PM

Shravana Until 3:04PM
Vaidhriti* Until 9:36AM
Bava Until 12:52PM
Chaturthi* Until 11:44PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon – Purple
Jyeshtha*Ani

Sunrise: 6:04AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 2
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

3

Wednesday, June 26, 2024

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 72

Kumbha Rasi: 2.1 Tithi 20

399867571

Gulika 11:38AM – 1:29PM
Yama 7:55AM – 9:47AM
Rahu 1:29PM – 3:20PM

Dhanishtha Until 1:36PM
Vishkambha* Until 6:44AM
Kaulava Until 10:37AM
Panchami Until 9:28PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon – Purple
Jyeshtha*Ani

Sunrise: 6:04AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 3
1st Phase

Sivaloka Day

Routine Work Prabalarishta Yoga
Until 1:36PM
Then Creative Work - Siddha Yoga

4

Thursday, June 27, 2024

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 73

Kumbha Rasi: 16.22 Tithi 21

399867571

Gulika 9:47AM – 11:38AM
Yama 6:05AM – 7:56AM
Rahu 3:20PM – 5:11PM

Shatabhishak Until 11:59AM
Ayushman Until 12:58AM Fri
Gara Until 8:21AM
Shashthi* Until 7:12PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon – Purple
Jyeshtha*Ani

Sunrise: 6:05AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 4
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

5

Friday, June 28, 2024

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Saubhagya Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 74

Meena Rasi: 0.33 Tithi 22 – 23

319867571

Gulika 7:56AM – 9:47AM
Yama 5:12PM – 7:03PM
Rahu 11:38AM – 1:29PM

Purvaprosarthapada* Until 10:42AM
Saubhagya Until 10:09PM
Visti Until 6:07AM
Saptami Until 5:00PM

Ganesha: Clear
Muruga: Clear
Nataraja: Blue
Moon – Clear
Jyeshtha*Ani

Sunrise: 6:05AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 5
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Saturday, June 29, 2024

Retreat Star

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraprosarthapada/Revati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 75

Meena Rasi: 14.41 Tithi 23 – 24

319867571

Gulika 6:05AM – 7:56AM
Yama 3:21PM – 5:12PM
Rahu 9:47AM – 11:38AM

Uttaraprosarthapada Until 9:21AM
Sobhana Until 7:25PM
Taitila Until 1:53AM Sun
Ashtami* Until 2:53PM

Ganesha: Clear
Muruga: Clear
Nataraja: Blue
Moon – Clear
Jyeshtha*Ani

Sunrise: 6:05AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 6
Ashtami

Sivaloka Day

Creative Work Siddha Yoga
Until 9:21AM
Then Routine Work - Prabalarishta Yoga

Sunday, June 30, 2024

Retreat Star

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 76

Meena Rasi: 28.46 Tithi 24 – 25

311867571

Gulika 5:12PM – 7:03PM
Yama 1:30PM – 3:21PM
Rahu 7:03PM – 8:54PM

Revati Until 7:57AM
Athiganda* Until 4:45PM
Vanija Until 11:56PM
Navami* Until 12:53PM

Ganesha: Red
Muruga: Clear
Nataraja: Blue
Moon – Clear
Jyeshtha*Ani

Sunrise: 6:06AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 7
Navami

Sivaloka Day

Creative Work Amrita Yoga
Until 7:57AM
Then Creative Work - Siddha Yoga

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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1	Monday, July 1, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 77	
	Mesha Rasi: 12.46	Tithi 25 – 26	Gulika	3:21PM – 5:12PM	Ashvini Until 6:58AM	Ganesha: Green	<i>Sunrise:</i> 6:06AM	Krodhin 5126
	Family Home Evening	321867571	Yama	11:39AM – 1:30PM	Sukarma Until 2:12PM	Muruga: Clear	<i>Sunset:</i> 8:54PM	Moon 6 - Phase 11 - 8
	Creative Work	Siddha Yoga	Rahu	7:57AM – 9:48AM	Bava Until 10:07PM	Nataraja: Blue		2nd Phase
				Dashami Until 10:59AM		Moon – White	Devaloka Day	
						Jyeshtha*Ani		
2	Tuesday, July 2, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 78	
	Mesha Rasi: 26.4	Tithi 26 – 27	Gulika	1:30PM – 3:21PM	Krittika Until 5:01AM Wed	Ganesha: Green	<i>Sunrise:</i> 6:07AM	Krodhin 5126
		321867571	Yama	9:48AM – 11:39AM	Dhriti Until 11:47AM	Muruga: Clear	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 11 - 9
	Creative Work	Siddha Yoga	Rahu	5:12PM – 7:03PM	Kaulava Until 8:28PM	Nataraja: Blue		2nd Phase
				Ekadashi* Until 9:15AM		Moon – White	Devaloka Day	
						Jyeshtha*Ani		
3	Wednesday, July 3, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 79	
	Vrishabha Rasi: 10.28	Tithi 27 – 28	Gulika	11:40AM – 1:30PM	Rohini Until 4:36AM Thu	Ganesha: White	<i>Sunrise:</i> 6:07AM	Krodhin 5126
		331867571	Yama	7:58AM – 9:49AM	Shula* Until 9:31AM	Muruga: Clear	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 11 - 10
	Creative Work	Siddha Yoga	Rahu	1:30PM – 3:21PM	Gara Until 7:02PM	Nataraja: Blue		2nd Phase
	Until 4:36AM Thu				Dvadashi* Until 7:42AM	Moon – Yellow	Devaloka Day	
	Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>	Jyeshtha*Ani		
4	Thursday, July 4, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhi Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 80	
	Vrishabha Rasi: 24.07	Tithi 28 – 29	Gulika	9:49AM – 11:40AM	Mrigashira Until 4:22AM Fri	Ganesha: White	<i>Sunrise:</i> 6:08AM	Krodhin 5126
		331867571	Yama	6:08AM – 7:58AM	Ganda* Until 7:27AM	Muruga: Clear	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 11 - 11
	Routine Work	Marana Yoga	Rahu	3:21PM – 5:12PM	Sakuni Until 5:27AM Fri	Nataraja: Blue		2nd Phase
	Until 4:22AM Fri				Trayodashi* Until 6:24AM	Moon – Yellow	Devaloka Day	
	Then Creative Work - Siddha Yoga					Jyeshtha*Ani		
	Friday, July 5, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 12 Sutra 81	
	Retreat Star		Gulika	7:59AM – 9:49AM	Ardra Until 4:24AM Sat	Ganesha: White	<i>Sunrise:</i> 6:08AM	Krodhin 5126
	Mithuna Rasi: 7.34	Tithi 30	Yama	5:12PM – 7:02PM	Dhruva Until 4:15AM Sat	Muruga: Clear	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 11 - 12
		331867571	Rahu	11:40AM – 1:31PM	Catuspada Until 5:09PM	Nataraja: Blue		Amavasya
	Creative Work	Siddha Yoga			Amavasya* Until 4:55AM Sat	Moon – Yellow	Devaloka Day	
						Jyeshtha*Ani		
	Saturday, July 6, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 82	
	Retreat Star		Gulika	6:09AM – 7:59AM	Punarvasu Until 5:15AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:09AM	Krodhin 5126
	Mithuna Rasi: 20.46	Tithi 1	Yama	3:21PM – 5:12PM	Vyaghata* Until 3:14AM Sun	Muruga: Clear	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 11 - 13
		441967571	Rahu	9:50AM – 11:40AM	Kintughna Until 4:52PM	Nataraja: Blue		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 4:54AM Sun	Moon – Blue	Sivaloka Day	
						Ashada*Ani		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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1	Sunday, July 7, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 83	
	Kataka Rasi: 3.43	Tithi 2	Gulika 5:12PM – 7:02PM	Pushya Until 6:30AM Mon	Ganesha: Clear	Sunrise: 6:09AM	Krodhin 5126	
			Yama 1:31PM – 3:21PM	Harshana Until 2:40AM Mon	Muruga: Clear	Sunset: 8:52PM	Moon 6 - Phase 12 - 14	
	Creative Work	Siddha Yoga	Rahu 7:02PM – 8:52PM	Balava Until 5:08PM	Nataraja: Blue		3rd Phase	
				Dvitiya Until 5:28AM Mon	Moon – Blue		Sivaloka Day	
					Ashada*Ani			
2	Monday, July 8, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Taitila Karana Tritiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 84	
	Kataka Rasi: 16.23	Tithi 3	Gulika 3:21PM – 5:12PM	Pushya Until 6:30AM	Ganesha: Clear	Sunrise: 6:10AM	Krodhin 5126	
	Family Home Evening		Yama 11:41AM – 1:31PM	Vajra* Until 2:34AM Tue	Muruga: Clear	Sunset: 8:52PM	Moon 6 - Phase 12 - 15	
	Creative Work	Siddha Yoga	Rahu 8:00AM – 9:51AM	Taitila Until 6:00PM	Nataraja: Blue		3rd Phase	
				Tritiya Until 6:38AM Tue	Moon – Blue		Sivaloka Day	
					Ashada*Ani			
3	Tuesday, July 9, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 16 Sutra 85	
	Kataka Rasi: 28.47	Tithi 3 – 4	Gulika 1:31PM – 3:21PM	Ashlesha* Until 8:11AM	Ganesha: Clear	Sunrise: 6:11AM	Krodhin 5126	
			Yama 9:51AM – 11:41AM	Siddhi Until 2:55AM Wed	Muruga: Clear	Sunset: 8:52PM	Moon 6 - Phase 12 - 16	
	Creative Work	Siddha Yoga	Rahu 5:11PM – 7:02PM	Vanija Until 7:28PM	Nataraja: Blue		3rd Phase	
				Tritiya Until 6:38AM	Moon – Blue		Sivaloka Day	
					Ashada*Ani			
4	Wednesday, July 10, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 86	
	Simha Rasi: 10.57	Tithi 4 – 5	Gulika 11:41AM – 1:31PM	Magha* Until 10:44AM	Ganesha: Green	Sunrise: 6:11AM	Krodhin 5126	
			Yama 8:01AM – 9:51AM	Vyatipata* Until 3:39AM Thu	Muruga: Clear	Sunset: 8:51PM	Moon 6 - Phase 12 - 17	
	Creative Work	Siddha Yoga	Rahu 1:31PM – 3:21PM	Bava Until 9:27PM	Nataraja: Blue		3rd Phase	
				Chaturthi* Until 8:22AM	Moon – Red		Devaloka Day	
					Ashada*Ani			
5	Thursday, July 11, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 87	
	Simha Rasi: 22.55	Tithi 5 – 6	Gulika 9:52AM – 11:42AM	Purvaphalguni Until 1:33PM	Ganesha: Green	Sunrise: 6:12AM	Krodhin 5126	
			Yama 6:12AM – 8:02AM	Variyan Until 4:37AM Fri	Muruga: Clear	Sunset: 8:51PM	Moon 6 - Phase 12 - 18	
	Creative Work	Siddha Yoga	Rahu 3:21PM – 5:11PM	Kaulava Until 11:48PM	Nataraja: Blue		3rd Phase	
				Panchami Until 10:34AM	Moon – Red		Devaloka Day	
					Ashada*Ani			
6	Friday, July 12, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 88	
	Kanya Rasi: 4.46	Tithi 6 – 7	Gulika 8:02AM – 9:52AM	Uttaraphalguni Until 4:27PM	Ganesha: Green	Sunrise: 6:13AM	Krodhin 5126	
			Yama 5:11PM – 7:01PM	Parigha* Until 5:42AM Sat	Muruga: Clear	Sunset: 8:51PM	Moon 6 - Phase 12 - 19	
	Creative Work	Siddha Yoga	Rahu 11:42AM – 1:32PM	Gara Until 2:21AM Sat	Nataraja: Blue		3rd Phase	
				Shashthi* Until 1:03PM	Moon – Red		Devaloka Day	
					Ashada*Ani			
				Chidambaram Abhishekam				
	Saturday, July 13, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 89	
	Retreat Star		Gulika 6:13AM – 8:03AM	Hasta Until 7:43PM	Ganesha: Red	Sunrise: 6:13AM	Krodhin 5126	
	Kanya Rasi: 16.34	Tithi 7 – 8	Yama 3:21PM – 5:11PM	Shiva Until 6:44AM Sun	Muruga: Clear	Sunset: 8:50PM	Moon 6 - Phase 12 - 20	
	Routine Work	Marana Yoga	Rahu 9:53AM – 11:42AM	Visti Until 4:49AM Sun	Nataraja: Blue		3rd Phase	
				Saptami Until 3:35PM	Moon – Green		Sivaloka Day	
					Ashada*Ani			
	Sunday, July 14, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 90	
	Retreat Star		Gulika 5:11PM – 7:00PM	Chitra Until 10:34PM	Ganesha: Red	Sunrise: 6:14AM	Krodhin 5126	
	Kanya Rasi: 28.25	Tithi 8 – 9	Yama 1:32PM – 3:21PM	Shiva Until 6:44AM	Muruga: Clear	Sunset: 8:50PM	Moon 6 - Phase 12 - 21	
	Creative Work	Siddha Yoga	Rahu 7:00PM – 8:50PM	Balava Until 6:57AM Mon	Nataraja: Blue		Ashtami	
				Ashtami* Until 5:55PM	Moon – Green		Sivaloka Day	
					Ashada*Ani			
	Monday, July 15, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 91	
	Retreat Star		Gulika 3:21PM – 5:10PM	Svati Until 12:48AM Tue	Ganesha: Red	Sunrise: 6:15AM	Krodhin 5126	
	Tula Rasi: 10.23	Tithi 9	Yama 11:43AM – 1:32PM	Siddha Until 7:27AM	Muruga: Clear	Sunset: 8:49PM	Moon 6 - Phase 12 - 22	
	Family Home Evening		Rahu 8:04AM – 9:53AM	Balava Until 6:57AM	Nataraja: Blue		Navami	
				Navami* Until 7:48PM	Moon – Green		Sivaloka Day	
					Ashada*Ani			
				Then Routine Work - Marana Yoga				

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

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1	Tuesday, July 16, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 92	
	Tula Rasi: 22.34	Tithi 10	Gulika Yama	1:32PM – 3:21PM 9:54AM – 11:43AM	Vishakha Until 2:42AM Wed Sadhya Until 7:46AM	Ganesha: Blue Muruga: Clear	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 8:48PM	Krodhin 5126 Moon 6 - Phase 13 - 23
	472967571		Rahu	5:10PM – 6:59PM	Taitila Until 8:32AM	Nataraja: Blue Moon – Orange		4th Phase
	Routine Work Marana Yoga Until 2:42AM Wed Then Creative Work - Siddha Yoga				Dashami Until 9:03PM	Ashada*Adi	Devaloka Day	
2	Wednesday, July 17, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 93	
	Vrischika Rasi: 5.04	Tithi 11	Gulika Yama	11:43AM – 1:32PM 8:05AM – 9:54AM	Anuradha Until 3:42AM Thu Subha Until 7:33AM	Ganesha: Blue Muruga: Clear	<i>Sunrise:</i> 6:16AM <i>Sunset:</i> 8:48PM	Krodhin 5126 Moon 6 - Phase 13 - 24
	472967572		Rahu	1:32PM – 3:21PM	Vanija Until 9:25AM	Nataraja: Yellow Moon – Orange		4th Phase
	Creative Work Siddha Yoga Until 3:42AM Thu Then Routine Work - Prabalarishta Yoga				Ekadashi Until 9:33PM	Ashada*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
3	Thursday, July 18, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 94	
	Vrischika Rasi: 17.54	Tithi 12	Gulika Yama	9:55AM – 11:43AM 6:17AM – 8:06AM	Jyeshtha* Until 3:47AM Fri Sukla Until 6:41AM	Ganesha: Blue Muruga: Clear	<i>Sunrise:</i> 6:17AM <i>Sunset:</i> 8:47PM	Krodhin 5126 Moon 6 - Phase 13 - 25
	472967572		Rahu	3:21PM – 5:10PM	Bava Until 9:31AM	Nataraja: Yellow Moon – Orange		4th Phase
	Routine Work Prabalarishta Yoga Until 3:47AM Fri Then Creative Work - Amrita Yoga				Dvadashi Until 9:16PM	Ashada*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
4	Friday, July 19, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 95	
	Dhanus Rasi: 1.09	Tithi 13	Gulika Yama	8:06AM – 9:55AM 5:09PM – 6:58PM	Mula* Until 3:27AM Sat Indra Until 3:12AM Sat	Ganesha: Yellow Muruga: Clear	<i>Sunrise:</i> 6:18AM <i>Sunset:</i> 8:47PM	Krodhin 5126 Moon 6 - Phase 13 - 26
	482967572		Rahu	11:44AM – 1:32PM	Kaulava Until 8:51AM	Nataraja: Yellow Moon – Light Blue		4th Phase
	Creative Work Amrita Yoga Until 3:27AM Sat Then Creative Work - Siddha Yoga				Trayodashi Until 8:14PM	Ashada*Adi	Devaloka Day	
5	Saturday, July 20, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 96	
	Dhanus Rasi: 14.47	Tithi 14	Gulika Yama	6:19AM – 8:07AM 3:21PM – 5:09PM	Purvashadha* Until 2:21AM Sun Vaidhriti* Until 12:39AM Sun	Ganesha: Yellow Muruga: Clear	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 8:46PM	Krodhin 5126 Moon 6 - Phase 13 - 27
	482967572		Rahu	9:55AM – 11:44AM	Gara Until 7:29AM	Nataraja: Yellow Moon – Light Blue		4th Phase
	Creative Work Siddha Yoga Until 2:21AM Sun Then Creative Work - Amrita Yoga				Chaturdashi* Until 6:33PM	Ashada*Adi	Devaloka Day	
	Sunday, July 21, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sun 28 Sutra 97	
	Copper Retreat Star		Gulika Yama	5:09PM – 6:57PM 1:32PM – 3:21PM	Uttarashadha Until 12:39AM Mon Vishkambha* Until 9:44PM	Ganesha: Yellow Muruga: Clear	<i>Sunrise:</i> 6:19AM <i>Sunset:</i> 8:45PM	Krodhin 5126 Moon 6 - Phase 13 - Purnima
	Dhanus Rasi: 28.48	Tithi 15 – 16	Rahu	6:57PM – 8:45PM	Balava Until 3:08AM Mon	Nataraja: Yellow Moon – Light Blue		
	Creative Work Amrita Yoga		Satguru Purnima		Purnima* Until 4:21PM	Ashada*Adi	Devaloka Day	
	Monday, July 22, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Priti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 29 Sutra 98	
	Silver Retreat Star		Gulika Yama	3:20PM – 5:08PM 11:44AM – 1:32PM	Shravana Until 10:55PM Priti Until 6:32PM	Ganesha: White Muruga: Clear	<i>Sunrise:</i> 6:20AM <i>Sunset:</i> 8:44PM	Krodhin 5126 Moon 6 - Phase 13 - Prathama
	Makara Rasi: 13.07	Tithi 16 – 17	Rahu	8:08AM – 9:56AM	Taitila Until 12:25AM Tue	Nataraja: Yellow Moon – Purple		
	Family Home Evening Creative Work Amrita Yoga Until 10:55PM Then Creative Work - Siddha Yoga				Prathama* Until 1:47PM	Ashada*Adi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	



Tuesday, July 23, 2024

Gold Retreat Star

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 99

Makara Rasi: 27.37 Tithi 17 – 18

493967572

Gulika
Yama
Rahu

1:32PM – 3:20PM
9:57AM – 11:45AM
5:08PM – 6:56PM

Dhanishtha Until 8:52PM
Ayushman Until 3:08PM
Vanija Until 9:33PM
Dvitiya Until 10:59AM

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon – Purple
Ashada*Adi

Sunrise: 6:21AM
Sunset: 8:44PM

Krodhin 5126
Moon 7 - Phase 14 - 1
1st Phase

Creative Work Siddha Yoga
Until 8:52PM
Then Routine Work - Marana Yoga

Devaloka Day

1

Wednesday, July 24, 2024

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 100

Kumbha Rasi: 12.13 Tithi 18 – 19

493967572

Gulika
Yama
Rahu

11:45AM – 1:32PM
8:09AM – 9:57AM
1:32PM – 3:20PM

Shatabhishak Until 6:39PM
Saubhagya Until 11:42AM
Bava Until 6:40PM
Tritiya Until 8:05AM

Ganesha: Clear
Muruga: Clear
Nataraja: Yellow
Moon – Purple
Ashada*Adi

Sunrise: 6:22AM
Sunset: 8:43PM

Krodhin 5126
Moon 7 - Phase 14 - 2
1st Phase

Creative Work Siddha Yoga
Until 6:39PM
Then Creative Work - Amrita Yoga

Devaloka Day

2

Thursday, July 25, 2024

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 101

Kumbha Rasi: 26.47 Tithi 20

413967572

Gulika
Yama
Rahu

9:57AM – 11:45AM
6:23AM – 8:10AM
3:20PM – 5:07PM

Purvaproshtapada* Until 4:48PM
Sobhana Until 8:20AM
Kaulava Until 3:52PM
Panchami Until 2:31AM Fri

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Ashada*Adi

Sunrise: 6:23AM
Sunset: 8:42PM

Krodhin 5126
Moon 7 - Phase 14 - 3
1st Phase

Creative Work Siddha Yoga

Devaloka Day

3

Friday, July 26, 2024

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 102

Meena Rasi: 11.16 Tithi 21

413967572

Gulika
Yama
Rahu

8:11AM – 9:58AM
5:07PM – 6:54PM
11:45AM – 1:32PM

Uttaraproshtapada Until 3:00PM
Sukarma Until 2:00AM Sat
Gara Until 1:15PM
Shashthi* Until 12:01AM Sat

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Ashada*Adi

Sunrise: 6:23AM
Sunset: 8:41PM

Krodhin 5126
Moon 7 - Phase 14 - 4
1st Phase

Creative Work Siddha Yoga

Devaloka Day

4

Saturday, July 27, 2024

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 103

Meena Rasi: 25.34 Tithi 22

413967572

Gulika
Yama
Rahu

6:24AM – 8:11AM
3:19PM – 5:06PM
9:58AM – 11:45AM

Revati Until 1:20PM
Dhriti Until 11:12PM
Visti Until 10:54AM
Saptami Until 9:50PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Yellow
Moon – Clear
Ashada*Adi

Sunrise: 6:24AM
Sunset: 8:40PM

Krodhin 5126
Moon 7 - Phase 14 - 5
1st Phase

Routine Work Prabalarishta Yoga
Until 1:20PM
Then Creative Work - Siddha Yoga

Devaloka Day

D

Sunday, July 28, 2024

Retreat Star

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 104

Mesha Rasi: 9.4 Tithi 23

423967572

Gulika
Yama
Rahu

5:06PM – 6:53PM
1:32PM – 3:19PM
6:53PM – 8:40PM

Ashvini Until 12:16PM
Shula* Until 8:39PM
Balava Until 8:52AM
Ashtami* Until 7:58PM

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon – White
Ashada*Adi

Sunrise: 6:25AM
Sunset: 8:40PM

Krodhin 5126
Moon 7 - Phase 14 - 6
Ashtami

Creative Work Siddha Yoga
Until 12:16PM
Then Routine Work - Prabalarishta Yoga

Sivaloka Day

Monday, July 29, 2024

Retreat Star

Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Ganda* Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 105

Mesha Rasi: 23.34 Tithi 24

423967572

Gulika
Yama
Rahu

3:19PM – 5:05PM
11:46AM – 1:32PM
8:13AM – 9:59AM

Bharani Until 11:24AM
Ganda* Until 6:23PM
Taitila Until 7:11AM
Navami* Until 6:26PM

Ganesha: Blue
Muruga: Clear
Nataraja: Yellow
Moon – White
Ashada*Adi

Sunrise: 6:26AM
Sunset: 8:39PM

Krodhin 5126
Moon 7 - Phase 14 - 7
Navami

Family Home Evening
Creative Work Siddha Yoga
Until 11:24AM
Then Routine Work - Marana Yoga

Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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1	Tuesday, July 30, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 106 Krodhin 5126	
	Vrishabha Rasi: 7.14	Tithi 25 – 26	Gulika	1:32PM – 3:19PM	Krittika Until 10:44AM	Ganesha: Purple	Sunrise: 6:27AM	
			Yama	10:00AM – 11:46AM	Vridhhi Until 4:25PM	Muruga: Clear	Sunset: 8:38PM	Moon 7 - Phase 15 - 8
	423167572	Rahu		5:05PM – 6:51PM	Bava Until 4:50AM Wed	Nataraja: Yellow		2nd Phase
	Creative Work	Siddha Yoga			Dashami Until 5:16PM	Ashada*Adi	Sivaloka Day	
Until 10:44AM								
Then Creative Work - Amrita Yoga								
2	Wednesday, July 31, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 107 Krodhin 5126	
	Vrishabha Rasi: 20.42	Tithi 26 – 27	Gulika	11:46AM – 1:32PM	Rohini Until 10:42AM	Ganesha: Clear	Sunrise: 6:28AM	
			Yama	8:14AM – 10:00AM	Dhruva Until 2:42PM	Muruga: Clear	Sunset: 8:37PM	Moon 7 - Phase 15 - 9
	433167572	Rahu		1:32PM – 3:18PM	Kaulava Until 4:11AM Thu	Nataraja: Yellow		2nd Phase
	Creative Work	Siddha Yoga			Ekadashi* Until 4:27PM	Ashada*Adi	Devaloka Day	
Until 10:44AM								
3	Thursday, August 1, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 108 Krodhin 5126	
	Mithuna Rasi: 3.59	Tithi 27 – 28	Gulika	10:00AM – 11:46AM	Mrigashira Until 10:53AM	Ganesha: Clear	Sunrise: 6:29AM	
			Yama	6:29AM – 8:14AM	Vyaghata* Until 1:18PM	Muruga: Clear	Sunset: 8:36PM	Moon 7 - Phase 15 - 10
	433167572	Rahu		3:18PM – 5:04PM	Gara Until 3:56AM Fri	Nataraja: Yellow		2nd Phase
	Routine Work	Marana Yoga			Dvadashi* Until 3:59PM	Ashada*Adi	Devaloka Day	
Until 10:44AM								
Then Routine Work - Marana Yoga								
4	Friday, August 2, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 109 Krodhin 5126	
	Mithuna Rasi: 17.03	Tithi 28 – 29	Gulika	8:15AM – 10:01AM	Ardra Until 11:18AM	Ganesha: Clear	Sunrise: 6:29AM	
			Yama	5:03PM – 6:49PM	Harshana Until 12:13PM	Muruga: Clear	Sunset: 8:35PM	Moon 7 - Phase 15 - 11
	433167572	Rahu		11:46AM – 1:32PM	Visti Until 4:05AM Sat	Nataraja: Yellow		2nd Phase
	Creative Work	Siddha Yoga			Trayodashi* Until 3:56PM	Ashada*Adi	Devaloka Day	
Until 10:44AM								
5	Saturday, August 3, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 12 Sutra 110 Krodhin 5126	
	Mithuna Rasi: 29.55	Tithi 29 – 30	Gulika	6:30AM – 8:16AM	Punarvasu Until 12:26PM	Ganesha: Orange	Sunrise: 6:30AM	
			Yama	3:17PM – 5:03PM	Vajra* Until 11:27AM	Muruga: Clear	Sunset: 8:34PM	Moon 7 - Phase 15 - 12
	443167572	Rahu		10:01AM – 11:47AM	Catuspada Until 4:42AM Sun	Nataraja: Yellow		2nd Phase
	Creative Work	Siddha Yoga			Chaturdashi* Until 4:19PM	Ashada*Adi	Devaloka Day	
Until 10:44AM								
●	Sunday, August 4, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 111 Krodhin 5126	
	Retreat Star		Gulika	5:02PM – 6:47PM	Pushya Until 1:53PM	Ganesha: Orange	Sunrise: 6:31AM	
	Kataka Rasi: 12.33	Tithi 30 – 1	Yama	1:32PM – 3:17PM	Siddhi Until 11:04AM	Muruga: Clear	Sunset: 8:33PM	Moon 7 - Phase 15 - 13
	443167572	Rahu		6:47PM – 8:33PM	Kintughna Until 5:48AM Mon	Nataraja: Yellow		Amavasya
	Creative Work	Siddha Yoga			Amavasya* Until 5:10PM	Ashada*Adi	Devaloka Day	
Until 10:44AM								
●	Monday, August 5, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata*/Variyan Yoga Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 112 Krodhin 5126	
	Retreat Star		Gulika	3:17PM – 5:02PM	Ashlesha* Until 3:38PM	Ganesha: Orange	Sunrise: 6:32AM	
	Kataka Rasi: 24.59	Tithi 1	Yama	11:47AM – 1:32PM	Vyatipata* Until 11:05AM	Muruga: Clear	Sunset: 8:31PM	Moon 7 - Phase 15 - 14
	443167572	Rahu		8:17AM – 10:02AM	Bava Until 6:31PM	Nataraja: Yellow		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 6:31PM	Ashada*Adi	Devaloka Day	
Until 10:44AM								
Then Routine Work - Marana Yoga								

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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1	Tuesday, August 6, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikastan Sun 15 Sutra 113 Krodhin 5126	
	Simha Rasi: 7.11	Tithi 2	Gulika Yama	1:32PM – 3:16PM 10:02AM – 11:47AM	Magha* Until 6:11PM Variyan Until 11:26AM	Ganesha: Clear Muruga: Clear	Sunrise: 6:33AM Sunset: 8:30PM	Moon 7 - Phase 16 - 15
	453167572	Rahu	5:01PM – 6:46PM	Balava Until 7:24AM	Nataraja: Yellow Moon – Red	3rd Phase		
	Creative Work	Siddha Yoga	Dvitiya Until 8:21PM			Devaloka Day Sravana*Adi		
2	Wednesday, August 7, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikastan Sun 16 Sutra 114 Krodhin 5126	
	Simha Rasi: 19.13	Tithi 3	Gulika Yama	11:47AM – 1:32PM 8:18AM – 10:03AM	Purvaphalguni Until 8:59PM Parigha* Until 12:09PM	Ganesha: White Muruga: Clear	Sunrise: 6:34AM Sunset: 8:29PM	Moon 7 - Phase 16 - 16
	454167572	Rahu	1:32PM – 3:16PM	Taitila Until 9:27AM	Nataraja: Yellow Moon – Red	3rd Phase		
	Creative Work	Amrita Yoga	Tritiya Until 10:36PM			Bhuloka Day Devaloka Time: 3:PM to 6:PM Sravana*Adi		
3	Thursday, August 8, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturthyam Titau				Dushanbe, Tajikastan Sun 17 Sutra 115 Krodhin 5126	
	Kanya Rasi: 1.07	Tithi 4	Gulika Yama	10:03AM – 11:47AM 6:35AM – 8:19AM	Uttaraphalguni Until 11:53PM Shiva Until 1:08PM	Ganesha: White Muruga: Clear	Sunrise: 6:35AM Sunset: 8:28PM	Moon 7 - Phase 16 - 17
	454167572	Rahu	3:16PM – 5:00PM	Vanija Until 11:51AM	Nataraja: Yellow Moon – Red	3rd Phase		
	Amrita Yoga	Chaturthi* Until 1:08AM Fri			Bhuloka Day Devaloka Time: 3:PM to 6:PM Sravana*Adi			
Until 11:53PM								
Then Routine Work - Marana Yoga								
4	Friday, August 9, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddha/Sadhyha Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikastan Sun 18 Sutra 116 Krodhin 5126	
	Kanya Rasi: 12.54	Tithi 5	Gulika Yama	8:19AM – 10:03AM 4:59PM – 6:43PM	Hasta Until 3:14AM Sat Siddha Until 2:14PM	Ganesha: Clear Muruga: Clear	Sunrise: 6:36AM Sunset: 8:27PM	Moon 7 - Phase 16 - 18
	464167572	Rahu	11:47AM – 1:31PM	Bava Until 2:28PM	Nataraja: Yellow Moon – Green	3rd Phase		
	Creative Work	Amrita Yoga	Panchami Until 3:45AM Sat			Devaloka Day Sravana*Adi		
Until 3:14AM Sat			Nag Panchami					
Then Routine Work - Marana Yoga								
5	Saturday, August 10, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikastan Sun 19 Sutra 117 Krodhin 5126	
	Kanya Rasi: 24.41	Tithi 6	Gulika Yama	6:36AM – 8:20AM 3:15PM – 4:58PM	Chitra Until 6:18AM Sun Sadhya Until 3:21PM	Ganesha: Clear Muruga: Clear	Sunrise: 6:36AM Sunset: 8:26PM	Moon 7 - Phase 16 - 19
	464167572	Rahu	10:04AM – 11:47AM	Kaulava Until 5:04PM	Nataraja: Yellow Moon – Green	3rd Phase		
	Routine Work	Marana Yoga	Shashthi* Until 6:16AM Sun			Devaloka Day Sravana*Adi		
Until 6:18AM Sun								
Then Creative Work - Siddha Yoga								
6	Sunday, August 11, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikastan Sun 20 Sutra 118 Krodhin 5126	
	Tula Rasi: 6.3	Tithi 6 – 7	Gulika Yama	4:58PM – 6:41PM 1:31PM – 3:14PM	Chitra Until 6:18AM Subha Until 4:18PM	Ganesha: Clear Muruga: Clear	Sunrise: 6:37AM Sunset: 8:24PM	Moon 7 - Phase 16 - 20
	464167572	Rahu	6:41PM – 8:24PM	Gara Until 7:25PM	Nataraja: Yellow Moon – Green	3rd Phase		
	Creative Work	Siddha Yoga	Shashthi* Until 6:16AM			Devaloka Day Sravana*Adi		
D	Monday, August 12, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikastan Sun 21 Sutra 119 Krodhin 5126	
	Retreat Star		Gulika Yama	3:14PM – 4:57PM 11:48AM – 1:31PM	Svati Until 8:52AM Sukla Until 4:54PM	Ganesha: Clear Muruga: Clear	Sunrise: 6:38AM Sunset: 8:23PM	Moon 7 - Phase 16 - 21
	Family Home Evening		464167572	Rahu	8:21AM – 10:04AM	Nataraja: Yellow Moon – Green	Ashtami	
	Creative Work	Amrita Yoga	Saptami Until 8:25AM			Devaloka Day Sravana*Adi		
Until 8:52AM								
Then Routine Work - Marana Yoga								
	Tuesday, August 13, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikastan Sun 22 Sutra 120 Krodhin 5126	
	Retreat Star		Gulika Yama	1:31PM – 3:13PM 10:05AM – 11:48AM	Vishakha Until 11:13AM Brahma Until 5:01PM	Ganesha: Purple Muruga: Clear	Sunrise: 6:39AM Sunset: 8:22PM	Moon 7 - Phase 16 - 22
	Vrischika Rasi: 0.38	Tithi 8 – 9	474167572	Rahu	4:56PM – 6:39PM	Nataraja: Yellow Moon – Orange	Navami	
	Routine Work	Marana Yoga	Ashtami* Until 10:01AM			Bhuloka Day Devaloka Time: 3:PM to 6:PM Sravana*Adi		
Until 11:13AM								
Then Creative Work - Siddha Yoga								

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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1	Wednesday, August 14, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikastan	
	Vrischika Rasi: 13.07	Tithi 9 – 10	Gulika	11:48AM – 1:30PM	Anuradha Until 12:41PM	Ganesha: Purple	Sunrise: 6:40AM	Sun 23 Sutra 121
			Yama	8:23AM – 10:05AM	Indra Until 4:34PM	Muruga: Clear	Sunset: 8:21PM	Krodhin 5126
	474167572	Rahu	1:30PM – 3:13PM	Taitila Until 11:02PM	Nataraja: Yellow			Moon 7 - Phase 17 - 23
Creative Work		Siddha Yoga		Navami* Until 10:53AM	Moon – Orange			4th Phase
					Sravana*Adi	Bhuloka Day		
						Devaloka Time: 3:PM to 6:PM		
2	Thursday, August 15, 2024		Krodhin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Dushanbe, Tajikastan	
	Vrischika Rasi: 25.58	Tithi 10 – 11	Gulika	10:06AM – 11:48AM	Jyeshtha* Until 1:12PM	Ganesha: Purple	Sunrise: 6:41AM	Sun 24 Sutra 122
			Yama	6:41AM – 8:23AM	Vaidhriti* Until 3:26PM	Muruga: Clear	Sunset: 8:19PM	Krodhin 5126
	474167572	Rahu	3:12PM – 4:55PM	Vanija Until 10:40PM	Nataraja: Yellow			Moon 7 - Phase 17 - 24
Routine Work		Prabalarishta Yoga		Dashami Until 10:56AM	Moon – Orange			4th Phase
Until 1:12PM					Sravana*Adi	Bhuloka Day		
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM		
3	Friday, August 16, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha*/Priti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikastan	
	Dhanus Rasi: 9.15	Tithi 11 – 12	Gulika	8:24AM – 10:06AM	Mula* Until 1:12PM	Ganesha: Clear	Sunrise: 6:42AM	Sun 25 Sutra 123
			Yama	4:54PM – 6:36PM	Vishkambha* Until 1:40PM	Muruga: Clear	Sunset: 8:18PM	Krodhin 5126
	484167572	Rahu	11:48AM – 1:30PM	Bava Until 9:30PM	Nataraja: Yellow			Moon 7 - Phase 17 - 25
Creative Work		Amrita Yoga		Ekadashi Until 10:09AM	Moon – Light Blue			4th Phase
Until 1:12PM			Varalakshmi Vratam		Sravana*Avani	Devaloka Day		
Then Routine Work - Prabalarishta Yoga								
4	Saturday, August 17, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikastan	
	Dhanus Rasi: 22.58	Tithi 12 – 13	Gulika	6:43AM – 8:24AM	Purvashadha* Until 12:19PM	Ganesha: Purple	Sunrise: 6:43AM	Sun 26 Sutra 124
			Yama	3:12PM – 4:53PM	Priti Until 11:17AM	Muruga: Clear	Sunset: 8:17PM	Krodhin 5126
	584167572	Rahu	10:06AM – 11:48AM	Kaulava Until 7:36PM	Nataraja: Yellow			Moon 7 - Phase 17 - 26
Creative Work		Siddha Yoga		Dvadashi Until 8:37AM	Moon – Light Blue			4th Phase
Until 12:19PM					Sravana*Avani	Bhuloka Day		
Then Routine Work - Marana Yoga				Pradosha Vrata		Devaloka Time: 3:PM to 6:PM		
5	Sunday, August 18, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ayushman/Saubhagya Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikastan	
	Makara Rasi: 7.08	Tithi 13 – 14	Gulika	4:52PM – 6:34PM	Uttarashadha Until 10:38AM	Ganesha: Purple	Sunrise: 6:44AM	Sun 27 Sutra 125
			Yama	1:30PM – 3:11PM	Ayushman Until 8:21AM	Muruga: Clear	Sunset: 8:15PM	Krodhin 5126
	584167572	Rahu	6:34PM – 8:15PM	Vanija Until 3:39AM Mon	Nataraja: Yellow			Moon 7 - Phase 17 - 27
Creative Work		Amrita Yoga		Trayodashi Until 6:24AM	Moon – Light Blue			4th Phase
			Chidambaram Abhishekam		Sravana*Avani	Bhuloka Day		
						Devaloka Time: 3:PM to 6:PM		
○	Monday, August 19, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shrivana/Dhanishtha Nakshatra Sobhana Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikastan	
	Copper Retreat Star		Gulika	3:10PM – 4:52PM	Shravana Until 8:43AM	Ganesha: Purple	Sunrise: 6:44AM	Sutra 126
	Makara Rasi: 21.39	Tithi 15	Yama	11:48AM – 1:29PM	Sobhana Until 1:21AM Tue	Muruga: Clear	Sunset: 8:14PM	Krodhin 5126
	Family Home Evening	595167572	Rahu	8:26AM – 10:07AM	Visti Until 2:08PM	Nataraja: Yellow		Moon 7 - Phase 17 - Purnima
Creative Work		Amrita Yoga		Purnima* Until 12:31AM Tue	Moon – Purple			
Until 8:43AM			Raksha Bandhan		Sravana*Avani	Sivaloka Day		
Then Creative Work - Siddha Yoga								
	Tuesday, August 20, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikastan	
	Silver Retreat Star		Gulika	1:29PM – 3:10PM	Dhanishtha Until 6:20AM	Ganesha: Purple	Sunrise: 6:45AM	Sutra 127
	Kumbha Rasi: 6.27	Tithi 16	Yama	10:07AM – 11:48AM	Athiganda* Until 9:29PM	Muruga: Clear	Sunset: 8:13PM	Krodhin 5126
	595167572	Rahu	4:51PM – 6:32PM	Balava Until 10:52AM	Nataraja: Yellow			Moon 7 - Phase 17 - Prathama
Creative Work		Siddha Yoga		Prathama* Until 9:09PM	Moon – Purple			
Until 6:20AM			Avani Avittam		Sravana*Avani	Sivaloka Day		
Then Routine Work - Marana Yoga								

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Dushanbe, Tajikastan on 10/27/23

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**Wednesday, August 21, 2024****Gold Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 128

Krodhin 5126

Kumbha Rasi: 21.24 Tithi 17 – 18

515167572

Gulika**11:48AM – 1:29PM**

Yama

8:27AM – 10:07AM**Rahu****1:29PM – 3:09PM****Purvaproshtapada* Until 1:08AM Thu**

Sukarma Until 5:34PM

Taitila Until 7:27AM

Dvitiya Until 5:43PM**Ganesha:** Purple**Muruga:** Clear**Nataraja:** Yellow

Moon – Clear

Sravana*Avani**Sunrise:** 6:46AM**Sunset:** 8:11PM

Moon 8 - Phase 18 - 1

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 1:08AM Thu

Then Creative Work - Siddha Yoga

1**Thursday, August 22, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 129

Krodhin 5126

Meena Rasi: 6.21 Tithi 18 – 19

515167572

Gulika**10:08AM – 11:48AM**

Yama

6:47AM – 8:27AM**Rahu****3:09PM – 4:49PM****Uttaraproshtapada Until 10:39PM**

Dhriti Until 1:44PM

Bava Until 12:46AM Fri

Tritiya Until 2:21PM**Ganesha:** Purple**Muruga:** Clear**Nataraja:** Yellow

Moon – Clear

Sravana*Avani**Sunrise:** 6:47AM**Sunset:** 8:10PM

Moon 8 - Phase 18 - 2

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

2**Friday, August 23, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 130

Krodhin 5126

Meena Rasi: 21.11 Tithi 19 – 20

515167572

Gulika**8:28AM – 10:08AM**

Yama

4:48PM – 6:29PM**Rahu****11:48AM – 1:28PM****Revati Until 8:17PM**

Shula* Until 10:02AM

Kaulava Until 9:46PM

Chaturthi* Until 11:12AM**Ganesha:** Purple**Muruga:** Clear**Nataraja:** Yellow

Moon – Clear

Sravana*Avani**Sunrise:** 6:48AM**Sunset:** 8:09PM

Moon 8 - Phase 18 - 3

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 8:17PM

Then Creative Work - Amrita Yoga

3**Saturday, August 24, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 131

Krodhin 5126

Mesha Rasi: 5.47 Tithi 20 – 21

525267572

Gulika**6:49AM – 8:29AM**

Yama

3:08PM – 4:48PM**Rahu****10:08AM – 11:48AM****Ashvini Until 6:35PM**

Ganda* Until 6:37AM

Gara Until 7:09PM

Panchami Until 8:23AM**Ganesha:** Purple**Muruga:** Clear**Nataraja:** Yellow

Moon – White

Sravana*Avani**Sunrise:** 6:49AM**Sunset:** 8:07PM

Moon 8 - Phase 18 - 4

1st Phase

Bhuloka Day**Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

4**Sunday, August 25, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 132

Krodhin 5126

Mesha Rasi: 20.05 Tithi 21 – 22

525267572

Gulika**4:47PM – 6:26PM**

Yama

1:28PM – 3:07PM**Rahu****6:26PM – 8:06PM****Bharani Until 5:12PM**

Dhruva Until 12:55AM Mon

Bava Until 4:08AM Mon

Shashthi* Until 6:00AM**Ganesha:** Purple**Muruga:** Clear**Nataraja:** Yellow

Moon – White

Sravana*Avani**Sunrise:** 6:50AM**Sunset:** 8:06PM

Moon 8 - Phase 18 - 5

1st Phase

Bhuloka Day**Devaloka Time: 3:PM to 6:PM**

Routine Work Prabalarishta Yoga

Until 5:12PM

Then Creative Work - Siddha Yoga

D**Monday, August 26, 2024****Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 133

Krodhin 5126

Vrishabha Rasi: 4.04 Tithi 23

525267572

Gulika**3:07PM – 4:46PM**

Yama

11:48AM – 1:27PM**Rahu****8:30AM – 10:09AM****Krittika Until 4:13PM**

Vyaghata* Until 10:43PM

Balava Until 3:25PM

Ashtami* Until 2:48AM Tue**Ganesha:** Purple**Muruga:** Clear**Nataraja:** Yellow

Moon – White

Sravana*Avani**Sunrise:** 6:51AM**Sunset:** 8:04PM

Moon 8 - Phase 18 - 6

Ashtami

Bhuloka Day**Devaloka Time: 3:PM to 6:PM**

Family Home Evening

Routine Work Marana Yoga

Until 4:13PM

Then Creative Work - Amrita Yoga

Tuesday, August 27, 2024**Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 134

Krodhin 5126

Vrishabha Rasi: 17.41 Tithi 24

535267573

Gulika**1:27PM – 3:06PM**

Yama

10:09AM – 11:48AM**Rahu****4:45PM – 6:24PM****Rohini Until 4:05PM**

Harshana Until 8:58PM

Taitila Until 2:22PM

Navami* Until 2:02AM Wed**Ganesha:** Clear**Muruga:** Clear**Nataraja:** White

Moon – Yellow

Sravana*Avani**Sunrise:** 6:51AM**Sunset:** 8:03PM

Moon 8 - Phase 18 - 7

Navami

Sivaloka Day

Creative Work Amrita Yoga

Until 4:05PM

Then Creative Work - Siddha Yoga

1	Wednesday, August 28, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra* Yoga Vanja/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 135 Krodhin 5126	
	Mithuna Rasi: 1.01	Tithi 25	Gulika Yama	11:48AM – 1:27PM 8:31AM – 10:10AM	Mrigashira Until 4:21PM Vajra* Until 7:38PM	Ganesha: White Muruga: Orange	Sunrise: 6:52AM Sunset: 8:01PM	Moon 8 - Phase 19 - 8
		536277573	Rahu	1:27PM – 3:05PM	Vanija Until 1:53PM	Nataraja: White Moon – Yellow		2nd Phase
	Creative Work	Siddha Yoga			Dashami Until 1:49AM Thu	Subha Sivaloka Day Sravana•Avani		
2	Thursday, August 29, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 136 Krodhin 5126	
	Mithuna Rasi: 14.02	Tithi 26	Gulika Yama	10:10AM – 11:48AM 6:53AM – 8:32AM	Ardra Until 4:58PM Siddhi Until 6:44PM	Ganesha: White Muruga: Orange	Sunrise: 6:53AM Sunset: 8:00PM	Moon 8 - Phase 19 - 9
		536277573	Rahu	3:05PM – 4:43PM	Bava Until 1:55PM	Nataraja: White Moon – Yellow		2nd Phase
	Routine Work	Marana Yoga			Ekadashi* Until 2:07AM Fri	Subha Sivaloka Day Sravana•Avani		
3	Friday, August 30, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 137 Krodhin 5126	
	Mithuna Rasi: 26.49	Tithi 27	Gulika Yama	8:32AM – 10:10AM 4:42PM – 6:20PM	Punarvasu Until 6:23PM Vyatipata* Until 6:14PM	Ganesha: Yellow Muruga: Orange	Sunrise: 6:54AM Sunset: 7:58PM	Moon 8 - Phase 19 - 10
		546277573	Rahu	11:48AM – 1:26PM	Kaulava Until 2:28PM	Nataraja: White Moon – Blue		2nd Phase
	Creative Work	Siddha Yoga			Dvadashi* Until 2:54AM Sat	Sivaloka Day Sravana•Avani		
4	Saturday, August 31, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 138 Krodhin 5126	
	Kataka Rasi: 9.22	Tithi 28	Gulika Yama	6:55AM – 8:33AM 3:04PM – 4:41PM	Pushya Until 8:07PM Variyan Until 6:04PM	Ganesha: Yellow Muruga: Orange	Sunrise: 6:55AM Sunset: 7:57PM	Moon 8 - Phase 19 - 11
		546277573	Rahu	10:10AM – 11:48AM	Gara Until 3:30PM	Nataraja: White Moon – Blue		2nd Phase
	Creative Work	Siddha Yoga			Trayodashi* Until 4:09AM Sun	Sivaloka Day Sravana•Avani		
				<i>Pradosha Vrata (Fasting)</i>				
5	Sunday, September 1, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 139 Krodhin 5126	
	Kataka Rasi: 21.43	Tithi 29	Gulika Yama	4:40PM – 6:18PM 1:26PM – 3:03PM	Ashlesha* Until 10:05PM Parigha* Until 6:16PM	Ganesha: Yellow Muruga: Orange	Sunrise: 6:56AM Sunset: 7:55PM	Moon 8 - Phase 19 - 12
		546277573	Rahu	6:18PM – 7:55PM	Visti Until 4:58PM	Nataraja: White Moon – Blue		2nd Phase
	Creative Work	Siddha Yoga			Chaturdashi* Until 5:50AM Mon	Sivaloka Day Sravana•Avani		
	Monday, September 2, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Shiva Yoga Catuspada* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 140 Krodhin 5126	
	Retreat Star		Gulika Yama	3:02PM – 4:40PM 11:48AM – 1:25PM	Magha* Until 12:47AM Tue Shiva Until 6:47PM	Ganesha: Red Muruga: Orange	Sunrise: 6:57AM Sunset: 7:54PM	Moon 8 - Phase 19 - 13
	Simha Rasi: 3.54	Tithi 30	Rahu	8:34AM – 10:11AM	Catuspada Until 6:50PM	Nataraja: White Moon – Red		Amavasya
	Family Home Evening	556277573			Amavasya* Until 7:53AM Tue	Sivaloka Day Sravana•Avani		
	Tuesday, September 3, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 141 Krodhin 5126	
	Retreat Star		Gulika Yama	1:25PM – 3:02PM 10:11AM – 11:48AM	Purvaphalguni Until 3:38AM Wed Siddha Until 7:32PM	Ganesha: Red Muruga: Orange	Sunrise: 6:58AM Sunset: 7:52PM	Moon 8 - Phase 19 - 14
	Simha Rasi: 15.55	Tithi 30 – 1	Rahu	4:39PM – 6:16PM	Kintughna Until 9:04PM	Nataraja: White Moon – Red		Prathama
	Creative Work	Siddha Yoga			Amavasya* Until 7:53AM	Sivaloka Day Bhadrapada•Avani		
				Then Creative Work - Amrita Yoga				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1	Wednesday, September 4, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 142	
	Simha Rasi: 27.49	Tithi 1 – 2	Gulika Yama	11:48AM – 1:25PM 8:35AM – 10:12AM	Uttaraphalguni Until 6:33AM Thu Sadhya Until 8:31PM	Ganesha: Red Muruga: Orange	Sunrise: 6:58AM Sunset: 7:51PM	Krodhin 5126 Moon 8 - Phase 20 - 15
		556277573	Rahu	1:25PM – 3:01PM	Balava Until 11:35PM	Nataraja: White Moon – Red		3rd Phase
	Creative Work Amrita Yoga Until 6:33AM Thu Then Routine Work - Marana Yoga				Prathama* Until 10:16AM	Bhadrapada*Avani	Sivaloka Day	
2	Thursday, September 5, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 143	
	Kanya Rasi: 9.38	Tithi 2 – 3	Gulika Yama	10:12AM – 11:48AM 6:59AM – 8:36AM	Uttaraphalguni Until 6:33AM Subha Until 9:38PM	Ganesha: Blue Muruga: Orange	Sunrise: 6:59AM Sunset: 7:49PM	Krodhin 5126 Moon 8 - Phase 20 - 16
		557277573	Rahu	3:01PM – 4:37PM	Taitila Until 2:14AM Fri	Nataraja: White Moon – Red		3rd Phase
	Routine Work Marana Yoga				Dvitiya Until 12:53PM	Bhadrapada*Avani	Devaloka Day	
3	Friday, September 6, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 144	
	Kanya Rasi: 21.24	Tithi 3 – 4	Gulika Yama	8:36AM – 10:12AM 4:36PM – 6:12PM	Hasta Until 9:56AM Sukla Until 10:45PM	Ganesha: Blue Muruga: Orange	Sunrise: 7:00AM Sunset: 7:48PM	Krodhin 5126 Moon 8 - Phase 20 - 17
		567277573	Rahu	11:48AM – 1:24PM	Vanija Until 4:55AM Sat	Nataraja: White Moon – Green		3rd Phase
	Creative Work Amrita Yoga Until 9:56AM Then Creative Work - Siddha Yoga				Tritiya Until 3:34PM	Bhadrapada*Avani	Devaloka Day	
4	Saturday, September 7, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Visti* Karana Chaturthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 145	
	Tula Rasi: 3.1	Tithi 4	Gulika Yama	7:01AM – 8:37AM 2:59PM – 4:35PM	Chitra Until 1:05PM Brahma Until 11:47PM	Ganesha: Blue Muruga: Orange	Sunrise: 7:01AM Sunset: 7:46PM	Krodhin 5126 Moon 8 - Phase 20 - 18
		567277573	Rahu	10:12AM – 11:48AM	Visti Until 6:10PM	Nataraja: White Moon – Green		3rd Phase
	Routine Work Marana Yoga Until 1:05PM Then Creative Work - Siddha Yoga			Ganesha Chaturthi	Chaturthi* Until 6:10PM	Bhadrapada*Avani	Devaloka Day	
5	Sunday, September 8, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 146	
	Tula Rasi: 15	Tithi 5	Gulika Yama	4:34PM – 6:09PM 1:23PM – 2:59PM	Svati Until 3:52PM Indra Until 12:36AM Mon	Ganesha: Blue Muruga: Orange	Sunrise: 7:02AM Sunset: 7:45PM	Krodhin 5126 Moon 8 - Phase 20 - 19
		567277573	Rahu	6:09PM – 7:45PM	Bava Until 7:25AM	Nataraja: White Moon – Green		3rd Phase
	Creative Work Siddha Yoga Until 3:52PM Then Routine Work - Marana Yoga			Grandparent's Day	Panchami Until 8:31PM	Bhadrapada*Avani	Devaloka Day	
6	Monday, September 9, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 147	
	Tula Rasi: 26.58	Tithi 6	Gulika Yama	2:58PM – 4:33PM 11:48AM – 1:23PM	Vishakha Until 6:35PM Vaidhriti* Until 1:02AM Tue	Ganesha: Yellow Muruga: Orange	Sunrise: 7:03AM Sunset: 7:43PM	Krodhin 5126 Moon 8 - Phase 20 - 20
	Family Home Evening	577277573	Rahu	8:38AM – 10:13AM	Kaulava Until 9:34AM	Nataraja: White Moon – Orange		3rd Phase
	Routine Work Marana Yoga Until 6:35PM Then Creative Work - Siddha Yoga				Shashthi* Until 10:25PM	Bhadrapada*Avani	Sivaloka Day	
7	Tuesday, September 10, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 148	
	Retreat Star		Gulika Yama	1:23PM – 2:57PM 10:13AM – 11:48AM	Anuradha Until 8:34PM Vishkambha* Until 1:00AM Wed	Ganesha: Yellow Muruga: Orange	Sunrise: 7:04AM Sunset: 7:42PM	Krodhin 5126 Moon 8 - Phase 20 - 21
	Vrischika Rasi: 9.08	Tithi 7	Rahu	4:32PM – 6:07PM	Gara Until 11:11AM	Nataraja: White Moon – Orange		3rd Phase
	Creative Work Siddha Yoga Until 8:34PM Then Routine Work - Marana Yoga				Saptami Until 11:43PM	Bhadrapada*Avani	Sivaloka Day	
8	Wednesday, September 11, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Priti Yoga Visti* Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 149	
	Retreat Star		Gulika Yama	11:48AM – 1:22PM 8:39AM – 10:13AM	Jyeshtha* Until 9:42PM Priti Until 12:25AM Thu	Ganesha: Blue Muruga: Orange	Sunrise: 7:04AM Sunset: 7:40PM	Krodhin 5126 Moon 8 - Phase 20 - 22
	Vrischika Rasi: 21.35	Tithi 8	Rahu	1:22PM – 2:57PM	Visti Until 12:08PM	Nataraja: White Moon – Orange		Ashtami
	Creative Work Siddha Yoga Until 9:42PM Then Routine Work - Marana Yoga				Ashtami* Until 12:18AM Thu	Bhadrapada*Avani	Subha Sivaloka Day	
9	Thursday, September 12, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 150	
	Retreat Star		Gulika Yama	10:14AM – 11:48AM 7:05AM – 8:39AM	Mula* Until 10:22PM Ayushman Until 11:10PM	Ganesha: Yellow Muruga: Orange	Sunrise: 7:05AM Sunset: 7:38PM	Krodhin 5126 Moon 8 - Phase 20 - 23
	Dhanus Rasi: 4.22	Tithi 9	Rahu	2:56PM – 4:30PM	Balava Until 12:18PM	Nataraja: White Moon – Light Blue		Navami
	Creative Work Siddha Yoga				Navami* Until 12:04AM Fri	Bhadrapada*Avani	Sivaloka Day	

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	Friday, September 13, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Yuktayam Purvashadha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 151		
	Dhanus Rasi: 17.34	Tithi 10	Gulika Yama	8:40AM – 10:14AM 4:29PM – 6:03PM	Purvashadha* Until 10:05PM Saubhagya Until 9:17PM	Ganesha: Yellow Muruga: Orange Nataraja: White Moon – Light Blue	Sunrise: 7:06AM Sunset: 7:37PM	Krodhin 5126 Moon 8 - Phase 21 - 24 4th Phase	
	588277573		Rahu	11:48AM – 1:21PM	Taitila Until 11:39AM Dashami Until 11:01PM	Bhadrapada*Avani	Sivaloka Day		
	Routine Work Prabalarishta Yoga Until 10:05PM Then Routine Work - Marana Yoga								
2	Saturday, September 14, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 152		
	Makara Rasi: 1.13	Tithi 11	Gulika Yama	7:07AM – 8:41AM 2:55PM – 4:28PM	Uttarashadha Until 8:54PM Sobhana Until 6:47PM	Ganesha: Yellow Muruga: Orange Nataraja: White Moon – Light Blue	Sunrise: 7:07AM Sunset: 7:35PM	Krodhin 5126 Moon 8 - Phase 21 - 25 4th Phase	
	588277573		Rahu	10:14AM – 11:48AM	Vanija Until 10:13AM Ekadashi Until 9:12PM	Bhadrapada*Avani	Sivaloka Day		
	Routine Work Marana Yoga Until 8:54PM Then Creative Work - Siddha Yoga								
3	Sunday, September 15, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 153		
	Makara Rasi: 15.19	Tithi 12	Gulika Yama	4:27PM – 6:00PM 1:21PM – 2:54PM	Shravana Until 7:19PM Athiganda* Until 3:43PM	Ganesha: White Muruga: Orange Nataraja: White Moon – Purple	Sunrise: 7:08AM Sunset: 7:34PM	Krodhin 5126 Moon 8 - Phase 21 - 26 4th Phase	
	598277573		Rahu	6:00PM – 7:34PM	Bava Until 8:04AM Dvadashi Until 6:44PM	Bhadrapada*Avani	Subha Sivaloka Day		
	Creative Work Amrita Yoga Until 7:19PM Then Routine Work - Marana Yoga								
4	Monday, September 16, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 154		
	Makara Rasi: 29.5	Tithi 13 – 14	Gulika Yama	2:53PM – 4:26PM 11:48AM – 1:20PM	Dhanishtha Until 5:04PM Sukarma Until 12:12PM	Ganesha: White Muruga: Orange Nataraja: White Moon – Purple	Sunrise: 7:09AM Sunset: 7:32PM	Krodhin 5126 Moon 8 - Phase 21 - 27 4th Phase	
	598277573		Rahu	8:42AM – 10:15AM	Gara Until 2:04AM Tue Trayodashi Until 3:43PM	Bhadrapada*Puratasi	Subha Sivaloka Day		
	Family Home Evening Creative Work Siddha Yoga		Pradosha Vrata						
	Tuesday, September 17, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sutra 155		
	Copper Retreat Star		Gulika Yama	1:20PM – 2:53PM 10:15AM – 11:47AM	Shatabhishak Until 2:18PM Dhriti Until 8:20AM	Ganesha: White Muruga: Orange Nataraja: White Moon – Purple	Sunrise: 7:10AM Sunset: 7:30PM	Krodhin 5126 Moon 8 - Phase 21 - Purnima	
	Kumbha Rasi: 14.42		Tithi 14 – 15	598277573	Rahu	4:25PM – 5:58PM	Visti Until 10:31PM Chaturdashi* Until 12:18PM	Subha Sivaloka Day	
	Routine Work Marana Yoga								
	Wednesday, September 18, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sutra 156		
	Silver Retreat Star		Gulika Yama	11:47AM – 1:20PM 8:43AM – 10:15AM	Purvaprosarthapada* Until 11:34AM Ganda* Until 12:01AM Thu	Ganesha: White Muruga: Orange Nataraja: White Moon – Clear	Sunrise: 7:11AM Sunset: 7:29PM	Krodhin 5126 Moon 8 - Phase 21 - Prathama	
	Kumbha Rasi: 29.48		Tithi 15 – 16	519377573	Rahu	1:20PM – 2:52PM	Balava Until 6:48PM Purnima* Until 8:39AM	Subha Sivaloka Day	
	Creative Work Amrita Yoga Until 11:34AM Then Creative Work - Siddha Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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**Thursday, September 19, 2024****Gold Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Viddhi Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Meena Rasi: 14.59

Tithi 17

Gulika**10:15AM – 11:47AM****Uttaraproshtapada Until 8:38AM****Ganesha:** White

Sunrise: 7:11AM

Krodhin 5126

Yama

7:11AM – 8:43AM

Viddhi Until 7:52PM

Muruga: Orange

Sunset: 7:27PM

Moon 9 - Phase 22 -

Creative Work

Siddha Yoga

519377573

Rahu**2:51PM – 4:23PM**

Taitila Until 3:05PM

Nataraja: White

Moon – Clear

Subha Sivaloka Day**Bhadrapada*Puratasi****Dvitiya Until 1:15AM Fri****1****Friday, September 20, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Mesha Rasi: 0.06

Tithi 18

Gulika**8:44AM – 10:16AM****Ashvini Until 3:15AM Sat****Ganesha:** Yellow

Sunrise: 7:12AM

Krodhin 5126

Yama

4:22PM – 5:54PM

Dhruva Until 3:51PM

Muruga: Orange

Sunset: 7:26PM

Moon 9 - Phase 22 - 1

Creative Work

Amrita Yoga

529377573

Rahu**11:47AM – 1:19PM**

Vanija Until 11:31AM

Nataraja: White

Moon – White

Sivaloka Day**Bhadrapada*Puratasi****Tritiya Until 9:50PM**

Until 3:15AM Sat

Then Creative Work - Siddha Yoga

2**Saturday, September 21, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan

Mesha Rasi: 15.01

Tithi 19

Gulika**7:13AM – 8:45AM****Bharani Until 1:07AM Sun****Ganesha:** Yellow

Sunrise: 7:13AM

Krodhin 5126

Yama

2:50PM – 4:21PM

Vyaghata* Until 12:07PM

Muruga: Orange

Sunset: 7:24PM

Moon 9 - Phase 22 - 2

Creative Work

Siddha Yoga

529377573

Rahu**10:16AM – 11:47AM**

Bava Until 8:16AM

Nataraja: White

Moon – White

Sivaloka Day**Bhadrapada*Puratasi****Chaturthi* Until 6:47PM****3****Sunday, September 22, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Mesha Rasi: 29.35

Tithi 20 – 21

Gulika**4:20PM – 5:51PM****Krittika Until 11:23PM****Ganesha:** Yellow

Sunrise: 7:14AM

Krodhin 5126

Yama

1:18PM – 2:49PM

Harshana Until 8:47AM

Muruga: Orange

Sunset: 7:23PM

Moon 9 - Phase 22 - 3

Creative Work

Siddha Yoga

529377573

Rahu**5:51PM – 7:23PM**

Gara Until 3:13AM Mon

Nataraja: White

Moon – White

Sivaloka Day**Bhadrapada*Puratasi****Panchami Until 4:15PM****4****Monday, September 23, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Vrishabha Rasi: 13.46

Tithi 21 – 22

Gulika**2:49PM – 4:19PM****Rohini Until 10:34PM****Ganesha:** Blue

Sunrise: 7:15AM

Krodhin 5126

Yama

11:47AM – 1:18PM

Siddhi Until 3:36AM Tue

Muruga: Orange

Sunset: 7:21PM

Moon 9 - Phase 22 - 4

Family Home Evening

539377573

Rahu**8:46AM – 10:16AM**

Visti Until 1:39AM Tue

Nataraja: White

Moon – Yellow

Subha Sivaloka Day**Bhadrapada*Puratasi****Shashthi* Until 2:20PM**

Creative Work Amrita Yoga

D**Tuesday, September 24, 2024****Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Vrishabha Rasi: 27.32

Tithi 22 – 23

Gulika**1:18PM – 2:48PM****Mrigashira Until 10:20PM****Ganesha:** Blue

Sunrise: 7:16AM

Krodhin 5126

Yama

10:17AM – 11:47AM

Vyatipata* Until 1:53AM Wed

Muruga: Orange

Sunset: 7:19PM

Moon 9 - Phase 22 - 5

Creative Work

Siddha Yoga

539377573

Rahu**4:18PM – 5:49PM**

Balava Until 12:48AM Wed

Nataraja: White

Moon – Yellow

Subha Sivaloka Day**Bhadrapada*Puratasi****Saptami Until 1:07PM**

Until 10:20PM

Then Routine Work - Marana Yoga

Wednesday, September 25, 2024**Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Mithuna Rasi: 10.52

Tithi 23 – 24

Gulika**11:47AM – 1:17PM****Ardra Until 10:40PM****Ganesha:** Blue

Sunrise: 7:17AM

Krodhin 5126

Yama

8:47AM – 10:17AM

Variyan Until 12:43AM Thu

Muruga: Orange

Sunset: 7:18PM

Moon 9 - Phase 22 - 6

Creative Work

Siddha Yoga

539377573

Rahu**1:17PM – 2:47PM**

Taitila Until 12:42AM Thu

Nataraja: White

Moon – Yellow

Subha Sivaloka Day**Bhadrapada*Puratasi****Ashtami* Until 12:38PM**

1	Thursday, September 26, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 7 Sutra 164	
	Mithuna Rasi: 23.49	Tithi 24 – 25	Gulika 10:17AM – 11:47AM	Punarvasu Until 12:00AM Fri	Ganesha: Clear	Sunrise: 7:18AM	Krodhin 5126	
			Yama 7:18AM – 8:47AM	Parigha* Until 12:06AM Fri	Muruga: Orange	Sunset: 7:16PM	Moon 9 - Phase 23 - 7	
	Creative Work	Amrita Yoga	541377573 Rahu 2:47PM – 4:17PM	Vanija Until 1:17AM Fri	Nataraja: White		2nd Phase	
			Navami* Until 12:53PM	Moon – Blue		Sivaloka Day		
				Bhadrapada*Puratasi				
2	Friday, September 27, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 165	
	Kataka Rasi: 6.27	Tithi 25 – 26	Gulika 8:48AM – 10:18AM	Pushya Until 1:47AM Sat	Ganesha: Purple	Sunrise: 7:19AM	Krodhin 5126	
			Yama 4:16PM – 5:45PM	Shiva Until 12:00AM Sat	Muruga: Orange	Sunset: 7:15PM	Moon 9 - Phase 23 - 8	
	Routine Work	Marana Yoga	641377573 Rahu 11:47AM – 1:17PM	Bava Until 2:31AM Sat	Nataraja: White		2nd Phase	
			Dashami Until 1:48PM	Moon – Blue		Subha Sivaloka Day		
				Bhadrapada*Puratasi				
3	Saturday, September 28, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 166	
	Kataka Rasi: 18.49	Tithi 26 – 27	Gulika 7:19AM – 8:49AM	Ashlesha* Until 3:55AM Sun	Ganesha: Purple	Sunrise: 7:19AM	Krodhin 5126	
			Yama 2:45PM – 4:15PM	Siddha Until 12:16AM Sun	Muruga: Orange	Sunset: 7:13PM	Moon 9 - Phase 23 - 9	
	Routine Work	Marana Yoga	641377573 Rahu 10:18AM – 11:47AM	Kaulava Until 4:15AM Sun	Nataraja: White		2nd Phase	
			Ekadashi* Until 3:18PM	Moon – Blue		Subha Sivaloka Day		
				Bhadrapada*Puratasi				
4	Sunday, September 29, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya Yoga Taitlela/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 167	
	Simha Rasi: 0.58	Tithi 27 – 28	Gulika 4:14PM – 5:43PM	Magha* Until 6:46AM Mon	Ganesha: Clear	Sunrise: 7:20AM	Krodhin 5126	
			Yama 1:16PM – 2:45PM	Sadhya Until 12:53AM Mon	Muruga: Orange	Sunset: 7:12PM	Moon 9 - Phase 23 - 10	
	Routine Work	Marana Yoga	651377573 Rahu 5:43PM – 7:12PM	Gara Until 6:25AM Mon	Nataraja: White		2nd Phase	
	Until 6:46AM Mon		Dvadashi* Until 5:16PM	Moon – Red		Sivaloka Day		
	Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)	Bhadrapada*Puratasi				
5	Monday, September 30, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 168	
	Simha Rasi: 12.56	Tithi 28	Gulika 2:44PM – 4:13PM	Magha* Until 6:46AM	Ganesha: Clear	Sunrise: 7:21AM	Krodhin 5126	
	Family Home Evening		Yama 11:47AM – 1:16PM	Subha Until 1:45AM Tue	Muruga: Orange	Sunset: 7:10PM	Moon 9 - Phase 23 - 11	
	Routine Work	Marana Yoga	651377573 Rahu 8:50AM – 10:18AM	Gara Until 6:25AM	Nataraja: White		2nd Phase	
	Until 6:46AM		Trayodashi* Until 7:35PM	Moon – Red		Sivaloka Day		
	Then Creative Work - Siddha Yoga			Bhadrapada*Puratasi				
6	Tuesday, October 1, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 169	
	Simha Rasi: 24.49	Tithi 29	Gulika 1:15PM – 2:44PM	Purvaphalguni Until 9:44AM	Ganesha: Clear	Sunrise: 7:22AM	Krodhin 5126	
			Yama 10:19AM – 11:47AM	Sukla Until 2:45AM Wed	Muruga: Orange	Sunset: 7:08PM	Moon 9 - Phase 23 - 12	
	Creative Work	Siddha Yoga	651377573 Rahu 4:12PM – 5:40PM	Visti Until 8:52AM	Nataraja: White		2nd Phase	
	Until 9:44AM		Chaturdashi* Until 10:09PM	Moon – Red		Sivaloka Day		
	Then Creative Work - Amrita Yoga			Bhadrapada*Puratasi				
●	Wednesday, October 2, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 170	
	Retreat Star		Gulika 11:47AM – 1:15PM	Uttaraphalguni Until 12:41PM	Ganesha: Clear	Sunrise: 7:23AM	Krodhin 5126	
	Kanya Rasi: 6.37	Tithi 30	Yama 8:51AM – 10:19AM	Brahma Until 3:49AM Thu	Muruga: Orange	Sunset: 7:07PM	Moon 9 - Phase 23 - 13	
			651377573 Rahu 1:15PM – 2:43PM	Catuspada Until 11:30AM	Nataraja: White		Amavasya	
	Creative Work	Amrita Yoga		Amavasya* Until 12:50AM Thu	Moon – Red		Sivaloka Day	
	Until 12:41PM		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada*Puratasi			
	Then Routine Work - Marana Yoga							
	Thursday, October 3, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 171	
	Retreat Star		Gulika 10:19AM – 11:47AM	Hasta Until 4:02PM	Ganesha: Orange	Sunrise: 7:24AM	Krodhin 5126	
	Kanya Rasi: 18.24	Tithi 1	Yama 7:24AM – 8:52AM	Indra Until 4:54AM Fri	Muruga: Orange	Sunset: 7:05PM	Moon 9 - Phase 23 - 14	
			661377573 Rahu 2:42PM – 4:10PM	Kintughna Until 2:12PM	Nataraja: White		Prathama	
	Routine Work	Marana Yoga		Prathama* Until 3:30AM Fri	Moon – Green		Sivaloka Day	
	Until 4:02PM		Navaratri Begins		Ashvina*Puratasi			
	Then Creative Work - Siddha Yoga							

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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1	Friday, October 4, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 172	
	Tula Rasi: 0.11	Tithi 2	Gulika Yama	8:52AM – 10:20AM 4:09PM – 5:36PM	Chitra Until 7:09PM Vaidhriti* Until 5:51AM Sat	Ganesha: Orange Muruga: Orange	Sunrise: 7:25AM Sunset: 7:04PM	Krodhin 5126 Moon 9 - Phase 24 - 15
	661377573	Rahu	11:47AM – 1:14PM	Balava Until 4:50PM	Nataraja: White Moon – Green		3rd Phase	
	Creative Work	Siddha Yoga		Dvitiya Until 6:03AM Sat	Ashvina•Puratasi	Sivaloka Day		
2	Saturday, October 5, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 173	
	Tula Rasi: 12.01	Tithi 2 – 3	Gulika Yama	7:26AM – 8:53AM 2:41PM – 4:08PM	Svati Until 9:54PM Vishkambha* Until 6:38AM Sun	Ganesha: Orange Muruga: Orange	Sunrise: 7:26AM Sunset: 7:02PM	Krodhin 5126 Moon 9 - Phase 24 - 16
	661377573	Rahu	10:20AM – 11:47AM	Taitila Until 7:16PM	Nataraja: White Moon – Green		3rd Phase	
	Creative Work	Siddha Yoga		Dvitiya Until 6:03AM	Ashvina•Puratasi	Sivaloka Day		
3	Sunday, October 6, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 174	
	Tula Rasi: 23.56	Tithi 3 – 4	Gulika Yama	4:07PM – 5:34PM 1:14PM – 2:40PM	Vishakha Until 12:42AM Mon Vishkambha* Until 6:38AM	Ganesha: Purple Muruga: Orange	Sunrise: 7:27AM Sunset: 7:01PM	Krodhin 5126 Moon 9 - Phase 24 - 17
	672377573	Rahu	5:34PM – 7:01PM	Vanija Until 9:25PM	Nataraja: White Moon – Orange		3rd Phase	
	Routine Work	Marana Yoga		Tritiya Until 8:22AM	Ashvina•Puratasi	Devaloka Day		
Until 12:42AM Mon								
Then Creative Work - Siddha Yoga								
4	Monday, October 7, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 175	
	Vrischika Rasi: 6	Tithi 4 – 5	Gulika Yama	2:40PM – 4:06PM 11:47AM – 1:13PM	Anuradha Until 2:56AM Tue Priti Until 7:11AM	Ganesha: Purple Muruga: Orange	Sunrise: 7:28AM Sunset: 6:59PM	Krodhin 5126 Moon 9 - Phase 24 - 18
	672377574	Rahu	8:54AM – 10:21AM	Bava Until 11:10PM	Nataraja: Clear Moon – Orange		3rd Phase	
	Family Home Evening	Siddha Yoga		Chaturthi* Until 10:20AM	Ashvina•Puratasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	
Until 2:56AM Tue								
Then Routine Work - Marana Yoga								
5	Tuesday, October 8, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 176	
	Vrischika Rasi: 18.14	Tithi 5 – 6	Gulika Yama	1:13PM – 2:39PM 10:21AM – 11:47AM	Jyeshtha* Until 4:29AM Wed Ayushman Until 7:21AM	Ganesha: Purple Muruga: Orange	Sunrise: 7:29AM Sunset: 6:58PM	Krodhin 5126 Moon 9 - Phase 24 - 19
	672377574	Rahu	4:05PM – 5:32PM	Kaulava Until 12:24AM Wed	Nataraja: Clear Moon – Orange		3rd Phase	
	Routine Work	Marana Yoga		Panchami Until 11:50AM	Ashvina•Puratasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM	
Until 5:46AM Thu								
Then Creative Work - Siddha Yoga								
6	Wednesday, October 9, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 177	
	Dhanus Rasi: 0.42	Tithi 6 – 7	Gulika Yama	11:47AM – 1:13PM 8:55AM – 10:21AM	Mula* Until 5:46AM Thu Saubhagya Until 7:07AM	Ganesha: Clear Muruga: Orange	Sunrise: 7:30AM Sunset: 6:56PM	Krodhin 5126 Moon 9 - Phase 24 - 20
	682377574	Rahu	1:13PM – 2:39PM	Gara Until 1:02AM Thu	Nataraja: Clear Moon – Light Blue		3rd Phase	
	Routine Work	Marana Yoga		Shashthi* Until 12:47PM	Ashvina•Puratasi	Devaloka Day		
Until 5:46AM Thu								
Then Creative Work - Siddha Yoga								
D	Thursday, October 10, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 178	
	Retreat Star		Gulika Yama	10:22AM – 11:47AM 7:30AM – 8:56AM	Purvashadha* Until 6:13AM Fri Sobhana Until 6:24AM	Ganesha: Clear Muruga: Orange	Sunrise: 7:30AM Sunset: 6:55PM	Krodhin 5126 Moon 9 - Phase 24 - 21
	Dhanus Rasi: 13.27	Tithi 7 – 8	682377574	Rahu	2:38PM – 4:04PM	Visti Until 12:59AM Fri	Nataraja: Clear Moon – Light Blue	Ashtami
	Creative Work	Siddha Yoga		Durga Ashtami	Saptami Until 1:05PM	Ashvina•Puratasi	Devaloka Day	
Until 6:13AM Fri								
Then Routine Work - Marana Yoga								
	Friday, October 11, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 179	
	Retreat Star		Gulika Yama	8:57AM – 10:22AM 4:03PM – 5:28PM	Purvashadha* Until 6:13AM Sukarma Until 3:17AM Sat	Ganesha: Clear Muruga: Orange	Sunrise: 7:31AM Sunset: 6:53PM	Krodhin 5126 Moon 9 - Phase 24 - 22
	Dhanus Rasi: 26.32	Tithi 8 – 9	682377574	Rahu	11:47AM – 1:12PM	Balava Until 12:12AM Sat	Nataraja: Clear Moon – Light Blue	Navami
	Routine Work	Prabalarishta Yoga		Saraswathi Puja (Tamil Nadu)	Ashtami* Until 12:40PM	Ashvina•Puratasi	Devaloka Day	
Until 6:13AM								
Then Routine Work - Marana Yoga								

1	Saturday, October 12, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 180	
	Makara Rasi: 10.01	Tithi 9 – 10	Gulika 7:32AM – 8:57AM	Shravana Until 4:59AM Sun	Ganesha: White	Sunrise: 7:32AM	Krodhin 5126	
			Yama 2:37PM – 4:02PM	Dhriti Until 12:53AM Sun	Muruga: Orange	Sunset: 6:52PM	Moon 9 - Phase 25 - 23	
	692377574	Rahu 10:22AM – 11:47AM		Taitila Until 10:42PM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Vijaya Dasami		Ashvina•Puratasi		Bhuloka Day		
Until 4:59AM Sun						Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga								
2	Sunday, October 13, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 181	
	Makara Rasi: 23.55	Tithi 10 – 11	Gulika 4:01PM – 5:26PM	Dhanishtha Until 3:22AM Mon	Ganesha: Clear	Sunrise: 7:33AM	Krodhin 5126	
			Yama 1:12PM – 2:37PM	Shula* Until 9:55PM	Muruga: Orange	Sunset: 6:50PM	Moon 9 - Phase 25 - 24	
	692477574	Rahu 5:26PM – 6:50PM		Vanija Until 8:33PM	Nataraja: Clear		4th Phase	
Routine Work Marana Yoga		Dashami Until 9:41AM		Ashvina•Puratasi		Devaloka Day		
Until 3:22AM Mon								
Then Creative Work - Siddha Yoga								
3	Monday, October 14, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 182	
	Kumbha Rasi: 8.14	Tithi 11 – 12	Gulika 2:36PM – 4:00PM	Shatabhishak Until 1:05AM Tue	Ganesha: Clear	Sunrise: 7:34AM	Krodhin 5126	
	Family Home Evening		Yama 11:47AM – 1:12PM	Ganda* Until 6:30PM	Muruga: Orange	Sunset: 6:49PM	Moon 9 - Phase 25 - 25	
	692477574	Rahu 8:59AM – 10:23AM		Balava Until 4:14AM Tue	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Kadaitswami Mahasamadhi		Ashvina•Puratasi		Devaloka Day		
Until 1:05AM Tue								
Then Routine Work - Marana Yoga								
4	Tuesday, October 15, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 183	
	Kumbha Rasi: 22.57	Tithi 13	Gulika 1:11PM – 2:35PM	Purvaproshtapada* Until 10:38PM	Ganesha: Yellow	Sunrise: 7:35AM	Krodhin 5126	
			Yama 10:23AM – 11:47AM	Vriddhi Until 2:43PM	Muruga: Orange	Sunset: 6:48PM	Moon 9 - Phase 25 - 26	
	612477574	Rahu 4:00PM – 5:24PM		Kaulava Until 2:36PM	Nataraja: Clear		4th Phase	
Routine Work Marana Yoga		Trayodashi Until 12:51AM Wed		Ashvina•Puratasi		Devaloka Day		
Until 10:38PM								
Then Creative Work - Amrita Yoga				Pradosha Vrata				
5	Wednesday, October 16, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 184	
	Meena Rasi: 7.56	Tithi 14	Gulika 11:48AM – 1:11PM	Uttaraproshtapada Until 7:48PM	Ganesha: Yellow	Sunrise: 7:36AM	Krodhin 5126	
			Yama 9:00AM – 10:24AM	Dhruva Until 10:39AM	Muruga: Orange	Sunset: 6:46PM	Moon 9 - Phase 25 - 27	
	612477574	Rahu 1:11PM – 2:35PM		Gara Until 11:04AM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga		Chidambaram Abhishekam		Ashvina•Puratasi		Devaloka Day		
Until 7:48PM								
Then Routine Work - Marana Yoga								
O	Thursday, October 17, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sun 28 Sutra 185	
	Copper Retreat Star		Gulika 10:24AM – 11:48AM	Revati Until 4:43PM	Ganesha: Yellow	Sunrise: 7:37AM	Krodhin 5126	
	Meena Rasi: 23.07	Tithi 15 – 16	Yama 7:37AM – 9:01AM	Vyaghata* Until 6:26AM	Muruga: Orange	Sunset: 6:45PM	Moon 9 - Phase 25 - Purnima	
	612477574	Rahu 2:34PM – 3:58PM		Visti Until 7:22AM	Nataraja: Clear			
Creative Work Siddha Yoga		Purnima* Until 5:29PM		Ashvina•Aipasi		Devaloka Day		
Until 4:43PM								
Then Creative Work - Amrita Yoga								
	Friday, October 18, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 29 Sutra 186	
	Silver Retreat Star		Gulika 9:01AM – 10:25AM	Ashvini Until 1:58PM	Ganesha: White	Sunrise: 7:38AM	Krodhin 5126	
	Mesha Rasi: 8.18	Tithi 16 – 17	Yama 3:57PM – 5:20PM	Vajra* Until 10:05PM	Muruga: Orange	Sunset: 6:43PM	Moon 9 - Phase 25 - Prathama	
	622477574	Rahu 11:48AM – 1:11PM		Taitila Until 12:04AM Sat	Nataraja: Clear			
Creative Work Amrita Yoga		Prathama* Until 1:49PM		Ashvina•Aipasi		Sivaloka Day		
Until 1:58PM								
Then Creative Work - Siddha Yoga								

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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**Saturday, October 19, 2024****Gold Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 187

Krodhin 5126

Mesha Rasi: 23.21 Tithi 17 – 18

623477574

Gulika 7:39AM – 9:02AM
Yama 2:34PM – 3:56PM
Rahu 10:25AM – 11:48AM

Bharani Until 11:19AM

Siddhi Until 6:12PM

Vanija Until 8:49PM

Dvitiya Until 10:23AM**Ganesha:** Yellow *Sunrise:* 7:39AM**Muruga:** Orange *Sunset:* 6:42PM**Nataraja:** Clear

Moon – White

Ashvina•Aipasi**Devaloka Day**

Creative Work Siddha Yoga

Until 11:19AM

Then Creative Work - Amrita Yoga

1**Sunday, October 20, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 188

Krodhin 5126

Vrishabha Rasi: 8.08 Tithi 18 – 19

623477574

Gulika 3:56PM – 5:18PM
Yama 1:11PM – 2:33PM
Rahu 5:18PM – 6:41PM

Krittika Until 8:55AM

Vyatipata* Until 2:43PM

Bava Until 6:01PM

Tritiya Until 7:20AM**Ganesha:** Yellow *Sunrise:* 7:40AM**Muruga:** Orange *Sunset:* 6:41PM**Nataraja:** Clear

Moon – White

Ashvina•Aipasi**Devaloka Day**

Creative Work Siddha Yoga

2**Monday, October 21, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 189

Krodhin 5126

Vrishabha Rasi: 22.31 Tithi 20

633477574

Family Home Evening

Gulika 2:33PM – 3:55PM
Yama 11:48AM – 1:10PM
Rahu 9:04AM – 10:26AM

Rohini Until 7:21AM

Variyan Until 11:40AM

Kaulava Until 3:50PM

Panchami Until 3:00AM Tue**Ganesha:** White *Sunrise:* 7:41AM**Muruga:** Orange *Sunset:* 6:39PM**Nataraja:** Clear

Moon – Yellow

Ashvina•Aipasi**Bhuloka Day****Devaloka Time: 3:PM to 6:PM**

Creative Work Amrita Yoga

3**Tuesday, October 22, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 190

Krodhin 5126

Mithuna Rasi: 6.28 Tithi 21

633477574

Gulika 1:10PM – 2:32PM
Yama 10:26AM – 11:48AM
Rahu 3:54PM – 5:16PM

Mrigashira Until 6:20AM

Parigha* Until 9:14AM

Gara Until 2:24PM

Shashthi* Until 1:58AM Wed**Ganesha:** White *Sunrise:* 7:42AM**Muruga:** Orange *Sunset:* 6:38PM**Nataraja:** Clear

Moon – Yellow

Ashvina•Aipasi**Bhuloka Day****Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

Until 6:20AM

Then Routine Work - Marana Yoga

4**Wednesday, October 23, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 191

Krodhin 5126

Mithuna Rasi: 19.56 Tithi 22

633477574

Gulika 11:48AM – 1:10PM
Yama 9:05AM – 10:27AM
Rahu 1:10PM – 2:32PM

Punarvasu Until 6:42AM Thu

Shiva Until 7:26AM

Visti Until 1:47PM

Saptami Until 1:47AM Thu**Ganesha:** White *Sunrise:* 7:43AM**Muruga:** Orange *Sunset:* 6:37PM**Nataraja:** Clear

Moon – Yellow

Ashvina•Aipasi**Bhuloka Day****Devaloka Time: 3:PM to 6:PM**

Creative Work Siddha Yoga

Until 6:42AM Thu

Then Creative Work - Amrita Yoga

D**Thursday, October 24, 2024****Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 192

Krodhin 5126

Kataka Rasi: 2.57 Tithi 23

643477574

Gulika 10:27AM – 11:49AM
Yama 7:44AM – 9:06AM
Rahu 2:31PM – 3:53PM

Punarvasu Until 6:42AM

Siddha Until 6:17AM

Balava Until 2:02PM

Ashtami* Until 2:26AM Fri**Ganesha:** Clear *Sunrise:* 7:44AM**Muruga:** Orange *Sunset:* 6:36PM**Nataraja:** Clear

Moon – Blue

Ashvina•Aipasi**Devaloka Day**

Creative Work Amrita Yoga

Friday, October 25, 2024**Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Subha Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 193

Krodhin 5126

Kataka Rasi: 15.34 Tithi 24

643477574

Gulika 9:06AM – 10:28AM
Yama 3:52PM – 5:13PM
Rahu 11:49AM – 1:10PM

Pushya Until 8:06AM

Subha Until 5:53AM Sat

Taitila Until 3:04PM

Navami* Until 3:51AM Sat**Ganesha:** Clear *Sunrise:* 7:45AM**Muruga:** Orange *Sunset:* 6:34PM**Nataraja:** Clear

Moon – Blue

Ashvina•Aipasi**Devaloka Day**

Routine Work Marana Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	Saturday, October 26, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 194	
	Kataka Rasi: 27.52	Tithi 25	Gulika 7:46AM – 9:07AM	Ashlesha* Until 10:02AM	Ganesha: Clear	<i>Sunrise:</i> 7:46AM	Krodhin 5126	
			Yama 2:31PM – 3:51PM	Sukla Until 6:23AM Sun	Muruga: Orange	<i>Sunset:</i> 6:33PM	Moon 10 - Phase 27 - 8	
		643477574	Rahu 10:28AM – 11:49AM	Vanija Until 4:49PM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga				Dashami Until 5:52AM Sun	Moon – Blue		Devaloka Day	
Until 10:02AM					Ashvina*Aipasi			
Then Creative Work - Amrita Yoga								
2	Sunday, October 27, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 195	
	Simha Rasi: 9.55	Tithi 26	Gulika 3:51PM – 5:11PM	Magha* Until 12:51PM	Ganesha: Purple	<i>Sunrise:</i> 7:47AM	Krodhin 5126	
			Yama 1:10PM – 2:30PM	Sukla Until 6:23AM	Muruga: Orange	<i>Sunset:</i> 6:32PM	Moon 10 - Phase 27 - 9	
		653477574	Rahu 5:11PM – 6:32PM	Bava Until 7:05PM	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga				Ekadashi* Until 8:20AM Mon	Moon – Red		Bhuloka Day	
Until 12:51PM					Ashvina*Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								
3	Monday, October 28, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 196	
	Simha Rasi: 21.48	Tithi 26 – 27	Gulika 2:30PM – 3:50PM	Purvaphalguni Until 3:51PM	Ganesha: Purple	<i>Sunrise:</i> 7:49AM	Krodhin 5126	
	Family Home Evening		Yama 11:49AM – 1:10PM	Brahma Until 7:14AM	Muruga: Orange	<i>Sunset:</i> 6:31PM	Moon 10 - Phase 27 - 10	
		653477574	Rahu 9:09AM – 10:29AM	Kaulava Until 9:41PM	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga				Ekadashi* Until 8:20AM	Moon – Red		Bhuloka Day	
					Ashvina*Aipasi		Devaloka Time: 3:PM to 6:PM	
4	Tuesday, October 29, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Taitlela/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 197	
	Kanya Rasi: 4	Tithi 27 – 28	Gulika 1:10PM – 2:30PM	Uttaraphalguni Until 6:52PM	Ganesha: Purple	<i>Sunrise:</i> 7:50AM	Krodhin 5126	
			Yama 10:30AM – 11:50AM	Indra Until 8:16AM	Muruga: Orange	<i>Sunset:</i> 6:29PM	Moon 10 - Phase 27 - 11	
		653477574	Rahu 3:49PM – 5:09PM	Gara Until 12:26AM Wed	Nataraja: Clear		2nd Phase	
Creative Work Amrita Yoga				Dvadashi* Until 11:02AM	Moon – Red		Bhuloka Day	
Until 6:52PM					Ashvina*Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)				
5	Wednesday, October 30, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 198	
	Kanya Rasi: 15.22	Tithi 28 – 29	Gulika 11:50AM – 1:09PM	Hasta Until 10:13PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:51AM	Krodhin 5126	
			Yama 9:10AM – 10:30AM	Vaidhriti* Until 9:19AM	Muruga: Orange	<i>Sunset:</i> 6:28PM	Moon 10 - Phase 27 - 12	
		663477574	Rahu 1:09PM – 2:29PM	Visti Until 3:08AM Thu	Nataraja: Clear		2nd Phase	
Routine Work Marana Yoga				Trayodashi* Until 1:46PM	Moon – Green		Bhuloka Day	
Until 10:13PM			Deepavali Hindu Solidarity Day		Ashvina*Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								
6	Thursday, October 31, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vishkambha*/Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 199	
	Kanya Rasi: 27.09	Tithi 29 – 30	Gulika 10:31AM – 11:50AM	Chitra Until 1:14AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 7:52AM	Krodhin 5126	
			Yama 7:52AM – 9:11AM	Vishkambha* Until 10:19AM	Muruga: Orange	<i>Sunset:</i> 6:27PM	Moon 10 - Phase 27 - 13	
		663477574	Rahu 2:29PM – 3:48PM	Catuspada Until 5:40AM Fri	Nataraja: Clear		2nd Phase	
Creative Work Siddha Yoga			Subramuniyaswami Mahasamadhi	Chaturdashi* Until 4:24PM	Moon – Green		Bhuloka Day	
					Ashvina*Aipasi		Devaloka Time: 3:PM to 6:PM	
	Friday, November 1, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Priti/Ayushman Yoga Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 200	
	Retreat Star		Gulika 9:12AM – 10:31AM	Svati Until 3:51AM Sat	Ganesha: Light Blue	<i>Sunrise:</i> 7:53AM	Krodhin 5126	
	Tula Rasi: 9.01	Tithi 30	Yama 3:48PM – 5:07PM	Priti Until 11:11AM	Muruga: Orange	<i>Sunset:</i> 6:26PM	Moon 10 - Phase 27 - 14	
		663477574	Rahu 11:50AM – 1:09PM	Naga Until 6:48PM	Nataraja: Clear		Amavasya	
Creative Work Siddha Yoga				Amavasya* Until 6:48PM	Moon – Green		Bhuloka Day	
					Ashvina*Aipasi		Devaloka Time: 3:PM to 6:PM	
	Saturday, November 2, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 201	
	Retreat Star		Gulika 7:54AM – 9:13AM	Vishakha Until 6:28AM Sun	Ganesha: Purple	<i>Sunrise:</i> 7:54AM	Krodhin 5126	
	Tula Rasi: 20.59	Tithi 1	Yama 2:28PM – 3:47PM	Ayushman Until 11:47AM	Muruga: Orange	<i>Sunset:</i> 6:25PM	Moon 10 - Phase 27 - 15	
		673477574	Rahu 10:32AM – 11:51AM	Kintughna Until 7:55AM	Nataraja: Clear		Prathama	
Creative Work Siddha Yoga				Prathama* Until 8:53PM	Moon – Orange		Bhuloka Day	
Until 6:28AM Sun			Skanda Shasthi Begins		Karttika*Aipasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga								

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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1	Sunday, November 3, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 202	
	Vrischika Rasi: 3.05	Tithi 2	Gulika Yama	3:47PM – 5:05PM 1:09PM – 2:28PM	Vishakha Until 6:28AM Saubhagya Until 12:08PM	Ganesha: Light Blue Muruga: Orange	Sunrise: 7:55AM Sunset: 6:24PM	Krodhin 5126 Moon 10 - Phase 28 - 16
	Routine Work	Marana Yoga	674477574	Rahu	5:05PM – 6:24PM Balava Until 9:49AM	Nataraja: Clear Moon – Orange		3rd Phase
					Dvitiya Until 10:36PM	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
2	Monday, November 4, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 203	
	Vrischika Rasi: 15.2	Tithi 3	Gulika Yama	2:28PM – 3:46PM 11:51AM – 1:09PM	Anuradha Until 8:33AM Sobhana Until 12:12PM	Ganesha: Light Blue Muruga: Orange	Sunrise: 7:56AM Sunset: 6:23PM	Krodhin 5126 Moon 10 - Phase 28 - 17
	Family Home Evening		674477574	Rahu	9:14AM – 10:33AM Taitila Until 11:19AM	Nataraja: Clear Moon – Orange		3rd Phase
	Creative Work	Siddha Yoga					Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
3	Tuesday, November 5, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthiyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 204	
	Vrischika Rasi: 27.47	Tithi 4	Gulika Yama	1:09PM – 2:28PM 10:33AM – 11:51AM	Jyeshtha* Until 10:04AM Athiganda* Until 11:55AM	Ganesha: Light Blue Muruga: Orange	Sunrise: 7:57AM Sunset: 6:22PM	Krodhin 5126 Moon 10 - Phase 28 - 18
	Routine Work	Marana Yoga	674477574	Rahu	3:46PM – 5:04PM Vanija Until 12:25PM	Nataraja: Clear Moon – Orange		3rd Phase
	Until 10:04AM Then Creative Work - Amrita Yoga					Chaturthi* Until 12:47AM Wed	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
4	Wednesday, November 6, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 205	
	Dhanus Rasi: 10.25	Tithi 5	Gulika Yama	11:52AM – 1:10PM 9:16AM – 10:34AM	Mula* Until 11:29AM Sukarma Until 11:19AM	Ganesha: Orange Muruga: Orange	Sunrise: 7:58AM Sunset: 6:21PM	Krodhin 5126 Moon 10 - Phase 28 - 19
	Routine Work	Marana Yoga	684477574	Rahu	1:10PM – 2:27PM Bava Until 1:04PM	Nataraja: Clear Moon – Light Blue		3rd Phase
	Until 11:29AM Then Creative Work - Amrita Yoga					Panchami Until 1:12AM Thu	Karttika•Aipasi	Devaloka Day
5	Thursday, November 7, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 206	
	Dhanus Rasi: 23.15	Tithi 6	Gulika Yama	10:34AM – 11:52AM 7:59AM – 9:17AM	Purvashadha* Until 12:17PM Dhriti Until 10:21AM	Ganesha: Light Blue Muruga: Orange	Sunrise: 7:59AM Sunset: 6:20PM	Krodhin 5126 Moon 10 - Phase 28 - 20
	Creative Work	Siddha Yoga	784477574	Rahu	2:27PM – 3:45PM Kaulava Until 1:14PM	Nataraja: Clear Moon – Light Blue		3rd Phase
	Until 12:17PM Then Routine Work - Marana Yoga					Shashthi* Until 1:07AM Fri	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM
6	Friday, November 8, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 207	
	Makara Rasi: 6.21	Tithi 7	Gulika Yama	9:18AM – 10:35AM 3:44PM – 5:02PM	Uttarashadha Until 12:25PM Shula* Until 8:58AM	Ganesha: Purple Muruga: Orange	Sunrise: 8:00AM Sunset: 6:19PM	Krodhin 5126 Moon 10 - Phase 28 - 21
	Routine Work	Marana Yoga	784577574	Rahu	11:52AM – 1:10PM Gara Until 12:53PM	Nataraja: Clear Moon – Light Blue		3rd Phase
					Saptami Until 12:30AM Sat	Karttika•Aipasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
D	Saturday, November 9, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 208	
	Retreat Star		Gulika	8:01AM – 9:18AM	Shravana Until 12:20PM	Ganesha: Clear	Sunrise: 8:01AM	Krodhin 5126
	Makara Rasi: 19.44	Tithi 8	Yama	2:27PM – 3:44PM	Ganda* Until 7:09AM	Muruga: Orange	Sunset: 6:18PM	Moon 10 - Phase 28 - 22
	Creative Work	Siddha Yoga	794577574	Rahu	10:36AM – 11:53AM Visti Until 12:00PM	Nataraja: Clear Moon – Purple		Ashtami
				Ashtami* Until 11:19PM	Karttika•Aipasi	Devaloka Day		
D	Sunday, November 10, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 209	
	Retreat Star		Gulika	3:44PM – 5:00PM	Dhanishtha Until 11:32AM	Ganesha: Clear	Sunrise: 8:02AM	Krodhin 5126
	Kumbha Rasi: 3.27	Tithi 9	Yama	1:10PM – 2:27PM	Dhruva Until 2:13AM Mon	Muruga: Orange	Sunset: 6:17PM	Moon 10 - Phase 28 - 23
	Routine Work	Marana Yoga	794577574	Rahu	5:00PM – 6:17PM Balava Until 10:32AM	Nataraja: Clear Moon – Purple		Navami
				Navami* Until 9:35PM	Karttika•Aipasi	Devaloka Day		
				Then Creative Work - Siddha Yoga				

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Monday, November 11, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 210	
	Kumbha Rasi: 17.3	Tithi 10	Gulika	2:27PM – 3:43PM	Shatabhishak Until 10:03AM	Ganesha: Clear	<i>Sunrise:</i> 8:04AM	Krodhin 5126
	Family Home Evening	794587574	Rahu	9:20AM – 10:37AM	Vyaghata* Until 11:06PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 10 - Phase 29 - 24
	Creative Work Siddha Yoga				Taitila Until 8:32AM	Nataraja: Clear		4th Phase
	Until 10:03AM				Dashami Until 7:19PM	Moon – Purple	Devaloka Day	
	Then Routine Work - Marana Yoga					Kartika•Aipasi		
2	Tuesday, November 12, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*Uttaraprosarthapada Nakshatra Harshana Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 211	
	Meena Rasi: 1.53	Tithi 11 – 12	Gulika	1:10PM – 2:26PM	Purvaprosarthapada* Until 8:22AM	Ganesha: Red	<i>Sunrise:</i> 8:05AM	Krodhin 5126
		714587574	Rahu	3:43PM – 4:59PM	Harshana Until 7:39PM	Muruga: Clear	<i>Sunset:</i> 6:16PM	Moon 10 - Phase 29 - 25
	Routine Work Marana Yoga				Vanija Until 6:02AM	Nataraja: Clear		4th Phase
	Until 8:22AM				Ekadashi Until 4:36PM	Moon – Clear	Devaloka Day	
	Then Creative Work - Amrita Yoga					Kartika•Aipasi		
3	Wednesday, November 13, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 212	
	Meena Rasi: 16.34	Tithi 12 – 13	Gulika	11:54AM – 1:10PM	Uttaraprosarthapada Until 6:09AM	Ganesha: Red	<i>Sunrise:</i> 8:06AM	Krodhin 5126
		714587574	Rahu	1:10PM – 2:26PM	Vajra* Until 3:53PM	Muruga: Clear	<i>Sunset:</i> 6:15PM	Moon 10 - Phase 29 - 26
	Creative Work Siddha Yoga				Kaulava Until 11:54PM	Nataraja: Clear		4th Phase
	Until 8:09AM				Dvadashi Until 1:31PM	Moon – Clear	Devaloka Day	
	Then Routine Work - Marana Yoga					Kartika•Aipasi		
4	Thursday, November 14, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 213	
	Mesha Rasi: 1.27	Tithi 13 – 14	Gulika	10:39AM – 11:55AM	Ashvini Until 1:01AM Fri	Ganesha: Blue	<i>Sunrise:</i> 8:07AM	Krodhin 5126
		724587574	Rahu	2:26PM – 3:42PM	Siddhi Until 11:58AM	Muruga: Clear	<i>Sunset:</i> 6:14PM	Moon 10 - Phase 29 - 27
	Creative Work Amrita Yoga				Gara Until 8:32PM	Nataraja: Clear		4th Phase
	Until 1:01AM Fri				Trayodashi Until 10:13AM	Moon – White	Bhuloka Day	
	Then Creative Work - Siddha Yoga					Kartika•Aipasi	Devaloka Time: 3:PM to 6:PM	
	Friday, November 15, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sutra 214	
	Copper Retreat Star		Gulika	9:24AM – 10:39AM	Bharani Until 10:24PM	Ganesha: Blue	<i>Sunrise:</i> 8:08AM	Krodhin 5126
	Mesha Rasi: 16.26	Tithi 14 – 15	Rahu	11:55AM – 1:11PM	Vyatipata* Until 7:59AM	Muruga: Clear	<i>Sunset:</i> 6:13PM	Moon 10 - Phase 29 - Purnima
	Creative Work Siddha Yoga				Bava Until 3:29AM Sat	Nataraja: Clear		
					Chaturdashi* Until 6:49AM	Moon – White	Bhuloka Day	
						Kartika•Aipasi	Devaloka Time: 3:PM to 6:PM	
	Saturday, November 16, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 215	
	Silver Retreat Star		Gulika	8:09AM – 9:24AM	Krittika Until 7:50PM	Ganesha: Blue	<i>Sunrise:</i> 8:09AM	Krodhin 5126
	Vrishabha Rasi: 1.22	Tithi 16	Rahu	10:40AM – 11:55AM	Parigha* Until 12:17AM Sun	Muruga: Clear	<i>Sunset:</i> 6:13PM	Moon 10 - Phase 29 - Prathama
	Creative Work Amrita Yoga				Balava Until 1:54PM	Nataraja: Clear		
					Prathama* Until 12:22AM Sun	Moon – White	Bhuloka Day	
	Vinayaga Viratam Begins					Kartika•Kartikai	Devaloka Time: 3:PM to 6:PM	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

**Sunday, November 17, 2024****Gold Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Vrishabha Rasi: 16.07 Tithi 17

735587575

Gulika
Yama**3:41PM – 4:57PM****1:11PM – 2:26PM****Rahu****4:57PM – 6:12PM****Rohini Until 5:53PM**

Shiva Until 8:51PM

Taitila Until 10:58AM

Dvitiya Until 9:38PM**Ganesha: Red**

Sunrise: 8:10AM

Muruga: Clear

Sunset: 6:12PM

Nataraja: Purple

Moon – Yellow

Karttika•Karttikai

Krodhin 5126

Moon 11 - Phase 30 -

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1**Monday, November 18, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Trityayam Titau

Dushanbe, Tajikistan

Mithuna Rasi: 0.34 Tithi 18

735587575

Gulika
Yama**2:26PM – 3:41PM****11:56AM – 1:11PM****Rahu****9:26AM – 10:41AM****Mrigashira Until 4:19PM**

Siddha Until 5:51PM

Vanija Until 8:30AM

Tritiya Until 7:28PM**Ganesha: Red**

Sunrise: 8:11AM

Muruga: Clear

Sunset: 6:11PM

Nataraja: Purple

Moon – Yellow

Karttika•Karttikai

Krodhin 5126

Moon 11 - Phase 30 - 1

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 4:19PM

Then Creative Work - Siddha Yoga

2**Tuesday, November 19, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Mithuna Rasi: 15 Tithi 19 – 20

735587575

Gulika
Yama**1:11PM – 2:26PM****10:42AM – 11:57AM****Rahu****3:41PM – 4:56PM****Ardra Until 3:17PM**

Sadhya Until 3:24PM

Bava Until 6:39AM

Chaturthi* Until 5:59PM**Ganesha: Red**

Sunrise: 8:12AM

Muruga: Clear

Sunset: 6:11PM

Nataraja: Purple

Moon – Yellow

Karttika•Karttikai

Krodhin 5126

Moon 11 - Phase 30 - 2

1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 3:17PM

Then Creative Work - Siddha Yoga

3**Wednesday, November 20, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashtyam Titau

Dushanbe, Tajikistan

Mithuna Rasi: 28.11 Tithi 20 – 21

745587575

Gulika
Yama**11:57AM – 1:12PM****9:28AM – 10:42AM****Rahu****1:12PM – 2:26PM****Punarvasu Until 3:19PM**

Subha Until 1:37PM

Gara Until 5:20AM Thu

Panchami Until 5:20PM**Ganesha: Green**

Sunrise: 8:13AM

Muruga: Clear

Sunset: 6:10PM

Nataraja: Purple

Moon – Blue

Karttika•Karttikai

Krodhin 5126

Moon 11 - Phase 30 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

4**Thursday, November 21, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Shashtthi/Saptamyam Titau

Dushanbe, Tajikistan

Kataka Rasi: 11.17 Tithi 21 – 22

745587575

Gulika
Yama**10:43AM – 11:58AM****8:14AM – 9:29AM****Rahu****2:26PM – 3:41PM****Pushya Until 4:03PM**

Sukla Until 12:28PM

Visti Until 6:00AM Fri

Shashtthi* Until 5:32PM**Ganesha: Green**

Sunrise: 8:14AM

Muruga: Clear

Sunset: 6:09PM

Nataraja: Purple

Moon – Blue

Karttika•Karttikai

Krodhin 5126

Moon 11 - Phase 30 - 4

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 4:03PM

Then Creative Work - Siddha Yoga

5**Friday, November 22, 2024**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Kataka Rasi: 23.59 Tithi 22

745587575

Gulika
Yama**9:30AM – 10:44AM****3:41PM – 4:55PM****Rahu****11:58AM – 1:12PM****Ashlesha* Until 5:27PM**

Brahma Until 12:00PM

Bava Until 6:00AM

Saptami Until 6:37PM**Ganesha: Green**

Sunrise: 8:15AM

Muruga: Clear

Sunset: 6:09PM

Nataraja: Purple

Moon – Blue

Karttika•Karttikai

Krodhin 5126

Moon 11 - Phase 30 - 5

1st Phase

Devaloka Day

Routine Work Marana Yoga

D**Saturday, November 23, 2024****Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Simha Rasi: 6.19 Tithi 23

755587575

Gulika
Yama**8:16AM – 9:30AM****2:26PM – 3:40PM****Rahu****10:44AM – 11:58AM****Magha* Until 7:55PM**

Indra Until 12:09PM

Balava Until 7:28AM

Ashtami* Until 8:26PM**Ganesha: Orange**

Sunrise: 8:16AM

Muruga: Clear

Sunset: 6:08PM

Nataraja: Purple

Moon – Red

Karttika•Karttikai

Krodhin 5126

Moon 11 - Phase 30 - 6

Ashtami

Sivaloka Day

Creative Work Amrita Yoga

Until 7:55PM

Then Creative Work - Siddha Yoga

Sunday, November 24, 2024**Retreat Star**Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Simha Rasi: 18.22 Tithi 24

756587575

Gulika
Yama**3:40PM – 4:54PM****1:13PM – 2:27PM****Rahu****4:54PM – 6:08PM****Purvaphalguni Until 10:45PM**

Vaidhriti* Until 12:44PM

Taitila Until 9:36AM

Navami* Until 10:50PM**Ganesha: Clear**

Sunrise: 8:18AM

Muruga: Clear

Sunset: 6:08PM

Nataraja: Purple

Moon – Red

Karttika•Karttikai

Krodhin 5126

Moon 11 - Phase 30 - 7

Navami

Sivaloka Day

Creative Work Siddha Yoga

Until 10:45PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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1	Monday, November 25, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Dashamyam Titau					Dushanbe, Tajikistan Sun 8 Sutra 224 Krodhin 5126	
	Kanya Rasi: 0.14	Tithi 25	Gulika	2:27PM – 3:40PM	Uttaraphalguni Until 1:42AM Tue	Ganesha: Clear	Sunrise: 8:19AM		
	Family Home Evening	756587575	Yama	11:59AM – 1:13PM	Vishkambha* Until 1:39PM	Muruga: Clear	Sunset: 6:08PM	Moon 11 - Phase 31 - 8	2nd Phase
	Creative Work	Siddha Yoga	Rahu	9:32AM – 10:46AM	Vanija Until 12:11PM	Nataraja: Purple			
				Dashami Until 1:32AM Tue		Moon – Red		Sivaloka Day	
						Karttika•Karttikai			
2	Tuesday, November 26, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ekadashyam Titau					Dushanbe, Tajikistan Sun 9 Sutra 225 Krodhin 5126	
	Kanya Rasi: 12.01	Tithi 26	Gulika	1:13PM – 2:27PM	Hasta Until 5:04AM Wed	Ganesha: Purple	Sunrise: 8:20AM		
		766587575	Yama	10:47AM – 12:00PM	Priti Until 2:42PM	Muruga: Clear	Sunset: 6:07PM	Moon 11 - Phase 31 - 9	2nd Phase
	Creative Work	Siddha Yoga	Rahu	3:40PM – 4:54PM	Bava Until 2:57PM	Nataraja: Purple			
				Ekadashi* Until 4:19AM Wed		Moon – Green		Devaloka Day	
						Karttika•Karttikai			
3	Wednesday, November 27, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau					Dushanbe, Tajikistan Sun 10 Sutra 226 Krodhin 5126	
	Kanya Rasi: 23.47	Tithi 27	Gulika	12:00PM – 1:14PM	Chitra Until 8:06AM Thu	Ganesha: Purple	Sunrise: 8:21AM		
		766587575	Yama	9:34AM – 10:47AM	Ayushman Until 3:41PM	Muruga: Clear	Sunset: 6:07PM	Moon 11 - Phase 31 - 10	2nd Phase
	Creative Work	Siddha Yoga	Rahu	1:14PM – 2:27PM	Kaulava Until 5:40PM	Nataraja: Purple			
	Until 8:06AM Thu				Dvadashi* Until 6:55AM Thu	Moon – Green		Devaloka Day	
	Then Creative Work - Amrita Yoga					Karttika•Karttikai			
4	Thursday, November 28, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau					Dushanbe, Tajikistan Sun 11 Sutra 227 Krodhin 5126	
	Tula Rasi: 5.37	Tithi 27 – 28	Gulika	10:48AM – 12:01PM	Chitra Until 8:06AM	Ganesha: Purple	Sunrise: 8:22AM		
		766587575	Yama	8:22AM – 9:35AM	Saubhagya Until 4:30PM	Muruga: Clear	Sunset: 6:07PM	Moon 11 - Phase 31 - 11	2nd Phase
	Creative Work	Siddha Yoga	Rahu	2:27PM – 3:40PM	Gara Until 8:08PM	Nataraja: Purple			
	Until 8:06AM				Dvadashi* Until 6:55AM	Moon – Green		Devaloka Day	
	Then Creative Work - Amrita Yoga					Karttika•Karttikai			
					Pradosha Vrata (Fasting)				
5	Friday, November 29, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Dushanbe, Tajikistan Sun 12 Sutra 228 Krodhin 5126	
	Tula Rasi: 17.35	Tithi 28 – 29	Gulika	9:36AM – 10:49AM	Svati Until 10:38AM	Ganesha: Purple	Sunrise: 8:23AM		
		766587575	Yama	3:40PM – 4:53PM	Sobhana Until 5:03PM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 31 - 12	2nd Phase
	Creative Work	Siddha Yoga	Rahu	12:01PM – 1:14PM	Visti Until 10:11PM	Nataraja: Purple			
				Trayodashi* Until 9:12AM		Moon – Green		Devaloka Day	
						Karttika•Karttikai			
	Saturday, November 30, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Dushanbe, Tajikistan Sun 13 Sutra 229 Krodhin 5126	
	Retreat Star		Gulika	8:24AM – 9:36AM	Vishakha Until 1:04PM	Ganesha: Light Blue	Sunrise: 8:24AM		
	Tula Rasi: 29.43	Tithi 29 – 30	Yama	2:28PM – 3:40PM	Athiganda* Until 5:13PM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 31 - 13	Amavasya
		776587575	Rahu	10:49AM – 12:02PM	Catuspada Until 11:46PM	Nataraja: Purple			
	Creative Work	Siddha Yoga			Chaturdashi* Until 11:01AM	Moon – Orange		Devaloka Day	
						Karttika•Karttikai			
	Sunday, December 1, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau					Dushanbe, Tajikistan Sun 14 Sutra 230 Krodhin 5126	
	Retreat Star		Gulika	3:41PM – 4:53PM	Anuradha Until 2:53PM	Ganesha: Light Blue	Sunrise: 8:25AM		
	Vrischika Rasi: 12.02	Tithi 30 – 1	Yama	1:15PM – 2:28PM	Sukarma Until 5:01PM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 31 - 14	Prathama
		776587575	Rahu	4:53PM – 6:06PM	Kintughna Until 12:52AM Mon	Nataraja: Purple			
	Routine Work	Marana Yoga			Amavasya* Until 12:21PM	Moon – Orange		Devaloka Day	
						Margasira•Karttikai			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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1	Monday, December 2, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 231	
	Vrischika Rasi: 24.35	Tithi 1 – 2	Gulika 2:28PM – 3:41PM	Jyeshtha* Until 4:04PM	Ganesha: Orange	Sunrise: 8:25AM	Krodhin 5126	
	Family Home Evening	777587575	Yama 12:03PM – 1:16PM	Dhriti Until 4:29PM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 32 - 15	
	Creative Work	Siddha Yoga	Rahu 9:38AM – 10:51AM	Balava Until 1:30AM Tue	Nataraja: Purple		3rd Phase	
				Prathama* Until 1:13PM	Moon – Orange		Sivaloka Day	
					Margasira*Karttikai			
2	Tuesday, December 3, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 232	
	Dhanus Rasi: 7.2	Tithi 2 – 3	Gulika 1:16PM – 2:28PM	Mula* Until 5:09PM	Ganesha: Purple	Sunrise: 8:26AM	Krodhin 5126	
			Yama 10:51AM – 12:04PM	Shula* Until 3:35PM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 32 - 16	
	Creative Work	Amrita Yoga	Rahu 3:41PM – 4:53PM	Taitila Until 1:42AM Wed	Nataraja: Purple		3rd Phase	
	Until 5:09PM			Dvitiya Until 1:38PM	Moon – Light Blue		Devaloka Day	
	Then Creative Work - Siddha Yoga				Margasira*Karttikai			
3	Wednesday, December 4, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 233	
	Dhanus Rasi: 20.17	Tithi 3 – 4	Gulika 12:04PM – 1:16PM	Purvashadha* Until 5:42PM	Ganesha: Purple	Sunrise: 8:27AM	Krodhin 5126	
			Yama 9:40AM – 10:52AM	Ganda* Until 2:23PM	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 32 - 17	
	Creative Work	Amrita Yoga	Rahu 1:16PM – 2:29PM	Vanija Until 1:32AM Thu	Nataraja: Purple		3rd Phase	
				Tritiya Until 1:38PM	Moon – Light Blue		Devaloka Day	
					Margasira*Karttikai			
4	Thursday, December 5, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 234	
	Makara Rasi: 3.25	Tithi 4 – 5	Gulika 10:53AM – 12:05PM	Uttarashadha Until 5:45PM	Ganesha: Purple	Sunrise: 8:28AM	Krodhin 5126	
			Yama 8:28AM – 9:40AM	Vridhi Until 12:55PM	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 32 - 18	
	Routine Work	Marana Yoga	Rahu 2:29PM – 3:41PM	Bava Until 1:01AM Fri	Nataraja: Purple		3rd Phase	
	Until 5:45PM			Chaturthi* Until 1:18PM	Moon – Light Blue		Devaloka Day	
	Then Creative Work - Siddha Yoga				Margasira*Karttikai			
5	Friday, December 6, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 235	
	Makara Rasi: 16.43	Tithi 5 – 6	Gulika 9:41AM – 10:53AM	Shravana Until 5:46PM	Ganesha: Clear	Sunrise: 8:29AM	Krodhin 5126	
			Yama 3:41PM – 4:53PM	Dhruva Until 11:10AM	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 32 - 19	
	Routine Work	Marana Yoga	Rahu 12:05PM – 1:17PM	Kaulava Until 12:10AM Sat	Nataraja: Purple		3rd Phase	
	Until 5:46PM			Panchami Until 12:37PM	Moon – Purple		Sivaloka Day	
	Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends		Margasira*Karttikai			
6	Saturday, December 7, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 236	
	Kumbha Rasi: 0.13	Tithi 6 – 7	Gulika 8:30AM – 9:42AM	Dhanishtha Until 5:20PM	Ganesha: Clear	Sunrise: 8:30AM	Krodhin 5126	
			Yama 2:30PM – 3:42PM	Vyaghata* Until 9:11AM	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 32 - 20	
	Creative Work	Siddha Yoga	Rahu 10:54AM – 12:06PM	Gara Until 11:00PM	Nataraja: Purple		3rd Phase	
	Until 5:20PM			Shashthi* Until 11:36AM	Moon – Purple		Sivaloka Day	
	Then Creative Work - Amrita Yoga				Margasira*Karttikai			
D	Sunday, December 8, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 237	
	Retreat Star		Gulika 3:42PM – 4:54PM	Shatabhishak Until 4:25PM	Ganesha: Purple	Sunrise: 8:31AM	Krodhin 5126	
	Kumbha Rasi: 13.54	Tithi 7 – 8	Yama 1:18PM – 2:30PM	Harshana Until 6:56AM	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 32 - 21	
	Creative Work	Siddha Yoga	Rahu 4:54PM – 6:05PM	Visti Until 9:29PM	Nataraja: Purple		Ashtami	
				Saptami Until 10:16AM	Moon – Purple		Subha Sivaloka Day	
					Margasira*Karttikai			
Monday, December 9, 2024	Retreat Star		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 238	
	Kumbha Rasi: 27.47	Tithi 8 – 9	Gulika 2:30PM – 3:42PM	Purvaprosarthapada* Until 3:27PM	Ganesha: Blue	Sunrise: 8:32AM	Krodhin 5126	
	Family Home Evening	718687575	Yama 12:07PM – 1:19PM	Siddhi Until 1:36AM Tue	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 32 - 22	
	Routine Work	Marana Yoga	Rahu 9:43AM – 10:55AM	Balava Until 7:38PM	Nataraja: Purple		Navami	
	Until 3:27PM			Ashtami* Until 8:35AM	Moon – Clear		Subha Sivaloka Day	
	Then Creative Work - Siddha Yoga				Margasira*Karttikai			

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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1	Tuesday, December 10, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Kaulava/Gara Karana Navami/Dashmyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 239	
	Meena Rasi: 11.53	Tithi 9 – 10	Gulika Yama	1:19PM – 2:31PM 10:56AM – 12:07PM	Uttaraproshtapada Until 2:01PM Vyatipata* Until 10:33PM	Ganesha: Blue Muruga: Clear	<i>Sunrise:</i> 8:32AM <i>Sunset:</i> 6:06PM	Krodhin 5126 Moon 11 - Phase 33 - 23
		718687575	Rahu	3:42PM – 4:54PM	Gara Until 4:15AM Wed	Nataraja: Purple Moon – Clear		4th Phase
	Creative Work	Amrita Yoga			Navami* Until 6:34AM	Margasira*Karttikai	Subha Sivaloka Day	
	Until 2:01PM							
	Then Creative Work - Siddha Yoga							
2	Wednesday, December 11, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 240	
	Meena Rasi: 26.12	Tithi 11	Gulika Yama	12:08PM – 1:20PM 9:45AM – 10:56AM	Revati Until 12:10PM Variyan Until 7:17PM	Ganesha: Blue Muruga: Clear	<i>Sunrise:</i> 8:33AM <i>Sunset:</i> 6:06PM	Krodhin 5126 Moon 11 - Phase 33 - 24
		718687575	Rahu	1:20PM – 2:31PM	Vanija Until 3:00PM	Nataraja: Purple Moon – Clear		4th Phase
	Routine Work	Marana Yoga			Ekadashi Until 1:41AM Thu	Margasira*Karttikai	Subha Sivaloka Day	
			Gita Jayanthi					
3	Thursday, December 12, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 241	
	Mesha Rasi: 10.4	Tithi 12	Gulika Yama	10:57AM – 12:09PM 8:34AM – 9:46AM	Ashvini Until 10:22AM Parigha* Until 3:52PM	Ganesha: Yellow Muruga: Clear	<i>Sunrise:</i> 8:34AM <i>Sunset:</i> 6:06PM	Krodhin 5126 Moon 11 - Phase 33 - 25
		728687575	Rahu	2:32PM – 3:43PM	Bava Until 12:21PM	Nataraja: Purple Moon – White		4th Phase
	Creative Work	Amrita Yoga			Dvadashi Until 10:57PM	Margasira*Karttikai	Sivaloka Day	
	Until 10:22AM							
	Then Creative Work - Siddha Yoga							
4	Friday, December 13, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 242	
	Mesha Rasi: 25.14	Tithi 13	Gulika Yama	9:46AM – 10:58AM 3:43PM – 4:55PM	Bharani Until 8:19AM Shiva Until 12:23PM	Ganesha: Yellow Muruga: Clear	<i>Sunrise:</i> 8:35AM <i>Sunset:</i> 6:06PM	Krodhin 5126 Moon 11 - Phase 33 - 26
		728687575	Rahu	12:09PM – 1:20PM	Kaulava Until 9:35AM	Nataraja: Purple Moon – White		4th Phase
	Creative Work	Siddha Yoga			Trayodashi Until 8:10PM	Margasira*Karttikai	Sivaloka Day	
			Krittika Deepam		<i>Pradosha Vrata</i>			
5	Saturday, December 14, 2024		Krodhin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sun 27 Sutra 243	
	Vrishabha Rasi: 9.49	Tithi 14 – 15	Gulika Yama	8:35AM – 9:47AM 2:32PM – 3:44PM	Krittika Until 6:09AM Siddha Until 8:55AM	Ganesha: Yellow Muruga: Clear	<i>Sunrise:</i> 8:35AM <i>Sunset:</i> 6:06PM	Krodhin 5126 Moon 11 - Phase 33 - 27
		728687575	Rahu	10:58AM – 12:10PM	Gara Until 6:50AM	Nataraja: Purple Moon – White		4th Phase
	Creative Work	Amrita Yoga			Chaturdashi* Until 5:29PM	Margasira*Karttikai	Sivaloka Day	
	Sunday, December 15, 2024		Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sutra 244	
	Vrishabha Rasi: 24.17	Tithi 15 – 16	Gulika Yama	3:44PM – 4:55PM 1:21PM – 2:33PM	Mrigashira Until 2:49AM Mon Subha Until 2:32AM Mon	Ganesha: Clear Muruga: Clear	<i>Sunrise:</i> 8:36AM <i>Sunset:</i> 6:07PM	Krodhin 5126 Moon 11 - Phase 33 - Purnima
		739687575	Rahu	4:55PM – 6:07PM	Balava Until 1:57AM Mon	Nataraja: Purple Moon – Yellow		
	Creative Work	Siddha Yoga			Purnima* Until 3:02PM	Margasira*Markali	Sivaloka Day	
			Markali Pillaiyar					
Monday, December 16, 2024	Silver Retreat Star		Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sutra 245	
	Mithuna Rasi: 8.32	Tithi 16 – 17	Gulika Yama	2:33PM – 3:45PM 12:11PM – 1:22PM	Ardra Until 1:34AM Tue Sukla Until 11:50PM	Ganesha: White Muruga: Clear	<i>Sunrise:</i> 8:37AM <i>Sunset:</i> 6:07PM	Krodhin 5126 Moon 11 - Phase 33 - Prathama
	Family Home Evening	839687575	Rahu	9:48AM – 10:59AM	Taitila Until 12:08AM Tue	Nataraja: Purple Moon – Yellow		
	Creative Work	Siddha Yoga			Prathama* Until 12:58PM	Margasira*Markali	Devaloka Day	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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**Tuesday, December 17, 2024****Gold Retreat Star**Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 246

Krodhin 5126

Mithuna Rasi: 22.27 Tithi 17 – 18

Gulika 1:22PM – 2:34PM

Yama 11:00AM – 12:11PM

849687575 **Rahu** 3:45PM – 4:56PM

Creative Work Siddha Yoga

Punarvasu Until 1:12AM Wed

Brahma Until 9:38PM

Vanija Until 10:57PM

Dvitiya Until 11:26AM**Ganesha:** Clear **Sunrise:** 8:37AM**Muruga:** Clear **Sunset:** 6:07PM**Nataraja:** Purple

Moon – Blue

Margasira*Markali**Sivaloka Day****1****Wednesday, December 18, 2024**Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 247

Krodhin 5126

Kataka Rasi: 5.59 Tithi 18 – 19

Gulika 12:12PM – 1:23PM

Yama 9:49AM – 11:01AM

849687575 **Rahu** 1:23PM – 2:34PM

Creative Work Siddha Yoga

Pushya Until 1:26AM Thu

Indra Until 8:02PM

Bava Until 10:29PM

Tritiya Until 10:36AM**Ganesha:** Clear **Sunrise:** 8:38AM**Muruga:** Clear **Sunset:** 6:08PM**Nataraja:** Purple

Moon – Blue

Margasira*Markali**Sivaloka Day****2****Thursday, December 19, 2024**Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 248

Krodhin 5126

Kataka Rasi: 19.07 Tithi 19 – 20

Gulika 11:01AM – 12:12PM

Yama 8:39AM – 9:50AM

849687575 **Rahu** 2:35PM – 3:46PM

Creative Work Siddha Yoga

Until 2:18AM Fri

Then Routine Work - Marana Yoga

Ashlesha* Until 2:18AM Fri

Vaidhriti* Until 7:01PM

Kaulava Until 10:50PM

Chaturthi* Until 10:32AM**Ganesha:** Clear **Sunrise:** 8:39AM**Muruga:** Clear **Sunset:** 6:08PM**Nataraja:** Purple

Moon – Blue

Margasira*Markali**Sivaloka Day****3****Friday, December 20, 2024**Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 249

Krodhin 5126

Simha Rasi: 1.5 Tithi 20 – 21

Gulika 9:50AM – 11:02AM

Yama 3:46PM – 4:58PM

859687575 **Rahu** 12:13PM – 1:24PM

Routine Work Marana Yoga

Until 4:15AM Sat

Then Creative Work - Siddha Yoga

Magha* Until 4:15AM Sat

Vishkambha* Until 6:38PM

Gara Until 12:01AM Sat

Panchami Until 11:18AM**Ganesha:** Purple **Sunrise:** 8:39AM**Muruga:** Clear **Sunset:** 6:09PM**Nataraja:** Purple

Moon – Red

Margasira*Markali**Devaloka Day****4****Saturday, December 21, 2024**Krodhin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 250

Krodhin 5126

Simha Rasi: 14.13 Tithi 21 – 22

Gulika 8:40AM – 9:51AM

Yama 2:36PM – 3:47PM

859687575 **Rahu** 11:02AM – 12:13PM

Creative Work Siddha Yoga

Until 6:43AM Sun

Then Creative Work - Amrita Yoga

Day 1 of Pancha Ganapati**Purvaphalguni Until 6:43AM Sun**

Priti Until 6:51PM

Visti Until 1:54AM Sun

Shashthi* Until 12:51PM**Ganesha:** Purple **Sunrise:** 8:40AM**Muruga:** Clear **Sunset:** 6:09PM**Nataraja:** Purple

Moon – Red

Margasira*Markali**Devaloka Day****5****Sunday, December 22, 2024**Krodhin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 251

Krodhin 5126

Simha Rasi: 26.18 Tithi 22 – 23

Gulika 3:47PM – 4:59PM

Yama 1:25PM – 2:36PM

859687575 **Rahu** 4:59PM – 6:10PM

Creative Work Siddha Yoga

Until 6:43AM

Then Creative Work - Amrita Yoga

Day 2 of Pancha Ganapati**Purvaphalguni Until 6:43AM**

Ayushman Until 7:28PM

Balava Until 4:20AM Mon

Saptami Until 3:03PM**Ganesha:** Purple **Sunrise:** 8:40AM**Muruga:** Clear **Sunset:** 6:10PM**Nataraja:** Purple

Moon – Red

Margasira*Markali**Devaloka Day****D****Monday, December 23, 2024****Retreat Star**Krodhin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 252

Krodhin 5126

Kanya Rasi: 8.11 Tithi 23 – 24

Gulika 2:37PM – 3:48PM

Yama 12:14PM – 1:25PM

851687575 **Rahu** 9:52AM – 11:03AM

Creative Work Siddha Yoga

Day 3 of Pancha Ganapati**Uttaraphalguni Until 9:28AM**

Saubhagya Until 8:23PM

Taitila Until 7:03AM Tue

Ashtami* Until 5:39PM**Ganesha:** White **Sunrise:** 8:41AM**Muruga:** Clear **Sunset:** 6:10PM**Nataraja:** Purple

Moon – Red

Margasira*Markali**Devaloka Day****Tuesday, December 24, 2024****Retreat Star**Krodhin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 253

Krodhin 5126

Kanya Rasi: 19.59 Tithi 24

Gulika 1:26PM – 2:37PM

Yama 11:04AM – 12:15PM

861687575 **Rahu** 3:48PM – 5:00PM

Creative Work Siddha Yoga

Day 4 of Pancha Ganapati**Hasta Until 12:47PM**

Sobhana Until 9:23PM

Taitila Until 7:03AM

Navami* Until 8:24PM**Ganesha:** Yellow **Sunrise:** 8:41AM**Muruga:** Clear **Sunset:** 6:11PM**Nataraja:** Purple

Moon – Green

Margasira*Markali**Sivaloka Day**

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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1	Wednesday, December 25, 2024		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 254	
	Tula Rasi: 1.47	Tithi 25	Gulika Yama	12:15PM – 1:26PM 9:53AM – 11:04AM	Chitra Until 3:52PM Athiganda* Until 10:15PM	Ganesha: Yellow Muruga: Clear	Sunrise: 8:41AM Sunset: 6:12PM	Krodhin 5126 Moon 12 - Phase 35 - 9
	861687575		Rahu	1:26PM – 2:38PM	Vanija Until 9:46AM	Nataraja: Purple Moon – Green		2nd Phase
	Creative Work	Siddha Yoga	Day 5 of Pancha Ganapati		Dashami Until 11:01PM	Margasira*Markali	Sivaloka Day	
2	Thursday, December 26, 2024		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Sukarma Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 255	
	Tula Rasi: 13.4	Tithi 26	Gulika Yama	11:04AM – 12:16PM 8:42AM – 9:53AM	Svati Until 6:29PM Sukarma Until 10:52PM	Ganesha: Yellow Muruga: Clear	Sunrise: 8:42AM Sunset: 6:12PM	Krodhin 5126 Moon 12 - Phase 35 - 10
	861687576		Rahu	2:38PM – 3:50PM	Bava Until 12:13PM	Nataraja: Clear Moon – Green		2nd Phase
	Creative Work	Amrita Yoga			Ekadashi* Until 1:15AM Fri	Margasira*Markali	Devaloka Day	
Until 6:29PM		Then Creative Work - Siddha Yoga						
3	Friday, December 27, 2024		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 256	
	Tula Rasi: 25.42	Tithi 27	Gulika Yama	9:53AM – 11:05AM 3:50PM – 5:02PM	Vishakha Until 8:58PM Dhriti Until 11:06PM	Ganesha: Blue Muruga: Clear	Sunrise: 8:42AM Sunset: 6:13PM	Krodhin 5126 Moon 12 - Phase 35 - 11
	871687576		Rahu	12:16PM – 1:27PM	Kaulava Until 2:12PM	Nataraja: Clear Moon – Orange		2nd Phase
	Creative Work	Siddha Yoga			Dvadashi* Until 2:58AM Sat	Margasira*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
4	Saturday, December 28, 2024		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 257	
	Vrischika Rasi: 7.58	Tithi 28	Gulika Yama	8:42AM – 9:54AM 2:39PM – 3:51PM	Anuradha Until 10:43PM Shula* Until 10:52PM	Ganesha: Red Muruga: Clear	Sunrise: 8:42AM Sunset: 6:14PM	Krodhin 5126 Moon 12 - Phase 35 - 12
	871787576		Rahu	11:05AM – 12:17PM	Gara Until 3:37PM	Nataraja: Clear Moon – Orange		2nd Phase
	Creative Work	Siddha Yoga			Trayodashi* Until 4:04AM Sun	Margasira*Markali	Devaloka Day	
		Pradosha Vrata (Fasting)						
5	Sunday, December 29, 2024		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 258	
	Vrischika Rasi: 20.29	Tithi 29	Gulika Yama	3:51PM – 5:03PM 1:28PM – 2:40PM	Jyeshtha* Until 11:42PM Ganda* Until 10:10PM	Ganesha: Red Muruga: Clear	Sunrise: 8:43AM Sunset: 6:14PM	Krodhin 5126 Moon 12 - Phase 35 - 13
	871787576		Rahu	5:03PM – 6:14PM	Visti Until 4:24PM	Nataraja: Clear Moon – Orange		2nd Phase
	Routine Work	Marana Yoga			Chaturdashi* Until 4:33AM Mon	Margasira*Markali	Devaloka Day	
Until 11:42PM		Then Creative Work - Amrita Yoga						
	Monday, December 30, 2024		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Vriddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 259	
	Retreat Star		Gulika Yama	2:40PM – 3:52PM 12:17PM – 1:29PM	Mula* Until 12:27AM Tue Vriddhi Until 9:02PM	Ganesha: Yellow Muruga: Clear	Sunrise: 8:43AM Sunset: 6:15PM	Krodhin 5126 Moon 12 - Phase 35 - 14
	Dhanus Rasi: 3.17	Tithi 30			Catuspada Until 4:35PM	Nataraja: Clear Moon – Light Blue		Amavasya
	Family Home Evening	881787576	Rahu	9:54AM – 11:06AM	Amavasya* Until 4:27AM Tue	Margasira*Markali	Devaloka Day	
Creative Work	Siddha Yoga	Hanumath Jayanthi (Tamil Nadu)						
	Tuesday, December 31, 2024		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 260	
	Retreat Star		Gulika Yama	1:29PM – 2:41PM 11:06AM – 12:18PM	Purvashadha* Until 12:32AM Wed Dhruva Until 7:27PM	Ganesha: Yellow Muruga: Clear	Sunrise: 8:43AM Sunset: 6:16PM	Krodhin 5126 Moon 12 - Phase 35 - 15
	Dhanus Rasi: 16.22	Tithi 1			Kintughna Until 4:14PM	Nataraja: Clear Moon – Light Blue		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 3:52AM Wed	Pausha*Markali	Devaloka Day	
Until 12:32AM Wed		Then Creative Work - Amrita Yoga						

1	Wednesday, January 1, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 261	
	Dhanus Rasi: 29.43	Tithi 2	Gulika Yama	12:18PM – 1:29PM 9:55AM – 11:06AM	Uttarashadha Until 12:05AM Thu Vyaghata* Until 5:34PM	Ganesha: Yellow Muruga: Clear	Sunrise: 8:43AM Sunset: 6:16PM	Krodhin 5126 Moon 12 - Phase 36 - 16
		881787576	Rahu	1:29PM – 2:41PM	Balava Until 3:26PM	Nataraja: Clear Moon – Light Blue		3rd Phase
	Creative Work Amrita Yoga Until 12:05AM Thu Then Creative Work - Siddha Yoga				Dvitiya Until 2:53AM Thu	Pausha*Markali	Devaloka Day	
2	Thursday, January 2, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 262	
	Makara Rasi: 13.16	Tithi 3	Gulika Yama	11:07AM – 12:18PM 8:43AM – 9:55AM	Shravana Until 11:38PM Harshana Until 3:26PM	Ganesha: Blue Muruga: Clear	Sunrise: 8:43AM Sunset: 6:17PM	Krodhin 5126 Moon 12 - Phase 36 - 17
		892787576	Rahu	2:42PM – 3:53PM	Taitila Until 2:18PM	Nataraja: Clear Moon – Purple		3rd Phase
	Creative Work Siddha Yoga				Tritiya Until 1:37AM Fri	Pausha*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
3	Friday, January 3, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Chaturthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 263	
	Makara Rasi: 26.58	Tithi 4	Gulika Yama	9:55AM – 11:07AM 3:54PM – 5:06PM	Dhanishtha Until 10:49PM Vajra* Until 1:04PM	Ganesha: Blue Muruga: Clear	Sunrise: 8:43AM Sunset: 6:17PM	Krodhin 5126 Moon 12 - Phase 36 - 18
		892787576	Rahu	12:19PM – 1:30PM	Vanija Until 12:55PM	Nataraja: Clear Moon – Purple		3rd Phase
	Creative Work Siddha Yoga				Chaturthi* Until 12:07AM Sat	Pausha*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
4	Saturday, January 4, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 264	
	Kumbha Rasi: 10.49	Tithi 5	Gulika Yama	8:43AM – 9:55AM 2:43PM – 3:55PM	Shatabhishak Until 9:41PM Siddhi Until 10:34AM	Ganesha: Blue Muruga: Clear	Sunrise: 8:43AM Sunset: 6:18PM	Krodhin 5126 Moon 12 - Phase 36 - 19
		892787576	Rahu	11:07AM – 12:19PM	Bava Until 11:20AM	Nataraja: Clear Moon – Purple		3rd Phase
	Creative Work Amrita Yoga Until 9:41PM Then Routine Work - Marana Yoga				Panchami Until 10:29PM	Pausha*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
5	Sunday, January 5, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 265	
	Kumbha Rasi: 24.44	Tithi 6	Gulika Yama	3:55PM – 5:07PM 1:31PM – 2:43PM	Purvaproshtapada* Until 8:45PM Vyatipata* Until 7:59AM	Ganesha: White Muruga: Clear	Sunrise: 8:44AM Sunset: 6:19PM	Krodhin 5126 Moon 12 - Phase 36 - 20
		812787576	Rahu	5:07PM – 6:19PM	Kaulava Until 9:38AM	Nataraja: Clear Moon – Clear		3rd Phase
	Creative Work Siddha Yoga Until 8:45PM Then Creative Work - Amrita Yoga		Subramuniyaswami Jayanti		Shashthi* Until 8:44PM	Pausha*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
6	Monday, January 6, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 266	
	Meena Rasi: 8.43	Tithi 7	Gulika Yama	2:44PM – 3:56PM 12:20PM – 1:32PM	Uttaraproshtapada Until 7:35PM Parigha* Until 2:33AM Tue	Ganesha: White Muruga: Clear	Sunrise: 8:44AM Sunset: 6:20PM	Krodhin 5126 Moon 12 - Phase 36 - 21
	Family Home Evening	812787576	Rahu	9:56AM – 11:08AM	Gara Until 7:50AM	Nataraja: Clear Moon – Clear		3rd Phase
	Creative Work Siddha Yoga				Saptami Until 6:53PM	Pausha*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
D	Tuesday, January 7, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 267	
	Retreat Star		Gulika Yama	1:32PM – 2:44PM 11:08AM – 12:20PM	Revati Until 6:11PM Shiva Until 11:46PM	Ganesha: White Muruga: Clear	Sunrise: 8:44AM Sunset: 6:21PM	Krodhin 5126 Moon 12 - Phase 36 - 22
	Meena Rasi: 22.46	Tithi 8 – 9	Rahu	3:57PM – 5:09PM	Balava Until 3:59AM Wed	Nataraja: Clear Moon – Clear		Ashtami
	Creative Work Siddha Yoga				Ashtami* Until 4:57PM	Pausha*Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
D	Wednesday, January 8, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 268	
	Retreat Star		Gulika Yama	12:20PM – 1:33PM 9:56AM – 11:08AM	Ashvini Until 5:00PM Siddha Until 8:53PM	Ganesha: Clear Muruga: Clear	Sunrise: 8:43AM Sunset: 6:22PM	Krodhin 5126 Moon 12 - Phase 36 - 23
	Mesha Rasi: 6.51	Tithi 9 – 10	Rahu	1:33PM – 2:45PM	Taitila Until 1:58AM Thu	Nataraja: Clear Moon – White		Navami
	Routine Work Marana Yoga Until 5:00PM Then Creative Work - Siddha Yoga				Navami* Until 2:58PM	Pausha*Markali	Devaloka Day	

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

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1	Thursday, January 9, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 269	
	Mesha Rasi: 20.58	Tithi 10 – 11	Gulika 11:08AM – 12:21PM	Bharani Until 3:39PM	Ganesha: Clear	<i>Sunrise:</i> 8:43AM	Krodhin 5126	
			Yama 8:43AM – 9:56AM	Sadhya Until 6:00PM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 12 - Phase 37 - 24	
	822787576	Rahu 2:46PM – 3:58PM		Vanija Until 11:55PM	Nataraja: Clear		4th Phase	
	Creative Work Siddha Yoga		Vaikuntha Ekadasi	Dashami Until 12:55PM	Moon – White		Devaloka Day	
	Until 3:39PM				Pausha*Markali			
	Then Routine Work - Marana Yoga							
2	Friday, January 10, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 270	
	Vrishabha Rasi: 5.07	Tithi 11 – 12	Gulika 9:56AM – 11:08AM	Krittika Until 2:09PM	Ganesha: Clear	<i>Sunrise:</i> 8:43AM	Krodhin 5126	
			Yama 3:59PM – 5:11PM	Subha Until 3:08PM	Muruga: Clear	<i>Sunset:</i> 6:24PM	Moon 12 - Phase 37 - 25	
	822787576	Rahu 12:21PM – 1:34PM		Bava Until 9:54PM	Nataraja: Clear		4th Phase	
	Creative Work Siddha Yoga			Ekadashi Until 10:53AM	Moon – White		Devaloka Day	
	Until 2:09PM				Pausha*Markali			
	Then Routine Work - Marana Yoga							
3	Saturday, January 11, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 271	
	Vrishabha Rasi: 19.13	Tithi 12 – 13	Gulika 8:43AM – 9:56AM	Rohini Until 1:01PM	Ganesha: Purple	<i>Sunrise:</i> 8:43AM	Krodhin 5126	
			Yama 2:47PM – 3:59PM	Sukla Until 12:19PM	Muruga: Clear	<i>Sunset:</i> 6:25PM	Moon 12 - Phase 37 - 26	
	832787576	Rahu 11:09AM – 12:21PM		Kaulava Until 8:00PM	Nataraja: Clear		4th Phase	
	Creative Work Amrita Yoga			Dvadashi Until 8:55AM	Moon – Yellow		Bhuloka Day	
	Until 1:01PM				Pausha*Markali		Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				
4	Sunday, January 12, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 272	
	Mithuna Rasi: 3.13	Tithi 13 – 14	Gulika 4:00PM – 5:13PM	Mrigashira Until 11:55AM	Ganesha: Purple	<i>Sunrise:</i> 8:43AM	Krodhin 5126	
			Yama 1:34PM – 2:47PM	Brahma Until 9:39AM	Muruga: Clear	<i>Sunset:</i> 6:26PM	Moon 12 - Phase 37 - 27	
	832787576	Rahu 5:13PM – 6:26PM		Gara Until 6:19PM	Nataraja: Clear		4th Phase	
	Creative Work Siddha Yoga			Trayodashi Until 7:06AM	Moon – Yellow		Bhuloka Day	
					Pausha*Markali		Devaloka Time: 3:PM to 6:PM	
	Monday, January 13, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 273	
	Copper Retreat Star		Gulika 2:48PM – 4:01PM	Ardra Until 10:59AM	Ganesha: Purple	<i>Sunrise:</i> 8:43AM	Krodhin 5126	
	Mithuna Rasi: 17.04	Tithi 15	Yama 12:22PM – 1:35PM	Indra Until 7:14AM	Muruga: Clear	<i>Sunset:</i> 6:27PM	Moon 12 - Phase 37 -	
	Family Home Evening	832787576	Rahu 9:56AM – 11:09AM	Visti Until 4:58PM	Nataraja: Clear		Purnima	
	Creative Work Siddha Yoga			Purnima* Until 4:27AM Tue	Moon – Yellow		Bhuloka Day	
	Until 10:59AM				Pausha*Markali		Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Amrita Yoga		Ardra Darshanam					
	Tuesday, January 14, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 274	
	Silver Retreat Star		Gulika 1:35PM – 2:48PM	Punarvasu Until 10:45AM	Ganesha: Clear	<i>Sunrise:</i> 8:42AM	Krodhin 5126	
	Kataka Rasi: 0.4	Tithi 16	Yama 11:09AM – 12:22PM	Vishkambha* Until 3:25AM Wed	Muruga: Clear	<i>Sunset:</i> 6:28PM	Moon 12 - Phase 37 -	
	842787576	Rahu 4:01PM – 5:15PM		Balava Until 4:05PM	Nataraja: Clear		Prathama	
	Creative Work Siddha Yoga			Prathama* Until 3:51AM Wed	Moon – Blue		Devaloka Day	
			Thai Pongal		Pausha*Thai			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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Wednesday, January 15, 2025

Gold Retreat Star

Krodhin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 275

Krodhin 5126

Moon 1 - Phase 38 -

1st Phase

Kataka Rasi: 13.58

Tithi 17

843787576

Gulika
Yama

12:22PM – 1:35PM
9:55AM – 11:09AM

Rahu

1:35PM – 2:49PM

Pushya Until 10:56AM

Priti Until 2:14AM Thu

Taitila Until 3:47PM

Dvitiya Until 3:52AM Thu

Ganesha: Purple

Sunrise: 8:42AM

Muruga: Clear

Sunset: 6:29PM

Nataraja: Clear

Moon – Blue

Pausha*Thai

Sivaloka Day

Creative Work

Siddha Yoga

1

Thursday, January 16, 2025

Krodhin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 276

Krodhin 5126

Moon 1 - Phase 38 - 1

1st Phase

Kataka Rasi: 26.56

Tithi 18

843787576

Gulika
Yama

11:09AM – 12:22PM
8:42AM – 9:55AM

Rahu

2:49PM – 4:03PM

Ashlesha* Until 11:34AM

Ayushman Until 1:33AM Fri

Vanija Until 4:10PM

Tritiya Until 4:35AM Fri

Ganesha: Purple

Sunrise: 8:42AM

Muruga: Clear

Sunset: 6:30PM

Nataraja: Clear

Moon – Blue

Pausha*Thai

Sivaloka Day

Creative Work

Siddha Yoga

Until 11:34AM

Then Creative Work - Amrita Yoga

2

Friday, January 17, 2025

Krodhin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 277

Krodhin 5126

Moon 1 - Phase 38 - 2

1st Phase

Simha Rasi: 9.35

Tithi 19

853787576

Gulika
Yama

9:55AM – 11:09AM
4:04PM – 5:17PM

Rahu

12:22PM – 1:36PM

Magha* Until 1:13PM

Saubhagya Until 1:24AM Sat

Bava Until 5:14PM

Chaturthi* Until 6:00AM Sat

Ganesha: Clear

Sunrise: 8:41AM

Muruga: Clear

Sunset: 6:31PM

Nataraja: Clear

Moon – Red

Pausha*Thai

Devaloka Day

Routine Work

Marana Yoga

Until 1:13PM

Then Creative Work - Siddha Yoga

3

Saturday, January 18, 2025

Krodhin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 278

Krodhin 5126

Moon 1 - Phase 38 - 3

1st Phase

Simha Rasi: 21.55

Tithi 19 – 20

853787576

Gulika
Yama

8:41AM – 9:55AM
2:50PM – 4:04PM

Rahu

11:09AM – 12:23PM

Purvaphalguni Until 3:20PM

Sobhana Until 1:45AM Sun

Kaulava Until 6:58PM

Chaturthi* Until 6:00AM

Ganesha: Clear

Sunrise: 8:41AM

Muruga: Clear

Sunset: 6:32PM

Nataraja: Clear

Moon – Red

Pausha*Thai

Devaloka Day

Creative Work

Siddha Yoga

Until 3:20PM

Then Routine Work - Marana Yoga

4

Sunday, January 19, 2025

Krodhin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bharu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 279

Krodhin 5126

Moon 1 - Phase 38 - 4

1st Phase

Kanya Rasi: 4.01

Tithi 20 – 21

853787576

Gulika
Yama

4:05PM – 5:19PM
1:37PM – 2:51PM

Rahu

5:19PM – 6:33PM

Uttaraphalguni Until 5:50PM

Athiganda* Until 2:26AM Mon

Gara Until 9:15PM

Panchami Until 8:02AM

Ganesha: Clear

Sunrise: 8:41AM

Muruga: Clear

Sunset: 6:33PM

Nataraja: Clear

Moon – Red

Pausha*Thai

Devaloka Day

Creative Work

Amrita Yoga

5

Monday, January 20, 2025

Krodhin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 280

Krodhin 5126

Moon 1 - Phase 38 - 5

1st Phase

Kanya Rasi: 15.56

Tithi 21 – 22

863787576

Gulika
Yama

2:51PM – 4:06PM
12:23PM – 1:37PM

Rahu

9:54AM – 11:09AM

Hasta Until 9:00PM

Sukarma Until 3:21AM Tue

Visti Until 11:52PM

Shashthi* Until 10:30AM

Ganesha: White

Sunrise: 8:40AM

Muruga: Clear

Sunset: 6:34PM

Nataraja: Clear

Moon – Green

Pausha*Thai

Sivaloka Day

Creative Work

Siddha Yoga

Until 9:00PM

Then Routine Work - Prabalarishta Yoga

D

Tuesday, January 21, 2025

Retreat Star

Krodhin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 281

Krodhin 5126

Moon 1 - Phase 38 - 6

Ashtami

Kanya Rasi: 27.45

Tithi 22 – 23

863787576

Gulika
Yama

1:37PM – 2:52PM
11:09AM – 12:23PM

Rahu

4:06PM – 5:21PM

Chitra Until 12:06AM Wed

Dhriti Until 4:19AM Wed

Balava Until 2:33AM Wed

Saptami Until 1:12PM

Ganesha: White

Sunrise: 8:40AM

Muruga: Clear

Sunset: 6:35PM

Nataraja: Clear

Moon – Green

Pausha*Thai

Sivaloka Day

Creative Work

Siddha Yoga

Wednesday, January 22, 2025

Retreat Star

Krodhin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 282

Krodhin 5126

Moon 1 - Phase 38 - 7

Navami

Tula Rasi: 9.34

Tithi 23 – 24

863887576

Gulika
Yama

12:23PM – 1:38PM
9:54AM – 11:08AM

Rahu

1:38PM – 2:52PM

Svati Until 2:53AM Thu

Shula* Until 5:06AM Thu

Taitila Until 5:03AM Thu

Ashtami* Until 3:49PM

Ganesha: Yellow

Sunrise: 8:39AM

Muruga: Clear

Sunset: 6:36PM

Nataraja: Clear

Moon – Green

Pausha*Thai

Devaloka Day

Creative Work

Siddha Yoga

1	Thursday, January 23, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Ganda* Yoga Gara Karana Navamyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 283	
	Tula Rasi: 21.27	Tithi 24	Gulika	11:08AM – 12:23PM	Vishakha Until 5:37AM Fri	Ganesha: Blue	Sunrise: 8:39AM	Krodhin 5126
			Yama	8:39AM – 9:53AM	Ganda* Until 5:34AM Fri	Muruga: Clear	Sunset: 6:37PM	Moon 1 - Phase 39 - 8
	873887576		Rahu	2:53PM – 4:08PM	Gara Until 6:08PM	Nataraja: Clear		2nd Phase
Creative Work		Siddha Yoga			Navami* Until 6:08PM	Moon – Orange	Bhuloka Day	
					Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
2	Friday, January 24, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Vridhhi Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 284	
	Vrischika Rasi: 3.31	Tithi 25	Gulika	9:53AM – 11:08AM	Anuradha Until 7:36AM Sat	Ganesha: Yellow	Sunrise: 8:38AM	Krodhin 5126
			Yama	4:08PM – 5:24PM	Vridhhi Until 5:37AM Sat	Muruga: Clear	Sunset: 6:39PM	Moon 1 - Phase 39 - 9
	973887576		Rahu	12:23PM – 1:38PM	Vanija Until 7:08AM	Nataraja: Clear		2nd Phase
Creative Work		Siddha Yoga			Dashami Until 7:56PM	Moon – Orange	Devaloka Day	
					Pausha*Thai			
3	Saturday, January 25, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 285	
	Vrischika Rasi: 15.49	Tithi 26	Gulika	8:37AM – 9:53AM	Anuradha Until 7:36AM	Ganesha: Yellow	Sunrise: 8:37AM	Krodhin 5126
			Yama	2:54PM – 4:09PM	Dhruva Until 5:06AM Sun	Muruga: Clear	Sunset: 6:40PM	Moon 1 - Phase 39 - 10
	973887576		Rahu	11:08AM – 12:23PM	Bava Until 8:36AM	Nataraja: Clear		2nd Phase
Creative Work		Siddha Yoga			Ekadashi* Until 9:03PM	Moon – Orange	Devaloka Day	
					Pausha*Thai			
4	Sunday, January 26, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 286	
	Vrischika Rasi: 28.26	Tithi 27	Gulika	4:10PM – 5:25PM	Jyeshtha* Until 8:46AM	Ganesha: Yellow	Sunrise: 8:37AM	Krodhin 5126
			Yama	1:39PM – 2:54PM	Vyaghata* Until 4:03AM Mon	Muruga: Clear	Sunset: 6:41PM	Moon 1 - Phase 39 - 11
	973887576		Rahu	5:25PM – 6:41PM	Kaulava Until 9:21AM	Nataraja: Clear		2nd Phase
Routine Work		Marana Yoga			Dvadashi* Until 9:26PM	Moon – Orange	Devaloka Day	
Until 8:46AM					Pausha*Thai			
Then Creative Work - Amrita Yoga								
5	Monday, January 27, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 287	
	Dhanus Rasi: 11.23	Tithi 28	Gulika	2:55PM – 4:10PM	Mula* Until 9:32AM	Ganesha: Blue	Sunrise: 8:36AM	Krodhin 5126
			Yama	12:23PM – 1:39PM	Harshana Until 2:27AM Tue	Muruga: Clear	Sunset: 6:42PM	Moon 1 - Phase 39 - 12
	983887576		Rahu	9:52AM – 11:07AM	Gara Until 9:23AM	Nataraja: Clear		2nd Phase
Family Home Evening		Siddha Yoga			Trayodashi* Until 9:07PM	Moon – Light Blue	Bhuloka Day	
Creative Work					Pradosha Vrata (Fasting)	Pausha*Thai	Devaloka Time: 3:PM to 6:PM	
Until 9:32AM								
Then Routine Work - Marana Yoga								
6	Tuesday, January 28, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 288	
	Dhanus Rasi: 24.41	Tithi 29	Gulika	1:39PM – 2:55PM	Purvashadha* Until 9:29AM	Ganesha: Blue	Sunrise: 8:35AM	Krodhin 5126
			Yama	11:07AM – 12:23PM	Vajra* Until 12:21AM Wed	Muruga: Clear	Sunset: 6:43PM	Moon 1 - Phase 39 - 13
	983887576		Rahu	4:11PM – 5:27PM	Visti Until 8:43AM	Nataraja: Clear		2nd Phase
Creative Work		Siddha Yoga			Chaturdashi* Until 8:08PM	Moon – Light Blue	Bhuloka Day	
Until 9:29AM					Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Prabalarishta Yoga								
	Wednesday, January 29, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 289	
	Retreat Star		Gulika	12:23PM – 1:39PM	Uttarashadha Until 8:43AM	Ganesha: Blue	Sunrise: 8:34AM	Krodhin 5126
	Makara Rasi: 8.2	Tithi 30	Yama	9:51AM – 11:07AM	Siddhi Until 9:51PM	Muruga: Clear	Sunset: 6:44PM	Moon 1 - Phase 39 - 14
	983887576		Rahu	1:39PM – 2:56PM	Catuspada Until 7:28AM	Nataraja: Clear		Amavasya
Creative Work		Amrita Yoga			Amavasya* Until 6:38PM	Moon – Light Blue	Bhuloka Day	
Until 8:43AM					Pausha*Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								
	Thursday, January 30, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 290	
	Retreat Star		Gulika	11:07AM – 12:23PM	Shravana Until 7:46AM	Ganesha: Red	Sunrise: 8:34AM	Krodhin 5126
	Makara Rasi: 22.17	Tithi 1 – 2	Yama	8:34AM – 9:50AM	Vyatipata* Until 7:03PM	Muruga: Clear	Sunset: 6:45PM	Moon 1 - Phase 39 - 15
	994887576		Rahu	2:56PM – 4:12PM	Balava Until 3:38AM Fri	Nataraja: Clear		Prathama
Creative Work		Siddha Yoga			Prathama* Until 4:42PM	Moon – Purple	Devaloka Day	
					Magha*Thai			

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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1	Friday, January 31, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 291	
	Kumbha Rasi: 6.28	Tithi 2 – 3	Gulika Yama	9:50AM – 11:06AM 4:13PM – 5:30PM	Dhanishtha Until 6:20AM Variyan Until 4:00PM	Ganesha: Red Muruga: Clear	<i>Sunrise:</i> 8:33AM <i>Sunset:</i> 6:47PM	Krodhin 5126 Moon 1 - Phase 40 - 16
		994887576	Rahu	12:23PM – 1:40PM	Taitila Until 1:20AM Sat	Nataraja: Clear Moon – Purple		3rd Phase
	Creative Work	Siddha Yoga			Dvitiya Until 2:29PM	Magha*Thai	Devaloka Day	
2	Saturday, February 1, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 292	
	Kumbha Rasi: 20.46	Tithi 3 – 4	Gulika Yama	8:33AM – 9:50AM 2:56PM – 4:13PM	Purvaproshtapada* Until 3:00AM Sun Parigha* Until 12:51PM	Ganesha: Blue Muruga: Clear	<i>Sunrise:</i> 8:33AM <i>Sunset:</i> 6:47PM	Krodhin 5126 Moon 1 - Phase 40 - 17
		914887576	Rahu	11:06AM – 12:23PM	Vanija Until 10:56PM	Nataraja: Clear Moon – Clear		3rd Phase
	Routine Work	Marana Yoga			Tritiya Until 12:07PM	Magha*Thai	Sivaloka Day	
3	Sunday, February 2, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 293	
	Meena Rasi: 5.07	Tithi 4 – 5	Gulika Yama	4:14PM – 5:31PM 1:40PM – 2:57PM	Uttaraproshtapada Until 1:18AM Mon Shiva Until 9:41AM	Ganesha: Blue Muruga: Clear	<i>Sunrise:</i> 8:32AM <i>Sunset:</i> 6:48PM	Krodhin 5126 Moon 1 - Phase 40 - 18
		914887576	Rahu	5:31PM – 6:48PM	Bava Until 8:31PM	Nataraja: Clear Moon – Clear		3rd Phase
	Creative Work	Amrita Yoga			Chaturthi* Until 9:42AM	Magha*Thai	Sivaloka Day	
4	Monday, February 3, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 294	
	Meena Rasi: 19.27	Tithi 5 – 6	Gulika Yama	2:57PM – 4:14PM 12:23PM – 1:40PM	Revati Until 11:34PM Siddha Until 6:31AM	Ganesha: Blue Muruga: Purple	<i>Sunrise:</i> 8:31AM <i>Sunset:</i> 6:49PM	Krodhin 5126 Moon 1 - Phase 40 - 19
	Family Home Evening	914897577	Rahu	9:48AM – 11:06AM	Kaulava Until 6:12PM	Nataraja: Orange Moon – Clear		3rd Phase
	Creative Work	Siddha Yoga			Panchami Until 7:20AM	Magha*Thai	Subha Sivaloka Day	
5	Tuesday, February 4, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Subha Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 295	
	Mesha Rasi: 3.43	Tithi 7	Gulika Yama	1:40PM – 2:58PM 11:05AM – 12:23PM	Ashvini Until 10:17PM Subha Until 12:34AM Wed	Ganesha: Yellow Muruga: Purple	<i>Sunrise:</i> 8:30AM <i>Sunset:</i> 6:50PM	Krodhin 5126 Moon 1 - Phase 40 - 20
		924897577	Rahu	4:15PM – 5:32PM	Gara Until 4:02PM	Nataraja: Orange Moon – White		3rd Phase
	Creative Work	Siddha Yoga			Saptami Until 2:59AM Wed	Magha*Thai	Sivaloka Day	
D	Wednesday, February 5, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 296	
	Retreat Star		Gulika Yama	12:23PM – 1:40PM 9:47AM – 11:05AM	Bharani Until 9:02PM Sukla Until 9:47PM	Ganesha: Yellow Muruga: Purple	<i>Sunrise:</i> 8:29AM <i>Sunset:</i> 6:51PM	Krodhin 5126 Moon 1 - Phase 40 - 21
	Mesha Rasi: 17.52	Tithi 8	Rahu	1:40PM – 2:58PM	Visti Until 2:02PM	Nataraja: Orange Moon – White		Ashtami
	Creative Work	Siddha Yoga			Ashtami* Until 1:06AM Thu	Magha*Thai	Sivaloka Day	
	Thursday, February 6, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 297	
	Retreat Star		Gulika Yama	11:04AM – 12:22PM 8:28AM – 9:46AM	Krittika Until 7:52PM Brahma Until 7:12PM	Ganesha: Yellow Muruga: Purple	<i>Sunrise:</i> 8:28AM <i>Sunset:</i> 6:52PM	Krodhin 5126 Moon 1 - Phase 40 - 22
	Vrishabha Rasi: 1.52	Tithi 9	Rahu	2:58PM – 4:16PM	Balava Until 12:15PM	Nataraja: Orange Moon – White		Navami
	Routine Work	Marana Yoga			Navami* Until 11:26PM	Magha*Thai	Sivaloka Day	

1	Friday, February 7, 2025			Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Dashamyam Titau					Dushanbe, Tajikistan Sun 23 Sutra 298	
			Gulika	9:46AM – 11:04AM	Rohini Until 7:12PM		Ganesha: White	Sunrise: 8:27AM	Krodhin 5126	
	Vrishabha Rasi: 15.45 Tithi 10		Yama	4:17PM – 5:35PM	Indra Until 4:49PM		Muruga: Purple	Sunset: 6:53PM	Moon 1 - Phase 41 - 23	
	934897577		Rahu	12:22PM – 1:40PM	Taitila Until 10:42AM		Nataraja: Orange	4th Phase		
	Routine Work Marana Yoga				Dashami Until 10:00PM		Moon – Yellow	Subha Sivaloka Day		
Until 7:12PM						Magha*Thai				
Then Creative Work - Siddha Yoga										

2	Saturday, February 8, 2025			Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau						Dushanbe, Tajikistan	
				Gulika	8:26AM – 9:45AM	Mrigashira Until 6:40PM		Ganesha: White	Sunrise: 8:26AM	Sun 24 Sutra 299	
	Vrishabha Rasi: 29.28 Tithi 11			Yama	2:59PM – 4:17PM	Vaidhriti* Until 2:36PM		Muruga: Purple	Sunset: 6:54PM	Krodhin 5126	
	934897577			Rahu	11:03AM – 12:22PM	Vanija Until 9:25AM		Nataraja: Orange	Moon 1 - Phase 41 - 24		
	Creative Work Siddha Yoga					Ekadashi Until 8:51PM		Moon – Yellow	4th Phase		
								Magha*Thai	Subha Sivaloka Day		

3	Sunday, February 9, 2025			Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Dvadashyam Titau					Dushanbe, Tajikistan Sun 25 Sutra 300	
	Mithuna Rasi: 13.02	Tithi 12		Gulika Yama	4:18PM – 5:37PM 1:41PM – 2:59PM	Ardra Until 6:16PM Vishkambha* Until 12:39PM	Ganesha: White Muruga: Purple	Sunrise: 8:25AM Sunset: 6:56PM	Krodhin 5126 Moon 1 - Phase 41 - 25	
			934897577	Rahu	5:37PM – 6:56PM	Bava Until 8:24AM	Nataraja: Orange		4th Phase	
	Creative Work	Siddha Yoga					Moon – Yellow	Subha Sivaloka Day		
						Dvadashi Until 7:59PM	Magha*Thai			

4	Monday, February 10, 2025				Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 301	
			Gulika	3:00PM – 4:19PM	Punarvasu Until 6:32PM		Ganesha: Clear	Sunrise: 8:24AM	Krodhin 5126	
			Yama	12:22PM – 1:41PM	Priti Until 10:58AM		Muruga: Purple	Sunset: 6:57PM	Moon 1 - Phase 41 - 26	
	Family Home Evening		944897577	Rahu	9:43AM – 11:03AM	Kaulava Until 7:43AM		Nataraja: Orange	4th Phase	
	Creative Work Amrita Yoga				Trayodashi Until 7:30PM		Moon – Blue	Sivaloka Day		
	Until 6:32PM						Magha*Thai			
	Then Creative Work - Siddha Yoga				Pradosha Vrata					

5	Tuesday, February 11, 2025			Krodhin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau						Dushanbe, Tajikistan Sun 27 Sutra 302	
	Kataka Rasi: 9.35		Tithi 14	Gulika Yama	1:41PM – 3:00PM 11:02AM – 12:21PM	Pushya Until 7:04PM Ayushman Until 9:35AM		Ganesha: White Muruga: Purple	Sunrise: 8:23AM Sunset: 6:58PM	Krodhin 5126 Moon 1 - Phase 41 - 27	
			945897577	Rahu	4:19PM – 5:39PM	Gara Until 7:26AM		Nataraja: Orange		4th Phase	
	Creative Work	Siddha Yoga						Moon – Blue		Devaloka Day	
				Thai Pusam		Chaturdashi* Until 7:27PM		Magha+Thai			

	Wednesday, February 12, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam						Dushanbe, Tajikastan	
	Copper Retreat Star		Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Purnimayam Titau						Sutra 303	
	Kataka Rasi: 22.31	Tithi 15	Gulika Yama	12:21PM – 1:41PM 9:42AM – 11:01AM	Ashlesha* Until 7:54PM Saubhagya Until 8:35AM	Ganesha: White Muruga: Purple	<i>Sunrise:</i> 8:22AM <i>Sunset:</i> 6:59PM	Krodhin 5126		
		945897577	Rahu	1:41PM – 3:00PM	Visti Until 7:37AM	Nataraja: Orange Moon – Blue		Moon 1 - Phase 41 - Purnima		
	Creative Work	Siddha Yoga			Purnima* Until 7:53PM	Magha*Masi		Devaloka Day		

Thursday, February 13, 2025				Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam				Dushanbe, Tajikistan	
Silver Retreat Star				Magha* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 304	
Simha Rasi: 5.13		Tithi 16		Gulika	11:01AM – 12:21PM	Magha* Until 9:35PM	Ganesha: Clear	Sunrise: 8:21AM	Krodhin 5126
				Yama	8:21AM – 9:41AM	Sobhana Until 7:59AM	Muruga: Purple	Sunset: 7:00PM	Moon 1 - Phase 41 -
		955897577		Rahu	3:00PM – 4:20PM	Balava Until 8:19AM	Nataraja: Orange		Prathama
Creative Work	Amrita Yoga						Moon – Red	Sivaloka Day	
Until 9:35PM						Prathama* Until 8:51PM	Magha*Masi		
Then Creative Work - Siddha Yoga									

**Friday, February 14, 2025****Gold Retreat Star**Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 305

Krodhin 5126

Moon 2 - Phase 42 - 1

1st Phase

Simha Rasi: 17.4

Tithi 17

955897577

Gulika**9:40AM – 11:00AM**

Yama

4:21PM – 5:41PM

Rahu**12:20PM – 1:41PM****Purvaphalguni Until 11:38PM**

Athiganda* Until 7:47AM

Taitila Until 9:34AM

Dvitiya Until 10:23PM**Ganesha:** Clear**Sunrise:** 8:20AM**Muruga:** Purple**Sunset:** 7:01PM**Nataraja:** Orange

Moon – Red

Magha•Masi**Sivaloka Day**

Creative Work

Siddha Yoga

1**Saturday, February 15, 2025**Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 306

Krodhin 5126

Moon 2 - Phase 42 - 2

1st Phase

Simha Rasi: 29.53

Tithi 18

955897577

Gulika**8:19AM – 9:39AM**

Yama

3:01PM – 4:21PM

Rahu**11:00AM – 12:20PM****Uttaraphalguni Until 1:59AM Sun**

Sukarma Until 8:00AM

Vanija Until 11:21AM

Tritiya Until 12:24AM Sun**Ganesha:** Clear**Sunrise:** 8:19AM**Muruga:** Purple**Sunset:** 7:02PM**Nataraja:** Orange

Moon – Red

Magha•Masi**Sivaloka Day**

Routine Work

Marana Yoga

Until 1:59AM Sun

Then Creative Work - Amrita Yoga

2**Sunday, February 16, 2025**Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 307

Krodhin 5126

Moon 2 - Phase 42 - 3

1st Phase

Kanya Rasi: 11.55

Tithi 19

965997577

Gulika**4:22PM – 5:43PM**

Yama

1:41PM – 3:01PM

Rahu**5:43PM – 7:03PM****Hasta Until 5:01AM Mon**

Dhriti Until 8:35AM

Bava Until 1:35PM

Chaturthi* Until 2:48AM Mon**Ganesha:** Clear**Sunrise:** 8:18AM**Muruga:** Purple**Sunset:** 7:03PM**Nataraja:** Orange

Moon – Green

Magha•Masi**Sivaloka Day**

Creative Work

Amrita Yoga

Until 5:01AM Mon

Then Routine Work - Prabalarishta Yoga

3**Monday, February 17, 2025**Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 308

Krodhin 5126

Moon 2 - Phase 42 - 4

1st Phase

Kanya Rasi: 23.48

Tithi 20

965997577

Gulika**3:02PM – 4:23PM**

Yama

12:20PM – 1:41PM

Rahu**9:38AM – 10:59AM****Chitra Until 8:05AM Tue**

Shula* Until 9:23AM

Kaulava Until 4:07PM

Panchami Until 5:25AM Tue**Ganesha:** Clear**Sunrise:** 8:17AM**Muruga:** Purple**Sunset:** 7:05PM**Nataraja:** Orange

Moon – Green

Magha•Masi**Sivaloka Day**

Routine Work

Prabalarishta Yoga

Until 8:05AM Tue

Then Creative Work - Siddha Yoga

4**Tuesday, February 18, 2025**Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Gara Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 309

Krodhin 5126

Moon 2 - Phase 42 - 5

1st Phase

Tula Rasi: 5.38

Tithi 21

965997577

Gulika**1:40PM – 3:02PM**

Yama

10:58AM – 12:19PM

Rahu**4:23PM – 5:44PM****Chitra Until 8:05AM**

Ganda* Until 10:20AM

Gara Until 6:47PM

Shashthi* Until 8:04AM Wed**Ganesha:** Clear**Sunrise:** 8:15AM**Muruga:** Purple**Sunset:** 7:06PM**Nataraja:** Orange

Moon – Green

Magha•Masi**Sivaloka Day**

Creative Work

Siddha Yoga

5**Wednesday, February 19, 2025**Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 310

Krodhin 5126

Moon 2 - Phase 42 - 6

1st Phase

Tula Rasi: 17.27

Tithi 21 – 22

965997577

Gulika**12:19PM – 1:40PM**

Yama

9:36AM – 10:57AM

Rahu**1:40PM – 3:02PM****Svati Until 10:59AM**

Vridhi Until 11:17AM

Visti Until 9:20PM

Shashthi* Until 8:04AM**Ganesha:** Clear**Sunrise:** 8:14AM**Muruga:** Purple**Sunset:** 7:07PM**Nataraja:** Orange

Moon – Green

Magha•Masi**Sivaloka Day**

Creative Work

Siddha Yoga

D**Thursday, February 20, 2025****Retreat Star**Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 311

Krodhin 5126

Moon 2 - Phase 42 - 7

Ashtami

Tula Rasi: 29.2

Tithi 22 – 23

976997577

Gulika**10:57AM – 12:18PM**

Yama

8:13AM – 9:35AM

Rahu**3:02PM – 4:24PM****Vishakha Until 1:59PM**

Dhruva Until 12:01PM

Balava Until 11:34PM

Saptami Until 10:29AM**Ganesha:** Clear**Sunrise:** 8:13AM**Muruga:** Purple**Sunset:** 7:08PM**Nataraja:** Orange

Moon – Orange

Magha•Masi**Sivaloka Day**

Creative Work

Siddha Yoga

Friday, February 21, 2025**Retreat Star**Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 312

Krodhin 5126

Moon 2 - Phase 42 - 8

Navami

Vrischika Rasi: 11.23

Tithi 23 – 24

976997577

Gulika**9:34AM – 10:56AM**

Yama

4:25PM – 5:47PM

Rahu**12:18PM – 1:40PM****Anuradha Until 4:22PM**

Vyaghata* Until 12:26PM

Taitila Until 1:16AM Sat

Ashtami* Until 12:28PM**Ganesha:** Clear**Sunrise:** 8:12AM**Muruga:** Purple**Sunset:** 7:09PM**Nataraja:** Orange

Moon – Orange

Magha•Masi**Sivaloka Day**

Creative Work

Siddha Yoga

Until 4:22PM

Then Routine Work - Marana Yoga

1	Saturday, February 22, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau						Dushanbe, Tajikistan Sun 9 Sutra 313 Krodhin 5126	
	Vrischika Rasi: 23.4	Tithi 24 – 25	Gulika Yama	8:10AM – 9:33AM 3:03PM – 4:25PM	Jyeshtha* Until 6:00PM Harshana Until 12:24PM	Ganesha: Clear Muruga: Purple	Sunrise: 8:10AM Sunset: 7:10PM	Moon 2 - Phase 43 - 9	Sivaloka Day	
	Creative Work	Siddha Yoga	976997577 Rahu	10:55AM – 12:18PM	Vanija Until 2:16AM Sun Navami* Until 1:50PM	Moon – Orange Magha*Masi				
2	Sunday, February 23, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau						Dushanbe, Tajikistan Sun 10 Sutra 314 Krodhin 5126	
	Dhanus Rasi: 6.14	Tithi 25 – 26	Gulika Yama	4:25PM – 5:48PM 1:40PM – 3:03PM	Mula* Until 7:12PM Vajra* Until 11:47AM	Ganesha: White Muruga: Purple	Sunrise: 8:09AM Sunset: 7:11PM	Moon 2 - Phase 43 - 10	Devaloka Day	
	Creative Work	Amrita Yoga	986997577 Rahu	5:48PM – 7:11PM	Bava Until 2:29AM Mon Dashami Until 2:27PM	Nataraja: Orange Moon – Light Blue Magha*Masi				
	Until 7:12PM Then Creative Work - Siddha Yoga									
3	Monday, February 24, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau						Dushanbe, Tajikistan Sun 11 Sutra 315 Krodhin 5126	
	Dhanus Rasi: 19.11	Tithi 26 – 27	Gulika Yama	3:03PM – 4:26PM 12:17PM – 1:40PM	Purvashadha* Until 7:29PM Siddhi Until 10:34AM	Ganesha: White Muruga: Purple	Sunrise: 8:08AM Sunset: 7:12PM	Moon 2 - Phase 43 - 11	Devaloka Day	
	Family Home Evening		986997577 Rahu	9:31AM – 10:54AM	Kaulava Until 1:55AM Tue Ekadashi* Until 2:17PM	Nataraja: Orange Moon – Light Blue Magha*Masi				
	Routine Work	Marana Yoga								
4	Tuesday, February 25, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vyatipata*/Varyian Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau						Dushanbe, Tajikistan Sun 12 Sutra 316 Krodhin 5126	
	Makara Rasi: 2.34	Tithi 27 – 28	Gulika Yama	1:40PM – 3:03PM 10:53AM – 12:16PM	Uttarashadha Until 6:53PM Vyatipata* Until 8:45AM	Ganesha: White Muruga: Purple	Sunrise: 8:06AM Sunset: 7:13PM	Moon 2 - Phase 43 - 12	Devaloka Day	
	Routine Work	Prabalarishta Yoga	986997577 Rahu	4:26PM – 5:50PM	Gara Until 12:36AM Wed Dvadashi* Until 1:20PM	Moon – Light Blue Magha*Masi				
	Until 6:53PM Then Creative Work - Siddha Yoga						Pradosha Vrata (Fasting)			
5	Wednesday, February 26, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Varyian/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau						Dushanbe, Tajikistan Sun 13 Sutra 317 Krodhin 5126	
	Makara Rasi: 16.2	Tithi 28 – 29	Gulika Yama	12:16PM – 1:40PM 9:29AM – 10:52AM	Shravana Until 5:54PM Variyan Until 6:20AM	Ganesha: Green Muruga: Purple	Sunrise: 8:05AM Sunset: 7:14PM	Moon 2 - Phase 43 - 13	Devaloka Day	
	Creative Work	Siddha Yoga	996997577 Rahu	1:40PM – 3:03PM	Visti Until 10:39PM Trayodashi* Until 11:41AM	Nataraja: Orange Moon – Purple Magha*Masi				
	Until 5:54PM Then Routine Work - Prabalarishta Yoga									
	Thursday, February 27, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau						Dushanbe, Tajikistan Sun 14 Sutra 318 Krodhin 5126	
	Retreat Star		Gulika Yama	10:51AM – 12:15PM 8:04AM – 9:28AM	Dhanishtha Until 4:14PM Shiva Until 12:11AM Fri	Ganesha: Green Muruga: Purple	Sunrise: 8:04AM Sunset: 7:15PM	Moon 2 - Phase 43 - 14	Devaloka Day	
	Kumbha Rasi: 0.31	Tithi 29 – 30	996997577 Rahu	3:03PM – 4:27PM	Catuspada Until 8:10PM Chaturdashi* Until 9:27AM	Nataraja: Orange Moon – Purple Magha*Masi				
	Creative Work	Siddha Yoga								
	Friday, February 28, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Siddha Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau						Dushanbe, Tajikistan Sun 15 Sutra 319 Krodhin 5126	
	Retreat Star		Gulika Yama	9:26AM – 10:51AM 4:28PM – 5:52PM	Shatabhishak Until 2:02PM Siddha Until 8:36PM	Ganesha: Orange Muruga: Purple	Sunrise: 8:02AM Sunset: 7:16PM	Moon 2 - Phase 43 - 15	Sivaloka Day	
	Kumbha Rasi: 15	Tithi 30 – 1	997997577 Rahu	12:15PM – 1:39PM	Bava Until 3:47AM Sat Amavasya* Until 6:46AM	Nataraja: Orange Moon – Purple Phalguna*Masi				
	Creative Work	Siddha Yoga								

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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1	Saturday, March 1, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 320	
	Kumbha Rasi: 29.43	Tithi 2	Gulika Yama	7:59AM – 9:24AM 3:04PM – 4:29PM	Purvaprosarthapada* Until 11:51AM	Ganesha: Green Muruga: Purple Nataraja: Orange Moon – Clear	Sunrise: 7:59AM Sunset: 7:18PM	Krodhin 5126 Moon 2 - Phase 44 - 16 3rd Phase
	Routine Work	Marana Yoga	917997577	Rahu 10:49AM – 12:14PM	Dvitiya Until 12:39AM Sun	Phalguna*Masi	Subha Sivaloka Day	
	Until 11:51AM							
	Sunday, March 2, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trityayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 321	
2	Meena Rasi: 14.31	Tithi 3	Gulika Yama	4:29PM – 5:54PM 1:39PM – 3:04PM	Uttaraprosarthapada Until 9:27AM	Ganesha: Green Muruga: Purple Nataraja: Orange Moon – Clear	Sunrise: 7:58AM Sunset: 7:19PM	Krodhin 5126 Moon 2 - Phase 44 - 17 3rd Phase
	Creative Work	Amrita Yoga	917997577	Rahu 5:54PM – 7:19PM	Tritiya Until 9:31PM	Phalguna*Masi	Subha Sivaloka Day	
	Monday, March 3, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 322	
3	Meena Rasi: 29.19	Tithi 4	Gulika Yama	3:04PM – 4:29PM 12:13PM – 1:38PM	Revati Until 6:58AM	Ganesha: Green Muruga: Purple Nataraja: Orange Moon – Clear	Sunrise: 7:57AM Sunset: 7:20PM	Krodhin 5126 Moon 2 - Phase 44 - 18 3rd Phase
	Family Home Evening		917997577	Rahu 9:22AM – 10:48AM	Chaturthi* Until 6:30PM	Phalguna*Masi	Subha Sivaloka Day	
	Creative Work	Siddha Yoga						
	Tuesday, March 4, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 323	
4	Mesha Rasi: 13.58	Tithi 5 – 6	Gulika Yama	1:38PM – 3:04PM 10:47AM – 12:12PM	Bharani Until 3:05AM Wed	Ganesha: Red Muruga: Purple Nataraja: Orange Moon – White	Sunrise: 7:55AM Sunset: 7:21PM	Krodhin 5126 Moon 2 - Phase 44 - 19 3rd Phase
	Creative Work	Siddha Yoga	927997577	Rahu 4:30PM – 5:56PM	Panchami Until 3:45PM	Phalguna*Masi	Sivaloka Day	
	Until 3:05AM Wed							
	Wednesday, March 5, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 324	
5	Mesha Rasi: 28.24	Tithi 6 – 7	Gulika Yama	12:12PM – 1:38PM 9:20AM – 10:46AM	Krittika Until 1:27AM Thu	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – White	Sunrise: 7:54AM Sunset: 7:20PM	Krodhin 5126 Moon 2 - Phase 44 - 20 3rd Phase
	Creative Work	Amrita Yoga	127997577	Rahu 1:38PM – 3:04PM	Shashthi* Until 1:20PM	Phalguna*Masi	Sivaloka Day	
	Until 1:27AM Thu							
	Thursday, March 6, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 325	
Retreat Star	Vrishabha Rasi: 12.34	Tithi 7 – 8	Gulika Yama	10:45AM – 12:11PM 7:52AM – 9:19AM	Rohini Until 12:34AM Fri	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Yellow	Sunrise: 7:52AM Sunset: 7:23PM	Krodhin 5126 Moon 2 - Phase 44 - 21 Ashtami
	Routine Work	Marana Yoga	138997577	Rahu 3:04PM – 4:31PM	Saptami Until 11:20AM	Phalguna*Masi	Sivaloka Day	
	Until 12:34AM Fri							
	Friday, March 7, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 326	
Retreat Star	Vrishabha Rasi: 26.26	Tithi 8 – 9	Gulika Yama	9:17AM – 10:44AM 4:31PM – 5:58PM	Mrigashira Until 12:02AM Sat	Ganesha: Clear Muruga: Purple Nataraja: Orange Moon – Yellow	Sunrise: 7:51AM Sunset: 7:24PM	Krodhin 5126 Moon 2 - Phase 44 - 22 Navami
	Creative Work	Siddha Yoga	138997577	Rahu 12:11PM – 1:38PM	Ashtami* Until 9:49AM	Phalguna*Masi	Sivaloka Day	

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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1	Saturday, March 8, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 327	
	Mithuna Rasi: 10	Tithi 9 – 10	Gulika 7:49AM – 9:16AM	Ardra Until 11:50PM		Ganesha: Clear	Sunrise: 7:49AM	Krodhin 5126
			Yama 3:04PM – 4:31PM	Ayushman Until 4:54PM		Muruga: Purple	Sunset: 7:25PM	Moon 2 - Phase 45 - 23
	Creative Work	Siddha Yoga	138997577 Rahu 10:43AM – 12:10PM	Taitila Until 8:30PM		Nataraja: Orange		4th Phase
				Navami* Until 8:48AM		Moon – Yellow	Sivaloka Day	
						Phalgunam*Mas		
2	Sunday, March 9, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 328	
	Mithuna Rasi: 23.17	Tithi 10 – 11	Gulika 4:32PM – 5:59PM	Punarvasu Until 12:26AM Mon		Ganesha: White	Sunrise: 7:48AM	Krodhin 5126
			Yama 1:37PM – 3:04PM	Saubhagya Until 3:28PM		Muruga: Purple	Sunset: 7:26PM	Moon 2 - Phase 45 - 24
			148997577 Rahu 5:59PM – 7:26PM	Vanija Until 8:15PM		Nataraja: Orange		4th Phase
	Creative Work	Siddha Yoga		Dashami Until 8:18AM		Moon – Blue	Devaloka Day	
						Phalgunam*Mas		
3	Monday, March 10, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 329	
	Kataka Rasi: 6.19	Tithi 11 – 12	Gulika 3:05PM – 4:32PM	Pushya Until 1:21AM Tue		Ganesha: White	Sunrise: 7:46AM	Krodhin 5126
			Yama 12:09PM – 1:37PM	Sobhana Until 2:27PM		Muruga: Clear	Sunset: 7:27PM	Moon 2 - Phase 45 - 25
	Family Home Evening		148998577 Rahu 9:14AM – 10:42AM	Bava Until 8:29PM		Nataraja: Orange		4th Phase
	Creative Work	Siddha Yoga		Ekadashi Until 8:17AM		Moon – Blue	Bhuloka Day	
						Phalgunam*Mas	Devaloka Time: 3:PM to 6:PM	
4	Tuesday, March 11, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 330	
	Kataka Rasi: 19.07	Tithi 12 – 13	Gulika 1:37PM – 3:05PM	Ashlesha* Until 2:35AM Wed		Ganesha: White	Sunrise: 7:45AM	Krodhin 5126
			Yama 10:41AM – 12:09PM	Athiganda* Until 1:46PM		Muruga: Clear	Sunset: 7:28PM	Moon 2 - Phase 45 - 26
			148998577 Rahu 4:33PM – 6:00PM	Kaulava Until 9:12PM		Nataraja: Orange		4th Phase
	Creative Work	Siddha Yoga		Dvadashi Until 8:46AM		Moon – Blue	Bhuloka Day	
						Phalgunam*Mas	Devaloka Time: 3:PM to 6:PM	
				Pradosha Vrata				
5	Wednesday, March 12, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 331	
	Simha Rasi: 1.41	Tithi 13 – 14	Gulika 12:08PM – 1:36PM	Magha* Until 4:34AM Thu		Ganesha: Yellow	Sunrise: 7:43AM	Krodhin 5126
			Yama 9:12AM – 10:40AM	Sukarma Until 1:28PM		Muruga: Clear	Sunset: 7:29PM	Moon 2 - Phase 45 - 27
			158198577 Rahu 1:36PM – 3:05PM	Gara Until 10:23PM		Nataraja: Orange		4th Phase
	Creative Work	Siddha Yoga		Trayodashi Until 9:43AM		Moon – Red	Devaloka Day	
			Chidambaram Abhishekam			Phalgunam*Mas		
○	Thursday, March 13, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sutra 332	
	Simha Rasi: 14.03	Tithi 14 – 15	Gulika 10:39AM – 12:07PM	Purvaphalguni Until 6:49AM Fri		Ganesha: Blue	Sunrise: 7:42AM	Krodhin 5126
			Yama 7:42AM – 9:10AM	Dhriti Until 1:31PM		Muruga: Clear	Sunset: 7:30PM	Moon 2 - Phase 45 - Purnima
			159198577 Rahu 3:05PM – 4:33PM	Visti Until 11:59PM		Nataraja: Orange		
	Creative Work	Siddha Yoga		Chaturdashi* Until 11:07AM		Moon – Red	Sivaloka Day	
			Holi			Phalgunam*Mas		
	Friday, March 14, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sutra 333	
	Simha Rasi: 26.14	Tithi 15 – 16	Gulika 9:09AM – 10:38AM	Purvaphalguni Until 6:49AM		Ganesha: Blue	Sunrise: 7:40AM	Krodhin 5126
			Yama 4:34PM – 6:02PM	Shula* Until 1:52PM		Muruga: Clear	Sunset: 7:31PM	Moon 2 - Phase 45 - Prathama
			159198577 Rahu 12:07PM – 1:36PM	Balava Until 1:59AM Sat		Nataraja: Orange		
	Creative Work	Siddha Yoga		Purnima* Until 12:55PM		Moon – Red	Sivaloka Day	
			Karadaiyan Nombu (Tamil Nadu)			Phalgunam*Panguni		

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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Saturday, March 15, 2025

Gold Retreat Star

Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Kanya Rasi: 8.17

Tithi 16 – 17

Gulika

7:39AM – 9:08AM

Uttaraphalguni Until 9:14AM

Ganesha: Blue

Sunrise: 7:39AM

Sutra 334

Yama

3:05PM – 4:34PM

Ganda* Until 2:29PM

Muruga: Clear

Sunset: 7:32PM

Krodhin 5126

159198578 **Rahu**

10:37AM – 12:06PM

Taitila Until 4:18AM Sun

Nataraja: Clear

Moon – Red

Sivaloka Day

Routine Work

Marana Yoga

Prathama* Until 3:05PM

Phalguna*Panguni

1

Sunday, March 16, 2025

Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Kanya Rasi: 20.13

Tithi 17 – 18

Gulika

4:34PM – 6:04PM

Hasta Until 12:16PM

Ganesha: Yellow

Sunrise: 7:37AM

Sutra 335

Yama

1:35PM – 3:05PM

Vridhi Until 3:19PM

Muruga: Clear

Sunset: 7:33PM

Krodhin 5126

169198578 **Rahu**

6:04PM – 7:33PM

Vanija Until 6:49AM Mon

Nataraja: Clear

Moon – Green

Devaloka Day

Creative Work Amrita Yoga

Until 12:16PM

Then Creative Work - Siddha Yoga

Dvitiya Until 5:31PM

Phalguna*Panguni

2

Monday, March 17, 2025

Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Tula Rasi: 2.05

Tithi 18

Gulika

3:05PM – 4:35PM

Chitra Until 3:18PM

Ganesha: Yellow

Sunrise: 7:36AM

Sutra 336

Yama

12:05PM – 1:35PM

Dhruva Until 4:14PM

Muruga: Clear

Sunset: 7:34PM

Krodhin 5126

Family Home Evening

169198578 **Rahu**

9:05AM – 10:35AM

Vanija Until 6:49AM

Nataraja: Clear

Moon – Green

Devaloka Day

Routine Work Prabalarishta Yoga

Until 3:18PM

Then Creative Work - Amrita Yoga

Tritiya Until 8:06PM

Phalguna*Panguni

3

Tuesday, March 18, 2025

Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Chaturthiyam Titau

Dushanbe, Tajikistan

Tula Rasi: 13.54

Tithi 19

Gulika

1:35PM – 3:05PM

Svati Until 6:11PM

Ganesha: Yellow

Sunrise: 7:34AM

Sutra 337

Yama

10:34AM – 12:05PM

Vyaghata* Until 5:12PM

Muruga: Clear

Sunset: 7:35PM

Krodhin 5126

Creative Work Siddha Yoga

169198578 **Rahu**

4:35PM – 6:05PM

Bava Until 9:25AM

Nataraja: Clear

Moon – Green

Devaloka Day

Until 6:11PM

Then Routine Work - Marana Yoga

Chaturthi* Until 10:41PM

Phalguna*Panguni

4

Wednesday, March 19, 2025

Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Tula Rasi: 25.44

Tithi 20

Gulika

12:04PM – 1:34PM

Vishakha Until 9:19PM

Ganesha: White

Sunrise: 7:33AM

Sutra 338

Yama

9:03AM – 10:33AM

Harshana Until 6:06PM

Muruga: Clear

Sunset: 7:36PM

Krodhin 5126

Creative Work Siddha Yoga

179198578 **Rahu**

1:34PM – 3:05PM

Kaulava Until 11:58AM

Nataraja: Clear

Moon – Orange

Sivaloka Day

Until 6:11PM

Panchami Until 1:08AM Thu

Phalguna*Panguni

5

Thursday, March 20, 2025

Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha Nakshatra Vajra* Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Vrischika Rasi: 7.38

Tithi 21

Gulika

10:33AM – 12:03PM

Anuradha Until 12:00AM Fri

Ganesha: Yellow

Sunrise: 7:31AM

Sutra 339

Yama

7:31AM – 9:02AM

Vajra* Until 6:47PM

Muruga: Clear

Sunset: 7:37PM

Krodhin 5126

Creative Work Siddha Yoga

171198578 **Rahu**

3:05PM – 4:36PM

Gara Until 2:16PM

Nataraja: Clear

Moon – Orange

Devaloka Day

Until 12:00AM Fri

Then Routine Work - Prabalarishta Yoga

Shashthi* Until 3:16AM Fri

Phalguna*Panguni

6

Friday, March 21, 2025

Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Vrischika Rasi: 19.41

Tithi 22

Gulika

9:01AM – 10:32AM

Jyeshtha* Until 2:05AM Sat

Ganesha: Yellow

Sunrise: 7:29AM

Sutra 340

Yama

4:36PM – 6:07PM

Siddhi Until 7:09PM

Muruga: Clear

Sunset: 7:38PM

Krodhin 5126

Creative Work Siddha Yoga

171198578 **Rahu**

12:03PM – 1:34PM

Visti Until 4:11PM

Nataraja: Clear

Moon – Orange

Devaloka Day

Until 2:05AM Sat

Then Creative Work - Siddha Yoga

Saptami Until 4:55AM Sat

Phalguna*Panguni

D

Saturday, March 22, 2025

Retreat Star

Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Dhanus Rasi: 1.55

Tithi 23

Gulika

7:28AM – 8:59AM

Mula* Until 3:54AM Sun

Ganesha: White

Sunrise: 7:28AM

Sutra 341

Yama

3:05PM – 4:36PM

Vyatipata* Until 7:06PM

Muruga: Clear

Sunset: 7:39PM

Krodhin 5126

Creative Work Siddha Yoga

181198578 **Rahu**

10:31AM – 12:02PM

Balava Until 5:32PM

Nataraja: Clear

Moon – Light Blue

Bhuloka Day

Until 4:50AM Mon

Then Routine Work - Marana Yoga

Ashtami* Until 5:56AM Sun

Phalguna*Panguni

Devaloka Time: 3:PM to 6:PM

Sunday, March 23, 2025

Retreat Star

Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Taitila Karana Navamyam Titau

Dushanbe, Tajikistan

Dhanus Rasi: 14.26

Tithi 24

Gulika

4:37PM – 6:08PM

Purvashadha* Until 4:50AM Mon

Ganesha: White

Sunrise: 7:26AM

Sutra 342

Yama

1:33PM – 3:05PM

Variyan Until 6:28PM

Muruga: Clear

Sunset: 7:40PM

Krodhin 5126

Creative Work Siddha Yoga

181198578 **Rahu**

6:08PM – 7:40PM

Taitila Until 6:11PM

Nataraja: Clear

Moon – Light Blue

1	Monday, March 24, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 343 Krodhin 5126	
	Dhanus Rasi: 27.17	Tithi 24 – 25	Gulika	3:05PM – 4:37PM	Uttarashadha Until 4:50AM Tue	Ganesha: White	<i>Sunrise:</i> 7:25AM	
	Family Home Evening	181198578	Rahu	8:57AM – 10:29AM	Parigha* Until 5:15PM	Muruga: Clear	<i>Sunset:</i> 7:41PM	Moon 3 - Phase 47 - 9
	Routine Work Marana Yoga				Vanija Until 6:03PM	Nataraja: Clear		2nd Phase
	Until 4:50AM Tue Then Creative Work - Siddha Yoga				Navami* Until 6:12AM	Moon – Light Blue Phalguna*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
2	Tuesday, March 25, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 344 Krodhin 5126	
	Makara Rasi: 10.34	Tithi 26	Gulika	1:33PM – 3:05PM	Shravana Until 4:20AM Wed	Ganesha: Clear	<i>Sunrise:</i> 7:23AM	
		191198578	Rahu	4:37PM – 6:10PM	Shiva Until 3:24PM	Muruga: Clear	<i>Sunset:</i> 7:42PM	Moon 3 - Phase 47 - 10
	Creative Work Siddha Yoga				Bava Until 5:06PM	Nataraja: Clear		2nd Phase
	Until 4:20AM Wed Then Routine Work - Prabalarishta Yoga				Ekadashi* Until 4:18AM Wed	Moon – Purple Phalguna*Panguni	Devaloka Day	
3	Wednesday, March 26, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 345 Krodhin 5126	
	Makara Rasi: 24.17	Tithi 27	Gulika	12:00PM – 1:32PM	Dhanishtha Until 2:59AM Thu	Ganesha: Clear	<i>Sunrise:</i> 7:22AM	
		191198578	Rahu	1:32PM – 3:05PM	Siddha Until 12:55PM	Muruga: Clear	<i>Sunset:</i> 7:43PM	Moon 3 - Phase 47 - 11
	Routine Work Prabalarishta Yoga				Kaulava Until 3:23PM	Nataraja: Clear		2nd Phase
	Until 2:59AM Thu Then Creative Work - Siddha Yoga				Dvadashi* Until 2:14AM Thu	Moon – Purple Phalguna*Panguni	Devaloka Day	
4	Thursday, March 27, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 346 Krodhin 5126	
	Kumbha Rasi: 8.28	Tithi 28	Gulika	10:26AM – 11:59AM	Shatabhishak Until 12:54AM Fri	Ganesha: Clear	<i>Sunrise:</i> 7:20AM	
		191198578	Rahu	3:05PM – 4:38PM	Sadhya Until 9:53AM	Muruga: Clear	<i>Sunset:</i> 7:44PM	Moon 3 - Phase 47 - 12
	Creative Work Siddha Yoga				Gara Until 12:59PM	Nataraja: Clear		2nd Phase
					Trayodashi* Until 11:33PM	Moon – Purple Phalguna*Panguni	Devaloka Day	
<i>Pradosha Vrata (Fasting)</i>								
5	Friday, March 28, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Subha/Sukla Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 347 Krodhin 5126	
	Kumbha Rasi: 23.02	Tithi 29	Gulika	8:52AM – 10:25AM	Purvaproshtapada* Until 10:37PM	Ganesha: Purple	<i>Sunrise:</i> 7:19AM	
		111198578	Rahu	11:58AM – 1:32PM	Subha Until 6:24AM	Muruga: Clear	<i>Sunset:</i> 7:45PM	Moon 3 - Phase 47 - 13
	Creative Work Siddha Yoga				Visti Until 10:03AM	Nataraja: Clear		2nd Phase
					Chaturdashi* Until 8:24PM	Moon – Clear Phalguna*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Saturday, March 29, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 348 Krodhin 5126	
	Retreat Star		Gulika	7:17AM – 8:51AM	Uttaraproshtapada Until 7:54PM	Ganesha: Purple	<i>Sunrise:</i> 7:17AM	
	Meena Rasi: 7.56	Tithi 30 – 1	Rahu	10:24AM – 11:58AM	Brahma Until 10:30PM	Muruga: Clear	<i>Sunset:</i> 7:46PM	Moon 3 - Phase 47 - 14
	Creative Work Siddha Yoga				Catuspada Until 6:43AM	Nataraja: Clear		Amavasya
	Until 7:54PM Then Routine Work - Prabalarishta Yoga				Amavasya* Until 4:56PM	Moon – Clear Phalguna*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Sunday, March 30, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 349 Krodhin 5126	
	Retreat Star		Gulika	4:39PM – 6:13PM	Revati Until 4:55PM	Ganesha: Purple	<i>Sunrise:</i> 7:16AM	
	Meena Rasi: 23.01	Tithi 1 – 2	Rahu	6:13PM – 7:47PM	Indra Until 6:21PM	Muruga: Clear	<i>Sunset:</i> 7:47PM	Moon 3 - Phase 47 - 15
	Creative Work Amrita Yoga				Balava Until 11:30PM	Nataraja: Clear		Prathama
	Until 4:55PM Then Creative Work - Siddha Yoga			Yugadhi	Prathama* Until 1:18PM	Moon – Clear Chaitra*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Dushanbe, Tajikistan on 10/27/23

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1	Monday, March 31, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 350	
	Mesha Rasi: 8.09	Tithi 2 – 3	Gulika 3:05PM – 4:39PM	Ashvini Until 2:13PM	Ganesha: Purple	Sunrise: 7:14AM	Krodhin 5126	
	Family Home Evening	122198578	Yama 11:57AM – 1:31PM	Vaidhriti* Until 2:14PM	Muruga: Clear	Sunset: 7:48PM	Moon 3 - Phase 48 - 16	
	Creative Work Siddha Yoga		Rahu 8:48AM – 10:22AM	Taitila Until 7:56PM	Nataraja: Clear		3rd Phase	
Chellappaswami Mahasamadhi			Dvitiya Until 9:41AM		Chaitra•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
2	Tuesday, April 1, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Gara/Visti* Karana Tritiya/Chaturthiyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 351	
	Mesha Rasi: 23.11	Tithi 3 – 4	Gulika 1:31PM – 3:05PM	Bharani Until 11:36AM	Ganesha: Purple	Sunrise: 7:14AM	Krodhin 5126	
		122198578	Yama 10:22AM – 11:57AM	Vishkambha* Until 10:16AM	Muruga: Clear	Sunset: 7:48PM	Moon 3 - Phase 48 - 17	
	Creative Work Siddha Yoga		Rahu 4:39PM – 6:13PM	Visti Until 3:04AM Wed	Nataraja: Clear		3rd Phase	
			Tritiya Until 6:13AM		Chaitra•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
3	Wednesday, April 2, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 352	
	Vrishabha Rasi: 7.58	Tithi 5	Gulika 11:56AM – 1:30PM	Krittika Until 9:11AM	Ganesha: Purple	Sunrise: 7:12AM	Krodhin 5126	
		122198578	Yama 8:47AM – 10:21AM	Priti Until 6:37AM	Muruga: Clear	Sunset: 7:48PM	Moon 3 - Phase 48 - 18	
	Creative Work Amrita Yoga		Rahu 1:30PM – 3:05PM	Bava Until 1:40PM	Nataraja: Clear		3rd Phase	
Until 9:11AM			Panchami Until 12:21AM Thu		Chaitra•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								
4	Thursday, April 3, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 353	
	Vrishabha Rasi: 22.25	Tithi 6	Gulika 10:21AM – 11:55AM	Rohini Until 7:32AM	Ganesha: Clear	Sunrise: 7:11AM	Krodhin 5126	
		132198578	Yama 7:11AM – 8:46AM	Saubhagya Until 12:30AM Fri	Muruga: Clear	Sunset: 7:49PM	Moon 3 - Phase 48 - 19	
	Routine Work Marana Yoga		Rahu 3:05PM – 4:40PM	Kaulava Until 11:13AM	Nataraja: Clear		3rd Phase	
			Shashthi* Until 10:13PM		Moon – Yellow	Devaloka Day		
			Chaitra•Panguni					
5	Friday, April 4, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 354	
	Mithuna Rasi: 6.28	Tithi 7	Gulika 8:45AM – 10:20AM	Mrigashira Until 6:20AM	Ganesha: Clear	Sunrise: 7:09AM	Krodhin 5126	
		132198578	Yama 4:40PM – 6:15PM	Sobhana Until 10:14PM	Muruga: Clear	Sunset: 7:50PM	Moon 3 - Phase 48 - 20	
	Creative Work Siddha Yoga		Rahu 11:55AM – 1:30PM	Gara Until 9:24AM	Nataraja: Clear		3rd Phase	
			Saptami Until 8:43PM		Moon – Yellow	Devaloka Day		
			Chaitra•Panguni					
D	Saturday, April 5, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 355	
	Retreat Star		Gulika 7:08AM – 8:43AM	Punarvasu Until 6:00AM Sun	Ganesha: White	Sunrise: 7:08AM	Krodhin 5126	
	Mithuna Rasi: 20.05	Tithi 8	Yama 3:05PM – 4:40PM	Athiganda* Until 8:31PM	Muruga: Clear	Sunset: 7:51PM	Moon 3 - Phase 48 - 21	
		142198578	Rahu 10:19AM – 11:54AM	Visti Until 8:16AM	Nataraja: Clear		Ashtami	
Creative Work Siddha Yoga			Ashtami* Until 7:57PM		Moon – Blue	Bhuloka Day		
					Chaitra•Panguni	Devaloka Time: 3:PM to 6:PM		
	Sunday, April 6, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 356	
	Retreat Star		Gulika 4:41PM – 6:16PM	Punarvasu Until 6:00AM	Ganesha: Green	Sunrise: 7:06AM	Krodhin 5126	
	Kataka Rasi: 3.19	Tithi 9	Yama 1:29PM – 3:05PM	Sukarma Until 7:22PM	Muruga: Clear	Sunset: 7:52PM	Moon 3 - Phase 48 - 22	
		142298578	Rahu 6:16PM – 7:52PM	Balava Until 7:51AM	Nataraja: Clear		Navami	
Creative Work Siddha Yoga			Navami* Until 7:53PM		Moon – Blue	Bhuloka Day		
Sri Rama Navami					Chaitra•Panguni	Devaloka Time: 3:PM to 6:PM		

1	Monday, April 7, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 357	
	Kataka Rasi: 16.11	Tithi 10	Gulika 3:05PM – 4:41PM	Pushya Until 6:53AM	Ganesha: Green	Sunrise: 7:05AM	Krodhin 5126	
	Family Home Evening	142298578	Rahu 8:41AM – 10:17AM	Dhriti Until 6:46PM	Muruga: Clear	Sunset: 7:53PM	Moon 3 - Phase 49 - 23	
	Creative Work Siddha Yoga			Taitila Until 8:08AM	Nataraja: Clear		4th Phase	
		Yogaswami Mahasamadhi	Dashami Until 8:30PM	Chaitra*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM			
2	Tuesday, April 8, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 358	
	Kataka Rasi: 28.46	Tithi 11	Gulika 1:29PM – 3:05PM	Ashlesha* Until 8:13AM	Ganesha: Green	Sunrise: 7:03AM	Krodhin 5126	
		142298578	Rahu 4:41PM – 6:18PM	Shula* Until 6:37PM	Muruga: Clear	Sunset: 7:54PM	Moon 3 - Phase 49 - 24	
	Creative Work Siddha Yoga			Vanija Until 9:03AM	Nataraja: Clear		4th Phase	
			Ekadashi Until 9:43PM	Chaitra*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM			
3	Wednesday, April 9, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 359	
	Simha Rasi: 11.04	Tithi 12	Gulika 11:52AM – 1:28PM	Magha* Until 10:25AM	Ganesha: Red	Sunrise: 7:02AM	Krodhin 5126	
		152298578	Rahu 1:28PM – 3:05PM	Ganda* Until 6:53PM	Muruga: Clear	Sunset: 7:55PM	Moon 3 - Phase 49 - 25	
	Creative Work Siddha Yoga			Bava Until 10:32AM	Nataraja: Clear		4th Phase	
		Until 10:25AM	Dvadashi Until 11:26PM	Chaitra*Panguni	Devaloka Day			
		Then Creative Work - Amrita Yoga						
4	Thursday, April 10, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 360	
	Simha Rasi: 23.12	Tithi 13	Gulika 10:14AM – 11:51AM	Purvaphalguni Until 12:54PM	Ganesha: Red	Sunrise: 7:00AM	Krodhin 5126	
		152298578	Rahu 3:05PM – 4:42PM	Vriddhi Until 7:28PM	Muruga: Clear	Sunset: 7:56PM	Moon 3 - Phase 49 - 26	
	Creative Work Siddha Yoga			Kaulava Until 12:28PM	Nataraja: Clear		4th Phase	
			Trayodashi Until 1:32AM Fri	Chaitra*Panguni	Devaloka Day			
			Pradosha Vrata					
5	Friday, April 11, 2025		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 361	
	Kanya Rasi: 5.11	Tithi 14	Gulika 8:36AM – 10:13AM	Uttaraphalguni Until 3:30PM	Ganesha: Red	Sunrise: 6:59AM	Krodhin 5126	
		152298578	Rahu 11:51AM – 1:28PM	Dhruva Until 8:14PM	Muruga: Clear	Sunset: 7:57PM	Moon 3 - Phase 49 - 27	
	Creative Work Siddha Yoga			Gara Until 2:43PM	Nataraja: Clear		4th Phase	
		Until 3:30PM	Chaturdashi* Until 3:54AM Sat	Chaitra*Panguni	Devaloka Day			
		Then Creative Work - Amrita Yoga						
O	Saturday, April 12, 2025 Copper Retreat Star		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 362	
	Kanya Rasi: 17.05	Tithi 15	Gulika 6:57AM – 8:35AM	Hasta Until 6:39PM	Ganesha: Blue	Sunrise: 6:57AM	Krodhin 5126	
		162298578	Rahu 10:12AM – 11:50AM	Vyaghata* Until 9:10PM	Muruga: Clear	Sunset: 7:58PM	Moon 3 - Phase 49 - Purnima	
	Routine Work Marana Yoga			Visti Until 5:11PM	Nataraja: Clear			
		Panguni Uttiram Hanuman Jayanti	Purnima* Until 6:25AM Sun	Chaitra*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM			
	Sunday, April 13, 2025 Silver Retreat Star		Krodhin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sutra 363	
	Kanya Rasi: 28.55	Tithi 15 – 16	Gulika 4:43PM – 6:21PM	Chitra Until 9:42PM	Ganesha: Blue	Sunrise: 6:56AM	Krodhin 5126	
		163298578	Rahu 6:21PM – 7:59PM	Harshana Until 10:10PM	Muruga: Clear	Sunset: 7:59PM	Moon 3 - Phase 49 - Prathama	
	Creative Work Siddha Yoga			Balava Until 7:43PM	Nataraja: Clear			
			Purnima* Until 6:25AM	Chaitra*Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM			