



Sunday, May 7, 2023 Gold Retreat Star

Vrischika Rasi: 17.2 Tithi 18

272196579

Gulika 2:53PM – 4:19PM
Yama 12:01PM – 1:27PM
Rahu 4:19PM – 5:45PM

Routine Work Marana Yoga
Until 3:29AM Mon
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Parigha/Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Jyeshtha* Until 3:29AM Mon
Parigha* Until 11:20AM
Vanija Until 3:49PM
Tritiya Until 2:47AM Mon

Ganesha: Blue *Sunrise:* 6:18AM
Muruga: Clear *Sunset:* 5:45PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Uturea, FRPO
Sutra 20
Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

1

Monday, May 8, 2023

Dhanus Rasi: 1.23 Tithi 19

Family Home Evening

Creative Work Siddha Yoga

282196579

Gulika 1:27PM – 2:53PM
Yama 10:36AM – 12:01PM
Rahu 7:44AM – 9:10AM

Mula* Until 2:12AM Tue
Shiva Until 8:36AM
Bava Until 1:44PM
Chaturthi* Until 12:37AM Tue

Ganesha: Red *Sunrise:* 6:19AM
Muruga: Clear *Sunset:* 5:44PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Uturea, FRPO
Sun 1 Sutra 21
Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

2

Tuesday, May 9, 2023

Dhanus Rasi: 15.34 Tithi 20

Creative Work Siddha Yoga

Until 12:40AM Wed

Then Creative Work - Amrita Yoga

282196579

Gulika 12:01PM – 1:27PM
Yama 9:10AM – 10:36AM
Rahu 2:53PM – 4:18PM

Purvashadha* Until 12:40AM Wed
Sadhya Until 2:44AM Wed
Kaulava Until 11:29AM
Panchami Until 10:19PM

Ganesha: Red *Sunrise:* 6:19AM
Muruga: Clear *Sunset:* 5:44PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Uturea, FRPO
Sun 2 Sutra 22
Sobhana 5125
Moon 5 - Phase 4 - 2nd Phase

3

Wednesday, May 10, 2023

Dhanus Rasi: 29.49 Tithi 21

Creative Work Amrita Yoga

Until 10:58PM

Then Creative Work - Siddha Yoga

283196579

Gulika 10:36AM – 12:01PM
Yama 7:45AM – 9:10AM
Rahu 12:01PM – 1:27PM

Uttarashadha Until 10:58PM
Subha Until 11:46PM
Gara Until 9:10AM
Shashthi* Until 7:59PM

Ganesha: Blue *Sunrise:* 6:19AM
Muruga: Clear *Sunset:* 5:43PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Uturea, FRPO
Sun 3 Sutra 23
Sobhana 5125
Moon 5 - Phase 4 - 3rd Phase

4

Thursday, May 11, 2023

Makara Rasi: 14.05 Tithi 22 – 23

Creative Work Siddha Yoga

293196579

Gulika 9:10AM – 10:36AM
Yama 6:20AM – 7:45AM
Rahu 1:27PM – 2:52PM

Chidambaram Abhishekam

Shravana Until 9:35PM
Sukla Until 8:48PM
Visti Until 6:50AM
Saptami Until 5:40PM

Ganesha: Red *Sunrise:* 6:20AM
Muruga: Clear *Sunset:* 5:43PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Uturea, FRPO
Sun 4 Sutra 24
Sobhana 5125
Moon 5 - Phase 4 - 4th Phase

D

Friday, May 12, 2023

Retreat Star

Makara Rasi: 28.18 Tithi 23 – 24

Creative Work Siddha Yoga

293196579

Gulika 7:45AM – 9:11AM
Yama 2:52PM – 4:17PM
Rahu 10:36AM – 12:01PM

Dhanishtha Until 8:09PM
Brahma Until 5:55PM
Taitila Until 2:23AM Sat
Ashtami* Until 3:26PM

Ganesha: Red *Sunrise:* 6:20AM
Muruga: Clear *Sunset:* 5:43PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Uturea, FRPO
Sun 5 Sutra 25
Sobhana 5125
Moon 5 - Phase 4 - 5th Phase

Saturday, May 13, 2023

Retreat Star

Kumbha Rasi: 12.27 Tithi 24 – 25

Creative Work Amrita Yoga

Until 6:43PM

Then Routine Work - Marana Yoga

293196579

Gulika 6:20AM – 7:46AM
Yama 1:27PM – 2:52PM
Rahu 9:11AM – 10:36AM

Shatabhishak Until 6:43PM
Indra Until 3:10PM
Vanija Until 12:21AM Sun
Navami* Until 1:20PM

Ganesha: Red *Sunrise:* 6:20AM
Muruga: Clear *Sunset:* 5:42PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Uturea, FRPO
Sun 6 Sutra 26
Sobhana 5125
Moon 5 - Phase 4 - 6th Phase

1	Sunday, May 14, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashtyam Titau					Utarea, FRPO
	Kumbha Rasi: 26.3	Tithi 25 – 26	Gulika	2:52PM – 4:17PM	Purvaproshtapada* Until 5:43PM	Ganesha: Clear	Sunrise: 6:21AM	Sun 7 Sutra 27
			Yama	12:01PM – 1:26PM	Vaidhriti* Until 12:31PM	Muruga: Clear	Sunset: 5:42PM	Sobhana 5125
			213196579 Rahu	4:17PM – 5:42PM	Bava Until 10:31PM	Nataraja: Purple		Moon 5 - Phase 5 - 7
	Creative Work Siddha Yoga					Moon – Clear		2nd Phase
Until 5:43PM			Mother's Day	Dashami Until 11:23AM	Vaisaka*Vaikasi	Sivaloka Day		
Then Creative Work - Amrita Yoga								
2	Monday, May 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau					Utarea, FRPO
	Meena Rasi: 10.26	Tithi 26 – 27	Gulika	1:26PM – 2:52PM	Uttaraproshtapada Until 4:49PM	Ganesha: Clear	Sunrise: 6:21AM	Sun 8 Sutra 28
			Yama	10:36AM – 12:01PM	Vishkambha* Until 10:03AM	Muruga: Clear	Sunset: 5:42PM	Sobhana 5125
	Family Home Evening		213196579 Rahu	7:46AM – 9:11AM	Kaulava Until 8:54PM	Nataraja: Purple		Moon 5 - Phase 5 - 8
	Creative Work Siddha Yoga				Ekadashi* Until 9:39AM	Moon – Clear		2nd Phase
					Vaisaka*Vaikasi	Sivaloka Day		
3	Tuesday, May 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Priti/Ayushman Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau					Utarea, FRPO
	Meena Rasi: 24.12	Tithi 27 – 28	Gulika	12:01PM – 1:26PM	Revati Until 4:02PM	Ganesha: Clear	Sunrise: 6:21AM	Sun 9 Sutra 29
			Yama	9:11AM – 10:36AM	Priti Until 7:48AM	Muruga: Clear	Sunset: 5:41PM	Sobhana 5125
			213196579 Rahu	2:51PM – 4:16PM	Gara Until 7:34PM	Nataraja: Purple		Moon 5 - Phase 5 - 9
	Creative Work Siddha Yoga				Dvadashi* Until 8:10AM	Moon – Clear		2nd Phase
					Vaisaka*Vaikasi	Sivaloka Day		
					Pradosha Vrata (Fasting)			
4	Wednesday, May 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Utarea, FRPO
	Mesha Rasi: 7.47	Tithi 28 – 29	Gulika	10:36AM – 12:01PM	Ashvini Until 3:52PM	Ganesha: Orange	Sunrise: 6:22AM	Sun 10 Sutra 30
			Yama	7:46AM – 9:11AM	Saubhagya Until 4:05AM Thu	Muruga: Clear	Sunset: 5:41PM	Sobhana 5125
			223196579 Rahu	12:01PM – 1:26PM	Visti Until 6:35PM	Nataraja: Purple		Moon 5 - Phase 5 - 10
	Routine Work Marana Yoga				Trayodashi* Until 7:00AM	Moon – White		2nd Phase
Until 3:52PM					Vaisaka*Vaikasi	Sivaloka Day		
Then Creative Work - Siddha Yoga								
	Thursday, May 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Utarea, FRPO
	Retreat Star		Gulika	9:12AM – 10:36AM	Bharani Until 3:58PM	Ganesha: Orange	Sunrise: 6:22AM	Sun 11 Sutra 31
	Mesha Rasi: 21.1	Tithi 29 – 30	Yama	6:22AM – 7:47AM	Sobhana Until 2:45AM Fri	Muruga: Clear	Sunset: 5:41PM	Sobhana 5125
			223196579 Rahu	1:26PM – 2:51PM	Catuspada Until 6:00PM	Nataraja: Purple		Moon 5 - Phase 5 - 11
	Creative Work Siddha Yoga				Chaturdashi* Until 6:13AM	Moon – White		Amavasya
Until 3:58PM					Vaisaka*Vaikasi	Sivaloka Day		
Then Routine Work - Marana Yoga								
	Friday, May 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda* Yoga Kintughna*/Bava Karana Prathamayam Titau					Utarea, FRPO
	Retreat Star		Gulika	7:47AM – 9:12AM	Krittika Until 4:22PM	Ganesha: Orange	Sunrise: 6:22AM	Sun 12 Sutra 32
	Vrishabha Rasi: 4.19	Tithi 1	Yama	2:51PM – 4:16PM	Athiganda* Until 1:46AM Sat	Muruga: Clear	Sunset: 5:41PM	Sobhana 5125
			223196579 Rahu	10:37AM – 12:01PM	Kintughna Until 5:54PM	Nataraja: Purple		Moon 5 - Phase 5 - 12
	Creative Work Siddha Yoga				Prathama* Until 6:01AM Sat	Moon – White		Prathama
Until 4:22PM					Jyeshtha*Vaikasi	Sivaloka Day		
Then Routine Work - Marana Yoga								

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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1	Saturday, May 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Utarea, FRPO
	Vrishabha Rasi: 17.11	Tithi 1 – 2	Gulika 6:22AM – 7:47AM	Rohini Until 5:35PM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sun 13 Sutra 33
			Yama 1:26PM – 2:51PM	Sukarma Until 1:13AM Sun	Muruga: Clear	<i>Sunset:</i> 5:40PM	Sobhana 5125
	233196579	Rahu 9:12AM – 10:37AM		Balava Until 6:19PM	Nataraja: Purple		Moon 5 - Phase 6 - 13 3rd Phase
Creative Work Amrita Yoga				Prathama* Until 6:01AM	Moon – Yellow	Sivaloka Day	
Until 5:35PM					Jyeshtha*Vaikasi		
Then Creative Work - Siddha Yoga							
2	Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Utarea, FRPO
	Vrishabha Rasi: 29.5	Tithi 2 – 3	Gulika 2:51PM – 4:16PM	Mrigashira Until 7:08PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sun 14 Sutra 34
			Yama 12:02PM – 1:26PM	Dhriti Until 1:05AM Mon	Muruga: Clear	<i>Sunset:</i> 5:40PM	Sobhana 5125
	233196579	Rahu 4:16PM – 5:40PM		Taitila Until 7:14PM	Nataraja: Purple		Moon 5 - Phase 6 - 14 3rd Phase
Creative Work Siddha Yoga				Dvitiya Until 6:42AM	Moon – Yellow	Sivaloka Day	
					Jyeshtha*Vaikasi		
3	Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Utarea, FRPO
	Mithuna Rasi: 12.15	Tithi 3 – 4	Gulika 1:26PM – 2:51PM	Ardra Until 9:01PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sun 15 Sutra 35
	Family Home Evening		Yama 10:37AM – 12:02PM	Shula* Until 1:18AM Tue	Muruga: Clear	<i>Sunset:</i> 5:40PM	Sobhana 5125
	233196579	Rahu 7:48AM – 9:12AM		Vanija Until 8:40PM	Nataraja: Purple		Moon 5 - Phase 6 - 15 3rd Phase
Creative Work Siddha Yoga				Tritiya Until 7:52AM	Moon – Yellow	Sivaloka Day	
Until 9:01PM					Jyeshtha*Vaikasi		
Then Creative Work - Amrita Yoga							
4	Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Utarea, FRPO
	Mithuna Rasi: 24.28	Tithi 4 – 5	Gulika 12:02PM – 1:26PM	Punarvasu Until 11:37PM	Ganesha: Purple	<i>Sunrise:</i> 6:23AM	Sun 16 Sutra 36
			Yama 9:13AM – 10:37AM	Ganda* Until 1:50AM Wed	Muruga: Clear	<i>Sunset:</i> 5:40PM	Sobhana 5125
	243196579	Rahu 2:51PM – 4:15PM		Bava Until 10:30PM	Nataraja: Purple		Moon 5 - Phase 6 - 16 3rd Phase
Creative Work Siddha Yoga				Chaturthi* Until 9:31AM	Moon – Blue	Subha Sivaloka Day	
					Jyeshtha*Vaikasi		
5	Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Utarea, FRPO
	Kataka Rasi: 6.31	Tithi 5 – 6	Gulika 10:37AM – 12:02PM	Pushya Until 2:22AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Sun 17 Sutra 37
			Yama 7:48AM – 9:13AM	Vriddhi Until 2:37AM Thu	Muruga: Clear	<i>Sunset:</i> 5:40PM	Sobhana 5125
	244196579	Rahu 12:02PM – 1:26PM		Kaulava Until 12:40AM Thu	Nataraja: Purple		Moon 5 - Phase 6 - 17 3rd Phase
Creative Work Siddha Yoga				Panchami Until 11:32AM	Moon – Blue	Sivaloka Day	
					Jyeshtha*Vaikasi		
6	Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Utarea, FRPO
	Kataka Rasi: 18.28	Tithi 6 – 7	Gulika 9:13AM – 10:37AM	Ashlesha* Until 5:05AM Fri	Ganesha: White	<i>Sunrise:</i> 6:24AM	Sun 18 Sutra 38
			Yama 6:24AM – 7:49AM	Dhruva Until 3:29AM Fri	Muruga: Clear	<i>Sunset:</i> 5:40PM	Sobhana 5125
	344196579	Rahu 1:26PM – 2:51PM		Gara Until 2:59AM Fri	Nataraja: Purple		Moon 5 - Phase 6 - 18 3rd Phase
Creative Work Siddha Yoga				Shashthi* Until 1:48PM	Moon – Blue	Devaloka Day	
Until 5:05AM Fri					Jyeshtha*Vaikasi		
Then Routine Work - Marana Yoga							
Retreat Star	Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Utarea, FRPO
	Simha Rasi: 0.22	Tithi 7 – 8	Gulika 7:49AM – 9:13AM	Magha* Until 8:07AM Sat	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Sun 19 Sutra 39
			Yama 2:51PM – 4:15PM	Vyaghata* Until 4:21AM Sat	Muruga: Clear	<i>Sunset:</i> 5:40PM	Sobhana 5125
	354196579	Rahu 10:38AM – 12:02PM		Visti Until 5:18AM Sat	Nataraja: Purple		Moon 5 - Phase 6 - 19 3rd Phase
Routine Work Marana Yoga				Saptami Until 4:08PM	Moon – Red	Sivaloka Day	
Until 8:07AM Sat					Jyeshtha*Vaikasi		
Then Creative Work - Siddha Yoga							
Retreat Star	Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Bava Karana Ashtamyam Titau				Utarea, FRPO
	Simha Rasi: 12.16	Tithi 8	Gulika 6:25AM – 7:49AM	Magha* Until 8:07AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Sun 20 Sutra 40
			Yama 1:26PM – 2:51PM	Harshana Until 5:04AM Sun	Muruga: Clear	<i>Sunset:</i> 5:39PM	Sobhana 5125
	354196579	Rahu 9:13AM – 10:38AM		Bava Until 6:21PM	Nataraja: Purple		Moon 5 - Phase 6 - 20 Ashtami
Creative Work Amrita Yoga				Ashtami* Until 6:21PM	Moon – Red	Sivaloka Day	
Until 8:07AM					Jyeshtha*Vaikasi		
Then Creative Work - Siddha Yoga							
Retreat Star	Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Utarea, FRPO
	Simha Rasi: 24.16	Tithi 9	Gulika 2:51PM – 4:15PM	Purvaphalguni Until 10:44AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Sun 21 Sutra 41
			Yama 12:02PM – 1:27PM	Vajra* Until 5:26AM Mon	Muruga: Clear	<i>Sunset:</i> 5:39PM	Sobhana 5125
	354196579	Rahu 4:15PM – 5:39PM		Balava Until 7:22AM	Nataraja: Purple		Moon 5 - Phase 6 - 21 Navami
Creative Work Siddha Yoga				Navami* Until 8:14PM	Moon – Red	Sivaloka Day	
Until 10:44AM					Jyeshtha*Vaikasi		
Then Creative Work - Amrita Yoga							

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Monday, May 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi Yoga Taitila/Gara Karana Dashamyam Titau						Utarea, FRPO Sun 22 Sutra 42 Sobhana 5125	
	Kanya Rasi: 6.26	Tithi 10	Gulika	1:27PM – 2:51PM	Uttaraphalguni Until 12:45PM	Ganesha: Clear	Sunrise: 6:26AM	Moon 5 - Phase 7 - 22 4th Phase		
	Family Home Evening	354196579	Yama	10:38AM – 12:02PM	Siddhi Until 5:22AM Tue	Muruga: Clear	Sunset: 5:39PM			
			Rahu	7:50AM – 9:14AM	Taitila Until 9:01AM	Nataraja: Purple				
Creative Work	Siddha Yoga			Dashami Until 9:36PM	Moon – Red	Sivaloka Day				
2	Tuesday, May 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau						Utarea, FRPO Sun 23 Sutra 43 Sobhana 5125	
	Kanya Rasi: 18.52	Tithi 11	Gulika	12:03PM – 1:27PM	Hasta Until 2:29PM	Ganesha: Purple	Sunrise: 6:26AM	Moon 5 - Phase 7 - 23 4th Phase		
	364196579	Yama	9:14AM – 10:38AM	Vyatipata* Until 4:45AM Wed	Muruga: Clear	Sunset: 5:39PM				
		Rahu	2:51PM – 4:15PM	Vanija Until 10:03AM	Nataraja: Purple					
Creative Work	Siddha Yoga			Ekadashi Until 10:16PM	Moon – Green	Devaloka Day				
3	Wednesday, May 31, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Bava/Balava Karana Dvadashyam Titau						Utarea, FRPO Sun 24 Sutra 44 Sobhana 5125	
	Tula Rasi: 1.37	Tithi 12	Gulika	10:39AM – 12:03PM	Chitra Until 3:19PM	Ganesha: Purple	Sunrise: 6:26AM	Moon 5 - Phase 7 - 24 4th Phase		
	364196579	Yama	7:50AM – 9:14AM	Variyan Until 3:30AM Thu	Muruga: Clear	Sunset: 5:39PM				
		Rahu	12:03PM – 1:27PM	Bava Until 10:21AM	Nataraja: Purple					
Creative Work	Siddha Yoga			Dvadashi Until 10:11PM	Moon – Green	Devaloka Day				
4	Thursday, June 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau						Utarea, FRPO Sun 25 Sutra 45 Sobhana 5125	
	Tula Rasi: 14.44	Tithi 13	Gulika	9:15AM – 10:39AM	Svati Until 3:15PM	Ganesha: Clear	Sunrise: 6:27AM	Moon 5 - Phase 7 - 25 4th Phase		
	364296579	Yama	6:27AM – 7:51AM	Parigha* Until 1:40AM Fri	Muruga: Clear	Sunset: 5:39PM				
		Rahu	1:27PM – 2:51PM	Kaulava Until 9:53AM	Nataraja: Purple					
Creative Work	Amrita Yoga			Trayodashi Until 9:21PM	Moon – Green	Sivaloka Day				
5	Friday, June 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau						Utarea, FRPO Sun 26 Sutra 46 Sobhana 5125	
	Tula Rasi: 28.16	Tithi 14	Gulika	7:51AM – 9:15AM	Vishakha Until 2:47PM	Ganesha: White	Sunrise: 6:27AM	Moon 5 - Phase 7 - 26 4th Phase		
	374296579	Yama	2:51PM – 4:15PM	Shiva Until 11:19PM	Muruga: Clear	Sunset: 5:39PM				
		Rahu	10:39AM – 12:03PM	Gara Until 8:41AM	Nataraja: Purple					
Creative Work	Siddha Yoga		Vaikasi Visakam	Chaturdashi* Until 7:49PM	Moon – Orange	Subha Sivaloka Day				
O	Saturday, June 3, 2023 Copper Retreat Star		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Balava Karana Purnima/Prathamayam Titau						Utarea, FRPO Sun 27 Sutra 47 Sobhana 5125	
	Vrischika Rasi: 12.11	Tithi 15 – 16	Gulika	6:27AM – 7:51AM	Anuradha Until 1:34PM	Ganesha: White	Sunrise: 6:27AM	Moon 5 - Phase 7 - 27 Purnima		
	374296579	Yama	1:27PM – 2:51PM	Siddha Until 8:28PM	Muruga: Clear	Sunset: 5:39PM				
		Rahu	9:15AM – 10:39AM	Visti Until 6:51AM	Nataraja: Purple					
Creative Work	Siddha Yoga			Purnima* Until 5:43PM	Moon – Orange	Subha Sivaloka Day				
	Sunday, June 4, 2023 Silver Retreat Star		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau						Utarea, FRPO Sutra 48 Sobhana 5125	
	Vrischika Rasi: 26.27	Tithi 16 – 17	Gulika	2:51PM – 4:15PM	Jyeshtha* Until 11:45AM	Ganesha: White	Sunrise: 6:28AM	Moon 5 - Phase 7 - Prathama		
	374296579	Yama	12:03PM – 1:27PM	Sadhya Until 5:18PM	Muruga: Clear	Sunset: 5:39PM				
		Rahu	4:15PM – 5:39PM	Taitila Until 1:48AM Mon	Nataraja: Purple					
Routine Work	Marana Yoga			Prathama* Until 3:10PM	Moon – Orange	Subha Sivaloka Day				
Until 11:45AM										
Then Creative Work - Amrita Yoga										

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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Monday, June 5, 2023

Gold Retreat Star

Dhanus Rasi: 10.58 Tithi 17 – 18

Family Home Evening 385296571

Creative Work Siddha Yoga

Until 9:53AM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:27PM – 2:51PM
Yama 10:40AM – 12:03PM
Rahu 7:52AM – 9:16AM

Mula* Until 9:53AM
Subha Until 1:55PM
Vanija Until 10:53PM
Dvitiya Until 12:20PM

Ganesha: White *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 5:39PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha*Vaikasi

Devaloka Day

Utarea, FRPO
Sun 1 Sutra 49
Sobhana 5125
Moon 6 - Phase 8 - 1
1st Phase

1

Tuesday, June 6, 2023

Dhanus Rasi: 25.36 Tithi 18 – 19

385296571

Creative Work Siddha Yoga

Until 7:44AM

Then Routine Work - Prabaraishta Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika 12:04PM – 1:28PM
Yama 9:16AM – 10:40AM
Rahu 2:51PM – 4:15PM

Purvashadha* Until 7:44AM
Sukla Until 10:24AM
Bava Until 7:53PM
Tritiya Until 9:22AM

Ganesha: White *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 5:39PM
Nataraja: Blue
Moon – Light Blue
Jyeshtha*Vaikasi

Devaloka Day

Utarea, FRPO
Sun 2 Sutra 50
Sobhana 5125
Moon 6 - Phase 8 - 2
1st Phase

2

Wednesday, June 7, 2023

Makara Rasi: 10.15 Tithi 19 – 20

395296571

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Brahma/Indra Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Gulika 10:40AM – 12:04PM
Yama 7:52AM – 9:16AM
Rahu 12:04PM – 1:28PM

Shravana Until 3:31AM Thu
Brahma Until 6:54AM
Taitila Until 3:32AM Thu
Chaturthi* Until 6:23AM

Ganesha: Yellow *Sunrise:* 6:28AM
Muruga: Clear *Sunset:* 5:39PM
Nataraja: Blue
Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Utarea, FRPO
Sun 3 Sutra 51
Sobhana 5125
Moon 6 - Phase 8 - 3
1st Phase

3

Thursday, June 8, 2023

Makara Rasi: 24.49 Tithi 21

395296571

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 9:16AM – 10:40AM
Yama 6:29AM – 7:53AM
Rahu 1:28PM – 2:52PM

Dhanishtha Until 1:42AM Fri
Vaidhriti* Until 12:18AM Fri
Gara Until 2:13PM
Shashthi* Until 12:55AM Fri

Ganesha: Yellow *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 5:39PM
Nataraja: Blue
Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Utarea, FRPO
Sun 4 Sutra 52
Sobhana 5125
Moon 6 - Phase 8 - 4
1st Phase

4

Friday, June 9, 2023

Kumbha Rasi: 9.13 Tithi 22

395296571

Creative Work Siddha Yoga

Until 12:04AM Sat

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 7:53AM – 9:17AM
Yama 2:52PM – 4:16PM
Rahu 10:40AM – 12:04PM

Shatabhishak Until 12:04AM Sat
Vishkambha* Until 9:21PM
Visti Until 11:44AM
Saptami Until 10:36PM

Ganesha: Yellow *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 5:39PM
Nataraja: Blue
Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Utarea, FRPO
Sun 5 Sutra 53
Sobhana 5125
Moon 6 - Phase 8 - 5
1st Phase

D

Saturday, June 10, 2023

Retreat Star

Kumbha Rasi: 23.23 Tithi 23

315296571

Routine Work Marana Yoga

Until 11:05PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaprosarthapada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 6:29AM – 7:53AM
Yama 1:28PM – 2:52PM
Rahu 9:17AM – 10:41AM

Purvaprosarthapada* Until 11:05PM
Priti Until 6:44PM
Balava Until 9:37AM
Ashtami* Until 8:40PM

Ganesha: Clear *Sunrise:* 6:29AM
Muruga: Clear *Sunset:* 5:39PM
Nataraja: Blue
Moon – Clear
Jyeshtha*Vaikasi

Sivaloka Day

Utarea, FRPO
Sun 6 Sutra 54
Sobhana 5125
Moon 6 - Phase 8 - 6
Ashtami

Sunday, June 11, 2023

Retreat Star

Meena Rasi: 7.19 Tithi 24

315296571

Creative Work Amrita Yoga

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:52PM – 4:16PM
Yama 12:05PM – 1:28PM
Rahu 4:16PM – 5:40PM

Uttaraprosarthapada Until 10:22PM
Ayushman Until 4:24PM
Taitila Until 7:53AM
Navami* Until 7:09PM

Ganesha: Clear *Sunrise:* 6:30AM
Muruga: Clear *Sunset:* 5:40PM
Nataraja: Blue
Moon – Clear
Jyeshtha*Vaikasi

Sivaloka Day

Utarea, FRPO
Sun 7 Sutra 55
Sobhana 5125
Moon 6 - Phase 8 - 7
Navami

1	Monday, June 12, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau					Utarea, FRPO
	Meena Rasi: 20.59	Tithi 25	Gulika	1:29PM – 2:52PM	Revati Until 9:55PM	Ganesha: Clear	Sunrise: 6:30AM	Sun 8 Sutra 56
	Family Home Evening	315296571	Yama	10:41AM – 12:05PM	Saubhagya Until 2:26PM	Muruga: Clear	Sunset: 5:40PM	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu	7:54AM – 9:17AM	Vanija Until 6:33AM	Nataraja: Blue		Moon 6 - Phase 9 - 8
			Dashami Until 6:02PM			Moon – Clear		2nd Phase
						Jyeshtha*Vaikasi	Sivaloka Day	
2	Tuesday, June 13, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau					Utarea, FRPO
	Mesha Rasi: 4.24	Tithi 26 – 27	Gulika	12:05PM – 1:29PM	Ashvini Until 10:10PM	Ganesha: White	Sunrise: 6:30AM	Sun 9 Sutra 57
		325296571	Yama	9:18AM – 10:41AM	Sobhana Until 12:49PM	Muruga: Clear	Sunset: 5:40PM	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu	2:52PM – 4:16PM	Kaulava Until 5:10AM Wed	Nataraja: Blue		Moon 6 - Phase 9 - 9
			Ekadashi* Until 5:20PM			Moon – White		2nd Phase
						Jyeshtha*Vaikasi	Devaloka Day	
3	Wednesday, June 14, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau					Utarea, FRPO
	Mesha Rasi: 17.36	Tithi 27 – 28	Gulika	10:42AM – 12:05PM	Bharani Until 10:41PM	Ganesha: White	Sunrise: 6:31AM	Sun 10 Sutra 58
		325296571	Yama	7:54AM – 9:18AM	Athiganda* Until 11:30AM	Muruga: Clear	Sunset: 5:40PM	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu	12:05PM – 1:29PM	Gara Until 5:05AM Thu	Nataraja: Blue		Moon 6 - Phase 9 - 10
			Dvadashi* Until 5:03PM			Moon – White		2nd Phase
			Pradosha Vrata (Fasting)			Jyeshtha*Vaikasi	Devaloka Day	
4	Thursday, June 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Utarea, FRPO
	Vrishabha Rasi: 0.35	Tithi 28 – 29	Gulika	9:18AM – 10:42AM	Krittika Until 11:27PM	Ganesha: Yellow	Sunrise: 6:31AM	Sun 11 Sutra 59
		326296571	Yama	6:31AM – 7:55AM	Sukarma Until 10:31AM	Muruga: Clear	Sunset: 5:40PM	Sobhana 5125
	Routine Work	Marana Yoga	Rahu	1:29PM – 2:53PM	Visti Until 5:24AM Fri	Nataraja: Blue		Moon 6 - Phase 9 - 11
			Trayodashi* Until 5:10PM			Moon – White		2nd Phase
						Jyeshtha*Ani	Sivaloka Day	
5	Friday, June 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Dhriti/Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Utarea, FRPO
	Vrishabha Rasi: 13.23	Tithi 29 – 30	Gulika	7:55AM – 9:18AM	Rohini Until 12:55AM Sat	Ganesha: Red	Sunrise: 6:31AM	Sun 12 Sutra 60
		336296571	Yama	2:53PM – 4:17PM	Dhriti Until 9:52AM	Muruga: Clear	Sunset: 5:40PM	Sobhana 5125
	Routine Work	Marana Yoga	Rahu	10:42AM – 12:06PM	Catuspada Until 6:08AM Sat	Nataraja: Blue		Moon 6 - Phase 9 - 12
			Chaturdashi* Until 5:42PM			Moon – Yellow		2nd Phase
						Jyeshtha*Ani	Sivaloka Day	
●	Saturday, June 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau					Utarea, FRPO
	Retreat Star		Gulika	6:31AM – 7:55AM	Mrigashira Until 2:36AM Sun	Ganesha: Red	Sunrise: 6:31AM	Sun 13 Sutra 61
	Vrishabha Rasi: 25.59	Tithi 30	Yama	1:30PM – 2:53PM	Shula* Until 9:31AM	Muruga: Yellow	Sunset: 5:40PM	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu	9:19AM – 10:42AM	Catuspada Until 6:08AM	Nataraja: Blue		Moon 6 - Phase 9 - 13
			Amavasya* Until 6:38PM			Moon – Yellow		Amavasya
						Jyeshtha*Ani	Sivaloka Day	
	Sunday, June 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Ganda*/Vridhhi Yoga Kintughna*/Bava Karana Prathamayam Titau					Utarea, FRPO
	Retreat Star		Gulika	2:53PM – 4:17PM	Ardra Until 4:31AM Mon	Ganesha: Red	Sunrise: 6:32AM	Sun 14 Sutra 62
	Mithuna Rasi: 8.24	Tithi 1	Yama	12:06PM – 1:30PM	Ganda* Until 9:29AM	Muruga: Yellow	Sunset: 5:41PM	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu	4:17PM – 5:41PM	Kintughna Until 7:16AM	Nataraja: Blue		Moon 6 - Phase 9 - 14
			Prathama* Until 7:57PM			Moon – Yellow		Prathama
			Father's Day			Ashada*Ani	Sivaloka Day	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Monday, June 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vriddhi/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau					Utorea, FRPO
	Mithuna Rasi: 20.39	Tithi 2	Gulika	1:30PM – 2:54PM	Punarvasu Until 7:07AM Tue	Ganesha: Yellow	Sunrise: 6:32AM	Sun 15 Sutra 63
	Family Home Evening	346216571	Yama	10:43AM – 12:06PM	Vriddhi Until 9:46AM	Muruga: Yellow	Sunset: 5:41PM	Sobhana 5125
	Creative Work	Amrita Yoga	Rahu	7:56AM – 9:19AM	Balava Until 8:47AM	Nataraja: Blue		Moon 6 - Phase 10 - 15
	Until 7:07AM Tue				Dvitiya Until 9:39PM	Moon – Blue	Sivaloka Day	3rd Phase
Then Creative Work - Siddha Yoga					Ashada*Ani			
2	Tuesday, June 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau					Utorea, FRPO
	Kataka Rasi: 2.46	Tithi 3	Gulika	12:07PM – 1:30PM	Punarvasu Until 7:07AM	Ganesha: Yellow	Sunrise: 6:32AM	Sun 16 Sutra 64
			Yama	9:19AM – 10:43AM	Dhruva Until 10:17AM	Muruga: Yellow	Sunset: 5:41PM	Sobhana 5125
		346216571	Rahu	2:54PM – 4:17PM	Taitila Until 10:38AM	Nataraja: Blue		Moon 6 - Phase 10 - 16
	Creative Work	Siddha Yoga			Tritiya Until 11:40PM	Moon – Blue	Sivaloka Day	3rd Phase
					Ashada*Ani			
3	Wednesday, June 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau					Utorea, FRPO
	Kataka Rasi: 14.45	Tithi 4	Gulika	10:43AM – 12:07PM	Pushya Until 9:49AM	Ganesha: Yellow	Sunrise: 6:32AM	Sun 17 Sutra 65
			Yama	7:56AM – 9:20AM	Vyaghata* Until 11:03AM	Muruga: Yellow	Sunset: 5:41PM	Sobhana 5125
		346216571	Rahu	12:07PM – 1:30PM	Vanija Until 12:48PM	Nataraja: Blue		Moon 6 - Phase 10 - 17
	Creative Work	Siddha Yoga			Chaturthi* Until 1:56AM Thu	Moon – Blue	Sivaloka Day	3rd Phase
					Ashada*Ani			
4	Thursday, June 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau					Utorea, FRPO
	Kataka Rasi: 26.4	Tithi 5	Gulika	9:20AM – 10:43AM	Ashlesha* Until 12:34PM	Ganesha: Blue	Sunrise: 6:33AM	Sun 18 Sutra 66
			Yama	6:33AM – 7:56AM	Harshana Until 11:59AM	Muruga: Yellow	Sunset: 5:41PM	Sobhana 5125
		347216571	Rahu	1:31PM – 2:54PM	Bava Until 3:09PM	Nataraja: Blue		Moon 6 - Phase 10 - 18
	Creative Work	Siddha Yoga			Panchami Until 4:20AM Fri	Moon – Blue	Devaloka Day	3rd Phase
Until 12:34PM					Ashada*Ani			
Then Creative Work - Amrita Yoga								
5	Friday, June 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau					Utorea, FRPO
	Simha Rasi: 8.31	Tithi 6	Gulika	7:56AM – 9:20AM	Magha* Until 3:43PM	Ganesha: Yellow	Sunrise: 6:33AM	Sun 19 Sutra 67
			Yama	2:54PM – 4:18PM	Vajra* Until 12:56PM	Muruga: Yellow	Sunset: 5:42PM	Sobhana 5125
		357216571	Rahu	10:44AM – 12:07PM	Kaulava Until 5:33PM	Nataraja: Blue		Moon 6 - Phase 10 - 19
	Routine Work	Marana Yoga			Shashthi* Until 6:42AM Sat	Moon – Red	Sivaloka Day	3rd Phase
Until 3:43PM					Ashada*Ani			
Then Creative Work - Siddha Yoga								
6	Saturday, June 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau					Utorea, FRPO
	Simha Rasi: 20.24	Tithi 6 – 7	Gulika	6:33AM – 7:57AM	Purvaphalguni Until 6:35PM	Ganesha: Yellow	Sunrise: 6:33AM	Sun 20 Sutra 68
			Yama	1:31PM – 2:55PM	Siddhi Until 1:50PM	Muruga: Yellow	Sunset: 5:42PM	Sobhana 5125
		357216571	Rahu	9:20AM – 10:44AM	Gara Until 7:50PM	Nataraja: Blue		Moon 6 - Phase 10 - 20
	Creative Work	Siddha Yoga			Shashthi* Until 6:42AM	Moon – Red	Sivaloka Day	3rd Phase
Until 6:35PM					Ashada*Ani			
Then Routine Work - Marana Yoga								
D	Sunday, June 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau					Utorea, FRPO
	Retreat Star		Gulika	2:55PM – 4:19PM	Uttaraphalguni Until 8:59PM	Ganesha: Yellow	Sunrise: 6:33AM	Sun 21 Sutra 69
	Kanya Rasi: 2.22	Tithi 7 – 8	Yama	12:08PM – 1:31PM	Vyatipata* Until 2:32PM	Muruga: Yellow	Sunset: 5:42PM	Sobhana 5125
		357216571	Rahu	4:19PM – 5:42PM	Visti Until 9:46PM	Nataraja: Blue		Moon 6 - Phase 10 - 21
	Creative Work	Amrita Yoga			Saptami Until 8:50AM	Moon – Red	Sivaloka Day	Ashtami
			Chidambaram Abhishekam		Ashada*Ani			
	Monday, June 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Variyan/Parigaha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau					Utorea, FRPO
	Retreat Star		Gulika	1:32PM – 2:55PM	Hasta Until 11:10PM	Ganesha: Clear	Sunrise: 6:33AM	Sun 22 Sutra 70
	Kanya Rasi: 14.29	Tithi 8 – 9	Yama	10:44AM – 12:08PM	Variyan Until 2:49PM	Muruga: Yellow	Sunset: 5:42PM	Sobhana 5125
	Family Home Evening	367316571	Rahu	7:57AM – 9:21AM	Balava Until 11:09PM	Nataraja: Blue		Moon 6 - Phase 10 - 22
	Creative Work	Siddha Yoga			Ashtami* Until 10:31AM	Moon – Green	Sivaloka Day	Navami
Until 11:10PM					Ashada*Ani			
Then Routine Work - Prabalarishta Yoga								

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1	Tuesday, June 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Utorea, FRPO	
	Kanya Rasi: 26.53	Tithi 9 – 10	Gulika	12:08PM – 1:32PM	Chitra Until 12:29AM Wed	Ganesha: Clear	Sunrise: 6:33AM	Sun 23 Sutra 71
			Yama	9:21AM – 10:44AM	Parigha* Until 2:35PM	Muruga: Yellow	Sunset: 5:43PM	Sobhana 5125
	367316571		Rahu	2:55PM – 4:19PM	Taitila Until 11:48PM	Nataraja: Blue		Moon 6 - Phase 11 - 23
Creative Work	Siddha Yoga			Navami* Until 11:33AM	Moon – Green		4th Phase	
					Ashada*Ani		Sivaloka Day	
2	Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Utorea, FRPO	
	Tula Rasi: 9.37	Tithi 10 – 11	Gulika	10:45AM – 12:08PM	Svati Until 12:49AM Thu	Ganesha: Clear	Sunrise: 6:34AM	Sun 24 Sutra 72
			Yama	7:57AM – 9:21AM	Shiva Until 1:44PM	Muruga: Yellow	Sunset: 5:43PM	Sobhana 5125
	367316571		Rahu	12:08PM – 1:32PM	Vanija Until 11:37PM	Nataraja: Blue		Moon 6 - Phase 11 - 24
Creative Work	Siddha Yoga			Dashami Until 11:48AM	Moon – Green		4th Phase	
					Ashada*Ani		Sivaloka Day	
3	Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Utorea, FRPO	
	Tula Rasi: 22.47	Tithi 11 – 12	Gulika	9:21AM – 10:45AM	Vishakha Until 12:38AM Fri	Ganesha: Clear	Sunrise: 6:34AM	Sun 25 Sutra 73
			Yama	6:34AM – 7:57AM	Siddha Until 12:11PM	Muruga: Yellow	Sunset: 5:43PM	Sobhana 5125
	378316571		Rahu	1:32PM – 2:56PM	Bava Until 10:35PM	Nataraja: Blue		Moon 6 - Phase 11 - 25
Creative Work	Siddha Yoga			Ekadashi Until 11:11AM	Moon – Orange		4th Phase	
					Ashada*Ani		Sivaloka Day	
4	Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Utorea, FRPO	
	Vrischika Rasi: 6.25	Tithi 12 – 13	Gulika	7:58AM – 9:21AM	Anuradha Until 11:32PM	Ganesha: Clear	Sunrise: 6:34AM	Sun 26 Sutra 74
			Yama	2:56PM – 4:20PM	Sadhya Until 9:59AM	Muruga: Yellow	Sunset: 5:44PM	Sobhana 5125
	378316571		Rahu	10:45AM – 12:09PM	Kaulava Until 8:47PM	Nataraja: Blue		Moon 6 - Phase 11 - 26
Creative Work	Siddha Yoga			Dvadashi Until 9:45AM	Moon – Orange		4th Phase	
Until 11:32PM					Ashada*Ani		Sivaloka Day	
Then Routine Work - Marana Yoga				Pradosha Vrata				
5	Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Utorea, FRPO	
	Vrischika Rasi: 20.3	Tithi 13 – 14	Gulika	6:34AM – 7:58AM	Jyeshtha* Until 9:38PM	Ganesha: Clear	Sunrise: 6:34AM	Sun 27 Sutra 75
			Yama	1:33PM – 2:56PM	Subha Until 7:12AM	Muruga: Yellow	Sunset: 5:44PM	Sobhana 5125
	378316571		Rahu	9:21AM – 10:45AM	Gara Until 6:18PM	Nataraja: Blue		Moon 6 - Phase 11 - 27
Creative Work	Siddha Yoga			Trayodashi Until 7:36AM	Moon – Orange		4th Phase	
					Ashada*Ani		Sivaloka Day	
	Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Brahma Yoga Visti*/Bava Karana Purnimayam Titau				Utorea, FRPO	
	Copper Retreat Star		Gulika	2:57PM – 4:20PM	Mula* Until 7:31PM	Ganesha: Purple	Sunrise: 6:34AM	Sutra 76
	Dhanus Rasi: 5	Tithi 15	Yama	12:09PM – 1:33PM	Brahma Until 12:14AM Mon	Muruga: Yellow	Sunset: 5:44PM	Sobhana 5125
	388316571		Rahu	4:20PM – 5:44PM	Visti Until 3:18PM	Nataraja: Blue		Moon 6 - Phase 11 - Purnima
Creative Work	Amrita Yoga			Purnima* Until 1:39AM Mon	Moon – Light Blue			
Until 7:31PM			Satguru Purnima		Ashada*Ani		Devaloka Day	
Then Creative Work - Siddha Yoga								
	Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Utorea, FRPO	
	Silver Retreat Star		Gulika	1:33PM – 2:57PM	Purvashadha* Until 4:56PM	Ganesha: Purple	Sunrise: 6:34AM	Sutra 77
	Dhanus Rasi: 19.5	Tithi 16	Yama	10:45AM – 12:09PM	Indra Until 8:21PM	Muruga: Yellow	Sunset: 5:44PM	Sobhana 5125
	388316571		Rahu	7:58AM – 9:22AM	Balava Until 11:57AM	Nataraja: Blue		Moon 6 - Phase 11 - Prathama
Family Home Evening				Prathama* Until 10:11PM	Moon – Light Blue			
Routine Work	Marana Yoga				Ashada*Ani		Devaloka Day	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Utorea, FRPO on 1/25/22

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Tuesday, July 4, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Utarea, FRPO

Sun 1 Sutra 78

Sobhana 5125

Makara Rasi: 4.5 Tithi 17

388316571

Gulika

12:09PM – 1:33PM

Yama

9:22AM – 10:46AM

Rahu

2:57PM – 4:21PM

Uttarashadha Until 2:05PM

Vaidhriti* Until 4:20PM

Taitila Until 8:25AM

Dvitiya Until 6:37PM

Ganesha: Purple

Sunrise: 6:34AM

Muruga: Yellow

Sunset: 5:45PM

Nataraja: Blue

Moon – Light Blue

Ashada*Ani

Devaloka Day

Routine Work Prabalarishta Yoga

Until 2:05PM

Then Creative Work - Siddha Yoga

1

Wednesday, July 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Utarea, FRPO

Sun 2 Sutra 79

Sobhana 5125

Makara Rasi: 19.52 Tithi 18 – 19

399316571

Gulika

10:46AM – 12:10PM

Yama

7:58AM – 9:22AM

Rahu

12:10PM – 1:33PM

Shravana Until 11:31AM

Vishkambha* Until 12:23PM

Bava Until 1:27AM Thu

Tritiya Until 3:07PM

Ganesha: Purple

Sunrise: 6:34AM

Muruga: Yellow

Sunset: 5:45PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 11:31AM

Then Routine Work - Prabalarishta Yoga

2

Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Utarea, FRPO

Sun 3 Sutra 80

Sobhana 5125

Kumbha Rasi: 4.47 Tithi 19 – 20

499316571

Gulika

9:22AM – 10:46AM

Yama

6:34AM – 7:58AM

Rahu

1:34PM – 2:58PM

Dhanishtha Until 9:01AM

Priti Until 8:36AM

Kaulava Until 10:20PM

Chaturthi* Until 11:50AM

Ganesha: Clear

Sunrise: 6:34AM

Muruga: Yellow

Sunset: 5:45PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

3

Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Utarea, FRPO

Sun 4 Sutra 81

Sobhana 5125

Kumbha Rasi: 19.28 Tithi 20 – 21

499316571

Gulika

7:58AM – 9:22AM

Yama

2:58PM – 4:22PM

Rahu

10:46AM – 12:10PM

Shatabhishak Until 6:43AM

Saubhagya Until 1:56AM Sat

Gara Until 7:37PM

Panchami Until 8:54AM

Ganesha: Clear

Sunrise: 6:34AM

Muruga: Yellow

Sunset: 5:46PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

4

Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Utarea, FRPO

Sun 5 Sutra 82

Sobhana 5125

Meena Rasi: 3.49 Tithi 21 – 22

419316571

Gulika

6:34AM – 7:58AM

Yama

1:34PM – 2:58PM

Rahu

9:22AM – 10:46AM

Uttaraproshtapada Until 4:01AM Sun

Sobhana Until 11:15PM

Bava Until 4:32AM Sun

Shashthi* Until 6:26AM

Ganesha: Yellow

Sunrise: 6:34AM

Muruga: Yellow

Sunset: 5:46PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 4:01AM Sun

Then Creative Work - Amrita Yoga

D

Sunday, July 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Utarea, FRPO

Sun 6 Sutra 83

Sobhana 5125

Meena Rasi: 17.48 Tithi 23

419316571

Gulika

2:58PM – 4:22PM

Yama

12:10PM – 1:34PM

Rahu

4:22PM – 5:46PM

Revati Until 3:20AM Mon

Athiganda* Until 9:02PM

Balava Until 3:50PM

Ashtami* Until 3:15AM Mon

Ganesha: Yellow

Sunrise: 6:34AM

Muruga: Yellow

Sunset: 5:46PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Creative Work Amrita Yoga

Until 3:20AM Mon

Then Creative Work - Siddha Yoga

Monday, July 10, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Utarea, FRPO

Sun 7 Sutra 84

Sobhana 5125

Mesha Rasi: 1.24 Tithi 24

429316571

Gulika

1:34PM – 2:59PM

Yama

10:46AM – 12:10PM

Rahu

7:58AM – 9:22AM

Ashvini Until 3:33AM Tue

Sukarma Until 7:21PM

Taitila Until 2:51PM

Navami* Until 2:34AM Tue

Ganesha: Blue

Sunrise: 6:34AM

Muruga: Yellow

Sunset: 5:47PM

Nataraja: Blue

Moon – White

Ashada*Ani

Subha Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

1	Tuesday, July 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Utarea, FRPO Sun 8 Sutra 85 Sobhana 5125	
	Mesha Rasi: 14.4	Tithi 25	Gulika Yama	12:11PM – 1:35PM 9:22AM – 10:46AM	Bharani Until 4:12AM Wed Dhriti Until 6:08PM Vanija Until 2:29PM	Ganesha: Blue Muruga: Yellow Nataraja: Blue Moon – White	Sunrise: 6:34AM Sunset: 5:47PM	Moon 7 - Phase 13 - 8 2nd Phase
	Creative Work	Siddha Yoga	429316571	Rahu 2:59PM – 4:23PM	Dashami Until 2:29AM Wed	Ashada*Ani	Subha Sivaloka Day	
	Until 4:12AM Wed	Then Creative Work - Amrita Yoga						
2	Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadashyam Titau				Utarea, FRPO Sun 9 Sutra 86 Sobhana 5125	
	Mesha Rasi: 27.37	Tithi 26	Gulika Yama	10:47AM – 12:11PM 7:58AM – 9:22AM	Krittika Until 5:12AM Thu Shula* Until 5:21PM Bava Until 2:40PM	Ganesha: Blue Muruga: Yellow Nataraja: Blue Moon – White	Sunrise: 6:34AM Sunset: 5:47PM	Moon 7 - Phase 13 - 9 2nd Phase
	Creative Work	Amrita Yoga	429316571	Rahu 12:11PM – 1:35PM	Ekadashi* Until 2:55AM Thu	Ashada*Ani	Subha Sivaloka Day	
	Until 5:12AM Thu	Then Routine Work - Marana Yoga						
3	Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhdi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Utarea, FRPO Sun 10 Sutra 87 Sobhana 5125	
	Vrishabha Rasi: 10.2	Tithi 27	Gulika Yama	9:22AM – 10:47AM 6:34AM – 7:58AM	Rohini Until 6:56AM Fri Ganda* Until 4:56PM Kaulava Until 3:20PM	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Yellow	Sunrise: 6:34AM Sunset: 5:48PM	Moon 7 - Phase 13 - 10 2nd Phase
	Routine Work	Marana Yoga	431316571	Rahu 1:35PM – 2:59PM	Dvadashi* Until 3:48AM Fri	Ashada*Ani	Sivaloka Day	
	Until 6:56AM Fri	Then Creative Work - Siddha Yoga						
4	Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vridhdi/Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau				Utarea, FRPO Sun 11 Sutra 88 Sobhana 5125	
	Vrishabha Rasi: 22.5	Tithi 28	Gulika Yama	7:58AM – 9:22AM 2:59PM – 4:24PM	Rohini Until 6:56AM Vridhdi Until 4:51PM Gara Until 4:24PM	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Yellow	Sunrise: 6:34AM Sunset: 5:48PM	Moon 7 - Phase 13 - 11 2nd Phase
	Routine Work	Marana Yoga	431316571	Rahu 10:47AM – 12:11PM	Trayodashi* Until 5:04AM Sat <i>Pradosha Vrata (Fasting)</i>	Ashada*Ani	Sivaloka Day	
	Until 6:56AM	Then Creative Work - Siddha Yoga						
5	Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Utarea, FRPO Sun 12 Sutra 89 Sobhana 5125	
	Mithuna Rasi: 5.11	Tithi 29	Gulika Yama	6:34AM – 7:58AM 1:35PM – 3:00PM	Mrigashira Until 8:53AM Dhruva Until 5:02PM Visti Until 5:50PM	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Yellow	Sunrise: 6:34AM Sunset: 5:48PM	Moon 7 - Phase 13 - 12 2nd Phase
	Creative Work	Siddha Yoga	431316571	Rahu 9:22AM – 10:47AM	Chaturdashi* Until 6:39AM Sun	Ashada*Ani	Sivaloka Day	
	Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashyam Titau				Utarea, FRPO Sun 13 Sutra 90 Sobhana 5125	
	Retreat Star		Gulika Yama	3:00PM – 4:24PM 12:11PM – 1:35PM	Ardra Until 10:59AM Vyaghata* Until 5:27PM Catuspada Until 7:35PM	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Yellow	Sunrise: 6:34AM Sunset: 5:48PM	Moon 7 - Phase 13 - 13 Amavasya
	Mithuna Rasi: 17.23	Tithi 29 – 30	431316571	Rahu 4:24PM – 5:48PM	Chaturdashi* Until 6:39AM	Ashada*Adi	Sivaloka Day	
	Creative Work	Siddha Yoga						
	Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Utarea, FRPO Sun 14 Sutra 91 Sobhana 5125	
	Retreat Star		Gulika Yama	1:36PM – 3:00PM 10:47AM – 12:11PM	Punarvasu Until 1:40PM Harshana Until 6:05PM Kintughna Until 9:35PM	Ganesha: Orange Muruga: Yellow Nataraja: Yellow Moon – Blue	Sunrise: 6:34AM Sunset: 5:49PM	Moon 7 - Phase 13 - 14 Prathama
	Mithuna Rasi: 29.29	Tithi 30 – 1	441316572	Rahu 7:58AM – 9:22AM	Amavasya* Until 8:32AM	Sravana Adhika*Adi	Devaloka Day	
	Family Home Evening	Amrita Yoga						
	Creative Work	Amrita Yoga						
	Until 1:40PM	Then Creative Work - Siddha Yoga						

1	Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Utarea, FRPO	
	Kataka Rasi: 11.28	Tithi 1 – 2	Gulika 12:11PM – 1:36PM	Pushya Until 4:26PM	Ganesha: Orange	Sunrise: 6:34AM	Sun 15	Sutra 92
			Yama 9:22AM – 10:47AM	Vajra* Until 6:53PM	Muruga: Yellow	Sunset: 5:49PM		Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 3:00PM – 4:25PM	Balava Until 11:49PM	Nataraja: Yellow		Moon 7 - Phase 14 - 15	3rd Phase
					Moon – Blue		Devaloka Day	
					Prathama* Until 10:39AM		Sravana Adhika*Adi	
2	Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Utarea, FRPO	
	Kataka Rasi: 23.23	Tithi 2 – 3	Gulika 10:47AM – 12:11PM	Ashlesha* Until 7:12PM	Ganesha: Orange	Sunrise: 6:33AM	Sun 16	Sutra 93
			Yama 7:58AM – 9:22AM	Siddhi Until 7:49PM	Muruga: Yellow	Sunset: 5:49PM		Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 12:11PM – 1:36PM	Taitila Until 2:13AM Thu	Nataraja: Yellow		Moon 7 - Phase 14 - 16	3rd Phase
					Moon – Blue		Devaloka Day	
					Dvitiya Until 12:59PM		Sravana Adhika*Adi	
3	Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Utarea, FRPO	
	Simha Rasi: 5.14	Tithi 3 – 4	Gulika 9:22AM – 10:47AM	Magha* Until 10:24PM	Ganesha: Clear	Sunrise: 6:33AM	Sun 17	Sutra 94
			Yama 6:33AM – 7:58AM	Vyatipata* Until 8:51PM	Muruga: Yellow	Sunset: 5:50PM		Sobhana 5125
	Creative Work	Amrita Yoga	Rahu 1:36PM – 3:01PM	Vanija Until 4:41AM Fri	Nataraja: Yellow		Moon 7 - Phase 14 - 17	3rd Phase
					Moon – Red		Devaloka Day	
					Tritiya Until 3:25PM		Sravana Adhika*Adi	
4	Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Utarea, FRPO	
	Simha Rasi: 17.04	Tithi 4 – 5	Gulika 7:58AM – 9:22AM	Purvaphalguni Until 1:24AM Sat	Ganesha: White	Sunrise: 6:33AM	Sun 18	Sutra 95
			Yama 3:01PM – 4:25PM	Variyan Until 9:50PM	Muruga: Yellow	Sunset: 5:50PM		Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 10:47AM – 12:11PM	Bava Until 7:05AM Sat	Nataraja: Yellow		Moon 7 - Phase 14 - 18	3rd Phase
					Moon – Red		Bhuloka Day	
					Chaturthi* Until 5:53PM		Sravana Adhika*Adi	
							Devaloka Time: 3:PM to 6:PM	
5	Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchamyam Titau				Utarea, FRPO	
	Simha Rasi: 28.56	Tithi 5	Gulika 6:33AM – 7:57AM	Uttaraphalguni Until 4:03AM Sun	Ganesha: White	Sunrise: 6:33AM	Sun 19	Sutra 96
			Yama 1:36PM – 3:01PM	Parigha* Until 10:42PM	Muruga: Yellow	Sunset: 5:50PM		Sobhana 5125
	Routine Work	Marana Yoga	Rahu 9:22AM – 10:47AM	Bava Until 7:05AM	Nataraja: Yellow		Moon 7 - Phase 14 - 19	3rd Phase
					Moon – Red		Bhuloka Day	
					Panchami Until 8:12PM		Sravana Adhika*Adi	
							Devaloka Time: 3:PM to 6:PM	
6	Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau				Utarea, FRPO	
	Kanya Rasi: 10.53	Tithi 6	Gulika 3:01PM – 4:26PM	Hasta Until 6:40AM Mon	Ganesha: Purple	Sunrise: 6:33AM	Sun 20	Sutra 97
			Yama 12:12PM – 1:36PM	Shiva Until 11:19PM	Muruga: Yellow	Sunset: 5:51PM		Sobhana 5125
	Creative Work	Amrita Yoga	Rahu 4:26PM – 5:51PM	Kaulava Until 9:16AM	Nataraja: Yellow		Moon 7 - Phase 14 - 20	3rd Phase
					Moon – Green		Sivaloka Day	
					Shashthi* Until 10:11PM		Sravana Adhika*Adi	
Retreat Star	Monday, July 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau				Utarea, FRPO	
	Kanya Rasi: 22.59	Tithi 7	Gulika 1:36PM – 3:01PM	Hasta Until 6:40AM	Ganesha: Purple	Sunrise: 6:32AM	Sun 21	Sutra 98
	Family Home Evening		Yama 10:47AM – 12:12PM	Siddha Until 11:30PM	Muruga: Yellow	Sunset: 5:51PM		Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 7:57AM – 9:22AM	Gara Until 11:00AM	Nataraja: Yellow		Moon 7 - Phase 14 - 21	3rd Phase
					Moon – Green		Sivaloka Day	
					Saptami Until 11:38PM		Sravana Adhika*Adi	
Retreat Star	Tuesday, July 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau				Utarea, FRPO	
	Tula Rasi: 5.2	Tithi 8	Gulika 12:12PM – 1:37PM	Chitra Until 8:32AM	Ganesha: Purple	Sunrise: 6:32AM	Sun 22	Sutra 99
			Yama 9:22AM – 10:47AM	Sadhya Until 11:07PM	Muruga: Yellow	Sunset: 5:51PM		Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 3:01PM – 4:26PM	Visti Until 12:07PM	Nataraja: Yellow		Moon 7 - Phase 14 - 22	Ashtami
					Moon – Green		Sivaloka Day	
					Ashtami* Until 12:22AM Wed		Sravana Adhika*Adi	
Retreat Star	Wednesday, July 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau				Utarea, FRPO	
	Tula Rasi: 18.02	Tithi 9	Gulika 10:47AM – 12:12PM	Svati Until 9:29AM	Ganesha: Purple	Sunrise: 6:32AM	Sun 23	Sutra 100
			Yama 7:57AM – 9:22AM	Subha Until 10:07PM	Muruga: Yellow	Sunset: 5:52PM		Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 12:12PM – 1:37PM	Balava Until 12:27PM	Nataraja: Yellow		Moon 7 - Phase 14 - 23	Navami
					Moon – Green		Sivaloka Day	
					Navami* Until 12:16AM Thu		Sravana Adhika*Adi	

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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1	Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau				Utarea, FRPO
	Vrischika Rasi: 1.08	Tithi 10	Gulika 9:21AM – 10:47AM	Vishakha Until 9:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Sun 24 Sutra 101
			Yama 6:31AM – 7:56AM	Sukla Until 8:23PM	Muruga: Yellow	<i>Sunset:</i> 5:52PM	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 1:37PM – 3:02PM	Taitila Until 11:55AM	Nataraja: Yellow		Moon 7 - Phase 15 - 24
				Dashami Until 11:18PM	Moon – Orange		4th Phase
					Sravana Adhika*Adi		Devaloka Day

2	Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Utarea, FRPO
	Vrischika Rasi: 14.43	Tithi 11	Gulika 7:56AM – 9:21AM	Anuradha Until 9:21AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Sun 25 Sutra 102
			Yama 3:02PM – 4:27PM	Brahma Until 5:59PM	Muruga: Yellow	<i>Sunset:</i> 5:52PM	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 10:46AM – 12:12PM	Vanija Until 10:31AM	Nataraja: Yellow		Moon 7 - Phase 15 - 25
	Until 9:21AM			Ekadashi Until 9:31PM	Moon – Orange		4th Phase
	Then Routine Work - Marana Yoga				Sravana Adhika*Adi		Devaloka Day

3	Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Utarea, FRPO
	Vrischika Rasi: 28.48	Tithi 12	Gulika 6:31AM – 7:56AM	Jyeshtha* Until 7:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Sun 26 Sutra 103
			Yama 1:37PM – 3:02PM	Indra Until 2:59PM	Muruga: Yellow	<i>Sunset:</i> 5:52PM	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 9:21AM – 10:46AM	Bava Until 8:21AM	Nataraja: Yellow		Moon 7 - Phase 15 - 26
				Dvadashi Until 6:59PM	Moon – Orange		4th Phase
					Sravana Adhika*Adi		Devaloka Day

4	Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Utarea, FRPO
	Dhanus Rasi: 13.2	Tithi 13 – 14	Gulika 3:02PM – 4:27PM	Purvashadha* Until 3:25AM Mon	Ganesha: White	<i>Sunrise:</i> 6:30AM	Sun 27 Sutra 104
			Yama 12:12PM – 1:37PM	Vaidhriti* Until 11:27AM	Muruga: Yellow	<i>Sunset:</i> 5:53PM	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu 4:27PM – 5:53PM	Gara Until 2:11AM Mon	Nataraja: Yellow		Moon 7 - Phase 15 - 27
	Until 3:25AM Mon			Trayodashi Until 3:53PM	Moon – Light Blue		4th Phase
	Then Routine Work - Marana Yoga				Sravana Adhika*Adi		Sivaloka Day
				<i>Pradosha Vrata</i>			

	Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Utarea, FRPO
	Copper Retreat Star		Gulika 1:37PM – 3:02PM	Uttarashadha Until 12:25AM Tue	Ganesha: White	<i>Sunrise:</i> 6:30AM	Sutra 105
	Dhanus Rasi: 28.16	Tithi 14 – 15	Yama 10:46AM – 12:11PM	Vishkambha* Until 7:32AM	Muruga: Yellow	<i>Sunset:</i> 5:53PM	Sobhana 5125
	Family Home Evening		Rahu 7:55AM – 9:21AM	Visti Until 10:30PM	Nataraja: Yellow		Moon 7 - Phase 15 -
	Routine Work	Marana Yoga		Chaturdashi* Until 12:21PM	Moon – Light Blue		Purnima
	Until 12:25AM Tue				Sravana Adhika*Adi		Sivaloka Day
	Then Creative Work - Siddha Yoga						

	Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Utarea, FRPO
	Silver Retreat Star		Gulika 12:11PM – 1:37PM	Shravana Until 9:32PM	Ganesha: Yellow	<i>Sunrise:</i> 6:30AM	Sutra 106
	Makara Rasi: 13.26	Tithi 15 – 16	Yama 9:21AM – 10:46AM	Ayushman Until 11:06PM	Muruga: Yellow	<i>Sunset:</i> 5:53PM	Sobhana 5125
			Rahu 3:02PM – 4:28PM	Balava Until 6:39PM	Nataraja: Yellow		Moon 7 - Phase 15 -
	Creative Work	Siddha Yoga		Purnima* Until 8:34AM	Moon – Purple		Prathama
					Sravana Adhika*Adi		Devaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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**Wednesday, August 2, 2023****Gold Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Uturea, FRPO

Sutra 107

Sobhana 5125

Makara Rasi: 28.42

Tithi 17

492416572

Gulika**10:46AM – 12:11PM**

Yama

7:55AM – 9:20AM

Rahu**12:11PM – 1:37PM****Dhanishtha Until 6:32PM**

Saubhagya Until 6:53PM

Taitila Until 2:48PM

Dvitiya Until 12:55AM Thu**Ganesha:** Yellow

Sunrise: 6:29AM

Muruga: Yellow

Sunset: 5:53PM

Nataraja: Yellow

Moon – Purple

Sravana Adhika*Adi**Devaloka Day**

Routine Work

Prabalarishta Yoga

Until 6:32PM

Then Creative Work - Siddha Yoga

1**Thursday, August 3, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Sukarna Yoga Vanija/Visti* Karana Tritiyayam Titau

Uturea, FRPO

Sun 1 Sutra 108

Sobhana 5125

Kumbha Rasi: 13.53

Tithi 18

492416572

Gulika**9:20AM – 10:46AM**

Yama

6:29AM – 7:54AM

Rahu**1:37PM – 3:02PM****Shatabhishak Until 3:37PM**

Sobhana Until 2:50PM

Vanija Until 11:08AM

Tritiya Until 9:24PM**Ganesha:** Yellow

Sunrise: 6:29AM

Muruga: Yellow

Sunset: 5:54PM

Nataraja: Yellow

Moon – Purple

Sravana Adhika*Adi**Devaloka Day**

Creative Work

Siddha Yoga

2**Friday, August 4, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Athiganda*/Sukarna Yoga Bava/Balava Karana Chaturthayam Titau

Uturea, FRPO

Sun 2 Sutra 109

Sobhana 5125

Kumbha Rasi: 28.49

Tithi 19

412416572

Gulika**7:54AM – 9:20AM**

Yama

3:03PM – 4:28PM

Rahu**10:45AM – 12:11PM****Purvaproshtapada* Until 1:21PM**

Athiganda* Until 11:04AM

Bava Until 7:48AM

Chaturthi* Until 6:17PM**Ganesha:** Clear

Sunrise: 6:28AM

Muruga: Yellow

Sunset: 5:54PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika*Adi**Devaloka Day**

Creative Work

Siddha Yoga

3**Saturday, August 5, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Sukarna/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthayam Titau

Uturea, FRPO

Sun 3 Sutra 110

Sobhana 5125

Meena Rasi: 13.23

Tithi 20 – 21

412416572

Gulika**6:28AM – 7:54AM**

Yama

1:37PM – 3:03PM

Rahu**9:20AM – 10:45AM****Uttaraproshtapada Until 11:28AM**

Sukarna Until 7:45AM

Gara Until 2:44AM Sun

Panchami Until 3:44PM**Ganesha:** Clear

Sunrise: 6:28AM

Muruga: Yellow

Sunset: 5:54PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika*Adi**Devaloka Day**

Creative Work

Siddha Yoga

Until 11:28AM

Then Routine Work - Prabalarishta Yoga

4**Sunday, August 6, 2023**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati/Ashvini Nakshatra Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Uturea, FRPO

Sun 4 Sutra 111

Sobhana 5125

Meena Rasi: 27.32

Tithi 21 – 22

413416572

Gulika**3:03PM – 4:29PM**

Yama

12:11PM – 1:37PM

Rahu**4:29PM – 5:54PM****Revati Until 10:05AM**

Shula* Until 2:44AM Mon

Visti Until 1:13AM Mon

Shashthi* Until 1:52PM**Ganesha:** White

Sunrise: 6:28AM

Muruga: Yellow

Sunset: 5:54PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika*Adi**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work

Amrita Yoga

Until 10:05AM

Then Creative Work - Siddha Yoga

D**Monday, August 7, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Uturea, FRPO

Sun 5 Sutra 112

Sobhana 5125

Mesha Rasi: 11.14

Tithi 22 – 23

423416572

Gulika**1:37PM – 3:03PM**

Yama

10:45AM – 12:11PM

Rahu**7:53AM – 9:19AM****Ashvini Until 9:44AM**

Ganda* Until 1:08AM Tue

Balava Until 12:28AM Tue

Saptami Until 12:43PM**Ganesha:** Clear

Sunrise: 6:27AM

Muruga: Yellow

Sunset: 5:55PM

Nataraja: Yellow

Moon – White

Sravana Adhika*Adi**Devaloka Day**

Creative Work

Siddha Yoga

Tuesday, August 8, 2023**Retreat Star**Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Uturea, FRPO

Sun 6 Sutra 113

Sobhana 5125

Mesha Rasi: 24.29

Tithi 23 – 24

423416572

Gulika**12:11PM – 1:37PM**

Yama

9:19AM – 10:45AM

Rahu**3:03PM – 4:29PM****Bharani Until 9:59AM**

Vriddhi Until 12:08AM Wed

Taitila Until 12:27AM Wed

Ashtami* Until 12:21PM**Ganesha:** Clear

Sunrise: 6:27AM

Muruga: Yellow

Sunset: 5:55PM

Nataraja: Yellow

Moon – White

Sravana Adhika*Adi**Devaloka Day**

Creative Work

Siddha Yoga

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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1	Wednesday, August 9, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Uturea, FRPO
	Vrishabha Rasi: 7.22	Tithi 24 – 25	Gulika 10:44AM – 12:11PM	Krittika Until 10:47AM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Sun 7 Sutra 114
			Yama 7:52AM – 9:18AM	Dhruva Until 11:38PM	Muruga: Yellow	<i>Sunset:</i> 5:55PM	Sobhana 5125
	423416572	Rahu 12:11PM – 1:37PM		Vanija Until 1:06AM Thu	Nataraja: Yellow		Moon 8 - Phase 17 - 7
Creative Work Amrita Yoga				Navami* Until 12:40PM	Moon – White		2nd Phase
Until 10:47AM					Sravana Adhika*Adi	Devaloka Day	
Then Creative Work - Siddha Yoga							

2	Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Uturea, FRPO
	Vrishabha Rasi: 19.57	Tithi 25 – 26	Gulika 9:18AM – 10:44AM	Rohini Until 12:30PM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Sun 8 Sutra 115
			Yama 6:26AM – 7:52AM	Vyaghata* Until 11:35PM	Muruga: Yellow	<i>Sunset:</i> 5:55PM	Sobhana 5125
	433416572	Rahu 1:37PM – 3:03PM		Bava Until 2:18AM Fri	Nataraja: Yellow		Moon 8 - Phase 17 - 8
Routine Work Marana Yoga				Dashami Until 1:37PM	Moon – Yellow		2nd Phase
					Sravana Adhika*Adi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

3	Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Uturea, FRPO
	Mithuna Rasi: 2.18	Tithi 26 – 27	Gulika 7:51AM – 9:18AM	Mrigashira Until 2:33PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Sun 9 Sutra 116
			Yama 3:03PM – 4:29PM	Harshana Until 11:53PM	Muruga: Yellow	<i>Sunset:</i> 5:56PM	Sobhana 5125
	433416572	Rahu 10:44AM – 12:10PM		Kaulava Until 3:56AM Sat	Nataraja: Yellow		Moon 8 - Phase 17 - 9
Creative Work Siddha Yoga				Ekadashi* Until 3:03PM	Moon – Yellow		2nd Phase
					Sravana Adhika*Adi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

4	Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Taitlea/Gara Karana Dvadashi/Trayodashyam Titau				Uturea, FRPO
	Mithuna Rasi: 14.29	Tithi 27 – 28	Gulika 6:25AM – 7:51AM	Ardra Until 4:47PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Sun 10 Sutra 117
			Yama 1:37PM – 3:03PM	Vajra* Until 12:25AM Sun	Muruga: Yellow	<i>Sunset:</i> 5:56PM	Sobhana 5125
	433416572	Rahu 9:17AM – 10:44AM		Gara Until 5:53AM Sun	Nataraja: Yellow		Moon 8 - Phase 17 - 10
Creative Work Siddha Yoga				Dvadashi* Until 4:52PM	Moon – Yellow		2nd Phase
					Sravana Adhika*Adi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	
						<i>Pradosha Vrata (Fasting)</i>	

5	Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Vanija Karana Trayodashyam Titau				Uturea, FRPO
	Mithuna Rasi: 26.32	Tithi 28	Gulika 3:03PM – 4:29PM	Punarvasu Until 7:36PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:24AM	Sun 11 Sutra 118
			Yama 12:10PM – 1:36PM	Siddhi Until 1:08AM Mon	Muruga: Yellow	<i>Sunset:</i> 5:56PM	Sobhana 5125
	443416572	Rahu 4:29PM – 5:56PM		Vanija Until 6:56PM	Nataraja: Yellow		Moon 8 - Phase 17 - 11
Creative Work Siddha Yoga				Trayodashi* Until 6:56PM	Moon – Blue		2nd Phase
					Sravana Adhika*Adi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6	Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Uturea, FRPO
	Kataka Rasi: 8.3	Tithi 29	Gulika 1:36PM – 3:03PM	Pushya Until 10:26PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:23AM	Sun 12 Sutra 119
			Yama 10:43AM – 12:10PM	Vyatipata* Until 2:01AM Tue	Muruga: Yellow	<i>Sunset:</i> 5:56PM	Sobhana 5125
	Family Home Evening	443416572	Rahu 7:50AM – 9:17AM	Visti Until 8:04AM	Nataraja: Yellow		Moon 8 - Phase 17 - 12
Creative Work Siddha Yoga				Chaturdashi* Until 9:12PM	Moon – Blue		2nd Phase
					Sravana Adhika*Adi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

	Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Uturea, FRPO
	Retreat Star		Gulika 12:10PM – 1:36PM	Ashlesha* Until 1:14AM Wed	Ganesha: Light Blue	<i>Sunrise:</i> 6:23AM	Sun 13 Sutra 120
	Kataka Rasi: 20.24	Tithi 30	Yama 9:16AM – 10:43AM	Variyan Until 2:56AM Wed	Muruga: Yellow	<i>Sunset:</i> 5:56PM	Sobhana 5125
			443416572 Rahu 3:03PM – 4:30PM	Catuspada Until 10:24AM	Nataraja: Yellow		Moon 8 - Phase 17 - 13
Creative Work Siddha Yoga				Amavasya* Until 11:35PM	Moon – Blue		Amavasya
					Sravana Adhika*Adi	Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

	Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Uturea, FRPO
	Retreat Star		Gulika 10:43AM – 12:09PM	Magha* Until 4:24AM Thu	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sun 14 Sutra 121
	Simha Rasi: 2.16	Tithi 1	Yama 7:49AM – 9:16AM	Parigha* Until 3:55AM Thu	Muruga: Yellow	<i>Sunset:</i> 5:56PM	Sobhana 5125
			453516572 Rahu 12:09PM – 1:36PM	Kintughna Until 12:50PM	Nataraja: Yellow		Moon 8 - Phase 17 - 14
Creative Work Siddha Yoga				Prathama* Until 2:03AM Thu	Moon – Red		Prathama
					Sravana*Avani	Devaloka Day	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1	Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 122 Sobhana 5125	
	Simha Rasi: 14.07	Tithi 2	Gulika Yama 553516572 Rahu	9:15AM – 10:42AM 6:22AM – 7:49AM 1:36PM – 3:03PM	Purvaphalguni Until 7:23AM Fri Shiva Until 4:54AM Fri Balava Until 3:17PM Dvitiya Until 4:29AM Fri	Ganesha: Orange Muruga: Yellow Nataraja: Yellow Moon – Red Sravana*Avani	Sunrise: 6:22AM Sunset: 5:57PM	Moon 8 - Phase 18 - 15 3rd Phase
	Creative Work	Siddha Yoga	Devaloka Day					
2	Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 123 Sobhana 5125	
	Simha Rasi: 25.58	Tithi 3	Gulika Yama 553516572 Rahu	7:48AM – 9:15AM 3:03PM – 4:30PM 10:42AM – 12:09PM	Purvaphalguni Until 7:23AM Siddha Until 5:45AM Sat Taitila Until 5:41PM Tritiya Until 6:48AM Sat	Ganesha: Orange Muruga: Yellow Nataraja: Yellow Moon – Red Sravana*Avani	Sunrise: 6:21AM Sunset: 5:57PM	Moon 8 - Phase 18 - 16 3rd Phase
	Creative Work	Siddha Yoga	Devaloka Day					
3	Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Sun 17 Sutra 124 Sobhana 5125	
	Kanya Rasi: 7.52	Tithi 3 – 4	Gulika Yama 553516572 Rahu	6:20AM – 7:47AM 1:36PM – 3:03PM 9:15AM – 10:42AM	Uttaraphalguni Until 10:05AM Sadhya Until 6:26AM Sun Vanija Until 7:54PM Tritiya Until 6:48AM	Ganesha: Orange Muruga: Yellow Nataraja: Yellow Moon – Red Sravana*Avani	Sunrise: 6:20AM Sunset: 5:57PM	Moon 8 - Phase 18 - 17 3rd Phase
	Routine Work	Marana Yoga	Devaloka Day					
4	Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Sun 18 Sutra 125 Sobhana 5125	
	Kanya Rasi: 19.52	Tithi 4 – 5	Gulika Yama 564516572 Rahu	3:03PM – 4:30PM 12:08PM – 1:36PM 4:30PM – 5:57PM	Hasta Until 12:51PM Sadhya Until 6:26AM Bava Until 9:47PM Chaturthi* Until 8:52AM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green Sravana*Avani	Sunrise: 6:20AM Sunset: 5:57PM	Moon 8 - Phase 18 - 18 3rd Phase
	Creative Work	Amrita Yoga	Nag Panchami		Bhuloka Day Devaloka Time: 3:PM to 6:PM			
	Until 12:51PM Then Creative Work - Siddha Yoga							
5	Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Sun 19 Sutra 126 Sobhana 5125	
	Tula Rasi: 2.02	Tithi 5 – 6	Gulika Yama 564516572 Rahu	1:36PM – 3:03PM 10:41AM – 12:08PM 7:46AM – 9:14AM	Chitra Until 3:02PM Subha Until 6:50AM Kaulava Until 11:11PM Panchami Until 10:31AM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green Sravana*Avani	Sunrise: 6:19AM Sunset: 5:57PM	Moon 8 - Phase 18 - 19 3rd Phase
	Family Home Evening	Prabalarishta Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM			
	Routine Work Until 3:02PM Then Creative Work - Amrita Yoga							
6	Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 20 Sutra 127 Sobhana 5125	
	Tula Rasi: 14.25	Tithi 6 – 7	Gulika Yama 564516572 Rahu	12:08PM – 1:35PM 9:13AM – 10:41AM 3:03PM – 4:30PM	Svati Until 4:29PM Sukla Until 6:48AM Gara Until 11:57PM Shashthi* Until 11:38AM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green Sravana*Avani	Sunrise: 6:18AM Sunset: 5:57PM	Moon 8 - Phase 18 - 20 3rd Phase
	Creative Work	Siddha Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM			
	Until 4:29PM Then Routine Work - Marana Yoga							
D	Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 21 Sutra 128 Sobhana 5125	
	Retreat Star		Gulika Yama 574516572 Rahu	10:40AM – 12:08PM 7:45AM – 9:13AM 12:08PM – 1:35PM	Vishakha Until 5:34PM Brahma Until 6:14AM Visti Until 11:58PM Saptami Until 12:02PM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Orange Sravana*Avani	Sunrise: 6:18AM Sunset: 5:58PM	Moon 8 - Phase 18 - 21 Ashtami
	Tula Rasi: 27.05	Tithi 7 – 8			Devaloka Day			
	Creative Work	Siddha Yoga						
D	Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22 Sutra 129 Sobhana 5125	
	Retreat Star		Gulika Yama 574516572 Rahu	9:12AM – 10:40AM 6:17AM – 7:45AM 1:35PM – 3:03PM	Anuradha Until 5:42PM Vaidhriti* Until 3:17AM Fri Balava Until 11:12PM Ashtami* Until 11:40AM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Orange Sravana*Avani	Sunrise: 6:17AM Sunset: 5:58PM	Moon 8 - Phase 18 - 22 Navami
	Vrischika Rasi: 10.08	Tithi 8 – 9			Devaloka Day			
	Creative Work	Siddha Yoga						
Until 5:42PM Then Routine Work - Prabalarishta Yoga								

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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1	Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Utarea, FRPO Sun 23 Sutra 130 Sobhana 5125	
	Vrischika Rasi: 23.37	Tithi 9 – 10	Gulika 7:44AM – 9:12AM	Jyeshtha* Until 4:55PM	Ganesha: Clear	Sunrise: 6:16AM		
			Yama 3:03PM – 4:30PM	Vishkambha* Until 12:52AM Sat	Muruga: Yellow	Sunset: 5:58PM	Moon 8 - Phase 19 - 23	
	574516572	Rahu 10:39AM – 12:07PM		Taitila Until 9:39PM	Nataraja: Yellow		4th Phase	
Routine Work Marana Yoga		Varalakshmi Vratam		Moon – Orange		Devaloka Day		
Until 4:55PM				Navami* Until 10:30AM		Sravaṇa*Avani		
Then Creative Work - Amrita Yoga								
2	Saturday, August 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Utarea, FRPO Sun 24 Sutra 131 Sobhana 5125	
	Dhanus Rasi: 7.34	Tithi 10 – 11	Gulika 6:16AM – 7:44AM	Mula* Until 3:41PM	Ganesha: White	Sunrise: 6:16AM		
			Yama 1:35PM – 3:02PM	Priti Until 9:52PM	Muruga: Yellow	Sunset: 5:58PM	Moon 8 - Phase 19 - 24	
	584516572	Rahu 9:11AM – 10:39AM		Vanija Until 7:22PM	Nataraja: Yellow		4th Phase	
Creative Work Siddha Yoga		Dashami Until 8:34AM		Moon – Light Blue		Bhuloka Day		
				Sravaṇa*Avani		Devaloka Time: 3:PM to 6:PM		
3	Sunday, August 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Utarea, FRPO Sun 25 Sutra 132 Sobhana 5125	
	Dhanus Rasi: 21.58	Tithi 12	Gulika 3:02PM – 4:30PM	Purvashadha* Until 1:40PM	Ganesha: White	Sunrise: 6:15AM		
			Yama 12:07PM – 1:35PM	Ayushman Until 6:21PM	Muruga: Yellow	Sunset: 5:58PM	Moon 8 - Phase 19 - 25	
	584516572	Rahu 4:30PM – 5:58PM		Bava Until 4:28PM	Nataraja: Yellow		4th Phase	
Creative Work Siddha Yoga		Dvadashi Until 2:49AM Mon		Moon – Light Blue		Bhuloka Day		
Until 1:40PM				Sravaṇa*Avani		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								
4	Monday, August 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Utarea, FRPO Sun 26 Sutra 133 Sobhana 5125	
	Makara Rasi: 6.46	Tithi 13	Gulika 1:34PM – 3:02PM	Uttarashadha Until 11:02AM	Ganesha: White	Sunrise: 6:14AM		
			Yama 10:38AM – 12:06PM	Saubhagya Until 2:28PM	Muruga: Yellow	Sunset: 5:58PM	Moon 8 - Phase 19 - 26	
	584516573	Rahu 7:42AM – 9:10AM		Kaulava Until 1:07PM	Nataraja: White		4th Phase	
Routine Work Marana Yoga		Trayodashi Until 11:17PM		Moon – Light Blue		Devaloka Day		
Until 11:02AM				Sravaṇa*Avani				
Then Creative Work - Amrita Yoga				Pradosha Vrata				
5	Tuesday, August 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Utarea, FRPO Sun 27 Sutra 134 Sobhana 5125	
	Makara Rasi: 21.51	Tithi 14	Gulika 12:06PM – 1:34PM	Shravana Until 8:19AM	Ganesha: Yellow	Sunrise: 6:14AM		
			Yama 9:10AM – 10:38AM	Sobhana Until 10:20AM	Muruga: Yellow	Sunset: 5:58PM	Moon 8 - Phase 19 - 27	
	594516573	Rahu 3:02PM – 4:30PM		Gara Until 9:26AM	Nataraja: White		4th Phase	
Creative Work Siddha Yoga		Chidambaram Abhishekam		Moon – Purple		Sivaloka Day		
				Sravaṇa*Avani				
O	Wednesday, August 30, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Utarea, FRPO Sutra 135 Sobhana 5125	
	Kumbha Rasi: 7.05	Tithi 15 – 16	Gulika 10:37AM – 12:06PM	Shatabhishak Until 2:11AM Thu	Ganesha: Yellow	Sunrise: 6:13AM		
			Yama 7:41AM – 9:09AM	Athiganda* Until 6:04AM	Muruga: Yellow	Sunset: 5:59PM	Moon 8 - Phase 19 - Purnima	
	594516573	Rahu 12:06PM – 1:34PM		Balava Until 1:47AM Thu	Nataraja: White			
Creative Work Siddha Yoga		Raksha Bandhan		Moon – Purple		Sivaloka Day		
				Sravaṇa*Avani				
	Thursday, August 31, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Utarea, FRPO Sutra 136 Sobhana 5125	
	Kumbha Rasi: 22.19	Tithi 16 – 17	Gulika 9:09AM – 10:37AM	Purvaproshtapada* Until 11:31PM	Ganesha: Yellow	Sunrise: 6:12AM		
			Yama 6:12AM – 7:40AM	Dhriti Until 9:44PM	Muruga: Yellow	Sunset: 5:59PM	Moon 8 - Phase 19 - Prathama	
	514516573	Rahu 1:34PM – 3:02PM		Taitila Until 10:10PM	Nataraja: White			
Creative Work Siddha Yoga		Prathama* Until 11:55AM		Moon – Clear		Sivaloka Day		
				Sravaṇa*Avani				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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**Friday, September 1, 2023****Gold Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Utarea, FRPO

Sun 1 Sutra 137

Sobhana 5125

Meena Rasi: 7.22 Tithi 17 – 18

Gulika 7:40AM – 9:08AM

Yama 3:02PM – 4:30PM

515516573 **Rahu** 10:37AM – 12:05PM**Uttaraproshtapada Until 9:05PM**

Shula* Until 5:55PM

Vanija Until 6:53PM

Dvitiya Until 8:27AM**Ganesha:** Red**Sunrise:** 6:11AM**Muruga:** Yellow**Sunset:** 5:59PM**Nataraja:** White

Moon – Clear

Sravana*Avani**Sivaloka Day**

Creative Work Siddha Yoga

1**Saturday, September 2, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturtham Titau

Utarea, FRPO

Sun 2 Sutra 138

Sobhana 5125

Meena Rasi: 22.05 Tithi 19

Gulika 6:11AM – 7:39AM

Yama 1:33PM – 3:02PM

515516573 **Rahu** 9:08AM – 10:36AM**Revati Until 7:02PM**

Ganda* Until 2:33PM

Bava Until 4:07PM

Chaturthi* Until 2:57AM Sun**Ganesha:** Red**Sunrise:** 6:11AM**Muruga:** Yellow**Sunset:** 5:59PM**Nataraja:** White

Moon – Clear

Sravana*Avani**Sivaloka Day**

Routine Work Prabalarishta Yoga

Until 7:02PM

Then Creative Work - Siddha Yoga

2**Sunday, September 3, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Utarea, FRPO

Sun 3 Sutra 139

Sobhana 5125

Mesha Rasi: 6.23 Tithi 20

Gulika 3:02PM – 4:30PM

Yama 12:04PM – 1:33PM

525516573 **Rahu** 4:30PM – 5:59PM**Ashvini Until 5:56PM**

Vridhi Until 11:42AM

Kaulava Until 2:00PM

Panchami Until 1:12AM Mon**Ganesha:** Green**Sunrise:** 6:10AM**Muruga:** Yellow**Sunset:** 5:59PM**Nataraja:** White

Moon – White

Sravana*Avani**Devaloka Day**

Creative Work Siddha Yoga

Until 5:56PM

Then Routine Work - Prabalarishta Yoga

3**Monday, September 4, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashtham Titau

Utarea, FRPO

Sun 4 Sutra 140

Sobhana 5125

Mesha Rasi: 20.13 Tithi 21

Gulika 1:33PM – 3:02PM

Yama 10:35AM – 12:04PM

525516573 **Rahu** 7:38AM – 9:07AM**Bharani Until 5:28PM**

Dhruva Until 9:26AM

Gara Until 12:39PM

Shashthi* Until 12:15AM Tue**Ganesha:** Green**Sunrise:** 6:09AM**Muruga:** Yellow**Sunset:** 5:59PM**Nataraja:** White

Moon – White

Sravana*Avani**Devaloka Day**

Creative Work Siddha Yoga

Until 5:28PM

Then Routine Work - Marana Yoga

4**Tuesday, September 5, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saplamyam Titau

Utarea, FRPO

Sun 5 Sutra 141

Sobhana 5125

Vrishabha Rasi: 3.35 Tithi 22

Gulika 12:04PM – 1:33PM

Yama 9:06AM – 10:35AM

525516573 **Rahu** 3:02PM – 4:30PM**Krittika Until 5:38PM**

Vyaghata* Until 7:50AM

Visti Until 12:06PM

Saptami Until 12:07AM Wed**Ganesha:** Green**Sunrise:** 6:08AM**Muruga:** Yellow**Sunset:** 5:59PM**Nataraja:** White

Moon – White

Sravana*Avani**Devaloka Day**

Creative Work Siddha Yoga

Until 5:38PM

Then Creative Work - Amrita Yoga

D**Wednesday, September 6, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Utarea, FRPO

Sun 6 Sutra 142

Sobhana 5125

Vrishabha Rasi: 16.31 Tithi 23

Gulika 10:34AM – 12:03PM

Yama 7:36AM – 9:05AM

535516573 **Rahu** 12:03PM – 1:32PM**Rohini Until 6:54PM**

Harshana Until 6:54AM

Balava Until 12:22PM

Ashtami* Until 12:45AM Thu**Ganesha:** Orange**Sunrise:** 6:08AM**Muruga:** Yellow**Sunset:** 5:59PM**Nataraja:** White

Moon – Yellow

Sravana*Avani**Sivaloka Day**

Creative Work Siddha Yoga

Krishna Janmashtami**Thursday, September 7, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Utarea, FRPO

Sun 7 Sutra 143

Sobhana 5125

Vrishabha Rasi: 29.07 Tithi 24

Gulika 9:05AM – 10:34AM

Yama 6:07AM – 7:36AM

535516573 **Rahu** 1:32PM – 3:01PM**Mrigashira Until 8:40PM**

Vajra* Until 6:30AM

Taitila Until 1:21PM

Navami* Until 2:03AM Fri**Ganesha:** Orange**Sunrise:** 6:07AM**Muruga:** Yellow**Sunset:** 5:59PM**Nataraja:** White

Moon – Yellow

Sravana*Avani**Sivaloka Day**

Routine Work Marana Yoga

1	Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau				Utarea, FRPO Sun 8 Sutra 144 Sobhana 5125	
	Mithuna Rasi: 11.25	Tithi 25	Gulika Yama	7:35AM – 9:04AM 3:01PM – 4:30PM	Ardra Until 10:47PM Siddhi Until 6:37AM Vanija Until 2:55PM	Ganesha: Orange Muruga: Yellow Nataraja: White Moon – Yellow	Sunrise: 6:06AM Sunset: 6:00PM	Moon 9 - Phase 21 - 8 2nd Phase
	Creative Work	Siddha Yoga	535516573	Rahu 10:34AM – 12:03PM	Dashami Until 3:51AM Sat	Sravana*Avani	Sivaloka Day	
2	Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyatipata* Varyan Yoga Bava/Balava Karana Ekadashyam Titau				Utarea, FRPO Sun 9 Sutra 145 Sobhana 5125	
	Mithuna Rasi: 23.32	Tithi 26	Gulika Yama	6:05AM – 7:34AM 1:32PM – 3:01PM	Punarvasu Until 1:37AM Sun Vyatipata* Until 7:06AM Bava Until 4:55PM	Ganesha: Light Blue Muruga: Yellow Nataraja: White Moon – Blue	Sunrise: 6:05AM Sunset: 6:00PM	Moon 9 - Phase 21 - 9 2nd Phase
	Creative Work	Siddha Yoga	545516573	Rahu 9:04AM – 10:33AM	Ekadashi* Until 6:00AM Sun	Sravana*Avani	Devaloka Day	
3	Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Utarea, FRPO Sun 10 Sutra 146 Sobhana 5125	
	Kataka Rasi: 5.3	Tithi 26 – 27	Gulika Yama	3:01PM – 4:30PM 12:02PM – 1:31PM	Pushya Until 4:29AM Mon Varyan Until 7:48AM Kaulava Until 7:11PM	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Blue	Sunrise: 6:04AM Sunset: 6:00PM	Moon 9 - Phase 21 - 10 2nd Phase
	Creative Work	Siddha Yoga	545616573	Rahu 4:30PM – 6:00PM	Ekadashi* Until 6:00AM	Sravana*Avani	Devaloka Day	
				Grandparent's Day				
4	Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Utarea, FRPO Sun 11 Sutra 147 Sobhana 5125	
	Kataka Rasi: 17.24	Tithi 27 – 28	Gulika Yama	1:31PM – 3:01PM 10:32AM – 12:02PM	Ashlesha* Until 7:18AM Tue Parigha* Until 8:41AM Gara Until 9:37PM	Ganesha: Light Blue Muruga: Yellow Nataraja: White Moon – Blue	Sunrise: 6:04AM Sunset: 6:00PM	Moon 9 - Phase 21 - 11 2nd Phase
	Family Home Evening		546616573	Rahu 7:33AM – 9:03AM	Dvadashi* Until 8:22AM	Sravana*Avani	Devaloka Day	
	Creative Work	Siddha Yoga			Pradosha Vrata (Fasting)			
5	Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Utarea, FRPO Sun 12 Sutra 148 Sobhana 5125	
	Kataka Rasi: 29.16	Tithi 28 – 29	Gulika Yama	12:01PM – 1:31PM 9:02AM – 10:32AM	Ashlesha* Until 7:18AM Shiva Until 9:38AM Visti Until 12:04AM Wed	Ganesha: Light Blue Muruga: Yellow Nataraja: White Moon – Blue	Sunrise: 6:03AM Sunset: 6:00PM	Moon 9 - Phase 21 - 12 2nd Phase
	Creative Work	Siddha Yoga	546616573	Rahu 3:01PM – 4:30PM	Trayodashi* Until 10:49AM	Sravana*Avani	Devaloka Day	
	Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Utarea, FRPO Sun 13 Sutra 149 Sobhana 5125	
	Retreat Star		Gulika Yama	10:31AM – 12:01PM 7:32AM – 9:01AM	Magha* Until 10:26AM Siddha Until 10:33AM Catuspada Until 2:28AM Thu	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Red	Sunrise: 6:02AM Sunset: 6:00PM	Moon 9 - Phase 21 - 13 Amavasya
	Simha Rasi: 11.07	Tithi 29 – 30	556616573	Rahu 12:01PM – 1:31PM	Chaturdashi* Until 1:16PM	Sravana*Avani	Devaloka Day	
	Creative Work	Siddha Yoga						
	Until 10:26AM							
	Then Creative Work - Amrita Yoga							
	Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Utarea, FRPO Sun 14 Sutra 150 Sobhana 5125	
	Retreat Star		Gulika Yama	9:01AM – 10:31AM 6:01AM – 7:31AM	Purvaphalguni Until 1:20PM Sadhya Until 11:24AM Kintughna Until 4:44AM Fri	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Red	Sunrise: 6:01AM Sunset: 6:00PM	Moon 9 - Phase 21 - 14 Prathama
	Simha Rasi: 23.01	Tithi 30 – 1	556616573	Rahu 1:31PM – 3:00PM	Amavasya* Until 3:36PM	Bhadrapada*Avani	Devaloka Day	
	Creative Work	Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Uturea, FRPO
	Kanya Rasi: 4.58	Tithi 1 – 2	Gulika 7:30AM – 9:00AM	Uttaraphalguni Until 3:53PM	Ganesha: Purple	Sunrise: 6:00AM	Sun 15 Sutra 151
			Yama 3:00PM – 4:30PM	Subha Until 12:09PM	Muruga: White	Sunset: 6:00PM	Sobhana 5125
	566626573	Rahu 10:30AM – 12:00PM		Balava Until 6:46AM Sat	Nataraja: White		Moon 9 - Phase 22 - 15
Creative Work Siddha Yoga				Prathama* Until 5:45PM	Bhadrapada*Avani		3rd Phase
Until 3:53PM						Sivaloka Day	
Then Creative Work - Amrita Yoga							
2	Saturday, September 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Uturea, FRPO
	Kanya Rasi: 17	Tithi 2	Gulika 6:00AM – 7:30AM	Hasta Until 6:30PM	Ganesha: Light Blue	Sunrise: 6:00AM	Sun 16 Sutra 152
			Yama 1:30PM – 3:00PM	Sukla Until 12:39PM	Muruga: White	Sunset: 6:00PM	Sobhana 5125
	566626573	Rahu 9:00AM – 10:30AM		Balava Until 6:46AM	Nataraja: White		Moon 9 - Phase 22 - 16
Routine Work Marana Yoga				Dvitiya Until 7:38PM	Bhadrapada*Puratasi		3rd Phase
						Sivaloka Day	
3	Sunday, September 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Taithila/Gara Karana Tritiyayam Titau				Uturea, FRPO
	Kanya Rasi: 29.1	Tithi 3	Gulika 3:00PM – 4:30PM	Chitra Until 8:37PM	Ganesha: Light Blue	Sunrise: 5:59AM	Sun 17 Sutra 153
			Yama 12:00PM – 1:30PM	Brahma Until 12:56PM	Muruga: White	Sunset: 6:00PM	Sobhana 5125
	566626573	Rahu 4:30PM – 6:00PM		Taithila Until 8:28AM	Nataraja: White		Moon 9 - Phase 22 - 17
Creative Work Siddha Yoga				Tritiya Until 9:09PM	Bhadrapada*Puratasi		3rd Phase
						Sivaloka Day	
4	Monday, September 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau				Uturea, FRPO
	Tula Rasi: 11.3	Tithi 4	Gulika 1:30PM – 3:00PM	Svati Until 10:08PM	Ganesha: Purple	Sunrise: 5:58AM	Sun 18 Sutra 154
	Family Home Evening		Yama 10:29AM – 11:59AM	Indra Until 12:53PM	Muruga: White	Sunset: 6:01PM	Sobhana 5125
	567626573	Rahu 7:28AM – 8:59AM		Vanija Until 9:47AM	Nataraja: White		Moon 9 - Phase 22 - 18
Creative Work Amrita Yoga				Chaturthi* Until 10:14PM	Bhadrapada*Puratasi		3rd Phase
Until 10:08PM			Ganesha Chaturthi			Sivaloka Day	
Then Routine Work - Marana Yoga							
5	Tuesday, September 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau				Uturea, FRPO
	Tula Rasi: 24.02	Tithi 5	Gulika 11:59AM – 1:29PM	Vishakha Until 11:28PM	Ganesha: Clear	Sunrise: 5:57AM	Sun 19 Sutra 155
			Yama 8:58AM – 10:28AM	Vaidhriti* Until 12:26PM	Muruga: White	Sunset: 6:01PM	Sobhana 5125
	577626573	Rahu 3:00PM – 4:30PM		Bava Until 10:36AM	Nataraja: White		Moon 9 - Phase 22 - 19
Routine Work Marana Yoga				Panchami Until 10:47PM	Bhadrapada*Puratasi		3rd Phase
Until 11:28PM						Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							
6	Wednesday, September 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taithila Karana Shashthyam Titau				Uturea, FRPO
	Vrischika Rasi: 6.5	Tithi 6	Gulika 10:28AM – 11:59AM	Anuradha Until 12:04AM Thu	Ganesha: Clear	Sunrise: 5:56AM	Sun 20 Sutra 156
			Yama 7:27AM – 8:57AM	Vishkambha* Until 11:34AM	Muruga: White	Sunset: 6:01PM	Sobhana 5125
	577626573	Rahu 11:59AM – 1:29PM		Kaulava Until 10:52AM	Nataraja: White		Moon 9 - Phase 22 - 20
Creative Work Siddha Yoga				Shashthi* Until 10:45PM	Bhadrapada*Puratasi		3rd Phase
Until 12:04AM Thu						Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga							
Retreat Star	Thursday, September 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau				Uturea, FRPO
	Vrischika Rasi: 19.55	Tithi 7	Gulika 8:57AM – 10:27AM	Jyeshtha* Until 11:54PM	Ganesha: Clear	Sunrise: 5:55AM	Sun 21 Sutra 157
			Yama 5:55AM – 7:26AM	Priti Until 10:13AM	Muruga: White	Sunset: 6:01PM	Sobhana 5125
	577626573	Rahu 1:29PM – 3:00PM		Gara Until 10:31AM	Nataraja: White		Moon 9 - Phase 22 - 21
Routine Work Prabalarishta Yoga				Saptami Until 10:05PM	Bhadrapada*Puratasi		3rd Phase
Until 11:54PM						Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							
Retreat Star	Friday, September 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau				Uturea, FRPO
	Dhanus Rasi: 3.21	Tithi 8	Gulika 7:25AM – 8:56AM	Mula* Until 11:24PM	Ganesha: White	Sunrise: 5:55AM	Sun 22 Sutra 158
			Yama 2:59PM – 4:30PM	Ayushman Until 8:20AM	Muruga: White	Sunset: 6:01PM	Sobhana 5125
	587626573	Rahu 10:27AM – 11:58AM		Visti Until 9:32AM	Nataraja: White		Moon 9 - Phase 22 - 22
Creative Work Amrita Yoga				Ashtami* Until 8:47PM	Bhadrapada*Puratasi		Ashtami
Until 11:24PM						Sivaloka Day	
Then Routine Work - Prabalarishta Yoga							
Retreat Star	Saturday, September 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau				Uturea, FRPO
	Dhanus Rasi: 17.09	Tithi 9	Gulika 5:54AM – 7:25AM	Purvashadha* Until 10:10PM	Ganesha: White	Sunrise: 5:54AM	Sun 23 Sutra 159
			Yama 1:28PM – 2:59PM	Sobhana Until 3:08AM Sun	Muruga: White	Sunset: 6:01PM	Sobhana 5125
	587626573	Rahu 8:56AM – 10:27AM		Balava Until 7:55AM	Nataraja: White		Moon 9 - Phase 22 - 23
Creative Work Siddha Yoga				Navami* Until 6:52PM	Bhadrapada*Puratasi		Navami
Until 10:10PM						Sivaloka Day	
Then Routine Work - Marana Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Uturea, FRPO on 1/25/22

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1	Sunday, September 24, 2023			Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau					Utarea, FRPO
			Gulika	2:59PM – 4:30PM	Uttarashadha Until 8:15PM	Ganesha: White	Sunrise: 5:53AM	Sun 24	Sutra 160
	Makara Rasi: 1.19	Tithi 10 – 11	Yama	11:57AM – 1:28PM	Athiganda* Until 11:51PM	Muruga: White	Sunset: 6:01PM	Sobhana 5125	
			587626573 Rahu	4:30PM – 6:01PM	Vanija Until 3:02AM Mon	Nataraja: White	Moon 9 - Phase 23 - 24		
	Creative Work	Amrita Yoga				Dashami Until 4:25PM	Moon – Light Blue	4th Phase	
						Bhadrapada*Puratasi	Sivaloka Day		

2	Monday, September 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau						Utarea, FRPO
			Gulika	1:28PM – 2:59PM	Shravana Until 6:11PM	Ganesha: White	Sunrise: 5:52AM	Sun 25	Sutra 161
	Makara Rasi: 15.5 Tithi 11 – 12		Yama	10:26AM – 11:57AM	Sukarma Until 8:15PM	Muruga: White	Sunset: 6:01PM	Moon 9 - Phase 23 - 25	Sobhana 5125
	Family Home Evening		598626573	Rahu	7:23AM – 8:54AM	Nataraja: White			4th Phase
	Creative Work	Amrita Yoga			Bava Until 11:57PM	Moon – Purple	Subha Subha Sivaloka Day		
	Until 6:11PM				Ekadashi Until 1:31PM				
	Then Creative Work - Siddha Yoga					Bhadrapada•Puratasi			

3	Tuesday, September 26, 2023			Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau					Utarea, FRPO		
				Gulika	11:56AM – 1:28PM	Dhanishtha Until 3:41PM	Ganesha: White	Sunrise: 5:51AM	Sun 26	Sutra 162	
	Kumbha Rasi: 0.38	Tithi 12 – 13	Yama	8:54AM – 10:25AM	Dhriti Until 4:24PM	Muruga: White	Sunset: 6:01PM	Moon 9 -	Phase 23 - 26		
	598626573			Rahu	2:59PM – 4:30PM	Kaulava Until 8:36PM	Nataraja: White			4th Phase	
	Creative Work	Siddha Yoga					Moon – Purple	Subha Subha Sivaloka Day			
Until 3:41PM			Dvadashi Until 10:17AM								
Then Routine Work - Marana Yoga			Pradosha Vrata								

4	Wednesday, September 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shula*/Ganda* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau						Utarea, FRPO
			Gulika	10:25AM – 11:56AM	Shatabhishak Until 12:53PM		Ganesha: Clear	Sunrise: 5:51AM	Sun 27 Sutra 163
	Kumbha Rasi: 16 Tithi 13 – 14		Yama	7:22AM – 8:53AM	Shula* Until 12:25PM		Muruga: White	Sunset: 6:02PM	Sobhana 5125
	698626573		Rahu	11:56AM – 1:27PM	Vanija Until 3:23AM Thu		Nataraja: White		Moon 9 - Phase 23 - 27
	Creative Work Siddha Yoga						Moon – Purple	4th Phase	
Until 12:53PM		Chidambaram Abhishekam		Trayodashi Until 6:51AM		Subha Sivaloka Day			
Then Creative Work - Amrita Yoga		Kadaitswami Mahasamadhi				Bhadrapada*Puratasi			

	Thursday, September 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau					Utarea, FRPO	
	Copper Retreat Star		Gulika	8:53AM – 10:24AM	Purvaprosarthapada* Until 10:21AM	Ganesha: Yellow	<i>Sunrise:</i> 5:50AM	Sutra 164	
	Meena Rasi: 0.37	Tithi 15	Yama	5:50AM – 7:21AM	Ganda* Until 8:26AM	Muruga: White	<i>Sunset:</i> 6:02PM	Sobhana 5125	
	Creative Work Siddha Yoga		618626573 Rahu	1:27PM – 2:59PM	Visti Until 1:42PM	Nataraja: White		Moon 9 - Phase 23 - Purnima	
								Purnima* Until 12:01AM Fri	Moon – Clear
					Bhadrapada*Puratasi				Subha Sivaloka Day

Friday, September 29, 2023				Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam						Utarea, FRPO			
Silver Retreat Star				Uttaraproshtthapada/Revati Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau						Sutra 165			
Meena Rasi: 15.31		Tithi 16		Gulika	7:21AM – 8:52AM	Uttaraproshtthapada Until 7:50AM			Ganesha: Yellow	Sunrise: 5:49AM	Sobhana 5125		
				Yama	2:59PM – 4:30PM	Dhruva Until 12:57AM Sat			Muruga: White	Sunset: 6:02PM	Moon 9 - Phase 23 -		
Creative Work		Siddha Yoga		618626573	Rahu	10:24AM – 11:55AM	Balava Until 10:26AM			Nataraja: White		Prathama	
										Moon – Clear		Subha Sivaloka Day	
										Bhadrapada*Puratasi			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

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Saturday, September 30, 2023 Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Utarea, FRPO

Sun 1 Sutra 166

Sobhana 5125

Moon 10 - Phase 24 - 1

1st Phase

Mesha Rasi: 0.12

Tithi 17

628626573

Gulika

5:48AM – 7:20AM

Yama

1:27PM – 2:59PM

Rahu

8:52AM – 10:23AM

Ashvini Until 3:57AM Sun

Vyaghata* Until 9:43PM

Taitila Until 7:32AM

Dvitiya Until 6:14PM

Ganesha: White

Sunrise: 5:48AM

Muruga: White

Sunset: 6:02PM

Nataraja: White

Moon – White

Subha Subha Sivaloka Day

Bhadrapada*Puratasi

Creative Work Siddha Yoga

Until 3:57AM Sun

Then Routine Work - Prabalarishta Yoga

1 Sunday, October 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Utarea, FRPO

Sun 2 Sutra 167

Sobhana 5125

Moon 10 - Phase 24 - 2

1st Phase

Mesha Rasi: 14.32

Tithi 18 – 19

629626573

Gulika

2:58PM – 4:30PM

Yama

11:55AM – 1:27PM

Rahu

4:30PM – 6:02PM

Bharani Until 2:53AM Mon

Harshana Until 6:58PM

Bava Until 3:20AM Mon

Tritiya Until 4:07PM

Ganesha: Clear

Sunrise: 5:47AM

Muruga: White

Sunset: 6:02PM

Nataraja: White

Moon – White

Subha Sivaloka Day

Bhadrapada*Puratasi

Routine Work Prabalarishta Yoga

Until 2:53AM Mon

Then Routine Work - Marana Yoga

2 Monday, October 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Utarea, FRPO

Sun 3 Sutra 168

Sobhana 5125

Moon 10 - Phase 24 - 3

1st Phase

Mesha Rasi: 28.26

Tithi 19 – 20

629626573

Gulika

1:26PM – 2:58PM

Yama

10:23AM – 11:54AM

Rahu

7:19AM – 8:51AM

Krittika Until 2:23AM Tue

Vajra* Until 4:45PM

Kaulava Until 2:17AM Tue

Chaturthi* Until 2:42PM

Ganesha: Clear

Sunrise: 5:47AM

Muruga: White

Sunset: 6:02PM

Nataraja: White

Moon – White

Subha Sivaloka Day

Bhadrapada*Puratasi

Routine Work Marana Yoga

Until 2:23AM Tue

Then Creative Work - Amrita Yoga

3 Tuesday, October 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Utarea, FRPO

Sun 4 Sutra 169

Sobhana 5125

Moon 10 - Phase 24 - 4

1st Phase

Vrishabha Rasi: 11.55

Tithi 20 – 21

639626573

Gulika

11:54AM – 1:26PM

Yama

8:50AM – 10:22AM

Rahu

2:58PM – 4:30PM

Rohini Until 2:58AM Wed

Siddhi Until 3:10PM

Gara Until 2:03AM Wed

Panchami Until 2:03PM

Ganesha: Purple

Sunrise: 5:46AM

Muruga: White

Sunset: 6:02PM

Nataraja: White

Moon – Yellow

Sivaloka Day

Bhadrapada*Puratasi

Creative Work Amrita Yoga

Until 2:58AM Wed

Then Creative Work - Siddha Yoga

4 Wednesday, October 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Utarea, FRPO

Sun 5 Sutra 170

Sobhana 5125

Moon 10 - Phase 24 - 5

1st Phase

Vrishabha Rasi: 24.57

Tithi 21 – 22

639626573

Gulika

10:22AM – 11:54AM

Yama

7:17AM – 8:49AM

Rahu

11:54AM – 1:26PM

Mrigashira Until 4:10AM Thu

Vyatipata* Until 2:14PM

Visti Until 2:36AM Thu

Shashthi* Until 2:12PM

Ganesha: Purple

Sunrise: 5:45AM

Muruga: White

Sunset: 6:03PM

Nataraja: White

Moon – Yellow

Sivaloka Day

Bhadrapada*Puratasi

Creative Work Siddha Yoga

Until 4:10AM Thu

Then Routine Work - Marana Yoga

5 Thursday, October 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Utarea, FRPO

Sun 6 Sutra 171

Sobhana 5125

Moon 10 - Phase 24 - 6

1st Phase

Mithuna Rasi: 7.37

Tithi 22 – 23

639726573

Gulika

8:49AM – 10:21AM

Yama

5:44AM – 7:17AM

Rahu

1:26PM – 2:58PM

Ardra Until 5:53AM Fri

Variyan Until 1:52PM

Balava Until 3:51AM Fri

Saptami Until 3:07PM

Ganesha: Clear

Sunrise: 5:44AM

Muruga: White

Sunset: 6:03PM

Nataraja: White

Moon – Yellow

Subha Sivaloka Day

Bhadrapada*Puratasi

Routine Work Marana Yoga

Until 5:53AM Fri

Then Creative Work - Siddha Yoga

Friday, October 6, 2023 Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Utarea, FRPO

Sun 7 Sutra 172

Sobhana 5125

Moon 10 - Phase 24 - 7

Ashtami

Mithuna Rasi: 19.58

Tithi 23 – 24

639726573

Gulika

7:16AM – 8:48AM

Yama

2:58PM – 4:30PM

Rahu

10:21AM – 11:53AM

Punarvasu Until 8:28AM Sat

Parigha* Until 2:00PM

Taitila Until 5:42AM Sat

Ashtami* Until 4:42PM

Ganesha: Clear

Sunrise: 5:44AM

Muruga: White

Sunset: 6:03PM

Nataraja: White

Moon – Yellow

Subha Sivaloka Day

Bhadrapada*Puratasi

Creative Work Siddha Yoga

Saturday, October 7, 2023 Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Gara Karana Navamyam Titau

Utarea, FRPO

Sun 8 Sutra 173

Sobhana 5125

Moon 10 - Phase 24 - 8

Navami

Kataka Rasi: 2.05

Tithi 24

649726573

Gulika

5:43AM – 7:15AM

Yama

1:25PM – 2:58PM

Rahu

8:48AM – 10:20AM

Punarvasu Until 8:28AM

Shiva Until 2:33PM

Gara Until 6:45PM

Navami* Until 6:45PM

Ganesha: Purple

Sunrise: 5:43AM

Muruga: White

Sunset: 6:03PM

Nataraja: White

Moon – Blue

Subha Subha Sivaloka Day

Bhadrapada*Puratasi

Creative Work Siddha Yoga

1	Sunday, October 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dashamyam Titau				Utarea, FRPO	
	Kataka Rasi: 14.04	Tithi 25	Gulika Yama	2:58PM – 4:31PM 11:53AM – 1:25PM	Pushya Until 11:14AM Siddha Until 3:19PM	Ganesha: Purple Muruga: White	Sun 9 Sutra 174 Sobhana 5125	
	649726574	Rahu	4:31PM – 6:03PM	Vanija Until 7:56AM	Nataraja: Clear Moon – Blue	Sunrise: 5:42AM Sunset: 6:03PM	Moon 10 - Phase 25 - 9 2nd Phase	
	Creative Work	Siddha Yoga	Dashami Until 9:07PM		Subha Sivaloka Day Bhadrapada*Puratasi			
2	Monday, October 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau				Utarea, FRPO	
	Kataka Rasi: 25.56	Tithi 26	Gulika Yama	1:25PM – 2:58PM 10:20AM – 11:52AM	Ashlesha* Until 2:02PM Sadhya Until 4:13PM	Ganesha: Blue Muruga: White	Sun 10 Sutra 175 Sobhana 5125	
	641726574	Rahu	7:14AM – 8:47AM	Bava Until 10:23AM	Nataraja: Clear Moon – Blue	Sunrise: 5:41AM Sunset: 6:03PM	Moon 10 - Phase 25 - 10 2nd Phase	
	Family Home Evening	Siddha Yoga	Ekadashi* Until 11:37PM		Subha Sivaloka Day Bhadrapada*Puratasi			
Until 2:02PM		Then Routine Work - Marana Yoga						
3	Tuesday, October 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau				Utarea, FRPO	
	Simha Rasi: 7.47	Tithi 27	Gulika Yama	11:52AM – 1:25PM 8:46AM – 10:19AM	Magha* Until 5:11PM Subha Until 5:08PM	Ganesha: Red Muruga: White	Sun 11 Sutra 176 Sobhana 5125	
	651726574	Rahu	2:58PM – 4:31PM	Kaulava Until 12:53PM	Nataraja: Clear Moon – Red	Sunrise: 5:41AM Sunset: 6:04PM	Moon 10 - Phase 25 - 11 2nd Phase	
	Creative Work	Siddha Yoga	Dvadashi* Until 2:04AM Wed		Sivaloka Day Bhadrapada*Puratasi			
4	Wednesday, October 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau				Utarea, FRPO	
	Simha Rasi: 19.41	Tithi 28	Gulika Yama	10:19AM – 11:52AM 7:13AM – 8:46AM	Purvaphalguni Until 8:02PM Sukla Until 5:55PM	Ganesha: Red Muruga: White	Sun 12 Sutra 177 Sobhana 5125	
	651726574	Rahu	11:52AM – 1:25PM	Gara Until 3:16PM	Nataraja: Clear Moon – Red	Sunrise: 5:40AM Sunset: 6:04PM	Moon 10 - Phase 25 - 12 2nd Phase	
	Creative Work	Amrita Yoga	Trayodashi* Until 4:21AM Thu		Sivaloka Day Bhadrapada*Puratasi			
Pradosha Vrata (Fasting)								
5	Thursday, October 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Utarea, FRPO	
	Kanya Rasi: 1.38	Tithi 29	Gulika Yama	8:45AM – 10:19AM 5:39AM – 7:12AM	Uttaraphalguni Until 10:27PM Brahma Until 6:31PM	Ganesha: Red Muruga: White	Sun 13 Sutra 178 Sobhana 5125	
	651726574	Rahu	1:25PM – 2:58PM	Visti Until 5:24PM	Nataraja: Clear Moon – Red	Sunrise: 5:39AM Sunset: 6:04PM	Moon 10 - Phase 25 - 13 2nd Phase	
	Amrita Yoga	Chaturdashi* Until 6:19AM Fri		Sivaloka Day Bhadrapada*Puratasi				
Until 10:27PM		Then Routine Work - Marana Yoga						
●	Friday, October 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Utarea, FRPO	
	Retreat Star		Gulika Yama	7:12AM – 8:45AM 2:58PM – 4:31PM	Hasta Until 12:52AM Sat Indra Until 6:52PM	Ganesha: Yellow Muruga: White	Sun 14 Sutra 179 Sobhana 5125	
	Kanya Rasi: 13.43	Tithi 29 – 30	661726574	Rahu	10:18AM – 11:51AM	Nataraja: Clear Moon – Green	Sunrise: 5:39AM Sunset: 6:04PM	Moon 10 - Phase 25 - 14 Amavasya
	Creative Work	Amrita Yoga	Mahalaya Amavasai (Tamil Nadu)		Sivaloka Day Bhadrapada*Puratasi			
Until 12:52AM Sat		Then Routine Work - Marana Yoga						
	Saturday, October 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Utarea, FRPO	
	Retreat Star		Gulika Yama	5:38AM – 7:11AM 1:24PM – 2:58PM	Chitra Until 2:41AM Sun Vaidhriti* Until 6:52PM	Ganesha: Yellow Muruga: White	Sun 15 Sutra 180 Sobhana 5125	
	Kanya Rasi: 25.58	Tithi 30 – 1	661726574	Rahu	8:44AM – 10:18AM	Nataraja: Clear Moon – Green	Sunrise: 5:38AM Sunset: 6:04PM	Moon 10 - Phase 25 - 15 Prathama
	Routine Work	Marana Yoga	Navaratri Begins		Sivaloka Day Ashvina*Puratasi			
Until 2:41AM Sun		Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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1	Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Utarea, FRPO	
	Tula Rasi: 8.23	Tithi 1 – 2	Gulika	2:58PM – 4:31PM	Svati Until 3:54AM Mon	Ganesha: Yellow	Sunrise: 5:37AM	Sun 16 Sutra 181
			Yama	11:51AM – 1:24PM	Vishkambha* Until 6:31PM	Muruga: White	Sunset: 6:05PM	Sobhana 5125
		661726574	Rahu	4:31PM – 6:05PM	Balava Until 9:27PM	Nataraja: Clear		Moon 10 - Phase 26 - 16
	Creative Work Siddha Yoga				Prathama* Until 9:02AM	Moon – Green		3rd Phase
	Until 3:54AM Mon				Ashvina*Puratasi		Sivaloka Day	
	Then Routine Work - Marana Yoga							
2	Monday, October 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Utarea, FRPO	
	Tula Rasi: 21.01	Tithi 2 – 3	Gulika	1:24PM – 2:58PM	Vishakha Until 4:58AM Tue	Ganesha: Red	Sunrise: 5:36AM	Sun 17 Sutra 182
	Family Home Evening		Yama	10:17AM – 11:51AM	Priti Until 5:50PM	Muruga: White	Sunset: 6:05PM	Sobhana 5125
	Routine Work Marana Yoga	671726574	Rahu	7:10AM – 8:44AM	Taitila Until 9:53PM	Nataraja: Clear		Moon 10 - Phase 26 - 17
	Until 4:58AM Tue				Dvitiya Until 9:43AM	Moon – Orange		3rd Phase
	Then Creative Work - Siddha Yoga				Ashvina*Puratasi		Sivaloka Day	
3	Tuesday, October 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Utarea, FRPO	
	Vrischika Rasi: 3.52	Tithi 3 – 4	Gulika	11:50AM – 1:24PM	Anuradha Until 5:27AM Wed	Ganesha: Red	Sunrise: 5:36AM	Sun 18 Sutra 183
			Yama	8:43AM – 10:17AM	Ayushman Until 4:45PM	Muruga: White	Sunset: 6:05PM	Sobhana 5125
		671726574	Rahu	2:58PM – 4:31PM	Vanija Until 9:52PM	Nataraja: Clear		Moon 10 - Phase 26 - 18
	Creative Work Siddha Yoga				Tritiya Until 9:55AM	Moon – Orange		3rd Phase
					Ashvina*Aipasi		Sivaloka Day	
4	Wednesday, October 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Utarea, FRPO	
	Vrischika Rasi: 16.58	Tithi 4 – 5	Gulika	10:17AM – 11:50AM	Jyeshtha* Until 5:20AM Thu	Ganesha: Red	Sunrise: 5:35AM	Sun 19 Sutra 184
			Yama	7:09AM – 8:43AM	Saubhagya Until 3:19PM	Muruga: White	Sunset: 6:05PM	Sobhana 5125
		671726574	Rahu	11:50AM – 1:24PM	Bava Until 9:23PM	Nataraja: Clear		Moon 10 - Phase 26 - 19
	Creative Work Siddha Yoga				Chaturthi* Until 9:40AM	Moon – Orange		3rd Phase
					Ashvina*Aipasi		Sivaloka Day	
5	Thursday, October 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Utarea, FRPO	
	Dhanus Rasi: 0.16	Tithi 5 – 6	Gulika	8:42AM – 10:16AM	Mula* Until 5:07AM Fri	Ganesha: Yellow	Sunrise: 5:35AM	Sun 20 Sutra 185
			Yama	5:35AM – 7:08AM	Sobhana Until 1:34PM	Muruga: White	Sunset: 6:06PM	Sobhana 5125
		682726574	Rahu	1:24PM – 2:58PM	Kaulava Until 8:29PM	Nataraja: Clear		Moon 10 - Phase 26 - 20
	Creative Work Siddha Yoga				Panchami Until 8:58AM	Moon – Light Blue		3rd Phase
	Until 5:07AM Fri				Ashvina*Aipasi		Sivaloka Day	
	Then Routine Work - Prabalarishta Yoga							
6	Friday, October 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Utarea, FRPO	
	Dhanus Rasi: 13.49	Tithi 6 – 7	Gulika	7:08AM – 8:42AM	Purvashadha* Until 4:21AM Sat	Ganesha: Yellow	Sunrise: 5:34AM	Sun 21 Sutra 186
			Yama	2:58PM – 4:32PM	Athiganda* Until 11:28AM	Muruga: White	Sunset: 6:06PM	Sobhana 5125
		682726574	Rahu	10:16AM – 11:50AM	Gara Until 7:11PM	Nataraja: Clear		Moon 10 - Phase 26 - 21
	Routine Work Prabalarishta Yoga				Shashthi* Until 7:52AM	Moon – Light Blue		3rd Phase
	Until 4:21AM Sat				Ashvina*Aipasi		Sivaloka Day	
	Then Routine Work - Marana Yoga							
D	Saturday, October 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Utarea, FRPO	
	Retreat Star		Gulika	5:33AM – 7:07AM	Uttarashadha Until 3:05AM Sun	Ganesha: Yellow	Sunrise: 5:33AM	Sun 22 Sutra 187
	Dhanus Rasi: 27.37	Tithi 7 – 8	Yama	1:24PM – 2:58PM	Sukarma Until 9:04AM	Muruga: White	Sunset: 6:06PM	Sobhana 5125
		682726574	Rahu	8:42AM – 10:16AM	Bava Until 4:30AM Sun	Nataraja: Clear		Moon 10 - Phase 26 - 22
	Routine Work Marana Yoga				Saptami Until 6:22AM	Moon – Light Blue		Ashtami
	Until 3:05AM Sun		Durga Ashtami		Ashvina*Aipasi		Sivaloka Day	
	Then Creative Work - Amrita Yoga							
	Sunday, October 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau				Utarea, FRPO	
	Retreat Star		Gulika	2:58PM – 4:32PM	Shravana Until 1:45AM Mon	Ganesha: White	Sunrise: 5:33AM	Sun 23 Sutra 188
	Makara Rasi: 11.37	Tithi 9	Yama	11:50AM – 1:24PM	Dhriti Until 6:22AM	Muruga: White	Sunset: 6:07PM	Sobhana 5125
		692726574	Rahu	4:32PM – 6:07PM	Balava Until 3:27PM	Nataraja: Clear		Moon 10 - Phase 26 - 23
	Creative Work Amrita Yoga				Navami* Until 2:17AM Mon	Moon – Purple		Navami
	Until 1:45AM Mon		Saraswathi Puja (Tamil Nadu)		Ashvina*Aipasi		Devaloka Day	
	Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	Monday, October 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Utarea, FRPO Sun 24 Sutra 189 Sobhana 5125	
	Makara Rasi: 25.51	Tithi 10	Gulika 1:24PM – 2:58PM	Dhanishtha Until 12:00AM Tue	Ganesha: White	Sunrise: 5:32AM	Moon 10 - Phase 27 - 24 4th Phase	
	Family Home Evening	692726574	Yama 10:15AM – 11:49AM	Ganda* Until 12:11AM Tue	Muruga: White	Sunset: 6:07PM		
	Creative Work	Siddha Yoga	Rahu 7:06AM – 8:41AM	Taitila Until 1:06PM	Nataraja: Clear			
			Vijaya Dasami	Dashami Until 11:48PM	Moon – Purple		Devaloka Day	
			Ashvina•Aipasi					

2	Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Utarea, FRPO Sun 25 Sutra 190 Sobhana 5125	
	Kumbha Rasi: 10.16	Tithi 11	Gulika 11:49AM – 1:24PM	Shatabhishak Until 9:55PM	Ganesha: White	Sunrise: 5:32AM	Moon 10 - Phase 27 - 25 4th Phase	
		692726574	Yama 8:40AM – 10:15AM	Vriddhi Until 8:50PM	Muruga: White	Sunset: 6:07PM		
	Routine Work	Marana Yoga	Rahu 2:58PM – 4:33PM	Vanija Until 10:30AM	Nataraja: Clear			
			Ekadashi Until 9:07PM	Moon – Purple		Devaloka Day		
			Ashvina•Aipasi					

3	Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadashyam Titau				Utarea, FRPO Sun 26 Sutra 191 Sobhana 5125	
	Kumbha Rasi: 24.49	Tithi 12	Gulika 10:15AM – 11:49AM	Purvaproshtapada* Until 8:00PM	Ganesha: Purple	Sunrise: 5:31AM	Moon 10 - Phase 27 - 26 4th Phase	
		612726574	Yama 7:06AM – 8:40AM	Dhruva Until 5:22PM	Muruga: White	Sunset: 6:07PM		
	Creative Work	Amrita Yoga	Rahu 11:49AM – 1:24PM	Bava Until 7:44AM	Nataraja: Clear			
Until 8:00PM			Dvadashi Until 6:19PM	Moon – Clear		Devaloka Day		
Then Creative Work - Siddha Yoga			Ashvina•Aipasi					

4	Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Utarea, FRPO Sun 27 Sutra 192 Sobhana 5125	
	Meena Rasi: 9.24	Tithi 13 – 14	Gulika 8:40AM – 10:14AM	Uttaraproshtapada Until 5:57PM	Ganesha: Purple	Sunrise: 5:30AM	Moon 10 - Phase 27 - 27 4th Phase	
		612726574	Yama 5:30AM – 7:05AM	Vyaghata* Until 1:54PM	Muruga: White	Sunset: 6:08PM		
	Creative Work	Siddha Yoga	Rahu 1:24PM – 2:58PM	Gara Until 2:10AM Fri	Nataraja: Clear			
			Trayodashi Until 3:31PM	Moon – Clear		Devaloka Day		
			Ashvina•Aipasi					
			Pradosha Vrata					

	Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Utarea, FRPO Sutra 193 Sobhana 5125	
	Copper Retreat Star		Gulika 7:05AM – 8:39AM	Revati Until 3:54PM	Ganesha: Purple	Sunrise: 5:30AM	Moon 10 - Phase 27 - Purnima	
	Meena Rasi: 23.57	Tithi 14 – 15	Yama 2:59PM – 4:33PM	Harshana Until 10:32AM	Muruga: White	Sunset: 6:08PM		
		612726574	Rahu 10:14AM – 11:49AM	Visti Until 11:36PM	Nataraja: Clear			
Until 3:54PM			Chaturdashi* Until 12:50PM	Moon – Clear		Devaloka Day		
Then Creative Work - Amrita Yoga			Ashvina•Aipasi					

	Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Utarea, FRPO Sutra 194 Sobhana 5125	
	Mesha Rasi: 8.2	Tithi 15 – 16	Gulika 5:29AM – 7:04AM	Ashvini Until 2:24PM	Ganesha: Clear	Sunrise: 5:29AM	Moon 10 - Phase 27 - Prathama	
		622726574	Yama 1:24PM – 2:59PM	Vajra* Until 7:21AM	Muruga: White	Sunset: 6:08PM		
	Creative Work	Siddha Yoga	Rahu 8:39AM – 10:14AM	Balava Until 9:21PM	Nataraja: Clear			
			Purnima* Until 10:25AM	Moon – White		Sivaloka Day		
			Ashvina•Aipasi					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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**Sunday, October 29, 2023****Gold Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani/Krittika Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

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Sutra 195

Sobhana 5125

Mesha Rasi: 22.29 Tithi 16 – 17

622726574

Gulika
Yama
Rahu**2:59PM – 4:34PM**
11:49AM – 1:24PM
4:34PM – 6:09PM**Bharani Until 1:10PM**
Vyatipata* Until 2:01AM Mon
Taitila Until 7:34PM
Prathama* Until 8:23AM**Ganesha:** Clear
Muruga: White
Nataraja: Clear
Moon – White
Ashvina•Aipasi**Sunrise:** 5:29AM
Sunset: 6:09PM

Moon 11 - Phase 28 - 1st Phase

Sivaloka DayRoutine Work Prabalarishta Yoga
Until 1:10PM
Then Creative Work - Siddha Yoga**1****Monday, October 30, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Utarea, FRPO

Sun 1 Sutra 196

Sobhana 5125

Vrishabha Rasi: 6.19 Tithi 17 – 18

622826574

Gulika
Yama
Rahu**1:24PM – 2:59PM**
10:14AM – 11:49AM
7:04AM – 8:39AM**Krittika Until 12:20PM**
Variyan Until 12:01AM Tue
Vanija Until 6:22PM
Dvitiya Until 6:52AM**Ganesha:** White
Muruga: White
Nataraja: Clear
Moon – White
Ashvina•Aipasi**Sunrise:** 5:28AM
Sunset: 6:09PM

Moon 11 - Phase 28 - 1st Phase

Subha Sivaloka DayRoutine Work Marana Yoga
Until 12:20PM
Then Creative Work - Amrita Yoga**2****Tuesday, October 31, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Parigha* Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Utarea, FRPO

Sun 2 Sutra 197

Sobhana 5125

Vrishabha Rasi: 19.47 Tithi 18 – 19

632826574

Gulika
Yama
Rahu**11:49AM – 1:24PM**
8:38AM – 10:14AM
2:59PM – 4:34PM**Rohini Until 12:26PM**
Parigha* Until 10:34PM
Balava Until 5:50AM Wed
Tritiya Until 6:00AM**Ganesha:** Yellow
Muruga: White
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi**Sunrise:** 5:28AM
Sunset: 6:10PM

Moon 11 - Phase 28 - 2nd Phase

Sivaloka DayCreative Work Amrita Yoga
Until 12:26PM
Then Creative Work - Siddha Yoga**3****Wednesday, November 1, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Shiva Yoga Kaulava Karana Panchamyam Titau

Utarea, FRPO

Sun 3 Sutra 198

Sobhana 5125

Mithuna Rasi: 2.52 Tithi 20

632826574

Gulika
Yama
Rahu**10:13AM – 11:49AM**
7:03AM – 8:38AM
11:49AM – 1:24PM**Mrigashira Until 1:06PM**
Shiva Until 9:42PM
Kaulava Until 6:03PM
Panchami Until 6:24AM Thu**Ganesha:** Yellow
Muruga: White
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi**Sunrise:** 5:28AM
Sunset: 6:10PM

Moon 11 - Phase 28 - 3rd Phase

Sivaloka Day

Creative Work Siddha Yoga

4**Thursday, November 2, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Utarea, FRPO

Sun 4 Sutra 199

Sobhana 5125

Mithuna Rasi: 15.35 Tithi 20 – 21

633826574

Gulika
Yama
Rahu**8:38AM – 10:13AM**
5:27AM – 7:03AM
1:24PM – 3:00PM**Ardra Until 2:18PM**
Siddha Until 9:22PM
Gara Until 6:58PM
Panchami Until 6:24AM**Ganesha:** White
Muruga: White
Nataraja: Clear
Moon – Yellow
Ashvina•Aipasi**Sunrise:** 5:27AM
Sunset: 6:10PM

Moon 11 - Phase 28 - 4th Phase

Devaloka DayRoutine Work Marana Yoga
Until 2:18PM
Then Creative Work - Amrita Yoga**5****Friday, November 3, 2023**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Utarea, FRPO

Sun 5 Sutra 200

Sobhana 5125

Mithuna Rasi: 27.59 Tithi 21 – 22

643826574

Gulika
Yama
Rahu**7:02AM – 8:38AM**
3:00PM – 4:35PM
10:13AM – 11:49AM**Punarvasu Until 4:28PM**
Sadhya Until 9:32PM
Visti Until 8:33PM
Shashthi* Until 7:40AM**Ganesha:** Yellow
Muruga: White
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi**Sunrise:** 5:27AM
Sunset: 6:11PM

Moon 11 - Phase 28 - 5th Phase

Sivaloka DayCreative Work Siddha Yoga
Until 4:28PM
Then Routine Work - Marana Yoga**D****Saturday, November 4, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Utarea, FRPO

Sun 6 Sutra 201

Sobhana 5125

Kataka Rasi: 10.1 Tithi 22 – 23

643826574

Gulika
Yama
Rahu**5:26AM – 7:02AM**
1:24PM – 3:00PM
8:38AM – 10:13AM**Pushya Until 6:59PM**
Subha Until 10:05PM
Balava Until 10:39PM
Saptami Until 9:31AM**Ganesha:** Yellow
Muruga: White
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi**Sunrise:** 5:26AM
Sunset: 6:11PM

Moon 11 - Phase 28 - 6th Phase

Sivaloka DayCreative Work Siddha Yoga
Until 6:59PM
Then Routine Work - Marana Yoga**Sunday, November 5, 2023****Retreat Star**Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Utarea, FRPO

Sun 7 Sutra 202

Sobhana 5125

Kataka Rasi: 22.08 Tithi 23 – 24

643826574

Gulika
Yama
Rahu**3:00PM – 4:36PM**
11:49AM – 1:24PM
4:36PM – 6:12PM**Ashlesha* Until 9:40PM**
Sukla Until 10:52PM
Taitila Until 1:04AM Mon
Ashtami* Until 11:48AM**Ganesha:** Yellow
Muruga: White
Nataraja: Clear
Moon – Blue
Ashvina•Aipasi**Sunrise:** 5:26AM
Sunset: 6:12PM

Moon 11 - Phase 28 - 7th Phase

Sivaloka DayCreative Work Siddha Yoga
Until 9:40PM
Then Routine Work - Marana Yoga

1	Monday, November 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Utarea, FRPO Sun 8 Sutra 203 Sobhana 5125	
	Simha Rasi: 4.01	Tithi 24 – 25	Gulika	1:25PM – 3:00PM	Magha* Until 12:50AM Tue	Ganesha: Blue	<i>Sunrise:</i> 5:26AM	Moon 11 - Phase 29 - 8 2nd Phase
	Family Home Evening	653826574	Rahu	7:01AM – 8:37AM	Brahma Until 11:45PM	Muruga: White	<i>Sunset:</i> 6:12PM	
	Routine Work	Marana Yoga			Vanija Until 3:37AM Tue	Nataraja: Clear		
	Until 12:50AM Tue				Navami* Until 2:19PM	Ashvina*Aipasi		
		Then Creative Work - Siddha Yoga						Devaloka Day
2	Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Utarea, FRPO Sun 9 Sutra 204 Sobhana 5125	
	Simha Rasi: 15.53	Tithi 25 – 26	Gulika	11:49AM – 1:25PM	Purvaphalguni Until 3:45AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Moon 11 - Phase 29 - 9 2nd Phase
		753826574	Rahu	3:01PM – 4:37PM	Indra Until 12:36AM Wed	Muruga: White	<i>Sunset:</i> 6:12PM	
	Creative Work	Siddha Yoga			Bava Until 6:03AM Wed	Nataraja: Clear		
	Until 3:45AM Wed				Dashami Until 4:50PM	Ashvina*Aipasi		
		Then Creative Work - Amrita Yoga						Sivaloka Day
3	Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau				Utarea, FRPO Sun 10 Sutra 205 Sobhana 5125	
	Simha Rasi: 27.47	Tithi 26	Gulika	10:13AM – 11:49AM	Uttaraphalguni Until 6:13AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Moon 11 - Phase 29 - 10 2nd Phase
		753826574	Rahu	11:49AM – 1:25PM	Vaidhriti* Until 1:13AM Thu	Muruga: White	<i>Sunset:</i> 6:13PM	
	Creative Work	Amrita Yoga			Bava Until 6:03AM	Nataraja: Clear		
	Until 6:13AM Thu				Ekadashi* Until 7:09PM	Ashvina*Aipasi		
		Then Routine Work - Marana Yoga						Sivaloka Day
4	Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Utarea, FRPO Sun 11 Sutra 206 Sobhana 5125	
	Kanya Rasi: 9.47	Tithi 27	Gulika	8:37AM – 10:13AM	Uttaraphalguni Until 6:13AM	Ganesha: Yellow	<i>Sunrise:</i> 5:25AM	Moon 11 - Phase 29 - 11 2nd Phase
		753826574	Rahu	1:25PM – 3:01PM	Vishkambha* Until 1:32AM Fri	Muruga: White	<i>Sunset:</i> 6:13PM	
	Routine Work	Marana Yoga			Kaulava Until 8:11AM	Nataraja: Clear		
					Dvadashi* Until 9:04PM	Ashvina*Aipasi		
								Sivaloka Day
5	Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Utarea, FRPO Sun 12 Sutra 207 Sobhana 5125	
	Kanya Rasi: 21.59	Tithi 28	Gulika	7:01AM – 8:37AM	Hasta Until 8:36AM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Moon 11 - Phase 29 - 12 2nd Phase
		763826574	Rahu	10:13AM – 11:49AM	Priti Until 1:27AM Sat	Muruga: White	<i>Sunset:</i> 6:14PM	
	Creative Work	Amrita Yoga			Gara Until 9:52AM	Nataraja: Clear		
	Until 8:36AM				Trayodashi* Until 10:28PM	Ashvina*Aipasi		
		Then Creative Work - Siddha Yoga	Subramuniyaswami Mahasamadhi		<i>Pradosha Vrata (Fasting)</i>			Devaloka Day
6	Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Utarea, FRPO Sun 13 Sutra 208 Sobhana 5125	
	Tula Rasi: 4.25	Tithi 29	Gulika	5:24AM – 7:00AM	Chitra Until 10:16AM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Moon 11 - Phase 29 - 13 2nd Phase
		763826574	Rahu	8:37AM – 10:13AM	Ayushman Until 12:53AM Sun	Muruga: White	<i>Sunset:</i> 6:14PM	
	Routine Work	Marana Yoga			Visti Until 10:58AM	Nataraja: Clear		
	Until 10:16AM				Chaturdashi* Until 11:16PM	Ashvina*Aipasi		
		Then Creative Work - Siddha Yoga	Deepavali Hindu Solidarity Day					Devaloka Day
	Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Utarea, FRPO Sun 14 Sutra 209 Sobhana 5125	
	Retreat Star		Gulika	3:02PM – 4:38PM	Svati Until 11:12AM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Moon 11 - Phase 29 - 14 Amavasya
	Tula Rasi: 17.07	Tithi 30	Rahu	4:38PM – 6:15PM	Saubhagya Until 11:52PM	Muruga: White	<i>Sunset:</i> 6:15PM	
	Creative Work	Siddha Yoga			Catuspada Until 11:28AM	Nataraja: Clear		
	Until 11:12AM				Amavasya* Until 11:28PM	Ashvina*Aipasi		
		Then Routine Work - Marana Yoga						Devaloka Day
	Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Prathamayam Titau				Utarea, FRPO Sun 15 Sutra 210 Sobhana 5125	
	Retreat Star		Gulika	1:26PM – 3:02PM	Vishakha Until 11:52AM	Ganesha: Blue	<i>Sunrise:</i> 5:24AM	Moon 11 - Phase 29 - 15 Prathama
	Vrischika Rasi: 0.06	Tithi 1	Rahu	7:00AM – 8:37AM	Sobhana Until 10:25PM	Muruga: White	<i>Sunset:</i> 6:15PM	
	Family Home Evening	773826574			Kintughna Until 11:22AM	Nataraja: Clear		
	Routine Work	Marana Yoga			Prathama* Until 11:06PM	Karttika*Aipasi		
		Until 11:52AM	Skanda Shasthi Begins					Devaloka Day
		Then Creative Work - Siddha Yoga						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Tuesday, November 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Utarea, FRPO Sun 16 Sutra 211	
	Vrischika Rasi: 13.22	Tithi 2	Gulika Yama	11:50AM – 1:26PM 8:37AM – 10:13AM	Anuradha Until 11:52AM Athiganda* Until 8:34PM	Ganesha: Blue Muruga: White	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:16PM	Sobhana 5125 Moon 11 - Phase 30 - 16
	773826574		Rahu	3:03PM – 4:39PM	Balava Until 10:45AM	Nataraja: Clear Moon – Orange		3rd Phase
	Creative Work	Siddha Yoga			Dvitiya Until 10:15PM	Karttika•Aipasi	Devaloka Day	
	Until 11:52AM							
	Then Routine Work - Marana Yoga							
2	Wednesday, November 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau				Utarea, FRPO Sun 17 Sutra 212	
	Vrischika Rasi: 26.53	Tithi 3	Gulika Yama	10:13AM – 11:50AM 7:00AM – 8:37AM	Jyeshtha* Until 11:18AM Sukarma Until 6:24PM	Ganesha: Blue Muruga: White	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:16PM	Sobhana 5125 Moon 11 - Phase 30 - 17
	773826574		Rahu	11:50AM – 1:26PM	Taitila Until 9:42AM	Nataraja: Clear Moon – Orange		3rd Phase
	Creative Work	Siddha Yoga			Tritiya Until 9:01PM	Karttika•Aipasi	Devaloka Day	
	Until 11:18AM							
	Then Routine Work - Marana Yoga							
3	Thursday, November 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Utarea, FRPO Sun 18 Sutra 213	
	Dhanus Rasi: 10.37	Tithi 4	Gulika Yama	8:37AM – 10:13AM 5:23AM – 7:00AM	Mula* Until 10:41AM Dhriti Until 4:01PM	Ganesha: Yellow Muruga: White	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:17PM	Sobhana 5125 Moon 11 - Phase 30 - 18
	784826574		Rahu	1:27PM – 3:03PM	Vanija Until 8:18AM	Nataraja: Clear Moon – Light Blue		3rd Phase
	Creative Work	Siddha Yoga			Chaturthi* Until 7:29PM	Karttika•Karttikai	Sivaloka Day	
4	Friday, November 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Panchami/Shashthiyam Titau				Utarea, FRPO Sun 19 Sutra 214	
	Dhanus Rasi: 24.3	Tithi 5 – 6	Gulika Yama	7:00AM – 8:37AM 3:04PM – 4:41PM	Purvashadha* Until 9:42AM Shula* Until 1:25PM	Ganesha: Yellow Muruga: White	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:17PM	Sobhana 5125 Moon 11 - Phase 30 - 19
	784826575		Rahu	10:13AM – 11:50AM	Bava Until 6:39AM	Nataraja: Purple Moon – Light Blue		3rd Phase
	Routine Work	Prabalarishta Yoga			Panchami Until 5:44PM	Karttika•Karttikai	Subha Sivaloka Day	
	Until 9:42AM							
	Then Routine Work - Marana Yoga							
5	Saturday, November 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Utarea, FRPO Sun 20 Sutra 215	
	Makara Rasi: 8.3	Tithi 6 – 7	Gulika Yama	5:23AM – 7:00AM 1:27PM – 3:04PM	Uttarashadha Until 8:24AM Ganda* Until 10:43AM	Ganesha: Yellow Muruga: White	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:18PM	Sobhana 5125 Moon 11 - Phase 30 - 20
	784826575		Rahu	8:37AM – 10:13AM	Gara Until 2:53AM Sun	Nataraja: Purple Moon – Light Blue		3rd Phase
	Routine Work	Marana Yoga			Shashthi* Until 3:51PM	Karttika•Karttikai	Subha Sivaloka Day	
	Until 8:24AM		Skanda Shasthi					
	Then Creative Work - Siddha Yoga							
6	Sunday, November 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Utarea, FRPO Sun 21 Sutra 216	
	Retreat Star		Gulika Yama	3:04PM – 4:41PM 11:51AM – 1:28PM	Shravana Until 7:17AM Vridhhi Until 7:56AM	Ganesha: White Muruga: White	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:18PM	Sobhana 5125 Moon 11 - Phase 30 - 21
	Makara Rasi: 22.34	Tithi 7 – 8	Rahu	4:41PM – 6:18PM	Visti Until 12:52AM Mon	Nataraja: Purple Moon – Purple		Ashtami
	Creative Work	Amrita Yoga			Saptami Until 1:52PM	Karttika•Karttikai	Subha Subha Sivaloka Day	
	Until 7:17AM							
	Then Routine Work - Marana Yoga							
7	Monday, November 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Utarea, FRPO Sun 22 Sutra 217	
	Retreat Star		Gulika Yama	1:28PM – 3:05PM 10:14AM – 11:51AM	Shatabhishak Until 4:25AM Tue Vyaghata* Until 2:12AM Tue	Ganesha: White Muruga: White	<i>Sunrise:</i> 5:23AM <i>Sunset:</i> 6:19PM	Sobhana 5125 Moon 11 - Phase 30 - 22
	Kumbha Rasi: 6.41	Tithi 8 – 9	Rahu	7:00AM – 8:37AM	Balava Until 10:48PM	Nataraja: Purple Moon – Purple		Navami
	Family Home Evening				Ashtami* Until 11:49AM	Karttika•Karttikai	Subha Subha Sivaloka Day	
	Creative Work	Siddha Yoga						
	Until 4:25AM Tue Then Routine Work - Marana Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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1	Tuesday, November 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada* Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Utarea, FRPO	
	Kumbha Rasi: 20.5	Tithi 9 – 10	Gulika	11:51AM – 1:28PM	Purvaprosarthapada* Until 3:11AM Wed	Ganesha: White	<i>Sunrise:</i> 5:23AM	Sun 23 Sutra 218
			Yama	8:37AM – 10:14AM	Harshana Until 11:19PM	Muruga: White	<i>Sunset:</i> 6:19PM	Sobhana 5125
	714826575		Rahu	3:05PM – 4:42PM	Taitila Until 8:43PM	Nataraja: Purple		Moon 11 - Phase 31 - 23
Routine Work Marana Yoga					Navami* Until 9:44AM	Moon – Clear	Subha Subha Sivaloka Day	4th Phase
Until 3:11AM Wed						Karttika*Karttikai		
Then Creative Work - Siddha Yoga								
2	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Utarea, FRPO	
	Meena Rasi: 4.59	Tithi 10 – 11	Gulika	10:14AM – 11:51AM	Uttaraprosarthapada Until 1:50AM Thu	Ganesha: White	<i>Sunrise:</i> 5:23AM	Sun 24 Sutra 219
			Yama	7:00AM – 8:37AM	Vajra* Until 8:26PM	Muruga: White	<i>Sunset:</i> 6:20PM	Sobhana 5125
	714826575		Rahu	11:51AM – 1:28PM	Vanija Until 6:39PM	Nataraja: Purple		Moon 11 - Phase 31 - 24
Creative Work Siddha Yoga					Dashami Until 7:40AM	Moon – Clear	Subha Subha Sivaloka Day	4th Phase
						Karttika*Karttikai		
3	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Utarea, FRPO	
	Meena Rasi: 19.06	Tithi 12	Gulika	8:37AM – 10:14AM	Revati Until 12:25AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Sun 25 Sutra 220
			Yama	5:23AM – 7:00AM	Siddhi Until 5:37PM	Muruga: White	<i>Sunset:</i> 6:21PM	Sobhana 5125
	714926575		Rahu	1:29PM – 3:06PM	Bava Until 4:39PM	Nataraja: Purple		Moon 11 - Phase 31 - 25
Creative Work Siddha Yoga					Dvadashi Until 3:41AM Fri	Moon – Clear	Subha Sivaloka Day	4th Phase
Until 12:25AM Fri						Karttika*Karttikai		
Then Creative Work - Amrita Yoga								
4	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Utarea, FRPO	
	Mesha Rasi: 3.1	Tithi 13	Gulika	7:00AM – 8:37AM	Ashvini Until 11:27PM	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	Sun 26 Sutra 221
			Yama	3:07PM – 4:44PM	Vyatipata* Until 2:56PM	Muruga: White	<i>Sunset:</i> 6:21PM	Sobhana 5125
	724926575		Rahu	10:15AM – 11:52AM	Kaulava Until 2:48PM	Nataraja: Purple		Moon 11 - Phase 31 - 26
Creative Work Amrita Yoga					Trayodashi Until 1:55AM Sat	Moon – White	Sivaloka Day	4th Phase
Until 11:27PM						Karttika*Karttikai		
Then Creative Work - Siddha Yoga					<i>Pradosha Vrata</i>			
5	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Utarea, FRPO	
	Mesha Rasi: 17.07	Tithi 14	Gulika	5:23AM – 7:00AM	Bharani Until 10:35PM	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	Sun 27 Sutra 222
			Yama	1:30PM – 3:07PM	Variyan Until 12:22PM	Muruga: White	<i>Sunset:</i> 6:22PM	Sobhana 5125
	724926575		Rahu	8:37AM – 10:15AM	Gara Until 1:09PM	Nataraja: Purple		Moon 11 - Phase 31 - 27
Creative Work Siddha Yoga					Chaturdashi* Until 12:25AM Sun	Moon – White	Sivaloka Day	4th Phase
Until 10:35PM						Karttika*Karttikai		
Then Creative Work - Amrita Yoga								
	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau				Utarea, FRPO	
	Copper Retreat Star		Gulika	3:07PM – 4:45PM	Krittika Until 9:55PM	Ganesha: Purple	<i>Sunrise:</i> 5:23AM	Sutra 223
	Vrishabha Rasi: 0.53	Tithi 15	Yama	11:52AM – 1:30PM	Parigha* Until 10:05AM	Muruga: White	<i>Sunset:</i> 6:22PM	Sobhana 5125
	724926575		Rahu	4:45PM – 6:22PM	Visti Until 11:48AM	Nataraja: Purple		Moon 11 - Phase 31 - Purnima
Creative Work Siddha Yoga					Purnima* Until 11:16PM	Moon – White	Sivaloka Day	
			Krittika Deepam			Karttika*Karttikai		
	Monday, November 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau				Utarea, FRPO	
	Silver Retreat Star		Gulika	1:30PM – 3:08PM	Rohini Until 10:00PM	Ganesha: Clear	<i>Sunrise:</i> 5:23AM	Sutra 224
	Vrishabha Rasi: 14.26	Tithi 16	Yama	10:15AM – 11:53AM	Shiva Until 8:07AM	Muruga: White	<i>Sunset:</i> 6:23PM	Sobhana 5125
	Family Home Evening	734926575	Rahu	7:00AM – 8:38AM	Balava Until 10:53AM	Nataraja: Purple		Moon 11 - Phase 31 - Prathama
Creative Work Amrita Yoga					Prathama* Until 10:35PM	Moon – Yellow	Subha Sivaloka Day	
						Karttika*Karttikai		
			Vinayaga Viratam Begins					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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Tuesday, November 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Siddha/Sadhyo Yoga Taitila/Gara Karana Dvitiyayam Titau

Utarea, FRPO

Sun 1 Sutra 225

Sobhana 5125

Virshabha Rasi: 27.43 Tithi 17

735926575

Gulika

11:53AM – 1:31PM

Yama

8:38AM – 10:16AM

Rahu

3:08PM – 4:46PM

Mrigashira Until 10:28PM

Siddha Until 6:31AM

Taitila Until 10:28AM

Dvitiya Until 10:27PM

Ganesha: Purple

Sunrise: 5:23AM

Muruga: White

Sunset: 6:24PM

Nataraja: Purple

Moon – Yellow

Subha Subha Sivaloka Day

Karttika•Karttikai

Creative Work Siddha Yoga

Until 10:28PM

Then Routine Work - Marana Yoga

1

Wednesday, November 29, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Subha Yoga Vanija/Visti* Karana Tritiyayam Titau

Utarea, FRPO

Sun 2 Sutra 226

Sobhana 5125

Mithuna Rasi: 10.42 Tithi 18

735926575

Gulika

10:16AM – 11:53AM

Yama

7:01AM – 8:38AM

Rahu

11:53AM – 1:31PM

Ardra Until 11:21PM

Subha Until 4:44AM Thu

Vanija Until 10:38AM

Tritiya Until 10:56PM

Ganesha: Purple

Sunrise: 5:23AM

Muruga: White

Sunset: 6:24PM

Nataraja: Purple

Moon – Yellow

Subha Subha Sivaloka Day

Karttika•Karttikai

Creative Work Siddha Yoga

2

Thursday, November 30, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Sukla Yoga Bava/Balava Karana Chaturthyam Titau

Utarea, FRPO

Sun 3 Sutra 227

Sobhana 5125

Mithuna Rasi: 23.23 Tithi 19

745926575

Gulika

8:38AM – 10:16AM

Yama

5:23AM – 7:01AM

Rahu

1:32PM – 3:09PM

Punarvasu Until 1:10AM Fri

Sukla Until 4:31AM Fri

Bava Until 11:26AM

Chaturthi* Until 12:02AM Fri

Ganesha: Clear

Sunrise: 5:23AM

Muruga: White

Sunset: 6:25PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Karttika•Karttikai

Creative Work Amrita Yoga

Until 1:10AM Fri

Then Routine Work - Marana Yoga

3

Friday, December 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Utarea, FRPO

Sun 4 Sutra 228

Sobhana 5125

Kataka Rasi: 5.48 Tithi 20

745926575

Gulika

7:01AM – 8:39AM

Yama

3:10PM – 4:48PM

Rahu

10:16AM – 11:54AM

Pushya Until 3:23AM Sat

Brahma Until 4:46AM Sat

Kaulava Until 12:51PM

Panchami Until 1:44AM Sat

Ganesha: Clear

Sunrise: 5:23AM

Muruga: White

Sunset: 6:25PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Karttika•Karttikai

Routine Work Marana Yoga

4

Saturday, December 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Gara/Vanija Karana Shashthiyam Titau

Utarea, FRPO

Sun 5 Sutra 229

Sobhana 5125

Kataka Rasi: 17.58 Tithi 21

745926575

Gulika

5:23AM – 7:01AM

Yama

1:32PM – 3:10PM

Rahu

8:39AM – 10:17AM

Ashlesha* Until 5:53AM Sun

Indra Until 5:23AM Sun

Gara Until 2:48PM

Shashthi* Until 3:56AM Sun

Ganesha: Clear

Sunrise: 5:23AM

Muruga: White

Sunset: 6:26PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Karttika•Karttikai

Routine Work Marana Yoga

5

Sunday, December 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Utarea, FRPO

Sun 6 Sutra 230

Sobhana 5125

Kataka Rasi: 29.58 Tithi 22

745926575

Gulika

3:11PM – 4:49PM

Yama

11:55AM – 1:33PM

Rahu

4:49PM – 6:26PM

Magha* Until 9:01AM Mon

Vaidhriti* Until 6:12AM Mon

Visti Until 5:11PM

Saptami Until 6:27AM Mon

Ganesha: Clear

Sunrise: 5:24AM

Muruga: White

Sunset: 6:26PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Karttika•Karttikai

Routine Work Marana Yoga

Until 9:01AM Mon

Then Creative Work - Siddha Yoga

D

Monday, December 4, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Utarea, FRPO

Sun 7 Sutra 231

Sobhana 5125

Simha Rasi: 11.5 Tithi 22 – 23

755926575

Gulika

1:33PM – 3:11PM

Yama

10:17AM – 11:55AM

Rahu

7:02AM – 8:40AM

Magha* Until 9:01AM

Vaidhriti* Until 6:12AM

Balava Until 7:47PM

Saptami Until 6:27AM

Ganesha: White

Sunrise: 5:24AM

Muruga: White

Sunset: 6:27PM

Nataraja: Purple

Moon – Red

Subha Subha Sivaloka Day

Karttika•Karttikai

Routine Work Marana Yoga

Until 9:01AM

Then Creative Work - Siddha Yoga

Tuesday, December 5, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Utarea, FRPO

Sun 8 Sutra 232

Sobhana 5125

Simha Rasi: 23.4 Tithi 23 – 24

755936575

Gulika

11:56AM – 1:34PM

Yama

8:40AM – 10:18AM

Rahu

3:12PM – 4:50PM

Purvaphalguni Until 12:03PM

Vishkambha* Until 7:06AM

Taitila Until 10:21PM

Ashtami* Until 9:04AM

Ganesha: White

Sunrise: 5:24AM

Muruga: Clear

Sunset: 6:28PM

Nataraja: Purple

Moon – Red

Subha Sivaloka Day

Karttika•Karttikai

Creative Work Siddha Yoga

Until 12:03PM

Then Creative Work - Amrita Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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1	Wednesday, December 6, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Utarea, FRPO Sun 9 Sutra 233 Sobhana 5125	
	Kanya Rasi: 5.33	Tithi 24 – 25	Gulika Yama	10:18AM – 11:56AM 7:02AM – 8:40AM	Uttaraphalguni Until 2:44PM Priti Until 7:55AM	Ganesha: White Muruga: Clear	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:28PM	Moon 12 - Phase 33 - 9
		755936575	Rahu	11:56AM – 1:34PM	Vanija Until 12:38AM Thu	Nataraja: Purple Moon – Red		2nd Phase
	Creative Work	Amrita Yoga			Navami* Until 11:31AM	Karttika•Karttikai	Subha Sivaloka Day	
	Until 2:44PM							
Then Routine Work - Marana Yoga								
2	Thursday, December 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Utarea, FRPO Sun 10 Sutra 234 Sobhana 5125	
	Kanya Rasi: 17.34	Tithi 25 – 26	Gulika Yama	8:41AM – 10:19AM 5:24AM – 7:02AM	Hasta Until 5:21PM Ayushman Until 8:26AM	Ganesha: Yellow Muruga: Clear	<i>Sunrise:</i> 5:24AM <i>Sunset:</i> 6:29PM	Moon 12 - Phase 33 - 10
		765936575	Rahu	1:35PM – 3:13PM	Bava Until 2:25AM Fri	Nataraja: Purple Moon – Green		2nd Phase
	Routine Work	Marana Yoga			Dashami Until 1:35PM	Karttika•Karttikai	Sivaloka Day	
	Until 5:21PM							
Then Creative Work - Siddha Yoga								
3	Friday, December 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Utarea, FRPO Sun 11 Sutra 235 Sobhana 5125	
	Kanya Rasi: 29.48	Tithi 26 – 27	Gulika Yama	7:03AM – 8:41AM 3:13PM – 4:51PM	Chitra Until 7:12PM Saubhagya Until 8:32AM	Ganesha: White Muruga: Clear	<i>Sunrise:</i> 5:25AM <i>Sunset:</i> 6:29PM	Moon 12 - Phase 33 - 11
		766936575	Rahu	10:19AM – 11:57AM	Kaulava Until 3:30AM Sat	Nataraja: Purple Moon – Green		2nd Phase
	Creative Work	Siddha Yoga			Ekadashi* Until 3:02PM	Karttika•Karttikai	Devaloka Day	
4	Saturday, December 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Utarea, FRPO Sun 12 Sutra 236 Sobhana 5125	
	Tula Rasi: 12.2	Tithi 27 – 28	Gulika Yama	5:25AM – 7:03AM 1:36PM – 3:14PM	Svati Until 8:11PM Sobhana Until 8:06AM	Ganesha: White Muruga: Clear	<i>Sunrise:</i> 5:25AM <i>Sunset:</i> 6:30PM	Moon 12 - Phase 33 - 12
		766936575	Rahu	8:41AM – 10:19AM	Gara Until 3:50AM Sun	Nataraja: Purple Moon – Green		2nd Phase
	Creative Work	Siddha Yoga			Dvadashi* Until 3:45PM	Karttika•Karttikai	Devaloka Day	
Pradosha Vrata (Fasting)								
5	Sunday, December 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Utarea, FRPO Sun 13 Sutra 237 Sobhana 5125	
	Tula Rasi: 25.13	Tithi 28 – 29	Gulika Yama	3:14PM – 4:52PM 11:58AM – 1:36PM	Vishakha Until 8:44PM Athiganda* Until 7:04AM	Ganesha: Green Muruga: Clear	<i>Sunrise:</i> 5:25AM <i>Sunset:</i> 6:31PM	Moon 12 - Phase 33 - 13
		776936575	Rahu	4:52PM – 6:31PM	Visti Until 3:25AM Mon	Nataraja: Purple Moon – Orange		2nd Phase
	Routine Work	Marana Yoga			Trayodashi* Until 3:42PM	Karttika•Karttikai	Devaloka Day	
	Monday, December 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Utarea, FRPO Sun 14 Sutra 238 Sobhana 5125	
	Retreat Star		Gulika Yama	1:37PM – 3:15PM 10:20AM – 11:58AM	Anuradha Until 8:27PM Dhriti Until 3:21AM Tue	Ganesha: Green Muruga: Clear	<i>Sunrise:</i> 5:26AM <i>Sunset:</i> 6:31PM	Moon 12 - Phase 33 - 14
	Vrischika Rasi: 8.29	Tithi 29 – 30	Rahu	7:04AM – 8:42AM	Catuspada Until 2:19AM Tue	Nataraja: Purple Moon – Orange		Amavasya
	Family Home Evening	776936575			Chaturdashi* Until 2:56PM	Karttika•Karttikai	Devaloka Day	
	Creative Work	Siddha Yoga						
Tuesday, December 12, 2023	Retreat Star		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Utarea, FRPO Sun 15 Sutra 239 Sobhana 5125	
	Vrischika Rasi: 22.08	Tithi 30 – 1	Gulika Yama	11:59AM – 1:37PM 8:42AM – 10:21AM	Jyeshtha* Until 7:26PM Shula* Until 12:46AM Wed	Ganesha: Green Muruga: Clear	<i>Sunrise:</i> 5:26AM <i>Sunset:</i> 6:32PM	Moon 12 - Phase 33 - 15
		776936575	Rahu	3:15PM – 4:54PM	Kintughna Until 12:40AM Wed	Nataraja: Purple Moon – Orange		Prathama
	Routine Work	Marana Yoga			Amavasya* Until 1:32PM	Margasira•Karttikai	Devaloka Day	
	Until 7:26PM							
Then Creative Work - Amrita Yoga								

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1	Wednesday, December 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Utarea, FRPO	
	Dhanus Rasi: 6.05	Tithi 1 – 2	Gulika Yama	10:21AM – 11:59AM 7:05AM – 8:43AM	Mula* Until 6:15PM Ganda* Until 9:52PM	Ganesha: White Muruga: Clear	Sunrise: 5:26AM Sunset: 6:32PM	Sun 16 Sutra 240 Sobhana 5125
	786936575	Rahu	11:59AM – 1:38PM	Balava Until 10:35PM	Nataraja: Purple Moon – Light Blue		Moon 12 - Phase 34 - 16 3rd Phase	
	Routine Work Until 6:15PM Then Creative Work - Amrita Yoga	Marana Yoga		Prathama* Until 11:39AM	Margasira-Karttikai	Devaloka Day		
2	Thursday, December 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Utarea, FRPO	
	Dhanus Rasi: 20.18	Tithi 2 – 3	Gulika Yama	8:43AM – 10:22AM 5:27AM – 7:05AM	Purvashadha* Until 4:38PM Vriddhi Until 6:45PM	Ganesha: White Muruga: White	Sunrise: 5:27AM Sunset: 6:33PM	Sun 17 Sutra 241 Sobhana 5125
	786937575	Rahu	1:38PM – 3:16PM	Taitila Until 8:14PM	Nataraja: Purple Moon – Light Blue		Moon 12 - Phase 34 - 17 3rd Phase	
	Creative Work Until 4:38PM Then Routine Work - Marana Yoga	Siddha Yoga		Dvitiya Until 9:25AM	Margasira-Karttikai	Sivaloka Day		
3	Friday, December 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Visti* Karana Tritiya/Chaturthayam Titau				Utarea, FRPO	
	Makara Rasi: 4.4	Tithi 3 – 4	Gulika Yama	7:05AM – 8:44AM 3:17PM – 4:55PM	Uttarashadha Until 2:44PM Dhruva Until 3:30PM	Ganesha: Clear Muruga: White	Sunrise: 5:27AM Sunset: 6:33PM	Sun 18 Sutra 242 Sobhana 5125
	787937575	Rahu	10:22AM – 12:00PM	Visti Until 4:29AM Sat	Nataraja: Purple Moon – Light Blue		Moon 12 - Phase 34 - 18 3rd Phase	
	Routine Work Marana Yoga			Tritiya Until 6:59AM	Margasira-Karttikai	Subha Sivaloka Day		
4	Saturday, December 16, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau				Utarea, FRPO	
	Makara Rasi: 19.04	Tithi 5	Gulika Yama	5:28AM – 7:06AM 1:39PM – 3:17PM	Shravana Until 1:05PM Vyaghata* Until 12:15PM	Ganesha: Clear Muruga: White	Sunrise: 5:28AM Sunset: 6:34PM	Sun 19 Sutra 243 Sobhana 5125
	897937575	Rahu	8:44AM – 10:22AM	Bava Until 3:16PM	Nataraja: Purple Moon – Purple		Moon 12 - Phase 34 - 19 3rd Phase	
	Creative Work Siddha Yoga		Markali Pillaiyar	Panchami Until 2:02AM Sun	Margasira-Markali	Subha Sivaloka Day		
5	Sunday, December 17, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau				Utarea, FRPO	
	Kumbha Rasi: 3.26	Tithi 6	Gulika Yama	3:18PM – 4:56PM 12:01PM – 1:40PM	Dhanishtha Until 11:23AM Harshana Until 9:04AM	Ganesha: Clear Muruga: White	Sunrise: 5:28AM Sunset: 6:35PM	Sun 20 Sutra 244 Sobhana 5125
	897937575	Rahu	4:56PM – 6:35PM	Kaulava Until 12:53PM	Nataraja: Purple Moon – Purple		Moon 12 - Phase 34 - 20 3rd Phase	
	Routine Work Until 11:23AM Then Creative Work - Siddha Yoga	Marana Yoga	Vinayaga Viratam Ends	Shashthi* Until 11:44PM	Margasira-Markali	Subha Sivaloka Day		
6	Monday, December 18, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Utarea, FRPO	
	Kumbha Rasi: 17.43	Tithi 7	Gulika Yama	1:40PM – 3:18PM 10:23AM – 12:02PM	Shatabhishak Until 9:42AM Vajra* Until 6:00AM	Ganesha: Red Muruga: White	Sunrise: 5:28AM Sunset: 6:35PM	Sun 21 Sutra 245 Sobhana 5125
	897137575	Rahu	7:07AM – 8:45AM	Gara Until 10:40AM	Nataraja: Purple Moon – Purple		Moon 12 - Phase 34 - 21 3rd Phase	
	Family Home Evening Creative Work Until 9:42AM Then Routine Work - Marana Yoga	Siddha Yoga		Saptami Until 9:38PM	Margasira-Markali	Subha Sivaloka Day		
D	Tuesday, December 19, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Utarea, FRPO	
	Retreat Star		Gulika Yama	12:02PM – 1:41PM 8:46AM – 10:24AM	Purvaprosarthapada* Until 8:32AM Vyatipata* Until 12:27AM Wed	Ganesha: Clear Muruga: White	Sunrise: 5:29AM Sunset: 6:36PM	Sun 22 Sutra 246 Sobhana 5125
	Meena Rasi: 1.5	Tithi 8	Rahu	3:19PM – 4:57PM	Visti Until 8:41AM	Nataraja: Purple Moon – Clear		Moon 12 - Phase 34 - 22 Ashtami
	Routine Work Until 8:32AM Then Creative Work - Amrita Yoga	Marana Yoga		Ashtami* Until 7:46PM	Margasira-Markali	Subha Sivaloka Day		
	Wednesday, December 20, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Utarea, FRPO	
	Retreat Star		Gulika Yama	10:24AM – 12:03PM 7:08AM – 8:46AM	Uttaraprosarthapada Until 7:29AM Variyan Until 9:58PM	Ganesha: Clear Muruga: White	Sunrise: 5:29AM Sunset: 6:36PM	Sun 23 Sutra 247 Sobhana 5125
	Meena Rasi: 15.48	Tithi 9	Rahu	12:03PM – 1:41PM	Balava Until 6:57AM	Nataraja: Purple Moon – Clear		Moon 12 - Phase 34 - 23 Navami
	Creative Work Until 7:29AM Then Routine Work - Marana Yoga	Siddha Yoga		Navami* Until 6:10PM	Margasira-Markali	Subha Sivaloka Day		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1	Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Parigha* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Utarea, FRPO
	Meena Rasi: 29.36	Tithi 10 – 11	Gulika 8:47AM – 10:25AM	Revati Until 6:32AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Sun 24 Sutra 248
			Yama 5:30AM – 7:08AM	Parigha* Until 7:42PM	Muruga: White	<i>Sunset:</i> 6:37PM	Sobhana 5125
		817137575	Rahu 1:42PM – 3:20PM	Vanija Until 4:17AM Fri	Nataraja: Purple		Moon 12 - Phase 35 - 24
	Creative Work Siddha Yoga		Day 1 of Pancha Ganapati	Dashami Until 4:50PM	Moon – Clear		4th Phase
	Until 6:32AM				Subha Sivaloka Day		
	Then Creative Work - Amrita Yoga				Margasira*Markali		
2	Friday, December 22, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Utarea, FRPO
	Mesha Rasi: 13.15	Tithi 11 – 12	Gulika 7:09AM – 8:47AM	Ashvini Until 6:08AM	Ganesha: Clear	<i>Sunrise:</i> 5:30AM	Sun 25 Sutra 249
			Yama 3:20PM – 4:59PM	Shiva Until 5:40PM	Muruga: White	<i>Sunset:</i> 6:37PM	Sobhana 5125
		828137575	Rahu 10:25AM – 12:04PM	Bava Until 3:21AM Sat	Nataraja: Purple		Moon 12 - Phase 35 - 25
	Creative Work Amrita Yoga		Day 2 of Pancha Ganapati	Ekadashi Until 3:46PM	Moon – White		4th Phase
	Until 6:08AM				Subha Sivaloka Day		
	Then Creative Work - Siddha Yoga				Margasira*Markali		
3	Saturday, December 23, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Utarea, FRPO
	Mesha Rasi: 26.44	Tithi 12 – 13	Gulika 5:31AM – 7:09AM	Krittika Until 5:42AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:31AM	Sun 26 Sutra 250
			Yama 1:43PM – 3:21PM	Siddha Until 3:48PM	Muruga: White	<i>Sunset:</i> 6:38PM	Sobhana 5125
		828137575	Rahu 8:48AM – 10:26AM	Kaulava Until 2:42AM Sun	Nataraja: Purple		Moon 12 - Phase 35 - 26
	Creative Work Amrita Yoga		Day 3 of Pancha Ganapati	Dvadashi Until 2:58PM	Moon – White		4th Phase
	Until 5:42AM Sun				Subha Sivaloka Day		
	Then Creative Work - Siddha Yoga				Margasira*Markali		
					<i>Pradosha Vrata</i>		
4	Sunday, December 24, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Utarea, FRPO
	Vrishabha Rasi: 10.04	Tithi 13 – 14	Gulika 3:21PM – 5:00PM	Rohini Until 6:10AM Mon	Ganesha: White	<i>Sunrise:</i> 5:31AM	Sun 27 Sutra 251
			Yama 12:05PM – 1:43PM	Sadhya Until 2:12PM	Muruga: White	<i>Sunset:</i> 6:38PM	Sobhana 5125
		838137575	Rahu 5:00PM – 6:38PM	Gara Until 2:22AM Mon	Nataraja: Purple		Moon 12 - Phase 35 - 27
	Creative Work Siddha Yoga		Day 4 of Pancha Ganapati	Trayodashi Until 2:28PM	Moon – Yellow		4th Phase
	Until 6:10AM Mon				Sivaloka Day		
	Then Creative Work - Amrita Yoga				Margasira*Markali		
	Monday, December 25, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Utarea, FRPO
	Copper Retreat Star		Gulika 1:44PM – 3:22PM	Rohini Until 6:10AM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Sutra 252
	Vrishabha Rasi: 23.14	Tithi 14 – 15	Yama 10:27AM – 12:05PM	Subha Until 12:53PM	Muruga: White	<i>Sunset:</i> 6:38PM	Sobhana 5125
	Family Home Evening	838137575	Rahu 7:10AM – 8:49AM	Visti Until 2:25AM Tue	Nataraja: Purple		Moon 12 - Phase 35 -
	Creative Work Amrita Yoga		Day 5 of Pancha Ganapati	Chaturdashi* Until 2:19PM	Moon – Yellow		Purnima
					Sivaloka Day		
					Margasira*Markali		
	Tuesday, December 26, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Utarea, FRPO
	Silver Retreat Star		Gulika 12:06PM – 1:44PM	Mrigashira Until 6:52AM	Ganesha: White	<i>Sunrise:</i> 5:32AM	Sutra 253
	Mithuna Rasi: 6.11	Tithi 15 – 16	Yama 8:49AM – 10:27AM	Sukla Until 11:51AM	Muruga: White	<i>Sunset:</i> 6:39PM	Sobhana 5125
		838137576	Rahu 3:22PM – 5:01PM	Balava Until 2:54AM Wed	Nataraja: Clear		Moon 12 - Phase 35 -
	Creative Work Siddha Yoga		Ardra Darshanam	Purnima* Until 2:35PM	Moon – Yellow		Prathama
	Until 6:52AM				Devaloka Day		
	Then Routine Work - Marana Yoga				Margasira*Markali		



Wednesday, December 27, 2023

Gold Retreat Star

Mithuna Rasi: 18.57 Tithi 16 – 17

838137576

Creative Work Siddha Yoga

Gulika 10:28AM – 12:06PM
Yama 7:11AM – 8:50AM
Rahu 12:06PM – 1:44PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Ardra Until 7:49AM
Brahma Until 11:10AM
Taitila Until 3:51AM Thu
Prathama* Until 3:18PM

Ganesha: White **Sunrise:** 5:33AM
Muruga: White **Sunset:** 6:39PM
Nataraja: Clear
Moon – Yellow
Devaloka Day
Margasira*Markali

Uturea, FRPO
Sutra 254
Sobhana 5125
Moon 13 - Phase 36 - 1st Phase

1

Thursday, December 28, 2023

Kataka Rasi: 1.29 Tithi 17 – 18

849137576

Creative Work Amrita Yoga

Gulika 8:50AM – 10:28AM
Yama 5:34AM – 7:12AM
Rahu 1:45PM – 3:23PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Punarvasu Until 9:34AM
Indra Until 10:52AM
Vanija Until 5:19AM Fri
Dvitiya Until 4:30PM

Ganesha: Blue **Sunrise:** 5:34AM
Muruga: White **Sunset:** 6:40PM
Nataraja: Clear
Moon – Blue
Subha Sivaloka Day
Margasira*Markali

Uturea, FRPO
Sun 1 Sutra 255
Sobhana 5125
Moon 13 - Phase 36 - 1st Phase

2

Friday, December 29, 2023

Kataka Rasi: 13.48 Tithi 18

849137576

Routine Work Marana Yoga

Gulika 7:12AM – 8:51AM
Yama 3:24PM – 5:02PM
Rahu 10:29AM – 12:07PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti* Karana Tritiyayam Titau

Pushya Until 11:38AM
Vaidhriti* Until 10:56AM
Visti Until 6:13PM
Tritiya Until 6:13PM

Ganesha: Blue **Sunrise:** 5:34AM
Muruga: White **Sunset:** 6:40PM
Nataraja: Clear
Moon – Blue
Subha Sivaloka Day
Margasira*Markali

Uturea, FRPO
Sun 2 Sutra 256
Sobhana 5125
Moon 13 - Phase 36 - 2nd Phase

3

Saturday, December 30, 2023

Kataka Rasi: 25.55 Tithi 19

849137576

Routine Work Marana Yoga
Until 1:59PM
Then Creative Work - Amrita Yoga

Gulika 5:35AM – 7:13AM
Yama 1:46PM – 3:24PM
Rahu 8:51AM – 10:29AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

Ashlesha* Until 1:59PM
Vishkambha* Until 11:22AM
Bava Until 7:17AM
Chaturthi* Until 8:24PM

Ganesha: Blue **Sunrise:** 5:35AM
Muruga: White **Sunset:** 6:41PM
Nataraja: Clear
Moon – Blue
Subha Sivaloka Day
Margasira*Markali

Uturea, FRPO
Sun 3 Sutra 257
Sobhana 5125
Moon 13 - Phase 36 - 3rd Phase

4

Sunday, December 31, 2023

Simha Rasi: 7.52 Tithi 20

859137576

Routine Work Marana Yoga
Until 5:02PM
Then Creative Work - Siddha Yoga

Gulika 3:25PM – 5:03PM
Yama 12:08PM – 1:46PM
Rahu 5:03PM – 6:41PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Magha* Until 5:02PM
Priti Until 12:06PM
Kaulava Until 9:39AM
Panchami Until 10:55PM

Ganesha: Red **Sunrise:** 5:35AM
Muruga: White **Sunset:** 6:41PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Margasira*Markali

Uturea, FRPO
Sun 4 Sutra 258
Sobhana 5125
Moon 13 - Phase 36 - 4th Phase

5

Monday, January 1, 2024

Simha Rasi: 19.43 Tithi 21

Family Home Evening

859137576

Creative Work Siddha Yoga

Gulika 1:47PM – 3:25PM
Yama 10:31AM – 12:09PM
Rahu 7:15AM – 8:53AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Purvaphalguni Until 8:07PM
Ayushman Until 1:00PM
Gara Until 12:17PM
Shashthi* Until 1:37AM Tue

Ganesha: Red **Sunrise:** 5:36AM
Muruga: White **Sunset:** 6:42PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Margasira*Markali

Uturea, FRPO
Sun 5 Sutra 259
Sobhana 5125
Moon 13 - Phase 36 - 5th Phase

6

Tuesday, January 2, 2024

Kanya Rasi: 1.31 Tithi 22

859137576

Creative Work Amrita Yoga
Until 11:02PM
Then Creative Work - Siddha Yoga

Gulika 12:10PM – 1:48PM
Yama 8:53AM – 10:31AM
Rahu 3:26PM – 5:04PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Uttaraphalguni Until 11:02PM
Saubhagya Until 1:57PM
Visti Until 2:59PM
Saptami Until 4:16AM Wed

Ganesha: Red **Sunrise:** 5:37AM
Muruga: White **Sunset:** 6:42PM
Nataraja: Clear
Moon – Red
Sivaloka Day
Margasira*Markali

Uturea, FRPO
Sun 6 Sutra 260
Sobhana 5125
Moon 13 - Phase 36 - 6th Phase

D

Wednesday, January 3, 2024

Retreat Star

Kanya Rasi: 13.21 Tithi 23

869137576

Routine Work Marana Yoga
Until 2:01AM Thu
Then Creative Work - Siddha Yoga

Gulika 10:32AM – 12:10PM
Yama 7:16AM – 8:54AM
Rahu 12:10PM – 1:48PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Hasta Until 2:01AM Thu
Sobhana Until 2:47PM
Balava Until 5:30PM
Ashtami* Until 6:34AM Thu

Ganesha: Green **Sunrise:** 5:38AM
Muruga: White **Sunset:** 6:42PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Margasira*Markali

Uturea, FRPO
Sun 7 Sutra 261
Sobhana 5125
Moon 13 - Phase 36 - 7th Phase

Thursday, January 4, 2024

Retreat Star

Kanya Rasi: 25.19 Tithi 23 – 24

869137576

Creative Work Siddha Yoga

Gulika 8:54AM – 10:32AM
Yama 5:38AM – 7:16AM
Rahu 1:48PM – 3:26PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Chitra Until 4:18AM Fri
Athiganda* Until 3:16PM
Taitila Until 7:32PM
Ashtami* Until 6:34AM

Ganesha: Green **Sunrise:** 5:38AM
Muruga: White **Sunset:** 6:43PM
Nataraja: Clear
Moon – Green
Subha Sivaloka Day
Margasira*Markali

Uturea, FRPO
Sun 8 Sutra 262
Sobhana 5125
Moon 13 - Phase 36 - 8th Phase

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Uturea, FRPO on 1/25/22

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1	Friday, January 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Utarea, FRPO
	Tula Rasi: 7.31	Tithi 24 – 25	Gulika Yama	7:17AM – 8:55AM 3:27PM – 5:05PM	Svati Until 5:44AM Sat Sukarma Until 3:16PM	Ganesha: Orange Muruga: White Nataraja: Clear Moon – Green	Sun 9 Sobhana 5125 Moon 13 - Phase 37 - 9 2nd Phase
	Creative Work	Siddha Yoga	861137576	Rahu 10:33AM – 12:11PM	Vanija Until 8:53PM		
				Subramuniyaswami Jayanti	Navami* Until 8:17AM	Margasira*Markali	Sivaloka Day
2	Saturday, January 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Utarea, FRPO
	Tula Rasi: 20.03	Tithi 25 – 26	Gulika Yama	5:40AM – 7:17AM 1:49PM – 3:27PM	Vishakha Until 6:38AM Sun Dhriti Until 2:40PM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Orange	Sun 10 Sobhana 5125 Moon 13 - Phase 37 - 10 2nd Phase
	Creative Work	Siddha Yoga	871137576	Rahu 8:55AM – 10:33AM	Bava Until 9:23PM		
	Until 6:38AM Sun				Dashami Until 9:13AM	Margasira*Markali	Devaloka Day
3	Sunday, January 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Utarea, FRPO
	Vrischika Rasi: 2.58	Tithi 26 – 27	Gulika Yama	3:28PM – 5:05PM 12:12PM – 1:50PM	Vishakha Until 6:38AM Shula* Until 1:21PM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Orange	Sun 11 Sobhana 5125 Moon 13 - Phase 37 - 11 2nd Phase
	Routine Work	Marana Yoga	871137576	Rahu 5:05PM – 6:43PM	Kaulava Until 9:01PM		
					Ekadashi* Until 9:17AM	Margasira*Markali	Devaloka Day
4	Monday, January 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Utarea, FRPO
	Vrischika Rasi: 16.21	Tithi 27 – 28	Gulika Yama	1:50PM – 3:28PM 10:34AM – 12:12PM	Anuradha Until 6:32AM Ganda* Until 11:24AM	Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Orange	Sun 12 Sobhana 5125 Moon 13 - Phase 37 - 12 2nd Phase
	Family Home Evening		871137576	Rahu 7:19AM – 8:56AM	Gara Until 7:49PM		
	Creative Work	Siddha Yoga			Dvadashi* Until 8:30AM	Margasira*Markali	Devaloka Day
Pradosha Vrata (Fasting)							
5	Tuesday, January 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Vridhi/Dhruva Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Utarea, FRPO
	Dhanus Rasi: 0.11	Tithi 28 – 29	Gulika Yama	12:13PM – 1:50PM 8:57AM – 10:35AM	Mula* Until 4:09AM Wed Vridhi Until 8:51AM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Light Blue	Sun 13 Sobhana 5125 Moon 13 - Phase 37 - 13 2nd Phase
	Creative Work	Amrita Yoga	881137576	Rahu 3:28PM – 5:06PM	Sakuni Until 4:41AM Wed		
					Trayodashi* Until 6:55AM	Margasira*Markali	Devaloka Day
	Wednesday, January 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Utarea, FRPO
	Retreat Star		Gulika Yama	10:35AM – 12:13PM 7:20AM – 8:57AM	Purvashadha* Until 2:09AM Thu Vyaghata* Until 2:18AM Thu	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Light Blue	Sun 14 Sobhana 5125 Moon 13 - Phase 37 - 14 Amavasya
	Dhanus Rasi: 14.26	Tithi 30	881137576	Rahu 12:13PM – 1:51PM	Catuspada Until 3:24PM		
	Creative Work	Amrita Yoga			Amavasya* Until 1:58AM Thu	Margasira*Markali	Devaloka Day
	Thursday, January 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Utarea, FRPO
	Retreat Star		Gulika Yama	8:58AM – 10:36AM 5:43AM – 7:20AM	Uttarashadha Until 11:41PM Harshana Until 10:36PM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Light Blue	Sun 15 Sobhana 5125 Moon 13 - Phase 37 - 15 Prathama
	Dhanus Rasi: 29.01	Tithi 1	881137576	Rahu 1:51PM – 3:29PM	Kintughna Until 12:30PM		
	Routine Work	Marana Yoga			Prathama* Until 10:56PM	Pausha*Markali	Devaloka Day
Then Creative Work - Siddha Yoga							

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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1	Friday, January 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Utarea, FRPO Sun 16 Sutra 270 Sobhana 5125	
	Makara Rasi: 13.49	Tithi 2	Gulika Yama	7:21AM – 8:58AM 3:29PM – 5:07PM	Shravana Until 9:21PM Vajra* Until 6:44PM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Purple	Sunrise: 5:43AM Sunset: 6:44PM	Moon 13 - Phase 38 - 16 3rd Phase
	891237576	Rahu	10:36AM – 12:14PM	Balava Until 9:21AM	Dvitiya Until 7:44PM	Pausha*Markali	Devaloka Day	
	Routine Work	Marana Yoga	Until 9:21PM	Then Creative Work - Siddha Yoga				
2	Saturday, January 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Utarea, FRPO Sun 17 Sutra 271 Sobhana 5125	
	Makara Rasi: 28.41	Tithi 3 – 4	Gulika Yama	5:44AM – 7:21AM 1:52PM – 3:29PM	Dhanishtha Until 6:54PM Siddhi Until 2:54PM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Purple	Sunrise: 5:44AM Sunset: 6:44PM	Moon 13 - Phase 38 - 17 3rd Phase
	891237576	Rahu	8:59AM – 10:36AM	Taitila Until 6:09AM	Tritiya Until 4:33PM	Pausha*Markali	Devaloka Day	
	Creative Work	Siddha Yoga	Until 6:54PM	Then Creative Work - Amrita Yoga				
3	Sunday, January 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Utarea, FRPO Sun 18 Sutra 272 Sobhana 5125	
	Kumbha Rasi: 13.29	Tithi 4 – 5	Gulika Yama	3:29PM – 5:07PM 12:14PM – 1:52PM	Shatabhishak Until 4:30PM Vyatipata* Until 11:11AM	Ganesha: Purple Muruga: White Nataraja: Clear Moon – Purple	Sunrise: 5:44AM Sunset: 6:44PM	Moon 13 - Phase 38 - 18 3rd Phase
	891237576	Rahu	5:07PM – 6:44PM	Bava Until 12:09AM Mon	Chaturthi* Until 1:32PM	Pausha*Thai	Devaloka Day	
	Creative Work	Siddha Yoga		Thai Pongal				
4	Monday, January 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Utarea, FRPO Sun 19 Sutra 273 Sobhana 5125	
	Kumbha Rasi: 28.06	Tithi 5 – 6	Gulika Yama	1:52PM – 3:30PM 10:37AM – 12:15PM	Purvaproshtapada* Until 2:40PM Variyan Until 7:41AM	Ganesha: White Muruga: White Nataraja: Clear Moon – Clear	Sunrise: 5:45AM Sunset: 6:44PM	Moon 13 - Phase 38 - 19 3rd Phase
	812237576	Rahu	7:22AM – 9:00AM	Kaulava Until 9:36PM	Panchami Until 10:48AM	Pausha*Thai	Devaloka Day	
	Routine Work	Marana Yoga	Until 2:40PM	Then Creative Work - Siddha Yoga				
5	Tuesday, January 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Utarea, FRPO Sun 20 Sutra 274 Sobhana 5125	
	Meena Rasi: 12.28	Tithi 6 – 7	Gulika Yama	12:15PM – 1:52PM 9:00AM – 10:38AM	Uttaraproshtapada Until 1:07PM Shiva Until 1:41AM Wed	Ganesha: White Muruga: White Nataraja: Clear Moon – Clear	Sunrise: 5:46AM Sunset: 6:45PM	Moon 13 - Phase 38 - 20 3rd Phase
	812237576	Rahu	3:30PM – 5:07PM	Gara Until 7:29PM	Shashthi* Until 8:28AM	Pausha*Thai	Devaloka Day	
	Creative Work	Amrita Yoga	Until 1:07PM	Then Creative Work - Siddha Yoga				
D	Wednesday, January 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Vanija/Bava Karana Saptami/Ashtamyam Titau				Utarea, FRPO Sun 21 Sutra 275 Sobhana 5125	
	Meena Rasi: 26.31	Tithi 7 – 8	Gulika Yama	10:38AM – 12:15PM 7:24AM – 9:01AM	Revati Until 11:53AM Siddha Until 11:15PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Clear	Sunrise: 5:46AM Sunset: 6:45PM	Moon 13 - Phase 38 - 21 Ashtami
	812237576	Rahu	12:15PM – 1:53PM	Bava Until 5:14AM Thu	Saptami Until 6:36AM	Pausha*Thai	Devaloka Day	
	Routine Work	Marana Yoga						
Th	Thursday, January 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Utarea, FRPO Sun 22 Sutra 276 Sobhana 5125	
	Mesha Rasi: 10.15	Tithi 9	Gulika Yama	9:01AM – 10:38AM 5:47AM – 7:24AM	Ashvini Until 11:26AM Sadhya Until 9:13PM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – White	Sunrise: 5:47AM Sunset: 6:45PM	Moon 13 - Phase 38 - 22 Navami
	822237576	Rahu	1:53PM – 3:30PM	Balava Until 4:45PM	Navami* Until 4:22AM Fri	Pausha*Thai	Sivaloka Day	
	Creative Work	Amrita Yoga	Until 11:26AM	Then Creative Work - Siddha Yoga				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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1	Friday, January 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Utarea, FRPO Sun 23 Sutra 277 Sobhana 5125	
	Mesha Rasi: 23.43	Tithi 10	Gulika Yama	7:25AM – 9:02AM 3:30PM – 5:07PM	Bharani Until 11:19AM Subha Until 7:35PM	Ganesha: Yellow Muruga: White	Sunrise: 5:47AM Sunset: 6:45PM	Moon 13 - Phase 39 - 23
	822237576		Rahu	10:39AM – 12:16PM	Taitila Until 4:08PM	Nataraja: Clear Moon – White		4th Phase
	Creative Work	Siddha Yoga			Dashami Until 3:58AM Sat	Pausha*Thai	Sivaloka Day	
2	Saturday, January 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Utarea, FRPO Sun 24 Sutra 278 Sobhana 5125	
	Vrishabha Rasi: 6.55	Tithi 11	Gulika Yama	5:48AM – 7:25AM 1:53PM – 3:30PM	Krittika Until 11:30AM Sukla Until 6:17PM	Ganesha: Yellow Muruga: White	Sunrise: 5:48AM Sunset: 6:45PM	Moon 13 - Phase 39 - 24
	822237576		Rahu	9:02AM – 10:39AM	Vanija Until 3:57PM	Nataraja: Clear Moon – White		4th Phase
	Creative Work	Amrita Yoga			Ekadashi Until 4:00AM Sun	Pausha*Thai	Sivaloka Day	
3	Sunday, January 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadashyam Titau				Utarea, FRPO Sun 25 Sutra 279 Sobhana 5125	
	Vrishabha Rasi: 19.53	Tithi 12	Gulika Yama	3:31PM – 5:08PM 12:17PM – 1:54PM	Rohini Until 12:24PM Brahma Until 5:17PM	Ganesha: Blue Muruga: White	Sunrise: 5:49AM Sunset: 6:45PM	Moon 13 - Phase 39 - 25
	832237576		Rahu	5:08PM – 6:45PM	Bava Until 4:11PM	Nataraja: Clear Moon – Yellow		4th Phase
	Creative Work	Siddha Yoga			Dvadashi Until 4:25AM Mon	Pausha*Thai	Devaloka Day	
4	Monday, January 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Utarea, FRPO Sun 26 Sutra 280 Sobhana 5125	
	Mithuna Rasi: 2.41	Tithi 13	Gulika Yama	1:54PM – 3:31PM 10:40AM – 12:17PM	Mrigashira Until 1:30PM Indra Until 4:36PM	Ganesha: Blue Muruga: White	Sunrise: 5:49AM Sunset: 6:44PM	Moon 13 - Phase 39 - 26
	Family Home Evening		Rahu	7:26AM – 9:03AM	Kaulava Until 4:48PM	Nataraja: Clear Moon – Yellow		4th Phase
	Creative Work	Amrita Yoga			Trayodashi Until 5:13AM Tue	Pausha*Thai	Devaloka Day	
	Until 1:30PM				<i>Pradosha Vrata</i>			
5	Tuesday, January 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Utarea, FRPO Sun 27 Sutra 281 Sobhana 5125	
	Mithuna Rasi: 15.19	Tithi 14	Gulika Yama	12:17PM – 1:54PM 9:03AM – 10:40AM	Ardra Until 2:48PM Vaidhriti* Until 4:10PM	Ganesha: Blue Muruga: White	Sunrise: 5:50AM Sunset: 6:44PM	Moon 13 - Phase 39 - 27
	832237576		Rahu	3:31PM – 5:08PM	Gara Until 5:46PM	Nataraja: Clear Moon – Yellow		4th Phase
	Routine Work	Marana Yoga			Chaturdashi* Until 6:23AM Wed	Pausha*Thai	Devaloka Day	
	Until 2:48PM							
	Then Creative Work - Siddha Yoga							
	Wednesday, January 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Utarea, FRPO Sutra 282 Sobhana 5125	
	Mithuna Rasi: 27.46	Tithi 14 – 15	Gulika Yama	10:41AM – 12:17PM 7:27AM – 9:04AM	Punarvasu Until 4:47PM Vishkambha* Until 4:02PM	Ganesha: Red Muruga: White	Sunrise: 5:50AM Sunset: 6:44PM	Moon 13 - Phase 39 - Purnima
	842237576		Rahu	12:17PM – 1:54PM	Visti Until 7:07PM	Nataraja: Clear Moon – Blue		
	Creative Work	Siddha Yoga			Chaturdashi* Until 6:23AM	Pausha*Thai	Sivaloka Day	
Thurs	Thursday, January 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Utarea, FRPO Sutra 283 Sobhana 5125	
	Kataka Rasi: 10.05	Tithi 15 – 16	Gulika Yama	9:04AM – 10:41AM 5:51AM – 7:28AM	Pushya Until 6:57PM Priti Until 4:11PM	Ganesha: Blue Muruga: White	Sunrise: 5:51AM Sunset: 6:44PM	Moon 13 - Phase 39 - Prathama
	942237576		Rahu	1:54PM – 3:31PM	Balava Until 8:50PM	Nataraja: Clear Moon – Blue		
	Creative Work	Amrita Yoga			Purnima* Until 7:55AM	Pausha*Thai	Devaloka Day	
	Until 6:57PM			Thai Pusam				
	Then Creative Work - Siddha Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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Friday, January 26, 2024 Gold Retreat Star

Kataka Rasi: 22.14 Tithi 16 – 17

942237576

Routine Work Marana Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

Gulika 7:28AM – 9:05AM
Yama 3:31PM – 5:07PM
Rahu 10:41AM – 12:18PM

Ashlesha* Until 9:19PM
Ayushman Until 4:35PM
Taitila Until 10:56PM
Prathama* Until 9:49AM

Ganesha: Blue
Muruga: White
Nataraja: Clear
Moon – Blue
Pausha*Thai

Sunrise: 5:51AM
Sunset: 6:44PM

Utarea, FRPO
Sutra 284
Sobhana 5125
Moon 1 - Phase 40 - 1st Phase

Devaloka Day

1

Saturday, January 27, 2024

Simha Rasi: 4.14 Tithi 17 – 18

952237576

Creative Work Amrita Yoga

Until 12:19AM Sun

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 5:52AM – 7:28AM
Yama 1:54PM – 3:31PM
Rahu 9:05AM – 10:41AM

Magha* Until 12:19AM Sun
Saubhagya Until 5:16PM
Vanija Until 1:21AM Sun
Dvitiya Until 12:05PM

Ganesha: Red
Muruga: White
Nataraja: Clear
Moon – Red
Pausha*Thai

Sunrise: 5:52AM
Sunset: 6:44PM

Utarea, FRPO
Sun 1 Sutra 285
Sobhana 5125
Moon 1 - Phase 40 - 1st Phase

Sivaloka Day

2

Sunday, January 28, 2024

Simha Rasi: 16.08 Tithi 18 – 19

952237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 3:31PM – 5:07PM
Yama 12:18PM – 1:54PM
Rahu 5:07PM – 6:44PM

Purvaphalguni Until 3:23AM Mon
Sobhana Until 6:09PM
Bava Until 4:00AM Mon
Tritiya Until 2:38PM

Ganesha: Red
Muruga: White
Nataraja: Clear
Moon – Red
Pausha*Thai

Sunrise: 5:53AM
Sunset: 6:44PM

Utarea, FRPO
Sun 2 Sutra 286
Sobhana 5125
Moon 1 - Phase 40 - 2nd Phase

Sivaloka Day

3

Monday, January 29, 2024

Simha Rasi: 27.56 Tithi 19 – 20

953237576

Family Home Evening

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 1:55PM – 3:31PM
Yama 10:42AM – 12:18PM
Rahu 7:29AM – 9:06AM

Uttaraphalguni Until 6:22AM Tue
Athiganda* Until 7:08PM
Kaulava Until 6:45AM Tue
Chaturthi* Until 5:22PM

Ganesha: Yellow
Muruga: White
Nataraja: Clear
Moon – Red
Pausha*Thai

Sunrise: 5:53AM
Sunset: 6:43PM

Utarea, FRPO
Sun 3 Sutra 287
Sobhana 5125
Moon 1 - Phase 40 - 3rd Phase

Sivaloka Day

4

Tuesday, January 30, 2024

Kanya Rasi: 9.43 Tithi 20

953237576

Creative Work Amrita Yoga

Until 6:22AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:18PM – 1:55PM
Yama 9:06AM – 10:42AM
Rahu 3:31PM – 5:07PM

Uttaraphalguni Until 6:22AM
Sukarma Until 8:07PM
Kaulava Until 6:45AM
Panchami Until 8:05PM

Ganesha: Yellow
Muruga: White
Nataraja: Clear
Moon – Red
Pausha*Thai

Sunrise: 5:54AM
Sunset: 6:43PM

Utarea, FRPO
Sun 4 Sutra 288
Sobhana 5125
Moon 1 - Phase 40 - 4th Phase

Sivaloka Day

5

Wednesday, January 31, 2024

Kanya Rasi: 21.32 Tithi 21

963237576

Routine Work Marana Yoga

Until 9:36AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:42AM – 12:19PM
Yama 7:30AM – 9:06AM
Rahu 12:19PM – 1:55PM

Hasta Until 9:36AM
Dhriti Until 8:56PM
Gara Until 9:24AM
Shashthi* Until 10:34PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Green
Pausha*Thai

Sunrise: 5:54AM
Sunset: 6:43PM

Utarea, FRPO
Sun 5 Sutra 289
Sobhana 5125
Moon 1 - Phase 40 - 5th Phase

Devaloka Day

6

Thursday, February 1, 2024

Tula Rasi: 3.29 Tithi 22

963237576

Creative Work Siddha Yoga

Until 12:19PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:06AM – 10:42AM
Yama 5:54AM – 7:30AM
Rahu 1:55PM – 3:31PM

Chitra Until 12:19PM
Shula* Until 9:24PM
Visti Until 11:41AM
Saptami Until 12:35AM Fri

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Green
Pausha*Thai

Sunrise: 5:54AM
Sunset: 6:43PM

Utarea, FRPO
Sun 6 Sutra 290
Sobhana 5125
Moon 1 - Phase 40 - 6th Phase

Devaloka Day

D

Friday, February 2, 2024 Retreat Star

Tula Rasi: 15.38 Tithi 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:31AM – 9:07AM
Yama 3:31PM – 5:07PM
Rahu 10:43AM – 12:19PM

Svati Until 2:19PM
Ganda* Until 9:22PM
Balava Until 1:22PM
Ashtami* Until 1:55AM Sat

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Green
Pausha*Thai

Sunrise: 5:55AM
Sunset: 6:43PM

Utarea, FRPO
Sun 7 Sutra 291
Sobhana 5125
Moon 1 - Phase 40 - 7th Phase

Devaloka Day

Saturday, February 3, 2024

Retreat Star

Tula Rasi: 28.05 Tithi 24

973237577

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau

Gulika 5:55AM – 7:31AM
Yama 1:55PM – 3:31PM
Rahu 9:07AM – 10:43AM

Vishakha Until 3:52PM
Vriddhi Until 8:43PM
Taitila Until 2:17PM
Navami* Until 2:23AM Sun

Ganesha: Clear
Muruga: White
Nataraja: Orange
Moon – Orange
Pausha*Thai

Sunrise: 5:55AM
Sunset: 6:42PM

Utarea, FRPO
Sun 8 Sutra 292
Sobhana 5125
Moon 1 - Phase 40 - 8th Phase

Sivaloka Day

1	Sunday, February 4, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Dashamyam Titau					Utarea, FRPO
	Vrischika Rasi: 10.56	Tithi 25	Gulika	3:31PM – 5:06PM	Anuradha Until 4:24PM	Ganesha: Clear	Sunrise: 5:56AM	Sun 9 Sutra 293
			Yama	12:19PM – 1:55PM	Dhruva Until 7:21PM	Muruga: White	Sunset: 6:42PM	Sobhana 5125
	Routine Work	Marana Yoga	973237577 Rahu	5:06PM – 6:42PM	Vanija Until 2:17PM	Nataraja: Orange		Moon 1 - Phase 41 - 9 2nd Phase
			Dashami Until 1:56AM Mon			Pausha*Thai	Sivaloka Day	
2	Monday, February 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau					Utarea, FRPO
	Vrischika Rasi: 24.16	Tithi 26	Gulika	1:55PM – 3:30PM	Jyeshtha* Until 3:55PM	Ganesha: Clear	Sunrise: 5:56AM	Sun 10 Sutra 294
	Family Home Evening		Yama	10:43AM – 12:19PM	Vyaghata* Until 5:18PM	Muruga: White	Sunset: 6:42PM	Sobhana 5125
	Creative Work	Siddha Yoga	973237577 Rahu	7:32AM – 9:08AM	Bava Until 1:24PM	Nataraja: Orange		Moon 1 - Phase 41 - 10 2nd Phase
			Ekadashi* Until 12:37AM Tue			Pausha*Thai	Sivaloka Day	
3	Tuesday, February 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau					Utarea, FRPO
	Dhanus Rasi: 8.04	Tithi 27	Gulika	12:19PM – 1:55PM	Mula* Until 2:55PM	Ganesha: Light Blue	Sunrise: 5:57AM	Sun 11 Sutra 295
			Yama	9:08AM – 10:43AM	Harshana Until 2:36PM	Muruga: White	Sunset: 6:42PM	Sobhana 5125
	Creative Work	Amrita Yoga	983337577 Rahu	3:30PM – 5:06PM	Kaulava Until 11:40AM	Nataraja: Orange		Moon 1 - Phase 41 - 11 2nd Phase
			Dvadashi* Until 10:31PM			Pausha*Thai	Devaloka Day	
4	Wednesday, February 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Trayodashyam Titau					Utarea, FRPO
	Dhanus Rasi: 22.22	Tithi 28	Gulika	10:44AM – 12:19PM	Purvashadha* Until 1:04PM	Ganesha: Light Blue	Sunrise: 5:57AM	Sun 12 Sutra 296
			Yama	7:33AM – 9:08AM	Vajra* Until 11:19AM	Muruga: White	Sunset: 6:41PM	Sobhana 5125
	Creative Work	Amrita Yoga	983337577 Rahu	12:19PM – 1:55PM	Gara Until 9:13AM	Nataraja: Orange		Moon 1 - Phase 41 - 12 2nd Phase
			Trayodashi* Until 7:46PM			Pausha*Thai	Devaloka Day	
			Pradosha Vrata (Fasting)					
5	Thursday, February 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddhi/Vyatipata* Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Utarea, FRPO
	Makara Rasi: 7.04	Tithi 29 – 30	Gulika	9:08AM – 10:44AM	Uttarashadha Until 10:34AM	Ganesha: Light Blue	Sunrise: 5:57AM	Sun 13 Sutra 297
			Yama	5:57AM – 7:33AM	Siddhi Until 7:37AM	Muruga: White	Sunset: 6:41PM	Sobhana 5125
	Routine Work	Marana Yoga	983337577 Rahu	1:55PM – 3:30PM	Visti Until 6:13AM	Nataraja: Orange		Moon 1 - Phase 41 - 13 2nd Phase
			Chaturdashi* Until 4:32PM			Pausha*Thai	Devaloka Day	
	Friday, February 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau					Utarea, FRPO
	Retreat Star		Gulika	7:33AM – 9:09AM	Shravana Until 7:59AM	Ganesha: Purple	Sunrise: 5:58AM	Sun 14 Sutra 298
	Makara Rasi: 22.04	Tithi 30 – 1	Yama	3:30PM – 5:05PM	Variyan Until 11:24PM	Muruga: White	Sunset: 6:40PM	Sobhana 5125
			993337577 Rahu	10:44AM – 12:19PM	Kintughna Until 11:12PM	Nataraja: Orange		Moon 1 - Phase 41 - 14 Amavasya
			Amavasya* Until 1:00PM			Pausha*Thai	Devaloka Day	
	Saturday, February 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau					Utarea, FRPO
	Retreat Star		Gulika	5:58AM – 7:34AM	Shatabhishak Until 2:04AM Sun	Ganesha: Purple	Sunrise: 5:58AM	Sun 15 Sutra 299
	Kumbha Rasi: 7.14	Tithi 1 – 2	Yama	1:54PM – 3:30PM	Parigha* Until 7:10PM	Muruga: White	Sunset: 6:40PM	Sobhana 5125
			993337577 Rahu	9:09AM – 10:44AM	Balava Until 7:32PM	Nataraja: Orange		Moon 1 - Phase 41 - 15 Prathama
			Prathama* Until 9:21AM			Magha*Thai	Devaloka Day	

1	Sunday, February 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Tritiyam Titau				Utarea, FRPO
	Kumbha Rasi: 22.23	Tithi 3	Gulika 3:29PM – 5:05PM	Purvaproshtapada* Until 11:29PM	Ganesha: Clear	<i>Sunrise:</i> 5:59AM	Sun 16 Sutra 300
			Yama 12:19PM – 1:54PM	Shiva Until 3:03PM	Muruga: White	<i>Sunset:</i> 6:40PM	Sobhana 5125
	913337577	Rahu 5:05PM – 6:40PM		Shiva Until 4:00PM	Nataraja: Orange		Moon 1 - Phase 42 - 16
Creative Work Siddha Yoga				Tritiya Until 2:19AM Mon	Moon – Clear		3rd Phase
Until 11:29PM					Magha*Thai	Sivaloka Day	
Then Creative Work - Amrita Yoga							
2	Monday, February 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturtham Titau				Utarea, FRPO
	Meena Rasi: 7.22	Tithi 4	Gulika 1:54PM – 3:29PM	Uttaraproshtapada Until 9:07PM	Ganesha: Orange	<i>Sunrise:</i> 5:59AM	Sun 17 Sutra 301
			Yama 10:44AM – 12:19PM	Siddha Until 11:08AM	Muruga: White	<i>Sunset:</i> 6:39PM	Sobhana 5125
	914337577	Rahu 7:34AM – 9:09AM		Vanija Until 12:44PM	Nataraja: Orange		Moon 1 - Phase 42 - 17
Family Home Evening					Moon – Clear		3rd Phase
Creative Work Siddha Yoga				Chaturthi* Until 11:15PM	Magha*Thai	Sivaloka Day	
3	Tuesday, February 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau				Utarea, FRPO
	Meena Rasi: 22.04	Tithi 5	Gulika 12:19PM – 1:54PM	Revati Until 7:04PM	Ganesha: Orange	<i>Sunrise:</i> 6:00AM	Sun 18 Sutra 302
			Yama 9:09AM – 10:44AM	Sadhya Until 7:34AM	Muruga: White	<i>Sunset:</i> 6:39PM	Sobhana 5125
	914337577	Rahu 3:29PM – 5:04PM		Bava Until 9:54AM	Nataraja: Orange		Moon 1 - Phase 42 - 18
Creative Work Siddha Yoga				Panchami Until 8:40PM	Moon – Clear		3rd Phase
					Magha*Masi	Sivaloka Day	
Subramuniyaswami Siva Vision Day							
4	Wednesday, February 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Utarea, FRPO
	Mesha Rasi: 6.23	Tithi 6	Gulika 10:44AM – 12:19PM	Ashvini Until 5:53PM	Ganesha: Green	<i>Sunrise:</i> 6:00AM	Sun 19 Sutra 303
			Yama 7:35AM – 9:10AM	Sukla Until 1:49AM Thu	Muruga: Clear	<i>Sunset:</i> 6:38PM	Sobhana 5125
	924347577	Rahu 12:19PM – 1:54PM		Kaulava Until 7:37AM	Nataraja: Orange		Moon 1 - Phase 42 - 19
Routine Work Marana Yoga				Shashthi* Until 6:41PM	Moon – White		3rd Phase
Until 5:53PM					Magha*Masi	Bhuloka Day	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	
5	Thursday, February 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Utarea, FRPO
	Mesha Rasi: 20.17	Tithi 7 – 8	Gulika 9:10AM – 10:44AM	Bharani Until 5:13PM	Ganesha: Green	<i>Sunrise:</i> 6:00AM	Sun 20 Sutra 304
			Yama 6:00AM – 7:35AM	Brahma Until 11:43PM	Muruga: Clear	<i>Sunset:</i> 6:38PM	Sobhana 5125
	924347577	Rahu 1:54PM – 3:28PM		Visti Until 4:59AM Fri	Nataraja: Orange		Moon 1 - Phase 42 - 20
Creative Work Siddha Yoga				Saptami Until 5:22PM	Moon – White		3rd Phase
Until 5:13PM					Magha*Masi	Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM	
6	Friday, February 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Utarea, FRPO
	Retreat Star		Gulika 7:35AM – 9:10AM	Krittika Until 5:04PM	Ganesha: Green	<i>Sunrise:</i> 6:01AM	Sun 21 Sutra 305
	Vrishabha Rasi: 3.48	Tithi 8 – 9	Yama 3:28PM – 5:03PM	Indra Until 10:11PM	Muruga: Clear	<i>Sunset:</i> 6:37PM	Sobhana 5125
	924347577	Rahu 10:44AM – 12:19PM		Balava Until 4:41AM Sat	Nataraja: Orange		Moon 1 - Phase 42 - 21
Creative Work Siddha Yoga				Ashtami* Until 4:44PM	Moon – White		Ashtami
Until 5:04PM					Magha*Masi	Bhuloka Day	
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM	
7	Saturday, February 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Utarea, FRPO
	Retreat Star		Gulika 6:01AM – 7:36AM	Rohini Until 5:51PM	Ganesha: Red	<i>Sunrise:</i> 6:01AM	Sun 22 Sutra 306
	Vrishabha Rasi: 16.57	Tithi 9 – 10	Yama 1:53PM – 3:28PM	Vaidhriti* Until 9:06PM	Muruga: Clear	<i>Sunset:</i> 6:37PM	Sobhana 5125
	934347577	Rahu 9:10AM – 10:45AM		Taitila Until 5:00AM Sun	Nataraja: Orange		Moon 1 - Phase 42 - 22
Creative Work Amrita Yoga				Navami* Until 4:45PM	Moon – Yellow		Navami
Until 5:51PM					Magha*Masi	Devaloka Day	
Then Creative Work - Siddha Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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1	Sunday, February 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Utarea, FRPO
	934347577	Gulika Yama Rahu	3:28PM – 5:02PM 12:19PM – 1:53PM 5:02PM – 6:36PM	Mrigashira Until 7:03PM Vishkambha* Until 8:30PM Vanija Until 5:52AM Mon Dashami Until 5:21PM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Yellow Magha•Masi	<i>Sunrise:</i> 6:01AM <i>Sunset:</i> 6:36PM	Sun 23 Sutra 307 Sobhana 5125 Moon 1 - Phase 43 - 23 4th Phase
	Creative Work	Siddha Yoga					Devaloka Day
2	Monday, February 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Priti Yoga Visti* Karana Ekadashyam Titau				Utarea, FRPO
	934347577	Gulika Yama Rahu	1:53PM – 3:27PM 10:45AM – 12:19PM 7:36AM – 9:10AM	Ardra Until 8:34PM Priti Until 8:16PM Visti Until 6:28PM Ekadashi Until 6:28PM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Yellow Magha•Masi	<i>Sunrise:</i> 6:02AM <i>Sunset:</i> 6:36PM	Sun 24 Sutra 308 Sobhana 5125 Moon 1 - Phase 43 - 24 4th Phase
	Family Home Evening	Siddha Yoga					Devaloka Day
	Until 8:34PM Then Creative Work - Amrita Yoga						
3	Tuesday, February 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau				Utarea, FRPO
	944347577	Gulika Yama Rahu	12:19PM – 1:53PM 9:10AM – 10:45AM 3:27PM – 5:01PM	Punarvasu Until 10:48PM Ayushman Until 8:20PM Bava Until 7:12AM Dvadashi Until 8:00PM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Blue Magha•Masi	<i>Sunrise:</i> 6:02AM <i>Sunset:</i> 6:35PM	Sun 25 Sutra 309 Sobhana 5125 Moon 1 - Phase 43 - 25 4th Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM
4	Wednesday, February 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Utarea, FRPO
	944347577	Gulika Yama Rahu	10:45AM – 12:19PM 7:37AM – 9:11AM 12:19PM – 1:53PM	Pushya Until 1:12AM Thu Saubhagya Until 8:41PM Kaulava Until 8:55AM Trayodashi Until 9:53PM	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Blue Magha•Masi	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 6:35PM	Sun 26 Sutra 310 Sobhana 5125 Moon 1 - Phase 43 - 26 4th Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM
5	Thursday, February 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Utarea, FRPO
	944347577	Gulika Yama Rahu	9:11AM – 10:45AM 6:03AM – 7:37AM 1:52PM – 3:26PM	Ashlesha* Until 3:43AM Fri Sobhana Until 9:16PM Gara Until 10:57AM Chaturdashi* Until 12:03AM Fri	Ganesha: Blue Muruga: Clear Nataraja: Orange Moon – Blue Magha•Masi	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 6:34PM	Sun 27 Sutra 311 Sobhana 5125 Moon 1 - Phase 43 - 27 4th Phase
	Creative Work	Siddha Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 3:43AM Fri Then Routine Work - Marana Yoga		Chidambaram Abhishekam				
	Friday, February 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Utarea, FRPO
	954347577	Gulika Yama Rahu	7:37AM – 9:11AM 3:26PM – 5:00PM 10:45AM – 12:18PM	Magha* Until 6:47AM Sat Athiganda* Until 10:00PM Visti Until 1:15PM Purnima* Until 2:28AM Sat	Ganesha: Yellow Muruga: Clear Nataraja: Orange Moon – Red Magha•Masi	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 6:33PM	Sun 28 Sutra 312 Sobhana 5125 Moon 1 - Phase 43 - Purnima
	Routine Work	Marana Yoga					Devaloka Day
	Until 6:47AM Sat Then Creative Work - Siddha Yoga						
	Saturday, February 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau				Utarea, FRPO
	955347577	Gulika Yama Rahu	6:03AM – 7:37AM 1:52PM – 3:26PM 9:11AM – 10:44AM	Magha* Until 6:47AM Sukarma Until 10:54PM Balava Until 3:46PM Prathama* Until 5:04AM Sun	Ganesha: White Muruga: Clear Nataraja: Orange Moon – Red Magha•Masi	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 6:33PM	Sun 29 Sutra 313 Sobhana 5125 Moon 1 - Phase 43 - Prathama
	Creative Work	Amrita Yoga					Sivaloka Day
	Until 6:47AM Then Creative Work - Siddha Yoga						

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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**Sunday, February 25, 2024****Gold Retreat Star**

Simha Rasi: 24.46 Tithi 17

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Creative Work Siddha Yoga

Until 9:50AM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Taitila Karana Dvitiyayam Titau**Gulika** 3:25PM – 4:59PM
Yama 12:18PM – 1:52PM
Rahu 4:59PM – 6:32PM**Purvaphalguni Until 9:50AM**

Dhriti Until 11:53PM

Taitila Until 6:25PM

Dvitiya Until 7:44AM Mon**Ganesha:** White
Muruga: Clear
Nataraja: Orange
Moon – Red
Magha•MasiSunrise: 6:04AM
Sunset: 6:32PM**Sivaloka Day**Utarea, FRPO
Sutra 314
Sobhana 5125
Moon 2 - Phase 44 - 1st Phase**1****Monday, February 26, 2024**

Kanya Rasi: 6.34 Tithi 17 – 18

Family Home Evening

955347577

Creative Work Siddha Yoga

Gulika 1:51PM – 3:25PM
Yama 10:44AM – 12:18PM
Rahu 7:38AM – 9:11AM**Uttaraphalguni Until 12:47PM**

Shula* Until 12:51AM Tue

Vanija Until 9:05PM

Dvitiya Until 7:44AM**Ganesha:** White
Muruga: Clear
Nataraja: Orange
Moon – Red
Magha•MasiSunrise: 6:04AM
Sunset: 6:32PM**Sivaloka Day**Sun 1
Sutra 315
Sobhana 5125
Moon 2 - Phase 44 - 1st Phase**2****Tuesday, February 27, 2024**

Kanya Rasi: 18.23 Tithi 18 – 19

Creative Work Siddha Yoga

965347577

Maha Sankatahara Chaturthi**Gulika** 12:18PM – 1:51PM
Yama 9:11AM – 10:44AM
Rahu 3:24PM – 4:58PM**Hasta Until 4:01PM**

Ganda* Until 1:44AM Wed

Bava Until 11:40PM

Tritiya Until 10:23AM**Ganesha:** Clear
Muruga: Clear
Nataraja: Orange
Moon – Green
Magha•MasiSunrise: 6:04AM
Sunset: 6:31PM**Devaloka Day**Sun 2
Sutra 316
Sobhana 5125
Moon 2 - Phase 44 - 2 1st Phase**3****Wednesday, February 28, 2024**

Tula Rasi: 0.15 Tithi 19 – 20

Creative Work Siddha Yoga

965347577

Gulika 10:44AM – 12:17PM
Yama 7:38AM – 9:11AM
Rahu 12:17PM – 1:51PM**Chitra Until 6:52PM**

Vridhhi Until 2:26AM Thu

Kaulava Until 1:57AM Thu

Chaturthi* Until 12:50PM**Ganesha:** Clear
Muruga: Clear
Nataraja: Orange
Moon – Green
Magha•MasiSunrise: 6:05AM
Sunset: 6:30PM**Devaloka Day**Sun 3
Sutra 317
Sobhana 5125
Moon 2 - Phase 44 - 3 1st Phase**4****Thursday, February 29, 2024**

Tula Rasi: 12.14 Tithi 20 – 21

Creative Work Amrita Yoga

Until 9:11PM

Then Creative Work - Siddha Yoga

965347577

Gulika 9:11AM – 10:44AM
Yama 6:05AM – 7:38AM
Rahu 1:50PM – 3:24PM**Svati Until 9:11PM**

Dhruva Until 2:45AM Fri

Gara Until 3:48AM Fri

Panchami Until 2:56PM**Ganesha:** Clear
Muruga: Clear
Nataraja: Orange
Moon – Green
Magha•MasiSunrise: 6:05AM
Sunset: 6:30PM**Devaloka Day**Sun 4
Sutra 318
Sobhana 5125
Moon 2 - Phase 44 - 4 1st Phase**5****Friday, March 1, 2024**

Tula Rasi: 24.25 Tithi 21 – 22

Creative Work Siddha Yoga

975347577

Gulika 7:38AM – 9:11AM
Yama 3:23PM – 4:56PM
Rahu 10:44AM – 12:17PM**Vishakha Until 11:15PM**

Vyaghata* Until 2:38AM Sat

Visti Until 5:02AM Sat

Shashthi* Until 4:29PM**Ganesha:** Purple
Muruga: Clear
Nataraja: Orange
Moon – Orange
Magha•MasiSunrise: 6:05AM
Sunset: 6:28PM**Sivaloka Day**Sun 5
Sutra 319
Sobhana 5125
Moon 2 - Phase 44 - 5 1st Phase**6****Saturday, March 2, 2024**

Vrischika Rasi: 6.51 Tithi 22 – 23

Creative Work Siddha Yoga

Until 12:28AM Sun

Then Routine Work - Marana Yoga

975447577

Gulika 6:06AM – 7:38AM
Yama 1:49PM – 3:22PM
Rahu 9:11AM – 10:44AM**Anuradha Until 12:28AM Sun**

Harshana Until 1:57AM Sun

Balava Until 5:30AM Sun

Saptami Until 5:21PM**Ganesha:** Clear
Muruga: Clear
Nataraja: Orange
Moon – Orange
Magha•MasiSunrise: 6:06AM
Sunset: 6:28PM**Devaloka Day**Sun 6
Sutra 320
Sobhana 5125
Moon 2 - Phase 44 - 6 1st Phase**D****Sunday, March 3, 2024****Retreat Star**

Vrischika Rasi: 19.38 Tithi 23 – 24

Routine Work Marana Yoga

Until 12:45AM Mon

Then Creative Work - Siddha Yoga

975447577

Gulika 3:22PM – 4:54PM
Yama 12:16PM – 1:49PM
Rahu 4:54PM – 6:27PM**Jyeshtha* Until 12:45AM Mon**

Vajra* Until 12:37AM Mon

Taitila Until 5:08AM Mon

Ashtami* Until 5:24PM**Ganesha:** Clear
Muruga: Clear
Nataraja: Orange
Moon – Orange
Magha•MasiSunrise: 6:06AM
Sunset: 6:27PM**Devaloka Day**Sun 7
Sutra 321
Sobhana 5125
Moon 2 - Phase 44 - 7 Ashtami**Monday, March 4, 2024****Retreat Star**

Dhanus Rasi: 2.5 Tithi 24 – 25

Family Home Evening

Creative Work Siddha Yoga

185447577

Gulika 1:49PM – 3:21PM
Yama 10:44AM – 12:16PM
Rahu 7:39AM – 9:11AM**Mula* Until 12:30AM Tue**

Siddhi Until 10:38PM

Vanija Until 3:57AM Tue

Navami* Until 4:37PM**Ganesha:** Green
Muruga: Clear
Nataraja: Orange
Moon – Light Blue
Magha•MasiSunrise: 6:06AM
Sunset: 6:26PM**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Sun 8
Sutra 322
Sobhana 5125
Moon 2 - Phase 44 - 8 Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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1	Tuesday, March 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Utarea, FRPO Sun 9 Sutra 323 Sobhana 5125	
	Dhanus Rasi: 16.29	Tithi 25 – 26	Gulika Yama	12:16PM – 1:48PM 9:11AM – 10:44AM	Purvashadha* Until 11:21PM Vyatipata* Until 8:02PM Bava Until 1:59AM Wed	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Light Blue Magha*Masi	<i>Sunrise:</i> 6:06AM <i>Sunset:</i> 6:26PM	Moon 2 - Phase 45 - 9 2nd Phase
	Creative Work	Siddha Yoga	186447577 Rahu	3:21PM – 4:53PM	Dashami Until 3:02PM			Devaloka Day
	Until 11:21PM							
	Then Routine Work - Prabalarishta Yoga							
2	Wednesday, March 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vriyani/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Utarea, FRPO Sun 10 Sutra 324 Sobhana 5125	
	Makara Rasi: 0.37	Tithi 26 – 27	Gulika Yama	10:43AM – 12:16PM 7:39AM – 9:11AM	Uttarashadha Until 9:22PM Vriyani Until 4:50PM Kaulava Until 11:21PM	Ganesha: Red Muruga: Clear Nataraja: Orange Moon – Light Blue Magha*Masi	<i>Sunrise:</i> 6:07AM <i>Sunset:</i> 6:25PM	Moon 2 - Phase 45 - 10 2nd Phase
	Creative Work	Amrita Yoga	186447577 Rahu	12:16PM – 1:48PM	Ekadashi* Until 12:43PM			Devaloka Day
	Until 9:22PM							
	Then Creative Work - Siddha Yoga							
3	Thursday, March 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Utarea, FRPO Sun 11 Sutra 325 Sobhana 5125	
	Makara Rasi: 15.11	Tithi 27 – 28	Gulika Yama	9:11AM – 10:43AM 6:07AM – 7:39AM	Shravana Until 7:08PM Parigha* Until 1:12PM Gara Until 8:11PM	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple Magha*Masi	<i>Sunrise:</i> 6:07AM <i>Sunset:</i> 6:24PM	Moon 2 - Phase 45 - 11 2nd Phase
	Creative Work	Siddha Yoga	196447577 Rahu	1:48PM – 3:20PM	Dvadashi* Until 9:48AM			Sivaloka Day
					<i>Pradosha Vrata (Fasting)</i>			
4	Friday, March 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shiva/Siddha Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Utarea, FRPO Sun 12 Sutra 326 Sobhana 5125	
	Kumbha Rasi: 0.07	Tithi 28 – 29	Gulika Yama	7:39AM – 9:11AM 3:19PM – 4:51PM	Dhanishtha Until 4:23PM Shiva Until 9:13AM Sakuni Until 2:48AM Sat	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple Magha*Masi	<i>Sunrise:</i> 6:07AM <i>Sunset:</i> 6:23PM	Moon 2 - Phase 45 - 12 2nd Phase
	Creative Work	Siddha Yoga	196447577 Rahu	10:43AM – 12:15PM	Trayodashi* Until 6:27AM			Sivaloka Day
	Saturday, March 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Utarea, FRPO Sun 13 Sutra 327 Sobhana 5125	
	Retreat Star		Gulika Yama	6:07AM – 7:39AM 1:47PM – 3:19PM	Shatabhishak Until 1:17PM Sadhya Until 12:42AM Sun Catuspada Until 12:56PM	Ganesha: Green Muruga: Clear Nataraja: Orange Moon – Purple Magha*Masi	<i>Sunrise:</i> 6:07AM <i>Sunset:</i> 6:23PM	Moon 2 - Phase 45 - 13 Amavasya
	Kumbha Rasi: 15.17	Tithi 30	196447577 Rahu	9:11AM – 10:43AM	Amavasya* Until 11:01PM			Sivaloka Day
	Creative Work	Amrita Yoga						
	Until 1:17PM							
	Sunday, March 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Utarea, FRPO Sun 14 Sutra 328 Sobhana 5125	
	Retreat Star		Gulika Yama	3:18PM – 4:50PM 12:15PM – 1:47PM	Purvaprosarthapada* Until 10:25AM Subha Until 8:28PM Kintughna Until 9:09AM	Ganesha: Orange Muruga: Clear Nataraja: Orange Moon – Clear Phalguna*Masi	<i>Sunrise:</i> 6:07AM <i>Sunset:</i> 6:22PM	Moon 2 - Phase 45 - 14 Prathama
	Meena Rasi: 0.31	Tithi 1	116447577 Rahu	4:50PM – 6:22PM	Prathama* Until 7:17PM			Devaloka Day
	Creative Work	Siddha Yoga						
	Until 10:25AM							
	Then Creative Work - Amrita Yoga							

1	Monday, March 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau					Utarea, FRPO Sun 15 Sutra 329 Sobhana 5125	
	Meena Rasi: 15.41	Tithi 2 – 3	Gulika	1:46PM – 3:18PM	Uttaraproshtapada Until 7:33AM	Ganesha: Orange	Sunrise: 6:08AM	Moon 2 - Phase 46 - 15 3rd Phase	
	Family Home Evening	116447577	Yama	10:43AM – 12:14PM	Sukla Until 4:23PM	Muruga: Clear	Sunset: 6:21PM		
	Creative Work	Siddha Yoga	Rahu	7:39AM – 9:11AM	Taitila Until 2:08AM Tue	Nataraja: Orange			
				Dvitiya Until 3:45PM	Moon – Clear	Phalguna•Masi	Devaloka Day		
2	Tuesday, March 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau					Utarea, FRPO Sun 16 Sutra 330 Sobhana 5125	
	Mesha Rasi: 1	Tithi 3 – 4	Gulika	12:14PM – 1:46PM	Ashvini Until 2:54AM Wed	Ganesha: White	Sunrise: 6:08AM	Moon 2 - Phase 46 - 16 3rd Phase	
		127447577	Yama	9:11AM – 10:43AM	Brahma Until 12:37PM	Muruga: Clear	Sunset: 6:21PM		
	Creative Work	Siddha Yoga	Rahu	3:17PM – 4:49PM	Vanija Until 11:13PM	Nataraja: Orange			
				Tritiya Until 12:35PM	Moon – White	Phalguna•Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
3	Wednesday, March 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau					Utarea, FRPO Sun 17 Sutra 331 Sobhana 5125	
	Mesha Rasi: 15.11	Tithi 4 – 5	Gulika	10:42AM – 12:14PM	Bharani Until 1:24AM Thu	Ganesha: White	Sunrise: 6:08AM	Moon 2 - Phase 46 - 17 3rd Phase	
		127447577	Yama	7:39AM – 9:11AM	Indra Until 9:17AM	Muruga: Clear	Sunset: 6:20PM		
	Creative Work	Siddha Yoga	Rahu	12:14PM – 1:45PM	Bava Until 8:52PM	Nataraja: Orange			
				Karadaiyan Nombu (Tamil Nadu)	Chaturthi* Until 9:56AM	Moon – White	Phalguna•Panguni		Bhuloka Day Devaloka Time: 3:PM to 6:PM
4	Thursday, March 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau					Utarea, FRPO Sun 18 Sutra 332 Sobhana 5125	
	Mesha Rasi: 29.2	Tithi 5 – 6	Gulika	9:11AM – 10:42AM	Krittika Until 12:27AM Fri	Ganesha: White	Sunrise: 6:08AM	Moon 2 - Phase 46 - 18 3rd Phase	
		127447578	Yama	6:08AM – 7:40AM	Vaidhriti* Until 6:27AM	Muruga: Clear	Sunset: 6:19PM		
	Routine Work	Marana Yoga	Rahu	1:45PM – 3:16PM	Kaulava Until 7:12PM	Nataraja: Clear			
				Panchami Until 7:55AM	Moon – White	Phalguna•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
5	Friday, March 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau					Utarea, FRPO Sun 19 Sutra 333 Sobhana 5125	
	Vrishabha Rasi: 13.02	Tithi 6 – 7	Gulika	7:40AM – 9:11AM	Rohini Until 12:33AM Sat	Ganesha: Clear	Sunrise: 6:08AM	Moon 2 - Phase 46 - 19 3rd Phase	
		137447578	Yama	3:16PM – 4:47PM	Priti Until 2:35AM Sat	Muruga: Clear	Sunset: 6:18PM		
	Routine Work	Marana Yoga	Rahu	10:42AM – 12:13PM	Gara Until 6:18PM	Nataraja: Clear			
				Shashthi* Until 6:38AM	Moon – Yellow	Phalguna•Panguni	Devaloka Day		
6	Saturday, March 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau					Utarea, FRPO Sun 20 Sutra 334 Sobhana 5125	
	Vrishabha Rasi: 26.18	Tithi 7 – 8	Gulika	6:09AM – 7:40AM	Mrigashira Until 1:15AM Sun	Ganesha: Clear	Sunrise: 6:09AM	Moon 2 - Phase 46 - 20 Ashtami	
		137447578	Yama	1:44PM – 3:15PM	Ayushman Until 1:33AM Sun	Muruga: Clear	Sunset: 6:17PM		
	Creative Work	Siddha Yoga	Rahu	9:11AM – 10:42AM	Visti Until 6:11PM	Nataraja: Clear			
				Saptami Until 6:07AM	Moon – Yellow	Phalguna•Panguni	Devaloka Day		
7	Sunday, March 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau					Utarea, FRPO Sun 21 Sutra 335 Sobhana 5125	
	Mithuna Rasi: 9.1	Tithi 8 – 9	Gulika	3:15PM – 4:46PM	Ardra Until 2:30AM Mon	Ganesha: Clear	Sunrise: 6:09AM	Moon 2 - Phase 46 - 21 Navami	
		137447578	Yama	12:13PM – 1:44PM	Saubhagya Until 1:05AM Mon	Muruga: Clear	Sunset: 6:17PM		
	Creative Work	Siddha Yoga	Rahu	4:46PM – 6:17PM	Balava Until 6:48PM	Nataraja: Clear			
				Ashtami* Until 6:23AM	Moon – Yellow	Phalguna•Panguni	Devaloka Day		
			Then Creative Work - Amrita Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1	Monday, March 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Uturea, FRPO	
	Mithuna Rasi: 21.43	Tithi 9 – 10	Gulika	1:43PM – 3:14PM	Punarvasu Until 4:39AM Tue	Ganesha: Purple	Sunrise: 6:09AM	Sun 22 Sutra 336
	Family Home Evening	147447578	Rahu	7:40AM – 9:11AM	Sobhana Until 1:06AM Tue	Muruga: Clear	Sunset: 6:16PM	Sobhana 5125
	Creative Work	Amrita Yoga			Taitila Until 8:04PM	Nataraja: Clear		Moon 2 - Phase 47 - 22
	Until 4:39AM Tue				Navami* Until 7:20AM	Moon – Blue	Bhuloka Day	4th Phase
Then Creative Work - Siddha Yoga					Phalguna•Panguni	Devaloka Time: 3:PM to 6:PM		
2	Tuesday, March 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Uturea, FRPO	
	Kataka Rasi: 4	Tithi 10 – 11	Gulika	12:12PM – 1:43PM	Pushya Until 7:07AM Wed	Ganesha: Clear	Sunrise: 6:09AM	Sun 23 Sutra 337
		148447578	Rahu	3:14PM – 4:44PM	Athiganda* Until 1:28AM Wed	Muruga: Clear	Sunset: 6:15PM	Sobhana 5125
	Creative Work	Siddha Yoga			Vanija Until 9:51PM	Nataraja: Clear		Moon 2 - Phase 47 - 23
					Dashami Until 8:53AM	Moon – Blue	Devaloka Day	4th Phase
					Phalguna•Panguni			
3	Wednesday, March 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Uturea, FRPO	
	Kataka Rasi: 16.06	Tithi 11 – 12	Gulika	10:41AM – 12:12PM	Pushya Until 7:07AM	Ganesha: Clear	Sunrise: 6:09AM	Sun 24 Sutra 338
		148447578	Rahu	12:12PM – 1:42PM	Sukarma Until 2:09AM Thu	Muruga: Clear	Sunset: 6:14PM	Sobhana 5125
	Creative Work	Siddha Yoga			Bava Until 12:02AM Thu	Nataraja: Clear		Moon 2 - Phase 47 - 24
			Yogaswami Mahasamadhi		Ekadashi Until 10:53AM	Moon – Blue	Devaloka Day	4th Phase
					Phalguna•Panguni			
4	Thursday, March 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Uturea, FRPO	
	Kataka Rasi: 28.03	Tithi 12 – 13	Gulika	9:10AM – 10:41AM	Ashlesha* Until 9:44AM	Ganesha: Clear	Sunrise: 6:09AM	Sun 25 Sutra 339
		148447578	Rahu	1:42PM – 3:13PM	Dhriti Until 3:02AM Fri	Muruga: Clear	Sunset: 6:14PM	Sobhana 5125
	Creative Work	Siddha Yoga			Kaulava Until 2:30AM Fri	Nataraja: Clear		Moon 2 - Phase 47 - 25
	Until 9:44AM				Dvadashi Until 1:13PM	Moon – Blue	Devaloka Day	4th Phase
Then Creative Work - Amrita Yoga				Pradosha Vrata	Phalguna•Panguni			
5	Friday, March 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Uturea, FRPO	
	Simha Rasi: 9.55	Tithi 13 – 14	Gulika	7:40AM – 9:10AM	Magha* Until 12:54PM	Ganesha: Purple	Sunrise: 6:10AM	Sun 26 Sutra 340
		158447578	Rahu	10:41AM – 12:11PM	Shula* Until 4:00AM Sat	Muruga: Clear	Sunset: 6:13PM	Sobhana 5125
	Routine Work	Marana Yoga			Gara Until 5:05AM Sat	Nataraja: Clear		Moon 2 - Phase 47 - 26
	Until 12:54PM				Trayodashi Until 3:46PM	Moon – Red	Sivaloka Day	4th Phase
Then Creative Work - Siddha Yoga					Phalguna•Panguni			
6	Saturday, March 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Vanija Karana Chaturdashyam Titau				Uturea, FRPO	
	Simha Rasi: 21.44	Tithi 14	Gulika	6:10AM – 7:40AM	Purvaphalguni Until 4:00PM	Ganesha: Purple	Sunrise: 6:10AM	Sun 27 Sutra 341
		158447578	Rahu	9:10AM – 10:41AM	Ganda* Until 5:00AM Sun	Muruga: Clear	Sunset: 6:12PM	Sobhana 5125
	Creative Work	Siddha Yoga			Vanija Until 6:23PM	Nataraja: Clear		Moon 2 - Phase 47 - 27
	Until 4:00PM				Chaturdashi* Until 6:23PM	Moon – Red	Sivaloka Day	4th Phase
Then Routine Work - Marana Yoga					Phalguna•Panguni			
O	Sunday, March 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau				Uturea, FRPO	
	Copper Retreat Star		Gulika	3:11PM – 4:41PM	Uttaraphalguni Until 6:55PM	Ganesha: Purple	Sunrise: 6:10AM	Sutra 342
	Kanya Rasi: 3.32	Tithi 15	Rahu	4:41PM – 6:11PM	Vriddhi Until 5:57AM Mon	Muruga: Clear	Sunset: 6:11PM	Sobhana 5125
	Creative Work	Amrita Yoga			Visti Until 7:43AM	Nataraja: Clear		Moon 2 - Phase 47 - Purnima
			Panguni Uttiram		Purnima* Until 8:59PM	Moon – Red	Sivaloka Day	
			Holi		Phalguna•Panguni			
Monday, March 25, 2024	Silver Retreat Star		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Uturea, FRPO	
	Kanya Rasi: 15.23	Tithi 16	Gulika	1:40PM – 3:10PM	Hasta Until 10:02PM	Ganesha: Purple	Sunrise: 6:10AM	Sutra 343
	Family Home Evening	169447578	Rahu	7:40AM – 9:10AM	Dhruva Until 6:45AM Tue	Muruga: Clear	Sunset: 6:11PM	Sobhana 5125
	Creative Work	Siddha Yoga			Balava Until 10:15AM	Nataraja: Clear		Moon 2 - Phase 47 - Prathama
	Until 10:02PM				Prathama* Until 11:26PM	Moon – Green	Bhuloka Day	
Then Routine Work - Prabalarishta Yoga					Phalguna•Panguni	Devaloka Time: 3:PM to 6:PM		

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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**Tuesday, March 26, 2024****Gold Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Utarea, FRPO

Sun 1 Sutra 344

Sobhana 5125

Moon 3 - Phase 48 - 1

1st Phase

Kanya Rasi: 27.17

Tithi 17

Gulika**12:10PM – 1:40PM**

Yama

9:10AM – 10:40AM

169447578 **Rahu****3:10PM – 4:40PM****Chitra Until 12:45AM Wed**

Dhruva Until 6:45AM

Taitila Until 12:35PM

Dvitiya Until 1:38AM Wed**Ganesha:** Purple**Sunrise:** 6:10AM**Muruga:** Clear**Sunset:** 6:10PM**Nataraja:** Clear

Moon – Green

Bhuloka Day**Devaloka Time: 3:PM to 6:PM**

Creative Work

Siddha Yoga

1**Wednesday, March 27, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Utarea, FRPO

Sun 2 Sutra 345

Sobhana 5125

Moon 3 - Phase 48 - 2

1st Phase

Tula Rasi: 9.17

Tithi 18

Gulika**10:40AM – 12:10PM**

Yama

7:40AM – 9:10AM

169547578 **Rahu****12:10PM – 1:40PM****Svati Until 2:59AM Thu**

Vyaghata* Until 7:22AM

Vanija Until 2:38PM

Tritiya Until 3:29AM Thu**Ganesha:** Clear**Sunrise:** 6:10AM**Muruga:** Clear**Sunset:** 6:09PM**Nataraja:** Clear

Moon – Green

Devaloka Day**Phalguna*Panguni**

Creative Work

Siddha Yoga

2**Thursday, March 28, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Utarea, FRPO

Sun 3 Sutra 346

Sobhana 5125

Moon 3 - Phase 48 - 3

1st Phase

Tula Rasi: 21.26

Tithi 19

Gulika**9:10AM – 10:40AM**

Yama

6:11AM – 7:40AM

179547578 **Rahu****1:39PM – 3:09PM****Vishakha Until 5:07AM Fri**

Harshana Until 7:43AM

Bava Until 4:17PM

Chaturthi* Until 4:54AM Fri**Ganesha:** White**Sunrise:** 6:11AM**Muruga:** Clear**Sunset:** 6:08PM**Nataraja:** Clear

Moon – Orange

Sivaloka Day**Phalguna*Panguni**

Creative Work

Siddha Yoga

3**Friday, March 29, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Kaulava/Vanija/Visti* Karana Panchamyam Titau

Utarea, FRPO

Sun 4 Sutra 347

Sobhana 5125

Moon 3 - Phase 48 - 4

1st Phase

Vrischika Rasi: 3.47

Tithi 20

Gulika**7:40AM – 9:10AM**

Yama

3:08PM – 4:38PM

179547578 **Rahu****10:40AM – 12:09PM****Anuradha Until 6:36AM Sat**

Vajra* Until 7:42AM

Kaulava Until 5:27PM

Panchami Until 5:48AM Sat**Ganesha:** White**Sunrise:** 6:11AM**Muruga:** Clear**Sunset:** 6:08PM**Nataraja:** Clear

Moon – Orange

Sivaloka Day**Phalguna*Panguni**

Creative Work

Siddha Yoga

4**Saturday, March 30, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Gara Karana Shashthyam Titau

Utarea, FRPO

Sun 5 Sutra 348

Sobhana 5125

Moon 3 - Phase 48 - 5

1st Phase

Vrischika Rasi: 16.2

Tithi 21

Gulika**6:11AM – 7:40AM**

Yama

1:38PM – 3:08PM

179547578 **Rahu****9:10AM – 10:39AM****Anuradha Until 6:36AM**

Siddhi Until 7:17AM

Gara Until 6:03PM

Shashthi* Until 6:06AM Sun**Ganesha:** White**Sunrise:** 6:11AM**Muruga:** Clear**Sunset:** 6:07PM**Nataraja:** Clear

Moon – Orange

Sivaloka Day**Phalguna*Panguni**

Creative Work

Siddha Yoga

5**Sunday, March 31, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Vanyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Utarea, FRPO

Sun 6 Sutra 349

Sobhana 5125

Moon 3 - Phase 48 - 6

1st Phase

Vrischika Rasi: 29.11

Tithi 21 – 22

Gulika**3:07PM – 4:37PM**

Yama

12:09PM – 1:38PM

179547578 **Rahu****4:37PM – 6:06PM****Jyeshtha* Until 7:21AM**

Vyatipata* Until 6:26AM

Visti Until 6:02PM

Shashthi* Until 6:06AM**Ganesha:** White**Sunrise:** 6:11AM**Muruga:** Clear**Sunset:** 6:06PM**Nataraja:** Clear

Moon – Orange

Sivaloka Day**Phalguna*Panguni**

Routine Work

Marana Yoga

Until 7:21AM

Then Creative Work - Amrita Yoga

D**Monday, April 1, 2024****Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Utarea, FRPO

Sun 7 Sutra 350

Sobhana 5125

Moon 3 - Phase 48 - 7

Ashtami

Dhanus Rasi: 12.2

Tithi 23

Gulika**1:38PM – 3:07PM**

Yama

10:39AM – 12:09PM

189547578 **Rahu****7:40AM – 9:10AM****Mula* Until 7:46AM**

Parigha* Until 3:07AM Tue

Balava Until 5:21PM

Ashtami* Until 4:44AM Tue**Ganesha:** Yellow**Sunrise:** 6:11AM**Muruga:** Clear**Sunset:** 6:06PM**Nataraja:** Clear

Moon – Light Blue

Devaloka Day**Phalguna*Panguni**

Creative Work

Siddha Yoga

Until 7:46AM

Then Routine Work - Marana Yoga

Tuesday, April 2, 2024**Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau

Utarea, FRPO

Sun 8 Sutra 351

Sobhana 5125

Moon 3 - Phase 48 - 8

Navami

Dhanus Rasi: 25.52

Tithi 24

Gulika**12:08PM – 1:37PM**

Yama

9:10AM – 10:39AM

181547578 **Rahu****3:07PM – 4:36PM****Purvashadha* Until 7:22AM**

Shiva Until 12:42AM Wed

Taitila Until 4:00PM

Navami* Until 3:04AM Wed**Ganesha:** Yellow**Sunrise:** 6:11AM**Muruga:** Clear**Sunset:** 6:05PM**Nataraja:** Clear

Moon – Light Blue

Devaloka Day**Phalguna*Panguni**

Creative Work

Siddha Yoga

Until 7:22AM

Then Routine Work - Prabalarishta Yoga

1	Wednesday, April 3, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Utarea, FRPO Sun 9 Sutra 352 Sobhana 5125	
	Makara Rasi: 9.47	Tithi 25	Gulika Yama	10:39AM – 12:08PM 7:40AM – 9:10AM	Uttarashadha Until 6:12AM Siddha Until 9:46PM Vanija Until 2:01PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Light Blue	Sunrise: 6:11AM Sunset: 6:05PM	Moon 3 - Phase 49 - 9 2nd Phase
	Creative Work	Amrita Yoga	181547578	Rahu 12:08PM – 1:37PM	Dashami Until 12:48AM Thu	Phalguna*Panguni	Devaloka Day	
	Until 6:12AM							
	Then Creative Work - Siddha Yoga							
2	Thursday, April 4, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau				Utarea, FRPO Sun 10 Sutra 353 Sobhana 5125	
	Makara Rasi: 24.05	Tithi 26	Gulika Yama	9:10AM – 10:39AM 6:11AM – 7:41AM	Dhanishtha Until 2:37AM Fri Sadhya Until 6:25PM Bava Until 11:29AM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:11AM Sunset: 6:04PM	Moon 3 - Phase 49 - 10 2nd Phase
	Creative Work	Siddha Yoga	191547578	Rahu 1:37PM – 3:06PM	Ekadashi* Until 10:01PM	Phalguna*Panguni	Sivaloka Day	
3	Friday, April 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau				Utarea, FRPO Sun 11 Sutra 354 Sobhana 5125	
	Kumbha Rasi: 8.44	Tithi 27	Gulika Yama	7:41AM – 9:09AM 3:05PM – 4:34PM	Shatabhishak Until 12:00AM Sat Subha Until 2:44PM Kaulava Until 8:29AM	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Purple	Sunrise: 6:12AM Sunset: 6:03PM	Moon 3 - Phase 49 - 11 2nd Phase
	Creative Work	Siddha Yoga	191547578	Rahu 10:38AM – 12:07PM	Dvadashi* Until 6:50PM	Phalguna*Panguni	Sivaloka Day	
4	Saturday, April 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Utarea, FRPO Sun 12 Sutra 355 Sobhana 5125	
	Kumbha Rasi: 23.38	Tithi 28 – 29	Gulika Yama	6:12AM – 7:41AM 1:36PM – 3:05PM	Purvaproshtapada* Until 9:27PM Sukla Until 10:47AM Visti Until 1:38AM Sun	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:12AM Sunset: 6:02PM	Moon 3 - Phase 49 - 12 2nd Phase
	Routine Work	Marana Yoga	111547578	Rahu 9:09AM – 10:38AM	Trayodashi* Until 3:24PM	Phalguna*Panguni	Devaloka Day	
	Until 9:27PM							
	Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)			
	Sunday, April 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Utarea, FRPO Sun 13 Sutra 356 Sobhana 5125	
	Retreat Star		Gulika Yama	3:04PM – 4:33PM 12:07PM – 1:36PM	Uttaraproshtapada Until 6:41PM Brahma Until 6:44AM Catuspada Until 10:05PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:12AM Sunset: 6:02PM	Moon 3 - Phase 49 - 13 Amavasya
	Meena Rasi: 8.41	Tithi 29 – 30	111547578	Rahu 4:33PM – 6:02PM	Chaturdashi* Until 11:51AM	Phalguna*Panguni	Devaloka Day	
	Creative Work	Amrita Yoga						
	Monday, April 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Utarea, FRPO Sun 14 Sutra 357 Sobhana 5125	
	Retreat Star		Gulika Yama	1:35PM – 3:04PM 10:38AM – 12:07PM	Revati Until 3:52PM Vaidhriti* Until 10:45PM Kintughna Until 6:39PM	Ganesha: Red Muruga: Clear Nataraja: Clear Moon – Clear	Sunrise: 6:12AM Sunset: 6:01PM	Moon 3 - Phase 49 - 14 Prathama
	Meena Rasi: 23.45	Tithi 30 – 1	111547578	Rahu 7:41AM – 9:09AM	Amavasya* Until 8:20AM	Chaitra*Panguni	Devaloka Day	
	Family Home Evening							
	Creative Work	Siddha Yoga		Yugadhi				

1	Tuesday, April 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Utarea, FRPO
	Mesha Rasi: 8.4	Tithi 2	Gulika Yama 121547578	12:06PM – 1:35PM 9:09AM – 10:38AM 3:03PM – 4:32PM	Ashvini Until 1:35PM Vishkambha* Until 7:05PM Balava Until 3:29PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:12AM Sunset: 6:00PM Moon 3 - Phase 50 - 15 3rd Phase
	Creative Work	Siddha Yoga	Chellappaswami Mahasamadhi		Dvitiya Until 2:02AM Wed	Chaitra•Panguni	Devaloka Day
2	Wednesday, April 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau				Utarea, FRPO
	Mesha Rasi: 23.19	Tithi 3	Gulika Yama 121547578	10:38AM – 12:06PM 7:41AM – 9:09AM 12:06PM – 1:34PM	Bharani Until 11:34AM Priti Until 3:47PM Taitila Until 12:44PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:12AM Sunset: 5:59PM Moon 3 - Phase 50 - 16 3rd Phase
	Creative Work	Siddha Yoga			Tritiya Until 11:33PM	Chaitra•Panguni	Devaloka Day
	Until 11:34AM Then Creative Work - Amrita Yoga						
3	Thursday, April 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthiyam Titau				Utarea, FRPO
	Vrishabha Rasi: 7.35	Tithi 4	Gulika Yama 121547578	9:09AM – 10:37AM 6:13AM – 7:41AM 1:34PM – 3:02PM	Krittika Until 9:58AM Ayushman Until 12:57PM Vanija Until 10:34AM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – White	Sunrise: 6:13AM Sunset: 5:59PM Moon 3 - Phase 50 - 17 3rd Phase
	Routine Work	Marana Yoga			Chaturthi* Until 9:42PM	Chaitra•Panguni	Devaloka Day
4	Friday, April 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau				Utarea, FRPO
	Vrishabha Rasi: 21.26	Tithi 5	Gulika Yama 132547578	7:41AM – 9:09AM 3:02PM – 4:30PM 10:37AM – 12:05PM	Rohini Until 9:20AM Saubhagya Until 10:41AM Bava Until 9:04AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:13AM Sunset: 5:58PM Moon 3 - Phase 50 - 18 3rd Phase
	Routine Work	Marana Yoga			Panchami Until 8:35PM	Chaitra•Panguni	Devaloka Day
	Until 9:20AM Then Creative Work - Siddha Yoga						
5	Saturday, April 13, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Utarea, FRPO
	Mithuna Rasi: 4.5	Tithi 6	Gulika Yama 232547578	6:13AM – 7:41AM 1:33PM – 3:01PM 9:09AM – 10:37AM	Mrigashira Until 9:19AM Sobhana Until 9:04AM Kaulava Until 8:20AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:13AM Sunset: 5:57PM Moon 3 - Phase 50 - 19 3rd Phase
	Creative Work	Siddha Yoga	Tamil New Year		Shashthi* Until 8:16PM	Chaitra•Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM
6	Sunday, April 14, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau				Utarea, FRPO
	Mithuna Rasi: 17.49	Tithi 7	Gulika Yama 232547578	3:01PM – 4:29PM 12:05PM – 1:33PM 4:29PM – 5:57PM	Ardra Until 9:56AM Athiganda* Until 8:02AM Gara Until 8:25AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Yellow	Sunrise: 6:13AM Sunset: 5:57PM Moon 3 - Phase 50 - 20 3rd Phase
	Creative Work	Siddha Yoga			Saptami Until 8:44PM	Chaitra•Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM
D	Monday, April 15, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau				Utarea, FRPO
	Retreat Star		Gulika Yama 242547578	1:33PM – 3:00PM 10:37AM – 12:05PM 7:41AM – 9:09AM	Punarvasu Until 11:36AM Sukarma Until 7:38AM Visti Until 9:16AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:13AM Sunset: 5:56PM Moon 3 - Phase 50 - 21 Ashtami
	Kataka Rasi: 0.26	Tithi 8			Ashtami* Until 9:56PM	Chaitra•Chaitra	Devaloka Day
	Family Home Evening Creative Work Amrita Yoga Until 11:36AM Then Creative Work - Siddha Yoga						
	Tuesday, April 16, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau				Utarea, FRPO
	Retreat Star		Gulika Yama 242547578	12:04PM – 1:32PM 9:09AM – 10:37AM 3:00PM – 4:28PM	Pushya Until 1:45PM Dhriti Until 7:46AM Balava Until 10:47AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue	Sunrise: 6:14AM Sunset: 5:55PM Moon 3 - Phase 50 - 22 Navami
	Kataka Rasi: 12.44	Tithi 9			Navami* Until 11:45PM	Chaitra•Chaitra	Devaloka Day
	Creative Work	Siddha Yoga	Sri Rama Navami				

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Utarea, FRPO on 1/25/22

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1	Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau				Utarea, FRPO Sun 23 Sutra 2	
	Kataka Rasi: 24.48	Tithi 10	Gulika Yama	10:37AM – 12:04PM 7:41AM – 9:09AM	Ashlesha* Until 4:15PM Shula* Until 8:18AM	Ganesha: Clear Muruga: Clear	Sunrise: 6:14AM Sunset: 5:55PM	Krodhin 5126 Moon 3 - Phase 1 - 23
	242547578		Rahu	12:04PM – 1:32PM	Taitila Until 12:51PM	Nataraja: Clear Moon – Blue		4th Phase
	Creative Work	Siddha Yoga			Dashami Until 2:01AM Thu	Chaitra*Chaitra	Devaloka Day	
2	Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Utarea, FRPO Sun 24 Sutra 3	
	Simha Rasi: 6.43	Tithi 11	Gulika Yama	9:09AM – 10:37AM 6:14AM – 7:41AM	Magha* Until 7:24PM Ganda* Until 9:10AM	Ganesha: Purple Muruga: Clear	Sunrise: 6:14AM Sunset: 5:54PM	Krodhin 5126 Moon 3 - Phase 1 - 24
	252547578		Rahu	1:32PM – 2:59PM	Vanija Until 3:17PM	Nataraja: Clear Moon – Red		4th Phase
	Creative Work	Amrita Yoga			Ekadashi Until 4:33AM Fri	Chaitra*Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
3	Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Dvadashyam Titau				Utarea, FRPO Sun 25 Sutra 4	
	Simha Rasi: 18.32	Tithi 12	Gulika Yama	7:42AM – 9:09AM 2:59PM – 4:26PM	Purvaphalguni Until 10:31PM Vridhhi Until 10:12AM	Ganesha: Purple Muruga: Purple	Sunrise: 6:14AM Sunset: 5:53PM	Krodhin 5126 Moon 3 - Phase 1 - 25
	252557578		Rahu	10:36AM – 12:04PM	Bava Until 5:53PM	Nataraja: Clear Moon – Red		4th Phase
	Creative Work	Siddha Yoga			Dvadashi Until 7:10AM Sat	Chaitra*Chaitra	Devaloka Day	
4	Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Utarea, FRPO Sun 26 Sutra 5	
	Kanya Rasi: 0.2	Tithi 12 – 13	Gulika Yama	6:14AM – 7:42AM 1:31PM – 2:58PM	Uttaraphalguni Until 1:26AM Sun Dhruva Until 11:14AM	Ganesha: Purple Muruga: Purple	Sunrise: 6:14AM Sunset: 5:53PM	Krodhin 5126 Moon 3 - Phase 1 - 26
	252557578		Rahu	9:09AM – 10:36AM	Kaulava Until 8:28PM	Nataraja: Clear Moon – Red		4th Phase
	Routine Work	Marana Yoga			Dvadashi Until 7:10AM	Chaitra*Chaitra	Devaloka Day	
5	Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Utarea, FRPO Sun 27 Sutra 6	
	Kanya Rasi: 12.1	Tithi 13 – 14	Gulika Yama	2:58PM – 4:25PM 12:03PM – 1:31PM	Hasta Until 4:29AM Mon Vyaghata* Until 12:11PM	Ganesha: Clear Muruga: Purple	Sunrise: 6:15AM Sunset: 5:52PM	Krodhin 5126 Moon 3 - Phase 1 - 27
	262557578		Rahu	4:25PM – 5:52PM	Gara Until 10:53PM	Nataraja: Clear Moon – Green		4th Phase
	Creative Work	Amrita Yoga			Trayodashi Until 9:41AM	Chaitra*Chaitra	Sivaloka Day	
	Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Utarea, FRPO Sutra 7	
	Kanya Rasi: 24.05	Tithi 14 – 15	Gulika Yama	1:30PM – 2:57PM 10:36AM – 12:03PM	Chitra Until 7:02AM Tue Harshana Until 12:58PM	Ganesha: Purple Muruga: Purple	Sunrise: 6:15AM Sunset: 5:52PM	Krodhin 5126 Moon 3 - Phase 1 -
	Family Home Evening		Rahu	7:42AM – 9:09AM	Visti Until 12:58AM Tue	Nataraja: Clear Moon – Green		Purnima
	Routine Work	Prabalarishta Yoga			Chaturdashi* Until 11:57AM	Chaitra*Chaitra	Subha Sivaloka Day	
	Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Utarea, FRPO Sutra 8	
	Tula Rasi: 6.08	Tithi 15 – 16	Gulika Yama	12:03PM – 1:30PM 9:09AM – 10:36AM	Chitra Until 7:02AM Vajra* Until 1:26PM	Ganesha: Purple Muruga: Purple	Sunrise: 6:15AM Sunset: 5:51PM	Krodhin 5126 Moon 3 - Phase 1 -
	262657578		Rahu	2:57PM – 4:24PM	Balava Until 2:40AM Wed	Nataraja: Clear Moon – Green		Prathama
	Creative Work	Siddha Yoga			Purnima* Until 1:51PM	Chaitra*Chaitra	Subha Sivaloka Day	