



## Sunday, May 7, 2023

### Gold Retreat Star

Vrischika Rasi: 8.22 Tithi 17

Routine Work Marana Yoga

**Gulika** 3:21PM – 4:55PM  
**Yama** 12:13PM – 1:47PM  
**Rahu** 4:55PM – 6:29PM

272996579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Parigha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Anuradha Until 8:20PM**

Parigha\* Until 2:50AM Mon

Taitila Until 9:09AM

**Dvitiya Until 8:15PM**

**Ganesha:** White *Sunrise:* 5:57AM

**Muruga:** Clear *Sunset:* 6:29PM

**Nataraja:** Purple

Moon – Orange  
**Vaisaka\*Chaitra**

**Devaloka Day**

Trichirappalli, India

Sutra 20

Sobhana 5125

Moon 5 - Phase 4 -

1st Phase

# 1

## Monday, May 8, 2023

Vrischika Rasi: 22.17 Tithi 18

**Family Home Evening**

Creative Work Siddha Yoga

**Gulika** 1:47PM – 3:21PM  
**Yama** 10:39AM – 12:13PM  
**Rahu** 7:31AM – 9:05AM

272196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Jyeshtha\* Until 6:59PM**

Shiva Until 12:06AM Tue

Vanija Until 7:19AM

**Tritiya Until 6:17PM**

**Ganesha:** Blue *Sunrise:* 5:56AM

**Muruga:** Clear *Sunset:* 6:29PM

**Nataraja:** Purple

Moon – Orange  
**Vaisaka\*Chaitra**

**Devaloka Day**

Trichirappalli, India

Sun 1 Sutra 21

Sobhana 5125

Moon 5 - Phase 4 - 1

1st Phase

# 2

## Tuesday, May 9, 2023

Dhanus Rasi: 6.24 Tithi 19 – 20

Creative Work Amrita Yoga

Until 5:42PM

Then Creative Work - Siddha Yoga

**Gulika** 12:13PM – 1:47PM  
**Yama** 9:04AM – 10:39AM  
**Rahu** 3:21PM – 4:55PM

282196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Mula\* Until 5:42PM**

Siddha Until 9:12PM

Kaulava Until 2:59AM Wed

**Chaturthi\* Until 4:07PM**

**Ganesha:** Red *Sunrise:* 5:56AM

**Muruga:** Clear *Sunset:* 6:30PM

**Nataraja:** Purple

Moon – Light Blue  
**Vaisaka\*Chaitra**

**Sivaloka Day**

Trichirappalli, India

Sun 2 Sutra 22

Sobhana 5125

Moon 5 - Phase 4 - 2

1st Phase

# 3

## Wednesday, May 10, 2023

Dhanus Rasi: 20.37 Tithi 20 – 21

Creative Work Amrita Yoga

**Gulika** 10:39AM – 12:13PM  
**Yama** 7:30AM – 9:04AM  
**Rahu** 12:13PM – 1:47PM

283196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Purvashadha\* Until 4:10PM**

Sadhya Until 6:14PM

Gara Until 12:40AM Thu

**Panchami Until 1:49PM**

**Ganesha:** Blue *Sunrise:* 5:56AM

**Muruga:** Clear *Sunset:* 6:30PM

**Nataraja:** Purple

Moon – Light Blue  
**Vaisaka\*Chaitra**

**Subha Sivaloka Day**

Trichirappalli, India

Sun 3 Sutra 23

Sobhana 5125

Moon 5 - Phase 4 - 3

1st Phase

# 4

## Thursday, May 11, 2023

Makara Rasi: 4.52 Tithi 21 – 22

Routine Work Marana Yoga

Until 2:28PM

Then Creative Work - Siddha Yoga

**Gulika** 9:04AM – 10:38AM  
**Yama** 5:56AM – 7:30AM  
**Rahu** 1:47PM – 3:21PM

283196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Uttarashadha Until 2:28PM**

Subha Until 3:16PM

Visti Until 10:20PM

**Shashthi\* Until 11:29AM**

**Ganesha:** Blue *Sunrise:* 5:56AM

**Muruga:** Clear *Sunset:* 6:30PM

**Nataraja:** Purple

Moon – Light Blue  
**Vaisaka\*Chaitra**

**Subha Sivaloka Day**

Trichirappalli, India

Sun 4 Sutra 24

Sobhana 5125

Moon 5 - Phase 4 - 4

1st Phase

# D

## Friday, May 12, 2023

### Retreat Star

Makara Rasi: 19.07 Tithi 22 – 23

Routine Work Marana Yoga

Until 1:05PM

Then Creative Work - Siddha Yoga

**Gulika** 7:30AM – 9:04AM  
**Yama** 3:21PM – 4:56PM  
**Rahu** 10:38AM – 12:13PM

293196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Shravana Until 1:05PM**

Sukla Until 12:18PM

Balava Until 8:04PM

**Saptami Until 9:10AM**

**Ganesha:** Red *Sunrise:* 5:55AM

**Muruga:** Clear *Sunset:* 6:30PM

**Nataraja:** Purple

Moon – Purple  
**Vaisaka\*Chaitra**

**Sivaloka Day**

Trichirappalli, India

Sun 5 Sutra 25

Sobhana 5125

Moon 5 - Phase 4 - 5

Ashtami

## Saturday, May 13, 2023

### Retreat Star

Kumbha Rasi: 3.19 Tithi 23 – 24

Creative Work Siddha Yoga

Until 11:39AM

Then Creative Work - Amrita Yoga

**Gulika** 5:55AM – 7:30AM  
**Yama** 1:47PM – 3:22PM  
**Rahu** 9:04AM – 10:38AM

293196579

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

**Dhanishtha Until 11:39AM**

Brahma Until 9:25AM

Gara Until 4:50AM Sun

**Ashtami\* Until 6:56AM**

**Ganesha:** Red *Sunrise:* 5:55AM

**Muruga:** Clear *Sunset:* 6:30PM

**Nataraja:** Purple

Moon – Purple  
**Vaisaka\*Chaitra**

**Sivaloka Day**

Trichirappalli, India

Sun 6 Sutra 26

Sobhana 5125

Moon 5 - Phase 4 - 6

Navami

|   |                         |             |                                                                                                                                                                                                       |                        |                                |                  |                 |                       |              |  |
|---|-------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|--------------------------------|------------------|-----------------|-----------------------|--------------|--|
| 1 | Sunday, May 14, 2023    |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau   |                        |                                |                  |                 | Trichirappalli, India |              |  |
|   | Kumbha Rasi: 17.26      | Tithi 25    | Gulika                                                                                                                                                                                                | 3:22PM – 4:56PM        | Shatabhishak Until 10:13AM     | Ganesha: Red     | Sunrise: 5:55AM | Sun 7                 | Sutra 27     |  |
|   | 293196579               | Rahu        | Yama                                                                                                                                                                                                  | 12:13PM – 1:47PM       | Indra Until 6:40AM             | Muruga: Clear    | Sunset: 6:31PM  | Moon 5 - Phase 5 - 7  | Sobhana 5125 |  |
|   | Creative Work           | Siddha Yoga |                                                                                                                                                                                                       | 4:56PM – 6:31PM        | Vanija Until 3:51PM            | Nataraja: Purple |                 | 2nd Phase             |              |  |
|   |                         |             | Mother's Day                                                                                                                                                                                          |                        | Dashami Until 2:53AM Mon       | Moon – Purple    | Sivaloka Day    |                       |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        |                                | Vaisaka*Chaitra  |                 |                       |              |  |
| 2 | Monday, May 15, 2023    |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau |                        |                                |                  |                 | Trichirappalli, India |              |  |
|   | Meena Rasi: 1.27        | Tithi 26    | Gulika                                                                                                                                                                                                | 1:47PM – 3:22PM        | Purvaproshtapada* Until 9:13AM | Ganesha: Clear   | Sunrise: 5:55AM | Sun 8                 | Sutra 28     |  |
|   | Family Home Evening     | 213196579   | Yama                                                                                                                                                                                                  | 10:38AM – 12:13PM      | Vishkambha* Until 1:33AM Tue   | Muruga: Clear    | Sunset: 6:31PM  | Moon 5 - Phase 5 - 8  | Sobhana 5125 |  |
|   | Routine Work            | Marana Yoga | Rahu                                                                                                                                                                                                  | 7:29AM – 9:04AM        | Bava Until 2:01PM              | Nataraja: Purple |                 | 2nd Phase             |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        | Ekadashi* Until 1:09AM Tue     | Moon – Clear     | Sivaloka Day    |                       |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        |                                | Vaisaka*Vaikasi  |                 |                       |              |  |
| 3 | Tuesday, May 16, 2023   |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau           |                        |                                |                  |                 | Trichirappalli, India |              |  |
|   | Meena Rasi: 15.19       | Tithi 27    | Gulika                                                                                                                                                                                                | 12:13PM – 1:47PM       | Uttaraproshtapada Until 8:19AM | Ganesha: Clear   | Sunrise: 5:54AM | Sun 9                 | Sutra 29     |  |
|   | 213196579               | Rahu        | Yama                                                                                                                                                                                                  | 9:04AM – 10:38AM       | Priti Until 11:18PM            | Muruga: Clear    | Sunset: 6:31PM  | Moon 5 - Phase 5 - 9  | Sobhana 5125 |  |
|   | Creative Work           | Amrita Yoga |                                                                                                                                                                                                       | 3:22PM – 4:56PM        | Kaulava Until 12:24PM          | Nataraja: Purple |                 | 2nd Phase             |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        | Dvadashi* Until 11:40PM        | Moon – Clear     | Sivaloka Day    |                       |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        |                                | Vaisaka*Vaikasi  |                 |                       |              |  |
| 4 | Wednesday, May 17, 2023 |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau                      |                        |                                |                  |                 | Trichirappalli, India |              |  |
|   | Meena Rasi: 29.02       | Tithi 28    | Gulika                                                                                                                                                                                                | 10:38AM – 12:13PM      | Revati Until 7:32AM            | Ganesha: Clear   | Sunrise: 5:54AM | Sun 10                | Sutra 30     |  |
|   | 213196579               | Rahu        | Yama                                                                                                                                                                                                  | 7:29AM – 9:04AM        | Ayushman Until 9:17PM          | Muruga: Clear    | Sunset: 6:31PM  | Moon 5 - Phase 5 - 10 | Sobhana 5125 |  |
|   | Routine Work            | Marana Yoga |                                                                                                                                                                                                       | 12:13PM – 1:47PM       | Gara Until 11:04AM             | Nataraja: Purple |                 | 2nd Phase             |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        | Trayodashi* Until 10:30PM      | Moon – Clear     | Sivaloka Day    |                       |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        |                                | Vaisaka*Vaikasi  |                 |                       |              |  |
|   |                         |             | Pradosha Vrata (Fasting)                                                                                                                                                                              |                        |                                |                  |                 |                       |              |  |
| 5 | Thursday, May 18, 2023  |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                 |                        |                                |                  |                 | Trichirappalli, India |              |  |
|   | Mesha Rasi: 12.33       | Tithi 29    | Gulika                                                                                                                                                                                                | 9:03AM – 10:38AM       | Ashvini Until 7:22AM           | Ganesha: Orange  | Sunrise: 5:54AM | Sun 11                | Sutra 31     |  |
|   | 223196579               | Rahu        | Yama                                                                                                                                                                                                  | 5:54AM – 7:29AM        | Saubhagya Until 7:35PM         | Muruga: Clear    | Sunset: 6:31PM  | Moon 5 - Phase 5 - 11 | Sobhana 5125 |  |
|   | Creative Work           | Amrita Yoga |                                                                                                                                                                                                       | 1:47PM – 3:22PM        | Visti Until 10:05AM            | Nataraja: Purple |                 | 2nd Phase             |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        | Chaturdashi* Until 9:43PM      | Moon – White     | Sivaloka Day    |                       |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        |                                | Vaisaka*Vaikasi  |                 |                       |              |  |
| ● | Friday, May 19, 2023    |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau                 |                        |                                |                  |                 | Trichirappalli, India |              |  |
|   | Retreat Star            |             | Gulika                                                                                                                                                                                                | 7:29AM – 9:03AM        | Bharani Until 7:28AM           | Ganesha: Orange  | Sunrise: 5:54AM | Sun 12                | Sutra 32     |  |
|   | Mesha Rasi: 25.51       | Tithi 30    | Yama                                                                                                                                                                                                  | 3:22PM – 4:57PM        | Sobhana Until 6:15PM           | Muruga: Clear    | Sunset: 6:32PM  | Moon 5 - Phase 5 - 12 | Sobhana 5125 |  |
|   | 223196579               | Rahu        | 10:38AM – 12:13PM                                                                                                                                                                                     | Catuspada Until 9:30AM |                                | Nataraja: Purple |                 | Amavasya              |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        | Amavasya* Until 9:22PM         | Moon – White     | Sivaloka Day    |                       |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        |                                | Vaisaka*Vaikasi  |                 |                       |              |  |
|   | Saturday, May 20, 2023  |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau          |                        |                                |                  |                 | Trichirappalli, India |              |  |
|   | Retreat Star            |             | Gulika                                                                                                                                                                                                | 5:54AM – 7:29AM        | Krittika Until 7:52AM          | Ganesha: Orange  | Sunrise: 5:54AM | Sun 13                | Sutra 33     |  |
|   | Vrishabha Rasi: 8.54    | Tithi 1     | Yama                                                                                                                                                                                                  | 1:48PM – 3:22PM        | Athiganda* Until 5:16PM        | Muruga: Clear    | Sunset: 6:32PM  | Moon 5 - Phase 5 - 13 | Sobhana 5125 |  |
|   | 223196579               | Rahu        | 9:03AM – 10:38AM                                                                                                                                                                                      | Kintughna Until 9:24AM |                                | Nataraja: Purple |                 | Prathama              |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        | Prathama* Until 9:31PM         | Moon – White     | Sivaloka Day    |                       |              |  |
|   |                         |             |                                                                                                                                                                                                       |                        |                                | Jyeshtha*Vaikasi |                 |                       |              |  |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|                                  |                         |                        |                                                                                                                                                                                            |                                |                  |                 |                                          |  |
|----------------------------------|-------------------------|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|------------------|-----------------|------------------------------------------|--|
| 1                                | Sunday, May 21, 2023    |                        | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                |                  |                 | Trichirappalli, India<br>Sun 14 Sutra 34 |  |
|                                  | Vrishabha Rasi: 21.42   | Tithi 2                | Gulika 3:23PM – 4:57PM                                                                                                                                                                     | Rohini Until 9:05AM            | Ganesha: Clear   | Sunrise: 5:54AM | Sobhana 5125                             |  |
|                                  |                         |                        | Yama 12:13PM – 1:48PM                                                                                                                                                                      | Sukarma Until 4:43PM           | Muruga: Clear    | Sunset: 6:32PM  | Moon 5 - Phase 6 - 14                    |  |
|                                  | 233196579               | Rahu 4:57PM – 6:32PM   |                                                                                                                                                                                            | Balava Until 9:49AM            | Nataraja: Purple |                 | 3rd Phase                                |  |
| Creative Work                    |                         | Siddha Yoga            |                                                                                                                                                                                            | Dvitiya Until 10:12PM          | Moon – Yellow    |                 | Sivaloka Day                             |  |
|                                  |                         |                        |                                                                                                                                                                                            |                                | Jyeshtha*Vaikasi |                 |                                          |  |
| 2                                | Monday, May 22, 2023    |                        | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau      |                                |                  |                 | Trichirappalli, India<br>Sun 15 Sutra 35 |  |
|                                  | Mithuna Rasi: 4.15      | Tithi 3                | Gulika 1:48PM – 3:23PM                                                                                                                                                                     | Mrigashira Until 10:38AM       | Ganesha: Clear   | Sunrise: 5:54AM | Sobhana 5125                             |  |
|                                  | Family Home Evening     |                        | Yama 10:38AM – 12:13PM                                                                                                                                                                     | Dhriti Until 4:35PM            | Muruga: Clear    | Sunset: 6:32PM  | Moon 5 - Phase 6 - 15                    |  |
|                                  | 233196579               | Rahu 7:28AM – 9:03AM   |                                                                                                                                                                                            | Taitila Until 10:44AM          | Nataraja: Purple |                 | 3rd Phase                                |  |
| Creative Work                    |                         | Amrita Yoga            |                                                                                                                                                                                            | Tritiya Until 11:22PM          | Moon – Yellow    |                 | Sivaloka Day                             |  |
| Until 10:38AM                    |                         |                        |                                                                                                                                                                                            |                                | Jyeshtha*Vaikasi |                 |                                          |  |
| Then Creative Work - Siddha Yoga |                         |                        |                                                                                                                                                                                            |                                |                  |                 |                                          |  |
| 3                                | Tuesday, May 23, 2023   |                        | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau  |                                |                  |                 | Trichirappalli, India<br>Sun 16 Sutra 36 |  |
|                                  | Mithuna Rasi: 16.35     | Tithi 4                | Gulika 12:13PM – 1:48PM                                                                                                                                                                    | Ardra Until 12:31PM            | Ganesha: Clear   | Sunrise: 5:54AM | Sobhana 5125                             |  |
|                                  |                         |                        | Yama 9:03AM – 10:38AM                                                                                                                                                                      | Shula* Until 4:48PM            | Muruga: Clear    | Sunset: 6:33PM  | Moon 5 - Phase 6 - 16                    |  |
|                                  | 233196579               | Rahu 3:23PM – 4:58PM   |                                                                                                                                                                                            | Vanija Until 12:10PM           | Nataraja: Purple |                 | 3rd Phase                                |  |
| Routine Work                     |                         | Marana Yoga            |                                                                                                                                                                                            | Chaturthi* Until 1:01AM Wed    | Moon – Yellow    |                 | Sivaloka Day                             |  |
| Until 12:31PM                    |                         |                        |                                                                                                                                                                                            |                                | Jyeshtha*Vaikasi |                 |                                          |  |
| Then Creative Work - Siddha Yoga |                         |                        |                                                                                                                                                                                            |                                |                  |                 |                                          |  |
| 4                                | Wednesday, May 24, 2023 |                        | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Panchamyam Titau      |                                |                  |                 | Trichirappalli, India<br>Sun 17 Sutra 37 |  |
|                                  | Mithuna Rasi: 28.44     | Tithi 5                | Gulika 10:38AM – 12:13PM                                                                                                                                                                   | Punarvasu Until 3:07PM         | Ganesha: Purple  | Sunrise: 5:53AM | Sobhana 5125                             |  |
|                                  |                         |                        | Yama 7:28AM – 9:03AM                                                                                                                                                                       | Ganda* Until 5:20PM            | Muruga: Clear    | Sunset: 6:33PM  | Moon 5 - Phase 6 - 17                    |  |
|                                  | 243196579               | Rahu 12:13PM – 1:48PM  |                                                                                                                                                                                            | Bava Until 2:00PM              | Nataraja: Purple |                 | 3rd Phase                                |  |
| Creative Work                    |                         | Siddha Yoga            |                                                                                                                                                                                            | Panchami Until 3:02AM Thu      | Moon – Blue      |                 | Subha Sivaloka Day                       |  |
|                                  |                         |                        |                                                                                                                                                                                            |                                | Jyeshtha*Vaikasi |                 |                                          |  |
| 5                                | Thursday, May 25, 2023  |                        | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau          |                                |                  |                 | Trichirappalli, India<br>Sun 18 Sutra 38 |  |
|                                  | Kataka Rasi: 10.45      | Tithi 6                | Gulika 9:03AM – 10:38AM                                                                                                                                                                    | Pushya Until 5:52PM            | Ganesha: Clear   | Sunrise: 5:53AM | Sobhana 5125                             |  |
|                                  |                         |                        | Yama 5:53AM – 7:28AM                                                                                                                                                                       | Vridhi Until 6:07PM            | Muruga: Clear    | Sunset: 6:33PM  | Moon 5 - Phase 6 - 18                    |  |
|                                  | 244196579               | Rahu 1:48PM – 3:23PM   |                                                                                                                                                                                            | Kaulava Until 4:10PM           | Nataraja: Purple |                 | 3rd Phase                                |  |
| Creative Work                    |                         | Amrita Yoga            |                                                                                                                                                                                            | Shashthi* Until 5:18AM Fri     | Moon – Blue      |                 | Sivaloka Day                             |  |
| Until 5:52PM                     |                         |                        |                                                                                                                                                                                            |                                | Jyeshtha*Vaikasi |                 |                                          |  |
| Then Creative Work - Siddha Yoga |                         |                        |                                                                                                                                                                                            |                                |                  |                 |                                          |  |
| 6                                | Friday, May 26, 2023    |                        | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Dhruva Yoga Gara Karana Saptamyam Titau                            |                                |                  |                 | Trichirappalli, India<br>Sun 19 Sutra 39 |  |
|                                  | Kataka Rasi: 22.4       | Tithi 7                | Gulika 7:28AM – 9:03AM                                                                                                                                                                     | Ashlesha* Until 8:35PM         | Ganesha: White   | Sunrise: 5:53AM | Sobhana 5125                             |  |
|                                  |                         |                        | Yama 3:23PM – 4:58PM                                                                                                                                                                       | Dhruva Until 6:59PM            | Muruga: Clear    | Sunset: 6:33PM  | Moon 5 - Phase 6 - 19                    |  |
|                                  | 344196579               | Rahu 10:38AM – 12:13PM |                                                                                                                                                                                            | Gara Until 6:29PM              | Nataraja: Purple |                 | 3rd Phase                                |  |
| Routine Work                     |                         | Marana Yoga            |                                                                                                                                                                                            | Saptami Until 7:38AM Sat       | Moon – Blue      |                 | Devaloka Day                             |  |
|                                  |                         |                        |                                                                                                                                                                                            |                                | Jyeshtha*Vaikasi |                 |                                          |  |
| D                                | Saturday, May 27, 2023  |                        | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau           |                                |                  |                 | Trichirappalli, India<br>Sun 20 Sutra 40 |  |
|                                  | Retreat Star            |                        | Gulika 5:53AM – 7:28AM                                                                                                                                                                     | Magha* Until 11:37PM           | Ganesha: Clear   | Sunrise: 5:53AM | Sobhana 5125                             |  |
|                                  | Simha Rasi: 4.34        | Tithi 7 – 8            | Yama 1:49PM – 3:24PM                                                                                                                                                                       | Vyaghata* Until 7:51PM         | Muruga: Clear    | Sunset: 6:34PM  | Moon 5 - Phase 6 - 20                    |  |
|                                  | 354196579               | Rahu 9:03AM – 10:38AM  |                                                                                                                                                                                            | Visti Until 8:48PM             | Nataraja: Purple |                 | Ashtami                                  |  |
| Creative Work                    |                         | Amrita Yoga            |                                                                                                                                                                                            | Saptami Until 7:38AM           | Moon – Red       |                 | Sivaloka Day                             |  |
| Until 11:37PM                    |                         |                        |                                                                                                                                                                                            |                                | Jyeshtha*Vaikasi |                 |                                          |  |
| Then Creative Work - Siddha Yoga |                         |                        |                                                                                                                                                                                            |                                |                  |                 |                                          |  |
| D                                | Sunday, May 28, 2023    |                        | Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau        |                                |                  |                 | Trichirappalli, India<br>Sun 21 Sutra 41 |  |
|                                  | Retreat Star            |                        | Gulika 3:24PM – 4:59PM                                                                                                                                                                     | Purvaphalguni Until 2:14AM Mon | Ganesha: Clear   | Sunrise: 5:53AM | Sobhana 5125                             |  |
|                                  | Simha Rasi: 16.3        | Tithi 8 – 9            | Yama 12:14PM – 1:49PM                                                                                                                                                                      | Harshana Until 8:34PM          | Muruga: Clear    | Sunset: 6:34PM  | Moon 5 - Phase 6 - 21                    |  |
|                                  | 354196579               | Rahu 4:59PM – 6:34PM   |                                                                                                                                                                                            | Balava Until 10:52PM           | Nataraja: Purple |                 | Navami                                   |  |
| Creative Work                    |                         | Siddha Yoga            |                                                                                                                                                                                            | Ashtami* Until 9:51AM          | Moon – Red       |                 | Sivaloka Day                             |  |
|                                  |                         |                        |                                                                                                                                                                                            |                                | Jyeshtha*Vaikasi |                 |                                          |  |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

|                                                                                     |                                  |               |                                                                                                                                                                                                      |                          |                                        |                         |                                          |                       |
|-------------------------------------------------------------------------------------|----------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|----------------------------------------|-------------------------|------------------------------------------|-----------------------|
| <b>1</b>                                                                            | <b>Monday, May 29, 2023</b>      |               | Sobhana Nama Samvatsare Utarayane Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau                       |                          |                                        |                         | Trichirappalli, India<br>Sun 22 Sutra 42 |                       |
|                                                                                     | Simha Rasi: 28.33                | Tithi 9 – 10  | <b>Gulika</b>                                                                                                                                                                                        | <b>1:49PM – 3:24PM</b>   | <b>Uttaraphalguni Until 4:15AM Tue</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:53AM                   | Sobhana 5125          |
|                                                                                     | <b>Family Home Evening</b>       |               | Yama                                                                                                                                                                                                 | 10:39AM – 12:14PM        | Vajra* Until 8:56PM                    | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:34PM                    | Moon 5 - Phase 7 - 22 |
|                                                                                     | Creative Work                    | Siddha Yoga   | 364196579 <b>Rahu</b>                                                                                                                                                                                | <b>7:28AM – 9:03AM</b>   | Taitila Until 12:31AM Tue              | <b>Nataraja:</b> Purple |                                          | 4th Phase             |
|                                                                                     |                                  |               |                                                                                                                                                                                                      |                          | <b>Navami* Until 11:44AM</b>           | Moon – Red              | <b>Sivaloka Day</b>                      |                       |
|                                                                                     |                                  |               |                                                                                                                                                                                                      |                          |                                        | Jyeshtha*Vaikasi        |                                          |                       |
| <b>2</b>                                                                            | <b>Tuesday, May 30, 2023</b>     |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau                       |                          |                                        |                         | Trichirappalli, India<br>Sun 23 Sutra 43 |                       |
|                                                                                     | Kanya Rasi: 10.48                | Tithi 10 – 11 | <b>Gulika</b>                                                                                                                                                                                        | <b>12:14PM – 1:49PM</b>  | <b>Hasta Until 5:59AM Wed</b>          | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:53AM                   | Sobhana 5125          |
|                                                                                     |                                  |               | Yama                                                                                                                                                                                                 | 9:04AM – 10:39AM         | Siddhi Until 8:52PM                    | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:34PM                    | Moon 5 - Phase 7 - 23 |
|                                                                                     |                                  |               | 364196579 <b>Rahu</b>                                                                                                                                                                                | <b>3:24PM – 4:59PM</b>   | Vanija Until 1:33AM Wed                | <b>Nataraja:</b> Purple |                                          | 4th Phase             |
|                                                                                     | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                      |                          | <b>Dashami Until 1:06PM</b>            | Moon – Green            | <b>Devaloka Day</b>                      |                       |
|                                                                                     |                                  |               |                                                                                                                                                                                                      |                          |                                        | Jyeshtha*Vaikasi        |                                          |                       |
| <b>3</b>                                                                            | <b>Wednesday, May 31, 2023</b>   |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau                   |                          |                                        |                         | Trichirappalli, India<br>Sun 24 Sutra 44 |                       |
|                                                                                     | Kanya Rasi: 23.2                 | Tithi 11 – 12 | <b>Gulika</b>                                                                                                                                                                                        | <b>10:39AM – 12:14PM</b> | <b>Chitra Until 6:49AM Thu</b>         | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:53AM                   | Sobhana 5125          |
|                                                                                     |                                  |               | Yama                                                                                                                                                                                                 | 7:28AM – 9:04AM          | Vyatipata* Until 8:15PM                | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:35PM                    | Moon 5 - Phase 7 - 24 |
|                                                                                     |                                  |               | 364196579 <b>Rahu</b>                                                                                                                                                                                | <b>12:14PM – 1:49PM</b>  | Bava Until 1:51AM Thu                  | <b>Nataraja:</b> Purple |                                          | 4th Phase             |
|                                                                                     | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                      |                          | <b>Ekadashi Until 1:46PM</b>           | Moon – Green            | <b>Devaloka Day</b>                      |                       |
|                                                                                     | Until 6:49AM Thu                 |               |                                                                                                                                                                                                      |                          |                                        | Jyeshtha*Vaikasi        |                                          |                       |
|                                                                                     | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                      |                          |                                        |                         |                                          |                       |
| <b>4</b>                                                                            | <b>Thursday, June 1, 2023</b>    |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau            |                          |                                        |                         | Trichirappalli, India<br>Sun 25 Sutra 45 |                       |
|                                                                                     | Tula Rasi: 6.13                  | Tithi 12 – 13 | <b>Gulika</b>                                                                                                                                                                                        | <b>9:04AM – 10:39AM</b>  | <b>Chitra Until 6:49AM</b>             | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:53AM                   | Sobhana 5125          |
|                                                                                     |                                  |               | Yama                                                                                                                                                                                                 | 5:53AM – 7:28AM          | Variyan Until 7:00PM                   | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:35PM                    | Moon 5 - Phase 7 - 25 |
|                                                                                     |                                  |               | 364196579 <b>Rahu</b>                                                                                                                                                                                | <b>1:49PM – 3:25PM</b>   | Kaulava Until 1:23AM Fri               | <b>Nataraja:</b> Purple |                                          | 4th Phase             |
|                                                                                     | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                      |                          | <b>Dvadashi Until 1:41PM</b>           | Moon – Green            | <b>Devaloka Day</b>                      |                       |
|                                                                                     | Until 6:49AM                     |               |                                                                                                                                                                                                      |                          |                                        | Jyeshtha*Vaikasi        |                                          |                       |
|                                                                                     | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                      |                          | Pradosha Vrata                         |                         |                                          |                       |
| <b>5</b>                                                                            | <b>Friday, June 2, 2023</b>      |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                          |                                        |                         | Trichirappalli, India<br>Sun 26 Sutra 46 |                       |
|                                                                                     | Tula Rasi: 19.29                 | Tithi 13 – 14 | <b>Gulika</b>                                                                                                                                                                                        | <b>7:29AM – 9:04AM</b>   | <b>Svati Until 6:45AM</b>              | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:53AM                   | Sobhana 5125          |
|                                                                                     |                                  |               | Yama                                                                                                                                                                                                 | 3:25PM – 5:00PM          | Parigha* Until 5:10PM                  | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:35PM                    | Moon 5 - Phase 7 - 26 |
|                                                                                     |                                  |               | 364296579 <b>Rahu</b>                                                                                                                                                                                | <b>10:39AM – 12:14PM</b> | Gara Until 12:11AM Sat                 | <b>Nataraja:</b> Purple |                                          | 4th Phase             |
|                                                                                     | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                      |                          | <b>Trayodashi Until 12:51PM</b>        | Moon – Green            | <b>Sivaloka Day</b>                      |                       |
|                                                                                     |                                  |               | <b>Vaikasi Visakam</b>                                                                                                                                                                               |                          |                                        | Jyeshtha*Vaikasi        |                                          |                       |
|  | <b>Saturday, June 3, 2023</b>    |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                          |                                        |                         | Trichirappalli, India<br>Sun 27 Sutra 47 |                       |
|                                                                                     | <b>Copper Retreat Star</b>       |               | <b>Gulika</b>                                                                                                                                                                                        | <b>5:53AM – 7:29AM</b>   | <b>Vishakha Until 6:17AM</b>           | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:53AM                   | Sobhana 5125          |
|                                                                                     | Vrischika Rasi: 3.1              | Tithi 14 – 15 | Yama                                                                                                                                                                                                 | 1:50PM – 3:25PM          | Shiva Until 2:49PM                     | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:36PM                    | Moon 5 - Phase 7 - 27 |
|                                                                                     |                                  |               | 374296579 <b>Rahu</b>                                                                                                                                                                                | <b>9:04AM – 10:39AM</b>  | Visti Until 10:21PM                    | <b>Nataraja:</b> Purple |                                          | Purnima               |
|                                                                                     | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                      |                          | <b>Chaturdashi* Until 11:19AM</b>      | Moon – Orange           | <b>Subha Sivaloka Day</b>                |                       |
|                                                                                     |                                  |               |                                                                                                                                                                                                      |                          |                                        | Jyeshtha*Vaikasi        |                                          |                       |
|  | <b>Sunday, June 4, 2023</b>      |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau           |                          |                                        |                         | Trichirappalli, India<br>Sutra 48        |                       |
|                                                                                     | <b>Silver Retreat Star</b>       |               | <b>Gulika</b>                                                                                                                                                                                        | <b>3:25PM – 5:01PM</b>   | <b>Jyeshtha* Until 3:15AM Mon</b>      | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:53AM                   | Sobhana 5125          |
|                                                                                     | Vrischika Rasi: 17.13            | Tithi 15 – 16 | Yama                                                                                                                                                                                                 | 12:15PM – 1:50PM         | Siddha Until 11:58AM                   | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:36PM                    | Moon 5 - Phase 7 -    |
|                                                                                     |                                  |               | 374296579 <b>Rahu</b>                                                                                                                                                                                | <b>5:01PM – 6:36PM</b>   | Balava Until 8:00PM                    | <b>Nataraja:</b> Purple |                                          | Prathama              |
|                                                                                     | Routine Work                     | Marana Yoga   |                                                                                                                                                                                                      |                          | <b>Purnima* Until 9:13AM</b>           | Moon – Orange           | <b>Subha Sivaloka Day</b>                |                       |
|                                                                                     | Until 3:15AM Mon                 |               |                                                                                                                                                                                                      |                          |                                        | Jyeshtha*Vaikasi        |                                          |                       |
|                                                                                     | Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                      |                          |                                        |                         |                                          |                       |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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**Monday, June 5, 2023****Gold Retreat Star**

Dhanus Rasi: 1.34

Tithi 16 – 17

**Family Home Evening**

384296579

Creative Work Siddha Yoga

**Gulika****1:50PM – 3:25PM**

Yama

10:39AM – 12:15PM

**Rahu****7:29AM – 9:04AM****Mula\* Until 1:23AM Tue**

Sadhya Until 8:48AM

Gara Until 3:50AM Tue

**Prathama\* Until 6:40AM****Ganesha: Yellow***Sunrise: 5:53AM***Muruga: Clear***Sunset: 6:36PM***Nataraja: Purple**

Moon – Light Blue

**Jyeshtha\*Vaikasi****Sivaloka Day**

Trichirappalli, India

Sutra 49

Sobhana 5125

Moon 6 - Phase 8 -

1st Phase

**1****Tuesday, June 6, 2023**

Dhanus Rasi: 16.08

Tithi 18

Creative Work Siddha Yoga

Until 11:14PM

Then Routine Work - Prabalarishta Yoga

**Gulika****12:15PM – 1:50PM**

Yama

9:04AM – 10:40AM

**Rahu****3:26PM – 5:01PM****Purvashadha\* Until 11:14PM**

Sukla Until 1:54AM Wed

Vanija Until 2:23PM

**Tritiya Until 12:52AM Wed****Ganesha: White***Sunrise: 5:53AM***Muruga: Clear***Sunset: 6:36PM***Nataraja: Blue**

Moon – Light Blue

**Jyeshtha\*Vaikasi****Devaloka Day**

Trichirappalli, India

Sun 1 Sutra 50

Sobhana 5125

Moon 6 - Phase 8 - 1

1st Phase

**2****Wednesday, June 7, 2023**

Makara Rasi: 0.47

Tithi 19

Creative Work Amrita Yoga

Until 8:56PM

Then Creative Work - Siddha Yoga

**Gulika****10:40AM – 12:15PM**

Yama

7:29AM – 9:04AM

**Rahu****12:15PM – 1:50PM****Uttarashadha Until 8:56PM**

Brahma Until 10:24PM

Bava Until 11:23AM

**Chaturthi\* Until 9:53PM****Ganesha: White***Sunrise: 5:54AM***Muruga: Clear***Sunset: 6:37PM***Nataraja: Blue**

Moon – Light Blue

**Jyeshtha\*Vaikasi****Devaloka Day**

Trichirappalli, India

Sun 2 Sutra 51

Sobhana 5125

Moon 6 - Phase 8 - 2

1st Phase

**3****Thursday, June 8, 2023**

Makara Rasi: 15.26

Tithi 20

Creative Work Siddha Yoga

**Gulika****9:04AM – 10:40AM**

Yama

5:54AM – 7:29AM

**Rahu****1:51PM – 3:26PM****Shravana Until 7:01PM**

Indra Until 7:01PM

Kaulava Until 8:27AM

**Panchami Until 7:02PM****Ganesha: Yellow***Sunrise: 5:54AM***Muruga: Clear***Sunset: 6:37PM***Nataraja: Blue**

Moon – Purple

**Jyeshtha\*Vaikasi****Sivaloka Day**

Trichirappalli, India

Sun 3 Sutra 52

Sobhana 5125

Moon 6 - Phase 8 - 3

1st Phase

**4****Friday, June 9, 2023**

Makara Rasi: 29.56

Tithi 21 – 22

Creative Work Siddha Yoga

**Gulika****7:29AM – 9:05AM**

Yama

3:26PM – 5:02PM

**Rahu****10:40AM – 12:15PM****Dhanishtha Until 5:12PM**

Vaidhriti\* Until 3:48PM

Visti Until 3:14AM Sat

**Shashthi\* Until 4:25PM****Ganesha: Yellow***Sunrise: 5:54AM***Muruga: Clear***Sunset: 6:37PM***Nataraja: Blue**

Moon – Purple

**Jyeshtha\*Vaikasi****Sivaloka Day**

Trichirappalli, India

Sun 4 Sutra 53

Sobhana 5125

Moon 6 - Phase 8 - 4

1st Phase

**D****Saturday, June 10, 2023****Retreat Star**

Kumbha Rasi: 14.16

Tithi 22 – 23

Creative Work Amrita Yoga

Until 3:34PM

Then Routine Work - Marana Yoga

**Gulika****5:54AM – 7:29AM**

Yama

1:51PM – 3:27PM

**Rahu****9:05AM – 10:40AM****Shatabhishak Until 3:34PM**

Vishkambha\* Until 12:51PM

Balava Until 1:07AM Sun

**Saptami Until 2:06PM****Ganesha: Yellow***Sunrise: 5:54AM***Muruga: Clear***Sunset: 6:37PM***Nataraja: Blue**

Moon – Purple

**Jyeshtha\*Vaikasi****Sivaloka Day**

Trichirappalli, India

Sun 5 Sutra 54

Sobhana 5125

Moon 6 - Phase 8 - 5

Ashtami

**Sunday, June 11, 2023****Retreat Star**

Kumbha Rasi: 28.21

Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:35PM

Then Creative Work - Amrita Yoga

**Gulika****3:27PM – 5:02PM**

Yama

12:16PM – 1:51PM

**Rahu****5:02PM – 6:38PM****Purvaproshtapada\* Until 2:35PM**

Priti Until 10:14AM

Taitila Until 11:23PM

**Ashtami\* Until 12:10PM****Ganesha: Clear***Sunrise: 5:54AM***Muruga: Clear***Sunset: 6:38PM***Nataraja: Blue**

Moon – Clear

**Jyeshtha\*Vaikasi****Sivaloka Day**

Trichirappalli, India

Sun 6 Sutra 55

Sobhana 5125

Moon 6 - Phase 8 - 6

Navami

|   |                          |               |                                                                                                                                                                                                            |                             |                                |                  |                 |                 |                                                          |              |  |
|---|--------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|--------------------------------|------------------|-----------------|-----------------|----------------------------------------------------------|--------------|--|
| 1 | Monday, June 12, 2023    |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                             |                                |                  |                 |                 | Trichirappalli, India<br>Sun 7 Sutra 56<br>Sobhana 5125  |              |  |
|   | Meena Rasi: 12.11        | Tithi 24 – 25 | Gulika                                                                                                                                                                                                     | 1:52PM – 3:27PM             | Uttaraproshtapada Until 1:52PM |                  | Ganesha: Clear  | Sunrise: 5:54AM | Moon 6 - Phase 9 - 7<br>2nd Phase                        | Sivaloka Day |  |
|   | Family Home Evening      | 315296571     | Yama                                                                                                                                                                                                       | 10:41AM – 12:16PM           | Ayushman Until 7:54AM          |                  | Muruga: Clear   | Sunset: 6:38PM  |                                                          |              |  |
|   | Creative Work            | Siddha Yoga   | Rahu                                                                                                                                                                                                       | 7:30AM – 9:05AM             | Vanija Until 10:03PM           |                  | Nataraja: Blue  | Moon – Clear    |                                                          |              |  |
|   |                          |               |                                                                                                                                                                                                            | Navami* Until 10:39AM       |                                | Jyeshtha*Vaikasi |                 |                 |                                                          |              |  |
| 2 | Tuesday, June 13, 2023   |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau                 |                             |                                |                  |                 |                 | Trichirappalli, India<br>Sun 8 Sutra 57<br>Sobhana 5125  |              |  |
|   | Meena Rasi: 25.46        | Tithi 25 – 26 | Gulika                                                                                                                                                                                                     | 12:16PM – 1:52PM            | Revati Until 1:25PM            |                  | Ganesha: Clear  | Sunrise: 5:54AM | Moon 6 - Phase 9 - 8<br>2nd Phase                        | Sivaloka Day |  |
|   | 315296571                | Yama          | 9:05AM – 10:41AM                                                                                                                                                                                           | Sobhana Until 4:19AM Wed    |                                | Muruga: Clear    | Sunset: 6:38PM  |                 |                                                          |              |  |
|   | Creative Work            | Siddha Yoga   | Rahu                                                                                                                                                                                                       | 3:27PM – 5:03PM             | Bava Until 9:09PM              |                  | Nataraja: Blue  | Moon – Clear    |                                                          |              |  |
|   |                          |               |                                                                                                                                                                                                            | Dashami Until 9:32AM        |                                | Jyeshtha*Vaikasi |                 |                 |                                                          |              |  |
| 3 | Wednesday, June 14, 2023 |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau           |                             |                                |                  |                 |                 | Trichirappalli, India<br>Sun 9 Sutra 58<br>Sobhana 5125  |              |  |
|   | Mesha Rasi: 9.06         | Tithi 26 – 27 | Gulika                                                                                                                                                                                                     | 10:41AM – 12:16PM           | Ashvini Until 1:40PM           |                  | Ganesha: White  | Sunrise: 5:54AM | Moon 6 - Phase 9 - 9<br>2nd Phase                        | Devaloka Day |  |
|   | 325296571                | Yama          | 7:30AM – 9:05AM                                                                                                                                                                                            | Athiganda* Until 3:00AM Thu |                                | Muruga: Clear    | Sunset: 6:38PM  |                 |                                                          |              |  |
|   | Routine Work             | Marana Yoga   | Rahu                                                                                                                                                                                                       | 12:16PM – 1:52PM            | Kaulava Until 8:40PM           |                  | Nataraja: Blue  | Moon – White    |                                                          |              |  |
|   |                          |               |                                                                                                                                                                                                            | Ekadashi* Until 8:50AM      |                                | Jyeshtha*Vaikasi |                 |                 |                                                          |              |  |
| 4 | Thursday, June 15, 2023  |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukarma Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau                |                             |                                |                  |                 |                 | Trichirappalli, India<br>Sun 10 Sutra 59<br>Sobhana 5125 |              |  |
|   | Mesha Rasi: 22.13        | Tithi 27 – 28 | Gulika                                                                                                                                                                                                     | 9:06AM – 10:41AM            | Bharani Until 2:11PM           |                  | Ganesha: Yellow | Sunrise: 5:55AM | Moon 6 - Phase 9 - 10<br>2nd Phase                       | Sivaloka Day |  |
|   | 326296571                | Yama          | 5:55AM – 7:30AM                                                                                                                                                                                            | Sukarma Until 2:01AM Fri    |                                | Muruga: Clear    | Sunset: 6:39PM  |                 |                                                          |              |  |
|   | Creative Work            | Siddha Yoga   | Rahu                                                                                                                                                                                                       | 1:52PM – 3:28PM             | Gara Until 8:35PM              |                  | Nataraja: Blue  | Moon – White    |                                                          |              |  |
|   |                          |               |                                                                                                                                                                                                            | Dvadashi* Until 8:33AM      |                                | Jyeshtha*Ani     |                 |                 |                                                          |              |  |
|   |                          |               |                                                                                                                                                                                                            | Pradosha Vrata (Fasting)    |                                |                  |                 |                 |                                                          |              |  |
| 5 | Friday, June 16, 2023    |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau             |                             |                                |                  |                 |                 | Trichirappalli, India<br>Sun 11 Sutra 60<br>Sobhana 5125 |              |  |
|   | Vrishabha Rasi: 5.08     | Tithi 28 – 29 | Gulika                                                                                                                                                                                                     | 7:30AM – 9:06AM             | Krittika Until 2:57PM          |                  | Ganesha: Yellow | Sunrise: 5:55AM | Moon 6 - Phase 9 - 11<br>2nd Phase                       | Sivaloka Day |  |
|   | 326296571                | Yama          | 3:28PM – 5:03PM                                                                                                                                                                                            | Dhriti Until 1:22AM Sat     |                                | Muruga: Clear    | Sunset: 6:39PM  |                 |                                                          |              |  |
|   | Creative Work            | Siddha Yoga   | Rahu                                                                                                                                                                                                       | 10:41AM – 12:17PM           | Visti Until 8:54PM             |                  | Nataraja: Blue  | Moon – White    |                                                          |              |  |
|   |                          |               |                                                                                                                                                                                                            | Trayodashi* Until 8:40AM    |                                | Jyeshtha*Ani     |                 |                 |                                                          |              |  |
| ● | Saturday, June 17, 2023  |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau       |                             |                                |                  |                 |                 | Trichirappalli, India<br>Sun 12 Sutra 61<br>Sobhana 5125 |              |  |
|   | Retreat Star             |               | Gulika                                                                                                                                                                                                     | 5:55AM – 7:31AM             | Rohini Until 4:25PM            |                  | Ganesha: Red    | Sunrise: 5:55AM | Moon 6 - Phase 9 - 12<br>Amavasya                        | Sivaloka Day |  |
|   | Vrishabha Rasi: 17.52    | Tithi 29 – 30 | Yama                                                                                                                                                                                                       | 1:53PM – 3:28PM             | Shula* Until 1:01AM Sun        |                  | Muruga: Clear   | Sunset: 6:39PM  |                                                          |              |  |
|   | 336296571                | Rahu          | 9:06AM – 10:42AM                                                                                                                                                                                           | Catuspada Until 9:38PM      |                                | Nataraja: Blue   | Moon – Yellow   |                 |                                                          |              |  |
|   |                          |               |                                                                                                                                                                                                            | Chaturdashi* Until 9:12AM   |                                | Jyeshtha*Ani     |                 |                 |                                                          |              |  |
|   | Sunday, June 18, 2023    |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau                     |                             |                                |                  |                 |                 | Trichirappalli, India<br>Sun 13 Sutra 62<br>Sobhana 5125 |              |  |
|   | Retreat Star             |               | Gulika                                                                                                                                                                                                     | 3:28PM – 5:04PM             | Mrigashira Until 6:06PM        |                  | Ganesha: Red    | Sunrise: 5:55AM | Moon 6 - Phase 9 - 13<br>Prathama                        | Sivaloka Day |  |
|   | Mithuna Rasi: 0.24       | Tithi 30 – 1  | Yama                                                                                                                                                                                                       | 12:17PM – 1:53PM            | Ganda* Until 12:59AM Mon       |                  | Muruga: Yellow  | Sunset: 6:39PM  |                                                          |              |  |
|   | 336216571                | Rahu          | 5:04PM – 6:39PM                                                                                                                                                                                            | Kintughna Until 10:46PM     |                                | Nataraja: Blue   | Moon – Yellow   |                 |                                                          |              |  |
|   |                          |               |                                                                                                                                                                                                            | Amavasya* Until 10:08AM     |                                | Ashada*Ani       |                 |                 |                                                          |              |  |
|   |                          |               |                                                                                                                                                                                                            | Father's Day                |                                |                  |                 |                 |                                                          |              |  |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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|                                  |                          |             |                                                                                                                                                                                               |                              |                 |                 |                                          |  |
|----------------------------------|--------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------|-----------------|------------------------------------------|--|
| 1                                | Monday, June 19, 2023    |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Vridhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau                    |                              |                 |                 | Trichirappalli, India<br>Sun 14 Sutra 63 |  |
|                                  | Mithuna Rasi: 12.46      | Tithi 1 – 2 | Gulika 1:53PM – 3:29PM                                                                                                                                                                        | Ardra Until 8:01PM           | Ganesha: Red    | Sunrise: 5:55AM | Sobhana 5125                             |  |
| Family Home Evening              |                          | 336216571   | Yama 10:42AM – 12:18PM                                                                                                                                                                        | Vridhi Until 1:16AM Tue      | Muruga: Yellow  | Sunset: 6:40PM  | Moon 6 - Phase 10 - 14                   |  |
| Creative Work Siddha Yoga        |                          |             | Rahu 7:31AM – 9:06AM                                                                                                                                                                          | Balava Until 12:17AM Tue     | Nataraja: Blue  |                 | 3rd Phase                                |  |
| Until 8:01PM                     |                          |             |                                                                                                                                                                                               | Prathama* Until 11:27AM      | Moon – Yellow   | Sivaloka Day    |                                          |  |
| Then Creative Work - Amrita Yoga |                          |             |                                                                                                                                                                                               |                              | Ashada*Ani      |                 |                                          |  |
| 2                                | Tuesday, June 20, 2023   |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau          |                              |                 |                 | Trichirappalli, India<br>Sun 15 Sutra 64 |  |
|                                  | Mithuna Rasi: 24.58      | Tithi 2 – 3 | Gulika 12:18PM – 1:53PM                                                                                                                                                                       | Punarvasu Until 10:37PM      | Ganesha: Yellow | Sunrise: 5:56AM | Sobhana 5125                             |  |
| Creative Work Siddha Yoga        |                          | 346216571   | Yama 9:07AM – 10:42AM                                                                                                                                                                         | Dhruva Until 1:47AM Wed      | Muruga: Yellow  | Sunset: 6:40PM  | Moon 6 - Phase 10 - 15                   |  |
|                                  |                          |             | Rahu 3:29PM – 5:04PM                                                                                                                                                                          | Taitila Until 2:08AM Wed     | Nataraja: Blue  |                 | 3rd Phase                                |  |
|                                  |                          |             |                                                                                                                                                                                               | Dvitiya Until 1:09PM         | Moon – Blue     | Sivaloka Day    |                                          |  |
|                                  |                          |             |                                                                                                                                                                                               |                              | Ashada*Ani      |                 |                                          |  |
| 3                                | Wednesday, June 21, 2023 |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau               |                              |                 |                 | Trichirappalli, India<br>Sun 16 Sutra 65 |  |
|                                  | Kataka Rasi: 7.01        | Tithi 3 – 4 | Gulika 10:42AM – 12:18PM                                                                                                                                                                      | Pushya Until 1:19AM Thu      | Ganesha: Yellow | Sunrise: 5:56AM | Sobhana 5125                             |  |
| Creative Work Siddha Yoga        |                          | 346216571   | Yama 7:31AM – 9:07AM                                                                                                                                                                          | Vyaghata* Until 2:33AM Thu   | Muruga: Yellow  | Sunset: 6:40PM  | Moon 6 - Phase 10 - 16                   |  |
|                                  |                          |             | Rahu 12:18PM – 1:54PM                                                                                                                                                                         | Vanija Until 4:18AM Thu      | Nataraja: Blue  |                 | 3rd Phase                                |  |
|                                  |                          |             |                                                                                                                                                                                               | Tritiya Until 3:10PM         | Moon – Blue     | Sivaloka Day    |                                          |  |
|                                  |                          |             |                                                                                                                                                                                               |                              | Ashada*Ani      |                 |                                          |  |
| 4                                | Thursday, June 22, 2023  |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau             |                              |                 |                 | Trichirappalli, India<br>Sun 17 Sutra 66 |  |
|                                  | Kataka Rasi: 18.59       | Tithi 4 – 5 | Gulika 9:07AM – 10:43AM                                                                                                                                                                       | Ashlesha* Until 4:04AM Fri   | Ganesha: Yellow | Sunrise: 5:56AM | Sobhana 5125                             |  |
| Creative Work Siddha Yoga        |                          | 346216571   | Yama 5:56AM – 7:32AM                                                                                                                                                                          | Harshana Until 3:29AM Fri    | Muruga: Yellow  | Sunset: 6:40PM  | Moon 6 - Phase 10 - 17                   |  |
| Until 4:04AM Fri                 |                          |             | Rahu 1:54PM – 3:29PM                                                                                                                                                                          | Bava Until 6:39AM Fri        | Nataraja: Blue  |                 | 3rd Phase                                |  |
| Then Routine Work - Marana Yoga  |                          |             |                                                                                                                                                                                               | Chaturthi* Until 5:26PM      | Moon – Blue     | Sivaloka Day    |                                          |  |
|                                  |                          |             |                                                                                                                                                                                               |                              | Ashada*Ani      |                 |                                          |  |
| 5                                | Friday, June 23, 2023    |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau                          |                              |                 |                 | Trichirappalli, India<br>Sun 18 Sutra 67 |  |
|                                  | Simha Rasi: 0.52         | Tithi 5     | Gulika 7:32AM – 9:07AM                                                                                                                                                                        | Magha* Until 7:13AM Sat      | Ganesha: Yellow | Sunrise: 5:56AM | Sobhana 5125                             |  |
| Routine Work Marana Yoga         |                          | 357216571   | Yama 3:30PM – 5:05PM                                                                                                                                                                          | Vajra* Until 4:26AM Sat      | Muruga: Yellow  | Sunset: 6:41PM  | Moon 6 - Phase 10 - 18                   |  |
| Until 7:13AM Sat                 |                          |             | Rahu 10:43AM – 12:18PM                                                                                                                                                                        | Bava Until 6:39AM            | Nataraja: Blue  |                 | 3rd Phase                                |  |
| Then Creative Work - Siddha Yoga |                          |             |                                                                                                                                                                                               | Panchami Until 7:50PM        | Moon – Red      | Sivaloka Day    |                                          |  |
|                                  |                          |             |                                                                                                                                                                                               |                              | Ashada*Ani      |                 |                                          |  |
| 6                                | Saturday, June 24, 2023  |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau        |                              |                 |                 | Trichirappalli, India<br>Sun 19 Sutra 68 |  |
|                                  | Simha Rasi: 12.43        | Tithi 6     | Gulika 5:56AM – 7:32AM                                                                                                                                                                        | Magha* Until 7:13AM          | Ganesha: Yellow | Sunrise: 5:56AM | Sobhana 5125                             |  |
| Creative Work Amrita Yoga        |                          | 357216571   | Yama 1:54PM – 3:30PM                                                                                                                                                                          | Siddhi Until 5:20AM Sun      | Muruga: Yellow  | Sunset: 6:41PM  | Moon 6 - Phase 10 - 19                   |  |
| Until 7:13AM                     |                          |             | Rahu 9:08AM – 10:43AM                                                                                                                                                                         | Kaulava Until 9:03AM         | Nataraja: Blue  |                 | 3rd Phase                                |  |
| Then Creative Work - Siddha Yoga |                          |             |                                                                                                                                                                                               | Shashthi* Until 10:12PM      | Moon – Red      | Sivaloka Day    |                                          |  |
|                                  |                          |             |                                                                                                                                                                                               |                              | Ashada*Ani      |                 |                                          |  |
| D                                | Sunday, June 25, 2023    |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau |                              |                 |                 | Trichirappalli, India<br>Sun 20 Sutra 69 |  |
|                                  | Simha Rasi: 24.37        | Tithi 7     | Gulika 3:30PM – 5:05PM                                                                                                                                                                        | Purvaphalguni Until 10:05AM  | Ganesha: Yellow | Sunrise: 5:57AM | Sobhana 5125                             |  |
| Creative Work Siddha Yoga        |                          | 357216571   | Yama 12:19PM – 1:54PM                                                                                                                                                                         | Vyatipata* Until 6:02AM Mon  | Muruga: Yellow  | Sunset: 6:41PM  | Moon 6 - Phase 10 - 20                   |  |
| Until 10:05AM                    |                          |             | Rahu 5:05PM – 6:41PM                                                                                                                                                                          | Gara Until 11:20AM           | Nataraja: Blue  |                 | 3rd Phase                                |  |
| Then Creative Work - Amrita Yoga |                          |             | Chidambaram Abhishekam                                                                                                                                                                        | Saptami Until 12:20AM Mon    | Moon – Red      | Sivaloka Day    |                                          |  |
|                                  |                          |             |                                                                                                                                                                                               |                              | Ashada*Ani      |                 |                                          |  |
| D                                | Monday, June 26, 2023    |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashtamyam Titau  |                              |                 |                 | Trichirappalli, India<br>Sun 21 Sutra 70 |  |
|                                  | Kanya Rasi: 6.38         | Tithi 8     | Gulika 1:55PM – 3:30PM                                                                                                                                                                        | Uttaraphalguni Until 12:29PM | Ganesha: Yellow | Sunrise: 5:57AM | Sobhana 5125                             |  |
| Family Home Evening              |                          | 357216571   | Yama 10:44AM – 12:19PM                                                                                                                                                                        | Vyatipata* Until 6:02AM      | Muruga: Yellow  | Sunset: 6:41PM  | Moon 6 - Phase 10 - 21                   |  |
| Creative Work Siddha Yoga        |                          |             | Rahu 7:32AM – 9:08AM                                                                                                                                                                          | Visti Until 1:16PM           | Nataraja: Blue  |                 | Ashtami                                  |  |
|                                  |                          |             |                                                                                                                                                                                               | Ashtami* Until 2:01AM Tue    | Moon – Red      | Sivaloka Day    |                                          |  |
|                                  |                          |             |                                                                                                                                                                                               |                              | Ashada*Ani      |                 |                                          |  |
| D                                | Tuesday, June 27, 2023   |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau       |                              |                 |                 | Trichirappalli, India<br>Sun 22 Sutra 71 |  |
|                                  | Kanya Rasi: 18.51        | Tithi 9     | Gulika 12:19PM – 1:55PM                                                                                                                                                                       | Hasta Until 2:40PM           | Ganesha: Clear  | Sunrise: 5:57AM | Sobhana 5125                             |  |
| Creative Work Siddha Yoga        |                          | 367316571   | Yama 9:08AM – 10:44AM                                                                                                                                                                         | Variyan Until 6:19AM         | Muruga: Yellow  | Sunset: 6:41PM  | Moon 6 - Phase 10 - 22                   |  |
|                                  |                          |             | Rahu 3:30PM – 5:06PM                                                                                                                                                                          | Balava Until 2:39PM          | Nataraja: Blue  |                 | Navami                                   |  |
|                                  |                          |             |                                                                                                                                                                                               | Navami* Until 3:03AM Wed     | Moon – Green    | Sivaloka Day    |                                          |  |
|                                  |                          |             |                                                                                                                                                                                               |                              | Ashada*Ani      |                 |                                          |  |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

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|-------------------------------------------------------------------------------------|--------------------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|------------------------------------------|-----------------------------------------------------|
| 1                                                                                   | Wednesday, June 28, 2023                         |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dashamyam Titau                                 |                                                          |                                                                                                                     |                                                                                        | Trichirappalli, India<br>Sun 23 Sutra 72 |                                                     |
|                                                                                     | Tula Rasi: 1.21                                  | Tithi 10      | Gulika<br>Yama<br>Rahu                                                                                                                                                                                             | 10:44AM – 12:19PM<br>7:33AM – 9:08AM<br>12:19PM – 1:55PM | Chitra Until 3:59PM<br>Parigha* Until 6:05AM<br>Taitila Until 3:18PM<br>Dashami Until 3:18AM Thu                    | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Green<br>Ashada*Ani       | Sunrise: 5:57AM<br>Sunset: 6:42PM        | Sobhana 5125<br>Moon 6 - Phase 11 - 23<br>4th Phase |
|                                                                                     | Creative Work                                    | Siddha Yoga   | 367316571                                                                                                                                                                                                          |                                                          |                                                                                                                     |                                                                                        |                                          | Sivaloka Day                                        |
|                                                                                     |                                                  |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
| 2                                                                                   | Thursday, June 29, 2023                          |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau                                      |                                                          |                                                                                                                     |                                                                                        | Trichirappalli, India<br>Sun 24 Sutra 73 |                                                     |
|                                                                                     | Tula Rasi: 14.14                                 | Tithi 11      | Gulika<br>Yama<br>Rahu                                                                                                                                                                                             | 9:09AM – 10:44AM<br>5:58AM – 7:33AM<br>1:55PM – 3:31PM   | Svati Until 4:19PM<br>Siddha Until 3:41AM Fri<br>Vanija Until 3:07PM<br>Ekadashi Until 2:41AM Fri                   | Ganesha: White<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Green<br>Ashada*Ani       | Sunrise: 5:58AM<br>Sunset: 6:42PM        | Sobhana 5125<br>Moon 6 - Phase 11 - 24<br>4th Phase |
|                                                                                     | Creative Work                                    | Amrita Yoga   | 368316571                                                                                                                                                                                                          |                                                          |                                                                                                                     |                                                                                        |                                          | Devaloka Day                                        |
|                                                                                     | Until 4:19PM<br>Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
| 3                                                                                   | Friday, June 30, 2023                            |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau                                    |                                                          |                                                                                                                     |                                                                                        | Trichirappalli, India<br>Sun 25 Sutra 74 |                                                     |
|                                                                                     | Tula Rasi: 27.33                                 | Tithi 12      | Gulika<br>Yama<br>Rahu                                                                                                                                                                                             | 7:33AM – 9:09AM<br>3:31PM – 5:06PM<br>10:44AM – 12:20PM  | Vishakha Until 4:08PM<br>Sadhya Until 1:29AM Sat<br>Bava Until 2:05PM<br>Dvadashi Until 1:15AM Sat                  | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Orange<br>Ashada*Ani      | Sunrise: 5:58AM<br>Sunset: 6:42PM        | Sobhana 5125<br>Moon 6 - Phase 11 - 25<br>4th Phase |
|                                                                                     | Creative Work                                    | Siddha Yoga   | 378316571                                                                                                                                                                                                          |                                                          |                                                                                                                     |                                                                                        |                                          | Sivaloka Day                                        |
|                                                                                     |                                                  |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
| 4                                                                                   | Saturday, July 1, 2023                           |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau                              |                                                          |                                                                                                                     |                                                                                        | Trichirappalli, India<br>Sun 26 Sutra 75 |                                                     |
|                                                                                     | Vrischika Rasi: 11.21                            | Tithi 13      | Gulika<br>Yama<br>Rahu                                                                                                                                                                                             | 5:58AM – 7:34AM<br>1:56PM – 3:31PM<br>9:09AM – 10:45AM   | Anuradha Until 3:02PM<br>Subha Until 10:42PM<br>Kaulava Until 12:17PM<br>Trayodashi Until 11:06PM<br>Pradosha Vrata | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Orange<br>Ashada*Ani      | Sunrise: 5:58AM<br>Sunset: 6:42PM        | Sobhana 5125<br>Moon 6 - Phase 11 - 26<br>4th Phase |
|                                                                                     | Creative Work                                    | Siddha Yoga   | 378316571                                                                                                                                                                                                          |                                                          |                                                                                                                     |                                                                                        |                                          | Sivaloka Day                                        |
|                                                                                     |                                                  |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
| 5                                                                                   | Sunday, July 2, 2023                             |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau                                    |                                                          |                                                                                                                     |                                                                                        | Trichirappalli, India<br>Sun 27 Sutra 76 |                                                     |
|                                                                                     | Vrischika Rasi: 25.35                            | Tithi 14      | Gulika<br>Yama<br>Rahu                                                                                                                                                                                             | 3:31PM – 5:07PM<br>12:20PM – 1:56PM<br>5:07PM – 6:42PM   | Jyeshtha* Until 1:08PM<br>Sukla Until 7:24PM<br>Gara Until 9:48AM<br>Chaturdashi* Until 8:20PM                      | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Orange<br>Ashada*Ani      | Sunrise: 5:58AM<br>Sunset: 6:42PM        | Sobhana 5125<br>Moon 6 - Phase 11 - 27<br>4th Phase |
|                                                                                     | Routine Work                                     | Marana Yoga   | 378316571                                                                                                                                                                                                          |                                                          |                                                                                                                     |                                                                                        |                                          | Sivaloka Day                                        |
|                                                                                     | Until 1:08PM<br>Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
|  | Monday, July 3, 2023                             |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti*/Balava Karana Purnima/Prathamayam Titau                 |                                                          |                                                                                                                     |                                                                                        | Trichirappalli, India<br>Sutra 77        |                                                     |
|                                                                                     | Copper Retreat Star                              |               | Gulika<br>Yama<br>Rahu                                                                                                                                                                                             | 1:56PM – 3:31PM<br>10:45AM – 12:20PM<br>7:34AM – 9:10AM  | Mula* Until 11:01AM<br>Brahma Until 3:44PM<br>Visti Until 6:48AM<br>Purnima* Until 5:09PM                           | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Light Blue<br>Ashada*Ani | Sunrise: 5:59AM<br>Sunset: 6:42PM        | Sobhana 5125<br>Moon 6 - Phase 11 -<br>Purnima      |
|                                                                                     | Dhanus Rasi: 10.13                               | Tithi 15 – 16 | 388316571                                                                                                                                                                                                          |                                                          |                                                                                                                     |                                                                                        |                                          | Devaloka Day                                        |
|                                                                                     | Family Home Evening                              | Siddha Yoga   |                                                                                                                                                                                                                    | Satguru Purnima                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
| Creative Work                                                                       |                                                  |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
| Until 11:01AM                                                                       |                                                  |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
| Then Routine Work - Marana Yoga                                                     |                                                  |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
|                                                                                     | Tuesday, July 4, 2023                            |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                                                          |                                                                                                                     |                                                                                        | Trichirappalli, India<br>Sutra 78        |                                                     |
|                                                                                     | Silver Retreat Star                              |               | Gulika<br>Yama<br>Rahu                                                                                                                                                                                             | 12:21PM – 1:56PM<br>9:10AM – 10:45AM<br>3:31PM – 5:07PM  | Purvashadha* Until 8:26AM<br>Indra Until 11:51AM<br>Taitila Until 11:55PM<br>Prathama* Until 1:41PM                 | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Light Blue<br>Ashada*Ani | Sunrise: 5:59AM<br>Sunset: 6:42PM        | Sobhana 5125<br>Moon 6 - Phase 11 -<br>Prathama     |
|                                                                                     | Dhanus Rasi: 25.08                               | Tithi 16 – 17 | 388316571                                                                                                                                                                                                          |                                                          |                                                                                                                     |                                                                                        |                                          | Devaloka Day                                        |
|                                                                                     | Creative Work                                    | Siddha Yoga   |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
| Until 8:26AM                                                                        |                                                  |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |
| Then Routine Work - Prabalarishta Yoga                                              |                                                  |               |                                                                                                                                                                                                                    |                                                          |                                                                                                                     |                                                                                        |                                          |                                                     |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)





Wednesday, July 5, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trichirappalli, India

Sun 1 Sutra 79

Sobhana 5125

Moon 7 - Phase 12 - 1

1st Phase

Makara Rasi: 10.1 Tithi 17 - 18

Gulika

10:45AM - 12:21PM

Yama

7:35AM - 9:10AM

Rahu

12:21PM - 1:56PM

Shravana Until 3:01AM Thu

Vaidhriti\* Until 7:50AM

Vanija Until 8:22PM

Dvitiya Until 10:07AM

Ganesha: Clear

Sunrise: 5:59AM

Muruga: Yellow

Sunset: 6:42PM

Nataraja: Blue

Moon - Purple

Ashada\*Ani

Sivaloka Day

Creative Work Siddha Yoga

1

Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Visti\*/Balava Karana Tritiya/Chaturthayam Titau

Trichirappalli, India

Sun 2 Sutra 80

Sobhana 5125

Moon 7 - Phase 12 - 2

1st Phase

Makara Rasi: 25.11 Tithi 18 - 19

Gulika

9:10AM - 10:46AM

Yama

5:59AM - 7:35AM

Rahu

1:56PM - 3:32PM

Dhanishtha Until 12:31AM Fri

Priti Until 12:06AM Fri

Balava Until 3:20AM Fri

Tritiya Until 6:37AM

Ganesha: Purple

Sunrise: 5:59AM

Muruga: Yellow

Sunset: 6:42PM

Nataraja: Blue

Moon - Purple

Ashada\*Ani

Subha Sivaloka Day

Creative Work Siddha Yoga

2

Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Trichirappalli, India

Sun 3 Sutra 81

Sobhana 5125

Moon 7 - Phase 12 - 3

1st Phase

Kumbha Rasi: 10.02 Tithi 20

Gulika

7:35AM - 9:10AM

Yama

3:32PM - 5:07PM

Rahu

10:46AM - 12:21PM

Shatabhishak Until 10:13PM

Ayushman Until 8:34PM

Kaulava Until 1:50PM

Panchami Until 12:24AM Sat

Ganesha: Clear

Sunrise: 6:00AM

Muruga: Yellow

Sunset: 6:43PM

Nataraja: Blue

Moon - Purple

Ashada\*Ani

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Trichirappalli, India

Sun 4 Sutra 82

Sobhana 5125

Moon 7 - Phase 12 - 4

1st Phase

Kumbha Rasi: 24.35 Tithi 21

Gulika

6:00AM - 7:35AM

Yama

1:57PM - 3:32PM

Rahu

9:11AM - 10:46AM

Purvaproshtapada\* Until 8:39PM

Saubhagya Until 5:26PM

Gara Until 11:07AM

Shashthi\* Until 9:56PM

Ganesha: Yellow

Sunrise: 6:00AM

Muruga: Yellow

Sunset: 6:43PM

Nataraja: Blue

Moon - Clear

Ashada\*Ani

Sivaloka Day

Routine Work Marana Yoga

Until 8:39PM

Then Creative Work - Siddha Yoga

4

Sunday, July 9, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

Trichirappalli, India

Sun 5 Sutra 83

Sobhana 5125

Moon 7 - Phase 12 - 5

1st Phase

Meena Rasi: 8.49 Tithi 22

Gulika

3:32PM - 5:07PM

Yama

12:21PM - 1:57PM

Rahu

5:07PM - 6:43PM

Uttaraproshtapada Until 7:31PM

Sobhana Until 2:45PM

Visti Until 8:56AM

Saptami Until 8:02PM

Ganesha: Yellow

Sunrise: 6:00AM

Muruga: Yellow

Sunset: 6:43PM

Nataraja: Blue

Moon - Clear

Ashada\*Ani

Sivaloka Day

Creative Work Amrita Yoga

D

Monday, July 10, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Trichirappalli, India

Sun 6 Sutra 84

Sobhana 5125

Moon 7 - Phase 12 - 6

Ashtami

Meena Rasi: 22.4 Tithi 23

Gulika

1:57PM - 3:32PM

Yama

10:46AM - 12:22PM

Rahu

7:36AM - 9:11AM

Revati Until 6:50PM

Athiganda\* Until 12:32PM

Balava Until 7:20AM

Ashtami\* Until 6:45PM

Ganesha: Yellow

Sunrise: 6:00AM

Muruga: Yellow

Sunset: 6:43PM

Nataraja: Blue

Moon - Clear

Ashada\*Ani

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, July 11, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Trichirappalli, India

Sun 7 Sutra 85

Sobhana 5125

Moon 7 - Phase 12 - 7

Navami

Mesha Rasi: 6.08 Tithi 24

Gulika

12:22PM - 1:57PM

Yama

9:11AM - 10:46AM

Rahu

3:32PM - 5:07PM

Ashvini Until 7:03PM

Sukarma Until 10:51AM

Taitila Until 6:21AM

Navami\* Until 6:04PM

Ganesha: Blue

Sunrise: 6:01AM

Muruga: Yellow

Sunset: 6:43PM

Nataraja: Blue

Moon - White

Ashada\*Ani

Subha Sivaloka Day

Creative Work Siddha Yoga

|                                  |                                      |  |  |                                                                                                                                                                                        |                   |                       |              |  |                    |                       |              |          |
|----------------------------------|--------------------------------------|--|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------|--------------|--|--------------------|-----------------------|--------------|----------|
| 1                                | Wednesday, July 12, 2023             |  |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                   |                       |              |  |                    | Trichirappalli, India |              |          |
|                                  |                                      |  |  | Gulika                                                                                                                                                                                 | 10:47AM – 12:22PM | Bharani Until 7:42PM  |              |  | Ganesha: Blue      | Sunrise: 6:01AM       | Sun 8        | Sutra 86 |
|                                  | Mesha Rasi: 19.17      Tithi 25 – 26 |  |  | Yama                                                                                                                                                                                   | 7:36AM – 9:11AM   | Dhriti Until 9:38AM   |              |  | Muruga: Yellow     | Sunset: 6:43PM        | Sobhana 5125 |          |
|                                  | 429316571                            |  |  | Rahu                                                                                                                                                                                   | 12:22PM – 1:57PM  | Bava Until 6:10AM Thu |              |  | Nataraja: Blue     | Moon 7 - Phase 13 - 8 |              |          |
|                                  | Creative Work      Siddha Yoga       |  |  |                                                                                                                                                                                        |                   |                       | Moon – White |  |                    | 2nd Phase             |              |          |
| Until 7:42PM                     |                                      |  |  |                                                                                                                                                                                        |                   | Dashami Until 5:59PM  |              |  | Subha Sivaloka Day |                       |              |          |
| Then Creative Work - Amrita Yoga |                                      |  |  |                                                                                                                                                                                        |                   | Ashada*Ani            |              |  |                    |                       |              |          |

|   |                                    |  |                        |                                                                                                                                                                                |                  |                                    |                |                       |                       |          |
|---|------------------------------------|--|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|------------------------------------|----------------|-----------------------|-----------------------|----------|
| 2 | Thursday, July 13, 2023            |  |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadashyam Titau |                  |                                    |                |                       | Trichirappalli, India |          |
|   |                                    |  |                        | Gulika                                                                                                                                                                         | 9:12AM – 10:47AM | Krittika Until 8:42PM              | Ganesha: Blue  | Sunrise: 6:01AM       | Sun 9                 | Sutra 87 |
|   | Vrishabha Rasi: 2.08      Tithi 26 |  |                        | Yama                                                                                                                                                                           | 6:01AM – 7:36AM  | Shula* Until 8:51AM                | Muruga: Yellow | Sunset: 6:43PM        | Sobhana 5125          |          |
|   | 429316571                          |  |                        | Rahu                                                                                                                                                                           | 1:57PM – 3:32PM  | Bava Until 6:10AM                  | Nataraja: Blue | Moon 7 - Phase 13 - 9 |                       |          |
|   | Routine Work      Marana Yoga      |  |                        |                                                                                                                                                                                |                  |                                    | Moon – White   | 2nd Phase             |                       |          |
|   |                                    |  | Ekadashi* Until 6:25PM |                                                                                                                                                                                |                  | Ashada*Ani      Subha Sivaloka Day |                |                       |                       |          |

|                                  |                                     |  |  |                                                                                                                                                                                   |                   |                        |                |                        |                       |          |  |
|----------------------------------|-------------------------------------|--|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------|----------------|------------------------|-----------------------|----------|--|
| 3                                | Friday, July 14, 2023               |  |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvadashyam Titau |                   |                        |                |                        | Trichirappalli, India |          |  |
|                                  |                                     |  |  | Gulika                                                                                                                                                                            | 7:37AM – 9:12AM   | Rohini Until 10:26PM   | Ganesha: Clear | Sunrise: 6:01AM        | Sun 10                | Sutra 88 |  |
|                                  | Vrishabha Rasi: 14.47      Tithi 27 |  |  | Yama                                                                                                                                                                              | 3:32PM – 5:08PM   | Ganda* Until 8:26AM    | Muruga: Yellow | Sunset: 6:43PM         | Sobhana 5125          |          |  |
|                                  | 431316571                           |  |  | Rahu                                                                                                                                                                              | 10:47AM – 12:22PM | Kaulava Until 6:50AM   | Nataraja: Blue | Moon 7 - Phase 13 - 10 |                       |          |  |
|                                  | Routine Work      Marana Yoga       |  |  |                                                                                                                                                                                   |                   |                        | Moon – Yellow  | 2nd Phase              |                       |          |  |
| Until 10:26PM                    |                                     |  |  |                                                                                                                                                                                   |                   | Dvadashi* Until 7:18PM | Ashada*Ani     |                        | Sivaloka Day          |          |  |
| Then Creative Work - Siddha Yoga |                                     |  |  |                                                                                                                                                                                   |                   |                        |                |                        |                       |          |  |

|                          |                                     |  |  |                                                                                                                                                                                     |                  |                              |                |                 |                        |           |
|--------------------------|-------------------------------------|--|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|------------------------------|----------------|-----------------|------------------------|-----------|
| 4                        | Saturday, July 15, 2023             |  |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau |                  |                              |                |                 | Trichirappalli, India  |           |
|                          |                                     |  |  | Gulika                                                                                                                                                                              | 6:02AM – 7:37AM  | Mrigashira Until 12:23AM Sun | Ganesha: Clear | Sunrise: 6:02AM | Sun 11                 | Sutra 89  |
|                          | Vrishabha Rasi: 27.13      Tithi 28 |  |  | Yama                                                                                                                                                                                | 1:57PM – 3:32PM  | Vridhi Until 8:21AM          | Muruga: Yellow | Sunset: 6:43PM  | Sobhana 5125           |           |
|                          | 431316571                           |  |  | Rahu                                                                                                                                                                                | 9:12AM – 10:47AM | Gara Until 7:54AM            | Nataraja: Blue |                 | Moon 7 - Phase 13 - 11 | 2nd Phase |
|                          | Creative Work      Siddha Yoga      |  |  |                                                                                                                                                                                     |                  |                              | Moon – Yellow  |                 |                        |           |
|                          |                                     |  |  |                                                                                                                                                                                     |                  | Trayodashi* Until 8:34PM     |                |                 | Sivaloka Day           |           |
| Pradosha Vrata (Fasting) |                                     |  |  |                                                                                                                                                                                     |                  |                              |                |                 |                        |           |

|   |                                  |             |                                                                                                                                                                                       |                  |                        |                            |                |                 |                        |          |
|---|----------------------------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|------------------------|----------------------------|----------------|-----------------|------------------------|----------|
| 5 | Sunday, July 16, 2023            |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                  |                        |                            |                |                 | Trichirappalli, India  |          |
|   |                                  |             | Gulika                                                                                                                                                                                | 3:32PM – 5:08PM  | Ardra Until 2:29AM Mon |                            | Ganesha: Clear | Sunrise: 6:02AM | Sun 12                 | Sutra 90 |
|   | Mithuna Rasi: 9.31               | Tithi 29    | Yama                                                                                                                                                                                  | 12:22PM – 1:57PM | Dhruva Until 8:32AM    |                            | Muruga: Yellow | Sunset: 6:43PM  | Sobhana 5125           |          |
|   |                                  |             | 431316571                                                                                                                                                                             | Rahu             | 5:08PM – 6:43PM        | Visti Until 9:20AM         |                | Nataraja: Blue  | Moon 7 - Phase 13 - 12 |          |
|   | Creative Work                    | Siddha Yoga |                                                                                                                                                                                       |                  |                        | Chaturdashi* Until 10:09PM |                | Moon – Yellow   | 2nd Phase              |          |
|   | Until 2:29AM Mon                 |             |                                                                                                                                                                                       |                  |                        |                            | Ashada*Ani     | Sivaloka Day    |                        |          |
|   | Then Creative Work - Amrita Yoga |             |                                                                                                                                                                                       |                  |                        |                            |                |                 |                        |          |

|                                                                                     |                                  |             |                                                                                                                                                                                           |                        |                                    |                         |                        |                        |                       |  |
|-------------------------------------------------------------------------------------|----------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|------------------------------------|-------------------------|------------------------|------------------------|-----------------------|--|
|  | <b>Monday, July 17, 2023</b>     |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        |                                    |                         |                        |                        | Trichirappalli, India |  |
|                                                                                     | <b>Retreat Star</b>              |             | <b>Gulika</b>                                                                                                                                                                             | <b>1:57PM – 3:32PM</b> | <b>Punarvasu Until 5:10AM Tue</b>  | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:02AM | Sun 13 Sutra 91        |                       |  |
|                                                                                     | Mithuna Rasi: 21.41              | Tithi 30    | Yama                                                                                                                                                                                      | 10:47AM – 12:22PM      | Vyaghata* Until 8:57AM             | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:43PM  | Sobhana 5125           |                       |  |
|                                                                                     | <b>Family Home Evening</b>       | 441316572   | <b>Rahu</b>                                                                                                                                                                               | <b>7:37AM – 9:12AM</b> | Catuspada Until 11:05AM            | <b>Nataraja:</b> Yellow |                        | Moon 7 - Phase 13 - 13 |                       |  |
|                                                                                     | Creative Work                    | Amrita Yoga |                                                                                                                                                                                           |                        |                                    | Moon – Blue             |                        | Amavasya               |                       |  |
|                                                                                     | Until 5:10AM Tue                 |             |                                                                                                                                                                                           |                        | <b>Amavasya* Until 12:02AM Tue</b> | <b>Ashada*Adi</b>       |                        | <b>Devaloka Day</b>    |                       |  |
|                                                                                     | Then Creative Work - Siddha Yoga |             |                                                                                                                                                                                           |                        |                                    |                         |                        |                        |                       |  |

|                        |  |             |        |                                                                                                   |                            |  |                    |                 |                        |  |
|------------------------|--|-------------|--------|---------------------------------------------------------------------------------------------------|----------------------------|--|--------------------|-----------------|------------------------|--|
| Tuesday, July 18, 2023 |  |             |        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam |                            |  |                    |                 | Trichirappalli, India  |  |
| Retreat Star           |  |             |        | Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau                    |                            |  |                    |                 | Sun 14 Sutra 92        |  |
| Kataka Rasi: 3.44      |  | Tithi 1     | Gulika | 12:22PM – 1:57PM                                                                                  | Pushya Until 7:56AM Wed    |  | Ganesha: Orange    | Sunrise: 6:02AM | Sobhana 5125           |  |
|                        |  |             | Yama   | 9:12AM – 10:47AM                                                                                  | Harshana Until 9:35AM      |  | Muruga: Yellow     | Sunset: 6:43PM  | Moon 7 - Phase 13 - 14 |  |
|                        |  | 441316572   | Rahu   | 3:32PM – 5:08PM                                                                                   | Kintughna Until 1:05PM     |  | Nataraja: Yellow   |                 | Prathama               |  |
| Creative Work          |  | Siddha Yoga |        |                                                                                                   | Prathama* Until 2:09AM Wed |  | Moon – Blue        |                 | Devaloka Day           |  |
|                        |  |             |        |                                                                                                   |                            |  | Sravana Adhika*Adi |                 |                        |  |

|                                        |                                 |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
|----------------------------------------|---------------------------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------------------------|---------------------------------------------------|
| <b>1</b>                               | <b>Wednesday, July 19, 2023</b> |             | Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau                               |                                             |                                                             |                                                                                            | Trichirappalli, India<br>Sun 15 Sutra 93<br>Sobhana 5125  |                                                   |
|                                        | Kataka Rasi: 15.41              | Tithi 2     | <b>Gulika</b><br>Yama                                                                                                                                                                                         | <b>10:48AM – 12:23PM</b><br>7:38AM – 9:13AM | <b>Pushya Until 7:56AM</b><br>Vajra* Until 10:23AM          | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Blue  | <b>Sunrise:</b> 6:03AM<br><b>Sunset:</b> 6:42PM           |                                                   |
|                                        | Creative Work                   | Siddha Yoga | 441316572                                                                                                                                                                                                     | <b>Rahu</b><br>12:23PM – 1:58PM             | Balava Until 3:19PM<br><b>Dvitiya Until 4:29AM Thu</b>      | Sravana Adhika•Adi                                                                         |                                                           | <b>Devaloka Day</b>                               |
|                                        |                                 |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| <b>2</b>                               | <b>Thursday, July 20, 2023</b>  |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau                      |                                             |                                                             |                                                                                            | Trichirappalli, India<br>Sun 16 Sutra 94<br>Sobhana 5125  |                                                   |
|                                        | Kataka Rasi: 27.35              | Tithi 3     | <b>Gulika</b><br>Yama                                                                                                                                                                                         | <b>9:13AM – 10:48AM</b><br>6:03AM – 7:38AM  | <b>Ashlesha* Until 10:42AM</b><br>Siddhi Until 11:19AM      | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Blue  | <b>Sunrise:</b> 6:03AM<br><b>Sunset:</b> 6:42PM           | Moon 7 - Phase 14 - 15<br>3rd Phase               |
|                                        | Creative Work                   | Siddha Yoga | 441316572                                                                                                                                                                                                     | <b>Rahu</b><br>1:58PM – 3:32PM              | Taitila Until 5:43PM<br><b>Tritiya Until 6:55AM Fri</b>     | Sravana Adhika•Adi                                                                         |                                                           | <b>Devaloka Day</b>                               |
|                                        | Until 10:42AM                   |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| Then Creative Work - Amrita Yoga       |                                 |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| <b>3</b>                               | <b>Friday, July 21, 2023</b>    |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau        |                                             |                                                             |                                                                                            | Trichirappalli, India<br>Sun 17 Sutra 95<br>Sobhana 5125  |                                                   |
|                                        | Simha Rasi: 9.26                | Tithi 3 – 4 | <b>Gulika</b><br>Yama                                                                                                                                                                                         | <b>7:38AM – 9:13AM</b><br>3:32PM – 5:07PM   | <b>Magha* Until 1:54PM</b><br>Vyatipata* Until 12:21PM      | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Red    | <b>Sunrise:</b> 6:03AM<br><b>Sunset:</b> 6:42PM           | Moon 7 - Phase 14 - 17<br>3rd Phase               |
|                                        | Routine Work                    | Marana Yoga | 451316572                                                                                                                                                                                                     | <b>Rahu</b><br>10:48AM – 12:23PM            | Vanija Until 8:11PM<br><b>Tritiya Until 6:55AM</b>          | Sravana Adhika•Adi                                                                         |                                                           | <b>Devaloka Day</b>                               |
|                                        | Until 1:54PM                    |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| Then Creative Work - Siddha Yoga       |                                 |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| <b>4</b>                               | <b>Saturday, July 22, 2023</b>  |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                             |                                                             |                                                                                            | Trichirappalli, India<br>Sun 18 Sutra 96<br>Sobhana 5125  |                                                   |
|                                        | Simha Rasi: 21.16               | Tithi 4 – 5 | <b>Gulika</b><br>Yama                                                                                                                                                                                         | <b>6:03AM – 7:38AM</b><br>1:58PM – 3:32PM   | <b>Purvaphalguni Until 4:54PM</b><br>Variyan Until 1:20PM   | <b>Ganesha:</b> White<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Red    | <b>Sunrise:</b> 6:03AM<br><b>Sunset:</b> 6:42PM           | Moon 7 - Phase 14 - 18<br>3rd Phase               |
|                                        | Creative Work                   | Siddha Yoga | 451416572                                                                                                                                                                                                     | <b>Rahu</b><br>9:13AM – 10:48AM             | Bava Until 10:35PM<br><b>Chaturthi* Until 9:23AM</b>        | Sravana Adhika•Adi                                                                         |                                                           | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
|                                        | Until 4:54PM                    |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| Then Routine Work - Marana Yoga        |                                 |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| <b>5</b>                               | <b>Sunday, July 23, 2023</b>    |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau               |                                             |                                                             |                                                                                            | Trichirappalli, India<br>Sun 19 Sutra 97<br>Sobhana 5125  |                                                   |
|                                        | Kanya Rasi: 3.09                | Tithi 5 – 6 | <b>Gulika</b><br>Yama                                                                                                                                                                                         | <b>3:32PM – 5:07PM</b><br>12:23PM – 1:58PM  | <b>Uttaraphalguni Until 7:33PM</b><br>Parigha* Until 2:12PM | <b>Ganesha:</b> White<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Red    | <b>Sunrise:</b> 6:04AM<br><b>Sunset:</b> 6:42PM           | Moon 7 - Phase 14 - 19<br>3rd Phase               |
|                                        | Creative Work                   | Amrita Yoga | 451416572                                                                                                                                                                                                     | <b>Rahu</b><br>5:07PM – 6:42PM              | Kaulava Until 12:46AM Mon<br><b>Panchami Until 11:42AM</b>  | Sravana Adhika•Adi                                                                         |                                                           | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
|                                        |                                 |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| <b>6</b>                               | <b>Monday, July 24, 2023</b>    |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                              |                                             |                                                             |                                                                                            | Trichirappalli, India<br>Sun 20 Sutra 98<br>Sobhana 5125  |                                                   |
|                                        | Kanya Rasi: 15.08               | Tithi 6 – 7 | <b>Gulika</b><br>Yama                                                                                                                                                                                         | <b>1:58PM – 3:32PM</b><br>10:48AM – 12:23PM | <b>Hasta Until 10:10PM</b><br>Shiva Until 2:49PM            | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Green | <b>Sunrise:</b> 6:04AM<br><b>Sunset:</b> 6:42PM           | Moon 7 - Phase 14 - 20<br>3rd Phase               |
|                                        | <b>Family Home Evening</b>      |             | 462416572                                                                                                                                                                                                     | <b>Rahu</b><br>7:39AM – 9:13AM              | Gara Until 2:30AM Tue<br><b>Shashthi* Until 1:41PM</b>      | Sravana Adhika•Adi                                                                         |                                                           | <b>Sivaloka Day</b>                               |
|                                        | Creative Work                   | Siddha Yoga |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| Until 10:10PM                          |                                 |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| Then Routine Work - Prabalarishta Yoga |                                 |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
| <b>D</b>                               | <b>Tuesday, July 25, 2023</b>   |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                         |                                             |                                                             |                                                                                            | Trichirappalli, India<br>Sun 21 Sutra 99<br>Sobhana 5125  |                                                   |
|                                        | <b>Retreat Star</b>             |             | <b>Gulika</b><br>Yama                                                                                                                                                                                         | <b>12:23PM – 1:58PM</b><br>9:13AM – 10:48AM | <b>Chitra Until 12:02AM Wed</b><br>Siddha Until 3:00PM      | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Green | <b>Sunrise:</b> 6:04AM<br><b>Sunset:</b> 6:42PM           | Moon 7 - Phase 14 - 21<br>Ashtami                 |
|                                        | Kanya Rasi: 27.19               | Tithi 7 – 8 | 462416572                                                                                                                                                                                                     | <b>Rahu</b><br>3:32PM – 5:07PM              | Visti Until 3:37AM Wed<br><b>Saptami Until 3:08PM</b>       | Sravana Adhika•Adi                                                                         |                                                           | <b>Sivaloka Day</b>                               |
|                                        | Creative Work                   | Siddha Yoga |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
|                                        |                                 |             |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |
|                                        | <b>Wednesday, July 26, 2023</b> |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau                                |                                             |                                                             |                                                                                            | Trichirappalli, India<br>Sun 22 Sutra 100<br>Sobhana 5125 |                                                   |
|                                        | <b>Retreat Star</b>             |             | <b>Gulika</b><br>Yama                                                                                                                                                                                         | <b>10:48AM – 12:23PM</b><br>7:39AM – 9:13AM | <b>Svati Until 12:59AM Thu</b><br>Sadhya Until 2:37PM       | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Green | <b>Sunrise:</b> 6:04AM<br><b>Sunset:</b> 6:41PM           | Moon 7 - Phase 14 - 22<br>Navami                  |
|                                        | Tula Rasi: 9.47                 | Tithi 8 – 9 | 462416572                                                                                                                                                                                                     | <b>Rahu</b><br>12:23PM – 1:57PM             | Balava Until 3:57AM Thu<br><b>Ashtami* Until 3:52PM</b>     | Sravana Adhika•Adi                                                                         |                                                           | <b>Sivaloka Day</b>                               |
|                                        | Creative Work                   | Siddha Yoga |                                                                                                                                                                                                               |                                             |                                                             |                                                                                            |                                                           |                                                   |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|                                        |                           |                        |                                                                                                                                                                                                    |                            |                    |                 |                                                           |  |
|----------------------------------------|---------------------------|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|--------------------|-----------------|-----------------------------------------------------------|--|
| 1                                      | Thursday, July 27, 2023   |                        | Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau                        |                            |                    |                 | Trichirappalli, India<br>Sun 23 Sutra 101<br>Sobhana 5125 |  |
|                                        | Tula Rasi: 22.37          | Tithi 9 – 10           | Gulika 9:14AM – 10:48AM                                                                                                                                                                            | Vishakha Until 1:25AM Fri  | Ganesha: Clear     | Sunrise: 6:04AM | Moon 7 - Phase 15 - 23<br>4th Phase                       |  |
|                                        |                           |                        | Yama 6:04AM – 7:39AM                                                                                                                                                                               | Subha Until 1:37PM         | Muruga: Yellow     | Sunset: 6:41PM  |                                                           |  |
|                                        | 472416572                 | Rahu 1:57PM – 3:32PM   |                                                                                                                                                                                                    | Taitila Until 3:25AM Fri   | Nataraja: Yellow   |                 |                                                           |  |
| Creative Work                          |                           | Siddha Yoga            |                                                                                                                                                                                                    | Navami* Until 3:46PM       | Moon – Orange      |                 | Devaloka Day                                              |  |
|                                        |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika*Adi |                 |                                                           |  |
| 2                                      | Friday, July 28, 2023     |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Subha/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau                |                            |                    |                 | Trichirappalli, India<br>Sun 24 Sutra 102<br>Sobhana 5125 |  |
|                                        | Vrischika Rasi: 5.53      | Tithi 10 – 11          | Gulika 7:39AM – 9:14AM                                                                                                                                                                             | Anuradha Until 12:51AM Sat | Ganesha: Clear     | Sunrise: 6:05AM | Moon 7 - Phase 15 - 24<br>4th Phase                       |  |
|                                        |                           |                        | Yama 3:32PM – 5:06PM                                                                                                                                                                               | Sukla Until 11:53AM        | Muruga: Yellow     | Sunset: 6:41PM  |                                                           |  |
|                                        | 472416572                 | Rahu 10:48AM – 12:23PM |                                                                                                                                                                                                    | Vanija Until 2:01AM Sat    | Nataraja: Yellow   |                 |                                                           |  |
| Creative Work                          |                           | Siddha Yoga            |                                                                                                                                                                                                    | Dashami Until 2:48PM       | Moon – Orange      |                 | Devaloka Day                                              |  |
|                                        |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika*Adi |                 |                                                           |  |
| 3                                      | Saturday, July 29, 2023   |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau              |                            |                    |                 | Trichirappalli, India<br>Sun 25 Sutra 103<br>Sobhana 5125 |  |
|                                        | Vrischika Rasi: 19.39     | Tithi 11 – 12          | Gulika 6:05AM – 7:39AM                                                                                                                                                                             | Jyeshtha* Until 11:21PM    | Ganesha: Clear     | Sunrise: 6:05AM | Moon 7 - Phase 15 - 25<br>4th Phase                       |  |
|                                        |                           |                        | Yama 1:57PM – 3:32PM                                                                                                                                                                               | Brahma Until 9:29AM        | Muruga: Yellow     | Sunset: 6:41PM  |                                                           |  |
|                                        | 472416572                 | Rahu 9:14AM – 10:48AM  |                                                                                                                                                                                                    | Bava Until 11:51PM         | Nataraja: Yellow   |                 |                                                           |  |
| Creative Work                          |                           | Siddha Yoga            |                                                                                                                                                                                                    | Ekadashi Until 1:01PM      | Moon – Orange      |                 | Devaloka Day                                              |  |
|                                        |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika*Adi |                 |                                                           |  |
| 4                                      | Sunday, July 30, 2023     |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau         |                            |                    |                 | Trichirappalli, India<br>Sun 26 Sutra 104<br>Sobhana 5125 |  |
|                                        | Dhanus Rasi: 3.54         | Tithi 12 – 13          | Gulika 3:32PM – 5:06PM                                                                                                                                                                             | Mula* Until 9:28PM         | Ganesha: White     | Sunrise: 6:05AM | Moon 7 - Phase 15 - 26<br>4th Phase                       |  |
|                                        |                           |                        | Yama 12:23PM – 1:57PM                                                                                                                                                                              | Indra Until 6:29AM         | Muruga: Yellow     | Sunset: 6:41PM  |                                                           |  |
|                                        | 482416572                 | Rahu 5:06PM – 6:41PM   |                                                                                                                                                                                                    | Kaulava Until 9:01PM       | Nataraja: Yellow   |                 |                                                           |  |
| Creative Work                          |                           | Amrita Yoga            |                                                                                                                                                                                                    | Dvadashi Until 10:29AM     | Moon – Light Blue  |                 | Sivaloka Day                                              |  |
| Until 9:28PM                           |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika*Adi |                 |                                                           |  |
| Then Creative Work - Siddha Yoga       |                           |                        |                                                                                                                                                                                                    | Pradosha Vrata             |                    |                 |                                                           |  |
| 5                                      | Monday, July 31, 2023     |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Vishkambha* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau     |                            |                    |                 | Trichirappalli, India<br>Sun 27 Sutra 105<br>Sobhana 5125 |  |
|                                        | Dhanus Rasi: 18.35        | Tithi 13 – 14          | Gulika 1:57PM – 3:32PM                                                                                                                                                                             | Purvashadha* Until 6:55PM  | Ganesha: White     | Sunrise: 6:05AM | Moon 7 - Phase 15 - 27<br>4th Phase                       |  |
|                                        | Family Home Evening       |                        | Yama 10:48AM – 12:23PM                                                                                                                                                                             | Vishkambha* Until 11:02PM  | Muruga: Yellow     | Sunset: 6:40PM  |                                                           |  |
|                                        | 482416572                 | Rahu 7:39AM – 9:14AM   |                                                                                                                                                                                                    | Vanija Until 3:51AM Tue    | Nataraja: Yellow   |                 |                                                           |  |
| Routine Work                           |                           | Marana Yoga            |                                                                                                                                                                                                    | Trayodashi Until 7:23AM    | Moon – Light Blue  |                 | Sivaloka Day                                              |  |
|                                        |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika*Adi |                 |                                                           |  |
| O                                      | Tuesday, August 1, 2023   |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Priti Yoga Visti*/Bava Karana Purnimayam Titau                |                            |                    |                 | Trichirappalli, India<br>Sutra 106<br>Sobhana 5125        |  |
|                                        | Copper Retreat Star       |                        | Gulika 12:23PM – 1:57PM                                                                                                                                                                            | Uttarashadha Until 3:55PM  | Ganesha: White     | Sunrise: 6:05AM | Moon 7 - Phase 15 -<br>Purnima                            |  |
|                                        | Makara Rasi: 3.37         | Tithi 15               | Yama 9:14AM – 10:48AM                                                                                                                                                                              | Priti Until 6:53PM         | Muruga: Yellow     | Sunset: 6:40PM  |                                                           |  |
|                                        |                           |                        | 482416572 Rahu 3:31PM – 5:06PM                                                                                                                                                                     | Visti Until 2:00PM         | Nataraja: Yellow   |                 |                                                           |  |
| Routine Work                           |                           | Prabalarishta Yoga     |                                                                                                                                                                                                    | Purnima* Until 12:04AM Wed | Moon – Light Blue  |                 | Sivaloka Day                                              |  |
| Until 3:55PM                           |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika*Adi |                 |                                                           |  |
| Then Creative Work - Siddha Yoga       |                           |                        |                                                                                                                                                                                                    |                            |                    |                 |                                                           |  |
| O                                      | Wednesday, August 2, 2023 |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau |                            |                    |                 | Trichirappalli, India<br>Sutra 107<br>Sobhana 5125        |  |
|                                        | Silver Retreat Star       |                        | Gulika 10:48AM – 12:23PM                                                                                                                                                                           | Shravana Until 1:02PM      | Ganesha: Yellow    | Sunrise: 6:05AM | Moon 7 - Phase 15 -<br>Prathama                           |  |
|                                        | Makara Rasi: 18.51        | Tithi 16               | Yama 7:40AM – 9:14AM                                                                                                                                                                               | Ayushman Until 2:36PM      | Muruga: Yellow     | Sunset: 6:40PM  |                                                           |  |
|                                        |                           |                        | 492416572 Rahu 12:23PM – 1:57PM                                                                                                                                                                    | Balava Until 10:09AM       | Nataraja: Yellow   |                 |                                                           |  |
| Creative Work                          |                           | Siddha Yoga            |                                                                                                                                                                                                    | Prathama* Until 8:12PM     | Moon – Purple      |                 | Devaloka Day                                              |  |
| Until 1:02PM                           |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika*Adi |                 |                                                           |  |
| Then Routine Work - Prabalarishta Yoga |                           |                        |                                                                                                                                                                                                    |                            |                    |                 |                                                           |  |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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Thursday, August 3, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Trichirappalli, India

Sun 1 Sutra 108

Sobhana 5125

Moon 8 - Phase 16 - 1

1st Phase

Kumbha Rasi: 4.06

Tithi 17 - 18

Gulika

9:14AM - 10:48AM

Dhanishtha Until 10:02AM

Ganesha: Yellow

Sunrise: 6:06AM

Yama

6:06AM - 7:40AM

Saubhagya Until 10:23AM

Muruga: Yellow

Sunset: 6:39PM

492416572 Rahu

1:57PM - 3:31PM

Taitila Until 6:18AM

Nataraja: Yellow

Moon - Purple

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

1

Friday, August 4, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Trichirappalli, India

Sun 2 Sutra 109

Sobhana 5125

Moon 8 - Phase 16 - 2

1st Phase

Kumbha Rasi: 19.13

Tithi 18 - 19

Gulika

7:40AM - 9:14AM

Shatabhishak Until 7:07AM

Ganesha: Yellow

Sunrise: 6:06AM

Yama

3:31PM - 5:05PM

Sobhana Until 6:20AM

Muruga: Yellow

Sunset: 6:39PM

492416572 Rahu

10:48AM - 12:22PM

Bava Until 11:18PM

Nataraja: Yellow

Moon - Purple

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

2

Saturday, August 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trichirappalli, India

Sun 3 Sutra 110

Sobhana 5125

Moon 8 - Phase 16 - 3

1st Phase

Meena Rasi: 4.02

Tithi 19 - 20

Gulika

6:06AM - 7:40AM

Uttaraproshtapada Until 2:58AM Sun

Ganesha: Clear

Sunrise: 6:06AM

Yama

1:56PM - 3:31PM

Sukarma Until 11:15PM

Muruga: Yellow

Sunset: 6:39PM

412416572 Rahu

9:14AM - 10:48AM

Kaulava Until 8:27PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

Until 2:58AM Sun

Then Creative Work - Amrita Yoga

3

Sunday, August 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trichirappalli, India

Sun 4 Sutra 111

Sobhana 5125

Moon 8 - Phase 16 - 4

1st Phase

Meena Rasi: 18.28

Tithi 20 - 21

Gulika

3:30PM - 5:04PM

Revati Until 1:35AM Mon

Ganesha: White

Sunrise: 6:06AM

Yama

12:22PM - 1:56PM

Dhriti Until 8:28PM

Muruga: Yellow

Sunset: 6:39PM

413416572 Rahu

5:04PM - 6:39PM

Gara Until 6:14PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika•Adi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 1:35AM Mon

Then Creative Work - Siddha Yoga

4

Monday, August 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau

Trichirappalli, India

Sun 5 Sutra 112

Sobhana 5125

Moon 8 - Phase 16 - 5

1st Phase

Mesha Rasi: 2.26

Tithi 22

Gulika

1:56PM - 3:30PM

Ashvini Until 1:14AM Tue

Ganesha: Clear

Sunrise: 6:06AM

Yama

10:48AM - 12:22PM

Shula\* Until 6:14PM

Muruga: Yellow

Sunset: 6:38PM

423416572 Rahu

7:40AM - 9:14AM

Visti Until 4:43PM

Nataraja: Yellow

Moon - White

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

Saptami Until 4:13AM Tue

D

Tuesday, August 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Ganda\*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Trichirappalli, India

Sun 6 Sutra 113

Sobhana 5125

Moon 8 - Phase 16 - 6

Ashtami

Mesha Rasi: 15.58

Tithi 23

Gulika

12:22PM - 1:56PM

Bharani Until 1:29AM Wed

Ganesha: Clear

Sunrise: 6:06AM

Yama

9:14AM - 10:48AM

Ganda\* Until 4:38PM

Muruga: Yellow

Sunset: 6:38PM

423416572 Rahu

3:30PM - 5:04PM

Balava Until 3:58PM

Nataraja: Yellow

Moon - White

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

Until 1:29AM Wed

Then Creative Work - Amrita Yoga

Wednesday, August 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Trichirappalli, India

Sun 7 Sutra 114

Sobhana 5125

Moon 8 - Phase 16 - 7

Navami

Mesha Rasi: 29.05

Tithi 24

Gulika

10:48AM - 12:22PM

Krittika Until 2:17AM Thu

Ganesha: Clear

Sunrise: 6:06AM

Yama

7:40AM - 9:14AM

Vriddhi Until 3:38PM

Muruga: Yellow

Sunset: 6:37PM

423416572 Rahu

12:22PM - 1:56PM

Taitila Until 3:57PM

Nataraja: Yellow

Moon - White

Sravana Adhika•Adi

Devaloka Day

Creative Work Amrita Yoga

Until 2:17AM Thu

Then Routine Work - Marana Yoga

|                                  |                                |  |  |                                                                                                                                                                         |                          |                         |                   |                  |                             |                       |  |
|----------------------------------|--------------------------------|--|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------|-------------------|------------------|-----------------------------|-----------------------|--|
| 1                                | Thursday, August 10, 2023      |  |  | Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau |                          |                         |                   |                  |                             | Trichirappalli, India |  |
|                                  |                                |  |  | Gulika                                                                                                                                                                  | 9:14AM – 10:48AM         | Rohini Until 4:00AM Fri |                   | Ganesha: Purple  | Sunrise: 6:06AM             | Sun 8 Sutra 115       |  |
|                                  |                                |  |  | Yama                                                                                                                                                                    | 6:06AM – 7:40AM          | Dhruva Until 3:08PM     |                   | Muruga: Yellow   | Sunset: 6:37PM              | Sobhana 5125          |  |
|                                  | Vrishabha Rasi: 11.52 Tithi 25 |  |  | 433416572 Rahu                                                                                                                                                          | 1:56PM – 3:29PM          | Vanija Until 4:36PM     |                   | Nataraja: Yellow | Moon 8 - Phase 17 - 8       |                       |  |
|                                  | Routine Work Marana Yoga       |  |  |                                                                                                                                                                         |                          |                         |                   | Moon – Yellow    | 2nd Phase                   |                       |  |
| Until 4:00AM Fri                 |                                |  |  |                                                                                                                                                                         | Dashami Until 5:07AM Fri |                         | Savana Adhika*Adi |                  | Bhuloka Day                 |                       |  |
| Then Creative Work - Siddha Yoga |                                |  |  |                                                                                                                                                                         |                          |                         |                   |                  | Devaloka Time: 3:PM to 6:PM |                       |  |

|   |                                |  |  |                                                                                                   |  |                                    |  |                                                       |  |                                   |  |                                   |  |                                    |  |
|---|--------------------------------|--|--|---------------------------------------------------------------------------------------------------|--|------------------------------------|--|-------------------------------------------------------|--|-----------------------------------|--|-----------------------------------|--|------------------------------------|--|
| 2 | Friday, August 11, 2023        |  |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam |  |                                    |  |                                                       |  | Trichirappalli, India             |  |                                   |  |                                    |  |
|   |                                |  |  | Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau                  |  |                                    |  |                                                       |  | Sun 9 Sutra 116                   |  |                                   |  |                                    |  |
|   |                                |  |  | Gulika<br>Yama                                                                                    |  | 7:40AM – 9:14AM<br>3:29PM – 5:03PM |  | Mrigashira Until 6:03AM Sat<br>Vyaghata* Until 3:05PM |  | Ganesha: Purple<br>Muruga: Yellow |  | Sunrise: 6:06AM<br>Sunset: 6:37PM |  | Sobhana 5125                       |  |
|   | Vrishabha Rasi: 24.21 Tithi 26 |  |  | 433416572 Rahu                                                                                    |  | 10:48AM – 12:22PM                  |  | Bava Until 5:48PM                                     |  | Nataraja: Yellow<br>Moon – Yellow |  |                                   |  | Moon 8 - Phase 17 - 9<br>2nd Phase |  |
|   | Creative Work Siddha Yoga      |  |  |                                                                                                   |  |                                    |  | Ekadashi* Until 6:33AM Sat                            |  | Savana Adhika*Adi                 |  | Bhuloka Day                       |  | Devaloka Time: 3:PM to 6:PM        |  |

|   |                           |               |                                                                                                                                                                                                      |                        |                         |                  |                             |                        |                       |  |
|---|---------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-------------------------|------------------|-----------------------------|------------------------|-----------------------|--|
| 3 | Saturday, August 12, 2023 |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        |                         |                  |                             |                        | Trichirappalli, India |  |
|   |                           |               | Gulika                                                                                                                                                                                               | 6:06AM – 7:40AM        | Mrigashira Until 6:03AM | Ganesha: Purple  | Sunrise: 6:06AM             | Sun 10                 | Sutra 117             |  |
|   | Mithuna Rasi: 6.38        | Tithi 26 – 27 | Yama                                                                                                                                                                                                 | 1:55PM – 3:29PM        | Harshana Until 3:23PM   | Muruga: Yellow   | Sunset: 6:36PM              |                        | Sobhana 5125          |  |
|   |                           | 433416572     | Rahu                                                                                                                                                                                                 | 9:14AM – 10:48AM       | Kaulava Until 7:26PM    | Nataraja: Yellow |                             | Moon 8 - Phase 17 - 10 | 2nd Phase             |  |
|   | Creative Work             | Siddha Yoga   |                                                                                                                                                                                                      |                        |                         | Moon – Yellow    |                             | Bhuloka Day            |                       |  |
|   |                           |               |                                                                                                                                                                                                      | Ekadashi* Until 6:33AM | Sravana Adhika*Adi      |                  | Devaloka Time: 3:PM to 6:PM |                        |                       |  |

|   |                         |                          |                                                                                                                                                                                                   |                  |                     |                  |                             |                  |                       |  |
|---|-------------------------|--------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|---------------------|------------------|-----------------------------|------------------|-----------------------|--|
| 4 | Sunday, August 13, 2023 |                          | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                  |                     |                  |                             |                  | Trichirappalli, India |  |
|   |                         |                          | Gulika                                                                                                                                                                                            | 3:29PM – 5:02PM  | Ardra Until 8:17AM  | Ganesha: Purple  | Sunrise: 6:07AM             | Sun 11 Sutra 118 |                       |  |
|   | Mithuna Rasi: 18.46     | Tithi 27 – 28            | Yama                                                                                                                                                                                              | 12:21PM – 1:55PM | Vajra* Until 3:55PM | Muruga: Yellow   | Sunset: 6:36PM              | Sobhana 5125     |                       |  |
|   | 433416572               |                          | Rahu                                                                                                                                                                                              | 5:02PM – 6:36PM  | Gara Until 9:23PM   | Nataraja: Yellow | Moon 8 - Phase 17 - 11      |                  |                       |  |
|   | Creative Work           | Siddha Yoga              | Dvadashi* Until 8:22AM                                                                                                                                                                            |                  |                     | Moon – Yellow    | 2nd Phase                   |                  |                       |  |
|   |                         |                          |                                                                                                                                                                                                   |                  | Savana Adhika•Adi   |                  | Bhuloka Day                 |                  |                       |  |
|   |                         |                          |                                                                                                                                                                                                   |                  |                     |                  | Devaloka Time: 3:PM to 6:PM |                  |                       |  |
|   |                         | Pradosha Vrata (Fasting) |                                                                                                                                                                                                   |                  |                     |                  |                             |                  |                       |  |

|                                  |                         |               |                                                                                                                                                                                                           |                           |                         |                     |                  |                             |                       |  |
|----------------------------------|-------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|-------------------------|---------------------|------------------|-----------------------------|-----------------------|--|
| 5                                | Monday, August 14, 2023 |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                           |                         |                     |                  |                             | Trichirappalli, India |  |
|                                  |                         |               | Gulika                                                                                                                                                                                                    | 1:55PM – 3:28PM           | Punarvasu Until 11:06AM | Ganesha: Light Blue | Sunrise: 6:07AM  | Sun 12                      | Sutra 119             |  |
|                                  | Kataka Rasi: 0.47       | Tithi 28 – 29 | Yama                                                                                                                                                                                                      | 10:47AM – 12:21PM         | Siddhi Until 4:38PM     | Muruga: Yellow      | Sunset: 6:35PM   | Sobhana 5125                |                       |  |
|                                  | Family Home Evening     |               | 443416572                                                                                                                                                                                                 | Rahu                      | 7:40AM – 9:14AM         | Visti Until 11:34PM | Nataraja: Yellow | Moon 8 - Phase 17 - 12      |                       |  |
|                                  | Creative Work           | Amrita Yoga   |                                                                                                                                                                                                           |                           |                         |                     |                  | 2nd Phase                   |                       |  |
| Until 11:06AM                    |                         |               |                                                                                                                                                                                                           | Trayodashi* Until 10:26AM |                         | Moon – Blue         |                  | Bhuloka Day                 |                       |  |
| Then Creative Work - Siddha Yoga |                         |               |                                                                                                                                                                                                           |                           |                         | Savana Adhika*Adi   |                  | Devaloka Time: 3:PM to 6:PM |                       |  |

|                                                                                     |                          |               |                                                                                                                                                                                                                   |                            |                             |                     |                 |                        |                       |  |
|-------------------------------------------------------------------------------------|--------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|-----------------------------|---------------------|-----------------|------------------------|-----------------------|--|
|  | Tuesday, August 15, 2023 |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                            |                             |                     |                 |                        | Trichirappalli, India |  |
|                                                                                     | Retreat Star             |               | Gulika                                                                                                                                                                                                            | 12:21PM – 1:54PM           | Pushya Until 1:56PM         | Ganesha: Light Blue | Sunrise: 6:07AM | Sun 13                 | Sutra 120             |  |
|                                                                                     | Kataka Rasi: 12.43       | Tithi 29 – 30 | Yama                                                                                                                                                                                                              | 9:14AM – 10:47AM           | Vyatipata* Until 5:31PM     | Muruga: Yellow      | Sunset: 6:35PM  |                        | Sobhana 5125          |  |
|                                                                                     |                          | 443416572     | Rahu                                                                                                                                                                                                              | 3:28PM – 5:01PM            | Catuspada Until 1:54AM Wed  | Nataraja: Yellow    |                 | Moon 8 - Phase 17 - 13 | Amavasya              |  |
| Creative Work                                                                       | Siddha Yoga              |               |                                                                                                                                                                                                                   | Chaturdashi* Until 12:42PM | Moon – Blue                 |                     |                 |                        |                       |  |
|                                                                                     |                          |               |                                                                                                                                                                                                                   |                            | Sravana Adhika•Adi          |                     | Bhuloka Day     |                        |                       |  |
|                                                                                     |                          |               |                                                                                                                                                                                                                   |                            | Devaloka Time: 3:PM to 6:PM |                     |                 |                        |                       |  |

|                            |  |              |  |                                                                                                 |                   |                            |                  |                       |                        |
|----------------------------|--|--------------|--|-------------------------------------------------------------------------------------------------|-------------------|----------------------------|------------------|-----------------------|------------------------|
| Wednesday, August 16, 2023 |  |              |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam |                   |                            |                  | Trichirappalli, India |                        |
| Retreat Star               |  |              |  | Ashlesha* Magha* Nakshatra Variyan Yoga Naga* Kintughna* Karana Amavasya Prathamayam Titau      |                   |                            |                  | Sun 14 Sutra 121      |                        |
| Kataka Rasi: 24.36         |  | Tithi 30 – 1 |  | Gulika                                                                                          | 10:47AM – 12:21PM | Ashlesha* Until 4:44PM     | Ganesha: Orange  | Sunrise: 6:07AM       | Sobhana 5125           |
|                            |  |              |  | Yama                                                                                            | 7:40AM – 9:14AM   | Variyan Until 6:26PM       | Muruga: Yellow   | Sunset: 6:35PM        | Moon 8 - Phase 17 - 14 |
|                            |  | 443516572    |  | Rahu                                                                                            | 12:21PM – 1:54PM  | Kintughna Until 4:20AM Thu | Nataraja: Yellow |                       | Prathama               |
| Creative Work              |  | Siddha Yoga  |  |                                                                                                 |                   | Amavasya* Until 3:05PM     | Moon – Blue      | Devaloka Day          |                        |
|                            |  |              |  |                                                                                                 |                   | Sravaṇa•Adi                |                  |                       |                        |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|   |                            |                                        |                                                                                                                                                                                    |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|---|----------------------------|----------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|---------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------------------------------|-------------------------------------|
| 1 | Thursday, August 17, 2023  |                                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha* Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau        |                                                          |                                                                                                         |                                                                                        | Trichirappalli, India<br>Sun 15 Sutra 122<br>Sobhana 5125 |                                     |
|   | Simha Rasi: 6.28           | Tithi 1 – 2                            | Gulika<br>Yama<br>453516572 Rahu                                                                                                                                                   | 9:14AM – 10:47AM<br>6:07AM – 7:40AM<br>1:54PM – 3:27PM   | Magha* Until 7:54PM<br>Parigha* Until 7:25PM<br>Balava Until 6:47AM Fri<br>Prathama* Until 5:33PM       | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Red<br>Sravana*Avani    | Sunrise: 6:07AM<br>Sunset: 6:34PM                         | Moon 8 - Phase 18 - 15<br>3rd Phase |
|   | Creative Work              | Amrita Yoga                            | Devaloka Day                                                                                                                                                                       |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|   | Until 7:54PM               | Then Creative Work - Siddha Yoga       |                                                                                                                                                                                    |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
| 2 | Friday, August 18, 2023    |                                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau         |                                                          |                                                                                                         |                                                                                        | Trichirappalli, India<br>Sun 16 Sutra 123<br>Sobhana 5125 |                                     |
|   | Simha Rasi: 18.18          | Tithi 2                                | Gulika<br>Yama<br>553516572 Rahu                                                                                                                                                   | 7:40AM – 9:14AM<br>3:27PM – 5:00PM<br>10:47AM – 12:20PM  | Purvaphalguni Until 10:53PM<br>Shiva Until 8:24PM<br>Balava Until 6:47AM<br>Dvitiya Until 7:59PM        | Ganesha: Orange<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Red<br>Sravana*Avani   | Sunrise: 6:07AM<br>Sunset: 6:34PM                         | Moon 8 - Phase 18 - 16<br>3rd Phase |
|   | Creative Work              | Siddha Yoga                            | Devaloka Day                                                                                                                                                                       |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|   |                            |                                        |                                                                                                                                                                                    |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
| 3 | Saturday, August 19, 2023  |                                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau         |                                                          |                                                                                                         |                                                                                        | Trichirappalli, India<br>Sun 17 Sutra 124<br>Sobhana 5125 |                                     |
|   | Kanya Rasi: 0.11           | Tithi 3                                | Gulika<br>Yama<br>553516572 Rahu                                                                                                                                                   | 6:07AM – 7:40AM<br>1:53PM – 3:27PM<br>9:13AM – 10:47AM   | Uttaraphalguni Until 1:35AM Sun<br>Siddha Until 9:15PM<br>Taitila Until 9:11AM<br>Tritiya Until 10:18PM | Ganesha: Orange<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Red<br>Sravana*Avani   | Sunrise: 6:07AM<br>Sunset: 6:33PM                         | Moon 8 - Phase 18 - 17<br>3rd Phase |
|   | Routine Work               | Marana Yoga                            | Devaloka Day                                                                                                                                                                       |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|   | Until 1:35AM Sun           | Then Creative Work - Amrita Yoga       |                                                                                                                                                                                    |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
| 4 | Sunday, August 20, 2023    |                                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau                |                                                          |                                                                                                         |                                                                                        | Trichirappalli, India<br>Sun 18 Sutra 125<br>Sobhana 5125 |                                     |
|   | Kanya Rasi: 12.07          | Tithi 4                                | Gulika<br>Yama<br>563516572 Rahu                                                                                                                                                   | 3:26PM – 4:59PM<br>12:20PM – 1:53PM<br>4:59PM – 6:33PM   | Hasta Until 4:21AM Mon<br>Sadhya Until 9:56PM<br>Vanija Until 11:24AM<br>Chaturthi* Until 12:22AM Mon   | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Green<br>Sravana*Avani  | Sunrise: 6:07AM<br>Sunset: 6:33PM                         | Moon 8 - Phase 18 - 18<br>3rd Phase |
|   | Creative Work              | Amrita Yoga                            | Devaloka Day                                                                                                                                                                       |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|   | Until 4:21AM Mon           | Then Routine Work - Prabalarishta Yoga |                                                                                                                                                                                    |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
| 5 | Monday, August 21, 2023    |                                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau                    |                                                          |                                                                                                         |                                                                                        | Trichirappalli, India<br>Sun 19 Sutra 126<br>Sobhana 5125 |                                     |
|   | Kanya Rasi: 24.1           | Tithi 5                                | Gulika<br>Yama<br>564516572 Rahu                                                                                                                                                   | 1:53PM – 3:26PM<br>10:46AM – 12:20PM<br>7:40AM – 9:13AM  | Chitra Until 6:32AM Tue<br>Subha Until 10:20PM<br>Bava Until 1:17PM<br>Panchami Until 2:01AM Tue        | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Green<br>Sravana*Avani | Sunrise: 6:07AM<br>Sunset: 6:32PM                         | Moon 8 - Phase 18 - 19<br>3rd Phase |
|   | Family Home Evening        | Prabalarishta Yoga                     | Nag Panchami                                                                                                                                                                       |                                                          | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM                                                              |                                                                                        |                                                           |                                     |
|   | Routine Work               | Until 6:32AM Tue                       | Then Creative Work - Siddha Yoga                                                                                                                                                   |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
| 6 | Tuesday, August 22, 2023   |                                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau       |                                                          |                                                                                                         |                                                                                        | Trichirappalli, India<br>Sun 20 Sutra 127<br>Sobhana 5125 |                                     |
|   | Tula Rasi: 6.23            | Tithi 6                                | Gulika<br>Yama<br>564516572 Rahu                                                                                                                                                   | 12:19PM – 1:52PM<br>9:13AM – 10:46AM<br>3:25PM – 4:59PM  | Chitra Until 6:32AM<br>Sukla Until 10:18PM<br>Kaulava Until 2:41PM<br>Shashthi* Until 3:08AM Wed        | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Green<br>Sravana*Avani | Sunrise: 6:07AM<br>Sunset: 6:32PM                         | Moon 8 - Phase 18 - 20<br>3rd Phase |
|   | Creative Work              | Siddha Yoga                            | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM                                                                                                                                         |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|   |                            |                                        |                                                                                                                                                                                    |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
| D | Wednesday, August 23, 2023 |                                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau           |                                                          |                                                                                                         |                                                                                        | Trichirappalli, India<br>Sun 21 Sutra 128<br>Sobhana 5125 |                                     |
|   | Retreat Star               |                                        | Gulika<br>Yama<br>564516572 Rahu                                                                                                                                                   | 10:46AM – 12:19PM<br>7:40AM – 9:13AM<br>12:19PM – 1:52PM | Svati Until 7:59AM<br>Brahma Until 9:44PM<br>Gara Until 3:27PM<br>Saptami Until 3:32AM Thu              | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Green<br>Sravana*Avani | Sunrise: 6:07AM<br>Sunset: 6:31PM                         | Moon 8 - Phase 18 - 21<br>3rd Phase |
|   | Tula Rasi: 18.52           | Tithi 7                                | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM                                                                                                                                         |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|   | Creative Work              | Siddha Yoga                            |                                                                                                                                                                                    |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
| D | Thursday, August 24, 2023  |                                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau          |                                                          |                                                                                                         |                                                                                        | Trichirappalli, India<br>Sun 22 Sutra 129<br>Sobhana 5125 |                                     |
|   | Retreat Star               |                                        | Gulika<br>Yama<br>574516572 Rahu                                                                                                                                                   | 9:13AM – 10:46AM<br>6:07AM – 7:40AM<br>1:52PM – 3:25PM   | Vishakha Until 9:04AM<br>Indra Until 8:36PM<br>Visti Until 3:28PM<br>Ashtami* Until 3:10AM Fri          | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Orange<br>Sravana*Avani | Sunrise: 6:07AM<br>Sunset: 6:31PM                         | Moon 8 - Phase 18 - 22<br>Ashtami   |
|   | Vrischika Rasi: 1.4        | Tithi 8                                | Devaloka Day                                                                                                                                                                       |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|   | Creative Work              | Siddha Yoga                            |                                                                                                                                                                                    |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
| D | Friday, August 25, 2023    |                                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau |                                                          |                                                                                                         |                                                                                        | Trichirappalli, India<br>Sun 23 Sutra 130<br>Sobhana 5125 |                                     |
|   | Retreat Star               |                                        | Gulika<br>Yama<br>574516572 Rahu                                                                                                                                                   | 7:40AM – 9:13AM<br>3:24PM – 4:57PM<br>10:46AM – 12:18PM  | Anuradha Until 9:12AM<br>Vaidhriti* Until 6:47PM<br>Balava Until 2:42PM<br>Navami* Until 2:00AM Sat     | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Orange<br>Sravana*Avani | Sunrise: 6:07AM<br>Sunset: 6:30PM                         | Moon 8 - Phase 18 - 23<br>Navami    |
|   | Vrischika Rasi: 14.52      | Tithi 9                                | Devaloka Day                                                                                                                                                                       |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|   | Creative Work              | Siddha Yoga                            | Varalakshmi Vratam                                                                                                                                                                 |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |
|   |                            | Until 9:12AM                           | Then Routine Work - Marana Yoga                                                                                                                                                    |                                                          |                                                                                                         |                                                                                        |                                                           |                                     |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|                                                                                   |                                   |               |                                                                                                                                                                                                              |                                   |                                      |                         |                                                           |                        |
|-----------------------------------------------------------------------------------|-----------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|--------------------------------------|-------------------------|-----------------------------------------------------------|------------------------|
| <b>1</b>                                                                          | <b>Saturday, August 26, 2023</b>  |               | Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau                               |                                   |                                      |                         | Trichirappalli, India<br>Sun 24 Sutra 131<br>Sobhana 5125 |                        |
|                                                                                   | Vrischika Rasi: 28.3              | Tithi 10      | <b>Gulika</b>                                                                                                                                                                                                | <b>6:07AM – 7:40AM</b>            | <b>Jyeshtha* Until 8:25AM</b>        | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:07AM                                    |                        |
|                                                                                   |                                   |               | Yama                                                                                                                                                                                                         | 1:51PM – 3:24PM                   | Vishkambha* Until 4:22PM             | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:29PM                                     | Moon 8 - Phase 19 - 24 |
|                                                                                   | 574516572                         | <b>Rahu</b>   | <b>9:13AM – 10:45AM</b>                                                                                                                                                                                      | Taitila Until 1:09PM              |                                      | <b>Nataraja:</b> Yellow |                                                           | 4th Phase              |
| Creative Work Siddha Yoga                                                         |                                   |               |                                                                                                                                                                                                              | <b>Dashami Until 12:04AM Sun</b>  |                                      | Moon – Orange           | <b>Devaloka Day</b>                                       |                        |
|                                                                                   |                                   |               |                                                                                                                                                                                                              |                                   |                                      | <b>Sravana*Avani</b>    |                                                           |                        |
| <b>2</b>                                                                          | <b>Sunday, August 27, 2023</b>    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau                      |                                   |                                      |                         | Trichirappalli, India<br>Sun 25 Sutra 132<br>Sobhana 5125 |                        |
|                                                                                   | Dhanus Rasi: 12.37                | Tithi 11      | <b>Gulika</b>                                                                                                                                                                                                | <b>3:23PM – 4:56PM</b>            | <b>Mula* Until 7:11AM</b>            | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:07AM                                    |                        |
|                                                                                   |                                   |               | Yama                                                                                                                                                                                                         | 12:18PM – 1:51PM                  | Priti Until 1:22PM                   | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:29PM                                     | Moon 8 - Phase 19 - 25 |
|                                                                                   | 584516572                         | <b>Rahu</b>   | <b>4:56PM – 6:29PM</b>                                                                                                                                                                                       | Vanija Until 10:52AM              |                                      | <b>Nataraja:</b> Yellow |                                                           | 4th Phase              |
| Creative Work Amrita Yoga<br>Until 7:11AM                                         |                                   |               |                                                                                                                                                                                                              | <b>Ekadashi Until 9:28PM</b>      |                                      | Moon – Light Blue       | <b>Bhuloka Day</b>                                        |                        |
| Then Creative Work - Siddha Yoga                                                  |                                   |               |                                                                                                                                                                                                              |                                   |                                      | <b>Sravana*Avani</b>    | <b>Devaloka Time: 3:PM to 6:PM</b>                        |                        |
| <b>3</b>                                                                          | <b>Monday, August 28, 2023</b>    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau                           |                                   |                                      |                         | Trichirappalli, India<br>Sun 26 Sutra 133<br>Sobhana 5125 |                        |
|                                                                                   | Dhanus Rasi: 27.1                 | Tithi 12      | <b>Gulika</b>                                                                                                                                                                                                | <b>1:50PM – 3:23PM</b>            | <b>Uttarashadha Until 2:32AM Tue</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:07AM                                    |                        |
|                                                                                   | <b>Family Home Evening</b>        |               | Yama                                                                                                                                                                                                         | 10:45AM – 12:18PM                 | Ayushman Until 9:51AM                | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:28PM                                     | Moon 8 - Phase 19 - 26 |
|                                                                                   | 584516573                         | <b>Rahu</b>   | <b>7:40AM – 9:12AM</b>                                                                                                                                                                                       | Bava Until 7:58AM                 |                                      | <b>Nataraja:</b> White  |                                                           | 4th Phase              |
| Routine Work Marana Yoga<br>Until 2:32AM Tue                                      |                                   |               |                                                                                                                                                                                                              | <b>Dvadashi Until 6:19PM</b>      |                                      | Moon – Light Blue       | <b>Devaloka Day</b>                                       |                        |
| Then Creative Work - Siddha Yoga                                                  |                                   |               |                                                                                                                                                                                                              |                                   |                                      | <b>Sravana*Avani</b>    |                                                           |                        |
| <b>4</b>                                                                          | <b>Tuesday, August 29, 2023</b>   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau                        |                                   |                                      |                         | Trichirappalli, India<br>Sun 27 Sutra 134<br>Sobhana 5125 |                        |
|                                                                                   | Makara Rasi: 12.05                | Tithi 13 – 14 | <b>Gulika</b>                                                                                                                                                                                                | <b>12:17PM – 1:50PM</b>           | <b>Shravana Until 11:49PM</b>        | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:07AM                                    |                        |
|                                                                                   |                                   |               | Yama                                                                                                                                                                                                         | 9:12AM – 10:45AM                  | Sobhana Until 1:50AM Wed             | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:28PM                                     | Moon 8 - Phase 19 - 27 |
|                                                                                   | 594516573                         | <b>Rahu</b>   | <b>3:23PM – 4:55PM</b>                                                                                                                                                                                       | Gara Until 12:56AM Wed            |                                      | <b>Nataraja:</b> White  |                                                           | 4th Phase              |
| Creative Work Siddha Yoga                                                         |                                   |               |                                                                                                                                                                                                              | <b>Trayodashi Until 2:47PM</b>    |                                      | Moon – Purple           | <b>Sivaloka Day</b>                                       |                        |
|                                                                                   |                                   |               | <b>Chidambaram Abhishekam</b>                                                                                                                                                                                |                                   |                                      | <b>Sravana*Avani</b>    |                                                           |                        |
|                                                                                   |                                   |               |                                                                                                                                                                                                              | <i>Pradosha Vrata</i>             |                                      |                         |                                                           |                        |
|  | <b>Wednesday, August 30, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau                      |                                   |                                      |                         | Trichirappalli, India<br>Sutra 135<br>Sobhana 5125        |                        |
|                                                                                   | <b>Copper Retreat Star</b>        |               | <b>Gulika</b>                                                                                                                                                                                                | <b>10:45AM – 12:17PM</b>          | <b>Dhanishtha Until 8:49PM</b>       | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:07AM                                    |                        |
|                                                                                   | Makara Rasi: 27.14                | Tithi 14 – 15 | Yama                                                                                                                                                                                                         | 7:39AM – 9:12AM                   | Athiganda* Until 9:34PM              | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:27PM                                     | Moon 8 - Phase 19 -    |
|                                                                                   | 594516573                         | <b>Rahu</b>   | <b>12:17PM – 1:50PM</b>                                                                                                                                                                                      | Visti Until 9:06PM                |                                      | <b>Nataraja:</b> White  |                                                           | Purnima                |
| Routine Work Prabalarishta Yoga<br>Until 8:49PM                                   |                                   |               |                                                                                                                                                                                                              | <b>Chaturdashi* Until 11:00AM</b> |                                      | Moon – Purple           | <b>Sivaloka Day</b>                                       |                        |
| Then Creative Work - Siddha Yoga                                                  |                                   |               | <b>Avani Avittam</b>                                                                                                                                                                                         |                                   |                                      | <b>Sravana*Avani</b>    |                                                           |                        |
|                                                                                   | <b>Thursday, August 31, 2023</b>  |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau |                                   |                                      |                         | Trichirappalli, India<br>Sutra 136<br>Sobhana 5125        |                        |
|                                                                                   | <b>Silver Retreat Star</b>        |               | <b>Gulika</b>                                                                                                                                                                                                | <b>9:12AM – 10:44AM</b>           | <b>Shatabhishak Until 5:41PM</b>     | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:07AM                                    |                        |
|                                                                                   | Kumbha Rasi: 12.29                | Tithi 15 – 16 | Yama                                                                                                                                                                                                         | 6:07AM – 7:39AM                   | Sukarma Until 5:19PM                 | <b>Muruga:</b> Yellow   | <i>Sunset:</i> 6:27PM                                     | Moon 8 - Phase 19 -    |
|                                                                                   | 594516573                         | <b>Rahu</b>   | <b>1:49PM – 3:22PM</b>                                                                                                                                                                                       | Kaulava Until 3:25AM Fri          |                                      | <b>Nataraja:</b> White  |                                                           | Prathama               |
| Creative Work Siddha Yoga                                                         |                                   |               |                                                                                                                                                                                                              | <b>Purnima* Until 7:10AM</b>      |                                      | Moon – Purple           | <b>Sivaloka Day</b>                                       |                        |
|                                                                                   |                                   |               |                                                                                                                                                                                                              |                                   |                                      | <b>Sravana*Avani</b>    |                                                           |                        |





Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Trichirappalli, India

Sutra 137

Sobhana 5125

Kumbha Rasi: 27.4 Tithi 17

Gulika 7:39AM – 9:12AM  
Yama 3:21PM – 4:54PM  
514516573 Rahu 10:44AM – 12:16PM

Purvaproshtapada\* Until 3:01PM

Dhriti Until 1:14PM

Taitila Until 1:40PM

Dvitiya Until 11:57PM

Ganesha: Yellow

Muruga: Yellow

Nataraja: White

Moon – Clear

Sravana\*Avani

Sunrise: 6:07AM

Sunset: 6:26PM

Moon 9 - Phase 20 -

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1 Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Trichirappalli, India

Sun 1 Sutra 138

Sobhana 5125

Meena Rasi: 12.37 Tithi 18

Gulika 6:07AM – 7:39AM  
Yama 1:48PM – 3:21PM  
515516573 Rahu 9:11AM – 10:44AM

Uttaraproshtapada Until 12:35PM

Shula\* Until 9:25AM

Vanija Until 10:23AM

Tritiya Until 8:55PM

Ganesha: Red

Muruga: Yellow

Nataraja: White

Moon – Clear

Sravana\*Avani

Sunrise: 6:07AM

Sunset: 6:25PM

Moon 9 - Phase 20 - 1

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 12:35PM

Then Routine Work - Prabalarishta Yoga

2 Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bharu Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Bava/Balava Karana Chaturthiyam Titau

Trichirappalli, India

Sun 2 Sutra 139

Sobhana 5125

Meena Rasi: 27.12 Tithi 19

Gulika 3:20PM – 4:53PM  
Yama 12:16PM – 1:48PM  
515516573 Rahu 4:53PM – 6:25PM

Revati Until 10:32AM

Ganda\* Until 6:03AM

Bava Until 7:37AM

Chaturthi\* Until 6:27PM

Ganesha: Red

Muruga: Yellow

Nataraja: White

Moon – Clear

Sravana\*Avani

Sunrise: 6:07AM

Sunset: 6:25PM

Moon 9 - Phase 20 - 2

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 10:32AM

Then Creative Work - Siddha Yoga

3 Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Trichirappalli, India

Sun 3 Sutra 140

Sobhana 5125

Mesha Rasi: 11.2 Tithi 20 – 21

Gulika 1:48PM – 3:20PM  
Yama 10:43AM – 12:15PM  
525516573 Rahu 7:39AM – 9:11AM

Ashvini Until 9:26AM

Dhruva Until 12:56AM Tue

Gara Until 4:09AM Tue

Panchami Until 4:42PM

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White

Sravana\*Avani

Sunrise: 6:07AM

Sunset: 6:24PM

Moon 9 - Phase 20 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4 Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Trichirappalli, India

Sun 4 Sutra 141

Sobhana 5125

Mesha Rasi: 25 Tithi 21 – 22

Gulika 12:15PM – 1:47PM  
Yama 9:11AM – 10:43AM  
525516573 Rahu 3:19PM – 4:51PM

Bharani Until 8:58AM

Vyaghata\* Until 11:20PM

Visti Until 3:36AM Wed

Shashthi\* Until 3:45PM

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White

Sravana\*Avani

Sunrise: 6:07AM

Sunset: 6:24PM

Moon 9 - Phase 20 - 4

1st Phase

Devaloka Day

Creative Work Siddha Yoga

5 Wednesday, September 6, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trichirappalli, India

Sun 5 Sutra 142

Sobhana 5125

Vrishabha Rasi: 8.13 Tithi 22 – 23

Gulika 10:43AM – 12:15PM  
Yama 7:39AM – 9:11AM  
525516573 Rahu 12:15PM – 1:47PM

Krittika Until 9:08AM

Harshana Until 10:24PM

Balava Until 3:52AM Thu

Saptami Until 3:37PM

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White

Sravana\*Avani

Sunrise: 6:07AM

Sunset: 6:23PM

Moon 9 - Phase 20 - 5

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 9:08AM

Then Creative Work - Siddha Yoga

D Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trichirappalli, India

Sun 6 Sutra 143

Sobhana 5125

Vrishabha Rasi: 21.01 Tithi 23 – 24

Gulika 9:11AM – 10:42AM  
Yama 6:07AM – 7:39AM  
535516573 Rahu 1:46PM – 3:18PM

Rohini Until 10:24AM

Vajra\* Until 10:00PM

Taitila Until 4:51AM Fri

Ashtami\* Until 4:15PM

Ganesha: Orange

Muruga: Yellow

Nataraja: White

Moon – Yellow

Sravana\*Avani

Sunrise: 6:07AM

Sunset: 6:22PM

Moon 9 - Phase 20 - 6

Ashtami

Sivaloka Day

Routine Work Marana Yoga

Friday, September 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Trichirappalli, India

Sun 7 Sutra 144

Sobhana 5125

Mithuna Rasi: 3.29 Tithi 24 – 25

Gulika 7:38AM – 9:10AM  
Yama 3:18PM – 4:50PM  
535516573 Rahu 10:42AM – 12:14PM

Mrigashira Until 12:10PM

Siddhi Until 10:07PM

Vanija Until 6:25AM Sat

Navami\* Until 5:33PM

Ganesha: Orange

Muruga: Yellow

Nataraja: White

Moon – Yellow

Sravana\*Avani

Sunrise: 6:06AM

Sunset: 6:22PM

Moon 9 - Phase 20 - 7

Navami

Sivaloka Day

Creative Work Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|                                                                                     |                               |              |                                                                                                                                                                                         |                        |                                 |                     |                                                           |                                     |
|-------------------------------------------------------------------------------------|-------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|---------------------------------|---------------------|-----------------------------------------------------------|-------------------------------------|
| 1                                                                                   | Saturday, September 9, 2023   |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau       |                        |                                 |                     | Trichirappalli, India<br>Sun 8 Sutra 145<br>Sobhana 5125  |                                     |
|                                                                                     | Mithuna Rasi: 15.43           | Tithi 25     | Gulika                                                                                                                                                                                  | 6:06AM – 7:38AM        | Ardra Until 2:17PM              | Ganesha: Orange     | Sunrise: 6:06AM                                           | Moon 9 - Phase 21 - 8<br>2nd Phase  |
|                                                                                     |                               |              | Yama                                                                                                                                                                                    | 1:46PM – 3:17PM        | Vyatipata* Until 10:36PM        | Muruga: Yellow      | Sunset: 6:21PM                                            |                                     |
|                                                                                     | 535516573                     | Rahu         | 9:10AM – 10:42AM                                                                                                                                                                        | Vanija Until 6:25AM    | Nataraja: White                 |                     |                                                           |                                     |
| Creative Work                                                                       |                               | Siddha Yoga  | Dashami Until 7:21PM                                                                                                                                                                    |                        | Moon – Yellow                   | Sivaloka Day        |                                                           |                                     |
|                                                                                     |                               |              |                                                                                                                                                                                         |                        | Sravana*Avani                   |                     |                                                           |                                     |
| 2                                                                                   | Sunday, September 10, 2023    |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Variyan Yoga Bava/Balava Karana Ekadashyam Titau          |                        |                                 |                     | Trichirappalli, India<br>Sun 9 Sutra 146<br>Sobhana 5125  |                                     |
|                                                                                     | Mithuna Rasi: 27.47           | Tithi 26     | Gulika                                                                                                                                                                                  | 3:17PM – 4:49PM        | Punarvasu Until 5:07PM          | Ganesha: Purple     | Sunrise: 6:06AM                                           | Moon 9 - Phase 21 - 9<br>2nd Phase  |
|                                                                                     |                               |              | Yama                                                                                                                                                                                    | 12:13PM – 1:45PM       | Variyan Until 11:18PM           | Muruga: Yellow      | Sunset: 6:20PM                                            |                                     |
|                                                                                     | 545616573                     | Rahu         | 4:49PM – 6:20PM                                                                                                                                                                         | Bava Until 8:25AM      | Nataraja: White                 |                     |                                                           |                                     |
| Creative Work                                                                       |                               | Siddha Yoga  | Ekadashi* Until 9:30PM                                                                                                                                                                  |                        | Moon – Blue                     | Devaloka Day        |                                                           |                                     |
|                                                                                     |                               |              | Grandparent's Day                                                                                                                                                                       |                        | Sravana*Avani                   |                     |                                                           |                                     |
| 3                                                                                   | Monday, September 11, 2023    |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau                |                        |                                 |                     | Trichirappalli, India<br>Sun 10 Sutra 147<br>Sobhana 5125 |                                     |
|                                                                                     | Kataka Rasi: 9.43             | Tithi 27     | Gulika                                                                                                                                                                                  | 1:45PM – 3:16PM        | Pushya Until 7:59PM             | Ganesha: Light Blue | Sunrise: 6:06AM                                           | Moon 9 - Phase 21 - 10<br>2nd Phase |
|                                                                                     | Family Home Evening           |              | Yama                                                                                                                                                                                    | 10:41AM – 12:13PM      | Parigha* Until 12:11AM Tue      | Muruga: Yellow      | Sunset: 6:20PM                                            |                                     |
|                                                                                     | 546616573                     | Rahu         | 7:38AM – 9:10AM                                                                                                                                                                         | Kaulava Until 10:41AM  | Nataraja: White                 |                     |                                                           |                                     |
| Creative Work                                                                       |                               | Siddha Yoga  | Dvadashi* Until 11:52PM                                                                                                                                                                 |                        | Moon – Blue                     | Devaloka Day        |                                                           |                                     |
|                                                                                     |                               |              |                                                                                                                                                                                         |                        | Sravana*Avani                   |                     |                                                           |                                     |
| 4                                                                                   | Tuesday, September 12, 2023   |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashlesha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau               |                        |                                 |                     | Trichirappalli, India<br>Sun 11 Sutra 148<br>Sobhana 5125 |                                     |
|                                                                                     | Kataka Rasi: 21.37            | Tithi 28     | Gulika                                                                                                                                                                                  | 12:13PM – 1:44PM       | Ashlesha* Until 10:48PM         | Ganesha: Light Blue | Sunrise: 6:06AM                                           | Moon 9 - Phase 21 - 11<br>2nd Phase |
|                                                                                     |                               |              | Yama                                                                                                                                                                                    | 9:09AM – 10:41AM       | Shiva Until 1:08AM Wed          | Muruga: Yellow      | Sunset: 6:19PM                                            |                                     |
|                                                                                     | 546616573                     | Rahu         | 3:16PM – 4:48PM                                                                                                                                                                         | Gara Until 1:07PM      | Nataraja: White                 |                     |                                                           |                                     |
| Creative Work                                                                       |                               | Siddha Yoga  | Trayodashi* Until 2:19AM Wed                                                                                                                                                            |                        | Moon – Blue                     | Devaloka Day        |                                                           |                                     |
|                                                                                     |                               |              |                                                                                                                                                                                         |                        | Sravana*Avani                   |                     |                                                           |                                     |
|                                                                                     |                               |              | Pradosha Vrata (Fasting)                                                                                                                                                                |                        |                                 |                     |                                                           |                                     |
| 5                                                                                   | Wednesday, September 13, 2023 |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Magha* Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau               |                        |                                 |                     | Trichirappalli, India<br>Sun 12 Sutra 149<br>Sobhana 5125 |                                     |
|                                                                                     | Simha Rasi: 3.28              | Tithi 29     | Gulika                                                                                                                                                                                  | 10:41AM – 12:12PM      | Magha* Until 1:56AM Thu         | Ganesha: Purple     | Sunrise: 6:06AM                                           | Moon 9 - Phase 21 - 12<br>2nd Phase |
|                                                                                     |                               |              | Yama                                                                                                                                                                                    | 7:38AM – 9:09AM        | Siddha Until 2:03AM Thu         | Muruga: Yellow      | Sunset: 6:19PM                                            |                                     |
|                                                                                     | 556616573                     | Rahu         | 12:12PM – 1:44PM                                                                                                                                                                        | Visti Until 3:34PM     | Nataraja: White                 |                     |                                                           |                                     |
| Creative Work                                                                       |                               | Siddha Yoga  | Chaturdashi* Until 4:46AM Thu                                                                                                                                                           |                        | Moon – Red                      | Devaloka Day        |                                                           |                                     |
|                                                                                     |                               |              |                                                                                                                                                                                         |                        | Sravana*Avani                   |                     |                                                           |                                     |
|  | Thursday, September 14, 2023  |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaphalguni Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau         |                        |                                 |                     | Trichirappalli, India<br>Sun 13 Sutra 150<br>Sobhana 5125 |                                     |
|                                                                                     | Retreat Star                  |              | Gulika                                                                                                                                                                                  | 9:09AM – 10:41AM       | Purvaphalguni Until 4:50AM Fri  | Ganesha: Purple     | Sunrise: 6:06AM                                           | Moon 9 - Phase 21 - 13<br>Amavasya  |
|                                                                                     | Simha Rasi: 15.2              | Tithi 30     | Yama                                                                                                                                                                                    | 6:06AM – 7:38AM        | Sadhya Until 2:54AM Fri         | Muruga: Yellow      | Sunset: 6:18PM                                            |                                     |
|                                                                                     | 556616573                     | Rahu         | 1:43PM – 3:15PM                                                                                                                                                                         | Catuspada Until 5:58PM | Nataraja: White                 |                     |                                                           |                                     |
| Creative Work                                                                       |                               | Siddha Yoga  | Amavasya* Until 7:06AM Fri                                                                                                                                                              |                        | Moon – Red                      | Devaloka Day        |                                                           |                                     |
|                                                                                     |                               |              |                                                                                                                                                                                         |                        | Sravana*Avani                   |                     |                                                           |                                     |
|  | Friday, September 15, 2023    |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                        |                                 |                     | Trichirappalli, India<br>Sun 14 Sutra 151<br>Sobhana 5125 |                                     |
|                                                                                     | Retreat Star                  |              | Gulika                                                                                                                                                                                  | 7:37AM – 9:09AM        | Uttaraphalguni Until 7:23AM Sat | Ganesha: Purple     | Sunrise: 6:06AM                                           | Moon 9 - Phase 21 - 14<br>Prathama  |
|                                                                                     | Simha Rasi: 27.14             | Tithi 30 – 1 | Yama                                                                                                                                                                                    | 3:14PM – 4:46PM        | Subha Until 3:39AM Sat          | Muruga: White       | Sunset: 6:17PM                                            |                                     |
|                                                                                     | 556626573                     | Rahu         | 10:40AM – 12:12PM                                                                                                                                                                       | Kintughna Until 8:14PM | Nataraja: White                 |                     |                                                           |                                     |
| Creative Work                                                                       |                               | Siddha Yoga  | Amavasya* Until 7:06AM                                                                                                                                                                  |                        | Moon – Red                      | Sivaloka Day        |                                                           |                                     |
|                                                                                     |                               |              |                                                                                                                                                                                         |                        | Bhadrapada*Avani                |                     |                                                           |                                     |
|                                                                                     |                               |              | Until 7:23AM Sat<br>Then Routine Work - Marana Yoga                                                                                                                                     |                        |                                 |                     |                                                           |                                     |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|          |                                        |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
|----------|----------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|
| <b>1</b> | <b>Saturday, September 16, 2023</b>    |                    | Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau               |                                                                        |                                                                                                                          |  | Trichirappalli, India<br>Sun 15 Sutra 152<br>Sobhana 5125                                                                                                               |                                     |
|          | Kanya Rasi: 9.13                       | Tithi 1 – 2        | <b>Gulika</b><br>Yama<br>566626573 <b>Rahu</b>                                                                                                                                                 | <b>6:06AM – 7:37AM</b><br>1:43PM – 3:14PM<br><b>9:09AM – 10:40AM</b>   | <b>Uttaraphalguni Until 7:23AM</b><br>Sukla Until 4:09AM Sun<br>Balava Until 10:16PM<br><b>Prathama* Until 9:15AM</b>    |  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:06AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:17PM<br><b>Nataraja:</b> White<br>Moon – Red<br><b>Bhadrapada*Avani</b>          | Moon 9 - Phase 22 - 15<br>3rd Phase |
|          | Routine Work                           | Marana Yoga        |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  | <b>Sivaloka Day</b>                                                                                                                                                     |                                     |
|          |                                        |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
| <b>2</b> | <b>Sunday, September 17, 2023</b>      |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau            |                                                                        |                                                                                                                          |  | Trichirappalli, India<br>Sun 16 Sutra 153<br>Sobhana 5125                                                                                                               |                                     |
|          | Kanya Rasi: 21.18                      | Tithi 2 – 3        | <b>Gulika</b><br>Yama<br>566626573 <b>Rahu</b>                                                                                                                                                 | <b>3:13PM – 4:45PM</b><br>12:11PM – 1:42PM<br><b>4:45PM – 6:16PM</b>   | <b>Hasta Until 10:00AM</b><br>Brahma Until 4:26AM Mon<br>Taitila Until 11:58PM<br><b>Dvitiya Until 11:08AM</b>           |  | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:06AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:16PM<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Bhadrapada*Puratasi</b> | Moon 9 - Phase 22 - 16<br>3rd Phase |
|          | Creative Work                          | Amrita Yoga        |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  | <b>Sivaloka Day</b>                                                                                                                                                     |                                     |
|          | Until 10:00AM                          |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
|          | Then Creative Work - Siddha Yoga       |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
| <b>3</b> | <b>Monday, September 18, 2023</b>      |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau                 |                                                                        |                                                                                                                          |  | Trichirappalli, India<br>Sun 17 Sutra 154<br>Sobhana 5125                                                                                                               |                                     |
|          | Tula Rasi: 3.31                        | Tithi 3 – 4        | <b>Gulika</b><br>Yama<br>566626573 <b>Rahu</b>                                                                                                                                                 | <b>1:42PM – 3:13PM</b><br>10:39AM – 12:11PM<br><b>7:37AM – 9:08AM</b>  | <b>Chitra Until 12:07PM</b><br>Indra Until 4:23AM Tue<br>Vanija Until 1:17AM Tue<br><b>Tritiya Until 12:39PM</b>         |  | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:06AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:15PM<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Bhadrapada*Puratasi</b> | Moon 9 - Phase 22 - 17<br>3rd Phase |
|          | <b>Family Home Evening</b>             |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  | <b>Sivaloka Day</b>                                                                                                                                                     |                                     |
|          | Routine Work                           | Prabalarishta Yoga |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
|          | Until 12:07PM                          |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
|          | Then Creative Work - Amrita Yoga       |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
| <b>4</b> | <b>Tuesday, September 19, 2023</b>     |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau      |                                                                        |                                                                                                                          |  | Trichirappalli, India<br>Sun 18 Sutra 155<br>Sobhana 5125                                                                                                               |                                     |
|          | Tula Rasi: 15.55                       | Tithi 4 – 5        | <b>Gulika</b><br>Yama<br>567626573 <b>Rahu</b>                                                                                                                                                 | <b>12:10PM – 1:41PM</b><br>9:08AM – 10:39AM<br><b>3:12PM – 4:44PM</b>  | <b>Svati Until 1:38PM</b><br>Vaidhriti* Until 3:56AM Wed<br>Bava Until 2:06AM Wed<br><b>Chaturthi* Until 1:44PM</b>      |  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:06AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:15PM<br><b>Nataraja:</b> White<br>Moon – Green<br><b>Bhadrapada*Puratasi</b>     | Moon 9 - Phase 22 - 18<br>3rd Phase |
|          | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  | <b>Sivaloka Day</b>                                                                                                                                                     |                                     |
|          | Until 1:38PM                           |                    | <b>Ganesha Chaturthi</b>                                                                                                                                                                       |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
|          | Then Routine Work - Marana Yoga        |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
| <b>5</b> | <b>Wednesday, September 20, 2023</b>   |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtyayam Titau |                                                                        |                                                                                                                          |  | Trichirappalli, India<br>Sun 19 Sutra 156<br>Sobhana 5125                                                                                                               |                                     |
|          | Tula Rasi: 28.32                       | Tithi 5 – 6        | <b>Gulika</b><br>Yama<br>577626573 <b>Rahu</b>                                                                                                                                                 | <b>10:39AM – 12:10PM</b><br>7:37AM – 9:08AM<br><b>12:10PM – 1:41PM</b> | <b>Vishakha Until 2:58PM</b><br>Vishkambha* Until 3:04AM Thu<br>Kaulava Until 2:22AM Thu<br><b>Panchami Until 2:17PM</b> |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:14PM<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Bhadrapada*Puratasi</b>     | Moon 9 - Phase 22 - 19<br>3rd Phase |
|          | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  | <b>Subha Sivaloka Day</b>                                                                                                                                               |                                     |
|          |                                        |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
| <b>6</b> | <b>Thursday, September 21, 2023</b>    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shashti/Saptamyam Titau            |                                                                        |                                                                                                                          |  | Trichirappalli, India<br>Sun 20 Sutra 157<br>Sobhana 5125                                                                                                               |                                     |
|          | Vrischika Rasi: 11.26                  | Tithi 6 – 7        | <b>Gulika</b><br>Yama<br>577626573 <b>Rahu</b>                                                                                                                                                 | <b>9:08AM – 10:39AM</b><br>6:06AM – 7:37AM<br><b>1:41PM – 3:11PM</b>   | <b>Anuradha Until 3:34PM</b><br>Priti Until 1:43AM Fri<br>Gara Until 2:01AM Fri<br><b>Shashti* Until 2:15PM</b>          |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:13PM<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Bhadrapada*Puratasi</b>     | Moon 9 - Phase 22 - 20<br>3rd Phase |
|          | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  | <b>Subha Sivaloka Day</b>                                                                                                                                               |                                     |
|          | Until 3:34PM                           |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
|          | Then Routine Work - Prabalarishta Yoga |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
| <b>D</b> | <b>Friday, September 22, 2023</b>      |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau          |                                                                        |                                                                                                                          |  | Trichirappalli, India<br>Sun 21 Sutra 158<br>Sobhana 5125                                                                                                               |                                     |
|          | Vrischika Rasi: 24.38                  | Tithi 7 – 8        | <b>Gulika</b><br>Yama<br>577626573 <b>Rahu</b>                                                                                                                                                 | <b>7:36AM – 9:07AM</b><br>3:11PM – 4:42PM<br><b>10:38AM – 12:09PM</b>  | <b>Jyeshtha* Until 3:24PM</b><br>Ayushman Until 11:50PM<br>Visti Until 1:02AM Sat<br><b>Saptami Until 1:35PM</b>         |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:06AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:13PM<br><b>Nataraja:</b> White<br>Moon – Orange<br><b>Bhadrapada*Puratasi</b>     | Moon 9 - Phase 22 - 21<br>Ashtami   |
|          | Routine Work                           | Marana Yoga        |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  | <b>Subha Sivaloka Day</b>                                                                                                                                               |                                     |
|          | Until 3:24PM                           |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
|          | Then Creative Work - Amrita Yoga       |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |
|          | <b>Saturday, September 23, 2023</b>    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau         |                                                                        |                                                                                                                          |  | Trichirappalli, India<br>Sun 22 Sutra 159<br>Sobhana 5125                                                                                                               |                                     |
|          | Dhanus Rasi: 8.12                      | Tithi 8 – 9        | <b>Gulika</b><br>Yama<br>587626573 <b>Rahu</b>                                                                                                                                                 | <b>6:05AM – 7:36AM</b><br>1:40PM – 3:10PM<br><b>9:07AM – 10:38AM</b>   | <b>Mula* Until 2:54PM</b><br>Saubhagya Until 9:28PM<br>Balava Until 11:25PM<br><b>Ashtami* Until 12:17PM</b>             |  | <b>Ganesha:</b> White <i>Sunrise:</i> 6:05AM<br><b>Muruga:</b> White <i>Sunset:</i> 6:12PM<br><b>Nataraja:</b> White<br>Moon – Light Blue<br><b>Bhadrapada*Puratasi</b> | Moon 9 - Phase 22 - 22<br>Navami    |
|          | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  | <b>Sivaloka Day</b>                                                                                                                                                     |                                     |
|          |                                        |                    |                                                                                                                                                                                                |                                                                        |                                                                                                                          |  |                                                                                                                                                                         |                                     |

|                                  |                                 |               |                                                                                                                                                                                                     |                                    |                          |                 |                                                           |  |
|----------------------------------|---------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|--------------------------|-----------------|-----------------------------------------------------------|--|
| 1                                | Sunday, September 24, 2023      |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau     |                                    |                          |                 | Trichirappalli, India<br>Sun 23 Sutra 160<br>Sobhana 5125 |  |
|                                  | Dhanus Rasi: 22.08              | Tithi 9 – 10  | Gulika 3:10PM – 4:41PM                                                                                                                                                                              | Purvashadha* Until 1:40PM          | Ganesha: White           | Sunrise: 6:05AM |                                                           |  |
|                                  |                                 | 587626573     | Yama 12:08PM – 1:39PM                                                                                                                                                                               | Sobhana Until 6:38PM               | Muruga: White            | Sunset: 6:12PM  | Moon 9 - Phase 23 - 23                                    |  |
|                                  | Creative Work Siddha Yoga       |               | Rahu 4:41PM – 6:12PM                                                                                                                                                                                | Taitila Until 9:14PM               | Nataraja: White          |                 | 4th Phase                                                 |  |
| Until 1:40PM                     |                                 |               | Navami* Until 10:22AM                                                                                                                                                                               | Moon – Light Blue                  | Sivaloka Day             |                 |                                                           |  |
| Then Creative Work - Amrita Yoga |                                 |               |                                                                                                                                                                                                     | Bhadrapada*Puratasi                |                          |                 |                                                           |  |
| 2                                | Monday, September 25, 2023      |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                    |                          |                 | Trichirappalli, India<br>Sun 24 Sutra 161<br>Sobhana 5125 |  |
|                                  | Makara Rasi: 6.26               | Tithi 10 – 11 | Gulika 1:39PM – 3:10PM                                                                                                                                                                              | Uttarashadha Until 11:45AM         | Ganesha: Clear           | Sunrise: 6:05AM |                                                           |  |
|                                  | Family Home Evening             | 588626573     | Yama 10:37AM – 12:08PM                                                                                                                                                                              | Athiganda* Until 3:21PM            | Muruga: White            | Sunset: 6:11PM  | Moon 9 - Phase 23 - 24                                    |  |
|                                  | Routine Work Marana Yoga        |               | Rahu 7:36AM – 9:07AM                                                                                                                                                                                | Vanija Until 6:32PM                | Nataraja: White          |                 | 4th Phase                                                 |  |
| Until 11:45AM                    |                                 |               | Dashami Until 7:55AM                                                                                                                                                                                | Moon – Light Blue                  | Subha Sivaloka Day       |                 |                                                           |  |
| Then Creative Work - Amrita Yoga |                                 |               |                                                                                                                                                                                                     | Bhadrapada*Puratasi                |                          |                 |                                                           |  |
| 3                                | Tuesday, September 26, 2023     |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau            |                                    |                          |                 | Trichirappalli, India<br>Sun 25 Sutra 162<br>Sobhana 5125 |  |
|                                  | Makara Rasi: 21.03              | Tithi 12      | Gulika 12:08PM – 1:38PM                                                                                                                                                                             | Shravana Until 9:41AM              | Ganesha: White           | Sunrise: 6:05AM |                                                           |  |
|                                  |                                 | 598626573     | Yama 9:07AM – 10:37AM                                                                                                                                                                               | Sukarma Until 11:45AM              | Muruga: White            | Sunset: 6:10PM  | Moon 9 - Phase 23 - 25                                    |  |
|                                  | Creative Work Siddha Yoga       |               | Rahu 3:09PM – 4:40PM                                                                                                                                                                                | Bava Until 3:27PM                  | Nataraja: White          |                 | 4th Phase                                                 |  |
|                                  |                                 |               | Dvadashi Until 1:47AM Wed                                                                                                                                                                           | Moon – Purple                      | Subha Subha Sivaloka Day |                 |                                                           |  |
|                                  |                                 |               |                                                                                                                                                                                                     | Bhadrapada*Puratasi                |                          |                 |                                                           |  |
| 4                                | Wednesday, September 27, 2023   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau     |                                    |                          |                 | Trichirappalli, India<br>Sun 26 Sutra 163<br>Sobhana 5125 |  |
|                                  | Kumbha Rasi: 5.55               | Tithi 13      | Gulika 10:37AM – 12:07PM                                                                                                                                                                            | Dhanishtha Until 7:11AM            | Ganesha: White           | Sunrise: 6:05AM |                                                           |  |
|                                  |                                 | 598626573     | Yama 7:36AM – 9:06AM                                                                                                                                                                                | Dhriti Until 7:54AM                | Muruga: White            | Sunset: 6:10PM  | Moon 9 - Phase 23 - 26                                    |  |
|                                  | Routine Work Prabalarishta Yoga |               | Rahu 12:07PM – 1:38PM                                                                                                                                                                               | Kaulava Until 12:06PM              | Nataraja: White          |                 | 4th Phase                                                 |  |
| Until 7:11AM                     |                                 |               | Trayodashi Until 10:21PM                                                                                                                                                                            | Moon – Purple                      | Subha Subha Sivaloka Day |                 |                                                           |  |
| Then Creative Work - Siddha Yoga |                                 |               | Chidambaram Abhishekam                                                                                                                                                                              |                                    | Bhadrapada*Puratasi      |                 |                                                           |  |
|                                  |                                 |               | Kadaitswami Mahasamadhi                                                                                                                                                                             | Pradosha Vrata                     |                          |                 |                                                           |  |
| 5                                | Thursday, September 28, 2023    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau                      |                                    |                          |                 | Trichirappalli, India<br>Sun 27 Sutra 164<br>Sobhana 5125 |  |
|                                  | Kumbha Rasi: 20.55              | Tithi 14      | Gulika 9:06AM – 10:37AM                                                                                                                                                                             | Purvaproshtapada* Until 1:51AM Fri | Ganesha: Yellow          | Sunrise: 6:05AM |                                                           |  |
|                                  |                                 | 618626573     | Yama 6:05AM – 7:36AM                                                                                                                                                                                | Ganda* Until 11:56PM               | Muruga: White            | Sunset: 6:09PM  | Moon 9 - Phase 23 - 27                                    |  |
|                                  | Creative Work Siddha Yoga       |               | Rahu 1:38PM – 3:08PM                                                                                                                                                                                | Gara Until 8:38AM                  | Nataraja: White          |                 | 4th Phase                                                 |  |
|                                  |                                 |               | Chaturdashi* Until 6:53PM                                                                                                                                                                           | Moon – Clear                       | Subha Sivaloka Day       |                 |                                                           |  |
|                                  |                                 |               |                                                                                                                                                                                                     | Bhadrapada*Puratasi                |                          |                 |                                                           |  |
| O                                | Friday, September 29, 2023      |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau            |                                    |                          |                 | Trichirappalli, India<br>Sutra 165<br>Sobhana 5125        |  |
|                                  | Copper Retreat Star             |               | Gulika 7:36AM – 9:06AM                                                                                                                                                                              | Uttaraproshtapada Until 11:20PM    | Ganesha: Yellow          | Sunrise: 6:05AM |                                                           |  |
|                                  | Meena Rasi: 5.55                | Tithi 15 – 16 | Yama 3:08PM – 4:38PM                                                                                                                                                                                | Vriddhi Until 8:05PM               | Muruga: White            | Sunset: 6:08PM  | Moon 9 - Phase 23 -                                       |  |
|                                  |                                 | 618626573     | Rahu 10:36AM – 12:07PM                                                                                                                                                                              | Balava Until 1:56AM Sat            | Nataraja: White          |                 | Purnima                                                   |  |
| Creative Work Siddha Yoga        |                                 |               | Purnima* Until 3:31PM                                                                                                                                                                               | Moon – Clear                       | Subha Sivaloka Day       |                 |                                                           |  |
|                                  |                                 |               |                                                                                                                                                                                                     | Bhadrapada*Puratasi                |                          |                 |                                                           |  |
|                                  | Saturday, September 30, 2023    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau          |                                    |                          |                 | Trichirappalli, India<br>Sutra 166<br>Sobhana 5125        |  |
|                                  | Silver Retreat Star             |               | Gulika 6:05AM – 7:35AM                                                                                                                                                                              | Revati Until 9:01PM                | Ganesha: Yellow          | Sunrise: 6:05AM |                                                           |  |
|                                  | Meena Rasi: 20.45               | Tithi 16 – 17 | Yama 1:37PM – 3:07PM                                                                                                                                                                                | Dhruva Until 4:27PM                | Muruga: White            | Sunset: 6:08PM  | Moon 9 - Phase 23 -                                       |  |
|                                  |                                 | 618626573     | Rahu 9:06AM – 10:36AM                                                                                                                                                                               | Taitila Until 11:02PM              | Nataraja: White          |                 | Prathama                                                  |  |
| Routine Work Prabalarishta Yoga  |                                 |               | Prathama* Until 12:25PM                                                                                                                                                                             | Moon – Clear                       | Subha Sivaloka Day       |                 |                                                           |  |
| Until 9:01PM                     |                                 |               |                                                                                                                                                                                                     | Bhadrapada*Puratasi                |                          |                 |                                                           |  |
| Then Creative Work - Siddha Yoga |                                 |               |                                                                                                                                                                                                     |                                    |                          |                 |                                                           |  |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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**Sunday, October 1, 2023****Gold Retreat Star**

Mesha Rasi: 5.19 Tithi 17 – 18

Creative Work Siddha Yoga

Until 7:27PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trichirappalli, India

Sun 1 Sutra 167

Sobhana 5125

Moon 10 - Phase 24 - 1

1st Phase

**Gulika 3:07PM – 4:37PM**

Yama 12:06PM – 1:36PM

629626573 **Rahu 4:37PM – 6:07PM****Ashvini Until 7:27PM**

Vyaghata\* Until 1:13PM

Vanija Until 8:37PM

**Dvitiya Until 9:44AM****Ganesha:** White Sunrise: 6:05AM**Muruga:** White Sunset: 6:07PM**Nataraja:** White

Moon – White

**Subha Subha Sivaloka Day****Bhadrapada\*Puratasi****1****Monday, October 2, 2023**

Mesha Rasi: 19.3 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

Until 6:23PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Trichirappalli, India

Sun 2 Sutra 168

Sobhana 5125

Moon 10 - Phase 24 - 2

1st Phase

**Gulika 1:36PM – 4:06PM**

Yama 10:36AM – 12:06PM

629626573 **Rahu 7:35AM – 9:05AM****Bharani Until 6:23PM**

Harshana Until 10:28AM

Bava Until 6:50PM

**Tritiya Until 7:37AM****Ganesha:** Clear Sunrise: 6:05AM**Muruga:** White Sunset: 6:07PM**Nataraja:** White

Moon – White

**Subha Sivaloka Day****Bhadrapada\*Puratasi****2****Tuesday, October 3, 2023**

Vrishabha Rasi: 3.16 Tithi 19 – 20

Creative Work Siddha Yoga

Until 5:53PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Trichirappalli, India

Sun 3 Sutra 169

Sobhana 5125

Moon 10 - Phase 24 - 3

1st Phase

**Gulika 12:05PM – 1:36PM**

Yama 9:05AM – 10:35AM

629626573 **Rahu 3:06PM – 4:36PM****Krittika Until 5:53PM**

Vajra\* Until 8:15AM

Taitila Until 5:33AM Wed

**Chaturthi\* Until 6:12AM****Ganesha:** Clear Sunrise: 6:05AM**Muruga:** White Sunset: 6:06PM**Nataraja:** White

Moon – White

**Subha Sivaloka Day****Bhadrapada\*Puratasi****3****Wednesday, October 4, 2023**

Vrishabha Rasi: 16.34 Tithi 21

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Trichirappalli, India

Sun 4 Sutra 170

Sobhana 5125

Moon 10 - Phase 24 - 4

1st Phase

**Gulika 10:35AM – 12:05PM**

Yama 7:35AM – 9:05AM

639626573 **Rahu 12:05PM – 1:35PM****Rohini Until 6:28PM**

Siddhi Until 6:40AM

Gara Until 5:33PM

**Shashthi\* Until 5:42AM Thu****Ganesha:** Purple Sunrise: 6:05AM**Muruga:** White Sunset: 6:05PM**Nataraja:** White

Moon – Yellow

**Sivaloka Day****Bhadrapada\*Puratasi****4****Thursday, October 5, 2023**

Vrishabha Rasi: 29.28 Tithi 22

Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Variyan Yoga Visti\* Karana Saptamyam Titau

Trichirappalli, India

Sun 5 Sutra 171

Sobhana 5125

Moon 10 - Phase 24 - 5

1st Phase

**Gulika 9:05AM – 10:35AM**

Yama 6:05AM – 7:35AM

639626573 **Rahu 1:35PM – 3:05PM****Mrigashira Until 7:40PM**

Variyan Until 5:22AM Fri

Visti Until 6:06PM

**Saptami Until 6:37AM Fri****Ganesha:** Purple Sunrise: 6:05AM**Muruga:** White Sunset: 6:05PM**Nataraja:** White

Moon – Yellow

**Sivaloka Day****Bhadrapada\*Puratasi****D****Friday, October 6, 2023****Retreat Star**

Mithuna Rasi: 12.01 Tithi 22 – 23

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trichirappalli, India

Sun 6 Sutra 172

Sobhana 5125

Moon 10 - Phase 24 - 6

Ashtami

**Gulika 7:35AM – 9:05AM**

Yama 3:04PM – 4:34PM

639726573 **Rahu 10:35AM – 12:05PM****Ardra Until 9:23PM**

Parigha\* Until 5:30AM Sat

Balava Until 7:21PM

**Saptami Until 6:37AM****Ganesha:** Clear Sunrise: 6:05AM**Muruga:** White Sunset: 6:04PM**Nataraja:** White

Moon – Yellow

**Subha Sivaloka Day****Bhadrapada\*Puratasi****Saturday, October 7, 2023****Retreat Star**

Mithuna Rasi: 24.17 Tithi 23 – 24

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trichirappalli, India

Sun 7 Sutra 173

Sobhana 5125

Moon 10 - Phase 24 - 7

Navami

**Gulika 6:05AM – 7:35AM**

Yama 1:34PM – 3:04PM

649726573 **Rahu 9:05AM – 10:34AM****Punarvasu Until 11:58PM**

Shiva Until 6:03AM Sun

Taitila Until 9:12PM

**Ashtami\* Until 8:12AM****Ganesha:** Purple Sunrise: 6:05AM**Muruga:** White Sunset: 6:04PM**Nataraja:** White

Moon – Blue

**Subha Subha Sivaloka Day****Bhadrapada\*Puratasi**

|   |                                  |                                |                                                                                                                                                                                                    |                             |                     |                 |                                           |  |
|---|----------------------------------|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|---------------------|-----------------|-------------------------------------------|--|
| 1 | Sunday, October 8, 2023          |                                | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau                    |                             |                     |                 | Trichirappalli, India<br>Sun 8 Sutra 174  |  |
|   | Kataka Rasi: 6.2                 | Tithi 24 – 25                  | Gulika 3:04PM – 4:33PM                                                                                                                                                                             | Pushya Until 2:44AM Mon     | Ganesha: Purple     | Sunrise: 6:05AM | Sobhana 5125                              |  |
|   |                                  |                                | Yama 12:04PM – 1:34PM                                                                                                                                                                              | Shiva Until 6:03AM          | Muruga: White       | Sunset: 6:03PM  | Moon 10 - Phase 25 - 8                    |  |
|   | Creative Work                    | Siddha Yoga                    | 649726574 Rahu 4:33PM – 6:03PM                                                                                                                                                                     | Vanija Until 11:26PM        | Nataraja: Clear     |                 | 2nd Phase                                 |  |
|   |                                  |                                | Navami* Until 10:15AM                                                                                                                                                                              | Moon – Blue                 | Subha Sivaloka Day  |                 |                                           |  |
|   |                                  |                                |                                                                                                                                                                                                    |                             | Bhadrapada•Puratasi |                 |                                           |  |
| 2 | Monday, October 9, 2023          |                                | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau               |                             |                     |                 | Trichirappalli, India<br>Sun 9 Sutra 175  |  |
|   | Kataka Rasi: 18.16               | Tithi 25 – 26                  | Gulika 1:33PM – 3:03PM                                                                                                                                                                             | Ashlesha* Until 5:32AM Tue  | Ganesha: Purple     | Sunrise: 6:05AM | Sobhana 5125                              |  |
|   | Family Home Evening              |                                | Yama 10:34AM – 12:04PM                                                                                                                                                                             | Siddha Until 6:49AM         | Muruga: White       | Sunset: 6:02PM  | Moon 10 - Phase 25 - 9                    |  |
|   | Creative Work                    | Siddha Yoga                    | 649726574 Rahu 7:35AM – 9:04AM                                                                                                                                                                     | Bava Until 1:53AM Tue       | Nataraja: Clear     |                 | 2nd Phase                                 |  |
|   |                                  |                                | Dashami Until 12:37PM                                                                                                                                                                              | Moon – Blue                 | Subha Sivaloka Day  |                 |                                           |  |
|   |                                  |                                |                                                                                                                                                                                                    |                             | Bhadrapada•Puratasi |                 |                                           |  |
| 3 | Tuesday, October 10, 2023        |                                | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau            |                             |                     |                 | Trichirappalli, India<br>Sun 10 Sutra 176 |  |
|   | Simha Rasi: 0.08                 | Tithi 26 – 27                  | Gulika 12:03PM – 1:33PM                                                                                                                                                                            | Magha* Until 8:41AM Wed     | Ganesha: Red        | Sunrise: 6:05AM | Sobhana 5125                              |  |
|   |                                  |                                | Yama 9:04AM – 10:34AM                                                                                                                                                                              | Sadhya Until 7:43AM         | Muruga: White       | Sunset: 6:02PM  | Moon 10 - Phase 25 - 10                   |  |
|   | Creative Work                    | Siddha Yoga                    | 651726574 Rahu 3:03PM – 4:32PM                                                                                                                                                                     | Kaulava Until 4:23AM Wed    | Nataraja: Clear     |                 | 2nd Phase                                 |  |
|   | Until 8:41AM Wed                 |                                | Ekadashi* Until 3:07PM                                                                                                                                                                             | Moon – Red                  | Sivaloka Day        |                 |                                           |  |
|   | Then Creative Work - Amrita Yoga |                                |                                                                                                                                                                                                    |                             | Bhadrapada•Puratasi |                 |                                           |  |
| 4 | Wednesday, October 11, 2023      |                                | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                             |                     |                 | Trichirappalli, India<br>Sun 11 Sutra 177 |  |
|   | Simha Rasi: 12                   | Tithi 27 – 28                  | Gulika 10:34AM – 12:03PM                                                                                                                                                                           | Magha* Until 8:41AM         | Ganesha: Red        | Sunrise: 6:05AM | Sobhana 5125                              |  |
|   |                                  |                                | Yama 7:35AM – 9:04AM                                                                                                                                                                               | Subha Until 8:38AM          | Muruga: White       | Sunset: 6:01PM  | Moon 10 - Phase 25 - 11                   |  |
|   | Creative Work                    | Siddha Yoga                    | 651726574 Rahu 12:03PM – 1:33PM                                                                                                                                                                    | Gara Until 6:46AM Thu       | Nataraja: Clear     |                 | 2nd Phase                                 |  |
|   | Until 8:41AM                     |                                | Dvadashi* Until 5:34PM                                                                                                                                                                             | Moon – Red                  | Sivaloka Day        |                 |                                           |  |
|   | Then Creative Work - Amrita Yoga |                                | Pradosha Vrata (Fasting)                                                                                                                                                                           |                             | Bhadrapada•Puratasi |                 |                                           |  |
| 5 | Thursday, October 12, 2023       |                                | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau   |                             |                     |                 | Trichirappalli, India<br>Sun 12 Sutra 178 |  |
|   | Simha Rasi: 23.54                | Tithi 28                       | Gulika 9:04AM – 10:33AM                                                                                                                                                                            | Purvaphalguni Until 11:32AM | Ganesha: Red        | Sunrise: 6:05AM | Sobhana 5125                              |  |
|   |                                  |                                | Yama 6:05AM – 7:34AM                                                                                                                                                                               | Sukla Until 9:25AM          | Muruga: White       | Sunset: 6:01PM  | Moon 10 - Phase 25 - 12                   |  |
|   | Creative Work                    | Siddha Yoga                    | 651726574 Rahu 1:32PM – 3:02PM                                                                                                                                                                     | Gara Until 6:46AM           | Nataraja: Clear     |                 | 2nd Phase                                 |  |
|   |                                  |                                | Trayodashi* Until 7:51PM                                                                                                                                                                           | Moon – Red                  | Sivaloka Day        |                 |                                           |  |
|   |                                  |                                |                                                                                                                                                                                                    |                             | Bhadrapada•Puratasi |                 |                                           |  |
| 6 | Friday, October 13, 2023         |                                | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau      |                             |                     |                 | Trichirappalli, India<br>Sun 13 Sutra 179 |  |
|   | Kanya Rasi: 5.54                 | Tithi 29                       | Gulika 7:34AM – 9:04AM                                                                                                                                                                             | Uttaraphalguni Until 1:57PM | Ganesha: Red        | Sunrise: 6:05AM | Sobhana 5125                              |  |
|   |                                  |                                | Yama 3:01PM – 4:31PM                                                                                                                                                                               | Brahma Until 10:01AM        | Muruga: White       | Sunset: 6:00PM  | Moon 10 - Phase 25 - 13                   |  |
|   | Creative Work                    | Siddha Yoga                    | 651726574 Rahu 10:33AM – 12:03PM                                                                                                                                                                   | Visti Until 8:54AM          | Nataraja: Clear     |                 | 2nd Phase                                 |  |
|   | Until 1:57PM                     |                                | Chaturdashi* Until 9:49PM                                                                                                                                                                          | Moon – Red                  | Sivaloka Day        |                 |                                           |  |
|   | Then Creative Work - Amrita Yoga |                                |                                                                                                                                                                                                    |                             | Bhadrapada•Puratasi |                 |                                           |  |
| ● | Saturday, October 14, 2023       |                                | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau          |                             |                     |                 | Trichirappalli, India<br>Sun 14 Sutra 180 |  |
|   | Retreat Star                     |                                | Gulika 6:05AM – 7:34AM                                                                                                                                                                             | Hasta Until 4:22PM          | Ganesha: Yellow     | Sunrise: 6:05AM | Sobhana 5125                              |  |
|   | Kanya Rasi: 18.02                | Tithi 30                       | Yama 1:32PM – 3:01PM                                                                                                                                                                               | Indra Until 10:22AM         | Muruga: White       | Sunset: 6:00PM  | Moon 10 - Phase 25 - 14                   |  |
|   | Routine Work                     | Marana Yoga                    | 661726574 Rahu 9:04AM – 10:33AM                                                                                                                                                                    | Catuspada Until 10:41AM     | Nataraja: Clear     |                 | Amavasya                                  |  |
|   |                                  | Mahalaya Amavasai (Tamil Nadu) | Amavasya* Until 11:24PM                                                                                                                                                                            | Moon – Green                | Sivaloka Day        |                 |                                           |  |
|   |                                  |                                |                                                                                                                                                                                                    |                             | Bhadrapada•Puratasi |                 |                                           |  |
|   | Sunday, October 15, 2023         |                                | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau             |                             |                     |                 | Trichirappalli, India<br>Sun 15 Sutra 181 |  |
|   | Retreat Star                     |                                | Gulika 3:01PM – 4:30PM                                                                                                                                                                             | Chitra Until 6:11PM         | Ganesha: Yellow     | Sunrise: 6:05AM | Sobhana 5125                              |  |
|   | Tula Rasi: 0.2                   | Tithi 1                        | Yama 12:02PM – 1:31PM                                                                                                                                                                              | Vaidhriti* Until 10:22AM    | Muruga: White       | Sunset: 5:59PM  | Moon 10 - Phase 25 - 15                   |  |
|   | Creative Work                    | Siddha Yoga                    | 661726574 Rahu 4:30PM – 5:59PM                                                                                                                                                                     | Kintughna Until 12:03PM     | Nataraja: Clear     |                 | Prathama                                  |  |
|   |                                  | Navaratri Begins               | Prathama* Until 12:32AM Mon                                                                                                                                                                        | Moon – Green                | Sivaloka Day        |                 |                                           |  |
|   |                                  |                                |                                                                                                                                                                                                    | Ashvina•Puratasi            |                     |                 |                                           |  |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|                                     |                                                                                                                                                          |                           |                                                                                                                                                                                       |                                                                        |                                                                                                                     |                                                                                                                 |                                                           |                                                             |
|-------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------|-------------------------------------------------------------|
| <b>1</b>                            | <b>Monday, October 16, 2023</b>                                                                                                                          |                           | Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau                |                                                                        |                                                                                                                     |                                                                                                                 | Trichirappalli, India<br>Sun 16 Sutra 182<br>Sobhana 5125 |                                                             |
|                                     | Tula Rasi: 12.5<br><b>Family Home Evening</b><br>Creative Work Amrita Yoga<br>Until 7:24PM<br>Then Routine Work - Marana Yoga                            | Tithi 2<br>661726574      | <b>Gulika</b><br>Yama<br>Rahu                                                                                                                                                         | <b>1:31PM – 3:00PM</b><br>10:33AM – 12:02PM<br><b>7:34AM – 9:04AM</b>  | <b>Svati Until 7:24PM</b><br>Vishkambha* Until 10:01AM<br>Balava Until 12:57PM<br><b>Dvitiya Until 1:13AM Tue</b>   | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green<br>Ashvina*Puratasi    | <b>Sunrise:</b> 6:05AM<br><b>Sunset:</b> 5:59PM           | Moon 10 - Phase 26 - 16<br>3rd Phase<br><b>Sivaloka Day</b> |
| <b>2</b>                            | <b>Tuesday, October 17, 2023</b>                                                                                                                         |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau        |                                                                        |                                                                                                                     |                                                                                                                 | Trichirappalli, India<br>Sun 17 Sutra 183<br>Sobhana 5125 |                                                             |
|                                     | Tula Rasi: 25.33<br>Routine Work Marana Yoga<br>Until 8:28PM<br>Then Creative Work - Siddha Yoga                                                         | Tithi 3<br>671726574      | <b>Gulika</b><br>Yama<br>Rahu                                                                                                                                                         | <b>12:02PM – 1:31PM</b><br>9:03AM – 10:33AM<br><b>3:00PM – 4:29PM</b>  | <b>Vishakha Until 8:28PM</b><br>Priti Until 9:20AM<br>Taitila Until 1:23PM<br><b>Tritiya Until 1:25AM Wed</b>       | <b>Ganesha:</b> Red<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Orange<br>Ashvina*Puratasi      | <b>Sunrise:</b> 6:05AM<br><b>Sunset:</b> 5:58PM           | Moon 10 - Phase 26 - 17<br>3rd Phase<br><b>Sivaloka Day</b> |
| <b>3</b>                            | <b>Wednesday, October 18, 2023</b>                                                                                                                       |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau     |                                                                        |                                                                                                                     |                                                                                                                 | Trichirappalli, India<br>Sun 18 Sutra 184<br>Sobhana 5125 |                                                             |
|                                     | Vrischika Rasi: 8.29<br>Creative Work Siddha Yoga                                                                                                        | Tithi 4<br>671726574      | <b>Gulika</b><br>Yama<br>Rahu                                                                                                                                                         | <b>10:32AM – 12:02PM</b><br>7:34AM – 9:03AM<br><b>12:02PM – 1:31PM</b> | <b>Anuradha Until 8:57PM</b><br>Ayushman Until 8:15AM<br>Vanija Until 1:22PM<br><b>Chaturthi* Until 1:10AM Thu</b>  | <b>Ganesha:</b> Red<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Orange<br>Ashvina*Aipasi        | <b>Sunrise:</b> 6:05AM<br><b>Sunset:</b> 5:58PM           | Moon 10 - Phase 26 - 18<br>3rd Phase<br><b>Sivaloka Day</b> |
| <b>4</b>                            | <b>Thursday, October 19, 2023</b>                                                                                                                        |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau         |                                                                        |                                                                                                                     |                                                                                                                 | Trichirappalli, India<br>Sun 19 Sutra 185<br>Sobhana 5125 |                                                             |
|                                     | Vrischika Rasi: 21.39<br>Routine Work Prabalarishta Yoga<br>Until 8:50PM<br>Then Creative Work - Siddha Yoga                                             | Tithi 5<br>671726574      | <b>Gulika</b><br>Yama<br>Rahu                                                                                                                                                         | <b>9:03AM – 10:32AM</b><br>6:05AM – 7:34AM<br><b>1:30PM – 2:59PM</b>   | <b>Jyeshtha* Until 8:50PM</b><br>Saubhagya Until 6:49AM<br>Bava Until 12:53PM<br><b>Panchami Until 12:28AM Fri</b>  | <b>Ganesha:</b> Red<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Orange<br>Ashvina*Aipasi        | <b>Sunrise:</b> 6:05AM<br><b>Sunset:</b> 5:57PM           | Moon 10 - Phase 26 - 19<br>3rd Phase<br><b>Sivaloka Day</b> |
| <b>5</b>                            | <b>Friday, October 20, 2023</b>                                                                                                                          |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau               |                                                                        |                                                                                                                     |                                                                                                                 | Trichirappalli, India<br>Sun 20 Sutra 186<br>Sobhana 5125 |                                                             |
|                                     | Dhanus Rasi: 5.02<br>Creative Work Amrita Yoga<br>Until 8:37PM<br>Then Routine Work - Prabalarishta Yoga                                                 | Tithi 6<br>682726574      | <b>Gulika</b><br>Yama<br>Rahu                                                                                                                                                         | <b>7:34AM – 9:03AM</b><br>2:59PM – 4:28PM<br><b>10:32AM – 12:01PM</b>  | <b>Mula* Until 8:37PM</b><br>Athiganda* Until 2:58AM Sat<br>Kaulava Until 11:59AM<br><b>Shashthi* Until 11:22PM</b> | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Ashvina*Aipasi | <b>Sunrise:</b> 6:05AM<br><b>Sunset:</b> 5:57PM           | Moon 10 - Phase 26 - 20<br>3rd Phase<br><b>Sivaloka Day</b> |
| <b>6</b>                            | <b>Saturday, October 21, 2023</b>                                                                                                                        |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau                |                                                                        |                                                                                                                     |                                                                                                                 | Trichirappalli, India<br>Sun 21 Sutra 187<br>Sobhana 5125 |                                                             |
|                                     | Dhanus Rasi: 18.41<br>Creative Work Siddha Yoga<br>Until 7:51PM<br>Then Routine Work - Marana Yoga                                                       | Tithi 7<br>682726574      | <b>Gulika</b><br>Yama<br>Rahu                                                                                                                                                         | <b>6:06AM – 7:34AM</b><br>1:30PM – 2:59PM<br><b>9:03AM – 10:32AM</b>   | <b>Purvashadha* Until 7:51PM</b><br>Sukarma Until 12:34AM Sun<br>Gara Until 10:41AM<br><b>Saptami Until 9:52PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Ashvina*Aipasi | <b>Sunrise:</b> 6:06AM<br><b>Sunset:</b> 5:56PM           | Moon 10 - Phase 26 - 21<br>3rd Phase<br><b>Sivaloka Day</b> |
| <b>D</b>                            | <b>Sunday, October 22, 2023</b>                                                                                                                          |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau                 |                                                                        |                                                                                                                     |                                                                                                                 | Trichirappalli, India<br>Sun 22 Sutra 188<br>Sobhana 5125 |                                                             |
|                                     | <b>Retreat Star</b><br>Makara Rasi: 2.32<br>Creative Work Amrita Yoga                                                                                    | Tithi 8<br>682726574      | <b>Gulika</b><br>Yama<br>Rahu                                                                                                                                                         | <b>2:58PM – 4:27PM</b><br>12:01PM – 1:30PM<br><b>4:27PM – 5:56PM</b>   | <b>Uttarashadha Until 6:35PM</b><br>Dhriti Until 9:52PM<br>Visti Until 9:00AM<br><b>Ashtami* Until 8:00PM</b>       | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Ashvina*Aipasi | <b>Sunrise:</b> 6:06AM<br><b>Sunset:</b> 5:56PM           | Moon 10 - Phase 26 - 22<br>Ashtami<br><b>Sivaloka Day</b>   |
| <b>Durga Ashtami</b>                |                                                                                                                                                          |                           |                                                                                                                                                                                       |                                                                        |                                                                                                                     |                                                                                                                 |                                                           |                                                             |
| <b>D</b>                            | <b>Monday, October 23, 2023</b>                                                                                                                          |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shula* Yoga Balava/Taitila Karana Navami/Dashamyam Titau |                                                                        |                                                                                                                     |                                                                                                                 | Trichirappalli, India<br>Sun 23 Sutra 189<br>Sobhana 5125 |                                                             |
|                                     | <b>Retreat Star</b><br>Makara Rasi: 16.38<br><b>Family Home Evening</b><br>Creative Work Amrita Yoga<br>Until 5:15PM<br>Then Creative Work - Siddha Yoga | Tithi 9 – 10<br>692726574 | <b>Gulika</b><br>Yama<br>Rahu                                                                                                                                                         | <b>1:29PM – 2:58PM</b><br>10:32AM – 12:01PM<br><b>7:35AM – 9:03AM</b>  | <b>Shravana Until 5:15PM</b><br>Shula* Until 6:53PM<br>Balava Until 6:57AM<br><b>Navami* Until 5:47PM</b>           | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Purple<br>Ashvina*Aipasi      | <b>Sunrise:</b> 6:06AM<br><b>Sunset:</b> 5:56PM           | Moon 10 - Phase 26 - 23<br>Navami<br><b>Devaloka Day</b>    |
| <b>Saraswathi Puja (Tamil Nadu)</b> |                                                                                                                                                          |                           |                                                                                                                                                                                       |                                                                        |                                                                                                                     |                                                                                                                 |                                                           |                                                             |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|                                                                                   |                             |                           |                                                                                                                                                                                                                      |                                 |                 |                         |                       |           |
|-----------------------------------------------------------------------------------|-----------------------------|---------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|-----------------|-------------------------|-----------------------|-----------|
| 1                                                                                 | Tuesday, October 24, 2023   |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau                  |                                 |                 |                         | Trichirappalli, India |           |
|                                                                                   | Kumbha Rasi: 0.56           | Tithi 10 – 11             | Gulika<br>12:01PM – 1:29PM                                                                                                                                                                                           | Dhanishtha Until 3:30PM         | Ganesha: White  | Sunrise: 6:06AM         | Sun 24                | Sutra 190 |
|                                                                                   |                             |                           | Yama<br>9:03AM – 10:32AM                                                                                                                                                                                             | Ganda* Until 3:41PM             | Muruga: White   | Sunset: 5:55PM          | Sobhana 5125          |           |
|                                                                                   | 692726574                   | Rahu<br>2:58PM – 4:27PM   | Vanija Until 2:00AM Wed                                                                                                                                                                                              | Nataraja: Clear                 |                 | Moon 10 - Phase 27 - 24 | 4th Phase             |           |
|                                                                                   | Creative Work               | Siddha Yoga               |                                                                                                                                                                                                                      |                                 | Moon – Purple   |                         | Devaloka Day          |           |
| Until 3:30PM                                                                      |                             | Vijaya Dasami             | Dashami Until 3:18PM                                                                                                                                                                                                 | Ashvina•Aipasi                  |                 |                         |                       |           |
| Then Routine Work - Marana Yoga                                                   |                             |                           |                                                                                                                                                                                                                      |                                 |                 |                         |                       |           |
| 2                                                                                 | Wednesday, October 25, 2023 |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau            |                                 |                 |                         | Trichirappalli, India |           |
|                                                                                   | Kumbha Rasi: 15.25          | Tithi 11 – 12             | Gulika<br>10:32AM – 12:00PM                                                                                                                                                                                          | Shatabhishak Until 1:25PM       | Ganesha: White  | Sunrise: 6:06AM         | Sun 25                | Sutra 191 |
|                                                                                   |                             |                           | Yama<br>7:35AM – 9:03AM                                                                                                                                                                                              | Vridhhi Until 12:20PM           | Muruga: White   | Sunset: 5:55PM          | Sobhana 5125          |           |
|                                                                                   | 692726574                   | Rahu<br>12:00PM – 1:29PM  | Bava Until 11:14PM                                                                                                                                                                                                   | Nataraja: Clear                 |                 | Moon 10 - Phase 27 - 25 | 4th Phase             |           |
|                                                                                   | Creative Work               | Siddha Yoga               |                                                                                                                                                                                                                      |                                 | Moon – Purple   |                         | Devaloka Day          |           |
| Until 1:25PM                                                                      |                             |                           | Ekadashi Until 12:37PM                                                                                                                                                                                               | Ashvina•Aipasi                  |                 |                         |                       |           |
| Then Creative Work - Amrita Yoga                                                  |                             |                           |                                                                                                                                                                                                                      |                                 |                 |                         |                       |           |
| 3                                                                                 | Thursday, October 26, 2023  |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                 |                 |                         | Trichirappalli, India |           |
|                                                                                   | Kumbha Rasi: 29.59          | Tithi 12 – 13             | Gulika<br>9:03AM – 10:32AM                                                                                                                                                                                           | Purvaproshtapada* Until 11:30AM | Ganesha: Purple | Sunrise: 6:06AM         | Sun 26                | Sutra 192 |
|                                                                                   |                             |                           | Yama<br>6:06AM – 7:35AM                                                                                                                                                                                              | Dhruva Until 8:52AM             | Muruga: White   | Sunset: 5:54PM          | Sobhana 5125          |           |
|                                                                                   | 612726574                   | Rahu<br>1:29PM – 2:57PM   | Kaulava Until 8:25PM                                                                                                                                                                                                 | Nataraja: Clear                 |                 | Moon 10 - Phase 27 - 26 | 4th Phase             |           |
|                                                                                   | Creative Work               | Siddha Yoga               |                                                                                                                                                                                                                      |                                 | Moon – Clear    |                         | Devaloka Day          |           |
|                                                                                   |                             |                           | Dvadashi Until 9:49AM                                                                                                                                                                                                | Ashvina•Aipasi                  |                 |                         |                       |           |
|                                                                                   |                             | Pradosha Vrata            |                                                                                                                                                                                                                      |                                 |                 |                         |                       |           |
| 4                                                                                 | Friday, October 27, 2023    |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Harshana Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau               |                                 |                 |                         | Trichirappalli, India |           |
|                                                                                   | Meena Rasi: 14.34           | Tithi 13 – 14             | Gulika<br>7:35AM – 9:03AM                                                                                                                                                                                            | Uttaraproshtapada Until 9:27AM  | Ganesha: Purple | Sunrise: 6:06AM         | Sun 27                | Sutra 193 |
|                                                                                   |                             |                           | Yama<br>2:57PM – 4:26PM                                                                                                                                                                                              | Harshana Until 2:02AM Sat       | Muruga: White   | Sunset: 5:54PM          | Sobhana 5125          |           |
|                                                                                   | 612726574                   | Rahu<br>10:32AM – 12:00PM | Vanija Until 4:20AM Sat                                                                                                                                                                                              | Nataraja: Clear                 |                 | Moon 10 - Phase 27 - 27 | 4th Phase             |           |
|                                                                                   | Creative Work               | Siddha Yoga               |                                                                                                                                                                                                                      |                                 | Moon – Clear    |                         | Devaloka Day          |           |
|                                                                                   |                             |                           | Trayodashi Until 7:01AM                                                                                                                                                                                              | Ashvina•Aipasi                  |                 |                         |                       |           |
|  | Saturday, October 28, 2023  |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau                                             |                                 |                 |                         | Trichirappalli, India |           |
|                                                                                   | Copper Retreat Star         |                           | Gulika<br>6:07AM – 7:35AM                                                                                                                                                                                            | Revati Until 7:24AM             | Ganesha: Purple | Sunrise: 6:07AM         | Sun 28                | Sutra 194 |
|                                                                                   | Meena Rasi: 29.04           | Tithi 15                  | Yama<br>1:29PM – 2:57PM                                                                                                                                                                                              | Vajra* Until 10:51PM            | Muruga: White   | Sunset: 5:54PM          | Sobhana 5125          |           |
|                                                                                   | 612726574                   | Rahu<br>9:03AM – 10:32AM  | Visti Until 3:06PM                                                                                                                                                                                                   | Nataraja: Clear                 |                 | Moon 10 - Phase 27 -    | Purnima               |           |
|                                                                                   | Routine Work                | Prabalarishta Yoga        |                                                                                                                                                                                                                      |                                 | Moon – Clear    |                         | Devaloka Day          |           |
| Until 7:24AM                                                                      |                             |                           | Purnima* Until 1:55AM Sun                                                                                                                                                                                            | Ashvina•Aipasi                  |                 |                         |                       |           |
| Then Creative Work - Siddha Yoga                                                  |                             |                           |                                                                                                                                                                                                                      |                                 |                 |                         |                       |           |
|                                                                                   | Sunday, October 29, 2023    |                           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau                                              |                                 |                 |                         | Trichirappalli, India |           |
|                                                                                   | Silver Retreat Star         |                           | Gulika<br>2:57PM – 4:25PM                                                                                                                                                                                            | Bharani Until 4:40AM Mon        | Ganesha: Clear  | Sunrise: 6:07AM         | Sun 29                | Sutra 195 |
|                                                                                   | Mesha Rasi: 13.23           | Tithi 16                  | Yama<br>12:00PM – 1:28PM                                                                                                                                                                                             | Siddhi Until 7:58PM             | Muruga: White   | Sunset: 5:53PM          | Sobhana 5125          |           |
|                                                                                   | 622726574                   | Rahu<br>4:25PM – 5:53PM   | Balava Until 12:51PM                                                                                                                                                                                                 | Nataraja: Clear                 |                 | Moon 10 - Phase 27 -    | Prathama              |           |
|                                                                                   | Routine Work                | Prabalarishta Yoga        |                                                                                                                                                                                                                      |                                 | Moon – White    |                         | Sivaloka Day          |           |
| Until 4:40AM Mon                                                                  |                             |                           | Prathama* Until 11:53PM                                                                                                                                                                                              | Ashvina•Aipasi                  |                 |                         |                       |           |
| Then Routine Work - Marana Yoga                                                   |                             |                           |                                                                                                                                                                                                                      |                                 |                 |                         |                       |           |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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**Monday, October 30, 2023****Gold Retreat Star**

Mesha Rasi: 27.26 Tithi 17  
**Family Home Evening**  
 Routine Work Marana Yoga  
 Until 3:50AM Tue  
 Then Creative Work - Amrita Yoga

**Gulika** 1:28PM – 2:57PM  
 Yama 10:32AM – 12:00PM  
 622826574 **Rahu** 7:35AM – 9:03AM

Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
 Kritika Nakshatra Vyatipata\* Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

**Kritika Until 3:50AM Tue**  
 Vyatipata\* Until 5:31PM  
 Taitila Until 11:04AM  
**Dvitiya Until 10:22PM**

**Ganesha:** White *Sunrise:* 6:07AM  
**Muruga:** White *Sunset:* 5:53PM  
**Nataraja:** Clear  
 Moon – White  
**Ashvina•Aipasi**

Trichirappalli, India  
 Sutra 196  
 Sobhana 5125  
 Moon 11 - Phase 28 -  
 1st Phase

**Subha Sivaloka Day****1****Tuesday, October 31, 2023**

Mrishabha Rasi: 11.08 Tithi 18  
 Creative Work Amrita Yoga  
 Until 3:56AM Wed  
 Then Creative Work - Siddha Yoga

**Gulika** 12:00PM – 1:28PM  
 Yama 9:04AM – 10:32AM  
 632826574 **Rahu** 2:56PM – 4:25PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Rohini Nakshatra Variyan/Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Rohini Until 3:56AM Wed**  
 Variyan Until 3:31PM  
 Vanija Until 9:52AM  
**Tritiya Until 9:30PM**

**Ganesha:** Yellow *Sunrise:* 6:07AM  
**Muruga:** White *Sunset:* 5:53PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Ashvina•Aipasi**

Trichirappalli, India  
 Sun 1 Sutra 197  
 Sobhana 5125  
 Moon 11 - Phase 28 - 1  
 1st Phase

**Sivaloka Day****2****Wednesday, November 1, 2023**

Mrishabha Rasi: 24.27 Tithi 19  
 Creative Work Siddha Yoga  
 Until 4:36AM Thu  
 Then Routine Work - Marana Yoga

**Gulika** 10:32AM – 12:00PM  
 Yama 7:35AM – 9:04AM  
 632826574 **Rahu** 12:00PM – 1:28PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
 Mrigashira Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Chaturthyam Titau

**Mrigashira Until 4:36AM Thu**  
 Parigha\* Until 2:04PM  
 Bava Until 9:21AM  
**Chaturthi\* Until 9:20PM**

**Ganesha:** Yellow *Sunrise:* 6:07AM  
**Muruga:** White *Sunset:* 5:53PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Ashvina•Aipasi**

Trichirappalli, India  
 Sun 2 Sutra 198  
 Sobhana 5125  
 Moon 11 - Phase 28 - 2  
 1st Phase

**Sivaloka Day****3****Thursday, November 2, 2023**

Mithuna Rasi: 7.24 Tithi 20  
 Routine Work Marana Yoga  
 Until 5:48AM Fri  
 Then Creative Work - Siddha Yoga

**Gulika** 9:04AM – 10:32AM  
 Yama 6:08AM – 7:36AM  
 633826574 **Rahu** 1:28PM – 2:56PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
 Ardra Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

**Ardra Until 5:48AM Fri**  
 Shiva Until 1:12PM  
 Kaulava Until 9:33AM  
**Panchami Until 9:54PM**

**Ganesha:** White *Sunrise:* 6:08AM  
**Muruga:** White *Sunset:* 5:52PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Ashvina•Aipasi**

Trichirappalli, India  
 Sun 3 Sutra 199  
 Sobhana 5125  
 Moon 11 - Phase 28 - 3  
 1st Phase

**Devaloka Day****4****Friday, November 3, 2023**

Mithuna Rasi: 20.01 Tithi 21  
 Creative Work Siddha Yoga

**Gulika** 7:36AM – 9:04AM  
 Yama 2:56PM – 4:24PM  
 643826574 **Rahu** 10:32AM – 12:00PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Punarvasu Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

**Punarvasu Until 7:58AM Sat**  
 Siddha Until 12:52PM  
 Gara Until 10:28AM  
**Shashthi\* Until 11:10PM**

**Ganesha:** Yellow *Sunrise:* 6:08AM  
**Muruga:** White *Sunset:* 5:52PM  
**Nataraja:** Clear  
 Moon – Blue  
**Ashvina•Aipasi**

Trichirappalli, India  
 Sun 4 Sutra 200  
 Sobhana 5125  
 Moon 11 - Phase 28 - 4  
 1st Phase

**Sivaloka Day****5****Saturday, November 4, 2023**

Kataka Rasi: 2.2 Tithi 22  
 Creative Work Siddha Yoga

**Gulika** 6:08AM – 7:36AM  
 Yama 1:28PM – 2:56PM  
 643826574 **Rahu** 9:04AM – 10:32AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Saptamyam Titau

**Punarvasu Until 7:58AM**  
 Sadhya Until 1:02PM  
 Visti Until 12:03PM  
**Saptami Until 1:01AM Sun**

**Ganesha:** Yellow *Sunrise:* 6:08AM  
**Muruga:** White *Sunset:* 5:52PM  
**Nataraja:** Clear  
 Moon – Blue  
**Ashvina•Aipasi**

Trichirappalli, India  
 Sun 5 Sutra 201  
 Sobhana 5125  
 Moon 11 - Phase 28 - 5  
 1st Phase

**Sivaloka Day****D****Sunday, November 5, 2023****Retreat Star**

Kataka Rasi: 14.25 Tithi 23  
 Creative Work Siddha Yoga

**Gulika** 2:56PM – 4:24PM  
 Yama 12:00PM – 1:28PM  
 643826574 **Rahu** 4:24PM – 5:52PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

**Pushya Until 10:29AM**  
 Subha Until 1:35PM  
 Balava Until 2:09PM  
**Ashtami\* Until 3:18AM Mon**

**Ganesha:** Yellow *Sunrise:* 6:08AM  
**Muruga:** White *Sunset:* 5:52PM  
**Nataraja:** Clear  
 Moon – Blue  
**Ashvina•Aipasi**

Trichirappalli, India  
 Sun 6 Sutra 202  
 Sobhana 5125  
 Moon 11 - Phase 28 - 6  
 Ashtami

**Sivaloka Day****Monday, November 6, 2023****Retreat Star**

Kataka Rasi: 26.22 Tithi 24  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 1:10PM  
 Then Routine Work - Marana Yoga

**Gulika** 1:28PM – 2:56PM  
 Yama 10:32AM – 12:00PM  
 643826574 **Rahu** 7:36AM – 9:04AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
 Ashlesha\*/Magha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

**Ashlesha\* Until 1:10PM**  
 Sukla Until 2:22PM  
 Taitila Until 4:34PM  
**Navami\* Until 5:49AM Tue**

**Ganesha:** Yellow *Sunrise:* 6:08AM  
**Muruga:** White *Sunset:* 5:51PM  
**Nataraja:** Clear  
 Moon – Blue  
**Ashvina•Aipasi**

Trichirappalli, India  
 Sun 7 Sutra 203  
 Sobhana 5125  
 Moon 11 - Phase 28 - 7  
 Navami

**Sivaloka Day**

|                                                                                     |                             |                                  |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |
|-------------------------------------------------------------------------------------|-----------------------------|----------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|-----------------|-----------------|--------------------------------------|-----------------------------------------------------------|-----------------------------------------------------------|
| 1                                                                                   | Tuesday, November 7, 2023   |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Vanija Karana Dashamyam Titau                    |                             |                 |                 |                                      | Trichirappalli, India<br>Sun 8 Sutra 204<br>Sobhana 5125  |                                                           |
|                                                                                     | Simha Rasi: 8.13            | Tithi 25                         | Gulika 12:00PM – 1:28PM                                                                                                                                                                               | Magha* Until 4:20PM         | Ganesha: Yellow | Sunrise: 6:09AM | Moon 11 - Phase 29 - 8<br>2nd Phase  | Sivaloka Day                                              |                                                           |
|                                                                                     | 753826574                   | Yama 9:04AM – 10:32AM            | Brahma Until 3:15PM                                                                                                                                                                                   | Muruga: White               | Sunset: 5:51PM  |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Rahu 2:56PM – 4:23PM             | Vanija Until 7:07PM                                                                                                                                                                                   | Nataraja: Clear             |                 |                 |                                      |                                                           |                                                           |
| Creative Work                                                                       | Siddha Yoga                 | Dashami Until 8:20AM Wed         |                                                                                                                                                                                                       |                             | Moon – Red      |                 | Ashvina•Aipasi                       |                                                           |                                                           |
| 2                                                                                   | Wednesday, November 8, 2023 |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau           |                             |                 |                 |                                      |                                                           | Trichirappalli, India<br>Sun 9 Sutra 205<br>Sobhana 5125  |
|                                                                                     | Simha Rasi: 20.05           | Tithi 25 – 26                    | Gulika 10:32AM – 12:00PM                                                                                                                                                                              | Purvaphalguni Until 7:15PM  | Ganesha: Yellow | Sunrise: 6:09AM | Moon 11 - Phase 29 - 9<br>2nd Phase  | Sivaloka Day                                              |                                                           |
|                                                                                     | 753826574                   | Yama 7:37AM – 9:05AM             | Indra Until 4:06PM                                                                                                                                                                                    | Muruga: White               | Sunset: 5:51PM  |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Rahu 12:00PM – 1:28PM            | Bava Until 9:33PM                                                                                                                                                                                     | Nataraja: Clear             |                 |                 |                                      |                                                           |                                                           |
| Creative Work                                                                       | Amrita Yoga                 | Dashami Until 8:20AM             |                                                                                                                                                                                                       |                             | Moon – Red      |                 | Ashvina•Aipasi                       |                                                           |                                                           |
| 3                                                                                   | Thursday, November 9, 2023  |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                             |                 |                 |                                      |                                                           | Trichirappalli, India<br>Sun 10 Sutra 206<br>Sobhana 5125 |
|                                                                                     | Kanya Rasi: 2.01            | Tithi 26 – 27                    | Gulika 9:05AM – 10:32AM                                                                                                                                                                               | Uttaraphalguni Until 9:43PM | Ganesha: Yellow | Sunrise: 6:09AM | Moon 11 - Phase 29 - 10<br>2nd Phase | Sivaloka Day                                              |                                                           |
|                                                                                     | 753826574                   | Yama 6:09AM – 7:37AM             | Vaidhriti* Until 4:43PM                                                                                                                                                                               | Muruga: White               | Sunset: 5:51PM  |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Rahu 1:28PM – 2:55PM             | Kaulava Until 11:41PM                                                                                                                                                                                 | Nataraja: Clear             |                 |                 |                                      |                                                           |                                                           |
| Amrita Yoga                                                                         |                             | Ekadashi* Until 10:39AM          |                                                                                                                                                                                                       |                             | Moon – Red      |                 | Ashvina•Aipasi                       |                                                           |                                                           |
| Until 9:43PM                                                                        |                             | Then Routine Work - Marana Yoga  |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |
| 4                                                                                   | Friday, November 10, 2023   |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasta Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau              |                             |                 |                 |                                      | Trichirappalli, India<br>Sun 11 Sutra 207<br>Sobhana 5125 |                                                           |
|                                                                                     | Kanya Rasi: 14.05           | Tithi 27 – 28                    | Gulika 7:37AM – 9:05AM                                                                                                                                                                                | Hasta Until 12:06AM Sat     | Ganesha: Blue   | Sunrise: 6:10AM | Moon 11 - Phase 29 - 11<br>2nd Phase | Devaloka Day                                              |                                                           |
|                                                                                     | 763826574                   | Yama 2:55PM – 4:23PM             | Vishkambha* Until 5:02PM                                                                                                                                                                              | Muruga: White               | Sunset: 5:51PM  |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Rahu 10:33AM – 12:00PM           | Gara Until 1:22AM Sat                                                                                                                                                                                 | Nataraja: Clear             |                 |                 |                                      |                                                           |                                                           |
| Creative Work                                                                       | Amrita Yoga                 | Dvadashi* Until 12:34PM          |                                                                                                                                                                                                       |                             | Moon – Green    |                 | Ashvina•Aipasi                       |                                                           |                                                           |
| Until 12:06AM Sat                                                                   |                             | Then Routine Work - Marana Yoga  |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Pradosha Vrata (Fasting)         |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |
| 5                                                                                   | Saturday, November 11, 2023 |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau            |                             |                 |                 |                                      | Trichirappalli, India<br>Sun 12 Sutra 208<br>Sobhana 5125 |                                                           |
|                                                                                     | Kanya Rasi: 26.22           | Tithi 28 – 29                    | Gulika 6:10AM – 7:38AM                                                                                                                                                                                | Chitra Until 1:46AM Sun     | Ganesha: Blue   | Sunrise: 6:10AM | Moon 11 - Phase 29 - 12<br>2nd Phase | Devaloka Day                                              |                                                           |
|                                                                                     | 763826574                   | Yama 1:28PM – 2:55PM             | Priti Until 4:57PM                                                                                                                                                                                    | Muruga: White               | Sunset: 5:51PM  |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Rahu 9:05AM – 10:33AM            | Visti Until 2:28AM Sun                                                                                                                                                                                | Nataraja: Clear             |                 |                 |                                      |                                                           |                                                           |
| Routine Work                                                                        | Marana Yoga                 | Trayodashi* Until 1:58PM         |                                                                                                                                                                                                       |                             | Moon – Green    |                 | Ashvina•Aipasi                       |                                                           |                                                           |
| Until 1:46AM Sun                                                                    |                             | Then Creative Work - Siddha Yoga |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Subramuniyaswami Mahasamadhi     |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Deepavali Hindu Solidarity Day   |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |
|  | Sunday, November 12, 2023   |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau     |                             |                 |                 |                                      | Trichirappalli, India<br>Sun 13 Sutra 209<br>Sobhana 5125 |                                                           |
|                                                                                     | Retreat Star                |                                  | Gulika 2:55PM – 4:23PM                                                                                                                                                                                | Svati Until 2:42AM Mon      | Ganesha: Blue   | Sunrise: 6:10AM | Moon 11 - Phase 29 - 13<br>Amavasya  | Devaloka Day                                              |                                                           |
|                                                                                     | 763826574                   | Yama 12:00PM – 1:28PM            | Ayushman Until 4:23PM                                                                                                                                                                                 | Muruga: White               | Sunset: 5:51PM  |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Rahu 4:23PM – 5:51PM             | Catuspada Until 2:58AM Mon                                                                                                                                                                            | Nataraja: Clear             |                 |                 |                                      |                                                           |                                                           |
| Creative Work                                                                       | Siddha Yoga                 | Chaturdashi* Until 2:46PM        |                                                                                                                                                                                                       |                             | Moon – Green    |                 | Ashvina•Aipasi                       |                                                           |                                                           |
| Until 2:42AM Mon                                                                    |                             | Then Routine Work - Marana Yoga  |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |
|                                                                                     | Monday, November 13, 2023   |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau           |                             |                 |                 |                                      | Trichirappalli, India<br>Sun 14 Sutra 210<br>Sobhana 5125 |                                                           |
|                                                                                     | Retreat Star                |                                  | Gulika 1:28PM – 2:55PM                                                                                                                                                                                | Vishakha Until 3:22AM Tue   | Ganesha: Blue   | Sunrise: 6:11AM | Moon 11 - Phase 29 - 14<br>Prathama  | Devaloka Day                                              |                                                           |
|                                                                                     | 773826574                   | Yama 10:33AM – 12:01PM           | Saubhagya Until 3:22PM                                                                                                                                                                                | Muruga: White               | Sunset: 5:50PM  |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Rahu 7:38AM – 9:06AM             | Kintughna Until 2:52AM Tue                                                                                                                                                                            | Nataraja: Clear             |                 |                 |                                      |                                                           |                                                           |
| Routine Work                                                                        | Marana Yoga                 | Amavasya* Until 2:58PM           |                                                                                                                                                                                                       |                             | Moon – Orange   |                 | Karttika•Aipasi                      |                                                           |                                                           |
| Until 3:22AM Tue                                                                    |                             | Then Creative Work - Siddha Yoga |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |
|                                                                                     |                             | Skanda Shasthi Begins            |                                                                                                                                                                                                       |                             |                 |                 |                                      |                                                           |                                                           |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

|                            |                              |                    |                                                                                                                                                                                              |                                      |                                                        |                                       |                                                           |                         |
|----------------------------|------------------------------|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|--------------------------------------------------------|---------------------------------------|-----------------------------------------------------------|-------------------------|
| 1                          | Tuesday, November 14, 2023   |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau    |                                      |                                                        |                                       | Trichirappalli, India<br>Sun 15 Sutra 211<br>Sobhana 5125 |                         |
|                            | Vrischika Rasi: 4.46         | Tithi 1 – 2        | Gulika<br>Yama                                                                                                                                                                               | 12:01PM – 1:28PM<br>9:06AM – 10:33AM | Anuradha Until 3:22AM Wed<br>Sobhana Until 1:55PM      | Ganesha: Blue<br>Muruga: White        | Sunrise: 6:11AM<br>Sunset: 5:50PM                         | Moon 11 - Phase 30 - 15 |
|                            |                              | 773826574          | Rahu                                                                                                                                                                                         | 2:56PM – 4:23PM                      | Balava Until 2:15AM Wed<br>Prathama* Until 2:36PM      | Nataraja: Clear<br>Moon – Orange      |                                                           | 3rd Phase               |
|                            | Creative Work                | Siddha Yoga        |                                                                                                                                                                                              |                                      |                                                        | Karttika•Aipasi                       | Devaloka Day                                              |                         |
| 2                          | Wednesday, November 15, 2023 |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau  |                                      |                                                        |                                       | Trichirappalli, India<br>Sun 16 Sutra 212<br>Sobhana 5125 |                         |
|                            | Vrischika Rasi: 18.08        | Tithi 2 – 3        | Gulika<br>Yama                                                                                                                                                                               | 10:33AM – 12:01PM<br>7:39AM – 9:06AM | Jyeshtha* Until 2:48AM Thu<br>Athiganda* Until 12:04PM | Ganesha: Blue<br>Muruga: White        | Sunrise: 6:11AM<br>Sunset: 5:50PM                         | Moon 11 - Phase 30 - 16 |
|                            |                              | 773826574          | Rahu                                                                                                                                                                                         | 12:01PM – 1:28PM                     | Taitila Until 1:12AM Thu<br>Dvitiya Until 1:45PM       | Nataraja: Clear<br>Moon – Orange      |                                                           | 3rd Phase               |
|                            | Creative Work                | Siddha Yoga        |                                                                                                                                                                                              |                                      |                                                        | Karttika•Aipasi                       | Devaloka Day                                              |                         |
| 3                          | Thursday, November 16, 2023  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau              |                                      |                                                        |                                       | Trichirappalli, India<br>Sun 17 Sutra 213<br>Sobhana 5125 |                         |
|                            | Dhanus Rasi: 1.44            | Tithi 3 – 4        | Gulika<br>Yama                                                                                                                                                                               | 9:06AM – 10:34AM<br>6:12AM – 7:39AM  | Mula* Until 2:11AM Fri<br>Sukarma Until 9:54AM         | Ganesha: Blue<br>Muruga: White        | Sunrise: 6:12AM<br>Sunset: 5:50PM                         | Moon 11 - Phase 30 - 17 |
|                            |                              | 783826574          | Rahu                                                                                                                                                                                         | 1:28PM – 2:56PM                      | Vanija Until 11:48PM<br>Tritiya Until 12:31PM          | Nataraja: Clear<br>Moon – Light Blue  |                                                           | 3rd Phase               |
|                            | Creative Work                | Siddha Yoga        |                                                                                                                                                                                              |                                      |                                                        | Karttika•Aipasi                       | Devaloka Day                                              |                         |
| Until 2:11AM Fri           |                              |                    | Then Routine Work - Prabalarishta Yoga                                                                                                                                                       |                                      |                                                        |                                       |                                                           |                         |
| 4                          | Friday, November 17, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                      |                                                        |                                       | Trichirappalli, India<br>Sun 18 Sutra 214<br>Sobhana 5125 |                         |
|                            | Dhanus Rasi: 15.31           | Tithi 4 – 5        | Gulika<br>Yama                                                                                                                                                                               | 7:39AM – 9:07AM<br>2:56PM – 4:23PM   | Purvashadha* Until 1:12AM Sat<br>Dhriti Until 7:31AM   | Ganesha: Yellow<br>Muruga: White      | Sunrise: 6:12AM<br>Sunset: 5:50PM                         | Moon 11 - Phase 30 - 18 |
|                            |                              | 784826575          | Rahu                                                                                                                                                                                         | 10:34AM – 12:01PM                    | Bava Until 10:09PM<br>Chaturthi* Until 10:59AM         | Nataraja: Purple<br>Moon – Light Blue |                                                           | 3rd Phase               |
|                            | Routine Work                 | Prabalarishta Yoga |                                                                                                                                                                                              |                                      |                                                        | Karttika•Karttikai                    | Subha Sivaloka Day                                        |                         |
| Until 1:12AM Sat           |                              |                    | Then Routine Work - Marana Yoga                                                                                                                                                              |                                      |                                                        |                                       |                                                           |                         |
| 5                          | Saturday, November 18, 2023  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau      |                                      |                                                        |                                       | Trichirappalli, India<br>Sun 19 Sutra 215<br>Sobhana 5125 |                         |
|                            | Dhanus Rasi: 29.27           | Tithi 5 – 6        | Gulika<br>Yama                                                                                                                                                                               | 6:13AM – 7:40AM<br>1:29PM – 2:56PM   | Uttarashadha Until 11:54PM<br>Ganda* Until 2:13AM Sun  | Ganesha: Yellow<br>Muruga: White      | Sunrise: 6:13AM<br>Sunset: 5:50PM                         | Moon 11 - Phase 30 - 19 |
|                            |                              | 784826575          | Rahu                                                                                                                                                                                         | 9:07AM – 10:34AM                     | Kaulava Until 8:19PM<br>Panchami Until 9:14AM          | Nataraja: Purple<br>Moon – Light Blue |                                                           | 3rd Phase               |
|                            | Routine Work                 | Marana Yoga        |                                                                                                                                                                                              | Skanda Shasthi                       |                                                        | Karttika•Karttikai                    | Subha Sivaloka Day                                        |                         |
| Until 11:54PM              |                              |                    | Then Creative Work - Siddha Yoga                                                                                                                                                             |                                      |                                                        |                                       |                                                           |                         |
| 6                          | Sunday, November 19, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau            |                                      |                                                        |                                       | Trichirappalli, India<br>Sun 20 Sutra 216<br>Sobhana 5125 |                         |
|                            | Makara Rasi: 13.29           | Tithi 6 – 7        | Gulika<br>Yama                                                                                                                                                                               | 2:56PM – 4:23PM<br>12:02PM – 1:29PM  | Shravana Until 10:47PM<br>Vriddhi Until 11:26PM        | Ganesha: White<br>Muruga: White       | Sunrise: 6:13AM<br>Sunset: 5:50PM                         | Moon 11 - Phase 30 - 20 |
|                            |                              | 794826575          | Rahu                                                                                                                                                                                         | 4:23PM – 5:50PM                      | Gara Until 6:23PM<br>Shashthi* Until 7:21AM            | Nataraja: Purple<br>Moon – Purple     |                                                           | 3rd Phase               |
|                            | Creative Work                | Amrita Yoga        |                                                                                                                                                                                              |                                      |                                                        | Karttika•Karttikai                    | Subha Subha Sivaloka Day                                  |                         |
| Until 10:47PM              |                              |                    | Then Routine Work - Marana Yoga                                                                                                                                                              |                                      |                                                        |                                       |                                                           |                         |
| D                          | Monday, November 20, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau                      |                                      |                                                        |                                       | Trichirappalli, India<br>Sun 21 Sutra 217<br>Sobhana 5125 |                         |
|                            | Retreat Star                 |                    | Gulika                                                                                                                                                                                       | 1:29PM – 2:56PM                      | Dhanishtha Until 9:26PM                                | Ganesha: White                        | Sunrise: 6:13AM                                           |                         |
|                            | Makara Rasi: 27.34           | Tithi 8            | Yama                                                                                                                                                                                         | 10:35AM – 12:02PM                    | Dhruva Until 8:35PM                                    | Muruga: White                         | Sunset: 5:50PM                                            | Moon 11 - Phase 30 - 21 |
|                            | Family Home Evening          |                    | Rahu                                                                                                                                                                                         | 7:40AM – 9:08AM                      | Visti Until 4:22PM<br>Ashtami* Until 3:19AM Tue        | Nataraja: Purple<br>Moon – Purple     |                                                           | Ashtami                 |
| Creative Work              |                              |                    | Siddha Yoga                                                                                                                                                                                  |                                      | Karttika•Karttikai                                     |                                       | Subha Subha Sivaloka Day                                  |                         |
| Tuesday, November 21, 2023 |                              |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau   |                                      |                                                        |                                       | Trichirappalli, India<br>Sun 22 Sutra 218<br>Sobhana 5125 |                         |
| Retreat Star               |                              |                    | Gulika                                                                                                                                                                                       | 12:02PM – 1:29PM                     | Shatabhishak Until 7:55PM                              | Ganesha: White                        | Sunrise: 6:14AM                                           |                         |
| Kumbha Rasi: 11.42         | Tithi 9                      |                    | Yama                                                                                                                                                                                         | 9:08AM – 10:35AM                     | Vyaghata* Until 5:42PM                                 | Muruga: White                         | Sunset: 5:50PM                                            | Moon 11 - Phase 30 - 22 |
|                            |                              | 794826575          | Rahu                                                                                                                                                                                         | 2:56PM – 4:23PM                      | Balava Until 2:18PM<br>Navami* Until 1:14AM Wed        | Nataraja: Purple<br>Moon – Purple     |                                                           | Navami                  |
| Routine Work               | Marana Yoga                  |                    |                                                                                                                                                                                              |                                      |                                                        | Karttika•Karttikai                    | Subha Subha Sivaloka Day                                  |                         |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

|                                                                                     |                                     |                    |                                                                                                                                                                                                            |                          |                                         |                           |                                           |                         |
|-------------------------------------------------------------------------------------|-------------------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-----------------------------------------|---------------------------|-------------------------------------------|-------------------------|
| <b>1</b>                                                                            | <b>Wednesday, November 22, 2023</b> |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaprosarthapada* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau               |                          |                                         |                           | Trichirappalli, India<br>Sun 23 Sutra 219 |                         |
|                                                                                     | Kumbha Rasi: 25.5                   | Tithi 10           | <b>Gulika</b>                                                                                                                                                                                              | <b>10:35AM – 12:02PM</b> | <b>Purvaprosarthapada* Until 6:41PM</b> | <b>Ganesha:</b> White     | <i>Sunrise:</i> 6:14AM                    | Sobhana 5125            |
|                                                                                     |                                     |                    | Yama                                                                                                                                                                                                       | 7:41AM – 9:08AM          | Harshana Until 2:49PM                   | <b>Muruga:</b> White      | <i>Sunset:</i> 5:51PM                     | Moon 11 - Phase 31 - 23 |
|                                                                                     |                                     |                    | 714826575 <b>Rahu</b>                                                                                                                                                                                      | <b>12:02PM – 1:29PM</b>  | Taitila Until 12:13PM                   | <b>Nataraja:</b> Purple   |                                           | 4th Phase               |
|                                                                                     | Creative Work                       | Amrita Yoga        |                                                                                                                                                                                                            |                          | <b>Dashami Until 11:10PM</b>            | Moon – Clear              | <b>Subha Subha Sivaloka Day</b>           |                         |
|                                                                                     | Until 6:41PM                        |                    |                                                                                                                                                                                                            |                          |                                         | <b>Karttika•Karttikai</b> |                                           |                         |
|                                                                                     | Then Creative Work - Siddha Yoga    |                    |                                                                                                                                                                                                            |                          |                                         |                           |                                           |                         |
| <b>2</b>                                                                            | <b>Thursday, November 23, 2023</b>  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau         |                          |                                         |                           | Trichirappalli, India<br>Sun 24 Sutra 220 |                         |
|                                                                                     | Meena Rasi: 9.59                    | Tithi 11           | <b>Gulika</b>                                                                                                                                                                                              | <b>9:09AM – 10:36AM</b>  | <b>Uttaraprosarthapada Until 5:20PM</b> | <b>Ganesha:</b> White     | <i>Sunrise:</i> 6:15AM                    | Sobhana 5125            |
|                                                                                     |                                     |                    | Yama                                                                                                                                                                                                       | 6:15AM – 7:42AM          | Vajra* Until 11:56AM                    | <b>Muruga:</b> White      | <i>Sunset:</i> 5:51PM                     | Moon 11 - Phase 31 - 24 |
|                                                                                     |                                     |                    | 714826575 <b>Rahu</b>                                                                                                                                                                                      | <b>1:30PM – 2:57PM</b>   | Vanija Until 10:09AM                    | <b>Nataraja:</b> Purple   |                                           | 4th Phase               |
|                                                                                     | Creative Work                       | Siddha Yoga        |                                                                                                                                                                                                            |                          | <b>Ekadashi Until 9:07PM</b>            | Moon – Clear              | <b>Subha Subha Sivaloka Day</b>           |                         |
|                                                                                     |                                     |                    |                                                                                                                                                                                                            |                          |                                         | <b>Karttika•Karttikai</b> |                                           |                         |
| <b>3</b>                                                                            | <b>Friday, November 24, 2023</b>    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Siddhi/Vyatiyata* Yoga Bava/Balava Karana Dvadashyam Titau                  |                          |                                         |                           | Trichirappalli, India<br>Sun 25 Sutra 221 |                         |
|                                                                                     | Meena Rasi: 24.05                   | Tithi 12           | <b>Gulika</b>                                                                                                                                                                                              | <b>7:42AM – 9:09AM</b>   | <b>Revati Until 3:55PM</b>              | <b>Ganesha:</b> Clear     | <i>Sunrise:</i> 6:15AM                    | Sobhana 5125            |
|                                                                                     |                                     |                    | Yama                                                                                                                                                                                                       | 2:57PM – 4:24PM          | Siddhi Until 9:07AM                     | <b>Muruga:</b> White      | <i>Sunset:</i> 5:51PM                     | Moon 11 - Phase 31 - 25 |
|                                                                                     |                                     |                    | 714926575 <b>Rahu</b>                                                                                                                                                                                      | <b>10:36AM – 12:03PM</b> | Bava Until 8:09AM                       | <b>Nataraja:</b> Purple   |                                           | 4th Phase               |
|                                                                                     | Creative Work                       | Siddha Yoga        |                                                                                                                                                                                                            |                          | <b>Dvadashi Until 7:11PM</b>            | Moon – Clear              | <b>Subha Sivaloka Day</b>                 |                         |
|                                                                                     | Until 3:55PM                        |                    |                                                                                                                                                                                                            |                          |                                         | <b>Karttika•Karttikai</b> |                                           |                         |
|                                                                                     | Then Creative Work - Amrita Yoga    |                    |                                                                                                                                                                                                            |                          |                                         |                           |                                           |                         |
| <b>4</b>                                                                            | <b>Saturday, November 25, 2023</b>  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vyatiyata*/Variyan Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau |                          |                                         |                           | Trichirappalli, India<br>Sun 26 Sutra 222 |                         |
|                                                                                     | Mesha Rasi: 8.07                    | Tithi 13 – 14      | <b>Gulika</b>                                                                                                                                                                                              | <b>6:16AM – 7:42AM</b>   | <b>Ashvini Until 2:57PM</b>             | <b>Ganesha:</b> Purple    | <i>Sunrise:</i> 6:16AM                    | Sobhana 5125            |
|                                                                                     |                                     |                    | Yama                                                                                                                                                                                                       | 1:30PM – 2:57PM          | Vyatiyata* Until 6:26AM                 | <b>Muruga:</b> White      | <i>Sunset:</i> 5:51PM                     | Moon 11 - Phase 31 - 26 |
|                                                                                     |                                     |                    | 724926575 <b>Rahu</b>                                                                                                                                                                                      | <b>9:09AM – 10:36AM</b>  | Kaulava Until 6:18AM                    | <b>Nataraja:</b> Purple   |                                           | 4th Phase               |
|                                                                                     | Creative Work                       | Siddha Yoga        |                                                                                                                                                                                                            |                          | <b>Trayodashi Until 5:25PM</b>          | Moon – White              | <b>Sivaloka Day</b>                       |                         |
|                                                                                     |                                     |                    |                                                                                                                                                                                                            |                          |                                         | <b>Karttika•Karttikai</b> |                                           |                         |
|                                                                                     |                                     |                    |                                                                                                                                                                                                            |                          | <i>Pradosha Vrata</i>                   |                           |                                           |                         |
| <b>5</b>                                                                            | <b>Sunday, November 26, 2023</b>    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau           |                          |                                         |                           | Trichirappalli, India<br>Sun 27 Sutra 223 |                         |
|                                                                                     | Mesha Rasi: 22.01                   | Tithi 14 – 15      | <b>Gulika</b>                                                                                                                                                                                              | <b>2:57PM – 4:24PM</b>   | <b>Bharani Until 2:05PM</b>             | <b>Ganesha:</b> Purple    | <i>Sunrise:</i> 6:16AM                    | Sobhana 5125            |
|                                                                                     |                                     |                    | Yama                                                                                                                                                                                                       | 12:03PM – 1:30PM         | Parigha* Until 1:35AM Mon               | <b>Muruga:</b> White      | <i>Sunset:</i> 5:51PM                     | Moon 11 - Phase 31 - 27 |
|                                                                                     |                                     |                    | 724926575 <b>Rahu</b>                                                                                                                                                                                      | <b>4:24PM – 5:51PM</b>   | Visti Until 3:18AM Mon                  | <b>Nataraja:</b> Purple   |                                           | 4th Phase               |
|                                                                                     | Routine Work                        | Prabalarishta Yoga |                                                                                                                                                                                                            |                          | <b>Chaturdashi* Until 3:55PM</b>        | Moon – White              | <b>Sivaloka Day</b>                       |                         |
|                                                                                     | Until 2:05PM                        |                    | <b>Krittika Deepam</b>                                                                                                                                                                                     |                          |                                         | <b>Karttika•Karttikai</b> |                                           |                         |
|                                                                                     | Then Creative Work - Siddha Yoga    |                    |                                                                                                                                                                                                            |                          |                                         |                           |                                           |                         |
|  | <b>Monday, November 27, 2023</b>    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau                   |                          |                                         |                           | Trichirappalli, India<br>Sutra 224        |                         |
|                                                                                     | <b>Copper Retreat Star</b>          |                    | <b>Gulika</b>                                                                                                                                                                                              | <b>1:31PM – 2:57PM</b>   | <b>Krittika Until 1:25PM</b>            | <b>Ganesha:</b> Purple    | <i>Sunrise:</i> 6:16AM                    | Sobhana 5125            |
|                                                                                     | Vrishabha Rasi: 5.43                | Tithi 15 – 16      | Yama                                                                                                                                                                                                       | 10:37AM – 12:04PM        | Shiva Until 11:37PM                     | <b>Muruga:</b> White      | <i>Sunset:</i> 5:51PM                     | Moon 11 - Phase 31 -    |
|                                                                                     | <b>Family Home Evening</b>          |                    | 724926575 <b>Rahu</b>                                                                                                                                                                                      | <b>7:43AM – 9:10AM</b>   | Balava Until 2:23AM Tue                 | <b>Nataraja:</b> Purple   |                                           | Purnima                 |
|                                                                                     | Routine Work                        | Marana Yoga        |                                                                                                                                                                                                            |                          | <b>Purnima* Until 2:46PM</b>            | Moon – White              | <b>Sivaloka Day</b>                       |                         |
|                                                                                     | Until 1:25PM                        |                    |                                                                                                                                                                                                            |                          |                                         | <b>Karttika•Karttikai</b> |                                           |                         |
|                                                                                     | Then Creative Work - Amrita Yoga    |                    |                                                                                                                                                                                                            |                          |                                         |                           |                                           |                         |
|                                                                                     | <b>Tuesday, November 28, 2023</b>   |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau         |                          |                                         |                           | Trichirappalli, India<br>Sutra 225        |                         |
|                                                                                     | <b>Silver Retreat Star</b>          |                    | <b>Gulika</b>                                                                                                                                                                                              | <b>12:04PM – 1:31PM</b>  | <b>Rohini Until 1:30PM</b>              | <b>Ganesha:</b> Clear     | <i>Sunrise:</i> 6:17AM                    | Sobhana 5125            |
|                                                                                     | Vrishabha Rasi: 19.1                | Tithi 16 – 17      | Yama                                                                                                                                                                                                       | 9:11AM – 10:37AM         | Siddha Until 10:01PM                    | <b>Muruga:</b> White      | <i>Sunset:</i> 5:51PM                     | Moon 11 - Phase 31 -    |
|                                                                                     |                                     |                    | 734926575 <b>Rahu</b>                                                                                                                                                                                      | <b>2:58PM – 4:25PM</b>   | Taitila Until 1:58AM Wed                | <b>Nataraja:</b> Purple   |                                           | Prathama                |
|                                                                                     | Creative Work                       | Amrita Yoga        |                                                                                                                                                                                                            |                          | <b>Prathama* Until 2:05PM</b>           | Moon – Yellow             | <b>Subha Sivaloka Day</b>                 |                         |
|                                                                                     | Until 1:30PM                        |                    | <b>Vinayaga Viratam Begins</b>                                                                                                                                                                             |                          |                                         | <b>Karttika•Karttikai</b> |                                           |                         |
|                                                                                     | Then Creative Work - Siddha Yoga    |                    |                                                                                                                                                                                                            |                          |                                         |                           |                                           |                         |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Wednesday, November 29, 2023

## Gold Retreat Star

Mithuna Rasi: 2.21 Tithi 17 – 18

735926575

Creative Work Siddha Yoga

Gulika

10:38AM – 12:04PM

Yama

7:44AM – 9:11AM

Rahu

12:04PM – 1:31PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Mrigashira Until 1:58PM

Sadhya Until 8:53PM

Vanija Until 2:08AM Thu

Dvitiya Until 1:57PM

Ganesha: Purple

Sunrise: 6:17AM

Muruga: White

Sunset: 5:52PM

Nataraja: Purple

Moon – Yellow

Karttika•Karttikai

Subha Subha Sivaloka Day

Trichirappalli, India

Sun 1 Sutra 226

Sobhana 5125

Moon 12 - Phase 32 - 1

1st Phase

1

Thursday, November 30, 2023

Mithuna Rasi: 15.14 Tithi 18 – 19

735926575

Routine Work Marana Yoga

Until 2:51PM

Then Creative Work - Amrita Yoga

Gulika

9:11AM – 10:38AM

Yama

6:18AM – 7:45AM

Rahu

1:32PM – 2:58PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Ardra Until 2:51PM

Subha Until 8:14PM

Bava Until 2:56AM Fri

Tritiya Until 2:26PM

Ganesha: Purple

Sunrise: 6:18AM

Muruga: White

Sunset: 5:52PM

Nataraja: Purple

Moon – Yellow

Karttika•Karttikai

Subha Subha Sivaloka Day

Trichirappalli, India

Sun 2 Sutra 227

Sobhana 5125

Moon 12 - Phase 32 - 2

1st Phase

2

Friday, December 1, 2023

Mithuna Rasi: 27.49 Tithi 19 – 20

745926575

Creative Work Siddha Yoga

Until 4:40PM

Then Routine Work - Marana Yoga

Gulika

7:45AM – 9:12AM

Yama

2:59PM – 4:25PM

Rahu

10:39AM – 12:05PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Punarvasu Until 4:40PM

Sukla Until 8:01PM

Kaulava Until 4:21AM Sat

Chaturthi\* Until 3:32PM

Ganesha: Clear

Sunrise: 6:18AM

Muruga: White

Sunset: 5:52PM

Nataraja: Purple

Moon – Blue

Karttika•Karttikai

Subha Sivaloka Day

Trichirappalli, India

Sun 3 Sutra 228

Sobhana 5125

Moon 12 - Phase 32 - 3

1st Phase

3

Saturday, December 2, 2023

Kataka Rasi: 10.08 Tithi 20 – 21

745926575

Creative Work Siddha Yoga

Until 6:53PM

Then Routine Work - Marana Yoga

Gulika

6:19AM – 7:46AM

Yama

1:32PM – 2:59PM

Rahu

9:12AM – 10:39AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Pushya Until 6:53PM

Brahma Until 8:16PM

Gara Until 6:18AM Sun

Panchami Until 5:14PM

Ganesha: Clear

Sunrise: 6:19AM

Muruga: White

Sunset: 5:52PM

Nataraja: Purple

Moon – Blue

Karttika•Karttikai

Subha Sivaloka Day

Trichirappalli, India

Sun 4 Sutra 229

Sobhana 5125

Moon 12 - Phase 32 - 4

1st Phase

4

Sunday, December 3, 2023

Kataka Rasi: 22.14 Tithi 21

745926575

Creative Work Siddha Yoga

Until 9:23PM

Then Routine Work - Marana Yoga

Gulika

2:59PM – 4:26PM

Yama

12:06PM – 1:33PM

Rahu

4:26PM – 5:53PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Ashlesha\* Until 9:23PM

Indra Until 8:53PM

Gara Until 6:18AM

Shashthi\* Until 7:26PM

Ganesha: Clear

Sunrise: 6:19AM

Muruga: White

Sunset: 5:53PM

Nataraja: Purple

Moon – Blue

Karttika•Karttikai

Subha Sivaloka Day

Trichirappalli, India

Sun 5 Sutra 230

Sobhana 5125

Moon 12 - Phase 32 - 5

1st Phase

5

Monday, December 4, 2023

Simha Rasi: 4.11 Tithi 22

Family Home Evening

755926575

Routine Work Marana Yoga

Until 12:31AM Tue

Then Creative Work - Siddha Yoga

Gulika

1:33PM – 3:00PM

Yama

10:40AM – 12:06PM

Rahu

7:47AM – 9:13AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Saptamyam Titau

Magha\* Until 12:31AM Tue

Vaidhriti\* Until 9:42PM

Visti Until 8:41AM

Saptami Until 9:57PM

Ganesha: White

Sunrise: 6:20AM

Muruga: White

Sunset: 5:53PM

Nataraja: Purple

Moon – Red

Karttika•Karttikai

Subha Subha Sivaloka Day

Trichirappalli, India

Sun 6 Sutra 231

Sobhana 5125

Moon 12 - Phase 32 - 6

1st Phase

D

Tuesday, December 5, 2023

## Retreat Star

Simha Rasi: 16.02 Tithi 23

755936575

Creative Work Siddha Yoga

Until 3:33AM Wed

Then Creative Work - Amrita Yoga

Gulika

12:07PM – 1:33PM

Yama

9:14AM – 10:40AM

Rahu

3:00PM – 4:27PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Purvaphalguni Until 3:33AM Wed

Vishkambha\* Until 10:36PM

Balava Until 11:17AM

Ashtami\* Until 12:34AM Wed

Ganesha: White

Sunrise: 6:20AM

Muruga: Clear

Sunset: 5:53PM

Nataraja: Purple

Moon – Red

Karttika•Karttikai

Subha Sivaloka Day

Trichirappalli, India

Sun 7 Sutra 232

Sobhana 5125

Moon 12 - Phase 32 - 7

Ashtami

Wednesday, December 6, 2023

## Retreat Star

Simha Rasi: 27.52 Tithi 24

755936575

Creative Work Amrita Yoga

Until 6:14AM Thu

Then Routine Work - Marana Yoga

Gulika

10:41AM – 12:07PM

Yama

7:48AM – 9:14AM

Rahu

12:07PM – 1:34PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Uttaraphalguni Until 6:14AM Thu

Priti Until 11:25PM

Taitila Until 1:51PM

Navami\* Until 3:01AM Thu

Ganesha: White

Sunrise: 6:21AM

Muruga: Clear

Sunset: 5:53PM

Nataraja: Purple

Moon – Red

Karttika•Karttikai

Subha Sivaloka Day

Trichirappalli, India

Sun 8 Sutra 233

Sobhana 5125

Moon 12 - Phase 32 - 8

Navami

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|                                                                                     |                                     |               |                                                                                                                                                                                                       |                          |                                    |                            |                                           |                         |
|-------------------------------------------------------------------------------------|-------------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------------------|----------------------------|-------------------------------------------|-------------------------|
| <b>1</b>                                                                            | <b>Thursday, December 7, 2023</b>   |               | Sobhana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau                     |                          |                                    |                            | Trichirappalli, India<br>Sun 9 Sutra 234  |                         |
|                                                                                     | Kanya Rasi: 9.47                    | Tithi 25      | <b>Gulika</b>                                                                                                                                                                                         | <b>9:15AM – 10:41AM</b>  | <b>Uttaraphalguni Until 6:14AM</b> | <b>Ganesha:</b> White      | <i>Sunrise:</i> 6:21AM                    | Sobhana 5125            |
|                                                                                     |                                     |               | Yama                                                                                                                                                                                                  | 6:21AM – 7:48AM          | Ayushman Until 11:56PM             | <b>Muruga:</b> Clear       | <i>Sunset:</i> 5:54PM                     | Moon 12 - Phase 33 - 9  |
|                                                                                     | Routine Work                        | Marana Yoga   | 755936575 <b>Rahu</b>                                                                                                                                                                                 | <b>1:34PM – 3:01PM</b>   | Vanija Until 4:08PM                | <b>Nataraja:</b> Purple    |                                           | 2nd Phase               |
|                                                                                     |                                     |               |                                                                                                                                                                                                       |                          | <b>Dashami Until 5:05AM Fri</b>    | Moon – Red                 | <b>Subha Sivaloka Day</b>                 |                         |
|                                                                                     |                                     |               |                                                                                                                                                                                                       |                          |                                    | <b>Karttika•Karttikai</b>  |                                           |                         |
| <b>2</b>                                                                            | <b>Friday, December 8, 2023</b>     |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau                     |                          |                                    |                            | Trichirappalli, India<br>Sun 10 Sutra 235 |                         |
|                                                                                     | Kanya Rasi: 21.52                   | Tithi 26      | <b>Gulika</b>                                                                                                                                                                                         | <b>7:49AM – 9:15AM</b>   | <b>Hasta Until 8:51AM</b>          | <b>Ganesha:</b> White      | <i>Sunrise:</i> 6:22AM                    | Sobhana 5125            |
|                                                                                     |                                     |               | Yama                                                                                                                                                                                                  | 3:01PM – 4:28PM          | Saubhagya Until 12:02AM Sat        | <b>Muruga:</b> Clear       | <i>Sunset:</i> 5:54PM                     | Moon 12 - Phase 33 - 10 |
|                                                                                     | Creative Work                       | Amrita Yoga   | 766936575 <b>Rahu</b>                                                                                                                                                                                 | <b>10:42AM – 12:08PM</b> | Bava Until 5:55PM                  | <b>Nataraja:</b> Purple    |                                           | 2nd Phase               |
|                                                                                     | Until 8:51AM                        |               |                                                                                                                                                                                                       |                          | <b>Ekadashi* Until 6:32AM Sat</b>  | Moon – Green               | <b>Devaloka Day</b>                       |                         |
|                                                                                     | Then Creative Work - Siddha Yoga    |               |                                                                                                                                                                                                       |                          |                                    | <b>Karttika•Karttikai</b>  |                                           |                         |
| <b>3</b>                                                                            | <b>Saturday, December 9, 2023</b>   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau           |                          |                                    |                            | Trichirappalli, India<br>Sun 11 Sutra 236 |                         |
|                                                                                     | Tula Rasi: 4.12                     | Tithi 26 – 27 | <b>Gulika</b>                                                                                                                                                                                         | <b>6:23AM – 7:49AM</b>   | <b>Chitra Until 10:42AM</b>        | <b>Ganesha:</b> White      | <i>Sunrise:</i> 6:23AM                    | Sobhana 5125            |
|                                                                                     |                                     |               | Yama                                                                                                                                                                                                  | 1:35PM – 3:01PM          | Sobhana Until 11:36PM              | <b>Muruga:</b> Clear       | <i>Sunset:</i> 5:54PM                     | Moon 12 - Phase 33 - 11 |
|                                                                                     | Routine Work                        | Marana Yoga   | 766936575 <b>Rahu</b>                                                                                                                                                                                 | <b>9:16AM – 10:42AM</b>  | Kaulava Until 7:00PM               | <b>Nataraja:</b> Purple    |                                           | 2nd Phase               |
|                                                                                     | Until 10:42AM                       |               |                                                                                                                                                                                                       |                          | <b>Ekadashi* Until 6:32AM</b>      | Moon – Green               | <b>Devaloka Day</b>                       |                         |
|                                                                                     | Then Creative Work - Siddha Yoga    |               |                                                                                                                                                                                                       |                          |                                    | <b>Karttika•Karttikai</b>  |                                           |                         |
| <b>4</b>                                                                            | <b>Sunday, December 10, 2023</b>    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau      |                          |                                    |                            | Trichirappalli, India<br>Sun 12 Sutra 237 |                         |
|                                                                                     | Tula Rasi: 16.52                    | Tithi 27 – 28 | <b>Gulika</b>                                                                                                                                                                                         | <b>3:02PM – 4:28PM</b>   | <b>Svati Until 11:41AM</b>         | <b>Ganesha:</b> White      | <i>Sunrise:</i> 6:23AM                    | Sobhana 5125            |
|                                                                                     |                                     |               | Yama                                                                                                                                                                                                  | 12:09PM – 1:35PM         | Athiganda* Until 10:34PM           | <b>Muruga:</b> Clear       | <i>Sunset:</i> 5:55PM                     | Moon 12 - Phase 33 - 12 |
|                                                                                     | Creative Work                       | Siddha Yoga   | 766936575 <b>Rahu</b>                                                                                                                                                                                 | <b>4:28PM – 5:55PM</b>   | Gara Until 7:20PM                  | <b>Nataraja:</b> Purple    |                                           | 2nd Phase               |
|                                                                                     | Until 11:41AM                       |               |                                                                                                                                                                                                       |                          | <b>Dvadashi* Until 7:15AM</b>      | Moon – Green               | <b>Devaloka Day</b>                       |                         |
|                                                                                     | Then Routine Work - Marana Yoga     |               |                                                                                                                                                                                                       |                          | <i>Pradosha Vrata (Fasting)</i>    | <b>Karttika•Karttikai</b>  |                                           |                         |
| <b>5</b>                                                                            | <b>Monday, December 11, 2023</b>    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau   |                          |                                    |                            | Trichirappalli, India<br>Sun 13 Sutra 238 |                         |
|                                                                                     | Tula Rasi: 29.53                    | Tithi 28 – 29 | <b>Gulika</b>                                                                                                                                                                                         | <b>1:36PM – 3:02PM</b>   | <b>Vishakha Until 12:14PM</b>      | <b>Ganesha:</b> Green      | <i>Sunrise:</i> 6:24AM                    | Sobhana 5125            |
|                                                                                     | <b>Family Home Evening</b>          |               | Yama                                                                                                                                                                                                  | 10:43AM – 12:09PM        | Sukarma Until 8:58PM               | <b>Muruga:</b> Clear       | <i>Sunset:</i> 5:55PM                     | Moon 12 - Phase 33 - 13 |
|                                                                                     | Routine Work                        | Marana Yoga   | 776936575 <b>Rahu</b>                                                                                                                                                                                 | <b>7:50AM – 9:17AM</b>   | Visti Until 6:55PM                 | <b>Nataraja:</b> Purple    |                                           | 2nd Phase               |
|                                                                                     | Until 12:14PM                       |               |                                                                                                                                                                                                       |                          | <b>Trayodashi* Until 7:12AM</b>    | Moon – Orange              | <b>Devaloka Day</b>                       |                         |
|                                                                                     | Then Creative Work - Siddha Yoga    |               |                                                                                                                                                                                                       |                          |                                    | <b>Karttika•Karttikai</b>  |                                           |                         |
|  | <b>Tuesday, December 12, 2023</b>   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |                          |                                    |                            | Trichirappalli, India<br>Sun 14 Sutra 239 |                         |
|                                                                                     | <b>Retreat Star</b>                 |               | <b>Gulika</b>                                                                                                                                                                                         | <b>12:10PM – 1:36PM</b>  | <b>Anuradha Until 11:57AM</b>      | <b>Ganesha:</b> Green      | <i>Sunrise:</i> 6:24AM                    | Sobhana 5125            |
|                                                                                     | Vrishchika Rasi: 13.17              | Tithi 29 – 30 | Yama                                                                                                                                                                                                  | 9:17AM – 10:43AM         | Dhriti Until 6:51PM                | <b>Muruga:</b> Clear       | <i>Sunset:</i> 5:56PM                     | Moon 12 - Phase 33 - 14 |
|                                                                                     |                                     |               | 776936575 <b>Rahu</b>                                                                                                                                                                                 | <b>3:03PM – 4:29PM</b>   | Naga Until 5:02AM Wed              | <b>Nataraja:</b> Purple    |                                           | Amavasya                |
|                                                                                     | Creative Work                       | Siddha Yoga   |                                                                                                                                                                                                       |                          | <b>Chaturdashi* Until 6:26AM</b>   | Moon – Orange              | <b>Devaloka Day</b>                       |                         |
|                                                                                     | Until 11:57AM                       |               |                                                                                                                                                                                                       |                          |                                    | <b>Karttika•Karttikai</b>  |                                           |                         |
|                                                                                     | Then Routine Work - Marana Yoga     |               |                                                                                                                                                                                                       |                          |                                    |                            |                                           |                         |
|                                                                                     | <b>Wednesday, December 13, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau           |                          |                                    |                            | Trichirappalli, India<br>Sun 15 Sutra 240 |                         |
|                                                                                     | <b>Retreat Star</b>                 |               | <b>Gulika</b>                                                                                                                                                                                         | <b>10:44AM – 12:10PM</b> | <b>Jyeshtha* Until 10:56AM</b>     | <b>Ganesha:</b> Green      | <i>Sunrise:</i> 6:25AM                    | Sobhana 5125            |
|                                                                                     | Vrishchika Rasi: 27.02              | Tithi 1       | Yama                                                                                                                                                                                                  | 7:51AM – 9:17AM          | Shula* Until 4:16PM                | <b>Muruga:</b> Clear       | <i>Sunset:</i> 5:56PM                     | Moon 12 - Phase 33 - 15 |
|                                                                                     |                                     |               | 776936575 <b>Rahu</b>                                                                                                                                                                                 | <b>12:10PM – 1:37PM</b>  | Kintughna Until 4:10PM             | <b>Nataraja:</b> Purple    |                                           | Prathama                |
|                                                                                     | Creative Work                       | Siddha Yoga   |                                                                                                                                                                                                       |                          | <b>Prathama* Until 3:09AM Thu</b>  | Moon – Orange              | <b>Devaloka Day</b>                       |                         |
|                                                                                     | Until 10:56AM                       |               |                                                                                                                                                                                                       |                          |                                    | <b>Margasira•Karttikai</b> |                                           |                         |
|                                                                                     | Then Routine Work - Marana Yoga     |               |                                                                                                                                                                                                       |                          |                                    |                            |                                           |                         |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|                                  |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                       |
|----------------------------------|------------------------------|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|------------------------------------|----------------|-------------------------|-----------------------|
| 1                                | Thursday, December 14, 2023  |                       | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvitiyayam Titau       |                           |                                    |                |                         | Trichirappalli, India |
|                                  | Dhanus Rasi: 11.06           | Tithi 2               | Gulika                                                                                                                                                                                           | 9:18AM – 10:44AM          | Mula* Until 9:45AM                 | Ganesha: White | Sunrise: 6:25AM         | Sun 16 Sutra 241      |
|                                  |                              |                       | Yama                                                                                                                                                                                             | 6:25AM – 7:52AM           | Ganda* Until 1:22PM                | Muruga: White  | Sunset: 5:56PM          | Sobhana 5125          |
|                                  | 786937575                    | Rahu                  | 1:37PM – 3:04PM                                                                                                                                                                                  | Balava Until 2:05PM       | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 16 | 3rd Phase             |
| Creative Work                    | Siddha Yoga                  |                       |                                                                                                                                                                                                  | Dvitiya Until 12:55AM Fri | Moon – Light Blue                  |                | Sivaloka Day            |                       |
|                                  |                              |                       |                                                                                                                                                                                                  |                           | Margasira•Karttikai                |                |                         |                       |
| 2                                | Friday, December 15, 2023    |                       | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Dhruva/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau |                           |                                    |                |                         | Trichirappalli, India |
|                                  | Dhanus Rasi: 25.22           | Tithi 3               | Gulika                                                                                                                                                                                           | 7:52AM – 9:19AM           | Purvashadha* Until 8:08AM          | Ganesha: White | Sunrise: 6:26AM         | Sun 17 Sutra 242      |
|                                  |                              |                       | Yama                                                                                                                                                                                             | 3:04PM – 4:30PM           | Vridhi Until 10:15AM               | Muruga: White  | Sunset: 5:57PM          | Sobhana 5125          |
|                                  | 786937575                    | Rahu                  | 10:45AM – 12:11PM                                                                                                                                                                                | Taitila Until 11:44AM     | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 17 | 3rd Phase             |
| Routine Work                     | Prabalarishta Yoga           |                       |                                                                                                                                                                                                  | Tritiya Until 10:29PM     | Moon – Light Blue                  |                | Sivaloka Day            |                       |
| Until 8:08AM                     |                              |                       |                                                                                                                                                                                                  |                           | Margasira•Karttikai                |                |                         |                       |
| Then Routine Work - Marana Yoga  |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                       |
| 3                                | Saturday, December 16, 2023  |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthyam Titau   |                           |                                    |                |                         | Trichirappalli, India |
|                                  | Makara Rasi: 9.46            | Tithi 4               | Gulika                                                                                                                                                                                           | 6:26AM – 7:53AM           | Uttarashadha Until 6:14AM          | Ganesha: Clear | Sunrise: 6:26AM         | Sun 18 Sutra 243      |
|                                  |                              |                       | Yama                                                                                                                                                                                             | 1:38PM – 3:05PM           | Dhruva Until 7:00AM                | Muruga: White  | Sunset: 5:57PM          | Sobhana 5125          |
|                                  | 787937575                    | Rahu                  | 9:19AM – 10:45AM                                                                                                                                                                                 | Vanija Until 9:15AM       | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 18 | 3rd Phase             |
| Routine Work                     | Marana Yoga                  |                       |                                                                                                                                                                                                  | Chaturthi* Until 7:59PM   | Moon – Light Blue                  |                | Subha Sivaloka Day      |                       |
| Until 6:14AM                     |                              | Markali Pillaiyar     |                                                                                                                                                                                                  |                           | Margasira•Markali                  |                |                         |                       |
| Then Creative Work - Siddha Yoga |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                       |
| 4                                | Sunday, December 17, 2023    |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Harshana Yoga Bava/Kaulava Karana Panchami/Shashtyham Titau               |                           |                                    |                |                         | Trichirappalli, India |
|                                  | Makara Rasi: 24.1            | Tithi 5 – 6           | Gulika                                                                                                                                                                                           | 3:05PM – 4:31PM           | Dhanishtha Until 2:53AM Mon        | Ganesha: Clear | Sunrise: 6:27AM         | Sun 19 Sutra 244      |
|                                  |                              |                       | Yama                                                                                                                                                                                             | 12:12PM – 1:39PM          | Harshana Until 12:34AM Mon         | Muruga: White  | Sunset: 5:58PM          | Sobhana 5125          |
|                                  | 897937575                    | Rahu                  | 4:31PM – 5:58PM                                                                                                                                                                                  | Bava Until 6:46AM         | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 19 | 3rd Phase             |
| Routine Work                     | Marana Yoga                  |                       |                                                                                                                                                                                                  | Panchami Until 5:32PM     | Moon – Purple                      |                | Subha Sivaloka Day      |                       |
| Until 2:53AM Mon                 |                              |                       |                                                                                                                                                                                                  |                           | Margasira•Markali                  |                |                         |                       |
| Then Creative Work - Siddha Yoga |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                       |
| 5                                | Monday, December 18, 2023    |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Vajira* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                |                           |                                    |                |                         | Trichirappalli, India |
|                                  | Kumbha Rasi: 8.31            | Tithi 6 – 7           | Gulika                                                                                                                                                                                           | 1:39PM – 3:05PM           | Shatabhishak Until 1:12AM Tue      | Ganesha: Clear | Sunrise: 6:27AM         | Sun 20 Sutra 245      |
|                                  | Family Home Evening          |                       | Yama                                                                                                                                                                                             | 10:46AM – 12:13PM         | Vajira* Until 9:30PM               | Muruga: White  | Sunset: 5:58PM          | Sobhana 5125          |
|                                  | 897937575                    | Rahu                  | 7:54AM – 9:20AM                                                                                                                                                                                  | Gara Until 2:10AM Tue     | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 20 | 3rd Phase             |
| Creative Work                    | Siddha Yoga                  |                       |                                                                                                                                                                                                  | Shashthi* Until 3:14PM    | Moon – Purple                      |                | Subha Sivaloka Day      |                       |
| Until 1:12AM Tue                 |                              |                       |                                                                                                                                                                                                  |                           | Margasira•Markali                  |                |                         |                       |
| Then Routine Work - Marana Yoga  |                              | Vinayaga Viratam Ends |                                                                                                                                                                                                  |                           |                                    |                |                         |                       |
| D                                | Tuesday, December 19, 2023   |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau         |                           |                                    |                |                         | Trichirappalli, India |
|                                  | Retreat Star                 |                       | Gulika                                                                                                                                                                                           | 12:13PM – 1:40PM          | Purvaproshtapada* Until 12:02AM We | Ganesha: Clear | Sunrise: 6:28AM         | Sun 21 Sutra 246      |
|                                  | Kumbha Rasi: 22.44           | Tithi 7 – 8           | Yama                                                                                                                                                                                             | 9:21AM – 10:47AM          | Siddhi Until 6:37PM                | Muruga: White  | Sunset: 5:59PM          | Sobhana 5125          |
|                                  | 817137575                    | Rahu                  | 3:06PM – 4:32PM                                                                                                                                                                                  | Visti Until 12:11AM Wed   | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 21 | Ashtami               |
| Routine Work                     | Marana Yoga                  |                       |                                                                                                                                                                                                  | Saptami Until 1:08PM      | Moon – Clear                       |                | Subha Sivaloka Day      |                       |
| Until 12:02AM Wed                |                              |                       |                                                                                                                                                                                                  |                           | Margasira•Markali                  |                |                         |                       |
| Then Creative Work - Siddha Yoga |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                       |
| W                                | Wednesday, December 20, 2023 |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau  |                           |                                    |                |                         | Trichirappalli, India |
|                                  | Retreat Star                 |                       | Gulika                                                                                                                                                                                           | 10:47AM – 12:14PM         | Uttaraproshtapada Until 10:59PM    | Ganesha: Clear | Sunrise: 6:28AM         | Sun 22 Sutra 247      |
|                                  | Meena Rasi: 6.48             | Tithi 8 – 9           | Yama                                                                                                                                                                                             | 7:55AM – 9:21AM           | Vyatipata* Until 3:57PM            | Muruga: White  | Sunset: 5:59PM          | Sobhana 5125          |
|                                  | 817137575                    | Rahu                  | 12:14PM – 1:40PM                                                                                                                                                                                 | Balava Until 10:27PM      | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 22 | Navami                |
| Creative Work                    | Siddha Yoga                  |                       |                                                                                                                                                                                                  | Ashtami* Until 11:16AM    | Moon – Clear                       |                | Subha Sivaloka Day      |                       |
| Until 10:59PM                    |                              |                       |                                                                                                                                                                                                  |                           | Margasira•Markali                  |                |                         |                       |
| Then Routine Work - Marana Yoga  |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                       |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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|----------------------------------|------------------------------|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|--------------------------|----------------|-----------------------|-------------------------------|
| 1                                | Thursday, December 21, 2023  |                          | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau   |                               |                          |                | Trichirappalli, India |                               |
|                                  | Meena Rasi: 20.43            | Tithi 9 – 10             | Gulika                                                                                                                                                                                  | 9:22AM – 10:48AM              | Revati Until 10:02PM     | Ganesha: Clear | Sunrise: 6:29AM       | Sun 23 Sutra 248              |
|                                  |                              |                          | Yama                                                                                                                                                                                    | 6:29AM – 7:55AM               | Variyan Until 1:28PM     | Muruga: White  | Sunset: 6:00PM        | Sobhana 5125                  |
|                                  | 817137575                    | Rahu                     | 1:41PM – 3:07PM                                                                                                                                                                         | Taitila Until 8:59PM          | Nataraja: Purple         |                |                       | Moon 12 - Phase 35 - 23       |
| Creative Work                    | Siddha Yoga                  |                          |                                                                                                                                                                                         |                               | Moon – Clear             |                | 4th Phase             |                               |
| Until 10:02PM                    |                              | Day 1 of Pancha Ganapati |                                                                                                                                                                                         | Navami* Until 9:40AM          |                          |                | Subha Sivaloka Day    |                               |
| Then Creative Work - Amrita Yoga |                              |                          |                                                                                                                                                                                         |                               | Margasira*Markali        |                |                       |                               |
| 2                                | Friday, December 22, 2023    |                          | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau     |                               |                          |                | Trichirappalli, India |                               |
|                                  | Mesha Rasi: 4.27             | Tithi 10 – 11            | Gulika                                                                                                                                                                                  | 7:56AM – 9:22AM               | Ashvini Until 9:38PM     | Ganesha: Clear | Sunrise: 6:29AM       | Sun 24 Sutra 249              |
|                                  |                              |                          | Yama                                                                                                                                                                                    | 3:07PM – 4:34PM               | Parigha* Until 11:12AM   | Muruga: White  | Sunset: 6:00PM        | Sobhana 5125                  |
|                                  | 828137575                    | Rahu                     | 10:48AM – 12:15PM                                                                                                                                                                       | Vanija Until 7:47PM           | Nataraja: Purple         |                |                       | Moon 12 - Phase 35 - 24       |
| Creative Work                    | Amrita Yoga                  |                          | Vaikuntha Ekadasi                                                                                                                                                                       |                               | Moon – White             |                | 4th Phase             |                               |
| Until 9:38PM                     |                              | Gita Jayanthi            |                                                                                                                                                                                         | Dashami Until 8:20AM          |                          |                | Subha Sivaloka Day    |                               |
| Then Creative Work - Siddha Yoga |                              | Day 2 of Pancha Ganapati |                                                                                                                                                                                         |                               | Margasira*Markali        |                |                       |                               |
| 3                                | Saturday, December 23, 2023  |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau        |                               |                          |                | Trichirappalli, India |                               |
|                                  | Mesha Rasi: 18.02            | Tithi 11 – 12            | Gulika                                                                                                                                                                                  | 6:30AM – 7:56AM               | Bharani Until 9:21PM     | Ganesha: Clear | Sunrise: 6:30AM       | Sun 25 Sutra 250              |
|                                  |                              |                          | Yama                                                                                                                                                                                    | 1:42PM – 3:08PM               | Shiva Until 9:10AM       | Muruga: White  | Sunset: 6:01PM        | Sobhana 5125                  |
|                                  | 828137575                    | Rahu                     | 9:23AM – 10:49AM                                                                                                                                                                        | Bava Until 6:51PM             | Nataraja: Purple         |                |                       | Moon 12 - Phase 35 - 25       |
| Creative Work                    | Siddha Yoga                  |                          |                                                                                                                                                                                         |                               | Moon – White             |                | 4th Phase             |                               |
| Until 9:21PM                     |                              | Day 3 of Pancha Ganapati |                                                                                                                                                                                         | Ekadashi Until 7:16AM         |                          |                | Subha Sivaloka Day    |                               |
| Then Creative Work - Amrita Yoga |                              |                          |                                                                                                                                                                                         |                               | Margasira*Markali        |                |                       |                               |
| 4                                | Sunday, December 24, 2023    |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                               |                          |                | Trichirappalli, India |                               |
|                                  | Mrishabha Rasi: 1.29         | Tithi 12 – 13            | Gulika                                                                                                                                                                                  | 3:08PM – 4:35PM               | Krittika Until 9:12PM    | Ganesha: Clear | Sunrise: 6:30AM       | Sun 26 Sutra 251              |
|                                  |                              |                          | Yama                                                                                                                                                                                    | 12:16PM – 1:42PM              | Siddha Until 7:18AM      | Muruga: White  | Sunset: 6:01PM        | Sobhana 5125                  |
|                                  | 828137575                    | Rahu                     | 4:35PM – 6:01PM                                                                                                                                                                         | Kaulava Until 6:12PM          | Nataraja: Purple         |                |                       | Moon 12 - Phase 35 - 26       |
| Creative Work                    | Siddha Yoga                  |                          |                                                                                                                                                                                         |                               | Moon – White             |                | 4th Phase             |                               |
|                                  |                              | Day 4 of Pancha Ganapati |                                                                                                                                                                                         | Dvadashi Until 6:28AM         |                          |                | Subha Sivaloka Day    |                               |
|                                  |                              |                          |                                                                                                                                                                                         |                               | Margasira*Markali        |                |                       |                               |
|                                  |                              |                          |                                                                                                                                                                                         |                               |                          |                | Pradosha Vrata        |                               |
| 5                                | Monday, December 25, 2023    |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau                       |                               |                          |                | Trichirappalli, India |                               |
|                                  | Mrishabha Rasi: 14.45        | Tithi 14                 | Gulika                                                                                                                                                                                  | 1:43PM – 3:09PM               | Rohini Until 9:40PM      | Ganesha: White | Sunrise: 6:31AM       | Sun 27 Sutra 252              |
|                                  | Family Home Evening          |                          | Yama                                                                                                                                                                                    | 10:50AM – 12:16PM             | Subha Until 4:23AM Tue   | Muruga: White  | Sunset: 6:02PM        | Sobhana 5125                  |
|                                  | 838137575                    | Rahu                     | 7:57AM – 9:24AM                                                                                                                                                                         | Gara Until 5:52PM             | Nataraja: Purple         |                |                       | Moon 12 - Phase 35 - 27       |
| Creative Work                    | Amrita Yoga                  |                          |                                                                                                                                                                                         |                               | Moon – Yellow            |                | 4th Phase             |                               |
|                                  |                              | Day 5 of Pancha Ganapati |                                                                                                                                                                                         | Chaturdashi* Until 5:49AM Tue |                          |                | Sivaloka Day          |                               |
|                                  |                              |                          |                                                                                                                                                                                         |                               | Margasira*Markali        |                |                       |                               |
| O                                | Tuesday, December 26, 2023   |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau                   |                               |                          |                | Trichirappalli, India |                               |
|                                  | Copper Retreat Star          |                          | Gulika                                                                                                                                                                                  | 12:17PM – 1:43PM              | Mrigashira Until 10:22PM | Ganesha: White | Sunrise: 6:31AM       | Sutra 253                     |
|                                  | Mrishabha Rasi: 27.5         | Tithi 15                 | Yama                                                                                                                                                                                    | 9:24AM – 10:50AM              | Sukla Until 3:21AM Wed   | Muruga: White  | Sunset: 6:02PM        | Sobhana 5125                  |
|                                  | 838137575                    | Rahu                     | 3:09PM – 4:36PM                                                                                                                                                                         | Visti Until 5:55PM            | Nataraja: Purple         |                |                       | Moon 12 - Phase 35 - Purnima  |
| Creative Work                    | Siddha Yoga                  |                          |                                                                                                                                                                                         |                               | Moon – Yellow            |                |                       |                               |
| Until 10:22PM                    |                              |                          |                                                                                                                                                                                         | Purnima* Until 6:05AM Wed     |                          |                | Sivaloka Day          |                               |
| Then Routine Work - Marana Yoga  |                              |                          |                                                                                                                                                                                         |                               | Margasira*Markali        |                |                       |                               |
|                                  | Wednesday, December 27, 2023 |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau              |                               |                          |                | Trichirappalli, India |                               |
|                                  | Silver Retreat Star          |                          | Gulika                                                                                                                                                                                  | 10:51AM – 12:17PM             | Ardra Until 11:19PM      | Ganesha: White | Sunrise: 6:32AM       | Sutra 254                     |
|                                  | Mithuna Rasi: 10.44          | Tithi 15 – 16            | Yama                                                                                                                                                                                    | 7:58AM – 9:24AM               | Brahma Until 2:40AM Thu  | Muruga: White  | Sunset: 6:03PM        | Sobhana 5125                  |
|                                  | 838137576                    | Rahu                     | 12:17PM – 1:44PM                                                                                                                                                                        | Balava Until 6:24PM           | Nataraja: Clear          |                |                       | Moon 12 - Phase 35 - Prathama |
| Creative Work                    | Siddha Yoga                  |                          |                                                                                                                                                                                         |                               | Moon – Yellow            |                |                       |                               |
|                                  |                              |                          |                                                                                                                                                                                         | Purnima* Until 6:05AM         |                          |                | Devaloka Day          |                               |
|                                  |                              |                          |                                                                                                                                                                                         |                               | Margasira*Markali        |                |                       |                               |
|                                  |                              |                          | Ardra Darshanam                                                                                                                                                                         |                               |                          |                |                       |                               |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, “Fear not.” Tirumurai 11



**Thursday, December 28, 2023****Gold Retreat Star**

Mithuna Rasi: 23.25 Tithi 16 – 17

Creative Work Amrita Yoga

Until 1:04AM Fri

Then Routine Work - Marana Yoga

**Gulika** 9:25AM – 10:51AM  
**Yama** 6:32AM – 7:59AM  
**Rahu** 1:44PM – 3:10PM

848137576

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
 Punarvasu Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Punarvasu Until 1:04AM Fri**

Indra Until 2:22AM Fri

Taitila Until 7:21PM

**Prathama\* Until 6:48AM****Ganesha:** Yellow **Sunrise:** 6:32AM**Muruga:** White **Sunset:** 6:03PM**Nataraja:** Clear

Moon – Blue

**Margasira\*Markali****Sivaloka Day**

Trichirappalli, India

Sutra 255

Sobhana 5125

Moon 13 - Phase 36 - 1st Phase

**1****Friday, December 29, 2023**

Kataka Rasi: 5.52 Tithi 17 – 18

Routine Work Marana Yoga

**Gulika** 7:59AM – 9:25AM  
**Yama** 3:11PM – 4:37PM  
**Rahu** 10:52AM – 12:18PM

849137576

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Pushya Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Pushya Until 3:08AM Sat**

Vaidhriti\* Until 2:26AM Sat

Vanija Until 8:49PM

**Dvitiya Until 8:00AM****Ganesha:** Blue **Sunrise:** 6:33AM**Muruga:** White **Sunset:** 6:04PM**Nataraja:** Clear

Moon – Blue

**Margasira\*Markali****Subha Sivaloka Day**

Trichirappalli, India

Sun 1 Sutra 256

Sobhana 5125

Moon 13 - Phase 36 - 1st Phase

**2****Saturday, December 30, 2023**

Kataka Rasi: 18.07 Tithi 18 – 19

Routine Work Marana Yoga

**Gulika** 6:33AM – 7:59AM  
**Yama** 1:45PM – 3:12PM  
**Rahu** 9:26AM – 10:52AM

849137576

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
 Ashlesha\* Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Ashlesha\* Until 5:29AM Sun**

Vishkambha\* Until 2:52AM Sun

Bava Until 10:47PM

**Tritiya Until 9:43AM****Ganesha:** Blue **Sunrise:** 6:33AM**Muruga:** White **Sunset:** 6:04PM**Nataraja:** Clear

Moon – Blue

**Margasira\*Markali****Subha Sivaloka Day**

Trichirappalli, India

Sun 2 Sutra 257

Sobhana 5125

Moon 13 - Phase 36 - 2nd Phase

**3****Sunday, December 31, 2023**

Simha Rasi: 0.1 Tithi 19 – 20

Routine Work Marana Yoga

Until 8:32AM Mon

Then Creative Work - Siddha Yoga

**Gulika** 3:12PM – 4:38PM  
**Yama** 12:19PM – 1:46PM  
**Rahu** 4:38PM – 6:05PM

859137576

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Magha\* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Magha\* Until 8:32AM Mon**

Priti Until 3:36AM Mon

Kaulava Until 1:09AM Mon

**Chaturthi\* Until 11:54AM****Ganesha:** Red **Sunrise:** 6:34AM**Muruga:** White **Sunset:** 6:05PM**Nataraja:** Clear

Moon – Red

**Margasira\*Markali****Sivaloka Day**

Trichirappalli, India

Sun 3 Sutra 258

Sobhana 5125

Moon 13 - Phase 36 - 3rd Phase

**4****Monday, January 1, 2024**

Simha Rasi: 12.04 Tithi 20 – 21

**Family Home Evening**

Routine Work Marana Yoga

Until 8:32AM

Then Creative Work - Siddha Yoga

**Gulika** 1:47PM – 3:13PM  
**Yama** 10:54AM – 12:20PM  
**Rahu** 8:01AM – 9:27AM

859137576

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
 Magha\*/Purvaphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Magha\* Until 8:32AM**

Ayushman Until 4:30AM Tue

Gara Until 3:47AM Tue

**Panchami Until 2:25PM****Ganesha:** Red **Sunrise:** 6:34AM**Muruga:** White **Sunset:** 6:06PM**Nataraja:** Clear

Moon – Red

**Margasira\*Markali****Sivaloka Day**

Trichirappalli, India

Sun 4 Sutra 259

Sobhana 5125

Moon 13 - Phase 36 - 4th Phase

**5****Tuesday, January 2, 2024**

Simha Rasi: 23.53 Tithi 21 – 22

Creative Work Siddha Yoga

Until 11:37AM

Then Creative Work - Amrita Yoga

**Gulika** 12:21PM – 1:47PM  
**Yama** 9:28AM – 10:54AM  
**Rahu** 3:14PM – 4:40PM

859137576

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Purvaphalguni Until 11:37AM**

Saubhagya Until 5:27AM Wed

Visti Until 6:29AM Wed

**Shashthi\* Until 5:07PM****Ganesha:** Red **Sunrise:** 6:35AM**Muruga:** White **Sunset:** 6:06PM**Nataraja:** Clear

Moon – Red

**Margasira\*Markali****Sivaloka Day**

Trichirappalli, India

Sun 5 Sutra 260

Sobhana 5125

Moon 13 - Phase 36 - 5th Phase

**6****Wednesday, January 3, 2024**

Kanya Rasi: 5.42 Tithi 22

Creative Work Amrita Yoga

Until 2:32PM

Then Routine Work - Marana Yoga

**Gulika** 10:55AM – 12:21PM  
**Yama** 8:02AM – 9:28AM  
**Rahu** 12:21PM – 1:48PM

859137576

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
 Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

**Uttaraphalguni Until 2:32PM**

Sobhana Until 6:17AM Thu

Visti Until 6:29AM

**Saptami Until 7:46PM****Ganesha:** Red **Sunrise:** 6:35AM**Muruga:** White **Sunset:** 6:07PM**Nataraja:** Clear

Moon – Red

**Margasira\*Markali****Sivaloka Day**

Trichirappalli, India

Sun 6 Sutra 261

Sobhana 5125

Moon 13 - Phase 36 - 6th Phase

**D****Thursday, January 4, 2024****Retreat Star**

Kanya Rasi: 17.34 Tithi 23

Routine Work Marana Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

**Gulika** 9:28AM – 10:55AM  
**Yama** 6:35AM – 8:02AM  
**Rahu** 1:48PM – 3:15PM

869137576

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
 Hasta/Chitra Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Hasta Until 5:31PM**

Sobhana Until 6:17AM

Balava Until 9:00AM

**Ashtami\* Until 10:04PM****Ganesha:** Green **Sunrise:** 6:35AM**Muruga:** White **Sunset:** 6:08PM**Nataraja:** Clear

Moon – Green

**Margasira\*Markali****Subha Sivaloka Day**

Trichirappalli, India

Sun 7 Sutra 262

Sobhana 5125

Moon 13 - Phase 36 - 7th Phase

**D****Friday, January 5, 2024****Retreat Star**

Kanya Rasi: 29.37 Tithi 24

Creative Work Siddha Yoga

**Gulika** 8:02AM – 9:29AM  
**Yama** 3:15PM – 4:42PM  
**Rahu** 10:55AM – 12:22PM

869137576

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Chitra Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

**Chitra Until 7:48PM**

Athiganda\* Until 6:46AM

Taitila Until 11:02AM

**Navami\* Until 11:47PM****Ganesha:** Green **Sunrise:** 6:36AM**Muruga:** White **Sunset:** 6:08PM**Nataraja:** Clear

Moon – Green

**Margasira\*Markali****Subha Sivaloka Day**

Trichirappalli, India

Sun 8 Sutra 263

Sobhana 5125

Moon 13 - Phase 36 - 8th Phase

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

www.gurudeva.org/panchang

|                                                                                     |                                 |                                  |                                                                                                                                                                                                                     |                                      |                                                                                |                                                                              |                                                           |                                      |
|-------------------------------------------------------------------------------------|---------------------------------|----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|--------------------------------------------------------------------------------|------------------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------|
| 1                                                                                   | Saturday, January 6, 2024       |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau                                         |                                      |                                                                                |                                                                              | Trichirappalli, India<br>Sun 9 Sutra 264<br>Sobhana 5125  |                                      |
|                                                                                     | Tula Rasi: 11.55                | Tithi 25                         | Gulika<br>Yama                                                                                                                                                                                                      | 6:36AM – 8:03AM<br>1:49PM – 3:16PM   | Svati Until 9:14PM<br>Sukarma Until 6:46AM<br>Vanija Until 12:23PM             | Ganesha: Orange<br>Muruga: White<br>Nataraja: Clear<br>Moon – Green          | Sunrise: 6:36AM<br>Sunset: 6:09PM                         | Moon 13 - Phase 37 - 9<br>2nd Phase  |
|                                                                                     | Creative Work                   | Siddha Yoga                      | 861137576                                                                                                                                                                                                           | Rahu<br>9:29AM – 10:56AM             | Dashami Until 12:43AM Sun                                                      | Margasira*Markali                                                            | Sivaloka Day                                              |                                      |
|                                                                                     |                                 |                                  |                                                                                                                                                                                                                     |                                      |                                                                                |                                                                              |                                                           |                                      |
| 2                                                                                   | Sunday, January 7, 2024         |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau                                        |                                      |                                                                                |                                                                              | Trichirappalli, India<br>Sun 10 Sutra 265<br>Sobhana 5125 |                                      |
|                                                                                     | Tula Rasi: 24.35                | Tithi 26                         | Gulika<br>Yama                                                                                                                                                                                                      | 3:16PM – 4:43PM<br>12:23PM – 1:49PM  | Vishakha Until 10:08PM<br>Dhriti Until 6:10AM<br>Bava Until 12:53PM            | Ganesha: Light Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Orange     | Sunrise: 6:36AM<br>Sunset: 6:09PM                         | Moon 13 - Phase 37 - 10<br>2nd Phase |
|                                                                                     | Routine Work                    | Marana Yoga                      | 871137576                                                                                                                                                                                                           | Rahu<br>4:43PM – 6:09PM              | Ekadashi* Until 12:47AM Mon                                                    | Margasira*Markali                                                            | Devaloka Day                                              |                                      |
|                                                                                     |                                 |                                  |                                                                                                                                                                                                                     |                                      |                                                                                |                                                                              |                                                           |                                      |
| 3                                                                                   | Monday, January 8, 2024         |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau                                            |                                      |                                                                                |                                                                              | Trichirappalli, India<br>Sun 11 Sutra 266<br>Sobhana 5125 |                                      |
|                                                                                     | Vrischika Rasi: 7.4             | Tithi 27                         | Gulika<br>Yama                                                                                                                                                                                                      | 1:50PM – 3:16PM<br>10:57AM – 12:23PM | Anuradha Until 10:02PM<br>Ganda* Until 2:54AM Tue<br>Kaulava Until 12:31PM     | Ganesha: Light Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Orange     | Sunrise: 6:37AM<br>Sunset: 6:10PM                         | Moon 13 - Phase 37 - 11<br>2nd Phase |
|                                                                                     | Family Home Evening             |                                  | 871137576                                                                                                                                                                                                           | Rahu<br>8:03AM – 9:30AM              | Dvadashi* Until 12:00AM Tue                                                    | Margasira*Markali                                                            | Devaloka Day                                              |                                      |
|                                                                                     | Creative Work                   | Siddha Yoga                      |                                                                                                                                                                                                                     |                                      |                                                                                |                                                                              |                                                           |                                      |
| 4                                                                                   | Tuesday, January 9, 2024        |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau                                         |                                      |                                                                                |                                                                              | Trichirappalli, India<br>Sun 12 Sutra 267<br>Sobhana 5125 |                                      |
|                                                                                     | Vrischika Rasi: 21.12           | Tithi 28                         | Gulika<br>Yama                                                                                                                                                                                                      | 12:24PM – 1:50PM<br>9:30AM – 10:57AM | Jyeshtha* Until 9:02PM<br>Vriddhi Until 12:21AM Wed<br>Gara Until 11:19AM      | Ganesha: Light Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Orange     | Sunrise: 6:37AM<br>Sunset: 6:10PM                         | Moon 13 - Phase 37 - 12<br>2nd Phase |
|                                                                                     | Routine Work                    | Marana Yoga                      | 871137576                                                                                                                                                                                                           | Rahu<br>3:17PM – 4:44PM              | Trayodashi* Until 10:25PM                                                      | Margasira*Markali                                                            | Devaloka Day                                              |                                      |
|                                                                                     | Until 9:02PM                    | Then Creative Work - Amrita Yoga | Pradosha Vrata (Fasting)                                                                                                                                                                                            |                                      |                                                                                |                                                                              |                                                           |                                      |
| 5                                                                                   | Wednesday, January 10, 2024     |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                                            |                                      |                                                                                |                                                                              | Trichirappalli, India<br>Sun 13 Sutra 268<br>Sobhana 5125 |                                      |
|                                                                                     | Dhanus Rasi: 5.11               | Tithi 29                         | Gulika<br>Yama                                                                                                                                                                                                      | 10:57AM – 12:24PM<br>8:04AM – 9:31AM | Mula* Until 7:39PM<br>Dhruva Until 9:16PM<br>Visti Until 9:23AM                | Ganesha: Purple<br>Muruga: White<br>Nataraja: Clear<br>Moon – Light Blue     | Sunrise: 6:37AM<br>Sunset: 6:11PM                         | Moon 13 - Phase 37 - 13<br>2nd Phase |
|                                                                                     | Routine Work                    | Marana Yoga                      | 881137576                                                                                                                                                                                                           | Rahu<br>12:24PM – 1:51PM             | Chaturdashi* Until 8:11PM                                                      | Margasira*Markali                                                            | Devaloka Day                                              |                                      |
|                                                                                     | Until 7:39PM                    | Then Creative Work - Amrita Yoga |                                                                                                                                                                                                                     |                                      |                                                                                |                                                                              |                                                           |                                      |
|  | Thursday, January 11, 2024      |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau |                                      |                                                                                |                                                                              | Trichirappalli, India<br>Sun 14 Sutra 269<br>Sobhana 5125 |                                      |
|                                                                                     | Retreat Star                    |                                  | Gulika<br>Yama                                                                                                                                                                                                      | 9:31AM – 10:58AM<br>6:38AM – 8:04AM  | Purvashadha* Until 5:39PM<br>Vyaghata* Until 5:48PM<br>Catuspada Until 6:54AM  | Ganesha: Purple<br>Muruga: White<br>Nataraja: Clear<br>Moon – Light Blue     | Sunrise: 6:38AM<br>Sunset: 6:11PM                         | Moon 13 - Phase 37 - 14<br>Amavasya  |
|                                                                                     | Dhanus Rasi: 19.34              | Tithi 30 – 1                     | 881137576                                                                                                                                                                                                           | Rahu<br>1:51PM – 3:18PM              | Amavasya* Until 5:28PM                                                         | Margasira*Markali                                                            | Devaloka Day                                              |                                      |
|                                                                                     | Creative Work                   | Siddha Yoga                      | Hanumath Jayanthi (Tamil Nadu)                                                                                                                                                                                      |                                      |                                                                                |                                                                              |                                                           |                                      |
| Until 5:39PM                                                                        | Then Routine Work - Marana Yoga |                                  |                                                                                                                                                                                                                     |                                      |                                                                                |                                                                              |                                                           |                                      |
|                                                                                     | Friday, January 12, 2024        |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha*/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau                 |                                      |                                                                                |                                                                              | Trichirappalli, India<br>Sun 15 Sutra 270<br>Sobhana 5125 |                                      |
|                                                                                     | Retreat Star                    |                                  | Gulika<br>Yama                                                                                                                                                                                                      | 8:05AM – 9:31AM<br>3:18PM – 4:45PM   | Uttarashadha Until 3:11PM<br>Harshana Until 2:06PM<br>Balava Until 12:51AM Sat | Ganesha: Light Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Light Blue | Sunrise: 6:38AM<br>Sunset: 6:12PM                         | Moon 13 - Phase 37 - 15<br>Prathama  |
|                                                                                     | Makara Rasi: 4.14               | Tithi 1 – 2                      | 881237576                                                                                                                                                                                                           | Rahu<br>10:58AM – 12:25PM            | Prathama* Until 2:26PM                                                         | Pausha*Markali                                                               | Devaloka Day                                              |                                      |
|                                                                                     | Routine Work                    | Marana Yoga                      |                                                                                                                                                                                                                     |                                      |                                                                                |                                                                              |                                                           |                                      |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|   |                                     |           |                                                                                                                                                                                                   |                   |                                |                 |                       |                         |
|---|-------------------------------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------------------------|-----------------|-----------------------|-------------------------|
| 1 | Saturday, January 13, 2024          |           | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shrivana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau       |                   |                                |                 | Trichirappalli, India |                         |
|   | Makara Rasi: 19.04      Tithi 2 – 3 |           | Gulika                                                                                                                                                                                            | 6:38AM – 8:05AM   | Shravana Until 12:51PM         | Ganesha: Purple | Sunrise: 6:38AM       | Sun 16      Sutra 271   |
|   | Creative Work      Siddha Yoga      |           | Yama                                                                                                                                                                                              | 1:52PM – 3:19PM   | Vajra* Until 10:14AM           | Muruga: White   | Sunset: 6:12PM        | Sobhana 5125            |
|   |                                     | 891237576 | Rahu                                                                                                                                                                                              | 9:32AM – 10:58AM  | Taitila Until 9:39PM           | Nataraja: Clear |                       | Moon 13 - Phase 38 - 16 |
|   |                                     |           |                                                                                                                                                                                                   |                   | Dvitiya Until 11:14AM          | Moon – Purple   |                       | 3rd Phase               |
|   |                                     |           |                                                                                                                                                                                                   |                   |                                | Pausha*Markali  |                       | Devaloka Day            |
| 2 | Sunday, January 14, 2024            |           | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau |                   |                                |                 | Trichirappalli, India |                         |
|   | Kumbha Rasi: 3.56      Tithi 3 – 4  |           | Gulika                                                                                                                                                                                            | 3:19PM – 4:46PM   | Dhanishtha Until 10:24AM       | Ganesha: Purple | Sunrise: 6:38AM       | Sun 17      Sutra 272   |
|   | Routine Work      Marana Yoga       |           | Yama                                                                                                                                                                                              | 12:26PM – 1:52PM  | Siddhi Until 6:24AM            | Muruga: White   | Sunset: 6:13PM        | Sobhana 5125            |
|   | Until 10:24AM                       |           | 891237576                                                                                                                                                                                         | Rahu              | 4:46PM – 6:13PM                | Nataraja: Clear |                       | Moon 13 - Phase 38 - 17 |
|   | Then Creative Work - Siddha Yoga    |           |                                                                                                                                                                                                   |                   | Vanija Until 6:32PM            | Moon – Purple   |                       | 3rd Phase               |
|   |                                     |           |                                                                                                                                                                                                   |                   | Tritiya Until 8:03AM           | Pausha*Markali  |                       | Devaloka Day            |
| 3 | Monday, January 15, 2024            |           | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau             |                   |                                |                 | Trichirappalli, India |                         |
|   | Kumbha Rasi: 18.41      Tithi 5     |           | Gulika                                                                                                                                                                                            | 1:53PM – 3:20PM   | Shatabhishak Until 8:00AM      | Ganesha: Purple | Sunrise: 6:39AM       | Sun 18      Sutra 273   |
|   | Family Home Evening                 |           | Yama                                                                                                                                                                                              | 10:59AM – 12:26PM | Variyan Until 11:11PM          | Muruga: White   | Sunset: 6:13PM        | Sobhana 5125            |
|   | Creative Work      Siddha Yoga      |           | 891237576                                                                                                                                                                                         | Rahu              | 8:05AM – 9:32AM                | Nataraja: Clear |                       | Moon 13 - Phase 38 - 18 |
|   | Until 8:00AM                        |           |                                                                                                                                                                                                   |                   | Bava Until 3:39PM              | Moon – Purple   |                       | 3rd Phase               |
|   | Then Routine Work - Marana Yoga     |           |                                                                                                                                                                                                   | Thai Pongal       | Panchami Until 2:18AM Tue      | Pausha*Thai     |                       | Devaloka Day            |
| 4 | Tuesday, January 16, 2024           |           | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashtham Titau |                   |                                |                 | Trichirappalli, India |                         |
|   | Meena Rasi: 3.13      Tithi 6       |           | Gulika                                                                                                                                                                                            | 12:26PM – 1:53PM  | Purvaproshtapada* Until 6:10AM | Ganesha: White  | Sunrise: 6:39AM       | Sun 19      Sutra 274   |
|   | Routine Work      Marana Yoga       |           | Yama                                                                                                                                                                                              | 9:33AM – 10:59AM  | Parigha* Until 8:00PM          | Muruga: White   | Sunset: 6:14PM        | Sobhana 5125            |
|   | Until 6:10AM                        |           | 812237576                                                                                                                                                                                         | Rahu              | 3:20PM – 4:47PM                | Nataraja: Clear |                       | Moon 13 - Phase 38 - 19 |
|   | Then Creative Work - Amrita Yoga    |           |                                                                                                                                                                                                   |                   | Kaulava Until 1:06PM           | Moon – Clear    |                       | 3rd Phase               |
|   |                                     |           |                                                                                                                                                                                                   |                   | Shashthi* Until 11:58PM        | Pausha*Thai     |                       | Devaloka Day            |
| 5 | Wednesday, January 17, 2024         |           | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Saptamyam Titau                                |                   |                                |                 | Trichirappalli, India |                         |
|   | Meena Rasi: 17.28      Tithi 7      |           | Gulika                                                                                                                                                                                            | 11:00AM – 12:27PM | Revati Until 3:23AM Thu        | Ganesha: White  | Sunrise: 6:39AM       | Sun 20      Sutra 275   |
|   | Routine Work      Marana Yoga       |           | Yama                                                                                                                                                                                              | 8:06AM – 9:33AM   | Shiva Until 5:11PM             | Muruga: White   | Sunset: 6:14PM        | Sobhana 5125            |
|   | Until 3:23AM Thu                    |           | 812237576                                                                                                                                                                                         | Rahu              | 12:27PM – 1:54PM               | Nataraja: Clear |                       | Moon 13 - Phase 38 - 20 |
|   | Then Creative Work - Amrita Yoga    |           |                                                                                                                                                                                                   |                   | Gara Until 10:59AM             | Moon – Clear    |                       | 3rd Phase               |
|   |                                     |           |                                                                                                                                                                                                   |                   | Saptami Until 10:06PM          | Pausha*Thai     |                       | Devaloka Day            |
| D | Thursday, January 18, 2024          |           | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau                               |                   |                                |                 | Trichirappalli, India |                         |
|   | Retreat Star                        |           | Gulika                                                                                                                                                                                            | 9:33AM – 11:00AM  | Ashvini Until 2:56AM Fri       | Ganesha: Yellow | Sunrise: 6:39AM       | Sun 21      Sutra 276   |
|   | Mesha Rasi: 1.25      Tithi 8       |           | Yama                                                                                                                                                                                              | 6:39AM – 8:06AM   | Siddha Until 2:45PM            | Muruga: White   | Sunset: 6:15PM        | Sobhana 5125            |
|   | Creative Work      Amrita Yoga      |           | 822237576                                                                                                                                                                                         | Rahu              | 1:54PM – 3:21PM                | Nataraja: Clear |                       | Moon 13 - Phase 38 - 21 |
|   | Until 2:56AM Fri                    |           |                                                                                                                                                                                                   |                   | Visti Until 9:22AM             | Moon – White    |                       | Ashtami                 |
|   | Then Creative Work - Siddha Yoga    |           |                                                                                                                                                                                                   |                   | Ashtami* Until 8:44PM          | Pausha*Thai     |                       | Sivaloka Day            |
| D | Friday, January 19, 2024            |           | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navamyam Titau                             |                   |                                |                 | Trichirappalli, India |                         |
|   | Retreat Star                        |           | Gulika                                                                                                                                                                                            | 8:06AM – 9:33AM   | Bharani Until 2:49AM Sat       | Ganesha: Yellow | Sunrise: 6:39AM       | Sun 22      Sutra 277   |
|   | Mesha Rasi: 15.03      Tithi 9      |           | Yama                                                                                                                                                                                              | 3:21PM – 4:48PM   | Sadhya Until 12:43PM           | Muruga: White   | Sunset: 6:15PM        | Sobhana 5125            |
|   | Creative Work      Siddha Yoga      |           | 822237576                                                                                                                                                                                         | Rahu              | 11:00AM – 12:27PM              | Nataraja: Clear |                       | Moon 13 - Phase 38 - 22 |
|   | Until 2:49AM Sat                    |           |                                                                                                                                                                                                   |                   | Balava Until 8:15AM            | Moon – White    |                       | Navami                  |
|   | Then Creative Work - Amrita Yoga    |           |                                                                                                                                                                                                   |                   | Navami* Until 7:52PM           | Pausha*Thai     |                       | Sivaloka Day            |

|   |                                                                                   |          |                                                                                                                                                                                               |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
|---|-----------------------------------------------------------------------------------|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|-----------------------------------------------------------|--------------------------------------|
| 1 | Saturday, January 20, 2024                                                        |          | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dashamyam Titau                      |                                                          |                                                                                                                   |                                                                                    | Trichirappalli, India<br>Sun 23 Sutra 278<br>Sobhana 5125 |                                      |
|   | Mesha Rasi: 28.25                                                                 | Tithi 10 | Gulika<br>Yama<br>822237576 Rahu                                                                                                                                                              | 6:39AM – 8:06AM<br>1:55PM – 3:22PM<br>9:33AM – 11:01AM   | Krittika Until 3:00AM Sun<br>Subha Until 11:05AM<br>Taitila Until 7:38AM<br>Dashami Until 7:28PM                  | Ganesha: Yellow<br>Muruga: White<br>Nataraja: Clear<br>Moon – White<br>Pausha*Thai | Sunrise: 6:39AM<br>Sunset: 6:16PM                         | Moon 13 - Phase 39 - 23<br>4th Phase |
|   | Creative Work Amrita Yoga<br>Until 3:00AM Sun<br>Then Creative Work - Siddha Yoga |          | Sivaloka Day                                                                                                                                                                                  |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
|   |                                                                                   |          |                                                                                                                                                                                               |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
| 2 | Sunday, January 21, 2024                                                          |          | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau                     |                                                          |                                                                                                                   |                                                                                    | Trichirappalli, India<br>Sun 24 Sutra 279<br>Sobhana 5125 |                                      |
|   | Mrishabha Rasi: 11.32                                                             | Tithi 11 | Gulika<br>Yama<br>832237576 Rahu                                                                                                                                                              | 3:22PM – 4:49PM<br>12:28PM – 1:55PM<br>4:49PM – 6:16PM   | Rohini Until 3:54AM Mon<br>Sukla Until 9:47AM<br>Vanija Until 7:27AM<br>Ekadashi Until 7:30PM                     | Ganesha: Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Yellow<br>Pausha*Thai  | Sunrise: 6:39AM<br>Sunset: 6:16PM                         | Moon 13 - Phase 39 - 24<br>4th Phase |
|   | Creative Work Siddha Yoga<br>Until 3:54AM Mon<br>Then Creative Work - Amrita Yoga |          | Devaloka Day                                                                                                                                                                                  |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
|   |                                                                                   |          |                                                                                                                                                                                               |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
| 3 | Monday, January 22, 2024                                                          |          | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadashyam Titau                    |                                                          |                                                                                                                   |                                                                                    | Trichirappalli, India<br>Sun 25 Sutra 280<br>Sobhana 5125 |                                      |
|   | Mrishabha Rasi: 24.26                                                             | Tithi 12 | Gulika<br>Yama<br>832237576 Rahu                                                                                                                                                              | 1:55PM – 3:22PM<br>11:01AM – 12:28PM<br>8:07AM – 9:34AM  | Mrigashira Until 5:00AM Tue<br>Brahma Until 8:47AM<br>Bava Until 7:41AM<br>Dvadashi Until 7:55PM                  | Ganesha: Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Yellow<br>Pausha*Thai  | Sunrise: 6:40AM<br>Sunset: 6:17PM                         | Moon 13 - Phase 39 - 25<br>4th Phase |
|   | Creative Work Amrita Yoga<br>Until 5:00AM Tue<br>Then Routine Work - Marana Yoga  |          | Devaloka Day                                                                                                                                                                                  |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
|   |                                                                                   |          |                                                                                                                                                                                               |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
| 4 | Tuesday, January 23, 2024                                                         |          | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau            |                                                          |                                                                                                                   |                                                                                    | Trichirappalli, India<br>Sun 26 Sutra 281<br>Sobhana 5125 |                                      |
|   | Mithuna Rasi: 7.11                                                                | Tithi 13 | Gulika<br>Yama<br>832237576 Rahu                                                                                                                                                              | 12:28PM – 1:56PM<br>9:34AM – 11:01AM<br>3:23PM – 4:50PM  | Ardra Until 6:18AM Wed<br>Indra Until 8:06AM<br>Kaulava Until 8:18AM<br>Trayodashi Until 8:43PM<br>Pradosha Vrata | Ganesha: Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Yellow<br>Pausha*Thai  | Sunrise: 6:40AM<br>Sunset: 6:17PM                         | Moon 13 - Phase 39 - 26<br>4th Phase |
|   | Routine Work Marana Yoga<br>Until 6:18AM Wed<br>Then Creative Work - Siddha Yoga  |          | Devaloka Day                                                                                                                                                                                  |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
|   |                                                                                   |          |                                                                                                                                                                                               |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
| 5 | Wednesday, January 24, 2024                                                       |          | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau |                                                          |                                                                                                                   |                                                                                    | Trichirappalli, India<br>Sun 27 Sutra 282<br>Sobhana 5125 |                                      |
|   | Mithuna Rasi: 19.44                                                               | Tithi 14 | Gulika<br>Yama<br>832237576 Rahu                                                                                                                                                              | 11:01AM – 12:29PM<br>8:07AM – 9:34AM<br>12:29PM – 1:56PM | Ardra Until 6:18AM<br>Vaidhriti* Until 7:40AM<br>Gara Until 9:16AM<br>Chaturdashi* Until 9:53PM                   | Ganesha: Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Yellow<br>Pausha*Thai  | Sunrise: 6:40AM<br>Sunset: 6:18PM                         | Moon 13 - Phase 39 - 27<br>4th Phase |
|   | Creative Work Siddha Yoga                                                         |          | Devaloka Day                                                                                                                                                                                  |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
|   |                                                                                   |          |                                                                                                                                                                                               |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
| O | Thursday, January 25, 2024<br>Copper Retreat Star                                 |          | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau         |                                                          |                                                                                                                   |                                                                                    | Trichirappalli, India<br>Sutra 283<br>Sobhana 5125        |                                      |
|   | Kataka Rasi: 2.09                                                                 | Tithi 15 | Gulika<br>Yama<br>942237576 Rahu                                                                                                                                                              | 9:34AM – 11:02AM<br>6:40AM – 8:07AM<br>1:56PM – 3:23PM   | Punarvasu Until 8:17AM<br>Vishkambha* Until 7:32AM<br>Visti Until 10:37AM<br>Purnima* Until 11:25PM               | Ganesha: Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Blue<br>Pausha*Thai    | Sunrise: 6:40AM<br>Sunset: 6:18PM                         | Moon 13 - Phase 39 -<br>Purnima      |
|   | Creative Work Amrita Yoga                                                         |          | Devaloka Day                                                                                                                                                                                  |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
|   | Thai Pusam                                                                        |          |                                                                                                                                                                                               |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
|   | Friday, January 26, 2024<br>Silver Retreat Star                                   |          | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau     |                                                          |                                                                                                                   |                                                                                    | Trichirappalli, India<br>Sutra 284<br>Sobhana 5125        |                                      |
|   | Kataka Rasi: 14.24                                                                | Tithi 16 | Gulika<br>Yama<br>942237576 Rahu                                                                                                                                                              | 8:07AM – 9:34AM<br>3:24PM – 4:51PM<br>11:02AM – 12:29PM  | Pushya Until 10:27AM<br>Priti Until 7:41AM<br>Balava Until 12:20PM<br>Prathama* Until 1:19AM Sat                  | Ganesha: Blue<br>Muruga: White<br>Nataraja: Clear<br>Moon – Blue<br>Pausha*Thai    | Sunrise: 6:40AM<br>Sunset: 6:18PM                         | Moon 13 - Phase 39 -<br>Prathama     |
|   | Routine Work Marana Yoga                                                          |          | Devaloka Day                                                                                                                                                                                  |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |
|   |                                                                                   |          |                                                                                                                                                                                               |                                                          |                                                                                                                   |                                                                                    |                                                           |                                      |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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**Saturday, January 27, 2024**

**Gold Retreat Star**

Kataka Rasi: 26.3

Tithi 17

942237576

Routine Work Marana Yoga  
Until 12:49PM  
Then Creative Work - Amrita Yoga

**Gulika**

**6:40AM – 8:07AM**

**Yama**

**1:57PM – 3:24PM**

**Rahu**

**9:34AM – 11:02AM**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

**Ashlesha\* Until 12:49PM**

Ayushman Until 8:05AM

Taitila Until 2:26PM

**Dvitiya Until 3:35AM Sun**

**Ganesha: Blue**

**Sunrise: 6:40AM**

**Muruga: White**

**Sunset: 6:19PM**

**Nataraja: Clear**

Moon – Blue

**Pausha\*Thai**

**Devaloka Day**

Trichirappalli, India

Sutra 285

Sobhana 5125

Moon 1 - Phase 40 -

1st Phase

**1**

**Sunday, January 28, 2024**

Simha Rasi: 8.28

Tithi 18

952237576

Routine Work Marana Yoga  
Until 3:49PM  
Then Creative Work - Siddha Yoga

**Gulika**

**3:24PM – 4:52PM**

**Yama**

**12:29PM – 1:57PM**

**Rahu**

**4:52PM – 6:19PM**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Magha\* Until 3:49PM**

Saubhagya Until 8:46AM

Vanija Until 4:51PM

**Tritiya Until 6:08AM Mon**

**Ganesha: Red**

**Sunrise: 6:40AM**

**Muruga: White**

**Sunset: 6:19PM**

**Nataraja: Clear**

Moon – Red

**Pausha\*Thai**

**Sivaloka Day**

Trichirappalli, India

Sun 1 Sutra 286

Sobhana 5125

Moon 1 - Phase 40 - 1

1st Phase

**2**

**Monday, January 29, 2024**

Simha Rasi: 20.19

Tithi 18 – 19

953237576

**Family Home Evening**

Creative Work Siddha Yoga

**Gulika**

**1:57PM – 3:25PM**

**Yama**

**11:02AM – 12:30PM**

**Rahu**

**8:07AM – 9:35AM**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

**Purvaphalguni Until 6:53PM**

Sobhana Until 9:39AM

Bava Until 7:30PM

**Tritiya Until 6:08AM**

**Ganesha: Yellow**

**Sunrise: 6:40AM**

**Muruga: White**

**Sunset: 6:20PM**

**Nataraja: Clear**

Moon – Red

**Pausha\*Thai**

**Sivaloka Day**

Trichirappalli, India

Sun 2 Sutra 287

Sobhana 5125

Moon 1 - Phase 40 - 2

1st Phase

**3**

**Tuesday, January 30, 2024**

Kanya Rasi: 2.07

Tithi 19 – 20

953237576

Creative Work Amrita Yoga

Until 9:52PM

Then Creative Work - Siddha Yoga

**Gulika**

**12:30PM – 1:57PM**

**Yama**

**9:35AM – 11:02AM**

**Rahu**

**3:25PM – 4:52PM**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chatrthi/Panchamyam Titau

**Uttaraphalguni Until 9:52PM**

Athiganda\* Until 10:38AM

Kaulava Until 10:15PM

**Chatrurthi\* Until 8:52AM**

**Ganesha: Yellow**

**Sunrise: 6:40AM**

**Muruga: White**

**Sunset: 6:20PM**

**Nataraja: Clear**

Moon – Red

**Pausha\*Thai**

**Sivaloka Day**

Trichirappalli, India

Sun 3 Sutra 288

Sobhana 5125

Moon 1 - Phase 40 - 3

1st Phase

**4**

**Wednesday, January 31, 2024**

Kanya Rasi: 13.54

Tithi 20 – 21

963237576

Routine Work Marana Yoga

Until 1:06AM Thu

Then Creative Work - Siddha Yoga

**Gulika**

**11:02AM – 12:30PM**

**Yama**

**8:07AM – 9:35AM**

**Rahu**

**12:30PM – 1:58PM**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Hasta Until 1:06AM Thu**

Sukarma Until 11:37AM

Gara Until 12:54AM Thu

**Panchami Until 11:35AM**

**Ganesha: White**

**Sunrise: 6:40AM**

**Muruga: White**

**Sunset: 6:20PM**

**Nataraja: Clear**

Moon – Green

**Pausha\*Thai**

**Devaloka Day**

Trichirappalli, India

Sun 4 Sutra 289

Sobhana 5125

Moon 1 - Phase 40 - 4

1st Phase

**5**

**Thursday, February 1, 2024**

Kanya Rasi: 25.45

Tithi 21 – 22

963237576

Creative Work Siddha Yoga

**Gulika**

**9:35AM – 11:02AM**

**Yama**

**6:40AM – 8:07AM**

**Rahu**

**1:58PM – 3:25PM**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Chitra Until 3:49AM Fri**

Dhriti Until 12:26PM

Visti Until 3:11AM Fri

**Shashthi\* Until 2:04PM**

**Ganesha: White**

**Sunrise: 6:40AM**

**Muruga: White**

**Sunset: 6:20PM**

**Nataraja: Clear**

Moon – Green

**Pausha\*Thai**

**Devaloka Day**

Trichirappalli, India

Sun 5 Sutra 290

Sobhana 5125

Moon 1 - Phase 40 - 5

1st Phase

**6**

**Friday, February 2, 2024**

Tula Rasi: 7.45

Tithi 22 – 23

963237576

Creative Work Siddha Yoga

**Gulika**

**8:07AM – 9:35AM**

**Yama**

**3:25PM – 4:53PM**

**Rahu**

**11:02AM – 12:30PM**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Svati Until 5:49AM Sat**

Shula\* Until 12:54PM

Balava Until 4:52AM Sat

**Saptami Until 4:05PM**

**Ganesha: White**

**Sunrise: 6:39AM**

**Muruga: White**

**Sunset: 6:21PM**

**Nataraja: Clear**

Moon – Green

**Pausha\*Thai**

**Devaloka Day**

Trichirappalli, India

Sun 6 Sutra 291

Sobhana 5125

Moon 1 - Phase 40 - 6

1st Phase

**D**

**Saturday, February 3, 2024**

**Retreat Star**

Tula Rasi: 20

Tithi 23 – 24

973237576

Creative Work Siddha Yoga

Until 7:22AM Sun

Then Routine Work - Marana Yoga

**Gulika**

**6:39AM – 8:07AM**

**Yama**

**1:58PM – 3:26PM**

**Rahu**

**9:35AM – 11:02AM**

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Vishakha Until 7:22AM Sun**

Ganda\* Until 12:52PM

Taitila Until 5:47AM Sun

**Ashtami\* Until 5:25PM**

**Ganesha: Clear**

**Sunrise: 6:39AM**

**Muruga: White**

**Sunset: 6:21PM**

**Nataraja: Clear**

Moon – Orange

**Pausha\*Thai**

**Sivaloka Day**

Trichirappalli, India

Sun 7 Sutra 292

Sobhana 5125

Moon 1 - Phase 40 - 7

Ashtami

**Sunday, February 4, 2024**

**Retreat Star**

Vrischika Rasi: 2.35

Tithi 24 – 25

973237577

Routine Work Marana Yoga

**Gulika**

**3:26PM – 4:54PM**

**Yama**

**12:30PM – 1:58PM**

|                                  |                                          |                          |                                                                                                                                                                                                    |                   |                               |                     |                        |                       |           |
|----------------------------------|------------------------------------------|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------------------------|---------------------|------------------------|-----------------------|-----------|
| 1                                | Monday, February 5, 2024                 |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau       |                   |                               |                     |                        | Trichirappalli, India |           |
|                                  | Vrischika Rasi: 16      Tithi 25 – 26    |                          | Gulika                                                                                                                                                                                             | 1:58PM – 3:26PM   | Anuradha Until 7:54AM         | Ganesha: Clear      | Sunrise: 6:39AM        | Sun 9                 | Sutra 294 |
|                                  | Family Home Evening                      |                          | Yama                                                                                                                                                                                               | 11:03AM – 12:30PM | Dhruva Until 10:51AM          | Muruga: White       | Sunset: 6:22PM         | Sobhana 5125          |           |
|                                  | Creative Work      Siddha Yoga           |                          | Rahu                                                                                                                                                                                               | 8:07AM – 9:35AM   | Bava Until 4:54AM Tue         | Nataraja: Orange    | Moon 1 - Phase 41 - 9  |                       |           |
|                                  |                                          |                          | Dashami Until 5:26PM                                                                                                                                                                               |                   |                               | Moon – Orange       | 2nd Phase              |                       |           |
|                                  |                                          |                          |                                                                                                                                                                                                    |                   | Pausha*Thai                   |                     | Sivaloka Day           |                       |           |
| 2                                | Tuesday, February 6, 2024                |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |                   |                               |                     |                        | Trichirappalli, India |           |
|                                  | Vrischika Rasi: 29.05      Tithi 26 – 27 |                          | Gulika                                                                                                                                                                                             | 12:30PM – 1:58PM  | Jyeshtha* Until 7:25AM        | Ganesha: Orange     | Sunrise: 6:39AM        | Sun 10                | Sutra 295 |
|                                  |                                          |                          | Yama                                                                                                                                                                                               | 9:35AM – 11:03AM  | Vyaghata* Until 8:48AM        | Muruga: White       | Sunset: 6:22PM         | Sobhana 5125          |           |
|                                  | 973337577                                |                          | Rahu                                                                                                                                                                                               | 3:26PM – 4:54PM   | Kaulava Until 3:10AM Wed      | Nataraja: Orange    | Moon 1 - Phase 41 - 10 |                       |           |
|                                  | Routine Work      Marana Yoga            |                          | Ekadashi* Until 4:07PM                                                                                                                                                                             |                   |                               | Moon – Orange       | 2nd Phase              |                       |           |
| Until 7:25AM                     |                                          |                          |                                                                                                                                                                                                    |                   | Pausha*Thai                   |                     | Sivaloka Day           |                       |           |
| Then Creative Work - Amrita Yoga |                                          |                          |                                                                                                                                                                                                    |                   |                               |                     |                        |                       |           |
| 3                                | Wednesday, February 7, 2024              |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau   |                   |                               |                     |                        | Trichirappalli, India |           |
|                                  | Dhanus Rasi: 13.05      Tithi 27 – 28    |                          | Gulika                                                                                                                                                                                             | 11:03AM – 12:31PM | Mula* Until 6:25AM            | Ganesha: Light Blue | Sunrise: 6:39AM        | Sun 11                | Sutra 296 |
|                                  |                                          |                          | Yama                                                                                                                                                                                               | 8:07AM – 9:35AM   | Harshana Until 6:06AM         | Muruga: White       | Sunset: 6:22PM         | Sobhana 5125          |           |
|                                  | 983337577                                |                          | Rahu                                                                                                                                                                                               | 12:31PM – 1:58PM  | Gara Until 12:43AM Thu        | Nataraja: Orange    | Moon 1 - Phase 41 - 11 |                       |           |
|                                  | Routine Work      Marana Yoga            |                          | Dvodashi* Until 2:01PM                                                                                                                                                                             |                   |                               | Moon – Light Blue   | 2nd Phase              |                       |           |
| Until 6:25AM                     |                                          |                          |                                                                                                                                                                                                    |                   | Pausha*Thai                   |                     | Devaloka Day           |                       |           |
| Then Creative Work - Amrita Yoga |                                          | Pradosha Vrata (Fasting) |                                                                                                                                                                                                    |                   |                               |                     |                        |                       |           |
| 4                                | Thursday, February 8, 2024               |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau                |                   |                               |                     |                        | Trichirappalli, India |           |
|                                  | Dhanus Rasi: 27.32      Tithi 28 – 29    |                          | Gulika                                                                                                                                                                                             | 9:35AM – 11:03AM  | Uttarashadha Until 2:04AM Fri | Ganesha: Light Blue | Sunrise: 6:39AM        | Sun 12                | Sutra 297 |
|                                  |                                          |                          | Yama                                                                                                                                                                                               | 6:39AM – 8:07AM   | Siddhi Until 11:07PM          | Muruga: White       | Sunset: 6:23PM         | Sobhana 5125          |           |
|                                  | 983337577                                |                          | Rahu                                                                                                                                                                                               | 1:59PM – 3:27PM   | Visti Until 9:43PM            | Nataraja: Orange    | Moon 1 - Phase 41 - 12 |                       |           |
|                                  | Routine Work      Marana Yoga            |                          | Trayodashi* Until 11:16AM                                                                                                                                                                          |                   |                               | Moon – Light Blue   | 2nd Phase              |                       |           |
|                                  |                                          |                          |                                                                                                                                                                                                    |                   | Pausha*Thai                   |                     | Devaloka Day           |                       |           |
| ●                                | Friday, February 9, 2024                 |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau          |                   |                               |                     |                        | Trichirappalli, India |           |
|                                  | Retreat Star                             |                          | Gulika                                                                                                                                                                                             | 8:06AM – 9:35AM   | Shravana Until 11:29PM        | Ganesha: Purple     | Sunrise: 6:38AM        | Sun 13                | Sutra 298 |
|                                  | Makara Rasi: 12.21      Tithi 29 – 30    |                          | Yama                                                                                                                                                                                               | 3:27PM – 4:55PM   | Vyatipata* Until 7:06PM       | Muruga: White       | Sunset: 6:23PM         | Sobhana 5125          |           |
|                                  | 993337577                                |                          | Rahu                                                                                                                                                                                               | 11:03AM – 12:31PM | Catuspada Until 6:19PM        | Nataraja: Orange    | Moon 1 - Phase 41 - 13 |                       |           |
|                                  | Routine Work      Marana Yoga            |                          | Chaturdashi* Until 8:02AM                                                                                                                                                                          |                   |                               | Moon – Purple       | Amavasya               |                       |           |
| Until 11:29PM                    |                                          |                          |                                                                                                                                                                                                    |                   | Pausha*Thai                   |                     | Devaloka Day           |                       |           |
| Then Creative Work - Siddha Yoga |                                          |                          |                                                                                                                                                                                                    |                   |                               |                     |                        |                       |           |
|                                  | Saturday, February 10, 2024              |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau                   |                   |                               |                     |                        | Trichirappalli, India |           |
|                                  | Retreat Star                             |                          | Gulika                                                                                                                                                                                             | 6:38AM – 8:06AM   | Dhanishtha Until 8:35PM       | Ganesha: Purple     | Sunrise: 6:38AM        | Sun 14                | Sutra 299 |
|                                  | Makara Rasi: 27.26      Tithi 1          |                          | Yama                                                                                                                                                                                               | 1:59PM – 3:27PM   | Variyan Until 2:54PM          | Muruga: White       | Sunset: 6:23PM         | Sobhana 5125          |           |
|                                  | 993337577                                |                          | Rahu                                                                                                                                                                                               | 9:34AM – 11:03AM  | Kintughna Until 2:42PM        | Nataraja: Orange    | Moon 1 - Phase 41 - 14 |                       |           |
|                                  | Creative Work      Siddha Yoga           |                          | Prathama* Until 12:51AM Sun                                                                                                                                                                        |                   |                               | Moon – Purple       | Prathama               |                       |           |
| Until 8:35PM                     |                                          |                          |                                                                                                                                                                                                    |                   | Magha*Thai                    |                     | Devaloka Day           |                       |           |
| Then Creative Work - Amrita Yoga |                                          |                          |                                                                                                                                                                                                    |                   |                               |                     |                        |                       |           |

|                                  |                                     |                               |                                                                                                                                                                                                                |                                        |                         |                        |                                                           |  |
|----------------------------------|-------------------------------------|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|-------------------------|------------------------|-----------------------------------------------------------|--|
| <b>1</b>                         | <b>Sunday, February 11, 2024</b>    |                               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau           |                                        |                         |                        | Trichirappalli, India<br>Sun 15 Sutra 300<br>Sobhana 5125 |  |
|                                  | Kumbha Rasi: 13                     | Tithi 2                       | <b>Gulika</b> 3:27PM – 4:55PM                                                                                                                                                                                  | <b>Shatabhishak Until 5:34PM</b>       | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:38AM | Moon 1 - Phase 42 - 15<br>3rd Phase                       |  |
|                                  |                                     |                               | <b>Yama</b> 12:31PM – 1:59PM                                                                                                                                                                                   | Parigha* Until 10:40AM                 | <b>Muruga:</b> White    | <i>Sunset:</i> 6:23PM  |                                                           |  |
|                                  | 993337577                           | <b>Rahu</b> 4:55PM – 6:23PM   |                                                                                                                                                                                                                | Balava Until 11:02AM                   | <b>Nataraja:</b> Orange |                        |                                                           |  |
| Creative Work                    |                                     | Siddha Yoga                   |                                                                                                                                                                                                                | <b>Dvitiya Until 9:14PM</b>            | Moon – Purple           |                        | <b>Devaloka Day</b>                                       |  |
|                                  |                                     |                               |                                                                                                                                                                                                                |                                        | <b>Magha*Thai</b>       |                        |                                                           |  |
| <b>2</b>                         | <b>Monday, February 12, 2024</b>    |                               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Tritiya/Chatrthyam Titau |                                        |                         |                        | Trichirappalli, India<br>Sun 16 Sutra 301<br>Sobhana 5125 |  |
|                                  | Kumbha Rasi: 27.43                  | Tithi 3 – 4                   | <b>Gulika</b> 1:59PM – 3:27PM                                                                                                                                                                                  | <b>Purvaproshtapada* Until 2:59PM</b>  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:38AM | Moon 1 - Phase 42 - 16<br>3rd Phase                       |  |
|                                  | <b>Family Home Evening</b>          |                               | <b>Yama</b> 11:02AM – 12:31PM                                                                                                                                                                                  | Shiva Until 6:33AM                     | <b>Muruga:</b> White    | <i>Sunset:</i> 6:24PM  |                                                           |  |
|                                  | 913337577                           | <b>Rahu</b> 8:06AM – 9:34AM   |                                                                                                                                                                                                                | Taitila Until 7:30AM                   | <b>Nataraja:</b> Orange |                        |                                                           |  |
| Routine Work                     |                                     | Marana Yoga                   |                                                                                                                                                                                                                | <b>Tritiya Until 5:49PM</b>            | Moon – Clear            |                        | <b>Sivaloka Day</b>                                       |  |
| Until 2:59PM                     |                                     |                               |                                                                                                                                                                                                                |                                        | <b>Magha*Thai</b>       |                        |                                                           |  |
| Then Creative Work - Siddha Yoga |                                     |                               |                                                                                                                                                                                                                |                                        |                         |                        |                                                           |  |
| <b>3</b>                         | <b>Tuesday, February 13, 2024</b>   |                               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                |                                        |                         |                        | Trichirappalli, India<br>Sun 17 Sutra 302<br>Sobhana 5125 |  |
|                                  | Meena Rasi: 13                      | Tithi 4 – 5                   | <b>Gulika</b> 12:31PM – 1:59PM                                                                                                                                                                                 | <b>Uttaraproshtapada Until 12:37PM</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:37AM | Moon 1 - Phase 42 - 17<br>3rd Phase                       |  |
|                                  |                                     |                               | <b>Yama</b> 9:34AM – 11:02AM                                                                                                                                                                                   | Sadhya Until 11:04PM                   | <b>Muruga:</b> White    | <i>Sunset:</i> 6:24PM  |                                                           |  |
|                                  | 914337577                           | <b>Rahu</b> 3:27PM – 4:56PM   |                                                                                                                                                                                                                | Bava Until 1:24AM Wed                  | <b>Nataraja:</b> Orange |                        |                                                           |  |
| Creative Work                    |                                     | Amrita Yoga                   |                                                                                                                                                                                                                | <b>Chaturthi* Until 2:45PM</b>         | Moon – Clear            |                        | <b>Sivaloka Day</b>                                       |  |
| Until 12:37PM                    |                                     |                               |                                                                                                                                                                                                                |                                        | <b>Magha*Masi</b>       |                        |                                                           |  |
| Then Creative Work - Siddha Yoga |                                     |                               |                                                                                                                                                                                                                |                                        |                         |                        |                                                           |  |
| <b>4</b>                         | <b>Wednesday, February 14, 2024</b> |                               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau                           |                                        |                         |                        | Trichirappalli, India<br>Sun 18 Sutra 303<br>Sobhana 5125 |  |
|                                  | Meena Rasi: 27.1                    | Tithi 5 – 6                   | <b>Gulika</b> 11:02AM – 12:31PM                                                                                                                                                                                | <b>Revati Until 10:34AM</b>            | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:37AM | Moon 1 - Phase 42 - 18<br>3rd Phase                       |  |
|                                  |                                     |                               | <b>Yama</b> 8:06AM – 9:34AM                                                                                                                                                                                    | Subha Until 7:57PM                     | <b>Muruga:</b> White    | <i>Sunset:</i> 6:24PM  |                                                           |  |
|                                  | 914337577                           | <b>Rahu</b> 12:31PM – 1:59PM  |                                                                                                                                                                                                                | Kaulava Until 11:07PM                  | <b>Nataraja:</b> Orange |                        |                                                           |  |
| Routine Work                     |                                     | Marana Yoga                   |                                                                                                                                                                                                                | <b>Panchami Until 12:10PM</b>          | Moon – Clear            |                        | <b>Sivaloka Day</b>                                       |  |
|                                  |                                     |                               |                                                                                                                                                                                                                |                                        | <b>Magha*Masi</b>       |                        |                                                           |  |
| <b>5</b>                         | <b>Thursday, February 15, 2024</b>  |                               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                       |                                        |                         |                        | Trichirappalli, India<br>Sun 19 Sutra 304<br>Sobhana 5125 |  |
|                                  | Mesha Rasi: 11.21                   | Tithi 6 – 7                   | <b>Gulika</b> 9:34AM – 11:02AM                                                                                                                                                                                 | <b>Ashvini Until 9:23AM</b>            | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:37AM | Moon 1 - Phase 42 - 19<br>3rd Phase                       |  |
|                                  |                                     |                               | <b>Yama</b> 6:37AM – 8:05AM                                                                                                                                                                                    | Sukla Until 5:19PM                     | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:24PM  |                                                           |  |
|                                  | 924347577                           | <b>Rahu</b> 1:59PM – 3:28PM   |                                                                                                                                                                                                                | Gara Until 9:28PM                      | <b>Nataraja:</b> Orange |                        |                                                           |  |
| Creative Work                    |                                     | Amrita Yoga                   |                                                                                                                                                                                                                | <b>Shashthi* Until 10:11AM</b>         | Moon – White            |                        | <b>Bhuloka Day</b>                                        |  |
| Until 9:23AM                     |                                     |                               |                                                                                                                                                                                                                |                                        | <b>Magha*Masi</b>       |                        | <b>Devaloka Time: 3:PM to 6:PM</b>                        |  |
| Then Creative Work - Siddha Yoga |                                     |                               |                                                                                                                                                                                                                |                                        |                         |                        |                                                           |  |
| <b>D</b>                         | <b>Friday, February 16, 2024</b>    |                               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                     |                                        |                         |                        | Trichirappalli, India<br>Sun 20 Sutra 305<br>Sobhana 5125 |  |
|                                  | <b>Retreat Star</b>                 |                               | <b>Gulika</b> 8:05AM – 9:34AM                                                                                                                                                                                  | <b>Bharani Until 8:43AM</b>            | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:37AM | Moon 1 - Phase 42 - 20<br>Ashtami                         |  |
|                                  | Mesha Rasi: 25.07                   | Tithi 7 – 8                   | <b>Yama</b> 3:28PM – 4:56PM                                                                                                                                                                                    | Brahma Until 3:13PM                    | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:25PM  |                                                           |  |
|                                  | 924347577                           | <b>Rahu</b> 11:02AM – 12:31PM |                                                                                                                                                                                                                | Visti Until 8:29PM                     | <b>Nataraja:</b> Orange |                        |                                                           |  |
| Creative Work                    |                                     | Siddha Yoga                   |                                                                                                                                                                                                                | <b>Saptami Until 8:52AM</b>            | Moon – White            |                        | <b>Bhuloka Day</b>                                        |  |
|                                  |                                     |                               |                                                                                                                                                                                                                |                                        | <b>Magha*Masi</b>       |                        | <b>Devaloka Time: 3:PM to 6:PM</b>                        |  |
| <b>S</b>                         | <b>Saturday, February 17, 2024</b>  |                               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau                     |                                        |                         |                        | Trichirappalli, India<br>Sun 21 Sutra 306<br>Sobhana 5125 |  |
|                                  | <b>Retreat Star</b>                 |                               | <b>Gulika</b> 6:36AM – 8:05AM                                                                                                                                                                                  | <b>Krittika Until 8:34AM</b>           | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:36AM | Moon 1 - Phase 42 - 21<br>Navami                          |  |
|                                  | Virshabha Rasi: 8.3                 | Tithi 8 – 9                   | <b>Yama</b> 1:59PM – 3:28PM                                                                                                                                                                                    | Indra Until 1:41PM                     | <b>Muruga:</b> Clear    | <i>Sunset:</i> 6:25PM  |                                                           |  |
|                                  | 924347577                           | <b>Rahu</b> 9:33AM – 11:02AM  |                                                                                                                                                                                                                | Balava Until 8:11PM                    | <b>Nataraja:</b> Orange |                        |                                                           |  |
| Creative Work                    |                                     | Amrita Yoga                   |                                                                                                                                                                                                                | <b>Ashtami* Until 8:14AM</b>           | Moon – White            |                        | <b>Bhuloka Day</b>                                        |  |
|                                  |                                     |                               |                                                                                                                                                                                                                |                                        | <b>Magha*Masi</b>       |                        | <b>Devaloka Time: 3:PM to 6:PM</b>                        |  |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|                                  |                                       |  |                                                                                                                                                                                                     |                                |                  |                 |                             |           |
|----------------------------------|---------------------------------------|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|------------------|-----------------|-----------------------------|-----------|
| 1                                | Sunday, February 18, 2024             |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                |                  |                 | Trichirappalli, India       |           |
|                                  | Vrishabha Rasi: 21.32    Tithi 9 – 10 |  | Gulika 3:28PM – 4:56PM                                                                                                                                                                              | Rohini Until 9:21AM            | Ganesha: Red     | Sunrise: 6:36AM | Sun 22                      | Sutra 307 |
|                                  | 934347577                             |  | Yama 12:30PM – 1:59PM                                                                                                                                                                               | Vaidhriti* Until 12:36PM       | Muruga: Clear    | Sunset: 6:25PM  | Sobhana 5125                |           |
|                                  | Creative Work    Siddha Yoga          |  | Rahu 4:56PM – 6:25PM                                                                                                                                                                                | Taitila Until 8:30PM           | Nataraja: Orange |                 | Moon 1 - Phase 43 - 22      | 4th Phase |
|                                  |                                       |  |                                                                                                                                                                                                     | Navami* Until 8:15AM           | Moon – Yellow    |                 | Devaloka Day                |           |
|                                  |                                       |  |                                                                                                                                                                                                     |                                | Magha*Masi       |                 |                             |           |
| 2                                | Monday, February 19, 2024             |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau          |                                |                  |                 | Trichirappalli, India       |           |
|                                  | Mithuna Rasi: 4.16    Tithi 10 – 11   |  | Gulika 1:59PM – 3:28PM                                                                                                                                                                              | Mrigashira Until 10:33AM       | Ganesha: Red     | Sunrise: 6:36AM | Sun 23                      | Sutra 308 |
|                                  | 934347577                             |  | Yama 11:02AM – 12:30PM                                                                                                                                                                              | Vishkambha* Until 12:00PM      | Muruga: Clear    | Sunset: 6:25PM  | Sobhana 5125                |           |
|                                  | Family Home Evening                   |  | Rahu 8:04AM – 9:33AM                                                                                                                                                                                | Vanija Until 9:22PM            | Nataraja: Orange |                 | Moon 1 - Phase 43 - 23      | 4th Phase |
| Creative Work    Amrita Yoga     |                                       |  |                                                                                                                                                                                                     | Dashami Until 8:51AM           | Moon – Yellow    |                 | Devaloka Day                |           |
| Until 10:33AM                    |                                       |  |                                                                                                                                                                                                     |                                | Magha*Masi       |                 |                             |           |
| Then Creative Work - Siddha Yoga |                                       |  |                                                                                                                                                                                                     |                                |                  |                 |                             |           |
| 3                                | Tuesday, February 20, 2024            |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau          |                                |                  |                 | Trichirappalli, India       |           |
|                                  | Mithuna Rasi: 16.46    Tithi 11 – 12  |  | Gulika 12:30PM – 1:59PM                                                                                                                                                                             | Ardra Until 12:04PM            | Ganesha: Red     | Sunrise: 6:35AM | Sun 24                      | Sutra 309 |
|                                  | 934347577                             |  | Yama 9:33AM – 11:01AM                                                                                                                                                                               | Priti Until 11:46AM            | Muruga: Clear    | Sunset: 6:25PM  | Sobhana 5125                |           |
|                                  | Routine Work    Marana Yoga           |  | Rahu 3:28PM – 4:57PM                                                                                                                                                                                | Bava Until 10:42PM             | Nataraja: Orange |                 | Moon 1 - Phase 43 - 24      | 4th Phase |
| Until 12:04PM                    |                                       |  |                                                                                                                                                                                                     | Ekadashi Until 9:58AM          | Moon – Yellow    |                 | Devaloka Day                |           |
| Then Creative Work - Siddha Yoga |                                       |  |                                                                                                                                                                                                     |                                | Magha*Masi       |                 |                             |           |
| 4                                | Wednesday, February 21, 2024          |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau  |                                |                  |                 | Trichirappalli, India       |           |
|                                  | Mithuna Rasi: 29.06    Tithi 12 – 13  |  | Gulika 11:01AM – 12:30PM                                                                                                                                                                            | Punarvasu Until 2:18PM         | Ganesha: Blue    | Sunrise: 6:35AM | Sun 25                      | Sutra 310 |
|                                  | 944347577                             |  | Yama 8:04AM – 9:32AM                                                                                                                                                                                | Ayushman Until 11:50AM         | Muruga: Clear    | Sunset: 6:26PM  | Sobhana 5125                |           |
|                                  | Creative Work    Siddha Yoga          |  | Rahu 12:30PM – 1:59PM                                                                                                                                                                               | Kaulava Until 12:25AM Thu      | Nataraja: Orange |                 | Moon 1 - Phase 43 - 25      | 4th Phase |
|                                  |                                       |  |                                                                                                                                                                                                     | Dvadashi Until 11:30AM         | Moon – Blue      |                 | Bhuloka Day                 |           |
|                                  |                                       |  |                                                                                                                                                                                                     |                                | Magha*Masi       |                 | Devaloka Time: 3:PM to 6:PM |           |
|                                  |                                       |  |                                                                                                                                                                                                     | Pradosha Vrata                 |                  |                 |                             |           |
| 5                                | Thursday, February 22, 2024           |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau   |                                |                  |                 | Trichirappalli, India       |           |
|                                  | Kataka Rasi: 11.16    Tithi 13 – 14   |  | Gulika 9:32AM – 11:01AM                                                                                                                                                                             | Pushya Until 4:42PM            | Ganesha: Blue    | Sunrise: 6:34AM | Sun 26                      | Sutra 311 |
|                                  | 944347577                             |  | Yama 6:34AM – 8:03AM                                                                                                                                                                                | Saubhagya Until 12:11PM        | Muruga: Clear    | Sunset: 6:26PM  | Sobhana 5125                |           |
|                                  | Creative Work    Amrita Yoga          |  | Rahu 1:59PM – 3:28PM                                                                                                                                                                                | Gara Until 2:27AM Fri          | Nataraja: Orange |                 | Moon 1 - Phase 43 - 26      | 4th Phase |
| Until 4:42PM                     |                                       |  |                                                                                                                                                                                                     | Trayodashi Until 1:23PM        | Moon – Blue      |                 | Bhuloka Day                 |           |
| Then Creative Work - Siddha Yoga |                                       |  |                                                                                                                                                                                                     |                                | Magha*Masi       |                 | Devaloka Time: 3:PM to 6:PM |           |
| 6                                | Friday, February 23, 2024             |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau         |                                |                  |                 | Trichirappalli, India       |           |
|                                  | Kataka Rasi: 23.19    Tithi 14 – 15   |  | Gulika 8:03AM – 9:32AM                                                                                                                                                                              | Ashlesha* Until 7:13PM         | Ganesha: Blue    | Sunrise: 6:34AM | Sun 27                      | Sutra 312 |
|                                  | 944347577                             |  | Yama 3:28PM – 4:57PM                                                                                                                                                                                | Sobhana Until 12:46PM          | Muruga: Clear    | Sunset: 6:26PM  | Sobhana 5125                |           |
|                                  | Routine Work    Marana Yoga           |  | Rahu 11:01AM – 12:30PM                                                                                                                                                                              | Visti Until 4:45AM Sat         | Nataraja: Orange |                 | Moon 1 - Phase 43 - 27      | 4th Phase |
|                                  |                                       |  | Chidambaram Abhishekam                                                                                                                                                                              | Chaturdashi* Until 3:33PM      | Moon – Blue      |                 | Bhuloka Day                 |           |
|                                  |                                       |  |                                                                                                                                                                                                     |                                | Magha*Masi       |                 | Devaloka Time: 3:PM to 6:PM |           |
| O                                | Saturday, February 24, 2024           |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau               |                                |                  |                 | Trichirappalli, India       |           |
|                                  | Copper Retreat Star                   |  | Gulika 6:34AM – 8:03AM                                                                                                                                                                              | Magha* Until 10:17PM           | Ganesha: Yellow  | Sunrise: 6:34AM | Sutra 313                   |           |
|                                  | Simha Rasi: 5.16    Tithi 15 – 16     |  | Yama 1:59PM – 3:28PM                                                                                                                                                                                | Athiganda* Until 1:30PM        | Muruga: Clear    | Sunset: 6:26PM  | Sobhana 5125                |           |
|                                  | 954347577                             |  | Rahu 9:32AM – 11:01AM                                                                                                                                                                               | Balava Until 7:16AM Sun        | Nataraja: Orange |                 | Moon 1 - Phase 43 -         | Purnima   |
| Creative Work    Amrita Yoga     |                                       |  |                                                                                                                                                                                                     | Purnima* Until 5:58PM          | Moon – Red       |                 | Devaloka Day                |           |
| Until 10:17PM                    |                                       |  |                                                                                                                                                                                                     |                                | Magha*Masi       |                 |                             |           |
| Then Creative Work - Siddha Yoga |                                       |  |                                                                                                                                                                                                     |                                |                  |                 |                             |           |
|                                  | Sunday, February 25, 2024             |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau                 |                                |                  |                 | Trichirappalli, India       |           |
|                                  | Silver Retreat Star                   |  | Gulika 3:28PM – 4:57PM                                                                                                                                                                              | Purvaphalguni Until 1:20AM Mon | Ganesha: White   | Sunrise: 6:33AM | Sutra 314                   |           |
|                                  | Simha Rasi: 17.08    Tithi 16         |  | Yama 12:30PM – 1:59PM                                                                                                                                                                               | Sukarma Until 2:24PM           | Muruga: Clear    | Sunset: 6:26PM  | Sobhana 5125                |           |
|                                  | 955347577                             |  | Rahu 4:57PM – 6:26PM                                                                                                                                                                                | Balava Until 7:16AM            | Nataraja: Orange |                 | Moon 1 - Phase 43 -         | Prathama  |
| Creative Work    Siddha Yoga     |                                       |  |                                                                                                                                                                                                     | Prathama* Until 8:34PM         | Moon – Red       |                 | Sivaloka Day                |           |
|                                  |                                       |  |                                                                                                                                                                                                     |                                | Magha*Masi       |                 |                             |           |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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**Monday, February 26, 2024****Gold Retreat Star**

Simha Rasi: 28.57      Tithi 17  
**Family Home Evening**  
 Creative Work      Siddha Yoga

955347577  
**Rahu**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Uttaraphalguni Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**      **1:59PM – 3:28PM**  
 Yama      11:00AM – 12:29PM  
**8:02AM – 9:31AM**  
**Uttaraphalguni Until 4:17AM Tue**  
 Dhriti Until 3:23PM  
 Taitila Until 9:55AM  
**Dvitiya Until 11:14PM**

**Ganesha:** White      *Sunrise:* 6:33AM  
**Muruga:** Clear      *Sunset:* 6:26PM  
**Nataraja:** Orange  
 Moon – Red  
**Magha\*Masi**

**Sivaloka Day**

Trichirappalli, India  
 Sun 1      Sutra 315  
 Sobhana 5125  
 Moon 2 - Phase 44 - 1  
 1st Phase

**1****Tuesday, February 27, 2024**

Kanya Rasi: 10.45      Tithi 18  
 Creative Work      Siddha Yoga

965347577  
**Rahu**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Hasta Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**      **12:29PM – 1:59PM**  
 Yama      9:31AM – 11:00AM  
**3:28PM – 4:57PM**  
**Hasta Until 7:31AM Wed**  
 Shula\* Until 4:21PM  
 Vanija Until 12:35PM  
**Tritiya Until 1:53AM Wed**

**Ganesha:** Clear      *Sunrise:* 6:32AM  
**Muruga:** Clear      *Sunset:* 6:26PM  
**Nataraja:** Orange  
 Moon – Green  
**Magha\*Masi**

**Devaloka Day**

Trichirappalli, India  
 Sun 2      Sutra 316  
 Sobhana 5125  
 Moon 2 - Phase 44 - 2  
 1st Phase

**2****Wednesday, February 28, 2024**

Kanya Rasi: 22.34      Tithi 19  
 Routine Work      Marana Yoga  
 Until 7:31AM  
 Then Creative Work - Siddha Yoga

965347577  
**Rahu**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Hasta/Chitra Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika**      **11:00AM – 12:29PM**  
 Yama      8:01AM – 9:30AM  
**12:29PM – 1:58PM**  
**Hasta Until 7:31AM**  
 Ganda\* Until 5:14PM  
 Bava Until 3:10PM  
**Chaturthi\* Until 4:20AM Thu**

**Ganesha:** Clear      *Sunrise:* 6:32AM  
**Muruga:** Clear      *Sunset:* 6:26PM  
**Nataraja:** Orange  
 Moon – Green  
**Magha\*Masi**

**Devaloka Day**

Trichirappalli, India  
 Sun 3      Sutra 317  
 Sobhana 5125  
 Moon 2 - Phase 44 - 3  
 1st Phase

**3****Thursday, February 29, 2024**

Tula Rasi: 4.28      Tithi 20  
 Creative Work      Siddha Yoga  
 Until 10:22AM  
 Then Creative Work - Amrita Yoga

965347577  
**Rahu**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**      **9:30AM – 11:00AM**  
 Yama      6:31AM – 8:01AM  
**1:58PM – 3:28PM**  
**Chitra Until 10:22AM**  
 Vridhhi Until 5:56PM  
 Kaulava Until 5:27PM  
**Panchami Until 6:26AM Fri**

**Ganesha:** Clear      *Sunrise:* 6:31AM  
**Muruga:** Clear      *Sunset:* 6:27PM  
**Nataraja:** Orange  
 Moon – Green  
**Magha\*Masi**

**Devaloka Day**

Trichirappalli, India  
 Sun 4      Sutra 318  
 Sobhana 5125  
 Moon 2 - Phase 44 - 4  
 1st Phase

**4****Friday, March 1, 2024**

Tula Rasi: 16.31      Tithi 20 – 21  
 Creative Work      Siddha Yoga

965347577  
**Rahu**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Svati/Vishakha Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika**      **8:00AM – 9:29AM**  
 Yama      3:28PM – 4:57PM  
**10:59AM – 12:29PM**  
**Svati Until 12:41PM**  
 Dhruva Until 6:15PM  
 Gara Until 7:18PM  
**Panchami Until 6:26AM**

**Ganesha:** Clear      *Sunrise:* 6:30AM  
**Muruga:** Clear      *Sunset:* 6:27PM  
**Nataraja:** Orange  
 Moon – Green  
**Magha\*Masi**

**Devaloka Day**

Trichirappalli, India  
 Sun 5      Sutra 319  
 Sobhana 5125  
 Moon 2 - Phase 44 - 5  
 1st Phase

**5****Saturday, March 2, 2024**

Tula Rasi: 28.47      Tithi 21 – 22  
 Creative Work      Siddha Yoga

975347577  
**Rahu**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika**      **6:30AM – 8:00AM**  
 Yama      1:58PM – 3:28PM  
**9:29AM – 10:59AM**  
**Vishakha Until 2:45PM**  
 Vyaghata\* Until 6:08PM  
 Visti Until 8:32PM  
**Shashthi\* Until 7:59AM**

**Ganesha:** Purple      *Sunrise:* 6:30AM  
**Muruga:** Clear      *Sunset:* 6:27PM  
**Nataraja:** Orange  
 Moon – Orange  
**Magha\*Masi**

**Sivaloka Day**

Trichirappalli, India  
 Sun 6      Sutra 320  
 Sobhana 5125  
 Moon 2 - Phase 44 - 6  
 1st Phase

**D****Sunday, March 3, 2024****Retreat Star**

Vrischika Rasi: 11.2      Tithi 22 – 23  
 Routine Work      Marana Yoga

975447577  
**Rahu**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Anuradha/Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**      **3:27PM – 4:57PM**  
 Yama      12:28PM – 1:58PM  
**4:57PM – 6:27PM**  
**Anuradha Until 3:58PM**  
 Harshana Until 5:27PM  
 Balava Until 9:00PM  
**Saptami Until 8:51AM**

**Ganesha:** Clear      *Sunrise:* 6:29AM  
**Muruga:** Clear      *Sunset:* 6:27PM  
**Nataraja:** Orange  
 Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

Trichirappalli, India  
 Sun 7      Sutra 321  
 Sobhana 5125  
 Moon 2 - Phase 44 - 7  
 Ashtami

**Monday, March 4, 2024****Retreat Star**

Vrischika Rasi: 24.16      Tithi 23 – 24  
**Family Home Evening**  
 Creative Work      Siddha Yoga

975447577  
**Rahu**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Jyeshtha\*/Mula\* Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**      **1:58PM – 3:27PM**  
 Yama      10:58AM – 12:28PM  
**7:59AM – 9:28AM**  
**Jyeshtha\* Until 4:15PM**  
 Vajra\* Until 4:07PM  
 Taitila Until 8:38PM  
**Ashtami\* Until 8:54AM**

**Ganesha:** Clear      *Sunrise:* 6:29AM  
**Muruga:** Clear      *Sunset:* 6:27PM  
**Nataraja:** Orange  
 Moon – Orange  
**Magha\*Masi**

**Devaloka Day**

Trichirappalli, India  
 Sun 8      Sutra 322  
 Sobhana 5125  
 Moon 2 - Phase 44 - 8  
 Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|   |                                  |               |                                                                                                                                                                                                          |                   |                                    |                   |                 |                        |                       |  |
|---|----------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------------------|-------------------|-----------------|------------------------|-----------------------|--|
| 1 | Tuesday, March 5, 2024           |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau           |                   |                                    |                   |                 |                        | Trichirappalli, India |  |
|   | Dhanus Rasi: 7.37                | Tithi 24 – 25 | Gulika                                                                                                                                                                                                   | 12:28PM – 1:57PM  | Mula* Until 4:00PM                 | Ganesha: Red      | Sunrise: 6:28AM | Sun 9                  | Sutra 323             |  |
|   |                                  |               | Yama                                                                                                                                                                                                     | 9:28AM – 10:58AM  | Siddhi Until 2:08PM                | Muruga: Clear     | Sunset: 6:27PM  | Sobhana 5125           |                       |  |
|   |                                  | 186447577     | Rahu                                                                                                                                                                                                     | 3:27PM – 4:57PM   | Vanija Until 7:27PM                | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 9  | 2nd Phase             |  |
|   | Creative Work                    | Amrita Yoga   |                                                                                                                                                                                                          |                   | Navami* Until 8:07AM               | Moon – Light Blue |                 | Devaloka Day           |                       |  |
|   | Until 4:00PM                     |               |                                                                                                                                                                                                          |                   | Magha•Masi                         |                   |                 |                        |                       |  |
|   | Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                          |                   |                                    |                   |                 |                        |                       |  |
| 2 | Wednesday, March 6, 2024         |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Dashami/Ekodashyam Titau |                   |                                    |                   |                 |                        | Trichirappalli, India |  |
|   | Dhanus Rasi: 21.26               | Tithi 25 – 26 | Gulika                                                                                                                                                                                                   | 10:58AM – 12:27PM | Purvashadha* Until 2:51PM          | Ganesha: Red      | Sunrise: 6:28AM | Sun 10                 | Sutra 324             |  |
|   |                                  |               | Yama                                                                                                                                                                                                     | 7:58AM – 9:28AM   | Vyatipata* Until 11:32AM           | Muruga: Clear     | Sunset: 6:27PM  | Sobhana 5125           |                       |  |
|   |                                  | 186447577     | Rahu                                                                                                                                                                                                     | 12:27PM – 1:57PM  | Balava Until 4:13AM Thu            | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 10 | 2nd Phase             |  |
|   | Creative Work                    | Amrita Yoga   |                                                                                                                                                                                                          |                   | Dashami Until 6:32AM               | Moon – Light Blue |                 | Devaloka Day           |                       |  |
|   |                                  |               |                                                                                                                                                                                                          |                   | Magha•Masi                         |                   |                 |                        |                       |  |
| 3 | Thursday, March 7, 2024          |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau              |                   |                                    |                   |                 |                        | Trichirappalli, India |  |
|   | Makara Rasi: 5.44                | Tithi 27      | Gulika                                                                                                                                                                                                   | 9:27AM – 10:57AM  | Uttarashadha Until 12:52PM         | Ganesha: Red      | Sunrise: 6:27AM | Sun 11                 | Sutra 325             |  |
|   |                                  |               | Yama                                                                                                                                                                                                     | 6:27AM – 7:57AM   | Variyan Until 8:20AM               | Muruga: Clear     | Sunset: 6:27PM  | Sobhana 5125           |                       |  |
|   |                                  | 186447577     | Rahu                                                                                                                                                                                                     | 1:57PM – 3:27PM   | Kaulava Until 2:51PM               | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 11 | 2nd Phase             |  |
|   | Routine Work                     | Marana Yoga   |                                                                                                                                                                                                          |                   | Dvadashi* Until 1:18AM Fri         | Moon – Light Blue |                 | Devaloka Day           |                       |  |
|   | Until 12:52PM                    |               |                                                                                                                                                                                                          |                   | Magha•Masi                         |                   |                 |                        |                       |  |
|   | Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                          |                   |                                    |                   |                 |                        |                       |  |
| 4 | Friday, March 8, 2024            |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau                            |                   |                                    |                   |                 |                        | Trichirappalli, India |  |
|   | Makara Rasi: 20.26               | Tithi 28      | Gulika                                                                                                                                                                                                   | 7:57AM – 9:27AM   | Shravana Until 10:38AM             | Ganesha: Green    | Sunrise: 6:27AM | Sun 12                 | Sutra 326             |  |
|   |                                  |               | Yama                                                                                                                                                                                                     | 3:27PM – 4:57PM   | Shiva Until 12:43AM Sat            | Muruga: Clear     | Sunset: 6:27PM  | Sobhana 5125           |                       |  |
|   |                                  | 196447577     | Rahu                                                                                                                                                                                                     | 10:57AM – 12:27PM | Gara Until 11:41AM                 | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 12 | 2nd Phase             |  |
|   | Routine Work                     | Marana Yoga   |                                                                                                                                                                                                          |                   | Trayodashi* Until 9:57PM           | Moon – Purple     |                 | Sivaloka Day           |                       |  |
|   | Until 10:38AM                    |               |                                                                                                                                                                                                          |                   | Magha•Masi                         |                   |                 |                        |                       |  |
|   | Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                          |                   | Pradosha Vrata (Fasting)           |                   |                 |                        |                       |  |
| 5 | Saturday, March 9, 2024          |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                   |                   |                                    |                   |                 |                        | Trichirappalli, India |  |
|   | Kumbha Rasi: 5.28                | Tithi 29      | Gulika                                                                                                                                                                                                   | 6:26AM – 7:56AM   | Dhanishtha Until 7:53AM            | Ganesha: Green    | Sunrise: 6:26AM | Sun 13                 | Sutra 327             |  |
|   |                                  |               | Yama                                                                                                                                                                                                     | 1:57PM – 3:27PM   | Siddha Until 8:30PM                | Muruga: Clear     | Sunset: 6:27PM  | Sobhana 5125           |                       |  |
|   |                                  | 196447577     | Rahu                                                                                                                                                                                                     | 9:26AM – 10:57AM  | Visti Until 8:10AM                 | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 13 | 2nd Phase             |  |
|   | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                          |                   | Chaturdashi* Until 6:18PM          | Moon – Purple     |                 | Sivaloka Day           |                       |  |
|   | Until 7:53AM                     |               |                                                                                                                                                                                                          |                   | Magha•Masi                         |                   |                 |                        |                       |  |
|   | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                          |                   |                                    |                   |                 |                        |                       |  |
| ● | Sunday, March 10, 2024           |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau            |                   |                                    |                   |                 |                        | Trichirappalli, India |  |
|   | Retreat Star                     |               | Gulika                                                                                                                                                                                                   | 3:27PM – 4:57PM   | Purvaproshtapada* Until 1:55AM Mon | Ganesha: Orange   | Sunrise: 6:26AM | Sun 14                 | Sutra 328             |  |
|   | Kumbha Rasi: 20.4                | Tithi 30 – 1  | Yama                                                                                                                                                                                                     | 12:26PM – 1:57PM  | Sadhya Until 4:12PM                | Muruga: Clear     | Sunset: 6:27PM  | Sobhana 5125           |                       |  |
|   |                                  | 116447577     | Rahu                                                                                                                                                                                                     | 4:57PM – 6:27PM   | Kintughna Until 12:39AM Mon        | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 14 | Amavasya              |  |
|   | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                          |                   | Amavasya* Until 2:31PM             | Moon – Clear      |                 | Devaloka Day           |                       |  |
|   |                                  |               |                                                                                                                                                                                                          |                   | Magha•Masi                         |                   |                 |                        |                       |  |
|   | Monday, March 11, 2024           |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau                    |                   |                                    |                   |                 |                        | Trichirappalli, India |  |
|   | Retreat Star                     |               | Gulika                                                                                                                                                                                                   | 1:56PM – 3:27PM   | Uttaraproshtapada Until 11:03PM    | Ganesha: Orange   | Sunrise: 6:25AM | Sun 15                 | Sutra 329             |  |
|   | Meena Rasi: 5.54                 | Tithi 1 – 2   | Yama                                                                                                                                                                                                     | 10:56AM – 12:26PM | Subha Until 11:58AM                | Muruga: Clear     | Sunset: 6:27PM  | Sobhana 5125           |                       |  |
|   | Family Home Evening              |               | Rahu                                                                                                                                                                                                     | 7:55AM – 9:26AM   | Balava Until 9:00PM                | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 15 | Prathama              |  |
|   | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                          |                   | Prathama* Until 10:47AM            | Moon – Clear      |                 | Devaloka Day           |                       |  |
|   |                                  |               |                                                                                                                                                                                                          |                   | Phalgun•Masi                       |                   |                 |                        |                       |  |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

|   |                                                                                                      |             |                                                                                                                                                                                       |                                      |                                                    |                                                      |                                            |                                        |
|---|------------------------------------------------------------------------------------------------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|----------------------------------------------------|------------------------------------------------------|--------------------------------------------|----------------------------------------|
| 1 | Tuesday, March 12, 2024                                                                              |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau    |                                      |                                                    |                                                      | Trichirappalli, India<br>Sun 16 Sutra 330  |                                        |
|   | Meena Rasi: 21                                                                                       | Tithi 2 – 3 | Gulika<br>Yama                                                                                                                                                                        | 12:26PM – 1:56PM<br>9:25AM – 10:56AM | Revati Until 8:22PM<br>Sukla Until 7:53AM          | Ganesha: Orange<br>Muruga: Clear<br>Nataraja: Orange | Sunrise: 6:25AM<br>Sunset: 6:27PM          | Sobhana 5125<br>Moon 2 - Phase 46 - 16 |
|   | Creative Work                                                                                        | Siddha Yoga | 116447577                                                                                                                                                                             | Rahu<br>3:27PM – 4:57PM              | Gara Until 4:05AM Wed<br>Dvitiya Until 7:15AM      | Moon – Clear<br>Phalguna•Masi                        | Devaloka Day                               |                                        |
|   | Subramuniyaswami Siva Vision Day                                                                     |             |                                                                                                                                                                                       |                                      |                                                    |                                                      |                                            |                                        |
| 2 | Wednesday, March 13, 2024                                                                            |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthyam Titau                  |                                      |                                                    |                                                      | Trichirappalli, India<br>Sun 17 Sutra 331  |                                        |
|   | Mesha Rasi: 5.49                                                                                     | Tithi 4     | Gulika<br>Yama                                                                                                                                                                        | 10:55AM – 12:26PM<br>7:54AM – 9:25AM | Ashvini Until 6:24PM<br>Indra Until 12:47AM Thu    | Ganesha: White<br>Muruga: Clear<br>Nataraja: Orange  | Sunrise: 6:24AM<br>Sunset: 6:27PM          | Sobhana 5125<br>Moon 2 - Phase 46 - 17 |
|   | Routine Work                                                                                         | Marana Yoga | 127447577                                                                                                                                                                             | Rahu<br>12:26PM – 1:56PM             | Vanija Until 2:43PM<br>Chaturthi* Until 1:26AM Thu | Moon – White<br>Phalguna•Masi                        | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                                        |
|   | Then Creative Work - Siddha Yoga                                                                     |             |                                                                                                                                                                                       |                                      |                                                    |                                                      |                                            |                                        |
| 3 | Thursday, March 14, 2024                                                                             |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau         |                                      |                                                    |                                                      | Trichirappalli, India<br>Sun 18 Sutra 332  |                                        |
|   | Mesha Rasi: 20.14                                                                                    | Tithi 5     | Gulika<br>Yama                                                                                                                                                                        | 9:24AM – 10:55AM<br>6:23AM – 7:54AM  | Bharani Until 4:54PM<br>Vaidhriti* Until 9:57PM    | Ganesha: White<br>Muruga: Clear<br>Nataraja: Orange  | Sunrise: 6:23AM<br>Sunset: 6:27PM          | Sobhana 5125<br>Moon 2 - Phase 46 - 18 |
|   | Creative Work                                                                                        | Siddha Yoga | 127447577                                                                                                                                                                             | Rahu<br>1:56PM – 3:26PM              | Bava Until 12:22PM<br>Panchami Until 11:25PM       | Moon – White<br>Phalguna•Panguni                     | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                                        |
|   | Then Routine Work - Marana Yoga                                                                      |             |                                                                                                                                                                                       |                                      |                                                    |                                                      |                                            |                                        |
| 4 | Friday, March 15, 2024                                                                               |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau    |                                      |                                                    |                                                      | Trichirappalli, India<br>Sun 19 Sutra 333  |                                        |
|   | Vrishabha Rasi: 4.14                                                                                 | Tithi 6     | Gulika<br>Yama                                                                                                                                                                        | 7:53AM – 9:24AM<br>3:26PM – 4:57PM   | Krittika Until 3:57PM<br>Vishkambha* Until 7:42PM  | Ganesha: White<br>Muruga: Clear<br>Nataraja: Clear   | Sunrise: 6:23AM<br>Sunset: 6:27PM          | Sobhana 5125<br>Moon 2 - Phase 46 - 19 |
|   | Creative Work                                                                                        | Siddha Yoga | 127447578                                                                                                                                                                             | Rahu<br>10:54AM – 12:25PM            | Kaulava Until 10:42AM<br>Shashthi* Until 10:08PM   | Moon – White<br>Phalguna•Panguni                     | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                                        |
|   | Then Routine Work - Marana Yoga                                                                      |             |                                                                                                                                                                                       |                                      |                                                    |                                                      |                                            |                                        |
| 5 | Saturday, March 16, 2024                                                                             |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Priti Yoga Gara/Vanija Karana Saptamyam Titau             |                                      |                                                    |                                                      | Trichirappalli, India<br>Sun 20 Sutra 334  |                                        |
|   | Vrishabha Rasi: 17.47                                                                                | Tithi 7     | Gulika<br>Yama                                                                                                                                                                        | 6:22AM – 7:53AM<br>1:55PM – 3:26PM   | Rohini Until 4:03PM<br>Priti Until 6:05PM          | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear   | Sunrise: 6:22AM<br>Sunset: 6:27PM          | Sobhana 5125<br>Moon 2 - Phase 46 - 20 |
|   | Creative Work                                                                                        | Amrita Yoga | 137447578                                                                                                                                                                             | Rahu<br>9:23AM – 10:54AM             | Gara Until 9:48AM<br>Saptami Until 9:37PM          | Moon – Yellow<br>Phalguna•Panguni                    | Devaloka Day                               |                                        |
|   | Then Creative Work - Siddha Yoga                                                                     |             |                                                                                                                                                                                       |                                      |                                                    |                                                      |                                            |                                        |
| D | Sunday, March 17, 2024                                                                               |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau |                                      |                                                    |                                                      | Trichirappalli, India<br>Sun 21 Sutra 335  |                                        |
|   | Retreat Star                                                                                         |             | Gulika<br>Yama                                                                                                                                                                        | 3:26PM – 4:56PM<br>12:24PM – 1:55PM  | Mrigashira Until 4:45PM<br>Ayushman Until 5:03PM   | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear   | Sunrise: 6:22AM<br>Sunset: 6:27PM          | Sobhana 5125<br>Moon 2 - Phase 46 - 21 |
|   | Mithuna Rasi: 0.54                                                                                   | Tithi 8     | 137447578                                                                                                                                                                             | Rahu<br>4:56PM – 6:27PM              | Visti Until 9:41AM<br>Ashtami* Until 9:53PM        | Moon – Yellow<br>Phalguna•Panguni                    | Devaloka Day                               |                                        |
|   | Creative Work Siddha Yoga                                                                            |             |                                                                                                                                                                                       |                                      |                                                    |                                                      |                                            |                                        |
|   | Monday, March 18, 2024                                                                               |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau            |                                      |                                                    |                                                      | Trichirappalli, India<br>Sun 22 Sutra 336  |                                        |
|   | Retreat Star                                                                                         |             | Gulika<br>Yama                                                                                                                                                                        | 1:55PM – 3:26PM<br>10:53AM – 12:24PM | Ardra Until 6:00PM<br>Saubhagya Until 4:35PM       | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear   | Sunrise: 6:21AM<br>Sunset: 6:27PM          | Sobhana 5125<br>Moon 2 - Phase 46 - 22 |
|   | Mithuna Rasi: 13.39                                                                                  | Tithi 9     | 137447578                                                                                                                                                                             | Rahu<br>7:52AM – 9:23AM              | Balava Until 10:18AM<br>Navami* Until 10:50PM      | Moon – Yellow<br>Phalguna•Panguni                    | Devaloka Day                               |                                        |
|   | Family Home Evening<br>Creative Work Siddha Yoga<br>Until 6:00PM<br>Then Creative Work - Amrita Yoga |             |                                                                                                                                                                                       |                                      |                                                    |                                                      |                                            |                                        |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|-------------------------------------------------------------------------------------|----------------------------------|-------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|------------------------|------------------------|-----------------------------------------------------------|---------------------|
| <b>1</b>                                                                            | <b>Tuesday, March 19, 2024</b>   |                               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau                    |                                       |                        |                        | Trichirappalli, India<br>Sun 23 Sutra 337<br>Sobhana 5125 |                     |
|                                                                                     | Mithuna Rasi: 26.05              | Tithi 10                      | <b>Gulika</b> 12:24PM – 1:55PM                                                                                                                                                                      | <b>Punarvasu</b> Until 8:09PM         | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:20AM | Moon 2 - Phase 47 - 23<br>4th Phase                       | <b>Devaloka Day</b> |
|                                                                                     |                                  |                               | Yama 9:22AM – 10:53AM                                                                                                                                                                               | Sobhana Until 4:36PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:27PM  |                                                           |                     |
|                                                                                     | 148447578                        | <b>Rahu</b> 3:26PM – 4:56PM   |                                                                                                                                                                                                     | Taitila Until 11:34AM                 | <b>Nataraja:</b> Clear |                        |                                                           |                     |
| Creative Work                                                                       |                                  | Siddha Yoga                   |                                                                                                                                                                                                     | <b>Dashami</b> Until 12:23AM Wed      | Moon – Blue            |                        |                                                           |                     |
|                                                                                     |                                  |                               |                                                                                                                                                                                                     |                                       | Phalguna*Panguni       |                        |                                                           |                     |
| <b>2</b>                                                                            | <b>Wednesday, March 20, 2024</b> |                               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau                       |                                       |                        |                        | Trichirappalli, India<br>Sun 24 Sutra 338<br>Sobhana 5125 |                     |
|                                                                                     | Kataka Rasi: 8.19                | Tithi 11                      | <b>Gulika</b> 10:53AM – 12:24PM                                                                                                                                                                     | <b>Pushya</b> Until 10:37PM           | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:20AM | Moon 2 - Phase 47 - 24<br>4th Phase                       | <b>Devaloka Day</b> |
|                                                                                     |                                  |                               | Yama 7:51AM – 9:22AM                                                                                                                                                                                | Athiganda* Until 4:58PM               | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:27PM  |                                                           |                     |
|                                                                                     | 148447578                        | <b>Rahu</b> 12:24PM – 1:54PM  |                                                                                                                                                                                                     | Vanija Until 1:21PM                   | <b>Nataraja:</b> Clear |                        |                                                           |                     |
| Creative Work                                                                       |                                  | Siddha Yoga                   |                                                                                                                                                                                                     | <b>Ekadashi</b> Until 2:23AM Thu      | Moon – Blue            |                        |                                                           |                     |
|                                                                                     |                                  |                               |                                                                                                                                                                                                     |                                       | Phalguna*Panguni       |                        |                                                           |                     |
| <b>3</b>                                                                            | <b>Thursday, March 21, 2024</b>  |                               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau                           |                                       |                        |                        | Trichirappalli, India<br>Sun 25 Sutra 339<br>Sobhana 5125 |                     |
|                                                                                     | Kataka Rasi: 20.2                | Tithi 12                      | <b>Gulika</b> 9:21AM – 10:52AM                                                                                                                                                                      | <b>Ashlesha*</b> Until 1:14AM Fri     | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:19AM | Moon 2 - Phase 47 - 25<br>4th Phase                       | <b>Devaloka Day</b> |
|                                                                                     |                                  |                               | Yama 6:19AM – 7:50AM                                                                                                                                                                                | Sukarma Until 5:39PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:27PM  |                                                           |                     |
|                                                                                     | 148447578                        | <b>Rahu</b> 1:54PM – 3:25PM   |                                                                                                                                                                                                     | Bava Until 3:32PM                     | <b>Nataraja:</b> Clear |                        |                                                           |                     |
| Creative Work                                                                       |                                  | Siddha Yoga                   |                                                                                                                                                                                                     | <b>Dvadashi</b> Until 4:43AM Fri      | Moon – Blue            |                        |                                                           |                     |
|                                                                                     | Until 1:14AM Fri                 |                               | <b>Yogaswami Mahasamadhi</b>                                                                                                                                                                        |                                       | Phalguna*Panguni       |                        |                                                           |                     |
|                                                                                     | Then Routine Work - Marana Yoga  |                               |                                                                                                                                                                                                     |                                       |                        |                        |                                                           |                     |
| <b>4</b>                                                                            | <b>Friday, March 22, 2024</b>    |                               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Dhriti Yoga Kaulava Karana Trayodashyam Titau                                       |                                       |                        |                        | Trichirappalli, India<br>Sun 26 Sutra 340<br>Sobhana 5125 |                     |
|                                                                                     | Simha Rasi: 2.16                 | Tithi 13                      | <b>Gulika</b> 7:50AM – 9:21AM                                                                                                                                                                       | <b>Magha*</b> Until 4:24AM Sat        | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:19AM | Moon 2 - Phase 47 - 26<br>4th Phase                       | <b>Sivaloka Day</b> |
|                                                                                     |                                  |                               | Yama 3:25PM – 4:56PM                                                                                                                                                                                | Dhriti Until 6:32PM                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:27PM  |                                                           |                     |
|                                                                                     | 158447578                        | <b>Rahu</b> 10:52AM – 12:23PM |                                                                                                                                                                                                     | Kaulava Until 6:00PM                  | <b>Nataraja:</b> Clear |                        |                                                           |                     |
| Routine Work                                                                        |                                  | Marana Yoga                   |                                                                                                                                                                                                     | <b>Trayodashi</b> Until 7:16AM Sat    | Moon – Red             |                        |                                                           |                     |
|                                                                                     | Until 4:24AM Sat                 |                               |                                                                                                                                                                                                     |                                       | Phalguna*Panguni       |                        |                                                           |                     |
|                                                                                     | Then Creative Work - Siddha Yoga |                               |                                                                                                                                                                                                     | Pradosha Vrata                        |                        |                        |                                                           |                     |
| <b>5</b>                                                                            | <b>Saturday, March 23, 2024</b>  |                               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau               |                                       |                        |                        | Trichirappalli, India<br>Sun 27 Sutra 341<br>Sobhana 5125 |                     |
|                                                                                     | Simha Rasi: 14.07                | Tithi 13 – 14                 | <b>Gulika</b> 6:18AM – 7:49AM                                                                                                                                                                       | <b>Purvaphalguni</b> Until 7:30AM Sun | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:18AM | Moon 2 - Phase 47 - 27<br>4th Phase                       | <b>Sivaloka Day</b> |
|                                                                                     |                                  |                               | Yama 1:54PM – 3:25PM                                                                                                                                                                                | Shula* Until 7:30PM                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:27PM  |                                                           |                     |
|                                                                                     | 158447578                        | <b>Rahu</b> 9:20AM – 10:52AM  |                                                                                                                                                                                                     | Gara Until 8:35PM                     | <b>Nataraja:</b> Clear |                        |                                                           |                     |
| Creative Work                                                                       |                                  | Siddha Yoga                   |                                                                                                                                                                                                     | <b>Trayodashi</b> Until 7:16AM        | Moon – Red             |                        |                                                           |                     |
|                                                                                     | Until 7:30AM Sun                 |                               |                                                                                                                                                                                                     |                                       | Phalguna*Panguni       |                        |                                                           |                     |
|                                                                                     | Then Creative Work - Amrita Yoga |                               |                                                                                                                                                                                                     |                                       |                        |                        |                                                           |                     |
|  | <b>Sunday, March 24, 2024</b>    |                               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                       |                        |                        | Trichirappalli, India<br>Sun 28 Sutra 342<br>Sobhana 5125 |                     |
|                                                                                     | <b>Copper Retreat Star</b>       |                               | <b>Gulika</b> 3:25PM – 4:56PM                                                                                                                                                                       | <b>Purvaphalguni</b> Until 7:30AM     | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:18AM | Moon 2 - Phase 47 -<br>Purnima                            | <b>Sivaloka Day</b> |
|                                                                                     | Simha Rasi: 25.55                | Tithi 14 – 15                 | Yama 12:22PM – 1:54PM                                                                                                                                                                               | Ganda* Until 8:30PM                   | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:27PM  |                                                           |                     |
|                                                                                     | 158447578                        | <b>Rahu</b> 4:56PM – 6:27PM   |                                                                                                                                                                                                     | Visti Until 11:13PM                   | <b>Nataraja:</b> Clear |                        |                                                           |                     |
| Creative Work                                                                       |                                  | Siddha Yoga                   |                                                                                                                                                                                                     | <b>Chaturdashi*</b> Until 9:53AM      | Moon – Red             |                        |                                                           |                     |
|                                                                                     | Until 7:30AM                     |                               | <b>Panguni Uttiram</b>                                                                                                                                                                              |                                       | Phalguna*Panguni       |                        |                                                           |                     |
|                                                                                     | Then Creative Work - Amrita Yoga |                               | Holi                                                                                                                                                                                                |                                       |                        |                        |                                                           |                     |
|                                                                                     | <b>Monday, March 25, 2024</b>    |                               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau            |                                       |                        |                        | Trichirappalli, India<br>Sun 29 Sutra 343<br>Sobhana 5125 |                     |
|                                                                                     | <b>Silver Retreat Star</b>       |                               | <b>Gulika</b> 1:53PM – 3:25PM                                                                                                                                                                       | <b>Uttaraphalguni</b> Until 10:25AM   | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 6:17AM | Moon 2 - Phase 47 -<br>Prathama                           | <b>Sivaloka Day</b> |
|                                                                                     | Kanya Rasi: 7.44                 | Tithi 15 – 16                 | Yama 10:51AM – 12:22PM                                                                                                                                                                              | Vriddhi Until 9:27PM                  | <b>Muruga:</b> Clear   | <i>Sunset:</i> 6:27PM  |                                                           |                     |
|                                                                                     | 158447578                        | <b>Rahu</b> 7:48AM – 9:19AM   |                                                                                                                                                                                                     | Balava Until 1:45AM Tue               | <b>Nataraja:</b> Clear |                        |                                                           |                     |
| Creative Work                                                                       |                                  | Siddha Yoga                   |                                                                                                                                                                                                     | <b>Purnima*</b> Until 12:29PM         | Moon – Red             |                        |                                                           |                     |
|                                                                                     |                                  |                               |                                                                                                                                                                                                     |                                       | Phalguna*Panguni       |                        |                                                           |                     |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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**Tuesday, March 26, 2024**

**Gold Retreat Star**

Kanya Rasi: 19.35 Tithi 16 – 17

Creative Work Siddha Yoga

**Gulika** 12:22PM – 1:53PM  
Yama 9:19AM – 10:50AM  
169447578 **Rahu** 3:24PM – 4:56PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Hasta** Until 1:32PM  
Dhruva Until 10:15PM  
Taitila Until 4:05AM Wed  
**Prathama\* Until 2:56PM**

**Ganesha:** Purple *Sunrise:* 6:16AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Green  
Phalguna\*Panguni

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Trichirappalli, India  
Sutra 344  
Sobhana 5125  
Moon 3 - Phase 48 - 1st Phase

**1**

**Wednesday, March 27, 2024**

Tula Rasi: 1.31 Tithi 17 – 18

Creative Work Siddha Yoga

**Gulika** 10:50AM – 12:21PM  
Yama 7:47AM – 9:19AM  
169447578 **Rahu** 12:21PM – 1:53PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Chitra** Until 4:15PM  
Vyaghata\* Until 10:52PM  
Vanija Until 6:08AM Thu  
**Dvitiya Until 5:08PM**

**Ganesha:** Purple *Sunrise:* 6:16AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Green  
Phalguna\*Panguni

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Trichirappalli, India  
Sun 1 Sutra 345  
Sobhana 5125  
Moon 3 - Phase 48 - 1st Phase

**2**

**Thursday, March 28, 2024**

Tula Rasi: 13.35 Tithi 18

Creative Work Amrita Yoga  
Until 6:29PM  
Then Creative Work - Siddha Yoga

**Gulika** 9:18AM – 10:50AM  
Yama 6:15AM – 7:47AM  
169547578 **Rahu** 1:53PM – 3:24PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Svati** Until 6:29PM  
Harshana Until 11:13PM  
Vanija Until 6:08AM  
**Tritiya Until 6:59PM**

**Ganesha:** Clear *Sunrise:* 6:15AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Green  
Phalguna\*Panguni

**Devaloka Day**

Trichirappalli, India  
Sun 2 Sutra 346  
Sobhana 5125  
Moon 3 - Phase 48 - 2nd Phase

**3**

**Friday, March 29, 2024**

Tula Rasi: 25.47 Tithi 19

Creative Work Siddha Yoga

**Gulika** 7:46AM – 9:18AM  
Yama 3:24PM – 4:56PM  
179547578 **Rahu** 10:49AM – 12:21PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau

**Vishakha** Until 8:37PM  
Vajra\* Until 11:12PM  
Bava Until 7:47AM  
**Chaturthi\* Until 8:24PM**

**Ganesha:** White *Sunrise:* 6:15AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Orange  
Phalguna\*Panguni

**Sivaloka Day**

Trichirappalli, India  
Sun 3 Sutra 347  
Sobhana 5125  
Moon 3 - Phase 48 - 3rd Phase

**4**

**Saturday, March 30, 2024**

Vrischika Rasi: 8.12 Tithi 20

Creative Work Siddha Yoga

**Gulika** 6:14AM – 7:46AM  
Yama 1:52PM – 3:24PM  
179547578 **Rahu** 9:17AM – 10:49AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

**Anuradha** Until 10:06PM  
Siddhi Until 10:47PM  
Kaulava Until 8:57AM  
**Panchami Until 9:18PM**

**Ganesha:** White *Sunrise:* 6:14AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Orange  
Phalguna\*Panguni

**Sivaloka Day**

Trichirappalli, India  
Sun 4 Sutra 348  
Sobhana 5125  
Moon 3 - Phase 48 - 4th Phase

**5**

**Sunday, March 31, 2024**

Vrischika Rasi: 20.51 Tithi 21

Routine Work Marana Yoga  
Until 10:51PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:24PM – 4:55PM  
Yama 12:20PM – 1:52PM  
179547578 **Rahu** 4:55PM – 6:27PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

**Jyeshtha\* Until 10:51PM**  
Vyatipata\* Until 9:56PM  
Gara Until 9:33AM  
**Shashthi\* Until 9:36PM**

**Ganesha:** White *Sunrise:* 6:13AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Orange  
Phalguna\*Panguni

**Sivaloka Day**

Trichirappalli, India  
Sun 5 Sutra 349  
Sobhana 5125  
Moon 3 - Phase 48 - 5th Phase

**6**

**Monday, April 1, 2024**

Dhanus Rasi: 3.48 Tithi 22

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 11:16PM  
Then Routine Work - Marana Yoga

**Gulika** 1:52PM – 3:24PM  
Yama 10:49AM – 12:20PM  
189547578 **Rahu** 7:45AM – 9:17AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

**Mula\* Until 11:16PM**  
Variyan Until 8:32PM  
Visti Until 9:32AM  
**Saptami Until 9:16PM**

**Ganesha:** Yellow *Sunrise:* 6:13AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna\*Panguni

**Devaloka Day**

Trichirappalli, India  
Sun 6 Sutra 350  
Sobhana 5125  
Moon 3 - Phase 48 - 6th Phase

**D**

**Tuesday, April 2, 2024**

**Retreat Star**

Dhanus Rasi: 17.05 Tithi 23

Creative Work Siddha Yoga  
Until 10:52PM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:20PM – 1:52PM  
Yama 9:16AM – 10:48AM  
189547578 **Rahu** 3:23PM – 4:55PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Purvashadha\* Until 10:52PM**  
Parigha\* Until 6:37PM  
Balava Until 8:51AM  
**Ashtami\* Until 8:14PM**

**Ganesha:** Yellow *Sunrise:* 6:13AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna\*Panguni

**Devaloka Day**

Trichirappalli, India  
Sun 7 Sutra 351  
Sobhana 5125  
Moon 3 - Phase 48 - 7th Phase

**Wednesday, April 3, 2024**

**Retreat Star**

Makara Rasi: 0.45 Tithi 24

Creative Work Amrita Yoga  
Until 9:42PM  
Then Creative Work - Siddha Yoga

**Gulika** 10:48AM – 12:20PM  
Yama 7:44AM – 9:16AM  
181547578 **Rahu** 12:20PM – 1:51PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

**Uttarashadha Until 9:42PM**  
Shiva Until 4:12PM  
Taitila Until 7:30AM  
**Navami\* Until 6:34PM**

**Ganesha:** Yellow *Sunrise:* 6:12AM  
**Muruga:** Clear *Sunset:* 6:27PM  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna\*Panguni

**Devaloka Day**

Trichirappalli, India  
Sun 8 Sutra 352  
Sobhana 5125  
Moon 3 - Phase 48 - 8th Phase

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 |                            |                        |              |                       |  |
|---|-------------------------------------|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------------|----------------------------|------------------------|--------------|-----------------------|--|
| 1 | Thursday, April 4, 2024             |  | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau                               |                   |                                 |                            |                        |              | Trichirappalli, India |  |
|   | Makara Rasi: 14.49    Tithi 25 – 26 |  | Gulika                                                                                                                                                                                                          | 9:15AM – 10:47AM  | Shravana Until 8:13PM           | Ganesha: Blue              | Sunrise: 6:12AM        | Sun 9        | Sutra 353             |  |
|   | 191547578                           |  | Yama                                                                                                                                                                                                            | 6:12AM – 7:44AM   | Siddha Until 1:16PM             | Muruga: Clear              | Sunset: 6:27PM         | Sobhana 5125 |                       |  |
|   | Creative Work    Siddha Yoga        |  | Rahu                                                                                                                                                                                                            | 1:51PM – 3:23PM   | Bava Until 2:59AM Fri           | Nataraja: Clear            | Moon 3 - Phase 49 - 9  |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Moon – Purple              | 2nd Phase              |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Phalguna*Panguni           | Sivaloka Day           |              |                       |  |
| 2 | Friday, April 5, 2024               |  | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau                         |                   |                                 |                            |                        |              | Trichirappalli, India |  |
|   | Makara Rasi: 29.14    Tithi 26 – 27 |  | Gulika                                                                                                                                                                                                          | 7:43AM – 9:15AM   | Dhanishtha Until 6:07PM         | Ganesha: Blue              | Sunrise: 6:11AM        | Sun 10       | Sutra 354             |  |
|   | 191547578                           |  | Yama                                                                                                                                                                                                            | 3:23PM – 4:55PM   | Sadhya Until 9:55AM             | Muruga: Clear              | Sunset: 6:27PM         | Sobhana 5125 |                       |  |
|   | Creative Work    Siddha Yoga        |  | Rahu                                                                                                                                                                                                            | 10:47AM – 12:19PM | Kaulava Until 11:59PM           | Nataraja: Clear            | Moon 3 - Phase 49 - 10 |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Moon – Purple              | 2nd Phase              |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Phalguna*Panguni           | Sivaloka Day           |              |                       |  |
| 3 | Saturday, April 6, 2024             |  | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau      |                   |                                 |                            |                        |              | Trichirappalli, India |  |
|   | Kumbha Rasi: 13.59    Tithi 27 – 28 |  | Gulika                                                                                                                                                                                                          | 6:10AM – 7:43AM   | Shatabhishak Until 3:30PM       | Ganesha: Blue              | Sunrise: 6:10AM        | Sun 11       | Sutra 355             |  |
|   | 191547578                           |  | Yama                                                                                                                                                                                                            | 1:51PM – 3:23PM   | Subha Until 6:14AM              | Muruga: Clear              | Sunset: 6:27PM         | Sobhana 5125 |                       |  |
|   | Creative Work    Amrita Yoga        |  | Rahu                                                                                                                                                                                                            | 9:15AM – 10:47AM  | Gara Until 8:39PM               | Nataraja: Clear            | Moon 3 - Phase 49 - 11 |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Moon – Purple              | 2nd Phase              |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Phalguna*Panguni           | Sivaloka Day           |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Pradosha Vrata (Fasting)   |                        |              |                       |  |
| 4 | Sunday, April 7, 2024               |  | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau |                   |                                 |                            |                        |              | Trichirappalli, India |  |
|   | Kumbha Rasi: 28.58    Tithi 28 – 29 |  | Gulika                                                                                                                                                                                                          | 3:23PM – 4:55PM   | Purvaproshtapada* Until 12:57PM | Ganesha: Red               | Sunrise: 6:10AM        | Sun 12       | Sutra 356             |  |
|   | 111547578                           |  | Yama                                                                                                                                                                                                            | 12:18PM – 1:51PM  | Brahma Until 10:14PM            | Muruga: Clear              | Sunset: 6:27PM         | Sobhana 5125 |                       |  |
|   | Creative Work    Siddha Yoga        |  | Rahu                                                                                                                                                                                                            | 4:55PM – 6:27PM   | Sakuni Until 3:21AM Mon         | Nataraja: Clear            | Moon 3 - Phase 49 - 12 |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Moon – Clear               | 2nd Phase              |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Phalguna*Panguni           | Devaloka Day           |              |                       |  |
| ● | Monday, April 8, 2024               |  | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau                         |                   |                                 |                            |                        |              | Trichirappalli, India |  |
|   | Retreat Star                        |  | Gulika                                                                                                                                                                                                          | 1:50PM – 3:23PM   | Uttaraproshtapada Until 10:11AM | Ganesha: Red               | Sunrise: 6:09AM        | Sun 13       | Sutra 357             |  |
|   | Meena Rasi: 14.02    Tithi 30       |  | Yama                                                                                                                                                                                                            | 10:46AM – 12:18PM | Indra Until 6:12PM              | Muruga: Clear              | Sunset: 6:27PM         | Sobhana 5125 |                       |  |
|   | Family Home Evening                 |  | Rahu                                                                                                                                                                                                            | 7:42AM – 9:14AM   | Catuspada Until 1:35PM          | Nataraja: Clear            | Moon 3 - Phase 49 - 13 |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Moon – Clear               | Amavasya               |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Phalguna*Panguni           | Devaloka Day           |              |                       |  |
|   | Tuesday, April 9, 2024              |  | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau                  |                   |                                 |                            |                        |              | Trichirappalli, India |  |
|   | Retreat Star                        |  | Gulika                                                                                                                                                                                                          | 12:18PM – 1:50PM  | Revati Until 7:22AM             | Ganesha: Red               | Sunrise: 6:09AM        | Sun 14       | Sutra 358             |  |
|   | Meena Rasi: 29.03    Tithi 1        |  | Yama                                                                                                                                                                                                            | 9:13AM – 10:46AM  | Vaidhriti* Until 2:15PM         | Muruga: Clear              | Sunset: 6:27PM         | Sobhana 5125 |                       |  |
|   | 111547578                           |  | Rahu                                                                                                                                                                                                            | 3:22PM – 4:55PM   | Kintughna Until 10:09AM         | Nataraja: Clear            | Moon 3 - Phase 49 - 14 |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Moon – Clear               | Prathama               |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Chaitra*Panguni            | Devaloka Day           |              |                       |  |
|   |                                     |  |                                                                                                                                                                                                                 |                   |                                 | Chellappaswami Mahasamadhi |                        |              |                       |  |

|                                  |                           |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
|----------------------------------|---------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------------|----------------------------------|-----------------------------------|-----------------------------------------------------------|-----------|
| 1                                | Wednesday, April 10, 2024 |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau |                                      |                                                           |                                  |                                   | Trichirappalli, India<br>Sun 15 Sutra 359<br>Sobhana 5125 |           |
|                                  | Mesha Rasi: 13.53         | Tithi 2 – 3 | Gulika<br>Yama                                                                                                                                                                          | 10:45AM – 12:18PM<br>7:41AM – 9:13AM | Bharani Until 3:04AM Thu<br>Vishkambha* Until 10:35AM     | Ganesha: Yellow<br>Muruga: Clear | Sunrise: 6:08AM<br>Sunset: 6:27PM | Moon 3 - Phase 50 - 15                                    | 3rd Phase |
|                                  | 121547578                 | Rahu        | 12:18PM – 1:50PM                                                                                                                                                                        | Balava Until 6:59AM                  | Nataraja: Clear                                           |                                  |                                   |                                                           |           |
|                                  | Creative Work             | Siddha Yoga |                                                                                                                                                                                         | Dvitiya Until 5:32PM                 | Moon – White                                              | Chaitra*Panguni                  | Devaloka Day                      |                                                           |           |
|                                  | Until 3:04AM Thu          |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
| Then Routine Work - Marana Yoga  |                           |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
| 2                                | Thursday, April 11, 2024  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau      |                                      |                                                           |                                  |                                   | Trichirappalli, India<br>Sun 16 Sutra 360<br>Sobhana 5125 |           |
|                                  | Mesha Rasi: 28.25         | Tithi 3 – 4 | Gulika<br>Yama                                                                                                                                                                          | 9:13AM – 10:45AM<br>6:08AM – 7:40AM  | Krittika Until 1:28AM Fri<br>Priti Until 7:17AM           | Ganesha: Yellow<br>Muruga: Clear | Sunrise: 6:08AM<br>Sunset: 6:27PM | Moon 3 - Phase 50 - 16                                    | 3rd Phase |
|                                  | 121547578                 | Rahu        | 1:50PM – 3:22PM                                                                                                                                                                         | Vanija Until 2:04AM Fri              | Nataraja: Clear                                           |                                  |                                   |                                                           |           |
|                                  | Routine Work              | Marana Yoga |                                                                                                                                                                                         | Tritiya Until 3:03PM                 | Moon – White                                              | Chaitra*Panguni                  | Devaloka Day                      |                                                           |           |
|                                  |                           |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
| 3                                | Friday, April 12, 2024    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau           |                                      |                                                           |                                  |                                   | Trichirappalli, India<br>Sun 17 Sutra 361<br>Sobhana 5125 |           |
|                                  | Virshabha Rasi: 12.32     | Tithi 4 – 5 | Gulika<br>Yama                                                                                                                                                                          | 7:40AM – 9:12AM<br>3:22PM – 4:55PM   | Rohini Until 12:50AM Sat<br>Saubhagya Until 2:11AM Sat    | Ganesha: White<br>Muruga: Clear  | Sunrise: 6:07AM<br>Sunset: 6:27PM | Moon 3 - Phase 50 - 17                                    | 3rd Phase |
|                                  | 131547578                 | Rahu        | 10:45AM – 12:17PM                                                                                                                                                                       | Bava Until 12:34AM Sat               | Nataraja: Clear                                           |                                  |                                   |                                                           |           |
|                                  | Routine Work              | Marana Yoga |                                                                                                                                                                                         | Chaturthi* Until 1:12PM              | Moon – Yellow                                             | Chaitra*Panguni                  | Sivaloka Day                      |                                                           |           |
|                                  | Until 12:50AM Sat         |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
| Then Creative Work - Siddha Yoga |                           |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
| 4                                | Saturday, April 13, 2024  |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau      |                                      |                                                           |                                  |                                   | Trichirappalli, India<br>Sun 18 Sutra 362<br>Sobhana 5125 |           |
|                                  | Virshabha Rasi: 26.14     | Tithi 5 – 6 | Gulika<br>Yama                                                                                                                                                                          | 6:07AM – 7:39AM<br>1:49PM – 3:22PM   | Mrigashira Until 12:49AM Sun<br>Sobhana Until 12:34AM Sun | Ganesha: Clear<br>Muruga: Clear  | Sunrise: 6:07AM<br>Sunset: 6:27PM | Moon 3 - Phase 50 - 18                                    | 3rd Phase |
|                                  | 132547578                 | Rahu        | 9:12AM – 10:44AM                                                                                                                                                                        | Kaulava Until 11:50PM                | Nataraja: Clear                                           |                                  |                                   |                                                           |           |
|                                  | Creative Work             | Siddha Yoga |                                                                                                                                                                                         | Panchami Until 12:05PM               | Moon – Yellow                                             | Chaitra*Chaitra                  | Devaloka Day                      |                                                           |           |
|                                  |                           |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
| 5                                | Sunday, April 14, 2024    |             | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau           |                                      |                                                           |                                  |                                   | Trichirappalli, India<br>Sun 19 Sutra 363<br>Krodhin 5126 |           |
|                                  | Mithuna Rasi: 9.29        | Tithi 6 – 7 | Gulika<br>Yama                                                                                                                                                                          | 3:22PM – 4:55PM<br>12:17PM – 1:49PM  | Ardra Until 1:26AM Mon<br>Athiganda* Until 11:32PM        | Ganesha: White<br>Muruga: Clear  | Sunrise: 6:06AM<br>Sunset: 6:27PM | Moon 3 - Phase 50 - 19                                    | 3rd Phase |
|                                  | 232547578                 | Rahu        | 4:55PM – 6:27PM                                                                                                                                                                         | Gara Until 11:55PM                   | Nataraja: Clear                                           |                                  |                                   |                                                           |           |
|                                  | Creative Work             | Siddha Yoga |                                                                                                                                                                                         | Shashthi* Until 11:46AM              | Moon – Yellow                                             | Chaitra*Chaitra                  | Bhuloka Day                       |                                                           |           |
|                                  | Until 1:26AM Mon          |             |                                                                                                                                                                                         |                                      |                                                           |                                  | Devaloka Time: 3:PM to 6:PM       |                                                           |           |
| Then Creative Work - Amrita Yoga |                           |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
| D                                | Monday, April 15, 2024    |             | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau           |                                      |                                                           |                                  |                                   | Trichirappalli, India<br>Sun 20 Sutra 364<br>Krodhin 5126 |           |
|                                  | Retreat Star              |             | Gulika                                                                                                                                                                                  | 1:49PM – 3:22PM                      | Punarvasu Until 3:06AM Tue<br>Sukarma Until 11:08PM       | Ganesha: Clear<br>Muruga: Clear  | Sunrise: 6:06AM<br>Sunset: 6:27PM | Moon 3 - Phase 50 - 20                                    | Ashtami   |
|                                  | Mithuna Rasi: 22.19       | Tithi 7 – 8 | Yama                                                                                                                                                                                    | 10:44AM – 12:16PM                    | Visti Until 12:46AM Tue                                   | Nataraja: Clear                  |                                   |                                                           |           |
|                                  | Family Home Evening       | 242547578   | Rahu                                                                                                                                                                                    | 7:38AM – 9:11AM                      | Saptami Until 12:14PM                                     | Moon – Blue                      | Chaitra*Chaitra                   | Devaloka Day                                              |           |
|                                  | Creative Work             | Amrita Yoga |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
| Until 3:06AM Tue                 |                           |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
| Then Creative Work - Siddha Yoga |                           |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
|                                  | Tuesday, April 16, 2024   |             | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau               |                                      |                                                           |                                  |                                   | Trichirappalli, India<br>Sun 21 Sutra 1<br>Krodhin 5126   |           |
|                                  | Kataka Rasi: 4.49         | Tithi 8 – 9 | Gulika                                                                                                                                                                                  | 12:16PM – 1:49PM                     | Pushya Until 5:15AM Wed<br>Dhriti Until 11:16PM           | Ganesha: Clear<br>Muruga: Clear  | Sunrise: 6:05AM<br>Sunset: 6:27PM | Moon 3 - Phase 50 - 21                                    | Navami    |
|                                  | 242547578                 | Rahu        | 3:22PM – 4:54PM                                                                                                                                                                         | Balava Until 2:17AM Wed              | Nataraja: Clear                                           |                                  |                                   |                                                           |           |
|                                  | Creative Work             | Siddha Yoga |                                                                                                                                                                                         | Ashtami* Until 1:26PM                | Moon – Blue                                               | Chaitra*Chaitra                  | Devaloka Day                      |                                                           |           |
|                                  |                           |             |                                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |
|                                  |                           |             | Sri Rama Navami                                                                                                                                                                         |                                      |                                                           |                                  |                                   |                                                           |           |

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Trichirappalli, India on 1/18/22

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|---|------------------------------------------------------------------------------------------------------------|-------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-----------------------------------------------------------|---------------------------------------------|-----------------------------------------|---------------------------------------|
| 1 | Wednesday, April 17, 2024                                                                                  |                               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau           |                                      |                                                           |                                             | Trichirappalli, India<br>Sun 22 Sutra 2 |                                       |
|   | Kataka Rasi: 17.02                                                                                         | Tithi 9 – 10                  | Gulika<br>Yama                                                                                                                                                                           | 10:43AM – 12:16PM<br>7:37AM – 9:10AM | Ashlesha* Until 7:45AM Thu<br>Shula* Until 11:48PM        | Ganesha: Clear<br>Muruga: Clear             | Sunrise: 6:05AM<br>Sunset: 6:27PM       | Krodhin 5126<br>Moon 3 - Phase 1 - 22 |
|   | 242547578                                                                                                  | Rahu                          | 12:16PM – 1:49PM                                                                                                                                                                         | Taitila Until 4:21AM Thu             | Nataraja: Clear<br>Moon – Blue                            | 4th Phase                                   |                                         |                                       |
|   | Creative Work Siddha Yoga<br>Until 7:45AM Thu<br>Then Creative Work - Amrita Yoga                          | Navami* Until 3:15PM          |                                                                                                                                                                                          |                                      |                                                           | Chaitra*Chaitra<br>Devaloka Day             |                                         |                                       |
| 2 | Thursday, April 18, 2024                                                                                   |                               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau       |                                      |                                                           |                                             | Trichirappalli, India<br>Sun 23 Sutra 3 |                                       |
|   | Kataka Rasi: 29.02                                                                                         | Tithi 10 – 11                 | Gulika<br>Yama                                                                                                                                                                           | 9:10AM – 10:43AM<br>6:04AM – 7:37AM  | Ashlesha* Until 7:45AM<br>Ganda* Until 12:40AM Fri        | Ganesha: Clear<br>Muruga: Clear             | Sunrise: 6:04AM<br>Sunset: 6:27PM       | Krodhin 5126<br>Moon 3 - Phase 1 - 23 |
|   | 242547578                                                                                                  | Rahu                          | 1:49PM – 3:22PM                                                                                                                                                                          | Vanija Until 6:47AM Fri              | Nataraja: Clear<br>Moon – Blue                            | 4th Phase                                   |                                         |                                       |
|   | Creative Work Siddha Yoga<br>Until 7:45AM<br>Then Creative Work - Amrita Yoga                              | Dashami Until 5:31PM          |                                                                                                                                                                                          |                                      |                                                           | Chaitra*Chaitra<br>Devaloka Day             |                                         |                                       |
| 3 | Friday, April 19, 2024                                                                                     |                               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau       |                                      |                                                           |                                             | Trichirappalli, India<br>Sun 24 Sutra 4 |                                       |
|   | Simha Rasi: 10.55                                                                                          | Tithi 11                      | Gulika<br>Yama                                                                                                                                                                           | 7:37AM – 9:09AM<br>3:21PM – 4:54PM   | Magha* Until 10:54AM<br>Vridhhi Until 1:42AM Sat          | Ganesha: Purple<br>Muruga: Purple           | Sunrise: 6:04AM<br>Sunset: 6:27PM       | Krodhin 5126<br>Moon 3 - Phase 1 - 24 |
|   | 252557578                                                                                                  | Rahu                          | 10:42AM – 12:15PM                                                                                                                                                                        | Vanija Until 6:47AM                  | Nataraja: Clear<br>Moon – Red                             | 4th Phase                                   |                                         |                                       |
|   | Routine Work Marana Yoga<br>Until 10:54AM<br>Then Creative Work - Siddha Yoga                              | Ekadashi Until 8:03PM         |                                                                                                                                                                                          |                                      |                                                           | Chaitra*Chaitra<br>Devaloka Day             |                                         |                                       |
| 4 | Saturday, April 20, 2024                                                                                   |                               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau  |                                      |                                                           |                                             | Trichirappalli, India<br>Sun 25 Sutra 5 |                                       |
|   | Simha Rasi: 22.43                                                                                          | Tithi 12                      | Gulika<br>Yama                                                                                                                                                                           | 6:03AM – 7:36AM<br>1:48PM – 3:21PM   | Purvaphalguni Until 2:01PM<br>Dhruva Until 2:44AM Sun     | Ganesha: Purple<br>Muruga: Purple           | Sunrise: 6:03AM<br>Sunset: 6:27PM       | Krodhin 5126<br>Moon 3 - Phase 1 - 25 |
|   | 252557578                                                                                                  | Rahu                          | 9:09AM – 10:42AM                                                                                                                                                                         | Bava Until 9:23AM                    | Nataraja: Clear<br>Moon – Red                             | 4th Phase                                   |                                         |                                       |
|   | Creative Work Siddha Yoga<br>Until 2:01PM<br>Then Routine Work - Marana Yoga                               | Dvadashi Until 10:40PM        |                                                                                                                                                                                          |                                      |                                                           | Chaitra*Chaitra<br>Devaloka Day             |                                         |                                       |
| 5 | Sunday, April 21, 2024                                                                                     |                               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                      |                                                           |                                             | Trichirappalli, India<br>Sun 26 Sutra 6 |                                       |
|   | Kanya Rasi: 4.31                                                                                           | Tithi 13                      | Gulika<br>Yama                                                                                                                                                                           | 3:21PM – 4:54PM<br>12:15PM – 1:48PM  | Uttaraphalguni Until 4:56PM<br>Vyaghata* Until 3:41AM Mon | Ganesha: Purple<br>Muruga: Purple           | Sunrise: 6:03AM<br>Sunset: 6:28PM       | Krodhin 5126<br>Moon 3 - Phase 1 - 26 |
|   | 252557578                                                                                                  | Rahu                          | 4:54PM – 6:28PM                                                                                                                                                                          | Kaulava Until 11:58AM                | Nataraja: Clear<br>Moon – Red                             | 4th Phase                                   |                                         |                                       |
|   | Creative Work Amrita Yoga                                                                                  | Trayodashi Until 1:11AM Mon   |                                                                                                                                                                                          |                                      |                                                           | Chaitra*Chaitra<br>Devaloka Day             |                                         |                                       |
|   |                                                                                                            |                               | Pradosha Vrata                                                                                                                                                                           |                                      |                                                           |                                             |                                         |                                       |
| 6 | Monday, April 22, 2024                                                                                     |                               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau                     |                                      |                                                           |                                             | Trichirappalli, India<br>Sun 27 Sutra 7 |                                       |
|   | Kanya Rasi: 16.22                                                                                          | Tithi 14                      | Gulika<br>Yama                                                                                                                                                                           | 1:48PM – 3:21PM<br>10:42AM – 12:15PM | Hasta Until 7:59PM<br>Harshana Until 4:28AM Tue           | Ganesha: Purple<br>Muruga: Purple           | Sunrise: 6:02AM<br>Sunset: 6:28PM       | Krodhin 5126<br>Moon 3 - Phase 1 - 27 |
|   | 262657578                                                                                                  | Rahu                          | 7:35AM – 9:08AM                                                                                                                                                                          | Gara Until 2:23PM                    | Nataraja: Clear<br>Moon – Green                           | 4th Phase                                   |                                         |                                       |
|   | Family Home Evening<br>Creative Work Siddha Yoga<br>Until 7:59PM<br>Then Routine Work - Prabalarishta Yoga | Chaturdashi* Until 3:27AM Tue |                                                                                                                                                                                          |                                      |                                                           | Chaitra*Chaitra<br>Subha Sivaloka Day       |                                         |                                       |
| O | Tuesday, April 23, 2024<br>Copper Retreat Star                                                             |                               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau                      |                                      |                                                           |                                             | Trichirappalli, India<br>Sutra 8        |                                       |
|   | Kanya Rasi: 28.2                                                                                           | Tithi 15                      | Gulika<br>Yama                                                                                                                                                                           | 12:15PM – 1:48PM<br>9:08AM – 10:41AM | Chitra Until 10:32PM<br>Vajra* Until 4:56AM Wed           | Ganesha: Purple<br>Muruga: Purple           | Sunrise: 6:02AM<br>Sunset: 6:28PM       | Krodhin 5126<br>Moon 3 - Phase 1 -    |
|   | 262657578                                                                                                  | Rahu                          | 3:21PM – 4:54PM                                                                                                                                                                          | Visti Until 4:28PM                   | Nataraja: Clear<br>Moon – Green                           | Purnima                                     |                                         |                                       |
|   | Creative Work Siddha Yoga                                                                                  | Purnima* Until 5:21AM Wed     |                                                                                                                                                                                          |                                      |                                                           | Chaitra*Chaitra<br>Subha Sivaloka Day       |                                         |                                       |
|   |                                                                                                            |                               | Chitra Purnima (Tamil Nadu)<br>Hanuman Jayanti                                                                                                                                           |                                      |                                                           |                                             |                                         |                                       |
|   | Wednesday, April 24, 2024<br>Silver Retreat Star                                                           |                               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Siddhi Yoga Balava Karana Prathamayam Titau                           |                                      |                                                           |                                             | Trichirappalli, India<br>Sutra 9        |                                       |
|   | Tula Rasi: 10.26                                                                                           | Tithi 16                      | Gulika<br>Yama                                                                                                                                                                           | 10:41AM – 12:14PM<br>7:35AM – 9:08AM | Svati Until 12:32AM Thu<br>Siddhi Until 5:05AM Thu        | Ganesha: Purple<br>Muruga: Purple           | Sunrise: 6:01AM<br>Sunset: 6:28PM       | Krodhin 5126<br>Moon 3 - Phase 1 -    |
|   | 262657579                                                                                                  | Rahu                          | 12:14PM – 1:48PM                                                                                                                                                                         | Balava Until 6:10PM                  | Nataraja: Purple<br>Moon – Green                          | Prathama                                    |                                         |                                       |
|   | Creative Work Siddha Yoga                                                                                  | Prathama* Until 6:49AM Thu    |                                                                                                                                                                                          |                                      |                                                           | Chaitra*Chaitra<br>Subha Subha Sivaloka Day |                                         |                                       |