

**Sunday, May 7, 2023****Gold Retreat Star**

Vrischika Rasi: 8.22 Tithi 17

Routine Work Marana Yoga

272996579

**Gulika****3:50PM – 5:27PM**

Yama

**12:37PM – 2:13PM****Rahu****5:27PM – 7:04PM**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Parigha\* Yoga Taitila/Gara Karana Dvitiyayam Titau**Anuradha Until 8:20PM**

Parigha\* Until 2:50AM Mon

Taitila Until 9:09AM

**Dvitiya Until 8:15PM****Ganesha:** White

Sunrise: 6:10AM

**Muruga:** Clear

Sunset: 7:04PM

**Nataraja:** Purple

Moon – Orange

**Vaisaka\*Chaitra****Devaloka Day**

Mumbai, India

Sutra 20

Sobhana 5125

Moon 5 - Phase 4 -

1st Phase

**1****Monday, May 8, 2023**

Vrischika Rasi: 22.17 Tithi 18

**Family Home Evening**

Creative Work Siddha Yoga

272196579

**Gulika****2:13PM – 3:50PM**

Yama

**11:00AM – 12:37PM****Rahu****7:46AM – 9:23AM**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau**Jyeshtha\* Until 6:59PM**

Shiva Until 12:06AM Tue

Vanija Until 7:19AM

**Tritiya Until 6:17PM****Ganesha:** Blue

Sunrise: 6:09AM

**Muruga:** Clear

Sunset: 7:04PM

**Nataraja:** Purple

Moon – Orange

**Vaisaka\*Chaitra****Devaloka Day**

Mumbai, India

Sun 1 Sutra 21

Sobhana 5125

Moon 5 - Phase 4 - 1

1st Phase

**2****Tuesday, May 9, 2023**

Dhanus Rasi: 6.24 Tithi 19 – 20

Creative Work Amrita Yoga

Until 5:42PM

Then Creative Work - Siddha Yoga

282196579

**Gulika****12:37PM – 2:13PM**

Yama

**9:23AM – 11:00AM****Rahu****3:50PM – 5:27PM**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau**Mula\* Until 5:42PM**

Siddha Until 9:12PM

Kaulava Until 2:59AM Wed

**Chaturthi\* Until 4:07PM****Ganesha:** Red

Sunrise: 6:09AM

**Muruga:** Clear

Sunset: 7:04PM

**Nataraja:** Purple

Moon – Light Blue

**Vaisaka\*Chaitra****Sivaloka Day**

Mumbai, India

Sun 2 Sutra 22

Sobhana 5125

Moon 5 - Phase 4 - 2

1st Phase

**3****Wednesday, May 10, 2023**

Dhanus Rasi: 20.37 Tithi 20 – 21

Creative Work Amrita Yoga

283196579

**Gulika****10:59AM – 12:37PM**

Yama

**7:45AM – 9:22AM****Rahu****12:37PM – 2:14PM**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau**Purvashadha\* Until 4:10PM**

Sadhya Until 6:14PM

Gara Until 12:40AM Thu

**Panchami Until 1:49PM****Ganesha:** Blue

Sunrise: 6:08AM

**Muruga:** Clear

Sunset: 7:05PM

**Nataraja:** Purple

Moon – Light Blue

**Vaisaka\*Chaitra****Subha Sivaloka Day**

Mumbai, India

Sun 3 Sutra 23

Sobhana 5125

Moon 5 - Phase 4 - 3

1st Phase

**4****Thursday, May 11, 2023**

Makara Rasi: 4.52 Tithi 21 – 22

Routine Work Marana Yoga

Until 2:28PM

Then Creative Work - Siddha Yoga

283196579

**Gulika****9:22AM – 10:59AM**

Yama

**6:08AM – 7:45AM****Rahu****2:14PM – 3:51PM**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau**Uttarashadha Until 2:28PM**

Subha Until 3:16PM

Visti Until 10:20PM

**Shashthi\* Until 11:29AM****Ganesha:** Blue

Sunrise: 6:08AM

**Muruga:** Clear

Sunset: 7:05PM

**Nataraja:** Purple

Moon – Light Blue

**Vaisaka\*Chaitra****Subha Sivaloka Day**

Mumbai, India

Sun 4 Sutra 24

Sobhana 5125

Moon 5 - Phase 4 - 4

1st Phase

**D****Friday, May 12, 2023****Retreat Star**

Makara Rasi: 19.07 Tithi 22 – 23

Routine Work Marana Yoga

Until 1:05PM

Then Creative Work - Siddha Yoga

293196579

**Gulika****7:45AM – 9:22AM**

Yama

**3:51PM – 5:28PM****Rahu****10:59AM – 12:36PM**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau**Shravana Until 1:05PM**

Sukla Until 12:18PM

Balava Until 8:04PM

**Saptami Until 9:10AM****Ganesha:** Red

Sunrise: 6:08AM

**Muruga:** Clear

Sunset: 7:05PM

**Nataraja:** Purple

Moon – Purple

**Vaisaka\*Chaitra****Sivaloka Day**

Mumbai, India

Sun 5 Sutra 25

Sobhana 5125

Moon 5 - Phase 4 - 5

Ashtami

**Saturday, May 13, 2023****Retreat Star**

Kumbha Rasi: 3.19 Tithi 23 – 24

Creative Work Siddha Yoga

Until 11:39AM

Then Creative Work - Amrita Yoga

293196579

**Gulika****6:07AM – 7:44AM**

Yama

**2:14PM – 3:51PM****Rahu****9:22AM – 10:59AM**Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau**Dhanishtha Until 11:39AM**

Brahma Until 9:25AM

Gara Until 4:50AM Sun

**Ashtami\* Until 6:56AM****Ganesha:** Red

Sunrise: 6:07AM

**Muruga:** Clear

Sunset: 7:06PM

**Nataraja:** Purple

Moon – Purple

**Vaisaka\*Chaitra****Sivaloka Day**

Mumbai, India

Sun 6 Sutra 26

Sobhana 5125

Moon 5 - Phase 4 - 6

Navami

|                                  |                              |              |                                                                                                                                                                                                       |                            |                                |                  |                 |                       |              |
|----------------------------------|------------------------------|--------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|--------------------------------|------------------|-----------------|-----------------------|--------------|
| 1                                | Sunday, May 14, 2023         |              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau   |                            |                                |                  |                 | Mumbai, India         |              |
|                                  |                              |              | Gulika                                                                                                                                                                                                | 3:51PM – 5:29PM            | Shatabhishak Until 10:13AM     | Ganesha: Red     | Sunrise: 6:07AM | Sun 7                 | Sutra 27     |
|                                  | Kumbha Rasi: 17.26 Tithi 25  |              | Yama                                                                                                                                                                                                  | 12:36PM – 2:14PM           | Indra Until 6:40AM             | Muruga: Clear    | Sunset: 7:06PM  | Moon 5 - Phase 5 - 7  | Sobhana 5125 |
|                                  | 293196579 Rahu               |              | 5:29PM – 7:06PM                                                                                                                                                                                       | Vanija Until 3:51PM        | Nataraja: Purple               |                  |                 | 2nd Phase             |              |
| Creative Work Siddha Yoga        |                              | Mother's Day |                                                                                                                                                                                                       | Dashami Until 2:53AM Mon   |                                | Vaisaka*Chaitra  |                 | Sivaloka Day          |              |
| 2                                | Monday, May 15, 2023         |              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau |                            |                                |                  |                 | Mumbai, India         |              |
|                                  |                              |              | Gulika                                                                                                                                                                                                | 2:14PM – 3:51PM            | Purvaproshtapada* Until 9:13AM | Ganesha: Clear   | Sunrise: 6:06AM | Sun 8                 | Sutra 28     |
|                                  | Meena Rasi: 1.27 Tithi 26    |              | Yama                                                                                                                                                                                                  | 10:59AM – 12:36PM          | Vishkambha* Until 1:33AM Tue   | Muruga: Clear    | Sunset: 7:06PM  | Moon 5 - Phase 5 - 8  | Sobhana 5125 |
|                                  | 213196579 Rahu               |              | 7:44AM – 9:21AM                                                                                                                                                                                       | Bava Until 2:01PM          | Nataraja: Purple               |                  |                 | 2nd Phase             |              |
| Family Home Evening              |                              |              |                                                                                                                                                                                                       | Ekadashi* Until 1:09AM Tue |                                | Moon – Clear     |                 | Sivaloka Day          |              |
| Routine Work Marana Yoga         |                              |              |                                                                                                                                                                                                       |                            |                                | Vaisaka*Vaikasi  |                 |                       |              |
| Until 9:13AM                     |                              |              |                                                                                                                                                                                                       |                            |                                |                  |                 |                       |              |
| Then Creative Work - Siddha Yoga |                              |              |                                                                                                                                                                                                       |                            |                                |                  |                 |                       |              |
| 3                                | Tuesday, May 16, 2023        |              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau          |                            |                                |                  |                 | Mumbai, India         |              |
|                                  |                              |              | Gulika                                                                                                                                                                                                | 12:36PM – 2:14PM           | Uttaraproshtapada Until 8:19AM | Ganesha: Clear   | Sunrise: 6:06AM | Sun 9                 | Sutra 29     |
|                                  | Meena Rasi: 15.19 Tithi 27   |              | Yama                                                                                                                                                                                                  | 9:21AM – 10:59AM           | Priti Until 11:18PM            | Muruga: Clear    | Sunset: 7:07PM  | Moon 5 - Phase 5 - 9  | Sobhana 5125 |
|                                  | 213196579 Rahu               |              | 3:52PM – 5:29PM                                                                                                                                                                                       | Kaulava Until 12:24PM      | Nataraja: Purple               |                  |                 | 2nd Phase             |              |
| Creative Work Amrita Yoga        |                              |              |                                                                                                                                                                                                       | Dvadashi* Until 11:40PM    |                                | Moon – Clear     |                 | Sivaloka Day          |              |
| Until 8:19AM                     |                              |              |                                                                                                                                                                                                       |                            |                                | Vaisaka*Vaikasi  |                 |                       |              |
| Then Creative Work - Siddha Yoga |                              |              |                                                                                                                                                                                                       |                            |                                |                  |                 |                       |              |
| 4                                | Wednesday, May 17, 2023      |              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau                      |                            |                                |                  |                 | Mumbai, India         |              |
|                                  |                              |              | Gulika                                                                                                                                                                                                | 10:59AM – 12:36PM          | Revati Until 7:32AM            | Ganesha: Clear   | Sunrise: 6:06AM | Sun 10                | Sutra 30     |
|                                  | Meena Rasi: 29.02 Tithi 28   |              | Yama                                                                                                                                                                                                  | 7:43AM – 9:21AM            | Ayushman Until 9:17PM          | Muruga: Clear    | Sunset: 7:07PM  | Moon 5 - Phase 5 - 10 | Sobhana 5125 |
|                                  | 213196579 Rahu               |              | 12:36PM – 2:14PM                                                                                                                                                                                      | Gara Until 11:04AM         | Nataraja: Purple               |                  |                 | 2nd Phase             |              |
| Routine Work Marana Yoga         |                              |              |                                                                                                                                                                                                       | Trayodashi* Until 10:30PM  |                                | Moon – Clear     |                 | Sivaloka Day          |              |
|                                  |                              |              |                                                                                                                                                                                                       |                            |                                | Vaisaka*Vaikasi  |                 |                       |              |
|                                  |                              |              |                                                                                                                                                                                                       | Pradosha Vrata (Fasting)   |                                |                  |                 |                       |              |
| 5                                | Thursday, May 18, 2023       |              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                 |                            |                                |                  |                 | Mumbai, India         |              |
|                                  |                              |              | Gulika                                                                                                                                                                                                | 9:21AM – 10:59AM           | Ashvini Until 7:22AM           | Ganesha: Orange  | Sunrise: 6:05AM | Sun 11                | Sutra 31     |
|                                  | Mesha Rasi: 12.33 Tithi 29   |              | Yama                                                                                                                                                                                                  | 6:05AM – 7:43AM            | Saubhagya Until 7:35PM         | Muruga: Clear    | Sunset: 7:08PM  | Moon 5 - Phase 5 - 11 | Sobhana 5125 |
|                                  | 223196579 Rahu               |              | 2:14PM – 3:52PM                                                                                                                                                                                       | Visti Until 10:05AM        | Nataraja: Purple               |                  |                 | 2nd Phase             |              |
| Creative Work Amrita Yoga        |                              |              |                                                                                                                                                                                                       | Chaturdashi* Until 9:43PM  |                                | Moon – White     |                 | Sivaloka Day          |              |
| Until 7:22AM                     |                              |              |                                                                                                                                                                                                       |                            |                                | Vaisaka*Vaikasi  |                 |                       |              |
| Then Creative Work - Siddha Yoga |                              |              |                                                                                                                                                                                                       |                            |                                |                  |                 |                       |              |
| ●                                | Friday, May 19, 2023         |              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau                 |                            |                                |                  |                 | Mumbai, India         |              |
|                                  | Retreat Star                 |              | Gulika                                                                                                                                                                                                | 7:43AM – 9:21AM            | Bharani Until 7:28AM           | Ganesha: Orange  | Sunrise: 6:05AM | Sun 12                | Sutra 32     |
|                                  | Mesha Rasi: 25.51 Tithi 30   |              | Yama                                                                                                                                                                                                  | 3:52PM – 5:30PM            | Sobhana Until 6:15PM           | Muruga: Clear    | Sunset: 7:08PM  | Moon 5 - Phase 5 - 12 | Sobhana 5125 |
|                                  | 223196579 Rahu               |              | 10:59AM – 12:37PM                                                                                                                                                                                     | Catuspada Until 9:30AM     | Nataraja: Purple               |                  |                 | Amavasya              |              |
| Creative Work Siddha Yoga        |                              |              |                                                                                                                                                                                                       | Amavasya* Until 9:22PM     |                                | Moon – White     |                 | Sivaloka Day          |              |
|                                  |                              |              |                                                                                                                                                                                                       |                            |                                | Vaisaka*Vaikasi  |                 |                       |              |
|                                  | Saturday, May 20, 2023       |              | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau          |                            |                                |                  |                 | Mumbai, India         |              |
|                                  | Retreat Star                 |              | Gulika                                                                                                                                                                                                | 6:05AM – 7:43AM            | Krittika Until 7:52AM          | Ganesha: Orange  | Sunrise: 6:05AM | Sun 13                | Sutra 33     |
|                                  | Vrishabha Rasi: 8.54 Tithi 1 |              | Yama                                                                                                                                                                                                  | 2:15PM – 3:52PM            | Athiganda* Until 5:16PM        | Muruga: Clear    | Sunset: 7:08PM  | Moon 5 - Phase 5 - 13 | Sobhana 5125 |
|                                  | 223196579 Rahu               |              | 9:21AM – 10:59AM                                                                                                                                                                                      | Kintughna Until 9:24AM     | Nataraja: Purple               |                  |                 | Prathama              |              |
| Creative Work Amrita Yoga        |                              |              |                                                                                                                                                                                                       | Prathama* Until 9:31PM     |                                | Moon – White     |                 | Sivaloka Day          |              |
|                                  |                              |              |                                                                                                                                                                                                       |                            |                                | Jyeshtha*Vaikasi |                 |                       |              |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Mumbai, India on 1/18/22

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|   |                                  |                       |                                                                                                                                                                                             |                                |                  |                    |                       |
|---|----------------------------------|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|------------------|--------------------|-----------------------|
| 1 | Sunday, May 21, 2023             |                       | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                |                  |                    | Mumbai, India         |
|   | Vrishabha Rasi: 21.42            | Tithi 2               | Gulika 3:53PM – 5:31PM                                                                                                                                                                      | Rohini Until 9:05AM            | Ganesha: Clear   | Sunrise: 6:05AM    | Sun 14 Sutra 34       |
|   | 233196579                        | Yama 12:37PM – 2:15PM | Rahu 5:31PM – 7:09PM                                                                                                                                                                        | Sukarma Until 4:43PM           | Muruga: Clear    | Sunset: 7:09PM     | Sobhana 5125          |
|   | Creative Work Siddha Yoga        |                       |                                                                                                                                                                                             | Balava Until 9:49AM            | Nataraja: Purple |                    | Moon 5 - Phase 6 - 14 |
|   |                                  |                       |                                                                                                                                                                                             | Dvitiya Until 10:12PM          | Jyeshtha*Vaikasi |                    | 3rd Phase             |
|   |                                  |                       |                                                                                                                                                                                             |                                |                  | Sivaloka Day       |                       |
| 2 | Monday, May 22, 2023             |                       | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau      |                                |                  |                    | Mumbai, India         |
|   | Mithuna Rasi: 4.15               | Tithi 3               | Gulika 2:15PM – 3:53PM                                                                                                                                                                      | Mrigashira Until 10:38AM       | Ganesha: Clear   | Sunrise: 6:04AM    | Sun 15 Sutra 35       |
|   | Family Home Evening              | 233196579             | Yama 10:59AM – 12:37PM                                                                                                                                                                      | Dhriti Until 4:35PM            | Muruga: Clear    | Sunset: 7:09PM     | Sobhana 5125          |
|   | Creative Work Amrita Yoga        |                       | Rahu 7:42AM – 9:20AM                                                                                                                                                                        | Taitila Until 10:44AM          | Nataraja: Purple |                    | Moon 5 - Phase 6 - 15 |
|   | Until 10:38AM                    |                       |                                                                                                                                                                                             | Tritiya Until 11:22PM          | Moon – Yellow    |                    | 3rd Phase             |
|   | Then Creative Work - Siddha Yoga |                       |                                                                                                                                                                                             |                                | Jyeshtha*Vaikasi |                    |                       |
|   |                                  |                       |                                                                                                                                                                                             |                                |                  | Sivaloka Day       |                       |
| 3 | Tuesday, May 23, 2023            |                       | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau  |                                |                  |                    | Mumbai, India         |
|   | Mithuna Rasi: 16.35              | Tithi 4               | Gulika 12:37PM – 2:15PM                                                                                                                                                                     | Ardra Until 12:31PM            | Ganesha: Clear   | Sunrise: 6:04AM    | Sun 16 Sutra 36       |
|   | 233196579                        | Yama 9:20AM – 10:59AM | Rahu 3:53PM – 5:31PM                                                                                                                                                                        | Shula* Until 4:48PM            | Muruga: Clear    | Sunset: 7:09PM     | Sobhana 5125          |
|   | Routine Work Marana Yoga         |                       |                                                                                                                                                                                             | Vanija Until 12:10PM           | Nataraja: Purple |                    | Moon 5 - Phase 6 - 16 |
|   | Until 12:31PM                    |                       |                                                                                                                                                                                             | Chaturthi* Until 1:01AM Wed    | Moon – Yellow    |                    | 3rd Phase             |
|   | Then Creative Work - Siddha Yoga |                       |                                                                                                                                                                                             |                                | Jyeshtha*Vaikasi |                    |                       |
|   |                                  |                       |                                                                                                                                                                                             |                                |                  | Sivaloka Day       |                       |
| 4 | Wednesday, May 24, 2023          |                       | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau     |                                |                  |                    | Mumbai, India         |
|   | Mithuna Rasi: 28.44              | Tithi 5               | Gulika 10:59AM – 12:37PM                                                                                                                                                                    | Punarvasu Until 3:07PM         | Ganesha: Purple  | Sunrise: 6:04AM    | Sun 17 Sutra 37       |
|   | 243196579                        | Yama 7:42AM – 9:20AM  | Rahu 12:37PM – 2:15PM                                                                                                                                                                       | Ganda* Until 5:20PM            | Muruga: Clear    | Sunset: 7:10PM     | Sobhana 5125          |
|   | Creative Work Siddha Yoga        |                       |                                                                                                                                                                                             | Bava Until 2:00PM              | Nataraja: Purple |                    | Moon 5 - Phase 6 - 17 |
|   |                                  |                       |                                                                                                                                                                                             | Panchami Until 3:02AM Thu      | Moon – Blue      |                    | 3rd Phase             |
|   |                                  |                       |                                                                                                                                                                                             |                                | Jyeshtha*Vaikasi |                    |                       |
|   |                                  |                       |                                                                                                                                                                                             |                                |                  | Subha Sivaloka Day |                       |
| 5 | Thursday, May 25, 2023           |                       | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vridhhi Yoga Kaulava/Taitila Karana Shashthyam Titau         |                                |                  |                    | Mumbai, India         |
|   | Kataka Rasi: 10.45               | Tithi 6               | Gulika 9:20AM – 10:59AM                                                                                                                                                                     | Pushya Until 5:52PM            | Ganesha: Clear   | Sunrise: 6:04AM    | Sun 18 Sutra 38       |
|   | 244196579                        | Yama 6:04AM – 7:42AM  | Rahu 2:15PM – 3:54PM                                                                                                                                                                        | Vridhhi Until 6:07PM           | Muruga: Clear    | Sunset: 7:10PM     | Sobhana 5125          |
|   | Creative Work Amrita Yoga        |                       |                                                                                                                                                                                             | Kaulava Until 4:10PM           | Nataraja: Purple |                    | Moon 5 - Phase 6 - 18 |
|   | Until 5:52PM                     |                       |                                                                                                                                                                                             | Shashthi* Until 5:18AM Fri     | Moon – Blue      |                    | 3rd Phase             |
|   | Then Creative Work - Siddha Yoga |                       |                                                                                                                                                                                             |                                | Jyeshtha*Vaikasi |                    |                       |
|   |                                  |                       |                                                                                                                                                                                             |                                |                  | Sivaloka Day       |                       |
| 6 | Friday, May 26, 2023             |                       | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Dhruva Yoga Gara Karana Saptamyam Titau                            |                                |                  |                    | Mumbai, India         |
|   | Kataka Rasi: 22.4                | Tithi 7               | Gulika 7:42AM – 9:20AM                                                                                                                                                                      | Ashlesha* Until 8:35PM         | Ganesha: White   | Sunrise: 6:03AM    | Sun 19 Sutra 39       |
|   | 344196579                        | Yama 3:54PM – 5:32PM  | Rahu 10:59AM – 12:37PM                                                                                                                                                                      | Dhruva Until 6:59PM            | Muruga: Clear    | Sunset: 7:11PM     | Sobhana 5125          |
|   | Routine Work Marana Yoga         |                       |                                                                                                                                                                                             | Gara Until 6:29PM              | Nataraja: Purple |                    | Moon 5 - Phase 6 - 19 |
|   |                                  |                       |                                                                                                                                                                                             | Saptami Until 7:38AM Sat       | Moon – Blue      |                    | 3rd Phase             |
|   |                                  |                       |                                                                                                                                                                                             |                                | Jyeshtha*Vaikasi |                    |                       |
|   |                                  |                       |                                                                                                                                                                                             |                                |                  | Devaloka Day       |                       |
| D | Saturday, May 27, 2023           |                       | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau           |                                |                  |                    | Mumbai, India         |
|   | Retreat Star                     |                       | Gulika 6:03AM – 7:42AM                                                                                                                                                                      | Magha* Until 11:37PM           | Ganesha: Clear   | Sunrise: 6:03AM    | Sun 20 Sutra 40       |
|   | Simha Rasi: 4.34                 | Tithi 7 – 8           | Yama 2:16PM – 3:54PM                                                                                                                                                                        | Vyaghata* Until 7:51PM         | Muruga: Clear    | Sunset: 7:11PM     | Sobhana 5125          |
|   | 354196579                        | Rahu 9:20AM – 10:59AM |                                                                                                                                                                                             | Visti Until 8:48PM             | Nataraja: Purple |                    | Moon 5 - Phase 6 - 20 |
|   | Creative Work Amrita Yoga        |                       |                                                                                                                                                                                             | Saptami Until 7:38AM           | Moon – Red       |                    | Ashtami               |
|   | Until 11:37PM                    |                       |                                                                                                                                                                                             |                                | Jyeshtha*Vaikasi |                    |                       |
|   | Then Creative Work - Siddha Yoga |                       |                                                                                                                                                                                             |                                |                  | Sivaloka Day       |                       |
| D | Sunday, May 28, 2023             |                       | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau        |                                |                  |                    | Mumbai, India         |
|   | Retreat Star                     |                       | Gulika 3:54PM – 5:33PM                                                                                                                                                                      | Purvaphalguni Until 2:14AM Mon | Ganesha: Clear   | Sunrise: 6:03AM    | Sun 21 Sutra 41       |
|   | Simha Rasi: 16.3                 | Tithi 8 – 9           | Yama 12:37PM – 2:16PM                                                                                                                                                                       | Harshana Until 8:34PM          | Muruga: Clear    | Sunset: 7:11PM     | Sobhana 5125          |
|   | 354196579                        | Rahu 5:33PM – 7:11PM  |                                                                                                                                                                                             | Balava Until 10:52PM           | Nataraja: Purple |                    | Moon 5 - Phase 6 - 21 |
|   | Creative Work Siddha Yoga        |                       |                                                                                                                                                                                             | Ashtami* Until 9:51AM          | Moon – Red       |                    | Navami                |
|   |                                  |                       |                                                                                                                                                                                             |                                | Jyeshtha*Vaikasi |                    |                       |
|   |                                  |                       |                                                                                                                                                                                             |                                |                  | Sivaloka Day       |                       |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

|   |                                  |               |                                                                                                                                                                                                      |                            |                                 |                  |                    |                       |
|---|----------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|---------------------------------|------------------|--------------------|-----------------------|
| 1 | Monday, May 29, 2023             |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau               |                            |                                 |                  |                    | Mumbai, India         |
|   | Simha Rasi: 28.33                | Tithi 9 – 10  | Gulika                                                                                                                                                                                               | 2:16PM – 3:55PM            | Uttaraphalguni Until 4:15AM Tue | Ganesha: Clear   | Sunrise: 6:03AM    | Sun 22 Sutra 42       |
|   | Family Home Evening              | 354196579     | Yama                                                                                                                                                                                                 | 10:59AM – 12:37PM          | Vajra* Until 8:56PM             | Muruga: Clear    | Sunset: 7:12PM     | Sobhana 5125          |
|   | Creative Work                    | Siddha Yoga   | Rahu                                                                                                                                                                                                 | 7:42AM – 9:20AM            | Taitila Until 12:31AM Tue       | Nataraja: Purple |                    | Moon 5 - Phase 7 - 22 |
|   |                                  |               |                                                                                                                                                                                                      | Navami* Until 11:44AM      | Moon – Red                      |                  |                    | 4th Phase             |
|   |                                  |               |                                                                                                                                                                                                      |                            | Jyeshtha*Vaikasi                |                  | Sivaloka Day       |                       |
| 2 | Tuesday, May 30, 2023            |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau                       |                            |                                 |                  |                    | Mumbai, India         |
|   | Kanya Rasi: 10.48                | Tithi 10 – 11 | Gulika                                                                                                                                                                                               | 12:37PM – 2:16PM           | Hasta Until 5:59AM Wed          | Ganesha: Purple  | Sunrise: 6:03AM    | Sun 23 Sutra 43       |
|   |                                  | 364196579     | Yama                                                                                                                                                                                                 | 9:20AM – 10:59AM           | Siddhi Until 8:52PM             | Muruga: Clear    | Sunset: 7:12PM     | Sobhana 5125          |
|   | Creative Work                    | Siddha Yoga   | Rahu                                                                                                                                                                                                 | 3:55PM – 5:33PM            | Vanija Until 1:33AM Wed         | Nataraja: Purple |                    | Moon 5 - Phase 7 - 23 |
|   |                                  |               |                                                                                                                                                                                                      | Dashami Until 1:06PM       | Moon – Green                    |                  |                    | 4th Phase             |
|   |                                  |               |                                                                                                                                                                                                      |                            | Jyeshtha*Vaikasi                |                  | Devaloka Day       |                       |
| 3 | Wednesday, May 31, 2023          |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau                   |                            |                                 |                  |                    | Mumbai, India         |
|   | Kanya Rasi: 23.2                 | Tithi 11 – 12 | Gulika                                                                                                                                                                                               | 10:59AM – 12:38PM          | Chitra Until 6:49AM Thu         | Ganesha: Purple  | Sunrise: 6:03AM    | Sun 24 Sutra 44       |
|   |                                  | 364196579     | Yama                                                                                                                                                                                                 | 7:41AM – 9:20AM            | Vyatipata* Until 8:15PM         | Muruga: Clear    | Sunset: 7:13PM     | Sobhana 5125          |
|   | Creative Work                    | Siddha Yoga   | Rahu                                                                                                                                                                                                 | 12:38PM – 2:16PM           | Bava Until 1:51AM Thu           | Nataraja: Purple |                    | Moon 5 - Phase 7 - 24 |
|   | Until 6:49AM Thu                 |               |                                                                                                                                                                                                      | Ekadashi Until 1:46PM      | Moon – Green                    |                  |                    | 4th Phase             |
|   | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                      |                            | Jyeshtha*Vaikasi                |                  | Devaloka Day       |                       |
| 4 | Thursday, June 1, 2023           |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau            |                            |                                 |                  |                    | Mumbai, India         |
|   | Tula Rasi: 6.13                  | Tithi 12 – 13 | Gulika                                                                                                                                                                                               | 9:20AM – 10:59AM           | Chitra Until 6:49AM             | Ganesha: Purple  | Sunrise: 6:03AM    | Sun 25 Sutra 45       |
|   |                                  | 364196579     | Yama                                                                                                                                                                                                 | 6:03AM – 7:41AM            | Variyan Until 7:00PM            | Muruga: Clear    | Sunset: 7:13PM     | Sobhana 5125          |
|   | Creative Work                    | Siddha Yoga   | Rahu                                                                                                                                                                                                 | 2:17PM – 3:55PM            | Kaulava Until 1:23AM Fri        | Nataraja: Purple |                    | Moon 5 - Phase 7 - 25 |
|   | Until 6:49AM                     |               |                                                                                                                                                                                                      | Dvadashi Until 1:41PM      | Moon – Green                    |                  |                    | 4th Phase             |
|   | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                      | Pradosha Vrata             | Jyeshtha*Vaikasi                |                  | Devaloka Day       |                       |
| 5 | Friday, June 2, 2023             |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                            |                                 |                  |                    | Mumbai, India         |
|   | Tula Rasi: 19.29                 | Tithi 13 – 14 | Gulika                                                                                                                                                                                               | 7:41AM – 9:20AM            | Svati Until 6:45AM              | Ganesha: Clear   | Sunrise: 6:03AM    | Sun 26 Sutra 46       |
|   |                                  | 364296579     | Yama                                                                                                                                                                                                 | 3:56PM – 5:34PM            | Parigha* Until 5:10PM           | Muruga: Clear    | Sunset: 7:13PM     | Sobhana 5125          |
|   | Creative Work                    | Siddha Yoga   | Rahu                                                                                                                                                                                                 | 10:59AM – 12:38PM          | Gara Until 12:11AM Sat          | Nataraja: Purple |                    | Moon 5 - Phase 7 - 26 |
|   |                                  |               | Vaikasi Visakam                                                                                                                                                                                      | Trayodashi Until 12:51PM   | Moon – Green                    |                  |                    | 4th Phase             |
|   |                                  |               |                                                                                                                                                                                                      |                            | Jyeshtha*Vaikasi                |                  | Sivaloka Day       |                       |
| O | Saturday, June 3, 2023           |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                            |                                 |                  |                    | Mumbai, India         |
|   | Copper Retreat Star              |               | Gulika                                                                                                                                                                                               | 6:03AM – 7:41AM            | Vishakha Until 6:17AM           | Ganesha: White   | Sunrise: 6:03AM    | Sun 27 Sutra 47       |
|   | Vrischika Rasi: 3.1              | Tithi 14 – 15 | Yama                                                                                                                                                                                                 | 2:17PM – 3:56PM            | Shiva Until 2:49PM              | Muruga: Clear    | Sunset: 7:14PM     | Sobhana 5125          |
|   |                                  | 374296579     | Rahu                                                                                                                                                                                                 | 9:20AM – 10:59AM           | Visti Until 10:21PM             | Nataraja: Purple |                    | Moon 5 - Phase 7 - 27 |
|   | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                      | Chaturdashi* Until 11:19AM | Moon – Orange                   |                  |                    | Purnima               |
|   |                                  |               |                                                                                                                                                                                                      |                            | Jyeshtha*Vaikasi                |                  | Subha Sivaloka Day |                       |
|   | Sunday, June 4, 2023             |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau           |                            |                                 |                  |                    | Mumbai, India         |
|   | Silver Retreat Star              |               | Gulika                                                                                                                                                                                               | 3:56PM – 5:35PM            | Jyeshtha* Until 3:15AM Mon      | Ganesha: White   | Sunrise: 6:02AM    | Sutra 48              |
|   | Vrischika Rasi: 17.13            | Tithi 15 – 16 | Yama                                                                                                                                                                                                 | 12:38PM – 2:17PM           | Siddha Until 11:58AM            | Muruga: Clear    | Sunset: 7:14PM     | Sobhana 5125          |
|   |                                  | 374296579     | Rahu                                                                                                                                                                                                 | 5:35PM – 7:14PM            | Balava Until 8:00PM             | Nataraja: Purple |                    | Moon 5 - Phase 7 -    |
|   | Routine Work                     | Marana Yoga   |                                                                                                                                                                                                      | Purnima* Until 9:13AM      | Moon – Orange                   |                  |                    | Prathama              |
|   | Until 3:15AM Mon                 |               |                                                                                                                                                                                                      |                            | Jyeshtha*Vaikasi                |                  | Subha Sivaloka Day |                       |
|   | Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                      |                            |                                 |                  |                    |                       |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

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**Monday, June 5, 2023****Gold Retreat Star**

Dhanus Rasi: 1.34 Tithi 16 – 17  
**Family Home Evening**  
 Creative Work Siddha Yoga

385296579  
**Rahu**

**Gulika** 2:17PM – 3:56PM  
 Yama 10:59AM – 12:38PM  
**Rahu** 7:41AM – 9:20AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Mula\* Nakshatra Sadhya/Subha Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

**Mula\* Until 1:23AM Tue**  
 Sadhya Until 8:48AM  
 Gara Until 3:50AM Tue  
**Prathama\* Until 6:40AM**

**Ganesha:** Yellow *Sunrise:* 6:02AM  
**Muruga:** Clear *Sunset:* 7:14PM  
**Nataraja:** Purple  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

**Sivaloka Day**

Mumbai, India  
 Sutra 49  
 Sobhana 5125  
 Moon 6 - Phase 8 - 1st Phase

**1****Tuesday, June 6, 2023**

Dhanus Rasi: 16.08 Tithi 18  
 Creative Work Siddha Yoga  
 Until 11:14PM  
 Then Routine Work - Prabalarishta Yoga

385296571  
**Rahu**

**Gulika** 12:39PM – 2:18PM  
 Yama 9:21AM – 11:00AM  
**Rahu** 3:57PM – 5:36PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Purvashadha\* Nakshatra Sukla Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Purvashadha\* Until 11:14PM**  
 Sukla Until 1:54AM Wed  
 Vanija Until 2:23PM  
**Tritiya Until 12:52AM Wed**

**Ganesha:** White *Sunrise:* 6:02AM  
**Muruga:** Clear *Sunset:* 7:15PM  
**Nataraja:** Blue  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

**Devaloka Day**

Mumbai, India  
 Sun 1 Sutra 50  
 Sobhana 5125  
 Moon 6 - Phase 8 - 1st Phase

**2****Wednesday, June 7, 2023**

Makara Rasi: 0.47 Tithi 19  
 Creative Work Amrita Yoga  
 Until 8:56PM  
 Then Creative Work - Siddha Yoga

385296571  
**Rahu**

**Gulika** 11:00AM – 12:39PM  
 Yama 7:42AM – 9:21AM  
**Rahu** 12:39PM – 2:18PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Uttarashadha Nakshatra Brahma Yoga Bava/Balava Karana Chaturthyam Titau

**Uttarashadha Until 8:56PM**  
 Brahma Until 10:24PM  
 Bava Until 11:23AM  
**Chaturthi\* Until 9:53PM**

**Ganesha:** White *Sunrise:* 6:02AM  
**Muruga:** Clear *Sunset:* 7:15PM  
**Nataraja:** Blue  
 Moon – Light Blue  
**Jyeshtha\*Vaikasi**

**Devaloka Day**

Mumbai, India  
 Sun 2 Sutra 51  
 Sobhana 5125  
 Moon 6 - Phase 8 - 2 1st Phase

**3****Thursday, June 8, 2023**

Makara Rasi: 15.26 Tithi 20  
 Creative Work Siddha Yoga

395296571  
**Rahu**

**Gulika** 9:21AM – 11:00AM  
 Yama 6:03AM – 7:42AM  
**Rahu** 2:18PM – 3:57PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Shrivana Nakshatra Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

**Shrivana Until 7:01PM**  
 Indra Until 7:01PM  
 Kaulava Until 8:27AM  
**Panchami Until 7:02PM**

**Ganesha:** Yellow *Sunrise:* 6:03AM  
**Muruga:** Clear *Sunset:* 7:15PM  
**Nataraja:** Blue  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

**Sivaloka Day**

Mumbai, India  
 Sun 3 Sutra 52  
 Sobhana 5125  
 Moon 6 - Phase 8 - 3 1st Phase

**4****Friday, June 9, 2023**

Makara Rasi: 29.56 Tithi 21 – 22  
 Creative Work Siddha Yoga

395296571  
**Rahu**

**Gulika** 7:42AM – 9:21AM  
 Yama 3:57PM – 5:37PM  
**Rahu** 11:00AM – 12:39PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Dhanishtha Until 5:12PM**  
 Vaidhriti\* Until 3:48PM  
 Visti Until 3:14AM Sat  
**Shashthi\* Until 4:25PM**

**Ganesha:** Yellow *Sunrise:* 6:03AM  
**Muruga:** Clear *Sunset:* 7:16PM  
**Nataraja:** Blue  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

**Sivaloka Day**

Mumbai, India  
 Sun 4 Sutra 53  
 Sobhana 5125  
 Moon 6 - Phase 8 - 4 1st Phase

**D****Saturday, June 10, 2023****Retreat Star**

Kumbha Rasi: 14.16 Tithi 22 – 23  
 Creative Work Amrita Yoga  
 Until 3:34PM  
 Then Routine Work - Marana Yoga

395296571  
**Rahu**

**Gulika** 6:03AM – 7:42AM  
 Yama 2:19PM – 3:58PM  
**Rahu** 9:21AM – 11:00AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Shatabhishak Until 3:34PM**  
 Vishkambha\* Until 12:51PM  
 Balava Until 1:07AM Sun  
**Saptami Until 2:06PM**

**Ganesha:** Yellow *Sunrise:* 6:03AM  
**Muruga:** Clear *Sunset:* 7:16PM  
**Nataraja:** Blue  
 Moon – Purple  
**Jyeshtha\*Vaikasi**

**Sivaloka Day**

Mumbai, India  
 Sun 5 Sutra 54  
 Sobhana 5125  
 Moon 6 - Phase 8 - 5 Ashtami

**Sunday, June 11, 2023****Retreat Star**

Kumbha Rasi: 28.21 Tithi 23 – 24  
 Creative Work Siddha Yoga  
 Until 2:35PM  
 Then Creative Work - Amrita Yoga

315296571  
**Rahu**

**Gulika** 3:58PM – 5:37PM  
 Yama 12:40PM – 2:19PM  
**Rahu** 5:37PM – 7:16PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Purvaproshtapada\* Until 2:35PM**  
 Priti Until 10:14AM  
 Taitila Until 11:23PM  
**Ashtami\* Until 12:10PM**

**Ganesha:** Clear *Sunrise:* 6:03AM  
**Muruga:** Clear *Sunset:* 7:16PM  
**Nataraja:** Blue  
 Moon – Clear  
**Jyeshtha\*Vaikasi**

**Sivaloka Day**

Mumbai, India  
 Sun 6 Sutra 55  
 Sobhana 5125  
 Moon 6 - Phase 8 - 6 Navami

|   |                                  |               |                                                                                                                                                                                                            |                          |                                |                  |                 |                       |               |
|---|----------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|--------------------------------|------------------|-----------------|-----------------------|---------------|
| 1 | Monday, June 12, 2023            |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                          |                                |                  |                 |                       | Mumbai, India |
|   | Meena Rasi: 12.11                | Tithi 24 – 25 | Gulika                                                                                                                                                                                                     | 2:19PM – 3:58PM          | Uttaraproshtapada Until 1:52PM | Ganesha: Clear   | Sunrise: 6:03AM | Sun 7                 | Sutra 56      |
|   | Family Home Evening              | 315296571     | Yama                                                                                                                                                                                                       | 11:00AM – 12:40PM        | Ayushman Until 7:54AM          | Muruga: Clear    | Sunset: 7:17PM  | Moon 6 - Phase 9 - 7  | Sobhana 5125  |
|   | Creative Work                    | Siddha Yoga   | Rahu                                                                                                                                                                                                       | 7:42AM – 9:21AM          | Vanija Until 10:03PM           | Nataraja: Blue   |                 | 2nd Phase             |               |
|   |                                  |               |                                                                                                                                                                                                            | Navami* Until 10:39AM    |                                | Moon – Clear     |                 | Sivaloka Day          |               |
|   |                                  |               |                                                                                                                                                                                                            |                          |                                | Jyeshtha*Vaikasi |                 |                       |               |
| 2 | Tuesday, June 13, 2023           |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Revati/Ashvini Nakshatra Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau                 |                          |                                |                  |                 |                       | Mumbai, India |
|   | Meena Rasi: 25.46                | Tithi 25 – 26 | Gulika                                                                                                                                                                                                     | 12:40PM – 2:19PM         | Revati Until 1:25PM            | Ganesha: Clear   | Sunrise: 6:03AM | Sun 8                 | Sutra 57      |
|   |                                  | 315296571     | Yama                                                                                                                                                                                                       | 9:21AM – 11:01AM         | Sobhana Until 4:19AM Wed       | Muruga: Clear    | Sunset: 7:17PM  | Moon 6 - Phase 9 - 8  | Sobhana 5125  |
|   | Creative Work                    | Siddha Yoga   | Rahu                                                                                                                                                                                                       | 3:58PM – 5:38PM          | Bava Until 9:09PM              | Nataraja: Blue   |                 | 2nd Phase             |               |
|   |                                  |               |                                                                                                                                                                                                            | Dashami Until 9:32AM     |                                | Moon – Clear     |                 | Sivaloka Day          |               |
|   |                                  |               |                                                                                                                                                                                                            |                          |                                | Jyeshtha*Vaikasi |                 |                       |               |
| 3 | Wednesday, June 14, 2023         |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau           |                          |                                |                  |                 |                       | Mumbai, India |
|   | Mesha Rasi: 9.06                 | Tithi 26 – 27 | Gulika                                                                                                                                                                                                     | 11:01AM – 12:40PM        | Ashvini Until 1:40PM           | Ganesha: White   | Sunrise: 6:03AM | Sun 9                 | Sutra 58      |
|   |                                  | 325296571     | Yama                                                                                                                                                                                                       | 7:42AM – 9:22AM          | Athiganda* Until 3:00AM Thu    | Muruga: Clear    | Sunset: 7:17PM  | Moon 6 - Phase 9 - 9  | Sobhana 5125  |
|   | Routine Work                     | Marana Yoga   | Rahu                                                                                                                                                                                                       | 12:40PM – 2:19PM         | Kaulava Until 8:40PM           | Nataraja: Blue   |                 | 2nd Phase             |               |
|   | Until 1:40PM                     |               |                                                                                                                                                                                                            | Ekadashi* Until 8:50AM   |                                | Moon – White     |                 | Devaloka Day          |               |
|   | Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                            |                          |                                | Jyeshtha*Vaikasi |                 |                       |               |
| 4 | Thursday, June 15, 2023          |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukarma Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau                |                          |                                |                  |                 |                       | Mumbai, India |
|   | Mesha Rasi: 22.13                | Tithi 27 – 28 | Gulika                                                                                                                                                                                                     | 9:22AM – 11:01AM         | Bharani Until 2:11PM           | Ganesha: Yellow  | Sunrise: 6:03AM | Sun 10                | Sutra 59      |
|   |                                  | 326296571     | Yama                                                                                                                                                                                                       | 6:03AM – 7:42AM          | Sukarma Until 2:01AM Fri       | Muruga: Clear    | Sunset: 7:18PM  | Moon 6 - Phase 9 - 10 | Sobhana 5125  |
|   | Creative Work                    | Siddha Yoga   | Rahu                                                                                                                                                                                                       | 2:20PM – 3:59PM          | Gara Until 8:35PM              | Nataraja: Blue   |                 | 2nd Phase             |               |
|   | Until 2:11PM                     |               |                                                                                                                                                                                                            | Dvadashi* Until 8:33AM   |                                | Moon – White     |                 | Sivaloka Day          |               |
|   | Then Routine Work - Marana Yoga  |               |                                                                                                                                                                                                            | Pradosha Vrata (Fasting) |                                | Jyeshtha*Ani     |                 |                       |               |
| 5 | Friday, June 16, 2023            |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau             |                          |                                |                  |                 |                       | Mumbai, India |
|   | Vrishabha Rasi: 5.08             | Tithi 28 – 29 | Gulika                                                                                                                                                                                                     | 7:43AM – 9:22AM          | Krittika Until 2:57PM          | Ganesha: Yellow  | Sunrise: 6:03AM | Sun 11                | Sutra 60      |
|   |                                  | 326296571     | Yama                                                                                                                                                                                                       | 3:59PM – 5:39PM          | Dhriti Until 1:22AM Sat        | Muruga: Clear    | Sunset: 7:18PM  | Moon 6 - Phase 9 - 11 | Sobhana 5125  |
|   | Creative Work                    | Siddha Yoga   | Rahu                                                                                                                                                                                                       | 11:01AM – 12:41PM        | Visti Until 8:54PM             | Nataraja: Blue   |                 | 2nd Phase             |               |
|   | Until 2:57PM                     |               |                                                                                                                                                                                                            | Trayodashi* Until 8:40AM |                                | Moon – White     |                 | Sivaloka Day          |               |
|   | Then Routine Work - Marana Yoga  |               |                                                                                                                                                                                                            |                          |                                | Jyeshtha*Ani     |                 |                       |               |
| ● | Saturday, June 17, 2023          |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau       |                          |                                |                  |                 |                       | Mumbai, India |
|   | Retreat Star                     |               | Gulika                                                                                                                                                                                                     | 6:03AM – 7:43AM          | Rohini Until 4:25PM            | Ganesha: Red     | Sunrise: 6:03AM | Sun 12                | Sutra 61      |
|   | Vrishabha Rasi: 17.52            | Tithi 29 – 30 | Yama                                                                                                                                                                                                       | 2:20PM – 3:59PM          | Shula* Until 1:01AM Sun        | Muruga: Clear    | Sunset: 7:18PM  | Moon 6 - Phase 9 - 12 | Sobhana 5125  |
|   |                                  | 336296571     | Rahu                                                                                                                                                                                                       | 9:22AM – 11:01AM         | Catuspada Until 9:38PM         | Nataraja: Blue   |                 | Amavasya              |               |
|   | Creative Work                    | Amrita Yoga   |                                                                                                                                                                                                            |                          | Chaturdashi* Until 9:12AM      | Moon – Yellow    |                 | Sivaloka Day          |               |
|   | Until 4:25PM                     |               |                                                                                                                                                                                                            |                          |                                | Jyeshtha*Ani     |                 |                       |               |
|   | Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                            |                          |                                |                  |                 |                       |               |
|   | Sunday, June 18, 2023            |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau                     |                          |                                |                  |                 |                       | Mumbai, India |
|   | Retreat Star                     |               | Gulika                                                                                                                                                                                                     | 4:00PM – 5:39PM          | Mrigashira Until 6:06PM        | Ganesha: Red     | Sunrise: 6:04AM | Sun 13                | Sutra 62      |
|   | Mithuna Rasi: 0.24               | Tithi 30 – 1  | Yama                                                                                                                                                                                                       | 12:41PM – 2:20PM         | Ganda* Until 12:59AM Mon       | Muruga: Yellow   | Sunset: 7:18PM  | Moon 6 - Phase 9 - 13 | Sobhana 5125  |
|   |                                  | 336216571     | Rahu                                                                                                                                                                                                       | 5:39PM – 7:18PM          | Kintughna Until 10:46PM        | Nataraja: Blue   |                 | Prathama              |               |
|   | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                            |                          | Amavasya* Until 10:08AM        | Moon – Yellow    |                 | Sivaloka Day          |               |
|   |                                  |               | Father's Day                                                                                                                                                                                               |                          |                                | Ashada*Ani       |                 |                       |               |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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|                                  |                          |                  |                                                                                                                                                                                               |                          |                              |                 |                 |                        |
|----------------------------------|--------------------------|------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------------|-----------------|-----------------|------------------------|
| 1                                | Monday, June 19, 2023    |                  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Vridhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau                    |                          |                              |                 | Mumbai, India   |                        |
|                                  |                          |                  | Gulika                                                                                                                                                                                        | 2:21PM – 4:00PM          | Ardra Until 8:01PM           | Ganesha: Red    | Sunrise: 6:04AM | Sun 14 Sutra 63        |
|                                  | Mithuna Rasi: 12.46      | Tithi 1 – 2      | Yama                                                                                                                                                                                          | 11:02AM – 12:41PM        | Vridhi Until 1:16AM Tue      | Muruga: Yellow  | Sunset: 7:19PM  | Sobhana 5125           |
|                                  | Family Home Evening      | 336216571        | Rahu                                                                                                                                                                                          | 7:43AM – 9:22AM          | Balava Until 12:17AM Tue     | Nataraja: Blue  |                 | Moon 6 - Phase 10 - 14 |
|                                  | Creative Work            | Siddha Yoga      |                                                                                                                                                                                               |                          | Prathama* Until 11:27AM      | Moon – Yellow   |                 | 3rd Phase              |
|                                  |                          | Until 8:01PM     |                                                                                                                                                                                               |                          |                              | Ashada*Ani      | Sivaloka Day    |                        |
| Then Creative Work - Amrita Yoga |                          |                  |                                                                                                                                                                                               |                          |                              |                 |                 |                        |
| 2                                | Tuesday, June 20, 2023   |                  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau          |                          |                              |                 | Mumbai, India   |                        |
|                                  |                          |                  | Gulika                                                                                                                                                                                        | 12:41PM – 2:21PM         | Punarvasu Until 10:37PM      | Ganesha: Yellow | Sunrise: 6:04AM | Sun 15 Sutra 64        |
|                                  | Mithuna Rasi: 24.58      | Tithi 2 – 3      | Yama                                                                                                                                                                                          | 9:23AM – 11:02AM         | Dhruva Until 1:47AM Wed      | Muruga: Yellow  | Sunset: 7:19PM  | Sobhana 5125           |
|                                  | 346216571                | Rahu             | 4:00PM – 5:40PM                                                                                                                                                                               | Taitila Until 2:08AM Wed |                              | Nataraja: Blue  |                 | Moon 6 - Phase 10 - 15 |
|                                  | Creative Work            | Siddha Yoga      |                                                                                                                                                                                               |                          | Dvitiya Until 1:09PM         | Moon – Blue     |                 | 3rd Phase              |
|                                  |                          |                  |                                                                                                                                                                                               |                          |                              | Ashada*Ani      | Sivaloka Day    |                        |
| 3                                | Wednesday, June 21, 2023 |                  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau               |                          |                              |                 | Mumbai, India   |                        |
|                                  |                          |                  | Gulika                                                                                                                                                                                        | 11:02AM – 12:42PM        | Pushya Until 1:19AM Thu      | Ganesha: Yellow | Sunrise: 6:04AM | Sun 16 Sutra 65        |
|                                  | Kataka Rasi: 7.01        | Tithi 3 – 4      | Yama                                                                                                                                                                                          | 7:44AM – 9:23AM          | Vyaghata* Until 2:33AM Thu   | Muruga: Yellow  | Sunset: 7:19PM  | Sobhana 5125           |
|                                  | 346216571                | Rahu             | 12:42PM – 2:21PM                                                                                                                                                                              | Vanija Until 4:18AM Thu  |                              | Nataraja: Blue  |                 | Moon 6 - Phase 10 - 16 |
|                                  | Creative Work            | Siddha Yoga      |                                                                                                                                                                                               |                          | Tritiya Until 3:10PM         | Moon – Blue     |                 | 3rd Phase              |
|                                  |                          |                  |                                                                                                                                                                                               |                          |                              | Ashada*Ani      | Sivaloka Day    |                        |
| 4                                | Thursday, June 22, 2023  |                  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau             |                          |                              |                 | Mumbai, India   |                        |
|                                  |                          |                  | Gulika                                                                                                                                                                                        | 9:23AM – 11:02AM         | Ashlesha* Until 4:04AM Fri   | Ganesha: Yellow | Sunrise: 6:04AM | Sun 17 Sutra 66        |
|                                  | Kataka Rasi: 18.59       | Tithi 4 – 5      | Yama                                                                                                                                                                                          | 6:04AM – 7:44AM          | Harshana Until 3:29AM Fri    | Muruga: Yellow  | Sunset: 7:19PM  | Sobhana 5125           |
|                                  | 346216571                | Rahu             | 2:21PM – 4:01PM                                                                                                                                                                               | Bava Until 6:39AM Fri    |                              | Nataraja: Blue  |                 | Moon 6 - Phase 10 - 17 |
|                                  | Creative Work            | Siddha Yoga      |                                                                                                                                                                                               |                          | Chaturthi* Until 5:26PM      | Moon – Blue     |                 | 3rd Phase              |
|                                  |                          | Until 4:04AM Fri |                                                                                                                                                                                               |                          |                              | Ashada*Ani      | Sivaloka Day    |                        |
| Then Routine Work - Marana Yoga  |                          |                  |                                                                                                                                                                                               |                          |                              |                 |                 |                        |
| 5                                | Friday, June 23, 2023    |                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau                          |                          |                              |                 | Mumbai, India   |                        |
|                                  |                          |                  | Gulika                                                                                                                                                                                        | 7:44AM – 9:23AM          | Magha* Until 7:13AM Sat      | Ganesha: Yellow | Sunrise: 6:05AM | Sun 18 Sutra 67        |
|                                  | Simha Rasi: 0.52         | Tithi 5          | Yama                                                                                                                                                                                          | 4:01PM – 5:40PM          | Vajra* Until 4:26AM Sat      | Muruga: Yellow  | Sunset: 7:20PM  | Sobhana 5125           |
|                                  | 357216571                | Rahu             | 11:03AM – 12:42PM                                                                                                                                                                             | Bava Until 6:39AM        |                              | Nataraja: Blue  |                 | Moon 6 - Phase 10 - 18 |
|                                  | Routine Work             | Marana Yoga      |                                                                                                                                                                                               |                          | Panchami Until 7:50PM        | Moon – Red      |                 | 3rd Phase              |
|                                  |                          | Until 7:13AM Sat |                                                                                                                                                                                               |                          |                              | Ashada*Ani      | Sivaloka Day    |                        |
| Then Creative Work - Siddha Yoga |                          |                  |                                                                                                                                                                                               |                          |                              |                 |                 |                        |
| 6                                | Saturday, June 24, 2023  |                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau        |                          |                              |                 | Mumbai, India   |                        |
|                                  |                          |                  | Gulika                                                                                                                                                                                        | 6:05AM – 7:44AM          | Magha* Until 7:13AM          | Ganesha: Yellow | Sunrise: 6:05AM | Sun 19 Sutra 68        |
|                                  | Simha Rasi: 12.43        | Tithi 6          | Yama                                                                                                                                                                                          | 2:22PM – 4:01PM          | Siddhi Until 5:20AM Sun      | Muruga: Yellow  | Sunset: 7:20PM  | Sobhana 5125           |
|                                  | 357216571                | Rahu             | 9:24AM – 11:03AM                                                                                                                                                                              | Kaulava Until 9:03AM     |                              | Nataraja: Blue  |                 | Moon 6 - Phase 10 - 19 |
|                                  | Creative Work            | Amrita Yoga      |                                                                                                                                                                                               |                          | Shashthi* Until 10:12PM      | Moon – Red      |                 | 3rd Phase              |
|                                  |                          | Until 7:13AM     |                                                                                                                                                                                               |                          |                              | Ashada*Ani      | Sivaloka Day    |                        |
| Then Creative Work - Siddha Yoga |                          |                  |                                                                                                                                                                                               |                          |                              |                 |                 |                        |
| D                                | Sunday, June 25, 2023    |                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau |                          |                              |                 | Mumbai, India   |                        |
|                                  | Retreat Star             |                  | Gulika                                                                                                                                                                                        | 4:01PM – 5:41PM          | Purvaphalguni Until 10:05AM  | Ganesha: Yellow | Sunrise: 6:05AM | Sun 20 Sutra 69        |
|                                  | Simha Rasi: 24.37        | Tithi 7          | Yama                                                                                                                                                                                          | 12:42PM – 2:22PM         | Vyatipata* Until 6:02AM Mon  | Muruga: Yellow  | Sunset: 7:20PM  | Sobhana 5125           |
|                                  | 357216571                | Rahu             | 5:41PM – 7:20PM                                                                                                                                                                               | Gara Until 11:20AM       |                              | Nataraja: Blue  |                 | Moon 6 - Phase 10 - 20 |
|                                  | Creative Work            | Siddha Yoga      |                                                                                                                                                                                               |                          | Saptami Until 12:20AM Mon    | Moon – Red      |                 | 3rd Phase              |
|                                  |                          | Until 10:05AM    | Chidambaram Abhishekam                                                                                                                                                                        |                          |                              | Ashada*Ani      | Sivaloka Day    |                        |
| Then Creative Work - Amrita Yoga |                          |                  |                                                                                                                                                                                               |                          |                              |                 |                 |                        |
| D                                | Monday, June 26, 2023    |                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashtamyam Titau  |                          |                              |                 | Mumbai, India   |                        |
|                                  | Retreat Star             |                  | Gulika                                                                                                                                                                                        | 2:22PM – 4:01PM          | Uttaraphalguni Until 12:29PM | Ganesha: Yellow | Sunrise: 6:05AM | Sun 21 Sutra 70        |
|                                  | Kanya Rasi: 6.38         | Tithi 8          | Yama                                                                                                                                                                                          | 11:03AM – 12:43PM        | Vyatipata* Until 6:02AM      | Muruga: Yellow  | Sunset: 7:20PM  | Sobhana 5125           |
|                                  | Family Home Evening      | 357216571        | Rahu                                                                                                                                                                                          | 7:45AM – 9:24AM          | Visti Until 1:16PM           | Nataraja: Blue  |                 | Moon 6 - Phase 10 - 21 |
|                                  | Creative Work            | Siddha Yoga      |                                                                                                                                                                                               |                          | Ashtami* Until 2:01AM Tue    | Moon – Red      |                 | Ashtami                |
|                                  |                          |                  |                                                                                                                                                                                               |                          |                              | Ashada*Ani      | Sivaloka Day    |                        |
| D                                | Tuesday, June 27, 2023   |                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau       |                          |                              |                 | Mumbai, India   |                        |
|                                  | Retreat Star             |                  | Gulika                                                                                                                                                                                        | 12:43PM – 2:22PM         | Hasta Until 2:40PM           | Ganesha: Clear  | Sunrise: 6:06AM | Sun 22 Sutra 71        |
|                                  | Kanya Rasi: 18.51        | Tithi 9          | Yama                                                                                                                                                                                          | 9:24AM – 11:04AM         | Variyan Until 6:19AM         | Muruga: Yellow  | Sunset: 7:20PM  | Sobhana 5125           |
|                                  | 367316571                | Rahu             | 4:02PM – 5:41PM                                                                                                                                                                               | Balava Until 2:39PM      |                              | Nataraja: Blue  |                 | Moon 6 - Phase 10 - 22 |
|                                  | Creative Work            | Siddha Yoga      |                                                                                                                                                                                               |                          | Navami* Until 3:03AM Wed     | Moon – Green    |                 | Navami                 |
|                                  |                          |                  |                                                                                                                                                                                               |                          |                              | Ashada*Ani      | Sivaloka Day    |                        |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.  
Shukla Yajur Veda

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|-------------------------------------------------------------------------------------|--------------------------|-----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|---------------------------|-----------------|-----------------|------------------------------|
| 1                                                                                   | Wednesday, June 28, 2023 |                 | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dashamyam Titau                                 |                           |                           |                 | Mumbai, India   |                              |
|                                                                                     | Tula Rasi: 1.21          | Tithi 10        | Gulika                                                                                                                                                                                                             | 11:04AM – 12:43PM         | Chitra Until 3:59PM       | Ganesha: Clear  | Sunrise: 6:06AM | Sun 23 Sutra 72              |
|                                                                                     |                          |                 | Yama                                                                                                                                                                                                               | 7:45AM – 9:24AM           | Parigha* Until 6:05AM     | Muruga: Yellow  | Sunset: 7:20PM  | Sobhana 5125                 |
|                                                                                     | 367316571                |                 | Rahu                                                                                                                                                                                                               | 12:43PM – 2:22PM          | Taitila Until 3:18PM      | Nataraja: Blue  |                 | Moon 6 - Phase 11 - 23       |
| Creative Work                                                                       | Siddha Yoga              |                 |                                                                                                                                                                                                                    | Dashami Until 3:18AM Thu  | Moon – Green              |                 | 4th Phase       |                              |
|                                                                                     |                          |                 |                                                                                                                                                                                                                    |                           | Ashada*Ani                |                 | Sivaloka Day    |                              |
| 2                                                                                   | Thursday, June 29, 2023  |                 | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Vishakha Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau                                      |                           |                           |                 | Mumbai, India   |                              |
|                                                                                     | Tula Rasi: 14.14         | Tithi 11        | Gulika                                                                                                                                                                                                             | 9:25AM – 11:04AM          | Svati Until 4:19PM        | Ganesha: White  | Sunrise: 6:06AM | Sun 24 Sutra 73              |
|                                                                                     |                          |                 | Yama                                                                                                                                                                                                               | 6:06AM – 7:45AM           | Siddha Until 3:41AM Fri   | Muruga: Yellow  | Sunset: 7:20PM  | Sobhana 5125                 |
|                                                                                     | 368316571                |                 | Rahu                                                                                                                                                                                                               | 2:23PM – 4:02PM           | Vanija Until 3:07PM       | Nataraja: Blue  |                 | Moon 6 - Phase 11 - 24       |
| Creative Work                                                                       | Amrita Yoga              |                 |                                                                                                                                                                                                                    | Ekadashi Until 2:41AM Fri | Moon – Green              |                 | 4th Phase       |                              |
| Until 4:19PM                                                                        |                          |                 |                                                                                                                                                                                                                    |                           | Ashada*Ani                |                 | Devaloka Day    |                              |
| Then Creative Work - Siddha Yoga                                                    |                          |                 |                                                                                                                                                                                                                    |                           |                           |                 |                 |                              |
| 3                                                                                   | Friday, June 30, 2023    |                 | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau                                    |                           |                           |                 | Mumbai, India   |                              |
|                                                                                     | Tula Rasi: 27.33         | Tithi 12        | Gulika                                                                                                                                                                                                             | 7:46AM – 9:25AM           | Vishakha Until 4:08PM     | Ganesha: Clear  | Sunrise: 6:06AM | Sun 25 Sutra 74              |
|                                                                                     |                          |                 | Yama                                                                                                                                                                                                               | 4:02PM – 5:41PM           | Sadhya Until 1:29AM Sat   | Muruga: Yellow  | Sunset: 7:21PM  | Sobhana 5125                 |
|                                                                                     | 378316571                |                 | Rahu                                                                                                                                                                                                               | 11:04AM – 12:44PM         | Bava Until 2:05PM         | Nataraja: Blue  |                 | Moon 6 - Phase 11 - 25       |
| Creative Work                                                                       | Siddha Yoga              |                 |                                                                                                                                                                                                                    | Dvadashi Until 1:15AM Sat | Moon – Orange             |                 | 4th Phase       |                              |
|                                                                                     |                          |                 |                                                                                                                                                                                                                    |                           | Ashada*Ani                |                 | Sivaloka Day    |                              |
| 4                                                                                   | Saturday, July 1, 2023   |                 | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau                              |                           |                           |                 | Mumbai, India   |                              |
|                                                                                     | Vrischika Rasi: 11.21    | Tithi 13        | Gulika                                                                                                                                                                                                             | 6:07AM – 7:46AM           | Anuradha Until 3:02PM     | Ganesha: Clear  | Sunrise: 6:07AM | Sun 26 Sutra 75              |
|                                                                                     |                          |                 | Yama                                                                                                                                                                                                               | 2:23PM – 4:02PM           | Subha Until 10:42PM       | Muruga: Yellow  | Sunset: 7:21PM  | Sobhana 5125                 |
|                                                                                     | 378316571                |                 | Rahu                                                                                                                                                                                                               | 9:25AM – 11:04AM          | Kaulava Until 12:17PM     | Nataraja: Blue  |                 | Moon 6 - Phase 11 - 26       |
| Creative Work                                                                       | Siddha Yoga              |                 |                                                                                                                                                                                                                    | Trayodashi Until 11:06PM  | Moon – Orange             |                 | 4th Phase       |                              |
|                                                                                     |                          |                 |                                                                                                                                                                                                                    |                           | Ashada*Ani                |                 | Sivaloka Day    |                              |
|                                                                                     |                          |                 |                                                                                                                                                                                                                    |                           | Pradosha Vrata            |                 |                 |                              |
| 5                                                                                   | Sunday, July 2, 2023     |                 | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau                                    |                           |                           |                 | Mumbai, India   |                              |
|                                                                                     | Vrischika Rasi: 25.35    | Tithi 14        | Gulika                                                                                                                                                                                                             | 4:02PM – 5:41PM           | Jyeshtha* Until 1:08PM    | Ganesha: Clear  | Sunrise: 6:07AM | Sun 27 Sutra 76              |
|                                                                                     |                          |                 | Yama                                                                                                                                                                                                               | 12:44PM – 2:23PM          | Sukla Until 7:24PM        | Muruga: Yellow  | Sunset: 7:21PM  | Sobhana 5125                 |
|                                                                                     | 378316571                |                 | Rahu                                                                                                                                                                                                               | 5:41PM – 7:21PM           | Gara Until 9:48AM         | Nataraja: Blue  |                 | Moon 6 - Phase 11 - 27       |
| Routine Work                                                                        | Marana Yoga              |                 |                                                                                                                                                                                                                    | Chaturdashi* Until 8:20PM | Moon – Orange             |                 | 4th Phase       |                              |
| Until 1:08PM                                                                        |                          |                 |                                                                                                                                                                                                                    |                           | Ashada*Ani                |                 | Sivaloka Day    |                              |
| Then Creative Work - Amrita Yoga                                                    |                          |                 |                                                                                                                                                                                                                    |                           |                           |                 |                 |                              |
|  | Monday, July 3, 2023     |                 | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti*/Balava Karana Purnima/Prathamayam Titau                 |                           |                           |                 | Mumbai, India   |                              |
|                                                                                     | Copper Retreat Star      |                 | Gulika                                                                                                                                                                                                             | 2:23PM – 4:02PM           | Mula* Until 11:01AM       | Ganesha: Purple | Sunrise: 6:07AM | Sutra 77                     |
|                                                                                     | Dhanus Rasi: 10.13       | Tithi 15 – 16   | Yama                                                                                                                                                                                                               | 11:05AM – 12:44PM         | Brahma Until 3:44PM       | Muruga: Yellow  | Sunset: 7:21PM  | Sobhana 5125                 |
|                                                                                     | 388316571                |                 | Rahu                                                                                                                                                                                                               | 7:47AM – 9:26AM           | Visti Until 6:48AM        | Nataraja: Blue  |                 | Moon 6 - Phase 11 - Purnima  |
| Creative Work                                                                       | Siddha Yoga              |                 |                                                                                                                                                                                                                    | Purnima* Until 5:09PM     | Moon – Light Blue         |                 |                 |                              |
| Until 11:01AM                                                                       |                          | Satguru Purnima |                                                                                                                                                                                                                    |                           | Ashada*Ani                |                 | Devaloka Day    |                              |
| Then Routine Work - Marana Yoga                                                     |                          |                 |                                                                                                                                                                                                                    |                           |                           |                 |                 |                              |
|                                                                                     | Tuesday, July 4, 2023    |                 | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau |                           |                           |                 | Mumbai, India   |                              |
|                                                                                     | Silver Retreat Star      |                 | Gulika                                                                                                                                                                                                             | 12:44PM – 2:23PM          | Purvashadha* Until 8:26AM | Ganesha: Purple | Sunrise: 6:08AM | Sutra 78                     |
|                                                                                     | Dhanus Rasi: 25.08       | Tithi 16 – 17   | Yama                                                                                                                                                                                                               | 9:26AM – 11:05AM          | Indra Until 11:51AM       | Muruga: Yellow  | Sunset: 7:21PM  | Sobhana 5125                 |
|                                                                                     | 388316571                |                 | Rahu                                                                                                                                                                                                               | 4:03PM – 5:42PM           | Taitila Until 11:55PM     | Nataraja: Blue  |                 | Moon 6 - Phase 11 - Prathama |
| Creative Work                                                                       | Siddha Yoga              |                 |                                                                                                                                                                                                                    | Prathama* Until 1:41PM    | Moon – Light Blue         |                 |                 |                              |
| Until 8:26AM                                                                        |                          |                 |                                                                                                                                                                                                                    |                           | Ashada*Ani                |                 | Devaloka Day    |                              |
| Then Routine Work - Prabalarishta Yoga                                              |                          |                 |                                                                                                                                                                                                                    |                           |                           |                 |                 |                              |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)





Wednesday, July 5, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mumbai, India

Sun 1 Sutra 79

Makara Rasi: 10.1 Tithi 17 – 18

Gulika

11:05AM – 12:44PM

Shravana Until 3:01AM Thu

Ganesha: Clear

Sunrise: 6:08AM

Sobhana 5125

398316571 Yama

Rahu

7:47AM – 9:26AM

Vaidhriti\* Until 7:50AM

Muruga: Yellow

Sunset: 7:21PM

Moon 7 - Phase 12 - 1

Creative Work Siddha Yoga

Rahu

12:44PM – 2:24PM

Vanija Until 8:22PM

Nataraja: Blue

Moon – Purple

Sivaloka Day

Ashada\*Ani

Dvitiya Until 10:07AM

1 Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Priti Yoga Visti\*/Balava Karana Tritiya/Chaturthayam Titau

Mumbai, India

Sun 2 Sutra 80

Makara Rasi: 25.11 Tithi 18 – 19

Gulika

9:26AM – 11:06AM

Dhanishtha Until 12:31AM Fri

Ganesha: Purple

Sunrise: 6:08AM

Sobhana 5125

399316571 Yama

Rahu

6:08AM – 7:47AM

Priti Until 12:06AM Fri

Muruga: Yellow

Sunset: 7:21PM

Moon 7 - Phase 12 - 2

Creative Work Siddha Yoga

Rahu

2:24PM – 4:03PM

Balava Until 3:20AM Fri

Nataraja: Blue

Moon – Purple

Subha Sivaloka Day

Tritiya Until 6:37AM

Ashada\*Ani

2 Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Mumbai, India

Sun 3 Sutra 81

Kumbha Rasi: 10.02 Tithi 20

Gulika

7:48AM – 9:27AM

Shatabhishak Until 10:13PM

Ganesha: Clear

Sunrise: 6:09AM

Sobhana 5125

499316571 Yama

Rahu

4:03PM – 5:42PM

Ayushman Until 8:34PM

Muruga: Yellow

Sunset: 7:21PM

Moon 7 - Phase 12 - 3

Creative Work Siddha Yoga

Rahu

11:06AM – 12:45PM

Kaulava Until 1:50PM

Nataraja: Blue

Moon – Purple

Sivaloka Day

Panchami Until 12:24AM Sat

Ashada\*Ani

3 Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Mumbai, India

Sun 4 Sutra 82

Kumbha Rasi: 24.35 Tithi 21

Gulika

6:09AM – 7:48AM

Purvaproshtapada\* Until 8:39PM

Ganesha: Yellow

Sunrise: 6:09AM

Sobhana 5125

419316571 Yama

Rahu

2:24PM – 4:03PM

Saubhagya Until 5:26PM

Muruga: Yellow

Sunset: 7:21PM

Moon 7 - Phase 12 - 4

Routine Work Marana Yoga

Rahu

9:27AM – 11:06AM

Gara Until 11:07AM

Nataraja: Blue

Moon – Clear

Sivaloka Day

Shashthi\* Until 9:56PM

Ashada\*Ani

4 Sunday, July 9, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

Mumbai, India

Sun 5 Sutra 83

Meena Rasi: 8.49 Tithi 22

Gulika

4:03PM – 5:42PM

Uttaraproshtapada Until 7:31PM

Ganesha: Yellow

Sunrise: 6:09AM

Sobhana 5125

419316571 Yama

Rahu

12:45PM – 2:24PM

Sobhana Until 2:45PM

Muruga: Yellow

Sunset: 7:21PM

Moon 7 - Phase 12 - 5

Creative Work Amrita Yoga

Rahu

5:42PM – 7:21PM

Visti Until 8:56AM

Nataraja: Blue

Moon – Clear

Sivaloka Day

Saptami Until 8:02PM

Ashada\*Ani

D Monday, July 10, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Mumbai, India

Sun 6 Sutra 84

Meena Rasi: 22.4 Tithi 23

Gulika

2:24PM – 4:03PM

Revati Until 6:50PM

Ganesha: Yellow

Sunrise: 6:10AM

Sobhana 5125

419316571 Yama

Rahu

11:06AM – 12:45PM

Athiganda\* Until 12:32PM

Muruga: Yellow

Sunset: 7:21PM

Moon 7 - Phase 12 - 6

Family Home Evening

Rahu

7:49AM – 9:27AM

Balava Until 7:20AM

Nataraja: Blue

Moon – Clear

Sivaloka Day

Ashtami\* Until 6:45PM

Ashada\*Ani

Tuesday, July 11, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ashvini Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Mumbai, India

Sun 7 Sutra 85

Mesha Rasi: 6.08 Tithi 24

Gulika

12:45PM – 2:24PM

Ashvini Until 7:03PM

Ganesha: Blue

Sunrise: 6:10AM

Sobhana 5125

429316571 Yama

Rahu

9:28AM – 11:07AM

Sukarma Until 10:51AM

Muruga: Yellow

Sunset: 7:21PM

Moon 7 - Phase 12 - 7

Creative Work Siddha Yoga

Rahu

4:03PM – 5:42PM

Taitila Until 6:21AM

Nataraja: Blue

Moon – White

Subha Sivaloka Day

Navami\* Until 6:04PM

Ashada\*Ani

|          |                                                                               |               |                                                                                                                                                                                |                                                                                                            |                                                                                                             |                                   |                                    |
|----------|-------------------------------------------------------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-----------------------------------|------------------------------------|
| <b>1</b> | <b>Wednesday, July 12, 2023</b>                                               |               | Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                                                                                                            |                                                                                                             |                                   | Mumbai, India                      |
|          |                                                                               |               | Sun 8 Sutra 86                                                                                                                                                                 |                                                                                                            |                                                                                                             |                                   | Sobhana 5125                       |
|          | Mesha Rasi: 19.17                                                             | Tithi 25 – 26 | <b>Gulika</b> 11:07AM – 12:45PM<br>Yama 7:49AM – 9:28AM<br>429316571 <b>Rahu</b> 12:45PM – 2:24PM                                                                              | <b>Bharani Until 7:42PM</b><br>Dhriti Until 9:38AM<br>Bava Until 6:10AM Thu<br><b>Dashami Until 5:59PM</b> | <b>Ganesha:</b> Blue<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Blue<br>Moon – White<br><b>Ashada*Ani</b> | Sunrise: 6:10AM<br>Sunset: 7:21PM | Moon 7 - Phase 13 - 8<br>2nd Phase |
|          | Creative Work Siddha Yoga<br>Until 7:42PM<br>Then Creative Work - Amrita Yoga |               | <b>Subha Sivaloka Day</b>                                                                                                                                                      |                                                                                                            |                                                                                                             |                                   |                                    |

|          |                                |          |                                                                                                                                                                                |                                                                                                           |                                                                                                             |                                   |                                    |
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| <b>2</b> | <b>Thursday, July 13, 2023</b> |          | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadashyam Titau |                                                                                                           |                                                                                                             |                                   | Mumbai, India                      |
|          |                                |          | Sun 9 Sutra 87                                                                                                                                                                 |                                                                                                           |                                                                                                             |                                   | Sobhana 5125                       |
|          | Mrishabha Rasi: 2.08           | Tithi 26 | <b>Gulika</b> 9:28AM – 11:07AM<br>Yama 6:11AM – 7:49AM<br>429316571 <b>Rahu</b> 2:24PM – 4:03PM                                                                                | <b>Krittika Until 8:42PM</b><br>Shula* Until 8:51AM<br>Bava Until 6:10AM<br><b>Ekadashi* Until 6:25PM</b> | <b>Ganesha:</b> Blue<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Blue<br>Moon – White<br><b>Ashada*Ani</b> | Sunrise: 6:11AM<br>Sunset: 7:20PM | Moon 7 - Phase 13 - 9<br>2nd Phase |
|          | Routine Work Marana Yoga       |          | <b>Subha Sivaloka Day</b>                                                                                                                                                      |                                                                                                           |                                                                                                             |                                   |                                    |

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|----------|-------------------------------------------------------------------------------|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|-----------------------------------|-------------------------------------|
| <b>3</b> | <b>Friday, July 14, 2023</b>                                                  |          | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                                                                                             |                                                                                                               |                                   | Mumbai, India                       |
|          |                                                                               |          | Sun 10 Sutra 88                                                                                                                                                                   |                                                                                                             |                                                                                                               |                                   | Sobhana 5125                        |
|          | Mrishabha Rasi: 14.47                                                         | Tithi 27 | <b>Gulika</b> 7:50AM – 9:28AM<br>Yama 4:03PM – 5:42PM<br>431316571 <b>Rahu</b> 11:07AM – 12:46PM                                                                                  | <b>Rohini Until 10:26PM</b><br>Ganda* Until 8:26AM<br>Kaulava Until 6:50AM<br><b>Dvadashi* Until 7:18PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Blue<br>Moon – Yellow<br><b>Ashada*Ani</b> | Sunrise: 6:11AM<br>Sunset: 7:20PM | Moon 7 - Phase 13 - 10<br>2nd Phase |
|          | Routine Work Marana Yoga<br>Until 10:26PM<br>Then Creative Work - Siddha Yoga |          | <b>Sivaloka Day</b>                                                                                                                                                               |                                                                                                             |                                                                                                               |                                   |                                     |

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| <b>4</b> | <b>Saturday, July 15, 2023</b> |          | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau |                                                                                                                    |                                                                                                               |                                   | Mumbai, India                       |
|          |                                |          | Sun 11 Sutra 89                                                                                                                                                                     |                                                                                                                    |                                                                                                               |                                   | Sobhana 5125                        |
|          | Mrishabha Rasi: 27.13          | Tithi 28 | <b>Gulika</b> 6:11AM – 7:50AM<br>Yama 2:24PM – 4:03PM<br>431316571 <b>Rahu</b> 9:29AM – 11:07AM                                                                                     | <b>Mrigashira Until 12:23AM Sun</b><br>Vridhi Until 8:21AM<br>Gara Until 7:54AM<br><b>Trayodashi* Until 8:34PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Blue<br>Moon – Yellow<br><b>Ashada*Ani</b> | Sunrise: 6:11AM<br>Sunset: 7:20PM | Moon 7 - Phase 13 - 11<br>2nd Phase |
|          | Creative Work Siddha Yoga      |          | <b>Sivaloka Day</b>                                                                                                                                                                 |                                                                                                                    |                                                                                                               |                                   |                                     |

Pradosha Vrata (Fasting)

|          |                                                                                   |          |                                                                                                                                                                                       |                                                                                                                 |                                                                                                               |                                   |                                     |
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| <b>5</b> | <b>Sunday, July 16, 2023</b>                                                      |          | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                                                                                                                 |                                                                                                               |                                   | Mumbai, India                       |
|          |                                                                                   |          | Sun 12 Sutra 90                                                                                                                                                                       |                                                                                                                 |                                                                                                               |                                   | Sobhana 5125                        |
|          | Mithuna Rasi: 9.31                                                                | Tithi 29 | <b>Gulika</b> 4:03PM – 5:42PM<br>Yama 12:46PM – 2:24PM<br>431316571 <b>Rahu</b> 5:42PM – 7:20PM                                                                                       | <b>Ardra Until 2:29AM Mon</b><br>Dhruva Until 8:32AM<br>Visti Until 9:20AM<br><b>Chaturdashi* Until 10:09PM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Blue<br>Moon – Yellow<br><b>Ashada*Ani</b> | Sunrise: 6:12AM<br>Sunset: 7:20PM | Moon 7 - Phase 13 - 12<br>2nd Phase |
|          | Creative Work Siddha Yoga<br>Until 2:29AM Mon<br>Then Creative Work - Amrita Yoga |          | <b>Sivaloka Day</b>                                                                                                                                                                   |                                                                                                                 |                                                                                                               |                                   |                                     |

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|  | <b>Monday, July 17, 2023</b>                                                      |          | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                                                                                                              |                                                                                                                |                                   | Mumbai, India                      |
|                                                                                     | <b>Retreat Star</b>                                                               |          | Sun 13 Sutra 91                                                                                                                                                                           |                                                                                                                              |                                                                                                                |                                   | Sobhana 5125                       |
|                                                                                     | Mithuna Rasi: 21.41                                                               | Tithi 30 | <b>Gulika</b> 2:24PM – 4:03PM<br>Yama 11:08AM – 12:46PM<br>441316572 <b>Rahu</b> 7:51AM – 9:29AM                                                                                          | <b>Punarvasu Until 5:10AM Tue</b><br>Vyaghata* Until 8:57AM<br>Catuspada Until 11:05AM<br><b>Amavasya* Until 12:02AM Tue</b> | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Blue<br><b>Ashada*Adi</b> | Sunrise: 6:12AM<br>Sunset: 7:20PM | Moon 7 - Phase 13 - 13<br>Amavasya |
|                                                                                     | Creative Work Amrita Yoga<br>Until 5:10AM Tue<br>Then Creative Work - Siddha Yoga |          | <b>Devaloka Day</b>                                                                                                                                                                       |                                                                                                                              |                                                                                                                |                                   |                                    |

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|  | <b>Tuesday, July 18, 2023</b> |         | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau |                                                                                                                        |                                                                                                                        |                                   | Mumbai, India                      |
|  | <b>Retreat Star</b>           |         | Sun 14 Sutra 92                                                                                                                                                                     |                                                                                                                        |                                                                                                                        |                                   | Sobhana 5125                       |
|  | Kataka Rasi: 3.44             | Tithi 1 | <b>Gulika</b> 12:46PM – 2:24PM<br>Yama 9:29AM – 11:08AM<br>441316572 <b>Rahu</b> 4:03PM – 5:41PM                                                                                    | <b>Pushya Until 7:56AM Wed</b><br>Harshana Until 9:35AM<br>Kintughna Until 1:05PM<br><b>Prathama* Until 2:09AM Wed</b> | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Blue<br><b>Sravana Adhika*Adi</b> | Sunrise: 6:12AM<br>Sunset: 7:20PM | Moon 7 - Phase 13 - 14<br>Prathama |
|  | Creative Work Siddha Yoga     |         | <b>Devaloka Day</b>                                                                                                                                                                 |                                                                                                                        |                                                                                                                        |                                   |                                    |

|   |                          |             |                                                                                                                                                                                                               |                                      |                                                      |                                                       |                                                                         |
|---|--------------------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------------------------------|
| 1 | Wednesday, July 19, 2023 |             | Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau                               |                                      |                                                      |                                                       | Mumbai, India                                                           |
|   | Kataka Rasi: 15.41       | Tithi 2     | Gulika<br>Yama                                                                                                                                                                                                | 11:08AM – 12:46PM<br>7:51AM – 9:30AM | Pushya Until 7:56AM<br>Vajra* Until 10:23AM          | Ganesha: Orange<br>Muruga: Yellow<br>Nataraja: Yellow | Sunrise: 6:13AM<br>Sunset: 7:19PM<br>Moon 7 - Phase 14 - 15             |
|   | Creative Work            | Siddha Yoga | 441316572 Rahu                                                                                                                                                                                                | 12:46PM – 2:24PM                     | Balava Until 3:19PM<br>Dvitiya Until 4:29AM Thu      | Moon – Blue<br>Sravana Adhika•Adi                     | Sobhana 5125<br>3rd Phase<br>Devaloka Day                               |
| 2 | Thursday, July 20, 2023  |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau                      |                                      |                                                      |                                                       | Mumbai, India                                                           |
|   | Kataka Rasi: 27.35       | Tithi 3     | Gulika<br>Yama                                                                                                                                                                                                | 9:30AM – 11:08AM<br>6:13AM – 7:51AM  | Ashlesha* Until 10:42AM<br>Siddhi Until 11:19AM      | Ganesha: Orange<br>Muruga: Yellow<br>Nataraja: Yellow | Sunrise: 6:13AM<br>Sunset: 7:19PM<br>Moon 7 - Phase 14 - 16             |
|   | Creative Work            | Siddha Yoga | 441316572 Rahu                                                                                                                                                                                                | 2:24PM – 4:03PM                      | Taitila Until 5:43PM<br>Tritiya Until 6:55AM Fri     | Moon – Blue<br>Sravana Adhika•Adi                     | Sobhana 5125<br>3rd Phase<br>Devaloka Day                               |
| 3 | Friday, July 21, 2023    |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau        |                                      |                                                      |                                                       | Mumbai, India                                                           |
|   | Simha Rasi: 9.26         | Tithi 3 – 4 | Gulika<br>Yama                                                                                                                                                                                                | 7:52AM – 9:30AM<br>4:03PM – 5:41PM   | Magha* Until 1:54PM<br>Vyatipata* Until 12:21PM      | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow  | Sunrise: 6:14AM<br>Sunset: 7:19PM<br>Moon 7 - Phase 14 - 17             |
|   | Routine Work             | Marana Yoga | 451316572 Rahu                                                                                                                                                                                                | 11:08AM – 12:46PM                    | Vanija Until 8:11PM<br>Tritiya Until 6:55AM          | Moon – Red<br>Sravana Adhika•Adi                      | Sobhana 5125<br>3rd Phase<br>Devaloka Day                               |
| 4 | Saturday, July 22, 2023  |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                      |                                                      |                                                       | Mumbai, India                                                           |
|   | Simha Rasi: 21.16        | Tithi 4 – 5 | Gulika<br>Yama                                                                                                                                                                                                | 6:14AM – 7:52AM<br>2:24PM – 4:03PM   | Purvaphalguni Until 4:54PM<br>Variyan Until 1:20PM   | Ganesha: White<br>Muruga: Yellow<br>Nataraja: Yellow  | Sunrise: 6:14AM<br>Sunset: 7:19PM<br>Moon 7 - Phase 14 - 18             |
|   | Creative Work            | Siddha Yoga | 451416572 Rahu                                                                                                                                                                                                | 9:30AM – 11:08AM                     | Bava Until 10:35PM<br>Chaturthi* Until 9:23AM        | Moon – Red<br>Sravana Adhika•Adi                      | Sobhana 5125<br>3rd Phase<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |
| 5 | Sunday, July 23, 2023    |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau               |                                      |                                                      |                                                       | Mumbai, India                                                           |
|   | Kanya Rasi: 3.09         | Tithi 5 – 6 | Gulika<br>Yama                                                                                                                                                                                                | 4:02PM – 5:40PM<br>12:46PM – 2:24PM  | Uttaraphalguni Until 7:33PM<br>Parigha* Until 2:12PM | Ganesha: White<br>Muruga: Yellow<br>Nataraja: Yellow  | Sunrise: 6:14AM<br>Sunset: 7:18PM<br>Moon 7 - Phase 14 - 19             |
|   | Creative Work            | Amrita Yoga | 451416572 Rahu                                                                                                                                                                                                | 5:40PM – 7:18PM                      | Kaulava Until 12:46AM Mon<br>Panchami Until 11:42AM  | Moon – Red<br>Sravana Adhika•Adi                      | Sobhana 5125<br>3rd Phase<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |
| 6 | Monday, July 24, 2023    |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                              |                                      |                                                      |                                                       | Mumbai, India                                                           |
|   | Kanya Rasi: 15.08        | Tithi 6 – 7 | Gulika<br>Yama                                                                                                                                                                                                | 2:24PM – 4:02PM<br>11:08AM – 12:46PM | Hasta Until 10:10PM<br>Shiva Until 2:49PM            | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Yellow | Sunrise: 6:15AM<br>Sunset: 7:18PM<br>Moon 7 - Phase 14 - 20             |
|   | Family Home Evening      |             | 462416572 Rahu                                                                                                                                                                                                | 7:53AM – 9:30AM                      | Gara Until 2:30AM Tue<br>Shashthi* Until 1:41PM      | Moon – Green<br>Sravana Adhika•Adi                    | Sobhana 5125<br>3rd Phase<br>Sivaloka Day                               |
| D | Tuesday, July 25, 2023   |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                         |                                      |                                                      |                                                       | Mumbai, India                                                           |
|   | Retreat Star             |             | Gulika<br>Yama                                                                                                                                                                                                | 12:46PM – 2:24PM<br>9:31AM – 11:09AM | Chitra Until 12:02AM Wed<br>Siddha Until 3:00PM      | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Yellow | Sunrise: 6:15AM<br>Sunset: 7:18PM<br>Moon 7 - Phase 14 - 21             |
|   | Kanya Rasi: 27.19        | Tithi 7 – 8 | 462416572 Rahu                                                                                                                                                                                                | 4:02PM – 5:40PM                      | Visti Until 3:37AM Wed<br>Saptami Until 3:08PM       | Moon – Green<br>Sravana Adhika•Adi                    | Ashtami<br>Sivaloka Day                                                 |
|   | Wednesday, July 26, 2023 |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau                                |                                      |                                                      |                                                       | Mumbai, India                                                           |
|   | Retreat Star             |             | Gulika<br>Yama                                                                                                                                                                                                | 11:09AM – 12:46PM<br>7:53AM – 9:31AM | Svati Until 12:59AM Thu<br>Sadhya Until 2:37PM       | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Yellow | Sunrise: 6:15AM<br>Sunset: 7:18PM<br>Moon 7 - Phase 14 - 22             |
|   | Tula Rasi: 9.47          | Tithi 8 – 9 | 462416572 Rahu                                                                                                                                                                                                | 12:46PM – 2:24PM                     | Balava Until 3:57AM Thu<br>Ashtami* Until 3:52PM     | Moon – Green<br>Sravana Adhika•Adi                    | Navami<br>Sivaloka Day                                                  |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

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|                                        |                           |                        |                                                                                                                                                                                                    |                            |                    |                 |                        |
|----------------------------------------|---------------------------|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|--------------------|-----------------|------------------------|
| 1                                      | Thursday, July 27, 2023   |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau                |                            |                    |                 | Mumbai, India          |
|                                        | Tula Rasi: 22.37          | Tithi 9 – 10           | Gulika 9:31AM – 11:09AM                                                                                                                                                                            | Vishakha Until 1:25AM Fri  | Ganesha: Clear     | Sunrise: 6:16AM | Sun 23 Sutra 101       |
|                                        | 472416572                 | Rahu 2:24PM – 4:02PM   | Yama 6:16AM – 7:53AM                                                                                                                                                                               | Subha Until 1:37PM         | Muruga: Yellow     | Sunset: 7:17PM  | Sobhana 5125           |
| Creative Work                          | Siddha Yoga               |                        |                                                                                                                                                                                                    | Taitila Until 3:25AM Fri   | Nataraja: Yellow   |                 | Moon 7 - Phase 15 - 23 |
|                                        |                           |                        |                                                                                                                                                                                                    | Navami* Until 3:46PM       | Moon – Orange      |                 | 4th Phase              |
|                                        |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika•Adi | Devaloka Day    |                        |
| 2                                      | Friday, July 28, 2023     |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha Nakshatra Subha/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau                |                            |                    |                 | Mumbai, India          |
|                                        | Vrischika Rasi: 5.53      | Tithi 10 – 11          | Gulika 7:54AM – 9:31AM                                                                                                                                                                             | Anuradha Until 12:51AM Sat | Ganesha: Clear     | Sunrise: 6:16AM | Sun 24 Sutra 102       |
|                                        | 472416572                 | Rahu 11:09AM – 12:46PM | Yama 4:02PM – 5:39PM                                                                                                                                                                               | Sukla Until 11:53AM        | Muruga: Yellow     | Sunset: 7:17PM  | Sobhana 5125           |
| Creative Work                          | Siddha Yoga               |                        |                                                                                                                                                                                                    | Vanija Until 2:01AM Sat    | Nataraja: Yellow   |                 | Moon 7 - Phase 15 - 24 |
|                                        |                           |                        |                                                                                                                                                                                                    | Dashami Until 2:48PM       | Moon – Orange      |                 | 4th Phase              |
|                                        |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika•Adi | Devaloka Day    |                        |
| 3                                      | Saturday, July 29, 2023   |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau              |                            |                    |                 | Mumbai, India          |
|                                        | Vrischika Rasi: 19.39     | Tithi 11 – 12          | Gulika 6:16AM – 7:54AM                                                                                                                                                                             | Jyeshtha* Until 11:21PM    | Ganesha: Clear     | Sunrise: 6:16AM | Sun 25 Sutra 103       |
|                                        | 472416572                 | Rahu 9:31AM – 11:09AM  | Yama 2:24PM – 4:01PM                                                                                                                                                                               | Brahma Until 9:29AM        | Muruga: Yellow     | Sunset: 7:16PM  | Sobhana 5125           |
| Creative Work                          | Siddha Yoga               |                        |                                                                                                                                                                                                    | Bava Until 11:51PM         | Nataraja: Yellow   |                 | Moon 7 - Phase 15 - 25 |
|                                        |                           |                        |                                                                                                                                                                                                    | Ekadashi Until 1:01PM      | Moon – Orange      |                 | 4th Phase              |
|                                        |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika•Adi | Devaloka Day    |                        |
| 4                                      | Sunday, July 30, 2023     |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau         |                            |                    |                 | Mumbai, India          |
|                                        | Dhanus Rasi: 3.54         | Tithi 12 – 13          | Gulika 4:01PM – 5:39PM                                                                                                                                                                             | Mula* Until 9:28PM         | Ganesha: White     | Sunrise: 6:17AM | Sun 26 Sutra 104       |
|                                        | 482416572                 | Rahu 5:39PM – 7:16PM   | Yama 12:46PM – 2:24PM                                                                                                                                                                              | Indra Until 6:29AM         | Muruga: Yellow     | Sunset: 7:16PM  | Sobhana 5125           |
| Creative Work                          | Amrita Yoga               |                        |                                                                                                                                                                                                    | Kaulava Until 9:01PM       | Nataraja: Yellow   |                 | Moon 7 - Phase 15 - 26 |
| Until 9:28PM                           |                           |                        |                                                                                                                                                                                                    | Dvadashi Until 10:29AM     | Moon – Light Blue  |                 | 4th Phase              |
| Then Creative Work - Siddha Yoga       |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika•Adi | Sivaloka Day    |                        |
|                                        |                           |                        |                                                                                                                                                                                                    |                            | Pradosha Vrata     |                 |                        |
| 5                                      | Monday, July 31, 2023     |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha* Nakshatra Vishkambha* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau     |                            |                    |                 | Mumbai, India          |
|                                        | Dhanus Rasi: 18.35        | Tithi 13 – 14          | Gulika 2:24PM – 4:01PM                                                                                                                                                                             | Purvashadha* Until 6:55PM  | Ganesha: White     | Sunrise: 6:17AM | Sun 27 Sutra 105       |
|                                        | 482416572                 | Rahu 7:54AM – 9:32AM   | Yama 11:09AM – 12:46PM                                                                                                                                                                             | Vishkambha* Until 11:02PM  | Muruga: Yellow     | Sunset: 7:16PM  | Sobhana 5125           |
| Family Home Evening                    |                           |                        |                                                                                                                                                                                                    | Vanija Until 3:51AM Tue    | Nataraja: Yellow   |                 | Moon 7 - Phase 15 - 27 |
| Routine Work                           | Marana Yoga               |                        |                                                                                                                                                                                                    | Trayodashi Until 7:23AM    | Moon – Light Blue  |                 | 4th Phase              |
|                                        |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika•Adi | Sivaloka Day    |                        |
| O                                      | Tuesday, August 1, 2023   |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Priti Yoga Visti*/Bava Karana Purnimayam Titau                |                            |                    |                 | Mumbai, India          |
|                                        | Copper Retreat Star       |                        | Gulika 12:46PM – 2:23PM                                                                                                                                                                            | Uttarashadha Until 3:55PM  | Ganesha: White     | Sunrise: 6:17AM | Sutra 106              |
|                                        | Makara Rasi: 3.37         | Tithi 15               | Yama 9:32AM – 11:09AM                                                                                                                                                                              | Priti Until 6:53PM         | Muruga: Yellow     | Sunset: 7:15PM  | Sobhana 5125           |
|                                        |                           |                        | Rahu 4:01PM – 5:38PM                                                                                                                                                                               | Visti Until 2:00PM         | Nataraja: Yellow   |                 | Moon 7 - Phase 15 -    |
| Routine Work                           | Prabalarishta Yoga        |                        |                                                                                                                                                                                                    | Purnima* Until 12:04AM Wed | Moon – Light Blue  |                 | Purnima                |
| Until 3:55PM                           |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika•Adi | Sivaloka Day    |                        |
| Then Creative Work - Siddha Yoga       |                           |                        |                                                                                                                                                                                                    |                            |                    |                 |                        |
| O                                      | Wednesday, August 2, 2023 |                        | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau |                            |                    |                 | Mumbai, India          |
|                                        | Silver Retreat Star       |                        | Gulika 11:09AM – 12:46PM                                                                                                                                                                           | Shravana Until 1:02PM      | Ganesha: Yellow    | Sunrise: 6:18AM | Sutra 107              |
|                                        | Makara Rasi: 18.51        | Tithi 16               | Yama 7:55AM – 9:32AM                                                                                                                                                                               | Ayushman Until 2:36PM      | Muruga: Yellow     | Sunset: 7:15PM  | Sobhana 5125           |
|                                        |                           |                        | Rahu 12:46PM – 2:23PM                                                                                                                                                                              | Balava Until 10:09AM       | Nataraja: Yellow   |                 | Moon 7 - Phase 15 -    |
| Creative Work                          | Siddha Yoga               |                        |                                                                                                                                                                                                    | Prathama* Until 8:12PM     | Moon – Purple      |                 | Prathama               |
| Until 1:02PM                           |                           |                        |                                                                                                                                                                                                    |                            | Sravana Adhika•Adi | Devaloka Day    |                        |
| Then Routine Work - Prabalarishta Yoga |                           |                        |                                                                                                                                                                                                    |                            |                    |                 |                        |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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Thursday, August 3, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Mumbai, India

Sun 1 Sutra 108

Kumbha Rasi: 4.06

Tithi 17 – 18

Gulika

9:32AM – 11:09AM

Dhanishtha Until 10:02AM

Ganesha: Yellow

Sunrise: 6:18AM

Sobhana 5125

Yama

6:18AM – 7:55AM

Saubhagya Until 10:23AM

Muruga: Yellow

Sunset: 7:14PM

Moon 8 - Phase 16 - 1

492416572 Rahu

2:23PM – 4:00PM

Taitila Until 6:18AM

Nataraja: Yellow

Moon – Purple

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

1

Friday, August 4, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Karana Chaturthiyam Titau

Mumbai, India

Sun 2 Sutra 109

Kumbha Rasi: 19.13

Tithi 18 – 19

Gulika

7:55AM – 9:32AM

Shatabhishak Until 7:07AM

Ganesha: Yellow

Sunrise: 6:18AM

Sobhana 5125

Yama

4:00PM – 5:37PM

Sobhana Until 6:20AM

Muruga: Yellow

Sunset: 7:14PM

Moon 8 - Phase 16 - 2

492416572 Rahu

11:09AM – 12:46PM

Bava Until 11:18PM

Nataraja: Yellow

Moon – Purple

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

2

Saturday, August 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mumbai, India

Sun 3 Sutra 110

Meena Rasi: 4.02

Tithi 19 – 20

Gulika

6:19AM – 7:55AM

Uttaraproshtapada Until 2:58AM Sun

Ganesha: Clear

Sunrise: 6:19AM

Sobhana 5125

Yama

2:23PM – 4:00PM

Sukarma Until 11:15PM

Muruga: Yellow

Sunset: 7:13PM

Moon 8 - Phase 16 - 3

412416572 Rahu

9:32AM – 11:09AM

Kaulava Until 8:27PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

Until 2:58AM Sun

Then Creative Work - Amrita Yoga

3

Sunday, August 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mumbai, India

Sun 4 Sutra 111

Meena Rasi: 18.28

Tithi 20 – 21

Gulika

3:59PM – 5:36PM

Revati Until 1:35AM Mon

Ganesha: White

Sunrise: 6:19AM

Sobhana 5125

Yama

12:46PM – 2:23PM

Dhriti Until 8:28PM

Muruga: Yellow

Sunset: 7:13PM

Moon 8 - Phase 16 - 4

413416572 Rahu

5:36PM – 7:13PM

Gara Until 6:14PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika•Adi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 1:35AM Mon

Then Creative Work - Siddha Yoga

4

Monday, August 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Shula\* Yoga Visti\*/Bava Karana Saptamyam Titau

Mumbai, India

Sun 5 Sutra 112

Mesha Rasi: 2.26

Tithi 22

Gulika

2:22PM – 3:59PM

Ashvini Until 1:14AM Tue

Ganesha: Clear

Sunrise: 6:19AM

Sobhana 5125

Yama

11:09AM – 12:46PM

Shula\* Until 6:14PM

Muruga: Yellow

Sunset: 7:12PM

Moon 8 - Phase 16 - 5

423416572 Rahu

7:56AM – 9:32AM

Visti Until 4:43PM

Nataraja: Yellow

Moon – White

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

Saptami Until 4:13AM Tue

D

Tuesday, August 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Ganda\*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Mumbai, India

Sun 6 Sutra 113

Mesha Rasi: 15.58

Tithi 23

Gulika

12:46PM – 2:22PM

Bharani Until 1:29AM Wed

Ganesha: Clear

Sunrise: 6:19AM

Sobhana 5125

Yama

9:33AM – 11:09AM

Ganda\* Until 4:38PM

Muruga: Yellow

Sunset: 7:12PM

Moon 8 - Phase 16 - 6

423416572 Rahu

3:59PM – 5:35PM

Balava Until 3:58PM

Nataraja: Yellow

Moon – White

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

Until 1:29AM Wed

Then Creative Work - Amrita Yoga

Ashtami\* Until 3:51AM Wed

Wednesday, August 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Mumbai, India

Sun 7 Sutra 114

Mesha Rasi: 29.05

Tithi 24

Gulika

11:09AM – 12:45PM

Krittika Until 2:17AM Thu

Ganesha: Clear

Sunrise: 6:20AM

Sobhana 5125

Yama

7:56AM – 9:33AM

Vriddhi Until 3:38PM

Muruga: Yellow

Sunset: 7:11PM

Moon 8 - Phase 16 - 7

423416572 Rahu

12:45PM – 2:22PM

Taitila Until 3:57PM

Nataraja: Yellow

Moon – White

Sravana Adhika•Adi

Devaloka Day

Creative Work Amrita Yoga

Until 2:17AM Thu

Then Routine Work - Marana Yoga

Navami\* Until 4:10AM Thu

|                                  |                           |             |                                                                                                                                                                         |                          |                         |                    |                       |                             |               |
|----------------------------------|---------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------|--------------------|-----------------------|-----------------------------|---------------|
| 1                                | Thursday, August 10, 2023 |             | Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau |                          |                         |                    |                       |                             | Mumbai, India |
|                                  |                           |             | Gulika                                                                                                                                                                  | 9:33AM – 11:09AM         | Rohini Until 4:00AM Fri | Ganesha: Purple    | Sunrise: 6:20AM       | Sun 8                       | Sutra 115     |
|                                  | Vrishabha Rasi: 11.52     | Tithi 25    | Yama                                                                                                                                                                    | 6:20AM – 7:56AM          | Dhruva Until 3:08PM     | Muruga: Yellow     | Sunset: 7:11PM        | Sobhana 5125                |               |
|                                  | 433416572                 |             | Rahu                                                                                                                                                                    | 2:22PM – 3:58PM          | Vanija Until 4:36PM     | Nataraja: Yellow   | Moon 8 - Phase 17 - 8 |                             |               |
|                                  |                           |             |                                                                                                                                                                         |                          |                         | Moon – Yellow      | 2nd Phase             |                             |               |
| Routine Work                     |                           | Marana Yoga |                                                                                                                                                                         |                          |                         | Bhuloka Day        |                       |                             |               |
| Until 4:00AM Fri                 |                           |             |                                                                                                                                                                         | Dashami Until 5:07AM Fri |                         | Sravana Adhika*Adi |                       | Devaloka Time: 3:PM to 6:PM |               |
| Then Creative Work - Siddha Yoga |                           |             |                                                                                                                                                                         |                          |                         |                    |                       |                             |               |

|                       |                         |             |  |                                                                                                   |                   |                             |                  |                 |                       |                 |
|-----------------------|-------------------------|-------------|--|---------------------------------------------------------------------------------------------------|-------------------|-----------------------------|------------------|-----------------|-----------------------|-----------------|
| 2                     | Friday, August 11, 2023 |             |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam |                   |                             |                  |                 |                       | Mumbai, India   |
|                       |                         |             |  | Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau                  |                   |                             |                  |                 |                       | Sun 9 Sutra 116 |
|                       |                         |             |  | Gulika                                                                                            | 7:57AM – 9:33AM   | Mrigashira Until 6:03AM Sat | Ganesha: Purple  | Sunrise: 6:20AM | Sobhana 5125          |                 |
|                       |                         |             |  | Yama                                                                                              | 3:58PM – 5:34PM   | Vyaghata* Until 3:05PM      | Muruga: Yellow   | Sunset: 7:10PM  | Moon 8 - Phase 17 - 9 |                 |
|                       |                         |             |  | 433416572 Rahu                                                                                    | 11:09AM – 12:45PM | Bava Until 5:48PM           | Nataraja: Yellow |                 | 2nd Phase             |                 |
| Vrishabha Rasi: 24.21 |                         | Tithi 26    |  |                                                                                                   |                   |                             |                  |                 |                       |                 |
| Creative Work         |                         | Siddha Yoga |  |                                                                                                   |                   |                             |                  |                 |                       |                 |
|                       |                         |             |  | Ekadashi* Until 6:33AM Sat                                                                        |                   |                             |                  |                 |                       |                 |
|                       |                         |             |  | Sraavana Adhika*Adi                                                                               |                   |                             |                  |                 |                       | Bhuloka Day     |
|                       |                         |             |  | Devaloka Time: 3:PM to 6:PM                                                                       |                   |                             |                  |                 |                       |                 |

|   |                           |               |                                                                                                                                                                                                      |                        |                         |                             |                 |                        |               |
|---|---------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|-------------------------|-----------------------------|-----------------|------------------------|---------------|
| 3 | Saturday, August 12, 2023 |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        |                         |                             |                 |                        | Mumbai, India |
|   |                           |               | Gulika                                                                                                                                                                                               | 6:21AM – 7:57AM        | Mrigashira Until 6:03AM | Ganesha: Purple             | Sunrise: 6:21AM | Sun 10                 | Sutra 117     |
|   | Mithuna Rasi: 6.38        | Tithi 26 – 27 | Yama                                                                                                                                                                                                 | 2:21PM – 3:57PM        | Harshana Until 3:23PM   | Muruga: Yellow              | Sunset: 7:09PM  | Moon 8 - Phase 17 - 10 | Sobhana 5125  |
|   |                           | 433416572     | Rahu                                                                                                                                                                                                 | 9:33AM – 11:09AM       | Kaulava Until 7:26PM    | Nataraja: Yellow            |                 |                        | 2nd Phase     |
|   | Creative Work             | Siddha Yoga   |                                                                                                                                                                                                      |                        |                         | Moon – Yellow               |                 |                        |               |
|   |                           |               |                                                                                                                                                                                                      | Ekadashi* Until 6:33AM | Sravana Adhika•Adi      | Bhuloka Day                 |                 |                        |               |
|   |                           |               |                                                                                                                                                                                                      |                        |                         | Devaloka Time: 3:PM to 6:PM |                 |                        |               |

|               |                         |               |                                                                                                                                                                                                   |                        |                     |                             |                 |                        |
|---------------|-------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|---------------------|-----------------------------|-----------------|------------------------|
| 4             | Sunday, August 13, 2023 |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                        |                     |                             |                 | Mumbai, India          |
|               |                         |               | Gulika                                                                                                                                                                                            | 3:57PM – 5:33PM        | Ardra Until 8:17AM  | Ganesha: Purple             | Sunrise: 6:21AM | Sun 11 Sutra 118       |
|               | Mithuna Rasi: 18.46     | Tithi 27 – 28 | Yama                                                                                                                                                                                              | 12:45PM – 2:21PM       | Vajra* Until 3:55PM | Muruga: Yellow              | Sunset: 7:09PM  | Sobhana 5125           |
|               |                         |               | 433416572 Rahu                                                                                                                                                                                    | 5:33PM – 7:09PM        | Gara Until 9:23PM   | Nataraja: Yellow            |                 | Moon 8 - Phase 17 - 11 |
| Creative Work | Siddha Yoga             |               |                                                                                                                                                                                                   |                        |                     | Moon – Yellow               | Bhuloka Day     |                        |
|               |                         |               |                                                                                                                                                                                                   | Dvadashi* Until 8:22AM | Sravana Adhika•Adi  | Devaloka Time: 3:PM to 6:PM |                 |                        |
|               |                         |               |                                                                                                                                                                                                   |                        |                     |                             |                 |                        |
|               |                         |               |                                                                                                                                                                                                   |                        |                     |                             |                 |                        |

Pradosha Vrata (Fasting)

|   |                                  |  |                |                   |                                                                                                                                                                                                           |  |                     |                             |                        |
|---|----------------------------------|--|----------------|-------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|---------------------|-----------------------------|------------------------|
| 5 | Monday, August 14, 2023          |  |                |                   | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |  |                     |                             | Mumbai, India          |
|   |                                  |  | Gulika         | 2:20PM – 3:56PM   | Punarvasu Until 11:06AM                                                                                                                                                                                   |  | Ganesha: Light Blue | Sunrise: 6:21AM             | Sun 12 Sutra 119       |
|   | Kataka Rasi: 0.47 Tithi 28 – 29  |  | Yama           | 11:09AM – 12:45PM | Siddhi Until 4:38PM                                                                                                                                                                                       |  | Muruga: Yellow      | Sunset: 7:08PM              | Sobhana 5125           |
|   | Family Home Evening              |  | 443416572 Rahu | 7:57AM – 9:33AM   | Visti Until 11:34PM                                                                                                                                                                                       |  | Nataraja: Yellow    |                             | Moon 8 - Phase 17 - 12 |
|   | Creative Work Amrita Yoga        |  |                |                   | Trayodashi* Until 10:26AM                                                                                                                                                                                 |  | Moon – Blue         | Bhuloka Day                 | 2nd Phase              |
|   | Until 11:06AM                    |  |                |                   |                                                                                                                                                                                                           |  | Sravana Adhika*Adi  | Devaloka Time: 3:PM to 6:PM |                        |
|   | Then Creative Work - Siddha Yoga |  |                |                   |                                                                                                                                                                                                           |  |                     |                             |                        |
|   |                                  |  |                |                   |                                                                                                                                                                                                           |  |                     |                             |                        |
|   |                                  |  |                |                   |                                                                                                                                                                                                           |  |                     |                             |                        |
|   |                                  |  |                |                   |                                                                                                                                                                                                           |  |                     |                             |                        |

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|-------------------------------------------------------------------------------------|---------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------|----------------------------|------------------------------------|------------------------|------------------------|
|  | <b>Tuesday, August 15, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                   |                            |                                    |                        | Mumbai, India          |
|                                                                                     | <b>Retreat Star</b>             |               | <b>Gulika</b>                                                                                                                                                                                                     | <b>12:44PM – 2:20PM</b>           | <b>Pushya Until 1:56PM</b> | <b>Ganesha:</b> Light Blue         | <i>Sunrise:</i> 6:21AM | Sun 13 Sutra 120       |
|                                                                                     | Kataka Rasi: 12.43              | Tithi 29 – 30 | Yama                                                                                                                                                                                                              | 9:33AM – 11:09AM                  | Vyatipata* Until 5:31PM    | <b>Muruga:</b> Yellow              | <i>Sunset:</i> 7:07PM  | Sobhana 5125           |
|                                                                                     |                                 | 443416572     | <b>Rahu</b>                                                                                                                                                                                                       | <b>3:56PM – 5:32PM</b>            | Catuspada Until 1:54AM Wed | <b>Nataraja:</b> Yellow            |                        | Moon 8 - Phase 17 - 13 |
| Creative Work                                                                       | Siddha Yoga                     |               |                                                                                                                                                                                                                   |                                   | Catuspada Until 1:54AM Wed | Moon – Blue                        | <b>Bhuloka Day</b>     |                        |
|                                                                                     |                                 |               |                                                                                                                                                                                                                   | <b>Chaturdashi* Until 12:42PM</b> | <b>Sravana Adhika•Adi</b>  | <b>Devaloka Time: 3:PM to 6:PM</b> |                        |                        |
|                                                                                     |                                 |               |                                                                                                                                                                                                                   |                                   |                            |                                    |                        |                        |
|                                                                                     |                                 |               |                                                                                                                                                                                                                   |                                   |                            |                                    |                        |                        |

|                            |  |              |  |                                                                                                 |                   |                        |                            |             |                                         |              |  |
|----------------------------|--|--------------|--|-------------------------------------------------------------------------------------------------|-------------------|------------------------|----------------------------|-------------|-----------------------------------------|--------------|--|
| Wednesday, August 16, 2023 |  |              |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam |                   |                        |                            |             | Mumbai, India                           |              |  |
| Retreat Star               |  |              |  | Ashlesha* Magha* Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau      |                   |                        |                            |             | Sun 14 Sutra 121                        |              |  |
| Kataka Rasi: 24.36         |  | Tithi 30 – 1 |  | Gulika                                                                                          | 11:09AM – 12:44PM |                        | Ashlesha* Until 4:44PM     |             | Ganesha: Orange Sunrise: 6:22AM         |              |  |
|                            |  |              |  | Yama                                                                                            | 7:57AM – 9:33AM   |                        | Variyan Until 6:26PM       |             | Muruga: Yellow Sunset: 7:07PM           |              |  |
|                            |  | 443516572    |  | Rahu                                                                                            | 12:44PM – 2:20PM  |                        | Kintughna Until 4:20AM Thu |             | Nataraja: Yellow Moon 8 - Phase 17 - 14 |              |  |
| Creative Work              |  | Siddha Yoga  |  |                                                                                                 |                   | Amavasya* Until 3:05PM |                            | Moon – Blue |                                         | Devaloka Day |  |
|                            |  |              |  |                                                                                                 |                   |                        |                            | Sravana*Adi |                                         |              |  |
|                            |  |              |  |                                                                                                 |                   |                        |                            |             |                                         |              |  |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

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|                                        |                            |                    |                                                                                                                                                                                    |                   |                                 |                  |                             |                        |
|----------------------------------------|----------------------------|--------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------------|------------------|-----------------------------|------------------------|
| 1                                      | Thursday, August 17, 2023  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha* Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau        |                   |                                 |                  | Mumbai, India               |                        |
|                                        | Simha Rasi: 6.28           | Tithi 1 – 2        | Gulika                                                                                                                                                                             | 9:33AM – 11:09AM  | Magha* Until 7:54PM             | Ganesha: Clear   | Sunrise: 6:22AM             | Sun 15 Sutra 122       |
|                                        |                            |                    | Yama                                                                                                                                                                               | 6:22AM – 7:57AM   | Parigha* Until 7:25PM           | Muruga: Yellow   | Sunset: 7:06PM              | Sobhana 5125           |
|                                        | 453516572                  |                    | Rahu                                                                                                                                                                               | 2:20PM – 3:55PM   | Balava Until 6:47AM Fri         | Nataraja: Yellow |                             | Moon 8 - Phase 18 - 15 |
| Creative Work                          |                            | Amrita Yoga        |                                                                                                                                                                                    |                   |                                 |                  | Moon – Red                  | 3rd Phase              |
| Until 7:54PM                           |                            |                    | Prathama* Until 5:33PM                                                                                                                                                             |                   |                                 |                  | Devaloka Day                |                        |
| Then Creative Work - Siddha Yoga       |                            |                    | Srabana*Avani                                                                                                                                                                      |                   |                                 |                  |                             |                        |
| 2                                      | Friday, August 18, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau         |                   |                                 |                  | Mumbai, India               |                        |
|                                        | Simha Rasi: 18.18          | Tithi 2            | Gulika                                                                                                                                                                             | 7:58AM – 9:33AM   | Purvaphalguni Until 10:53PM     | Ganesha: Orange  | Sunrise: 6:22AM             | Sun 16 Sutra 123       |
|                                        |                            |                    | Yama                                                                                                                                                                               | 3:55PM – 5:30PM   | Shiva Until 8:24PM              | Muruga: Yellow   | Sunset: 7:05PM              | Sobhana 5125           |
|                                        | 553516572                  |                    | Rahu                                                                                                                                                                               | 11:08AM – 12:44PM | Balava Until 6:47AM             | Nataraja: Yellow |                             | Moon 8 - Phase 18 - 16 |
| Creative Work                          |                            | Siddha Yoga        |                                                                                                                                                                                    |                   |                                 |                  | Moon – Red                  | 3rd Phase              |
|                                        |                            |                    | Dvitiya Until 7:59PM                                                                                                                                                               |                   |                                 |                  | Devaloka Day                |                        |
|                                        |                            |                    | Srabana*Avani                                                                                                                                                                      |                   |                                 |                  |                             |                        |
| 3                                      | Saturday, August 19, 2023  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau         |                   |                                 |                  | Mumbai, India               |                        |
|                                        | Kanya Rasi: 0.11           | Tithi 3            | Gulika                                                                                                                                                                             | 6:22AM – 7:58AM   | Uttaraphalguni Until 1:35AM Sun | Ganesha: Orange  | Sunrise: 6:22AM             | Sun 17 Sutra 124       |
|                                        |                            |                    | Yama                                                                                                                                                                               | 2:19PM – 3:54PM   | Siddha Until 9:15PM             | Muruga: Yellow   | Sunset: 7:05PM              | Sobhana 5125           |
|                                        | 553516572                  |                    | Rahu                                                                                                                                                                               | 9:33AM – 11:08AM  | Taitila Until 9:11AM            | Nataraja: Yellow |                             | Moon 8 - Phase 18 - 17 |
| Routine Work                           |                            | Marana Yoga        |                                                                                                                                                                                    |                   |                                 |                  | Moon – Red                  | 3rd Phase              |
| Until 1:35AM Sun                       |                            |                    | Tritiya Until 10:18PM                                                                                                                                                              |                   |                                 |                  | Devaloka Day                |                        |
| Then Creative Work - Amrita Yoga       |                            |                    | Srabana*Avani                                                                                                                                                                      |                   |                                 |                  |                             |                        |
| 4                                      | Sunday, August 20, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau                |                   |                                 |                  | Mumbai, India               |                        |
|                                        | Kanya Rasi: 12.07          | Tithi 4            | Gulika                                                                                                                                                                             | 3:54PM – 5:29PM   | Hasta Until 4:21AM Mon          | Ganesha: Clear   | Sunrise: 6:23AM             | Sun 18 Sutra 125       |
|                                        |                            |                    | Yama                                                                                                                                                                               | 12:43PM – 2:19PM  | Sadhya Until 9:56PM             | Muruga: Yellow   | Sunset: 7:04PM              | Sobhana 5125           |
|                                        | 563516572                  |                    | Rahu                                                                                                                                                                               | 5:29PM – 7:04PM   | Vanija Until 11:24AM            | Nataraja: Yellow |                             | Moon 8 - Phase 18 - 18 |
| Creative Work                          |                            | Amrita Yoga        |                                                                                                                                                                                    |                   |                                 |                  | Moon – Green                | 3rd Phase              |
| Until 4:21AM Mon                       |                            |                    | Chaturthi* Until 12:22AM Mon                                                                                                                                                       |                   |                                 |                  | Devaloka Day                |                        |
| Then Routine Work - Prabalarishta Yoga |                            |                    | Srabana*Avani                                                                                                                                                                      |                   |                                 |                  |                             |                        |
| 5                                      | Monday, August 21, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau                    |                   |                                 |                  | Mumbai, India               |                        |
|                                        | Kanya Rasi: 24.1           | Tithi 5            | Gulika                                                                                                                                                                             | 2:18PM – 3:53PM   | Chitra Until 6:32AM Tue         | Ganesha: Purple  | Sunrise: 6:23AM             | Sun 19 Sutra 126       |
|                                        | Family Home Evening        |                    | Yama                                                                                                                                                                               | 11:08AM – 12:43PM | Subha Until 10:20PM             | Muruga: Yellow   | Sunset: 7:03PM              | Sobhana 5125           |
|                                        | 564516572                  |                    | Rahu                                                                                                                                                                               | 7:58AM – 9:33AM   | Bava Until 1:17PM               | Nataraja: Yellow |                             | Moon 8 - Phase 18 - 19 |
| Routine Work                           |                            | Prabalarishta Yoga |                                                                                                                                                                                    |                   |                                 |                  | Moon – Green                | 3rd Phase              |
| Until 6:32AM Tue                       |                            |                    | Nag Panchami                                                                                                                                                                       |                   |                                 |                  | Bhuloka Day                 |                        |
| Then Creative Work - Siddha Yoga       |                            |                    | Panchami Until 2:01AM Tue                                                                                                                                                          |                   |                                 |                  | Devaloka Time: 3:PM to 6:PM |                        |
| 6                                      | Tuesday, August 22, 2023   |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau       |                   |                                 |                  | Mumbai, India               |                        |
|                                        | Tula Rasi: 6.23            | Tithi 6            | Gulika                                                                                                                                                                             | 12:43PM – 2:18PM  | Chitra Until 6:32AM             | Ganesha: Purple  | Sunrise: 6:23AM             | Sun 20 Sutra 127       |
|                                        |                            |                    | Yama                                                                                                                                                                               | 9:33AM – 11:08AM  | Sukla Until 10:18PM             | Muruga: Yellow   | Sunset: 7:03PM              | Sobhana 5125           |
|                                        | 564516572                  |                    | Rahu                                                                                                                                                                               | 3:53PM – 5:28PM   | Kaulava Until 2:41PM            | Nataraja: Yellow |                             | Moon 8 - Phase 18 - 20 |
| Creative Work                          |                            | Siddha Yoga        |                                                                                                                                                                                    |                   |                                 |                  | Moon – Green                | 3rd Phase              |
|                                        |                            |                    | Shashthi* Until 3:08AM Wed                                                                                                                                                         |                   |                                 |                  | Bhuloka Day                 |                        |
|                                        |                            |                    | Srabana*Avani                                                                                                                                                                      |                   |                                 |                  | Devaloka Time: 3:PM to 6:PM |                        |
| D                                      | Wednesday, August 23, 2023 |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau           |                   |                                 |                  | Mumbai, India               |                        |
|                                        | Retreat Star               |                    | Gulika                                                                                                                                                                             | 11:08AM – 12:43PM | Svati Until 7:59AM              | Ganesha: Purple  | Sunrise: 6:23AM             | Sun 21 Sutra 128       |
|                                        | Tula Rasi: 18.52           | Tithi 7            | Yama                                                                                                                                                                               | 7:58AM – 9:33AM   | Brahma Until 9:44PM             | Muruga: Yellow   | Sunset: 7:02PM              | Sobhana 5125           |
|                                        | 564516572                  |                    | Rahu                                                                                                                                                                               | 12:43PM – 2:17PM  | Gara Until 3:27PM               | Nataraja: Yellow |                             | Moon 8 - Phase 18 - 21 |
| Creative Work                          |                            | Siddha Yoga        |                                                                                                                                                                                    |                   |                                 |                  | Moon – Green                | 3rd Phase              |
|                                        |                            |                    | Saptami Until 3:32AM Thu                                                                                                                                                           |                   |                                 |                  | Bhuloka Day                 |                        |
|                                        |                            |                    | Srabana*Avani                                                                                                                                                                      |                   |                                 |                  | Devaloka Time: 3:PM to 6:PM |                        |
| D                                      | Thursday, August 24, 2023  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau          |                   |                                 |                  | Mumbai, India               |                        |
|                                        | Retreat Star               |                    | Gulika                                                                                                                                                                             | 9:33AM – 11:08AM  | Vishakha Until 9:04AM           | Ganesha: Clear   | Sunrise: 6:24AM             | Sun 22 Sutra 129       |
|                                        | Vrischika Rasi: 1.4        | Tithi 8            | Yama                                                                                                                                                                               | 6:24AM – 7:58AM   | Indra Until 8:36PM              | Muruga: Yellow   | Sunset: 7:01PM              | Sobhana 5125           |
|                                        | 574516572                  |                    | Rahu                                                                                                                                                                               | 2:17PM – 3:52PM   | Visti Until 3:28PM              | Nataraja: Yellow |                             | Moon 8 - Phase 18 - 22 |
| Creative Work                          |                            | Siddha Yoga        |                                                                                                                                                                                    |                   |                                 |                  | Moon – Orange               | Ashtami                |
|                                        |                            |                    | Ashtami* Until 3:10AM Fri                                                                                                                                                          |                   |                                 |                  | Devaloka Day                |                        |
|                                        |                            |                    | Srabana*Avani                                                                                                                                                                      |                   |                                 |                  |                             |                        |
| D                                      | Friday, August 25, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau |                   |                                 |                  | Mumbai, India               |                        |
|                                        | Retreat Star               |                    | Gulika                                                                                                                                                                             | 7:58AM – 9:33AM   | Anuradha Until 9:12AM           | Ganesha: Clear   | Sunrise: 6:24AM             | Sun 23 Sutra 130       |
|                                        | Vrischika Rasi: 14.52      | Tithi 9            | Yama                                                                                                                                                                               | 3:51PM – 5:26PM   | Vaidhriti* Until 6:47PM         | Muruga: Yellow   | Sunset: 7:00PM              | Sobhana 5125           |
|                                        | 574516572                  |                    | Rahu                                                                                                                                                                               | 11:08AM – 12:42PM | Balava Until 2:42PM             | Nataraja: Yellow |                             | Moon 8 - Phase 18 - 23 |
| Creative Work                          |                            | Siddha Yoga        |                                                                                                                                                                                    |                   |                                 |                  | Moon – Orange               | Navami                 |
| Until 9:12AM                           |                            |                    | Navami* Until 2:00AM Sat                                                                                                                                                           |                   |                                 |                  | Devaloka Day                |                        |
| Then Routine Work - Marana Yoga        |                            |                    | Srabana*Avani                                                                                                                                                                      |                   |                                 |                  |                             |                        |
|                                        |                            |                    | Varalakshmi Vratam                                                                                                                                                                 |                   |                                 |                  |                             |                        |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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| 1                  | Saturday, August 26, 2023  |                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau                        |                            |                               |                 |                             | Mumbai, India    |
|                    | Vrischika Rasi: 28.3       | Tithi 10               | Gulika                                                                                                                                                                                                       | 6:24AM – 7:58AM            | Jyeshtha* Until 8:25AM        | Ganesha: Clear  | Sunrise: 6:24AM             | Sun 24 Sutra 131 |
|                    |                            |                        | Yama                                                                                                                                                                                                         | 2:16PM – 3:51PM            | Vishkambha* Until 4:22PM      | Muruga: Yellow  | Sunset: 7:00PM              | Sobhana 5125     |
|                    | 574516572                  | Rahu                   | 9:33AM – 11:07AM                                                                                                                                                                                             | Taitila Until 1:09PM       | Nataraja: Yellow              |                 | Moon 8 - Phase 19 - 24      |                  |
| Creative Work      | Siddha Yoga                |                        |                                                                                                                                                                                                              | Dashami Until 12:04AM Sun  | Moon – Orange                 |                 | 4th Phase                   |                  |
|                    |                            |                        |                                                                                                                                                                                                              |                            | Sravana*Avani                 |                 | Devaloka Day                |                  |
| 2                  | Sunday, August 27, 2023    |                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau                      |                            |                               |                 |                             | Mumbai, India    |
|                    | Dhanus Rasi: 12.37         | Tithi 11               | Gulika                                                                                                                                                                                                       | 3:50PM – 5:25PM            | Mula* Until 7:11AM            | Ganesha: White  | Sunrise: 6:24AM             | Sun 25 Sutra 132 |
|                    |                            |                        | Yama                                                                                                                                                                                                         | 12:42PM – 2:16PM           | Priti Until 1:22PM            | Muruga: Yellow  | Sunset: 6:59PM              | Sobhana 5125     |
|                    | 584516572                  | Rahu                   | 5:25PM – 6:59PM                                                                                                                                                                                              | Vanija Until 10:52AM       | Nataraja: Yellow              |                 | Moon 8 - Phase 19 - 25      |                  |
| Creative Work      | Amrita Yoga                |                        |                                                                                                                                                                                                              | Ekadashi Until 9:28PM      | Moon – Light Blue             |                 | 4th Phase                   |                  |
| Until 7:11AM       |                            |                        |                                                                                                                                                                                                              |                            | Sravana*Avani                 |                 | Bhuloka Day                 |                  |
| Then Creative Work | Siddha Yoga                |                        |                                                                                                                                                                                                              |                            |                               |                 | Devaloka Time: 3:PM to 6:PM |                  |
| 3                  | Monday, August 28, 2023    |                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau                           |                            |                               |                 |                             | Mumbai, India    |
|                    | Dhanus Rasi: 27.1          | Tithi 12               | Gulika                                                                                                                                                                                                       | 2:15PM – 3:50PM            | Uttarashadha Until 2:32AM Tue | Ganesha: White  | Sunrise: 6:24AM             | Sun 26 Sutra 133 |
|                    | Family Home Evening        |                        | Yama                                                                                                                                                                                                         | 11:07AM – 12:41PM          | Ayushman Until 9:51AM         | Muruga: Yellow  | Sunset: 6:58PM              | Sobhana 5125     |
|                    | 584516573                  | Rahu                   | 7:59AM – 9:33AM                                                                                                                                                                                              | Bava Until 7:58AM          | Nataraja: White               |                 | Moon 8 - Phase 19 - 26      |                  |
| Routine Work       | Marana Yoga                |                        |                                                                                                                                                                                                              | Dvadashi Until 6:19PM      | Moon – Light Blue             |                 | 4th Phase                   |                  |
| Until 2:32AM Tue   |                            |                        |                                                                                                                                                                                                              |                            | Sravana*Avani                 |                 | Devaloka Day                |                  |
| Then Creative Work | Siddha Yoga                |                        |                                                                                                                                                                                                              |                            |                               |                 |                             |                  |
| 4                  | Tuesday, August 29, 2023   |                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau                        |                            |                               |                 |                             | Mumbai, India    |
|                    | Makara Rasi: 12.05         | Tithi 13 – 14          | Gulika                                                                                                                                                                                                       | 12:41PM – 2:15PM           | Shravana Until 11:49PM        | Ganesha: Yellow | Sunrise: 6:25AM             | Sun 27 Sutra 134 |
|                    |                            |                        | Yama                                                                                                                                                                                                         | 9:33AM – 11:07AM           | Sobhana Until 1:50AM Wed      | Muruga: Yellow  | Sunset: 6:57PM              | Sobhana 5125     |
|                    | 594516573                  | Rahu                   | 3:49PM – 5:23PM                                                                                                                                                                                              | Gara Until 12:56AM Wed     | Nataraja: White               |                 | Moon 8 - Phase 19 - 27      |                  |
| Creative Work      | Siddha Yoga                |                        |                                                                                                                                                                                                              | Trayodashi Until 2:47PM    | Moon – Purple                 |                 | 4th Phase                   |                  |
|                    |                            | Chidambaram Abhishekam |                                                                                                                                                                                                              |                            | Sravana*Avani                 |                 | Sivaloka Day                |                  |
|                    |                            |                        |                                                                                                                                                                                                              | Pradosha Vrata             |                               |                 |                             |                  |
| ○                  | Wednesday, August 30, 2023 |                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau                      |                            |                               |                 |                             | Mumbai, India    |
|                    | Copper Retreat Star        |                        | Gulika                                                                                                                                                                                                       | 11:07AM – 12:41PM          | Dhanishtha Until 8:49PM       | Ganesha: Yellow | Sunrise: 6:25AM             | Sutra 135        |
|                    | Makara Rasi: 27.14         | Tithi 14 – 15          | Yama                                                                                                                                                                                                         | 7:59AM – 9:33AM            | Athiganda* Until 9:34PM       | Muruga: Yellow  | Sunset: 6:56PM              | Sobhana 5125     |
|                    | 594516573                  | Rahu                   | 12:41PM – 2:15PM                                                                                                                                                                                             | Visti Until 9:06PM         | Nataraja: White               |                 | Moon 8 - Phase 19 -         |                  |
| Routine Work       | Prabalarishta Yoga         |                        |                                                                                                                                                                                                              | Chaturdashi* Until 11:00AM | Moon – Purple                 |                 | Purnima                     |                  |
| Until 8:49PM       |                            | Avani Avittam          |                                                                                                                                                                                                              |                            | Sravana*Avani                 |                 | Sivaloka Day                |                  |
| Then Creative Work | Siddha Yoga                |                        |                                                                                                                                                                                                              |                            |                               |                 |                             |                  |
|                    | Thursday, August 31, 2023  |                        | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau |                            |                               |                 |                             | Mumbai, India    |
|                    | Silver Retreat Star        |                        | Gulika                                                                                                                                                                                                       | 9:33AM – 11:06AM           | Shatabhishak Until 5:41PM     | Ganesha: Yellow | Sunrise: 6:25AM             | Sutra 136        |
|                    | Kumbha Rasi: 12.29         | Tithi 15 – 16          | Yama                                                                                                                                                                                                         | 6:25AM – 7:59AM            | Sukarma Until 5:19PM          | Muruga: Yellow  | Sunset: 6:56PM              | Sobhana 5125     |
|                    | 594516573                  | Rahu                   | 2:14PM – 3:48PM                                                                                                                                                                                              | Kaulava Until 3:25AM Fri   | Nataraja: White               |                 | Moon 8 - Phase 19 -         |                  |
| Creative Work      | Siddha Yoga                |                        |                                                                                                                                                                                                              | Purnima* Until 7:10AM      | Moon – Purple                 |                 | Prathama                    |                  |
|                    |                            |                        |                                                                                                                                                                                                              |                            | Sravana*Avani                 |                 | Sivaloka Day                |                  |





Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Mumbai, India

Kumbha Rasi: 27.4 Tithi 17

Gulika 7:59AM – 9:33AM  
Yama 3:47PM – 5:21PM  
514516573 Rahu 11:06AM – 12:40PM

Purvaproshtapada\* Until 3:01PM

Dhriti Until 1:14PM

Taitila Until 1:40PM

Dvitiya Until 11:57PM

Ganesha: Yellow

Muruga: Yellow

Nataraja: White

Moon – Clear  
Sravana\*Avani

Sunrise: 6:25AM

Sunset: 6:55PM

Sobhana 5125

Moon 9 - Phase 20 -

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Mumbai, India

Meena Rasi: 12.37 Tithi 18

Gulika 6:25AM – 7:59AM  
Yama 2:13PM – 3:47PM  
515516573 Rahu 9:33AM – 11:06AM

Uttaraproshtapada Until 12:35PM

Shula\* Until 9:25AM

Vanija Until 10:23AM

Tritiya Until 8:55PM

Ganesha: Red

Muruga: Yellow

Nataraja: White

Moon – Clear  
Sravana\*Avani

Sunrise: 6:25AM

Sunset: 6:54PM

Sun 1 Sutra 138

Sobhana 5125

Moon 9 - Phase 20 - 1

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 12:35PM

Then Routine Work - Prabalarishta Yoga

2

Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bharu Vasara Yuktayam  
Revati/Ashvini Nakshatra Ganda\*/Vridhi Yoga Bava/Balava Karana Chaturthiyam Titau

Mumbai, India

Meena Rasi: 27.12 Tithi 19

Gulika 3:46PM – 5:20PM  
Yama 12:39PM – 2:13PM  
515516573 Rahu 5:20PM – 6:53PM

Revati Until 10:32AM

Ganda\* Until 6:03AM

Bava Until 7:37AM

Chaturthi\* Until 6:27PM

Ganesha: Red

Muruga: Yellow

Nataraja: White

Moon – Clear  
Sravana\*Avani

Sunrise: 6:26AM

Sunset: 6:53PM

Sun 2 Sutra 139

Sobhana 5125

Moon 9 - Phase 20 - 2

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 10:32AM

Then Creative Work - Siddha Yoga

3

Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Mumbai, India

Mesha Rasi: 11.2 Tithi 20 – 21

Gulika 2:12PM – 3:46PM  
Yama 11:06AM – 12:39PM  
525516573 Rahu 7:59AM – 9:32AM

Ashvini Until 9:26AM

Dhruva Until 12:56AM Tue

Gara Until 4:09AM Tue

Panchami Until 4:42PM

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White  
Sravana\*Avani

Sunrise: 6:26AM

Sunset: 6:52PM

Sun 3 Sutra 140

Sobhana 5125

Moon 9 - Phase 20 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Mumbai, India

Mesha Rasi: 25 Tithi 21 – 22

Gulika 12:39PM – 2:12PM  
Yama 9:32AM – 11:06AM  
525516573 Rahu 3:45PM – 5:18PM

Bharani Until 8:58AM

Vyaghata\* Until 11:20PM

Visti Until 3:36AM Wed

Shashthi\* Until 3:45PM

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White  
Sravana\*Avani

Sunrise: 6:26AM

Sunset: 6:52PM

Sun 4 Sutra 141

Sobhana 5125

Moon 9 - Phase 20 - 4

1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, September 6, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mumbai, India

Vrishabha Rasi: 8.13 Tithi 22 – 23

Gulika 11:05AM – 12:38PM  
Yama 7:59AM – 9:32AM  
525516573 Rahu 12:38PM – 2:11PM

Krittika Until 9:08AM

Harshana Until 10:24PM

Balava Until 3:52AM Thu

Saptami Until 3:37PM

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White  
Sravana\*Avani

Sunrise: 6:26AM

Sunset: 6:51PM

Sun 5 Sutra 142

Sobhana 5125

Moon 9 - Phase 20 - 5

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 9:08AM

Then Creative Work - Siddha Yoga

D

Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mumbai, India

Vrishabha Rasi: 21.01 Tithi 23 – 24

Gulika 9:32AM – 11:05AM  
Yama 6:26AM – 7:59AM  
535516573 Rahu 2:11PM – 3:44PM

Rohini Until 10:24AM

Vajra\* Until 10:00PM

Taitila Until 4:51AM Fri

Ashtami\* Until 4:15PM

Ganesha: Orange

Muruga: Yellow

Nataraja: White

Moon – Yellow  
Sravana\*Avani

Sunrise: 6:26AM

Sunset: 6:50PM

Sun 6 Sutra 143

Sobhana 5125

Moon 9 - Phase 20 - 6

Ashtami

Sivaloka Day

Routine Work Marana Yoga

Krishna Janmashtami

Friday, September 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Mumbai, India

Mithuna Rasi: 3.29 Tithi 24 – 25

Gulika 7:59AM – 9:32AM  
Yama 3:43PM – 5:16PM  
535516573 Rahu 11:05AM – 12:38PM

Mrigashira Until 12:10PM

Siddhi Until 10:07PM

Vanija Until 6:25AM Sat

Navami\* Until 5:33PM

Ganesha: Orange

Muruga: Yellow

Nataraja: White

Moon – Yellow  
Sravana\*Avani

Sunrise: 6:26AM

Sunset: 6:49PM

Sun 7 Sutra 144

Sobhana 5125

Moon 9 - Phase 20 - 7

Navami

Sivaloka Day

Creative Work Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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|                                                                                     |                               |              |                                                                                                                                                                                         |                               |                                 |                     |                        |                  |
|-------------------------------------------------------------------------------------|-------------------------------|--------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|---------------------------------|---------------------|------------------------|------------------|
| 1                                                                                   | Saturday, September 9, 2023   |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau       |                               |                                 |                     | Mumbai, India          |                  |
|                                                                                     | Mithuna Rasi: 15.43           | Tithi 25     | Gulika                                                                                                                                                                                  | 6:27AM – 7:59AM               | Ardra Until 2:17PM              | Ganesha: Orange     | Sunrise: 6:27AM        | Sun 8 Sutra 145  |
|                                                                                     |                               |              | Yama                                                                                                                                                                                    | 2:10PM – 3:43PM               | Vyatipata* Until 10:36PM        | Muruga: Yellow      | Sunset: 6:48PM         | Sobhana 5125     |
|                                                                                     | 535516573                     | Rahu         | 9:32AM – 11:05AM                                                                                                                                                                        | Vanija Until 6:25AM           | Nataraja: White                 |                     | Moon 9 - Phase 21 - 8  |                  |
| Creative Work                                                                       | Siddha Yoga                   |              |                                                                                                                                                                                         | Dashami Until 7:21PM          | Moon – Yellow                   |                     | 2nd Phase              |                  |
|                                                                                     |                               |              |                                                                                                                                                                                         |                               | Sravana*Avani                   |                     | Sivaloka Day           |                  |
| 2                                                                                   | Sunday, September 10, 2023    |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Variyan Yoga Bava/Balava Karana Ekadashyam Titau          |                               |                                 |                     | Mumbai, India          |                  |
|                                                                                     | Mithuna Rasi: 27.47           | Tithi 26     | Gulika                                                                                                                                                                                  | 3:42PM – 5:15PM               | Punarvasu Until 5:07PM          | Ganesha: Purple     | Sunrise: 6:27AM        | Sun 9 Sutra 146  |
|                                                                                     |                               |              | Yama                                                                                                                                                                                    | 12:37PM – 2:10PM              | Variyan Until 11:18PM           | Muruga: Yellow      | Sunset: 6:47PM         | Sobhana 5125     |
|                                                                                     | 545616573                     | Rahu         | 5:15PM – 6:47PM                                                                                                                                                                         | Bava Until 8:25AM             | Nataraja: White                 |                     | Moon 9 - Phase 21 - 9  |                  |
| Creative Work                                                                       | Siddha Yoga                   |              |                                                                                                                                                                                         | Bava Until 8:25AM             | Moon – Blue                     |                     | 2nd Phase              |                  |
|                                                                                     |                               |              | Grandparent's Day                                                                                                                                                                       | Ekadashi* Until 9:30PM        | Sravana*Avani                   |                     | Devaloka Day           |                  |
| 3                                                                                   | Monday, September 11, 2023    |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau                |                               |                                 |                     | Mumbai, India          |                  |
|                                                                                     | Kataka Rasi: 9.43             | Tithi 27     | Gulika                                                                                                                                                                                  | 2:09PM – 3:42PM               | Pushya Until 7:59PM             | Ganesha: Light Blue | Sunrise: 6:27AM        | Sun 10 Sutra 147 |
|                                                                                     | Family Home Evening           |              | Yama                                                                                                                                                                                    | 11:04AM – 12:37PM             | Parigha* Until 12:11AM Tue      | Muruga: Yellow      | Sunset: 6:46PM         | Sobhana 5125     |
|                                                                                     | 546616573                     | Rahu         | 7:59AM – 9:32AM                                                                                                                                                                         | Kaulava Until 10:41AM         | Nataraja: White                 |                     | Moon 9 - Phase 21 - 10 |                  |
| Creative Work                                                                       | Siddha Yoga                   |              |                                                                                                                                                                                         | Dvadashi* Until 11:52PM       | Moon – Blue                     |                     | 2nd Phase              |                  |
|                                                                                     |                               |              |                                                                                                                                                                                         |                               | Sravana*Avani                   |                     | Devaloka Day           |                  |
| 4                                                                                   | Tuesday, September 12, 2023   |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashlesha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau               |                               |                                 |                     | Mumbai, India          |                  |
|                                                                                     | Kataka Rasi: 21.37            | Tithi 28     | Gulika                                                                                                                                                                                  | 12:36PM – 2:09PM              | Ashlesha* Until 10:48PM         | Ganesha: Light Blue | Sunrise: 6:27AM        | Sun 11 Sutra 148 |
|                                                                                     |                               |              | Yama                                                                                                                                                                                    | 9:32AM – 11:04AM              | Shiva Until 1:08AM Wed          | Muruga: Yellow      | Sunset: 6:46PM         | Sobhana 5125     |
|                                                                                     | 546616573                     | Rahu         | 3:41PM – 5:13PM                                                                                                                                                                         | Gara Until 1:07PM             | Nataraja: White                 |                     | Moon 9 - Phase 21 - 11 |                  |
| Creative Work                                                                       | Siddha Yoga                   |              |                                                                                                                                                                                         | Trayodashi* Until 2:19AM Wed  | Moon – Blue                     |                     | 2nd Phase              |                  |
|                                                                                     |                               |              |                                                                                                                                                                                         |                               | Sravana*Avani                   |                     | Devaloka Day           |                  |
|                                                                                     |                               |              |                                                                                                                                                                                         |                               | Pradosha Vrata (Fasting)        |                     |                        |                  |
| 5                                                                                   | Wednesday, September 13, 2023 |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Magha* Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau               |                               |                                 |                     | Mumbai, India          |                  |
|                                                                                     | Simha Rasi: 3.28              | Tithi 29     | Gulika                                                                                                                                                                                  | 11:04AM – 12:36PM             | Magha* Until 1:56AM Thu         | Ganesha: Purple     | Sunrise: 6:27AM        | Sun 12 Sutra 149 |
|                                                                                     |                               |              | Yama                                                                                                                                                                                    | 7:59AM – 9:32AM               | Siddha Until 2:03AM Thu         | Muruga: Yellow      | Sunset: 6:45PM         | Sobhana 5125     |
|                                                                                     | 556616573                     | Rahu         | 12:36PM – 2:08PM                                                                                                                                                                        | Visti Until 3:34PM            | Nataraja: White                 |                     | Moon 9 - Phase 21 - 12 |                  |
| Creative Work                                                                       | Siddha Yoga                   |              |                                                                                                                                                                                         | Chaturdashi* Until 4:46AM Thu | Moon – Red                      |                     | 2nd Phase              |                  |
|                                                                                     |                               |              |                                                                                                                                                                                         |                               | Sravana*Avani                   |                     | Devaloka Day           |                  |
|  | Thursday, September 14, 2023  |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaphalguni Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau         |                               |                                 |                     | Mumbai, India          |                  |
|                                                                                     | Retreat Star                  |              | Gulika                                                                                                                                                                                  | 9:32AM – 11:04AM              | Purvaphalguni Until 4:50AM Fri  | Ganesha: Purple     | Sunrise: 6:27AM        | Sun 13 Sutra 150 |
|                                                                                     | Simha Rasi: 15.2              | Tithi 30     | Yama                                                                                                                                                                                    | 6:27AM – 7:59AM               | Sadhya Until 2:54AM Fri         | Muruga: Yellow      | Sunset: 6:44PM         | Sobhana 5125     |
|                                                                                     | 556616573                     | Rahu         | 2:08PM – 3:40PM                                                                                                                                                                         | Catuspada Until 5:58PM        | Nataraja: White                 |                     | Moon 9 - Phase 21 - 13 |                  |
| Creative Work                                                                       | Siddha Yoga                   |              |                                                                                                                                                                                         | Amavasya* Until 7:06AM Fri    | Moon – Red                      |                     | Amavasya               |                  |
|                                                                                     |                               |              |                                                                                                                                                                                         |                               | Sravana*Avani                   |                     | Devaloka Day           |                  |
|  | Friday, September 15, 2023    |              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                               |                                 |                     | Mumbai, India          |                  |
|                                                                                     | Retreat Star                  |              | Gulika                                                                                                                                                                                  | 8:00AM – 9:31AM               | Uttaraphalguni Until 7:23AM Sat | Ganesha: Purple     | Sunrise: 6:28AM        | Sun 14 Sutra 151 |
|                                                                                     | Simha Rasi: 27.14             | Tithi 30 – 1 | Yama                                                                                                                                                                                    | 3:39PM – 5:11PM               | Subha Until 3:39AM Sat          | Muruga: White       | Sunset: 6:43PM         | Sobhana 5125     |
|                                                                                     | 556626573                     | Rahu         | 11:03AM – 12:35PM                                                                                                                                                                       | Kintughna Until 8:14PM        | Nataraja: White                 |                     | Moon 9 - Phase 21 - 14 |                  |
| Creative Work                                                                       | Siddha Yoga                   |              |                                                                                                                                                                                         | Amavasya* Until 7:06AM        | Moon – Red                      |                     | Prathama               |                  |
| Until 7:23AM Sat                                                                    |                               |              |                                                                                                                                                                                         |                               | Bhadrapada*Avani                |                     | Sivaloka Day           |                  |
| Then Routine Work - Marana Yoga                                                     |                               |              |                                                                                                                                                                                         |                               |                                 |                     |                        |                  |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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|          |                                        |                    |                                                                                                                                                                                               |                          |                                    |                                                   |                           |
|----------|----------------------------------------|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------------------|---------------------------------------------------|---------------------------|
| <b>1</b> | <b>Saturday, September 16, 2023</b>    |                    | Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau              |                          |                                    |                                                   | Mumbai, India             |
|          | Kanya Rasi: 9.13                       | Tithi 1 – 2        | <b>Gulika</b>                                                                                                                                                                                 | <b>6:28AM – 8:00AM</b>   | <b>Uttaraphalguni Until 7:23AM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM     | Sun 15 Sutra 152          |
|          | 566626573                              |                    | <b>Rahu</b>                                                                                                                                                                                   | <b>9:31AM – 11:03AM</b>  | Sukla Until 4:09AM Sun             | <b>Muruga:</b> White <i>Sunset:</i> 6:42PM        | Sobhana 5125              |
|          | Routine Work                           | Marana Yoga        |                                                                                                                                                                                               |                          | Balava Until 10:16PM               | <b>Nataraja:</b> White                            | Moon 9 - Phase 22 - 15    |
|          |                                        |                    |                                                                                                                                                                                               |                          | <b>Prathama* Until 9:15AM</b>      | Moon – Red                                        | 3rd Phase                 |
|          |                                        |                    |                                                                                                                                                                                               |                          |                                    | <b>Bhadrapada*Avani</b>                           | <b>Sivaloka Day</b>       |
| <b>2</b> | <b>Sunday, September 17, 2023</b>      |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau           |                          |                                    |                                                   | Mumbai, India             |
|          | Kanya Rasi: 21.18                      | Tithi 2 – 3        | <b>Gulika</b>                                                                                                                                                                                 | <b>3:38PM – 5:09PM</b>   | <b>Hasta Until 10:00AM</b>         | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:28AM | Sun 16 Sutra 153          |
|          | 566626573                              |                    | <b>Rahu</b>                                                                                                                                                                                   | <b>5:09PM – 6:41PM</b>   | Brahma Until 4:26AM Mon            | <b>Muruga:</b> White <i>Sunset:</i> 6:41PM        | Sobhana 5125              |
|          | Creative Work                          | Amrita Yoga        |                                                                                                                                                                                               |                          | Taitila Until 11:58PM              | <b>Nataraja:</b> White                            | Moon 9 - Phase 22 - 16    |
|          | Until 10:00AM                          |                    |                                                                                                                                                                                               |                          | <b>Dvitiya Until 11:08AM</b>       | Moon – Green                                      | 3rd Phase                 |
|          | Then Creative Work - Siddha Yoga       |                    |                                                                                                                                                                                               |                          |                                    | <b>Bhadrapada*Puratasi</b>                        | <b>Sivaloka Day</b>       |
| <b>3</b> | <b>Monday, September 18, 2023</b>      |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau                |                          |                                    |                                                   | Mumbai, India             |
|          | Tula Rasi: 3.31                        | Tithi 3 – 4        | <b>Gulika</b>                                                                                                                                                                                 | <b>2:06PM – 3:37PM</b>   | <b>Chitra Until 12:07PM</b>        | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:28AM | Sun 17 Sutra 154          |
|          | <b>Family Home Evening</b>             |                    | <b>Rahu</b>                                                                                                                                                                                   | <b>8:00AM – 9:31AM</b>   | Indra Until 4:23AM Tue             | <b>Muruga:</b> White <i>Sunset:</i> 6:40PM        | Sobhana 5125              |
|          | Routine Work                           | Prabalarishta Yoga |                                                                                                                                                                                               |                          | Vanija Until 1:17AM Tue            | <b>Nataraja:</b> White                            | Moon 9 - Phase 22 - 17    |
|          | Until 12:07PM                          |                    |                                                                                                                                                                                               |                          | <b>Tritiya Until 12:39PM</b>       | Moon – Green                                      | 3rd Phase                 |
|          | Then Creative Work - Amrita Yoga       |                    |                                                                                                                                                                                               |                          |                                    | <b>Bhadrapada*Puratasi</b>                        | <b>Sivaloka Day</b>       |
| <b>4</b> | <b>Tuesday, September 19, 2023</b>     |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau     |                          |                                    |                                                   | Mumbai, India             |
|          | Tula Rasi: 15.55                       | Tithi 4 – 5        | <b>Gulika</b>                                                                                                                                                                                 | <b>12:34PM – 2:05PM</b>  | <b>Svati Until 1:38PM</b>          | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:28AM     | Sun 18 Sutra 155          |
|          | 567626573                              |                    | <b>Rahu</b>                                                                                                                                                                                   | <b>3:37PM – 5:08PM</b>   | Vaidhriti* Until 3:56AM Wed        | <b>Muruga:</b> White <i>Sunset:</i> 6:39PM        | Sobhana 5125              |
|          | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                               |                          | Bava Until 2:06AM Wed              | <b>Nataraja:</b> White                            | Moon 9 - Phase 22 - 18    |
|          | Until 1:38PM                           |                    | <b>Ganesha Chaturthi</b>                                                                                                                                                                      |                          | <b>Chaturthi* Until 1:44PM</b>     | Moon – Green                                      | 3rd Phase                 |
|          | Then Routine Work - Marana Yoga        |                    |                                                                                                                                                                                               |                          |                                    | <b>Bhadrapada*Puratasi</b>                        | <b>Sivaloka Day</b>       |
| <b>5</b> | <b>Wednesday, September 20, 2023</b>   |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtnyam Titau |                          |                                    |                                                   | Mumbai, India             |
|          | Tula Rasi: 28.32                       | Tithi 5 – 6        | <b>Gulika</b>                                                                                                                                                                                 | <b>11:02AM – 12:33PM</b> | <b>Vishakha Until 2:58PM</b>       | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:28AM      | Sun 19 Sutra 156          |
|          | 577626573                              |                    | <b>Rahu</b>                                                                                                                                                                                   | <b>12:33PM – 2:05PM</b>  | Vishkambha* Until 3:04AM Thu       | <b>Muruga:</b> White <i>Sunset:</i> 6:38PM        | Sobhana 5125              |
|          | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                               |                          | Kaulava Until 2:22AM Thu           | <b>Nataraja:</b> White                            | Moon 9 - Phase 22 - 19    |
|          |                                        |                    |                                                                                                                                                                                               |                          | <b>Panchami Until 2:17PM</b>       | Moon – Orange                                     | 3rd Phase                 |
|          |                                        |                    |                                                                                                                                                                                               |                          |                                    | <b>Bhadrapada*Puratasi</b>                        | <b>Subha Sivaloka Day</b> |
| <b>6</b> | <b>Thursday, September 21, 2023</b>    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shashti/Saptamyam Titau           |                          |                                    |                                                   | Mumbai, India             |
|          | Vrischika Rasi: 11.26                  | Tithi 6 – 7        | <b>Gulika</b>                                                                                                                                                                                 | <b>9:31AM – 11:02AM</b>  | <b>Anuradha Until 3:34PM</b>       | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM      | Sun 20 Sutra 157          |
|          | 577626573                              |                    | <b>Rahu</b>                                                                                                                                                                                   | <b>2:04PM – 3:35PM</b>   | Priti Until 1:43AM Fri             | <b>Muruga:</b> White <i>Sunset:</i> 6:38PM        | Sobhana 5125              |
|          | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                               |                          | Gara Until 2:01AM Fri              | <b>Nataraja:</b> White                            | Moon 9 - Phase 22 - 20    |
|          | Until 3:34PM                           |                    |                                                                                                                                                                                               |                          | <b>Shashthi* Until 2:15PM</b>      | Moon – Orange                                     | 3rd Phase                 |
|          | Then Routine Work - Prabalarishta Yoga |                    |                                                                                                                                                                                               |                          |                                    | <b>Bhadrapada*Puratasi</b>                        | <b>Subha Sivaloka Day</b> |
| <b>D</b> | <b>Friday, September 22, 2023</b>      |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau         |                          |                                    |                                                   | Mumbai, India             |
|          | Vrischika Rasi: 24.38                  | Tithi 7 – 8        | <b>Gulika</b>                                                                                                                                                                                 | <b>8:00AM – 9:31AM</b>   | <b>Jyeshtha* Until 3:24PM</b>      | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:29AM      | Sun 21 Sutra 158          |
|          | 577626573                              |                    | <b>Rahu</b>                                                                                                                                                                                   | <b>11:02AM – 12:33PM</b> | Ayushman Until 11:50PM             | <b>Muruga:</b> White <i>Sunset:</i> 6:37PM        | Sobhana 5125              |
|          | Routine Work                           | Marana Yoga        |                                                                                                                                                                                               |                          | Visti Until 1:02AM Sat             | <b>Nataraja:</b> White                            | Moon 9 - Phase 22 - 21    |
|          | Until 3:24PM                           |                    |                                                                                                                                                                                               |                          | <b>Saptami Until 1:35PM</b>        | Moon – Orange                                     | Ashtami                   |
|          | Then Creative Work - Amrita Yoga       |                    |                                                                                                                                                                                               |                          |                                    | <b>Bhadrapada*Puratasi</b>                        | <b>Subha Sivaloka Day</b> |
|          | <b>Saturday, September 23, 2023</b>    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau        |                          |                                    |                                                   | Mumbai, India             |
|          | Dhanus Rasi: 8.12                      | Tithi 8 – 9        | <b>Gulika</b>                                                                                                                                                                                 | <b>6:29AM – 8:00AM</b>   | <b>Mula* Until 2:54PM</b>          | <b>Ganesha:</b> White <i>Sunrise:</i> 6:29AM      | Sun 22 Sutra 159          |
|          | 587626573                              |                    | <b>Rahu</b>                                                                                                                                                                                   | <b>9:31AM – 11:02AM</b>  | Saubhagya Until 9:28PM             | <b>Muruga:</b> White <i>Sunset:</i> 6:36PM        | Sobhana 5125              |
|          | Creative Work                          | Siddha Yoga        |                                                                                                                                                                                               |                          | Balava Until 11:25PM               | <b>Nataraja:</b> White                            | Moon 9 - Phase 22 - 22    |
|          |                                        |                    |                                                                                                                                                                                               |                          | <b>Ashtami* Until 12:17PM</b>      | Moon – Light Blue                                 | Navami                    |
|          |                                        |                    |                                                                                                                                                                                               |                          |                                    | <b>Bhadrapada*Puratasi</b>                        | <b>Sivaloka Day</b>       |

|                                  |                                      |               |                                                                                                                                                                                                      |                          |                                           |                            |                                 |
|----------------------------------|--------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------------------------|----------------------------|---------------------------------|
| 1                                | <b>Sunday, September 24, 2023</b>    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau      |                          |                                           |                            | Mumbai, India                   |
|                                  | Dhanus Rasi: 22.08                   | Tithi 9 – 10  | <b>Gulika</b>                                                                                                                                                                                        | <b>3:34PM – 5:04PM</b>   | <b>Purvashadha* Until 1:40PM</b>          | <b>Ganesha:</b> White      | Sun 23 Sutra 160                |
|                                  |                                      |               | <b>Yama</b>                                                                                                                                                                                          | <b>12:32PM – 2:03PM</b>  | Sobhana Until 6:38PM                      | <b>Muruga:</b> White       | Sobhana 5125                    |
|                                  |                                      |               | <b>Rahu</b>                                                                                                                                                                                          | <b>5:04PM – 6:35PM</b>   | Taitila Until 9:14PM                      | <b>Nataraja:</b> White     | Moon 9 - Phase 23 - 23          |
| Creative Work Siddha Yoga        |                                      |               |                                                                                                                                                                                                      |                          |                                           | Moon – Light Blue          | 4th Phase                       |
| Until 1:40PM                     |                                      |               |                                                                                                                                                                                                      |                          | <b>Navami* Until 10:22AM</b>              | <b>Bhadrapada*Puratasi</b> | <b>Sivaloka Day</b>             |
| Then Creative Work - Amrita Yoga |                                      |               |                                                                                                                                                                                                      |                          |                                           |                            |                                 |
| 2                                | <b>Monday, September 25, 2023</b>    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha*/Shravana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                          |                                           |                            | Mumbai, India                   |
|                                  | Makara Rasi: 6.26                    | Tithi 10 – 11 | <b>Gulika</b>                                                                                                                                                                                        | <b>2:02PM – 3:33PM</b>   | <b>Uttarashadha Until 11:45AM</b>         | <b>Ganesha:</b> Clear      | Sun 24 Sutra 161                |
|                                  | <b>Family Home Evening</b>           |               | <b>Yama</b>                                                                                                                                                                                          | <b>11:01AM – 12:32PM</b> | Athiganda* Until 3:21PM                   | <b>Muruga:</b> White       | Sobhana 5125                    |
|                                  |                                      |               | <b>Rahu</b>                                                                                                                                                                                          | <b>8:00AM – 9:30AM</b>   | Vanija Until 6:32PM                       | <b>Nataraja:</b> White     | Moon 9 - Phase 23 - 24          |
| Routine Work Marana Yoga         |                                      |               |                                                                                                                                                                                                      |                          |                                           | Moon – Light Blue          | 4th Phase                       |
| Until 11:45AM                    |                                      |               |                                                                                                                                                                                                      |                          | <b>Dashami Until 7:55AM</b>               | <b>Bhadrapada*Puratasi</b> | <b>Subha Sivaloka Day</b>       |
| Then Creative Work - Amrita Yoga |                                      |               |                                                                                                                                                                                                      |                          |                                           |                            |                                 |
| 3                                | <b>Tuesday, September 26, 2023</b>   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau             |                          |                                           |                            | Mumbai, India                   |
|                                  | Makara Rasi: 21.03                   | Tithi 12      | <b>Gulika</b>                                                                                                                                                                                        | <b>12:31PM – 2:02PM</b>  | <b>Shravana Until 9:41AM</b>              | <b>Ganesha:</b> White      | Sun 25 Sutra 162                |
|                                  |                                      |               | <b>Yama</b>                                                                                                                                                                                          | <b>9:30AM – 11:01AM</b>  | Sukarma Until 11:45AM                     | <b>Muruga:</b> White       | Sobhana 5125                    |
|                                  |                                      |               | <b>Rahu</b>                                                                                                                                                                                          | <b>3:32PM – 5:03PM</b>   | Bava Until 3:27PM                         | <b>Nataraja:</b> White     | Moon 9 - Phase 23 - 25          |
| Creative Work Siddha Yoga        |                                      |               |                                                                                                                                                                                                      |                          |                                           | Moon – Purple              | 4th Phase                       |
|                                  |                                      |               |                                                                                                                                                                                                      |                          | <b>Dvadashi Until 1:47AM Wed</b>          | <b>Bhadrapada*Puratasi</b> | <b>Subha Subha Sivaloka Day</b> |
| 4                                | <b>Wednesday, September 27, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau      |                          |                                           |                            | Mumbai, India                   |
|                                  | Kumbha Rasi: 5.55                    | Tithi 13      | <b>Gulika</b>                                                                                                                                                                                        | <b>11:01AM – 12:31PM</b> | <b>Dhanishtha Until 7:11AM</b>            | <b>Ganesha:</b> White      | Sun 26 Sutra 163                |
|                                  |                                      |               | <b>Yama</b>                                                                                                                                                                                          | <b>8:00AM – 9:30AM</b>   | Dhriti Until 7:54AM                       | <b>Muruga:</b> White       | Sobhana 5125                    |
|                                  |                                      |               | <b>Rahu</b>                                                                                                                                                                                          | <b>12:31PM – 2:01PM</b>  | Kaulava Until 12:06PM                     | <b>Nataraja:</b> White     | Moon 9 - Phase 23 - 26          |
| Routine Work Prabalarishta Yoga  |                                      |               |                                                                                                                                                                                                      |                          |                                           | Moon – Purple              | 4th Phase                       |
| Until 7:11AM                     |                                      |               | <b>Chidambaram Abhishekam</b>                                                                                                                                                                        |                          | <b>Trayodashi Until 10:21PM</b>           | <b>Bhadrapada*Puratasi</b> | <b>Subha Subha Sivaloka Day</b> |
| Then Creative Work - Siddha Yoga |                                      |               | <b>Kadaitswami Mahasamadhi</b>                                                                                                                                                                       |                          | <i>Pradosha Vrata</i>                     |                            |                                 |
| 5                                | <b>Thursday, September 28, 2023</b>  |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau                       |                          |                                           |                            | Mumbai, India                   |
|                                  | Kumbha Rasi: 20.55                   | Tithi 14      | <b>Gulika</b>                                                                                                                                                                                        | <b>9:30AM – 11:00AM</b>  | <b>Purvaproshtapada* Until 1:51AM Fri</b> | <b>Ganesha:</b> Yellow     | Sun 27 Sutra 164                |
|                                  |                                      |               | <b>Yama</b>                                                                                                                                                                                          | <b>6:30AM – 8:00AM</b>   | Ganda* Until 11:56PM                      | <b>Muruga:</b> White       | Sobhana 5125                    |
|                                  |                                      |               | <b>Rahu</b>                                                                                                                                                                                          | <b>2:01PM – 3:31PM</b>   | Gara Until 8:38AM                         | <b>Nataraja:</b> White     | Moon 9 - Phase 23 - 27          |
| Creative Work Siddha Yoga        |                                      |               |                                                                                                                                                                                                      |                          |                                           | Moon – Clear               | 4th Phase                       |
|                                  |                                      |               |                                                                                                                                                                                                      |                          | <b>Chaturdashi* Until 6:53PM</b>          | <b>Bhadrapada*Puratasi</b> | <b>Subha Sivaloka Day</b>       |
| O                                | <b>Friday, September 29, 2023</b>    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau             |                          |                                           |                            | Mumbai, India                   |
|                                  | <b>Copper Retreat Star</b>           |               | <b>Gulika</b>                                                                                                                                                                                        | <b>8:00AM – 9:30AM</b>   | <b>Uttaraproshtapada Until 11:20PM</b>    | <b>Ganesha:</b> Yellow     | Sutra 165                       |
|                                  | Meena Rasi: 5.55                     | Tithi 15 – 16 | <b>Yama</b>                                                                                                                                                                                          | <b>3:31PM – 5:01PM</b>   | Vriddhi Until 8:05PM                      | <b>Muruga:</b> White       | Sobhana 5125                    |
|                                  |                                      |               | <b>Rahu</b>                                                                                                                                                                                          | <b>11:00AM – 12:30PM</b> | Balava Until 1:56AM Sat                   | <b>Nataraja:</b> White     | Moon 9 - Phase 23 -             |
| Creative Work Siddha Yoga        |                                      |               |                                                                                                                                                                                                      |                          |                                           | Moon – Clear               | Purnima                         |
|                                  |                                      |               |                                                                                                                                                                                                      |                          | <b>Purnima* Until 3:31PM</b>              | <b>Bhadrapada*Puratasi</b> | <b>Subha Sivaloka Day</b>       |
|                                  | <b>Saturday, September 30, 2023</b>  |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau           |                          |                                           |                            | Mumbai, India                   |
|                                  | <b>Silver Retreat Star</b>           |               | <b>Gulika</b>                                                                                                                                                                                        | <b>6:30AM – 8:00AM</b>   | <b>Revati Until 9:01PM</b>                | <b>Ganesha:</b> Yellow     | Sutra 166                       |
|                                  | Meena Rasi: 20.45                    | Tithi 16 – 17 | <b>Yama</b>                                                                                                                                                                                          | <b>2:00PM – 3:30PM</b>   | Dhruva Until 4:27PM                       | <b>Muruga:</b> White       | Sobhana 5125                    |
|                                  |                                      |               | <b>Rahu</b>                                                                                                                                                                                          | <b>9:30AM – 11:00AM</b>  | Taitila Until 11:02PM                     | <b>Nataraja:</b> White     | Moon 9 - Phase 23 -             |
| Routine Work Prabalarishta Yoga  |                                      |               |                                                                                                                                                                                                      |                          |                                           | Moon – Clear               | Prathama                        |
| Until 9:01PM                     |                                      |               |                                                                                                                                                                                                      |                          | <b>Prathama* Until 12:25PM</b>            | <b>Bhadrapada*Puratasi</b> | <b>Subha Sivaloka Day</b>       |
| Then Creative Work - Siddha Yoga |                                      |               |                                                                                                                                                                                                      |                          |                                           |                            |                                 |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time. Calculated for Mumbai, India on 1/18/22

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)

**Sunday, October 1, 2023****Gold Retreat Star**

Mesha Rasi: 5.19 Tithi 17 – 18

Creative Work Siddha Yoga

Until 7:27PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam  
Ashvini Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Mumbai, India

Sun 1 Sutra 167

**Gulika 3:29PM – 4:59PM**

Yama 12:30PM – 2:00PM

629626573 **Rahu 4:59PM – 6:29PM****Ashvini Until 7:27PM**

Vyaghata\* Until 1:13PM

Vanija Until 8:37PM

**Dvitiya Until 9:44AM****Ganesha:** White Sunrise: 6:30AM**Muruga:** White Sunset: 6:29PM**Nataraja:** White

Moon – White Subha Subha Sivaloka Day

Bhadrapada\*Puratasi

Sobhana 5125

Moon 10 - Phase 24 - 1

1st Phase

**1 Monday, October 2, 2023**

Mesha Rasi: 19.3 Tithi 18 – 19

**Family Home Evening**

Creative Work Siddha Yoga

Until 6:23PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Mumbai, India

Sun 2 Sutra 168

**Gulika 1:59PM – 4:29PM**

Yama 11:00AM – 12:29PM

629626573 **Rahu 8:00AM – 9:30AM****Bharani Until 6:23PM**

Harshana Until 10:28AM

Bava Until 6:50PM

**Tritiya Until 7:37AM****Ganesha:** Clear Sunrise: 6:31AM**Muruga:** White Sunset: 6:28PM**Nataraja:** White

Moon – White Subha Sivaloka Day

Bhadrapada\*Puratasi

Sobhana 5125

Moon 10 - Phase 24 - 2

1st Phase

**2 Tuesday, October 3, 2023**

Vrishabha Rasi: 3.16 Tithi 19 – 20

Creative Work Siddha Yoga

Until 5:53PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Mumbai, India

Sun 3 Sutra 169

**Gulika 12:29PM – 1:59PM**

Yama 9:30AM – 10:59AM

629626573 **Rahu 3:28PM – 4:58PM****Krittika Until 5:53PM**

Vajra\* Until 8:15AM

Taitila Until 5:33AM Wed

**Chaturthi\* Until 6:12AM****Ganesha:** Clear Sunrise: 6:31AM**Muruga:** White Sunset: 6:27PM**Nataraja:** White

Moon – White Subha Sivaloka Day

Bhadrapada\*Puratasi

Sobhana 5125

Moon 10 - Phase 24 - 3

1st Phase

**3 Wednesday, October 4, 2023**

Vrishabha Rasi: 16.34 Tithi 21

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Mumbai, India

Sun 4 Sutra 170

**Gulika 10:59AM – 12:29PM**

Yama 8:00AM – 9:30AM

639626573 **Rahu 12:29PM – 1:58PM****Rohini Until 6:28PM**

Siddhi Until 6:40AM

Gara Until 5:33PM

**Shashthi\* Until 5:42AM Thu****Ganesha:** Purple Sunrise: 6:31AM**Muruga:** White Sunset: 6:26PM**Nataraja:** White

Moon – Yellow Sivaloka Day

Bhadrapada\*Puratasi

Sobhana 5125

Moon 10 - Phase 24 - 4

1st Phase

**4 Thursday, October 5, 2023**

Vrishabha Rasi: 29.28 Tithi 22

Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Variyan Yoga Visti\* Karana Saptamyam Titau

Mumbai, India

Sun 5 Sutra 171

**Gulika 9:30AM – 10:59AM**

Yama 6:31AM – 8:01AM

639626573 **Rahu 1:58PM – 3:27PM****Mrigashira Until 7:40PM**

Variyan Until 5:22AM Fri

Visti Until 6:06PM

**Saptami Until 6:37AM Fri****Ganesha:** Purple Sunrise: 6:31AM**Muruga:** White Sunset: 6:26PM**Nataraja:** White

Moon – Yellow Sivaloka Day

Bhadrapada\*Puratasi

Sobhana 5125

Moon 10 - Phase 24 - 5

1st Phase

**Friday, October 6, 2023****Retreat Star**

Mithuna Rasi: 12.01 Tithi 22 – 23

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Mumbai, India

Sun 6 Sutra 172

**Gulika 8:01AM – 9:30AM**

Yama 3:26PM – 4:56PM

639726573 **Rahu 10:59AM – 12:28PM****Ardra Until 9:23PM**

Parigha\* Until 5:30AM Sat

Balava Until 7:21PM

**Saptami Until 6:37AM****Ganesha:** Clear Sunrise: 6:31AM**Muruga:** White Sunset: 6:25PM**Nataraja:** White

Moon – Yellow Subha Sivaloka Day

Bhadrapada\*Puratasi

Sobhana 5125

Moon 10 - Phase 24 - 6

Ashtami

**Saturday, October 7, 2023****Retreat Star**

Mithuna Rasi: 24.17 Tithi 23 – 24

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Mumbai, India

Sun 7 Sutra 173

**Gulika 6:32AM – 8:01AM**

Yama 1:57PM – 3:26PM

649726573 **Rahu 9:30AM – 10:59AM****Punarvasu Until 11:58PM**

Shiva Until 6:03AM Sun

Taitila Until 9:12PM

**Ashtami\* Until 8:12AM****Ganesha:** Purple Sunrise: 6:32AM**Muruga:** White Sunset: 6:24PM**Nataraja:** White

Moon – Blue Subha Subha Sivaloka Day

Bhadrapada\*Puratasi

Sobhana 5125

Moon 10 - Phase 24 - 7

Navami

|   |                                  |               |                                                                                                                                                                                                    |                   |                             |                                |                         |
|---|----------------------------------|---------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------------|--------------------------------|-------------------------|
| 1 | Sunday, October 8, 2023          |               | Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau                           |                   |                             |                                | Mumbai, India           |
|   | Kataka Rasi: 6.2                 | Tithi 24 – 25 | Gulika                                                                                                                                                                                             | 3:25PM – 4:54PM   | Pushya Until 2:44AM Mon     | Ganesha: Purple                | Sunrise: 6:32AM         |
|   |                                  |               | Yama                                                                                                                                                                                               | 12:28PM – 1:56PM  | Shiva Until 6:03AM          | Muruga: White                  | Sunset: 6:23PM          |
|   | Creative Work                    | Siddha Yoga   | 649726574 Rahu                                                                                                                                                                                     | 4:54PM – 6:23PM   | Vanija Until 11:26PM        | Nataraja: Clear                | Moon 10 - Phase 25 - 8  |
|   |                                  |               |                                                                                                                                                                                                    |                   | Navami* Until 10:15AM       | Moon – Blue                    | 2nd Phase               |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Subha Sivaloka Day             |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Bhadrapada•Puratasi            |                         |
| 2 | Monday, October 9, 2023          |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau               |                   |                             |                                | Mumbai, India           |
|   | Kataka Rasi: 18.16               | Tithi 25 – 26 | Gulika                                                                                                                                                                                             | 1:56PM – 3:25PM   | Ashlesha* Until 5:32AM Tue  | Ganesha: Purple                | Sunrise: 6:32AM         |
|   | Family Home Evening              |               | Yama                                                                                                                                                                                               | 10:58AM – 12:27PM | Siddha Until 6:49AM         | Muruga: White                  | Sunset: 6:22PM          |
|   | Creative Work                    | Siddha Yoga   | 649726574 Rahu                                                                                                                                                                                     | 8:01AM – 9:30AM   | Bava Until 1:53AM Tue       | Nataraja: Clear                | Moon 10 - Phase 25 - 9  |
|   |                                  |               |                                                                                                                                                                                                    |                   | Dashami Until 12:37PM       | Moon – Blue                    | 2nd Phase               |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Subha Sivaloka Day             |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Bhadrapada•Puratasi            |                         |
| 3 | Tuesday, October 10, 2023        |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau            |                   |                             |                                | Mumbai, India           |
|   | Simha Rasi: 0.08                 | Tithi 26 – 27 | Gulika                                                                                                                                                                                             | 12:27PM – 1:56PM  | Magha* Until 8:41AM Wed     | Ganesha: Red                   | Sunrise: 6:32AM         |
|   |                                  |               | Yama                                                                                                                                                                                               | 9:30AM – 10:58AM  | Sadhya Until 7:43AM         | Muruga: White                  | Sunset: 6:22PM          |
|   | Creative Work                    | Siddha Yoga   | 651726574 Rahu                                                                                                                                                                                     | 3:24PM – 4:53PM   | Kaulava Until 4:23AM Wed    | Nataraja: Clear                | Moon 10 - Phase 25 - 10 |
|   | Until 8:41AM Wed                 |               |                                                                                                                                                                                                    |                   | Ekadashi* Until 3:07PM      | Moon – Red                     | 2nd Phase               |
|   | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                    |                   |                             | Sivaloka Day                   |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Bhadrapada•Puratasi            |                         |
| 4 | Wednesday, October 11, 2023      |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                   |                             |                                | Mumbai, India           |
|   | Simha Rasi: 12                   | Tithi 27 – 28 | Gulika                                                                                                                                                                                             | 10:58AM – 12:27PM | Magha* Until 8:41AM         | Ganesha: Red                   | Sunrise: 6:33AM         |
|   |                                  |               | Yama                                                                                                                                                                                               | 8:01AM – 9:30AM   | Subha Until 8:38AM          | Muruga: White                  | Sunset: 6:21PM          |
|   | Creative Work                    | Siddha Yoga   | 651726574 Rahu                                                                                                                                                                                     | 12:27PM – 1:55PM  | Gara Until 6:46AM Thu       | Nataraja: Clear                | Moon 10 - Phase 25 - 11 |
|   | Until 8:41AM                     |               |                                                                                                                                                                                                    |                   | Dvadashi* Until 5:34PM      | Moon – Red                     | 2nd Phase               |
|   | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                    |                   |                             | Sivaloka Day                   |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Bhadrapada•Puratasi            |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Pradosha Vrata (Fasting)       |                         |
| 5 | Thursday, October 12, 2023       |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau   |                   |                             |                                | Mumbai, India           |
|   | Simha Rasi: 23.54                | Tithi 28      | Gulika                                                                                                                                                                                             | 9:30AM – 10:58AM  | Purvaphalguni Until 11:32AM | Ganesha: Red                   | Sunrise: 6:33AM         |
|   |                                  |               | Yama                                                                                                                                                                                               | 6:33AM – 8:01AM   | Sukla Until 9:25AM          | Muruga: White                  | Sunset: 6:20PM          |
|   | Creative Work                    | Siddha Yoga   | 651726574 Rahu                                                                                                                                                                                     | 1:55PM – 3:23PM   | Gara Until 6:46AM           | Nataraja: Clear                | Moon 10 - Phase 25 - 12 |
|   |                                  |               |                                                                                                                                                                                                    |                   | Trayodashi* Until 7:51PM    | Moon – Red                     | 2nd Phase               |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Sivaloka Day                   |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Bhadrapada•Puratasi            |                         |
| 6 | Friday, October 13, 2023         |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau      |                   |                             |                                | Mumbai, India           |
|   | Kanya Rasi: 5.54                 | Tithi 29      | Gulika                                                                                                                                                                                             | 8:01AM – 9:30AM   | Uttaraphalguni Until 1:57PM | Ganesha: Red                   | Sunrise: 6:33AM         |
|   |                                  |               | Yama                                                                                                                                                                                               | 3:23PM – 4:51PM   | Brahma Until 10:01AM        | Muruga: White                  | Sunset: 6:19PM          |
|   | Creative Work                    | Siddha Yoga   | 651726574 Rahu                                                                                                                                                                                     | 10:58AM – 12:26PM | Visti Until 8:54AM          | Nataraja: Clear                | Moon 10 - Phase 25 - 13 |
|   | Until 1:57PM                     |               |                                                                                                                                                                                                    |                   | Chaturdashi* Until 9:49PM   | Moon – Red                     | 2nd Phase               |
|   | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                    |                   |                             | Sivaloka Day                   |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Bhadrapada•Puratasi            |                         |
| ● | Saturday, October 14, 2023       |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau          |                   |                             |                                | Mumbai, India           |
|   | Retreat Star                     |               | Gulika                                                                                                                                                                                             | 6:33AM – 8:02AM   | Hasta Until 4:22PM          | Ganesha: Yellow                | Sunrise: 6:33AM         |
|   | Kanya Rasi: 18.02                | Tithi 30      | Yama                                                                                                                                                                                               | 1:54PM – 3:22PM   | Indra Until 10:22AM         | Muruga: White                  | Sunset: 6:19PM          |
|   | Creative Work                    | Siddha Yoga   | 661726574 Rahu                                                                                                                                                                                     | 9:30AM – 10:58AM  | Catuspada Until 10:41AM     | Nataraja: Clear                | Moon 10 - Phase 25 - 14 |
|   | Until 1:57PM                     |               |                                                                                                                                                                                                    |                   |                             | Moon – Green                   | Amavasya                |
|   | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                    |                   |                             | Sivaloka Day                   |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Bhadrapada•Puratasi            |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Mahalaya Amavasai (Tamil Nadu) |                         |
|   | Sunday, October 15, 2023         |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Vaidhriti*/Vishakambha* Yoga Kintughna*/Bava Karana Prathamayam Titau            |                   |                             |                                | Mumbai, India           |
|   | Retreat Star                     |               | Gulika                                                                                                                                                                                             | 3:22PM – 4:50PM   | Chitra Until 6:11PM         | Ganesha: Yellow                | Sunrise: 6:34AM         |
|   | Tula Rasi: 0.2                   | Tithi 1       | Yama                                                                                                                                                                                               | 12:26PM – 1:54PM  | Vaidhriti* Until 10:22AM    | Muruga: White                  | Sunset: 6:18PM          |
|   | Creative Work                    | Siddha Yoga   | 661726574 Rahu                                                                                                                                                                                     | 4:50PM – 6:18PM   | Kintughna Until 12:03PM     | Nataraja: Clear                | Moon 10 - Phase 25 - 15 |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Moon – Green                   | Prathama                |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Sivaloka Day                   |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Ashvina•Puratasi               |                         |
|   |                                  |               |                                                                                                                                                                                                    |                   |                             | Navaratri Begins               |                         |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

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|                                        |                             |                              |                                                                                                                                                                                       |                   |                             |                   |                 |                         |
|----------------------------------------|-----------------------------|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------------|-------------------|-----------------|-------------------------|
| 1                                      | Monday, October 16, 2023    |                              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau         |                   |                             |                   | Mumbai, India   |                         |
|                                        | Tula Rasi: 12.5             | Tithi 2                      | Gulika                                                                                                                                                                                | 1:53PM – 3:21PM   | Svati Until 7:24PM          | Ganesha: Yellow   | Sunrise: 6:34AM | Sun 16 Sutra 182        |
|                                        | Family Home Evening         | 661726574                    | Yama                                                                                                                                                                                  | 10:58AM – 12:26PM | Vishkambha* Until 10:01AM   | Muruga: White     | Sunset: 6:17PM  | Sobhana 5125            |
|                                        | Creative Work               | Amrita Yoga                  | Rahu                                                                                                                                                                                  | 8:02AM – 9:30AM   | Balava Until 12:57PM        | Nataraja: Clear   |                 | Moon 10 - Phase 26 - 16 |
|                                        | Until 7:24PM                |                              |                                                                                                                                                                                       |                   | Dvitiya Until 1:13AM Tue    | Moon – Green      |                 | 3rd Phase               |
| Then Routine Work - Marana Yoga        |                             |                              |                                                                                                                                                                                       |                   |                             | Ashvina•Puratasi  | Sivaloka Day    |                         |
| 2                                      | Tuesday, October 17, 2023   |                              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau        |                   |                             |                   | Mumbai, India   |                         |
|                                        | Tula Rasi: 25.33            | Tithi 3                      | Gulika                                                                                                                                                                                | 12:25PM – 1:53PM  | Vishakha Until 8:28PM       | Ganesha: Red      | Sunrise: 6:34AM | Sun 17 Sutra 183        |
|                                        |                             |                              | Yama                                                                                                                                                                                  | 9:30AM – 10:58AM  | Priti Until 9:20AM          | Muruga: White     | Sunset: 6:16PM  | Sobhana 5125            |
|                                        |                             | 671726574                    | Rahu                                                                                                                                                                                  | 3:21PM – 4:49PM   | Taitila Until 1:23PM        | Nataraja: Clear   |                 | Moon 10 - Phase 26 - 17 |
|                                        | Routine Work                | Marana Yoga                  |                                                                                                                                                                                       |                   | Tritiya Until 1:25AM Wed    | Moon – Orange     |                 | 3rd Phase               |
| Until 8:28PM                           |                             |                              |                                                                                                                                                                                       |                   |                             | Ashvina•Puratasi  | Sivaloka Day    |                         |
| Then Creative Work - Siddha Yoga       |                             |                              |                                                                                                                                                                                       |                   |                             |                   |                 |                         |
| 3                                      | Wednesday, October 18, 2023 |                              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau     |                   |                             |                   | Mumbai, India   |                         |
|                                        | Vrischika Rasi: 8.29        | Tithi 4                      | Gulika                                                                                                                                                                                | 10:57AM – 12:25PM | Anuradha Until 8:57PM       | Ganesha: Red      | Sunrise: 6:35AM | Sun 18 Sutra 184        |
|                                        |                             |                              | Yama                                                                                                                                                                                  | 8:02AM – 9:30AM   | Ayushman Until 8:15AM       | Muruga: White     | Sunset: 6:16PM  | Sobhana 5125            |
|                                        |                             | 671726574                    | Rahu                                                                                                                                                                                  | 12:25PM – 1:53PM  | Vanija Until 1:22PM         | Nataraja: Clear   |                 | Moon 10 - Phase 26 - 18 |
|                                        | Creative Work               | Siddha Yoga                  |                                                                                                                                                                                       |                   | Chaturthi* Until 1:10AM Thu | Moon – Orange     |                 | 3rd Phase               |
|                                        |                             |                              |                                                                                                                                                                                       |                   |                             | Ashvina•Aipasi    | Sivaloka Day    |                         |
| 4                                      | Thursday, October 19, 2023  |                              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau         |                   |                             |                   | Mumbai, India   |                         |
|                                        | Vrischika Rasi: 21.39       | Tithi 5                      | Gulika                                                                                                                                                                                | 9:30AM – 10:57AM  | Jyeshtha* Until 8:50PM      | Ganesha: Red      | Sunrise: 6:35AM | Sun 19 Sutra 185        |
|                                        |                             |                              | Yama                                                                                                                                                                                  | 6:35AM – 8:02AM   | Saubhagya Until 6:49AM      | Muruga: White     | Sunset: 6:15PM  | Sobhana 5125            |
|                                        |                             | 671726574                    | Rahu                                                                                                                                                                                  | 1:52PM – 3:20PM   | Bava Until 12:53PM          | Nataraja: Clear   |                 | Moon 10 - Phase 26 - 19 |
|                                        | Routine Work                | Prabalarishta Yoga           |                                                                                                                                                                                       |                   | Panchami Until 12:28AM Fri  | Moon – Orange     |                 | 3rd Phase               |
| Until 8:50PM                           |                             |                              |                                                                                                                                                                                       |                   |                             | Ashvina•Aipasi    | Sivaloka Day    |                         |
| Then Creative Work - Siddha Yoga       |                             |                              |                                                                                                                                                                                       |                   |                             |                   |                 |                         |
| 5                                      | Friday, October 20, 2023    |                              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau               |                   |                             |                   | Mumbai, India   |                         |
|                                        | Dhanus Rasi: 5.02           | Tithi 6                      | Gulika                                                                                                                                                                                | 8:03AM – 9:30AM   | Mula* Until 8:37PM          | Ganesha: Yellow   | Sunrise: 6:35AM | Sun 20 Sutra 186        |
|                                        |                             |                              | Yama                                                                                                                                                                                  | 3:20PM – 4:47PM   | Athiganda* Until 2:58AM Sat | Muruga: White     | Sunset: 6:14PM  | Sobhana 5125            |
|                                        |                             | 682726574                    | Rahu                                                                                                                                                                                  | 10:57AM – 12:25PM | Kaulava Until 11:59AM       | Nataraja: Clear   |                 | Moon 10 - Phase 26 - 20 |
|                                        | Creative Work               | Amrita Yoga                  |                                                                                                                                                                                       |                   | Shashthi* Until 11:22PM     | Moon – Light Blue |                 | 3rd Phase               |
| Until 8:37PM                           |                             |                              |                                                                                                                                                                                       |                   |                             | Ashvina•Aipasi    | Sivaloka Day    |                         |
| Then Routine Work - Prabalarishta Yoga |                             |                              |                                                                                                                                                                                       |                   |                             |                   |                 |                         |
| 6                                      | Saturday, October 21, 2023  |                              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau                |                   |                             |                   | Mumbai, India   |                         |
|                                        | Dhanus Rasi: 18.41          | Tithi 7                      | Gulika                                                                                                                                                                                | 6:35AM – 8:03AM   | Purvashadha* Until 7:51PM   | Ganesha: Yellow   | Sunrise: 6:35AM | Sun 21 Sutra 187        |
|                                        |                             |                              | Yama                                                                                                                                                                                  | 1:52PM – 3:19PM   | Sukarma Until 12:34AM Sun   | Muruga: White     | Sunset: 6:14PM  | Sobhana 5125            |
|                                        |                             | 682726574                    | Rahu                                                                                                                                                                                  | 9:30AM – 10:57AM  | Gara Until 10:41AM          | Nataraja: Clear   |                 | Moon 10 - Phase 26 - 21 |
|                                        | Creative Work               | Siddha Yoga                  |                                                                                                                                                                                       |                   | Saptami Until 9:52PM        | Moon – Light Blue |                 | 3rd Phase               |
| Until 7:51PM                           |                             |                              |                                                                                                                                                                                       |                   |                             | Ashvina•Aipasi    | Sivaloka Day    |                         |
| Then Routine Work - Marana Yoga        |                             |                              |                                                                                                                                                                                       |                   |                             |                   |                 |                         |
| D                                      | Sunday, October 22, 2023    |                              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau                 |                   |                             |                   | Mumbai, India   |                         |
|                                        | Retreat Star                |                              | Gulika                                                                                                                                                                                | 3:19PM – 4:46PM   | Uttarashadha Until 6:35PM   | Ganesha: Yellow   | Sunrise: 6:36AM | Sun 22 Sutra 188        |
|                                        | Makara Rasi: 2.32           | Tithi 8                      | Yama                                                                                                                                                                                  | 12:24PM – 1:52PM  | Dhriti Until 9:52PM         | Muruga: White     | Sunset: 6:13PM  | Sobhana 5125            |
|                                        |                             | 682726574                    | Rahu                                                                                                                                                                                  | 4:46PM – 6:13PM   | Visti Until 9:00AM          | Nataraja: Clear   |                 | Moon 10 - Phase 26 - 22 |
|                                        | Creative Work               | Amrita Yoga                  |                                                                                                                                                                                       |                   | Ashtami* Until 8:00PM       | Moon – Light Blue |                 | Ashtami                 |
|                                        |                             | Durga Ashtami                |                                                                                                                                                                                       |                   |                             |                   | Ashvina•Aipasi  | Sivaloka Day            |
|                                        |                             |                              |                                                                                                                                                                                       |                   |                             |                   |                 |                         |
| Monday, October 23, 2023               | Retreat Star                |                              | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shula* Yoga Balava/Taitila Karana Navami/Dashamyam Titau |                   |                             |                   | Mumbai, India   |                         |
|                                        | Makara Rasi: 16.38          | Tithi 9 – 10                 | Gulika                                                                                                                                                                                | 1:51PM – 3:18PM   | Shravana Until 5:15PM       | Ganesha: White    | Sunrise: 6:36AM | Sun 23 Sutra 189        |
|                                        | Family Home Evening         | 692726574                    | Yama                                                                                                                                                                                  | 10:57AM – 12:24PM | Shula* Until 6:53PM         | Muruga: White     | Sunset: 6:12PM  | Sobhana 5125            |
|                                        | Creative Work               | Amrita Yoga                  | Rahu                                                                                                                                                                                  | 8:03AM – 9:30AM   | Balava Until 6:57AM         | Nataraja: Clear   |                 | Moon 10 - Phase 26 - 23 |
|                                        | Until 5:15PM                |                              |                                                                                                                                                                                       |                   | Navami* Until 5:47PM        | Moon – Purple     |                 | Navami                  |
| Then Creative Work - Siddha Yoga       |                             | Saraswathi Puja (Tamil Nadu) |                                                                                                                                                                                       |                   |                             |                   | Ashvina•Aipasi  | Devaloka Day            |
|                                        |                             |                              |                                                                                                                                                                                       |                   |                             |                   |                 |                         |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

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|                                                                                   |                                  |                    |                                                                                                                                                                                                                      |                           |                                 |                 |                 |                                      |
|-----------------------------------------------------------------------------------|----------------------------------|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|---------------------------------|-----------------|-----------------|--------------------------------------|
| 1                                                                                 | Tuesday, October 24, 2023        |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau                  |                           |                                 |                 |                 | Mumbai, India                        |
|                                                                                   | Kumbha Rasi: 0.56                | Tithi 10 – 11      | Gulika                                                                                                                                                                                                               | 12:24PM – 1:51PM          | Dhanishtha Until 3:30PM         | Ganesha: White  | Sunrise: 6:37AM | Sun 24 Sutra 190                     |
|                                                                                   |                                  |                    | Yama                                                                                                                                                                                                                 | 9:30AM – 10:57AM          | Ganda* Until 3:41PM             | Muruga: White   | Sunset: 6:12PM  | Sobhana 5125                         |
|                                                                                   |                                  | 692726574          | Rahu                                                                                                                                                                                                                 | 3:18PM – 4:45PM           | Vanija Until 2:00AM Wed         | Nataraja: Clear |                 | Moon 10 - Phase 27 - 24<br>4th Phase |
|                                                                                   | Creative Work                    | Siddha Yoga        |                                                                                                                                                                                                                      |                           |                                 | Moon – Purple   |                 |                                      |
|                                                                                   | Until 3:30PM                     |                    | Vijaya Dasami                                                                                                                                                                                                        | Dashami Until 3:18PM      |                                 | Ashvina•Aipasi  | Devaloka Day    |                                      |
|                                                                                   | Then Routine Work - Marana Yoga  |                    |                                                                                                                                                                                                                      |                           |                                 |                 |                 |                                      |
| 2                                                                                 | Wednesday, October 25, 2023      |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau            |                           |                                 |                 |                 | Mumbai, India                        |
|                                                                                   | Kumbha Rasi: 15.25               | Tithi 11 – 12      | Gulika                                                                                                                                                                                                               | 10:57AM – 12:24PM         | Shatabhishak Until 1:25PM       | Ganesha: White  | Sunrise: 6:37AM | Sun 25 Sutra 191                     |
|                                                                                   |                                  |                    | Yama                                                                                                                                                                                                                 | 8:04AM – 9:30AM           | Vridhhi Until 12:20PM           | Muruga: White   | Sunset: 6:11PM  | Sobhana 5125                         |
|                                                                                   |                                  | 692726574          | Rahu                                                                                                                                                                                                                 | 12:24PM – 1:51PM          | Bava Until 11:14PM              | Nataraja: Clear |                 | Moon 10 - Phase 27 - 25<br>4th Phase |
|                                                                                   | Creative Work                    | Siddha Yoga        |                                                                                                                                                                                                                      |                           |                                 | Moon – Purple   |                 |                                      |
|                                                                                   | Until 1:25PM                     |                    |                                                                                                                                                                                                                      | Ekadashi Until 12:37PM    |                                 | Ashvina•Aipasi  | Devaloka Day    |                                      |
|                                                                                   | Then Creative Work - Amrita Yoga |                    |                                                                                                                                                                                                                      |                           |                                 |                 |                 |                                      |
| 3                                                                                 | Thursday, October 26, 2023       |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                           |                                 |                 |                 | Mumbai, India                        |
|                                                                                   | Kumbha Rasi: 29.59               | Tithi 12 – 13      | Gulika                                                                                                                                                                                                               | 9:31AM – 10:57AM          | Purvaproshtapada* Until 11:30AM | Ganesha: Purple | Sunrise: 6:37AM | Sun 26 Sutra 192                     |
|                                                                                   |                                  |                    | Yama                                                                                                                                                                                                                 | 6:37AM – 8:04AM           | Dhruva Until 8:52AM             | Muruga: White   | Sunset: 6:11PM  | Sobhana 5125                         |
|                                                                                   |                                  | 612726574          | Rahu                                                                                                                                                                                                                 | 1:51PM – 3:17PM           | Kaulava Until 8:25PM            | Nataraja: Clear |                 | Moon 10 - Phase 27 - 26<br>4th Phase |
|                                                                                   | Creative Work                    | Siddha Yoga        |                                                                                                                                                                                                                      |                           |                                 | Moon – Clear    |                 |                                      |
|                                                                                   |                                  |                    |                                                                                                                                                                                                                      | Dvadashi Until 9:49AM     |                                 | Ashvina•Aipasi  | Devaloka Day    |                                      |
|                                                                                   |                                  |                    |                                                                                                                                                                                                                      | Pradosha Vrata            |                                 |                 |                 |                                      |
| 4                                                                                 | Friday, October 27, 2023         |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Harshana Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau               |                           |                                 |                 |                 | Mumbai, India                        |
|                                                                                   | Meena Rasi: 14.34                | Tithi 13 – 14      | Gulika                                                                                                                                                                                                               | 8:04AM – 9:31AM           | Uttaraproshtapada Until 9:27AM  | Ganesha: Purple | Sunrise: 6:38AM | Sun 27 Sutra 193                     |
|                                                                                   |                                  |                    | Yama                                                                                                                                                                                                                 | 3:17PM – 4:43PM           | Harshana Until 2:02AM Sat       | Muruga: White   | Sunset: 6:10PM  | Sobhana 5125                         |
|                                                                                   |                                  | 612726574          | Rahu                                                                                                                                                                                                                 | 10:57AM – 12:24PM         | Vanija Until 4:20AM Sat         | Nataraja: Clear |                 | Moon 10 - Phase 27 - 27<br>4th Phase |
|                                                                                   | Creative Work                    | Siddha Yoga        |                                                                                                                                                                                                                      |                           |                                 | Moon – Clear    |                 |                                      |
|                                                                                   |                                  |                    |                                                                                                                                                                                                                      | Trayodashi Until 7:01AM   |                                 | Ashvina•Aipasi  | Devaloka Day    |                                      |
|  | Saturday, October 28, 2023       |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau                                             |                           |                                 |                 |                 | Mumbai, India                        |
|                                                                                   | Copper Retreat Star              |                    | Gulika                                                                                                                                                                                                               | 6:38AM – 8:04AM           | Revati Until 7:24AM             | Ganesha: Purple | Sunrise: 6:38AM | Sutra 194                            |
|                                                                                   | Meena Rasi: 29.04                | Tithi 15           | Yama                                                                                                                                                                                                                 | 1:50PM – 3:17PM           | Vajra* Until 10:51PM            | Muruga: White   | Sunset: 6:09PM  | Sobhana 5125                         |
|                                                                                   |                                  | 612726574          | Rahu                                                                                                                                                                                                                 | 9:31AM – 10:57AM          | Visti Until 3:06PM              | Nataraja: Clear |                 | Moon 10 - Phase 27 -<br>Purnima      |
|                                                                                   | Routine Work                     | Prabalarishta Yoga |                                                                                                                                                                                                                      |                           |                                 | Moon – Clear    |                 |                                      |
|                                                                                   | Until 7:24AM                     |                    |                                                                                                                                                                                                                      | Purnima* Until 1:55AM Sun |                                 | Ashvina•Aipasi  | Devaloka Day    |                                      |
|                                                                                   | Then Creative Work - Siddha Yoga |                    |                                                                                                                                                                                                                      |                           |                                 |                 |                 |                                      |
|                                                                                   | Sunday, October 29, 2023         |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau                                              |                           |                                 |                 |                 | Mumbai, India                        |
|                                                                                   | Silver Retreat Star              |                    | Gulika                                                                                                                                                                                                               | 3:16PM – 4:43PM           | Bharani Until 4:40AM Mon        | Ganesha: Clear  | Sunrise: 6:38AM | Sutra 195                            |
|                                                                                   | Mesha Rasi: 13.23                | Tithi 16           | Yama                                                                                                                                                                                                                 | 12:24PM – 1:50PM          | Siddhi Until 7:58PM             | Muruga: White   | Sunset: 6:09PM  | Sobhana 5125                         |
|                                                                                   |                                  | 622726574          | Rahu                                                                                                                                                                                                                 | 4:43PM – 6:09PM           | Balava Until 12:51PM            | Nataraja: Clear |                 | Moon 10 - Phase 27 -<br>Prathama     |
|                                                                                   | Routine Work                     | Prabalarishta Yoga |                                                                                                                                                                                                                      |                           |                                 | Moon – White    |                 |                                      |
|                                                                                   | Until 4:40AM Mon                 |                    |                                                                                                                                                                                                                      | Prathama* Until 11:53PM   |                                 | Ashvina•Aipasi  | Sivaloka Day    |                                      |
|                                                                                   | Then Routine Work - Marana Yoga  |                    |                                                                                                                                                                                                                      |                           |                                 |                 |                 |                                      |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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**Monday, October 30, 2023****Gold Retreat Star**

Mesha Rasi: 27.26 Tithi 17  
**Family Home Evening**  
 Routine Work Marana Yoga  
 Until 3:50AM Tue  
 Then Creative Work - Amrita Yoga

**Gulika** 1:50PM – 3:16PM  
 Yama 10:57AM – 12:24PM  
 622826574 **Rahu** 8:05AM – 9:31AM

Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
 Kritika Nakshatra Vyatipata\* Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

**Kritika Until 3:50AM Tue**  
 Vyatipata\* Until 5:31PM  
 Taitila Until 11:04AM  
**Dvitiya Until 10:22PM**

**Ganesha:** White *Sunrise:* 6:39AM  
**Muruga:** White *Sunset:* 6:08PM  
**Nataraja:** Clear  
 Moon – White  
**Ashvina•Aipasi**

Mumbai, India  
 Sutra 196  
 Sobhana 5125  
 Moon 11 - Phase 28 - 1st Phase

**Subha Sivaloka Day****1 Tuesday, October 31, 2023**

Wrishabha Rasi: 11.08 Tithi 18  
 Creative Work Amrita Yoga  
 Until 3:56AM Wed  
 Then Creative Work - Siddha Yoga

**Gulika** 12:24PM – 1:50PM  
 Yama 9:31AM – 10:57AM  
 632826574 **Rahu** 3:16PM – 4:42PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Rohini Nakshatra Variyan/Parigaha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Rohini Until 3:56AM Wed**  
 Variyan Until 3:31PM  
 Vanija Until 9:52AM  
**Tritiya Until 9:30PM**

**Ganesha:** Yellow *Sunrise:* 6:39AM  
**Muruga:** White *Sunset:* 6:08PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Ashvina•Aipasi**

Mumbai, India  
 Sun 1 Sutra 197  
 Sobhana 5125  
 Moon 11 - Phase 28 - 1st Phase

**Sivaloka Day****2 Wednesday, November 1, 2023**

Wrishabha Rasi: 24.27 Tithi 19  
 Creative Work Siddha Yoga  
 Until 4:36AM Thu  
 Then Routine Work - Marana Yoga

**Gulika** 10:58AM – 12:24PM  
 Yama 8:06AM – 9:32AM  
 632826574 **Rahu** 12:24PM – 1:49PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
 Mrigashira Nakshatra Parigaha\*/Shiva Yoga Bava/Balava Karana Chaturthyam Titau

**Mrigashira Until 4:36AM Thu**  
 Parigaha\* Until 2:04PM  
 Bava Until 9:21AM  
**Chaturthi\* Until 9:20PM**

**Ganesha:** Yellow *Sunrise:* 6:40AM  
**Muruga:** White *Sunset:* 6:07PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Ashvina•Aipasi**

Mumbai, India  
 Sun 2 Sutra 198  
 Sobhana 5125  
 Moon 11 - Phase 28 - 2 1st Phase

**Sivaloka Day****3 Thursday, November 2, 2023**

Mithuna Rasi: 7.24 Tithi 20  
 Routine Work Marana Yoga  
 Until 5:48AM Fri  
 Then Creative Work - Siddha Yoga

**Gulika** 9:32AM – 10:58AM  
 Yama 6:40AM – 8:06AM  
 633826574 **Rahu** 1:49PM – 3:15PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
 Ardra Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

**Ardra Until 5:48AM Fri**  
 Shiva Until 1:12PM  
 Kaulava Until 9:33AM  
**Panchami Until 9:54PM**

**Ganesha:** White *Sunrise:* 6:40AM  
**Muruga:** White *Sunset:* 6:07PM  
**Nataraja:** Clear  
 Moon – Yellow  
**Ashvina•Aipasi**

Mumbai, India  
 Sun 3 Sutra 199  
 Sobhana 5125  
 Moon 11 - Phase 28 - 3 1st Phase

**Devaloka Day****4 Friday, November 3, 2023**

Mithuna Rasi: 20.01 Tithi 21  
 Creative Work Siddha Yoga

**Gulika** 8:06AM – 9:32AM  
 Yama 3:15PM – 4:41PM  
 643826574 **Rahu** 10:58AM – 12:23PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Punarvasu Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

**Punarvasu Until 7:58AM Sat**  
 Siddha Until 12:52PM  
 Gara Until 10:28AM  
**Shashthi\* Until 11:10PM**

**Ganesha:** Yellow *Sunrise:* 6:40AM  
**Muruga:** White *Sunset:* 6:06PM  
**Nataraja:** Clear  
 Moon – Blue  
**Ashvina•Aipasi**

Mumbai, India  
 Sun 4 Sutra 200  
 Sobhana 5125  
 Moon 11 - Phase 28 - 4 1st Phase

**Sivaloka Day****5 Saturday, November 4, 2023**

Kataka Rasi: 2.2 Tithi 22  
 Creative Work Siddha Yoga

**Gulika** 6:41AM – 8:07AM  
 Yama 1:49PM – 3:15PM  
 643826574 **Rahu** 9:32AM – 10:58AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Visti\*/Bava Karana Saptamyam Titau

**Punarvasu Until 7:58AM**  
 Sadhya Until 1:02PM  
 Visti Until 12:03PM  
**Saptami Until 1:01AM Sun**

**Ganesha:** Yellow *Sunrise:* 6:41AM  
**Muruga:** White *Sunset:* 6:06PM  
**Nataraja:** Clear  
 Moon – Blue  
**Ashvina•Aipasi**

Mumbai, India  
 Sun 5 Sutra 201  
 Sobhana 5125  
 Moon 11 - Phase 28 - 5 1st Phase

**Sivaloka Day****D Sunday, November 5, 2023****Retreat Star**

Kataka Rasi: 14.25 Tithi 23  
 Creative Work Siddha Yoga

**Gulika** 3:15PM – 4:40PM  
 Yama 12:23PM – 1:49PM  
 643826574 **Rahu** 4:40PM – 6:06PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

**Pushya Until 10:29AM**  
 Subha Until 1:35PM  
 Balava Until 2:09PM  
**Ashtami\* Until 3:18AM Mon**

**Ganesha:** Yellow *Sunrise:* 6:41AM  
**Muruga:** White *Sunset:* 6:06PM  
**Nataraja:** Clear  
 Moon – Blue  
**Ashvina•Aipasi**

Mumbai, India  
 Sun 6 Sutra 202  
 Sobhana 5125  
 Moon 11 - Phase 28 - 6 Ashtami

**Sivaloka Day****Monday, November 6, 2023****Retreat Star**

Kataka Rasi: 26.22 Tithi 24  
**Family Home Evening**  
 Creative Work Siddha Yoga  
 Until 1:10PM  
 Then Routine Work - Marana Yoga

**Gulika** 1:49PM – 3:14PM  
 Yama 10:58AM – 12:24PM  
 643826574 **Rahu** 8:07AM – 9:33AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
 Ashlesha\*/Magha\* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

**Ashlesha\* Until 1:10PM**  
 Sukla Until 2:22PM  
 Taitila Until 4:34PM  
**Navami\* Until 5:49AM Tue**

**Ganesha:** Yellow *Sunrise:* 6:42AM  
**Muruga:** White *Sunset:* 6:05PM  
**Nataraja:** Clear  
 Moon – Blue  
**Ashvina•Aipasi**

Mumbai, India  
 Sun 7 Sutra 203  
 Sobhana 5125  
 Moon 11 - Phase 28 - 7 Navami

**Sivaloka Day**

|                                                                                     |                                    |               |                                                                                                                                                                                                       |                          |                                    |                        |                         |
|-------------------------------------------------------------------------------------|------------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------------------|------------------------|-------------------------|
| <b>1</b>                                                                            | <b>Tuesday, November 7, 2023</b>   |               | Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Vanija Karana Dashamyam Titau                           |                          |                                    |                        | Mumbai, India           |
|                                                                                     | Simha Rasi: 8.13                   | Tithi 25      | <b>Gulika</b>                                                                                                                                                                                         | <b>12:24PM – 1:49PM</b>  | <b>Magha* Until 4:20PM</b>         | <b>Ganesha:</b> Yellow | Sun 8 Sutra 204         |
|                                                                                     |                                    |               | Yama                                                                                                                                                                                                  | 9:33AM – 10:58AM         | Brahma Until 3:15PM                | <b>Muruga:</b> White   | Sobhana 5125            |
|                                                                                     | Creative Work                      | Siddha Yoga   | 753826574 <b>Rahu</b>                                                                                                                                                                                 | <b>3:14PM – 4:40PM</b>   | Vanija Until 7:07PM                | <b>Nataraja:</b> Clear | Moon 11 - Phase 29 - 8  |
|                                                                                     |                                    |               |                                                                                                                                                                                                       |                          | <b>Dashami Until 8:20AM Wed</b>    | Moon – Red             | 2nd Phase               |
|                                                                                     |                                    |               |                                                                                                                                                                                                       |                          |                                    | <b>Ashvina*Aipasi</b>  | <b>Sivaloka Day</b>     |
| <b>2</b>                                                                            | <b>Wednesday, November 8, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau           |                          |                                    |                        | Mumbai, India           |
|                                                                                     | Simha Rasi: 20.05                  | Tithi 25 – 26 | <b>Gulika</b>                                                                                                                                                                                         | <b>10:58AM – 12:24PM</b> | <b>Purvaphalguni Until 7:15PM</b>  | <b>Ganesha:</b> Yellow | Sun 9 Sutra 205         |
|                                                                                     |                                    |               | Yama                                                                                                                                                                                                  | 8:08AM – 9:33AM          | Indra Until 4:06PM                 | <b>Muruga:</b> White   | Sobhana 5125            |
|                                                                                     |                                    |               | 753826574 <b>Rahu</b>                                                                                                                                                                                 | <b>12:24PM – 1:49PM</b>  | Bava Until 9:33PM                  | <b>Nataraja:</b> Clear | Moon 11 - Phase 29 - 9  |
|                                                                                     | Creative Work                      | Amrita Yoga   |                                                                                                                                                                                                       |                          | <b>Dashami Until 8:20AM</b>        | Moon – Red             | 2nd Phase               |
|                                                                                     |                                    |               |                                                                                                                                                                                                       |                          |                                    | <b>Ashvina*Aipasi</b>  | <b>Sivaloka Day</b>     |
| <b>3</b>                                                                            | <b>Thursday, November 9, 2023</b>  |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                          |                                    |                        | Mumbai, India           |
|                                                                                     | Kanya Rasi: 2.01                   | Tithi 26 – 27 | <b>Gulika</b>                                                                                                                                                                                         | <b>9:33AM – 10:59AM</b>  | <b>Uttaraphalguni Until 9:43PM</b> | <b>Ganesha:</b> Yellow | Sun 10 Sutra 206        |
|                                                                                     |                                    |               | Yama                                                                                                                                                                                                  | 6:43AM – 8:08AM          | Vaidhriti* Until 4:43PM            | <b>Muruga:</b> White   | Sobhana 5125            |
|                                                                                     |                                    |               | 753826574 <b>Rahu</b>                                                                                                                                                                                 | <b>1:49PM – 3:14PM</b>   | Kaulava Until 11:41PM              | <b>Nataraja:</b> Clear | Moon 11 - Phase 29 - 10 |
|                                                                                     |                                    | Amrita Yoga   |                                                                                                                                                                                                       |                          | <b>Ekdashi* Until 10:39AM</b>      | Moon – Red             | 2nd Phase               |
|                                                                                     | Until 9:43PM                       |               |                                                                                                                                                                                                       |                          |                                    | <b>Ashvina*Aipasi</b>  | <b>Sivaloka Day</b>     |
|                                                                                     | Then Routine Work - Marana Yoga    |               |                                                                                                                                                                                                       |                          |                                    |                        |                         |
| <b>4</b>                                                                            | <b>Friday, November 10, 2023</b>   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasta Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau              |                          |                                    |                        | Mumbai, India           |
|                                                                                     | Kanya Rasi: 14.05                  | Tithi 27 – 28 | <b>Gulika</b>                                                                                                                                                                                         | <b>8:09AM – 9:34AM</b>   | <b>Hasta Until 12:06AM Sat</b>     | <b>Ganesha:</b> Blue   | Sun 11 Sutra 207        |
|                                                                                     |                                    |               | Yama                                                                                                                                                                                                  | 3:14PM – 4:39PM          | Vishkambha* Until 5:02PM           | <b>Muruga:</b> White   | Sobhana 5125            |
|                                                                                     |                                    |               | 763826574 <b>Rahu</b>                                                                                                                                                                                 | <b>10:59AM – 12:24PM</b> | Gara Until 1:22AM Sat              | <b>Nataraja:</b> Clear | Moon 11 - Phase 29 - 11 |
|                                                                                     | Creative Work                      | Amrita Yoga   |                                                                                                                                                                                                       |                          | <b>Dvadashi* Until 12:34PM</b>     | Moon – Green           | 2nd Phase               |
|                                                                                     | Until 12:06AM Sat                  |               |                                                                                                                                                                                                       |                          |                                    | <b>Ashvina*Aipasi</b>  | <b>Devaloka Day</b>     |
|                                                                                     | Then Routine Work - Marana Yoga    |               |                                                                                                                                                                                                       |                          | <i>Pradosha Vrata (Fasting)</i>    |                        |                         |
| <b>5</b>                                                                            | <b>Saturday, November 11, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau            |                          |                                    |                        | Mumbai, India           |
|                                                                                     | Kanya Rasi: 26.22                  | Tithi 28 – 29 | <b>Gulika</b>                                                                                                                                                                                         | <b>6:44AM – 8:09AM</b>   | <b>Chitra Until 1:46AM Sun</b>     | <b>Ganesha:</b> Blue   | Sun 12 Sutra 208        |
|                                                                                     |                                    |               | Yama                                                                                                                                                                                                  | 1:49PM – 3:14PM          | Priti Until 4:57PM                 | <b>Muruga:</b> White   | Sobhana 5125            |
|                                                                                     |                                    |               | 763826574 <b>Rahu</b>                                                                                                                                                                                 | <b>9:34AM – 10:59AM</b>  | Visti Until 2:28AM Sun             | <b>Nataraja:</b> Clear | Moon 11 - Phase 29 - 12 |
|                                                                                     | Routine Work                       | Marana Yoga   |                                                                                                                                                                                                       |                          | <b>Trayodashi* Until 1:58PM</b>    | Moon – Green           | 2nd Phase               |
|                                                                                     | Until 1:46AM Sun                   |               | <b>Subramuniyaswami Mahasamadhi</b>                                                                                                                                                                   |                          |                                    | <b>Ashvina*Aipasi</b>  | <b>Devaloka Day</b>     |
|                                                                                     | Then Creative Work - Siddha Yoga   |               | <b>Deepavali Hindu Solidarity Day</b>                                                                                                                                                                 |                          |                                    |                        |                         |
|  | <b>Sunday, November 12, 2023</b>   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau     |                          |                                    |                        | Mumbai, India           |
|                                                                                     | <b>Retreat Star</b>                |               | <b>Gulika</b>                                                                                                                                                                                         | <b>3:14PM – 4:38PM</b>   | <b>Svati Until 2:42AM Mon</b>      | <b>Ganesha:</b> Blue   | Sun 13 Sutra 209        |
|                                                                                     | Tula Rasi: 8.53                    | Tithi 29 – 30 | Yama                                                                                                                                                                                                  | 12:24PM – 1:49PM         | Ayushman Until 4:23PM              | <b>Muruga:</b> White   | Sobhana 5125            |
|                                                                                     |                                    |               | 763826574 <b>Rahu</b>                                                                                                                                                                                 | <b>4:38PM – 6:03PM</b>   | Catuspada Until 2:58AM Mon         | <b>Nataraja:</b> Clear | Moon 11 - Phase 29 - 13 |
|                                                                                     | Creative Work                      | Siddha Yoga   |                                                                                                                                                                                                       |                          | <b>Chaturdashi* Until 2:46PM</b>   | Moon – Green           | Amavasya                |
|                                                                                     | Until 2:42AM Mon                   |               |                                                                                                                                                                                                       |                          |                                    | <b>Ashvina*Aipasi</b>  | <b>Devaloka Day</b>     |
|                                                                                     | Then Routine Work - Marana Yoga    |               |                                                                                                                                                                                                       |                          |                                    |                        |                         |
| <b>Monday, November 13, 2023</b>                                                    | <b>Retreat Star</b>                |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau           |                          |                                    |                        | Mumbai, India           |
|                                                                                     | Tula Rasi: 21.41                   | Tithi 30 – 1  | <b>Gulika</b>                                                                                                                                                                                         | <b>1:49PM – 3:14PM</b>   | <b>Vishakha Until 3:22AM Tue</b>   | <b>Ganesha:</b> Blue   | Sun 14 Sutra 210        |
|                                                                                     | <b>Family Home Evening</b>         |               | Yama                                                                                                                                                                                                  | 10:59AM – 12:24PM        | Saubhagya Until 3:22PM             | <b>Muruga:</b> White   | Sobhana 5125            |
|                                                                                     |                                    |               | 773826574 <b>Rahu</b>                                                                                                                                                                                 | <b>8:10AM – 9:35AM</b>   | Kintughna Until 2:52AM Tue         | <b>Nataraja:</b> Clear | Moon 11 - Phase 29 - 14 |
|                                                                                     | Routine Work                       | Marana Yoga   |                                                                                                                                                                                                       |                          | <b>Amavasya* Until 2:58PM</b>      | Moon – Orange          | Prathama                |
|                                                                                     | Until 3:22AM Tue                   |               | <b>Skanda Shasthi Begins</b>                                                                                                                                                                          |                          |                                    | <b>Karttika*Aipasi</b> | <b>Devaloka Day</b>     |
|                                                                                     | Then Creative Work - Siddha Yoga   |               |                                                                                                                                                                                                       |                          |                                    |                        |                         |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

|                                        |                                     |                               |                                                                                                                                                                                              |                                      |                           |                                 |                         |
|----------------------------------------|-------------------------------------|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|---------------------------|---------------------------------|-------------------------|
| <b>1</b>                               | <b>Tuesday, November 14, 2023</b>   |                               | Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau           |                                      |                           |                                 | Mumbai, India           |
|                                        | Vrischika Rasi: 4.46                | Tithi 1 – 2                   | <b>Gulika</b> 12:24PM – 1:49PM                                                                                                                                                               | <b>Anuradha Until 3:22AM Wed</b>     | <b>Ganesha:</b> Blue      | <i>Sunrise:</i> 6:46AM          | Sun 15 Sutra 211        |
|                                        |                                     |                               | Yama 9:35AM – 11:00AM                                                                                                                                                                        | Sobhana Until 1:55PM                 | <b>Muruga:</b> White      | <i>Sunset:</i> 6:03PM           | Sobhana 5125            |
|                                        | 773826574                           | <b>Rahu</b> 3:14PM – 4:38PM   |                                                                                                                                                                                              | Balava Until 2:15AM Wed              | <b>Nataraja:</b> Clear    |                                 | Moon 11 - Phase 30 - 15 |
| Creative Work                          | Siddha Yoga                         |                               |                                                                                                                                                                                              | <b>Prathama* Until 2:36PM</b>        | Moon – Orange             |                                 | 3rd Phase               |
|                                        |                                     |                               |                                                                                                                                                                                              |                                      | <b>Karttika•Aipasi</b>    | <b>Devaloka Day</b>             |                         |
| <b>2</b>                               | <b>Wednesday, November 15, 2023</b> |                               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau  |                                      |                           |                                 | Mumbai, India           |
|                                        | Vrischika Rasi: 18.08               | Tithi 2 – 3                   | <b>Gulika</b> 11:00AM – 12:24PM                                                                                                                                                              | <b>Jyeshtha* Until 2:48AM Thu</b>    | <b>Ganesha:</b> Blue      | <i>Sunrise:</i> 6:46AM          | Sun 16 Sutra 212        |
|                                        |                                     |                               | Yama 8:11AM – 9:35AM                                                                                                                                                                         | Athiganda* Until 12:04PM             | <b>Muruga:</b> White      | <i>Sunset:</i> 6:03PM           | Sobhana 5125            |
|                                        | 773826574                           | <b>Rahu</b> 12:24PM – 1:49PM  |                                                                                                                                                                                              | Taitila Until 1:12AM Thu             | <b>Nataraja:</b> Clear    |                                 | Moon 11 - Phase 30 - 16 |
| Creative Work                          | Siddha Yoga                         |                               |                                                                                                                                                                                              | <b>Dvitiya Until 1:45PM</b>          | Moon – Orange             |                                 | 3rd Phase               |
|                                        |                                     |                               |                                                                                                                                                                                              |                                      | <b>Karttika•Aipasi</b>    | <b>Devaloka Day</b>             |                         |
| <b>3</b>                               | <b>Thursday, November 16, 2023</b>  |                               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau              |                                      |                           |                                 | Mumbai, India           |
|                                        | Dhanus Rasi: 1.44                   | Tithi 3 – 4                   | <b>Gulika</b> 9:36AM – 11:00AM                                                                                                                                                               | <b>Mula* Until 2:11AM Fri</b>        | <b>Ganesha:</b> Blue      | <i>Sunrise:</i> 6:47AM          | Sun 17 Sutra 213        |
|                                        |                                     |                               | Yama 6:47AM – 8:11AM                                                                                                                                                                         | Sukarma Until 9:54AM                 | <b>Muruga:</b> White      | <i>Sunset:</i> 6:02PM           | Sobhana 5125            |
|                                        | 783826574                           | <b>Rahu</b> 1:49PM – 3:13PM   |                                                                                                                                                                                              | Vanija Until 11:48PM                 | <b>Nataraja:</b> Clear    |                                 | Moon 11 - Phase 30 - 17 |
| Creative Work                          | Siddha Yoga                         |                               |                                                                                                                                                                                              | <b>Tritiya Until 12:31PM</b>         | Moon – Light Blue         |                                 | 3rd Phase               |
| Until 2:11AM Fri                       |                                     |                               |                                                                                                                                                                                              |                                      | <b>Karttika•Aipasi</b>    | <b>Devaloka Day</b>             |                         |
| Then Routine Work - Prabalarishta Yoga |                                     |                               |                                                                                                                                                                                              |                                      |                           |                                 |                         |
| <b>4</b>                               | <b>Friday, November 17, 2023</b>    |                               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                                      |                           |                                 | Mumbai, India           |
|                                        | Dhanus Rasi: 15.31                  | Tithi 4 – 5                   | <b>Gulika</b> 8:12AM – 9:36AM                                                                                                                                                                | <b>Purvashadha* Until 1:12AM Sat</b> | <b>Ganesha:</b> Yellow    | <i>Sunrise:</i> 6:47AM          | Sun 18 Sutra 214        |
|                                        |                                     |                               | Yama 3:13PM – 4:38PM                                                                                                                                                                         | Dhriti Until 7:31AM                  | <b>Muruga:</b> White      | <i>Sunset:</i> 6:02PM           | Sobhana 5125            |
|                                        | 784826575                           | <b>Rahu</b> 11:00AM – 12:25PM |                                                                                                                                                                                              | Bava Until 10:09PM                   | <b>Nataraja:</b> Purple   |                                 | Moon 11 - Phase 30 - 18 |
| Routine Work                           | Prabalarishta Yoga                  |                               |                                                                                                                                                                                              | <b>Chaturthi* Until 10:59AM</b>      | Moon – Light Blue         |                                 | 3rd Phase               |
| Until 1:12AM Sat                       |                                     |                               |                                                                                                                                                                                              |                                      | <b>Karttika•Karttikai</b> | <b>Subha Sivaloka Day</b>       |                         |
| Then Routine Work - Marana Yoga        |                                     |                               |                                                                                                                                                                                              |                                      |                           |                                 |                         |
| <b>5</b>                               | <b>Saturday, November 18, 2023</b>  |                               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau      |                                      |                           |                                 | Mumbai, India           |
|                                        | Dhanus Rasi: 29.27                  | Tithi 5 – 6                   | <b>Gulika</b> 6:48AM – 8:12AM                                                                                                                                                                | <b>Uttarashadha Until 11:54PM</b>    | <b>Ganesha:</b> Yellow    | <i>Sunrise:</i> 6:48AM          | Sun 19 Sutra 215        |
|                                        |                                     |                               | Yama 1:49PM – 3:13PM                                                                                                                                                                         | Ganda* Until 2:13AM Sun              | <b>Muruga:</b> White      | <i>Sunset:</i> 6:02PM           | Sobhana 5125            |
|                                        | 784826575                           | <b>Rahu</b> 9:37AM – 11:01AM  |                                                                                                                                                                                              | Kaulava Until 8:19PM                 | <b>Nataraja:</b> Purple   |                                 | Moon 11 - Phase 30 - 19 |
| Routine Work                           | Marana Yoga                         |                               |                                                                                                                                                                                              | <b>Panchami Until 9:14AM</b>         | Moon – Light Blue         |                                 | 3rd Phase               |
| Until 11:54PM                          |                                     |                               | <b>Skanda Shasthi</b>                                                                                                                                                                        |                                      | <b>Karttika•Karttikai</b> | <b>Subha Sivaloka Day</b>       |                         |
| Then Creative Work - Siddha Yoga       |                                     |                               |                                                                                                                                                                                              |                                      |                           |                                 |                         |
| <b>6</b>                               | <b>Sunday, November 19, 2023</b>    |                               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau            |                                      |                           |                                 | Mumbai, India           |
|                                        | Makara Rasi: 13.29                  | Tithi 6 – 7                   | <b>Gulika</b> 3:14PM – 4:38PM                                                                                                                                                                | <b>Shravana Until 10:47PM</b>        | <b>Ganesha:</b> White     | <i>Sunrise:</i> 6:49AM          | Sun 20 Sutra 216        |
|                                        |                                     |                               | Yama 12:25PM – 1:49PM                                                                                                                                                                        | Vriddhi Until 11:26PM                | <b>Muruga:</b> White      | <i>Sunset:</i> 6:02PM           | Sobhana 5125            |
|                                        | 794826575                           | <b>Rahu</b> 4:38PM – 6:02PM   |                                                                                                                                                                                              | Gara Until 6:23PM                    | <b>Nataraja:</b> Purple   |                                 | Moon 11 - Phase 30 - 20 |
| Creative Work                          | Amrita Yoga                         |                               |                                                                                                                                                                                              | <b>Shashthi* Until 7:21AM</b>        | Moon – Purple             |                                 | 3rd Phase               |
| Until 10:47PM                          |                                     |                               |                                                                                                                                                                                              |                                      | <b>Karttika•Karttikai</b> | <b>Subha Subha Sivaloka Day</b> |                         |
| Then Routine Work - Marana Yoga        |                                     |                               |                                                                                                                                                                                              |                                      |                           |                                 |                         |
| <b>D</b>                               | <b>Monday, November 20, 2023</b>    |                               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau                      |                                      |                           |                                 | Mumbai, India           |
|                                        | <b>Retreat Star</b>                 |                               | <b>Gulika</b> 1:50PM – 3:14PM                                                                                                                                                                | <b>Dhanishtha Until 9:26PM</b>       | <b>Ganesha:</b> White     | <i>Sunrise:</i> 6:49AM          | Sun 21 Sutra 217        |
|                                        | Makara Rasi: 27.34                  | Tithi 8                       | Yama 11:01AM – 12:25PM                                                                                                                                                                       | Dhruva Until 8:35PM                  | <b>Muruga:</b> White      | <i>Sunset:</i> 6:02PM           | Sobhana 5125            |
|                                        | <b>Family Home Evening</b>          |                               | <b>Rahu</b> 8:13AM – 9:37AM                                                                                                                                                                  | Visti Until 4:22PM                   | <b>Nataraja:</b> Purple   |                                 | Moon 11 - Phase 30 - 21 |
| Creative Work                          | Siddha Yoga                         |                               |                                                                                                                                                                                              | <b>Ashtami* Until 3:19AM Tue</b>     | Moon – Purple             |                                 | Ashtami                 |
|                                        |                                     |                               |                                                                                                                                                                                              |                                      | <b>Karttika•Karttikai</b> | <b>Subha Subha Sivaloka Day</b> |                         |
|                                        | <b>Tuesday, November 21, 2023</b>   |                               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau   |                                      |                           |                                 | Mumbai, India           |
|                                        | <b>Retreat Star</b>                 |                               | <b>Gulika</b> 12:26PM – 1:50PM                                                                                                                                                               | <b>Shatabhishak Until 7:55PM</b>     | <b>Ganesha:</b> White     | <i>Sunrise:</i> 6:50AM          | Sun 22 Sutra 218        |
|                                        | Kumbha Rasi: 11.42                  | Tithi 9                       | Yama 9:38AM – 11:02AM                                                                                                                                                                        | Vyaghata* Until 5:42PM               | <b>Muruga:</b> White      | <i>Sunset:</i> 6:02PM           | Sobhana 5125            |
|                                        | 794826575                           | <b>Rahu</b> 3:14PM – 4:38PM   |                                                                                                                                                                                              | Balava Until 2:18PM                  | <b>Nataraja:</b> Purple   |                                 | Moon 11 - Phase 30 - 22 |
| Routine Work                           | Marana Yoga                         |                               |                                                                                                                                                                                              | <b>Navami* Until 1:14AM Wed</b>      | Moon – Purple             |                                 | Navami                  |
|                                        |                                     |                               |                                                                                                                                                                                              |                                      | <b>Karttika•Karttikai</b> | <b>Subha Subha Sivaloka Day</b> |                         |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

|                                  |                              |                    |                                                                                                                                                                                                           |                   |                                |                  |                          |                               |
|----------------------------------|------------------------------|--------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------------------------|------------------|--------------------------|-------------------------------|
| 1                                | Wednesday, November 22, 2023 |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau                 |                   |                                |                  |                          | Mumbai, India                 |
|                                  | Kumbha Rasi: 25.5            | Tithi 10           | Gulika                                                                                                                                                                                                    | 11:02AM – 12:26PM | Purvaproshtapada* Until 6:41PM | Ganesha: White   | Sunrise: 6:50AM          | Sun 23 Sutra 219              |
|                                  |                              |                    | Yama                                                                                                                                                                                                      | 8:14AM – 9:38AM   | Harshana Until 2:49PM          | Muruga: White    | Sunset: 6:02PM           | Sobhana 5125                  |
|                                  |                              | 714826575          | Rahu                                                                                                                                                                                                      | 12:26PM – 1:50PM  | Taitila Until 12:13PM          | Nataraja: Purple |                          | Moon 11 - Phase 31 - 23       |
|                                  | Creative Work                | Amrita Yoga        |                                                                                                                                                                                                           |                   | Dashami Until 11:10PM          | Moon – Clear     | Subha Subha Sivaloka Day | 4th Phase                     |
| Until 6:41PM                     |                              |                    |                                                                                                                                                                                                           |                   | Karttika•Karttikai             |                  |                          |                               |
| Then Creative Work - Siddha Yoga |                              |                    |                                                                                                                                                                                                           |                   |                                |                  |                          |                               |
| 2                                | Thursday, November 23, 2023  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau           |                   |                                |                  |                          | Mumbai, India                 |
|                                  | Meena Rasi: 9.59             | Tithi 11           | Gulika                                                                                                                                                                                                    | 9:39AM – 11:02AM  | Uttaraproshtapada Until 5:20PM | Ganesha: White   | Sunrise: 6:51AM          | Sun 24 Sutra 220              |
|                                  |                              |                    | Yama                                                                                                                                                                                                      | 6:51AM – 8:15AM   | Vajra* Until 11:56AM           | Muruga: White    | Sunset: 6:02PM           | Sobhana 5125                  |
|                                  |                              | 714826575          | Rahu                                                                                                                                                                                                      | 1:50PM – 3:14PM   | Vanija Until 10:09AM           | Nataraja: Purple |                          | Moon 11 - Phase 31 - 24       |
|                                  | Creative Work                | Siddha Yoga        |                                                                                                                                                                                                           |                   | Ekadashi Until 9:07PM          | Moon – Clear     | Subha Subha Sivaloka Day | 4th Phase                     |
| Until 3:55PM                     |                              |                    |                                                                                                                                                                                                           |                   | Karttika•Karttikai             |                  |                          |                               |
| Then Creative Work - Amrita Yoga |                              |                    |                                                                                                                                                                                                           |                   |                                |                  |                          |                               |
| 3                                | Friday, November 24, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau                  |                   |                                |                  |                          | Mumbai, India                 |
|                                  | Meena Rasi: 24.05            | Tithi 12           | Gulika                                                                                                                                                                                                    | 8:15AM – 9:39AM   | Revati Until 3:55PM            | Ganesha: Clear   | Sunrise: 6:52AM          | Sun 25 Sutra 221              |
|                                  |                              |                    | Yama                                                                                                                                                                                                      | 3:14PM – 4:38PM   | Siddhi Until 9:07AM            | Muruga: White    | Sunset: 6:01PM           | Sobhana 5125                  |
|                                  |                              | 714926575          | Rahu                                                                                                                                                                                                      | 11:03AM – 12:27PM | Bava Until 8:09AM              | Nataraja: Purple |                          | Moon 11 - Phase 31 - 25       |
|                                  | Creative Work                | Siddha Yoga        |                                                                                                                                                                                                           |                   | Dvadashi Until 7:11PM          | Moon – Clear     | Subha Sivaloka Day       | 4th Phase                     |
| Until 3:55PM                     |                              |                    |                                                                                                                                                                                                           |                   | Karttika•Karttikai             |                  |                          |                               |
| Then Creative Work - Amrita Yoga |                              |                    |                                                                                                                                                                                                           |                   |                                |                  |                          |                               |
| 4                                | Saturday, November 25, 2023  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau |                   |                                |                  |                          | Mumbai, India                 |
|                                  | Mesha Rasi: 8.07             | Tithi 13 – 14      | Gulika                                                                                                                                                                                                    | 6:52AM – 8:16AM   | Ashvini Until 2:57PM           | Ganesha: Purple  | Sunrise: 6:52AM          | Sun 26 Sutra 222              |
|                                  |                              |                    | Yama                                                                                                                                                                                                      | 1:50PM – 3:14PM   | Vyatipata* Until 6:26AM        | Muruga: White    | Sunset: 6:01PM           | Sobhana 5125                  |
|                                  |                              | 724926575          | Rahu                                                                                                                                                                                                      | 9:39AM – 11:03AM  | Kaulava Until 6:18AM           | Nataraja: Purple |                          | Moon 11 - Phase 31 - 26       |
|                                  | Creative Work                | Siddha Yoga        |                                                                                                                                                                                                           |                   | Trayodashi Until 5:25PM        | Moon – White     | Sivaloka Day             | 4th Phase                     |
| Until 3:55PM                     |                              |                    |                                                                                                                                                                                                           |                   | Karttika•Karttikai             |                  |                          |                               |
| Then Creative Work - Amrita Yoga |                              |                    |                                                                                                                                                                                                           |                   |                                |                  |                          |                               |
| 5                                | Sunday, November 26, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau           |                   |                                |                  |                          | Mumbai, India                 |
|                                  | Mesha Rasi: 22.01            | Tithi 14 – 15      | Gulika                                                                                                                                                                                                    | 3:14PM – 4:38PM   | Bharani Until 2:05PM           | Ganesha: Purple  | Sunrise: 6:53AM          | Sun 27 Sutra 223              |
|                                  |                              |                    | Yama                                                                                                                                                                                                      | 12:27PM – 1:51PM  | Parigha* Until 1:35AM Mon      | Muruga: White    | Sunset: 6:01PM           | Sobhana 5125                  |
|                                  |                              | 724926575          | Rahu                                                                                                                                                                                                      | 4:38PM – 6:01PM   | Visti Until 3:18AM Mon         | Nataraja: Purple |                          | Moon 11 - Phase 31 - 27       |
|                                  | Routine Work                 | Prabalarishta Yoga |                                                                                                                                                                                                           |                   | Chaturdashi* Until 3:55PM      | Moon – White     | Sivaloka Day             | 4th Phase                     |
| Until 2:05PM                     |                              |                    | Krittika Deepam                                                                                                                                                                                           |                   | Karttika•Karttikai             |                  |                          |                               |
| Then Creative Work - Siddha Yoga |                              |                    |                                                                                                                                                                                                           |                   |                                |                  |                          |                               |
| O                                | Monday, November 27, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau                   |                   |                                |                  |                          | Mumbai, India                 |
|                                  | Copper Retreat Star          |                    | Gulika                                                                                                                                                                                                    | 1:51PM – 3:14PM   | Krittika Until 1:25PM          | Ganesha: Purple  | Sunrise: 6:53AM          | Sutra 224                     |
|                                  | Mrishabha Rasi: 5.43         | Tithi 15 – 16      | Yama                                                                                                                                                                                                      | 11:04AM – 12:27PM | Shiva Until 11:37PM            | Muruga: White    | Sunset: 6:02PM           | Sobhana 5125                  |
|                                  | Family Home Evening          | 724926575          | Rahu                                                                                                                                                                                                      | 8:17AM – 9:40AM   | Balava Until 2:23AM Tue        | Nataraja: Purple |                          | Moon 11 - Phase 31 - Purnima  |
|                                  | Routine Work                 | Marana Yoga        |                                                                                                                                                                                                           |                   | Purnima* Until 2:46PM          | Moon – White     | Sivaloka Day             |                               |
| Until 1:25PM                     |                              |                    |                                                                                                                                                                                                           |                   | Karttika•Karttikai             |                  |                          |                               |
| Then Creative Work - Amrita Yoga |                              |                    |                                                                                                                                                                                                           |                   |                                |                  |                          |                               |
|                                  | Tuesday, November 28, 2023   |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau         |                   |                                |                  |                          | Mumbai, India                 |
|                                  | Silver Retreat Star          |                    | Gulika                                                                                                                                                                                                    | 12:28PM – 1:51PM  | Rohini Until 1:30PM            | Ganesha: Clear   | Sunrise: 6:54AM          | Sutra 225                     |
|                                  | Mrishabha Rasi: 19.1         | Tithi 16 – 17      | Yama                                                                                                                                                                                                      | 9:41AM – 11:04AM  | Siddha Until 10:01PM           | Muruga: White    | Sunset: 6:02PM           | Sobhana 5125                  |
|                                  |                              | 734926575          | Rahu                                                                                                                                                                                                      | 3:15PM – 4:38PM   | Taitila Until 1:58AM Wed       | Nataraja: Purple |                          | Moon 11 - Phase 31 - Prathama |
|                                  | Creative Work                | Amrita Yoga        |                                                                                                                                                                                                           |                   | Prathama* Until 2:05PM         | Moon – Yellow    | Subha Sivaloka Day       |                               |
| Until 1:30PM                     |                              |                    |                                                                                                                                                                                                           |                   | Karttika•Karttikai             |                  |                          |                               |
| Then Creative Work - Siddha Yoga |                              |                    | Vinayaga Viratam Begins                                                                                                                                                                                   |                   |                                |                  |                          |                               |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Wednesday, November 29, 2023

## Gold Retreat Star

Mithuna Rasi: 2.21 Tithi 17 – 18

735926575

Creative Work Siddha Yoga

Gulika

11:05AM – 12:28PM

Yama

8:18AM – 9:41AM

Rahu

12:28PM – 1:51PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Mumbai, India

Sun 1 Sutra 226

Sobhana 5125

Moon 12 - Phase 32 - 1

1st Phase

Ganesha: Purple

Sunrise: 6:55AM

Muruga: White

Sunset: 6:02PM

Nataraja: Purple

Subha Subha Sivaloka Day

Moon – Yellow

Karttika•Karttikai

Dvitiya Until 1:57PM

1

## Thursday, November 30, 2023

Mithuna Rasi: 15.14 Tithi 18 – 19

735926575

Routine Work Marana Yoga

Until 2:51PM

Then Creative Work - Amrita Yoga

Gulika

9:42AM – 11:05AM

Yama

6:55AM – 8:18AM

Rahu

1:52PM – 3:15PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha Yoga Visti\*/Bava Karana Tritiya/Chaturtham Titau

Mumbai, India

Sun 2 Sutra 227

Sobhana 5125

Moon 12 - Phase 32 - 2

1st Phase

Ganesha: Purple

Sunrise: 6:55AM

Muruga: White

Sunset: 6:02PM

Nataraja: Purple

Subha Subha Sivaloka Day

Moon – Yellow

Karttika•Karttikai

Tritiya Until 2:26PM

2

## Friday, December 1, 2023

Mithuna Rasi: 27.49 Tithi 19 – 20

745926575

Creative Work Siddha Yoga

Until 4:40PM

Then Routine Work - Marana Yoga

Gulika

8:19AM – 9:42AM

Yama

3:15PM – 4:39PM

Rahu

11:06AM – 12:29PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mumbai, India

Sun 3 Sutra 228

Sobhana 5125

Moon 12 - Phase 32 - 3

1st Phase

Ganesha: Clear

Sunrise: 6:56AM

Muruga: White

Sunset: 6:02PM

Nataraja: Purple

Subha Sivaloka Day

Moon – Blue

Karttika•Karttikai

Chaturthi\* Until 3:32PM

3

## Saturday, December 2, 2023

Kataka Rasi: 10.08 Tithi 20 – 21

745926575

Creative Work Siddha Yoga

Until 6:53PM

Then Routine Work - Marana Yoga

Gulika

6:56AM – 8:20AM

Yama

1:52PM – 3:16PM

Rahu

9:43AM – 11:06AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Mumbai, India

Sun 4 Sutra 229

Sobhana 5125

Moon 12 - Phase 32 - 4

1st Phase

Ganesha: Clear

Sunrise: 6:56AM

Muruga: White

Sunset: 6:02PM

Nataraja: Purple

Subha Sivaloka Day

Moon – Blue

Karttika•Karttikai

Panchami Until 5:14PM

4

## Sunday, December 3, 2023

Kataka Rasi: 22.14 Tithi 21

745926575

Creative Work Siddha Yoga

Until 9:23PM

Then Routine Work - Marana Yoga

Gulika

3:16PM – 4:39PM

Yama

12:30PM – 1:53PM

Rahu

4:39PM – 6:02PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Mumbai, India

Sun 5 Sutra 230

Sobhana 5125

Moon 12 - Phase 32 - 5

1st Phase

Ganesha: Clear

Sunrise: 6:57AM

Muruga: White

Sunset: 6:02PM

Nataraja: Purple

Subha Sivaloka Day

Moon – Blue

Karttika•Karttikai

Shashthi\* Until 7:26PM

5

## Monday, December 4, 2023

Simha Rasi: 4.11 Tithi 22

Family Home Evening

755926575

Routine Work Marana Yoga

Until 12:31AM Tue

Then Creative Work - Siddha Yoga

Gulika

1:53PM – 3:16PM

Yama

11:07AM – 12:30PM

Rahu

8:21AM – 9:44AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Vaidhriti\* Yoga Visti\*/Bava Karana Saptamyam Titau

Mumbai, India

Sun 6 Sutra 231

Sobhana 5125

Moon 12 - Phase 32 - 6

1st Phase

Ganesha: White

Sunrise: 6:58AM

Muruga: White

Sunset: 6:02PM

Nataraja: Purple

Subha Subha Sivaloka Day

Moon – Red

Karttika•Karttikai

Saptami Until 9:57PM

D

## Tuesday, December 5, 2023

## Retreat Star

Simha Rasi: 16.02 Tithi 23

755936575

Creative Work Siddha Yoga

Until 3:33AM Wed

Then Creative Work - Amrita Yoga

Gulika

12:30PM – 1:53PM

Yama

9:44AM – 11:07AM

Rahu

3:16PM – 4:40PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni Nakshatra Vishkambha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Mumbai, India

Sun 7 Sutra 232

Sobhana 5125

Moon 12 - Phase 32 - 7

Ashtami

Ganesha: White

Sunrise: 6:58AM

Muruga: Clear

Sunset: 6:03PM

Nataraja: Purple

Subha Sivaloka Day

Moon – Red

Karttika•Karttikai

Ashtami\* Until 12:34AM Wed

## Wednesday, December 6, 2023

## Retreat Star

Simha Rasi: 27.52 Tithi 24

755936575

Creative Work Amrita Yoga

Until 6:14AM Thu

Then Routine Work - Marana Yoga

Gulika

11:08AM – 12:31PM

Yama

8:22AM – 9:45AM

Rahu

12:31PM – 1:54PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Mumbai, India

Sun 8 Sutra 233

Sobhana 5125

Moon 12 - Phase 32 - 8

Navami

Ganesha: White

Sunrise: 6:59AM

Muruga: Clear

Sunset: 6:03PM

Nataraja: Purple

Subha Sivaloka Day

Moon – Red

Karttika•Karttikai

Navami\* Until 3:01AM Thu

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

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|                                                                                     |                              |               |                                                                                                                                                                                                      |                            |                             |                    |                         |                  |
|-------------------------------------------------------------------------------------|------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|-----------------------------|--------------------|-------------------------|------------------|
| 1                                                                                   | Thursday, December 7, 2023   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau              |                            |                             |                    | Mumbai, India           |                  |
|                                                                                     | Kanya Rasi: 9.47             | Tithi 25      | Gulika                                                                                                                                                                                               | 9:45AM – 11:08AM           | Uttaraphalguni Until 6:14AM | Ganesha: White     | Sunrise: 6:59AM         | Sun 9 Sutra 234  |
|                                                                                     |                              |               | Yama                                                                                                                                                                                                 | 6:59AM – 8:22AM            | Ayushman Until 11:56PM      | Muruga: Clear      | Sunset: 6:03PM          | Sobhana 5125     |
|                                                                                     | 755936575                    | Rahu          | 1:54PM – 3:17PM                                                                                                                                                                                      | Vanija Until 4:08PM        | Nataraja: Purple            |                    | Moon 12 - Phase 33 - 9  |                  |
| Routine Work                                                                        |                              | Marana Yoga   |                                                                                                                                                                                                      | Dashami Until 5:05AM Fri   | Moon – Red                  |                    | 2nd Phase               |                  |
|                                                                                     |                              |               |                                                                                                                                                                                                      |                            | Karttika•Karttikai          | Subha Sivaloka Day |                         |                  |
| 2                                                                                   | Friday, December 8, 2023     |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau                     |                            |                             |                    | Mumbai, India           |                  |
|                                                                                     | Kanya Rasi: 21.52            | Tithi 26      | Gulika                                                                                                                                                                                               | 8:23AM – 9:46AM            | Hasta Until 8:51AM          | Ganesha: White     | Sunrise: 7:00AM         | Sun 10 Sutra 235 |
|                                                                                     |                              |               | Yama                                                                                                                                                                                                 | 3:17PM – 4:40PM            | Saubhagya Until 12:02AM Sat | Muruga: Clear      | Sunset: 6:03PM          | Sobhana 5125     |
|                                                                                     | 766936575                    | Rahu          | 11:09AM – 12:32PM                                                                                                                                                                                    | Bava Until 5:55PM          | Nataraja: Purple            |                    | Moon 12 - Phase 33 - 10 |                  |
| Creative Work                                                                       |                              | Amrita Yoga   |                                                                                                                                                                                                      | Ekadashi* Until 6:32AM Sat | Moon – Green                |                    | 2nd Phase               |                  |
| Until 8:51AM                                                                        |                              |               |                                                                                                                                                                                                      |                            | Karttika•Karttikai          | Devaloka Day       |                         |                  |
| Then Creative Work - Siddha Yoga                                                    |                              |               |                                                                                                                                                                                                      |                            |                             |                    |                         |                  |
| 3                                                                                   | Saturday, December 9, 2023   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau           |                            |                             |                    | Mumbai, India           |                  |
|                                                                                     | Tula Rasi: 4.12              | Tithi 26 – 27 | Gulika                                                                                                                                                                                               | 7:01AM – 8:24AM            | Chitra Until 10:42AM        | Ganesha: White     | Sunrise: 7:01AM         | Sun 11 Sutra 236 |
|                                                                                     |                              |               | Yama                                                                                                                                                                                                 | 1:55PM – 3:18PM            | Sobhana Until 11:36PM       | Muruga: Clear      | Sunset: 6:04PM          | Sobhana 5125     |
|                                                                                     | 766936575                    | Rahu          | 9:46AM – 11:09AM                                                                                                                                                                                     | Kaulava Until 7:00PM       | Nataraja: Purple            |                    | Moon 12 - Phase 33 - 11 |                  |
| Routine Work                                                                        |                              | Marana Yoga   |                                                                                                                                                                                                      | Ekadashi* Until 6:32AM     | Moon – Green                |                    | 2nd Phase               |                  |
| Until 10:42AM                                                                       |                              |               |                                                                                                                                                                                                      |                            | Karttika•Karttikai          | Devaloka Day       |                         |                  |
| Then Creative Work - Siddha Yoga                                                    |                              |               |                                                                                                                                                                                                      |                            |                             |                    |                         |                  |
| 4                                                                                   | Sunday, December 10, 2023    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau      |                            |                             |                    | Mumbai, India           |                  |
|                                                                                     | Tula Rasi: 16.52             | Tithi 27 – 28 | Gulika                                                                                                                                                                                               | 3:18PM – 4:41PM            | Svati Until 11:41AM         | Ganesha: White     | Sunrise: 7:01AM         | Sun 12 Sutra 237 |
|                                                                                     |                              |               | Yama                                                                                                                                                                                                 | 12:33PM – 1:55PM           | Athiganda* Until 10:34PM    | Muruga: Clear      | Sunset: 6:04PM          | Sobhana 5125     |
|                                                                                     | 766936575                    | Rahu          | 4:41PM – 6:04PM                                                                                                                                                                                      | Gara Until 7:20PM          | Nataraja: Purple            |                    | Moon 12 - Phase 33 - 12 |                  |
| Creative Work                                                                       |                              | Siddha Yoga   |                                                                                                                                                                                                      | Dvadashi* Until 7:15AM     | Moon – Green                |                    | 2nd Phase               |                  |
| Until 11:41AM                                                                       |                              |               |                                                                                                                                                                                                      |                            | Karttika•Karttikai          | Devaloka Day       |                         |                  |
| Then Routine Work - Marana Yoga                                                     |                              |               |                                                                                                                                                                                                      | Pradosha Vrata (Fasting)   |                             |                    |                         |                  |
| 5                                                                                   | Monday, December 11, 2023    |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau   |                            |                             |                    | Mumbai, India           |                  |
|                                                                                     | Tula Rasi: 29.53             | Tithi 28 – 29 | Gulika                                                                                                                                                                                               | 1:56PM – 3:19PM            | Vishakha Until 12:14PM      | Ganesha: Green     | Sunrise: 7:02AM         | Sun 13 Sutra 238 |
|                                                                                     | Family Home Evening          |               | Yama                                                                                                                                                                                                 | 11:10AM – 12:33PM          | Sukarma Until 8:58PM        | Muruga: Clear      | Sunset: 6:04PM          | Sobhana 5125     |
|                                                                                     | 776936575                    | Rahu          | 8:25AM – 9:47AM                                                                                                                                                                                      | Visti Until 6:55PM         | Nataraja: Purple            |                    | Moon 12 - Phase 33 - 13 |                  |
| Routine Work                                                                        |                              | Marana Yoga   |                                                                                                                                                                                                      | Trayodashi* Until 7:12AM   | Moon – Orange               |                    | 2nd Phase               |                  |
| Until 12:14PM                                                                       |                              |               |                                                                                                                                                                                                      |                            | Karttika•Karttikai          | Devaloka Day       |                         |                  |
| Then Creative Work - Siddha Yoga                                                    |                              |               |                                                                                                                                                                                                      |                            |                             |                    |                         |                  |
|  | Tuesday, December 12, 2023   |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |                            |                             |                    | Mumbai, India           |                  |
|                                                                                     | Retreat Star                 |               | Gulika                                                                                                                                                                                               | 12:33PM – 1:56PM           | Anuradha Until 11:57AM      | Ganesha: Green     | Sunrise: 7:02AM         | Sun 14 Sutra 239 |
|                                                                                     | Vrischika Rasi: 13.17        | Tithi 29 – 30 | Yama                                                                                                                                                                                                 | 9:48AM – 11:11AM           | Dhriti Until 6:51PM         | Muruga: Clear      | Sunset: 6:05PM          | Sobhana 5125     |
|                                                                                     | 776936575                    | Rahu          | 3:19PM – 4:42PM                                                                                                                                                                                      | Naga Until 5:02AM Wed      | Nataraja: Purple            |                    | Moon 12 - Phase 33 - 14 |                  |
| Creative Work                                                                       |                              | Siddha Yoga   |                                                                                                                                                                                                      | Chaturdashi* Until 6:26AM  | Moon – Orange               |                    | Amavasya                |                  |
| Until 11:57AM                                                                       |                              |               |                                                                                                                                                                                                      |                            | Karttika•Karttikai          | Devaloka Day       |                         |                  |
| Then Routine Work - Marana Yoga                                                     |                              |               |                                                                                                                                                                                                      |                            |                             |                    |                         |                  |
|                                                                                     | Wednesday, December 13, 2023 |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau           |                            |                             |                    | Mumbai, India           |                  |
|                                                                                     | Retreat Star                 |               | Gulika                                                                                                                                                                                               | 11:11AM – 12:34PM          | Jyeshtha* Until 10:56AM     | Ganesha: Green     | Sunrise: 7:03AM         | Sun 15 Sutra 240 |
|                                                                                     | Vrischika Rasi: 27.02        | Tithi 1       | Yama                                                                                                                                                                                                 | 8:26AM – 9:48AM            | Shula* Until 4:16PM         | Muruga: Clear      | Sunset: 6:05PM          | Sobhana 5125     |
|                                                                                     | 776936575                    | Rahu          | 12:34PM – 1:57PM                                                                                                                                                                                     | Kintughna Until 4:10PM     | Nataraja: Purple            |                    | Moon 12 - Phase 33 - 15 |                  |
| Creative Work                                                                       |                              | Siddha Yoga   |                                                                                                                                                                                                      | Prathama* Until 3:09AM Thu | Moon – Orange               |                    | Prathama                |                  |
| Until 10:56AM                                                                       |                              |               |                                                                                                                                                                                                      |                            | Margasira•Karttikai         | Devaloka Day       |                         |                  |
| Then Routine Work - Marana Yoga                                                     |                              |               |                                                                                                                                                                                                      |                            |                             |                    |                         |                  |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

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|                                  |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                  |
|----------------------------------|------------------------------|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|------------------------------------|----------------|-------------------------|------------------|
| 1                                | Thursday, December 14, 2023  |                       | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvitiyayam Titau       |                           |                                    |                |                         | Mumbai, India    |
|                                  | Dhanus Rasi: 11.06           | Tithi 2               | Gulika                                                                                                                                                                                           | 9:49AM – 11:12AM          | Mula* Until 9:45AM                 | Ganesha: White | Sunrise: 7:04AM         | Sun 16 Sutra 241 |
|                                  |                              |                       | Yama                                                                                                                                                                                             | 7:04AM – 8:26AM           | Ganda* Until 1:22PM                | Muruga: White  | Sunset: 6:05PM          | Sobhana 5125     |
|                                  | 786937575                    | Rahu                  | 1:57PM – 3:20PM                                                                                                                                                                                  | Balava Until 2:05PM       | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 16 | 3rd Phase        |
| Creative Work                    | Siddha Yoga                  |                       |                                                                                                                                                                                                  | Dvitiya Until 12:55AM Fri | Moon – Light Blue                  |                | Sivaloka Day            |                  |
|                                  |                              |                       |                                                                                                                                                                                                  |                           | Margasira*Karttikai                |                |                         |                  |
| 2                                | Friday, December 15, 2023    |                       | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vridhi/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau |                           |                                    |                |                         | Mumbai, India    |
|                                  | Dhanus Rasi: 25.22           | Tithi 3               | Gulika                                                                                                                                                                                           | 8:27AM – 9:50AM           | Purvashadha* Until 8:08AM          | Ganesha: White | Sunrise: 7:04AM         | Sun 17 Sutra 242 |
|                                  |                              |                       | Yama                                                                                                                                                                                             | 3:20PM – 4:43PM           | Vridhi Until 10:15AM               | Muruga: White  | Sunset: 6:06PM          | Sobhana 5125     |
|                                  | 786937575                    | Rahu                  | 11:12AM – 12:35PM                                                                                                                                                                                | Taitila Until 11:44AM     | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 17 | 3rd Phase        |
| Routine Work                     | Prabalarishta Yoga           |                       |                                                                                                                                                                                                  | Tritiya Until 10:29PM     | Moon – Light Blue                  |                | Sivaloka Day            |                  |
| Until 8:08AM                     |                              |                       |                                                                                                                                                                                                  |                           | Margasira*Karttikai                |                |                         |                  |
| Then Routine Work - Marana Yoga  |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                  |
| 3                                | Saturday, December 16, 2023  |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthyam Titau   |                           |                                    |                |                         | Mumbai, India    |
|                                  | Makara Rasi: 9.46            | Tithi 4               | Gulika                                                                                                                                                                                           | 7:05AM – 8:27AM           | Uttarashadha Until 6:14AM          | Ganesha: Clear | Sunrise: 7:05AM         | Sun 18 Sutra 243 |
|                                  |                              |                       | Yama                                                                                                                                                                                             | 1:58PM – 3:21PM           | Dhruva Until 7:00AM                | Muruga: White  | Sunset: 6:06PM          | Sobhana 5125     |
|                                  | 787937575                    | Rahu                  | 9:50AM – 11:13AM                                                                                                                                                                                 | Vanija Until 9:15AM       | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 18 | 3rd Phase        |
| Routine Work                     | Marana Yoga                  |                       |                                                                                                                                                                                                  | Chaturthi* Until 7:59PM   | Moon – Light Blue                  |                | Subha Sivaloka Day      |                  |
| Until 6:14AM                     |                              | Markali Pillaiyar     |                                                                                                                                                                                                  |                           | Margasira*Markali                  |                |                         |                  |
| Then Creative Work - Siddha Yoga |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                  |
| 4                                | Sunday, December 17, 2023    |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Harshana Yoga Bava/Kaulava Karana Panchami/Shashtyham Titau               |                           |                                    |                |                         | Mumbai, India    |
|                                  | Makara Rasi: 24.1            | Tithi 5 – 6           | Gulika                                                                                                                                                                                           | 3:21PM – 4:44PM           | Dhanishtha Until 2:53AM Mon        | Ganesha: Clear | Sunrise: 7:05AM         | Sun 19 Sutra 244 |
|                                  |                              |                       | Yama                                                                                                                                                                                             | 12:36PM – 1:59PM          | Harshana Until 12:34AM Mon         | Muruga: White  | Sunset: 6:07PM          | Sobhana 5125     |
|                                  | 897937575                    | Rahu                  | 4:44PM – 6:07PM                                                                                                                                                                                  | Bava Until 6:46AM         | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 19 | 3rd Phase        |
| Routine Work                     | Marana Yoga                  |                       |                                                                                                                                                                                                  | Panchami Until 5:32PM     | Moon – Purple                      |                | Subha Sivaloka Day      |                  |
| Until 2:53AM Mon                 |                              |                       |                                                                                                                                                                                                  |                           | Margasira*Markali                  |                |                         |                  |
| Then Creative Work - Siddha Yoga |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                  |
| 5                                | Monday, December 18, 2023    |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                 |                           |                                    |                |                         | Mumbai, India    |
|                                  | Kumbha Rasi: 8.31            | Tithi 6 – 7           | Gulika                                                                                                                                                                                           | 1:59PM – 3:22PM           | Shatabhishak Until 1:12AM Tue      | Ganesha: Clear | Sunrise: 7:06AM         | Sun 20 Sutra 245 |
|                                  | Family Home Evening          |                       | Yama                                                                                                                                                                                             | 11:14AM – 12:36PM         | Vajra* Until 9:30PM                | Muruga: White  | Sunset: 6:07PM          | Sobhana 5125     |
|                                  | 897937575                    | Rahu                  | 8:28AM – 9:51AM                                                                                                                                                                                  | Gara Until 2:10AM Tue     | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 20 | 3rd Phase        |
| Creative Work                    | Siddha Yoga                  |                       |                                                                                                                                                                                                  | Shashthi* Until 3:14PM    | Moon – Purple                      |                | Subha Sivaloka Day      |                  |
| Until 1:12AM Tue                 |                              |                       |                                                                                                                                                                                                  |                           | Margasira*Markali                  |                |                         |                  |
| Then Routine Work - Marana Yoga  |                              | Vinayaga Viratam Ends |                                                                                                                                                                                                  |                           |                                    |                |                         |                  |
| D                                | Tuesday, December 19, 2023   |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau         |                           |                                    |                |                         | Mumbai, India    |
|                                  | Retreat Star                 |                       | Gulika                                                                                                                                                                                           | 12:37PM – 2:00PM          | Purvaproshtapada* Until 12:02AM We | Ganesha: Clear | Sunrise: 7:06AM         | Sun 21 Sutra 246 |
|                                  | Kumbha Rasi: 22.44           | Tithi 7 – 8           | Yama                                                                                                                                                                                             | 9:52AM – 11:14AM          | Siddhi Until 6:37PM                | Muruga: White  | Sunset: 6:07PM          | Sobhana 5125     |
|                                  | 817137575                    | Rahu                  | 3:22PM – 4:45PM                                                                                                                                                                                  | Visti Until 12:11AM Wed   | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 21 | Ashtami          |
| Routine Work                     | Marana Yoga                  |                       |                                                                                                                                                                                                  | Saptami Until 1:08PM      | Moon – Clear                       |                | Subha Sivaloka Day      |                  |
| Until 12:02AM Wed                |                              |                       |                                                                                                                                                                                                  |                           | Margasira*Markali                  |                |                         |                  |
| Then Creative Work - Siddha Yoga |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                  |
| W                                | Wednesday, December 20, 2023 |                       | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau  |                           |                                    |                |                         | Mumbai, India    |
|                                  | Retreat Star                 |                       | Gulika                                                                                                                                                                                           | 11:15AM – 12:37PM         | Uttaraproshtapada Until 10:59PM    | Ganesha: Clear | Sunrise: 7:07AM         | Sun 22 Sutra 247 |
|                                  | Meena Rasi: 6.48             | Tithi 8 – 9           | Yama                                                                                                                                                                                             | 8:30AM – 9:52AM           | Vyatipata* Until 3:57PM            | Muruga: White  | Sunset: 6:08PM          | Sobhana 5125     |
|                                  | 817137575                    | Rahu                  | 12:37PM – 2:00PM                                                                                                                                                                                 | Balava Until 10:27PM      | Nataraja: Purple                   |                | Moon 12 - Phase 34 - 22 | Navami           |
| Creative Work                    | Siddha Yoga                  |                       |                                                                                                                                                                                                  | Ashtami* Until 11:16AM    | Moon – Clear                       |                | Subha Sivaloka Day      |                  |
| Until 10:59PM                    |                              |                       |                                                                                                                                                                                                  |                           | Margasira*Markali                  |                |                         |                  |
| Then Routine Work - Marana Yoga  |                              |                       |                                                                                                                                                                                                  |                           |                                    |                |                         |                  |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

www.gurudeva.org/panchang

|   |                                     |               |                                                                                                                                                                                         |                                      |                               |
|---|-------------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-------------------------------|
| 1 | <b>Thursday, December 21, 2023</b>  |               | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau   |                                      | Mumbai, India                 |
|   | Meena Rasi: 20.43                   | Tithi 9 – 10  | <b>Gulika</b> 9:53AM – 11:15AM                                                                                                                                                          | <b>Revati Until 10:02PM</b>          | Sun 23 Sutra 248              |
|   |                                     |               | Yama 7:07AM – 8:30AM                                                                                                                                                                    | Variyan Until 1:28PM                 | Sobhana 5125                  |
|   | 817137575                           |               | <b>Rahu</b> 2:01PM – 3:23PM                                                                                                                                                             | Taitila Until 8:59PM                 | Moon 12 - Phase 35 - 23       |
|   | Creative Work Siddha Yoga           |               |                                                                                                                                                                                         | Navami* Until 9:40AM                 | 4th Phase                     |
|   | Until 10:02PM                       |               | Day 1 of Pancha Ganapati                                                                                                                                                                |                                      | Subha Sivaloka Day            |
|   | Then Creative Work - Amrita Yoga    |               |                                                                                                                                                                                         |                                      | Margasira*Markali             |
| 2 | <b>Friday, December 22, 2023</b>    |               | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau     |                                      | Mumbai, India                 |
|   | Mesha Rasi: 4.27                    | Tithi 10 – 11 | <b>Gulika</b> 8:31AM – 9:53AM                                                                                                                                                           | <b>Ashvini Until 9:38PM</b>          | Sun 24 Sutra 249              |
|   |                                     |               | Yama 3:24PM – 4:46PM                                                                                                                                                                    | Parigha* Until 11:12AM               | Sobhana 5125                  |
|   | 828137575                           |               | <b>Rahu</b> 11:16AM – 12:38PM                                                                                                                                                           | Vanija Until 7:47PM                  | Moon 12 - Phase 35 - 24       |
|   | Creative Work Amrita Yoga           |               | <b>Vaikuntha Ekadasi</b>                                                                                                                                                                | <b>Dashami Until 8:20AM</b>          | 4th Phase                     |
|   | Until 9:38PM                        |               | Gita Jayanthi                                                                                                                                                                           |                                      | Subha Sivaloka Day            |
|   | Then Creative Work - Siddha Yoga    |               | Day 2 of Pancha Ganapati                                                                                                                                                                |                                      | Margasira*Markali             |
| 3 | <b>Saturday, December 23, 2023</b>  |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau        |                                      | Mumbai, India                 |
|   | Mesha Rasi: 18.02                   | Tithi 11 – 12 | <b>Gulika</b> 7:08AM – 8:31AM                                                                                                                                                           | <b>Bharani Until 9:21PM</b>          | Sun 25 Sutra 250              |
|   |                                     |               | Yama 2:02PM – 3:24PM                                                                                                                                                                    | Shiva Until 9:10AM                   | Sobhana 5125                  |
|   | 828137575                           |               | <b>Rahu</b> 9:54AM – 11:16AM                                                                                                                                                            | Bava Until 6:51PM                    | Moon 12 - Phase 35 - 25       |
|   | Creative Work Siddha Yoga           |               |                                                                                                                                                                                         | <b>Ekadashi Until 7:16AM</b>         | 4th Phase                     |
|   | Until 9:21PM                        |               | Day 3 of Pancha Ganapati                                                                                                                                                                |                                      | Subha Sivaloka Day            |
|   | Then Creative Work - Amrita Yoga    |               |                                                                                                                                                                                         |                                      | Margasira*Markali             |
| 4 | <b>Sunday, December 24, 2023</b>    |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                      | Mumbai, India                 |
|   | Virshabha Rasi: 1.29                | Tithi 12 – 13 | <b>Gulika</b> 3:25PM – 4:47PM                                                                                                                                                           | <b>Krittika Until 9:12PM</b>         | Sun 26 Sutra 251              |
|   |                                     |               | Yama 12:39PM – 2:02PM                                                                                                                                                                   | Siddha Until 7:18AM                  | Sobhana 5125                  |
|   | 828137575                           |               | <b>Rahu</b> 4:47PM – 6:10PM                                                                                                                                                             | Kaulava Until 6:12PM                 | Moon 12 - Phase 35 - 26       |
|   | Creative Work Siddha Yoga           |               |                                                                                                                                                                                         | <b>Dvadashi Until 6:28AM</b>         | 4th Phase                     |
|   |                                     |               | Day 4 of Pancha Ganapati                                                                                                                                                                |                                      | Subha Sivaloka Day            |
|   |                                     |               |                                                                                                                                                                                         | Pradosha Vrata                       | Margasira*Markali             |
| 5 | <b>Monday, December 25, 2023</b>    |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau                       |                                      | Mumbai, India                 |
|   | Virshabha Rasi: 14.45               | Tithi 14      | <b>Gulika</b> 2:03PM – 3:25PM                                                                                                                                                           | <b>Rohini Until 9:40PM</b>           | Sun 27 Sutra 252              |
|   | <b>Family Home Evening</b>          |               | Yama 11:17AM – 12:40PM                                                                                                                                                                  | Subha Until 4:23AM Tue               | Sobhana 5125                  |
|   | 838137575                           |               | <b>Rahu</b> 8:32AM – 9:55AM                                                                                                                                                             | Gara Until 5:52PM                    | Moon 12 - Phase 35 - 27       |
|   | Creative Work Amrita Yoga           |               |                                                                                                                                                                                         | <b>Chaturdashi* Until 5:49AM Tue</b> | 4th Phase                     |
|   |                                     |               | Day 5 of Pancha Ganapati                                                                                                                                                                |                                      | Sivaloka Day                  |
|   |                                     |               |                                                                                                                                                                                         |                                      | Margasira*Markali             |
| O | <b>Tuesday, December 26, 2023</b>   |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau                   |                                      | Mumbai, India                 |
|   | <b>Copper Retreat Star</b>          |               | <b>Gulika</b> 12:40PM – 2:03PM                                                                                                                                                          | <b>Mrigashira Until 10:22PM</b>      | Sutra 253                     |
|   | Virshabha Rasi: 27.5                | Tithi 15      | Yama 9:55AM – 11:18AM                                                                                                                                                                   | Sukla Until 3:21AM Wed               | Sobhana 5125                  |
|   | 838137575                           |               | <b>Rahu</b> 3:26PM – 4:48PM                                                                                                                                                             | Visti Until 5:55PM                   | Moon 12 - Phase 35 - Purnima  |
|   | Creative Work Siddha Yoga           |               |                                                                                                                                                                                         | <b>Purnima* Until 6:05AM Wed</b>     |                               |
|   | Until 10:22PM                       |               |                                                                                                                                                                                         |                                      | Sivaloka Day                  |
|   | Then Routine Work - Marana Yoga     |               |                                                                                                                                                                                         |                                      | Margasira*Markali             |
| O | <b>Wednesday, December 27, 2023</b> |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau              |                                      | Mumbai, India                 |
|   | <b>Silver Retreat Star</b>          |               | <b>Gulika</b> 11:18AM – 12:41PM                                                                                                                                                         | <b>Ardra Until 11:19PM</b>           | Sutra 254                     |
|   | Mithuna Rasi: 10.44                 | Tithi 15 – 16 | Yama 8:33AM – 9:56AM                                                                                                                                                                    | Brahma Until 2:40AM Thu              | Sobhana 5125                  |
|   | 838137576                           |               | <b>Rahu</b> 12:41PM – 2:04PM                                                                                                                                                            | Balava Until 6:24PM                  | Moon 12 - Phase 35 - Prathama |
|   | Creative Work Siddha Yoga           |               |                                                                                                                                                                                         | <b>Purnima* Until 6:05AM</b>         |                               |
|   |                                     |               | Ardra Darshanam                                                                                                                                                                         |                                      | Devaloka Day                  |
|   |                                     |               |                                                                                                                                                                                         |                                      | Margasira*Markali             |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11





**Thursday, December 28, 2023**

**Gold Retreat Star**

Mithuna Rasi: 23.25 Tithi 16 – 17

Creative Work Amrita Yoga

Until 1:04AM Fri

Then Routine Work - Marana Yoga

**Gulika** 9:56AM – 11:19AM  
Yama 7:11AM – 8:33AM  
848137576 **Rahu** 2:04PM – 3:27PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau

**Punarvasu Until 1:04AM Fri**

Indra Until 2:22AM Fri

Taitila Until 7:21PM

**Prathama\* Until 6:48AM**

**Ganesha:** Yellow *Sunrise:* 7:11AM

**Muruga:** White *Sunset:* 6:12PM

**Nataraja:** Clear

Moon – Blue

**Margasira\*Markali**

**Sivaloka Day**

Mumbai, India

Sutra 255

Sobhana 5125

Moon 13 - Phase 36 - 1st Phase

**1**

**Friday, December 29, 2023**

Kataka Rasi: 5.52 Tithi 17 – 18

Routine Work Marana Yoga

**Gulika** 8:34AM – 9:56AM  
Yama 3:27PM – 4:50PM  
849137576 **Rahu** 11:19AM – 12:42PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Pushya Until 3:08AM Sat**

Vaidhriti\* Until 2:26AM Sat

Vanija Until 8:49PM

**Dvitiya Until 8:00AM**

**Ganesha:** Blue *Sunrise:* 7:11AM

**Muruga:** White *Sunset:* 6:13PM

**Nataraja:** Clear

Moon – Blue

**Margasira\*Markali**

**Subha Sivaloka Day**

Sun 1

Sobhana 5125

Moon 13 - Phase 36 - 1st Phase

**2**

**Saturday, December 30, 2023**

Kataka Rasi: 18.07 Tithi 18 – 19

Routine Work Marana Yoga

**Gulika** 7:11AM – 8:34AM  
Yama 2:05PM – 3:28PM  
849137576 **Rahu** 9:57AM – 11:20AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Ashlesha\* Until 5:29AM Sun**

Vishkambha\* Until 2:52AM Sun

Bava Until 10:47PM

**Tritiya Until 9:43AM**

**Ganesha:** Blue *Sunrise:* 7:11AM

**Muruga:** White *Sunset:* 6:13PM

**Nataraja:** Clear

Moon – Blue

**Margasira\*Markali**

**Subha Sivaloka Day**

Sun 2

Sutra 257

Sobhana 5125

Moon 13 - Phase 36 - 2nd Phase

**3**

**Sunday, December 31, 2023**

Simha Rasi: 0.1 Tithi 19 – 20

Routine Work Marana Yoga

Until 8:32AM Mon

Then Creative Work - Siddha Yoga

**Gulika** 3:28PM – 4:51PM  
Yama 12:43PM – 2:06PM  
859137576 **Rahu** 4:51PM – 6:14PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Magha\* Until 8:32AM Mon**

Priti Until 3:36AM Mon

Kaulava Until 1:09AM Mon

**Chaturthi\* Until 11:54AM**

**Ganesha:** Red *Sunrise:* 7:12AM

**Muruga:** White *Sunset:* 6:14PM

**Nataraja:** Clear

Moon – Red

**Margasira\*Markali**

**Sivaloka Day**

Sun 3

Sutra 258

Sobhana 5125

Moon 13 - Phase 36 - 3rd Phase

**4**

**Monday, January 1, 2024**

Simha Rasi: 12.04 Tithi 20 – 21

**Family Home Evening**

Routine Work Marana Yoga

Until 8:32AM

Then Creative Work - Siddha Yoga

**Gulika** 2:07PM – 3:29PM  
Yama 11:21AM – 12:44PM  
859137576 **Rahu** 8:35AM – 9:58AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Magha\* Until 8:32AM**

Ayushman Until 4:30AM Tue

Gara Until 3:47AM Tue

**Panchami Until 2:25PM**

**Ganesha:** Red *Sunrise:* 7:13AM

**Muruga:** White *Sunset:* 6:15PM

**Nataraja:** Clear

Moon – Red

**Margasira\*Markali**

**Sivaloka Day**

Sun 4

Sutra 259

Sobhana 5125

Moon 13 - Phase 36 - 4th Phase

**5**

**Tuesday, January 2, 2024**

Simha Rasi: 23.53 Tithi 21 – 22

Creative Work Siddha Yoga

Until 11:37AM

Then Creative Work - Amrita Yoga

**Gulika** 12:44PM – 2:07PM  
Yama 9:59AM – 11:21AM  
859137576 **Rahu** 3:30PM – 4:53PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Purvaphalguni Until 11:37AM**

Saubhagya Until 5:27AM Wed

Visti Until 6:29AM Wed

**Shashthi\* Until 5:07PM**

**Ganesha:** Red *Sunrise:* 7:13AM

**Muruga:** White *Sunset:* 6:16PM

**Nataraja:** Clear

Moon – Red

**Margasira\*Markali**

**Sivaloka Day**

Sun 5

Sutra 260

Sobhana 5125

Moon 13 - Phase 36 - 5th Phase

**6**

**Wednesday, January 3, 2024**

Kanya Rasi: 5.42 Tithi 22

Creative Work Amrita Yoga

Until 2:32PM

Then Routine Work - Marana Yoga

**Gulika** 11:22AM – 12:45PM  
Yama 8:36AM – 9:59AM  
859137576 **Rahu** 12:45PM – 2:08PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

**Uttaraphalguni Until 2:32PM**

Sobhana Until 6:17AM Thu

Visti Until 6:29AM

**Saptami Until 7:46PM**

**Ganesha:** Red *Sunrise:* 7:13AM

**Muruga:** White *Sunset:* 6:16PM

**Nataraja:** Clear

Moon – Red

**Margasira\*Markali**

**Sivaloka Day**

Sun 6

Sutra 261

Sobhana 5125

Moon 13 - Phase 36 - 6th Phase

**D**

**Thursday, January 4, 2024**

**Retreat Star**

Kanya Rasi: 17.34 Tithi 23

Routine Work Marana Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

**Gulika** 9:59AM – 11:22AM  
Yama 7:14AM – 8:36AM  
869137576 **Rahu** 2:08PM – 3:31PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta/Chitra Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Hasta Until 5:31PM**

Sobhana Until 6:17AM

Balava Until 9:00AM

**Ashtami\* Until 10:04PM**

**Ganesha:** Green *Sunrise:* 7:14AM

**Muruga:** White *Sunset:* 6:17PM

**Nataraja:** Clear

Moon – Green

**Margasira\*Markali**

**Subha Sivaloka Day**

Sun 7

Sutra 262

Sobhana 5125

Moon 13 - Phase 36 - 7th Phase

Ashtami

**Friday, January 5, 2024**

**Retreat Star**

Kanya Rasi: 29.37 Tithi 24

Creative Work Siddha Yoga

**Gulika** 8:37AM – 10:00AM  
Yama 3:32PM – 4:55PM  
869137576 **Rahu** 11:23AM – 12:46PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

**Chitra Until 7:48PM**

Athiganda\* Until 6:46AM

Taitila Until 11:02AM

**Navami\* Until 11:47PM**

**Ganesha:** Green *Sunrise:* 7:14AM

**Muruga:** White *Sunset:* 6:17PM

**Nataraja:** Clear

Moon – Green

**Margasira\*Markali**

**Subha Sivaloka Day**

Sun 8

Sutra 263

Sobhana 5125

Moon 13 - Phase 36 - 8th Phase

Navami

**Subramuniyaswami Jayanti**

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Mumbai, India on 1/18/22

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|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  |                                                   |                                      |
|-------------------------------------------------------------------------------------|------------------------------------|--------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|----------------------------------|---------------------------------------------------|--------------------------------------|
| <b>1</b>                                                                            | <b>Saturday, January 6, 2024</b>   |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau                                         |                          |                                  |                                                   | Mumbai, India                        |
|                                                                                     | Tula Rasi: 11.55                   | Tithi 25     | <b>Gulika</b>                                                                                                                                                                                                       | <b>7:14AM – 8:37AM</b>   | <b>Svati Until 9:14PM</b>        | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:14AM     | Sun 9 Sutra 264                      |
|                                                                                     |                                    |              | Yama                                                                                                                                                                                                                | 2:09PM – 3:32PM          | Sukarma Until 6:46AM             | <b>Muruga:</b> White <i>Sunset:</i> 6:18PM        | Sobhana 5125                         |
|                                                                                     | Creative Work                      | Siddha Yoga  | 861137576 <b>Rahu</b>                                                                                                                                                                                               | <b>10:00AM – 11:23AM</b> | Vanija Until 12:23PM             | <b>Nataraja:</b> Clear<br>Moon – Green            | Moon 13 - Phase 37 - 9<br>2nd Phase  |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Sivaloka Day</b>                               |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Margasira*Markali</b>                          |                                      |
| <b>2</b>                                                                            | <b>Sunday, January 7, 2024</b>     |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau                                        |                          |                                  |                                                   | Mumbai, India                        |
|                                                                                     | Tula Rasi: 24.35                   | Tithi 26     | <b>Gulika</b>                                                                                                                                                                                                       | <b>3:33PM – 4:56PM</b>   | <b>Vishakha Until 10:08PM</b>    | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:14AM | Sun 10 Sutra 265                     |
|                                                                                     |                                    |              | Yama                                                                                                                                                                                                                | 12:47PM – 2:10PM         | Dhriti Until 6:10AM              | <b>Muruga:</b> White <i>Sunset:</i> 6:19PM        | Sobhana 5125                         |
|                                                                                     | Routine Work                       | Marana Yoga  | 871137576 <b>Rahu</b>                                                                                                                                                                                               | <b>4:56PM – 6:19PM</b>   | Bava Until 12:53PM               | <b>Nataraja:</b> Clear<br>Moon – Orange           | Moon 13 - Phase 37 - 10<br>2nd Phase |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Devaloka Day</b>                               |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Margasira*Markali</b>                          |                                      |
| <b>3</b>                                                                            | <b>Monday, January 8, 2024</b>     |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau                                            |                          |                                  |                                                   | Mumbai, India                        |
|                                                                                     | Vrischika Rasi: 7.4                | Tithi 27     | <b>Gulika</b>                                                                                                                                                                                                       | <b>2:10PM – 3:33PM</b>   | <b>Anuradha Until 10:02PM</b>    | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:14AM | Sun 11 Sutra 266                     |
|                                                                                     | <b>Family Home Evening</b>         |              | Yama                                                                                                                                                                                                                | 11:24AM – 12:47PM        | Ganda* Until 2:54AM Tue          | <b>Muruga:</b> White <i>Sunset:</i> 6:19PM        | Sobhana 5125                         |
|                                                                                     | Creative Work                      | Siddha Yoga  | 871137576 <b>Rahu</b>                                                                                                                                                                                               | <b>8:38AM – 10:01AM</b>  | Kaulava Until 12:31PM            | <b>Nataraja:</b> Clear<br>Moon – Orange           | Moon 13 - Phase 37 - 11<br>2nd Phase |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Devaloka Day</b>                               |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Margasira*Markali</b>                          |                                      |
| <b>4</b>                                                                            | <b>Tuesday, January 9, 2024</b>    |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau                                         |                          |                                  |                                                   | Mumbai, India                        |
|                                                                                     | Vrischika Rasi: 21.12              | Tithi 28     | <b>Gulika</b>                                                                                                                                                                                                       | <b>12:47PM – 2:11PM</b>  | <b>Jyeshtha* Until 9:02PM</b>    | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:15AM | Sun 12 Sutra 267                     |
|                                                                                     |                                    |              | Yama                                                                                                                                                                                                                | 10:01AM – 11:24AM        | Vriddhi Until 12:21AM Wed        | <b>Muruga:</b> White <i>Sunset:</i> 6:20PM        | Sobhana 5125                         |
|                                                                                     | Routine Work                       | Marana Yoga  | 871137576 <b>Rahu</b>                                                                                                                                                                                               | <b>3:34PM – 4:57PM</b>   | Gara Until 11:19AM               | <b>Nataraja:</b> Clear<br>Moon – Orange           | Moon 13 - Phase 37 - 12<br>2nd Phase |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Devaloka Day</b>                               |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Margasira*Markali</b>                          |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <i>Pradosha Vrata (Fasting)</i>                   |                                      |
| <b>5</b>                                                                            | <b>Wednesday, January 10, 2024</b> |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                                            |                          |                                  |                                                   | Mumbai, India                        |
|                                                                                     | Dhanus Rasi: 5.11                  | Tithi 29     | <b>Gulika</b>                                                                                                                                                                                                       | <b>11:25AM – 12:48PM</b> | <b>Mula* Until 7:39PM</b>        | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:15AM     | Sun 13 Sutra 268                     |
|                                                                                     |                                    |              | Yama                                                                                                                                                                                                                | 8:38AM – 10:01AM         | Dhruva Until 9:16PM              | <b>Muruga:</b> White <i>Sunset:</i> 6:21PM        | Sobhana 5125                         |
|                                                                                     | Routine Work                       | Marana Yoga  | 881137576 <b>Rahu</b>                                                                                                                                                                                               | <b>12:48PM – 2:11PM</b>  | Visti Until 9:23AM               | <b>Nataraja:</b> Clear<br>Moon – Light Blue       | Moon 13 - Phase 37 - 13<br>2nd Phase |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Devaloka Day</b>                               |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Margasira*Markali</b>                          |                                      |
|  | <b>Thursday, January 11, 2024</b>  |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau |                          |                                  |                                                   | Mumbai, India                        |
|                                                                                     | <b>Retreat Star</b>                |              | <b>Gulika</b>                                                                                                                                                                                                       | <b>10:02AM – 11:25AM</b> | <b>Purvashadha* Until 5:39PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:15AM     | Sun 14 Sutra 269                     |
|                                                                                     | Dhanus Rasi: 19.34                 | Tithi 30 – 1 | Yama                                                                                                                                                                                                                | 7:15AM – 8:38AM          | Vyaghata* Until 5:48PM           | <b>Muruga:</b> White <i>Sunset:</i> 6:21PM        | Sobhana 5125                         |
|                                                                                     | Creative Work                      | Siddha Yoga  | 881137576 <b>Rahu</b>                                                                                                                                                                                               | <b>2:11PM – 3:35PM</b>   | Catuspada Until 6:54AM           | <b>Nataraja:</b> Clear<br>Moon – Light Blue       | Moon 13 - Phase 37 - 14<br>Amavasya  |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Devaloka Day</b>                               |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Margasira*Markali</b>                          |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Hanumath Jayanthi (Tamil Nadu)</b>             |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Amavasya* Until 5:28PM</b>                     |                                      |
|                                                                                     | <b>Friday, January 12, 2024</b>    |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha*/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau                 |                          |                                  |                                                   | Mumbai, India                        |
|                                                                                     | <b>Retreat Star</b>                |              | <b>Gulika</b>                                                                                                                                                                                                       | <b>8:39AM – 10:02AM</b>  | <b>Uttarashadha Until 3:11PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:15AM | Sun 15 Sutra 270                     |
|                                                                                     | Makara Rasi: 4.14                  | Tithi 1 – 2  | Yama                                                                                                                                                                                                                | 3:35PM – 4:59PM          | Harshana Until 2:06PM            | <b>Muruga:</b> White <i>Sunset:</i> 6:22PM        | Sobhana 5125                         |
|                                                                                     | Routine Work                       | Marana Yoga  | 881237576 <b>Rahu</b>                                                                                                                                                                                               | <b>11:25AM – 12:49PM</b> | Balava Until 12:51AM Sat         | <b>Nataraja:</b> Clear<br>Moon – Light Blue       | Moon 13 - Phase 37 - 15<br>Prathama  |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Devaloka Day</b>                               |                                      |
|                                                                                     |                                    |              |                                                                                                                                                                                                                     |                          |                                  | <b>Pausha*Markali</b>                             |                                      |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

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|----------------------------------|------------------------------------|-------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|---------------------------------------|------------------------|-------------------------|
| <b>1</b>                         | <b>Saturday, January 13, 2024</b>  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau         |                          |                                       |                        | Mumbai, India           |
|                                  | Makara Rasi: 19.04                 | Tithi 2 – 3 | <b>Gulika</b>                                                                                                                                                                                           | <b>7:15AM – 8:39AM</b>   | <b>Shravana Until 12:51PM</b>         | <b>Ganesha: Purple</b> | Sun 16 Sutra 271        |
|                                  |                                    |             | Yama                                                                                                                                                                                                    | 2:12PM – 3:36PM          | Vajra* Until 10:14AM                  | <b>Muruga: White</b>   | Sobhana 5125            |
|                                  | 891237576                          |             | <b>Rahu</b>                                                                                                                                                                                             | <b>10:02AM – 11:26AM</b> | Taitila Until 9:39PM                  | <b>Nataraja: Clear</b> | Moon 13 - Phase 38 - 16 |
| Creative Work                    | Siddha Yoga                        |             |                                                                                                                                                                                                         |                          | <b>Dvitiya Until 11:14AM</b>          | Moon – Purple          | 3rd Phase               |
|                                  |                                    |             |                                                                                                                                                                                                         |                          |                                       | <b>Pausha*Markali</b>  | <b>Devaloka Day</b>     |
| <b>2</b>                         | <b>Sunday, January 14, 2024</b>    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyati-pata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                          |                                       |                        | Mumbai, India           |
|                                  | Kumbha Rasi: 3.56                  | Tithi 3 – 4 | <b>Gulika</b>                                                                                                                                                                                           | <b>3:36PM – 5:00PM</b>   | <b>Dhanishtha Until 10:24AM</b>       | <b>Ganesha: Purple</b> | Sun 17 Sutra 272        |
|                                  |                                    |             | Yama                                                                                                                                                                                                    | 12:49PM – 2:13PM         | Siddhi Until 6:24AM                   | <b>Muruga: White</b>   | Sobhana 5125            |
|                                  | 891237576                          |             | <b>Rahu</b>                                                                                                                                                                                             | <b>5:00PM – 6:23PM</b>   | Vanija Until 6:32PM                   | <b>Nataraja: Clear</b> | Moon 13 - Phase 38 - 17 |
| Routine Work                     | Marana Yoga                        |             |                                                                                                                                                                                                         |                          | <b>Tritiya Until 8:03AM</b>           | Moon – Purple          | 3rd Phase               |
| Until 10:24AM                    |                                    |             |                                                                                                                                                                                                         |                          |                                       | <b>Pausha*Markali</b>  | <b>Devaloka Day</b>     |
| Then Creative Work - Siddha Yoga |                                    |             |                                                                                                                                                                                                         |                          |                                       |                        |                         |
| <b>3</b>                         | <b>Monday, January 15, 2024</b>    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau               |                          |                                       |                        | Mumbai, India           |
|                                  | Kumbha Rasi: 18.41                 | Tithi 5     | <b>Gulika</b>                                                                                                                                                                                           | <b>2:13PM – 3:37PM</b>   | <b>Shatabhishak Until 8:00AM</b>      | <b>Ganesha: Purple</b> | Sun 18 Sutra 273        |
|                                  | <b>Family Home Evening</b>         |             | Yama                                                                                                                                                                                                    | 11:26AM – 12:50PM        | Variyan Until 11:11PM                 | <b>Muruga: White</b>   | Sobhana 5125            |
|                                  | 891237576                          |             | <b>Rahu</b>                                                                                                                                                                                             | <b>8:39AM – 10:03AM</b>  | Bava Until 3:39PM                     | <b>Nataraja: Clear</b> | Moon 13 - Phase 38 - 18 |
| Creative Work                    | Siddha Yoga                        |             |                                                                                                                                                                                                         |                          | <b>Panchami Until 2:18AM Tue</b>      | Moon – Purple          | 3rd Phase               |
| Until 8:00AM                     |                                    |             | <b>Thai Pongal</b>                                                                                                                                                                                      |                          |                                       | <b>Pausha*Thai</b>     | <b>Devaloka Day</b>     |
| Then Routine Work - Marana Yoga  |                                    |             |                                                                                                                                                                                                         |                          |                                       |                        |                         |
| <b>4</b>                         | <b>Tuesday, January 16, 2024</b>   |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau  |                          |                                       |                        | Mumbai, India           |
|                                  | Meena Rasi: 3.13                   | Tithi 6     | <b>Gulika</b>                                                                                                                                                                                           | <b>12:50PM – 2:14PM</b>  | <b>Purvaproshtapada* Until 6:10AM</b> | <b>Ganesha: White</b>  | Sun 19 Sutra 274        |
|                                  |                                    |             | Yama                                                                                                                                                                                                    | 10:03AM – 11:26AM        | Parigha* Until 8:00PM                 | <b>Muruga: White</b>   | Sobhana 5125            |
|                                  | 812237576                          |             | <b>Rahu</b>                                                                                                                                                                                             | <b>3:37PM – 5:01PM</b>   | Kaulava Until 1:06PM                  | <b>Nataraja: Clear</b> | Moon 13 - Phase 38 - 19 |
| Routine Work                     | Marana Yoga                        |             |                                                                                                                                                                                                         |                          | <b>Shashthi* Until 11:58PM</b>        | Moon – Clear           | 3rd Phase               |
| Until 6:10AM                     |                                    |             |                                                                                                                                                                                                         |                          |                                       | <b>Pausha*Thai</b>     | <b>Devaloka Day</b>     |
| Then Creative Work - Amrita Yoga |                                    |             |                                                                                                                                                                                                         |                          |                                       |                        |                         |
| <b>5</b>                         | <b>Wednesday, January 17, 2024</b> |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Saptamyam Titau                                  |                          |                                       |                        | Mumbai, India           |
|                                  | Meena Rasi: 17.28                  | Tithi 7     | <b>Gulika</b>                                                                                                                                                                                           | <b>11:27AM – 12:50PM</b> | <b>Revati Until 3:23AM Thu</b>        | <b>Ganesha: White</b>  | Sun 20 Sutra 275        |
|                                  |                                    |             | Yama                                                                                                                                                                                                    | 8:39AM – 10:03AM         | Shiva Until 5:11PM                    | <b>Muruga: White</b>   | Sobhana 5125            |
|                                  | 812237576                          |             | <b>Rahu</b>                                                                                                                                                                                             | <b>12:50PM – 2:14PM</b>  | Gara Until 10:59AM                    | <b>Nataraja: Clear</b> | Moon 13 - Phase 38 - 20 |
| Routine Work                     | Marana Yoga                        |             |                                                                                                                                                                                                         |                          | <b>Saptami Until 10:06PM</b>          | Moon – Clear           | 3rd Phase               |
| Until 3:23AM Thu                 |                                    |             |                                                                                                                                                                                                         |                          |                                       | <b>Pausha*Thai</b>     | <b>Devaloka Day</b>     |
| Then Creative Work - Amrita Yoga |                                    |             |                                                                                                                                                                                                         |                          |                                       |                        |                         |
| <b>D</b>                         | <b>Thursday, January 18, 2024</b>  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau                                 |                          |                                       |                        | Mumbai, India           |
|                                  | <b>Retreat Star</b>                |             | <b>Gulika</b>                                                                                                                                                                                           | <b>10:03AM – 11:27AM</b> | <b>Ashvini Until 2:56AM Fri</b>       | <b>Ganesha: Yellow</b> | Sun 21 Sutra 276        |
|                                  | Mesha Rasi: 1.25                   | Tithi 8     | Yama                                                                                                                                                                                                    | 7:16AM – 8:39AM          | Siddha Until 2:45PM                   | <b>Muruga: White</b>   | Sobhana 5125            |
|                                  | 822237576                          |             | <b>Rahu</b>                                                                                                                                                                                             | <b>2:14PM – 3:38PM</b>   | Visti Until 9:22AM                    | <b>Nataraja: Clear</b> | Moon 13 - Phase 38 - 21 |
| Creative Work                    | Amrita Yoga                        |             |                                                                                                                                                                                                         |                          | <b>Ashtami* Until 8:44PM</b>          | Moon – White           | Ashtami                 |
| Until 2:56AM Fri                 |                                    |             |                                                                                                                                                                                                         |                          |                                       | <b>Pausha*Thai</b>     | <b>Sivaloka Day</b>     |
| Then Creative Work - Siddha Yoga |                                    |             |                                                                                                                                                                                                         |                          |                                       |                        |                         |
| <b>D</b>                         | <b>Friday, January 19, 2024</b>    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navamyam Titau                               |                          |                                       |                        | Mumbai, India           |
|                                  | <b>Retreat Star</b>                |             | <b>Gulika</b>                                                                                                                                                                                           | <b>8:39AM – 10:03AM</b>  | <b>Bharani Until 2:49AM Sat</b>       | <b>Ganesha: Yellow</b> | Sun 22 Sutra 277        |
|                                  | Mesha Rasi: 15.03                  | Tithi 9     | Yama                                                                                                                                                                                                    | 3:39PM – 5:02PM          | Sadhya Until 12:43PM                  | <b>Muruga: White</b>   | Sobhana 5125            |
|                                  | 822237576                          |             | <b>Rahu</b>                                                                                                                                                                                             | <b>11:27AM – 12:51PM</b> | Balava Until 8:15AM                   | <b>Nataraja: Clear</b> | Moon 13 - Phase 38 - 22 |
| Creative Work                    | Siddha Yoga                        |             |                                                                                                                                                                                                         |                          | <b>Navami* Until 7:52PM</b>           | Moon – White           | Navami                  |
| Until 2:49AM Sat                 |                                    |             |                                                                                                                                                                                                         |                          |                                       | <b>Pausha*Thai</b>     | <b>Sivaloka Day</b>     |
| Then Creative Work - Amrita Yoga |                                    |             |                                                                                                                                                                                                         |                          |                                       |                        |                         |

|                                  |                            |             |                                                                                               |                   |                           |                      |  |                 |                 |                         |
|----------------------------------|----------------------------|-------------|-----------------------------------------------------------------------------------------------|-------------------|---------------------------|----------------------|--|-----------------|-----------------|-------------------------|
| 1                                | Saturday, January 20, 2024 |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam |                   |                           |                      |  |                 |                 | Mumbai, India           |
|                                  |                            |             | Krittika Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dashamyam Titau                       |                   |                           |                      |  |                 |                 | Sun 23 Sutra 278        |
|                                  |                            |             | Gulika                                                                                        | 7:16AM – 8:39AM   | Krittika Until 3:00AM Sun |                      |  | Ganesha: Yellow | Sunrise: 7:16AM | Sobhana 5125            |
|                                  | Mesha Rasi: 28.25          | Tithi 10    | Yama                                                                                          | 2:15PM – 3:39PM   | Subha Until 11:05AM       |                      |  | Muruga: White   | Sunset: 6:27PM  | Moon 13 - Phase 39 - 23 |
|                                  | 822237576                  |             | Rahu                                                                                          | 10:03AM – 11:27AM | Taitila Until 7:38AM      |                      |  | Nataraja: Clear |                 | 4th Phase               |
|                                  | Creative Work              | Amrita Yoga |                                                                                               |                   |                           | Dashami Until 7:28PM |  |                 | Moon – White    | Sivaloka Day            |
| Until 3:00AM Sun                 |                            |             |                                                                                               |                   |                           |                      |  |                 |                 |                         |
| Then Creative Work - Siddha Yoga |                            |             |                                                                                               |                   |                           |                      |  |                 |                 |                         |

|                                  |                          |             |      |                                                                                               |                    |                         |  |               |                 |                         |              |
|----------------------------------|--------------------------|-------------|------|-----------------------------------------------------------------------------------------------|--------------------|-------------------------|--|---------------|-----------------|-------------------------|--------------|
| 2                                | Sunday, January 21, 2024 |             |      | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam |                    |                         |  |               |                 | Mumbai, India           |              |
|                                  |                          |             |      | Rohini Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau                      |                    |                         |  |               |                 | Sun 24 Sutra 279        |              |
|                                  |                          |             |      | Gulika                                                                                        | 3:40PM – 5:04PM    | Rohini Until 3:54AM Mon |  |               | Ganesha: Blue   | Sunrise: 7:15AM         | Sobhana 5125 |
|                                  | Mrishabha Rasi: 11.32    | Tithi 11    | Yama | 12:52PM – 2:16PM                                                                              | Sukla Until 9:47AM |                         |  | Muruga: White | Sunset: 6:28PM  | Moon 13 - Phase 39 - 24 |              |
|                                  | 832237576                |             |      | Rahu                                                                                          | 5:04PM – 6:28PM    | Vanija Until 7:27AM     |  |               | Nataraja: Clear | 4th Phase               |              |
|                                  | Creative Work            | Siddha Yoga |      |                                                                                               |                    | Ekadashi Until 7:30PM   |  |               | Moon – Yellow   | Devaloka Day            |              |
|                                  | Until 3:54AM Mon         |             |      |                                                                                               |                    |                         |  |               |                 |                         |              |
| Then Creative Work - Amrita Yoga |                          |             |      |                                                                                               |                    |                         |  |               |                 |                         |              |

|   |                                 |  |             |                                                                                                                                                                            |                   |                             |             |                 |                 |                         |              |
|---|---------------------------------|--|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------------|-------------|-----------------|-----------------|-------------------------|--------------|
| 3 | Monday, January 22, 2024        |  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadashyam Titau |                   |                             |             |                 |                 | Mumbai, India           |              |
|   |                                 |  |             | Gulika                                                                                                                                                                     | 2:16PM – 3:40PM   | Mrigashira Until 5:00AM Tue |             | Ganesha: Blue   | Sunrise: 7:15AM | Sun 25                  | Sutra 280    |
|   | Vrishabha Rasi: 24.26           |  | Tithi 12    | Yama                                                                                                                                                                       | 11:28AM – 12:52PM | Brahma Until 8:47AM         |             | Muruga: White   | Sunset: 6:28PM  | Moon 13 - Phase 39 - 25 | Sobhana 5125 |
|   | Family Home Evening             |  | 832237576   | Rahu                                                                                                                                                                       | 8:40AM – 10:04AM  | Bava Until 7:41AM           |             | Nataraja: Clear |                 |                         | 4th Phase    |
|   | Creative Work                   |  | Amrita Yoga |                                                                                                                                                                            |                   | Dvadashi Until 7:55PM       |             | Moon – Yellow   | Devaloka Day    |                         |              |
|   | Until 5:00AM Tue                |  |             |                                                                                                                                                                            |                   |                             | Pausha*Thai |                 |                 |                         |              |
|   | Then Routine Work - Marana Yoga |  |             |                                                                                                                                                                            |                   |                             |             |                 |                 |                         |              |

|                                  |                           |             |                                                                                                                                                                                    |                   |                         |                 |                 |                         |               |
|----------------------------------|---------------------------|-------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------------------|-----------------|-----------------|-------------------------|---------------|
| 4                                | Tuesday, January 23, 2024 |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                   |                         |                 |                 |                         | Mumbai, India |
|                                  |                           |             | Gulika                                                                                                                                                                             | 12:52PM – 2:16PM  | Ardra Until 6:18AM Wed  | Ganesha: Blue   | Sunrise: 7:15AM | Sun 26                  | Sutra 281     |
|                                  | Mithuna Rasi: 7.11        | Tithi 13    | Yama                                                                                                                                                                               | 10:04AM – 11:28AM | Indra Until 8:06AM      | Muruga: White   | Sunset: 6:29PM  | Moon 13 - Phase 39 - 26 | Sobhana 5125  |
|                                  | 832237576                 |             | Rahu                                                                                                                                                                               | 3:40PM – 5:05PM   | Kaulava Until 8:18AM    | Nataraja: Clear |                 | 4th Phase               |               |
|                                  | Routine Work              | Marana Yoga |                                                                                                                                                                                    |                   | Trayodashi Until 8:43PM | Moon – Yellow   | Devaloka Day    |                         |               |
|                                  | Until 6:18AM Wed          |             |                                                                                                                                                                                    |                   |                         |                 | Pausha*Thai     |                         |               |
| Then Creative Work - Siddha Yoga |                           |             |                                                                                                                                                                                    | Pradosha Vrata    |                         |                 |                 |                         |               |

|   |                             |             |  |                                                                                                                                                                                               |                   |                         |                 |                 |                         |              |               |
|---|-----------------------------|-------------|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------------------------|-----------------|-----------------|-------------------------|--------------|---------------|
| 5 | Wednesday, January 24, 2024 |             |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vaidhriti*/Mishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau |                   |                         |                 |                 |                         |              | Mumbai, India |
|   |                             |             |  | Gulika                                                                                                                                                                                        | 11:28AM – 12:52PM | Ardra Until 6:18AM      | Ganesha: Blue   | Sunrise: 7:15AM | Sun 27                  | Sutra 282    |               |
|   | Mithuna Rasi: 19.44         | Tithi 14    |  | Yama                                                                                                                                                                                          | 8:39AM – 10:04AM  | Vaidhriti* Until 7:40AM | Muruga: White   | Sunset: 6:29PM  | Moon 13 - Phase 39 - 27 | Sobhana 5125 |               |
|   | 832237576                   |             |  | Rahu                                                                                                                                                                                          | 12:52PM – 2:17PM  | Gara Until 9:16AM       | Nataraja: Clear |                 |                         | 4th Phase    |               |
|   | Creative Work               | Siddha Yoga |  | Chaturdashi* Until 9:53PM                                                                                                                                                                     |                   |                         | Moon – Yellow   | Devaloka Day    |                         |              |               |
|   |                             |             |  |                                                                                                                                                                                               |                   | Pausha*Thai             |                 |                 |                         |              |               |

|                                                                                     |                                   |                   |                                                                                                                                                                                       |                          |                               |                        |                        |                              |               |
|-------------------------------------------------------------------------------------|-----------------------------------|-------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------------|------------------------|------------------------|------------------------------|---------------|
|  | <b>Thursday, January 25, 2024</b> |                   | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau |                          |                               |                        |                        |                              | Mumbai, India |
|                                                                                     | <b>Copper Retreat Star</b>        |                   | <b>Gulika</b>                                                                                                                                                                         | <b>10:04AM – 11:28AM</b> | <b>Punarvasu Until 8:17AM</b> | <b>Ganesha:</b> Blue   | <b>Sunrise:</b> 7:15AM | Sutra 283                    |               |
|                                                                                     | Kataka Rasi: 2.09                 | Tithi 15          | Yama                                                                                                                                                                                  | 7:15AM – 8:39AM          | Vishkambha* Until 7:32AM      | <b>Muruga:</b> White   | <b>Sunset:</b> 6:30PM  | Sobhana 5125                 |               |
|                                                                                     | 942237576                         |                   | <b>Rahu</b>                                                                                                                                                                           | <b>2:17PM – 3:41PM</b>   | Visti Until 10:37AM           | <b>Nataraja:</b> Clear |                        | Moon 13 - Phase 39 - Purnima |               |
|                                                                                     | Creative Work                     | Amrita Yoga       |                                                                                                                                                                                       |                          | <b>Purnima* Until 11:25PM</b> | Moon – Blue            | <b>Devaloka Day</b>    |                              |               |
|                                                                                     |                                   | <b>Thai Pusam</b> |                                                                                                                                                                                       | <b>Pausha*Thai</b>       |                               |                        |                        |                              |               |

|                          |  |             |        |                                                                                                 |                            |  |                 |                 |                      |               |
|--------------------------|--|-------------|--------|-------------------------------------------------------------------------------------------------|----------------------------|--|-----------------|-----------------|----------------------|---------------|
| Friday, January 26, 2024 |  |             |        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam |                            |  |                 |                 |                      | Mumbai, India |
| Silver Retreat Star      |  |             |        | Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau          |                            |  |                 |                 |                      | Sutra 284     |
| Kataka Rasi: 14.24       |  | Tithi 16    | Gulika | 8:39AM – 10:04AM                                                                                | Pushya Until 10:27AM       |  | Ganesha: Blue   | Sunrise: 7:15AM | Sobhana 5125         |               |
|                          |  |             | Yama   | 3:42PM – 5:06PM                                                                                 | Priti Until 7:41AM         |  | Muruga: White   | Sunset: 6:31PM  | Moon 13 - Phase 39 - |               |
|                          |  | 942237576   | Rahu   | 11:28AM – 12:53PM                                                                               | Balava Until 12:20PM       |  | Nataraja: Clear |                 | Prathama             |               |
| Routine Work             |  | Marana Yoga |        |                                                                                                 | Prathama* Until 1:19AM Sat |  | Moon – Blue     | Devaloka Day    |                      |               |
|                          |  |             |        |                                                                                                 |                            |  | Pausha*Thai     |                 |                      |               |



**Saturday, January 27, 2024**

**Gold Retreat Star**

Kataka Rasi: 26.3      Tithi 17  
942237576  
Routine Work      Marana Yoga  
Until 12:49PM  
Then Creative Work - Amrita Yoga

**Gulika**      **7:15AM – 8:39AM**  
Yama      2:18PM – 3:42PM  
**Rahu**      **10:04AM – 11:28AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

**Ashlesha\* Until 12:49PM**  
Ayushman Until 8:05AM  
Taitila Until 2:26PM  
**Dvitiya Until 3:35AM Sun**

**Ganesha:** Blue      *Sunrise: 7:15AM*  
**Muruga:** White      *Sunset: 6:31PM*  
**Nataraja:** Clear  
Moon – Blue  
**Pausha\*Thai**

**Devaloka Day**

Mumbai, India  
Sutra 285  
Sobhana 5125  
Moon 1 - Phase 40 -  
1st Phase

**1**

**Sunday, January 28, 2024**

Simha Rasi: 8.28      Tithi 18  
952237576  
Routine Work      Marana Yoga  
Until 3:49PM  
Then Creative Work - Siddha Yoga

**Gulika**      **3:42PM – 5:07PM**  
Yama      12:53PM – 2:18PM  
**Rahu**      **5:07PM – 6:32PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Magha\* Until 3:49PM**  
Saubhagya Until 8:46AM  
Vanija Until 4:51PM  
**Tritiya Until 6:08AM Mon**

**Ganesha:** Red      *Sunrise: 7:15AM*  
**Muruga:** White      *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Mumbai, India  
Sun 1      Sutra 286  
Sobhana 5125  
Moon 1 - Phase 40 - 1  
1st Phase

**2**

**Monday, January 29, 2024**

Simha Rasi: 20.19      Tithi 18 – 19  
953237576  
**Family Home Evening**  
Creative Work      Siddha Yoga

**Gulika**      **2:18PM – 3:43PM**  
Yama      11:29AM – 12:53PM  
**Rahu**      **8:39AM – 10:04AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Karana Tritiya/Chatrthyam Titau

**Purvaphalguni Until 6:53PM**  
Sobhana Until 9:39AM  
Bava Until 7:30PM  
**Tritiya Until 6:08AM**

**Ganesha:** Yellow      *Sunrise: 7:14AM*  
**Muruga:** White      *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Mumbai, India  
Sun 2      Sutra 287  
Sobhana 5125  
Moon 1 - Phase 40 - 2  
1st Phase

**3**

**Tuesday, January 30, 2024**

Kanya Rasi: 2.07      Tithi 19 – 20  
953237576  
Creative Work      Amrita Yoga  
Until 9:52PM  
Then Creative Work - Siddha Yoga

**Gulika**      **12:53PM – 2:18PM**  
Yama      10:04AM – 11:29AM  
**Rahu**      **3:43PM – 5:08PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Uttaraphalguni Until 9:52PM**  
Athiganda\* Until 10:38AM  
Kaulava Until 10:15PM  
**Chaturthi\* Until 8:52AM**

**Ganesha:** Yellow      *Sunrise: 7:14AM*  
**Muruga:** White      *Sunset: 6:33PM*  
**Nataraja:** Clear  
Moon – Red  
**Pausha\*Thai**

**Sivaloka Day**

Mumbai, India  
Sun 3      Sutra 288  
Sobhana 5125  
Moon 1 - Phase 40 - 3  
1st Phase

**4**

**Wednesday, January 31, 2024**

Kanya Rasi: 13.54      Tithi 20 – 21  
963237576  
Routine Work      Marana Yoga  
Until 1:06AM Thu  
Then Creative Work - Siddha Yoga

**Gulika**      **11:29AM – 12:54PM**  
Yama      8:39AM – 10:04AM  
**Rahu**      **12:54PM – 2:19PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Hasta Until 1:06AM Thu**  
Sukarma Until 11:37AM  
Gara Until 12:54AM Thu  
**Panchami Until 11:35AM**

**Ganesha:** White      *Sunrise: 7:14AM*  
**Muruga:** White      *Sunset: 6:33PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Mumbai, India  
Sun 4      Sutra 289  
Sobhana 5125  
Moon 1 - Phase 40 - 4  
1st Phase

**5**

**Thursday, February 1, 2024**

Kanya Rasi: 25.45      Tithi 21 – 22  
963237576  
Creative Work      Siddha Yoga

**Gulika**      **10:04AM – 11:29AM**  
Yama      7:14AM – 8:39AM  
**Rahu**      **2:19PM – 3:44PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Chitra Until 3:49AM Fri**  
Dhriti Until 12:26PM  
Visti Until 3:11AM Fri  
**Shashthi\* Until 2:04PM**

**Ganesha:** White      *Sunrise: 7:14AM*  
**Muruga:** White      *Sunset: 6:33PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Mumbai, India  
Sun 5      Sutra 290  
Sobhana 5125  
Moon 1 - Phase 40 - 5  
1st Phase

**6**

**Friday, February 2, 2024**

Tula Rasi: 7.45      Tithi 22 – 23  
963237576  
Creative Work      Siddha Yoga

**Gulika**      **8:39AM – 10:04AM**  
Yama      3:44PM – 5:09PM  
**Rahu**      **11:29AM – 12:54PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Svati Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Svati Until 5:49AM Sat**  
Shula\* Until 12:54PM  
Balava Until 4:52AM Sat  
**Saptami Until 4:05PM**

**Ganesha:** White      *Sunrise: 7:14AM*  
**Muruga:** White      *Sunset: 6:34PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Mumbai, India  
Sun 6      Sutra 291  
Sobhana 5125  
Moon 1 - Phase 40 - 6  
1st Phase

**D**

**Saturday, February 3, 2024**

**Retreat Star**

Tula Rasi: 20      Tithi 23 – 24  
973237576  
Creative Work      Siddha Yoga  
Until 7:22AM Sun  
Then Routine Work - Marana Yoga

**Gulika**      **7:13AM – 8:38AM**  
Yama      2:19PM – 3:44PM  
**Rahu**      **10:04AM – 11:29AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Vishakha Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Vishakha Until 7:22AM Sun**  
Ganda\* Until 12:52PM  
Taitila Until 5:47AM Sun  
**Ashtami\* Until 5:25PM**

**Ganesha:** Clear      *Sunrise: 7:13AM*  
**Muruga:** White      *Sunset: 6:35PM*  
**Nataraja:** Clear  
Moon – Orange  
**Pausha\*Thai**

**Sivaloka Day**

Mumbai, India  
Sun 7      Sutra 292  
Sobhana 5125  
Moon 1 - Phase 40 - 7  
Ashtami

**Sunday, February 4, 2024**

**Retreat Star**

Vrischika Rasi: 2.35      Tithi 24 – 25  
973237577  
Routine Work      Marana Yoga

**Gulika**      **3:45PM – 5:10PM**  
Yama      12:54PM – 2:19PM  
**Rahu**      **5:10PM – 6:35PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Vishakha Until 7:22AM**  
Vridhi Until 12:13PM  
Vanija Until 5:47AM Mon  
**Navami\* Until 5:53PM**

**Ganesha:** Clear      *Sunrise: 7:13AM*  
**Muruga:** White      *Sunset: 6:35PM*  
**Nataraja:** Orange  
Moon – Orange  
**Pausha\*Thai**

**Sivaloka Day**

Mumbai, India  
Sun 8      Sutra 293  
Sobhana 5125  
Moon 1 - Phase 40 - 8  
Navami

|                                                                                   |                             |                          |                                                                                                                                                                                                    |                          |                               |                        |                       |                  |
|-----------------------------------------------------------------------------------|-----------------------------|--------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------------------|------------------------|-----------------------|------------------|
| 1                                                                                 | Monday, February 5, 2024    |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau       |                          |                               |                        | Mumbai, India         |                  |
|                                                                                   |                             |                          | Gulika                                                                                                                                                                                             | 2:19PM – 3:45PM          | Anuradha Until 7:54AM         | Ganesha: Clear         | Sunrise: 7:13AM       | Sun 9 Sutra 294  |
|                                                                                   | Vrischika Rasi: 16          | Tithi 25 – 26            | Yama                                                                                                                                                                                               | 11:29AM – 12:54PM        | Dhruva Until 10:51AM          | Muruga: White          | Sunset: 6:36PM        | Sobhana 5125     |
|                                                                                   | Family Home Evening         | 973237577                | Rahu                                                                                                                                                                                               | 8:38AM – 10:03AM         | Bava Until 4:54AM Tue         | Nataraja: Orange       | Moon 1 - Phase 41 - 9 |                  |
| Creative Work                                                                     |                             | Siddha Yoga              | Dashami Until 5:26PM                                                                                                                                                                               |                          |                               |                        | Moon – Orange         | 2nd Phase        |
|                                                                                   |                             | Pausha*Thai              |                                                                                                                                                                                                    |                          |                               | Sivaloka Day           |                       |                  |
| 2                                                                                 | Tuesday, February 6, 2024   |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau |                          |                               |                        | Mumbai, India         |                  |
|                                                                                   |                             |                          | Gulika                                                                                                                                                                                             | 12:54PM – 2:20PM         | Jyeshtha* Until 7:25AM        | Ganesha: Orange        | Sunrise: 7:12AM       | Sun 10 Sutra 295 |
|                                                                                   | Vrischika Rasi: 29.05       | Tithi 26 – 27            | Yama                                                                                                                                                                                               | 10:03AM – 11:29AM        | Vyaghata* Until 8:48AM        | Muruga: White          | Sunset: 6:36PM        | Sobhana 5125     |
|                                                                                   | 973337577                   | Rahu                     | 3:45PM – 5:11PM                                                                                                                                                                                    | Kaulava Until 3:10AM Wed | Nataraja: Orange              | Moon 1 - Phase 41 - 10 |                       |                  |
| Routine Work                                                                      |                             | Marana Yoga              | Kaulava Until 3:10AM Wed                                                                                                                                                                           |                          |                               |                        | Moon – Orange         | 2nd Phase        |
| Until 7:25AM                                                                      |                             | Ekadashi* Until 4:07PM   |                                                                                                                                                                                                    |                          |                               | Pausha*Thai            |                       | Sivaloka Day     |
| Then Creative Work - Amrita Yoga                                                  |                             |                          |                                                                                                                                                                                                    |                          |                               |                        |                       |                  |
| 3                                                                                 | Wednesday, February 7, 2024 |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau   |                          |                               |                        | Mumbai, India         |                  |
|                                                                                   |                             |                          | Gulika                                                                                                                                                                                             | 11:29AM – 12:54PM        | Mula* Until 6:25AM            | Ganesha: Light Blue    | Sunrise: 7:12AM       | Sun 11 Sutra 296 |
|                                                                                   | Dhanus Rasi: 13.05          | Tithi 27 – 28            | Yama                                                                                                                                                                                               | 8:37AM – 10:03AM         | Harshana Until 6:06AM         | Muruga: White          | Sunset: 6:37PM        | Sobhana 5125     |
|                                                                                   | 983337577                   | Rahu                     | 12:54PM – 2:20PM                                                                                                                                                                                   | Gara Until 12:43AM Thu   | Nataraja: Orange              | Moon 1 - Phase 41 - 11 |                       |                  |
| Routine Work                                                                      |                             | Marana Yoga              | Dvodashi* Until 2:01PM                                                                                                                                                                             |                          |                               |                        | Moon – Light Blue     | 2nd Phase        |
| Until 6:25AM                                                                      |                             | Pradosha Vrata (Fasting) |                                                                                                                                                                                                    |                          |                               | Pausha*Thai            |                       | Devaloka Day     |
| Then Creative Work - Amrita Yoga                                                  |                             |                          |                                                                                                                                                                                                    |                          |                               |                        |                       |                  |
| 4                                                                                 | Thursday, February 8, 2024  |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Vanja/Visti* Karana Trayodashi/Chaturdashyam Titau                |                          |                               |                        | Mumbai, India         |                  |
|                                                                                   |                             |                          | Gulika                                                                                                                                                                                             | 10:03AM – 11:29AM        | Uttarashadha Until 2:04AM Fri | Ganesha: Light Blue    | Sunrise: 7:12AM       | Sun 12 Sutra 297 |
|                                                                                   | Dhanus Rasi: 27.32          | Tithi 28 – 29            | Yama                                                                                                                                                                                               | 7:12AM – 8:37AM          | Siddhi Until 11:07PM          | Muruga: White          | Sunset: 6:37PM        | Sobhana 5125     |
|                                                                                   | 983337577                   | Rahu                     | 2:20PM – 3:46PM                                                                                                                                                                                    | Visti Until 9:43PM       | Nataraja: Orange              | Moon 1 - Phase 41 - 12 |                       |                  |
| Routine Work                                                                      |                             | Marana Yoga              | Trayodashi* Until 11:16AM                                                                                                                                                                          |                          |                               |                        | Moon – Light Blue     | 2nd Phase        |
|                                                                                   |                             | Pausha*Thai              |                                                                                                                                                                                                    |                          |                               | Devaloka Day           |                       |                  |
|  | Friday, February 9, 2024    |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau          |                          |                               |                        | Mumbai, India         |                  |
|                                                                                   | Retreat Star                |                          | Gulika                                                                                                                                                                                             | 8:37AM – 10:03AM         | Shravana Until 11:29PM        | Ganesha: Purple        | Sunrise: 7:11AM       | Sun 13 Sutra 298 |
|                                                                                   | Makara Rasi: 12.21          | Tithi 29 – 30            | Yama                                                                                                                                                                                               | 3:46PM – 5:12PM          | Vyatipata* Until 7:06PM       | Muruga: White          | Sunset: 6:38PM        | Sobhana 5125     |
|                                                                                   | 993337577                   | Rahu                     | 11:29AM – 12:54PM                                                                                                                                                                                  | Catuspada Until 6:19PM   | Nataraja: Orange              | Moon 1 - Phase 41 - 13 |                       |                  |
| Routine Work                                                                      |                             | Marana Yoga              | Chaturdashi* Until 8:02AM                                                                                                                                                                          |                          |                               |                        | Moon – Purple         | Amavasya         |
| Until 11:29PM                                                                     |                             | Pausha*Thai              |                                                                                                                                                                                                    |                          |                               | Devaloka Day           |                       |                  |
| Then Creative Work - Siddha Yoga                                                  |                             |                          |                                                                                                                                                                                                    |                          |                               |                        |                       |                  |
|                                                                                   | Saturday, February 10, 2024 |                          | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau                   |                          |                               |                        | Mumbai, India         |                  |
|                                                                                   | Retreat Star                |                          | Gulika                                                                                                                                                                                             | 7:11AM – 8:37AM          | Dhanishtha Until 8:35PM       | Ganesha: Purple        | Sunrise: 7:11AM       | Sun 14 Sutra 299 |
|                                                                                   | Makara Rasi: 27.26          | Tithi 1                  | Yama                                                                                                                                                                                               | 2:20PM – 3:46PM          | Variyan Until 2:54PM          | Muruga: White          | Sunset: 6:38PM        | Sobhana 5125     |
|                                                                                   | 993337577                   | Rahu                     | 10:03AM – 11:28AM                                                                                                                                                                                  | Kintughna Until 2:42PM   | Nataraja: Orange              | Moon 1 - Phase 41 - 14 |                       |                  |
| Creative Work                                                                     |                             | Siddha Yoga              | Prathama* Until 12:51AM Sun                                                                                                                                                                        |                          |                               |                        | Moon – Purple         | Prathama         |
| Until 8:35PM                                                                      |                             | Magha*Thai               |                                                                                                                                                                                                    |                          |                               | Devaloka Day           |                       |                  |
| Then Creative Work - Amrita Yoga                                                  |                             |                          |                                                                                                                                                                                                    |                          |                               |                        |                       |                  |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

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|          |                                     |             |                                                                                                                                                                                                             |                          |                                        |                         |                                    |                        |
|----------|-------------------------------------|-------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|----------------------------------------|-------------------------|------------------------------------|------------------------|
| <b>1</b> | <b>Sunday, February 11, 2024</b>    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau           |                          |                                        |                         | Mumbai, India                      |                        |
|          | Kumbha Rasi: 13                     | Tithi 2     | <b>Gulika</b>                                                                                                                                                                                               | <b>3:46PM – 5:12PM</b>   | <b>Shatabhishak Until 5:34PM</b>       | <b>Ganesha: Purple</b>  | <i>Sunrise: 7:10AM</i>             | Sun 15 Sutra 300       |
|          |                                     |             | Yama                                                                                                                                                                                                        | 12:54PM – 2:20PM         | Parigha* Until 10:40AM                 | <b>Muruga: White</b>    | <i>Sunset: 6:39PM</i>              | Sobhana 5125           |
|          | Creative Work                       | Siddha Yoga | 993337577 <b>Rahu</b>                                                                                                                                                                                       | <b>5:12PM – 6:39PM</b>   | Balava Until 11:02AM                   | <b>Nataraja: Orange</b> |                                    | Moon 1 - Phase 42 - 15 |
|          |                                     |             |                                                                                                                                                                                                             |                          | <b>Dvitiya Until 9:14PM</b>            | Moon – Purple           |                                    | 3rd Phase              |
|          |                                     |             |                                                                                                                                                                                                             |                          |                                        | <b>Magha*Thai</b>       | <b>Devaloka Day</b>                |                        |
| <b>2</b> | <b>Monday, February 12, 2024</b>    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Tritiya/Chatrthyam Titau |                          |                                        |                         | Mumbai, India                      |                        |
|          | Kumbha Rasi: 27.43                  | Tithi 3 – 4 | <b>Gulika</b>                                                                                                                                                                                               | <b>2:21PM – 3:47PM</b>   | <b>Purvaproshtapada* Until 2:59PM</b>  | <b>Ganesha: Clear</b>   | <i>Sunrise: 7:10AM</i>             | Sun 16 Sutra 301       |
|          | <b>Family Home Evening</b>          |             | Yama                                                                                                                                                                                                        | 11:28AM – 12:54PM        | Shiva Until 6:33AM                     | <b>Muruga: White</b>    | <i>Sunset: 6:39PM</i>              | Sobhana 5125           |
|          | Routine Work                        | Marana Yoga | 913337577 <b>Rahu</b>                                                                                                                                                                                       | <b>8:36AM – 10:02AM</b>  | Taitila Until 7:30AM                   | <b>Nataraja: Orange</b> |                                    | Moon 1 - Phase 42 - 16 |
|          | Until 2:59PM                        |             |                                                                                                                                                                                                             |                          | <b>Tritiya Until 5:49PM</b>            | Moon – Clear            |                                    | 3rd Phase              |
|          | Then Creative Work - Siddha Yoga    |             |                                                                                                                                                                                                             |                          |                                        | <b>Magha*Thai</b>       | <b>Sivaloka Day</b>                |                        |
| <b>3</b> | <b>Tuesday, February 13, 2024</b>   |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                |                          |                                        |                         | Mumbai, India                      |                        |
|          | Meena Rasi: 13                      | Tithi 4 – 5 | <b>Gulika</b>                                                                                                                                                                                               | <b>12:54PM – 2:21PM</b>  | <b>Uttaraproshtapada Until 12:37PM</b> | <b>Ganesha: Orange</b>  | <i>Sunrise: 7:09AM</i>             | Sun 17 Sutra 302       |
|          |                                     |             | Yama                                                                                                                                                                                                        | 10:02AM – 11:28AM        | Sadhya Until 11:04PM                   | <b>Muruga: White</b>    | <i>Sunset: 6:39PM</i>              | Sobhana 5125           |
|          | Creative Work                       | Amrita Yoga | 914337577 <b>Rahu</b>                                                                                                                                                                                       | <b>3:47PM – 5:13PM</b>   | Bava Until 1:24AM Wed                  | <b>Nataraja: Orange</b> |                                    | Moon 1 - Phase 42 - 17 |
|          | Until 12:37PM                       |             |                                                                                                                                                                                                             |                          | <b>Chaturthi* Until 2:45PM</b>         | Moon – Clear            |                                    | 3rd Phase              |
|          | Then Creative Work - Siddha Yoga    |             |                                                                                                                                                                                                             |                          |                                        | <b>Magha*Masi</b>       | <b>Sivaloka Day</b>                |                        |
| <b>4</b> | <b>Wednesday, February 14, 2024</b> |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau                           |                          |                                        |                         | Mumbai, India                      |                        |
|          | Meena Rasi: 27.1                    | Tithi 5 – 6 | <b>Gulika</b>                                                                                                                                                                                               | <b>11:28AM – 12:54PM</b> | <b>Revati Until 10:34AM</b>            | <b>Ganesha: Orange</b>  | <i>Sunrise: 7:09AM</i>             | Sun 18 Sutra 303       |
|          |                                     |             | Yama                                                                                                                                                                                                        | 8:35AM – 10:02AM         | Subha Until 7:57PM                     | <b>Muruga: White</b>    | <i>Sunset: 6:40PM</i>              | Sobhana 5125           |
|          |                                     |             | 914337577 <b>Rahu</b>                                                                                                                                                                                       | <b>12:54PM – 2:21PM</b>  | Kaulava Until 11:07PM                  | <b>Nataraja: Orange</b> |                                    | Moon 1 - Phase 42 - 18 |
|          | Routine Work                        | Marana Yoga |                                                                                                                                                                                                             |                          | <b>Panchami Until 12:10PM</b>          | Moon – Clear            |                                    | 3rd Phase              |
|          |                                     |             |                                                                                                                                                                                                             |                          |                                        | <b>Magha*Masi</b>       | <b>Sivaloka Day</b>                |                        |
| <b>5</b> | <b>Thursday, February 15, 2024</b>  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                       |                          |                                        |                         | Mumbai, India                      |                        |
|          | Mesha Rasi: 11.21                   | Tithi 6 – 7 | <b>Gulika</b>                                                                                                                                                                                               | <b>10:01AM – 11:28AM</b> | <b>Ashvini Until 9:23AM</b>            | <b>Ganesha: Green</b>   | <i>Sunrise: 7:08AM</i>             | Sun 19 Sutra 304       |
|          |                                     |             | Yama                                                                                                                                                                                                        | 7:08AM – 8:35AM          | Sukla Until 5:19PM                     | <b>Muruga: Clear</b>    | <i>Sunset: 6:40PM</i>              | Sobhana 5125           |
|          |                                     |             | 924347577 <b>Rahu</b>                                                                                                                                                                                       | <b>2:21PM – 3:47PM</b>   | Gara Until 9:28PM                      | <b>Nataraja: Orange</b> |                                    | Moon 1 - Phase 42 - 19 |
|          | Creative Work                       | Amrita Yoga |                                                                                                                                                                                                             |                          | <b>Shashthi* Until 10:11AM</b>         | Moon – White            |                                    | 3rd Phase              |
|          | Until 9:23AM                        |             |                                                                                                                                                                                                             |                          |                                        | <b>Magha*Masi</b>       | <b>Bhuloka Day</b>                 |                        |
|          | Then Creative Work - Siddha Yoga    |             |                                                                                                                                                                                                             |                          |                                        |                         | <b>Devaloka Time: 3:PM to 6:PM</b> |                        |
| <b>D</b> | <b>Friday, February 16, 2024</b>    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                     |                          |                                        |                         | Mumbai, India                      |                        |
|          | <b>Retreat Star</b>                 |             | <b>Gulika</b>                                                                                                                                                                                               | <b>8:34AM – 10:01AM</b>  | <b>Bharani Until 8:43AM</b>            | <b>Ganesha: Green</b>   | <i>Sunrise: 7:08AM</i>             | Sun 20 Sutra 305       |
|          | Mesha Rasi: 25.07                   | Tithi 7 – 8 | Yama                                                                                                                                                                                                        | 3:48PM – 5:14PM          | Brahma Until 3:13PM                    | <b>Muruga: Clear</b>    | <i>Sunset: 6:41PM</i>              | Sobhana 5125           |
|          |                                     |             | 924347577 <b>Rahu</b>                                                                                                                                                                                       | <b>11:28AM – 12:54PM</b> | Visti Until 8:29PM                     | <b>Nataraja: Orange</b> |                                    | Moon 1 - Phase 42 - 20 |
|          | Creative Work                       | Siddha Yoga |                                                                                                                                                                                                             |                          | <b>Saptami Until 8:52AM</b>            | Moon – White            |                                    | Ashtami                |
|          |                                     |             |                                                                                                                                                                                                             |                          |                                        | <b>Magha*Masi</b>       | <b>Bhuloka Day</b>                 |                        |
|          |                                     |             |                                                                                                                                                                                                             |                          |                                        |                         | <b>Devaloka Time: 3:PM to 6:PM</b> |                        |
| <b>D</b> | <b>Saturday, February 17, 2024</b>  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau                     |                          |                                        |                         | Mumbai, India                      |                        |
|          | <b>Retreat Star</b>                 |             | <b>Gulika</b>                                                                                                                                                                                               | <b>7:07AM – 8:34AM</b>   | <b>Krittika Until 8:34AM</b>           | <b>Ganesha: Green</b>   | <i>Sunrise: 7:07AM</i>             | Sun 21 Sutra 306       |
|          | Virshabha Rasi: 8.3                 | Tithi 8 – 9 | Yama                                                                                                                                                                                                        | 2:21PM – 3:48PM          | Indra Until 1:41PM                     | <b>Muruga: Clear</b>    | <i>Sunset: 6:41PM</i>              | Sobhana 5125           |
|          |                                     |             | 924347577 <b>Rahu</b>                                                                                                                                                                                       | <b>10:01AM – 11:27AM</b> | Balava Until 8:11PM                    | <b>Nataraja: Orange</b> |                                    | Moon 1 - Phase 42 - 21 |
|          | Creative Work                       | Amrita Yoga |                                                                                                                                                                                                             |                          | <b>Ashtami* Until 8:14AM</b>           | Moon – White            |                                    | Navami                 |
|          |                                     |             |                                                                                                                                                                                                             |                          |                                        | <b>Magha*Masi</b>       | <b>Bhuloka Day</b>                 |                        |
|          |                                     |             |                                                                                                                                                                                                             |                          |                                        |                         | <b>Devaloka Time: 3:PM to 6:PM</b> |                        |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               |                             |  |
|---|------------------------------|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|------------------------------|--|---------------|-----------------------------|--|
| 1 | Sunday, February 18, 2024    |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |  |                              |  | Mumbai, India |                             |  |
|   | Sun 22                       |  | Sutra 307                                                                                                                                                                                              |  | Sobhana 5125                 |  |               |                             |  |
|   | Vrishabha Rasi: 21.32        |  | Tithi 9 – 10                                                                                                                                                                                           |  | Moon 1 - Phase 43 - 22       |  | 4th Phase     |                             |  |
|   | Creative Work                |  | Siddha Yoga                                                                                                                                                                                            |  |                              |  | Devaloka Day  |                             |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               |                             |  |
| 2 | Monday, February 19, 2024    |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau          |  |                              |  | Mumbai, India |                             |  |
|   | Sun 23                       |  | Sutra 308                                                                                                                                                                                              |  | Sobhana 5125                 |  |               |                             |  |
|   | Mithuna Rasi: 4.16           |  | Tithi 10 – 11                                                                                                                                                                                          |  | Moon 1 - Phase 43 - 23       |  | 4th Phase     |                             |  |
|   | Family Home Evening          |  | Until 10:33AM                                                                                                                                                                                          |  |                              |  | Devaloka Day  |                             |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               |                             |  |
| 3 | Tuesday, February 20, 2024   |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau          |  |                              |  | Mumbai, India |                             |  |
|   | Sun 24                       |  | Sutra 309                                                                                                                                                                                              |  | Sobhana 5125                 |  |               |                             |  |
|   | Mithuna Rasi: 16.46          |  | Tithi 11 – 12                                                                                                                                                                                          |  | Moon 1 - Phase 43 - 24       |  | 4th Phase     |                             |  |
|   | Routine Work                 |  | Marana Yoga                                                                                                                                                                                            |  |                              |  | Devaloka Day  |                             |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               |                             |  |
| 4 | Wednesday, February 21, 2024 |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau  |  |                              |  | Mumbai, India |                             |  |
|   | Sun 25                       |  | Sutra 310                                                                                                                                                                                              |  | Sobhana 5125                 |  |               |                             |  |
|   | Mithuna Rasi: 29.06          |  | Tithi 12 – 13                                                                                                                                                                                          |  | Moon 1 - Phase 43 - 25       |  | 4th Phase     |                             |  |
|   | Creative Work                |  | Siddha Yoga                                                                                                                                                                                            |  |                              |  | Bhuloka Day   |                             |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               | Devaloka Time: 3:PM to 6:PM |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               | Pradosha Vrata              |  |
| 5 | Thursday, February 22, 2024  |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau   |  |                              |  | Mumbai, India |                             |  |
|   | Sun 26                       |  | Sutra 311                                                                                                                                                                                              |  | Sobhana 5125                 |  |               |                             |  |
|   | Kataka Rasi: 11.16           |  | Tithi 13 – 14                                                                                                                                                                                          |  | Moon 1 - Phase 43 - 26       |  | 4th Phase     |                             |  |
|   | Creative Work                |  | Amrita Yoga                                                                                                                                                                                            |  |                              |  | Bhuloka Day   |                             |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               | Devaloka Time: 3:PM to 6:PM |  |
| 6 | Friday, February 23, 2024    |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau         |  |                              |  | Mumbai, India |                             |  |
|   | Sun 27                       |  | Sutra 312                                                                                                                                                                                              |  | Sobhana 5125                 |  |               |                             |  |
|   | Kataka Rasi: 23.19           |  | Tithi 14 – 15                                                                                                                                                                                          |  | Moon 1 - Phase 43 - 27       |  | 4th Phase     |                             |  |
|   | Routine Work                 |  | Marana Yoga                                                                                                                                                                                            |  |                              |  | Bhuloka Day   |                             |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               | Devaloka Time: 3:PM to 6:PM |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               |                             |  |
| O | Saturday, February 24, 2024  |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau               |  |                              |  | Mumbai, India |                             |  |
|   | Sun 28                       |  | Sutra 313                                                                                                                                                                                              |  | Sobhana 5125                 |  |               |                             |  |
|   | Simha Rasi: 5.16             |  | Tithi 15 – 16                                                                                                                                                                                          |  | Moon 1 - Phase 43 - Purnima  |  |               |                             |  |
|   | Creative Work                |  | Amrita Yoga                                                                                                                                                                                            |  |                              |  | Devaloka Day  |                             |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               |                             |  |
|   | Sunday, February 25, 2024    |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau                 |  |                              |  | Mumbai, India |                             |  |
|   | Sun 29                       |  | Sutra 314                                                                                                                                                                                              |  | Sobhana 5125                 |  |               |                             |  |
|   | Simha Rasi: 17.08            |  | Tithi 16                                                                                                                                                                                               |  | Moon 1 - Phase 43 - Prathama |  |               |                             |  |
|   | Creative Work                |  | Siddha Yoga                                                                                                                                                                                            |  |                              |  | Sivaloka Day  |                             |  |
|   |                              |  |                                                                                                                                                                                                        |  |                              |  |               |                             |  |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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**Monday, February 26, 2024****Gold Retreat Star**

Simha Rasi: 28.57      Tithi 17  
**Family Home Evening**  
 Creative Work      Siddha Yoga

955347577  
**Rahu**

**Gulika**      **2:21PM – 3:49PM**  
 Yama      11:25AM – 12:53PM  
**Rahu**      **8:30AM – 9:57AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Uttaraphalguni Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Uttaraphalguni Until 4:17AM Tue**  
 Dhriti Until 3:23PM  
 Taitila Until 9:55AM  
**Dvitiya Until 11:14PM**

**Ganesha:** White      *Sunrise:* 7:02AM  
**Muruga:** Clear      *Sunset:* 6:45PM  
**Nataraja:** Orange  
 Moon – Red  
**Magha+Masi**

**Sivaloka Day**

Mumbai, India  
 Sun 1      Sutra 315  
 Sobhana 5125  
 Moon 2 - Phase 44 - 1  
 1st Phase

**1****Tuesday, February 27, 2024**

Kanya Rasi: 10.45      Tithi 18  
 Creative Work      Siddha Yoga

965347577  
**Rahu**

**Gulika**      **12:53PM – 2:21PM**  
 Yama      9:57AM – 11:25AM  
**Rahu**      **3:49PM – 5:17PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Hasta Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Hasta Until 7:31AM Wed**  
 Shula\* Until 4:21PM  
 Vanija Until 12:35PM  
**Tritiya Until 1:53AM Wed**

**Ganesha:** Clear      *Sunrise:* 7:01AM  
**Muruga:** Clear      *Sunset:* 6:45PM  
**Nataraja:** Orange  
 Moon – Green  
**Magha+Masi**

**Devaloka Day**

Mumbai, India  
 Sun 2      Sutra 316  
 Sobhana 5125  
 Moon 2 - Phase 44 - 2  
 1st Phase

**2****Wednesday, February 28, 2024**

Kanya Rasi: 22.34      Tithi 19  
 Routine Work      Marana Yoga  
 Until 7:31AM  
 Then Creative Work - Siddha Yoga

965347577  
**Rahu**

**Gulika**      **11:25AM – 12:53PM**  
 Yama      8:28AM – 9:57AM  
**Rahu**      **12:53PM – 2:21PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Hasta/Chitra Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Chaturthayam Titau

**Hasta Until 7:31AM**  
 Ganda\* Until 5:14PM  
 Bava Until 3:10PM  
**Chaturthi\* Until 4:20AM Thu**

**Ganesha:** Clear      *Sunrise:* 7:00AM  
**Muruga:** Clear      *Sunset:* 6:45PM  
**Nataraja:** Orange  
 Moon – Green  
**Magha+Masi**

**Devaloka Day**

Mumbai, India  
 Sun 3      Sutra 317  
 Sobhana 5125  
 Moon 2 - Phase 44 - 3  
 1st Phase

**3****Thursday, February 29, 2024**

Tula Rasi: 4.28      Tithi 20  
 Creative Work      Siddha Yoga  
 Until 10:22AM  
 Then Creative Work - Amrita Yoga

965347577  
**Rahu**

**Gulika**      **9:56AM – 11:24AM**  
 Yama      7:00AM – 8:28AM  
**Rahu**      **2:21PM – 3:49PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Chitra/Svati Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Chitra Until 10:22AM**  
 Vridhhi Until 5:56PM  
 Kaulava Until 5:27PM  
**Panchami Until 6:26AM Fri**

**Ganesha:** Clear      *Sunrise:* 7:00AM  
**Muruga:** Clear      *Sunset:* 6:46PM  
**Nataraja:** Orange  
 Moon – Green  
**Magha+Masi**

**Devaloka Day**

Mumbai, India  
 Sun 4      Sutra 318  
 Sobhana 5125  
 Moon 2 - Phase 44 - 4  
 1st Phase

**4****Friday, March 1, 2024**

Tula Rasi: 16.31      Tithi 20 – 21  
 Creative Work      Siddha Yoga

965347577  
**Rahu**

**Gulika**      **8:27AM – 9:55AM**  
 Yama      3:49PM – 5:18PM  
**Rahu**      **11:24AM – 12:52PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Svati/Vishakha Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Svati Until 12:41PM**  
 Dhruva Until 6:15PM  
 Gara Until 7:18PM  
**Panchami Until 6:26AM**

**Ganesha:** Clear      *Sunrise:* 6:58AM  
**Muruga:** Clear      *Sunset:* 6:46PM  
**Nataraja:** Orange  
 Moon – Green  
**Magha+Masi**

**Devaloka Day**

Mumbai, India  
 Sun 5      Sutra 319  
 Sobhana 5125  
 Moon 2 - Phase 44 - 5  
 1st Phase

**5****Saturday, March 2, 2024**

Tula Rasi: 28.47      Tithi 21 – 22  
 Creative Work      Siddha Yoga

975347577  
**Rahu**

**Gulika**      **6:57AM – 8:26AM**  
 Yama      2:21PM – 3:49PM  
**Rahu**      **9:55AM – 11:23AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Vishakha/Anuradha Nakshatra Vyaghata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Vishakha Until 2:45PM**  
 Vyaghata\* Until 6:08PM  
 Visti Until 8:32PM  
**Shashthi\* Until 7:59AM**

**Ganesha:** Purple      *Sunrise:* 6:57AM  
**Muruga:** Clear      *Sunset:* 6:47PM  
**Nataraja:** Orange  
 Moon – Orange  
**Magha+Masi**

**Sivaloka Day**

Mumbai, India  
 Sun 6      Sutra 320  
 Sobhana 5125  
 Moon 2 - Phase 44 - 6  
 1st Phase

**D****Sunday, March 3, 2024****Retreat Star**

Vrischika Rasi: 11.2      Tithi 22 – 23  
 Routine Work      Marana Yoga

975447577  
**Rahu**

**Gulika**      **3:49PM – 5:18PM**  
 Yama      12:52PM – 2:21PM  
**Rahu**      **5:18PM – 6:47PM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Anuradha/Jyeshtha\* Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Anuradha Until 3:58PM**  
 Harshana Until 5:27PM  
 Balava Until 9:00PM  
**Saptami Until 8:51AM**

**Ganesha:** Clear      *Sunrise:* 6:57AM  
**Muruga:** Clear      *Sunset:* 6:47PM  
**Nataraja:** Orange  
 Moon – Orange  
**Magha+Masi**

**Devaloka Day**

Mumbai, India  
 Sun 7      Sutra 321  
 Sobhana 5125  
 Moon 2 - Phase 44 - 7  
 Ashtami

**Monday, March 4, 2024****Retreat Star**

Vrischika Rasi: 24.16      Tithi 23 – 24  
**Family Home Evening**  
 Creative Work      Siddha Yoga

975447577  
**Rahu**

**Gulika**      **2:20PM – 3:49PM**  
 Yama      11:23AM – 12:52PM  
**Rahu**      **8:25AM – 9:54AM**

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
 Jyeshtha\*/Mula\* Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Jyeshtha\* Until 4:15PM**  
 Vajra\* Until 4:07PM  
 Taitila Until 8:38PM  
**Ashtami\* Until 8:54AM**

**Ganesha:** Clear      *Sunrise:* 6:56AM  
**Muruga:** Clear      *Sunset:* 6:47PM  
**Nataraja:** Orange  
 Moon – Orange  
**Magha+Masi**

**Devaloka Day**

Mumbai, India  
 Sun 8      Sutra 322  
 Sobhana 5125  
 Moon 2 - Phase 44 - 8  
 Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Mumbai, India on 1/18/22

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)

|   |                          |                                  |                                                                                                                                                                                                              |                   |                                    |                   |                 |                        |
|---|--------------------------|----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|------------------------------------|-------------------|-----------------|------------------------|
| 1 | Tuesday, March 5, 2024   |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau           |                   |                                    |                   | Mumbai, India   |                        |
|   | Dhanus Rasi: 7.37        | Tithi 24 – 25                    | Gulika                                                                                                                                                                                                       | 12:51PM – 2:20PM  | Mula* Until 4:00PM                 | Ganesha: Red      | Sunrise: 6:55AM | Sun 9 Sutra 323        |
|   |                          |                                  | Yama                                                                                                                                                                                                         | 9:53AM – 11:22AM  | Siddhi Until 2:08PM                | Muruga: Clear     | Sunset: 6:47PM  | Sobhana 5125           |
|   |                          |                                  | 186447577 Rahu                                                                                                                                                                                               | 3:49PM – 5:18PM   | Vanija Until 7:27PM                | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 9  |
|   | Creative Work            | Amrita Yoga                      |                                                                                                                                                                                                              |                   | Navami* Until 8:07AM               | Moon – Light Blue |                 | 2nd Phase              |
|   |                          | Until 4:00PM                     |                                                                                                                                                                                                              |                   |                                    | Magha*Masi        | Devaloka Day    |                        |
|   |                          | Then Creative Work - Siddha Yoga |                                                                                                                                                                                                              |                   |                                    |                   |                 |                        |
| 2 | Wednesday, March 6, 2024 |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Dashami/Ekodashyam Titau |                   |                                    |                   | Mumbai, India   |                        |
|   | Dhanus Rasi: 21.26       | Tithi 25 – 26                    | Gulika                                                                                                                                                                                                       | 11:22AM – 12:51PM | Purvashadha* Until 2:51PM          | Ganesha: Red      | Sunrise: 6:54AM | Sun 10 Sutra 324       |
|   |                          |                                  | Yama                                                                                                                                                                                                         | 8:24AM – 9:53AM   | Vyatipata* Until 11:32AM           | Muruga: Clear     | Sunset: 6:48PM  | Sobhana 5125           |
|   |                          |                                  | 186447577 Rahu                                                                                                                                                                                               | 12:51PM – 2:20PM  | Balava Until 4:13AM Thu            | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 10 |
|   | Creative Work            | Amrita Yoga                      |                                                                                                                                                                                                              |                   | Dashami Until 6:32AM               | Moon – Light Blue |                 | 2nd Phase              |
|   |                          |                                  |                                                                                                                                                                                                              |                   |                                    | Magha*Masi        | Devaloka Day    |                        |
| 3 | Thursday, March 7, 2024  |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau              |                   |                                    |                   | Mumbai, India   |                        |
|   | Makara Rasi: 5.44        | Tithi 27                         | Gulika                                                                                                                                                                                                       | 9:52AM – 11:22AM  | Uttarashadha Until 12:52PM         | Ganesha: Red      | Sunrise: 6:54AM | Sun 11 Sutra 325       |
|   |                          |                                  | Yama                                                                                                                                                                                                         | 6:54AM – 8:23AM   | Variyan Until 8:20AM               | Muruga: Clear     | Sunset: 6:48PM  | Sobhana 5125           |
|   |                          |                                  | 186447577 Rahu                                                                                                                                                                                               | 2:20PM – 3:49PM   | Kaulava Until 2:51PM               | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 11 |
|   | Routine Work             | Marana Yoga                      |                                                                                                                                                                                                              |                   | Dvadashi* Until 1:18AM Fri         | Moon – Light Blue |                 | 2nd Phase              |
|   |                          | Until 12:52PM                    |                                                                                                                                                                                                              |                   |                                    | Magha*Masi        | Devaloka Day    |                        |
|   |                          | Then Creative Work - Siddha Yoga |                                                                                                                                                                                                              |                   |                                    |                   |                 |                        |
| 4 | Friday, March 8, 2024    |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau                            |                   |                                    |                   | Mumbai, India   |                        |
|   | Makara Rasi: 20.26       | Tithi 28                         | Gulika                                                                                                                                                                                                       | 8:22AM – 9:52AM   | Shravana Until 10:38AM             | Ganesha: Green    | Sunrise: 6:53AM | Sun 12 Sutra 326       |
|   |                          |                                  | Yama                                                                                                                                                                                                         | 3:49PM – 5:19PM   | Shiva Until 12:43AM Sat            | Muruga: Clear     | Sunset: 6:48PM  | Sobhana 5125           |
|   |                          |                                  | 196447577 Rahu                                                                                                                                                                                               | 11:21AM – 12:51PM | Gara Until 11:41AM                 | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 12 |
|   | Routine Work             | Marana Yoga                      |                                                                                                                                                                                                              |                   | Trayodashi* Until 9:57PM           | Moon – Purple     |                 | 2nd Phase              |
|   |                          | Until 10:38AM                    |                                                                                                                                                                                                              |                   |                                    | Magha*Masi        | Sivaloka Day    |                        |
|   |                          | Then Creative Work - Siddha Yoga |                                                                                                                                                                                                              |                   | Pradosha Vrata (Fasting)           |                   |                 |                        |
| 5 | Saturday, March 9, 2024  |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau                   |                   |                                    |                   | Mumbai, India   |                        |
|   | Kumbha Rasi: 5.28        | Tithi 29                         | Gulika                                                                                                                                                                                                       | 6:52AM – 8:22AM   | Dhanishtha Until 7:53AM            | Ganesha: Green    | Sunrise: 6:52AM | Sun 13 Sutra 327       |
|   |                          |                                  | Yama                                                                                                                                                                                                         | 2:20PM – 3:49PM   | Siddha Until 8:30PM                | Muruga: Clear     | Sunset: 6:49PM  | Sobhana 5125           |
|   |                          |                                  | 196447577 Rahu                                                                                                                                                                                               | 9:51AM – 11:21AM  | Visti Until 8:10AM                 | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 13 |
|   | Creative Work            | Siddha Yoga                      |                                                                                                                                                                                                              |                   | Chaturdashi* Until 6:18PM          | Moon – Purple     |                 | 2nd Phase              |
|   |                          | Until 7:53AM                     |                                                                                                                                                                                                              |                   |                                    | Magha*Masi        | Sivaloka Day    |                        |
|   |                          | Then Creative Work - Amrita Yoga |                                                                                                                                                                                                              |                   |                                    |                   |                 |                        |
| ● | Sunday, March 10, 2024   |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau            |                   |                                    |                   | Mumbai, India   |                        |
|   | Retreat Star             |                                  | Gulika                                                                                                                                                                                                       | 3:49PM – 5:19PM   | Purvaproshtapada* Until 1:55AM Mon | Ganesha: Orange   | Sunrise: 6:51AM | Sun 14 Sutra 328       |
|   | Kumbha Rasi: 20.4        | Tithi 30 – 1                     | Yama                                                                                                                                                                                                         | 12:50PM – 2:20PM  | Sadhya Until 4:12PM                | Muruga: Clear     | Sunset: 6:49PM  | Sobhana 5125           |
|   |                          |                                  | 116447577 Rahu                                                                                                                                                                                               | 5:19PM – 6:49PM   | Kintughna Until 12:39AM Mon        | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 14 |
|   | Creative Work            | Siddha Yoga                      |                                                                                                                                                                                                              |                   | Amavasya* Until 2:31PM             | Moon – Clear      |                 | Amavasya               |
|   |                          |                                  |                                                                                                                                                                                                              |                   |                                    | Magha*Masi        | Devaloka Day    |                        |
|   | Monday, March 11, 2024   |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau                    |                   |                                    |                   | Mumbai, India   |                        |
|   | Retreat Star             |                                  | Gulika                                                                                                                                                                                                       | 2:20PM – 3:49PM   | Uttaraproshtapada Until 11:03PM    | Ganesha: Orange   | Sunrise: 6:51AM | Sun 15 Sutra 329       |
|   | Meena Rasi: 5.54         | Tithi 1 – 2                      | Yama                                                                                                                                                                                                         | 11:20AM – 12:50PM | Subha Until 11:58AM                | Muruga: Clear     | Sunset: 6:49PM  | Sobhana 5125           |
|   | Family Home Evening      |                                  | 116447577 Rahu                                                                                                                                                                                               | 8:20AM – 9:50AM   | Balava Until 9:00PM                | Nataraja: Orange  |                 | Moon 2 - Phase 45 - 15 |
|   | Creative Work            | Siddha Yoga                      |                                                                                                                                                                                                              |                   | Prathama* Until 10:47AM            | Moon – Clear      |                 | Prathama               |
|   |                          |                                  |                                                                                                                                                                                                              |                   |                                    | Phalguna*Masi     | Devaloka Day    |                        |

|                                  |                           |                              |                                                                                                                                                                                       |                             |                          |                 |                             |                  |
|----------------------------------|---------------------------|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|--------------------------|-----------------|-----------------------------|------------------|
| 1                                | Tuesday, March 12, 2024   |                              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Sukla/Brahma Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau    |                             |                          |                 |                             | Mumbai, India    |
|                                  | Meena Rasi: 21            | Tithi 2 – 3                  | Gulika                                                                                                                                                                                | 12:50PM – 2:19PM            | Revati Until 8:22PM      | Ganesha: Orange | Sunrise: 6:50AM             | Sun 16 Sutra 330 |
|                                  |                           |                              | Yama                                                                                                                                                                                  | 9:50AM – 11:20AM            | Sukla Until 7:53AM       | Muruga: Clear   | Sunset: 6:49PM              | Sobhana 5125     |
|                                  | 116447577                 | Rahu                         | 3:49PM – 5:19PM                                                                                                                                                                       | Gara Until 4:05AM Wed       | Nataraja: Orange         |                 | Moon 2 - Phase 46 - 16      |                  |
| Creative Work                    | Siddha Yoga               |                              |                                                                                                                                                                                       | Dvitiya Until 7:15AM        | Moon – Clear             |                 | 3rd Phase                   |                  |
|                                  |                           |                              |                                                                                                                                                                                       |                             | Phalguna*Masī            |                 | Devaloka Day                |                  |
| Subramuniyaswami Siva Vision Day |                           |                              |                                                                                                                                                                                       |                             |                          |                 |                             |                  |
| 2                                | Wednesday, March 13, 2024 |                              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthyam Titau                  |                             |                          |                 |                             | Mumbai, India    |
|                                  | Mesha Rasi: 5.49          | Tithi 4                      | Gulika                                                                                                                                                                                | 11:19AM – 12:49PM           | Ashvini Until 6:24PM     | Ganesha: White  | Sunrise: 6:49AM             | Sun 17 Sutra 331 |
|                                  |                           |                              | Yama                                                                                                                                                                                  | 8:19AM – 9:49AM             | Indra Until 12:47AM Thu  | Muruga: Clear   | Sunset: 6:50PM              | Sobhana 5125     |
|                                  | 127447577                 | Rahu                         | 12:49PM – 2:19PM                                                                                                                                                                      | Vanija Until 2:43PM         | Nataraja: Orange         |                 | Moon 2 - Phase 46 - 17      |                  |
| Routine Work                     | Marana Yoga               |                              |                                                                                                                                                                                       | Chaturthi* Until 1:26AM Thu | Moon – White             |                 | 3rd Phase                   |                  |
| Until 6:24PM                     |                           |                              |                                                                                                                                                                                       |                             | Phalguna*Masī            |                 | Bhuloka Day                 |                  |
| Then Creative Work - Siddha Yoga |                           |                              |                                                                                                                                                                                       |                             |                          |                 | Devaloka Time: 3:PM to 6:PM |                  |
| 3                                | Thursday, March 14, 2024  |                              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau         |                             |                          |                 |                             | Mumbai, India    |
|                                  | Mesha Rasi: 20.14         | Tithi 5                      | Gulika                                                                                                                                                                                | 9:49AM – 11:19AM            | Bharani Until 4:54PM     | Ganesha: White  | Sunrise: 6:48AM             | Sun 18 Sutra 332 |
|                                  |                           |                              | Yama                                                                                                                                                                                  | 6:48AM – 8:18AM             | Vaidhriti* Until 9:57PM  | Muruga: Clear   | Sunset: 6:50PM              | Sobhana 5125     |
|                                  | 127447577                 | Rahu                         | 2:19PM – 3:49PM                                                                                                                                                                       | Bava Until 12:22PM          | Nataraja: Orange         |                 | Moon 2 - Phase 46 - 18      |                  |
| Creative Work                    | Siddha Yoga               |                              |                                                                                                                                                                                       | Panchami Until 11:25PM      | Moon – White             |                 | 3rd Phase                   |                  |
| Until 4:54PM                     |                           | Karadaian Nombu (Tamil Nadu) |                                                                                                                                                                                       |                             | Phalguna*Panguni         |                 | Bhuloka Day                 |                  |
| Then Routine Work - Marana Yoga  |                           |                              |                                                                                                                                                                                       |                             |                          |                 | Devaloka Time: 3:PM to 6:PM |                  |
| 4                                | Friday, March 15, 2024    |                              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau    |                             |                          |                 |                             | Mumbai, India    |
|                                  | Vrishabha Rasi: 4.14      | Tithi 6                      | Gulika                                                                                                                                                                                | 8:18AM – 9:48AM             | Krittika Until 3:57PM    | Ganesha: White  | Sunrise: 6:47AM             | Sun 19 Sutra 333 |
|                                  |                           |                              | Yama                                                                                                                                                                                  | 3:49PM – 5:20PM             | Vishkambha* Until 7:42PM | Muruga: Clear   | Sunset: 6:50PM              | Sobhana 5125     |
|                                  | 127447578                 | Rahu                         | 11:18AM – 12:49PM                                                                                                                                                                     | Kaulava Until 10:42AM       | Nataraja: Clear          |                 | Moon 2 - Phase 46 - 19      |                  |
| Creative Work                    | Siddha Yoga               |                              |                                                                                                                                                                                       | Shashthi* Until 10:08PM     | Moon – White             |                 | 3rd Phase                   |                  |
| Until 3:57PM                     |                           |                              |                                                                                                                                                                                       |                             | Phalguna*Panguni         |                 | Bhuloka Day                 |                  |
| Then Routine Work - Marana Yoga  |                           |                              |                                                                                                                                                                                       |                             |                          |                 | Devaloka Time: 3:PM to 6:PM |                  |
| 5                                | Saturday, March 16, 2024  |                              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Priti Yoga Gara/Vanija Karana Saptamyam Titau             |                             |                          |                 |                             | Mumbai, India    |
|                                  | Vrishabha Rasi: 17.47     | Tithi 7                      | Gulika                                                                                                                                                                                | 6:47AM – 8:17AM             | Rohini Until 4:03PM      | Ganesha: Clear  | Sunrise: 6:47AM             | Sun 20 Sutra 334 |
|                                  |                           |                              | Yama                                                                                                                                                                                  | 2:19PM – 3:49PM             | Priti Until 6:05PM       | Muruga: Clear   | Sunset: 6:50PM              | Sobhana 5125     |
|                                  | 137447578                 | Rahu                         | 9:47AM – 11:18AM                                                                                                                                                                      | Gara Until 9:48AM           | Nataraja: Clear          |                 | Moon 2 - Phase 46 - 20      |                  |
| Creative Work                    | Amrita Yoga               |                              |                                                                                                                                                                                       | Saptami Until 9:37PM        | Moon – Yellow            |                 | 3rd Phase                   |                  |
| Until 4:03PM                     |                           |                              |                                                                                                                                                                                       |                             | Phalguna*Panguni         |                 | Devaloka Day                |                  |
| Then Creative Work - Siddha Yoga |                           |                              |                                                                                                                                                                                       |                             |                          |                 |                             |                  |
| D                                | Sunday, March 17, 2024    |                              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau |                             |                          |                 |                             | Mumbai, India    |
|                                  | Retreat Star              |                              | Gulika                                                                                                                                                                                | 3:49PM – 5:20PM             | Mrigashira Until 4:45PM  | Ganesha: Clear  | Sunrise: 6:46AM             | Sun 21 Sutra 335 |
|                                  | Mithuna Rasi: 0.54        | Tithi 8                      | Yama                                                                                                                                                                                  | 12:48PM – 2:19PM            | Ayushman Until 5:03PM    | Muruga: Clear   | Sunset: 6:51PM              | Sobhana 5125     |
|                                  | 137447578                 | Rahu                         | 5:20PM – 6:51PM                                                                                                                                                                       | Visti Until 9:41AM          | Nataraja: Clear          |                 | Moon 2 - Phase 46 - 21      |                  |
| Creative Work                    | Siddha Yoga               |                              |                                                                                                                                                                                       | Ashtami* Until 9:53PM       | Moon – Yellow            |                 | Ashtami                     |                  |
|                                  |                           |                              |                                                                                                                                                                                       |                             | Phalguna*Panguni         |                 | Devaloka Day                |                  |
| 1                                | Monday, March 18, 2024    |                              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau            |                             |                          |                 |                             | Mumbai, India    |
|                                  | Retreat Star              |                              | Gulika                                                                                                                                                                                | 2:19PM – 3:49PM             | Ardra Until 6:00PM       | Ganesha: Clear  | Sunrise: 6:45AM             | Sun 22 Sutra 336 |
|                                  | Mithuna Rasi: 13.39       | Tithi 9                      | Yama                                                                                                                                                                                  | 11:17AM – 12:48PM           | Saubhagya Until 4:35PM   | Muruga: Clear   | Sunset: 6:51PM              | Sobhana 5125     |
|                                  | 137447578                 | Rahu                         | 8:16AM – 9:46AM                                                                                                                                                                       | Balava Until 10:18AM        | Nataraja: Clear          |                 | Moon 2 - Phase 46 - 22      |                  |
| Creative Work                    | Siddha Yoga               |                              |                                                                                                                                                                                       | Navami* Until 10:50PM       | Moon – Yellow            |                 | Navami                      |                  |
| Until 6:00PM                     |                           |                              |                                                                                                                                                                                       |                             | Phalguna*Panguni         |                 | Devaloka Day                |                  |
| Then Creative Work - Amrita Yoga |                           |                              |                                                                                                                                                                                       |                             |                          |                 |                             |                  |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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|                                  |                           |                       |                                                                                                                                                                                                      |                             |                                |                 |                              |                  |               |
|----------------------------------|---------------------------|-----------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------|--------------------------------|-----------------|------------------------------|------------------|---------------|
| 1                                | Tuesday, March 19, 2024   |                       | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau                    |                             |                                |                 |                              |                  | Mumbai, India |
|                                  | Mithuna Rasi: 26.05       | Tithi 10              | Gulika                                                                                                                                                                                               | 12:48PM – 2:18PM            | Punarvasu Until 8:09PM         | Ganesha: Clear  | Sunrise: 6:44AM              | Sun 23 Sutra 337 |               |
|                                  |                           |                       | Yama                                                                                                                                                                                                 | 9:46AM – 11:17AM            | Sobhana Until 4:36PM           | Muruga: Clear   | Sunset: 6:51PM               | Sobhana 5125     |               |
|                                  | 148447578                 | Rahu                  | 3:49PM – 5:20PM                                                                                                                                                                                      | Taitila Until 11:34AM       | Nataraja: Clear                |                 | Moon 2 - Phase 47 - 23       |                  |               |
| Creative Work                    | Siddha Yoga               |                       |                                                                                                                                                                                                      | Dashami Until 12:23AM Wed   | Moon – Blue                    |                 | 4th Phase                    |                  |               |
|                                  |                           |                       |                                                                                                                                                                                                      |                             | Phalguna*Panguni               | Devaloka Day    |                              |                  |               |
| 2                                | Wednesday, March 20, 2024 |                       | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau                       |                             |                                |                 |                              |                  | Mumbai, India |
|                                  | Kataka Rasi: 8.19         | Tithi 11              | Gulika                                                                                                                                                                                               | 11:16AM – 12:47PM           | Pushya Until 10:37PM           | Ganesha: Clear  | Sunrise: 6:43AM              | Sun 24 Sutra 338 |               |
|                                  |                           |                       | Yama                                                                                                                                                                                                 | 8:14AM – 9:45AM             | Athiganda* Until 4:58PM        | Muruga: Clear   | Sunset: 6:51PM               | Sobhana 5125     |               |
|                                  | 148447578                 | Rahu                  | 12:47PM – 2:18PM                                                                                                                                                                                     | Vanija Until 1:21PM         | Nataraja: Clear                |                 | Moon 2 - Phase 47 - 24       |                  |               |
| Creative Work                    | Siddha Yoga               |                       |                                                                                                                                                                                                      | Ekadashi Until 2:23AM Thu   | Moon – Blue                    |                 | 4th Phase                    |                  |               |
|                                  |                           |                       |                                                                                                                                                                                                      |                             | Phalguna*Panguni               | Devaloka Day    |                              |                  |               |
| 3                                | Thursday, March 21, 2024  |                       | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau                           |                             |                                |                 |                              |                  | Mumbai, India |
|                                  | Kataka Rasi: 20.2         | Tithi 12              | Gulika                                                                                                                                                                                               | 9:45AM – 11:16AM            | Ashlesha* Until 1:14AM Fri     | Ganesha: Clear  | Sunrise: 6:42AM              | Sun 25 Sutra 339 |               |
|                                  |                           |                       | Yama                                                                                                                                                                                                 | 6:42AM – 8:14AM             | Sukarma Until 5:39PM           | Muruga: Clear   | Sunset: 6:51PM               | Sobhana 5125     |               |
|                                  | 148447578                 | Rahu                  | 2:18PM – 3:49PM                                                                                                                                                                                      | Bava Until 3:32PM           | Nataraja: Clear                |                 | Moon 2 - Phase 47 - 25       |                  |               |
| Creative Work                    | Siddha Yoga               |                       |                                                                                                                                                                                                      | Dvadashi Until 4:43AM Fri   | Moon – Blue                    |                 | 4th Phase                    |                  |               |
| Until 1:14AM Fri                 |                           | Yogaswami Mahasamadhi |                                                                                                                                                                                                      |                             | Phalguna*Panguni               | Devaloka Day    |                              |                  |               |
| Then Routine Work - Marana Yoga  |                           |                       |                                                                                                                                                                                                      |                             |                                |                 |                              |                  |               |
| 4                                | Friday, March 22, 2024    |                       | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Dhriti Yoga Kaulava Karana Trayodashyam Titau                                       |                             |                                |                 |                              |                  | Mumbai, India |
|                                  | Simha Rasi: 2.16          | Tithi 13              | Gulika                                                                                                                                                                                               | 8:13AM – 9:44AM             | Magha* Until 4:24AM Sat        | Ganesha: Purple | Sunrise: 6:42AM              | Sun 26 Sutra 340 |               |
|                                  |                           |                       | Yama                                                                                                                                                                                                 | 3:49PM – 5:20PM             | Dhriti Until 6:32PM            | Muruga: Clear   | Sunset: 6:52PM               | Sobhana 5125     |               |
|                                  | 158447578                 | Rahu                  | 11:15AM – 12:47PM                                                                                                                                                                                    | Kaulava Until 6:00PM        | Nataraja: Clear                |                 | Moon 2 - Phase 47 - 26       |                  |               |
| Routine Work                     | Marana Yoga               |                       |                                                                                                                                                                                                      | Trayodashi Until 7:16AM Sat | Moon – Red                     |                 | 4th Phase                    |                  |               |
| Until 4:24AM Sat                 |                           |                       |                                                                                                                                                                                                      |                             | Phalguna*Panguni               | Sivaloka Day    |                              |                  |               |
| Then Creative Work - Siddha Yoga |                           |                       |                                                                                                                                                                                                      | Pradosha Vrata              |                                |                 |                              |                  |               |
| 5                                | Saturday, March 23, 2024  |                       | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau               |                             |                                |                 |                              |                  | Mumbai, India |
|                                  | Simha Rasi: 14.07         | Tithi 13 – 14         | Gulika                                                                                                                                                                                               | 6:41AM – 8:12AM             | Purvaphalguni Until 7:30AM Sun | Ganesha: Purple | Sunrise: 6:41AM              | Sun 27 Sutra 341 |               |
|                                  |                           |                       | Yama                                                                                                                                                                                                 | 2:18PM – 3:49PM             | Shula* Until 7:30PM            | Muruga: Clear   | Sunset: 6:52PM               | Sobhana 5125     |               |
|                                  | 158447578                 | Rahu                  | 9:44AM – 11:15AM                                                                                                                                                                                     | Gara Until 8:35PM           | Nataraja: Clear                |                 | Moon 2 - Phase 47 - 27       |                  |               |
| Creative Work                    | Siddha Yoga               |                       |                                                                                                                                                                                                      | Trayodashi Until 7:16AM     | Moon – Red                     |                 | 4th Phase                    |                  |               |
| Until 7:30AM Sun                 |                           |                       |                                                                                                                                                                                                      |                             | Phalguna*Panguni               | Sivaloka Day    |                              |                  |               |
| Then Creative Work - Amrita Yoga |                           |                       |                                                                                                                                                                                                      |                             |                                |                 |                              |                  |               |
| O                                | Sunday, March 24, 2024    |                       | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                             |                                |                 |                              |                  | Mumbai, India |
|                                  | Copper Retreat Star       |                       | Gulika                                                                                                                                                                                               | 3:49PM – 5:21PM             | Purvaphalguni Until 7:30AM     | Ganesha: Purple | Sunrise: 6:40AM              | Sun 28 Sutra 342 |               |
|                                  | Simha Rasi: 25.55         | Tithi 14 – 15         | Yama                                                                                                                                                                                                 | 12:46PM – 2:18PM            | Ganda* Until 8:30PM            | Muruga: Clear   | Sunset: 6:52PM               | Sobhana 5125     |               |
|                                  | 158447578                 | Rahu                  | 5:21PM – 6:52PM                                                                                                                                                                                      | Visti Until 11:13PM         | Nataraja: Clear                |                 | Moon 2 - Phase 47 - Purnima  |                  |               |
| Creative Work                    | Siddha Yoga               |                       |                                                                                                                                                                                                      | Chaturdashi* Until 9:53AM   | Moon – Red                     |                 |                              |                  |               |
| Until 7:30AM                     |                           | Panguni Uttiram       |                                                                                                                                                                                                      |                             | Phalguna*Panguni               | Sivaloka Day    |                              |                  |               |
| Then Creative Work - Amrita Yoga |                           | Holi                  |                                                                                                                                                                                                      |                             |                                |                 |                              |                  |               |
|                                  | Monday, March 25, 2024    |                       | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau            |                             |                                |                 |                              |                  | Mumbai, India |
|                                  | Silver Retreat Star       |                       | Gulika                                                                                                                                                                                               | 2:17PM – 3:49PM             | Uttaraphalguni Until 10:25AM   | Ganesha: Purple | Sunrise: 6:39AM              | Sun 29 Sutra 343 |               |
|                                  | Kanya Rasi: 7.44          | Tithi 15 – 16         | Yama                                                                                                                                                                                                 | 11:14AM – 12:46PM           | Vriddhi Until 9:27PM           | Muruga: Clear   | Sunset: 6:52PM               | Sobhana 5125     |               |
|                                  | 158447578                 | Rahu                  | 8:11AM – 9:42AM                                                                                                                                                                                      | Balava Until 1:45AM Tue     | Nataraja: Clear                |                 | Moon 2 - Phase 47 - Prathama |                  |               |
| Family Home Evening              |                           |                       |                                                                                                                                                                                                      | Purnima* Until 12:29PM      | Moon – Red                     |                 |                              |                  |               |
| Creative Work                    | Siddha Yoga               |                       |                                                                                                                                                                                                      |                             | Phalguna*Panguni               | Sivaloka Day    |                              |                  |               |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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**Tuesday, March 26, 2024**

**Gold Retreat Star**

Kanya Rasi: 19.35 Tithi 16 – 17

Creative Work Siddha Yoga

**Gulika** 12:45PM – 2:17PM  
Yama 9:42AM – 11:14AM  
169447578 **Rahu** 3:49PM – 5:21PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Hasta** Until 1:32PM  
Dhruva Until 10:15PM  
Taitila Until 4:05AM Wed  
**Prathama\* Until 2:56PM**

**Ganesha:** Purple *Sunrise:* 6:38AM  
**Muruga:** Clear *Sunset:* 6:53PM  
**Nataraja:** Clear  
Moon – Green  
Phalguna\*Panguni

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Mumbai, India  
Sutra 344  
Sobhana 5125  
Moon 3 - Phase 48 - 1st Phase

**1**

**Wednesday, March 27, 2024**

Tula Rasi: 1.31 Tithi 17 – 18

Creative Work Siddha Yoga

**Gulika** 11:13AM – 12:45PM  
Yama 8:09AM – 9:41AM  
169447578 **Rahu** 12:45PM – 2:17PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Chitra** Until 4:15PM  
Vyaghata\* Until 10:52PM  
Vanija Until 6:08AM Thu  
**Dvitiya Until 5:08PM**

**Ganesha:** Purple *Sunrise:* 6:37AM  
**Muruga:** Clear *Sunset:* 6:53PM  
**Nataraja:** Clear  
Moon – Green  
Phalguna\*Panguni

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Mumbai, India  
Sun 1 Sutra 345  
Sobhana 5125  
Moon 3 - Phase 48 - 1st Phase

**2**

**Thursday, March 28, 2024**

Tula Rasi: 13.35 Tithi 18

Creative Work Amrita Yoga  
Until 6:29PM  
Then Creative Work - Siddha Yoga

**Gulika** 9:41AM – 11:13AM  
Yama 6:37AM – 8:09AM  
169547578 **Rahu** 2:17PM – 3:49PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Svati** Until 6:29PM  
Harshana Until 11:13PM  
Vanija Until 6:08AM  
**Tritiya Until 6:59PM**

**Ganesha:** Clear *Sunrise:* 6:37AM  
**Muruga:** Clear *Sunset:* 6:53PM  
**Nataraja:** Clear  
Moon – Green  
Phalguna\*Panguni

**Devaloka Day**

Mumbai, India  
Sun 2 Sutra 346  
Sobhana 5125  
Moon 3 - Phase 48 - 2 1st Phase

**3**

**Friday, March 29, 2024**

Tula Rasi: 25.47 Tithi 19

Creative Work Siddha Yoga

**Gulika** 8:08AM – 9:40AM  
Yama 3:49PM – 5:21PM  
179547578 **Rahu** 11:12AM – 12:45PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha Nakshatra Vajra\* Yoga Bava/Balava Karana Chaturthyam Titau

**Vishakha** Until 8:37PM  
Vajra\* Until 11:12PM  
Bava Until 7:47AM  
**Chaturthi\* Until 8:24PM**

**Ganesha:** White *Sunrise:* 6:36AM  
**Muruga:** Clear *Sunset:* 6:53PM  
**Nataraja:** Clear  
Moon – Orange  
Phalguna\*Panguni

**Sivaloka Day**

Mumbai, India  
Sun 3 Sutra 347  
Sobhana 5125  
Moon 3 - Phase 48 - 3 1st Phase

**4**

**Saturday, March 30, 2024**

Vrischika Rasi: 8.12 Tithi 20

Creative Work Siddha Yoga

**Gulika** 6:35AM – 8:07AM  
Yama 2:17PM – 3:49PM  
179547578 **Rahu** 9:40AM – 11:12AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

**Anuradha** Until 10:06PM  
Siddhi Until 10:47PM  
Kaulava Until 8:57AM  
**Panchami Until 9:18PM**

**Ganesha:** White *Sunrise:* 6:35AM  
**Muruga:** Clear *Sunset:* 6:54PM  
**Nataraja:** Clear  
Moon – Orange  
Phalguna\*Panguni

**Sivaloka Day**

Mumbai, India  
Sun 4 Sutra 348  
Sobhana 5125  
Moon 3 - Phase 48 - 4 1st Phase

**5**

**Sunday, March 31, 2024**

Vrischika Rasi: 20.51 Tithi 21

Routine Work Marana Yoga  
Until 10:51PM  
Then Creative Work - Amrita Yoga

**Gulika** 3:49PM – 5:21PM  
Yama 12:44PM – 2:16PM  
179547578 **Rahu** 5:21PM – 6:54PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

**Jyeshtha\* Until 10:51PM**  
Vyatipata\* Until 9:56PM  
Gara Until 9:33AM  
**Shashthi\* Until 9:36PM**

**Ganesha:** White *Sunrise:* 6:34AM  
**Muruga:** Clear *Sunset:* 6:54PM  
**Nataraja:** Clear  
Moon – Orange  
Phalguna\*Panguni

**Sivaloka Day**

Mumbai, India  
Sun 5 Sutra 349  
Sobhana 5125  
Moon 3 - Phase 48 - 5 1st Phase

**6**

**Monday, April 1, 2024**

Dhanus Rasi: 3.48 Tithi 22

**Family Home Evening**  
Creative Work Siddha Yoga  
Until 11:16PM  
Then Routine Work - Marana Yoga

**Gulika** 2:16PM – 3:49PM  
Yama 11:11AM – 12:44PM  
189547578 **Rahu** 8:07AM – 9:39AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Mula\* Nakshatra Variyan Yoga Visti\*/Bava Karana Saptamyam Titau

**Mula\* Until 11:16PM**  
Variyan Until 8:32PM  
Visti Until 9:32AM  
**Saptami Until 9:16PM**

**Ganesha:** Yellow *Sunrise:* 6:34AM  
**Muruga:** Clear *Sunset:* 6:54PM  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna\*Panguni

**Devaloka Day**

Mumbai, India  
Sun 6 Sutra 350  
Sobhana 5125  
Moon 3 - Phase 48 - 6 1st Phase

**D**

**Tuesday, April 2, 2024**

**Retreat Star**

Dhanus Rasi: 17.05 Tithi 23

Creative Work Siddha Yoga  
Until 10:52PM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 12:44PM – 2:16PM  
Yama 9:38AM – 11:11AM  
189547578 **Rahu** 3:49PM – 5:21PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Purvashadha\* Until 10:52PM**  
Parigha\* Until 6:37PM  
Balava Until 8:51AM  
**Ashtami\* Until 8:14PM**

**Ganesha:** Yellow *Sunrise:* 6:33AM  
**Muruga:** Clear *Sunset:* 6:54PM  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna\*Panguni

**Devaloka Day**

Mumbai, India  
Sun 7 Sutra 351  
Sobhana 5125  
Moon 3 - Phase 48 - 7 Ashtami

**Wednesday, April 3, 2024**

**Retreat Star**

Makara Rasi: 0.45 Tithi 24

Creative Work Amrita Yoga  
Until 9:42PM  
Then Creative Work - Siddha Yoga

**Gulika** 11:11AM – 12:43PM  
Yama 8:05AM – 9:38AM  
181547578 **Rahu** 12:43PM – 2:16PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

**Uttarashadha Until 9:42PM**  
Shiva Until 4:12PM  
Taitila Until 7:30AM  
**Navami\* Until 6:34PM**

**Ganesha:** Yellow *Sunrise:* 6:32AM  
**Muruga:** Clear *Sunset:* 6:54PM  
**Nataraja:** Clear  
Moon – Light Blue  
Phalguna\*Panguni

**Devaloka Day**

Mumbai, India  
Sun 8 Sutra 352  
Sobhana 5125  
Moon 3 - Phase 48 - 8 Navami

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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|   |                                  |               |                                                                                                                                                                                                              |                        |                                 |                  |                 |                        |               |
|---|----------------------------------|---------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------|---------------------------------|------------------|-----------------|------------------------|---------------|
| 1 | Thursday, April 4, 2024          |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau                               |                        |                                 |                  |                 |                        | Mumbai, India |
|   | Makara Rasi: 14.49               | Tithi 25 – 26 | Gulika                                                                                                                                                                                                       | 9:37AM – 11:10AM       | Shravana Until 8:13PM           | Ganesha: Blue    | Sunrise: 6:32AM | Sun 9                  | Sutra 353     |
|   |                                  |               | Yama                                                                                                                                                                                                         | 6:32AM – 8:04AM        | Siddha Until 1:16PM             | Muruga: Clear    | Sunset: 6:54PM  |                        | Sobhana 5125  |
|   | Creative Work                    | Siddha Yoga   | 191547578 Rahu                                                                                                                                                                                               | 2:16PM – 3:49PM        | Bava Until 2:59AM Fri           | Nataraja: Clear  |                 | Moon 3 - Phase 49 - 9  | 2nd Phase     |
|   |                                  |               |                                                                                                                                                                                                              | Dashami Until 4:18PM   | Moon – Purple                   |                  |                 | Sivaloka Day           |               |
|   |                                  |               |                                                                                                                                                                                                              |                        |                                 | Phalguna*Panguni |                 |                        |               |
| 2 | Friday, April 5, 2024            |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau                         |                        |                                 |                  |                 |                        | Mumbai, India |
|   | Makara Rasi: 29.14               | Tithi 26 – 27 | Gulika                                                                                                                                                                                                       | 8:04AM – 9:37AM        | Dhanishtha Until 6:07PM         | Ganesha: Blue    | Sunrise: 6:31AM | Sun 10                 | Sutra 354     |
|   |                                  |               | Yama                                                                                                                                                                                                         | 3:49PM – 5:22PM        | Sadhya Until 9:55AM             | Muruga: Clear    | Sunset: 6:55PM  |                        | Sobhana 5125  |
|   | Creative Work                    | Siddha Yoga   | 191547578 Rahu                                                                                                                                                                                               | 11:10AM – 12:43PM      | Kaulava Until 11:59PM           | Nataraja: Clear  |                 | Moon 3 - Phase 49 - 10 | 2nd Phase     |
|   |                                  |               |                                                                                                                                                                                                              | Ekadashi* Until 1:31PM | Moon – Purple                   |                  |                 | Sivaloka Day           |               |
|   |                                  |               |                                                                                                                                                                                                              |                        |                                 | Phalguna*Panguni |                 |                        |               |
| 3 | Saturday, April 6, 2024          |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau      |                        |                                 |                  |                 |                        | Mumbai, India |
|   | Kumbha Rasi: 13.59               | Tithi 27 – 28 | Gulika                                                                                                                                                                                                       | 6:30AM – 8:03AM        | Shatabhishak Until 3:30PM       | Ganesha: Blue    | Sunrise: 6:30AM | Sun 11                 | Sutra 355     |
|   |                                  |               | Yama                                                                                                                                                                                                         | 2:16PM – 3:49PM        | Subha Until 6:14AM              | Muruga: Clear    | Sunset: 6:55PM  |                        | Sobhana 5125  |
|   | Creative Work                    | Amrita Yoga   | 191547578 Rahu                                                                                                                                                                                               | 9:36AM – 11:09AM       | Gara Until 8:39PM               | Nataraja: Clear  |                 | Moon 3 - Phase 49 - 11 | 2nd Phase     |
|   | Until 3:30PM                     |               |                                                                                                                                                                                                              |                        | Dvadashi* Until 10:20AM         | Moon – Purple    |                 | Sivaloka Day           |               |
|   | Then Routine Work - Marana Yoga  |               |                                                                                                                                                                                                              |                        | Pradosha Vrata (Fasting)        | Phalguna*Panguni |                 |                        |               |
| 4 | Sunday, April 7, 2024            |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau |                        |                                 |                  |                 |                        | Mumbai, India |
|   | Kumbha Rasi: 28.58               | Tithi 28 – 29 | Gulika                                                                                                                                                                                                       | 3:49PM – 5:22PM        | Purvaproshtapada* Until 12:57PM | Ganesha: Red     | Sunrise: 6:29AM | Sun 12                 | Sutra 356     |
|   |                                  |               | Yama                                                                                                                                                                                                         | 12:42PM – 2:15PM       | Brahma Until 10:14PM            | Muruga: Clear    | Sunset: 6:55PM  |                        | Sobhana 5125  |
|   | Creative Work                    | Siddha Yoga   | 111547578 Rahu                                                                                                                                                                                               | 5:22PM – 6:55PM        | Sakuni Until 3:21AM Mon         | Nataraja: Clear  |                 | Moon 3 - Phase 49 - 12 | 2nd Phase     |
|   | Until 12:57PM                    |               |                                                                                                                                                                                                              |                        | Trayodashi* Until 6:54AM        | Moon – Clear     |                 | Devaloka Day           |               |
|   | Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                              |                        |                                 | Phalguna*Panguni |                 |                        |               |
| ● | Monday, April 8, 2024            |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau                         |                        |                                 |                  |                 |                        | Mumbai, India |
|   | Retreat Star                     |               | Gulika                                                                                                                                                                                                       | 2:15PM – 3:49PM        | Uttaraproshtapada Until 10:11AM | Ganesha: Red     | Sunrise: 6:28AM | Sun 13                 | Sutra 357     |
|   | Meena Rasi: 14.02                | Tithi 30      | Yama                                                                                                                                                                                                         | 11:09AM – 12:42PM      | Indra Until 6:12PM              | Muruga: Clear    | Sunset: 6:55PM  |                        | Sobhana 5125  |
|   | Family Home Evening              |               | 111547578 Rahu                                                                                                                                                                                               | 8:02AM – 9:35AM        | Catuspada Until 1:35PM          | Nataraja: Clear  |                 | Moon 3 - Phase 49 - 13 | Amavasya      |
|   | Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                              |                        | Amavasya* Until 11:50PM         | Moon – Clear     |                 | Devaloka Day           |               |
|   |                                  |               |                                                                                                                                                                                                              |                        |                                 | Phalguna*Panguni |                 |                        |               |
|   | Tuesday, April 9, 2024           |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau                  |                        |                                 |                  |                 |                        | Mumbai, India |
|   | Retreat Star                     |               | Gulika                                                                                                                                                                                                       | 12:42PM – 2:15PM       | Revati Until 7:22AM             | Ganesha: Red     | Sunrise: 6:28AM | Sun 14                 | Sutra 358     |
|   | Meena Rasi: 29.03                | Tithi 1       | Yama                                                                                                                                                                                                         | 9:35AM – 11:08AM       | Vaidhriti* Until 2:15PM         | Muruga: Clear    | Sunset: 6:56PM  |                        | Sobhana 5125  |
|   | Creative Work                    | Siddha Yoga   | 111547578 Rahu                                                                                                                                                                                               | 3:49PM – 5:22PM        | Kintughna Until 10:09AM         | Nataraja: Clear  |                 | Moon 3 - Phase 49 - 14 | Prathama      |
|   |                                  |               |                                                                                                                                                                                                              | Prathama* Until 8:30PM | Moon – Clear                    |                  |                 | Devaloka Day           |               |
|   |                                  |               | Chellappaswami Mahasamadhi                                                                                                                                                                                   |                        |                                 | Chaitra*Panguni  |                 |                        |               |

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| 1 | Wednesday, April 10, 2024       |             | Sobhana Nama Samvatsare Utarayane Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Vishkambha*/Priti Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau |                   |                           |                 |                 |                        | Mumbai, India |
|   | Mesha Rasi: 13.53               | Tithi 2 – 3 | Gulika                                                                                                                                                                           | 11:08AM – 12:41PM | Bharani Until 3:04AM Thu  | Ganesha: Yellow | Sunrise: 6:27AM | Sun 15                 | Sutra 359     |
|   |                                 |             | Yama                                                                                                                                                                             | 8:00AM – 9:34AM   | Vishkambha* Until 10:35AM | Muruga: Clear   | Sunset: 6:56PM  | Sobhana 5125           |               |
|   |                                 |             | 121547578 Rahu                                                                                                                                                                   | 12:41PM – 2:15PM  | Balava Until 6:59AM       | Nataraja: Clear |                 | Moon 3 - Phase 50 - 15 | 3rd Phase     |
|   | Creative Work                   | Siddha Yoga |                                                                                                                                                                                  |                   |                           | Moon – White    |                 | Devaloka Day           |               |
|   | Until 3:04AM Thu                |             |                                                                                                                                                                                  |                   | Dvitiya Until 5:32PM      | Chaitra*Panguni |                 |                        |               |
|   | Then Routine Work - Marana Yoga |             |                                                                                                                                                                                  |                   |                           |                 |                 |                        |               |

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| 2                        | Thursday, April 11, 2024 |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam |                  |                           |                 |                 |                        | Mumbai, India    |
|                          |                          |             | Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau         |                  |                           |                 |                 |                        | Sun 16 Sutra 360 |
|                          | Mesha Rasi: 28.25        | Tithi 3 – 4 | Gulika                                                                                      | 9:34AM – 11:07AM | Krittika Until 1:28AM Fri | Ganesha: Yellow | Sunrise: 6:26AM | Sobhana 5125           |                  |
|                          |                          |             | Yama                                                                                        | 6:26AM – 8:00AM  | Priti Until 7:17AM        | Muruga: Clear   | Sunset: 6:56PM  | Moon 3 - Phase 50 - 16 |                  |
|                          |                          |             | 121547578 Rahu                                                                              | 2:15PM – 3:49PM  | Vanija Until 2:04AM Fri   | Nataraja: Clear |                 | 3rd Phase              |                  |
| Routine Work Marana Yoga |                          |             |                                                                                             |                  |                           | Moon – White    | Devaloka Day    |                        |                  |
|                          |                          |             |                                                                                             |                  |                           | Chaitra•Panguni |                 |                        |                  |

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| 3                                | Friday, April 12, 2024               |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                   |                            |                 |                 |                        | Mumbai, India   |  |
|                                  |                                      |  | Gulika                                                                                                                                                                        | 7:59AM – 9:33AM   | Rohini Until 12:50AM Sat   | Ganesha: White  | Sunrise: 6:25AM | Sun 17                 | Sutra 361       |  |
|                                  | Vrishabha Rasi: 12.32    Tithi 4 – 5 |  | Yama                                                                                                                                                                          | 3:49PM – 5:22PM   | Saubhagya Until 2:11AM Sat | Muruga: Clear   | Sunset: 6:56PM  | Moon 3 - Phase 50 - 17 | Sobhana 5125    |  |
|                                  | 131547578                            |  | Rahu                                                                                                                                                                          | 11:07AM – 12:41PM | Bava Until 12:34AM Sat     | Nataraja: Clear |                 | 3rd Phase              |                 |  |
|                                  | Routine Work    Marana Yoga          |  |                                                                                                                                                                               |                   |                            | Moon – Yellow   | Sivaloka Day    |                        |                 |  |
| Until 12:50AM Sat                |                                      |  |                                                                                                                                                                               |                   |                            |                 |                 |                        | Chaitra*Panguni |  |
| Then Creative Work - Siddha Yoga |                                      |  |                                                                                                                                                                               |                   |                            |                 |                 |                        |                 |  |

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| 4 | Saturday, April 13, 2024 |             | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashtthiyam Titau |                        |                              |                 |                 |                        | Mumbai, India |
|   |                          |             | Gulika                                                                                                                                                                               | 6:25AM – 7:59AM        | Mrigashira Until 12:49AM Sun | Ganesha: Clear  | Sunrise: 6:25AM | Sun 18                 | Sutra 362     |
|   | Mrishabha Rasi: 26.14    | Tithi 5 – 6 | Yama                                                                                                                                                                                 | 2:15PM – 3:49PM        | Sobhana Until 12:34AM Sun    | Muruga: Clear   | Sunset: 6:57PM  | Moon 3 - Phase 50 - 18 | Sobhana 5125  |
|   |                          |             | 132547578 Rahu                                                                                                                                                                       | 9:33AM – 11:07AM       | Kaulava Until 11:50PM        | Nataraja: Clear |                 |                        | 3rd Phase     |
|   | Creative Work            | Siddha Yoga |                                                                                                                                                                                      |                        |                              | Moon – Yellow   |                 | Devaloka Day           |               |
|   |                          |             |                                                                                                                                                                                      | Panchami Until 12:05PM | Chaitra*Chaitra              |                 |                 |                        |               |

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| 5                                | Sunday, April 14, 2024 |             | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                  |                          |                 |                 |                             | Mumbai, India |
|                                  | Mithuna Rasi: 9.29     | Tithi 6 – 7 | Gulika                                                                                                                                                                        | 3:49PM – 5:23PM  | Ardra Until 1:26AM Mon   | Ganesha: White  | Sunrise: 6:24AM | Sun 19                      | Sutra 363     |
|                                  |                        |             | Yama                                                                                                                                                                          | 12:40PM – 2:14PM | Athiganda* Until 11:32PM | Muruga: Clear   | Sunset: 6:57PM  | Moon 3 - Phase 50 - 19      | Krodhin 5126  |
|                                  |                        |             | 232547578 Rahu                                                                                                                                                                | 5:23PM – 6:57PM  | Gara Until 11:55PM       | Nataraja: Clear |                 | 3rd Phase                   |               |
|                                  |                        |             |                                                                                                                                                                               |                  |                          | Moon – Yellow   |                 |                             |               |
| Creative Work Siddha Yoga        |                        |             |                                                                                                                                                                               |                  |                          |                 |                 | Bhuloka Day                 |               |
| Until 1:26AM Mon                 |                        |             | Tamil New Year                                                                                                                                                                |                  | Shashthi* Until 11:46AM  | Chaitra*Chaitra |                 | Devaloka Time: 3:PM to 6:PM |               |
| Then Creative Work - Amrita Yoga |                        |             |                                                                                                                                                                               |                  |                          |                 |                 |                             |               |

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| <div>D</div> | Monday, April 15, 2024           |             | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                   |                            |                         |                 |                        | Mumbai, India |
|              | Retreat Star                     |             | Gulika                                                                                                                                                                        | 2:14PM – 3:49PM   | Punarvasu Until 3:06AM Tue | Ganesha: Clear          | Sunrise: 6:23AM | Sun 20                 | Sutra 364     |
|              | Mithuna Rasi: 22.19              | Tithi 7 – 8 | Yama                                                                                                                                                                          | 11:06AM – 12:40PM | Sukarma Until 11:08PM      | Muruga: Clear           | Sunset: 6:57PM  | Moon 3 - Phase 50 - 20 | Krodhin 5126  |
|              | Family Home Evening              |             | 242547578                                                                                                                                                                     | Rahu              | 7:57AM – 9:32AM            | Visti Until 12:46AM Tue | Nataraja: Clear | Ashtami                |               |
|              | Creative Work                    | Amrita Yoga |                                                                                                                                                                               |                   |                            | Moon – Blue             | Devaloka Day    |                        |               |
|              | Until 3:06AM Tue                 |             |                                                                                                                                                                               |                   | Saptami Until 12:14PM      | Chaitra*Chaitra         |                 |                        |               |
|              | Then Creative Work - Siddha Yoga |             |                                                                                                                                                                               |                   |                            |                         |                 |                        |               |

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| Tuesday, April 16, 2024 |  |             |  | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam |                  |                         |  |                 |                 | Mumbai, India          |  |
| Retreat Star            |  |             |  | Pushya Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau                          |                  |                         |  |                 |                 | Sun 21                 |  |
| Kataka Rasi: 4.49       |  | Tithi 8 – 9 |  | Gulika                                                                                          | 12:40PM – 2:14PM | Pushya Until 5:15AM Wed |  | Ganesha: Clear  | Sunrise: 6:22AM | Krodhin 5126           |  |
|                         |  | 242547578   |  | Yama                                                                                            | 9:31AM – 11:05AM | Dhriti Until 11:16PM    |  | Muruga: Clear   | Sunset: 6:57PM  | Moon 3 - Phase 50 - 21 |  |
|                         |  |             |  | Rahu                                                                                            | 3:49PM – 5:23PM  | Balava Until 2:17AM Wed |  | Nataraja: Clear |                 | Navami                 |  |
| Creative Work           |  | Siddha Yoga |  |                                                                                                 |                  | Ashtami* Until 1:26PM   |  | Moon – Blue     | Devaloka Day    |                        |  |
|                         |  |             |  | Sri Rama Navami                                                                                 |                  |                         |  | Chaitra*Chaitra |                 |                        |  |
|                         |  |             |  |                                                                                                 |                  |                         |  |                 |                 |                        |  |

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| <b>1</b>                                                                            | <b>Wednesday, April 17, 2024</b> |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau           |                                             |                                                                  |                                                                            | Mumbai, India                                                        |
|                                                                                     | Kataka Rasi: 17.02               | Tithi 9 – 10  | <b>Gulika</b><br>Yama                                                                                                                                                                    | <b>11:05AM – 12:40PM</b><br>7:56AM – 9:31AM | <b>Ashlesha* Until 7:45AM Thu</b><br>Shula* Until 11:48PM        | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear    | Sun 22 Sutra 2<br>Krodhin 5126<br>Moon 3 - Phase 1 - 22<br>4th Phase |
|                                                                                     | Creative Work                    | Siddha Yoga   | 242547578 <b>Rahu</b>                                                                                                                                                                    | <b>12:40PM – 2:14PM</b>                     | Taitila Until 4:21AM Thu<br><b>Navami* Until 3:15PM</b>          | Moon – Blue<br>Chaitra*Chaitra                                             | <b>Devaloka Day</b>                                                  |
| <b>2</b>                                                                            | <b>Thursday, April 18, 2024</b>  |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau       |                                             |                                                                  |                                                                            | Mumbai, India                                                        |
|                                                                                     | Kataka Rasi: 29.02               | Tithi 10 – 11 | <b>Gulika</b><br>Yama                                                                                                                                                                    | <b>9:30AM – 11:05AM</b><br>6:21AM – 7:55AM  | <b>Ashlesha* Until 7:45AM</b><br>Ganda* Until 12:40AM Fri        | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Clear    | Sun 23 Sutra 3<br>Krodhin 5126<br>Moon 3 - Phase 1 - 23<br>4th Phase |
|                                                                                     | Creative Work                    | Siddha Yoga   | 242547578 <b>Rahu</b>                                                                                                                                                                    | <b>2:14PM – 3:49PM</b>                      | Vanija Until 6:47AM Fri<br><b>Dashami Until 5:31PM</b>           | Moon – Blue<br>Chaitra*Chaitra                                             | <b>Devaloka Day</b>                                                  |
| <b>3</b>                                                                            | <b>Friday, April 19, 2024</b>    |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau       |                                             |                                                                  |                                                                            | Mumbai, India                                                        |
|                                                                                     | Simha Rasi: 10.55                | Tithi 11      | <b>Gulika</b><br>Yama                                                                                                                                                                    | <b>7:55AM – 9:30AM</b><br>3:49PM – 5:23PM   | <b>Magha* Until 10:54AM</b><br>Vriddhi Until 1:42AM Sat          | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | Sun 24 Sutra 4<br>Krodhin 5126<br>Moon 3 - Phase 1 - 24<br>4th Phase |
|                                                                                     | Routine Work                     | Marana Yoga   | 252557578 <b>Rahu</b>                                                                                                                                                                    | <b>11:04AM – 12:39PM</b>                    | Vanija Until 6:47AM<br><b>Ekadashi Until 8:03PM</b>              | Moon – Red<br>Chaitra*Chaitra                                              | <b>Devaloka Day</b>                                                  |
| <b>4</b>                                                                            | <b>Saturday, April 20, 2024</b>  |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau  |                                             |                                                                  |                                                                            | Mumbai, India                                                        |
|                                                                                     | Simha Rasi: 22.43                | Tithi 12      | <b>Gulika</b><br>Yama                                                                                                                                                                    | <b>6:19AM – 7:54AM</b><br>2:14PM – 3:49PM   | <b>Purvaphalguni Until 2:01PM</b><br>Dhruva Until 2:44AM Sun     | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | Sun 25 Sutra 5<br>Krodhin 5126<br>Moon 3 - Phase 1 - 25<br>4th Phase |
|                                                                                     | Creative Work                    | Siddha Yoga   | 252557578 <b>Rahu</b>                                                                                                                                                                    | <b>9:29AM – 11:04AM</b>                     | Bava Until 9:23AM<br><b>Dvadashi Until 10:40PM</b>               | Moon – Red<br>Chaitra*Chaitra                                              | <b>Devaloka Day</b>                                                  |
| <b>5</b>                                                                            | <b>Sunday, April 21, 2024</b>    |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                             |                                                                  |                                                                            | Mumbai, India                                                        |
|                                                                                     | Kanya Rasi: 4.31                 | Tithi 13      | <b>Gulika</b><br>Yama                                                                                                                                                                    | <b>3:49PM – 5:24PM</b><br>12:39PM – 2:14PM  | <b>Uttaraphalguni Until 4:56PM</b><br>Vyaghata* Until 3:41AM Mon | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | Sun 26 Sutra 6<br>Krodhin 5126<br>Moon 3 - Phase 1 - 26<br>4th Phase |
|                                                                                     | Creative Work                    | Amrita Yoga   | 252557578 <b>Rahu</b>                                                                                                                                                                    | <b>5:24PM – 6:59PM</b>                      | Kaulava Until 11:58AM<br><b>Trayodashi Until 1:11AM Mon</b>      | Moon – Red<br>Chaitra*Chaitra                                              | <b>Devaloka Day</b>                                                  |
| <i>Pradosha Vrata</i>                                                               |                                  |               |                                                                                                                                                                                          |                                             |                                                                  |                                                                            |                                                                      |
| <b>6</b>                                                                            | <b>Monday, April 22, 2024</b>    |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau                     |                                             |                                                                  |                                                                            | Mumbai, India                                                        |
|                                                                                     | Kanya Rasi: 16.22                | Tithi 14      | <b>Gulika</b><br>Yama                                                                                                                                                                    | <b>2:14PM – 3:49PM</b><br>11:03AM – 12:39PM | <b>Hasta Until 7:59PM</b><br>Harshana Until 4:28AM Tue           | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | Sun 27 Sutra 7<br>Krodhin 5126<br>Moon 3 - Phase 1 - 27<br>4th Phase |
|                                                                                     | <b>Family Home Evening</b>       |               | 262657578 <b>Rahu</b>                                                                                                                                                                    | <b>7:53AM – 9:28AM</b>                      | Gara Until 2:23PM<br><b>Chaturdashi* Until 3:27AM Tue</b>        | Moon – Green<br>Chaitra*Chaitra                                            | <b>Subha Sivaloka Day</b>                                            |
|  | <b>Tuesday, April 23, 2024</b>   |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau                      |                                             |                                                                  |                                                                            | Mumbai, India                                                        |
|                                                                                     | Kanya Rasi: 28.2                 | Tithi 15      | <b>Gulika</b><br>Yama                                                                                                                                                                    | <b>12:38PM – 2:14PM</b><br>9:28AM – 11:03AM | <b>Chitra Until 10:32PM</b><br>Vajra* Until 4:56AM Wed           | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Clear  | Sutra 8<br>Krodhin 5126<br>Moon 3 - Phase 1 -<br>Purnima             |
|                                                                                     | Creative Work                    | Siddha Yoga   | 262657578 <b>Rahu</b>                                                                                                                                                                    | <b>3:49PM – 5:24PM</b>                      | Visti Until 4:28PM<br><b>Purnima* Until 5:21AM Wed</b>           | Moon – Green<br>Chaitra*Chaitra                                            | <b>Subha Sivaloka Day</b>                                            |
|                                                                                     |                                  |               | <b>Chitra Purnima (Tamil Nadu)</b><br><b>Hanuman Jayanti</b>                                                                                                                             |                                             |                                                                  |                                                                            |                                                                      |
|                                                                                     | <b>Wednesday, April 24, 2024</b> |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Siddhi Yoga Balava Karana Prathamayam Titau                           |                                             |                                                                  |                                                                            | Mumbai, India                                                        |
|                                                                                     | Tula Rasi: 10.26                 | Tithi 16      | <b>Gulika</b><br>Yama                                                                                                                                                                    | <b>11:03AM – 12:38PM</b><br>7:52AM – 9:27AM | <b>Svati Until 12:32AM Thu</b><br>Siddhi Until 5:05AM Thu        | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Purple<br><b>Nataraja:</b> Purple | Sutra 9<br>Krodhin 5126<br>Moon 3 - Phase 1 -<br>Prathama            |
|                                                                                     | Creative Work                    | Siddha Yoga   | 262657579 <b>Rahu</b>                                                                                                                                                                    | <b>12:38PM – 2:14PM</b>                     | Balava Until 6:10PM<br><b>Prathama* Until 6:49AM Thu</b>         | Moon – Green<br>Chaitra*Chaitra                                            | <b>Subha Subha Sivaloka Day</b>                                      |