



Sunday, May 7, 2023 Gold Retreat Star

Vrischika Rasi: 10.57 Tithi 17 – 18

Routine Work Marana Yoga

272196579

Gulika 4:00PM – 5:58PM
Yama 12:05PM – 2:03PM
Rahu 5:58PM – 7:56PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anuradha* Until 3:50PM
Parigha* Until 10:20PM
Vanija Until 2:49AM Mon
Dvitiya Until 3:45PM

Ganesha: White *Sunrise:* 4:15AM
Muruga: Clear *Sunset:* 7:56PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Malmö, Sweden
Sutra 20
Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

1 Monday, May 8, 2023

Vrischika Rasi: 24.55 Tithi 18 – 19

Family Home Evening
Creative Work Siddha Yoga

272196579

Gulika 2:03PM – 4:01PM
Yama 10:07AM – 12:05PM
Rahu 6:11AM – 8:09AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Jyeshtha* Until 2:29PM
Shiva Until 7:36PM
Bava Until 12:44AM Tue
Tritiya Until 1:47PM

Ganesha: Blue *Sunrise:* 4:13AM
Muruga: Clear *Sunset:* 7:57PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Malmö, Sweden
Sun 1 Sutra 21
Sobhana 5125
Moon 5 - Phase 4 - 1st Phase

2 Tuesday, May 9, 2023

Dhanus Rasi: 9.04 Tithi 19 – 20

Creative Work Amrita Yoga
Until 1:12PM
Then Creative Work - Siddha Yoga

282196579

Gulika 12:05PM – 2:04PM
Yama 8:08AM – 10:06AM
Rahu 4:02PM – 6:01PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mula* Until 1:12PM
Siddha Until 4:42PM
Kaulava Until 10:29PM
Chaturthi* Until 11:37AM

Ganesha: Red *Sunrise:* 4:11AM
Muruga: Clear *Sunset:* 7:59PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Malmö, Sweden
Sun 2 Sutra 22
Sobhana 5125
Moon 5 - Phase 4 - 2 1st Phase

3 Wednesday, May 10, 2023

Dhanus Rasi: 23.17 Tithi 20 – 21

Creative Work Amrita Yoga

283196579

Gulika 10:06AM – 12:05PM
Yama 6:08AM – 8:07AM
Rahu 12:05PM – 2:04PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Purvashadha* Until 11:40AM
Sadhya Until 1:44PM
Gara Until 8:10PM
Panchami Until 9:19AM

Ganesha: Blue *Sunrise:* 4:09AM
Muruga: Clear *Sunset:* 8:01PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Malmö, Sweden
Sun 3 Sutra 23
Sobhana 5125
Moon 5 - Phase 4 - 3 1st Phase

4 Thursday, May 11, 2023

Makara Rasi: 7.32 Tithi 21 – 22

Routine Work Marana Yoga
Until 9:58AM
Then Creative Work - Siddha Yoga

283196579

Gulika 8:06AM – 10:05AM
Yama 4:07AM – 6:06AM
Rahu 2:04PM – 4:04PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Uttarashadha Until 9:58AM
Subha Until 10:46AM
Bava Until 4:40AM Fri
Shashthi* Until 6:59AM

Ganesha: Blue *Sunrise:* 4:07AM
Muruga: Clear *Sunset:* 8:03PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Malmö, Sweden
Sun 4 Sutra 24
Sobhana 5125
Moon 5 - Phase 4 - 4 1st Phase

D Friday, May 12, 2023 Retreat Star

Makara Rasi: 21.47 Tithi 23

Routine Work Marana Yoga
Until 8:35AM
Then Creative Work - Siddha Yoga

293196579

Gulika 6:05AM – 8:05AM
Yama 4:05PM – 6:05PM
Rahu 10:05AM – 12:05PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Shravana Until 8:35AM
Sukla Until 7:48AM
Balava Until 3:34PM
Ashtami* Until 2:26AM Sat

Ganesha: Red *Sunrise:* 4:05AM
Muruga: Clear *Sunset:* 8:05PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Malmö, Sweden
Sun 5 Sutra 25
Sobhana 5125
Moon 5 - Phase 4 - 5 Ashtami

Saturday, May 13, 2023 Retreat Star

Kumbha Rasi: 5.58 Tithi 24

Creative Work Siddha Yoga
Until 7:09AM
Then Creative Work - Amrita Yoga

293196579

Gulika 4:03AM – 6:03AM
Yama 2:05PM – 4:06PM
Rahu 8:04AM – 10:04AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Dhanishtha Until 7:09AM
Indra Until 2:10AM Sun
Taitila Until 1:23PM
Navami* Until 12:20AM Sun

Ganesha: Red *Sunrise:* 4:03AM
Muruga: Clear *Sunset:* 8:07PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Malmö, Sweden
Sun 6 Sutra 26
Sobhana 5125
Moon 5 - Phase 4 - 6 Navami

1	Sunday, May 14, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Malmö, Sweden	
	Kumbha Rasi: 20.04	Tithi 25	Gulika	4:07PM – 6:08PM	Purvaproshtapada* Until 4:43AM Mon	Ganesha: Clear	Sunrise: 4:01AM	Sun 7 Sutra 27
			Yama	12:05PM – 2:06PM	Vaidhriti* Until 11:31PM	Muruga: Clear	Sunset: 8:09PM	Sobhana 5125
	213196579 Rahu	6:08PM – 8:09PM	Vanija Until 11:21AM	Nataraja: Purple	Moon – Clear	Moon 5 - Phase 5 - 7	2nd Phase	
Creative Work	Siddha Yoga							
			Mother's Day		Dashami Until 10:23PM			Sivaloka Day
						Vaisaka*Chaitra		
2	Monday, May 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Malmö, Sweden	
	Meena Rasi: 4.04	Tithi 26	Gulika	2:06PM – 4:08PM	Uttaraproshtapada Until 3:49AM Tue	Ganesha: Clear	Sunrise: 3:59AM	Sun 8 Sutra 28
			Yama	10:03AM – 12:05PM	Vishkambha* Until 9:03PM	Muruga: Clear	Sunset: 8:10PM	Sobhana 5125
	213196579 Rahu	6:01AM – 8:02AM	Bava Until 9:31AM	Nataraja: Purple	Moon – Clear	Moon 5 - Phase 5 - 8	2nd Phase	
Family Home Evening								
Creative Work	Siddha Yoga							Sivaloka Day
					Ekadashi* Until 8:39PM	Vaisaka*Vaikasi		
3	Tuesday, May 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Malmö, Sweden	
	Meena Rasi: 17.55	Tithi 27	Gulika	12:05PM – 2:07PM	Revati Until 3:02AM Wed	Ganesha: Clear	Sunrise: 3:57AM	Sun 9 Sutra 29
			Yama	8:01AM – 10:03AM	Priti Until 6:48PM	Muruga: Clear	Sunset: 8:12PM	Sobhana 5125
	213196579 Rahu	4:09PM – 6:10PM	Kaulava Until 7:54AM	Nataraja: Purple	Moon – Clear	Moon 5 - Phase 5 - 9	2nd Phase	
Creative Work	Siddha Yoga							Sivaloka Day
					Dvadashi* Until 7:10PM	Vaisaka*Vaikasi		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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1	Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden	
	Vrishabha Rasi: 24.04	Tithi 2 – 3	Gulika 4:13PM – 6:17PM	Mrigashira Until 6:08AM Mon	Ganesha: Clear	Sunrise: 3:49AM	Sun 14	Sutra 34
	Creative Work	Siddha Yoga	Yama 12:05PM – 2:09PM	Sukarma Until 12:13PM	Muruga: Clear	Sunset: 8:21PM	Sobhana 5125	
			233196579 Rahu 6:17PM – 8:21PM	Taitila Until 6:14AM Mon	Nataraja: Purple		Moon 5 - Phase 6 - 14	
				Dvitiya Until 5:42PM	Moon – Yellow		3rd Phase	
					Jyeshtha*Vaikasi		Sivaloka Day	
2	Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau				Malmö, Sweden	
	Mithuna Rasi: 6.35	Tithi 3	Gulika 2:09PM – 4:14PM	Mrigashira Until 6:08AM	Ganesha: Clear	Sunrise: 3:47AM	Sun 15	Sutra 35
	Family Home Evening		Yama 10:01AM – 12:05PM	Dhriti Until 12:05PM	Muruga: Clear	Sunset: 8:23PM	Sobhana 5125	
	Creative Work	Amrita Yoga	233196579 Rahu 5:52AM – 7:56AM	Taitila Until 6:14AM	Nataraja: Purple		Moon 5 - Phase 6 - 15	
	Until 6:08AM			Tritiya Until 6:52PM	Moon – Yellow		3rd Phase	
	Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi		Sivaloka Day	
3	Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthayam Titau				Malmö, Sweden	
	Mithuna Rasi: 18.53	Tithi 4	Gulika 12:05PM – 2:10PM	Ardra Until 8:01AM	Ganesha: Clear	Sunrise: 3:46AM	Sun 16	Sutra 36
			Yama 7:56AM – 10:00AM	Shula* Until 12:18PM	Muruga: Clear	Sunset: 8:24PM	Sobhana 5125	
	Routine Work	Marana Yoga	233196579 Rahu 4:15PM – 6:19PM	Vanija Until 7:40AM	Nataraja: Purple		Moon 5 - Phase 6 - 16	
	Until 8:01AM			Chaturthi* Until 8:31PM	Moon – Yellow		3rd Phase	
	Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi		Sivaloka Day	
4	Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden	
	Kataka Rasi: 1	Tithi 5	Gulika 10:00AM – 12:05PM	Punarvasu Until 10:37AM	Ganesha: Purple	Sunrise: 3:45AM	Sun 17	Sutra 37
			Yama 5:50AM – 7:55AM	Ganda* Until 12:50PM	Muruga: Clear	Sunset: 8:26PM	Sobhana 5125	
	Creative Work	Siddha Yoga	243196579 Rahu 12:05PM – 2:10PM	Bava Until 9:30AM	Nataraja: Purple		Moon 5 - Phase 6 - 17	
				Panchami Until 10:32PM	Moon – Blue		3rd Phase	
					Jyeshtha*Vaikasi		Subha Sivaloka Day	
5	Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Malmö, Sweden	
	Kataka Rasi: 12.59	Tithi 6	Gulika 7:54AM – 10:00AM	Pushya Until 1:22PM	Ganesha: Clear	Sunrise: 3:43AM	Sun 18	Sutra 38
			Yama 3:43AM – 5:49AM	Vridhhi Until 1:37PM	Muruga: Clear	Sunset: 8:27PM	Sobhana 5125	
	Creative Work	Amrita Yoga	244196579 Rahu 2:11PM – 4:16PM	Kaulava Until 11:40AM	Nataraja: Purple		Moon 5 - Phase 6 - 18	
	Until 1:22PM			Shashthi* Until 12:48AM Fri	Moon – Blue		3rd Phase	
	Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi		Sivaloka Day	
6	Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau				Malmö, Sweden	
	Kataka Rasi: 24.55	Tithi 7	Gulika 5:48AM – 7:54AM	Ashlesha* Until 4:05PM	Ganesha: White	Sunrise: 3:42AM	Sun 19	Sutra 39
			Yama 4:17PM – 6:23PM	Dhruva Until 2:29PM	Muruga: Clear	Sunset: 8:29PM	Sobhana 5125	
	Routine Work	Marana Yoga	344196579 Rahu 9:59AM – 12:05PM	Gara Until 1:59PM	Nataraja: Purple		Moon 5 - Phase 6 - 19	
				Saptami Until 3:08AM Sat	Moon – Blue		3rd Phase	
					Jyeshtha*Vaikasi		Devaloka Day	
D	Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden	
	Retreat Star		Gulika 3:40AM – 5:47AM	Magha* Until 7:07PM	Ganesha: Clear	Sunrise: 3:40AM	Sun 20	Sutra 40
	Simha Rasi: 6.48	Tithi 8	Yama 2:12PM – 4:18PM	Vyaghata* Until 3:21PM	Muruga: Clear	Sunset: 8:30PM	Sobhana 5125	
	Creative Work	Amrita Yoga	354196579 Rahu 7:53AM – 9:59AM	Visti Until 4:18PM	Nataraja: Purple		Moon 5 - Phase 6 - 20	
	Until 7:07PM			Ashtami* Until 5:21AM Sun	Moon – Red		Ashtami	
	Then Creative Work - Siddha Yoga				Jyeshtha*Vaikasi		Sivaloka Day	
D	Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Harshana/Vajra* Yoga Balava Karana Navamyam Titau				Malmö, Sweden	
	Retreat Star		Gulika 4:19PM – 6:25PM	Purvaphalguni Until 9:44PM	Ganesha: Clear	Sunrise: 3:39AM	Sun 21	Sutra 41
	Simha Rasi: 18.45	Tithi 9	Yama 12:06PM – 2:12PM	Harshana Until 4:04PM	Muruga: Clear	Sunset: 8:32PM	Sobhana 5125	
	Creative Work	Siddha Yoga	354196579 Rahu 6:25PM – 8:32PM	Balava Until 6:22PM	Nataraja: Purple		Moon 5 - Phase 6 - 21	
	Until 9:44PM			Navami* Until 7:14AM Mon	Moon – Red		Navami	
	Then Creative Work - Amrita Yoga				Jyeshtha*Vaikasi		Sivaloka Day	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Monday, May 29, 2023		Sobhana Nama Samvatsare Utarayane Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden Sun 22 Sutra 42	
	Kanya Rasi: 0.5	Tithi 9 – 10	Gulika	2:13PM – 4:20PM	Uttaraphalguni Until 11:45PM	Ganesha: Clear	<i>Sunrise:</i> 3:38AM	Sobhana 5125
	Family Home Evening		Yama	9:59AM – 12:06PM	Vajra* Until 4:26PM	Muruga: Clear	<i>Sunset:</i> 8:33PM	Moon 5 - Phase 7 - 22
	Creative Work	Siddha Yoga	364196579 Rahu	5:45AM – 7:52AM	Taitila Until 8:01PM	Nataraja: Purple		4th Phase
					Navami* Until 7:14AM	Moon – Red	Sivaloka Day	
						Jyeshtha*Vaikasi		
2	Tuesday, May 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Malmö, Sweden Sun 23 Sutra 43	
	Kanya Rasi: 13.08	Tithi 10 – 11	Gulika	12:06PM – 2:13PM	Hasta Until 1:29AM Wed	Ganesha: Purple	<i>Sunrise:</i> 3:37AM	Sobhana 5125
			Yama	7:51AM – 9:59AM	Siddhi Until 4:22PM	Muruga: Clear	<i>Sunset:</i> 8:35PM	Moon 5 - Phase 7 - 23
			364196579 Rahu	4:20PM – 6:28PM	Vanija Until 9:03PM	Nataraja: Purple		4th Phase
	Creative Work	Siddha Yoga			Dashami Until 8:36AM	Moon – Green	Devaloka Day	
						Jyeshtha*Vaikasi		
3	Wednesday, May 31, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden Sun 24 Sutra 44	
	Kanya Rasi: 25.43	Tithi 11 – 12	Gulika	9:58AM – 12:06PM	Chitra Until 2:19AM Thu	Ganesha: Purple	<i>Sunrise:</i> 3:36AM	Sobhana 5125
			Yama	5:43AM – 7:51AM	Vyatipata* Until 3:45PM	Muruga: Clear	<i>Sunset:</i> 8:36PM	Moon 5 - Phase 7 - 24
			364196579 Rahu	12:06PM – 2:13PM	Bava Until 9:21PM	Nataraja: Purple		4th Phase
	Creative Work	Siddha Yoga			Ekadashi Until 9:16AM	Moon – Green	Devaloka Day	
	Until 2:19AM Thu					Jyeshtha*Vaikasi		
	Then Creative Work - Amrita Yoga							
4	Thursday, June 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden Sun 25 Sutra 45	
	Tula Rasi: 8.4	Tithi 12 – 13	Gulika	7:50AM – 9:58AM	Svati Until 2:15AM Fri	Ganesha: Purple	<i>Sunrise:</i> 3:35AM	Sobhana 5125
			Yama	3:35AM – 5:42AM	Variyan Until 2:30PM	Muruga: Clear	<i>Sunset:</i> 8:38PM	Moon 5 - Phase 7 - 25
			364196579 Rahu	2:14PM – 4:22PM	Kaulava Until 8:53PM	Nataraja: Purple		4th Phase
	Creative Work	Amrita Yoga			Dvadashi Until 9:11AM	Moon – Green	Devaloka Day	
	Until 2:15AM Fri					Jyeshtha*Vaikasi		
	Then Creative Work - Siddha Yoga							
						Pradosha Vrata		
5	Friday, June 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden Sun 26 Sutra 46	
	Tula Rasi: 22.01	Tithi 13 – 14	Gulika	5:42AM – 7:50AM	Vishakha Until 1:47AM Sat	Ganesha: White	<i>Sunrise:</i> 3:34AM	Sobhana 5125
			Yama	4:22PM – 6:31PM	Parigha* Until 12:40PM	Muruga: Clear	<i>Sunset:</i> 8:39PM	Moon 5 - Phase 7 - 26
			374296579 Rahu	9:58AM – 12:06PM	Gara Until 7:41PM	Nataraja: Purple		4th Phase
	Creative Work	Siddha Yoga			Trayodashi Until 8:21AM	Moon – Orange	Subha Sivaloka Day	
			Vaikasi Visakam			Jyeshtha*Vaikasi		
	Saturday, June 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden Sun 27 Sutra 47	
	Vrischika Rasi: 5.46	Tithi 14 – 15	Gulika	3:33AM – 5:41AM	Anuradha Until 12:34AM Sun	Ganesha: White	<i>Sunrise:</i> 3:33AM	Sobhana 5125
			Yama	2:15PM – 4:23PM	Shiva Until 10:19AM	Muruga: Clear	<i>Sunset:</i> 8:40PM	Moon 5 - Phase 7 - 27
			374296579 Rahu	7:49AM – 9:58AM	Bava Until 4:43AM Sun	Nataraja: Purple		Purnima
	Creative Work	Siddha Yoga			Chaturdashi* Until 6:49AM	Moon – Orange	Subha Sivaloka Day	
	Until 12:34AM Sun					Jyeshtha*Vaikasi		
	Then Routine Work - Marana Yoga							
	Sunday, June 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden Sutra 48	
	Vrischika Rasi: 19.53	Tithi 16	Gulika	4:24PM – 6:33PM	Jyeshtha* Until 10:45PM	Ganesha: White	<i>Sunrise:</i> 3:32AM	Sobhana 5125
			Yama	12:06PM – 2:15PM	Siddha Until 7:28AM	Muruga: Clear	<i>Sunset:</i> 8:41PM	Moon 5 - Phase 7 -
			374296579 Rahu	6:33PM – 8:41PM	Balava Until 3:30PM	Nataraja: Purple		Prathama
	Routine Work	Marana Yoga			Prathama* Until 2:10AM Mon	Moon – Orange	Subha Sivaloka Day	
	Until 10:45PM					Jyeshtha*Vaikasi		
	Then Creative Work - Amrita Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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**Monday, June 5, 2023****Gold Retreat Star**

Dhanus Rasi: 4.17 Tithi 17
Family Home Evening
 Creative Work Siddha Yoga
 Until 8:53PM
 Then Routine Work - Marana Yoga

384296571
 Rahu

Gulika 2:16PM – 4:25PM
 Yama 9:58AM – 12:07PM
Rahu 5:40AM – 7:49AM

Sobhana Nama Samvatsare Uтарыane Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Mula* Nakshatra Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Mula* Until 8:53PM
 Subha Until 12:55AM Tue
 Taitila Until 12:48PM
Dvitiya Until 11:20PM

Ganesha: Yellow *Sunrise:* 3:31AM
Muruga: Clear *Sunset:* 8:42PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Sivaloka Day

Malmö, Sweden
 Sutra 49
 Sobhana 5125
 Moon 6 - Phase 8 - 1st Phase

1**Tuesday, June 6, 2023**

Dhanus Rasi: 18.53 Tithi 18
 Creative Work Siddha Yoga
 Until 6:44PM
 Then Routine Work - Prabalarishta Yoga

385296571
 Rahu

Gulika 12:07PM – 2:16PM
 Yama 7:48AM – 9:58AM
Rahu 4:25PM – 6:34PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha* Nakshatra Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Purvashadha* Until 6:44PM
 Sukla Until 9:24PM
 Vanija Until 9:53AM
Tritiya Until 8:22PM

Ganesha: White *Sunrise:* 3:30AM
Muruga: Clear *Sunset:* 8:44PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Devaloka Day

Malmö, Sweden
 Sun 1 Sutra 50
 Sobhana 5125
 Moon 6 - Phase 8 - 1st Phase

2**Wednesday, June 7, 2023**

Makara Rasi: 3.32 Tithi 19 – 20
 Creative Work Amrita Yoga
 Until 4:26PM
 Then Creative Work - Siddha Yoga

385296571
 Rahu

Gulika 9:58AM – 12:07PM
 Yama 5:39AM – 7:48AM
Rahu 12:07PM – 2:16PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarahadha/Shravana Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Chaturthi/Panchamyam Titau

Uttarahadha Until 4:26PM
 Brahma Until 5:54PM
 Bava Until 6:53AM
Chaturthi* Until 5:23PM

Ganesha: White *Sunrise:* 3:29AM
Muruga: Clear *Sunset:* 8:45PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Devaloka Day

Malmö, Sweden
 Sun 2 Sutra 51
 Sobhana 5125
 Moon 6 - Phase 8 - 2 1st Phase

3**Thursday, June 8, 2023**

Makara Rasi: 18.1 Tithi 20 – 21
 Creative Work Siddha Yoga

395296571
 Rahu

Gulika 7:48AM – 9:58AM
 Yama 3:29AM – 5:38AM
Rahu 2:17PM – 4:26PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shravana Until 2:31PM
 Indra Until 2:31PM
 Gara Until 1:13AM Fri
Panchami Until 2:32PM

Ganesha: Yellow *Sunrise:* 3:29AM
Muruga: Clear *Sunset:* 8:46PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Malmö, Sweden
 Sun 3 Sutra 52
 Sobhana 5125
 Moon 6 - Phase 8 - 3 1st Phase

4**Friday, June 9, 2023**

Kumbha Rasi: 2.38 Tithi 21 – 22
 Creative Work Siddha Yoga

395296571
 Rahu

Gulika 5:38AM – 7:48AM
 Yama 4:27PM – 6:37PM
Rahu 9:58AM – 12:07PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dhanishtha Until 12:42PM
 Vaidhriti* Until 11:18AM
 Visti Until 10:44PM
Shashthi* Until 11:55AM

Ganesha: Yellow *Sunrise:* 3:28AM
Muruga: Clear *Sunset:* 8:47PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Malmö, Sweden
 Sun 4 Sutra 53
 Sobhana 5125
 Moon 6 - Phase 8 - 4 1st Phase

D**Saturday, June 10, 2023****Retreat Star**

Kumbha Rasi: 16.55 Tithi 22 – 23
 Creative Work Amrita Yoga
 Until 11:04AM
 Then Routine Work - Marana Yoga

395296571
 Rahu

Gulika 3:28AM – 5:38AM
 Yama 2:17PM – 4:27PM
Rahu 7:48AM – 9:58AM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
 Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shatabhishak Until 11:04AM
 Vishkambha* Until 8:21AM
 Balava Until 8:37PM
Saptami Until 9:36AM

Ganesha: Yellow *Sunrise:* 3:28AM
Muruga: Clear *Sunset:* 8:47PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Malmö, Sweden
 Sun 5 Sutra 54
 Sobhana 5125
 Moon 6 - Phase 8 - 5 Ashtami

Sunday, June 11, 2023**Retreat Star**

Meena Rasi: 0.58 Tithi 23 – 24
 Creative Work Siddha Yoga
 Until 10:05AM
 Then Creative Work - Amrita Yoga

315296571
 Rahu

Gulika 4:28PM – 6:38PM
 Yama 12:08PM – 2:18PM
Rahu 6:38PM – 8:48PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Purvaproshtapada* Until 10:05AM
 Ayushman Until 3:24AM Mon
 Taitila Until 6:53PM
Ashtami* Until 7:40AM

Ganesha: Clear *Sunrise:* 3:27AM
Muruga: Clear *Sunset:* 8:48PM
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Sivaloka Day

Malmö, Sweden
 Sun 6 Sutra 55
 Sobhana 5125
 Moon 6 - Phase 8 - 6 Navami

1	Monday, June 12, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Saubhagya Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Malmö, Sweden	
	Meena Rasi: 14.44	Tithi 24 – 25	Gulika	2:18PM – 4:28PM	Uttaraproshtapada Until 9:22AM	Ganesha: Clear	Sunrise: 3:27AM	Sun 7 Sutra 56
	Family Home Evening		Yama	9:58AM – 12:08PM	Saubhagya Until 1:26AM Tue	Muruga: Clear	Sunset: 8:49PM	Sobhana 5125
	Creative Work	Siddha Yoga	315296571 Rahu	5:37AM – 7:47AM	Visti Until 5:02AM Tue	Nataraja: Blue		Moon 6 - Phase 9 - 7
					Navami* Until 6:09AM	Moon – Clear		2nd Phase
						Jyeshtha*Vaikasi	Sivaloka Day	
2	Tuesday, June 13, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau				Malmö, Sweden	
	Meena Rasi: 28.17	Tithi 26	Gulika	12:08PM – 2:19PM	Revati Until 8:55AM	Ganesha: Clear	Sunrise: 3:26AM	Sun 8 Sutra 57
			Yama	7:47AM – 9:58AM	Sobhana Until 11:49PM	Muruga: Clear	Sunset: 8:50PM	Sobhana 5125
			315296571 Rahu	4:29PM – 6:39PM	Bava Until 4:39PM	Nataraja: Blue		Moon 6 - Phase 9 - 8
	Creative Work	Siddha Yoga			Ekadashi* Until 4:20AM Wed	Moon – Clear		2nd Phase
						Jyeshtha*Vaikasi	Sivaloka Day	
3	Wednesday, June 14, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Malmö, Sweden	
	Mesha Rasi: 11.35	Tithi 27	Gulika	9:58AM – 12:08PM	Ashvini Until 9:10AM	Ganesha: White	Sunrise: 3:26AM	Sun 9 Sutra 58
			Yama	5:37AM – 7:47AM	Athiganda* Until 10:30PM	Muruga: Clear	Sunset: 8:50PM	Sobhana 5125
			325296571 Rahu	12:08PM – 2:19PM	Kaulava Until 4:10PM	Nataraja: Blue		Moon 6 - Phase 9 - 9
	Routine Work	Marana Yoga			Dvadashi* Until 4:03AM Thu	Moon – White		2nd Phase
	Until 9:10AM					Jyeshtha*Vaikasi	Devaloka Day	
	Then Creative Work - Siddha Yoga							
4	Thursday, June 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden	
	Mesha Rasi: 24.4	Tithi 28	Gulika	7:47AM – 9:58AM	Bharani Until 9:41AM	Ganesha: Yellow	Sunrise: 3:26AM	Sun 10 Sutra 59
			Yama	3:26AM – 5:36AM	Sukarma Until 9:31PM	Muruga: Clear	Sunset: 8:51PM	Sobhana 5125
			326296571 Rahu	2:19PM – 4:30PM	Gara Until 4:05PM	Nataraja: Blue		Moon 6 - Phase 9 - 10
	Creative Work	Siddha Yoga			Trayodashi* Until 4:10AM Fri	Moon – White		2nd Phase
	Until 9:41AM					Jyeshtha*Ani	Sivaloka Day	
	Then Routine Work - Marana Yoga				Pradosha Vrata (Fasting)			
5	Friday, June 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Malmö, Sweden	
	Vrishabha Rasi: 7.32	Tithi 29	Gulika	5:36AM – 7:47AM	Krittika Until 10:27AM	Ganesha: Yellow	Sunrise: 3:26AM	Sun 11 Sutra 60
			Yama	4:30PM – 6:41PM	Dhriti Until 8:52PM	Muruga: Clear	Sunset: 8:52PM	Sobhana 5125
			326296571 Rahu	9:58AM – 12:09PM	Visti Until 4:24PM	Nataraja: Blue		Moon 6 - Phase 9 - 11
	Creative Work	Siddha Yoga			Chaturdashi* Until 4:42AM Sat	Moon – White		2nd Phase
	Until 10:27AM					Jyeshtha*Ani	Sivaloka Day	
	Then Routine Work - Marana Yoga							
●	Saturday, June 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Malmö, Sweden	
	Retreat Star		Gulika	3:26AM – 5:36AM	Rohini Until 11:55AM	Ganesha: Red	Sunrise: 3:26AM	Sun 12 Sutra 61
	Vrishabha Rasi: 20.14	Tithi 30	Yama	2:20PM – 4:31PM	Shula* Until 8:31PM	Muruga: Clear	Sunset: 8:52PM	Sobhana 5125
			336296571 Rahu	7:47AM – 9:58AM	Catuspada Until 5:08PM	Nataraja: Blue		Moon 6 - Phase 9 - 12
	Creative Work	Amrita Yoga			Amavasya* Until 5:38AM Sun	Moon – Yellow		Amavasya
	Until 11:55AM					Jyeshtha*Ani	Sivaloka Day	
	Then Creative Work - Siddha Yoga							
	Sunday, June 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna* Karana Prathamayam Titau				Malmö, Sweden	
	Retreat Star		Gulika	4:31PM – 6:42PM	Mrigashira Until 1:36PM	Ganesha: Red	Sunrise: 3:26AM	Sun 13 Sutra 62
	Mithuna Rasi: 2.44	Tithi 1	Yama	12:09PM – 2:20PM	Ganda* Until 8:29PM	Muruga: Yellow	Sunset: 8:53PM	Sobhana 5125
			336216571 Rahu	6:42PM – 8:53PM	Kintughna Until 6:16PM	Nataraja: Blue		Moon 6 - Phase 9 - 13
	Creative Work	Siddha Yoga			Prathama* Until 6:57AM Mon	Moon – Yellow		Prathama
			Father's Day			Ashada*Ani	Sivaloka Day	

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Monday, June 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden Sun 14 Sutra 63	
	Mithuna Rasi: 15.04	Tithi 1 – 2	Gulika	2:20PM – 4:31PM	Ardra Until 3:31PM	Ganesha: Red	Sunrise: 3:26AM	Sobhana 5125
	Family Home Evening	336216571	Yama	9:58AM – 12:09PM	Vriddhi Until 8:46PM	Muruga: Yellow	Sunset: 8:53PM	Moon 6 - Phase 10 - 14
	Creative Work Siddha Yoga		Rahu	5:36AM – 7:47AM	Balava Until 7:47PM	Nataraja: Blue		3rd Phase
	Until 3:31PM				Prathama* Until 6:57AM	Moon – Yellow	Sivaloka Day	
	Then Creative Work - Amrita Yoga					Ashada*Ani		
2	Tuesday, June 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden Sun 15 Sutra 64	
	Mithuna Rasi: 27.14	Tithi 2 – 3	Gulika	12:09PM – 2:20PM	Punarvasu Until 6:07PM	Ganesha: Yellow	Sunrise: 3:26AM	Sobhana 5125
		346216571	Yama	7:48AM – 9:59AM	Dhruva Until 9:17PM	Muruga: Yellow	Sunset: 8:53PM	Moon 6 - Phase 10 - 15
	Creative Work Siddha Yoga		Rahu	4:31PM – 6:42PM	Taitila Until 9:38PM	Nataraja: Blue		3rd Phase
					Dvitiya Until 8:39AM	Moon – Blue	Sivaloka Day	
						Ashada*Ani		
3	Wednesday, June 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Malmö, Sweden Sun 16 Sutra 65	
	Kataka Rasi: 9.16	Tithi 3 – 4	Gulika	9:59AM – 12:10PM	Pushya Until 8:49PM	Ganesha: Yellow	Sunrise: 3:26AM	Sobhana 5125
		346216571	Yama	5:37AM – 7:48AM	Vyaghata* Until 10:03PM	Muruga: Yellow	Sunset: 8:54PM	Moon 6 - Phase 10 - 16
	Creative Work Siddha Yoga		Rahu	12:10PM – 2:21PM	Vanija Until 11:48PM	Nataraja: Blue		3rd Phase
					Tritiya Until 10:40AM	Moon – Blue	Sivaloka Day	
						Ashada*Ani		
4	Thursday, June 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Malmö, Sweden Sun 17 Sutra 66	
	Kataka Rasi: 21.13	Tithi 4 – 5	Gulika	7:48AM – 9:59AM	Ashlesha* Until 11:34PM	Ganesha: Yellow	Sunrise: 3:26AM	Sobhana 5125
		346216571	Yama	3:26AM – 5:37AM	Harshana Until 10:59PM	Muruga: Yellow	Sunset: 8:54PM	Moon 6 - Phase 10 - 17
	Creative Work Siddha Yoga		Rahu	2:21PM – 4:32PM	Bava Until 2:09AM Fri	Nataraja: Blue		3rd Phase
	Until 11:34PM				Chaturthi* Until 12:56PM	Moon – Blue	Sivaloka Day	
	Then Creative Work - Amrita Yoga					Ashada*Ani		
5	Friday, June 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Malmö, Sweden Sun 18 Sutra 67	
	Simha Rasi: 3.05	Tithi 5 – 6	Gulika	5:37AM – 7:48AM	Magha* Until 2:43AM Sat	Ganesha: Yellow	Sunrise: 3:26AM	Sobhana 5125
		357216571	Yama	4:32PM – 6:43PM	Vajra* Until 11:56PM	Muruga: Yellow	Sunset: 8:54PM	Moon 6 - Phase 10 - 18
	Routine Work Marana Yoga		Rahu	9:59AM – 12:10PM	Kaulava Until 4:33AM Sat	Nataraja: Blue		3rd Phase
	Until 2:43AM Sat				Panchami Until 3:20PM	Moon – Red	Sivaloka Day	
	Then Creative Work - Siddha Yoga					Ashada*Ani		
6	Saturday, June 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Malmö, Sweden Sun 19 Sutra 68	
	Simha Rasi: 14.57	Tithi 6 – 7	Gulika	3:27AM – 5:38AM	Purvaphalguni Until 5:35AM Sun	Ganesha: Yellow	Sunrise: 3:27AM	Sobhana 5125
		357216571	Yama	2:21PM – 4:32PM	Siddhi Until 12:50AM Sun	Muruga: Yellow	Sunset: 8:54PM	Moon 6 - Phase 10 - 19
	Creative Work Siddha Yoga		Rahu	7:48AM – 9:59AM	Gara Until 6:50AM Sun	Nataraja: Blue		3rd Phase
	Until 5:35AM Sun				Shashthi* Until 5:42PM	Moon – Red	Sivaloka Day	
	Then Creative Work - Amrita Yoga					Ashada*Ani		
D	Sunday, June 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Malmö, Sweden Sun 20 Sutra 69	
	Retreat Star		Gulika	4:32PM – 6:43PM	Uttaraphalguni Until 7:59AM Mon	Ganesha: Yellow	Sunrise: 3:27AM	Sobhana 5125
	Simha Rasi: 26.52	Tithi 7	Yama	12:10PM – 2:21PM	Vyatipata* Until 1:32AM Mon	Muruga: Yellow	Sunset: 8:54PM	Moon 6 - Phase 10 - 20
	Creative Work Amrita Yoga	357216571	Rahu	6:43PM – 8:54PM	Gara Until 6:50AM	Nataraja: Blue		3rd Phase
	Until 7:59AM Mon				Saptami Until 7:50PM	Moon – Red	Sivaloka Day	
	Then Creative Work - Siddha Yoga					Ashada*Ani		
D	Monday, June 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden Sun 21 Sutra 70	
	Retreat Star		Gulika	2:21PM – 4:32PM	Uttaraphalguni Until 7:59AM	Ganesha: Yellow	Sunrise: 3:27AM	Sobhana 5125
	Kanya Rasi: 8.54	Tithi 8	Yama	10:00AM – 12:11PM	Variyan Until 1:49AM Tue	Muruga: Yellow	Sunset: 8:54PM	Moon 6 - Phase 10 - 21
	Family Home Evening	357216571	Rahu	5:38AM – 7:49AM	Visti Until 8:46AM	Nataraja: Blue		Ashtami
	Creative Work Siddha Yoga				Ashtami* Until 9:31PM	Moon – Red	Sivaloka Day	
			Chidambaram Abhishekam			Ashada*Ani		
D	Tuesday, June 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden Sun 22 Sutra 71	
	Retreat Star		Gulika	12:11PM – 2:22PM	Hasta Until 10:10AM	Ganesha: Clear	Sunrise: 3:28AM	Sobhana 5125
	Kanya Rasi: 21.1	Tithi 9	Yama	7:49AM – 10:00AM	Parigha* Until 1:35AM Wed	Muruga: Yellow	Sunset: 8:54PM	Moon 6 - Phase 10 - 22
	Creative Work Siddha Yoga	367316571	Rahu	4:32PM – 6:43PM	Balava Until 10:09AM	Nataraja: Blue		Navami
					Navami* Until 10:33PM	Moon – Green	Sivaloka Day	
						Ashada*Ani		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1	Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau				Malmö, Sweden	
	Tula Rasi: 3.44	Tithi 10	Gulika 10:00AM – 12:11PM	Chitra Until 11:29AM	Ganesha: Clear	Sunrise: 3:29AM	Sun 23 Sutra 72	
			Yama 5:39AM – 7:50AM	Shiva Until 12:44AM Thu	Muruga: Yellow	Sunset: 8:54PM	Sobhana 5125	
	367316571	Rahu 12:11PM – 2:22PM	Shiva Until 12:44AM Thu	Nataraja: Blue			4th Phase	
Creative Work	Siddha Yoga		Dashami Until 10:48PM	Moon – Green		Sivaloka Day		
				Ashada*Ani				
2	Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden	
	Tula Rasi: 16.41	Tithi 11	Gulika 7:50AM – 10:01AM	Svati Until 11:49AM	Ganesha: White	Sunrise: 3:29AM	Sun 24 Sutra 73	
			Yama 3:29AM – 5:40AM	Siddha Until 11:11PM	Muruga: Yellow	Sunset: 8:53PM	Sobhana 5125	
	368316571	Rahu 2:22PM – 4:32PM	Siddha Until 11:11PM	Nataraja: Blue			4th Phase	
Creative Work	Amrita Yoga		Vanija Until 10:37AM	Moon – Green		Devaloka Day		
	Until 11:49AM		Ekadashi Until 10:11PM	Ashada*Ani				
	Then Creative Work - Siddha Yoga							
3	Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden	
	Vrischika Rasi: 0.06	Tithi 12	Gulika 5:40AM – 7:51AM	Vishakha Until 11:38AM	Ganesha: Clear	Sunrise: 3:30AM	Sun 25 Sutra 74	
			Yama 4:32PM – 6:43PM	Sadhya Until 8:59PM	Muruga: Yellow	Sunset: 8:53PM	Sobhana 5125	
	378316571	Rahu 10:01AM – 12:11PM	Sadhya Until 8:59PM	Nataraja: Blue			4th Phase	
Creative Work	Siddha Yoga		Bava Until 9:35AM	Moon – Orange		Sivaloka Day		
			Dvadashi Until 8:45PM	Ashada*Ani				
4	Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden	
	Vrischika Rasi: 13.59	Tithi 13	Gulika 3:31AM – 5:41AM	Anuradha Until 10:32AM	Ganesha: Clear	Sunrise: 3:31AM	Sun 26 Sutra 75	
			Yama 2:22PM – 4:32PM	Subha Until 6:12PM	Muruga: Yellow	Sunset: 8:53PM	Sobhana 5125	
	378316571	Rahu 7:51AM – 10:01AM	Subha Until 6:12PM	Nataraja: Blue			4th Phase	
Creative Work	Siddha Yoga		Kaulava Until 7:47AM	Moon – Orange		Sivaloka Day		
			Trayodashi Until 6:36PM	Ashada*Ani				
			Pradosha Vrata					
5	Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden	
	Vrischika Rasi: 28.19	Tithi 14 – 15	Gulika 4:32PM – 6:42PM	Jyeshtha* Until 8:38AM	Ganesha: Clear	Sunrise: 3:31AM	Sun 27 Sutra 76	
			Yama 12:12PM – 2:22PM	Sukla Until 2:54PM	Muruga: Yellow	Sunset: 8:52PM	Sobhana 5125	
	378316571	Rahu 6:42PM – 8:52PM	Sukla Until 2:54PM	Nataraja: Blue			4th Phase	
Routine Work	Marana Yoga		Visti Until 2:18AM Mon	Moon – Orange		Sivaloka Day		
	Until 8:38AM		Chaturdashi* Until 3:50PM	Ashada*Ani				
	Then Creative Work - Amrita Yoga							
O	Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Malmö, Sweden	
	Copper Retreat Star		Gulika 2:22PM – 4:32PM	Mula* Until 6:31AM	Ganesha: Purple	Sunrise: 3:32AM	Sutra 77	
	Dhanus Rasi: 13	Tithi 15 – 16	Yama 10:02AM – 12:12PM	Brahma Until 11:14AM	Muruga: Yellow	Sunset: 8:52PM	Sobhana 5125	
	388316571	Rahu 5:42AM – 7:52AM	Brahma Until 11:14AM	Nataraja: Blue			4th Phase	
Family Home Evening			Balava Until 10:57PM	Moon – Light Blue		Purnima		
Creative Work	Siddha Yoga		Purnima* Until 12:39PM	Ashada*Ani		Devaloka Day		
	Until 6:31AM	Satguru Purnima						
	Then Routine Work - Marana Yoga							
	Tuesday, July 4, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Malmö, Sweden	
	Silver Retreat Star		Gulika 12:12PM – 2:22PM	Uttarashadha Until 1:05AM Wed	Ganesha: Purple	Sunrise: 3:33AM	Sutra 78	
	Dhanus Rasi: 27.56	Tithi 16 – 17	Yama 7:53AM – 10:02AM	Indra Until 7:21AM	Muruga: Yellow	Sunset: 8:51PM	Sobhana 5125	
	388316571	Rahu 4:32PM – 6:41PM	Indra Until 7:21AM	Nataraja: Blue			4th Phase	
Routine Work	Prabalarishta Yoga		Taitila Until 7:25PM	Moon – Light Blue		Devaloka Day		
	Until 1:05AM Wed		Prathama* Until 9:11AM	Ashada*Ani				
	Then Creative Work - Siddha Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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Wednesday, July 5, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 79

Makara Rasi: 12.59 Tithi 18

Gulika 10:03AM – 12:12PM

Yama 5:44AM – 7:53AM

398316571 Rahu 12:12PM – 2:22PM

Shravana Until 10:31PM

Vishkambha* Until 11:23PM

Vanija Until 3:52PM

Tritiya Until 2:07AM Thu

Ganesha: Clear Sunrise: 3:34AM

Muruga: Yellow Sunset: 8:50PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 10:31PM

Then Routine Work - Prabalarishta Yoga

1 Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthiyam Titau

Malmö, Sweden

Sun 2 Sutra 80

Makara Rasi: 27.59 Tithi 19

Gulika 7:54AM – 10:03AM

Yama 3:35AM – 5:45AM

399316571 Rahu 2:22PM – 4:31PM

Dhanishtha Until 8:01PM

Priti Until 7:36PM

Bava Until 12:27PM

Chaturthi* Until 10:50PM

Ganesha: Purple Sunrise: 3:35AM

Muruga: Yellow Sunset: 8:50PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Subha Sivaloka Day

Creative Work Siddha Yoga

2 Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 81

Kumbha Rasi: 12.47 Tithi 20

Gulika 5:45AM – 7:54AM

Yama 4:31PM – 6:40PM

499316571 Rahu 10:04AM – 12:13PM

Shatabhishak Until 5:43PM

Ayushman Until 4:04PM

Kaulava Until 9:20AM

Panchami Until 7:54PM

Ganesha: Clear Sunrise: 3:36AM

Muruga: Yellow Sunset: 8:49PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

3 Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sun 4 Sutra 82

Kumbha Rasi: 27.17 Tithi 21 – 22

Gulika 3:37AM – 5:46AM

Yama 2:22PM – 4:30PM

419316571 Rahu 7:55AM – 10:04AM

Purvaproshtapada* Until 4:09PM

Saubhagya Until 12:56PM

Gara Until 6:37AM

Shashthi* Until 5:26PM

Ganesha: Yellow Sunrise: 3:37AM

Muruga: Yellow Sunset: 8:48PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Routine Work Marana Yoga

Until 4:09PM

Then Creative Work - Siddha Yoga

4 Sunday, July 9, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 5 Sutra 83

Meena Rasi: 11.26 Tithi 22 – 23

Gulika 4:30PM – 6:39PM

Yama 12:13PM – 2:21PM

419316571 Rahu 6:39PM – 8:47PM

Uttaraproshtapada Until 3:01PM

Sobhana Until 10:15AM

Balava Until 2:50AM Mon

Saptami Until 3:32PM

Ganesha: Yellow Sunrise: 3:39AM

Muruga: Yellow Sunset: 8:47PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Creative Work Amrita Yoga

D Monday, July 10, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden

Sun 6 Sutra 84

Meena Rasi: 25.13 Tithi 23 – 24

Gulika 2:21PM – 4:30PM

Yama 10:05AM – 12:13PM

419316571 Rahu 5:48AM – 7:56AM

Revati Until 2:20PM

Athiganda* Until 8:02AM

Taitila Until 1:51AM Tue

Ashtami* Until 2:15PM

Ganesha: Yellow Sunrise: 3:40AM

Muruga: Yellow Sunset: 8:46PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, July 11, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Malmö, Sweden

Sun 7 Sutra 85

Mesha Rasi: 8.37 Tithi 24 – 25

Gulika 12:13PM – 2:21PM

Yama 7:57AM – 10:05AM

429316571 Rahu 4:29PM – 6:37PM

Ashvini Until 2:33PM

Sukarma Until 6:21AM

Vanija Until 1:29AM Wed

Navami* Until 1:34PM

Ganesha: Blue Sunrise: 3:41AM

Muruga: Yellow Sunset: 8:45PM

Nataraja: Blue

Moon – White

Ashada*Ani

Subha Sivaloka Day

Creative Work Siddha Yoga

1	Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Malmö, Sweden Sun 8 Sutra 86	
	Mesha Rasi: 21.43	Tithi 25 – 26	Gulika	10:06AM – 12:13PM	Bharani Until 3:12PM	Ganesha: Blue	<i>Sunrise:</i> 3:42AM	Sobhana 5125
			Yama	5:50AM – 7:58AM	Shula* Until 4:21AM Thu	Muruga: Yellow	<i>Sunset:</i> 8:44PM	Moon 7 - Phase 13 - 8
		429316571	Rahu	12:13PM – 2:21PM	Bava Until 1:40AM Thu	Nataraja: Blue		2nd Phase
	Creative Work	Siddha Yoga			Dashami Until 1:29PM	Moon – White	Subha Sivaloka Day	
	Until 3:12PM					Ashada*Ani		
	Then Creative Work - Amrita Yoga							
2	Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden Sun 9 Sutra 87	
	Mrishabha Rasi: 4.32	Tithi 26 – 27	Gulika	7:59AM – 10:06AM	Krittika Until 4:12PM	Ganesha: Purple	<i>Sunrise:</i> 3:44AM	Sobhana 5125
			Yama	3:44AM – 5:51AM	Ganda* Until 3:56AM Fri	Muruga: Yellow	<i>Sunset:</i> 8:43PM	Moon 7 - Phase 13 - 9
		421316571	Rahu	2:21PM – 4:28PM	Kaulava Until 2:20AM Fri	Nataraja: Blue		2nd Phase
	Routine Work	Marana Yoga			Ekadashi* Until 1:55PM	Moon – White	Subha Sivaloka Day	
						Ashada*Ani		
3	Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden Sun 10 Sutra 88	
	Mrishabha Rasi: 17.08	Tithi 27 – 28	Gulika	5:52AM – 7:59AM	Rohini Until 5:56PM	Ganesha: Clear	<i>Sunrise:</i> 3:45AM	Sobhana 5125
			Yama	4:28PM – 6:35PM	Vriddhi Until 3:51AM Sat	Muruga: Yellow	<i>Sunset:</i> 8:42PM	Moon 7 - Phase 13 - 10
		431316571	Rahu	10:06AM – 12:13PM	Gara Until 3:24AM Sat	Nataraja: Blue		2nd Phase
	Routine Work	Marana Yoga			Dvadashi* Until 2:48PM	Moon – Yellow	Sivaloka Day	
	Until 5:56PM					Ashada*Ani		
	Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			
4	Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden Sun 11 Sutra 89	
	Mrishabha Rasi: 29.32	Tithi 28 – 29	Gulika	3:46AM – 5:53AM	Mrigashira Until 7:53PM	Ganesha: Clear	<i>Sunrise:</i> 3:46AM	Sobhana 5125
			Yama	2:20PM – 4:27PM	Dhruva Until 4:02AM Sun	Muruga: Yellow	<i>Sunset:</i> 8:41PM	Moon 7 - Phase 13 - 11
		431316571	Rahu	8:00AM – 10:07AM	Visti Until 4:50AM Sun	Nataraja: Blue		2nd Phase
	Creative Work	Siddha Yoga			Trayodashi* Until 4:04PM	Moon – Yellow	Sivaloka Day	
						Ashada*Ani		
5	Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Malmö, Sweden Sun 12 Sutra 90	
	Mithuna Rasi: 11.49	Tithi 29 – 30	Gulika	4:27PM – 6:33PM	Ardra Until 9:59PM	Ganesha: Clear	<i>Sunrise:</i> 3:48AM	Sobhana 5125
			Yama	12:14PM – 2:20PM	Vyaghata* Until 4:27AM Mon	Muruga: Yellow	<i>Sunset:</i> 8:39PM	Moon 7 - Phase 13 - 12
		431316571	Rahu	6:33PM – 8:39PM	Catuspada Until 6:35AM Mon	Nataraja: Blue		2nd Phase
	Creative Work	Siddha Yoga			Chaturdashi* Until 5:39PM	Moon – Yellow	Sivaloka Day	
						Ashada*Adi		
	Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Malmö, Sweden Sun 13 Sutra 91	
	Retreat Star		Gulika	2:20PM – 4:26PM	Punarvasu Until 12:40AM Tue	Ganesha: Orange	<i>Sunrise:</i> 3:49AM	Sobhana 5125
	Mithuna Rasi: 23.57	Tithi 30	Yama	10:08AM – 12:14PM	Harshana Until 5:05AM Tue	Muruga: Yellow	<i>Sunset:</i> 8:38PM	Moon 7 - Phase 13 - 13
	Family Home Evening	441316572	Rahu	5:55AM – 8:02AM	Catuspada Until 6:35AM	Nataraja: Yellow		Amavasya
	Creative Work	Amrita Yoga			Amavasya* Until 7:32PM	Moon – Blue	Devaloka Day	
	Until 12:40AM Tue					Ashada*Adi		
	Then Creative Work - Siddha Yoga							
	Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Malmö, Sweden Sun 14 Sutra 92	
	Retreat Star		Gulika	12:14PM – 2:20PM	Pushya Until 3:26AM Wed	Ganesha: Orange	<i>Sunrise:</i> 3:51AM	Sobhana 5125
	Kataka Rasi: 5.59	Tithi 1	Yama	8:02AM – 10:08AM	Vajra* Until 5:53AM Wed	Muruga: Yellow	<i>Sunset:</i> 8:37PM	Moon 7 - Phase 13 - 14
		441316572	Rahu	4:25PM – 6:31PM	Kintughna Until 8:35AM	Nataraja: Yellow		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 9:39PM	Moon – Blue	Devaloka Day	
						Sravana Adhika*Adi		

1	Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Malmö, Sweden Sun 15 Sutra 93	
	Kataka Rasi: 17.56	Tithi 2	Gulika Yama	10:08AM – 12:14PM 5:58AM – 8:03AM	Ashlesha* Until 6:12AM Thu Siddhi Until 6:49AM Thu Balava Until 10:49AM Dvitiya Until 11:59PM	Ganesha: Orange Muruga: Yellow Nataraja: Yellow Moon – Blue Savana Adhika•Adi	Sunrise: 3:52AM Sunset: 8:35PM	Sobhana 5125 Moon 7 - Phase 14 - 15 3rd Phase
	Creative Work	Siddha Yoga	441316572	Rahu				Devaloka Day
	Until 6:12AM Thu Then Creative Work - Amrita Yoga							
2	Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau				Malmö, Sweden Sun 16 Sutra 94	
	Kataka Rasi: 29.49	Tithi 3	Gulika Yama	8:04AM – 10:09AM 3:54AM – 5:59AM	Ashlesha* Until 6:12AM Siddhi Until 6:49AM Taitila Until 1:13PM Tritiya Until 2:25AM Fri	Ganesha: Orange Muruga: Yellow Nataraja: Yellow Moon – Blue Savana Adhika•Adi	Sunrise: 3:54AM Sunset: 8:34PM	Sobhana 5125 Moon 7 - Phase 14 - 16 3rd Phase
	Creative Work	Siddha Yoga	441316572	Rahu				Devaloka Day
	Until 6:12AM Then Creative Work - Amrita Yoga							
3	Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthiyam Titau				Malmö, Sweden Sun 17 Sutra 95	
	Simha Rasi: 11.39	Tithi 4	Gulika Yama	6:00AM – 8:05AM 4:23PM – 6:28PM	Magha* Until 9:24AM Vyatipata* Until 7:51AM Vanija Until 3:41PM Chaturthi* Until 4:53AM Sat	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Red Savana Adhika•Adi	Sunrise: 3:55AM Sunset: 8:32PM	Sobhana 5125 Moon 7 - Phase 14 - 17 3rd Phase
	Routine Work	Marana Yoga	451316572	Rahu				Devaloka Day
	Until 9:24AM Then Creative Work - Siddha Yoga							
4	Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Bava Karana Panchamyam Titau				Malmö, Sweden Sun 18 Sutra 96	
	Simha Rasi: 23.29	Tithi 5	Gulika Yama	3:57AM – 6:01AM 2:18PM – 4:22PM	Purvaphalguni Until 12:24PM Variyan Until 8:50AM Bava Until 6:05PM Panchami Until 7:12AM Sun	Ganesha: White Muruga: Yellow Nataraja: Yellow Moon – Red Savana Adhika•Adi	Sunrise: 3:57AM Sunset: 8:31PM	Sobhana 5125 Moon 7 - Phase 14 - 18 3rd Phase
	Creative Work	Siddha Yoga	451416572	Rahu				Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 12:24PM Then Routine Work - Marana Yoga							
5	Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Malmö, Sweden Sun 19 Sutra 97	
	Kanya Rasi: 5.23	Tithi 5 – 6	Gulika Yama	4:22PM – 6:26PM 12:14PM – 2:18PM	Uttaraphalguni Until 3:03PM Parigha* Until 9:42AM Kaulava Until 8:16PM Panchami Until 7:12AM	Ganesha: White Muruga: Yellow Nataraja: Yellow Moon – Red Savana Adhika•Adi	Sunrise: 3:59AM Sunset: 8:29PM	Sobhana 5125 Moon 7 - Phase 14 - 19 3rd Phase
	Creative Work	Amrita Yoga	451416572	Rahu				Bhuloka Day Devaloka Time: 3:PM to 6:PM
6	Monday, July 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Malmö, Sweden Sun 20 Sutra 98	
	Kanya Rasi: 17.25	Tithi 6 – 7	Gulika Yama	2:17PM – 4:21PM 10:11AM – 12:14PM	Hasta Until 5:40PM Shiva Until 10:19AM Gara Until 10:00PM Shashthi* Until 9:11AM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green Savana Adhika•Adi	Sunrise: 4:00AM Sunset: 8:28PM	Sobhana 5125 Moon 7 - Phase 14 - 20 3rd Phase
	Family Home Evening		462416572	Rahu				Sivaloka Day
	Creative Work Siddha Yoga Until 5:40PM Then Routine Work - Prabalarishta Yoga							
D	Tuesday, July 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Malmö, Sweden Sun 21 Sutra 99	
	Retreat Star		Gulika Yama	12:14PM – 2:17PM 8:08AM – 10:11AM	Chitra Until 7:32PM Siddha Until 10:30AM Visti Until 11:07PM Saptami Until 10:38AM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green Savana Adhika•Adi	Sunrise: 4:02AM Sunset: 8:26PM	Sobhana 5125 Moon 7 - Phase 14 - 21 Ashtami
	Kanya Rasi: 29.38	Tithi 7 – 8	462416572	Rahu				Sivaloka Day
	Creative Work Siddha Yoga							
	Wednesday, July 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden Sun 22 Sutra 100	
	Retreat Star		Gulika Yama	10:11AM – 12:14PM 6:06AM – 8:09AM	Svati Until 8:29PM Sadhya Until 10:07AM Balava Until 11:27PM Ashtami* Until 11:22AM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green Savana Adhika•Adi	Sunrise: 4:04AM Sunset: 8:24PM	Sobhana 5125 Moon 7 - Phase 14 - 22 Navami
	Tula Rasi: 12.1	Tithi 8 – 9	462416572	Rahu				Sivaloka Day
	Creative Work Siddha Yoga							

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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1	Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden	
	Tula Rasi: 25.04	Tithi 9 – 10	Gulika 8:10AM – 10:12AM	Vishakha Until 8:55PM	Ganesha: Clear	Sunrise: 4:05AM	Sun 23	Sutra 101
	472416572	Rahu 2:16PM – 4:18PM	Subha Until 9:07AM	Taitila Until 10:55PM	Muruga: Yellow	Sunset: 8:23PM	Moon 7 - Phase 15 - 23	Sobhana 5125
Creative Work	Siddha Yoga		Navami* Until 11:16AM		Nataraja: Yellow		4th Phase	
					Moon – Orange			
					Sravana Adhika*Adi		Devaloka Day	
2	Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha/Brahma Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Malmö, Sweden	
	Vrischika Rasi: 8.26	Tithi 10 – 11	Gulika 6:09AM – 8:11AM	Anuradha Until 8:21PM	Ganesha: Clear	Sunrise: 4:07AM	Sun 24	Sutra 102
	472416572	Rahu 10:12AM – 12:14PM	Sukla Until 7:23AM	Vanija Until 9:31PM	Muruga: Yellow	Sunset: 8:21PM	Moon 7 - Phase 15 - 24	Sobhana 5125
Creative Work	Siddha Yoga		Dashami Until 10:18AM		Nataraja: Yellow		4th Phase	
Until 8:21PM					Moon – Orange			
Then Routine Work - Marana Yoga					Sravana Adhika*Adi		Devaloka Day	
3	Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden	
	Vrischika Rasi: 22.17	Tithi 11 – 12	Gulika 4:09AM – 6:10AM	Jyeshtha* Until 6:51PM	Ganesha: Clear	Sunrise: 4:09AM	Sun 25	Sutra 103
	472416572	Rahu 8:11AM – 10:13AM	Indra Until 1:59AM Sun	Bava Until 7:21PM	Muruga: Yellow	Sunset: 8:19PM	Moon 7 - Phase 15 - 25	Sobhana 5125
Creative Work	Siddha Yoga		Ekadashi Until 8:31AM		Nataraja: Yellow		4th Phase	
					Moon – Orange			
					Sravana Adhika*Adi		Devaloka Day	
4	Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden	
	Dhanus Rasi: 6.37	Tithi 13	Gulika 4:16PM – 6:16PM	Mula* Until 4:58PM	Ganesha: White	Sunrise: 4:11AM	Sun 26	Sutra 104
	482416572	Rahu 6:16PM – 8:17PM	Vaidhriti* Until 10:27PM	Taitila Until 4:31PM	Muruga: Yellow	Sunset: 8:17PM	Moon 7 - Phase 15 - 26	Sobhana 5125
Creative Work	Amrita Yoga		Trayodashi Until 2:53AM Mon		Nataraja: Yellow		4th Phase	
Until 4:58PM					Moon – Light Blue			
Then Creative Work - Siddha Yoga					Sravana Adhika*Adi		Sivaloka Day	
								Pradosha Vrata
5	Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden	
	Dhanus Rasi: 21.23	Tithi 14	Gulika 2:14PM – 4:15PM	Purvashadha* Until 2:25PM	Ganesha: White	Sunrise: 4:13AM	Sun 27	Sutra 105
	482416572	Rahu 6:13AM – 8:13AM	Vishkambha* Until 6:32PM	Gara Until 1:11PM	Muruga: Yellow	Sunset: 8:15PM	Moon 7 - Phase 15 - 27	Sobhana 5125
Family Home Evening			Chaturdashi* Until 11:21PM		Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga				Moon – Light Blue			
					Sravana Adhika*Adi		Sivaloka Day	
O	Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti*/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden	
	Copper Retreat Star		Gulika 12:14PM – 2:14PM	Uttarashadha Until 11:25AM	Ganesha: White	Sunrise: 4:14AM	Sutra 106	
	Makara Rasi: 6.28	Tithi 15	Yama 8:14AM – 10:14AM	Priti Until 2:23PM	Muruga: Yellow	Sunset: 8:13PM	Moon 7 - Phase 15 -	Sobhana 5125
			Rahu 4:14PM – 6:14PM	Visti Until 9:30AM	Nataraja: Yellow		Purnima	
Routine Work	Prabalarishta Yoga		Purnima* Until 7:34PM		Moon – Light Blue			
Until 11:25AM					Sravana Adhika*Adi		Sivaloka Day	
Then Creative Work - Siddha Yoga								
O	Wednesday, August 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Malmö, Sweden	
	Silver Retreat Star		Gulika 10:14AM – 12:14PM	Shravana Until 8:32AM	Ganesha: Yellow	Sunrise: 4:16AM	Sutra 107	
	Makara Rasi: 21.43	Tithi 16 – 17	Yama 6:16AM – 8:15AM	Ayushman Until 10:06AM	Muruga: Yellow	Sunset: 8:11PM	Moon 7 - Phase 15 -	Sobhana 5125
			Rahu 12:14PM – 2:13PM	Taitila Until 1:48AM Thu	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 3:42PM		Moon – Purple			
Until 8:32AM					Sravana Adhika*Adi		Devaloka Day	
Then Routine Work - Prabalarishta Yoga								

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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Thursday, August 3, 2023

Gold Retreat Star

Kumbha Rasi: 6.57

Tithi 17 – 18

Creative Work

Siddha Yoga

Gulika
Yama
492416572 Rahu

8:16AM – 10:15AM
4:18AM – 6:17AM
2:13PM – 4:12PM

Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Shatabhishak Until 2:37AM Fri
Sobhana Until 1:50AM Fri
Vanija Until 10:08PM
Dvitiya Until 11:55AM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Yellow
Moon – Purple
Savarna Adhika•Adi

Devaloka Day

Malmö, Sweden
Sun 1 Sutra 108
Sobhana 5125
Moon 8 - Phase 16 - 1
1st Phase

1

Friday, August 4, 2023

Kumbha Rasi: 22.01

Tithi 18 – 19

Creative Work

Siddha Yoga

Gulika
Yama
412416572 Rahu

6:18AM – 8:17AM
4:11PM – 6:09PM
10:15AM – 12:14PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Purvaproshtapada* Until 12:21AM Sat
Athiganda* Until 10:04PM
Bava Until 6:48PM
Tritiya Until 8:24AM

Ganesha: Clear
Muruga: Yellow
Nataraja: Yellow
Moon – Clear
Savarna Adhika•Adi

Devaloka Day

Malmö, Sweden
Sun 2 Sutra 109
Sobhana 5125
Moon 8 - Phase 16 - 2
1st Phase

2

Saturday, August 5, 2023

Meena Rasi: 6.46

Tithi 20

Creative Work

Siddha Yoga

Until 10:28PM

Then Routine Work - Prabalarishta Yoga

Gulika
Yama
412416572 Rahu

4:22AM – 6:20AM
2:11PM – 4:09PM
8:18AM – 10:16AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Uttaraproshtapada Until 10:28PM
Sukarma Until 6:45PM
Kaulava Until 3:57PM
Panchami Until 2:44AM Sun

Ganesha: Clear
Muruga: Yellow
Nataraja: Yellow
Moon – Clear
Savarna Adhika•Adi

Devaloka Day

Malmö, Sweden
Sun 3 Sutra 110
Sobhana 5125
Moon 8 - Phase 16 - 3
1st Phase

3

Sunday, August 6, 2023

Meena Rasi: 21.07

Tithi 21

Creative Work

Amrita Yoga

Until 9:05PM

Then Creative Work - Siddha Yoga

Gulika
Yama
413416572 Rahu

4:08PM – 6:06PM
12:13PM – 2:11PM
6:06PM – 8:03PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau

Revati Until 9:05PM
Dhriti Until 3:58PM
Gara Until 1:44PM
Shashthi* Until 12:52AM Mon

Ganesha: White
Muruga: Yellow
Nataraja: Yellow
Moon – Clear
Savarna Adhika•Adi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Malmö, Sweden
Sun 4 Sutra 111
Sobhana 5125
Moon 8 - Phase 16 - 4
1st Phase

4

Monday, August 7, 2023

Mesha Rasi: 5.01

Tithi 22

Family Home Evening

Creative Work

Siddha Yoga

Gulika
Yama
423416572 Rahu

2:10PM – 4:07PM
10:16AM – 12:13PM
6:22AM – 8:19AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saptamyam Titau

Ashvini Until 8:44PM
Shula* Until 1:44PM
Visti Until 12:13PM
Saptami Until 11:43PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Yellow
Moon – White
Savarna Adhika•Adi

Devaloka Day

Malmö, Sweden
Sun 5 Sutra 112
Sobhana 5125
Moon 8 - Phase 16 - 5
1st Phase

D

Tuesday, August 8, 2023

Retreat Star

Mesha Rasi: 18.28

Tithi 23

Creative Work

Siddha Yoga

Gulika
Yama
423416572 Rahu

12:13PM – 2:10PM
8:20AM – 10:17AM
4:06PM – 6:03PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Bharani Until 8:59PM
Ganda* Until 12:08PM
Balava Until 11:28AM
Ashtami* Until 11:21PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Yellow
Moon – White
Savarna Adhika•Adi

Devaloka Day

Malmö, Sweden
Sun 6 Sutra 113
Sobhana 5125
Moon 8 - Phase 16 - 6
Ashtami

Wednesday, August 9, 2023

Retreat Star

Vrishabha Rasi: 1.31

Tithi 24

Creative Work

Amrita Yoga

Until 9:47PM

Then Creative Work - Siddha Yoga

Gulika
Yama
423416572 Rahu

10:17AM – 12:13PM
6:25AM – 8:21AM
12:13PM – 2:09PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Krittika Until 9:47PM
Vridhhi Until 11:08AM
Taitila Until 11:27AM
Navami* Until 11:40PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Yellow
Moon – White
Savarna Adhika•Adi

Devaloka Day

Malmö, Sweden
Sun 7 Sutra 114
Sobhana 5125
Moon 8 - Phase 16 - 7
Navami

1	Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau				Malmö, Sweden Sun 8 Sutra 115 Sobhana 5125	
	Vrishabha Rasi: 14.13	Tithi 25	Gulika	8:22AM – 10:17AM	Rohini Until 11:30PM	Ganesha: Purple	Sunrise: 4:31AM	
			Yama	4:31AM – 6:26AM	Dhruva Until 10:38AM	Muruga: Yellow	Sunset: 7:55PM	Moon 8 - Phase 17 - 8
	433416572	Rahu	2:08PM – 4:04PM	Vanija Until 12:06PM	Nataraja: Yellow			2nd Phase
Routine Work		Marana Yoga			Dashami Until 12:37AM Fri	Moon – Yellow	Bhuloka Day	
						Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	
2	Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Malmö, Sweden Sun 9 Sutra 116 Sobhana 5125	
	Vrishabha Rasi: 26.4	Tithi 26	Gulika	6:28AM – 8:23AM	Mrigashira Until 1:33AM Sat	Ganesha: Purple	Sunrise: 4:33AM	
			Yama	4:03PM – 5:58PM	Vyaghata* Until 10:35AM	Muruga: Yellow	Sunset: 7:53PM	Moon 8 - Phase 17 - 9
	433416572	Rahu	10:18AM – 12:13PM	Bava Until 1:18PM	Nataraja: Yellow			2nd Phase
Creative Work		Siddha Yoga			Ekadashi* Until 2:03AM Sat	Moon – Yellow	Bhuloka Day	
						Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	
3	Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Malmö, Sweden Sun 10 Sutra 117 Sobhana 5125	
	Mithuna Rasi: 8.55	Tithi 27	Gulika	4:35AM – 6:29AM	Ardra Until 3:47AM Sun	Ganesha: Purple	Sunrise: 4:35AM	
			Yama	2:07PM – 4:01PM	Harshana Until 10:53AM	Muruga: Yellow	Sunset: 7:50PM	Moon 8 - Phase 17 - 10
	433416572	Rahu	8:24AM – 10:18AM	Kaulava Until 2:56PM	Nataraja: Yellow			2nd Phase
Creative Work		Siddha Yoga			Dvadashi* Until 3:52AM Sun	Moon – Yellow	Bhuloka Day	
						Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	
4	Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden Sun 11 Sutra 118 Sobhana 5125	
	Mithuna Rasi: 21.01	Tithi 28	Gulika	4:00PM – 5:54PM	Punarvasu Until 6:36AM Mon	Ganesha: Light Blue	Sunrise: 4:37AM	
			Yama	12:12PM – 2:06PM	Vajra* Until 11:25AM	Muruga: Yellow	Sunset: 7:48PM	Moon 8 - Phase 17 - 11
	443416572	Rahu	5:54PM – 7:48PM	Gara Until 4:53PM	Nataraja: Yellow			2nd Phase
Creative Work		Siddha Yoga			Trayodashi* Until 5:56AM Mon	Moon – Blue	Bhuloka Day	
						Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	
					Pradosha Vrata (Fasting)			
5	Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Chaturdashyam Titau				Malmö, Sweden Sun 12 Sutra 119 Sobhana 5125	
	Kataka Rasi: 3.01	Tithi 29	Gulika	2:06PM – 3:59PM	Punarvasu Until 6:36AM	Ganesha: Light Blue	Sunrise: 4:38AM	
			Yama	10:19AM – 12:12PM	Siddhi Until 12:08PM	Muruga: Yellow	Sunset: 7:46PM	Moon 8 - Phase 17 - 12
	443416572	Rahu	6:32AM – 8:25AM	Visti Until 7:04PM	Nataraja: Yellow			2nd Phase
Family Home Evening		Amrita Yoga			Chaturdashi* Until 8:12AM Tue	Moon – Blue	Bhuloka Day	
Until 6:36AM						Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								
●	Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Malmö, Sweden Sun 13 Sutra 120 Sobhana 5125	
	Retreat Star		Gulika	12:12PM – 2:05PM	Pushya Until 9:26AM	Ganesha: Light Blue	Sunrise: 4:40AM	
	Kataka Rasi: 14.57	Tithi 29 – 30	Yama	8:26AM – 10:19AM	Vyatipata* Until 1:01PM	Muruga: Yellow	Sunset: 7:44PM	Moon 8 - Phase 17 - 13
	443416572	Rahu	3:58PM – 5:51PM	Catuspada Until 9:24PM	Nataraja: Yellow			Amavasya
Creative Work		Siddha Yoga			Chaturdashi* Until 8:12AM	Moon – Blue	Bhuloka Day	
						Sravana Adhika*Adi	Devaloka Time: 3:PM to 6:PM	
	Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Malmö, Sweden Sun 14 Sutra 121 Sobhana 5125	
	Retreat Star		Gulika	10:19AM – 12:12PM	Ashlesha* Until 12:14PM	Ganesha: Orange	Sunrise: 4:42AM	
	Kataka Rasi: 26.5	Tithi 30 – 1	Yama	6:35AM – 8:27AM	Variyan Until 1:56PM	Muruga: Yellow	Sunset: 7:41PM	Moon 8 - Phase 17 - 14
	443516572	Rahu	12:12PM – 2:04PM	Kintughna Until 11:50PM	Nataraja: Yellow			Prathama
Creative Work		Siddha Yoga			Amavasya* Until 10:35AM	Moon – Blue	Devaloka Day	
						Sravana*Adi		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1	Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden Sun 15 Sutra 122 Sobhana 5125	
	Simha Rasi: 8.41	Tithi 1 – 2	Gulika Yama	8:28AM – 10:20AM 4:44AM – 6:36AM	Magha* Until 3:24PM Parigha* Until 2:55PM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Red	Sunrise: 4:44AM Sunset: 7:39PM	
	Creative Work	Amrita Yoga	453516572	Rahu 2:03PM – 3:55PM	Balava Until 2:17AM Fri			Devaloka Day
	Until 3:24PM	Then Creative Work - Siddha Yoga			Prathama* Until 1:03PM	Sravana*Avani		
2	Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden Sun 16 Sutra 123 Sobhana 5125	
	Simha Rasi: 20.32	Tithi 2 – 3	Gulika Yama	6:37AM – 8:29AM 3:54PM – 5:45PM	Purvaphalguni Until 6:23PM Shiva Until 3:54PM	Ganesha: Orange Muruga: Yellow Nataraja: Yellow Moon – Red	Sunrise: 4:46AM Sunset: 7:37PM	
	Creative Work	Siddha Yoga	553516572	Rahu 10:20AM – 12:11PM	Taitila Until 4:41AM Sat			Devaloka Day
					Dvitiya Until 3:29PM	Sravana*Avani		
3	Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Malmö, Sweden Sun 17 Sutra 124 Sobhana 5125	
	Kanya Rasi: 2.25	Tithi 3 – 4	Gulika Yama	4:48AM – 6:39AM 2:02PM – 3:53PM	Uttaraphalguni Until 9:05PM Siddha Until 4:45PM	Ganesha: Orange Muruga: Yellow Nataraja: Yellow Moon – Red	Sunrise: 4:48AM Sunset: 7:34PM	
	Routine Work	Marana Yoga	553516572	Rahu 8:30AM – 10:20AM	Vanija Until 6:54AM Sun			Devaloka Day
					Tritiya Until 5:48PM	Sravana*Avani		
4	Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturthyam Titau				Malmö, Sweden Sun 18 Sutra 125 Sobhana 5125	
	Kanya Rasi: 14.22	Tithi 4	Gulika Yama	3:51PM – 5:42PM 12:11PM – 2:01PM	Hasta Until 11:51PM Sadhya Until 5:26PM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Green	Sunrise: 4:50AM Sunset: 7:32PM	
	Creative Work	Amrita Yoga	563516572	Rahu 5:42PM – 7:32PM	Vanija Until 6:54AM			Devaloka Day
	Until 11:51PM	Then Creative Work - Siddha Yoga			Chaturthi* Until 7:52PM	Sravana*Avani		
5	Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau				Malmö, Sweden Sun 19 Sutra 126 Sobhana 5125	
	Kanya Rasi: 26.26	Tithi 5	Gulika Yama	2:00PM – 3:50PM 10:21AM – 12:11PM	Chitra Until 2:02AM Tue Subha Until 5:50PM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green	Sunrise: 4:52AM Sunset: 7:30PM	
	Family Home Evening		564516572	Rahu 6:41AM – 8:31AM	Bava Until 8:47AM			Bhuloka Day
	Routine Work	Prabalarishta Yoga		Nag Panchami	Panchami Until 9:31PM	Sravana*Avani		Devaloka Time: 3:PM to 6:PM
6	Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau				Malmö, Sweden Sun 20 Sutra 127 Sobhana 5125	
	Tula Rasi: 8.42	Tithi 6	Gulika Yama	12:10PM – 2:00PM 8:32AM – 10:21AM	Svati Until 3:29AM Wed Sukla Until 5:48PM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green	Sunrise: 4:54AM Sunset: 7:27PM	
	Creative Work	Siddha Yoga	564516572	Rahu 3:49PM – 5:38PM	Kaulava Until 10:11AM			Bhuloka Day
					Shashthi* Until 10:38PM	Sravana*Avani		Devaloka Time: 3:PM to 6:PM
D	Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau				Malmö, Sweden Sun 21 Sutra 128 Sobhana 5125	
	Retreat Star		Gulika Yama	10:22AM – 12:10PM 6:44AM – 8:33AM	Vishakha Until 4:34AM Thu Brahma Until 5:14PM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Orange	Sunrise: 4:56AM Sunset: 7:25PM	
	Tula Rasi: 21.14	Tithi 7	574516572	Rahu 12:10PM – 1:59PM	Gara Until 10:57AM			Devaloka Day
	Creative Work	Siddha Yoga			Saptami Until 11:02PM	Sravana*Avani		
D	Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden Sun 22 Sutra 129 Sobhana 5125	
	Retreat Star		Gulika Yama	8:34AM – 10:22AM 4:57AM – 6:46AM	Anuradha Until 4:42AM Fri Indra Until 4:06PM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Orange	Sunrise: 4:57AM Sunset: 7:22PM	
	Vrischika Rasi: 4.06	Tithi 8	574516572	Rahu 1:58PM – 3:46PM	Visti Until 10:58AM			Devaloka Day
	Creative Work	Siddha Yoga			Ashtami* Until 10:40PM	Sravana*Avani		
D	Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden Sun 23 Sutra 130 Sobhana 5125	
	Retreat Star		Gulika Yama	6:47AM – 8:34AM 3:45PM – 5:32PM	Jyeshtha* Until 3:55AM Sat Vaidhriti* Until 2:17PM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Orange	Sunrise: 4:59AM Sunset: 7:20PM	
	Vrischika Rasi: 17.23	Tithi 9	574516572	Rahu 10:22AM – 12:10PM	Balava Until 10:12AM			Devaloka Day
	Routine Work	Marana Yoga		Varalakshmi Vratam	Navami* Until 9:30PM	Sravana*Avani		
D	Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden Sun 23 Sutra 130 Sobhana 5125	
	Retreat Star		Gulika Yama	6:47AM – 8:34AM 3:45PM – 5:32PM	Jyeshtha* Until 3:55AM Sat Vaidhriti* Until 2:17PM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Orange	Sunrise: 4:59AM Sunset: 7:20PM	
	Vrischika Rasi: 17.23	Tithi 9	574516572	Rahu 10:22AM – 12:10PM	Balava Until 10:12AM			Devaloka Day
	Routine Work	Marana Yoga		Varalakshmi Vratam	Navami* Until 9:30PM	Sravana*Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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1	Saturday, August 26, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau				Malmo, Sweden Sun 24 Sutra 131 Sobhana 5125	
	Dhanus Rasi: 1.07	Tithi 10	Gulika	5:01AM – 6:48AM	Mula* Until 2:41AM Sun	Ganesha: White	<i>Sunrise:</i> 5:01AM	
			Yama	1:56PM – 3:43PM	Vishkambha* Until 11:52AM	Muruga: Yellow	<i>Sunset:</i> 7:17PM	Moon 8 - Phase 19 - 24
	Creative Work	Siddha Yoga	584516572 Rahu	8:35AM – 10:22AM	Taitila Until 8:39AM	Nataraja: Yellow		4th Phase
					Dashami Until 7:34PM	Moon – Light Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
						Sravana*Avani		
2	Sunday, August 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau				Malmo, Sweden Sun 25 Sutra 132 Sobhana 5125	
	Dhanus Rasi: 15.19	Tithi 11 – 12	Gulika	3:42PM – 5:28PM	Purvashadha* Until 12:40AM Mon	Ganesha: White	<i>Sunrise:</i> 5:03AM	
			Yama	12:09PM – 1:56PM	Priti Until 8:52AM	Muruga: Yellow	<i>Sunset:</i> 7:15PM	Moon 8 - Phase 19 - 25
	Creative Work	Siddha Yoga	584516572 Rahu	5:28PM – 7:15PM	Vanija Until 6:22AM	Nataraja: Yellow		4th Phase
					Ekadashi Until 4:58PM	Moon – Light Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
						Sravana*Avani		
3	Monday, August 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmo, Sweden Sun 26 Sutra 133 Sobhana 5125	
	Dhanus Rasi: 29.56	Tithi 12 – 13	Gulika	1:55PM – 3:41PM	Uttarashadha Until 10:02PM	Ganesha: White	<i>Sunrise:</i> 5:05AM	
	Family Home Evening		Yama	10:23AM – 12:09PM	Saubhagya Until 1:28AM Tue	Muruga: Yellow	<i>Sunset:</i> 7:12PM	Moon 8 - Phase 19 - 26
	Routine Work	Marana Yoga	584516573 Rahu	6:51AM – 8:37AM	Kaulava Until 12:07AM Tue	Nataraja: White		4th Phase
					Dvadashi Until 1:49PM	Moon – Light Blue	Devaloka Day	
						Sravana*Avani		
					<i>Pradosha Vrata</i>			
4	Tuesday, August 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmo, Sweden Sun 27 Sutra 134 Sobhana 5125	
	Makara Rasi: 14.55	Tithi 13 – 14	Gulika	12:08PM – 1:54PM	Shravana Until 7:19PM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM	
			Yama	8:38AM – 10:23AM	Sobhana Until 9:20PM	Muruga: Yellow	<i>Sunset:</i> 7:10PM	Moon 8 - Phase 19 - 27
	Creative Work	Siddha Yoga	594516573 Rahu	3:39PM – 5:25PM	Gara Until 8:26PM	Nataraja: White		4th Phase
					Trayodashi Until 10:17AM	Moon – Purple	Sivaloka Day	
			Chidambaram Abhishekam			Sravana*Avani		
	Wednesday, August 30, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau				Malmo, Sweden Sutra 135 Sobhana 5125	
	Copper Retreat Star		Gulika	10:23AM – 12:08PM	Dhanishtha Until 4:19PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	
	Kumbha Rasi: 0.06	Tithi 14 – 15	Yama	6:54AM – 8:39AM	Athiganda* Until 5:04PM	Muruga: Yellow	<i>Sunset:</i> 7:07PM	Moon 8 - Phase 19 -
	Routine Work	Prabalarishta Yoga	594516573 Rahu	12:08PM – 1:53PM	Bava Until 2:40AM Thu	Nataraja: White		Purnima
					Chaturdashi* Until 6:30AM	Moon – Purple	Sivaloka Day	
			Avani Avittam			Sravana*Avani		
	Thursday, August 31, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau				Malmo, Sweden Sutra 136 Sobhana 5125	
	Silver Retreat Star		Gulika	8:39AM – 10:24AM	Shatabhishak Until 1:11PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	
	Kumbha Rasi: 15.21	Tithi 16	Yama	5:11AM – 6:55AM	Sukarma Until 12:49PM	Muruga: Yellow	<i>Sunset:</i> 7:05PM	Moon 8 - Phase 19 -
	Creative Work	Siddha Yoga	594516573 Rahu	1:52PM – 3:36PM	Balava Until 12:47PM	Nataraja: White		Prathama
					Prathama* Until 10:55PM	Moon – Purple	Sivaloka Day	
						Sravana*Avani		

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Malmö, Sweden

Sun 1 Sutra 137

Meena Rasi: 0.29

Tithi 17

Gulika

6:56AM – 8:40AM

Purvaproshtapada* Until 10:31AM

Ganesha: Yellow

Sunrise: 5:13AM

Yama

514516573

3:35PM – 5:19PM

Dhriti Until 8:44AM

Muruga: Yellow

Sunset: 7:02PM

Rahu

10:24AM – 12:08PM

Taitila Until 9:10AM

Nataraja: White

Moon 9 - Phase 20 - 1

Creative Work Siddha Yoga

Dvitiya Until 7:27PM

Moon – Clear
Sravana*Avani

Sivaloka Day

1

Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden

Sun 2 Sutra 138

Meena Rasi: 15.23

Tithi 18 – 19

Gulika

5:15AM – 6:58AM

Uttaraproshtapada Until 8:05AM

Ganesha: Red

Sunrise: 5:15AM

Yama

515516573

1:50PM – 3:34PM

Ganda* Until 1:33AM Sun

Muruga: Yellow

Sunset: 7:00PM

Moon 9 - Phase 20 - 2

Rahu

8:41AM – 10:24AM

Bava Until 3:07AM Sun

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Tritiya Until 4:25PM

Moon – Clear
Sravana*Avani

Sivaloka Day

Until 8:05AM

Then Routine Work - Prabalarishta Yoga

2

Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bharu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 139

Meena Rasi: 29.53

Tithi 19 – 20

Gulika

3:32PM – 5:15PM

Revati Until 6:02AM

Ganesha: Red

Sunrise: 5:16AM

Yama

515516573

12:07PM – 1:49PM

Vridhi Until 10:42PM

Muruga: Yellow

Sunset: 6:57PM

Moon 9 - Phase 20 - 3

Rahu

5:15PM – 6:57PM

Kaulava Until 1:00AM Mon

Nataraja: White

1st Phase

Creative Work Amrita Yoga

Chaturthi* Until 1:57PM

Moon – Clear
Sravana*Avani

Sivaloka Day

Until 6:02AM

Then Creative Work - Siddha Yoga

3

Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden

Sun 4 Sutra 140

Mesha Rasi: 13.56

Tithi 20 – 21

Gulika

1:49PM – 3:31PM

Bharani Until 4:28AM Tue

Ganesha: Green

Sunrise: 5:18AM

Yama

525516573

10:25AM – 12:07PM

Dhruva Until 8:26PM

Muruga: Yellow

Sunset: 6:55PM

Moon 9 - Phase 20 - 4

Rahu

7:00AM – 8:42AM

Gara Until 11:39PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Panchami Until 12:12PM

Moon – White
Sravana*Avani

Devaloka Day

4

Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 141

Mesha Rasi: 27.31

Tithi 21 – 22

Gulika

12:06PM – 1:48PM

Krittika Until 4:38AM Wed

Ganesha: Green

Sunrise: 5:20AM

Yama

525516573

8:43AM – 10:25AM

Vyaghata* Until 6:50PM

Muruga: Yellow

Sunset: 6:52PM

Moon 9 - Phase 20 - 5

Rahu

3:29PM – 5:11PM

Visti Until 11:06PM

Nataraja: White

1st Phase

Creative Work Siddha Yoga

Shashthi* Until 11:15AM

Moon – White
Sravana*Avani

Devaloka Day

D

Wednesday, September 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 142

Vrishabha Rasi: 10.38

Tithi 22 – 23

Gulika

10:25AM – 12:06PM

Rohini Until 5:54AM Thu

Ganesha: Orange

Sunrise: 5:22AM

Yama

535516573

7:03AM – 8:44AM

Harshana Until 5:54PM

Muruga: Yellow

Sunset: 6:50PM

Moon 9 - Phase 20 - 6

Rahu

12:06PM – 1:47PM

Balava Until 11:22PM

Nataraja: White

Ashtami

Creative Work Siddha Yoga

Saptami Until 11:07AM

Moon – Yellow
Sravana*Avani

Sivaloka Day

Until 5:54AM Thu

Then Routine Work - Marana Yoga

Krishna Janmashtami

Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden

Sun 7 Sutra 143

Vrishabha Rasi: 23.23

Tithi 23 – 24

Gulika

8:45AM – 10:25AM

Mrigashira Until 7:40AM Fri

Ganesha: Orange

Sunrise: 5:24AM

Yama

535516573

5:24AM – 7:04AM

Vajra* Until 5:30PM

Muruga: Yellow

Sunset: 6:47PM

Moon 9 - Phase 20 - 7

Rahu

1:46PM – 3:26PM

Taitila Until 12:21AM Fri

Nataraja: White

Navami

Routine Work Marana Yoga

Ashtami* Until 11:45AM

Moon – Yellow
Sravana*Avani

Sivaloka Day

Until 7:40AM Fri

Then Creative Work - Siddha Yoga

1	Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Malmö, Sweden
	Mithuna Rasi: 5.48	Tithi 24 – 25	Gulika	7:06AM – 8:46AM	Mrigashira Until 7:40AM	Ganesha: Orange	Sunrise: 5:26AM
			Yama	3:25PM – 5:05PM	Siddhi Until 5:37PM	Muruga: Yellow	Sunset: 6:44PM
	Creative Work	Siddha Yoga	535516573 Rahu	10:25AM – 12:05PM	Vanija Until 1:55AM Sat	Nataraja: White	Moon 9 - Phase 21 - 8
					Navami* Until 1:03PM	Moon – Yellow	2nd Phase
						Sravana*Avani	Sivaloka Day
2	Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Malmö, Sweden
	Mithuna Rasi: 18	Tithi 25 – 26	Gulika	5:28AM – 7:07AM	Ardra Until 9:47AM	Ganesha: Orange	Sunrise: 5:28AM
			Yama	1:44PM – 3:23PM	Vyatipata* Until 6:06PM	Muruga: Yellow	Sunset: 6:42PM
			535516573 Rahu	8:46AM – 10:26AM	Bava Until 3:55AM Sun	Nataraja: White	Moon 9 - Phase 21 - 9
					Dashami Until 2:51PM	Moon – Yellow	2nd Phase
						Sravana*Avani	Sivaloka Day
3	Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bharu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden
	Kataka Rasi: 0.02	Tithi 26 – 27	Gulika	3:22PM – 5:01PM	Punarvasu Until 12:37PM	Ganesha: Purple	Sunrise: 5:30AM
			Yama	12:05PM – 1:43PM	Variyan Until 6:48PM	Muruga: Yellow	Sunset: 6:39PM
			545616573 Rahu	5:01PM – 6:39PM	Kaulava Until 6:11AM Mon	Nataraja: White	Moon 9 - Phase 21 - 10
					Ekadashi* Until 5:00PM	Moon – Blue	2nd Phase
			Grandparent's Day			Sravana*Avani	Devaloka Day
4	Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Malmö, Sweden
	Kataka Rasi: 11.58	Tithi 27	Gulika	1:42PM – 3:20PM	Pushya Until 3:29PM	Ganesha: Light Blue	Sunrise: 5:32AM
	Family Home Evening		Yama	10:26AM – 12:04PM	Parigha* Until 7:41PM	Muruga: Yellow	Sunset: 6:37PM
			546616573 Rahu	7:10AM – 8:48AM	Kaulava Until 6:11AM	Nataraja: White	Moon 9 - Phase 21 - 11
					Dvadashi* Until 7:22PM	Moon – Blue	2nd Phase
						Sravana*Avani	Devaloka Day
5	Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden
	Kataka Rasi: 23.5	Tithi 28	Gulika	12:04PM – 3:41PM	Ashlesha* Until 6:18PM	Ganesha: Light Blue	Sunrise: 5:34AM
			Yama	8:49AM – 10:26AM	Shiva Until 8:38PM	Muruga: Yellow	Sunset: 6:34PM
			546616573 Rahu	3:19PM – 4:57PM	Gara Until 8:37AM	Nataraja: White	Moon 9 - Phase 21 - 12
					Trayodashi* Until 9:49PM	Moon – Blue	2nd Phase
						Sravana*Avani	Devaloka Day
							<i>Pradosha Vrata (Fasting)</i>
6	Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Malmö, Sweden
	Simha Rasi: 5.41	Tithi 29	Gulika	10:26AM – 12:03PM	Magha* Until 9:26PM	Ganesha: Purple	Sunrise: 5:35AM
			Yama	7:12AM – 8:49AM	Siddha Until 9:33PM	Muruga: Yellow	Sunset: 6:32PM
			556616573 Rahu	12:03PM – 1:40PM	Visti Until 11:04AM	Nataraja: White	Moon 9 - Phase 21 - 13
					Chaturdashi* Until 12:16AM Thu	Moon – Red	2nd Phase
						Sravana*Avani	Devaloka Day
	Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Malmö, Sweden
	Retreat Star		Gulika	8:50AM – 10:27AM	Purvaphalguni Until 12:20AM Fri	Ganesha: Purple	Sunrise: 5:37AM
	Simha Rasi: 17.34	Tithi 30	Yama	5:37AM – 7:14AM	Sadhya Until 10:24PM	Muruga: Yellow	Sunset: 6:29PM
			556616573 Rahu	1:40PM – 3:16PM	Catuspada Until 1:28PM	Nataraja: White	Moon 9 - Phase 21 - 14
					Amavasya* Until 2:36AM Fri	Moon – Red	Amavasya
						Sravana*Avani	Devaloka Day
	Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Malmö, Sweden
	Retreat Star		Gulika	7:15AM – 8:51AM	Uttaraphalguni Until 2:53AM Sat	Ganesha: Purple	Sunrise: 5:39AM
	Simha Rasi: 29.29	Tithi 1	Yama	3:15PM – 4:50PM	Subha Until 11:09PM	Muruga: White	Sunset: 6:26PM
			556626573 Rahu	10:27AM – 12:03PM	Kintughna Until 3:44PM	Nataraja: White	Moon 9 - Phase 21 - 15
					Prathama* Until 4:45AM Sat	Moon – Red	Prathama
						Bhadrapada*Avani	Sivaloka Day
							Then Routine Work - Marana Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Saturday, September 16, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Malmö, Sweden
	Kanya Rasi: 11.28	Tithi 2	Gulika	5:41AM – 7:16AM	Hasta Until 5:30AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 5:41AM	Sun 16 Sutra 152
			Yama	1:38PM – 3:13PM	Sukla Until 11:39PM	Muruga: White <i>Sunset:</i> 6:24PM	Sobhana 5125
			566626573 Rahu	8:52AM – 10:27AM	Balava Until 5:46PM	Nataraja: White	Moon 9 - Phase 22 - 16
	Routine Work Marana Yoga				Dvitiya Until 6:38AM Sun	Moon – Green	3rd Phase
	Until 5:30AM Sun					Bhadrapada•Avani	Sivaloka Day
	Then Creative Work - Siddha Yoga						
2	Sunday, September 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden
	Kanya Rasi: 23.34	Tithi 2 – 3	Gulika	3:12PM – 4:46PM	Chitra Until 7:37AM Mon	Ganesha: Light Blue <i>Sunrise:</i> 5:43AM	Sun 17 Sutra 153
			Yama	12:02PM – 1:37PM	Brahma Until 11:56PM	Muruga: White <i>Sunset:</i> 6:21PM	Sobhana 5125
			566626573 Rahu	4:46PM – 6:21PM	Taitila Until 7:28PM	Nataraja: White	Moon 9 - Phase 22 - 17
	Creative Work Siddha Yoga				Dvitiya Until 6:38AM	Moon – Green	3rd Phase
	Until 7:37AM Mon					Bhadrapada•Puratasi	Sivaloka Day
	Then Creative Work - Amrita Yoga						
3	Monday, September 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Malmö, Sweden
	Tula Rasi: 5.5	Tithi 3 – 4	Gulika	1:36PM – 3:10PM	Chitra Until 7:37AM	Ganesha: Light Blue <i>Sunrise:</i> 5:45AM	Sun 18 Sutra 154
	Family Home Evening		Yama	10:27AM – 12:02PM	Indra Until 11:53PM	Muruga: White <i>Sunset:</i> 6:19PM	Sobhana 5125
			566626573 Rahu	7:19AM – 8:53AM	Vanija Until 8:47PM	Nataraja: White	Moon 9 - Phase 22 - 18
	Routine Work Prabalarishta Yoga				Tritiya Until 8:09AM	Moon – Green	3rd Phase
	Until 7:37AM		Ganesha Chaturthi			Bhadrapada•Puratasi	Sivaloka Day
	Then Creative Work - Amrita Yoga						
4	Tuesday, September 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Malmö, Sweden
	Tula Rasi: 18.16	Tithi 4 – 5	Gulika	12:01PM – 1:35PM	Svati Until 9:08AM	Ganesha: Purple <i>Sunrise:</i> 5:47AM	Sun 19 Sutra 155
			Yama	8:54AM – 10:28AM	Vaidhriti* Until 11:26PM	Muruga: White <i>Sunset:</i> 6:16PM	Sobhana 5125
			567626573 Rahu	3:09PM – 4:42PM	Bava Until 9:36PM	Nataraja: White	Moon 9 - Phase 22 - 19
	Creative Work Siddha Yoga				Chaturthi* Until 9:14AM	Moon – Green	3rd Phase
	Until 9:08AM					Bhadrapada•Puratasi	Sivaloka Day
	Then Routine Work - Marana Yoga						
5	Wednesday, September 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtnyam Titau				Malmö, Sweden
	Vrischika Rasi: 0.56	Tithi 5 – 6	Gulika	10:28AM – 12:01PM	Vishakha Until 10:28AM	Ganesha: Clear <i>Sunrise:</i> 5:49AM	Sun 20 Sutra 156
			Yama	7:22AM – 8:55AM	Vishkambha* Until 10:34PM	Muruga: White <i>Sunset:</i> 6:13PM	Sobhana 5125
			577626573 Rahu	12:01PM – 1:34PM	Kaulava Until 9:52PM	Nataraja: White	Moon 9 - Phase 22 - 20
	Creative Work Siddha Yoga				Panchami Until 9:47AM	Moon – Orange	3rd Phase
						Bhadrapada•Puratasi	Subha Sivaloka Day
6	Thursday, September 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shashti/Saptamyam Titau				Malmö, Sweden
	Vrischika Rasi: 13.53	Tithi 6 – 7	Gulika	8:56AM – 10:28AM	Anuradha Until 11:04AM	Ganesha: Clear <i>Sunrise:</i> 5:51AM	Sun 21 Sutra 157
			Yama	5:51AM – 7:23AM	Priti Until 9:13PM	Muruga: White <i>Sunset:</i> 6:11PM	Sobhana 5125
			577626573 Rahu	1:33PM – 3:06PM	Gara Until 9:31PM	Nataraja: White	Moon 9 - Phase 22 - 21
	Creative Work Siddha Yoga				Shashti* Until 9:45AM	Moon – Orange	3rd Phase
	Until 11:04AM					Bhadrapada•Puratasi	Subha Sivaloka Day
	Then Routine Work - Prabalarishta Yoga						
D	Friday, September 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Malmö, Sweden
	Retreat Star		Gulika	7:24AM – 8:56AM	Jyeshtha* Until 10:54AM	Ganesha: Clear <i>Sunrise:</i> 5:52AM	Sun 22 Sutra 158
	Vrischika Rasi: 27.09	Tithi 7 – 8	Yama	3:04PM – 4:36PM	Ayushman Until 7:20PM	Muruga: White <i>Sunset:</i> 6:08PM	Sobhana 5125
			577626573 Rahu	10:28AM – 12:00PM	Visti Until 8:32PM	Nataraja: White	Moon 9 - Phase 22 - 22
	Routine Work Marana Yoga				Saptami Until 9:05AM	Moon – Orange	Ashtami
	Until 10:54AM					Bhadrapada•Puratasi	Subha Sivaloka Day
	Then Creative Work - Amrita Yoga						
	Saturday, September 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Malmö, Sweden
	Retreat Star		Gulika	5:54AM – 7:26AM	Mula* Until 10:24AM	Ganesha: White <i>Sunrise:</i> 5:54AM	Sun 23 Sutra 159
	Dhanus Rasi: 10.47	Tithi 8 – 9	Yama	1:31PM – 3:03PM	Saubhagya Until 4:58PM	Muruga: White <i>Sunset:</i> 6:05PM	Sobhana 5125
			587626573 Rahu	8:57AM – 10:29AM	Balava Until 6:55PM	Nataraja: White	Moon 9 - Phase 22 - 23
	Creative Work Siddha Yoga				Ashtami* Until 7:47AM	Moon – Light Blue	Navami
						Bhadrapada•Puratasi	Sivaloka Day

1	Sunday, September 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Malmö, Sweden	
	Dhanus Rasi: 24.47	Tithi 10	Gulika	3:01PM – 4:32PM	Purvashadha* Until 9:10AM	Ganesha: White	<i>Sunrise:</i> 5:56AM	Sun 24 Sutra 160
			Yama	12:00PM – 1:30PM	Sobhana Until 2:08PM	Muruga: White	<i>Sunset:</i> 6:03PM	Sobhana 5125
			587626573 Rahu	4:32PM – 6:03PM	Taitila Until 4:44PM	Nataraja: White		Moon 9 - Phase 23 - 24
	Creative Work	Siddha Yoga			Dashami Until 3:25AM Mon	Moon – Light Blue		4th Phase
	Until 9:10AM					Bhadrapada*Puratasi	Sivaloka Day	
	Then Creative Work - Amrita Yoga							
2	Monday, September 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden	
	Makara Rasi: 9.09	Tithi 11	Gulika	1:29PM – 3:00PM	Uttarashadha Until 7:15AM	Ganesha: Clear	<i>Sunrise:</i> 5:58AM	Sun 25 Sutra 161
	Family Home Evening		Yama	10:29AM – 11:59AM	Athiganda* Until 10:51AM	Muruga: White	<i>Sunset:</i> 6:00PM	Sobhana 5125
			588626573 Rahu	7:28AM – 8:59AM	Vanija Until 2:02PM	Nataraja: White		Moon 9 - Phase 23 - 25
	Routine Work	Marana Yoga			Ekadashi Until 12:31AM Tue	Moon – Light Blue		4th Phase
	Until 7:15AM					Bhadrapada*Puratasi	Subha Sivaloka Day	
	Then Creative Work - Amrita Yoga							
3	Tuesday, September 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden	
	Makara Rasi: 23.49	Tithi 12	Gulika	11:59AM – 1:29PM	Dhanishtha Until 2:41AM Wed	Ganesha: White	<i>Sunrise:</i> 6:00AM	Sun 26 Sutra 162
			Yama	8:59AM – 10:29AM	Sukarma Until 7:15AM	Muruga: White	<i>Sunset:</i> 5:58PM	Sobhana 5125
			598626573 Rahu	2:58PM – 4:28PM	Bava Until 10:57AM	Nataraja: White		Moon 9 - Phase 23 - 26
	Creative Work	Siddha Yoga			Dvadashi Until 9:17PM	Moon – Purple		4th Phase
	Until 11:53PM					Bhadrapada*Puratasi	Subha Subha Sivaloka Day	
	Then Creative Work - Amrita Yoga							
4	Wednesday, September 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden	
	Kumbha Rasi: 8.43	Tithi 13 – 14	Gulika	10:29AM – 11:59AM	Shatabhishak Until 11:53PM	Ganesha: White	<i>Sunrise:</i> 6:02AM	Sun 27 Sutra 163
			Yama	7:31AM – 9:00AM	Shula* Until 11:25PM	Muruga: White	<i>Sunset:</i> 5:55PM	Sobhana 5125
			598626573 Rahu	11:59AM – 1:28PM	Kaulava Until 7:36AM	Nataraja: White		Moon 9 - Phase 23 - 27
	Creative Work	Siddha Yoga			Trayodashi Until 5:51PM	Moon – Purple		4th Phase
	Until 11:53PM		Chidambaram Abhishekam			Bhadrapada*Puratasi	Subha Subha Sivaloka Day	
	Then Creative Work - Amrita Yoga		Kadaitswami Mahasamadhi		<i>Pradosha Vrata</i>			
	Thursday, September 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden	
	Copper Retreat Star		Gulika	9:01AM – 10:30AM	Purvaproshtapada* Until 9:21PM	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM	Sutra 164
	Kumbha Rasi: 23.44	Tithi 14 – 15	Yama	6:04AM – 7:32AM	Ganda* Until 7:26PM	Muruga: White	<i>Sunset:</i> 5:52PM	Sobhana 5125
			618626573 Rahu	1:27PM – 2:55PM	Visti Until 12:42AM Fri	Nataraja: White		Moon 9 - Phase 23 -
	Creative Work	Siddha Yoga			Chaturdashi* Until 2:23PM	Moon – Clear		Purnima
						Bhadrapada*Puratasi	Subha Sivaloka Day	
	Friday, September 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Malmö, Sweden	
	Silver Retreat Star		Gulika	7:34AM – 9:02AM	Uttaraproshtapada Until 6:50PM	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM	Sutra 165
	Meena Rasi: 8.43	Tithi 15 – 16	Yama	2:54PM – 4:22PM	Vriddhi Until 3:35PM	Muruga: White	<i>Sunset:</i> 5:50PM	Sobhana 5125
			618626573 Rahu	10:30AM – 11:58AM	Balava Until 9:26PM	Nataraja: White		Moon 9 - Phase 23 -
	Creative Work	Siddha Yoga			Purnima* Until 11:01AM	Moon – Clear		Prathama
						Bhadrapada*Puratasi	Subha Sivaloka Day	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

www.gurudeva.org/panchang



Saturday, September 30, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Malmö, Sweden

Sutra 166

Sobhana 5125

Moon 10 - Phase 24 - 1st Phase

Meena Rasi: 23.31 Tithi 16 – 17

618626573

Gulika

6:08AM – 7:35AM

Yama

1:25PM – 2:52PM

Rahu

9:03AM – 10:30AM

Revati Until 4:31PM

Dhruva Until 11:57AM

Taitila Until 6:32PM

Prathama* Until 7:55AM

Ganesha: Yellow

Sunrise: 6:08AM

Muruga: White

Sunset: 5:47PM

Nataraja: White

Moon – Clear

Bhadrapada*Puratasi

Subha Sivaloka Day

Routine Work Prabalarishta Yoga

Until 4:31PM

Then Creative Work - Siddha Yoga

1

Sunday, October 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 167

Sobhana 5125

Moon 10 - Phase 24 - 1st Phase

Mesha Rasi: 8.01 Tithi 18

628626573

Gulika

2:51PM – 4:18PM

Yama

11:57AM – 1:24PM

Rahu

4:18PM – 5:45PM

Ashvini Until 2:57PM

Vyaghata* Until 8:43AM

Vanija Until 4:07PM

Tritiya Until 3:07AM Mon

Ganesha: White

Sunrise: 6:10AM

Muruga: White

Sunset: 5:45PM

Nataraja: White

Moon – White

Bhadrapada*Puratasi

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:57PM

Then Routine Work - Prabalarishta Yoga

2

Monday, October 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden

Sun 2 Sutra 168

Sobhana 5125

Moon 10 - Phase 24 - 2 1st Phase

Mesha Rasi: 22.07 Tithi 19

629626573

Gulika

1:23PM – 2:50PM

Yama

10:31AM – 11:57AM

Rahu

7:38AM – 9:04AM

Bharani Until 1:53PM

Vajra* Until 3:45AM Tue

Bava Until 2:20PM

Chaturthi* Until 1:42AM Tue

Ganesha: Clear

Sunrise: 6:12AM

Muruga: White

Sunset: 5:42PM

Nataraja: White

Moon – White

Bhadrapada*Puratasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:53PM

Then Routine Work - Marana Yoga

3

Tuesday, October 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 169

Sobhana 5125

Moon 10 - Phase 24 - 3 1st Phase

Mrishabha Rasi: 5.47 Tithi 20

629626573

Gulika

11:57AM – 1:22PM

Yama

9:05AM – 10:31AM

Rahu

2:48PM – 4:14PM

Krittika Until 1:23PM

Siddhi Until 2:10AM Wed

Kaulava Until 1:17PM

Panchami Until 1:03AM Wed

Ganesha: Clear

Sunrise: 6:14AM

Muruga: White

Sunset: 5:40PM

Nataraja: White

Moon – White

Bhadrapada*Puratasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 1:23PM

Then Creative Work - Amrita Yoga

4

Wednesday, October 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden

Sun 4 Sutra 170

Sobhana 5125

Moon 10 - Phase 24 - 4 1st Phase

Mrishabha Rasi: 19.01 Tithi 21

639626573

Gulika

10:31AM – 11:56AM

Yama

7:41AM – 9:06AM

Rahu

11:56AM – 1:21PM

Rohini Until 1:58PM

Vyatipata* Until 1:14AM Thu

Gara Until 1:03PM

Shashthi* Until 1:12AM Thu

Ganesha: Purple

Sunrise: 6:15AM

Muruga: White

Sunset: 5:37PM

Nataraja: White

Moon – Yellow

Bhadrapada*Puratasi

Sivaloka Day

Creative Work Siddha Yoga

5

Thursday, October 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan Yoga Visti*Bava Karana Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 171

Sobhana 5125

Moon 10 - Phase 24 - 5 1st Phase

Mithuna Rasi: 1.51 Tithi 22

639726573

Gulika

9:07AM – 10:31AM

Yama

6:17AM – 7:42AM

Rahu

1:21PM – 2:45PM

Mrigashira Until 3:10PM

Variyan Until 12:52AM Fri

Visti Until 1:36PM

Saptami Until 2:07AM Fri

Ganesha: Clear

Sunrise: 6:17AM

Muruga: White

Sunset: 5:34PM

Nataraja: White

Moon – Yellow

Bhadrapada*Puratasi

Subha Sivaloka Day

Routine Work Marana Yoga

D

Friday, October 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 172

Sobhana 5125

Moon 10 - Phase 24 - 6 Ashtami

Mithuna Rasi: 14.2 Tithi 23

639726573

Gulika

7:43AM – 9:08AM

Yama

2:44PM – 4:08PM

Rahu

10:32AM – 11:56AM

Ardra Until 4:53PM

Parigha* Until 1:00AM Sat

Balava Until 2:51PM

Ashtami* Until 3:42AM Sat

Ganesha: Clear

Sunrise: 6:19AM

Muruga: White

Sunset: 5:32PM

Nataraja: White

Moon – Yellow

Bhadrapada*Puratasi

Subha Sivaloka Day

Creative Work Siddha Yoga

Saturday, October 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 7 Sutra 173

Sobhana 5125

Moon 10 - Phase 24 - 7 Navami

Mithuna Rasi: 26.34 Tithi 24

649726573

Gulika

6:21AM – 7:45AM

Yama

1:19PM – 2:42PM

Rahu

9:08AM – 10:32AM

Punarvasu Until 7:28PM

Shiva Until 1:33AM Sun

Taitila Until 4:42PM

Navami* Until 5:45AM Sun

Ganesha: Purple

Sunrise: 6:21AM

Muruga: White

Sunset: 5:29PM

Nataraja: White

Moon – Blue

Bhadrapada*Puratasi

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

1	Sunday, October 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Siddha Yoga Vanija Karana Dashamyam Titau				Sun 8 Sutra 174		
	Kataka Rasi: 8.35	Tithi 25	Gulika	2:41PM – 4:04PM	Pushya Until 10:14PM	Ganesha: Purple	Sunrise: 6:23AM	Sobhana 5125	
			Yama	11:55AM – 1:18PM	Siddha Until 2:19AM Mon	Muruga: White	Sunset: 5:27PM	Moon 10 - Phase 25 - 8	
	Creative Work	Siddha Yoga	649726574 Rahu	4:04PM – 5:27PM	Vanija Until 6:56PM	Nataraja: Clear		2nd Phase	
				Dashami Until 8:07AM Mon		Subha Sivaloka Day Bhadrapada•Puratasi			
2	Monday, October 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Sun 9 Sutra 175		
	Kataka Rasi: 20.3	Tithi 25 – 26	Gulika	1:17PM – 2:40PM	Ashlesha* Until 1:02AM Tue	Ganesha: Blue	Sunrise: 6:25AM	Sobhana 5125	
	Family Home Evening		Yama	10:32AM – 11:55AM	Sadhya Until 3:13AM Tue	Muruga: White	Sunset: 5:24PM	Moon 10 - Phase 25 - 9	
	Creative Work	Siddha Yoga	641726574 Rahu	7:48AM – 9:10AM	Bava Until 9:23PM	Nataraja: Clear		2nd Phase	
				Dashami Until 8:07AM		Subha Sivaloka Day Bhadrapada•Puratasi			
3	Tuesday, October 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10 Sutra 176		
	Simha Rasi: 2.22	Tithi 26 – 27	Gulika	11:55AM – 1:16PM	Magha* Until 4:11AM Wed	Ganesha: Red	Sunrise: 6:27AM	Sobhana 5125	
			Yama	9:11AM – 10:33AM	Subha Until 4:08AM Wed	Muruga: White	Sunset: 5:22PM	Moon 10 - Phase 25 - 10	
	Creative Work	Siddha Yoga	651726574 Rahu	2:38PM – 4:00PM	Kaulava Until 11:53PM	Nataraja: Clear		2nd Phase	
		Until 4:11AM Wed Then Creative Work - Amrita Yoga		Ekadashi* Until 10:37AM		Sivaloka Day Bhadrapada•Puratasi			
4	Wednesday, October 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 177		
	Simha Rasi: 14.13	Tithi 27 – 28	Gulika	10:33AM – 11:54AM	Purvaphalguni Until 7:02AM Thu	Ganesha: Red	Sunrise: 6:29AM	Sobhana 5125	
			Yama	7:50AM – 9:12AM	Sukla Until 4:55AM Thu	Muruga: White	Sunset: 5:19PM	Moon 10 - Phase 25 - 11	
	Creative Work	Amrita Yoga	651726574 Rahu	11:54AM – 1:16PM	Gara Until 2:16AM Thu	Nataraja: Clear		2nd Phase	
				Dvadashi* Until 1:04PM		Sivaloka Day Bhadrapada•Puratasi			
				Pradosha Vrata (Fasting)					
5	Thursday, October 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 178		
	Simha Rasi: 26.08	Tithi 28 – 29	Gulika	9:13AM – 10:33AM	Purvaphalguni Until 7:02AM	Ganesha: Red	Sunrise: 6:31AM	Sobhana 5125	
			Yama	6:31AM – 7:52AM	Brahma Until 5:31AM Fri	Muruga: White	Sunset: 5:17PM	Moon 10 - Phase 25 - 12	
	Creative Work	Siddha Yoga	651726574 Rahu	1:15PM – 2:35PM	Visti Until 4:24AM Fri	Nataraja: Clear		2nd Phase	
				Trayodashi* Until 3:21PM		Sivaloka Day Bhadrapada•Puratasi			
6	Friday, October 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 179		
	Kanya Rasi: 8.1	Tithi 29 – 30	Gulika	7:53AM – 9:13AM	Uttaraphalguni Until 9:27AM	Ganesha: Red	Sunrise: 6:33AM	Sobhana 5125	
			Yama	2:34PM – 3:54PM	Indra Until 5:52AM Sat	Muruga: White	Sunset: 5:14PM	Moon 10 - Phase 25 - 13	
	Creative Work	Siddha Yoga	651726574 Rahu	10:34AM – 11:54AM	Catuspada Until 6:11AM Sat	Nataraja: Clear		2nd Phase	
		Until 9:27AM Then Creative Work - Amrita Yoga		Chaturdashi* Until 5:19PM		Sivaloka Day Bhadrapada•Puratasi			
●	Saturday, October 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14 Sutra 180		
	Retreat Star		Gulika	6:35AM – 7:55AM	Hasta Until 11:52AM	Ganesha: Yellow	Sunrise: 6:35AM	Sobhana 5125	
	Kanya Rasi: 20.2	Tithi 30	Yama	1:13PM – 2:33PM	Vaidhriti* Until 5:52AM Sun	Muruga: White	Sunset: 5:12PM	Moon 10 - Phase 25 - 14	
	Routine Work	Marana Yoga	661726574 Rahu	9:14AM – 10:34AM	Catuspada Until 6:11AM	Nataraja: Clear		Amavasya	
		Mahalaya Amavasai (Tamil Nadu)		Amavasya* Until 6:54PM		Sivaloka Day Bhadrapada•Puratasi			
	Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15 Sutra 181		
	Retreat Star		Gulika	2:31PM – 3:50PM	Chitra Until 1:41PM	Ganesha: Yellow	Sunrise: 6:37AM	Sobhana 5125	
	Tula Rasi: 2.4	Tithi 1	Yama	11:53AM – 1:12PM	Vishkambha* Until 5:31AM Mon	Muruga: White	Sunset: 5:09PM	Moon 10 - Phase 25 - 15	
	Creative Work	Siddha Yoga	661726574 Rahu	3:50PM – 5:09PM	Kintughna Until 7:33AM	Nataraja: Clear		Prathama	
		Navaratri Begins		Prathama* Until 8:02PM		Sivaloka Day Ashvina•Puratasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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1	Monday, October 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 16		Sutra 182
	Tula Rasi: 15.12	Tithi 2	Gulika	1:12PM – 2:30PM	Svati Until 2:54PM	Ganesha: Yellow	Sunrise: 6:39AM	Sobhana 5125	
	Family Home Evening	661726574	Yama	10:35AM – 11:53AM	Priti Until 4:50AM Tue	Muruga: White	Sunset: 5:07PM	Moon 10 - Phase 26 - 16	
	Creative Work	Amrita Yoga	Rahu	7:58AM – 9:16AM	Balava Until 8:27AM	Nataraja: Clear		3rd Phase	
	Until 2:54PM				Dvitiya Until 8:43PM	Moon – Green			
Then Routine Work - Marana Yoga						Ashvina*Puratasi		Sivaloka Day	
2	Tuesday, October 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 17		Sutra 183
	Tula Rasi: 27.57	Tithi 3	Gulika	11:53AM – 1:11PM	Vishakha Until 3:58PM	Ganesha: Red	Sunrise: 6:41AM	Sobhana 5125	
			Yama	9:17AM – 10:35AM	Ayushman Until 3:45AM Wed	Muruga: White	Sunset: 5:05PM	Moon 10 - Phase 26 - 17	
		671726574	Rahu	2:29PM – 3:47PM	Taitila Until 8:53AM	Nataraja: Clear		3rd Phase	
	Routine Work	Marana Yoga			Tritiya Until 8:55PM	Moon – Orange			
Until 3:58PM						Ashvina*Aipasi		Sivaloka Day	
Then Creative Work - Siddha Yoga									
3	Wednesday, October 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 18		Sutra 184
	Vrischika Rasi: 10.56	Tithi 4	Gulika	10:35AM – 11:53AM	Anuradha Until 4:27PM	Ganesha: Red	Sunrise: 6:43AM	Sobhana 5125	
			Yama	8:01AM – 9:18AM	Saubhagya Until 2:19AM Thu	Muruga: White	Sunset: 5:02PM	Moon 10 - Phase 26 - 18	
		671726574	Rahu	11:53AM – 1:10PM	Vanija Until 8:52AM	Nataraja: Clear		3rd Phase	
	Creative Work	Siddha Yoga			Chaturthi* Until 8:40PM	Moon – Orange			
						Ashvina*Aipasi		Sivaloka Day	
4	Thursday, October 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau				Sun 19		Sutra 185
	Vrischika Rasi: 24.08	Tithi 5	Gulika	9:19AM – 10:36AM	Jyeshtha* Until 4:20PM	Ganesha: Red	Sunrise: 6:45AM	Sobhana 5125	
			Yama	6:45AM – 8:02AM	Sobhana Until 12:34AM Fri	Muruga: White	Sunset: 5:00PM	Moon 10 - Phase 26 - 19	
		671726574	Rahu	1:09PM – 2:26PM	Bava Until 8:23AM	Nataraja: Clear		3rd Phase	
	Routine Work	Prabalarishta Yoga			Panchami Until 7:58PM	Moon – Orange			
Until 4:20PM						Ashvina*Aipasi		Sivaloka Day	
Then Creative Work - Siddha Yoga									
5	Friday, October 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Sun 20		Sutra 186
	Dhanus Rasi: 7.35	Tithi 6	Gulika	8:04AM – 9:20AM	Mula* Until 4:07PM	Ganesha: Yellow	Sunrise: 6:47AM	Sobhana 5125	
			Yama	2:25PM – 3:41PM	Athiganda* Until 10:28PM	Muruga: White	Sunset: 4:57PM	Moon 10 - Phase 26 - 20	
		682726574	Rahu	10:36AM – 11:52AM	Kaulava Until 7:29AM	Nataraja: Clear		3rd Phase	
	Creative Work	Amrita Yoga			Shashthi* Until 6:52PM	Moon – Light Blue			
Until 4:07PM						Ashvina*Aipasi		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga									
6	Saturday, October 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Sun 21		Sutra 187
	Dhanus Rasi: 21.16	Tithi 7 – 8	Gulika	6:49AM – 8:05AM	Purvashadha* Until 3:21PM	Ganesha: Yellow	Sunrise: 6:49AM	Sobhana 5125	
			Yama	1:08PM – 2:24PM	Sukarma Until 8:04PM	Muruga: White	Sunset: 4:55PM	Moon 10 - Phase 26 - 21	
		682726574	Rahu	9:21AM – 10:36AM	Gara Until 6:11AM	Nataraja: Clear		3rd Phase	
	Creative Work	Siddha Yoga			Saptami Until 5:22PM	Moon – Light Blue			
Until 3:21PM						Ashvina*Aipasi		Sivaloka Day	
Then Routine Work - Marana Yoga									
D	Sunday, October 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 22		Sutra 188
	Retreat Star		Gulika	2:22PM – 3:37PM	Uttarashadha Until 2:05PM	Ganesha: Yellow	Sunrise: 6:51AM	Sobhana 5125	
	Makara Rasi: 5.1	Tithi 8 – 9	Yama	11:52AM – 1:07PM	Dhriti Until 5:22PM	Muruga: White	Sunset: 4:53PM	Moon 10 - Phase 26 - 22	
		682726574	Rahu	3:37PM – 4:53PM	Balava Until 2:27AM Mon	Nataraja: Clear		Ashtami	
	Creative Work	Amrita Yoga			Ashtami* Until 3:30PM	Moon – Light Blue			
		Durga Ashtami				Ashvina*Aipasi		Sivaloka Day	
1	Monday, October 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 23		Sutra 189
	Retreat Star		Gulika	1:06PM – 2:21PM	Shravana Until 12:45PM	Ganesha: White	Sunrise: 6:53AM	Sobhana 5125	
	Makara Rasi: 19.18	Tithi 9 – 10	Yama	10:37AM – 11:52AM	Shula* Until 2:23PM	Muruga: White	Sunset: 4:50PM	Moon 10 - Phase 26 - 23	
	Family Home Evening	692726574	Rahu	8:08AM – 9:23AM	Taitila Until 12:06AM Tue	Nataraja: Clear		Navami	
	Creative Work	Amrita Yoga			Navami* Until 1:17PM	Moon – Purple			
Until 12:45PM		Saraswathi Puja (Tamil Nadu)				Ashvina*Aipasi		Devaloka Day	
Then Creative Work - Siddha Yoga									

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Malmö, Sweden	
	Kumbha Rasi: 3.38	Tithi 10 – 11	Gulika	11:52AM – 1:06PM	Dhanishtha Until 11:00AM	Ganesha: White	<i>Sunrise:</i> 6:55AM	Sun 24 Sutra 190
			Yama	9:24AM – 10:38AM	Ganda* Until 11:11AM	Muruga: White	<i>Sunset:</i> 4:48PM	Sobhana 5125
			692726574 Rahu	2:20PM – 3:34PM	Vanija Until 9:30PM	Nataraja: Clear		Moon 10 - Phase 27 - 24
	Creative Work	Siddha Yoga				Moon – Purple		4th Phase
	Until 11:00AM		Vijaya Dasami	Dashami Until 10:48AM		Ashvina•Aipasi	Devaloka Day	
	Then Routine Work - Marana Yoga							
2	Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden	
	Kumbha Rasi: 18.08	Tithi 11 – 12	Gulika	10:38AM – 11:52AM	Shatabhishak Until 8:55AM	Ganesha: White	<i>Sunrise:</i> 6:57AM	Sun 25 Sutra 191
			Yama	8:11AM – 9:25AM	Vridhhi Until 7:50AM	Muruga: White	<i>Sunset:</i> 4:46PM	Sobhana 5125
			692726574 Rahu	11:52AM – 1:05PM	Bava Until 6:44PM	Nataraja: Clear		Moon 10 - Phase 27 - 25
	Creative Work	Siddha Yoga				Moon – Purple		4th Phase
	Until 8:55AM				Ekadashi Until 8:07AM	Ashvina•Aipasi	Devaloka Day	
	Then Creative Work - Amrita Yoga							
3	Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden	
	Meena Rasi: 2.43	Tithi 13	Gulika	9:25AM – 10:38AM	Purvaproshtapada* Until 7:00AM	Ganesha: Purple	<i>Sunrise:</i> 7:00AM	Sun 26 Sutra 192
			Yama	7:00AM – 8:13AM	Vyaghata* Until 12:54AM Fri	Muruga: White	<i>Sunset:</i> 4:43PM	Sobhana 5125
			612726574 Rahu	1:04PM – 2:17PM	Kaulava Until 3:55PM	Nataraja: Clear		Moon 10 - Phase 27 - 26
	Creative Work	Siddha Yoga				Moon – Clear		4th Phase
					Trayodashi Until 2:31AM Fri	Ashvina•Aipasi	Devaloka Day	
					<i>Pradosha Vrata</i>			
4	Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden	
	Meena Rasi: 17.17	Tithi 14	Gulika	8:14AM – 9:26AM	Revati Until 2:54AM Sat	Ganesha: Purple	<i>Sunrise:</i> 7:02AM	Sun 27 Sutra 193
			Yama	2:16PM – 3:29PM	Harshana Until 9:32PM	Muruga: White	<i>Sunset:</i> 4:41PM	Sobhana 5125
			612726574 Rahu	10:39AM – 11:51AM	Gara Until 1:10PM	Nataraja: Clear		Moon 10 - Phase 27 - 27
	Creative Work	Siddha Yoga				Moon – Clear		4th Phase
					Chaturdashi* Until 11:50PM	Ashvina•Aipasi	Devaloka Day	
	Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden	
	Copper Retreat Star		Gulika	7:04AM – 8:16AM	Ashvini Until 1:24AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:04AM	Sutra 194
	Mesha Rasi: 1.46	Tithi 15	Yama	1:03PM – 2:15PM	Vajra* Until 6:21PM	Muruga: White	<i>Sunset:</i> 4:39PM	Sobhana 5125
			622726574 Rahu	9:27AM – 10:39AM	Visti Until 10:36AM	Nataraja: Clear		Moon 10 - Phase 27 -
	Creative Work	Siddha Yoga				Moon – White		Purnima
	Until 1:24AM Sun				Purnima* Until 9:25PM	Ashvina•Aipasi	Sivaloka Day	
	Then Routine Work - Prabalarishta Yoga							
	Sunday, October 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden	
	Silver Retreat Star		Gulika	2:14PM – 3:25PM	Bharani Until 12:10AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:06AM	Sutra 195
	Mesha Rasi: 16.02	Tithi 16	Yama	11:51AM – 1:03PM	Siddhi Until 3:28PM	Muruga: White	<i>Sunset:</i> 4:37PM	Sobhana 5125
			622726574 Rahu	3:25PM – 4:37PM	Balava Until 8:21AM	Nataraja: Clear		Moon 10 - Phase 27 -
	Routine Work	Prabalarishta Yoga				Moon – White		Prathama
	Until 12:10AM Mon				Prathama* Until 7:23PM	Ashvina•Aipasi	Sivaloka Day	
	Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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**Monday, October 30, 2023****Gold Retreat Star**

Vrishabha Rasi: 0.01 Tithi 17 – 18
Family Home Evening
 Routine Work Marana Yoga
 Until 11:20PM
 Then Creative Work - Amrita Yoga

Gulika **1:02PM – 2:13PM**
 Yama 10:40AM – 11:51AM
 622826574 **Rahu** **8:19AM – 9:29AM**

Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Kritika Nakshatra Vyatipata* Variyan Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Kritika Until 11:20PM
 Vyatipata* Until 1:01PM
 Taitila Until 6:34AM
Dvitiya Until 5:52PM

Ganesha: White *Sunrise:* 7:08AM
Muruga: White *Sunset:* 4:35PM
Nataraja: Clear
 Moon – White
Ashvina•Aipasi

Malmö, Sweden
 Sun 1 Sutra 196
 Sobhana 5125
 Moon 11 - Phase 28 - 1
 1st Phase

Subha Sivaloka Day**1****Tuesday, October 31, 2023**

Vrishabha Rasi: 13.39 Tithi 18 – 19
 Creative Work Amrita Yoga
 Until 11:26PM
 Then Creative Work - Siddha Yoga

Gulika **11:51AM – 1:01PM**
 Yama 9:30AM – 10:41AM
 632826574 **Rahu** **2:12PM – 3:22PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Rohini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rohini Until 11:26PM
 Variyan Until 11:01AM
 Bava Until 4:51AM Wed
Tritiya Until 5:00PM

Ganesha: Yellow *Sunrise:* 7:10AM
Muruga: White *Sunset:* 4:32PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Malmö, Sweden
 Sun 2 Sutra 197
 Sobhana 5125
 Moon 11 - Phase 28 - 2
 1st Phase

Sivaloka Day**2****Wednesday, November 1, 2023**

Vrishabha Rasi: 26.55 Tithi 19 – 20
 Creative Work Siddha Yoga
 Until 12:06AM Thu
 Then Routine Work - Marana Yoga

Gulika **10:41AM – 11:51AM**
 Yama 8:22AM – 9:31AM
 632826574 **Rahu** **11:51AM – 1:01PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mrigashira Until 12:06AM Thu
 Parigha* Until 9:34AM
 Kaulava Until 5:03AM Thu
Chaturthi* Until 4:50PM

Ganesha: Yellow *Sunrise:* 7:12AM
Muruga: White *Sunset:* 4:30PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Malmö, Sweden
 Sun 3 Sutra 198
 Sobhana 5125
 Moon 11 - Phase 28 - 3
 1st Phase

Sivaloka Day**3****Thursday, November 2, 2023**

Mithuna Rasi: 9.47 Tithi 20 – 21
 Routine Work Marana Yoga
 Until 1:18AM Fri
 Then Creative Work - Siddha Yoga

Gulika **9:33AM – 10:42AM**
 Yama 7:14AM – 8:23AM
 633826574 **Rahu** **1:00PM – 2:10PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Ardra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Ardra Until 1:18AM Fri
 Shiva Until 8:42AM
 Gara Until 5:58AM Fri
Panchami Until 5:24PM

Ganesha: White *Sunrise:* 7:14AM
Muruga: White *Sunset:* 4:28PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Malmö, Sweden
 Sun 4 Sutra 199
 Sobhana 5125
 Moon 11 - Phase 28 - 4
 1st Phase

Devaloka Day**4****Friday, November 3, 2023**

Mithuna Rasi: 22.2 Tithi 21
 Creative Work Siddha Yoga

Gulika **8:25AM – 9:34AM**
 Yama 2:09PM – 3:17PM
 643826574 **Rahu** **10:42AM – 11:51AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija Karana Shashthyam Titau

Punarvasu Until 3:28AM Sat
 Siddha Until 8:22AM
 Vanija Until 6:40PM
Shashthi* Until 6:40PM

Ganesha: Yellow *Sunrise:* 7:16AM
Muruga: White *Sunset:* 4:26PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Malmö, Sweden
 Sun 5 Sutra 200
 Sobhana 5125
 Moon 11 - Phase 28 - 5
 1st Phase

Sivaloka Day**5****Saturday, November 4, 2023**

Kataka Rasi: 4.37 Tithi 22
 Creative Work Siddha Yoga

Gulika **7:18AM – 8:26AM**
 Yama 12:59PM – 2:08PM
 643826574 **Rahu** **9:35AM – 10:43AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
 Pushya Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Pushya Until 5:59AM Sun
 Sadhya Until 8:32AM
 Visti Until 7:33AM
Saptami Until 8:31PM

Ganesha: Yellow *Sunrise:* 7:18AM
Muruga: White *Sunset:* 4:24PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Malmö, Sweden
 Sun 6 Sutra 201
 Sobhana 5125
 Moon 11 - Phase 28 - 6
 1st Phase

Sivaloka Day**D****Sunday, November 5, 2023****Retreat Star**

Kataka Rasi: 16.4 Tithi 23
 Creative Work Siddha Yoga
 Until 8:40AM Mon
 Then Routine Work - Marana Yoga

Gulika **2:07PM – 3:14PM**
 Yama 11:51AM – 12:59PM
 643826574 **Rahu** **3:14PM – 4:22PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ashlesha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Ashlesha* Until 8:40AM Mon
 Subha Until 9:05AM
 Balava Until 9:39AM
Ashtami* Until 10:48PM

Ganesha: Yellow *Sunrise:* 7:20AM
Muruga: White *Sunset:* 4:22PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Malmö, Sweden
 Sun 7 Sutra 202
 Sobhana 5125
 Moon 11 - Phase 28 - 7
 Ashtami

Sivaloka Day**Monday, November 6, 2023****Retreat Star**

Kataka Rasi: 28.35 Tithi 24
Family Home Evening
 Creative Work Siddha Yoga
 Until 8:40AM
 Then Routine Work - Marana Yoga

Gulika **12:58PM – 2:06PM**
 Yama 10:44AM – 11:51AM
 643826574 **Rahu** **8:29AM – 9:37AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Ashlesha* Until 8:40AM
 Sukla Until 9:52AM
 Taitila Until 12:04PM
Navami* Until 1:19AM Tue

Ganesha: Yellow *Sunrise:* 7:22AM
Muruga: White *Sunset:* 4:20PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Malmö, Sweden
 Sun 8 Sutra 203
 Sobhana 5125
 Moon 11 - Phase 28 - 8
 Navami

Sivaloka Day

1	Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Dashamyam Titau					Sun 9 Sutra 204 Sobhana 5125	
	Simha Rasi: 10.26	Tithi 25	Gulika 11:51AM – 12:58PM Yama 9:38AM – 10:44AM 753826574 Rahu 2:05PM – 3:11PM	Magha* Until 11:50AM Brahma Until 10:45AM Vanija Until 2:37PM Dashami Until 3:50AM Wed		Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red	Sunrise: 7:24AM Sunset: 4:18PM	Moon 11 - Phase 29 - 9	2nd Phase
	Creative Work	Siddha Yoga	Sivaloka Day Ashvina•Aipasi						
2	Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau					Sun 10 Sutra 205 Sobhana 5125	
	Simha Rasi: 22.19	Tithi 26	Gulika 10:45AM – 11:51AM Yama 8:33AM – 9:39AM 753826574 Rahu 11:51AM – 12:57PM	Purvaphalguni Until 2:45PM Indra Until 11:36AM Bava Until 5:03PM Ekadashi* Until 6:09AM Thu		Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red	Sunrise: 7:26AM Sunset: 4:16PM	Moon 11 - Phase 29 - 10	2nd Phase
	Creative Work	Amrita Yoga	Sivaloka Day Ashvina•Aipasi						
3	Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau					Sun 11 Sutra 206 Sobhana 5125	
	Kanya Rasi: 4.16	Tithi 26 – 27	Gulika 9:40AM – 10:46AM Yama 7:28AM – 8:34AM 753826574 Rahu 12:57PM – 2:03PM	Uttaraphalguni Until 5:13PM Vaidhriti* Until 12:13PM Kaulava Until 7:11PM Ekadashi* Until 6:09AM		Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red	Sunrise: 7:28AM Sunset: 4:14PM	Moon 11 - Phase 29 - 11	2nd Phase
	Amrita Yoga Until 5:13PM Then Routine Work - Marana Yoga		Sivaloka Day Ashvina•Aipasi						
4	Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau					Sun 12 Sutra 207 Sobhana 5125	
	Kanya Rasi: 16.22	Tithi 27 – 28	Gulika 8:36AM – 9:41AM Yama 2:02PM – 3:07PM 763826574 Rahu 10:46AM – 11:51AM	Hasta Until 7:36PM Vishkambha* Until 12:32PM Gara Until 8:52PM Dvadashi* Until 8:04AM		Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green	Sunrise: 7:30AM Sunset: 4:12PM	Moon 11 - Phase 29 - 12	2nd Phase
	Creative Work	Amrita Yoga Until 7:36PM Then Creative Work - Siddha Yoga	Devaloka Day Ashvina•Aipasi Pradosha Vrata (Fasting)						
5	Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Sun 13 Sutra 208 Sobhana 5125	
	Kanya Rasi: 28.41	Tithi 28 – 29	Gulika 7:33AM – 8:37AM Yama 12:56PM – 2:01PM 763826574 Rahu 9:42AM – 10:47AM	Chitra Until 9:16PM Priti Until 12:27PM Visti Until 9:58PM Trayodashi* Until 9:28AM		Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green	Sunrise: 7:33AM Sunset: 4:11PM	Moon 11 - Phase 29 - 13	2nd Phase
	Routine Work	Marana Yoga Until 9:16PM Then Creative Work - Siddha Yoga	Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day		Devaloka Day Ashvina•Aipasi				
●	Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Sun 14 Sutra 209 Sobhana 5125	
	Retreat Star		Gulika 2:00PM – 3:04PM Yama 11:52AM – 12:56PM 763826574 Rahu 3:04PM – 4:09PM	Svati Until 10:12PM Ayushman Until 11:53AM Catuspada Until 10:28PM Chaturdashi* Until 10:16AM		Ganesha: Blue Muruga: White Nataraja: Clear Moon – Green	Sunrise: 7:35AM Sunset: 4:09PM	Moon 11 - Phase 29 - 14	Amavasya
	Tula Rasi: 11.16	Tithi 29 – 30	Devaloka Day Ashvina•Aipasi						
	Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau					Sun 15 Sutra 210 Sobhana 5125	
	Retreat Star		Gulika 12:56PM – 1:59PM Yama 10:48AM – 11:52AM 773826574 Rahu 8:40AM – 9:44AM	Vishakha Until 10:52PM Saubhagya Until 10:52AM Kintughna Until 10:22PM Amavasya* Until 10:28AM		Ganesha: Blue Muruga: White Nataraja: Clear Moon – Orange	Sunrise: 7:37AM Sunset: 4:07PM	Moon 11 - Phase 29 - 15	Prathama
	Tula Rasi: 24.07	Tithi 30 – 1	Devaloka Day Karttika•Aipasi						
Family Home Evening		Marana Yoga							
Routine Work		Marana Yoga							
Until 10:52PM		Skanda Shasthi Begins							
Then Creative Work - Siddha Yoga									

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Tuesday, November 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden
	Vrischika Rasi: 7.16	Tithi 1 – 2	Gulika 11:52AM – 12:55PM	Anuradha Until 10:52PM	Ganesha: Blue	<i>Sunrise:</i> 7:39AM	Sun 16 Sutra 211
			Yama 9:45AM – 10:49AM	Sobhana Until 9:25AM	Muruga: White	<i>Sunset:</i> 4:05PM	Sobhana 5125
	773826574	Rahu 1:59PM – 3:02PM		Balava Until 9:45PM	Nataraja: Clear		Moon 11 - Phase 30 - 16
Creative Work Siddha Yoga				Prathama* Until 10:06AM	Moon – Orange		3rd Phase
Until 10:52PM					Karttika•Aipasi	Devaloka Day	
Then Routine Work - Marana Yoga							
2	Wednesday, November 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden
	Vrischika Rasi: 20.4	Tithi 2 – 3	Gulika 10:49AM – 11:52AM	Jyeshtha* Until 10:18PM	Ganesha: Blue	<i>Sunrise:</i> 7:41AM	Sun 17 Sutra 212
			Yama 8:44AM – 9:46AM	Athiganda* Until 7:34AM	Muruga: White	<i>Sunset:</i> 4:04PM	Sobhana 5125
	773826574	Rahu 11:52AM – 12:55PM		Taitila Until 8:42PM	Nataraja: Clear		Moon 11 - Phase 30 - 17
Creative Work Siddha Yoga				Dvitiya Until 9:15AM	Moon – Orange		3rd Phase
Until 10:18PM					Karttika•Aipasi	Devaloka Day	
Then Routine Work - Marana Yoga							
3	Thursday, November 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Malmö, Sweden
	Dhanus Rasi: 4.18	Tithi 3 – 4	Gulika 9:47AM – 10:50AM	Mula* Until 9:41PM	Ganesha: Yellow	<i>Sunrise:</i> 7:43AM	Sun 18 Sutra 213
			Yama 7:43AM – 8:45AM	Dhriti Until 3:01AM Fri	Muruga: White	<i>Sunset:</i> 4:02PM	Sobhana 5125
	784826574	Rahu 12:55PM – 1:57PM		Vanija Until 7:18PM	Nataraja: Clear		Moon 11 - Phase 30 - 18
Creative Work Siddha Yoga				Tritiya Until 8:01AM	Moon – Light Blue		3rd Phase
					Karttika•Karttikai	Sivaloka Day	
4	Friday, November 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Malmö, Sweden
	Dhanus Rasi: 18.07	Tithi 4 – 5	Gulika 8:47AM – 9:49AM	Purvashadha* Until 8:42PM	Ganesha: Yellow	<i>Sunrise:</i> 7:45AM	Sun 19 Sutra 214
			Yama 1:56PM – 2:58PM	Shula* Until 12:25AM Sat	Muruga: White	<i>Sunset:</i> 4:00PM	Sobhana 5125
	784826575	Rahu 10:51AM – 11:52AM		Balava Until 4:44AM Sat	Nataraja: Purple		Moon 11 - Phase 30 - 19
Routine Work Prabalarishta Yoga				Chaturthi* Until 6:29AM	Moon – Light Blue		3rd Phase
Until 8:42PM					Karttika•Karttikai	Subha Sivaloka Day	
Then Routine Work - Marana Yoga							
5	Saturday, November 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Malmö, Sweden
	Makara Rasi: 2.04	Tithi 6	Gulika 7:47AM – 8:48AM	Uttarashadha Until 7:24PM	Ganesha: Yellow	<i>Sunrise:</i> 7:47AM	Sun 20 Sutra 215
			Yama 12:54PM – 1:56PM	Ganda* Until 9:43PM	Muruga: White	<i>Sunset:</i> 3:59PM	Sobhana 5125
	784826575	Rahu 9:50AM – 10:51AM		Kaulava Until 3:49PM	Nataraja: Purple		Moon 11 - Phase 30 - 20
Routine Work Marana Yoga				Shashthi* Until 2:51AM Sun	Moon – Light Blue		3rd Phase
Until 7:24PM			Skanda Shasthi		Karttika•Karttikai	Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							
6	Sunday, November 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Gara/Vanija Karana Saptamyam Titau				Malmö, Sweden
	Makara Rasi: 16.07	Tithi 7	Gulika 1:55PM – 2:56PM	Shravana Until 6:17PM	Ganesha: White	<i>Sunrise:</i> 7:49AM	Sun 21 Sutra 216
			Yama 11:53AM – 12:54PM	Vriddhi Until 6:56PM	Muruga: White	<i>Sunset:</i> 3:57PM	Sobhana 5125
	794826575	Rahu 2:56PM – 3:57PM		Gara Until 1:53PM	Nataraja: Purple		Moon 11 - Phase 30 - 21
Creative Work Amrita Yoga				Saptami Until 12:52AM Mon	Moon – Purple		3rd Phase
Until 6:17PM					Karttika•Karttikai	Subha Subha Sivaloka Day	
Then Routine Work - Marana Yoga							
D	Monday, November 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden
	Retreat Star		Gulika 12:54PM – 1:54PM	Dhanishtha Until 4:56PM	Ganesha: White	<i>Sunrise:</i> 7:51AM	Sun 22 Sutra 217
	Kumbha Rasi: 0.13	Tithi 8	Yama 10:52AM – 11:53AM	Dhruva Until 4:05PM	Muruga: White	<i>Sunset:</i> 3:56PM	Sobhana 5125
	794826575	Rahu 8:51AM – 9:52AM		Visti Until 11:52AM	Nataraja: Purple		Moon 11 - Phase 30 - 22
Family Home Evening				Ashtami* Until 10:49PM	Moon – Purple		Ashtami
Creative Work Siddha Yoga					Karttika•Karttikai	Subha Subha Sivaloka Day	
	Tuesday, November 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosanthapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden
	Retreat Star		Gulika 11:53AM – 12:54PM	Shatabhishak Until 3:25PM	Ganesha: White	<i>Sunrise:</i> 7:52AM	Sun 23 Sutra 218
	Kumbha Rasi: 14.21	Tithi 9	Yama 9:53AM – 10:53AM	Vyaghata* Until 1:12PM	Muruga: White	<i>Sunset:</i> 3:54PM	Sobhana 5125
	794826575	Rahu 1:54PM – 2:54PM		Balava Until 9:48AM	Nataraja: Purple		Moon 11 - Phase 30 - 23
Routine Work Marana Yoga				Navami* Until 8:44PM	Moon – Purple		Navami
					Karttika•Karttikai	Subha Subha Sivaloka Day	

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau					Malmö, Sweden	
	Kumbha Rasi: 28.3	Tithi 10	Gulika	10:54AM – 11:54AM	Purvaproshtapada* Until 2:11PM	Ganesha: White	Sunrise: 7:54AM	Sun 24	Sutra 219
			Yama	8:54AM – 9:54AM	Harshana Until 10:19AM	Muruga: White	Sunset: 3:53PM	Moon 11 - Phase 31 - 24	Sobhana 5125
			714826575 Rahu	11:54AM – 12:54PM	Taitila Until 7:43AM	Nataraja: Purple		4th Phase	
	Creative Work	Amrita Yoga			Dashami Until 6:40PM	Moon – Clear		Subha Subha Sivaloka Day	
Until 2:11PM					Karttika•Karttikai				
Then Creative Work - Siddha Yoga									
2	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau					Malmö, Sweden	
	Meena Rasi: 12.38	Tithi 11 – 12	Gulika	9:55AM – 10:55AM	Uttaraproshtapada Until 12:50PM	Ganesha: White	Sunrise: 7:56AM	Sun 25	Sutra 220
			Yama	7:56AM – 8:56AM	Vajra* Until 7:26AM	Muruga: White	Sunset: 3:52PM	Moon 11 - Phase 31 - 25	Sobhana 5125
			714826575 Rahu	12:53PM – 1:53PM	Bava Until 3:39AM Fri	Nataraja: Purple		4th Phase	
	Creative Work	Siddha Yoga			Ekadashi Until 4:37PM	Moon – Clear		Subha Subha Sivaloka Day	
					Karttika•Karttikai				
3	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau					Malmö, Sweden	
	Meena Rasi: 26.44	Tithi 12 – 13	Gulika	8:57AM – 9:56AM	Revati Until 11:25AM	Ganesha: Clear	Sunrise: 7:58AM	Sun 26	Sutra 221
			Yama	1:52PM – 2:51PM	Vyatipata* Until 1:56AM Sat	Muruga: White	Sunset: 3:50PM	Moon 11 - Phase 31 - 26	Sobhana 5125
			714926575 Rahu	10:55AM – 11:54AM	Kaulava Until 1:48AM Sat	Nataraja: Purple		4th Phase	
	Creative Work	Siddha Yoga			Dvadashi Until 2:41PM	Moon – Clear		Subha Sivaloka Day	
Until 11:25AM					Karttika•Karttikai				
Then Creative Work - Amrita Yoga				Pradosha Vrata					
4	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau					Malmö, Sweden	
	Mesha Rasi: 10.44	Tithi 13 – 14	Gulika	8:00AM – 8:59AM	Ashvini Until 10:27AM	Ganesha: Purple	Sunrise: 8:00AM	Sun 27	Sutra 222
			Yama	12:53PM – 1:52PM	Variyan Until 11:22PM	Muruga: White	Sunset: 3:49PM	Moon 11 - Phase 31 - 27	Sobhana 5125
			724926575 Rahu	9:57AM – 10:56AM	Gara Until 12:09AM Sun	Nataraja: Purple		4th Phase	
	Creative Work	Siddha Yoga			Trayodashi Until 12:55PM	Moon – White		Sivaloka Day	
					Karttika•Karttikai				
	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau					Malmö, Sweden	
	Copper Retreat Star		Gulika	1:51PM – 2:50PM	Bharani Until 9:35AM	Ganesha: Purple	Sunrise: 8:02AM	Sutra 223	
	Mesha Rasi: 24.36	Tithi 14 – 15	Yama	11:55AM – 12:53PM	Parigha* Until 9:05PM	Muruga: White	Sunset: 3:48PM	Moon 11 - Phase 31 -	Sobhana 5125
			724926575 Rahu	2:50PM – 3:48PM	Visti Until 10:48PM	Nataraja: Purple		Purnima	
	Routine Work	Prabalarishta Yoga			Chaturdashi* Until 11:25AM	Moon – White		Sivaloka Day	
Until 9:35AM			Krittika Deepam		Karttika•Karttikai				
Then Creative Work - Siddha Yoga									
	Monday, November 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau					Malmö, Sweden	
	Silver Retreat Star		Gulika	12:53PM – 1:51PM	Krittika Until 8:55AM	Ganesha: Purple	Sunrise: 8:04AM	Sutra 224	
	Vrishabha Rasi: 8.16	Tithi 15 – 16	Yama	10:57AM – 11:55AM	Shiva Until 7:07PM	Muruga: White	Sunset: 3:47PM	Moon 11 - Phase 31 -	Sobhana 5125
	Family Home Evening		724926575 Rahu	9:01AM – 9:59AM	Balava Until 9:53PM	Nataraja: Purple		Prathama	
	Routine Work	Marana Yoga			Purnima* Until 10:16AM	Moon – White		Sivaloka Day	
Until 8:55AM					Karttika•Karttikai				
Then Creative Work - Amrita Yoga			Vinayaga Viratam Begins						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Malmö, Sweden

Sutra 225

Sobhana 5125

Moon 12 - Phase 32 -
1st Phase

Vrisabha Rasi: 21.4 Tithi 16 – 17

Gulika 11:56AM – 12:53PM
Yama 10:00AM – 10:58AM
734926575 Rahu 1:51PM – 2:48PMRohini Until 9:00AM
Siddha Until 5:31PM
Taitila Until 9:28PMGanesha: Clear Sunrise: 8:05AM
Muruga: White Sunset: 3:46PM
Nataraja: Purple
Moon – Yellow
Karttika•Karttikai

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 9:00AM

Then Creative Work - Siddha Yoga

1

Wednesday, November 29, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 226

Sobhana 5125

Moon 12 - Phase 32 - 1
1st Phase

Mithuna Rasi: 4.47 Tithi 17 – 18

Gulika 10:59AM – 11:56AM
Yama 9:04AM – 10:01AM
735926575 Rahu 11:56AM – 12:53PMMrigashira Until 9:28AM
Sadhya Until 4:23PM
Vanija Until 9:38PM
Dvitiya Until 9:27AMGanesha: Purple Sunrise: 8:07AM
Muruga: White Sunset: 3:45PM
Nataraja: Purple
Moon – Yellow
Karttika•Karttikai

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

2

Thursday, November 30, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Malmö, Sweden

Sun 2 Sutra 227

Sobhana 5125

Moon 12 - Phase 32 - 2
1st Phase

Mithuna Rasi: 17.37 Tithi 18 – 19

Gulika 10:02AM – 10:59AM
Yama 8:09AM – 9:06AM
735926575 Rahu 12:53PM – 1:50PMArdra Until 10:21AM
Subha Until 3:44PM
Bava Until 10:26PM
Tritiya Until 9:56AMGanesha: Purple Sunrise: 8:09AM
Muruga: White Sunset: 3:44PM
Nataraja: Purple
Moon – Yellow
Karttika•Karttikai

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 10:21AM

Then Creative Work - Amrita Yoga

3

Friday, December 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 228

Sobhana 5125

Moon 12 - Phase 32 - 3
1st Phase

Kataka Rasi: 0.09 Tithi 19 – 20

Gulika 9:07AM – 10:03AM
Yama 1:50PM – 2:46PM
745926575 Rahu 11:00AM – 11:57AMPunarvasu Until 12:10PM
Sukla Until 3:31PM
Kaulava Until 11:51PM
Chaturthi* Until 11:02AMGanesha: Clear Sunrise: 8:10AM
Muruga: White Sunset: 3:43PM
Nataraja: Purple
Moon – Blue
Karttika•Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:10PM

Then Routine Work - Marana Yoga

4

Saturday, December 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashtyayam Titau

Malmö, Sweden

Sun 4 Sutra 229

Sobhana 5125

Moon 12 - Phase 32 - 4
1st Phase

Kataka Rasi: 12.25 Tithi 20 – 21

Gulika 8:12AM – 9:08AM
Yama 12:53PM – 1:50PM
745926575 Rahu 10:04AM – 11:01AMPushya Until 2:23PM
Brahma Until 3:46PM
Gara Until 1:48AM Sun
Panchami Until 12:44PMGanesha: Clear Sunrise: 8:12AM
Muruga: White Sunset: 3:42PM
Nataraja: Purple
Moon – Blue
Karttika•Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 2:23PM

Then Routine Work - Marana Yoga

5

Sunday, December 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bharu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashti/Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 230

Sobhana 5125

Moon 12 - Phase 32 - 5
1st Phase

Kataka Rasi: 24.29 Tithi 21 – 22

Gulika 1:49PM – 2:45PM
Yama 11:57AM – 12:53PM
745926575 Rahu 2:45PM – 3:41PMAshlesha* Until 4:53PM
Indra Until 4:23PM
Visti Until 4:11AM Mon
Shashti* Until 2:56PMGanesha: Clear Sunrise: 8:13AM
Muruga: White Sunset: 3:41PM
Nataraja: Purple
Moon – Blue
Karttika•Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:53PM

Then Routine Work - Marana Yoga

6

Monday, December 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 231

Sobhana 5125

Moon 12 - Phase 32 - 6
1st Phase

Simha Rasi: 6.24 Tithi 22 – 23

Gulika 12:54PM – 1:49PM
Yama 11:02AM – 11:58AM
755926575 Rahu 9:11AM – 10:06AMMagha* Until 8:01PM
Vaidhriti* Until 5:12PM
Balava Until 6:47AM Tue
Saptami Until 5:27PMGanesha: White Sunrise: 8:15AM
Muruga: White Sunset: 3:41PM
Nataraja: Purple
Moon – Red
Karttika•Karttikai

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 8:01PM

Then Creative Work - Siddha Yoga

D

Tuesday, December 5, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden

Sun 7 Sutra 232

Sobhana 5125

Moon 12 - Phase 32 - 7
Ashtami

Simha Rasi: 18.15 Tithi 23

Gulika 11:58AM – 12:54PM
Yama 10:07AM – 11:03AM
755936575 Rahu 1:49PM – 2:45PMPurvaphalguni Until 11:03PM
Vishkambha* Until 6:06PM
Balava Until 6:47AM
Ashtami* Until 8:04PMGanesha: White Sunrise: 8:17AM
Muruga: Clear Sunset: 3:40PM
Nataraja: Purple
Moon – Red
Karttika•Karttikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 11:03PM

Then Creative Work - Amrita Yoga

Wednesday, December 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 8 Sutra 233

Sobhana 5125

Moon 12 - Phase 32 - 8
Navami

Kanya Rasi: 0.05 Tithi 24

Gulika 11:04AM – 11:59AM
Yama 9:13AM – 10:08AM
755936575 Rahu 11:59AM – 12:54PMUttaraphalguni Until 1:44AM Thu
Priti Until 6:55PM
Taitila Until 9:21AM
Navami* Until 10:31PMGanesha: White Sunrise: 8:18AM
Muruga: Clear Sunset: 3:39PM
Nataraja: Purple
Moon – Red
Karttika•Karttikai

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 1:44AM Thu

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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1	Thursday, December 7, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Malmö, Sweden Sun 9 Sutra 234	
	Kanya Rasi: 12.02	Tithi 25	Gulika Yama	10:09AM – 11:04AM 8:19AM – 9:14AM	Hasta Until 4:21AM Fri Ayushman Until 7:26PM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Green	Sunrise: 8:19AM Sunset: 3:39PM	Sobhana 5125 Moon 12 - Phase 33 - 9 2nd Phase
	Routine Work	Marana Yoga	765936575	Rahu 12:54PM – 1:49PM	Vanija Until 11:38AM	Sivaloka Day Karttika•Karttikai		
	Until 4:21AM Fri				Dashami Until 12:35AM Fri			
	Then Creative Work - Siddha Yoga							
2	Friday, December 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Malmö, Sweden Sun 10 Sutra 235	
	Kanya Rasi: 24.1	Tithi 26	Gulika Yama	9:15AM – 10:10AM 1:49PM – 2:44PM	Chitra Until 6:12AM Sat Saubhagya Until 7:32PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Green	Sunrise: 8:21AM Sunset: 3:38PM	Sobhana 5125 Moon 12 - Phase 33 - 10 2nd Phase
	Creative Work	Siddha Yoga	766936575	Rahu 11:05AM – 12:00PM	Bava Until 1:25PM	Devaloka Day Karttika•Karttikai		
					Ekadashi* Until 2:02AM Sat			
3	Saturday, December 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau				Malmö, Sweden Sun 11 Sutra 236	
	Tula Rasi: 6.33	Tithi 27	Gulika Yama	8:22AM – 9:17AM 12:55PM – 1:49PM	Chitra Until 6:12AM Sobhana Until 7:06PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Green	Sunrise: 8:22AM Sunset: 3:38PM	Sobhana 5125 Moon 12 - Phase 33 - 11 2nd Phase
	Routine Work	Marana Yoga	766936575	Rahu 10:11AM – 11:06AM	Kaulava Until 2:30PM	Devaloka Day Karttika•Karttikai		
	Until 6:12AM				Dvadashi* Until 2:45AM Sun			
	Then Creative Work - Siddha Yoga							
4	Sunday, December 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Malmö, Sweden Sun 12 Sutra 237	
	Tula Rasi: 19.16	Tithi 28	Gulika Yama	1:49PM – 2:43PM 12:00PM – 12:55PM	Svati Until 7:11AM Athiganda* Until 6:04PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Green	Sunrise: 8:23AM Sunset: 3:38PM	Sobhana 5125 Moon 12 - Phase 33 - 12 2nd Phase
	Creative Work	Siddha Yoga	766936575	Rahu 2:43PM – 3:38PM	Gara Until 2:50PM	Devaloka Day Karttika•Karttikai		
	Until 7:11AM				Trayodashi* Until 2:42AM Mon			
	Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>			
5	Monday, December 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Malmö, Sweden Sun 13 Sutra 238	
	Vrishchika Rasi: 2.22	Tithi 29	Gulika Yama	12:55PM – 1:49PM 11:07AM – 12:01PM	Vishakha Until 7:44AM Sukarma Until 4:28PM	Ganesha: Green Muruga: Clear Nataraja: Purple Moon – Orange	Sunrise: 8:24AM Sunset: 3:37PM	Sobhana 5125 Moon 12 - Phase 33 - 13 2nd Phase
	Family Home Evening		776936575	Rahu 9:19AM – 10:13AM	Visti Until 2:25PM	Devaloka Day Karttika•Karttikai		
	Routine Work	Marana Yoga			Chaturdashi* Until 1:56AM Tue			
	Until 7:44AM							
	Tuesday, December 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Malmö, Sweden Sun 14 Sutra 239	
	Retreat Star		Gulika Yama	12:01PM – 12:55PM 10:14AM – 11:07AM	Anuradha Until 7:27AM Dhriti Until 2:21PM	Ganesha: Green Muruga: Clear Nataraja: Purple Moon – Orange	Sunrise: 8:26AM Sunset: 3:37PM	Sobhana 5125 Moon 12 - Phase 33 - 14 Amavasya
	Vrishchika Rasi: 15.5	Tithi 30	776936575	Rahu 1:49PM – 2:43PM	Catuspada Until 1:19PM	Devaloka Day Karttika•Karttikai		
	Creative Work	Siddha Yoga			Amavasya* Until 12:32AM Wed			
	Until 7:27AM							
	Wednesday, December 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Malmö, Sweden Sun 15 Sutra 240	
	Retreat Star		Gulika Yama	11:08AM – 12:02PM 9:20AM – 10:14AM	Jyeshtha* Until 6:26AM Shula* Until 11:46AM	Ganesha: Green Muruga: Clear Nataraja: Purple Moon – Orange	Sunrise: 8:27AM Sunset: 3:37PM	Sobhana 5125 Moon 12 - Phase 33 - 15 Prathama
	Vrishchika Rasi: 29.39	Tithi 1	776936575	Rahu 12:02PM – 12:56PM	Kintughna Until 11:40AM	Devaloka Day Margasira•Karttikai		
	Creative Work	Siddha Yoga			Prathama* Until 10:39PM			
	Until 6:26AM							
	Then Routine Work - Marana Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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1	Thursday, December 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvitiyayam Titau					Malmö, Sweden
	Dhanus Rasi: 13.46	Tithi 2	Gulika	10:15AM – 11:09AM	Purvashadha* Until 3:38AM Fri	Ganesha: White	Sunrise: 8:28AM	Sun 16 Sutra 241
			Yama	8:28AM – 9:21AM	Ganda* Until 8:52AM	Muruga: White	Sunset: 3:37PM	Sobhana 5125
		786937575	Rahu	12:56PM – 1:50PM	Balava Until 9:35AM	Nataraja: Purple		Moon 12 - Phase 34 - 16
	Creative Work	Siddha Yoga			Dvitiya Until 8:25PM	Moon – Light Blue		3rd Phase
	Until 3:38AM Fri				Margasira•Karttikai		Sivaloka Day	
	Then Routine Work - Marana Yoga							
2	Friday, December 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau					Malmö, Sweden
	Dhanus Rasi: 28.04	Tithi 3 – 4	Gulika	9:22AM – 10:16AM	Uttarashadha Until 1:44AM Sat	Ganesha: White	Sunrise: 8:29AM	Sun 17 Sutra 242
			Yama	1:50PM – 2:44PM	Dhruva Until 2:30AM Sat	Muruga: White	Sunset: 3:37PM	Sobhana 5125
		786937575	Rahu	11:09AM – 12:03PM	Taitila Until 7:14AM	Nataraja: Purple		Moon 12 - Phase 34 - 17
	Routine Work	Marana Yoga			Tritiya Until 5:59PM	Moon – Light Blue		3rd Phase
	Until 1:44AM Sat				Margasira•Karttikai		Sivaloka Day	
	Then Creative Work - Siddha Yoga							
3	Saturday, December 16, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau					Malmö, Sweden
	Makara Rasi: 12.28	Tithi 4 – 5	Gulika	8:30AM – 9:23AM	Shravana Until 12:05AM Sun	Ganesha: Purple	Sunrise: 8:30AM	Sun 18 Sutra 243
			Yama	12:57PM – 1:50PM	Vyaghata* Until 11:15PM	Muruga: White	Sunset: 3:37PM	Sobhana 5125
		797937575	Rahu	10:17AM – 11:10AM	Bava Until 2:16AM Sun	Nataraja: Purple		Moon 12 - Phase 34 - 18
	Creative Work	Siddha Yoga			Chaturthi* Until 3:29PM	Moon – Purple		3rd Phase
	Until 12:05AM Sun		Markali Pillaiyar		Margasira•Markali		Subha Subha Sivaloka Day	
	Then Routine Work - Marana Yoga							
4	Sunday, December 17, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashtyham Titau					Malmö, Sweden
	Makara Rasi: 26.52	Tithi 5 – 6	Gulika	1:51PM – 2:44PM	Dhanishtha Until 10:23PM	Ganesha: Clear	Sunrise: 8:30AM	Sun 19 Sutra 244
			Yama	12:04PM – 12:57PM	Harshana Until 8:04PM	Muruga: White	Sunset: 3:37PM	Sobhana 5125
		897937575	Rahu	2:44PM – 3:37PM	Kaulava Until 11:53PM	Nataraja: Purple		Moon 12 - Phase 34 - 19
	Routine Work	Marana Yoga			Panchami Until 1:02PM	Moon – Purple		3rd Phase
	Until 10:23PM		Vinayaga Viratam Ends		Margasira•Markali		Subha Sivaloka Day	
	Then Creative Work - Siddha Yoga							
5	Monday, December 18, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashti/Saptamyam Titau					Malmö, Sweden
	Kumbha Rasi: 11.11	Tithi 6 – 7	Gulika	12:58PM – 1:51PM	Shatabhishak Until 8:42PM	Ganesha: Clear	Sunrise: 8:31AM	Sun 20 Sutra 245
	Family Home Evening		Yama	11:11AM – 12:04PM	Vajra* Until 5:00PM	Muruga: White	Sunset: 3:38PM	Sobhana 5125
		897937575	Rahu	9:25AM – 10:18AM	Gara Until 9:40PM	Nataraja: Purple		Moon 12 - Phase 34 - 20
	Creative Work	Siddha Yoga			Shashti* Until 10:44AM	Moon – Purple		3rd Phase
	Until 8:42PM				Margasira•Markali		Subha Sivaloka Day	
	Then Routine Work - Marana Yoga							
D	Tuesday, December 19, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau					Malmö, Sweden
	Retreat Star		Gulika	12:05PM – 12:58PM	Purvaproshtapada* Until 7:32PM	Ganesha: Clear	Sunrise: 8:32AM	Sun 21 Sutra 246
	Kumbha Rasi: 25.23	Tithi 7 – 8	Yama	10:18AM – 11:12AM	Siddhi Until 2:07PM	Muruga: White	Sunset: 3:38PM	Sobhana 5125
		817137575	Rahu	1:51PM – 2:45PM	Visti Until 7:41PM	Nataraja: Purple		Moon 12 - Phase 34 - 21
	Routine Work	Marana Yoga			Saptami Until 8:38AM	Moon – Clear		Ashtami
	Until 7:32PM				Margasira•Markali		Subha Sivaloka Day	
	Then Creative Work - Amrita Yoga							
	Wednesday, December 20, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau					Malmö, Sweden
	Retreat Star		Gulika	11:12AM – 12:05PM	Uttaraproshtapada Until 6:29PM	Ganesha: Clear	Sunrise: 8:33AM	Sun 22 Sutra 247
	Meena Rasi: 9.25	Tithi 8 – 9	Yama	9:26AM – 10:19AM	Vyatipata* Until 11:27AM	Muruga: White	Sunset: 3:38PM	Sobhana 5125
		817137575	Rahu	12:05PM – 12:59PM	Kaulava Until 5:10AM Thu	Nataraja: Purple		Moon 12 - Phase 34 - 22
	Creative Work	Siddha Yoga			Ashtami* Until 6:46AM	Moon – Clear		Navami
	Until 6:29PM				Margasira•Markali		Subha Sivaloka Day	
	Then Routine Work - Marana Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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1	Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau				Malmö, Sweden Sun 23 Sutra 248 Sobhana 5125	
	Meena Rasi: 23.18	Tithi 10	Gulika 10:20AM – 11:13AM	Revati Until 5:32PM	Ganesha: Clear	Sunrise: 8:33AM		
			Yama 8:33AM – 9:26AM	Variyan Until 8:58AM	Muruga: White	Sunset: 3:39PM	Moon 12 - Phase 35 - 23	
		817137575	Rahu 12:59PM – 1:52PM	Taitila Until 4:29PM	Nataraja: Purple		4th Phase	
	Creative Work Siddha Yoga Until 5:32PM Then Creative Work - Amrita Yoga		Day 1 of Pancha Ganapati	Dashami Until 3:50AM Fri	Moon – Clear		Subha Sivaloka Day Margasira*Markali	
2	Friday, December 22, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden Sun 24 Sutra 249 Sobhana 5125	
	Mesha Rasi: 7.01	Tithi 11	Gulika 9:27AM – 10:20AM	Ashvini Until 5:08PM	Ganesha: Clear	Sunrise: 8:34AM		
			Yama 1:53PM – 2:46PM	Parigha* Until 6:42AM	Muruga: White	Sunset: 3:39PM	Moon 12 - Phase 35 - 24	
		828137575	Rahu 11:13AM – 12:06PM	Vanija Until 3:17PM	Nataraja: Purple		4th Phase	
	Creative Work Amrita Yoga Until 5:08PM Then Creative Work - Siddha Yoga		Vaikuntha Ekadasi Gita Jayanthi Day 2 of Pancha Ganapati	Ekadashi Until 2:46AM Sat	Moon – White		Subha Sivaloka Day Margasira*Markali	
3	Saturday, December 23, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden Sun 25 Sutra 250 Sobhana 5125	
	Mesha Rasi: 20.34	Tithi 12	Gulika 8:34AM – 9:27AM	Bharani Until 4:51PM	Ganesha: Clear	Sunrise: 8:34AM		
			Yama 1:00PM – 1:53PM	Siddha Until 2:48AM Sun	Muruga: White	Sunset: 3:40PM	Moon 12 - Phase 35 - 25	
		828137575	Rahu 10:21AM – 11:14AM	Bava Until 2:21PM	Nataraja: Purple		4th Phase	
	Creative Work Siddha Yoga Until 4:51PM Then Creative Work - Amrita Yoga		Day 3 of Pancha Ganapati	Dvadashi Until 1:58AM Sun	Moon – White		Subha Sivaloka Day Margasira*Markali	
4	Sunday, December 24, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden Sun 26 Sutra 251 Sobhana 5125	
	Vrishabha Rasi: 3.59	Tithi 13	Gulika 1:54PM – 2:47PM	Krittika Until 4:42PM	Ganesha: Clear	Sunrise: 8:35AM		
			Yama 12:07PM – 1:01PM	Sadhya Until 1:12AM Mon	Muruga: White	Sunset: 3:40PM	Moon 12 - Phase 35 - 26	
		828137575	Rahu 2:47PM – 3:40PM	Kaulava Until 1:42PM	Nataraja: Purple		4th Phase	
	Creative Work Siddha Yoga		Day 4 of Pancha Ganapati	Trayodashi Until 1:28AM Mon	Moon – White		Subha Sivaloka Day Margasira*Markali	
Pradosha Vrata								
5	Monday, December 25, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden Sun 27 Sutra 252 Sobhana 5125	
	Vrishabha Rasi: 17.13	Tithi 14	Gulika 1:01PM – 1:55PM	Rohini Until 5:10PM	Ganesha: White	Sunrise: 8:35AM		
	Family Home Evening		Yama 11:15AM – 12:08PM	Subha Until 11:53PM	Muruga: White	Sunset: 3:41PM	Moon 12 - Phase 35 - 27	
		838137575	Rahu 9:28AM – 10:21AM	Gara Until 1:22PM	Nataraja: Purple		4th Phase	
	Creative Work Amrita Yoga		Day 5 of Pancha Ganapati	Chaturdashi* Until 1:19AM Tue	Moon – Yellow		Sivaloka Day Margasira*Markali	
O	Tuesday, December 26, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden Sutra 253 Sobhana 5125	
	Copper Retreat Star		Gulika 12:09PM – 1:02PM	Mrigashira Until 5:52PM	Ganesha: White	Sunrise: 8:35AM		
	Mithuna Rasi: 0.17	Tithi 15	Yama 10:22AM – 11:15AM	Sukla Until 10:51PM	Muruga: White	Sunset: 3:42PM	Moon 12 - Phase 35 -	
		838137575	Rahu 1:55PM – 2:49PM	Visti Until 1:25PM	Nataraja: Purple		Purnima	
	Creative Work Siddha Yoga Until 5:52PM Then Routine Work - Marana Yoga			Purnima* Until 1:35AM Wed	Moon – Yellow		Sivaloka Day Margasira*Markali	
O	Wednesday, December 27, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden Sutra 254 Sobhana 5125	
	Silver Retreat Star		Gulika 11:16AM – 12:09PM	Ardra Until 6:49PM	Ganesha: White	Sunrise: 8:35AM		
	Mithuna Rasi: 13.08	Tithi 16	Yama 9:29AM – 10:22AM	Brahma Until 10:10PM	Muruga: White	Sunset: 3:43PM	Moon 12 - Phase 35 -	
		838137576	Rahu 12:09PM – 1:02PM	Balava Until 1:54PM	Nataraja: Clear		Prathama	
	Creative Work Siddha Yoga			Prathama* Until 2:18AM Thu	Moon – Yellow		Devaloka Day Margasira*Markali	
Ardra Darshanam								



Thursday, December 28, 2023

Gold Retreat Star

Mithuna Rasi: 25.46 Tithi 17

Creative Work Amrita Yoga

Gulika 10:23AM – 11:16AM
Yama 8:36AM – 9:29AM
849137576 **Rahu** 1:03PM – 1:57PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Tritiyayam Titau

Punarvasu Until 8:34PM

Indra Until 9:52PM

Taitila Until 2:51PM

Dvitiya Until 3:30AM Fri

Ganesha: Yellow *Sunrise:* 8:36AM

Muruga: White *Sunset:* 3:44PM

Nataraja: Clear

Moon – Blue

Margasira*Markali

Sivaloka Day

Malmö, Sweden

Sutra 255

Sobhana 5125

Moon 13 - Phase 36 - 1st Phase

1

Friday, December 29, 2023

Kataka Rasi: 8.11 Tithi 18

Routine Work Marana Yoga

Gulika 9:29AM – 10:23AM
Yama 1:57PM – 2:51PM
849137576 **Rahu** 11:16AM – 12:10PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Tritiyayam Titau

Pushya Until 10:38PM

Vaidhriti* Until 9:56PM

Vanija Until 4:19PM

Tritiya Until 5:13AM Sat

Ganesha: Blue *Sunrise:* 8:36AM

Muruga: White *Sunset:* 3:45PM

Nataraja: Clear

Moon – Blue

Margasira*Markali

Subha Sivaloka Day

Malmö, Sweden

Sun 1 Sutra 256

Sobhana 5125

Moon 13 - Phase 36 - 1st Phase

2

Saturday, December 30, 2023

Kataka Rasi: 20.23 Tithi 19

Routine Work Marana Yoga

Gulika 8:36AM – 9:29AM
Yama 1:04PM – 1:58PM
849137576 **Rahu** 10:23AM – 11:17AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha* Yoga Bava Karana Chaturthiyam Titau

Ashlesha* Until 12:59AM Sun

Vishkambha* Until 10:22PM

Bava Until 6:17PM

Chaturthi* Until 7:24AM Sun

Ganesha: Blue *Sunrise:* 8:36AM

Muruga: White *Sunset:* 3:46PM

Nataraja: Clear

Moon – Blue

Margasira*Markali

Subha Sivaloka Day

Malmö, Sweden

Sun 2 Sutra 257

Sobhana 5125

Moon 13 - Phase 36 - 2nd Phase

3

Sunday, December 31, 2023

Simha Rasi: 2.25 Tithi 19 – 20

Routine Work Marana Yoga

Until 4:02AM Mon

Then Creative Work - Siddha Yoga

Gulika 1:59PM – 2:53PM
Yama 12:11PM – 1:05PM
859137576 **Rahu** 2:53PM – 3:47PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Magha* Until 4:02AM Mon

Priti Until 11:06PM

Kaulava Until 8:39PM

Chaturthi* Until 7:24AM

Ganesha: Red *Sunrise:* 8:35AM

Muruga: White *Sunset:* 3:47PM

Nataraja: Clear

Moon – Red

Margasira*Markali

Sivaloka Day

Malmö, Sweden

Sun 3 Sutra 258

Sobhana 5125

Moon 13 - Phase 36 - 3rd Phase

4

Monday, January 1, 2024

Simha Rasi: 14.17 Tithi 20 – 21

Family Home Evening

Creative Work Siddha Yoga

Until 7:07AM Tue

Then Creative Work - Amrita Yoga

Gulika 1:06PM – 2:00PM
Yama 11:18AM – 12:12PM
859137576 **Rahu** 9:29AM – 10:24AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Purvaphalguni Until 7:07AM Tue

Ayushman Until 12:00AM Tue

Gara Until 11:17PM

Panchami Until 9:55AM

Ganesha: Red *Sunrise:* 8:35AM

Muruga: White *Sunset:* 3:49PM

Nataraja: Clear

Moon – Red

Margasira*Markali

Sivaloka Day

Malmö, Sweden

Sun 4 Sutra 259

Sobhana 5125

Moon 13 - Phase 36 - 4th Phase

5

Tuesday, January 2, 2024

Simha Rasi: 26.06 Tithi 21 – 22

Creative Work Siddha Yoga

Until 7:07AM

Then Creative Work - Amrita Yoga

Gulika 12:13PM – 1:07PM
Yama 10:24AM – 11:18AM
859137576 **Rahu** 2:01PM – 2:56PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Purvaphalguni Until 7:07AM

Saubhagya Until 12:57AM Wed

Visti Until 1:59AM Wed

Shashthi* Until 12:37PM

Ganesha: Red *Sunrise:* 8:35AM

Muruga: White *Sunset:* 3:50PM

Nataraja: Clear

Moon – Red

Margasira*Markali

Sivaloka Day

Malmö, Sweden

Sun 5 Sutra 260

Sobhana 5125

Moon 13 - Phase 36 - 5th Phase

6

Wednesday, January 3, 2024

Kanya Rasi: 7.55 Tithi 22 – 23

Creative Work Amrita Yoga

Until 10:02AM

Then Routine Work - Marana Yoga

Gulika 11:18AM – 12:13PM
Yama 9:29AM – 10:24AM
859137576 **Rahu** 12:13PM – 1:08PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Uttaraphalguni Until 10:02AM

Sobhana Until 1:47AM Thu

Balava Until 4:30AM Thu

Saptami Until 3:16PM

Ganesha: Red *Sunrise:* 8:34AM

Muruga: White *Sunset:* 3:51PM

Nataraja: Clear

Moon – Red

Margasira*Markali

Sivaloka Day

Malmö, Sweden

Sun 6 Sutra 261

Sobhana 5125

Moon 13 - Phase 36 - 6th Phase

D

Thursday, January 4, 2024

Retreat Star

Kanya Rasi: 19.49 Tithi 23 – 24

Routine Work Marana Yoga

Until 1:01PM

Then Creative Work - Siddha Yoga

Gulika 10:24AM – 11:19AM
Yama 8:34AM – 9:29AM
869137576 **Rahu** 1:08PM – 2:03PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Hasta Until 1:01PM

Athiganda* Until 2:16AM Fri

Taitila Until 6:32AM Fri

Ashtami* Until 5:34PM

Ganesha: Green *Sunrise:* 8:34AM

Muruga: White *Sunset:* 3:53PM

Nataraja: Clear

Moon – Green

Margasira*Markali

Subha Sivaloka Day

Malmö, Sweden

Sun 7 Sutra 262

Sobhana 5125

Moon 13 - Phase 36 - 7th Phase

Ashtami

Friday, January 5, 2024

Retreat Star

Tula Rasi: 1.54 Tithi 24

Creative Work Siddha Yoga

Gulika 9:29AM – 10:24AM
Yama 2:04PM – 2:59PM
861137576 **Rahu** 11:19AM – 12:14PM

Subramuniyaswami Jayanti

Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Chitra Until 3:18PM

Sukarma Until 2:16AM Sat

Taitila Until 6:32AM

Navami* Until 7:17PM

Ganesha: Orange *Sunrise:* 8:34AM

Muruga: White *Sunset:* 3:54PM

Nataraja: Clear

Moon – Green

Margasira*Markali

Sivaloka Day

Malmö, Sweden

Sun 8 Sutra 263

Sobhana 5125

Moon 13 - Phase 36 - 8th Phase

Navami

To such a one who has his stains wiped away, the venerable Sanat Kumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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1	Saturday, January 6, 2024		Sobhana Nama Samvatsare Uтарыane Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Malmö, Sweden Sun 9 Sutra 264 Sobhana 5125	
	Tula Rasi: 14.16	Tithi 25	Gulika 8:33AM – 9:28AM	Svati Until 4:44PM	Ganesha: Orange	<i>Sunrise:</i> 8:33AM	Moon 13 - Phase 37 - 9 2nd Phase Sivaloka Day	
			Yama 1:10PM – 2:05PM	Dhriti Until 1:40AM Sun	Muruga: White	<i>Sunset:</i> 3:56PM		
	861137576	Rahu 10:24AM – 11:19AM		Vanija Until 7:53AM	Nataraja: Clear			
Creative Work		Siddha Yoga		Dashami Until 8:13PM	Moon – Green			
					Margasira*Markali			
2	Sunday, January 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Malmö, Sweden Sun 10 Sutra 265 Sobhana 5125	
	Tula Rasi: 27	Tithi 26	Gulika 2:06PM – 3:02PM	Vishakha Until 5:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:32AM	Moon 13 - Phase 37 - 10 2nd Phase Devaloka Day	
			Yama 12:15PM – 1:10PM	Shula* Until 12:21AM Mon	Muruga: White	<i>Sunset:</i> 3:57PM		
	871137576	Rahu 3:02PM – 3:57PM		Bava Until 8:23AM	Nataraja: Clear			
Routine Work		Marana Yoga		Ekadashi* Until 8:17PM	Moon – Orange			
					Margasira*Markali			
3	Monday, January 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Malmö, Sweden Sun 11 Sutra 266 Sobhana 5125	
	Vrischika Rasi: 10.1	Tithi 27	Gulika 1:11PM – 2:07PM	Anuradha Until 5:32PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:32AM	Moon 13 - Phase 37 - 11 2nd Phase Devaloka Day	
	Family Home Evening		Yama 11:19AM – 12:15PM	Ganda* Until 10:24PM	Muruga: White	<i>Sunset:</i> 3:59PM		
	871137576	Rahu 9:28AM – 10:24AM		Kaulava Until 8:01AM	Nataraja: Clear			
Creative Work		Siddha Yoga		Dvadashi* Until 7:30PM	Moon – Orange			
					Margasira*Markali			
4	Tuesday, January 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden Sun 12 Sutra 267 Sobhana 5125	
	Vrischika Rasi: 23.47	Tithi 28 – 29	Gulika 12:16PM – 1:12PM	Jyeshtha* Until 4:32PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:31AM	Moon 13 - Phase 37 - 12 2nd Phase Devaloka Day	
			Yama 10:23AM – 11:20AM	Vriddhi Until 7:51PM	Muruga: White	<i>Sunset:</i> 4:00PM		
	871137576	Rahu 2:08PM – 3:04PM		Gara Until 6:49AM	Nataraja: Clear			
Routine Work		Marana Yoga		Trayodashi* Until 5:55PM	Moon – Orange			
Until 4:32PM					Margasira*Markali			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>				
5	Wednesday, January 10, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Malmö, Sweden Sun 13 Sutra 268 Sobhana 5125	
	Dhanus Rasi: 7.51	Tithi 29 – 30	Gulika 11:20AM – 12:16PM	Mula* Until 3:09PM	Ganesha: Purple	<i>Sunrise:</i> 8:30AM	Moon 13 - Phase 37 - 13 2nd Phase Devaloka Day	
			Yama 9:27AM – 10:23AM	Dhruva Until 4:46PM	Muruga: White	<i>Sunset:</i> 4:02PM		
	881137576	Rahu 12:16PM – 1:13PM		Catuspada Until 2:24AM Thu	Nataraja: Clear			
Routine Work		Marana Yoga		Chaturdashi* Until 3:41PM	Moon – Light Blue			
Until 3:09PM					Margasira*Markali			
Then Creative Work - Amrita Yoga								
	Thursday, January 11, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Malmö, Sweden Sun 14 Sutra 269 Sobhana 5125	
	Retreat Star		Gulika 10:23AM – 11:20AM	Purvashadha* Until 1:09PM	Ganesha: Purple	<i>Sunrise:</i> 8:29AM	Moon 13 - Phase 37 - 14 Amavasya Devaloka Day	
	Dhanus Rasi: 22.18	Tithi 30 – 1	Yama 8:29AM – 9:26AM	Vyaghata* Until 1:18PM	Muruga: White	<i>Sunset:</i> 4:04PM		
	881137576	Rahu 1:13PM – 2:10PM		Kintughna Until 11:30PM	Nataraja: Clear			
Creative Work		Siddha Yoga		Amavasya* Until 12:58PM	Moon – Light Blue			
Until 1:09PM			Hanumath Jayanthi (Tamil Nadu)		Margasira*Markali			
Then Routine Work - Marana Yoga								
	Friday, January 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Malmö, Sweden Sun 15 Sutra 270 Sobhana 5125	
	Retreat Star		Gulika 9:26AM – 10:23AM	Uttarashadha Until 10:41AM	Ganesha: Light Blue	<i>Sunrise:</i> 8:28AM	Moon 13 - Phase 37 - 15 Prathama Devaloka Day	
	Makara Rasi: 7.01	Tithi 1 – 2	Yama 2:11PM – 3:08PM	Harshana Until 9:36AM	Muruga: White	<i>Sunset:</i> 4:05PM		
	881237576	Rahu 11:20AM – 12:17PM		Balava Until 8:21PM	Nataraja: Clear			
Routine Work		Marana Yoga		Prathama* Until 9:56AM	Moon – Light Blue			
					Pausha*Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

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1	Saturday, January 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau					Malmö, Sweden	
	Makara Rasi: 21.52	Tithi 2 – 3	Gulika	8:28AM – 9:25AM	Shravana Until 8:21AM	Ganesha: Purple	Sunrise: 8:28AM	Sun 16	Sutra 271
			Yama	1:15PM – 2:12PM	Siddhi Until 1:54AM Sun	Muruga: White	Sunset: 4:07PM	Moon 13 - Phase 38 - 16	Sobhana 5125
	891237576	Rahu	10:22AM – 11:20AM	Gara Until 3:33AM Sun	Nataraja: Clear			3rd Phase	
Creative Work		Siddha Yoga		Dvitiya Until 6:44AM	Moon – Purple	Devaloka Day			
					Pausha*Markali				
2	Sunday, January 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau					Malmö, Sweden	
	Kumbha Rasi: 6.43	Tithi 4	Gulika	2:13PM – 3:11PM	Shatabhishak Until 3:30AM Mon	Ganesha: Purple	Sunrise: 8:27AM	Sun 17	Sutra 272
			Yama	12:18PM – 1:15PM	Vyatipata* Until 10:11PM	Muruga: White	Sunset: 4:09PM	Moon 13 - Phase 38 - 17	Sobhana 5125
	891237576	Rahu	3:11PM – 4:09PM	Vanija Until 2:02PM	Nataraja: Clear			3rd Phase	
Creative Work		Siddha Yoga		Chaturthi* Until 12:32AM Mon	Moon – Purple	Devaloka Day			
Until 3:30AM Mon			Thai Pongal		Pausha*Thai				
Then Routine Work - Marana Yoga									
3	Monday, January 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproskthapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau					Malmö, Sweden	
	Kumbha Rasi: 21.26	Tithi 5	Gulika	1:16PM – 2:14PM	Purvaproskthapada* Until 1:40AM Tue	Ganesha: Green	Sunrise: 8:25AM	Sun 18	Sutra 273
	Family Home Evening		Yama	11:20AM – 12:18PM	Variyan Until 6:41PM	Muruga: White	Sunset: 4:11PM	Moon 13 - Phase 38 - 18	Sobhana 5125
	811237576	Rahu	9:24AM – 10:22AM	Bava Until 11:09AM	Nataraja: Clear			3rd Phase	
Routine Work		Marana Yoga		Panchami Until 9:48PM	Moon – Clear	Devaloka Day			
Until 1:40AM Tue					Pausha*Thai				
Then Creative Work - Amrita Yoga									
4	Tuesday, January 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproskthapada Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau					Malmö, Sweden	
	Meena Rasi: 5.55	Tithi 6	Gulika	12:18PM – 1:17PM	Uttaraproskthapada Until 12:07AM Wed	Ganesha: White	Sunrise: 8:24AM	Sun 19	Sutra 274
			Yama	10:21AM – 11:20AM	Parigha* Until 3:30PM	Muruga: White	Sunset: 4:12PM	Moon 13 - Phase 38 - 19	Sobhana 5125
	812237576	Rahu	2:15PM – 3:14PM	Kaulava Until 8:36AM	Nataraja: Clear			3rd Phase	
Creative Work		Amrita Yoga		Shashthi* Until 7:28PM	Moon – Clear	Devaloka Day			
Until 12:07AM Wed					Pausha*Thai				
Then Routine Work - Marana Yoga									
5	Wednesday, January 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau					Malmö, Sweden	
	Meena Rasi: 20.07	Tithi 7 – 8	Gulika	11:20AM – 12:19PM	Revati Until 10:53PM	Ganesha: White	Sunrise: 8:23AM	Sun 20	Sutra 275
			Yama	9:22AM – 10:21AM	Shiva Until 12:41PM	Muruga: White	Sunset: 4:14PM	Moon 13 - Phase 38 - 20	Sobhana 5125
	812237576	Rahu	12:19PM – 1:18PM	Gara Until 6:29AM	Nataraja: Clear			3rd Phase	
Routine Work		Marana Yoga		Saptami Until 5:36PM	Moon – Clear	Devaloka Day			
					Pausha*Thai				
D	Thursday, January 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau					Malmö, Sweden	
	Retreat Star		Gulika	10:20AM – 11:20AM	Ashvini Until 10:26PM	Ganesha: Yellow	Sunrise: 8:22AM	Sun 21	Sutra 276
	Mesha Rasi: 3.59	Tithi 8 – 9	Yama	8:22AM – 9:21AM	Siddha Until 10:15AM	Muruga: White	Sunset: 4:16PM	Moon 13 - Phase 38 - 21	Sobhana 5125
	822237576	Rahu	1:18PM – 2:18PM	Balava Until 3:45AM Fri	Nataraja: Clear			Ashtami	
Creative Work		Amrita Yoga		Ashtami* Until 4:14PM	Moon – White	Sivaloka Day			
Until 10:26PM					Pausha*Thai				
Then Creative Work - Siddha Yoga									
	Friday, January 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau					Malmö, Sweden	
	Retreat Star		Gulika	9:20AM – 10:20AM	Bharani Until 10:19PM	Ganesha: Yellow	Sunrise: 8:21AM	Sun 22	Sutra 277
	Mesha Rasi: 17.34	Tithi 9 – 10	Yama	2:19PM – 3:18PM	Sadhya Until 8:13AM	Muruga: White	Sunset: 4:18PM	Moon 13 - Phase 38 - 22	Sobhana 5125
	822237576	Rahu	11:20AM – 12:19PM	Taitila Until 3:08AM Sat	Nataraja: Clear			Navami	
Creative Work		Siddha Yoga		Navami* Until 3:22PM	Moon – White	Sivaloka Day			
					Pausha*Thai				

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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1	Saturday, January 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Malmö, Sweden	
	822237576	Gulika 8:19AM – 9:19AM Yama 1:20PM – 2:20PM Rahu 10:19AM – 11:20AM	Krittika Until 10:30PM Subha Until 6:35AM Vanija Until 2:57AM Sun Dashami Until 2:58PM		Ganesha: Yellow Muruga: White Nataraja: Clear Moon – White Pausha*Thai		Sun 23 Sutra 278 Sobhana 5125 Moon 13 - Phase 39 - 23 4th Phase	
	Creative Work Amrita Yoga		Sivaloka Day					
2	Sunday, January 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden	
	832237576	Gulika 2:21PM – 3:21PM Yama 12:20PM – 1:20PM Rahu 3:21PM – 4:22PM	Rohini Until 11:24PM Brahma Until 4:17AM Mon Bava Until 3:11AM Mon Ekadashi Until 3:00PM		Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai		Sun 24 Sutra 279 Sobhana 5125 Moon 13 - Phase 39 - 24 4th Phase	
	Creative Work Siddha Yoga		Devaloka Day					
3	Monday, January 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Malmö, Sweden	
	832237576	Gulika 1:21PM – 2:22PM Yama 11:19AM – 12:20PM Rahu 9:17AM – 10:18AM	Mrigashira Until 12:30AM Tue Indra Until 3:36AM Tue Kaulava Until 3:48AM Tue Dvadashi Until 3:25PM		Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai		Sun 25 Sutra 280 Sobhana 5125 Moon 13 - Phase 39 - 25 4th Phase	
	Creative Work Amrita Yoga Until 12:30AM Tue Then Routine Work - Marana Yoga		Devaloka Day Pradosha Vrata					
4	Tuesday, January 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Malmö, Sweden	
	832237576	Gulika 12:20PM – 1:22PM Yama 10:18AM – 11:19AM Rahu 2:23PM – 3:25PM	Ardra Until 1:48AM Wed Vaidhriti* Until 3:10AM Wed Gara Until 4:46AM Wed Trayodashi Until 4:13PM		Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai		Sun 26 Sutra 281 Sobhana 5125 Moon 13 - Phase 39 - 26 4th Phase	
	Routine Work Marana Yoga Until 1:48AM Wed Then Creative Work - Siddha Yoga		Devaloka Day					
5	Wednesday, January 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Malmö, Sweden	
	842237576	Gulika 11:19AM – 12:21PM Yama 9:15AM – 10:17AM Rahu 12:21PM – 1:23PM	Punarvasu Until 3:47AM Thu Vishkambha* Until 3:02AM Thu Visti Until 6:07AM Thu Chaturdashi* Until 5:23PM		Ganesha: Red Muruga: White Nataraja: Clear Moon – Blue Pausha*Thai		Sun 27 Sutra 282 Sobhana 5125 Moon 13 - Phase 39 - 27 4th Phase	
	Creative Work Siddha Yoga Until 3:47AM Thu Then Creative Work - Amrita Yoga		Sivaloka Day					
O	Thursday, January 25, 2024 Copper Retreat Star		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden	
	942237576	Gulika 10:16AM – 11:19AM Yama 8:12AM – 9:14AM Rahu 1:23PM – 2:25PM	Pushya Until 5:57AM Fri Priti Until 3:11AM Fri Visti Until 6:07AM Purnima* Until 6:55PM		Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Pausha*Thai		Sutra 283 Sobhana 5125 Moon 13 - Phase 39 - Purnima	
	Creative Work Amrita Yoga Until 5:57AM Fri Then Routine Work - Marana Yoga		Thai Pusam		Devaloka Day			
	Friday, January 26, 2024 Silver Retreat Star		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden	
	942237576	Gulika 9:13AM – 10:16AM Yama 2:27PM – 3:29PM Rahu 11:18AM – 12:21PM	Ashlesha* Until 8:19AM Sat Ayushman Until 3:35AM Sat Balava Until 7:50AM Prathama* Until 8:49PM		Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Pausha*Thai		Sutra 284 Sobhana 5125 Moon 13 - Phase 39 - Prathama	
	Routine Work Marana Yoga Until 8:19AM Sat Then Creative Work - Amrita Yoga		Devaloka Day					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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Saturday, January 27, 2024

Gold Retreat Star

Kataka Rasi: 28.45 Tithi 17

942237576

Routine Work Marana Yoga
Until 8:19AM
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 8:09AM – 9:12AM
Yama 1:25PM – 2:28PM
Rahu 10:15AM – 11:18AM

Ashlesha* Until 8:19AM

Saubhagya Until 4:16AM Sun
Taitila Until 9:56AM
Dvitiya Until 11:05PM

Ganesha: Blue *Sunrise:* 8:09AM
Muruga: White *Sunset:* 4:34PM
Nataraja: Clear
Moon – Blue
Pausha*Thai

Devaloka Day

Malmö, Sweden
Sun 1 Sutra 285
Sobhana 5125
Moon 1 - Phase 40 - 1
1st Phase

1

Sunday, January 28, 2024

Simha Rasi: 10.41 Tithi 18

952237576

Routine Work Marana Yoga
Until 11:19AM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 2:29PM – 3:33PM
Yama 12:22PM – 1:25PM
Rahu 3:33PM – 4:36PM

Magha* Until 11:19AM

Sobhana Until 5:09AM Mon
Vanija Until 12:21PM
Tritiya Until 1:38AM Mon

Ganesha: Red *Sunrise:* 8:07AM
Muruga: White *Sunset:* 4:36PM
Nataraja: Clear
Moon – Red
Pausha*Thai

Sivaloka Day

Malmö, Sweden
Sun 2 Sutra 286
Sobhana 5125
Moon 1 - Phase 40 - 2
1st Phase

2

Monday, January 29, 2024

Simha Rasi: 22.32 Tithi 19

953237576

Family Home Evening
Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 1:26PM – 2:30PM
Yama 11:18AM – 12:22PM
Rahu 9:09AM – 10:13AM

Purvaphalguni Until 2:23PM

Athiganda* Until 6:08AM Tue
Bava Until 3:00PM
Chaturthi* Until 4:22AM Tue

Ganesha: Yellow *Sunrise:* 8:05AM
Muruga: White *Sunset:* 4:38PM
Nataraja: Clear
Moon – Red
Pausha*Thai

Sivaloka Day

Malmö, Sweden
Sun 3 Sutra 287
Sobhana 5125
Moon 1 - Phase 40 - 3
1st Phase

3

Tuesday, January 30, 2024

Kanya Rasi: 4.19 Tithi 20

953237576

Creative Work Amrita Yoga
Until 5:22PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:22PM – 1:27PM
Yama 10:13AM – 11:17AM
Rahu 2:31PM – 3:36PM

Uttaraphalguni Until 5:22PM

Athiganda* Until 6:08AM
Kaulava Until 5:45PM
Panchami Until 7:05AM Wed

Ganesha: Yellow *Sunrise:* 8:03AM
Muruga: White *Sunset:* 4:40PM
Nataraja: Clear
Moon – Red
Pausha*Thai

Sivaloka Day

Malmö, Sweden
Sun 4 Sutra 288
Sobhana 5125
Moon 1 - Phase 40 - 4
1st Phase

4

Wednesday, January 31, 2024

Kanya Rasi: 16.07 Tithi 20 – 21

963237576

Routine Work Marana Yoga
Until 8:36PM
Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:17AM – 12:22PM
Yama 9:07AM – 10:12AM
Rahu 12:22PM – 1:27PM

Hasta Until 8:36PM

Sukarma Until 7:07AM
Gara Until 8:24PM
Panchami Until 7:05AM

Ganesha: White *Sunrise:* 8:02AM
Muruga: White *Sunset:* 4:42PM
Nataraja: Clear
Moon – Green
Pausha*Thai

Devaloka Day

Malmö, Sweden
Sun 5 Sutra 289
Sobhana 5125
Moon 1 - Phase 40 - 5
1st Phase

5

Thursday, February 1, 2024

Kanya Rasi: 27.59 Tithi 21 – 22

963237576

Creative Work Siddha Yoga
Until 11:19PM
Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 10:12AM – 11:17AM
Yama 8:02AM – 9:07AM
Rahu 1:27PM – 2:32PM

Chitra Until 11:19PM

Dhriti Until 7:56AM
Visti Until 10:41PM
Shashthi* Until 9:34AM

Ganesha: White *Sunrise:* 8:02AM
Muruga: White *Sunset:* 4:42PM
Nataraja: Clear
Moon – Green
Pausha*Thai

Devaloka Day

Malmö, Sweden
Sun 6 Sutra 290
Sobhana 5125
Moon 1 - Phase 40 - 6
1st Phase

D

Friday, February 2, 2024

Retreat Star

Tula Rasi: 10.02 Tithi 22 – 23

963237576

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:05AM – 10:11AM
Yama 2:33PM – 3:39PM
Rahu 11:17AM – 12:22PM

Svati Until 1:19AM Sat

Shula* Until 8:24AM
Balava Until 12:22AM Sat
Saptami Until 11:35AM

Ganesha: White *Sunrise:* 8:00AM
Muruga: White *Sunset:* 4:45PM
Nataraja: Clear
Moon – Green
Pausha*Thai

Devaloka Day

Malmö, Sweden
Sun 7 Sutra 291
Sobhana 5125
Moon 1 - Phase 40 - 7
Ashtami

Saturday, February 3, 2024

Retreat Star

Tula Rasi: 22.2 Tithi 23 – 24

973237576

Creative Work Siddha Yoga
Until 2:52AM Sun
Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 7:58AM – 9:04AM
Yama 1:28PM – 2:35PM
Rahu 10:10AM – 11:16AM

Vishakha Until 2:52AM Sun

Ganda* Until 8:22AM
Taitila Until 1:17AM Sun
Ashtami* Until 12:55PM

Ganesha: Clear *Sunrise:* 7:58AM
Muruga: White *Sunset:* 4:47PM
Nataraja: Clear
Moon – Orange
Pausha*Thai

Sivaloka Day

Malmö, Sweden
Sun 8 Sutra 292
Sobhana 5125
Moon 1 - Phase 40 - 8
Navami

1	Sunday, February 4, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau						Malmö, Sweden Sun 9 Sutra 293 Sobhana 5125	
	Vrischika Rasi: 5	Tithi 24 – 25	Gulika 2:36PM – 3:42PM Yama 12:22PM – 1:29PM Rahu 3:42PM – 4:49PM	Anuradha Until 3:24AM Mon Vriddhi Until 7:43AM Vanija Until 1:17AM Mon Navami* Until 1:23PM			Ganesha: Clear Muruga: White Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 7:56AM Sunset: 4:49PM	Moon 1 - Phase 41 - 9 2nd Phase	
	Routine Work Marana Yoga Until 3:24AM Mon Then Creative Work - Siddha Yoga		Sivaloka Day							
2	Monday, February 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadaysyam Titau						Malmö, Sweden Sun 10 Sutra 294 Sobhana 5125	
	Vrischika Rasi: 18.05	Tithi 25 – 26	Gulika 1:30PM – 2:37PM Yama 11:15AM – 12:23PM Rahu 9:01AM – 10:08AM	Jyeshtha* Until 2:55AM Tue Dhruva Until 6:21AM Bava Until 12:24AM Tue Dashami Until 12:56PM			Ganesha: Clear Muruga: White Nataraja: Orange Moon – Orange Pausha*Thai	Sunrise: 7:54AM Sunset: 4:51PM	Moon 1 - Phase 41 - 10 2nd Phase	
	Family Home Evening Creative Work Siddha Yoga Until 2:55AM Tue Then Creative Work - Amrita Yoga		Sivaloka Day							
3	Tuesday, February 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadaysyam Titau						Malmö, Sweden Sun 11 Sutra 295 Sobhana 5125	
	Dhanus Rasi: 1.41	Tithi 26 – 27	Gulika 12:23PM – 1:30PM Yama 10:07AM – 11:15AM Rahu 2:38PM – 3:45PM	Mula* Until 1:55AM Wed Harshana Until 1:36AM Wed Kaulava Until 10:40PM Ekadashi* Until 11:37AM			Ganesha: Light Blue Muruga: White Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 7:52AM Sunset: 4:53PM	Moon 1 - Phase 41 - 11 2nd Phase	
	Creative Work Amrita Yoga		Devaloka Day							
4	Wednesday, February 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Taitila/Gara Karana Dvadashti/Trayodashyam Titau						Malmö, Sweden Sun 12 Sutra 296 Sobhana 5125	
	Dhanus Rasi: 15.45	Tithi 27 – 28	Gulika 11:15AM – 12:23PM Yama 8:58AM – 10:06AM Rahu 12:23PM – 1:31PM	Purvashadha* Until 12:04AM Thu Vajra* Until 10:19PM Gara Until 8:13PM Dvadashti* Until 9:31AM			Ganesha: Light Blue Muruga: White Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 7:50AM Sunset: 4:55PM	Moon 1 - Phase 41 - 12 2nd Phase	
	Creative Work Amrita Yoga Until 12:04AM Thu Then Routine Work - Marana Yoga		Devaloka Day							
			Pradosha Vrata (Fasting)							
5	Thursday, February 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau						Malmö, Sweden Sun 13 Sutra 297 Sobhana 5125	
	Makara Rasi: 0.17	Tithi 28 – 29	Gulika 10:05AM – 11:14AM Yama 7:48AM – 8:57AM Rahu 1:31PM – 2:40PM	Uttarashadha Until 9:34PM Siddhi Until 6:37PM Sakuni Until 3:32AM Fri Trayodashi* Until 6:46AM			Ganesha: Light Blue Muruga: White Nataraja: Orange Moon – Light Blue Pausha*Thai	Sunrise: 7:48AM Sunset: 4:57PM	Moon 1 - Phase 41 - 13 2nd Phase	
	Routine Work Marana Yoga Until 9:34PM Then Creative Work - Siddha Yoga		Devaloka Day							
	Friday, February 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vyatipata*/Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau						Malmö, Sweden Sun 14 Sutra 298 Sobhana 5125	
	Retreat Star		Gulika 8:55AM – 10:04AM Yama 2:41PM – 3:50PM Rahu 11:14AM – 12:23PM	Shravana Until 6:59PM Vyatipata* Until 2:36PM Catuspada Until 1:49PM Amavasya* Until 12:00AM Sat			Ganesha: Purple Muruga: White Nataraja: Orange Moon – Purple Pausha*Thai	Sunrise: 7:46AM Sunset: 5:00PM	Moon 1 - Phase 41 - 14 Amavasya	
	Routine Work Marana Yoga Until 6:59PM Then Creative Work - Siddha Yoga		Devaloka Day							
	Saturday, February 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau						Malmö, Sweden Sun 15 Sutra 299 Sobhana 5125	
	Retreat Star		Gulika 7:44AM – 8:54AM Yama 1:32PM – 2:42PM Rahu 10:03AM – 11:13AM	Dhanishtha Until 4:05PM Variyan Until 10:24AM Kintughna Until 10:12AM Prathama* Until 8:21PM			Ganesha: Purple Muruga: White Nataraja: Orange Moon – Purple Magha*Thai	Sunrise: 7:44AM Sunset: 5:02PM	Moon 1 - Phase 41 - 15 Prathama	
	Kumbha Rasi: 0.16 Tithi 1 Creative Work Siddha Yoga Until 4:05PM Then Creative Work - Amrita Yoga		Devaloka Day							

1	Sunday, February 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Malmö, Sweden	
	Kumbha Rasi: 15.26	Tithi 2 – 3	Gulika	2:43PM – 3:54PM	Shatabhishak Until 1:04PM	Ganesha: Purple	Sunrise: 7:42AM	Sun 16 Sutra 300
	993337577		Yama	12:23PM – 1:33PM	Parigha* Until 6:10AM	Muruga: White	Sunset: 5:04PM	Sobhana 5125
Creative Work	Siddha Yoga		Rahu	3:54PM – 5:04PM	Balava Until 6:32AM	Nataraja: Orange		Moon 1 - Phase 42 - 16
					Dvitiya Until 4:44PM	Moon – Purple		3rd Phase
						Magha*Thai	Devaloka Day	
2	Monday, February 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Malmö, Sweden	
	Meena Rasi: 0.31	Tithi 3 – 4	Gulika	1:34PM – 2:44PM	Purvaproshtapada* Until 10:29AM	Ganesha: Orange	Sunrise: 7:40AM	Sun 17 Sutra 301
	Family Home Evening	914337577	Yama	11:12AM – 12:23PM	Siddha Until 10:08PM	Muruga: White	Sunset: 5:06PM	Sobhana 5125
Routine Work	Marana Yoga		Rahu	8:50AM – 10:01AM	Vanija Until 11:44PM	Nataraja: Orange		Moon 1 - Phase 42 - 17
Until 10:29AM					Tritiya Until 1:19PM	Moon – Clear		3rd Phase
Then Creative Work - Siddha Yoga						Magha*Thai	Sivaloka Day	
3	Tuesday, February 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Malmö, Sweden	
	Meena Rasi: 15.22	Tithi 4 – 5	Gulika	12:23PM – 1:34PM	Uttaraproshtapada Until 8:07AM	Ganesha: Orange	Sunrise: 7:38AM	Sun 18 Sutra 302
	914337577		Yama	10:00AM – 11:11AM	Sadhya Until 6:34PM	Muruga: White	Sunset: 5:08PM	Sobhana 5125
Creative Work	Amrita Yoga		Rahu	2:45PM – 3:57PM	Bava Until 8:54PM	Nataraja: Orange		Moon 1 - Phase 42 - 18
Until 8:07AM					Chaturthi* Until 10:15AM	Moon – Clear		3rd Phase
Then Creative Work - Siddha Yoga						Magha*Masi	Sivaloka Day	
4	Wednesday, February 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Malmö, Sweden	
	Meena Rasi: 29.52	Tithi 5 – 6	Gulika	11:11AM – 12:23PM	Revati Until 6:04AM	Ganesha: Orange	Sunrise: 7:35AM	Sun 19 Sutra 303
	914347577		Yama	8:47AM – 9:59AM	Subha Until 3:27PM	Muruga: Clear	Sunset: 5:10PM	Sobhana 5125
Routine Work	Marana Yoga		Rahu	12:23PM – 1:35PM	Kaulava Until 6:37PM	Nataraja: Orange		Moon 1 - Phase 42 - 19
					Panchami Until 7:40AM	Moon – Clear		3rd Phase
						Magha*Masi	Devaloka Day	
5	Thursday, February 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Malmö, Sweden	
	Mesha Rasi: 13.58	Tithi 7	Gulika	9:58AM – 11:10AM	Bharani Until 4:13AM Fri	Ganesha: Green	Sunrise: 7:33AM	Sun 20 Sutra 304
	924347577		Yama	7:33AM – 8:46AM	Sukla Until 12:49PM	Muruga: Clear	Sunset: 5:12PM	Sobhana 5125
Creative Work	Siddha Yoga		Rahu	1:35PM – 2:48PM	Gara Until 4:58PM	Nataraja: Orange		Moon 1 - Phase 42 - 20
					Saptami Until 4:22AM Fri	Moon – White		3rd Phase
						Magha*Masi	Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	
D	Friday, February 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Malmö, Sweden	
	Retreat Star		Gulika	8:44AM – 9:57AM	Krittika Until 4:04AM Sat	Ganesha: Green	Sunrise: 7:31AM	Sun 21 Sutra 305
	Mesha Rasi: 27.4	Tithi 8	Yama	2:49PM – 4:02PM	Brahma Until 10:43AM	Muruga: Clear	Sunset: 5:14PM	Sobhana 5125
924347577			Rahu	11:10AM – 12:23PM	Visti Until 3:59PM	Nataraja: Orange		Moon 1 - Phase 42 - 21
Creative Work	Siddha Yoga				Ashtami* Until 3:44AM Sat	Moon – White		Ashtami
Until 4:04AM Sat						Magha*Masi	Bhuloka Day	
Then Creative Work - Amrita Yoga							Devaloka Time: 3:PM to 6:PM	
	Saturday, February 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Malmö, Sweden	
	Retreat Star		Gulika	7:29AM – 8:42AM	Rohini Until 4:51AM Sun	Ganesha: Red	Sunrise: 7:29AM	Sun 22 Sutra 306
	934347577		Yama	1:36PM – 2:50PM	Indra Until 9:11AM	Muruga: Clear	Sunset: 5:17PM	Sobhana 5125
934347577			Rahu	9:56AM – 11:09AM	Balava Until 3:41PM	Nataraja: Orange		Moon 1 - Phase 42 - 22
Creative Work	Amrita Yoga				Navami* Until 3:45AM Sun	Moon – Yellow		Navami
Until 4:51AM Sun						Magha*Masi	Devaloka Day	
Then Creative Work - Siddha Yoga								

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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**Sunday, February 25, 2024****Gold Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Malmö, Sweden

Sutra 314

Sobhana 5125

Moon 2 - Phase 44 -

1st Phase

Simha Rasi: 19.21 Tithi 16 – 17

955347577

Gulika**2:58PM – 4:16PM**

Yama

12:22PM – 1:40PM**Rahu****4:16PM – 5:33PM****Purvaphalguni Until 8:50PM**

Sukarma Until 9:54AM

Taitila Until 5:25AM Mon

Prathama* Until 4:04PM**Ganesha:** White

Sunrise: 7:10AM

Muruga: Clear

Sunset: 5:33PM

Nataraja: Orange

Moon – Red

Magha•Masi**Sivaloka Day**

Creative Work Siddha Yoga

Until 8:50PM

Then Creative Work - Amrita Yoga

1**Monday, February 26, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Gara Karana Dvitiyayam Titau

Malmö, Sweden

Sun 1 Sutra 315

Sobhana 5125

Moon 2 - Phase 44 - 1

1st Phase

Kanya Rasi: 1.1 Tithi 17

955347577

Gulika**1:40PM – 2:59PM**

Yama

11:03AM – 12:22PM**Rahu****8:26AM – 9:45AM****Uttaraphalguni Until 11:47PM**

Dhriti Until 10:53AM

Gara Until 6:44PM

Dvitiya Until 6:44PM**Ganesha:** White

Sunrise: 7:08AM

Muruga: Clear

Sunset: 5:36PM

Nataraja: Orange

Moon – Red

Magha•Masi**Sivaloka Day**

Creative Work Siddha Yoga

Family Home Evening

Creative Work Siddha Yoga

2**Tuesday, February 27, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Malmö, Sweden

Sun 2 Sutra 316

Sobhana 5125

Moon 2 - Phase 44 - 2

1st Phase

Kanya Rasi: 12.58 Tithi 18

965347577

Gulika**12:21PM – 1:40PM**

Yama

9:43AM – 11:02AM**Rahu****3:00PM – 4:19PM****Hasta Until 3:01AM Wed**

Shula* Until 11:51AM

Vanija Until 8:05AM

Tritiya Until 9:23PM**Ganesha:** Clear

Sunrise: 7:05AM

Muruga: Clear

Sunset: 5:38PM

Nataraja: Orange

Moon – Green

Magha•Masi**Devaloka Day**

Creative Work Siddha Yoga

Creative Work Siddha Yoga

Creative Work Siddha Yoga

3**Wednesday, February 28, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturthyam Titau

Malmö, Sweden

Sun 3 Sutra 317

Sobhana 5125

Moon 2 - Phase 44 - 3

1st Phase

Kanya Rasi: 24.48 Tithi 19

965347577

Gulika**11:02AM – 12:21PM**

Yama

8:22AM – 9:42AM**Rahu****12:21PM – 1:41PM****Chitra Until 5:52AM Thu**

Ganda* Until 12:44PM

Bava Until 10:40AM

Chaturthi* Until 11:50PM**Ganesha:** Clear

Sunrise: 7:03AM

Muruga: Clear

Sunset: 5:40PM

Nataraja: Orange

Moon – Green

Magha•Masi**Devaloka Day**

Creative Work Siddha Yoga

Until 5:52AM Thu

Then Creative Work - Amrita Yoga

4**Thursday, February 29, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Malmö, Sweden

Sun 4 Sutra 318

Sobhana 5125

Moon 2 - Phase 44 - 4

1st Phase

Tula Rasi: 6.43 Tithi 20

965347577

Gulika**9:41AM – 11:01AM**

Yama

7:00AM – 8:20AM**Rahu****1:41PM – 3:01PM****Svati Until 8:11AM Fri**

Vridhi Until 1:26PM

Kaulava Until 12:57PM

Panchami Until 1:56AM Fri**Ganesha:** Clear

Sunrise: 7:00AM

Muruga: Clear

Sunset: 5:42PM

Nataraja: Orange

Moon – Green

Magha•Masi**Devaloka Day**

Creative Work Amrita Yoga

Until 8:11AM Fri

Then Creative Work - Siddha Yoga

5**Friday, March 1, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Malmö, Sweden

Sun 5 Sutra 319

Sobhana 5125

Moon 2 - Phase 44 - 5

1st Phase

Tula Rasi: 18.48 Tithi 21

965347577

Gulika**8:17AM – 9:38AM**

Yama

3:03PM – 4:25PM**Rahu****10:59AM – 12:21PM****Svati Until 8:11AM**

Dhruva Until 1:45PM

Gara Until 2:48PM

Shashthi* Until 3:29AM Sat**Ganesha:** Clear

Sunrise: 6:55AM

Muruga: Clear

Sunset: 5:46PM

Nataraja: Orange

Moon – Green

Magha•Masi**Devaloka Day**

Creative Work Siddha Yoga

Creative Work Siddha Yoga

Creative Work Siddha Yoga

6**Saturday, March 2, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Malmö, Sweden

Sun 6 Sutra 320

Sobhana 5125

Moon 2 - Phase 44 - 6

1st Phase

Vrischika Rasi: 1.07 Tithi 22

975347577

Gulika**6:53AM – 8:15AM**

Yama

1:42PM – 3:04PM**Rahu****9:37AM – 10:59AM****Vishakha Until 10:15AM**

Vyaghata* Until 1:38PM

Visti Until 4:02PM

Saptami Until 4:21AM Sun**Ganesha:** Purple

Sunrise: 6:53AM

Muruga: Clear

Sunset: 5:48PM

Nataraja: Orange

Moon – Orange

Magha•Masi**Sivaloka Day**

Creative Work Siddha Yoga

Creative Work Siddha Yoga

Creative Work Siddha Yoga

D**Sunday, March 3, 2024****Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Malmö, Sweden

Sun 7 Sutra 321

Sobhana 5125

Moon 2 - Phase 44 - 7

Ashtami

Vrischika Rasi: 13.43 Tithi 23

975447577

Gulika**3:05PM – 4:28PM**

Yama

12:20PM – 1:43PM**Rahu****4:28PM – 5:50PM****Anuradha Until 11:28AM**

Harshana Until 12:57PM

Balava Until 4:30PM

Ashtami* Until 4:24AM Mon**Ganesha:** Clear

Sunrise: 6:50AM

Muruga: Clear

Sunset: 5:50PM

Nataraja: Orange

Moon – Orange

Magha•Masi**Devaloka Day**

Creative Work Marana Yoga

Creative Work Marana Yoga

Creative Work Marana Yoga

Monday, March 4, 2024**Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Malmö, Sweden

Sun 8 Sutra 322

Sobhana 5125

Moon 2 - Phase 44 - 8

Navami

Vrischika Rasi: 26.44 Tithi 24

975447577

Gulika**1:43PM – 3:06PM**

Yama

10:57AM – 12:20PM**Rahu****8:11AM – 9:34AM****Jyeshtha* Until 11:45AM**

Vajra* Until 11:37AM

Taitila Until 4:08PM

Navami* Until 3:37AM Tue**Ganesha:** Clear

Sunrise: 6:48AM

Muruga: Clear

Sunset: 5:52PM

Nataraja: Orange

Moon – Orange

Magha•Masi**Devaloka Day**

Creative Work Siddha Yoga

Creative Work Siddha Yoga

Creative Work Siddha Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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1	Tuesday, March 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau						Malmö, Sweden Sun 9 Sutra 323 Sobhana 5125	
	Dhanus Rasi: 10.1	Tithi 25	Gulika 12:20PM – 1:43PM	Mula* Until 11:30AM	Ganesha: Red	Sunrise: 6:45AM	Devaloka Day			
			Yama 9:33AM – 10:56AM	Siddhi Until 9:38AM	Muruga: Clear	Sunset: 5:54PM				
	186447577	Rahu 3:07PM – 4:31PM	Vanija Until 2:57PM	Nataraja: Orange	Moon – Light Blue					
	Creative Work Amrita Yoga			Dashami Until 2:02AM Wed	Magha•Masi					
Until 11:30AM										
Then Creative Work - Siddha Yoga										
2	Wednesday, March 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau						Malmö, Sweden Sun 10 Sutra 324 Sobhana 5125	
	Dhanus Rasi: 24.05	Tithi 26	Gulika 10:55AM – 12:20PM	Purvashadha* Until 10:21AM	Ganesha: Red	Sunrise: 6:43AM	Devaloka Day			
			Yama 8:07AM – 9:31AM	Vyatipata* Until 7:02AM	Muruga: Clear	Sunset: 5:56PM				
	186447577	Rahu 12:20PM – 1:44PM	Bava Until 12:59PM	Nataraja: Orange	Moon – Light Blue					
	Creative Work Amrita Yoga			Ekadashi* Until 11:43PM	Magha•Masi					
Then Creative Work - Siddha Yoga										
3	Thursday, March 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau						Malmö, Sweden Sun 11 Sutra 325 Sobhana 5125	
	Makara Rasi: 8.28	Tithi 27	Gulika 9:30AM – 10:55AM	Uttarashadha Until 8:22AM	Ganesha: Red	Sunrise: 6:40AM	Devaloka Day			
			Yama 6:40AM – 8:05AM	Parigha* Until 12:12AM Fri	Muruga: Clear	Sunset: 5:58PM				
	186447577	Rahu 1:44PM – 3:09PM	Kaulava Until 10:21AM	Nataraja: Orange	Moon – Light Blue					
	Routine Work Marana Yoga			Dvdadashi* Until 8:48PM	Magha•Masi					
Until 8:22AM										
Then Creative Work - Siddha Yoga										
4	Friday, March 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau						Malmö, Sweden Sun 12 Sutra 326 Sobhana 5125	
	Makara Rasi: 23.14	Tithi 28 – 29	Gulika 8:03AM – 9:28AM	Shravana Until 6:08AM	Ganesha: Green	Sunrise: 6:38AM	Sivaloka Day			
			Yama 3:10PM – 4:35PM	Shiva Until 8:13PM	Muruga: Clear	Sunset: 6:00PM				
	196447577	Rahu 10:54AM – 12:19PM	Gara Until 7:11AM	Nataraja: Orange	Moon – Purple					
	Routine Work Marana Yoga			Trayodashi* Until 5:27PM	Magha•Masi					
Until 6:08AM			Pradosha Vrata (Fasting)							
Then Creative Work - Siddha Yoga										
	Saturday, March 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau						Malmö, Sweden Sun 13 Sutra 327 Sobhana 5125	
	Retreat Star		Gulika 6:35AM – 8:01AM	Shatabhishak Until 12:17AM Sun	Ganesha: Green	Sunrise: 6:35AM	Sivaloka Day			
	Kumbha Rasi: 8.19	Tithi 29 – 30	Yama 1:45PM – 3:11PM	Siddha Until 4:00PM	Muruga: Clear	Sunset: 6:02PM				
	196447577	Rahu 9:27AM – 10:53AM	Catuspada Until 11:56PM	Nataraja: Orange	Moon – Purple					
	Creative Work Amrita Yoga			Chaturdashi* Until 1:48PM	Magha•Masi					
Until 12:17AM Sun										
Then Creative Work - Siddha Yoga										
	Sunday, March 10, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau						Malmö, Sweden Sun 14 Sutra 328 Sobhana 5125	
	Retreat Star		Gulika 3:11PM – 4:38PM	Purvaproshtapada* Until 9:25PM	Ganesha: Orange	Sunrise: 6:33AM	Devaloka Day			
	Kumbha Rasi: 23.32	Tithi 30 – 1	Yama 12:18PM – 1:45PM	Sadhya Until 11:42AM	Muruga: Clear	Sunset: 6:04PM				
	116447577	Rahu 4:38PM – 6:04PM	Kintughna Until 8:09PM	Nataraja: Orange	Moon – Clear					
	Creative Work Siddha Yoga			Amavasya* Until 10:01AM	Phalgun•Masi					
Until 9:25PM										
Then Creative Work - Amrita Yoga										

1	Monday, March 11, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtpada Nakshatra Subha/Sukla Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau						Malmö, Sweden		
	Meena Rasi: 8.45	Tithi 1 – 2	Gulika	1:45PM – 3:12PM	Uttaraproshtpada Until 6:33PM	Ganesha: Orange	Sunrise: 6:30AM	Sun 15	Sutra 329		
	Family Home Evening	116447577	Yama	10:51AM – 12:18PM	Subha Until 7:28AM	Muruga: Clear	Sunset: 6:06PM	Moon 2 - Phase 46 - 15	Sobhana 5125		
	Creative Work	Siddha Yoga	Rahu	7:57AM – 9:24AM	Kaulava Until 2:45AM Tue	Nataraja: Orange		3rd Phase			
			Prathama* Until 6:17AM			Moon – Clear	Devaloka Day				
						Phalguna*Masi					
2	Tuesday, March 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau						Malmö, Sweden		
	Meena Rasi: 23.48	Tithi 3	Gulika	12:18PM – 1:46PM	Revati Until 3:52PM	Ganesha: Orange	Sunrise: 6:28AM	Sun 16	Sutra 330		
			Yama	9:23AM – 10:50AM	Brahma Until 11:37PM	Muruga: Clear	Sunset: 6:08PM	Moon 2 - Phase 46 - 16	Sobhana 5125		
			116447577	Rahu	3:13PM – 4:41PM	Taitila Until 1:08PM	Nataraja: Orange		3rd Phase		
			Tritiya Until 11:35PM			Moon – Clear	Devaloka Day				
						Phalguna*Masi					
			Subramuniyaswami Siva Vision Day								
3	Wednesday, March 13, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthyam Titau						Malmö, Sweden		
	Mesha Rasi: 8.33	Tithi 4	Gulika	10:49AM – 12:18PM	Ashvini Until 1:54PM	Ganesha: White	Sunrise: 6:25AM	Sun 17	Sutra 331		
			Yama	7:53AM – 9:21AM	Indra Until 8:17PM	Muruga: Clear	Sunset: 6:10PM	Moon 2 - Phase 46 - 17	Sobhana 5125		
			127447577	Rahu	12:18PM – 1:46PM	Vanija Until 10:13AM	Nataraja: Orange		3rd Phase		
			Chaturthi* Until 8:56PM			Moon – White	Bhuloka Day				
						Phalguna*Masi	Devaloka Time: 3:PM to 6:PM				
4	Thursday, March 14, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau						Malmö, Sweden		
	Mesha Rasi: 22.54	Tithi 5	Gulika	9:20AM – 10:49AM	Bharani Until 12:24PM	Ganesha: White	Sunrise: 6:22AM	Sun 18	Sutra 332		
			Yama	6:22AM – 7:51AM	Vaidhriti* Until 5:27PM	Muruga: Clear	Sunset: 6:12PM	Moon 2 - Phase 46 - 18	Sobhana 5125		
			127447577	Rahu	1:46PM – 3:15PM	Bava Until 7:52AM	Nataraja: Orange		3rd Phase		
			Panchami Until 6:55PM			Moon – White	Bhuloka Day				
			Karadaiyan Nombu (Tamil Nadu)			Phalguna*Panguni	Devaloka Time: 3:PM to 6:PM				
5	Friday, March 15, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau						Malmö, Sweden		
	Vrishabha Rasi: 6.49	Tithi 6 – 7	Gulika	7:49AM – 9:18AM	Krittika Until 11:27AM	Ganesha: White	Sunrise: 6:20AM	Sun 19	Sutra 333		
			Yama	3:16PM – 4:45PM	Vishkambha* Until 3:12PM	Muruga: Clear	Sunset: 6:14PM	Moon 2 - Phase 46 - 19	Sobhana 5125		
			127447578	Rahu	10:48AM – 12:17PM	Kaulava Until 6:12AM	Nataraja: Clear		3rd Phase		
			Shashthi* Until 5:38PM			Moon – White	Bhuloka Day				
						Phalguna*Panguni	Devaloka Time: 3:PM to 6:PM				
6	Saturday, March 16, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau						Malmö, Sweden		
	Vrishabha Rasi: 20.16	Tithi 7 – 8	Gulika	6:17AM – 7:47AM	Rohini Until 11:33AM	Ganesha: Clear	Sunrise: 6:17AM	Sun 20	Sutra 334		
			Yama	1:47PM – 3:17PM	Priti Until 1:35PM	Muruga: Clear	Sunset: 6:16PM	Moon 2 - Phase 46 - 20	Sobhana 5125		
			137447578	Rahu	9:17AM – 10:47AM	Visti Until 5:11AM Sun	Nataraja: Clear		3rd Phase		
			Saptami Until 5:07PM			Moon – Yellow	Devaloka Day				
						Phalguna*Panguni					
D	Sunday, March 17, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Malmö, Sweden		
	Retreat Star		Gulika	3:17PM – 4:48PM	Mrigashira Until 12:15PM	Ganesha: Clear	Sunrise: 6:15AM	Sun 21	Sutra 335		
	Mithuna Rasi: 3.19	Tithi 8 – 9	Yama	12:17PM – 1:47PM	Ayushman Until 12:33PM	Muruga: Clear	Sunset: 6:18PM	Moon 2 - Phase 46 - 21	Sobhana 5125		
			137447578	Rahu	4:48PM – 6:18PM	Balava Until 5:48AM Mon	Nataraja: Clear		Ashtami		
			Ashtami* Until 5:23PM			Moon – Yellow	Devaloka Day				
						Phalguna*Panguni					
	Monday, March 18, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava Karana Navamyam Titau						Malmö, Sweden		
	Retreat Star		Gulika	1:47PM – 3:18PM	Ardra Until 1:30PM	Ganesha: Clear	Sunrise: 6:12AM	Sun 22	Sutra 336		
	Mithuna Rasi: 16	Tithi 9	Yama	10:45AM – 12:16PM	Saubhagya Until 12:05PM	Muruga: Clear	Sunset: 6:20PM	Moon 2 - Phase 46 - 22	Sobhana 5125		
	Family Home Evening	137447578	Rahu	7:43AM – 9:14AM	Kaulava Until 6:20PM	Nataraja: Clear		Navami			
			Navami* Until 6:20PM			Moon – Yellow	Devaloka Day				
						Phalguna*Panguni					
			Then Creative Work - Amrita Yoga								

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1	Tuesday, March 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden
	Mithuna Rasi: 28.24	Tithi 10	Gulika 12:16PM – 1:48PM	Punarvasu Until 3:39PM	Ganesha: Clear	<i>Sunrise:</i> 6:10AM	Sun 23 Sutra 337
			Yama 9:13AM – 10:44AM	Sobhana Until 12:06PM	Muruga: Clear	<i>Sunset:</i> 6:22PM	Sobhana 5125
	148447578	Rahu 3:19PM – 4:51PM		Taitila Until 7:04AM	Nataraja: Clear		Moon 2 - Phase 47 - 23
Creative Work	Siddha Yoga			Dashami Until 7:53PM	Moon – Blue		4th Phase
					Phalguna*Panguni	Devaloka Day	
2	Wednesday, March 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Malmö, Sweden
	Kataka Rasi: 10.35	Tithi 11	Gulika 10:43AM – 12:16PM	Pushya Until 6:07PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM	Sun 24 Sutra 338
			Yama 7:39AM – 9:11AM	Athiganda* Until 12:28PM	Muruga: Clear	<i>Sunset:</i> 6:24PM	Sobhana 5125
	148447578	Rahu 12:16PM – 1:48PM		Vanija Until 8:51AM	Nataraja: Clear		Moon 2 - Phase 47 - 24
Creative Work	Siddha Yoga			Ekadashi Until 9:53PM	Moon – Blue		4th Phase
					Phalguna*Panguni	Devaloka Day	
3	Thursday, March 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Malmö, Sweden
	Kataka Rasi: 22.35	Tithi 12	Gulika 9:10AM – 10:43AM	Ashlesha* Until 8:44PM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Sun 25 Sutra 339
			Yama 6:04AM – 7:37AM	Sukarma Until 1:09PM	Muruga: Clear	<i>Sunset:</i> 6:26PM	Sobhana 5125
	148447578	Rahu 1:48PM – 3:21PM		Bava Until 11:02AM	Nataraja: Clear		Moon 2 - Phase 47 - 25
Creative Work	Siddha Yoga			Dvadashi Until 12:13AM Fri	Moon – Blue		4th Phase
Until 8:44PM		Yogaswami Mahasamadhi			Phalguna*Panguni	Devaloka Day	
Then Creative Work - Amrita Yoga							
4	Friday, March 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden
	Simha Rasi: 4.29	Tithi 13	Gulika 7:35AM – 9:08AM	Magha* Until 11:54PM	Ganesha: Purple	<i>Sunrise:</i> 6:02AM	Sun 26 Sutra 340
			Yama 3:22PM – 4:55PM	Dhriti Until 2:02PM	Muruga: Clear	<i>Sunset:</i> 6:28PM	Sobhana 5125
	158447578	Rahu 10:42AM – 12:15PM		Kaulava Until 1:30PM	Nataraja: Clear		Moon 2 - Phase 47 - 26
Routine Work	Marana Yoga			Trayodashi Until 2:46AM Sat	Moon – Red		4th Phase
Until 11:54PM					Phalguna*Panguni	Sivaloka Day	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>			
5	Saturday, March 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden
	Simha Rasi: 16.19	Tithi 14	Gulika 5:59AM – 7:33AM	Purvaphalguni Until 3:00AM Sun	Ganesha: Purple	<i>Sunrise:</i> 5:59AM	Sun 27 Sutra 341
			Yama 1:49PM – 3:22PM	Shula* Until 3:00PM	Muruga: Clear	<i>Sunset:</i> 6:30PM	Sobhana 5125
	158447578	Rahu 9:07AM – 10:41AM		Gara Until 4:05PM	Nataraja: Clear		Moon 2 - Phase 47 - 27
Creative Work	Siddha Yoga			Chaturdashi* Until 5:23AM Sun	Moon – Red		4th Phase
Until 3:00AM Sun					Phalguna*Panguni	Sivaloka Day	
Then Creative Work - Amrita Yoga							
	Sunday, March 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Purnimayam Titau				Malmö, Sweden
	Copper Retreat Star		Gulika 3:23PM – 4:58PM	Uttaraphalguni Until 5:55AM Mon	Ganesha: Purple	<i>Sunrise:</i> 5:57AM	Sutra 342
	Simha Rasi: 28.08	Tithi 15	Yama 12:14PM – 1:49PM	Ganda* Until 4:00PM	Muruga: Clear	<i>Sunset:</i> 6:32PM	Sobhana 5125
	158447578	Rahu 4:58PM – 6:32PM		Visti Until 6:43PM	Nataraja: Clear		Moon 2 - Phase 47 - Purnima
Creative Work	Amrita Yoga			Purnima* Until 7:59AM Mon	Moon – Red		
Until 5:55AM Mon		Panguni Uttiram			Phalguna*Panguni	Sivaloka Day	
Then Creative Work - Siddha Yoga		Holi					
	Monday, March 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Malmö, Sweden
	Silver Retreat Star		Gulika 1:49PM – 3:24PM	Hasta Until 9:02AM Tue	Ganesha: Purple	<i>Sunrise:</i> 5:54AM	Sutra 343
	Kanya Rasi: 9.57	Tithi 15 – 16	Yama 10:39AM – 12:14PM	Vriddhi Until 4:57PM	Muruga: Clear	<i>Sunset:</i> 6:34PM	Sobhana 5125
	158447578	Rahu 7:29AM – 9:04AM		Balava Until 9:15PM	Nataraja: Clear		Moon 2 - Phase 47 - Prathama
Creative Work	Siddha Yoga			Purnima* Until 7:59AM	Moon – Red		
					Phalguna*Panguni	Sivaloka Day	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Malmö, Sweden on 1/18/22

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Tuesday, March 26, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Malmö, Sweden

Sutra 344

Sobhana 5125

Moon 3 - Phase 48 -

1st Phase

Kanya Rasi: 21.49

Tithi 16 – 17

Gulika

12:14PM – 1:49PM

Hasta Until 9:02AM

Ganesha: Purple

Sunrise: 5:51AM

Yama

9:03AM – 10:38AM

Dhruva Until 5:45PM

Muruga: Clear

Sunset: 6:36PM

Rahu

3:25PM – 5:01PM

Taitila Until 11:35PM

Nataraja: Clear

Moon – Green

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work

Siddha Yoga

1

Wednesday, March 27, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Malmö, Sweden

Sun 1 Sutra 345

Sobhana 5125

Moon 3 - Phase 48 - 1

1st Phase

Tula Rasi: 3.46

Tithi 17 – 18

Gulika

10:37AM – 12:14PM

Chitra Until 11:45AM

Ganesha: Purple

Sunrise: 5:49AM

Yama

7:25AM – 9:01AM

Vyaghata* Until 6:22PM

Muruga: Clear

Sunset: 6:38PM

Rahu

12:14PM – 1:50PM

Vanija Until 1:38AM Thu

Nataraja: Clear

Moon – Green

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work

Siddha Yoga

2

Thursday, March 28, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Malmö, Sweden

Sun 2 Sutra 346

Sobhana 5125

Moon 3 - Phase 48 - 2

1st Phase

Tula Rasi: 15.51

Tithi 18 – 19

Gulika

9:00AM – 10:36AM

Svati Until 1:59PM

Ganesha: Clear

Sunrise: 5:46AM

Yama

5:46AM – 7:23AM

Harshana Until 6:43PM

Muruga: Clear

Sunset: 6:40PM

Rahu

1:50PM – 3:27PM

Bava Until 3:17AM Fri

Nataraja: Clear

Moon – Green

Devaloka Day

Creative Work

Amrita Yoga

Until 1:59PM

Then Creative Work - Siddha Yoga

3

Friday, March 29, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Malmö, Sweden

Sun 3 Sutra 347

Sobhana 5125

Moon 3 - Phase 48 - 3

1st Phase

Tula Rasi: 28.06

Tithi 19 – 20

Gulika

7:21AM – 8:58AM

Vishakha Until 4:07PM

Ganesha: White

Sunrise: 5:44AM

Yama

3:28PM – 5:05PM

Vajra* Until 6:42PM

Muruga: Clear

Sunset: 6:42PM

Rahu

10:36AM – 12:13PM

Kaulava Until 4:27AM Sat

Nataraja: Clear

Moon – Orange

Sivaloka Day

Creative Work

Siddha Yoga

4

Saturday, March 30, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Malmö, Sweden

Sun 4 Sutra 348

Sobhana 5125

Moon 3 - Phase 48 - 4

1st Phase

Vrischika Rasi: 10.33

Tithi 20 – 21

Gulika

5:41AM – 7:19AM

Anuradha Until 5:36PM

Ganesha: White

Sunrise: 5:41AM

Yama

1:50PM – 3:28PM

Siddhi Until 6:17PM

Muruga: Clear

Sunset: 6:44PM

Rahu

8:57AM – 10:35AM

Gara Until 5:03AM Sun

Nataraja: Clear

Moon – Orange

Sivaloka Day

Creative Work

Siddha Yoga

5

Sunday, March 31, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Malmö, Sweden

Sun 5 Sutra 349

Sobhana 5125

Moon 3 - Phase 48 - 5

1st Phase

Vrischika Rasi: 23.15

Tithi 21 – 22

Gulika

3:29PM – 5:08PM

Jyeshtha* Until 6:21PM

Ganesha: White

Sunrise: 5:39AM

Yama

12:12PM – 1:51PM

Vyatipata* Until 5:26PM

Muruga: Clear

Sunset: 6:46PM

Rahu

5:08PM – 6:46PM

Visti Until 5:02AM Mon

Nataraja: Clear

Moon – Orange

Sivaloka Day

Routine Work

Marana Yoga

Until 6:21PM

Then Creative Work - Amrita Yoga

6

Monday, April 1, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Malmö, Sweden

Sun 6 Sutra 350

Sobhana 5125

Moon 3 - Phase 48 - 6

1st Phase

Dhanus Rasi: 6.16

Tithi 22 – 23

Gulika

1:51PM – 3:29PM

Mula* Until 6:46PM

Ganesha: Yellow

Sunrise: 5:39AM

Yama

10:34AM – 12:12PM

Variyan Until 4:02PM

Muruga: Clear

Sunset: 6:46PM

Rahu

7:17AM – 8:55AM

Balava Until 4:21AM Tue

Nataraja: Clear

Moon – Light Blue

Devaloka Day

Family Home Evening

Creative Work

Siddha Yoga

Until 6:46PM

Then Routine Work - Marana Yoga

D

Tuesday, April 2, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Malmö, Sweden

Sun 7 Sutra 351

Sobhana 5125

Moon 3 - Phase 48 - 7

Ashtami

Dhanus Rasi: 19.37

Tithi 23 – 24

Gulika

12:12PM – 1:51PM

Purvashadha* Until 6:22PM

Ganesha: Yellow

Sunrise: 5:36AM

Yama

8:54AM – 10:33AM

Parigha* Until 2:07PM

Muruga: Clear

Sunset: 6:48PM

Rahu

3:30PM – 5:09PM

Taitila Until 3:00AM Wed

Nataraja: Clear

Moon – Light Blue

Devaloka Day

Creative Work

Siddha Yoga

Until 6:22PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 3, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Malmö, Sweden

Sun 8 Sutra 352

Sobhana 5125

Moon 3 - Phase 48 - 8

Navami

Makara Rasi: 3.22

Tithi 24 – 25

Gulika

10:32AM – 12:12PM

Uttarashadha Until 5:12PM

Ganesha: Yellow

Sunrise: 5:33AM

Yama

7:13AM – 8:53AM

Shiva Until 11:42AM

Muruga: Clear

Sunset: 6:50PM

Rahu

12:12PM – 1:51PM

Vanija Until 1:01AM Thu

Nataraja: Clear

Moon – Light Blue

Devaloka Day

Creative Work

Amrita Yoga

Until 5:12PM

Then Creative Work - Siddha Yoga

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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1	Thursday, April 4, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau						Malmö, Sweden
	Makara Rasi: 17.29	Tithi 25 – 26	Gulika	8:51AM – 10:31AM	Shravana Until 3:43PM	Ganesha: Blue	Sunrise: 5:31AM	Sun 9	Sutra 353
			Yama	5:31AM – 7:11AM	Siddha Until 8:46AM	Muruga: Clear	Sunset: 6:52PM	Moon 3 - Phase 49 - 9	Sobhana 5125
	Creative Work	Siddha Yoga	191547578 Rahu	1:52PM – 3:32PM	Bava Until 10:29PM	Nataraja: Clear			2nd Phase
				Dashami Until 11:48AM	Moon – Purple				
					Phalguna*Panguni		Sivaloka Day		
2	Friday, April 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau						Malmö, Sweden
	Kumbha Rasi: 1.59	Tithi 26 – 27	Gulika	7:09AM – 8:50AM	Dhanishtha Until 1:37PM	Ganesha: Blue	Sunrise: 5:28AM	Sun 10	Sutra 354
			Yama	3:33PM – 5:13PM	Subha Until 1:44AM Sat	Muruga: Clear	Sunset: 6:54PM	Moon 3 - Phase 49 - 10	Sobhana 5125
	Creative Work	Siddha Yoga	191547578 Rahu	10:30AM – 12:11PM	Kaulava Until 7:29PM	Nataraja: Clear			2nd Phase
				Ekadashi* Until 9:01AM	Moon – Purple				
					Phalguna*Panguni		Sivaloka Day		
3	Saturday, April 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau						Malmö, Sweden
	Kumbha Rasi: 16.47	Tithi 28	Gulika	5:26AM – 7:07AM	Shatabhishak Until 11:00AM	Ganesha: Blue	Sunrise: 5:26AM	Sun 11	Sutra 355
			Yama	1:52PM – 3:33PM	Sukla Until 9:47PM	Muruga: Clear	Sunset: 6:56PM	Moon 3 - Phase 49 - 11	Sobhana 5125
	Creative Work	Amrita Yoga	191547578 Rahu	8:48AM – 10:30AM	Gara Until 4:09PM	Nataraja: Clear			2nd Phase
	Until 11:00AM			Trayodashi* Until 2:24AM Sun	Moon – Purple				
	Then Routine Work - Marana Yoga			Pradosha Vrata (Fasting)	Phalguna*Panguni		Sivaloka Day		
4	Sunday, April 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau						Malmö, Sweden
	Meena Rasi: 1.47	Tithi 29	Gulika	3:34PM – 5:16PM	Purvaproshtapada* Until 8:27AM	Ganesha: Red	Sunrise: 5:23AM	Sun 12	Sutra 356
			Yama	12:11PM – 1:52PM	Brahma Until 5:44PM	Muruga: Clear	Sunset: 6:58PM	Moon 3 - Phase 49 - 12	Sobhana 5125
	Creative Work	Siddha Yoga	111547578 Rahu	5:16PM – 6:58PM	Visti Until 12:38PM	Nataraja: Clear			2nd Phase
	Until 8:27AM			Chaturdashi* Until 10:51PM	Moon – Clear				
	Then Creative Work - Amrita Yoga				Phalguna*Panguni		Devaloka Day		
	Monday, April 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau						Malmö, Sweden
	Retreat Star		Gulika	1:53PM – 3:35PM	Revati Until 2:52AM Tue	Ganesha: Red	Sunrise: 5:21AM	Sun 13	Sutra 357
	Meena Rasi: 16.52	Tithi 30	Yama	10:28AM – 12:10PM	Indra Until 1:42PM	Muruga: Clear	Sunset: 7:00PM	Moon 3 - Phase 49 - 13	Sobhana 5125
	Family Home Evening		111547578 Rahu	7:03AM – 8:45AM	Catuspada Until 9:05AM	Nataraja: Clear			Amavasya
	Creative Work	Siddha Yoga			Amavasya* Until 7:20PM	Moon – Clear			
					Phalguna*Panguni		Devaloka Day		
	Tuesday, April 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau						Malmö, Sweden
	Retreat Star		Gulika	12:10PM – 1:53PM	Ashvini Until 12:35AM Wed	Ganesha: Yellow	Sunrise: 5:18AM	Sun 14	Sutra 358
	Mesha Rasi: 1.51	Tithi 1 – 2	Yama	8:44AM – 10:27AM	Vaidhriti* Until 9:45AM	Muruga: Clear	Sunset: 7:02PM	Moon 3 - Phase 49 - 14	Sobhana 5125
			121547578 Rahu	3:36PM – 5:19PM	Balava Until 2:29AM Wed	Nataraja: Clear			Prathama
	Creative Work	Siddha Yoga			Prathama* Until 4:00PM	Moon – White			
			Chellappaswami Mahasamadhi			Chaitra*Panguni	Devaloka Day		

1	Wednesday, April 10, 2024			Sobhana Nama Samvatsare Utarayane Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Malmö, Sweden	
	Mesha Rasi: 16.38		Tithi 2 – 3	Gulika	10:26AM – 12:10PM	Bharani Until 10:34PM		Ganesha: Yellow	Sunrise: 5:16AM	Sun 15	Sutra 359
				Yama	6:59AM – 8:43AM	Vishkambha* Until 6:05AM		Muruga: Clear	Sunset: 7:04PM	Sobhana 5125	
	121547578			Rahu	12:10PM – 1:53PM	Taitila Until 11:44PM		Nataraja: Clear		Moon 3 - Phase 50 - 15 3rd Phase	
	Creative Work	Siddha Yoga				Dvitiya Until 1:02PM		Moon – White	Devaloka Day		
Until 10:34PM											
Then Creative Work - Amrita Yoga											

2	Thursday, April 11, 2024			Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau						Malmö, Sweden	
	Vrishabha Rasi: 1.05		Tithi 3 – 4	Gulika	8:41AM – 10:25AM	Krittika Until 8:58PM	Ganesha: Yellow	Sunrise: 5:13AM	Sun 16	Sutra 360	
				Yama	5:13AM – 6:57AM	Ayushman Until 11:57PM	Muruga: Clear	Sunset: 7:06PM	Moon 3 - Phase 50 - 16	Sobhana 5125	
			121547578	Rahu	1:54PM – 3:38PM	Vanija Until 9:34PM	Nataraja: Clear		3rd Phase		
	Routine Work	Marana Yoga				Tritiya Until 10:33AM	Moon – White	Devaloka Day			
							Chaitra•Panguni				

3	Friday, April 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau						Malmö, Sweden	
			Gulika	6:55AM – 8:40AM	Rohini Until 8:20PM	Ganesha: White	Sunrise: 5:11AM	Sun 17	Sutra 361	
	Vrishabha Rasi: 15.08 Tithi 4 – 5		Yama	3:39PM – 5:23PM	Saubhagya Until 9:41PM	Muruga: Clear	Sunset: 7:08PM	Moon 3 - Phase 50 - 17	Sobhana 5125	
			131547578 Rahu	10:25AM – 12:09PM	Bava Until 8:04PM	Nataraja: Clear		3rd Phase		
	Routine Work Marana Yoga				Chaturthi* Until 8:42AM	Moon – Yellow	Sivaloka Day			
	Until 8:20PM					Chaitra•Panguni				
Then Creative Work - Siddha Yoga										

4	Saturday, April 13, 2024		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau						Malmö, Sweden	
			Gulika	5:08AM – 6:53AM	Mrigashira Until 8:19PM	Ganesha: Clear	Sunrise: 5:08AM	Sun 18	Sutra 362	
	Vrishabha Rasi: 28.45 Tithi 5 – 6		Yama	1:54PM – 3:39PM	Sobhana Until 8:04PM	Muruga: Clear	Sunset: 7:10PM	Moon 3 - Phase 50 - 18	Sobhana 5125	
	132547578		Rahu	8:39AM – 10:24AM	Kaulava Until 7:20PM	Nataraja: Clear		3rd Phase		
	Creative Work	Siddha Yoga			Panchami Until 7:35AM	Moon – Yellow	Devaloka Day			
						Chaitra*Chaitra				

5	Sunday, April 14, 2024				Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Malmö, Sweden		
	Mithuna Rasi: 11.55		Tithi 6 – 7		Gulika	3:40PM – 5:26PM	Ardra Until 8:56PM	Ganesha: White	Sunrise: 5:06AM	Sun 19	Sutra 363
					Yama	12:09PM – 1:54PM	Athiganda* Until 7:02PM	Muruga: Clear	Sunset: 7:12PM	Moon 3 - Phase 50 - 19	Krodhin 5126
			232547578		Rahu	5:26PM – 7:12PM	Gara Until 7:25PM	Nataraja: Clear		3rd Phase	
	Creative Work		Siddha Yoga						Moon – Yellow		Bhuloka Day
				Tamil New Year		Shashthi* Until 7:16AM		Chaitra*Chaitra		Devaloka Time: 3PM to 6PM	

D	Monday, April 15, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam						Malmö, Sweden	
	Retreat Star		Punarvasu Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau						Sun 20 Sutra 364	
			Gulika	1:55PM – 3:41PM	Punarvasu Until 10:36PM		Ganesha: Clear	Sunrise: 5:03AM	Krodhin 5126	
	Mithuna Rasi: 24.41	Tithi 7 – 8	Yama	10:22AM – 12:08PM	Sukarma Until 6:38PM		Muruga: Clear	Sunset: 7:14PM	Moon 3 - Phase 50 - 20	
	Family Home Evening		242547578	Rahu	6:49AM – 8:36AM		Nataraja: Clear		Ashtami	
	Creative Work	Amrita Yoga			Visti Until 8:16PM		Moon – Blue		Devaloka Day	
	Until 10:36PM				Saptami Until 7:44AM		Chaitra*Chaitra			
Then Creative Work - Siddha Yoga										

Tuesday, April 16, 2024				Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam						Malmö, Sweden			
Retreat Star				Pushya Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Sun 21			
Kataka Rasi: 7.08		Tithi 8 – 9		Gulika	12:08PM – 1:55PM		Pushya Until 12:45AM Wed		Ganesha:	Clear	Sunrise:	5:01AM	Krodhin 5126
				Yama	8:34AM – 10:21AM		Dhriti Until 6:46PM		Muruga:	Clear	Sunset:	7:16PM	Moon 3 - Phase 50 - 21
		242547578		Rahu	3:42PM – 5:29PM		Balava Until 9:47PM		Nataraja:	Clear	Navami		
Creative Work		Siddha Yoga				Ashtami* Until 8:56AM		Moon – Blue		Devaloka Day			
				Sri Rama Navami				Chaitra*Chaitra					

1	Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Malmö, Sweden
	Kataka Rasi: 19.18	Tithi 9 – 10	Gulika Yama	10:21AM – 12:08PM 6:46AM – 8:33AM	Ashlesha* Until 3:15AM Thu Shula* Until 7:18PM Taitila Until 11:51PM Navami* Until 10:45AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Chaitra*Chaitra	Sun 22 Sutra 2 Krodhin 5126 Moon 3 - Phase 1 - 22 4th Phase
	242547578	Rahu	12:08PM – 1:55PM				
	Creative Work	Siddha Yoga				Devaloka Day	
Until 3:15AM Thu							
Then Creative Work - Amrita Yoga							
2	Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Malmö, Sweden
	Simha Rasi: 1.16	Tithi 10 – 11	Gulika Yama	8:32AM – 10:20AM 4:56AM – 6:44AM	Magha* Until 6:24AM Fri Ganda* Until 8:10PM Vanija Until 2:17AM Fri Dashami Until 1:01PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Chaitra*Chaitra	Sun 23 Sutra 3 Krodhin 5126 Moon 3 - Phase 1 - 23 4th Phase
	252547578	Rahu	1:56PM – 3:44PM				
	Creative Work	Amrita Yoga				Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Until 6:24AM Fri							
Then Creative Work - Siddha Yoga							
3	Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Malmö, Sweden
	Simha Rasi: 13.08	Tithi 11 – 12	Gulika Yama	6:42AM – 8:30AM 3:45PM – 5:33PM	Magha* Until 6:24AM Vridhi Until 9:12PM Bava Until 4:53AM Sat Ekadashi Until 3:33PM	Ganesha: Purple Muruga: Purple Nataraja: Clear Moon – Red Chaitra*Chaitra	Sun 24 Sutra 4 Krodhin 5126 Moon 3 - Phase 1 - 24 4th Phase
	252557578	Rahu	10:19AM – 12:08PM				
	Routine Work	Marana Yoga				Devaloka Day	
Until 6:24AM							
Then Creative Work - Siddha Yoga							
4	Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Balava Karana Dvadashyam Titau				Malmö, Sweden
	Simha Rasi: 24.56	Tithi 12	Gulika Yama	4:51AM – 6:40AM 1:56PM – 3:45PM	Purvaphalguni Until 9:31AM Dhruva Until 10:14PM Balava Until 6:10PM Dvadashi Until 6:10PM	Ganesha: Purple Muruga: Purple Nataraja: Clear Moon – Red Chaitra*Chaitra	Sun 25 Sutra 5 Krodhin 5126 Moon 3 - Phase 1 - 25 4th Phase
	252557578	Rahu	8:29AM – 10:18AM				
	Creative Work	Siddha Yoga				Devaloka Day	
Until 9:31AM							
Then Routine Work - Marana Yoga							
5	Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Malmö, Sweden
	Kanya Rasi: 6.44	Tithi 13	Gulika Yama	3:46PM – 5:36PM 12:07PM – 1:57PM	Uttaraphalguni Until 12:26PM Vyaghata* Until 11:11PM Kaulava Until 7:28AM Trayodashi Until 8:41PM	Ganesha: Purple Muruga: Purple Nataraja: Clear Moon – Red Chaitra*Chaitra	Sun 26 Sutra 6 Krodhin 5126 Moon 3 - Phase 1 - 26 4th Phase
	252557578	Rahu	5:36PM – 7:26PM				
	Creative Work	Amrita Yoga				Devaloka Day	
						Pradosha Vrata	
6	Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Malmö, Sweden
	Kanya Rasi: 18.36	Tithi 14	Gulika Yama	1:57PM – 3:47PM 10:17AM – 12:07PM	Hasta Until 3:29PM Harshana Until 11:58PM Gara Until 9:53AM Chaturdashi* Until 10:57PM	Ganesha: Purple Muruga: Purple Nataraja: Clear Moon – Green Chaitra*Chaitra	Sun 27 Sutra 7 Krodhin 5126 Moon 3 - Phase 1 - 27 4th Phase
	262657578	Rahu	6:36AM – 8:27AM				
	Family Home Evening	Siddha Yoga				Subha Sivaloka Day	
Until 3:29PM							
Then Routine Work - Prabalarishta Yoga							
O	Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Malmö, Sweden
	Copper Retreat Star		Gulika Yama	12:07PM – 1:57PM 8:25AM – 10:16AM	Chitra Until 6:02PM Vajra* Until 12:26AM Wed Visti Until 11:58AM Purnima* Until 12:51AM Wed	Ganesha: Purple Muruga: Purple Nataraja: Clear Moon – Green Chaitra*Chaitra	Sutra 8 Krodhin 5126 Moon 3 - Phase 1 - Purnima
	Tula Rasi: 0.35	Tithi 15	262657578	Rahu	3:48PM – 5:39PM		
	Creative Work	Siddha Yoga				Subha Sivaloka Day	
						Chitra Purnima (Tamil Nadu) Hanuman Jayanti	
	Wednesday, April 24, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Malmö, Sweden
	Silver Retreat Star		Gulika Yama	10:15AM – 12:07PM 6:33AM – 8:24AM	Svati Until 8:02PM Siddhi Until 12:35AM Thu Balava Until 1:40PM Prathama* Until 2:19AM Thu	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Green Chaitra*Chaitra	Sutra 9 Krodhin 5126 Moon 3 - Phase 1 - Prathama
	Tula Rasi: 12.43	Tithi 16	262657579	Rahu	12:07PM – 1:58PM		
	Creative Work	Siddha Yoga				Subha Subha Sivaloka Day	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda