



Sunday, May 7, 2023

Gold Retreat Star

Vrischika Rasi: 8.04 Tithi 17

Routine Work Marana Yoga

272996579

Gulika 3:41PM – 5:14PM
Yama 12:35PM – 2:08PM
Rahu 5:14PM – 6:47PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Parigha* Yoga Taitila/Gara Karana Dvitiyayam Titau

Anuradha Until 8:50PM

Parigha* Until 3:20AM Mon

Taitila Until 9:39AM

Dvitiya Until 8:45PM

Ganesha: White *Sunrise:* 6:23AM
Muruga: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Kandy, Sri Lanka
Sutra 20
Sobhana 5125
Moon 5 - Phase 4 -
1st Phase

1

Monday, May 8, 2023

Vrischika Rasi: 22 Tithi 18

Family Home Evening

Creative Work Siddha Yoga

272196579

Gulika 2:08PM – 3:41PM
Yama 11:02AM – 12:35PM
Rahu 7:56AM – 9:29AM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiyayam Titau

Jyeshtha* Until 7:29PM

Shiva Until 12:36AM Tue

Vanija Until 7:49AM

Tritiya Until 6:47PM

Ganesha: Blue *Sunrise:* 6:23AM
Muruga: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Kandy, Sri Lanka
Sun 1 Sutra 21
Sobhana 5125
Moon 5 - Phase 4 - 1
1st Phase

2

Tuesday, May 9, 2023

Dhanus Rasi: 6.06 Tithi 19 – 20

Creative Work Amrita Yoga

Until 6:12PM

Then Creative Work - Siddha Yoga

282196579

Gulika 12:35PM – 2:08PM
Yama 9:29AM – 11:02AM
Rahu 3:41PM – 5:14PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mula* Until 6:12PM

Siddha Until 9:42PM

Kaulava Until 3:29AM Wed

Chaturthi* Until 4:37PM

Ganesha: Red *Sunrise:* 6:22AM
Muruga: Clear *Sunset:* 6:47PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Kandy, Sri Lanka
Sun 2 Sutra 22
Sobhana 5125
Moon 5 - Phase 4 - 2
1st Phase

3

Wednesday, May 10, 2023

Dhanus Rasi: 20.19 Tithi 20 – 21

Creative Work Amrita Yoga

283196579

Gulika 11:02AM – 12:35PM
Yama 7:55AM – 9:29AM
Rahu 12:35PM – 2:08PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*Uttarashadha Nakshatra Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Purvashadha* Until 4:40PM

Sadhya Until 6:44PM

Gara Until 1:10AM Thu

Panchami Until 2:19PM

Ganesha: Blue *Sunrise:* 6:22AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Kandy, Sri Lanka
Sun 3 Sutra 23
Sobhana 5125
Moon 5 - Phase 4 - 3
1st Phase

4

Thursday, May 11, 2023

Makara Rasi: 4.34 Tithi 21 – 22

Routine Work Marana Yoga

Until 2:58PM

Then Creative Work - Siddha Yoga

283196579

Gulika 9:28AM – 11:02AM
Yama 6:22AM – 7:55AM
Rahu 2:08PM – 3:41PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Uttarashadha Until 2:58PM

Subha Until 3:46PM

Visti Until 10:50PM

Shashthi* Until 11:59AM

Ganesha: Blue *Sunrise:* 6:22AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Purple
Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Kandy, Sri Lanka
Sun 4 Sutra 24
Sobhana 5125
Moon 5 - Phase 4 - 4
1st Phase

D

Friday, May 12, 2023

Retreat Star

Makara Rasi: 18.49 Tithi 22 – 23

Routine Work Marana Yoga

Until 1:35PM

Then Creative Work - Siddha Yoga

293196579

Gulika 7:55AM – 9:28AM
Yama 3:41PM – 5:15PM
Rahu 11:02AM – 12:35PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shravana Until 1:35PM

Sukla Until 12:48PM

Balava Until 8:34PM

Saptami Until 9:40AM

Ganesha: Red *Sunrise:* 6:22AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Kandy, Sri Lanka
Sun 5 Sutra 25
Sobhana 5125
Moon 5 - Phase 4 - 5
Ashtami

Saturday, May 13, 2023

Retreat Star

Kumbha Rasi: 3.01 Tithi 23 – 24

Creative Work Siddha Yoga

Until 12:09PM

Then Creative Work - Amrita Yoga

293196579

Gulika 6:22AM – 7:55AM
Yama 2:08PM – 3:41PM
Rahu 9:28AM – 11:02AM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dhanishtha Until 12:09PM

Brahma Until 9:55AM

Taitila Until 6:23PM

Ashtami* Until 7:26AM

Ganesha: Red *Sunrise:* 6:22AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Purple
Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Kandy, Sri Lanka
Sun 6 Sutra 26
Sobhana 5125
Moon 5 - Phase 4 - 6
Navami

1	Sunday, May 14, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Kandy, Sri Lanka		
	Kumbha Rasi: 17.08		Tithi 25		Sun 7		Sutra 27		
	Creative Work		Siddha Yoga		Sobhana 5125		Moon 5 - Phase 5 - 7		
	293196579		2nd Phase		Sivaloka Day				
				Mother's Day		Dashami Until 3:23AM Mon		Vaisaka*Chaitra	
2	Monday, May 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau				Kandy, Sri Lanka		
	Meena Rasi: 1.1		Tithi 26		Sun 8		Sutra 28		
	Family Home Evening		Routine Work		Sobhana 5125		Moon 5 - Phase 5 - 8		
	Until 9:43AM		Marana Yoga		2nd Phase		Sivaloka Day		
				Then Creative Work - Siddha Yoga					
3	Tuesday, May 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kandy, Sri Lanka		
	Meena Rasi: 15.02		Tithi 27		Sun 9		Sutra 29		
	Creative Work		Amrita Yoga		Sobhana 5125		Moon 5 - Phase 5 - 9		
	Until 8:49AM		Then Creative Work - Siddha Yoga		2nd Phase		Sivaloka Day		
4	Wednesday, May 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Kandy, Sri Lanka		
	Meena Rasi: 28.45		Tithi 28		Sun 10		Sutra 30		
	Routine Work		Marana Yoga		Sobhana 5125		Moon 5 - Phase 5 - 10		
	213196579		2nd Phase		Sivaloka Day				
				Pradosha Vrata (Fasting)					
5	Thursday, May 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Saubhagya Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kandy, Sri Lanka		
	Mesha Rasi: 12.17		Tithi 29		Sun 11		Sutra 31		
	Creative Work		Amrita Yoga		Sobhana 5125		Moon 5 - Phase 5 - 11		
	Until 7:52AM		Then Creative Work - Siddha Yoga		2nd Phase		Sivaloka Day		
●	Friday, May 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kandy, Sri Lanka		
	Mesha Rasi: 25.34		Tithi 30		Sun 12		Sutra 32		
	Creative Work		Siddha Yoga		Sobhana 5125		Moon 5 - Phase 5 - 12		
	223196579		Amavasya		Sivaloka Day				
	Saturday, May 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Kandy, Sri Lanka		
	Vrishabha Rasi: 8.38		Tithi 1		Sun 13		Sutra 33		
	Creative Work		Amrita Yoga		Sobhana 5125		Moon 5 - Phase 5 - 13		
	223196579		Prathama		Sivaloka Day				

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kandy, Sri Lanka Sun 14 Sutra 34	
	Vrishabha Rasi: 21.26	Tithi 2	Gulika 3:42PM – 5:16PM	Rohini Until 9:35AM	Ganesha: Clear	Sunrise: 6:21AM	Sobhana 5125	
	233196579	Yama 12:35PM – 2:09PM	Rahu 5:16PM – 6:49PM	Sukarma Until 5:13PM	Muruga: Clear	Sunset: 6:49PM	Moon 5 - Phase 6 - 14	
	Creative Work Siddha Yoga			Balava Until 10:19AM	Nataraja: Purple		3rd Phase	
			Dvitiya Until 10:42PM		Moon – Yellow	Sivaloka Day		
					Jyeshtha*Vaikasi			
2	Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau				Kandy, Sri Lanka Sun 15 Sutra 35	
	Mithuna Rasi: 4	Tithi 3	Gulika 2:09PM – 3:42PM	Mrigashira Until 11:08AM	Ganesha: Clear	Sunrise: 6:21AM	Sobhana 5125	
	Family Home Evening	233196579	Yama 11:02AM – 12:35PM	Dhriti Until 5:05PM	Muruga: Clear	Sunset: 6:49PM	Moon 5 - Phase 6 - 15	
	Creative Work Amrita Yoga		Rahu 7:54AM – 9:28AM	Taitila Until 11:14AM	Nataraja: Purple		3rd Phase	
Until 11:08AM			Tritiya Until 11:52PM		Moon – Yellow	Sivaloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha*Vaikasi			
3	Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Kandy, Sri Lanka Sun 16 Sutra 36	
	Mithuna Rasi: 16.2	Tithi 4	Gulika 12:35PM – 2:09PM	Ardra Until 1:01PM	Ganesha: Clear	Sunrise: 6:21AM	Sobhana 5125	
	233196579	Yama 9:28AM – 11:02AM	Rahu 3:42PM – 5:16PM	Shula* Until 5:18PM	Muruga: Clear	Sunset: 6:50PM	Moon 5 - Phase 6 - 16	
	Routine Work Marana Yoga			Vanija Until 12:40PM	Nataraja: Purple		3rd Phase	
Until 1:01PM			Chaturthi* Until 1:31AM Wed		Moon – Yellow	Sivaloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha*Vaikasi			
4	Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau				Kandy, Sri Lanka Sun 17 Sutra 37	
	Mithuna Rasi: 28.29	Tithi 5	Gulika 11:02AM – 12:35PM	Punarvasu Until 3:37PM	Ganesha: Purple	Sunrise: 6:21AM	Sobhana 5125	
	243196579	Yama 7:54AM – 9:28AM	Rahu 12:35PM – 2:09PM	Ganda* Until 5:50PM	Muruga: Clear	Sunset: 6:50PM	Moon 5 - Phase 6 - 17	
	Creative Work Siddha Yoga			Bava Until 2:30PM	Nataraja: Purple		3rd Phase	
			Panchami Until 3:32AM Thu		Moon – Blue	Subha Sivaloka Day		
					Jyeshtha*Vaikasi			
5	Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vridhhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Kandy, Sri Lanka Sun 18 Sutra 38	
	Kataka Rasi: 10.3	Tithi 6	Gulika 9:28AM – 11:02AM	Pushya Until 6:22PM	Ganesha: Clear	Sunrise: 6:21AM	Sobhana 5125	
	244196579	Yama 6:21AM – 7:54AM	Rahu 2:09PM – 3:43PM	Vridhhi Until 6:37PM	Muruga: Clear	Sunset: 6:50PM	Moon 5 - Phase 6 - 18	
	Creative Work Amrita Yoga			Kaulava Until 4:40PM	Nataraja: Purple		3rd Phase	
Until 6:22PM			Shashthi* Until 5:48AM Fri		Moon – Blue	Sivaloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha*Vaikasi			
6	Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Gara Karana Saptamyam Titau				Kandy, Sri Lanka Sun 19 Sutra 39	
	Kataka Rasi: 22.26	Tithi 7	Gulika 7:54AM – 9:28AM	Ashlesha* Until 9:05PM	Ganesha: White	Sunrise: 6:21AM	Sobhana 5125	
	344196579	Yama 3:43PM – 5:17PM	Rahu 11:02AM – 12:35PM	Dhruva Until 7:29PM	Muruga: Clear	Sunset: 6:50PM	Moon 5 - Phase 6 - 19	
	Routine Work Marana Yoga			Gara Until 6:59PM	Nataraja: Purple		3rd Phase	
			Saptami Until 8:08AM Sat		Moon – Blue	Devaloka Day		
					Jyeshtha*Vaikasi			
D	Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 40	
	Retreat Star		Gulika 6:21AM – 7:54AM	Magha* Until 12:07AM Sun	Ganesha: Clear	Sunrise: 6:21AM	Sobhana 5125	
	Simha Rasi: 4.19	Tithi 7 – 8	Yama 2:09PM – 3:43PM	Vyaghata* Until 8:21PM	Muruga: Clear	Sunset: 6:50PM	Moon 5 - Phase 6 - 20	
	Creative Work Amrita Yoga	354196579	Rahu 9:28AM – 11:02AM	Visti Until 9:18PM	Nataraja: Purple		Ashtami	
Until 12:07AM Sun			Saptami Until 8:08AM		Moon – Red	Sivaloka Day		
Then Creative Work - Siddha Yoga					Jyeshtha*Vaikasi			
	Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 41	
	Retreat Star		Gulika 3:43PM – 5:17PM	Purvaphalguni Until 2:44AM Mon	Ganesha: Clear	Sunrise: 6:21AM	Sobhana 5125	
	Simha Rasi: 16.15	Tithi 8 – 9	Yama 12:36PM – 2:09PM	Harshana Until 9:04PM	Muruga: Clear	Sunset: 6:51PM	Moon 5 - Phase 6 - 21	
	Creative Work Siddha Yoga	354196579	Rahu 5:17PM – 6:51PM	Balava Until 11:22PM	Nataraja: Purple		Navami	
			Ashtami* Until 10:21AM		Moon – Red	Sivaloka Day		
					Jyeshtha*Vaikasi			

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Monday, May 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 42	
	Simha Rasi: 28.18	Tithi 9 – 10	Gulika	2:10PM – 3:43PM	Uttaraphalguni Until 4:45AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Sobhana 5125
	Family Home Evening		Yama	11:02AM – 12:36PM	Vajra* Until 9:26PM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7 - 22
	Creative Work	Siddha Yoga	354196579 Rahu	7:55AM – 9:28AM	Taitila Until 1:01AM Tue	Nataraja: Purple		4th Phase
					Navami* Until 12:14PM	Moon – Red	Sivaloka Day	
						Jyeshtha*Vaikasi		
2	Tuesday, May 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Kandy, Sri Lanka Sun 23 Sutra 43	
	Kanya Rasi: 10.33	Tithi 10 – 11	Gulika	12:36PM – 2:10PM	Hasta Until 6:29AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Sobhana 5125
			Yama	9:28AM – 11:02AM	Siddhi Until 9:22PM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7 - 23
			364196579 Rahu	3:44PM – 5:17PM	Vanija Until 2:03AM Wed	Nataraja: Purple		4th Phase
	Creative Work	Siddha Yoga			Dashami Until 1:36PM	Moon – Green	Devaloka Day	
						Jyeshtha*Vaikasi		
3	Wednesday, May 31, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 44	
	Kanya Rasi: 23.04	Tithi 11 – 12	Gulika	11:02AM – 12:36PM	Hasta Until 6:29AM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Sobhana 5125
			Yama	7:55AM – 9:28AM	Vyatipata* Until 8:45PM	Muruga: Clear	<i>Sunset:</i> 6:51PM	Moon 5 - Phase 7 - 24
			364196579 Rahu	12:36PM – 2:10PM	Bava Until 2:21AM Thu	Nataraja: Purple		4th Phase
	Routine Work	Marana Yoga			Ekadashi Until 2:16PM	Moon – Green	Devaloka Day	
	Until 6:29AM					Jyeshtha*Vaikasi		
	Then Creative Work - Siddha Yoga							
4	Thursday, June 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 45	
	Tula Rasi: 5.56	Tithi 12 – 13	Gulika	9:29AM – 11:02AM	Chitra Until 7:19AM	Ganesha: Purple	<i>Sunrise:</i> 6:21AM	Sobhana 5125
			Yama	6:21AM – 7:55AM	Variyan Until 7:30PM	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7 - 25
			364196579 Rahu	2:10PM – 3:44PM	Kaulava Until 1:53AM Fri	Nataraja: Purple		4th Phase
	Creative Work	Siddha Yoga			Dvadashi Until 2:11PM	Moon – Green	Devaloka Day	
	Until 7:19AM					Jyeshtha*Vaikasi		
	Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			
5	Friday, June 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 46	
	Tula Rasi: 19.12	Tithi 13 – 14	Gulika	7:55AM – 9:29AM	Svati Until 7:15AM	Ganesha: Clear	<i>Sunrise:</i> 6:21AM	Sobhana 5125
			Yama	3:44PM – 5:18PM	Parigha* Until 5:40PM	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7 - 26
			364296579 Rahu	11:03AM – 12:36PM	Gara Until 12:41AM Sat	Nataraja: Purple		4th Phase
	Creative Work	Siddha Yoga			Trayodashi Until 1:21PM	Moon – Green	Sivaloka Day	
			Vaikasi Visakam			Jyeshtha*Vaikasi		
	Saturday, June 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kandy, Sri Lanka Sun 27 Sutra 47	
	Copper Retreat Star		Gulika	6:21AM – 7:55AM	Vishakha Until 6:47AM	Ganesha: White	<i>Sunrise:</i> 6:21AM	Sobhana 5125
	Vrischika Rasi: 2.52	Tithi 14 – 15	Yama	2:10PM – 3:44PM	Shiva Until 3:19PM	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7 - 27
			374296579 Rahu	9:29AM – 11:03AM	Visti Until 10:51PM	Nataraja: Purple		Purnima
	Creative Work	Siddha Yoga			Chaturdashi* Until 11:49AM	Moon – Orange	Subha Sivaloka Day	
						Jyeshtha*Vaikasi		
	Sunday, June 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 48	
	Silver Retreat Star		Gulika	3:44PM – 5:18PM	Jyeshtha* Until 3:45AM Mon	Ganesha: White	<i>Sunrise:</i> 6:21AM	Sobhana 5125
	Vrischika Rasi: 16.55	Tithi 15 – 16	Yama	12:37PM – 2:11PM	Siddha Until 12:28PM	Muruga: Clear	<i>Sunset:</i> 6:52PM	Moon 5 - Phase 7 -
			374296579 Rahu	5:18PM – 6:52PM	Balava Until 8:30PM	Nataraja: Purple		Prathama
	Routine Work	Marana Yoga			Purnima* Until 9:43AM	Moon – Orange	Subha Sivaloka Day	
	Until 3:45AM Mon					Jyeshtha*Vaikasi		
	Then Creative Work - Siddha Yoga							

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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**Monday, June 5, 2023****Gold Retreat Star**

Dhanus Rasi: 1.16 Tithi 16 – 17

Family Home Evening

Creative Work Siddha Yoga

385296579

Gulika
Yama
Rahu**2:11PM – 3:45PM**
11:03AM – 12:37PM
7:55AM – 9:29AM**Mula* Until 1:53AM Tue**

Sadhya Until 9:18AM

Gara Until 4:20AM Tue

Prathama* Until 7:10AM**Ganesha:** Yellow

Sunrise: 6:21AM

Muruga: Clear

Sunset: 6:53PM

Nataraja: Purple

Moon – Light Blue

Jyeshtha*Vaikasi**Sivaloka Day**

Kandy, Sri Lanka

Sutra 49

Sobhana 5125

Moon 6 - Phase 8 -

1st Phase

1**Tuesday, June 6, 2023**

Dhanus Rasi: 15.5 Tithi 18

Creative Work Siddha Yoga

Until 11:44PM

Then Routine Work - Prabalarishta Yoga

385296571

Gulika
Yama
Rahu**12:37PM – 2:11PM**
9:29AM – 11:03AM
3:45PM – 5:19PM**Purvashadha* Until 11:44PM**

Sukla Until 2:24AM Wed

Vanija Until 2:53PM

Tritiya Until 1:22AM Wed**Ganesha:** White

Sunrise: 6:21AM

Muruga: Clear

Sunset: 6:53PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha*Vaikasi**Devaloka Day**

Kandy, Sri Lanka

Sun 1 Sutra 50

Sobhana 5125

Moon 6 - Phase 8 - 1

1st Phase

2**Wednesday, June 7, 2023**

Makara Rasi: 0.29 Tithi 19

Creative Work Amrita Yoga

Until 9:26PM

Then Creative Work - Siddha Yoga

385296571

Gulika
Yama
Rahu**11:03AM – 12:37PM**
7:55AM – 9:29AM
12:37PM – 2:11PM**Uttarashadha Until 9:26PM**

Brahma Until 10:54PM

Bava Until 11:53AM

Chaturthi* Until 10:23PM**Ganesha:** White

Sunrise: 6:21AM

Muruga: Clear

Sunset: 6:53PM

Nataraja: Blue

Moon – Light Blue

Jyeshtha*Vaikasi**Devaloka Day**

Kandy, Sri Lanka

Sun 2 Sutra 51

Sobhana 5125

Moon 6 - Phase 8 - 2

1st Phase

3**Thursday, June 8, 2023**

Makara Rasi: 15.07 Tithi 20

Creative Work Siddha Yoga

395296571

Gulika
Yama
Rahu**9:29AM – 11:03AM**
6:22AM – 7:56AM
2:11PM – 3:45PM**Shravana Until 7:31PM**

Indra Until 7:31PM

Kaulava Until 8:57AM

Panchami Until 7:32PM**Ganesha:** Yellow

Sunrise: 6:22AM

Muruga: Clear

Sunset: 6:53PM

Nataraja: Blue

Moon – Purple

Jyeshtha*Vaikasi**Sivaloka Day**

Kandy, Sri Lanka

Sun 3 Sutra 52

Sobhana 5125

Moon 6 - Phase 8 - 3

1st Phase

4**Friday, June 9, 2023**

Makara Rasi: 29.38 Tithi 21 – 22

Creative Work Siddha Yoga

395296571

Gulika
Yama
Rahu**7:56AM – 9:30AM**
3:46PM – 5:20PM
11:04AM – 12:38PM**Dhanishtha Until 5:42PM**

Vaidhriti* Until 4:18PM

Gara Until 6:13AM

Shashthi* Until 4:55PM**Ganesha:** Yellow

Sunrise: 6:22AM

Muruga: Clear

Sunset: 6:54PM

Nataraja: Blue

Moon – Purple

Jyeshtha*Vaikasi**Sivaloka Day**

Kandy, Sri Lanka

Sun 4 Sutra 53

Sobhana 5125

Moon 6 - Phase 8 - 4

1st Phase

D**Saturday, June 10, 2023****Retreat Star**

Kumbha Rasi: 13.58 Tithi 22 – 23

Creative Work Amrita Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

395296571

Gulika
Yama
Rahu**6:22AM – 7:56AM**
2:12PM – 3:46PM
9:30AM – 11:04AM**Shatabhishak Until 4:04PM**

Vishkambha* Until 1:21PM

Balava Until 1:37AM Sun

Saptami Until 2:36PM**Ganesha:** Yellow

Sunrise: 6:22AM

Muruga: Clear

Sunset: 6:54PM

Nataraja: Blue

Moon – Purple

Jyeshtha*Vaikasi**Sivaloka Day**

Kandy, Sri Lanka

Sun 5 Sutra 54

Sobhana 5125

Moon 6 - Phase 8 - 5

Ashtami

Sunday, June 11, 2023**Retreat Star**

Kumbha Rasi: 28.04 Tithi 23 – 24

Creative Work Siddha Yoga

Until 3:05PM

Then Creative Work - Amrita Yoga

315296571

Gulika
Yama
Rahu**3:46PM – 5:20PM**
12:38PM – 2:12PM
5:20PM – 6:54PM**Purvaproshthapada* Until 3:05PM**

Priti Until 10:44AM

Taitila Until 11:53PM

Ashtami* Until 12:40PM**Ganesha:** Clear

Sunrise: 6:22AM

Muruga: Clear

Sunset: 6:54PM

Nataraja: Blue

Moon – Clear

Jyeshtha*Vaikasi**Sivaloka Day**

Kandy, Sri Lanka

Sun 6 Sutra 55

Sobhana 5125

Moon 6 - Phase 8 - 6

Navami

1	Monday, June 12, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Navami/Dashmamyam Titau						Kandy, Sri Lanka Sun 7 Sutra 56 Sobhana 5125	
	Meena Rasi: 11.53	Tithi 24 – 25	Gulika	2:12PM – 3:46PM	Uttaraproshtapada Until 2:22PM	Ganesha: Clear	Sunrise: 6:22AM	Moon 6 - Phase 9 - 7 2nd Phase		
	Family Home Evening	315296571	Yama	11:04AM – 12:38PM	Ayushman Until 8:24AM	Muruga: Clear	Sunset: 6:54PM			
	Creative Work	Siddha Yoga	Rahu	7:56AM – 9:30AM	Vanija Until 10:33PM	Nataraja: Blue				
					Navami* Until 11:09AM	Moon – Clear	Sivaloka Day			
						Jyeshtha*Vaikasi				
2	Tuesday, June 13, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau						Kandy, Sri Lanka Sun 8 Sutra 57 Sobhana 5125	
	Meena Rasi: 25.29	Tithi 25 – 26	Gulika	12:38PM – 2:12PM	Revati Until 1:55PM	Ganesha: Clear	Sunrise: 6:22AM	Moon 6 - Phase 9 - 8 2nd Phase		
		315296571	Yama	9:30AM – 11:04AM	Saubhagya Until 6:26AM	Muruga: Clear	Sunset: 6:54PM			
	Creative Work	Siddha Yoga	Rahu	3:46PM – 5:20PM	Bava Until 9:39PM	Nataraja: Blue				
					Dashami Until 10:02AM	Moon – Clear	Sivaloka Day			
						Jyeshtha*Vaikasi				
3	Wednesday, June 14, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau						Kandy, Sri Lanka Sun 9 Sutra 58 Sobhana 5125	
	Mesha Rasi: 8.49	Tithi 26 – 27	Gulika	11:05AM – 12:39PM	Ashvini Until 2:10PM	Ganesha: White	Sunrise: 6:22AM	Moon 6 - Phase 9 - 9 2nd Phase		
		325296571	Yama	7:57AM – 9:31AM	Athiganda* Until 3:30AM Thu	Muruga: Clear	Sunset: 6:55PM			
	Routine Work	Marana Yoga	Rahu	12:39PM – 2:13PM	Kaulava Until 9:10PM	Nataraja: Blue				
					Ekadashi* Until 9:20AM	Moon – White	Devaloka Day			
						Jyeshtha*Vaikasi				
4	Thursday, June 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau						Kandy, Sri Lanka Sun 10 Sutra 59 Sobhana 5125	
	Mesha Rasi: 21.57	Tithi 27 – 28	Gulika	9:31AM – 11:05AM	Bharani Until 2:41PM	Ganesha: White	Sunrise: 6:23AM	Moon 6 - Phase 9 - 10 2nd Phase		
		325296571	Yama	6:23AM – 7:57AM	Sukarma Until 2:31AM Fri	Muruga: Clear	Sunset: 6:55PM			
	Creative Work	Siddha Yoga	Rahu	2:13PM – 3:47PM	Gara Until 9:05PM	Nataraja: Blue				
					Dvadashi* Until 9:03AM	Moon – White	Devaloka Day			
					Pradosha Vrata (Fasting)	Jyeshtha*Ani				
5	Friday, June 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau						Kandy, Sri Lanka Sun 11 Sutra 60 Sobhana 5125	
	Vrishabha Rasi: 4.52	Tithi 28 – 29	Gulika	7:57AM – 9:31AM	Krittika Until 3:27PM	Ganesha: Yellow	Sunrise: 6:23AM	Moon 6 - Phase 9 - 11 2nd Phase		
		326296571	Yama	3:47PM – 5:21PM	Dhriti Until 1:52AM Sat	Muruga: Clear	Sunset: 6:55PM			
	Creative Work	Siddha Yoga	Rahu	11:05AM – 12:39PM	Visti Until 9:24PM	Nataraja: Blue				
					Trayodashi* Until 9:10AM	Moon – White	Sivaloka Day			
						Jyeshtha*Ani				
●	Saturday, June 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau						Kandy, Sri Lanka Sun 12 Sutra 61 Sobhana 5125	
	Retreat Star		Gulika	6:23AM – 7:57AM	Rohini Until 4:55PM	Ganesha: Red	Sunrise: 6:23AM	Moon 6 - Phase 9 - 12 Amavasya		
	Vrishabha Rasi: 17.36	Tithi 29 – 30	Yama	2:13PM – 3:47PM	Shula* Until 1:31AM Sun	Muruga: Clear	Sunset: 6:55PM			
	Creative Work	Amrita Yoga	Rahu	9:31AM – 11:05AM	Catuspada Until 10:08PM	Nataraja: Blue				
					Chaturdashi* Until 9:42AM	Moon – Yellow	Sivaloka Day			
						Jyeshtha*Ani				
	Sunday, June 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Ganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau						Kandy, Sri Lanka Sun 13 Sutra 62 Sobhana 5125	
	Retreat Star		Gulika	3:48PM – 5:22PM	Mrigashira Until 6:36PM	Ganesha: Red	Sunrise: 6:23AM	Moon 6 - Phase 9 - 13 Prathama		
	Mithuna Rasi: 0.08	Tithi 30 – 1	Yama	12:39PM – 2:14PM	Ganda* Until 1:29AM Mon	Muruga: Yellow	Sunset: 6:56PM			
	Creative Work	Siddha Yoga	Rahu	5:22PM – 6:56PM	Kintughna Until 11:16PM	Nataraja: Blue				
					Amavasya* Until 10:38AM	Moon – Yellow	Sivaloka Day			
					Father's Day	Ashada*Ani				

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Monday, June 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kandy, Sri Lanka Sun 14 Sutra 63	
	Mithuna Rasi: 12.3	Tithi 1 – 2	Gulika	2:14PM – 3:48PM	Ardra Until 8:31PM	Ganesha: Red	Sunrise: 6:23AM	Sobhana 5125
Family Home Evening		336216571	Yama	11:06AM – 12:40PM	Vriddhi Until 1:46AM Tue	Muruga: Yellow	Sunset: 6:56PM	Moon 6 - Phase 10 - 14
Creative Work Siddha Yoga			Rahu	7:57AM – 9:32AM	Balava Until 12:47AM Tue	Nataraja: Blue		3rd Phase
Until 8:31PM					Prathama* Until 11:57AM	Moon – Yellow	Sivaloka Day	
Then Creative Work - Amrita Yoga						Ashada*Ani		
2	Tuesday, June 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kandy, Sri Lanka Sun 15 Sutra 64	
	Mithuna Rasi: 24.43	Tithi 2 – 3	Gulika	12:40PM – 2:14PM	Punarvasu Until 11:07PM	Ganesha: Yellow	Sunrise: 6:24AM	Sobhana 5125
		346216571	Yama	9:32AM – 11:06AM	Dhruva Until 2:17AM Wed	Muruga: Yellow	Sunset: 6:56PM	Moon 6 - Phase 10 - 15
Creative Work Siddha Yoga			Rahu	3:48PM – 5:22PM	Taitila Until 2:38AM Wed	Nataraja: Blue		3rd Phase
					Dvitiya Until 1:39PM	Moon – Blue	Sivaloka Day	
						Ashada*Ani		
3	Wednesday, June 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kandy, Sri Lanka Sun 16 Sutra 65	
	Kataka Rasi: 6.46	Tithi 3 – 4	Gulika	11:06AM – 12:40PM	Pushya Until 1:49AM Thu	Ganesha: Yellow	Sunrise: 6:24AM	Sobhana 5125
		346216571	Yama	7:58AM – 9:32AM	Vyaghata* Until 3:03AM Thu	Muruga: Yellow	Sunset: 6:56PM	Moon 6 - Phase 10 - 16
Creative Work Siddha Yoga			Rahu	12:40PM – 2:14PM	Vanija Until 4:48AM Thu	Nataraja: Blue		3rd Phase
					Tritiya Until 3:40PM	Moon – Blue	Sivaloka Day	
						Ashada*Ani		
4	Thursday, June 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kandy, Sri Lanka Sun 17 Sutra 66	
	Kataka Rasi: 18.44	Tithi 4 – 5	Gulika	9:32AM – 11:06AM	Ashlesha* Until 4:34AM Fri	Ganesha: Yellow	Sunrise: 6:24AM	Sobhana 5125
		346216571	Yama	6:24AM – 7:58AM	Harshana Until 3:59AM Fri	Muruga: Yellow	Sunset: 6:57PM	Moon 6 - Phase 10 - 17
Creative Work Siddha Yoga			Rahu	2:14PM – 3:48PM	Bava Until 7:09AM Fri	Nataraja: Blue		3rd Phase
Until 4:34AM Fri					Chaturthi* Until 5:56PM	Moon – Blue	Sivaloka Day	
Then Routine Work - Marana Yoga						Ashada*Ani		
5	Friday, June 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Kandy, Sri Lanka Sun 18 Sutra 67	
	Simha Rasi: 0.37	Tithi 5	Gulika	7:58AM – 9:32AM	Magha* Until 7:43AM Sat	Ganesha: Yellow	Sunrise: 6:24AM	Sobhana 5125
		357216571	Yama	3:49PM – 5:23PM	Vajra* Until 4:56AM Sat	Muruga: Yellow	Sunset: 6:57PM	Moon 6 - Phase 10 - 18
Routine Work Marana Yoga			Rahu	11:06AM – 12:41PM	Bava Until 7:09AM	Nataraja: Blue		3rd Phase
Until 7:43AM Sat					Panchami Until 8:20PM	Moon – Red	Sivaloka Day	
Then Creative Work - Siddha Yoga						Ashada*Ani		
6	Saturday, June 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Kandy, Sri Lanka Sun 19 Sutra 68	
	Simha Rasi: 12.28	Tithi 6	Gulika	6:25AM – 7:59AM	Magha* Until 7:43AM	Ganesha: Yellow	Sunrise: 6:25AM	Sobhana 5125
		357216571	Yama	2:15PM – 3:49PM	Siddhi Until 5:50AM Sun	Muruga: Yellow	Sunset: 6:57PM	Moon 6 - Phase 10 - 19
Creative Work Amrita Yoga			Rahu	9:33AM – 11:07AM	Kaulava Until 9:33AM	Nataraja: Blue		3rd Phase
Until 7:43AM					Shashthi* Until 10:42PM	Moon – Red	Sivaloka Day	
Then Creative Work - Siddha Yoga						Ashada*Ani		
D	Sunday, June 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 69	
	Retreat Star		Gulika	3:49PM – 5:23PM	Purvaphalguni Until 10:35AM	Ganesha: Yellow	Sunrise: 6:25AM	Sobhana 5125
Simha Rasi: 24.22		Tithi 7	Yama	12:41PM – 2:15PM	Vyatipata* Until 6:32AM Mon	Muruga: Yellow	Sunset: 6:57PM	Moon 6 - Phase 10 - 20
		357216571	Rahu	5:23PM – 6:57PM	Gara Until 11:50AM	Nataraja: Blue		3rd Phase
Creative Work Siddha Yoga					Saptami Until 12:50AM Mon	Moon – Red	Sivaloka Day	
Until 10:35AM			Chidambaram Abhishekam			Ashada*Ani		
Then Creative Work - Amrita Yoga								
D	Monday, June 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 70	
	Retreat Star		Gulika	2:15PM – 3:49PM	Uttaraphalguni Until 12:59PM	Ganesha: Yellow	Sunrise: 6:25AM	Sobhana 5125
Kanya Rasi: 6.23		Tithi 8	Yama	11:07AM – 12:41PM	Vyatipata* Until 6:32AM	Muruga: Yellow	Sunset: 6:57PM	Moon 6 - Phase 10 - 21
Family Home Evening		357216571	Rahu	7:59AM – 9:33AM	Visti Until 1:46PM	Nataraja: Blue		Ashtami
Creative Work Siddha Yoga					Ashtami* Until 2:31AM Tue	Moon – Red	Sivaloka Day	
						Ashada*Ani		
D	Tuesday, June 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 71	
	Retreat Star		Gulika	12:41PM – 2:15PM	Hasta Until 3:10PM	Ganesha: Clear	Sunrise: 6:25AM	Sobhana 5125
Kanya Rasi: 18.35		Tithi 9	Yama	9:33AM – 11:07AM	Variyan Until 6:49AM	Muruga: Yellow	Sunset: 6:58PM	Moon 6 - Phase 10 - 22
		367316571	Rahu	3:49PM – 5:24PM	Balava Until 3:09PM	Nataraja: Blue		Navami
Creative Work Siddha Yoga					Navami* Until 3:33AM Wed	Moon – Green	Sivaloka Day	
						Ashada*Ani		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

1	Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dashamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 72	
	Tula Rasi: 1.05	Tithi 10	Gulika Yama Rahu	11:08AM – 12:42PM 7:59AM – 9:34AM 12:42PM – 2:16PM	Chitra Until 4:29PM Parigha* Until 6:35AM Taitila Until 3:48PM Dashami Until 3:48AM Thu	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Green Ashada*Ani	Sunrise: 6:25AM Sunset: 6:58PM	Sobhana 5125 Moon 6 - Phase 11 - 23 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day	
2	Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 73	
	Tula Rasi: 13.58	Tithi 11	Gulika Yama Rahu	9:34AM – 11:08AM 6:26AM – 8:00AM 2:16PM – 3:50PM	Svati Until 4:49PM Siddha Until 4:11AM Fri Vanija Until 3:37PM Ekadashi Until 3:11AM Fri	Ganesha: White Muruga: Yellow Nataraja: Blue Moon – Green Ashada*Ani	Sunrise: 6:26AM Sunset: 6:58PM	Sobhana 5125 Moon 6 - Phase 11 - 24 4th Phase
	Creative Work	Amrita Yoga					Devaloka Day	
	Until 4:49PM Then Creative Work - Siddha Yoga							
3	Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 74	
	Tula Rasi: 27.16	Tithi 12	Gulika Yama Rahu	8:00AM – 9:34AM 3:50PM – 5:24PM 11:08AM – 12:42PM	Vishakha Until 4:38PM Sadhya Until 1:59AM Sat Bava Until 2:35PM Dvadashi Until 1:45AM Sat	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Orange Ashada*Ani	Sunrise: 6:26AM Sunset: 6:58PM	Sobhana 5125 Moon 6 - Phase 11 - 25 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day	
4	Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 75	
	Vrischika Rasi: 11.03	Tithi 13	Gulika Yama Rahu	6:26AM – 8:00AM 2:16PM – 3:50PM 9:34AM – 11:08AM	Anuradha Until 3:32PM Subha Until 11:12PM Kaulava Until 12:47PM Trayodashi Until 11:36PM Pradosha Vrata	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Orange Ashada*Ani	Sunrise: 6:26AM Sunset: 6:58PM	Sobhana 5125 Moon 6 - Phase 11 - 26 4th Phase
	Creative Work	Siddha Yoga					Sivaloka Day	
5	Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 76	
	Vrischika Rasi: 25.17	Tithi 14	Gulika Yama Rahu	3:50PM – 5:24PM 12:42PM – 2:16PM 5:24PM – 6:58PM	Jyeshtha* Until 1:38PM Sukla Until 7:54PM Gara Until 10:18AM Chaturdashi* Until 8:50PM	Ganesha: Clear Muruga: Yellow Nataraja: Blue Moon – Orange Ashada*Ani	Sunrise: 6:26AM Sunset: 6:58PM	Sobhana 5125 Moon 6 - Phase 11 - 27 4th Phase
	Routine Work	Marana Yoga					Sivaloka Day	
	Until 1:38PM Then Creative Work - Amrita Yoga							
O	Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 77	
	Copper Retreat Star		Gulika Yama Rahu	2:17PM – 3:51PM 11:09AM – 12:43PM 8:01AM – 9:35AM	Mula* Until 11:31AM Brahma Until 4:14PM Visti Until 7:18AM Purnima* Until 5:39PM	Ganesha: Purple Muruga: Yellow Nataraja: Blue Moon – Light Blue Ashada*Ani	Sunrise: 6:27AM Sunset: 6:59PM	Sobhana 5125 Moon 6 - Phase 11 - Purnima
	Dhanus Rasi: 9.55	Tithi 15 – 16					Devaloka Day	
	Family Home Evening	Siddha Yoga						
Until 11:31AM Then Routine Work - Marana Yoga		Satguru Purnima						
	Tuesday, July 4, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kandy, Sri Lanka Sutra 78	
	Silver Retreat Star		Gulika Yama Rahu	12:43PM – 2:17PM 9:35AM – 11:09AM 3:51PM – 5:25PM	Purvashadha* Until 8:56AM Indra Until 12:21PM Taitila Until 12:25AM Wed Prathama* Until 2:11PM	Ganesha: Purple Muruga: Yellow Nataraja: Blue Moon – Light Blue Ashada*Ani	Sunrise: 6:27AM Sunset: 6:59PM	Sobhana 5125 Moon 6 - Phase 11 - Prathama
	Creative Work	Siddha Yoga					Devaloka Day	
	Until 8:56AM Then Routine Work - Prabalarishta Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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Wednesday, July 5, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 79

Sobhana 5125

Moon 7 - Phase 12 - 1

1st Phase

Makara Rasi: 9.51

Tithi 17 - 18

Gulika

11:09AM - 12:43PM

Uttarashadha Until 6:05AM

Ganesha: Purple

Sunrise: 6:27AM

Yama

8:01AM - 9:35AM

Vaidhriti* Until 8:20AM

Muruga: Yellow

Sunset: 6:59PM

388316571 Rahu

12:43PM - 2:17PM

Vanija Until 8:52PM

Nataraja: Blue

Moon - Light Blue

Devaloka Day

Creative Work Amrita Yoga

Until 6:05AM

Then Creative Work - Siddha Yoga

1

Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

Kandy, Sri Lanka

Sun 2 Sutra 80

Sobhana 5125

Moon 7 - Phase 12 - 2

1st Phase

Makara Rasi: 24.52

Tithi 18 - 19

Gulika

9:35AM - 11:09AM

Dhanishtha Until 1:01AM Fri

Ganesha: Purple

Sunrise: 6:27AM

Yama

6:27AM - 8:01AM

Priti Until 12:36AM Fri

Muruga: Yellow

Sunset: 6:59PM

399316571 Rahu

2:17PM - 3:51PM

Balava Until 3:50AM Fri

Nataraja: Blue

Moon - Purple

Subha Sivaloka Day

Creative Work Siddha Yoga

Tritiya Until 7:07AM

Ashada*Ani

2

Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Kandy, Sri Lanka

Sun 3 Sutra 81

Sobhana 5125

Moon 7 - Phase 12 - 3

1st Phase

Kumbha Rasi: 9.43

Tithi 20

Gulika

8:01AM - 9:35AM

Shatabhishak Until 10:43PM

Ganesha: Clear

Sunrise: 6:28AM

Yama

3:51PM - 5:25PM

Ayushman Until 9:04PM

Muruga: Yellow

Sunset: 6:59PM

499316571 Rahu

11:09AM - 12:43PM

Kaulava Until 2:20PM

Nataraja: Blue

Moon - Purple

Sivaloka Day

Creative Work Siddha Yoga

Panchami Until 12:54AM Sat

Ashada*Ani

3

Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Shashthyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 82

Sobhana 5125

Moon 7 - Phase 12 - 4

1st Phase

Kumbha Rasi: 24.17

Tithi 21

Gulika

6:28AM - 8:02AM

Purvaproshtapada* Until 9:09PM

Ganesha: Yellow

Sunrise: 6:28AM

Yama

2:17PM - 3:51PM

Saubhagya Until 5:56PM

Muruga: Yellow

Sunset: 6:59PM

419316571 Rahu

9:36AM - 11:10AM

Gara Until 11:37AM

Nataraja: Blue

Moon - Clear

Sivaloka Day

Routine Work Marana Yoga

Until 9:09PM

Then Creative Work - Siddha Yoga

Shashthi* Until 10:26PM

Ashada*Ani

4

Sunday, July 9, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Saptamyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 83

Sobhana 5125

Moon 7 - Phase 12 - 5

1st Phase

Meena Rasi: 8.31

Tithi 22

Gulika

3:51PM - 5:25PM

Uttaraproshtapada Until 8:01PM

Ganesha: Yellow

Sunrise: 6:28AM

Yama

12:44PM - 2:17PM

Sobhana Until 3:15PM

Muruga: Yellow

Sunset: 6:59PM

419316571 Rahu

5:25PM - 6:59PM

Visti Until 9:26AM

Nataraja: Blue

Moon - Clear

Sivaloka Day

Creative Work Amrita Yoga

Saptami Until 8:32PM

Ashada*Ani

D

Monday, July 10, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ashtamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 84

Sobhana 5125

Moon 7 - Phase 12 - 6

Ashtami

Meena Rasi: 22.22

Tithi 23

Gulika

2:18PM - 3:51PM

Revati Until 7:20PM

Ganesha: Yellow

Sunrise: 6:28AM

Yama

11:10AM - 12:44PM

Athiganda* Until 1:02PM

Muruga: Yellow

Sunset: 6:59PM

419316571 Rahu

8:02AM - 9:36AM

Balava Until 7:50AM

Nataraja: Blue

Moon - Clear

Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 7:15PM

Ashada*Ani

Tuesday, July 11, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 85

Sobhana 5125

Moon 7 - Phase 12 - 7

Navami

Mesha Rasi: 5.52

Tithi 24

Gulika

12:44PM - 2:18PM

Ashvini Until 7:33PM

Ganesha: Blue

Sunrise: 6:28AM

Yama

9:36AM - 11:10AM

Sukarma Until 11:21AM

Muruga: Yellow

Sunset: 6:59PM

429316571 Rahu

3:52PM - 5:25PM

Taitila Until 6:51AM

Nataraja: Blue

Moon - White

Subha Sivaloka Day

Creative Work Siddha Yoga

Navami* Until 6:34PM

Ashada*Ani

1	Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dashamyam Titau				Kandy, Sri Lanka Sun 8 Sutra 86	
	Mesha Rasi: 19.01	Tithi 25	Gulika Yama	11:10AM – 12:44PM 8:02AM – 9:36AM	Bharani Until 8:12PM Dhriti Until 10:08AM	Ganesha: Blue Muruga: Yellow	Sunrise: 6:29AM Sunset: 6:59PM	Sobhana 5125 Moon 7 - Phase 13 - 8
		429316571	Rahu	12:44PM – 2:18PM	Vanija Until 6:29AM	Nataraja: Blue Moon – White		2nd Phase
	Creative Work	Siddha Yoga			Dashami Until 6:29PM	Ashada*Ani	Subha Sivaloka Day	
	Until 8:12PM							
Then Creative Work - Amrita Yoga								
2	Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 9 Sutra 87	
	Mrishabha Rasi: 1.53	Tithi 26	Gulika Yama	9:36AM – 11:10AM 6:29AM – 8:03AM	Krittika Until 9:12PM Shula* Until 9:21AM	Ganesha: Blue Muruga: Yellow	Sunrise: 6:29AM Sunset: 6:59PM	Sobhana 5125 Moon 7 - Phase 13 - 9
		429316571	Rahu	2:18PM – 3:52PM	Bava Until 6:40AM	Nataraja: Blue Moon – White		2nd Phase
	Routine Work	Marana Yoga			Ekadashi* Until 6:55PM	Ashada*Ani	Subha Sivaloka Day	
3	Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 88	
	Mrishabha Rasi: 14.31	Tithi 27	Gulika Yama	8:03AM – 9:37AM 3:52PM – 5:26PM	Rohini Until 10:56PM Ganda* Until 8:56AM	Ganesha: Clear Muruga: Yellow	Sunrise: 6:29AM Sunset: 6:59PM	Sobhana 5125 Moon 7 - Phase 13 - 10
		431316571	Rahu	11:10AM – 12:44PM	Kaulava Until 7:20AM	Nataraja: Blue Moon – Yellow		2nd Phase
	Routine Work	Marana Yoga			Dvadashi* Until 7:48PM	Ashada*Ani	Sivaloka Day	
	Until 10:56PM							
Then Creative Work - Siddha Yoga								
4	Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 89	
	Mrishabha Rasi: 26.58	Tithi 28	Gulika Yama	6:29AM – 8:03AM 2:18PM – 3:52PM	Mrigashira Until 12:53AM Sun Vridhi Until 8:51AM	Ganesha: Clear Muruga: Yellow	Sunrise: 6:29AM Sunset: 6:59PM	Sobhana 5125 Moon 7 - Phase 13 - 11
		431316571	Rahu	9:37AM – 11:11AM	Gara Until 8:24AM	Nataraja: Blue Moon – Yellow		2nd Phase
	Creative Work	Siddha Yoga			Trayodashi* Until 9:04PM	Ashada*Ani	Sivaloka Day	
Pradosha Vrata (Fasting)								
5	Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 90	
	Mithuna Rasi: 9.16	Tithi 29	Gulika Yama	3:52PM – 5:26PM 12:44PM – 2:18PM	Ardra Until 2:59AM Mon Dhruva Until 9:02AM	Ganesha: Clear Muruga: Yellow	Sunrise: 6:29AM Sunset: 6:59PM	Sobhana 5125 Moon 7 - Phase 13 - 12
		431316571	Rahu	5:26PM – 6:59PM	Visti Until 9:50AM	Nataraja: Blue Moon – Yellow		2nd Phase
	Creative Work	Siddha Yoga			Chaturdashi* Until 10:39PM	Ashada*Ani	Sivaloka Day	
	Until 2:59AM Mon							
Then Creative Work - Amrita Yoga								
	Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kandy, Sri Lanka Sun 13 Sutra 91	
	Retreat Star		Gulika Yama	2:18PM – 3:52PM 11:11AM – 12:45PM	Punarvasu Until 5:40AM Tue Vyaghata* Until 9:27AM	Ganesha: Orange Muruga: Yellow	Sunrise: 6:30AM Sunset: 6:59PM	Sobhana 5125 Moon 7 - Phase 13 - 13
	Mithuna Rasi: 21.26	Tithi 30	Rahu	8:03AM – 9:37AM	Catuspada Until 11:35AM	Nataraja: Yellow Moon – Blue		Amavasya
	Family Home Evening	441316572			Amavasya* Until 12:32AM Tue	Ashada*Adi	Devaloka Day	
	Creative Work	Amrita Yoga						
Until 5:40AM Tue								
Then Creative Work - Siddha Yoga								
	Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kandy, Sri Lanka Sun 14 Sutra 92	
	Retreat Star		Gulika Yama	12:45PM – 2:18PM 9:37AM – 11:11AM	Pushya Until 8:26AM Wed Harshana Until 10:05AM	Ganesha: Orange Muruga: Yellow	Sunrise: 6:30AM Sunset: 6:59PM	Sobhana 5125 Moon 7 - Phase 13 - 14
	Kataka Rasi: 3.29	Tithi 1	Rahu	3:52PM – 5:26PM	Kintughna Until 1:35PM	Nataraja: Yellow Moon – Blue		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 2:39AM Wed	Sravana Adhika*Adi	Devaloka Day	

1	Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kandy, Sri Lanka		
	Kataka Rasi: 15.27	Tithi 2	Gulika	11:11AM – 12:45PM	Pushya Until 8:26AM	Ganesha: Orange	Sunrise: 6:30AM	Sun 15	Sutra 93
			Yama	8:04AM – 9:37AM	Vajra* Until 10:53AM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125	
	441316572	Rahu	12:45PM – 2:18PM	Balava Until 3:49PM	Nataraja: Yellow		Moon 7 - Phase 14 - 15		
Creative Work	Siddha Yoga			Dvitiya Until 4:59AM Thu	Moon – Blue		3rd Phase		
					Sravana Adhika*Adi		Devaloka Day		
2	Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Taitila Karana Tritiyayam Titau				Kandy, Sri Lanka		
	Kataka Rasi: 27.2	Tithi 3	Gulika	9:37AM – 11:11AM	Ashlesha* Until 11:12AM	Ganesha: Orange	Sunrise: 6:30AM	Sun 16	Sutra 94
			Yama	6:30AM – 8:04AM	Siddhi Until 11:49AM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125	
	441316572	Rahu	2:18PM – 3:52PM	Taitila Until 6:13PM	Nataraja: Yellow		Moon 7 - Phase 14 - 16		
Creative Work	Siddha Yoga			Tritiya Until 7:25AM Fri	Moon – Blue		3rd Phase		
Until 11:12AM					Sravana Adhika*Adi		Devaloka Day		
Then Creative Work	Amrita Yoga								
3	Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kandy, Sri Lanka		
	Simha Rasi: 9.11	Tithi 3 – 4	Gulika	8:04AM – 9:38AM	Magha* Until 2:24PM	Ganesha: Clear	Sunrise: 6:30AM	Sun 17	Sutra 95
			Yama	3:52PM – 5:26PM	Vyatipata* Until 12:51PM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125	
	451316572	Rahu	11:11AM – 12:45PM	Vanija Until 8:41PM	Nataraja: Yellow		Moon 7 - Phase 14 - 17		
Routine Work	Marana Yoga			Tritiya Until 7:25AM	Moon – Red		3rd Phase		
Until 2:24PM					Sravana Adhika*Adi		Devaloka Day		
Then Creative Work	Siddha Yoga								
4	Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kandy, Sri Lanka		
	Simha Rasi: 21.01	Tithi 4 – 5	Gulika	6:31AM – 8:04AM	Purvaphalguni Until 5:24PM	Ganesha: White	Sunrise: 6:31AM	Sun 18	Sutra 96
			Yama	2:18PM – 3:52PM	Variyan Until 1:50PM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125	
	451416572	Rahu	9:38AM – 11:11AM	Bava Until 11:05PM	Nataraja: Yellow		Moon 7 - Phase 14 - 18		
Creative Work	Siddha Yoga			Chaturthi* Until 9:53AM	Moon – Red		3rd Phase		
Until 5:24PM					Sravana Adhika*Adi		Bhuloka Day		
Then Routine Work	Marana Yoga						Devaloka Time: 3:PM to 6:PM		
5	Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kandy, Sri Lanka		
	Kanya Rasi: 2.54	Tithi 5 – 6	Gulika	3:52PM – 5:26PM	Uttaraphalguni Until 8:03PM	Ganesha: White	Sunrise: 6:31AM	Sun 19	Sutra 97
			Yama	12:45PM – 2:18PM	Parigha* Until 2:42PM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125	
	451416572	Rahu	5:26PM – 6:59PM	Kaulava Until 1:16AM Mon	Nataraja: Yellow		Moon 7 - Phase 14 - 19		
Creative Work	Amrita Yoga			Panchami Until 12:12PM	Moon – Red		3rd Phase		
					Sravana Adhika*Adi		Bhuloka Day		
							Devaloka Time: 3:PM to 6:PM		
6	Monday, July 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kandy, Sri Lanka		
	Kanya Rasi: 14.53	Tithi 6 – 7	Gulika	2:18PM – 3:52PM	Hasta Until 10:40PM	Ganesha: Purple	Sunrise: 6:31AM	Sun 20	Sutra 98
	Family Home Evening		Yama	11:11AM – 12:45PM	Shiva Until 3:19PM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125	
	462416572	Rahu	8:04AM – 9:38AM	Gara Until 3:00AM Tue	Nataraja: Yellow		Moon 7 - Phase 14 - 20		
Creative Work	Siddha Yoga			Shashthi* Until 2:11PM	Moon – Green		3rd Phase		
Until 10:40PM					Sravana Adhika*Adi		Sivaloka Day		
Then Routine Work	Prabalarishta Yoga								
D	Tuesday, July 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kandy, Sri Lanka		
	Retreat Star		Gulika	12:45PM – 2:18PM	Chitra Until 12:32AM Wed	Ganesha: Purple	Sunrise: 6:31AM	Sun 21	Sutra 99
	Kanya Rasi: 27.04	Tithi 7 – 8	Yama	9:38AM – 11:11AM	Siddha Until 3:30PM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125	
	462416572	Rahu	3:52PM – 5:25PM	Visti Until 4:07AM Wed	Nataraja: Yellow		Moon 7 - Phase 14 - 21		
Creative Work	Siddha Yoga			Saptami Until 3:38PM	Moon – Green		3rd Phase		
					Sravana Adhika*Adi		Sivaloka Day		
D	Wednesday, July 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kandy, Sri Lanka		
	Retreat Star		Gulika	11:11AM – 12:45PM	Svati Until 1:29AM Thu	Ganesha: Purple	Sunrise: 6:31AM	Sun 22	Sutra 100
	Tula Rasi: 9.31	Tithi 8 – 9	Yama	8:05AM – 9:38AM	Sadhya Until 3:07PM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125	
	462416572	Rahu	12:45PM – 2:18PM	Balava Until 4:27AM Thu	Nataraja: Yellow		Moon 7 - Phase 14 - 22		
Creative Work	Siddha Yoga			Ashtami* Until 4:22PM	Moon – Green		Ashtami		
					Sravana Adhika*Adi		Sivaloka Day		
D	Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kandy, Sri Lanka		
	Retreat Star		Gulika	9:38AM – 11:12AM	Vishakha Until 1:55AM Fri	Ganesha: Clear	Sunrise: 6:31AM	Sun 23	Sutra 101
	Tula Rasi: 22.21	Tithi 9 – 10	Yama	6:31AM – 8:05AM	Subha Until 2:07PM	Muruga: Yellow	Sunset: 6:59PM	Sobhana 5125	
	472416572	Rahu	2:18PM – 3:52PM	Taitila Until 3:55AM Fri	Nataraja: Yellow		Moon 7 - Phase 14 - 23		
Creative Work	Siddha Yoga			Navami* Until 4:16PM	Moon – Orange		Navami		
					Sravana Adhika*Adi		Devaloka Day		

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 102 Sobhana 5125	
	Vrischika Rasi: 5.37	Tithi 10 – 11	Gulika Yama	8:05AM – 9:38AM 3:52PM – 5:25PM	Anuradha Until 1:21AM Sat Sukla Until 12:23PM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Orange	Sunrise: 6:31AM Sunset: 6:58PM	Moon 7 - Phase 15 - 24 4th Phase
	Creative Work	Siddha Yoga	472416572	Rahu 11:12AM – 12:45PM	Vanija Until 2:31AM Sat Dashami Until 3:18PM	Sravana Adhika•Adi	Devaloka Day	
2	Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 103 Sobhana 5125	
	Vrischika Rasi: 19.22	Tithi 11 – 12	Gulika Yama	6:32AM – 8:05AM 2:18PM – 3:52PM	Jyeshtha* Until 11:51PM Brahma Until 9:59AM Bava Until 12:21AM Sun Ekadashi Until 1:31PM	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Orange	Sunrise: 6:32AM Sunset: 6:58PM	Moon 7 - Phase 15 - 25 4th Phase
	Creative Work	Siddha Yoga	472416572	Rahu 9:38AM – 11:12AM		Sravana Adhika•Adi	Devaloka Day	
3	Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 104 Sobhana 5125	
	Dhanus Rasi: 4	Tithi 12 – 13	Gulika Yama	3:51PM – 5:25PM 12:45PM – 2:18PM	Mula* Until 9:58PM Indra Until 6:59AM Kaulava Until 9:31PM Dvadashi Until 10:59AM	Ganesha: White Muruga: Yellow Nataraja: Yellow Moon – Light Blue	Sunrise: 6:32AM Sunset: 6:58PM	Moon 7 - Phase 15 - 26 4th Phase
	Creative Work	Amrita Yoga	482416572	Rahu 5:25PM – 6:58PM		Sravana Adhika•Adi	Sivaloka Day	
	Until 9:58PM	Then Creative Work - Siddha Yoga	Pradosha Vrata					
4	Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha* Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 105 Sobhana 5125	
	Dhanus Rasi: 18.17	Tithi 13 – 14	Gulika Yama	2:18PM – 3:51PM 11:12AM – 12:45PM	Purvashadha* Until 7:25PM Vishkambha* Until 11:32PM Gara Until 6:11PM Trayodashi Until 7:53AM	Ganesha: White Muruga: Yellow Nataraja: Yellow Moon – Light Blue	Sunrise: 6:32AM Sunset: 6:58PM	Moon 7 - Phase 15 - 27 4th Phase
	Family Home Evening		482416572	Rahu 8:05AM – 9:38AM		Sravana Adhika•Adi	Sivaloka Day	
	Routine Work	Marana Yoga						
	Tuesday, August 1, 2023 Copper Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti Yoga Visti*/Bava Karana Purnimayam Titau				Kandy, Sri Lanka Sutra 106 Sobhana 5125	
	Makara Rasi: 3.19	Tithi 15	Gulika Yama	12:45PM – 2:18PM 9:38AM – 11:12AM	Uttarashadha Until 4:25PM Priti Until 7:23PM Visti Until 2:30PM Purnima* Until 12:34AM Wed	Ganesha: White Muruga: Yellow Nataraja: Yellow Moon – Light Blue	Sunrise: 6:32AM Sunset: 6:58PM	Moon 7 - Phase 15 - Purnima
	Routine Work	Prabalarishta Yoga	482416572	Rahu 3:51PM – 5:24PM		Sravana Adhika•Adi	Sivaloka Day	
	Until 4:25PM	Then Creative Work - Siddha Yoga						
	Wednesday, August 2, 2023 Silver Retreat Star		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Kandy, Sri Lanka Sutra 107 Sobhana 5125	
	Makara Rasi: 18.32	Tithi 16	Gulika Yama	11:12AM – 12:45PM 8:05AM – 9:38AM	Shravana Until 1:32PM Ayushman Until 3:06PM Balava Until 10:39AM Prathama* Until 8:42PM	Ganesha: Yellow Muruga: Yellow Nataraja: Yellow Moon – Purple	Sunrise: 6:32AM Sunset: 6:58PM	Moon 7 - Phase 15 - Prathama
	Creative Work	Siddha Yoga	492416572	Rahu 12:45PM – 2:18PM		Sravana Adhika•Adi	Devaloka Day	
	Until 1:32PM	Then Routine Work - Prabalarishta Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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Thursday, August 3, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya/Sobhana Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 108

Sobhana 5125

Moon 8 - Phase 16 - 1

1st Phase

Kumbha Rasi: 3.47 Tithi 17 - 18

Gulika 9:38AM - 11:11AM

Yama 6:32AM - 8:05AM

492416572 Rahu 2:18PM - 3:51PM

Dhanishtha Until 10:32AM

Saubhagya Until 10:53AM

Taitila Until 6:48AM

Dvitiya Until 4:55PM

Ganesha: Yellow

Sunrise: 6:32AM

Muruga: Yellow

Sunset: 6:57PM

Nataraja: Yellow

Moon - Purple

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

1

Friday, August 4, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Kandy, Sri Lanka

Sun 2 Sutra 109

Sobhana 5125

Moon 8 - Phase 16 - 2

1st Phase

Kumbha Rasi: 18.53 Tithi 18 - 19

Gulika 8:05AM - 9:38AM

Yama 3:51PM - 5:24PM

492416572 Rahu 11:11AM - 12:45PM

Shatabhishak Until 7:37AM

Sobhana Until 6:50AM

Bava Until 11:48PM

Tritiya Until 1:24PM

Ganesha: Yellow

Sunrise: 6:32AM

Muruga: Yellow

Sunset: 6:57PM

Nataraja: Yellow

Moon - Purple

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

2

Saturday, August 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kandy, Sri Lanka

Sun 3 Sutra 110

Sobhana 5125

Moon 8 - Phase 16 - 3

1st Phase

Meena Rasi: 3.43 Tithi 19 - 20

Gulika 6:32AM - 8:05AM

Yama 2:18PM - 3:51PM

412416572 Rahu 9:38AM - 11:11AM

Uttaraproshtapada Until 3:28AM Sun

Sukarma Until 11:45PM

Kaulava Until 8:57PM

Chaturthi* Until 10:17AM

Ganesha: Clear

Sunrise: 6:32AM

Muruga: Yellow

Sunset: 6:57PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga
Until 3:28AM Sun
Then Creative Work - Amrita Yoga

3

Sunday, August 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 111

Sobhana 5125

Moon 8 - Phase 16 - 4

1st Phase

Meena Rasi: 18.1 Tithi 20 - 21

Gulika 3:50PM - 5:23PM

Yama 12:44PM - 2:17PM

413416572 Rahu 5:23PM - 6:57PM

Revati Until 2:05AM Mon

Dhriti Until 8:58PM

Gara Until 6:44PM

Panchami Until 7:44AM

Ganesha: White

Sunrise: 6:32AM

Muruga: Yellow

Sunset: 6:57PM

Nataraja: Yellow

Moon - Clear

Sravana Adhika•Adi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga
Until 2:05AM Mon
Then Creative Work - Siddha Yoga

4

Monday, August 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 112

Sobhana 5125

Moon 8 - Phase 16 - 5

1st Phase

Mesha Rasi: 2.09 Tithi 22

Gulika 2:17PM - 3:50PM

Yama 11:11AM - 12:44PM

423416572 Rahu 8:05AM - 9:38AM

Ashvini Until 1:44AM Tue

Shula* Until 6:44PM

Visti Until 5:13PM

Saptami Until 4:43AM Tue

Ganesha: Clear

Sunrise: 6:32AM

Muruga: Yellow

Sunset: 6:56PM

Nataraja: Yellow

Moon - White

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga

D

Tuesday, August 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 113

Sobhana 5125

Moon 8 - Phase 16 - 6

Ashtami

Mesha Rasi: 15.41 Tithi 23

Gulika 12:44PM - 2:17PM

Yama 9:38AM - 11:11AM

423416572 Rahu 3:50PM - 5:23PM

Bharani Until 1:59AM Wed

Ganda* Until 5:08PM

Balava Until 4:28PM

Ashtami* Until 4:21AM Wed

Ganesha: Clear

Sunrise: 6:32AM

Muruga: Yellow

Sunset: 6:56PM

Nataraja: Yellow

Moon - White

Sravana Adhika•Adi

Devaloka Day

Creative Work Siddha Yoga
Until 1:59AM Wed
Then Creative Work - Amrita Yoga

Wednesday, August 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 114

Sobhana 5125

Moon 8 - Phase 16 - 7

Navami

Mesha Rasi: 28.49 Tithi 24

Gulika 11:11AM - 12:44PM

Yama 8:05AM - 9:38AM

423416572 Rahu 12:44PM - 2:17PM

Krittika Until 2:47AM Thu

Vridhhi Until 4:08PM

Taitila Until 4:27PM

Navami* Until 4:40AM Thu

Ganesha: Clear

Sunrise: 6:32AM

Muruga: Yellow

Sunset: 6:56PM

Nataraja: Yellow

Moon - White

Sravana Adhika•Adi

Devaloka Day

Creative Work Amrita Yoga
Until 2:47AM Thu
Then Routine Work - Marana Yoga

1	Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau				Kandy, Sri Lanka	
			Gulika	9:38AM – 11:11AM	Rohini Until 4:30AM Fri	Ganesha: Purple	Sunrise: 6:32AM	Sun 8 Sutra 115
	Vrishabha Rasi: 12 Tithi 25		Yama	6:32AM – 8:05AM	Dhruva Until 3:38PM	Muruga: Yellow	Sunset: 6:55PM	Sobhana 5125
	433416572 Rahu			2:17PM – 3:50PM	Vanija Until 5:06PM	Nataraja: Yellow		Moon 8 - Phase 17 - 8
Routine Work Marana Yoga					Vanija Until 5:06PM	Moon – Yellow		2nd Phase
Until 4:30AM Fri					Dashami Until 5:37AM Fri	Sravana Adhika•Adi	Bhuloka Day	
Then Creative Work - Siddha Yoga							Devaloka Time: 3:PM to 6:PM	

2	Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava Karana Ekadashyam Titau				Kandy, Sri Lanka	
			Gulika	8:05AM – 9:38AM	Mrigashira Until 6:33AM Sat	Ganesha: Purple	Sunrise: 6:32AM	Sun 9 Sutra 116
	Vrishabha Rasi: 24.05 Tithi 26		Yama	3:49PM – 5:22PM	Vyaghata* Until 3:35PM	Muruga: Yellow	Sunset: 6:55PM	Sobhana 5125
	433416572 Rahu			11:11AM – 12:44PM	Bava Until 6:18PM	Nataraja: Yellow		Moon 8 - Phase 17 - 9
Creative Work Siddha Yoga					Ekadashi* Until 7:03AM Sat	Moon – Yellow		2nd Phase
						Sravana Adhika•Adi	Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

3	Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka	
			Gulika	6:32AM – 8:05AM	Mrigashira Until 6:33AM	Ganesha: Purple	Sunrise: 6:32AM	Sun 10 Sutra 117
	Mithuna Rasi: 6.23 Tithi 26 – 27		Yama	2:16PM – 3:49PM	Harshana Until 3:53PM	Muruga: Yellow	Sunset: 6:55PM	Sobhana 5125
	433416572 Rahu			9:38AM – 11:11AM	Kaulava Until 7:56PM	Nataraja: Yellow		Moon 8 - Phase 17 - 10
Creative Work Siddha Yoga					Ekadashi* Until 7:03AM	Moon – Yellow		2nd Phase
						Sravana Adhika•Adi	Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

4	Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka	
			Gulika	3:49PM – 5:22PM	Ardra Until 8:47AM	Ganesha: Purple	Sunrise: 6:32AM	Sun 11 Sutra 118
	Mithuna Rasi: 18.31 Tithi 27 – 28		Yama	12:43PM – 2:16PM	Vajra* Until 4:25PM	Muruga: Yellow	Sunset: 6:54PM	Sobhana 5125
	433416572 Rahu			5:22PM – 6:54PM	Gara Until 9:53PM	Nataraja: Yellow		Moon 8 - Phase 17 - 11
Creative Work Siddha Yoga					Dvadashi* Until 8:52AM	Moon – Yellow		2nd Phase
						Sravana Adhika•Adi	Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata (Fasting)

5	Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka	
			Gulika	2:16PM – 3:49PM	Punarvasu Until 11:36AM	Ganesha: Light Blue	Sunrise: 6:32AM	Sun 12 Sutra 119
	Kataka Rasi: 0.32 Tithi 28 – 29		Yama	11:10AM – 12:43PM	Siddhi Until 5:08PM	Muruga: Yellow	Sunset: 6:54PM	Sobhana 5125
	443416572 Rahu			8:05AM – 9:38AM	Visti Until 12:04AM Tue	Nataraja: Yellow		Moon 8 - Phase 17 - 12
Family Home Evening					Trayodashi* Until 10:56AM	Moon – Blue		2nd Phase
Creative Work Amrita Yoga						Sravana Adhika•Adi	Bhuloka Day	
Until 11:36AM							Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

●	Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kandy, Sri Lanka	
	Retreat Star		Gulika	12:43PM – 2:16PM	Pushya Until 2:26PM	Ganesha: Light Blue	Sunrise: 6:32AM	Sun 13 Sutra 120
	Kataka Rasi: 12.28 Tithi 29 – 30		Yama	9:38AM – 11:10AM	Vyatipata* Until 6:01PM	Muruga: Yellow	Sunset: 6:54PM	Sobhana 5125
	443416572 Rahu			3:48PM – 5:21PM	Catuspada Until 2:24AM Wed	Nataraja: Yellow		Moon 8 - Phase 17 - 13
Creative Work Siddha Yoga					Chaturdashi* Until 1:12PM	Moon – Blue		Amavasya
						Sravana Adhika•Adi	Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

	Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kandy, Sri Lanka	
	Retreat Star		Gulika	11:10AM – 12:43PM	Ashlesha* Until 5:14PM	Ganesha: Orange	Sunrise: 6:32AM	Sun 14 Sutra 121
	Kataka Rasi: 24.22 Tithi 30 – 1		Yama	8:05AM – 9:38AM	Variyan Until 6:56PM	Muruga: Yellow	Sunset: 6:53PM	Sobhana 5125
	443516572 Rahu			12:43PM – 2:15PM	Kintughna Until 4:50AM Thu	Nataraja: Yellow		Moon 8 - Phase 17 - 14
Creative Work Siddha Yoga					Amavasya* Until 3:35PM	Moon – Blue		Prathama
						Sravana•Adi	Devaloka Day	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Bava Karana Prathamayam Titau				Kandy, Sri Lanka Sun 15 Sutra 122 Sobhana 5125	
	Simha Rasi: 6.13	Tithi 1	Gulika	9:37AM – 11:10AM	Magha* Until 8:24PM	Ganesha: Clear	Sunrise: 6:32AM	
			Yama	6:32AM – 8:05AM	Parigha* Until 7:55PM	Muruga: Yellow	Sunset: 6:53PM	Moon 8 - Phase 18 - 15
	Creative Work	Amrita Yoga	453516572 Rahu	2:15PM – 3:48PM	Bava Until 6:03PM	Nataraja: Yellow		3rd Phase
	Until 8:24PM				Prathama* Until 6:03PM	Moon – Red	Devaloka Day	
	Then Creative Work - Siddha Yoga					Sravana*Avani		
2	Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kandy, Sri Lanka Sun 16 Sutra 123 Sobhana 5125	
	Simha Rasi: 18.04	Tithi 2	Gulika	8:05AM – 9:37AM	Purvaphalguni Until 11:23PM	Ganesha: Orange	Sunrise: 6:32AM	
			Yama	3:47PM – 5:20PM	Shiva Until 8:54PM	Muruga: Yellow	Sunset: 6:53PM	Moon 8 - Phase 18 - 16
	Creative Work	Siddha Yoga	553516572 Rahu	11:10AM – 12:42PM	Balava Until 7:17AM	Nataraja: Yellow		3rd Phase
					Dvitiya Until 8:29PM	Moon – Red	Devaloka Day	
						Sravana*Avani		
3	Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau				Kandy, Sri Lanka Sun 17 Sutra 124 Sobhana 5125	
	Simha Rasi: 29.56	Tithi 3	Gulika	6:32AM – 8:05AM	Uttaraphalguni Until 2:05AM Sun	Ganesha: Orange	Sunrise: 6:32AM	
			Yama	2:15PM – 3:47PM	Siddha Until 9:45PM	Muruga: Yellow	Sunset: 6:52PM	Moon 8 - Phase 18 - 17
	Routine Work	Marana Yoga	553516572 Rahu	9:37AM – 11:10AM	Taitila Until 9:41AM	Nataraja: Yellow		3rd Phase
	Until 2:05AM Sun				Tritiya Until 10:48PM	Moon – Red	Devaloka Day	
	Then Creative Work - Amrita Yoga					Sravana*Avani		
4	Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Kandy, Sri Lanka Sun 18 Sutra 125 Sobhana 5125	
	Kanya Rasi: 11.52	Tithi 4	Gulika	3:47PM – 5:19PM	Hasta Until 4:51AM Mon	Ganesha: Clear	Sunrise: 6:32AM	
			Yama	12:42PM – 2:14PM	Sadhya Until 10:26PM	Muruga: Yellow	Sunset: 6:52PM	Moon 8 - Phase 18 - 18
	Creative Work	Amrita Yoga	563516572 Rahu	5:19PM – 6:52PM	Vanija Until 11:54AM	Nataraja: Yellow		3rd Phase
	Until 4:51AM Mon				Chaturthi* Until 12:52AM Mon	Moon – Green	Devaloka Day	
	Then Routine Work - Prabalarishta Yoga					Sravana*Avani		
5	Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau				Kandy, Sri Lanka Sun 19 Sutra 126 Sobhana 5125	
	Kanya Rasi: 23.54	Tithi 5	Gulika	2:14PM – 3:46PM	Chitra Until 7:02AM Tue	Ganesha: Purple	Sunrise: 6:32AM	
	Family Home Evening		Yama	11:09AM – 12:42PM	Subha Until 10:50PM	Muruga: Yellow	Sunset: 6:51PM	Moon 8 - Phase 18 - 19
	Routine Work	Prabalarishta Yoga	564516572 Rahu	8:04AM – 9:37AM	Bava Until 1:47PM	Nataraja: Yellow		3rd Phase
	Until 7:02AM Tue		Nag Panchami		Panchami Until 2:31AM Tue	Moon – Green	Bhuloka Day	
	Then Creative Work - Siddha Yoga					Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
6	Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Kandy, Sri Lanka Sun 20 Sutra 127 Sobhana 5125	
	Tula Rasi: 6.08	Tithi 6	Gulika	12:41PM – 2:14PM	Chitra Until 7:02AM	Ganesha: Purple	Sunrise: 6:32AM	
			Yama	9:37AM – 11:09AM	Sukla Until 10:48PM	Muruga: Yellow	Sunset: 6:51PM	Moon 8 - Phase 18 - 20
	Creative Work	Siddha Yoga	564516572 Rahu	3:46PM – 5:19PM	Kaulava Until 3:11PM	Nataraja: Yellow		3rd Phase
					Shashthi* Until 3:38AM Wed	Moon – Green	Bhuloka Day	
						Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
D	Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 128 Sobhana 5125	
	Retreat Star		Gulika	11:09AM – 12:41PM	Svati Until 8:29AM	Ganesha: Purple	Sunrise: 6:32AM	
	Tula Rasi: 18.36	Tithi 7	Yama	8:04AM – 9:37AM	Brahma Until 10:14PM	Muruga: Yellow	Sunset: 6:50PM	Moon 8 - Phase 18 - 21
	Creative Work	Siddha Yoga	564516572 Rahu	12:41PM – 2:13PM	Gara Until 3:57PM	Nataraja: Yellow		3rd Phase
					Saptami Until 4:02AM Thu	Moon – Green	Bhuloka Day	
						Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
D	Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 129 Sobhana 5125	
	Retreat Star		Gulika	9:36AM – 11:09AM	Vishakha Until 9:34AM	Ganesha: Clear	Sunrise: 6:32AM	
	Vrischika Rasi: 1.23	Tithi 8	Yama	6:32AM – 8:04AM	Indra Until 9:06PM	Muruga: Yellow	Sunset: 6:50PM	Moon 8 - Phase 18 - 22
	Creative Work	Siddha Yoga	574516572 Rahu	2:13PM – 3:45PM	Visti Until 3:58PM	Nataraja: Yellow		Ashtami
					Ashtami* Until 3:40AM Fri	Moon – Orange	Devaloka Day	
						Sravana*Avani		
D	Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 130 Sobhana 5125	
	Retreat Star		Gulika	8:04AM – 9:36AM	Anuradha Until 9:42AM	Ganesha: Clear	Sunrise: 6:32AM	
	Vrischika Rasi: 14.35	Tithi 9	Yama	3:45PM – 5:17PM	Vaidhriti* Until 7:17PM	Muruga: Yellow	Sunset: 6:50PM	Moon 8 - Phase 18 - 23
	Creative Work	Siddha Yoga	574516572 Rahu	11:08AM – 12:41PM	Balava Until 3:12PM	Nataraja: Yellow		Navami
	Until 9:42AM		Varalakshmi Vratam		Navami* Until 2:30AM Sat	Moon – Orange	Devaloka Day	
	Then Routine Work - Marana Yoga					Sravana*Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Saturday, August 26, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau				Kandy, Sri Lanka Sun 24 Sutra 131 Sobhana 5125	
	Vrischika Rasi: 28.13	Tithi 10	Gulika 6:32AM – 8:04AM	Jyeshtha* Until 8:55AM	Ganesha: Clear	<i>Sunrise:</i> 6:32AM		
			Yama 2:13PM – 3:45PM	Vishkambha* Until 4:52PM	Muruga: Yellow	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 19 - 24	
	574516572	Rahu 9:36AM – 11:08AM		Taitila Until 1:39PM	Nataraja: Yellow		4th Phase	
Creative Work		Siddha Yoga		Dashami Until 12:34AM Sun	Moon – Orange		Devaloka Day	
					Sravana*Avani			
2	Sunday, August 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 132 Sobhana 5125	
	Dhanus Rasi: 12.19	Tithi 11	Gulika 3:44PM – 5:16PM	Mula* Until 7:41AM	Ganesha: White	<i>Sunrise:</i> 6:32AM		
			Yama 12:40PM – 2:12PM	Priti Until 1:52PM	Muruga: Yellow	<i>Sunset:</i> 6:49PM	Moon 8 - Phase 19 - 25	
	584516572	Rahu 5:16PM – 6:49PM		Vanija Until 11:22AM	Nataraja: Yellow		4th Phase	
Creative Work		Amrita Yoga		Ekadashi Until 9:58PM	Moon – Light Blue		Bhuloka Day	
Until 7:41AM					Sravana*Avani		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								
3	Monday, August 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 133 Sobhana 5125	
	Dhanus Rasi: 26.52	Tithi 12	Gulika 2:12PM – 3:44PM	Uttarashadha Until 3:02AM Tue	Ganesha: White	<i>Sunrise:</i> 6:31AM		
	Family Home Evening		Yama 11:08AM – 12:40PM	Ayushman Until 10:21AM	Muruga: Yellow	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 19 - 26	
	584516573	Rahu 8:04AM – 9:36AM		Bava Until 8:28AM	Nataraja: White		4th Phase	
Routine Work		Marana Yoga		Dvadashi Until 6:49PM	Moon – Light Blue		Devaloka Day	
Until 3:02AM Tue					Sravana*Avani			
Then Creative Work - Siddha Yoga								
4	Tuesday, August 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 134 Sobhana 5125	
	Makara Rasi: 11.46	Tithi 13 – 14	Gulika 12:39PM – 2:12PM	Shravana Until 12:19AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM		
			Yama 9:35AM – 11:07AM	Saubhagya Until 6:28AM	Muruga: Yellow	<i>Sunset:</i> 6:48PM	Moon 8 - Phase 19 - 27	
	594516573	Rahu 3:44PM – 5:16PM		Gara Until 1:26AM Wed	Nataraja: White		4th Phase	
Creative Work		Siddha Yoga		Trayodashi Until 3:17PM	Moon – Purple		Sivaloka Day	
Until 12:19AM Wed			Chidambaram Abhishekam		Sravana*Avani			
Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>				
	Wednesday, August 30, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kandy, Sri Lanka Sutra 135 Sobhana 5125	
	Copper Retreat Star		Gulika 11:07AM – 12:39PM	Dhanishtha Until 9:19PM	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM		
	Makara Rasi: 26.55	Tithi 14 – 15	Yama 8:03AM – 9:35AM	Athiganda* Until 10:04PM	Muruga: Yellow	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 19 -	
	594516573	Rahu 12:39PM – 2:11PM		Visti Until 9:36PM	Nataraja: White		Purnima	
Routine Work		Prabalarishta Yoga		Chaturdashi* Until 11:30AM	Moon – Purple		Sivaloka Day	
Until 9:19PM			Avani Avittam		Sravana*Avani			
Then Creative Work - Siddha Yoga								
	Thursday, August 31, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 136 Sobhana 5125	
	Silver Retreat Star		Gulika 9:35AM – 11:07AM	Shatabhishak Until 6:11PM	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM		
	Kumbha Rasi: 12.11	Tithi 15 – 16	Yama 6:31AM – 8:03AM	Sukarma Until 5:49PM	Muruga: Yellow	<i>Sunset:</i> 6:47PM	Moon 8 - Phase 19 -	
	594516573	Rahu 2:11PM – 3:43PM		Kaulava Until 3:55AM Fri	Nataraja: White		Prathama	
Creative Work		Siddha Yoga		Purnima* Until 7:40AM	Moon – Purple		Sivaloka Day	
					Sravana*Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kandy, Sri Lanka

Sutra 137

Sobhana 5125

Kumbha Rasi: 27.22 Tithi 17

514516573

Gulika

8:03AM – 9:35AM

Yama

3:42PM – 5:14PM

Rahu

11:07AM – 12:39PM

Purvaproshtapada* Until 3:31PM

Dhriti Until 1:44PM

Taitila Until 2:10PM

Dvitiya Until 12:27AM Sat

Ganesha: Yellow

Muruga: Yellow

Nataraja: White

Moon – Clear

Sravana*Avani

Sunrise: 6:31AM

Sunset: 6:46PM

Moon 9 - Phase 20 -

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada*/Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 138

Sobhana 5125

Meena Rasi: 12.19 Tithi 18

515516573

Gulika

6:31AM – 8:03AM

Yama

2:10PM – 3:42PM

Rahu

9:35AM – 11:06AM

Uttaraproshtapada Until 1:05PM

Shula* Until 9:55AM

Vanija Until 10:53AM

Tritiya Until 9:25PM

Ganesha: Red

Muruga: Yellow

Nataraja: White

Moon – Clear

Sravana*Avani

Sunrise: 6:31AM

Sunset: 6:46PM

Moon 9 - Phase 20 - 1

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 1:05PM

Then Routine Work - Prabalarishta Yoga

2

Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bharu Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturthayam Titau

Kandy, Sri Lanka

Sun 2 Sutra 139

Sobhana 5125

Meena Rasi: 26.54 Tithi 19

515516573

Gulika

3:42PM – 5:13PM

Yama

12:38PM – 2:10PM

Rahu

5:13PM – 6:45PM

Revati Until 11:02AM

Ganda* Until 6:33AM

Bava Until 8:07AM

Chaturthi* Until 6:57PM

Ganesha: Red

Muruga: Yellow

Nataraja: White

Moon – Clear

Sravana*Avani

Sunrise: 6:31AM

Sunset: 6:45PM

Moon 9 - Phase 20 - 2

1st Phase

Sivaloka Day

Creative Work Amrita Yoga

Until 11:02AM

Then Creative Work - Siddha Yoga

3

Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhruva Yoga Kaulava/Gara Karana Panchami/Shashthayam Titau

Kandy, Sri Lanka

Sun 3 Sutra 140

Sobhana 5125

Mesha Rasi: 11.02 Tithi 20 – 21

525516573

Gulika

2:09PM – 3:41PM

Yama

11:06AM – 12:38PM

Rahu

8:02AM – 9:34AM

Ashvini Until 9:56AM

Dhruva Until 1:26AM Tue

Kaulava Until 6:00AM

Panchami Until 5:12PM

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White

Sravana*Avani

Sunrise: 6:31AM

Sunset: 6:45PM

Moon 9 - Phase 20 - 3

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

4

Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 141

Sobhana 5125

Mesha Rasi: 24.43 Tithi 21 – 22

525516573

Gulika

12:37PM – 3:09PM

Yama

9:34AM – 11:06AM

Rahu

3:41PM – 5:12PM

Bharani Until 9:28AM

Vyaghata* Until 11:50PM

Visti Until 4:06AM Wed

Shashthi* Until 4:15PM

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White

Sravana*Avani

Sunrise: 6:30AM

Sunset: 6:44PM

Moon 9 - Phase 20 - 4

1st Phase

Devaloka Day

Creative Work Siddha Yoga

5

Wednesday, September 6, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 142

Sobhana 5125

Virshabha Rasi: 7.56 Tithi 22 – 23

525516573

Gulika

11:05AM – 12:37PM

Yama

8:02AM – 9:34AM

Rahu

12:37PM – 2:09PM

Krittika Until 9:38AM

Harshana Until 10:54PM

Balava Until 4:22AM Thu

Saptami Until 4:07PM

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White

Sravana*Avani

Sunrise: 6:30AM

Sunset: 6:44PM

Moon 9 - Phase 20 - 5

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 9:38AM

Then Creative Work - Siddha Yoga

D

Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 143

Sobhana 5125

Virshabha Rasi: 20.45 Tithi 23 – 24

535516573

Gulika

9:33AM – 11:05AM

Yama

6:30AM – 8:02AM

Rahu

2:08PM – 3:40PM

Rohini Until 10:54AM

Vajra* Until 10:30PM

Taitila Until 5:21AM Fri

Ashtami* Until 4:45PM

Ganesha: Orange

Muruga: Yellow

Nataraja: White

Moon – Yellow

Sravana*Avani

Sunrise: 6:30AM

Sunset: 6:43PM

Moon 9 - Phase 20 - 6

Ashtami

Sivaloka Day

Routine Work Marana Yoga

Krishna Janmashtami

Friday, September 8, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddhi Yoga Gara Karana Navamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 144

Sobhana 5125

Mithuna Rasi: 3.14 Tithi 24

535516573

Gulika

8:02AM – 9:33AM

Yama

3:39PM – 5:11PM

Rahu

11:05AM – 12:36PM

Mrigashira Until 12:40PM

Siddhi Until 10:37PM

Gara Until 6:03PM

Navami* Until 6:03PM

Ganesha: Orange

Muruga: Yellow

Nataraja: White

Moon – Yellow

Sravana*Avani

Sunrise: 6:30AM

Sunset: 6:42PM

Moon 9 - Phase 20 - 7

Navami

Sivaloka Day

Creative Work Siddha Yoga

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau				Kandy, Sri Lanka Sun 8 Sutra 145 Sobhana 5125	
	Mithuna Rasi: 15.28	Tithi 25	Gulika	6:30AM – 8:01AM	Ardra Until 2:47PM	Ganesha: Orange	<i>Sunrise:</i> 6:30AM	Moon 9 - Phase 21 - 8 2nd Phase
			Yama	2:07PM – 3:39PM	Vyatipata* Until 11:06PM	Muruga: Yellow	<i>Sunset:</i> 6:42PM	
	Creative Work	Siddha Yoga	535516573 Rahu	9:33AM – 11:04AM	Vanija Until 6:55AM	Nataraja: White		
					Dashami Until 7:51PM	Moon – Yellow	Sivaloka Day	
						Sravana*Avani		
2	Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan Yoga Bava/Balava Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 9 Sutra 146 Sobhana 5125	
	Mithuna Rasi: 27.32	Tithi 26	Gulika	3:38PM – 5:10PM	Punarvasu Until 5:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:30AM	Moon 9 - Phase 21 - 9 2nd Phase
			Yama	12:36PM – 2:07PM	Variyan Until 11:48PM	Muruga: Yellow	<i>Sunset:</i> 6:41PM	
	Creative Work	Siddha Yoga	545516573 Rahu	5:10PM – 6:41PM	Bava Until 8:55AM	Nataraja: White		
					Ekadashi* Until 10:00PM	Moon – Blue	Devaloka Day	
					Grandparent's Day	Sravana*Avani		
3	Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 147 Sobhana 5125	
	Kataka Rasi: 9.29	Tithi 27	Gulika	2:07PM – 3:38PM	Pushya Until 8:29PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:30AM	Moon 9 - Phase 21 - 10 2nd Phase
	Family Home Evening		Yama	11:04AM – 12:35PM	Parigha* Until 12:41AM Tue	Muruga: Yellow	<i>Sunset:</i> 6:41PM	
	Creative Work	Siddha Yoga	546616573 Rahu	8:01AM – 9:32AM	Kaulava Until 11:11AM	Nataraja: White		
					Dvadashi* Until 12:22AM Tue	Moon – Blue	Devaloka Day	
						Sravana*Avani		
4	Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 148 Sobhana 5125	
	Kataka Rasi: 21.22	Tithi 28	Gulika	12:35PM – 2:06PM	Ashlesha* Until 11:18PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:29AM	Moon 9 - Phase 21 - 11 2nd Phase
			Yama	9:32AM – 11:04AM	Shiva Until 1:38AM Wed	Muruga: Yellow	<i>Sunset:</i> 6:40PM	
	Creative Work	Siddha Yoga	546616573 Rahu	3:38PM – 5:09PM	Gara Until 1:37PM	Nataraja: White		
					Trayodashi* Until 2:49AM Wed	Moon – Blue	Devaloka Day	
						Sravana*Avani		
					<i>Pradosha Vrata (Fasting)</i>			
5	Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 149 Sobhana 5125	
	Simha Rasi: 3.13	Tithi 29	Gulika	11:03AM – 12:35PM	Magha* Until 2:26AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Moon 9 - Phase 21 - 12 2nd Phase
			Yama	8:01AM – 9:32AM	Siddha Until 2:33AM Thu	Muruga: Yellow	<i>Sunset:</i> 6:40PM	
	Creative Work	Siddha Yoga	556616573 Rahu	12:35PM – 2:06PM	Visti Until 4:04PM	Nataraja: White		
					Chaturdashi* Until 5:16AM Thu	Moon – Red	Devaloka Day	
						Sravana*Avani		
	Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Catuspada* Karana Amavasyayam Titau				Kandy, Sri Lanka Sun 13 Sutra 150 Sobhana 5125	
	Retreat Star		Gulika	9:32AM – 11:03AM	Purvaphalguni Until 5:20AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Moon 9 - Phase 21 - 13 Amavasya
	Simha Rasi: 15.05	Tithi 30	Yama	6:29AM – 8:00AM	Sadhya Until 3:24AM Fri	Muruga: Yellow	<i>Sunset:</i> 6:39PM	
	Creative Work	Siddha Yoga	556616573 Rahu	2:05PM – 3:37PM	Catuspada Until 6:28PM	Nataraja: White		
					Amavasya* Until 7:36AM Fri	Moon – Red	Devaloka Day	
						Sravana*Avani		
	Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kandy, Sri Lanka Sun 14 Sutra 151 Sobhana 5125	
	Retreat Star		Gulika	8:00AM – 9:31AM	Uttaraphalguni Until 7:53AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Moon 9 - Phase 21 - 14 Prathama
	Simha Rasi: 26.59	Tithi 30 – 1	Yama	3:36PM – 5:07PM	Subha Until 4:09AM Sat	Muruga: White	<i>Sunset:</i> 6:39PM	
	Creative Work	Siddha Yoga	556626573 Rahu	11:03AM – 12:34PM	Kintughna Until 8:44PM	Nataraja: White		
					Amavasya* Until 7:36AM	Moon – Red	Sivaloka Day	
						Bhadrapada*Avani		
					Until 7:53AM Sat Then Routine Work - Marana Yoga			

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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1	Saturday, September 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kandy, Sri Lanka Sun 15 Sutra 152	
	Kanya Rasi: 8.58	Tithi 1 – 2	Gulika Yama	6:29AM – 8:00AM 2:05PM – 3:36PM	Uttaraphalguni Until 7:53AM Sukla Until 4:39AM Sun	Ganesha: Purple Muruga: White Nataraja: White Moon – Red	Sunrise: 6:29AM Sunset: 6:38PM	Sobhana 5125 Moon 9 - Phase 22 - 15 3rd Phase
	Routine Work	Marana Yoga	566626573 Rahu	9:31AM – 11:02AM	Prathama* Until 9:45AM	Bhadrapada*Avani	Sivaloka Day	
2	Sunday, September 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kandy, Sri Lanka Sun 16 Sutra 153	
	Kanya Rasi: 21.02	Tithi 2 – 3	Gulika Yama	3:35PM – 5:06PM 12:33PM – 2:04PM	Hasta Until 10:30AM Brahma Until 4:56AM Mon	Ganesha: Light Blue Muruga: White Nataraja: White Moon – Green	Sunrise: 6:29AM Sunset: 6:38PM	Sobhana 5125 Moon 9 - Phase 22 - 16 3rd Phase
	Creative Work	Amrita Yoga	566626573 Rahu	5:06PM – 6:38PM	Taitila Until 12:28AM Mon Dvitiya Until 11:38AM	Bhadrapada*Puratasi	Sivaloka Day	
	Until 10:30AM	Then Creative Work - Siddha Yoga						
3	Monday, September 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kandy, Sri Lanka Sun 17 Sutra 154	
	Tula Rasi: 3.16	Tithi 3 – 4	Gulika Yama	2:04PM – 3:35PM 11:02AM – 12:33PM	Chitra Until 12:37PM Indra Until 4:53AM Tue	Ganesha: Light Blue Muruga: White Nataraja: White Moon – Green	Sunrise: 6:28AM Sunset: 6:37PM	Sobhana 5125 Moon 9 - Phase 22 - 17 3rd Phase
	Family Home Evening		566626573 Rahu	8:00AM – 9:31AM	Vanija Until 1:47AM Tue Tritiya Until 1:09PM	Bhadrapada*Puratasi	Sivaloka Day	
	Routine Work	Prabalarishta Yoga						
4	Tuesday, September 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kandy, Sri Lanka Sun 18 Sutra 155	
	Tula Rasi: 15.4	Tithi 4 – 5	Gulika Yama	12:32PM – 2:03PM 9:30AM – 11:01AM	Svati Until 2:08PM Vaidhriti* Until 4:26AM Wed	Ganesha: Purple Muruga: White Nataraja: White Moon – Green	Sunrise: 6:28AM Sunset: 6:36PM	Sobhana 5125 Moon 9 - Phase 22 - 18 3rd Phase
	Creative Work	Siddha Yoga	567626573 Rahu	3:34PM – 5:05PM	Bava Until 2:36AM Wed Chaturthi* Until 2:14PM	Bhadrapada*Puratasi	Sivaloka Day	
	Until 2:08PM	Then Routine Work - Marana Yoga	Ganesha Chaturthi					
5	Wednesday, September 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtnyam Titau				Kandy, Sri Lanka Sun 19 Sutra 156	
	Tula Rasi: 28.16	Tithi 5 – 6	Gulika Yama	11:01AM – 12:32PM 7:59AM – 9:30AM	Vishakha Until 3:28PM Vishkambha* Until 3:34AM Thu	Ganesha: Clear Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:28AM Sunset: 6:36PM	Sobhana 5125 Moon 9 - Phase 22 - 19 3rd Phase
	Creative Work	Siddha Yoga	577626573 Rahu	12:32PM – 2:03PM	Kaulava Until 2:52AM Thu Panchami Until 2:47PM	Bhadrapada*Puratasi	Subha Sivaloka Day	
6	Thursday, September 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shashti/Saptamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 157	
	Vrischika Rasi: 11.1	Tithi 6 – 7	Gulika Yama	9:30AM – 11:01AM 6:28AM – 7:59AM	Anuradha Until 4:04PM Priti Until 2:13AM Fri	Ganesha: Clear Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:28AM Sunset: 6:35PM	Sobhana 5125 Moon 9 - Phase 22 - 20 3rd Phase
	Creative Work	Siddha Yoga	577626573 Rahu	2:03PM – 3:34PM	Gara Until 2:31AM Fri Shashti* Until 2:45PM	Bhadrapada*Puratasi	Subha Sivaloka Day	
	Until 4:04PM	Then Routine Work - Prabalarishta Yoga						
D	Friday, September 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 158	
	Vrischika Rasi: 24.22	Tithi 7 – 8	Gulika Yama	7:59AM – 9:30AM 3:33PM – 5:04PM	Jyeshtha* Until 3:54PM Ayushman Until 12:20AM Sat	Ganesha: Clear Muruga: White Nataraja: White Moon – Orange	Sunrise: 6:28AM Sunset: 6:35PM	Sobhana 5125 Moon 9 - Phase 22 - 21 Ashtami
	Routine Work	Marana Yoga	577626573 Rahu	11:00AM – 12:31PM	Visti Until 1:32AM Sat Saptami Until 2:05PM	Bhadrapada*Puratasi	Subha Sivaloka Day	
	Until 3:54PM	Then Creative Work - Amrita Yoga						
	Saturday, September 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 159	
	Dhanus Rasi: 7.55	Tithi 8 – 9	Gulika Yama	6:28AM – 7:59AM 2:02PM – 3:33PM	Mula* Until 3:24PM Saubhagya Until 9:58PM	Ganesha: White Muruga: White Nataraja: White Moon – Light Blue	Sunrise: 6:28AM Sunset: 6:34PM	Sobhana 5125 Moon 9 - Phase 22 - 22 Navami
	Creative Work	Siddha Yoga	587626573 Rahu	9:29AM – 11:00AM	Balava Until 11:55PM Ashtami* Until 12:47PM	Bhadrapada*Puratasi	Sivaloka Day	

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Sunday, September 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 160	
	Dhanus Rasi: 21.5	Tithi 9 – 10	Gulika	3:32PM – 5:03PM	Purvashadha* Until 2:10PM	Ganesha: White	<i>Sunrise:</i> 6:28AM	Sobhana 5125
			Yama	12:31PM – 2:01PM	Sobhana Until 7:08PM	Muruga: White	<i>Sunset:</i> 6:34PM	Moon 9 - Phase 23 - 23
			Rahu	5:03PM – 6:34PM	Taitila Until 9:44PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga					Navami* Until 10:52AM	Moon – Light Blue	Sivaloka Day	
Until 2:10PM						Bhadrapada*Puratasi		
Then Creative Work - Amrita Yoga								
2	Monday, September 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 161	
	Makara Rasi: 6.07	Tithi 10 – 11	Gulika	2:01PM – 3:32PM	Uttarashadha Until 12:15PM	Ganesha: Clear	<i>Sunrise:</i> 6:27AM	Sobhana 5125
	Family Home Evening		Yama	11:00AM – 12:30PM	Athiganda* Until 3:51PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 9 - Phase 23 - 24
			Rahu	7:58AM – 9:29AM	Vanija Until 7:02PM	Nataraja: White		4th Phase
Routine Work Marana Yoga					Dashami Until 8:25AM	Moon – Light Blue	Subha Sivaloka Day	
Until 12:15PM						Bhadrapada*Puratasi		
Then Creative Work - Amrita Yoga								
3	Tuesday, September 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvodashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 162	
	Makara Rasi: 20.44	Tithi 12	Gulika	12:30PM – 2:01PM	Shravana Until 10:11AM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Sobhana 5125
			Yama	9:29AM – 10:59AM	Sukarma Until 12:15PM	Muruga: White	<i>Sunset:</i> 6:33PM	Moon 9 - Phase 23 - 25
			Rahu	3:31PM – 5:02PM	Bava Until 3:57PM	Nataraja: White		4th Phase
Creative Work Siddha Yoga					Dvodashi Until 2:17AM Wed	Moon – Purple	Subha Subha Sivaloka Day	
						Bhadrapada*Puratasi		
4	Wednesday, September 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 163	
	Kumbha Rasi: 5.37	Tithi 13	Gulika	10:59AM – 12:30PM	Dhanishtha Until 7:41AM	Ganesha: White	<i>Sunrise:</i> 6:27AM	Sobhana 5125
			Yama	7:58AM – 9:28AM	Dhriti Until 8:24AM	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 9 - Phase 23 - 26
			Rahu	12:30PM – 2:00PM	Kaulava Until 12:36PM	Nataraja: White		4th Phase
Routine Work Prabalarishta Yoga					Trayodashi Until 10:51PM	Moon – Purple	Subha Subha Sivaloka Day	
Until 7:41AM			Chidambaram Abhishekam			Bhadrapada*Puratasi		
Then Creative Work - Siddha Yoga			Kadaitswami Mahasamadhi		<i>Pradosha Vrata</i>			
5	Thursday, September 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 164	
	Kumbha Rasi: 20.36	Tithi 14	Gulika	9:28AM – 10:59AM	Purvaproshtapada* Until 2:21AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Sobhana 5125
			Yama	6:27AM – 7:58AM	Ganda* Until 12:26AM Fri	Muruga: White	<i>Sunset:</i> 6:32PM	Moon 9 - Phase 23 - 27
			Rahu	2:00PM – 3:30PM	Gara Until 9:08AM	Nataraja: White		4th Phase
Creative Work Siddha Yoga					Chaturdashi* Until 7:23PM	Moon – Clear	Subha Sivaloka Day	
						Bhadrapada*Puratasi		
O	Friday, September 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 165	
	Copper Retreat Star		Gulika	7:57AM – 9:28AM	Uttaraproshtapada Until 11:50PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Sobhana 5125
	Meena Rasi: 6	Tithi 15 – 16	Yama	3:30PM – 5:01PM	Vriddhi Until 8:35PM	Muruga: White	<i>Sunset:</i> 6:31PM	Moon 9 - Phase 23 -
			Rahu	10:58AM – 12:29PM	Balava Until 2:26AM Sat	Nataraja: White		Purnima
Creative Work Siddha Yoga					Purnima* Until 4:01PM	Moon – Clear	Subha Sivaloka Day	
						Bhadrapada*Puratasi		
	Saturday, September 30, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kandy, Sri Lanka Sutra 166	
	Silver Retreat Star		Gulika	6:27AM – 7:57AM	Revati Until 9:31PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM	Sobhana 5125
	Meena Rasi: 20.26	Tithi 16 – 17	Yama	1:59PM – 3:30PM	Dhruva Until 4:57PM	Muruga: White	<i>Sunset:</i> 6:31PM	Moon 9 - Phase 23 -
			Rahu	9:28AM – 10:58AM	Taitila Until 11:32PM	Nataraja: White		Prathama
Routine Work Prabalarishta Yoga					Prathama* Until 12:55PM	Moon – Clear	Subha Sivaloka Day	
Until 9:31PM						Bhadrapada*Puratasi		
Then Creative Work - Siddha Yoga								

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

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**Sunday, October 1, 2023****Gold Retreat Star**

Mesha Rasi: 5.01 Tithi 17 – 18

Creative Work Siddha Yoga

Until 7:57PM

Then Routine Work - Prabalarishta Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam
Ashvini Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 167

Sobhana 5125

Moon 10 - Phase 24 - 1

1st Phase

Gulika 3:29PM – 5:00PM

Yama 12:28PM – 1:59PM

629626573 **Rahu** 5:00PM – 6:30PM**Ashvini Until 7:57PM**

Vyaghata* Until 1:43PM

Vanija Until 9:07PM

Dvitiya Until 10:14AM**Ganesha:** White Sunrise: 6:27AM**Muruga:** White Sunset: 6:30PM**Nataraja:** White

Moon – White

Subha Subha Sivaloka Day
Bhadrapada*Puratasi**1****Monday, October 2, 2023**

Mesha Rasi: 19.13 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

Until 6:53PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kandy, Sri Lanka

Sun 2 Sutra 168

Sobhana 5125

Moon 10 - Phase 24 - 2

1st Phase

Gulika 1:58PM – 3:29PM

Yama 10:58AM – 12:28PM

629626573 **Rahu** 7:57AM – 9:27AM**Bharani Until 6:53PM**

Harshana Until 10:58AM

Bava Until 7:20PM

Tritiya Until 8:07AM**Ganesha:** Clear Sunrise: 6:26AM**Muruga:** White Sunset: 6:29PM**Nataraja:** White

Moon – White

Subha Sivaloka Day
Bhadrapada*Puratasi**2****Tuesday, October 3, 2023**

Vrishabha Rasi: 2.59 Tithi 19 – 20

Creative Work Siddha Yoga

Until 6:23PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kandy, Sri Lanka

Sun 3 Sutra 169

Sobhana 5125

Moon 10 - Phase 24 - 3

1st Phase

Gulika 12:28PM – 1:58PM

Yama 9:27AM – 10:57AM

629626573 **Rahu** 3:28PM – 4:59PM**Krittika Until 6:23PM**

Vajra* Until 8:45AM

Kaulava Until 6:17PM

Chaturthi* Until 6:42AM**Ganesha:** Clear Sunrise: 6:26AM**Muruga:** White Sunset: 6:29PM**Nataraja:** White

Moon – White

Subha Sivaloka Day
Bhadrapada*Puratasi**3****Wednesday, October 4, 2023**

Vrishabha Rasi: 16.18 Tithi 20 – 21

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 170

Sobhana 5125

Moon 10 - Phase 24 - 4

1st Phase

Gulika 10:57AM – 12:27PM

Yama 7:56AM – 9:27AM

639626573 **Rahu** 12:27PM – 1:58PM**Rohini Until 6:58PM**

Siddhi Until 7:10AM

Gara Until 6:03PM

Panchami Until 6:03AM**Ganesha:** Purple Sunrise: 6:26AM**Muruga:** White Sunset: 6:28PM**Nataraja:** White

Moon – Yellow

Sivaloka Day
Bhadrapada*Puratasi**4****Thursday, October 5, 2023**

Vrishabha Rasi: 29.13 Tithi 21 – 22

Routine Work Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 171

Sobhana 5125

Moon 10 - Phase 24 - 5

1st Phase

Gulika 9:27AM – 10:57AM

Yama 6:26AM – 7:56AM

639626573 **Rahu** 1:57PM – 3:27PM**Mrigashira Until 8:10PM**

Vyatipata* Until 6:14AM

Visti Until 6:36PM

Shashthi* Until 6:12AM**Ganesha:** Purple Sunrise: 6:26AM**Muruga:** White Sunset: 6:28PM**Nataraja:** White

Moon – Yellow

Sivaloka Day
Bhadrapada*Puratasi**D****Friday, October 6, 2023****Retreat Star**

Mithuna Rasi: 11.46 Tithi 22 – 23

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 172

Sobhana 5125

Moon 10 - Phase 24 - 6

Ashtami

Gulika 7:56AM – 9:26AM

Yama 3:27PM – 4:57PM

639726573 **Rahu** 10:57AM – 12:27PM**Ardra Until 9:53PM**

Parigha* Until 6:00AM Sat

Balava Until 7:51PM

Saptami Until 7:07AM**Ganesha:** Clear Sunrise: 6:26AM**Muruga:** White Sunset: 6:27PM**Nataraja:** White

Moon – Yellow

Subha Sivaloka Day
Bhadrapada*Puratasi**Saturday, October 7, 2023****Retreat Star**

Mithuna Rasi: 24.02 Tithi 23 – 24

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 173

Sobhana 5125

Moon 10 - Phase 24 - 7

Navami

Gulika 6:26AM – 7:56AM

Yama 1:57PM – 3:27PM

649726573 **Rahu** 9:26AM – 10:56AM**Punarvasu Until 12:28AM Sun**

Parigha* Until 6:00AM

Taitila Until 9:42PM

Ashtami* Until 8:42AM**Ganesha:** Purple Sunrise: 6:26AM**Muruga:** White Sunset: 6:27PM**Nataraja:** White

Moon – Blue

Subha Subha Sivaloka Day
Bhadrapada*Puratasi

1	Sunday, October 8, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kandy, Sri Lanka Sun 8 Sutra 174	
	Kataka Rasi: 6.05	Tithi 24 – 25	Gulika 3:26PM – 4:56PM	Pushya Until 3:14AM Mon	Ganesha: Purple	Sunrise: 6:26AM	Sobhana 5125	
			Yama 12:26PM – 1:56PM	Shiva Until 6:33AM	Muruga: White	Sunset: 6:27PM	Moon 10 - Phase 25 - 8	
	Creative Work	Siddha Yoga	649726574 Rahu 4:56PM – 6:27PM	Vanija Until 11:56PM	Nataraja: Clear		2nd Phase	
				Navami* Until 10:45AM	Moon – Blue		Subha Sivaloka Day	
					Bhadrapada*Puratasi			
2	Monday, October 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Kandy, Sri Lanka Sun 9 Sutra 175	
	Kataka Rasi: 18.01	Tithi 25 – 26	Gulika 1:56PM – 3:26PM	Ashlesha* Until 6:02AM Tue	Ganesha: Purple	Sunrise: 6:26AM	Sobhana 5125	
	Family Home Evening		Yama 10:56AM – 12:26PM	Siddha Until 7:19AM	Muruga: White	Sunset: 6:26PM	Moon 10 - Phase 25 - 9	
	Creative Work	Siddha Yoga	649726574 Rahu 7:56AM – 9:26AM	Bava Until 2:23AM Tue	Nataraja: Clear		2nd Phase	
				Dashami Until 1:07PM	Moon – Blue		Subha Sivaloka Day	
					Bhadrapada*Puratasi			
3	Tuesday, October 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 176	
	Kataka Rasi: 29.53	Tithi 26 – 27	Gulika 12:26PM – 1:56PM	Ashlesha* Until 6:02AM	Ganesha: Blue	Sunrise: 6:26AM	Sobhana 5125	
			Yama 9:26AM – 10:56AM	Sadhya Until 8:13AM	Muruga: White	Sunset: 6:26PM	Moon 10 - Phase 25 - 10	
	Creative Work	Siddha Yoga	641726574 Rahu 3:26PM – 4:56PM	Kaulava Until 4:53AM Wed	Nataraja: Clear		2nd Phase	
				Ekadashi* Until 3:37PM	Moon – Blue		Subha Sivaloka Day	
					Bhadrapada*Puratasi			
4	Wednesday, October 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Subha/Sukla Yoga Taitila Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 177	
	Simha Rasi: 11.45	Tithi 27	Gulika 10:55AM – 12:25PM	Magha* Until 9:11AM	Ganesha: Red	Sunrise: 6:25AM	Sobhana 5125	
			Yama 7:55AM – 9:25AM	Subha Until 9:08AM	Muruga: White	Sunset: 6:25PM	Moon 10 - Phase 25 - 11	
	Creative Work	Siddha Yoga	651726574 Rahu 12:25PM – 1:55PM	Taitila Until 6:04PM	Nataraja: Clear		2nd Phase	
	Until 9:11AM			Dvadashi* Until 6:04PM	Moon – Red		Sivaloka Day	
	Then Creative Work - Amrita Yoga				Bhadrapada*Puratasi			
5	Thursday, October 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 178	
	Simha Rasi: 23.39	Tithi 28	Gulika 9:25AM – 10:55AM	Purvaphalguni Until 12:02PM	Ganesha: Red	Sunrise: 6:25AM	Sobhana 5125	
			Yama 6:25AM – 7:55AM	Sukla Until 9:55AM	Muruga: White	Sunset: 6:25PM	Moon 10 - Phase 25 - 12	
	Creative Work	Siddha Yoga	651726574 Rahu 1:55PM – 3:25PM	Gara Until 7:16AM	Nataraja: Clear		2nd Phase	
				Trayodashi* Until 8:21PM	Moon – Red		Sivaloka Day	
					Bhadrapada*Puratasi			
Pradosha Vrata (Fasting)								
6	Friday, October 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 13 Sutra 179	
	Kanya Rasi: 5.39	Tithi 29	Gulika 7:55AM – 9:25AM	Uttaraphalguni Until 2:27PM	Ganesha: Red	Sunrise: 6:25AM	Sobhana 5125	
			Yama 3:25PM – 4:54PM	Brahma Until 10:31AM	Muruga: White	Sunset: 6:24PM	Moon 10 - Phase 25 - 13	
	Creative Work	Siddha Yoga	651726574 Rahu 10:55AM – 12:25PM	Visti Until 9:24AM	Nataraja: Clear		2nd Phase	
	Until 2:27PM			Chaturdashi* Until 10:19PM	Moon – Red		Sivaloka Day	
	Then Creative Work - Amrita Yoga				Bhadrapada*Puratasi			
●	Saturday, October 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kandy, Sri Lanka Sun 14 Sutra 180	
	Retreat Star		Gulika 6:25AM – 7:55AM	Hasta Until 4:52PM	Ganesha: Yellow	Sunrise: 6:25AM	Sobhana 5125	
	Kanya Rasi: 17.47	Tithi 30	Yama 1:54PM – 3:24PM	Indra Until 10:52AM	Muruga: White	Sunset: 6:24PM	Moon 10 - Phase 25 - 14	
	Routine Work	Marana Yoga	661726574 Rahu 9:25AM – 10:55AM	Catuspada Until 11:11AM	Nataraja: Clear		Amavasya	
			Mahalaya Amavasai (Tamil Nadu)	Amavasya* Until 11:54PM	Moon – Green		Sivaloka Day	
					Bhadrapada*Puratasi			
	Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vaidhriti*/Vishakambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kandy, Sri Lanka Sun 15 Sutra 181	
	Retreat Star		Gulika 3:24PM – 4:54PM	Chitra Until 6:41PM	Ganesha: Yellow	Sunrise: 6:25AM	Sobhana 5125	
	Tula Rasi: 0.05	Tithi 1	Yama 12:24PM – 1:54PM	Vaidhriti* Until 10:52AM	Muruga: White	Sunset: 6:23PM	Moon 10 - Phase 25 - 15	
	Creative Work	Siddha Yoga	661726574 Rahu 4:54PM – 6:23PM	Kintughna Until 12:33PM	Nataraja: Clear		Prathama	
			Navaratri Begins	Prathama* Until 1:02AM Mon	Moon – Green		Sivaloka Day	
					Ashvina*Puratasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Monday, October 16, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kandy, Sri Lanka Sun 16 Sutra 182	
	Tula Rasi: 12.34	Tithi 2	Gulika	1:54PM – 3:24PM	Svati Until 7:54PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sobhana 5125
	Family Home Evening		Yama	10:54AM – 12:24PM	Vishkambha* Until 10:31AM	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 10 - Phase 26 - 16
	Creative Work Amrita Yoga		Rahu	7:55AM – 9:25AM	Balava Until 1:27PM	Nataraja: Clear		3rd Phase
	Until 7:54PM				Dvitiya Until 1:43AM Tue	Moon – Green		Sivaloka Day
	Then Routine Work - Marana Yoga				Ashvina*Puratasi			
2	Tuesday, October 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau				Kandy, Sri Lanka Sun 17 Sutra 183	
	Tula Rasi: 25.17	Tithi 3	Gulika	12:24PM – 1:54PM	Vishakha Until 8:58PM	Ganesha: Red	<i>Sunrise:</i> 6:25AM	Sobhana 5125
			Yama	9:25AM – 10:54AM	Priti Until 9:50AM	Muruga: White	<i>Sunset:</i> 6:23PM	Moon 10 - Phase 26 - 17
			Rahu	3:23PM – 4:53PM	Taitila Until 1:53PM	Nataraja: Clear		3rd Phase
	Routine Work Marana Yoga				Tritiya Until 1:55AM Wed	Moon – Orange		Sivaloka Day
	Until 8:58PM				Ashvina*Puratasi			
	Then Creative Work - Siddha Yoga							
3	Wednesday, October 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau				Kandy, Sri Lanka Sun 18 Sutra 184	
	Vrischika Rasi: 8.13	Tithi 4	Gulika	10:54AM – 12:24PM	Anuradha Until 9:27PM	Ganesha: Red	<i>Sunrise:</i> 6:25AM	Sobhana 5125
			Yama	7:55AM – 9:24AM	Ayushman Until 8:45AM	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 26 - 18
			Rahu	12:24PM – 1:53PM	Vanija Until 1:52PM	Nataraja: Clear		3rd Phase
	Creative Work Siddha Yoga				Chaturthi* Until 1:40AM Thu	Moon – Orange		Sivaloka Day
					Ashvina*Aipasi			
4	Thursday, October 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau				Kandy, Sri Lanka Sun 19 Sutra 185	
	Vrischika Rasi: 21.22	Tithi 5	Gulika	9:24AM – 10:54AM	Jyeshtha* Until 9:20PM	Ganesha: Red	<i>Sunrise:</i> 6:25AM	Sobhana 5125
			Yama	6:25AM – 7:55AM	Saubhagya Until 7:19AM	Muruga: White	<i>Sunset:</i> 6:22PM	Moon 10 - Phase 26 - 19
			Rahu	1:53PM – 3:23PM	Bava Until 1:23PM	Nataraja: Clear		3rd Phase
	Routine Work Prabalarishta Yoga				Panchami Until 12:58AM Fri	Moon – Orange		Sivaloka Day
	Until 9:20PM				Ashvina*Aipasi			
	Then Creative Work - Siddha Yoga							
5	Friday, October 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kandy, Sri Lanka Sun 20 Sutra 186	
	Dhanus Rasi: 4.46	Tithi 6	Gulika	7:55AM – 9:24AM	Mula* Until 9:07PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sobhana 5125
			Yama	3:22PM – 4:52PM	Athiganda* Until 3:28AM Sat	Muruga: White	<i>Sunset:</i> 6:21PM	Moon 10 - Phase 26 - 20
			Rahu	10:54AM – 12:23PM	Kaulava Until 12:29PM	Nataraja: Clear		3rd Phase
	Creative Work Amrita Yoga				Shashthi* Until 11:52PM	Moon – Light Blue		Sivaloka Day
	Until 9:07PM				Ashvina*Aipasi			
	Then Routine Work - Prabalarishta Yoga							
6	Saturday, October 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 187	
	Dhanus Rasi: 18.23	Tithi 7	Gulika	6:25AM – 7:55AM	Purvashadha* Until 8:21PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sobhana 5125
			Yama	1:53PM – 3:22PM	Sukarma Until 1:04AM Sun	Muruga: White	<i>Sunset:</i> 6:21PM	Moon 10 - Phase 26 - 21
			Rahu	9:24AM – 10:54AM	Gara Until 11:11AM	Nataraja: Clear		3rd Phase
	Creative Work Siddha Yoga				Saptami Until 10:22PM	Moon – Light Blue		Sivaloka Day
	Until 8:21PM				Ashvina*Aipasi			
	Then Routine Work - Marana Yoga							
D	Sunday, October 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 188	
	Retreat Star		Gulika	3:22PM – 4:51PM	Uttarashadha Until 7:05PM	Ganesha: Yellow	<i>Sunrise:</i> 6:25AM	Sobhana 5125
	Makara Rasi: 2.15	Tithi 8	Yama	12:23PM – 1:52PM	Dhriti Until 10:22PM	Muruga: White	<i>Sunset:</i> 6:21PM	Moon 10 - Phase 26 - 22
			Rahu	4:51PM – 6:21PM	Visti Until 9:30AM	Nataraja: Clear		Ashtami
	Creative Work Amrita Yoga				Ashtami* Until 8:30PM	Moon – Light Blue		Sivaloka Day
			Durga Ashtami		Ashvina*Aipasi			
D	Monday, October 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 189	
	Retreat Star		Gulika	1:52PM – 3:22PM	Shravana Until 5:45PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Sobhana 5125
	Makara Rasi: 16.2	Tithi 9	Yama	10:53AM – 12:23PM	Shula* Until 7:23PM	Muruga: White	<i>Sunset:</i> 6:20PM	Moon 10 - Phase 26 - 23
	Family Home Evening		Rahu	7:55AM – 9:24AM	Balava Until 7:27AM	Nataraja: Clear		Navami
	Creative Work Amrita Yoga				Navami* Until 6:17PM	Moon – Purple		Devaloka Day
	Until 5:45PM		Saraswathi Puja (Tamil Nadu)		Ashvina*Aipasi			
	Then Creative Work - Siddha Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 190	
	Kumbha Rasi: 0.38	Tithi 10 – 11	Gulika 12:23PM – 1:52PM	Dhanishtha Until 4:00PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Sobhana 5125	
			Yama 9:24AM – 10:53AM	Ganda* Until 4:11PM	Muruga: White	<i>Sunset:</i> 6:20PM	Moon 10 - Phase 27 - 24	
	Creative Work	Siddha Yoga	Rahu 3:21PM – 4:51PM	Vanija Until 2:30AM Wed	Nataraja: Clear		4th Phase	
	Until 4:00PM		Vijaya Dasami	Dashami Until 3:48PM	Moon – Purple		Devaloka Day	
Then Routine Work - Marana Yoga					Ashvina•Aipasi			
2	Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 191	
	Kumbha Rasi: 15.06	Tithi 11 – 12	Gulika 10:53AM – 12:23PM	Shatabhishak Until 1:55PM	Ganesha: White	<i>Sunrise:</i> 6:25AM	Sobhana 5125	
			Yama 7:55AM – 9:24AM	Vridhi Until 12:50PM	Muruga: White	<i>Sunset:</i> 6:20PM	Moon 10 - Phase 27 - 25	
	Creative Work	Siddha Yoga	Rahu 12:23PM – 1:52PM	Bava Until 11:44PM	Nataraja: Clear		4th Phase	
	Until 1:55PM			Ekadashi Until 1:07PM	Moon – Purple		Devaloka Day	
Then Creative Work - Amrita Yoga					Ashvina•Aipasi			
3	Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvodashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 192	
	Kumbha Rasi: 29.4	Tithi 12 – 13	Gulika 9:24AM – 10:53AM	Purvaproshtapada* Until 12:00PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Sobhana 5125	
			Yama 6:25AM – 7:55AM	Dhruva Until 9:22AM	Muruga: White	<i>Sunset:</i> 6:20PM	Moon 10 - Phase 27 - 26	
	Creative Work	Siddha Yoga	Rahu 1:52PM – 3:21PM	Kaulava Until 8:55PM	Nataraja: Clear		4th Phase	
				Dvodashi Until 10:19AM	Moon – Clear		Devaloka Day	
				<i>Pradosha Vrata</i>	Ashvina•Aipasi			
4	Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 193	
	Meena Rasi: 14.16	Tithi 13 – 14	Gulika 7:55AM – 9:24AM	Uttaraproshtapada Until 9:57AM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Sobhana 5125	
			Yama 3:21PM – 4:50PM	Harshana Until 2:32AM Sat	Muruga: White	<i>Sunset:</i> 6:19PM	Moon 10 - Phase 27 - 27	
	Creative Work	Siddha Yoga	Rahu 10:53AM – 12:22PM	Gara Until 6:10PM	Nataraja: Clear		4th Phase	
				Trayodashi Until 7:31AM	Moon – Clear		Devaloka Day	
					Ashvina•Aipasi			
	Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Kandy, Sri Lanka Sutra 194	
	Meena Rasi: 28.46	Tithi 15	Gulika 6:26AM – 7:55AM	Revati Until 7:54AM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Sobhana 5125	
			Yama 1:51PM – 3:21PM	Vajra* Until 11:21PM	Muruga: White	<i>Sunset:</i> 6:19PM	Moon 10 - Phase 27 -	
	Routine Work	Prabalarishta Yoga	Rahu 9:24AM – 10:53AM	Visti Until 3:36PM	Nataraja: Clear		Purnima	
	Until 7:54AM			Purnima* Until 2:25AM Sun	Moon – Clear		Devaloka Day	
Then Creative Work - Siddha Yoga					Ashvina•Aipasi			
	Sunday, October 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Kandy, Sri Lanka Sutra 195	
	Mesha Rasi: 13.05	Tithi 16	Gulika 3:21PM – 4:50PM	Ashvini Until 6:24AM	Ganesha: Clear	<i>Sunrise:</i> 6:26AM	Sobhana 5125	
			Yama 12:22PM – 1:51PM	Siddhi Until 8:28PM	Muruga: White	<i>Sunset:</i> 6:19PM	Moon 10 - Phase 27 -	
	Creative Work	Siddha Yoga	Rahu 4:50PM – 6:19PM	Balava Until 1:21PM	Nataraja: Clear		Prathama	
	Until 6:24AM			Prathama* Until 12:23AM Mon	Moon – White		Sivaloka Day	
Then Routine Work - Prabalarishta Yoga					Ashvina•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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**Monday, October 30, 2023****Gold Retreat Star**

Mesha Rasi: 27.08 Tithi 17
Family Home Evening
 Routine Work Marana Yoga
 Until 4:20AM Tue
 Then Creative Work - Amrita Yoga

Gulika **1:51PM – 3:20PM**
 Yama 10:53AM – 12:22PM
 622826574 **Rahu** **7:55AM – 9:24AM**

Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Kritika Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kritika Until 4:20AM Tue
 Vyatipata* Until 6:01PM
 Taitila Until 11:34AM
Dvitiya Until 10:52PM

Ganesha: White *Sunrise:* 6:26AM
Muruga: White *Sunset:* 6:19PM
Nataraja: Clear
 Moon – White
Ashvina•Aipasi

Kandy, Sri Lanka
 Sutra 196
 Sobhana 5125
 Moon 11 - Phase 28 -
 1st Phase

Subha Sivaloka Day**1****Tuesday, October 31, 2023**

Mrishabha Rasi: 10.5 Tithi 18
 Creative Work Amrita Yoga
 Until 4:26AM Wed
 Then Creative Work - Siddha Yoga

Gulika **12:22PM – 1:51PM**
 Yama 9:24AM – 10:53AM
 632826574 **Rahu** **3:20PM – 4:49PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Rohini Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Rohini Until 4:26AM Wed
 Variyan Until 4:01PM
 Vanija Until 10:22AM
Tritiya Until 10:00PM

Ganesha: Yellow *Sunrise:* 6:26AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Kandy, Sri Lanka
 Sun 1 Sutra 197
 Sobhana 5125
 Moon 11 - Phase 28 - 1
 1st Phase

Sivaloka Day**2****Wednesday, November 1, 2023**

Mrishabha Rasi: 24.11 Tithi 19
 Creative Work Siddha Yoga
 Until 5:06AM Thu
 Then Routine Work - Marana Yoga

Gulika **10:53AM – 12:22PM**
 Yama 7:55AM – 9:24AM
 632826574 **Rahu** **12:22PM – 1:51PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Mrigashira Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Chaturthayam Titau

Mrigashira Until 5:06AM Thu
 Parigha* Until 2:34PM
 Bava Until 9:51AM
Chaturthi* Until 9:50PM

Ganesha: Yellow *Sunrise:* 6:26AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Kandy, Sri Lanka
 Sun 2 Sutra 198
 Sobhana 5125
 Moon 11 - Phase 28 - 2
 1st Phase

Sivaloka Day**3****Thursday, November 2, 2023**

Mithuna Rasi: 7.08 Tithi 20
 Routine Work Marana Yoga
 Until 6:18AM Fri
 Then Creative Work - Siddha Yoga

Gulika **9:24AM – 10:53AM**
 Yama 6:26AM – 7:55AM
 633826574 **Rahu** **1:51PM – 3:20PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Ardra Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Ardra Until 6:18AM Fri
 Shiva Until 1:42PM
 Kaulava Until 10:03AM
Panchami Until 10:24PM

Ganesha: White *Sunrise:* 6:26AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Kandy, Sri Lanka
 Sun 3 Sutra 199
 Sobhana 5125
 Moon 11 - Phase 28 - 3
 1st Phase

Devaloka Day**4****Friday, November 3, 2023**

Mithuna Rasi: 19.45 Tithi 21
 Creative Work Siddha Yoga

Gulika **7:55AM – 9:24AM**
 Yama 3:20PM – 4:49PM
 633826574 **Rahu** **10:53AM – 12:22PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Ardra Until 6:18AM
 Siddha Until 1:22PM
 Gara Until 10:58AM
Shashthi* Until 11:40PM

Ganesha: White *Sunrise:* 6:26AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Kandy, Sri Lanka
 Sun 4 Sutra 200
 Sobhana 5125
 Moon 11 - Phase 28 - 4
 1st Phase

Devaloka Day**5****Saturday, November 4, 2023**

Kataka Rasi: 2.04 Tithi 22
 Creative Work Siddha Yoga

Gulika **6:26AM – 7:55AM**
 Yama 1:51PM – 3:20PM
 643826574 **Rahu** **9:24AM – 10:53AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Punarvasu Until 8:28AM
 Sadhya Until 1:32PM
 Visti Until 12:33PM
Saptami Until 1:31AM Sun

Ganesha: Yellow *Sunrise:* 6:26AM
Muruga: White *Sunset:* 6:18PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Kandy, Sri Lanka
 Sun 5 Sutra 201
 Sobhana 5125
 Moon 11 - Phase 28 - 5
 1st Phase

Sivaloka Day**D****Sunday, November 5, 2023****Retreat Star**

Kataka Rasi: 14.1 Tithi 23
 Creative Work Siddha Yoga

Gulika **3:20PM – 4:49PM**
 Yama 12:22PM – 1:51PM
 643826574 **Rahu** **4:49PM – 6:17PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Pushya/Ashlesha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Pushya Until 10:59AM
 Subha Until 2:05PM
 Balava Until 2:39PM
Ashtami* Until 3:48AM Mon

Ganesha: Yellow *Sunrise:* 6:27AM
Muruga: White *Sunset:* 6:17PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Kandy, Sri Lanka
 Sun 6 Sutra 202
 Sobhana 5125
 Moon 11 - Phase 28 - 6
 Ashtami

Sivaloka Day**Monday, November 6, 2023****Retreat Star**

Kataka Rasi: 26.07 Tithi 24
Family Home Evening
 Creative Work Siddha Yoga
 Until 1:40PM
 Then Routine Work - Marana Yoga

Gulika **1:51PM – 3:20PM**
 Yama 10:53AM – 12:22PM
 643826574 **Rahu** **7:56AM – 9:24AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Navamyam Titau

Ashlesha* Until 1:40PM
 Sukla Until 2:52PM
 Taitila Until 5:04PM
Navami* Until 6:19AM Tue

Ganesha: Yellow *Sunrise:* 6:27AM
Muruga: White *Sunset:* 6:17PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Kandy, Sri Lanka
 Sun 7 Sutra 203
 Sobhana 5125
 Moon 11 - Phase 28 - 7
 Navami

Sivaloka Day

1	Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kandy, Sri Lanka Sun 8 Sutra 204	
	Simha Rasi: 7.58	Tithi 24 – 25	Gulika Yama	12:22PM – 1:51PM 9:25AM – 10:53AM	Magha* Until 4:50PM Brahma Until 3:45PM	Ganesha: Yellow Muruga: White	Sunrise: 6:27AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 29 - 8
	Creative Work	Siddha Yoga	753826574 Rahu	3:20PM – 4:48PM	Vanija Until 7:37PM	Nataraja: Clear Moon – Red		2nd Phase
					Navami* Until 6:19AM	Ashvina*Aipasi	Sivaloka Day	
2	Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kandy, Sri Lanka Sun 9 Sutra 205	
	Simha Rasi: 19.5	Tithi 25 – 26	Gulika Yama	10:53AM – 12:22PM 7:56AM – 9:25AM	Purvaphalguni Until 7:45PM Indra Until 4:36PM	Ganesha: Yellow Muruga: White	Sunrise: 6:27AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 29 - 9
	Creative Work	Amrita Yoga	753826574 Rahu	12:22PM – 1:51PM	Bava Until 10:03PM	Nataraja: Clear Moon – Red		2nd Phase
					Dashami Until 8:50AM	Ashvina*Aipasi	Sivaloka Day	
3	Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 206	
	Kanya Rasi: 1.46	Tithi 26 – 27	Gulika Yama	9:25AM – 10:54AM 6:27AM – 7:56AM	Uttaraphalguni Until 10:13PM Vaidhriti* Until 5:13PM	Ganesha: Yellow Muruga: White	Sunrise: 6:27AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 29 - 10
		Amrita Yoga	753826574 Rahu	1:51PM – 3:20PM	Kaulava Until 12:11AM Fri	Nataraja: Clear Moon – Red		2nd Phase
	Until 10:13PM Then Routine Work - Marana Yoga				Ekadashi* Until 11:09AM	Ashvina*Aipasi	Sivaloka Day	
4	Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 207	
	Kanya Rasi: 13.5	Tithi 27 – 28	Gulika Yama	7:56AM – 9:25AM 3:20PM – 4:48PM	Hasta Until 12:36AM Sat Vishkambha* Until 5:32PM	Ganesha: Blue Muruga: White	Sunrise: 6:28AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 29 - 11
	Creative Work	Amrita Yoga	763826574 Rahu	10:54AM – 12:22PM	Gara Until 1:52AM Sat	Nataraja: Clear Moon – Green		2nd Phase
	Until 12:36AM Sat Then Routine Work - Marana Yoga				Dvadashi* Until 1:04PM	Ashvina*Aipasi	Devaloka Day	
5	Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 208	
	Kanya Rasi: 26.06	Tithi 28 – 29	Gulika Yama	6:28AM – 7:57AM 1:51PM – 3:20PM	Chitra Until 2:16AM Sun Priti Until 5:27PM	Ganesha: Blue Muruga: White	Sunrise: 6:28AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 29 - 12
	Routine Work	Marana Yoga	763826574 Rahu	9:25AM – 10:54AM	Visti Until 2:58AM Sun	Nataraja: Clear Moon – Green		2nd Phase
	Until 2:16AM Sun Then Creative Work - Siddha Yoga				Trayodashi* Until 2:28PM	Ashvina*Aipasi	Devaloka Day	
6	Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kandy, Sri Lanka Sun 13 Sutra 209	
	Tula Rasi: 8.37	Tithi 29 – 30	Gulika Yama	3:20PM – 4:48PM 12:23PM – 1:51PM	Svati Until 3:12AM Mon Ayushman Until 4:53PM	Ganesha: Blue Muruga: White	Sunrise: 6:28AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 29 - 13
	Creative Work	Siddha Yoga	763826574 Rahu	4:48PM – 6:17PM	Catuspada Until 3:28AM Mon	Nataraja: Clear Moon – Green		2nd Phase
	Until 3:12AM Mon Then Routine Work - Marana Yoga				Chaturdashi* Until 3:16PM	Ashvina*Aipasi	Devaloka Day	
	Monday, November 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Saubhagya/Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kandy, Sri Lanka Sun 14 Sutra 210	
	Retreat Star		Gulika Yama	1:51PM – 3:20PM 10:54AM – 12:23PM	Vishakha Until 3:52AM Tue Saubhagya Until 3:52PM	Ganesha: Blue Muruga: White	Sunrise: 6:28AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 29 - 14
	Tula Rasi: 21.25	Tithi 30 – 1	773826574 Rahu	7:57AM – 9:26AM	Kintughna Until 3:22AM Tue	Nataraja: Clear Moon – Orange		Amavasya
	Family Home Evening Routine Work Until 3:52AM Tue Then Creative Work - Siddha Yoga	Marana Yoga			Amavasya* Until 3:28PM	Ashvina*Aipasi	Devaloka Day	
	Tuesday, November 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kandy, Sri Lanka Sun 15 Sutra 211	
	Retreat Star		Gulika Yama	12:23PM – 1:51PM 9:26AM – 10:54AM	Anuradha Until 3:52AM Wed Sobhana Until 2:25PM	Ganesha: Blue Muruga: White	Sunrise: 6:29AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 29 - 15
	Vrischika Rasi: 4.3	Tithi 1 – 2	773826574 Rahu	3:20PM – 4:48PM	Balava Until 2:45AM Wed	Nataraja: Clear Moon – Orange		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 3:06PM	Karttika*Aipasi	Devaloka Day	
			Skanda Shasthi Begins					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Wednesday, November 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kandy, Sri Lanka Sun 16 Sutra 212	
	Vrischika Rasi: 17.51	Tithi 2 – 3	Gulika Yama	10:54AM – 12:23PM 7:58AM – 9:26AM	Jyeshtha* Until 3:18AM Thu Athiganda* Until 12:34PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Orange	Sunrise: 6:29AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 30 - 16 3rd Phase
	Creative Work	Siddha Yoga	773826574	Rahu 12:23PM – 1:51PM	Taitila Until 1:42AM Thu Dvitiya Until 2:15PM	Devaloka Day Karttika•Aipasi		
2	Thursday, November 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kandy, Sri Lanka Sun 17 Sutra 213	
	Dhanus Rasi: 1.27	Tithi 3 – 4	Gulika Yama	9:26AM – 10:55AM 6:29AM – 7:58AM	Mula* Until 2:41AM Fri Sukarma Until 10:24AM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Light Blue	Sunrise: 6:29AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 30 - 17 3rd Phase
	Creative Work	Siddha Yoga	783826574	Rahu 1:52PM – 3:20PM	Vanija Until 12:18AM Fri Tritiya Until 1:01PM	Devaloka Day Karttika•Aipasi		
	Until 2:41AM Fri Then Routine Work - Prabalarishta Yoga							
3	Friday, November 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kandy, Sri Lanka Sun 18 Sutra 214	
	Dhanus Rasi: 15.14	Tithi 4 – 5	Gulika Yama	7:58AM – 9:26AM 3:20PM – 4:49PM	Purvashadha* Until 1:42AM Sat Dhriti Until 8:01AM	Ganesha: Yellow Muruga: White Nataraja: Purple Moon – Light Blue	Sunrise: 6:30AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 30 - 18 3rd Phase
	Routine Work	Prabalarishta Yoga	784826575	Rahu 10:55AM – 12:23PM	Bava Until 10:39PM Chaturthi* Until 11:29AM	Subha Sivaloka Day Karttika•Karttikai		
	Until 1:42AM Sat Then Routine Work - Marana Yoga							
4	Saturday, November 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kandy, Sri Lanka Sun 19 Sutra 215	
	Dhanus Rasi: 29.1	Tithi 5 – 6	Gulika Yama	6:30AM – 7:58AM 1:52PM – 3:20PM	Uttarashadha Until 12:24AM Sun Ganda* Until 2:43AM Sun	Ganesha: Yellow Muruga: White Nataraja: Purple Moon – Light Blue	Sunrise: 6:30AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 30 - 19 3rd Phase
	Routine Work	Marana Yoga	784826575	Rahu 9:27AM – 10:55AM	Kaulava Until 8:49PM Panchami Until 9:44AM	Subha Sivaloka Day Karttika•Karttikai		
	Until 12:24AM Sun Then Creative Work - Amrita Yoga							
5	Sunday, November 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 216	
	Makara Rasi: 13.11	Tithi 6 – 7	Gulika Yama	3:20PM – 4:49PM 12:24PM – 1:52PM	Shravana Until 11:17PM Vriddhi Until 11:56PM	Ganesha: White Muruga: White Nataraja: Purple Moon – Purple	Sunrise: 6:30AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 30 - 20 3rd Phase
	Creative Work	Amrita Yoga	794826575	Rahu 4:49PM – 6:17PM	Gara Until 6:53PM Shashthi* Until 7:51AM	Subha Subha Sivaloka Day Karttika•Karttikai		
	Until 11:17PM Then Routine Work - Marana Yoga							
D	Monday, November 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 217	
	Retreat Star		Gulika Yama	1:52PM – 3:21PM 10:56AM – 12:24PM	Dhanishtha Until 9:56PM Dhruva Until 9:05PM	Ganesha: White Muruga: White Nataraja: Purple Moon – Purple	Sunrise: 6:31AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 30 - 21 Ashtami
	Makara Rasi: 27.16	Tithi 8	794826575	Rahu 7:59AM – 9:27AM	Visti Until 4:52PM Ashtami* Until 3:49AM Tue	Subha Subha Sivaloka Day Karttika•Karttikai		
	Family Home Evening Creative Work Siddha Yoga							
	Tuesday, November 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Navamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 218	
	Retreat Star		Gulika Yama	12:24PM – 1:53PM 9:28AM – 10:56AM	Shatabhishak Until 8:25PM Vyaghata* Until 6:12PM	Ganesha: White Muruga: White Nataraja: Purple Moon – Purple	Sunrise: 6:31AM Sunset: 6:17PM	Sobhana 5125 Moon 11 - Phase 30 - 22 Navami
	Kumbha Rasi: 11.24	Tithi 9	794826575	Rahu 3:21PM – 4:49PM	Balava Until 2:48PM Navami* Until 1:44AM Wed	Subha Subha Sivaloka Day Karttika•Karttikai		
	Routine Work Marana Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 219	
	Kumbha Rasi: 25.33	Tithi 10	Gulika Yama	10:56AM – 12:24PM 8:00AM – 9:28AM	Purvaproshtapada* Until 7:11PM Harshana Until 3:19PM	Ganesha: White Muruga: White	Sunrise: 6:31AM Sunset: 6:18PM	Sobhana 5125 Moon 11 - Phase 31 - 23
		714826575	Rahu	12:24PM – 1:53PM	Taitila Until 12:43PM	Nataraja: Purple Moon – Clear		4th Phase
	Creative Work Amrita Yoga				Dashami Until 11:40PM	Karttika•Karttikai	Subha Subha Sivaloka Day	
	Until 7:11PM							
Then Creative Work - Siddha Yoga								
2	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 220	
	Meena Rasi: 9.41	Tithi 11	Gulika Yama	9:28AM – 10:57AM 6:32AM – 8:00AM	Uttaraproshtapada Until 5:50PM Vajra* Until 12:26PM	Ganesha: White Muruga: White	Sunrise: 6:32AM Sunset: 6:18PM	Sobhana 5125 Moon 11 - Phase 31 - 24
		714826575	Rahu	1:53PM – 3:21PM	Vanija Until 10:39AM	Nataraja: Purple Moon – Clear		4th Phase
	Creative Work Siddha Yoga				Ekadashi Until 9:37PM	Karttika•Karttikai	Subha Subha Sivaloka Day	
3	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 221	
	Meena Rasi: 23.48	Tithi 12	Gulika Yama	8:00AM – 9:29AM 3:21PM – 4:50PM	Revati Until 4:25PM Siddhi Until 9:37AM	Ganesha: Clear Muruga: White	Sunrise: 6:32AM Sunset: 6:18PM	Sobhana 5125 Moon 11 - Phase 31 - 25
		714926575	Rahu	10:57AM – 12:25PM	Bava Until 8:39AM	Nataraja: Purple Moon – Clear		4th Phase
	Creative Work Siddha Yoga				Dvadashi Until 7:41PM	Karttika•Karttikai	Subha Sivaloka Day	
	Until 4:25PM							
Then Creative Work - Amrita Yoga								
4	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata*/Variyan Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 222	
	Mesha Rasi: 7.5	Tithi 13 – 14	Gulika Yama	6:33AM – 8:01AM 1:54PM – 3:22PM	Ashvini Until 3:27PM Vyatipata* Until 6:56AM	Ganesha: Purple Muruga: White	Sunrise: 6:33AM Sunset: 6:18PM	Sobhana 5125 Moon 11 - Phase 31 - 26
		724926575	Rahu	9:29AM – 10:57AM	Kaulava Until 6:48AM	Nataraja: Purple Moon – White		4th Phase
	Creative Work Siddha Yoga				Trayodashi Until 5:55PM	Karttika•Karttikai	Sivaloka Day	
					Pradosha Vrata			
5	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kandy, Sri Lanka Sun 27 Sutra 223	
	Mesha Rasi: 21.43	Tithi 14 – 15	Gulika Yama	3:22PM – 4:50PM 12:26PM – 1:54PM	Bharani Until 2:35PM Parigha* Until 2:05AM Mon	Ganesha: Purple Muruga: White	Sunrise: 6:33AM Sunset: 6:18PM	Sobhana 5125 Moon 11 - Phase 31 - 27
		724926575	Rahu	4:50PM – 6:18PM	Visti Until 3:48AM Mon	Nataraja: Purple Moon – White		4th Phase
	Routine Work Prabalarishta Yoga				Chaturdashi* Until 4:25PM	Karttika•Karttikai	Sivaloka Day	
	Until 2:35PM			Krittika Deepam				
Then Creative Work - Siddha Yoga								
O	Monday, November 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 224	
	Copper Retreat Star		Gulika	1:54PM – 3:22PM	Krittika Until 1:55PM	Ganesha: Purple	Sunrise: 6:33AM	Sobhana 5125
	Vrishabha Rasi: 5.26	Tithi 15 – 16	Yama	10:58AM – 12:26PM	Shiva Until 12:07AM Tue	Muruga: White	Sunset: 6:18PM	Moon 11 - Phase 31 -
	Family Home Evening	724926575	Rahu	8:02AM – 9:30AM	Balava Until 2:53AM Tue	Nataraja: Purple Moon – White		Purnima
	Routine Work Marana Yoga				Purnima* Until 3:16PM	Karttika•Karttikai	Sivaloka Day	
Until 1:55PM								
Then Creative Work - Amrita Yoga								
	Tuesday, November 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kandy, Sri Lanka Sutra 225	
	Silver Retreat Star		Gulika	12:26PM – 1:54PM	Rohini Until 2:00PM	Ganesha: Clear	Sunrise: 6:34AM	Sobhana 5125
	Vrishabha Rasi: 18.53	Tithi 16 – 17	Yama	9:30AM – 10:58AM	Siddha Until 10:31PM	Muruga: White	Sunset: 6:19PM	Moon 11 - Phase 31 -
		734926575	Rahu	3:23PM – 4:51PM	Taitila Until 2:28AM Wed	Nataraja: Purple Moon – Yellow		Prathama
	Creative Work Amrita Yoga				Prathama* Until 2:35PM	Karttika•Karttikai	Subha Sivaloka Day	
Until 2:00PM								
Then Creative Work - Siddha Yoga			Vinayaga Viratam Begins					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Wednesday, November 29, 2023

Gold Retreat Star

Mithuna Rasi: 2.05 Tithi 17 – 18

735926575

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Gulika 10:59AM – 12:27PM

Yama 8:02AM – 9:30AM

Rahu 12:27PM – 1:55PM

Mrigashira Until 2:28PM

Sadhya Until 9:23PM

Vanija Until 2:38AM Thu

Dvitiya Until 2:27PM

Ganesha: Purple *Sunrise:* 6:34AM

Muruga: White *Sunset:* 6:19PM

Nataraja: Purple

Moon – Yellow

Karttika•Karttikai

Subha Subha Sivaloka Day

Kandy, Sri Lanka

Sun 1 Sutra 226

Sobhana 5125

Moon 12 - Phase 32 - 1

1st Phase

1

Thursday, November 30, 2023

Mithuna Rasi: 14.58 Tithi 18 – 19

735926575

Routine Work Marana Yoga

Until 3:21PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Gulika 9:31AM – 10:59AM

Yama 6:35AM – 8:03AM

Rahu 1:55PM – 3:23PM

Ardra Until 3:21PM

Subha Until 8:44PM

Bava Until 3:26AM Fri

Tritiya Until 2:56PM

Ganesha: Purple *Sunrise:* 6:35AM

Muruga: White *Sunset:* 6:19PM

Nataraja: Purple

Moon – Yellow

Karttika•Karttikai

Subha Subha Sivaloka Day

Kandy, Sri Lanka

Sun 2 Sutra 227

Sobhana 5125

Moon 12 - Phase 32 - 2

1st Phase

2

Friday, December 1, 2023

Mithuna Rasi: 27.34 Tithi 19 – 20

745926575

Creative Work Siddha Yoga

Until 5:10PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 8:03AM – 9:31AM

Yama 3:23PM – 4:51PM

Rahu 10:59AM – 12:27PM

Punarvasu Until 5:10PM

Sukla Until 8:31PM

Kaulava Until 4:51AM Sat

Chaturthi* Until 4:02PM

Ganesha: Clear *Sunrise:* 6:35AM

Muruga: White *Sunset:* 6:20PM

Nataraja: Purple

Moon – Blue

Karttika•Karttikai

Subha Sivaloka Day

Kandy, Sri Lanka

Sun 3 Sutra 228

Sobhana 5125

Moon 12 - Phase 32 - 3

1st Phase

3

Saturday, December 2, 2023

Kataka Rasi: 9.53 Tithi 20 – 21

745926575

Creative Work Siddha Yoga

Until 7:23PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya Nakshatra Brahma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 6:36AM – 8:04AM

Yama 1:56PM – 3:24PM

Rahu 9:32AM – 11:00AM

Pushya Until 7:23PM

Brahma Until 8:46PM

Gara Until 6:48AM Sun

Panchami Until 5:44PM

Ganesha: Clear *Sunrise:* 6:36AM

Muruga: White *Sunset:* 6:20PM

Nataraja: Purple

Moon – Blue

Karttika•Karttikai

Subha Sivaloka Day

Kandy, Sri Lanka

Sun 4 Sutra 229

Sobhana 5125

Moon 12 - Phase 32 - 4

1st Phase

4

Sunday, December 3, 2023

Kataka Rasi: 21.59 Tithi 21

745926575

Creative Work Siddha Yoga

Until 9:53PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Indra Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 3:24PM – 4:52PM

Yama 12:28PM – 1:56PM

Rahu 4:52PM – 6:20PM

Ashlesha* Until 9:53PM

Indra Until 9:23PM

Gara Until 6:48AM

Shashthi* Until 7:56PM

Ganesha: Clear *Sunrise:* 6:36AM

Muruga: White *Sunset:* 6:20PM

Nataraja: Purple

Moon – Blue

Karttika•Karttikai

Subha Sivaloka Day

Kandy, Sri Lanka

Sun 5 Sutra 230

Sobhana 5125

Moon 12 - Phase 32 - 5

1st Phase

5

Monday, December 4, 2023

Simha Rasi: 3.56 Tithi 22

755926575

Family Home Evening

Routine Work Marana Yoga

Until 1:01AM Tue

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 1:56PM – 3:24PM

Yama 11:01AM – 12:28PM

Rahu 8:05AM – 9:33AM

Magha* Until 1:01AM Tue

Vaidhriti* Until 10:12PM

Visti Until 9:11AM

Saptami Until 10:27PM

Ganesha: White *Sunrise:* 6:37AM

Muruga: White *Sunset:* 6:20PM

Nataraja: Purple

Moon – Red

Karttika•Karttikai

Subha Subha Sivaloka Day

Kandy, Sri Lanka

Sun 6 Sutra 231

Sobhana 5125

Moon 12 - Phase 32 - 6

1st Phase

D

Tuesday, December 5, 2023

Retreat Star

Simha Rasi: 15.47 Tithi 23

755936575

Creative Work Siddha Yoga

Until 4:03AM Wed

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 12:29PM – 1:57PM

Yama 9:33AM – 11:01AM

Rahu 3:25PM – 4:53PM

Purvaphalguni Until 4:03AM Wed

Vishkambha* Until 11:06PM

Balava Until 11:47AM

Ashtami* Until 1:04AM Wed

Ganesha: White *Sunrise:* 6:37AM

Muruga: Clear *Sunset:* 6:21PM

Nataraja: Purple

Moon – Red

Karttika•Karttikai

Subha Sivaloka Day

Kandy, Sri Lanka

Sun 7 Sutra 232

Sobhana 5125

Moon 12 - Phase 32 - 7

Ashtami

Wednesday, December 6, 2023

Retreat Star

Simha Rasi: 27.37 Tithi 24

755936575

Creative Work Amrita Yoga

Until 6:44AM Thu

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Gulika 11:01AM – 12:29PM

Yama 8:05AM – 9:33AM

Rahu 12:29PM – 1:57PM

Uttaraphalguni Until 6:44AM Thu

Priti Until 11:55PM

Taitila Until 2:21PM

Navami* Until 3:31AM Thu

Ganesha: White *Sunrise:* 6:38AM

Muruga: Clear *Sunset:* 6:21PM

Nataraja: Purple

Moon – Red

Karttika•Karttikai

Subha Sivaloka Day

Kandy, Sri Lanka

Sun 8 Sutra 233

Sobhana 5125

Moon 12 - Phase 32 - 8

Navami

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Thursday, December 7, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Kandy, Sri Lanka Sun 9 Sutra 234	
	Kanya Rasi: 9.32	Tithi 25	Gulika	9:34AM – 11:02AM	Uttaraphalguni Until 6:44AM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Sobhana 5125
			Yama	6:38AM – 8:06AM	Ayushman Until 12:26AM Fri	Muruga: Clear	<i>Sunset:</i> 6:21PM	Moon 12 - Phase 33 - 9
	Routine Work	Marana Yoga	755936575 Rahu	1:58PM – 3:26PM	Vanija Until 4:38PM	Nataraja: Purple		2nd Phase
					Dashami Until 5:35AM Fri	Moon – Red	Subha Sivaloka Day	
						Karttika*Karttikai		
2	Friday, December 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Bava Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 235	
	Kanya Rasi: 21.37	Tithi 26	Gulika	8:06AM – 9:34AM	Hasta Until 9:21AM	Ganesha: White	<i>Sunrise:</i> 6:38AM	Sobhana 5125
			Yama	3:26PM – 4:54PM	Saubhagya Until 12:32AM Sat	Muruga: Clear	<i>Sunset:</i> 6:22PM	Moon 12 - Phase 33 - 10
	Creative Work	Amrita Yoga	766936575 Rahu	11:02AM – 12:30PM	Bava Until 6:25PM	Nataraja: Purple		2nd Phase
	Until 9:21AM				Ekadashi* Until 7:02AM Sat	Moon – Green	Devaloka Day	
	Then Creative Work - Siddha Yoga					Karttika*Karttikai		
3	Saturday, December 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 236	
	Tula Rasi: 3.56	Tithi 26 – 27	Gulika	6:39AM – 8:07AM	Chitra Until 11:12AM	Ganesha: White	<i>Sunrise:</i> 6:39AM	Sobhana 5125
			Yama	1:59PM – 3:26PM	Sobhana Until 12:06AM Sun	Muruga: Clear	<i>Sunset:</i> 6:22PM	Moon 12 - Phase 33 - 11
	Routine Work	Marana Yoga	766936575 Rahu	9:35AM – 11:03AM	Kaulava Until 7:30PM	Nataraja: Purple		2nd Phase
	Until 11:12AM				Ekadashi* Until 7:02AM	Moon – Green	Devaloka Day	
	Then Creative Work - Siddha Yoga					Karttika*Karttikai		
4	Sunday, December 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 237	
	Tula Rasi: 16.35	Tithi 27 – 28	Gulika	3:27PM – 4:55PM	Svati Until 12:11PM	Ganesha: White	<i>Sunrise:</i> 6:39AM	Sobhana 5125
			Yama	12:31PM – 1:59PM	Athiganda* Until 11:04PM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 12 - Phase 33 - 12
	Creative Work	Siddha Yoga	766936575 Rahu	4:55PM – 6:23PM	Gara Until 7:50PM	Nataraja: Purple		2nd Phase
	Until 12:11PM				Dvadashi* Until 7:45AM	Moon – Green	Devaloka Day	
	Then Routine Work - Marana Yoga				<i>Pradosha Vrata (Fasting)</i>	Karttika*Karttikai		
5	Monday, December 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 13 Sutra 238	
	Tula Rasi: 29.36	Tithi 28 – 29	Gulika	1:59PM – 3:27PM	Vishakha Until 12:44PM	Ganesha: Green	<i>Sunrise:</i> 6:40AM	Sobhana 5125
	Family Home Evening		Yama	11:04AM – 12:32PM	Sukarma Until 9:28PM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 12 - Phase 33 - 13
	Routine Work	Marana Yoga	776936575 Rahu	8:08AM – 9:36AM	Visti Until 7:25PM	Nataraja: Purple		2nd Phase
	Until 12:44PM				Trayodashi* Until 7:42AM	Moon – Orange	Devaloka Day	
	Then Creative Work - Siddha Yoga					Karttika*Karttikai		
	Tuesday, December 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kandy, Sri Lanka Sun 14 Sutra 239	
	Retreat Star		Gulika	12:32PM – 2:00PM	Anuradha Until 12:27PM	Ganesha: Green	<i>Sunrise:</i> 6:41AM	Sobhana 5125
	Vrishchika Rasi: 13	Tithi 29 – 30	Yama	9:36AM – 11:04AM	Dhriti Until 7:21PM	Muruga: Clear	<i>Sunset:</i> 6:23PM	Moon 12 - Phase 33 - 14
			776936575 Rahu	3:28PM – 4:56PM	Catuspada Until 6:19PM	Nataraja: Purple		Amavasya
	Creative Work	Siddha Yoga			Chaturdashi* Until 6:56AM	Moon – Orange	Devaloka Day	
	Until 12:27PM					Karttika*Karttikai		
	Then Routine Work - Marana Yoga							
	Wednesday, December 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kandy, Sri Lanka Sun 15 Sutra 240	
	Retreat Star		Gulika	11:05AM – 12:32PM	Jyeshtha* Until 11:26AM	Ganesha: Green	<i>Sunrise:</i> 6:41AM	Sobhana 5125
	Vrishchika Rasi: 26.45	Tithi 1	Yama	8:09AM – 9:37AM	Shula* Until 4:46PM	Muruga: Clear	<i>Sunset:</i> 6:24PM	Moon 12 - Phase 33 - 15
			776936575 Rahu	12:32PM – 2:00PM	Kintughna Until 4:40PM	Nataraja: Purple		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 3:39AM Thu	Moon – Orange	Devaloka Day	
	Until 11:26AM					Margasira*Karttikai		
	Then Routine Work - Marana Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1	Thursday, December 14, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kandy, Sri Lanka Sun 16 Sutra 241	
	Dhanus Rasi: 10.48	Tithi 2	Gulika Yama	9:37AM – 11:05AM 6:42AM – 8:09AM	Mula* Until 10:15AM Ganda* Until 1:52PM	Ganesha: White Muruga: White Nataraja: Purple	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 6:24PM	Sobhana 5125 Moon 12 - Phase 34 - 16 3rd Phase
	Creative Work	Siddha Yoga	786937575 Rahu	2:01PM – 3:29PM	Balava Until 2:35PM Dvitiya Until 1:25AM Fri	Moon – Light Blue Margasira*Karttikai	Sivaloka Day	
2	Friday, December 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Dhruva Yoga Taitila/Gara Karana Tritiyayam Titau				Kandy, Sri Lanka Sun 17 Sutra 242	
	Dhanus Rasi: 25.04	Tithi 3	Gulika Yama	8:10AM – 9:38AM 3:29PM – 4:57PM	Purvashadha* Until 8:38AM Vridhi Until 10:45AM	Ganesha: White Muruga: White Nataraja: Purple	<i>Sunrise:</i> 6:42AM <i>Sunset:</i> 6:25PM	Sobhana 5125 Moon 12 - Phase 34 - 17 3rd Phase
	Routine Work Until 8:38AM Then Routine Work - Marana Yoga	Prabalarishta Yoga	786937575 Rahu	11:06AM – 12:33PM	Taitila Until 12:14PM Tritiya Until 10:59PM	Moon – Light Blue Margasira*Karttikai	Sivaloka Day	
3	Saturday, December 16, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthayam Titau				Kandy, Sri Lanka Sun 18 Sutra 243	
	Makara Rasi: 9.28	Tithi 4	Gulika Yama	6:43AM – 8:10AM 2:02PM – 3:30PM	Uttarashadha Until 6:44AM Dhruva Until 7:30AM	Ganesha: Clear Muruga: White Nataraja: Purple	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 6:25PM	Sobhana 5125 Moon 12 - Phase 34 - 18 3rd Phase
	Routine Work Until 6:44AM Then Creative Work - Siddha Yoga	Marana Yoga	787937575 Rahu	9:38AM – 11:06AM	Vanija Until 9:45AM Chaturthi* Until 8:29PM	Moon – Light Blue Margasira*Markali	Subha Sivaloka Day	
4	Sunday, December 17, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Bava/Balava Karana Panchamyam Titau				Kandy, Sri Lanka Sun 19 Sutra 244	
	Makara Rasi: 23.52	Tithi 5	Gulika Yama	3:30PM – 4:58PM 12:34PM – 2:02PM	Dhanishtha Until 3:23AM Mon Harshana Until 1:04AM Mon	Ganesha: Clear Muruga: White Nataraja: Purple	<i>Sunrise:</i> 6:43AM <i>Sunset:</i> 6:26PM	Sobhana 5125 Moon 12 - Phase 34 - 19 3rd Phase
	Routine Work Until 3:23AM Mon Then Creative Work - Siddha Yoga	Marana Yoga	897937575 Rahu	4:58PM – 6:26PM	Bava Until 7:16AM Panchami Until 6:02PM	Moon – Purple Margasira*Markali	Subha Sivaloka Day	
5	Monday, December 18, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vajra* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 245	
	Kumbha Rasi: 8.13	Tithi 6 – 7	Gulika Yama	2:03PM – 3:31PM 11:07AM – 12:35PM	Shatabhishak Until 1:42AM Tue Vajra* Until 10:00PM	Ganesha: Clear Muruga: White Nataraja: Purple	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:26PM	Sobhana 5125 Moon 12 - Phase 34 - 20 3rd Phase
	Family Home Evening Creative Work Until 1:42AM Tue Then Routine Work - Marana Yoga	Siddha Yoga	897937575 Rahu	8:11AM – 9:39AM	Gara Until 2:40AM Tue Shashthi* Until 3:44PM	Moon – Purple Margasira*Markali	Subha Sivaloka Day	
D	Tuesday, December 19, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 246	
	Kumbha Rasi: 22.26	Tithi 7 – 8	Gulika Yama	12:35PM – 2:03PM 9:40AM – 11:08AM	Purvaproshtapada* Until 12:32AM We Siddhi Until 7:07PM	Ganesha: Clear Muruga: White Nataraja: Purple	<i>Sunrise:</i> 6:44AM <i>Sunset:</i> 6:27PM	Sobhana 5125 Moon 12 - Phase 34 - 21 Ashtami
	Routine Work Until 12:32AM Wed Then Creative Work - Siddha Yoga	Marana Yoga	817137575 Rahu	3:31PM – 4:59PM	Visti Until 12:41AM Wed Saptami Until 1:38PM	Moon – Clear Margasira*Markali	Subha Sivaloka Day	
D	Wednesday, December 20, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Varian Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 247	
	Meena Rasi: 6.31	Tithi 8 – 9	Gulika Yama	11:08AM – 12:36PM 8:12AM – 9:40AM	Uttaraproshtapada Until 11:29PM Vyatipata* Until 4:27PM	Ganesha: Clear Muruga: White Nataraja: Purple	<i>Sunrise:</i> 6:45AM <i>Sunset:</i> 6:27PM	Sobhana 5125 Moon 12 - Phase 34 - 22 Navami
	Creative Work Until 11:29PM Then Routine Work - Marana Yoga	Siddha Yoga	817137575 Rahu	12:36PM – 2:04PM	Balava Until 10:57PM Ashtami* Until 11:46AM	Moon – Clear Margasira*Markali	Subha Sivaloka Day	

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1	Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 248 Sobhana 5125	
	Meena Rasi: 20.25	Tithi 9 – 10	Gulika Yama	9:41AM – 11:09AM 6:45AM – 8:13AM	Revati Until 10:32PM Variyan Until 1:58PM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – Clear	Sunrise: 6:45AM Sunset: 6:28PM	Moon 12 - Phase 35 - 23 4th Phase
	Creative Work	Siddha Yoga	817137575	Rahu 2:04PM – 3:32PM	Taitila Until 9:29PM	Subha Sivaloka Day		
	Until 10:32PM			Day 1 of Pancha Ganapati	Navami* Until 10:10AM	Margasira*Markali		
	Then Creative Work - Amrita Yoga							
2	Friday, December 22, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 249 Sobhana 5125	
	Mesha Rasi: 4.1	Tithi 10 – 11	Gulika Yama	8:13AM – 9:41AM 3:32PM – 5:00PM	Ashvini Until 10:08PM Parigha* Until 11:42AM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sunrise: 6:46AM Sunset: 6:28PM	Moon 12 - Phase 35 - 24 4th Phase
	Creative Work	Amrita Yoga	828137575	Rahu 11:09AM – 12:37PM	Vanija Until 8:17PM	Subha Sivaloka Day		
	Until 10:08PM			Vaikuntha Ekadasi Gita Jayanthi	Dashami Until 8:50AM	Margasira*Markali		
	Then Creative Work - Siddha Yoga		Day 2 of Pancha Ganapati					
3	Saturday, December 23, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 250 Sobhana 5125	
	Mesha Rasi: 17.46	Tithi 11 – 12	Gulika Yama	6:46AM – 8:14AM 2:05PM – 3:33PM	Bharani Until 9:51PM Shiva Until 9:40AM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sunrise: 6:46AM Sunset: 6:29PM	Moon 12 - Phase 35 - 25 4th Phase
	Creative Work	Siddha Yoga	828137575	Rahu 9:42AM – 11:10AM	Bava Until 7:21PM	Subha Sivaloka Day		
	Until 9:51PM			Day 3 of Pancha Ganapati	Ekadashi Until 7:46AM	Margasira*Markali		
	Then Creative Work - Amrita Yoga							
4	Sunday, December 24, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 251 Sobhana 5125	
	Virshabha Rasi: 1.12	Tithi 12 – 13	Gulika Yama	3:33PM – 5:01PM 12:38PM – 2:06PM	Krittika Until 9:42PM Siddha Until 7:48AM	Ganesha: Clear Muruga: White Nataraja: Purple Moon – White	Sunrise: 6:47AM Sunset: 6:29PM	Moon 12 - Phase 35 - 26 4th Phase
	Creative Work	Siddha Yoga	828137575	Rahu 5:01PM – 6:29PM	Kaulava Until 6:42PM	Subha Sivaloka Day		
				Day 4 of Pancha Ganapati	Dvadashi Until 6:58AM	Margasira*Markali		
			Pradosha Vrata					
5	Monday, December 25, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 252 Sobhana 5125	
	Virshabha Rasi: 14.29	Tithi 13 – 14	Gulika Yama	2:06PM – 3:34PM 11:11AM – 12:38PM	Rohini Until 10:10PM Sadhya Until 6:12AM	Ganesha: White Muruga: White Nataraja: Purple Moon – Yellow	Sunrise: 6:47AM Sunset: 6:30PM	Moon 12 - Phase 35 - 27 4th Phase
	Family Home Evening		838137575	Rahu 8:15AM – 9:43AM	Gara Until 6:22PM	Sivaloka Day		
	Creative Work	Amrita Yoga		Day 5 of Pancha Ganapati	Trayodashi Until 6:28AM	Margasira*Markali		
O	Tuesday, December 26, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kandy, Sri Lanka Sutra 253 Sobhana 5125	
	Copper Retreat Star		Gulika Yama	12:39PM – 2:07PM 9:43AM – 11:11AM	Mrigashira Until 10:52PM Sukla Until 3:51AM Wed	Ganesha: White Muruga: White Nataraja: Purple Moon – Yellow	Sunrise: 6:48AM Sunset: 6:30PM	Moon 12 - Phase 35 - Purnima
	Virshabha Rasi: 27.34	Tithi 14 – 15	838137575	Rahu 3:34PM – 5:02PM	Visti Until 6:25PM	Sivaloka Day		
	Creative Work	Siddha Yoga			Chaturdashi* Until 6:19AM	Margasira*Markali		
	Until 10:52PM							
Then Routine Work - Marana Yoga								
	Wednesday, December 27, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 254 Sobhana 5125	
	Silver Retreat Star		Gulika Yama	11:12AM – 12:39PM 8:16AM – 9:44AM	Ardra Until 11:49PM Brahma Until 3:10AM Thu	Ganesha: White Muruga: White Nataraja: Clear Moon – Yellow	Sunrise: 6:48AM Sunset: 6:31PM	Moon 12 - Phase 35 - Prathama
	Mithuna Rasi: 10.28	Tithi 15 – 16	838137576	Rahu 12:39PM – 2:07PM	Balava Until 6:54PM	Devaloka Day		
	Creative Work	Siddha Yoga			Purnima* Until 6:35AM	Margasira*Markali		
			Ardra Darshanam					

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, “Fear not.” Tirumurai 11

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**Thursday, December 28, 2023****Gold Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kandy, Sri Lanka

Sutra 255

Sobhana 5125

Moon 13 - Phase 36 -

1st Phase

Mithuna Rasi: 23.09 Tithi 16 – 17

848137576

Gulika**9:44AM – 11:12AM****Yama****6:48AM – 8:16AM****Rahu****2:08PM – 3:36PM****Punarvasu Until 1:34AM Fri**

Indra Until 2:52AM Fri

Taitila Until 7:51PM

Prathama* Until 7:18AM**Ganesha:** Yellow**Sunrise:** 6:48AM**Muruga:** White**Sunset:** 6:31PM**Nataraja:** Clear

Moon – Blue

Margasira*Markali**Sivaloka Day**

Creative Work Amrita Yoga

Until 1:34AM Fri

Then Routine Work - Marana Yoga

1**Friday, December 29, 2023**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kandy, Sri Lanka

Sun 1 Sutra 256

Sobhana 5125

Moon 13 - Phase 36 - 1

1st Phase

Kataka Rasi: 5.37 Tithi 17 – 18

849137576

Gulika**8:17AM – 9:45AM****Yama****3:36PM – 5:04PM****Rahu****11:12AM – 12:40PM****Pushya Until 3:38AM Sat**

Vaidhriti* Until 2:56AM Sat

Vanija Until 9:19PM

Dvitiya Until 8:30AM**Ganesha:** Blue**Sunrise:** 6:49AM**Muruga:** White**Sunset:** 6:32PM**Nataraja:** Clear

Moon – Blue

Margasira*Markali**Subha Sivaloka Day**

Routine Work Marana Yoga

2**Saturday, December 30, 2023**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kandy, Sri Lanka

Sun 2 Sutra 257

Sobhana 5125

Moon 13 - Phase 36 - 2

1st Phase

Kataka Rasi: 17.52 Tithi 18 – 19

849137576

Gulika**6:49AM – 8:17AM****Yama****2:09PM – 3:37PM****Rahu****9:45AM – 11:13AM****Ashlesha* Until 5:59AM Sun**

Vishkambha* Until 3:22AM Sun

Bava Until 11:17PM

Tritiya Until 10:13AM**Ganesha:** Blue**Sunrise:** 6:49AM**Muruga:** White**Sunset:** 6:32PM**Nataraja:** Clear

Moon – Blue

Margasira*Markali**Subha Sivaloka Day**

Routine Work Marana Yoga

3**Sunday, December 31, 2023**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kandy, Sri Lanka

Sun 3 Sutra 258

Sobhana 5125

Moon 13 - Phase 36 - 3

1st Phase

Kataka Rasi: 29.55 Tithi 19 – 20

849137576

Gulika**3:37PM – 5:05PM****Yama****12:41PM – 2:09PM****Rahu****5:05PM – 6:33PM****Magha* Until 9:02AM Mon**

Priti Until 4:06AM Mon

Kaulava Until 1:39AM Mon

Chaturthi* Until 12:24PM**Ganesha:** Blue**Sunrise:** 6:50AM**Muruga:** White**Sunset:** 6:33PM**Nataraja:** Clear

Moon – Blue

Margasira*Markali**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 9:02AM Mon

Then Creative Work - Siddha Yoga

4**Monday, January 1, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*Purvaphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kandy, Sri Lanka

Sun 4 Sutra 259

Sobhana 5125

Moon 13 - Phase 36 - 4

1st Phase

Simha Rasi: 11.5 Tithi 20 – 21

859137576

Gulika**2:10PM – 3:38PM****Yama****11:14AM – 12:42PM****Rahu****8:19AM – 9:46AM****Magha* Until 9:02AM**

Ayushman Until 5:00AM Tue

Gara Until 4:17AM Tue

Panchami Until 2:55PM**Ganesha:** Red**Sunrise:** 6:51AM**Muruga:** White**Sunset:** 6:34PM**Nataraja:** Clear

Moon – Red

Margasira*Markali**Sivaloka Day**

Routine Work Marana Yoga

Until 9:02AM

Then Creative Work - Siddha Yoga

5**Tuesday, January 2, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kandy, Sri Lanka

Sun 5 Sutra 260

Sobhana 5125

Moon 13 - Phase 36 - 5

1st Phase

Simha Rasi: 23.39 Tithi 21 – 22

859137576

Gulika**12:43PM – 3:11PM****Yama****9:47AM – 11:15AM****Rahu****3:39PM – 5:06PM****Purvaphalguni Until 12:07PM**

Saubhagya Until 5:57AM Wed

Visti Until 6:59AM Wed

Shashthi* Until 5:37PM**Ganesha:** Red**Sunrise:** 6:51AM**Muruga:** White**Sunset:** 6:34PM**Nataraja:** Clear

Moon – Red

Margasira*Markali**Sivaloka Day**

Creative Work Siddha Yoga

Until 12:07PM

Then Creative Work - Amrita Yoga

6**Wednesday, January 3, 2024**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti*/Bava Karana Saptamyam Titau

Kandy, Sri Lanka

Sun 6 Sutra 261

Sobhana 5125

Moon 13 - Phase 36 - 6

1st Phase

Kanya Rasi: 5.27 Tithi 22

859137576

Gulika**11:15AM – 12:43PM****Yama****8:19AM – 9:47AM****Rahu****12:43PM – 2:11PM****Uttaraphalguni Until 3:02PM**

Sobhana Until 6:47AM Thu

Visti Until 6:59AM

Saptami Until 8:16PM**Ganesha:** Red**Sunrise:** 6:52AM**Muruga:** White**Sunset:** 6:35PM**Nataraja:** Clear

Moon – Red

Margasira*Markali**Sivaloka Day**

Creative Work Amrita Yoga

Until 3:02PM

Then Routine Work - Marana Yoga

D**Thursday, January 4, 2024****Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kandy, Sri Lanka

Sun 7 Sutra 262

Sobhana 5125

Moon 13 - Phase 36 - 7

Ashtami

Kanya Rasi: 17.19 Tithi 23

869137576

Gulika**9:48AM – 11:16AM****Yama****6:52AM – 8:20AM****Rahu****2:12PM – 3:39PM****Hasta Until 6:01PM**

Sobhana Until 6:47AM

Balava Until 9:30AM

Ashtami* Until 10:34PM**Ganesha:** Green**Sunrise:** 6:52AM**Muruga:** White**Sunset:** 6:35PM**Nataraja:** Clear

Moon – Green

Margasira*Markali**Subha Sivaloka Day**

Routine Work Marana Yoga

Until 6:01PM

Then Creative Work - Siddha Yoga

Friday, January 5, 2024**Retreat Star**Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Kandy, Sri Lanka

Sun 8 Sutra 263

Sobhana 5125

Moon 13 - Phase 36 - 8

Navami

Kanya Rasi: 29.22 Tithi 24

869137576

Gulika**8:20AM – 9:48AM****Yama****3:40PM – 5:08PM****Rahu****11:16AM – 12:44PM****Chitra Until 8:18PM**

Athiganda* Until 7:16AM

Taitila Until 11:32AM

Navami* Until 12:17AM Sat**Ganesha:** Green**Sunrise:** 6:52AM**Muruga:** White**Sunset:** 6:36PM**Nataraja:** Clear

Moon – Green

Margasira*Markali**Subha Sivaloka Day**

Creative Work Siddha Yoga

Subramuniyaswami Jayanti

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Saturday, January 6, 2024		Sobhana Nama Samvatsare Utarayane Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Kandy, Sri Lanka Sun 9 Sutra 264	
	Tula Rasi: 11.4	Tithi 25	Gulika 6:53AM – 8:21AM	Svati Until 9:44PM	Ganesha: Orange	<i>Sunrise:</i> 6:53AM	Sobhana 5125	
			Yama 2:12PM – 3:40PM	Sukarma Until 7:16AM	Muruga: White	<i>Sunset:</i> 6:36PM	Moon 13 - Phase 37 - 9	
	Creative Work	Siddha Yoga	861137576 Rahu 9:49AM – 11:17AM	Vanija Until 12:53PM	Nataraja: Clear		2nd Phase	
				Dashami Until 1:13AM Sun	Moon – Green		Sivaloka Day	
					Margasira*Markali			
2	Sunday, January 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 265	
	Tula Rasi: 24.19	Tithi 26	Gulika 3:41PM – 5:09PM	Vishakha Until 10:38PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:53AM	Sobhana 5125	
			Yama 12:45PM – 2:13PM	Dhriti Until 6:40AM	Muruga: White	<i>Sunset:</i> 6:37PM	Moon 13 - Phase 37 - 10	
			871137576 Rahu 5:09PM – 6:37PM	Bava Until 1:23PM	Nataraja: Clear		2nd Phase	
	Routine Work	Marana Yoga		Ekadashi* Until 1:17AM Mon	Moon – Orange		Devaloka Day	
					Margasira*Markali			
3	Monday, January 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 266	
	Vrischika Rasi: 7.23	Tithi 27	Gulika 2:13PM – 3:41PM	Anuradha Until 10:32PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:53AM	Sobhana 5125	
	Family Home Evening		Yama 11:17AM – 12:45PM	Ganda* Until 3:24AM Tue	Muruga: White	<i>Sunset:</i> 6:37PM	Moon 13 - Phase 37 - 11	
			871137576 Rahu 8:21AM – 9:49AM	Kaulava Until 1:01PM	Nataraja: Clear		2nd Phase	
	Creative Work	Siddha Yoga		Dvadashi* Until 12:30AM Tue	Moon – Orange		Devaloka Day	
					Margasira*Markali			
4	Tuesday, January 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vriddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 267	
	Vrischika Rasi: 20.55	Tithi 28	Gulika 12:46PM – 2:14PM	Jyeshtha* Until 9:32PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:54AM	Sobhana 5125	
			Yama 9:50AM – 11:18AM	Vriddhi Until 12:51AM Wed	Muruga: White	<i>Sunset:</i> 6:38PM	Moon 13 - Phase 37 - 12	
			871137576 Rahu 3:42PM – 5:10PM	Gara Until 11:49AM	Nataraja: Clear		2nd Phase	
	Routine Work	Marana Yoga		Trayodashi* Until 10:55PM	Moon – Orange		Devaloka Day	
	Until 9:32PM				Margasira*Markali			
	Then Creative Work - Amrita Yoga			Pradosha Vrata (Fasting)				
5	Wednesday, January 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 13 Sutra 268	
	Dhanus Rasi: 4.53	Tithi 29	Gulika 11:18AM – 12:46PM	Mula* Until 8:09PM	Ganesha: Purple	<i>Sunrise:</i> 6:54AM	Sobhana 5125	
			Yama 8:22AM – 9:50AM	Dhruva Until 9:46PM	Muruga: White	<i>Sunset:</i> 6:38PM	Moon 13 - Phase 37 - 13	
			881137576 Rahu 12:46PM – 2:14PM	Visti Until 9:53AM	Nataraja: Clear		2nd Phase	
	Routine Work	Marana Yoga		Chaturdashi* Until 8:41PM	Moon – Light Blue		Devaloka Day	
	Until 8:09PM				Margasira*Markali			
	Then Creative Work - Amrita Yoga							
	Thursday, January 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Kandy, Sri Lanka Sun 14 Sutra 269	
	Retreat Star		Gulika 9:50AM – 11:19AM	Purvashadha* Until 6:09PM	Ganesha: Purple	<i>Sunrise:</i> 6:54AM	Sobhana 5125	
	Dhanus Rasi: 19.16	Tithi 30 – 1	Yama 6:54AM – 8:22AM	Vyaghata* Until 6:18PM	Muruga: White	<i>Sunset:</i> 6:39PM	Moon 13 - Phase 37 - 14	
			881137576 Rahu 2:15PM – 3:43PM	Catuspada Until 7:24AM	Nataraja: Clear		Amavasya	
	Creative Work	Siddha Yoga		Amavasya* Until 5:58PM	Moon – Light Blue		Devaloka Day	
	Until 6:09PM				Margasira*Markali			
	Then Routine Work - Marana Yoga		Hanumath Jayanthi (Tamil Nadu)					
	Friday, January 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kandy, Sri Lanka Sun 15 Sutra 270	
	Retreat Star		Gulika 8:23AM – 9:51AM	Uttarashadha Until 3:41PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:55AM	Sobhana 5125	
	Makara Rasi: 3.56	Tithi 1 – 2	Yama 3:43PM – 5:11PM	Harshana Until 2:36PM	Muruga: White	<i>Sunset:</i> 6:39PM	Moon 13 - Phase 37 - 15	
			881237576 Rahu 11:19AM – 12:47PM	Balava Until 1:21AM Sat	Nataraja: Clear		Prathama	
	Routine Work	Marana Yoga		Prathama* Until 2:56PM	Moon – Light Blue		Devaloka Day	
					Pausha*Markali			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Saturday, January 13, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Kandy, Sri Lanka	
	Makara Rasi: 18.46 Tithi 2 – 3		Gulika	6:55AM – 8:23AM	Shravana Until 1:21PM	Ganesha: Purple	Sunrise: 6:55AM	Sun 16 Sutra 271
	891237576		Yama	2:15PM – 3:44PM	Vajra* Until 10:44AM	Muruga: White	Sunset: 6:40PM	Sobhana 5125
	Creative Work Siddha Yoga		Rahu	9:51AM – 11:19AM	Taitila Until 10:09PM	Nataraja: Clear		Moon 13 - Phase 38 - 16
					Dvitiya Until 11:44AM	Moon – Purple		3rd Phase
						Pausha*Markali		Devaloka Day
2	Sunday, January 14, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Kandy, Sri Lanka	
	Kumbha Rasi: 3.37 Tithi 3 – 4		Gulika	3:44PM – 5:12PM	Dhanishtha Until 10:54AM	Ganesha: Purple	Sunrise: 6:55AM	Sun 17 Sutra 272
	891237576		Yama	12:48PM – 2:16PM	Siddhi Until 6:54AM	Muruga: White	Sunset: 6:40PM	Sobhana 5125
	Routine Work Marana Yoga		Rahu	5:12PM – 6:40PM	Vanija Until 7:02PM	Nataraja: Clear		Moon 13 - Phase 38 - 17
	Until 10:54AM				Tritiya Until 8:33AM	Moon – Purple		3rd Phase
	Then Creative Work - Siddha Yoga					Pausha*Markali		Devaloka Day
3	Monday, January 15, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Variyan Yoga Bava/Balava Karana Panchamyam Titau				Kandy, Sri Lanka	
	Kumbha Rasi: 18.23 Tithi 5		Gulika	2:16PM – 3:44PM	Shatabhishak Until 8:30AM	Ganesha: Purple	Sunrise: 6:55AM	Sun 18 Sutra 273
	Family Home Evening		Yama	11:20AM – 12:48PM	Variyan Until 11:41PM	Muruga: White	Sunset: 6:41PM	Sobhana 5125
	891237576		Rahu	8:24AM – 9:52AM	Bava Until 4:09PM	Nataraja: Clear		Moon 13 - Phase 38 - 18
	Creative Work Siddha Yoga				Panchami Until 2:48AM Tue	Moon – Purple		3rd Phase
	Until 8:30AM		Thai Pongal			Pausha*Thai		Devaloka Day
	Then Routine Work - Marana Yoga							
4	Tuesday, January 16, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kandy, Sri Lanka	
	Meena Rasi: 2.55 Tithi 6		Gulika	12:48PM – 2:17PM	Purvaproshtapada* Until 6:40AM	Ganesha: White	Sunrise: 6:56AM	Sun 19 Sutra 274
	812237576		Yama	9:52AM – 11:20AM	Parigha* Until 8:30PM	Muruga: White	Sunset: 6:41PM	Sobhana 5125
	Routine Work Marana Yoga		Rahu	3:45PM – 5:13PM	Kaulava Until 1:36PM	Nataraja: Clear		Moon 13 - Phase 38 - 19
	Until 6:40AM				Shashthi* Until 12:28AM Wed	Moon – Clear		3rd Phase
	Then Creative Work - Amrita Yoga					Pausha*Thai		Devaloka Day
5	Wednesday, January 17, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Saptamyam Titau				Kandy, Sri Lanka	
	Meena Rasi: 17.11 Tithi 7		Gulika	11:21AM – 12:49PM	Revati Until 3:53AM Thu	Ganesha: White	Sunrise: 6:56AM	Sun 20 Sutra 275
	812237576		Yama	8:24AM – 9:52AM	Shiva Until 5:41PM	Muruga: White	Sunset: 6:42PM	Sobhana 5125
	Routine Work Marana Yoga		Rahu	12:49PM – 2:17PM	Gara Until 11:29AM	Nataraja: Clear		Moon 13 - Phase 38 - 20
	Until 3:53AM Thu				Saptami Until 10:36PM	Moon – Clear		3rd Phase
	Then Creative Work - Amrita Yoga					Pausha*Thai		Devaloka Day
D	Thursday, January 18, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau				Kandy, Sri Lanka	
	Retreat Star		Gulika	9:53AM – 11:21AM	Ashvini Until 3:26AM Fri	Ganesha: Yellow	Sunrise: 6:56AM	Sun 21 Sutra 276
	Mesha Rasi: 1.07 Tithi 8		Yama	6:56AM – 8:24AM	Siddha Until 3:15PM	Muruga: White	Sunset: 6:42PM	Sobhana 5125
	822237576		Rahu	2:17PM – 3:46PM	Visti Until 9:52AM	Nataraja: Clear		Moon 13 - Phase 38 - 21
	Creative Work Amrita Yoga				Ashtami* Until 9:14PM	Moon – White		Ashtami
	Until 3:26AM Fri					Pausha*Thai		Sivaloka Day
	Then Creative Work - Siddha Yoga							
D	Friday, January 19, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Navamyam Titau				Kandy, Sri Lanka	
	Retreat Star		Gulika	8:25AM – 9:53AM	Bharani Until 3:19AM Sat	Ganesha: Yellow	Sunrise: 6:56AM	Sun 22 Sutra 277
	Mesha Rasi: 14.46 Tithi 9		Yama	3:46PM – 5:14PM	Sadhya Until 1:13PM	Muruga: White	Sunset: 6:42PM	Sobhana 5125
	822237576		Rahu	11:21AM – 12:49PM	Balava Until 8:45AM	Nataraja: Clear		Moon 13 - Phase 38 - 22
	Creative Work Siddha Yoga				Navami* Until 8:22PM	Moon – White		Navami
	Until 3:19AM Sat					Pausha*Thai		Sivaloka Day
	Then Creative Work - Amrita Yoga							

1	Saturday, January 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dashamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 278 Sobhana 5125		
	Mesha Rasi: 28.08	Tithi 10	Gulika Yama 822237576 Rahu	6:57AM – 8:25AM 2:18PM – 3:46PM 9:53AM – 11:21AM	Krittika Until 3:30AM Sun Subha Until 11:35AM Taitila Until 8:08AM Dashami Until 7:58PM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – White Pausha*Thai	Sunrise: 6:57AM Sunset: 6:43PM Moon 13 - Phase 39 - 23 4th Phase	Sivaloka Day	
	Creative Work	Amrita Yoga							
	Until 3:30AM Sun	Then Creative Work - Siddha Yoga							
2	Sunday, January 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 279 Sobhana 5125		
	Mrishabha Rasi: 11.16	Tithi 11	Gulika Yama 832237576 Rahu	3:47PM – 5:15PM 12:50PM – 2:18PM 5:15PM – 6:43PM	Rohini Until 4:24AM Mon Sukla Until 10:17AM Vanija Until 7:57AM Ekadashi Until 8:00PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai	Sunrise: 6:57AM Sunset: 6:43PM Moon 13 - Phase 39 - 24 4th Phase	Devaloka Day	
	Creative Work	Siddha Yoga							
	Until 4:24AM Mon	Then Creative Work - Amrita Yoga							
3	Monday, January 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 280 Sobhana 5125		
	Mrishabha Rasi: 24.11	Tithi 12	Gulika Yama 832237576 Rahu	2:19PM – 3:47PM 11:22AM – 12:50PM 8:25AM – 9:54AM	Mrigashira Until 5:30AM Tue Brahma Until 9:17AM Bava Until 8:11AM Dvadashi Until 8:25PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai	Sunrise: 6:57AM Sunset: 6:44PM Moon 13 - Phase 39 - 25 4th Phase	Devaloka Day	
	Creative Work	Amrita Yoga							
	Until 5:30AM Tue	Then Routine Work - Marana Yoga							
4	Tuesday, January 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 281 Sobhana 5125		
	Mithuna Rasi: 6.55	Tithi 13	Gulika Yama 832237576 Rahu	12:50PM – 2:19PM 9:54AM – 11:22AM 3:47PM – 5:16PM	Ardra Until 6:48AM Wed Indra Until 8:36AM Kaulava Until 8:48AM Trayodashi Until 9:13PM Pradosha Vrata	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai	Sunrise: 6:57AM Sunset: 6:44PM Moon 13 - Phase 39 - 26 4th Phase	Devaloka Day	
	Routine Work	Marana Yoga							
	Until 6:48AM Wed	Then Creative Work - Siddha Yoga							
5	Wednesday, January 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 282 Sobhana 5125		
	Mithuna Rasi: 19.29	Tithi 14	Gulika Yama 832237576 Rahu	11:22AM – 12:51PM 8:25AM – 9:54AM 12:51PM – 2:19PM	Ardra Until 6:48AM Vaidhriti* Until 8:10AM Gara Until 9:46AM Chaturdashi* Until 10:23PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Pausha*Thai	Sunrise: 6:57AM Sunset: 6:44PM Moon 13 - Phase 39 - 27 4th Phase	Devaloka Day	
	Creative Work	Siddha Yoga							
O	Thursday, January 25, 2024 Copper Retreat Star		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Purnimayam Titau				Kandy, Sri Lanka Sutra 283 Sobhana 5125		
	Kataka Rasi: 1.53	Tithi 15	Gulika Yama 942237576 Rahu	9:54AM – 11:23AM 6:57AM – 8:26AM 2:19PM – 3:48PM	Punarvasu Until 8:47AM Vishkambha* Until 8:02AM Visti Until 11:07AM Purnima* Until 11:55PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Pausha*Thai	Sunrise: 6:57AM Sunset: 6:45PM Moon 13 - Phase 39 - Purnima	Devaloka Day	
	Creative Work	Amrita Yoga	Thai Pusam						
	Friday, January 26, 2024 Silver Retreat Star		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Kandy, Sri Lanka Sutra 284 Sobhana 5125		
	Kataka Rasi: 14.08	Tithi 16	Gulika Yama 942237576 Rahu	8:26AM – 9:54AM 3:48PM – 5:17PM 11:23AM – 12:51PM	Pushya Until 10:57AM Priti Until 8:11AM Balava Until 12:50PM Prathama* Until 1:49AM Sat	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Pausha*Thai	Sunrise: 6:57AM Sunset: 6:45PM Moon 13 - Phase 39 - Prathama	Devaloka Day	
	Routine Work	Marana Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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Saturday, January 27, 2024

Gold Retreat Star

Kataka Rasi: 26.15 Tithi 17

Gulika
Yama
942237576 **Rahu**

6:57AM – 8:26AM
2:20PM – 3:48PM
9:54AM – 11:23AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Ashlesha* Until 1:19PM

Ayushman Until 8:35AM

Taitila Until 2:56PM

Dvitiya Until 4:05AM Sun

Ganesha: Blue
Muruga: White
Nataraja: Clear
Moon – Blue
Pausha*Thai

Sunrise: 6:57AM
Sunset: 6:45PM

Kandy, Sri Lanka
Sutra 285
Sobhana 5125
Moon 1 - Phase 40 -
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 1:19PM
Then Creative Work - Amrita Yoga

1

Sunday, January 28, 2024

Simha Rasi: 8.13 Tithi 18

Gulika
Yama
952237576 **Rahu**

3:49PM – 5:17PM
12:52PM – 2:20PM
5:17PM – 6:46PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Magha* Until 4:19PM

Saubhagya Until 9:16AM

Vanija Until 5:21PM

Tritiya Until 6:38AM Mon

Ganesha: Red
Muruga: White
Nataraja: Clear
Moon – Red
Pausha*Thai

Sunrise: 6:57AM
Sunset: 6:46PM

Kandy, Sri Lanka
Sun 1 Sutra 286
Sobhana 5125
Moon 1 - Phase 40 - 1
1st Phase

Sivaloka Day

Routine Work Marana Yoga
Until 4:19PM
Then Creative Work - Siddha Yoga

2

Monday, January 29, 2024

Simha Rasi: 20.04 Tithi 18 – 19

Gulika
Yama
953237576 **Rahu**

2:20PM – 3:49PM
11:23AM – 12:52PM
8:26AM – 9:55AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Tritiya/Chatrthyam Titau

Purvaphalguni Until 7:23PM

Sobhana Until 10:09AM

Bava Until 8:00PM

Tritiya Until 6:38AM

Ganesha: Yellow
Muruga: White
Nataraja: Clear
Moon – Red
Pausha*Thai

Sunrise: 6:57AM
Sunset: 6:46PM

Kandy, Sri Lanka
Sun 2 Sutra 287
Sobhana 5125
Moon 1 - Phase 40 - 2
1st Phase

Sivaloka Day

Creative Work Siddha Yoga
Then Creative Work - Siddha Yoga

3

Tuesday, January 30, 2024

Kanya Rasi: 1.52 Tithi 19 – 20

Gulika
Yama
953237576 **Rahu**

12:52PM – 2:21PM
9:55AM – 11:23AM
3:49PM – 5:18PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Uttaraphalguni Until 10:22PM

Athiganda* Until 11:08AM

Kaulava Until 10:45PM

Chaturthi* Until 9:22AM

Ganesha: Yellow
Muruga: White
Nataraja: Clear
Moon – Red
Pausha*Thai

Sunrise: 6:57AM
Sunset: 6:46PM

Kandy, Sri Lanka
Sun 3 Sutra 288
Sobhana 5125
Moon 1 - Phase 40 - 3
1st Phase

Sivaloka Day

Creative Work Amrita Yoga
Until 10:22PM
Then Creative Work - Siddha Yoga

4

Wednesday, January 31, 2024

Kanya Rasi: 13.39 Tithi 20 – 21

Gulika
Yama
963237576 **Rahu**

11:23AM – 12:52PM
8:26AM – 9:55AM
12:52PM – 2:21PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Hasta Until 1:36AM Thu

Sukarma Until 12:07PM

Gara Until 1:24AM Thu

Panchami Until 12:05PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Green
Pausha*Thai

Sunrise: 6:57AM
Sunset: 6:47PM

Kandy, Sri Lanka
Sun 4 Sutra 289
Sobhana 5125
Moon 1 - Phase 40 - 4
1st Phase

Devaloka Day

Routine Work Marana Yoga
Until 1:36AM Thu
Then Creative Work - Siddha Yoga

5

Thursday, February 1, 2024

Kanya Rasi: 25.3 Tithi 21 – 22

Gulika
Yama
963237576 **Rahu**

9:55AM – 11:23AM
6:57AM – 8:26AM
2:21PM – 3:49PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Chitra Until 4:19AM Fri

Dhriti Until 12:56PM

Visti Until 3:41AM Fri

Shashthi* Until 2:34PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Green
Pausha*Thai

Sunrise: 6:57AM
Sunset: 6:47PM

Kandy, Sri Lanka
Sun 5 Sutra 290
Sobhana 5125
Moon 1 - Phase 40 - 5
1st Phase

Devaloka Day

Creative Work Siddha Yoga

6

Friday, February 2, 2024

Tula Rasi: 7.3 Tithi 22 – 23

Gulika
Yama
963237576 **Rahu**

8:26AM – 9:55AM
3:50PM – 5:18PM
11:23AM – 12:52PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Svati Until 6:19AM Sat

Shula* Until 1:24PM

Balava Until 5:22AM Sat

Saptami Until 4:35PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Green
Pausha*Thai

Sunrise: 6:57AM
Sunset: 6:47PM

Kandy, Sri Lanka
Sun 6 Sutra 291
Sobhana 5125
Moon 1 - Phase 40 - 6
1st Phase

Devaloka Day

Creative Work Siddha Yoga

D

Saturday, February 3, 2024

Retreat Star

Tula Rasi: 19.44 Tithi 23 – 24

Gulika
Yama
963237576 **Rahu**

6:57AM – 8:26AM
2:21PM – 3:50PM
9:55AM – 11:24AM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Svati Until 6:19AM

Ganda* Until 1:22PM

Taitila Until 6:17AM Sun

Ashtami* Until 5:55PM

Ganesha: White
Muruga: White
Nataraja: Clear
Moon – Green
Pausha*Thai

Sunrise: 6:57AM
Sunset: 6:47PM

Kandy, Sri Lanka
Sun 7 Sutra 292
Sobhana 5125
Moon 1 - Phase 40 - 7
Ashtami

Devaloka Day

Creative Work Siddha Yoga

Sunday, February 4, 2024

Retreat Star

Vrischika Rasi: 2.19 Tithi 24

Gulika
Yama
973237577 **Rahu**

3:50PM – 5:19PM
12:52PM – 2:21PM
5:19PM – 6:47PM

Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Vishakha Until 7:52AM

Vridhhi Until 12:43PM

Taitila Until 6:17AM

Navami* Until 6:23PM

Ganesha: Clear
Muruga: White
Nataraja: Orange
Moon – Orange
Pausha*Thai

Sunrise: 6:57AM
Sunset: 6:47PM

Kandy, Sri Lanka
Sun 8 Sutra 293
Sobhana 5125
Moon 1 - Phase 40 - 8
Navami

Sivaloka Day

Routine Work Marana Yoga

1	Monday, February 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Kandy, Sri Lanka Sun 9 Sutra 294 Sobhana 5125	
	Vrischika Rasi: 15.2	Tithi 25 – 26	Gulika	2:21PM – 3:50PM	Anuradha Until 8:24AM	Ganesha: Clear	<i>Sunrise:</i> 6:57AM	
	Family Home Evening		Yama	11:24AM – 12:52PM	Dhruva Until 11:21AM	Muruga: White	<i>Sunset:</i> 6:48PM	Moon 1 - Phase 41 - 9
	Creative Work	Siddha Yoga	993337577 Rahu	8:26AM – 9:55AM	Vanija Until 6:17AM	Nataraja: Orange		2nd Phase
					Dashami Until 5:56PM	Moon – Orange	Sivaloka Day	
						Pausha*Thai		
2	Tuesday, February 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 295 Sobhana 5125	
	Vrischika Rasi: 28.49	Tithi 26 – 27	Gulika	12:53PM – 2:21PM	Jyeshtha* Until 7:55AM	Ganesha: Orange	<i>Sunrise:</i> 6:57AM	
			Yama	9:55AM – 11:24AM	Vyaghata* Until 9:18AM	Muruga: White	<i>Sunset:</i> 6:48PM	Moon 1 - Phase 41 - 10
			993337577 Rahu	3:50PM – 5:19PM	Kaulava Until 3:40AM Wed	Nataraja: Orange		2nd Phase
	Routine Work	Marana Yoga			Ekadashi* Until 4:37PM	Moon – Orange	Sivaloka Day	
	Until 7:55AM					Pausha*Thai		
	Then Creative Work - Amrita Yoga							
3	Wednesday, February 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 296 Sobhana 5125	
	Dhanus Rasi: 12.47	Tithi 27 – 28	Gulika	11:24AM – 12:53PM	Mula* Until 6:55AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:57AM	
			Yama	8:26AM – 9:55AM	Harshana Until 6:36AM	Muruga: White	<i>Sunset:</i> 6:48PM	Moon 1 - Phase 41 - 11
			983337577 Rahu	12:53PM – 2:22PM	Gara Until 1:13AM Thu	Nataraja: Orange		2nd Phase
	Routine Work	Marana Yoga			Dvadashi* Until 2:31PM	Moon – Light Blue	Devaloka Day	
	Until 6:55AM					Pausha*Thai		
	Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			
4	Thursday, February 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 297 Sobhana 5125	
	Dhanus Rasi: 27.13	Tithi 28 – 29	Gulika	9:55AM – 11:24AM	Uttarashadha Until 2:34AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 6:57AM	
			Yama	6:57AM – 8:26AM	Siddhi Until 11:37PM	Muruga: White	<i>Sunset:</i> 6:48PM	Moon 1 - Phase 41 - 12
			983337577 Rahu	2:22PM – 3:51PM	Visti Until 10:13PM	Nataraja: Orange		2nd Phase
	Routine Work	Marana Yoga			Trayodashi* Until 11:46AM	Moon – Light Blue	Devaloka Day	
						Pausha*Thai		
●	Friday, February 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kandy, Sri Lanka Sun 13 Sutra 298 Sobhana 5125	
	Retreat Star		Gulika	8:26AM – 9:55AM	Shravana Until 11:59PM	Ganesha: Purple	<i>Sunrise:</i> 6:57AM	
	Makara Rasi: 12.02	Tithi 29 – 30	Yama	3:51PM – 5:20PM	Vyatipata* Until 7:36PM	Muruga: White	<i>Sunset:</i> 6:49PM	Moon 1 - Phase 41 - 13
			993337577 Rahu	11:24AM – 12:53PM	Catuspada Until 6:49PM	Nataraja: Orange		Amavasya
	Routine Work	Marana Yoga			Chaturdashi* Until 8:32AM	Moon – Purple	Devaloka Day	
	Until 11:59PM					Pausha*Thai		
	Then Creative Work - Siddha Yoga							
	Saturday, February 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kandy, Sri Lanka Sun 14 Sutra 299 Sobhana 5125	
	Retreat Star		Gulika	6:57AM – 8:26AM	Dhanishtha Until 9:05PM	Ganesha: Purple	<i>Sunrise:</i> 6:57AM	
	Makara Rasi: 27.07	Tithi 1	Yama	2:22PM – 3:51PM	Variyan Until 3:24PM	Muruga: White	<i>Sunset:</i> 6:49PM	Moon 1 - Phase 41 - 14
			993337577 Rahu	9:55AM – 11:24AM	Kintughna Until 3:12PM	Nataraja: Orange		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 1:21AM Sun	Moon – Purple	Devaloka Day	
	Until 9:05PM					Magha*Thai		
	Then Creative Work - Amrita Yoga							

1	Sunday, February 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Parigha* Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kandy, Sri Lanka Sun 15 Sutra 300 Sobhana 5125	
	Kumbha Rasi: 12.17	Tithi 2	Gulika	3:51PM – 5:20PM	Shatabhishak Until 6:04PM	Ganesha: Purple	<i>Sunrise:</i> 6:57AM	
			Yama	12:53PM – 2:22PM	Parigha* Until 11:10AM	Muruga: White	<i>Sunset:</i> 6:49PM	Moon 1 - Phase 42 - 15
	Creative Work	Siddha Yoga	993337577 Rahu	5:20PM – 6:49PM	Balava Until 11:32AM	Nataraja: Orange		3rd Phase
					Dvitiya Until 9:44PM	Moon – Purple	Devaloka Day	
						Magha*Thai		
2	Monday, February 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada* Uttaraprosarthapada Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Tritiyayam Titau				Kandy, Sri Lanka Sun 16 Sutra 301 Sobhana 5125	
	Kumbha Rasi: 27.24	Tithi 3	Gulika	2:22PM – 3:51PM	Purvaprosarthapada* Until 3:29PM	Ganesha: Clear	<i>Sunrise:</i> 6:56AM	
	Family Home Evening		Yama	11:24AM – 12:53PM	Shiva Until 7:03AM	Muruga: White	<i>Sunset:</i> 6:49PM	Moon 1 - Phase 42 - 16
	Routine Work	Marana Yoga	913337577 Rahu	8:26AM – 9:55AM	Taitila Until 8:00AM	Nataraja: Orange		3rd Phase
	Until 3:29PM				Tritiya Until 6:19PM	Moon – Clear	Sivaloka Day	
	Then Creative Work - Siddha Yoga					Magha*Thai		
3	Tuesday, February 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Sadhya Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau				Kandy, Sri Lanka Sun 17 Sutra 302 Sobhana 5125	
	Meena Rasi: 12.18	Tithi 4 – 5	Gulika	12:53PM – 2:22PM	Uttaraprosarthapada Until 1:07PM	Ganesha: Orange	<i>Sunrise:</i> 6:56AM	
			Yama	9:55AM – 11:24AM	Sadhya Until 11:34PM	Muruga: White	<i>Sunset:</i> 6:49PM	Moon 1 - Phase 42 - 17
	Creative Work	Amrita Yoga	914337577 Rahu	3:51PM – 5:20PM	Bava Until 1:54AM Wed	Nataraja: Orange		3rd Phase
	Until 1:07PM				Chaturthi* Until 3:15PM	Moon – Clear	Sivaloka Day	
	Then Creative Work - Siddha Yoga					Magha*Masi		
4	Wednesday, February 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kandy, Sri Lanka Sun 18 Sutra 303 Sobhana 5125	
	Meena Rasi: 26.52	Tithi 5 – 6	Gulika	11:24AM – 12:53PM	Revati Until 11:04AM	Ganesha: Orange	<i>Sunrise:</i> 6:56AM	
			Yama	8:25AM – 9:54AM	Subha Until 8:27PM	Muruga: White	<i>Sunset:</i> 6:49PM	Moon 1 - Phase 42 - 18
			914337577 Rahu	12:53PM – 2:22PM	Kaulava Until 11:37PM	Nataraja: Orange		3rd Phase
	Routine Work	Marana Yoga			Panchami Until 12:40PM	Moon – Clear	Sivaloka Day	
						Magha*Masi		
5	Thursday, February 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kandy, Sri Lanka Sun 19 Sutra 304 Sobhana 5125	
	Mesha Rasi: 11.04	Tithi 6 – 7	Gulika	9:54AM – 11:24AM	Ashvini Until 9:53AM	Ganesha: Green	<i>Sunrise:</i> 6:56AM	
			Yama	6:56AM – 8:25AM	Sukla Until 5:49PM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 1 - Phase 42 - 19
	Creative Work	Amrita Yoga	924347577 Rahu	2:22PM – 3:51PM	Gara Until 9:58PM	Nataraja: Orange		3rd Phase
	Until 9:53AM				Shashthi* Until 10:41AM	Moon – White	Bhuloka Day	
	Then Creative Work - Siddha Yoga					Magha*Masi	Devaloka Time: 3:PM to 6:PM	
D	Friday, February 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 305 Sobhana 5125	
	Retreat Star		Gulika	8:25AM – 9:54AM	Bharani Until 9:13AM	Ganesha: Green	<i>Sunrise:</i> 6:56AM	
	Mesha Rasi: 24.5	Tithi 7 – 8	Yama	3:51PM – 5:20PM	Brahma Until 3:43PM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 1 - Phase 42 - 20
			924347577 Rahu	11:23AM – 12:53PM	Visti Until 8:59PM	Nataraja: Orange		Ashtami
	Creative Work	Siddha Yoga			Saptami Until 9:22AM	Moon – White	Bhuloka Day	
						Magha*Masi	Devaloka Time: 3:PM to 6:PM	
	Saturday, February 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 306 Sobhana 5125	
	Retreat Star		Gulika	6:55AM – 8:25AM	Krittika Until 9:04AM	Ganesha: Green	<i>Sunrise:</i> 6:55AM	
	Virshabha Rasi: 8.13	Tithi 8 – 9	Yama	2:22PM – 3:51PM	Indra Until 2:11PM	Muruga: Clear	<i>Sunset:</i> 6:50PM	Moon 1 - Phase 42 - 21
			924347577 Rahu	9:54AM – 11:23AM	Balava Until 8:41PM	Nataraja: Orange		Navami
	Creative Work	Amrita Yoga			Ashtami* Until 8:44AM	Moon – White	Bhuloka Day	
						Magha*Masi	Devaloka Time: 3:PM to 6:PM	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Sunday, February 18, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kandy, Sri Lanka	
	Vrishabha Rasi: 21.16 Tithi 9 – 10		Gulika 3:51PM – 5:21PM	Rohini Until 9:51AM	Ganesha: Red	Sunrise: 6:55AM	Sun 22	Sutra 307
	Creative Work Siddha Yoga		Yama 12:53PM – 2:22PM	Vaidhriti* Until 1:06PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125	
		934347577	Rahu 5:21PM – 6:50PM	Taitila Until 9:00PM	Nataraja: Orange		Moon 1 - Phase 43 - 22	
				Navami* Until 8:45AM	Moon – Yellow		4th Phase	
					Magha*Masi		Devaloka Day	
2	Monday, February 19, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Kandy, Sri Lanka	
	Mithuna Rasi: 4.01 Tithi 10 – 11		Gulika 2:22PM – 3:51PM	Mrigashira Until 11:03AM	Ganesha: Red	Sunrise: 6:55AM	Sun 23	Sutra 308
	Family Home Evening		Yama 11:23AM – 12:52PM	Vishkambha* Until 12:30PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125	
	Creative Work Amrita Yoga		Rahu 8:24AM – 9:54AM	Vanija Until 9:52PM	Nataraja: Orange		Moon 1 - Phase 43 - 23	
	Until 11:03AM			Dashami Until 9:21AM	Moon – Yellow		4th Phase	
	Then Creative Work - Siddha Yoga				Magha*Masi		Devaloka Day	
3	Tuesday, February 20, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka	
	Mithuna Rasi: 16.31 Tithi 11 – 12		Gulika 12:52PM – 2:22PM	Ardra Until 12:34PM	Ganesha: Red	Sunrise: 6:55AM	Sun 24	Sutra 309
			Yama 9:53AM – 11:23AM	Priti Until 12:16PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125	
	Routine Work Marana Yoga		Rahu 3:51PM – 5:21PM	Bava Until 11:12PM	Nataraja: Orange		Moon 1 - Phase 43 - 24	
	Until 12:34PM			Ekadashi Until 10:28AM	Moon – Yellow		4th Phase	
	Then Creative Work - Siddha Yoga				Magha*Masi		Devaloka Day	
4	Wednesday, February 21, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka	
	Mithuna Rasi: 28.5 Tithi 12 – 13		Gulika 11:23AM – 12:52PM	Punarvasu Until 2:48PM	Ganesha: Blue	Sunrise: 6:54AM	Sun 25	Sutra 310
			Yama 8:24AM – 9:53AM	Ayushman Until 12:20PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125	
	Creative Work Siddha Yoga		Rahu 12:52PM – 2:22PM	Kaulava Until 12:55AM Thu	Nataraja: Orange		Moon 1 - Phase 43 - 25	
				Dvadashi Until 12:00PM	Moon – Blue		4th Phase	
					Magha*Masi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	
							Pradosha Vrata	
5	Thursday, February 22, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka	
	Kataka Rasi: 11.01 Tithi 13 – 14		Gulika 9:53AM – 11:23AM	Pushya Until 5:12PM	Ganesha: Blue	Sunrise: 6:54AM	Sun 26	Sutra 311
			Yama 6:54AM – 8:24AM	Saubhagya Until 12:41PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125	
	Creative Work Amrita Yoga		Rahu 2:22PM – 3:51PM	Gara Until 2:57AM Fri	Nataraja: Orange		Moon 1 - Phase 43 - 26	
	Until 5:12PM			Trayodashi Until 1:53PM	Moon – Blue		4th Phase	
	Then Creative Work - Siddha Yoga				Magha*Masi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	
6	Friday, February 23, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kandy, Sri Lanka	
	Kataka Rasi: 23.04 Tithi 14 – 15		Gulika 8:23AM – 9:53AM	Ashlesha* Until 7:43PM	Ganesha: Blue	Sunrise: 6:54AM	Sun 27	Sutra 312
			Yama 3:51PM – 5:21PM	Sobhana Until 1:16PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125	
	Routine Work Marana Yoga		Rahu 11:22AM – 12:52PM	Visti Until 5:15AM Sat	Nataraja: Orange		Moon 1 - Phase 43 - 27	
				Chaturdashi* Until 4:03PM	Moon – Blue		4th Phase	
			Chidambaram Abhishekam		Magha*Masi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	
O	Saturday, February 24, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Bava Karana Purnimayam Titau				Kandy, Sri Lanka	
	Copper Retreat Star		Gulika 6:53AM – 8:23AM	Magha* Until 10:47PM	Ganesha: Yellow	Sunrise: 6:53AM	Sun 28	Sutra 313
	Simha Rasi: 5.01 Tithi 15		Yama 2:21PM – 3:51PM	Athiganda* Until 2:00PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125	
	Creative Work Amrita Yoga		Rahu 9:53AM – 11:22AM	Bava Until 6:28PM	Nataraja: Orange		Moon 1 - Phase 43 -	
	Until 10:47PM			Purnima* Until 6:28PM	Moon – Red		Purnima	
	Then Creative Work - Siddha Yoga				Magha*Masi		Devaloka Day	
	Sunday, February 25, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau				Kandy, Sri Lanka	
	Silver Retreat Star		Gulika 3:51PM – 5:21PM	Purvaphalguni Until 1:50AM Mon	Ganesha: White	Sunrise: 6:53AM	Sun 29	Sutra 314
	Simha Rasi: 16.53 Tithi 16		Yama 12:52PM – 2:21PM	Sukarma Until 2:54PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125	
	Creative Work Siddha Yoga		Rahu 5:21PM – 6:50PM	Balava Until 7:46AM	Nataraja: Orange		Moon 1 - Phase 43 -	
				Prathama* Until 9:04PM	Moon – Red		Prathama	
					Magha*Masi		Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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**Monday, February 26, 2024****Gold Retreat Star**

Simha Rasi: 28.42 Tithi 17
Family Home Evening
 Creative Work Siddha Yoga

955347577
Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
 Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika **2:21PM – 3:51PM**
 Yama 11:22AM – 12:52PM
Rahu **8:22AM – 9:52AM**

Uttaraphalguni Until 4:47AM Tue
 Dhriti Until 3:53PM
 Taitila Until 10:25AM
Dvitiya Until 11:44PM

Ganesha: White *Sunrise:* 6:53AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Orange
 Moon – Red
Magha*Mas

Sivaloka Day

Kandy, Sri Lanka
 Sun 1 Sutra 315
 Sobhana 5125
 Moon 2 - Phase 44 - 1
 1st Phase

1**Tuesday, February 27, 2024**

Kanya Rasi: 10.3 Tithi 18
 Creative Work Siddha Yoga

965347577
Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Hasta Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika **12:51PM – 2:21PM**
 Yama 9:52AM – 11:22AM
Rahu **3:51PM – 5:21PM**

Hasta Until 8:01AM Wed
 Shula* Until 4:51PM
 Vanija Until 1:05PM
Tritiya Until 2:23AM Wed

Ganesha: Clear *Sunrise:* 6:52AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Orange
 Moon – Green
Magha*Mas

Devaloka Day

Kandy, Sri Lanka
 Sun 2 Sutra 316
 Sobhana 5125
 Moon 2 - Phase 44 - 2
 1st Phase

2**Wednesday, February 28, 2024**

Kanya Rasi: 22.19 Tithi 19
 Routine Work Marana Yoga
 Until 8:01AM
 Then Creative Work - Siddha Yoga

965347577
Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
 Hasta/Chitra Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Chaturthayam Titau

Gulika **11:21AM – 12:51PM**
 Yama 8:22AM – 9:52AM
Rahu **12:51PM – 2:21PM**

Hasta Until 8:01AM
 Ganda* Until 5:44PM
 Bava Until 3:40PM
Chaturthi* Until 4:50AM Thu

Ganesha: Clear *Sunrise:* 6:52AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Orange
 Moon – Green
Magha*Mas

Devaloka Day

Kandy, Sri Lanka
 Sun 3 Sutra 317
 Sobhana 5125
 Moon 2 - Phase 44 - 3
 1st Phase

3**Thursday, February 29, 2024**

Tula Rasi: 4.14 Tithi 20
 Creative Work Siddha Yoga
 Until 10:52AM
 Then Creative Work - Amrita Yoga

965347577
Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
 Chitra/Svati Nakshatra Vridhhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika **9:51AM – 11:21AM**
 Yama 6:52AM – 8:21AM
Rahu **2:21PM – 3:51PM**

Chitra Until 10:52AM
 Vridhhi Until 6:26PM
 Kaulava Until 5:57PM
Panchami Until 6:56AM Fri

Ganesha: Clear *Sunrise:* 6:52AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Orange
 Moon – Green
Magha*Mas

Devaloka Day

Kandy, Sri Lanka
 Sun 4 Sutra 318
 Sobhana 5125
 Moon 2 - Phase 44 - 4
 1st Phase

4**Friday, March 1, 2024**

Tula Rasi: 16.16 Tithi 20 – 21
 Creative Work Siddha Yoga

965347577
Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Svati/Vishakha Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika **8:21AM – 9:51AM**
 Yama 3:51PM – 5:20PM
Rahu **11:21AM – 12:51PM**

Svati Until 1:11PM
 Dhruva Until 6:45PM
 Gara Until 7:48PM
Panchami Until 6:56AM

Ganesha: Clear *Sunrise:* 6:51AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Orange
 Moon – Green
Magha*Mas

Devaloka Day

Kandy, Sri Lanka
 Sun 5 Sutra 319
 Sobhana 5125
 Moon 2 - Phase 44 - 5
 1st Phase

5**Saturday, March 2, 2024**

Tula Rasi: 28.31 Tithi 21 – 22
 Creative Work Siddha Yoga

975347577
Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
 Vishakha/Anuradha Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika **6:50AM – 8:20AM**
 Yama 2:20PM – 3:50PM
Rahu **9:50AM – 11:20AM**

Vishakha Until 3:15PM
 Vyaghata* Until 6:38PM
 Visti Until 9:02PM
Shashthi* Until 8:29AM

Ganesha: Purple *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Orange
 Moon – Orange
Magha*Mas

Sivaloka Day

Kandy, Sri Lanka
 Sun 6 Sutra 320
 Sobhana 5125
 Moon 2 - Phase 44 - 6
 1st Phase

D**Sunday, March 3, 2024****Retreat Star**

Vrischika Rasi: 11.04 Tithi 22 – 23
 Routine Work Marana Yoga

975447577
Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Anuradha/Jyeshtha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika **3:50PM – 5:20PM**
 Yama 12:50PM – 2:20PM
Rahu **5:20PM – 6:50PM**

Anuradha Until 4:28PM
 Harshana Until 5:57PM
 Balava Until 9:30PM
Saptami Until 9:21AM

Ganesha: Clear *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Orange
 Moon – Orange
Magha*Mas

Devaloka Day

Kandy, Sri Lanka
 Sun 7 Sutra 321
 Sobhana 5125
 Moon 2 - Phase 44 - 7
 Ashtami

Monday, March 4, 2024**Retreat Star**

Vrischika Rasi: 23.59 Tithi 23 – 24
Family Home Evening
 Creative Work Siddha Yoga

975447577
Rahu

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
 Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika **2:20PM – 3:50PM**
 Yama 11:20AM – 12:50PM
Rahu **8:20AM – 9:50AM**

Jyeshtha* Until 4:45PM
 Vajra* Until 4:37PM
 Taitila Until 9:08PM
Ashtami* Until 9:24AM

Ganesha: Clear *Sunrise:* 6:50AM
Muruga: Clear *Sunset:* 6:50PM
Nataraja: Orange
 Moon – Orange
Magha*Mas

Devaloka Day

Kandy, Sri Lanka
 Sun 8 Sutra 322
 Sobhana 5125
 Moon 2 - Phase 44 - 8
 Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Tuesday, March 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Kandy, Sri Lanka	
	Dhanus Rasi: 7.2	Tithi 24 – 25	Gulika	12:50PM – 2:20PM	Mula* Until 4:30PM	Ganesha: Red	Sunrise: 6:49AM	Sun 9 Sutra 323
			Yama	9:49AM – 11:20AM	Siddhi Until 2:38PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125
			186447577 Rahu	3:50PM – 5:20PM	Vanija Until 7:57PM	Nataraja: Orange		Moon 2 - Phase 45 - 9
	Creative Work	Amrita Yoga			Navami* Until 8:37AM	Moon – Light Blue		2nd Phase
	Until 4:30PM					Magha*Masi	Devaloka Day	
	Then Creative Work - Siddha Yoga							
2	Wednesday, March 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Visti*/Balava Karana Dashami/Ekodashyam Titau				Kandy, Sri Lanka	
	Dhanus Rasi: 21.09	Tithi 25 – 26	Gulika	11:19AM – 12:50PM	Purvashadha* Until 3:21PM	Ganesha: Red	Sunrise: 6:49AM	Sun 10 Sutra 324
			Yama	8:19AM – 9:49AM	Vyatipata* Until 12:02PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125
			186447577 Rahu	12:50PM – 2:20PM	Balava Until 4:43AM Thu	Nataraja: Orange		Moon 2 - Phase 45 - 10
	Creative Work	Amrita Yoga			Dashami Until 7:02AM	Moon – Light Blue		2nd Phase
						Magha*Masi	Devaloka Day	
3	Thursday, March 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kandy, Sri Lanka	
	Makara Rasi: 5.26	Tithi 27	Gulika	9:49AM – 11:19AM	Uttarashadha Until 1:22PM	Ganesha: Red	Sunrise: 6:48AM	Sun 11 Sutra 325
			Yama	6:48AM – 8:19AM	Variyan Until 8:50AM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125
			186447577 Rahu	2:19PM – 3:50PM	Kaulava Until 3:21PM	Nataraja: Orange		Moon 2 - Phase 45 - 11
	Routine Work	Marana Yoga			Dvadashi* Until 1:48AM Fri	Moon – Light Blue		2nd Phase
	Until 1:22PM					Magha*Masi	Devaloka Day	
	Then Creative Work - Siddha Yoga							
4	Friday, March 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Kandy, Sri Lanka	
	Makara Rasi: 20.08	Tithi 28	Gulika	8:18AM – 9:48AM	Shravana Until 11:08AM	Ganesha: Green	Sunrise: 6:48AM	Sun 12 Sutra 326
			Yama	3:50PM – 5:20PM	Shiva Until 1:13AM Sat	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125
			196447577 Rahu	11:19AM – 12:49PM	Gara Until 12:11PM	Nataraja: Orange		Moon 2 - Phase 45 - 12
	Routine Work	Marana Yoga			Trayodashi* Until 10:27PM	Moon – Purple		2nd Phase
	Until 11:08AM					Magha*Masi	Sivaloka Day	
	Then Creative Work - Siddha Yoga							
					Pradosha Vrata (Fasting)			
5	Saturday, March 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kandy, Sri Lanka	
	Kumbha Rasi: 5.09	Tithi 29	Gulika	6:47AM – 8:18AM	Dhanishtha Until 8:23AM	Ganesha: Green	Sunrise: 6:47AM	Sun 13 Sutra 327
			Yama	2:19PM – 3:49PM	Siddha Until 9:00PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125
			196447577 Rahu	9:48AM – 11:18AM	Visti Until 8:40AM	Nataraja: Orange		Moon 2 - Phase 45 - 13
	Creative Work	Siddha Yoga			Chaturdashi* Until 6:48PM	Moon – Purple		2nd Phase
	Until 8:23AM					Magha*Masi	Sivaloka Day	
	Then Creative Work - Amrita Yoga							
●	Sunday, March 10, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kandy, Sri Lanka	
	Retreat Star		Gulika	3:49PM – 5:20PM	Purvaproshtapada* Until 2:25AM Mon	Ganesha: Orange	Sunrise: 6:47AM	Sun 14 Sutra 328
	Kumbha Rasi: 20.22	Tithi 30 – 1	Yama	12:48PM – 2:19PM	Sadhya Until 4:42PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125
			116447577 Rahu	5:20PM – 6:50PM	Kintughna Until 1:09AM Mon	Nataraja: Orange		Moon 2 - Phase 45 - 14
	Creative Work	Siddha Yoga			Amavasya* Until 3:01PM	Moon – Clear		Amavasya
						Magha*Masi	Devaloka Day	
	Monday, March 11, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kandy, Sri Lanka	
	Retreat Star		Gulika	2:19PM – 3:49PM	Uttaraproshtapada Until 11:33PM	Ganesha: Orange	Sunrise: 6:47AM	Sun 15 Sutra 329
	Meena Rasi: 5.35	Tithi 1 – 2	Yama	11:18AM – 12:48PM	Subha Until 12:28PM	Muruga: Clear	Sunset: 6:50PM	Sobhana 5125
	Family Home Evening		116447577 Rahu	8:17AM – 9:47AM	Balava Until 9:30PM	Nataraja: Orange		Moon 2 - Phase 45 - 15
	Creative Work	Siddha Yoga			Prathama* Until 11:17AM	Moon – Clear		Prathama
						Phalguna*Masi	Devaloka Day	

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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1	Tuesday, March 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Kandy, Sri Lanka Sun 16 Sutra 330 Sobhana 5125	
	Meena Rasi: 20.41	Tithi 2 – 3	Gulika Yama	12:48PM – 2:18PM 9:47AM – 11:17AM	Revati Until 8:52PM Sukla Until 8:23AM	Ganesha: Orange Muruga: Clear Nataraja: Orange	Sunrise: 6:46AM Sunset: 6:50PM	Moon 2 - Phase 46 - 16 3rd Phase
	Creative Work	Siddha Yoga	116447577	Rahu 3:49PM – 5:19PM	Taitila Until 6:08PM Dvitiya Until 7:45AM	Moon – Clear Phalguna•Masi	Devaloka Day	
	Subramuniyaswami Siva Vision Day							
2	Wednesday, March 13, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Kandy, Sri Lanka Sun 17 Sutra 331 Sobhana 5125	
	Mesha Rasi: 5.31	Tithi 4	Gulika Yama	11:17AM – 12:48PM 8:16AM – 9:47AM	Ashvini Until 6:54PM Indra Until 1:17AM Thu	Ganesha: White Muruga: Clear Nataraja: Orange	Sunrise: 6:46AM Sunset: 6:50PM	Moon 2 - Phase 46 - 17 3rd Phase
	Routine Work	Marana Yoga	127447577	Rahu 12:48PM – 2:18PM	Vanija Until 3:13PM Chaturthi* Until 1:56AM Thu	Moon – White Phalguna•Masi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Siddha Yoga							
3	Thursday, March 14, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Kandy, Sri Lanka Sun 18 Sutra 332 Sobhana 5125	
	Mesha Rasi: 19.57	Tithi 5	Gulika Yama	9:46AM – 11:17AM 6:45AM – 8:16AM	Bharani Until 5:24PM Vaidhriti* Until 10:27PM	Ganesha: White Muruga: Clear Nataraja: Orange	Sunrise: 6:45AM Sunset: 6:50PM	Moon 2 - Phase 46 - 18 3rd Phase
	Creative Work	Siddha Yoga	127447577	Rahu 2:18PM – 3:49PM	Bava Until 12:52PM Panchami Until 11:55PM	Moon – White Phalguna•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Then Routine Work - Marana Yoga							
4	Friday, March 15, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kandy, Sri Lanka Sun 19 Sutra 333 Sobhana 5125	
	Virshabha Rasi: 3.57	Tithi 6	Gulika Yama	8:15AM – 9:46AM 3:48PM – 5:19PM	Krittika Until 4:27PM Vishkambha* Until 8:12PM	Ganesha: White Muruga: Clear Nataraja: Clear	Sunrise: 6:45AM Sunset: 6:50PM	Moon 2 - Phase 46 - 19 3rd Phase
	Creative Work	Siddha Yoga	127447578	Rahu 11:16AM – 12:47PM	Kaulava Until 11:12AM Shashthi* Until 10:38PM	Moon – White Phalguna•Panguni	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
	Then Routine Work - Marana Yoga							
5	Saturday, March 16, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Gara/Vanija Karana Saptamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 334 Sobhana 5125	
	Virshabha Rasi: 17.3	Tithi 7	Gulika Yama	6:44AM – 8:15AM 2:17PM – 3:48PM	Rohini Until 4:33PM Priti Until 6:35PM	Ganesha: Clear Muruga: Clear Nataraja: Clear	Sunrise: 6:44AM Sunset: 6:50PM	Moon 2 - Phase 46 - 20 3rd Phase
	Creative Work	Amrita Yoga	137447578	Rahu 9:45AM – 11:16AM	Gara Until 10:18AM Saptami Until 10:07PM	Moon – Yellow Phalguna•Panguni	Devaloka Day	
	Then Creative Work - Siddha Yoga							
D	Sunday, March 17, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 335 Sobhana 5125	
	Retreat Star		Gulika Yama	3:48PM – 5:19PM 12:47PM – 2:17PM	Mrigashira Until 5:15PM Ayushman Until 5:33PM	Ganesha: Clear Muruga: Clear Nataraja: Clear	Sunrise: 6:44AM Sunset: 6:49PM	Moon 2 - Phase 46 - 21 Ashtami
	Mithuna Rasi: 0.38	Tithi 8	137447578	Rahu 5:19PM – 6:49PM	Visti Until 10:11AM Ashtami* Until 10:23PM	Moon – Yellow Phalguna•Panguni	Devaloka Day	
	Creative Work Siddha Yoga							
	Monday, March 18, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau				Kandy, Sri Lanka Sun 22 Sutra 336 Sobhana 5125	
	Retreat Star		Gulika Yama	2:17PM – 3:48PM 11:15AM – 12:46PM	Ardra Until 6:30PM Saubhagya Until 5:05PM	Ganesha: Clear Muruga: Clear Nataraja: Clear	Sunrise: 6:43AM Sunset: 6:49PM	Moon 2 - Phase 46 - 22 Navami
	Mithuna Rasi: 13.23	Tithi 9	137447578	Rahu 8:14AM – 9:45AM	Balava Until 10:48AM Navami* Until 11:20PM	Moon – Yellow Phalguna•Panguni	Devaloka Day	
	Family Home Evening Creative Work Siddha Yoga Until 6:30PM Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1	Tuesday, March 19, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Kandy, Sri Lanka Sun 23 Sutra 337 Sobhana 5125	
	Mithuna Rasi: 25.5	Tithi 10	Gulika 12:46PM – 2:17PM	Punarvasu Until 8:39PM	Ganesha: Clear	Sunrise: 6:43AM	Moon 2 - Phase 47 - 23 4th Phase	Devaloka Day
	148447578	Rahu 3:48PM – 5:18PM	Yama 9:44AM – 11:15AM	Sobhana Until 5:06PM	Muruga: Clear	Sunset: 6:49PM		
				Taitila Until 12:04PM	Nataraja: Clear			
Creative Work Siddha Yoga		Dashami Until 12:53AM Wed			Moon – Blue Phalguna*Panguni			
2	Wednesday, March 20, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Kandy, Sri Lanka Sun 24 Sutra 338 Sobhana 5125	
	Kataka Rasi: 8.03	Tithi 11	Gulika 11:15AM – 12:46PM	Pushya Until 11:07PM	Ganesha: Clear	Sunrise: 6:42AM	Moon 2 - Phase 47 - 24 4th Phase	Devaloka Day
	148447578	Rahu 12:46PM – 2:17PM	Yama 8:13AM – 9:44AM	Athiganda* Until 5:28PM	Muruga: Clear	Sunset: 6:49PM		
				Vanija Until 1:51PM	Nataraja: Clear			
Creative Work Siddha Yoga		Ekadashi Until 2:53AM Thu			Moon – Blue Phalguna*Panguni			
3	Thursday, March 21, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Bava/Balava Karana Dvadashyam Titau				Kandy, Sri Lanka Sun 25 Sutra 339 Sobhana 5125	
	Kataka Rasi: 20.06	Tithi 12	Gulika 9:43AM – 11:14AM	Ashlesha* Until 1:44AM Fri	Ganesha: Clear	Sunrise: 6:42AM	Moon 2 - Phase 47 - 25 4th Phase	Devaloka Day
	148447578	Rahu 2:16PM – 3:47PM	Yama 6:42AM – 8:13AM	Sukarma Until 6:09PM	Muruga: Clear	Sunset: 6:49PM		
				Bava Until 4:02PM	Nataraja: Clear			
Creative Work Siddha Yoga		Yogaswami Mahasamadhi			Moon – Blue Phalguna*Panguni			
Until 1:44AM Fri			Dvadashi Until 5:13AM Fri					
Then Routine Work - Marana Yoga								
4	Friday, March 22, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Kaulava Karana Trayodashyam Titau				Kandy, Sri Lanka Sun 26 Sutra 340 Sobhana 5125	
	Simha Rasi: 2.01	Tithi 13	Gulika 8:12AM – 9:43AM	Magha* Until 4:54AM Sat	Ganesha: Purple	Sunrise: 6:41AM	Moon 2 - Phase 47 - 26 4th Phase	Sivaloka Day
	158447578	Rahu 11:14AM – 12:45PM	Yama 3:47PM – 5:18PM	Dhriti Until 7:02PM	Muruga: Clear	Sunset: 6:49PM		
				Kaulava Until 6:30PM	Nataraja: Clear			
Routine Work Marana Yoga		Trayodashi Until 7:46AM Sat			Moon – Red Phalguna*Panguni			
Until 4:54AM Sat								
Then Creative Work - Siddha Yoga			Pradosha Vrata					
5	Saturday, March 23, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 27 Sutra 341 Sobhana 5125	
	Simha Rasi: 13.52	Tithi 13 – 14	Gulika 6:41AM – 8:12AM	Purvaphalguni Until 8:00AM Sun	Ganesha: Purple	Sunrise: 6:41AM	Moon 2 - Phase 47 - 27 4th Phase	Sivaloka Day
	158447578	Rahu 9:43AM – 11:14AM	Yama 2:16PM – 3:47PM	Shula* Until 8:00PM	Muruga: Clear	Sunset: 6:49PM		
				Gara Until 9:05PM	Nataraja: Clear			
Creative Work Siddha Yoga		Trayodashi Until 7:46AM			Moon – Red Phalguna*Panguni			
Until 8:00AM Sun								
Then Creative Work - Amrita Yoga								
O	Sunday, March 24, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kandy, Sri Lanka Sutra 342 Sobhana 5125	
	Copper Retreat Star		Gulika 3:47PM – 5:18PM	Purvaphalguni Until 8:00AM	Ganesha: Purple	Sunrise: 6:40AM	Moon 2 - Phase 47 - Purnima	Sivaloka Day
	Simha Rasi: 25.4	Tithi 14 – 15	Yama 12:44PM – 2:16PM	Ganda* Until 9:00PM	Muruga: Clear	Sunset: 6:49PM		
	158447578	Rahu 5:18PM – 6:49PM		Visti Until 11:43PM	Nataraja: Clear			
Panguni Uttiram			Chaturdashi* Until 10:23AM					
Creative Work Siddha Yoga		Holi			Moon – Red Phalguna*Panguni			
Until 8:00AM								
Then Creative Work - Amrita Yoga								
	Monday, March 25, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kandy, Sri Lanka Sutra 343 Sobhana 5125	
	Silver Retreat Star		Gulika 2:15PM – 3:46PM	Uttaraphalguni Until 10:55AM	Ganesha: Purple	Sunrise: 6:40AM	Moon 2 - Phase 47 - Prathama	Sivaloka Day
	Kanya Rasi: 7.29	Tithi 15 – 16	Yama 11:13AM – 12:44PM	Vriddhi Until 9:57PM	Muruga: Clear	Sunset: 6:49PM		
	158447578	Rahu 8:11AM – 9:42AM		Balava Until 2:15AM Tue	Nataraja: Clear			
Purnima* Until 12:59PM			Moon – Red Phalguna*Panguni					
Creative Work Siddha Yoga								

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 26, 2024

Gold Retreat Star

Kanya Rasi: 19.2 Tithi 16 – 17

Creative Work Siddha Yoga

Gulika 12:44PM – 2:15PM
Yama 9:41AM – 11:13AM
169447578 **Rahu** 3:46PM – 5:17PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Hasta Until 2:02PM
Dhruva Until 10:45PM
Taitila Until 4:35AM Wed
Prathama* Until 3:26PM

Ganesha: Purple *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 6:49PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni

Kandy, Sri Lanka
Sutra 344
Sobhana 5125
Moon 3 - Phase 48 - 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Wednesday, March 27, 2024

Tula Rasi: 1.16 Tithi 17 – 18

Creative Work Siddha Yoga

Gulika 11:12AM – 12:44PM
Yama 8:10AM – 9:41AM
169447578 **Rahu** 12:44PM – 2:15PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Chitra Until 4:45PM
Vyaghata* Until 11:22PM
Vanija Until 6:38AM Thu
Dvitiya Until 5:38PM

Ganesha: Purple *Sunrise:* 6:39AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni

Kandy, Sri Lanka
Sun 1 Sutra 345
Sobhana 5125
Moon 3 - Phase 48 - 1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Thursday, March 28, 2024

Tula Rasi: 13.19 Tithi 18

Creative Work Amrita Yoga
Until 6:59PM
Then Creative Work - Siddha Yoga

Gulika 9:41AM – 11:12AM
Yama 6:38AM – 8:09AM
169547578 **Rahu** 2:14PM – 3:46PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Svati Until 6:59PM
Harshana Until 11:43PM
Vanija Until 6:38AM
Tritiya Until 7:29PM

Ganesha: Clear *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Green
Phalguna*Panguni

Kandy, Sri Lanka
Sun 2 Sutra 346
Sobhana 5125
Moon 3 - Phase 48 - 2 1st Phase

Devaloka Day

3

Friday, March 29, 2024

Tula Rasi: 25.32 Tithi 19

Creative Work Siddha Yoga

Gulika 8:09AM – 9:40AM
Yama 3:46PM – 5:17PM
179547578 **Rahu** 11:12AM – 12:43PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Vishakha Until 9:07PM
Vajra* Until 11:42PM
Bava Until 8:17AM
Chaturthi* Until 8:54PM

Ganesha: White *Sunrise:* 6:38AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni

Kandy, Sri Lanka
Sun 3 Sutra 347
Sobhana 5125
Moon 3 - Phase 48 - 3 1st Phase

Sivaloka Day

4

Saturday, March 30, 2024

Vrischika Rasi: 7.56 Tithi 20

Creative Work Siddha Yoga

Gulika 6:37AM – 8:08AM
Yama 2:14PM – 3:45PM
179547578 **Rahu** 9:40AM – 11:11AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Anuradha Until 10:36PM
Siddhi Until 11:17PM
Kaulava Until 9:27AM
Panchami Until 9:48PM

Ganesha: White *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni

Kandy, Sri Lanka
Sun 4 Sutra 348
Sobhana 5125
Moon 3 - Phase 48 - 4 1st Phase

Sivaloka Day

5

Sunday, March 31, 2024

Vrischika Rasi: 20.35 Tithi 21

Routine Work Marana Yoga
Until 11:21PM
Then Creative Work - Amrita Yoga

Gulika 3:45PM – 5:17PM
Yama 12:42PM – 2:14PM
179547578 **Rahu** 5:17PM – 6:48PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Jyeshtha* Until 11:21PM
Vyatipata* Until 10:26PM
Gara Until 10:03AM
Shashthi* Until 10:06PM

Ganesha: White *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Orange
Phalguna*Panguni

Kandy, Sri Lanka
Sun 5 Sutra 349
Sobhana 5125
Moon 3 - Phase 48 - 5 1st Phase

Sivaloka Day

6

Monday, April 1, 2024

Dhanus Rasi: 3.32 Tithi 22

Family Home Evening
Creative Work Siddha Yoga
Until 11:46PM
Then Routine Work - Marana Yoga

Gulika 2:14PM – 3:45PM
Yama 11:11AM – 12:42PM
189547578 **Rahu** 8:08AM – 9:39AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Variyan Yoga Visti*/Bava Karana Saptamyam Titau

Mula* Until 11:46PM
Variyan Until 9:02PM
Visti Until 10:02AM
Saptami Until 9:46PM

Ganesha: Yellow *Sunrise:* 6:37AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni

Kandy, Sri Lanka
Sun 6 Sutra 350
Sobhana 5125
Moon 3 - Phase 48 - 6 1st Phase

Devaloka Day

D

Tuesday, April 2, 2024

Retreat Star

Dhanus Rasi: 16.49 Tithi 23

Creative Work Siddha Yoga
Until 11:22PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:42PM – 2:13PM
Yama 9:39AM – 11:11AM
189547578 **Rahu** 3:45PM – 5:16PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Purvashadha* Until 11:22PM
Parigha* Until 7:07PM
Balava Until 9:21AM
Ashtami* Until 8:44PM

Ganesha: Yellow *Sunrise:* 6:36AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni

Kandy, Sri Lanka
Sun 7 Sutra 351
Sobhana 5125
Moon 3 - Phase 48 - 7 Ashtami

Devaloka Day

Wednesday, April 3, 2024

Retreat Star

Makara Rasi: 0.28 Tithi 24

Creative Work Amrita Yoga
Until 10:12PM
Then Creative Work - Siddha Yoga

Gulika 11:10AM – 12:42PM
Yama 8:07AM – 9:39AM
181547578 **Rahu** 12:42PM – 2:13PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

Uttarashadha Until 10:12PM
Shiva Until 4:42PM
Taitila Until 8:00AM
Navami* Until 7:04PM

Ganesha: Yellow *Sunrise:* 6:36AM
Muruga: Clear *Sunset:* 6:48PM
Nataraja: Clear
Moon – Light Blue
Phalguna*Panguni

Kandy, Sri Lanka
Sun 8 Sutra 352
Sobhana 5125
Moon 3 - Phase 48 - 8 Navami

Devaloka Day

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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1	Thursday, April 4, 2024		Sobhana Nama Samvatsare Uтарыane Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Bava Karana Dashami/Ekodashyam Titau				Kandy, Sri Lanka Sun 9 Sutra 353 Sobhana 5125	
	Makara Rasi: 14.31	Tithi 25 – 26	Gulika 9:38AM – 11:10AM	Shravana Until 8:43PM	Ganesha: Blue	Sunrise: 6:35AM		
			Yama 6:35AM – 8:07AM	Siddha Until 1:46PM	Muruga: Clear	Sunset: 6:48PM	Moon 3 - Phase 49 - 9	
	191547578	Rahu 2:13PM – 3:45PM		Vanija Until 6:01AM	Nataraja: Clear		2nd Phase	
Creative Work		Siddha Yoga		Dashami Until 4:48PM	Moon – Purple		Sivaloka Day	
					Phalguna•Panguni			
2	Friday, April 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Kandy, Sri Lanka Sun 10 Sutra 354 Sobhana 5125	
	Makara Rasi: 28.56	Tithi 26 – 27	Gulika 8:06AM – 9:38AM	Dhanishtha Until 6:37PM	Ganesha: Blue	Sunrise: 6:35AM		
			Yama 3:44PM – 5:16PM	Sadhya Until 10:25AM	Muruga: Clear	Sunset: 6:48PM	Moon 3 - Phase 49 - 10	
	191547578	Rahu 11:10AM – 12:41PM		Kaulava Until 12:29AM Sat	Nataraja: Clear		2nd Phase	
Creative Work		Siddha Yoga		Ekadashi* Until 2:01PM	Moon – Purple		Sivaloka Day	
					Phalguna•Panguni			
3	Saturday, April 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Kandy, Sri Lanka Sun 11 Sutra 355 Sobhana 5125	
	Kumbha Rasi: 13.41	Tithi 27 – 28	Gulika 6:34AM – 8:06AM	Shatabhishak Until 4:00PM	Ganesha: Blue	Sunrise: 6:34AM		
			Yama 2:13PM – 3:44PM	Subha Until 6:44AM	Muruga: Clear	Sunset: 6:48PM	Moon 3 - Phase 49 - 11	
	191547578	Rahu 9:38AM – 11:09AM		Gara Until 9:09PM	Nataraja: Clear		2nd Phase	
Creative Work		Amrita Yoga		Dvadashi* Until 10:50AM	Moon – Purple		Sivaloka Day	
Until 4:00PM					Phalguna•Panguni			
Then Routine Work - Marana Yoga				Pradosha Vrata (Fasting)				
4	Sunday, April 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Kandy, Sri Lanka Sun 12 Sutra 356 Sobhana 5125	
	Kumbha Rasi: 28.39	Tithi 28 – 29	Gulika 3:44PM – 5:16PM	Purvaproshtapada* Until 1:27PM	Ganesha: Red	Sunrise: 6:34AM		
			Yama 12:41PM – 2:12PM	Brahma Until 10:44PM	Muruga: Clear	Sunset: 6:47PM	Moon 3 - Phase 49 - 12	
	111547578	Rahu 5:16PM – 6:47PM		Sakuni Until 3:51AM Mon	Nataraja: Clear		2nd Phase	
Creative Work		Siddha Yoga		Trayodashi* Until 7:24AM	Moon – Clear		Devaloka Day	
Until 1:27PM					Phalguna•Panguni			
Then Creative Work - Amrita Yoga								
●	Monday, April 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Indra Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kandy, Sri Lanka Sun 13 Sutra 357 Sobhana 5125	
	Retreat Star		Gulika 2:12PM – 3:44PM	Uttaraproshtapada Until 10:41AM	Ganesha: Red	Sunrise: 6:33AM		
	Meena Rasi: 13.43	Tithi 30	Yama 11:09AM – 12:40PM	Indra Until 6:42PM	Muruga: Clear	Sunset: 6:47PM	Moon 3 - Phase 49 - 13	
	Family Home Evening		111547578 Rahu 8:05AM – 9:37AM	Catuspada Until 2:05PM	Nataraja: Clear		Amavasya	
Creative Work		Siddha Yoga		Amavasya* Until 12:20AM Tue	Moon – Clear		Devaloka Day	
					Phalguna•Panguni			
	Tuesday, April 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Kandy, Sri Lanka Sun 14 Sutra 358 Sobhana 5125	
	Retreat Star		Gulika 12:40PM – 2:12PM	Revati Until 7:52AM	Ganesha: Red	Sunrise: 6:33AM		
	Meena Rasi: 28.44	Tithi 1	Yama 9:36AM – 11:08AM	Vaidhriti* Until 2:45PM	Muruga: Clear	Sunset: 6:47PM	Moon 3 - Phase 49 - 14	
			111547578 Rahu 3:44PM – 5:15PM	Kintughna Until 10:39AM	Nataraja: Clear		Prathama	
Creative Work		Siddha Yoga		Prathama* Until 9:00PM	Moon – Clear		Devaloka Day	
			Chellappaswami Mahasamadhi		Chaitra•Panguni			

1	Wednesday, April 10, 2024		Sobhana Nama Samvatsare Utarayane Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kandy, Sri Lanka Sun 15 Sutra 359 Sobhana 5125	
	Mesha Rasi: 13.35	Tithi 2	Gulika 11:08AM – 12:40PM	Bharani Until 3:34AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Moon 3 - Phase 50 - 15 3rd Phase	
			Yama 8:04AM – 9:36AM	Vishkambha* Until 11:05AM	Muruga: Clear	<i>Sunset:</i> 6:47PM		
		121547578	Rahu 12:40PM – 2:12PM	Balava Until 7:29AM	Nataraja: Clear			
	Creative Work	Siddha Yoga		Balava Until 7:29AM	Moon – White		Devaloka Day	
	Until 3:34AM Thu			Dvitiya Until 6:02PM	Chaitra*Panguni			
	Then Routine Work - Marana Yoga							
2	Thursday, April 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Kandy, Sri Lanka Sun 16 Sutra 360 Sobhana 5125	
	Mesha Rasi: 28.07	Tithi 3 – 4	Gulika 9:36AM – 11:08AM	Krittika Until 1:58AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Moon 3 - Phase 50 - 16 3rd Phase	
			Yama 6:32AM – 8:04AM	Priti Until 7:47AM	Muruga: Clear	<i>Sunset:</i> 6:47PM		
		121547578	Rahu 2:11PM – 3:43PM	Vanija Until 2:34AM Fri	Nataraja: Clear			
	Routine Work	Marana Yoga		Tritiya Until 3:33PM	Moon – White		Devaloka Day	
					Chaitra*Panguni			
3	Friday, April 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kandy, Sri Lanka Sun 17 Sutra 361 Sobhana 5125	
	Virshabha Rasi: 12.15	Tithi 4 – 5	Gulika 8:03AM – 9:35AM	Rohini Until 1:20AM Sat	Ganesha: White	<i>Sunrise:</i> 6:31AM	Moon 3 - Phase 50 - 17 3rd Phase	
			Yama 3:43PM – 5:15PM	Saubhagya Until 2:41AM Sat	Muruga: Clear	<i>Sunset:</i> 6:47PM		
		131547578	Rahu 11:07AM – 12:39PM	Bava Until 1:04AM Sat	Nataraja: Clear			
	Routine Work	Marana Yoga		Chaturthi* Until 1:42PM	Moon – Yellow		Sivaloka Day	
	Until 1:20AM Sat				Chaitra*Panguni			
	Then Creative Work - Siddha Yoga							
4	Saturday, April 13, 2024		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kandy, Sri Lanka Sun 18 Sutra 362 Sobhana 5125	
	Virshabha Rasi: 25.57	Tithi 5 – 6	Gulika 6:31AM – 8:03AM	Mrigashira Until 1:19AM Sun	Ganesha: Clear	<i>Sunrise:</i> 6:31AM	Moon 3 - Phase 50 - 18 3rd Phase	
			Yama 2:11PM – 3:43PM	Sobhana Until 1:04AM Sun	Muruga: Clear	<i>Sunset:</i> 6:47PM		
		132547578	Rahu 9:35AM – 11:07AM	Kaulava Until 12:20AM Sun	Nataraja: Clear			
	Creative Work	Siddha Yoga		Panchami Until 12:35PM	Moon – Yellow		Devaloka Day	
					Chaitra*Chaitra			
5	Sunday, April 14, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kandy, Sri Lanka Sun 19 Sutra 363 Krodhin 5126	
	Mithuna Rasi: 9.13	Tithi 6 – 7	Gulika 3:43PM – 5:15PM	Ardra Until 1:56AM Mon	Ganesha: White	<i>Sunrise:</i> 6:30AM	Moon 3 - Phase 50 - 19 3rd Phase	
			Yama 12:39PM – 2:11PM	Athiganda* Until 12:02AM Mon	Muruga: Clear	<i>Sunset:</i> 6:47PM		
		232547578	Rahu 5:15PM – 6:47PM	Gara Until 12:25AM Mon	Nataraja: Clear			
	Creative Work	Siddha Yoga		Shashthi* Until 12:16PM	Moon – Yellow		Bhuloka Day	
	Until 1:56AM Mon		Tamil New Year		Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Amrita Yoga							
D	Monday, April 15, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kandy, Sri Lanka Sun 20 Sutra 364 Krodhin 5126	
	Retreat Star		Gulika 2:11PM – 3:43PM	Punarvasu Until 3:36AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Moon 3 - Phase 50 - 20 Ashtami	
	Mithuna Rasi: 22.04	Tithi 7 – 8	Yama 11:06AM – 12:38PM	Sukarma Until 11:38PM	Muruga: Clear	<i>Sunset:</i> 6:47PM		
	Family Home Evening	242547578	Rahu 8:02AM – 9:34AM	Visti Until 1:16AM Tue	Nataraja: Clear			
	Creative Work	Amrita Yoga		Saptami Until 12:44PM	Moon – Blue		Devaloka Day	
	Until 3:36AM Tue				Chaitra*Chaitra			
	Then Creative Work - Siddha Yoga							
	Tuesday, April 16, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Dhriti Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kandy, Sri Lanka Sun 21 Sutra 1 Krodhin 5126	
	Retreat Star		Gulika 12:38PM – 2:10PM	Pushya Until 5:45AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:30AM	Moon 3 - Phase 50 - 21 Navami	
	Kataka Rasi: 4.34	Tithi 8 – 9	Yama 9:34AM – 11:06AM	Dhriti Until 11:46PM	Muruga: Clear	<i>Sunset:</i> 6:47PM		
		242547578	Rahu 3:43PM – 5:15PM	Balava Until 2:47AM Wed	Nataraja: Clear			
	Creative Work	Siddha Yoga		Ashtami* Until 1:56PM	Moon – Blue		Devaloka Day	
			Sri Rama Navami		Chaitra*Chaitra			

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time. Calculated for Kandy, Sri Lanka on 1/18/22

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1	Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau						Kandy, Sri Lanka
	Kataka Rasi: 16.47	Tithi 9 – 10	Gulika Yama 242547578	11:06AM – 12:38PM 8:01AM – 9:34AM Rahu 12:38PM – 2:10PM	Ashlesha* Until 8:15AM Thu Shula* Until 12:18AM Thu Taitila Until 4:51AM Thu Navami* Until 3:45PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Chaitra*Chaitra	Sunrise: 6:29AM Sunset: 6:47PM	Sun 22 Sutra 2 Krodhin 5126 Moon 3 - Phase 1 - 22 4th Phase	
	Creative Work Siddha Yoga Until 8:15AM Thu Then Creative Work - Amrita Yoga		Devaloka Day						
2	Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda* Yoga Gara Karana Dashamyam Titau						Kandy, Sri Lanka
	Kataka Rasi: 28.47	Tithi 10	Gulika Yama 242547578	9:33AM – 11:06AM 6:29AM – 8:01AM Rahu 2:10PM – 3:42PM	Ashlesha* Until 8:15AM Ganda* Until 1:10AM Fri Gara Until 6:01PM Dashami Until 6:01PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Chaitra*Chaitra	Sunrise: 6:29AM Sunset: 6:47PM	Sun 23 Sutra 3 Krodhin 5126 Moon 3 - Phase 1 - 23 4th Phase	
	Creative Work Siddha Yoga Until 8:15AM Then Creative Work - Amrita Yoga		Devaloka Day						
3	Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau						Kandy, Sri Lanka
	Simha Rasi: 10.4	Tithi 11	Gulika Yama 252547578	8:01AM – 9:33AM 3:42PM – 5:14PM Rahu 11:05AM – 12:38PM	Magha* Until 11:24AM Vridhhi Until 2:12AM Sat Vanija Until 7:17AM Ekadashi Until 8:33PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Chaitra*Chaitra	Sunrise: 6:28AM Sunset: 6:47PM	Sun 24 Sutra 4 Krodhin 5126 Moon 3 - Phase 1 - 24 4th Phase	
	Routine Work Marana Yoga Until 11:24AM Then Creative Work - Siddha Yoga		Bhuloka Day Devaloka Time: 3:PM to 6:PM						
4	Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau						Kandy, Sri Lanka
	Simha Rasi: 22.28	Tithi 12	Gulika Yama 252557578	6:28AM – 8:00AM 2:10PM – 3:42PM Rahu 9:33AM – 11:05AM	Purvaphalguni Until 2:31PM Dhruva Until 3:14AM Sun Bava Until 9:53AM Dvadashi Until 11:10PM	Ganesha: Purple Muruga: Purple Nataraja: Clear Moon – Red Chaitra*Chaitra	Sunrise: 6:28AM Sunset: 6:47PM	Sun 25 Sutra 5 Krodhin 5126 Moon 3 - Phase 1 - 25 4th Phase	
	Creative Work Siddha Yoga Until 2:31PM Then Routine Work - Marana Yoga		Devaloka Day						
5	Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau						Kandy, Sri Lanka
	Kanya Rasi: 4.16	Tithi 13	Gulika Yama 252557578	3:42PM – 5:14PM 12:37PM – 2:10PM Rahu 5:14PM – 6:47PM	Uttaraphalguni Until 5:26PM Vyaghata* Until 4:11AM Mon Kaulava Until 12:28PM Trayodashi Until 1:41AM Mon	Ganesha: Purple Muruga: Purple Nataraja: Clear Moon – Red Chaitra*Chaitra	Sunrise: 6:28AM Sunset: 6:47PM	Sun 26 Sutra 6 Krodhin 5126 Moon 3 - Phase 1 - 26 4th Phase	
	Creative Work Amrita Yoga		Devaloka Day						
	Pradosha Vrata								
6	Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau						Kandy, Sri Lanka
	Kanya Rasi: 16.07	Tithi 14	Gulika Yama 262657578	2:09PM – 3:42PM 11:05AM – 12:37PM Rahu 8:00AM – 9:32AM	Hasta Until 8:29PM Harshana Until 4:58AM Tue Gara Until 2:53PM Chaturdashi* Until 3:57AM Tue	Ganesha: Purple Muruga: Purple Nataraja: Clear Moon – Green Chaitra*Chaitra	Sunrise: 6:27AM Sunset: 6:47PM	Sun 27 Sutra 7 Krodhin 5126 Moon 3 - Phase 1 - 27 4th Phase	
	Family Home Evening Creative Work Siddha Yoga Until 8:29PM Then Routine Work - Prabalarishta Yoga		Subha Sivaloka Day						
O	Tuesday, April 23, 2024 Copper Retreat Star		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau						Kandy, Sri Lanka
	Kanya Rasi: 28.05	Tithi 15	Gulika Yama 262657578	12:37PM – 2:09PM 9:32AM – 11:04AM Rahu 3:42PM – 5:14PM	Chitra Until 11:02PM Vajra* Until 5:26AM Wed Visti Until 4:58PM Purnima* Until 5:51AM Wed	Ganesha: Purple Muruga: Purple Nataraja: Clear Moon – Green Chaitra*Chaitra	Sunrise: 6:27AM Sunset: 6:47PM	Sutra 8 Krodhin 5126 Moon 3 - Phase 1 - Purnima	
	Creative Work Siddha Yoga		Subha Sivaloka Day						
	Chitra Purnima (Tamil Nadu) Hanuman Jayanti								
	Wednesday, April 24, 2024 Silver Retreat Star		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi Yoga Balava Karana Prathamayam Titau						Kandy, Sri Lanka
	Tula Rasi: 10.11	Tithi 16	Gulika Yama 262657579	11:04AM – 12:37PM 7:59AM – 9:32AM Rahu 12:37PM – 2:09PM	Svati Until 1:02AM Thu Siddhi Until 5:35AM Thu Balava Until 6:40PM Prathama* Until 7:19AM Thu	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Green Chaitra*Chaitra	Sunrise: 6:26AM Sunset: 6:47PM	Sutra 9 Krodhin 5126 Moon 3 - Phase 1 - Prathama	
	Creative Work Siddha Yoga		Subha Subha Sivaloka Day						