



Sunday, May 7, 2023
Gold Retreat Star

Vrischika Rasi: 11.32 Tithi 17 – 18

Routine Work Marana Yoga

272996579

Gulika 3:54PM – 5:50PM
Yama 12:03PM – 1:58PM
Rahu 5:50PM – 7:46PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Anuradha* Until 2:50PM

Parigha* Until 9:20PM

Vanija Until 1:49AM Mon

Dvitiya Until 2:45PM

Ganesha: White *Sunrise:* 4:20AM

Muruga: Clear *Sunset:* 7:46PM

Nataraja: Purple

Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Bradford, UK

Sutra 20

Sobhana 5125

Moon 5 - Phase 4 -

1st Phase

1

Monday, May 8, 2023

Vrischika Rasi: 25.31 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

272196579

Gulika 1:59PM – 3:55PM
Yama 10:07AM – 12:03PM
Rahu 6:14AM – 8:10AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Jyeshtha* Until 1:29PM

Shiva Until 6:36PM

Bava Until 11:44PM

Tritiya Until 12:47PM

Ganesha: Blue *Sunrise:* 4:18AM

Muruga: Clear *Sunset:* 7:47PM

Nataraja: Purple

Moon – Orange
Vaisaka*Chaitra

Devaloka Day

Bradford, UK

Sun 1 Sutra 21

Sobhana 5125

Moon 5 - Phase 4 - 1

1st Phase

2

Tuesday, May 9, 2023

Dhanus Rasi: 9.39 Tithi 19 – 20

Creative Work Amrita Yoga

Until 12:12PM

Then Creative Work - Siddha Yoga

282196579

Gulika 12:03PM – 1:59PM
Yama 8:10AM – 10:06AM
Rahu 3:56PM – 5:52PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mula* Until 12:12PM

Siddha Until 3:42PM

Kaulava Until 9:29PM

Chaturthi* Until 10:37AM

Ganesha: Red *Sunrise:* 4:16AM

Muruga: Clear *Sunset:* 7:49PM

Nataraja: Purple

Moon – Light Blue
Vaisaka*Chaitra

Sivaloka Day

Bradford, UK

Sun 2 Sutra 22

Sobhana 5125

Moon 5 - Phase 4 - 2

1st Phase

3

Wednesday, May 10, 2023

Dhanus Rasi: 23.53 Tithi 20 – 21

Creative Work Amrita Yoga

283196579

Gulika 10:06AM – 12:03PM
Yama 6:12AM – 8:09AM
Rahu 12:03PM – 2:00PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Purvashadha* Until 10:40AM

Sadhya Until 12:44PM

Gara Until 7:10PM

Panchami Until 8:19AM

Ganesha: Blue *Sunrise:* 4:15AM

Muruga: Clear *Sunset:* 7:51PM

Nataraja: Purple

Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Bradford, UK

Sun 3 Sutra 23

Sobhana 5125

Moon 5 - Phase 4 - 3

1st Phase

4

Thursday, May 11, 2023

Makara Rasi: 8.08 Tithi 22

Routine Work Marana Yoga

Until 8:58AM

Then Creative Work - Siddha Yoga

283196579

Gulika 8:08AM – 10:05AM
Yama 4:13AM – 6:10AM
Rahu 2:00PM – 3:58PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Saptamyam Titau

Uttarashadha Until 8:58AM

Subha Until 9:46AM

Visti Until 4:50PM

Saptami Until 3:40AM Fri

Ganesha: Blue *Sunrise:* 4:13AM

Muruga: Clear *Sunset:* 7:52PM

Nataraja: Purple

Moon – Light Blue
Vaisaka*Chaitra

Subha Sivaloka Day

Bradford, UK

Sun 4 Sutra 24

Sobhana 5125

Moon 5 - Phase 4 - 4

1st Phase

D

Friday, May 12, 2023

Retreat Star

Makara Rasi: 22.23 Tithi 23

Routine Work Marana Yoga

Until 7:35AM

Then Creative Work - Siddha Yoga

293196579

Gulika 6:09AM – 8:07AM
Yama 3:58PM – 5:56PM
Rahu 10:05AM – 12:03PM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Shravana Until 7:35AM

Sukla Until 6:48AM

Balava Until 2:34PM

Ashtami* Until 1:26AM Sat

Ganesha: Red *Sunrise:* 4:11AM

Muruga: Clear *Sunset:* 7:54PM

Nataraja: Purple

Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Bradford, UK

Sun 5 Sutra 25

Sobhana 5125

Moon 5 - Phase 4 - 5

Ashtami

Saturday, May 13, 2023

Retreat Star

Kumbha Rasi: 6.34 Tithi 24

Creative Work Siddha Yoga

Until 6:09AM

Then Creative Work - Amrita Yoga

293196579

Gulika 4:09AM – 6:08AM
Yama 2:01PM – 3:59PM
Rahu 8:06AM – 10:04AM

Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Dhanishtha Until 6:09AM

Indra Until 1:10AM Sun

Taitila Until 12:23PM

Navami* Until 11:20PM

Ganesha: Red *Sunrise:* 4:09AM

Muruga: Clear *Sunset:* 7:56PM

Nataraja: Purple

Moon – Purple
Vaisaka*Chaitra

Sivaloka Day

Bradford, UK

Sun 6 Sutra 26

Sobhana 5125

Moon 5 - Phase 4 - 6

Navami

1	Sunday, May 14, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau					Bradford, UK
	Kumbha Rasi: 20.4	Tithi 25	Gulika	4:00PM – 5:59PM	Purvaproshtapada* Until 3:43AM Mon	Ganesha: Clear	Sunrise: 4:08AM	Sun 7 Sutra 27
			Yama	12:03PM – 2:01PM	Vaidhriti* Until 10:31PM	Muruga: Clear	Sunset: 7:57PM	Sobhana 5125
	213196579	Rahu	5:59PM – 7:57PM	Vanija Until 10:21AM	Nataraja: Purple		Moon 5 - Phase 5 - 7	
Creative Work	Siddha Yoga				Moon – Clear		2nd Phase	
			Mother's Day	Dashami Until 9:23PM	Vaisaka*Chaitra		Sivaloka Day	

2	Monday, May 15, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau					Bradford, UK
Meena Rasi: 4.38	Tithi 26	Gulika	2:02PM – 4:01PM	Uttaraproshtapada Until 2:49AM Tue	Ganesha: Clear	Sunrise: 4:06AM	Sun 8 Sutra 28	
		Yama	10:03AM – 12:03PM	Vishkambha* Until 8:03PM	Muruga: Clear	Sunset: 7:59PM	Sobhana 5125	
213196579	Rahu	6:05AM – 8:04AM	Bava Until 8:31AM	Nataraja: Purple		Moon 5 - Phase 5 - 8		
Family Home Evening					Moon – Clear		2nd Phase	
Creative Work	Siddha Yoga			Ekadashi* Until 7:39PM	Vaisaka*Vaikasi		Sivaloka Day	
3	Tuesday, May 16, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadashyam Titau					Bradford, UK
Meena Rasi: 18.29	Tithi 27	Gulika	12:03PM – 2:02PM	Revati Until 2:02AM Wed	Ganesha: Clear	Sunrise: 4:04AM	Sun 9 Sutra 29	
		Yama	8:03AM – 10:03AM	Priti Until 5:48PM	Muruga: Clear	Sunset: 8:01PM	Sobhana 5125	
213196579	Rahu	4:02PM – 6:01PM	Kaulava Until 6:54AM	Nataraja: Purple		Moon 5 - Phase 5 - 9		
Creative Work	Siddha Yoga			Dvadashi* Until 6:10PM	Moon – Clear		2nd Phase	
Until 2:02AM Wed					Vaisaka*Vaikasi		Sivaloka Day	
Then Routine Work - Marana Yoga								
4	Wednesday, May 17, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Bradford, UK
Mesha Rasi: 2.09	Tithi 28 – 29	Gulika	10:03AM – 12:03PM	Ashvini Until 1:52AM Thu	Ganesha: Orange	Sunrise: 4:03AM	Sun 10 Sutra 30	
		Yama	6:03AM – 8:03AM	Ayushman Until 3:47PM	Muruga: Clear	Sunset: 8:02PM	Sobhana 5125	
223196579	Rahu	12:03PM – 2:03PM	Visti Until 4:35AM Thu	Nataraja: Purple		Moon 5 - Phase 5 - 10		
Routine Work	Marana Yoga			Trayodashi* Until 5:00PM	Moon – White		2nd Phase	
Until 1:52AM Thu					Vaisaka*Vaikasi		Sivaloka Day	
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)				
5	Thursday, May 18, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Bradford, UK
Mesha Rasi: 15.37	Tithi 29 – 30	Gulika	8:02AM – 10:02AM	Bharani Until 1:58AM Fri	Ganesha: Orange	Sunrise: 4:01AM	Sun 11 Sutra 31	
		Yama	4:01AM – 6:02AM	Saubhagya Until 2:05PM	Muruga: Clear	Sunset: 8:04PM	Sobhana 5125	
223196579	Rahu	2:03PM – 4:03PM	Catuspada Until 4:00AM Fri	Nataraja: Purple		Moon 5 - Phase 5 - 11		
Creative Work	Siddha Yoga			Chaturdashi* Until 4:13PM	Moon – White		2nd Phase	
					Vaisaka*Vaikasi		Sivaloka Day	
6	Friday, May 19, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau					Bradford, UK
Retreat Star		Gulika	6:00AM – 8:01AM	Krittika Until 2:22AM Sat	Ganesha: Orange	Sunrise: 4:00AM	Sun 12 Sutra 32	
Mesha Rasi: 28.52	Tithi 30 – 1	Yama	4:04PM – 6:05PM	Sobhana Until 12:45PM	Muruga: Clear	Sunset: 8:06PM	Sobhana 5125	
223196579	Rahu	10:02AM – 12:03PM	Kintughna Until 3:54AM Sat	Nataraja: Purple		Moon 5 - Phase 5 - 12		
Creative Work	Siddha Yoga			Amavasya* Until 3:52PM	Moon – White		Amavasya	
Until 2:22AM Sat					Vaisaka*Vaikasi		Sivaloka Day	
Then Creative Work - Amrita Yoga								
7	Saturday, May 20, 2023		Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau					Bradford, UK
Retreat Star		Gulika	3:58AM – 5:59AM	Rohini Until 3:35AM Sun	Ganesha: Clear	Sunrise: 3:58AM	Sun 13 Sutra 33	
Vrishabha Rasi: 11.51	Tithi 1 – 2	Yama	2:04PM – 4:05PM	Athiganda* Until 11:46AM	Muruga: Clear	Sunset: 8:07PM	Sobhana 5125	
233196579	Rahu	8:00AM – 10:02AM	Balava Until 4:19AM Sun	Nataraja: Purple		Moon 5 - Phase 5 - 13		
Creative Work	Amrita Yoga			Prathama* Until 4:01PM	Moon – Yellow		Prathama	
Until 3:35AM Sun					Jyeshtha*Vaikasi		Sivaloka Day	
Then Creative Work - Siddha Yoga								

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Bradford, UK on 1/18/22

www.gurudeva.org/panchang

1	Sunday, May 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Bradford, UK
	Vrishabha Rasi: 24.36	Tithi 2 – 3	Gulika	4:06PM – 6:07PM	Mrigashira Until 5:08AM Mon	Ganesha: Clear	Sunrise: 3:57AM
	Creative Work	Siddha Yoga	Yama	12:03PM – 2:04PM	Sukarma Until 11:13AM	Muruga: Clear	Sunset: 8:09PM
			233196579 Rahu	6:07PM – 8:09PM	Taitila Until 5:14AM Mon	Nataraja: Purple	Moon 5 - Phase 6 - 14
					Dvitiya Until 4:42PM	Jyeshtha*Vaikasi	3rd Phase
						Sivaloka Day	
2	Monday, May 22, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Bradford, UK
	Mithuna Rasi: 7.06	Tithi 3 – 4	Gulika	2:05PM – 4:06PM	Ardra Until 7:01AM Tue	Ganesha: Clear	Sunrise: 3:55AM
	Family Home Evening		Yama	10:01AM – 12:03PM	Dhriti Until 11:05AM	Muruga: Clear	Sunset: 8:10PM
	Creative Work	Siddha Yoga	233196579 Rahu	5:57AM – 7:59AM	Vanija Until 6:40AM Tue	Nataraja: Purple	Moon 5 - Phase 6 - 15
					Tritiya Until 5:52PM	Moon – Yellow	3rd Phase
						Jyeshtha*Vaikasi	
						Sivaloka Day	
3	Tuesday, May 23, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Bradford, UK
	Mithuna Rasi: 19.23	Tithi 4	Gulika	12:03PM – 2:05PM	Ardra Until 7:01AM	Ganesha: Clear	Sunrise: 3:54AM
			Yama	7:58AM – 10:01AM	Shula* Until 11:18AM	Muruga: Clear	Sunset: 8:12PM
	Routine Work	Marana Yoga	233196579 Rahu	4:07PM – 6:09PM	Vanija Until 6:40AM	Nataraja: Purple	Moon 5 - Phase 6 - 16
	Until 7:01AM				Chaturthi* Until 7:31PM	Moon – Yellow	3rd Phase
	Then Creative Work - Siddha Yoga					Jyeshtha*Vaikasi	
						Sivaloka Day	
4	Wednesday, May 24, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Panchamyam Titau				Bradford, UK
	Kataka Rasi: 1.31	Tithi 5	Gulika	10:00AM – 12:03PM	Punarvasu Until 9:37AM	Ganesha: Purple	Sunrise: 3:53AM
			Yama	5:55AM – 7:58AM	Ganda* Until 11:50AM	Muruga: Clear	Sunset: 8:13PM
	Creative Work	Siddha Yoga	243196579 Rahu	12:03PM – 2:05PM	Bava Until 8:30AM	Nataraja: Purple	Moon 5 - Phase 6 - 17
					Panchami Until 9:32PM	Moon – Blue	3rd Phase
						Jyeshtha*Vaikasi	
						Subha Sivaloka Day	
5	Thursday, May 25, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Bradford, UK
	Kataka Rasi: 13.29	Tithi 6	Gulika	7:57AM – 10:00AM	Pushya Until 12:22PM	Ganesha: Clear	Sunrise: 3:51AM
			Yama	3:51AM – 5:54AM	Vridhhi Until 12:37PM	Muruga: Clear	Sunset: 8:15PM
	Creative Work	Amrita Yoga	244196579 Rahu	2:06PM – 4:09PM	Kaulava Until 10:40AM	Nataraja: Purple	Moon 5 - Phase 6 - 18
	Until 12:22PM				Shashthi* Until 11:48PM	Moon – Blue	3rd Phase
	Then Creative Work - Siddha Yoga					Jyeshtha*Vaikasi	
						Sivaloka Day	
6	Friday, May 26, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau				Bradford, UK
	Kataka Rasi: 25.24	Tithi 7	Gulika	5:53AM – 7:57AM	Ashlesha* Until 3:05PM	Ganesha: White	Sunrise: 3:50AM
			Yama	4:10PM – 6:13PM	Dhruva Until 1:29PM	Muruga: Clear	Sunset: 8:16PM
	Routine Work	Marana Yoga	344196579 Rahu	10:00AM – 12:03PM	Gara Until 12:59PM	Nataraja: Purple	Moon 5 - Phase 6 - 19
					Saptami Until 2:08AM Sat	Moon – Blue	3rd Phase
						Jyeshtha*Vaikasi	
						Devaloka Day	
D	Saturday, May 27, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau				Bradford, UK
	Retreat Star		Gulika	3:49AM – 5:53AM	Magha* Until 6:07PM	Ganesha: Clear	Sunrise: 3:49AM
	Simha Rasi: 7.18	Tithi 8	Yama	2:07PM – 4:10PM	Vyaghata* Until 2:21PM	Muruga: Clear	Sunset: 8:17PM
	Creative Work	Amrita Yoga	354196579 Rahu	7:56AM – 10:00AM	Visti Until 3:18PM	Nataraja: Purple	Moon 5 - Phase 6 - 20
	Until 6:07PM				Ashtami* Until 4:21AM Sun	Moon – Red	Ashtami
	Then Creative Work - Siddha Yoga					Jyeshtha*Vaikasi	
						Sivaloka Day	
D	Sunday, May 28, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau				Bradford, UK
	Retreat Star		Gulika	4:11PM – 6:15PM	Purvaphalguni Until 8:44PM	Ganesha: Clear	Sunrise: 3:48AM
	Simha Rasi: 19.15	Tithi 9	Yama	12:03PM – 2:07PM	Harshana Until 3:04PM	Muruga: Clear	Sunset: 8:19PM
	Creative Work	Siddha Yoga	354196579 Rahu	6:15PM – 8:19PM	Balava Until 5:22PM	Nataraja: Purple	Moon 5 - Phase 6 - 21
	Until 8:44PM				Navami* Until 6:14AM Mon	Moon – Red	Navami
	Then Creative Work - Amrita Yoga					Jyeshtha*Vaikasi	
						Sivaloka Day	

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

1	Monday, May 29, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau						Bradford, UK
	Kanya Rasi: 1.2	Tithi 9 – 10	Gulika	2:08PM – 4:12PM	Uttaraphalguni Until 10:45PM	Ganesha: Clear	Sunrise: 3:47AM	Sun 22	Sutra 42
	Family Home Evening	354196579	Yama	9:59AM – 12:03PM	Vajra* Until 3:26PM	Muruga: Clear	Sunset: 8:20PM	Moon 5 - Phase 7 - 22	Sobhana 5125
	Creative Work	Siddha Yoga	Rahu	5:51AM – 7:55AM	Taitila Until 7:01PM	Nataraja: Purple		4th Phase	
			Navami* Until 6:14AM			Moon – Red	Sivaloka Day		
						Jyeshtha*Vaikasi			
2	Tuesday, May 30, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau						Bradford, UK
	Kanya Rasi: 13.39	Tithi 10 – 11	Gulika	12:04PM – 2:08PM	Hasta Until 12:29AM Wed	Ganesha: Purple	Sunrise: 3:46AM	Sun 23	Sutra 43
			Yama	7:55AM – 9:59AM	Siddhi Until 3:22PM	Muruga: Clear	Sunset: 8:21PM	Moon 5 - Phase 7 - 23	Sobhana 5125
	364196579	Rahu	4:12PM – 6:17PM	Vanija Until 8:03PM	Nataraja: Purple		4th Phase		
			Dashami Until 7:36AM			Moon – Green	Devaloka Day		
						Jyeshtha*Vaikasi			
3	Wednesday, May 31, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau						Bradford, UK
	Kanya Rasi: 26.15	Tithi 11 – 12	Gulika	9:59AM – 12:04PM	Chitra Until 1:19AM Thu	Ganesha: Purple	Sunrise: 3:45AM	Sun 24	Sutra 44
			Yama	5:50AM – 7:54AM	Vyatipata* Until 2:45PM	Muruga: Clear	Sunset: 8:23PM	Moon 5 - Phase 7 - 24	Sobhana 5125
	364196579	Rahu	12:04PM – 2:08PM	Bava Until 8:21PM	Nataraja: Purple		4th Phase		
			Ekadashi Until 8:16AM			Moon – Green	Devaloka Day		
						Jyeshtha*Vaikasi			
4	Thursday, June 1, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau						Bradford, UK
	Tula Rasi: 9.13	Tithi 12 – 13	Gulika	7:54AM – 9:59AM	Svati Until 1:15AM Fri	Ganesha: Purple	Sunrise: 3:44AM	Sun 25	Sutra 45
			Yama	3:44AM – 5:49AM	Variyan Until 1:30PM	Muruga: Clear	Sunset: 8:24PM	Moon 5 - Phase 7 - 25	Sobhana 5125
	364196579	Rahu	2:09PM – 4:14PM	Kaulava Until 7:53PM	Nataraja: Purple		4th Phase		
			Dvadashi Until 8:11AM			Moon – Green	Devaloka Day		
						Jyeshtha*Vaikasi			
						Pradosha Vrata			
5	Friday, June 2, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Bradford, UK
	Tula Rasi: 22.35	Tithi 13 – 14	Gulika	5:48AM – 7:53AM	Vishakha Until 12:47AM Sat	Ganesha: White	Sunrise: 3:43AM	Sun 26	Sutra 46
			Yama	4:14PM – 6:20PM	Parigha* Until 11:40AM	Muruga: Clear	Sunset: 8:25PM	Moon 5 - Phase 7 - 26	Sobhana 5125
	374296579	Rahu	9:59AM – 12:04PM	Gara Until 6:41PM	Nataraja: Purple		4th Phase		
			Trayodashi Until 7:21AM			Moon – Orange	Subha Sivaloka Day		
			Vaikasi Visakam			Jyeshtha*Vaikasi			
O	Saturday, June 3, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Purnimayam Titau						Bradford, UK
	Copper Retreat Star		Gulika	3:42AM – 5:48AM	Anuradha Until 11:34PM	Ganesha: White	Sunrise: 3:42AM	Sun 27	Sutra 47
	Vrischika Rasi: 6.2	Tithi 15	Yama	2:10PM – 4:15PM	Shiva Until 9:19AM	Muruga: Clear	Sunset: 8:26PM	Moon 5 - Phase 7 - 27	Sobhana 5125
	374296579	Rahu	7:53AM – 9:59AM	Visti Until 4:51PM	Nataraja: Purple		Purnima		
			Purnima* Until 3:43AM Sun			Moon – Orange	Subha Sivaloka Day		
						Jyeshtha*Vaikasi			
	Sunday, June 4, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Prathamayam Titau						Bradford, UK
	Silver Retreat Star		Gulika	4:16PM – 6:21PM	Jyeshtha* Until 9:45PM	Ganesha: White	Sunrise: 3:41AM	Sutra 48	
	Vrischika Rasi: 20.28	Tithi 16	Yama	12:04PM – 2:10PM	Siddha Until 6:28AM	Muruga: Clear	Sunset: 8:27PM	Moon 5 - Phase 7 -	Sobhana 5125
	374296579	Rahu	6:21PM – 8:27PM	Balava Until 2:30PM	Nataraja: Purple		Prathama		
			Prathama* Until 1:10AM Mon			Moon – Orange	Subha Sivaloka Day		
						Jyeshtha*Vaikasi			

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

**Monday, June 5, 2023****Gold Retreat Star**

Dhanus Rasi: 4.53 Tithi 17
Family Home Evening
 Creative Work Siddha Yoga
 Until 7:53PM
 Then Routine Work - Marana Yoga

384296571
 Rahu

Gulika 2:10PM – 4:16PM
 Yama 9:58AM – 12:04PM
Rahu 5:47AM – 7:53AM

Sobhana Nama Samvatsare Uтарыane Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
 Mula* Nakshatra Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Mula* Until 7:53PM
 Subha Until 11:55PM
 Taitila Until 11:48AM
Dvitiya Until 10:20PM

Ganesha: Yellow *Sunrise:* 3:41AM
Muruga: Clear *Sunset:* 8:28PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Sivaloka Day

Bradford, UK
 Sun 1 Sutra 49
 Sobhana 5125
 Moon 6 - Phase 8 - 1
 1st Phase

1**Tuesday, June 6, 2023**

Dhanus Rasi: 19.29 Tithi 18
 Creative Work Siddha Yoga
 Until 5:44PM
 Then Routine Work - Prabalarishta Yoga

385296571
 Rahu

Gulika 12:05PM – 2:11PM
 Yama 7:52AM – 9:58AM
Rahu 4:17PM – 6:23PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
 Purvashadha*Uttarashadha Nakshatra Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Purvashadha* Until 5:44PM
 Sukla Until 8:24PM
 Vanija Until 8:53AM
Tritiya Until 7:22PM

Ganesha: White *Sunrise:* 3:40AM
Muruga: Clear *Sunset:* 8:29PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Devaloka Day

Bradford, UK
 Sun 2 Sutra 50
 Sobhana 5125
 Moon 6 - Phase 8 - 2
 1st Phase

2**Wednesday, June 7, 2023**

Makara Rasi: 4.09 Tithi 19 – 20
 Creative Work Amrita Yoga
 Until 3:26PM
 Then Creative Work - Siddha Yoga

385296571
 Rahu

Gulika 9:58AM – 12:05PM
 Yama 5:46AM – 7:52AM
Rahu 12:05PM – 2:11PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
 Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Uttarashadha Until 3:26PM
 Brahma Until 4:54PM
 Kaulava Until 2:57AM Thu
Chaturthi* Until 4:23PM

Ganesha: White *Sunrise:* 3:39AM
Muruga: Clear *Sunset:* 8:30PM
Nataraja: Blue
 Moon – Light Blue
Jyeshtha*Vaikasi

Devaloka Day

Bradford, UK
 Sun 3 Sutra 51
 Sobhana 5125
 Moon 6 - Phase 8 - 3
 1st Phase

3**Thursday, June 8, 2023**

Makara Rasi: 18.46 Tithi 20 – 21
 Creative Work Siddha Yoga

395296571
 Rahu

Gulika 7:52AM – 9:58AM
 Yama 3:39AM – 5:45AM
Rahu 2:11PM – 4:18PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
 Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Shravana Until 1:31PM
 Indra Until 1:31PM
 Gara Until 12:13AM Fri
Panchami Until 1:32PM

Ganesha: Yellow *Sunrise:* 3:39AM
Muruga: Clear *Sunset:* 8:31PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Bradford, UK
 Sun 4 Sutra 52
 Sobhana 5125
 Moon 6 - Phase 8 - 4
 1st Phase

4**Friday, June 9, 2023**

Kumbha Rasi: 3.14 Tithi 21 – 22
 Creative Work Siddha Yoga

395296571
 Rahu

Gulika 5:45AM – 7:52AM
 Yama 4:19PM – 6:25PM
Rahu 9:58AM – 12:05PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
 Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dhanishtha Until 11:42AM
 Vaidhriti* Until 10:18AM
 Visti Until 9:44PM
Shashthi* Until 10:55AM

Ganesha: Yellow *Sunrise:* 3:38AM
Muruga: Clear *Sunset:* 8:32PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Bradford, UK
 Sun 5 Sutra 53
 Sobhana 5125
 Moon 6 - Phase 8 - 5
 1st Phase

D**Saturday, June 10, 2023****Retreat Star**

Kumbha Rasi: 17.31 Tithi 22 – 23
 Creative Work Amrita Yoga
 Until 10:04AM
 Then Routine Work - Marana Yoga

395296571
 Rahu

Gulika 3:38AM – 5:45AM
 Yama 2:12PM – 4:19PM
Rahu 7:52AM – 9:58AM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
 Shatabhishak/Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Shatabhishak Until 10:04AM
 Vishkambha* Until 7:21AM
 Balava Until 7:37PM
Saptami Until 8:36AM

Ganesha: Yellow *Sunrise:* 3:38AM
Muruga: Clear *Sunset:* 8:33PM
Nataraja: Blue
 Moon – Purple
Jyeshtha*Vaikasi

Sivaloka Day

Bradford, UK
 Sun 6 Sutra 54
 Sobhana 5125
 Moon 6 - Phase 8 - 6
 Ashtami

Sunday, June 11, 2023**Retreat Star**

Meena Rasi: 1.32 Tithi 23 – 24
 Creative Work Siddha Yoga
 Until 9:05AM
 Then Creative Work - Amrita Yoga

315296571
 Rahu

Gulika 4:20PM – 6:27PM
 Yama 12:05PM – 2:13PM
Rahu 6:27PM – 8:34PM

Sobhana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Purvaproshtapada*/Uttaraproshtapada Nakshatra Ayushman Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Purvaproshtapada* Until 9:05AM
 Ayushman Until 2:24AM Mon
 Gara Until 5:09AM Mon
Ashtami* Until 6:40AM

Ganesha: Clear *Sunrise:* 3:37AM
Muruga: Clear *Sunset:* 8:34PM
Nataraja: Blue
 Moon – Clear
Jyeshtha*Vaikasi

Sivaloka Day

Bradford, UK
 Sun 7 Sutra 55
 Sobhana 5125
 Moon 6 - Phase 8 - 7
 Navami

1	Monday, June 12, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dashamyam Titau						Sun 8	Sutra 56
	Meena Rasi: 15.19	Tithi 25	Gulika	2:13PM – 4:20PM	Uttaraproshtapada Until 8:22AM	Ganesha: Clear	Sunrise: 3:37AM	Moon 6 - Phase 9 - 8	Sobhana 5125	
	Family Home Evening	315296571	Yama	9:59AM – 12:06PM	Saubhagya Until 12:26AM Tue	Muruga: Clear	Sunset: 8:34PM	2nd Phase		
	Creative Work	Siddha Yoga	Rahu	5:44AM – 7:51AM	Vanija Until 4:33PM	Nataraja: Blue				
					Dashami Until 4:02AM Tue	Moon – Clear	Jyeshtha*Vaikasi	Sivaloka Day		
2	Tuesday, June 13, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana Yoga Bava/Balava Karana Ekadashyam Titau						Sun 9	Sutra 57
	Meena Rasi: 28.5	Tithi 26	Gulika	12:06PM – 2:13PM	Revati Until 7:55AM	Ganesha: Clear	Sunrise: 3:37AM	Moon 6 - Phase 9 - 9	Sobhana 5125	
		315296571	Yama	7:51AM – 9:59AM	Sobhana Until 10:49PM	Muruga: Clear	Sunset: 8:35PM	2nd Phase		
	Creative Work	Siddha Yoga	Rahu	4:20PM – 6:28PM	Bava Until 3:39PM	Nataraja: Blue				
					Ekadashi* Until 3:20AM Wed	Moon – Clear	Jyeshtha*Vaikasi	Sivaloka Day		
3	Wednesday, June 14, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau						Sun 10	Sutra 58
	Mesha Rasi: 12.08	Tithi 27	Gulika	9:59AM – 12:06PM	Ashvini Until 8:10AM	Ganesha: White	Sunrise: 3:36AM	Moon 6 - Phase 9 - 10	Sobhana 5125	
		325296571	Yama	5:44AM – 7:51AM	Athiganda* Until 9:30PM	Muruga: Clear	Sunset: 8:36PM	2nd Phase		
	Routine Work	Marana Yoga	Rahu	12:06PM – 2:13PM	Kaulava Until 3:10PM	Nataraja: Blue				
					Dvadashi* Until 3:03AM Thu	Moon – White	Jyeshtha*Vaikasi	Devaloka Day		
4	Thursday, June 15, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau						Sun 11	Sutra 59
	Mesha Rasi: 25.12	Tithi 28	Gulika	7:51AM – 9:59AM	Bharani Until 8:41AM	Ganesha: Yellow	Sunrise: 3:36AM	Moon 6 - Phase 9 - 11	Sobhana 5125	
		326296571	Yama	3:36AM – 5:44AM	Sukarma Until 8:31PM	Muruga: Clear	Sunset: 8:36PM	2nd Phase		
	Creative Work	Siddha Yoga	Rahu	2:14PM – 4:21PM	Gara Until 3:05PM	Nataraja: Blue				
					Trayodashi* Until 3:10AM Fri	Moon – White	Jyeshtha*Ani	Sivaloka Day		
					Pradosha Vrata (Fasting)					
5	Friday, June 16, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau						Sun 12	Sutra 60
	Vrishabha Rasi: 8.04	Tithi 29	Gulika	5:44AM – 7:51AM	Krittika Until 9:27AM	Ganesha: Yellow	Sunrise: 3:36AM	Moon 6 - Phase 9 - 12	Sobhana 5125	
		326296571	Yama	4:22PM – 6:29PM	Dhriti Until 7:52PM	Muruga: Clear	Sunset: 8:37PM	2nd Phase		
	Creative Work	Siddha Yoga	Rahu	9:59AM – 12:06PM	Visti Until 3:24PM	Nataraja: Blue				
					Chaturdashi* Until 3:42AM Sat	Moon – White	Jyeshtha*Ani	Sivaloka Day		
	Saturday, June 17, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau						Sun 13	Sutra 61
	Retreat Star		Gulika	3:36AM – 5:44AM	Rohini Until 10:55AM	Ganesha: Red	Sunrise: 3:36AM	Moon 6 - Phase 9 - 13	Sobhana 5125	
	Vrishabha Rasi: 20.45	Tithi 30	Yama	2:14PM – 4:22PM	Shula* Until 7:31PM	Muruga: Clear	Sunset: 8:37PM	Amavasya		
	Creative Work	Amrita Yoga	Rahu	7:51AM – 9:59AM	Catuspada Until 4:08PM	Nataraja: Blue				
					Amavasya* Until 4:38AM Sun	Moon – Yellow	Jyeshtha*Ani	Sivaloka Day		
	Sunday, June 18, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau						Sun 14	Sutra 62
	Retreat Star		Gulika	4:22PM – 6:30PM	Mrigashira Until 12:36PM	Ganesha: Red	Sunrise: 3:36AM	Moon 6 - Phase 9 - 14	Sobhana 5125	
	Mithuna Rasi: 3.14	Tithi 1	Yama	12:07PM – 2:15PM	Ganda* Until 7:29PM	Muruga: Yellow	Sunset: 8:38PM	Prathama		
		336216571	Rahu	6:30PM – 8:38PM	Kintughna Until 5:16PM	Nataraja: Blue				
					Prathama* Until 5:57AM Mon	Moon – Yellow	Ashada*Ani	Sivaloka Day		
					Father's Day					

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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1	Monday, June 19, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi Yoga Balava Karana Dvitiyayam Titau				Bradford, UK Sun 15 Sutra 63	
	Mithuna Rasi: 15.34	Tithi 2	Gulika	2:15PM – 4:23PM	Ardra Until 2:31PM	Ganesha: Red	<i>Sunrise:</i> 3:36AM	Sobhana 5125
	Family Home Evening		Yama	9:59AM – 12:07PM	Vriddhi Until 7:46PM	Muruga: Yellow	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 10 - 15
	Creative Work Siddha Yoga	336216571	Rahu	5:44AM – 7:52AM	Balava Until 6:47PM	Nataraja: Blue		3rd Phase
	Until 2:31PM				Dvitiya Until 7:39AM Tue	Moon – Yellow	Sivaloka Day	
	Then Creative Work - Amrita Yoga					Ashada•Ani		
2	Tuesday, June 20, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Bradford, UK Sun 16 Sutra 64	
	Mithuna Rasi: 27.44	Tithi 2 – 3	Gulika	12:07PM – 2:15PM	Punarvasu Until 5:07PM	Ganesha: Yellow	<i>Sunrise:</i> 3:36AM	Sobhana 5125
			Yama	7:52AM – 10:00AM	Dhruva Until 8:17PM	Muruga: Yellow	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 10 - 16
		346216571	Rahu	4:23PM – 6:31PM	Taitila Until 8:38PM	Nataraja: Blue		3rd Phase
	Creative Work Siddha Yoga				Dvitiya Until 7:39AM	Moon – Blue	Sivaloka Day	
						Ashada•Ani		
3	Wednesday, June 21, 2023		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Bradford, UK Sun 17 Sutra 65	
	Kataka Rasi: 9.46	Tithi 3 – 4	Gulika	10:00AM – 12:07PM	Pushya Until 7:49PM	Ganesha: Yellow	<i>Sunrise:</i> 3:36AM	Sobhana 5125
			Yama	5:44AM – 7:52AM	Vyaghata* Until 9:03PM	Muruga: Yellow	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 10 - 17
		346216571	Rahu	12:07PM – 2:15PM	Vanija Until 10:48PM	Nataraja: Blue		3rd Phase
	Creative Work Siddha Yoga				Tritiya Until 9:40AM	Moon – Blue	Sivaloka Day	
						Ashada•Ani		
4	Thursday, June 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bradford, UK Sun 18 Sutra 66	
	Kataka Rasi: 21.42	Tithi 4 – 5	Gulika	7:52AM – 10:00AM	Ashlesha* Until 10:34PM	Ganesha: Yellow	<i>Sunrise:</i> 3:37AM	Sobhana 5125
			Yama	3:37AM – 5:44AM	Harshana Until 9:59PM	Muruga: Yellow	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 10 - 18
		346216571	Rahu	2:15PM – 4:23PM	Bava Until 1:09AM Fri	Nataraja: Blue		3rd Phase
	Creative Work Siddha Yoga				Chaturthi* Until 11:56AM	Moon – Blue	Sivaloka Day	
	Until 10:34PM					Ashada•Ani		
	Then Creative Work - Amrita Yoga							
5	Friday, June 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Bradford, UK Sun 19 Sutra 67	
	Simha Rasi: 3.35	Tithi 5 – 6	Gulika	5:45AM – 7:52AM	Magha* Until 1:43AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 3:37AM	Sobhana 5125
			Yama	4:23PM – 6:31PM	Vajra* Until 10:56PM	Muruga: Yellow	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 10 - 19
		357216571	Rahu	10:00AM – 12:08PM	Kaulava Until 3:33AM Sat	Nataraja: Blue		3rd Phase
	Routine Work Marana Yoga				Panchami Until 2:20PM	Moon – Red	Sivaloka Day	
	Until 1:43AM Sat					Ashada•Ani		
	Then Creative Work - Siddha Yoga							
6	Saturday, June 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bradford, UK Sun 20 Sutra 68	
	Simha Rasi: 15.26	Tithi 6 – 7	Gulika	3:37AM – 5:45AM	Purvaphalguni Until 4:35AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 3:37AM	Sobhana 5125
			Yama	2:16PM – 4:23PM	Siddhi Until 11:50PM	Muruga: Yellow	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 10 - 20
		357216571	Rahu	7:53AM – 10:00AM	Gara Until 5:50AM Sun	Nataraja: Blue		3rd Phase
	Creative Work Siddha Yoga				Shashthi* Until 4:42PM	Moon – Red	Sivaloka Day	
	Until 4:35AM Sun					Ashada•Ani		
	Then Creative Work - Amrita Yoga							
D	Sunday, June 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Vanija Karana Saptamyam Titau				Bradford, UK Sun 21 Sutra 69	
	Retreat Star		Gulika	4:24PM – 6:31PM	Uttaraphalguni Until 6:59AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 3:38AM	Sobhana 5125
	Simha Rasi: 27.22	Tithi 7	Yama	12:08PM – 2:16PM	Vyatipata* Until 12:32AM Mon	Muruga: Yellow	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 10 - 21
		357216571	Rahu	6:31PM – 8:39PM	Vanija Until 6:50PM	Nataraja: Blue		3rd Phase
	Creative Work Amrita Yoga				Saptami Until 6:50PM	Moon – Red	Sivaloka Day	
	Until 6:59AM Mon					Ashada•Ani		
	Then Creative Work - Siddha Yoga							
D	Monday, June 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Bradford, UK Sun 22 Sutra 70	
	Retreat Star		Gulika	2:16PM – 4:24PM	Uttaraphalguni Until 6:59AM	Ganesha: Yellow	<i>Sunrise:</i> 3:38AM	Sobhana 5125
	Kanya Rasi: 9.25	Tithi 8	Yama	10:01AM – 12:08PM	Variyan Until 12:49AM Tue	Muruga: Yellow	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 10 - 22
	Family Home Evening	357216571	Rahu	5:46AM – 7:53AM	Visti Until 7:46AM	Nataraja: Blue		Ashtami
	Creative Work Siddha Yoga				Ashtami* Until 8:31PM	Moon – Red	Sivaloka Day	
			Chidambaram Abhishekam			Ashada•Ani		
D	Tuesday, June 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Bradford, UK Sun 23 Sutra 71	
	Retreat Star		Gulika	12:09PM – 2:16PM	Hasta Until 9:10AM	Ganesha: Clear	<i>Sunrise:</i> 3:39AM	Sobhana 5125
	Kanya Rasi: 21.41	Tithi 9	Yama	7:54AM – 10:01AM	Parigha* Until 12:35AM Wed	Muruga: Yellow	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 10 - 23
		367316571	Rahu	4:24PM – 6:31PM	Balava Until 9:09AM	Nataraja: Blue		Navami
	Creative Work Siddha Yoga				Navami* Until 9:33PM	Moon – Green	Sivaloka Day	
						Ashada•Ani		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

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1	Wednesday, June 28, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva Yoga Taitila/Gara Karana Dashamyam Titau				Bradford, UK Sun 24 Sutra 72	
	Tula Rasi: 4.16	Tithi 10	Gulika 10:01AM – 12:09PM	Chitra Until 10:29AM	Ganesha: Clear	<i>Sunrise:</i> 3:39AM	Sobhana 5125	
			Yama 5:47AM – 7:54AM	Shiva Until 11:44PM	Muruga: Yellow	<i>Sunset:</i> 8:39PM	Moon 6 - Phase 11 - 24	
	Creative Work	Siddha Yoga	367316571 Rahu 12:09PM – 2:16PM	Taitila Until 9:48AM	Nataraja: Blue		4th Phase	
				Dashami Until 9:48PM	Moon – Green		Sivaloka Day	
					Ashada*Ani			
2	Thursday, June 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau				Bradford, UK Sun 25 Sutra 73	
	Tula Rasi: 17.14	Tithi 11	Gulika 7:54AM – 10:02AM	Svati Until 10:49AM	Ganesha: White	<i>Sunrise:</i> 3:40AM	Sobhana 5125	
			Yama 3:40AM – 5:47AM	Siddha Until 10:11PM	Muruga: Yellow	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 11 - 25	
	Creative Work	Amrita Yoga	368316571 Rahu 2:16PM – 4:24PM	Vanija Until 9:37AM	Nataraja: Blue		4th Phase	
	Until 10:49AM			Ekadashi Until 9:11PM	Moon – Green		Devaloka Day	
	Then Creative Work - Siddha Yoga				Ashada*Ani			
3	Friday, June 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya Yoga Bava/Balava Karana Dvadashyam Titau				Bradford, UK Sun 26 Sutra 74	
	Vrischika Rasi: 0.4	Tithi 12	Gulika 5:48AM – 7:55AM	Vishakha Until 10:38AM	Ganesha: Clear	<i>Sunrise:</i> 3:40AM	Sobhana 5125	
			Yama 4:24PM – 6:31PM	Sadhya Until 7:59PM	Muruga: Yellow	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 11 - 26	
	Creative Work	Siddha Yoga	378316571 Rahu 10:02AM – 12:09PM	Bava Until 8:35AM	Nataraja: Blue		4th Phase	
				Dvadashi Until 7:45PM	Moon – Orange		Sivaloka Day	
					Ashada*Ani			
4	Saturday, July 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Bradford, UK Sun 27 Sutra 75	
	Vrischika Rasi: 14.34	Tithi 13 – 14	Gulika 3:41AM – 5:48AM	Anuradha Until 9:32AM	Ganesha: Clear	<i>Sunrise:</i> 3:41AM	Sobhana 5125	
			Yama 2:17PM – 4:24PM	Subha Until 5:12PM	Muruga: Yellow	<i>Sunset:</i> 8:38PM	Moon 6 - Phase 11 - 27	
	Creative Work	Siddha Yoga	378316571 Rahu 7:55AM – 10:02AM	Kaulava Until 6:47AM	Nataraja: Blue		4th Phase	
				Trayodashi Until 5:36PM	Moon – Orange		Sivaloka Day	
					Ashada*Ani			
					<i>Pradosha Vrata</i>			
	Sunday, July 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Bradford, UK Sutra 76	
	Copper Retreat Star		Gulika 4:24PM – 6:30PM	Jyeshtha* Until 7:38AM	Ganesha: Clear	<i>Sunrise:</i> 3:42AM	Sobhana 5125	
	Vrischika Rasi: 28.55	Tithi 14 – 15	Yama 12:10PM – 2:17PM	Sukla Until 1:54PM	Muruga: Yellow	<i>Sunset:</i> 8:37PM	Moon 6 - Phase 11 -	
			378316571 Rahu 6:30PM – 8:37PM	Visti Until 1:18AM Mon	Nataraja: Blue		Purnima	
	Routine Work	Marana Yoga		Chaturdashi* Until 2:50PM	Moon – Orange		Sivaloka Day	
	Until 7:38AM		Satguru Purnima		Ashada*Ani			
	Then Creative Work - Amrita Yoga							
	Monday, July 3, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bradford, UK Sutra 77	
	Silver Retreat Star		Gulika 2:17PM – 4:23PM	Purvashadha* Until 2:56AM Tue	Ganesha: Purple	<i>Sunrise:</i> 3:43AM	Sobhana 5125	
	Dhanus Rasi: 13.37	Tithi 15 – 16	Yama 10:03AM – 12:10PM	Brahma Until 10:14AM	Muruga: Yellow	<i>Sunset:</i> 8:37PM	Moon 6 - Phase 11 -	
	Family Home Evening		388316571 Rahu 5:49AM – 7:56AM	Balava Until 9:57PM	Nataraja: Blue		Prathama	
	Routine Work	Marana Yoga		Purnima* Until 11:39AM	Moon – Light Blue		Devaloka Day	
	Until 2:56AM Tue				Ashada*Ani			
	Then Routine Work - Prabalarishta Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 1/18/22

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Tuesday, July 4, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bradford, UK

Sutra 78

Sobhana 5125

Moon 7 - Phase 12 - 1st Phase

Dhanus Rasi: 28.34 Tithi 16 – 17

398316571

Gulika

12:10PM – 2:17PM

Yama

7:57AM – 10:03AM

Rahu

4:23PM – 6:30PM

Uttarashadha Until 12:05AM Wed

Indra Until 6:21AM

Taitila Until 6:25PM

Prathama* Until 8:11AM

Ganesha: Purple

Sunrise: 3:43AM

Muruga: Yellow

Sunset: 8:36PM

Nataraja: Blue

Moon – Light Blue

Ashada*Ani

Devaloka Day

Routine Work Prabalarishta Yoga

Until 12:05AM Wed

Then Creative Work - Siddha Yoga

1

Wednesday, July 5, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Bradford, UK

Sun 1 Sutra 79

Sobhana 5125

Moon 7 - Phase 12 - 1st Phase

Makara Rasi: 13.37 Tithi 18

398316571

Gulika

10:04AM – 12:10PM

Yama

5:51AM – 7:57AM

Rahu

12:10PM – 2:17PM

Shravana Until 9:31PM

Vishkambha* Until 10:23PM

Vanija Until 2:52PM

Tritiya Until 1:07AM Thu

Ganesha: Clear

Sunrise: 3:44AM

Muruga: Yellow

Sunset: 8:36PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

Until 9:31PM

Then Routine Work - Prabalarishta Yoga

2

Thursday, July 6, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Bava/Balava Karana Chaturthiyam Titau

Bradford, UK

Sun 2 Sutra 80

Sobhana 5125

Moon 7 - Phase 12 - 2 1st Phase

Makara Rasi: 28.36 Tithi 19

399316571

Gulika

7:58AM – 10:04AM

Yama

3:45AM – 5:51AM

Rahu

2:17PM – 4:23PM

Dhanishtha Until 7:01PM

Priti Until 6:36PM

Bava Until 11:27AM

Chaturthi* Until 9:50PM

Ganesha: Purple

Sunrise: 3:45AM

Muruga: Yellow

Sunset: 8:35PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Friday, July 7, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Panchamyam Titau

Bradford, UK

Sun 3 Sutra 81

Sobhana 5125

Moon 7 - Phase 12 - 3 1st Phase

Kumbha Rasi: 13.23 Tithi 20

499316571

Gulika

5:52AM – 7:58AM

Yama

4:23PM – 6:29PM

Rahu

10:04AM – 12:10PM

Shatabhishak Until 4:43PM

Ayushman Until 3:04PM

Kaulava Until 8:20AM

Panchami Until 6:54PM

Ganesha: Clear

Sunrise: 3:46AM

Muruga: Yellow

Sunset: 8:35PM

Nataraja: Blue

Moon – Purple

Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

4

Saturday, July 8, 2023

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Bradford, UK

Sun 4 Sutra 82

Sobhana 5125

Moon 7 - Phase 12 - 4 1st Phase

Kumbha Rasi: 27.53 Tithi 21 – 22

419316571

Gulika

3:47AM – 5:53AM

Yama

2:16PM – 4:22PM

Rahu

7:59AM – 10:05AM

Purvaproshtapada* Until 3:09PM

Saubhagya Until 11:56AM

Visti Until 3:26AM Sun

Shashthi* Until 4:26PM

Ganesha: Yellow

Sunrise: 3:47AM

Muruga: Yellow

Sunset: 8:34PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Routine Work Marana Yoga

Until 3:09PM

Then Creative Work - Siddha Yoga

D

Sunday, July 9, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bradford, UK

Sun 5 Sutra 83

Sobhana 5125

Moon 7 - Phase 12 - 5 Ashtami

Meena Rasi: 12.01 Tithi 22 – 23

419316571

Gulika

4:22PM – 6:28PM

Yama

12:11PM – 2:16PM

Rahu

6:28PM – 8:33PM

Uttaraproshtapada Until 2:01PM

Sobhana Until 9:15AM

Balava Until 1:50AM Mon

Saptami Until 2:32PM

Ganesha: Yellow

Sunrise: 3:48AM

Muruga: Yellow

Sunset: 8:33PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Creative Work Amrita Yoga

Monday, July 10, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukama Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bradford, UK

Sun 6 Sutra 84

Sobhana 5125

Moon 7 - Phase 12 - 6 Navami

Meena Rasi: 25.47 Tithi 23 – 24

419316571

Gulika

2:16PM – 4:22PM

Yama

10:05AM – 12:11PM

Rahu

5:55AM – 8:00AM

Revati Until 1:20PM

Athiganda* Until 7:02AM

Taitila Until 12:51AM Tue

Ashtami* Until 1:15PM

Ganesha: Yellow

Sunrise: 3:49AM

Muruga: Yellow

Sunset: 8:32PM

Nataraja: Blue

Moon – Clear

Ashada*Ani

Sivaloka Day

Creative Work Siddha Yoga

1	Tuesday, July 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Bradford, UK	
	Mesha Rasi: 9.1	Tithi 24 – 25	Gulika	12:11PM – 2:16PM	Ashvini Until 1:33PM	Ganesha: Blue	Sunrise: 3:51AM	Sun 7 Sutra 85
			Yama	8:01AM – 10:06AM	Dhriti Until 4:08AM Wed	Muruga: Yellow	Sunset: 8:31PM	Sobhana 5125
	429316571	Rahu	4:21PM – 6:26PM	Vanija Until 12:29AM Wed	Nataraja: Blue	Moon – White	Moon 7 - Phase 13 - 7	
Creative Work		Siddha Yoga		Navami* Until 12:34PM	Ashada*Ani	Subha Sivaloka Day		2nd Phase
2	Wednesday, July 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Bradford, UK	
	Mesha Rasi: 22.15	Tithi 25 – 26	Gulika	10:06AM – 12:11PM	Bharani Until 2:12PM	Ganesha: Blue	Sunrise: 3:52AM	Sun 8 Sutra 86
			Yama	5:57AM – 8:01AM	Shula* Until 3:21AM Thu	Muruga: Yellow	Sunset: 8:31PM	Sobhana 5125
	429316571	Rahu	12:11PM – 2:16PM	Bava Until 12:40AM Thu	Nataraja: Blue	Moon – White	Moon 7 - Phase 13 - 8	
Creative Work		Siddha Yoga		Dashami Until 12:29PM	Ashada*Ani	Subha Sivaloka Day		2nd Phase
Until 2:12PM								
Then Creative Work - Amrita Yoga								
3	Thursday, July 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bradford, UK	
	Mrishabha Rasi: 5.04	Tithi 26 – 27	Gulika	8:02AM – 10:07AM	Krittika Until 3:12PM	Ganesha: Purple	Sunrise: 3:53AM	Sun 9 Sutra 87
			Yama	3:53AM – 5:57AM	Ganda* Until 2:56AM Fri	Muruga: Yellow	Sunset: 8:30PM	Sobhana 5125
	421316571	Rahu	2:16PM – 4:20PM	Kaulava Until 1:20AM Fri	Nataraja: Blue	Moon – White	Moon 7 - Phase 13 - 9	
Routine Work		Marana Yoga		Ekadashi* Until 12:55PM	Ashada*Ani	Subha Sivaloka Day		2nd Phase
4	Friday, July 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Bradford, UK	
	Mrishabha Rasi: 17.39	Tithi 27 – 28	Gulika	5:58AM – 8:03AM	Rohini Until 4:56PM	Ganesha: Clear	Sunrise: 3:54AM	Sun 10 Sutra 88
			Yama	4:20PM – 6:24PM	Vriddhi Until 2:51AM Sat	Muruga: Yellow	Sunset: 8:28PM	Sobhana 5125
	431316571	Rahu	10:07AM – 12:11PM	Gara Until 2:24AM Sat	Nataraja: Blue	Moon – Yellow	Moon 7 - Phase 13 - 10	
Routine Work		Marana Yoga		Dvadashi* Until 1:48PM	Ashada*Ani	Sivaloka Day		2nd Phase
Until 4:56PM								
Then Creative Work - Siddha Yoga				Pradosha Vrata (Fasting)				
5	Saturday, July 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bradford, UK	
	Mithuna Rasi: 0.03	Tithi 28 – 29	Gulika	3:55AM – 5:59AM	Mrigashira Until 6:53PM	Ganesha: Clear	Sunrise: 3:55AM	Sun 11 Sutra 89
			Yama	2:15PM – 4:19PM	Dhruva Until 3:02AM Sun	Muruga: Yellow	Sunset: 8:27PM	Sobhana 5125
	431316571	Rahu	8:03AM – 10:07AM	Visti Until 3:50AM Sun	Nataraja: Blue	Moon – Yellow	Moon 7 - Phase 13 - 11	
Creative Work		Siddha Yoga		Trayodashi* Until 3:04PM	Ashada*Ani	Sivaloka Day		2nd Phase
6	Sunday, July 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bradford, UK	
	Mithuna Rasi: 12.19	Tithi 29 – 30	Gulika	4:19PM – 6:23PM	Ardra Until 8:59PM	Ganesha: Clear	Sunrise: 3:57AM	Sun 12 Sutra 90
			Yama	12:11PM – 2:15PM	Vyaghata* Until 3:27AM Mon	Muruga: Yellow	Sunset: 8:26PM	Sobhana 5125
	431316571	Rahu	6:23PM – 8:26PM	Catuspada Until 5:35AM Mon	Nataraja: Blue	Moon – Yellow	Moon 7 - Phase 13 - 12	
Creative Work		Siddha Yoga		Chaturdashi* Until 4:39PM	Ashada*Adi	Sivaloka Day		2nd Phase
	Monday, July 17, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Harshana Yoga Naga* Karana Amavasyayam Titau				Bradford, UK	
	Retreat Star		Gulika	2:15PM – 4:18PM	Punarvasu Until 11:40PM	Ganesha: Orange	Sunrise: 3:58AM	Sun 13 Sutra 91
	Mithuna Rasi: 24.27	Tithi 30	Yama	10:08AM – 12:12PM	Harshana Until 4:05AM Tue	Muruga: Yellow	Sunset: 8:25PM	Sobhana 5125
	441316572	Rahu	6:01AM – 8:05AM	Naga Until 6:32PM	Nataraja: Yellow	Moon – Blue	Moon 7 - Phase 13 - 13	
Family Home Evening		Amrita Yoga		Amavasya* Until 6:32PM	Ashada*Adi	Devaloka Day		Amavasya
Creative Work								
Until 11:40PM								
Then Creative Work - Siddha Yoga								
	Tuesday, July 18, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau				Bradford, UK	
	Retreat Star		Gulika	12:12PM – 2:15PM	Pushya Until 2:26AM Wed	Ganesha: Orange	Sunrise: 3:59AM	Sun 14 Sutra 92
	Kataka Rasi: 6.29	Tithi 1	Yama	8:06AM – 10:09AM	Vajra* Until 4:53AM Wed	Muruga: Yellow	Sunset: 8:24PM	Sobhana 5125
	441316572	Rahu	4:18PM – 6:21PM	Kintughna Until 7:35AM	Nataraja: Yellow	Moon – Blue	Moon 7 - Phase 13 - 14	
Creative Work		Siddha Yoga		Prathama* Until 8:39PM	Sravana Adhika*Adi	Devaloka Day		Prathama

1	Wednesday, July 19, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bradford, UK
	Kataka Rasi: 18.25	Tithi 2	Gulika Yama	10:09AM – 12:12PM 6:04AM – 8:06AM	Ashlesha* Until 5:12AM Thu Siddhi Until 5:49AM Thu Balava Until 9:49AM Dvitiya Until 10:59PM	Ganesha: Orange Muruga: Yellow Nataraja: Yellow Moon – Blue Savana Adhika•Adi	Sun 15 Sutra 93 Sobhana 5125 Moon 7 - Phase 14 - 15 3rd Phase
	Creative Work	Siddha Yoga	441316572	Rahu			Devaloka Day
	Until 5:12AM Thu Then Creative Work - Amrita Yoga						
2	Thursday, July 20, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau				Bradford, UK
	Simha Rasi: 0.18	Tithi 3	Gulika Yama	8:07AM – 10:09AM 4:02AM – 6:05AM	Magha* Until 8:24AM Fri Vyatipata* Until 6:51AM Fri Taitila Until 12:13PM Tritiya Until 1:25AM Fri	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Red Savana Adhika•Adi	Sun 16 Sutra 94 Sobhana 5125 Moon 7 - Phase 14 - 16 3rd Phase
	Creative Work	Amrita Yoga	451316572	Rahu			Devaloka Day
	Until 8:24AM Fri Then Creative Work - Siddha Yoga						
3	Friday, July 21, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthyam Titau				Bradford, UK
	Simha Rasi: 12.08	Tithi 4	Gulika Yama	6:06AM – 8:08AM 4:16PM – 6:18PM	Magha* Until 8:24AM Vyatipata* Until 6:51AM Vanija Until 2:41PM Chaturthi* Until 3:53AM Sat	Ganesha: Clear Muruga: Yellow Nataraja: Yellow Moon – Red Savana Adhika•Adi	Sun 17 Sutra 95 Sobhana 5125 Moon 7 - Phase 14 - 17 3rd Phase
	Routine Work	Marana Yoga	451316572	Rahu			Devaloka Day
	Until 8:24AM Then Creative Work - Siddha Yoga						
4	Saturday, July 22, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Panchamyam Titau				Bradford, UK
	Simha Rasi: 23.59	Tithi 5	Gulika Yama	4:05AM – 6:07AM 2:14PM – 4:15PM	Purvaphalguni Until 11:24AM Variyan Until 7:50AM Bava Until 5:05PM Panchami Until 6:12AM Sun	Ganesha: White Muruga: Yellow Nataraja: Yellow Moon – Red Savana Adhika•Adi	Sun 18 Sutra 96 Sobhana 5125 Moon 7 - Phase 14 - 18 3rd Phase
	Creative Work	Siddha Yoga	451416572	Rahu			Bhuloka Day Devaloka Time: 3:PM to 6:PM
	Until 11:24AM Then Routine Work - Marana Yoga						
5	Sunday, July 23, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Bradford, UK
	Kanya Rasi: 5.53	Tithi 5 – 6	Gulika Yama	4:15PM – 6:16PM 12:12PM – 2:13PM	Uttaraphalguni Until 2:03PM Parigha* Until 8:42AM Kaulava Until 7:16PM Panchami Until 6:12AM	Ganesha: White Muruga: Yellow Nataraja: Yellow Moon – Red Savana Adhika•Adi	Sun 19 Sutra 97 Sobhana 5125 Moon 7 - Phase 14 - 19 3rd Phase
	Creative Work	Amrita Yoga	451416572	Rahu			Bhuloka Day Devaloka Time: 3:PM to 6:PM
6	Monday, July 24, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Bradford, UK
	Kanya Rasi: 17.55	Tithi 6 – 7	Gulika Yama	2:13PM – 4:14PM 10:11AM – 12:12PM	Hasta Until 4:40PM Shiva Until 9:19AM Gara Until 9:00PM Shashthi* Until 8:11AM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green Savana Adhika•Adi	Sun 20 Sutra 98 Sobhana 5125 Moon 7 - Phase 14 - 20 3rd Phase
	Family Home Evening		462416572	Rahu			Sivaloka Day
	Creative Work Siddha Yoga Until 4:40PM Then Routine Work - Prabalarishta Yoga						
D	Tuesday, July 25, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bradford, UK
	Retreat Star		Gulika Yama	12:12PM – 2:12PM 8:11AM – 10:11AM	Chitra Until 6:32PM Siddha Until 9:30AM Visti Until 10:07PM Saptami Until 9:38AM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green Savana Adhika•Adi	Sun 21 Sutra 99 Sobhana 5125 Moon 7 - Phase 14 - 21 Ashtami
	Tula Rasi: 0.09	Tithi 7 – 8	462416572	Rahu			Sivaloka Day
	Creative Work Siddha Yoga						
	Wednesday, July 26, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bradford, UK
	Retreat Star		Gulika Yama	10:12AM – 12:12PM 6:11AM – 8:12AM	Svati Until 7:29PM Sadhya Until 9:07AM Balava Until 10:27PM Ashtami* Until 10:22AM	Ganesha: Purple Muruga: Yellow Nataraja: Yellow Moon – Green Savana Adhika•Adi	Sun 22 Sutra 100 Sobhana 5125 Moon 7 - Phase 14 - 22 Navami
	Tula Rasi: 12.41	Tithi 8 – 9	462416572	Rahu			Sivaloka Day
	Creative Work Siddha Yoga						

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 1/18/22

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1	Thursday, July 27, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau					Bradford, UK
	Tula Rasi: 25.37	Tithi 9 – 10	Gulika	8:12AM – 10:12AM	Vishakha Until 7:55PM	Ganesha: Clear	Sunrise: 4:13AM	Sun 23 Sutra 101
			Yama	4:13AM – 6:13AM	Subha Until 8:07AM	Muruga: Yellow	Sunset: 8:11PM	Sobhana 5125
	472416572	Rahu	2:12PM – 4:11PM	Taitila Until 9:55PM	Nataraja: Yellow			Moon 7 - Phase 15 - 23 4th Phase
Creative Work	Siddha Yoga			Navami* Until 10:16AM	Moon – Orange		Devaloka Day	
					Sravana Adhika•Adi			
2	Friday, July 28, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau					Bradford, UK
	Vrischika Rasi: 9	Tithi 10 – 11	Gulika	6:14AM – 8:13AM	Anuradha Until 7:21PM	Ganesha: Clear	Sunrise: 4:14AM	Sun 24 Sutra 102
			Yama	4:11PM – 6:10PM	Sukla Until 6:23AM	Muruga: Yellow	Sunset: 8:09PM	Sobhana 5125
	472416572	Rahu	10:12AM – 12:12PM	Vanija Until 8:31PM	Nataraja: Yellow			Moon 7 - Phase 15 - 24 4th Phase
Creative Work	Siddha Yoga			Dashami Until 9:18AM	Moon – Orange		Devaloka Day	
Until 7:21PM					Sravana Adhika•Adi			
Then Routine Work - Marana Yoga								
3	Saturday, July 29, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau					Bradford, UK
	Vrischika Rasi: 22.52	Tithi 11 – 12	Gulika	4:16AM – 6:15AM	Jyeshtha* Until 5:51PM	Ganesha: Clear	Sunrise: 4:16AM	Sun 25 Sutra 103
			Yama	2:11PM – 4:10PM	Indra Until 12:59AM Sun	Muruga: Yellow	Sunset: 8:08PM	Sobhana 5125
	472416572	Rahu	8:14AM – 10:13AM	Bava Until 6:21PM	Nataraja: Yellow			Moon 7 - Phase 15 - 25 4th Phase
Creative Work	Siddha Yoga			Ekadashi Until 7:31AM	Moon – Orange		Devaloka Day	
					Sravana Adhika•Adi			
4	Sunday, July 30, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau					Bradford, UK
	Dhanus Rasi: 7.14	Tithi 13	Gulika	4:09PM – 6:08PM	Mula* Until 3:58PM	Ganesha: White	Sunrise: 4:18AM	Sun 26 Sutra 104
			Yama	12:12PM – 2:10PM	Vaidhriti* Until 9:27PM	Muruga: Yellow	Sunset: 8:06PM	Sobhana 5125
	482416572	Rahu	6:08PM – 8:06PM	Kaulava Until 3:31PM	Nataraja: Yellow			Moon 7 - Phase 15 - 26 4th Phase
Creative Work	Amrita Yoga			Kaulava Until 3:31PM	Moon – Light Blue		Sivaloka Day	
Until 3:58PM				Trayodashi Until 1:53AM Mon	Sravana Adhika•Adi			
Then Creative Work - Siddha Yoga				Pradosha Vrata				
5	Monday, July 31, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau					Bradford, UK
	Dhanus Rasi: 22.01	Tithi 14	Gulika	2:10PM – 4:08PM	Purvashadha* Until 1:25PM	Ganesha: White	Sunrise: 4:19AM	Sun 27 Sutra 105
	Family Home Evening		Yama	10:14AM – 12:12PM	Vishkambha* Until 5:32PM	Muruga: Yellow	Sunset: 8:04PM	Sobhana 5125
	482416572	Rahu	6:17AM – 8:15AM	Gara Until 12:11PM	Nataraja: Yellow			Moon 7 - Phase 15 - 27 4th Phase
Routine Work	Marana Yoga			Chaturdashi* Until 10:21PM	Moon – Light Blue		Sivaloka Day	
					Sravana Adhika•Adi			
O	Tuesday, August 1, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau					Bradford, UK
	Makara Rasi: 7.06	Tithi 15	Gulika	12:12PM – 2:09PM	Uttarashadha Until 10:25AM	Ganesha: White	Sunrise: 4:21AM	Sutra 106
			Yama	8:16AM – 10:14AM	Priti Until 1:23PM	Muruga: Yellow	Sunset: 8:03PM	Sobhana 5125
	482416572	Rahu	4:07PM – 6:05PM	Visti Until 8:30AM	Nataraja: Yellow			Moon 7 - Phase 15 - Purnima
Routine Work	Prabalarishta Yoga			Purnima* Until 6:34PM	Moon – Light Blue		Sivaloka Day	
Until 10:25AM					Sravana Adhika•Adi			
Then Creative Work - Siddha Yoga								
O	Wednesday, August 2, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau					Bradford, UK
	Makara Rasi: 22.21	Tithi 16 – 17	Gulika	10:14AM – 12:12PM	Shravana Until 7:32AM	Ganesha: Yellow	Sunrise: 4:22AM	Sutra 107
			Yama	6:20AM – 8:17AM	Ayushman Until 9:06AM	Muruga: Yellow	Sunset: 8:01PM	Sobhana 5125
	492416572	Rahu	12:12PM – 2:09PM	Taitila Until 12:48AM Thu	Nataraja: Yellow			Moon 7 - Phase 15 - Prathama
Creative Work	Siddha Yoga			Prathama* Until 2:42PM	Moon – Purple		Devaloka Day	
Until 7:32AM					Sravana Adhika•Adi			
Then Routine Work - Prabalarishta Yoga								

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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Thursday, August 3, 2023

Gold Retreat Star

Kumbha Rasi: 7.35

Tithi 17 – 18

Creative Work Siddha Yoga

492416572

Gulika

8:18AM – 10:15AM

Yama

4:24AM – 6:21AM

Rahu

2:08PM – 4:05PM

Sobhana Nama Samvatsare Dakshinaya Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Sun 1

Bradford, UK

Sutra 108

Sobhana 5125

Moon 8 - Phase 16 - 1

1st Phase

Ganesha: Yellow

Sunrise: 4:24AM

Muruga: Yellow

Sunset: 7:59PM

Nataraja: Yellow

Moon – Purple

Sravana Adhika•Adi

Devaloka Day

1

Friday, August 4, 2023

Kumbha Rasi: 22.38

Tithi 18 – 19

Creative Work Siddha Yoga

412416572

Gulika

6:22AM – 8:19AM

Yama

4:04PM – 6:01PM

Rahu

10:15AM – 12:11PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada* Nakshatra Athiganda* Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

Sun 2

Bradford, UK

Sutra 109

Sobhana 5125

Moon 8 - Phase 16 - 2

1st Phase

Ganesha: Clear

Sunrise: 4:26AM

Muruga: Yellow

Sunset: 7:57PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika•Adi

Devaloka Day

2

Saturday, August 5, 2023

Meena Rasi: 7.22

Tithi 20

Creative Work Siddha Yoga

Until 9:28PM

Then Routine Work - Prabalarishta Yoga

412416572

Gulika

4:27AM – 6:23AM

Yama

2:07PM – 4:03PM

Rahu

8:19AM – 10:15AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Sun 3

Bradford, UK

Sutra 110

Sobhana 5125

Moon 8 - Phase 16 - 3

1st Phase

Ganesha: Clear

Sunrise: 4:27AM

Muruga: Yellow

Sunset: 7:55PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika•Adi

Devaloka Day

3

Sunday, August 6, 2023

Meena Rasi: 21.42

Tithi 21

Creative Work Amrita Yoga

Until 8:05PM

Then Creative Work - Siddha Yoga

413416572

Gulika

4:02PM – 5:58PM

Yama

12:11PM – 2:07PM

Rahu

5:58PM – 7:53PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau

Sun 4

Bradford, UK

Sutra 111

Sobhana 5125

Moon 8 - Phase 16 - 4

1st Phase

Ganesha: White

Sunrise: 4:29AM

Muruga: Yellow

Sunset: 7:53PM

Nataraja: Yellow

Moon – Clear

Sravana Adhika•Adi

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Monday, August 7, 2023

Mesha Rasi: 5.35

Tithi 22

Family Home Evening

Creative Work Siddha Yoga

423416572

Gulika

2:06PM – 4:01PM

Yama

10:16AM – 12:11PM

Rahu

6:26AM – 8:21AM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Saptamyam Titau

Sun 5

Bradford, UK

Sutra 112

Sobhana 5125

Moon 8 - Phase 16 - 5

1st Phase

Ganesha: Clear

Sunrise: 4:31AM

Muruga: Yellow

Sunset: 7:51PM

Nataraja: Yellow

Moon – White

Sravana Adhika•Adi

Devaloka Day

D

Tuesday, August 8, 2023

Retreat Star

Mesha Rasi: 19.01

Tithi 23

Creative Work Siddha Yoga

423416572

Gulika

12:11PM – 2:06PM

Yama

8:22AM – 10:16AM

Rahu

4:00PM – 5:55PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Sun 6

Bradford, UK

Sutra 113

Sobhana 5125

Moon 8 - Phase 16 - 6

Ashtami

Ganesha: Clear

Sunrise: 4:33AM

Muruga: Yellow

Sunset: 7:49PM

Nataraja: Yellow

Moon – White

Sravana Adhika•Adi

Devaloka Day

Wednesday, August 9, 2023

Retreat Star

Vrishabha Rasi: 2.03

Tithi 24

Creative Work Amrita Yoga

Until 8:47PM

Then Creative Work - Siddha Yoga

423416572

Gulika

10:17AM – 12:11PM

Yama

6:28AM – 8:23AM

Rahu

12:11PM – 2:05PM

Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Sun 7

Bradford, UK

Sutra 114

Sobhana 5125

Moon 8 - Phase 16 - 7

Navami

Ganesha: Clear

Sunrise: 4:34AM

Muruga: Yellow

Sunset: 7:47PM

Nataraja: Yellow

Moon – White

Sravana Adhika•Adi

Devaloka Day

1	Thursday, August 10, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau				Bradford, UK
	433416572	Gulika	8:23AM – 10:17AM	Rohini Until 10:30PM	Ganesha: Purple	Sunrise: 4:36AM	Sun 8 Sutra 115
		Yama	4:36AM – 6:30AM	Dhruva Until 9:38AM	Muruga: Yellow	Sunset: 7:45PM	Sobhana 5125
		Rahu	2:04PM – 3:58PM	Vanija Until 11:06AM	Nataraja: Yellow		Moon 8 - Phase 17 - 8 2nd Phase
Routine Work		Marana Yoga		Dashami Until 11:37PM	Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
					Sravana Adhika*Adi		
2	Friday, August 11, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Bradford, UK
	433416572	Gulika	6:31AM – 8:24AM	Mrigashira Until 12:33AM Sat	Ganesha: Purple	Sunrise: 4:38AM	Sun 9 Sutra 116
		Yama	3:57PM – 5:50PM	Vyaghata* Until 9:35AM	Muruga: Yellow	Sunset: 7:43PM	Sobhana 5125
		Rahu	10:17AM – 12:11PM	Bava Until 12:18PM	Nataraja: Yellow		Moon 8 - Phase 17 - 9 2nd Phase
Creative Work		Siddha Yoga		Ekadashi* Until 1:03AM Sat	Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
					Sravana Adhika*Adi		
3	Saturday, August 12, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Bradford, UK
	433416572	Gulika	4:39AM – 6:32AM	Ardra Until 2:47AM Sun	Ganesha: Purple	Sunrise: 4:39AM	Sun 10 Sutra 117
		Yama	2:03PM – 3:56PM	Harshana Until 9:53AM	Muruga: Yellow	Sunset: 7:41PM	Sobhana 5125
		Rahu	8:25AM – 10:18AM	Kaulava Until 1:56PM	Nataraja: Yellow		Moon 8 - Phase 17 - 10 2nd Phase
Creative Work		Siddha Yoga		Dvadashi* Until 2:52AM Sun	Moon – Yellow	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
					Sravana Adhika*Adi		
4	Sunday, August 13, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Bradford, UK
	443416572	Gulika	3:55PM – 5:47PM	Punarvasu Until 5:36AM Mon	Ganesha: Light Blue	Sunrise: 4:41AM	Sun 11 Sutra 118
		Yama	12:10PM – 2:02PM	Vajra* Until 10:25AM	Muruga: Yellow	Sunset: 7:39PM	Sobhana 5125
		Rahu	5:47PM – 7:39PM	Gara Until 3:53PM	Nataraja: Yellow		Moon 8 - Phase 17 - 11 2nd Phase
Creative Work		Siddha Yoga		Trayodashi* Until 4:56AM Mon	Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Pradosha Vrata (Fasting)			
5	Monday, August 14, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Siddhi/Vyatipata* Yoga Visti* Karana Chaturdashyam Titau				Bradford, UK
	443416572	Gulika	2:02PM – 3:54PM	Pushya Until 8:26AM Tue	Ganesha: Light Blue	Sunrise: 4:43AM	Sun 12 Sutra 119
		Yama	10:18AM – 12:10PM	Siddhi Until 11:08AM	Muruga: Yellow	Sunset: 7:37PM	Sobhana 5125
		Rahu	6:35AM – 8:26AM	Visti Until 6:04PM	Nataraja: Yellow		Moon 8 - Phase 17 - 12 2nd Phase
Kataka Rasi: 3.31		Tithi 29		Chaturdashi* Until 7:12AM Tue	Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Family Home Evening					Sravana Adhika*Adi		
Creative Work		Siddha Yoga					
●	Tuesday, August 15, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata*/Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bradford, UK
	443416572	Gulika	12:10PM – 2:01PM	Pushya Until 8:26AM	Ganesha: Light Blue	Sunrise: 4:45AM	Sun 13 Sutra 120
		Yama	8:27AM – 10:19AM	Vyatipata* Until 12:01PM	Muruga: Yellow	Sunset: 7:35PM	Sobhana 5125
		Rahu	3:52PM – 5:44PM	Catuspada Until 8:24PM	Nataraja: Yellow		Moon 8 - Phase 17 - 13 Amavasya
Creative Work		Siddha Yoga		Chaturdashi* Until 7:12AM	Moon – Blue	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
					Sravana Adhika*Adi		
	Wednesday, August 16, 2023		Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan/Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Bradford, UK
	443516572	Gulika	10:19AM – 12:10PM	Ashlesha* Until 11:14AM	Ganesha: Orange	Sunrise: 4:46AM	Sun 14 Sutra 121
		Yama	6:37AM – 8:28AM	Variyan Until 12:56PM	Muruga: Yellow	Sunset: 7:33PM	Sobhana 5125
		Rahu	12:10PM – 2:00PM	Kintughna Until 10:50PM	Nataraja: Yellow		Moon 8 - Phase 17 - 14 Prathama
Creative Work		Siddha Yoga		Amavasya* Until 9:35AM	Moon – Blue	Devaloka Day	
					Sravana*Adi		

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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1	Thursday, August 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bradford, UK	
	Simha Rasi: 9.1	Tithi 1 – 2	Gulika	8:29AM – 10:19AM	Magha* Until 2:24PM	Ganesha: Clear	Sunrise: 4:48AM	Sun 15 Sutra 122
			Yama	4:48AM – 6:38AM	Parigha* Until 1:55PM	Muruga: Yellow	Sunset: 7:31PM	Sobhana 5125
Creative Work Amrita Yoga			453516572 Rahu	2:00PM – 3:50PM	Balava Until 1:17AM Fri	Nataraja: Yellow	Moon 8 - Phase 18 - 15	
Until 2:24PM					Prathama* Until 12:03PM	Moon – Red	3rd Phase	
Then Creative Work - Siddha Yoga						Sravana*Avani	Devaloka Day	
2	Friday, August 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau				Bradford, UK	
	Simha Rasi: 21.01	Tithi 2 – 3	Gulika	6:40AM – 8:29AM	Purvaphalguni Until 5:23PM	Ganesha: Orange	Sunrise: 4:50AM	Sun 16 Sutra 123
			Yama	3:49PM – 5:39PM	Shiva Until 2:54PM	Muruga: Yellow	Sunset: 7:29PM	Sobhana 5125
Creative Work Siddha Yoga			553516572 Rahu	10:19AM – 12:09PM	Taitila Until 3:41AM Sat	Nataraja: Yellow	Moon 8 - Phase 18 - 16	
					Dvitiya Until 2:29PM	Moon – Red	3rd Phase	
						Sravana*Avani	Devaloka Day	
3	Saturday, August 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Bradford, UK	
	Kanya Rasi: 2.54	Tithi 3 – 4	Gulika	4:52AM – 6:41AM	Uttaraphalguni Until 8:05PM	Ganesha: Orange	Sunrise: 4:52AM	Sun 17 Sutra 124
			Yama	1:58PM – 3:48PM	Siddha Until 3:45PM	Muruga: Yellow	Sunset: 7:26PM	Sobhana 5125
Routine Work Marana Yoga			553516572 Rahu	8:30AM – 10:20AM	Vanija Until 5:54AM Sun	Nataraja: Yellow	Moon 8 - Phase 18 - 17	
					Tritiya Until 4:48PM	Moon – Red	3rd Phase	
						Sravana*Avani	Devaloka Day	
4	Sunday, August 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Sadhya/Subha Yoga Visti* Karana Chaturthyam Titau				Bradford, UK	
	Kanya Rasi: 14.52	Tithi 4	Gulika	3:46PM – 5:35PM	Hasta Until 10:51PM	Ganesha: Purple	Sunrise: 4:53AM	Sun 18 Sutra 125
			Yama	12:09PM – 1:58PM	Sadhya Until 4:26PM	Muruga: Yellow	Sunset: 7:24PM	Sobhana 5125
Creative Work Amrita Yoga			564516572 Rahu	5:35PM – 7:24PM	Visti Until 6:52PM	Nataraja: Yellow	Moon 8 - Phase 18 - 18	
Until 10:51PM					Chaturthi* Until 6:52PM	Moon – Green	3rd Phase	
Then Creative Work - Siddha Yoga						Sravana*Avani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
5	Monday, August 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Panchamyam Titau				Bradford, UK	
	Kanya Rasi: 26.56	Tithi 5	Gulika	1:57PM – 3:45PM	Chitra Until 1:02AM Tue	Ganesha: Purple	Sunrise: 4:55AM	Sun 19 Sutra 126
	Family Home Evening		Yama	10:20AM – 12:08PM	Subha Until 4:50PM	Muruga: Yellow	Sunset: 7:22PM	Sobhana 5125
Routine Work Prabalarishta Yoga			564516572 Rahu	6:43AM – 8:32AM	Bava Until 7:47AM	Nataraja: Yellow	Moon 8 - Phase 18 - 19	
Until 1:02AM Tue					Panchami Until 8:31PM	Moon – Green	3rd Phase	
Then Creative Work - Siddha Yoga			Nag Panchami			Sravana*Avani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
6	Tuesday, August 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau				Bradford, UK	
	Tula Rasi: 9.13	Tithi 6	Gulika	12:08PM – 1:56PM	Svati Until 2:29AM Wed	Ganesha: Purple	Sunrise: 4:57AM	Sun 20 Sutra 127
			Yama	8:33AM – 10:20AM	Sukla Until 4:48PM	Muruga: Yellow	Sunset: 7:20PM	Sobhana 5125
Creative Work Siddha Yoga			564516572 Rahu	3:44PM – 5:32PM	Kaulava Until 9:11AM	Nataraja: Yellow	Moon 8 - Phase 18 - 20	
					Shashthi* Until 9:38PM	Moon – Green	3rd Phase	
						Sravana*Avani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
D	Wednesday, August 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Saptamyam Titau				Bradford, UK	
	Retreat Star		Gulika	10:21AM – 12:08PM	Vishakha Until 3:34AM Thu	Ganesha: Clear	Sunrise: 4:59AM	Sun 21 Sutra 128
	Tula Rasi: 21.46	Tithi 7	Yama	6:46AM – 8:33AM	Brahma Until 4:14PM	Muruga: Yellow	Sunset: 7:17PM	Sobhana 5125
Creative Work Siddha Yoga			574516572 Rahu	12:08PM – 1:55PM	Gara Until 9:57AM	Nataraja: Yellow	Moon 8 - Phase 18 - 21	
					Saptami Until 10:02PM	Moon – Orange	3rd Phase	
						Sravana*Avani	Devaloka Day	
D	Thursday, August 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau				Bradford, UK	
	Retreat Star		Gulika	8:34AM – 10:21AM	Anuradha Until 3:42AM Fri	Ganesha: Clear	Sunrise: 5:00AM	Sun 22 Sutra 129
	Vrischika Rasi: 4.39	Tithi 8	Yama	5:00AM – 6:47AM	Indra Until 3:06PM	Muruga: Yellow	Sunset: 7:15PM	Sobhana 5125
Creative Work Siddha Yoga			574516572 Rahu	1:55PM – 3:41PM	Visti Until 9:58AM	Nataraja: Yellow	Moon 8 - Phase 18 - 22	
Until 3:42AM Fri					Ashtami* Until 9:40PM	Moon – Orange	Ashtami	
Then Routine Work - Marana Yoga						Sravana*Avani	Devaloka Day	
D	Friday, August 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti*/Vishkamba* Yoga Balava/Kaulava Karana Navamyam Titau				Bradford, UK	
	Retreat Star		Gulika	6:48AM – 8:35AM	Jyeshtha* Until 2:55AM Sat	Ganesha: Clear	Sunrise: 5:02AM	Sun 23 Sutra 130
	Vrischika Rasi: 17.56	Tithi 9	Yama	3:40PM – 5:27PM	Vaidhriti* Until 1:17PM	Muruga: Yellow	Sunset: 7:13PM	Sobhana 5125
Routine Work Marana Yoga			574516572 Rahu	10:21AM – 12:07PM	Balava Until 9:12AM	Nataraja: Yellow	Moon 8 - Phase 18 - 23	
Until 2:55AM Sat					Navami* Until 8:30PM	Moon – Orange	Navami	
Then Creative Work - Siddha Yoga			Varalakshmi Vratam			Sravana*Avani	Devaloka Day	

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 1/18/22

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1	Saturday, August 26, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau				Bradford, UK Sun 24 Sutra 131	
	Dhanus Rasi: 1.42	Tithi 10	Gulika	5:04AM – 6:50AM	Mula* Until 1:41AM Sun	Ganesha: White	<i>Sunrise:</i> 5:04AM	Sobhana 5125
			Yama	1:53PM – 3:39PM	Vishkambha* Until 10:52AM	Muruga: Yellow	<i>Sunset:</i> 7:11PM	Moon 8 - Phase 19 - 24
	Creative Work	Siddha Yoga	584516572 Rahu	8:35AM – 10:21AM	Taitila Until 7:39AM	Nataraja: Yellow		4th Phase
					Dashami Until 6:34PM	Moon – Light Blue	Bhuloka Day	
						Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
2	Sunday, August 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bradford, UK Sun 25 Sutra 132	
	Dhanus Rasi: 15.55	Tithi 11 – 12	Gulika	3:38PM – 5:23PM	Purvashadha* Until 11:40PM	Ganesha: White	<i>Sunrise:</i> 5:05AM	Sobhana 5125
			Yama	12:07PM – 1:52PM	Priti Until 7:52AM	Muruga: Yellow	<i>Sunset:</i> 7:08PM	Moon 8 - Phase 19 - 25
			584516572 Rahu	5:23PM – 7:08PM	Bava Until 2:28AM Mon	Nataraja: Yellow		4th Phase
	Creative Work	Siddha Yoga			Ekadashi Until 3:58PM	Moon – Light Blue	Bhuloka Day	
	Until 11:40PM					Sravana*Avani	Devaloka Time: 3:PM to 6:PM	
	Then Creative Work - Amrita Yoga							
3	Monday, August 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bradford, UK Sun 26 Sutra 133	
	Makara Rasi: 0.33	Tithi 12 – 13	Gulika	1:51PM – 3:36PM	Uttarashadha Until 9:02PM	Ganesha: White	<i>Sunrise:</i> 5:07AM	Sobhana 5125
	Family Home Evening		Yama	10:22AM – 12:07PM	Saubhagya Until 12:28AM Tue	Muruga: Yellow	<i>Sunset:</i> 7:06PM	Moon 8 - Phase 19 - 26
			584516573 Rahu	6:52AM – 8:37AM	Kaulava Until 11:07PM	Nataraja: White		4th Phase
	Routine Work	Marana Yoga			Dvadashi Until 12:49PM	Moon – Light Blue	Devaloka Day	
	Until 9:02PM					Sravana*Avani		
	Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>			
4	Tuesday, August 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bradford, UK Sun 27 Sutra 134	
	Makara Rasi: 15.32	Tithi 13 – 14	Gulika	12:06PM – 1:51PM	Shravana Until 6:19PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Sobhana 5125
			Yama	8:38AM – 10:22AM	Sobhana Until 8:20PM	Muruga: Yellow	<i>Sunset:</i> 7:04PM	Moon 8 - Phase 19 - 27
			584516573 Rahu	3:35PM – 5:19PM	Gara Until 7:26PM	Nataraja: White		4th Phase
	Creative Work	Siddha Yoga			Trayodashi Until 9:17AM	Moon – Purple	Sivaloka Day	
			Chidambaram Abhishekam			Sravana*Avani		
○	Wednesday, August 30, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau				Bradford, UK Sutra 135	
	Copper Retreat Star		Gulika	10:22AM – 12:06PM	Dhanishtha Until 3:19PM	Ganesha: Yellow	<i>Sunrise:</i> 5:11AM	Sobhana 5125
	Kumbha Rasi: 0.44	Tithi 15	Yama	6:55AM – 8:38AM	Athiganda* Until 4:04PM	Muruga: Yellow	<i>Sunset:</i> 7:01PM	Moon 8 - Phase 19 -
			584516573 Rahu	12:06PM – 1:50PM	Visti Until 3:36PM	Nataraja: White		Purnima
	Routine Work	Prabalarishta Yoga			Purnima* Until 1:40AM Thu	Moon – Purple	Sivaloka Day	
	Until 3:19PM		Avani Avittam			Sravana*Avani		
	Then Creative Work - Siddha Yoga							
	Thursday, August 31, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathamayam Titau				Bradford, UK Sutra 136	
	Silver Retreat Star		Gulika	8:39AM – 10:22AM	Shatabhishak Until 12:11PM	Ganesha: Yellow	<i>Sunrise:</i> 5:12AM	Sobhana 5125
	Kumbha Rasi: 15.59	Tithi 16	Yama	5:12AM – 6:56AM	Sukarma Until 11:49AM	Muruga: Yellow	<i>Sunset:</i> 6:59PM	Moon 8 - Phase 19 -
			584516573 Rahu	1:49PM – 3:32PM	Balava Until 11:47AM	Nataraja: White		Prathama
	Creative Work	Siddha Yoga			Prathama* Until 9:55PM	Moon – Purple	Sivaloka Day	
						Sravana*Avani		



Friday, September 1, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiyayam Titau

Bradford, UK

Sun 1 Sutra 137

Meena Rasi: 1.07

Tithi 17

Gulika

6:57AM – 8:40AM

Purvaproshtapada* Until 9:31AM

Ganesha: Yellow

Sunrise: 5:14AM

Creative Work Siddha Yoga

Yama

3:31PM – 5:14PM

Dhriti Until 7:44AM

Muruga: Yellow

Sunset: 6:57PM

514516573 Rahu

10:23AM – 12:05PM

Taitila Until 8:10AM

Nataraja: White

Moon 9 - Phase 20 - 1

Moon – Clear

Sivaloka Day

Dvitiya Until 6:27PM

Sravana*Avani

1

Saturday, September 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Bradford, UK

Sun 2 Sutra 138

Meena Rasi: 15.59

Tithi 18 – 19

Gulika

5:16AM – 6:58AM

Uttaraproshtapada Until 7:05AM

Ganesha: Red

Sunrise: 5:16AM

Creative Work Siddha Yoga

Yama

1:47PM – 3:30PM

Ganda* Until 12:33AM Sun

Muruga: Yellow

Sunset: 6:54PM

Until 7:05AM

515516573 Rahu

8:40AM – 10:23AM

Bava Until 2:07AM Sun

Nataraja: White

Moon 9 - Phase 20 - 2

Moon – Clear

Sivaloka Day

Tritiya Until 3:25PM

Sravana*Avani

Then Routine Work - Prabalarishta Yoga

2

Sunday, September 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bharu Vasara Yuktayam
Ashvini Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bradford, UK

Sun 3 Sutra 139

Mesha Rasi: 0.29

Tithi 19 – 20

Gulika

3:28PM – 5:10PM

Ashvini Until 3:56AM Mon

Ganesha: Green

Sunrise: 5:18AM

Creative Work Siddha Yoga

Yama

12:05PM – 1:46PM

Vriddhi Until 9:42PM

Muruga: Yellow

Sunset: 6:52PM

525516573 Rahu

5:10PM – 6:52PM

Kaulava Until 12:00AM Mon

Nataraja: White

Moon 9 - Phase 20 - 3

Moon – White

Devaloka Day

Chaturthi* Until 12:57PM

Sravana*Avani

3

Monday, September 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bradford, UK

Sun 4 Sutra 140

Mesha Rasi: 14.31

Tithi 20 – 21

Gulika

1:46PM – 3:27PM

Bharani Until 3:56AM Tue

Ganesha: Green

Sunrise: 5:19AM

Family Home Evening

Yama

10:23AM – 12:04PM

Dhruva Until 7:26PM

Muruga: Yellow

Sunset: 6:49PM

525516573 Rahu

7:01AM – 8:42AM

Gara Until 10:39PM

Nataraja: White

Moon 9 - Phase 20 - 4

Moon – White

Devaloka Day

Panchami Until 11:12AM

Sravana*Avani

4

Tuesday, September 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Bradford, UK

Sun 5 Sutra 141

Mesha Rasi: 28.04

Tithi 21 – 22

Gulika

12:04PM – 1:45PM

Krittika Until 3:38AM Wed

Ganesha: Green

Sunrise: 5:21AM

Creative Work Siddha Yoga

Yama

8:43AM – 10:23AM

Vyaghata* Until 5:50PM

Muruga: Yellow

Sunset: 6:47PM

525516573 Rahu

3:25PM – 5:06PM

Visti Until 10:06PM

Nataraja: White

Moon 9 - Phase 20 - 5

Moon – White

Devaloka Day

Shashthi* Until 10:15AM

Sravana*Avani

D

Wednesday, September 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bradford, UK

Sun 6 Sutra 142

Vrishabha Rasi: 11.11

Tithi 22 – 23

Gulika

10:24AM – 12:04PM

Rohini Until 4:54AM Thu

Ganesha: Orange

Sunrise: 5:23AM

Creative Work Siddha Yoga

Yama

7:03AM – 8:43AM

Harshana Until 4:54PM

Muruga: Yellow

Sunset: 6:45PM

Until 4:54AM Thu

535516573 Rahu

12:04PM – 1:44PM

Balava Until 10:22PM

Nataraja: White

Moon 9 - Phase 20 - 6

Moon – Yellow

Sivaloka Day

Saptami Until 10:07AM

Sravana*Avani

Then Routine Work - Marana Yoga

Krishna Janmashtami

Thursday, September 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bradford, UK

Sun 7 Sutra 143

Vrishabha Rasi: 23.54

Tithi 23 – 24

Gulika

8:44AM – 10:24AM

Mrigashira Until 6:40AM Fri

Ganesha: Orange

Sunrise: 5:25AM

Routine Work Marana Yoga

Yama

5:25AM – 7:04AM

Vajra* Until 4:30PM

Muruga: Yellow

Sunset: 6:42PM

Until 6:40AM Fri

535516573 Rahu

1:43PM – 3:23PM

Taitila Until 11:21PM

Nataraja: White

Moon 9 - Phase 20 - 7

Moon – Yellow

Sivaloka Day

Ashtami* Until 10:45AM

Sravana*Avani

Then Creative Work - Siddha Yoga

1	Friday, September 8, 2023		Sobhana Nama Samvatsare Dakshinaya Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Bradford, UK
	Mithuna Rasi: 6.19	Tithi 24 – 25	Gulika	7:06AM – 8:45AM	Mrigashira Until 6:40AM	Ganesha: Orange	Sunrise: 5:26AM
			Yama	3:21PM – 5:01PM	Siddhi Until 4:37PM	Muruga: Yellow	Sunset: 6:40PM
	Creative Work	Siddha Yoga	535516573 Rahu	10:24AM – 12:03PM	Vanija Until 12:55AM Sat	Nataraja: White	Moon 9 - Phase 21 - 8
					Navami* Until 12:03PM	Moon – Yellow	2nd Phase
						Sravana*Avani	Sivaloka Day
2	Saturday, September 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Variyan Yoga Visti* Bava Karana Dashami/Ekadashyam Titau				Bradford, UK
	Mithuna Rasi: 18.3	Tithi 25 – 26	Gulika	5:28AM – 7:07AM	Ardra Until 8:47AM	Ganesha: Orange	Sunrise: 5:28AM
			Yama	1:41PM – 3:20PM	Vyatipata* Until 5:06PM	Muruga: Yellow	Sunset: 6:37PM
	Creative Work	Siddha Yoga	535516573 Rahu	8:45AM – 10:24AM	Bava Until 2:55AM Sun	Nataraja: White	Moon 9 - Phase 21 - 9
					Dashami Until 1:51PM	Moon – Yellow	2nd Phase
						Sravana*Avani	Sivaloka Day
3	Sunday, September 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Bradford, UK
	Kataka Rasi: 0.31	Tithi 26 – 27	Gulika	3:19PM – 4:57PM	Punarvasu Until 11:37AM	Ganesha: Purple	Sunrise: 5:30AM
			Yama	12:02PM – 1:40PM	Variyan Until 5:48PM	Muruga: Yellow	Sunset: 6:35PM
	Creative Work	Siddha Yoga	545616573 Rahu	4:57PM – 6:35PM	Kaulava Until 5:11AM Mon	Nataraja: White	Moon 9 - Phase 21 - 10
					Kaula Until 5:11AM Mon	Moon – Blue	2nd Phase
					Ekadashi* Until 4:00PM	Sravana*Avani	Devaloka Day
4	Monday, September 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha* Yoga Taitila Karana Dvadashyam Titau				Bradford, UK
	Kataka Rasi: 12.27	Tithi 27	Gulika	1:40PM – 3:17PM	Pushya Until 2:29PM	Ganesha: Light Blue	Sunrise: 5:32AM
	Family Home Evening		Yama	10:24AM – 12:02PM	Parigha* Until 6:41PM	Muruga: Yellow	Sunset: 6:32PM
	Creative Work	Siddha Yoga	546616573 Rahu	7:09AM – 8:47AM	Taitila Until 6:22PM	Nataraja: White	Moon 9 - Phase 21 - 11
					Dvadashi* Until 6:22PM	Moon – Blue	2nd Phase
						Sravana*Avani	Devaloka Day
5	Tuesday, September 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva Yoga Gara/Vanija Karana Trayodashyam Titau				Bradford, UK
	Kataka Rasi: 24.19	Tithi 28	Gulika	12:02PM – 3:39PM	Ashlesha* Until 5:18PM	Ganesha: Light Blue	Sunrise: 5:33AM
			Yama	8:47AM – 10:25AM	Shiva Until 7:38PM	Muruga: Yellow	Sunset: 6:30PM
	Creative Work	Siddha Yoga	546616573 Rahu	3:16PM – 4:53PM	Gara Until 7:37AM	Nataraja: White	Moon 9 - Phase 21 - 12
					Trayodashi* Until 8:49PM	Moon – Blue	2nd Phase
						Sravana*Avani	Devaloka Day
							<i>Pradosha Vrata (Fasting)</i>
6	Wednesday, September 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Bradford, UK
	Simha Rasi: 6.11	Tithi 29	Gulika	10:25AM – 12:01PM	Magha* Until 8:26PM	Ganesha: Purple	Sunrise: 5:35AM
			Yama	7:12AM – 8:48AM	Siddha Until 8:33PM	Muruga: Yellow	Sunset: 6:28PM
	Creative Work	Siddha Yoga	556616573 Rahu	12:01PM – 1:38PM	Visti Until 10:04AM	Nataraja: White	Moon 9 - Phase 21 - 13
	Until 8:26PM				Chaturdashi* Until 11:16PM	Moon – Red	2nd Phase
	Then Creative Work - Amrita Yoga					Sravana*Avani	Devaloka Day
●	Thursday, September 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Bradford, UK
	Retreat Star		Gulika	8:49AM – 10:25AM	Purvaphalguni Until 11:20PM	Ganesha: Purple	Sunrise: 5:37AM
	Simha Rasi: 18.03	Tithi 30	Yama	5:37AM – 7:13AM	Sadhya Until 9:24PM	Muruga: Yellow	Sunset: 6:25PM
	Creative Work	Siddha Yoga	556616573 Rahu	1:37PM – 3:13PM	Catuspada Until 12:28PM	Nataraja: White	Moon 9 - Phase 21 - 14
					Amavasya* Until 1:36AM Fri	Moon – Red	Amavasya
						Sravana*Avani	Devaloka Day
	Friday, September 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau				Bradford, UK
	Retreat Star		Gulika	7:14AM – 8:50AM	Uttaraphalguni Until 1:53AM Sat	Ganesha: Purple	Sunrise: 5:39AM
	Simha Rasi: 29.58	Tithi 1	Yama	3:12PM – 4:47PM	Subha Until 10:09PM	Muruga: White	Sunset: 6:23PM
	Creative Work	Siddha Yoga	556626573 Rahu	10:25AM – 12:01PM	Kintughna Until 2:44PM	Nataraja: White	Moon 9 - Phase 21 - 15
	Until 1:53AM Sat				Prathama* Until 3:45AM Sat	Moon – Red	Prathama
	Then Routine Work - Marana Yoga					Bhadrapada*Avani	Sivaloka Day

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 1/18/22

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1	Saturday, September 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bradford, UK
	Kanya Rasi: 11.58	Tithi 2	Gulika Yama	5:40AM – 7:15AM 1:35PM – 3:10PM	Hasta Until 4:30AM Sun Sukla Until 10:39PM	Ganesha: Light Blue Muruga: White Nataraja: White Moon – Green	Sun 16 Sutra 152 Sobhana 5125 Moon 9 - Phase 22 - 16 3rd Phase
	566626573	Rahu	8:50AM – 10:25AM	Balava Until 4:46PM			
	Routine Work Until 4:30AM Sun Then Creative Work - Siddha Yoga	Marana Yoga		Dvitiya Until 5:38AM Sun	Bhadrapada•Avani	Sivaloka Day	
2	Sunday, September 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Brahma Yoga Taitila Karana Tritiyayam Titau				Bradford, UK
	Kanya Rasi: 24.05	Tithi 3	Gulika Yama	3:09PM – 4:43PM 12:00PM – 1:34PM	Chitra Until 6:37AM Mon Brahma Until 10:56PM	Ganesha: Light Blue Muruga: White Nataraja: White Moon – Green	Sun 17 Sutra 153 Sobhana 5125 Moon 9 - Phase 22 - 17 3rd Phase
	566626573	Rahu	4:43PM – 6:18PM	Taitila Until 6:28PM			
	Creative Work Until 6:37AM Mon Then Creative Work - Amrita Yoga	Siddha Yoga		Tritiya Until 7:09AM Mon	Bhadrapada•Puratasi	Sivaloka Day	
3	Monday, September 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Bradford, UK
	Tula Rasi: 6.2	Tithi 3 – 4	Gulika Yama	1:33PM – 3:07PM 10:26AM – 12:00PM	Chitra Until 6:37AM Indra Until 10:53PM	Ganesha: Light Blue Muruga: White Nataraja: White Moon – Green	Sun 18 Sutra 154 Sobhana 5125 Moon 9 - Phase 22 - 18 3rd Phase
	Family Home Evening	566626573	Rahu	7:18AM – 8:52AM	Vanija Until 7:47PM		
	Routine Work Until 6:37AM Then Creative Work - Amrita Yoga	Prabalarishta Yoga		Ganesha Chaturthi	Tritiya Until 7:09AM	Bhadrapada•Puratasi	Sivaloka Day
4	Tuesday, September 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bradford, UK
	Tula Rasi: 18.47	Tithi 4 – 5	Gulika Yama	11:59AM – 1:33PM 8:52AM – 10:26AM	Svati Until 8:08AM Vaidhriti* Until 10:26PM	Ganesha: Purple Muruga: White Nataraja: White Moon – Green	Sun 19 Sutra 155 Sobhana 5125 Moon 9 - Phase 22 - 19 3rd Phase
	567626573	Rahu	3:06PM – 4:39PM	Bava Until 8:36PM			
	Creative Work Until 8:08AM Then Routine Work - Marana Yoga	Siddha Yoga		Chaturthi* Until 8:14AM	Bhadrapada•Puratasi	Sivaloka Day	
5	Wednesday, September 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashtthyam Titau				Bradford, UK
	Vrischika Rasi: 1.28	Tithi 5 – 6	Gulika Yama	10:26AM – 11:59AM 7:20AM – 8:53AM	Vishakha Until 9:28AM Vishkambha* Until 9:34PM	Ganesha: Clear Muruga: White Nataraja: White Moon – Orange	Sun 20 Sutra 156 Sobhana 5125 Moon 9 - Phase 22 - 20 3rd Phase
	577626573	Rahu	11:59AM – 1:32PM	Kaulava Until 8:52PM			
	Creative Work Siddha Yoga			Panchami Until 8:47AM	Bhadrapada•Puratasi	Subha Sivaloka Day	
6	Thursday, September 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shashti/Saptamyam Titau				Bradford, UK
	Vrischika Rasi: 14.26	Tithi 6 – 7	Gulika Yama	8:54AM – 10:26AM 5:49AM – 7:21AM	Anuradha Until 10:04AM Priti Until 8:13PM	Ganesha: Clear Muruga: White Nataraja: White Moon – Orange	Sun 21 Sutra 157 Sobhana 5125 Moon 9 - Phase 22 - 21 3rd Phase
	577626573	Rahu	1:31PM – 3:03PM	Gara Until 8:31PM			
	Creative Work Until 10:04AM Then Routine Work - Prabalarishta Yoga	Siddha Yoga		Shashti* Until 8:45AM	Bhadrapada•Puratasi	Subha Sivaloka Day	
D	Friday, September 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bradford, UK
	Retreat Star		Gulika Yama	7:23AM – 8:54AM 3:02PM – 4:34PM	Jyeshtha* Until 9:54AM Ayushman Until 6:20PM	Ganesha: Clear Muruga: White Nataraja: White Moon – Orange	Sun 22 Sutra 158 Sobhana 5125 Moon 9 - Phase 22 - 22 Ashtami
	577626573	Rahu	10:26AM – 11:58AM	Visti Until 7:32PM			
	Routine Work Until 9:54AM Then Creative Work - Amrita Yoga	Marana Yoga		Saptami Until 8:05AM	Bhadrapada•Puratasi	Subha Sivaloka Day	
	Saturday, September 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Bradford, UK
	Retreat Star		Gulika Yama	5:53AM – 7:24AM 1:29PM – 3:00PM	Mula* Until 9:24AM Saubhagya Until 3:58PM	Ganesha: White Muruga: White Nataraja: White Moon – Light Blue	Sun 23 Sutra 159 Sobhana 5125 Moon 9 - Phase 22 - 23 Navami
	587626573	Rahu	8:55AM – 10:26AM	Kaulava Until 4:52AM Sun			
	Creative Work Siddha Yoga			Ashtami* Until 6:47AM	Bhadrapada•Puratasi	Sivaloka Day	

1	Sunday, September 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau						Sun 24	Sutra 160
	Dhanus Rasi: 25.22	Tithi 10	Gulika	2:59PM – 4:30PM	Purvashadha* Until 8:10AM	Ganesha: White	Sunrise: 5:54AM	Sobhana 5125		
			Yama	11:57AM – 1:28PM	Sobhana Until 1:08PM	Muruga: White	Sunset: 6:01PM	Moon 9 - Phase 23 - 24	4th Phase	
	Creative Work	Siddha Yoga	587626573	Rahu	4:30PM – 6:01PM	Nataraja: White				
	Until 8:10AM				Dashami Until 2:25AM Mon	Moon – Light Blue	Sivaloka Day			
Then Creative Work - Amrita Yoga										
2	Monday, September 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau						Sun 25	Sutra 161
	Makara Rasi: 9.45	Tithi 11	Gulika	1:27PM – 2:58PM	Uttarashadha Until 6:15AM	Ganesha: Clear	Sunrise: 5:56AM	Sobhana 5125		
	Family Home Evening		Yama	10:27AM – 11:57AM	Athiganda* Until 9:51AM	Muruga: White	Sunset: 5:58PM	Moon 9 - Phase 23 - 25	4th Phase	
	Routine Work	Marana Yoga	588626573	Rahu	7:26AM – 8:57AM	Nataraja: White				
	Until 6:15AM				Vanija Until 1:02PM	Moon – Light Blue	Subha Sivaloka Day			
Then Creative Work - Amrita Yoga		Ekadashi Until 11:31PM						Bhadrapada*Puratasi		
3	Tuesday, September 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau						Sun 26	Sutra 162
	Makara Rasi: 24.26	Tithi 12	Gulika	11:57AM – 1:26PM	Dhanishtha Until 1:41AM Wed	Ganesha: White	Sunrise: 5:58AM	Sobhana 5125		
			Yama	8:57AM – 10:27AM	Sukarma Until 6:15AM	Muruga: White	Sunset: 5:56PM	Moon 9 - Phase 23 - 26	4th Phase	
	Creative Work	Siddha Yoga	598626573	Rahu	2:56PM – 4:26PM	Nataraja: White				
					Bava Until 9:57AM	Moon – Purple	Subha Subha Sivaloka Day			
		Dvadashi Until 8:17PM						Bhadrapada*Puratasi		
4	Wednesday, September 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau						Sun 27	Sutra 163
	Kumbha Rasi: 9.21	Tithi 13 – 14	Gulika	10:27AM – 11:56AM	Shatabhishak Until 10:53PM	Ganesha: White	Sunrise: 6:00AM	Sobhana 5125		
			Yama	7:29AM – 8:58AM	Shula* Until 10:25PM	Muruga: White	Sunset: 5:53PM	Moon 9 - Phase 23 - 27	4th Phase	
	Creative Work	Siddha Yoga	598626573	Rahu	11:56AM – 1:26PM	Nataraja: White				
	Until 10:53PM				Kaulava Until 6:36AM	Moon – Purple	Subha Subha Sivaloka Day			
Then Creative Work - Amrita Yoga		Trayodashi Until 4:51PM						Bhadrapada*Puratasi		
		Chidambaram Abhishekam Kadaitswami Mahasamadhi						Pradosha Vrata		
	Thursday, September 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau						Sun 28	Sutra 164
	Kumbha Rasi: 24.22	Tithi 14 – 15	Gulika	8:59AM – 10:27AM	Purvaproshtapada* Until 8:21PM	Ganesha: Yellow	Sunrise: 6:01AM	Sobhana 5125		
			Yama	6:01AM – 7:30AM	Ganda* Until 6:26PM	Muruga: White	Sunset: 5:51PM	Moon 9 - Phase 23 - 28	Purnima	
	Creative Work	Siddha Yoga	618626573	Rahu	1:25PM – 2:53PM	Nataraja: White				
					Visti Until 11:42PM	Moon – Clear	Subha Sivaloka Day			
		Chaturdashi* Until 1:23PM						Bhadrapada*Puratasi		
	Friday, September 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau						Sun 29	Sutra 165
	Meena Rasi: 9.2	Tithi 15 – 16	Gulika	7:31AM – 8:59AM	Uttaraproshtapada Until 5:50PM	Ganesha: Yellow	Sunrise: 6:03AM	Sobhana 5125		
			Yama	2:52PM – 4:20PM	Vridhhi Until 2:35PM	Muruga: White	Sunset: 5:48PM	Moon 9 - Phase 23 - 29	Prathama	
	Creative Work	Siddha Yoga	618626573	Rahu	10:28AM – 11:56AM	Nataraja: White				
					Balava Until 8:26PM	Moon – Clear	Subha Sivaloka Day			
		Purnima* Until 10:01AM						Bhadrapada*Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502

All times are standard time. Calculated for Bradford, UK on 1/18/22

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Saturday, September 30, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Bradford, UK

Sutra 166

Sobhana 5125

Meena Rasi: 24.07 Tithi 16 – 17

Gulika 6:05AM – 7:32AM
Yama 1:23PM – 2:51PM
618626573 **Rahu** 9:00AM – 10:28AM

Revati Until 3:31PM
Dhruva Until 10:57AM
Gara Until 4:14AM Sun
Prathama* Until 6:55AM

Ganesha: Yellow *Sunrise: 6:05AM*
Muruga: White *Sunset: 5:46PM*
Nataraja: White
Moon – Clear
Bhadrapada*Puratasi

Moon 10 - Phase 24 - 1st Phase

Routine Work Prabalarishta Yoga
Until 3:31PM
Then Creative Work - Siddha Yoga

Subha Sivaloka Day

1 Sunday, October 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharu Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau

Bradford, UK

Sun 1 Sutra 167

Sobhana 5125

Mesha Rasi: 9 Tithi 18

Gulika 2:49PM – 4:16PM
Yama 11:55AM – 1:22PM
628626573 **Rahu** 4:16PM – 5:43PM

Ashvini Until 1:57PM
Vyaghata* Until 7:43AM
Vanija Until 3:07PM
Tritiya Until 2:07AM Mon

Ganesha: White *Sunrise: 6:07AM*
Muruga: White *Sunset: 5:43PM*
Nataraja: White
Moon – White
Bhadrapada*Puratasi

Moon 10 - Phase 24 - 1st Phase

Creative Work Siddha Yoga
Until 1:57PM
Then Routine Work - Prabalarishta Yoga

Subha Subha Sivaloka Day

2 Monday, October 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Bava/Balava Karana Chaturthyam Titau

Bradford, UK

Sun 2 Sutra 168

Sobhana 5125

Mesha Rasi: 22.41 Tithi 19

Family Home Evening

Gulika 1:21PM – 2:48PM
Yama 10:28AM – 11:55AM
629626573 **Rahu** 7:35AM – 9:02AM

Bharani Until 12:53PM
Vajra* Until 2:45AM Tue
Bava Until 1:20PM
Chaturthi* Until 12:42AM Tue

Ganesha: Clear *Sunrise: 6:08AM*
Muruga: White *Sunset: 5:41PM*
Nataraja: White
Moon – White
Bhadrapada*Puratasi

Moon 10 - Phase 24 - 2 1st Phase

Creative Work Siddha Yoga
Until 12:53PM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

3 Tuesday, October 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika/Rohini Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Bradford, UK

Sun 3 Sutra 169

Sobhana 5125

Mrishabha Rasi: 6.21 Tithi 20

Gulika 11:54AM – 1:20PM
Yama 9:02AM – 10:28AM
629626573 **Rahu** 2:46PM – 4:13PM

Krittika Until 12:23PM
Siddhi Until 1:10AM Wed
Kaulava Until 12:17PM
Panchami Until 12:03AM Wed

Ganesha: Clear *Sunrise: 6:10AM*
Muruga: White *Sunset: 5:39PM*
Nataraja: White
Moon – White
Bhadrapada*Puratasi

Moon 10 - Phase 24 - 3 1st Phase

Creative Work Siddha Yoga
Until 12:23PM
Then Creative Work - Amrita Yoga

Subha Sivaloka Day

4 Wednesday, October 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shashthyam Titau

Bradford, UK

Sun 4 Sutra 170

Sobhana 5125

Mrishabha Rasi: 19.34 Tithi 21

Gulika 10:29AM – 11:54AM
Yama 7:38AM – 9:03AM
639626573 **Rahu** 11:54AM – 1:20PM

Rohini Until 12:58PM
Vyatipata* Until 12:14AM Thu
Gara Until 12:03PM
Shashthi* Until 12:12AM Thu

Ganesha: Purple *Sunrise: 6:12AM*
Muruga: White *Sunset: 5:36PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Moon 10 - Phase 24 - 4 1st Phase

Creative Work Siddha Yoga

Sivaloka Day

5 Thursday, October 5, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira/Ardra Nakshatra Variyan Yoga Visti*Bava Karana Saptamyam Titau

Bradford, UK

Sun 5 Sutra 171

Sobhana 5125

Mithuna Rasi: 2.23 Tithi 22

Gulika 9:04AM – 10:29AM
Yama 6:14AM – 7:39AM
639726573 **Rahu** 1:19PM – 2:44PM

Mrigashira Until 2:10PM
Variyan Until 11:52PM
Visti Until 12:36PM
Saptami Until 1:07AM Fri

Ganesha: Clear *Sunrise: 6:14AM*
Muruga: White *Sunset: 5:34PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Moon 10 - Phase 24 - 5 1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

Friday, October 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Bradford, UK

Sun 6 Sutra 172

Sobhana 5125

Mithuna Rasi: 14.51 Tithi 23

Gulika 7:40AM – 9:05AM
Yama 2:42PM – 4:07PM
639726573 **Rahu** 10:29AM – 11:53AM

Ardra Until 3:53PM
Parigha* Until 12:00AM Sat
Balava Until 1:51PM
Ashtami* Until 2:42AM Sat

Ganesha: Clear *Sunrise: 6:16AM*
Muruga: White *Sunset: 5:31PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Moon 10 - Phase 24 - 6 Ashtami

Creative Work Siddha Yoga

Subha Sivaloka Day

Saturday, October 7, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Taitila/Gara Karana Navamyam Titau

Bradford, UK

Sun 7 Sutra 173

Sobhana 5125

Mithuna Rasi: 27.04 Tithi 24

Gulika 6:17AM – 7:41AM
Yama 1:17PM – 2:41PM
649726573 **Rahu** 9:05AM – 10:29AM

Punarvasu Until 6:28PM
Shiva Until 12:33AM Sun
Taitila Until 3:42PM
Navami* Until 4:45AM Sun

Ganesha: Purple *Sunrise: 6:17AM*
Muruga: White *Sunset: 5:29PM*
Nataraja: White
Moon – Blue
Bhadrapada*Puratasi

Moon 10 - Phase 24 - 7 Navami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

1	Sunday, October 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 8		Sutra 174
	Kataka Rasi: 9.05	Tithi 25	Gulika	2:40PM – 4:03PM	Pushya Until 9:14PM	Ganesha: Purple	Sunrise: 6:19AM	Sobhana 5125	
			Yama	11:53AM – 1:16PM	Siddha Until 1:19AM Mon	Muruga: White	Sunset: 5:27PM	Moon 10 - Phase 25 - 8	
	Creative Work	Siddha Yoga	649726574 Rahu	4:03PM – 5:27PM	Vanija Until 5:56PM	Nataraja: Clear		2nd Phase	
					Dashami Until 7:07AM Mon	Moon – Blue	Subha Sivaloka Day		
						Bhadrapada•Puratasi			
2	Monday, October 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Sun 9		Sutra 175
	Kataka Rasi: 20.59	Tithi 25 – 26	Gulika	1:16PM – 2:38PM	Ashlesha* Until 12:02AM Tue	Ganesha: Blue	Sunrise: 6:21AM	Sobhana 5125	
	Family Home Evening		Yama	10:30AM – 11:53AM	Sadhya Until 2:13AM Tue	Muruga: White	Sunset: 5:24PM	Moon 10 - Phase 25 - 9	
	Creative Work	Siddha Yoga	641726574 Rahu	7:44AM – 9:07AM	Bava Until 8:23PM	Nataraja: Clear		2nd Phase	
					Dashami Until 7:07AM	Moon – Blue	Subha Sivaloka Day		
						Bhadrapada•Puratasi			
3	Tuesday, October 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Sun 10		Sutra 176
	Simha Rasi: 2.51	Tithi 26 – 27	Gulika	11:52AM – 1:15PM	Magha* Until 3:11AM Wed	Ganesha: Red	Sunrise: 6:23AM	Sobhana 5125	
			Yama	9:08AM – 10:30AM	Subha Until 3:08AM Wed	Muruga: White	Sunset: 5:22PM	Moon 10 - Phase 25 - 10	
	Creative Work	Siddha Yoga	651726574 Rahu	2:37PM – 4:00PM	Kaulava Until 10:53PM	Nataraja: Clear		2nd Phase	
					Ekadashi* Until 9:37AM	Moon – Red	Sivaloka Day		
						Bhadrapada•Puratasi			
4	Wednesday, October 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11		Sutra 177
	Simha Rasi: 14.43	Tithi 27 – 28	Gulika	10:30AM – 11:52AM	Purvaphalguni Until 6:02AM Thu	Ganesha: Red	Sunrise: 6:25AM	Sobhana 5125	
			Yama	7:47AM – 9:08AM	Sukla Until 3:55AM Thu	Muruga: White	Sunset: 5:20PM	Moon 10 - Phase 25 - 11	
	Creative Work	Amrita Yoga	651726574 Rahu	11:52AM – 1:14PM	Gara Until 1:16AM Thu	Nataraja: Clear		2nd Phase	
					Dvadashi* Until 12:04PM	Moon – Red	Sivaloka Day		
					Pradosha Vrata (Fasting)	Bhadrapada•Puratasi			
5	Thursday, October 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12		Sutra 178
	Simha Rasi: 26.38	Tithi 28 – 29	Gulika	9:09AM – 10:31AM	Purvaphalguni Until 6:02AM	Ganesha: Red	Sunrise: 6:26AM	Sobhana 5125	
			Yama	6:26AM – 7:48AM	Brahma Until 4:31AM Fri	Muruga: White	Sunset: 5:17PM	Moon 10 - Phase 25 - 12	
	Creative Work	Siddha Yoga	651726574 Rahu	1:13PM – 2:35PM	Visti Until 3:24AM Fri	Nataraja: Clear		2nd Phase	
					Trayodashi* Until 2:21PM	Moon – Red	Sivaloka Day		
						Bhadrapada•Puratasi			
6	Friday, October 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13		Sutra 179
	Kanya Rasi: 8.4	Tithi 29 – 30	Gulika	7:49AM – 9:10AM	Uttaraphalguni Until 8:27AM	Ganesha: Red	Sunrise: 6:28AM	Sobhana 5125	
			Yama	2:33PM – 3:54PM	Indra Until 4:52AM Sat	Muruga: White	Sunset: 5:15PM	Moon 10 - Phase 25 - 13	
	Creative Work	Siddha Yoga	651726574 Rahu	10:31AM – 11:52AM	Catuspada Until 5:11AM Sat	Nataraja: Clear		2nd Phase	
					Chaturdashi* Until 4:19PM	Moon – Red	Sivaloka Day		
						Bhadrapada•Puratasi			
●	Saturday, October 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14		Sutra 180
	Retreat Star		Gulika	6:30AM – 7:50AM	Hasta Until 10:52AM	Ganesha: Yellow	Sunrise: 6:30AM	Sobhana 5125	
	Kanya Rasi: 20.5	Tithi 30 – 1	Yama	1:12PM – 2:32PM	Vaidhriti* Until 4:52AM Sun	Muruga: White	Sunset: 5:13PM	Moon 10 - Phase 25 - 14	
	Routine Work	Marana Yoga	661726574 Rahu	9:11AM – 10:31AM	Kintughna Until 6:33AM Sun	Nataraja: Clear		Amavasya	
					Amavasya* Until 5:54PM	Moon – Green	Sivaloka Day		
						Bhadrapada•Puratasi			
	Sunday, October 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 15		Sutra 181
	Retreat Star		Gulika	2:31PM – 3:50PM	Chitra Until 12:41PM	Ganesha: Yellow	Sunrise: 6:32AM	Sobhana 5125	
	Tula Rasi: 3.11	Tithi 1	Yama	11:51AM – 1:11PM	Vishkambha* Until 4:31AM Mon	Muruga: White	Sunset: 5:10PM	Moon 10 - Phase 25 - 15	
	Creative Work	Siddha Yoga	661726574 Rahu	3:50PM – 5:10PM	Kintughna Until 6:33AM	Nataraja: Clear		Prathama	
					Prathama* Until 7:02PM	Moon – Green	Sivaloka Day		
					Navaratri Begins	Ashvina•Puratasi			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Monday, October 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti Yoga Balava/Kaulava Karana Dvitiyayam Titau					Sun 16	Sutra 182
	Tula Rasi: 15.44	Tithi 2	Gulika	1:10PM – 2:29PM	Svati Until 1:54PM	Ganesha: Yellow	Sunrise: 6:34AM		Sobhana 5125
	Family Home Evening		Yama	10:32AM – 11:51AM	Priti Until 3:50AM Tue	Muruga: White	Sunset: 5:08PM	Moon 10 -	Phase 26 - 16
	Creative Work	Amrita Yoga	661726574 Rahu	7:53AM – 9:12AM	Balava Until 7:27AM	Nataraja: Clear			3rd Phase
	Until 1:54PM				Dvitiya Until 7:43PM	Moon – Green		Sivaloka Day	
Then Routine Work - Marana Yoga									
2	Tuesday, October 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau					Sun 17	Bradford, UK Sutra 183
	Tula Rasi: 28.29	Tithi 3	Gulika	11:51AM – 1:09PM	Vishakha Until 2:58PM	Ganesha: Red	Sunrise: 6:36AM		Sobhana 5125
			Yama	9:13AM – 10:32AM	Ayushman Until 2:45AM Wed	Muruga: White	Sunset: 5:06PM	Moon 10 -	Phase 26 - 17
			671726574 Rahu	2:28PM – 3:47PM	Taitila Until 7:53AM	Nataraja: Clear			3rd Phase
	Routine Work	Marana Yoga			Tritiya Until 7:55PM	Moon – Orange		Sivaloka Day	
Until 2:58PM									
Then Creative Work - Siddha Yoga									
3	Wednesday, October 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau					Sun 18	Bradford, UK Sutra 184
	Vrischika Rasi: 11.29	Tithi 4	Gulika	10:32AM – 11:51AM	Anuradha Until 3:27PM	Ganesha: Red	Sunrise: 6:38AM		Sobhana 5125
			Yama	7:56AM – 9:14AM	Saubhagya Until 1:19AM Thu	Muruga: White	Sunset: 5:03PM	Moon 10 -	Phase 26 - 18
			671726574 Rahu	11:51AM – 1:09PM	Vanija Until 7:52AM	Nataraja: Clear			3rd Phase
	Creative Work	Siddha Yoga			Chaturthi* Until 7:40PM	Moon – Orange		Sivaloka Day	
		Ashvina*Aipasi							
4	Thursday, October 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau					Sun 19	Bradford, UK Sutra 185
	Vrischika Rasi: 24.42	Tithi 5	Gulika	9:15AM – 10:33AM	Jyeshtha* Until 3:20PM	Ganesha: Red	Sunrise: 6:39AM		Sobhana 5125
			Yama	6:39AM – 7:57AM	Sobhana Until 11:34PM	Muruga: White	Sunset: 5:01PM	Moon 10 -	Phase 26 - 19
			671726574 Rahu	1:08PM – 2:26PM	Bava Until 7:23AM	Nataraja: Clear			3rd Phase
	Routine Work	Prabalarishta Yoga			Panchami Until 6:58PM	Moon – Orange		Sivaloka Day	
Until 3:20PM									
Then Creative Work - Siddha Yoga									
5	Friday, October 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau					Sun 20	Bradford, UK Sutra 186
	Dhanus Rasi: 8.09	Tithi 6 – 7	Gulika	7:59AM – 9:16AM	Mula* Until 3:07PM	Ganesha: Yellow	Sunrise: 6:41AM		Sobhana 5125
			Yama	2:25PM – 3:42PM	Athiganda* Until 9:28PM	Muruga: White	Sunset: 4:59PM	Moon 10 -	Phase 26 - 20
			682726574 Rahu	10:33AM – 11:50AM	Kaulava Until 6:29AM	Nataraja: Clear			3rd Phase
	Creative Work	Amrita Yoga			Shashthi* Until 5:52PM	Moon – Light Blue		Sivaloka Day	
Until 3:07PM									
Then Routine Work - Prabalarishta Yoga									
6	Saturday, October 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau					Sun 21	Bradford, UK Sutra 187
	Dhanus Rasi: 21.5	Tithi 7 – 8	Gulika	6:43AM – 8:00AM	Purvashadha* Until 2:21PM	Ganesha: Yellow	Sunrise: 6:43AM		Sobhana 5125
			Yama	1:07PM – 2:23PM	Sukarma Until 7:04PM	Muruga: White	Sunset: 4:57PM	Moon 10 -	Phase 26 - 21
			682726574 Rahu	9:17AM – 10:33AM	Visti Until 3:30AM Sun	Nataraja: Clear			3rd Phase
	Creative Work	Siddha Yoga			Saptami Until 4:22PM	Moon – Light Blue		Sivaloka Day	
Until 2:21PM									
Then Routine Work - Marana Yoga									
D	Sunday, October 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau					Sun 22	Bradford, UK Sutra 188
	Retreat Star		Gulika	2:22PM – 3:38PM	Uttarashadha Until 1:05PM	Ganesha: Yellow	Sunrise: 6:45AM		Sobhana 5125
	Makara Rasi: 5.45	Tithi 8 – 9	Yama	11:50AM – 1:06PM	Dhriti Until 4:22PM	Muruga: White	Sunset: 4:55PM	Moon 10 -	Phase 26 - 22
			682726574 Rahu	3:38PM – 4:55PM	Balava Until 1:27AM Mon	Nataraja: Clear			Ashtami
	Creative Work	Amrita Yoga			Ashtami* Until 2:30PM	Moon – Light Blue		Sivaloka Day	
		Ashvina*Aipasi							
Durga Ashtami									
D	Monday, October 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau					Sun 23	Bradford, UK Sutra 189
	Retreat Star		Gulika	1:05PM – 2:21PM	Shravana Until 11:45AM	Ganesha: White	Sunrise: 6:47AM		Sobhana 5125
	Makara Rasi: 19.54	Tithi 9 – 10	Yama	10:34AM – 11:50AM	Shula* Until 1:23PM	Muruga: White	Sunset: 4:52PM	Moon 10 -	Phase 26 - 23
			692726574 Rahu	8:03AM – 9:18AM	Taitila Until 11:06PM	Nataraja: Clear			Navami
	Creative Work	Amrita Yoga			Navami* Until 12:17PM	Moon – Purple		Devaloka Day	
Until 11:45AM									
Then Creative Work - Siddha Yoga		Saraswathi Puja (Tamil Nadu)							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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1	Tuesday, October 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau					Bradford, UK	
	Kumbha Rasi: 4.14	Tithi 10 – 11	Gulika	11:50AM – 1:05PM	Dhanishtha Until 10:00AM	Ganesha: White	Sunrise: 6:49AM	Sun 24	Sutra 190
			Yama	9:19AM – 10:34AM	Ganda* Until 10:11AM	Muruga: White	Sunset: 4:50PM	Sobhana 5125	
	692726574		Rahu	2:20PM – 3:35PM	Vanija Until 8:30PM	Nataraja: Clear	Moon 10 - Phase 27 - 24		
	Creative Work	Siddha Yoga	Vijaya Dasami		Dashami Until 9:48AM	Moon – Purple	4th Phase		
Until 10:00AM					Ashvina•Aipasi		Devaloka Day		
Then Routine Work - Marana Yoga									
2	Wednesday, October 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Visti*/Balava Karana Ekadashi/Dvadashtyam Titau					Bradford, UK	
	Kumbha Rasi: 18.44	Tithi 11 – 12	Gulika	10:35AM – 11:49AM	Shatabhishak Until 7:55AM	Ganesha: White	Sunrise: 6:51AM	Sun 25	Sutra 191
			Yama	8:05AM – 9:20AM	Vridhhi Until 6:50AM	Muruga: White	Sunset: 4:48PM	Sobhana 5125	
	692726574		Rahu	11:49AM – 1:04PM	Balava Until 4:19AM Thu	Nataraja: Clear	Moon 10 - Phase 27 - 25		
	Creative Work	Siddha Yoga			Ekadashi Until 7:07AM	Moon – Purple	4th Phase		
Until 7:55AM					Ashvina•Aipasi		Devaloka Day		
Then Creative Work - Amrita Yoga									
3	Thursday, October 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau					Bradford, UK	
	Meena Rasi: 3.19	Tithi 13	Gulika	9:21AM – 10:35AM	Purvaproshtapada* Until 6:00AM	Ganesha: Purple	Sunrise: 6:53AM	Sun 26	Sutra 192
			Yama	6:53AM – 8:07AM	Vyaghata* Until 11:54PM	Muruga: White	Sunset: 4:46PM	Sobhana 5125	
	612726574		Rahu	1:03PM – 2:18PM	Kaulava Until 2:55PM	Nataraja: Clear	Moon 10 - Phase 27 - 26		
	Creative Work	Siddha Yoga			Trayodashi Until 1:31AM Fri	Moon – Clear	4th Phase		
					Ashvina•Aipasi		Devaloka Day		
		Pradosha Vrata							
4	Friday, October 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau					Bradford, UK	
	Meena Rasi: 17.54	Tithi 14	Gulika	8:08AM – 9:22AM	Revati Until 1:54AM Sat	Ganesha: Purple	Sunrise: 6:55AM	Sun 27	Sutra 193
			Yama	2:17PM – 3:30PM	Harshana Until 8:32PM	Muruga: White	Sunset: 4:44PM	Sobhana 5125	
	612726574		Rahu	10:36AM – 11:49AM	Gara Until 12:10PM	Nataraja: Clear	Moon 10 - Phase 27 - 27		
	Creative Work	Siddha Yoga			Chaturdashi* Until 10:50PM	Moon – Clear	4th Phase		
					Ashvina•Aipasi		Devaloka Day		
	Saturday, October 28, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnimayam Titau					Bradford, UK	
	Copper Retreat Star		Gulika	6:56AM – 8:10AM	Ashvini Until 12:24AM Sun	Ganesha: Clear	Sunrise: 6:56AM	Sutra 194	
	Mesha Rasi: 2.22	Tithi 15	Yama	1:02PM – 2:16PM	Vajra* Until 5:21PM	Muruga: White	Sunset: 4:42PM	Sobhana 5125	
	622726574		Rahu	9:23AM – 10:36AM	Visti Until 9:36AM	Nataraja: Clear	Moon 10 - Phase 27 -		
	Creative Work	Siddha Yoga			Purnima* Until 8:25PM	Moon – White	Purnima		
Until 12:24AM Sun					Ashvina•Aipasi		Sivaloka Day		
Then Routine Work - Prabalarishta Yoga									
	Sunday, October 29, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau					Bradford, UK	
	Silver Retreat Star		Gulika	2:14PM – 3:27PM	Bharani Until 11:10PM	Ganesha: Clear	Sunrise: 6:58AM	Sutra 195	
	Mesha Rasi: 16.38	Tithi 16	Yama	11:49AM – 1:02PM	Siddhi Until 2:28PM	Muruga: White	Sunset: 4:40PM	Sobhana 5125	
	622726574		Rahu	3:27PM – 4:40PM	Balava Until 7:21AM	Nataraja: Clear	Moon 10 - Phase 27 -		
	Routine Work	Prabalarishta Yoga			Prathama* Until 6:23PM	Moon – White	Prathama		
Until 11:10PM					Ashvina•Aipasi		Sivaloka Day		
Then Creative Work - Siddha Yoga									

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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**Monday, October 30, 2023****Gold Retreat Star**

Vrishabha Rasi: 1 Tithi 17 – 18
Family Home Evening
 Routine Work Marana Yoga
 Until 10:20PM
 Then Creative Work - Amrita Yoga

Gulika **1:01PM – 2:13PM**
 Yama 10:37AM – 11:49AM
 622826574 **Rahu** **8:12AM – 9:25AM**

Sobhana Nama Samvatsare Dakshinaya Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Kritika Nakshatra Vyatipata* Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kritika Until 10:20PM
 Vyatipata* Until 12:01PM
 Vanija Until 4:22AM Tue
Dvitiya Until 4:52PM

Ganesha: White *Sunrise:* 7:00AM
Muruga: White *Sunset:* 4:38PM
Nataraja: Clear
 Moon – White
Ashvina•Aipasi

Subha Sivaloka Day

Bradford, UK
 Sun 1 Sutra 196
 Sobhana 5125
 Moon 11 - Phase 28 - 1
 1st Phase

1**Tuesday, October 31, 2023**

Vrishabha Rasi: 14.13 Tithi 18 – 19
 Creative Work Amrita Yoga
 Until 10:26PM
 Then Creative Work - Siddha Yoga

Gulika **11:49AM – 1:01PM**
 Yama 9:26AM – 10:37AM
 632826574 **Rahu** **2:12PM – 3:24PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
 Rohini Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Rohini Until 10:26PM
 Variyan Until 10:01AM
 Bava Until 3:51AM Wed
Tritiya Until 4:00PM

Ganesha: Yellow *Sunrise:* 7:02AM
Muruga: White *Sunset:* 4:36PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Sivaloka Day

Bradford, UK
 Sun 2 Sutra 197
 Sobhana 5125
 Moon 11 - Phase 28 - 2
 1st Phase

2**Wednesday, November 1, 2023**

Vrishabha Rasi: 27.27 Tithi 19 – 20
 Creative Work Siddha Yoga

Gulika **10:38AM – 11:49AM**
 Yama 8:15AM – 9:26AM
 632826574 **Rahu** **11:49AM – 1:00PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
 Mrigashira Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Mrigashira Until 11:06PM
 Parigha* Until 8:34AM
 Kaulava Until 4:03AM Thu
Chaturthi* Until 3:50PM

Ganesha: Yellow *Sunrise:* 7:04AM
Muruga: White *Sunset:* 4:34PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Sivaloka Day

Bradford, UK
 Sun 3 Sutra 198
 Sobhana 5125
 Moon 11 - Phase 28 - 3
 1st Phase

3**Thursday, November 2, 2023**

Mithuna Rasi: 10.19 Tithi 20 – 21
 Routine Work Marana Yoga
 Until 12:18AM Fri
 Then Creative Work - Siddha Yoga

Gulika **9:27AM – 10:38AM**
 Yama 7:06AM – 8:17AM
 633826574 **Rahu** **1:00PM – 2:10PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
 Ardra Nakshatra Shiva/Siddha Yoga Tautila/Gara Karana Panchami/Shashthyam Titau

Ardra Until 12:18AM Fri
 Shiva Until 7:42AM
 Gara Until 4:58AM Fri
Panchami Until 4:24PM

Ganesha: White *Sunrise:* 7:06AM
Muruga: White *Sunset:* 4:32PM
Nataraja: Clear
 Moon – Yellow
Ashvina•Aipasi

Devaloka Day

Bradford, UK
 Sun 4 Sutra 199
 Sobhana 5125
 Moon 11 - Phase 28 - 4
 1st Phase

4**Friday, November 3, 2023**

Mithuna Rasi: 22.52 Tithi 21 – 22
 Creative Work Siddha Yoga

Gulika **8:18AM – 9:28AM**
 Yama 2:09PM – 3:20PM
 643826574 **Rahu** **10:39AM – 11:49AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
 Punarvasu Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Punarvasu Until 2:28AM Sat
 Siddha Until 7:22AM
 Visti Until 6:33AM Sat
Shashthi* Until 5:40PM

Ganesha: Yellow *Sunrise:* 7:08AM
Muruga: White *Sunset:* 4:30PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Sivaloka Day

Bradford, UK
 Sun 5 Sutra 200
 Sobhana 5125
 Moon 11 - Phase 28 - 5
 1st Phase

5**Saturday, November 4, 2023**

Kataka Rasi: 5.07 Tithi 22
 Creative Work Siddha Yoga

Gulika **7:10AM – 8:20AM**
 Yama 12:59PM – 2:08PM
 643826574 **Rahu** **9:29AM – 10:39AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
 Pushya Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Saptamyam Titau

Pushya Until 4:59AM Sun
 Sadhya Until 7:32AM
 Visti Until 6:33AM
Saptami Until 7:31PM

Ganesha: Yellow *Sunrise:* 7:10AM
Muruga: White *Sunset:* 4:28PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Sivaloka Day

Bradford, UK
 Sun 6 Sutra 201
 Sobhana 5125
 Moon 11 - Phase 28 - 6
 1st Phase

D**Sunday, November 5, 2023****Retreat Star**

Kataka Rasi: 17.1 Tithi 23
 Creative Work Siddha Yoga
 Until 7:40AM Mon
 Then Routine Work - Marana Yoga

Gulika **2:08PM – 3:17PM**
 Yama 11:49AM – 12:58PM
 643826574 **Rahu** **3:17PM – 4:26PM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Ashlesha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Ashlesha* Until 7:40AM Mon
 Subha Until 8:05AM
 Balava Until 8:39AM
Ashtami* Until 9:48PM

Ganesha: Yellow *Sunrise:* 7:12AM
Muruga: White *Sunset:* 4:26PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Sivaloka Day

Bradford, UK
 Sun 7 Sutra 202
 Sobhana 5125
 Moon 11 - Phase 28 - 7
 Ashtami

Monday, November 6, 2023**Retreat Star**

Kataka Rasi: 29.05 Tithi 24
Family Home Evening
 Creative Work Siddha Yoga
 Until 7:40AM
 Then Routine Work - Marana Yoga

Gulika **12:58PM – 2:07PM**
 Yama 10:40AM – 11:49AM
 643826574 **Rahu** **8:22AM – 9:31AM**

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
 Ashlesha*/Magha* Nakshatra Sukla/Brahma Yoga Tautila/Gara Karana Navamyam Titau

Ashlesha* Until 7:40AM
 Sukla Until 8:52AM
 Tautila Until 11:04AM
Navami* Until 12:19AM Tue

Ganesha: Yellow *Sunrise:* 7:14AM
Muruga: White *Sunset:* 4:24PM
Nataraja: Clear
 Moon – Blue
Ashvina•Aipasi

Sivaloka Day

Bradford, UK
 Sun 8 Sutra 203
 Sobhana 5125
 Moon 11 - Phase 28 - 8
 Navami

1	Tuesday, November 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Dashamyam Titau					Bradford, UK	
	Simha Rasi: 10.56	Tithi 25	Gulika 11:49AM – 12:57PM	Magha* Until 10:50AM	Ganesha: Yellow	Sunrise: 7:16AM	Sun 9	Sutra 204	
			Yama 9:32AM – 10:41AM	Brahma Until 9:45AM	Muruga: White	Sunset: 4:23PM	Moon 11 - Phase 29 - 9	Sobhana 5125	
	Creative Work	Siddha Yoga	753826574 Rahu 2:06PM – 3:14PM	Vanija Until 1:37PM	Nataraja: Clear		2nd Phase		
				Dashami Until 2:50AM Wed	Ashvina•Aipasi	Sivaloka Day			
2	Wednesday, November 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau					Bradford, UK	
	Simha Rasi: 22.49	Tithi 26	Gulika 10:41AM – 11:49AM	Purvaphalguni Until 1:45PM	Ganesha: Yellow	Sunrise: 7:17AM	Sun 10	Sutra 205	
			Yama 8:25AM – 9:33AM	Indra Until 10:36AM	Muruga: White	Sunset: 4:21PM	Moon 11 - Phase 29 - 10	Sobhana 5125	
	Creative Work	Amrita Yoga	753826574 Rahu 11:49AM – 12:57PM	Bava Until 4:03PM	Nataraja: Clear		2nd Phase		
				Ekadashi* Until 5:09AM Thu	Ashvina•Aipasi	Sivaloka Day			
3	Thursday, November 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Dvadashyam Titau					Bradford, UK	
	Kanya Rasi: 4.46	Tithi 27	Gulika 9:34AM – 10:42AM	Uttaraphalguni Until 4:13PM	Ganesha: Yellow	Sunrise: 7:19AM	Sun 11	Sutra 206	
			Yama 7:19AM – 8:27AM	Vaidhriti* Until 11:13AM	Muruga: White	Sunset: 4:19PM	Moon 11 - Phase 29 - 11	Sobhana 5125	
		Amrita Yoga	753826574 Rahu 12:57PM – 2:04PM	Kaulava Until 6:11PM	Nataraja: Clear		2nd Phase		
				Dvadashi* Until 7:04AM Fri	Ashvina•Aipasi	Sivaloka Day			
Until 4:13PM									
Then Routine Work - Marana Yoga									
4	Friday, November 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau					Bradford, UK	
	Kanya Rasi: 16.53	Tithi 27 – 28	Gulika 8:28AM – 9:35AM	Hasta Until 6:36PM	Ganesha: Blue	Sunrise: 7:21AM	Sun 12	Sutra 207	
			Yama 2:03PM – 3:10PM	Vishkambha* Until 11:32AM	Muruga: White	Sunset: 4:17PM	Moon 11 - Phase 29 - 12	Sobhana 5125	
	Creative Work	Amrita Yoga	763826574 Rahu 10:42AM – 11:49AM	Gara Until 7:52PM	Nataraja: Clear		2nd Phase		
				Dvadashi* Until 7:04AM	Ashvina•Aipasi	Devaloka Day			
				Pradosha Vrata (Fasting)					
5	Saturday, November 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Bradford, UK	
	Kanya Rasi: 29.13	Tithi 28 – 29	Gulika 7:23AM – 8:30AM	Chitra Until 8:16PM	Ganesha: Blue	Sunrise: 7:23AM	Sun 13	Sutra 208	
			Yama 12:56PM – 2:03PM	Priti Until 11:27AM	Muruga: White	Sunset: 4:16PM	Moon 11 - Phase 29 - 13	Sobhana 5125	
		Marana Yoga	763826574 Rahu 9:36AM – 10:43AM	Visti Until 8:58PM	Nataraja: Clear		2nd Phase		
				Trayodashi* Until 8:28AM	Ashvina•Aipasi	Devaloka Day			
				Subramuniyaswami Mahasamadhi					
				Deepavali Hindu Solidarity Day					
	Sunday, November 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Bradford, UK	
	Retreat Star		Gulika 2:02PM – 3:08PM	Svati Until 9:12PM	Ganesha: Blue	Sunrise: 7:25AM	Sun 14	Sutra 209	
	Tula Rasi: 11.47	Tithi 29 – 30	Yama 11:50AM – 12:56PM	Ayushman Until 10:53AM	Muruga: White	Sunset: 4:14PM	Moon 11 - Phase 29 - 14	Sobhana 5125	
			763826574 Rahu 3:08PM – 4:14PM	Catuspada Until 9:28PM	Nataraja: Clear		Amavasya		
				Chaturdashi* Until 9:16AM	Ashvina•Aipasi	Devaloka Day			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Tuesday, November 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau						Bradford, UK
	Vrischika Rasi: 7.49	Tithi 1 – 2	Gulika	11:50AM – 12:55PM	Anuradha Until 9:52PM	Ganesha: Blue	Sunrise: 7:29AM	Sun 16	Sutra 211
			Yama	9:39AM – 10:45AM	Sobhana Until 8:25AM	Muruga: White	Sunset: 4:11PM	Moon 11	Sobhana 5125
		773826574	Rahu	2:00PM – 3:06PM	Balava Until 8:45PM	Nataraja: Clear		Phase 30 - 16	3rd Phase
	Creative Work	Siddha Yoga			Prathama* Until 9:06AM	Moon – Orange		Devaloka Day	
	Until 9:52PM					Karttika*Aipasi			
	Then Routine Work - Marana Yoga								
2	Wednesday, November 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Bradford, UK
	Vrischika Rasi: 21.14	Tithi 2 – 3	Gulika	10:45AM – 11:50AM	Jyeshtha* Until 9:18PM	Ganesha: Blue	Sunrise: 7:31AM	Sun 17	Sutra 212
			Yama	8:35AM – 9:40AM	Athiganda* Until 6:34AM	Muruga: White	Sunset: 4:09PM	Moon 11	Sobhana 5125
		773826574	Rahu	11:50AM – 12:55PM	Taitila Until 7:42PM	Nataraja: Clear		Phase 30 - 17	3rd Phase
	Creative Work	Siddha Yoga			Dvitiya Until 8:15AM	Moon – Orange		Devaloka Day	
	Until 9:18PM					Karttika*Aipasi			
	Then Routine Work - Marana Yoga								
3	Thursday, November 16, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau						Bradford, UK
	Dhanus Rasi: 4.53	Tithi 3 – 4	Gulika	9:41AM – 10:46AM	Mula* Until 8:41PM	Ganesha: Yellow	Sunrise: 7:32AM	Sun 18	Sutra 213
			Yama	7:32AM – 8:37AM	Dhriti Until 2:01AM Fri	Muruga: White	Sunset: 4:08PM	Moon 11	Sobhana 5125
		784826574	Rahu	12:55PM – 1:59PM	Vanija Until 6:18PM	Nataraja: Clear		Phase 30 - 18	3rd Phase
	Creative Work	Siddha Yoga			Tritiya Until 7:01AM	Moon – Light Blue		Sivaloka Day	
						Karttika*Karttikai			
4	Friday, November 17, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Bava/Balava Karana Panchamyam Titau						Bradford, UK
	Dhanus Rasi: 18.42	Tithi 5	Gulika	8:38AM – 9:42AM	Purvashadha* Until 7:42PM	Ganesha: Yellow	Sunrise: 7:34AM	Sun 19	Sutra 214
			Yama	1:58PM – 3:02PM	Shula* Until 11:25PM	Muruga: White	Sunset: 4:06PM	Moon 11	Sobhana 5125
		784826575	Rahu	10:46AM – 11:50AM	Bava Until 4:39PM	Nataraja: Purple		Phase 30 - 19	3rd Phase
	Routine Work	Prabalarishta Yoga			Panchami Until 3:44AM Sat	Moon – Light Blue		Subha Sivaloka Day	
	Until 7:42PM					Karttika*Karttikai			
	Then Routine Work - Marana Yoga								
5	Saturday, November 18, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau						Bradford, UK
	Makara Rasi: 2.4	Tithi 6	Gulika	7:36AM – 8:40AM	Uttarashadha Until 6:24PM	Ganesha: Yellow	Sunrise: 7:36AM	Sun 20	Sutra 215
			Yama	12:54PM – 1:58PM	Ganda* Until 8:43PM	Muruga: White	Sunset: 4:05PM	Moon 11	Sobhana 5125
		784826575	Rahu	9:43AM – 10:47AM	Kaulava Until 2:49PM	Nataraja: Purple		Phase 30 - 20	3rd Phase
	Routine Work	Marana Yoga			Shashthi* Until 1:51AM Sun	Moon – Light Blue		Subha Sivaloka Day	
	Until 6:24PM		Skanda Shasthi			Karttika*Karttikai			
	Then Creative Work - Siddha Yoga								
6	Sunday, November 19, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau						Bradford, UK
	Makara Rasi: 16.42	Tithi 7	Gulika	1:57PM – 3:00PM	Shravana Until 5:17PM	Ganesha: White	Sunrise: 7:38AM	Sun 21	Sutra 216
			Yama	11:51AM – 12:54PM	Vriddhi Until 5:56PM	Muruga: White	Sunset: 4:04PM	Moon 11	Sobhana 5125
		794826575	Rahu	3:00PM – 4:04PM	Gara Until 12:53PM	Nataraja: Purple		Phase 30 - 21	3rd Phase
	Creative Work	Amrita Yoga			Saptami Until 11:52PM	Moon – Purple		Subha Subha Sivaloka Day	
	Until 5:17PM					Karttika*Karttikai			
	Then Routine Work - Marana Yoga								
D	Monday, November 20, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau						Bradford, UK
	Retreat Star		Gulika	12:54PM – 1:57PM	Dhanishtha Until 3:56PM	Ganesha: White	Sunrise: 7:40AM	Sun 22	Sutra 217
	Kumbha Rasi: 0.48	Tithi 8	Yama	10:48AM – 11:51AM	Dhruva Until 3:05PM	Muruga: White	Sunset: 4:02PM	Moon 11	Sobhana 5125
	Family Home Evening		794826575	Rahu	8:43AM – 9:45AM	Nataraja: Purple		Phase 30 - 22	Ashtami
	Creative Work	Siddha Yoga			Ashtami* Until 9:49PM	Moon – Purple		Subha Subha Sivaloka Day	
						Karttika*Karttikai			
	Tuesday, November 21, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau						Bradford, UK
	Retreat Star		Gulika	11:51AM – 12:54PM	Shatabhishak Until 2:25PM	Ganesha: White	Sunrise: 7:42AM	Sun 23	Sutra 218
	Kumbha Rasi: 14.56	Tithi 9	Yama	9:46AM – 10:49AM	Vyaghata* Until 12:12PM	Muruga: White	Sunset: 4:01PM	Moon 11	Sobhana 5125
		794826575	Rahu	1:56PM – 2:59PM	Balava Until 8:48AM	Nataraja: Purple		Phase 30 - 23	Navami
	Routine Work	Marana Yoga			Navami* Until 7:44PM	Moon – Purple		Subha Subha Sivaloka Day	
						Karttika*Karttikai			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

1	Wednesday, November 22, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau						Bradford, UK
	Kumbha Rasi: 29.05	Tithi 10 – 11	Gulika	10:49AM – 11:52AM	Purvaproshtapada* Until 1:11PM	Ganesha: White	Sunrise: 7:43AM	Sun 24	Sutra 219
			Yama	8:45AM – 9:47AM	Harshana Until 9:19AM	Muruga: White	Sunset: 4:00PM	Sobhana 5125	
		714826575	Rahu	11:52AM – 12:54PM	Taitila Until 6:43AM	Nataraja: Purple		Moon 11 - Phase 31 - 24	4th Phase
	Creative Work	Amrita Yoga			Dashami Until 5:40PM	Moon – Clear	Subha Subha Sivaloka Day		
Until 1:11PM					Karttika•Karttikai				
Then Creative Work - Siddha Yoga									
2	Thursday, November 23, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau						Bradford, UK
	Meena Rasi: 13.13	Tithi 11 – 12	Gulika	9:48AM – 10:50AM	Uttaraproshtapada Until 11:50AM	Ganesha: White	Sunrise: 7:45AM	Sun 25	Sutra 220
			Yama	7:45AM – 8:47AM	Vajra* Until 6:26AM	Muruga: White	Sunset: 3:59PM	Sobhana 5125	
		714826575	Rahu	12:53PM – 1:55PM	Bava Until 2:39AM Fri	Nataraja: Purple		Moon 11 - Phase 31 - 25	4th Phase
	Creative Work	Siddha Yoga			Ekadashi Until 3:37PM	Moon – Clear	Subha Subha Sivaloka Day		
					Karttika•Karttikai				
3	Friday, November 24, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau						Bradford, UK
	Meena Rasi: 27.19	Tithi 12 – 13	Gulika	8:48AM – 9:49AM	Revati Until 10:25AM	Ganesha: Clear	Sunrise: 7:47AM	Sun 26	Sutra 221
			Yama	1:55PM – 2:56PM	Vyatipata* Until 12:56AM Sat	Muruga: White	Sunset: 3:57PM	Sobhana 5125	
		714926575	Rahu	10:51AM – 11:52AM	Kaulava Until 12:48AM Sat	Nataraja: Purple		Moon 11 - Phase 31 - 26	4th Phase
	Creative Work	Siddha Yoga			Dvadashi Until 1:41PM	Moon – Clear	Subha Sivaloka Day		
Until 10:25AM					Karttika•Karttikai				
Then Creative Work - Amrita Yoga				Pradosha Vrata					
4	Saturday, November 25, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Bradford, UK
	Mesha Rasi: 11.19	Tithi 13 – 14	Gulika	7:48AM – 8:49AM	Ashvini Until 9:27AM	Ganesha: Purple	Sunrise: 7:48AM	Sun 27	Sutra 222
			Yama	12:53PM – 1:54PM	Variyan Until 10:22PM	Muruga: White	Sunset: 3:56PM	Sobhana 5125	
		724926575	Rahu	9:50AM – 10:51AM	Gara Until 11:09PM	Nataraja: Purple		Moon 11 - Phase 31 - 27	4th Phase
	Creative Work	Siddha Yoga			Trayodashi Until 11:55AM	Moon – White	Sivaloka Day		
					Karttika•Karttikai				
	Sunday, November 26, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau						Bradford, UK
	Copper Retreat Star		Gulika	1:54PM – 2:55PM	Bharani Until 8:35AM	Ganesha: Purple	Sunrise: 7:50AM	Sutra 223	
	Mesha Rasi: 25.1	Tithi 14 – 15	Yama	11:53AM – 12:53PM	Parigha* Until 8:05PM	Muruga: White	Sunset: 3:55PM	Sobhana 5125	
		724926575	Rahu	2:55PM – 3:55PM	Visti Until 9:48PM	Nataraja: Purple		Moon 11 - Phase 31 -	Purnima
	Routine Work	Prabalarishta Yoga			Chaturdashi* Until 10:25AM	Moon – White	Sivaloka Day		
Until 8:35AM			Krittika Deepam		Karttika•Karttikai				
Then Creative Work - Siddha Yoga									
	Monday, November 27, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima/Prathamayam Titau						Bradford, UK
	Silver Retreat Star		Gulika	12:53PM – 1:54PM	Krittika Until 7:55AM	Ganesha: Purple	Sunrise: 7:52AM	Sutra 224	
	Vrishabha Rasi: 8.49	Tithi 15 – 16	Yama	10:53AM – 11:53AM	Shiva Until 6:07PM	Muruga: White	Sunset: 3:54PM	Sobhana 5125	
	Family Home Evening	724926575	Rahu	8:52AM – 9:52AM	Balava Until 8:53PM	Nataraja: Purple		Moon 11 - Phase 31 -	Prathama
	Routine Work	Marana Yoga			Purnima* Until 9:16AM	Moon – White	Sivaloka Day		
Until 7:55AM					Karttika•Karttikai				
Then Creative Work - Amrita Yoga			Vinayaga Viratam Begins						

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, November 28, 2023

Gold Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bradford, UK

Sutra 225

Sobhana 5125

Vrishabha Rasi: 22.13 Tithi 16 – 17

Gulika 11:53AM – 12:53PM
Yama 9:53AM – 10:53AM
Rahu 1:53PM – 2:53PM

Rohini Until 8:00AM

Siddha Until 4:31PM

Taitila Until 8:28PM

Prathama* Until 8:35AM

Ganesha: Clear Sunrise: 7:53AM

Muruga: White Sunset: 3:53PM

Nataraja: Purple

Moon – Yellow

Karttika*Karttikai

Subha Sivaloka Day

Moon 12 - Phase 32 -

1st Phase

Creative Work Amrita Yoga

Until 8:00AM

Then Creative Work - Siddha Yoga

1

Wednesday, November 29, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bradford, UK

Sutra 226

Sobhana 5125

Mithuna Rasi: 5.2 Tithi 17 – 18

Gulika 10:54AM – 11:54AM
Yama 8:55AM – 9:54AM
Rahu 11:54AM – 12:53PM

Mrigashira Until 8:28AM

Sadhya Until 3:23PM

Vanija Until 8:38PM

Dvitiya Until 8:27AM

Ganesha: Purple Sunrise: 7:55AM

Muruga: White Sunset: 3:53PM

Nataraja: Purple

Moon – Yellow

Karttika*Karttikai

Subha Subha Sivaloka Day

Moon 12 - Phase 32 - 1

1st Phase

Creative Work Siddha Yoga

2

Thursday, November 30, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Bradford, UK

Sutra 227

Sobhana 5125

Mithuna Rasi: 18.08 Tithi 18 – 19

Gulika 9:55AM – 10:55AM
Yama 7:57AM – 8:56AM
Rahu 12:54PM – 1:53PM

Ardra Until 9:21AM

Subha Until 2:44PM

Bava Until 9:26PM

Tritiya Until 8:56AM

Ganesha: Purple Sunrise: 7:57AM

Muruga: White Sunset: 3:52PM

Nataraja: Purple

Moon – Yellow

Karttika*Karttikai

Subha Subha Sivaloka Day

Moon 12 - Phase 32 - 2

1st Phase

Routine Work Marana Yoga

Until 9:21AM

Then Creative Work - Amrita Yoga

3

Friday, December 1, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bradford, UK

Sutra 228

Sobhana 5125

Kataka Rasi: 0.4 Tithi 19 – 20

Gulika 8:57AM – 9:56AM
Yama 1:53PM – 2:52PM
Rahu 10:55AM – 11:54AM

Punarvasu Until 11:10AM

Sukla Until 2:31PM

Kaulava Until 10:51PM

Chaturthi* Until 10:02AM

Ganesha: Clear Sunrise: 7:58AM

Muruga: White Sunset: 3:51PM

Nataraja: Purple

Moon – Blue

Karttika*Karttikai

Subha Sivaloka Day

Moon 12 - Phase 32 - 3

1st Phase

Creative Work Siddha Yoga

Until 11:10AM

Then Routine Work - Marana Yoga

4

Saturday, December 2, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashtyham Titau

Bradford, UK

Sutra 229

Sobhana 5125

Kataka Rasi: 12.56 Tithi 20 – 21

Gulika 8:00AM – 8:58AM
Yama 12:54PM – 1:53PM
Rahu 9:57AM – 10:56AM

Pushya Until 1:23PM

Brahma Until 2:46PM

Gara Until 12:48AM Sun

Panchami Until 11:44AM

Ganesha: Clear Sunrise: 8:00AM

Muruga: White Sunset: 3:50PM

Nataraja: Purple

Moon – Blue

Karttika*Karttikai

Subha Sivaloka Day

Moon 12 - Phase 32 - 4

1st Phase

Creative Work Siddha Yoga

Until 1:23PM

Then Routine Work - Marana Yoga

5

Sunday, December 3, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bharu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Bradford, UK

Sutra 230

Sobhana 5125

Kataka Rasi: 24.59 Tithi 21 – 22

Gulika 1:52PM – 2:51PM
Yama 11:55AM – 12:54PM
Rahu 2:51PM – 3:50PM

Ashlesha* Until 3:53PM

Indra Until 3:23PM

Visti Until 3:11AM Mon

Shashthi* Until 1:56PM

Ganesha: Clear Sunrise: 8:01AM

Muruga: White Sunset: 3:50PM

Nataraja: Purple

Moon – Blue

Karttika*Karttikai

Subha Sivaloka Day

Moon 12 - Phase 32 - 5

1st Phase

Creative Work Siddha Yoga

Until 3:53PM

Then Routine Work - Marana Yoga

6

Monday, December 4, 2023

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bradford, UK

Sutra 231

Sobhana 5125

Simha Rasi: 6.54 Tithi 22 – 23

Gulika 12:54PM – 1:52PM
Yama 10:57AM – 11:56AM
Rahu 9:01AM – 9:59AM

Magha* Until 7:01PM

Vaidhriti* Until 4:12PM

Balava Until 5:47AM Tue

Saptami Until 4:27PM

Ganesha: White Sunrise: 8:02AM

Muruga: White Sunset: 3:49PM

Nataraja: Purple

Moon – Red

Karttika*Karttikai

Subha Subha Sivaloka Day

Moon 12 - Phase 32 - 6

1st Phase

Routine Work Marana Yoga

Until 7:01PM

Then Creative Work - Siddha Yoga

D

Tuesday, December 5, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Ashtamyam Titau

Bradford, UK

Sutra 232

Sobhana 5125

Simha Rasi: 18.44 Tithi 23

Gulika 11:56AM – 12:54PM
Yama 10:00AM – 10:58AM
Rahu 1:52PM – 2:50PM

Purvaphalguni Until 10:03PM

Vishkambha* Until 5:06PM

Kaulava Until 7:04PM

Ashtami* Until 7:04PM

Ganesha: White Sunrise: 8:04AM

Muruga: Clear Sunset: 3:48PM

Nataraja: Purple

Moon – Red

Karttika*Karttikai

Subha Sivaloka Day

Moon 12 - Phase 32 - 7

Ashtami

Creative Work Siddha Yoga

Until 10:03PM

Then Creative Work - Amrita Yoga

Wednesday, December 6, 2023

Retreat Star

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Navamyam Titau

Bradford, UK

Sutra 233

Sobhana 5125

Kanya Rasi: 0.35 Tithi 24

Gulika 10:59AM – 11:57AM
Yama 9:03AM – 10:01AM
Rahu 11:57AM – 12:54PM

Uttaraphalguni Until 12:44AM Thu

Priti Until 5:55PM

Taitila Until 8:21AM

Navami* Until 9:31PM

Ganesha: White Sunrise: 8:05AM

Muruga: Clear Sunset: 3:48PM

Nataraja: Purple

Moon – Red

Karttika*Karttikai

Subha Sivaloka Day

Moon 12 - Phase 32 - 8

Navami

Creative Work Amrita Yoga

Until 12:44AM Thu

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time. Calculated for Bradford, UK on 1/18/22

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1	Thursday, December 7, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau					Bradford, UK	
	Kanya Rasi: 12.32	Tithi 25	Gulika	10:02AM – 10:59AM	Hasta Until 3:21AM Fri	Ganesha: Yellow	Sunrise: 8:06AM	Sun 9	Sutra 234
			Yama	8:06AM – 9:04AM	Ayushman Until 6:26PM	Muruga: Clear	Sunset: 3:47PM	Moon 12	Sobhana 5125
	765936575	Rahu	12:55PM – 1:52PM	Vanija Until 10:38AM	Nataraja: Purple			Phase 33 - 9	2nd Phase
Routine Work Marana Yoga				Dashami Until 11:35PM	Moon – Green		Sivaloka Day		
Until 3:21AM Fri					Karttika•Karttikai				
Then Creative Work - Siddha Yoga									
2	Friday, December 8, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau					Bradford, UK	
	Kanya Rasi: 24.4	Tithi 26	Gulika	9:05AM – 10:03AM	Chitra Until 5:12AM Sat	Ganesha: White	Sunrise: 8:08AM	Sun 10	Sutra 235
			Yama	1:52PM – 2:50PM	Saubhagya Until 6:32PM	Muruga: Clear	Sunset: 3:47PM	Moon 12	Sobhana 5125
	766936575	Rahu	11:00AM – 11:57AM	Bava Until 12:25PM	Nataraja: Purple			Phase 33 - 10	2nd Phase
Creative Work Siddha Yoga				Ekadashi* Until 1:02AM Sat	Moon – Green		Devaloka Day		
					Karttika•Karttikai				
3	Saturday, December 9, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Sobhana Yoga Kaulava/Taitila Karana Dvadashyam Titau					Bradford, UK	
	Tula Rasi: 7.04	Tithi 27	Gulika	8:09AM – 9:06AM	Svati Until 6:11AM Sun	Ganesha: White	Sunrise: 8:09AM	Sun 11	Sutra 236
			Yama	12:55PM – 1:52PM	Sobhana Until 6:06PM	Muruga: Clear	Sunset: 3:47PM	Moon 12	Sobhana 5125
	766936575	Rahu	10:03AM – 11:01AM	Kaulava Until 1:30PM	Nataraja: Purple			Phase 33 - 11	2nd Phase
Creative Work Siddha Yoga				Dvadashi* Until 1:45AM Sun	Moon – Green		Devaloka Day		
Until 6:11AM Sun					Karttika•Karttikai				
Then Routine Work - Marana Yoga									
4	Sunday, December 10, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau					Bradford, UK	
	Tula Rasi: 19.49	Tithi 28	Gulika	1:52PM – 2:50PM	Svati Until 6:11AM	Ganesha: White	Sunrise: 8:10AM	Sun 12	Sutra 237
			Yama	11:58AM – 12:55PM	Athiganda* Until 5:04PM	Muruga: Clear	Sunset: 3:47PM	Moon 12	Sobhana 5125
	766936575	Rahu	2:50PM – 3:47PM	Gara Until 1:50PM	Nataraja: Purple			Phase 33 - 12	2nd Phase
Creative Work Siddha Yoga				Trayodashi* Until 1:42AM Mon	Moon – Green		Devaloka Day		
Until 6:11AM					Karttika•Karttikai				
Then Routine Work - Marana Yoga				Pradosha Vrata (Fasting)					
5	Monday, December 11, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau					Bradford, UK	
	Vrishchika Rasi: 2.55	Tithi 29	Gulika	12:56PM – 1:53PM	Vishakha Until 6:44AM	Ganesha: Green	Sunrise: 8:11AM	Sun 13	Sutra 238
	Family Home Evening		Yama	11:02AM – 11:59AM	Sukarma Until 3:28PM	Muruga: Clear	Sunset: 3:46PM	Moon 12	Sobhana 5125
	776936575	Rahu	9:08AM – 10:05AM	Visti Until 1:25PM	Nataraja: Purple			Phase 33 - 13	2nd Phase
Routine Work Marana Yoga				Chaturdashi* Until 12:56AM Tue	Moon – Orange		Devaloka Day		
Until 6:44AM					Karttika•Karttikai				
Then Creative Work - Siddha Yoga									
●	Tuesday, December 12, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhriti/Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau					Bradford, UK	
	Retreat Star		Gulika	11:59AM – 12:56PM	Anuradha Until 6:27AM	Ganesha: Green	Sunrise: 8:12AM	Sun 14	Sutra 239
	Vrishchika Rasi: 16.24	Tithi 30	Yama	10:06AM – 11:03AM	Dhriti Until 1:21PM	Muruga: Clear	Sunset: 3:46PM	Moon 12	Sobhana 5125
	776936575	Rahu	1:53PM – 2:50PM	Catuspada Until 12:19PM	Nataraja: Purple			Phase 33 - 14	Amavasya
Creative Work Siddha Yoga				Amavasya* Until 11:32PM	Moon – Orange		Devaloka Day		
Until 6:27AM					Karttika•Karttikai				
Then Routine Work - Marana Yoga									
	Wednesday, December 13, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau					Bradford, UK	
	Retreat Star		Gulika	11:03AM – 12:00PM	Mula* Until 4:15AM Thu	Ganesha: White	Sunrise: 8:13AM	Sun 15	Sutra 240
	Dhanus Rasi: 0.14	Tithi 1	Yama	9:10AM – 10:07AM	Shula* Until 10:46AM	Muruga: Clear	Sunset: 3:46PM	Moon 12	Sobhana 5125
	786936575	Rahu	12:00PM – 12:56PM	Kintughna Until 10:40AM	Nataraja: Purple			Phase 33 - 15	Prathama
Routine Work Marana Yoga				Prathama* Until 9:39PM	Moon – Light Blue		Devaloka Day		
Until 4:15AM Thu					Margasira•Karttikai				
Then Creative Work - Siddha Yoga									

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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1	Thursday, December 14, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Ganda*Vridhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Bradford, UK		
	Dhanus Rasi: 14.21	Tithi 2	Gulika	10:07AM – 11:04AM	Purvashadha* Until 2:38AM Fri	Ganesha: White	Sunrise: 8:14AM	Sun 16	Sutra 241
			Yama	8:14AM – 9:11AM	Ganda* Until 7:52AM	Muruga: White	Sunset: 3:46PM		Sobhana 5125
			786937575 Rahu	12:57PM – 1:53PM	Balava Until 8:35AM	Nataraja: Purple		Moon 12 - Phase 34 - 16	
	Creative Work	Siddha Yoga			Dvitiya Until 7:25PM	Moon – Light Blue			3rd Phase
	Until 2:38AM Fri				Margasira•Karttikai		Sivaloka Day		
	Then Routine Work - Marana Yoga								
2	Friday, December 15, 2023		Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhruva Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Bradford, UK		
	Dhanus Rasi: 28.4	Tithi 3 – 4	Gulika	9:12AM – 10:08AM	Uttarashadha Until 12:44AM Sat	Ganesha: White	Sunrise: 8:15AM	Sun 17	Sutra 242
			Yama	1:54PM – 2:50PM	Dhruva Until 1:30AM Sat	Muruga: White	Sunset: 3:46PM		Sobhana 5125
			786937575 Rahu	11:04AM – 12:01PM	Taitila Until 6:14AM	Nataraja: Purple		Moon 12 - Phase 34 - 17	
	Routine Work	Marana Yoga			Tritiya Until 4:59PM	Moon – Light Blue			3rd Phase
	Until 12:44AM Sat				Margasira•Karttikai		Sivaloka Day		
	Then Creative Work - Siddha Yoga								
3	Saturday, December 16, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Vyaghata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Bradford, UK		
	Makara Rasi: 13.04	Tithi 4 – 5	Gulika	8:16AM – 9:12AM	Shravana Until 11:05PM	Ganesha: Purple	Sunrise: 8:16AM	Sun 18	Sutra 243
			Yama	12:58PM – 1:54PM	Vyaghata* Until 10:15PM	Muruga: White	Sunset: 3:46PM		Sobhana 5125
			797937575 Rahu	10:09AM – 11:05AM	Bava Until 1:16AM Sun	Nataraja: Purple		Moon 12 - Phase 34 - 18	
	Creative Work	Siddha Yoga			Chaturthi* Until 2:29PM	Moon – Purple			3rd Phase
			Markali Pillaiyar		Margasira•Markali		Subha Subha Sivaloka Day		
4	Sunday, December 17, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Bradford, UK		
	Makara Rasi: 27.28	Tithi 5 – 6	Gulika	1:54PM – 2:50PM	Dhanishtha Until 9:23PM	Ganesha: Clear	Sunrise: 8:17AM	Sun 19	Sutra 244
			Yama	12:02PM – 12:58PM	Harshana Until 7:04PM	Muruga: White	Sunset: 3:47PM		Sobhana 5125
			897937575 Rahu	2:50PM – 3:47PM	Kaulava Until 10:53PM	Nataraja: Purple		Moon 12 - Phase 34 - 19	
	Routine Work	Marana Yoga			Panchami Until 12:02PM	Moon – Purple			3rd Phase
	Until 9:23PM				Margasira•Markali		Subha Sivaloka Day		
	Then Creative Work - Siddha Yoga		Vinayaga Viratam Ends						
5	Monday, December 18, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashti/Saptamyam Titau				Bradford, UK		
	Kumbha Rasi: 11.47	Tithi 6 – 7	Gulika	12:58PM – 1:55PM	Shatabhishak Until 7:42PM	Ganesha: Clear	Sunrise: 8:18AM	Sun 20	Sutra 245
	Family Home Evening		Yama	11:06AM – 12:02PM	Vajra* Until 4:00PM	Muruga: White	Sunset: 3:47PM		Sobhana 5125
	Creative Work	Siddha Yoga	897937575 Rahu	9:14AM – 10:10AM	Gara Until 8:40PM	Nataraja: Purple		Moon 12 - Phase 34 - 20	
	Until 7:42PM				Shashti* Until 9:44AM	Moon – Purple			3rd Phase
	Then Routine Work - Marana Yoga				Margasira•Markali		Subha Sivaloka Day		
D	Tuesday, December 19, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosnthapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bradford, UK		
	Retreat Star		Gulika	12:03PM – 12:59PM	Purvaprosnthapada* Until 6:32PM	Ganesha: Clear	Sunrise: 8:18AM	Sun 21	Sutra 246
	Kumbha Rasi: 25.58	Tithi 7 – 8	Yama	10:11AM – 11:07AM	Siddhi Until 1:07PM	Muruga: White	Sunset: 3:47PM		Sobhana 5125
			817137575 Rahu	1:55PM – 2:51PM	Visti Until 6:41PM	Nataraja: Purple		Moon 12 - Phase 34 - 21	
	Routine Work	Marana Yoga			Saptami Until 7:38AM	Moon – Clear			Ashtami
	Until 6:32PM				Margasira•Markali		Subha Sivaloka Day		
	Then Creative Work - Amrita Yoga								
	Wednesday, December 20, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosnthapada/Revati Nakshatra Vyatipata*/Vairyan Yoga Balava/Kaulava Karana Navamyam Titau				Bradford, UK		
	Retreat Star		Gulika	11:07AM – 12:03PM	Uttaraprosnthapada Until 5:29PM	Ganesha: Clear	Sunrise: 8:19AM	Sun 22	Sutra 247
	Meena Rasi: 10	Tithi 9	Yama	9:15AM – 10:11AM	Vyatipata* Until 10:27AM	Muruga: White	Sunset: 3:48PM		Sobhana 5125
			817137575 Rahu	12:03PM – 12:59PM	Balava Until 4:57PM	Nataraja: Purple		Moon 12 - Phase 34 - 22	
	Creative Work	Siddha Yoga			Navami* Until 4:10AM Thu	Moon – Clear			Navami
	Until 5:29PM				Margasira•Markali		Subha Sivaloka Day		
	Then Routine Work - Marana Yoga								

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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1	Thursday, December 21, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Bradford, UK	
			Revati/Ashvini Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Dashamyam Titau		Sun 23 Sutra 248	
	Meena Rasi: 23.52 Tithi 10		Gulika 10:12AM – 11:08AM	Revati Until 4:32PM	Ganesha: Clear Sunrise: 8:20AM	Sobhana 5125
	817137575		Yama 8:20AM – 9:16AM	Variyan Until 7:58AM	Muruga: White Sunset: 3:48PM	Moon 12 - Phase 35 - 23
	Creative Work Siddha Yoga		Rahu 1:00PM – 1:56PM	Taitila Until 3:29PM	Nataraja: Purple	4th Phase
Until 4:32PM		Day 1 of Pancha Ganapati		Moon – Clear		Subha Sivaloka Day
Then Creative Work - Amrita Yoga		Dashami Until 2:50AM Fri		Margasira*Markali		
2	Friday, December 22, 2023		Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Bradford, UK	
			Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadashyam Titau		Sun 24 Sutra 249	
	Mesha Rasi: 7.35 Tithi 11		Gulika 9:16AM – 10:12AM	Ashvini Until 4:08PM	Ganesha: Clear Sunrise: 8:20AM	Sobhana 5125
	828137575		Yama 1:56PM – 2:52PM	Shiva Until 3:40AM Sat	Muruga: White Sunset: 3:48PM	Moon 12 - Phase 35 - 24
	Creative Work Amrita Yoga		Rahu 11:08AM – 12:04PM	Vanija Until 2:17PM	Nataraja: Purple	4th Phase
Until 4:08PM		Vaikuntha Ekadasi		Moon – White		Subha Sivaloka Day
Then Creative Work - Siddha Yoga		Gita Jayanthi		Margasira*Markali		
		Day 2 of Pancha Ganapati		Ekadashi Until 1:46AM Sat		
3	Saturday, December 23, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Bradford, UK	
			Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvadashyam Titau		Sun 25 Sutra 250	
	Mesha Rasi: 21.08 Tithi 12		Gulika 8:21AM – 9:17AM	Bharani Until 3:51PM	Ganesha: Clear Sunrise: 8:21AM	Sobhana 5125
	828137575		Yama 1:01PM – 1:57PM	Siddha Until 1:48AM Sun	Muruga: White Sunset: 3:49PM	Moon 12 - Phase 35 - 25
	Creative Work Siddha Yoga		Rahu 10:13AM – 11:09AM	Bava Until 1:21PM	Nataraja: Purple	4th Phase
Until 3:51PM		Day 3 of Pancha Ganapati		Moon – White		Subha Sivaloka Day
Then Creative Work - Amrita Yoga		Dvadashi Until 12:58AM Sun		Margasira*Markali		
4	Sunday, December 24, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Bradford, UK	
			Krittika/Rohini Nakshatra Sadhya Yoga Kaulava/Taitila Karana Trayodashyam Titau		Sun 26 Sutra 251	
	Vrisabha Rasi: 4.32 Tithi 13		Gulika 1:57PM – 2:54PM	Krittika Until 3:42PM	Ganesha: Clear Sunrise: 8:21AM	Sobhana 5125
	828137575		Yama 12:05PM – 1:01PM	Sadhya Until 12:12AM Mon	Muruga: White Sunset: 3:50PM	Moon 12 - Phase 35 - 26
	Creative Work Siddha Yoga		Rahu 2:54PM – 3:50PM	Kaulava Until 12:42PM	Nataraja: Purple	4th Phase
		Day 4 of Pancha Ganapati		Moon – White		Subha Sivaloka Day
		Trayodashi Until 12:28AM Mon		Margasira*Markali		
		Pradosha Vrata				
5	Monday, December 25, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Bradford, UK	
			Rohini/Mrigashira Nakshatra Subha Yoga Gara/Vanija Karana Chaturdashyam Titau		Sun 27 Sutra 252	
	Vrisabha Rasi: 17.46 Tithi 14		Gulika 1:02PM – 2:58PM	Rohini Until 4:10PM	Ganesha: White Sunrise: 8:21AM	Sobhana 5125
	Family Home Evening		Yama 11:10AM – 12:06PM	Subha Until 10:53PM	Muruga: White Sunset: 3:50PM	Moon 12 - Phase 35 - 27
	838137575		Rahu 9:17AM – 10:14AM	Gara Until 12:22PM	Nataraja: Purple	4th Phase
Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Moon – Yellow		Sivaloka Day
		Chaturdashi* Until 12:19AM Tue		Margasira*Markali		
O	Tuesday, December 26, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Bradford, UK	
	Copper Retreat Star		Mrigashira/Ardra Nakshatra Sukla Yoga Visti*/Bava Karana Purnimayam Titau		Sutra 253	
	Mithuna Rasi: 0.49 Tithi 15		Gulika 12:06PM – 1:03PM	Mrigashira Until 4:52PM	Ganesha: White Sunrise: 8:22AM	Sobhana 5125
	838137575		Yama 10:14AM – 11:10AM	Sukla Until 9:51PM	Muruga: White Sunset: 3:51PM	Moon 12 - Phase 35 -
	Creative Work Siddha Yoga		Rahu 1:59PM – 2:55PM	Visti Until 12:25PM	Nataraja: Purple	Purnima
Until 4:52PM		Purnima* Until 12:35AM Wed		Moon – Yellow		Sivaloka Day
Then Routine Work - Marana Yoga				Margasira*Markali		
O	Wednesday, December 27, 2023		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Bradford, UK	
	Silver Retreat Star		Ardra/Punarvasu Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau		Sutra 254	
	Mithuna Rasi: 13.4 Tithi 16		Gulika 11:11AM – 12:07PM	Ardra Until 5:49PM	Ganesha: White Sunrise: 8:22AM	Sobhana 5125
	838137576		Yama 9:18AM – 10:14AM	Brahma Until 9:10PM	Muruga: White Sunset: 3:52PM	Moon 12 - Phase 35 -
	Creative Work Siddha Yoga		Rahu 12:07PM – 1:03PM	Balava Until 12:54PM	Nataraja: Clear	Prathama
		Prathama* Until 1:18AM Thu		Moon – Yellow		Devaloka Day
		Ardra Darshanam		Margasira*Markali		

**Thursday, December 28, 2023****Gold Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Bradford, UK

Sutra 255

Sobhana 5125

Mithuna Rasi: 26.17 Tithi 17

Gulika 10:15AM – 11:11AM

Yama 8:22AM – 9:18AM

848137576 **Rahu** 1:04PM – 2:00PM**Punarvasu Until 7:34PM**

Indra Until 8:52PM

Taitila Until 1:51PM

Dvitiya Until 2:30AM Fri**Ganesha:** Yellow *Sunrise:* 8:22AM**Muruga:** White *Sunset:* 3:53PM**Nataraja:** Clear

Moon – Blue

Margasira*Markali**Sivaloka Day**

Moon 13 - Phase 36 -

1st Phase

Creative Work Amrita Yoga

1**Friday, December 29, 2023**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Tritiyayam Titau

Bradford, UK

Sutra 256

Sobhana 5125

Kataka Rasi: 8.41 Tithi 18

Gulika 9:19AM – 10:15AM

Yama 2:01PM – 2:57PM

849137576 **Rahu** 11:11AM – 12:08PM**Pushya Until 9:38PM**

Vaidhriti* Until 8:56PM

Vanija Until 3:19PM

Tritiya Until 4:13AM Sat**Ganesha:** Blue *Sunrise:* 8:22AM**Muruga:** White *Sunset:* 3:54PM**Nataraja:** Clear

Moon – Blue

Margasira*Markali**Subha Sivaloka Day**

Moon 13 - Phase 36 - 1

1st Phase

Routine Work Marana Yoga

2**Saturday, December 30, 2023**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Chaturthayam Titau

Bradford, UK

Sutra 257

Sobhana 5125

Kataka Rasi: 20.53 Tithi 19

Gulika 8:22AM – 9:19AM

Yama 1:05PM – 2:01PM

849137576 **Rahu** 10:15AM – 11:12AM**Ashlesha* Until 11:59PM**

Vishkambha* Until 9:22PM

Bava Until 5:17PM

Chaturthi* Until 6:24AM Sun**Ganesha:** Blue *Sunrise:* 8:22AM**Muruga:** White *Sunset:* 3:55PM**Nataraja:** Clear

Moon – Blue

Margasira*Markali**Subha Sivaloka Day**

Moon 13 - Phase 36 - 2

1st Phase

Routine Work Marana Yoga

Until 11:59PM

Then Creative Work - Amrita Yoga

3**Sunday, December 31, 2023**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bradford, UK

Sutra 258

Sobhana 5125

Simha Rasi: 2.54 Tithi 19 – 20

Gulika 2:02PM – 2:59PM

Yama 12:09PM – 1:06PM

859137576 **Rahu** 2:59PM – 3:56PM**Magha* Until 3:02AM Mon**

Priti Until 10:06PM

Kaulava Until 7:39PM

Chaturthi* Until 6:24AM**Ganesha:** Red *Sunrise:* 8:22AM**Muruga:** White *Sunset:* 3:56PM**Nataraja:** Clear

Moon – Red

Margasira*Markali**Sivaloka Day**

Moon 13 - Phase 36 - 3

1st Phase

Routine Work Marana Yoga

Until 3:02AM Mon

Then Creative Work - Siddha Yoga

4**Monday, January 1, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bradford, UK

Sutra 259

Sobhana 5125

Simha Rasi: 14.47 Tithi 20 – 21

Gulika 1:07PM – 2:04PM

Yama 11:13AM – 12:10PM

859137576 **Rahu** 9:19AM – 10:16AM**Purvaphalguni Until 6:07AM Tue**

Ayushman Until 11:00PM

Gara Until 10:17PM

Panchami Until 8:55AM**Ganesha:** Red *Sunrise:* 8:22AM**Muruga:** White *Sunset:* 3:58PM**Nataraja:** Clear

Moon – Red

Margasira*Markali**Sivaloka Day**

Moon 13 - Phase 36 - 4

1st Phase

Creative Work Siddha Yoga

Until 6:07AM Tue

Then Creative Work - Amrita Yoga

5**Tuesday, January 2, 2024**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Bradford, UK

Sutra 260

Sobhana 5125

Simha Rasi: 26.36 Tithi 21 – 22

Gulika 12:10PM – 1:07PM

Yama 10:16AM – 11:13AM

859137576 **Rahu** 2:05PM – 3:02PM**Purvaphalguni Until 6:07AM**

Saubhagya Until 11:57PM

Visti Until 12:59AM Wed

Shashthi* Until 11:37AM**Ganesha:** Red *Sunrise:* 8:22AM**Muruga:** White *Sunset:* 3:59PM**Nataraja:** Clear

Moon – Red

Margasira*Markali**Sivaloka Day**

Moon 13 - Phase 36 - 5

1st Phase

Creative Work Siddha Yoga

Until 6:07AM

Then Creative Work - Amrita Yoga

D**Wednesday, January 3, 2024****Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bradford, UK

Sutra 261

Sobhana 5125

Kanya Rasi: 8.25 Tithi 22 – 23

Gulika 11:13AM – 12:11PM

Yama 9:19AM – 10:16AM

859137576 **Rahu** 12:11PM – 1:08PM**Uttaraphalguni Until 9:02AM**

Sobhana Until 12:47AM Thu

Balava Until 3:30AM Thu

Saptami Until 2:16PM**Ganesha:** Red *Sunrise:* 8:21AM**Muruga:** White *Sunset:* 4:00PM**Nataraja:** Clear

Moon – Red

Margasira*Markali**Sivaloka Day**

Moon 13 - Phase 36 - 6

Ashtami

Creative Work Amrita Yoga

Until 9:02AM

Then Routine Work - Marana Yoga

Thursday, January 4, 2024**Retreat Star**Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bradford, UK

Sutra 262

Sobhana 5125

Kanya Rasi: 20.19 Tithi 23 – 24

Gulika 10:16AM – 11:14AM

Yama 8:21AM – 9:19AM

869137576 **Rahu** 1:09PM – 2:06PM**Hasta Until 12:01PM**

Athiganda* Until 1:16AM Fri

Taitila Until 5:32AM Fri

Ashtami* Until 4:34PM**Ganesha:** Green *Sunrise:* 8:21AM**Muruga:** White *Sunset:* 4:01PM**Nataraja:** Clear

Moon – Green

Margasira*Markali**Subha Sivaloka Day**

Moon 13 - Phase 36 - 7

Navami

Routine Work Marana Yoga

Until 12:01PM

Then Creative Work - Siddha Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

All times are standard time. Calculated for Bradford, UK on 1/18/22

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1	Friday, January 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sukarma Yoga Gara Karana Navamyam Titau				Bradford, UK
	Tula Rasi: 2.25	Tithi 24	Gulika	9:18AM – 10:16AM	Chitra Until 2:18PM	Ganesha: Orange <i>Sunrise:</i> 8:21AM	Sun 8 Sutra 263
			Yama	2:07PM – 3:05PM	Sukarma Until 1:16AM Sat	Muruga: White <i>Sunset:</i> 4:03PM	Sobhana 5125
	Creative Work	Siddha Yoga	861137576 Rahu	11:14AM – 12:12PM	Gara Until 6:17PM	Nataraja: Clear	Moon 13 - Phase 37 - 8 2nd Phase
			Subramuniyaswami Jayanti		Navami* Until 6:17PM	Moon – Green Margasira*Markali	Sivaloka Day
2	Saturday, January 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Bradford, UK
	Tula Rasi: 14.47	Tithi 25	Gulika	8:20AM – 9:18AM	Svati Until 3:44PM	Ganesha: Orange <i>Sunrise:</i> 8:20AM	Sun 9 Sutra 264
			Yama	1:10PM – 2:08PM	Dhriti Until 12:40AM Sun	Muruga: White <i>Sunset:</i> 4:04PM	Sobhana 5125
	Creative Work	Siddha Yoga	861137576 Rahu	10:16AM – 11:14AM	Vanija Until 6:53AM	Nataraja: Clear	Moon 13 - Phase 37 - 9 2nd Phase
					Dashami Until 7:13PM	Moon – Green Margasira*Markali	Sivaloka Day
3	Sunday, January 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Bradford, UK
	Tula Rasi: 27.32	Tithi 26	Gulika	2:09PM – 3:07PM	Vishakha Until 4:38PM	Ganesha: Light Blue <i>Sunrise:</i> 8:20AM	Sun 10 Sutra 265
			Yama	12:13PM – 1:11PM	Shula* Until 11:21PM	Muruga: White <i>Sunset:</i> 4:06PM	Sobhana 5125
	Routine Work	Marana Yoga	871137576 Rahu	3:07PM – 4:06PM	Bava Until 7:23AM	Nataraja: Clear	Moon 13 - Phase 37 - 10 2nd Phase
					Ekadashi* Until 7:17PM	Moon – Orange Margasira*Markali	Devaloka Day
4	Monday, January 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Bradford, UK
	Vrischika Rasi: 10.43	Tithi 27	Gulika	1:12PM – 2:10PM	Anuradha Until 4:32PM	Ganesha: Light Blue <i>Sunrise:</i> 8:19AM	Sun 11 Sutra 266
	Family Home Evening		Yama	11:15AM – 12:13PM	Ganda* Until 9:24PM	Muruga: White <i>Sunset:</i> 4:07PM	Sobhana 5125
	Creative Work	Siddha Yoga	871137576 Rahu	9:18AM – 10:16AM	Kaulava Until 7:01AM	Nataraja: Clear	Moon 13 - Phase 37 - 11 2nd Phase
					Dvadashi* Until 6:30PM	Moon – Orange Margasira*Markali	Devaloka Day
5	Tuesday, January 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Bradford, UK
	Vrischika Rasi: 24.22	Tithi 28 – 29	Gulika	12:13PM – 1:12PM	Jyeshtha* Until 3:32PM	Ganesha: Light Blue <i>Sunrise:</i> 8:18AM	Sun 12 Sutra 267
			Yama	10:16AM – 11:15AM	Vriddhi Until 6:51PM	Muruga: White <i>Sunset:</i> 4:08PM	Sobhana 5125
	Routine Work	Marana Yoga	871137576 Rahu	2:11PM – 3:10PM	Visti Until 3:53AM Wed	Nataraja: Clear	Moon 13 - Phase 37 - 12 2nd Phase
	Until 3:32PM				Trayodashi* Until 4:55PM	Moon – Orange Margasira*Markali	Devaloka Day
	Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>		
	Wednesday, January 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Bradford, UK
	Retreat Star		Gulika	11:15AM – 12:14PM	Mula* Until 2:09PM	Ganesha: Purple <i>Sunrise:</i> 8:18AM	Sun 13 Sutra 268
	Dhanus Rasi: 8.27	Tithi 29 – 30	Yama	9:17AM – 10:16AM	Dhruva Until 3:46PM	Muruga: White <i>Sunset:</i> 4:10PM	Sobhana 5125
			881137576 Rahu	12:14PM – 1:13PM	Catuspada Until 1:24AM Thu	Nataraja: Clear	Moon 13 - Phase 37 - 13 Amavasya
	Routine Work	Marana Yoga	Hanumath Jayanthi (Tamil Nadu)		Chaturdashi* Until 2:41PM	Moon – Light Blue Margasira*Markali	Devaloka Day
	Until 2:09PM						
	Then Creative Work - Amrita Yoga						
	Thursday, January 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Bradford, UK
	Retreat Star		Gulika	10:16AM – 11:15AM	Purvashadha* Until 12:09PM	Ganesha: Purple <i>Sunrise:</i> 8:17AM	Sun 14 Sutra 269
	Dhanus Rasi: 22.55	Tithi 30 – 1	Yama	8:17AM – 9:16AM	Vyaghata* Until 12:18PM	Muruga: White <i>Sunset:</i> 4:11PM	Sobhana 5125
			881137576 Rahu	1:14PM – 2:13PM	Kintughna Until 10:30PM	Nataraja: Clear	Moon 13 - Phase 37 - 14 Prathama
	Creative Work	Siddha Yoga			Amavasya* Until 11:58AM	Moon – Light Blue Pausha*Markali	Devaloka Day
	Until 12:09PM						
	Then Routine Work - Marana Yoga						

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

All times are standard time. Calculated for Bradford, UK on 1/18/22

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1	Friday, January 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Bradford, UK
	Makara Rasi: 7.38	Tithi 1 – 2	Gulika	9:16AM – 10:15AM	Uttarashadha Until 9:41AM	Ganesha: Light Blue <i>Sunrise:</i> 8:16AM	Sun 15 Sutra 270
			Yama	2:14PM – 3:13PM	Harshana Until 8:36AM	Muruga: White <i>Sunset:</i> 4:13PM	Sobhana 5125
	Routine Work	Marana Yoga	881237576 Rahu	11:15AM – 12:15PM	Balava Until 7:21PM	Nataraja: Clear Moon – Light Blue	Moon 13 - Phase 38 - 15 3rd Phase
				Prathama* Until 8:56AM	Pausha*Markali	Devaloka Day	
2	Saturday, January 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi Yoga Taitila/Gara Karana Tritiyayam Titau				Bradford, UK
	Makara Rasi: 22.29	Tithi 3	Gulika	8:15AM – 9:15AM	Shravana Until 7:21AM	Ganesha: Purple <i>Sunrise:</i> 8:15AM	Sun 16 Sutra 271
			Yama	1:15PM – 2:15PM	Siddhi Until 12:54AM Sun	Muruga: White <i>Sunset:</i> 4:15PM	Sobhana 5125
			891237576 Rahu	10:15AM – 11:15AM	Taitila Until 4:09PM	Nataraja: Clear Moon – Purple	Moon 13 - Phase 38 - 16 3rd Phase
				Tritiya Until 2:33AM Sun	Pausha*Markali	Devaloka Day	
3	Sunday, January 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Bradford, UK
	Kumbha Rasi: 7.2	Tithi 4	Gulika	2:16PM – 3:16PM	Shatabhishak Until 2:30AM Mon	Ganesha: Purple <i>Sunrise:</i> 8:15AM	Sun 17 Sutra 272
			Yama	12:15PM – 1:16PM	Vyatipata* Until 9:11PM	Muruga: White <i>Sunset:</i> 4:16PM	Sobhana 5125
			891237576 Rahu	3:16PM – 4:16PM	Vanija Until 1:02PM	Nataraja: Clear Moon – Purple	Moon 13 - Phase 38 - 17 3rd Phase
				Thai Pongal	Chaturthi* Until 11:32PM	Pausha*Thai	Devaloka Day
4	Monday, January 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Panchamyam Titau				Bradford, UK
	Kumbha Rasi: 22.02	Tithi 5	Gulika	1:16PM – 2:17PM	Purvaproshtapada* Until 12:40AM Tue	Ganesha: Green <i>Sunrise:</i> 8:14AM	Sun 18 Sutra 273
	Family Home Evening		Yama	11:15AM – 12:16PM	Variyan Until 5:41PM	Muruga: White <i>Sunset:</i> 4:18PM	Sobhana 5125
			811237576 Rahu	9:14AM – 10:15AM	Bava Until 10:09AM	Nataraja: Clear Moon – Clear	Moon 13 - Phase 38 - 18 3rd Phase
				Panchami Until 8:48PM	Pausha*Thai	Devaloka Day	
5	Tuesday, January 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau				Bradford, UK
	Meena Rasi: 6.31	Tithi 6	Gulika	12:16PM – 1:17PM	Uttaraproshtapada Until 11:07PM	Ganesha: White <i>Sunrise:</i> 8:13AM	Sun 19 Sutra 274
			Yama	10:14AM – 11:15AM	Parigha* Until 2:30PM	Muruga: White <i>Sunset:</i> 4:20PM	Sobhana 5125
			812237576 Rahu	2:18PM – 3:19PM	Kaulava Until 7:36AM	Nataraja: Clear Moon – Clear	Moon 13 - Phase 38 - 19 3rd Phase
				Shashthi* Until 6:28PM	Pausha*Thai	Devaloka Day	
6	Wednesday, January 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Bradford, UK
	Meena Rasi: 20.41	Tithi 7 – 8	Gulika	11:15AM – 12:16PM	Revati Until 9:53PM	Ganesha: White <i>Sunrise:</i> 8:12AM	Sun 20 Sutra 275
			Yama	9:13AM – 10:14AM	Shiva Until 11:41AM	Muruga: White <i>Sunset:</i> 4:21PM	Sobhana 5125
			812237576 Rahu	12:16PM – 1:18PM	Visti Until 3:52AM Thu	Nataraja: Clear Moon – Clear	Moon 13 - Phase 38 - 20 3rd Phase
				Saptami Until 4:36PM	Pausha*Thai	Devaloka Day	
D	Thursday, January 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Bradford, UK
	Retreat Star		Gulika	10:14AM – 11:15AM	Ashvini Until 9:26PM	Ganesha: Yellow <i>Sunrise:</i> 8:10AM	Sun 21 Sutra 276
	Mesha Rasi: 4.34	Tithi 8 – 9	Yama	8:10AM – 9:12AM	Siddha Until 9:15AM	Muruga: White <i>Sunset:</i> 4:23PM	Sobhana 5125
			822237576 Rahu	1:18PM – 2:20PM	Balava Until 2:45AM Fri	Nataraja: Clear Moon – White	Moon 13 - Phase 38 - 21 Ashtami
				Ashtami* Until 3:14PM	Pausha*Thai	Sivaloka Day	
D	Friday, January 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bradford, UK
	Retreat Star		Gulika	9:11AM – 10:13AM	Bharani Until 9:19PM	Ganesha: Yellow <i>Sunrise:</i> 8:09AM	Sun 22 Sutra 277
	Mesha Rasi: 18.08	Tithi 9 – 10	Yama	2:21PM – 3:23PM	Sadhya Until 7:13AM	Muruga: White <i>Sunset:</i> 4:25PM	Sobhana 5125
			822237576 Rahu	11:15AM – 12:17PM	Taitila Until 2:08AM Sat	Nataraja: Clear Moon – White	Moon 13 - Phase 38 - 22 Navami
				Navami* Until 2:22PM	Pausha*Thai	Sivaloka Day	

1	Saturday, January 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Bradford, UK
	Vrishabha Rasi: 1.26 Tithi 10 – 11 822237576	Gulika	8:08AM – 9:10AM	Krittika Until 9:30PM	Ganesha: Yellow	Sunrise: 8:08AM	Sun 23 Sutra 278
		Yama	1:20PM – 2:22PM	Sukla Until 4:17AM Sun	Muruga: White	Sunset: 4:27PM	Sobhana 5125
		Rahu	10:13AM – 11:15AM	Vanija Until 1:57AM Sun	Nataraja: Clear		Moon 13 - Phase 39 - 23 4th Phase
Creative Work Amrita Yoga			Dashami Until 1:58PM	Moon – White	Pausha*Thai	Sivaloka Day	
2	Sunday, January 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bradford, UK
	Vrishabha Rasi: 14.31 Tithi 11 – 12 832237576	Gulika	2:23PM – 3:26PM	Rohini Until 10:24PM	Ganesha: Blue	Sunrise: 8:07AM	Sun 24 Sutra 279
		Yama	12:18PM – 1:20PM	Brahma Until 3:17AM Mon	Muruga: White	Sunset: 4:29PM	Sobhana 5125
		Rahu	3:26PM – 4:29PM	Bava Until 2:11AM Mon	Nataraja: Clear		Moon 13 - Phase 39 - 24 4th Phase
Creative Work Siddha Yoga			Ekadashi Until 2:00PM	Moon – Yellow	Pausha*Thai	Devaloka Day	
3	Monday, January 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bradford, UK
	Vrishabha Rasi: 27.23 Tithi 12 – 13 Family Home Evening 832237576	Gulika	1:21PM – 2:24PM	Mrigashira Until 11:30PM	Ganesha: Blue	Sunrise: 8:06AM	Sun 25 Sutra 280
		Yama	11:15AM – 12:18PM	Indra Until 2:36AM Tue	Muruga: White	Sunset: 4:30PM	Sobhana 5125
		Rahu	9:09AM – 10:12AM	Kaulava Until 2:48AM Tue	Nataraja: Clear		Moon 13 - Phase 39 - 25 4th Phase
Creative Work Amrita Yoga Until 11:30PM Then Creative Work - Siddha Yoga			Dvadashi Until 2:25PM	Moon – Yellow	Pausha*Thai	Devaloka Day	
			Pradosha Vrata				
4	Tuesday, January 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Bradford, UK
	Mithuna Rasi: 10.04 Tithi 13 – 14 832237576	Gulika	12:18PM – 1:22PM	Ardra Until 12:48AM Wed	Ganesha: Blue	Sunrise: 8:04AM	Sun 26 Sutra 281
		Yama	10:11AM – 11:15AM	Vaidhriti* Until 2:10AM Wed	Muruga: White	Sunset: 4:32PM	Sobhana 5125
		Rahu	2:25PM – 3:29PM	Gara Until 3:46AM Wed	Nataraja: Clear		Moon 13 - Phase 39 - 26 4th Phase
Routine Work Marana Yoga Until 12:48AM Wed Then Creative Work - Siddha Yoga			Trayodashi Until 3:13PM	Moon – Yellow	Pausha*Thai	Devaloka Day	
5	Wednesday, January 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Bradford, UK
	Mithuna Rasi: 22.36 Tithi 14 – 15 842237576	Gulika	11:15AM – 12:18PM	Punarvasu Until 2:47AM Thu	Ganesha: Red	Sunrise: 8:03AM	Sun 27 Sutra 282
		Yama	9:07AM – 10:11AM	Vishkambha* Until 2:02AM Thu	Muruga: White	Sunset: 4:34PM	Sobhana 5125
		Rahu	12:18PM – 1:22PM	Visti Until 5:07AM Thu	Nataraja: Clear		Moon 13 - Phase 39 - 27 4th Phase
Creative Work Siddha Yoga Until 2:47AM Thu Then Creative Work - Amrita Yoga			Chaturdashi* Until 4:23PM	Moon – Blue	Pausha*Thai	Sivaloka Day	
O	Thursday, January 25, 2024 Copper Retreat Star		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bradford, UK
	Kataka Rasi: 4.58 Tithi 15 – 16 942237576	Gulika	10:10AM – 11:14AM	Pushya Until 4:57AM Fri	Ganesha: Blue	Sunrise: 8:01AM	Sutra 283
		Yama	8:01AM – 9:06AM	Priti Until 2:11AM Fri	Muruga: White	Sunset: 4:36PM	Sobhana 5125
		Rahu	1:23PM – 2:27PM	Balava Until 6:50AM Fri	Nataraja: Clear		Moon 13 - Phase 39 - Purnima
Creative Work Amrita Yoga Until 4:57AM Fri Then Routine Work - Marana Yoga		Thai Pusam	Purnima* Until 5:55PM	Moon – Blue	Pausha*Thai	Devaloka Day	
	Friday, January 26, 2024 Silver Retreat Star		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Prathamayam Titau				Bradford, UK
	Kataka Rasi: 17.11 Tithi 16 942237576	Gulika	9:05AM – 10:09AM	Ashlesha* Until 7:19AM Sat	Ganesha: Blue	Sunrise: 8:00AM	Sutra 284
		Yama	2:28PM – 3:33PM	Ayushman Until 2:35AM Sat	Muruga: White	Sunset: 4:38PM	Sobhana 5125
		Rahu	11:14AM – 12:19PM	Balava Until 6:50AM	Nataraja: Clear		Moon 13 - Phase 39 - Prathama
Routine Work Marana Yoga Until 7:19AM Sat Then Creative Work - Amrita Yoga			Prathama* Until 7:49PM	Moon – Blue	Pausha*Thai	Devaloka Day	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Saturday, January 27, 2024

Gold Retreat Star

Kataka Rasi: 29.15 Tithi 17

Routine Work Marana Yoga
Until 7:19AM
Then Creative Work - Amrita Yoga

Gulika 7:58AM – 9:04AM
Yama 1:24PM – 2:29PM
942237576 **Rahu** 10:09AM – 11:14AM

Sobhana Nama Samvatsare Uтарыane Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Saubhagya Yoga Taitila/Gara Karana Dvitiyayam Titau

Ashlesha* Until 7:19AM
Saubhagya Until 3:16AM Sun
Taitila Until 8:56AM
Dvitiya Until 10:05PM

Ganesha: Blue *Sunrise:* 7:58AM
Muruga: White *Sunset:* 4:40PM
Nataraja: Clear
Moon – Blue
Pausha*Thai

Devaloka Day

Bradford, UK
Sun 1 Sutra 285
Sobhana 5125
Moon 1 - Phase 40 - 1
1st Phase

1 Sunday, January 28, 2024

Simha Rasi: 11.11 Tithi 18

Routine Work Marana Yoga
Until 10:19AM
Then Creative Work - Siddha Yoga

Gulika 2:31PM – 3:36PM
Yama 12:19PM – 1:25PM
952237576 **Rahu** 3:36PM – 4:42PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Sobhana Yoga Vanija/Visti* Karana Tritiyayam Titau

Magha* Until 10:19AM
Sobhana Until 4:09AM Mon
Vanija Until 11:21AM
Tritiya Until 12:38AM Mon

Ganesha: Red *Sunrise:* 7:57AM
Muruga: White *Sunset:* 4:42PM
Nataraja: Clear
Moon – Red
Pausha*Thai

Sivaloka Day

Bradford, UK
Sun 2 Sutra 286
Sobhana 5125
Moon 1 - Phase 40 - 2
1st Phase

2 Monday, January 29, 2024

Simha Rasi: 23.02 Tithi 19

Family Home Evening
Creative Work Siddha Yoga

Gulika 12:26PM – 1:26PM
Yama 11:13AM – 12:19PM
953237576 **Rahu** 9:01AM – 10:07AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau

Purvaphalguni Until 1:23PM
Athiganda* Until 5:08AM Tue
Bava Until 2:00PM
Chaturthi* Until 3:22AM Tue

Ganesha: Yellow *Sunrise:* 7:55AM
Muruga: White *Sunset:* 4:44PM
Nataraja: Clear
Moon – Red
Pausha*Thai

Sivaloka Day

Bradford, UK
Sun 3 Sutra 287
Sobhana 5125
Moon 1 - Phase 40 - 3
1st Phase

3 Tuesday, January 30, 2024

Kanya Rasi: 4.49 Tithi 20

Creative Work Amrita Yoga
Until 4:22PM
Then Creative Work - Siddha Yoga

Gulika 12:20PM – 1:26PM
Yama 10:07AM – 11:13AM
953237576 **Rahu** 2:33PM – 3:39PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau

Uttaraphalguni Until 4:22PM
Sukarma Until 6:07AM Wed
Kaulava Until 4:45PM
Panchami Until 6:05AM Wed

Ganesha: Yellow *Sunrise:* 7:54AM
Muruga: White *Sunset:* 4:46PM
Nataraja: Clear
Moon – Red
Pausha*Thai

Sivaloka Day

Bradford, UK
Sun 4 Sutra 288
Sobhana 5125
Moon 1 - Phase 40 - 4
1st Phase

4 Wednesday, January 31, 2024

Kanya Rasi: 16.37 Tithi 20 – 21

Routine Work Marana Yoga
Until 7:36PM
Then Creative Work - Siddha Yoga

Gulika 11:13AM – 12:20PM
Yama 8:59AM – 10:06AM
963237576 **Rahu** 12:20PM – 1:27PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Hasta Until 7:36PM
Sukarma Until 6:07AM
Gara Until 7:24PM
Panchami Until 6:05AM

Ganesha: White *Sunrise:* 7:52AM
Muruga: White *Sunset:* 4:48PM
Nataraja: Clear
Moon – Green
Pausha*Thai

Devaloka Day

Bradford, UK
Sun 5 Sutra 289
Sobhana 5125
Moon 1 - Phase 40 - 5
1st Phase

5 Thursday, February 1, 2024

Kanya Rasi: 28.29 Tithi 21 – 22

Creative Work Siddha Yoga
Until 10:19PM
Then Creative Work - Amrita Yoga

Gulika 10:06AM – 11:13AM
Yama 7:52AM – 8:59AM
963237576 **Rahu** 1:27PM – 2:34PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Chitra Until 10:19PM
Dhriti Until 6:56AM
Visti Until 9:41PM
Shashthi* Until 8:34AM

Ganesha: White *Sunrise:* 7:52AM
Muruga: White *Sunset:* 4:48PM
Nataraja: Clear
Moon – Green
Pausha*Thai

Devaloka Day

Bradford, UK
Sun 6 Sutra 290
Sobhana 5125
Moon 1 - Phase 40 - 6
1st Phase

Friday, February 2, 2024

Retreat Star

Tula Rasi: 10.32 Tithi 22 – 23

Creative Work Siddha Yoga

Gulika 8:58AM – 10:05AM
Yama 2:35PM – 3:42PM
963237576 **Rahu** 11:13AM – 12:20PM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Svati Until 12:19AM Sat
Shula* Until 7:24AM
Balava Until 11:22PM
Saptami Until 10:35AM

Ganesha: White *Sunrise:* 7:50AM
Muruga: White *Sunset:* 4:49PM
Nataraja: Clear
Moon – Green
Pausha*Thai

Devaloka Day

Bradford, UK
Sun 7 Sutra 291
Sobhana 5125
Moon 1 - Phase 40 - 7
Ashtami

Saturday, February 3, 2024

Retreat Star

Tula Rasi: 22.51 Tithi 23 – 24

Creative Work Siddha Yoga
Until 1:52AM Sun
Then Routine Work - Marana Yoga

Gulika 7:49AM – 8:57AM
Yama 1:28PM – 2:36PM
973237576 **Rahu** 10:04AM – 11:12AM

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Vishakha Until 1:52AM Sun
Ganda* Until 7:22AM
Taitila Until 12:17AM Sun
Ashtami* Until 11:55AM

Ganesha: Clear *Sunrise:* 7:49AM
Muruga: White *Sunset:* 4:51PM
Nataraja: Clear
Moon – Orange
Pausha*Thai

Sivaloka Day

Bradford, UK
Sun 8 Sutra 292
Sobhana 5125
Moon 1 - Phase 40 - 8
Navami

1	Sunday, February 4, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau						Bradford, UK
			Gulika	2:37PM – 3:45PM	Anuradha Until 2:24AM Mon	Ganesha: Clear	Sunrise: 7:47AM	Sun 9	Sutra 293
	Vrischika Rasi: 5.32 Tithi 24 – 25		Yama	12:20PM – 1:28PM	Vriddhi Until 6:43AM	Muruga: White	Sunset: 4:53PM	Moon 1 - Phase 41 - 9	Sobhana 5125
	973237577 Rahu		3:45PM – 4:53PM	Vanija Until 12:17AM Mon	Nataraja: Orange	Moon – Orange	2nd Phase		
Routine Work Marana Yoga						Sivaloka Day			
Until 2:24AM Mon									
Then Creative Work - Siddha Yoga									
2	Monday, February 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau						Bradford, UK
			Gulika	1:29PM – 2:38PM	Jyeshtha* Until 1:55AM Tue	Ganesha: Clear	Sunrise: 7:45AM	Sun 10	Sutra 294
	Vrischika Rasi: 18.39 Tithi 25 – 26		Yama	11:11AM – 12:20PM	Vyaghata* Until 3:18AM Tue	Muruga: White	Sunset: 4:55PM	Moon 1 - Phase 41 - 10	Sobhana 5125
	Family Home Evening 973237577 Rahu		8:54AM – 10:03AM	Bava Until 11:24PM	Nataraja: Orange	Moon – Orange	2nd Phase		
Creative Work Siddha Yoga						Sivaloka Day			
Until 1:55AM Tue									
Then Creative Work - Amrita Yoga									
3	Tuesday, February 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau						Bradford, UK
			Gulika	12:20PM – 1:30PM	Mula* Until 12:55AM Wed	Ganesha: Light Blue	Sunrise: 7:43AM	Sun 11	Sutra 295
	Dhanus Rasi: 2.15 Tithi 26 – 27		Yama	10:02AM – 11:11AM	Harshana Until 12:36AM Wed	Muruga: White	Sunset: 4:57PM	Moon 1 - Phase 41 - 11	Sobhana 5125
	983337577 Rahu		2:39PM – 3:48PM	Kaulava Until 9:40PM	Nataraja: Orange	Moon – Light Blue	2nd Phase		
Creative Work Amrita Yoga						Devaloka Day			
4	Wednesday, February 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vajra* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau						Bradford, UK
			Gulika	11:11AM – 12:20PM	Purvashadha* Until 11:04PM	Ganesha: Light Blue	Sunrise: 7:41AM	Sun 12	Sutra 296
	Dhanus Rasi: 16.21 Tithi 27 – 28		Yama	8:51AM – 10:01AM	Vajra* Until 9:19PM	Muruga: White	Sunset: 4:59PM	Moon 1 - Phase 41 - 12	Sobhana 5125
	983337577 Rahu		12:20PM – 1:30PM	Gara Until 7:13PM	Nataraja: Orange	Moon – Light Blue	2nd Phase		
Creative Work Amrita Yoga						Devaloka Day			
			Pradosha Vrata (Fasting)						
5	Thursday, February 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau						Bradford, UK
			Gulika	10:00AM – 11:10AM	Uttarashadha Until 8:34PM	Ganesha: Light Blue	Sunrise: 7:40AM	Sun 13	Sutra 297
	Makara Rasi: 0.53 Tithi 29		Yama	7:40AM – 8:50AM	Siddhi Until 5:37PM	Muruga: White	Sunset: 5:01PM	Moon 1 - Phase 41 - 13	Sobhana 5125
	983337577 Rahu		1:31PM – 2:41PM	Visti Until 4:13PM	Nataraja: Orange	Moon – Light Blue	2nd Phase		
Routine Work Marana Yoga						Devaloka Day			
Until 8:34PM									
Then Creative Work - Siddha Yoga									
●	Friday, February 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyatipata*Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau						Bradford, UK
	Retreat Star		Gulika	8:48AM – 9:59AM	Shravana Until 5:59PM	Ganesha: Purple	Sunrise: 7:38AM	Sun 14	Sutra 298
	Makara Rasi: 15.47 Tithi 30		Yama	2:42PM – 3:53PM	Vyatipata* Until 1:36PM	Muruga: White	Sunset: 5:03PM	Moon 1 - Phase 41 - 14	Sobhana 5125
	993337577 Rahu		11:10AM – 12:21PM	Catuspada Until 12:49PM	Nataraja: Orange	Moon – Purple	Amavasya		
Routine Work Marana Yoga						Devaloka Day			
Until 5:59PM									
Then Creative Work - Siddha Yoga									
	Saturday, February 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan/Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau						Bradford, UK
	Retreat Star		Gulika	7:36AM – 8:47AM	Dhanishtha Until 3:05PM	Ganesha: Purple	Sunrise: 7:36AM	Sun 15	Sutra 299
	Kumbha Rasi: 0.54 Tithi 1		Yama	1:32PM – 2:43PM	Variyan Until 9:24AM	Muruga: White	Sunset: 5:05PM	Moon 1 - Phase 41 - 15	Sobhana 5125
	993337577 Rahu		9:58AM – 11:09AM	Kintughna Until 9:12AM	Nataraja: Orange	Moon – Purple	Prathama		
Creative Work Siddha Yoga						Devaloka Day			
Until 3:05PM									
Then Creative Work - Amrita Yoga									

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

All times are standard time. Calculated for Bradford, UK on 1/18/22

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1	Sunday, February 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Bradford, UK	
			Gulika	2:44PM – 3:56PM	Shatabhishak Until 12:04PM	Ganesha: Purple	Sunrise: 7:34AM	Sun 16	Sutra 300	
	Kumbha Rasi: 16.05	Tithi 2 – 3	Yama	12:21PM – 1:32PM	Shiva Until 1:03AM Mon	Muruga: White	Sunset: 5:07PM	Moon 1 -	Sobhana 5125	
	993337577	Rahu	3:56PM – 5:07PM	Taitila Until 2:00AM Mon	Nataraja: Orange			Phase 42 - 16	3rd Phase	
Creative Work		Siddha Yoga			Dvitiya Until 3:44PM	Moon – Purple	Devaloka Day			
						Magha*Thai				
2	Monday, February 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau						Bradford, UK	
			Gulika	1:33PM – 2:45PM	Purvaproshtapada* Until 9:29AM	Ganesha: Orange	Sunrise: 7:32AM	Sun 17	Sutra 301	
	Meena Rasi: 1.09	Tithi 3 – 4	Yama	11:08AM – 12:21PM	Siddha Until 9:08PM	Muruga: White	Sunset: 5:09PM	Moon 1 -	Sobhana 5125	
	Family Home Evening	914337577	Rahu	8:44AM – 9:56AM	Vanija Until 10:44PM	Nataraja: Orange		Phase 42 - 17	3rd Phase	
Routine Work		Marana Yoga			Tritiya Until 12:19PM	Moon – Clear	Sivaloka Day			
Until 9:29AM						Magha*Thai				
Then Creative Work - Siddha Yoga										
3	Tuesday, February 13, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau						Bradford, UK	
			Gulika	12:21PM – 1:33PM	Uttaraproshtapada Until 7:07AM	Ganesha: Orange	Sunrise: 7:30AM	Sun 18	Sutra 302	
	Meena Rasi: 15.58	Tithi 4 – 5	Yama	9:55AM – 11:08AM	Sadhya Until 5:34PM	Muruga: White	Sunset: 5:11PM	Moon 1 -	Sobhana 5125	
	914337577	Rahu	2:46PM – 3:59PM	Bava Until 7:54PM	Nataraja: Orange			Phase 42 - 18	3rd Phase	
Creative Work		Amrita Yoga			Chaturthi* Until 9:15AM	Moon – Clear	Sivaloka Day			
Until 7:07AM						Magha*Masi				
Then Creative Work - Siddha Yoga										
4	Wednesday, February 14, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Balava/Taitila Karana Panchami/Shashthyam Titau						Bradford, UK	
			Gulika	11:07AM – 12:21PM	Ashvini Until 3:53AM Thu	Ganesha: Green	Sunrise: 7:28AM	Sun 19	Sutra 303	
	Mesha Rasi: 0.28	Tithi 5 – 6	Yama	8:41AM – 9:54AM	Subha Until 2:27PM	Muruga: Clear	Sunset: 5:13PM	Moon 1 -	Sobhana 5125	
	924347577	Rahu	12:21PM – 1:34PM	Taitila Until 4:41AM Thu	Nataraja: Orange			Phase 42 - 19	3rd Phase	
Routine Work		Marana Yoga			Panchami Until 6:40AM	Moon – White	Bhuloka Day			
Until 3:53AM Thu						Magha*Masi	Devaloka Time: 3:PM to 6:PM			
Then Creative Work - Siddha Yoga										
5	Thursday, February 15, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Saptamyam Titau						Bradford, UK	
			Gulika	9:53AM – 11:07AM	Bharani Until 3:13AM Fri	Ganesha: Green	Sunrise: 7:26AM	Sun 20	Sutra 304	
	Mesha Rasi: 14.32	Tithi 7	Yama	7:26AM – 8:39AM	Sukla Until 11:49AM	Muruga: Clear	Sunset: 5:15PM	Moon 1 -	Sobhana 5125	
	924347577	Rahu	1:34PM – 2:48PM	Gara Until 3:58PM	Nataraja: Orange			Phase 42 - 20	3rd Phase	
Creative Work		Siddha Yoga			Saptami Until 3:22AM Fri	Moon – White	Bhuloka Day			
						Magha*Masi	Devaloka Time: 3:PM to 6:PM			
D	Friday, February 16, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ashtamyam Titau						Bradford, UK	
	Retreat Star		Gulika	8:38AM – 9:52AM	Krittika Until 3:04AM Sat	Ganesha: Green	Sunrise: 7:24AM	Sun 21	Sutra 305	
	Mesha Rasi: 28.13	Tithi 8	Yama	2:49PM – 4:03PM	Brahma Until 9:43AM	Muruga: Clear	Sunset: 5:17PM	Moon 1 -	Sobhana 5125	
	924347577	Rahu	11:06AM – 12:20PM	Visti Until 2:59PM	Nataraja: Orange			Phase 42 - 21	Ashtami	
Creative Work		Siddha Yoga			Ashtami* Until 2:44AM Sat	Moon – White	Bhuloka Day			
Until 3:04AM Sat						Magha*Masi	Devaloka Time: 3:PM to 6:PM			
Then Creative Work - Amrita Yoga										
	Saturday, February 17, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau						Bradford, UK	
	Retreat Star		Gulika	7:22AM – 8:36AM	Rohini Until 3:51AM Sun	Ganesha: Red	Sunrise: 7:22AM	Sun 22	Sutra 306	
	Vrishabha Rasi: 11.31	Tithi 9	Yama	1:35PM – 2:50PM	Indra Until 8:11AM	Muruga: Clear	Sunset: 5:19PM	Moon 1 -	Sobhana 5125	
	934347577	Rahu	9:51AM – 11:06AM	Balava Until 2:41PM	Nataraja: Orange			Phase 42 - 22	Navami	
Creative Work		Amrita Yoga			Navami* Until 2:45AM Sun	Moon – Yellow	Devaloka Day			
Until 3:51AM Sun						Magha*Masi				
Then Creative Work - Siddha Yoga										

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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1	Sunday, February 18, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau						Bradford, UK
	Vrishabha Rasi: 24.28	Tithi 10	Gulika	2:51PM – 4:06PM	Mrigashira Until 5:03AM Mon	Ganesha: Red	Sunrise: 7:20AM	Sun 23	Sutra 307
			Yama	12:20PM – 1:35PM	Vaidhriti* Until 7:06AM	Muruga: Clear	Sunset: 5:21PM	Moon 1 - Phase 43 - 23	Sobhana 5125
	934347577	Rahu	4:06PM – 5:21PM	Taitila Until 3:00PM	Nataraja: Orange			4th Phase	
Creative Work		Siddha Yoga	Dashami Until 3:21AM Mon			Moon – Yellow	Devaloka Day		
			Magha*Masi						
2	Monday, February 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Ekadashyam Titau						Bradford, UK
	Mithuna Rasi: 7.09	Tithi 11	Gulika	1:36PM – 2:52PM	Ardra Until 6:34AM Tue	Ganesha: Red	Sunrise: 7:17AM	Sun 24	Sutra 308
	Family Home Evening		Yama	11:05AM – 12:20PM	Vishkambha* Until 6:30AM	Muruga: Clear	Sunset: 5:23PM	Moon 1 - Phase 43 - 24	Sobhana 5125
	934347577	Rahu	8:33AM – 9:49AM	Vanija Until 3:52PM	Nataraja: Orange			4th Phase	
Creative Work		Siddha Yoga	Ekadashi Until 4:28AM Tue			Moon – Yellow	Devaloka Day		
			Magha*Masi						
3	Tuesday, February 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Dvadashyam Titau						Bradford, UK
	Mithuna Rasi: 19.37	Tithi 12	Gulika	12:20PM – 1:36PM	Ardra Until 6:34AM	Ganesha: Red	Sunrise: 7:15AM	Sun 25	Sutra 309
			Yama	9:48AM – 11:04AM	Priti Until 6:16AM	Muruga: Clear	Sunset: 5:25PM	Moon 1 - Phase 43 - 25	Sobhana 5125
	934347577	Rahu	2:53PM – 4:09PM	Bava Until 5:12PM	Nataraja: Orange			4th Phase	
Routine Work		Marana Yoga	Dvadashi Until 6:00AM Wed			Moon – Yellow	Devaloka Day		
Until 6:34AM						Magha*Masi			
Then Creative Work - Siddha Yoga									
4	Wednesday, February 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau						Bradford, UK
	Kataka Rasi: 1.54	Tithi 12 – 13	Gulika	11:03AM – 12:20PM	Punarvasu Until 8:48AM	Ganesha: Blue	Sunrise: 7:13AM	Sun 26	Sutra 310
			Yama	8:30AM – 9:47AM	Ayushman Until 6:20AM	Muruga: Clear	Sunset: 5:27PM	Moon 1 - Phase 43 - 26	Sobhana 5125
	944347577	Rahu	12:20PM – 1:37PM	Kaulava Until 6:55PM	Nataraja: Orange			4th Phase	
Creative Work		Siddha Yoga	Dvadashi Until 6:00AM			Moon – Blue	Bhuloka Day		
						Magha*Masi	Devaloka Time: 3:PM to 6:PM		
			Pradosha Vrata						
5	Thursday, February 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau						Bradford, UK
	Kataka Rasi: 14.02	Tithi 13 – 14	Gulika	9:45AM – 11:03AM	Pushya Until 11:12AM	Ganesha: Blue	Sunrise: 7:11AM	Sun 27	Sutra 311
			Yama	7:11AM – 8:28AM	Saubhagya Until 6:41AM	Muruga: Clear	Sunset: 5:29PM	Moon 1 - Phase 43 - 27	Sobhana 5125
	944347577	Rahu	1:37PM – 2:54PM	Gara Until 8:57PM	Nataraja: Orange			4th Phase	
Creative Work		Amrita Yoga	Trayodashi Until 7:53AM			Moon – Blue	Bhuloka Day		
Until 11:12AM			Chidambaram Abhishekam			Magha*Masi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga									
O	Friday, February 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau						Bradford, UK
	Copper Retreat Star		Gulika	8:26AM – 9:44AM	Ashlesha* Until 1:43PM	Ganesha: Blue	Sunrise: 7:09AM	Sun 28	Sutra 312
	Kataka Rasi: 26.04	Tithi 14 – 15	Yama	2:55PM – 4:13PM	Sobhana Until 7:16AM	Muruga: Clear	Sunset: 5:31PM	Moon 1 - Phase 43 - Purnima	Sobhana 5125
	944347577	Rahu	11:02AM – 12:20PM	Visti Until 11:15PM	Nataraja: Orange				
Routine Work		Marana Yoga	Chaturdashi* Until 10:03AM			Moon – Blue	Bhuloka Day		
						Magha*Masi	Devaloka Time: 3:PM to 6:PM		
	Saturday, February 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau						Bradford, UK
	Silver Retreat Star		Gulika	7:06AM – 8:25AM	Magha* Until 4:47PM	Ganesha: Yellow	Sunrise: 7:06AM	Sun 29	Sutra 313
	Simha Rasi: 7.59	Tithi 15 – 16	Yama	1:38PM – 2:56PM	Athiganda* Until 8:00AM	Muruga: Clear	Sunset: 5:33PM	Moon 1 - Phase 43 - Prathama	Sobhana 5125
	954347577	Rahu	9:43AM – 11:01AM	Balava Until 1:46AM Sun	Nataraja: Orange				
Creative Work		Amrita Yoga	Purnima* Until 12:28PM			Moon – Red	Devaloka Day		
Until 4:47PM						Magha*Masi			
Then Creative Work - Siddha Yoga									

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time. Calculated for Bradford, UK on 1/18/22

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Sunday, February 25, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bradford, UK

Sutra 314

Sobhana 5125

Moon 2 - Phase 44 - 1st Phase

Simha Rasi: 19.5 Tithi 16 – 17

Gulika 2:57PM – 4:16PM
Yama 12:19PM – 1:38PM
955347577 **Rahu** 4:16PM – 5:35PM

Purvaphalguni Until 7:50PM

Sukarma Until 8:54AM

Taitila Until 4:25AM Mon

Prathama* Until 3:04PM

Ganesha: White *Sunrise: 7:04AM*

Muruga: Clear *Sunset: 5:35PM*

Nataraja: Orange

Moon – Red
Magha*Mas

Sivaloka Day

Creative Work Siddha Yoga

Until 7:50PM

Then Creative Work - Amrita Yoga

1 Monday, February 26, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bradford, UK

Sutra 315

Sobhana 5125

Moon 2 - Phase 44 - 1st Phase

Kanya Rasi: 1.39 Tithi 17 – 18

Gulika 1:39PM – 2:58PM
Yama 11:00AM – 12:19PM
955347577 **Rahu** 8:21AM – 9:41AM

Uttaraphalguni Until 10:47PM

Dhriti Until 9:53AM

Vanija Until 7:05AM Tue

Dvitiya Until 5:44PM

Ganesha: White *Sunrise: 7:02AM*

Muruga: Clear *Sunset: 5:37PM*

Nataraja: Orange

Moon – Red
Magha*Mas

Sivaloka Day

Creative Work Siddha Yoga

Then Creative Work - Amrita Yoga

2 Tuesday, February 27, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiyayam Titau

Bradford, UK

Sutra 316

Sobhana 5125

Moon 2 - Phase 44 - 2 1st Phase

Kanya Rasi: 13.27 Tithi 18

Gulika 12:19PM – 1:39PM
Yama 9:39AM – 10:59AM
965347577 **Rahu** 2:59PM – 4:19PM

Hasta Until 2:01AM Wed

Shula* Until 10:51AM

Vanija Until 7:05AM

Tritiya Until 8:23PM

Ganesha: Clear *Sunrise: 7:00AM*

Muruga: Clear *Sunset: 5:39PM*

Nataraja: Orange

Moon – Green
Magha*Mas

Devaloka Day

Creative Work Siddha Yoga

Then Creative Work - Amrita Yoga

3 Wednesday, February 28, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Chaturthyam Titau

Bradford, UK

Sutra 317

Sobhana 5125

Moon 2 - Phase 44 - 3 1st Phase

Kanya Rasi: 25.17 Tithi 19

Gulika 10:59AM – 12:19PM
Yama 8:18AM – 9:38AM
965347577 **Rahu** 12:19PM – 1:39PM

Chitra Until 4:52AM Thu

Ganda* Until 11:44AM

Bava Until 9:40AM

Chaturthi* Until 10:50PM

Ganesha: Clear *Sunrise: 6:57AM*

Muruga: Clear *Sunset: 5:41PM*

Nataraja: Orange

Moon – Green
Magha*Mas

Devaloka Day

Creative Work Siddha Yoga

Until 4:52AM Thu

Then Creative Work - Amrita Yoga

4 Thursday, February 29, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Bradford, UK

Sutra 318

Sobhana 5125

Moon 2 - Phase 44 - 4 1st Phase

Tula Rasi: 7.13 Tithi 20

Gulika 9:37AM – 10:58AM
Yama 6:55AM – 8:16AM
965347577 **Rahu** 1:40PM – 3:01PM

Svati Until 7:11AM Fri

Vridhi Until 12:26PM

Kaulava Until 11:57AM

Panchami Until 12:56AM Fri

Ganesha: Clear *Sunrise: 6:55AM*

Muruga: Clear *Sunset: 5:42PM*

Nataraja: Orange

Moon – Green
Magha*Mas

Devaloka Day

Creative Work Amrita Yoga

Until 7:11AM Fri

Then Creative Work - Siddha Yoga

5 Friday, March 1, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Bradford, UK

Sutra 319

Sobhana 5125

Moon 2 - Phase 44 - 5 1st Phase

Tula Rasi: 19.19 Tithi 21

Gulika 8:12AM – 9:34AM
Yama 3:02PM – 4:24PM
965347577 **Rahu** 10:56AM – 12:18PM

Svati Until 7:11AM

Dhruva Until 12:45PM

Gara Until 1:48PM

Shashthi* Until 2:29AM Sat

Ganesha: Clear *Sunrise: 6:51AM*

Muruga: Clear *Sunset: 5:46PM*

Nataraja: Orange

Moon – Green
Magha*Mas

Devaloka Day

Creative Work Siddha Yoga

6 Saturday, March 2, 2024

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Bradford, UK

Sutra 320

Sobhana 5125

Moon 2 - Phase 44 - 6 1st Phase

Vrischika Rasi: 1.38 Tithi 22

Gulika 6:48AM – 8:11AM
Yama 1:41PM – 3:03PM
975447577 **Rahu** 9:33AM – 10:56AM

Vishakha Until 9:15AM

Vyaghata* Until 12:38PM

Visti Until 3:02PM

Saptami Until 3:21AM Sun

Ganesha: Clear *Sunrise: 6:48AM*

Muruga: Clear *Sunset: 5:48PM*

Nataraja: Orange

Moon – Orange
Magha*Mas

Devaloka Day

Creative Work Siddha Yoga

D Sunday, March 3, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Bradford, UK

Sutra 321

Sobhana 5125

Moon 2 - Phase 44 - 7 Ashtami

Vrischika Rasi: 14.16 Tithi 23

Gulika 3:04PM – 4:27PM
Yama 12:18PM – 1:41PM
975447577 **Rahu** 4:27PM – 5:50PM

Anuradha Until 10:28AM

Harshana Until 11:57AM

Balava Until 3:30PM

Ashtami* Until 3:24AM Mon

Ganesha: Clear *Sunrise: 6:46AM*

Muruga: Clear *Sunset: 5:50PM*

Nataraja: Orange

Moon – Orange
Magha*Mas

Devaloka Day

Routine Work Marana Yoga

Monday, March 4, 2024

Retreat Star

Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Bradford, UK

Sutra 322

Sobhana 5125

Moon 2 - Phase 44 - 8 Navami

Vrischika Rasi: 27.17 Tithi 24

Gulika 1:41PM – 3:05PM
Yama 10:54AM – 12:18PM
975447577 **Rahu** 8:07AM – 9:31AM

Jyeshtha* Until 10:45AM

Vajra* Until 10:37AM

Taitila Until 3:08PM

Navami* Until 2:37AM Tue

Ganesha: Clear *Sunrise: 6:44AM*

Muruga: Clear *Sunset: 5:52PM*

Nataraja: Orange

Moon – Orange
Magha*Mas

Devaloka Day

Creative Work Siddha Yoga

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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1	Tuesday, March 5, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau						Bradford, UK
	Dhanus Rasi: 10.44	Tithi 25	Gulika	12:17PM – 1:42PM	Mula* Until 10:30AM	Ganesha: Red	Sunrise: 6:41AM	Sun 9	Sutra 323
			Yama	9:29AM – 10:53AM	Siddhi Until 8:38AM	Muruga: Clear	Sunset: 5:54PM	Moon 2 - Phase 45 - 9	Sobhana 5125
	186447577		Rahu	3:06PM – 4:30PM	Vanija Until 1:57PM	Nataraja: Orange		2nd Phase	
Creative Work Amrita Yoga					Moon – Light Blue		Devaloka Day		
Until 10:30AM					Magha*Masi				
Then Creative Work - Siddha Yoga									
2	Wednesday, March 6, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ekadashyam Titau						Bradford, UK
	Dhanus Rasi: 24.4	Tithi 26	Gulika	10:53AM – 12:17PM	Purvashadha* Until 9:21AM	Ganesha: Red	Sunrise: 6:39AM	Sun 10	Sutra 324
			Yama	8:03AM – 9:28AM	Vyatipata* Until 6:02AM	Muruga: Clear	Sunset: 5:56PM	Moon 2 - Phase 45 - 10	Sobhana 5125
	186447577		Rahu	12:17PM – 1:42PM	Bava Until 11:59AM	Nataraja: Orange		2nd Phase	
Creative Work Amrita Yoga					Moon – Light Blue		Devaloka Day		
					Magha*Masi				
Ekadashi* Until 10:43PM									
3	Thursday, March 7, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvadashyam Titau						Bradford, UK
	Makara Rasi: 9.04	Tithi 27	Gulika	9:27AM – 10:52AM	Uttarashadha Until 7:22AM	Ganesha: Red	Sunrise: 6:36AM	Sun 11	Sutra 325
			Yama	6:36AM – 8:02AM	Parigha* Until 11:12PM	Muruga: Clear	Sunset: 5:58PM	Moon 2 - Phase 45 - 11	Sobhana 5125
	186447577		Rahu	1:42PM – 3:07PM	Kaulava Until 9:21AM	Nataraja: Orange		2nd Phase	
Routine Work Marana Yoga					Moon – Light Blue		Devaloka Day		
Until 7:22AM					Magha*Masi				
Then Creative Work - Siddha Yoga									
4	Friday, March 8, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Shiva Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau						Bradford, UK
	Makara Rasi: 23.52	Tithi 28 – 29	Gulika	8:00AM – 9:25AM	Dhanishtha Until 2:23AM Sat	Ganesha: Green	Sunrise: 6:34AM	Sun 12	Sutra 326
			Yama	3:08PM – 4:34PM	Shiva Until 7:13PM	Muruga: Clear	Sunset: 5:59PM	Moon 2 - Phase 45 - 12	Sobhana 5125
	196447577		Rahu	10:51AM – 12:17PM	Gara Until 6:11AM	Nataraja: Orange		2nd Phase	
Creative Work Siddha Yoga					Moon – Purple		Sivaloka Day		
Until 2:23AM Sat					Magha*Masi				
Then Creative Work - Amrita Yoga					Pradosha Vrata (Fasting)				
	Saturday, March 9, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau						Bradford, UK
	Retreat Star		Gulika	6:32AM – 7:58AM	Shatabhishak Until 11:17PM	Ganesha: Green	Sunrise: 6:32AM	Sun 13	Sutra 327
	Kumbha Rasi: 8.56	Tithi 29 – 30	Yama	1:43PM – 3:09PM	Siddha Until 3:00PM	Muruga: Clear	Sunset: 6:01PM	Moon 2 - Phase 45 - 13	Sobhana 5125
	196447577		Rahu	9:24AM – 10:50AM	Catuspada Until 10:56PM	Nataraja: Orange		Amavasya	
Creative Work Amrita Yoga					Moon – Purple		Sivaloka Day		
Until 11:17PM					Magha*Masi				
Then Routine Work - Marana Yoga									
	Sunday, March 10, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau						Bradford, UK
	Retreat Star		Gulika	3:10PM – 4:36PM	Purvaproshtapada* Until 8:25PM	Ganesha: Orange	Sunrise: 6:29AM	Sun 14	Sutra 328
	Kumbha Rasi: 24.1	Tithi 30 – 1	Yama	12:16PM – 1:43PM	Sadhya Until 10:42AM	Muruga: Clear	Sunset: 6:03PM	Moon 2 - Phase 45 - 14	Sobhana 5125
	116447577		Rahu	4:36PM – 6:03PM	Kintughna Until 7:09PM	Nataraja: Orange		Prathama	
Creative Work Siddha Yoga					Moon – Clear		Devaloka Day		
Until 8:25PM					Phalguna*Masi				
Then Creative Work - Amrita Yoga									

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

1	Monday, March 11, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvitiyayam Titau				Sun 15 Sutra 329 Sobhana 5125	
	Meena Rasi: 9.23	Tithi 2	Gulika	1:43PM – 3:11PM	Uttaraproshtapada Until 5:33PM	Ganesha: Orange	Sunrise: 6:27AM	Moon 2 - Phase 46 - 15
	Family Home Evening	116447577	Yama	10:49AM – 12:16PM	Subha Until 6:28AM	Muruga: Clear	Sunset: 6:05PM	3rd Phase
Creative Work		Siddha Yoga	Rahu	7:54AM – 9:21AM	Balava Until 3:30PM	Nataraja: Orange		
				Dvitiya Until 1:45AM Tue	Moon – Clear	Devaloka Day		
					Phalguna•Masi			
2	Tuesday, March 12, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Brahma Yoga Taitila/Gara Karana Tritiyayam Titau				Sun 16 Sutra 330 Sobhana 5125	
	Meena Rasi: 24.25	Tithi 3	Gulika	12:16PM – 1:44PM	Revati Until 2:52PM	Ganesha: Orange	Sunrise: 6:24AM	Moon 2 - Phase 46 - 16
			Yama	9:20AM – 10:48AM	Brahma Until 10:37PM	Muruga: Clear	Sunset: 6:07PM	3rd Phase
Creative Work		Siddha Yoga	Rahu	3:11PM – 4:39PM	Taitila Until 12:08PM	Nataraja: Orange		
				Tritiya Until 10:35PM	Moon – Clear	Devaloka Day		
					Phalguna•Masi			
Subramuniyaswami Siva Vision Day								
3	Wednesday, March 13, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthyam Titau				Sun 17 Sutra 331 Sobhana 5125	
	Mesha Rasi: 9.1	Tithi 4	Gulika	10:47AM – 12:15PM	Ashvini Until 12:54PM	Ganesha: White	Sunrise: 6:22AM	Moon 2 - Phase 46 - 17
			Yama	7:50AM – 9:19AM	Indra Until 7:17PM	Muruga: Clear	Sunset: 6:09PM	3rd Phase
Routine Work		Marana Yoga	Rahu	12:15PM – 1:44PM	Vanija Until 9:13AM	Nataraja: Orange		
				Chaturthi* Until 7:56PM	Moon – White	Bhuloka Day		
					Phalguna•Masi	Devaloka Time: 3:PM to 6:PM		
4	Thursday, March 14, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Kaulava Karana Panchami/Shashtiyam Titau				Sun 18 Sutra 332 Sobhana 5125	
	Mesha Rasi: 23.29	Tithi 5 – 6	Gulika	9:17AM – 10:46AM	Bharani Until 11:24AM	Ganesha: White	Sunrise: 6:20AM	Moon 2 - Phase 46 - 18
			Yama	6:20AM – 7:49AM	Vaidhriti* Until 4:27PM	Muruga: Clear	Sunset: 6:11PM	3rd Phase
Creative Work		Siddha Yoga	Rahu	1:44PM – 3:13PM	Bava Until 6:52AM	Nataraja: Orange		
				Panchami Until 5:55PM	Moon – White	Bhuloka Day		
					Phalguna•Panguni	Devaloka Time: 3:PM to 6:PM		
				Karadaiyan Nombu (Tamil Nadu)				
5	Friday, March 15, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Sun 19 Sutra 333 Sobhana 5125	
	Vrishabha Rasi: 7.23	Tithi 6 – 7	Gulika	7:47AM – 9:16AM	Krittika Until 10:27AM	Ganesha: White	Sunrise: 6:17AM	Moon 2 - Phase 46 - 19
			Yama	3:14PM – 4:43PM	Vishkambha* Until 2:12PM	Muruga: Clear	Sunset: 6:12PM	3rd Phase
Creative Work		Siddha Yoga	Rahu	10:45AM – 12:15PM	Gara Until 4:18AM Sat	Nataraja: Clear		
				Shashthi* Until 4:38PM	Moon – White	Bhuloka Day		
					Phalguna•Panguni	Devaloka Time: 3:PM to 6:PM		
6	Saturday, March 16, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Sun 20 Sutra 334 Sobhana 5125	
	Vrishabha Rasi: 20.49	Tithi 7 – 8	Gulika	6:15AM – 7:45AM	Rohini Until 10:33AM	Ganesha: Clear	Sunrise: 6:15AM	Moon 2 - Phase 46 - 20
			Yama	1:44PM – 3:14PM	Priti Until 12:35PM	Muruga: Clear	Sunset: 6:14PM	3rd Phase
Creative Work		Amrita Yoga	Rahu	9:15AM – 10:45AM	Visti Until 4:11AM Sun	Nataraja: Clear		
				Saptami Until 4:07PM	Moon – Yellow	Devaloka Day		
					Phalguna•Panguni			
D	Sunday, March 17, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Sun 21 Sutra 335 Sobhana 5125	
	Retreat Star		Gulika	3:15PM – 4:46PM	Mrigashira Until 11:15AM	Ganesha: Clear	Sunrise: 6:12AM	Moon 2 - Phase 46 - 21
	Mithuna Rasi: 3.51	Tithi 8 – 9	Yama	12:14PM – 1:45PM	Ayushman Until 11:33AM	Muruga: Clear	Sunset: 6:16PM	Ashtami
Creative Work		Siddha Yoga	Rahu	4:46PM – 6:16PM	Balava Until 4:48AM Mon	Nataraja: Clear		
				Ashtami* Until 4:23PM	Moon – Yellow	Devaloka Day		
					Phalguna•Panguni			
1	Monday, March 18, 2024		Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Sun 22 Sutra 336 Sobhana 5125	
	Retreat Star		Gulika	1:45PM – 3:16PM	Ardra Until 12:30PM	Ganesha: Clear	Sunrise: 6:10AM	Moon 2 - Phase 46 - 22
	Mithuna Rasi: 16.31	Tithi 9 – 10	Yama	10:43AM – 12:14PM	Saubhagya Until 11:05AM	Muruga: Clear	Sunset: 6:18PM	Navami
Family Home Evening		137447578	Rahu	7:41AM – 9:12AM	Taitila Until 6:04AM Tue	Nataraja: Clear		
Creative Work		Siddha Yoga			Navami* Until 5:20PM	Moon – Yellow	Devaloka Day	
					Phalguna•Panguni			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time. Calculated for Bradford, UK on 1/18/22

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1	Tuesday, March 19, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Bradford, UK
	Mithuna Rasi: 28.55	Tithi 10	Gulika 12:14PM – 1:45PM	Punarvasu Until 2:39PM	Ganesha: Clear	Sunrise: 6:07AM	Sun 23 Sutra 337
			Yama 9:11AM – 10:42AM	Sobhana Until 11:06AM	Muruga: Clear	Sunset: 6:20PM	Sobhana 5125
	148447578	Rahu 3:17PM – 4:48PM		Taitila Until 6:04AM	Nataraja: Clear		Moon 2 - Phase 47 - 23
Creative Work	Siddha Yoga			Dashami Until 6:53PM	Moon – Blue		4th Phase
					Phalguna*Panguni	Devaloka Day	
2	Wednesday, March 20, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau				Bradford, UK
	Kataka Rasi: 11.05	Tithi 11	Gulika 10:41AM – 12:13PM	Pushya Until 5:07PM	Ganesha: Clear	Sunrise: 6:05AM	Sun 24 Sutra 338
			Yama 7:37AM – 9:09AM	Athiganda* Until 11:28AM	Muruga: Clear	Sunset: 6:22PM	Sobhana 5125
	148447578	Rahu 12:13PM – 1:45PM		Vanija Until 7:51AM	Nataraja: Clear		Moon 2 - Phase 47 - 24
Creative Work	Siddha Yoga			Ekadashi Until 8:53PM	Moon – Blue		4th Phase
					Phalguna*Panguni	Devaloka Day	
3	Thursday, March 21, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Bradford, UK
	Kataka Rasi: 23.05	Tithi 12	Gulika 9:08AM – 10:40AM	Ashlesha* Until 7:44PM	Ganesha: Clear	Sunrise: 6:03AM	Sun 25 Sutra 339
			Yama 6:03AM – 7:35AM	Sukarma Until 12:09PM	Muruga: Clear	Sunset: 6:24PM	Sobhana 5125
	148447578	Rahu 1:46PM – 3:18PM		Bava Until 10:02AM	Nataraja: Clear		Moon 2 - Phase 47 - 25
Creative Work	Siddha Yoga			Dvadashi Until 11:13PM	Moon – Blue		4th Phase
Until 7:44PM			Yogaswami Mahasamadhi		Phalguna*Panguni	Devaloka Day	
Then Creative Work - Amrita Yoga							
4	Friday, March 22, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bradford, UK
	Simha Rasi: 4.59	Tithi 13	Gulika 7:33AM – 9:06AM	Magha* Until 10:54PM	Ganesha: Purple	Sunrise: 6:00AM	Sun 26 Sutra 340
			Yama 3:19PM – 4:52PM	Dhriti Until 1:02PM	Muruga: Clear	Sunset: 6:25PM	Sobhana 5125
	158447578	Rahu 10:40AM – 12:13PM		Kaulava Until 12:30PM	Nataraja: Clear		Moon 2 - Phase 47 - 26
Routine Work	Marana Yoga			Trayodashi Until 1:46AM Sat	Moon – Red		4th Phase
Until 10:54PM					Phalguna*Panguni	Sivaloka Day	
Then Creative Work - Siddha Yoga				Pradosha Vrata			
5	Saturday, March 23, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Bradford, UK
	Simha Rasi: 16.49	Tithi 14	Gulika 5:58AM – 7:31AM	Purvaphalguni Until 2:00AM Sun	Ganesha: Purple	Sunrise: 5:58AM	Sun 27 Sutra 341
			Yama 1:46PM – 3:20PM	Shula* Until 2:00PM	Muruga: Clear	Sunset: 6:27PM	Sobhana 5125
	158447578	Rahu 9:05AM – 10:39AM		Gara Until 3:05PM	Nataraja: Clear		Moon 2 - Phase 47 - 27
Creative Work	Siddha Yoga			Chaturdashi* Until 4:23AM Sun	Moon – Red		4th Phase
Until 2:00AM Sun					Phalguna*Panguni	Sivaloka Day	
Then Creative Work - Amrita Yoga							
O	Sunday, March 24, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau				Bradford, UK
	Copper Retreat Star		Gulika 3:21PM – 4:55PM	Uttaraphalguni Until 4:55AM Mon	Ganesha: Purple	Sunrise: 5:55AM	Sutra 342
	Simha Rasi: 28.37	Tithi 15	Yama 12:12PM – 1:46PM	Ganda* Until 3:00PM	Muruga: Clear	Sunset: 6:29PM	Sobhana 5125
	158447578	Rahu 4:55PM – 6:29PM		Visti Until 5:43PM	Nataraja: Clear		Moon 2 - Phase 47 -
Creative Work	Amrita Yoga			Purnima* Until 6:59AM Mon	Moon – Red		Purnima
Until 4:55AM Mon			Panguni Uttiram		Phalguna*Panguni	Sivaloka Day	
Then Creative Work - Siddha Yoga			Holi				
	Monday, March 25, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Bradford, UK
	Silver Retreat Star		Gulika 1:47PM – 3:21PM	Hasta Until 8:02AM Tue	Ganesha: Clear	Sunrise: 5:53AM	Sutra 343
	Kanya Rasi: 10.26	Tithi 15 – 16	Yama 10:37AM – 12:12PM	Vriddhi Until 3:57PM	Muruga: Clear	Sunset: 6:31PM	Sobhana 5125
	168447578	Rahu 7:28AM – 9:02AM		Balava Until 8:15PM	Nataraja: Clear		Moon 2 - Phase 47 -
Family Home Evening				Purnima* Until 6:59AM	Moon – Green		Prathama
Creative Work	Siddha Yoga				Phalguna*Panguni	Devaloka Day	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 26, 2024

Gold Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Bradford, UK

Sutra 344

Sobhana 5125

Kanya Rasi: 22.19 Tithi 16 – 17

169447578

Gulika

12:12PM – 1:47PM

Yama

9:01AM – 10:36AM

Rahu

3:22PM – 4:57PM

Hasta Until 8:02AM

Dhruva Until 4:45PM

Taitila Until 10:35PM

Prathama* Until 9:26AM

Ganesha: Purple

Sunrise: 5:50AM

Muruga: Clear

Sunset: 6:33PM

Nataraja: Clear

Moon – Green

Phalguna*Panguni

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

1

Wednesday, March 27, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Bradford, UK

Sun 1 Sutra 345

Sobhana 5125

Tula Rasi: 4.16 Tithi 17 – 18

169447578

Gulika

10:35AM – 12:11PM

Yama

7:24AM – 9:00AM

Rahu

12:11PM – 1:47PM

Chitra Until 10:45AM

Vyaghata* Until 5:22PM

Vanija Until 12:38AM Thu

Dvitiya Until 11:38AM

Ganesha: Purple

Sunrise: 5:48AM

Muruga: Clear

Sunset: 6:34PM

Nataraja: Clear

Moon – Green

Phalguna*Panguni

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Thursday, March 28, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Bradford, UK

Sun 2 Sutra 346

Sobhana 5125

Tula Rasi: 16.22 Tithi 18 – 19

169547578

Gulika

8:58AM – 10:35AM

Yama

5:46AM – 7:22AM

Rahu

1:47PM – 3:24PM

Svati Until 12:59PM

Harshana Until 5:43PM

Bava Until 2:17AM Fri

Tritiya Until 1:29PM

Ganesha: Clear

Sunrise: 5:46AM

Muruga: Clear

Sunset: 6:36PM

Nataraja: Clear

Moon – Green

Phalguna*Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 12:59PM

Then Creative Work - Siddha Yoga

3

Friday, March 29, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Bradford, UK

Sun 3 Sutra 347

Sobhana 5125

Tula Rasi: 28.37 Tithi 19 – 20

179547578

Gulika

7:20AM – 8:57AM

Yama

3:24PM – 5:01PM

Rahu

10:34AM – 12:11PM

Vishakha Until 3:07PM

Vajra* Until 5:42PM

Kaulava Until 3:27AM Sat

Chaturthi* Until 2:54PM

Ganesha: White

Sunrise: 5:43AM

Muruga: Clear

Sunset: 6:38PM

Nataraja: Clear

Moon – Orange

Phalguna*Panguni

Sivaloka Day

Creative Work Siddha Yoga

4

Saturday, March 30, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Bradford, UK

Sun 4 Sutra 348

Sobhana 5125

Vrischika Rasi: 11.04 Tithi 20 – 21

179547578

Gulika

5:41AM – 7:18AM

Yama

1:48PM – 3:25PM

Rahu

8:56AM – 10:33AM

Anuradha Until 4:36PM

Siddhi Until 5:17PM

Gara Until 4:03AM Sun

Panchami Until 3:48PM

Ganesha: White

Sunrise: 5:41AM

Muruga: Clear

Sunset: 6:40PM

Nataraja: Clear

Moon – Orange

Phalguna*Panguni

Sivaloka Day

Creative Work Siddha Yoga

5

Sunday, March 31, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Bradford, UK

Sun 5 Sutra 349

Sobhana 5125

Vrischika Rasi: 23.47 Tithi 21 – 22

179547578

Gulika

3:26PM – 5:04PM

Yama

12:10PM – 1:48PM

Rahu

5:04PM – 6:42PM

Jyeshtha* Until 5:21PM

Vyatipata* Until 4:26PM

Visti Until 4:02AM Mon

Shashthi* Until 4:06PM

Ganesha: White

Sunrise: 5:38AM

Muruga: Clear

Sunset: 6:42PM

Nataraja: Clear

Moon – Orange

Phalguna*Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 5:21PM

Then Creative Work - Amrita Yoga

6

Monday, April 1, 2024

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Bradford, UK

Sun 6 Sutra 350

Sobhana 5125

Dhanus Rasi: 6.49 Tithi 22 – 23

189547578

Gulika

1:48PM – 3:26PM

Yama

10:32AM – 12:10PM

Rahu

7:16AM – 8:54AM

Mula* Until 5:46PM

Variyan Until 3:02PM

Balava Until 3:21AM Tue

Saptami Until 3:46PM

Ganesha: Yellow

Sunrise: 5:38AM

Muruga: Clear

Sunset: 6:42PM

Nataraja: Clear

Moon – Light Blue

Phalguna*Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 5:46PM

Then Routine Work - Marana Yoga



Tuesday, April 2, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bradford, UK

Sun 7 Sutra 351

Sobhana 5125

Dhanus Rasi: 20.11 Tithi 23 – 24

181547578

Gulika

12:10PM – 1:48PM

Yama

8:53AM – 10:31AM

Rahu

3:27PM – 5:05PM

Purvashadha* Until 5:22PM

Parigha* Until 1:07PM

Taitila Until 2:00AM Wed

Ashtami* Until 2:44PM

Ganesha: Yellow

Sunrise: 5:36AM

Muruga: Clear

Sunset: 6:44PM

Nataraja: Clear

Moon – Light Blue

Phalguna*Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 5:22PM

Then Routine Work - Prabalarishta Yoga

Wednesday, April 3, 2024

Retreat Star

Sobhana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Bradford, UK

Sun 8 Sutra 352

Sobhana 5125

Makara Rasi: 3.56 Tithi 24 – 25

181547578

Gulika

10:30AM – 12:09PM

Yama

7:12AM – 8:51AM

Rahu

12:09PM – 1:48PM

Uttarashadha Until 4:12PM

Shiva Until 10:42AM

Vanija Until 12:01AM Thu

Navami* Until 1:04PM

Ganesha: Yellow

Sunrise: 5:34AM

Muruga: Clear

Sunset: 6:45PM

Nataraja: Clear

Moon – Light Blue

Phalguna*Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 4:12PM

Then Creative Work - Siddha Yoga

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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1	Thursday, April 4, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau					Bradford, UK
	Makara Rasi: 18.05	Tithi 25 – 26	Gulika	8:50AM – 10:30AM	Shravana Until 2:43PM	Ganesha: Blue	Sunrise: 5:31AM	Sun 9 Sutra 353
			Yama	5:31AM – 7:11AM	Siddha Until 7:46AM	Muruga: Clear	Sunset: 6:47PM	Sobhana 5125
	Creative Work	Siddha Yoga	191547578 Rahu	1:49PM – 3:28PM	Bava Until 9:29PM	Nataraja: Clear		Moon 3 - Phase 49 - 9
				Dashami Until 10:48AM	Moon – Purple			2nd Phase
					Phalguna•Panguni	Sivaloka Day		
2	Friday, April 5, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau					Bradford, UK
	Kumbha Rasi: 3	Tithi 26 – 27	Gulika	7:09AM – 8:49AM	Dhanishtha Until 12:37PM	Ganesha: Blue	Sunrise: 5:29AM	Sun 10 Sutra 354
			Yama	3:29PM – 5:09PM	Subha Until 12:44AM Sat	Muruga: Clear	Sunset: 6:49PM	Sobhana 5125
	Creative Work	Siddha Yoga	191547578 Rahu	10:29AM – 12:09PM	Kaulava Until 6:29PM	Nataraja: Clear		Moon 3 - Phase 49 - 10
				Ekadashi* Until 8:01AM	Moon – Purple			2nd Phase
					Phalguna•Panguni	Sivaloka Day		
3	Saturday, April 6, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau					Bradford, UK
	Kumbha Rasi: 17.25	Tithi 28	Gulika	5:26AM – 7:07AM	Shatabhishak Until 10:00AM	Ganesha: Blue	Sunrise: 5:26AM	Sun 11 Sutra 355
			Yama	1:49PM – 3:30PM	Sukla Until 8:47PM	Muruga: Clear	Sunset: 6:51PM	Sobhana 5125
	Creative Work	Amrita Yoga	191547578 Rahu	8:47AM – 10:28AM	Gara Until 3:09PM	Nataraja: Clear		Moon 3 - Phase 49 - 11
	Until 10:00AM			Trayodashi* Until 1:24AM Sun	Moon – Purple			2nd Phase
	Then Routine Work - Marana Yoga			Pradosha Vrata (Fasting)	Phalguna•Panguni	Sivaloka Day		
4	Sunday, April 7, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau					Bradford, UK
	Meena Rasi: 2.25	Tithi 29	Gulika	3:30PM – 5:12PM	Purvaproshtapada* Until 7:27AM	Ganesha: Red	Sunrise: 5:24AM	Sun 12 Sutra 356
			Yama	12:08PM – 1:49PM	Brahma Until 4:44PM	Muruga: Clear	Sunset: 6:53PM	Sobhana 5125
	Creative Work	Siddha Yoga	111547578 Rahu	5:12PM – 6:53PM	Visti Until 11:38AM	Nataraja: Clear		Moon 3 - Phase 49 - 12
	Until 7:27AM			Chaturdashi* Until 9:51PM	Moon – Clear			2nd Phase
	Then Creative Work - Amrita Yoga				Phalguna•Panguni	Devaloka Day		
	Monday, April 8, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau					Bradford, UK
	Retreat Star		Gulika	1:50PM – 3:31PM	Revati Until 1:52AM Tue	Ganesha: Red	Sunrise: 5:22AM	Sun 13 Sutra 357
	Meena Rasi: 17.29	Tithi 30	Yama	10:26AM – 12:08PM	Indra Until 12:42PM	Muruga: Clear	Sunset: 6:54PM	Sobhana 5125
	Family Home Evening		111547578 Rahu	7:03AM – 8:45AM	Catuspada Until 8:05AM	Nataraja: Clear		Moon 3 - Phase 49 - 13
	Creative Work	Siddha Yoga		Amavasya* Until 6:20PM	Moon – Clear			Amavasya
					Phalguna•Panguni	Devaloka Day		
	Tuesday, April 9, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau					Bradford, UK
	Retreat Star		Gulika	12:08PM – 1:50PM	Ashvini Until 11:35PM	Ganesha: Yellow	Sunrise: 5:19AM	Sun 14 Sutra 358
	Mesha Rasi: 2.28	Tithi 1 – 2	Yama	8:43AM – 10:26AM	Vaidhriti* Until 8:45AM	Muruga: Clear	Sunset: 6:56PM	Sobhana 5125
	Creative Work	Siddha Yoga	121547578 Rahu	3:32PM – 5:14PM	Balava Until 1:29AM Wed	Nataraja: Clear		Moon 3 - Phase 49 - 14
				Prathama* Until 3:00PM	Moon – White			Prathama
			Chellappaswami Mahasamadhi		Chaitra•Panguni	Devaloka Day		

1	Wednesday, April 10, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau						Bradford, UK
			Gulika	10:25AM – 12:07PM	Bharani Until 9:34PM		Ganesha: Yellow	Sunrise: 5:17AM	Sun 15 Sutra 359
	Mesha Rasi: 17.14	Tithi 2 – 3	Yama	6:59AM – 8:42AM	Priti Until 1:47AM Thu	Muruga: Clear	Sunset: 6:58PM	Sobhana 5125	
		121547578	Rahu	12:07PM – 1:50PM	Taitila Until 10:44PM	Nataraja: Clear		Moon 3 - Phase 50 - 15	
	Creative Work	Siddha Yoga				Moon – White		3rd Phase	
					Dvitiya Until 12:02PM	Chaitra•Panguni	Devaloka Day		

2	Thursday, April 11, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau							Bradford, UK
			Gulika	8:41AM – 10:24AM	Krittika Until 7:58PM	Ganesha: Yellow	Sunrise: 5:14AM	Sun 16	Sutra 360	
	Vrishabha Rasi: 1.41	Tithi 3 – 4	Yama	5:14AM – 6:58AM	Ayushman Until 10:57PM	Muruga: Clear	Sunset: 7:00PM	Moon 3 - Phase 50 - 16	Sobhana 5125	
			121547578 Rahu	1:50PM – 3:34PM	Vanija Until 8:34PM	Nataraja: Clear		3rd Phase		
	Routine Work	Marana Yoga				Moon – White				
					Tritiya Until 9:33AM	Chaitra•Panguni	Devaloka Day			

3	Friday, April 12, 2024		Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau						Bradford, UK
			Gulika	6:56AM – 8:40AM	Rohini Until 7:20PM	Ganesha: White	Sunrise: 5:12AM	Sun 17	Sutra 361
	Vrishabha Rasi: 15.43 Tithi 4 – 5		Yama	3:34PM – 5:18PM	Saubhagya Until 8:41PM	Muruga: Clear	Sunset: 7:02PM	Moon 3 - Phase 50 - 17	Sobhana 5125
			131547578 Rahu	10:23AM – 12:07PM	Bava Until 7:04PM	Nataraja: Clear			3rd Phase
	Routine Work Marana Yoga					Moon – Yellow			
	Until 7:20PM				Chaturthi* Until 7:42AM	Chaitra•Panguni		Sivaloka Day	
Then Creative Work - Siddha Yoga									

4	Saturday, April 13, 2024		Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Balava/Kaulava Karana Panchami/Shashtthiyam Titau						Bradford, UK
			Gulika	5:10AM – 6:54AM	Mrigashira Until 7:19PM	Ganesha: Clear	Sunrise: 5:10AM	Sun 18	Sutra 362
	Vrishabha Rasi: 29.18 Tithi 5 – 6		Yama	1:51PM – 3:35PM	Sobhana Until 7:04PM	Muruga: Clear	Sunset: 7:04PM	Moon 3 - Phase 50 - 18	Sobhana 5125
	132547578		Rahu	8:38AM – 10:22AM	Kaulava Until 6:20PM	Nataraja: Clear			3rd Phase
	Creative Work	Siddha Yoga				Moon – Yellow		Devaloka Day	
					Panchami Until 6:35AM	Chaitra•Chaitra			

5	Sunday, April 14, 2024			Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau					Bradford, UK
			Gulika	3:36PM – 5:21PM	Ardra Until 7:56PM	Ganesha: White	Sunrise: 5:07AM	Sun 19	Sutra 363
	Mithuna Rasi: 12.28	Tithi 6 – 7	Yama	12:06PM – 1:51PM	Athiganda* Until 6:02PM	Muruga: Clear	Sunset: 7:05PM	Moon 3 - Phase 50 - 19	Krodhin 5126
			232547578 Rahu	5:21PM – 7:05PM	Gara Until 6:25PM	Nataraja: Clear			3rd Phase
	Creative Work	Siddha Yoga				Moon – Yellow	Bhuloka Day		
			Tamil New Year	Shashthi* Until 6:16AM		Chaitra*Chaitra	Devaloka Time: 3:PM to 6:PM		

D	Monday, April 15, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau						Bradford, UK
	Retreat Star							Sun 20	Sutra 364
			Gulika	1:51PM – 3:37PM	Punarvasu Until 9:36PM	Ganesha: Clear	Sunrise: 5:05AM		Krodhin 5126
	Mithuna Rasi: 25.13	Tithi 7 – 8	Yama	10:21AM – 12:06PM	Sukarma Until 5:38PM	Muruga: Clear	Sunset: 7:07PM	Moon 3 - Phase 50 - 20	
	Family Home Evening		242547578	Rahu	6:50AM – 8:36AM	Visti Until 7:16PM	Nataraja: Clear		Ashtami
	Creative Work	Amrita Yoga				Moon – Blue			
	Until 9:36PM				Saptami Until 6:44AM	Chaitra•Chaitra	Devaloka Day		
Then Creative Work - Siddha Yoga									

Tuesday, April 16, 2024				Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam						Bradford, UK
Retreat Star				Pushya Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau						Sun 21
		Gulika	12:06PM – 1:52PM	Pushya Until 11:45PM		Ganesha: Clear	Sunrise: 5:03AM	Krodhin 5126		
Kataka Rasi: 7.38	Tithi 8 – 9	Yama	8:34AM – 10:20AM	Dhriti Until 5:46PM		Muruga: Clear	Sunset: 7:09PM	Moon 3 - Phase 50 - 21		
		242547578 Rahu	3:38PM – 5:23PM	Balava Until 8:47PM		Nataraja: Clear	Navami			
Creative Work	Siddha Yoga					Moon – Blue	Devaloka Day			
		Sri Rama Navami		Ashtami* Until 7:56AM		Chaitra•Chaitra				

1	Wednesday, April 17, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Bradford, UK		
	Kataka Rasi: 19.48	Tithi 9 – 10	Gulika Yama	10:19AM – 12:06PM 6:47AM – 8:33AM	Ashlesha* Until 2:15AM Thu Shula* Until 6:18PM	Ganesha: Clear Muruga: Clear	Sunrise: 5:01AM Sunset: 7:11PM	Sun 22 Moon 3 - Phase 1 - 22	Sutra 2 Krodhin 5126 4th Phase
	242547578		Rahu	12:06PM – 1:52PM	Taitila Until 10:51PM	Nataraja: Clear Moon – Blue	Devaloka Day		
	Creative Work Siddha Yoga Until 2:15AM Thu Then Creative Work - Amrita Yoga				Navami* Until 9:45AM	Chaitra*Chaitra			
2	Thursday, April 18, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Bradford, UK		
	Simha Rasi: 1.46	Tithi 10 – 11	Gulika Yama	8:32AM – 10:19AM 4:58AM – 6:45AM	Magha* Until 5:24AM Fri Ganda* Until 7:10PM	Ganesha: Purple Muruga: Clear	Sunrise: 4:58AM Sunset: 7:13PM	Sun 23 Moon 3 - Phase 1 - 23	Sutra 3 Krodhin 5126 4th Phase
	252547578		Rahu	1:52PM – 3:39PM	Vanija Until 1:17AM Fri	Nataraja: Clear Moon – Red	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
	Creative Work Amrita Yoga Until 5:24AM Fri Then Creative Work - Siddha Yoga				Dashami Until 12:01PM	Chaitra*Chaitra			
3	Friday, April 19, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vridhhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Bradford, UK		
	Simha Rasi: 13.37	Tithi 11 – 12	Gulika Yama	6:43AM – 8:31AM 3:40PM – 5:27PM	Purvaphalguni Until 8:31AM Sat Vridhhi Until 8:12PM	Ganesha: Purple Muruga: Purple	Sunrise: 4:56AM Sunset: 7:14PM	Sun 24 Moon 3 - Phase 1 - 24	Sutra 4 Krodhin 5126 4th Phase
	252557578		Rahu	10:18AM – 12:05PM	Bava Until 3:53AM Sat	Nataraja: Clear Moon – Red	Devaloka Day		
	Creative Work Siddha Yoga Until 8:31AM Sat Then Routine Work - Marana Yoga				Ekadashi Until 2:33PM	Chaitra*Chaitra			
4	Saturday, April 20, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Bradford, UK		
	Simha Rasi: 25.25	Tithi 12 – 13	Gulika Yama	4:54AM – 6:42AM 1:53PM – 3:41PM	Purvaphalguni Until 8:31AM Dhruva Until 9:14PM	Ganesha: Purple Muruga: Purple	Sunrise: 4:54AM Sunset: 7:16PM	Sun 25 Moon 3 - Phase 1 - 25	Sutra 5 Krodhin 5126 4th Phase
	252557578		Rahu	8:29AM – 10:17AM	Kaulava Until 6:28AM Sun	Nataraja: Clear Moon – Red	Devaloka Day		
	Creative Work Siddha Yoga Until 8:31AM Then Routine Work - Marana Yoga				Dvadashi Until 5:10PM Pradosha Vrata	Chaitra*Chaitra			
5	Sunday, April 21, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Bradford, UK		
	Kanya Rasi: 7.14	Tithi 13	Gulika Yama	3:42PM – 5:30PM 12:05PM – 1:53PM	Uttaraphalguni Until 11:26AM Vyaghata* Until 10:11PM	Ganesha: Purple Muruga: Purple	Sunrise: 4:52AM Sunset: 7:18PM	Sun 26 Moon 3 - Phase 1 - 26	Sutra 6 Krodhin 5126 4th Phase
	252557578		Rahu	5:30PM – 7:18PM	Kaulava Until 6:28AM	Nataraja: Clear Moon – Red	Devaloka Day		
	Creative Work Amrita Yoga				Trayodashi Until 7:41PM	Chaitra*Chaitra			
6	Monday, April 22, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdashyam Titau				Bradford, UK		
	Kanya Rasi: 19.06	Tithi 14	Gulika Yama	1:53PM – 3:42PM 10:16AM – 12:05PM	Hasta Until 2:29PM Harshana Until 10:58PM	Ganesha: Purple Muruga: Purple	Sunrise: 4:49AM Sunset: 7:20PM	Sun 27 Moon 3 - Phase 1 - 27	Sutra 7 Krodhin 5126 4th Phase
	262657578		Rahu	6:38AM – 8:27AM	Gara Until 8:53AM	Nataraja: Clear Moon – Green	Subha Sivaloka Day		
	Family Home Evening Creative Work Siddha Yoga Until 2:29PM Then Routine Work - Prabalarishta Yoga				Chaturdashi* Until 9:57PM	Chaitra*Chaitra			
O	Tuesday, April 23, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Visti*/Bava Karana Purnimayam Titau				Bradford, UK		
	Copper Retreat Star		Gulika Yama	12:04PM – 1:54PM 8:26AM – 10:15AM	Chitra Until 5:02PM Vajra* Until 11:26PM	Ganesha: Purple Muruga: Purple	Sunrise: 4:47AM Sunset: 7:22PM	Sutra 8 Krodhin 5126 Moon 3 - Phase 1 - Purnima	
	262657578		Rahu	3:43PM – 5:32PM	Visti Until 10:58AM	Nataraja: Clear Moon – Green	Subha Sivaloka Day		
	Creative Work Siddha Yoga		Chitra Purnima (Tamil Nadu) Hanuman Jayanti		Purnima* Until 11:51PM	Chaitra*Chaitra			
	Wednesday, April 24, 2024		Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddhi Yoga Balava/Kaulava Karana Prathamayam Titau				Bradford, UK		
	Silver Retreat Star		Gulika Yama	10:14AM – 12:04PM 6:35AM – 8:25AM	Svati Until 7:02PM Siddhi Until 11:35PM	Ganesha: Purple Muruga: Purple	Sunrise: 4:45AM Sunset: 7:24PM	Sutra 9 Krodhin 5126 Moon 3 - Phase 1 - Prathama	
	262657579		Rahu	12:04PM – 1:54PM	Balava Until 12:40PM	Nataraja: Purple Moon – Green	Subha Subha Sivaloka Day		
	Creative Work Siddha Yoga				Prathama* Until 1:19AM Thu	Chaitra*Chaitra			