



**Saturday, May 6, 2023**

**Gold Retreat Star**

Vrischika Rasi: 2.2      Tithi 16 – 17

Creative Work      Siddha Yoga

**Gulika**      **4:58AM – 6:46AM**  
Yama      1:59PM – 3:47PM  
272996579 **Rahu**      **8:34AM – 10:22AM**

**Vishakha Until 7:43AM**  
Variyan Until 3:50PM  
Taitila Until 7:39PM  
**Prathama\* Until 8:24AM**

**Ganesha:** White      *Sunrise:* 4:58AM      Alsea, OR  
**Muruga:** Clear      *Sunset:* 7:23PM      Sutra 20  
**Nataraja:** Purple      Moon 4 - Phase 4 - 1st Phase  
**Vaisaka\*Chaitra**  
**Devaloka Day**

**1 Sunday, May 7, 2023**

Vrischika Rasi: 16.1      Tithi 17 – 18

Routine Work      Marana Yoga

**Gulika**      **3:47PM – 5:36PM**  
Yama      12:10PM – 1:59PM  
272196579 **Rahu**      **5:36PM – 7:24PM**

**Anuradha Until 6:50AM**  
Parigha\* Until 1:20PM  
Visti Until 4:47AM Mon  
**Dvitiya Until 6:45AM**

**Ganesha:** Blue      *Sunrise:* 4:56AM      Sun 1      Alsea, OR  
**Muruga:** Clear      *Sunset:* 7:24PM      Sutra 21  
**Nataraja:** Purple      Moon 4 - Phase 4 - 1st Phase  
**Vaisaka\*Chaitra**  
**Devaloka Day**

**2 Monday, May 8, 2023**

Dhanus Rasi: 0.13      Tithi 19

**Family Home Evening**

Creative Work      Siddha Yoga

**Gulika**      **1:59PM – 3:48PM**  
Yama      10:21AM – 12:10PM  
282196579 **Rahu**      **6:44AM – 8:33AM**

**Mula\* Until 4:12AM Tue**  
Shiva Until 10:36AM  
Bava Until 3:44PM  
**Chaturthi\* Until 2:37AM Tue**

**Ganesha:** Red      *Sunrise:* 4:55AM      Sun 2      Alsea, OR  
**Muruga:** Clear      *Sunset:* 7:25PM      Sutra 22  
**Nataraja:** Purple      Moon 4 - Phase 4 - 2 1st Phase  
**Vaisaka\*Chaitra**  
**Sivaloka Day**

**3 Tuesday, May 9, 2023**

Dhanus Rasi: 14.23      Tithi 20

Creative Work      Siddha Yoga

Until 2:40AM Wed

Then Creative Work - Amrita Yoga

**Gulika**      **12:10PM – 1:59PM**  
Yama      8:32AM – 10:21AM  
282196579 **Rahu**      **3:48PM – 5:37PM**

**Purvashadha\* Until 2:40AM Wed**  
Siddha Until 7:42AM  
Kaulava Until 1:29PM  
**Panchami Until 12:19AM Wed**

**Ganesha:** Red      *Sunrise:* 4:54AM      Sun 3      Alsea, OR  
**Muruga:** Clear      *Sunset:* 7:27PM      Sutra 23  
**Nataraja:** Purple      Moon 4 - Phase 4 - 3 1st Phase  
**Vaisaka\*Chaitra**  
**Sivaloka Day**

**4 Wednesday, May 10, 2023**

Dhanus Rasi: 28.38      Tithi 21

Creative Work      Amrita Yoga

Until 12:58AM Thu

Then Creative Work - Siddha Yoga

**Gulika**      **10:21AM – 12:10PM**  
Yama      6:42AM – 8:31AM  
283196579 **Rahu**      **12:10PM – 2:00PM**

**Uttarashadha Until 12:58AM Thu**  
Subha Until 1:46AM Thu  
Gara Until 11:10AM  
**Shashthi\* Until 9:59PM**

**Ganesha:** Blue      *Sunrise:* 4:53AM      Sun 4      Alsea, OR  
**Muruga:** Clear      *Sunset:* 7:28PM      Sutra 24  
**Nataraja:** Purple      Moon 4 - Phase 4 - 4 1st Phase  
**Vaisaka\*Chaitra**  
**Subha Sivaloka Day**

**5 Thursday, May 11, 2023**

Makara Rasi: 12.53      Tithi 22

Creative Work      Siddha Yoga

**Gulika**      **8:31AM – 10:20AM**  
Yama      4:51AM – 6:41AM  
293196579 **Rahu**      **2:00PM – 3:49PM**

**Shravana Until 11:35PM**  
Sukla Until 10:48PM  
Visti Until 8:50AM  
**Saptami Until 7:40PM**

**Ganesha:** Red      *Sunrise:* 4:51AM      Sun 5      Alsea, OR  
**Muruga:** Clear      *Sunset:* 7:29PM      Sutra 25  
**Nataraja:** Purple      Moon 4 - Phase 4 - 5 1st Phase  
**Vaisaka\*Chaitra**  
**Sivaloka Day**

**6 Friday, May 12, 2023**

**Retreat Star**

Makara Rasi: 27.07      Tithi 23 – 24

Creative Work      Siddha Yoga

**Gulika**      **6:40AM – 8:30AM**  
Yama      3:50PM – 5:40PM  
293196579 **Rahu**      **10:20AM – 12:10PM**

**Dhanishtha Until 10:09PM**  
Brahma Until 7:55PM  
Balava Until 6:34AM  
**Ashtami\* Until 5:26PM**

**Ganesha:** Red      *Sunrise:* 4:50AM      Sun 6      Alsea, OR  
**Muruga:** Clear      *Sunset:* 7:30PM      Sutra 26  
**Nataraja:** Purple      Moon 4 - Phase 4 - 6 Ashtami  
**Vaisaka\*Chaitra**  
**Sivaloka Day**

**7 Saturday, May 13, 2023**

**Retreat Star**

Kumbha Rasi: 11.16      Tithi 24 – 25

Creative Work      Amrita Yoga

Until 8:43PM

Then Routine Work - Marana Yoga

**Gulika**      **4:49AM – 6:39AM**  
Yama      2:00PM – 3:51PM  
293196579 **Rahu**      **8:30AM – 10:20AM**

**Shatabhishak Until 8:43PM**  
Indra Until 5:10PM  
Vanija Until 2:21AM Sun  
**Navami\* Until 3:20PM**

**Ganesha:** Red      *Sunrise:* 4:49AM      Sun 7      Alsea, OR  
**Muruga:** Clear      *Sunset:* 7:31PM      Sutra 27  
**Nataraja:** Purple      Moon 4 - Phase 4 - 7 Navami  
**Vaisaka\*Chaitra**  
**Sivaloka Day**

|                                  |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |
|----------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|--------------------------------------------------------------------|------------------------------------------------|-------------------------------------------------|---------------------------------------|
| <b>1 Sunday, May 14, 2023</b>    |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau      |                                             |                                                                    |                                                | Sun 8                                           | Alsea, OR<br>Sutra 28                 |
| Kumbha Rasi: 25.2                | Tithi 25 – 26 | <b>Gulika</b><br>Yama                                                                                                                                                                                           | <b>3:51PM – 5:42PM</b><br>12:10PM – 2:01PM  | <b>Purvaproshtapada* Until 7:43PM</b><br>Vaidhriti* Until 2:31PM   | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear  | <i>Sunrise:</i> 4:48AM<br><i>Sunset:</i> 7:32PM | Sobhana 5125<br>Moon 4 - Phase 5 - 8  |
|                                  |               | 213196579 <b>Rahu</b>                                                                                                                                                                                           | <b>5:42PM – 7:32PM</b>                      | Bava Until 12:31AM Mon                                             | <b>Nataraja:</b> Purple<br>Moon – Clear        |                                                 | 2nd Phase                             |
| Creative Work                    | Siddha Yoga   | <b>Mother's Day</b>                                                                                                                                                                                             |                                             | <b>Dashami Until 1:23PM</b>                                        | <b>Vaisaka*Vaikasi</b>                         | <b>Sivaloka Day</b>                             |                                       |
| Until 7:43PM                     |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |
| Then Creative Work - Amrita Yoga |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |
| <b>2 Monday, May 15, 2023</b>    |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada* Nakshatra Vishkambha*/Priti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau      |                                             |                                                                    |                                                | Sun 9                                           | Alsea, OR<br>Sutra 29                 |
| Meena Rasi: 9.16                 | Tithi 26 – 27 | <b>Gulika</b><br>Yama                                                                                                                                                                                           | <b>2:01PM – 3:52PM</b><br>10:19AM – 12:10PM | <b>Uttaraproshtapada Until 6:49PM</b><br>Vishkambha* Until 12:03PM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear  | <i>Sunrise:</i> 4:47AM<br><i>Sunset:</i> 7:33PM | Sobhana 5125<br>Moon 4 - Phase 5 - 9  |
| <b>Family Home Evening</b>       |               | 213196579 <b>Rahu</b>                                                                                                                                                                                           | <b>6:38AM – 8:28AM</b>                      | Kaulava Until 10:54PM                                              | <b>Nataraja:</b> Purple<br>Moon – Clear        |                                                 | 2nd Phase                             |
| Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                                 |                                             | <b>Ekadashi* Until 11:39AM</b>                                     | <b>Vaisaka*Vaikasi</b>                         | <b>Sivaloka Day</b>                             |                                       |
|                                  |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |
| <b>3 Tuesday, May 16, 2023</b>   |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau                   |                                             |                                                                    |                                                | Sun 10                                          | Alsea, OR<br>Sutra 30                 |
| Meena Rasi: 23.04                | Tithi 27 – 28 | <b>Gulika</b><br>Yama                                                                                                                                                                                           | <b>12:10PM – 2:01PM</b><br>8:28AM – 10:19AM | <b>Revati Until 6:02PM</b><br>Priti Until 9:48AM                   | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear  | <i>Sunrise:</i> 4:46AM<br><i>Sunset:</i> 7:34PM | Sobhana 5125<br>Moon 4 - Phase 5 - 10 |
|                                  |               | 213196579 <b>Rahu</b>                                                                                                                                                                                           | <b>3:52PM – 5:43PM</b>                      | Gara Until 9:34PM                                                  | <b>Nataraja:</b> Purple<br>Moon – Clear        |                                                 | 2nd Phase                             |
| Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                                 |                                             | <b>Dvadashi* Until 10:10AM</b>                                     | <b>Vaisaka*Vaikasi</b>                         | <b>Sivaloka Day</b>                             |                                       |
|                                  |               |                                                                                                                                                                                                                 |                                             | <i>Pradosha Vrata (Fasting)</i>                                    |                                                |                                                 |                                       |
| <b>4 Wednesday, May 17, 2023</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau    |                                             |                                                                    |                                                | Sun 11                                          | Alsea, OR<br>Sutra 31                 |
| Mesha Rasi: 6.4                  | Tithi 28 – 29 | <b>Gulika</b><br>Yama                                                                                                                                                                                           | <b>10:19AM – 12:10PM</b><br>6:36AM – 8:27AM | <b>Ashvini Until 5:52PM</b><br>Ayushman Until 7:47AM               | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Clear | <i>Sunrise:</i> 4:45AM<br><i>Sunset:</i> 7:36PM | Sobhana 5125<br>Moon 4 - Phase 5 - 11 |
|                                  |               | 223196579 <b>Rahu</b>                                                                                                                                                                                           | <b>12:10PM – 2:01PM</b>                     | Visti Until 8:35PM                                                 | <b>Nataraja:</b> Purple<br>Moon – White        |                                                 | 2nd Phase                             |
| Routine Work                     | Marana Yoga   |                                                                                                                                                                                                                 |                                             | <b>Trayodashi* Until 9:00AM</b>                                    | <b>Vaisaka*Vaikasi</b>                         | <b>Sivaloka Day</b>                             |                                       |
| Until 5:52PM                     |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |
| Then Creative Work - Siddha Yoga |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |
| <b>Thursdays, May 18, 2023</b>   |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Saubhagya/Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                             |                                                                    |                                                | Sun 12                                          | Alsea, OR<br>Sutra 32                 |
| Mesha Rasi: 20.04                | Tithi 29 – 30 | <b>Gulika</b><br>Yama                                                                                                                                                                                           | <b>8:27AM – 10:18AM</b><br>4:44AM – 6:35AM  | <b>Bharani Until 5:58PM</b><br>Saubhagya Until 6:05AM              | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Clear | <i>Sunrise:</i> 4:44AM<br><i>Sunset:</i> 7:37PM | Sobhana 5125<br>Moon 4 - Phase 5 - 12 |
|                                  |               | 223196579 <b>Rahu</b>                                                                                                                                                                                           | <b>2:02PM – 3:53PM</b>                      | Catuspada Until 8:00PM                                             | <b>Nataraja:</b> Purple<br>Moon – White        |                                                 | Amavasya                              |
| Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                                 |                                             | <b>Chaturdashi* Until 8:13AM</b>                                   | <b>Vaisaka*Vaikasi</b>                         | <b>Sivaloka Day</b>                             |                                       |
| Until 5:58PM                     |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |
| Then Routine Work - Marana Yoga  |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |
| <b>Friday, May 19, 2023</b>      |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau                      |                                             |                                                                    |                                                | Sun 13                                          | Alsea, OR<br>Sutra 33                 |
| Vrishabha Rasi: 3.13             | Tithi 30 – 1  | <b>Gulika</b><br>Yama                                                                                                                                                                                           | <b>6:35AM – 8:26AM</b><br>3:54PM – 5:46PM   | <b>Krittika Until 6:22PM</b><br>Athiganda* Until 3:46AM Sat        | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Clear | <i>Sunrise:</i> 4:43AM<br><i>Sunset:</i> 7:38PM | Sobhana 5125<br>Moon 4 - Phase 5 - 13 |
|                                  |               | 223196579 <b>Rahu</b>                                                                                                                                                                                           | <b>10:18AM – 12:10PM</b>                    | Kintughna Until 7:54PM                                             | <b>Nataraja:</b> Purple<br>Moon – White        |                                                 | Prathama                              |
| Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                                 |                                             | <b>Amavasya* Until 7:52AM</b>                                      | <b>Jyeshtha*Vaikasi</b>                        | <b>Sivaloka Day</b>                             |                                       |
| Until 6:22PM                     |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |
| Then Routine Work - Marana Yoga  |               |                                                                                                                                                                                                                 |                                             |                                                                    |                                                |                                                 |                                       |

|   |                                                                                     |  |                                                                                                             |  |                                                                                                                               |  |
|---|-------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------------------------------|--|-------------------------------------------------------------------------------------------------------------------------------|--|
| 1 | Saturday, May 20, 2023                                                              |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam           |  | Alsea, OR                                                                                                                     |  |
|   | Vrishabha Rasi: 16.08    Tithi 1 – 2                                                |  | Rohini Nakshatra Sukarma Yoga Bava/Balava Karana Prathamam/Dvitiyayam Titau                                 |  | Sun 14    Sutra 34                                                                                                            |  |
|   | 233196579                                                                           |  | Gulika 4:42AM – 6:34AM<br>Yama 2:02PM – 3:54PM<br>Rahu 8:26AM – 10:18AM                                     |  | Sobhana 5125                                                                                                                  |  |
|   | Creative Work    Amrita Yoga<br>Until 7:35PM<br>Then Creative Work - Siddha Yoga    |  | Rohini Until 7:35PM<br>Sukarma Until 3:13AM Sun<br>Balava Until 8:19PM<br>Prathama* Until 8:01AM            |  | Ganesha: Clear    Sunrise: 4:42AM<br>Muruga: Clear    Sunset: 7:39PM<br>Nataraja: Purple<br>Moon – Yellow<br>Jyeshtha*Vaikasi |  |
| 2 | Sunday, May 21, 2023                                                                |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam           |  | Alsea, OR                                                                                                                     |  |
|   | Vrishabha Rasi: 28.47    Tithi 2 – 3                                                |  | Mrigashira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau                            |  | Sun 15    Sutra 35                                                                                                            |  |
|   | 233196579                                                                           |  | Gulika 3:55PM – 5:47PM<br>Yama 12:10PM – 2:03PM<br>Rahu 5:47PM – 7:40PM                                     |  | Sobhana 5125                                                                                                                  |  |
|   | Creative Work    Siddha Yoga                                                        |  | Mrigashira Until 9:08PM<br>Dhriti Until 3:05AM Mon<br>Taitila Until 9:14PM<br>Dvitiya Until 8:42AM          |  | Ganesha: Clear    Sunrise: 4:41AM<br>Muruga: Clear    Sunset: 7:40PM<br>Nataraja: Purple<br>Moon – Yellow<br>Jyeshtha*Vaikasi |  |
| 3 | Monday, May 22, 2023                                                                |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam            |  | Alsea, OR                                                                                                                     |  |
|   | Mithuna Rasi: 11.13    Tithi 3 – 4                                                  |  | Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau                                    |  | Sun 16    Sutra 36                                                                                                            |  |
|   | Family Home Evening<br>233196579                                                    |  | Gulika 2:03PM – 3:56PM<br>Yama 10:18AM – 12:10PM<br>Rahu 6:32AM – 8:25AM                                    |  | Sobhana 5125                                                                                                                  |  |
|   | Creative Work    Siddha Yoga<br>Until 11:01PM<br>Then Creative Work - Amrita Yoga   |  | Ardra Until 11:01PM<br>Shula* Until 3:18AM Tue<br>Vanija Until 10:40PM<br>Tritiya Until 9:52AM              |  | Ganesha: Clear    Sunrise: 4:40AM<br>Muruga: Clear    Sunset: 7:41PM<br>Nataraja: Purple<br>Moon – Yellow<br>Jyeshtha*Vaikasi |  |
| 4 | Tuesday, May 23, 2023                                                               |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam         |  | Alsea, OR                                                                                                                     |  |
|   | Mithuna Rasi: 23.27    Tithi 4 – 5                                                  |  | Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                               |  | Sun 17    Sutra 37                                                                                                            |  |
|   | 243196579                                                                           |  | Gulika 12:10PM – 2:03PM<br>Yama 8:25AM – 10:18AM<br>Rahu 3:56PM – 5:49PM                                    |  | Sobhana 5125                                                                                                                  |  |
|   | Creative Work    Siddha Yoga                                                        |  | Punarvasu Until 1:37AM Wed<br>Ganda* Until 3:50AM Wed<br>Bava Until 12:30AM Wed<br>Chaturthi* Until 11:31AM |  | Ganesha: Purple    Sunrise: 4:39AM<br>Muruga: Clear    Sunset: 7:42PM<br>Nataraja: Purple<br>Moon – Blue<br>Jyeshtha*Vaikasi  |  |
| 5 | Wednesday, May 24, 2023                                                             |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam           |  | Alsea, OR                                                                                                                     |  |
|   | Kataka Rasi: 5.31    Tithi 5 – 6                                                    |  | Pushya Nakshatra Vridhhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau                               |  | Sun 18    Sutra 38                                                                                                            |  |
|   | 244196579                                                                           |  | Gulika 10:17AM – 12:10PM<br>Yama 6:31AM – 8:24AM<br>Rahu 12:10PM – 2:04PM                                   |  | Sobhana 5125                                                                                                                  |  |
|   | Creative Work    Siddha Yoga                                                        |  | Pushya Until 4:22AM Thu<br>Vridhhi Until 4:37AM Thu<br>Kaulava Until 2:40AM Thu<br>Panchami Until 1:32PM    |  | Ganesha: Clear    Sunrise: 4:38AM<br>Muruga: Clear    Sunset: 7:43PM<br>Nataraja: Purple<br>Moon – Blue<br>Jyeshtha*Vaikasi   |  |
| 6 | Thursday, May 25, 2023                                                              |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam            |  | Alsea, OR                                                                                                                     |  |
|   | Kataka Rasi: 17.28    Tithi 6 – 7                                                   |  | Ashlesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                                |  | Sun 19    Sutra 39                                                                                                            |  |
|   | 244196579                                                                           |  | Gulika 8:24AM – 10:17AM<br>Yama 4:37AM – 6:31AM<br>Rahu 2:04PM – 3:57PM                                     |  | Sobhana 5125                                                                                                                  |  |
|   | Creative Work    Siddha Yoga<br>Until 7:05AM Fri<br>Then Routine Work - Marana Yoga |  | Ashlesha* Until 7:05AM Fri<br>Dhruva Until 5:29AM Fri<br>Gara Until 4:59AM Fri<br>Shashthi* Until 3:48PM    |  | Ganesha: Clear    Sunrise: 4:37AM<br>Muruga: Clear    Sunset: 7:44PM<br>Nataraja: Purple<br>Moon – Blue<br>Jyeshtha*Vaikasi   |  |
| 7 | Friday, May 26, 2023                                                                |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam           |  | Alsea, OR                                                                                                                     |  |
|   | Retreat Star                                                                        |  | Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Vanija Karana Saptamyam Titau                                     |  | Sun 20    Sutra 40                                                                                                            |  |
|   | Kataka Rasi: 29.22    Tithi 7                                                       |  | 244196579                                                                                                   |  | Sobhana 5125                                                                                                                  |  |
|   | Routine Work    Marana Yoga                                                         |  | Gulika 6:30AM – 8:24AM<br>Yama 3:58PM – 5:51PM<br>Rahu 10:17AM – 12:11PM                                    |  | Ganesha: White    Sunrise: 4:37AM<br>Muruga: Clear    Sunset: 7:45PM<br>Nataraja: Purple<br>Moon – Blue<br>Jyeshtha*Vaikasi   |  |
| 8 | Saturday, May 27, 2023                                                              |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam           |  | Alsea, OR                                                                                                                     |  |
|   | Retreat Star                                                                        |  | Magha*/Purvaphalguni Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Ashtamyam Titau                   |  | Sun 21    Sutra 41                                                                                                            |  |
|   | Simha Rasi: 11.16    Tithi 8                                                        |  | 354196579                                                                                                   |  | Sobhana 5125                                                                                                                  |  |
|   | Creative Work    Amrita Yoga<br>Until 10:07AM<br>Then Creative Work - Siddha Yoga   |  | Gulika 4:36AM – 6:30AM<br>Yama 2:04PM – 3:58PM<br>Rahu 8:23AM – 10:17AM                                     |  | Ganesha: Clear    Sunrise: 4:36AM<br>Muruga: Clear    Sunset: 7:46PM<br>Nataraja: Purple<br>Moon – Red<br>Jyeshtha*Vaikasi    |  |
| 9 | Sunday, May 28, 2023                                                                |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam           |  | Alsea, OR                                                                                                                     |  |
|   | Retreat Star                                                                        |  | Purvaphalguni/Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Navamyam Titau            |  | Sun 22    Sutra 42                                                                                                            |  |
|   | Simha Rasi: 23.16    Tithi 9                                                        |  | 354196579                                                                                                   |  | Sobhana 5125                                                                                                                  |  |
|   | Creative Work    Siddha Yoga<br>Until 12:44PM<br>Then Creative Work - Amrita Yoga   |  | Gulika 3:59PM – 5:53PM<br>Yama 12:11PM – 2:05PM<br>Rahu 5:53PM – 7:47PM                                     |  | Ganesha: Clear    Sunrise: 4:35AM<br>Muruga: Clear    Sunset: 7:47PM<br>Nataraja: Purple<br>Moon – Red<br>Jyeshtha*Vaikasi    |  |

|               |                      |           |                                                                                                  |                   |                             |                  |  |                  |                 |                       |
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| 1             | Monday, May 29, 2023 |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam |                   |                             |                  |  |                  |                 | Alsea, OR             |
|               |                      |           | Uttaraphalguni/Hasta Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Dashamyam Titau            |                   |                             |                  |  |                  |                 | Sun 23                |
|               |                      |           | Gulika                                                                                           | 2:05PM – 3:59PM   | Uttaraphalguni Until 2:45PM |                  |  | Ganesha: Clear   | Sunrise: 4:35AM | Sobhana 5125          |
|               | Kanya Rasi: 5.25     | Tithi 10  | Yama                                                                                             | 10:17AM – 12:11PM | Vajra* Until 7:26AM         |                  |  | Muruga: Clear    | Sunset: 7:47PM  | Moon 4 - Phase 7 - 23 |
|               | Family Home Evening  | 354196579 | Rahu                                                                                             | 6:29AM – 8:23AM   | Taitila Until 11:01AM       |                  |  | Nataraja: Purple | 4th Phase       |                       |
| Creative Work | Siddha Yoga          |           |                                                                                                  |                   | Dashami Until 11:36PM       |                  |  | Moon – Red       | Sivaloka Day    |                       |
|               |                      |           |                                                                                                  |                   |                             | Jyeshtha*Vaikasi |  |                  |                 |                       |

|               |                       |          |                                                                                                     |                            |                      |                  |                       |              |           |
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| 2             | Tuesday, May 30, 2023 |          | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam |                            |                      |                  |                       |              | Alsea, OR |
|               |                       |          | Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Ekadashyam Titau                 |                            |                      |                  |                       |              | Sun 24    |
|               | Kanya Rasi: 17.49     | Tithi 11 | Gulika                                                                                              | 12:11PM – 2:05PM           | Hasta Until 4:29PM   | Ganesha: Purple  | Sunrise: 4:34AM       | Sutra 44     |           |
|               |                       |          | Yama                                                                                                | 8:23AM – 10:17AM           | Siddhi Until 7:22AM  | Muruga: Clear    | Sunset: 7:48PM        | Sobhana 5125 |           |
|               |                       |          | 364196579 Rahu                                                                                      | 4:00PM – 5:54PM            | Vanija Until 12:03PM | Nataraja: Purple | Moon 4 - Phase 7 - 24 |              |           |
| Creative Work | Siddha Yoga           |          |                                                                                                     | Ekadashi Until 12:16AM Wed | Moon – Green         | Devaloka Day     |                       | 4th Phase    |           |
|               |                       |          |                                                                                                     |                            | Jyeshtha*Vaikasi     |                  |                       |              |           |

|               |                               |  |  |                                                                                                   |                            |                         |                  |                 |                       |           |
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| 3             | Wednesday, May 31, 2023       |  |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam |                            |                         |                  |                 |                       | Alsea, OR |
|               |                               |  |  | Chitra/Svati Nakshatra Vyatipata*/Vriyan Yoga Bava/Balava Karana Dvadashyam Titau                 |                            |                         |                  |                 |                       | Sun 25    |
|               |                               |  |  | Gulika                                                                                            | 10:17AM – 12:11PM          | Chitra Until 5:19PM     | Ganesha: Purple  | Sunrise: 4:33AM | Sobhana 5125          |           |
|               | Tula Rasi: 0.32      Tithi 12 |  |  | Yama                                                                                              | 6:28AM – 8:22AM            | Vyatipata* Until 6:45AM | Muruga: Clear    | Sunset: 7:49PM  | Moon 4 - Phase 7 - 25 |           |
|               | 364196579                     |  |  | Rahu                                                                                              | 12:11PM – 2:06PM           | Bava Until 12:21PM      | Nataraja: Purple | 4th Phase       |                       |           |
| Creative Work | Siddha Yoga                   |  |  |                                                                                                   | Dvadashi Until 12:11AM Thu |                         |                  | Moon – Green    | Devaloka Day          |           |
|               |                               |  |  |                                                                                                   |                            | Jyeshtha*Vaikasi        |                  |                 |                       |           |

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| 4                                | Thursday, June 1, 2023 |                | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam |                          |                           |              |                  |                 | Alsea, OR             |
|                                  |                        |                | Svati/Vishakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau                 |                          |                           |              |                  |                 | Sutra 46              |
|                                  |                        |                | Gulika                                                                                           | 8:22AM – 10:17AM         | Svati Until 5:15PM        |              | Ganesha: Clear   | Sunrise: 4:33AM | Sobhana 5125          |
|                                  | Tula Rasi: 13.37       | Tithi 13       | Yama                                                                                             | 4:33AM – 6:27AM          | Parigha* Until 3:40AM Fri |              | Muruga: Clear    | Sunset: 7:50PM  | Moon 4 - Phase 7 - 26 |
|                                  |                        |                | 364296579 Rahu                                                                                   | 2:06PM – 4:01PM          | Kaulava Until 11:53AM     |              | Nataraja: Purple | 4th Phase       |                       |
| Creative Work                    | Amrita Yoga            |                |                                                                                                  | Trayodashi Until 11:21PM |                           | Moon – Green | Sivaloka Day     |                 |                       |
| Until 5:15PM                     |                        |                |                                                                                                  |                          |                           |              | Jyeshtha*Vaikasi |                 |                       |
| Then Creative Work - Siddha Yoga |                        | Pradosha Vrata |                                                                                                  |                          |                           |              |                  |                 |                       |

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| 5             | Friday, June 2, 2023 |          | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam |                 |                        |                           |                |                    | Alsea, OR             |
|               |                      |          | Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau                     |                 |                        |                           |                |                    | Sun 27                |
|               |                      |          | Gulika                                                                                            | 6:27AM – 8:22AM | Vishakha Until 4:47PM  |                           | Ganesha: White | Sunrise: 4:32AM    | Sobhana 5125          |
|               | Tula Rasi: 27.07     | Tithi 14 | Yama                                                                                              | 4:01PM – 5:56PM | Shiva Until 1:19AM Sat |                           | Muruga: Clear  | Sunset: 7:51PM     | Moon 4 - Phase 7 - 27 |
|               |                      |          | 374296579                                                                                         | Rahu            | 10:17AM – 12:12PM      | Gara Until 10:41AM        |                | Nataraja: Purple   | 4th Phase             |
| Creative Work | Siddha Yoga          |          |                                                                                                   |                 |                        | Moon – Orange             |                | Subha Sivaloka Day |                       |
|               |                      |          |                                                                                                   | Vaikasi Visakam |                        | Chaturdashi* Until 9:49PM |                | Jyeshtha*Vaikasi   |                       |

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|  |  | <b>Saturday, June 3, 2023</b> |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam |                         |                              |                         |                           | Alsea, OR                  |  |
|                                                                                    |  | <b>Copper Retreat Star</b>    |  | Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau                      |                         |                              |                         |                           | Sutra 48                   |  |
| Vrischika Rasi: 11.01                                                              |  | Tithi 15                      |  | <b>Gulika</b>                                                                                     | <b>4:32AM – 6:27AM</b>  | <b>Anuradha Until 3:34PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:32AM    | Sobhana 5125               |  |
|                                                                                    |  |                               |  | Yama                                                                                              | 2:07PM – 4:02PM         | Siddha Until 10:28PM         | <b>Muruga:</b> Clear    | <i>Sunset:</i> 7:52PM     | Moon 4 - Phase 7 - Purnima |  |
|                                                                                    |  | 374296579                     |  | <b>Rahu</b>                                                                                       | <b>8:22AM – 10:17AM</b> | Visti Until 8:51AM           | <b>Nataraja:</b> Purple | <b>Subha Sivaloka Day</b> |                            |  |
| Creative Work                                                                      |  | Siddha Yoga                   |  |                                                                                                   |                         | <b>Purnima* Until 7:43PM</b> | Moon – Orange           |                           |                            |  |
|                                                                                    |  |                               |  |                                                                                                   |                         | <b>Jyeshtha*Vaikasi</b>      |                         |                           |                            |  |

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| <b>Sunday, June 4, 2023</b>              |  |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam |                        |                               |                         |                           |                    | Alsea, OR |
| <b>Silver Retreat Star</b>               |  |  | Jyeshtha*/Mula* Nakshatra Sadhya Yoga Balava/Taitila Karana Prathamam Titau                         |                        |                               |                         |                           |                    | Sutra 49  |
|                                          |  |  | <b>Gulika</b>                                                                                       | <b>4:02PM – 5:57PM</b> | <b>Jyeshtha* Until 1:45PM</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 4:31AM    | Sobhana 5125       |           |
| Vrischika Rasi: 25.15      Tithi 16 – 17 |  |  | Yama                                                                                                | 12:12PM – 2:07PM       | Sadhya Until 7:18PM           | <b>Muruga:</b> Clear    | <i>Sunset:</i> 7:52PM     | Moon 4 - Phase 7 - |           |
| 374296579                                |  |  | <b>Rahu</b>                                                                                         | <b>5:57PM – 7:52PM</b> | Balava Until 6:30AM           | <b>Nataraja:</b> Purple | Prathama                  |                    |           |
| Routine Work      Marana Yoga            |  |  |                                                                                                     |                        |                               | Moon – Orange           | <b>Subha Sivaloka Day</b> |                    |           |
| Until 1:45PM                             |  |  | <b>Prathama* Until 5:10PM</b>                                                                       |                        |                               | Jyeshtha*Vaikasi        |                           |                    |           |
| Then Creative Work - Amrita Yoga         |  |  |                                                                                                     |                        |                               |                         |                           |                    |           |

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|  <b>Monday, June 5, 2023</b><br><b>Gold Retreat Star</b> |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau              |                                             | Sun 1<br>Sutra 50<br>Sobhana 5125                                                           |                                                                                                                         |
| Dhanus Rasi: 9.44                                                                                                                     | Tithi 17 – 18 | <b>Gulika</b><br>Yama                                                                                                                                                                                        | <b>2:07PM – 4:03PM</b><br>10:17AM – 12:12PM | <b>Mula* Until 11:53AM</b><br>Subha Until 3:55PM<br>Vanija Until 12:53AM Tue                | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Light Blue<br><b>Jyeshtha*Vaikasi</b> |
| <b>Family Home Evening</b>                                                                                                            | 384296571     | <b>Rahu</b>                                                                                                                                                                                                  | <b>6:26AM – 8:21AM</b>                      |                                                                                             | Sunrise: 4:31AM<br>Sunset: 7:53PM<br>Moon 5 - Phase 8 - 1<br>1st Phase<br><b>Sivaloka Day</b>                           |
| Until 11:53AM<br>Then Routine Work - Marana Yoga                                                                                      |               |                                                                                                                                                                                                              |                                             |                                                                                             |                                                                                                                         |
| <b>1 Tuesday, June 6, 2023</b>                                                                                                        |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau |                                             | Sun 2<br>Sutra 51<br>Sobhana 5125                                                           |                                                                                                                         |
| Dhanus Rasi: 24.22                                                                                                                    | Tithi 18 – 19 | <b>Gulika</b><br>Yama                                                                                                                                                                                        | <b>12:12PM – 2:08PM</b><br>8:21AM – 10:17AM | <b>Purvashadha* Until 9:44AM</b><br>Sukla Until 12:24PM<br>Bava Until 9:53PM                | <b>Ganesha:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Light Blue<br><b>Jyeshtha*Vaikasi</b>  |
| 385296571                                                                                                                             |               | <b>Rahu</b>                                                                                                                                                                                                  | <b>4:03PM – 5:58PM</b>                      |                                                                                             | Sunrise: 4:31AM<br>Sunset: 7:54PM<br>Moon 5 - Phase 8 - 2<br>1st Phase<br><b>Devaloka Day</b>                           |
| Creative Work Siddha Yoga<br>Until 9:44AM<br>Then Routine Work - Prabaraishta Yoga                                                    |               |                                                                                                                                                                                                              |                                             |                                                                                             |                                                                                                                         |
| <b>2 Wednesday, June 7, 2023</b>                                                                                                      |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau    |                                             | Sun 3<br>Sutra 52<br>Sobhana 5125                                                           |                                                                                                                         |
| Makara Rasi: 9.02                                                                                                                     | Tithi 19 – 20 | <b>Gulika</b><br>Yama                                                                                                                                                                                        | <b>10:17AM – 12:12PM</b><br>6:26AM – 8:21AM | <b>Uttarashadha Until 7:26AM</b><br>Brahma Until 8:54AM<br>Kaulava Until 6:57PM             | <b>Ganesha:</b> White<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Light Blue<br><b>Jyeshtha*Vaikasi</b>  |
| 385296571                                                                                                                             |               | <b>Rahu</b>                                                                                                                                                                                                  | <b>12:12PM – 2:08PM</b>                     |                                                                                             | Sunrise: 4:30AM<br>Sunset: 7:55PM<br>Moon 5 - Phase 8 - 3<br>1st Phase<br><b>Devaloka Day</b>                           |
| Creative Work Amrita Yoga<br>Until 7:26AM<br>Then Creative Work - Siddha Yoga                                                         |               |                                                                                                                                                                                                              |                                             |                                                                                             |                                                                                                                         |
| <b>3 Thursday, June 8, 2023</b>                                                                                                       |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shashtiyam Titau                               |                                             | Sun 4<br>Sutra 53<br>Sobhana 5125                                                           |                                                                                                                         |
| Makara Rasi: 23.37                                                                                                                    | Tithi 21      | <b>Gulika</b><br>Yama                                                                                                                                                                                        | <b>8:21AM – 10:17AM</b><br>4:30AM – 6:26AM  | <b>Dhanishtha Until 3:42AM Fri</b><br>Vaidhriti* Until 2:18AM Fri<br>Gara Until 4:13PM      | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Purple<br><b>Jyeshtha*Vaikasi</b>     |
| 395296571                                                                                                                             |               | <b>Rahu</b>                                                                                                                                                                                                  | <b>2:08PM – 4:04PM</b>                      |                                                                                             | Sunrise: 4:30AM<br>Sunset: 7:55PM<br>Moon 5 - Phase 8 - 4<br>1st Phase<br><b>Sivaloka Day</b>                           |
| Creative Work Siddha Yoga                                                                                                             |               |                                                                                                                                                                                                              |                                             |                                                                                             |                                                                                                                         |
| <b>4 Friday, June 9, 2023</b>                                                                                                         |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptamyam Titau                            |                                             | Sun 5<br>Sutra 54<br>Sobhana 5125                                                           |                                                                                                                         |
| Kumbha Rasi: 8.02                                                                                                                     | Tithi 22      | <b>Gulika</b><br>Yama                                                                                                                                                                                        | <b>6:25AM – 8:21AM</b><br>4:04PM – 6:00PM   | <b>Shatabhishak Until 2:04AM Sat</b><br>Vishkambha* Until 11:21PM<br>Visti Until 1:44PM     | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Purple<br><b>Jyeshtha*Vaikasi</b>     |
| 395296571                                                                                                                             |               | <b>Rahu</b>                                                                                                                                                                                                  | <b>10:17AM – 12:13PM</b>                    |                                                                                             | Sunrise: 4:30AM<br>Sunset: 7:56PM<br>Moon 5 - Phase 8 - 5<br>1st Phase<br><b>Sivaloka Day</b>                           |
| Creative Work Siddha Yoga<br>Until 2:04AM Sat<br>Then Routine Work - Marana Yoga                                                      |               |                                                                                                                                                                                                              |                                             |                                                                                             |                                                                                                                         |
| <b>5 Saturday, June 10, 2023</b><br><b>Retreat Star</b>                                                                               |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtamyam Titau                          |                                             | Sun 6<br>Sutra 55<br>Sobhana 5125                                                           |                                                                                                                         |
| Kumbha Rasi: 22.13                                                                                                                    | Tithi 23      | <b>Gulika</b><br>Yama                                                                                                                                                                                        | <b>4:30AM – 6:25AM</b><br>2:09PM – 4:05PM   | <b>Purvaproshtapada* Until 1:05AM Sun</b><br>Priti Until 8:44PM<br>Balava Until 11:37AM     | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Clear<br><b>Jyeshtha*Vaikasi</b>       |
| 315296571                                                                                                                             |               | <b>Rahu</b>                                                                                                                                                                                                  | <b>8:21AM – 10:17AM</b>                     |                                                                                             | Sunrise: 4:30AM<br>Sunset: 7:56PM<br>Moon 5 - Phase 8 - 6<br>Ashtami<br><b>Sivaloka Day</b>                             |
| Routine Work Marana Yoga<br>Until 1:05AM Sun<br>Then Creative Work - Amrita Yoga                                                      |               |                                                                                                                                                                                                              |                                             |                                                                                             |                                                                                                                         |
| <b>6 Sunday, June 11, 2023</b><br><b>Retreat Star</b>                                                                                 |               | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Ayushman Yoga Taitila/Gara Karana Navamyam Titau                          |                                             | Sun 7<br>Sutra 56<br>Sobhana 5125                                                           |                                                                                                                         |
| Meena Rasi: 6.1                                                                                                                       | Tithi 24      | <b>Gulika</b><br>Yama                                                                                                                                                                                        | <b>4:05PM – 6:01PM</b><br>12:13PM – 2:09PM  | <b>Uttaraproshtapada Until 12:22AM Mon</b><br>Ayushman Until 6:24PM<br>Taitila Until 9:53AM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Blue<br>Moon – Clear<br><b>Jyeshtha*Vaikasi</b>       |
| 315296571                                                                                                                             |               | <b>Rahu</b>                                                                                                                                                                                                  | <b>6:01PM – 7:57PM</b>                      |                                                                                             | Sunrise: 4:29AM<br>Sunset: 7:57PM<br>Moon 5 - Phase 8 - 7<br>Navami<br><b>Sivaloka Day</b>                              |
| Creative Work Amrita Yoga<br>Until 12:22AM Mon<br>Then Creative Work - Siddha Yoga                                                    |               |                                                                                                                                                                                                              |                                             |                                                                                             |                                                                                                                         |

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| 1                                                                                 | Monday, June 12, 2023                                                             |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Revati Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Dashamyam Titau        |                                      | Sun 8                                                                         |                                                                    | Alsea, OR<br>Sutra 57                                                   |
|                                                                                   | Meena Rasi: 19.51                                                                 | Tithi 25  | Gulika<br>Yama                                                                                                                                                                           | 2:09PM – 4:05PM<br>10:17AM – 12:13PM | Revati Until 11:55PM<br>Saubhagya Until 4:26PM<br>Vanija Until 8:33AM         | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Clear  | Sunrise: 4:29AM<br>Sunset: 7:57PM<br>Moon 5 - Phase 9 - 8<br>2nd Phase  |
|                                                                                   | Family Home Evening<br>Creative Work Siddha Yoga                                  | 315296571 | Rahu                                                                                                                                                                                     | 6:25AM – 8:21AM                      | Dashami Until 8:02PM                                                          | Sivaloka Day<br>Jyeshtha*Vaikasi                                   |                                                                         |
| 2                                                                                 | Tuesday, June 13, 2023                                                            |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau   |                                      | Sun 9                                                                         |                                                                    | Alsea, OR<br>Sutra 58                                                   |
|                                                                                   | Mesha Rasi: 3.17                                                                  | Tithi 26  | Gulika<br>Yama                                                                                                                                                                           | 12:14PM – 2:10PM<br>8:21AM – 10:17AM | Ashvini Until 12:10AM Wed<br>Sobhana Until 2:49PM<br>Bava Until 7:39AM        | Ganesha: White<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – White  | Sunrise: 4:29AM<br>Sunset: 7:58PM<br>Moon 5 - Phase 9 - 9<br>2nd Phase  |
|                                                                                   | Creative Work Siddha Yoga                                                         | 325296571 | Rahu                                                                                                                                                                                     | 4:06PM – 6:02PM                      | Ekadashi* Until 7:20PM                                                        | Devaloka Day<br>Jyeshtha*Vaikasi                                   |                                                                         |
| 3                                                                                 | Wednesday, June 14, 2023                                                          |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                      | Sun 10                                                                        |                                                                    | Alsea, OR<br>Sutra 59                                                   |
|                                                                                   | Mesha Rasi: 16.31                                                                 | Tithi 27  | Gulika<br>Yama                                                                                                                                                                           | 10:18AM – 12:14PM<br>6:25AM – 8:21AM | Bharani Until 12:41AM Thu<br>Athiganda* Until 1:30PM<br>Kaulava Until 7:10AM  | Ganesha: White<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – White  | Sunrise: 4:29AM<br>Sunset: 7:58PM<br>Moon 5 - Phase 9 - 10<br>2nd Phase |
|                                                                                   | Creative Work Siddha Yoga<br>Until 12:41AM Thu<br>Then Routine Work - Marana Yoga | 325296571 | Rahu                                                                                                                                                                                     | 12:14PM – 2:10PM                     | Dvadashi* Until 7:03PM                                                        | Devaloka Day<br>Jyeshtha*Vaikasi                                   |                                                                         |
| 4                                                                                 | Thursday, June 15, 2023                                                           |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau         |                                      | Sun 11                                                                        |                                                                    | Alsea, OR<br>Sutra 60                                                   |
|                                                                                   | Mesha Rasi: 29.31                                                                 | Tithi 28  | Gulika<br>Yama                                                                                                                                                                           | 8:21AM – 10:18AM<br>4:29AM – 6:25AM  | Krittika Until 1:27AM Fri<br>Sukarma Until 12:31PM<br>Gara Until 7:05AM       | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – White | Sunrise: 4:29AM<br>Sunset: 7:59PM<br>Moon 5 - Phase 9 - 11<br>2nd Phase |
|                                                                                   | Routine Work Marana Yoga                                                          | 326296571 | Rahu                                                                                                                                                                                     | 2:10PM – 4:06PM                      | Trayodashi* Until 7:10PM<br><i>Pradosha Vrata (Fasting)</i>                   | Sivaloka Day<br>Jyeshtha*Ani                                       |                                                                         |
| 5                                                                                 | Friday, June 16, 2023                                                             |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Dhriti/Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau       |                                      | Sun 12                                                                        |                                                                    | Alsea, OR<br>Sutra 61                                                   |
|                                                                                   | Vrishabha Rasi: 12.19                                                             | Tithi 29  | Gulika<br>Yama                                                                                                                                                                           | 6:25AM – 8:22AM<br>4:07PM – 6:03PM   | Rohini Until 2:55AM Sat<br>Dhriti Until 11:52AM<br>Visti Until 7:24AM         | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Blue<br>Moon – Yellow   | Sunrise: 4:29AM<br>Sunset: 7:59PM<br>Moon 5 - Phase 9 - 12<br>2nd Phase |
|                                                                                   | Routine Work Marana Yoga<br>Until 2:55AM Sat<br>Then Creative Work - Siddha Yoga  | 336296571 | Rahu                                                                                                                                                                                     | 10:18AM – 12:14PM                    | Chaturdashi* Until 7:42PM                                                     | Sivaloka Day<br>Jyeshtha*Ani                                       |                                                                         |
| ●                                                                                 | Saturday, June 17, 2023                                                           |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Shula*/Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau   |                                      | Sun 13                                                                        |                                                                    | Alsea, OR<br>Sutra 62                                                   |
|                                                                                   | Retreat Star                                                                      |           | Gulika<br>Yama                                                                                                                                                                           | 4:29AM – 6:25AM<br>2:11PM – 4:07PM   | Mrigashira Until 4:36AM Sun<br>Shula* Until 11:31AM<br>Catuspada Until 8:08AM | Ganesha: Red<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Yellow  | Sunrise: 4:29AM<br>Sunset: 8:00PM<br>Moon 5 - Phase 9 - 13<br>Amavasya  |
|                                                                                   | Vrishabha Rasi: 24.56                                                             | Tithi 30  | Rahu                                                                                                                                                                                     | 8:22AM – 10:18AM                     | Amavasya* Until 8:38PM                                                        | Sivaloka Day<br>Jyeshtha*Ani                                       |                                                                         |
|                                                                                   | Sunday, June 18, 2023                                                             |           | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Ganda*/Vridhhi Yoga Kintughna*/Bava Karana Prathamayam Titau          |                                      | Sun 14                                                                        |                                                                    | Alsea, OR<br>Sutra 63                                                   |
|                                                                                   | Retreat Star                                                                      |           | Gulika<br>Yama                                                                                                                                                                           | 4:07PM – 6:04PM<br>12:15PM – 2:11PM  | Ardra Until 6:31AM Mon<br>Ganda* Until 11:29AM<br>Kintughna Until 9:16AM      | Ganesha: Red<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Yellow  | Sunrise: 4:29AM<br>Sunset: 8:00PM<br>Moon 5 - Phase 9 - 14<br>Prathama  |
|                                                                                   | Mithuna Rasi: 7.22                                                                | Tithi 1   | Rahu                                                                                                                                                                                     | 6:04PM – 8:00PM                      | Prathama* Until 9:57PM                                                        | Sivaloka Day<br>Ashada*Ani                                         |                                                                         |
| Creative Work Siddha Yoga<br>Until 6:31AM Mon<br>Then Creative Work - Amrita Yoga |                                                                                   | 336216571 | Father's Day                                                                                                                                                                             |                                      |                                                                               |                                                                    |                                                                         |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time. Calculated for Alsea, OR on 11/20/21

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|                                  |  |                          |  |                                                                                                                                                                                                       |  |                   |  |                              |  |                       |  |                 |  |                        |  |
|----------------------------------|--|--------------------------|--|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-------------------|--|------------------------------|--|-----------------------|--|-----------------|--|------------------------|--|
| 1                                |  | Monday, June 19, 2023    |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vridhii/Dhruva Yoga Balava/Kaulava Karana Dvitiyayam Titau                |  |                   |  | Sun 15                       |  | Alsea, OR<br>Sutra 64 |  |                 |  |                        |  |
| Mithuna Rasi: 19.38              |  | Tithi 2                  |  | Gulika                                                                                                                                                                                                |  | 2:11PM – 4:08PM   |  | Ardra Until 6:31AM           |  | Ganesha: Red          |  | Sunrise: 4:29AM |  | Sobhana 5125           |  |
| Family Home Evening              |  | 336216571                |  | Yama                                                                                                                                                                                                  |  | 10:18AM – 12:15PM |  | Vridhii Until 11:46AM        |  | Muruga: Yellow        |  | Sunset: 8:00PM  |  | Moon 5 - Phase 10 - 15 |  |
| Creative Work                    |  | Siddha Yoga              |  | Rahu                                                                                                                                                                                                  |  | 6:26AM – 8:22AM   |  | Balava Until 10:47AM         |  | Nataraja: Blue        |  |                 |  | 3rd Phase              |  |
| Until 6:31AM                     |  |                          |  |                                                                                                                                                                                                       |  |                   |  | Dvitiya Until 11:39PM        |  | Ashada*Ani            |  | Sivaloka Day    |  |                        |  |
| Then Creative Work - Amrita Yoga |  |                          |  |                                                                                                                                                                                                       |  |                   |  |                              |  |                       |  |                 |  |                        |  |
| 2                                |  | Tuesday, June 20, 2023   |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Tritiyayam Titau            |  |                   |  | Sun 16                       |  | Alsea, OR<br>Sutra 65 |  |                 |  |                        |  |
| Kataka Rasi: 1.46                |  | Tithi 3                  |  | Gulika                                                                                                                                                                                                |  | 12:15PM – 2:11PM  |  | Punarvasu Until 9:07AM       |  | Ganesha: Yellow       |  | Sunrise: 4:29AM |  | Sobhana 5125           |  |
|                                  |  | 346216571                |  | Yama                                                                                                                                                                                                  |  | 8:22AM – 10:19AM  |  | Dhruva Until 12:17PM         |  | Muruga: Yellow        |  | Sunset: 8:01PM  |  | Moon 5 - Phase 10 - 16 |  |
| Creative Work                    |  | Siddha Yoga              |  | Rahu                                                                                                                                                                                                  |  | 4:08PM – 6:04PM   |  | Taitila Until 12:38PM        |  | Nataraja: Blue        |  |                 |  | 3rd Phase              |  |
|                                  |  |                          |  |                                                                                                                                                                                                       |  |                   |  | Tritiya Until 1:40AM Wed     |  | Ashada*Ani            |  | Sivaloka Day    |  |                        |  |
|                                  |  |                          |  |                                                                                                                                                                                                       |  |                   |  |                              |  |                       |  |                 |  |                        |  |
| 3                                |  | Wednesday, June 21, 2023 |  | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau          |  |                   |  | Sun 17                       |  | Alsea, OR<br>Sutra 66 |  |                 |  |                        |  |
| Kataka Rasi: 13.46               |  | Tithi 4                  |  | Gulika                                                                                                                                                                                                |  | 10:19AM – 12:15PM |  | Pushya Until 11:49AM         |  | Ganesha: Yellow       |  | Sunrise: 4:30AM |  | Sobhana 5125           |  |
|                                  |  | 346216571                |  | Yama                                                                                                                                                                                                  |  | 6:26AM – 8:22AM   |  | Vyaghata* Until 1:03PM       |  | Muruga: Yellow        |  | Sunset: 8:01PM  |  | Moon 5 - Phase 10 - 17 |  |
| Creative Work                    |  | Siddha Yoga              |  | Rahu                                                                                                                                                                                                  |  | 12:15PM – 2:12PM  |  | Vanija Until 2:48PM          |  | Nataraja: Blue        |  |                 |  | 3rd Phase              |  |
|                                  |  |                          |  |                                                                                                                                                                                                       |  |                   |  | Chaturthi* Until 3:56AM Thu  |  | Ashada*Ani            |  | Sivaloka Day    |  |                        |  |
|                                  |  |                          |  |                                                                                                                                                                                                       |  |                   |  |                              |  |                       |  |                 |  |                        |  |
| 4                                |  | Thursday, June 22, 2023  |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Panchamyam Titau                |  |                   |  | Sun 18                       |  | Alsea, OR<br>Sutra 67 |  |                 |  |                        |  |
| Kataka Rasi: 25.4                |  | Tithi 5                  |  | Gulika                                                                                                                                                                                                |  | 8:23AM – 10:19AM  |  | Ashlesha* Until 2:34PM       |  | Ganesha: Blue         |  | Sunrise: 4:30AM |  | Sobhana 5125           |  |
|                                  |  | 347216571                |  | Yama                                                                                                                                                                                                  |  | 4:30AM – 6:26AM   |  | Harshana Until 1:59PM        |  | Muruga: Yellow        |  | Sunset: 8:01PM  |  | Moon 5 - Phase 10 - 18 |  |
| Creative Work                    |  | Siddha Yoga              |  | Rahu                                                                                                                                                                                                  |  | 2:12PM – 4:08PM   |  | Bava Until 5:09PM            |  | Nataraja: Blue        |  |                 |  | 3rd Phase              |  |
| Until 2:34PM                     |  |                          |  |                                                                                                                                                                                                       |  |                   |  | Panchami Until 6:20AM Fri    |  | Ashada*Ani            |  | Devaloka Day    |  |                        |  |
| Then Creative Work - Amrita Yoga |  |                          |  |                                                                                                                                                                                                       |  |                   |  |                              |  |                       |  |                 |  |                        |  |
| 5                                |  | Friday, June 23, 2023    |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  |                   |  | Sun 19                       |  | Alsea, OR<br>Sutra 68 |  |                 |  |                        |  |
| Simha Rasi: 7.32                 |  | Tithi 5 – 6              |  | Gulika                                                                                                                                                                                                |  | 6:27AM – 8:23AM   |  | Magha* Until 5:43PM          |  | Ganesha: Yellow       |  | Sunrise: 4:30AM |  | Sobhana 5125           |  |
|                                  |  | 357216571                |  | Yama                                                                                                                                                                                                  |  | 4:08PM – 6:05PM   |  | Vajra* Until 2:56PM          |  | Muruga: Yellow        |  | Sunset: 8:01PM  |  | Moon 5 - Phase 10 - 19 |  |
| Routine Work                     |  | Marana Yoga              |  | Rahu                                                                                                                                                                                                  |  | 10:19AM – 12:16PM |  | Kaulava Until 7:33PM         |  | Nataraja: Blue        |  |                 |  | 3rd Phase              |  |
| Until 5:43PM                     |  |                          |  |                                                                                                                                                                                                       |  |                   |  | Panchami Until 6:20AM        |  | Ashada*Ani            |  | Sivaloka Day    |  |                        |  |
| Then Creative Work - Siddha Yoga |  |                          |  |                                                                                                                                                                                                       |  |                   |  |                              |  |                       |  |                 |  |                        |  |
| 6                                |  | Saturday, June 24, 2023  |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau       |  |                   |  | Sun 20                       |  | Alsea, OR<br>Sutra 69 |  |                 |  |                        |  |
| Simha Rasi: 19.24                |  | Tithi 6 – 7              |  | Gulika                                                                                                                                                                                                |  | 4:30AM – 6:27AM   |  | Purvaphalguni Until 8:35PM   |  | Ganesha: Yellow       |  | Sunrise: 4:30AM |  | Sobhana 5125           |  |
|                                  |  | 357216571                |  | Yama                                                                                                                                                                                                  |  | 2:12PM – 4:08PM   |  | Siddhi Until 3:50PM          |  | Muruga: Yellow        |  | Sunset: 8:01PM  |  | Moon 5 - Phase 10 - 20 |  |
| Creative Work                    |  | Siddha Yoga              |  | Rahu                                                                                                                                                                                                  |  | 8:23AM – 10:19AM  |  | Gara Until 9:50PM            |  | Nataraja: Blue        |  |                 |  | 3rd Phase              |  |
| Until 8:35PM                     |  |                          |  |                                                                                                                                                                                                       |  |                   |  | Shashthi* Until 8:42AM       |  | Ashada*Ani            |  | Sivaloka Day    |  |                        |  |
| Then Routine Work - Marana Yoga  |  |                          |  |                                                                                                                                                                                                       |  |                   |  |                              |  |                       |  |                 |  |                        |  |
| 7                                |  | Sunday, June 25, 2023    |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau     |  |                   |  | Sun 21                       |  | Alsea, OR<br>Sutra 70 |  |                 |  |                        |  |
| Retreat Star                     |  |                          |  | Gulika                                                                                                                                                                                                |  | 4:09PM – 6:05PM   |  | Uttaraphalguni Until 10:59PM |  | Ganesha: Yellow       |  | Sunrise: 4:31AM |  | Sobhana 5125           |  |
| Kanya Rasi: 1.22                 |  | Tithi 7 – 8              |  | Yama                                                                                                                                                                                                  |  | 12:16PM – 2:12PM  |  | Vyatipata* Until 4:32PM      |  | Muruga: Yellow        |  | Sunset: 8:01PM  |  | Moon 5 - Phase 10 - 21 |  |
|                                  |  | 357216571                |  | Rahu                                                                                                                                                                                                  |  | 6:05PM – 8:01PM   |  | Visti Until 11:46PM          |  | Nataraja: Blue        |  |                 |  | Ashtami                |  |
| Creative Work                    |  | Amrita Yoga              |  |                                                                                                                                                                                                       |  |                   |  | Saptami Until 10:50AM        |  | Ashada*Ani            |  | Sivaloka Day    |  |                        |  |
|                                  |  |                          |  | Chidambaram Abhishekam                                                                                                                                                                                |  |                   |  |                              |  |                       |  |                 |  |                        |  |
| 8                                |  | Monday, June 26, 2023    |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau                    |  |                   |  | Sun 22                       |  | Alsea, OR<br>Sutra 71 |  |                 |  |                        |  |
| Retreat Star                     |  |                          |  | Gulika                                                                                                                                                                                                |  | 2:12PM – 4:09PM   |  | Hasta Until 1:10AM Tue       |  | Ganesha: Clear        |  | Sunrise: 4:31AM |  | Sobhana 5125           |  |
| Kanya Rasi: 13.28                |  | Tithi 8 – 9              |  | Yama                                                                                                                                                                                                  |  | 10:20AM – 12:16PM |  | Variyan Until 4:49PM         |  | Muruga: Yellow        |  | Sunset: 8:01PM  |  | Moon 5 - Phase 10 - 22 |  |
| Family Home Evening              |  | 367316571                |  | Rahu                                                                                                                                                                                                  |  | 6:27AM – 8:24AM   |  | Balava Until 1:09AM Tue      |  | Nataraja: Blue        |  |                 |  | Navami                 |  |
| Creative Work                    |  | Siddha Yoga              |  |                                                                                                                                                                                                       |  |                   |  | Ashtami* Until 12:31PM       |  | Ashada*Ani            |  | Sivaloka Day    |  |                        |  |
|                                  |  |                          |  |                                                                                                                                                                                                       |  |                   |  |                              |  |                       |  |                 |  |                        |  |

|                                 |              |                                                                                                                                                                                          |                                             |                                                         |                                                |                                                 |                       |
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| <b>1 Tuesday, June 27, 2023</b> |              | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                             |                                                         |                                                | Sun 23                                          | Alsea, OR<br>Sutra 72 |
| Kanya Rasi: 25.5                | Tithi 9 – 10 | <b>Gulika</b><br>Yama                                                                                                                                                                    | <b>12:16PM – 2:13PM</b><br>8:24AM – 10:20AM | <b>Chitra Until 2:29AM Wed</b><br>Parigha* Until 4:35PM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow | <i>Sunrise:</i> 4:32AM<br><i>Sunset:</i> 8:01PM | Sobhana 5125          |
| Creative Work                   | Siddha Yoga  | 367316571 <b>Rahu</b>                                                                                                                                                                    | <b>4:09PM – 6:05PM</b>                      | Taitila Until 1:48AM Wed<br><b>Navami* Until 1:33PM</b> | <b>Nataraja:</b> Blue<br>Moon – Green          | <b>Sivaloka Day</b>                             |                       |
|                                 |              | Ashada*Ani                                                                                                                                                                               |                                             |                                                         |                                                |                                                 |                       |

|                                   |               |                                                                                                                                                                                   |                                             |                                                        |                                                |                                                 |                       |
|-----------------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------|--------------------------------------------------------|------------------------------------------------|-------------------------------------------------|-----------------------|
| <b>2 Wednesday, June 28, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                             |                                                        |                                                | Sun 24                                          | Alsea, OR<br>Sutra 73 |
| Tula Rasi: 8.32                   | Tithi 10 – 11 | <b>Gulika</b><br>Yama                                                                                                                                                             | <b>10:20AM – 12:17PM</b><br>6:28AM – 8:24AM | <b>Svati Until 2:49AM Thu</b><br>Shiva Until 3:44PM    | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow | <i>Sunrise:</i> 4:32AM<br><i>Sunset:</i> 8:01PM | Sobhana 5125          |
| Creative Work                     | Siddha Yoga   | 367316571 <b>Rahu</b>                                                                                                                                                             | <b>12:17PM – 2:13PM</b>                     | Vanija Until 1:37AM Thu<br><b>Dashami Until 1:48PM</b> | <b>Nataraja:</b> Blue<br>Moon – Green          | <b>Sivaloka Day</b>                             |                       |
|                                   |               | Ashada*Ani                                                                                                                                                                        |                                             |                                                        |                                                |                                                 |                       |

|                                  |               |                                                                                                                                                                                       |                                            |                                                         |                                                |                                                 |                       |
|----------------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|---------------------------------------------------------|------------------------------------------------|-------------------------------------------------|-----------------------|
| <b>3 Thursday, June 29, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                            |                                                         |                                                | Sun 25                                          | Alsea, OR<br>Sutra 74 |
| Tula Rasi: 21.4                  | Tithi 11 – 12 | <b>Gulika</b><br>Yama                                                                                                                                                                 | <b>8:25AM – 10:21AM</b><br>4:32AM – 6:29AM | <b>Vishakha Until 2:38AM Fri</b><br>Siddha Until 2:11PM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow | <i>Sunrise:</i> 4:32AM<br><i>Sunset:</i> 8:01PM | Sobhana 5125          |
| Creative Work                    | Siddha Yoga   | 378316571 <b>Rahu</b>                                                                                                                                                                 | <b>2:13PM – 4:09PM</b>                     | Bava Until 12:35AM Fri<br><b>Ekadashi Until 1:11PM</b>  | <b>Nataraja:</b> Blue<br>Moon – Orange         | <b>Sivaloka Day</b>                             |                       |
|                                  |               | Ashada*Ani                                                                                                                                                                            |                                            |                                                         |                                                |                                                 |                       |

|               |                       |             |                                                                                                  |  |                   |  |                           |                        |                      |                |                 |              |                |  |                        |  |
|---------------|-----------------------|-------------|--------------------------------------------------------------------------------------------------|--|-------------------|--|---------------------------|------------------------|----------------------|----------------|-----------------|--------------|----------------|--|------------------------|--|
| 4             | Friday, June 30, 2023 |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam |  |                   |  |                           |                        | Alsea, OR            |                |                 |              |                |  |                        |  |
|               |                       |             | Anuradha Nakshatra Sadhya/Subha Yoga Balaava/Kaulava Karana Dvadashi/Trayodashyam Titau          |  |                   |  |                           |                        | Sun 26               |                |                 |              |                |  |                        |  |
|               |                       |             | Gulika                                                                                           |  | 6:29AM – 8:25AM   |  | Anuradha Until 1:32AM Sat |                        | Ganesha: Clear       |                | Sunrise: 4:33AM |              | Sobhana 5125   |  |                        |  |
|               | Vrischika Rasi: 5.15  |             | Tithi 12 – 13                                                                                    |  | Yama              |  | 4:09PM – 6:05PM           |                        | Sadhya Until 11:59AM |                | Muruga: Yellow  |              | Sunset: 8:01PM |  | Moon 5 - Phase 11 - 26 |  |
|               | 378316571             |             | Rahu                                                                                             |  | 10:21AM – 12:17PM |  | Kaulava Until 10:47PM     |                        | Nataraja: Blue       |                |                 |              |                |  | 4th Phase              |  |
| Creative Work |                       | Siddha Yoga |                                                                                                  |  |                   |  |                           | Dvadashi Until 11:45AM |                      | Moon – Orange  |                 | Sivaloka Day |                |  |                        |  |
|               |                       |             |                                                                                                  |  |                   |  |                           |                        |                      | Ashada*Ani     |                 |              |                |  |                        |  |
|               |                       |             |                                                                                                  |  |                   |  |                           |                        |                      | Pradosha Vrata |                 |              |                |  |                        |  |

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| <b>5 Saturday, July 1, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                           |                                                      |                                                | Sun 27                                          | Alsea, OR<br>Sutra 76 |
| Vrischika Rasi: 19.19           | Tithi 13 – 14 | <b>Gulika</b><br>Yama                                                                                                                                                                       | <b>4:33AM – 6:29AM</b><br>2:13PM – 4:09PM | <b>Jyeshtha* Until 11:38PM</b><br>Subha Until 9:12AM | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow | <i>Sunrise:</i> 4:33AM<br><i>Sunset:</i> 8:01PM | Sobhana 5125          |
| Creative Work                   | Siddha Yoga   | 378316571 <b>Rahu</b>                                                                                                                                                                       | <b>8:25AM – 10:21AM</b>                   | Gara Until 8:18PM<br><b>Trayodashi Until 9:36AM</b>  | <b>Nataraja:</b> Blue<br>Moon – Orange         | <b>Sivaloka Day</b>                             |                       |
|                                 |               | Ashada*Ani                                                                                                                                                                                  |                                           |                                                      |                                                |                                                 |                       |

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| <div><div></div><div>Sunday, July 2, 2023</div></div> <div>Copper Retreat Star</div> |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula* Nakshatra Brahma Yoga Vanija/Bava Karana Chaturdashi/Purnimayam Titau |                           |                         |                   |                 |                     | Alsea, OR<br>Sutra 77 |  |
|                                                                                      |  | Gulika                                                                                                                                                                          | 4:09PM – 6:05PM           | Mula* Until 9:31PM      | Ganesha: Purple   | Sunrise: 4:34AM | Sobhana 5125        |                       |  |
| Dhanus Rasi: 3.47                                                                    |  | Yama                                                                                                                                                                            | 12:17PM – 2:13PM          | Brahma Until 2:14AM Mon | Muruga: Yellow    | Sunset: 8:01PM  | Moon 5 - Phase 11 - |                       |  |
| Tithi 14 – 15                                                                        |  | 388316571 Rahu                                                                                                                                                                  | 6:05PM – 8:01PM           | Bava Until 3:39AM Mon   | Nataraja: Blue    | Purnima         |                     |                       |  |
| Creative Work                                                                        |  | Amrita Yoga                                                                                                                                                                     | Chaturdashi* Until 6:50AM |                         | Moon – Light Blue | Devaloka Day    |                     |                       |  |
| Until 9:31PM                                                                         |  | Satguru Purnima                                                                                                                                                                 |                           | Ashada*Ani              |                   |                 |                     |                       |  |
| Then Creative Work - Siddha Yoga                                                     |  |                                                                                                                                                                                 |                           |                         |                   |                 |                     |                       |  |

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| <b>Monday, July 3, 2023</b> |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam |                        |                                    |  |                        |                        | Alsea, OR           |
| <b>Silver Retreat Star</b>  |             | Purvashadha* Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau                         |                        |                                    |  |                        |                        | Sutra 78            |
|                             |             | <b>Gulika</b>                                                                                     | <b>2:13PM – 4:09PM</b> | <b>Purvashadha* Until 6:56PM</b>   |  | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 4:35AM | Sobhana 5125        |
| Dhanus Rasi: 18.35          | Tithi 16    | Yama                                                                                              | 10:22AM – 12:18PM      | Indra Until 10:21PM                |  | <b>Muruga:</b> Yellow  | <i>Sunset:</i> 8:00PM  | Moon 5 - Phase 11 - |
| <b>Family Home Evening</b>  |             | 388316571                                                                                         | <b>Rahu</b>            | <b>6:30AM – 8:26AM</b>             |  | <b>Nataraja:</b> Blue  | Prathama               |                     |
| Routine Work                | Marana Yoga | Balava Until 1:57PM                                                                               |                        |                                    |  | Moon – Light Blue      | <b>Devaloka Day</b>    |                     |
|                             |             |                                                                                                   |                        | <b>Prathama* Until 12:11AM Tue</b> |  | <b>Ashada*Ani</b>      |                        |                     |

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| <div>★</div> <div>Tuesday, July 4, 2023</div> <div>Gold Retreat Star</div>             |               |                             |                                                                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Dvitiyayam Titau                         |                                                                                        | Sun 1<br>Sutra 79<br>Sobhana 5125                                       |  |
| Makara Rasi: 3.35                                                                      | Tithi 17      | Gulika<br>Yama<br>388316571 | 12:18PM – 2:13PM<br>8:26AM – 10:22AM<br>Rahu<br>4:09PM – 6:05PM  | Uttarashadha Until 4:05PM<br>Vaidhriti* Until 6:20PM<br>Taitila Until 10:25AM<br>Dvitiya Until 8:37PM                                                                                                                | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Light Blue<br>Ashada*Ani | Sunrise: 4:35AM<br>Sunset: 8:00PM<br>Moon 6 - Phase 12 - 1<br>1st Phase |  |
| Routine Work    Prabalarishta Yoga<br>Until 4:05PM<br>Then Creative Work - Siddha Yoga |               |                             |                                                                  | Devaloka Day                                                                                                                                                                                                         |                                                                                        |                                                                         |  |
| <div>1</div> <div>Wednesday, July 5, 2023</div>                                        |               |                             |                                                                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Vanija/Bava Karana Tritiya/Chaturthayam Titau             |                                                                                        | Alsea, OR<br>Sutra 80<br>Sobhana 5125                                   |  |
| Makara Rasi: 18.37                                                                     | Tithi 18 – 19 | Gulika<br>Yama<br>399316571 | 10:22AM – 12:18PM<br>6:31AM – 8:27AM<br>Rahu<br>12:18PM – 2:13PM | Shravana Until 1:31PM<br>Vishkambha* Until 2:23PM<br>Vanija Until 6:52AM<br>Tritiya Until 5:07PM                                                                                                                     | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Purple<br>Ashada*Ani     | Sunrise: 4:36AM<br>Sunset: 8:00PM<br>Moon 6 - Phase 12 - 2<br>1st Phase |  |
| Creative Work    Siddha Yoga<br>Until 1:31PM<br>Then Routine Work - Prabalarishta Yoga |               |                             |                                                                  | Subha Sivaloka Day                                                                                                                                                                                                   |                                                                                        |                                                                         |  |
| <div>2</div> <div>Thursday, July 6, 2023</div>                                         |               |                             |                                                                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau          |                                                                                        | Alsea, OR<br>Sutra 81<br>Sobhana 5125                                   |  |
| Kumbha Rasi: 3.34                                                                      | Tithi 19 – 20 | Gulika<br>Yama<br>499316571 | 8:27AM – 10:23AM<br>4:37AM – 6:32AM<br>Rahu<br>2:13PM – 4:09PM   | Dhanishtha Until 11:01AM<br>Priti Until 10:36AM<br>Kaulava Until 12:20AM Fri<br>Chaturthi* Until 1:50PM                                                                                                              | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Purple<br>Ashada*Ani      | Sunrise: 4:37AM<br>Sunset: 8:00PM<br>Moon 6 - Phase 12 - 3<br>1st Phase |  |
| Creative Work    Siddha Yoga                                                           |               |                             |                                                                  | Sivaloka Day                                                                                                                                                                                                         |                                                                                        |                                                                         |  |
| <div>3</div> <div>Friday, July 7, 2023</div>                                           |               |                             |                                                                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau |                                                                                        | Alsea, OR<br>Sutra 82<br>Sobhana 5125                                   |  |
| Kumbha Rasi: 18.16                                                                     | Tithi 20 – 21 | Gulika<br>Yama<br>499316571 | 6:32AM – 8:28AM<br>4:09PM – 6:04PM<br>Rahu<br>10:23AM – 12:18PM  | Shatabhishak Until 8:43AM<br>Ayushman Until 7:04AM<br>Gara Until 9:37PM<br>Panchami Until 10:54AM                                                                                                                    | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Purple<br>Ashada*Ani      | Sunrise: 4:37AM<br>Sunset: 7:59PM<br>Moon 6 - Phase 12 - 4<br>1st Phase |  |
| Creative Work    Siddha Yoga                                                           |               |                             |                                                                  | Sivaloka Day                                                                                                                                                                                                         |                                                                                        |                                                                         |  |
| <div>4</div> <div>Saturday, July 8, 2023</div>                                         |               |                             |                                                                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau       |                                                                                        | Alsea, OR<br>Sutra 83<br>Sobhana 5125                                   |  |
| Meena Rasi: 2.38                                                                       | Tithi 21 – 22 | Gulika<br>Yama<br>419316571 | 4:38AM – 6:33AM<br>2:13PM – 4:09PM<br>Rahu<br>8:28AM – 10:23AM   | Purvaproshtapada* Until 7:09AM<br>Sobhana Until 1:15AM Sun<br>Visti Until 7:26PM<br>Shashthi* Until 8:26AM                                                                                                           | Ganesha: Yellow<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Clear<br>Ashada*Ani      | Sunrise: 4:38AM<br>Sunset: 7:59PM<br>Moon 6 - Phase 12 - 5<br>1st Phase |  |
| Routine Work    Marana Yoga<br>Until 7:09AM<br>Then Creative Work - Siddha Yoga        |               |                             |                                                                  | Sivaloka Day                                                                                                                                                                                                         |                                                                                        |                                                                         |  |
| <div>5</div> <div>Sunday, July 9, 2023</div> <div>Retreat Star</div>                   |               |                             |                                                                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Athiganda* Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau                |                                                                                        | Alsea, OR<br>Sutra 84<br>Sobhana 5125                                   |  |
| Meena Rasi: 16.39                                                                      | Tithi 22 – 23 | Gulika<br>Yama<br>419316571 | 4:08PM – 6:03PM<br>12:18PM – 2:13PM<br>Rahu<br>6:03PM – 7:58PM   | Uttaraproshtapada Until 6:01AM<br>Athiganda* Until 11:02PM<br>Kaulava Until 5:15AM Mon<br>Saptami Until 6:32AM                                                                                                       | Ganesha: Yellow<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – Clear<br>Ashada*Ani      | Sunrise: 4:39AM<br>Sunset: 7:58PM<br>Moon 6 - Phase 12 - 6<br>Ashtami   |  |
| Creative Work    Amrita Yoga                                                           |               |                             |                                                                  | Sivaloka Day                                                                                                                                                                                                         |                                                                                        |                                                                         |  |
| <div>6</div> <div>Monday, July 10, 2023</div> <div>Retreat Star</div>                  |               |                             |                                                                  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashvini Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau                                               |                                                                                        | Alsea, OR<br>Sutra 85<br>Sobhana 5125                                   |  |
| Mesha Rasi: 0.17                                                                       | Tithi 24      | Gulika<br>Yama<br>429316571 | 2:13PM – 4:08PM<br>10:24AM – 12:19PM<br>Rahu<br>6:34AM – 8:29AM  | Ashvini Until 5:33AM Tue<br>Sukarma Until 9:21PM<br>Taitila Until 4:51PM<br>Navami* Until 4:34AM Tue                                                                                                                 | Ganesha: Blue<br>Muruga: Yellow<br>Nataraja: Blue<br>Moon – White<br>Ashada*Ani        | Sunrise: 4:39AM<br>Sunset: 7:58PM<br>Moon 6 - Phase 12 - 7<br>Navami    |  |
| Family Home Evening<br>Creative Work    Siddha Yoga                                    |               |                             |                                                                  | Subha Sivaloka Day                                                                                                                                                                                                   |                                                                                        |                                                                         |  |



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| 1 Tuesday, July 18, 2023 |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                                      | Sun 15 Sutra 93<br>Sobhana 5125                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  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| Kataka Rasi: 10.28       | Tithi 1 – 2 | Gulika<br>Yama                                                                                                                                                                 | 12:19PM – 2:13PM<br>8:33AM – 10:26AM | Pushya Until 6:26PM<br>Vajra* Until 8:53PM         | Ganesha: Orange Sunrise: 4:46AM<br>Muruga: Yellow Sunset: 7:52PM                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 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| Creative Work            | Siddha Yoga | 441316572 Rahu                                                                                                                                                                 | 4:06PM – 5:59PM                      | Balava Until 1:49AM Wed<br>Prathama* Until 12:39PM | Moon – Blue<br>Nataraja: Yellow<br>Devaloka Day<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - Phase 14 - 15<br>3rd Phase<br>Sobhana 5125<br>Moon 6 - 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As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

|                                  |  |                                                                                                |  |                        |  |
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| <b>1 Thursday, July 27, 2023</b> |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam |  | Alsea, OR              |  |
| Vrischika Rasi: 0.01             |  | Vishakha/Anuradha Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau                     |  | Sun 24                 |  |
| Tithi 10                         |  | <b>Gulika 8:38AM – 10:29AM</b>                                                                 |  | Sobhana 5125           |  |
| 472416572                        |  | Yama 4:55AM – 6:46AM                                                                           |  | Sobhana 5125           |  |
| Creative Work                    |  | <b>Rahu 2:11PM – 4:02PM</b>                                                                    |  | Moon 6 - Phase 15 - 24 |  |
| Siddha Yoga                      |  | Sukla Until 10:23PM                                                                            |  | 4th Phase              |  |
|                                  |  | Taitila Until 1:55PM                                                                           |  |                        |  |
|                                  |  | <b>Dashami Until 1:18AM Fri</b>                                                                |  | <b>Devaloka Day</b>    |  |
|                                  |  |                                                                                                |  | Ganesha: Clear         |  |
|                                  |  |                                                                                                |  | Sunrise: 4:55AM        |  |
|                                  |  |                                                                                                |  | Muruga: Yellow         |  |
|                                  |  |                                                                                                |  | Sunset: 7:44PM         |  |
|                                  |  |                                                                                                |  | Nataraja: Yellow       |  |
|                                  |  |                                                                                                |  | Moon – Orange          |  |
|                                  |  |                                                                                                |  | Sravana Adhika*Adi     |  |

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| <b>2 Friday, July 28, 2023</b>  |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam |  | Alsea, OR              |  |
| Vrischika Rasi: 13.34           |  | Anuradha/Jyeshtha* Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau                  |  | Sun 25                 |  |
| Tithi 11                        |  | <b>Gulika 6:47AM – 8:38AM</b>                                                                   |  | Sobhana 5125           |  |
| 472416572                       |  | Yama 4:01PM – 5:52PM                                                                            |  | Sobhana 5125           |  |
| Creative Work                   |  | <b>Rahu 10:29AM – 12:20PM</b>                                                                   |  | Moon 6 - Phase 15 - 25 |  |
| Siddha Yoga                     |  | Brahma Until 7:59PM                                                                             |  | 4th Phase              |  |
| Until 11:21AM                   |  | Vanija Until 12:31PM                                                                            |  |                        |  |
| Then Routine Work - Marana Yoga |  | <b>Ekadashi Until 11:31PM</b>                                                                   |  | <b>Devaloka Day</b>    |  |
|                                 |  |                                                                                                 |  | Ganesha: Clear         |  |
|                                 |  |                                                                                                 |  | Sunrise: 4:56AM        |  |
|                                 |  |                                                                                                 |  | Muruga: Yellow         |  |
|                                 |  |                                                                                                 |  | Sunset: 7:43PM         |  |
|                                 |  |                                                                                                 |  | Nataraja: Yellow       |  |
|                                 |  |                                                                                                 |  | Moon – Orange          |  |
|                                 |  |                                                                                                 |  | Sravana Adhika*Adi     |  |

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| <b>3 Saturday, July 29, 2023</b> |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam |  | Alsea, OR              |  |
| Vrischika Rasi: 27.37            |  | Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau             |  | Sun 26                 |  |
| Tithi 12                         |  | <b>Gulika 4:58AM – 6:48AM</b>                                                                   |  | Sobhana 5125           |  |
| 472416572                        |  | Yama 2:10PM – 4:01PM                                                                            |  | Sobhana 5125           |  |
| Creative Work                    |  | <b>Rahu 8:39AM – 10:29AM</b>                                                                    |  | Moon 6 - Phase 15 - 26 |  |
| Siddha Yoga                      |  | Indra Until 4:59PM                                                                              |  | 4th Phase              |  |
|                                  |  | Bava Until 10:21AM                                                                              |  |                        |  |
|                                  |  | <b>Dvadashi Until 8:59PM</b>                                                                    |  | <b>Devaloka Day</b>    |  |
|                                  |  |                                                                                                 |  | Ganesha: Clear         |  |
|                                  |  |                                                                                                 |  | Sunrise: 4:58AM        |  |
|                                  |  |                                                                                                 |  | Muruga: Yellow         |  |
|                                  |  |                                                                                                 |  | Sunset: 7:42PM         |  |
|                                  |  |                                                                                                 |  | Nataraja: Yellow       |  |
|                                  |  |                                                                                                 |  | Moon – Orange          |  |
|                                  |  |                                                                                                 |  | Sravana Adhika*Adi     |  |

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| <b>4 Sunday, July 30, 2023</b>   |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam             |  | Alsea, OR              |  |
| Dhanus Rasi: 12.07               |  | Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau |  | Sun 27                 |  |
| Tithi 13 – 14                    |  | <b>Gulika 4:00PM – 5:50PM</b>                                                                               |  | Sobhana 5125           |  |
| 482416572                        |  | Yama 12:20PM – 2:10PM                                                                                       |  | Sobhana 5125           |  |
| Creative Work                    |  | <b>Rahu 5:50PM – 7:41PM</b>                                                                                 |  | Moon 6 - Phase 15 - 27 |  |
| Amrita Yoga                      |  | Vaidhriti* Until 1:27PM                                                                                     |  | 4th Phase              |  |
| Until 7:58AM                     |  | Kaulava Until 7:31AM                                                                                        |  |                        |  |
| Then Creative Work - Siddha Yoga |  | <b>Trayodashi Until 5:53PM</b>                                                                              |  | <b>Sivaloka Day</b>    |  |
|                                  |  |                                                                                                             |  | Ganesha: White         |  |
|                                  |  |                                                                                                             |  | Sunrise: 4:59AM        |  |
|                                  |  |                                                                                                             |  | Muruga: Yellow         |  |
|                                  |  |                                                                                                             |  | Sunset: 7:41PM         |  |
|                                  |  |                                                                                                             |  | Nataraja: Yellow       |  |
|                                  |  |                                                                                                             |  | Moon – Light Blue      |  |
|                                  |  |                                                                                                             |  | Sravana Adhika*Adi     |  |
|                                  |  |                                                                                                             |  | <i>Pradosha Vrata</i>  |  |

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| <b>Monday, July 31, 2023</b>     |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam  |  | Alsea, OR           |  |
| <b>Copper Retreat Star</b>       |  | Uttarashadha Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |  | Sutra 106           |  |
| Dhanus Rasi: 27.01               |  | <b>Gulika 2:09PM – 3:59PM</b>                                                                   |  | Sobhana 5125        |  |
| Tithi 14 – 15                    |  | Yama 10:30AM – 12:20PM                                                                          |  | Sobhana 5125        |  |
| <b>Family Home Evening</b>       |  | <b>Rahu 6:50AM – 8:40AM</b>                                                                     |  | Moon 6 - Phase 15 - |  |
| 482416572                        |  | Vishkambha* Until 9:32AM                                                                        |  | Purnima             |  |
| Routine Work                     |  | Visti Until 12:30AM Tue                                                                         |  |                     |  |
| Marana Yoga                      |  | <b>Chaturdashi* Until 2:21PM</b>                                                                |  | <b>Sivaloka Day</b> |  |
| Until 2:25AM Tue                 |  |                                                                                                 |  | Ganesha: White      |  |
| Then Creative Work - Siddha Yoga |  |                                                                                                 |  | Sunrise: 5:00AM     |  |
|                                  |  |                                                                                                 |  | Muruga: Yellow      |  |
|                                  |  |                                                                                                 |  | Sunset: 7:39PM      |  |
|                                  |  |                                                                                                 |  | Nataraja: Yellow    |  |
|                                  |  |                                                                                                 |  | Moon – Light Blue   |  |
|                                  |  |                                                                                                 |  | Sravana Adhika*Adi  |  |

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| <b>Tuesday, August 1, 2023</b> |  | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam |  | Alsea, OR           |  |
| <b>Silver Retreat Star</b>     |  | Shravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau                       |  | Sutra 107           |  |
| Makara Rasi: 12.1              |  | <b>Gulika 12:19PM – 2:09PM</b>                                                                      |  | Sobhana 5125        |  |
| Tithi 15 – 16                  |  | Yama 8:40AM – 10:30AM                                                                               |  | Sobhana 5125        |  |
| 492416572                      |  | <b>Rahu 3:59PM – 5:48PM</b>                                                                         |  | Moon 6 - Phase 15 - |  |
| Creative Work                  |  | Shravana Until 11:32PM                                                                              |  | Prathama            |  |
| Siddha Yoga                    |  | Ayushman Until 1:06AM Wed                                                                           |  |                     |  |
|                                |  | Balava Until 8:39PM                                                                                 |  |                     |  |
|                                |  | <b>Purnima* Until 10:34AM</b>                                                                       |  | <b>Devaloka Day</b> |  |
|                                |  |                                                                                                     |  | Ganesha: Yellow     |  |
|                                |  |                                                                                                     |  | Sunrise: 5:01AM     |  |
|                                |  |                                                                                                     |  | Muruga: Yellow      |  |
|                                |  |                                                                                                     |  | Sunset: 7:38PM      |  |
|                                |  |                                                                                                     |  | Nataraja: Yellow    |  |
|                                |  |                                                                                                     |  | Moon – Purple       |  |
|                                |  |                                                                                                     |  | Sravana Adhika*Adi  |  |

|                                                                                        |               |                                                                                                                                                                                                                          |                                      |                                                                                                            |                                                                                              |                                                                    |
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| <div>★</div> <div>Wednesday, August 2, 2023</div> <div>Gold Retreat Star</div>         |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau                                   |                                      | Alsea, OR<br>Sutra 108                                                                                     |                                                                                              |                                                                    |
| Makara Rasi: 27.26                                                                     | Tithi 16 – 17 | Gulika<br>Yama                                                                                                                                                                                                           | 10:30AM – 12:19PM<br>6:51AM – 8:41AM | Dhanishtha Until 8:32PM<br>Saubhagya Until 8:53PM<br>Gara Until 2:55AM Thu<br>Prathama* Until 6:42AM       | Ganesha: Yellow<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Purple<br>Srivana Adhika*Adi | Sunrise: 5:02AM<br>Sunset: 7:37PM<br>Moon 7 - Phase 16 - 1st Phase |
| Routine Work    Prabalarishta Yoga<br>Until 8:32PM<br>Then Creative Work - Siddha Yoga |               | 492416572 Rahu                                                                                                                                                                                                           | 12:19PM – 2:09PM                     |                                                                                                            |                                                                                              | Devaloka Day                                                       |
| <div>1</div> <div>Thursday, August 3, 2023</div>                                       |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shatabhishak/Purvaproskthapada* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Tritiyayam Titau              |                                      | Alsea, OR<br>Sutra 109                                                                                     |                                                                                              |                                                                    |
| Kumbha Rasi: 12.37                                                                     | Tithi 18      | Gulika<br>Yama                                                                                                                                                                                                           | 8:41AM – 10:30AM<br>5:03AM – 6:52AM  | Shatabhishak Until 5:37PM<br>Sobhana Until 4:50PM<br>Vanija Until 1:08PM<br>Tritiya Until 11:24PM          | Ganesha: Yellow<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Purple<br>Srivana Adhika*Adi | Sun 1<br>Sobhana 5125<br>Moon 7 - Phase 16 - 1st Phase             |
| Creative Work    Siddha Yoga                                                           |               | 492416572 Rahu                                                                                                                                                                                                           | 2:08PM – 3:57PM                      |                                                                                                            |                                                                                              | Devaloka Day                                                       |
| <div>2</div> <div>Friday, August 4, 2023</div>                                         |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaproskthapada*/Uttaraproskthapada Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthayam Titau       |                                      | Alsea, OR<br>Sutra 110                                                                                     |                                                                                              |                                                                    |
| Kumbha Rasi: 27.35                                                                     | Tithi 19      | Gulika<br>Yama                                                                                                                                                                                                           | 6:53AM – 8:42AM<br>3:57PM – 5:46PM   | Purvaproskthapada* Until 3:21PM<br>Athiganda* Until 1:04PM<br>Bava Until 9:48AM<br>Chaturthi* Until 8:17PM | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Clear<br>Srivana Adhika*Adi   | Sun 2<br>Sobhana 5125<br>Moon 7 - Phase 16 - 2nd Phase             |
| Creative Work    Siddha Yoga                                                           |               | 412416572 Rahu                                                                                                                                                                                                           | 10:30AM – 12:19PM                    |                                                                                                            |                                                                                              | Devaloka Day                                                       |
| <div>3</div> <div>Saturday, August 5, 2023</div>                                       |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraproskthapada*/Uttaraproskthapada Nakshatra Sukarma/Dhriti Yoga Kaulava/Gara Karana Panchami/Shashthayam Titau |                                      | Alsea, OR<br>Sutra 111                                                                                     |                                                                                              |                                                                    |
| Meena Rasi: 12.12                                                                      | Tithi 20 – 21 | Gulika<br>Yama                                                                                                                                                                                                           | 5:05AM – 6:54AM<br>2:08PM – 3:56PM   | Uttaraproskthapada Until 1:28PM<br>Sukarma Until 9:45AM<br>Kaulava Until 6:57AM<br>Panchami Until 5:44PM   | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Clear<br>Srivana Adhika*Adi   | Sun 3<br>Sobhana 5125<br>Moon 7 - Phase 16 - 3rd Phase             |
| Creative Work    Siddha Yoga<br>Until 1:28PM<br>Then Routine Work - Prabalarishta Yoga |               | 412416572 Rahu                                                                                                                                                                                                           | 8:42AM – 10:31AM                     |                                                                                                            |                                                                                              | Devaloka Day                                                       |
| <div>4</div> <div>Sunday, August 6, 2023</div>                                         |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau                           |                                      | Alsea, OR<br>Sutra 112                                                                                     |                                                                                              |                                                                    |
| Meena Rasi: 26.23                                                                      | Tithi 21 – 22 | Gulika<br>Yama                                                                                                                                                                                                           | 3:55PM – 5:43PM<br>12:19PM – 2:07PM  | Revati Until 12:05PM<br>Dhriti Until 6:58AM<br>Visti Until 3:13AM Mon<br>Shashthi* Until 3:52PM            | Ganesha: White<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Clear<br>Srivana Adhika*Adi   | Sun 4<br>Sobhana 5125<br>Moon 7 - Phase 16 - 4th Phase             |
| Creative Work    Amrita Yoga<br>Until 12:05PM<br>Then Creative Work - Siddha Yoga      |               | 413416572 Rahu                                                                                                                                                                                                           | 5:43PM – 7:32PM                      |                                                                                                            |                                                                                              | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM                         |
| <div>5</div> <div>Monday, August 7, 2023</div>                                         |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau                                     |                                      | Alsea, OR<br>Sutra 113                                                                                     |                                                                                              |                                                                    |
| Mesha Rasi: 10.06                                                                      | Tithi 22 – 23 | Gulika<br>Yama                                                                                                                                                                                                           | 2:07PM – 3:55PM<br>10:31AM – 12:19PM | Ashvini Until 11:44AM<br>Ganda* Until 3:08AM Tue<br>Balava Until 2:28AM Tue<br>Saptami Until 2:43PM        | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – White<br>Srivana Adhika*Adi   | Sun 5<br>Sobhana 5125<br>Moon 7 - Phase 16 - 5th Phase             |
| Family Home Evening<br>Creative Work    Siddha Yoga                                    |               | 423416572 Rahu                                                                                                                                                                                                           | 6:55AM – 8:43AM                      |                                                                                                            |                                                                                              | Devaloka Day<br>Tour Day                                           |
| <div>D</div> <div>Tuesday, August 8, 2023</div> <div>Retreat Star</div>                |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau                             |                                      | Alsea, OR<br>Sutra 114                                                                                     |                                                                                              |                                                                    |
| Mesha Rasi: 23.24                                                                      | Tithi 23 – 24 | Gulika<br>Yama                                                                                                                                                                                                           | 12:19PM – 2:06PM<br>8:44AM – 10:31AM | Bharani Until 11:59AM<br>Vriddhi Until 2:08AM Wed<br>Taitila Until 2:27AM Wed<br>Ashtami* Until 2:21PM     | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – White<br>Srivana Adhika*Adi   | Sun 6<br>Sobhana 5125<br>Moon 7 - Phase 16 - 6th Phase             |
| Creative Work    Siddha Yoga                                                           |               | 423416572 Rahu                                                                                                                                                                                                           | 3:54PM – 5:41PM                      |                                                                                                            |                                                                                              | Devaloka Day                                                       |
| <div>W</div> <div>Wednesday, August 9, 2023</div> <div>Retreat Star</div>              |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami/Dashamyam Titau                                     |                                      | Alsea, OR<br>Sutra 115                                                                                     |                                                                                              |                                                                    |
| Vrishabha Rasi: 6.19                                                                   | Tithi 24 – 25 | Gulika<br>Yama                                                                                                                                                                                                           | 10:31AM – 12:19PM<br>6:57AM – 8:44AM | Krittika Until 12:47PM<br>Dhruva Until 1:38AM Thu<br>Vanija Until 3:06AM Thu<br>Navami* Until 2:40PM       | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – White<br>Srivana Adhika*Adi   | Sun 7<br>Sobhana 5125<br>Moon 7 - Phase 16 - 7th Phase             |
| Creative Work    Amrita Yoga<br>Until 12:47PM<br>Then Creative Work - Siddha Yoga      |               | 423416572 Rahu                                                                                                                                                                                                           | 12:19PM – 2:06PM                     |                                                                                                            |                                                                                              | Devaloka Day                                                       |

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| 1 | Thursday, August 10, 2023              |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                  |                            |  |                  |                                            | Alsea, OR<br>Sutra 116 |  |
|   |                                        |             | Gulika                                                                                                                                                                                     | 8:45AM – 10:32AM | Rohini Until 2:30PM        |  | Ganesha: Purple  | Sunrise: 5:11AM                            | Sun 8<br>Sobhana 5125  |  |
|   | Vrishabha Rasi: 18.55    Tithi 25 – 26 |             | Yama                                                                                                                                                                                       | 5:11AM – 6:58AM  | Vyaghata* Until 1:35AM Fri |  | Muruga: Yellow   | Sunset: 7:26PM                             | Moon 7 - Phase 17 - 8  |  |
|   | 433416572                              |             | Rahu                                                                                                                                                                                       | 2:05PM – 3:52PM  | Bava Until 4:18AM Fri      |  | Nataraja: Yellow | 2nd Phase                                  |                        |  |
|   | Routine Work                           | Marana Yoga |                                                                                                                                                                                            |                  | Dashami Until 3:37PM       |  | Moon – Yellow    | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                        |  |

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| 2                  | Friday, August 11, 2023 |               | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam |           |                   |                        |                           |                    | Alsea, OR        |                             |  |
|                    |                         |               | Mrigashira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau          |           |                   |                        |                           |                    | Sutra 117        |                             |  |
|                    |                         |               | Gulika                                                                                            |           | 6:59AM – 8:45AM   |                        | Mrigashira Until 4:33PM   |                    | Ganesha: Purple  |                             |  |
|                    |                         |               | Yama                                                                                              |           | 3:51PM – 5:38PM   |                        | Harshana Until 1:53AM Sat |                    | Muruga: Yellow   |                             |  |
|                    |                         |               | Rahu                                                                                              |           | 10:32AM – 12:18PM |                        | Kaulava Until 5:56AM Sat  |                    | Nataraja: Yellow |                             |  |
| Mithuna Rasi: 1.17 |                         | Tithi 26 – 27 |                                                                                                   |           |                   |                        |                           |                    |                  | Sunrise: 5:12AM             |  |
|                    |                         |               |                                                                                                   | 433416572 |                   |                        |                           |                    |                  | Sunset: 7:25PM              |  |
|                    |                         |               |                                                                                                   |           |                   |                        |                           |                    |                  | Moon 7 - Phase 17 - 9       |  |
| Creative Work      |                         | Siddha Yoga   |                                                                                                   |           |                   |                        |                           |                    |                  | 2nd Phase                   |  |
|                    |                         |               |                                                                                                   |           |                   | Ekadashi* Until 5:03PM |                           | Moon – Yellow      |                  | Bhuloka Day                 |  |
|                    |                         |               |                                                                                                   |           |                   |                        |                           | Sravana Adhika*Adi |                  | Devaloka Time: 3:PM to 6:PM |  |

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| 3                   | Saturday, August 12, 2023 |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam |  |                 |                        |                         |                             |                      | Alsea, OR |
|                     |                           |             | Ardra Nakshatra Vajra* Yoga Taitila Karana Dvadashyam Titau                                       |  |                 |                        |                         |                             |                      | Sutra 118 |
|                     |                           |             |                                                                                                   |  |                 |                        |                         |                             | Sun 10               |           |
|                     |                           |             | Gulika                                                                                            |  | 5:13AM – 6:59AM |                        | Ardra Until 6:47PM      |                             | Sobhana 5125         |           |
|                     |                           |             | Yama                                                                                              |  | 2:04PM – 3:51PM |                        | Vajra* Until 2:25AM Sun |                             |                      |           |
| Mithuna Rasi: 13.28 |                           | Tithi 27    | 433416572                                                                                         |  | Rahu            |                        | 8:46AM – 10:32AM        |                             | Taitila Until 6:52PM |           |
| Creative Work       |                           | Siddha Yoga |                                                                                                   |  |                 |                        | Moon – Yellow           |                             | 2nd Phase            |           |
|                     |                           |             |                                                                                                   |  |                 | Dvadashi* Until 6:52PM |                         | Bhuloka Day                 |                      |           |
|                     |                           |             |                                                                                                   |  |                 | Sravana Adhika*Adi     |                         | Devaloka Time: 3:PM to 6:PM |                      |           |

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| 4             | Sunday, August 13, 2023 |             | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam |  |                  |                          |                         |                             | Alsea, OR              |             |  |
|               |                         |             | Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau                             |  |                  |                          |                         |                             | Sutra 119              |             |  |
|               |                         |             | Gulika                                                                                            |  | 3:50PM – 5:36PM  |                          | Punarvasu Until 9:36PM  |                             | Sun 11                 |             |  |
|               | Mithuna Rasi: 25.32     | Tithi 28    | Yama                                                                                              |  | 12:18PM – 2:04PM |                          | Siddhi Until 3:08AM Mon |                             | Sobhana 5125           |             |  |
|               | 443416572               |             | Rahu                                                                                              |  | 5:36PM – 7:22PM  |                          | Gara Until 7:53AM       |                             | Moon 7 - Phase 17 - 11 |             |  |
| Creative Work |                         | Siddha Yoga |                                                                                                   |  |                  | Trayodashi* Until 8:56PM |                         | Moon – Blue                 |                        | 2nd Phase   |  |
|               |                         |             |                                                                                                   |  |                  | Pradosha Vrata (Fasting) |                         | Sravana Adhika*Adi          |                        | Bhuloka Day |  |
|               |                         |             |                                                                                                   |  |                  |                          |                         | Devaloka Time: 3:PM to 6:PM |                        |             |  |

Pradosha Vrata (Fasting)

|               |                         |           |                                                                                                                                                                                |                   |                             |                    |                             |                 |                        |           |
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| 5             | Monday, August 14, 2023 |           | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                   |                             |                    |                             |                 |                        | Alsea, OR |
|               |                         |           |                                                                                                                                                                                |                   |                             |                    |                             |                 | Sun 12                 | Sutra 120 |
|               | Kataka Rasi: 7.3        | Tithi 29  | Gulika                                                                                                                                                                         | 2:03PM – 3:49PM   | Pushya Until 12:26AM Tue    |                    | Ganesha: Light Blue         | Sunrise: 5:15AM | Sobhana 5125           |           |
|               |                         |           | Yama                                                                                                                                                                           | 10:32AM – 12:18PM | Vyatipata* Until 4:01AM Tue |                    | Muruga: Yellow              | Sunset: 7:20PM  | Moon 7 - Phase 17 - 12 |           |
|               | Family Home Evening     | 443416572 | Rahu                                                                                                                                                                           | 7:01AM – 8:47AM   | Visti Until 10:04AM         |                    | Nataraja: Yellow            |                 | 2nd Phase              |           |
| Creative Work | Siddha Yoga             |           |                                                                                                                                                                                |                   |                             | Moon – Blue        | Bhuloka Day                 |                 | Tour Day               |           |
|               |                         |           |                                                                                                                                                                                |                   | Chaturdashi* Until 11:12PM  | Sravana Adhika*Adi | Devaloka Time: 3:PM to 6:PM |                 |                        |           |

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|  | <b>Tuesday, August 15, 2023</b> |          | Sobhana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam |                                   |                                   |                         |                    |                            | Alsea, OR                   |                        |              |
|                                                                                    | <b>Retreat Star</b>             |          | Ashlesha* Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau                          |                                   |                                   |                         |                    |                            | Sutra 121                   |                        |              |
|                                                                                    | Kataka Rasi: 19.25              | Tithi 30 | <b>Gulika</b>                                                                                       | <b>12:18PM – 2:03PM</b>           | <b>Ashlesha* Until 3:14AM Wed</b> |                         |                    | <b>Ganesha:</b> Light Blue | <i>Sunrise:</i> 5:17AM      | Sun 13                 | Sobhana 5125 |
|                                                                                    |                                 |          | Yama                                                                                                | 8:47AM – 10:32AM                  | Variyan Until 4:56AM Wed          |                         |                    | <b>Muruga:</b> Yellow      | <i>Sunset:</i> 7:18PM       | Moon 7 - Phase 17 - 13 |              |
|                                                                                    |                                 |          | 443416572                                                                                           | <b>Rahu</b>                       | <b>3:48PM – 5:33PM</b>            | Catuspada Until 12:24PM |                    |                            | <b>Nataraja:</b> Yellow     |                        | Amavasya     |
| Creative Work                                                                      | Siddha Yoga                     |          |                                                                                                     | <b>Amavasya* Until 1:35AM Wed</b> |                                   |                         | Moon – Blue        | <b>Bhuloka Day</b>         |                             |                        |              |
|                                                                                    |                                 |          |                                                                                                     |                                   |                                   |                         | Sravana Adhika*Adi |                            | Devaloka Time: 3:PM to 6:PM |                        |              |

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| Wednesday, August 16, 2023 |  |             |  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam |                   |                            |                        |                |                  | Alsea, OR              |  |
| Retreat Star               |  |             |  | Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau                       |                   |                            |                        |                |                  | Sun 14                 |  |
| Simha Rasi: 1.16           |  | Titithi 1   |  | Gulika                                                                                        | 10:32AM – 12:17PM | Magha* Until 6:24AM Thu    |                        | Ganesha: Clear | Sunrise: 5:18AM  | Sobhana 5125           |  |
|                            |  |             |  | Yama                                                                                          | 7:03AM – 8:48AM   | Parigha* Until 5:55AM Thu  |                        | Muruga: Yellow | Sunset: 7:17PM   | Moon 7 - Phase 17 - 14 |  |
| Creative Work              |  | Siddha Yoga |  | 453516572                                                                                     | Rahu              | 12:17PM – 2:02PM           | Kintughna Until 2:50PM |                | Nataraja: Yellow | Prathama               |  |
|                            |  |             |  |                                                                                               |                   | Prathama* Until 4:03AM Thu |                        | Moon – Red     | Devaloka Day     |                        |  |
|                            |  |             |  |                                                                                               |                   | Sravana-Avani              |                        |                |                  |                        |  |

|                                        |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
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| <b>1 Thursday, August 17, 2023</b>     |                     |           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau                          |                                                                        |                                                                                                                  | Alsea, OR<br>Sun 15 Sutra 123<br>Sobhana 5125                                                                                             |                                                 |                                                                             |
| Simha Rasi: 13.07                      | Tithi 2             | 553516572 | <b>Gulika</b><br>Yama<br><b>Rahu</b>                                                                                                                                                                      | <b>8:48AM – 10:33AM</b><br>5:19AM – 7:03AM<br><b>2:02PM – 3:46PM</b>   | <b>Magha* Until 6:24AM</b><br>Shiva Until 6:54AM Fri<br>Balava Until 5:17PM<br><b>Dvitiya Until 6:29AM Fri</b>   | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Devaloka Day</b><br><b>Sravana*Avani</b>   | <i>Sunrise:</i> 5:19AM<br><i>Sunset:</i> 7:15PM | Moon 7 - Phase 18 - 15<br>3rd Phase                                         |
| Creative Work                          | Amrita Yoga         |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Until 6:24AM                           |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Then Creative Work - Siddha Yoga       |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| <b>2 Friday, August 18, 2023</b>       |                     |           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                                                        |                                                                                                                  | Alsea, OR<br>Sun 16 Sutra 124<br>Sobhana 5125                                                                                             |                                                 |                                                                             |
| Simha Rasi: 24.59                      | Tithi 2 – 3         | 553516572 | <b>Gulika</b><br>Yama<br><b>Rahu</b>                                                                                                                                                                      | <b>7:04AM – 8:48AM</b><br>3:45PM – 5:30PM<br><b>10:33AM – 12:17PM</b>  | <b>Purvaphalguni Until 9:23AM</b><br>Shiva Until 6:54AM<br>Taitila Until 7:41PM<br><b>Dvitiya Until 6:29AM</b>   | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Devaloka Day</b><br><b>Sravana*Avani</b>   | <i>Sunrise:</i> 5:20AM<br><i>Sunset:</i> 7:14PM | Moon 7 - Phase 18 - 16<br>3rd Phase                                         |
| Creative Work                          | Siddha Yoga         |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
|                                        |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
|                                        |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| <b>3 Saturday, August 19, 2023</b>     |                     |           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau          |                                                                        |                                                                                                                  | Alsea, OR<br>Sun 17 Sutra 125<br>Sobhana 5125                                                                                             |                                                 |                                                                             |
| Kanya Rasi: 6.53                       | Tithi 3 – 4         | 553516572 | <b>Gulika</b><br>Yama<br><b>Rahu</b>                                                                                                                                                                      | <b>5:21AM – 7:05AM</b><br>2:01PM – 3:44PM<br><b>8:49AM – 10:33AM</b>   | <b>Uttaraphalguni Until 12:05PM</b><br>Siddha Until 7:45AM<br>Vanija Until 9:54PM<br><b>Tritiya Until 8:48AM</b> | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Red<br><b>Devaloka Day</b><br><b>Sravana*Avani</b>   | <i>Sunrise:</i> 5:21AM<br><i>Sunset:</i> 7:12PM | Moon 7 - Phase 18 - 17<br>3rd Phase                                         |
| Routine Work                           | Marana Yoga         |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
|                                        |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
|                                        |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| <b>4 Sunday, August 20, 2023</b>       |                     |           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                   |                                                                        |                                                                                                                  | Alsea, OR<br>Sun 18 Sutra 126<br>Sobhana 5125                                                                                             |                                                 |                                                                             |
| Kanya Rasi: 18.52                      | Tithi 4 – 5         | 564516572 | <b>Gulika</b><br>Yama<br><b>Rahu</b>                                                                                                                                                                      | <b>3:43PM – 5:27PM</b><br>12:16PM – 2:00PM<br><b>5:27PM – 7:10PM</b>   | <b>Hasta Until 2:51PM</b><br>Sadhya Until 8:26AM<br>Bava Until 11:47PM<br><b>Chaturthi* Until 10:52AM</b>        | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Green<br><b>Devaloka Day</b><br><b>Sravana*Avani</b> | <i>Sunrise:</i> 5:22AM<br><i>Sunset:</i> 7:10PM | Moon 7 - Phase 18 - 18<br>3rd Phase                                         |
| Creative Work                          | Amrita Yoga         |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Until 2:51PM                           |                     |           | <b>Nag Panchami</b>                                                                                                                                                                                       |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 | <b>Bhuloka Day</b><br><b>Devaloka Time: 3:PM to 6:PM</b>                    |
| Then Creative Work - Siddha Yoga       |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| <b>5 Monday, August 21, 2023</b>       |                     |           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau                   |                                                                        |                                                                                                                  | Alsea, OR<br>Sun 19 Sutra 127<br>Sobhana 5125                                                                                             |                                                 |                                                                             |
| Tula Rasi: 1.01                        | Tithi 5 – 6         | 564516572 | <b>Gulika</b><br>Yama<br><b>Rahu</b>                                                                                                                                                                      | <b>1:59PM – 3:43PM</b><br>10:33AM – 12:16PM<br><b>7:07AM – 8:50AM</b>  | <b>Chitra Until 5:02PM</b><br>Subha Until 8:50AM<br>Kaulava Until 1:11AM Tue<br><b>Panchami Until 12:31PM</b>    | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Green<br><b>Devaloka Day</b><br><b>Sravana*Avani</b> | <i>Sunrise:</i> 5:24AM<br><i>Sunset:</i> 7:09PM | Moon 7 - Phase 18 - 19<br>3rd Phase                                         |
| <b>Family Home Evening</b>             |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Routine Work                           | Prabalarishta Yoga  |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Until 5:02PM                           |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Then Creative Work - Amrita Yoga       |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| <b>6 Tuesday, August 22, 2023</b>      |                     |           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau                         |                                                                        |                                                                                                                  | Alsea, OR<br>Sun 20 Sutra 128<br>Sobhana 5125                                                                                             |                                                 |                                                                             |
| Tula Rasi: 13.22                       | Tithi 6 – 7         | 564516572 | <b>Gulika</b><br>Yama<br><b>Rahu</b>                                                                                                                                                                      | <b>12:16PM – 1:59PM</b><br>8:50AM – 10:33AM<br><b>3:42PM – 5:24PM</b>  | <b>Svati Until 6:29PM</b><br>Sukla Until 8:48AM<br>Gara Until 1:57AM Wed<br><b>Shashthi* Until 1:38PM</b>        | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Green<br><b>Devaloka Day</b><br><b>Sravana*Avani</b> | <i>Sunrise:</i> 5:25AM<br><i>Sunset:</i> 7:07PM | Moon 7 - Phase 18 - 20<br>3rd Phase                                         |
| Creative Work                          | Siddha Yoga         |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 | <b>Bhuloka Day</b><br><b>Tour Day</b><br><b>Devaloka Time: 3:PM to 6:PM</b> |
| Until 6:29PM                           |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Then Routine Work - Marana Yoga        |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| <b>Wednesday, August 23, 2023</b>      |                     |           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                        |                                                                        |                                                                                                                  | Alsea, OR<br>Sun 21 Sutra 129<br>Sobhana 5125                                                                                             |                                                 |                                                                             |
|                                        | <b>Retreat Star</b> |           | <b>Gulika</b><br>Yama<br><b>Rahu</b>                                                                                                                                                                      | <b>10:33AM – 12:16PM</b><br>7:08AM – 8:51AM<br><b>12:16PM – 1:58PM</b> | <b>Vishakha Until 7:34PM</b><br>Brahma Until 8:14AM<br>Visti Until 1:58AM Thu<br><b>Saptami Until 2:02PM</b>     | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Orange<br><b>Devaloka Day</b><br><b>Sravana*Avani</b> | <i>Sunrise:</i> 5:26AM<br><i>Sunset:</i> 7:06PM | Moon 7 - Phase 18 - 21<br>Ashtami                                           |
| Tula Rasi: 26.01                       | Tithi 7 – 8         | 574516572 |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Creative Work                          | Siddha Yoga         |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
|                                        |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
|                                        |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| <b>Thursday, August 24, 2023</b>       |                     |           | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau                        |                                                                        |                                                                                                                  | Alsea, OR<br>Sun 22 Sutra 130<br>Sobhana 5125                                                                                             |                                                 |                                                                             |
|                                        | <b>Retreat Star</b> |           | <b>Gulika</b><br>Yama<br><b>Rahu</b>                                                                                                                                                                      | <b>8:51AM – 10:33AM</b><br>5:27AM – 7:09AM<br><b>1:58PM – 3:40PM</b>   | <b>Anuradha Until 7:42PM</b><br>Indra Until 7:06AM<br>Balava Until 1:12AM Fri<br><b>Ashtami* Until 1:40PM</b>    | <b>Ganesha:</b> Clear<br><b>Muruga:</b> Yellow<br><b>Nataraja:</b> Yellow<br>Moon – Orange<br><b>Devaloka Day</b><br><b>Sravana*Avani</b> | <i>Sunrise:</i> 5:27AM<br><i>Sunset:</i> 7:04PM | Moon 7 - Phase 18 - 22<br>Navami                                            |
| Vrischika Rasi: 9.02                   | Tithi 8 – 9         | 574516572 |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Creative Work                          | Siddha Yoga         |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Until 7:42PM                           |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |
| Then Routine Work - Prabalarishta Yoga |                     |           |                                                                                                                                                                                                           |                                                                        |                                                                                                                  |                                                                                                                                           |                                                 |                                                                             |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time. Calculated for Alsea, OR on 11/20/21

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)

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|---------------------------------------------------|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|--|
| <div>1</div> <div>Friday, August 25, 2023</div>   |                               | <div>Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br/>Jyeshtha* Nakshatra Viskambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau</div>                          |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       | <div>Sun 23</div> <div>Sutra 131</div> <div>Sobhana 5125</div>                                              |  |
| <div>Vrischika Rasi: 22.29</div>                  | <div>Tithi 9 – 10</div>       | <div>574516572</div>                                                                                                                                                                                                    | <div>Gulika</div> <div>7:10AM – 8:52AM</div> <div>Yama</div> <div>3:39PM – 5:20PM</div> <div>Rahu</div> <div>10:33AM – 12:15PM</div>  | <div>Jyeshtha* Until 6:55PM</div> <div>Vishkambha* Until 2:52AM Sat</div> <div>Taitila Until 11:39PM</div> <div>Navami* Until 12:30PM</div>          | <div>Ganesha: Clear</div> <div>Muruga: Yellow</div> <div>Nataraja: Yellow</div> <div>Moon – Orange</div> <div>Sravana*Avani</div>     | <div>Sunrise: 5:28AM</div> <div>Sunset: 7:02PM</div> <div>Moon 7 - Phase 19 - 23</div> <div>4th Phase</div> |  |
| <div>Routine Work</div>                           | <div>Marana Yoga</div>        | <div>Varalakshmi Vratam</div>                                                                                                                                                                                           |                                                                                                                                       | <div>Devaloka Day</div>                                                                                                                              |                                                                                                                                       |                                                                                                             |  |
| <div>Until 6:55PM</div>                           |                               |                                                                                                                                                                                                                         |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>Then Creative Work - Amrita Yoga</div>       |                               |                                                                                                                                                                                                                         |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>2</div> <div>Saturday, August 26, 2023</div> |                               | <div>Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br/>Mula*/Purvashadha* Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau</div>                       |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       | <div>Sun 24</div> <div>Sutra 132</div> <div>Sobhana 5125</div>                                              |  |
| <div>Dhanus Rasi: 6.23</div>                      | <div>Tithi 10 – 11</div>      | <div>584516572</div>                                                                                                                                                                                                    | <div>Gulika</div> <div>5:29AM – 7:11AM</div> <div>Yama</div> <div>1:56PM – 3:38PM</div> <div>Rahu</div> <div>8:52AM – 10:33AM</div>   | <div>Mula* Until 5:41PM</div> <div>Priti Until 11:52PM</div> <div>Vanija Until 9:22PM</div> <div>Dashami Until 10:34AM</div>                         | <div>Ganesha: White</div> <div>Muruga: Yellow</div> <div>Nataraja: Yellow</div> <div>Moon – Light Blue</div> <div>Sravana*Avani</div> | <div>Sunrise: 5:29AM</div> <div>Sunset: 7:00PM</div> <div>Moon 7 - Phase 19 - 24</div> <div>4th Phase</div> |  |
| <div>Creative Work</div>                          | <div>Siddha Yoga</div>        |                                                                                                                                                                                                                         |                                                                                                                                       | <div>Bhuloka Day</div>                                                                                                                               |                                                                                                                                       |                                                                                                             |  |
|                                                   |                               | <div>Devaloka Time: 3:PM to 6:PM</div>                                                                                                                                                                                  |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>3</div> <div>Sunday, August 27, 2023</div>   |                               | <div>Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br/>Purvashadha*/Uttarashadha Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau</div>             |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       | <div>Sun 25</div> <div>Sutra 133</div> <div>Sobhana 5125</div>                                              |  |
| <div>Dhanus Rasi: 20.45</div>                     | <div>Tithi 11 – 12</div>      | <div>584516572</div>                                                                                                                                                                                                    | <div>Gulika</div> <div>3:37PM – 5:18PM</div> <div>Yama</div> <div>12:15PM – 1:56PM</div> <div>Rahu</div> <div>5:18PM – 6:59PM</div>   | <div>Purvashadha* Until 3:40PM</div> <div>Ayushman Until 8:21PM</div> <div>Bava Until 6:28PM</div> <div>Ekadashi Until 7:58AM</div>                  | <div>Ganesha: White</div> <div>Muruga: Yellow</div> <div>Nataraja: Yellow</div> <div>Moon – Light Blue</div> <div>Sravana*Avani</div> | <div>Sunrise: 5:30AM</div> <div>Sunset: 6:59PM</div> <div>Moon 7 - Phase 19 - 25</div> <div>4th Phase</div> |  |
| <div>Creative Work</div>                          | <div>Siddha Yoga</div>        |                                                                                                                                                                                                                         |                                                                                                                                       | <div>Bhuloka Day</div>                                                                                                                               |                                                                                                                                       |                                                                                                             |  |
| <div>Until 3:40PM</div>                           |                               |                                                                                                                                                                                                                         | <div>Devaloka Time: 3:PM to 6:PM</div>                                                                                                |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>Then Creative Work - Amrita Yoga</div>       |                               |                                                                                                                                                                                                                         |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>4</div> <div>Monday, August 28, 2023</div>   |                               | <div>Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br/>Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau</div>            |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       | <div>Sun 26</div> <div>Sutra 134</div> <div>Sobhana 5125</div>                                              |  |
| <div>Makara Rasi: 5.31</div>                      | <div>Tithi 13</div>           | <div>584516573</div>                                                                                                                                                                                                    | <div>Gulika</div> <div>1:55PM – 3:36PM</div> <div>Yama</div> <div>10:34AM – 12:14PM</div> <div>Rahu</div> <div>7:12AM – 8:53AM</div>  | <div>Uttarashadha Until 1:02PM</div> <div>Saubhagya Until 4:28PM</div> <div>Kaulava Until 3:07PM</div> <div>Trayodashi Until 1:17AM Tue</div>        | <div>Ganesha: White</div> <div>Muruga: Yellow</div> <div>Nataraja: White</div> <div>Moon – Light Blue</div> <div>Sravana*Avani</div>  | <div>Sunrise: 5:32AM</div> <div>Sunset: 6:57PM</div> <div>Moon 7 - Phase 19 - 26</div> <div>4th Phase</div> |  |
| <div>Family Home Evening</div>                    |                               |                                                                                                                                                                                                                         |                                                                                                                                       | <div>Devaloka Day</div>                                                                                                                              |                                                                                                                                       |                                                                                                             |  |
| <div>Routine Work</div>                           | <div>Marana Yoga</div>        |                                                                                                                                                                                                                         |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>Until 1:02PM</div>                           |                               |                                                                                                                                                                                                                         | <div>Pradosha Vrata</div>                                                                                                             |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>Then Creative Work - Amrita Yoga</div>       |                               |                                                                                                                                                                                                                         |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>5</div> <div>Tuesday, August 29, 2023</div>  |                               | <div>Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br/>Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau</div>             |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       | <div>Sun 27</div> <div>Sutra 135</div> <div>Sobhana 5125</div>                                              |  |
| <div>Makara Rasi: 20.35</div>                     | <div>Tithi 14</div>           | <div>594516573</div>                                                                                                                                                                                                    | <div>Gulika</div> <div>12:14PM – 1:54PM</div> <div>Yama</div> <div>8:53AM – 10:34AM</div> <div>Rahu</div> <div>3:35PM – 5:15PM</div>  | <div>Shravana Until 10:19AM</div> <div>Sobhana Until 12:20PM</div> <div>Gara Until 11:26AM</div> <div>Chaturdashi* Until 9:30PM</div>                | <div>Ganesha: Yellow</div> <div>Muruga: Yellow</div> <div>Nataraja: White</div> <div>Moon – Purple</div> <div>Sravana*Avani</div>     | <div>Sunrise: 5:33AM</div> <div>Sunset: 6:55PM</div> <div>Moon 7 - Phase 19 - 27</div> <div>4th Phase</div> |  |
| <div>Creative Work</div>                          | <div>Siddha Yoga</div>        | <div>Chidambaram Abhishekam</div>                                                                                                                                                                                       |                                                                                                                                       | <div>Sivaloka Day</div>                                                                                                                              |                                                                                                                                       |                                                                                                             |  |
|                                                   |                               |                                                                                                                                                                                                                         |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>Wednesday, August 30, 2023</div>             |                               | <div>Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br/>Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Balava Karana Purnima/Prathamayam Titau</div> |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       | <div>Sun 28</div> <div>Sutra 136</div> <div>Sobhana 5125</div>                                              |  |
| <div>Copper Retreat Star</div>                    |                               | <div>594516573</div>                                                                                                                                                                                                    | <div>Gulika</div> <div>10:34AM – 12:14PM</div> <div>Yama</div> <div>7:14AM – 8:54AM</div> <div>Rahu</div> <div>12:14PM – 1:54PM</div> | <div>Dhanishtha Until 7:19AM</div> <div>Athiganda* Until 8:04AM</div> <div>Visti Until 7:36AM</div> <div>Purnima* Until 5:40PM</div>                 | <div>Ganesha: Yellow</div> <div>Muruga: Yellow</div> <div>Nataraja: White</div> <div>Moon – Purple</div> <div>Sravana*Avani</div>     | <div>Sunrise: 5:34AM</div> <div>Sunset: 6:53PM</div> <div>Moon 7 - Phase 19 - Purnima</div>                 |  |
| <div>Kumbha Rasi: 5.49</div>                      | <div>Tithi 15 – 16</div>      |                                                                                                                                                                                                                         |                                                                                                                                       | <div>Sivaloka Day</div>                                                                                                                              |                                                                                                                                       |                                                                                                             |  |
| <div>Routine Work</div>                           | <div>Prabalarishta Yoga</div> |                                                                                                                                                                                                                         |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>Until 7:19AM</div>                           |                               |                                                                                                                                                                                                                         | <div>Raksha Bandhan</div>                                                                                                             |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>Then Creative Work - Siddha Yoga</div>       |                               |                                                                                                                                                                                                                         |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |
| <div>Thursday, August 31, 2023</div>              |                               | <div>Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br/>Purvaproshtapada* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau</div>                  |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       | <div>Sun 29</div> <div>Sutra 137</div> <div>Sobhana 5125</div>                                              |  |
| <div>Kumbha Rasi: 21.03</div>                     | <div>Tithi 16 – 17</div>      | <div>514516573</div>                                                                                                                                                                                                    | <div>Gulika</div> <div>8:54AM – 10:34AM</div> <div>Yama</div> <div>5:35AM – 7:15AM</div> <div>Rahu</div> <div>1:53PM – 3:33PM</div>   | <div>Purvaproshtapada* Until 1:31AM Fri</div> <div>Dhriti Until 11:44PM</div> <div>Taitila Until 12:10AM Fri</div> <div>Prathama* Until 1:55PM</div> | <div>Ganesha: Yellow</div> <div>Muruga: Yellow</div> <div>Nataraja: White</div> <div>Moon – Clear</div> <div>Sravana*Avani</div>      | <div>Sunrise: 5:35AM</div> <div>Sunset: 6:52PM</div> <div>Moon 7 - Phase 19 - Prathama</div>                |  |
| <div>Creative Work</div>                          | <div>Siddha Yoga</div>        |                                                                                                                                                                                                                         |                                                                                                                                       | <div>Sivaloka Day</div>                                                                                                                              |                                                                                                                                       |                                                                                                             |  |
|                                                   |                               |                                                                                                                                                                                                                         |                                                                                                                                       |                                                                                                                                                      |                                                                                                                                       |                                                                                                             |  |



Friday, September 1, 2023

Gold Retreat Star

Meena Rasi: 6.07

Tithi 17 – 18

515516573

Creative Work

Siddha Yoga

Gulika

Yama

Rahu

7:15AM – 8:55AM

3:31PM – 5:11PM

10:34AM – 12:13PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Uttaraproshtapada Until 11:05PM

Shula\* Until 7:55PM

Vanija Until 8:53PM

Dvitiya Until 10:27AM

Ganesha: Red

Muruga: Yellow

Nataraja: White

Moon – Clear

Sravana\*Avani

Sunrise: 5:36AM

Sunset: 6:50PM

Sivaloka Day

Sun 1

Alsea, OR

Sutra 138

Sobhana 5125

Moon 8 - Phase 20 - 1

1st Phase

1

Saturday, September 2, 2023

Meena Rasi: 20.52

Tithi 18 – 19

515516573

Routine Work

Prabalarishta Yoga

Until 9:02PM

Then Creative Work - Siddha Yoga

Gulika

Yama

Rahu

5:37AM – 7:16AM

1:52PM – 3:30PM

8:55AM – 10:34AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Ganda\*/Vridhhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Revati Until 9:02PM

Ganda\* Until 4:33PM

Bava Until 6:07PM

Tritiya Until 7:25AM

Ganesha: Red

Muruga: Yellow

Nataraja: White

Moon – Clear

Sravana\*Avani

Sunrise: 5:37AM

Sunset: 6:48PM

Sivaloka Day

Sun 2

Alsea, OR

Sutra 139

Sobhana 5125

Moon 8 - Phase 20 - 2

1st Phase

2

Sunday, September 3, 2023

Mesha Rasi: 5.13

Tithi 20

525516573

Creative Work

Siddha Yoga

Until 7:56PM

Then Routine Work - Prabalarishta Yoga

Gulika

Yama

Rahu

3:29PM – 5:08PM

12:12PM – 1:51PM

5:08PM – 6:46PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Ashvini Until 7:56PM

Vridhhi Until 1:42PM

Kaulava Until 4:00PM

Panchami Until 3:12AM Mon

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White

Sravana\*Avani

Sunrise: 5:39AM

Sunset: 6:46PM

Devaloka Day

Sun 3

Alsea, OR

Sutra 140

Sobhana 5125

Moon 8 - Phase 20 - 3

1st Phase

3

Monday, September 4, 2023

Mesha Rasi: 19.05

Tithi 21

525516573

Family Home Evening

Creative Work Siddha Yoga

Until 7:28PM

Then Routine Work - Marana Yoga

Gulika

Yama

Rahu

1:50PM – 3:28PM

10:34AM – 12:12PM

7:18AM – 8:56AM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

Bharani Until 7:28PM

Dhruva Until 11:26AM

Gara Until 2:39PM

Shashthi\* Until 2:15AM Tue

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White

Sravana\*Avani

Sunrise: 5:40AM

Sunset: 6:44PM

Devaloka Day

Sun 4

Alsea, OR

Sutra 141

Sobhana 5125

Moon 8 - Phase 20 - 4

1st Phase

4

Tuesday, September 5, 2023

Vrishabha Rasi: 2.29

Tithi 22

525516573

Creative Work

Siddha Yoga

Until 7:38PM

Then Creative Work - Amrita Yoga

Gulika

Yama

Rahu

12:12PM – 1:49PM

8:56AM – 10:34AM

3:27PM – 5:05PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Saptamyam Titau

Krittika Until 7:38PM

Vyaghata\* Until 9:50AM

Visti Until 2:06PM

Saptami Until 2:07AM Wed

Ganesha: Green

Muruga: Yellow

Nataraja: White

Moon – White

Sravana\*Avani

Sunrise: 5:41AM

Sunset: 6:43PM

Devaloka Day

Alsea, OR

Sutra 142

Sobhana 5125

Moon 8 - Phase 20 - 5

1st Phase

Tour Day

5

Wednesday, September 6, 2023

Retreat Star

Vrishabha Rasi: 15.28

Tithi 23

535516573

Creative Work

Siddha Yoga

Gulika

Yama

Rahu

10:34AM – 12:11PM

7:19AM – 8:57AM

12:11PM – 1:49PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Rohini Until 8:54PM

Harshana Until 8:54AM

Balava Until 2:22PM

Ashtami\* Until 2:45AM Thu

Ganesha: Orange

Muruga: Yellow

Nataraja: White

Moon – Yellow

Sravana\*Avani

Sunrise: 5:42AM

Sunset: 6:41PM

Sivaloka Day

Sun 6

Alsea, OR

Sutra 143

Sobhana 5125

Moon 8 - Phase 20 - 6

Ashtami

6

Thursday, September 7, 2023

Retreat Star

Vrishabha Rasi: 28.04

Tithi 24

535516573

Routine Work

Marana Yoga

Gulika

Yama

Rahu

8:57AM – 10:34AM

5:43AM – 7:20AM

1:48PM – 3:25PM

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Mrigashira Until 10:40PM

Vajra\* Until 8:30AM

Taitila Until 3:21PM

Navami\* Until 4:03AM Fri

Ganesha: Orange

Muruga: Yellow

Nataraja: White

Moon – Yellow

Sravana\*Avani

Sunrise: 5:43AM

Sunset: 6:39PM

Sivaloka Day

Sun 7

Alsea, OR

Sutra 144

Sobhana 5125

Moon 8 - Phase 20 - 7

Navami

|   |                               |                   |                                                                                                                                                                                                              |                                  |                             |                     |                 |                        |
|---|-------------------------------|-------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|-----------------------------|---------------------|-----------------|------------------------|
| 1 | Friday, September 8, 2023     |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ardra Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Dashamyam Titau                               |                                  |                             |                     | Sun 8           | Sutra 145              |
|   | Mithuna Rasi: 10.24           | Tithi 25          | Gulika                                                                                                                                                                                                       | 7:21AM – 8:57AM                  | Ardra Until 12:47AM Sat     | Ganesha: Orange     | Sunrise: 5:44AM | Sobhana 5125           |
|   |                               |                   | Yama                                                                                                                                                                                                         | 3:24PM – 5:01PM                  | Siddhi Until 8:37AM         | Muruga: Yellow      | Sunset: 6:37PM  | Moon 8 - Phase 21 - 8  |
|   | Creative Work                 | Siddha Yoga       | 535516573 Rahu                                                                                                                                                                                               | 10:34AM – 12:11PM                | Vanija Until 4:55PM         | Nataraja: White     |                 | 2nd Phase              |
|   |                               |                   |                                                                                                                                                                                                              | Dashami Until 5:51AM Sat         |                             | Sivaloka Day        |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Sraavana*Avani                   |                             |                     |                 |                        |
| 2 | Saturday, September 9, 2023   |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Punarvasu Nakshatra Vyatipata*/Variyan Yoga Bava Karana Ekadashyam Titau                                  |                                  |                             |                     | Sun 9           | Alsea, OR<br>Sutra 146 |
|   | Mithuna Rasi: 22.31           | Tithi 26          | Gulika                                                                                                                                                                                                       | 5:45AM – 7:22AM                  | Punarvasu Until 3:37AM Sun  | Ganesha: Light Blue | Sunrise: 5:45AM | Sobhana 5125           |
|   |                               |                   | Yama                                                                                                                                                                                                         | 1:47PM – 3:23PM                  | Vyatipata* Until 9:06AM     | Muruga: Yellow      | Sunset: 6:35PM  | Moon 8 - Phase 21 - 9  |
|   | Creative Work                 | Siddha Yoga       | 545516573 Rahu                                                                                                                                                                                               | 8:58AM – 10:34AM                 | Bava Until 6:55PM           | Nataraja: White     |                 | 2nd Phase              |
|   |                               |                   |                                                                                                                                                                                                              | Ekadashi* Until 8:00AM Sun       |                             | Devaloka Day        |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Sraavana*Avani                   |                             |                     |                 |                        |
| 3 | Sunday, September 10, 2023    |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau                    |                                  |                             |                     | Sun 10          | Alsea, OR<br>Sutra 147 |
|   | Kataka Rasi: 4.31             | Tithi 26 – 27     | Gulika                                                                                                                                                                                                       | 3:22PM – 4:58PM                  | Pushya Until 6:29AM Mon     | Ganesha: Purple     | Sunrise: 5:47AM | Sobhana 5125           |
|   |                               |                   | Yama                                                                                                                                                                                                         | 12:10PM – 1:46PM                 | Variyan Until 9:48AM        | Muruga: Yellow      | Sunset: 6:33PM  | Moon 8 - Phase 21 - 10 |
|   | Creative Work                 | Siddha Yoga       | 545616573 Rahu                                                                                                                                                                                               | 4:58PM – 6:33PM                  | Kaulava Until 9:11PM        | Nataraja: White     |                 | 2nd Phase              |
|   |                               | Grandparent's Day |                                                                                                                                                                                                              | Ekadashi* Until 8:00AM           |                             | Devaloka Day        |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Sraavana*Avani                   |                             |                     |                 |                        |
| 4 | Monday, September 11, 2023    |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau             |                                  |                             |                     | Sun 11          | Alsea, OR<br>Sutra 148 |
|   | Kataka Rasi: 16.25            | Tithi 27 – 28     | Gulika                                                                                                                                                                                                       | 1:45PM – 3:21PM                  | Pushya Until 6:29AM         | Ganesha: Light Blue | Sunrise: 5:48AM | Sobhana 5125           |
|   | Family Home Evening           |                   | Yama                                                                                                                                                                                                         | 10:34AM – 12:10PM                | Parigha* Until 10:41AM      | Muruga: Yellow      | Sunset: 6:32PM  | Moon 8 - Phase 21 - 11 |
|   | Creative Work                 | Siddha Yoga       | 546616573 Rahu                                                                                                                                                                                               | 7:23AM – 8:59AM                  | Gara Until 11:37PM          | Nataraja: White     |                 | 2nd Phase              |
|   |                               |                   |                                                                                                                                                                                                              | Dvadashi* Until 10:22AM          |                             | Devaloka Day        |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Sraavana*Avani                   |                             |                     |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Pradosha Vrata (Fasting)         |                             |                     |                 |                        |
| 5 | Tuesday, September 12, 2023   |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau        |                                  |                             |                     | Sun 12          | Alsea, OR<br>Sutra 149 |
|   | Kataka Rasi: 28.17            | Tithi 28 – 29     | Gulika                                                                                                                                                                                                       | 12:09PM – 1:44PM                 | Ashlesha* Until 9:18AM      | Ganesha: Light Blue | Sunrise: 5:49AM | Sobhana 5125           |
|   |                               |                   | Yama                                                                                                                                                                                                         | 8:59AM – 10:34AM                 | Shiva Until 11:38AM         | Muruga: Yellow      | Sunset: 6:30PM  | Moon 8 - Phase 21 - 12 |
|   | Creative Work                 | Siddha Yoga       | 546616573 Rahu                                                                                                                                                                                               | 3:20PM – 4:55PM                  | Visti Until 2:04AM Wed      | Nataraja: White     |                 | 2nd Phase              |
|   |                               |                   |                                                                                                                                                                                                              | Trayodashi* Until 12:49PM        |                             | Devaloka Day        |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Sraavana*Avani                   |                             | Tour Day            |                 |                        |
| 6 | Wednesday, September 13, 2023 |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                  |                             |                     | Sun 13          | Alsea, OR<br>Sutra 150 |
|   | Simha Rasi: 10.08             | Tithi 29 – 30     | Gulika                                                                                                                                                                                                       | 10:34AM – 12:09PM                | Magha* Until 12:26PM        | Ganesha: Purple     | Sunrise: 5:50AM | Sobhana 5125           |
|   |                               |                   | Yama                                                                                                                                                                                                         | 7:25AM – 8:59AM                  | Siddha Until 12:33PM        | Muruga: Yellow      | Sunset: 6:28PM  | Moon 8 - Phase 21 - 13 |
|   | Creative Work                 | Siddha Yoga       | 556616573 Rahu                                                                                                                                                                                               | 12:09PM – 1:44PM                 | Catuspada Until 4:28AM Thu  | Nataraja: White     |                 | 2nd Phase              |
|   |                               |                   |                                                                                                                                                                                                              | Chaturdashi* Until 3:16PM        |                             | Devaloka Day        |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Sraavana*Avani                   |                             |                     |                 |                        |
| ● | Thursday, September 14, 2023  |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau  |                                  |                             |                     | Sun 14          | Alsea, OR<br>Sutra 151 |
|   | Retreat Star                  |                   | Gulika                                                                                                                                                                                                       | 9:00AM – 10:34AM                 | Purvaphalguni Until 3:20PM  | Ganesha: Purple     | Sunrise: 5:51AM | Sobhana 5125           |
|   | Simha Rasi: 22.01             | Tithi 30 – 1      | Yama                                                                                                                                                                                                         | 5:51AM – 7:26AM                  | Sadhya Until 1:24PM         | Muruga: Yellow      | Sunset: 6:26PM  | Moon 8 - Phase 21 - 14 |
|   | Creative Work                 | Siddha Yoga       | 556616573 Rahu                                                                                                                                                                                               | 1:43PM – 3:17PM                  | Kintughna Until 6:44AM Fri  | Nataraja: White     |                 | Amavasya               |
|   |                               |                   |                                                                                                                                                                                                              | Amavasya* Until 5:36PM           |                             | Devaloka Day        |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Sraavana*Avani                   |                             |                     |                 |                        |
|   | Friday, September 15, 2023    |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathamayam Titau                    |                                  |                             |                     | Sun 15          | Alsea, OR<br>Sutra 152 |
|   | Retreat Star                  |                   | Gulika                                                                                                                                                                                                       | 7:26AM – 9:00AM                  | Uttaraphalguni Until 5:53PM | Ganesha: Purple     | Sunrise: 5:52AM | Sobhana 5125           |
|   | Kanya Rasi: 3.58              | Tithi 1           | Yama                                                                                                                                                                                                         | 3:16PM – 4:50PM                  | Subha Until 2:09PM          | Muruga: White       | Sunset: 6:24PM  | Moon 8 - Phase 21 - 15 |
|   | Creative Work                 | Siddha Yoga       | 556626573 Rahu                                                                                                                                                                                               | 10:34AM – 12:08PM                | Kintughna Until 6:44AM      | Nataraja: White     |                 | Prathama               |
|   |                               |                   |                                                                                                                                                                                                              | Prathama* Until 7:45PM           |                             | Sivaloka Day        |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Bhadrapada*Avani                 |                             |                     |                 |                        |
|   |                               |                   |                                                                                                                                                                                                              | Then Creative Work - Amrita Yoga |                             |                     |                 |                        |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time. Calculated for Alsea, OR on 11/20/21

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|   |                               |                                  |                                                                                                                                                                                       |                                      |                                                          |                                      |                                   |                                        |
|---|-------------------------------|----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|----------------------------------------------------------|--------------------------------------|-----------------------------------|----------------------------------------|
| 1 | Saturday, September 16, 2023  |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau             |                                      |                                                          |                                      | Sun 16                            | Alsea, OR<br>Sutra 153                 |
|   | Kanya Rasi: 15.59             | Tithi 2                          | Gulika<br>Yama                                                                                                                                                                        | 5:53AM – 7:27AM<br>1:41PM – 3:15PM   | Hasta Until 8:30PM<br>Sukla Until 2:39PM                 | Ganesha: Light Blue<br>Muruga: White | Sunrise: 5:53AM<br>Sunset: 6:22PM | Sobhana 5125<br>Moon 8 - Phase 22 - 16 |
|   | 566626573                     | Rahu                             | 9:01AM – 10:34AM                                                                                                                                                                      | Balava Until 8:46AM                  | Nataraja: White<br>Moon – Green                          | Sivaloka Day                         |                                   |                                        |
|   | Routine Work                  | Marana Yoga                      | Dvitiya Until 9:38PM                                                                                                                                                                  |                                      | Bhadrapada*Puratasi                                      |                                      |                                   |                                        |
| 2 | Sunday, September 17, 2023    |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau              |                                      |                                                          |                                      | Sun 17                            | Alsea, OR<br>Sutra 154                 |
|   | Kanya Rasi: 28.09             | Tithi 3                          | Gulika<br>Yama                                                                                                                                                                        | 3:14PM – 4:47PM<br>12:08PM – 1:41PM  | Chitra Until 10:37PM<br>Brahma Until 2:56PM              | Ganesha: Light Blue<br>Muruga: White | Sunrise: 5:55AM<br>Sunset: 6:20PM | Sobhana 5125<br>Moon 8 - Phase 22 - 17 |
|   | 566626573                     | Rahu                             | 4:47PM – 6:20PM                                                                                                                                                                       | Taitila Until 10:28AM                | Nataraja: White<br>Moon – Green                          | Sivaloka Day                         |                                   |                                        |
|   | Creative Work                 | Siddha Yoga                      | Tritiya Until 11:09PM                                                                                                                                                                 |                                      | Bhadrapada*Puratasi                                      |                                      |                                   |                                        |
| 3 | Monday, September 18, 2023    |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau          |                                      |                                                          |                                      | Sun 18                            | Alsea, OR<br>Sutra 155                 |
|   | Tula Rasi: 10.28              | Tithi 4                          | Gulika<br>Yama                                                                                                                                                                        | 1:40PM – 3:13PM<br>10:34AM – 12:07PM | Svati Until 12:08AM Tue<br>Indra Until 2:53PM            | Ganesha: Purple<br>Muruga: White     | Sunrise: 5:56AM<br>Sunset: 6:19PM | Sobhana 5125<br>Moon 8 - Phase 22 - 18 |
|   | Family Home Evening           | 567626573                        | Rahu                                                                                                                                                                                  | 7:29AM – 9:01AM                      | Vanija Until 11:47AM                                     | Nataraja: White<br>Moon – Green      | Sivaloka Day                      |                                        |
|   | Creative Work                 | Amrita Yoga                      | Ganesha Chaturthi                                                                                                                                                                     |                                      | Chaturthi* Until 12:14AM Tue                             |                                      | Bhadrapada*Puratasi               |                                        |
| 4 | Tuesday, September 19, 2023   |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau |                                      |                                                          |                                      | Sun 19                            | Alsea, OR<br>Sutra 156                 |
|   | Tula Rasi: 22.59              | Tithi 5                          | Gulika<br>Yama                                                                                                                                                                        | 12:07PM – 1:39PM<br>9:02AM – 10:34AM | Vishakha Until 1:28AM Wed<br>Vaidhriti* Until 2:26PM     | Ganesha: Clear<br>Muruga: White      | Sunrise: 5:57AM<br>Sunset: 6:17PM | Sobhana 5125<br>Moon 8 - Phase 22 - 19 |
|   | 577626573                     | Rahu                             | 3:12PM – 4:44PM                                                                                                                                                                       | Bava Until 12:36PM                   | Nataraja: White<br>Moon – Orange                         | Subha Sivaloka Day                   |                                   |                                        |
|   | Routine Work                  | Marana Yoga                      | Panchami Until 12:47AM Wed                                                                                                                                                            |                                      | Bhadrapada*Puratasi                                      |                                      |                                   |                                        |
| 5 | Wednesday, September 20, 2023 |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau    |                                      |                                                          |                                      | Sun 20                            | Alsea, OR<br>Sutra 157                 |
|   | Vrischika Rasi: 5.45          | Tithi 6                          | Gulika<br>Yama                                                                                                                                                                        | 10:34AM – 12:06PM<br>7:30AM – 9:02AM | Anuradha Until 2:04AM Thu<br>Vishkambha* Until 1:34PM    | Ganesha: Clear<br>Muruga: White      | Sunrise: 5:58AM<br>Sunset: 6:15PM | Sobhana 5125<br>Moon 8 - Phase 22 - 20 |
|   | 577626573                     | Rahu                             | 12:06PM – 1:39PM                                                                                                                                                                      | Kaulava Until 12:52PM                | Nataraja: White<br>Moon – Orange                         | Subha Sivaloka Day                   |                                   |                                        |
|   | Creative Work                 | Siddha Yoga                      | Shashthi* Until 12:45AM Thu                                                                                                                                                           |                                      | Bhadrapada*Puratasi                                      |                                      |                                   |                                        |
| 6 | Thursday, September 21, 2023  |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau            |                                      |                                                          |                                      | Sun 21                            | Alsea, OR<br>Sutra 158                 |
|   | Vrischika Rasi: 18.49         | Tithi 7                          | Gulika<br>Yama                                                                                                                                                                        | 9:03AM – 10:34AM<br>5:59AM – 7:31AM  | Jyeshtha* Until 1:54AM Fri<br>Priti Until 12:13PM        | Ganesha: Clear<br>Muruga: White      | Sunrise: 5:59AM<br>Sunset: 6:13PM | Sobhana 5125<br>Moon 8 - Phase 22 - 21 |
|   | 577626573                     | Rahu                             | 1:38PM – 3:10PM                                                                                                                                                                       | Gara Until 12:31PM                   | Nataraja: White<br>Moon – Orange                         | Subha Sivaloka Day                   |                                   |                                        |
|   | Routine Work                  | Prabalarishta Yoga               | Saptami Until 12:05AM Fri                                                                                                                                                             |                                      | Bhadrapada*Puratasi                                      |                                      |                                   |                                        |
| D | Friday, September 22, 2023    |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau           |                                      |                                                          |                                      | Sun 22                            | Alsea, OR<br>Sutra 159                 |
|   | Retreat Star                  |                                  | Gulika<br>Yama                                                                                                                                                                        | 7:32AM – 9:03AM<br>3:08PM – 4:40PM   | Mula* Until 1:24AM Sat<br>Ayushman Until 10:20AM         | Ganesha: White<br>Muruga: White      | Sunrise: 6:00AM<br>Sunset: 6:11PM | Sobhana 5125<br>Moon 8 - Phase 22 - 22 |
|   | Dhanus Rasi: 2.13             | Tithi 8                          | 587626573                                                                                                                                                                             | Rahu                                 | Visti Until 11:32AM                                      | Nataraja: White<br>Moon – Light Blue | Sivaloka Day                      |                                        |
|   | Creative Work                 | Amrita Yoga                      | Ashtami* Until 10:47PM                                                                                                                                                                |                                      | Bhadrapada*Puratasi                                      |                                      |                                   |                                        |
|   | Saturday, September 23, 2023  |                                  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau   |                                      |                                                          |                                      | Sun 23                            | Alsea, OR<br>Sutra 160                 |
|   | Retreat Star                  |                                  | Gulika<br>Yama                                                                                                                                                                        | 6:02AM – 7:33AM<br>1:36PM – 3:07PM   | Purvashadha* Until 12:10AM Sun<br>Saubhagya Until 7:58AM | Ganesha: White<br>Muruga: White      | Sunrise: 6:02AM<br>Sunset: 6:09PM | Sobhana 5125<br>Moon 8 - Phase 22 - 23 |
|   | Dhanus Rasi: 15.59            | Tithi 9                          | 587626573                                                                                                                                                                             | Rahu                                 | Balava Until 9:55AM                                      | Nataraja: White<br>Moon – Light Blue | Sivaloka Day                      |                                        |
|   | Creative Work                 | Siddha Yoga                      | Navami* Until 8:52PM                                                                                                                                                                  |                                      | Bhadrapada*Puratasi                                      |                                      |                                   |                                        |
|   |                               | Then Creative Work - Amrita Yoga |                                                                                                                                                                                       |                                      |                                                          |                                      |                                   |                                        |

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| <b>1 Sunday, September 24, 2023</b> |             | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau |                                            | Alsea, OR<br>Sutra 161                                                                                                  |                                                                                                                                            |
| Makara Rasi: 0.08                   | Tithi 10    | <b>Gulika</b><br>Yama                                                                                                                                                       | <b>3:06PM – 4:37PM</b><br>12:05PM – 1:36PM | <b>Uttarashadha Until 10:15PM</b><br>Athiganda* Until 1:51AM Mon<br>Taitila Until 7:44AM<br><b>Dashami Until 6:25PM</b> | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Light Blue<br><b>Sivaloka Day</b><br>Bhadrapada*Puratasi |
| Creative Work                       | Amrita Yoga | 587626573                                                                                                                                                                   | <b>Rahu</b><br><b>4:37PM – 6:07PM</b>      |                                                                                                                         | Sun 24<br>Sobhana 5125<br>Moon 8 - Phase 23 - 24<br>4th Phase                                                                              |

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| <b>2 Monday, September 25, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                             | Alsea, OR<br>Sutra 162                                                                                         |                                                                                                                                                    |
| Makara Rasi: 14.37                  | Tithi 11 – 12 | <b>Gulika</b><br>Yama                                                                                                                                                        | <b>1:35PM – 3:05PM</b><br>10:35AM – 12:05PM | <b>Shravana Until 8:11PM</b><br>Sukarma Until 10:15PM<br>Bava Until 1:57AM Tue<br><b>Ekadashi Until 3:31PM</b> | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Subha Subha Sivaloka Day</b><br>Bhadrapada*Puratasi |
| <b>Family Home Evening</b>          |               | 598626573                                                                                                                                                                    | <b>Rahu</b><br><b>7:34AM – 9:04AM</b>       |                                                                                                                | Sun 25<br>Sobhana 5125<br>Moon 8 - Phase 23 - 25<br>4th Phase                                                                                      |
| Creative Work                       | Amrita Yoga   |                                                                                                                                                                              |                                             |                                                                                                                |                                                                                                                                                    |
| Until 8:11PM                        |               |                                                                                                                                                                              |                                             |                                                                                                                |                                                                                                                                                    |
| Then Creative Work - Siddha Yoga    |               |                                                                                                                                                                              |                                             |                                                                                                                |                                                                                                                                                    |

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| <b>3 Tuesday, September 26, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                             | Alsea, OR<br>Sutra 163                                                                                          |                                                                                                                                                    |
| Makara Rasi: 29.23                   | Tithi 12 – 13 | <b>Gulika</b><br>Yama                                                                                                                                                                              | <b>12:04PM – 1:34PM</b><br>9:05AM – 10:35AM | <b>Dhanishtha Until 5:41PM</b><br>Dhriti Until 6:24PM<br>Kaulava Until 10:36PM<br><b>Dvadashi Until 12:17PM</b> | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Subha Subha Sivaloka Day</b><br>Bhadrapada*Puratasi |
| Creative Work                        | Siddha Yoga   | 598626573                                                                                                                                                                                          | <b>Rahu</b><br><b>3:04PM – 4:34PM</b>       |                                                                                                                 | Sun 26<br>Sobhana 5125<br>Moon 8 - Phase 23 - 26<br>4th Phase                                                                                      |
| Until 5:41PM                         |               |                                                                                                                                                                                                    |                                             |                                                                                                                 |                                                                                                                                                    |
| Then Routine Work - Marana Yoga      |               |                                                                                                                                                                                                    |                                             |                                                                                                                 |                                                                                                                                                    |
|                                      |               |                                                                                                                                                                                                    |                                             | <i>Pradosha Vrata</i>                                                                                           |                                                                                                                                                    |

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| <b>4 Wednesday, September 27, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Shatabhishak/Purvaprosarthpada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                                                 | Alsea, OR<br>Sutra 164                                                                                         |                                                                                                                                              |
| Kumbha Rasi: 14.21                     | Tithi 13 – 14 | <b>Gulika</b><br>Yama                                                                                                                                                                                            | <b>10:35AM – 12:04PM</b><br>7:36AM – 9:05AM                     | <b>Shatabhishak Until 2:53PM</b><br>Shula* Until 2:25PM<br>Gara Until 7:08PM<br><b>Trayodashi Until 8:51AM</b> | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Purple<br><b>Subha Sivaloka Day</b><br>Bhadrapada*Puratasi |
| Creative Work                          | Siddha Yoga   | 698626573                                                                                                                                                                                                        | <b>Rahu</b><br><b>12:04PM – 1:33PM</b>                          |                                                                                                                | Sun 27<br>Sobhana 5125<br>Moon 8 - Phase 23 - 27<br>4th Phase                                                                                |
| Until 2:53PM                           |               |                                                                                                                                                                                                                  |                                                                 |                                                                                                                |                                                                                                                                              |
| Then Creative Work - Amrita Yoga       |               |                                                                                                                                                                                                                  |                                                                 |                                                                                                                |                                                                                                                                              |
|                                        |               |                                                                                                                                                                                                                  | <b>Chidambaram Abhishekam</b><br><b>Kadaitswami Mahasamadhi</b> |                                                                                                                |                                                                                                                                              |

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| <b>○ Thursday, September 28, 2023</b> |             | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Purnimayam Titau |                                            | Alsea, OR<br>Sutra 165                                                                                                    |                                                                                                                                              |
| <b>Copper Retreat Star</b>            |             | <b>Gulika</b><br>Yama                                                                                                                                                                                  | <b>9:06AM – 10:35AM</b><br>6:07AM – 7:36AM | <b>Purvaprosarthpada* Until 12:21PM</b><br>Ganda* Until 10:26AM<br>Visti Until 3:42PM<br><b>Purnima* Until 2:01AM Fri</b> | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Subha Sivaloka Day</b><br>Bhadrapada*Puratasi |
| Kumbha Rasi: 29.22                    | Tithi 15    | 618626573                                                                                                                                                                                              | <b>Rahu</b><br><b>1:33PM – 3:02PM</b>      |                                                                                                                           | Sobhana 5125<br>Moon 8 - Phase 23 -<br>Purnima                                                                                               |
| Creative Work                         | Siddha Yoga |                                                                                                                                                                                                        |                                            |                                                                                                                           |                                                                                                                                              |

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| <b>Friday, September 29, 2023</b> |             | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttaraprosarthpada/Revati Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau |                                           | Alsea, OR<br>Sutra 166                                                                                                  |                                                                                                                                              |
| <b>Silver Retreat Star</b>        |             | <b>Gulika</b><br>Yama                                                                                                                                                                             | <b>7:37AM – 9:06AM</b><br>3:01PM – 4:29PM | <b>Uttaraprosarthpada Until 9:50AM</b><br>Vridhi Until 6:35AM<br>Balava Until 12:26PM<br><b>Prathama* Until 10:55PM</b> | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Subha Sivaloka Day</b><br>Bhadrapada*Puratasi |
| Meena Rasi: 14.17                 | Tithi 16    | 618626573                                                                                                                                                                                         | <b>Rahu</b><br><b>10:35AM – 12:03PM</b>   |                                                                                                                         | Sobhana 5125<br>Moon 8 - Phase 23 -<br>Prathama                                                                                              |
| Creative Work                     | Siddha Yoga |                                                                                                                                                                                                   |                                           |                                                                                                                         |                                                                                                                                              |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord’s praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time. Calculated for Alsea, OR on 11/20/21

[www.gurudeva.org/panchang](http://www.gurudeva.org/panchang)

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| <div>  </div> | <b>Saturday, September 30, 2023</b><br><b>Gold Retreat Star</b>               |                                      | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dvitiyayam Titau |  | <b>Revati Until 7:31AM</b><br>Vyaghata* Until 11:43PM<br>Taitila Until 9:32AM<br><b>Dvitiya Until 8:14PM</b>             |  | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Clear<br><b>Subha Sivaloka Day</b><br><b>Bhadrapada•Puratasi</b>      |  | <b>Sunrise:</b> 6:10AM<br><b>Sunset:</b> 5:56PM<br>Moon 9 - Phase 24 - 1st Phase |  | Alsea, OR<br>Sutra 167<br>Sobhana 5125 |
|                                                                                            | Meena Rasi: 28.59<br>Tithi 17<br>618626573                                    | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>6:10AM – 7:38AM</b><br>1:31PM – 3:00PM<br><b>9:06AM – 10:35AM</b>                                                                                                            |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| Routine Work    Prabalarishta Yoga<br>Until 7:31AM<br>Then Creative Work - Siddha Yoga     |                                                                               |                                      |                                                                                                                                                                                 |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| <div> <b>1</b> </div>                                                                      | <b>Sunday, October 1, 2023</b>                                                |                                      | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bharani Nakshatra Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau                                 |  | <b>Bharani Until 4:53AM Mon</b><br>Harshana Until 8:58PM<br>Vanija Until 7:07AM<br><b>Tritiya Until 6:07PM</b>           |  | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – White<br><b>Subha Sivaloka Day</b><br><b>Bhadrapada•Puratasi</b>       |  | <b>Sunrise:</b> 6:11AM<br><b>Sunset:</b> 5:54PM<br>Moon 9 - Phase 24 - 1st Phase |  | Alsea, OR<br>Sutra 168<br>Sobhana 5125 |
|                                                                                            | Mesha Rasi: 13.21<br>Tithi 18<br>629626573                                    | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>2:59PM – 4:26PM</b><br>12:03PM – 1:31PM<br><b>4:26PM – 5:54PM</b>                                                                                                            |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| Routine Work    Prabalarishta Yoga<br>Until 4:53AM Mon<br>Then Routine Work - Marana Yoga  |                                                                               |                                      |                                                                                                                                                                                 |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| <div> <b>2</b> </div>                                                                      | <b>Monday, October 2, 2023</b>                                                |                                      | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Krittika Nakshatra Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau                       |  | <b>Krittika Until 4:23AM Tue</b><br>Vajra* Until 6:45PM<br>Kaulava Until 4:17AM Tue<br><b>Chaturthi* Until 4:42PM</b>    |  | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – White<br><b>Subha Sivaloka Day</b><br><b>Bhadrapada•Puratasi</b>       |  | <b>Sunrise:</b> 6:12AM<br><b>Sunset:</b> 5:53PM<br>Moon 9 - Phase 24 - 2nd Phase |  | Alsea, OR<br>Sutra 169<br>Sobhana 5125 |
|                                                                                            | Mesha Rasi: 27.18<br>Tithi 19 – 20<br><b>Family Home Evening</b><br>629626573 | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>1:30PM – 2:57PM</b><br>10:35AM – 12:02PM<br><b>7:40AM – 9:07AM</b>                                                                                                           |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| Routine Work    Marana Yoga<br>Until 4:23AM Tue<br>Then Creative Work - Amrita Yoga        |                                                                               |                                      |                                                                                                                                                                                 |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| <div> <b>3</b> </div>                                                                      | <b>Tuesday, October 3, 2023</b>                                               |                                      | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Rohini Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau                 |  | <b>Rohini Until 4:58AM Wed</b><br>Siddhi Until 5:10PM<br>Gara Until 4:03AM Wed<br><b>Panchami Until 4:03PM</b>           |  | <b>Ganesha:</b> Purple<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Sivaloka Day</b><br><b>Bhadrapada•Puratasi</b>           |  | <b>Sunrise:</b> 6:13AM<br><b>Sunset:</b> 5:51PM<br>Moon 9 - Phase 24 - 3rd Phase |  | Alsea, OR<br>Sutra 170<br>Sobhana 5125 |
|                                                                                            | Vrishabha Rasi: 10.48<br>Tithi 20 – 21<br>639626573                           | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>12:02PM – 1:29PM</b><br>9:08AM – 10:35AM<br><b>2:56PM – 4:24PM</b>                                                                                                           |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| Creative Work    Amrita Yoga<br>Until 4:58AM Wed<br>Then Creative Work - Siddha Yoga       |                                                                               |                                      |                                                                                                                                                                                 |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| <div> <b>4</b> </div>                                                                      | <b>Wednesday, October 4, 2023</b>                                             |                                      | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira Nakshatra Vyatipata* Varyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau             |  | <b>Mrigashira Until 6:10AM Thu</b><br>Vyatipata* Until 4:14PM<br>Visti Until 4:36AM Thu<br><b>Shashthi* Until 4:12PM</b> |  | <b>Ganesha:</b> Purple<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Sivaloka Day</b><br><b>Bhadrapada•Puratasi</b>           |  | <b>Sunrise:</b> 6:15AM<br><b>Sunset:</b> 5:49PM<br>Moon 9 - Phase 24 - 4th Phase |  | Alsea, OR<br>Sutra 171<br>Sobhana 5125 |
|                                                                                            | Vrishabha Rasi: 23.53<br>Tithi 21 – 22<br>639626573                           | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>10:35AM – 12:02PM</b><br>7:41AM – 9:08AM<br><b>12:02PM – 1:29PM</b>                                                                                                          |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| Creative Work    Siddha Yoga<br>Until 6:10AM Thu<br>Then Routine Work - Marana Yoga        |                                                                               |                                      |                                                                                                                                                                                 |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| <div> <b>5</b> </div>                                                                      | <b>Thursday, October 5, 2023</b>                                              |                                      | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mrigashira/Ardra Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau           |  | <b>Mrigashira Until 6:10AM</b><br>Variyan Until 3:52PM<br>Balava Until 5:51AM Fri<br><b>Saptami Until 5:07PM</b>         |  | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Subha Sivaloka Day</b><br><b>Bhadrapada•Puratasi</b>      |  | <b>Sunrise:</b> 6:16AM<br><b>Sunset:</b> 5:47PM<br>Moon 9 - Phase 24 - 5th Phase |  | Alsea, OR<br>Sutra 172<br>Sobhana 5125 |
|                                                                                            | Mithuna Rasi: 6.34<br>Tithi 22 – 23<br>639726573                              | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>9:09AM – 10:35AM</b><br>6:16AM – 7:42AM<br><b>1:28PM – 2:54PM</b>                                                                                                            |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| Routine Work    Marana Yoga                                                                |                                                                               |                                      |                                                                                                                                                                                 |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| <div> <b>6</b> </div>                                                                      | <b>Friday, October 6, 2023</b><br><b>Retreat Star</b>                         |                                      | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Kaulava Karana Ashtamyam Titau                          |  | <b>Ardra Until 7:53AM</b><br>Parigha* Until 4:00PM<br>Kaulava Until 6:42PM<br><b>Ashtami* Until 6:42PM</b>               |  | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Yellow<br><b>Subha Sivaloka Day</b><br><b>Bhadrapada•Puratasi</b>      |  | <b>Sunrise:</b> 6:17AM<br><b>Sunset:</b> 5:45PM<br>Moon 9 - Phase 24 - 6th Phase |  | Alsea, OR<br>Sutra 173<br>Sobhana 5125 |
|                                                                                            | Mithuna Rasi: 18.57<br>Tithi 23<br>639726573                                  | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>7:43AM – 9:09AM</b><br>2:53PM – 4:19PM<br><b>10:35AM – 12:01PM</b>                                                                                                           |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| Creative Work    Siddha Yoga                                                               |                                                                               |                                      |                                                                                                                                                                                 |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| <div> <b>7</b> </div>                                                                      | <b>Saturday, October 7, 2023</b><br><b>Retreat Star</b>                       |                                      | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau                       |  | <b>Punarvasu Until 10:28AM</b><br>Shiva Until 4:33PM<br>Taitila Until 7:42AM<br><b>Navami* Until 8:45PM</b>              |  | <b>Ganesha:</b> Purple<br><b>Muruga:</b> White<br><b>Nataraja:</b> White<br>Moon – Blue<br><b>Subha Subha Sivaloka Day</b><br><b>Bhadrapada•Puratasi</b> |  | <b>Sunrise:</b> 6:18AM<br><b>Sunset:</b> 5:44PM<br>Moon 9 - Phase 24 - 7th Phase |  | Alsea, OR<br>Sutra 174<br>Sobhana 5125 |
|                                                                                            | Kataka Rasi: 1.05<br>Tithi 24<br>649726573                                    | <b>Gulika</b><br>Yama<br><b>Rahu</b> | <b>6:18AM – 7:44AM</b><br>1:27PM – 2:52PM<br><b>9:10AM – 10:35AM</b>                                                                                                            |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |
| Creative Work    Siddha Yoga                                                               |                                                                               |                                      |                                                                                                                                                                                 |  |                                                                                                                          |  |                                                                                                                                                          |  |                                                                                  |  |                                        |

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| <b>1 Sunday, October 8, 2023</b> |             | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Siddha/Sadhyo Yoga Vanija/Visti* Karana Dashamyam Titau |                                                   | Sun 8 Sutra 175<br>Sobhana 5125                  |                                                 |
| Kataka Rasi: 13.04               | Tithi 25    | <b>Gulika</b> 2:51PM – 4:16PM<br><b>Yama</b> 12:01PM – 1:26PM                                                                                                                         | <b>Pushya Until 1:14PM</b><br>Siddha Until 5:19PM | <b>Ganesha:</b> Purple<br><b>Muruga:</b> White   | <i>Sunrise:</i> 6:19AM<br><i>Sunset:</i> 5:42PM |
| Creative Work                    | Siddha Yoga | 649726574 <b>Rahu</b> 4:16PM – 5:42PM                                                                                                                                                 | Vanija Until 9:56AM                               | <b>Nataraja:</b> Clear<br>Moon – Blue            | Moon 9 - Phase 25 - 8<br>2nd Phase              |
|                                  |             | <b>Dashami Until 11:07PM</b>                                                                                                                                                          |                                                   | <b>Subha Sivaloka Day</b><br>Bhadrapada*Puratasi |                                                 |

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| <div>2</div> <div>Monday, October 9, 2023</div> |             | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau |                   |                        |                     |                    |                       | Alsea, OR<br>Sutra 176 |  |
|                                                 |             | Gulika                                                                                                                                                                       | 1:25PM – 2:50PM   | Ashlesha* Until 4:02PM | Ganesha: Blue       | Sunrise: 6:21AM    | Sun 9                 | Sobhana 5125           |  |
| Kataka Rasi: 24.57                              | Tithi 26    | Yama                                                                                                                                                                         | 10:35AM – 12:00PM | Sadhya Until 6:13PM    | Muruga: White       | Sunset: 5:40PM     | Moon 9 - Phase 25 - 9 | 2nd Phase              |  |
| Family Home Evening                             |             | 641726574                                                                                                                                                                    | Rahu              | 7:46AM – 9:10AM        | Bava Until 12:23PM  | Nataraja: Clear    |                       |                        |  |
| Creative Work                                   | Siddha Yoga |                                                                                                                                                                              |                   |                        | Moon – Blue         | Subha Sivaloka Day |                       |                        |  |
| Until 4:02PM                                    |             | Ekadashi* Until 1:37AM Tue                                                                                                                                                   |                   |                        | Bhadrapada*Puratasi |                    |                       |                        |  |
| Then Routine Work - Marana Yoga                 |             |                                                                                                                                                                              |                   |                        |                     |                    |                       |                        |  |

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| <b>3 Tuesday, October 10, 2023</b> |             | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                                  | Sun 10 Sutra 177<br>Sobhana 5125            |                                                 |
| Simha Rasi: 6.48                   | Tithi 27    | <b>Gulika</b> 12:00PM – 1:25PM<br><b>Yama</b> 9:11AM – 10:36AM                                                                                                           | <b>Magha* Until 7:11PM</b><br>Subha Until 7:08PM | <b>Ganesha:</b> Red<br><b>Muruga:</b> White | <i>Sunrise:</i> 6:22AM<br><i>Sunset:</i> 5:38PM |
|                                    |             | 651726574 <b>Rahu</b> 2:49PM – 4:14PM                                                                                                                                    | Kaulava Until 2:53PM                             | <b>Nataraja:</b> Clear<br>Moon – Red        | Moon 9 - Phase 25 - 10<br>2nd Phase             |
| Creative Work                      | Siddha Yoga | <b>Dvadashi* Until 4:04AM Wed</b>                                                                                                                                        |                                                  | <b>Sivaloka Day</b><br>Bhadrapada*Puratasi  |                                                 |

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| 4 | Wednesday, October 11, 2023 |             | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaphalguni Nakshatra Sukla Yoga Gara/Vanija Karana Trayodashyam Titau |                              |                             |                 |                     | Alsea, OR<br>Sutra 178 |        |
|   |                             |             | Gulika                                                                                                                                                                      | 10:36AM – 12:00PM            | Purvaphalguni Until 10:02PM |                 | Ganesha: Red        | Sunrise: 6:23AM        | Sun 11 |
|   | Simha Rasi: 18.41           | Tithi 28    | Yama                                                                                                                                                                        | 7:47AM – 9:11AM              | Sukla Until 7:55PM          | Muruga: White   | Sunset: 5:36PM      | Sobhana 5125           |        |
|   |                             | 651726574   | Rahu                                                                                                                                                                        | 12:00PM – 1:24PM             | Gara Until 5:16PM           | Nataraja: Clear |                     | Moon 9 - Phase 25 - 11 |        |
|   | Creative Work               | Amrita Yoga |                                                                                                                                                                             |                              |                             | Moon – Red      |                     | 2nd Phase              |        |
|   |                             |             |                                                                                                                                                                             | Trayodashi* Until 6:21AM Thu |                             |                 | Sivaloka Day        |                        |        |
|   |                             |             |                                                                                                                                                                             | Pradosha Vrata (Fasting)     |                             |                 | Bhadrapada*Puratasi |                        |        |

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| <b>5 Thursday, October 12, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                                                | Sun 12 Sutra 179<br>Sobhana 5125            |                                                 |
| Kanya Rasi: 0.38                    | Tithi 28 – 29 | <b>Gulika</b> 9:12AM – 10:36AM<br><b>Yama</b> 6:24AM – 7:48AM                                                                                                                              | <b>Uttaraphalguni Until 12:27AM Fri</b><br>Brahma Until 8:31PM | <b>Ganesha:</b> Red<br><b>Muruga:</b> White | <i>Sunrise:</i> 6:24AM<br><i>Sunset:</i> 5:35PM |
|                                     |               | 651726574 <b>Rahu</b> 1:23PM – 2:47PM                                                                                                                                                      | Visti Until 7:24PM                                             | <b>Nataraja:</b> Clear<br>Moon – Red        | Moon 9 - Phase 25 - 12<br>2nd Phase             |
| Amrita Yoga                         |               | <b>Trayodashi* Until 6:21AM</b>                                                                                                                                                            |                                                                | <b>Sivaloka Day</b><br>Bhadrapada*Puratasi  |                                                 |

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| <b>Friday, October 13, 2023</b> |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasta Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                          |                               |                                  |                        | Sun 13                 |                        | Alsea, OR<br>Sutra 180 |              |
| <b>Retreat Star</b>             |               | <b>Gulika</b>                                                                                                                                                                         | <b>7:49AM – 9:12AM</b>   | <b>Hasta Until 2:52AM Sat</b> |                                  | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:26AM |                        |                        | Sobhana 5125 |
| Kanya Rasi: 12.43               | Tithi 29 – 30 | Yama                                                                                                                                                                                  | 2:46PM – 4:10PM          | Indra Until 8:52PM            |                                  | <b>Muruga:</b> White   | <i>Sunset:</i> 5:33PM  | Moon 9 - Phase 25 - 13 |                        | Amavasya     |
|                                 |               | 661726574 <b>Rahu</b>                                                                                                                                                                 | <b>10:36AM – 11:59AM</b> | Catuspada Until 9:11PM        |                                  | <b>Nataraja:</b> Clear |                        |                        |                        |              |
| Creative Work                   | Amrita Yoga   | <b>Mahalaya Amavasai (Tamil Nadu)</b>                                                                                                                                                 |                          |                               | <b>Chaturdashi* Until 8:19AM</b> | Moon – Green           | <b>Sivaloka Day</b>    |                        |                        |              |
| Until 2:52AM Sat                |               |                                                                                                                                                                                       |                          |                               |                                  |                        |                        |                        |                        |              |
| Then Routine Work - Marana Yoga |               |                                                                                                                                                                                       |                          |                               |                                  |                        |                        |                        |                        |              |

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| Saturday, October 14, 2023       |  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |  |                         |  |                         |  | Alsea, OR<br>Sutra 181 |  |                                    |  |
| Retreat Star                     |  | Gulika 6:27AM – 7:50AM                                                                                                                                                               |  | Chitra Until 4:41AM Sun |  | Ganesha: Yellow         |  | Sunrise: 6:27AM        |  | Sun 14<br>Sobhana 5125             |  |
| Kanya Rasi: 24.56                |  | Tithi 30 – 1                                                                                                                                                                         |  | Yama 1:22PM – 2:45PM    |  | Vaidhriti* Until 8:52PM |  | Muruga: White          |  | Sunset: 5:31PM                     |  |
| 661726574                        |  | Rahu 9:13AM – 10:36AM                                                                                                                                                                |  | Kintughna Until 10:33PM |  | Nataraja: Clear         |  | Moon – Green           |  | Moon 9 - Phase 25 - 14<br>Prathama |  |
| Routine Work                     |  | Marana Yoga                                                                                                                                                                          |  | Navaratri Begins        |  | Amavasya* Until 9:54AM  |  | Ashvina*Puratasi       |  | Sivaloka Day                       |  |
| Until 4:41AM Sun                 |  |                                                                                                                                                                                      |  |                         |  |                         |  |                        |  |                                    |  |
| Then Creative Work - Siddha Yoga |  |                                                                                                                                                                                      |  |                         |  |                         |  |                        |  |                                    |  |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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| <b>1</b>                               |                    | <b>Sunday, October 15, 2023</b>    |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati Nakshatra V'ishkambha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau                      |                   | Sun 15          |                        | Sutra 182 |
| Tula Rasi: 7.2                         | Tithi 1 – 2        | Gulika                             | 2:44PM – 4:07PM   | Svati Until 5:54AM Mon                                                                                                                                                                               | Ganesha: Yellow   | Sunrise: 6:28AM | Sobhana 5125           |           |
|                                        |                    | Yama                               | 11:59AM – 1:22PM  | Vishkambha* Until 8:31PM                                                                                                                                                                             | Muruga: White     | Sunset: 5:30PM  | Moon 9 - Phase 26 - 15 |           |
|                                        |                    | 661726574 Rahu                     | 4:07PM – 5:30PM   | Balava Until 11:27PM                                                                                                                                                                                 | Nataraja: Clear   |                 | 3rd Phase              |           |
| Creative Work                          | Siddha Yoga        |                                    |                   | Prathama* Until 11:02AM                                                                                                                                                                              | Ashvina*Puratasi  |                 | <b>Sivaloka Day</b>    |           |
| Until 5:54AM Mon                       |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| Then Routine Work - Marana Yoga        |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| <b>2</b>                               |                    | <b>Monday, October 16, 2023</b>    |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau                        |                   | Sun 16          |                        | Sutra 183 |
| Tula Rasi: 19.58                       | Tithi 2 – 3        | Gulika                             | 1:21PM – 2:43PM   | Vishakha Until 6:58AM Tue                                                                                                                                                                            | Ganesha: Yellow   | Sunrise: 6:29AM | Sobhana 5125           |           |
| <b>Family Home Evening</b>             |                    | Yama                               | 10:36AM – 11:59AM | Priti Until 7:50PM                                                                                                                                                                                   | Muruga: White     | Sunset: 5:28PM  | Moon 9 - Phase 26 - 16 |           |
| Routine Work                           | Marana Yoga        | 661726574 Rahu                     | 7:52AM – 9:14AM   | Taitila Until 11:53PM                                                                                                                                                                                | Nataraja: Clear   |                 | 3rd Phase              |           |
| Until 6:58AM Tue                       |                    |                                    |                   | Dvitiya Until 11:43AM                                                                                                                                                                                | Ashvina*Puratasi  |                 | <b>Sivaloka Day</b>    |           |
| Then Creative Work - Siddha Yoga       |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| <b>3</b>                               |                    | <b>Tuesday, October 17, 2023</b>   |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau             |                   | Sun 17          |                        | Sutra 184 |
| Vrischika Rasi: 2.47                   | Tithi 3 – 4        | Gulika                             | 11:58AM – 1:20PM  | Vishakha Until 6:58AM                                                                                                                                                                                | Ganesha: Red      | Sunrise: 6:31AM | Sobhana 5125           |           |
|                                        |                    | Yama                               | 9:15AM – 10:36AM  | Ayushman Until 6:45PM                                                                                                                                                                                | Muruga: White     | Sunset: 5:26PM  | Moon 9 - Phase 26 - 17 |           |
|                                        |                    | 671726574 Rahu                     | 2:42PM – 4:04PM   | Vanija Until 11:52PM                                                                                                                                                                                 | Nataraja: Clear   |                 | 3rd Phase              |           |
| Routine Work                           | Marana Yoga        |                                    |                   | Tritiya Until 11:55AM                                                                                                                                                                                | Ashvina*Aipasi    |                 | <b>Sivaloka Day</b>    |           |
| Until 6:58AM                           |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| Then Creative Work - Siddha Yoga       |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| <b>4</b>                               |                    | <b>Wednesday, October 18, 2023</b> |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau    |                   | Sun 18          |                        | Sutra 185 |
| Vrischika Rasi: 15.52                  | Tithi 4 – 5        | Gulika                             | 10:37AM – 11:58AM | Anuradha Until 7:27AM                                                                                                                                                                                | Ganesha: Red      | Sunrise: 6:32AM | Sobhana 5125           |           |
|                                        |                    | Yama                               | 7:53AM – 9:15AM   | Saubhagya Until 5:19PM                                                                                                                                                                               | Muruga: White     | Sunset: 5:25PM  | Moon 9 - Phase 26 - 18 |           |
|                                        |                    | 671726574 Rahu                     | 11:58AM – 1:20PM  | Bava Until 11:23PM                                                                                                                                                                                   | Nataraja: Clear   |                 | 3rd Phase              |           |
| Creative Work                          | Siddha Yoga        |                                    |                   | Chaturthi* Until 11:40AM                                                                                                                                                                             | Ashvina*Aipasi    |                 | <b>Sivaloka Day</b>    |           |
|                                        |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| <b>5</b>                               |                    | <b>Thursday, October 19, 2023</b>  |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau      |                   | Sun 19          |                        | Sutra 186 |
| Vrischika Rasi: 29.09                  | Tithi 5 – 6        | Gulika                             | 9:16AM – 10:37AM  | Jyeshtha* Until 7:20AM                                                                                                                                                                               | Ganesha: Blue     | Sunrise: 6:33AM | Sobhana 5125           |           |
|                                        |                    | Yama                               | 6:33AM – 7:54AM   | Sobhana Until 3:34PM                                                                                                                                                                                 | Muruga: White     | Sunset: 5:23PM  | Moon 9 - Phase 26 - 19 |           |
|                                        |                    | 672726574 Rahu                     | 1:19PM – 2:40PM   | Kaulava Until 10:29PM                                                                                                                                                                                | Nataraja: Clear   |                 | 3rd Phase              |           |
| Routine Work                           | Prabalarishta Yoga |                                    |                   | Panchami Until 10:58AM                                                                                                                                                                               | Ashvina*Aipasi    |                 | <b>Devaloka Day</b>    |           |
| Until 7:20AM                           |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| Then Creative Work - Siddha Yoga       |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| <b>6</b>                               |                    | <b>Friday, October 20, 2023</b>    |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau    |                   | Sun 20          |                        | Sutra 187 |
| Dhanus Rasi: 12.41                     | Tithi 6 – 7        | Gulika                             | 7:55AM – 9:16AM   | Mula* Until 7:07AM                                                                                                                                                                                   | Ganesha: Yellow   | Sunrise: 6:34AM | Sobhana 5125           |           |
|                                        |                    | Yama                               | 2:40PM – 4:00PM   | Athiganda* Until 1:28PM                                                                                                                                                                              | Muruga: White     | Sunset: 5:21PM  | Moon 9 - Phase 26 - 20 |           |
|                                        |                    | 682726574 Rahu                     | 10:37AM – 11:58AM | Gara Until 9:11PM                                                                                                                                                                                    | Nataraja: Clear   |                 | 3rd Phase              |           |
| Creative Work                          | Amrita Yoga        |                                    |                   | Shashthi* Until 9:52AM                                                                                                                                                                               | Moon – Light Blue |                 | <b>Sivaloka Day</b>    |           |
| Until 7:07AM                           |                    |                                    |                   |                                                                                                                                                                                                      | Ashvina*Aipasi    |                 |                        |           |
| Then Routine Work - Prabalarishta Yoga |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| <b>7</b>                               |                    | <b>Saturday, October 21, 2023</b>  |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                   | Sun 21          |                        | Sutra 188 |
| <b>Retreat Star</b>                    |                    | Gulika                             | 6:36AM – 7:56AM   | Purvashadha* Until 6:21AM                                                                                                                                                                            | Ganesha: Yellow   | Sunrise: 6:36AM | Sobhana 5125           |           |
| Dhanus Rasi: 26.27                     | Tithi 7 – 8        | Yama                               | 1:18PM – 2:39PM   | Sukarma Until 11:04AM                                                                                                                                                                                | Muruga: White     | Sunset: 5:20PM  | Moon 9 - Phase 26 - 21 |           |
|                                        |                    | 682726574 Rahu                     | 9:17AM – 10:37AM  | Visti Until 7:30PM                                                                                                                                                                                   | Nataraja: Clear   |                 | Ashtami                |           |
| Creative Work                          | Siddha Yoga        |                                    |                   | Saptami Until 8:22AM                                                                                                                                                                                 | Moon – Light Blue |                 | <b>Sivaloka Day</b>    |           |
| Until 6:21AM                           |                    |                                    |                   |                                                                                                                                                                                                      | Ashvina*Aipasi    |                 |                        |           |
| Then Routine Work - Marana Yoga        |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |
| <b>8</b>                               |                    | <b>Sunday, October 22, 2023</b>    |                   | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana Nakshatra Dhriti/Shula* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau                     |                   | Sun 22          |                        | Sutra 189 |
| <b>Retreat Star</b>                    |                    | Gulika                             | 2:38PM – 3:58PM   | Shravana Until 3:45AM Mon                                                                                                                                                                            | Ganesha: White    | Sunrise: 6:37AM | Sobhana 5125           |           |
| Makara Rasi: 10.26                     | Tithi 8 – 9        | Yama                               | 11:58AM – 1:18PM  | Dhriti Until 8:22AM                                                                                                                                                                                  | Muruga: White     | Sunset: 5:18PM  | Moon 9 - Phase 26 - 22 |           |
|                                        |                    | 692726574 Rahu                     | 3:58PM – 5:18PM   | Kaulava Until 4:17AM Mon                                                                                                                                                                             | Nataraja: Clear   |                 | Navami                 |           |
| Creative Work                          | Amrita Yoga        |                                    |                   | Ashtami* Until 6:30AM                                                                                                                                                                                | Moon – Purple     |                 | <b>Devaloka Day</b>    |           |
| Until 3:45AM Mon                       |                    |                                    |                   |                                                                                                                                                                                                      | Ashvina*Aipasi    |                 |                        |           |
| Then Creative Work - Siddha Yoga       |                    |                                    |                   |                                                                                                                                                                                                      |                   |                 |                        |           |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time. Calculated for Alsea, OR on 11/20/21

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|                                  |                     |                    |                                                                                                                                                                                                         |                   |                                   |                 |                                     |                        |
|----------------------------------|---------------------|--------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------------------------|-----------------|-------------------------------------|------------------------|
| Monday, October 23, 2023         |                     |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau                                     |                   |                                   |                 | Sun 23<br>Sutra 190<br>Sobhana 5125 |                        |
| 1                                | Makara Rasi: 24.4   | Tithi 10           | Gulika                                                                                                                                                                                                  | 1:17PM – 2:37PM   | Dhanishtha Until 2:00AM Tue       | Ganesha: White  | Sunrise: 6:38AM                     |                        |
|                                  |                     |                    | Yama                                                                                                                                                                                                    | 10:38AM – 11:57AM | Ganda* Until 2:11AM Tue           | Muruga: White   | Sunset: 5:17PM                      | Moon 9 - Phase 27 - 23 |
|                                  | Family Home Evening |                    | 692726574                                                                                                                                                                                               | Rahu              | 7:58AM – 9:18AM                   | Nataraja: Clear |                                     | 4th Phase              |
|                                  | Creative Work       | Siddha Yoga        |                                                                                                                                                                                                         |                   | Taitila Until 3:06PM              | Moon – Purple   |                                     |                        |
|                                  | Until 2:00AM Tue    |                    | Vijaya Dasami                                                                                                                                                                                           |                   | Dashami Until 1:48AM Tue          | Ashvina•Aipasi  |                                     | Devaloka Day           |
| Then Routine Work - Marana Yoga  |                     |                    |                                                                                                                                                                                                         |                   |                                   |                 |                                     |                        |
| Tuesday, October 24, 2023        |                     |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau                             |                   |                                   |                 | Sun 24<br>Sutra 191<br>Sobhana 5125 |                        |
| 2                                | Kumbha Rasi: 9.04   | Tithi 11           | Gulika                                                                                                                                                                                                  | 11:57AM – 1:17PM  | Shatabhishak Until 11:55PM        | Ganesha: White  | Sunrise: 6:40AM                     |                        |
|                                  |                     |                    | Yama                                                                                                                                                                                                    | 9:18AM – 10:38AM  | Vriddhi Until 10:50PM             | Muruga: White   | Sunset: 5:15PM                      | Moon 9 - Phase 27 - 24 |
|                                  |                     |                    | 692726574                                                                                                                                                                                               | Rahu              | 2:36PM – 3:56PM                   | Nataraja: Clear |                                     | 4th Phase              |
|                                  | Routine Work        | Marana Yoga        |                                                                                                                                                                                                         |                   | Vanija Until 12:30PM              | Moon – Purple   |                                     |                        |
|                                  |                     |                    |                                                                                                                                                                                                         |                   | Ekadashi Until 11:07PM            | Ashvina•Aipasi  |                                     | Devaloka Day           |
| Wednesday, October 25, 2023      |                     |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaprosanthapada* Nakshatra Dhruva Yoga Bava/Balava Karana Dvadashyam Titau                           |                   |                                   |                 | Sun 25<br>Sutra 192<br>Sobhana 5125 |                        |
| 3                                | Kumbha Rasi: 23.35  | Tithi 12           | Gulika                                                                                                                                                                                                  | 10:38AM – 11:57AM | Purvaprosanthapada* Until 10:00PM | Ganesha: Purple | Sunrise: 6:41AM                     |                        |
|                                  |                     |                    | Yama                                                                                                                                                                                                    | 8:00AM – 9:19AM   | Dhruva Until 7:22PM               | Muruga: White   | Sunset: 5:13PM                      | Moon 9 - Phase 27 - 25 |
|                                  |                     |                    | 612726574                                                                                                                                                                                               | Rahu              | 11:57AM – 1:16PM                  | Nataraja: Clear |                                     | 4th Phase              |
|                                  | Creative Work       | Amrita Yoga        |                                                                                                                                                                                                         |                   | Bava Until 9:44AM                 | Moon – Clear    |                                     |                        |
|                                  | Until 10:00PM       |                    |                                                                                                                                                                                                         |                   | Dvadashi Until 8:19PM             | Ashvina•Aipasi  |                                     | Devaloka Day           |
| Then Creative Work - Siddha Yoga |                     |                    |                                                                                                                                                                                                         |                   |                                   |                 |                                     |                        |
| Thursday, October 26, 2023       |                     |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraprosanthapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau |                   |                                   |                 | Sun 26<br>Sutra 193<br>Sobhana 5125 |                        |
| 4                                | Meena Rasi: 8.11    | Tithi 13 – 14      | Gulika                                                                                                                                                                                                  | 9:20AM – 10:38AM  | Uttaraprosanthapada Until 7:57PM  | Ganesha: Purple | Sunrise: 6:42AM                     |                        |
|                                  |                     |                    | Yama                                                                                                                                                                                                    | 6:42AM – 8:01AM   | Vyaghata* Until 3:54PM            | Muruga: White   | Sunset: 5:12PM                      | Moon 9 - Phase 27 - 26 |
|                                  |                     |                    | 612726574                                                                                                                                                                                               | Rahu              | 1:16PM – 2:34PM                   | Nataraja: Clear |                                     | 4th Phase              |
|                                  | Creative Work       | Siddha Yoga        |                                                                                                                                                                                                         |                   | Kaulava Until 6:55AM              | Moon – Clear    |                                     |                        |
|                                  |                     |                    |                                                                                                                                                                                                         |                   | Trayodashi Until 5:31PM           | Ashvina•Aipasi  |                                     | Devaloka Day           |
|                                  |                     |                    | Pradosha Vrata                                                                                                                                                                                          |                   |                                   |                 |                                     |                        |
| Friday, October 27, 2023         |                     |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau         |                   |                                   |                 | Sun 27<br>Sutra 194<br>Sobhana 5125 |                        |
| 5                                | Meena Rasi: 22.44   | Tithi 14 – 15      | Gulika                                                                                                                                                                                                  | 8:02AM – 9:20AM   | Revati Until 5:54PM               | Ganesha: Purple | Sunrise: 6:44AM                     |                        |
|                                  |                     |                    | Yama                                                                                                                                                                                                    | 2:34PM – 3:52PM   | Harshana Until 12:32PM            | Muruga: White   | Sunset: 5:10PM                      | Moon 9 - Phase 27 - 27 |
|                                  |                     |                    | 612726574                                                                                                                                                                                               | Rahu              | 10:39AM – 11:57AM                 | Nataraja: Clear |                                     | 4th Phase              |
|                                  | Creative Work       | Siddha Yoga        |                                                                                                                                                                                                         |                   | Visti Until 1:36AM Sat            | Moon – Clear    |                                     |                        |
|                                  | Until 5:54PM        |                    |                                                                                                                                                                                                         |                   | Chaturdashi* Until 2:50PM         | Ashvina•Aipasi  |                                     | Devaloka Day           |
| Then Creative Work - Amrita Yoga |                     |                    |                                                                                                                                                                                                         |                   |                                   |                 |                                     |                        |
| Saturday, October 28, 2023       |                     |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau             |                   |                                   |                 | Sun 28<br>Sutra 195<br>Sobhana 5125 |                        |
| Copper Retreat Star              | Mesha Rasi: 7.09    | Tithi 15 – 16      | Gulika                                                                                                                                                                                                  | 6:45AM – 8:03AM   | Ashvini Until 4:24PM              | Ganesha: Clear  | Sunrise: 6:45AM                     |                        |
|                                  |                     |                    | Yama                                                                                                                                                                                                    | 1:15PM – 2:33PM   | Vajra* Until 9:21AM               | Muruga: White   | Sunset: 5:09PM                      | Moon 9 - Phase 27 -    |
|                                  |                     |                    | 622726574                                                                                                                                                                                               | Rahu              | 9:21AM – 10:39AM                  | Nataraja: Clear |                                     | Purnima                |
|                                  | Creative Work       | Siddha Yoga        |                                                                                                                                                                                                         |                   | Balava Until 11:21PM              | Moon – White    |                                     |                        |
|                                  |                     |                    |                                                                                                                                                                                                         |                   | Purnima* Until 12:25PM            | Ashvina•Aipasi  |                                     | Sivaloka Day           |
| Sunday, October 29, 2023         |                     |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Siddhi/Vyatiapata* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau   |                   |                                   |                 | Sun 29<br>Sutra 196<br>Sobhana 5125 |                        |
| Silver Retreat Star              | Mesha Rasi: 21.19   | Tithi 16 – 17      | Gulika                                                                                                                                                                                                  | 2:32PM – 3:50PM   | Bharani Until 3:10PM              | Ganesha: Clear  | Sunrise: 6:46AM                     |                        |
|                                  |                     |                    | Yama                                                                                                                                                                                                    | 11:57AM – 1:14PM  | Siddhi Until 6:28AM               | Muruga: White   | Sunset: 5:07PM                      | Moon 9 - Phase 27 -    |
|                                  |                     |                    | 622726574                                                                                                                                                                                               | Rahu              | 3:50PM – 5:07PM                   | Nataraja: Clear |                                     | Prathama               |
|                                  | Routine Work        | Prabalarishta Yoga |                                                                                                                                                                                                         |                   | Taitila Until 9:34PM              | Moon – White    |                                     |                        |
|                                  | Until 3:10PM        |                    |                                                                                                                                                                                                         |                   | Prathama* Until 10:23AM           | Ashvina•Aipasi  |                                     | Sivaloka Day           |
| Then Creative Work - Siddha Yoga |                     |                    |                                                                                                                                                                                                         |                   |                                   |                 |                                     |                        |



Monday, October 30, 2023

Gold Retreat Star

Vrishabha Rasi: 5.11 Tithi 17 – 18

Family Home Evening

Routine Work Marana Yoga

Until 2:20PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika

Yama

Rahu

1:14PM – 2:31PM

10:39AM – 11:57AM

8:05AM – 9:22AM

Krittika Until 2:20PM

Variyan Until 2:01AM Tue

Vanija Until 8:22PM

Dvitiya Until 8:52AM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon – White

Ashvina•Aipasi

Sunrise: 6:48AM

Sunset: 5:06PM

Subha Sivaloka Day

Sun 1

Alsea, OR

Sutra 197

Sobhana 5125

Moon 10 - Phase 28 - 1

1st Phase

1 Tuesday, October 31, 2023

Vrishabha Rasi: 18.4 Tithi 18 – 19

Creative Work Amrita Yoga

Until 2:26PM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Gulika

Yama

Rahu

11:57AM – 1:14PM

9:23AM – 10:40AM

2:31PM – 3:48PM

Rohini Until 2:26PM

Parigha\* Until 12:34AM Wed

Bava Until 7:51PM

Tritiya Until 8:00AM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sunrise: 6:49AM

Sunset: 5:05PM

Sun 2

Alsea, OR

Sutra 198

Sobhana 5125

Moon 10 - Phase 28 - 2

1st Phase

Sivaloka Day

2 Wednesday, November 1, 2023

Mithuna Rasi: 1.47 Tithi 19 – 20

Creative Work Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika

Yama

Rahu

10:40AM – 11:57AM

8:07AM – 9:23AM

11:57AM – 1:13PM

Mrigashira Until 3:06PM

Shiva Until 11:42PM

Kaulava Until 8:03PM

Chaturthi\* Until 7:50AM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sunrise: 6:50AM

Sunset: 5:03PM

Sun 3

Alsea, OR

Sutra 199

Sobhana 5125

Moon 10 - Phase 28 - 3

1st Phase

Sivaloka Day

3 Thursday, November 2, 2023

Mithuna Rasi: 14.32 Tithi 20 – 21

Routine Work Marana Yoga

Until 4:18PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Gulika

Yama

Rahu

9:24AM – 10:40AM

6:52AM – 8:08AM

1:13PM – 2:29PM

Ardra Until 4:18PM

Siddha Until 11:22PM

Gara Until 8:58PM

Panchami Until 8:24AM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon – Yellow

Ashvina•Aipasi

Sunrise: 6:52AM

Sunset: 5:02PM

Sun 4

Alsea, OR

Sutra 200

Sobhana 5125

Moon 10 - Phase 28 - 4

1st Phase

Devaloka Day

4 Friday, November 3, 2023

Mithuna Rasi: 26.58 Tithi 21 – 22

Creative Work Siddha Yoga

Until 6:28PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Gulika

Yama

Rahu

8:09AM – 9:25AM

2:29PM – 3:45PM

10:41AM – 11:57AM

Punarvasu Until 6:28PM

Sadhya Until 11:32PM

Visti Until 10:33PM

Shashthi\* Until 9:40AM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sunrise: 6:53AM

Sunset: 5:01PM

Sun 5

Alsea, OR

Sutra 201

Sobhana 5125

Moon 10 - Phase 28 - 5

1st Phase

Sivaloka Day

5 Saturday, November 4, 2023

Retreat Star

Kataka Rasi: 9.09 Tithi 22 – 23

Creative Work Siddha Yoga

Until 8:59PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika

Yama

Rahu

6:54AM – 8:10AM

1:12PM – 2:28PM

9:25AM – 10:41AM

Pushya Until 8:59PM

Subha Until 12:05AM Sun

Balava Until 12:39AM Sun

Saptami Until 11:31AM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sunrise: 6:54AM

Sunset: 4:59PM

Sun 6

Alsea, OR

Sutra 202

Sobhana 5125

Moon 10 - Phase 28 - 6

Ashtami

Sivaloka Day

6 Sunday, November 5, 2023

Retreat Star

Kataka Rasi: 21.09 Tithi 23 – 24

Creative Work Siddha Yoga

Until 11:40PM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika

Yama

Rahu

2:27PM – 3:43PM

11:57AM – 1:12PM

3:43PM – 4:58PM

Ashlesha\* Until 11:40PM

Sukla Until 12:52AM Mon

Taitila Until 3:04AM Mon

Ashtami\* Until 1:48PM

Ganesha: Yellow

Muruga: White

Nataraja: Clear

Moon – Blue

Ashvina•Aipasi

Sunrise: 6:56AM

Sunset: 4:58PM

Sun 7

Alsea, OR

Sutra 203

Sobhana 5125

Moon 10 - Phase 28 - 7

Navami

Sivaloka Day

|                                                                                     |                            |               |                                                                                                                                                                                          |                                 |                                        |                                     |                        |                         |
|-------------------------------------------------------------------------------------|----------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|----------------------------------------|-------------------------------------|------------------------|-------------------------|
| <b>Monday, November 6, 2023</b>                                                     |                            |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Magha* Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau                  |                                 |                                        | Sun 8<br>Sutra 204<br>Sobhana 5125  |                        |                         |
| <b>1</b>                                                                            | Simha Rasi: 3.02           | Tithi 24 – 25 | <b>Gulika</b>                                                                                                                                                                            | <b>1:12PM – 2:27PM</b>          | <b>Magha* Until 2:50AM Tue</b>         | <b>Ganesha:</b> Blue                | <i>Sunrise:</i> 6:57AM |                         |
|                                                                                     |                            |               | Yama                                                                                                                                                                                     | 10:42AM – 11:57AM               | Brahma Until 1:45AM Tue                | <b>Muruga:</b> White                | <i>Sunset:</i> 4:57PM  | Moon 10 - Phase 29 - 8  |
|                                                                                     | <b>Family Home Evening</b> | 653826574     | <b>Rahu</b>                                                                                                                                                                              | <b>8:12AM – 9:27AM</b>          | Vanija Until 5:37AM Tue                | <b>Nataraja:</b> Clear              |                        | 2nd Phase               |
|                                                                                     | Routine Work               | Marana Yoga   |                                                                                                                                                                                          |                                 | <b>Navami* Until 4:19PM</b>            | Moon – Red                          | <b>Devaloka Day</b>    |                         |
| Until 2:50AM Tue                                                                    |                            |               |                                                                                                                                                                                          |                                 | <b>Ashvina•Aipasi</b>                  |                                     |                        |                         |
| Then Creative Work - Siddha Yoga                                                    |                            |               |                                                                                                                                                                                          |                                 |                                        |                                     |                        |                         |
| <b>Tuesday, November 7, 2023</b>                                                    |                            |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Indra Yoga Visti* Karana Dashamyam Titau                     |                                 |                                        | Sun 9<br>Sutra 205<br>Sobhana 5125  |                        |                         |
| <b>2</b>                                                                            | Simha Rasi: 14.53          | Tithi 25      | <b>Gulika</b>                                                                                                                                                                            | <b>11:57AM – 1:11PM</b>         | <b>Purvaphalguni Until 5:45AM Wed</b>  | <b>Ganesha:</b> Yellow              | <i>Sunrise:</i> 6:58AM |                         |
|                                                                                     |                            |               | Yama                                                                                                                                                                                     | 9:28AM – 10:42AM                | Indra Until 2:36AM Wed                 | <b>Muruga:</b> White                | <i>Sunset:</i> 4:55PM  | Moon 10 - Phase 29 - 9  |
|                                                                                     |                            | 753826574     | <b>Rahu</b>                                                                                                                                                                              | <b>2:26PM – 3:41PM</b>          | Visti Until 6:50PM                     | <b>Nataraja:</b> Clear              |                        | 2nd Phase               |
|                                                                                     | Creative Work              | Siddha Yoga   |                                                                                                                                                                                          |                                 | <b>Dashami Until 6:50PM</b>            | Moon – Red                          | <b>Sivaloka Day</b>    | <b>Tour Day</b>         |
| Until 5:45AM Wed                                                                    |                            |               |                                                                                                                                                                                          |                                 | <b>Ashvina•Aipasi</b>                  |                                     |                        |                         |
| Then Creative Work - Amrita Yoga                                                    |                            |               |                                                                                                                                                                                          |                                 |                                        |                                     |                        |                         |
| <b>Wednesday, November 8, 2023</b>                                                  |                            |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau           |                                 |                                        | Sun 10<br>Sutra 206<br>Sobhana 5125 |                        |                         |
| <b>3</b>                                                                            | Simha Rasi: 26.47          | Tithi 26      | <b>Gulika</b>                                                                                                                                                                            | <b>10:43AM – 11:57AM</b>        | <b>Uttaraphalguni Until 8:13AM Thu</b> | <b>Ganesha:</b> Yellow              | <i>Sunrise:</i> 7:00AM |                         |
|                                                                                     |                            |               | Yama                                                                                                                                                                                     | 8:14AM – 9:28AM                 | Vaidhriti* Until 3:13AM Thu            | <b>Muruga:</b> White                | <i>Sunset:</i> 4:54PM  | Moon 10 - Phase 29 - 10 |
|                                                                                     |                            | 753826574     | <b>Rahu</b>                                                                                                                                                                              | <b>11:57AM – 1:11PM</b>         | Bava Until 8:03AM                      | <b>Nataraja:</b> Clear              |                        | 2nd Phase               |
|                                                                                     | Creative Work              | Amrita Yoga   |                                                                                                                                                                                          |                                 | <b>Ekadashi* Until 9:09PM</b>          | Moon – Red                          | <b>Sivaloka Day</b>    |                         |
| Until 8:13AM Thu                                                                    |                            |               |                                                                                                                                                                                          |                                 | <b>Ashvina•Aipasi</b>                  |                                     |                        |                         |
| Then Routine Work - Marana Yoga                                                     |                            |               |                                                                                                                                                                                          |                                 |                                        |                                     |                        |                         |
| <b>Thursday, November 9, 2023</b>                                                   |                            |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                 |                                        | Sun 11<br>Sutra 207<br>Sobhana 5125 |                        |                         |
| <b>4</b>                                                                            | Kanya Rasi: 8.47           | Tithi 27      | <b>Gulika</b>                                                                                                                                                                            | <b>9:29AM – 10:43AM</b>         | <b>Uttaraphalguni Until 8:13AM</b>     | <b>Ganesha:</b> Yellow              | <i>Sunrise:</i> 7:01AM |                         |
|                                                                                     |                            |               | Yama                                                                                                                                                                                     | 7:01AM – 8:15AM                 | Vishkambha* Until 3:32AM Fri           | <b>Muruga:</b> White                | <i>Sunset:</i> 4:53PM  | Moon 10 - Phase 29 - 11 |
|                                                                                     |                            | 753826574     | <b>Rahu</b>                                                                                                                                                                              | <b>1:11PM – 2:25PM</b>          | Kaulava Until 10:11AM                  | <b>Nataraja:</b> Clear              |                        | 2nd Phase               |
|                                                                                     | Routine Work               | Marana Yoga   |                                                                                                                                                                                          |                                 | <b>Dvadashi* Until 11:04PM</b>         | Moon – Red                          | <b>Sivaloka Day</b>    |                         |
|                                                                                     |                            |               |                                                                                                                                                                                          |                                 | <b>Ashvina•Aipasi</b>                  |                                     |                        |                         |
| <b>Friday, November 10, 2023</b>                                                    |                            |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau                |                                 |                                        | Sun 12<br>Sutra 208<br>Sobhana 5125 |                        |                         |
| <b>5</b>                                                                            | Kanya Rasi: 20.58          | Tithi 28      | <b>Gulika</b>                                                                                                                                                                            | <b>8:16AM – 9:30AM</b>          | <b>Hasta Until 10:36AM</b>             | <b>Ganesha:</b> Blue                | <i>Sunrise:</i> 7:02AM |                         |
|                                                                                     |                            |               | Yama                                                                                                                                                                                     | 2:25PM – 3:38PM                 | Priti Until 3:27AM Sat                 | <b>Muruga:</b> White                | <i>Sunset:</i> 4:52PM  | Moon 10 - Phase 29 - 12 |
|                                                                                     |                            | 763826574     | <b>Rahu</b>                                                                                                                                                                              | <b>10:43AM – 11:57AM</b>        | Gara Until 11:52AM                     | <b>Nataraja:</b> Clear              |                        | 2nd Phase               |
|                                                                                     | Creative Work              | Amrita Yoga   |                                                                                                                                                                                          |                                 | <b>Trayodashi* Until 12:28AM Sat</b>   | Moon – Green                        | <b>Devaloka Day</b>    |                         |
| Until 10:36AM                                                                       |                            |               | <b>Subramuniyaswami Mahasamadhi</b>                                                                                                                                                      |                                 | <b>Ashvina•Aipasi</b>                  |                                     |                        |                         |
| Then Creative Work - Siddha Yoga                                                    |                            |               |                                                                                                                                                                                          | <i>Pradosha Vrata (Fasting)</i> |                                        |                                     |                        |                         |
| <b>Saturday, November 11, 2023</b>                                                  |                            |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau         |                                 |                                        | Sun 13<br>Sutra 209<br>Sobhana 5125 |                        |                         |
| <b>6</b>                                                                            | Tula Rasi: 3.22            | Tithi 29      | <b>Gulika</b>                                                                                                                                                                            | <b>7:04AM – 8:17AM</b>          | <b>Chitra Until 12:16PM</b>            | <b>Ganesha:</b> Blue                | <i>Sunrise:</i> 7:04AM |                         |
|                                                                                     |                            |               | Yama                                                                                                                                                                                     | 1:11PM – 2:24PM                 | Ayushman Until 2:53AM Sun              | <b>Muruga:</b> White                | <i>Sunset:</i> 4:51PM  | Moon 10 - Phase 29 - 13 |
|                                                                                     |                            | 763826574     | <b>Rahu</b>                                                                                                                                                                              | <b>9:30AM – 10:44AM</b>         | Visti Until 12:58PM                    | <b>Nataraja:</b> Clear              |                        | 2nd Phase               |
|                                                                                     | Routine Work               | Marana Yoga   |                                                                                                                                                                                          |                                 | <b>Chaturdashi* Until 1:16AM Sun</b>   | Moon – Green                        | <b>Devaloka Day</b>    |                         |
| Until 12:16PM                                                                       |                            |               | <b>Deepavali Hindu Solidarity Day</b>                                                                                                                                                    |                                 | <b>Ashvina•Aipasi</b>                  |                                     |                        |                         |
| Then Creative Work - Siddha Yoga                                                    |                            |               |                                                                                                                                                                                          |                                 |                                        |                                     |                        |                         |
| <b>Sunday, November 12, 2023</b>                                                    |                            |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau      |                                 |                                        | Sun 14<br>Sutra 210<br>Sobhana 5125 |                        |                         |
|  | <b>Retreat Star</b>        |               | <b>Gulika</b>                                                                                                                                                                            | <b>2:24PM – 3:37PM</b>          | <b>Svati Until 1:12PM</b>              | <b>Ganesha:</b> Blue                | <i>Sunrise:</i> 7:05AM |                         |
|                                                                                     | Tula Rasi: 16.03           | Tithi 30      | Yama                                                                                                                                                                                     | 11:57AM – 1:10PM                | Saubhagya Until 1:52AM Mon             | <b>Muruga:</b> White                | <i>Sunset:</i> 4:50PM  | Moon 10 - Phase 29 - 14 |
|                                                                                     |                            | 763826574     | <b>Rahu</b>                                                                                                                                                                              | <b>3:37PM – 4:50PM</b>          | Catuspada Until 1:28PM                 | <b>Nataraja:</b> Clear              |                        | Amavasya                |
|                                                                                     | Creative Work              | Siddha Yoga   |                                                                                                                                                                                          |                                 | <b>Amavasya* Until 1:28AM Mon</b>      | Moon – Green                        | <b>Devaloka Day</b>    |                         |
| Until 1:12PM                                                                        |                            |               |                                                                                                                                                                                          |                                 | <b>Ashvina•Aipasi</b>                  |                                     |                        |                         |
| Then Routine Work - Marana Yoga                                                     |                            |               |                                                                                                                                                                                          |                                 |                                        |                                     |                        |                         |
| <b>Monday, November 13, 2023</b>                                                    |                            |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau         |                                 |                                        | Sun 15<br>Sutra 211<br>Sobhana 5125 |                        |                         |
|                                                                                     | <b>Retreat Star</b>        |               | <b>Gulika</b>                                                                                                                                                                            | <b>1:10PM – 2:23PM</b>          | <b>Vishakha Until 1:52PM</b>           | <b>Ganesha:</b> Blue                | <i>Sunrise:</i> 7:06AM |                         |
|                                                                                     | Tula Rasi: 29.01           | Tithi 1       | Yama                                                                                                                                                                                     | 10:45AM – 11:57AM               | Sobhana Until 12:25AM Tue              | <b>Muruga:</b> White                | <i>Sunset:</i> 4:49PM  | Moon 10 - Phase 29 - 15 |
|                                                                                     | <b>Family Home Evening</b> | 773826574     | <b>Rahu</b>                                                                                                                                                                              | <b>8:19AM – 9:32AM</b>          | Kintughna Until 1:22PM                 | <b>Nataraja:</b> Clear              |                        | Prathama                |
|                                                                                     | Routine Work               | Marana Yoga   |                                                                                                                                                                                          |                                 | <b>Prathama* Until 1:06AM Tue</b>      | Moon – Orange                       | <b>Devaloka Day</b>    |                         |
| Until 1:52PM                                                                        |                            |               | <b>Skanda Shasthi Begins</b>                                                                                                                                                             |                                 | <b>Karttika•Aipasi</b>                 |                                     |                        |                         |
| Then Creative Work - Siddha Yoga                                                    |                            |               |                                                                                                                                                                                          |                                 |                                        |                                     |                        |                         |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

|                                  |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
|----------------------------------|------------------------------|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|--------------------------------------------------------|---------------------------------------|-----------------------------------|-----------------------------------------|
| 1                                | Tuesday, November 14, 2023   |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau                        |                                      |                                                        |                                       | Sun 16                            | Alsea, OR<br>Sutra 212                  |
|                                  | Vrischika Rasi: 12.16        | Tithi 2            | Gulika<br>Yama                                                                                                                                                                                               | 11:58AM – 1:10PM<br>9:33AM – 10:45AM | Anuradha Until 1:52PM<br>Athiganda* Until 10:34PM      | Ganesha: Blue<br>Muruga: White        | Sunrise: 7:08AM<br>Sunset: 4:48PM | Sobhana 5125<br>Moon 10 - Phase 30 - 16 |
|                                  | 773826574                    |                    | Rahu                                                                                                                                                                                                         | 2:23PM – 3:35PM                      | Balava Until 12:45PM                                   | Nataraja: Clear<br>Moon – Orange      |                                   | 3rd Phase                               |
|                                  | Creative Work                | Siddha Yoga        |                                                                                                                                                                                                              |                                      | Dvitiya Until 12:15AM Wed                              | Karttika•Aipasi                       | Devaloka Day                      |                                         |
| Until 1:52PM                     |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| Then Routine Work - Marana Yoga  |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| 2                                | Wednesday, November 15, 2023 |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukarma Yoga Taitila/Gara Karana Tritiyayam Titau                                  |                                      |                                                        |                                       | Sun 17                            | Alsea, OR<br>Sutra 213                  |
|                                  | Vrischika Rasi: 25.46        | Tithi 3            | Gulika<br>Yama                                                                                                                                                                                               | 10:46AM – 11:58AM<br>8:21AM – 9:33AM | Jyeshtha* Until 1:18PM<br>Sukarma Until 8:24PM         | Ganesha: Blue<br>Muruga: White        | Sunrise: 7:09AM<br>Sunset: 4:47PM | Sobhana 5125<br>Moon 10 - Phase 30 - 17 |
|                                  | 773826574                    |                    | Rahu                                                                                                                                                                                                         | 11:58AM – 1:10PM                     | Taitila Until 11:42AM                                  | Nataraja: Clear<br>Moon – Orange      |                                   | 3rd Phase                               |
|                                  | Creative Work                | Siddha Yoga        |                                                                                                                                                                                                              |                                      | Tritiya Until 11:01PM                                  | Karttika•Aipasi                       | Devaloka Day                      |                                         |
| Until 1:18PM                     |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| Then Routine Work - Marana Yoga  |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| 3                                | Thursday, November 16, 2023  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturthyam Titau                          |                                      |                                                        |                                       | Sun 18                            | Alsea, OR<br>Sutra 214                  |
|                                  | Dhanus Rasi: 9.28            | Tithi 4            | Gulika<br>Yama                                                                                                                                                                                               | 9:34AM – 10:46AM<br>7:10AM – 8:22AM  | Mula* Until 12:41PM<br>Dhriti Until 6:01PM             | Ganesha: Yellow<br>Muruga: White      | Sunrise: 7:10AM<br>Sunset: 4:46PM | Sobhana 5125<br>Moon 10 - Phase 30 - 18 |
|                                  | 784826574                    |                    | Rahu                                                                                                                                                                                                         | 1:10PM – 2:22PM                      | Vanija Until 10:18AM                                   | Nataraja: Clear<br>Moon – Light Blue  |                                   | 3rd Phase                               |
|                                  | Creative Work                | Siddha Yoga        |                                                                                                                                                                                                              |                                      | Chaturthi* Until 9:29PM                                | Karttika•Karttikai                    | Sivaloka Day                      |                                         |
| Until 1:10PM                     |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| Then Routine Work - Marana Yoga  |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| 4                                | Friday, November 17, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau              |                                      |                                                        |                                       | Sun 19                            | Alsea, OR<br>Sutra 215                  |
|                                  | Dhanus Rasi: 23.2            | Tithi 5            | Gulika<br>Yama                                                                                                                                                                                               | 8:23AM – 9:35AM<br>2:22PM – 3:33PM   | Purvashadha* Until 11:42AM<br>Shula* Until 3:25PM      | Ganesha: Yellow<br>Muruga: White      | Sunrise: 7:12AM<br>Sunset: 4:45PM | Sobhana 5125<br>Moon 10 - Phase 30 - 19 |
|                                  | 784826575                    |                    | Rahu                                                                                                                                                                                                         | 10:47AM – 11:58AM                    | Bava Until 8:39AM                                      | Nataraja: Purple<br>Moon – Light Blue |                                   | 3rd Phase                               |
|                                  | Routine Work                 | Prabalarishta Yoga |                                                                                                                                                                                                              |                                      | Panchami Until 7:44PM                                  | Karttika•Karttikai                    | Subha Sivaloka Day                |                                         |
| Until 11:42AM                    |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| Then Routine Work - Marana Yoga  |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| 5                                | Saturday, November 18, 2023  |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Ganda*/Vridhdi Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau        |                                      |                                                        |                                       | Sun 20                            | Alsea, OR<br>Sutra 216                  |
|                                  | Makara Rasi: 7.2             | Tithi 6 – 7        | Gulika<br>Yama                                                                                                                                                                                               | 7:13AM – 8:24AM<br>1:10PM – 2:21PM   | Uttarashadha Until 10:24AM<br>Ganda* Until 12:43PM     | Ganesha: Yellow<br>Muruga: White      | Sunrise: 7:13AM<br>Sunset: 4:44PM | Sobhana 5125<br>Moon 10 - Phase 30 - 20 |
|                                  | 784826575                    |                    | Rahu                                                                                                                                                                                                         | 9:36AM – 10:47AM                     | Kaulava Until 6:49AM                                   | Nataraja: Purple<br>Moon – Light Blue |                                   | 3rd Phase                               |
|                                  | Routine Work                 | Marana Yoga        |                                                                                                                                                                                                              |                                      | Shashthi* Until 5:51PM                                 | Karttika•Karttikai                    | Subha Sivaloka Day                |                                         |
| Until 10:24AM                    |                              |                    | Skanda Shasthi                                                                                                                                                                                               |                                      |                                                        |                                       |                                   |                                         |
| Then Creative Work - Siddha Yoga |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| 6                                | Sunday, November 19, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vridhdi/Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau          |                                      |                                                        |                                       | Sun 21                            | Alsea, OR<br>Sutra 217                  |
|                                  | Makara Rasi: 21.24           | Tithi 7 – 8        | Gulika<br>Yama                                                                                                                                                                                               | 2:21PM – 3:32PM<br>11:59AM – 1:10PM  | Shravana Until 9:17AM<br>Vridhdi Until 9:56AM          | Ganesha: White<br>Muruga: White       | Sunrise: 7:14AM<br>Sunset: 4:43PM | Sobhana 5125<br>Moon 10 - Phase 30 - 21 |
|                                  | 794826575                    |                    | Rahu                                                                                                                                                                                                         | 3:32PM – 4:43PM                      | Visti Until 2:52AM Mon                                 | Nataraja: Purple<br>Moon – Purple     |                                   | 3rd Phase                               |
|                                  | Creative Work                | Amrita Yoga        |                                                                                                                                                                                                              |                                      | Saptami Until 3:52PM                                   | Karttika•Karttikai                    | Subha Subha Sivaloka Day          |                                         |
| Until 9:17AM                     |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| Then Routine Work - Marana Yoga  |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| D                                | Monday, November 20, 2023    |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau        |                                      |                                                        |                                       | Sun 22                            | Alsea, OR<br>Sutra 218                  |
|                                  | Retreat Star                 |                    | Gulika<br>Yama                                                                                                                                                                                               | 1:10PM – 2:21PM<br>10:48AM – 11:59AM | Dhanishtha Until 7:56AM<br>Dhruva Until 7:05AM         | Ganesha: White<br>Muruga: White       | Sunrise: 7:15AM<br>Sunset: 4:42PM | Sobhana 5125<br>Moon 10 - Phase 30 - 22 |
|                                  | Kumbha Rasi: 5.31            | Tithi 8 – 9        | Rahu                                                                                                                                                                                                         | 8:26AM – 9:37AM                      | Balava Until 12:48AM Tue                               | Nataraja: Purple<br>Moon – Purple     |                                   | Ashtami                                 |
|                                  | Family Home Evening          |                    |                                                                                                                                                                                                              |                                      | Ashtami* Until 1:49PM                                  | Karttika•Karttikai                    | Subha Subha Sivaloka Day          |                                         |
| Creative Work                    |                              | Siddha Yoga        |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| Until 9:17AM                     |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| Then Routine Work - Marana Yoga  |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
|                                  | Tuesday, November 21, 2023   |                    | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak/Purvaproskthapada* Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                      |                                                        |                                       | Sun 23                            | Alsea, OR<br>Sutra 219                  |
|                                  | Retreat Star                 |                    | Gulika<br>Yama                                                                                                                                                                                               | 11:59AM – 1:10PM<br>9:38AM – 10:48AM | Shatabhishak Until 6:25AM<br>Harshana Until 1:19AM Wed | Ganesha: White<br>Muruga: White       | Sunrise: 7:17AM<br>Sunset: 4:42PM | Sobhana 5125<br>Moon 10 - Phase 30 - 23 |
|                                  | Kumbha Rasi: 19.39           | Tithi 9 – 10       | Rahu                                                                                                                                                                                                         | 2:20PM – 3:31PM                      | Taitila Until 10:43PM                                  | Nataraja: Purple<br>Moon – Purple     |                                   | Navami                                  |
|                                  | Routine Work                 | Marana Yoga        |                                                                                                                                                                                                              |                                      | Navami* Until 11:44AM                                  | Karttika•Karttikai                    | Subha Subha Sivaloka Day          |                                         |
| Until 10:43PM                    |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |
| Then Routine Work - Marana Yoga  |                              |                    |                                                                                                                                                                                                              |                                      |                                                        |                                       |                                   |                                         |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

|                  |  |                                     |  |                                                                                                   |                                           |                           |                                 |                         |
|------------------|--|-------------------------------------|--|---------------------------------------------------------------------------------------------------|-------------------------------------------|---------------------------|---------------------------------|-------------------------|
| <b>1</b>         |  | <b>Wednesday, November 22, 2023</b> |  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam |                                           | Sun 24                    |                                 | Alsea, OR               |
| Meena Rasi: 3.48 |  | Tithi 10 – 11                       |  | Uttaraproshtapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau               |                                           | Sun 24                    |                                 | Sutra 220               |
|                  |  | 714826575                           |  | <b>Gulika</b> 10:49AM – 11:59AM                                                                   | <b>Uttaraproshtapada Until 3:50AM Thu</b> | <b>Ganesha:</b> White     | <i>Sunrise:</i> 7:18AM          | Sobhana 5125            |
|                  |  |                                     |  | <b>Yama</b> 8:28AM – 9:39AM                                                                       | Vajra* Until 10:26PM                      | <b>Muruga:</b> White      | <i>Sunset:</i> 4:41PM           | Moon 10 - Phase 31 - 24 |
| Creative Work    |  | Siddha Yoga                         |  | <b>Rahu</b> 11:59AM – 1:10PM                                                                      | Vanija Until 8:39PM                       | <b>Nataraja:</b> Purple   |                                 | 4th Phase               |
|                  |  |                                     |  | <b>Dashami Until 9:40AM</b>                                                                       |                                           | Moon – Clear              | <b>Subha Subha Sivaloka Day</b> |                         |
|                  |  |                                     |  |                                                                                                   |                                           | <b>Karttika•Karttikai</b> |                                 |                         |

|                                  |  |                                    |  |                                                                                                  |                                |                           |                                 |                         |
|----------------------------------|--|------------------------------------|--|--------------------------------------------------------------------------------------------------|--------------------------------|---------------------------|---------------------------------|-------------------------|
| <b>2</b>                         |  | <b>Thursday, November 23, 2023</b> |  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam |                                | Sun 25                    |                                 | Alsea, OR               |
| Meena Rasi: 17.56                |  | Tithi 11 – 12                      |  | Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau                        |                                | Sun 25                    |                                 | Sutra 221               |
|                                  |  | 714826575                          |  | <b>Gulika</b> 9:39AM – 10:50AM                                                                   | <b>Revati Until 2:25AM Fri</b> | <b>Ganesha:</b> White     | <i>Sunrise:</i> 7:19AM          | Sobhana 5125            |
|                                  |  |                                    |  | <b>Yama</b> 7:19AM – 8:29AM                                                                      | Siddhi Until 7:37PM            | <b>Muruga:</b> White      | <i>Sunset:</i> 4:40PM           | Moon 10 - Phase 31 - 25 |
| Creative Work                    |  | Siddha Yoga                        |  | <b>Rahu</b> 1:10PM – 2:20PM                                                                      | Bava Until 6:39PM              | <b>Nataraja:</b> Purple   |                                 | 4th Phase               |
| Until 2:25AM Fri                 |  |                                    |  | <b>Ekadashi Until 7:37AM</b>                                                                     |                                | Moon – Clear              | <b>Subha Subha Sivaloka Day</b> |                         |
| Then Creative Work - Amrita Yoga |  |                                    |  |                                                                                                  |                                | <b>Karttika•Karttikai</b> |                                 |                         |

|                                  |  |                                  |  |                                                                                                   |                                 |                           |                        |                         |
|----------------------------------|--|----------------------------------|--|---------------------------------------------------------------------------------------------------|---------------------------------|---------------------------|------------------------|-------------------------|
| <b>3</b>                         |  | <b>Friday, November 24, 2023</b> |  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam |                                 | Sun 26                    |                        | Alsea, OR               |
| Mesha Rasi: 2                    |  | Tithi 13                         |  | Ashvini Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau               |                                 | Sun 26                    |                        | Sutra 222               |
|                                  |  | 724926575                        |  | <b>Gulika</b> 8:30AM – 9:40AM                                                                     | <b>Ashvini Until 1:27AM Sat</b> | <b>Ganesha:</b> Purple    | <i>Sunrise:</i> 7:20AM | Sobhana 5125            |
|                                  |  |                                  |  | <b>Yama</b> 2:20PM – 3:30PM                                                                       | Vyatipata* Until 4:56PM         | <b>Muruga:</b> White      | <i>Sunset:</i> 4:39PM  | Moon 10 - Phase 31 - 26 |
| Creative Work                    |  | Amrita Yoga                      |  | <b>Rahu</b> 10:50AM – 12:00PM                                                                     | Kaulava Until 4:48PM            | <b>Nataraja:</b> Purple   |                        | 4th Phase               |
| Until 1:27AM Sat                 |  |                                  |  | <b>Trayodashi Until 3:55AM Sat</b>                                                                |                                 | Moon – White              | <b>Sivaloka Day</b>    |                         |
| Then Creative Work - Siddha Yoga |  |                                  |  |                                                                                                   |                                 | <b>Karttika•Karttikai</b> |                        |                         |
|                                  |  |                                  |  | <i>Pradosha Vrata</i>                                                                             |                                 |                           |                        |                         |

|                   |  |                                    |  |                                                                                                   |                                  |                           |                        |                         |
|-------------------|--|------------------------------------|--|---------------------------------------------------------------------------------------------------|----------------------------------|---------------------------|------------------------|-------------------------|
| <b>4</b>          |  | <b>Saturday, November 25, 2023</b> |  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam |                                  | Sun 27                    |                        | Alsea, OR               |
| Mesha Rasi: 15.57 |  | Tithi 14                           |  | Bharani Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Chaturdashyam Titau                    |                                  | Sun 27                    |                        | Sutra 223               |
|                   |  | 724926575                          |  | <b>Gulika</b> 7:22AM – 8:31AM                                                                     | <b>Bharani Until 12:35AM Sun</b> | <b>Ganesha:</b> Purple    | <i>Sunrise:</i> 7:22AM | Sobhana 5125            |
|                   |  |                                    |  | <b>Yama</b> 1:10PM – 2:20PM                                                                       | Variyan Until 2:22PM             | <b>Muruga:</b> White      | <i>Sunset:</i> 4:39PM  | Moon 10 - Phase 31 - 27 |
| Creative Work     |  | Siddha Yoga                        |  | <b>Rahu</b> 9:41AM – 10:51AM                                                                      | Gara Until 3:09PM                | <b>Nataraja:</b> Purple   |                        | 4th Phase               |
|                   |  |                                    |  | <b>Chaturdashi* Until 2:25AM Sun</b>                                                              |                                  | Moon – White              | <b>Sivaloka Day</b>    |                         |
|                   |  |                                    |  |                                                                                                   |                                  | <b>Karttika•Karttikai</b> |                        |                         |

|                                                                                  |  |                                  |  |                                                                                                   |                               |                           |                        |                      |
|----------------------------------------------------------------------------------|--|----------------------------------|--|---------------------------------------------------------------------------------------------------|-------------------------------|---------------------------|------------------------|----------------------|
|  |  | <b>Sunday, November 26, 2023</b> |  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam |                               | Sun 28                    |                        | Alsea, OR            |
|                                                                                  |  | <b>Copper Retreat Star</b>       |  | Krittika Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Purnimayam Titau                        |                               | Sun 28                    |                        | Sutra 224            |
| Mesha Rasi: 29.45                                                                |  | Tithi 15                         |  |                                                                                                   |                               | Sun 28                    |                        | Sobhana 5125         |
|                                                                                  |  | 724926575                        |  | <b>Gulika</b> 2:19PM – 3:29PM                                                                     | <b>Krittika Until 11:55PM</b> | <b>Ganesha:</b> Purple    | <i>Sunrise:</i> 7:23AM |                      |
|                                                                                  |  |                                  |  | <b>Yama</b> 12:01PM – 1:10PM                                                                      | Parigha* Until 12:05PM        | <b>Muruga:</b> White      | <i>Sunset:</i> 4:38PM  | Moon 10 - Phase 31 - |
| Creative Work                                                                    |  | Siddha Yoga                      |  | <b>Rahu</b> 3:29PM – 4:38PM                                                                       | Visti Until 1:48PM            | <b>Nataraja:</b> Purple   |                        | Purnima              |
|                                                                                  |  |                                  |  | <b>Krittika Deepam</b>                                                                            |                               | Moon – White              | <b>Sivaloka Day</b>    |                      |
|                                                                                  |  |                                  |  | <b>Purnima* Until 1:16AM Mon</b>                                                                  |                               | <b>Karttika•Karttikai</b> |                        |                      |

|                            |  |                                  |  |                                                                                                    |                                 |                           |                           |                      |
|----------------------------|--|----------------------------------|--|----------------------------------------------------------------------------------------------------|---------------------------------|---------------------------|---------------------------|----------------------|
|                            |  | <b>Monday, November 27, 2023</b> |  | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam |                                 | Sun 29                    |                           | Alsea, OR            |
|                            |  | <b>Silver Retreat Star</b>       |  | Rohini Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Prathamayam Titau                         |                                 | Sun 29                    |                           | Sutra 225            |
| Vrishabha Rasi: 13.19      |  | Tithi 16                         |  |                                                                                                    |                                 | Sun 29                    |                           | Sobhana 5125         |
| <b>Family Home Evening</b> |  | 734926575                        |  | <b>Gulika</b> 1:10PM – 2:19PM                                                                      | <b>Rohini Until 12:00AM Tue</b> | <b>Ganesha:</b> Clear     | <i>Sunrise:</i> 7:24AM    |                      |
|                            |  |                                  |  | <b>Yama</b> 10:52AM – 12:01PM                                                                      | Shiva Until 10:07AM             | <b>Muruga:</b> White      | <i>Sunset:</i> 4:38PM     | Moon 10 - Phase 31 - |
| Creative Work              |  | Amrita Yoga                      |  | <b>Rahu</b> 8:33AM – 9:42AM                                                                        | Balava Until 12:53PM            | <b>Nataraja:</b> Purple   |                           | Prathama             |
|                            |  |                                  |  | <b>Prathama* Until 12:35AM Tue</b>                                                                 |                                 | Moon – Yellow             | <b>Subha Sivaloka Day</b> |                      |
|                            |  |                                  |  |                                                                                                    |                                 | <b>Karttika•Karttikai</b> |                           |                      |
|                            |  |                                  |  | <b>Vinayaga Viratam Begins</b>                                                                     |                                 |                           |                           |                      |



**Tuesday, November 28, 2023**

**Gold Retreat Star**

Virshabha Rasi: 26.37      Tithi 17

735926575

Creative Work      Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika**

**12:01PM – 1:10PM**

**Yama**

**9:43AM – 10:52AM**

**Rahu**

**2:19PM – 3:28PM**

**Mrigashira Until 12:28AM Wed**

Siddha Until 8:31AM

Taitila Until 12:28PM

**Dvitiya Until 12:27AM Wed**

**Ganesha:** Purple

*Sunrise:* 7:25AM

**Muruga:** White

*Sunset:* 4:37PM

**Nataraja:** Purple

Moon – Yellow

**Subha Subha Sivaloka Day**

**Karttika•Karttikai**

Alsea, OR

Sutra 226

Sobhana 5125

Moon 11 - Phase 32 -

1st Phase

**1**

**Wednesday, November 29, 2023**

Mithuna Rasi: 9.38      Tithi 18

735926575

Creative Work      Siddha Yoga

Until 1:21AM Thu

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Sadhya/Subha/Sukla Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**

**10:53AM – 12:02PM**

**Yama**

**8:35AM – 9:44AM**

**Rahu**

**12:02PM – 1:10PM**

**Ardra Until 1:21AM Thu**

Sadhya Until 7:23AM

Vanija Until 12:38PM

**Tritiya Until 12:56AM Thu**

**Ganesha:** Purple

*Sunrise:* 7:26AM

**Muruga:** White

*Sunset:* 4:37PM

**Nataraja:** Purple

Moon – Yellow

**Subha Subha Sivaloka Day**

**Karttika•Karttikai**

Alsea, OR

Sutra 227

Sobhana 5125

Moon 11 - Phase 32 - 1

1st Phase

**2**

**Thursday, November 30, 2023**

Mithuna Rasi: 22.2      Tithi 19

745926575

Creative Work      Amrita Yoga

Until 3:10AM Fri

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Subha/Sukla Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**

**9:45AM – 10:53AM**

**Yama**

**7:28AM – 8:36AM**

**Rahu**

**1:11PM – 2:19PM**

**Punarvasu Until 3:10AM Fri**

Subha Until 6:44AM

Bava Until 1:26PM

**Chaturthi\* Until 2:02AM Fri**

**Ganesha:** Clear

*Sunrise:* 7:28AM

**Muruga:** White

*Sunset:* 4:36PM

**Nataraja:** Purple

Moon – Blue

**Subha Sivaloka Day**

**Karttika•Karttikai**

Alsea, OR

Sutra 228

Sobhana 5125

Moon 11 - Phase 32 - 2

1st Phase

**3**

**Friday, December 1, 2023**

Kataka Rasi: 4.47      Tithi 20

745926575

Routine Work      Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**

**8:37AM – 9:46AM**

**Yama**

**2:19PM – 3:28PM**

**Rahu**

**10:54AM – 12:02PM**

**Pushya Until 5:23AM Sat**

Sukla Until 6:31AM

Kaulava Until 2:51PM

**Panchami Until 3:44AM Sat**

**Ganesha:** Clear

*Sunrise:* 7:29AM

**Muruga:** White

*Sunset:* 4:36PM

**Nataraja:** Purple

Moon – Blue

**Subha Sivaloka Day**

**Karttika•Karttikai**

Alsea, OR

Sutra 229

Sobhana 5125

Moon 11 - Phase 32 - 3

1st Phase

**4**

**Saturday, December 2, 2023**

Kataka Rasi: 16.58      Tithi 21

745926575

Routine Work      Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**

**7:30AM – 8:38AM**

**Yama**

**1:11PM – 2:19PM**

**Rahu**

**9:46AM – 10:55AM**

**Ashlesha\* Until 7:53AM Sun**

Brahma Until 6:46AM

Gara Until 4:48PM

**Shashthi\* Until 5:56AM Sun**

**Ganesha:** Clear

*Sunrise:* 7:30AM

**Muruga:** White

*Sunset:* 4:36PM

**Nataraja:** Purple

Moon – Blue

**Subha Sivaloka Day**

**Karttika•Karttikai**

Alsea, OR

Sutra 230

Sobhana 5125

Moon 11 - Phase 32 - 4

1st Phase

**5**

**Sunday, December 3, 2023**

Kataka Rasi: 28.58      Tithi 22

745926575

Creative Work      Siddha Yoga

Until 7:53AM

Then Routine Work - Marana Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Indra/Vaidhriti\* Yoga Visti\* Karana Saptamyam Titau

**Gulika**

**2:19PM – 3:27PM**

**Yama**

**12:03PM – 1:11PM**

**Rahu**

**3:27PM – 4:35PM**

**Ashlesha\* Until 7:53AM**

Indra Until 7:23AM

Visti Until 7:11PM

**Saptami Until 8:27AM Mon**

**Ganesha:** Clear

*Sunrise:* 7:31AM

**Muruga:** White

*Sunset:* 4:35PM

**Nataraja:** Purple

Moon – Blue

**Subha Sivaloka Day**

**Karttika•Karttikai**

Alsea, OR

Sutra 231

Sobhana 5125

Moon 11 - Phase 32 - 5

1st Phase

**D**

**Monday, December 4, 2023**

**Retreat Star**

Simha Rasi: 10.51      Tithi 22 – 23

**Family Home Evening**

755926575

Routine Work      Marana Yoga

Until 11:01AM

Then Creative Work - Siddha Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**

**1:11PM – 2:19PM**

**Yama**

**10:56AM – 12:04PM**

**Rahu**

**8:40AM – 9:48AM**

**Magha\* Until 11:01AM**

Vaidhriti\* Until 8:12AM

Balava Until 9:47PM

**Saptami Until 8:27AM**

**Ganesha:** White

*Sunrise:* 7:32AM

**Muruga:** White

*Sunset:* 4:35PM

**Nataraja:** Purple

Moon – Red

**Subha Subha Sivaloka Day**

**Karttika•Karttikai**

Alsea, OR

Sutra 232

Sobhana 5125

Moon 11 - Phase 32 - 6

Ashtami

**Tuesday, December 5, 2023**

**Retreat Star**

Simha Rasi: 22.41      Tithi 23 – 24

755936575

Creative Work      Siddha Yoga

Until 2:03PM

Then Creative Work - Amrita Yoga

Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**

**12:04PM – 1:12PM**

**Yama**

**9:49AM – 10:56AM**

**Rahu**

**2:19PM – 3:27PM**

**Purvaphalguni Until 2:03PM**

Vishkambha\* Until 9:06AM

Taitila Until 12:21AM Wed

**Ashtami\* Until 11:04AM**

**Ganesha:** White

*Sunrise:* 7:33AM

**Muruga:** Clear

*Sunset:* 4:35PM

**Nataraja:** Purple

Moon – Red

**Subha Sivaloka Day**

**Karttika•Karttikai**

Alsea, OR

Sutra 233

Sobhana 5125

Moon 11 - Phase 32 - 7

Navami

|                          |                                                                  |               |                                                                                                                                                                                                       |                                      |                                                   |                                       |                                   |                                         |
|--------------------------|------------------------------------------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|---------------------------------------------------|---------------------------------------|-----------------------------------|-----------------------------------------|
| 1                        | Wednesday, December 6, 2023                                      |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau   |                                      |                                                   |                                       | Sun 8                             | Alsea, OR<br>Sutra 234                  |
|                          | Kanya Rasi: 4.34                                                 | Tithi 24 – 25 | Gulika<br>Yama                                                                                                                                                                                        | 10:57AM – 12:04PM<br>8:42AM – 9:49AM | Uttaraphalguni Until 4:44PM<br>Priti Until 9:55AM | Ganesha: White<br>Muruga: Clear       | Sunrise: 7:34AM<br>Sunset: 4:35PM | Sobhana 5125<br>Moon 11 - Phase 33 - 8  |
|                          |                                                                  | 755936575     | Rahu                                                                                                                                                                                                  | 12:04PM – 1:12PM                     | Vanija Until 2:38AM Thu                           | Nataraja: Purple<br>Moon – Red        |                                   | 2nd Phase                               |
|                          | Creative Work<br>Until 4:44PM<br>Then Routine Work - Marana Yoga | Amrita Yoga   |                                                                                                                                                                                                       |                                      | Navami* Until 1:31PM                              | Karttika•Karttikai                    | Subha Sivaloka Day                |                                         |
| 2                        | Thursday, December 7, 2023                                       |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau             |                                      |                                                   |                                       | Sun 9                             | Alsea, OR<br>Sutra 235                  |
|                          | Kanya Rasi: 16.34                                                | Tithi 25 – 26 | Gulika<br>Yama                                                                                                                                                                                        | 9:50AM – 10:57AM<br>7:35AM – 8:43AM  | Hasta Until 7:21PM<br>Ayushman Until 10:26AM      | Ganesha: Yellow<br>Muruga: Clear      | Sunrise: 7:35AM<br>Sunset: 4:35PM | Sobhana 5125<br>Moon 11 - Phase 33 - 9  |
|                          |                                                                  | 765936575     | Rahu                                                                                                                                                                                                  | 1:12PM – 2:20PM                      | Bava Until 4:25AM Fri                             | Nataraja: Purple<br>Moon – Green      |                                   | 2nd Phase                               |
|                          | Routine Work<br>Until 7:21PM<br>Then Creative Work - Siddha Yoga | Marana Yoga   |                                                                                                                                                                                                       |                                      | Dashami Until 3:35PM                              | Karttika•Karttikai                    | Sivaloka Day                      |                                         |
| 3                        | Friday, December 8, 2023                                         |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Chitra Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau        |                                      |                                                   |                                       | Sun 10                            | Alsea, OR<br>Sutra 236                  |
|                          | Kanya Rasi: 28.46                                                | Tithi 26 – 27 | Gulika<br>Yama                                                                                                                                                                                        | 8:43AM – 9:51AM<br>2:20PM – 3:27PM   | Chitra Until 9:12PM<br>Saubhagya Until 10:32AM    | Ganesha: White<br>Muruga: Clear       | Sunrise: 7:36AM<br>Sunset: 4:35PM | Sobhana 5125<br>Moon 11 - Phase 33 - 10 |
|                          |                                                                  | 766936575     | Rahu                                                                                                                                                                                                  | 10:58AM – 12:05PM                    | Kaulava Until 5:30AM Sat                          | Nataraja: Purple<br>Moon – Green      |                                   | 2nd Phase                               |
|                          | Creative Work<br>Siddha Yoga                                     |               |                                                                                                                                                                                                       |                                      | Ekadashi* Until 5:02PM                            | Karttika•Karttikai                    | Devaloka Day                      |                                         |
| 4                        | Saturday, December 9, 2023                                       |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Svati Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau        |                                      |                                                   |                                       | Sun 11                            | Alsea, OR<br>Sutra 237                  |
|                          | Tula Rasi: 11.17                                                 | Tithi 27 – 28 | Gulika<br>Yama                                                                                                                                                                                        | 7:37AM – 8:44AM<br>1:13PM – 2:20PM   | Svati Until 10:11PM<br>Sobhana Until 10:06AM      | Ganesha: White<br>Muruga: Clear       | Sunrise: 7:37AM<br>Sunset: 4:34PM | Sobhana 5125<br>Moon 11 - Phase 33 - 11 |
|                          |                                                                  | 766936575     | Rahu                                                                                                                                                                                                  | 9:51AM – 10:59AM                     | Gara Until 5:50AM Sun                             | Nataraja: Purple<br>Moon – Green      |                                   | 2nd Phase                               |
|                          | Creative Work<br>Siddha Yoga                                     |               |                                                                                                                                                                                                       |                                      | Dvadashi* Until 5:45PM                            | Karttika•Karttikai                    | Devaloka Day                      |                                         |
| Pradosha Vrata (Fasting) |                                                                  |               |                                                                                                                                                                                                       |                                      |                                                   |                                       |                                   |                                         |
| 5                        | Sunday, December 10, 2023                                        |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                      |                                                   |                                       | Sun 12                            | Alsea, OR<br>Sutra 238                  |
|                          | Tula Rasi: 24.08                                                 | Tithi 28 – 29 | Gulika<br>Yama                                                                                                                                                                                        | 2:20PM – 3:27PM<br>12:06PM – 1:13PM  | Vishakha Until 10:44PM<br>Athiganda* Until 9:04AM | Ganesha: Green<br>Muruga: Clear       | Sunrise: 7:38AM<br>Sunset: 4:34PM | Sobhana 5125<br>Moon 11 - Phase 33 - 12 |
|                          |                                                                  | 776936575     | Rahu                                                                                                                                                                                                  | 3:27PM – 4:34PM                      | Visti Until 5:25AM Mon                            | Nataraja: Purple<br>Moon – Orange     |                                   | 2nd Phase                               |
|                          | Routine Work<br>Marana Yoga                                      |               |                                                                                                                                                                                                       |                                      | Trayodashi* Until 5:42PM                          | Karttika•Karttikai                    | Devaloka Day                      |                                         |
| 6                        | Monday, December 11, 2023                                        |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau  |                                      |                                                   |                                       | Sun 13                            | Alsea, OR<br>Sutra 239                  |
|                          | Vrischika Rasi: 7.22                                             | Tithi 29 – 30 | Gulika<br>Yama                                                                                                                                                                                        | 1:14PM – 2:21PM<br>11:00AM – 12:07PM | Anuradha Until 10:27PM<br>Sukarma Until 7:28AM    | Ganesha: Green<br>Muruga: Clear       | Sunrise: 7:39AM<br>Sunset: 4:35PM | Sobhana 5125<br>Moon 11 - Phase 33 - 13 |
|                          | Family Home Evening                                              | 776936575     | Rahu                                                                                                                                                                                                  | 8:46AM – 9:53AM                      | Catuspada Until 4:19AM Tue                        | Nataraja: Purple<br>Moon – Orange     |                                   | 2nd Phase                               |
|                          | Creative Work<br>Siddha Yoga                                     |               |                                                                                                                                                                                                       |                                      | Chaturdashi* Until 4:56PM                         | Karttika•Karttikai                    | Devaloka Day                      | Tour Day                                |
| ●                        | Tuesday, December 12, 2023                                       |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau             |                                      |                                                   |                                       | Sun 14                            | Alsea, OR<br>Sutra 240                  |
|                          | Retreat Star                                                     |               | Gulika<br>Yama                                                                                                                                                                                        | 12:07PM – 1:14PM<br>9:53AM – 11:00AM | Jyeshtha* Until 9:26PM<br>Shula* Until 2:46AM Wed | Ganesha: Green<br>Muruga: Clear       | Sunrise: 7:40AM<br>Sunset: 4:35PM | Sobhana 5125<br>Moon 11 - Phase 33 - 14 |
|                          | Vrischika Rasi: 20.59                                            | Tithi 30 – 1  | 776936575                                                                                                                                                                                             | Rahu                                 | 2:21PM – 3:28PM                                   | Nataraja: Purple<br>Moon – Orange     |                                   | Amavasya                                |
|                          | Routine Work<br>Until 9:26PM<br>Then Creative Work - Amrita Yoga | Marana Yoga   |                                                                                                                                                                                                       |                                      | Amavasya* Until 3:32PM                            | Karttika•Karttikai                    | Devaloka Day                      |                                         |
|                          | Wednesday, December 13, 2023                                     |               | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau                         |                                      |                                                   |                                       | Sun 15                            | Alsea, OR<br>Sutra 241                  |
|                          | Retreat Star                                                     |               | Gulika<br>Yama                                                                                                                                                                                        | 11:01AM – 12:08PM<br>8:47AM – 9:54AM | Mula* Until 8:15PM<br>Ganda* Until 11:52PM        | Ganesha: White<br>Muruga: Clear       | Sunrise: 7:40AM<br>Sunset: 4:35PM | Sobhana 5125<br>Moon 11 - Phase 33 - 15 |
|                          | Dhanus Rasi: 4.55                                                | Tithi 1 – 2   | 786936575                                                                                                                                                                                             | Rahu                                 | 12:08PM – 1:14PM                                  | Nataraja: Purple<br>Moon – Light Blue |                                   | Prathama                                |
|                          | Routine Work<br>Until 8:15PM<br>Then Creative Work - Amrita Yoga | Marana Yoga   |                                                                                                                                                                                                       |                                      | Prathama* Until 1:39PM                            | Margasira•Karttikai                   | Devaloka Day                      |                                         |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one’s own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

All times are standard time. Calculated for Alsea, OR on 11/20/21

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|                                     |                     |             |                                                                                                                                                                                                          |                                      |                                                                |                                                                          |                                                              |
|-------------------------------------|---------------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|----------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------------------------|
| <b>Thursday, December 14, 2023</b>  |                     |             | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau                  |                                      |                                                                | Sun 16                                                                   | Alsea, OR<br>Sutra 242                                       |
| 1                                   | Dhanu Rasi: 19.07   | Tithi 2 – 3 | Gulika<br>Yama                                                                                                                                                                                           | 9:55AM – 11:01AM<br>7:41AM – 8:48AM  | Purvashadha* Until 6:38PM<br>Vriddhi Until 8:45PM              | Ganesha: White<br>Muruga: White<br>Nataraja: Purple<br>Moon – Light Blue | Sunrise: 7:41AM<br>Sunset: 4:35PM<br>Moon 11 - Phase 34 - 16 |
|                                     | Creative Work       | Siddha Yoga | 786937575                                                                                                                                                                                                | Rahu<br>1:15PM – 2:22PM              | Taitila Until 10:14PM                                          | Sivaloka Day                                                             |                                                              |
|                                     | Until 6:38PM        |             |                                                                                                                                                                                                          |                                      | Dvitiya Until 11:25AM                                          | Margasira*Karttikai                                                      |                                                              |
|                                     |                     |             | Then Routine Work - Marana Yoga                                                                                                                                                                          |                                      |                                                                |                                                                          |                                                              |
| <b>Friday, December 15, 2023</b>    |                     |             | Sobhana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |                                      |                                                                | Sun 17                                                                   | Alsea, OR<br>Sutra 243                                       |
| 2                                   | Makara Rasi: 3.28   | Tithi 3 – 4 | Gulika<br>Yama                                                                                                                                                                                           | 8:49AM – 9:55AM<br>2:22PM – 3:29PM   | Uttarashadha Until 4:44PM<br>Dhruva Until 5:30PM               | Ganesha: Clear<br>Muruga: White<br>Nataraja: Purple<br>Moon – Light Blue | Sunrise: 7:42AM<br>Sunset: 4:35PM<br>Moon 11 - Phase 34 - 17 |
|                                     |                     |             | 787937575                                                                                                                                                                                                | Rahu<br>11:02AM – 12:09PM            | Vanija Until 7:45PM                                            | Subha Sivaloka Day                                                       |                                                              |
|                                     | Routine Work        | Marana Yoga |                                                                                                                                                                                                          |                                      | Tritiya Until 8:59AM                                           | Margasira*Karttikai                                                      |                                                              |
|                                     |                     |             |                                                                                                                                                                                                          |                                      |                                                                |                                                                          |                                                              |
| <b>Saturday, December 16, 2023</b>  |                     |             | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau  |                                      |                                                                | Sun 18                                                                   | Alsea, OR<br>Sutra 244                                       |
| 3                                   | Makara Rasi: 17.52  | Tithi 4 – 5 | Gulika<br>Yama                                                                                                                                                                                           | 7:43AM – 8:49AM<br>1:16PM – 2:22PM   | Shravana Until 3:05PM<br>Vyaghata* Until 2:15PM                | Ganesha: Clear<br>Muruga: White<br>Nataraja: Purple<br>Moon – Purple     | Sunrise: 7:43AM<br>Sunset: 4:35PM<br>Moon 11 - Phase 34 - 18 |
|                                     |                     |             | 897937575                                                                                                                                                                                                | Rahu<br>9:56AM – 11:02AM             | Balava Until 4:02AM Sun                                        | Subha Sivaloka Day                                                       |                                                              |
|                                     | Creative Work       | Siddha Yoga |                                                                                                                                                                                                          | Markali Pillaiyar                    | Chaturthi* Until 6:29AM                                        | Margasira*Markali                                                        |                                                              |
|                                     |                     |             |                                                                                                                                                                                                          |                                      |                                                                |                                                                          |                                                              |
| <b>Sunday, December 17, 2023</b>    |                     |             | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Shashthyam Titau         |                                      |                                                                | Sun 19                                                                   | Alsea, OR<br>Sutra 245                                       |
| 4                                   | Kumbha Rasi: 2.15   | Tithi 6     | Gulika<br>Yama                                                                                                                                                                                           | 2:23PM – 3:29PM<br>12:10PM – 1:16PM  | Dhanishtha Until 1:23PM<br>Harshana Until 11:04AM              | Ganesha: Clear<br>Muruga: White<br>Nataraja: Purple<br>Moon – Purple     | Sunrise: 7:43AM<br>Sunset: 4:36PM<br>Moon 11 - Phase 34 - 19 |
|                                     |                     |             | 897937575                                                                                                                                                                                                | Rahu<br>3:29PM – 4:36PM              | Kaulava Until 2:53PM                                           | Subha Sivaloka Day                                                       |                                                              |
|                                     | Routine Work        | Marana Yoga |                                                                                                                                                                                                          |                                      | Shashthi* Until 1:44AM Mon                                     | Margasira*Markali                                                        |                                                              |
|                                     |                     |             | Then Creative Work - Siddha Yoga                                                                                                                                                                         |                                      |                                                                |                                                                          |                                                              |
|                                     |                     |             | Vinayaga Viratam Ends                                                                                                                                                                                    |                                      |                                                                |                                                                          |                                                              |
| <b>Monday, December 18, 2023</b>    |                     |             | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau          |                                      |                                                                | Sun 20                                                                   | Alsea, OR<br>Sutra 246                                       |
| 5                                   | Kumbha Rasi: 16.32  | Tithi 7     | Gulika<br>Yama                                                                                                                                                                                           | 1:17PM – 2:23PM<br>11:04AM – 12:10PM | Shatabhishak Until 11:42AM<br>Vajra* Until 8:00AM              | Ganesha: Red<br>Muruga: White<br>Nataraja: Purple<br>Moon – Purple       | Sunrise: 7:44AM<br>Sunset: 4:36PM<br>Moon 11 - Phase 34 - 20 |
|                                     | Family Home Evening |             | 897137575                                                                                                                                                                                                | Rahu<br>8:51AM – 9:57AM              | Gara Until 12:40PM                                             | Subha Sivaloka Day                                                       |                                                              |
|                                     | Creative Work       | Siddha Yoga |                                                                                                                                                                                                          |                                      | Saptami Until 11:38PM                                          | Margasira*Markali                                                        |                                                              |
|                                     |                     |             | Then Routine Work - Marana Yoga                                                                                                                                                                          |                                      |                                                                | Tour Day                                                                 |                                                              |
| <b>Tuesday, December 19, 2023</b>   |                     |             | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau     |                                      |                                                                | Sun 21                                                                   | Alsea, OR<br>Sutra 247                                       |
| D                                   | Retreat Star        |             | Gulika<br>Yama                                                                                                                                                                                           | 12:11PM – 1:17PM<br>9:58AM – 11:04AM | Purvaproshtapada* Until 10:32AM<br>Vyatipata* Until 2:27AM Wed | Ganesha: Clear<br>Muruga: White<br>Nataraja: Purple<br>Moon – Clear      | Sunrise: 7:45AM<br>Sunset: 4:37PM<br>Moon 11 - Phase 34 - 21 |
|                                     | Meena Rasi: 0.4     | Tithi 8     | 817137575                                                                                                                                                                                                | Rahu<br>2:24PM – 3:30PM              | Visti Until 10:41AM                                            | Subha Sivaloka Day                                                       |                                                              |
|                                     | Routine Work        | Marana Yoga |                                                                                                                                                                                                          |                                      | Ashtami* Until 9:46PM                                          | Margasira*Markali                                                        |                                                              |
|                                     |                     |             | Then Creative Work - Amrita Yoga                                                                                                                                                                         |                                      |                                                                | Ashtami                                                                  |                                                              |
| <b>Wednesday, December 20, 2023</b> |                     |             | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau                   |                                      |                                                                | Sun 22                                                                   | Alsea, OR<br>Sutra 248                                       |
|                                     | Retreat Star        |             | Gulika<br>Yama                                                                                                                                                                                           | 11:05AM – 12:11PM<br>8:52AM – 9:58AM | Uttaraproshtapada Until 9:29AM<br>Variyan Until 11:58PM        | Ganesha: Clear<br>Muruga: White<br>Nataraja: Purple<br>Moon – Clear      | Sunrise: 7:45AM<br>Sunset: 4:37PM<br>Moon 11 - Phase 34 - 22 |
|                                     | Meena Rasi: 14.38   | Tithi 9     | 817137575                                                                                                                                                                                                | Rahu<br>12:11PM – 1:18PM             | Balava Until 8:57AM                                            | Subha Sivaloka Day                                                       |                                                              |
|                                     | Creative Work       | Siddha Yoga |                                                                                                                                                                                                          |                                      | Navami* Until 8:10PM                                           | Margasira*Markali                                                        |                                                              |
|                                     |                     |             | Then Routine Work - Marana Yoga                                                                                                                                                                          |                                      |                                                                | Navami                                                                   |                                                              |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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|----------------------------------|------------------------------|------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-------------------|-----------------|-------------------------------|--|
| 1                                | Thursday, December 21, 2023  |                        | Sobhana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Parigha* Yoga Taitila/Gara Karana Dashamyam Titau                      |                          | Sun 23            |                 | Alsea, OR<br>Sutra 249        |  |
|                                  | Meena Rasi: 28.28            | Tithi 10               | Gulika 9:59AM – 11:05AM                                                                                                                                                                          | Revati Until 8:32AM      | Ganesha: Clear    | Sunrise: 7:46AM | Sobhana 5125                  |  |
|                                  |                              |                        | Yama 7:46AM – 8:52AM                                                                                                                                                                             | Parigha* Until 9:42PM    | Muruga: White     | Sunset: 4:37PM  | Moon 11 - Phase 35 - 23       |  |
|                                  | 817137575                    | Rahu 1:18PM – 2:25PM   |                                                                                                                                                                                                  | Taitila Until 7:29AM     | Nataraja: Purple  |                 | 4th Phase                     |  |
| Creative Work                    |                              | Siddha Yoga            | Day 1 of Pancha Ganapati                                                                                                                                                                         |                          | Moon – Clear      |                 | Subha Sivaloka Day            |  |
| Until 8:32AM                     |                              |                        | Dashami Until 6:50PM                                                                                                                                                                             |                          | Margasira*Markali |                 |                               |  |
| Then Creative Work - Amrita Yoga |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |
| 2                                | Friday, December 22, 2023    |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Shiva Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau               |                          | Sun 24            |                 | Alsea, OR<br>Sutra 250        |  |
|                                  | Mesha Rasi: 12.07            | Tithi 11 – 12          | Gulika 8:53AM – 9:59AM                                                                                                                                                                           | Ashvini Until 8:08AM     | Ganesha: Clear    | Sunrise: 7:46AM | Sobhana 5125                  |  |
|                                  |                              |                        | Yama 2:25PM – 3:31PM                                                                                                                                                                             | Shiva Until 7:40PM       | Muruga: White     | Sunset: 4:38PM  | Moon 11 - Phase 35 - 24       |  |
|                                  | 828137575                    | Rahu 11:06AM – 12:12PM |                                                                                                                                                                                                  | Vanija Until 6:17AM      | Nataraja: Purple  |                 | 4th Phase                     |  |
| Creative Work                    |                              | Amrita Yoga            | Day 2 of Pancha Ganapati                                                                                                                                                                         |                          | Moon – White      |                 | Subha Sivaloka Day            |  |
| Until 8:08AM                     |                              |                        | Ekadashi Until 5:46PM                                                                                                                                                                            |                          | Margasira*Markali |                 |                               |  |
| Then Creative Work - Siddha Yoga |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |
| 3                                | Saturday, December 23, 2023  |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                          | Sun 25            |                 | Alsea, OR<br>Sutra 251        |  |
|                                  | Mesha Rasi: 25.37            | Tithi 12 – 13          | Gulika 7:47AM – 8:53AM                                                                                                                                                                           | Bharani Until 7:51AM     | Ganesha: Clear    | Sunrise: 7:47AM | Sobhana 5125                  |  |
|                                  |                              |                        | Yama 1:19PM – 2:26PM                                                                                                                                                                             | Siddha Until 5:48PM      | Muruga: White     | Sunset: 4:38PM  | Moon 11 - Phase 35 - 25       |  |
|                                  | 828137575                    | Rahu 10:00AM – 11:06AM |                                                                                                                                                                                                  | Kaulava Until 4:42AM Sun | Nataraja: Purple  |                 | 4th Phase                     |  |
| Creative Work                    |                              | Siddha Yoga            | Day 3 of Pancha Ganapati                                                                                                                                                                         |                          | Moon – White      |                 | Subha Sivaloka Day            |  |
| Until 7:51AM                     |                              |                        | Dvadashi Until 4:58PM                                                                                                                                                                            |                          | Margasira*Markali |                 |                               |  |
| Then Creative Work - Amrita Yoga |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |
|                                  |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |
| 4                                | Sunday, December 24, 2023    |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau  |                          | Sun 26            |                 | Alsea, OR<br>Sutra 252        |  |
|                                  | Vrishabha Rasi: 8.58         | Tithi 13 – 14          | Gulika 2:26PM – 3:33PM                                                                                                                                                                           | Krittika Until 7:42AM    | Ganesha: Clear    | Sunrise: 7:47AM | Sobhana 5125                  |  |
|                                  |                              |                        | Yama 12:13PM – 1:20PM                                                                                                                                                                            | Sadhya Until 4:12PM      | Muruga: White     | Sunset: 4:39PM  | Moon 11 - Phase 35 - 26       |  |
|                                  | 828137575                    | Rahu 3:33PM – 4:39PM   |                                                                                                                                                                                                  | Gara Until 4:22AM Mon    | Nataraja: Purple  |                 | 4th Phase                     |  |
| Creative Work                    |                              | Siddha Yoga            | Day 4 of Pancha Ganapati                                                                                                                                                                         |                          | Moon – White      |                 | Subha Sivaloka Day            |  |
|                                  |                              |                        | Trayodashi Until 4:28PM                                                                                                                                                                          |                          | Margasira*Markali |                 |                               |  |
|                                  |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |
|                                  |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |
| 5                                | Monday, December 25, 2023    |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau   |                          | Sun 27            |                 | Alsea, OR<br>Sutra 253        |  |
|                                  | Vrishabha Rasi: 22.08        | Tithi 14 – 15          | Gulika 1:20PM – 2:27PM                                                                                                                                                                           | Rohini Until 8:10AM      | Ganesha: White    | Sunrise: 7:48AM | Sobhana 5125                  |  |
|                                  | Family Home Evening          |                        | Yama 11:07AM – 12:14PM                                                                                                                                                                           | Subha Until 2:53PM       | Muruga: White     | Sunset: 4:40PM  | Moon 11 - Phase 35 - 27       |  |
|                                  | 838137575                    | Rahu 8:54AM – 10:01AM  |                                                                                                                                                                                                  | Visti Until 4:25AM Tue   | Nataraja: Purple  |                 | 4th Phase                     |  |
| Creative Work                    |                              | Amrita Yoga            | Day 5 of Pancha Ganapati                                                                                                                                                                         |                          | Moon – Yellow     |                 | Sivaloka Day                  |  |
|                                  |                              |                        | Chaturdashi* Until 4:19PM                                                                                                                                                                        |                          | Margasira*Markali |                 |                               |  |
|                                  |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |
|                                  |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |
| O                                | Tuesday, December 26, 2023   |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Purnima/Prathamayam Titau   |                          | Sun 27            |                 | Alsea, OR<br>Sutra 254        |  |
|                                  | Copper Retreat Star          |                        | Gulika 12:14PM – 1:21PM                                                                                                                                                                          | Mrigashira Until 8:52AM  | Ganesha: White    | Sunrise: 7:48AM | Sobhana 5125                  |  |
|                                  | Mithuna Rasi: 5.07           | Tithi 15 – 16          | Yama 10:01AM – 11:08AM                                                                                                                                                                           | Sukla Until 1:51PM       | Muruga: White     | Sunset: 4:40PM  | Moon 11 - Phase 35 - Purnima  |  |
|                                  | 838137576                    | Rahu 2:27PM – 3:34PM   |                                                                                                                                                                                                  | Balava Until 4:54AM Wed  | Nataraja: Clear   |                 |                               |  |
| Creative Work                    |                              | Siddha Yoga            | Ardra Darshanam                                                                                                                                                                                  |                          | Moon – Yellow     |                 | Devaloka Day                  |  |
| Until 8:52AM                     |                              |                        |                                                                                                                                                                                                  |                          | Margasira*Markali |                 |                               |  |
| Then Routine Work - Marana Yoga  |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |
|                                  | Wednesday, December 27, 2023 |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau   |                          | Sun 27            |                 | Alsea, OR<br>Sutra 255        |  |
|                                  | Silver Retreat Star          |                        | Gulika 11:08AM – 12:15PM                                                                                                                                                                         | Ardra Until 9:49AM       | Ganesha: White    | Sunrise: 7:48AM | Sobhana 5125                  |  |
|                                  | Mithuna Rasi: 17.53          | Tithi 16 – 17          | Yama 8:55AM – 10:01AM                                                                                                                                                                            | Brahma Until 1:10PM      | Muruga: White     | Sunset: 4:41PM  | Moon 11 - Phase 35 - Prathama |  |
|                                  | 838137576                    | Rahu 12:15PM – 1:21PM  |                                                                                                                                                                                                  | Taitila Until 5:51AM Thu | Nataraja: Clear   |                 |                               |  |
| Creative Work                    |                              | Siddha Yoga            | Prathama* Until 5:18PM                                                                                                                                                                           |                          | Moon – Yellow     |                 | Devaloka Day                  |  |
|                                  |                              |                        |                                                                                                                                                                                                  |                          | Margasira*Markali |                 |                               |  |
|                                  |                              |                        |                                                                                                                                                                                                  |                          |                   |                 |                               |  |

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|  | <b>Thursday, December 28, 2023</b> | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Indra/Vaidhriti* Yoga Gara Karana Dvitiyayam Titau |                                | Sun 1                    |                           | Alsea, OR<br>Sutra 256 |
| <b>Gold Retreat Star</b>                                                      |                                    | <b>Gulika</b> 10:02AM – 11:08AM                                                                                                                                                 | <b>Punarvasu Until 11:34AM</b> | <b>Ganesha:</b> Blue     | <i>Sunrise:</i> 7:48AM    | Sobhana 5125           |
| Kataka Rasi: 0.26                                                             | Tithi 17                           | Yama 7:48AM – 8:55AM                                                                                                                                                            | Indra Until 12:52PM            | <b>Muruga:</b> White     | <i>Sunset:</i> 4:42PM     | Moon 12 - Phase 36 - 1 |
|                                                                               | 849137576                          | <b>Rahu</b> 1:22PM – 2:28PM                                                                                                                                                     | Gara Until 6:30PM              | <b>Nataraja:</b> Clear   |                           | 1st Phase              |
| Creative Work                                                                 | Amrita Yoga                        |                                                                                                                                                                                 | <b>Dvitiya Until 6:30PM</b>    | Moon – Blue              | <b>Subha Sivaloka Day</b> |                        |
|                                                                               |                                    |                                                                                                                                                                                 |                                | <b>Margasira*Markali</b> |                           |                        |

|                    |                                  |                                                                                                                                                                                                 |                             |                          |                           |                        |
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| <b>1</b>           | <b>Friday, December 29, 2023</b> | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Tritiyayam Titau |                             | Sun 2                    |                           | Alsea, OR<br>Sutra 257 |
|                    |                                  | <b>Gulika</b> 8:55AM – 10:02AM                                                                                                                                                                  | <b>Pushya Until 1:38PM</b>  | <b>Ganesha:</b> Blue     | <i>Sunrise:</i> 7:49AM    | Sobhana 5125           |
| Kataka Rasi: 12.47 | Tithi 18                         | Yama 2:29PM – 3:36PM                                                                                                                                                                            | Vaidhriti* Until 12:56PM    | <b>Muruga:</b> White     | <i>Sunset:</i> 4:43PM     | Moon 12 - Phase 36 - 2 |
|                    | 849137576                        | <b>Rahu</b> 11:09AM – 12:16PM                                                                                                                                                                   | Vanija Until 7:19AM         | <b>Nataraja:</b> Clear   |                           | 1st Phase              |
| Routine Work       | Marana Yoga                      |                                                                                                                                                                                                 | <b>Tritiya Until 8:13PM</b> | Moon – Blue              | <b>Subha Sivaloka Day</b> |                        |
|                    |                                  |                                                                                                                                                                                                 |                             | <b>Margasira*Markali</b> |                           |                        |

|                                  |                                    |                                                                                                                                                                                           |                                 |                          |                           |                        |
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| <b>2</b>                         | <b>Saturday, December 30, 2023</b> | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Chaturthyam Titau |                                 | Sun 3                    |                           | Alsea, OR<br>Sutra 258 |
|                                  |                                    | <b>Gulika</b> 7:49AM – 8:56AM                                                                                                                                                             | <b>Ashlesha* Until 3:59PM</b>   | <b>Ganesha:</b> Blue     | <i>Sunrise:</i> 7:49AM    | Sobhana 5125           |
| Kataka Rasi: 24.55               | Tithi 19                           | Yama 1:23PM – 2:30PM                                                                                                                                                                      | Vishkambha* Until 1:22PM        | <b>Muruga:</b> White     | <i>Sunset:</i> 4:43PM     | Moon 12 - Phase 36 - 3 |
|                                  | 849137576                          | <b>Rahu</b> 10:02AM – 11:09AM                                                                                                                                                             | Bava Until 9:17AM               | <b>Nataraja:</b> Clear   |                           | 1st Phase              |
| Routine Work                     | Marana Yoga                        |                                                                                                                                                                                           | <b>Chaturthi* Until 10:24PM</b> | Moon – Blue              | <b>Subha Sivaloka Day</b> |                        |
| Until 3:59PM                     |                                    |                                                                                                                                                                                           |                                 | <b>Margasira*Markali</b> |                           |                        |
| Then Creative Work - Amrita Yoga |                                    |                                                                                                                                                                                           |                                 |                          |                           |                        |

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| <b>3</b>                         | <b>Sunday, December 31, 2023</b> | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Magha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau |                                   | Sun 4                    |                        | Alsea, OR<br>Sutra 259 |
|                                  |                                  | <b>Gulika</b> 2:30PM – 3:37PM                                                                                                                                                   | <b>Magha* Until 7:02PM</b>        | <b>Ganesha:</b> Red      | <i>Sunrise:</i> 7:49AM | Sobhana 5125           |
| Simha Rasi: 6.53                 | Tithi 20                         | Yama 12:17PM – 1:24PM                                                                                                                                                           | Priti Until 2:06PM                | <b>Muruga:</b> White     | <i>Sunset:</i> 4:44PM  | Moon 12 - Phase 36 - 4 |
|                                  | 859137576                        | <b>Rahu</b> 3:37PM – 4:44PM                                                                                                                                                     | Kaulava Until 11:39AM             | <b>Nataraja:</b> Clear   |                        | 1st Phase              |
| Routine Work                     | Marana Yoga                      |                                                                                                                                                                                 | <b>Panchami Until 12:55AM Mon</b> | Moon – Red               | <b>Sivaloka Day</b>    |                        |
| Until 7:02PM                     |                                  |                                                                                                                                                                                 |                                   | <b>Margasira*Markali</b> |                        |                        |
| Then Creative Work - Siddha Yoga |                                  |                                                                                                                                                                                 |                                   |                          |                        |                        |

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| <b>4</b>                   | <b>Monday, January 1, 2024</b> | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau |                                    | Sun 5                    |                        | Alsea, OR<br>Sutra 260 |
|                            |                                | <b>Gulika</b> 1:25PM – 2:32PM                                                                                                                                                         | <b>Purvaphalguni Until 10:07PM</b> | <b>Ganesha:</b> Red      | <i>Sunrise:</i> 7:49AM | Sobhana 5125           |
| Simha Rasi: 18.44          | Tithi 21                       | Yama 11:10AM – 12:18PM                                                                                                                                                                | Ayushman Until 3:00PM              | <b>Muruga:</b> White     | <i>Sunset:</i> 4:46PM  | Moon 12 - Phase 36 - 5 |
| <b>Family Home Evening</b> | 859137576                      | <b>Rahu</b> 8:56AM – 10:03AM                                                                                                                                                          | Gara Until 2:17PM                  | <b>Nataraja:</b> Clear   |                        | 1st Phase              |
| Creative Work              | Siddha Yoga                    |                                                                                                                                                                                       | <b>Shashthi* Until 3:37AM Tue</b>  | Moon – Red               | <b>Sivaloka Day</b>    |                        |
|                            |                                |                                                                                                                                                                                       |                                    | <b>Margasira*Markali</b> |                        |                        |

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| <b>5</b>                        | <b>Tuesday, January 2, 2024</b> | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Saptamyam Titau |                                        | Sun 6                    |                        | Alsea, OR<br>Sutra 261 |
|                                 |                                 | <b>Gulika</b> 12:18PM – 1:25PM                                                                                                                                                          | <b>Uttaraphalguni Until 1:02AM Wed</b> | <b>Ganesha:</b> Red      | <i>Sunrise:</i> 7:49AM | Sobhana 5125           |
| Kanya Rasi: 0.32                | Tithi 22                        | Yama 10:04AM – 11:11AM                                                                                                                                                                  | Saubhagya Until 3:57PM                 | <b>Muruga:</b> White     | <i>Sunset:</i> 4:47PM  | Moon 12 - Phase 36 - 6 |
|                                 | 859137576                       | <b>Rahu</b> 2:32PM – 3:40PM                                                                                                                                                             | Visti Until 4:59PM                     | <b>Nataraja:</b> Clear   |                        | 1st Phase              |
| Creative Work                   | Amrita Yoga                     |                                                                                                                                                                                         | <b>Saptami Until 6:16AM Wed</b>        | Moon – Red               | <b>Sivaloka Day</b>    |                        |
| Until 1:02AM Wed                |                                 |                                                                                                                                                                                         |                                        | <b>Margasira*Markali</b> |                        |                        |
| Then Routine Work - Marana Yoga |                                 |                                                                                                                                                                                         |                                        |                          |                        |                        |

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| <b>D</b>                         | <b>Wednesday, January 3, 2024</b> | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau |                               | Sun 7                    |                           | Alsea, OR<br>Sutra 262 |
| <b>Retreat Star</b>              |                                   | <b>Gulika</b> 11:11AM – 12:19PM                                                                                                                                                       | <b>Hasta Until 4:01AM Thu</b> | <b>Ganesha:</b> Green    | <i>Sunrise:</i> 7:49AM    | Sobhana 5125           |
| Kanya Rasi: 12.22                | Tithi 22 – 23                     | Yama 8:56AM – 10:04AM                                                                                                                                                                 | Sobhana Until 4:47PM          | <b>Muruga:</b> White     | <i>Sunset:</i> 4:48PM     | Moon 12 - Phase 36 - 7 |
|                                  | 869137576                         | <b>Rahu</b> 12:19PM – 1:26PM                                                                                                                                                          | Balava Until 7:30PM           | <b>Nataraja:</b> Clear   |                           | Ashtami                |
| Routine Work                     | Marana Yoga                       |                                                                                                                                                                                       | <b>Saptami Until 6:16AM</b>   | Moon – Green             | <b>Subha Sivaloka Day</b> |                        |
| Until 4:01AM Thu                 |                                   |                                                                                                                                                                                       |                               | <b>Margasira*Markali</b> |                           |                        |
| Then Creative Work - Siddha Yoga |                                   |                                                                                                                                                                                       |                               |                          |                           |                        |

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| Thursday, January 4, 2024 |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam |                   |                         |                   |                    |                        | Alsea, OR    |
| Retreat Star              |               | Chitra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau         |                   |                         |                   |                    |                        | Sutra 263    |
| Kanya Rasi: 24.19         | Tithi 23 – 24 | Gulika                                                                                         | 10:04AM – 11:11AM | Chitra Until 6:18AM Fri | Ganesha: Green    | Sunrise: 7:49AM    | Sun 8                  | Sobhana 5125 |
|                           |               | Yama                                                                                           | 7:49AM – 8:57AM   | Athiganda* Until 5:16PM | Muruga: White     | Sunset: 4:49PM     | Moon 12 - Phase 36 - 8 |              |
|                           | 869137576     | Rahu                                                                                           | 1:26PM – 2:34PM   | Taitila Until 9:32PM    | Nataraja: Clear   |                    |                        | Navami       |
| Creative Work             | Siddha Yoga   |                                                                                                |                   |                         | Moon – Green      | Subha Sivaloka Day |                        |              |
|                           |               |                                                                                                |                   | Ashtami* Until 8:34AM   | Margasira*Markali |                    |                        |              |

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

|                                  |               |                                                                                                                                                                                        |                                            |                                                    |                                                                                             |
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| <b>1 Friday, January 5, 2024</b> |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                                            | Sun 9 Sutra 264                                    |                                                                                             |
| Tula Rasi: 6.3                   | Tithi 24 – 25 | <b>Gulika</b><br>Yama                                                                                                                                                                  | <b>8:57AM – 10:04AM</b><br>2:35PM – 3:42PM | <b>Chitra Until 6:18AM</b><br>Sukarma Until 5:16PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:49AM<br><b>Muruga:</b> White <i>Sunset:</i> 4:50PM |
| 861137576                        |               | <b>Rahu</b>                                                                                                                                                                            | <b>11:12AM – 12:19PM</b>                   | Vanija Until 10:53PM                               | Moon 12 - Phase 37 - 9                                                                      |
| Creative Work                    | Siddha Yoga   | Subramuniyaswami Jayanti                                                                                                                                                               |                                            | Navami* Until 10:17AM                              | 2nd Phase                                                                                   |
|                                  |               |                                                                                                                                                                                        |                                            | Margasira*Markali                                  | <b>Sivaloka Day</b>                                                                         |

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| <b>2 Saturday, January 6, 2024</b> |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                                           | Sun 10 Sutra 265                                 |                                                                                             |
| Tula Rasi: 18.59                   | Tithi 25 – 26 | <b>Gulika</b><br>Yama                                                                                                                                                                     | <b>7:49AM – 8:57AM</b><br>1:28PM – 2:35PM | <b>Svati Until 7:44AM</b><br>Dhriti Until 4:40PM | <b>Ganesha:</b> Orange <i>Sunrise:</i> 7:49AM<br><b>Muruga:</b> White <i>Sunset:</i> 4:51PM |
| 861137576                          |               | <b>Rahu</b>                                                                                                                                                                               | <b>10:04AM – 11:12AM</b>                  | Bava Until 11:23PM                               | Moon 12 - Phase 37 - 10                                                                     |
| Creative Work                      | Siddha Yoga   |                                                                                                                                                                                           |                                           | Dashami Until 11:13AM                            | 2nd Phase                                                                                   |
|                                    |               |                                                                                                                                                                                           |                                           | Margasira*Markali                                | <b>Sivaloka Day</b>                                                                         |

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| <b>3 Sunday, January 7, 2024</b> |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Ganda*/Vridha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                            | Sun 11 Sutra 266                                    |                                                                                                 |
| Vrischika Rasi: 1.53             | Tithi 26 – 27 | <b>Gulika</b><br>Yama                                                                                                                                                                             | <b>2:36PM – 3:44PM</b><br>12:20PM – 1:28PM | <b>Vishakha Until 8:38AM</b><br>Shula* Until 3:21PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:49AM<br><b>Muruga:</b> White <i>Sunset:</i> 4:52PM |
| 871137576                        |               | <b>Rahu</b>                                                                                                                                                                                       | <b>3:44PM – 4:52PM</b>                     | Kaulava Until 11:01PM                               | Moon 12 - Phase 37 - 11                                                                         |
| Routine Work                     | Marana Yoga   |                                                                                                                                                                                                   |                                            | Ekadashi* Until 11:17AM                             | 2nd Phase                                                                                       |
|                                  |               |                                                                                                                                                                                                   |                                            | Margasira*Markali                                   | <b>Devaloka Day</b>                                                                             |

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| <b>4 Monday, January 8, 2024</b> |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau |                                             | Sun 12 Sutra 267                                    |                                                                                                 |
| Vrischika Rasi: 15.13            | Tithi 27 – 28 | <b>Gulika</b><br>Yama                                                                                                                                                                           | <b>1:29PM – 2:37PM</b><br>11:13AM – 12:21PM | <b>Anuradha Until 8:32AM</b><br>Ganda* Until 1:24PM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:48AM<br><b>Muruga:</b> White <i>Sunset:</i> 4:53PM |
| <b>Family Home Evening</b>       |               | <b>Rahu</b>                                                                                                                                                                                     | <b>8:56AM – 10:05AM</b>                     | Gara Until 9:49PM                                   | Moon 12 - Phase 37 - 12                                                                         |
| Creative Work                    | Siddha Yoga   |                                                                                                                                                                                                 |                                             | Dvadashi* Until 10:30AM                             | 2nd Phase                                                                                       |
|                                  |               |                                                                                                                                                                                                 |                                             | Margasira*Markali                                   | <b>Devaloka Day</b>                                                                             |
|                                  |               | <i>Pradosha Vrata (Fasting)</i>                                                                                                                                                                 |                                             |                                                     |                                                                                                 |

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| <b>5 Tuesday, January 9, 2024</b> |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                              | Sun 13 Sutra 268                                      |                                                                                                 |
| Vrischika Rasi: 29.01             | Tithi 28 – 29 | <b>Gulika</b><br>Yama                                                                                                                                                                                | <b>12:21PM – 1:29PM</b><br>10:05AM – 11:13AM | <b>Jyeshtha* Until 7:32AM</b><br>Vridhi Until 10:51AM | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:48AM<br><b>Muruga:</b> White <i>Sunset:</i> 4:54PM |
| 871137576                         |               | <b>Rahu</b>                                                                                                                                                                                          | <b>2:38PM – 3:46PM</b>                       | Visti Until 7:53PM                                    | Moon 12 - Phase 37 - 13                                                                         |
| Routine Work                      | Marana Yoga   |                                                                                                                                                                                                      |                                              | Trayodashi* Until 8:55AM                              | 2nd Phase                                                                                       |
| Until 7:32AM                      |               |                                                                                                                                                                                                      |                                              | Margasira*Markali                                     | <b>Devaloka Day</b>                                                                             |
| Then Creative Work                | - Amrita Yoga |                                                                                                                                                                                                      |                                              |                                                       |                                                                                                 |

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| <b>Wednesday, January 10, 2024</b> |               | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau |                                              | Sun 14 Sutra 269                                 |                                                                                             |
| <b>Retreat Star</b>                |               | <b>Gulika</b><br>Yama                                                                                                                                                                                   | <b>11:13AM – 12:22PM</b><br>8:56AM – 10:05AM | <b>Mula* Until 6:09AM</b><br>Dhruva Until 7:46AM | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:48AM<br><b>Muruga:</b> White <i>Sunset:</i> 4:55PM |
| Dhanus Rasi: 13.14                 | Tithi 29 – 30 | <b>Rahu</b>                                                                                                                                                                                             | <b>12:22PM – 1:30PM</b>                      | Naga Until 3:58AM Thu                            | Moon 12 - Phase 37 - 14                                                                     |
| 861137576                          |               | Hanumath Jayanthi (Tamil Nadu)                                                                                                                                                                          |                                              | Chaturdashi* Until 6:41AM                        | Amavasya                                                                                    |
| Routine Work                       | Marana Yoga   |                                                                                                                                                                                                         |                                              | Margasira*Markali                                | <b>Devaloka Day</b>                                                                         |
| Until 6:09AM                       |               |                                                                                                                                                                                                         |                                              |                                                  |                                                                                             |
| Then Creative Work                 | - Amrita Yoga |                                                                                                                                                                                                         |                                              |                                                  |                                                                                             |

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| <b>Thursday, January 11, 2024</b> |             | Sobhana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau |                                             | Sun 15 Sutra 270                                                   |                                                                                             |
| <b>Retreat Star</b>               |             | <b>Gulika</b><br>Yama                                                                                                                                                        | <b>10:05AM – 11:13AM</b><br>7:47AM – 8:56AM | <b>Uttarashadha Until 1:41AM Fri</b><br>Harshana Until 12:36AM Fri | <b>Ganesha:</b> Purple <i>Sunrise:</i> 7:47AM<br><b>Muruga:</b> White <i>Sunset:</i> 4:57PM |
| Dhanus Rasi: 27.47                | Tithi 1     | <b>Rahu</b>                                                                                                                                                                  | <b>1:31PM – 2:39PM</b>                      | Kintughna Until 2:30PM                                             | Moon 12 - Phase 37 - 15                                                                     |
| 881137576                         |             |                                                                                                                                                                              |                                             | Prathama* Until 12:56AM Fri                                        | Prathama                                                                                    |
| Routine Work                      | Marana Yoga |                                                                                                                                                                              |                                             | Pausha*Markali                                                     | <b>Devaloka Day</b>                                                                         |

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| 1                                | Friday, January 12, 2024    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau                                              |                                       |                                                         |                                  | Sun 16                            | Sutra 271                               |
|                                  | Makara Rasi: 12.34          | Tithi 2     | Gulika<br>Yama                                                                                                                                                                                                      | 8:56AM – 10:05AM<br>2:40PM – 3:49PM   | Shravana Until 11:21PM<br>Vajra* Until 8:44PM           | Ganesha: Purple<br>Muruga: White | Sunrise: 7:47AM<br>Sunset: 4:58PM | Sobhana 5125<br>Moon 12 - Phase 38 - 16 |
|                                  | 891237576                   | Rahu        | 11:13AM – 12:22PM                                                                                                                                                                                                   | Balava Until 11:21AM                  | Nataraja: Clear<br>Moon – Purple                        | Devaloka Day                     |                                   |                                         |
|                                  | Routine Work                | Marana Yoga | Dvitiya Until 9:44PM                                                                                                                                                                                                |                                       | Pausha*Markali                                          |                                  |                                   |                                         |
| Until 11:21PM                    |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| Then Creative Work - Siddha Yoga |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| 2                                | Saturday, January 13, 2024  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau                                   |                                       |                                                         |                                  | Sun 17                            | Sutra 272                               |
|                                  | Makara Rasi: 27.26          | Tithi 3     | Gulika<br>Yama                                                                                                                                                                                                      | 7:46AM – 8:56AM<br>1:32PM – 2:41PM    | Dhanishtha Until 8:54PM<br>Siddhi Until 4:54PM          | Ganesha: Purple<br>Muruga: White | Sunrise: 7:46AM<br>Sunset: 4:59PM | Sobhana 5125<br>Moon 12 - Phase 38 - 17 |
|                                  | 891237576                   | Rahu        | 10:05AM – 11:14AM                                                                                                                                                                                                   | Taitila Until 8:09AM                  | Nataraja: Clear<br>Moon – Purple                        | Devaloka Day                     |                                   |                                         |
|                                  | Creative Work               | Siddha Yoga | Tritiya Until 6:33PM                                                                                                                                                                                                |                                       | Pausha*Markali                                          |                                  |                                   |                                         |
| Until 8:54PM                     |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| Then Creative Work - Amrita Yoga |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| 3                                | Sunday, January 14, 2024    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau                       |                                       |                                                         |                                  | Sun 18                            | Sutra 273                               |
|                                  | Kumbha Rasi: 12.15          | Tithi 4 – 5 | Gulika<br>Yama                                                                                                                                                                                                      | 2:42PM – 3:51PM<br>12:23PM – 1:32PM   | Shatabhishak Until 6:30PM<br>Vyatipata* Until 1:11PM    | Ganesha: Purple<br>Muruga: White | Sunrise: 7:46AM<br>Sunset: 5:00PM | Sobhana 5125<br>Moon 12 - Phase 38 - 18 |
|                                  | 891237576                   | Rahu        | 3:51PM – 5:00PM                                                                                                                                                                                                     | Bava Until 2:09AM Mon                 | Nataraja: Clear<br>Moon – Purple                        | Devaloka Day                     |                                   |                                         |
|                                  | Creative Work               | Siddha Yoga | Thai Pongal                                                                                                                                                                                                         |                                       | Pausha*Thai                                             |                                  |                                   |                                         |
| Until 8:54PM                     |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| Then Creative Work - Amrita Yoga |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| 4                                | Monday, January 15, 2024    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                       |                                                         |                                  | Sun 19                            | Sutra 274                               |
|                                  | Kumbha Rasi: 26.53          | Tithi 5 – 6 | Gulika<br>Yama                                                                                                                                                                                                      | 1:33PM – 2:42PM<br>11:14AM – 12:23PM  | Purvaproshtapada* Until 4:40PM<br>Variyan Until 9:41AM  | Ganesha: White<br>Muruga: White  | Sunrise: 7:45AM<br>Sunset: 5:01PM | Sobhana 5125<br>Moon 12 - Phase 38 - 19 |
|                                  | 812237576                   | Rahu        | 8:55AM – 10:04AM                                                                                                                                                                                                    | Kaulava Until 11:36PM                 | Nataraja: Clear<br>Moon – Clear                         | Devaloka Day                     |                                   |                                         |
|                                  | Family Home Evening         | Marana Yoga | Panchami Until 12:48PM                                                                                                                                                                                              |                                       | Pausha*Thai                                             |                                  |                                   |                                         |
| Until 4:40PM                     |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| Then Creative Work - Siddha Yoga |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| 5                                | Tuesday, January 16, 2024   |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau             |                                       |                                                         |                                  | Sun 20                            | Sutra 275                               |
|                                  | Meena Rasi: 11.16           | Tithi 6 – 7 | Gulika<br>Yama                                                                                                                                                                                                      | 12:24PM – 1:33PM<br>10:04AM – 11:14AM | Uttaraproshtapada Until 3:07PM<br>Parigha* Until 6:30AM | Ganesha: White<br>Muruga: White  | Sunrise: 7:45AM<br>Sunset: 5:03PM | Sobhana 5125<br>Moon 12 - Phase 38 - 20 |
|                                  | 812237576                   | Rahu        | 2:43PM – 3:53PM                                                                                                                                                                                                     | Gara Until 9:29PM                     | Nataraja: Clear<br>Moon – Clear                         | Devaloka Day                     |                                   |                                         |
|                                  | Creative Work               | Amrita Yoga | Shashthi* Until 10:28AM                                                                                                                                                                                             |                                       | Pausha*Thai                                             |                                  |                                   |                                         |
| Until 3:07PM                     |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| Then Creative Work - Siddha Yoga |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| D                                | Wednesday, January 17, 2024 |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau                                  |                                       |                                                         |                                  | Sun 21                            | Sutra 276                               |
|                                  | Meena Rasi: 25.21           | Tithi 7 – 8 | Gulika<br>Yama                                                                                                                                                                                                      | 11:14AM – 12:24PM<br>8:54AM – 10:04AM | Revati Until 1:53PM<br>Siddha Until 1:15AM Thu          | Ganesha: White<br>Muruga: White  | Sunrise: 7:44AM<br>Sunset: 5:04PM | Sobhana 5125<br>Moon 12 - Phase 38 - 21 |
|                                  | 812237576                   | Rahu        | 12:24PM – 1:34PM                                                                                                                                                                                                    | Visti Until 7:52PM                    | Nataraja: Clear<br>Moon – Clear                         | Devaloka Day                     |                                   |                                         |
|                                  | Routine Work                | Marana Yoga | Saptami Until 8:36AM                                                                                                                                                                                                |                                       | Pausha*Thai                                             |                                  |                                   |                                         |
| Until 1:26PM                     |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| Then Creative Work - Siddha Yoga |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
|                                  | Thursday, January 18, 2024  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau                                     |                                       |                                                         |                                  | Sun 22                            | Sutra 277                               |
|                                  | Mesha Rasi: 9.07            | Tithi 8 – 9 | Gulika<br>Yama                                                                                                                                                                                                      | 10:04AM – 11:14AM<br>7:44AM – 8:54AM  | Ashvini Until 1:26PM<br>Sadhya Until 11:13PM            | Ganesha: Yellow<br>Muruga: White | Sunrise: 7:44AM<br>Sunset: 5:05PM | Sobhana 5125<br>Moon 12 - Phase 38 - 22 |
|                                  | 822237576                   | Rahu        | 1:35PM – 2:45PM                                                                                                                                                                                                     | Balava Until 6:45PM                   | Nataraja: Clear<br>Moon – White                         | Sivaloka Day                     |                                   |                                         |
|                                  | Creative Work               | Amrita Yoga | Ashtami* Until 7:14AM                                                                                                                                                                                               |                                       | Pausha*Thai                                             |                                  |                                   |                                         |
| Until 1:26PM                     |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |
| Then Creative Work - Siddha Yoga |                             |             |                                                                                                                                                                                                                     |                                       |                                                         |                                  |                                   |                                         |

|   |                             |               |                                                                                                                                                                                                 |                          |                 |                 |                               |
|---|-----------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|-----------------|-----------------|-------------------------------|
| 1 | Friday, January 19, 2024    |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Subha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau            |                          | Sun 23          |                 | Sutra 278                     |
|   | Mesha Rasi: 22.35           | Tithi 9 – 10  | Gulika 8:53AM – 10:04AM                                                                                                                                                                         | Bharani Until 1:19PM     | Ganesha: Yellow | Sunrise: 7:43AM | Sobhana 5125                  |
|   |                             |               | Yama 2:46PM – 3:56PM                                                                                                                                                                            | Subha Until 9:35PM       | Muruga: White   | Sunset: 5:07PM  | Moon 12 - Phase 39 - 23       |
|   | Creative Work               | Siddha Yoga   | 822237576 Rahu 11:14AM – 12:25PM                                                                                                                                                                | Taitila Until 6:08PM     | Nataraja: Clear |                 | 4th Phase                     |
|   |                             |               | Navami* Until 6:22AM                                                                                                                                                                            |                          | Sivaloka Day    |                 |                               |
|   |                             |               |                                                                                                                                                                                                 |                          | Pausha*Thai     |                 |                               |
| 2 | Saturday, January 20, 2024  |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau                     |                          | Sun 24          |                 | Sutra 279                     |
|   | Vrishabha Rasi: 5.49        | Tithi 11      | Gulika 7:42AM – 8:53AM                                                                                                                                                                          | Krittika Until 1:30PM    | Ganesha: Yellow | Sunrise: 7:42AM | Sobhana 5125                  |
|   |                             |               | Yama 1:36PM – 2:46PM                                                                                                                                                                            | Sukla Until 8:17PM       | Muruga: White   | Sunset: 5:08PM  | Moon 12 - Phase 39 - 24       |
|   | Creative Work               | Amrita Yoga   | 822237576 Rahu 10:04AM – 11:14AM                                                                                                                                                                | Vanija Until 5:57PM      | Nataraja: Clear |                 | 4th Phase                     |
|   |                             |               | Ekadashi Until 6:00AM Sun                                                                                                                                                                       |                          | Sivaloka Day    |                 |                               |
|   |                             |               |                                                                                                                                                                                                 |                          | Pausha*Thai     |                 |                               |
| 3 | Sunday, January 21, 2024    |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Brahma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau           |                          | Sun 25          |                 | Sutra 280                     |
|   | Vrishabha Rasi: 18.49       | Tithi 11 – 12 | Gulika 2:47PM – 3:58PM                                                                                                                                                                          | Rohini Until 2:24PM      | Ganesha: Blue   | Sunrise: 7:41AM | Sobhana 5125                  |
|   |                             |               | Yama 12:25PM – 1:36PM                                                                                                                                                                           | Brahma Until 7:17PM      | Muruga: White   | Sunset: 5:09PM  | Moon 12 - Phase 39 - 25       |
|   | Creative Work               | Siddha Yoga   | 832237576 Rahu 3:58PM – 5:09PM                                                                                                                                                                  | Bava Until 6:11PM        | Nataraja: Clear |                 | 4th Phase                     |
|   |                             |               | Ekadashi Until 6:00AM                                                                                                                                                                           |                          | Devaloka Day    |                 |                               |
|   |                             |               |                                                                                                                                                                                                 |                          | Pausha*Thai     |                 |                               |
| 4 | Monday, January 22, 2024    |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Indra Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau         |                          | Sun 26          |                 | Sutra 281                     |
|   | Mithuna Rasi: 1.38          | Tithi 12 – 13 | Gulika 1:37PM – 2:48PM                                                                                                                                                                          | Mrigashira Until 3:30PM  | Ganesha: Blue   | Sunrise: 7:41AM | Sobhana 5125                  |
|   | Family Home Evening         |               | Yama 11:14AM – 12:26PM                                                                                                                                                                          | Indra Until 6:36PM       | Muruga: White   | Sunset: 5:11PM  | Moon 12 - Phase 39 - 26       |
|   | Creative Work               | Amrita Yoga   | 832237576 Rahu 8:52AM – 10:03AM                                                                                                                                                                 | Kaulava Until 6:48PM     | Nataraja: Clear |                 | 4th Phase                     |
|   |                             |               | Dvadashi Until 6:25AM                                                                                                                                                                           |                          | Devaloka Day    |                 |                               |
|   |                             |               |                                                                                                                                                                                                 |                          | Pausha*Thai     |                 |                               |
|   |                             |               |                                                                                                                                                                                                 |                          | Pradosha Vrata  |                 |                               |
| 5 | Tuesday, January 23, 2024   |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                          | Sun 27          |                 | Sutra 282                     |
|   | Mithuna Rasi: 14.16         | Tithi 13 – 14 | Gulika 12:26PM – 1:37PM                                                                                                                                                                         | Ardra Until 4:48PM       | Ganesha: Blue   | Sunrise: 7:40AM | Sobhana 5125                  |
|   |                             |               | Yama 10:03AM – 11:14AM                                                                                                                                                                          | Vaidhriti* Until 6:10PM  | Muruga: White   | Sunset: 5:12PM  | Moon 12 - Phase 39 - 27       |
|   | Routine Work                | Marana Yoga   | 832237576 Rahu 2:49PM – 4:00PM                                                                                                                                                                  | Gara Until 7:46PM        | Nataraja: Clear |                 | 4th Phase                     |
|   |                             |               | Trayodashi Until 7:13AM                                                                                                                                                                         |                          | Devaloka Day    |                 |                               |
|   |                             |               |                                                                                                                                                                                                 |                          | Pausha*Thai     |                 |                               |
| ○ | Wednesday, January 24, 2024 |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau         |                          | Sun 27          |                 | Sutra 282                     |
|   | Copper Retreat Star         |               | Gulika 11:14AM – 12:26PM                                                                                                                                                                        | Punarvasu Until 6:47PM   | Ganesha: Red    | Sunrise: 7:39AM | Sobhana 5125                  |
|   | Mithuna Rasi: 26.44         | Tithi 14 – 15 | Yama 8:51AM – 10:02AM                                                                                                                                                                           | Vishkambha* Until 6:02PM | Muruga: White   | Sunset: 5:13PM  | Moon 12 - Phase 39 - Purnima  |
|   | Creative Work               | Siddha Yoga   | 842237576 Rahu 12:26PM – 1:38PM                                                                                                                                                                 | Visti Until 9:07PM       | Nataraja: Clear |                 |                               |
|   |                             |               | Chaturdashi* Until 8:23AM                                                                                                                                                                       |                          | Sivaloka Day    |                 |                               |
|   |                             |               |                                                                                                                                                                                                 |                          | Pausha*Thai     |                 |                               |
|   | Thursday, January 25, 2024  |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau                      |                          | Sun 27          |                 | Sutra 282                     |
|   | Silver Retreat Star         |               | Gulika 10:02AM – 11:14AM                                                                                                                                                                        | Pushya Until 8:57PM      | Ganesha: Blue   | Sunrise: 7:38AM | Sobhana 5125                  |
|   | Kataka Rasi: 9.04           | Tithi 15 – 16 | Yama 7:38AM – 8:50AM                                                                                                                                                                            | Priti Until 6:11PM       | Muruga: White   | Sunset: 5:15PM  | Moon 12 - Phase 39 - Prathama |
|   | Creative Work               | Amrita Yoga   | 942237576 Rahu 1:38PM – 2:50PM                                                                                                                                                                  | Balava Until 10:50PM     | Nataraja: Clear |                 |                               |
|   |                             |               | Purnima* Until 9:55AM                                                                                                                                                                           |                          | Devaloka Day    |                 |                               |
|   |                             |               | Thai Pusam                                                                                                                                                                                      |                          | Pausha*Thai     |                 |                               |
|   |                             |               |                                                                                                                                                                                                 |                          |                 |                 |                               |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

|                                                                                                 |                                                                                        |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|-------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|--|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--------------------------------------------------------------------------------------------------------------------------|--|---------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------|--|
| <div>  </div>      | <b>Friday, January 26, 2024</b><br><b>Gold Retreat Star</b>                            |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Ayushman Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau        |  | <b>Ashlesha* Until 11:19PM</b><br>Ayushman Until 6:35PM<br>Taitila Until 12:56AM Sat<br><b>Prathama* Until 11:49AM</b>   |  | <b>Ganesha:</b> Blue<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Blue<br><b>Devaloka Day</b><br>Pausha*Thai     |  | <b>Sunrise:</b> 7:37AM<br><b>Sunset:</b> 5:16PM<br>Moon 13 - Phase 40 - 1st Phase |  |
|                                                                                                 | Kataka Rasi: 21.13      Tithi 16 – 17<br>942237576                                     |  | <b>Gulika</b> <b>8:49AM – 10:02AM</b><br>Yama      2:51PM – 4:04PM<br><b>Rahu</b> <b>11:14AM – 12:26PM</b>                                                                               |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|                                                                                                 | Routine Work      Marana Yoga                                                          |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
| <div> <b>1</b> </div>                                                                           | <b>Saturday, January 27, 2024</b>                                                      |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau           |  | <b>Magha* Until 2:19AM Sun</b><br>Saubhagya Until 7:16PM<br>Vanija Until 3:21AM Sun<br><b>Dvitiya Until 2:05PM</b>       |  | <b>Ganesha:</b> Red<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Sivaloka Day</b><br>Pausha*Thai       |  | <b>Sunrise:</b> 7:36AM<br><b>Sunset:</b> 5:17PM<br>Moon 13 - Phase 40 - 1st Phase |  |
|                                                                                                 | Simha Rasi: 3.14      Tithi 17 – 18<br>952237576                                       |  | <b>Gulika</b> <b>7:36AM – 8:49AM</b><br>Yama      1:39PM – 2:52PM<br><b>Rahu</b> <b>10:01AM – 11:14AM</b>                                                                                |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|                                                                                                 | Creative Work      Amrita Yoga<br>Until 2:19AM Sun<br>Then Creative Work - Siddha Yoga |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
| <div> <b>2</b> </div>                                                                           | <b>Sunday, January 28, 2024</b>                                                        |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni Nakshatra Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau     |  | <b>Purvaphalguni Until 5:23AM Mon</b><br>Sobhana Until 8:09PM<br>Bava Until 6:00AM Mon<br><b>Tritiya Until 4:38PM</b>    |  | <b>Ganesha:</b> Red<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Sivaloka Day</b><br>Pausha*Thai       |  | <b>Sunrise:</b> 7:35AM<br><b>Sunset:</b> 5:19PM<br>Moon 13 - Phase 40 - 2nd Phase |  |
|                                                                                                 | Simha Rasi: 15.08      Tithi 18 – 19<br>952237576                                      |  | <b>Gulika</b> <b>2:53PM – 4:06PM</b><br>Yama      12:27PM – 1:40PM<br><b>Rahu</b> <b>4:06PM – 5:19PM</b>                                                                                 |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|                                                                                                 | Creative Work      Siddha Yoga                                                         |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
| <div> <b>3</b> </div>                                                                           | <b>Monday, January 29, 2024</b>                                                        |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Athiganda* Yoga Bava/Balava Karana Chaturthyam Titau          |  | <b>Uttaraphalguni Until 8:22AM Tue</b><br>Athiganda* Until 9:08PM<br>Bava Until 6:00AM<br><b>Chaturthi* Until 7:22PM</b> |  | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Sivaloka Day</b><br>Pausha*Thai    |  | <b>Sunrise:</b> 7:34AM<br><b>Sunset:</b> 5:20PM<br>Moon 13 - Phase 40 - 3rd Phase |  |
|                                                                                                 | Simha Rasi: 26.58      Tithi 19<br><b>Family Home Evening</b><br>953237576             |  | <b>Gulika</b> <b>1:40PM – 2:54PM</b><br>Yama      11:14AM – 12:27PM<br><b>Rahu</b> <b>8:47AM – 10:01AM</b>                                                                               |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|                                                                                                 | Creative Work      Siddha Yoga                                                         |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
| <div> <b>4</b> </div>                                                                           | <b>Tuesday, January 30, 2024</b>                                                       |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Kaulava/Taitila Karana Panchamyam Titau |  | <b>Uttaraphalguni Until 8:22AM</b><br>Sukarma Until 10:07PM<br>Kaulava Until 8:45AM<br><b>Panchami Until 10:05PM</b>     |  | <b>Ganesha:</b> Yellow<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Red<br><b>Sivaloka Day</b><br>Pausha*Thai    |  | <b>Sunrise:</b> 7:33AM<br><b>Sunset:</b> 5:21PM<br>Moon 13 - Phase 40 - 4th Phase |  |
|                                                                                                 | Kanya Rasi: 8.44      Tithi 20<br>953237576                                            |  | <b>Gulika</b> <b>12:27PM – 1:41PM</b><br>Yama      10:00AM – 11:14AM<br><b>Rahu</b> <b>2:54PM – 4:08PM</b>                                                                               |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|                                                                                                 | Creative Work      Amrita Yoga<br>Until 8:22AM<br>Then Creative Work - Siddha Yoga     |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
| <div> <b>5</b> </div>                                                                           | <b>Wednesday, January 31, 2024</b>                                                     |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Dhriti Yoga Gara/Vanija Karana Shashthyam Titau                |  | <b>Hasta Until 11:36AM</b><br>Dhriti Until 10:56PM<br>Gara Until 11:24AM<br><b>Shashthi* Until 12:34AM Thu</b>           |  | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Devaloka Day</b><br>Pausha*Thai   |  | <b>Sunrise:</b> 7:32AM<br><b>Sunset:</b> 5:23PM<br>Moon 13 - Phase 40 - 5th Phase |  |
|                                                                                                 | Kanya Rasi: 20.33      Tithi 21<br>963237576                                           |  | <b>Gulika</b> <b>11:13AM – 12:27PM</b><br>Yama      8:46AM – 10:00AM<br><b>Rahu</b> <b>12:27PM – 1:41PM</b>                                                                              |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|                                                                                                 | Routine Work      Marana Yoga<br>Until 11:36AM<br>Then Creative Work - Siddha Yoga     |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
| <div> <b>6</b> </div>                                                                           | <b>Thursday, February 1, 2024</b>                                                      |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Shula* Yoga Visti*/Bava Karana Saptamyam Titau                  |  | <b>Chitra Until 2:19PM</b><br>Shula* Until 11:24PM<br>Visti Until 1:41PM<br><b>Saptami Until 2:35AM Fri</b>              |  | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Devaloka Day</b><br>Pausha*Thai   |  | <b>Sunrise:</b> 7:32AM<br><b>Sunset:</b> 5:23PM<br>Moon 13 - Phase 40 - 6th Phase |  |
|                                                                                                 | Tula Rasi: 2.29      Tithi 22<br>963237576                                             |  | <b>Gulika</b> <b>10:00AM – 11:13AM</b><br>Yama      7:32AM – 8:46AM<br><b>Rahu</b> <b>1:41PM – 2:55PM</b>                                                                                |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|                                                                                                 | Creative Work      Siddha Yoga<br>Until 2:19PM<br>Then Creative Work - Amrita Yoga     |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
| <div>  </div> | <b>Friday, February 2, 2024</b><br><b>Retreat Star</b>                                 |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtamyam Titau            |  | <b>Svati Until 4:19PM</b><br>Ganda* Until 11:22PM<br>Balava Until 3:22PM<br><b>Ashtami* Until 3:55AM Sat</b>             |  | <b>Ganesha:</b> White<br><b>Muruga:</b> White<br><b>Nataraja:</b> Clear<br>Moon – Green<br><b>Devaloka Day</b><br>Pausha*Thai   |  | <b>Sunrise:</b> 7:31AM<br><b>Sunset:</b> 5:24PM<br>Moon 13 - Phase 40 - 7th Phase |  |
|                                                                                                 | Tula Rasi: 14.37      Tithi 23<br>963237576                                            |  | <b>Gulika</b> <b>8:45AM – 9:59AM</b><br>Yama      2:56PM – 4:10PM<br><b>Rahu</b> <b>11:13AM – 12:27PM</b>                                                                                |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|                                                                                                 | Creative Work      Siddha Yoga                                                         |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
| <div>  </div> | <b>Saturday, February 3, 2024</b><br><b>Retreat Star</b>                               |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vriddhi Yoga Taitila/Gara Karana Navamyam Titau           |  | <b>Vishakha Until 5:52PM</b><br>Vriddhi Until 10:43PM<br>Taitila Until 4:17PM<br><b>Navami* Until 4:23AM Sun</b>         |  | <b>Ganesha:</b> Clear<br><b>Muruga:</b> White<br><b>Nataraja:</b> Orange<br>Moon – Orange<br><b>Sivaloka Day</b><br>Pausha*Thai |  | <b>Sunrise:</b> 7:30AM<br><b>Sunset:</b> 5:26PM<br>Moon 13 - Phase 40 - 8th Phase |  |
|                                                                                                 | Tula Rasi: 27.02      Tithi 24<br>973237577                                            |  | <b>Gulika</b> <b>7:30AM – 8:44AM</b><br>Yama      1:42PM – 2:57PM<br><b>Rahu</b> <b>9:59AM – 11:13AM</b>                                                                                 |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |
|                                                                                                 | Creative Work      Siddha Yoga                                                         |  |                                                                                                                                                                                          |  |                                                                                                                          |  |                                                                                                                                 |  |                                                                                   |  |

|                                  |                             |              |                                                                                                   |                   |                            |                             |                     |                         |                 |              |           |
|----------------------------------|-----------------------------|--------------|---------------------------------------------------------------------------------------------------|-------------------|----------------------------|-----------------------------|---------------------|-------------------------|-----------------|--------------|-----------|
| 1                                | Sunday, February 4, 2024    |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam   |                   | Anuradha Until 6:24PM      |                             | Ganesha: Clear      |                         | Sunrise: 7:28AM | Sun 9        | Alsea, OR |
|                                  | Vrischika Rasi: 9.51        | Tithi 25     | Gulika                                                                                            | 2:57PM – 4:12PM   | Dhruva Until 9:21PM        |                             | Muruga: White       | Sunset: 5:27PM          | Sobhana 5125    |              |           |
|                                  |                             |              | Yama                                                                                              | 12:28PM – 1:43PM  | Vanija Until 4:17PM        |                             | Nataraja: Orange    | Moon 13 - Phase 41 - 9  |                 |              |           |
|                                  | Routine Work                | Marana Yoga  | 973237577                                                                                         | Rahu              | 4:12PM – 5:27PM            | Dashami Until 3:56AM Mon    |                     | Pausha*Thai             |                 | Sivaloka Day |           |
| 2                                | Monday, February 5, 2024    |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam    |                   | Jyeshtha* Until 5:55PM     |                             | Ganesha: Clear      |                         | Sunrise: 7:27AM | Sun 10       | Alsea, OR |
|                                  | Vrischika Rasi: 23.08       | Tithi 26     | Gulika                                                                                            | 1:43PM – 2:58PM   | Vyaghata* Until 7:18PM     |                             | Muruga: White       | Sunset: 5:28PM          | Sobhana 5125    |              |           |
|                                  | Family Home Evening         |              | Yama                                                                                              | 11:13AM – 12:28PM | Bava Until 3:24PM          |                             | Nataraja: Orange    | Moon 13 - Phase 41 - 10 |                 |              |           |
|                                  | Creative Work               | Siddha Yoga  | 973237577                                                                                         | Rahu              | 8:42AM – 9:57AM            | Ekadashi* Until 2:37AM Tue  |                     | Pausha*Thai             |                 | Sivaloka Day |           |
| 3                                | Tuesday, February 6, 2024   |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam |                   | Mula* Until 4:55PM         |                             | Ganesha: Light Blue |                         | Sunrise: 7:26AM | Sun 11       | Alsea, OR |
|                                  | Dhanus Rasi: 6.54           | Tithi 27     | Gulika                                                                                            | 12:28PM – 1:43PM  | Harshana Until 4:36PM      |                             | Muruga: White       | Sunset: 5:30PM          | Sobhana 5125    |              |           |
|                                  |                             |              | Yama                                                                                              | 9:57AM – 11:12AM  | Kaulava Until 1:40PM       |                             | Nataraja: Orange    | Moon 13 - Phase 41 - 11 |                 |              |           |
|                                  | Creative Work               | Amrita Yoga  | 983337577                                                                                         | Rahu              | 2:59PM – 4:14PM            | Dvadashi* Until 12:31AM Wed |                     | Pausha*Thai             |                 | Devaloka Day |           |
| 4                                | Wednesday, February 7, 2024 |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam   |                   | Purvashadha* Until 3:04PM  |                             | Ganesha: Light Blue |                         | Sunrise: 7:25AM | Sun 12       | Alsea, OR |
|                                  | Dhanus Rasi: 21.09          | Tithi 28     | Gulika                                                                                            | 11:12AM – 12:28PM | Vajra* Until 1:19PM        |                             | Muruga: White       | Sunset: 5:31PM          | Sobhana 5125    |              |           |
|                                  |                             |              | Yama                                                                                              | 8:40AM – 9:56AM   | Gara Until 11:13AM         |                             | Nataraja: Orange    | Moon 13 - Phase 41 - 12 |                 |              |           |
|                                  | Creative Work               | Amrita Yoga  | 983337577                                                                                         | Rahu              | 12:28PM – 1:44PM           | Trayodashi* Until 9:46PM    |                     | Pausha*Thai             |                 | Devaloka Day |           |
| Pradosha Vrata (Fasting)         |                             |              |                                                                                                   |                   |                            |                             |                     |                         |                 |              |           |
| 5                                | Thursday, February 8, 2024  |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam    |                   | Uttarashadha Until 12:34PM |                             | Ganesha: Light Blue |                         | Sunrise: 7:23AM | Sun 13       | Alsea, OR |
|                                  | Makara Rasi: 5.5            | Tithi 29     | Gulika                                                                                            | 9:56AM – 11:12AM  | Siddhi Until 9:37AM        |                             | Muruga: White       | Sunset: 5:33PM          | Sobhana 5125    |              |           |
|                                  |                             |              | Yama                                                                                              | 7:23AM – 8:40AM   | Visti Until 8:13AM         |                             | Nataraja: Orange    | Moon 13 - Phase 41 - 13 |                 |              |           |
|                                  | Routine Work                | Marana Yoga  | 983337577                                                                                         | Rahu              | 1:44PM – 3:00PM            | Chaturdashi* Until 6:32PM   |                     | Pausha*Thai             |                 | Devaloka Day |           |
| ●                                | Friday, February 9, 2024    |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam     |                   | Shravana Until 9:59AM      |                             | Ganesha: Purple     |                         | Sunrise: 7:22AM | Sun 14       | Alsea, OR |
|                                  | Retreat Star                |              | Shravana/Dhanishtha Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau     |                   | Variyan Until 1:24AM Sat   |                             | Muruga: White       | Sunset: 5:34PM          | Sobhana 5129    |              |           |
|                                  | Makara Rasi: 20.49          | Tithi 30 – 1 | Gulika                                                                                            | 8:39AM – 9:55AM   | Kintughna Until 1:12AM Sat |                             | Nataraja: Orange    | Moon 13 - Phase 41 - 14 |                 |              |           |
|                                  | Routine Work                | Marana Yoga  | 993337577                                                                                         | Rahu              | 11:12AM – 12:28PM          | Amavasya* Until 3:00PM      |                     | Pausha*Thai             |                 | Devaloka Day |           |
| ●                                | Saturday, February 10, 2024 |              | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam     |                   | Dhanishtha Until 7:05AM    |                             | Ganesha: Purple     |                         | Sunrise: 7:21AM | Sun 15       | Alsea, OR |
|                                  | Retreat Star                |              | Dhanishtha/Shatabhishak Nakshatra Parigha* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau      |                   | Parigha* Until 9:10PM      |                             | Muruga: White       | Sunset: 5:35PM          | Sobhana 5125    |              |           |
|                                  | Kumbha Rasi: 5.58           | Tithi 1 – 2  | Gulika                                                                                            | 7:21AM – 8:38AM   | Balava Until 9:32PM        |                             | Nataraja: Orange    | Moon 13 - Phase 41 - 15 |                 |              |           |
|                                  | Creative Work               | Siddha Yoga  | 993337577                                                                                         | Rahu              | 9:54AM – 11:11AM           | Prathama* Until 11:21AM     |                     | Magha*Thai              |                 | Devaloka Day |           |
| Then Creative Work - Amrita Yoga |                             |              |                                                                                                   |                   |                            |                             |                     |                         |                 |              |           |

|                                       |             |           |                                                                                                                                                                                                 |                                            |                         |                               |                                    |              |
|---------------------------------------|-------------|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------|-------------------------|-------------------------------|------------------------------------|--------------|
| <b>1 Sunday, February 11, 2024</b>    |             |           | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproskthapada* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                                            |                         | Sun 16 Alsea, OR<br>Sutra 301 |                                    |              |
| Kumbha Rasi: 21.07                    | Tithi 2 – 3 |           | <b>Gulika</b> 3:02PM – 4:20PM                                                                                                                                                                   | <b>Purvaproskthapada* Until 1:29AM Mon</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 7:19AM        |                                    | Sobhana 5125 |
|                                       |             |           | Yama 12:28PM – 1:45PM                                                                                                                                                                           | Shiva Until 5:03PM                         | <b>Muruga:</b> White    | <i>Sunset:</i> 5:37PM         | Moon 13 - Phase 42 - 16            |              |
|                                       |             | 913337577 | <b>Rahu</b> 4:20PM – 5:37PM                                                                                                                                                                     | Taitila Until 6:00PM                       | <b>Nataraja:</b> Orange |                               |                                    | 3rd Phase    |
| Creative Work                         | Siddha Yoga |           |                                                                                                                                                                                                 | <b>Dvitiya Until 7:44AM</b>                | Moon – Clear            |                               | <b>Sivaloka Day</b>                |              |
|                                       |             |           |                                                                                                                                                                                                 |                                            | <b>Magha*Thai</b>       |                               |                                    |              |
| <b>2 Monday, February 12, 2024</b>    |             |           | Sobhana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproskthapada Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau          |                                            |                         | Sun 17 Alsea, OR<br>Sutra 302 |                                    |              |
| Meena Rasi: 6.07                      | Tithi 4     |           | <b>Gulika</b> 1:46PM – 3:03PM                                                                                                                                                                   | <b>Uttaraproskthapada Until 11:07PM</b>    | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:18AM        |                                    | Sobhana 5125 |
| <b>Family Home Evening</b>            |             |           | Yama 11:11AM – 12:28PM                                                                                                                                                                          | Siddha Until 1:08PM                        | <b>Muruga:</b> White    | <i>Sunset:</i> 5:38PM         | Moon 13 - Phase 42 - 17            |              |
|                                       |             | 914337577 | <b>Rahu</b> 8:35AM – 9:53AM                                                                                                                                                                     | Vanija Until 2:44PM                        | <b>Nataraja:</b> Orange |                               |                                    | 3rd Phase    |
| Creative Work                         | Siddha Yoga |           |                                                                                                                                                                                                 | <b>Chaturthi* Until 1:15AM Tue</b>         | Moon – Clear            |                               | <b>Sivaloka Day</b>                |              |
|                                       |             |           |                                                                                                                                                                                                 |                                            | <b>Magha*Thai</b>       |                               |                                    |              |
| <b>3 Tuesday, February 13, 2024</b>   |             |           | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Panchamyam Titau                       |                                            |                         | Sun 18 Alsea, OR<br>Sutra 303 |                                    |              |
| Meena Rasi: 20.5                      | Tithi 5     |           | <b>Gulika</b> 12:28PM – 1:46PM                                                                                                                                                                  | <b>Revati Until 9:04PM</b>                 | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 7:17AM        |                                    | Sobhana 5125 |
|                                       |             |           | Yama 9:52AM – 11:10AM                                                                                                                                                                           | Sadhya Until 9:34AM                        | <b>Muruga:</b> White    | <i>Sunset:</i> 5:40PM         | Moon 13 - Phase 42 - 18            |              |
|                                       |             | 914337577 | <b>Rahu</b> 3:04PM – 4:22PM                                                                                                                                                                     | Bava Until 11:54AM                         | <b>Nataraja:</b> Orange |                               |                                    | 3rd Phase    |
| Creative Work                         | Siddha Yoga |           |                                                                                                                                                                                                 | <b>Panchami Until 10:40PM</b>              | Moon – Clear            |                               | <b>Sivaloka Day</b>                |              |
|                                       |             |           |                                                                                                                                                                                                 |                                            | <b>Magha*Masi</b>       |                               |                                    |              |
| <b>4 Wednesday, February 14, 2024</b> |             |           | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau                     |                                            |                         | Sun 19 Alsea, OR<br>Sutra 304 |                                    |              |
| Mesha Rasi: 5.12                      | Tithi 6     |           | <b>Gulika</b> 11:10AM – 12:28PM                                                                                                                                                                 | <b>Ashvini Until 7:53PM</b>                | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:15AM        |                                    | Sobhana 5125 |
|                                       |             |           | Yama 8:33AM – 9:52AM                                                                                                                                                                            | Subha Until 6:27AM                         | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:41PM         | Moon 13 - Phase 42 - 19            |              |
|                                       |             | 924347577 | <b>Rahu</b> 12:28PM – 1:46PM                                                                                                                                                                    | Kaulava Until 9:37AM                       | <b>Nataraja:</b> Orange |                               |                                    | 3rd Phase    |
| Routine Work                          | Marana Yoga |           |                                                                                                                                                                                                 | <b>Shashthi* Until 8:41PM</b>              | Moon – White            |                               | <b>Bhuloka Day</b>                 |              |
| Until 7:53PM                          |             |           |                                                                                                                                                                                                 |                                            | <b>Magha*Masi</b>       |                               | <b>Devaloka Time: 3:PM to 6:PM</b> |              |
| Then Creative Work - Siddha Yoga      |             |           |                                                                                                                                                                                                 |                                            |                         |                               |                                    |              |
| <b>5 Thursday, February 15, 2024</b>  |             |           | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau                                |                                            |                         | Sun 20 Alsea, OR<br>Sutra 305 |                                    |              |
| Mesha Rasi: 19.09                     | Tithi 7     |           | <b>Gulika</b> 9:51AM – 11:09AM                                                                                                                                                                  | <b>Bharani Until 7:13PM</b>                | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:14AM        |                                    | Sobhana 5125 |
|                                       |             |           | Yama 7:14AM – 8:32AM                                                                                                                                                                            | Brahma Until 1:43AM Fri                    | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:42PM         | Moon 13 - Phase 42 - 20            |              |
|                                       |             | 924347577 | <b>Rahu</b> 1:47PM – 3:05PM                                                                                                                                                                     | Gara Until 7:58AM                          | <b>Nataraja:</b> Orange |                               |                                    | 3rd Phase    |
| Creative Work                         | Siddha Yoga |           |                                                                                                                                                                                                 | <b>Saptami Until 7:22PM</b>                | Moon – White            |                               | <b>Bhuloka Day</b>                 |              |
| Until 7:13PM                          |             |           |                                                                                                                                                                                                 |                                            | <b>Magha*Masi</b>       |                               | <b>Devaloka Time: 3:PM to 6:PM</b> |              |
| Then Routine Work - Marana Yoga       |             |           |                                                                                                                                                                                                 |                                            |                         |                               |                                    |              |
| <b>6 Friday, February 16, 2024</b>    |             |           | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika Nakshatra Indra Yoga Visti*/Bava Karana Ashtamyam Titau                               |                                            |                         | Sun 21 Alsea, OR<br>Sutra 306 |                                    |              |
| <b>Retreat Star</b>                   |             |           | <b>Gulika</b> 8:31AM – 9:50AM                                                                                                                                                                   | <b>Krittika Until 7:04PM</b>               | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 7:12AM        |                                    | Sobhana 5125 |
| Virshabha Rasi: 2.41                  | Tithi 8     |           | Yama 3:06PM – 4:25PM                                                                                                                                                                            | Indra Until 12:11AM Sat                    | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:44PM         | Moon 13 - Phase 42 - 21            |              |
|                                       |             | 924347577 | <b>Rahu</b> 11:09AM – 12:28PM                                                                                                                                                                   | Visti Until 6:59AM                         | <b>Nataraja:</b> Orange |                               |                                    | Ashtami      |
| Creative Work                         | Siddha Yoga |           |                                                                                                                                                                                                 | <b>Ashtami* Until 6:44PM</b>               | Moon – White            |                               | <b>Bhuloka Day</b>                 |              |
| Until 7:04PM                          |             |           |                                                                                                                                                                                                 |                                            | <b>Magha*Masi</b>       |                               | <b>Devaloka Time: 3:PM to 6:PM</b> |              |
| Then Routine Work - Marana Yoga       |             |           |                                                                                                                                                                                                 |                                            |                         |                               |                                    |              |
| <b>7 Saturday, February 17, 2024</b>  |             |           | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Rohini Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Navamyam Titau                          |                                            |                         | Sun 22 Alsea, OR<br>Sutra 307 |                                    |              |
| <b>Retreat Star</b>                   |             |           | <b>Gulika</b> 7:11AM – 8:30AM                                                                                                                                                                   | <b>Rohini Until 7:51PM</b>                 | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 7:11AM        |                                    | Sobhana 5125 |
| Virshabha Rasi: 15.52                 | Tithi 9     |           | Yama 1:47PM – 3:06PM                                                                                                                                                                            | Vaidhriti* Until 11:06PM                   | <b>Muruga:</b> Clear    | <i>Sunset:</i> 5:45PM         | Moon 13 - Phase 42 - 22            |              |
|                                       |             | 934347577 | <b>Rahu</b> 9:49AM – 11:09AM                                                                                                                                                                    | Balava Until 6:41AM                        | <b>Nataraja:</b> Orange |                               |                                    | Navami       |
| Creative Work                         | Amrita Yoga |           |                                                                                                                                                                                                 | <b>Navami* Until 6:45PM</b>                | Moon – Yellow           |                               | <b>Devaloka Day</b>                |              |
| Until 7:51PM                          |             |           |                                                                                                                                                                                                 |                                            | <b>Magha*Masi</b>       |                               |                                    |              |
| Then Creative Work - Siddha Yoga      |             |           |                                                                                                                                                                                                 |                                            |                         |                               |                                    |              |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time. Calculated for Alsea, OR on 11/20/21

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|----------------------------------|------------------------------|------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|-----------------|-----------------|-------------------------------|------------------------|
| 1                                | Sunday, February 18, 2024    |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Vishkambha* Yoga Taitila/Gara Karana Dashamyam Titau             |                              |                 |                 | Sun 23                        | Alsea, OR<br>Sutra 308 |
|                                  | Vrishabha Rasi: 28.44        | Tithi 10               | Gulika 3:07PM – 4:27PM                                                                                                                                                                 | Mrigashira Until 9:03PM      | Ganesha: Red    | Sunrise: 7:09AM | Sobhana 5125                  |                        |
|                                  |                              |                        | Yama 12:28PM – 1:47PM                                                                                                                                                                  | Vishkambha* Until 10:30PM    | Muruga: Clear   | Sunset: 5:46PM  | Moon 13 - Phase 43 - 23       |                        |
|                                  | 934347577                    | Rahu 4:27PM – 5:46PM   | Taitila Until 7:00AM                                                                                                                                                                   | Nataraja: Orange             |                 |                 | 4th Phase                     |                        |
| Creative Work                    |                              | Siddha Yoga            | Dashami Until 7:21PM                                                                                                                                                                   |                              | Moon – Yellow   | Devaloka Day    |                               |                        |
|                                  |                              |                        |                                                                                                                                                                                        |                              | Magha•Masi      |                 |                               |                        |
| 2                                | Monday, February 19, 2024    |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Priti Yoga Vanija/Visti* Karana Ekadashyam Titau                       |                              |                 |                 | Sun 24                        | Alsea, OR<br>Sutra 309 |
|                                  | Mithuna Rasi: 11.2           | Tithi 11               | Gulika 1:48PM – 3:08PM                                                                                                                                                                 | Ardra Until 10:34PM          | Ganesha: Red    | Sunrise: 7:08AM | Sobhana 5125                  |                        |
|                                  | Family Home Evening          |                        | Yama 11:08AM – 12:28PM                                                                                                                                                                 | Priti Until 10:16PM          | Muruga: Clear   | Sunset: 5:48PM  | Moon 13 - Phase 43 - 24       |                        |
|                                  | 934347577                    | Rahu 8:28AM – 9:48AM   | Vanija Until 7:52AM                                                                                                                                                                    | Nataraja: Orange             |                 |                 | 4th Phase                     |                        |
| Creative Work                    |                              | Siddha Yoga            | Ekadashi Until 8:28PM                                                                                                                                                                  |                              | Moon – Yellow   | Devaloka Day    |                               |                        |
| Until 10:34PM                    |                              |                        |                                                                                                                                                                                        |                              | Magha•Masi      |                 |                               |                        |
| Then Creative Work - Amrita Yoga |                              |                        |                                                                                                                                                                                        |                              |                 |                 |                               |                        |
| 3                                | Tuesday, February 20, 2024   |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Ayushman Yoga Bava/Balava Karana Dvadashyam Titau               |                              |                 |                 | Sun 25                        | Alsea, OR<br>Sutra 310 |
|                                  | Mithuna Rasi: 23.44          | Tithi 12               | Gulika 12:28PM – 1:48PM                                                                                                                                                                | Punarvasu Until 12:48AM Wed  | Ganesha: Blue   | Sunrise: 7:06AM | Sobhana 5125                  |                        |
|                                  |                              |                        | Yama 9:47AM – 11:07AM                                                                                                                                                                  | Ayushman Until 10:20PM       | Muruga: Clear   | Sunset: 5:49PM  | Moon 13 - Phase 43 - 25       |                        |
|                                  | 944347577                    | Rahu 3:08PM – 4:29PM   | Bava Until 9:12AM                                                                                                                                                                      | Nataraja: Orange             |                 |                 | 4th Phase                     |                        |
| Creative Work                    |                              | Siddha Yoga            | Dvadashi Until 10:00PM                                                                                                                                                                 |                              | Moon – Blue     | Bhuloka Day     |                               |                        |
|                                  |                              |                        |                                                                                                                                                                                        |                              | Magha•Masi      |                 | Devaloka Time: 3:PM to 6:PM   |                        |
| 4                                | Wednesday, February 21, 2024 |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau             |                              |                 |                 | Sun 26                        | Alsea, OR<br>Sutra 311 |
|                                  | Kataka Rasi: 5.58            | Tithi 13               | Gulika 11:07AM – 12:27PM                                                                                                                                                               | Pushya Until 3:12AM Thu      | Ganesha: Blue   | Sunrise: 7:04AM | Sobhana 5125                  |                        |
|                                  |                              |                        | Yama 8:25AM – 9:46AM                                                                                                                                                                   | Saubhagya Until 10:41PM      | Muruga: Clear   | Sunset: 5:50PM  | Moon 13 - Phase 43 - 26       |                        |
|                                  | 944347577                    | Rahu 12:27PM – 1:48PM  | Kaulava Until 10:55AM                                                                                                                                                                  | Nataraja: Orange             |                 |                 | 4th Phase                     |                        |
| Creative Work                    |                              | Siddha Yoga            | Trayodashi Until 11:53PM                                                                                                                                                               |                              | Moon – Blue     | Bhuloka Day     |                               |                        |
|                                  |                              |                        |                                                                                                                                                                                        |                              | Magha•Masi      |                 | Devaloka Time: 3:PM to 6:PM   |                        |
|                                  |                              |                        | Pradosha Vrata                                                                                                                                                                         |                              |                 |                 |                               |                        |
| 5                                | Thursday, February 22, 2024  |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau                |                              |                 |                 | Sun 27                        | Alsea, OR<br>Sutra 312 |
|                                  | Kataka Rasi: 18.04           | Tithi 14               | Gulika 9:45AM – 11:06AM                                                                                                                                                                | Ashlesha* Until 5:43AM Fri   | Ganesha: Blue   | Sunrise: 7:03AM | Sobhana 5125                  |                        |
|                                  |                              |                        | Yama 7:03AM – 8:24AM                                                                                                                                                                   | Sobhana Until 11:16PM        | Muruga: Clear   | Sunset: 5:52PM  | Moon 13 - Phase 43 - 27       |                        |
|                                  | 944347577                    | Rahu 1:48PM – 3:10PM   | Gara Until 12:57PM                                                                                                                                                                     | Nataraja: Orange             |                 |                 | 4th Phase                     |                        |
| Creative Work                    |                              | Siddha Yoga            | Chidambaram Abhishekam                                                                                                                                                                 |                              | Moon – Blue     | Bhuloka Day     |                               |                        |
| Until 5:43AM Fri                 |                              |                        | Chaturdashi* Until 2:03AM Fri                                                                                                                                                          |                              | Magha•Masi      |                 | Devaloka Time: 3:PM to 6:PM   |                        |
| Then Routine Work - Marana Yoga  |                              |                        |                                                                                                                                                                                        |                              |                 |                 |                               |                        |
| O                                | Friday, February 23, 2024    |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau                  |                              |                 |                 | Sun 28                        | Alsea, OR<br>Sutra 313 |
|                                  | Copper Retreat Star          |                        | Gulika 8:23AM – 9:44AM                                                                                                                                                                 | Magha* Until 8:47AM Sat      | Ganesha: Yellow | Sunrise: 7:01AM | Sobhana 5125                  |                        |
|                                  | Simha Rasi: 0.02             | Tithi 15               | Yama 3:10PM – 4:32PM                                                                                                                                                                   | Athiganda* Until 12:00AM Sat | Muruga: Clear   | Sunset: 5:53PM  | Moon 13 - Phase 43 - Purnima  |                        |
|                                  | 954347577                    | Rahu 11:06AM – 12:27PM | Visti Until 3:15PM                                                                                                                                                                     | Nataraja: Orange             |                 |                 |                               |                        |
| Routine Work                     |                              | Marana Yoga            | Purnima* Until 4:28AM Sat                                                                                                                                                              |                              | Moon – Red      | Devaloka Day    |                               |                        |
| Until 8:47AM Sat                 |                              |                        |                                                                                                                                                                                        |                              | Magha•Masi      |                 |                               |                        |
| Then Creative Work - Siddha Yoga |                              |                        |                                                                                                                                                                                        |                              |                 |                 |                               |                        |
|                                  | Saturday, February 24, 2024  |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Prathamayam Titau |                              |                 |                 | Sun 29                        | Alsea, OR<br>Sutra 314 |
|                                  | Silver Retreat Star          |                        | Gulika 7:00AM – 8:21AM                                                                                                                                                                 | Magha* Until 8:47AM          | Ganesha: White  | Sunrise: 7:00AM | Sobhana 5125                  |                        |
|                                  | Simha Rasi: 11.56            | Tithi 16               | Yama 1:49PM – 3:11PM                                                                                                                                                                   | Sukarma Until 12:54AM Sun    | Muruga: Clear   | Sunset: 5:55PM  | Moon 13 - Phase 43 - Prathama |                        |
|                                  | 955347577                    | Rahu 9:43AM – 11:05AM  | Balava Until 5:46PM                                                                                                                                                                    | Nataraja: Orange             |                 |                 |                               |                        |
| Creative Work                    |                              | Amrita Yoga            | Prathama* Until 7:04AM Sun                                                                                                                                                             |                              | Moon – Red      | Sivaloka Day    |                               |                        |
| Until 8:47AM                     |                              |                        |                                                                                                                                                                                        |                              | Magha•Masi      |                 |                               |                        |
| Then Creative Work - Siddha Yoga |                              |                        |                                                                                                                                                                                        |                              |                 |                 |                               |                        |

|                                                                                                                                                                                                                                                                                        |  |                                                                                                                                                                                                                                                                                                                |  |                                                                                                                        |  |                                                                                                                                                                                                                             |  |                                                                                   |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------|
| <b>Sunday, February 25, 2024</b><br> <b>Gold Retreat Star</b><br>Simha Rasi: 23.47      Tithi 16 – 17<br>955347577<br>Creative Work      Siddha Yoga<br>Until 11:50AM<br>Then Creative Work - Amrita Yoga |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Dhriti Yoga Gara/Vanija Karana Prathama/Dvitiyayam Titau<br><b>Gulika</b> <b>3:11PM – 4:34PM</b><br>Yama      12:27PM – 1:49PM<br><b>Rahu</b> <b>4:34PM – 5:56PM</b> |  | <b>Purvaphalguni Until 11:50AM</b><br>Dhriti Until 1:53AM Mon<br>Taitila Until 8:25PM<br><b>Prathama* Until 7:04AM</b> |  | <b>Ganesha:</b> White <i>Sunrise:</i> 6:58AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 5:56PM<br><b>Nataraja:</b> Orange<br>Moon – Red<br><b>Magha*Masi</b><br><b>Sivaloka Day</b>                                             |  | Alsea, OR<br>Sutra 315<br>Sobhana 5125<br>Moon 1 - Phase 44 - 1st Phase           |
| <b>Monday, February 26, 2024</b><br><b>1</b><br>Kanya Rasi: 5.35      Tithi 17 – 18<br><b>Family Home Evening</b><br>955347577<br>Creative Work      Siddha Yoga                                                                                                                       |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau<br><b>Gulika</b> <b>1:49PM – 3:12PM</b><br>Yama      11:04AM – 12:27PM<br><b>Rahu</b> <b>8:19AM – 9:42AM</b>          |  | <b>Uttaraphalguni Until 2:47PM</b><br>Shula* Until 2:51AM Tue<br>Vanija Until 11:05PM<br><b>Dvitiya Until 9:44AM</b>   |  | <b>Ganesha:</b> White <i>Sunrise:</i> 6:56AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 5:57PM<br><b>Nataraja:</b> Orange<br>Moon – Red<br><b>Magha*Masi</b><br><b>Sivaloka Day</b>                                             |  | Alsea, OR<br>Sutra 316<br>Sobhana 5125<br>Moon 1 - Phase 44 - 1st Phase           |
| <b>Tuesday, February 27, 2024</b><br><b>2</b><br>Kanya Rasi: 17.23      Tithi 18 – 19<br>965347577<br>Creative Work      Siddha Yoga                                                                                                                                                   |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Hasta Nakshatra Ganda* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau<br><b>Gulika</b> <b>12:27PM – 1:50PM</b><br>Yama      9:41AM – 11:04AM<br><b>Rahu</b> <b>3:13PM – 4:36PM</b>                    |  | <b>Hasta Until 6:01PM</b><br>Ganda* Until 3:44AM Wed<br>Bava Until 1:40AM Wed<br><b>Tritiya Until 12:23PM</b>          |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:55AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 5:59PM<br><b>Nataraja:</b> Orange<br>Moon – Green<br><b>Magha*Masi</b><br><b>Devaloka Day</b>                                           |  | Alsea, OR<br>Sutra 317<br>Sobhana 5125<br>Moon 1 - Phase 44 - 2nd Phase 1st Phase |
| <b>Wednesday, February 28, 2024</b><br><b>3</b><br>Kanya Rasi: 29.15      Tithi 19 – 20<br>965347577<br>Creative Work      Siddha Yoga                                                                                                                                                 |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Chitra Nakshatra Vriddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau<br><b>Gulika</b> <b>11:03AM – 12:26PM</b><br>Yama      8:16AM – 9:40AM<br><b>Rahu</b> <b>12:26PM – 1:50PM</b>                |  | <b>Chitra Until 8:52PM</b><br>Vriddhi Until 4:26AM Thu<br>Kaulava Until 3:57AM Thu<br><b>Chaturthi* Until 2:50PM</b>   |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:53AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:00PM<br><b>Nataraja:</b> Orange<br>Moon – Green<br><b>Magha*Masi</b><br><b>Devaloka Day</b>                                           |  | Alsea, OR<br>Sutra 318<br>Sobhana 5125<br>Moon 1 - Phase 44 - 3rd Phase 1st Phase |
| <b>Thursday, February 29, 2024</b><br><b>4</b><br>Tula Rasi: 11.14      Tithi 20 – 21<br>965347577<br>Creative Work      Amrita Yoga<br>Until 11:11PM<br>Then Creative Work - Siddha Yoga                                                                                              |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Svati Nakshatra Dhruva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau<br><b>Gulika</b> <b>9:39AM – 11:02AM</b><br>Yama      6:51AM – 8:15AM<br><b>Rahu</b> <b>1:50PM – 3:14PM</b>                        |  | <b>Svati Until 11:11PM</b><br>Dhruva Until 4:45AM Fri<br>Gara Until 5:48AM Fri<br><b>Panchami Until 4:56PM</b>         |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:51AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:01PM<br><b>Nataraja:</b> Orange<br>Moon – Green<br><b>Magha*Masi</b><br><b>Devaloka Day</b>                                           |  | Alsea, OR<br>Sutra 319<br>Sobhana 5125<br>Moon 1 - Phase 44 - 4th Phase 1st Phase |
| <b>Friday, March 1, 2024</b><br><b>5</b><br>Tula Rasi: 23.23      Tithi 21<br>975347577<br>Creative Work      Siddha Yoga                                                                                                                                                              |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Vishakha Nakshatra Vyaghata* Yoga Vanija Karana Shashthyam Titau<br><b>Gulika</b> <b>8:12AM – 9:37AM</b><br>Yama      3:15PM – 4:39PM<br><b>Rahu</b> <b>11:01AM – 12:26PM</b>                               |  | <b>Vishakha Until 1:15AM Sat</b><br>Vyaghata* Until 4:38AM Sat<br>Vanija Until 6:29PM<br><b>Shashthi* Until 6:29PM</b> |  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:48AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:04PM<br><b>Nataraja:</b> Orange<br>Moon – Orange<br><b>Magha*Masi</b><br><b>Sivaloka Day</b>                                         |  | Alsea, OR<br>Sutra 320<br>Sobhana 5125<br>Moon 1 - Phase 44 - 5th Phase 1st Phase |
| <b>Saturday, March 2, 2024</b><br><b>6</b><br>Vrischika Rasi: 5.48      Tithi 22<br>975447577<br>Creative Work      Siddha Yoga<br>Until 2:28AM Sun<br>Then Routine Work - Marana Yoga                                                                                                 |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Anuradha Nakshatra Harshana Yoga Visti*/Bava Karana Saptamyam Titau<br><b>Gulika</b> <b>6:46AM – 8:11AM</b><br>Yama      1:50PM – 3:15PM<br><b>Rahu</b> <b>9:36AM – 11:01AM</b>                             |  | <b>Anuradha Until 2:28AM Sun</b><br>Harshana Until 3:57AM Sun<br>Visti Until 7:02AM<br><b>Saptami Until 7:21PM</b>     |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:46AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:05PM<br><b>Nataraja:</b> Orange<br>Moon – Orange<br><b>Magha*Masi</b><br><b>Devaloka Day</b>                                          |  | Alsea, OR<br>Sutra 321<br>Sobhana 5125<br>Moon 1 - Phase 44 - 6th Phase 1st Phase |
| <b>Sunday, March 3, 2024</b><br><b>Retreat Star</b><br>Vrischika Rasi: 18.33      Tithi 23<br>975447577<br>Routine Work      Marana Yoga<br>Until 2:45AM Mon<br>Then Creative Work - Siddha Yoga                                                                                       |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau<br><b>Gulika</b> <b>3:16PM – 4:41PM</b><br>Yama      12:25PM – 1:51PM<br><b>Rahu</b> <b>4:41PM – 6:06PM</b>                           |  | <b>Jyeshtha* Until 2:45AM Mon</b><br>Vajra* Until 2:37AM Mon<br>Balava Until 7:30AM<br><b>Ashtami* Until 7:24PM</b>    |  | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:44AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:06PM<br><b>Nataraja:</b> Orange<br>Moon – Orange<br><b>Magha*Masi</b><br><b>Devaloka Day</b>                                          |  | Alsea, OR<br>Sutra 322<br>Sobhana 5125<br>Moon 1 - Phase 44 - 7th Phase Ashtami   |
| <b>Monday, March 4, 2024</b><br><b>Retreat Star</b><br>Dhanus Rasi: 1.43      Tithi 24<br><b>Family Home Evening</b><br>185447577<br>Creative Work      Siddha Yoga                                                                                                                    |  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau<br><b>Gulika</b> <b>1:51PM – 3:16PM</b><br>Yama      11:00AM – 12:25PM<br><b>Rahu</b> <b>8:08AM – 9:34AM</b>                                  |  | <b>Mula* Until 2:30AM Tue</b><br>Siddhi Until 12:38AM Tue<br>Taitila Until 7:08AM<br><b>Navami* Until 6:37PM</b>       |  | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:43AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:08PM<br><b>Nataraja:</b> Orange<br>Moon – Light Blue<br><b>Magha*Masi</b><br><b>Bhuloka Day</b><br><b>Devaloka Time: 3:PM to 6:PM</b> |  | Alsea, OR<br>Sutra 323<br>Sobhana 5125<br>Moon 1 - Phase 44 - 8th Phase Navami    |

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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| <b>1 Tuesday, March 5, 2024</b>   |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau                    |                                             | Sun 9 Sutra 324<br>Sobhana 5125                                                                                             |                                                                                                                    |                                                                                        |
| Dhanus Rasi: 15.2                 | Tithi 25 – 26 | <b>Gulika</b><br>Yama                                                                                                                                                                                      | <b>12:25PM – 1:51PM</b><br>9:33AM – 10:59AM | <b>Purvashadha* Until 1:21AM Wed</b><br>Vyatipata* Until 10:02PM<br>Bava Until 3:59AM Wed<br><b>Dashami Until 5:02PM</b>    | <b>Ganesha:</b> Red<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Light Blue<br><b>Magha*Masi</b>   | <i>Sunrise:</i> 6:41AM<br><i>Sunset:</i> 6:09PM<br>Moon 1 - Phase 45 - 9<br>2nd Phase  |
| Creative Work                     | Siddha Yoga   | 186447577                                                                                                                                                                                                  | <b>Rahu</b><br><b>3:17PM – 4:43PM</b>       |                                                                                                                             |                                                                                                                    | <b>Devaloka Day</b>                                                                    |
| Until 1:21AM Wed                  |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    |                                                                                        |
| Then Creative Work - Amrita Yoga  |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    |                                                                                        |
| <b>2 Wednesday, March 6, 2024</b> |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Variyan Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau                     |                                             | Sun 10 Sutra 325<br>Sobhana 5125                                                                                            |                                                                                                                    |                                                                                        |
| Dhanus Rasi: 29.25                | Tithi 26 – 27 | <b>Gulika</b><br>Yama                                                                                                                                                                                      | <b>10:58AM – 12:25PM</b><br>8:05AM – 9:32AM | <b>Uttarashadha Until 11:22PM</b><br>Variyan Until 6:50PM<br>Kaulava Until 1:21AM Thu<br><b>Ekadashi* Until 2:43PM</b>      | <b>Ganesha:</b> Red<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Light Blue<br><b>Magha*Masi</b>   | <i>Sunrise:</i> 6:39AM<br><i>Sunset:</i> 6:10PM<br>Moon 1 - Phase 45 - 10<br>2nd Phase |
| Creative Work                     | Amrita Yoga   | 186447577                                                                                                                                                                                                  | <b>Rahu</b><br><b>12:25PM – 1:51PM</b>      |                                                                                                                             |                                                                                                                    | <b>Devaloka Day</b>                                                                    |
| Until 11:22PM                     |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    |                                                                                        |
| Then Creative Work - Siddha Yoga  |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    |                                                                                        |
| <b>3 Thursday, March 7, 2024</b>  |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau                   |                                             | Sun 11 Sutra 326<br>Sobhana 5125                                                                                            |                                                                                                                    |                                                                                        |
| Makara Rasi: 13.58                | Tithi 27 – 28 | <b>Gulika</b><br>Yama                                                                                                                                                                                      | <b>9:31AM – 10:58AM</b><br>6:37AM – 8:04AM  | <b>Shravana Until 9:08PM</b><br>Parigha* Until 3:12PM<br>Gara Until 10:11PM<br><b>Dvadashi* Until 11:48AM</b>               | <b>Ganesha:</b> Green<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Purple<br><b>Magha*Masi</b>     | <i>Sunrise:</i> 6:37AM<br><i>Sunset:</i> 6:12PM<br>Moon 1 - Phase 45 - 11<br>2nd Phase |
| Creative Work                     | Siddha Yoga   | 196447577                                                                                                                                                                                                  | <b>Rahu</b><br><b>1:51PM – 3:18PM</b>       |                                                                                                                             |                                                                                                                    | <b>Sivaloka Day</b>                                                                    |
|                                   |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    | <i>Pradosha Vrata (Fasting)</i>                                                        |
| <b>4 Friday, March 8, 2024</b>    |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau              |                                             | Sun 12 Sutra 327<br>Sobhana 5125                                                                                            |                                                                                                                    |                                                                                        |
| Makara Rasi: 28.52                | Tithi 28 – 29 | <b>Gulika</b><br>Yama                                                                                                                                                                                      | <b>8:03AM – 9:30AM</b><br>3:18PM – 4:46PM   | <b>Dhanishtha Until 6:23PM</b><br>Shiva Until 11:13AM<br>Visti Until 6:40PM<br><b>Trayodashi* Until 8:27AM</b>              | <b>Ganesha:</b> Green<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Purple<br><b>Magha*Masi</b>     | <i>Sunrise:</i> 6:36AM<br><i>Sunset:</i> 6:13PM<br>Moon 1 - Phase 45 - 12<br>2nd Phase |
| Creative Work                     | Siddha Yoga   | 196447577                                                                                                                                                                                                  | <b>Rahu</b><br><b>10:57AM – 12:24PM</b>     |                                                                                                                             |                                                                                                                    | <b>Sivaloka Day</b>                                                                    |
|                                   |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    |                                                                                        |
| <b>Retreat Star</b>               |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaprosarthapada* Nakshatra Siddha/Sadhya Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                             | Sun 13 Sutra 328<br>Sobhana 5125                                                                                            |                                                                                                                    |                                                                                        |
| Kumbha Rasi: 14.01                | Tithi 30      | <b>Gulika</b><br>Yama                                                                                                                                                                                      | <b>6:34AM – 8:01AM</b><br>1:51PM – 3:19PM   | <b>Shatabhishak Until 3:17PM</b><br>Siddha Until 7:00AM<br>Catuspada Until 2:56PM<br><b>Amavasya* Until 1:01AM Sun</b>      | <b>Ganesha:</b> Green<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Purple<br><b>Magha*Masi</b>     | <i>Sunrise:</i> 6:34AM<br><i>Sunset:</i> 6:14PM<br>Moon 1 - Phase 45 - 13<br>Amavasya  |
| Creative Work                     | Amrita Yoga   | 196447577                                                                                                                                                                                                  | <b>Rahu</b><br><b>9:29AM – 10:56AM</b>      |                                                                                                                             |                                                                                                                    | <b>Sivaloka Day</b>                                                                    |
| Until 3:17PM                      |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    |                                                                                        |
| Then Routine Work - Marana Yoga   |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    |                                                                                        |
| <b>Sunday, March 10, 2024</b>     |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathamayam Titau     |                                             | Sun 14 Sutra 329<br>Sobhana 5125                                                                                            |                                                                                                                    |                                                                                        |
| Kumbha Rasi: 29.15                | Tithi 1       | <b>Gulika</b><br>Yama                                                                                                                                                                                      | <b>3:19PM – 4:47PM</b><br>12:24PM – 1:52PM  | <b>Purvaprosarthapada* Until 12:25PM</b><br>Subha Until 10:28PM<br>Kintughna Until 11:09AM<br><b>Prathama* Until 9:17PM</b> | <b>Ganesha:</b> Orange<br><b>Muruga:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Clear<br><b>Phalgunam*Masi</b> | <i>Sunrise:</i> 6:32AM<br><i>Sunset:</i> 6:15PM<br>Moon 1 - Phase 45 - 14<br>Prathama  |
| Creative Work                     | Siddha Yoga   | 116447577                                                                                                                                                                                                  | <b>Rahu</b><br><b>4:47PM – 6:15PM</b>       |                                                                                                                             |                                                                                                                    | <b>Devaloka Day</b>                                                                    |
| Until 12:25PM                     |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    |                                                                                        |
| Then Creative Work - Amrita Yoga  |               |                                                                                                                                                                                                            |                                             |                                                                                                                             |                                                                                                                    |                                                                                        |

|                                  |                           |             |                                                                                                                                                                                               |                   |                                 |                                            |                 |                                        |
|----------------------------------|---------------------------|-------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|---------------------------------|--------------------------------------------|-----------------|----------------------------------------|
| 1                                | Monday, March 11, 2024    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraprosnthapada/Revati Nakshatra Sukla Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau |                   |                                 |                                            | Sun 15          | Alsea, OR<br>Sutra 330<br>Sobhana 5125 |
|                                  | Meena Rasi: 14.25         | Tithi 2 – 3 | Gulika                                                                                                                                                                                        | 1:52PM – 3:20PM   | Uttaraprosnthapada Until 9:33AM | Ganesha: Orange                            | Sunrise: 6:30AM |                                        |
|                                  | Family Home Evening       | 116447577   | Yama                                                                                                                                                                                          | 10:55AM – 12:23PM | Sukla Until 6:23PM              | Muruga: Clear                              | Sunset: 6:17PM  | Moon 1 - Phase 46 - 15                 |
|                                  | Creative Work             | Siddha Yoga | Rahu                                                                                                                                                                                          | 7:58AM – 9:27AM   | Balava Until 7:30AM             | Nataraja: Orange                           |                 | 3rd Phase                              |
|                                  |                           |             | Dvitiya Until 5:45PM                                                                                                                                                                          |                   | Phalguna•Masi                   | Devaloka Day                               |                 |                                        |
| 2                                | Tuesday, March 12, 2024   |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Revati/Ashvini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau    |                   |                                 |                                            | Sun 16          | Alsea, OR<br>Sutra 331<br>Sobhana 5125 |
|                                  | Meena Rasi: 29.22         | Tithi 3 – 4 | Gulika                                                                                                                                                                                        | 12:23PM – 1:52PM  | Revati Until 6:52AM             | Ganesha: Green                             | Sunrise: 6:28AM |                                        |
|                                  |                           | 117447577   | Yama                                                                                                                                                                                          | 9:26AM – 10:54AM  | Brahma Until 2:37PM             | Muruga: Clear                              | Sunset: 6:18PM  | Moon 1 - Phase 46 - 16                 |
|                                  | Creative Work             | Siddha Yoga | Rahu                                                                                                                                                                                          | 3:20PM – 4:49PM   | Vanija Until 1:13AM Wed         | Nataraja: Orange                           |                 | 3rd Phase                              |
|                                  |                           |             | Tritiya Until 2:35PM                                                                                                                                                                          |                   | Phalguna•Masi                   | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                 |                                        |
| Subramuniyaswami Siva Vision Day |                           |             |                                                                                                                                                                                               |                   |                                 |                                            |                 |                                        |
| 3                                | Wednesday, March 13, 2024 |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau         |                   |                                 |                                            | Sun 17          | Alsea, OR<br>Sutra 332<br>Sobhana 5125 |
|                                  | Mesha Rasi: 13.59         | Tithi 4 – 5 | Gulika                                                                                                                                                                                        | 10:54AM – 12:23PM | Bharani Until 3:24AM Thu        | Ganesha: White                             | Sunrise: 6:26AM |                                        |
|                                  |                           | 127447577   | Yama                                                                                                                                                                                          | 7:56AM – 9:25AM   | Indra Until 11:17AM             | Muruga: Clear                              | Sunset: 6:19PM  | Moon 1 - Phase 46 - 17                 |
|                                  | Creative Work             | Siddha Yoga | Rahu                                                                                                                                                                                          | 12:23PM – 1:52PM  | Bava Until 10:52PM              | Nataraja: Orange                           |                 | 3rd Phase                              |
|                                  |                           |             | Karadaiyan Nombu (Tamil Nadu)                                                                                                                                                                 |                   | Phalguna•Panguni                | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                 |                                        |
|                                  |                           |             | Until 3:24AM Thu                                                                                                                                                                              |                   |                                 |                                            |                 |                                        |
|                                  |                           |             | Then Routine Work - Marana Yoga                                                                                                                                                               |                   |                                 |                                            |                 |                                        |
| 4                                | Thursday, March 14, 2024  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                   |                                 |                                            | Sun 18          | Alsea, OR<br>Sutra 333<br>Sobhana 5125 |
|                                  | Mesha Rasi: 28.1          | Tithi 5 – 6 | Gulika                                                                                                                                                                                        | 9:24AM – 10:53AM  | Krittika Until 2:27AM Fri       | Ganesha: White                             | Sunrise: 6:25AM |                                        |
|                                  |                           | 127447578   | Yama                                                                                                                                                                                          | 6:25AM – 7:54AM   | Vaidhriti* Until 8:27AM         | Muruga: Clear                              | Sunset: 6:20PM  | Moon 1 - Phase 46 - 18                 |
|                                  | Routine Work              | Marana Yoga | Rahu                                                                                                                                                                                          | 1:52PM – 3:21PM   | Kaulava Until 9:12PM            | Nataraja: Clear                            |                 | 3rd Phase                              |
|                                  |                           |             | Panchami Until 9:55AM                                                                                                                                                                         |                   | Phalguna•Panguni                | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                 |                                        |
| 5                                | Friday, March 15, 2024    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau          |                   |                                 |                                            | Sun 19          | Alsea, OR<br>Sutra 334<br>Sobhana 5125 |
|                                  | Vrishabha Rasi: 11.55     | Tithi 6 – 7 | Gulika                                                                                                                                                                                        | 7:53AM – 9:23AM   | Rohini Until 2:33AM Sat         | Ganesha: Clear                             | Sunrise: 6:23AM |                                        |
|                                  |                           | 137447578   | Yama                                                                                                                                                                                          | 3:22PM – 4:52PM   | Vishkambha* Until 6:12AM        | Muruga: Clear                              | Sunset: 6:22PM  | Moon 1 - Phase 46 - 19                 |
|                                  | Routine Work              | Marana Yoga | Rahu                                                                                                                                                                                          | 10:52AM – 12:22PM | Gara Until 8:18PM               | Nataraja: Clear                            |                 | 3rd Phase                              |
|                                  |                           |             | Shashthi* Until 8:38AM                                                                                                                                                                        |                   | Phalguna•Panguni                | Devaloka Day                               |                 |                                        |
|                                  |                           |             | Until 2:33AM Sat                                                                                                                                                                              |                   |                                 |                                            |                 |                                        |
|                                  |                           |             | Then Creative Work - Siddha Yoga                                                                                                                                                              |                   |                                 |                                            |                 |                                        |
| 6                                | Saturday, March 16, 2024  |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau               |                   |                                 |                                            | Sun 20          | Alsea, OR<br>Sutra 335<br>Sobhana 5125 |
|                                  | Retreat Star              |             | Gulika                                                                                                                                                                                        | 6:21AM – 7:51AM   | Mrigashira Until 3:15AM Sun     | Ganesha: Clear                             | Sunrise: 6:21AM |                                        |
|                                  | Vrishabha Rasi: 25.13     | Tithi 7 – 8 | Yama                                                                                                                                                                                          | 1:52PM – 3:22PM   | Ayushman Until 3:33AM Sun       | Muruga: Clear                              | Sunset: 6:23PM  | Moon 1 - Phase 46 - 20                 |
|                                  | Creative Work             | Siddha Yoga | Rahu                                                                                                                                                                                          | 9:21AM – 10:52AM  | Visti Until 8:11PM              | Nataraja: Clear                            |                 | Ashtami                                |
|                                  |                           |             | Saptami Until 8:07AM                                                                                                                                                                          |                   | Phalguna•Panguni                | Devaloka Day                               |                 |                                        |
| 7                                | Sunday, March 17, 2024    |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau                      |                   |                                 |                                            | Sun 21          | Alsea, OR<br>Sutra 336<br>Sobhana 5125 |
|                                  | Retreat Star              |             | Gulika                                                                                                                                                                                        | 3:23PM – 4:54PM   | Ardra Until 4:30AM Mon          | Ganesha: Clear                             | Sunrise: 6:19AM |                                        |
|                                  | Mithuna Rasi: 8.07        | Tithi 8 – 9 | Yama                                                                                                                                                                                          | 12:22PM – 1:52PM  | Saubhagya Until 3:05AM Mon      | Muruga: Clear                              | Sunset: 6:24PM  | Moon 1 - Phase 46 - 21                 |
|                                  | Creative Work             | Siddha Yoga | Rahu                                                                                                                                                                                          | 4:54PM – 6:24PM   | Balava Until 8:48PM             | Nataraja: Clear                            |                 | Navami                                 |
|                                  |                           |             | Ashtami* Until 8:23AM                                                                                                                                                                         |                   | Phalguna•Panguni                | Devaloka Day                               |                 |                                        |
|                                  |                           |             | Until 4:30AM Mon                                                                                                                                                                              |                   |                                 |                                            |                 |                                        |
|                                  |                           |             | Then Creative Work - Amrita Yoga                                                                                                                                                              |                   |                                 |                                            |                 |                                        |

|                           |                     |                                  |                                                                                                                                                                                               |                            |                             |                             |                 |                              |                                        |  |
|---------------------------|---------------------|----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|-----------------------------|-----------------------------|-----------------|------------------------------|----------------------------------------|--|
| Monday, March 18, 2024    |                     |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau                 |                            |                             |                             | Sun 22          |                              | Alsea, OR<br>Sutra 337<br>Sobhana 5125 |  |
| 1                         | Mithuna Rasi: 20.41 | Tithi 9 – 10                     | Gulika                                                                                                                                                                                        | 1:52PM – 3:23PM            | Punarvasu Until 6:39AM Tue  | Ganesha: Purple             | Sunrise: 6:17AM | Moon 1 - Phase 47 - 22       | 4th Phase                              |  |
|                           | Family Home Evening | 147447578                        | Yama                                                                                                                                                                                          | 10:50AM – 12:21PM          | Sobhana Until 3:06AM Tue    | Muruga: Clear               | Sunset: 6:25PM  |                              |                                        |  |
|                           |                     |                                  | Rahu                                                                                                                                                                                          | 7:48AM – 9:19AM            | Taitila Until 10:04PM       | Nataraja: Clear             |                 |                              |                                        |  |
|                           |                     |                                  | Creative Work Amrita Yoga                                                                                                                                                                     |                            | Moon – Blue                 | Bhuloka Day                 |                 |                              |                                        |  |
| Until 6:39AM Tue          |                     | Then Creative Work - Siddha Yoga |                                                                                                                                                                                               | Navami* Until 9:20AM       | Phalguna*Panguni            | Devaloka Time: 3:PM to 6:PM |                 |                              |                                        |  |
| Tuesday, March 19, 2024   |                     |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau      |                            |                             |                             | Sun 23          |                              | Alsea, OR<br>Sutra 338<br>Sobhana 5125 |  |
| 2                         | Kataka Rasi: 2.59   | Tithi 10 – 11                    | Gulika                                                                                                                                                                                        | 12:21PM – 1:52PM           | Punarvasu Until 6:39AM      | Ganesha: Clear              | Sunrise: 6:15AM | Moon 1 - Phase 47 - 23       | 4th Phase                              |  |
|                           | Creative Work       | 148447578                        | Yama                                                                                                                                                                                          | 9:18AM – 10:50AM           | Athiganda* Until 3:28AM Wed | Muruga: Clear               | Sunset: 6:27PM  |                              |                                        |  |
|                           |                     |                                  | Rahu                                                                                                                                                                                          | 3:24PM – 4:55PM            | Vanija Until 11:51PM        | Nataraja: Clear             |                 |                              |                                        |  |
|                           |                     |                                  | Siddha Yoga                                                                                                                                                                                   |                            | Moon – Blue                 | Devaloka Day                |                 |                              |                                        |  |
|                           |                     |                                  |                                                                                                                                                                                               | Dashami Until 10:53AM      | Phalguna*Panguni            |                             |                 |                              |                                        |  |
| Wednesday, March 20, 2024 |                     |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau          |                            |                             |                             | Sun 24          |                              | Alsea, OR<br>Sutra 339<br>Sobhana 5125 |  |
| 3                         | Kataka Rasi: 15.06  | Tithi 11 – 12                    | Gulika                                                                                                                                                                                        | 10:49AM – 12:21PM          | Pushya Until 9:07AM         | Ganesha: Clear              | Sunrise: 6:14AM | Moon 1 - Phase 47 - 24       | 4th Phase                              |  |
|                           | Creative Work       | 148447578                        | Yama                                                                                                                                                                                          | 7:45AM – 9:17AM            | Sukarma Until 4:09AM Thu    | Muruga: Clear               | Sunset: 6:28PM  |                              |                                        |  |
|                           |                     |                                  | Rahu                                                                                                                                                                                          | 12:21PM – 1:53PM           | Bava Until 2:02AM Thu       | Nataraja: Clear             |                 |                              |                                        |  |
|                           |                     |                                  | Siddha Yoga                                                                                                                                                                                   |                            | Moon – Blue                 | Devaloka Day                |                 |                              |                                        |  |
|                           |                     | Yogaswami Mahasamadhi            |                                                                                                                                                                                               | Ekadashi Until 12:53PM     | Phalguna*Panguni            |                             |                 |                              |                                        |  |
| Thursday, March 21, 2024  |                     |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau       |                            |                             |                             | Sun 25          |                              | Alsea, OR<br>Sutra 340<br>Sobhana 5125 |  |
| 4                         | Kataka Rasi: 27.04  | Tithi 12 – 13                    | Gulika                                                                                                                                                                                        | 9:16AM – 10:48AM           | Ashlesha* Until 11:44AM     | Ganesha: Clear              | Sunrise: 6:12AM | Moon 1 - Phase 47 - 25       | 4th Phase                              |  |
|                           | Creative Work       | 148447578                        | Yama                                                                                                                                                                                          | 6:12AM – 7:44AM            | Dhriti Until 5:02AM Fri     | Muruga: Clear               | Sunset: 6:29PM  |                              |                                        |  |
|                           |                     |                                  | Rahu                                                                                                                                                                                          | 1:53PM – 3:25PM            | Kaulava Until 4:30AM Fri    | Nataraja: Clear             |                 |                              |                                        |  |
|                           |                     |                                  | Siddha Yoga                                                                                                                                                                                   |                            | Moon – Blue                 | Devaloka Day                |                 |                              |                                        |  |
| Until 11:44AM             |                     | Then Creative Work - Amrita Yoga |                                                                                                                                                                                               | Dvadashi Until 3:13PM      | Phalguna*Panguni            |                             |                 |                              |                                        |  |
|                           |                     |                                  |                                                                                                                                                                                               | Pradosha Vrata             |                             |                             |                 |                              |                                        |  |
| Friday, March 22, 2024    |                     |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                            |                             |                             | Sun 26          |                              | Alsea, OR<br>Sutra 341<br>Sobhana 5125 |  |
| 5                         | Simha Rasi: 8.56    | Tithi 13 – 14                    | Gulika                                                                                                                                                                                        | 7:43AM – 9:15AM            | Magha* Until 2:54PM         | Ganesha: Purple             | Sunrise: 6:10AM | Moon 1 - Phase 47 - 26       | 4th Phase                              |  |
|                           | Routine Work        | 158447578                        | Yama                                                                                                                                                                                          | 3:25PM – 4:58PM            | Shula* Until 7:00AM Sun Sat | Muruga: Clear               | Sunset: 6:30PM  |                              |                                        |  |
|                           |                     |                                  | Rahu                                                                                                                                                                                          | 10:48AM – 12:20PM          | Gara Until 7:05AM Sat       | Nataraja: Clear             |                 |                              |                                        |  |
|                           |                     |                                  | Marana Yoga                                                                                                                                                                                   |                            | Moon – Red                  | Sivaloka Day                |                 |                              |                                        |  |
| Until 2:54PM              |                     | Then Creative Work - Siddha Yoga |                                                                                                                                                                                               | Trayodashi Until 5:46PM    | Phalguna*Panguni            |                             |                 |                              |                                        |  |
| Saturday, March 23, 2024  |                     |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau             |                            |                             |                             | Sun 27          |                              | Alsea, OR<br>Sutra 342<br>Sobhana 5125 |  |
| 6                         | Simha Rasi: 20.45   | Tithi 14                         | Gulika                                                                                                                                                                                        | 6:08AM – 7:41AM            | Purvaphalguni Until 6:00PM  | Ganesha: Purple             | Sunrise: 6:08AM | Moon 1 - Phase 47 - 27       | 4th Phase                              |  |
|                           | Creative Work       | 158447578                        | Yama                                                                                                                                                                                          | 1:53PM – 3:26PM            | Shula* Until 7:00AM Sun     | Muruga: Clear               | Sunset: 6:32PM  |                              |                                        |  |
|                           |                     |                                  | Rahu                                                                                                                                                                                          | 9:14AM – 10:47AM           | Gara Until 7:05AM           | Nataraja: Clear             |                 |                              |                                        |  |
|                           |                     |                                  | Siddha Yoga                                                                                                                                                                                   |                            | Moon – Red                  | Sivaloka Day                |                 |                              |                                        |  |
| Until 6:00PM              |                     | Then Routine Work - Marana Yoga  |                                                                                                                                                                                               | Chaturdashi* Until 8:23PM  | Phalguna*Panguni            |                             |                 |                              |                                        |  |
| Sunday, March 24, 2024    |                     |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnimayam Titau              |                            |                             |                             | Sun 28          |                              | Alsea, OR<br>Sutra 343<br>Sobhana 5125 |  |
| Copper Retreat Star       | Kanya Rasi: 2.34    | Tithi 15                         | Gulika                                                                                                                                                                                        | 3:26PM – 4:59PM            | Uttaraphalguni Until 8:55PM | Ganesha: Purple             | Sunrise: 6:06AM | Moon 1 - Phase 47 - Purnima  | Sivaloka Day                           |  |
|                           | Creative Work       | 158447578                        | Yama                                                                                                                                                                                          | 12:20PM – 1:53PM           | Ganda* Until 7:00AM         | Muruga: Clear               | Sunset: 6:33PM  |                              |                                        |  |
|                           |                     |                                  | Rahu                                                                                                                                                                                          | 4:59PM – 6:33PM            | Visti Until 9:43AM          | Nataraja: Clear             |                 |                              |                                        |  |
|                           |                     |                                  | Amrita Yoga                                                                                                                                                                                   |                            | Moon – Red                  | Phalguna*Panguni            |                 |                              |                                        |  |
|                           |                     | Panguni Uttiram                  |                                                                                                                                                                                               | Purnima* Until 10:59PM     |                             |                             |                 |                              |                                        |  |
|                           |                     | Holi                             |                                                                                                                                                                                               |                            |                             |                             |                 |                              |                                        |  |
| Monday, March 25, 2024    |                     |                                  | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau                  |                            |                             |                             | Sun 29          |                              | Alsea, OR<br>Sutra 344<br>Sobhana 5125 |  |
| Silver Retreat Star       | Kanya Rasi: 14.23   | Tithi 16                         | Gulika                                                                                                                                                                                        | 1:53PM – 3:27PM            | Hasta Until 12:02AM Tue     | Ganesha: Purple             | Sunrise: 6:04AM | Moon 1 - Phase 47 - Prathama | Bhuloka Day                            |  |
|                           | Family Home Evening | 169447578                        | Yama                                                                                                                                                                                          | 10:46AM – 12:19PM          | Vridhhi Until 7:57AM        | Muruga: Clear               | Sunset: 6:34PM  |                              |                                        |  |
|                           |                     |                                  | Rahu                                                                                                                                                                                          | 7:38AM – 9:12AM            | Balava Until 12:15PM        | Nataraja: Clear             |                 |                              |                                        |  |
|                           |                     |                                  | Siddha Yoga                                                                                                                                                                                   |                            | Moon – Green                | Phalguna*Panguni            |                 |                              |                                        |  |
| Creative Work             |                     |                                  |                                                                                                                                                                                               | Prathama* Until 1:26AM Tue | Devaloka Time: 3:PM to 6:PM |                             |                 |                              |                                        |  |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time. Calculated for Alsea, OR on 11/20/21

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|                                                                                |                                            |             |                                                                                                  |  |                                             |                                 |                                                       |  |                                                |  |                                                 |  |                                |  |                           |  |  |
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|  | <b>Tuesday, March 26, 2024</b>             |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam |  |                                             |                                 |                                                       |  | Alsea, OR                                      |  |                                                 |  |                                |  |                           |  |  |
|                                                                                | <b>Gold Retreat Star</b>                   |             | Chitra Nakshatra Dhruva/Vyaghata* Yoga Taitlea/Gara Karana Dvitiyayam Titau                      |  |                                             |                                 |                                                       |  | Sutra 345                                      |  |                                                 |  |                                |  |                           |  |  |
|                                                                                |                                            |             | <b>Gulika</b><br>Yama                                                                            |  | <b>12:19PM – 1:53PM</b><br>9:11AM – 10:45AM |                                 | <b>Chitra Until 2:45AM Wed</b><br>Dhruva Until 8:45AM |  | <b>Ganesha:</b> Purple<br><b>Muruga:</b> Clear |  | <b>Sunrise:</b> 6:03AM<br><b>Sunset:</b> 6:35PM |  | Sun 1<br>Moon 2 - Phase 48 - 1 |  | Sobhana 5125<br>1st Phase |  |  |
|                                                                                | Kanya Rasi: 26.17<br>Tithi 17<br>169447578 |             | <b>Rahu</b><br>3:27PM – 5:01PM                                                                   |  | Taitila Until 2:35PM                        |                                 | <b>Nataraja:</b> Clear<br>Moon – Green                |  | <b>Bhuloka Day</b><br>Phalguna*Panguni         |  | Devaloka Time: 3:PM to 6:PM                     |  |                                |  |                           |  |  |
| Creative Work                                                                  |                                            | Siddha Yoga |                                                                                                  |  |                                             | <b>Dvitiya Until 3:38AM Wed</b> |                                                       |  |                                                |  |                                                 |  |                                |  |                           |  |  |

|                  |                           |             |                                                                                                                                                                                 |                   |                          |                 |                 |                       |           |
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| 1                | Wednesday, March 27, 2024 |             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Tritiyayam Titau |                   |                          |                 |                 | Sun 2                 | Sutra 346 |
|                  |                           |             | Gulika                                                                                                                                                                          | 10:44AM – 12:19PM | Svati Until 4:59AM Thu   | Ganesha: Clear  | Sunrise: 6:01AM | Sobhana 5125          |           |
|                  | Tula Rasi: 8.17           | Tithi 18    | Yama                                                                                                                                                                            | 7:35AM – 9:10AM   | Vyaghata* Until 9:22AM   | Muruga: Clear   | Sunset: 6:36PM  | Moon 2 - Phase 48 - 2 |           |
|                  | Creative Work             | Siddha Yoga | 169547578 Rahu                                                                                                                                                                  | 12:19PM – 1:53PM  | Vanija Until 4:38PM      | Nataraja: Clear |                 | 1st Phase             |           |
|                  |                           |             |                                                                                                                                                                                 |                   | Tritiya Until 5:29AM Thu | Moon – Green    | Devaloka Day    |                       |           |
| Phalguna•Panguni |                           |             |                                                                                                                                                                                 |                   |                          |                 |                 |                       |           |

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| 2 | Thursday, March 28, 2024 |                             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam |                  |                           |                 |                  | Aalsea, OR            |
|   |                          |                             | Vishakha Nakshatra Harshana/Vajira* Yoga Bava Karana Chaturthyam Titau                        |                  |                           |                 |                  | Sun 3 Sutra 347       |
|   |                          |                             | Gulika                                                                                        | 9:09AM – 10:43AM | Vishakha Until 7:07AM Fri | Ganesha: White  | Sunrise: 5:59AM  | Sobhana 5125          |
|   | Tula Rasi: 20.25         | Tithi 19                    | Yama                                                                                          | 5:59AM – 7:34AM  | Harshana Until 9:43AM     | Muruga: Clear   | Sunset: 6:38PM   | Moon 2 - Phase 48 - 3 |
|   | Creative Work            | Siddha Yoga                 | 179547578 Rahu                                                                                | 1:53PM – 3:28PM  | Bava Until 6:17PM         | Nataraja: Clear |                  | 1st Phase             |
|   |                          | Chaturthi* Until 6:54AM Fri |                                                                                               |                  |                           |                 | Phalguna•Panguni | Sivaloka Day          |

|   |                        |               |                                                                                                                                                                                                   |                   |                         |                 |                 |                       |              |  |
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| 3 | Friday, March 29, 2024 |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau |                   |                         |                 |                 |                       | Alsea, OR    |  |
|   |                        |               | Gulika                                                                                                                                                                                            | 7:32AM – 9:08AM   | Vishakha Until 7:07AM   | Ganesha: White  | Sunrise: 5:57AM | Sun 4                 | Sutra 348    |  |
|   | Vrischika Rasi: 2.44   | Tithi 19 – 20 | Yama                                                                                                                                                                                              | 3:28PM – 5:04PM   | Vajra* Until 9:42AM     | Muruga: Clear   | Sunset: 6:39PM  | Sobhana 5125          |              |  |
|   |                        |               | 179547578 Rahu                                                                                                                                                                                    | 10:43AM – 12:18PM | Kaulava Until 7:27PM    | Nataraja: Clear |                 | Moon 2 - Phase 48 - 4 |              |  |
|   | Creative Work          | Siddha Yoga   |                                                                                                                                                                                                   |                   | Chaturthi* Until 6:54AM | Moon – Orange   |                 | 1st Phase             |              |  |
|   |                        |               | Phalguna*Panguni                                                                                                                                                                                  |                   |                         |                 |                 |                       | Sivaloka Day |  |

|   |                          |               |                                                                                                                                                                                                     |                       |                     |                 |                       |              |
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| 4 | Saturday, March 30, 2024 |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Siddhi/Vyatipata* Yoga Taitlea/Gara Karana Panchami/Shashthyam Titau |                       |                     |                 |                       | Aalsea, OR   |
|   |                          | Gulika        | 5:55AM – 7:31AM                                                                                                                                                                                     | Anuradha Until 8:36AM | Ganesha: White      | Sunrise: 5:55AM | Sun 5                 | Sutra 349    |
|   | Vrischika Rasi: 15.17    | Tithi 20 – 21 | Yama                                                                                                                                                                                                | 1:53PM – 3:29PM       | Siddhi Until 9:17AM | Muruga: Clear   | Sunset: 6:40PM        | Sobhana 5125 |
|   | 179547578                | Rahu          | 9:07AM – 10:42AM                                                                                                                                                                                    | Gara Until 8:03PM     | Nataraja: Clear     |                 | Moon 2 - Phase 48 - 5 | 1st Phase    |
|   | Creative Work            | Siddha Yoga   |                                                                                                                                                                                                     | Panchami Until 7:48AM | Moon – Orange       |                 | Sivaloka Day          |              |
|   |                          |               |                                                                                                                                                                                                     |                       | Phalaguna-Panguni   |                 |                       |              |

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|--------------|----------------------------------------|--|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-------------------------|-----------------|-----------------------|--------------|-----------|
| 5            | Sunday, March 31, 2024                 |  |                        | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau |                  |                         |                 |                       | Aisea, OR    |           |
|              |                                        |  |                        | Gulika                                                                                                                                                                                            | 3:29PM – 5:05PM  | Jyeshtha* Until 9:21AM  | Ganesha: White  | Sunrise: 5:54AM       | Sun 6        | Sutra 350 |
|              | Vrischika Rasi: 28.05    Tithi 21 – 22 |  |                        | Yama                                                                                                                                                                                              | 12:17PM – 1:53PM | Vyatipata* Until 8:26AM | Muruga: Clear   | Sunset: 6:41PM        | Sobhana 5125 |           |
|              | 179547578                              |  |                        | Rahu                                                                                                                                                                                              | 5:05PM – 6:41PM  | Visti Until 8:02PM      | Nataraja: Clear | Moon 2 - Phase 48 - 6 |              |           |
|              | Routine Work    Marana Yoga            |  |                        |                                                                                                                                                                                                   |                  |                         | Moon – Orange   | 1st Phase             |              |           |
| Until 8:04AM |                                        |  | Shashthi* Until 8:06AM |                                                                                                                                                                                                   |                  | Phalguna/Panguni        |                 |                       | Sivaloka Day |           |

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| Then Creative Work - Amrita Yoga                                                    |                              |                             |                                                                                               |                        |                        |                        |                       |                       |                    |
|  | <b>Monday, April 1, 2024</b> |                             | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam |                        |                        |                        |                       |                       | Aalsea, OR         |
|                                                                                     | <b>Retreat Star</b>          |                             | Mula*/Purvashadha* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau |                        |                        |                        |                       |                       | Sun 7<br>Sutra 351 |
|                                                                                     | <b>Gulika</b>                | <b>1:53PM – 3:29PM</b>      | <b>Mula* Until 9:46AM</b>                                                                     |                        | <b>Ganesha:</b> Yellow | <b>Sunrise:</b> 5:54AM | Sobhana 5125          |                       |                    |
|                                                                                     | Dhanus Rasi: 11.14           | Tithi 22 – 23               | Yama                                                                                          | 10:41AM – 12:17PM      | Variyan Until 7:02AM   | <b>Muruga:</b> Clear   | <b>Sunset:</b> 6:41PM | Moon 2 - Phase 48 - 7 |                    |
|                                                                                     | <b>Family Home Evening</b>   | 189547578                   | <b>Rahu</b>                                                                                   | <b>7:29AM – 9:05AM</b> | Balava Until 7:21PM    | <b>Nataraja:</b> Clear | Ashtami               |                       |                    |
| Creative Work    Siddha Yoga                                                        |                              | <b>Saptami Until 7:46AM</b> |                                                                                               |                        |                        | Moon – Light Blue      | <b>Devaloka Day</b>   |                       |                    |
| Until 9:46AM                                                                        |                              |                             |                                                                                               |                        |                        |                        |                       |                       |                    |
| Then Routine Work - Marana Yoga                                                     |                              |                             |                                                                                               |                        |                        |                        |                       |                       |                    |

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| Tuesday, April 2, 2024                 |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam |                  |                           |  |                   |                 | Alsea, OR             |  |
| Retreat Star                           |               | Purvashadha*/Uttarashadha Nakshatra Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau     |                  |                           |  |                   |                 | Sun 8 Sutra 352       |  |
|                                        |               | Gulika                                                                                           | 12:17PM – 1:54PM | Purvashadha* Until 9:22AM |  | Ganesha: Yellow   | Sunrise: 5:52AM | Sobhana 5125          |  |
| Dhanus Rasi: 24.44                     | Tithi 23 – 24 | Yama                                                                                             | 9:04AM – 10:41AM | Shiva Until 2:42AM Wed    |  | Muruga: Clear     | Sunset: 6:43PM  | Moon 2 - Phase 48 - 8 |  |
|                                        |               | 181547578 Rahu                                                                                   | 3:30PM – 5:06PM  | Taitila Until 6:00PM      |  | Nataraja: Clear   | Navami          |                       |  |
| Creative Work                          | Siddha Yoga   |                                                                                                  |                  | Ashtami* Until 6:44AM     |  | Moon – Light Blue | Devaloka Day    |                       |  |
| Until 9:22AM                           |               |                                                                                                  |                  |                           |  | Phalguna•Panguni  |                 |                       |  |
| Then Routine Work - Prabalarishta Yoga |               |                                                                                                  |                  |                           |  |                   |                 |                       |  |

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| <b>Phalguna*Panguni</b> |  |  |  |  |  |  |  |  |
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| <b>Then Routine Work - Prabalarishta Yoga</b> |  |  |  |  |  |  |  |  |
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| <div>1</div> <div>Wednesday, April 3, 2024</div>                                |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Siddha Yoga Vanija/Visti* Karana Dashamyam Titau                      |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  | Sun 9  | Alsea, OR<br>Sutra 353 |
| Makara Rasi: 8.37                                                               | Tithi 25      | 181547578                                                                                                                                                                                               | Gulika<br>Yama<br>Rahu | 10:40AM – 12:17PM<br>7:27AM – 9:03AM<br>12:17PM – 1:54PM | Uttarashadha Until 8:12AM<br>Siddha Until 11:46PM<br>Vanija Until 4:01PM<br>Dashami Until 2:48AM Thu                                | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Light Blue<br>Phalguna*Panguni | Sunrise: 5:50AM<br>Sunset: 6:44PM | Moon 2 - Phase 49 - 9<br>2nd Phase  | Devaloka Day |  |  |        |                        |
| Creative Work<br>Until 8:12AM<br>Then Creative Work - Siddha Yoga               | Amrita Yoga   |                                                                                                                                                                                                         |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  |        |                        |
| <div>2</div> <div>Thursday, April 4, 2024</div>                                 |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sadhya Yoga Bava/Balava Karana Ekadashyam Titau                          |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  | Sun 10 | Alsea, OR<br>Sutra 354 |
| Makara Rasi: 22.53                                                              | Tithi 26      | 191547578                                                                                                                                                                                               | Gulika<br>Yama<br>Rahu | 9:02AM – 10:39AM<br>5:48AM – 7:25AM<br>1:54PM – 3:31PM   | Shravana Until 6:43AM<br>Sadhya Until 8:25PM<br>Bava Until 1:29PM<br>Ekadashi* Until 12:01AM Fri                                    | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Purple<br>Phalguna*Panguni       | Sunrise: 5:48AM<br>Sunset: 6:45PM | Moon 2 - Phase 49 - 10<br>2nd Phase | Sivaloka Day |  |  |        |                        |
| Creative Work                                                                   | Siddha Yoga   |                                                                                                                                                                                                         |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  |        |                        |
| <div>3</div> <div>Friday, April 5, 2024</div>                                   |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvodashyam Titau                       |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  | Sun 11 | Alsea, OR<br>Sutra 355 |
| Kumbha Rasi: 7.31                                                               | Tithi 27      | 191547578                                                                                                                                                                                               | Gulika<br>Yama<br>Rahu | 7:24AM – 9:01AM<br>3:31PM – 5:09PM<br>10:39AM – 12:16PM  | Shatabhishak Until 2:00AM Sat<br>Subha Until 4:44PM<br>Kaulava Until 10:29AM<br>Dvadashi* Until 8:50PM                              | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Purple<br>Phalguna*Panguni       | Sunrise: 5:46AM<br>Sunset: 6:46PM | Moon 2 - Phase 49 - 11<br>2nd Phase | Sivaloka Day |  |  |        |                        |
| Creative Work<br>Until 2:00AM Sat<br>Then Routine Work - Marana Yoga            | Siddha Yoga   |                                                                                                                                                                                                         |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  |        |                        |
| <div>4</div> <div>Saturday, April 6, 2024</div>                                 |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau       |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  | Sun 12 | Alsea, OR<br>Sutra 356 |
| Kumbha Rasi: 22.24                                                              | Tithi 28 – 29 | 111547578                                                                                                                                                                                               | Gulika<br>Yama<br>Rahu | 5:44AM – 7:22AM<br>1:54PM – 3:32PM<br>9:00AM – 10:38AM   | Purvaproshtapada* Until 11:27PM<br>Sukla Until 12:47PM<br>Gara Until 7:09AM<br>Trayodashi* Until 5:24PM<br>Pradosha Vrata (Fasting) | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear<br>Phalguna*Panguni         | Sunrise: 5:44AM<br>Sunset: 6:47PM | Moon 2 - Phase 49 - 12<br>2nd Phase | Devaloka Day |  |  |        |                        |
| Routine Work<br>Until 11:27PM<br>Then Creative Work - Siddha Yoga               | Marana Yoga   |                                                                                                                                                                                                         |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  |        |                        |
| <div><div></div></div> <div>Sunday, April 7, 2024</div> <div>Retreat Star</div> |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Brahma/Indra Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  | Sun 13 | Alsea, OR<br>Sutra 357 |
| Meena Rasi: 7.26                                                                | Tithi 29 – 30 | 111547578                                                                                                                                                                                               | Gulika<br>Yama<br>Rahu | 3:32PM – 5:10PM<br>12:16PM – 1:54PM<br>5:10PM – 6:49PM   | Uttaraproshtapada Until 8:41PM<br>Brahma Until 8:44AM<br>Catuspada Until 12:05AM Mon<br>Chaturdashi* Until 1:51PM                   | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear<br>Phalguna*Panguni         | Sunrise: 5:43AM<br>Sunset: 6:49PM | Moon 2 - Phase 49 - 13<br>Amavasya  | Devaloka Day |  |  |        |                        |
| Creative Work                                                                   | Amrita Yoga   |                                                                                                                                                                                                         |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  |        |                        |
| <div>Monday, April 8, 2024</div> <div>Retreat Star</div>                        |               | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau              |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  | Sun 14 | Alsea, OR<br>Sutra 358 |
| Meena Rasi: 22.3                                                                | Tithi 30 – 1  | 111547578                                                                                                                                                                                               | Gulika<br>Yama<br>Rahu | 1:54PM – 3:33PM<br>10:37AM – 12:15PM<br>7:20AM – 8:58AM  | Revati Until 5:52PM<br>Vaidhriti* Until 12:45AM Tue<br>Kintughna Until 8:39PM<br>Amavasya* Until 10:20AM<br>Yugadhi                 | Ganesha: Red<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Clear<br>Chaitra*Panguni          | Sunrise: 5:41AM<br>Sunset: 6:50PM | Moon 2 - Phase 49 - 14<br>Prathama  | Devaloka Day |  |  |        |                        |
| Family Home Evening<br>Creative Work                                            | Siddha Yoga   |                                                                                                                                                                                                         |                        |                                                          |                                                                                                                                     |                                                                                              |                                   |                                     |              |  |  |        |                        |

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| 1                                | Tuesday, April 9, 2024    |                            | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam  |  | Sun 15          |  | Alsea, OR                   |
|                                  | Mesha Rasi: 7.26          |                            | Ashvini/Bharani Nakshatra Vishkambha* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau        |  | Sun 15          |  | Sutra 359                   |
|                                  | Tithi 1 – 2               |                            | Gulika 12:15PM – 1:54PM                                                                         |  | Sunrise: 5:39AM |  | Sobhana 5125                |
|                                  | 121547578                 |                            | Yama 8:57AM – 10:36AM                                                                           |  | Sunset: 6:51PM  |  | Moon 2 - Phase 50 - 15      |
| Creative Work                    |                           | Siddha Yoga                | Rahu 3:33PM – 5:12PM                                                                            |  | Moon – White    |  | 3rd Phase                   |
|                                  |                           | Chellappaswami Mahasamadhi | Prathama* Until 7:00AM                                                                          |  | Chaitra*Panguni |  | Devaloka Day                |
| 2                                | Wednesday, April 10, 2024 |                            | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam    |  | Sun 16          |  | Alsea, OR                   |
|                                  | Mesha Rasi: 22.06         |                            | Bharani/Krittika Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Tritiyayam Titau             |  | Sun 16          |  | Sutra 360                   |
|                                  | Tithi 3                   |                            | Gulika 10:36AM – 12:15PM                                                                        |  | Sunrise: 5:37AM |  | Sobhana 5125                |
|                                  | 121547578                 |                            | Yama 7:17AM – 8:56AM                                                                            |  | Sunset: 6:52PM  |  | Moon 2 - Phase 50 - 16      |
| Creative Work                    |                           | Siddha Yoga                | Rahu 12:15PM – 1:54PM                                                                           |  | Moon – White    |  | 3rd Phase                   |
| Until 1:34PM                     |                           |                            | Taitila Until 2:44PM                                                                            |  | Chaitra*Panguni |  | Devaloka Day                |
| Then Creative Work - Amrita Yoga |                           |                            | Tritiya Until 1:33AM Thu                                                                        |  |                 |  |                             |
| 3                                | Thursday, April 11, 2024  |                            | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam     |  | Sun 17          |  | Alsea, OR                   |
|                                  | Vrishabha Rasi: 6.25      |                            | Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthyam Titau        |  | Sun 17          |  | Sutra 361                   |
|                                  | Tithi 4                   |                            | Gulika 8:55AM – 10:35AM                                                                         |  | Sunrise: 5:36AM |  | Sobhana 5125                |
|                                  | 121547578                 |                            | Yama 5:36AM – 7:15AM                                                                            |  | Sunset: 6:54PM  |  | Moon 2 - Phase 50 - 17      |
| Routine Work                     |                           | Marana Yoga                | Rahu 1:54PM – 3:34PM                                                                            |  | Moon – White    |  | 3rd Phase                   |
|                                  |                           |                            | Vanija Until 12:34PM                                                                            |  | Chaitra*Panguni |  | Devaloka Day                |
|                                  |                           |                            | Chaturthi* Until 11:42PM                                                                        |  |                 |  |                             |
| 4                                | Friday, April 12, 2024    |                            | Sobhana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam    |  | Sun 18          |  | Alsea, OR                   |
|                                  | Vrishabha Rasi: 20.17     |                            | Rohini/Mrigashira Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchamyam Titau          |  | Sun 18          |  | Sutra 362                   |
|                                  | Tithi 5                   |                            | Gulika 7:14AM – 8:54AM                                                                          |  | Sunrise: 5:34AM |  | Sobhana 5125                |
|                                  | 132547578                 |                            | Yama 3:35PM – 5:15PM                                                                            |  | Sunset: 6:55PM  |  | Moon 2 - Phase 50 - 18      |
| Routine Work                     |                           | Marana Yoga                | Rahu 10:34AM – 12:14PM                                                                          |  | Moon – Yellow   |  | 3rd Phase                   |
| Until 11:20AM                    |                           |                            | Bava Until 11:04AM                                                                              |  | Chaitra*Panguni |  | Devaloka Day                |
| Then Creative Work - Siddha Yoga |                           |                            | Panchami Until 10:35PM                                                                          |  |                 |  |                             |
| 5                                | Saturday, April 13, 2024  |                            | Sobhana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam   |  | Sun 19          |  | Alsea, OR                   |
|                                  | Mithuna Rasi: 3.44        |                            | Mrigashira/Ardra Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau      |  | Sun 19          |  | Sutra 363                   |
|                                  | Tithi 6                   |                            | Gulika 5:32AM – 7:13AM                                                                          |  | Sunrise: 5:32AM |  | Sobhana 5125                |
|                                  | 132547578                 |                            | Yama 1:55PM – 3:35PM                                                                            |  | Sunset: 6:56PM  |  | Moon 2 - Phase 50 - 19      |
| Creative Work                    |                           | Siddha Yoga                | Rahu 8:53AM – 10:34AM                                                                           |  | Moon – Yellow   |  | 3rd Phase                   |
|                                  |                           |                            | Sobhana Until 11:04AM                                                                           |  | Chaitra*Chaitra |  | Devaloka Day                |
|                                  |                           |                            | Kaulava Until 10:20AM                                                                           |  |                 |  |                             |
|                                  |                           |                            | Shashthi* Until 10:16PM                                                                         |  |                 |  |                             |
| 6                                | Sunday, April 14, 2024    |                            | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam   |  | Sun 20          |  | Alsea, OR                   |
|                                  | Mithuna Rasi: 16.45       |                            | Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptamyam Titau            |  | Sun 20          |  | Sutra 364                   |
|                                  | Tithi 7                   |                            | Gulika 3:36PM – 5:16PM                                                                          |  | Sunrise: 5:30AM |  | Krodhin 5126                |
|                                  | 232547578                 |                            | Yama 12:14PM – 1:55PM                                                                           |  | Sunset: 6:57PM  |  | Moon 2 - Phase 50 - 20      |
| Creative Work                    |                           | Siddha Yoga                | Rahu 5:16PM – 6:57PM                                                                            |  | Moon – Yellow   |  | 3rd Phase                   |
|                                  |                           | Tamil New Year             | Ardra Until 11:56AM                                                                             |  | Chaitra*Chaitra |  | Bhuloka Day                 |
|                                  |                           |                            | Athiganda* Until 10:02AM                                                                        |  |                 |  | Devaloka Time: 3:PM to 6:PM |
|                                  |                           |                            | Gara Until 10:25AM                                                                              |  |                 |  |                             |
|                                  |                           |                            | Saptami Until 10:44PM                                                                           |  |                 |  |                             |
| D                                | Monday, April 15, 2024    |                            | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam    |  | Sun 21          |  | Alsea, OR                   |
|                                  | Retreat Star              |                            | Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau               |  | Sun 21          |  | Sutra 1                     |
|                                  | Mithuna Rasi: 29.23       |                            | Gulika 1:55PM – 3:36PM                                                                          |  | Sunrise: 5:29AM |  | Krodhin 5126                |
|                                  | Tithi 8                   |                            | Yama 10:32AM – 12:14PM                                                                          |  | Sunset: 6:58PM  |  | Moon 2 - Phase 50 - 21      |
| Family Home Evening              |                           | 242547578                  | Rahu 7:10AM – 8:51AM                                                                            |  | Moon – Blue     |  | Ashtami                     |
| Creative Work                    |                           | Amrita Yoga                | Visti Until 11:16AM                                                                             |  | Chaitra*Chaitra |  | Devaloka Day                |
| Until 1:36PM                     |                           |                            | Ashtami* Until 11:56PM                                                                          |  |                 |  |                             |
| Then Creative Work - Siddha Yoga |                           |                            |                                                                                                 |  |                 |  |                             |
|                                  | Tuesday, April 16, 2024   |                            | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam |  | Sun 22          |  | Alsea, OR                   |
|                                  | Retreat Star              |                            | Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Navamyam Titau              |  | Sun 22          |  | Sutra 2                     |
|                                  | Kataka Rasi: 11.43        |                            | Gulika 12:13PM – 1:55PM                                                                         |  | Sunrise: 5:27AM |  | Krodhin 5126                |
|                                  | Tithi 9                   |                            | Yama 8:50AM – 10:32AM                                                                           |  | Sunset: 7:00PM  |  | Moon 2 - Phase 50 - 22      |
| Creative Work                    |                           | Siddha Yoga                | Rahu 3:37PM – 5:18PM                                                                            |  | Moon – Blue     |  | Navami                      |
|                                  |                           | Sri Rama Navami            | Balava Until 12:47PM                                                                            |  | Chaitra*Chaitra |  | Devaloka Day                |
|                                  |                           |                            | Navami* Until 1:45AM Wed                                                                        |  |                 |  |                             |

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| 1             | Wednesday, April 17, 2024 |          |           | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Dashamyam Titau |                   |                        |                 |                 | Aisea, OR             |
|               |                           |          |           |                                                                                                                                                                             |                   |                        |                 | Sun 23          | Sutra 3               |
|               |                           |          |           | Gulika                                                                                                                                                                      | 10:31AM – 12:13PM | Ashlesha* Until 6:15PM | Ganesha: Clear  | Sunrise: 5:25AM | Krodhin 5126          |
|               | Kataka Rasi: 23.49        | Tithi 10 |           | Yama                                                                                                                                                                        | 7:07AM – 8:49AM   | Shula* Until 10:18AM   | Muruga: Clear   | Sunset: 7:01PM  | Moon 2 - Phase 1 - 23 |
|               |                           |          | 242547578 | Rahu                                                                                                                                                                        | 12:13PM – 1:55PM  | Taitila Until 2:51PM   | Nataraja: Clear |                 | 4th Phase             |
| Creative Work | Siddha Yoga               |          |           |                                                                                                                                                                             |                   | Moon – Blue            | Devaloka Day    |                 |                       |

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| 2                                | Thursday, April 18, 2024 |          |                | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Ekadashyam Titau |                           |                 |                             |                       |         | Alsea, OR    |
|                                  |                          |          |                |                                                                                                                                                                            |                           |                 |                             | Sun 24                | Sutra 4 | Krodhin 5126 |
|                                  | Simha Rasi: 5.44         | Tithi 11 | Gulika         | 8:48AM – 10:31AM                                                                                                                                                           | Magha* Until 9:24PM       | Ganesha: Purple | Sunrise: 5:24AM             |                       |         |              |
|                                  |                          |          | Yama           | 5:24AM – 7:06AM                                                                                                                                                            | Ganda* Until 11:10AM      | Muruga: Clear   | Sunset: 7:02PM              | Moon 2 - Phase 1 - 24 |         |              |
|                                  |                          |          | 252547578 Rahu | 1:55PM – 3:38PM                                                                                                                                                            | Vanija Until 5:17PM       | Nataraja: Clear |                             | 4th Phase             |         |              |
| Creative Work                    | Amrita Yoga              |          |                |                                                                                                                                                                            | Ekadashi Until 6:33AM Fri | Moon – Red      | Bhuloka Day                 |                       |         |              |
| Until 9:24PM                     |                          |          |                |                                                                                                                                                                            |                           | Chaitra*Chaitra | Devaloka Time: 3:PM to 6:PM |                       |         |              |
| Then Creative Work - Siddha Yoga |                          |          |                |                                                                                                                                                                            |                           |                 |                             |                       |         |              |

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| 3                               | Friday, April 19, 2024 |                | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam |                       |                                 |                 |                 |                       | Alsea, OR |
|                                 |                        |                | Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau      |                       |                                 |                 |                 |                       | Sutra 5   |
|                                 |                        |                |                                                                                               |                       |                                 |                 | Sun 25          |                       |           |
|                                 | Simha Rasi: 17.34      | Tithi 11 – 12  | Gulika                                                                                        | 7:05AM – 8:47AM       | Purvaphalguni Until 12:31AM Sat | Ganesha: Purple | Sunrise: 5:22AM | Krodhin 5126          |           |
|                                 |                        |                | Yama                                                                                          | 3:38PM – 5:21PM       | Vridhhi Until 12:12PM           | Muruga: Purple  | Sunset: 7:03PM  | Moon 2 - Phase 1 - 25 |           |
|                                 |                        | 252557578 Rahu | 10:30AM – 12:13PM                                                                             | Bava Until 7:53PM     | Nataraja: Clear                 |                 | 4th Phase       |                       |           |
| Creative Work                   | Siddha Yoga            |                |                                                                                               |                       | Moon – Red                      | Devaloka Day    |                 |                       |           |
| Until 12:31AM Sat               |                        |                |                                                                                               | Ekadashi Until 6:33AM | Chaitra*Chaitra                 |                 |                 |                       |           |
| Then Routine Work - Marana Yoga |                        |                |                                                                                               |                       |                                 |                 |                 |                       |           |

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| 4                                | Saturday, April 20, 2024 |               |        | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                 |                 |                 |                       | Alsea, OR |
|                                  |                          |               |        |                                                                                                                                                                                                   |                                 |                 |                 | Sun 26                | Sutra 6   |
|                                  | Simha Rasi: 29.21        | Tithi 12 – 13 | Gulika | 5:20AM – 7:03AM                                                                                                                                                                                   | Uttaraphalguni Until 3:26AM Sun | Ganesha: Purple | Sunrise: 5:20AM | Krodhin 5126          |           |
|                                  |                          |               | Yama   | 1:56PM – 3:39PM                                                                                                                                                                                   | Dhruva Until 1:14PM             | Muruga: Purple  | Sunset: 7:05PM  | Moon 2 - Phase 1 - 26 |           |
|                                  |                          | 252557578     | Rahu   | 8:46AM – 10:29AM                                                                                                                                                                                  | Kaulava Until 10:28PM           | Nataraja: Clear |                 | 4th Phase             |           |
| Routine Work                     |                          | Marana Yoga   |        |                                                                                                                                                                                                   |                                 | Moon – Red      | Devaloka Day    |                       |           |
| Until 3:26AM Sun                 |                          |               |        |                                                                                                                                                                                                   | Dvadashi Until 9:10AM           | Chaitra*Chaitra |                 |                       |           |
| Then Creative Work - Amrita Yoga |                          |               |        |                                                                                                                                                                                                   | Pradosha Vrata                  |                 |                 |                       |           |

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| 5                                      | Sunday, April 21, 2024 |             |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                  |                          |  |                 |  | Sun 27          |                       | Alsea, OR<br>Sutra 7 |
|                                        | Kanya Rasi: 11.11      |             | Tithi 13 – 14 | Gulika                                                                                                                                                                                      | 3:39PM – 5:22PM  | Hasta Until 6:29AM Mon   |  | Ganesha: Clear  |  | Sunrise: 5:19AM | Krodhin 5126          |                      |
|                                        |                        |             |               | Yama                                                                                                                                                                                        | 12:12PM – 1:56PM | Vyaghata* Until 2:11PM   |  | Muruga: Purple  |  | Sunset: 7:06PM  | Moon 2 - Phase 1 - 27 |                      |
|                                        |                        |             | 262557578     | Rahu                                                                                                                                                                                        | 5:22PM – 7:06PM  | Gara Until 12:53AM Mon   |  | Nataraja: Clear |  |                 | 4th Phase             |                      |
|                                        | Creative Work          | Amrita Yoga |               |                                                                                                                                                                                             |                  | Trayodashi Until 11:41AM |  | Moon – Green    |  | Sivaloka Day    |                       |                      |
| Until 6:29AM Mon                       |                        |             |               |                                                                                                                                                                                             |                  |                          |  |                 |  |                 |                       |                      |
| Then Routine Work - Prabalarishta Yoga |                        |             |               |                                                                                                                                                                                             |                  |                          |  |                 |  |                 |                       |                      |

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|  |  | <b>Monday, April 22, 2024</b> |                                    |                           |                                  |                        | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam  |  | Alsea, OR    |                    |
| <b>Copper Retreat Star</b>                                                         |  |                               |                                    |                           |                                  |                        | Hasta/Chitra Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |  | Sutra 8      |                    |
|                                                                                    |  | <b>Gulika</b>                 | <b>1:56PM – 3:40PM</b>             | <b>Hasta Until 6:29AM</b> | <b>Ganesha:</b> Purple           | <i>Sunrise:</i> 5:17AM |                                                                                               |  | Krodhin 5126 |                    |
| Kanya Rasi: 23.05                                                                  |  | Tithi 14 – 15                 | Yama                               | 10:28AM – 12:12PM         | Harshana Until 2:58PM            | <b>Muruga:</b> Purple  | <i>Sunset:</i> 7:07PM                                                                         |  |              | Moon 2 - Phase 1 - |
| <b>Family Home Evening</b>                                                         |  | 262657578                     | <b>Rahu</b>                        | <b>7:01AM – 8:45AM</b>    | Visti Until 2:58AM Tue           | <b>Nataraja:</b> Clear |                                                                                               |  | Purnima      |                    |
| Creative Work                                                                      |  | Siddha Yoga                   |                                    |                           | <b>Chaturdashi* Until 1:57PM</b> | Moon – Green           | <b>Subha Sivaloka Day</b>                                                                     |  |              |                    |
| Until 6:29AM                                                                       |  |                               | <b>Chitra Purnima (Tamil Nadu)</b> |                           |                                  |                        | <b>Chaitra*Chaitra</b>                                                                        |  |              |                    |
| Then Routine Work - Prabalarishta Yoga                                             |  |                               |                                    | <b>Hanuman Jayanti</b>    |                                  |                        |                                                                                               |  |              |                    |

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| Tuesday, April 23, 2024 |               | Krodhin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam |                  |                         |                 |                    |                    | Alsea, OR |
| Silver Retreat Star     |               | Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau            |                  |                         |                 |                    |                    | Sutra 9   |
| Tula Rasi: 5.07         | Tithi 15 – 16 | Gulika                                                                                            | 12:12PM – 1:56PM | Chitra Until 9:02AM     | Ganesha: Purple | Sunrise: 5:16AM    | Krodhin 5126       |           |
|                         |               | Yama                                                                                              | 8:44AM – 10:28AM | Vajra* Until 3:26PM     | Muruga: Purple  | Sunset: 7:08PM     | Moon 2 - Phase 1 - |           |
|                         | 262657578     | Rahu                                                                                              | 3:40PM – 5:24PM  | Balava Until 4:40AM Wed | Nataraja: Clear |                    | Prathama           |           |
| Creative Work           | Siddha Yoga   |                                                                                                   |                  | Purnima* Until 3:51PM   | Moon – Green    | Subha Sivaloka Day |                    |           |
|                         |               |                                                                                                   |                  | Chaitra*Chaitra         |                 |                    |                    |           |