



Wednesday, April 28, 2021

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Tula Rasi: 25.54

Tithi 17

277784469

Gulika

11:41AM – 1:24PM

Yama

8:16AM – 9:59AM

Rahu

1:24PM – 3:06PM

Vishakha Until 5:44PM

Vyatipata* Until 4:22PM

Taitila Until 3:57PM

Dvitiya Until 2:08AM Thu

Ganesha: Blue

Sunrise: 6:34AM

Muruga: White

Sunset: 8:14PM

Nataraja: Clear

Moon – Orange

Chaitra*Chaitra

Moon 4 - Phase 2 -

1st Phase

Devaloka Day

Creative Work

Siddha Yoga

1

Thursday, April 29, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Vrischika Rasi: 11.01

Tithi 18

278784469

Gulika

9:58AM – 11:41AM

Yama

6:32AM – 8:15AM

Rahu

3:07PM – 4:49PM

Anuradha Until 3:01PM

Variyan Until 12:19PM

Vanija Until 12:24PM

Tritiya Until 10:43PM

Ganesha: Blue

Sunrise: 6:32AM

Muruga: White

Sunset: 8:15PM

Nataraja: Clear

Moon – Orange

Chaitra*Chaitra

Sun 1

Sutra 18

Plava 5123

Moon 4 - Phase 2 - 1

1st Phase

Devaloka Day

Creative Work

Siddha Yoga

Until 3:01PM

Then Routine Work - Prabalarishta Yoga

2

Friday, April 30, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Chaturthayam Titau

Dushanbe, Tajikistan

Vrischika Rasi: 25.55

Tithi 19

278784469

Gulika

8:14AM – 9:57AM

Yama

4:50PM – 6:33PM

Rahu

11:41AM – 1:24PM

Jyeshtha* Until 12:31PM

Parigha* Until 8:33AM

Bava Until 9:10AM

Chaturthi* Until 7:42PM

Ganesha: Blue

Sunrise: 6:31AM

Muruga: White

Sunset: 8:16PM

Nataraja: Clear

Moon – Orange

Chaitra*Chaitra

Sun 2

Sutra 19

Plava 5123

Moon 4 - Phase 2 - 2

1st Phase

Devaloka Day

Routine Work

Marana Yoga

Until 12:31PM

Then Creative Work - Amrita Yoga

3

Saturday, May 1, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Dhanus Rasi: 10.29

Tithi 20 – 21

288794469

Gulika

6:30AM – 8:13AM

Yama

3:07PM – 4:50PM

Rahu

9:57AM – 11:40AM

Mula* Until 10:45AM

Siddha Until 2:15AM Sun

Kaulava Until 6:24AM

Panchami Until 5:12PM

Ganesha: Red

Sunrise: 6:30AM

Muruga: Yellow

Sunset: 8:17PM

Nataraja: Clear

Moon – Light Blue

Chaitra*Chaitra

Sun 3

Sutra 20

Plava 5123

Moon 4 - Phase 2 - 3

1st Phase

Devaloka Day

Creative Work

Siddha Yoga

4

Sunday, May 2, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Dhanus Rasi: 24.39

Tithi 21 – 22

288794469

Gulika

4:51PM – 6:34PM

Yama

1:23PM – 3:07PM

Rahu

6:34PM – 8:18PM

Purvashadha* Until 9:28AM

Sadhya Until 11:53PM

Visti Until 2:40AM Mon

Shashthi* Until 3:20PM

Ganesha: Red

Sunrise: 6:29AM

Muruga: Yellow

Sunset: 8:18PM

Nataraja: Clear

Moon – Light Blue

Chaitra*Chaitra

Sun 4

Sutra 21

Plava 5123

Moon 4 - Phase 2 - 4

1st Phase

Devaloka Day

Creative Work

Siddha Yoga

Until 9:28AM

Then Creative Work - Amrita Yoga

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Monday, May 3, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Makara Rasi: 8.23

Tithi 22 – 23

288794469

Gulika

3:07PM – 4:51PM

Yama

11:39AM – 1:23PM

Rahu

8:12AM – 9:55AM

Uttarashadha Until 8:41AM

Subha Until 10:04PM

Balava Until 1:50AM Tue

Saptami Until 2:09PM

Ganesha: Red

Sunrise: 6:28AM

Muruga: Yellow

Sunset: 8:19PM

Nataraja: Clear

Moon – Light Blue

Chaitra*Chaitra

Sun 5

Sutra 22

Plava 5123

Moon 4 - Phase 2 - 5

Ashtami

Devaloka Day

Routine Work

Marana Yoga

Until 8:41AM

Then Creative Work - Amrita Yoga

Tuesday, May 4, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Makara Rasi: 21.44

Tithi 23 – 24

298794469

Gulika

1:23PM – 3:07PM

Yama

9:55AM – 11:39AM

Rahu

4:51PM – 6:36PM

Shravana Until 8:54AM

Sukla Until 8:48PM

Taitila Until 1:42AM Wed

Ashtami* Until 1:40PM

Ganesha: Green

Sunrise: 6:27AM

Muruga: Yellow

Sunset: 8:20PM

Nataraja: Clear

Moon – Purple

Chaitra*Chaitra

Sun 6

Sutra 23

Plava 5123

Moon 4 - Phase 2 - 6

Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work

Siddha Yoga

1	Wednesday, May 5, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 7 Sutra 24	
	Kumbha Rasi: 4.43	Tithi 24 – 25	Gulika 11:39AM – 1:23PM	Dhanishtha Until 9:39AM	Ganesha: Red	Sunrise: 6:25AM	Plava 5123	
			Yama 8:10AM – 9:54AM	Brahma Until 8:04PM	Muruga: Yellow	Sunset: 8:21PM	Moon 4 - Phase 3 - 7	
			299794469 Rahu 1:23PM – 3:07PM	Vanija Until 2:13AM Thu	Nataraja: Clear		2nd Phase	
	Routine Work	Prabalarishta Yoga		Navami* Until 1:52PM	Moon – Purple		Devaloka Day	
		Until 9:39AM			Chaitra*Chaitra			
		Then Creative Work - Siddha Yoga						
2	Thursday, May 6, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 25	
	Kumbha Rasi: 17.22	Tithi 25 – 26	Gulika 9:54AM – 11:38AM	Shatabhishak Until 10:51AM	Ganesha: Red	Sunrise: 6:24AM	Plava 5123	
			Yama 6:24AM – 8:09AM	Indra Until 7:49PM	Muruga: Yellow	Sunset: 8:22PM	Moon 4 - Phase 3 - 8	
			299794469 Rahu 3:08PM – 4:52PM	Bava Until 3:19AM Fri	Nataraja: Clear		2nd Phase	
	Creative Work	Siddha Yoga		Dashami Until 2:41PM	Moon – Purple		Devaloka Day	
					Chaitra*Chaitra			
3	Friday, May 7, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 26	
	Kumbha Rasi: 29.47	Tithi 26 – 27	Gulika 8:08AM – 9:53AM	Purvaproshtapada* Until 12:54PM	Ganesha: Clear	Sunrise: 6:23AM	Plava 5123	
			Yama 4:53PM – 6:38PM	Vaidhriti* Until 7:57PM	Muruga: Yellow	Sunset: 8:23PM	Moon 4 - Phase 3 - 9	
			219794469 Rahu 11:38AM – 1:23PM	Kaulava Until 4:54AM Sat	Nataraja: Clear		2nd Phase	
	Creative Work	Siddha Yoga		Ekadashi* Until 4:02PM	Moon – Clear		Devaloka Day	
					Chaitra*Chaitra			
4	Saturday, May 8, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Vishkambha* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 27	
	Meena Rasi: 12	Tithi 27 – 28	Gulika 6:22AM – 8:07AM	Uttaraproshtapada Until 3:14PM	Ganesha: Clear	Sunrise: 6:22AM	Plava 5123	
			Yama 3:08PM – 4:53PM	Vishkambha* Until 8:25PM	Muruga: Yellow	Sunset: 8:24PM	Moon 4 - Phase 3 - 10	
			219794469 Rahu 9:53AM – 11:38AM	Gara Until 6:53AM Sun	Nataraja: Clear		2nd Phase	
	Creative Work	Siddha Yoga		Dvadashi* Until 5:50PM	Moon – Clear		Devaloka Day	
		Until 3:14PM			Chaitra*Chaitra			
		Then Routine Work - Prabalarishta Yoga		Pradosha Vrata (Fasting)				
5	Sunday, May 9, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 28	
	Meena Rasi: 24.03	Tithi 28	Gulika 4:54PM – 6:39PM	Revati Until 5:45PM	Ganesha: Clear	Sunrise: 6:21AM	Plava 5123	
			Yama 1:23PM – 3:08PM	Priti Until 9:10PM	Muruga: Yellow	Sunset: 8:24PM	Moon 4 - Phase 3 - 11	
			219794469 Rahu 6:39PM – 8:24PM	Gara Until 6:53AM	Nataraja: Clear		2nd Phase	
	Creative Work	Amrita Yoga		Trayodashi* Until 7:59PM	Moon – Clear		Devaloka Day	
		Until 5:45PM			Chaitra*Chaitra			
		Then Creative Work - Siddha Yoga	Mother's Day					
6	Monday, May 10, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 29	
	Mesha Rasi: 5.59	Tithi 29	Gulika 3:08PM – 4:54PM	Ashvini Until 8:52PM	Ganesha: Orange	Sunrise: 6:20AM	Plava 5123	
	Family Home Evening		Yama 11:37AM – 1:23PM	Ayushman Until 10:05PM	Muruga: Yellow	Sunset: 8:25PM	Moon 4 - Phase 3 - 12	
			229794469 Rahu 8:06AM – 9:51AM	Visti Until 9:11AM	Nataraja: Clear		2nd Phase	
	Creative Work	Siddha Yoga		Chaturdashi* Until 10:24PM	Moon – White		Devaloka Day	
					Chaitra*Chaitra			
	Tuesday, May 11, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 30	
	Retreat Star		Gulika 1:23PM – 3:09PM	Bharani Until 11:59PM	Ganesha: Orange	Sunrise: 6:19AM	Plava 5123	
	Mesha Rasi: 17.49	Tithi 30	Yama 9:51AM – 11:37AM	Saubhagya Until 11:08PM	Muruga: Yellow	Sunset: 8:26PM	Moon 4 - Phase 3 - 13	
			229794469 Rahu 4:54PM – 6:40PM	Catuspada Until 11:41AM	Nataraja: Clear		Amavasya	
	Creative Work	Siddha Yoga		Amavasya* Until 12:58AM Wed	Moon – White		Devaloka Day	
					Chaitra*Chaitra			
	Wednesday, May 12, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 31	
	Retreat Star		Gulika 11:37AM – 1:23PM	Krittika Until 2:58AM Thu	Ganesha: Orange	Sunrise: 6:18AM	Plava 5123	
	Mesha Rasi: 29.37	Tithi 1	Yama 8:04AM – 9:50AM	Sobhana Until 12:16AM Thu	Muruga: Yellow	Sunset: 8:27PM	Moon 4 - Phase 3 - 14	
			229794469 Rahu 1:23PM – 3:09PM	Kintughna Until 2:19PM	Nataraja: Clear		Prathama	
	Creative Work	Amrita Yoga		Prathama* Until 3:36AM Thu	Moon – White		Devaloka Day	
		Until 2:58AM Thu			Vaisaka*Chaitra			
		Then Routine Work - Marana Yoga						

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

1	Thursday, May 13, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Gura Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 32		
	Vrishabha Rasi: 11.23	Tithi 2	Gulika 9:50AM – 11:36AM Yama 6:17AM – 8:04AM	Rohini Until 6:15AM Fri Athiganda* Until 1:19AM Fri	Ganesha: Red Muruga: Yellow	Sunrise: 6:17AM Sunset: 8:28PM	Plava 5123 Moon 4 - Phase 4 - 15		
	231794469	Rahu	3:09PM – 4:55PM	Balava Until 4:56PM Dvitiya Until 6:10AM Fri	Nataraja: Clear Moon – Yellow	3rd Phase			
	Routine Work Until 6:15AM Fri Then Creative Work - Siddha Yoga	Marana Yoga			Vaisaka*Chaitra	Devaloka Day			
2	Friday, May 14, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 33		
	Vrishabha Rasi: 23.12	Tithi 2 – 3	Gulika 8:03AM – 9:49AM Yama 4:56PM – 6:42PM	Rohini Until 6:15AM Sukarma Until 2:15AM Sat	Ganesha: Red Muruga: Yellow	Sunrise: 6:16AM Sunset: 8:29PM	Plava 5123 Moon 4 - Phase 4 - 16		
	231794469	Rahu	11:36AM – 1:23PM	Taitila Until 7:24PM Dvitiya Until 6:10AM	Nataraja: Clear Moon – Yellow	3rd Phase			
	Routine Work Until 6:15AM Then Creative Work - Siddha Yoga	Marana Yoga			Vaisaka*Vaikasi	Devaloka Day			
3	Saturday, May 15, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 34		
	Mithuna Rasi: 5.05	Tithi 3 – 4	Gulika 6:15AM – 8:02AM Yama 3:09PM – 4:56PM	Mrigashira Until 9:10AM Dhriti Until 2:59AM Sun	Ganesha: Green Muruga: Yellow	Sunrise: 6:15AM Sunset: 8:30PM	Plava 5123 Moon 4 - Phase 4 - 17		
	231894469	Rahu	9:49AM – 11:36AM	Vanija Until 9:37PM Tritiya Until 8:32AM	Nataraja: Clear Moon – Yellow	3rd Phase			
	Creative Work Siddha Yoga		Akshaya Tritiya		Vaisaka*Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM			
4	Sunday, May 16, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 35		
	Mithuna Rasi: 17.05	Tithi 4 – 5	Gulika 4:57PM – 6:44PM Yama 1:23PM – 3:10PM	Ardra Until 11:35AM Shula* Until 3:21AM Mon	Ganesha: Green Muruga: Yellow	Sunrise: 6:15AM Sunset: 8:31PM	Plava 5123 Moon 4 - Phase 4 - 18		
	231894469	Rahu	6:44PM – 8:31PM	Bava Until 11:26PM Chaturthi* Until 10:34AM	Nataraja: Clear Moon – Yellow	3rd Phase			
	Creative Work Siddha Yoga		Adi Sankara Jayanthi		Vaisaka*Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM			
5	Monday, May 17, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 36		
	Mithuna Rasi: 29.16	Tithi 5 – 6	Gulika 3:10PM – 4:57PM Yama 11:35AM – 1:23PM	Punarvasu Until 1:53PM Ganda* Until 3:19AM Tue	Ganesha: Red Muruga: Yellow	Sunrise: 6:14AM Sunset: 8:32PM	Plava 5123 Moon 4 - Phase 4 - 19		
	241894469	Rahu	8:01AM – 9:48AM	Kaulava Until 12:43AM Tue Panchami Until 12:08PM	Nataraja: Clear Moon – Blue	3rd Phase			
	Creative Work Until 1:53PM Then Creative Work - Siddha Yoga	Amrita Yoga			Vaisaka*Vaikasi	Devaloka Day			
6	Tuesday, May 18, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 37		
	Kataka Rasi: 11.41	Tithi 6 – 7	Gulika 1:23PM – 3:10PM Yama 9:48AM – 11:35AM	Pushya Until 3:26PM Vriddhi Until 2:47AM Wed	Ganesha: Red Muruga: Yellow	Sunrise: 6:13AM Sunset: 8:32PM	Plava 5123 Moon 4 - Phase 4 - 20		
	241894469	Rahu	4:58PM – 6:45PM	Gara Until 1:21AM Wed Shashthi* Until 1:06PM	Nataraja: Clear Moon – Blue	3rd Phase			
	Creative Work Siddha Yoga				Vaisaka*Vaikasi	Devaloka Day			
D	Wednesday, May 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 38		
	Retreat Star		Gulika 11:35AM – 1:23PM Yama 8:00AM – 9:47AM	Ashlesha* Until 4:10PM Dhruva Until 1:39AM Thu	Ganesha: Red Muruga: Yellow	Sunrise: 6:12AM Sunset: 8:33PM	Plava 5123 Moon 4 - Phase 4 - 21		
	Kataka Rasi: 24.25	Tithi 7 – 8	241894469	Rahu 1:23PM – 3:10PM	Visti Until 1:15AM Thu Saptami Until 1:23PM	Nataraja: Clear Moon – Blue	Ashtami		
	Creative Work Siddha Yoga				Vaisaka*Vaikasi	Devaloka Day			
	Thursday, May 20, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 39		
	Retreat Star		Gulika 9:47AM – 11:35AM Yama 6:11AM – 7:59AM	Magha* Until 4:27PM Vyaghata* Until 11:56PM	Ganesha: Blue Muruga: Yellow	Sunrise: 6:11AM Sunset: 8:34PM	Plava 5123 Moon 4 - Phase 4 - 22		
	Simha Rasi: 7.29	Tithi 8 – 9	251894469	Rahu 3:11PM – 4:58PM	Balava Until 12:25AM Fri Ashtami* Until 12:54PM	Nataraja: Clear Moon – Red	Navami		
	Creative Work Until 4:27PM Then Creative Work - Siddha Yoga	Amrita Yoga			Vaisaka*Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM			

1	Friday, May 21, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 40	
	Simha Rasi: 20.59	Tithi 9 – 10	Gulika 7:59AM – 9:47AM	Purvaphalguni Until 3:51PM	Ganesha: Blue	Sunrise: 6:11AM	Plava 5123	
			Yama 4:59PM – 6:47PM	Harshana Until 9:37PM	Muruga: Yellow	Sunset: 8:35PM	Moon 4 - Phase 5 - 23	
	251894469	Rahu 11:35AM – 1:23PM		Taitila Until 10:49PM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga				Navami* Until 11:41AM	Moon – Red		Bhuloka Day	
					Vaisaka*Vaikasi		Devaloka Time: 3:PM to 6:PM	
2	Saturday, May 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekashadyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 41	
	Kanya Rasi: 4.55	Tithi 10 – 11	Gulika 6:10AM – 7:58AM	Uttaraphalguni Until 2:25PM	Ganesha: Blue	Sunrise: 6:10AM	Plava 5123	
			Yama 3:11PM – 4:59PM	Vajra* Until 6:44PM	Muruga: Yellow	Sunset: 8:36PM	Moon 4 - Phase 5 - 24	
	251894469	Rahu 9:46AM – 11:35AM		Vanija Until 8:33PM	Nataraja: Clear		4th Phase	
Routine Work Marana Yoga				Dashami Until 9:45AM	Moon – Red		Bhuloka Day	
					Vaisaka*Vaikasi		Devaloka Time: 3:PM to 6:PM	
3	Sunday, May 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatiyata* Yoga Visti*/Balava Karana Ekadashi/Dvashadyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 42	
	Kanya Rasi: 19.16	Tithi 11 – 12	Gulika 5:00PM – 6:48PM	Hasta Until 12:39PM	Ganesha: White	Sunrise: 6:09AM	Plava 5123	
			Yama 1:23PM – 3:11PM	Siddhi Until 3:23PM	Muruga: Yellow	Sunset: 8:37PM	Moon 4 - Phase 5 - 25	
	262894469	Rahu 6:48PM – 8:37PM		Balava Until 4:07AM Mon	Nataraja: Clear		4th Phase	
Creative Work Amrita Yoga				Ekadashi Until 7:11AM	Moon – Green		Sivaloka Day	
Until 12:39PM					Vaisaka*Vaikasi			
Then Creative Work - Siddha Yoga								
4	Monday, May 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Vyatiyata*/Variyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 43	
	Tula Rasi: 4	Tithi 13	Gulika 3:12PM – 5:00PM	Chitra Until 10:16AM	Ganesha: White	Sunrise: 6:09AM	Plava 5123	
			Yama 11:34AM – 1:23PM	Vyatiyata* Until 11:40AM	Muruga: Yellow	Sunset: 8:37PM	Moon 4 - Phase 5 - 26	
	262894469	Rahu 7:57AM – 9:46AM		Kaulava Until 2:26PM	Nataraja: Clear		4th Phase	
Family Home Evening				Trayodashi Until 12:39AM Tue	Moon – Green		Sivaloka Day	
Routine Work Prabalarishta Yoga					Vaisaka*Vaikasi			
Until 10:16AM								
Then Creative Work - Amrita Yoga				Pradosha Vrata				
5	Tuesday, May 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigaha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 44	
	Tula Rasi: 19.01	Tithi 14	Gulika 1:23PM – 3:12PM	Svati Until 7:25AM	Ganesha: White	Sunrise: 6:08AM	Plava 5123	
			Yama 9:46AM – 11:34AM	Variyan Until 7:39AM	Muruga: Yellow	Sunset: 8:38PM	Moon 4 - Phase 5 - 27	
	262894469	Rahu 5:01PM – 6:49PM		Gara Until 10:51AM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga				Chaturdashi* Until 8:59PM	Moon – Green		Sivaloka Day	
Until 7:25AM			Vaikasi Visakam		Vaisaka*Vaikasi			
Then Routine Work - Marana Yoga								
O	Wednesday, May 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sun 28 Sutra 45	
	Copper Retreat Star		Gulika 11:34AM – 1:23PM	Anuradha Until 1:44AM Thu	Ganesha: White	Sunrise: 6:07AM	Plava 5123	
	Vrischika Rasi: 4.1	Tithi 15 – 16	Yama 7:56AM – 9:45AM	Shiva Until 11:20PM	Muruga: Yellow	Sunset: 8:39PM	Moon 4 - Phase 5 - Purnima	
	372894469	Rahu 1:23PM – 3:12PM		Visti Until 7:07AM	Nataraja: Clear			
Creative Work Siddha Yoga				Purnima* Until 5:13PM	Moon – Orange		Sivaloka Day	
Until 1:44AM Thu			Budha Purnima (Tamil Nadu)		Vaisaka*Vaikasi			
Then Routine Work - Prabalarishta Yoga								
	Thursday, May 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Dushanbe, Tajikistan Sun 29 Sutra 46	
	Silver Retreat Star		Gulika 9:45AM – 11:34AM	Jyeshtha* Until 10:51PM	Ganesha: White	Sunrise: 6:07AM	Plava 5123	
	Vrischika Rasi: 19.2	Tithi 16 – 17	Yama 6:07AM – 7:56AM	Siddha Until 7:15PM	Muruga: Yellow	Sunset: 8:40PM	Moon 4 - Phase 5 - Prathama	
	372894469	Rahu 3:12PM – 5:02PM		Taitila Until 11:49PM	Nataraja: Clear			
Routine Work Prabalarishta Yoga				Prathama* Until 1:33PM	Moon – Orange		Sivaloka Day	
Until 10:51PM					Vaisaka*Vaikasi			
Then Creative Work - Siddha Yoga								

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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Friday, May 28, 2021 Gold Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula* Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 47
Plava 5123
Moon 5 - Phase 6 - 1
1st Phase

Dhanus Rasi: 4.21 Tithi 17 – 18

Gulika 7:56AM – 9:45AM
Yama 5:02PM – 6:51PM
382894469 Rahu 11:34AM – 1:23PM

Mula* Until 8:32PM
Sadhya Until 3:26PM
Vanija Until 8:34PM
Dvitiya Until 10:08AM

Ganesha: Clear Sunrise: 6:06AM
Muruga: Yellow Sunset: 8:41PM
Nataraja: Clear
Moon – Light Blue
Vaisaka•Vaikasi

Devaloka Day

Creative Work Amrita Yoga

Until 8:32PM

Then Routine Work - Prabalarishta Yoga

1

Saturday, May 29, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Visti*/Balava Karana Tritiya/Chaturthayam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 48
Plava 5123
Moon 5 - Phase 6 - 2
1st Phase

Dhanus Rasi: 19.05 Tithi 18 – 19

Gulika 6:06AM – 7:55AM
Yama 3:13PM – 5:02PM
382894469 Rahu 9:45AM – 11:34AM

Purvashadha* Until 6:34PM
Subha Until 11:59AM
Balava Until 4:35AM Sun
Tritiya Until 7:06AM

Ganesha: Clear Sunrise: 6:06AM
Muruga: Yellow Sunset: 8:41PM
Nataraja: Clear
Moon – Light Blue
Vaisaka•Vaikasi

Devaloka Day

Creative Work Siddha Yoga

Until 6:34PM

Then Routine Work - Marana Yoga

2

Sunday, May 30, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 49
Plava 5123
Moon 5 - Phase 6 - 3
1st Phase

Makara Rasi: 3.26 Tithi 20

Gulika 5:03PM – 6:52PM
Yama 1:24PM – 3:13PM
382894469 Rahu 6:52PM – 8:42PM

Uttarashadha Until 5:03PM
Sukla Until 8:59AM
Kaulava Until 3:36PM
Panchami Until 2:44AM Mon

Ganesha: Clear Sunrise: 6:05AM
Muruga: Yellow Sunset: 8:42PM
Nataraja: Clear
Moon – Light Blue
Vaisaka•Vaikasi

Devaloka Day

Creative Work Amrita Yoga

3

Monday, May 31, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 50
Plava 5123
Moon 5 - Phase 6 - 4
1st Phase

Makara Rasi: 17.22 Tithi 21

Family Home Evening

Creative Work Amrita Yoga

Until 4:32PM

Then Creative Work - Siddha Yoga

Gulika 3:14PM – 5:03PM
Yama 11:34AM – 1:24PM
392894469 Rahu 7:55AM – 9:44AM

Shravana Until 4:32PM
Brahma Until 6:32AM
Gara Until 2:06PM
Shashthi* Until 1:38AM Tue

Ganesha: Purple Sunrise: 6:05AM
Muruga: Yellow Sunset: 8:43PM
Nataraja: Clear
Moon – Purple
Vaisaka•Vaikasi

Sivaloka Day

4

Tuesday, June 1, 2021

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 51
Plava 5123
Moon 5 - Phase 6 - 5
1st Phase

Kumbha Rasi: 0.5 Tithi 22

Gulika 1:24PM – 3:14PM
Yama 9:44AM – 11:34AM
392894469 Rahu 5:04PM – 6:54PM

Dhanishtha Until 4:38PM
Vaidhriti* Until 3:30AM Wed
Visti Until 1:23PM
Saptami Until 1:18AM Wed

Ganesha: Purple Sunrise: 6:04AM
Muruga: Yellow Sunset: 8:43PM
Nataraja: Clear
Moon – Purple
Vaisaka•Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

Until 4:38PM

Then Routine Work - Marana Yoga

D

Wednesday, June 2, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 52
Plava 5123
Moon 5 - Phase 6 - 6
Ashtami

Kumbha Rasi: 13.53 Tithi 23

Gulika 11:34AM – 1:24PM
Yama 7:54AM – 9:44AM
392894469 Rahu 1:24PM – 3:14PM

Shatabhishak Until 5:20PM
Vishkambha* Until 2:54AM Thu
Balava Until 1:27PM
Ashtami* Until 1:45AM Thu

Ganesha: Purple Sunrise: 6:04AM
Muruga: Yellow Sunset: 8:44PM
Nataraja: Clear
Moon – Purple
Vaisaka•Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

Until 5:20PM

Then Creative Work - Amrita Yoga

Thursday, June 3, 2021

Retreat Star

Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaprosarthapada* Nakshatra Priti Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 53
Plava 5123
Moon 5 - Phase 6 - 7
Navami

Kumbha Rasi: 26.33 Tithi 24

Gulika 9:44AM – 11:34AM
Yama 6:04AM – 7:54AM
312894469 Rahu 3:14PM – 5:05PM

Purvaprosarthapada* Until 7:04PM
Priti Until 2:52AM Fri
Taitila Until 2:15PM
Navami* Until 2:53AM Fri

Ganesha: Blue Sunrise: 6:04AM
Muruga: Yellow Sunset: 8:45PM
Nataraja: Clear
Moon – Clear
Vaisaka•Vaikasi

Sivaloka Day

Creative Work Siddha Yoga

1	Friday, June 4, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 54 Plava 5123	
	Meena Rasi: 8.55	Tithi 25	Gulika 7:54AM – 9:44AM	Uttaraproshtapada Until 9:15PM		Ganesha: Blue	Sunrise: 6:03AM	
			Yama 5:05PM – 6:55PM	Ayushman Until 3:15AM Sat		Muruga: Yellow	Sunset: 8:45PM	Moon 5 - Phase 7 - 8
	Creative Work	Siddha Yoga	312894469 Rahu 11:34AM – 1:24PM	Vanija Until 3:43PM Dashami Until 4:37AM Sat		Nataraja: Clear Moon – Clear Vaisaka•Vaikasi	Sivaloka Day	
2	Saturday, June 5, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 55 Plava 5123	
	Meena Rasi: 21.03	Tithi 26	Gulika 6:03AM – 7:53AM	Revati Until 11:45PM		Ganesha: Blue	Sunrise: 6:03AM	
			Yama 3:15PM – 5:05PM	Saubhagya Until 4:01AM Sun		Muruga: Yellow	Sunset: 8:46PM	Moon 5 - Phase 7 - 9
	Routine Work	Prabalarishta Yoga Until 11:45PM Then Creative Work - Siddha Yoga	312894461 Rahu 9:44AM – 11:34AM	Bava Until 5:41PM Ekadashi* Until 6:48AM Sun		Nataraja: Yellow Moon – Clear Vaisaka•Vaikasi	Sivaloka Day	
3	Sunday, June 6, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 56 Plava 5123	
	Mesha Rasi: 3.01	Tithi 26 – 27	Gulika 5:06PM – 6:56PM	Ashvini Until 2:54AM Mon		Ganesha: Blue	Sunrise: 6:03AM	
			Yama 1:25PM – 3:15PM	Sobhana Until 5:01AM Mon		Muruga: Yellow	Sunset: 8:47PM	Moon 5 - Phase 7 - 10
	Creative Work	Siddha Yoga	323894461 Rahu 6:56PM – 8:47PM	Kaulava Until 8:02PM Ekadashi* Until 6:48AM		Nataraja: Yellow Moon – White Vaisaka•Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
4	Monday, June 7, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 57 Plava 5123	
	Mesha Rasi: 14.51	Tithi 27 – 28	Gulika 3:16PM – 5:06PM	Bharani Until 6:02AM Tue		Ganesha: Blue	Sunrise: 6:03AM	
	Family Home Evening		Yama 11:34AM – 1:25PM	Athiganda* Until 6:07AM Tue		Muruga: Yellow	Sunset: 8:47PM	Moon 5 - Phase 7 - 11
	Creative Work	Siddha Yoga	323894461 Rahu 7:53AM – 9:44AM	Gara Until 10:36PM Dvadashi* Until 9:16AM		Nataraja: Yellow Moon – White Vaisaka•Vaikasi	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Pradosha Vrata (Fasting)								
5	Tuesday, June 8, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 58 Plava 5123	
	Mesha Rasi: 26.38	Tithi 28 – 29	Gulika 1:25PM – 3:16PM	Bharani Until 6:02AM		Ganesha: Red	Sunrise: 6:02AM	
			Yama 9:44AM – 11:34AM	Athiganda* Until 6:07AM		Muruga: Yellow	Sunset: 8:48PM	Moon 5 - Phase 7 - 12
	Creative Work	Siddha Yoga	323994461 Rahu 5:06PM – 6:57PM	Visti Until 1:13AM Wed Trayodashi* Until 11:53AM		Nataraja: Yellow Moon – White Vaisaka•Vaikasi	Devaloka Day	
●	Wednesday, June 9, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 59 Plava 5123	
	Retreat Star		Gulika 11:34AM – 1:25PM	Krittika Until 9:02AM		Ganesha: Red	Sunrise: 6:02AM	
	Vrishabha Rasi: 8.25	Tithi 29 – 30	Yama 7:53AM – 9:44AM	Sukarma Until 7:14AM		Muruga: Yellow	Sunset: 8:48PM	Moon 5 - Phase 7 - 13
	Creative Work	Amrita Yoga	323994461 Rahu 1:25PM – 3:16PM	Catuspada Until 3:44AM Thu Chaturdashi* Until 2:28PM		Nataraja: Yellow Moon – White Vaisaka•Vaikasi	Devaloka Day	
	Thursday, June 10, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 60 Plava 5123	
	Retreat Star		Gulika 9:44AM – 11:35AM	Rohini Until 12:14PM		Ganesha: Yellow	Sunrise: 6:02AM	
	Vrishabha Rasi: 20.14	Tithi 30 – 1	Yama 6:02AM – 7:53AM	Dhriti Until 8:17AM		Muruga: Yellow	Sunset: 8:49PM	Moon 5 - Phase 7 - 14
	Routine Work	Marana Yoga	333994461 Rahu 3:16PM – 5:07PM	Kintughna Until 6:03AM Fri Amavasya* Until 4:54PM		Nataraja: Yellow Moon – Yellow Jyeshtha•Vaikasi	Devaloka Day	

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Friday, June 11, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 61	
	Mithuna Rasi: 2.08	Tithi 1	Gulika 7:53AM – 9:44AM	Mrigashira Until 3:02PM		Ganesha: Yellow	Sunrise: 6:02AM	Plava 5123
			Yama 5:08PM – 6:58PM	Shula* Until 9:07AM		Muruga: Yellow	Sunset: 8:49PM	Moon 5 - Phase 8 - 15
	333994461	Rahu	11:35AM – 1:26PM	Kintughna Until 6:03AM		Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Prathama* Until 7:04PM		Moon – Yellow	Devaloka Day		
				Jyeshtha*Vaikasi				
2	Saturday, June 12, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 62	
	Mithuna Rasi: 14.1	Tithi 2	Gulika 6:02AM – 7:53AM	Ardra Until 5:19PM		Ganesha: Yellow	Sunrise: 6:02AM	Plava 5123
			Yama 3:17PM – 5:08PM	Ganda* Until 9:43AM		Muruga: Yellow	Sunset: 8:50PM	Moon 5 - Phase 8 - 16
	333994461	Rahu	9:44AM – 11:35AM	Balava Until 8:02AM		Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 8:52PM		Moon – Yellow	Devaloka Day		
				Jyeshtha*Vaikasi				
3	Sunday, June 13, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vridhi/Dhruva Yoga Tailila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 63	
	Mithuna Rasi: 26.22	Tithi 3	Gulika 5:08PM – 6:59PM	Punarvasu Until 7:32PM		Ganesha: Red	Sunrise: 6:02AM	Plava 5123
			Yama 1:26PM – 3:17PM	Vridhi Until 10:02AM		Muruga: Yellow	Sunset: 8:50PM	Moon 5 - Phase 8 - 17
	343994461	Rahu	6:59PM – 8:50PM	Tailila Until 9:37AM		Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 10:14PM		Moon – Blue	Devaloka Day		
				Jyeshtha*Vaikasi				
4	Monday, June 14, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 64	
	Kataka Rasi: 8.44	Tithi 4	Gulika 3:17PM – 5:09PM	Pushya Until 9:07PM		Ganesha: Red	Sunrise: 6:02AM	Plava 5123
	Family Home Evening		Yama 11:35AM – 1:26PM	Dhruva Until 9:57AM		Muruga: Yellow	Sunset: 8:51PM	Moon 5 - Phase 8 - 18
	343994461	Rahu	7:53AM – 9:44AM	Vanija Until 10:45AM		Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 11:07PM		Moon – Blue	Devaloka Day		
				Jyeshtha*Vaikasi				
5	Tuesday, June 15, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 65	
	Kataka Rasi: 21.2	Tithi 5	Gulika 1:26PM – 3:18PM	Ashlesha* Until 10:03PM		Ganesha: Red	Sunrise: 6:02AM	Plava 5123
			Yama 9:44AM – 11:35AM	Vyaghata* Until 9:30AM		Muruga: Yellow	Sunset: 8:51PM	Moon 5 - Phase 8 - 19
	343994461	Rahu	5:09PM – 7:00PM	Bava Until 11:23AM		Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 11:29PM		Moon – Blue	Devaloka Day		
				Jyeshtha*Ani				
6	Wednesday, June 16, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Tailila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 66	
	Simha Rasi: 4.11	Tithi 6	Gulika 11:35AM – 1:27PM	Magha* Until 10:45PM		Ganesha: Blue	Sunrise: 6:02AM	Plava 5123
			Yama 7:53AM – 9:44AM	Harshana Until 8:38AM		Muruga: Yellow	Sunset: 8:52PM	Moon 5 - Phase 8 - 20
	353994461	Rahu	1:27PM – 3:18PM	Kaulava Until 11:28AM		Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:17PM		Moon – Red	Sivaloka Day		
Until 10:45PM				Jyeshtha*Ani				
Then Creative Work - Amrita Yoga								
D	Thursday, June 17, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 67	
	Retreat Star		Gulika 9:44AM – 11:36AM	Purvaphalguni Until 10:43PM		Ganesha: Blue	Sunrise: 6:02AM	Plava 5123
	Simha Rasi: 17.19	Tithi 7	Yama 6:02AM – 7:53AM	Vajra* Until 7:18AM		Muruga: Yellow	Sunset: 8:52PM	Moon 5 - Phase 8 - 21
	353994461	Rahu	3:18PM – 5:09PM	Gara Until 11:00AM		Nataraja: Yellow		3rd Phase
Creative Work	Siddha Yoga		Saptami Until 10:32PM		Moon – Red	Sivaloka Day		
				Jyeshtha*Ani				
D	Friday, June 18, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 68	
	Retreat Star		Gulika 7:53AM – 9:45AM	Uttaraphalguni Until 9:59PM		Ganesha: Blue	Sunrise: 6:02AM	Plava 5123
	Kanya Rasi: 0.46	Tithi 8	Yama 5:10PM – 7:01PM	Vyatipata* Until 3:16AM Sat		Muruga: Yellow	Sunset: 8:52PM	Moon 5 - Phase 8 - 22
	353994461	Rahu	11:36AM – 1:27PM	Visti Until 9:57AM		Nataraja: Yellow		Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 9:11PM		Moon – Red	Sivaloka Day		
Until 9:59PM				Jyeshtha*Ani				
Then Creative Work - Amrita Yoga								
D	Saturday, June 19, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 69	
	Retreat Star		Gulika 6:02AM – 7:53AM	Hasta Until 8:58PM		Ganesha: Yellow	Sunrise: 6:02AM	Plava 5123
	Kanya Rasi: 14.33	Tithi 9	Yama 3:19PM – 5:10PM	Variyan Until 12:33AM Sun		Muruga: Yellow	Sunset: 8:52PM	Moon 5 - Phase 8 - 23
	363994461	Rahu	9:45AM – 11:36AM	Balava Until 8:19AM		Nataraja: Yellow		Navami
Routine Work	Marana Yoga		Navami* Until 7:16PM		Moon – Green	Devaloka Day		
				Jyeshtha*Ani				

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Sunday, June 20, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam					Dushanbe, Tajikistan	
			Chitra Nakshatra Parigha* Yoga Taitila/Vanija Karana Dashami/Ekodashyam Titau					Sun 24 Sutra 70	
			Gulika 5:10PM – 7:01PM	Chitra Until 7:18PM		Ganesha: White	Sunrise: 6:02AM	Plava 5123	
	Kanya Rasi: 28.41	Tithi 10 – 11	Yama 1:28PM – 3:19PM	Parigha* Until 9:27PM		Muruga: Yellow	Sunset: 8:53PM	Moon 5 - Phase 9 - 24	
	364994461 Rahu 7:01PM – 8:53PM		Taitila Until 6:09AM		Nataraja: Yellow	4th Phase			
	Creative Work	Siddha Yoga	Moon – Green		Bhuloka Day				
Father's Day			Dashami Until 4:51PM		Jyeshtha* Ani		Devaloka Time: 3:PM to 6:PM		

2	Monday, June 21, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam					Dushanbe, Tajikistan	
			Svati/Vishakha Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau					Sun 25 Sutra 71	
			Gulika	3:19PM – 5:10PM	Svati Until 5:05PM	Ganesha: White	Sunrise: 6:02AM	Plava 5123	
	Tula Rasi: 13.08	Tithi 11 – 12	Yama	11:36AM – 1:28PM	Shiva Until 6:00PM	Muruga: Yellow	Sunset: 8:53PM	Moon 5 - Phase 9 - 25	
	Family Home Evening		364994461 Rahu	7:54AM – 9:45AM	Bava Until 12:28AM Tue	Nataraja: Yellow	4th Phase		
	Creative Work	Amrita Yoga	Ekadashi Until 2:01PM			Moon – Green	Bhuloka Day		
	Until 5:05PM					Jyeshtha*Ani	Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Marana Yoga									

3	Tuesday, June 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam					Dushanbe, Tajikistan	
			Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau					Sun 26 Sutra 72	
			Gulika 1:28PM – 3:19PM	Vishakha Until 2:49PM	Ganesha: Clear	Sunrise: 6:03AM	Plava 5123		
	Tula Rasi: 27.52	Tithi 12 – 13	Yama 9:45AM – 11:37AM	Siddha Until 2:17PM	Muruga: Yellow	Sunset: 8:53PM	Moon 5 - Phase 9 - 26		
	374994461 Rahu 5:11PM – 7:02PM		Kaulava Until 9:11PM	Nataraja: Yellow	4th Phase				
Routine Work	Marana Yoga	Dvadashi Until 10:50AM			Moon – Orange	Devaloka Day			
Until 2:49PM	Jyeshtha* Ani								
Then Creative Work - Siddha Yoga		Pradosha Vrata							

4	Wednesday, June 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau					Dushanbe, Tajikistan	
			Gulika 11:37AM – 1:28PM	Anuradha Until 12:14PM		Ganesha: Clear	Sunrise: 6:03AM	Sun 27	Sutra 73
	Vrischika Rasi: 12.46	Tithi 13 – 14	Yama 7:54AM – 9:46AM	Sadhya Until 10:25AM		Muruga: Yellow	Sunset: 8:53PM	Plava 5123	
	374994461 Rahu		1:28PM – 3:19PM		Nataraja: Yellow		Moon 5 - Phase 9 - 27		
	Creative Work	Siddha Yoga			Vanija Until 4:00AM Thu		4th Phase		
				Trayodashi Until 7:27AM		Moon – Orange		Devaloka Day	
						Jyeshtha* Ani			

	Thursday, June 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam					Dushanbe, Tajikistan	
	Copper Retreat Star		Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau					Sutra 74	
			Gulika	9:46AM – 11:37AM	Jyeshtha* Until 9:29AM	Ganesha: Clear	Sunrise: 6:03AM	Plava 5123	
	Vrischika Rasi: 27.44	Tithi 15	Yama	6:03AM – 7:54AM	Subha Until 6:32AM	Muruga: Yellow	Sunset: 8:54PM	Moon 5 - Phase 9 -	
		374994461	Rahu	3:20PM – 5:11PM	Visti Until 2:18PM	Nataraja: Yellow		Purnima	
Routine Work		Prabalarishta Yoga		Purnima* Until 12:37AM Fri		Moon – Orange	Devaloka Day		
Until 9:29AM									
Then Creative Work - Siddha Yoga									

Friday, June 25, 2021			Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam					Dushanbe, Tajikistan	
Silver Retreat Star			Mula*/Purvashadha* Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau					Sutra 75	
		Gulika	7:55AM – 9:46AM		Mula* Until 7:07AM		Ganesha: Purple	Sunrise: 6:03AM	Plava 5123
Dhanus Rasi: 12.38	Tithi 16	Yama	5:11PM – 7:02PM		Brahma Until 11:04PM		Muruga: Yellow	Sunset: 8:54PM	Moon 5 - Phase 9 -
384994461		Rahu	11:37AM – 1:29PM		Balava Until 11:01AM		Nataraja: Yellow	Prathama	
Creative Work	Amrita Yoga					Moon – Light Blue	Bhuloka Day		
Until 7:07AM		Prathama* Until 9:28PM				Jyeshtha* Ani	Devaloka Time: 3:PM to 6:PM		
Then Routine Work - Prabalarishta Yoga									



Saturday, June 26, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Uttarashadha Nakshatra Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 76

Plava 5123

Dhanus Rasi: 27.2 Tithi 17

Gulika 6:04AM – 7:55AM
Yama 3:20PM – 5:11PM
384994461 Rahu 9:46AM – 11:38AM

Uttarashadha Until 2:56AM Sun
Indra Until 7:46PM
Taitila Until 8:02AM
Dvitiya Until 6:41PM

Ganesha: Purple
Muruga: Yellow
Nataraja: Yellow
Moon – Light Blue
Jyeshtha•Ani

Sunrise: 6:04AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 1
1st Phase

Routine Work Marana Yoga
Until 2:56AM Sun
Then Creative Work - Amrita Yoga

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Sunday, June 27, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 77

Plava 5123

Makara Rasi: 11.43 Tithi 18 – 19

Gulika 5:11PM – 7:03PM
Yama 1:29PM – 3:20PM
394994461 Rahu 7:03PM – 8:54PM

Shravana Until 1:51AM Mon
Vaidhriti* Until 4:53PM
Bava Until 3:32AM Mon
Tritiya Until 4:25PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Yellow
Moon – Purple
Jyeshtha•Ani

Sunrise: 6:04AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 2
1st Phase

Creative Work Amrita Yoga
Until 1:51AM Mon
Then Creative Work - Siddha Yoga

Devaloka Day

2

Monday, June 28, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 78

Plava 5123

Makara Rasi: 25.43 Tithi 19 – 20

Family Home Evening

Gulika 3:20PM – 5:11PM
Yama 11:38AM – 1:29PM
394994461 Rahu 7:56AM – 9:47AM

Dhanishtha Until 1:19AM Tue
Vishkambha* Until 2:33PM
Kaulava Until 2:17AM Tue
Chaturthi* Until 2:48PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Yellow
Moon – Purple
Jyeshtha•Ani

Sunrise: 6:05AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 3
1st Phase

Creative Work Siddha Yoga
Until 1:19AM Tue
Then Routine Work - Marana Yoga

Devaloka Day

3

Tuesday, June 29, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 79

Plava 5123

Kumbha Rasi: 9.16 Tithi 20 – 21

Gulika 1:29PM – 3:20PM
Yama 9:47AM – 11:38AM
394994461 Rahu 5:12PM – 7:03PM

Shatabhishak Until 1:24AM Wed
Priti Until 12:50PM
Gara Until 1:49AM Wed
Panchami Until 1:56PM

Ganesha: Clear
Muruga: Yellow
Nataraja: Yellow
Moon – Purple
Jyeshtha•Ani

Sunrise: 6:05AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 4
1st Phase

Routine Work Marana Yoga
Until 1:24AM Wed
Then Creative Work - Amrita Yoga

Devaloka Day

4

Wednesday, June 30, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproskthapada* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 80

Plava 5123

Kumbha Rasi: 22.23 Tithi 21 – 22

Gulika 11:38AM – 1:30PM
Yama 7:56AM – 9:47AM
314994461 Rahu 1:30PM – 3:21PM

Purvaproskthapada* Until 2:34AM Thu
Ayushman Until 11:44AM
Visti Until 2:09AM Thu
Shashthi* Until 1:52PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha•Ani

Sunrise: 6:05AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 5
1st Phase

Creative Work Amrita Yoga
Until 2:34AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

5

Thursday, July 1, 2021

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproskthapada* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 81

Plava 5123

Meena Rasi: 5.07 Tithi 22 – 23

Gulika 9:48AM – 11:39AM
Yama 6:06AM – 7:57AM
314994461 Rahu 3:21PM – 5:12PM

Uttaraproskthapada Until 4:20AM Fri
Saubhagya Until 11:16AM
Balava Until 3:14AM Fri
Saptami Until 2:35PM

Ganesha: Yellow
Muruga: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha•Ani

Sunrise: 6:06AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 6
1st Phase

Creative Work Siddha Yoga

Devaloka Day

D

Friday, July 2, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 82

Plava 5123

Meena Rasi: 17.31 Tithi 23 – 24

Gulika 7:57AM – 9:48AM
Yama 5:12PM – 7:03PM
315994461 Rahu 11:39AM – 1:30PM

Revati Until 6:33AM Sat
Sobhana Until 11:23AM
Taitila Until 4:59AM Sat
Ashtami* Until 4:01PM

Ganesha: White
Muruga: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha•Ani

Sunrise: 6:06AM
Sunset: 8:54PM

Moon 6 - Phase 10 - 7
Ashtami

Creative Work Siddha Yoga

Sivaloka Day

Saturday, July 3, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Athiganda*/Sukarma Yoga Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 83

Plava 5123

Meena Rasi: 29.38 Tithi 24

Gulika 6:07AM – 7:58AM
Yama 3:21PM – 5:12PM
315194461 Rahu 9:48AM – 11:39AM

Revati Until 6:33AM
Athiganda* Until 11:56AM
Gara Until 6:02PM
Navami* Until 6:02PM

Ganesha: White
Muruga: Yellow
Nataraja: Yellow
Moon – Clear
Jyeshtha•Ani

Sunrise: 6:07AM
Sunset: 8:53PM

Moon 6 - Phase 10 - 8
Navami

Routine Work Prabalarishta Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Sivaloka Day

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession.
Shukla Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1 Sunday, July 4, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 84 Plava 5123	
Mesha Rasi: 11.34	Tithi 25	Gulika Yama 325194461 Rahu	5:12PM – 7:03PM 1:30PM – 3:21PM 7:03PM – 8:53PM	Ashvini Until 9:34AM Sukarma Until 12:50PM Vanija Until 7:13AM Dashami Until 8:25PM	Ganesha: Yellow Muruga: Yellow Nataraja: Yellow Moon – White Jyeshtha•Ani	Sunrise: 6:07AM Sunset: 8:53PM	Moon 6 - Phase 11 - 9 2nd Phase
Creative Work Siddha Yoga Until 9:34AM Then Routine Work - Prabalarishta Yoga		Devaloka Day					
2 Monday, July 5, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 85 Plava 5123	
Mesha Rasi: 23.23	Tithi 26	Gulika Yama 325194461 Rahu	3:21PM – 5:12PM 11:40AM – 1:30PM 7:58AM – 9:49AM	Bharani Until 12:39PM Dhriti Until 1:56PM Bava Until 9:43AM Ekadashi* Until 11:00PM	Ganesha: Yellow Muruga: Yellow Nataraja: Yellow Moon – White Jyeshtha•Ani	Sunrise: 6:08AM Sunset: 8:53PM	Moon 6 - Phase 11 - 10 2nd Phase
Family Home Evening Creative Work Siddha Yoga Until 12:39PM Then Routine Work - Marana Yoga		Devaloka Day					
3 Tuesday, July 6, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 86 Plava 5123	
Vrishabha Rasi: 5.1	Tithi 27	Gulika Yama 425194461 Rahu	1:31PM – 3:21PM 9:49AM – 11:40AM 5:12PM – 7:02PM	Krittika Until 3:38PM Shula* Until 3:02PM Kaulava Until 12:18PM Dvadashi* Until 1:32AM Wed	Ganesha: White Muruga: Yellow Nataraja: Yellow Moon – White Jyeshtha•Ani	Sunrise: 6:08AM Sunset: 8:53PM	Moon 6 - Phase 11 - 11 2nd Phase
Creative Work Siddha Yoga Until 3:38PM Then Creative Work - Amrita Yoga		Sivaloka Day					
4 Wednesday, July 7, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhii Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 87 Plava 5123	
Vrishabha Rasi: 16.59	Tithi 28	Gulika Yama 435194461 Rahu	11:40AM – 1:31PM 7:59AM – 9:50AM 1:31PM – 3:21PM	Rohini Until 6:48PM Ganda* Until 4:02PM Gara Until 2:46PM Trayodashi* Until 3:52AM Thu	Ganesha: Yellow Muruga: Yellow Nataraja: Yellow Moon – Yellow Jyeshtha•Ani	Sunrise: 6:09AM Sunset: 8:53PM	Moon 6 - Phase 11 - 12 2nd Phase
Creative Work Siddha Yoga		Devaloka Day					
		Pradosha Vrata (Fasting)					
5 Thursday, July 8, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Vridhii/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 88 Plava 5123	
Vrishabha Rasi: 28.54	Tithi 29	Gulika Yama 435194461 Rahu	9:50AM – 11:41AM 6:09AM – 8:00AM 3:21PM – 5:12PM	Mrigashira Until 9:29PM Vridhii Until 4:49PM Visti Until 4:55PM Chaturdashi* Until 5:50AM Fri	Ganesha: Yellow Muruga: Yellow Nataraja: Yellow Moon – Yellow Jyeshtha•Ani	Sunrise: 6:09AM Sunset: 8:52PM	Moon 6 - Phase 11 - 13 2nd Phase
Routine Work Marana Yoga		Devaloka Day					
Friday, July 9, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Catuspada* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 89 Plava 5123	
Retreat Star		Gulika Yama 435194461 Rahu	8:00AM – 9:51AM 5:12PM – 7:02PM 11:41AM – 1:31PM	Ardra Until 11:36PM Dhruva Until 5:15PM Catuspada Until 6:40PM Amavasya* Until 7:20AM Sat	Ganesha: Yellow Muruga: Yellow Nataraja: Yellow Moon – Yellow Jyeshtha•Ani	Sunrise: 6:10AM Sunset: 8:52PM	Moon 6 - Phase 11 - 14 Amavasya
Creative Work Siddha Yoga		Devaloka Day					
Saturday, July 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 90 Plava 5123	
Retreat Star		Gulika Yama 445194461 Rahu	6:11AM – 8:01AM 3:21PM – 5:11PM 9:51AM – 11:41AM	Punarvasu Until 1:34AM Sun Vyaghata* Until 5:20PM Kintughna Until 7:55PM Amavasya* Until 7:20AM	Ganesha: Red Muruga: Yellow Nataraja: Yellow Moon – Blue Ashada•Ani	Sunrise: 6:11AM Sunset: 8:52PM	Moon 6 - Phase 11 - 15 Prathama
Creative Work Siddha Yoga		Devaloka Day					

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1	Sunday, July 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 91	
	Kataka Rasi: 5.38	Tithi 1 – 2	Gulika 5:11PM – 7:01PM	Pushya Until 2:53AM Mon	Ganesha: Red	Sunrise: 6:11AM	Plava 5123	
			Yama 1:31PM – 3:21PM	Harshana Until 5:02PM	Muruga: Yellow	Sunset: 8:51PM	Moon 6 - Phase 12 - 16	
	445194461	Rahu	7:01PM – 8:51PM	Balava Until 8:41PM	Nataraja: Yellow		3rd Phase	
Creative Work Siddha Yoga				Prathama* Until 8:21AM	Moon – Blue		Devaloka Day	
					Ashada*Ani			
2	Monday, July 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 92	
	Kataka Rasi: 18.19	Tithi 2 – 3	Gulika 3:21PM – 5:11PM	Ashlesha* Until 3:35AM Tue	Ganesha: Blue	Sunrise: 6:12AM	Plava 5123	
	Family Home Evening		Yama 11:42AM – 1:31PM	Vajra* Until 4:20PM	Muruga: Yellow	Sunset: 8:51PM	Moon 6 - Phase 12 - 17	
	446194461	Rahu	8:02AM – 9:52AM	Taitila Until 8:58PM	Nataraja: Yellow		3rd Phase	
Creative Work Siddha Yoga				Dvitiya Until 8:52AM	Moon – Blue		Bhuloka Day	
					Ashada*Ani		Devaloka Time: 3:PM to 6:PM	
3	Tuesday, July 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 93	
	Simha Rasi: 1.13	Tithi 3 – 4	Gulika 1:32PM – 3:21PM	Magha* Until 4:10AM Wed	Ganesha: Blue	Sunrise: 6:13AM	Plava 5123	
			Yama 9:52AM – 11:42AM	Siddhi Until 3:17PM	Muruga: Yellow	Sunset: 8:51PM	Moon 6 - Phase 12 - 18	
	456194461	Rahu	5:11PM – 7:01PM	Vanija Until 8:48PM	Nataraja: Yellow		3rd Phase	
Creative Work Siddha Yoga				Tritiya Until 8:55AM	Moon – Red		Bhuloka Day	
Until 4:10AM Wed					Ashada*Ani		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								
4	Wednesday, July 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 94	
	Simha Rasi: 14.2	Tithi 4 – 5	Gulika 11:42AM – 1:32PM	Purvaphalguni Until 4:11AM Thu	Ganesha: Blue	Sunrise: 6:13AM	Plava 5123	
			Yama 8:03AM – 9:53AM	Vyatipata* Until 1:54PM	Muruga: Yellow	Sunset: 8:50PM	Moon 6 - Phase 12 - 19	
	456194461	Rahu	1:32PM – 3:21PM	Bava Until 8:13PM	Nataraja: Yellow		3rd Phase	
Creative Work Amrita Yoga				Chaturthi* Until 8:33AM	Moon – Red		Bhuloka Day	
					Ashada*Ani		Devaloka Time: 3:PM to 6:PM	
5	Thursday, July 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 95	
	Simha Rasi: 27.4	Tithi 5 – 6	Gulika 9:53AM – 11:42AM	Uttaraphalguni Until 3:41AM Fri	Ganesha: Blue	Sunrise: 6:14AM	Plava 5123	
			Yama 6:14AM – 8:04AM	Variyan Until 12:11PM	Muruga: Yellow	Sunset: 8:50PM	Moon 6 - Phase 12 - 20	
	456194461	Rahu	3:21PM – 5:11PM	Kaulava Until 7:15PM	Nataraja: Yellow		3rd Phase	
Amrita Yoga				Panchami Until 7:46AM	Moon – Red		Bhuloka Day	
			Chidambaram Abhishekam		Ashada*Ani		Devaloka Time: 3:PM to 6:PM	
6	Friday, July 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Shashtthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 96	
	Kanya Rasi: 11.13	Tithi 6 – 7	Gulika 8:04AM – 9:53AM	Hasta Until 3:07AM Sat	Ganesha: Yellow	Sunrise: 6:15AM	Plava 5123	
			Yama 5:10PM – 7:00PM	Parigha* Until 10:11AM	Muruga: Yellow	Sunset: 8:49PM	Moon 6 - Phase 12 - 21	
	466194461	Rahu	11:43AM – 1:32PM	Vanija Until 5:05AM Sat	Nataraja: Yellow		3rd Phase	
Creative Work Amrita Yoga				Shashtthi* Until 6:37AM	Moon – Green		Devaloka Day	
Until 3:07AM Sat					Ashada*Adi			
Then Routine Work - Marana Yoga								
D	Saturday, July 17, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 97	
	Retreat Star		Gulika 6:16AM – 8:05AM	Chitra Until 2:02AM Sun	Ganesha: Yellow	Sunrise: 6:16AM	Plava 5123	
	Kanya Rasi: 24.59	Tithi 8	Yama 3:21PM – 5:10PM	Shiva Until 7:53AM	Muruga: White	Sunset: 8:48PM	Moon 6 - Phase 12 - 22	
	466195462	Rahu	9:54AM – 11:43AM	Visti Until 4:13PM	Nataraja: White		Ashtami	
Routine Work Marana Yoga				Ashtami* Until 3:13AM Sun	Moon – Green		Subha Sivaloka Day	
Until 2:02AM Sun					Ashada*Adi			
Then Creative Work - Siddha Yoga								
	Sunday, July 18, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 98	
	Retreat Star		Gulika 5:10PM – 6:59PM	Svati Until 12:30AM Mon	Ganesha: Yellow	Sunrise: 6:16AM	Plava 5123	
	Tula Rasi: 8.59	Tithi 9	Yama 1:32PM – 3:21PM	Sadhya Until 2:25AM Mon	Muruga: White	Sunset: 8:48PM	Moon 6 - Phase 12 - 23	
	466195462	Rahu	6:59PM – 8:48PM	Balava Until 2:10PM	Nataraja: White		Navami	
Creative Work Siddha Yoga				Navami* Until 1:00AM Mon	Moon – Green		Subha Sivaloka Day	
Until 12:30AM Mon					Ashada*Adi			
Then Routine Work - Marana Yoga								

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Monday, July 19, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 99 Plava 5123	
	Tula Rasi: 23.11	Tithi 10	Gulika	3:21PM – 5:10PM	Vishakha Until 10:56PM	Ganesha: Yellow	Sunrise: 6:17AM	
	Family Home Evening		Yama	11:43AM – 1:32PM	Subha Until 11:20PM	Muruga: White	Sunset: 8:47PM	Moon 6 - Phase 13 - 24
	Routine Work	Marana Yoga	477195462 Rahu	8:06AM – 9:55AM	Taitila Until 11:49AM	Nataraja: White		4th Phase
	Until 10:56PM				Dashami Until 10:31PM	Moon – Orange	Subha Sivaloka Day	
	Then Creative Work - Siddha Yoga					Ashada•Adi		
2	Tuesday, July 20, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 100 Plava 5123	
	Vrischika Rasi: 7.34	Tithi 11	Gulika	1:32PM – 3:21PM	Anuradha Until 9:01PM	Ganesha: Yellow	Sunrise: 6:18AM	
			Yama	9:55AM – 11:44AM	Sukla Until 8:02PM	Muruga: White	Sunset: 8:47PM	Moon 6 - Phase 13 - 25
			477195462 Rahu	5:09PM – 6:58PM	Vanija Until 9:11AM	Nataraja: White		4th Phase
	Creative Work	Siddha Yoga			Ekadashi Until 7:47PM	Moon – Orange	Subha Sivaloka Day	
	Until 9:01PM					Ashada•Adi		
	Then Routine Work - Marana Yoga							
3	Wednesday, July 21, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 101 Plava 5123	
	Vrischika Rasi: 22.07	Tithi 12 – 13	Gulika	11:44AM – 1:32PM	Jyeshtha* Until 6:49PM	Ganesha: Yellow	Sunrise: 6:19AM	
			Yama	8:07AM – 9:55AM	Brahma Until 4:37PM	Muruga: White	Sunset: 8:46PM	Moon 6 - Phase 13 - 26
			477195462 Rahu	1:32PM – 3:21PM	Bava Until 6:23AM	Nataraja: White		4th Phase
	Creative Work	Siddha Yoga			Dvadashi Until 4:55PM	Moon – Orange	Subha Sivaloka Day	
	Until 6:49PM					Ashada•Adi		
	Then Routine Work - Marana Yoga					Pradosha Vrata		
4	Thursday, July 22, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 102 Plava 5123	
	Dhanus Rasi: 6.43	Tithi 13 – 14	Gulika	9:56AM – 11:44AM	Mula* Until 4:51PM	Ganesha: White	Sunrise: 6:19AM	
			Yama	6:19AM – 8:08AM	Indra Until 1:12PM	Muruga: White	Sunset: 8:45PM	Moon 6 - Phase 13 - 27
			487195462 Rahu	3:21PM – 5:09PM	Gara Until 12:35AM Fri	Nataraja: White		4th Phase
	Creative Work	Siddha Yoga			Trayodashi Until 2:00PM	Moon – Light Blue	Subha Subha Sivaloka Day	
						Ashada•Adi		
O	Friday, July 23, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sun 28 Sutra 103 Plava 5123	
	Copper Retreat Star		Gulika	8:08AM – 9:56AM	Purvashadha* Until 2:51PM	Ganesha: White	Sunrise: 6:20AM	
	Dhanus Rasi: 21.18	Tithi 14 – 15	Yama	5:08PM – 6:56PM	Vaidhriti* Until 9:48AM	Muruga: White	Sunset: 8:44PM	Moon 6 - Phase 13 -
			487195462 Rahu	11:44AM – 1:32PM	Visti Until 9:51PM	Nataraja: White		Purnima
	Routine Work	Prabalarishta Yoga			Chaturdashi* Until 11:10AM	Moon – Light Blue	Subha Subha Sivaloka Day	
	Until 2:51PM			Satguru Purnima		Ashada•Adi		
	Then Routine Work - Marana Yoga							
	Saturday, July 24, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sun 29 Sutra 104 Plava 5123	
	Silver Retreat Star		Gulika	6:21AM – 8:09AM	Uttarashadha Until 12:58PM	Ganesha: White	Sunrise: 6:21AM	
	Makara Rasi: 5.45	Tithi 15 – 16	Yama	3:20PM – 5:08PM	Vishkambha* Until 6:36AM	Muruga: White	Sunset: 8:44PM	Moon 6 - Phase 13 -
			487195462 Rahu	9:57AM – 11:45AM	Balava Until 7:24PM	Nataraja: White		Prathama
	Routine Work	Marana Yoga			Purnima* Until 8:33AM	Moon – Light Blue	Subha Subha Sivaloka Day	
	Until 12:58PM					Ashada•Adi		
	Then Creative Work - Siddha Yoga							



Sunday, July 25, 2021
Gold Retreat Star

Makara Rasi: 19.58 Tithi 16 – 17

498195462
Rahu

Gulika
Yama
Rahu

5:08PM – 6:55PM
1:32PM – 3:20PM
6:55PM – 8:43PM

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

Shravana Until 11:44AM
Ayushman Until 1:09AM Mon
Gara Until 4:32AM Mon
Prathama* Until 6:18AM

Ganesha: Clear
Muruga: White
Nataraja: White
Moon – Purple
Ashada*Adi

Sunrise: 6:22AM
Sunset: 8:43PM

Dushanbe, Tajikistan
Sutra 105
Plava 5123
Moon 7 - Phase 14 - 1st Phase

Creative Work Amrita Yoga

Until 11:44AM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

1

Monday, July 26, 2021

Kumbha Rasi: 3.52 Tithi 18

Family Home Evening

Creative Work Siddha Yoga

498195462

Gulika
Yama
Rahu

3:20PM – 5:07PM
11:45AM – 1:32PM
8:10AM – 9:57AM

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Saubhagya Yoga Vanija/Visti* Karana Tritiyayam Titau

Dhanishtha Until 10:54AM
Saubhagya Until 11:06PM
Vanija Until 3:54PM
Tritiya Until 3:24AM Tue

Ganesha: White
Muruga: White
Nataraja: White
Moon – Purple
Ashada*Adi

Sunrise: 6:23AM
Sunset: 8:42PM

Dushanbe, Tajikistan
Sun 1 Sutra 106
Plava 5123
Moon 7 - Phase 14 - 1st Phase

Sivaloka Day

2

Tuesday, July 27, 2021

Kumbha Rasi: 17.23 Tithi 19

Routine Work Marana Yoga

498195462

Gulika
Yama
Rahu

1:32PM – 3:20PM
9:58AM – 11:45AM
5:07PM – 6:54PM

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Sobhana Yoga Bava/Balava Karana Chaturthayam Titau

Shatabhishak Until 10:33AM
Sobhana Until 9:39PM
Bava Until 3:07PM
Chaturthi* Until 2:59AM Wed

Ganesha: White
Muruga: White
Nataraja: White
Moon – Purple
Ashada*Adi

Sunrise: 6:23AM
Sunset: 8:41PM

Dushanbe, Tajikistan
Sun 2 Sutra 107
Plava 5123
Moon 7 - Phase 14 - 2nd Phase

Sivaloka Day

3

Wednesday, July 28, 2021

Meena Rasi: 0.3 Tithi 20

Creative Work Amrita Yoga

Until 11:15AM

Then Creative Work - Siddha Yoga

418295462

Gulika
Yama
Rahu

11:45AM – 1:32PM
8:11AM – 9:58AM
1:32PM – 3:19PM

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaproshtapada*Uttaraproshtapada* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Purvaproshtapada* Until 11:15AM
Athiganda* Until 8:46PM
Kaulava Until 3:05PM
Panchami Until 3:21AM Thu

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Clear
Ashada*Adi

Sunrise: 6:24AM
Sunset: 8:40PM

Dushanbe, Tajikistan
Sun 3 Sutra 108
Plava 5123
Moon 7 - Phase 14 - 3rd Phase

Subha Sivaloka Day

4

Thursday, July 29, 2021

Meena Rasi: 13.14 Tithi 21

Creative Work Siddha Yoga

418295462

Gulika
Yama
Rahu

9:59AM – 11:46AM
6:25AM – 8:12AM
3:19PM – 5:06PM

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma Yoga Gara/Vanija Karana Shashthyam Titau

Uttaraproshtapada Until 12:33PM
Sukarma Until 8:31PM
Gara Until 3:50PM
Shashthi* Until 4:27AM Fri

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Clear
Ashada*Adi

Sunrise: 6:25AM
Sunset: 8:40PM

Dushanbe, Tajikistan
Sun 4 Sutra 109
Plava 5123
Moon 7 - Phase 14 - 4th Phase

Subha Sivaloka Day

5

Friday, July 30, 2021

Meena Rasi: 25.38 Tithi 22

Creative Work Siddha Yoga

Until 2:23PM

Then Creative Work - Amrita Yoga

418295462

Gulika
Yama
Rahu

8:13AM – 9:59AM
5:05PM – 6:52PM
11:46AM – 1:32PM

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Revati/Ashvini Nakshatra Dhriti Yoga Visti*/Bava Karana Saptamyam Titau

Revati Until 2:23PM
Dhriti Until 8:48PM
Visti Until 5:17PM
Saptami Until 6:13AM Sat

Ganesha: Yellow
Muruga: White
Nataraja: White
Moon – Clear
Ashada*Adi

Sunrise: 6:26AM
Sunset: 8:39PM

Dushanbe, Tajikistan
Sun 5 Sutra 110
Plava 5123
Moon 7 - Phase 14 - 5th Phase

Subha Sivaloka Day

D

Saturday, July 31, 2021
Retreat Star

Mesha Rasi: 7.46 Tithi 22 – 23

Creative Work Siddha Yoga

428215462

Gulika
Yama
Rahu

6:27AM – 8:13AM
3:19PM – 5:05PM
10:00AM – 11:46AM

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Ashvini Until 5:07PM
Shula* Until 9:30PM
Balava Until 7:19PM
Saptami Until 6:13AM

Ganesha: Blue
Muruga: White
Nataraja: White
Moon – White
Ashada*Adi

Sunrise: 6:27AM
Sunset: 8:38PM

Dushanbe, Tajikistan
Sun 6 Sutra 111
Plava 5123
Moon 7 - Phase 14 - 6th Phase

Subha Sivaloka Day

Sunday, August 1, 2021

Retreat Star

Mesha Rasi: 19.43 Tithi 23 – 24

Routine Work Prabalarishta Yoga

Until 8:05PM

Then Creative Work - Siddha Yoga

429215462

Gulika
Yama
Rahu

5:04PM – 6:51PM
1:32PM – 3:18PM
6:51PM – 8:37PM

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Bharani Nakshatra Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Bharani Until 8:05PM
Ganda* Until 10:28PM
Taitila Until 9:43PM
Ashtami* Until 8:28AM

Ganesha: Red
Muruga: White
Nataraja: White
Moon – White
Ashada*Adi

Sunrise: 6:28AM
Sunset: 8:37PM

Dushanbe, Tajikistan
Sun 7 Sutra 112
Plava 5123
Moon 7 - Phase 14 - 7th Phase

Subha Sivaloka Day

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Monday, August 2, 2021			Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vriddhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 113 Plava 5123	
	Vrishabha Rasi: 1.32 Tithi 24 – 25		Gulika 3:18PM – 5:04PM	Krittika Until 11:01PM		Ganesha: Red	Sunrise: 6:29AM		
	Family Home Evening		Yama 11:46AM – 1:32PM	Vriddhi Until 11:34PM		Muruga: White	Sunset: 8:36PM	Moon 7 - Phase 15 - 8	
	Routine Work Marana Yoga		Rahu 8:14AM – 10:00AM	Vanija Until 12:16AM Tue		Nataraja: White	2nd Phase		
	Until 11:01PM Then Creative Work - Amrita Yoga			Navami* Until 10:58AM		Moon – White Ashada*Adi	Subha Sivaloka Day		
2	Tuesday, August 3, 2021			Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 114 Plava 5123	
	Vrishabha Rasi: 13.2 Tithi 25 – 26		Gulika 1:32PM – 3:18PM	Rohini Until 2:12AM Wed		Ganesha: Green	Sunrise: 6:29AM		
	439215462 Rahu		Yama 10:01AM – 11:46AM	Dhruva Until 12:32AM Wed		Muruga: White	Sunset: 8:35PM	Moon 7 - Phase 15 - 9	
	Creative Work Amrita Yoga		Rahu 5:03PM – 6:49PM	Bava Until 2:43AM Wed		Nataraja: White	2nd Phase		
	Until 2:12AM Wed Then Creative Work - Siddha Yoga			Dashami Until 1:30PM		Moon – Yellow Ashada*Adi	Sivaloka Day		
3	Wednesday, August 4, 2021			Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 115 Plava 5123	
	Vrishabha Rasi: 25.13 Tithi 26 – 27		Gulika 11:47AM – 1:32PM	Mrigashira Until 4:54AM Thu		Ganesha: Green	Sunrise: 6:30AM		
	439215462 Rahu		Yama 8:16AM – 10:01AM	Vyaghata* Until 1:18AM Thu		Muruga: White	Sunset: 8:34PM	Moon 7 - Phase 15 - 10	
	Creative Work Siddha Yoga		Rahu 1:32PM – 3:17PM	Kaulava Until 4:49AM Thu		Nataraja: White	2nd Phase		
	Until 4:54AM Thu Then Routine Work - Marana Yoga			Ekadashi* Until 3:48PM		Moon – Yellow Ashada*Adi	Sivaloka Day		
4	Thursday, August 5, 2021			Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 116 Plava 5123	
	Mithuna Rasi: 7.13 Tithi 27 – 28		Gulika 10:01AM – 11:47AM	Ardra Until 6:57AM Fri		Ganesha: Green	Sunrise: 6:31AM		
	439215462 Rahu		Yama 6:31AM – 8:16AM	Harshana Until 1:42AM Fri		Muruga: White	Sunset: 8:33PM	Moon 7 - Phase 15 - 11	
	Routine Work Marana Yoga		Rahu 3:17PM – 5:02PM	Gara Until 6:26AM Fri		Nataraja: White	2nd Phase		
	Until 6:57AM Fri Then Creative Work - Siddha Yoga			Dvadashi* Until 5:40PM		Moon – Yellow Ashada*Adi	Sivaloka Day		
				Pradosha Vrata (Fasting)					
5	Friday, August 6, 2021			Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 117 Plava 5123	
	Mithuna Rasi: 19.25 Tithi 28		Gulika 8:17AM – 10:02AM	Ardra Until 6:57AM		Ganesha: Green	Sunrise: 6:32AM		
	439215462 Rahu		Yama 5:02PM – 6:47PM	Vajra* Until 1:38AM Sat		Muruga: White	Sunset: 8:31PM	Moon 7 - Phase 15 - 12	
	Creative Work Siddha Yoga		Rahu 11:47AM – 1:32PM	Gara Until 6:26AM		Nataraja: White	2nd Phase		
				Trayodashi* Until 7:00PM		Moon – Yellow Ashada*Adi	Sivaloka Day		
6	Saturday, August 7, 2021			Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 118 Plava 5123	
	Kataka Rasi: 1.52 Tithi 29		Gulika 6:33AM – 8:18AM	Punarvasu Until 8:46AM		Ganesha: White	Sunrise: 6:33AM		
	449215462 Rahu		Yama 3:16PM – 5:01PM	Siddhi Until 1:07AM Sun		Muruga: White	Sunset: 8:30PM	Moon 7 - Phase 15 - 13	
	Creative Work Siddha Yoga		Rahu 10:02AM – 11:47AM	Visti Until 7:28AM		Nataraja: White	2nd Phase		
				Chaturdashi* Until 7:44PM		Moon – Blue Ashada*Adi	Sivaloka Day		
	Sunday, August 8, 2021			Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 119 Plava 5123	
	Retreat Star		Gulika 5:00PM – 6:45PM	Pushya Until 9:50AM		Ganesha: White	Sunrise: 6:34AM		
	Kataka Rasi: 15 Tithi 30		Yama 1:32PM – 3:16PM	Vyatipata* Until 12:08AM Mon		Muruga: White	Sunset: 8:29PM	Moon 7 - Phase 15 - 14	
	449215462 Rahu		Rahu 6:45PM – 8:29PM	Catuspada Until 7:54AM		Nataraja: White	Amavasya		
	Creative Work Siddha Yoga			Amavasya* Until 7:52PM		Moon – Blue Ashada*Adi	Sivaloka Day		
	Monday, August 9, 2021			Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 120 Plava 5123	
	Retreat Star		Gulika 3:16PM – 5:00PM	Ashlesha* Until 10:11AM		Ganesha: Light Blue	Sunrise: 6:35AM		
	Kataka Rasi: 27.37 Tithi 1		Yama 11:47AM – 1:31PM	Variyan Until 10:43PM		Muruga: White	Sunset: 8:28PM	Moon 7 - Phase 15 - 15	
	Family Home Evening		Rahu 8:19AM – 10:03AM	Kintughna Until 7:45AM		Nataraja: White	Prathama		
	Creative Work Siddha Yoga			Prathama* Until 7:28PM		Moon – Blue Sravana*Adi	Sivaloka Day		
Until 10:11AM Then Routine Work - Marana Yoga									

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Tuesday, August 10, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 121	
	Simha Rasi: 10.53	Tithi 2	Gulika Yama	1:31PM – 3:15PM 10:03AM – 11:47AM	Magha* Until 10:22AM Parigha* Until 8:57PM	Ganesha: Purple Muruga: White	Sunrise: 6:36AM Sunset: 8:27PM	Plava 5123 Moon 7 - Phase 16 - 16
	451215462	Rahu	4:59PM – 6:43PM	Balava Until 7:06AM	Nataraja: White	Moon – Red	Sivaloka Day	3rd Phase
	Creative Work	Siddha Yoga		Dvitiya Until 6:36PM	Sravana•Adi			
2	Wednesday, August 11, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 122	
	Simha Rasi: 24.23	Tithi 3 – 4	Gulika Yama	11:47AM – 1:31PM 8:20AM – 10:04AM	Purvaphalguni Until 10:00AM Shiva Until 6:55PM	Ganesha: Purple Muruga: White	Sunrise: 6:36AM Sunset: 8:26PM	Plava 5123 Moon 7 - Phase 16 - 17
	451215462	Rahu	1:31PM – 3:15PM	Taitila Until 6:03AM	Nataraja: White	Moon – Red	Sivaloka Day	3rd Phase
	Creative Work	Amrita Yoga		Tritiya Until 5:23PM	Sravana•Adi			
3	Thursday, August 12, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 123	
	Kanya Rasi: 8.05	Tithi 4 – 5	Gulika Yama	10:04AM – 11:48AM 6:37AM – 8:21AM	Uttaraphalguni Until 9:11AM Siddha Until 4:38PM	Ganesha: Purple Muruga: White	Sunrise: 6:37AM Sunset: 8:24PM	Plava 5123 Moon 7 - Phase 16 - 18
	451215462	Rahu	3:14PM – 4:58PM	Bava Until 3:04AM Fri	Nataraja: White	Moon – Red	Sivaloka Day	3rd Phase
	Amrita Yoga			Chaturthi* Until 3:53PM	Sravana•Adi			
4	Friday, August 13, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 124	
	Kanya Rasi: 21.55	Tithi 5 – 6	Gulika Yama	8:21AM – 10:04AM 4:57PM – 6:40PM	Hasta Until 8:26AM Sadhya Until 2:12PM	Ganesha: Clear Muruga: White	Sunrise: 6:38AM Sunset: 8:23PM	Plava 5123 Moon 7 - Phase 16 - 19
	461215462	Rahu	11:48AM – 1:31PM	Kaulava Until 1:17AM Sat	Nataraja: White	Moon – Green	Subha Sivaloka Day	3rd Phase
	Creative Work	Amrita Yoga	Nag Panchami	Panchami Until 2:11PM	Sravana•Adi			
5	Saturday, August 14, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashtthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 125	
	Tula Rasi: 5.51	Tithi 6 – 7	Gulika Yama	6:39AM – 8:22AM 3:13PM – 4:56PM	Chitra Until 7:23AM Subha Until 11:39AM	Ganesha: Clear Muruga: White	Sunrise: 6:39AM Sunset: 8:22PM	Plava 5123 Moon 7 - Phase 16 - 20
	461215462	Rahu	10:05AM – 11:48AM	Gara Until 11:22PM	Nataraja: White	Moon – Green	Subha Sivaloka Day	3rd Phase
	Routine Work	Marana Yoga		Shashtthi* Until 12:19PM	Sravana•Adi			
D	Sunday, August 15, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 126	
	Retreat Star		Gulika Yama	4:56PM – 6:38PM 1:30PM – 3:13PM	Svati Until 6:03AM Sukla Until 8:58AM	Ganesha: Clear Muruga: White	Sunrise: 6:40AM Sunset: 8:21PM	Plava 5123 Moon 7 - Phase 16 - 21
	461215462	Rahu	6:38PM – 8:21PM	Visti Until 9:20PM	Nataraja: White	Moon – Green	Subha Sivaloka Day	Ashtami
	Creative Work	Siddha Yoga		Saptami Until 10:21AM	Sravana•Adi			
	Monday, August 16, 2021		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 127	
	Retreat Star		Gulika Yama	3:12PM – 4:55PM 11:48AM – 1:30PM	Anuradha Until 3:31AM Tue Brahma Until 6:13AM	Ganesha: White Muruga: White	Sunrise: 6:41AM Sunset: 8:19PM	Plava 5123 Moon 7 - Phase 16 - 22
	471215462	Rahu	8:23AM – 10:06AM	Balava Until 7:12PM	Nataraja: White	Moon – Orange	Sivaloka Day	Navami
	Vrischika Rasi: 3.58	Tithi 8 – 9		Ashtami* Until 8:15AM	Sravana•Adi			
Family Home Evening								
Creative Work		Siddha Yoga						
Until 3:31AM Tue								
Then Routine Work - Marana Yoga								

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Tuesday, August 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 128 Plava 5123	
	Vrischika Rasi: 18.07	Tithi 9 – 10	Gulika 1:30PM – 3:12PM	Jyeshtha* Until 1:56AM Wed	Ganesha: Clear	Sunrise: 6:42AM		
			Yama 10:06AM – 11:48AM	Vaidhriti* Until 12:31AM Wed	Muruga: White	Sunset: 8:18PM	Moon 7 - Phase 17 - 23	
	Routine Work	Marana Yoga	Rahu 4:54PM – 6:36PM	Gara Until 3:51AM Wed	Nataraja: White		4th Phase	
				Navami* Until 6:05AM	Moon – Orange		Subha Sivaloka Day	
					Sravana*Avani			
2	Wednesday, August 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 129 Plava 5123	
	Dhanus Rasi: 2.19	Tithi 11	Gulika 11:48AM – 1:30PM	Mula* Until 12:36AM Thu	Ganesha: White	Sunrise: 6:43AM		
			Yama 8:24AM – 10:06AM	Vishkambha* Until 9:37PM	Muruga: White	Sunset: 8:17PM	Moon 7 - Phase 17 - 24	
	Routine Work	Marana Yoga	Rahu 1:30PM – 3:12PM	Vanija Until 2:45PM	Nataraja: White		4th Phase	
	Until 12:36AM Thu			Ekadashi Until 1:36AM Thu	Moon – Light Blue		Sivaloka Day	
	Then Creative Work - Siddha Yoga				Sravana*Avani			
3	Thursday, August 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 130 Plava 5123	
	Dhanus Rasi: 16.31	Tithi 12	Gulika 10:07AM – 11:48AM	Purvashadha* Until 11:10PM	Ganesha: Green	Sunrise: 6:44AM		
			Yama 6:44AM – 8:25AM	Priti Until 6:46PM	Muruga: White	Sunset: 8:15PM	Moon 7 - Phase 17 - 25	
	Creative Work	Siddha Yoga	Rahu 3:11PM – 4:52PM	Bava Until 12:30PM	Nataraja: White		4th Phase	
	Until 11:10PM			Dvadashi Until 11:24PM	Moon – Light Blue		Sivaloka Day	
	Then Routine Work - Marana Yoga				Sravana*Avani			
4	Friday, August 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 131 Plava 5123	
	Makara Rasi: 0.41	Tithi 13	Gulika 8:26AM – 10:07AM	Uttarashadha Until 9:44PM	Ganesha: Green	Sunrise: 6:44AM		
			Yama 4:52PM – 6:33PM	Ayushman Until 3:58PM	Muruga: White	Sunset: 8:14PM	Moon 7 - Phase 17 - 26	
	Routine Work	Marana Yoga	Rahu 11:48AM – 1:29PM	Kaulava Until 10:21AM	Nataraja: White		4th Phase	
			Varalakshmi Vratam	Trayodashi Until 9:19PM	Moon – Light Blue		Sivaloka Day	
				Pradosha Vrata	Sravana*Avani			
5	Saturday, August 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 132 Plava 5123	
	Makara Rasi: 14.44	Tithi 14	Gulika 6:45AM – 8:26AM	Shravana Until 8:48PM	Ganesha: Red	Sunrise: 6:45AM		
			Yama 3:10PM – 4:51PM	Saubhagya Until 1:21PM	Muruga: White	Sunset: 8:13PM	Moon 7 - Phase 17 - 27	
	Creative Work	Siddha Yoga	Rahu 10:07AM – 11:48AM	Gara Until 8:23AM	Nataraja: White		4th Phase	
			Chidambaram Abhishekam	Chaturdashi* Until 7:29PM	Moon – Purple		Subha Sivaloka Day	
					Sravana*Avani			
○	Sunday, August 22, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sutra 133 Plava 5123	
	Copper Retreat Star		Gulika 4:50PM – 6:31PM	Dhanishtha Until 8:06PM	Ganesha: Yellow	Sunrise: 6:46AM		
	Makara Rasi: 28.37	Tithi 15 – 16	Yama 1:29PM – 3:09PM	Sobhana Until 11:00AM	Muruga: White	Sunset: 8:11PM	Moon 7 - Phase 17 -	
	Routine Work	Marana Yoga	Rahu 6:31PM – 8:11PM	Visti Until 6:42AM	Nataraja: White		Purnima	
	Until 8:06PM		Avani Avittam	Purnima* Until 5:59PM	Moon – Purple		Subha Sivaloka Day	
	Then Creative Work - Siddha Yoga				Sravana*Avani			
	Monday, August 23, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sutra 134 Plava 5123	
	Silver Retreat Star		Gulika 3:09PM – 4:49PM	Shatabhishak Until 7:43PM	Ganesha: Yellow	Sunrise: 6:47AM		
	Kumbha Rasi: 12.15	Tithi 16 – 17	Yama 11:48AM – 1:29PM	Athiganda* Until 8:59AM	Muruga: White	Sunset: 8:10PM	Moon 7 - Phase 17 -	
	Family Home Evening		Rahu 8:27AM – 10:08AM	Taitila Until 4:42AM Tue	Nataraja: White		Prathama	
	Creative Work	Siddha Yoga		Prathama* Until 4:58PM	Moon – Purple		Subha Sivaloka Day	
	Until 7:43PM				Sravana*Avani			
	Then Routine Work - Marana Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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Tuesday, August 24, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 135

Plava 5123

Kumbha Rasi: 25.34 Tithi 17 – 18

Gulika 1:28PM – 3:08PM
Yama 10:08AM – 11:48AM
Rahu 4:48PM – 6:29PM

Purvaproshtapada* Until 8:14PM

Sukarma Until 7:25AM

Vanija Until 4:36AM Wed

Dvitiya Until 4:33PM

Ganesha: Yellow

Muruga: White

Nataraja: White

Moon – Clear
Sravana•Avani

Sunrise: 6:48AM

Sunset: 8:09PM

Moon 8 - Phase 18 - 1

1st Phase

Routine Work Marana Yoga

Until 8:14PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

1 Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 136

Plava 5123

Meena Rasi: 8.34 Tithi 18 – 19

Gulika 11:48AM – 1:28PM
Yama 8:29AM – 10:08AM
Rahu 1:28PM – 3:08PM

Uttaraproshtapada Until 9:15PM

Dhriti Until 6:22AM

Bava Until 5:12AM Thu

Tritiya Until 4:47PM

Ganesha: Yellow

Muruga: White

Nataraja: White

Moon – Clear
Sravana•Avani

Sunrise: 6:49AM

Sunset: 8:07PM

Moon 8 - Phase 18 - 2

1st Phase

Creative Work Siddha Yoga

Until 9:15PM

Then Routine Work - Marana Yoga

Subha Sivaloka Day

2 Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 137

Plava 5123

Meena Rasi: 21.14 Tithi 19 – 20

Gulika 10:09AM – 11:48AM
Yama 6:50AM – 8:29AM
Rahu 3:07PM – 4:47PM

Revati Until 10:47PM

Ganda* Until 5:52AM Fri

Kaulava Until 6:28AM Fri

Chaturthi* Until 5:44PM

Ganesha: Yellow

Muruga: White

Nataraja: White

Moon – Clear
Sravana•Avani

Sunrise: 6:50AM

Sunset: 8:06PM

Moon 8 - Phase 18 - 3

1st Phase

Creative Work Siddha Yoga

Until 10:47PM

Then Creative Work - Amrita Yoga

Subha Sivaloka Day

3 Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini Nakshatra Vriddhi/Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 138

Plava 5123

Mesha Rasi: 3.35 Tithi 20

Gulika 8:30AM – 10:09AM
Yama 4:46PM – 6:25PM
Rahu 11:48AM – 1:27PM

Ashvini Until 1:16AM Sat

Vriddhi Until 6:22AM Sat

Kaulava Until 6:28AM

Panchami Until 7:20PM

Ganesha: White

Muruga: White

Nataraja: White

Moon – White
Sravana•Avani

Sunrise: 6:51AM

Sunset: 8:04PM

Moon 8 - Phase 18 - 4

1st Phase

Creative Work Amrita Yoga

Until 1:16AM Sat

Then Creative Work - Siddha Yoga

Sivaloka Day

4 Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani Nakshatra Vriddhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 139

Plava 5123

Mesha Rasi: 15.41 Tithi 21

Gulika 6:51AM – 8:30AM
Yama 3:06PM – 4:45PM
Rahu 10:09AM – 11:48AM

Bharani Until 4:04AM Sun

Vriddhi Until 6:22AM

Gara Until 8:22AM

Shashthi* Until 9:28PM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon – White
Sravana•Avani

Sunrise: 6:51AM

Sunset: 8:03PM

Moon 8 - Phase 18 - 5

1st Phase

Creative Work Siddha Yoga

Devaloka Day

5 Sunday, August 29, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 140

Plava 5123

Mesha Rasi: 27.37 Tithi 22

Gulika 4:44PM – 6:23PM
Yama 1:27PM – 3:05PM
Rahu 6:23PM – 8:01PM

Krittika Until 6:57AM Mon

Dhruva Until 7:12AM

Visti Until 10:42AM

Saptami Until 11:56PM

Ganesha: White

Muruga: White

Nataraja: Clear

Moon – White
Sravana•Avani

Sunrise: 6:52AM

Sunset: 8:01PM

Moon 8 - Phase 18 - 6

1st Phase

Creative Work Siddha Yoga

Until 6:57AM Mon

Then Creative Work - Amrita Yoga

Devaloka Day

D Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika/Rohini Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 141

Plava 5123

Vrishabha Rasi: 9.26 Tithi 23

Gulika 3:05PM – 4:43PM
Yama 11:48AM – 1:27PM
Rahu 8:32AM – 10:10AM

Krittika Until 6:57AM

Vyaghata* Until 8:13AM

Balava Until 1:15PM

Ashtami* Until 2:30AM Tue

Ganesha: White

Muruga: White

Nataraja: Clear

Moon – White
Sravana•Avani

Sunrise: 6:53AM

Sunset: 8:00PM

Moon 8 - Phase 18 - 7

Ashtami

Routine Work Marana Yoga

Until 6:57AM

Then Creative Work - Amrita Yoga

Devaloka Day

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 142

Plava 5123

Vrishabha Rasi: 21.15 Tithi 24

Gulika 1:26PM – 3:04PM
Yama 10:10AM – 11:48AM
Rahu 4:42PM – 6:20PM

Rohini Until 10:12AM

Harshana Until 9:16AM

Taitila Until 3:45PM

Navami* Until 4:53AM Wed

Ganesha: Clear

Muruga: White

Nataraja: Clear

Moon – Yellow
Sravana•Avani

Sunrise: 6:54AM

Sunset: 7:58PM

Moon 8 - Phase 18 - 8

Navami

Creative Work Amrita Yoga

Until 10:12AM

Then Creative Work - Siddha Yoga

Sivaloka Day

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1	Wednesday, September 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau					Dushanbe, Tajikistan Sun 9 Sutra 143 Plava 5123	
	Mithuna Rasi: 3.08	Tithi 25	Gulika 11:48AM – 1:26PM	Mrigashira Until 1:02PM		Ganesha: Clear	Sunrise: 6:55AM	Moon 8 - Phase 19 - 9 2nd Phase	
			Yama 8:33AM – 10:10AM	Vajra* Until 10:06AM		Muruga: White	Sunset: 7:57PM		
	532315463	Rahu	1:26PM – 3:04PM	Vanija Until 5:58PM		Nataraja: Clear			
Creative Work Siddha Yoga			Dashami Until 6:52AM Thu		Moon – Yellow	Sivaloka Day			
				Sravana*Avani					
2	Thursday, September 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau					Dushanbe, Tajikistan Sun 10 Sutra 144 Plava 5123	
	Mithuna Rasi: 15.12	Tithi 25 – 26	Gulika 10:11AM – 11:48AM	Ardra Until 3:15PM		Ganesha: Orange	Sunrise: 6:56AM	Moon 8 - Phase 19 - 10 2nd Phase	
			Yama 6:56AM – 8:33AM	Siddhi Until 10:36AM		Muruga: White	Sunset: 7:55PM		
	533315463	Rahu	3:03PM – 4:40PM	Bava Until 7:39PM		Nataraja: Clear			
Routine Work Marana Yoga			Dashami Until 6:52AM		Moon – Yellow	Sivaloka Day			
Until 3:15PM				Sravana*Avani					
Then Creative Work - Amrita Yoga									
3	Friday, September 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Varyian Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau					Dushanbe, Tajikistan Sun 11 Sutra 145 Plava 5123	
	Mithuna Rasi: 27.3	Tithi 26 – 27	Gulika 8:34AM – 10:11AM	Punarvasu Until 5:10PM		Ganesha: Light Blue	Sunrise: 6:57AM	Moon 8 - Phase 19 - 11 2nd Phase	
			Yama 4:40PM – 6:17PM	Vyatipata* Until 10:38AM		Muruga: White	Sunset: 7:54PM		
	543315463	Rahu	11:48AM – 1:25PM	Kaulava Until 8:41PM		Nataraja: Clear			
Creative Work Siddha Yoga			Ekadashi* Until 8:14AM		Moon – Blue	Devaloka Day			
Until 5:10PM				Sravana*Avani					
Then Routine Work - Marana Yoga									
4	Saturday, September 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Varyian/Parigha* Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau					Dushanbe, Tajikistan Sun 12 Sutra 146 Plava 5123	
	Kataka Rasi: 10.06	Tithi 27 – 28	Gulika 6:58AM – 8:34AM	Pushya Until 6:14PM		Ganesha: Light Blue	Sunrise: 6:58AM	Moon 8 - Phase 19 - 12 2nd Phase	
			Yama 3:02PM – 4:39PM	Varyian Until 10:05AM		Muruga: White	Sunset: 7:52PM		
	543315463	Rahu	10:11AM – 11:48AM	Gara Until 9:00PM		Nataraja: Clear			
Creative Work Siddha Yoga			Dvadashi* Until 8:55AM		Moon – Blue	Devaloka Day			
Until 6:14PM				Sravana*Avani					
Then Routine Work - Marana Yoga			Pradosha Vrata (Fasting)						
5	Sunday, September 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau					Dushanbe, Tajikistan Sun 13 Sutra 147 Plava 5123	
	Kataka Rasi: 23.02	Tithi 28 – 29	Gulika 4:38PM – 6:14PM	Ashlesha* Until 6:28PM		Ganesha: Light Blue	Sunrise: 6:58AM	Moon 8 - Phase 19 - 13 2nd Phase	
			Yama 1:25PM – 3:01PM	Parigha* Until 9:00AM		Muruga: White	Sunset: 7:51PM		
	543315463	Rahu	6:14PM – 7:51PM	Visti Until 8:37PM		Nataraja: Clear			
Creative Work Siddha Yoga			Trayodashi* Until 8:53AM		Moon – Blue	Devaloka Day			
Until 6:28PM				Sravana*Avani					
Then Routine Work - Marana Yoga									
	Monday, September 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau					Dushanbe, Tajikistan Sun 14 Sutra 148 Plava 5123	
	Retreat Star		Gulika 3:01PM – 4:37PM	Magha* Until 6:22PM		Ganesha: Purple	Sunrise: 6:59AM	Moon 8 - Phase 19 - 14 Amavasya	
	Simha Rasi: 6.2	Tithi 29 – 30	Yama 11:48AM – 1:24PM	Shiva Until 7:24AM		Muruga: White	Sunset: 7:49PM		
	Family Home Evening	553315463	Rahu 8:36AM – 10:12AM	Catuspada Until 7:37PM		Nataraja: Clear			
Routine Work Marana Yoga			Chaturdashi* Until 8:10AM		Moon – Red	Devaloka Day			
Until 6:22PM				Sravana*Avani					
Then Creative Work - Siddha Yoga									
	Tuesday, September 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau					Dushanbe, Tajikistan Sun 15 Sutra 149 Plava 5123	
	Retreat Star		Gulika 1:24PM – 3:00PM	Purvaphalguni Until 5:35PM		Ganesha: Purple	Sunrise: 7:00AM	Moon 8 - Phase 19 - 15 Prathama	
	Simha Rasi: 19.58	Tithi 30 – 1	Yama 10:12AM – 11:48AM	Sadhya Until 2:50AM Wed		Muruga: White	Sunset: 7:48PM		
	553315463	Rahu	4:36PM – 6:12PM	Kintughna Until 6:05PM		Nataraja: Clear			
Creative Work Siddha Yoga			Amavasya* Until 6:53AM		Moon – Red	Devaloka Day			
Until 5:35PM				Bhadrapada*Avani					
Then Creative Work - Amrita Yoga									

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

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1	Wednesday, September 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 150	
	Kanya Rasi: 3.53	Tithi 2	Gulika 11:48AM – 1:24PM Yama 8:37AM – 10:12AM 553315463 Rahu 1:24PM – 2:59PM	Uttaraphalguni Until 4:17PM Subha Until 12:06AM Thu Balava Until 4:10PM Dvitiya Until 3:04AM Thu		Ganesha: Purple Muruga: White Nataraja: Clear Moon – Red Bhadrapada•Avani	Sunrise: 7:01AM Sunset: 7:46PM	Moon 8 - Phase 20 - 16 3rd Phase
	Creative Work	Amrita Yoga					Devaloka Day	
	Until 4:17PM Then Routine Work - Marana Yoga							
2	Thursday, September 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 151	
	Kanya Rasi: 18	Tithi 3	Gulika 10:13AM – 11:48AM Yama 7:02AM – 8:37AM 563315463 Rahu 2:59PM – 4:34PM	Hasta Until 2:59PM Sukla Until 9:09PM Taitila Until 1:58PM Tritiya Until 12:48AM Fri		Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Green Bhadrapada•Avani	Sunrise: 7:02AM Sunset: 7:45PM	Moon 8 - Phase 20 - 17 3rd Phase
	Routine Work	Marana Yoga					Devaloka Day	
	Until 2:59PM Then Creative Work - Siddha Yoga							
3	Friday, September 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 152	
	Tula Rasi: 2.14	Tithi 4	Gulika 8:38AM – 10:13AM Yama 4:33PM – 6:08PM 563315463 Rahu 11:48AM – 1:23PM	Chitra Until 1:25PM Brahma Until 6:08PM Vanija Until 11:38AM Chaturthi* Until 10:26PM		Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Green Bhadrapada•Avani	Sunrise: 7:03AM Sunset: 7:43PM	Moon 8 - Phase 20 - 18 3rd Phase
	Creative Work	Siddha Yoga	Ganesha Chaturthi				Devaloka Day	
4	Saturday, September 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 153	
	Tula Rasi: 16.32	Tithi 5	Gulika 7:04AM – 8:38AM Yama 2:57PM – 4:32PM 563315463 Rahu 10:13AM – 11:48AM	Svati Until 11:40AM Indra Until 3:07PM Bava Until 9:16AM Panchami Until 8:04PM		Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Green Bhadrapada•Avani	Sunrise: 7:04AM Sunset: 7:42PM	Moon 8 - Phase 20 - 19 3rd Phase
	Creative Work	Siddha Yoga					Devaloka Day	
5	Sunday, September 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 154	
	Vrischika Rasi: 0.48	Tithi 6 – 7	Gulika 4:31PM – 6:06PM Yama 1:22PM – 2:57PM 573315463 Rahu 6:06PM – 7:40PM	Vishakha Until 10:15AM Vaidhriti* Until 12:08PM Kaulava Until 6:56AM Shashthi* Until 5:47PM		Ganesha: Orange Muruga: White Nataraja: Clear Moon – Orange Bhadrapada•Avani	Sunrise: 7:04AM Sunset: 7:40PM	Moon 8 - Phase 20 - 20 3rd Phase
	Routine Work	Marana Yoga	Grandparent's Day				Sivaloka Day	
6	Monday, September 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 155	
	Vrischika Rasi: 15	Tithi 7 – 8	Gulika 2:56PM – 4:30PM Yama 11:48AM – 1:22PM 573315463 Rahu 8:39AM – 10:14AM	Anuradha Until 8:49AM Vishkambha* Until 9:14AM Visti Until 2:37AM Tue Saptami Until 3:37PM		Ganesha: Orange Muruga: White Nataraja: Clear Moon – Orange Bhadrapada•Avani	Sunrise: 7:05AM Sunset: 7:38PM	Moon 8 - Phase 20 - 21 3rd Phase
	Family Home Evening	Siddha Yoga					Sivaloka Day	
D	Tuesday, September 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 156	
	Retreat Star		Gulika 1:21PM – 2:55PM Yama 10:14AM – 11:48AM 573315463 Rahu 4:29PM – 6:03PM	Jyeshtha* Until 7:22AM Priti Until 6:29AM Balava Until 12:41AM Wed Ashtami* Until 1:36PM		Ganesha: Orange Muruga: White Nataraja: Clear Moon – Orange Bhadrapada•Avani	Sunrise: 7:06AM Sunset: 7:37PM	Moon 8 - Phase 20 - 22 Ashtami
	Vrischika Rasi: 29.06	Tithi 8 – 9					Sivaloka Day	
	Routine Work	Marana Yoga						
Until 7:22AM Then Creative Work - Amrita Yoga								
	Wednesday, September 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 157	
	Retreat Star		Gulika 11:48AM – 1:21PM Yama 8:41AM – 10:14AM 583315463 Rahu 1:21PM – 2:55PM	Mula* Until 6:22AM Saubhagya Until 1:20AM Thu Taitila Until 10:56PM Navami* Until 11:46AM		Ganesha: Green Muruga: White Nataraja: Clear Moon – Light Blue Bhadrapada•Avani	Sunrise: 7:07AM Sunset: 7:35PM	Moon 8 - Phase 20 - 23 Navami
	Dhanus Rasi: 13.07	Tithi 9 – 10					Devaloka Day	
	Routine Work	Marana Yoga						
Until 6:22AM Then Creative Work - Amrita Yoga								

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	Thursday, September 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 158 Plava 5123	
	Dhanus Rasi: 27	Tithi 10 – 11	Gulika 10:14AM – 11:48AM	Uttarashadha Until 4:29AM Fri	Ganesha: Green	Sunrise: 7:08AM		
			Yama 7:08AM – 8:41AM	Sobhana Until 11:00PM	Muruga: White	Sunset: 7:34PM	Moon 8 - Phase 21 - 24	
	584415463	Rahu	2:54PM – 4:27PM	Vanija Until 9:22PM	Nataraja: Clear		4th Phase	
Routine Work		Marana Yoga		Dashami Until 10:06AM	Moon – Light Blue		Devaloka Day	
					Bhadrapada•Avani			
2	Friday, September 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 159 Plava 5123	
	Makara Rasi: 10.46	Tithi 11 – 12	Gulika 8:42AM – 10:15AM	Shravana Until 4:05AM Sat	Ganesha: Red	Sunrise: 7:09AM		
			Yama 4:26PM – 5:59PM	Athiganda* Until 8:49PM	Muruga: White	Sunset: 7:32PM	Moon 8 - Phase 21 - 25	
	594415463	Rahu	11:48AM – 1:20PM	Bava Until 8:01PM	Nataraja: Clear		4th Phase	
Routine Work		Marana Yoga		Ekadashi Until 8:39AM	Moon – Purple		Sivaloka Day	
Until 4:05AM Sat					Bhadrapada•Puratasi			
Then Creative Work - Siddha Yoga								
3	Saturday, September 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 160 Plava 5123	
	Makara Rasi: 24.24	Tithi 12 – 13	Gulika 7:10AM – 8:42AM	Dhanishtha Until 3:50AM Sun	Ganesha: Red	Sunrise: 7:10AM		
			Yama 2:53PM – 4:25PM	Sukarma Until 6:52PM	Muruga: White	Sunset: 7:30PM	Moon 8 - Phase 21 - 26	
	594415463	Rahu	10:15AM – 11:47AM	Kaulava Until 6:56PM	Nataraja: Clear		4th Phase	
Creative Work		Siddha Yoga		Dvadashi Until 7:25AM	Moon – Purple		Sivaloka Day	
					Bhadrapada•Puratasi			
					Pradosha Vrata			
4	Sunday, September 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 161 Plava 5123	
	Kumbha Rasi: 7.52	Tithi 13 – 14	Gulika 4:24PM – 5:57PM	Shatabhishak Until 3:47AM Mon	Ganesha: Red	Sunrise: 7:11AM		
			Yama 1:20PM – 2:52PM	Dhriti Until 5:12PM	Muruga: White	Sunset: 7:29PM	Moon 8 - Phase 21 - 27	
	594415463	Rahu	5:57PM – 7:29PM	Gara Until 6:12PM	Nataraja: Clear		4th Phase	
Creative Work		Siddha Yoga		Trayodashi Until 6:30AM	Moon – Purple		Sivaloka Day	
Until 3:47AM Mon		Chidambaram Abhishekam			Bhadrapada•Puratasi			
Then Routine Work - Marana Yoga								
O	Monday, September 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 162 Plava 5123	
	Copper Retreat Star		Gulika 2:51PM – 4:23PM	Purvaproshtapada* Until 4:29AM Tue	Ganesha: Red	Sunrise: 7:11AM		
	Kumbha Rasi: 21.07	Tithi 15	Yama 11:47AM – 1:19PM	Shula* Until 3:50PM	Muruga: White	Sunset: 7:27PM	Moon 8 - Phase 21 -	
	Family Home Evening	514415463	Rahu 8:43AM – 10:15AM	Visti Until 5:53PM	Nataraja: Clear		Purnima	
Routine Work		Marana Yoga		Purnima* Until 5:53AM Tue	Moon – Clear		Sivaloka Day	
Until 4:29AM Tue					Bhadrapada•Puratasi			
Then Creative Work - Amrita Yoga								
	Tuesday, September 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Balava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 163 Plava 5123	
	Silver Retreat Star		Gulika 1:19PM – 2:51PM	Uttaraproshtapada Until 5:33AM Wed	Ganesha: Red	Sunrise: 7:12AM		
	Meena Rasi: 4.08	Tithi 16	Yama 10:16AM – 11:47AM	Ganda* Until 2:52PM	Muruga: White	Sunset: 7:26PM	Moon 8 - Phase 21 -	
	514415463	Rahu	4:22PM – 5:54PM	Balava Until 6:03PM	Nataraja: Clear		Prathama	
Creative Work		Amrita Yoga		Prathama* Until 6:20AM Wed	Moon – Clear		Sivaloka Day	
Until 5:33AM Wed					Bhadrapada•Puratasi			
Then Routine Work - Marana Yoga								

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

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Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 164

Plava 5123

Meena Rasi: 16.53 Tithi 16 – 17

Gulika

11:47AM – 1:19PM

Revati Until 7:01AM Thu

Ganesha: Red

Sunrise: 7:13AM

Yama

8:45AM – 10:16AM

Vriddhi Until 2:20PM

Muruga: White

Sunset: 7:24PM

514415463 Rahu

1:19PM – 2:50PM

Taitila Until 6:48PM

Nataraja: Clear

Moon – Clear

Moon 9 - Phase 22 -

1st Phase

Routine Work Marana Yoga

Until 7:01AM Thu

Then Creative Work - Amrita Yoga

Prathama* Until 6:20AM

Bhadrapada*Puratasi

Sivaloka Day

1

Thursday, September 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Revati/Ashvini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 165

Plava 5123

Meena Rasi: 29.23 Tithi 17 – 18

Gulika

10:16AM – 11:47AM

Revati Until 7:01AM

Ganesha: Red

Sunrise: 7:14AM

Yama

7:14AM – 8:45AM

Dhruva Until 2:14PM

Muruga: White

Sunset: 7:23PM

514415463 Rahu

2:49PM – 4:20PM

Vanija Until 8:08PM

Nataraja: Clear

Moon – Clear

Moon 9 - Phase 22 - 1

1st Phase

Creative Work Siddha Yoga

Until 7:01AM

Then Creative Work - Amrita Yoga

Dvitiya Until 7:22AM

Bhadrapada*Puratasi

Sivaloka Day

2

Friday, September 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 166

Plava 5123

Mesha Rasi: 11.37 Tithi 18 – 19

Gulika

8:46AM – 10:16AM

Ashvini Until 9:22AM

Ganesha: Green

Sunrise: 7:15AM

Yama

4:19PM – 5:50PM

Vyaghata* Until 2:35PM

Muruga: White

Sunset: 7:21PM

524415463 Rahu

11:47AM – 1:18PM

Bava Until 10:01PM

Nataraja: Clear

Moon – White

Moon 9 - Phase 22 - 2

1st Phase

Creative Work Amrita Yoga

Until 9:22AM

Then Creative Work - Siddha Yoga

Tritiya Until 8:59AM

Bhadrapada*Puratasi

Devaloka Day

3

Saturday, September 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana*/Vajra* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 167

Plava 5123

Mesha Rasi: 23.4 Tithi 19 – 20

Gulika

7:16AM – 8:46AM

Bharani Until 12:02PM

Ganesha: Green

Sunrise: 7:16AM

Yama

2:48PM – 4:18PM

Harshana Until 3:19PM

Muruga: White

Sunset: 7:19PM

524415463 Rahu

10:17AM – 11:47AM

Kaulava Until 12:21AM Sun

Nataraja: Clear

Moon – White

Moon 9 - Phase 22 - 3

1st Phase

Creative Work Siddha Yoga

Until 12:02PM

Then Creative Work - Amrita Yoga

Chaturthi* Until 11:07AM

Bhadrapada*Puratasi

Devaloka Day

4

Sunday, September 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 168

Plava 5123

Vrishabha Rasi: 5.32 Tithi 20 – 21

Gulika

4:18PM – 5:48PM

Krittika Until 2:52PM

Ganesha: Green

Sunrise: 7:17AM

Yama

1:17PM – 2:47PM

Vajra* Until 4:16PM

Muruga: White

Sunset: 7:18PM

524415463 Rahu

5:48PM – 7:18PM

Gara Until 2:57AM Mon

Nataraja: Clear

Moon – White

Moon 9 - Phase 22 - 4

1st Phase

Creative Work Siddha Yoga

Panchami Until 1:36PM

Bhadrapada*Puratasi

Devaloka Day

5

Monday, September 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 169

Plava 5123

Vrishabha Rasi: 17.2 Tithi 21 – 22

Gulika

2:47PM – 4:17PM

Rohini Until 6:11PM

Ganesha: Orange

Sunrise: 7:18AM

Yama

11:47AM – 1:17PM

Siddhi Until 5:19PM

Muruga: White

Sunset: 7:16PM

Family Home Evening

534415463 Rahu

8:47AM – 10:17AM

Visti Until 5:34AM Tue

Nataraja: Clear

Moon – Yellow

Moon 9 - Phase 22 - 5

1st Phase

Creative Work Amrita Yoga

Shashthi* Until 4:15PM

Bhadrapada*Puratasi

Sivaloka Day

6

Tuesday, September 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Mrigashira Nakshatra Vyatipata* Yoga Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 170

Plava 5123

Vrishabha Rasi: 29.08 Tithi 22

Gulika

1:17PM – 2:46PM

Mrigashira Until 9:13PM

Ganesha: White

Sunrise: 7:19AM

Yama

10:18AM – 11:47AM

Vyatipata* Until 6:19PM

Muruga: White

Sunset: 7:15PM

635415463 Rahu

4:16PM – 5:45PM

Bava Until 6:48PM

Nataraja: Clear

Moon – Yellow

Moon 9 - Phase 22 - 6

1st Phase

Creative Work Siddha Yoga

Until 9:13PM

Then Routine Work - Marana Yoga

Saptami Until 6:48PM

Bhadrapada*Puratasi

Devaloka Day

D

Wednesday, September 29, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ardra Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 171

Plava 5123

Mithuna Rasi: 11.01 Tithi 23

Gulika

11:47AM – 1:16PM

Ardra Until 11:44PM

Ganesha: White

Sunrise: 7:19AM

Yama

8:49AM – 10:18AM

Variyan Until 7:01PM

Muruga: White

Sunset: 7:13PM

Creative Work Siddha Yoga

635415463 Rahu

1:16PM – 2:45PM

Balava Until 7:59AM

Nataraja: Clear

Moon – Yellow

Moon 9 - Phase 22 - 7

Ashtami

Ashtami* Until 9:00PM

Bhadrapada*Puratasi

Devaloka Day

Thursday, September 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 172

Plava 5123

Mithuna Rasi: 23.04 Tithi 24

Gulika

10:18AM – 11:47AM

Punarvasu Until 2:01AM Fri

Ganesha: Clear

Sunrise: 7:20AM

Yama

7:20AM – 8:49AM

Parigha* Until 7:19PM

Muruga: White

Sunset: 7:12PM

Creative Work Amrita Yoga

Until 2:01AM Fri

Then Routine Work - Marana Yoga

645415463 Rahu

2:45PM – 4:14PM

Taitila Until 9:55AM

Nataraja: Clear

Moon – Blue

Moon 9 - Phase 22 - 8

Navami

Navami* Until 10:38PM

Bhadrapada*Puratasi

Sivaloka Day

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Friday, October 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 173 Plava 5123	
	Kataka Rasi: 5.23	Tithi 25	Gulika 8:50AM – 10:18AM Yama 4:13PM – 5:41PM 645415463 Rahu 11:47AM – 1:16PM	Pushya Until 3:26AM Sat Shiva Until 7:06PM Vanija Until 11:13AM Dashami Until 11:33PM		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Blue Bhadrapada•Puratasi	Sunrise: 7:21AM Sunset: 7:10PM	Moon 9 - Phase 23 - 9 2nd Phase
	Routine Work	Marana Yoga						
							Sivaloka Day	
2	Saturday, October 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 174 Plava 5123	
	Kataka Rasi: 18.02	Tithi 26	Gulika 7:22AM – 8:50AM Yama 2:44PM – 4:12PM 645415463 Rahu 10:19AM – 11:47AM	Ashlesha* Until 3:54AM Sun Siddha Until 6:14PM Bava Until 11:44AM Ekadashi* Until 11:41PM		Ganesha: Clear Muruga: White Nataraja: Clear Moon – Blue Bhadrapada•Puratasi	Sunrise: 7:22AM Sunset: 7:08PM	Moon 9 - Phase 23 - 10 2nd Phase
	Routine Work	Marana Yoga						
							Sivaloka Day	
3	Sunday, October 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 175 Plava 5123	
	Simha Rasi: 1.04	Tithi 27	Gulika 4:11PM – 5:39PM Yama 1:15PM – 2:43PM 655415463 Rahu 5:39PM – 7:07PM	Magha* Until 3:56AM Mon Sadhya Until 4:45PM Kaulava Until 11:28AM Dvadashi* Until 11:01PM		Ganesha: Purple Muruga: White Nataraja: Clear Moon – Red Bhadrapada•Puratasi	Sunrise: 7:23AM Sunset: 7:07PM	Moon 9 - Phase 23 - 11 2nd Phase
	Routine Work	Marana Yoga						
	Until 3:56AM Mon Then Creative Work - Siddha Yoga							
4	Monday, October 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 176 Plava 5123	
	Simha Rasi: 14.3	Tithi 28	Gulika 2:42PM – 4:10PM Yama 11:47AM – 1:15PM 655415463 Rahu 8:52AM – 10:19AM	Purvaphalguni Until 3:06AM Tue Subha Until 2:41PM Gara Until 10:25AM Trayodashi* Until 9:38PM		Ganesha: Purple Muruga: White Nataraja: Clear Moon – Red Bhadrapada•Puratasi	Sunrise: 7:24AM Sunset: 7:05PM	Moon 9 - Phase 23 - 12 2nd Phase
	Family Home Evening	Siddha Yoga						
	Until 3:06AM Tue Then Creative Work - Amrita Yoga		Pradosha Vrata (Fasting)					
5	Tuesday, October 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 177 Plava 5123	
	Simha Rasi: 28.21	Tithi 29	Gulika 1:14PM – 2:42PM Yama 10:20AM – 11:47AM 655415463 Rahu 4:09PM – 5:36PM	Uttaraphalguni Until 1:34AM Wed Sukla Until 12:05PM Visti Until 8:43AM Chaturdashi* Until 7:37PM		Ganesha: Purple Muruga: White Nataraja: Clear Moon – Red Bhadrapada•Puratasi	Sunrise: 7:25AM Sunset: 7:04PM	Moon 9 - Phase 23 - 13 2nd Phase
	Creative Work	Amrita Yoga						
	Until 1:34AM Wed Then Routine Work - Marana Yoga							
●	Wednesday, October 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 178 Plava 5123	
	Retreat Star		Gulika 11:47AM – 1:14PM Yama 8:53AM – 10:20AM 665415463 Rahu 1:14PM – 2:41PM	Hasta Until 11:52PM Brahma Until 9:03AM Catuspada Until 6:27AM Amavasya* Until 5:09PM		Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Green Bhadrapada•Puratasi	Sunrise: 7:26AM Sunset: 7:02PM	Moon 9 - Phase 23 - 14 Amavasya
	Kanya Rasi: 12.34	Tithi 30 – 1						
	Routine Work	Marana Yoga						
Until 11:52PM Then Creative Work - Siddha Yoga		Mahalaya Amavasai (Tamil Nadu)						
	Thursday, October 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Vaidhriti* Yoga Bava/Balava Karana Prathamam/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 179 Plava 5123	
	Retreat Star		Gulika 10:20AM – 11:47AM Yama 7:27AM – 8:53AM 665415463 Rahu 2:40PM – 4:07PM	Chitra Until 9:45PM Vaidhriti* Until 2:10AM Fri Balava Until 12:53AM Fri Prathama* Until 2:20PM		Ganesha: Light Blue Muruga: White Nataraja: Clear Moon – Green Ashvina•Puratasi	Sunrise: 7:27AM Sunset: 7:01PM	Moon 9 - Phase 23 - 15 Prathama
	Kanya Rasi: 27.03	Tithi 1 – 2						
	Creative Work	Siddha Yoga						
Until 9:45PM Then Creative Work - Amrita Yoga		Navaratri Begins						

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Friday, October 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 180	
	Tula Rasi: 11.43	Tithi 2 – 3	Gulika 8:54AM – 10:21AM	Svati Until 7:22PM	Ganesha: Orange	Sunrise: 7:28AM	Plava 5123	
			Yama 4:06PM – 5:33PM	Vishkambha* Until 10:33PM	Muruga: White	Sunset: 6:59PM	Moon 9 - Phase 24 - 16	
	666415464 Rahu		11:47AM – 1:13PM	Taitila Until 9:52PM	Nataraja: Purple		3rd Phase	
Creative Work Siddha Yoga				Dvitiya Until 11:21AM	Moon – Green		Subha Sivaloka Day	
					Ashvina•Puratasi			
2	Saturday, October 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 181	
	Tula Rasi: 26.26	Tithi 3 – 4	Gulika 7:29AM – 8:55AM	Vishakha Until 5:16PM	Ganesha: Clear	Sunrise: 7:29AM	Plava 5123	
			Yama 2:39PM – 4:05PM	Priti Until 6:58PM	Muruga: White	Sunset: 6:58PM	Moon 9 - Phase 24 - 17	
	676415464 Rahu		10:21AM – 11:47AM	Vanija Until 6:52PM	Nataraja: Purple		3rd Phase	
Creative Work Siddha Yoga				Tritiya Until 8:20AM	Moon – Orange		Subha Sivaloka Day	
					Ashvina•Puratasi			
3	Sunday, October 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 182	
	Vrischika Rasi: 11.05	Tithi 5	Gulika 4:05PM – 5:30PM	Anuradha Until 3:11PM	Ganesha: Clear	Sunrise: 7:30AM	Plava 5123	
			Yama 1:13PM – 2:39PM	Ayushman Until 3:29PM	Muruga: White	Sunset: 6:56PM	Moon 9 - Phase 24 - 18	
	676415464 Rahu		5:30PM – 6:56PM	Bava Until 4:02PM	Nataraja: Purple		3rd Phase	
Routine Work Marana Yoga				Panchami Until 2:41AM Mon	Moon – Orange		Subha Sivaloka Day	
					Ashvina•Puratasi			
4	Monday, October 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 183	
	Vrischika Rasi: 25.35	Tithi 6	Gulika 2:38PM – 4:04PM	Jyeshtha* Until 1:12PM	Ganesha: Purple	Sunrise: 7:30AM	Plava 5123	
	Family Home Evening		Yama 11:47AM – 1:13PM	Saubhagya Until 12:13PM	Muruga: White	Sunset: 6:55PM	Moon 9 - Phase 24 - 19	
	676515464 Rahu		8:56AM – 10:22AM	Kaulava Until 1:27PM	Nataraja: Purple		3rd Phase	
Creative Work Siddha Yoga				Shashthi* Until 12:16AM Tue	Moon – Orange		Sivaloka Day	
					Ashvina•Puratasi			
5	Tuesday, October 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 184	
	Dhanus Rasi: 9.53	Tithi 7	Gulika 1:12PM – 2:38PM	Mula* Until 11:50AM	Ganesha: Clear	Sunrise: 7:31AM	Plava 5123	
			Yama 10:22AM – 11:47AM	Sobhana Until 9:14AM	Muruga: White	Sunset: 6:53PM	Moon 9 - Phase 24 - 20	
	686515464 Rahu		4:03PM – 5:28PM	Gara Until 11:12AM	Nataraja: Purple		3rd Phase	
Creative Work Amrita Yoga				Saptami Until 10:12PM	Moon – Light Blue		Subha Sivaloka Day	
	Until 11:50AM				Ashvina•Puratasi			
Then Creative Work - Siddha Yoga								
D	Wednesday, October 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 185	
	Retreat Star		Gulika 11:47AM – 1:12PM	Purvashadha* Until 10:43AM	Ganesha: Clear	Sunrise: 7:32AM	Plava 5123	
	Dhanus Rasi: 23.55	Tithi 8	Yama 8:57AM – 10:22AM	Athiganda* Until 6:33AM	Muruga: White	Sunset: 6:52PM	Moon 9 - Phase 24 - 21	
	686515464 Rahu		1:12PM – 2:37PM	Visti Until 9:21AM	Nataraja: Purple		Ashtami	
Creative Work Amrita Yoga				Ashtami* Until 8:33PM	Moon – Light Blue		Subha Sivaloka Day	
			Durga Ashtami		Ashvina•Puratasi			
	Thursday, October 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 186	
	Retreat Star		Gulika 10:23AM – 11:47AM	Uttarashadha Until 9:52AM	Ganesha: Clear	Sunrise: 7:33AM	Plava 5123	
	Makara Rasi: 7.43	Tithi 9	Yama 7:33AM – 8:58AM	Dhriti Until 2:12AM Fri	Muruga: White	Sunset: 6:50PM	Moon 9 - Phase 24 - 22	
	686515464 Rahu		2:37PM – 4:01PM	Balava Until 7:54AM	Nataraja: Purple		Navami	
Routine Work Marana Yoga				Navami* Until 7:20PM	Moon – Light Blue		Subha Sivaloka Day	
Until 9:52AM			Saraswathi Puja (Tamil Nadu)		Ashvina•Puratasi			
Then Creative Work - Siddha Yoga								

1	Friday, October 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan	
	Makara Rasi: 21.14		Gulika	8:59AM – 10:23AM	Shravana Until 9:43AM	Ganesha: Clear	Sunrise: 7:34AM	Sun 23 Sutra 187
	Tithi 10		Yama	4:00PM – 5:25PM	Shula* Until 12:30AM Sat	Muruga: White	Sunset: 6:49PM	Plava 5123
	697515464		Rahu	11:47AM – 1:12PM	Taitila Until 6:53AM	Nataraja: Purple		Moon 9 - Phase 25 - 23
	Routine Work Marana Yoga				Dashami Until 6:31PM	Moon – Purple		4th Phase
Until 9:43AM						Subha Sivaloka Day		
Then Creative Work - Siddha Yoga						Ashvina•Puratasi		
2	Saturday, October 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan	
	Kumbha Rasi: 4.33		Gulika	7:35AM – 8:59AM	Dhanishtha Until 9:50AM	Ganesha: Clear	Sunrise: 7:35AM	Sun 24 Sutra 188
	Tithi 11		Yama	2:35PM – 4:00PM	Ganda* Until 11:09PM	Muruga: White	Sunset: 6:48PM	Plava 5123
	697515464		Rahu	10:23AM – 11:47AM	Vanija Until 6:18AM	Nataraja: Purple		Moon 9 - Phase 25 - 24
	Creative Work Siddha Yoga				Vanija Until 6:18AM	Moon – Purple		4th Phase
Until 9:50AM					Ekadashi Until 6:08PM	Subha Sivaloka Day		
Then Creative Work - Amrita Yoga			Kadaitswami Mahasamadhi			Ashvina•Puratasi		
3	Sunday, October 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Vridhi Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan	
	Kumbha Rasi: 17.38		Gulika	3:59PM – 5:22PM	Shatabhishak Until 10:13AM	Ganesha: Clear	Sunrise: 7:36AM	Sun 25 Sutra 189
	Tithi 12		Yama	1:11PM – 2:35PM	Vridhi Until 10:08PM	Muruga: White	Sunset: 6:46PM	Plava 5123
	697515464		Rahu	5:22PM – 6:46PM	Bava Until 6:07AM	Nataraja: Purple		Moon 9 - Phase 25 - 25
	Creative Work Siddha Yoga				Dvadashi Until 6:10PM	Moon – Purple		4th Phase
Until 11:18AM						Subha Sivaloka Day		
Then Creative Work - Siddha Yoga						Ashvina•Aipasi		
4	Monday, October 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosarthapada*Uttaraprosarthapada Nakshatra Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan	
	Meena Rasi: 0.3		Gulika	2:34PM – 3:58PM	Purvaprosarthapada* Until 11:18AM	Ganesha: Yellow	Sunrise: 7:37AM	Sun 26 Sutra 190
	Tithi 13		Yama	11:48AM – 1:11PM	Dhruva Until 9:26PM	Muruga: White	Sunset: 6:45PM	Plava 5123
	Family Home Evening		617515464	Rahu	9:01AM – 10:24AM	Nataraja: Purple		Moon 9 - Phase 25 - 26
	Routine Work Marana Yoga				Kaulava Until 6:22AM	Moon – Clear		4th Phase
Until 11:18AM					Trayodashi Until 6:38PM	Subha Sivaloka Day		
Then Creative Work - Siddha Yoga					Pradosha Vrata	Ashvina•Aipasi		
5	Tuesday, October 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan	
	Meena Rasi: 13.1		Gulika	1:11PM – 2:34PM	Uttaraprosarthapada Until 12:41PM	Ganesha: Yellow	Sunrise: 7:38AM	Sun 27 Sutra 191
	Tithi 14		Yama	10:25AM – 11:48AM	Vyaghata* Until 9:05PM	Muruga: White	Sunset: 6:43PM	Plava 5123
	617515464		Rahu	3:57PM – 5:20PM	Gara Until 7:03AM	Nataraja: Purple		Moon 9 - Phase 25 - 27
	Creative Work Amrita Yoga				Chaturdashi* Until 7:33PM	Moon – Clear		4th Phase
Until 12:41PM						Subha Sivaloka Day		
Then Creative Work - Siddha Yoga						Ashvina•Aipasi		
○	Wednesday, October 20, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan	
	Copper Retreat Star		Gulika	11:48AM – 1:11PM	Revati Until 2:20PM	Ganesha: Yellow	Sunrise: 7:39AM	Sutra 192
	Meena Rasi: 25.37		Yama	9:02AM – 10:25AM	Harshana Until 9:07PM	Muruga: White	Sunset: 6:42PM	Plava 5123
	Tithi 15		617515464	Rahu	1:11PM – 2:34PM	Nataraja: Purple		Moon 9 - Phase 25 - Purnima
	Routine Work Marana Yoga				Visti Until 8:12AM	Moon – Clear		
Until 11:18AM					Purnima* Until 8:56PM	Subha Sivaloka Day		
Then Creative Work - Siddha Yoga						Ashvina•Aipasi		
	Thursday, October 21, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan	
	Silver Retreat Star		Gulika	10:25AM – 11:48AM	Ashvini Until 4:45PM	Ganesha: White	Sunrise: 7:40AM	Sutra 193
	Mesha Rasi: 7.53		Yama	7:40AM – 9:03AM	Vajra* Until 9:27PM	Muruga: White	Sunset: 6:41PM	Plava 5123
	Tithi 16		627515464	Rahu	2:33PM – 3:56PM	Nataraja: Purple		Moon 9 - Phase 25 - Prathama
	Creative Work Amrita Yoga				Balava Until 9:49AM	Moon – White		
Until 4:45PM					Prathama* Until 10:46PM	Subha Sivaloka Day		
Then Creative Work - Siddha Yoga						Ashvina•Aipasi		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Friday, October 22, 2021 Gold Retreat Star

Mesha Rasi: 19.58		Tithi 17		628515464		Gulika	9:04AM – 10:26AM	Bharani Until 7:25PM	Ganesha: Clear	Sunrise: 7:41AM	Dushanbe, Tajikistan	
						Yama	3:55PM – 5:17PM	Siddhi Until 10:07PM	Muruga: White	Sunset: 6:39PM	Sun 1 Sutra 194	
Creative Work		Siddha Yoga				Rahu	11:48AM – 1:10PM	Taitila Until 11:52AM	Nataraja: Purple		Moon 10 - Phase 26 - 1	
								Dvitiya Until 1:01AM Sat	Moon – White		1st Phase	
									Ashvina•Aipasi		Subha Sivaloka Day	

1

Saturday, October 23, 2021

Vrishabha Rasi: 1.55		Tithi 18		628515464		Gulika	7:42AM – 9:04AM	Krittika Until 10:13PM	Ganesha: Clear	Sunrise: 7:42AM	Dushanbe, Tajikistan	
						Yama	2:32PM – 3:54PM	Vyatipata* Until 11:02PM	Muruga: White	Sunset: 6:38PM	Sun 2 Sutra 195	
Creative Work		Amrita Yoga				Rahu	10:26AM – 11:48AM	Vanija Until 2:17PM	Nataraja: Purple		Moon 10 - Phase 26 - 2	
								Tritiya Until 3:34AM Sun	Moon – White		1st Phase	
									Ashvina•Aipasi		Subha Sivaloka Day	

2

Sunday, October 24, 2021

Vrishabha Rasi: 13.44		Tithi 19		638515464		Gulika	3:53PM – 5:15PM	Rohini Until 1:32AM Mon	Ganesha: Purple	Sunrise: 7:43AM	Dushanbe, Tajikistan	
						Yama	1:10PM – 2:32PM	Variyan Until 12:03AM Mon	Muruga: White	Sunset: 6:37PM	Sun 3 Sutra 196	
Creative Work		Siddha Yoga				Rahu	5:15PM – 6:37PM	Bava Until 4:56PM	Nataraja: Purple		Moon 10 - Phase 26 - 3	
Until 1:32AM Mon								Chaturthi* Until 6:16AM Mon	Moon – Yellow		1st Phase	
Then Creative Work - Amrita Yoga									Ashvina•Aipasi		Sivaloka Day	

3

Monday, October 25, 2021

Vrishabha Rasi: 25.31		Tithi 19 – 20		638515464		Gulika	2:31PM – 3:53PM	Mrigashira Until 4:41AM Tue	Ganesha: Purple	Sunrise: 7:44AM	Dushanbe, Tajikistan	
Family Home Evening						Yama	11:49AM – 1:10PM	Parigha* Until 1:05AM Tue	Muruga: White	Sunset: 6:36PM	Sun 4 Sutra 197	
Creative Work		Amrita Yoga				Rahu	9:06AM – 10:27AM	Kaulava Until 7:39PM	Nataraja: Purple		Moon 10 - Phase 26 - 4	
Until 4:41AM Tue								Chaturthi* Until 6:16AM	Moon – Yellow		1st Phase	
Then Routine Work - Marana Yoga									Ashvina•Aipasi		Sivaloka Day	

4

Tuesday, October 26, 2021

Mithuna Rasi: 7.18		Tithi 20 – 21		638515464		Gulika	1:10PM – 2:31PM	Ardra Until 7:28AM Wed	Ganesha: Purple	Sunrise: 7:45AM	Dushanbe, Tajikistan	
						Yama	10:28AM – 11:49AM	Shiva Until 2:01AM Wed	Muruga: White	Sunset: 6:34PM	Sun 5 Sutra 198	
Routine Work		Marana Yoga				Rahu	3:52PM – 5:13PM	Gara Until 10:13PM	Nataraja: Purple		Moon 10 - Phase 26 - 5	
Until 7:28AM Wed								Panchami Until 8:57AM	Moon – Yellow		1st Phase	
Then Creative Work - Siddha Yoga									Ashvina•Aipasi		Sivaloka Day	

5

Wednesday, October 27, 2021

Mithuna Rasi: 19.1		Tithi 21 – 22		638515464		Gulika	11:49AM – 1:10PM	Ardra Until 7:28AM	Ganesha: Purple	Sunrise: 7:46AM	Dushanbe, Tajikistan	
						Yama	9:07AM – 10:28AM	Siddha Until 2:37AM Thu	Muruga: White	Sunset: 6:33PM	Sun 6 Sutra 199	
Creative Work		Siddha Yoga				Rahu	1:10PM – 2:31PM	Visti Until 12:27AM Thu	Nataraja: Purple		Moon 10 - Phase 26 - 6	
								Shashthi* Until 11:22AM	Moon – Yellow		1st Phase	
									Ashvina•Aipasi		Sivaloka Day	

D

Thursday, October 28, 2021 Retreat Star

Kataka Rasi: 1.12		Tithi 22 – 23		649525464		Gulika	10:29AM – 11:49AM	Punarvasu Until 10:11AM	Ganesha: White	Sunrise: 7:47AM	Dushanbe, Tajikistan	
						Yama	7:47AM – 9:08AM	Sadhya Until 2:48AM Fri	Muruga: Clear	Sunset: 6:32PM	Sun 7 Sutra 200	
Creative Work		Amrita Yoga				Rahu	2:30PM – 3:51PM	Balava Until 2:07AM Fri	Nataraja: Purple		Moon 10 - Phase 26 - 7	
								Saptami Until 1:21PM	Moon – Blue		Ashtami	
									Ashvina•Aipasi		Subha Sivaloka Day	

Friday, October 29, 2021

Retreat Star

Kataka Rasi: 13.28		Tithi 23 – 24		649525464		Gulika	9:09AM – 10:29AM	Pushya Until 12:08PM	Ganesha: White	Sunrise: 7:49AM	Dushanbe, Tajikistan	
						Yama	3:50PM – 5:10PM	Subha Until 2:27AM Sat	Muruga: Clear	Sunset: 6:31PM	Sun 8 Sutra 201	
Routine Work		Marana Yoga				Rahu	11:49AM – 1:10PM	Taitila Until 3:05AM Sat	Nataraja: Purple		Moon 10 - Phase 26 - 8	
								Ashtami* Until 2:41PM	Moon – Blue		Navami	
									Ashvina•Aipasi		Subha Sivaloka Day	

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Saturday, October 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 202 Plava 5123	
	Kataka Rasi: 26.04	Tithi 24 – 25	Gulika 7:50AM – 9:10AM	Ashlesha* Until 1:12PM	Ganesha: White	Sunrise: 7:50AM		
			Yama 2:30PM – 3:49PM	Sukla Until 1:28AM Sun	Muruga: Clear	Sunset: 6:29PM	Moon 10 - Phase 27 - 9	
		649525464	Rahu 10:30AM – 11:50AM	Vanija Until 3:14AM Sun	Nataraja: Purple		2nd Phase	
	Routine Work	Marana Yoga		Navami* Until 3:15PM	Moon – Blue		Subha Sivaloka Day	
		Until 1:12PM			Ashvina•Aipasi			
		Then Creative Work - Amrita Yoga						
2	Sunday, October 31, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 203 Plava 5123	
	Simha Rasi: 9.02	Tithi 25 – 26	Gulika 3:49PM – 5:09PM	Magha* Until 1:46PM	Ganesha: Yellow	Sunrise: 7:51AM		
			Yama 1:09PM – 2:29PM	Brahma Until 11:49PM	Muruga: Clear	Sunset: 6:28PM	Moon 10 - Phase 27 - 10	
		659525464	Rahu 5:09PM – 6:28PM	Bava Until 2:33AM Mon	Nataraja: Purple		2nd Phase	
	Routine Work	Marana Yoga		Dashami Until 2:59PM	Moon – Red		Sivaloka Day	
		Until 1:46PM			Ashvina•Aipasi			
		Then Creative Work - Siddha Yoga						
3	Monday, November 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 204 Plava 5123	
	Simha Rasi: 22.26	Tithi 26 – 27	Gulika 2:29PM – 3:48PM	Purvaphalguni Until 1:23PM	Ganesha: Yellow	Sunrise: 7:52AM		
	Family Home Evening		Yama 11:50AM – 1:09PM	Indra Until 9:34PM	Muruga: Clear	Sunset: 6:27PM	Moon 10 - Phase 27 - 11	
		659525464	Rahu 9:11AM – 10:31AM	Kaulava Until 1:05AM Tue	Nataraja: Purple		2nd Phase	
	Creative Work	Siddha Yoga		Ekadashi* Until 1:54PM	Moon – Red		Sivaloka Day	
					Ashvina•Aipasi			
4	Tuesday, November 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 205 Plava 5123	
	Kanya Rasi: 6.18	Tithi 27 – 28	Gulika 1:09PM – 2:29PM	Uttaraphalguni Until 12:07PM	Ganesha: Yellow	Sunrise: 7:53AM		
			Yama 10:31AM – 11:50AM	Vaidhriti* Until 6:43PM	Muruga: Clear	Sunset: 6:26PM	Moon 10 - Phase 27 - 12	
		659525464	Rahu 3:48PM – 5:07PM	Gara Until 10:55PM	Nataraja: Purple		2nd Phase	
	Creative Work	Amrita Yoga		Dvadashi* Until 12:03PM	Moon – Red		Sivaloka Day	
		Until 12:07PM			Ashvina•Aipasi			
		Then Creative Work - Siddha Yoga		Pradosha Vrata (Fasting)				
5	Wednesday, November 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 206 Plava 5123	
	Kanya Rasi: 20.36	Tithi 28 – 29	Gulika 11:51AM – 1:09PM	Hasta Until 10:30AM	Ganesha: Red	Sunrise: 7:54AM		
			Yama 9:13AM – 10:32AM	Vishkambha* Until 3:23PM	Muruga: Clear	Sunset: 6:25PM	Moon 10 - Phase 27 - 13	
		669525464	Rahu 1:09PM – 2:28PM	Visti Until 8:11PM	Nataraja: Purple		2nd Phase	
	Routine Work	Marana Yoga		Trayodashi* Until 9:35AM	Moon – Green		Sivaloka Day	
		Until 10:30AM	Subramuniyaswami Mahasamadhi		Ashvina•Aipasi			
		Then Creative Work - Siddha Yoga	Deepavali Hindu Solidarity Day					
	Thursday, November 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 207 Plava 5123	
	Retreat Star		Gulika 10:32AM – 11:51AM	Chitra Until 8:15AM	Ganesha: Red	Sunrise: 7:55AM		
	Tula Rasi: 5.16	Tithi 29 – 30	Yama 7:55AM – 9:14AM	Priti Until 11:42AM	Muruga: Clear	Sunset: 6:24PM	Moon 10 - Phase 27 - 14	
		669525464	Rahu 2:28PM – 3:47PM	Naga Until 3:19AM Fri	Nataraja: Purple		Amavasya	
	Creative Work	Siddha Yoga		Chaturdashi* Until 6:37AM	Moon – Green		Sivaloka Day	
		Until 8:15AM			Ashvina•Aipasi			
		Then Creative Work - Amrita Yoga						
	Friday, November 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 208 Plava 5123	
	Retreat Star		Gulika 9:14AM – 10:33AM	Vishakha Until 2:56AM Sat	Ganesha: Blue	Sunrise: 7:56AM		
	Tula Rasi: 20.11	Tithi 1	Yama 3:46PM – 5:05PM	Ayushman Until 7:44AM	Muruga: Clear	Sunset: 6:23PM	Moon 10 - Phase 27 - 15	
		671625464	Rahu 11:51AM – 1:09PM	Kintughna Until 1:36PM	Nataraja: Purple		Prathama	
	Creative Work	Siddha Yoga		Prathama* Until 11:49PM	Moon – Orange		Devaloka Day	
			Skanda Shasthi Begins		Karttika•Aipasi			

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Saturday, November 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 209 Plava 5123	
	Vrischika Rasi: 5.15	Tithi 2	Gulika 7:57AM – 9:15AM Yama 2:28PM – 3:46PM 771625464 Rahu 10:33AM – 11:51AM	Anuradha Until 12:11AM Sun Sobhana Until 11:36PM Balava Until 10:04AM Dvitiya Until 8:18PM		Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Orange Karttika•Aipasi	Sunrise: 7:57AM Sunset: 6:22PM	Moon 10 - Phase 28 - 16 3rd Phase
	Creative Work	Siddha Yoga						
	Until 12:11AM Sun							
	Then Routine Work - Marana Yoga							
2	Sunday, November 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Athiganda* Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 210 Plava 5123	
	Vrischika Rasi: 20.17	Tithi 3 – 4	Gulika 3:45PM – 5:03PM Yama 1:10PM – 2:27PM 771625464 Rahu 5:03PM – 6:21PM	Jyeshtha* Until 9:27PM Athiganda* Until 7:38PM Taitila Until 6:36AM Tritiya Until 4:55PM		Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Orange Karttika•Aipasi	Sunrise: 7:58AM Sunset: 6:21PM	Moon 10 - Phase 28 - 17 3rd Phase
	Routine Work	Marana Yoga						
	Until 9:27PM							
	Then Creative Work - Amrita Yoga							
3	Monday, November 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 211 Plava 5123	
	Dhanus Rasi: 5.11	Tithi 4 – 5	Gulika 2:27PM – 3:45PM Yama 11:52AM – 1:10PM 781625464 Rahu 9:17AM – 10:34AM	Mula* Until 7:18PM Sukarma Until 3:55PM Bava Until 12:23AM Tue Chaturthi* Until 1:47PM		Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Light Blue Karttika•Aipasi	Sunrise: 7:59AM Sunset: 6:20PM	Moon 10 - Phase 28 - 18 3rd Phase
	Creative Work	Siddha Yoga						
	Until 7:18PM							
	Then Routine Work - Marana Yoga							
4	Tuesday, November 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 212 Plava 5123	
	Dhanus Rasi: 19.48	Tithi 5 – 6	Gulika 1:10PM – 2:27PM Yama 10:35AM – 11:52AM 781625464 Rahu 3:44PM – 5:02PM	Purvashadha* Until 5:26PM Dhriti Until 12:33PM Kaulava Until 9:55PM Panchami Until 11:04AM		Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Light Blue Karttika•Aipasi	Sunrise: 8:00AM Sunset: 6:19PM	Moon 10 - Phase 28 - 19 3rd Phase
	Creative Work	Siddha Yoga						
	Until 5:26PM							
	Then Routine Work - Prabalarishta Yoga							
5	Wednesday, November 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 213 Plava 5123	
	Makara Rasi: 4.05	Tithi 6 – 7	Gulika 11:53AM – 1:10PM Yama 9:18AM – 10:36AM 781625464 Rahu 1:10PM – 2:27PM	Uttarashadha Until 3:58PM Shula* Until 9:35AM Gara Until 8:00PM Shashthi* Until 8:52AM		Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Light Blue Karttika•Aipasi	Sunrise: 8:01AM Sunset: 6:18PM	Moon 10 - Phase 28 - 20 3rd Phase
	Creative Work	Amrita Yoga						
	Until 3:58PM							
	Then Creative Work - Siddha Yoga							
D	Thursday, November 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 214 Plava 5123	
	Retreat Star		Gulika 10:36AM – 11:53AM Yama 8:02AM – 9:19AM 791625464 Rahu 2:27PM – 3:44PM	Shravana Until 3:23PM Ganda* Until 7:06AM Visti Until 6:42PM Saptami Until 7:15AM		Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Purple Karttika•Aipasi	Sunrise: 8:02AM Sunset: 6:17PM	Moon 10 - Phase 28 - 21 Ashtami
	Makara Rasi: 17.59	Tithi 7 – 8						
	Creative Work	Siddha Yoga						
	Friday, November 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 215 Plava 5123	
	Retreat Star		Gulika 9:20AM – 10:37AM Yama 3:43PM – 5:00PM 791625464 Rahu 11:53AM – 1:10PM	Dhanishtha Until 3:18PM Dhruva Until 3:40AM Sat Balava Until 6:04PM Ashtami* Until 6:17AM		Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Purple Karttika•Aipasi	Sunrise: 8:04AM Sunset: 6:16PM	Moon 10 - Phase 28 - 22 Navami
	Kumbha Rasi: 1.31	Tithi 8 – 9						
	Creative Work	Siddha Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Saturday, November 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Taitila Karana Dashamyam Titau				Dushanbe, Tajikistan		
	Kumbha Rasi: 14.41	Tithi 10	Gulika	8:05AM – 9:21AM	Shatabhishak Until 3:41PM	Ganesha: Yellow	Sunrise: 8:05AM	Sun 23	Sutra 216
			Yama	2:26PM – 3:43PM	Vyaghata* Until 2:42AM Sun	Muruga: Clear	Sunset: 6:16PM		Plava 5123
			791625464 Rahu	10:37AM – 11:54AM	Taitila Until 6:04PM	Nataraja: Purple		Moon 10 - Phase 29 - 23	4th Phase
	Creative Work	Amrita Yoga			Dashami Until 6:16AM Sun	Moon – Purple		Sivaloka Day	
Until 3:41PM					Karttika•Aipasi				
Then Routine Work - Marana Yoga									
2	Sunday, November 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan		
	Kumbha Rasi: 27.32	Tithi 10 – 11	Gulika	3:42PM – 4:59PM	Purvaproshtapada* Until 4:58PM	Ganesha: Clear	Sunrise: 8:06AM	Sun 24	Sutra 217
			Yama	1:10PM – 2:26PM	Harshana Until 2:11AM Mon	Muruga: Clear	Sunset: 6:15PM		Plava 5123
			711625464 Rahu	4:59PM – 6:15PM	Vanija Until 6:40PM	Nataraja: Purple		Moon 10 - Phase 29 - 24	4th Phase
	Creative Work	Siddha Yoga			Dashami Until 6:16AM	Moon – Clear		Sivaloka Day	
Until 4:58PM					Karttika•Aipasi				
Then Creative Work - Amrita Yoga									
3	Monday, November 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan		
	Meena Rasi: 10.08	Tithi 11 – 12	Gulika	2:26PM – 3:42PM	Uttaraproshtapada Until 6:37PM	Ganesha: White	Sunrise: 8:07AM	Sun 25	Sutra 218
	Family Home Evening		Yama	11:55AM – 1:10PM	Vajra* Until 2:02AM Tue	Muruga: Clear	Sunset: 6:14PM		Plava 5123
			712625464 Rahu	9:23AM – 10:39AM	Bava Until 7:48PM	Nataraja: Purple		Moon 10 - Phase 29 - 25	4th Phase
	Creative Work	Siddha Yoga			Ekadashi Until 7:09AM	Moon – Clear		Subha Sivaloka Day	
					Karttika•Aipasi				
4	Tuesday, November 16, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan		
	Meena Rasi: 22.3	Tithi 12 – 13	Gulika	1:11PM – 2:26PM	Revati Until 8:33PM	Ganesha: White	Sunrise: 8:08AM	Sun 26	Sutra 219
			Yama	10:39AM – 11:55AM	Siddhi Until 2:14AM Wed	Muruga: Clear	Sunset: 6:13PM		Plava 5123
			712625464 Rahu	3:42PM – 4:58PM	Kaulava Until 9:24PM	Nataraja: Purple		Moon 10 - Phase 29 - 26	4th Phase
	Creative Work	Siddha Yoga			Dvadashi Until 8:32AM	Moon – Clear		Subha Sivaloka Day	
					Karttika•Kartikai				
					Pradosha Vrata				
5	Wednesday, November 17, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan		
	Mesha Rasi: 4.41	Tithi 13 – 14	Gulika	11:55AM – 1:11PM	Ashvini Until 11:12PM	Ganesha: Clear	Sunrise: 8:09AM	Sun 27	Sutra 220
			Yama	9:24AM – 10:40AM	Vyatipata* Until 2:44AM Thu	Muruga: Clear	Sunset: 6:13PM		Plava 5123
			722625465 Rahu	1:11PM – 2:26PM	Gara Until 11:25PM	Nataraja: Clear		Moon 10 - Phase 29 - 27	4th Phase
	Routine Work	Marana Yoga			Trayodashi Until 10:21AM	Moon – White		Devaloka Day	
Until 11:12PM					Karttika•Kartikai				
Then Creative Work - Siddha Yoga									
O	Thursday, November 18, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan		
	Copper Retreat Star		Gulika	10:41AM – 11:56AM	Bharani Until 1:59AM Fri	Ganesha: Clear	Sunrise: 8:10AM		Sutra 221
	Mesha Rasi: 16.43	Tithi 14 – 15	Yama	8:10AM – 9:25AM	Variyan Until 3:27AM Fri	Muruga: Clear	Sunset: 6:12PM		Plava 5123
			722625465 Rahu	2:26PM – 3:41PM	Visti Until 1:45AM Fri	Nataraja: Clear		Moon 10 - Phase 29 - Purnima	
	Creative Work	Siddha Yoga			Chaturdashi* Until 12:31PM	Moon – White		Devaloka Day	
					Karttika•Kartikai				
	Friday, November 19, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Kritika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan		
	Silver Retreat Star		Gulika	9:26AM – 10:41AM	Krittika Until 4:49AM Sat	Ganesha: Clear	Sunrise: 8:11AM		Sutra 222
	Mesha Rasi: 28.38	Tithi 15 – 16	Yama	3:41PM – 4:56PM	Parigha* Until 4:20AM Sat	Muruga: Clear	Sunset: 6:11PM		Plava 5123
			722625465 Rahu	11:56AM – 1:11PM	Balava Until 4:18AM Sat	Nataraja: Clear		Moon 10 - Phase 29 - Prathama	
	Creative Work	Siddha Yoga			Purnima* Until 2:59PM	Moon – White		Devaloka Day	
Until 4:49AM Sat			Krittika Deepam		Karttika•Kartikai				
Then Creative Work - Amrita Yoga			Vinayaga Viratam Begins						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 20, 2021
Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan
Sutra 223
Plava 5123

Vrishabha Rasi: 10.29 Tithi 16 – 17

Gulika 8:12AM – 9:27AM
Yama 2:26PM – 3:41PM
732625465 Rahu 10:42AM – 11:57AM

Rohini Until 8:07AM Sun
Shiva Until 5:20AM Sun
Taitila Until 7:00AM Sun
Prathama* Until 5:37PM

Ganesha: Purple Sunrise: 8:12AM
Muruga: Clear Sunset: 6:11PM
Nataraja: Clear
Moon – Yellow
Karttika•Karttikai

Moon 11 - Phase 30 - 1st Phase

Creative Work Amrita Yoga
Until 8:07AM Sun
Then Creative Work - Siddha Yoga

1 Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 224
Plava 5123

Vrishabha Rasi: 22.17 Tithi 17

Gulika 3:41PM – 4:55PM
Yama 1:12PM – 2:26PM
732625465 Rahu 4:55PM – 6:10PM

Rohini Until 8:07AM
Siddha Until 6:19AM Mon
Taitila Until 7:00AM
Dvitiya Until 8:20PM

Ganesha: Purple Sunrise: 8:13AM
Muruga: Clear Sunset: 6:10PM
Nataraja: Clear
Moon – Yellow
Karttika•Karttikai

Moon 11 - Phase 30 - 1st Phase

Creative Work Siddha Yoga

2 Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 225
Plava 5123

Mithuna Rasi: 4.05 Tithi 18

Family Home Evening 732625465 Rahu 9:29AM – 10:43AM

Gulika 2:26PM – 3:41PM
Yama 11:58AM – 1:12PM
Rahu 9:29AM – 10:43AM

Mrigashira Until 11:14AM
Siddha Until 6:19AM
Vanija Until 9:42AM
Tritiya Until 11:00PM

Ganesha: Purple Sunrise: 8:14AM
Muruga: Clear Sunset: 6:09PM
Nataraja: Clear
Moon – Yellow
Karttika•Karttikai

Moon 11 - Phase 30 - 2 1st Phase

Creative Work Amrita Yoga
Until 11:14AM
Then Creative Work - Siddha Yoga

3 Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 226
Plava 5123

Mithuna Rasi: 15.55 Tithi 19

Routine Work Marana Yoga
Until 2:04PM
Then Creative Work - Siddha Yoga

Gulika 1:12PM – 2:26PM
Yama 10:44AM – 11:58AM
732625465 Rahu 3:41PM – 4:55PM

Ardra Until 2:04PM
Sadhya Until 7:14AM
Bava Until 12:17PM
Chaturthi* Until 1:28AM Wed

Ganesha: Purple Sunrise: 8:15AM
Muruga: Clear Sunset: 6:09PM
Nataraja: Clear
Moon – Yellow
Karttika•Karttikai

Moon 11 - Phase 30 - 3 1st Phase

4 Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 227
Plava 5123

Mithuna Rasi: 27.49 Tithi 20

Creative Work Siddha Yoga

Gulika 11:58AM – 1:12PM
Yama 9:30AM – 10:44AM
742625465 Rahu 1:12PM – 2:26PM

Punarvasu Until 4:59PM
Subha Until 7:59AM
Kaulava Until 2:36PM
Panchami Until 3:36AM Thu

Ganesha: Clear Sunrise: 8:16AM
Muruga: Clear Sunset: 6:08PM
Nataraja: Clear
Moon – Blue
Karttika•Karttikai

Moon 11 - Phase 30 - 4 1st Phase

5 Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam
Pushya Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 228
Plava 5123

Kataka Rasi: 9.53 Tithi 21

Creative Work Amrita Yoga
Until 7:19PM
Then Creative Work - Siddha Yoga

Gulika 10:45AM – 11:59AM
Yama 8:18AM – 9:31AM
742625465 Rahu 2:27PM – 3:40PM

Pushya Until 7:19PM
Sukla Until 8:26AM
Gara Until 4:31PM
Shashthi* Until 5:15AM Fri

Ganesha: Clear Sunrise: 8:18AM
Muruga: Clear Sunset: 6:08PM
Nataraja: Clear
Moon – Blue
Karttika•Karttikai

Moon 11 - Phase 30 - 5 1st Phase

6 Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ashlesha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 229
Plava 5123

Kataka Rasi: 22.08 Tithi 22

Routine Work Marana Yoga

Gulika 9:32AM – 10:46AM
Yama 3:40PM – 4:54PM
742625465 Rahu 11:59AM – 1:13PM

Ashlesha* Until 8:57PM
Brahma Until 8:30AM
Visti Until 5:52PM
Saptami Until 6:16AM Sat

Ganesha: Clear Sunrise: 8:19AM
Muruga: Clear Sunset: 6:08PM
Nataraja: Clear
Moon – Blue
Karttika•Karttikai

Moon 11 - Phase 30 - 6 1st Phase

Retreat Star Saturday, November 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 230
Plava 5123

Simha Rasi: 4.4 Tithi 22 – 23

Creative Work Amrita Yoga
Until 10:14PM
Then Creative Work - Siddha Yoga

Gulika 8:20AM – 9:33AM
Yama 2:27PM – 3:40PM
752625465 Rahu 10:47AM – 12:00PM

Magha* Until 10:14PM
Indra Until 8:07AM
Balava Until 6:32PM
Saptami Until 6:16AM

Ganesha: White Sunrise: 8:20AM
Muruga: Clear Sunset: 6:07PM
Nataraja: Clear
Moon – Red
Karttika•Karttikai

Moon 11 - Phase 30 - 7 Ashtami

Retreat Star Sunday, November 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan
Sun 8 Sutra 231
Plava 5123

Simha Rasi: 17.31 Tithi 23 – 24

Creative Work Siddha Yoga
Until 10:37PM
Then Creative Work - Amrita Yoga

Gulika 3:40PM – 4:54PM
Yama 1:14PM – 2:27PM
752625465 Rahu 4:54PM – 6:07PM

Purvaphalguni Until 10:37PM
Vaidhriti* Until 7:07AM
Taitila Until 6:26PM
Ashtami* Until 6:34AM

Ganesha: White Sunrise: 8:21AM
Muruga: Clear Sunset: 6:07PM
Nataraja: Clear
Moon – Red
Karttika•Karttikai

Moon 11 - Phase 30 - 8 Navami

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Monday, November 29, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Priti Yoga Gara/Visti* Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 232 Plava 5123	
	Kanya Rasi: 0.47	Tithi 24 – 25	Gulika	2:27PM – 3:40PM	Uttaraphalguni Until 10:04PM	Ganesha: Clear	Sunrise: 8:22AM	
	Family Home Evening	753625465	Yama	12:01PM – 1:14PM	Priti Until 3:20AM Tue	Muruga: Clear	Sunset: 6:07PM	Moon 11 - Phase 31 - 9
	Creative Work	Siddha Yoga	Rahu	9:35AM – 10:48AM	Visti Until 4:47AM Tue	Nataraja: Clear		2nd Phase
					Navami* Until 6:04AM	Moon – Red	Devaloka Day	
						Karttika•Karttikai		
2	Tuesday, November 30, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 233 Plava 5123	
	Kanya Rasi: 14.29	Tithi 26	Gulika	1:14PM – 2:27PM	Hasta Until 9:04PM	Ganesha: Yellow	Sunrise: 8:23AM	
	763725465	Yama	10:49AM – 12:01PM	Ayushman Until 12:32AM Wed	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 31 - 10	
	Creative Work	Siddha Yoga	Rahu	3:40PM – 4:53PM	Bava Until 3:53PM	Nataraja: Clear		2nd Phase
					Ekadashi* Until 2:46AM Wed	Moon – Green	Devaloka Day	
						Karttika•Karttikai		
3	Wednesday, December 1, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 234 Plava 5123	
	Kanya Rasi: 28.38	Tithi 27	Gulika	12:02PM – 1:15PM	Chitra Until 7:17PM	Ganesha: Yellow	Sunrise: 8:24AM	
	763725465	Yama	9:36AM – 10:49AM	Saubhagya Until 9:12PM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 31 - 11	
	Creative Work	Siddha Yoga	Rahu	1:15PM – 2:28PM	Kaulava Until 1:32PM	Nataraja: Clear		2nd Phase
					Dvadashi* Until 12:07AM Thu	Moon – Green	Devaloka Day	
						Karttika•Karttikai		
4	Thursday, December 2, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 235 Plava 5123	
	Tula Rasi: 13.13	Tithi 28	Gulika	10:50AM – 12:03PM	Svati Until 4:49PM	Ganesha: Yellow	Sunrise: 8:25AM	
	763725465	Yama	8:25AM – 9:37AM	Sobhana Until 5:28PM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 31 - 12	
	Creative Work	Amrita Yoga	Rahu	2:28PM – 3:41PM	Gara Until 10:36AM	Nataraja: Clear		2nd Phase
					Trayodashi* Until 8:58PM	Moon – Green	Devaloka Day	
						Karttika•Karttikai		
					Pradosha Vrata (Fasting)			
5	Friday, December 3, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 236 Plava 5123	
	Tula Rasi: 28.08	Tithi 29 – 30	Gulika	9:38AM – 10:51AM	Vishakha Until 2:14PM	Ganesha: Red	Sunrise: 8:25AM	
	773725465	Yama	3:41PM – 4:53PM	Athiganda* Until 1:24PM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 31 - 13	
	Creative Work	Siddha Yoga	Rahu	12:03PM – 1:16PM	Visti Until 7:15AM	Nataraja: Clear		2nd Phase
					Chaturdashi* Until 5:27PM	Moon – Orange	Devaloka Day	
						Karttika•Karttikai		
	Saturday, December 4, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 237 Plava 5123	
	Retreat Star		Gulika	8:26AM – 9:39AM	Anuradha Until 11:17AM	Ganesha: Red	Sunrise: 8:26AM	
	Vrischika Rasi: 13.18	Tithi 30 – 1	Yama	2:28PM – 3:41PM	Sukarma Until 9:09AM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 31 - 14
	773725465	Rahu	10:51AM – 12:04PM	Kintughna Until 11:53PM	Nataraja: Clear		Amavasya	
					Amavasya* Until 1:44PM	Moon – Orange	Devaloka Day	
						Karttika•Karttikai		
	Sunday, December 5, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 238 Plava 5123	
	Retreat Star		Gulika	3:41PM – 4:53PM	Jyeshtha* Until 8:10AM	Ganesha: Red	Sunrise: 8:27AM	
	Vrischika Rasi: 28.32	Tithi 1 – 2	Yama	1:16PM – 2:29PM	Shula* Until 12:37AM Mon	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 31 - 15
	773725465	Rahu	4:53PM – 6:05PM	Balava Until 8:11PM	Nataraja: Clear		Prathama	
					Prathama* Until 10:00AM	Moon – Orange	Devaloka Day	
						Margasira•Karttikai		
					Routine Work Marana Yoga Until 8:10AM Then Creative Work - Amrita Yoga			

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

1	Monday, December 6, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 239	
	Dhanus Rasi: 13.41	Tithi 2 – 3	Gulika	2:29PM – 3:41PM	Purvashadha* Until 2:50AM Tue	Ganesha: Yellow	Sunrise: 8:28AM	Plava 5123
	Family Home Evening	783725465	Yama	12:05PM – 1:17PM	Ganda* Until 8:35PM	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 32 - 16
	Routine Work	Marana Yoga	Rahu	9:40AM – 10:53AM	Gara Until 3:05AM Tue	Nataraja: Clear		3rd Phase
	Until 2:50AM Tue				Dvitiya Until 6:24AM	Moon – Light Blue	Devaloka Day	
Then Routine Work - Prabalarishta Yoga								
2	Tuesday, December 7, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Chaturthayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 240	
	Dhanus Rasi: 28.36	Tithi 4	Gulika	1:17PM – 2:29PM	Uttarashadha Until 12:33AM Wed	Ganesha: Yellow	Sunrise: 8:29AM	Plava 5123
		783725465	Yama	10:53AM – 12:05PM	Vriddhi Until 4:54PM	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 32 - 17
	Routine Work	Prabalarishta Yoga	Rahu	3:41PM – 4:53PM	Vanija Until 1:36PM	Nataraja: Clear		3rd Phase
	Until 12:33AM Wed				Chaturthi* Until 12:13AM Wed	Moon – Light Blue	Devaloka Day	
Then Creative Work - Siddha Yoga								
3	Wednesday, December 8, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 241	
	Makara Rasi: 13.1	Tithi 5	Gulika	12:06PM – 1:18PM	Shravana Until 11:09PM	Ganesha: White	Sunrise: 8:30AM	Plava 5123
		793725465	Yama	9:42AM – 10:54AM	Dhruva Until 1:37PM	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 32 - 18
	Creative Work	Siddha Yoga	Rahu	1:18PM – 2:30PM	Bava Until 11:01AM	Nataraja: Clear		3rd Phase
	Until 11:09PM				Panchami Until 9:56PM	Moon – Purple	Sivaloka Day	
Then Routine Work - Prabalarishta Yoga								
4	Thursday, December 9, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Kara/Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 242	
	Makara Rasi: 27.19	Tithi 6	Gulika	10:55AM – 12:06PM	Dhanishtha Until 10:18PM	Ganesha: White	Sunrise: 8:31AM	Plava 5123
		793725465	Yama	8:31AM – 9:43AM	Vyaghata* Until 10:54AM	Muruga: Clear	Sunset: 6:05PM	Moon 11 - Phase 32 - 19
	Creative Work	Siddha Yoga	Rahu	2:30PM – 3:42PM	Kaulava Until 9:05AM	Nataraja: Clear		3rd Phase
					Shashthi* Until 8:23PM	Moon – Purple	Sivaloka Day	
Vinayaga Viratam Ends								
5	Friday, December 10, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 243	
	Kumbha Rasi: 10.59	Tithi 7	Gulika	9:43AM – 10:55AM	Shatabhishak Until 10:05PM	Ganesha: White	Sunrise: 8:32AM	Plava 5123
		793725465	Yama	3:42PM – 4:54PM	Harshana Until 8:48AM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 32 - 20
	Creative Work	Siddha Yoga	Rahu	12:07PM – 1:19PM	Gara Until 7:55AM	Nataraja: Clear		3rd Phase
					Saptami Until 7:37PM	Moon – Purple	Sivaloka Day	
Margasira*Karttikai								
D	Saturday, December 11, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 244	
	Retreat Star		Gulika	8:32AM – 9:44AM	Purvaproshtapada* Until 10:57PM	Ganesha: White	Sunrise: 8:32AM	Plava 5123
	Kumbha Rasi: 24.13	Tithi 8	Yama	2:31PM – 3:42PM	Vajra* Until 7:19AM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 32 - 21
	Routine Work	Marana Yoga	Rahu	10:56AM – 12:07PM	Visti Until 7:33AM	Nataraja: Clear		Ashtami
	Until 10:57PM				Ashtami* Until 7:40PM	Moon – Clear	Sivaloka Day	
Then Creative Work - Siddha Yoga								
	Sunday, December 12, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 245	
	Retreat Star		Gulika	3:43PM – 4:54PM	Uttaraproshtapada Until 12:26AM Mon	Ganesha: White	Sunrise: 8:33AM	Plava 5123
	Meena Rasi: 7.02	Tithi 9	Yama	1:20PM – 2:31PM	Siddhi Until 6:28AM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 32 - 22
	Creative Work	Amrita Yoga	Rahu	4:54PM – 6:06PM	Balava Until 8:01AM	Nataraja: Clear		Navami
	Until 12:26AM Mon				Navami* Until 8:30PM	Moon – Clear	Sivaloka Day	
Then Creative Work - Siddha Yoga								
Margasira*Karttikai								

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Monday, December 13, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata* Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 246	
	Meena Rasi: 19.31	Tithi 10	Gulika	2:32PM – 3:43PM	Revati Until 2:22AM Tue	Ganesha: Yellow	Sunrise: 8:34AM	Plava 5123
	Family Home Evening	714725465	Yama	12:09PM – 1:20PM	Vyatipata* Until 6:11AM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 33 - 23
	Creative Work	Siddha Yoga	Rahu	9:46AM – 10:57AM	Taitila Until 9:12AM	Nataraja: Clear		4th Phase
					Dashami Until 10:01PM	Moon – Clear	Devaloka Day	
						Margasira*Karttikai		
2	Tuesday, December 14, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 247	
	Mesha Rasi: 1.44	Tithi 11	Gulika	1:20PM – 2:32PM	Ashvini Until 5:08AM Wed	Ganesha: White	Sunrise: 8:35AM	Plava 5123
		724725465	Yama	10:58AM – 12:09PM	Variyan Until 6:22AM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 33 - 24
	Creative Work	Siddha Yoga	Rahu	3:43PM – 4:55PM	Vanija Until 11:01AM	Nataraja: Clear		4th Phase
					Ekadashi Until 12:05AM Wed	Moon – White	Bhuloka Day	
			Gita Jayanthi			Margasira*Karttikai	Devaloka Time: 3:PM to 6:PM	
3	Wednesday, December 15, 2021		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 248	
	Mesha Rasi: 13.45	Tithi 12	Gulika	12:10PM – 1:21PM	Bharani Until 8:04AM Thu	Ganesha: White	Sunrise: 8:35AM	Plava 5123
		724725465	Yama	9:47AM – 10:58AM	Parigha* Until 6:56AM	Muruga: Clear	Sunset: 6:06PM	Moon 11 - Phase 33 - 25
	Creative Work	Siddha Yoga	Rahu	1:21PM – 2:32PM	Bava Until 1:18PM	Nataraja: Clear		4th Phase
					Dvadashi Until 2:33AM Thu	Moon – White	Bhuloka Day	
						Margasira*Karttikai	Devaloka Time: 3:PM to 6:PM	
4	Thursday, December 16, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 249	
	Mesha Rasi: 25.38	Tithi 13	Gulika	10:59AM – 12:10PM	Bharani Until 8:04AM	Ganesha: Yellow	Sunrise: 8:36AM	Plava 5123
		824725465	Yama	8:36AM – 9:47AM	Shiva Until 7:46AM	Muruga: Clear	Sunset: 6:07PM	Moon 11 - Phase 33 - 26
	Creative Work	Siddha Yoga	Rahu	2:33PM – 3:44PM	Kaulava Until 3:53PM	Nataraja: Clear		4th Phase
					Trayodashi Until 5:13AM Fri	Moon – White	Devaloka Day	
			Markali Pillaiyar			Margasira*Markali		
					Pradosha Vrata			
5	Friday, December 17, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Gara Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 250	
	Vrishabha Rasi: 7.26	Tithi 14	Gulika	9:48AM – 10:59AM	Krittika Until 11:00AM	Ganesha: Yellow	Sunrise: 8:37AM	Plava 5123
		824725465	Yama	3:45PM – 4:56PM	Siddha Until 8:42AM	Muruga: Clear	Sunset: 6:07PM	Moon 11 - Phase 33 - 27
	Creative Work	Siddha Yoga	Rahu	12:11PM – 1:22PM	Gara Until 6:36PM	Nataraja: Clear		4th Phase
					Chaturdashi* Until 7:57AM Sat	Moon – White	Devaloka Day	
						Margasira*Markali		
○	Saturday, December 18, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Grigashira Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sun 28 Sutra 251	
	Copper Retreat Star		Gulika	8:37AM – 9:49AM	Rohini Until 2:19PM	Ganesha: White	Sunrise: 8:37AM	Plava 5123
	Vrishabha Rasi: 19.14	Tithi 14 – 15	Yama	2:34PM – 3:45PM	Sadhya Until 9:41AM	Muruga: Clear	Sunset: 6:07PM	Moon 11 - Phase 33 - Purnima
	Creative Work	Amrita Yoga	Rahu	11:00AM – 12:11PM	Visti Until 9:20PM	Nataraja: Clear		
					Chaturdashi* Until 7:57AM	Moon – Yellow	Bhuloka Day	
						Margasira*Markali	Devaloka Time: 3:PM to 6:PM	
	Sunday, December 19, 2021		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Grigashira/Ardra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sun 29 Sutra 252	
	Silver Retreat Star		Gulika	3:45PM – 4:57PM	Grigashira Until 5:23PM	Ganesha: White	Sunrise: 8:38AM	Plava 5123
	Mithuna Rasi: 1.02	Tithi 15 – 16	Yama	1:23PM – 2:34PM	Subha Until 10:39AM	Muruga: Clear	Sunset: 6:08PM	Moon 11 - Phase 33 - Prathama
	Creative Work	Siddha Yoga	Rahu	4:57PM – 6:08PM	Balava Until 11:56PM	Nataraja: Clear		
					Purnima* Until 10:38AM	Moon – Yellow	Bhuloka Day	
						Margasira*Markali	Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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Monday, December 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 253

Plava 5123

Mithuna Rasi: 12.54 Tithi 16 – 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 8:06PM

Then Creative Work - Amrita Yoga

Gulika 2:35PM – 3:46PM

Yama 12:12PM – 1:23PM

Rahu 9:50AM – 11:01AM

Ardra Until 8:06PM

Sukla Until 11:27AM

Taitila Until 2:21AM Tue

Prathama* Until 1:09PM

Ganesha: White

Muruga: Clear

Nataraja: Clear

Moon – Yellow

Margasira*Markali

Sunrise: 8:39AM

Sunset: 6:08PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 -

1st Phase

1

Tuesday, December 21, 2021

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 254

Plava 5123

Mithuna Rasi: 24.5 Tithi 17 – 18

844725465

Creative Work Siddha Yoga

Gulika 1:24PM – 2:35PM

Yama 11:02AM – 12:13PM

Rahu 3:46PM – 4:58PM

Punarvasu Until 10:54PM

Brahma Until 12:05PM

Vanija Until 4:28AM Wed

Dvitiya Until 3:25PM

Ganesha: Clear

Muruga: Clear

Nataraja: Clear

Moon – Blue

Margasira*Markali

Sunrise: 8:39AM

Sunset: 6:09PM

Devaloka Day

Moon 12 - Phase 34 - 1

1st Phase

2

Wednesday, December 22, 2021

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 255

Plava 5123

Kataka Rasi: 6.54 Tithi 18 – 19

844725465

Creative Work Siddha Yoga

Gulika 12:13PM – 1:24PM

Yama 9:51AM – 11:02AM

Rahu 1:24PM – 2:36PM

Pushya Until 1:13AM Thu

Indra Until 12:31PM

Bava Until 6:15AM Thu

Tritiya Until 5:23PM

Ganesha: Clear

Muruga: Clear

Nataraja: Clear

Moon – Blue

Margasira*Markali

Sunrise: 8:40AM

Sunset: 6:09PM

Devaloka Day

Moon 12 - Phase 34 - 2

1st Phase

3

Thursday, December 23, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 256

Plava 5123

Kataka Rasi: 19.05 Tithi 19

844725465

Creative Work Siddha Yoga

Until 3:01AM Fri

Then Routine Work - Marana Yoga

Gulika 11:03AM – 12:14PM

Yama 8:40AM – 9:51AM

Rahu 2:36PM – 3:47PM

Ashlesha* Until 3:01AM Fri

Vaidhriti* Until 12:39PM

Bava Until 6:15AM

Chaturthi* Until 6:58PM

Ganesha: Clear

Muruga: Clear

Nataraja: Clear

Moon – Blue

Margasira*Markali

Sunrise: 8:40AM

Sunset: 6:10PM

Devaloka Day

Moon 12 - Phase 34 - 3

1st Phase

4

Friday, December 24, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha* Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 257

Plava 5123

Simha Rasi: 1.28 Tithi 20

854725465

Routine Work Marana Yoga

Until 4:40AM Sat

Then Creative Work - Siddha Yoga

Gulika 9:52AM – 11:03AM

Yama 3:48PM – 4:59PM

Rahu 12:14PM – 1:25PM

Magha* Until 4:40AM Sat

Vishkambha* Until 12:28PM

Kaulava Until 7:37AM

Panchami Until 8:06PM

Ganesha: Purple

Muruga: Clear

Nataraja: Clear

Moon – Red

Margasira*Markali

Sunrise: 8:41AM

Sunset: 6:10PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 4

1st Phase

5

Saturday, December 25, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 258

Plava 5123

Simha Rasi: 14.02 Tithi 21

855825465

Creative Work Siddha Yoga

Until 5:37AM Sun

Then Creative Work - Amrita Yoga

Gulika 8:41AM – 9:52AM

Yama 2:37PM – 3:48PM

Rahu 11:04AM – 12:15PM

Purvaphalguni Until 5:37AM Sun

Priti Until 11:55AM

Gara Until 8:30AM

Shashthi* Until 8:43PM

Ganesha: Purple

Muruga: Clear

Nataraja: Clear

Moon – Red

Margasira*Markali

Sunrise: 8:41AM

Sunset: 6:11PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 5

1st Phase

6

Sunday, December 26, 2021

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 259

Plava 5123

Simha Rasi: 26.52 Tithi 22

855825466

Creative Work Amrita Yoga

Until 5:50AM Mon

Then Creative Work - Siddha Yoga

Gulika 3:49PM – 5:00PM

Yama 1:26PM – 2:38PM

Rahu 5:00PM – 6:12PM

Uttaraphalguni Until 5:50AM Mon

Ayushman Until 10:54AM

Visti Until 8:49AM

Saptami Until 8:43PM

Ganesha: Purple

Muruga: Clear

Nataraja: Orange

Moon – Red

Margasira*Markali

Sunrise: 8:41AM

Sunset: 6:12PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 6

1st Phase

D

Monday, December 27, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 260

Plava 5123

Kanya Rasi: 10 Tithi 23

855825466

Family Home Evening

Creative Work Siddha Yoga

Gulika 2:38PM – 3:50PM

Yama 12:16PM – 1:27PM

Rahu 9:53AM – 11:04AM

Hasta Until 5:40AM Tue

Saubhagya Until 9:24AM

Balava Until 8:30AM

Ashtami* Until 8:04PM

Ganesha: Clear

Muruga: Clear

Nataraja: Orange

Moon – Green

Margasira*Markali

Sunrise: 8:42AM

Sunset: 6:12PM

Devaloka Day

Moon 12 - Phase 34 - 7

Ashtami

Tuesday, December 28, 2021

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 261

Plava 5123

Kanya Rasi: 23.31 Tithi 24

855825466

Creative Work Siddha Yoga

Gulika 1:27PM – 2:39PM

Yama 11:05AM – 12:16PM

Rahu 3:50PM – 5:02PM

Chitra Until 4:43AM Wed

Sobhana Until 7:23AM

Taitila Until 7:30AM

Navami* Until 6:44PM

Ganesha: Clear

Muruga: Clear

Nataraja: Orange

Moon – Green

Margasira*Markali

Sunrise: 8:42AM

Sunset: 6:13PM

Devaloka Day

Moon 12 - Phase 34 - 8

Navami

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

www.gurudeva.org/panchang

1	Wednesday, December 29, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikastan Sun 9 Sutra 262	
	Tula Rasi: 7.25	Tithi 25 – 26	Gulika 12:17PM – 1:28PM	Svati Until 3:00AM Thu		Ganesha: Clear	Sunrise: 8:42AM	Plava 5123
			Yama 9:54AM – 11:05AM	Sukarma Until 1:46AM Thu		Muruga: Clear	Sunset: 6:14PM	Moon 12 - Phase 35 - 9
	865825466	Rahu	1:28PM – 2:39PM	Bava Until 3:33AM Thu		Nataraja: Orange		2nd Phase
Creative Work		Siddha Yoga		Dashami Until 4:45PM		Moon – Green		Devaloka Day
						Margasira*Markali		
2	Thursday, December 30, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikastan Sun 10 Sutra 263	
	Tula Rasi: 21.43	Tithi 26 – 27	Gulika 11:06AM – 12:17PM	Vishakha Until 1:02AM Fri		Ganesha: White	Sunrise: 8:43AM	Plava 5123
			Yama 8:43AM – 9:54AM	Dhriti Until 10:17PM		Muruga: Clear	Sunset: 6:14PM	Moon 12 - Phase 35 - 10
	875825466	Rahu	2:40PM – 3:51PM	Kaulava Until 12:44AM Fri		Nataraja: Orange		2nd Phase
Creative Work		Siddha Yoga		Ekadashi* Until 2:11PM		Moon – Orange		Bhuloka Day
						Margasira*Markali		Devaloka Time: 3:PM to 6:PM
3	Friday, December 31, 2021		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikastan Sun 11 Sutra 264	
	Vrischika Rasi: 6.23	Tithi 27 – 28	Gulika 9:54AM – 11:06AM	Anuradha Until 10:30PM		Ganesha: White	Sunrise: 8:43AM	Plava 5123
			Yama 3:52PM – 5:04PM	Shula* Until 6:25PM		Muruga: Clear	Sunset: 6:15PM	Moon 12 - Phase 35 - 11
	875825466	Rahu	12:17PM – 1:29PM	Gara Until 9:29PM		Nataraja: Orange		2nd Phase
Creative Work		Siddha Yoga		Dvadashi* Until 11:08AM		Moon – Orange		Bhuloka Day
Until 10:30PM						Margasira*Markali		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga				Pradosha Vrata (Fasting)				
4	Saturday, January 1, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikastan Sun 12 Sutra 265	
	Vrischika Rasi: 21.21	Tithi 28 – 29	Gulika 8:43AM – 9:55AM	Jyeshtha* Until 7:35PM		Ganesha: White	Sunrise: 8:43AM	Plava 5123
			Yama 2:41PM – 3:53PM	Ganda* Until 2:20PM		Muruga: Clear	Sunset: 6:16PM	Moon 12 - Phase 35 - 12
	875825466	Rahu	11:06AM – 12:18PM	Sakuni Until 4:09AM Sun		Nataraja: Orange		2nd Phase
Creative Work		Siddha Yoga		Trayodashi* Until 7:45AM		Moon – Orange		Bhuloka Day
						Margasira*Markali		Devaloka Time: 3:PM to 6:PM
	Sunday, January 2, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhii/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikastan Sun 13 Sutra 266	
	Retreat Star		Gulika 3:53PM – 5:05PM	Mula* Until 4:50PM		Ganesha: Green	Sunrise: 8:43AM	Plava 5123
	Dhanus Rasi: 6.29	Tithi 30	Yama 1:30PM – 2:42PM	Vriddhii Until 10:08AM		Muruga: Clear	Sunset: 6:17PM	Moon 12 - Phase 35 - 13
	885825466	Rahu	5:05PM – 6:17PM	Catuspada Until 2:21PM		Nataraja: Orange		Amavasya
Creative Work		Amrita Yoga		Catuspada Until 2:21PM		Moon – Light Blue		Bhuloka Day
Until 4:50PM		Hanumath Jayanthi (Tamil Nadu)		Amavasya* Until 12:32AM Mon		Margasira*Markali		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								
	Monday, January 3, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikastan Sun 14 Sutra 267	
	Retreat Star		Gulika 2:42PM – 3:54PM	Purvashadha* Until 2:01PM		Ganesha: Green	Sunrise: 8:43AM	Plava 5123
	Dhanus Rasi: 21.37	Tithi 1	Yama 12:19PM – 1:30PM	Vyaghata* Until 1:52AM Tue		Muruga: Clear	Sunset: 6:17PM	Moon 12 - Phase 35 - 14
	Family Home Evening	885825466	Rahu 9:55AM – 11:07AM	Kintughna Until 10:46AM		Nataraja: Orange		Prathama
Routine Work		Marana Yoga		Prathama* Until 9:02PM		Moon – Light Blue		Bhuloka Day
						Pausha*Markali		Devaloka Time: 3:PM to 6:PM

1	Tuesday, January 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava/Taitila Karana Dvitiya/Tritiyam Titau				Dushanbe, Tajikistan Sun 15 Sutra 268	
	Makara Rasi: 6.37 Tithi 2 – 3		Gulika 1:31PM – 2:43PM	Uttarashadha Until 11:18AM		Ganesha: Orange	Sunrise: 8:43AM	Plava 5123
	886825466 Rahu		Yama 11:07AM – 12:19PM	Harshana Until 10:06PM		Muruga: Clear	Sunset: 6:18PM	Moon 12 - Phase 36 - 15
	Routine Work Prabalarishta Yoga		3:55PM – 5:06PM	Balava Until 7:25AM		Nataraja: Orange	Devaloka Day	
	Until 11:18AM			Dvitiya Until 5:51PM		Moon – Light Blue		
Then Creative Work - Siddha Yoga						Pausha•Markali		
2	Wednesday, January 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Dushanbe, Tajikistan Sun 16 Sutra 269	
	Makara Rasi: 21.2 Tithi 3 – 4		Gulika 12:19PM – 1:31PM	Shravana Until 9:16AM		Ganesha: Clear	Sunrise: 8:44AM	Plava 5123
	896825466 Rahu		Yama 9:55AM – 11:07AM	Vajra* Until 6:44PM		Muruga: Clear	Sunset: 6:19PM	Moon 12 - Phase 36 - 16
	Creative Work Siddha Yoga		1:31PM – 2:43PM	Vanija Until 2:00AM Thu		Nataraja: Orange	Devaloka Day	
	Until 9:16AM			Tritiya Until 3:07PM		Moon – Purple		
Then Routine Work - Prabalarishta Yoga			Subramuniyaswami Jayanti			Pausha•Markali		
3	Thursday, January 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 270	
	Kumbha Rasi: 5.4 Tithi 4 – 5		Gulika 11:08AM – 12:20PM	Dhanishtha Until 7:41AM		Ganesha: Clear	Sunrise: 8:44AM	Plava 5123
	896825466 Rahu		Yama 8:44AM – 9:56AM	Siddhi Until 3:53PM		Muruga: Clear	Sunset: 6:20PM	Moon 12 - Phase 36 - 17
	Creative Work Siddha Yoga		2:44PM – 3:56PM	Bava Until 12:16AM Fri		Nataraja: Orange	Devaloka Day	
				Chaturthi* Until 1:01PM		Moon – Purple		
						Pausha•Markali		
4	Friday, January 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashtham Titau				Dushanbe, Tajikistan Sun 18 Sutra 271	
	Kumbha Rasi: 19.31 Tithi 5 – 6		Gulika 9:56AM – 11:08AM	Shatabhishak Until 6:41AM		Ganesha: Clear	Sunrise: 8:44AM	Plava 5123
	896825466 Rahu		Yama 3:57PM – 5:09PM	Vyatipata* Until 1:40PM		Muruga: Clear	Sunset: 6:21PM	Moon 12 - Phase 36 - 18
	Creative Work Siddha Yoga		12:20PM – 1:32PM	Kaulava Until 11:21PM		Nataraja: Orange	Devaloka Day	
				Panchami Until 11:41AM		Moon – Purple		
						Pausha•Markali		
5	Saturday, January 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 272	
	Meena Rasi: 2.53 Tithi 6 – 7		Gulika 8:43AM – 9:56AM	Purvaproshtapada* Until 6:48AM		Ganesha: Red	Sunrise: 8:43AM	Plava 5123
	816825466 Rahu		Yama 2:45PM – 3:57PM	Variyan Until 12:07PM		Muruga: Clear	Sunset: 6:22PM	Moon 12 - Phase 36 - 19
	Routine Work Marana Yoga		11:08AM – 12:20PM	Gara Until 11:20PM		Nataraja: Orange	Devaloka Day	
	Until 6:48AM			Shashthi* Until 11:13AM		Moon – Clear		
Then Creative Work - Siddha Yoga						Pausha•Markali		
D	Sunday, January 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 273	
	Retreat Star		Gulika 3:58PM – 5:10PM	Uttaraproshtapada Until 7:37AM		Ganesha: Red	Sunrise: 8:43AM	Plava 5123
	Meena Rasi: 15.48 Tithi 7 – 8		Yama 1:33PM – 2:46PM	Parigha* Until 11:15AM		Muruga: Clear	Sunset: 6:23PM	Moon 12 - Phase 36 - 20
	816825466 Rahu		5:10PM – 6:23PM	Visti Until 12:11AM Mon		Nataraja: Orange	Devaloka Day	
	Creative Work Amrita Yoga			Saptami Until 11:38AM		Moon – Clear		
						Pausha•Markali		
	Monday, January 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 274	
	Retreat Star		Gulika 2:46PM – 3:59PM	Revati Until 9:07AM		Ganesha: Red	Sunrise: 8:43AM	Plava 5123
	Meena Rasi: 28.19 Tithi 8 – 9		Yama 12:21PM – 1:34PM	Shiva Until 11:03AM		Muruga: Clear	Sunset: 6:24PM	Moon 12 - Phase 36 - 21
	Family Home Evening		816825466 Rahu 9:56AM – 11:08AM	Balava Until 1:49AM Tue		Nataraja: Orange	Devaloka Day	
	Creative Work Siddha Yoga			Ashtami* Until 12:54PM		Moon – Clear		
						Pausha•Markali		

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	Tuesday, January 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 275	
	Mesha Rasi: 10.3	Tithi 9 – 10	Gulika 1:34PM – 2:47PM	Ashvini Until 11:38AM	Ganesha: Red	Sunrise: 8:43AM	Plava 5123	
			Yama 11:09AM – 12:21PM	Siddha Until 11:22AM	Muruga: Clear	Sunset: 6:25PM	Moon 12 - Phase 37 - 22	
	827825466	Rahu 3:59PM – 5:12PM		Taitila Until 4:05AM Wed	Nataraja: Orange		4th Phase	
Creative Work Siddha Yoga			Navami* Until 2:52PM		Moon – White		Devaloka Day	
					Pausha•Markali			
2	Wednesday, January 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 276	
	Mesha Rasi: 22.28	Tithi 10 – 11	Gulika 12:21PM – 1:34PM	Bharani Until 2:29PM	Ganesha: Red	Sunrise: 8:43AM	Plava 5123	
			Yama 9:56AM – 11:09AM	Sadhya Until 12:05PM	Muruga: Clear	Sunset: 6:26PM	Moon 12 - Phase 37 - 23	
	827825466	Rahu 1:34PM – 2:47PM		Vanija Until 6:43AM Thu	Nataraja: Orange		4th Phase	
Creative Work Siddha Yoga			Dashami Until 5:21PM		Moon – White		Devaloka Day	
Until 2:29PM					Pausha•Markali			
Then Creative Work - Amrita Yoga								
3	Thursday, January 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 277	
	Mrishabha Rasi: 4.17	Tithi 11	Gulika 11:09AM – 12:22PM	Krittika Until 5:27PM	Ganesha: Red	Sunrise: 8:43AM	Plava 5123	
			Yama 8:43AM – 9:56AM	Subha Until 1:04PM	Muruga: Clear	Sunset: 6:27PM	Moon 12 - Phase 37 - 24	
	827825466	Rahu 2:48PM – 4:01PM		Vanija Until 6:43AM	Nataraja: Orange		4th Phase	
Routine Work Marana Yoga			Ekadashi Until 8:05PM		Moon – White		Devaloka Day	
			Vaikuntha Ekadasi		Pausha•Markali			
4	Friday, January 14, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvodashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 278	
	Mrishabha Rasi: 16.04	Tithi 12	Gulika 9:56AM – 11:09AM	Rohini Until 8:48PM	Ganesha: Blue	Sunrise: 8:42AM	Plava 5123	
			Yama 4:01PM – 5:15PM	Sukla Until 2:05PM	Muruga: Clear	Sunset: 6:28PM	Moon 12 - Phase 37 - 25	
	837825466	Rahu 12:22PM – 1:35PM		Bava Until 9:31AM	Nataraja: Orange		4th Phase	
Routine Work Marana Yoga			Dvadashi Until 10:52PM		Moon – Yellow		Bhuloka Day	
Until 8:48PM			Thai Pongal		Pausha•Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								
5	Saturday, January 15, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 279	
	Mrishabha Rasi: 27.5	Tithi 13	Gulika 8:42AM – 9:55AM	Mrigashira Until 11:52PM	Ganesha: Blue	Sunrise: 8:42AM	Plava 5123	
			Yama 2:49PM – 4:02PM	Brahma Until 3:02PM	Muruga: Clear	Sunset: 6:29PM	Moon 12 - Phase 37 - 26	
	837825466	Rahu 11:09AM – 12:22PM		Kaulava Until 12:14PM	Nataraja: Orange		4th Phase	
Creative Work Siddha Yoga			Trayodashi Until 1:30AM Sun		Moon – Yellow		Bhuloka Day	
			Pradosha Vrata		Pausha•Thai		Devaloka Time: 3:PM to 6:PM	
6	Sunday, January 16, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 280	
	Mithuna Rasi: 9.41	Tithi 14	Gulika 4:03PM – 5:16PM	Ardra Until 2:30AM Mon	Ganesha: Blue	Sunrise: 8:42AM	Plava 5123	
			Yama 1:36PM – 2:49PM	Indra Until 3:50PM	Muruga: Clear	Sunset: 6:30PM	Moon 12 - Phase 37 - 27	
	837825466	Rahu 5:16PM – 6:30PM		Gara Until 2:44PM	Nataraja: Orange		4th Phase	
Creative Work Siddha Yoga			Chaturdashi* Until 3:51AM Mon		Moon – Yellow		Bhuloka Day	
Until 2:30AM Mon					Pausha•Thai		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								
O	Monday, January 17, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 281	
	Copper Retreat Star		Gulika 2:50PM – 4:04PM	Punarvasu Until 5:06AM Tue	Ganesha: Yellow	Sunrise: 8:41AM	Plava 5123	
	Mithuna Rasi: 21.4	Tithi 15	Yama 12:22PM – 1:36PM	Vaidhriti* Until 4:21PM	Muruga: Purple	Sunset: 6:31PM	Moon 12 - Phase 37 -	
	Family Home Evening	847835466	Rahu 9:55AM – 11:09AM	Visti Until 4:54PM	Nataraja: Orange		Purnima	
Creative Work Amrita Yoga			Purnima* Until 5:49AM Tue		Moon – Blue		Sivaloka Day	
Until 5:06AM Tue					Pausha•Thai			
Then Creative Work - Siddha Yoga								
	Tuesday, January 18, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vishkambha*/Priti Yoga Balava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 282	
	Silver Retreat Star		Gulika 1:37PM – 2:50PM	Pushya Until 7:10AM Wed	Ganesha: Red	Sunrise: 8:41AM	Plava 5123	
	Kataka Rasi: 3.46	Tithi 16	Yama 11:09AM – 12:23PM	Vishkambha* Until 4:35PM	Muruga: Purple	Sunset: 6:32PM	Moon 12 - Phase 37 -	
	848835466	Rahu 4:04PM – 5:18PM		Balava Until 6:41PM	Nataraja: Orange		Prathama	
Creative Work Siddha Yoga			Prathama* Until 7:24AM Wed		Moon – Blue		Sivaloka Day	
			Thai Pusam		Pausha•Thai			

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.
Mrigendra Agama Jnana Pada

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

www.gurudeva.org/panchang



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 283

Plava 5123

Kataka Rasi: 16.03 Tithi 16 – 17

Gulika

12:23PM – 1:37PM

Pushya Until 7:10AM

Ganesha: Yellow

Sunrise: 8:41AM

Moon 1 - Phase 38 -

1st Phase

Yama

9:55AM – 11:09AM

Priti Until 4:33PM

Muruga: Purple

Sunset: 6:33PM

848935466 Rahu

1:37PM – 2:51PM

Taitila Until 8:03PM

Nataraja: Orange

Moon – Blue

Sivaloka Day

Creative Work Siddha Yoga

Prathama* Until 7:24AM

Pausha*Thai

1

Thursday, January 20, 2022

Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 284

Plava 5123

Kataka Rasi: 28.29 Tithi 17 – 18

Gulika

11:09AM – 12:23PM

Ashlesha* Until 8:42AM

Ganesha: Yellow

Sunrise: 8:40AM

Moon 1 - Phase 38 - 1

1st Phase

Yama

8:40AM – 9:54AM

Ayushman Until 4:10PM

Muruga: Purple

Sunset: 6:34PM

848935466 Rahu

2:51PM – 4:06PM

Vanija Until 9:02PM

Nataraja: Orange

Moon – Blue

Sivaloka Day

Creative Work Siddha Yoga

Dvitiya Until 8:34AM

Pausha*Thai

Until 8:42AM

Then Creative Work - Amrita Yoga

2

Friday, January 21, 2022

Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Dushanbe, Tajikistan

Sun 2 Sutra 285

Plava 5123

Simha Rasi: 11.07 Tithi 18 – 19

Gulika

9:54AM – 11:09AM

Magha* Until 10:10AM

Ganesha: White

Sunrise: 8:40AM

Moon 1 - Phase 38 - 2

1st Phase

Yama

4:06PM – 5:21PM

Saubhagya Until 3:31PM

Muruga: Purple

Sunset: 6:35PM

858935466 Rahu

12:23PM – 1:37PM

Bava Until 9:37PM

Nataraja: Orange

Moon – Red

Devaloka Day

Routine Work Marana Yoga

Tritiya Until 9:21AM

Pausha*Thai

Until 10:10AM

Then Creative Work - Siddha Yoga

3

Saturday, January 22, 2022

Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 286

Plava 5123

Simha Rasi: 23.55 Tithi 19 – 20

Gulika

8:39AM – 9:54AM

Purvaphalguni Until 11:06AM

Ganesha: White

Sunrise: 8:39AM

Moon 1 - Phase 38 - 3

1st Phase

Yama

2:52PM – 4:07PM

Sobhana Until 2:35PM

Muruga: Purple

Sunset: 6:36PM

858935466 Rahu

11:08AM – 12:23PM

Kaulava Until 9:49PM

Nataraja: Orange

Moon – Red

Devaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 9:45AM

Pausha*Thai

Until 11:06AM

Then Routine Work - Marana Yoga

4

Sunday, January 23, 2022

Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Athiganda*/Sukarna Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 287

Plava 5123

Kanya Rasi: 6.54 Tithi 20 – 21

Gulika

4:08PM – 5:23PM

Uttaraphalguni Until 11:30AM

Ganesha: White

Sunrise: 8:39AM

Moon 1 - Phase 38 - 4

1st Phase

Yama

1:38PM – 2:53PM

Athiganda* Until 1:18PM

Muruga: Purple

Sunset: 6:37PM

858935466 Rahu

5:23PM – 6:37PM

Gara Until 9:36PM

Nataraja: Orange

Moon – Red

Devaloka Day

Creative Work Amrita Yoga

Panchami Until 9:44AM

Pausha*Thai

5

Monday, January 24, 2022

Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 288

Plava 5123

Kanya Rasi: 20.06 Tithi 21 – 22

Gulika

2:53PM – 4:08PM

Hasta Until 11:47AM

Ganesha: Orange

Sunrise: 8:38AM

Moon 1 - Phase 38 - 5

1st Phase

Yama

12:23PM – 1:38PM

Sukarna Until 11:42AM

Muruga: Purple

Sunset: 6:39PM

Family Home Evening 869935466 Rahu

9:53AM – 11:08AM

Visti Until 8:56PM

Nataraja: Orange

Moon – Green

Sivaloka Day

Creative Work Siddha Yoga

Shashthi* Until 9:18AM

Pausha*Thai

Until 11:47AM

Then Routine Work - Prabalarishta Yoga

D

Tuesday, January 25, 2022

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 289

Plava 5123

Tula Rasi: 3.34 Tithi 22 – 23

Gulika

1:39PM – 2:54PM

Chitra Until 11:28AM

Ganesha: Green

Sunrise: 8:37AM

Moon 1 - Phase 38 - 6

Ashtami

Yama

11:08AM – 12:23PM

Dhriti Until 9:45AM

Muruga: Purple

Sunset: 6:40PM

969935466 Rahu

4:09PM – 5:24PM

Balava Until 7:47PM

Nataraja: Orange

Moon – Green

Devaloka Day

Creative Work Siddha Yoga

Saptami Until 8:24AM

Pausha*Thai

Wednesday, January 26, 2022

Retreat Star

Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 290

Plava 5123

Tula Rasi: 17.17 Tithi 23 – 24

Gulika

12:23PM – 1:39PM

Svati Until 10:31AM

Ganesha: Green

Sunrise: 8:37AM

Moon 1 - Phase 38 - 7

Navami

Yama

9:52AM – 11:08AM

Shula* Until 7:23AM

Muruga: Purple

Sunset: 6:41PM

969935466 Rahu

1:39PM – 2:54PM

Taitila Until 6:09PM

Nataraja: Orange

Moon – Green

Devaloka Day

Creative Work Siddha Yoga

Ashtami* Until 7:01AM

Pausha*Thai

1	Thursday, January 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 291 Plava 5123	
	Vrischika Rasi: 1.19	Tithi 25	Gulika 11:07AM – 12:23PM	Vishakha Until 9:23AM	Ganesha: Orange	Sunrise: 8:36AM		
			Yama 8:36AM – 9:52AM	Vridhhi Until 1:34AM Fri	Muruga: Purple	Sunset: 6:42PM	Moon 1 - Phase 39 - 8	
	Creative Work	Siddha Yoga	979935466 Rahu 2:55PM – 4:10PM	Vanija Until 4:03PM	Nataraja: Orange		2nd Phase	
			Dashami Until 2:49AM Fri	Moon – Orange		Sivaloka Day		
				Pausha*Thai				
2	Friday, January 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 292 Plava 5123	
	Vrischika Rasi: 15.39	Tithi 26	Gulika 9:51AM – 11:07AM	Anuradha Until 7:40AM	Ganesha: Orange	Sunrise: 8:35AM		
			Yama 4:11PM – 5:27PM	Dhruva Until 10:08PM	Muruga: Purple	Sunset: 6:43PM	Moon 1 - Phase 39 - 9	
	Creative Work	Siddha Yoga	979935466 Rahu 12:23PM – 1:39PM	Bava Until 1:31PM	Nataraja: Orange		2nd Phase	
			Ekadashi* Until 12:06AM Sat	Moon – Orange		Sivaloka Day		
				Pausha*Thai				
3	Saturday, January 29, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 293 Plava 5123	
	Dhanus Rasi: 0.14	Tithi 27	Gulika 8:34AM – 9:51AM	Mula* Until 3:16AM Sun	Ganesha: Light Blue	Sunrise: 8:34AM		
			Yama 2:56PM – 4:12PM	Vyaghata* Until 6:29PM	Muruga: Purple	Sunset: 6:44PM	Moon 1 - Phase 39 - 10	
	Creative Work	Siddha Yoga	989935466 Rahu 11:07AM – 12:23PM	Kaulava Until 10:39AM	Nataraja: Orange		2nd Phase	
			Dvadashi* Until 9:06PM	Moon – Light Blue		Devaloka Day		
				Pausha*Thai				
4	Sunday, January 30, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 294 Plava 5123	
	Dhanus Rasi: 15.01	Tithi 28 – 29	Gulika 4:12PM – 5:29PM	Purvashadha* Until 12:49AM Mon	Ganesha: Light Blue	Sunrise: 8:34AM		
			Yama 1:40PM – 2:56PM	Harshana Until 2:42PM	Muruga: Purple	Sunset: 6:45PM	Moon 1 - Phase 39 - 11	
	Creative Work	Siddha Yoga	989935466 Rahu 5:29PM – 6:45PM	Gara Until 7:33AM	Nataraja: Orange		2nd Phase	
			Trayodashi* Until 5:57PM	Moon – Light Blue		Devaloka Day		
				Pausha*Thai				
				Pradosha Vrata (Fasting)				
	Monday, January 31, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 12 Sutra 295 Plava 5123	
	Retreat Star		Gulika 2:56PM – 4:13PM	Uttarashadha Until 10:16PM	Ganesha: Light Blue	Sunrise: 8:33AM		
	Dhanus Rasi: 29.52	Tithi 29 – 30	Yama 12:23PM – 1:40PM	Vajra* Until 10:51AM	Muruga: Purple	Sunset: 6:47PM	Moon 1 - Phase 39 - 12	
	Family Home Evening		989935466 Rahu 9:50AM – 11:06AM	Catuspada Until 1:15AM Tue	Nataraja: Orange		Amavasya	
			Chaturdashi* Until 2:46PM	Moon – Light Blue		Devaloka Day		
				Pausha*Thai				
	Tuesday, February 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 296 Plava 5123	
	Retreat Star		Gulika 1:40PM – 2:56PM	Shravana Until 8:12PM	Ganesha: Clear	Sunrise: 8:33AM		
	Makara Rasi: 14.39	Tithi 30 – 1	Yama 11:06AM – 12:23PM	Siddhi Until 7:07AM	Muruga: Purple	Sunset: 6:47PM	Moon 1 - Phase 39 - 13	
	Creative Work	Siddha Yoga	991935466 Rahu 4:13PM – 5:30PM	Kintughna Until 10:21PM	Nataraja: Orange		Prathama	
			Amavasya* Until 11:45AM	Moon – Purple		Sivaloka Day		
				Magha*Thai				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1	Wednesday, February 2, 2022			Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 297	
	Makara Rasi: 29.15	Tithi 1 – 2	Gulika Yama	12:23PM – 1:40PM 9:49AM – 11:06AM	Dhanishtha Until 6:22PM Variyan Until 12:26AM Thu	Ganesha: Clear Muruga: Purple	Sunrise: 8:32AM Sunset: 6:48PM	Plava 5123 Moon 1 - Phase 40 - 14	
	991935466	Rahu	1:40PM – 2:57PM	Balava Until 7:51PM	Nataraja: Orange Moon – Purple	Sivaloka Day			
	Routine Work Prabalarishta Yoga Until 6:22PM Then Creative Work - Siddha Yoga				Prathama* Until 9:01AM		Magha*Thai		
2	Thursday, February 3, 2022			Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Parigha* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 298	
	Kumbha Rasi: 13.32	Tithi 2 – 3	Gulika Yama	11:06AM – 12:23PM 8:31AM – 9:48AM	Shatabhishak Until 4:55PM Parigha* Until 9:44PM	Ganesha: Clear Muruga: Purple	Sunrise: 8:31AM Sunset: 6:49PM	Plava 5123 Moon 1 - Phase 40 - 15	
	991935466	Rahu	2:57PM – 4:14PM	Gara Until 5:09AM Fri	Nataraja: Orange Moon – Purple	Sivaloka Day			
	Creative Work Siddha Yoga				Dvitiya Until 6:46AM		Magha*Thai		
3	Friday, February 4, 2022			Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Dushanbe, Tajikistan Sun 16 Sutra 299	
	Kumbha Rasi: 27.25	Tithi 4	Gulika Yama	9:48AM – 11:05AM 4:15PM – 5:32PM	Purvaprosarthapada* Until 4:27PM Shiva Until 7:38PM	Ganesha: Purple Muruga: Purple	Sunrise: 8:30AM Sunset: 6:50PM	Plava 5123 Moon 1 - Phase 40 - 16	
	911935467	Rahu	12:23PM – 1:40PM	Vanija Until 4:38PM	Nataraja: Clear Moon – Clear	Subha Sivaloka Day			
	Creative Work Siddha Yoga				Chaturthi* Until 4:18AM Sat		Magha*Thai		
4	Saturday, February 5, 2022			Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 300	
	Meena Rasi: 10.51	Tithi 5	Gulika Yama	8:29AM – 9:47AM 2:58PM – 4:16PM	Uttaraprosarthapada Until 4:37PM Siddha Until 6:09PM	Ganesha: Purple Muruga: Purple	Sunrise: 8:29AM Sunset: 6:51PM	Plava 5123 Moon 1 - Phase 40 - 17	
	911935467	Rahu	11:05AM – 12:23PM	Bava Until 4:12PM	Nataraja: Clear Moon – Clear	Subha Sivaloka Day			
	Creative Work Siddha Yoga Until 4:37PM Then Routine Work - Prabalarishta Yoga				Panchami Until 4:17AM Sun		Magha*Thai		
5	Sunday, February 6, 2022			Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 301	
	Meena Rasi: 23.5	Tithi 6	Gulika Yama	4:16PM – 5:34PM 1:40PM – 2:58PM	Revati Until 5:29PM Sadhya Until 5:21PM	Ganesha: Purple Muruga: Purple	Sunrise: 8:28AM Sunset: 6:52PM	Plava 5123 Moon 1 - Phase 40 - 18	
	911935467	Rahu	5:34PM – 6:52PM	Kaulava Until 4:38PM	Nataraja: Clear Moon – Clear	Subha Sivaloka Day			
	Creative Work Amrita Yoga Until 5:29PM Then Creative Work - Siddha Yoga				Shashthi* Until 5:09AM Mon		Magha*Thai		
6	Monday, February 7, 2022			Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 302	
	Mesha Rasi: 6.25	Tithi 7	Gulika Yama	2:59PM – 4:17PM 12:22PM – 1:40PM	Ashvini Until 7:28PM Subha Until 5:12PM	Ganesha: Clear Muruga: Purple	Sunrise: 8:27AM Sunset: 6:53PM	Plava 5123 Moon 1 - Phase 40 - 19	
	Family Home Evening	921935467	Rahu	9:46AM – 11:04AM	Gara Until 5:54PM	Nataraja: Clear Moon – White	Sivaloka Day		
	Creative Work Siddha Yoga				Saptami Until 6:48AM Tue		Magha*Thai		
D	Tuesday, February 8, 2022			Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 303	
	Retreat Star		Gulika Yama	1:40PM – 2:59PM 11:03AM – 12:22PM	Bharani Until 9:57PM Sukla Until 5:34PM	Ganesha: Clear Muruga: Purple	Sunrise: 8:26AM Sunset: 6:54PM	Plava 5123 Moon 1 - Phase 40 - 20	
	Mesha Rasi: 18.4	Tithi 7 – 8	921935467	Rahu	4:17PM – 5:36PM	Nataraja: Clear Moon – White	Sivaloka Day		
	Creative Work Siddha Yoga				Saptami Until 6:48AM		Magha*Thai		
	Wednesday, February 9, 2022			Plava Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 304	
	Retreat Star		Gulika Yama	12:22PM – 1:41PM 9:44AM – 11:03AM	Krittika Until 12:44AM Thu Brahma Until 6:20PM	Ganesha: Clear Muruga: Purple	Sunrise: 8:25AM Sunset: 6:56PM	Plava 5123 Moon 1 - Phase 40 - 21	
	Vrishabha Rasi: 0.39	Tithi 8 – 9	921935467	Rahu	1:41PM – 2:59PM	Nataraja: Clear Moon – White	Sivaloka Day		
	Creative Work Amrita Yoga Until 12:44AM Thu Then Routine Work - Marana Yoga				Ashtami* Until 9:03AM		Magha*Thai		

1	Thursday, February 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 305	
	Vrishabha Rasi: 12.29	Tithi 9 – 10	Gulika 11:03AM – 12:22PM	Rohini Until 4:03AM Fri	Ganesha: White	Sunrise: 8:24AM	Plava 5123	
			Yama 8:24AM – 9:43AM	Indra Until 7:20PM	Muruga: Purple	Sunset: 6:57PM	Moon 1 - Phase 41 - 22	
	931935467	Rahu 3:00PM – 4:19PM		Taitila Until 1:05AM Fri	Nataraja: Clear		4th Phase	
Routine Work Marana Yoga				Navami* Until 11:41AM	Moon – Yellow		Subha Sivaloka Day	
Until 4:03AM Fri					Magha*Thai			
Then Creative Work - Siddha Yoga								
2	Friday, February 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 306	
	Vrishabha Rasi: 24.17	Tithi 10 – 11	Gulika 9:43AM – 11:02AM	Mrigashira Until 7:09AM Sat	Ganesha: Clear	Sunrise: 8:23AM	Plava 5123	
			Yama 4:19PM – 5:39PM	Vaidhriti* Until 8:19PM	Muruga: Purple	Sunset: 6:58PM	Moon 1 - Phase 41 - 23	
	932935467	Rahu 12:21PM – 1:41PM		Vanija Until 3:46AM Sat	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga				Dashami Until 2:26PM	Moon – Yellow		Sivaloka Day	
					Magha*Thai			
3	Saturday, February 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 307	
	Mithuna Rasi: 6.05	Tithi 11 – 12	Gulika 8:22AM – 9:42AM	Mrigashira Until 7:09AM	Ganesha: Clear	Sunrise: 8:22AM	Plava 5123	
			Yama 3:00PM – 4:20PM	Vishkambha* Until 9:10PM	Muruga: Purple	Sunset: 6:59PM	Moon 1 - Phase 41 - 24	
	932935467	Rahu 11:01AM – 12:21PM		Bava Until 6:12AM Sun	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga				Ekadashi Until 5:01PM	Moon – Yellow		Sivaloka Day	
					Magha*Thai			
4	Sunday, February 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 308	
	Mithuna Rasi: 18	Tithi 12	Gulika 4:20PM – 5:40PM	Ardra Until 9:48AM	Ganesha: Red	Sunrise: 8:21AM	Plava 5123	
			Yama 1:41PM – 3:00PM	Priti Until 9:45PM	Muruga: Purple	Sunset: 7:00PM	Moon 1 - Phase 41 - 25	
	932135467	Rahu 5:40PM – 7:00PM		Bava Until 6:12AM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga				Dvadashi Until 7:15PM	Moon – Yellow		Sivaloka Day	
					Magha*Masi			
5	Monday, February 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 309	
	Kataka Rasi: 0.05	Tithi 13	Gulika 3:01PM – 4:21PM	Punarvasu Until 12:23PM	Ganesha: Blue	Sunrise: 8:20AM	Plava 5123	
	Family Home Evening		Yama 12:20PM – 1:41PM	Ayushman Until 9:57PM	Muruga: Purple	Sunset: 7:01PM	Moon 1 - Phase 41 - 26	
	942135467	Rahu 9:40AM – 11:00AM		Kaulava Until 8:13AM	Nataraja: Clear		4th Phase	
Creative Work Amrita Yoga				Trayodashi Until 9:00PM	Moon – Blue		Devaloka Day	
Until 12:23PM					Magha*Masi			
Then Creative Work - Siddha Yoga				Pradosha Vrata				
6	Tuesday, February 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 310	
	Kataka Rasi: 12.22	Tithi 14	Gulika 1:41PM – 3:01PM	Pushya Until 2:18PM	Ganesha: Blue	Sunrise: 8:19AM	Plava 5123	
			Yama 11:00AM – 12:20PM	Saubhagya Until 9:46PM	Muruga: Purple	Sunset: 7:02PM	Moon 1 - Phase 41 - 27	
	942135467	Rahu 4:21PM – 5:42PM		Gara Until 9:42AM	Nataraja: Clear		4th Phase	
Creative Work Siddha Yoga				Chaturdashi* Until 10:14PM	Moon – Blue		Devaloka Day	
			Chidambaram Abhishekam		Magha*Masi			
O	Wednesday, February 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 311	
	Copper Retreat Star		Gulika 12:20PM – 1:41PM	Ashlesha* Until 3:33PM	Ganesha: Blue	Sunrise: 8:18AM	Plava 5123	
	Kataka Rasi: 24.52	Tithi 15	Yama 9:38AM – 10:59AM	Sobhana Until 9:12PM	Muruga: Purple	Sunset: 7:03PM	Moon 1 - Phase 41 -	
	942135467	Rahu 1:41PM – 3:01PM		Visti Until 10:40AM	Nataraja: Clear		Purnima	
Creative Work Siddha Yoga				Purnima* Until 10:57PM	Moon – Blue		Devaloka Day	
					Magha*Masi			
	Thursday, February 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 312	
	Silver Retreat Star		Gulika 10:59AM – 12:20PM	Magha* Until 4:39PM	Ganesha: Yellow	Sunrise: 8:17AM	Plava 5123	
	Simha Rasi: 8	Tithi 16	Yama 8:17AM – 9:38AM	Athiganda* Until 8:13PM	Muruga: Purple	Sunset: 7:05PM	Moon 1 - Phase 41 -	
	952135467	Rahu 3:02PM – 4:23PM		Balava Until 11:08AM	Nataraja: Clear		Prathama	
Creative Work Amrita Yoga				Prathama* Until 11:10PM	Moon – Red		Sivaloka Day	
Until 4:39PM					Magha*Masi			
Then Creative Work - Siddha Yoga								

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.
Raurava Agama Kriya Pada

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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Friday, February 18, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 313

Plava 5123

Simha Rasi: 20.34 Tithi 17

Gulika 9:37AM – 10:58AM

Yama 4:23PM – 5:44PM

952135467 Rahu 12:19PM – 1:40PM

Purvaphalguni Until 5:09PM

Sukarma Until 6:56PM

Taitila Until 11:08AM

Dvitiya Until 10:59PM

Ganesha: Yellow

Muruga: Purple

Nataraja: Clear

Moon – Red

Magha•Masi

Sunrise: 8:15AM

Sunset: 7:06PM

Moon 2 - Phase 42 - 1

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

1

Saturday, February 19, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 314

Plava 5123

Kanya Rasi: 3.43 Tithi 18

Gulika 8:14AM – 9:36AM

Yama 3:02PM – 4:24PM

952135467 Rahu 10:57AM – 12:19PM

Uttaraphalguni Until 5:10PM

Dhriti Until 5:23PM

Vanija Until 10:46AM

Tritiya Until 10:26PM

Ganesha: Yellow

Muruga: Purple

Nataraja: Clear

Moon – Red

Magha•Masi

Sunrise: 8:14AM

Sunset: 7:07PM

Moon 2 - Phase 42 - 2

1st Phase

Sivaloka Day

Routine Work Marana Yoga

2

Sunday, February 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Hasta/Chitra Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 315

Plava 5123

Kanya Rasi: 17.04 Tithi 19

Gulika 4:24PM – 5:46PM

Yama 1:40PM – 3:02PM

962135467 Rahu 5:46PM – 7:08PM

Hasta Until 5:10PM

Shula* Until 3:34PM

Bava Until 10:04AM

Chaturthi* Until 9:35PM

Ganesha: White

Muruga: Purple

Nataraja: Clear

Moon – Green

Magha•Masi

Sunrise: 8:13AM

Sunset: 7:08PM

Moon 2 - Phase 42 - 3

1st Phase

Devaloka Day

Creative Work Amrita Yoga

Until 5:10PM

Then Creative Work - Siddha Yoga

Maha Sankatahara Chaturthi

3

Monday, February 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Chitra/Svati Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 316

Plava 5123

Tula Rasi: 0.34 Tithi 20

Gulika 3:02PM – 4:25PM

Yama 12:18PM – 1:40PM

962135467 Rahu 9:34AM – 10:56AM

Chitra Until 4:45PM

Ganda* Until 1:33PM

Kaulava Until 9:05AM

Panchami Until 8:28PM

Ganesha: White

Muruga: Purple

Nataraja: Clear

Moon – Green

Magha•Masi

Sunrise: 8:12AM

Sunset: 7:09PM

Moon 2 - Phase 42 - 4

1st Phase

Devaloka Day

Family Home Evening

Routine Work Prabalarishta Yoga

Until 4:45PM

Then Creative Work - Amrita Yoga

4

Tuesday, February 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Svati/Vishakha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 317

Plava 5123

Tula Rasi: 14.12 Tithi 21

Gulika 1:40PM – 3:03PM

Yama 10:55AM – 12:18PM

962135467 Rahu 4:25PM – 5:47PM

Svati Until 3:57PM

Vridhi Until 11:20AM

Gara Until 7:50AM

Shashthi* Until 7:06PM

Ganesha: White

Muruga: Purple

Nataraja: Clear

Moon – Green

Magha•Masi

Sunrise: 8:10AM

Sunset: 7:10PM

Moon 2 - Phase 42 - 5

1st Phase

Devaloka Day

Creative Work Siddha Yoga

Until 3:57PM

Then Routine Work - Marana Yoga

5

Wednesday, February 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Vishakha/Anuradha Nakshatra Dhruva/Vyaghata* Yoga Visti*/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 318

Plava 5123

Tula Rasi: 28 Tithi 22 – 23

Gulika 12:17PM – 1:40PM

Yama 9:32AM – 10:54AM

972135467 Rahu 1:40PM – 3:03PM

Vishakha Until 3:11PM

Dhruva Until 8:55AM

Visti Until 6:21AM

Saptami Until 5:29PM

Ganesha: Clear

Muruga: Purple

Nataraja: Clear

Moon – Orange

Magha•Masi

Sunrise: 8:09AM

Sunset: 7:11PM

Moon 2 - Phase 42 - 6

1st Phase

Sivaloka Day

Creative Work Siddha Yoga

D

Thursday, February 24, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 319

Plava 5123

Vrischika Rasi: 11.57 Tithi 23 – 24

Gulika 10:54AM – 12:17PM

Yama 8:08AM – 9:31AM

972135467 Rahu 3:03PM – 4:26PM

Anuradha Until 2:02PM

Vyaghata* Until 6:17AM

Taitila Until 2:37AM Fri

Ashtami* Until 3:38PM

Ganesha: Clear

Muruga: Purple

Nataraja: Clear

Moon – Orange

Magha•Masi

Sunrise: 8:08AM

Sunset: 7:12PM

Moon 2 - Phase 42 - 7

Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 2:02PM

Then Routine Work - Prabalarishta Yoga

Friday, February 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 320

Plava 5123

Vrischika Rasi: 26.03 Tithi 24 – 25

Gulika 9:30AM – 10:53AM

Yama 4:26PM – 5:50PM

973135467 Rahu 12:16PM – 1:40PM

Jyeshtha* Until 12:31PM

Vajra* Until 12:29AM Sat

Vanija Until 12:25AM Sat

Navami* Until 1:31PM

Ganesha: Purple

Muruga: Purple

Nataraja: Clear

Moon – Orange

Magha•Masi

Sunrise: 8:06AM

Sunset: 7:13PM

Moon 2 - Phase 42 - 8

Navami

Subha Sivaloka Day

Routine Work Marana Yoga

Until 12:31PM

Then Creative Work - Amrita Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Saturday, February 26, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Visti*/Bava Karana Dashami/Ekodashyam Titau				Dushanbe, Tajikistan	
			Gulika	8:05AM – 9:29AM	Mula* Until 11:04AM	Ganesha: Clear	Sunrise: 8:05AM	Sun 9 Sutra 321
	Dhanus Rasi: 10.18 Tithi 25 – 26		Yama	3:03PM – 4:27PM	Siddhi Until 9:21PM	Muruga: Purple	Sunset: 7:14PM	Plava 5123
	983135467 Rahu		Rahu	10:52AM – 12:16PM	Bava Until 10:01PM	Nataraja: Clear		Moon 2 - Phase 43 - 9
Creative Work Siddha Yoga					Dashami Until 11:13AM	Moon – Light Blue	Sivaloka Day	
						Magha*Masi		2nd Phase

2	Sunday, February 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan	
			Gulika	4:27PM – 5:51PM	Purvashadha* Until 9:20AM	Ganesha: Clear	Sunrise: 8:04AM	Sun 10 Sutra 322
	Dhanus Rasi: 24.4 Tithi 26 – 27		Yama	1:39PM – 3:03PM	Vyatipata* Until 6:09PM	Muruga: Purple	Sunset: 7:15PM	Plava 5123
	983135467 Rahu		Rahu	5:51PM – 7:15PM	Kaulava Until 7:32PM	Nataraja: Clear		Moon 2 - Phase 43 - 10
Creative Work Siddha Yoga					Ekadashi* Until 8:46AM	Moon – Light Blue	Sivaloka Day	
Until 9:20AM						Magha*Masi		2nd Phase
Then Creative Work - Amrita Yoga								

3	Monday, February 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha* Yoga Tailila/Vanija Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan	
			Gulika	3:04PM – 4:28PM	Uttarashadha Until 7:24AM	Ganesha: Clear	Sunrise: 8:02AM	Sun 11 Sutra 323
	Makara Rasi: 9.04 Tithi 27 – 28		Yama	12:15PM – 1:39PM	Variyan Until 2:54PM	Muruga: Purple	Sunset: 7:16PM	Plava 5123
	Family Home Evening 983135467 Rahu		Rahu	9:26AM – 10:51AM	Vanija Until 3:48AM Tue	Nataraja: Clear		Moon 2 - Phase 43 - 11
Routine Work Marana Yoga					Dvadashi* Until 6:15AM	Moon – Light Blue	Sivaloka Day	
Until 7:24AM						Magha*Masi		2nd Phase
Then Creative Work - Amrita Yoga					Pradosha Vrata (Fasting)			

4	Tuesday, March 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan	
			Gulika	1:39PM – 3:04PM	Dhanishtha Until 4:17AM Wed	Ganesha: Orange	Sunrise: 7:59AM	Sun 12 Sutra 324
	Makara Rasi: 23.26 Tithi 29		Yama	10:49AM – 12:14PM	Parigha* Until 11:46AM	Muruga: Purple	Sunset: 7:18PM	Plava 5123
	983135467 Rahu		Rahu	4:29PM – 5:53PM	Visti Until 2:39PM	Nataraja: Clear		Moon 2 - Phase 43 - 12
Creative Work Siddha Yoga					Chaturdashi* Until 1:32AM Wed	Moon – Purple	Sivaloka Day	
						Magha*Masi		2nd Phase

	Wednesday, March 2, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan	
	Retreat Star		Gulika	12:14PM – 1:39PM	Shatabhishak Until 2:57AM Thu	Ganesha: Orange	Sunrise: 7:58AM	Sun 13 Sutra 325
	Kumbha Rasi: 7.4 Tithi 30		Yama	9:23AM – 10:48AM	Shiva Until 8:49AM	Muruga: Purple	Sunset: 7:19PM	Plava 5123
	983135467 Rahu		Rahu	1:39PM – 3:04PM	Catuspada Until 12:31PM	Nataraja: Clear		Moon 2 - Phase 43 - 13
Creative Work Siddha Yoga					Amavasya* Until 11:35PM	Moon – Purple	Sivaloka Day	
						Magha*Masi		Amavasya

	Thursday, March 3, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan	
	Retreat Star		Gulika	10:48AM – 12:13PM	Purvaproshtapada* Until 2:24AM Fri	Ganesha: Green	Sunrise: 7:57AM	Sun 14 Sutra 326
	Kumbha Rasi: 21.4 Tithi 1		Yama	7:57AM – 9:22AM	Siddha Until 6:10AM	Muruga: Purple	Sunset: 7:20PM	Plava 5123
	983135467 Rahu		Rahu	3:04PM – 4:29PM	Kintughna Until 10:48AM	Nataraja: Clear		Moon 2 - Phase 43 - 14
Creative Work Siddha Yoga					Prathama* Until 10:07PM	Moon – Clear	Subha Sivaloka Day	
						Phalgun*Masi		Prathama

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

1	Friday, March 4, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 327 Plava 5123	
	Meena Rasi: 5.21	Tithi 2	Gulika Yama	9:21AM – 10:47AM 4:30PM – 5:56PM	Uttaraproshtapada Until 2:20AM Sat	Ganesha: Green Muruga: Purple	Sunrise: 7:55AM Sunset: 7:21PM	Moon 2 - Phase 44 - 15
		913135467	Rahu	12:12PM – 1:38PM	Subha Until 2:13AM Sat Balava Until 9:37AM Dvitiya Until 9:15PM	Nataraja: Clear Moon – Clear Phalguna•Masi	Subha Sivaloka Day 3rd Phase	
	Creative Work	Siddha Yoga	Until 2:20AM Sat Then Routine Work - Prabalarishta Yoga					
2	Saturday, March 5, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 328 Plava 5123	
	Meena Rasi: 18.4	Tithi 3	Gulika Yama	7:54AM – 9:20AM 3:04PM – 4:30PM	Revati Until 2:48AM Sun Sukla Until 1:03AM Sun	Ganesha: Orange Muruga: Purple	Sunrise: 7:54AM Sunset: 7:22PM	Moon 2 - Phase 44 - 16
		113135467	Rahu	10:46AM – 12:12PM	Taitila Until 9:06AM Tritiya Until 9:06PM	Nataraja: Clear Moon – Clear Phalguna•Masi	Sivaloka Day 3rd Phase	
	Routine Work	Prabalarishta Yoga	Until 2:48AM Sun Then Creative Work - Siddha Yoga					
Subramuniyaswami Siva Vision Day								
3	Sunday, March 6, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 329 Plava 5123	
	Mesha Rasi: 2	Tithi 4	Gulika Yama	4:31PM – 5:57PM 1:38PM – 3:04PM	Ashvini Until 4:20AM Mon Brahma Until 12:29AM Mon	Ganesha: Clear Muruga: Purple	Sunrise: 7:52AM Sunset: 7:23PM	Moon 2 - Phase 44 - 17
		123135467	Rahu	5:57PM – 7:23PM	Vanija Until 9:20AM Chaturthi* Until 9:43PM	Nataraja: Clear Moon – White Phalguna•Masi	Sivaloka Day 3rd Phase	
	Creative Work	Siddha Yoga						
4	Monday, March 7, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 330 Plava 5123	
	Mesha Rasi: 14.11	Tithi 5	Gulika Yama	3:04PM – 4:31PM 12:11PM – 1:38PM	Bharani Until 6:25AM Tue Indra Until 12:30AM Tue	Ganesha: Clear Muruga: Purple	Sunrise: 7:51AM Sunset: 7:24PM	Moon 2 - Phase 44 - 18
	Family Home Evening	123135467	Rahu	9:17AM – 10:44AM	Bava Until 10:20AM Panchami Until 11:05PM	Nataraja: Clear Moon – White Phalguna•Masi	Sivaloka Day 3rd Phase	
	Creative Work	Siddha Yoga						
5	Tuesday, March 8, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashtyham Titau				Dushanbe, Tajikistan Sun 19 Sutra 331 Plava 5123	
	Mesha Rasi: 26.27	Tithi 6	Gulika Yama	1:37PM – 3:04PM 10:43AM – 12:10PM	Bharani Until 6:25AM Vaidhriti* Until 12:58AM Wed	Ganesha: Clear Muruga: Purple	Sunrise: 7:49AM Sunset: 7:25PM	Moon 2 - Phase 44 - 19
		123135467	Rahu	4:31PM – 5:58PM	Kaulava Until 12:02PM Shashtthi* Until 1:04AM Wed	Nataraja: Clear Moon – White Phalguna•Masi	Sivaloka Day 3rd Phase	
	Creative Work	Siddha Yoga						
6	Wednesday, March 9, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 332 Plava 5123	
	Vrishabha Rasi: 8.28	Tithi 7	Gulika Yama	12:10PM – 1:37PM 9:15AM – 10:42AM	Krittika Until 8:53AM Vishkambha* Until 1:46AM Thu	Ganesha: Purple Muruga: Clear	Sunrise: 7:48AM Sunset: 7:26PM	Moon 2 - Phase 44 - 20
		123235477	Rahu	1:37PM – 3:04PM	Gara Until 2:16PM Saptami Until 3:30AM Thu	Nataraja: Green Moon – White Phalguna•Masi	Bhuloka Day Devaloka Time: 12:PM to 3:PM	
	Creative Work	Amrita Yoga	Until 8:53AM Then Creative Work - Siddha Yoga					
D	Thursday, March 10, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 333 Plava 5123	
	Retreat Star		Gulika Yama	10:42AM – 12:09PM 7:46AM – 9:14AM	Rohini Until 12:02PM Priti Until 2:45AM Fri	Ganesha: Clear Muruga: Clear	Sunrise: 7:46AM Sunset: 7:27PM	Moon 2 - Phase 44 - 21
	Vrishabha Rasi: 20.21	Tithi 8	133235477	Rahu	3:05PM – 4:32PM	Visti Until 4:50PM Ashtami* Until 6:07AM Fri	Nataraja: Green Moon – Yellow Phalguna•Masi	Ashtami
	Routine Work	Marana Yoga	Devaloka Day					
	Friday, March 11, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 334 Plava 5123	
	Retreat Star		Gulika Yama	9:13AM – 10:41AM 4:33PM – 6:00PM	Mrigashira Until 3:06PM Ayushman Until 3:40AM Sat	Ganesha: Purple Muruga: Clear	Sunrise: 7:45AM Sunset: 7:28PM	Moon 2 - Phase 44 - 22
	Mithuna Rasi: 2.1	Tithi 8 – 9	134235477	Rahu	12:09PM – 1:37PM	Balava Until 7:27PM Ashtami* Until 6:07AM	Nataraja: Green Moon – Yellow Phalguna•Masi	Navami
	Creative Work	Siddha Yoga	Sivaloka Day					

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Saturday, March 12, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau					Dushanbe, Tajikistan	
	Mithuna Rasi: 14.01	Tithi 9 – 10	Gulika	7:43AM – 9:12AM	Ardra Until 5:52PM	Ganesha: Purple	Sunrise: 7:43AM	Sun 23	Sutra 335
			Yama	3:05PM – 4:33PM	Saubhagya Until 4:23AM Sun	Muruga: Clear	Sunset: 7:29PM	Moon 2 - Phase 45 - 23	Plava 5123
	Creative Work	Siddha Yoga	134235477 Rahu	10:40AM – 12:08PM	Taitila Until 9:51PM	Nataraja: Green		4th Phase	
				Navami* Until 8:40AM	Moon – Yellow		Sivaloka Day		
					Phalguna•Masi				
2	Sunday, March 13, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau					Dushanbe, Tajikistan	
	Mithuna Rasi: 25.58	Tithi 10 – 11	Gulika	4:33PM – 6:02PM	Punarvasu Until 8:35PM	Ganesha: Clear	Sunrise: 7:42AM	Sun 24	Sutra 336
			Yama	1:36PM – 3:05PM	Sobhana Until 4:47AM Mon	Muruga: Clear	Sunset: 7:30PM	Moon 2 - Phase 45 - 24	Plava 5123
	Creative Work	Siddha Yoga	144235477 Rahu	6:02PM – 7:30PM	Vanija Until 11:51PM	Nataraja: Green		4th Phase	
				Dashami Until 10:53AM	Moon – Blue		Devaloka Day		
					Phalguna•Masi				
3	Monday, March 14, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau					Dushanbe, Tajikistan	
	Kataka Rasi: 8.07	Tithi 11 – 12	Gulika	3:05PM – 4:34PM	Pushya Until 10:37PM	Ganesha: Clear	Sunrise: 7:40AM	Sun 25	Sutra 337
	Family Home Evening		Yama	12:07PM – 1:36PM	Athiganda* Until 4:43AM Tue	Muruga: Clear	Sunset: 7:31PM	Moon 2 - Phase 45 - 25	Plava 5123
	Creative Work	Siddha Yoga	144235477 Rahu	9:09AM – 10:38AM	Bava Until 1:16AM Tue	Nataraja: Green		4th Phase	
				Ekadashi Until 12:37PM	Moon – Blue		Devaloka Day		
					Phalguna•Masi				
4	Tuesday, March 15, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau					Dushanbe, Tajikistan	
	Kataka Rasi: 20.29	Tithi 12 – 13	Gulika	1:36PM – 3:05PM	Ashlesha* Until 11:53PM	Ganesha: Clear	Sunrise: 7:39AM	Sun 26	Sutra 338
			Yama	10:37AM – 12:06PM	Sukarma Until 4:10AM Wed	Muruga: Clear	Sunset: 7:32PM	Moon 2 - Phase 45 - 26	Plava 5123
	Creative Work	Siddha Yoga	144235478 Rahu	4:34PM – 6:03PM	Kaulava Until 2:04AM Wed	Nataraja: White		4th Phase	
			Karadaiyan Nombu (Tamil Nadu)	Dvadashi Until 1:44PM	Moon – Blue		Devaloka Day		
					Phalguna•Panguni				
					Pradosha Vrata				
5	Wednesday, March 16, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau					Dushanbe, Tajikistan	
	Simha Rasi: 3.1	Tithi 13 – 14	Gulika	12:06PM – 1:35PM	Magha* Until 12:51AM Thu	Ganesha: White	Sunrise: 7:37AM	Sun 27	Sutra 339
			Yama	9:07AM – 10:36AM	Dhriti Until 3:08AM Thu	Muruga: Clear	Sunset: 7:33PM	Moon 2 - Phase 45 - 27	Plava 5123
	Creative Work	Siddha Yoga	154235478 Rahu	1:35PM – 3:05PM	Gara Until 2:12AM Thu	Nataraja: White		4th Phase	
				Trayodashi Until 2:11PM	Moon – Red		Sivaloka Day		
					Phalguna•Panguni				
O	Thursday, March 17, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau					Dushanbe, Tajikistan	
	Copper Retreat Star		Gulika	10:35AM – 12:05PM	Purvaphalguni Until 1:04AM Fri	Ganesha: White	Sunrise: 7:36AM		Sutra 340
	Simha Rasi: 16.08	Tithi 14 – 15	Yama	7:36AM – 9:05AM	Shula* Until 1:37AM Fri	Muruga: Clear	Sunset: 7:34PM	Moon 2 - Phase 45 -	Plava 5123
	Creative Work	Siddha Yoga	154235478 Rahu	3:05PM – 4:35PM	Visti Until 1:45AM Fri	Nataraja: White		Purnima	
			Panguni Uttiram	Chaturdashi* Until 2:02PM	Moon – Red		Sivaloka Day		
			Holi		Phalguna•Panguni				
	Friday, March 18, 2022		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau					Dushanbe, Tajikistan	
	Silver Retreat Star		Gulika	9:04AM – 10:34AM	Uttaraphalguni Until 12:39AM Sat	Ganesha: White	Sunrise: 7:34AM		Sutra 341
	Simha Rasi: 29.24	Tithi 15 – 16	Yama	4:35PM – 6:05PM	Ganda* Until 11:43PM	Muruga: Clear	Sunset: 7:35PM	Moon 2 - Phase 45 -	Plava 5123
	Creative Work	Siddha Yoga	154235478 Rahu	12:05PM – 1:35PM	Balava Until 12:48AM Sat	Nataraja: White		Prathama	
				Purnima* Until 1:19PM	Moon – Red		Sivaloka Day		
					Phalguna•Panguni				
	Until 12:39AM Sat								
	Then Routine Work - Marana Yoga								

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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Saturday, March 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 342

Plava 5123

Kanya Rasi: 12.57 Tithi 16 – 17

Gulika 7:33AM – 9:03AM
Yama 3:05PM – 4:35PM
Rahu 10:33AM – 12:04PM

Hasta Until 12:07AM Sun

Vriddhi Until 9:30PM

Taitila Until 11:26PM

Prathama* Until 12:08PM

Ganesha: Yellow Sunrise: 7:33AM

Muruga: Clear Sunset: 7:36PM

Nataraja: White

Moon – Green

Phalguna*Panguni

Moon 3 - Phase 46 -

1st Phase

Routine Work Marana Yoga

Until 12:07AM Sun

Then Creative Work - Siddha Yoga

Devaloka Day

1

Sunday, March 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra Nakshatra Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 343

Plava 5123

Kanya Rasi: 26.43 Tithi 17 – 18

Gulika 4:36PM – 6:06PM
Yama 1:34PM – 3:05PM
Rahu 6:06PM – 7:37PM

Chitra Until 11:08PM

Dhruva Until 7:00PM

Vanija Until 9:45PM

Dvitiya Until 10:36AM

Ganesha: Yellow Sunrise: 7:31AM

Muruga: Clear Sunset: 7:37PM

Nataraja: White

Moon – Green

Phalguna*Panguni

Moon 3 - Phase 46 - 1

1st Phase

Creative Work Siddha Yoga

Devaloka Day

2

Monday, March 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 344

Plava 5123

Tula Rasi: 10.39 Tithi 18 – 19

Family Home Evening

164235478

Gulika 3:05PM – 4:36PM
Yama 12:03PM – 1:34PM
Rahu 9:01AM – 10:32AM

Svati Until 9:49PM

Vyaghata* Until 4:21PM

Bava Until 7:53PM

Tritiya Until 8:49AM

Ganesha: Yellow Sunrise: 7:29AM

Muruga: Clear Sunset: 7:38PM

Nataraja: White

Moon – Green

Phalguna*Panguni

Moon 3 - Phase 46 - 2

1st Phase

Creative Work Amrita Yoga

Until 9:49PM

Then Routine Work - Marana Yoga

Devaloka Day

3

Tuesday, March 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Vishakha Nakshatra Harshana/Vajra* Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 345

Plava 5123

Tula Rasi: 24.42 Tithi 19 – 20

174235478

Gulika 1:33PM – 3:05PM
Yama 10:31AM – 12:02PM
Rahu 4:36PM – 6:08PM

Vishakha Until 8:40PM

Harshana Until 1:36PM

Taitila Until 4:50AM Wed

Chaturthi* Until 6:52AM

Ganesha: Blue Sunrise: 7:28AM

Muruga: Clear Sunset: 7:39PM

Nataraja: White

Moon – Orange

Phalguna*Panguni

Moon 3 - Phase 46 - 3

1st Phase

Routine Work Marana Yoga

Until 8:40PM

Then Creative Work - Siddha Yoga

Sivaloka Day

4

Wednesday, March 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Anuradha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 346

Plava 5123

Vrischika Rasi: 8.49 Tithi 21

175235478

Gulika 12:01PM – 1:33PM
Yama 8:58AM – 10:30AM
Rahu 1:33PM – 3:05PM

Anuradha Until 7:19PM

Vajra* Until 10:46AM

Gara Until 3:49PM

Shashthi* Until 2:45AM Thu

Ganesha: Yellow Sunrise: 7:26AM

Muruga: Clear Sunset: 7:40PM

Nataraja: White

Moon – Orange

Phalguna*Panguni

Moon 3 - Phase 46 - 4

1st Phase

Creative Work Siddha Yoga

Devaloka Day

5

Thursday, March 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 347

Plava 5123

Vrischika Rasi: 22.56 Tithi 22

175235478

Gulika 10:29AM – 12:01PM
Yama 7:25AM – 8:57AM
Rahu 3:05PM – 4:37PM

Jyeshtha* Until 5:49PM

Siddhi Until 7:55AM

Visti Until 1:44PM

Saptami Until 12:40AM Fri

Ganesha: Yellow Sunrise: 7:25AM

Muruga: Clear Sunset: 7:41PM

Nataraja: White

Moon – Orange

Phalguna*Panguni

Moon 3 - Phase 46 - 5

1st Phase

Routine Work Prabalarishta Yoga

Until 5:49PM

Then Creative Work - Siddha Yoga

Devaloka Day

D

Friday, March 25, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 348

Plava 5123

Dhanus Rasi: 7.04 Tithi 23

185235478

Gulika 8:56AM – 10:28AM
Yama 4:37PM – 6:10PM
Rahu 12:00PM – 1:33PM

Mula* Until 4:37PM

Variyan Until 2:16AM Sat

Balava Until 11:39AM

Ashtami* Until 10:37PM

Ganesha: Blue Sunrise: 7:23AM

Muruga: Clear Sunset: 7:42PM

Nataraja: White

Moon – Light Blue

Phalguna*Panguni

Moon 3 - Phase 46 - 6

Ashtami

Creative Work Amrita Yoga

Until 4:37PM

Then Routine Work - Prabalarishta Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

Saturday, March 26, 2022

Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Parigha* Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 349

Plava 5123

Dhanus Rasi: 21.11 Tithi 24

185235478

Gulika 7:22AM – 8:54AM
Yama 3:05PM – 4:38PM
Rahu 10:27AM – 12:00PM

Purvashadha* Until 3:19PM

Parigha* Until 11:30PM

Taitila Until 9:37AM

Navami* Until 8:36PM

Ganesha: Blue Sunrise: 7:22AM

Muruga: Clear Sunset: 7:43PM

Nataraja: White

Moon – Light Blue

Phalguna*Panguni

Moon 3 - Phase 46 - 7

Navami

Creative Work Siddha Yoga

Until 3:19PM

Then Routine Work - Marana Yoga

Bhuloka Day

Devaloka Time: 12:PM to 3:PM

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

mes are standard time. Calculated for Dushanbe, Tajikistan on 5/2

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1	Sunday, March 27, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 350	
	Makara Rasi: 5.16	Tithi 25	Gulika	4:38PM – 6:11PM	Uttarashadha Until 1:57PM	Ganesha: Blue	Sunrise: 7:20AM	Moon 3 - Phase 47 - 8 2nd Phase
			Yama	1:32PM – 3:05PM	Shiva Until 8:48PM	Muruga: Clear	Sunset: 7:44PM	
			185235478 Rahu	6:11PM – 7:44PM	Vanija Until 7:38AM	Nataraja: White		
Creative Work	Amrita Yoga			Dashami Until 6:39PM	Moon – Light Blue		Bhuloka Day	
					Phalguna•Panguni		Devaloka Time: 12:PM to 3:PM	

2	Monday, March 28, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 351	
	Makara Rasi: 19.16	Tithi 26 – 27	Gulika	3:05PM – 4:38PM	Shravana Until 12:58PM	Ganesha: Red	Sunrise: 7:19AM	Moon 3 - Phase 47 - 9 2nd Phase
			Yama	11:58AM – 1:32PM	Siddha Until 6:11PM	Muruga: Clear	Sunset: 7:45PM	
			195235478 Rahu	8:52AM – 10:25AM	Kaulava Until 4:01AM Tue	Nataraja: White		
Family Home Evening				Ekadashi* Until 4:51PM	Moon – Purple		Bhuloka Day	
Creative Work	Amrita Yoga				Phalguna•Panguni			
Until 12:58PM								
Then Creative Work - Siddha Yoga								

3	Tuesday, March 29, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 352	
	Kumbha Rasi: 3.11	Tithi 27 – 28	Gulika	1:31PM – 3:05PM	Dhanishtha Until 12:01PM	Ganesha: Red	Sunrise: 7:17AM	Moon 3 - Phase 47 - 10 2nd Phase
			Yama	10:24AM – 11:58AM	Sadhya Until 3:45PM	Muruga: Clear	Sunset: 7:46PM	
			195235478 Rahu	4:39PM – 6:12PM	Gara Until 2:32AM Wed	Nataraja: White		
Creative Work	Siddha Yoga			Dvadashi* Until 3:13PM	Moon – Purple		Bhuloka Day	
Until 12:01PM					Phalguna•Panguni			
Then Routine Work - Marana Yoga								
					Pradosha Vrata (Fasting)			

4	Wednesday, March 30, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 353	
	Kumbha Rasi: 16.57	Tithi 28 – 29	Gulika	11:57AM – 1:31PM	Shatabhishak Until 11:11AM	Ganesha: Red	Sunrise: 7:16AM	Moon 3 - Phase 47 - 11 2nd Phase
			Yama	8:49AM – 10:23AM	Subha Until 1:33PM	Muruga: White	Sunset: 7:47PM	
			195245478 Rahu	1:31PM – 3:05PM	Visti Until 1:21AM Thu	Nataraja: White		
Creative Work	Siddha Yoga			Trayodashi* Until 1:52PM	Moon – Purple		Bhuloka Day	
Until 11:11AM					Phalguna•Panguni		Devaloka Time: 6:AM to 9:AM	
Then Creative Work - Amrita Yoga								

●	Thursday, March 31, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 12 Sutra 354	
	Retreat Star		Gulika	10:22AM – 11:57AM	Purvaproshtapada* Until 11:01AM	Ganesha: Green	Sunrise: 7:14AM	Moon 3 - Phase 47 - 12 Amavasya
	Meena Rasi: 0.31	Tithi 29 – 30	Yama	7:14AM – 8:48AM	Sukla Until 11:37AM	Muruga: White	Sunset: 7:48PM	
			115245478 Rahu	3:05PM – 4:39PM	Catuspada Until 12:36AM Fri	Nataraja: White		
Creative Work	Siddha Yoga			Chaturdashi* Until 12:54PM	Moon – Clear		Bhuloka Day	
					Phalguna•Panguni			

	Friday, April 1, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 355	
	Retreat Star		Gulika	8:48AM – 10:22AM	Uttaraproshtapada Until 11:09AM	Ganesha: Green	Sunrise: 7:14AM	Moon 3 - Phase 47 - 13 Prathama
	Meena Rasi: 13.5	Tithi 30 – 1	Yama	4:39PM – 6:13PM	Brahma Until 10:04AM	Muruga: White	Sunset: 7:48PM	
			115245478 Rahu	11:57AM – 1:31PM	Kintughna Until 12:23AM Sat	Nataraja: White		
Creative Work	Siddha Yoga			Amavasya* Until 12:24PM	Moon – Clear		Bhuloka Day	
			Yugadhi		Chaitra•Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1	Saturday, April 2, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 356 Plava 5123	
	Meena Rasi: 26.52	Tithi 1 – 2	Gulika 7:12AM – 8:47AM	Revati Until 11:40AM	Ganesha: Red	Sunrise: 7:12AM		
			Yama 3:05PM – 4:39PM	Indra Until 8:59AM	Muruga: White	Sunset: 7:48PM	Moon 3 - Phase 48 - 14	
		116245478 Rahu	10:21AM – 11:56AM	Balava Until 12:45AM Sun	Nataraja: White		3rd Phase	
Routine Work		Prabalarishta Yoga	Chellappaswami Mahasamadhi		Moon – Clear	Bhuloka Day		
Until 11:40AM					Chaitra•Panguni	Devaloka Time: 9:AM to12:PM		
Then Creative Work - Siddha Yoga								
2	Sunday, April 3, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 357 Plava 5123	
	Mesha Rasi: 9.37	Tithi 2 – 3	Gulika 4:40PM – 6:15PM	Ashvini Until 1:06PM	Ganesha: White	Sunrise: 7:11AM		
			Yama 1:30PM – 3:05PM	Vaidhriti* Until 8:20AM	Muruga: White	Sunset: 7:49PM	Moon 3 - Phase 48 - 15	
		126345478 Rahu	6:15PM – 7:49PM	Taitila Until 1:45AM Mon	Nataraja: White		3rd Phase	
Creative Work		Siddha Yoga	Dvitiya Until 1:09PM		Moon – White	Bhuloka Day		
Until 1:06PM					Chaitra•Panguni			
Then Routine Work - Prabalarishta Yoga								
3	Monday, April 4, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 16 Sutra 358 Plava 5123	
	Mesha Rasi: 22.04	Tithi 3 – 4	Gulika 3:05PM – 4:40PM	Bharani Until 2:59PM	Ganesha: White	Sunrise: 7:09AM		
	Family Home Evening		Yama 11:55AM – 1:30PM	Vishkambha* Until 8:11AM	Muruga: White	Sunset: 7:50PM	Moon 3 - Phase 48 - 16	
		126345478 Rahu	8:45AM – 10:20AM	Vanija Until 3:20AM Tue	Nataraja: White		3rd Phase	
Creative Work		Siddha Yoga	Tritiya Until 2:27PM		Moon – White	Bhuloka Day		
Until 2:59PM					Chaitra•Panguni			
Then Routine Work - Marana Yoga								
4	Tuesday, April 5, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 359 Plava 5123	
	Vrishabha Rasi: 4.16	Tithi 4 – 5	Gulika 1:30PM – 3:05PM	Krittika Until 5:13PM	Ganesha: White	Sunrise: 7:08AM		
			Yama 10:19AM – 11:54AM	Priti Until 8:30AM	Muruga: White	Sunset: 7:51PM	Moon 3 - Phase 48 - 17	
		126345478 Rahu	4:40PM – 6:16PM	Bava Until 5:25AM Wed	Nataraja: White		3rd Phase	
Creative Work		Siddha Yoga	Chaturthi* Until 4:18PM		Moon – White	Bhuloka Day		
Until 5:13PM					Chaitra•Panguni			
Then Creative Work - Amrita Yoga								
5	Wednesday, April 6, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 360 Plava 5123	
	Vrishabha Rasi: 16.17	Tithi 5	Gulika 11:54AM – 1:29PM	Rohini Until 8:12PM	Ganesha: Clear	Sunrise: 7:06AM		
			Yama 8:42AM – 10:18AM	Ayushman Until 9:09AM	Muruga: White	Sunset: 7:52PM	Moon 3 - Phase 48 - 18	
		136345478 Rahu	1:29PM – 3:05PM	Balava Until 6:35PM	Nataraja: White		3rd Phase	
Creative Work		Siddha Yoga	Panchami Until 6:35PM		Moon – Yellow	Bhuloka Day		
					Chaitra•Panguni	Devaloka Time: 6:AM to 9:AM		
6	Thursday, April 7, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 361 Plava 5123	
	Vrishabha Rasi: 28.1	Tithi 6	Gulika 10:17AM – 11:53AM	Mrigashira Until 11:13PM	Ganesha: Clear	Sunrise: 7:05AM		
			Yama 7:05AM – 8:41AM	Saubhagya Until 10:02AM	Muruga: White	Sunset: 7:53PM	Moon 3 - Phase 48 - 19	
		136345478 Rahu	3:05PM – 4:41PM	Kaulava Until 7:51AM	Nataraja: White		3rd Phase	
Routine Work		Marana Yoga	Shashthi* Until 9:06PM		Moon – Yellow	Bhuloka Day		
					Chaitra•Panguni	Devaloka Time: 6:AM to 9:AM		
	Friday, April 8, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 362 Plava 5123	
	Retreat Star		Gulika 8:40AM – 10:16AM	Ardra Until 2:03AM Sat	Ganesha: Clear	Sunrise: 7:03AM		
	Mithuna Rasi: 10	Tithi 7	Yama 4:41PM – 6:18PM	Sobhana Until 11:01AM	Muruga: White	Sunset: 7:54PM	Moon 3 - Phase 48 - 20	
		136345478 Rahu	11:52AM – 1:29PM	Gara Until 10:23AM	Nataraja: White		3rd Phase	
Creative Work		Siddha Yoga	Saptami Until 11:36PM		Moon – Yellow	Bhuloka Day		
					Chaitra•Panguni	Devaloka Time: 6:AM to 9:AM		
D	Saturday, April 9, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 363 Plava 5123	
	Mithuna Rasi: 21.52	Tithi 8	Gulika 7:02AM – 8:38AM	Punarvasu Until 4:59AM Sun	Ganesha: Clear	Sunrise: 7:02AM		
			Yama 3:05PM – 4:42PM	Athiganda* Until 11:53AM	Muruga: White	Sunset: 7:55PM	Moon 3 - Phase 48 - 21	
		147345478 Rahu	10:15AM – 11:52AM	Visti Until 12:49PM	Nataraja: White		Ashtami	
Creative Work		Siddha Yoga	Ashtami* Until 1:54AM Sun		Moon – Blue	Bhuloka Day		
					Chaitra•Panguni	Devaloka Time: 9:AM to12:PM		
	Sunday, April 10, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 364 Plava 5123	
	Kataka Rasi: 3.5	Tithi 9	Gulika 4:42PM – 6:19PM	Pushya Until 7:19AM Mon	Ganesha: Clear	Sunrise: 7:00AM		
			Yama 1:28PM – 3:05PM	Sukarma Until 12:31PM	Muruga: White	Sunset: 7:56PM	Moon 3 - Phase 48 - 22	
		147345478 Rahu	6:19PM – 7:56PM	Balava Until 2:54PM	Nataraja: White		Navami	
Creative Work		Siddha Yoga	Navami* Until 3:45AM Mon		Moon – Blue	Bhuloka Day		
					Chaitra•Panguni	Devaloka Time: 9:AM to12:PM		
		Sri Rama Navami						

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1	Monday, April 11, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 23	
	Kataka Rasi: 15.59	Tithi 10	Gulika	3:05PM – 4:42PM	Pushya Until 7:19AM	Ganesha: Clear	Sunrise: 6:59AM	Plava 5123
	Family Home Evening		Yama	11:51AM – 1:28PM	Dhriti Until 12:46PM	Muruga: White	Sunset: 7:57PM	Moon 3 - Phase 49 - 23
	Creative Work	Siddha Yoga	147345478 Rahu	8:36AM – 10:13AM	Taitila Until 4:28PM	Nataraja: White		4th Phase
			Yogaswami Mahasamadhi		Dashami Until 5:00AM Tue	Moon – Blue	Bhuloka Day Devaloka Time: 9:AM to12:PM	
			Chaitra•Panguni					
2	Tuesday, April 12, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24	
	Kataka Rasi: 28.23	Tithi 11	Gulika	1:28PM – 3:05PM	Ashlesha* Until 8:54AM	Ganesha: Clear	Sunrise: 6:57AM	Plava 5123
			Yama	10:12AM – 11:50AM	Shula* Until 12:31PM	Muruga: White	Sunset: 7:58PM	Moon 3 - Phase 49 - 24
			147345478 Rahu	4:43PM – 6:20PM	Vanija Until 5:23PM	Nataraja: White		4th Phase
	Creative Work	Siddha Yoga			Ekadashi Until 5:33AM Wed	Moon – Blue	Bhuloka Day Devaloka Time: 9:AM to12:PM	
			Chaitra•Panguni					
3	Wednesday, April 13, 2022		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25	
	Simha Rasi: 11.07	Tithi 12	Gulika	11:49AM – 1:27PM	Magha* Until 10:06AM	Ganesha: Purple	Sunrise: 6:56AM	Plava 5123
			Yama	8:34AM – 10:12AM	Ganda* Until 11:43AM	Muruga: White	Sunset: 7:59PM	Moon 3 - Phase 49 - 25
			157345478 Rahu	1:27PM – 3:05PM	Bava Until 5:34PM	Nataraja: White		4th Phase
	Creative Work	Siddha Yoga			Dvadashi Until 5:22AM Thu	Moon – Red	Devaloka Day	
	Until 10:06AM		Chaitra•Panguni					
	Then Creative Work - Amrita Yoga							
4	Thursday, April 14, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 26	
	Simha Rasi: 24.11	Tithi 13	Gulika	10:11AM – 11:49AM	Purvaphalguni Until 10:27AM	Ganesha: Purple	Sunrise: 6:54AM	Subhakrit 5124
			Yama	6:54AM – 8:33AM	Vridhi Until 10:22AM	Muruga: White	Sunset: 8:00PM	Moon 3 - Phase 49 - 26
			157345478 Rahu	3:05PM – 4:43PM	Kaulava Until 5:01PM	Nataraja: White		4th Phase
	Creative Work	Siddha Yoga			Kaulava Until 5:01PM	Moon – Red	Devaloka Day	
			Tamil New Year		Trayodashi Until 4:29AM Fri	Chaitra•Chaitra		
					Pradosha Vrata			
5	Friday, April 15, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27	
	Kanya Rasi: 7.39	Tithi 14	Gulika	8:31AM – 10:10AM	Uttaraphalguni Until 9:58AM	Ganesha: White	Sunrise: 6:53AM	Subhakrit 5124
			Yama	4:44PM – 6:22PM	Dhruva Until 8:26AM	Muruga: White	Sunset: 8:01PM	Moon 3 - Phase 49 - 27
			258345478 Rahu	11:48AM – 1:27PM	Gara Until 3:49PM	Nataraja: White		4th Phase
	Creative Work	Siddha Yoga			Chaturdashi* Until 2:58AM Sat	Moon – Red	Bhuloka Day	
	Until 9:58AM		Chaitra•Chaitra					
	Then Creative Work - Amrita Yoga							
○	Saturday, April 16, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan	
	Copper Retreat Star		Gulika	6:52AM – 8:30AM	Hasta Until 9:11AM	Ganesha: Clear	Sunrise: 6:52AM	Subhakrit 5124
	Kanya Rasi: 21.28	Tithi 15	Yama	3:05PM – 4:44PM	Vyaghata* Until 6:02AM	Muruga: White	Sunset: 8:02PM	Moon 3 - Phase 49 - Purnima
			268345478 Rahu	10:09AM – 11:48AM	Visti Until 2:02PM	Nataraja: White		
	Routine Work	Marana Yoga			Purnima* Until 12:57AM Sun	Moon – Green	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
			Chitra Purnima (Tamil Nadu) Hanuman Jayanti			Chaitra•Chaitra		
	Sunday, April 17, 2022		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan	
	Silver Retreat Star		Gulika	4:44PM – 6:23PM	Chitra Until 7:47AM	Ganesha: Clear	Sunrise: 6:50AM	Subhakrit 5124
	Tula Rasi: 5.35	Tithi 16	Yama	1:26PM – 3:05PM	Vajra* Until 12:09AM Mon	Muruga: White	Sunset: 8:03PM	Moon 3 - Phase 49 - Prathama
			268345478 Rahu	6:23PM – 8:03PM	Balava Until 11:48AM	Nataraja: White		
	Creative Work	Siddha Yoga			Prathama* Until 10:33PM	Moon – Green	Bhuloka Day Devaloka Time: 6:AM to 9:AM	
			Chaitra•Chaitra					