



Sunday, April 21, 2019
Gold Retreat Star

Tula Rasi: 27.01 Tithi 17 – 18

274483468

Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam
Vishakha/Anuradha Nakshatra Vyatipata* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 3:29PM – 5:02PM
Yama 12:24PM – 1:56PM
Rahu 5:02PM – 6:35PM

Vishakha **Until 4:58PM**
Vyatipata* Until 3:29AM Mon
Vanija Until 11:53PM
Dvitiya **Until 12:31PM**

Ganesha: Blue *Sunrise: 6:12AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Kottayam, India
Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

1

Monday, April 22, 2019

Vrischika Rasi: 10.41 Tithi 18 – 19

Family Home Evening

Creative Work Siddha Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam
Anuradha/Jyeshtha* Nakshatra Variyan Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 1:56PM – 3:29PM
Yama 10:51AM – 12:23PM
Rahu 7:45AM – 9:18AM

Anuradha **Until 4:43PM**
Variyan Until 1:53AM Tue
Bava Until 11:09PM
Tritiya **Until 11:24AM**

Ganesha: Blue *Sunrise: 6:12AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Kottayam, India
Sun 1
Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

2

Tuesday, April 23, 2019

Vrischika Rasi: 23.56 Tithi 19 – 20

Routine Work Marana Yoga

Until 5:05PM

Then Creative Work - Amrita Yoga

274483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam
Jyeshtha*/Mula* Nakshatra Parigha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:23PM – 1:56PM
Yama 9:17AM – 10:50AM
Rahu 3:29PM – 5:02PM

Jyeshtha* **Until 5:05PM**
Parigha* Until 12:57AM Wed
Kaulava Until 11:13PM
Chaturthi* **Until 11:03AM**

Ganesha: Blue *Sunrise: 6:12AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: Purple
Moon – Orange
Chaitra•Chaitra

Kottayam, India
Sun 2
Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

3

Wednesday, April 24, 2019

Dhanus Rasi: 6.45 Tithi 20 – 21

Routine Work Marana Yoga

Until 6:34PM

Then Creative Work - Amrita Yoga

284483468

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam
Mula* Nakshatra Shiva Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 10:50AM – 12:23PM
Yama 7:44AM – 9:17AM
Rahu 12:23PM – 1:56PM

Mula* **Until 6:34PM**
Shiva Until 12:39AM Thu
Gara Until 12:06AM Thu
Panchami **Until 11:32AM**

Ganesha: Yellow *Sunrise: 6:11AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Kottayam, India
Sun 3
Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Sivaloka Day

4

Thursday, April 25, 2019

Dhanus Rasi: 19.13 Tithi 21 – 22

Creative Work Siddha Yoga

Until 8:38PM

Then Routine Work - Marana Yoga

284483469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam
Purvashadha* Nakshatra Siddha Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:17AM – 10:50AM
Yama 6:11AM – 7:44AM
Rahu 1:56PM – 3:29PM

Purvashadha* **Until 8:38PM**
Siddha Until 12:53AM Fri
Visti Until 1:42AM Fri
Shashthi* **Until 12:48PM**

Ganesha: Yellow *Sunrise: 6:11AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Kottayam, India
Sun 4
Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase

Devaloka Day

5

Friday, April 26, 2019

Retreat Star

Makara Rasi: 1.22 Tithi 22 – 23

Routine Work Marana Yoga

284583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam
Uttarashadha Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 7:43AM – 9:16AM
Yama 3:29PM – 5:02PM
Rahu 10:50AM – 12:23PM

Uttarashadha **Until 11:05PM**
Sadhya Until 1:34AM Sat
Balava Until 3:52AM Sat
Saptami **Until 2:43PM**

Ganesha: Red *Sunrise: 6:10AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: Clear
Moon – Light Blue
Chaitra•Chaitra

Kottayam, India
Sun 5
Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami

Devaloka Day

Saturday, April 27, 2019

Retreat Star

Makara Rasi: 13.2 Tithi 23 – 24

Creative Work Siddha Yoga

Until 2:14AM Sun

Then Routine Work - Marana Yoga

294583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam
Shravana Nakshatra Subha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 6:10AM – 7:43AM
Yama 1:56PM – 3:29PM
Rahu 9:16AM – 10:49AM

Shravana **Until 2:14AM Sun**
Subha Until 2:31AM Sun
Taitila Until 6:21AM Sun
Ashtami* **Until 5:04PM**

Ganesha: Green *Sunrise: 6:10AM*
Muruqa: Yellow *Sunset: 6:35PM*
Nataraja: Clear
Moon – Purple
Chaitra•Chaitra

Kottayam, India
Sun 6
Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

1		Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Dhanishtha Nakshatra Sukla Yoga Taitila/Gara Karana Navamyam Titau		Kottayam, India Sun 7 Sutra 14	
Makara Rasi: 25.11	Tithi 24	Gulika 3:29PM – 5:02PM	Dhanishtha Until 5:18AM Mon	Ganesha: Green	<i>Sunrise:</i> 6:09AM	Vikarin 5121	
		Yama 12:22PM – 1:56PM	Sukla Until 3:31AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 3	
		294583469 Rahu 5:02PM – 6:35PM	Taitila Until 6:21AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Navami* Until 7:36PM	Moon – Purple		Bhuloka Day	
Until 5:18AM Mon				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

2		Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yukhtayam Shatabhishak Nakshatra Brahma Yoga Vanija/Visti* Karana Dashamyam Titau		Kottayam, India Sun 8 Sutra 15	
Kumbha Rasi: 7	Tithi 25	Gulika 1:56PM – 3:29PM	Shatabhishak Until 8:04AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:09AM	Vikarin 5121	
Family Home Evening		Yama 10:49AM – 12:22PM	Brahma Until 4:27AM Tue	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 3	
Creative Work	Siddha Yoga	294583469 Rahu 7:42AM – 9:16AM	Vanija Until 8:54AM	Nataraja: Clear		2nd Phase	
Until 8:04AM Tue			Dashami Until 10:06PM	Moon – Purple		Bhuloka Day	
Then Routine Work - Marana Yoga				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

3		Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shatabhishak/Purvaprosnthapada* Nakshatra Indra Yoga Bava/Balava Karana Ekadashyam Titau		Kottayam, India Sun 9 Sutra 16	
Kumbha Rasi: 18.52	Tithi 26	Gulika 12:22PM – 1:55PM	Shatabhishak Until 8:04AM	Ganesha: Green	<i>Sunrise:</i> 6:09AM	Vikarin 5121	
		Yama 9:15AM – 10:49AM	Indra Until 5:09AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 3	
		294583469 Rahu 3:29PM – 5:02PM	Bava Until 11:16AM	Nataraja: Clear		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 12:19AM Wed	Moon – Purple		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

4		Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yukhtayam Purvaprosnthapada*/Uttaraprosnthapada Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Kottayam, India Sun 10 Sutra 17	
Meena Rasi: 0.52	Tithi 27	Gulika 10:49AM – 12:22PM	Purvaprosnthapada* Until 10:51AM	Ganesha: Purple	<i>Sunrise:</i> 6:08AM	Vikarin 5121	
		Yama 7:42AM – 9:15AM	Vaidhriti* Until 5:29AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3	
		214583469 Rahu 12:22PM – 1:55PM	Kaulava Until 1:17PM	Nataraja: Clear		2nd Phase	
Creative Work	Amrita Yoga		Dvadashi* Until 2:06AM Thu	Moon – Clear		Bhuloka Day	
Until 10:51AM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

5		Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yukhtayam Uttaraprosnthapada/Revati Nakshatra Vishkambha* Yoga Gara/Vanija Karana Trayodashyam Titau		Kottayam, India Sun 11 Sutra 18	
Meena Rasi: 13.03	Tithi 28	Gulika 9:15AM – 10:48AM	Uttaraprosnthapada Until 1:01PM	Ganesha: Purple	<i>Sunrise:</i> 6:08AM	Vikarin 5121	
		Yama 6:08AM – 7:42AM	Vishkambha* Until 5:26AM Fri	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3	
		214583469 Rahu 1:55PM – 3:29PM	Gara Until 2:49PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 3:22AM Fri	Moon – Clear		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

6		Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yukhtayam Revati/Ashvini Nakshatra Priti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kottayam, India Sun 12 Sutra 19	
Meena Rasi: 25.27	Tithi 29	Gulika 7:41AM – 9:15AM	Revati Until 2:31PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:08AM	Vikarin 5121	
		Yama 3:29PM – 5:02PM	Priti Until 4:58AM Sat	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3	
		215583469 Rahu 10:48AM – 12:22PM	Visti Until 3:49PM	Nataraja: Clear		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 4:06AM Sat	Moon – Clear		Bhuloka Day	
Until 2:31PM				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yukhtayam Ashvini/Bharani Nakshatra Ayushman Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kottayam, India Sun 13 Sutra 20	
Mesha Rasi: 8.05	Tithi 30	Gulika 6:07AM – 7:41AM	Ashvini Until 3:48PM	Ganesha: Purple	<i>Sunrise:</i> 6:07AM	Vikarin 5121	
		Yama 1:55PM – 3:29PM	Ayushman Until 4:04AM Sun	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3	
		225583469 Rahu 9:15AM – 10:48AM	Catuspada Until 4:17PM	Nataraja: Clear		Amavasya	
Creative Work	Siddha Yoga		Amavasya* Until 4:17AM Sun	Moon – White		Bhuloka Day	
				Chaitra*Chaitra		Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Bharani/Krittika Nakshatra Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau		Kottayam, India Sun 14 Sutra 21	
Mesha Rasi: 20.59	Tithi 1	Gulika 3:29PM – 5:02PM	Bharani Until 4:25PM	Ganesha: Purple	<i>Sunrise:</i> 6:07AM	Vikarin 5121	
		Yama 12:22PM – 1:55PM	Saubhagya Until 2:48AM Mon	Muruqa: Yellow	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 3	
		225583469 Rahu 5:02PM – 6:36PM	Kintughna Until 4:13PM	Nataraja: Clear		Prathama	
Routine Work	Prabalarishta Yoga		Prathama* Until 4:00AM Mon	Moon – White		Bhuloka Day	
Until 4:25PM				Vaisaka*Chaitra		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

Monday, May 6, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kottayam, India Sun 15 Sutra 22 Vikarin 5121
1	Vrishabha Rasi: 4.07 Family Home Evening Routine Work Marana Yoga Until 4:28PM Then Creative Work - Amrita Yoga	Gulika 1:55PM – 3:29PM Yama 10:48AM – 12:21PM Rahu 7:40AM – 9:14AM	Krittika Until 4:28PM Sobhana Until 1:13AM Tue Balava Until 3:43PM Dvitiya Until 3:19AM Tue	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 6:07AM Sunset: 6:36PM	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Athiganda* Yoga Taitila/Gara Karana Tritiyayam Titau				Kottayam, India Sun 16 Sutra 23 Vikarin 5121
2	Vrishabha Rasi: 17.28 Creative Work Amrita Yoga Until 4:26PM Then Creative Work - Siddha Yoga	Gulika 12:21PM – 1:55PM Yama 9:14AM – 10:48AM Rahu 3:29PM – 5:03PM	Rohini Until 4:26PM Athiganda* Until 11:20PM Taitila Until 2:51PM Tritiya Until 2:16AM Wed	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 6:07AM Sunset: 6:36PM	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau				Kottayam, India Sun 17 Sutra 24 Vikarin 5121
3	Mithuna Rasi: 0.59 Creative Work Siddha Yoga	Gulika 10:48AM – 12:21PM Yama 7:40AM – 9:14AM Rahu 12:21PM – 1:55PM	Mrigashira Until 3:57PM Sukarma Until 9:14PM Vanija Until 1:40PM Chaturthi* Until 12:57AM Thu	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 6:06AM Sunset: 6:36PM	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhriti Yoga Bava/Balava Karana Panchamyam Titau				Kottayam, India Sun 18 Sutra 25 Vikarin 5121
4	Mithuna Rasi: 14.41 Routine Work Marana Yoga Until 3:05PM Then Creative Work - Amrita Yoga	Gulika 9:14AM – 10:47AM Yama 6:06AM – 7:40AM Rahu 1:55PM – 3:29PM	Ardra Until 3:05PM Dhriti Until 6:58PM Bava Until 12:13PM Panchami Until 11:24PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 6:06AM Sunset: 6:37PM	Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Friday, May 10, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Shashthyam Titau				Kottayam, India Sun 19 Sutra 26 Vikarin 5121
5	Mithuna Rasi: 28.31 Creative Work Siddha Yoga Until 2:18PM Then Routine Work - Marana Yoga	Gulika 7:40AM – 9:13AM Yama 3:29PM – 5:03PM Rahu 10:47AM – 12:21PM	Punarvasu Until 2:18PM Shula* Until 4:29PM Kaulava Until 10:34AM Shashthi* Until 9:39PM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 6:06AM Sunset: 6:37PM	Moon 4 - Phase 4 3rd Phase Devaloka Day

Saturday, May 11, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Saplamyam Titau				Kottayam, India Sun 20 Sutra 27 Vikarin 5121
6	Kataka Rasi: 12.28 Creative Work Siddha Yoga Until 1:10PM Then Routine Work - Marana Yoga	Gulika 6:06AM – 7:39AM Yama 1:55PM – 3:29PM Rahu 9:13AM – 10:47AM	Pushya Until 1:10PM Ganda* Until 1:52PM Gara Until 8:43AM Saptami Until 7:42PM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 6:06AM Sunset: 6:37PM	Moon 4 - Phase 4 3rd Phase Devaloka Day

Sunday, May 12, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vridhhi/Dhruva Yoga Visti*/Balava Karana Ashtami/Navamyam Titau				Kottayam, India Sun 21 Sutra 28 Vikarin 5121
Retreat Star	Kataka Rasi: 26.32 Creative Work Siddha Yoga Until 11:44AM Then Routine Work - Marana Yoga	Gulika 3:29PM – 5:03PM Yama 12:21PM – 1:55PM Rahu 5:03PM – 6:37PM	Ashlesha* Until 11:44AM Vridhhi Until 11:08AM Visti Until 6:41AM Ashtami* Until 5:35PM	Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 6:05AM Sunset: 6:37PM	Moon 4 - Phase 4 Ashtami Devaloka Day

Monday, May 13, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva*/Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kottayam, India Sun 22 Sutra 29 Vikarin 5121
Retreat Star	Simha Rasi: 10.42 Family Home Evening Routine Work Marana Yoga Until 10:25AM Then Creative Work - Siddha Yoga	Gulika 1:55PM – 3:29PM Yama 10:47AM – 12:21PM Rahu 7:39AM – 9:13AM	Magha* Until 10:25AM Dhruva Until 8:14AM Taitila Until 2:11AM Tue Navami* Until 3:20PM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sunrise: 6:05AM Sunset: 6:37PM	Moon 4 - Phase 4 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM

1		Tuesday, May 14, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kottayam, India Sun 23 Sutra 30
Simha Rasi: 24.57	Tithi 10 – 11	Gulika 12:21PM – 1:55PM	Purvaphalguni Until 8:52AM	Ganesha: White	<i>Sunrise:</i> 6:05AM
		Yama 9:13AM – 10:47AM	Harshana Until 2:15AM Wed	Muruqa: Yellow	<i>Sunset:</i> 6:37PM
		256583469 Rahu 3:29PM – 5:03PM	Vanija Until 11:49PM	Nataraja: Clear	Moon 4 - Phase 5
Creative Work	Siddha Yoga		Dashami Until 12:59PM	Moon – Red	4th Phase
Until 8:52AM				Vaisaka-Chaitra	Bhuloka Day
Then Creative Work - Amrita Yoga					Devaloka Time: 3:PM to 6:PM

2		Wednesday, May 15, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Kottayam, India Sun 24 Sutra 31
Kanya Rasi: 19.14	Tithi 11 – 12	Gulika 10:47AM – 12:21PM	Uttaraphalguni Until 7:07AM	Ganesha: White	<i>Sunrise:</i> 6:05AM
		Yama 7:39AM – 9:13AM	Vajra* Until 11:14PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM
		256583469 Rahu 12:21PM – 1:55PM	Bava Until 9:26PM	Nataraja: Clear	Moon 4 - Phase 5
Creative Work	Amrita Yoga		Ekadashi Until 10:36AM	Moon – Red	4th Phase
Until 7:07AM				Vaisaka-Vaikasi	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

3		Thursday, May 16, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kottayam, India Sun 25 Sutra 32
Kanya Rasi: 23.31	Tithi 12 – 13	Gulika 9:13AM – 10:47AM	Chitra Until 4:15AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:05AM
		Yama 6:05AM – 7:39AM	Siddhi Until 8:19PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM
		266583469 Rahu 1:55PM – 3:29PM	Kaulava Until 7:09PM	Nataraja: Clear	Moon 4 - Phase 5
Creative Work	Siddha Yoga		Dvadashi Until 8:15AM	Moon – Green	4th Phase
				Vaisaka-Vaikasi	Devaloka Day

Pradosha Vrata

4		Friday, May 17, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vyatipata*/Varyan Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau	Kottayam, India Sun 26 Sutra 33
Tula Rasi: 7.41	Tithi 13 – 14	Gulika 7:39AM – 9:13AM	Svati Until 2:56AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM
		Yama 3:30PM – 5:04PM	Vyatipata* Until 5:35PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM
		266583469 Rahu 10:47AM – 12:21PM	Vanija Until 4:09AM Sat	Nataraja: Clear	Moon 4 - Phase 5
Creative Work	Siddha Yoga		Trayodashi Until 6:04AM	Moon – Green	4th Phase
				Vaisaka-Vaikasi	Devaloka Day

○		Saturday, May 18, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mantla Vasara Yuktayam Vishakha Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Purnimayam Titau	Kottayam, India Sun 27 Sutra 34
Copper Retreat Star		Gulika 6:04AM – 7:38AM	Vishakha Until 2:18AM Sun	Ganesha: Blue	<i>Sunrise:</i> 6:04AM
Tula Rasi: 21.41	Tithi 15	Yama 1:55PM – 3:30PM	Varyan Until 3:07PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM
		276583469 Rahu 9:13AM – 10:47AM	Visti Until 3:22PM	Nataraja: Clear	Moon 4 - Phase 5
Creative Work	Siddha Yoga		Purnima* Until 2:39AM Sun	Moon – Orange	Purnima
Until 2:18AM Sun				Vaisaka-Vaikasi	Bhuloka Day
Then Routine Work - Marana Yoga					Devaloka Time: 3:PM to 6:PM

○		Sunday, May 19, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Prathamayam Titau	Kottayam, India Sun 28 Sutra 35
Silver Retreat Star		Gulika 3:30PM – 5:04PM	Anuradha Until 2:03AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM
Vrischika Rasi: 5.25	Tithi 16	Yama 12:21PM – 1:56PM	Parigha* Until 1:02PM	Muruqa: Yellow	<i>Sunset:</i> 6:38PM
		277583469 Rahu 5:04PM – 6:38PM	Balava Until 2:06PM	Nataraja: Clear	Moon 4 - Phase 5
Routine Work	Marana Yoga		Prathama* Until 1:40AM Mon	Moon – Orange	Prathama
Until 2:03AM Mon				Vaisaka-Vaikasi	Devaloka Day
Then Creative Work - Siddha Yoga					

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 18.5 Tithi 17
Family Home Evening 277583469
Creative Work Siddha Yoga
Until 2:17AM Tue
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:56PM – 3:30PM
Yama 10:47AM – 12:21PM
Rahu 7:38AM – 9:13AM
Jyeshtha* Until 2:17AM Tue
Shiva Until 11:26AM
Taitila Until 1:26PM
Dvitiya Until 1:19AM Tue

Kottayam, India Sun 1 Sutra 36 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Devaloka Day
Ganesha: Yellow Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:39PM
Nataraja: Clear
Moon – Orange
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 1.55 Tithi 18
Creative Work Amrita Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Tritiyayam Titau

Gulika 12:21PM – 1:56PM
Yama 9:13AM – 10:47AM
Rahu 3:30PM – 5:04PM
Mula* Until 3:29AM Wed
Siddha Until 10:20AM
Vanija Until 1:25PM
Tritiya Until 1:40AM Wed

Kottayam, India Sun 2 Sutra 37 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Sivaloka Day
Ganesha: Blue Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:39PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 14.38 Tithi 19
Creative Work Amrita Yoga
Until 5:13AM Thu
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 10:47AM – 12:21PM
Yama 7:38AM – 9:13AM
Rahu 12:21PM – 1:56PM
Purvashadha* Until 5:13AM Thu
Sadhya Until 9:48AM
Bava Until 2:07PM
Chaturthi* Until 2:42AM Thu

Kottayam, India Sun 3 Sutra 38 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Devaloka Day
Ganesha: Red Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:39PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Dhanus Rasi: 27.04 Tithi 20
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 9:13AM – 10:47AM
Yama 6:04AM – 7:38AM
Rahu 1:56PM – 3:30PM
Uttarashadha Until 7:22AM Fri
Subha Until 9:49AM
Kaulava Until 3:29PM
Panchami Until 4:21AM Fri

Kottayam, India Sun 4 Sutra 39 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Devaloka Day
Ganesha: Red Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:39PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 9.13 Tithi 21
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 7:38AM – 9:13AM
Yama 3:31PM – 5:05PM
Rahu 10:47AM – 12:22PM
Uttarashadha Until 7:22AM
Sukla Until 10:15AM
Gara Until 5:24PM
Shashthi* Until 6:29AM Sat

Kottayam, India Sun 5 Sutra 40 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Devaloka Day
Ganesha: Red Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:39PM
Nataraja: Clear
Moon – Light Blue
Vaisaka-Vaikasi

5

Saturday, May 25, 2019

Makara Rasi: 21.12 Tithi 21 – 22
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 6:04AM – 7:38AM
Yama 1:56PM – 3:31PM
Rahu 9:13AM – 10:47AM
Shravana Until 10:17AM
Brahma Until 11:01AM
Visti Until 7:41PM
Shashthi* Until 6:29AM

Kottayam, India Sun 6 Sutra 41 Vikarin 5121
Moon 5 - Phase 6 1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM
Ganesha: Green Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:40PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 3.05 Tithi 22 – 23
Routine Work Marana Yoga
Until 1:14PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

Gulika 3:31PM – 5:05PM
Yama 12:22PM – 1:56PM
Rahu 5:05PM – 6:40PM
Dhanishtha Until 1:14PM
Indra Until 11:59AM
Balava Until 10:07PM
Saptami Until 8:52AM

Kottayam, India Sun 7 Sutra 42 Vikarin 5121
Moon 5 - Phase 6 Ashtami
Sivaloka Day
Ganesha: Blue Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:40PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

Monday, May 27, 2019

Retreat Star

Kumbha Rasi: 14.56 Tithi 23 – 24
Family Home Evening 398683469
Creative Work Siddha Yoga
Until 4:02PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 1:56PM – 3:31PM
Yama 10:47AM – 12:22PM
Rahu 7:38AM – 9:13AM
Shatabhishak Until 4:02PM
Vaidhriti* Until 12:55PM
Taitila Until 12:27AM Tue
Ashtami* Until 11:17AM

Kottayam, India Sun 8 Sutra 43 Vikarin 5121
Moon 5 - Phase 6 Navami
Sivaloka Day
Ganesha: Blue Sunrise: 6:04AM
Muruga: Yellow Sunset: 6:40PM
Nataraja: Clear
Moon – Purple
Vaisaka-Vaikasi

1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Kottayam, India Sun 9 Sutra 44
Kumbha Rasi: 26.51	Tithi 24 – 25	Gulika 12:22PM – 1:57PM	Purvaproshtapada* Until 6:56PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 6:03AM Sunset: 6:40PM Moon 5 - Phase 7 2nd Phase
Routine Work	Marana Yoga	Yama 9:13AM – 10:47AM	Vishkambha* Until 1:42PM	Sivaloka Day	
Until 6:56PM		318683469 Rahu 3:31PM – 5:06PM	Vanija Until 2:30AM Wed	Vaisaka-Vaikasi	
Then Creative Work - Amrita Yoga		Navami* Until 1:30PM			

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Kottayam, India Sun 10 Sutra 45
Meena Rasi: 8.54	Tithi 25 – 26	Gulika 10:47AM – 12:22PM	Uttaraproshtapada Until 9:15PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 6:03AM Sunset: 6:41PM Moon 5 - Phase 7 2nd Phase
Creative Work	Siddha Yoga	Yama 7:38AM – 9:13AM	Priti Until 2:13PM	Sivaloka Day	
Until 9:15PM		318683469 Rahu 12:22PM – 1:57PM	Bava Until 4:04AM Thu	Vaisaka-Vaikasi	
Then Routine Work - Marana Yoga		Dashami Until 3:20PM			

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kottayam, India Sun 11 Sutra 46
Meena Rasi: 21.09	Tithi 26 – 27	Gulika 9:13AM – 10:48AM	Revati Until 10:52PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – Clear	Sunrise: 6:03AM Sunset: 6:41PM Moon 5 - Phase 7 2nd Phase
Creative Work	Siddha Yoga	Yama 6:03AM – 7:38AM	Ayushman Until 2:17PM	Sivaloka Day	
Until 10:52PM		318683469 Rahu 1:57PM – 3:32PM	Kaulava Until 5:03AM Fri	Vaisaka-Vaikasi	
Then Creative Work - Amrita Yoga		Ekadashi* Until 4:37PM			

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau	Kottayam, India Sun 12 Sutra 47
Mesha Rasi: 3.39	Tithi 27 – 28	Gulika 7:38AM – 9:13AM	Ashvini Until 12:12AM Sat	Ganesha: Clear Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 6:04AM Sunset: 6:41PM Moon 5 - Phase 7 2nd Phase
Creative Work	Amrita Yoga	Yama 3:32PM – 5:07PM	Saubhagya Until 1:53PM	Devaloka Day	
Until 12:12AM Sat		328683469 Rahu 10:48AM – 12:22PM	Gara Until 5:24AM Sat	Vaisaka-Vaikasi	
Then Creative Work - Siddha Yoga		Dvadashi* Until 5:17PM		<i>Pradosha Vrata (Fasting)</i>	

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kottayam, India Sun 13 Sutra 48
Mesha Rasi: 16.26	Tithi 28 – 29	Gulika 6:04AM – 7:38AM	Bharani Until 12:44AM Sun	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 6:04AM Sunset: 6:41PM Moon 5 - Phase 7 2nd Phase
Creative Work	Siddha Yoga	Yama 1:57PM – 3:32PM	Sobhana Until 1:00PM	Bhuloka Day	
Until 12:32AM Mon		329683469 Rahu 9:13AM – 10:48AM	Visti Until 5:07AM Sun	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga		Trayodashi* Until 5:19PM			

6		Sunday, June 2, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Athiganda*/Sukarma Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kottayam, India Sun 14 Sutra 49
Mesha Rasi: 29.34	Tithi 29 – 30	Gulika 3:32PM – 5:07PM	Krittika Until 12:32AM Mon	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – White	Sunrise: 6:04AM Sunset: 6:42PM Moon 5 - Phase 7 2nd Phase
Creative Work	Siddha Yoga	Yama 12:23PM – 1:57PM	Athiganda* Until 11:35AM	Bhuloka Day	
Until 12:32AM Mon		329683469 Rahu 5:07PM – 6:42PM	Catuspada Until 4:14AM Mon	Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga		Chaturdashi* Until 4:44PM			

Retreat Star		Monday, June 3, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kottayam, India Sun 15 Sutra 50
Vrishabha Rasi: 12.59	Tithi 30 – 1	Gulika 1:58PM – 3:32PM	Rohini Until 12:07AM Tue	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 6:04AM Sunset: 6:42PM Moon 5 - Phase 7 Amavasya
Family Home Evening		Yama 10:48AM – 12:23PM	Sukarma Until 9:44AM	Bhuloka Day	
Creative Work	Amrita Yoga	339683469 Rahu 7:38AM – 9:13AM	Kintughna Until 2:52AM Tue	Devaloka Time: 3:PM to 6:PM	
Until 12:07AM Tue		Amavasya* Until 3:35PM			
Then Creative Work - Siddha Yoga					

Retreat Star		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Kottayam, India Sun 16 Sutra 51
Vrishabha Rasi: 26.42	Tithi 1 – 2	Gulika 12:23PM – 1:58PM	Mrigashira Until 11:09PM	Ganesha: Green Muruqa: Yellow Nataraja: Clear Moon – Yellow	Sunrise: 6:04AM Sunset: 6:42PM Moon 5 - Phase 7 Prathama
Creative Work	Siddha Yoga	Yama 9:13AM – 10:48AM	Dhriti Until 7:31AM	Bhuloka Day	
Until 11:09PM		339683469 Rahu 3:33PM – 5:07PM	Balava Until 1:05AM Wed	Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga		Prathama* Until 2:00PM			

1	Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kottayam, India Sun 17 Sutra 52
	Mithuna Rasi: 10.4	Tithi 2 - 3	Gulika 10:48AM - 12:23PM	Ardra Until 9:44PM	Ganesha: Green	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 7:39AM - 9:13AM	Ganda* Until 2:12AM Thu	Muruqa: Yellow	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	339683461 Rahu 12:23PM - 1:58PM	Taitila Until 11:01PM	Nataraja: Clear		3rd Phase
			Dvitiya Until 12:04PM	Moon - Yellow		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2	Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Vriddhi Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kottayam, India Sun 18 Sutra 53
	Mithuna Rasi: 24.47	Tithi 3 - 4	Gulika 9:14AM - 10:48AM	Punarvasu Until 8:25PM	Ganesha: White	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 6:04AM - 7:39AM	Vriddhi Until 11:18PM	Muruqa: Yellow	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	349683461 Rahu 1:58PM - 3:33PM	Vanija Until 8:45PM	Nataraja: Yellow		3rd Phase
			Tritiya Until 9:53AM	Moon - Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

3	Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Dhruva Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kottayam, India Sun 19 Sutra 54
	Kataka Rasi: 9.01	Tithi 4 - 5	Gulika 7:39AM - 9:14AM	Pushya Until 6:51PM	Ganesha: White	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 3:33PM - 5:08PM	Dhruva Until 8:19PM	Muruqa: Yellow	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 Rahu 10:49AM - 12:24PM	Bava Until 6:24PM	Nataraja: Yellow		3rd Phase
			Chaturthi* Until 7:34AM	Moon - Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

4	Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Kottayam, India Sun 20 Sutra 55
	Kataka Rasi: 23.17	Tithi 6	Gulika 6:04AM - 7:39AM	Ashlesha* Until 5:08PM	Ganesha: White	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 1:59PM - 3:34PM	Vyaghata* Until 5:20PM	Muruqa: Yellow	<i>Sunset:</i> 6:43PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	349683461 Rahu 9:14AM - 10:49AM	Kaulava Until 4:02PM	Nataraja: Yellow		3rd Phase
			Shashthi* Until 2:50AM Sun	Moon - Blue		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

5	Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Kottayam, India Sun 21 Sutra 56
	Simha Rasi: 7.33	Tithi 7	Gulika 3:34PM - 5:09PM	Magha* Until 3:44PM	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 12:24PM - 1:59PM	Harshana Until 2:23PM	Muruqa: Yellow	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
	Routine Work	Marana Yoga	351683461 Rahu 5:09PM - 6:44PM	Gara Until 1:42PM	Nataraja: Yellow		3rd Phase
			Saptami Until 12:33AM Mon	Moon - Red		Devaloka Day	
				Jyeshtha-Vaikasi			

Monday, June 10, 2019	Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Kottayam, India Sun 22 Sutra 57
	Simha Rasi: 21.46	Tithi 8	Gulika 1:59PM - 3:34PM	Purvaphalguni Until 2:18PM	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM	Vikarin 5121
	Family Home Evening		Yama 10:49AM - 12:24PM	Vajra* Until 11:30AM	Muruqa: Yellow	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
	Creative Work	Siddha Yoga	351683461 Rahu 7:39AM - 9:14AM	Visti Until 11:28AM	Nataraja: Yellow		Ashtami
			Ashtami* Until 10:22PM	Moon - Red		Devaloka Day	
				Jyeshtha-Vaikasi			


Tuesday, June 11, 2019	Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddhi/Vyatalpata* Yoga Balava/Kaulava Karana Navamyam Titau				Kottayam, India Sun 23 Sutra 58
	Kanya Rasi: 5.53	Tithi 9	Gulika 12:24PM - 1:59PM	Uttaraphalguni Until 12:51PM	Ganesha: Yellow	<i>Sunrise:</i> 6:04AM	Vikarin 5121
			Yama 9:14AM - 10:49AM	Siddhi Until 8:44AM	Muruqa: Yellow	<i>Sunset:</i> 6:44PM	Moon 5 - Phase 8
	Creative Work	Amrita Yoga	351683461 Rahu 3:34PM - 5:09PM	Balava Until 9:21AM	Nataraja: Yellow		Navami
			Navami* Until 8:19PM	Moon - Red		Devaloka Day	
				Jyeshtha-Vaikasi			

1	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyatipata/Variyan Yoga Taitila/Gara Karana Dashamyam Titau				Kottayam, India Sun 24 Sutra 59
	Kanya Rasi: 19.55	Tithi 10	Gulika 10:50AM – 12:24PM	Hasta Until 11:51AM	Ganesha: White <i>Sunrise: 6:05AM</i>	Vikarin 5121	
			Yama 7:40AM – 9:15AM	Vyatipata* Until 6:06AM	Muruqa: Yellow <i>Sunset: 6:44PM</i>	Moon 5 - Phase 9	
		361683461	Rahu 12:24PM – 1:59PM	Taitila Until 7:23AM	Nataraja: Yellow	4th Phase	
Routine Work Marana Yoga			Dashami Until 6:28PM	Moon – Green	Bhuloka Day		
Until 11:51AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga							

2	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kottayam, India Sun 25 Sutra 60
	Tula Rasi: 3.49	Tithi 11 – 12	Gulika 9:15AM – 10:50AM	Chitra Until 10:55AM	Ganesha: White <i>Sunrise: 6:05AM</i>	Vikarin 5121	
			Yama 6:05AM – 7:40AM	Parigha* Until 1:21AM Fri	Muruqa: Yellow <i>Sunset: 6:45PM</i>	Moon 5 - Phase 9	
		361683461	Rahu 2:00PM – 3:35PM	Bava Until 4:09AM Fri	Nataraja: Yellow	4th Phase	
Creative Work Siddha Yoga			Ekadashi Until 4:50PM	Moon – Green	Bhuloka Day		
Until 10:55AM				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga							

3	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kottayam, India Sun 26 Sutra 61
	Tula Rasi: 17.34	Tithi 12 – 13	Gulika 7:40AM – 9:15AM	Svati Until 10:07AM	Ganesha: White <i>Sunrise: 6:05AM</i>	Vikarin 5121	
			Yama 3:35PM – 5:10PM	Shiva Until 11:22PM	Muruqa: Blue <i>Sunset: 6:45PM</i>	Moon 5 - Phase 9	
		361693461	Rahu 10:50AM – 12:25PM	Kaulava Until 2:59AM Sat	Nataraja: Yellow	4th Phase	
Creative Work Siddha Yoga			Dvadashi Until 3:30PM	Moon – Green	Devaloka Day		
		Vaikasi Visakam		Jyeshtha-Vaikasi			
			<i>Pradosha Vrata</i>				

4	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kottayam, India Sun 27 Sutra 62
	Vrischika Rasi: 1.07	Tithi 13 – 14	Gulika 6:05AM – 7:40AM	Vishakha Until 9:57AM	Ganesha: Clear <i>Sunrise: 6:05AM</i>	Vikarin 5121	
			Yama 2:00PM – 3:35PM	Siddha Until 9:39PM	Muruqa: Blue <i>Sunset: 6:45PM</i>	Moon 5 - Phase 9	
		371693461	Rahu 9:15AM – 10:50AM	Gara Until 2:13AM Sun	Nataraja: Yellow	4th Phase	
Creative Work Siddha Yoga			Trayodashi Until 2:31PM	Moon – Orange	Sivaloka Day		
				Jyeshtha-Ani			

	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kottayam, India Sutra 63
	Copper Retreat Star		Gulika 3:35PM – 5:10PM	Anuradha Until 10:03AM	Ganesha: White <i>Sunrise: 6:05AM</i>	Vikarin 5121	
	Vrischika Rasi: 14.26	Tithi 14 – 15	Yama 12:25PM – 2:00PM	Sadhya Until 8:19PM	Muruqa: Blue <i>Sunset: 6:45PM</i>	Moon 5 - Phase 9	
		371793461	Rahu 5:10PM – 6:45PM	Visti Until 1:55AM Mon	Nataraja: Yellow	Purnima	
Routine Work Marana Yoga			Chaturdashi* Until 1:59PM	Moon – Orange	Subha Sivaloka Day		
		Father's Day		Jyeshtha-Ani			

Monday, June 17, 2019	Silver Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kottayam, India Sutra 64
	Vrischika Rasi: 27.29	Tithi 15 – 16	Gulika 2:01PM – 3:36PM	Jyeshtha* Until 10:29AM	Ganesha: White <i>Sunrise: 6:05AM</i>	Vikarin 5121	
	Family Home Evening		Yama 10:51AM – 12:26PM	Subha Until 7:25PM	Muruqa: Blue <i>Sunset: 6:46PM</i>	Moon 5 - Phase 9	
		371793461	Rahu 7:40AM – 9:15AM	Balava Until 2:09AM Tue	Nataraja: Yellow	Prathama	
Creative Work Siddha Yoga			Purnima* Until 1:57PM	Moon – Orange	Subha Sivaloka Day		
				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula/Purvashadha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kottayam, India
Sutra 65

Dhanus Rasi: 10.17 Tithi 16 - 17

381793461

Gulika 12:26PM - 2:01PM
Yama 9:16AM - 10:51AM
Rahu 3:36PM - 5:11PM

Mula* Until 11:46AM
Sukla Until 6:56PM
Taitila Until 2:58AM Wed
Prathama* Until 2:28PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 6:06AM
Sunset: 6:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 11:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kottayam, India
Sun 1 Sutra 66

Dhanus Rasi: 22.49 Tithi 17 - 18

381793461

Gulika 10:51AM - 12:26PM
Yama 7:41AM - 9:16AM
Rahu 12:26PM - 2:01PM

Purvashadha* Until 1:27PM
Brahma Until 6:54PM
Vanija Until 4:19AM Thu
Dvitiya Until 3:33PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 6:06AM
Sunset: 6:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga

Sivaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kottayam, India
Sun 2 Sutra 67

Makara Rasi: 5.06 Tithi 18 - 19

382793461

Gulika 9:16AM - 10:51AM
Yama 6:06AM - 7:41AM
Rahu 2:01PM - 3:36PM

Uttarashadha Until 3:29PM
Indra Until 7:17PM
Bava Until 6:10AM Fri
Tritiya Until 5:10PM

Ganesha: Purple
Muruqa: Blue
Nataraja: Yellow
Moon - Light Blue
Jyeshtha-Ani

Sunrise: 6:06AM
Sunset: 6:46PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 3:29PM
Then Creative Work - Siddha Yoga

Devaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Vaidhriti* Yoga Bava/Balava Karana Chaturthyam Titau

Kottayam, India
Sun 3 Sutra 68

Makara Rasi: 17.12 Tithi 19

392793461

Gulika 7:41AM - 9:16AM
Yama 3:36PM - 5:11PM
Rahu 10:51AM - 12:26PM

Shravana Until 6:16PM
Vaidhriti* Until 7:57PM
Bava Until 6:10AM
Chaturthi* Until 7:12PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 6:06AM
Sunset: 6:47PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 6:16PM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mantla Vasara Yuktayam
Dhanishtha Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India
Sun 4 Sutra 69

Makara Rasi: 29.09 Tithi 20

392793461

Gulika 6:06AM - 7:42AM
Yama 2:02PM - 3:37PM
Rahu 9:17AM - 10:52AM

Dhanishtha Until 9:09PM
Vishkambha* Until 8:51PM
Kaulava Until 8:21AM
Panchami Until 9:30PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 6:06AM
Sunset: 6:47PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 9:09PM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Priti Yoga Gara/Vanija Karana Shashthyam Titau

Kottayam, India
Sun 5 Sutra 70

Kumbha Rasi: 11.02 Tithi 21

392793461

Gulika 3:37PM - 5:12PM
Yama 12:27PM - 2:02PM
Rahu 5:12PM - 6:47PM

Shatabhishak Until 11:57PM
Priti Until 9:50PM
Gara Until 10:43AM
Shashthi* Until 11:54PM

Ganesha: Clear
Muruqa: Blue
Nataraja: Yellow
Moon - Purple
Jyeshtha-Ani

Sunrise: 6:07AM
Sunset: 6:47PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Ayushman Yoga Visti*/Bava Karana Saptamyam Titau

Kottayam, India
Sun 6 Sutra 71

Kumbha Rasi: 22.54 Tithi 22

312793461

Gulika 2:02PM - 3:37PM
Yama 10:52AM - 12:27PM
Rahu 7:42AM - 9:17AM

Purvaproshtapada* Until 2:59AM Tue
Ayushman Until 10:42PM
Visti Until 1:05PM
Saptami Until 2:11AM Tue

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 6:07AM
Sunset: 6:47PM

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 2:59AM Tue
Then Creative Work - Amrita Yoga

Sivaloka Day

D

Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India
Sun 7 Sutra 72

Meena Rasi: 4.5 Tithi 23

312793461

Gulika 12:27PM - 2:02PM
Yama 9:17AM - 10:52AM
Rahu 3:37PM - 5:12PM

Uttaraproshtapada Until 5:33AM Wed
Saubhagya Until 11:23PM
Balava Until 3:15PM
Ashtami* Until 4:10AM Wed

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 6:07AM
Sunset: 6:47PM

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 5:33AM Wed
Then Routine Work - Marana Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Kottayam, India
Sun 8 Sutra 73

Meena Rasi: 16.53 Tithi 24

312793461

Gulika 10:52AM - 12:27PM
Yama 7:42AM - 9:17AM
Rahu 12:27PM - 2:02PM

Revati Until 7:29AM Thu
Sobhana Until 11:44PM
Taitila Until 5:01PM
Navami* Until 5:40AM Thu

Ganesha: Yellow
Muruqa: Blue
Nataraja: Yellow
Moon - Clear
Jyeshtha-Ani

Sunrise: 6:07AM
Sunset: 6:48PM

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 7:29AM Thu
Then Creative Work - Amrita Yoga

Sivaloka Day

1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Athiganda* Yoga Vanija Karana Dashamyam Titau		Kottayam, India Sun 9 Sutra 74	
Meena Rasi: 29.08	Tithi 25	Gulika 9:18AM – 10:53AM	Revati Until 7:29AM	Ganesha: Yellow	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 6:08AM – 7:43AM	Athiganda* Until 11:36PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM		Moon 6 - Phase 11
		312793461 Rahu 2:03PM – 3:38PM	Vanija Until 6:13PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 6:34AM Fri	Moon – Clear		Sivaloka Day	
Until 7:29AM							
Then Creative Work - Amrita Yoga							

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Kottayam, India Sun 10 Sutra 75	
Mesha Rasi: 11.4	Tithi 25 – 26	Gulika 7:43AM – 9:18AM	Ashvini Until 9:08AM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 3:38PM – 5:13PM	Sukarma Until 10:57PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM		Moon 6 - Phase 11
		322793461 Rahu 10:53AM – 12:28PM	Bava Until 6:46PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 6:34AM	Moon – White		Devaloka Day	
Until 9:08AM							
Then Creative Work - Siddha Yoga							

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Kottayam, India Sun 11 Sutra 76	
Mesha Rasi: 24.31	Tithi 26 – 27	Gulika 6:08AM – 7:43AM	Bharani Until 9:56AM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 2:03PM – 3:38PM	Dhriti Until 9:44PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM		Moon 6 - Phase 11
		322793461 Rahu 9:18AM – 10:53AM	Kaulava Until 6:36PM	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 6:45AM	Moon – White		Devaloka Day	
Until 9:56AM							
Then Creative Work - Amrita Yoga							

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Shula* Yoga Taila/Vanija Karana Dvadashi/Trayodashyam Titau		Kottayam, India Sun 12 Sutra 77	
Vrishabha Rasi: 7.44	Tithi 27 – 28	Gulika 3:38PM – 5:13PM	Krittika Until 9:52AM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM		Vikarin 5121
		Yama 12:28PM – 2:03PM	Shula* Until 7:55PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM		Moon 6 - Phase 11
		322793461 Rahu 5:13PM – 6:48PM	Vanija Until 4:59AM Mon	Nataraja: Yellow			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 6:13AM	Moon – White		Devaloka Day	

Pradosha Vrata (Fasting)

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ganda*/Vridhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Kottayam, India Sun 13 Sutra 78	
Vrishabha Rasi: 21.2	Tithi 29	Gulika 2:03PM – 3:38PM	Rohini Until 9:26AM	Ganesha: Blue	<i>Sunrise:</i> 6:09AM		Vikarin 5121
Family Home Evening		Yama 10:54AM – 12:28PM	Ganda* Until 5:36PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM		Moon 6 - Phase 11
		332793461 Rahu 7:44AM – 9:19AM	Visti Until 4:09PM	Nataraja: Yellow			2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 3:09AM Tue	Moon – Yellow		Devaloka Day	
Until 8:16AM							
Then Routine Work - Marana Yoga							

Retreat Star		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Vridhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Kottayam, India Sun 14 Sutra 79	
Mithuna Rasi: 5.19	Tithi 30	Gulika 12:29PM – 2:04PM	Mrigashira Until 8:16AM	Ganesha: Blue	<i>Sunrise:</i> 6:09AM		Vikarin 5121
		Yama 9:19AM – 10:54AM	Vridhi Until 2:50PM	Muruqa: Blue	<i>Sunset:</i> 6:48PM		Moon 6 - Phase 11
		332793461 Rahu 3:39PM – 5:14PM	Catuspada Until 2:03PM	Nataraja: Yellow			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 12:48AM Wed	Moon – Yellow		Devaloka Day	
Until 8:16AM							
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau		Kottayam, India Sun 15 Sutra 80	
Mithuna Rasi: 19.37	Tithi 1	Gulika 10:54AM – 12:29PM	Ardra Until 6:29AM	Ganesha: Red	<i>Sunrise:</i> 6:09AM		Vikarin 5121
		Yama 7:44AM – 9:19AM	Dhruva Until 11:42AM	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 6 - Phase 11
		333793461 Rahu 12:29PM – 2:04PM	Kintughna Until 11:30AM	Nataraja: Yellow			Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:06PM	Moon – Yellow		Sivaloka Day	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau		Kottayam, India Sun 16 Sutra 81	
Kataka Rasi: 4.09	Tithi 2	Gulika 9:19AM – 10:54AM	Pushya Until 2:28AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:09AM		Vikarin 5121
		Yama 6:09AM – 7:44AM	Vyaghata* Until 8:19AM	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 6 - Phase 12
		343793461 Rahu 2:04PM – 3:39PM	Balava Until 8:40AM	Nataraja: Yellow			3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 7:09PM	Moon – Blue		Sivaloka Day	
Until 2:28AM Fri				Ashada*Ani			
Then Routine Work - Marana Yoga							

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kottayam, India Sun 17 Sutra 82	
Kataka Rasi: 18.49	Tithi 3 – 4	Gulika 7:44AM – 9:19AM	Ashlesha* Until 12:07AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM		Vikarin 5121
		Yama 3:39PM – 5:14PM	Vajra* Until 1:15AM Sat	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 6 - Phase 12
		343793461 Rahu 10:54AM – 12:29PM	Vanija Until 2:38AM Sat	Nataraja: Yellow			3rd Phase
Routine Work	Marana Yoga		Tritiya Until 4:07PM	Moon – Blue		Sivaloka Day	
Until 12:07AM Sat				Ashada*Ani			
Then Creative Work - Amrita Yoga							

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kottayam, India Sun 18 Sutra 83	
Simha Rasi: 3.3	Tithi 4 – 5	Gulika 6:10AM – 7:45AM	Magha* Until 10:07PM	Ganesha: White	<i>Sunrise:</i> 6:10AM		Vikarin 5121
		Yama 2:04PM – 3:39PM	Siddhi Until 9:47PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 6 - Phase 12
		353793461 Rahu 9:20AM – 10:54AM	Bava Until 11:41PM	Nataraja: Yellow			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 1:07PM	Moon – Red		Subha Sivaloka Day	
Until 10:07PM				Ashada*Ani			
Then Creative Work - Siddha Yoga							

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kottayam, India Sun 19 Sutra 84	
Simha Rasi: 18.06	Tithi 5 – 6	Gulika 3:39PM – 5:14PM	Purvaphalguni Until 8:10PM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM		Vikarin 5121
		Yama 12:30PM – 2:04PM	Vyatipata* Until 6:29PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 6 - Phase 12
		453793461 Rahu 5:14PM – 6:49PM	Kaulava Until 8:57PM	Nataraja: Yellow			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 10:16AM	Moon – Red		Sivaloka Day	
Until 8:10PM				Ashada*Ani			
Then Creative Work - Amrita Yoga							

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Kottayam, India Sun 20 Sutra 85	
Kanya Rasi: 2.32	Tithi 6 – 7	Gulika 2:05PM – 3:39PM	Uttaraphalguni Until 6:22PM	Ganesha: Yellow	<i>Sunrise:</i> 6:10AM		Vikarin 5121
Family Home Evening		Yama 10:55AM – 12:30PM	Variyan Until 3:23PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 6 - Phase 12
		453793461 Rahu 7:45AM – 9:20AM	Gara Until 6:30PM	Nataraja: Yellow			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 7:40AM	Moon – Red		Sivaloka Day	
		Chidambaram Abhishekam		Ashada*Ani			

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Ashtamyam Titau		Kottayam, India Sun 21 Sutra 86	
Kanya Rasi: 16.46	Tithi 8	Gulika 12:30PM – 2:05PM	Hasta Until 5:13PM	Ganesha: White	<i>Sunrise:</i> 6:11AM		Vikarin 5121
		Yama 9:20AM – 10:55AM	Parigha* Until 12:36PM	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 6 - Phase 12
		463793461 Rahu 3:39PM – 5:14PM	Visti Until 4:24PM	Nataraja: Yellow			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 3:30AM Wed	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau		Kottayam, India Sun 22 Sutra 87	
Tula Rasi: 0.43	Tithi 9	Gulika 10:55AM – 12:30PM	Chitra Until 4:20PM	Ganesha: White	<i>Sunrise:</i> 6:11AM		Vikarin 5121
		Yama 7:46AM – 9:20AM	Shiva Until 10:09AM	Muruqa: Blue	<i>Sunset:</i> 6:49PM		Moon 6 - Phase 12
		463793461 Rahu 12:30PM – 2:05PM	Balava Until 2:44PM	Nataraja: Yellow			Navami
Creative Work	Siddha Yoga		Navami* Until 2:02AM Thu	Moon – Green		Subha Sivaloka Day	
				Ashada*Ani			


1		Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dashamyam Titau				Kottayam, India Sun 23 Sutra 88
Tula Rasi: 14.25	Tithi 10	Gulika	9:21AM – 10:55AM	Svati Until 3:45PM	Ganesha: Yellow	<i>Sunrise: 6:11AM</i>	Vikarin 5121	
		Yama	6:11AM – 7:46AM	Siddha Until 8:02AM	Muruqa: Blue	<i>Sunset: 6:49PM</i>	Moon 6 - Phase 13	
		463893461 Rahu	2:05PM – 3:40PM	Taitila Until 1:30PM	Nataraja: Yellow		4th Phase	
Creative Work	Amrita Yoga			Dashami Until 1:02AM Fri	Ashada•Ani		Sivaloka Day	
Until 3:45PM								
Then Creative Work - Siddha Yoga								

2		Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Ekadashyam Titau				Kottayam, India Sun 24 Sutra 89
Tula Rasi: 27.51	Tithi 11	Gulika	7:46AM – 9:21AM	Vishakha Until 3:55PM	Ganesha: White	<i>Sunrise: 6:11AM</i>	Vikarin 5121	
		Yama	3:40PM – 5:14PM	Sadhya Until 6:18AM	Muruqa: Blue	<i>Sunset: 6:49PM</i>	Moon 6 - Phase 13	
		473893461 Rahu	10:56AM – 12:30PM	Vanija Until 12:43PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Ekadashi Until 12:30AM Sat	Ashada•Ani		Devaloka Day	

3		Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukla Yoga Bava/Balava Karana Dvadashyam Titau				Kottayam, India Sun 25 Sutra 90
Vrischika Rasi: 11.01	Tithi 12	Gulika	6:12AM – 7:46AM	Anuradha Until 4:24PM	Ganesha: White	<i>Sunrise: 6:12AM</i>	Vikarin 5121	
		Yama	2:05PM – 3:40PM	Sukla Until 3:59AM Sun	Muruqa: Blue	<i>Sunset: 6:49PM</i>	Moon 6 - Phase 13	
		473893461 Rahu	9:21AM – 10:56AM	Bava Until 12:26PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Dvadashi Until 12:26AM Sun	Ashada•Ani		Devaloka Day	

4		Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kottayam, India Sun 26 Sutra 91
Vrischika Rasi: 23.57	Tithi 13	Gulika	3:40PM – 5:15PM	Jyeshtha* Until 5:13PM	Ganesha: White	<i>Sunrise: 6:12AM</i>	Vikarin 5121	
		Yama	12:31PM – 2:05PM	Brahma Until 3:23AM Mon	Muruqa: Blue	<i>Sunset: 6:49PM</i>	Moon 6 - Phase 13	
		473893461 Rahu	5:15PM – 6:49PM	Kaulava Until 12:37PM	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga			Trayodashi Until 12:52AM Mon	Ashada•Ani		Devaloka Day	
Until 5:13PM								
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata</i>				

5		Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra Yoga Gara/Vanija Karana Chaturdashyam Titau				Kottayam, India Sun 27 Sutra 92
Dhanus Rasi: 6.38	Tithi 14	Gulika	2:05PM – 3:40PM	Mula* Until 6:48PM	Ganesha: Clear	<i>Sunrise: 6:12AM</i>	Vikarin 5121	
Family Home Evening		Yama	10:56AM – 12:31PM	Indra Until 3:11AM Tue	Muruqa: Blue	<i>Sunset: 6:49PM</i>	Moon 6 - Phase 13	
		483893461 Rahu	7:47AM – 9:21AM	Gara Until 1:17PM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga			Chaturdashi* Until 1:46AM Tue	Ashada•Ani		Sivaloka Day	
Until 6:48PM								
Then Routine Work - Marana Yoga								

		Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Purnimayam Titau				Kottayam, India Sutra 93
Copper Retreat Star		Gulika	12:31PM – 2:05PM	Purvashadha* Until 8:40PM	Ganesha: Clear	<i>Sunrise: 6:12AM</i>	Vikarin 5121	
Dhanus Rasi: 19.07	Tithi 15	Yama	9:21AM – 10:56AM	Vaidhriti* Until 3:18AM Wed	Muruqa: Blue	<i>Sunset: 6:49PM</i>	Moon 6 - Phase 13	
		483893461 Rahu	3:40PM – 5:15PM	Visti Until 2:24PM	Nataraja: Yellow		Purnima	
Creative Work	Siddha Yoga			Purnima* Until 3:07AM Wed	Ashada•Ani		Sivaloka Day	
Until 8:40PM								
Then Routine Work - Prabalarishta Yoga		Partial Lunar Eclipse	Satguru Purnima					

Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau				Kottayam, India Sutra 94		
Silver Retreat Star		Gulika	10:56AM – 12:31PM	Uttarashadha Until 10:48PM	Ganesha: Purple	<i>Sunrise: 6:12AM</i>	Vikarin 5121	
Makara Rasi: 1.25	Tithi 16	Yama	7:47AM – 9:22AM	Vishkambha* Until 3:44AM Thu	Muruqa: Blue	<i>Sunset: 6:49PM</i>	Moon 6 - Phase 13	
		484893462 Rahu	12:31PM – 2:05PM	Balava Until 3:58PM	Nataraja: White		Prathama	
Creative Work	Amrita Yoga			Prathama* Until 4:53AM Thu	Ashada•Ani		Subha Subha Sivaloka Day	
Until 10:48PM								
Then Creative Work - Siddha Yoga								



Thursday, July 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Priti Yoga Tailila/Gara Karana Dvitiyayam Titau

Kottayam, India
Sutra 95

Makara Rasi: 13.32 Tithi 17

494893462 **Rahu** 2:05PM – 3:40PM

Gulika 9:22AM – 10:56AM
Yama 6:13AM – 7:47AM

Shravana Until 1:35AM Fri
Priti Until 4:27AM Fri
Tailila Until 5:54PM

Ganesha: Clear *Sunrise: 6:13AM*

Muruqa: Blue *Sunset: 6:49PM*

Nataraja: White Moon – Purple Moon 7 - Phase 14 1st Phase

Creative Work Siddha Yoga

Ashada-Adi
Subha Sivaloka Day

1

Friday, July 19, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Ayushman Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kottayam, India
Sun 1 Sutra 96

Makara Rasi: 25.31 Tithi 17 – 18

494893462 **Rahu** 10:56AM – 12:31PM

Gulika 7:47AM – 9:22AM
Yama 3:40PM – 5:14PM

Dhanishtha Until 4:27AM Sat
Ayushman Until 5:19AM Sat
Vanija Until 8:07PM

Ganesha: Clear *Sunrise: 6:13AM*

Muruqa: Blue *Sunset: 6:49PM*

Nataraja: White Moon – Purple Moon 7 - Phase 14 1st Phase

Creative Work Siddha Yoga

Ashada-Adi
Subha Sivaloka Day

Until 4:27AM Sat
Then Creative Work - Amrita Yoga

2

Saturday, July 20, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Kottayam, India
Sun 2 Sutra 97

Kumbha Rasi: 7.25 Tithi 18 – 19

494893462 **Rahu** 9:22AM – 10:57AM

Gulika 6:13AM – 7:48AM
Yama 2:05PM – 3:40PM

Shatabhishak Until 7:15AM Sun
Saubhagya Until 6:18AM Sun
Bava Until 10:30PM

Ganesha: Clear *Sunrise: 6:13AM*

Muruqa: Blue *Sunset: 6:49PM*

Nataraja: White Moon – Purple Moon 7 - Phase 14 1st Phase

Creative Work Amrita Yoga

Ashada-Adi
Subha Sivaloka Day

Until 7:15AM Sun
Then Creative Work - Siddha Yoga

3

Sunday, July 21, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kottayam, India
Sun 3 Sutra 98

Kumbha Rasi: 19.17 Tithi 19 – 20

494893462 **Rahu** 5:14PM – 6:49PM

Gulika 3:40PM – 5:14PM
Yama 12:31PM – 2:06PM

Shatabhishak Until 7:15AM
Saubhagya Until 6:18AM
Kaulava Until 12:55AM Mon

Ganesha: Clear *Sunrise: 6:13AM*

Muruqa: Blue *Sunset: 6:49PM*

Nataraja: White Moon – Purple Moon 7 - Phase 14 1st Phase

Creative Work Siddha Yoga

Ashada-Adi
Subha Sivaloka Day

Chaturthi* Until 11:42AM

4

Monday, July 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada*/Uttaraproshtapada Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Kottayam, India
Sun 4 Sutra 99

Meena Rasi: 1.09 Tithi 20 – 21

414893462 **Rahu** 7:48AM – 9:22AM

Gulika 2:06PM – 3:40PM
Yama 10:57AM – 12:31PM

Purvaproshtapada* Until 10:23AM
Sobhana Until 7:16AM
Gara Until 3:12AM Tue

Ganesha: Clear *Sunrise: 6:14AM*

Muruqa: Blue *Sunset: 6:49PM*

Nataraja: White Moon – Clear Moon 7 - Phase 14 1st Phase

Routine Work Marana Yoga

Ashada-Adi
Subha Sivaloka Day

Until 10:23AM
Then Creative Work - Siddha Yoga

Panchami Until 2:04PM

5

Tuesday, July 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraproshtapada*/Revati Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kottayam, India
Sun 5 Sutra 100

Meena Rasi: 13.04 Tithi 21 – 22

414893462 **Rahu** 3:40PM – 5:14PM

Gulika 12:31PM – 2:06PM
Yama 9:22AM – 10:57AM

Uttaraproshtapada Until 1:10PM
Athiganda* Until 8:05AM
Visti Until 5:12AM Wed

Ganesha: Clear *Sunrise: 6:14AM*

Muruqa: Blue *Sunset: 6:49PM*

Nataraja: White Moon – Clear Moon 7 - Phase 14 1st Phase

Creative Work Amrita Yoga

Ashada-Adi
Subha Sivaloka Day

Until 1:10PM

Then Creative Work - Siddha Yoga

Shashthi* Until 4:14PM

6

Wednesday, July 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava Karana Saptamyam Titau

Kottayam, India
Sun 6 Sutra 101

Meena Rasi: 25.07 Tithi 22

414893462 **Rahu** 12:31PM – 2:06PM

Gulika 10:57AM – 12:31PM
Yama 7:48AM – 9:23AM

Revati Until 3:27PM
Sukarma Until 8:41AM
Bava Until 6:02PM

Ganesha: Clear *Sunrise: 6:14AM*

Muruqa: Blue *Sunset: 6:48PM*

Nataraja: White Moon – Clear Moon 7 - Phase 14 1st Phase

Routine Work Marana Yoga

Ashada-Adi
Subha Sivaloka Day

Saptami Until 6:02PM

Retreat Star

Thursday, July 25, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India
Sun 7 Sutra 102

Mesha Rasi: 7.2 Tithi 23

424893462 **Rahu** 2:05PM – 3:40PM

Gulika 9:23AM – 10:57AM
Yama 6:14AM – 7:48AM

Ashvini Until 5:34PM
Dhriti Until 8:56AM
Balava Until 6:46AM

Ganesha: White *Sunrise: 6:14AM*

Muruqa: Blue *Sunset: 6:48PM*

Nataraja: White Moon – White Moon 7 - Phase 14 Ashtami

Creative Work Amrita Yoga

Ashada-Adi
Subha Subha Sivaloka Day

Until 5:34PM

Then Creative Work - Siddha Yoga

Ashtami* Until 7:18PM

Friday, July 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Bharani Nakshatra Shula*/Ganda* Yoga Tailila/Gara Karana Navamyam Titau

Kottayam, India
Sun 8 Sutra 103

Mesha Rasi: 19.49 Tithi 24

424893462 **Rahu** 10:57AM – 12:31PM

Gulika 7:48AM – 9:23AM
Yama 3:40PM – 5:14PM

Bharani Until 6:53PM
Shula* Until 8:40AM
Tailila Until 7:43AM

Ganesha: White *Sunrise: 6:14AM*

Muruqa: Blue *Sunset: 6:48PM*

Nataraja: White Moon – White Moon 7 - Phase 14 Navami

Creative Work Siddha Yoga

Ashada-Adi
Subha Subha Sivaloka Day

Navami* Until 7:55PM


As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ganda*Vridhi Yoga Vanija/Visti* Karana Dashamyam Titau				Kottayam, India
	Wrishabha Rasi: 2.38	Tithi 25	Gulika 6:14AM – 7:49AM	Krittika Until 7:19PM	Ganesha: White	<i>Sunrise:</i> 6:14AM	Sun 9 Sutra 104
			Yama 2:05PM – 3:40PM	Ganda* Until 7:52AM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Vikarin 5121
	424893462	Rahu 9:23AM – 10:57AM		Vanija Until 7:57AM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Amrita Yoga		Dashami Until 7:46PM	Moon – White		2nd Phase	
					Subha Subha Sivaloka Day		
				Ashada-Adi			

2	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Ekadashyam Titau				Kottayam, India
	Wrishabha Rasi: 15.5	Tithi 26	Gulika 3:39PM – 5:14PM	Rohini Until 7:17PM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Sun 10 Sutra 105
			Yama 12:31PM – 2:05PM	Vriddhi Until 6:27AM	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Vikarin 5121
	434893462	Rahu 5:14PM – 6:48PM		Bava Until 7:25AM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		Ekadashi* Until 6:50PM	Moon – Yellow		2nd Phase	
					Subha Sivaloka Day		
				Ashada-Adi			

3	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau				Kottayam, India
	Wrishabha Rasi: 29.28	Tithi 27 – 28	Gulika 2:05PM – 3:39PM	Mrigashira Until 6:21PM	Ganesha: Yellow	<i>Sunrise:</i> 6:15AM	Sun 11 Sutra 106
	Family Home Evening		Yama 10:57AM – 12:31PM	Vyaghata* Until 1:44AM Tue	Muruqa: Blue	<i>Sunset:</i> 6:48PM	Vikarin 5121
	434893462	Rahu 7:49AM – 9:23AM		Kaulava Until 6:06AM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Amrita Yoga		Dvadashi* Until 5:09PM	Moon – Yellow		2nd Phase	
Until 6:21PM					Subha Sivaloka Day		
Then Creative Work - Siddha Yoga					Ashada-Adi		
					<i>Pradosha Vrata (Fasting)</i>		

4	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kottayam, India
	Mithuna Rasi: 13.32	Tithi 28 – 29	Gulika 12:31PM – 2:05PM	Ardra Until 4:37PM	Ganesha: White	<i>Sunrise:</i> 6:15AM	Sun 12 Sutra 107
			Yama 9:23AM – 10:57AM	Harshana Until 10:37PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Vikarin 5121
	435893462	Rahu 3:39PM – 5:13PM		Visti Until 1:27AM Wed	Nataraja: White		Moon 7 - Phase 15
Routine Work	Marana Yoga		Trayodashi* Until 2:49PM	Moon – Yellow		2nd Phase	
Until 4:37PM					Sivaloka Day		
Then Creative Work - Siddha Yoga					Ashada-Adi		

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vajra* Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kottayam, India
	Retreat Star		Gulika 10:57AM – 12:31PM	Punarvasu Until 2:39PM	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Sun 13 Sutra 108
	Mithuna Rasi: 28.01	Tithi 29 – 30	Yama 7:49AM – 9:23AM	Vajra* Until 7:03PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Vikarin 5121
	445893462	Rahu 12:31PM – 2:05PM		Catuspada Until 10:22PM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Siddha Yoga		Chaturdashi* Until 11:57AM	Moon – Blue		Amavasya	
					Sivaloka Day		
					Ashada-Adi		

	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kottayam, India
	Retreat Star		Gulika 9:23AM – 10:57AM	Pushya Until 12:10PM	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Sun 14 Sutra 109
	Kataka Rasi: 12.49	Tithi 30 – 1	Yama 6:15AM – 7:49AM	Siddhi Until 3:13PM	Muruqa: Blue	<i>Sunset:</i> 6:47PM	Vikarin 5121
	445893462	Rahu 2:05PM – 3:39PM		Kintughna Until 6:58PM	Nataraja: White		Moon 7 - Phase 15
Creative Work	Amrita Yoga		Amavasya* Until 8:41AM	Moon – Blue		Prathama	
Until 12:10PM					Sivaloka Day		
Then Creative Work - Siddha Yoga					Sravana-Adi		

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kottayam, India Sun 15 Sutra 110 Vikarin 5121
Kataka Rasi: 27.49	Tithi 2	Gulika 7:49AM – 9:23AM	Ashlesha* Untill 9:20AM	Ganesha: Green	<i>Sunrise:</i> 6:15AM			
		Yama 3:39PM – 5:13PM	Vyatipata* Untill 11:15AM	Muruqa: Blue	<i>Sunset:</i> 6:47PM		Moon 7 - Phase 16	
		445893462 Rahu 10:57AM – 12:31PM	Balava Untill 3:25PM	Nataraja: White			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Untill 1:37AM Sat	Moon – Blue			Sivaloka Day	
				Sravana*Adi				

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau				Kottayam, India Sun 16 Sutra 111 Vikarin 5121
Simha Rasi: 12.52	Tithi 3	Gulika 6:15AM – 7:49AM	Magha* Untill 6:43AM	Ganesha: White	<i>Sunrise:</i> 6:15AM			
		Yama 2:05PM – 3:39PM	Variyan Untill 7:13AM	Muruqa: Blue	<i>Sunset:</i> 6:46PM		Moon 7 - Phase 16	
		455893462 Rahu 9:23AM – 10:57AM	Taitila Untill 11:52AM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga		Tritiya Untill 10:07PM	Moon – Red			Sivaloka Day	
Untill 6:43AM				Sravana*Adi				
Then Creative Work - Siddha Yoga								

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturthyam Titau				Kottayam, India Sun 17 Sutra 112 Vikarin 5121
Simha Rasi: 27.5	Tithi 4	Gulika 3:38PM – 5:12PM	Uttaraphalguni Untill 1:36AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM			
		Yama 12:31PM – 2:05PM	Shiva Untill 11:38PM	Muruqa: Blue	<i>Sunset:</i> 6:46PM		Moon 7 - Phase 16	
		455993462 Rahu 5:12PM – 6:46PM	Vanija Untill 8:27AM	Nataraja: White			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Untill 6:50PM	Moon – Red			Subha Sivaloka Day	
Untill 1:36AM Mon				Sravana*Adi				
Then Creative Work - Siddha Yoga								

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kottayam, India Sun 18 Sutra 113 Vikarin 5121
Kanya Rasi: 12.35	Tithi 5 – 6	Gulika 2:04PM – 3:38PM	Hasta Untill 11:47PM	Ganesha: White	<i>Sunrise:</i> 6:16AM			
Family Home Evening		Yama 10:57AM – 12:31PM	Siddha Untill 8:15PM	Muruqa: Blue	<i>Sunset:</i> 6:46PM		Moon 7 - Phase 16	
Creative Work	Siddha Yoga	465993462 Rahu 7:49AM – 9:23AM	Kaulava Untill 2:40AM Tue	Nataraja: White			3rd Phase	
Untill 11:47PM			Panchami Untill 3:56PM	Moon – Green			Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga		Nag Panchami		Sravana*Adi				

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kottayam, India Sun 19 Sutra 114 Vikarin 5121
Kanya Rasi: 27.01	Tithi 6 – 7	Gulika 12:31PM – 2:04PM	Chitra Untill 10:22PM	Ganesha: White	<i>Sunrise:</i> 6:16AM			
		Yama 9:23AM – 10:57AM	Sadhya Untill 5:18PM	Muruqa: Blue	<i>Sunset:</i> 6:46PM		Moon 7 - Phase 16	
		465993462 Rahu 3:38PM – 5:12PM	Gara Untill 12:32AM Wed	Nataraja: White			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Untill 1:30PM	Moon – Green			Subha Subha Sivaloka Day	
				Sravana*Adi				

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kottayam, India Sun 20 Sutra 115 Vikarin 5121
Tula Rasi: 11.05	Tithi 7 – 8	Gulika 10:57AM – 12:31PM	Svati Untill 9:24PM	Ganesha: White	<i>Sunrise:</i> 6:16AM			
		Yama 7:49AM – 9:23AM	Subha Untill 2:51PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 7 - Phase 16	
		465993462 Rahu 12:31PM – 2:04PM	Visti Untill 11:00PM	Nataraja: White			Ashtami	
Creative Work	Siddha Yoga		Saptami Untill 11:40AM	Moon – Green			Subha Subha Sivaloka Day	
				Sravana*Adi				

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kottayam, India Sun 21 Sutra 116 Vikarin 5121
Tula Rasi: 24.45	Tithi 8 – 9	Gulika 9:23AM – 10:57AM	Vishakha Untill 9:24PM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM			
		Yama 6:16AM – 7:50AM	Sukla Untill 12:55PM	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 7 - Phase 16	
		476993462 Rahu 2:04PM – 3:38PM	Balava Untill 10:09PM	Nataraja: White			Navami	
Creative Work	Siddha Yoga		Ashtami* Untill 10:29AM	Moon – Orange			Sivaloka Day	
				Sravana*Adi				

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kottayam, India Sun 22 Sutra 117	
Wrischika Rasi: 8.02	Tithi 9 – 10	Gulika 7:50AM – 9:23AM	Anuradha Until 9:54PM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 3:37PM – 5:11PM	Brahma Until 11:32AM	Muruqa: Blue	<i>Sunset:</i> 6:45PM		Moon 7 - Phase 17
		476993462 Rahu 10:57AM – 12:30PM	Taitila Until 9:58PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:58AM	Moon – Orange		Sivaloka Day	
Until 9:54PM							
Then Routine Work - Marana Yoga							

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashtyam Titau		Kottayam, India Sun 23 Sutra 118	
Wrischika Rasi: 20.59	Tithi 10 – 11	Gulika 6:16AM – 7:50AM	Jyeshtha* Until 10:52PM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 2:04PM – 3:37PM	Indra Until 10:40AM	Muruqa: Blue	<i>Sunset:</i> 6:44PM		Moon 7 - Phase 17
		476993462 Rahu 9:23AM – 10:57AM	Vanija Until 10:25PM	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Dashami Until 10:06AM	Moon – Orange		Sivaloka Day	

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau		Kottayam, India Sun 24 Sutra 119	
Dhanus Rasi: 3.38	Tithi 11 – 12	Gulika 3:37PM – 5:10PM	Mula* Until 12:42AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 12:30PM – 2:03PM	Vaidhriti* Until 10:15AM	Muruqa: Blue	<i>Sunset:</i> 6:44PM		Moon 7 - Phase 17
		486993462 Rahu 5:10PM – 6:44PM	Bava Until 11:26PM	Nataraja: White			4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 10:50AM	Moon – Light Blue		Subha Sivaloka Day	
Until 12:42AM Mon							
Then Routine Work - Marana Yoga							

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vishkambha*/Pritii Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kottayam, India Sun 25 Sutra 120	
Dhanus Rasi: 16.02	Tithi 12 – 13	Gulika 2:03PM – 3:37PM	Purvashadha* Until 2:50AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		Vikarin 5121
Family Home Evening		Yama 10:56AM – 12:30PM	Vishkambha* Until 10:16AM	Muruqa: Blue	<i>Sunset:</i> 6:43PM		Moon 7 - Phase 17
Routine Work	Marana Yoga	486993462 Rahu 7:50AM – 9:23AM	Kaulava Until 12:55AM Tue	Nataraja: White			4th Phase
Until 2:50AM Tue			Dvadashi Until 12:06PM	Moon – Light Blue		Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga							

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Pritii/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Kottayam, India Sun 26 Sutra 121	
Dhanus Rasi: 28.16	Tithi 13 – 14	Gulika 12:30PM – 2:03PM	Uttarashadha Until 5:08AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 9:23AM – 10:56AM	Pritii Until 10:37AM	Muruqa: Blue	<i>Sunset:</i> 6:43PM		Moon 7 - Phase 17
		486993462 Rahu 3:36PM – 5:10PM	Gara Until 2:46AM Wed	Nataraja: White			4th Phase
Routine Work	Prabalarishta Yoga		Trayodashi Until 1:47PM	Moon – Light Blue		Subha Sivaloka Day	
Until 5:08AM Wed							
Then Creative Work - Siddha Yoga							

6		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Ayushman/Saubhagya Yoga Vanija/Vistii* Karana Chaturdashi/Purnimayam Titau		Kottayam, India Sun 27 Sutra 122	
Makara Rasi: 10.2	Tithi 14 – 15	Gulika 10:56AM – 12:29PM	Shravana Until 8:03AM Thu	Ganesha: White	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 7:50AM – 9:23AM	Ayushman Until 11:12AM	Muruqa: Blue	<i>Sunset:</i> 6:43PM		Moon 7 - Phase 17
		496993462 Rahu 12:29PM – 2:03PM	Vistii Until 4:55AM Thu	Nataraja: White			4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:48PM	Moon – Purple		Sivaloka Day	

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Bava Karana Purnimayam Titau		Kottayam, India Sutra 123	
Copper Retreat Star		Gulika 9:23AM – 10:56AM	Shravana Until 8:03AM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM		Vikarin 5121
Makara Rasi: 22.18	Tithi 15	Yama 6:16AM – 7:50AM	Saubhagya Until 11:59AM	Muruqa: Blue	<i>Sunset:</i> 6:42PM		Moon 7 - Phase 17
		497993462 Rahu 2:02PM – 3:36PM	Bava Until 6:02PM	Nataraja: White			Purnima
Creative Work	Siddha Yoga		Purnima* Until 6:02PM	Moon – Purple		Subha Sivaloka Day	
		Raksha Bandhan					

Friday, August 16, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Kottayam, India Sutra 124	
Kumbha Rasi: 4.12	Tithi 16	Gulika 7:50AM – 9:23AM	Dhanishtha Until 10:57AM	Ganesha: Yellow	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 3:35PM – 5:09PM	Sobhana Until 12:54PM	Muruqa: Blue	<i>Sunset:</i> 6:42PM		Moon 7 - Phase 17
		497993462 Rahu 10:56AM – 12:29PM	Balava Until 7:14AM	Nataraja: White			Prathama
Creative Work	Siddha Yoga		Prathama* Until 8:25PM	Moon – Purple		Subha Sivaloka Day	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda



Saturday, August 17, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Athiganda*/Sukarma Yoga Taitila/Gara Karana Dvitiyayam Titau

Kottayam, India

Sun 1 Sutra 125

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 16.04 Tithi 17

497993462 Rahu

Gulika 6:16AM - 7:49AM
Yama 2:02PM - 3:35PM
Rahu 9:23AM - 10:56AM

Shatabhishak Until 1:46PM
Athiganda* Until 1:51PM
Taitila Until 9:40AM
Dvitiya Until 10:51PM

Ganesha: Yellow
Muruga: Blue
Nataraja: White
Moon - Purple
Sravana-Avani

Sunrise: 6:16AM
Sunset: 6:41PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 1:46PM

Then Routine Work - Marana Yoga

1

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Vanija/Visiti* Karana Triliyayam Titau

Kottayam, India

Sun 2 Sutra 126

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Kumbha Rasi: 27.55 Tithi 18

517993462 Rahu

Gulika 3:35PM - 5:08PM
Yama 12:29PM - 2:02PM
Rahu 5:08PM - 6:41PM

Purvaproshtapada* Until 4:55PM
Sukarma Until 2:48PM
Vanija Until 12:05PM
Tritiya Until 1:15AM Mon

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - Clear
Sravana-Avani

Sunrise: 6:16AM
Sunset: 6:41PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 4:55PM

Then Creative Work - Amrita Yoga

2

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Chaturthyam Titau

Kottayam, India

Sun 3 Sutra 127

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 9.49 Tithi 19

517993462 Rahu

Gulika 2:01PM - 3:34PM
Yama 10:55AM - 12:28PM
Rahu 7:49AM - 9:22AM

Uttaraproshtapada Until 7:46PM
Dhriti Until 3:42PM
Bava Until 2:25PM
Chaturthi* Until 3:30AM Tue

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - Clear
Sravana-Avani

Sunrise: 6:16AM
Sunset: 6:40PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

3

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India

Sun 4 Sutra 128

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Meena Rasi: 21.45 Tithi 20

517993462 Rahu

Gulika 12:28PM - 2:01PM
Yama 9:22AM - 10:55AM
Rahu 3:34PM - 5:07PM

Revati Until 10:16PM
Shula* Until 4:24PM
Kaulava Until 4:33PM
Panchami Until 5:29AM Wed

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - Clear
Sravana-Avani

Sunrise: 6:16AM
Sunset: 6:40PM

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

4

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Ganda*/Vridhhi Yoga Gara Karana Shashthyam Titau

Kottayam, India

Sun 5 Sutra 129

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 3.49 Tithi 21

527993462 Rahu

Gulika 10:55AM - 12:28PM
Yama 7:49AM - 9:22AM
Rahu 12:28PM - 2:01PM

Ashvini Until 12:44AM Thu
Ganda* Until 4:52PM
Gara Until 6:22PM
Shashthi* Until 7:05AM Thu

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon - White
Sravana-Avani

Sunrise: 6:16AM
Sunset: 6:39PM

Subha Sivaloka Day

Routine Work Marana Yoga

Until 12:44AM Thu

Then Creative Work - Siddha Yoga

5

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vridhhi/Dhruva Yoga Vanija/Visiti* Karana Shashthi/Saptamyam Titau

Kottayam, India

Sun 6 Sutra 130

Vikarin 5121

Moon 8 - Phase 18

1st Phase

Mesha Rasi: 16.01 Tithi 21 - 22

528993462 Rahu

Gulika 9:22AM - 10:55AM
Yama 6:16AM - 7:49AM
Rahu 2:01PM - 3:33PM

Bharani Until 2:34AM Fri
Vridhhi Until 5:00PM
Visiti Until 7:43PM
Shashthi* Until 7:05AM

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - White
Sravana-Avani

Sunrise: 6:16AM
Sunset: 6:39PM

Sivaloka Day

Creative Work Siddha Yoga

D

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kottayam, India

Sun 7 Sutra 131

Vikarin 5121

Moon 8 - Phase 18

Ashtami

Mesha Rasi: 28.27 Tithi 22 - 23

528993462 Rahu

Gulika 7:49AM - 9:22AM
Yama 3:33PM - 5:06PM
Rahu 10:55AM - 12:27PM

Krittika Until 3:37AM Sat
Dhruva Until 4:39PM
Balava Until 8:28PM
Saptami Until 8:09AM

Ganesha: White
Muruga: Blue
Nataraja: White
Moon - White
Sravana-Avani

Sunrise: 6:16AM
Sunset: 6:39PM

Sivaloka Day

Creative Work Siddha Yoga

Until 3:37AM Sat

Then Creative Work - Amrita Yoga

Krishna Janmashtami

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kottayam, India

Sun 8 Sutra 132

Vikarin 5121

Moon 8 - Phase 18

Navami

Vrishabha Rasi: 11.11 Tithi 23 - 24

538993462 Rahu

Gulika 6:16AM - 7:49AM
Yama 2:00PM - 3:33PM
Rahu 9:22AM - 10:54AM

Rohini Until 4:15AM Sun
Vyaghata* Until 3:46PM
Taitila Until 8:30PM
Ashtami* Until 8:33AM

Ganesha: Clear
Muruga: Blue
Nataraja: White
Moon - Yellow
Sravana-Avani

Sunrise: 6:16AM
Sunset: 6:38PM

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 4:15AM Sun

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Kottayam, India
			Mrigashira Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Sun 9 Sutra 133
	538993462	Gulika 3:32PM – 5:05PM	Mrigashira Until 3:57AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 12:27PM – 2:00PM	Harshana Until 2:16PM	Muruqa: Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19	
	Rahu 5:05PM – 6:38PM	Vanija Until 7:44PM	Nataraja: White		2nd Phase		
Creative Work Siddha Yoga		Navami* Until 8:12AM	Moon – Yellow	Subha Sivaloka Day			
			Sravana-Avani				

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Kottayam, India
			Ardra Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Sun 10 Sutra 134
	538993462	Gulika 1:59PM – 3:32PM	Ardra Until 2:45AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 10:54AM – 12:27PM	Vajra* Until 12:07PM	Muruqa: Blue	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19	
	Rahu 7:49AM – 9:21AM	Bava Until 6:12PM	Nataraja: White		2nd Phase		
Creative Work Siddha Yoga		Dashami Until 7:03AM	Moon – Yellow	Subha Sivaloka Day			
			Sravana-Avani				

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Kottayam, India
			Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11 Sutra 135
	548993462	Gulika 12:26PM – 1:59PM	Punarvasu Until 1:09AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 9:21AM – 10:54AM	Siddhi Until 9:22AM	Muruqa: Blue	<i>Sunset:</i> 6:38PM	Moon 8 - Phase 19	
	Rahu 3:31PM – 5:04PM	Kaulava Until 3:56PM	Nataraja: White		2nd Phase		
Creative Work Siddha Yoga		Dvadashi* Until 2:33AM Wed	Moon – Blue	Sivaloka Day			
			Sravana-Avani				

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Kottayam, India
			Pushya Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12 Sutra 136
	549993463	Gulika 10:54AM – 12:26PM	Pushya Until 10:50PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 7:49AM – 9:21AM	Vyatipata* Until 6:06AM	Muruqa: Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19	
	Rahu 12:26PM – 1:59PM	Gara Until 1:04PM	Nataraja: Clear		2nd Phase		
Creative Work Siddha Yoga		Trayodashi* Until 11:25PM	Moon – Blue	Devaloka Day			
			Sravana-Avani				
<i>Pradosha Vrata (Fasting)</i>							

5	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Kottayam, India
			Ashlesha* Nakshatra Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13 Sutra 137
	549193463	Gulika 9:21AM – 10:53AM	Ashlesha* Until 7:59PM	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 6:16AM – 7:49AM	Parigha* Until 10:19PM	Muruqa: Blue	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 19	
	Rahu 1:58PM – 3:31PM	Visti Until 9:42AM	Nataraja: Clear		2nd Phase		
Creative Work Siddha Yoga		Chaturdashi* Until 7:53PM	Moon – Blue	Sivaloka Day			
Until 7:59PM			Sravana-Avani				
Then Creative Work - Amrita Yoga							

	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Kottayam, India
	Retreat Star		Magha*/Purvaphalguni Nakshatra Shiva Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Sun 14 Sutra 138
	559193463	Gulika 7:48AM – 9:21AM	Magha* Until 5:09PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 3:30PM – 5:02PM	Shiva Until 6:06PM	Muruqa: Blue	<i>Sunset:</i> 6:35PM	Moon 8 - Phase 19	
	Rahu 10:53AM – 12:25PM	Catuspada Until 6:01AM	Nataraja: Clear		Amavasya		
Routine Work Marana Yoga		Amavasya* Until 4:06PM	Moon – Red	Sivaloka Day			
Until 5:09PM			Sravana-Avani				
Then Creative Work - Siddha Yoga		Varalakshmi Vratam					

6	Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam				Kottayam, India
	Retreat Star		Purvaphalguni/Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Sun 15 Sutra 139
	559193463	Gulika 6:16AM – 7:48AM	Purvaphalguni Until 2:07PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Vikarin 5121	
		Yama 1:57PM – 3:30PM	Siddha Until 1:48PM	Muruqa: Blue	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 19	
	Rahu 9:21AM – 10:53AM	Balava Until 10:22PM	Nataraja: Clear		Prathama		
Creative Work Siddha Yoga		Prathama* Until 12:15PM	Moon – Red	Sivaloka Day			
Until 2:07PM			Bhadrapada-Avani				
Then Routine Work - Marana Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1	Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Kottayam, India
	Kanya Rasi: 6.42	Tithi 2 - 3	Gulika 3:29PM - 5:02PM	Uttaraphalguni Until 11:05AM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Sun 16 Sutra 140
			Yama 12:25PM - 1:57PM	Sadhya Until 9:37AM	Muruqa: Blue	<i>Sunset:</i> 6:34PM	Vikarin 5121
	559193463		Rahu 5:02PM - 6:34PM	Taitila Until 6:44PM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Amrita Yoga		Dvitiya Until 8:30AM	Moon - Red		3rd Phase	
				Bhadrapada-Avani		Sivaloka Day	

2	Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturtham Titau				Kottayam, India
	Kanya Rasi: 21.43	Tithi 4	Gulika 1:57PM - 3:29PM	Hasta Until 8:36AM	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Sun 17 Sutra 141
	Family Home Evening		Yama 10:52AM - 12:25PM	Sukla Until 2:05AM Tue	Muruqa: Blue	<i>Sunset:</i> 6:33PM	Vikarin 5121
	559193463		Rahu 7:48AM - 9:20AM	Vanija Until 3:27PM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Chaturthi* Until 1:58AM Tue	Moon - Green		3rd Phase	
Until 8:36AM		Ganesha Chaturthi		Bhadrapada-Avani		Sivaloka Day	
Then Routine Work - Prabararishta Yoga							

3	Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Kottayam, India
	Tula Rasi: 6.23	Tithi 5	Gulika 12:24PM - 1:56PM	Chitra Until 6:26AM	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Sun 18 Sutra 142
			Yama 9:20AM - 10:52AM	Brahma Until 10:58PM	Muruqa: Blue	<i>Sunset:</i> 6:33PM	Vikarin 5121
	559193463		Rahu 3:28PM - 5:00PM	Bava Until 12:40PM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Panchami Until 11:30PM	Moon - Green		3rd Phase	
				Bhadrapada-Avani		Sivaloka Day	

4	Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthiyam Titau				Kottayam, India
	Tula Rasi: 20.38	Tithi 6	Gulika 10:52AM - 12:24PM	Vishakha Until 4:05AM Thu	Ganesha: Green	<i>Sunrise:</i> 6:16AM	Sun 19 Sutra 143
			Yama 7:48AM - 9:20AM	Indra Until 8:27PM	Muruqa: Blue	<i>Sunset:</i> 6:32PM	Vikarin 5121
	559193463		Rahu 12:24PM - 1:56PM	Kaulava Until 10:32AM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Shashthi* Until 9:44PM	Moon - Orange		3rd Phase	
				Bhadrapada-Avani		Subha Sivaloka Day	

5	Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Kottayam, India
	Vrischika Rasi: 4.24	Tithi 7	Gulika 9:20AM - 10:52AM	Anuradha Until 4:05AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Sun 20 Sutra 144
			Yama 6:16AM - 7:48AM	Vaidhriti* Until 6:34PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Vikarin 5121
	559193463		Rahu 1:56PM - 3:27PM	Gara Until 9:11AM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Saptami Until 8:47PM	Moon - Orange		3rd Phase	
Until 4:05AM Fri				Bhadrapada-Avani		Sivaloka Day	
Then Routine Work - Marana Yoga							

Retreat Star	Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Ashtamyam Titau				Kottayam, India
	Vrischika Rasi: 17.42	Tithi 8	Gulika 7:47AM - 9:19AM	Jyeshtha* Until 4:43AM Sat	Ganesha: Orange	<i>Sunrise:</i> 6:16AM	Sun 21 Sutra 145
			Yama 3:27PM - 4:59PM	Vishkambha* Until 5:20PM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Vikarin 5121
	559193463		Rahu 10:51AM - 12:23PM	Visti Until 8:38AM	Nataraja: Clear		Moon 8 - Phase 20
Routine Work	Marana Yoga		Ashtami* Until 8:40PM	Moon - Orange		Ashtami	
Until 4:43AM Sat				Bhadrapada-Avani		Sivaloka Day	
Then Creative Work - Siddha Yoga							

Retreat Star	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Navamyam Titau				Kottayam, India
	Dhanus Rasi: 0.35	Tithi 9	Gulika 6:15AM - 7:47AM	Mula* Until 6:26AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Sun 22 Sutra 146
			Yama 1:55PM - 3:27PM	Priti Until 4:45PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Vikarin 5121
	581193463		Rahu 9:19AM - 10:51AM	Balava Until 8:55AM	Nataraja: Clear		Moon 8 - Phase 20
Creative Work	Siddha Yoga		Navami* Until 9:19PM	Moon - Light Blue		Navami	
				Bhadrapada-Avani		Devaloka Day	

1 Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Dashamyam Titau				Kottayam, India Sun 23 Sutra 147
Dhanus Rasi: 13.06	Tithi 10	Gulika 3:26PM – 4:58PM	Mula* Until 6:26AM	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Vikarin 5121
		Yama 12:23PM – 1:54PM	Ayushman Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 21
	581193463	Rahu 4:58PM – 6:30PM	Taitila Until 9:57AM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue		Devaloka Day
Until 6:26AM		Grandparent's Day	Dashami Until 10:40PM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

2 Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Ekadashyam Titau				Kottayam, India Sun 24 Sutra 148
Dhanus Rasi: 25.21	Tithi 11	Gulika 1:54PM – 3:26PM	Purvashadha* Until 8:35AM	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Vikarin 5121
Family Home Evening		Yama 10:50AM – 12:22PM	Saubhagya Until 5:04PM	Muruqa: Blue	<i>Sunset:</i> 6:29PM	Moon 8 - Phase 21
	581193463	Rahu 7:47AM – 9:19AM	Vanija Until 11:35AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga			Moon – Light Blue		Devaloka Day
			Ekadashi Until 12:33AM Tue	Bhadrapada-Avani		

3 Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Dvadashyam Titau				Kottayam, India Sun 25 Sutra 149
Makara Rasi: 7.25	Tithi 12	Gulika 12:22PM – 1:53PM	Uttarashadha Until 11:00AM	Ganesha: Green	<i>Sunrise:</i> 6:15AM	Vikarin 5121
		Yama 9:19AM – 10:50AM	Sobhana Until 5:46PM	Muruqa: Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
	581193463	Rahu 3:25PM – 4:57PM	Bava Until 1:39PM	Nataraja: Clear		4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue		Devaloka Day
Until 11:00AM			Dvadashi Until 2:46AM Wed	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

4 Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kottayam, India Sun 26 Sutra 150
Makara Rasi: 19.21	Tithi 13	Gulika 10:50AM – 12:21PM	Shravana Until 2:02PM	Ganesha: Red	<i>Sunrise:</i> 6:15AM	Vikarin 5121
		Yama 7:47AM – 9:18AM	Athiganda* Until 6:37PM	Muruqa: Blue	<i>Sunset:</i> 6:28PM	Moon 8 - Phase 21
	591193463	Rahu 12:21PM – 1:53PM	Kaulava Until 3:59PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
Until 2:02PM		Avani Avittam	Trayodashi Until 5:11AM Thu	Bhadrapada-Avani		
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>			

5 Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma Yoga Gara Karana Chaturdashyam Titau				Kottayam, India Sun 27 Sutra 151
Kumbha Rasi: 1.13	Tithi 14	Gulika 9:18AM – 10:50AM	Dhanishtha Until 5:01PM	Ganesha: Red	<i>Sunrise:</i> 6:15AM	Vikarin 5121
		Yama 6:15AM – 7:47AM	Sukarma Until 7:34PM	Muruqa: Blue	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 21
	591193463	Rahu 1:53PM – 3:24PM	Gara Until 6:27PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
			Chaturdashi* Until 7:39AM Fri	Bhadrapada-Avani		

Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Dhriti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kottayam, India Sutra 152
Copper Retreat Star		Gulika 7:46AM – 9:18AM	Shatabhishak Until 7:50PM	Ganesha: Red	<i>Sunrise:</i> 6:15AM	Vikarin 5121
Kumbha Rasi: 13.04	Tithi 14 – 15	Yama 3:24PM – 4:55PM	Dhriti Until 8:31PM	Muruqa: Purple	<i>Sunset:</i> 6:27PM	Moon 8 - Phase 21
	591113463	Rahu 10:49AM – 12:21PM	Visti Until 8:54PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga			Moon – Purple		Sivaloka Day
		Chidambaram Abhishekam	Chaturdashi* Until 7:39AM	Bhadrapada-Avani		

Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kottayam, India Sutra 153
Silver Retreat Star		Gulika 6:15AM – 7:46AM	Purvaproshtapada* Until 10:55PM	Ganesha: Red	<i>Sunrise:</i> 6:15AM	Vikarin 5121
Kumbha Rasi: 24.56	Tithi 15 – 16	Yama 1:52PM – 3:23PM	Shula* Until 9:23PM	Muruqa: Purple	<i>Sunset:</i> 6:26PM	Moon 8 - Phase 21
	511113463	Rahu 9:18AM – 10:49AM	Balava Until 11:18PM	Nataraja: Clear		Prathama
Routine Work	Marana Yoga			Moon – Clear		Sivaloka Day
Until 10:55PM			Purnima* Until 10:06AM	Bhadrapada-Avani		
Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau

Kottayam, India
Sutra 154
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Meena Rasi: 6.5 Tithi 16 – 17

Gulika 3:23PM – 4:54PM
Yama 12:20PM – 1:51PM
Rahu 4:54PM – 6:25PM

Uttaraproshtapada Until 1:43AM Mon
Ganda* Until 10:10PM
Taitila Until 1:33AM Mon
Prathama* Until 12:25PM

Ganesha: Red Sunrise: 6:15AM
Muruqa: Purple Sunset: 6:25PM
Nataraja: Clear
Moon – Clear

Sivaloka Day

Creative Work Amrita Yoga

Until 1:43AM Mon

Then Creative Work - Siddha Yoga

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Vriddhi Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

Kottayam, India
Sun 1 Sutra 155
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Meena Rasi: 18.48 Tithi 17 – 18

Gulika 1:51PM – 3:22PM
Yama 10:48AM – 12:20PM
Rahu 7:46AM – 9:17AM

Revati Until 4:09AM Tue
Vriddhi Until 10:50PM
Vanija Until 3:36AM Tue
Dvitiya Until 2:35PM

Ganesha: Yellow Sunrise: 6:15AM
Muruqa: Purple Sunset: 6:25PM
Nataraja: Clear
Moon – Clear

Sivaloka Day

Family Home Evening

Creative Work Siddha Yoga

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Kottayam, India
Sun 2 Sutra 156
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 0.5 Tithi 18 – 19

Gulika 12:19PM – 1:51PM
Yama 9:17AM – 10:48AM
Rahu 3:22PM – 4:53PM

Ashvini Until 6:41AM Wed
Dhruva Until 11:16PM
Bava Until 5:25AM Wed
Tritiya Until 4:32PM

Ganesha: White Sunrise: 6:15AM
Muruqa: Purple Sunset: 6:24PM
Nataraja: Clear
Moon – White

Devaloka Day

Creative Work Siddha Yoga

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Vyaghata* Yoga Balava Karana Chaturthyam Titau

Kottayam, India
Sun 3 Sutra 157
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 12.59 Tithi 19

Gulika 10:48AM – 12:19PM
Yama 7:46AM – 9:17AM
Rahu 12:19PM – 1:50PM

Ashvini Until 6:41AM
Vyaghata* Until 11:29PM
Balava Until 6:11PM
Chaturthi* Until 6:11PM

Ganesha: White Sunrise: 6:14AM
Muruqa: Purple Sunset: 6:24PM
Nataraja: Clear
Moon – White

Devaloka Day

Routine Work Marana Yoga

Until 6:41AM

Then Creative Work - Siddha Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India
Sun 4 Sutra 158
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Mesha Rasi: 25.16 Tithi 20

Gulika 9:16AM – 10:48AM
Yama 6:14AM – 7:45AM
Rahu 1:50PM – 3:21PM

Bharani Until 8:43AM
Harshana Until 11:25PM
Kaulava Until 6:53AM
Panchami Until 7:27PM

Ganesha: White Sunrise: 6:14AM
Muruqa: Purple Sunset: 6:23PM
Nataraja: Clear
Moon – White

Devaloka Day

Creative Work Siddha Yoga

Until 8:43AM

Then Routine Work - Marana Yoga

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Vajra* Yoga Gara/Vanija Karana Shashtyam Titau

Kottayam, India
Sun 5 Sutra 159
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Vrisabha Rasi: 7.43 Tithi 21

Gulika 7:45AM – 9:16AM
Yama 3:20PM – 4:51PM
Rahu 10:47AM – 12:18PM

Krittika Until 10:09AM
Vajra* Until 10:54PM
Gara Until 7:56AM
Shashti* Until 8:14PM

Ganesha: White Sunrise: 6:14AM
Muruqa: Purple Sunset: 6:22PM
Nataraja: Clear
Moon – White

Devaloka Day

Creative Work Siddha Yoga

Until 10:09AM

Then Routine Work - Marana Yoga

6

Saturday, September 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Kottayam, India
Sun 6 Sutra 160
Vikarin 5121
Moon 9 - Phase 22
1st Phase

Vrisabha Rasi: 20.26 Tithi 22

Gulika 6:14AM – 7:45AM
Yama 1:49PM – 3:20PM
Rahu 9:16AM – 10:47AM

Rohini Until 11:22AM
Siddhi Until 9:56PM
Visti Until 8:25AM
Saptami Until 8:24PM

Ganesha: Clear Sunrise: 6:14AM
Muruqa: Purple Sunset: 6:22PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Creative Work Amrita Yoga

Until 11:22AM

Then Creative Work - Siddha Yoga

☾

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigashira/Ardra Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India
Sun 7 Sutra 161
Vikarin 5121
Moon 9 - Phase 22
Ashtami

Mithuna Rasi: 3.28 Tithi 23

Gulika 3:19PM – 4:50PM
Yama 12:18PM – 1:48PM
Rahu 4:50PM – 6:21PM

Mrigashira Until 11:47AM
Vyatipata* Until 8:25PM
Balava Until 8:15AM
Ashtami* Until 7:53PM

Ganesha: Clear Sunrise: 6:14AM
Muruqa: Purple Sunset: 6:21PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

Monday, September 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Variyan Yoga Taitila/Gara Karana Navamyam Titau

Kottayam, India
Sun 8 Sutra 162
Vikarin 5121
Moon 9 - Phase 22
Navami

Mithuna Rasi: 16.52 Tithi 24

Gulika 1:48PM – 3:19PM
Yama 10:46AM – 12:17PM
Rahu 7:45AM – 9:16AM

Ardra Until 11:20AM
Variyan Until 6:18PM
Taitila Until 7:22AM
Navami* Until 6:38PM

Ganesha: Orange Sunrise: 6:14AM
Muruqa: Purple Sunset: 6:21PM
Nataraja: Clear
Moon – Yellow

Sivaloka Day

Creative Work Siddha Yoga

Until 11:20AM

Then Creative Work - Amrita Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

All times are standard time

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1	Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Parigha/Shiva Yoga Visiti/Bava Karana Dashami/Ekadashyam Titau				Kottayam, India
	Kataka Rasi: 0.41	Tithi 25 – 26	542213463	Gulika 12:17PM – 1:48PM Yama 9:15AM – 10:46AM Rahu 3:18PM – 4:49PM	Punarvasu Until 10:29AM Parigha* Until 3:38PM Bava Until 3:29AM Wed Dashami Until 4:41PM	Ganesha: Light Blue <i>Sunrise:</i> 6:14AM Muruqa: Purple <i>Sunset:</i> 6:20PM Nataraja: Clear Moon – Blue	Sun 9 Sutra 163 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	

2	Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Kottayam, India
	Kataka Rasi: 14.58	Tithi 26 – 27	542213463	Gulika 10:46AM – 12:17PM Yama 7:44AM – 9:15AM Rahu 12:17PM – 1:47PM	Pushya Until 8:48AM Shiva Until 12:26PM Kaulava Until 12:37AM Thu Ekadashi* Until 2:06PM	Ganesha: Light Blue <i>Sunrise:</i> 6:14AM Muruqa: Purple <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Blue	Sun 10 Sutra 164 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	

3	Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Ashlesha/Magha* Nakshatra Siddha/Sadhya Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau				Kottayam, India
	Kataka Rasi: 29.38	Tithi 27 – 28	542213463	Gulika 9:15AM – 10:46AM Yama 6:14AM – 7:44AM Rahu 1:47PM – 3:17PM	Ashlesha* Until 6:27AM Siddha Until 8:47AM Gara Until 9:17PM Dvadashi* Until 10:59AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Light Blue <i>Sunrise:</i> 6:14AM Muruqa: Purple <i>Sunset:</i> 6:19PM Nataraja: Clear Moon – Blue	Sun 11 Sutra 165 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	
	Until 6:27AM	Then Creative Work - Amrita Yoga					

4	Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Subha Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau				Kottayam, India
	Simha Rasi: 14.37	Tithi 28 – 29	552213463	Gulika 7:44AM – 9:15AM Yama 3:17PM – 4:48PM Rahu 10:45AM – 12:16PM	Purvaphalguni Until 1:01AM Sat Subha Until 12:37AM Sat Sakuni Until 3:45AM Sat Trayodashi* Until 7:29AM	Ganesha: Purple <i>Sunrise:</i> 6:14AM Muruqa: Purple <i>Sunset:</i> 6:18PM Nataraja: Clear Moon – Red	Sun 12 Sutra 166 Vikarin 5121 Moon 9 - Phase 23 2nd Phase
	Creative Work	Siddha Yoga				Devaloka Day Bhadrapada•Puratasi	
	Until 1:01AM Sat	Then Routine Work - Marana Yoga					

●	Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kottayam, India
	Retreat Star			Gulika 6:13AM – 7:44AM Yama 1:46PM – 3:17PM Rahu 9:14AM – 10:45AM	Uttaraphalguni Until 9:54PM Sukla Until 8:21PM Catuspada Until 1:52PM Amavasya* Until 11:58PM	Ganesha: Light Blue <i>Sunrise:</i> 6:13AM Muruqa: Purple <i>Sunset:</i> 6:18PM Nataraja: Clear Moon – Red	Sun 13 Sutra 167 Vikarin 5121 Moon 9 - Phase 23 Amavasya
	Routine Work	Marana Yoga		Mahalaya Amavasai (Tamil Nadu)		Devaloka Day Bhadrapada•Puratasi	

●	Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Kintughna*/Bava Karana Prathamayam Titau				Kottayam, India
	Retreat Star			Gulika 3:16PM – 4:47PM Yama 12:15PM – 1:46PM Rahu 4:47PM – 6:17PM	Hasta Until 7:09PM Brahma Until 4:09PM Kintughna Until 10:07AM Prathama* Until 8:17PM	Ganesha: Light Blue <i>Sunrise:</i> 6:13AM Muruqa: Purple <i>Sunset:</i> 6:17PM Nataraja: Clear Moon – Green	Sun 14 Sutra 168 Vikarin 5121 Moon 9 - Phase 23 Prathama
	Creative Work	Amrita Yoga		Navaratri Begins		Devaloka Day Ashvina•Puratasi	
	Until 7:09PM	Then Creative Work - Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau			Kottayam, India Sun 15 Sutra 169
1		Gulika 1:45PM – 3:16PM	Chitra Until 4:32PM	Ganesha: Light Blue <i>Sunrise: 6:13AM</i>	Vikarin 5121
Tula Rasi: 0.07	Tithi 2 – 3	Yama 10:44AM – 12:15PM	Indra Until 12:11PM	Muruqa: Purple <i>Sunset: 6:16PM</i>	Moon 9 - Phase 24
Family Home Evening	663213463	Rahu 7:44AM – 9:14AM	Balava Until 6:34AM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Dvitiya Until 4:54PM	Moon – Green	Devaloka Day
Until 4:32PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau			Kottayam, India Sun 16 Sutra 170
2		Gulika 12:15PM – 1:45PM	Svati Until 2:15PM	Ganesha: Light Blue <i>Sunrise: 6:13AM</i>	Vikarin 5121
Tula Rasi: 14.55	Tithi 3 – 4	Yama 9:14AM – 10:44AM	Vaidhriti* Until 8:33AM	Muruqa: Purple <i>Sunset: 6:16PM</i>	Moon 9 - Phase 24
	663213463	Rahu 3:15PM – 4:45PM	Vanija Until 12:47AM Wed	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Tritiya Until 2:00PM	Moon – Green	Devaloka Day
Until 2:15PM				Ashvina+Puratasi	
Then Routine Work - Marana Yoga					

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Kottayam, India Sun 17 Sutra 171
3		Gulika 10:44AM – 12:14PM	Vishakha Until 12:53PM	Ganesha: Purple <i>Sunrise: 6:13AM</i>	Vikarin 5121
Tula Rasi: 29.17	Tithi 4 – 5	Yama 7:43AM – 9:14AM	Priti Until 2:52AM Thu	Muruqa: Purple <i>Sunset: 6:15PM</i>	Moon 9 - Phase 24
	673213463	Rahu 12:14PM – 1:44PM	Bava Until 10:52PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Chaturthi* Until 11:43AM	Moon – Orange	Devaloka Day
				Ashvina+Puratasi	

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kottayam, India Sun 18 Sutra 172
4		Gulika 9:13AM – 10:44AM	Anuradha Until 12:08PM	Ganesha: Purple <i>Sunrise: 6:13AM</i>	Vikarin 5121
Vrischika Rasi: 13.11	Tithi 5 – 6	Yama 6:13AM – 7:43AM	Ayushman Until 12:59AM Fri	Muruqa: Purple <i>Sunset: 6:15PM</i>	Moon 9 - Phase 24
	673213463	Rahu 1:44PM – 3:14PM	Kaulava Until 9:47PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Panchami Until 10:12AM	Moon – Orange	Devaloka Day
Until 12:08PM				Ashvina+Puratasi	
Then Routine Work - Prabalarishta Yoga					

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Kottayam, India Sun 19 Sutra 173
5		Gulika 7:43AM – 9:13AM	Jyeshtha* Until 12:06PM	Ganesha: Purple <i>Sunrise: 6:13AM</i>	Vikarin 5121
Vrischika Rasi: 26.34	Tithi 6 – 7	Yama 3:14PM – 4:44PM	Saubhagya Until 11:49PM	Muruqa: Purple <i>Sunset: 6:14PM</i>	Moon 9 - Phase 24
	673213463	Rahu 10:43AM – 12:14PM	Gara Until 9:36PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Shashthi* Until 9:33AM	Moon – Orange	Devaloka Day
Until 12:06PM				Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kottayam, India Sun 20 Sutra 174
Retreat Star		Gulika 6:13AM – 7:43AM	Mula* Until 1:15PM	Ganesha: Clear <i>Sunrise: 6:13AM</i>	Vikarin 5121
Dhanus Rasi: 9.3	Tithi 7 – 8	Yama 1:43PM – 3:13PM	Sobhana Until 11:21PM	Muruqa: Purple <i>Sunset: 6:14PM</i>	Moon 9 - Phase 24
	683213463	Rahu 9:13AM – 10:43AM	Visti Until 10:17PM	Nataraja: Clear	Ashtami
Creative Work Siddha Yoga			Saptami Until 9:49AM	Moon – Light Blue	Sivaloka Day
		Durga Ashtami		Ashvina+Puratasi	

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kottayam, India Sun 21 Sutra 175
Retreat Star		Gulika 3:13PM – 4:43PM	Purvashadha* Until 3:02PM	Ganesha: Clear <i>Sunrise: 6:13AM</i>	Vikarin 5121
Dhanus Rasi: 22.01	Tithi 8 – 9	Yama 12:13PM – 1:43PM	Athiganda* Until 11:25PM	Muruqa: Purple <i>Sunset: 6:13PM</i>	Moon 9 - Phase 24
	683213463	Rahu 4:43PM – 6:13PM	Balava Until 11:44PM	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Ashtami* Until 10:54AM	Moon – Light Blue	Sivaloka Day
Until 3:02PM		Saraswathi Puja (Tamil Nadu)		Ashvina+Puratasi	
Then Creative Work - Amrita Yoga					

Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kottayam, India Sun 22 Sutra 176 Vikarin 5121
1		Gulika 1:43PM – 3:13PM	Uttarashadha Until 5:16PM	Ganesha: Clear <i>Sunrise:</i> 6:13AM
Makara Rasi: 4.14	Tithi 9 – 10	Yama 10:43AM – 12:13PM	Sukarma Until 11:58PM	Muruqa: Purple <i>Sunset:</i> 6:12PM
Family Home Evening	693213463	Rahu 7:43AM – 9:13AM	Taitila Until 1:47AM Tue	Nataraja: Clear
Routine Work Marana Yoga			Navami* Until 12:41PM	Moon – Light Blue
Until 5:16PM				Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Kottayam, India Sun 23 Sutra 177 Vikarin 5121
2		Gulika 12:12PM – 1:42PM	Shravana Until 8:15PM	Ganesha: White <i>Sunrise:</i> 6:13AM
Makara Rasi: 16.15	Tithi 10 – 11	Yama 9:13AM – 10:43AM	Dhriti Until 12:48AM Wed	Muruqa: Purple <i>Sunset:</i> 6:12PM
Family Home Evening	693213464	Rahu 3:12PM – 4:42PM	Vanija Until 4:10AM Wed	Nataraja: Purple
Creative Work Siddha Yoga			Dashami Until 2:55PM	Moon – Purple
		Vijaya Dasami		Sivaloka Day
				Ashvina+Puratasi

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Kottayam, India Sun 24 Sutra 178 Vikarin 5121
3		Gulika 10:42AM – 12:12PM	Dhanishtha Until 11:16PM	Ganesha: White <i>Sunrise:</i> 6:13AM
Makara Rasi: 28.08	Tithi 11 – 12	Yama 7:43AM – 9:12AM	Shula* Until 1:43AM Thu	Muruqa: Purple <i>Sunset:</i> 6:11PM
Family Home Evening	693213464	Rahu 12:12PM – 1:42PM	Bava Until 6:43AM Thu	Nataraja: Purple
Routine Work Prabalarishta Yoga			Ekadashi Until 5:25PM	Moon – Purple
Until 11:16PM				Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Ganda* Yoga Bava/Balava Karana Dvadashyam Titau		Kottayam, India Sun 25 Sutra 179 Vikarin 5121
4		Gulika 9:12AM – 10:42AM	Shatabhishak Until 2:06AM Fri	Ganesha: White <i>Sunrise:</i> 6:13AM
Kumbha Rasi: 9.59	Tithi 12	Yama 6:13AM – 7:43AM	Ganda* Until 2:39AM Fri	Muruqa: Purple <i>Sunset:</i> 6:11PM
Family Home Evening	693213464	Rahu 1:42PM – 3:11PM	Bava Until 6:43AM	Nataraja: Purple
Creative Work Siddha Yoga			Dvadashi Until 7:57PM	Moon – Purple
		Kadaitswami Mahasamadhi		Sivaloka Day
				Ashvina+Puratasi

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kottayam, India Sun 26 Sutra 180 Vikarin 5121
5		Gulika 7:43AM – 9:12AM	Purvaproshtapada* Until 5:10AM Sat	Ganesha: Blue <i>Sunrise:</i> 6:13AM
Kumbha Rasi: 21.5	Tithi 13	Yama 3:11PM – 4:41PM	Vriddhi Until 3:30AM Sat	Muruqa: Purple <i>Sunset:</i> 6:10PM
Family Home Evening	613213464	Rahu 10:42AM – 12:12PM	Kaulava Until 9:13AM	Nataraja: Purple
Creative Work Siddha Yoga			Trayodashi Until 10:23PM	Moon – Clear
		Chidambaram Abhishekam		Sivaloka Day
				Ashvina+Puratasi
				<i>Pradosha Vrata</i>

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Kottayam, India Sun 27 Sutra 181 Vikarin 5121
6		Gulika 6:13AM – 7:42AM	Uttaraproshtapada Until 7:51AM Sun	Ganesha: Blue <i>Sunrise:</i> 6:13AM
Meena Rasi: 3.44	Tithi 14	Yama 1:41PM – 3:11PM	Dhruva Until 4:10AM Sun	Muruqa: Purple <i>Sunset:</i> 6:10PM
Family Home Evening	613213464	Rahu 9:12AM – 10:42AM	Gara Until 11:34AM	Nataraja: Purple
Creative Work Siddha Yoga			Chaturdashi* Until 12:38AM Sun	Moon – Clear
Until 7:51AM Sun				Sivaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Kottayam, India Sutra 182 Vikarin 5121
○		Gulika 3:10PM – 4:40PM	Uttaraproshtapada Until 7:51AM	Ganesha: Yellow <i>Sunrise:</i> 6:13AM
Copper Retreat Star		Yama 12:11PM – 1:41PM	Vyaghata* Until 4:38AM Mon	Muruqa: Purple <i>Sunset:</i> 6:09PM
Meena Rasi: 15.43	Tithi 15	Rahu 4:40PM – 6:09PM	Visti Until 1:41PM	Nataraja: Purple
Family Home Evening	614213464		Purnima* Until 2:37AM Mon	Moon – Clear
Creative Work Amrita Yoga				Subha Sivaloka Day
				Ashvina+Puratasi

Monday, October 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Balava/Kaulava Karana Prathamayam Titau		Kottayam, India Sutra 183 Vikarin 5121
○		Gulika 1:40PM – 3:10PM	Revati Until 10:08AM	Ganesha: Yellow <i>Sunrise:</i> 6:13AM
Silver Retreat Star		Yama 10:41AM – 12:11PM	Harshana Until 4:55AM Tue	Muruqa: Purple <i>Sunset:</i> 6:09PM
Meena Rasi: 27.49	Tithi 16	Rahu 7:42AM – 9:12AM	Balava Until 3:32PM	Nataraja: Purple
Family Home Evening	614213464		Prathama* Until 4:20AM Tue	Moon – Clear
Creative Work Siddha Yoga				Subha Sivaloka Day
				Ashvina+Puratasi

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

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Tuesday, October 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kottayam, India

Sutra 184

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 10.01 Tithi 17

624213464

Gulika 12:11PM – 1:40PM
Yama 9:12AM – 10:41AM
Rahu 3:09PM – 4:39PM

Ashvini Until 12:27PM
Vajra* Until 4:55AM Wed
Taitila Until 5:05PM
Dvitiya Until 5:43AM Wed

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:08PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

Wednesday, October 16, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani/Krittika Nakshatra Siddhi Yoga Vanija Karana Tritiyayam Titau

Kottayam, India

Sun 1 Sutra 185

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mesha Rasi: 22.22 Tithi 18

624213464

Gulika 10:41AM – 12:10PM
Yama 7:42AM – 9:12AM
Rahu 12:10PM – 1:40PM

Bharani Until 2:18PM
Siddhi Until 4:41AM Thu
Vanija Until 6:19PM
Tritiya Until 6:47AM Thu

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:08PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Creative Work Siddha Yoga

Until 2:18PM

Then Creative Work - Amrita Yoga

Thursday, October 17, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Vyatipata* Yoga Visti*/Bava Karana Tritiya/Chaturtham Titau

Kottayam, India

Sun 2 Sutra 186

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 4.5 Tithi 18 – 19

624213464

Gulika 9:12AM – 10:41AM
Yama 6:13AM – 7:42AM
Rahu 1:39PM – 3:09PM

Krittika Until 3:39PM
Vyatipata* Until 4:10AM Fri
Bava Until 7:12PM
Tritiya Until 6:47AM

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Purple
Moon – White
Subha Subha Sivaloka Day
Ashvina•Puratasi

Routine Work Marana Yoga

Friday, October 18, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kottayam, India

Sun 3 Sutra 187

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Vrishabha Rasi: 17.29 Tithi 19 – 20

634313464

Gulika 7:42AM – 9:11AM
Yama 3:08PM – 4:38PM
Rahu 10:41AM – 12:10PM

Rohini Until 4:57PM
Variyan Until 3:19AM Sat
Kaulava Until 7:41PM
Chaturthi* Until 7:28AM

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Routine Work Marana Yoga

Until 4:57PM

Then Creative Work - Siddha Yoga

Saturday, October 19, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Kottayam, India

Sun 4 Sutra 188

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 0.2 Tithi 20 – 21

634313464

Gulika 6:13AM – 7:42AM
Yama 1:39PM – 3:08PM
Rahu 9:11AM – 10:41AM

Mrigashira Until 5:39PM
Parigha* Until 2:06AM Sun
Gara Until 7:43PM
Panchami Until 7:44AM

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:07PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

Sunday, October 20, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kottayam, India

Sun 5 Sutra 189

Vikarin 5121

Moon 10 - Phase 26

1st Phase

Mithuna Rasi: 13.25 Tithi 21 – 22

634313464

Gulika 3:08PM – 4:37PM
Yama 12:10PM – 1:39PM
Rahu 4:37PM – 6:06PM

Ardra Until 5:42PM
Shiva Until 12:29AM Mon
Visti Until 7:14PM
Shashthi* Until 7:31AM

Ganesha: White *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Purple
Moon – Yellow
Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

Monday, October 21, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kottayam, India

Sun 6 Sutra 190

Vikarin 5121

Moon 10 - Phase 26

Ashtami

Mithuna Rasi: 26.47 Tithi 22 – 23

644313464

Gulika 1:39PM – 3:08PM
Yama 10:40AM – 12:09PM
Rahu 7:42AM – 9:11AM

Punarvasu Until 5:31PM
Siddha Until 10:24PM
Balava Until 6:11PM
Saptami Until 6:45AM

Ganesha: Clear *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:06PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Amrita Yoga

Until 5:31PM

Then Creative Work - Siddha Yoga

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Kottayam, India

Sun 7 Sutra 191

Vikarin 5121

Moon 10 - Phase 26

Navami

Kataka Rasi: 10.29 Tithi 24

644313464

Gulika 12:09PM – 1:38PM
Yama 9:11AM – 10:40AM
Rahu 3:07PM – 4:36PM

Pushya Until 4:37PM
Sadhya Until 7:51PM
Taitila Until 4:34PM
Navami* Until 3:32AM Wed

Ganesha: Clear *Sunrise:* 6:13AM
Muruqa: Purple *Sunset:* 6:05PM
Nataraja: Purple
Moon – Blue
Subha Sivaloka Day
Ashvina•Aipasi

Creative Work Siddha Yoga

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Dashamyam Titau				Kottayam, India
	Kataka Rasi: 24.32	Tithi 25	Sun 8	Sutra 192			
			644313464	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 10 - Phase 27			
		Rahu	2nd Phase				
		Gulika	10:40AM – 12:09PM	Ashlesha* Until 3:02PM	Ganesha: Clear	Sunrise: 6:13AM	
		Yama	7:42AM – 9:11AM	Subha Until 4:54PM	Muruga: Purple	Sunset: 6:05PM	
		Rahu	12:09PM – 1:38PM	Vanija Until 2:25PM	Nataraja: Purple		
				Dashami Until 1:08AM Thu	Moon – Blue		Subha Sivaloka Day
					Ashvina•Aipasi		

2	Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Ekadashyam Titau				Kottayam, India
	Simha Rasi: 8.55	Tithi 26	Sun 9	Sutra 193			
			654313464	Vikarin 5121			
	Creative Work	Amrita Yoga		Moon 10 - Phase 27			
		Rahu	1:38PM – 3:07PM	Magha* Until 1:15PM	Ganesha: Purple	Sunrise: 6:13AM	
		Yama	6:13AM – 7:42AM	Sukla Until 1:32PM	Muruga: Purple	Sunset: 6:05PM	
		Rahu	1:38PM – 3:07PM	Bava Until 11:46AM	Nataraja: Purple		
				Ekadashi* Until 10:17PM	Moon – Red		Sivaloka Day
					Ashvina•Aipasi		

3	Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Kaulava/Talita Karana Dvadashyam Titau				Kottayam, India
	Simha Rasi: 23.35	Tithi 27	Sun 10	Sutra 194			
			654313464	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 10 - Phase 27			
		Rahu	10:40AM – 12:09PM	Purvaphalguni Until 10:57AM	Ganesha: Purple	Sunrise: 6:13AM	
		Yama	3:07PM – 4:35PM	Brahma Until 9:52AM	Muruga: Purple	Sunset: 6:04PM	
		Rahu	10:40AM – 12:09PM	Kaulava Until 8:45AM	Nataraja: Purple		
				Dvadashi* Until 7:08PM	Moon – Red		Sivaloka Day
					Ashvina•Aipasi		

4	Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhrili* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kottayam, India
	Kanya Rasi: 8.28	Tithi 28 – 29	Sun 11	Sutra 195			
			655313464	Vikarin 5121			
	Routine Work	Marana Yoga		Moon 10 - Phase 27			
		Rahu	9:11AM – 10:40AM	Uttaraphalguni Until 8:18AM	Ganesha: Clear	Sunrise: 6:14AM	
		Yama	1:38PM – 3:06PM	Indra Until 6:01AM	Muruga: Purple	Sunset: 6:04PM	
		Rahu	9:11AM – 10:40AM	Visti Until 2:07AM Sun	Nataraja: Purple		
				Trayodashi* Until 3:47PM	Moon – Red		Subha Sivaloka Day
					Ashvina•Aipasi		

Pradosha Vrata (Fasting)

●	Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Kottayam, India
	Retreat Star		Sun 12	Sutra 196			
	Kanya Rasi: 23.26	Tithi 29 – 30	665313464	Vikarin 5121			
	Creative Work	Siddha Yoga		Moon 10 - Phase 27			
		Rahu	4:35PM – 6:04PM	Chitra Until 3:18AM Mon	Ganesha: Orange	Sunrise: 6:14AM	
		Yama	12:09PM – 1:37PM	Vishkambha* Until 10:10PM	Muruga: Purple	Sunset: 6:04PM	
		Rahu	4:35PM – 6:04PM	Catuspada Until 10:48PM	Nataraja: Purple		
				Chaturdashi* Until 12:25PM	Moon – Green		Subha Sivaloka Day
					Ashvina•Aipasi		

●	Monday, October 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kottayam, India
	Retreat Star		Sun 13	Sutra 197			
	Tula Rasi: 8.19	Tithi 30 – 1	665313464	Vikarin 5121			
	Family Home Evening	Amrita Yoga		Moon 10 - Phase 27			
		Rahu	7:43AM – 9:11AM	Svati Until 12:54AM Tue	Ganesha: Orange	Sunrise: 6:14AM	
		Yama	10:40AM – 12:09PM	Priti Until 6:27PM	Muruga: Purple	Sunset: 6:03PM	
		Rahu	7:43AM – 9:11AM	Kintughna Until 7:42PM	Nataraja: Purple		
				Amavasya* Until 9:12AM	Moon – Green		Subha Sivaloka Day
					Kartika•Aipasi		

Then Routine Work - Marana Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Ayushman/Saubhagya Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau	Kottayam, India Sun 14 Sutra 198 Vikarin 5121
Tula Rasi: 23	Tithi 1 - 2	675313464	Gulika 12:08PM - 1:37PM Yama 9:11AM - 10:40AM Rahu 3:06PM - 4:34PM	Vishakha Until 11:12PM Ayushman Until 3:02PM Kaulava Until 3:51AM Wed Prathama* Until 6:17AM	Ganesha: Clear <i>Sunrise: 6:14AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon - Orange Subha Sivaloka Day Kartika-Aipasi
Routine Work Marana Yoga					
Until 11:12PM					
Then Creative Work - Siddha Yoga					

2		Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau	Kottayam, India Sun 15 Sutra 199 Vikarin 5121
Virshika Rasi: 7.2	Tithi 3	675313464	Gulika 10:40AM - 12:08PM Yama 7:43AM - 9:11AM Rahu 12:08PM - 1:37PM	Anuradha Until 9:59PM Saubhagya Until 12:04PM Taitila Until 2:52PM Tritiya Until 2:03AM Thu	Ganesha: Clear <i>Sunrise: 6:14AM</i> Muruqa: Purple <i>Sunset: 6:03PM</i> Nataraja: Purple Moon - Orange Subha Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga					

3		Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Chaturthyam Titau	Kottayam, India Sun 16 Sutra 200 Vikarin 5121
Virshika Rasi: 21.15	Tithi 4	675313464	Gulika 9:11AM - 10:40AM Yama 6:14AM - 7:43AM Rahu 1:37PM - 3:05PM	Jyeshtha* Until 9:21PM Sobhana Until 9:41AM Vanija Until 1:27PM Chaturthi* Until 1:01AM Fri	Ganesha: Clear <i>Sunrise: 6:14AM</i> Muruqa: Purple <i>Sunset: 6:02PM</i> Nataraja: Purple Moon - Orange Subha Sivaloka Day Kartika-Aipasi
Routine Work Prabalarishta Yoga					
Until 9:21PM					
Then Creative Work - Siddha Yoga					

4		Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau	Kottayam, India Sun 17 Sutra 201 Vikarin 5121
Dhanus Rasi: 4.42	Tithi 5	685313464	Gulika 7:43AM - 9:11AM Yama 3:05PM - 4:34PM Rahu 10:40AM - 12:08PM	Mula* Until 9:50PM Athiganda* Until 7:54AM Bava Until 12:51PM Panchami Until 12:51AM Sat	Ganesha: Purple <i>Sunrise: 6:15AM</i> Muruqa: Purple <i>Sunset: 6:02PM</i> Nataraja: Purple Moon - Light Blue Subha Subha Sivaloka Day Kartika-Aipasi
Creative Work Amrita Yoga					
Until 9:50PM					
Then Routine Work - Prabalarishta Yoga					

5		Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau	Kottayam, India Sun 18 Sutra 202 Vikarin 5121
Dhanus Rasi: 17.41	Tithi 6	685313464	Gulika 6:15AM - 7:43AM Yama 1:37PM - 3:05PM Rahu 9:12AM - 10:40AM	Purvashadha* Until 11:01PM Sukarma Until 6:48AM Kaulava Until 1:07PM Shashthi* Until 1:32AM Sun	Ganesha: Purple <i>Sunrise: 6:15AM</i> Muruqa: Purple <i>Sunset: 6:02PM</i> Nataraja: Purple Moon - Light Blue Subha Subha Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga					
Until 11:01PM					
Then Routine Work - Marana Yoga					

6		Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saptamyam Titau	Kottayam, India Sun 19 Sutra 203 Vikarin 5121
Makara Rasi: 0.17	Tithi 7	685313464	Gulika 3:05PM - 4:33PM Yama 12:08PM - 1:37PM Rahu 4:33PM - 6:02PM	Uttarashadha Until 12:46AM Mon Dhriti Until 6:23AM Gara Until 2:12PM Saptami Until 3:00AM Mon	Ganesha: Purple <i>Sunrise: 6:15AM</i> Muruqa: Purple <i>Sunset: 6:02PM</i> Nataraja: Purple Moon - Light Blue Subha Subha Sivaloka Day Kartika-Aipasi
Creative Work Amrita Yoga					

Retreat Star		Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Kottayam, India Sun 20 Sutra 204 Vikarin 5121
Makara Rasi: 12.33	Tithi 8	696313464	Gulika 1:37PM - 3:05PM Yama 10:40AM - 12:08PM Rahu 7:43AM - 9:12AM	Shravana Until 3:27AM Tue Shula* Until 6:29AM Visti Until 3:59PM Ashtami* Until 5:03AM Tue	Ganesha: Purple <i>Sunrise: 6:15AM</i> Muruqa: Purple <i>Sunset: 6:01PM</i> Nataraja: Purple Moon - Purple Sivaloka Day Kartika-Aipasi
Family Home Evening					
Creative Work Amrita Yoga					
Until 3:27AM Tue					
Then Creative Work - Siddha Yoga					

Retreat Star		Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Ganda*/Vridhhi* Yoga Balava Karana Navamyam Titau	Kottayam, India Sun 21 Sutra 205 Vikarin 5121
Makara Rasi: 24.35	Tithi 9	696313464	Gulika 12:08PM - 1:37PM Yama 9:12AM - 10:40AM Rahu 3:05PM - 4:33PM	Dhanishtha Until 6:19AM Wed Ganda* Until 7:02AM Balava Until 6:15PM Navami* Until 7:28AM Wed	Ganesha: Purple <i>Sunrise: 6:15AM</i> Muruqa: Purple <i>Sunset: 6:01PM</i> Nataraja: Purple Moon - Purple Sivaloka Day Kartika-Aipasi
Creative Work Siddha Yoga					

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1		Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi/Dhruva Yoga Kaulava/Tailita Karana Navami/Dashamyam Titau	Kottayam, India Sun 22 Sutra 206 Vikarin 5121
Kumbha Rasi: 6.3	Tithi 9 – 10	Gulika 10:40AM – 12:08PM	Dhanishtha Until 6:19AM	Ganesha: Purple <i>Sunrise: 6:16AM</i>	
		Yama 7:44AM – 9:12AM	Vriddhi Until 7:51AM	Muruqa: Purple <i>Sunset: 6:01PM</i>	Moon 10 - Phase 29
	696313464	Rahu 12:08PM – 1:37PM	Taitila Until 8:46PM	Nataraja: Purple	4th Phase
Routine Work	Prabalarishta Yoga		Navami* Until 7:28AM	Moon – Purple	Sivaloka Day
Until 6:19AM				Kartika-Aipasi	
Then Creative Work - Siddha Yoga					


2		Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Kottayam, India Sun 23 Sutra 207 Vikarin 5121
Kumbha Rasi: 18.21	Tithi 10 – 11	Gulika 9:12AM – 10:40AM	Shatabhishak Until 9:09AM	Ganesha: Clear <i>Sunrise: 6:16AM</i>	
		Yama 6:16AM – 7:44AM	Dhruva Until 8:44AM	Muruqa: Purple <i>Sunset: 6:01PM</i>	Moon 10 - Phase 29
	796313464	Rahu 1:37PM – 3:05PM	Vanija Until 11:17PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dashami Until 10:01AM	Moon – Purple	Subha Sivaloka Day
				Kartika-Aipasi	

3		Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Kottayam, India Sun 24 Sutra 208 Vikarin 5121
Meena Rasi: 0.14	Tithi 11 – 12	Gulika 7:44AM – 9:12AM	Purvaproshtapada* Until 12:14PM	Ganesha: Yellow <i>Sunrise: 6:16AM</i>	
		Yama 3:05PM – 4:33PM	Vyaghata* Until 9:34AM	Muruqa: Purple <i>Sunset: 6:01PM</i>	Moon 10 - Phase 29
	716313464	Rahu 10:40AM – 12:08PM	Bava Until 1:38AM Sat	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 12:28PM	Moon – Clear	Subha Sivaloka Day
				Kartika-Aipasi	

4		Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Kottayam, India Sun 25 Sutra 209 Vikarin 5121
Meena Rasi: 12.11	Tithi 12 – 13	Gulika 6:16AM – 7:44AM	Uttaraproshtapada Until 2:55PM	Ganesha: Yellow <i>Sunrise: 6:16AM</i>	
		Yama 1:37PM – 3:05PM	Harshana Until 10:14AM	Muruqa: Purple <i>Sunset: 6:01PM</i>	Moon 10 - Phase 29
	716313464	Rahu 9:12AM – 10:40AM	Kaulava Until 3:42AM Sun	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 2:41PM	Moon – Clear	Subha Sivaloka Day
Until 2:55PM				Kartika-Aipasi	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata</i>		

5		Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Kottayam, India Sun 26 Sutra 210 Vikarin 5121
Meena Rasi: 24.16	Tithi 13 – 14	Gulika 3:05PM – 4:33PM	Revati Until 5:07PM	Ganesha: Yellow <i>Sunrise: 6:17AM</i>	
		Yama 12:09PM – 1:37PM	Vajra* Until 10:38AM	Muruqa: Purple <i>Sunset: 6:01PM</i>	Moon 10 - Phase 29
	716313464	Rahu 4:33PM – 6:01PM	Gara Until 5:22AM Mon	Nataraja: Purple	4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 4:33PM	Moon – Clear	Subha Sivaloka Day
Until 5:07PM				Kartika-Aipasi	
Then Creative Work - Siddha Yoga					

6		Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Siddhi/Vyatipata* Yoga Vanija Karana Chaturdashyam Titau	Kottayam, India Sun 27 Sutra 211 Vikarin 5121
Mesha Rasi: 6.29	Tithi 14	Gulika 1:37PM – 3:05PM	Ashvini Until 7:15PM	Ganesha: Clear <i>Sunrise: 6:17AM</i>	
Family Home Evening		Yama 10:41AM – 12:09PM	Siddhi Until 10:45AM	Muruqa: Purple <i>Sunset: 6:00PM</i>	Moon 10 - Phase 29
	727313464	Rahu 7:45AM – 9:13AM	Vanija Until 6:02PM	Nataraja: Purple	4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 6:02PM	Moon – White	Subha Sivaloka Day
				Kartika-Aipasi	

		Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Purnimayam Titau	Kottayam, India Sutra 212 Vikarin 5121
Mesha Rasi: 18.54	Tithi 15	Gulika 12:09PM – 1:37PM	Bharani Until 8:49PM	Ganesha: White <i>Sunrise: 6:17AM</i>	
		Yama 9:13AM – 10:41AM	Vyatipata* Until 10:33AM	Muruqa: Purple <i>Sunset: 6:00PM</i>	Moon 10 - Phase 29
	727413464	Rahu 3:05PM – 4:33PM	Visti Until 6:37AM	Nataraja: Purple	Purnima
Creative Work	Siddha Yoga		Purnima* Until 7:04PM	Moon – White	Sivaloka Day
				Kartika-Aipasi	

○		Wednesday, November 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Krittika Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Prathamayam Titau	Kottayam, India Sutra 213 Vikarin 5121
Silver Retreat Star		Gulika 10:41AM – 12:09PM	Krittika Until 9:49PM	Ganesha: White <i>Sunrise: 6:18AM</i>	
Vrishabha Rasi: 1.3	Tithi 16	Yama 7:45AM – 9:13AM	Variyan Until 10:00AM	Muruqa: Purple <i>Sunset: 6:00PM</i>	Moon 10 - Phase 29
	727413464	Rahu 12:09PM – 1:37PM	Balava Until 7:27AM	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:41PM	Moon – White	Sivaloka Day
Until 9:49PM				Kartika-Aipasi	
Then Creative Work - Siddha Yoga					

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Thursday, November 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dvitiyayam Titau

Kottayam, India

Sun 1 Sutra 214

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 14.17 Tithi 17

Gulika 9:13AM - 10:41AM
Yama 6:18AM - 7:46AM
Rahu 1:37PM - 3:05PM

Rohini Until 10:44PM
Parigha* Until 9:09AM
Taitila Until 7:52AM
Dvitiya Until 7:54PM

Ganesha: Clear Sunrise: 6:18AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Purple
Moon - Yellow
Karttika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

1

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Tritiyayam Titau

Kottayam, India

Sun 2 Sutra 215

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Vishabha Rasi: 27.16 Tithi 18

Gulika 7:46AM - 9:14AM
Yama 3:05PM - 4:33PM
Rahu 10:41AM - 12:09PM

Mrigashira Until 11:08PM
Shiva Until 8:01AM
Vanija Until 7:53AM
Tritiya Until 7:44PM

Ganesha: Clear Sunrise: 6:18AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Purple
Moon - Yellow
Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

2

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Chaturthyam Titau

Kottayam, India

Sun 3 Sutra 216

Vikarin 5121

Moon 11 - Phase 30

1st Phase

737413464 Mithuna Rasi: 10.26 Tithi 19

Gulika 6:19AM - 7:46AM
Yama 1:37PM - 3:05PM
Rahu 9:14AM - 10:42AM

Ardra Until 11:02PM
Siddha Until 6:33AM
Bava Until 7:32AM
Chaturthi* Until 7:12PM

Ganesha: Clear Sunrise: 6:19AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Purple
Moon - Yellow
Karttika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India

Sun 4 Sutra 217

Vikarin 5121

Moon 11 - Phase 30

1st Phase

747413465 Mithuna Rasi: 23.48 Tithi 20

Gulika 3:05PM - 4:33PM
Yama 12:10PM - 1:37PM
Rahu 4:33PM - 6:00PM

Punarvasu Until 10:54PM
Subha Until 2:50AM Mon
Kaulava Until 6:50AM
Panchami Until 6:20PM

Ganesha: Purple Sunrise: 6:19AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Devaloka Day

Creative Work Siddha Yoga

4

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kottayam, India

Sun 5 Sutra 218

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 7.21 Tithi 21 - 22

Family Home Evening

Gulika 1:37PM - 3:05PM
Yama 10:42AM - 12:10PM
Rahu 7:47AM - 9:15AM

Pushya Until 10:16PM
Sukla Until 12:33AM Tue
Visti Until 4:23AM Tue
Shashthi* Until 5:07PM

Ganesha: Clear Sunrise: 6:19AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

5

Tuesday, November 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha* Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kottayam, India

Sun 6 Sutra 219

Vikarin 5121

Moon 11 - Phase 30

1st Phase

748413465 Kataka Rasi: 21.07 Tithi 22 - 23

Gulika 12:10PM - 1:38PM
Yama 9:15AM - 10:42AM
Rahu 3:05PM - 4:33PM

Ashlesha* Until 9:10PM
Brahma Until 10:01PM
Balava Until 2:40AM Wed
Saptami Until 3:33PM

Ganesha: Clear Sunrise: 6:20AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Clear
Moon - Blue
Karttika-Karttikai

Sivaloka Day

Creative Work Siddha Yoga

D

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kottayam, India

Sun 7 Sutra 220

Vikarin 5121

Moon 11 - Phase 30

Ashtami

758413465 Simha Rasi: 5.04 Tithi 23 - 24

Creative Work Siddha Yoga

Until 8:02PM

Then Creative Work - Amrita Yoga

Gulika 10:43AM - 12:10PM
Yama 7:48AM - 9:15AM
Rahu 12:10PM - 1:38PM

Magha* Until 8:02PM
Indra Until 7:14PM
Taitila Until 12:38AM Thu
Ashtami* Until 1:40PM

Ganesha: White Sunrise: 6:20AM
Muruga: Purple Sunset: 6:00PM
Nataraja: Clear
Moon - Red
Karttika-Karttikai

Subha Sivaloka Day

Thursday, November 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kottayam, India

Sun 8 Sutra 221

Vikarin 5121

Moon 11 - Phase 30

Navami

758413465 Simha Rasi: 19.13 Tithi 24 - 25

Creative Work Siddha Yoga

Gulika 9:15AM - 10:43AM
Yama 6:20AM - 7:48AM
Rahu 1:38PM - 3:06PM

Purvaphalguni Until 6:29PM
Vaidhriti* Until 4:12PM
Vanija Until 10:19PM
Navami* Until 11:29AM

Ganesha: White Sunrise: 6:20AM
Muruga: Purple Sunset: 6:01PM
Nataraja: Clear
Moon - Red
Karttika-Karttikai


Subha Sivaloka Day

1		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Kottayam, India Sun 9 Sutra 222 Vikarin 5121
Kanya Rasi: 3.34	Tithi 25 – 26	Gulika 7:48AM – 9:16AM	Uttaraphalguni Until 4:33PM	Ganesha: White	<i>Sunrise:</i> 6:21AM
		Yama 3:06PM – 4:33PM	Vishkambha* Until 12:59PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM
		Rahu 10:43AM – 12:11PM	Bava Until 7:47PM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Dashami Until 9:03AM	Moon – Red	Subha Sivaloka Day
Until 4:33PM				Karttika-Karttikai	
Then Creative Work - Amrita Yoga					

2		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Priti/Ayushman Yoga Balava/Taitila Karana Ekadashi/Dvadashtyam Titau	Kottayam, India Sun 10 Sutra 223 Vikarin 5121
Kanya Rasi: 18.01	Tithi 26 – 27	Gulika 6:21AM – 7:49AM	Hasta Until 2:46PM	Ganesha: Yellow	<i>Sunrise:</i> 6:21AM
		Yama 1:38PM – 3:06PM	Priti Until 9:39AM	Muruqa: Purple	<i>Sunset:</i> 6:01PM
		Rahu 9:16AM – 10:44AM	Taitila Until 3:47AM Sun	Nataraja: Clear	Moon 11 - Phase 31
Routine Work	Marana Yoga		Ekadashi* Until 6:27AM	Moon – Green	Sivaloka Day
				Karttika-Karttikai	

3		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau	Kottayam, India Sun 11 Sutra 224 Vikarin 5121
Tula Rasi: 2.32	Tithi 28	Gulika 3:06PM – 4:33PM	Chitra Until 12:50PM	Ganesha: Blue	<i>Sunrise:</i> 6:22AM
		Yama 12:11PM – 1:39PM	Ayushman Until 6:15AM	Muruqa: Purple	<i>Sunset:</i> 6:01PM
		Rahu 4:33PM – 6:01PM	Gara Until 2:29PM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Trayodashi* Until 1:10AM Mon	Moon – Green	Devaloka Day
				Karttika-Karttikai	
				<i>Pradosha Vrata (Fasting)</i>	

4		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kottayam, India Sun 12 Sutra 225 Vikarin 5121
Tula Rasi: 17	Tithi 29	Gulika 1:39PM – 3:06PM	Svati Until 10:51AM	Ganesha: Blue	<i>Sunrise:</i> 6:22AM
Family Home Evening		Yama 10:44AM – 12:12PM	Sobhana Until 11:45PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM
Creative Work	Amrita Yoga	Rahu 7:50AM – 9:17AM	Visti Until 11:56AM	Nataraja: Clear	Moon 11 - Phase 31
Until 10:51AM			Chaturdashi* Until 10:44PM	Moon – Green	Devaloka Day
Then Routine Work - Marana Yoga				Karttika-Karttikai	

		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kottayam, India Sun 13 Sutra 226 Vikarin 5121
Retreat Star		Gulika 12:12PM – 1:39PM	Vishakha Until 9:24AM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM
Vrischika Rasi: 1.19	Tithi 30	Yama 9:17AM – 10:45AM	Athiganda* Until 8:50PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM
		Rahu 3:07PM – 4:34PM	Catuspada Until 9:39AM	Nataraja: Clear	Moon 11 - Phase 31
Routine Work	Marana Yoga		Amavasya* Until 8:38PM	Moon – Orange	Devaloka Day
Until 9:24AM				Karttika-Karttikai	
Then Creative Work - Siddha Yoga					

Retreat Star		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau	Kottayam, India Sun 14 Sutra 227 Vikarin 5121
Vrischika Rasi: 15.23	Tithi 1	Gulika 10:45AM – 12:12PM	Anuradha Until 8:12AM	Ganesha: Blue	<i>Sunrise:</i> 6:23AM
		Yama 7:50AM – 9:18AM	Sukarma Until 6:19PM	Muruqa: Purple	<i>Sunset:</i> 6:01PM
		Rahu 12:12PM – 1:40PM	Kintughna Until 7:46AM	Nataraja: Clear	Moon 11 - Phase 31
Creative Work	Siddha Yoga		Prathama* Until 7:00PM	Moon – Orange	Devaloka Day
				Margasira-Karttikai	

1		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhriti/Shula* Yoga Balava/Tailila Karana Dvitiya/Tritiyayam Titau	Kottayam, India Sun 15 Sutra 228 Vikarin 5121
Vrischika Rasi: 29.07	Tithi 2 – 3	Gulika 9:18AM – 10:45AM	Jyeshtha* Until 7:23AM	Ganesha: Blue <i>Sunrise:</i> 6:24AM	
		Yama 6:24AM – 7:51AM	Dhriti Until 4:17PM	Muruqa: Purple <i>Sunset:</i> 6:02PM	Moon 11 - Phase 32
	779413465	Rahu 1:40PM – 3:07PM	Balava Until 6:25AM	Nataraja: Clear	3rd Phase
Routine Work	Prabalarishta Yoga		Dvitiya Until 5:59PM	Moon – Orange	Devaloka Day
Until 7:23AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

2		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Kottayam, India Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 12.29	Tithi 3 – 4	Gulika 7:51AM – 9:18AM	Mula* Until 7:32AM	Ganesha: Blue <i>Sunrise:</i> 6:24AM	
		Yama 3:07PM – 4:35PM	Shula* Until 2:46PM	Muruqa: Purple <i>Sunset:</i> 6:02PM	Moon 11 - Phase 32
	789413465	Rahu 10:46AM – 12:13PM	Vanija Until 5:49AM Sat	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 5:40PM	Moon – Light Blue	Devaloka Day
Until 7:32AM				Margasira-Karttikai	
Then Routine Work - Prabalarishta Yoga					

3		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ganda*/Vridhhi Yoga Visti* Karana Chaturthyam Titau	Kottayam, India Sun 17 Sutra 230 Vikarin 5121
Dhanus Rasi: 25.28	Tithi 4	Gulika 6:24AM – 7:52AM	Purvashadha* Until 8:15AM	Ganesha: Blue <i>Sunrise:</i> 6:24AM	
		Yama 1:40PM – 3:08PM	Ganda* Until 1:51PM	Muruqa: Purple <i>Sunset:</i> 6:02PM	Moon 11 - Phase 32
	789413465	Rahu 9:19AM – 10:46AM	Visti Until 6:07PM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:07PM	Moon – Light Blue	Devaloka Day
Until 8:15AM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

4		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Panchamyam Titau	Kottayam, India Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 8.05	Tithi 5	Gulika 3:08PM – 4:35PM	Uttarashadha Until 9:31AM	Ganesha: Blue <i>Sunrise:</i> 6:25AM	
		Yama 12:14PM – 1:41PM	Vridhhi Until 1:31PM	Muruqa: Purple <i>Sunset:</i> 6:02PM	Moon 11 - Phase 32
	789413465	Rahu 4:35PM – 6:02PM	Bava Until 6:38AM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Panchami Until 7:17PM	Moon – Light Blue	Devaloka Day
Until 8:15AM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

5		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Tailila Karana Shashthyam Titau	Kottayam, India Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 20.24	Tithi 6	Gulika 1:41PM – 3:08PM	Shravana Until 11:46AM	Ganesha: Clear <i>Sunrise:</i> 6:25AM	
Family Home Evening		Yama 10:47AM – 12:14PM	Dhruva Until 1:39PM	Muruqa: Purple <i>Sunset:</i> 6:03PM	Moon 11 - Phase 32
	791413465	Rahu 7:53AM – 9:20AM	Kaulava Until 8:09AM	Nataraja: Clear	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 9:05PM	Moon – Purple	Sivaloka Day
Until 11:46AM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

6		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Kottayam, India Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 2.29	Tithi 7	Gulika 12:14PM – 1:41PM	Dhanishtha Until 2:21PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM	
		Yama 9:20AM – 10:47AM	Vyaghata* Until 2:11PM	Muruqa: Purple <i>Sunset:</i> 6:03PM	Moon 11 - Phase 32
	791413465	Rahu 3:09PM – 4:36PM	Gara Until 10:12AM	Nataraja: Clear	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 11:21PM	Moon – Purple	Sivaloka Day
Until 2:21PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Ashlamyam Titau	Kottayam, India Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 14.26	Tithi 8	Gulika 10:48AM – 12:15PM	Shatabhishak Until 5:03PM	Ganesha: Clear <i>Sunrise:</i> 6:26AM	
		Yama 7:54AM – 9:21AM	Harshana Until 2:57PM	Muruqa: Purple <i>Sunset:</i> 6:03PM	Moon 11 - Phase 32
	791413465	Rahu 12:15PM – 1:42PM	Visti Until 12:35PM	Nataraja: Clear	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 1:49AM Thu	Moon – Purple	Sivaloka Day
Until 5:03PM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

Retreat Star		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Kottayam, India Sun 22 Sutra 235 Vikarin 5121
Kumbha Rasi: 26.19	Tithi 9	Gulika 9:21AM – 10:48AM	Purvaproshtapada* Until 8:09PM	Ganesha: Yellow <i>Sunrise:</i> 6:27AM	
		Yama 6:27AM – 7:54AM	Vajra* Until 3:45PM	Muruqa: Purple <i>Sunset:</i> 6:03PM	Moon 11 - Phase 32
	711413465	Rahu 1:42PM – 3:09PM	Balava Until 3:06PM	Nataraja: Clear	Navami
Creative Work	Siddha Yoga		Navami* Until 4:18AM Fri	Moon – Clear	Sivaloka Day
Until 5:03PM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


1		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dashamyam Titau				Kottayam, India Sun 23 Sutra 236 Vikarin 5121
Meena Rasi: 8.13	Tithi 10	Gulika 7:54AM – 9:22AM	Uttaraproshtapada Until 10:57PM	Ganesha: Yellow	<i>Sunrise:</i> 6:27AM			
		Yama 3:10PM – 4:37PM	Siddhi Until 4:29PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM			Moon 11 - Phase 33
		711413465 Rahu 10:49AM – 12:16PM	Taitila Until 5:30PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dashami Until 6:35AM Sat	Moon – Clear			Sivaloka Day	
				Margasira-Karttikai				

2		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vyatiyata*/Varyan Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kottayam, India Sun 24 Sutra 237 Vikarin 5121
Meena Rasi: 20.11	Tithi 10 – 11	Gulika 6:28AM – 7:55AM	Revati Until 1:16AM Sun	Ganesha: White	<i>Sunrise:</i> 6:28AM			
		Yama 1:43PM – 3:10PM	Vyatiyata* Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM			Moon 11 - Phase 33
		711513465 Rahu 9:22AM – 10:49AM	Vanija Until 7:37PM	Nataraja: Clear				4th Phase
Routine Work	Prabalarishta Yoga		Dashami Until 6:35AM	Moon – Clear			Subha Sivaloka Day	
Until 1:16AM Sun		Gita Jayanthi		Margasira-Karttikai				
Then Creative Work - Siddha Yoga								

3		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Kottayam, India Sun 25 Sutra 238 Vikarin 5121
Mesha Rasi: 2.19	Tithi 11 – 12	Gulika 3:10PM – 4:37PM	Ashvini Until 3:29AM Mon	Ganesha: Clear	<i>Sunrise:</i> 6:28AM			
		Yama 12:16PM – 1:43PM	Varyan Until 5:13PM	Muruqa: Purple	<i>Sunset:</i> 6:04PM			Moon 11 - Phase 33
		721513465 Rahu 4:37PM – 6:04PM	Bava Until 9:17PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:29AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				

4		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Kottayam, India Sun 26 Sutra 239 Vikarin 5121
Mesha Rasi: 14.37	Tithi 12 – 13	Gulika 1:44PM – 3:11PM	Bharani Until 5:00AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:29AM			
Family Home Evening		Yama 10:50AM – 12:17PM	Parigha* Until 5:01PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM			Moon 11 - Phase 33
		721513465 Rahu 7:56AM – 9:23AM	Kaulava Until 10:25PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Dvadashi Until 9:54AM	Moon – White			Sivaloka Day	
				Margasira-Karttikai				
				<i>Pradosha Vrata</i>				

5		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kottayam, India Sun 27 Sutra 240 Vikarin 5121
Mesha Rasi: 27.11	Tithi 13 – 14	Gulika 12:17PM – 1:44PM	Krittika Until 5:48AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:30AM			
		Yama 9:23AM – 10:50AM	Shiva Until 4:24PM	Muruqa: Purple	<i>Sunset:</i> 6:05PM			Moon 11 - Phase 33
		721513465 Rahu 3:11PM – 4:38PM	Gara Until 10:59PM	Nataraja: Clear				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:45AM	Moon – White			Sivaloka Day	
		Krittika Deepam		Margasira-Karttikai				

		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kottayam, India Sutra 241 Vikarin 5121
Copper Retreat Star		Gulika 10:51AM – 12:18PM	Rohini Until 6:22AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:30AM			
Vrishabha Rasi: 10.01	Tithi 14 – 15	Yama 7:57AM – 9:24AM	Siddha Until 3:19PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM			Moon 11 - Phase 33
		731523465 Rahu 12:18PM – 1:45PM	Visti Until 10:58PM	Nataraja: Clear				Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 11:01AM	Moon – Yellow			Sivaloka Day	
Until 6:22AM Thu				Margasira-Karttikai				
Then Routine Work - Marana Yoga								

Thursday, December 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kottayam, India Sutra 242 Vikarin 5121		
Silver Retreat Star		Gulika 9:24AM – 10:51AM	Rohini Until 6:22AM	Ganesha: Clear	<i>Sunrise:</i> 6:31AM			
Vrishabha Rasi: 23.07	Tithi 15 – 16	Yama 6:31AM – 7:57AM	Sadhya Until 1:50PM	Muruqa: Clear	<i>Sunset:</i> 6:06PM			Moon 11 - Phase 33
		732523465 Rahu 1:45PM – 3:12PM	Balava Until 10:25PM	Nataraja: Clear				Prathama
Routine Work	Marana Yoga		Purnima* Until 10:44AM	Moon – Yellow			Devaloka Day	
		Vinayaga Viratam Begins		Margasira-Karttikai				

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Kottayam, India

Sutra 243

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 6.29 Tithi 16 - 17

732523465

Gulika 7:58AM - 9:25AM
Yama 3:13PM - 4:39PM
Rahu 10:52AM - 12:19PM

Mrigashira Until 6:18AM
Subha Until 11:58AM
Taitila Until 9:26PM
Prathama* Until 9:57AM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon - Yellow

Sunrise: 6:31AM
Sunset: 6:06PM

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kottayam, India

Sun 1 Sutra 244

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Mithuna Rasi: 20.06 Tithi 17 - 18

742523465

Gulika 6:32AM - 7:58AM
Yama 1:46PM - 3:13PM
Rahu 9:25AM - 10:52AM

Punarvasu Until 4:59AM Sun
Sukla Until 9:45AM
Vanija Until 8:04PM
Dvitiya Until 8:46AM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon - Blue

Sunrise: 6:32AM
Sunset: 6:07PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira-Karttikai

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kottayam, India

Sun 2 Sutra 245

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 3.55 Tithi 18 - 19

742523465

Gulika 3:13PM - 4:40PM
Yama 12:20PM - 1:47PM
Rahu 4:40PM - 6:07PM

Pushya Until 3:55AM Mon
Brahma Until 7:19AM
Bava Until 6:25PM
Tritiya Until 7:15AM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon - Blue

Sunrise: 6:32AM
Sunset: 6:07PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira-Karttikai

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India

Sun 3 Sutra 246

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Kataka Rasi: 17.52 Tithi 20

742523465

Gulika 1:47PM - 3:14PM
Yama 10:53AM - 12:20PM
Rahu 8:00AM - 9:26AM

Ashlesha* Until 2:32AM Tue
Vaidhriti* Until 1:54AM Tue
Kaulava Until 4:34PM
Panchami Until 3:34AM Tue

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon - Blue

Sunrise: 6:33AM
Sunset: 6:08PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira-Markali

Family Home Evening
Creative Work Siddha Yoga

Markali Pillaiyar

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Kottayam, India

Sun 4 Sutra 247

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 1.56 Tithi 21

852523465

Gulika 12:21PM - 1:48PM
Yama 9:27AM - 10:54AM
Rahu 3:14PM - 4:41PM

Magha* Until 1:20AM Wed
Vishkambha* Until 11:03PM
Gara Until 2:36PM
Shashthi* Until 1:33AM Wed

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon - Red

Sunrise: 6:33AM
Sunset: 6:08PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira-Markali

Creative Work Siddha Yoga

Until 1:20AM Wed
Then Creative Work - Amrita Yoga

5

Wednesday, December 18, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Priti* Visti*/Bava Karana Saptamyam Titau

Kottayam, India

Sun 5 Sutra 248

Vikarin 5121

Moon 12 - Phase 34

1st Phase

Simha Rasi: 16.04 Tithi 22

852523465

Gulika 10:54AM - 12:21PM
Yama 8:01AM - 9:27AM
Rahu 12:21PM - 1:48PM

Purvaphalguni Until 11:57PM
Priti Until 8:10PM
Visti Until 12:32PM
Saptami Until 11:29PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon - Red

Sunrise: 6:34AM
Sunset: 6:09PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira-Markali

Creative Work Amrita Yoga

D

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India

Sun 6 Sutra 249

Vikarin 5121

Moon 12 - Phase 34

Ashtami

Kanya Rasi: 0.13 Tithi 23

852523465

Gulika 9:28AM - 10:55AM
Yama 6:34AM - 8:01AM
Rahu 1:49PM - 3:15PM

Uttaraphalguni Until 10:25PM
Ayushman Until 5:14PM
Balava Until 10:27AM
Ashtami* Until 9:24PM

Ganesha: Purple
Muruga: Clear
Nataraja: Clear
Moon - Red

Sunrise: 6:34AM
Sunset: 6:09PM

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Margasira-Markali

Amrita Yoga

Until 10:25PM
Then Routine Work - Marana Yoga

Friday, December 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Navamyam Titau

Kottayam, India

Sun 7 Sutra 250

Vikarin 5121

Moon 12 - Phase 34

Navami

Kanya Rasi: 14.23 Tithi 24

862523465

Gulika 8:02AM - 9:28AM
Yama 3:16PM - 4:43PM
Rahu 10:55AM - 12:22PM

Hasta Until 9:11PM
Saubhagya Until 2:20PM
Taitila Until 8:23AM
Navami* Until 7:20PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon - Green

Sunrise: 6:35AM
Sunset: 6:10PM

Devaloka Day

Margasira-Markali

Creative Work Amrita Yoga

Until 9:11PM

Then Creative Work - Siddha Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sobhana/Athiganda* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau	Kottayam, India Sun 8 Sutra 251 Vikarin 5121
Kanya Rasi: 28.31	Tithi 25 – 26	862523465	Gulika 6:35AM – 8:02AM Yama 1:49PM – 3:16PM Rahu 9:29AM – 10:56AM	Chitra Until 7:52PM Sobhana Until 11:29AM Vanija Until 6:21AM Dashami Until 5:21PM	Ganesha: Clear <i>Sunrise: 6:35AM</i> Muruqa: Clear <i>Sunset: 6:10PM</i> Nataraja: Clear Moon – Green
Routine Work	Marana Yoga		Day 1 of Pancha Ganapati	Margasira-Markali	Devaloka Day
Until 7:52PM					
Then Creative Work - Siddha Yoga					

2		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kottayam, India Sun 9 Sutra 252 Vikarin 5121
Tula Rasi: 12.35	Tithi 26 – 27	862523465	Gulika 3:17PM – 4:44PM Yama 12:23PM – 1:50PM Rahu 4:44PM – 6:11PM	Svati Until 6:33PM Athiganda* Until 8:42AM Kaulava Until 2:37AM Mon Ekadashi* Until 3:28PM	Ganesha: Clear <i>Sunrise: 6:36AM</i> Muruqa: Clear <i>Sunset: 6:11PM</i> Nataraja: Clear Moon – Green
Creative Work	Siddha Yoga		Day 2 of Pancha Ganapati	Margasira-Markali	Devaloka Day
Until 6:33PM					
Then Routine Work - Marana Yoga					

3		Monday, December 23, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kottayam, India Sun 10 Sutra 253 Vikarin 5121
Tula Rasi: 26.33	Tithi 27 – 28	872523465	Gulika 1:50PM – 3:17PM Yama 10:57AM – 12:24PM Rahu 8:03AM – 9:30AM	Vishakha Until 5:43PM Sukarma Until 6:03AM Gara Until 1:04AM Tue Dvadashi* Until 1:47PM	Ganesha: White <i>Sunrise: 6:36AM</i> Muruqa: Clear <i>Sunset: 6:11PM</i> Nataraja: Clear Moon – Orange
Family Home Evening			Day 3 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work	Marana Yoga				
Until 5:43PM					
Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata (Fasting)</i>					

4		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kottayam, India Sun 11 Sutra 254 Vikarin 5121
Vrischika Rasi: 10.23	Tithi 28 – 29	872523465	Gulika 12:24PM – 1:51PM Yama 9:30AM – 10:57AM Rahu 3:18PM – 4:45PM	Anuradha Until 5:01PM Shula* Until 1:24AM Wed Visti Until 11:49PM Trayodashi* Until 12:22PM	Ganesha: White <i>Sunrise: 6:37AM</i> Muruqa: Clear <i>Sunset: 6:12PM</i> Nataraja: Clear Moon – Orange
Creative Work	Siddha Yoga		Day 4 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Until 5:01PM					
Then Routine Work - Marana Yoga					

		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kottayam, India Sun 12 Sutra 255 Vikarin 5121
Retreat Star			Gulika 10:58AM – 12:25PM Yama 8:04AM – 9:31AM Rahu 12:25PM – 1:52PM	Jyeshtha* Until 4:32PM Ganda* Until 11:32PM Catuspada Until 10:59PM Chaturdashi* Until 11:19AM	Ganesha: White <i>Sunrise: 6:37AM</i> Muruqa: Clear <i>Sunset: 6:12PM</i> Nataraja: Clear Moon – Orange
Vrischika Rasi: 24	Tithi 29 – 30	872523465	Day 5 of Pancha Ganapati	Margasira-Markali	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work	Siddha Yoga				
Until 4:32PM					
Then Routine Work - Marana Yoga					

Thursday, December 26, 2019		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kottayam, India Sun 13 Sutra 256 Vikarin 5121
Dhanus Rasi: 7.23	Tithi 30 – 1	883523465	Gulika 9:31AM – 10:58AM Yama 6:38AM – 8:05AM Rahu 1:52PM – 3:19PM	Mula* Until 4:49PM Vriddhi Until 10:04PM Kintughna Until 10:39PM Amavasya* Until 10:44AM	Ganesha: Orange <i>Sunrise: 6:38AM</i> Muruqa: Clear <i>Sunset: 6:13PM</i> Nataraja: Clear Moon – Light Blue
Creative Work	Siddha Yoga		Annular Solar Eclipse	Pausha-Markali	Devaloka Day

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Kottayam, India Sun 14 Sutra 257 Vikarin 5121		
Dhanus Rasi: 20.29	Tithi 1 – 2	Gulika 8:05AM – 9:32AM	Purvashadha* Until 5:29PM	Ganesha: Orange	Sunrise: 6:38AM	Muruqa: Clear	Sunset: 6:13PM	Moon 12 - Phase 36 3rd Phase
Routine Work	Prabalarishta Yoga	Yama 3:19PM – 4:46PM	Dhruva Until 9:01PM	Nataraja: Orange				Devaloka Day
Until 5:29PM		Rahu 10:59AM – 12:26PM	Balava Until 10:52PM	Moon – Light Blue				
Then Routine Work - Marana Yoga			Prathama* Until 10:40AM	Pausha-Markali				
2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Kottayam, India Sun 15 Sutra 258 Vikarin 5121		
Makara Rasi: 3.18	Tithi 2 – 3	Gulika 6:39AM – 8:05AM	Uttarashadha Until 6:34PM	Ganesha: Orange	Sunrise: 6:39AM	Muruqa: Clear	Sunset: 6:14PM	Moon 12 - Phase 36 3rd Phase
Routine Work	Marana Yoga	Yama 1:53PM – 3:20PM	Vyaghata* Until 8:26PM	Nataraja: Orange				Devaloka Day
Until 6:34PM		Rahu 9:32AM – 10:59AM	Taitila Until 11:42PM	Moon – Light Blue				
Then Creative Work - Siddha Yoga			Dvitiya Until 11:12AM	Pausha-Markali				
3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Kottayam, India Sun 16 Sutra 259 Vikarin 5121		
Makara Rasi: 15.51	Tithi 3 – 4	Gulika 3:20PM – 4:47PM	Shravana Until 8:32PM	Ganesha: Clear	Sunrise: 6:39AM	Muruqa: Clear	Sunset: 6:14PM	Moon 12 - Phase 36 3rd Phase
Creative Work	Amrita Yoga	Yama 12:27PM – 1:54PM	Harshana Until 8:18PM	Nataraja: Orange				Devaloka Day
Until 8:32PM		Rahu 4:47PM – 6:14PM	Vanija Until 1:07AM Mon	Moon – Purple				
Then Routine Work - Marana Yoga			Tritiya Until 12:19PM	Pausha-Markali				
4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Kottayam, India Sun 17 Sutra 260 Vikarin 5121		
Makara Rasi: 28.09	Tithi 4 – 5	Gulika 1:54PM – 3:21PM	Dhanishtha Until 10:50PM	Ganesha: Clear	Sunrise: 6:39AM	Muruqa: Clear	Sunset: 6:15PM	Moon 12 - Phase 36 3rd Phase
Family Home Evening		Yama 11:00AM – 12:27PM	Vajra* Until 8:33PM	Nataraja: Orange				Devaloka Day
Creative Work	Siddha Yoga	Rahu 8:06AM – 9:33AM	Bava Until 3:01AM Tue	Moon – Purple				
			Chaturthi* Until 1:59PM	Pausha-Markali				
5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Kottayam, India Sun 18 Sutra 261 Vikarin 5121		
Kumbha Rasi: 10.15	Tithi 5 – 6	Gulika 12:28PM – 1:55PM	Shatabhishak Until 1:20AM Wed	Ganesha: Clear	Sunrise: 6:40AM	Muruqa: Clear	Sunset: 6:15PM	Moon 12 - Phase 36 3rd Phase
Routine Work	Marana Yoga	Yama 9:34AM – 11:01AM	Siddhi Until 9:06PM	Nataraja: Orange				Devaloka Day
Until 1:20AM Wed		Rahu 3:21PM – 4:48PM	Kaulava Until 5:18AM Wed	Moon – Purple				
Then Creative Work - Amrita Yoga			Panchami Until 4:06PM	Pausha-Markali				
6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprosarthpada* Nakshatra Vyatipata* Yoga Taitila Karana Shashthyam Titau		Kottayam, India Sun 19 Sutra 262 Vikarin 5121		
Kumbha Rasi: 22.13	Tithi 6	Gulika 11:02AM – 12:29PM	Purvaprosarthpada* Until 4:24AM Thu	Ganesha: Blue	Sunrise: 6:41AM	Muruqa: Clear	Sunset: 6:16PM	Moon 12 - Phase 36 3rd Phase
Creative Work	Amrita Yoga	Yama 8:08AM – 9:35AM	Vyatipata* Until 9:51PM	Nataraja: Orange				Bhuloka Day
Until 4:24AM Thu		Rahu 12:29PM – 1:55PM	Taitila Until 6:31PM	Moon – Clear				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			Shashthi* Until 6:31PM	Pausha-Markali				
		Vinayaga Viratam Ends						
Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprosarthpada Nakshatra Variyan Yoga Gara/Vanija Karana Saptamyam Titau		Kottayam, India Sun 20 Sutra 263 Vikarin 5121		
Meena Rasi: 4.07	Tithi 7	Gulika 9:35AM – 11:02AM	Uttaraprosarthpada Until 7:18AM Fri	Ganesha: Blue	Sunrise: 6:41AM	Muruqa: Clear	Sunset: 6:17PM	Moon 12 - Phase 36 3rd Phase
Creative Work	Siddha Yoga	Yama 6:41AM – 8:08AM	Variyan Until 10:38PM	Nataraja: Orange				Bhuloka Day
		Rahu 1:56PM – 3:23PM	Gara Until 7:47AM	Moon – Clear				Devaloka Time: 3:PM to 6:PM
			Saptami Until 9:01PM	Pausha-Markali				
Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprosarthpada/Revati Nakshatra Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau		Kottayam, India Sun 21 Sutra 264 Vikarin 5121		
Meena Rasi: 16.01	Tithi 8	Gulika 8:09AM – 9:35AM	Uttaraprosarthpada Until 7:18AM	Ganesha: Blue	Sunrise: 6:42AM	Muruqa: Clear	Sunset: 6:17PM	Moon 12 - Phase 36 Ashtami
Creative Work	Siddha Yoga	Yama 3:23PM – 4:50PM	Parigha* Until 11:21PM	Nataraja: Orange				Bhuloka Day
		Rahu 11:02AM – 12:29PM	Visti Until 10:16AM	Moon – Clear				Devaloka Time: 3:PM to 6:PM
			Ashtami* Until 11:25PM	Pausha-Markali				
Retreat Star		Saturday, January 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Shiva Yoga Balava/Kaulava Karana Navamyam Titau		Kottayam, India Sun 22 Sutra 265 Vikarin 5121		
Meena Rasi: 27.58	Tithi 9	Gulika 6:42AM – 8:09AM	Revati Until 9:53AM	Ganesha: Blue	Sunrise: 6:42AM	Muruqa: Clear	Sunset: 6:18PM	Moon 12 - Phase 36 Navami
Routine Work	Prabalarishta Yoga	Yama 1:57PM – 3:24PM	Shiva Until 11:51PM	Nataraja: Orange				Bhuloka Day
Until 9:53AM		Rahu 9:36AM – 11:03AM	Balava Until 12:32PM	Moon – Clear				Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			Navami* Until 1:31AM Sun	Pausha-Markali				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Sunday, January 5, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Kottayam, India	
Mesha Rasi: 10.04		Tithi 10		Ashvini Until 12:24PM		Ganesha: Yellow		Sunrise: 6:42AM	
Creative Work		Siddha Yoga		Siddha Until 11:57PM		Muruga: Clear		Sunset: 6:18PM	
Until 12:24PM		823623466 Rahu		4:51PM - 6:18PM		Nataraja: Orange		Moon 12 - Phase 37	
Then Routine Work - Prabararishta Yoga		Subramuniyaswami Jayanti		Taitila Until 2:24PM		Moon - White		4th Phase	
				Dashami Until 3:06AM Mon		Pausha-Markali		Devaloka Day	

2		Monday, January 6, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Kottayam, India	
Mesha Rasi: 22.22		Tithi 11		Bharani Until 2:14PM		Ganesha: Yellow		Sunrise: 6:43AM	
Family Home Evening		823623466 Rahu		Sadhya Until 11:36PM		Muruga: Clear		Sunset: 6:19PM	
Creative Work		Siddha Yoga		Vanija Until 3:41PM		Nataraja: Orange		Moon 12 - Phase 37	
Until 2:14PM		Vaikuntha Ekadasi		Ekadashi Until 4:03AM Tue		Moon - White		4th Phase	
Then Routine Work - Marana Yoga						Pausha-Markali		Devaloka Day	

3		Tuesday, January 7, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Kottayam, India	
Vrishabha Rasi: 4.58		Tithi 12		Krittika Until 3:15PM		Ganesha: Yellow		Sunrise: 6:43AM	
Creative Work		Siddha Yoga		Subha Until 10:43PM		Muruga: Clear		Sunset: 6:20PM	
Until 3:15PM		823623466 Rahu		Bava Until 4:17PM		Nataraja: Orange		Moon 12 - Phase 37	
Then Creative Work - Amrita Yoga				Dvadashi Until 4:17AM Wed		Moon - White		4th Phase	
						Pausha-Markali		Devaloka Day	

4		Wednesday, January 8, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Kottayam, India	
Vrishabha Rasi: 17.54		Tithi 13		Rohini Until 3:52PM		Ganesha: White		Sunrise: 6:43AM	
Creative Work		Siddha Yoga		Sukla Until 9:14PM		Muruga: Clear		Sunset: 6:20PM	
Until 3:15PM		833623466 Rahu		Kaulava Until 4:08PM		Nataraja: Orange		Moon 12 - Phase 37	
Then Creative Work - Amrita Yoga				Trayodashi Until 3:47AM Thu		Moon - Yellow		4th Phase	
						Pausha-Markali		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

5		Thursday, January 9, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Kottayam, India	
Mithuna Rasi: 1.12		Tithi 14		Mrigashira Until 3:39PM		Ganesha: Yellow		Sunrise: 6:44AM	
Routine Work		Marana Yoga		Brahma Until 7:14PM		Muruga: Clear		Sunset: 6:21PM	
Until 3:15PM		834623466 Rahu		Gara Until 3:18PM		Nataraja: Orange		Moon 12 - Phase 37	
				Chaturdashi* Until 2:37AM Fri		Moon - Yellow		4th Phase	
						Pausha-Markali		Devaloka Day	

○		Friday, January 10, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Kottayam, India	
Mithuna Rasi: 14.53		Tithi 15		Ardra Until 2:40PM		Ganesha: Yellow		Sunrise: 6:44AM	
Creative Work		Siddha Yoga		Indra Until 4:46PM		Muruga: Clear		Sunset: 6:21PM	
Until 3:15PM		834623466 Rahu		Visti Until 1:49PM		Nataraja: Orange		Moon 12 - Phase 37	
				Purnima* Until 12:52AM Sat		Moon - Yellow		Purnima	
						Pausha-Markali		Devaloka Day	
				Penumbral Lunar Eclipse					
				Ardra Darshanam					

○		Saturday, January 11, 2020				Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam		Kottayam, India	
Mithuna Rasi: 28.53		Tithi 16		Punarvasu Until 1:29PM		Ganesha: White		Sunrise: 6:44AM	
Creative Work		Siddha Yoga		Vaidhriti* Until 1:52PM		Muruga: Clear		Sunset: 6:22PM	
Until 3:15PM		844623466 Rahu		Balava Until 11:50AM		Nataraja: Orange		Moon 12 - Phase 37	
				Prathama* Until 10:40PM		Moon - Blue		Prathama	
						Pausha-Markali		Sivaloka Day	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

All times are standard time

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Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 13.11 Tithi 17

844623466

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 3:28PM – 4:55PM
Yama 12:33PM – 2:00PM
Rahu 4:55PM – 6:22PM

Pushya Until 11:47AM
Vishkambha* Until 10:42AM
Taitila Until 9:28AM
Dvitiya Until 8:10PM

Ganesha: White *Sunrise: 6:44AM*
Muruqa: Clear *Sunset: 6:22PM*
Nataraja: Orange
Moon – Blue
Pausha-Markali

Kottayam, India
Sutra 273
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

1

Monday, January 13, 2020

Kataka Rasi: 27.39 Tithi 18 – 19

Family Home Evening

844623466

Creative Work Siddha Yoga

Until 9:43AM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Priti/Ayushman Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 2:01PM – 3:28PM
Yama 11:06AM – 12:34PM
Rahu 8:12AM – 9:39AM

Ashlesha* Until 9:43AM
Priti Until 7:21AM
Vanija Until 6:51AM
Tritiya Until 5:29PM

Ganesha: White *Sunrise: 6:45AM*
Muruqa: Clear *Sunset: 6:23PM*
Nataraja: Orange
Moon – Blue
Pausha-Markali

Kottayam, India
Sun 1 Sutra 274
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 12.12 Tithi 19 – 20

Creative Work Siddha Yoga

854623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 12:34PM – 2:01PM
Yama 9:39AM – 11:07AM
Rahu 3:29PM – 4:56PM

Magha* Until 7:51AM
Saubhagya Until 12:28AM Wed
Kaulava Until 1:27AM Wed
Chaturthi* Until 2:46PM

Ganesha: Clear *Sunrise: 6:45AM*
Muruqa: Clear *Sunset: 6:23PM*
Nataraja: Orange
Moon – Red
Pausha-Markali

Kottayam, India
Sun 2 Sutra 275
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

3

Wednesday, January 15, 2020

Simha Rasi: 26.43 Tithi 20 – 21

Creative Work Amrita Yoga

854623466

Until 3:56AM Thu

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 11:07AM – 12:34PM
Yama 8:12AM – 9:40AM
Rahu 12:34PM – 2:02PM

Uttaraphalguni Until 3:56AM Thu
Sobhana Until 9:10PM
Gara Until 10:54PM
Panchami Until 12:08PM

Ganesha: Clear *Sunrise: 6:45AM*
Muruqa: Clear *Sunset: 6:24PM*
Nataraja: Orange
Moon – Red
Pausha-Thai

Kottayam, India
Sun 3 Sutra 276
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 11.08 Tithi 21 – 22

Routine Work Marana Yoga

864623466

Until 2:30AM Fri

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Athiganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 9:40AM – 11:07AM
Yama 6:45AM – 8:13AM
Rahu 2:02PM – 3:29PM

Hasta Until 2:30AM Fri
Athiganda* Until 6:00PM
Visti Until 8:34PM
Shashthi* Until 9:41AM

Ganesha: Purple *Sunrise: 6:45AM*
Muruqa: Clear *Sunset: 6:24PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Kottayam, India
Sun 4 Sutra 277
Vikarin 5121
Moon 1 - Phase 38
1st Phase

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Kanya Rasi: 25.23 Tithi 22 – 23

Creative Work Siddha Yoga

864623466

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 8:13AM – 9:40AM
Yama 3:30PM – 4:57PM
Rahu 11:08AM – 12:35PM

Chitra Until 1:13AM Sat
Sukarma Until 3:05PM
Balava Until 6:31PM
Saptami Until 7:29AM

Ganesha: Purple *Sunrise: 6:46AM*
Muruqa: Clear *Sunset: 6:25PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Kottayam, India
Sun 5 Sutra 278
Vikarin 5121
Moon 1 - Phase 38
Ashtami

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 9.26 Tithi 24

Creative Work Siddha Yoga

864623466

Until 12:09AM Sun

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 6:46AM – 8:13AM
Yama 2:03PM – 3:30PM
Rahu 9:41AM – 11:08AM

Svati Until 12:09AM Sun
Dhriti Until 12:26PM
Taitila Until 4:49PM
Navami* Until 4:05AM Sun

Ganesha: Purple *Sunrise: 6:46AM*
Muruqa: Clear *Sunset: 6:25PM*
Nataraja: Orange
Moon – Green
Pausha-Thai

Kottayam, India
Sun 6 Sutra 279
Vikarin 5121
Moon 1 - Phase 38
Navami

Sivaloka Day

1		Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Dashamyam Titau	Kottayam, India Sun 7 Sutra 280 Vikarin 5121
Tula Rasi: 23.15	Tithi 25	Gulika 3:31PM – 4:58PM	Vishakha Until 11:44PM	Ganesha: Clear <i>Sunrise:</i> 6:46AM	
		Yama 12:36PM – 2:03PM	Shula* Until 10:03AM	Muruqa: Clear <i>Sunset:</i> 6:25PM	Moon 1 - Phase 39
	874623466	Rahu 4:58PM – 6:25PM	Vanija Until 3:28PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dashami Until 2:56AM Mon	Moon – Orange	Devaloka Day
				Pausha*Thai	

2		Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhi Yoga Bava/Balava Karana Ekadashyam Titau	Kottayam, India Sun 8 Sutra 281 Vikarin 5121
Vrischika Rasi: 6.51	Tithi 26	Gulika 2:03PM – 3:31PM	Anuradha Until 11:32PM	Ganesha: Clear <i>Sunrise:</i> 6:46AM	
Family Home Evening		Yama 11:08AM – 12:36PM	Ganda* Until 8:00AM	Muruqa: Clear <i>Sunset:</i> 6:26PM	Moon 1 - Phase 39
	874623466	Rahu 8:14AM – 9:41AM	Bava Until 2:31PM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 2:10AM Tue	Moon – Orange	Devaloka Day
				Pausha*Thai	

3		Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vridhi/Dhruva Yoga Kaulava/Taitila Karana Dvadashyam Titau	Kottayam, India Sun 9 Sutra 282 Vikarin 5121
Vrischika Rasi: 20.14	Tithi 27	Gulika 12:36PM – 2:04PM	Jyeshtha* Until 11:35PM	Ganesha: Purple <i>Sunrise:</i> 6:46AM	
		Yama 9:41AM – 11:09AM	Vridhi Until 6:15AM	Muruqa: Clear <i>Sunset:</i> 6:26PM	Moon 1 - Phase 39
	875623466	Rahu 3:31PM – 4:59PM	Kaulava Until 1:57PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 1:48AM Wed	Moon – Orange	Bhuloka Day
Until 11:35PM				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

4		Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Trayodashyam Titau	Kottayam, India Sun 10 Sutra 283 Vikarin 5121
Dhanus Rasi: 3.24	Tithi 28	Gulika 11:09AM – 12:37PM	Mula* Until 12:21AM Thu	Ganesha: Light Blue <i>Sunrise:</i> 6:46AM	
		Yama 8:14AM – 9:41AM	Vyaghata* Until 3:40AM Thu	Muruqa: Clear <i>Sunset:</i> 6:27PM	Moon 1 - Phase 39
	885623466	Rahu 12:37PM – 2:04PM	Gara Until 1:48PM	Nataraja: Orange	2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 1:51AM Thu	Moon – Light Blue	Bhuloka Day
Until 12:21AM Thu				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Kottayam, India Sun 11 Sutra 284 Vikarin 5121
Dhanus Rasi: 16.21	Tithi 29	Gulika 9:42AM – 11:09AM	Purvashadha* Until 1:21AM Fri	Ganesha: Light Blue <i>Sunrise:</i> 6:46AM	
		Yama 6:46AM – 8:14AM	Harshana Until 2:53AM Fri	Muruqa: Clear <i>Sunset:</i> 6:27PM	Moon 1 - Phase 39
	885623466	Rahu 2:04PM – 3:32PM	Visti* Until 2:04PM	Nataraja: Orange	2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:20AM Fri	Moon – Light Blue	Bhuloka Day
Until 1:21AM Fri				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

Retreat Star		Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Kottayam, India Sun 12 Sutra 285 Vikarin 5121
Dhanus Rasi: 29.07	Tithi 30	Gulika 8:14AM – 9:42AM	Uttarashadha Until 2:37AM Sat	Ganesha: Light Blue <i>Sunrise:</i> 6:46AM	
		Yama 3:32PM – 5:00PM	Vajra* Until 2:24AM Sat	Muruqa: Clear <i>Sunset:</i> 6:28PM	Moon 1 - Phase 39
	885623466	Rahu 11:09AM – 12:37PM	Catuspada Until 2:45PM	Nataraja: Orange	Amavasya
Routine Work	Marana Yoga		Amavasya* Until 3:14AM Sat	Moon – Light Blue	Bhuloka Day
Until 2:37AM Sat				Pausha*Thai	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga					

Retreat Star		Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau	Kottayam, India Sun 13 Sutra 286 Vikarin 5121
Makara Rasi: 11.4	Tithi 1	Gulika 6:46AM – 8:14AM	Shravana Until 4:38AM Sun	Ganesha: Light Blue <i>Sunrise:</i> 6:46AM	
		Yama 2:05PM – 3:33PM	Siddhi Until 2:16AM Sun	Muruqa: Clear <i>Sunset:</i> 6:28PM	Moon 1 - Phase 39
	995623466	Rahu 9:42AM – 11:10AM	Kintughna Until 3:53PM	Nataraja: Orange	Prathama
Creative Work	Siddha Yoga		Prathama* Until 4:35AM Sun	Moon – Purple	Bhuloka Day
Until 4:38AM Sun				Magha*Thai	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Kottayam, India Sun 14 Sutra 287 Vikarin 5121
Makara Rasi: 24.01	Tithi 2	Gulika 3:33PM – 5:01PM	Dhanishtha Until 6:51AM Mon	Ganesha: Orange	<i>Sunrise:</i> 6:47AM			
		Yama 12:37PM – 2:05PM	Vyatipata* Until 2:27AM Mon	Muruqa: Clear	<i>Sunset:</i> 6:28PM		Moon 1 - Phase 40	
		995723466 Rahu 5:01PM – 6:28PM	Balava Until 5:26PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Dvitiya Until 6:20AM Mon	Moon – Purple			Devaloka Day	
Until 6:51AM Mon				Magha-Thai				
Then Creative Work - Siddha Yoga								

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Variyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kottayam, India Sun 15 Sutra 288 Vikarin 5121
Kumbha Rasi: 6.13	Tithi 2 – 3	Gulika 2:05PM – 3:33PM	Dhanishtha Until 6:51AM	Ganesha: Orange	<i>Sunrise:</i> 6:47AM			
Family Home Evening		Yama 11:10AM – 12:38PM	Variyan Until 2:53AM Tue	Muruqa: Clear	<i>Sunset:</i> 6:29PM		Moon 1 - Phase 40	
		995723466 Rahu 8:14AM – 9:42AM	Taitila Until 7:22PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Dvitiya Until 6:20AM	Moon – Purple			Devaloka Day	
				Magha-Thai				

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau				Kottayam, India Sun 16 Sutra 289 Vikarin 5121
Kumbha Rasi: 18.17	Tithi 3 – 4	Gulika 12:38PM – 2:06PM	Shatabhishak Until 9:15AM	Ganesha: Orange	<i>Sunrise:</i> 6:47AM			
		Yama 9:42AM – 11:10AM	Parigha* Until 3:32AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:29PM		Moon 1 - Phase 40	
		995723466 Rahu 3:33PM – 5:01PM	Vanija Until 9:36PM	Nataraja: Orange			3rd Phase	
Routine Work	Marana Yoga		Tritiya Until 8:26AM	Moon – Purple			Devaloka Day	
				Magha-Thai				

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shiva Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Kottayam, India Sun 17 Sutra 290 Vikarin 5121
Meena Rasi: 0.14	Tithi 4 – 5	Gulika 11:10AM – 12:38PM	Purvaproshtapada* Until 12:14PM	Ganesha: Green	<i>Sunrise:</i> 6:47AM			
		Yama 8:14AM – 9:42AM	Shiva Until 4:21AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:29PM		Moon 1 - Phase 40	
		915723466 Rahu 12:38PM – 2:06PM	Bava Until 12:04AM Thu	Nataraja: Orange			3rd Phase	
Creative Work	Amrita Yoga		Chaturthi* Until 10:48AM	Moon – Clear			Sivaloka Day	
Until 12:14PM				Magha-Thai				
Then Creative Work - Siddha Yoga								

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Siddha Yoga Balava/Kaulava Karana Panchami/Shashtiyam Titau				Kottayam, India Sun 18 Sutra 291 Vikarin 5121
Meena Rasi: 12.07	Tithi 5 – 6	Gulika 9:42AM – 11:10AM	Uttaraproshtapada Until 3:11PM	Ganesha: Green	<i>Sunrise:</i> 6:47AM			
		Yama 6:47AM – 8:14AM	Siddha Until 5:10AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:30PM		Moon 1 - Phase 40	
		915723466 Rahu 2:06PM – 3:34PM	Kaulava Until 2:36AM Fri	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Panchami Until 1:19PM	Moon – Clear			Sivaloka Day	
				Magha-Thai				

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kottayam, India Sun 19 Sutra 292 Vikarin 5121
Meena Rasi: 23.59	Tithi 6 – 7	Gulika 8:14AM – 9:42AM	Revati Until 5:56PM	Ganesha: Orange	<i>Sunrise:</i> 6:46AM			
		Yama 3:34PM – 5:02PM	Sadhya Until 5:55AM Sat	Muruqa: Clear	<i>Sunset:</i> 6:30PM		Moon 1 - Phase 40	
		916723466 Rahu 11:10AM – 12:38PM	Gara Until 5:02AM Sat	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Shashthi* Until 3:49PM	Moon – Clear			Devaloka Day	
Until 5:56PM				Magha-Thai				
Then Creative Work - Amrita Yoga								

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Subha Yoga Vanija Karana Saptamyam Titau				Kottayam, India Sun 20 Sutra 293 Vikarin 5121
Mesha Rasi: 5.54	Tithi 7	Gulika 6:46AM – 8:14AM	Ashvini Until 8:50PM	Ganesha: Green	<i>Sunrise:</i> 6:46AM			
		Yama 2:06PM – 3:34PM	Subha Until 6:27AM Sun	Muruqa: Clear	<i>Sunset:</i> 6:30PM		Moon 1 - Phase 40	
		926723466 Rahu 9:42AM – 11:10AM	Vanija Until 6:08PM	Nataraja: Orange			3rd Phase	
Creative Work	Siddha Yoga		Saptami Until 6:08PM	Moon – White			Bhuloka Day	
				Magha-Thai			Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Visi*/Bava Karana Ashtamyam Titau				Kottayam, India Sun 21 Sutra 294 Vikarin 5121
Mesha Rasi: 17.56	Tithi 8	Gulika 3:34PM – 5:03PM	Bharani Until 11:09PM	Ganesha: Green	<i>Sunrise:</i> 6:46AM			
		Yama 12:38PM – 2:06PM	Subha Until 6:27AM	Muruqa: Clear	<i>Sunset:</i> 6:31PM		Moon 1 - Phase 40	
		926723466 Rahu 5:03PM – 6:31PM	Visti Until 7:10AM	Nataraja: Orange			Ashtami	
Routine Work	Prabalarishta Yoga		Ashtami* Until 8:02PM	Moon – White			Bhuloka Day	
Until 11:09PM				Magha-Thai			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga								

Retreat Star		Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Navamyam Titau				Kottayam, India Sun 22 Sutra 295 Vikarin 5121
Vrishabha Rasi: 0.1	Tithi 9	Gulika 2:07PM – 3:35PM	Krittika Until 12:42AM Tue	Ganesha: Green	<i>Sunrise:</i> 6:46AM			
Family Home Evening		Yama 11:11AM – 12:39PM	Sukla Until 6:35AM	Muruqa: Clear	<i>Sunset:</i> 6:31PM		Moon 1 - Phase 40	
		926723466 Rahu 8:14AM – 9:42AM	Balava Until 8:48AM	Nataraja: Orange			Navami	
Routine Work	Marana Yoga		Navami* Until 9:20PM	Moon – White			Bhuloka Day	
Until 12:42AM Tue				Magha-Thai			Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga								


1		Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dashamyam Titau		Kottayam, India Sun 23 Sutra 296	
Wishabha Rasi: 12.42	Tithi 10	Gulika 12:39PM – 2:07PM	Rohini Until 1:50AM Wed	Ganesha: Red	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 9:42AM – 11:11AM	Brahma Until 6:12AM	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 1 - Phase 41	
	936723467	Rahu 3:35PM – 5:03PM	Taitila Until 9:43AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 9:51PM	Moon – Yellow		Devaloka Day	
Until 1:50AM Wed				Magha-Thai			
Then Creative Work - Siddha Yoga							


2		Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau		Kottayam, India Sun 24 Sutra 297	
Wishabha Rasi: 25.35	Tithi 11	Gulika 11:11AM – 12:39PM	Mrigashira Until 1:59AM Thu	Ganesha: Red	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 8:14AM – 9:42AM	Vaidhriti* Until 3:35AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:31PM	Moon 1 - Phase 41	
	936723467	Rahu 12:39PM – 2:07PM	Vanija Until 9:49AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 9:32PM	Moon – Yellow		Devaloka Day	
Until 1:59AM Thu				Magha-Thai			
Then Routine Work - Marana Yoga							

3		Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau		Kottayam, India Sun 25 Sutra 298	
Mithuna Rasi: 8.55	Tithi 12	Gulika 9:42AM – 11:11AM	Ardra Until 1:11AM Fri	Ganesha: Red	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 6:46AM – 8:14AM	Vishkambha* Until 1:18AM Fri	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 1 - Phase 41	
	936723467	Rahu 2:07PM – 3:35PM	Bava Until 9:05AM	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dvadashi Until 8:24PM	Moon – Yellow		Devaloka Day	
Until 1:11AM Fri				Magha-Thai			
Then Creative Work - Siddha Yoga							

4		Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau		Kottayam, India Sun 26 Sutra 299	
Mithuna Rasi: 22.43	Tithi 13	Gulika 8:14AM – 9:42AM	Punarvasu Until 11:58PM	Ganesha: Blue	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 3:35PM – 5:04PM	Priti Until 10:27PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 1 - Phase 41	
	947723467	Rahu 11:11AM – 12:39PM	Kaulava Until 7:33AM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:30PM	Moon – Blue		Bhuloka Day	
Until 11:58PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata</i>				

5		Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Kottayam, India Sun 27 Sutra 300	
Kataka Rasi: 6.56	Tithi 14 – 15	Gulika 6:46AM – 8:14AM	Pushya Until 10:01PM	Ganesha: Blue	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
		Yama 2:07PM – 3:36PM	Ayushman Until 7:06PM	Muruqa: Clear	<i>Sunset:</i> 6:32PM	Moon 1 - Phase 41	
	947723467	Rahu 9:42AM – 11:11AM	Visti Until 2:33AM Sun	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 3:59PM	Moon – Blue		Bhuloka Day	
Until 10:01PM		Thai Pusam		Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

		Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Kottayam, India Sutra 301	
Copper Retreat Star		Gulika 3:36PM – 5:04PM	Ashlesha* Until 7:31PM	Ganesha: Blue	<i>Sunrise:</i> 6:46AM	Vikarin 5121	
Kataka Rasi: 21.33	Tithi 15 – 16	Yama 12:39PM – 2:07PM	Saubhagya Until 3:24PM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Moon 1 - Phase 41	
		Rahu 5:04PM – 6:33PM	Balava Until 11:24PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 1:00PM	Moon – Blue		Bhuloka Day	
Until 7:31PM				Magha-Thai		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

		Monday, February 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau		Kottayam, India Sutra 302	
Silver Retreat Star		Gulika 2:07PM – 3:36PM	Magha* Until 5:03PM	Ganesha: Red	<i>Sunrise:</i> 6:45AM	Vikarin 5121	
Simha Rasi: 6.25	Tithi 16 – 17	Yama 11:11AM – 12:39PM	Sobhana Until 11:29AM	Muruqa: Clear	<i>Sunset:</i> 6:33PM	Moon 1 - Phase 41	
Family Home Evening		Rahu 8:14AM – 9:42AM	Taitila Until 8:01PM	Nataraja: Clear		Prathama	
Routine Work	Marana Yoga		Prathama* Until 9:43AM	Moon – Red		Devaloka Day	
Until 5:03PM				Magha-Thai			
Then Creative Work - Siddha Yoga							



Tuesday, February 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Gara/Vishti* Karana Dvitiya/Trilyayam Titau

Kottayam, India
Sun 1 Sutra 303

Simha Rasi: 21.25 Tithi 17 - 18

957723467

Gulika 12:39PM - 2:08PM
Yama 9:42AM - 11:11AM
Rahu 3:36PM - 5:05PM

Purvaphalguni Until 2:22PM
Athiganda* Until 7:26AM
Visti Until 2:54AM Wed
Dvitiya Until 6:17AM

Ganesha: Red *Sunrise: 6:45AM*
Muruqa: Clear *Sunset: 6:33PM*
Nataraja: Clear
Moon - Red
Magha-Thai

Moon 2 - Phase 42
1st Phase

Devaloka Day

Creative Work Siddha Yoga
Until 2:22PM
Then Creative Work - Amrita Yoga

1

Wednesday, February 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Dhriti Yoga Bava/Balava Karana Chaturtham Titau

Kottayam, India
Sun 2 Sutra 304

Kanya Rasi: 6.24 Tithi 19

957723467

Gulika 11:11AM - 12:39PM
Yama 8:13AM - 9:42AM
Rahu 12:39PM - 2:08PM

Uttaraphalguni Until 11:38AM
Dhriti Until 11:37PM
Bava Until 1:17PM
Chaturthi* Until 11:41PM

Ganesha: Red *Sunrise: 6:45AM*
Muruqa: Clear *Sunset: 6:33PM*
Nataraja: Clear
Moon - Red
Magha-Thai

Moon 2 - Phase 42
1st Phase

Devaloka Day

Creative Work Amrita Yoga
Until 11:38AM
Then Routine Work - Marana Yoga

2

Thursday, February 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Shula* Yoga Kaulava/Taitila Karana Panchamyam Titau

Kottayam, India
Sun 3 Sutra 305

Kanya Rasi: 21.13 Tithi 20

967723467

Gulika 9:42AM - 11:10AM
Yama 6:45AM - 8:13AM
Rahu 2:08PM - 3:36PM

Hasta Until 9:26AM
Shula* Until 8:02PM
Kaulava Until 10:13AM
Panchami Until 8:49PM

Ganesha: Green *Sunrise: 6:45AM*
Muruqa: Clear *Sunset: 6:33PM*
Nataraja: Clear
Moon - Green
Magha-Masi

Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Marana Yoga
Until 9:26AM
Then Creative Work - Siddha Yoga

3

Friday, February 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Ganda* Yridhi Yoga Gara/Vanija Karana Shashthyam Titau

Kottayam, India
Sun 4 Sutra 306

Tula Rasi: 5.46 Tithi 21

968723467

Gulika 8:13AM - 9:42AM
Yama 3:36PM - 5:05PM
Rahu 11:10AM - 12:39PM

Chitra Until 7:28AM
Ganda* Until 4:50PM
Gara Until 7:33AM
Shashthi* Until 6:23PM

Ganesha: White *Sunrise: 6:44AM*
Muruqa: Clear *Sunset: 6:34PM*
Nataraja: Clear
Moon - Green
Magha-Masi

Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Saturday, February 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Saptami/Ashlmyam Titau

Kottayam, India
Sun 5 Sutra 307

Tula Rasi: 19.58 Tithi 22 - 23

968723467

Gulika 6:44AM - 8:13AM
Yama 2:08PM - 3:36PM
Rahu 9:42AM - 11:10AM

Vishakha Until 5:09AM Sun
Vriddhi Until 2:05PM
Balava Until 3:49AM Sun
Saptami Until 4:31PM

Ganesha: White *Sunrise: 6:44AM*
Muruqa: Clear *Sunset: 6:34PM*
Nataraja: Clear
Moon - Green
Magha-Masi

Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga
Until 5:09AM Sun
Then Routine Work - Marana Yoga

5

Sunday, February 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kottayam, India
Sun 6 Sutra 308

Vrischika Rasi: 3.49 Tithi 23 - 24

978723467

Gulika 3:36PM - 5:05PM
Yama 12:39PM - 2:08PM
Rahu 5:05PM - 6:34PM

Anuradha Until 4:53AM Mon
Dhruva Until 11:47AM
Taitila Until 2:52AM Mon
Ashtami* Until 3:14PM

Ganesha: Clear *Sunrise: 6:44AM*
Muruqa: Clear *Sunset: 6:34PM*
Nataraja: Clear
Moon - Orange
Magha-Masi

Moon 2 - Phase 42
Ashtami

Devaloka Day

Routine Work Marana Yoga
Until 4:53AM Mon
Then Creative Work - Siddha Yoga

Monday, February 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Kottayam, India
Sun 7 Sutra 309

Vrischika Rasi: 17.17 Tithi 24 - 25

978723467

Gulika 2:08PM - 3:37PM
Yama 11:10AM - 12:39PM
Rahu 8:12AM - 9:41AM

Jyeshtha* Until 5:03AM Tue
Vyaghata* Until 10:00AM
Vanija Until 2:31AM Tue
Navami* Until 2:36PM

Ganesha: Clear *Sunrise: 6:44AM*
Muruqa: Clear *Sunset: 6:34PM*
Nataraja: Clear
Moon - Orange
Magha-Masi

Moon 2 - Phase 42
Navami

Devaloka Day

Family Home Evening
Creative Work Siddha Yoga
Until 5:03AM Tue
Then Creative Work - Amrita Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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1	Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Kottayam, India Sun 8 Sutra 310
	Dhanus Rasi: 0.25	Tithi 25 – 26	Gulika 12:39PM – 2:08PM	Mula* Until 6:06AM Wed	Ganesha: Purple	<i>Sunrise:</i> 6:43AM	Vikarin 5121
			Yama 9:41AM – 11:10AM	Harshana Until 8:42AM	Muruqa: Clear	<i>Sunset:</i> 6:34PM	Moon 2 - Phase 43
	Creative Work	Amrita Yoga	988723467 Rahu 3:37PM – 5:05PM	Bava Until 2:46AM Wed	Nataraja: Clear		2nd Phase
			Dashami Until 2:33PM	Moon – Light Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Magha-Masi			

2	Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Kottayam, India Sun 9 Sutra 311
	Dhanus Rasi: 13.16	Tithi 26 – 27	Gulika 11:10AM – 12:39PM	Mula* Until 6:06AM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM	Vikarin 5121
			Yama 8:12AM – 9:41AM	Vajra* Until 7:49AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 43
	Routine Work	Marana Yoga	988723467 Rahu 12:39PM – 2:08PM	Kaulava Until 3:31AM Thu	Nataraja: Clear		2nd Phase
			Ekadashi* Until 3:04PM	Moon – Light Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Magha-Masi			

3	Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi/Vyatiyata* Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau				Kottayam, India Sun 10 Sutra 312
	Dhanus Rasi: 25.53	Tithi 27 – 28	Gulika 9:41AM – 11:10AM	Purvashadha* Until 7:28AM	Ganesha: Purple	<i>Sunrise:</i> 6:43AM	Vikarin 5121
			Yama 6:43AM – 8:12AM	Siddhi Until 7:19AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 43
	Creative Work	Siddha Yoga	989823467 Rahu 2:08PM – 3:37PM	Gara Until 4:42AM Fri	Nataraja: Clear		2nd Phase
			Dvodashi* Until 4:02PM	Moon – Light Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Magha-Masi			
				<i>Pradosha Vrata (Fasting)</i>			

4	Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Kottayam, India Sun 11 Sutra 313
	Makara Rasi: 8.19	Tithi 28 – 29	Gulika 8:11AM – 9:40AM	Uttarashadha Until 9:05AM	Ganesha: Purple	<i>Sunrise:</i> 6:42AM	Vikarin 5121
			Yama 3:37PM – 5:06PM	Vyatipata* Until 7:10AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 43
	Routine Work	Marana Yoga	989823467 Rahu 11:09AM – 12:39PM	Visti Until 6:15AM Sat	Nataraja: Clear		2nd Phase
			Trayodashi* Until 5:25PM	Moon – Light Blue		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Magha-Masi			
				Mahasivaratri (Lunar)			
				Mahasivaratri (Solar)			

5	Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan/Parigha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kottayam, India Sun 12 Sutra 314
	Makara Rasi: 20.35	Tithi 29	Gulika 6:42AM – 8:11AM	Shravana Until 11:22AM	Ganesha: Light Blue	<i>Sunrise:</i> 6:42AM	Vikarin 5121
			Yama 2:08PM – 3:37PM	Variyan Until 7:15AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 43
	Creative Work	Siddha Yoga	999823467 Rahu 9:40AM – 11:09AM	Visti Until 6:15AM	Nataraja: Clear		2nd Phase
			Chaturdashi* Until 7:07PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Magha-Masi			

●	Sunday, February 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Parigha*/Shiva Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Kottayam, India Sun 13 Sutra 315
	Retreat Star		Gulika 3:37PM – 5:06PM	Dhanishtha Until 1:46PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:42AM	Vikarin 5121
	Kumbha Rasi: 2.45	Tithi 30	Yama 12:38PM – 2:07PM	Parigha* Until 7:34AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 43
			999823467 Rahu 5:06PM – 6:35PM	Catuspada Until 8:06AM	Nataraja: Clear		Amavasya
			Amavasya* Until 9:06PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Magha-Masi			

●	Monday, February 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak*/Purvaprosithpada* Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Kottayam, India Sun 14 Sutra 316
	Retreat Star		Gulika 2:07PM – 3:37PM	Shatabhishak Until 4:13PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:41AM	Vikarin 5121
	Kumbha Rasi: 14.48	Tithi 1	Yama 11:09AM – 12:38PM	Shiva Until 8:06AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 2 - Phase 43
	Family Home Evening		999823467 Rahu 8:10AM – 9:40AM	Kintughna Until 10:12AM	Nataraja: Clear		Prathama
			Prathama* Until 11:18PM	Moon – Purple		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
				Phalgun-Masi			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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1		Tuesday, February 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau			Kottayam, India Sun 15 Sutra 317
Kumbha Rasi: 26.46	Tithi 2	Gulika 12:38PM – 2:07PM	Purvaproshtapada* Until 7:11PM	Ganesha: Orange	<i>Sunrise:</i> 6:41AM		Vikarin 5121
		Yama 9:39AM – 11:09AM	Siddha Until 8:45AM	Muruḡa: Clear	<i>Sunset:</i> 6:35PM		Moon 2 - Phase 44
		919823467 Rahu 3:37PM – 5:06PM	Balava Until 12:30PM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 1:41AM Wed	Moon – Clear		Devaloka Day	
Until 7:11PM						Phalguna-Masi	
Then Creative Work - Amrita Yoga							

2		Wednesday, February 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trityayam Titau			Kottayam, India Sun 16 Sutra 318
Meena Rasi: 8.41	Tithi 3	Gulika 11:08AM – 12:38PM	Uttaraproshtapada Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 6:40AM		Vikarin 5121
		Yama 8:10AM – 9:39AM	Sadhya Until 9:32AM	Muruḡa: Clear	<i>Sunset:</i> 6:35PM		Moon 2 - Phase 44
		919823467 Rahu 12:38PM – 2:07PM	Taitila Until 2:57PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 4:11AM Thu	Moon – Clear		Devaloka Day	
Until 10:06PM						Phalguna-Masi	
Then Routine Work - Marana Yoga							

3		Thursday, February 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Chaturthyam Titau			Kottayam, India Sun 17 Sutra 319
Meena Rasi: 20.34	Tithi 4	Gulika 9:39AM – 11:08AM	Revati Until 12:55AM Fri	Ganesha: Orange	<i>Sunrise:</i> 6:40AM		Vikarin 5121
		Yama 6:40AM – 8:09AM	Subha Until 10:25AM	Muruḡa: Clear	<i>Sunset:</i> 6:35PM		Moon 2 - Phase 44
		919823467 Rahu 2:07PM – 3:37PM	Vanija Until 5:28PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 6:42AM Fri	Moon – Clear		Devaloka Day	
Until 12:55AM Fri						Phalguna-Masi	
Then Creative Work - Amrita Yoga		Subramuniyaswami Siva Vision Day					

4		Friday, February 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Kottayam, India Sun 18 Sutra 320
Mesha Rasi: 2.25	Tithi 4 – 5	Gulika 8:09AM – 9:39AM	Ashvini Until 3:59AM Sat	Ganesha: Purple	<i>Sunrise:</i> 6:40AM		Vikarin 5121
		Yama 3:36PM – 5:06PM	Sukla Until 11:15AM	Muruḡa: Clear	<i>Sunset:</i> 6:35PM		Moon 2 - Phase 44
		921823467 Rahu 11:08AM – 12:38PM	Bava Until 7:57PM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 6:42AM	Moon – White		Bhuloka Day	
Until 3:59AM Sat						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

5		Saturday, February 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Kottayam, India Sun 19 Sutra 321
Mesha Rasi: 14.19	Tithi 5 – 6	Gulika 6:39AM – 8:09AM	Bharani Until 6:40AM Sun	Ganesha: Purple	<i>Sunrise:</i> 6:39AM		Vikarin 5121
		Yama 2:07PM – 3:36PM	Brahma Until 12:01PM	Muruḡa: Clear	<i>Sunset:</i> 6:36PM		Moon 2 - Phase 44
		921823467 Rahu 9:38AM – 11:08AM	Kaulava Until 10:15PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 9:07AM	Moon – White		Bhuloka Day	
						Devaloka Time: 3:PM to 6:PM	

6		Sunday, March 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau			Kottayam, India Sun 20 Sutra 322
Mesha Rasi: 26.19	Tithi 6 – 7	Gulika 3:36PM – 5:06PM	Bharani Until 6:40AM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM		Vikarin 5121
		Yama 12:37PM – 2:07PM	Indra Until 12:35PM	Muruḡa: Orange	<i>Sunset:</i> 6:36PM		Moon 2 - Phase 44
		921833467 Rahu 5:06PM – 6:36PM	Gara Until 12:11AM Mon	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Shashthi* Until 11:15AM	Moon – White		Bhuloka Day	
Until 6:40AM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Retreat Star		Monday, March 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Kottayam, India Sun 21 Sutra 323
Vrishabha Rasi: 8.29	Tithi 7 – 8	Gulika 2:06PM – 3:36PM	Krittika Until 8:46AM	Ganesha: Purple	<i>Sunrise:</i> 6:38AM		Vikarin 5121
Family Home Evening		Yama 11:07AM – 12:37PM	Vaidhriti* Until 12:44PM	Muruḡa: Orange	<i>Sunset:</i> 6:36PM		Moon 2 - Phase 44
		921833467 Rahu 8:07AM – 9:37AM	Visti Until 1:31AM Tue	Nataraja: Clear			Ashtami
Routine Work	Marana Yoga		Saptami Until 12:55PM	Moon – White		Bhuloka Day	
Until 8:46AM						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

Retreat Star		Tuesday, March 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Kottayam, India Sun 22 Sutra 324
Vrishabha Rasi: 20.55	Tithi 8 – 9	Gulika 12:36PM – 2:06PM	Rohini Until 10:34AM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM		Vikarin 5121
		Yama 9:37AM – 11:07AM	Vishkambha* Until 12:24PM	Muruḡa: Orange	<i>Sunset:</i> 6:36PM		Moon 2 - Phase 44
		931833467 Rahu 3:36PM – 5:06PM	Balava Until 2:06AM Wed	Nataraja: Clear			Navami
Creative Work	Amrita Yoga		Ashtami* Until 1:53PM	Moon – Yellow		Devaloka Day	
Until 10:34AM						Phalguna-Masi	
Then Creative Work - Siddha Yoga							

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Kottayam, India Sun 23 Sutra 325	
Mithuna Rasi: 3.43	Tithi 9 – 10	Gulika 11:06AM – 12:36PM	Mrigashira Until 11:25AM	Ganesha: Clear	<i>Sunrise:</i> 6:37AM	Vikarin 5121	
		Yama 8:07AM – 9:37AM	Priti Until 11:27AM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 45	
931833467	Rahu 12:36PM – 2:06PM		Taitila Until 1:49AM Thu	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 2:03PM	Moon – Yellow		Devaloka Day	
				Phalguna-Masi			

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Kottayam, India Sun 24 Sutra 326	
Mithuna Rasi: 16.56	Tithi 10 – 11	Gulika 9:36AM – 11:06AM	Ardra Until 11:17AM	Ganesha: Red	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 6:36AM – 8:06AM	Ayushman Until 9:48AM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 45	
131833467	Rahu 2:06PM – 3:36PM		Vanija Until 12:39AM Fri	Nataraja: Clear		4th Phase	
Routine Work	Marana Yoga		Dashami Until 1:19PM	Moon – Yellow		Devaloka Day	
Until 11:17AM				Phalguna-Masi			
Then Creative Work - Amrita Yoga							

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau		Kottayam, India Sun 25 Sutra 327	
Kataka Rasi: 0.38	Tithi 11 – 12	Gulika 8:06AM – 9:36AM	Punarvasu Until 10:35AM	Ganesha: Blue	<i>Sunrise:</i> 6:36AM	Vikarin 5121	
		Yama 3:36PM – 5:06PM	Saubhagya Until 7:28AM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 45	
141833467	Rahu 11:06AM – 12:36PM		Bava Until 10:40PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:44AM	Moon – Blue		Bhuloka Day	
Until 10:35AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Kottayam, India Sun 26 Sutra 328	
Kataka Rasi: 14.52	Tithi 12 – 13	Gulika 6:35AM – 8:05AM	Pushya Until 8:59AM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	Vikarin 5121	
		Yama 2:06PM – 3:36PM	Athiganda* Until 12:59AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 45	
141833467	Rahu 9:35AM – 11:05AM		Kaulava Until 7:59PM	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 9:23AM	Moon – Blue		Bhuloka Day	
Until 8:59AM				Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							
							<i>Pradosha Vrata</i>

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukarma Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau		Kottayam, India Sun 27 Sutra 329	
Kataka Rasi: 29.31	Tithi 13 – 14	Gulika 3:36PM – 5:06PM	Ashlesha* Until 6:37AM	Ganesha: Blue	<i>Sunrise:</i> 6:35AM	Vikarin 5121	
		Yama 12:35PM – 2:05PM	Sukarma Until 9:04PM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 45	
141833467	Rahu 5:06PM – 6:36PM		Vanija Until 2:57AM Mon	Nataraja: Clear		4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 6:24AM	Moon – Blue		Bhuloka Day	
Until 6:37AM		Chidambaram Abhishekam		Phalguna-Masi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Dhriti/Shula* Yoga Visti/Bava Karana Purnimayam Titau		Kottayam, India Sutra 330	
Copper Retreat Star		Gulika 2:05PM – 3:35PM	Purvaphalguni Until 1:04AM Tue	Ganesha: White	<i>Sunrise:</i> 6:34AM	Vikarin 5121	
Simha Rasi: 14.33	Tithi 15	Yama 11:05AM – 12:35PM	Dhriti Until 4:53PM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 45	
Family Home Evening	152833467	Rahu 8:04AM – 9:35AM	Visti Until 1:08PM	Nataraja: Clear		Purnima	
Creative Work	Siddha Yoga		Purnima* Until 11:13PM	Moon – Red		Sivaloka Day	
Until 1:04AM Tue		Holi		Phalguna-Masi			
Then Creative Work - Amrita Yoga							

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Kottayam, India Sutra 331	
Silver Retreat Star		Gulika 12:35PM – 2:05PM	Uttaraphalguni Until 9:52PM	Ganesha: White	<i>Sunrise:</i> 6:34AM	Vikarin 5121	
Simha Rasi: 29.47	Tithi 16	Yama 9:34AM – 11:05AM	Shula* Until 12:31PM	Muruqa: Orange	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 45	
152833467	Rahu 3:35PM – 5:06PM		Balava Until 9:19AM	Nataraja: Clear		Prathama	
Creative Work	Amrita Yoga		Prathama* Until 7:23PM	Moon – Red		Sivaloka Day	
Until 9:52PM				Phalguna-Masi			
Then Creative Work - Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasla Nakshatra Ganda/Vridhhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Kottayam, India

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 15.04 Tithi 17 - 18

162833467

Gulika

11:04AM - 12:35PM

Yama

8:04AM - 9:34AM

Rahu

12:35PM - 2:05PM

Hasta Until 7:01PM

Ganda* Until 8:11AM

Vanija Until 1:48AM Thu

Dvitiya Until 3:36PM

Ganesha: Clear

Sunrise: 6:33AM

Muruqa: Orange

Sunset: 6:36PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 7:01PM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Dhruva Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Kottayam, India

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 0.13 Tithi 18 - 19

162833467

Gulika

9:33AM - 11:04AM

Yama

6:33AM - 8:03AM

Rahu

2:05PM - 3:35PM

Chitra Until 4:19PM

Dhruva Until 12:06AM Fri

Bava Until 10:27PM

Tritiya Until 12:03PM

Ganesha: Clear

Sunrise: 6:33AM

Muruqa: Orange

Sunset: 6:36PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

Until 4:19PM

Then Creative Work - Amrita Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati/Vishakha Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Kottayam, India

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 15.05 Tithi 19 - 20

162833467

Gulika

8:03AM - 9:33AM

Yama

3:35PM - 5:05PM

Rahu

11:04AM - 12:34PM

Svati Until 1:54PM

Vyaghata* Until 8:36PM

Kaulava Until 7:34PM

Chaturthi* Until 8:55AM

Ganesha: Clear

Sunrise: 6:32AM

Muruqa: Orange

Sunset: 6:36PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Harshana/Vajra* Yoga Taitila/Vanija Karana Panchami/Shashthyam Titau

Kottayam, India

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 29.34 Tithi 20 - 21

172833467

Gulika

6:32AM - 8:02AM

Yama

2:04PM - 3:35PM

Rahu

9:33AM - 11:03AM

Vishakha Until 12:21PM

Harshana Until 5:38PM

Vanija Until 4:26AM Sun

Panchami Until 6:20AM

Ganesha: Purple

Sunrise: 6:32AM

Muruqa: Orange

Sunset: 6:36PM

Nataraja: Clear

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Karadaiyan Nombu (Tamil Nadu)

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Saptamyam Titau

Kottayam, India

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 13.35 Tithi 22

172833468

Gulika

3:35PM - 5:05PM

Yama

12:33PM - 2:04PM

Rahu

5:05PM - 6:36PM

Anuradha Until 11:22AM

Vajra* Until 3:14PM

Visti Until 3:47PM

Saptami Until 3:18AM Mon

Ganesha: Purple

Sunrise: 6:31AM

Muruqa: Orange

Sunset: 6:36PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Routine Work Marana Yoga

D

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Kottayam, India

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Vrischika Rasi: 27.08 Tithi 23

172933468

Gulika

2:04PM - 3:34PM

Yama

11:02AM - 12:33PM

Rahu

8:01AM - 9:32AM

Jyeshtha* Until 11:01AM

Siddhi Until 1:28PM

Balava Until 3:03PM

Ashtami* Until 2:58AM Tue

Ganesha: Clear

Sunrise: 6:31AM

Muruqa: Orange

Sunset: 6:36PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Creative Work Siddha Yoga

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Navamyam Titau

Kottayam, India

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 10.15 Tithi 24

182933468

Gulika

12:33PM - 2:04PM

Yama

9:31AM - 11:02AM

Rahu

3:34PM - 5:05PM

Mula* Until 11:43AM

Vyatipata* Until 12:20PM

Taitila Until 3:06PM

Navami* Until 3:22AM Wed

Ganesha: Purple

Sunrise: 6:30AM

Muruqa: Orange

Sunset: 6:36PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Amrita Yoga

Until 11:43AM

Then Creative Work - Siddha Yoga

1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau	Kottayam, India Sun 8 Sutra 339
Dhanus Rasi: 23	Tithi 25	Gulika 11:02AM – 12:33PM	Purvashadha* Until 12:59PM	Ganesha: Purple <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 8:00AM – 9:31AM	Variyan Until 11:44AM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 3 - Phase 47
182933468	Rahu 12:33PM – 2:03PM		Vanija Until 3:51PM	Nataraja: Purple	2nd Phase
Creative Work	Amrita Yoga		Dashami Until 4:27AM Thu	Moon – Light Blue	Devaloka Day
				Phalguna-Panguni	

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ekadashyam Titau	Kottayam, India Sun 9 Sutra 340
Makara Rasi: 5.28	Tithi 26	Gulika 9:31AM – 11:01AM	Uttarashadha Until 2:40PM	Ganesha: Purple <i>Sunrise:</i> 6:29AM	Vikarin 5121
		Yama 6:29AM – 8:00AM	Parigha* Until 11:37AM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 3 - Phase 47
182933468	Rahu 2:03PM – 3:34PM		Bava Until 5:12PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:02AM Fri	Moon – Light Blue	Devaloka Day
Until 2:40PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Kottayam, India Sun 10 Sutra 341
Makara Rasi: 17.43	Tithi 26 – 27	Gulika 7:59AM – 9:30AM	Shravana Until 5:07PM	Ganesha: Clear <i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 3:34PM – 5:05PM	Shiva Until 11:53AM	Muruqa: Orange <i>Sunset:</i> 6:36PM	Moon 3 - Phase 47
192933468	Rahu 11:01AM – 12:32PM		Kaulava Until 7:00PM	Nataraja: Purple	2nd Phase
Routine Work	Marana Yoga		Ekadashi* Until 6:02AM	Moon – Purple	Sivaloka Day
Until 5:07PM				Phalguna-Panguni	
Then Creative Work - Siddha Yoga					

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Kottayam, India Sun 11 Sutra 342
Makara Rasi: 29.48	Tithi 27 – 28	Gulika 6:28AM – 7:59AM	Dhanishtha Until 7:42PM	Ganesha: Clear <i>Sunrise:</i> 6:28AM	Vikarin 5121
		Yama 2:03PM – 3:34PM	Siddha Until 12:23PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 47
192933468	Rahu 9:30AM – 11:01AM		Gara Until 9:06PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 7:59AM	Moon – Purple	Sivaloka Day
Until 7:42PM				Phalguna-Panguni	
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>		

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Kottayam, India Sun 12 Sutra 343
Kumbha Rasi: 11.47	Tithi 28 – 29	Gulika 3:33PM – 5:04PM	Shatabhishak Until 10:18PM	Ganesha: Clear <i>Sunrise:</i> 6:27AM	Vikarin 5121
		Yama 12:31PM – 2:02PM	Sadhya Until 1:04PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 47
192933468	Rahu 5:04PM – 6:35PM		Visti Until 11:23PM	Nataraja: Purple	2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 10:12AM	Moon – Purple	Sivaloka Day
				Phalguna-Panguni	

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtpada* Nakshatra Subha/Sukla Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Kottayam, India Sun 13 Sutra 344
Kumbha Rasi: 23.43	Tithi 29 – 30	Gulika 2:02PM – 3:33PM	Purvaproshtpada* Until 1:21AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:27AM	Vikarin 5121
Family Home Evening	113933468	Yama 11:00AM – 12:31PM	Subha Until 1:52PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 47
Routine Work	Marana Yoga	Rahu 7:58AM – 9:29AM	Catuspada Until 1:47AM Tue	Nataraja: Purple	Amavasya
Until 1:21AM Tue			Chaturdashi* Until 12:33PM	Moon – Clear	Sivaloka Day
Then Creative Work - Amrita Yoga				Phalguna-Panguni	

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtpada Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Kottayam, India Sun 14 Sutra 345
Meena Rasi: 5.37	Tithi 30 – 1	Gulika 12:31PM – 2:02PM	Uttaraproshtpada Until 4:17AM Wed	Ganesha: Yellow <i>Sunrise:</i> 6:26AM	Vikarin 5121
		Yama 9:28AM – 11:00AM	Sukla Until 2:42PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 47
113933468	Rahu 3:33PM – 5:04PM		Kintughna Until 4:13AM Wed	Nataraja: Purple	Prathama
Creative Work	Amrita Yoga		Amavasya* Until 2:58PM	Moon – Clear	Sivaloka Day
Until 4:17AM Wed		Yugadhi		Chaitra-Panguni	
Then Routine Work - Marana Yoga					

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang

1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Kottayam, India Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 17.3	Tithi 1 – 2	Gulika 10:59AM – 12:30PM	Revati Until 7:03AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:26AM	
		Yama 7:57AM – 9:28AM	Brahma Until 3:34PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		113933468 Rahu 12:30PM – 2:02PM	Balava Until 6:40AM Thu	Nataraja: Purple	3rd Phase
Routine Work	Marana Yoga		Prathama* Until 5:25PM	Chaitra•Panguni	Sivaloka Day
Until 7:03AM Thu					
Then Creative Work - Amrita Yoga					

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Kottayam, India Sun 16 Sutra 347 Vikarin 5121
Meena Rasi: 29.23	Tithi 2	Gulika 9:28AM – 10:59AM	Revati Until 7:03AM	Ganesha: Yellow <i>Sunrise:</i> 6:25AM	
		Yama 6:25AM – 7:56AM	Indra Until 4:25PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		113933468 Rahu 2:01PM – 3:33PM	Balava Until 6:40AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Dvitiya Until 7:51PM	Chaitra•Panguni	Sivaloka Day
Until 7:03AM		Chellappaswami Mahasamadhi			
Then Creative Work - Amrita Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Tailila/Gara Karana Tritiyayam Titau	Kottayam, India Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 11.17	Tithi 3	Gulika 7:56AM – 9:27AM	Ashvini Until 10:06AM	Ganesha: Red <i>Sunrise:</i> 6:24AM	
		Yama 3:33PM – 5:04PM	Vaidhriti* Until 5:11PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		123933468 Rahu 10:58AM – 12:30PM	Taitila Until 9:03AM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 10:10PM	Chaitra•Panguni	Sivaloka Day
Until 10:06AM					
Then Creative Work - Siddha Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturthyam Titau	Kottayam, India Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 23.14	Tithi 4	Gulika 6:24AM – 7:55AM	Bharani Until 12:49PM	Ganesha: Red <i>Sunrise:</i> 6:24AM	
		Yama 2:01PM – 3:32PM	Vishkambha* Until 5:50PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		123933468 Rahu 9:27AM – 10:58AM	Vanija Until 11:17AM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Chaturthi* Until 12:17AM Sun	Chaitra•Panguni	Sivaloka Day
Until 12:49PM					
Then Creative Work - Amrita Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Bava/Balava Karana Panchamyam Titau	Kottayam, India Sun 19 Sutra 350 Vikarin 5121
Vrishabha Rasi: 5.17	Tithi 5	Gulika 3:32PM – 5:04PM	Krittika Until 3:07PM	Ganesha: Red <i>Sunrise:</i> 6:23AM	
		Yama 12:29PM – 2:01PM	Priti Until 6:16PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		123933468 Rahu 5:04PM – 6:35PM	Bava Until 1:14PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:03AM Mon	Chaitra•Panguni	Sivaloka Day
Until 6:35PM					
Then Creative Work - Amrita Yoga					

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Kaulava/Taitila Karana Shashthyam Titau	Kottayam, India Sun 20 Sutra 351 Vikarin 5121
Vrishabha Rasi: 17.29	Tithi 6	Gulika 2:00PM – 3:32PM	Rohini Until 5:20PM	Ganesha: Blue <i>Sunrise:</i> 6:23AM	
Family Home Evening		Yama 10:57AM – 12:29PM	Ayushman Until 6:20PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		133933468 Rahu 7:54AM – 9:26AM	Kaulava Until 2:46PM	Nataraja: Purple	3rd Phase
Creative Work	Amrita Yoga		Shashthi* Until 3:19AM Tue	Chaitra•Panguni	Subha Sivaloka Day
Until 9:26AM					
Then Creative Work - Amrita Yoga					

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau	Kottayam, India Sun 21 Sutra 352 Vikarin 5121
Vrishabha Rasi: 29.55	Tithi 7	Gulika 12:29PM – 2:00PM	Mrigashira Until 6:47PM	Ganesha: Blue <i>Sunrise:</i> 6:22AM	
		Yama 9:25AM – 10:57AM	Saubhagya Until 5:56PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		133933468 Rahu 3:32PM – 5:03PM	Gara Until 3:43PM	Nataraja: Purple	3rd Phase
Creative Work	Siddha Yoga		Saptami Until 3:55AM Wed	Chaitra•Panguni	Subha Sivaloka Day
Until 6:47PM					
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Ashtamyam Titau	Kottayam, India Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 12.38	Tithi 8	Gulika 10:57AM – 12:29PM	Ardra Until 7:23PM	Ganesha: Blue <i>Sunrise:</i> 6:22AM	
		Yama 7:54AM – 9:25AM	Sobhana Until 4:59PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		133933468 Rahu 12:29PM – 2:00PM	Visti Until 3:56PM	Nataraja: Purple	Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 3:44AM Thu	Chaitra•Panguni	Subha Sivaloka Day
Until 2:00PM					
Then Creative Work - Amrita Yoga					

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau	Kottayam, India Sun 23 Sutra 354 Vikarin 5121
Mithuna Rasi: 25.46	Tithi 9	Gulika 9:25AM – 10:57AM	Punarvasu Until 7:29PM	Ganesha: Yellow <i>Sunrise:</i> 6:22AM	
		Yama 6:22AM – 7:53AM	Athiganda* Until 3:22PM	Muruqa: Orange <i>Sunset:</i> 6:35PM	Moon 3 - Phase 48
		143933468 Rahu 2:00PM – 3:32PM	Balava Until 3:21PM	Nataraja: Purple	Navami
Creative Work	Amrita Yoga		Navami* Until 2:43AM Fri	Chaitra•Panguni	Sivaloka Day
Until 3:32PM		Sri Rama Navami			
Then Creative Work - Amrita Yoga					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda


1	Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Kottayam, India
	Kataka Rasi: 9.19	Tithi 10	Gulika 7:53AM – 9:25AM	Pushya Until 6:38PM	Ganesha: Yellow	Sunrise: 6:21AM	Sun 24 Sutra 355
			Yama 3:31PM – 5:03PM	Sukarma Until 1:07PM	Muruqa: Orange	Sunset: 6:35PM	Vikarin 5121
	143933468	Rahu 10:56AM – 12:28PM	Taitila Until 1:56PM		Nataraja: Purple		Moon 3 - Phase 49
Routine Work	Marana Yoga		Dashami Until 12:55AM Sat	Moon – Blue		4th Phase	
				Chaitra•Panguni		Sivaloka Day	

2	Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Ekadashyam Titau				Kottayam, India
	Kataka Rasi: 23.22	Tithi 11	Gulika 6:21AM – 7:52AM	Ashlesha* Until 4:54PM	Ganesha: Yellow	Sunrise: 6:21AM	Sun 25 Sutra 356
			Yama 2:00PM – 3:31PM	Dhriti Until 10:16AM	Muruqa: Orange	Sunset: 6:35PM	Vikarin 5121
	143933468	Rahu 9:24AM – 10:56AM	Vanija Until 11:45AM		Nataraja: Purple		Moon 3 - Phase 49
Routine Work	Marana Yoga		Ekadashi Until 10:24PM	Moon – Blue		4th Phase	
Until 4:54PM		Yogaswami Mahasamadhi		Chaitra•Panguni		Sivaloka Day	
Then Creative Work - Amrita Yoga							

3	Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Dvadashyam Titau				Kottayam, India
	Simha Rasi: 7.53	Tithi 12	Gulika 3:31PM – 5:03PM	Magha* Until 2:49PM	Ganesha: White	Sunrise: 6:20AM	Sun 26 Sutra 357
			Yama 12:27PM – 1:59PM	Shula* Until 6:50AM	Muruqa: Orange	Sunset: 6:35PM	Vikarin 5121
	153933468	Rahu 5:03PM – 6:35PM	Bava Until 8:55AM		Nataraja: Purple		Moon 3 - Phase 49
Routine Work	Marana Yoga		Dvadashi Until 7:17PM	Moon – Red		4th Phase	
Until 2:49PM				Chaitra•Panguni		Subha Sivaloka Day	
Then Creative Work - Siddha Yoga							

4	Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Kottayam, India
	Simha Rasi: 22.47	Tithi 13 – 14	Gulika 1:59PM – 3:31PM	Purvaphalguni Until 12:08PM	Ganesha: Clear	Sunrise: 6:19AM	Sun 27 Sutra 358
			Yama 10:55AM – 12:27PM	Vriddhi Until 10:51PM	Muruqa: Orange	Sunset: 6:35PM	Vikarin 5121
	154933468	Rahu 7:51AM – 9:23AM	Gara Until 1:53AM Tue		Nataraja: Purple		Moon 3 - Phase 49
Family Home Evening			Trayodashi Until 3:45PM	Moon – Red		4th Phase	
Creative Work	Siddha Yoga			Chaitra•Panguni		Sivaloka Day	

Pradosha Vrata

	Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Kottayam, India
	Copper Retreat Star		Gulika 12:27PM – 1:59PM	Uttaraphalguni Until 9:02AM	Ganesha: Clear	Sunrise: 6:19AM	Sutra 359
	Kanya Rasi: 7.58	Tithi 14 – 15	Yama 9:23AM – 10:55AM	Dhruva Until 6:31PM	Muruqa: Orange	Sunset: 6:35PM	Vikarin 5121
			154933468 Rahu 3:31PM – 5:03PM	Visti Until 10:01PM	Nataraja: Purple		Moon 3 - Phase 49
Creative Work	Amrita Yoga		Chaturdashi* Until 11:57AM	Moon – Red		Purnima	
Until 9:02AM		Panguni Uttiram		Chaitra•Panguni		Sivaloka Day	
Then Creative Work - Siddha Yoga		Hanuman Jayanti					

○	Wednesday, April 8, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kottayam, India
	Silver Retreat Star		Gulika 10:55AM – 12:27PM	Hasta Until 6:04AM	Ganesha: Purple	Sunrise: 6:18AM	Sutra 360
	Kanya Rasi: 23.16	Tithi 15 – 16	Yama 7:50AM – 9:22AM	Vyaghata* Until 2:10PM	Muruqa: Clear	Sunset: 6:35PM	Vikarin 5121
			164934468 Rahu 12:27PM – 1:59PM	Balava Until 6:09PM	Nataraja: Purple		Moon 3 - Phase 49
Routine Work	Marana Yoga		Purnima* Until 8:03AM	Moon – Green		Prathama	
Until 6:04AM				Chaitra•Panguni		Devaloka Day	
Then Creative Work - Siddha Yoga							



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Kottayam, India
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 8.31 Tithi 17
164934468
Creative Work Amrita Yoga
Until 12:09AM Fri
Then Creative Work - Siddha Yoga

Gulika 9:22AM – 10:54AM
Yama 6:18AM – 7:50AM
Rahu 1:58PM – 3:31PM

Svati Until 12:09AM Fri
Harshana Until 9:57AM
Taitila Until 2:27PM
Dvitiya Until 12:42AM Fri

Ganesha: Purple *Sunrise:* 6:18AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Purple
Moon – Green
Chaitra•Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Kottayam, India
Sun 1 Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 23.32 Tithi 18
174134468
Creative Work Siddha Yoga

Gulika 7:49AM – 9:22AM
Yama 3:30PM – 5:03PM
Rahu 10:54AM – 12:26PM

Vishakha Until 9:57PM
Siddhi Until 2:24AM Sat
Vanija Until 11:06AM
Tritiya Until 9:36PM

Ganesha: Yellow *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Vyatipata* Yoga Bava/Balava Karana Chaturthyam Titau

Kottayam, India
Sun 2 Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virshchika Rasi: 8.11 Tithi 19
174134468
Creative Work Siddha Yoga

Gulika 6:17AM – 7:49AM
Yama 1:58PM – 3:30PM
Rahu 9:21AM – 10:54AM

Anuradha Until 8:13PM
Vyatipata* Until 11:21PM
Bava Until 8:16AM
Chaturthi* Until 7:04PM

Ganesha: Yellow *Sunrise:* 6:17AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Varyan Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Kottayam, India
Sun 3 Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Virshchika Rasi: 22.23 Tithi 20 – 21
174134468
Routine Work Marana Yoga
Until 7:03PM
Then Creative Work - Amrita Yoga

Gulika 3:30PM – 5:02PM
Yama 12:26PM – 1:58PM
Rahu 5:02PM – 6:35PM

Jyeshtha* Until 7:03PM
Varyan Until 8:53PM
Kaulava Until 6:06AM
Panchami Until 5:17PM

Ganesha: Yellow *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Purple
Moon – Orange
Chaitra•Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Parigha* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Kottayam, India
Sun 4 Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 6.05 Tithi 21 – 22
184134468
Family Home Evening
Creative Work Siddha Yoga
Until 7:01PM
Then Routine Work - Marana Yoga

Gulika 1:58PM – 3:30PM
Yama 10:53AM – 12:25PM
Rahu 7:48AM – 9:21AM

Mula* Until 7:01PM
Parigha* Until 7:06PM
Visti Until 4:09AM Tue
Shashthi* Until 4:18PM

Ganesha: Blue *Sunrise:* 6:16AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Devaloka Day

5

Tuesday, April 14, 2020

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Shiva/Vyaghata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Kottayam, India
Sun 5 Sutra 2
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 19.19 Tithi 22 – 23
284134468
Creative Work Siddha Yoga
Until 7:39PM
Then Routine Work - Prabalarishta Yoga

Gulika 12:25PM – 1:57PM
Yama 9:20AM – 10:53AM
Rahu 3:30PM – 5:02PM

Purvashadha* Until 7:39PM
Shiva Until 6:00PM
Balava Until 4:27AM Wed
Saptami Until 4:11PM

Ganesha: Yellow *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

D

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Kottayam, India
Sun 6 Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Makara Rasi: 2.08 Tithi 23 – 24
284134468
Creative Work Amrita Yoga
Until 8:54PM
Then Creative Work - Siddha Yoga

Gulika 10:52AM – 12:25PM
Yama 7:47AM – 9:20AM
Rahu 12:25PM – 1:57PM

Uttarashadha Until 8:54PM
Siddha Until 5:30PM
Taitila Until 5:29AM Thu
Ashtami* Until 4:52PM

Ganesha: Yellow *Sunrise:* 6:15AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Purple
Moon – Light Blue
Chaitra•Chaitra

Sivaloka Day

Thursday, April 16, 2020
Retreat Star

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Sadhya/Subha Yoga Gara Karana Navamyam Titau

Kottayam, India
Sun 7 Sutra 4
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 15 Tithi 24
294134468
Creative Work Siddha Yoga

Gulika 9:19AM – 10:52AM
Yama 6:14AM – 7:47AM
Rahu 1:57PM – 3:30PM

Shravana Until 11:06PM
Sadhya Until 5:32PM
Gara Until 6:14PM
Navami* Until 6:14PM

Ganesha: Blue *Sunrise:* 6:14AM
Muruqa: Clear *Sunset:* 6:35PM
Nataraja: Purple
Moon – Purple
Chaitra•Chaitra

Devaloka Day

Chidambaram Abhishekam

1		Friday, April 17, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Subha/Siddhi Yoga Vanija/Visti* Karana Dashamyam Titau				Kottayam, India Sun 8 Sutra 5
Makara Rasi: 26.49	Tithi 25	Gulika 7:46AM – 9:19AM	Dhanishtha Until 1:37AM Sat	Ganesha: Blue	<i>Sunrise:</i> 6:14AM		Sarvari 5122	
		Yama 3:30PM – 5:02PM	Subha Until 6:00PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 4 - Phase 1	
		294134468 Rahu 10:52AM – 12:24PM	Vanija Until 7:08AM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 8:07PM	Moon – Purple		Devaloka Day		
Until 1:37AM Sat				Chaitra+Chaitra				
Then Creative Work - Amrita Yoga								
2		Saturday, April 18, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam Shatabhishak Nakshatra Sukla Yoga Bava/Balava Karana Ekadashyam Titau				Kottayam, India Sun 9 Sutra 6
Kumbha Rasi: 8.5	Tithi 26	Gulika 6:13AM – 7:46AM	Shatabhishak Until 4:16AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM		Sarvari 5122	
		Yama 1:57PM – 3:29PM	Sukla Until 6:42PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 4 - Phase 1	
		295134468 Rahu 9:19AM – 10:51AM	Bava Until 9:13AM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 10:21PM	Moon – Purple		Sivaloka Day		
Until 4:16AM Sun				Chaitra+Chaitra				
Then Creative Work - Siddha Yoga								
3		Sunday, April 19, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Kottayam, India Sun 10 Sutra 7
Kumbha Rasi: 20.46	Tithi 27	Gulika 3:29PM – 5:02PM	Purvaproshtapada* Until 7:23AM Mon	Ganesha: Yellow	<i>Sunrise:</i> 6:13AM		Sarvari 5122	
		Yama 12:24PM – 1:57PM	Brahma Until 7:34PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 4 - Phase 1	
		215134468 Rahu 5:02PM – 6:35PM	Kaulava Until 11:33AM	Nataraja: Purple			2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 12:45AM Mon	Moon – Clear		Sivaloka Day		
Until 7:23AM				Chaitra+Chaitra				
Then Creative Work - Siddha Yoga								
4		Monday, April 20, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Indra Yoga Gara/Vanija Karana Trayodashyam Titau				Kottayam, India Sun 11 Sutra 8
Meena Rasi: 2.38	Tithi 28	Gulika 1:56PM – 3:29PM	Purvaproshtapada* Until 7:23AM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM		Sarvari 5122	
Family Home Evening		Yama 10:51AM – 12:24PM	Indra Until 8:30PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 4 - Phase 1	
Routine Work	Marana Yoga	215134468 Rahu 7:45AM – 9:18AM	Gara Until 2:00PM	Nataraja: Purple			2nd Phase	
Until 7:23AM			Trayodashi* Until 3:12AM Tue	Moon – Clear		Sivaloka Day		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>	Chaitra+Chaitra				
5		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Vaidhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Kottayam, India Sun 12 Sutra 9
Meena Rasi: 14.3	Tithi 29	Gulika 12:23PM – 1:56PM	Uttaraproshtapada Until 10:21AM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM		Sarvari 5122	
		Yama 9:18AM – 10:51AM	Vaidhriti* Until 9:23PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 4 - Phase 1	
		215134468 Rahu 3:29PM – 5:02PM	Visti Until 4:26PM	Nataraja: Purple			2nd Phase	
Creative Work	Amrita Yoga		Chaturdashi* Until 5:36AM Wed	Moon – Clear		Sivaloka Day		
Until 10:21AM				Chaitra+Chaitra				
Then Creative Work - Siddha Yoga								
Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Vishkambha* Yoga Catuspada* Karana Amavasyayam Titau				Kottayam, India Sun 13 Sutra 10
Meena Rasi: 26.23	Tithi 30	Gulika 10:50AM – 12:23PM	Revati Until 1:05PM	Ganesha: Yellow	<i>Sunrise:</i> 6:12AM		Sarvari 5122	
		Yama 7:44AM – 9:17AM	Vishkambha* Until 10:13PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 4 - Phase 1	
		215134468 Rahu 12:23PM – 1:56PM	Catuspada Until 6:47PM	Nataraja: Purple			Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 7:53AM Thu	Moon – Clear		Sivaloka Day		
Until 7:53AM Thu				Chaitra+Chaitra				
Then Creative Work - Siddha Yoga								
Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Kottayam, India Sun 14 Sutra 11
Mesha Rasi: 8.19	Tithi 30 – 1	Gulika 9:17AM – 10:50AM	Ashvini Until 4:01PM	Ganesha: Red	<i>Sunrise:</i> 6:11AM		Sarvari 5122	
		Yama 6:11AM – 7:44AM	Priti Until 10:57PM	Muruqa: Clear	<i>Sunset:</i> 6:35PM		Moon 4 - Phase 1	
		225134468 Rahu 1:56PM – 3:29PM	Kintughna Until 8:59PM	Nataraja: Purple			Prathama	
Creative Work	Amrita Yoga		Amavasya* Until 7:53AM	Moon – White		Sivaloka Day		
Until 4:01PM				Vaisaka+Chaitra				
Then Creative Work - Siddha Yoga								

1	Friday, April 24, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Kottayam, India Sun 15 Sutra 12
	Mesha Rasi: 20.19 Tithi 1 – 2	Gulika 7:44AM – 9:17AM	Bharani Until 6:36PM	Ganesha: Red <i>Sunrise:</i> 6:11AM	Sarvari 5122	
		Yama 3:29PM – 5:02PM	Ayushman Until 11:29PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 4 - Phase 2	
	225134469	Rahu 10:50AM – 12:23PM	Balava Until 10:58PM	Nataraja: Clear Moon – White	3rd Phase	
Creative Work Siddha Yoga		Prathama* Until 9:59AM	Vaisaka-Chaitra	Devaloka Day		

2	Saturday, April 25, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Kottayam, India Sun 16 Sutra 13
	Vrishabha Rasi: 2.25 Tithi 2 – 3	Gulika 6:10AM – 7:43AM	Krittika Until 8:46PM	Ganesha: Red <i>Sunrise:</i> 6:10AM	Sarvari 5122	
		Yama 1:56PM – 3:29PM	Saubhagya Until 11:49PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 4 - Phase 2	
	225134469	Rahu 9:16AM – 10:50AM	Taitila Until 12:41AM Sun	Nataraja: Clear Moon – White	3rd Phase	
Creative Work Amrita Yoga		Dvitiya Until 11:51AM	Vaisaka-Chaitra	Devaloka Day		

3	Sunday, April 26, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Kottayam, India Sun 17 Sutra 14
	Vrishabha Rasi: 14.37 Tithi 3 – 4	Gulika 3:29PM – 5:02PM	Rohini Until 10:56PM	Ganesha: Yellow <i>Sunrise:</i> 6:10AM	Sarvari 5122	
		Yama 12:23PM – 1:56PM	Sobhana Until 11:54PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 4 - Phase 2	
	235134469	Rahu 5:02PM – 6:35PM	Vanija Until 2:02AM Mon	Nataraja: Clear Moon – Yellow	3rd Phase	
Creative Work Siddha Yoga	Akshaya Tritiya	Tritiya Until 1:23PM	Vaisaka-Chaitra	Devaloka Day		

4	Monday, April 27, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Kottayam, India Sun 18 Sutra 15
	Vrishabha Rasi: 26.59 Tithi 4 – 5	Gulika 1:56PM – 3:29PM	Mrigashira Until 12:30AM Tue	Ganesha: Yellow <i>Sunrise:</i> 6:10AM	Sarvari 5122	
	Family Home Evening	Yama 10:49AM – 12:22PM	Athiganda* Until 11:37PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 4 - Phase 2	
	235134469	Rahu 7:43AM – 9:16AM	Bava Until 2:57AM Tue	Nataraja: Clear Moon – Yellow	3rd Phase	
Creative Work Amrita Yoga Until 12:30AM Tue Then Routine Work - Marana Yoga	Adi Sankara Jayanthi	Chaturthi* Until 2:32PM	Vaisaka-Chaitra	Devaloka Day		

5	Tuesday, April 28, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Kottayam, India Sun 19 Sutra 16
	Mithuna Rasi: 9.33 Tithi 5 – 6	Gulika 12:22PM – 1:55PM	Ardra Until 1:25AM Wed	Ganesha: Blue <i>Sunrise:</i> 6:09AM	Sarvari 5122	
		Yama 9:16AM – 10:49AM	Sukarma Until 10:57PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 4 - Phase 2	
	236134469	Rahu 3:29PM – 5:02PM	Kaulava Until 3:19AM Wed	Nataraja: Clear Moon – Yellow	3rd Phase	
Routine Work Marana Yoga Until 1:25AM Wed Then Creative Work - Siddha Yoga		Panchami Until 3:11PM	Vaisaka-Chaitra	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

6	Wednesday, April 29, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Kottayam, India Sun 20 Sutra 17
	Mithuna Rasi: 22.22 Tithi 6 – 7	Gulika 10:49AM – 12:22PM	Punarvasu Until 2:03AM Thu	Ganesha: Yellow <i>Sunrise:</i> 6:09AM	Sarvari 5122	
		Yama 7:42AM – 9:15AM	Dhriti Until 9:49PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 4 - Phase 2	
	246134469	Rahu 12:22PM – 1:55PM	Gara Until 3:04AM Thu	Nataraja: Clear Moon – Blue	3rd Phase	
Creative Work Siddha Yoga Until 2:03AM Thu Then Creative Work - Amrita Yoga		Shashthi* Until 3:15PM	Vaisaka-Chaitra	Devaloka Day		

D	Thursday, April 30, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Kottayam, India Sun 21 Sutra 18
	Retreat Star	Gulika 9:15AM – 10:49AM	Pushya Until 1:53AM Fri	Ganesha: Yellow <i>Sunrise:</i> 6:08AM	Sarvari 5122	
	Kataka Rasi: 5.31 Tithi 7 – 8	Yama 6:08AM – 7:42AM	Shula* Until 8:09PM	Muruqa: Clear <i>Sunset:</i> 6:35PM	Moon 4 - Phase 2	
	246134469	Rahu 1:55PM – 3:29PM	Visti Until 2:10AM Fri	Nataraja: Clear Moon – Blue	Ashtami	
Creative Work Amrita Yoga Until 1:53AM Fri Then Routine Work - Marana Yoga		Saptami Until 2:41PM	Vaisaka-Chaitra	Devaloka Day		

D	Friday, May 1, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ganda*/Vridhithi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Kottayam, India Sun 22 Sutra 19
	Retreat Star	Gulika 7:41AM – 9:15AM	Ashlesha* Until 12:54AM Sat	Ganesha: Yellow <i>Sunrise:</i> 6:08AM	Sarvari 5122	
	Kataka Rasi: 19 Tithi 8 – 9	Yama 3:29PM – 5:02PM	Ganda* Until 5:57PM	Muruqa: Clear <i>Sunset:</i> 6:36PM	Moon 4 - Phase 2	
	246134469	Rahu 10:48AM – 12:22PM	Balava Until 12:36AM Sat	Nataraja: Clear Moon – Blue	Navami	
Routine Work Marana Yoga Until 12:54AM Sat Then Creative Work - Amrita Yoga		Ashtami* Until 1:27PM	Vaisaka-Chaitra	Devaloka Day		

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Magha* Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Kottayam, India Sun 23
Simha Rasi: 2.53	Tithi 9 – 10	Gulika 6:07AM – 7:41AM	Magha* Until 11:36PM	Ganesha: White	<i>Sunrise:</i> 6:07AM		Sarvari 5122	
		Yama 1:55PM – 3:29PM	Vriddhi Until 3:15PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM		Moon 4 - Phase 3	
		256134469 Rahu 9:15AM – 10:48AM	Taitila Until 10:25PM	Nataraja: Clear			4th Phase	
Creative Work	Amrita Yoga		Navami* Until 11:34AM	Moon – Red		Bhuloka Day		
Until 11:36PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Siddha Yoga								

2		Sunday, May 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Kottayam, India Sun 24
Simha Rasi: 17.1	Tithi 10 – 11	Gulika 3:29PM – 5:02PM	Purvaphalguni Until 9:38PM	Ganesha: White	<i>Sunrise:</i> 6:07AM		Sarvari 5122	
		Yama 12:22PM – 1:55PM	Dhruva Until 12:04PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM		Moon 4 - Phase 3	
		256134469 Rahu 5:02PM – 6:36PM	Vanija Until 7:41PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Dashami Until 9:06AM	Moon – Red		Bhuloka Day		
Until 9:38PM				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM		
Then Creative Work - Amrita Yoga								

3		Monday, May 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vyaghata*Harshana Yoga Visli*/Balava Karana Ekadashi/Dvodashyam Titau				Kottayam, India Sun 25
Kanya Rasi: 1.47	Tithi 11 – 12	Gulika 1:55PM – 3:29PM	Uttaraphalguni Until 7:06PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM		Sarvari 5122	
Family Home Evening		Yama 10:48AM – 12:21PM	Vyaghata* Until 8:30AM	Muruqa: Clear	<i>Sunset:</i> 6:36PM		Moon 4 - Phase 3	
		256234469 Rahu 7:40AM – 9:14AM	Balava Until 2:50AM Tue	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:08AM	Moon – Red		Devaloka Day		
				Vaisaka-Chaitra				

4		Tuesday, May 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Kottayam, India Sun 26
Kanya Rasi: 16.41	Tithi 13	Gulika 12:21PM – 1:55PM	Hasta Until 4:35PM	Ganesha: Clear	<i>Sunrise:</i> 6:07AM		Sarvari 5122	
		Yama 9:14AM – 10:48AM	Vajra* Until 12:39AM Wed	Muruqa: Clear	<i>Sunset:</i> 6:36PM		Moon 4 - Phase 3	
		267234469 Rahu 3:29PM – 5:02PM	Kaulava Until 1:06PM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Trayodashi Until 11:18PM	Moon – Green		Devaloka Day		
				Vaisaka-Chaitra				
				<i>Pradosha Vrata</i>				

5		Wednesday, May 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Kottayam, India Sun 27
Tula Rasi: 1.45	Tithi 14	Gulika 10:48AM – 12:21PM	Chitra Until 1:49PM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM		Sarvari 5122	
		Yama 7:40AM – 9:14AM	Siddhi Until 8:36PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM		Moon 4 - Phase 3	
		267234469 Rahu 12:21PM – 1:55PM	Gara Until 9:32AM	Nataraja: Clear			4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:44PM	Moon – Green		Devaloka Day		
				Vaisaka-Chaitra				

		Thursday, May 7, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Kottayam, India Sun 28
Tula Rasi: 16.48	Tithi 15 – 16	Gulika 9:14AM – 10:47AM	Svati Until 10:58AM	Ganesha: Clear	<i>Sunrise:</i> 6:06AM		Sarvari 5122	
		Yama 6:06AM – 7:40AM	Vyatipata* Until 4:39PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM		Moon 4 - Phase 3	
		267234469 Rahu 1:55PM – 3:29PM	Balava Until 2:37AM Fri	Nataraja: Clear			Purnima	
Creative Work	Amrita Yoga		Purnima* Until 4:15PM	Moon – Green		Devaloka Day		
Until 10:58AM				Vaisaka-Chaitra				
Then Creative Work - Siddha Yoga		Budha Purnima (Tamil Nadu)						

Friday, May 8, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Kottayam, India Sun 29	
Silver Retreat Star		Gulika 7:40AM – 9:13AM	Vishakha Until 8:38AM	Ganesha: Purple	<i>Sunrise:</i> 6:06AM		Sarvari 5122
Vrischika Rasi: 1.42	Tithi 16 – 17	Yama 3:29PM – 5:03PM	Variyan Until 12:55PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM		Moon 4 - Phase 3
		277234469 Rahu 10:47AM – 12:21PM	Taitila Until 11:37PM	Nataraja: Clear			Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:03PM	Moon – Orange		Bhuloka Day	
				Vaisaka-Chaitra		Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda