



Saturday, April 20, 2019
Gold Retreat Star

Tula Rasi: 19.09 Tithi 17
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Siddhi Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 5:07AM – 6:48AM
Yama 1:34PM – 3:15PM
264483468 **Rahu** 8:30AM – 10:11AM
Svati Until 7:17AM
Siddhi Until 7:09PM
Taitila Until 2:51PM
Dvitiya Until 2:01AM Sun

Stamford, CT
Sutra 6
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesha: Red *Sunrise:* 5:07AM
Muruqa: Yellow *Sunset:* 6:38PM
Nataraja: Purple
Moon – Green
Sivaloka Day
Chaitra•Chaitra

1

Sunday, April 21, 2019

Vrischika Rasi: 3.03 Tithi 18
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vyatipata*/Varyan Yoga Vanija/Visti* Karana Trityayam Titau
Gulika 3:16PM – 4:58PM
Yama 11:52AM – 1:34PM
274483468 **Rahu** 4:58PM – 6:39PM
Vishakha Until 6:28AM
Vyatipata* Until 4:59PM
Vanija Until 1:23PM
Tritiya Until 12:54AM Mon

Stamford, CT
Sun 1 Sutra 7
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesha: Blue *Sunrise:* 5:05AM
Muruqa: Yellow *Sunset:* 6:39PM
Nataraja: Purple
Moon – Orange
Devaloka Day
Chaitra•Chaitra

2

Monday, April 22, 2019

Vrischika Rasi: 16.32 Tithi 19
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Varyan/Parigha* Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 1:34PM – 3:16PM
Yama 10:10AM – 11:52AM
274483468 **Rahu** 6:46AM – 8:28AM
Anuradha Until 6:13AM
Varyan Until 3:23PM
Bava Until 12:39PM
Chaturthi* Until 12:33AM Tue

Stamford, CT
Sun 2 Sutra 8
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesha: Blue *Sunrise:* 5:04AM
Muruqa: Yellow *Sunset:* 6:40PM
Nataraja: Purple
Moon – Orange
Devaloka Day
Chaitra•Chaitra

3

Tuesday, April 23, 2019

Vrischika Rasi: 29.35 Tithi 20
Routine Work Marana Yoga
Until 6:35AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 11:52AM – 1:34PM
Yama 8:27AM – 10:10AM
274483468 **Rahu** 3:17PM – 4:59PM
Jyeshtha* Until 6:35AM
Parigha* Until 2:27PM
Kaulava Until 12:43PM
Panchami Until 1:02AM Wed

Stamford, CT
Sun 3 Sutra 9
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesha: Blue *Sunrise:* 5:03AM
Muruqa: Yellow *Sunset:* 6:41PM
Nataraja: Purple
Moon – Orange
Devaloka Day
Chaitra•Chaitra

4

Wednesday, April 24, 2019

Dhanus Rasi: 12.14 Tithi 21
Routine Work Marana Yoga
Until 8:04AM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 10:09AM – 11:52AM
Yama 6:44AM – 8:26AM
284483468 **Rahu** 11:52AM – 1:34PM
Mula* Until 8:04AM
Shiva Until 2:09PM
Gara Until 1:36PM
Shashthi* Until 2:18AM Thu

Stamford, CT
Sun 4 Sutra 10
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesha: Yellow *Sunrise:* 5:01AM
Muruqa: Yellow *Sunset:* 6:42PM
Nataraja: Purple
Moon – Light Blue
Sivaloka Day
Chaitra•Chaitra

5

Thursday, April 25, 2019

Dhanus Rasi: 24.34 Tithi 22
Creative Work Siddha Yoga
Until 10:08AM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Saptamyam Titau
Gulika 8:26AM – 10:09AM
Yama 5:00AM – 6:43AM
284483469 **Rahu** 1:35PM – 3:18PM
Purvashadha* Until 10:08AM
Siddha Until 2:23PM
Visti Until 3:12PM
Saptami Until 4:13AM Fri

Stamford, CT
Sun 5 Sutra 11
Vikarin 5121
Moon 4 - Phase 2
1st Phase
Ganesha: Yellow *Sunrise:* 5:00AM
Muruqa: Yellow *Sunset:* 6:43PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Chaitra•Chaitra

D

Friday, April 26, 2019
Retreat Star

Makara Rasi: 6.38 Tithi 23
Routine Work Marana Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ashtamyam Titau
Gulika 6:42AM – 8:25AM
Yama 3:18PM – 5:01PM
284583469 **Rahu** 10:08AM – 11:51AM
Uttarashadha Until 12:35PM
Sadhya Until 3:04PM
Balava Until 5:22PM
Ashtami* Until 6:34AM Sat

Stamford, CT
Sun 6 Sutra 12
Vikarin 5121
Moon 4 - Phase 2
Ashtami
Ganesha: Red *Sunrise:* 4:58AM
Muruqa: Yellow *Sunset:* 6:45PM
Nataraja: Clear
Moon – Light Blue
Devaloka Day
Chaitra•Chaitra

Saturday, April 27, 2019
Retreat Star

Makara Rasi: 18.31 Tithi 23 – 24
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 4:57AM – 6:41AM
Yama 1:35PM – 3:18PM
294583469 **Rahu** 8:24AM – 10:08AM
Shravana Until 3:44PM
Subha Until 4:01PM
Taitila Until 7:51PM
Ashtami* Until 6:34AM

Stamford, CT
Sun 7 Sutra 13
Vikarin 5121
Moon 4 - Phase 2
Navami
Ganesha: Green *Sunrise:* 4:57AM
Muruqa: Yellow *Sunset:* 6:46PM
Nataraja: Clear
Moon – Purple
Bhuloka Day
Chaitra•Chaitra
Devaloka Time: 3:PM to 6:PM

1		Sunday, April 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Navami/Dashmyam Titau		Stamford, CT Sun 8 Sutra 14	
Kumbha Rasi: 0.21	Tithi 24 – 25	Gulika	3:19PM – 5:03PM	Dhanishtha Until 6:48PM	Ganesha: Green	<i>Sunrise:</i> 4:56AM	Vikarin 5121
		Yama	11:51AM – 1:35PM	Sukla Until 5:01PM	Muruqa: Yellow	<i>Sunset:</i> 6:47PM	Moon 4 - Phase 3
		294583469 Rahu	5:03PM – 6:47PM	Vanija Until 10:24PM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Navami* Until 9:06AM	Moon – Purple		Bhuloka Day
Until 6:48PM					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

2		Monday, April 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 9 Sutra 15	
Kumbha Rasi: 12.11	Tithi 25 – 26	Gulika	1:35PM – 3:19PM	Shatabhishak Until 9:34PM	Ganesha: Green	<i>Sunrise:</i> 4:54AM	Vikarin 5121
Family Home Evening		Yama	10:07AM – 11:51AM	Brahma Until 5:57PM	Muruqa: Yellow	<i>Sunset:</i> 6:48PM	Moon 4 - Phase 3
Creative Work	Siddha Yoga	294583469 Rahu	6:38AM – 8:23AM	Bava Until 12:46AM Tue	Nataraja: Clear		2nd Phase
Until 9:34PM				Dashami Until 11:36AM	Moon – Purple		Bhuloka Day
Then Routine Work - Marana Yoga					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

3		Tuesday, April 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashtyam Titau		Stamford, CT Sun 10 Sutra 16	
Kumbha Rasi: 24.06	Tithi 26 – 27	Gulika	11:51AM – 1:35PM	Purvaprossthapada* Until 12:21AM We	Ganesha: Purple	<i>Sunrise:</i> 4:53AM	Vikarin 5121
		Yama	8:22AM – 10:06AM	Indra Until 6:39PM	Muruqa: Yellow	<i>Sunset:</i> 6:49PM	Moon 4 - Phase 3
		214583469 Rahu	3:20PM – 5:04PM	Kaulava Until 2:47AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga			Ekadashi* Until 1:49PM	Moon – Clear		Bhuloka Day
Until 12:21AM Wed					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

4		Wednesday, May 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Vaidhriti* Yoga Taitilla/Gara Karana Dvadashti/Trayodashyam Titau		Stamford, CT Sun 11 Sutra 17	
Meena Rasi: 6.1	Tithi 27 – 28	Gulika	10:06AM – 11:51AM	Uttaraprossthapada Until 2:31AM Thu	Ganesha: Purple	<i>Sunrise:</i> 4:52AM	Vikarin 5121
		Yama	6:36AM – 8:21AM	Vaidhriti* Until 6:59PM	Muruqa: Yellow	<i>Sunset:</i> 6:50PM	Moon 4 - Phase 3
		214583469 Rahu	11:51AM – 1:35PM	Gara Until 4:19AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Dvadashti* Until 3:36PM	Moon – Clear		Bhuloka Day
					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

Pradosha Vrata (Fasting)

5		Thursday, May 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 18	
Meena Rasi: 18.26	Tithi 28 – 29	Gulika	8:20AM – 10:05AM	Revati Until 4:01AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 4:50AM	Vikarin 5121
		Yama	4:50AM – 6:35AM	Vishkambha* Until 6:56PM	Muruqa: Yellow	<i>Sunset:</i> 6:51PM	Moon 4 - Phase 3
		215583469 Rahu	1:36PM – 3:21PM	Visti Until 5:19AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga			Trayodashi* Until 4:52PM	Moon – Clear		Bhuloka Day
Until 4:01AM Fri					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

6		Friday, May 3, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Priti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT Sun 13 Sutra 19	
Mesha Rasi: 0.57	Tithi 29 – 30	Gulika	6:34AM – 8:20AM	Ashvini Until 5:18AM Sat	Ganesha: Purple	<i>Sunrise:</i> 4:49AM	Vikarin 5121
		Yama	3:21PM – 5:07PM	Priti Until 6:28PM	Muruqa: Yellow	<i>Sunset:</i> 6:52PM	Moon 4 - Phase 3
		225583469 Rahu	10:05AM – 11:50AM	Catuspada Until 5:47AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga			Chaturdashi* Until 5:36PM	Moon – White		Bhuloka Day
Until 5:18AM Sat					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga							

Retreat Star		Saturday, May 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT Sun 14 Sutra 20	
Mesha Rasi: 13.42	Tithi 30 – 1	Gulika	4:48AM – 6:33AM	Bharani Until 5:55AM Sun	Ganesha: Purple	<i>Sunrise:</i> 4:48AM	Vikarin 5121
		Yama	1:36PM – 3:22PM	Ayushman Until 5:34PM	Muruqa: Yellow	<i>Sunset:</i> 6:53PM	Moon 4 - Phase 3
		225583469 Rahu	8:19AM – 10:05AM	Kintughna Until 5:43AM Sun	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga			Amavasya* Until 5:47PM	Moon – White		Bhuloka Day
					Chaitra+Chaitra		Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, May 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 21	
Mesha Rasi: 26.42	Tithi 1 – 2	Gulika	3:22PM – 5:08PM	Krittika Until 5:58AM Mon	Ganesha: Purple	<i>Sunrise:</i> 4:47AM	Vikarin 5121
		Yama	11:50AM – 1:36PM	Saubhagya Until 4:18PM	Muruqa: Yellow	<i>Sunset:</i> 6:54PM	Moon 4 - Phase 3
		225583469 Rahu	5:08PM – 6:54PM	Balava Until 5:13AM Mon	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga			Prathama* Until 5:30PM	Moon – White		Bhuloka Day
Until 5:58AM Mon					Vaisaka+Chaitra		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

All times are standard time

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Monday, May 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Stamford, CT Sun 16 Sutra 22 Vikarin 5121
1	Vrishabha Rasi: 9.56 Tihti 2 – 3 Family Home Evening Creative Work Amrita Yoga Until 5:56AM Tue Then Creative Work - Siddha Yoga	Gulika 1:36PM – 3:23PM Yama 10:04AM – 11:50AM Rahu 6:32AM – 8:18AM	Rohini Until 5:56AM Tue Sobhana Until 2:43PM Taitila Until 4:21AM Tue Dvitiya Until 4:49PM	Ganesha: Purple Muruqa: Yellow Nataraja: Clear Moon – White Vaisaka-Chaitra	Sunrise: 4:45AM Sunset: 6:55PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Tuesday, May 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Stamford, CT Sun 17 Sutra 23 Vikarin 5121
2	Vrishabha Rasi: 23.22 Tihti 3 – 4 Creative Work Siddha Yoga	Gulika 11:50AM – 1:37PM Yama 8:17AM – 10:04AM Rahu 3:23PM – 5:10PM	Mrigashira Until 5:27AM Wed Athiganda* Until 12:50PM Vanija Until 3:10AM Wed Tritiya Until 3:46PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:44AM Sunset: 6:56PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Wednesday, May 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau			Stamford, CT Sun 18 Sutra 24 Vikarin 5121
3	Mithuna Rasi: 6.58 Tihti 4 – 5 Creative Work Siddha Yoga Until 4:35AM Thu Then Creative Work - Amrita Yoga	Gulika 10:03AM – 11:50AM Yama 6:30AM – 8:17AM Rahu 11:50AM – 1:37PM	Ardra Until 4:35AM Thu Sukarma Until 10:44AM Bava Until 1:43AM Thu Chaturthi* Until 2:27PM	Ganesha: Light Blue Muruqa: Yellow Nataraja: Clear Moon – Yellow Vaisaka-Chaitra	Sunrise: 4:43AM Sunset: 6:57PM Moon 4 - Phase 4 3rd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM

Thursday, May 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Stamford, CT Sun 19 Sutra 25 Vikarin 5121
4	Mithuna Rasi: 20.43 Tihti 5 – 6 Creative Work Amrita Yoga Until 3:48AM Fri Then Routine Work - Marana Yoga	Gulika 8:16AM – 10:03AM Yama 4:42AM – 6:29AM Rahu 1:37PM – 3:24PM	Punarvasu Until 3:48AM Fri Dhriti Until 8:28AM Kaulava Until 12:04AM Fri Panchami Until 12:54PM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:42AM Sunset: 6:58PM Moon 4 - Phase 4 3rd Phase Devaloka Day

Friday, May 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Ganda* Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Stamford, CT Sun 20 Sutra 26 Vikarin 5121
5	Kataka Rasi: 5 Tihti 6 – 7 Routine Work Marana Yoga	Gulika 6:28AM – 8:15AM Yama 3:25PM – 5:12PM Rahu 10:03AM – 11:50AM	Pushya Until 2:40AM Sat Ganda* Until 6:00AM Gara Until 10:13PM Shashthi* Until 11:09AM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:41AM Sunset: 6:59PM Moon 4 - Phase 4 3rd Phase Devaloka Day

Saturday, May 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Vriddhi Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Stamford, CT Sun 21 Sutra 27 Vikarin 5121
Retreat Star	Kataka Rasi: 18.36 Tihti 7 – 8 Routine Work Marana Yoga	Gulika 4:40AM – 6:27AM Yama 1:37PM – 3:25PM Rahu 8:15AM – 10:02AM	Ashlesha* Until 1:14AM Sun Vriddhi Until 12:38AM Sun Visti Until 8:11PM Saptami Until 9:12AM	Ganesha: Orange Muruqa: Yellow Nataraja: Clear Moon – Blue Vaisaka-Chaitra	Sunrise: 4:40AM Sunset: 7:00PM Moon 4 - Phase 4 Ashtami Devaloka Day

Sunday, May 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Stamford, CT Sun 22 Sutra 28 Vikarin 5121
Retreat Star	Simha Rasi: 2.43 Tihti 8 – 9 Routine Work Marana Yoga Until 11:55PM Then Creative Work - Siddha Yoga	Gulika 3:26PM – 5:13PM Yama 11:50AM – 1:38PM Rahu 5:13PM – 7:01PM	Magha* Until 11:55PM Dhruva Until 9:44PM Balava Until 6:00PM Ashtami* Until 7:05AM	Ganesha: White Muruqa: Yellow Nataraja: Clear Moon – Red Vaisaka-Chaitra	Sunrise: 4:39AM Sunset: 7:01PM Moon 4 - Phase 4 Navami Bhuloka Day Devaloka Time: 3:PM to 6:PM

Monday, May 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Vyaghata* Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT Sun 23 Sutra 29
1		Gulika 1:38PM – 3:26PM	Purvaphalguni Until 10:22PM	Ganesha: White	<i>Sunrise:</i> 4:38AM	Vikarin 5121
Simha Rasi: 16.56	Tithi 10	Yama 10:02AM – 11:50AM	Vyaghata* Until 6:46PM	Muruqa: Yellow	<i>Sunset:</i> 7:02PM	Moon 4 - Phase 5
Family Home Evening	256583469	Rahu 6:26AM – 8:14AM	Taitila Until 3:41PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Dashami Until 2:29AM Tue	Moon – Red		
				Vaisaka-Chaitra	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Tuesday, May 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Harshana/Vajra* Yoga Vanija/Visli* Karana Ekadashyam Titau				Stamford, CT Sun 24 Sutra 30
2		Gulika 11:50AM – 1:38PM	Uttaraphalguni Until 8:37PM	Ganesha: White	<i>Sunrise:</i> 4:37AM	Vikarin 5121
Kanya Rasi: 1.12	Tithi 11	Yama 8:13AM – 10:02AM	Harshana Until 3:45PM	Muruqa: Yellow	<i>Sunset:</i> 7:03PM	Moon 4 - Phase 5
	256583469	Rahu 3:26PM – 5:15PM	Vanija Until 1:19PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 12:06AM Wed	Moon – Red		
Until 8:37PM				Vaisaka-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

Wednesday, May 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Dvodashyam Titau				Stamford, CT Sun 25 Sutra 31
3		Gulika 10:01AM – 11:50AM	Hasta Until 7:11PM	Ganesha: Yellow	<i>Sunrise:</i> 4:36AM	Vikarin 5121
Kanya Rasi: 15.29	Tithi 12	Yama 6:24AM – 8:13AM	Vajra* Until 12:44PM	Muruqa: Yellow	<i>Sunset:</i> 7:04PM	Moon 4 - Phase 5
	266583469	Rahu 11:50AM – 1:38PM	Bava Until 10:56AM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvodashi Until 9:45PM	Moon – Green		
Until 7:11PM				Vaisaka-Vaikasi	Devaloka Day	
Then Creative Work - Siddha Yoga						

Thursday, May 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT Sun 26 Sutra 32
4		Gulika 8:12AM – 10:01AM	Chitra Until 5:45PM	Ganesha: Yellow	<i>Sunrise:</i> 4:35AM	Vikarin 5121
Kanya Rasi: 29.44	Tithi 13	Yama 4:35AM – 6:23AM	Siddhi Until 9:49AM	Muruqa: Yellow	<i>Sunset:</i> 7:05PM	Moon 4 - Phase 5
	266583469	Rahu 1:39PM – 3:27PM	Kaulava Until 8:39AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 7:34PM	Moon – Green		
Until 5:45PM				Vaisaka-Vaikasi	Devaloka Day	
Then Creative Work - Amrita Yoga						
				<i>Pradosha Vrata</i>		

Friday, May 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Vyatipata*/Variyan Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sun 27 Sutra 33
5		Gulika 6:23AM – 8:12AM	Svati Until 4:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:34AM	Vikarin 5121
Tula Rasi: 13.5	Tithi 14 – 15	Yama 3:28PM – 5:17PM	Vyatipata* Until 7:05AM	Muruqa: Yellow	<i>Sunset:</i> 7:06PM	Moon 4 - Phase 5
	266583469	Rahu 10:01AM – 11:50AM	Gara Until 6:35AM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 5:39PM	Moon – Green		
				Vaisaka-Vaikasi	Devaloka Day	

Saturday, May 18, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 28 Sutra 34
○	Copper Retreat Star	Gulika 4:33AM – 6:22AM	Vishakha Until 3:48PM	Ganesha: Blue	<i>Sunrise:</i> 4:33AM	Vikarin 5121
Tula Rasi: 27.43	Tithi 15 – 16	Yama 1:39PM – 3:28PM	Parigha* Until 2:32AM Sun	Muruqa: Yellow	<i>Sunset:</i> 7:07PM	Moon 4 - Phase 5
	276583469	Rahu 8:11AM – 10:01AM	Balava Until 3:36AM Sun	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 4:09PM	Moon – Orange		
				Vaisaka-Vaikasi	Bhuloka Day	Devaloka Time: 3:PM to 6:PM

Sunday, May 19, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Stamford, CT Sun 29 Sutra 35
	Silver Retreat Star	Gulika 3:29PM – 5:18PM	Anuradha Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:32AM	Vikarin 5121
Vrischika Rasi: 11.2	Tithi 16 – 17	Yama 11:50AM – 1:39PM	Shiva Until 12:56AM Mon	Muruqa: Yellow	<i>Sunset:</i> 7:08PM	Moon 4 - Phase 5
	277583469	Rahu 5:18PM – 7:08PM	Taitila Until 2:56AM Mon	Nataraja: Clear		Prathama
Routine Work	Marana Yoga		Prathama* Until 3:10PM	Moon – Orange		
				Vaisaka-Vaikasi	Devaloka Day	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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Monday, May 20, 2019
Gold Retreat Star

Vrischika Rasi: 24.36 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

277583469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:40PM – 3:29PM
Yama 10:00AM – 11:50AM
Rahu 6:21AM – 8:11AM

Jyeshtha* Until 3:47PM
Siddha Until 11:50PM
Vanija Until 2:55AM Tue
Dvitiya Until 2:49PM

Stamford, CT
Sun 1 Sutra 36
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Yellow *Sunrise:* 4:31AM
Muruga: Yellow *Sunset:* 7:09PM
Nataraja: Clear
Moon – Orange

Devaloka Day
Vaisaka-Vaikasi

1

Tuesday, May 21, 2019

Dhanus Rasi: 7.31 Tithi 18 – 19
Creative Work Amrita Yoga
Until 4:59PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Sadhya Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:50AM – 1:40PM
Yama 8:10AM – 10:00AM
Rahu 3:30PM – 5:20PM

Mula* Until 4:59PM
Sadhya Until 11:18PM
Bava Until 3:37AM Wed
Tritiya Until 3:10PM

Stamford, CT
Sun 2 Sutra 37
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:30AM
Muruga: Yellow *Sunset:* 7:10PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

2

Wednesday, May 22, 2019

Dhanus Rasi: 20.07 Tithi 19 – 20
Creative Work Amrita Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:00AM – 11:50AM
Yama 6:20AM – 8:10AM
Rahu 11:50AM – 1:40PM

Purvashadha* Until 6:43PM
Subha Until 11:19PM
Kaulava Until 4:59AM Thu
Chaturthi* Until 4:12PM

Stamford, CT
Sun 3 Sutra 38
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:30AM
Muruga: Yellow *Sunset:* 7:11PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

3

Thursday, May 23, 2019

Makara Rasi: 2.24 Tithi 20 – 21
Routine Work Marana Yoga
Until 8:52PM
Then Creative Work - Siddha Yoga

287683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:09AM – 10:00AM
Yama 4:29AM – 6:19AM
Rahu 1:41PM – 3:31PM

Uttarashadha Until 8:52PM
Sukla Until 11:45PM
Gara Until 6:54AM Fri
Panchami Until 5:51PM

Stamford, CT
Sun 4 Sutra 39
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:29AM
Muruga: Yellow *Sunset:* 7:12PM
Nataraja: Clear
Moon – Light Blue

Devaloka Day
Vaisaka-Vaikasi

4

Friday, May 24, 2019

Makara Rasi: 14.29 Tithi 21
Routine Work Marana Yoga
Until 11:47PM
Then Creative Work - Siddha Yoga

297683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana Nakshatra Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 6:19AM – 8:09AM
Yama 3:31PM – 5:22PM
Rahu 10:00AM – 11:50AM

Shravana Until 11:47PM
Brahma Until 12:31AM Sat
Gara Until 6:54AM
Shashthi* Until 7:59PM

Stamford, CT
Sun 5 Sutra 40
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Green *Sunrise:* 4:28AM
Muruga: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Purple

Bhuloka Day
Vaisaka-Vaikasi
Devaloka Time: 3:PM to 6:PM

5

Saturday, May 25, 2019

Makara Rasi: 26.24 Tithi 22
Creative Work Siddha Yoga

298683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Indra Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 4:27AM – 6:18AM
Yama 1:41PM – 3:32PM
Rahu 8:09AM – 10:00AM

Dhanishtha Until 2:44AM Sun
Indra Until 1:29AM Sun
Visti Until 9:11AM
Saptami Until 10:22PM

Stamford, CT
Sun 6 Sutra 41
Vikarin 5121
Moon 5 - Phase 6
1st Phase

Ganesha: Red *Sunrise:* 4:27AM
Muruga: Yellow *Sunset:* 7:13PM
Nataraja: Clear
Moon – Purple

Devaloka Day
Vaisaka-Vaikasi

D

Sunday, May 26, 2019
Retreat Star

Kumbha Rasi: 8.16 Tithi 23
Creative Work Siddha Yoga
Until 5:32AM Mon
Then Routine Work - Marana Yoga

398683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 3:32PM – 5:23PM
Yama 11:50AM – 1:41PM
Rahu 5:23PM – 7:14PM

Shatabhishak Until 5:32AM Mon
Vaidhriti* Until 2:25AM Mon
Balava Until 11:37AM
Ashtami* Until 12:47AM Mon

Stamford, CT
Sun 7 Sutra 42
Vikarin 5121
Moon 5 - Phase 6
Ashtami

Ganesha: Blue *Sunrise:* 4:27AM
Muruga: Yellow *Sunset:* 7:14PM
Nataraja: Clear
Moon – Purple

Sivaloka Day
Vaisaka-Vaikasi

Monday, May 27, 2019
Retreat Star

Kumbha Rasi: 20.08 Tithi 24
Family Home Evening
Routine Work Marana Yoga
Until 8:26AM Tue
Then Creative Work - Amrita Yoga

318683469

Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaproshtapada* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:42PM – 3:33PM
Yama 9:59AM – 11:51AM
Rahu 6:17AM – 8:08AM

Purvaproshtapada* Until 8:26AM Tue
Vishkambha* Until 3:12AM Tue
Taitila Until 1:57PM
Navami* Until 3:00AM Tue

Stamford, CT
Sun 8 Sutra 43
Vikarin 5121
Moon 5 - Phase 6
Navami

Ganesha: Purple *Sunrise:* 4:26AM
Muruga: Yellow *Sunset:* 7:15PM
Nataraja: Clear
Moon – Clear

Sivaloka Day
Vaisaka-Vaikasi


1		Tuesday, May 28, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Priti Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
Meena Rasi: 2.06	Tithi 25	Gulika	11:51AM – 1:42PM	Purvaproshtapada* Until 8:26AM	Ganesha: Purple	<i>Sunrise: 4:25AM</i>	Sun 9	Sutra 44
		Yama	8:08AM – 9:59AM	Priti Until 3:43AM Wed	Muruqa: Yellow	<i>Sunset: 7:16PM</i>		Vikarin 5121
		318683469 Rahu	3:33PM – 5:25PM	Vanija Until 4:00PM	Nataraja: Clear			Moon 5 - Phase 7
Routine Work	Marana Yoga			Dashami Until 4:50AM Wed	Moon – Clear			2nd Phase
Until 8:26AM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

2		Wednesday, May 29, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
Meena Rasi: 14.14	Tithi 26	Gulika	9:59AM – 11:51AM	Uttaraproshtapada Until 10:45AM	Ganesha: Purple	<i>Sunrise: 4:25AM</i>	Sun 10	Sutra 45
		Yama	6:16AM – 8:08AM	Ayushman Until 3:47AM Thu	Muruqa: Yellow	<i>Sunset: 7:17PM</i>		Vikarin 5121
		318683469 Rahu	11:51AM – 1:42PM	Bava Until 5:34PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM Thu	Moon – Clear			2nd Phase
Until 10:45AM					Vaisaka-Vaikasi			Sivaloka Day
Then Routine Work - Marana Yoga								

3		Thursday, May 30, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Saubhagya Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
Meena Rasi: 26.35	Tithi 26 – 27	Gulika	8:08AM – 9:59AM	Revati Until 12:22PM	Ganesha: Purple	<i>Sunrise: 4:24AM</i>	Sun 11	Sutra 46
		Yama	4:24AM – 6:16AM	Saubhagya Until 3:23AM Fri	Muruqa: Yellow	<i>Sunset: 7:18PM</i>		Vikarin 5121
		318683469 Rahu	1:43PM – 3:34PM	Kaulava Until 6:33PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Ekadashi* Until 6:07AM	Moon – Clear			2nd Phase
Until 12:22PM					Vaisaka-Vaikasi			Sivaloka Day
Then Creative Work - Amrita Yoga								

4		Friday, May 31, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Sobhana Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
Mesha Rasi: 9.13	Tithi 27 – 28	Gulika	6:16AM – 8:07AM	Ashvini Until 1:42PM	Ganesha: Clear	<i>Sunrise: 4:24AM</i>	Sun 12	Sutra 47
		Yama	3:35PM – 5:26PM	Sobhana Until 2:30AM Sat	Muruqa: Yellow	<i>Sunset: 7:18PM</i>		Vikarin 5121
		328683469 Rahu	9:59AM – 11:51AM	Gara Until 6:54PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Dvadashi* Until 6:47AM	Moon – White			2nd Phase
Until 1:42PM					Vaisaka-Vaikasi			Devaloka Day
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

5		Saturday, June 1, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
Mesha Rasi: 22.08	Tithi 28 – 29	Gulika	4:23AM – 6:15AM	Bharani Until 2:14PM	Ganesha: White	<i>Sunrise: 4:23AM</i>	Sun 13	Sutra 48
		Yama	1:43PM – 3:35PM	Athiganda* Until 1:05AM Sun	Muruqa: Yellow	<i>Sunset: 7:19PM</i>		Vikarin 5121
		329683469 Rahu	8:07AM – 9:59AM	Visti Until 6:37PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Trayodashi* Until 6:49AM	Moon – White			2nd Phase
Until 2:14PM					Vaisaka-Vaikasi			Bhuloka Day
Then Creative Work - Amrita Yoga								Devaloka Time: 3:PM to 6:PM

		Sunday, June 2, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
Retreat Star		Gulika	3:36PM – 5:28PM	Krittika Until 2:02PM	Ganesha: White	<i>Sunrise: 4:23AM</i>	Sun 14	Sutra 49
Vrishabha Rasi: 5.24	Tithi 29 – 30	Yama	11:51AM – 1:43PM	Sukarma Until 11:14PM	Muruqa: Yellow	<i>Sunset: 7:20PM</i>		Vikarin 5121
		329683469 Rahu	5:28PM – 7:20PM	Naga Until 5:05AM Mon	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Siddha Yoga			Chaturdashi* Until 6:14AM	Moon – White			Amavasya
					Vaisaka-Vaikasi			Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

Monday, June 3, 2019		Retreat Star		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT
Vrishabha Rasi: 18.58	Tithi 1	Gulika	1:44PM – 3:36PM	Rohini Until 1:37PM	Ganesha: Green	<i>Sunrise: 4:23AM</i>	Sun 15	Sutra 50
Family Home Evening		Yama	9:59AM – 11:52AM	Dhriti Until 9:01PM	Muruqa: Yellow	<i>Sunset: 7:20PM</i>		Vikarin 5121
		339683469 Rahu	6:15AM – 8:07AM	Kintughna Until 4:22PM	Nataraja: Clear			Moon 5 - Phase 7
Creative Work	Amrita Yoga			Prathama* Until 3:30AM Tue	Moon – Yellow			Prathama
					Jyeshtha-Vaikasi			Bhuloka Day
								Devaloka Time: 3:PM to 6:PM

1		Tuesday, June 4, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
Mithuna Rasi: 2.47	Tithi 2	Gulika	11:52AM – 1:44PM	Mrigashira Until 12:39PM	Ganesha: Green	Sunrise: 4:22AM	Sun 16	Sutra 51
		Yama	8:07AM – 9:59AM	Shula* Until 6:28PM	Muruqa: Yellow	Sunset: 7:21PM		Vikarin 5121
		339683461 Rahu	3:36PM – 5:29PM	Balava Until 2:35PM	Nataraja: Clear			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Dvitiya Until 1:34AM Wed	Moon – Yellow			3rd Phase
Until 12:39PM					Jyeshtha-Vaikasi		Bhuloka Day	
Then Routine Work - Marana Yoga							Devaloka Time: 3:PM to 6:PM	

2		Wednesday, June 5, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhi Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT
Mithuna Rasi: 16.49	Tithi 3	Gulika	9:59AM – 11:52AM	Ardra Until 11:14AM	Ganesha: Green	Sunrise: 4:22AM	Sun 17	Sutra 52
		Yama	6:14AM – 8:07AM	Ganda* Until 3:42PM	Muruqa: Yellow	Sunset: 7:22PM		Vikarin 5121
		339683461 Rahu	11:52AM – 1:44PM	Taitila Until 12:31PM	Nataraja: Yellow			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Tritiya Until 11:23PM	Moon – Yellow			3rd Phase
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

3		Thursday, June 6, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Chaturthiyam Titau				Stamford, CT
Kataka Rasi: 1	Tithi 4	Gulika	8:07AM – 9:59AM	Punarvasu Until 9:55AM	Ganesha: White	Sunrise: 4:22AM	Sun 18	Sutra 53
		Yama	4:22AM – 6:14AM	Vridhi Until 12:48PM	Muruqa: Yellow	Sunset: 7:22PM		Vikarin 5121
		349683461 Rahu	1:45PM – 3:37PM	Vanija Until 10:15AM	Nataraja: Yellow			Moon 5 - Phase 8
Creative Work	Amrita Yoga			Chaturthi* Until 9:04PM	Moon – Blue			3rd Phase
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

4		Friday, June 7, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Kataka Rasi: 15.15	Tithi 5	Gulika	6:14AM – 8:07AM	Pushya Until 8:21AM	Ganesha: White	Sunrise: 4:21AM	Sun 19	Sutra 54
		Yama	3:38PM – 5:30PM	Dhruva Until 9:49AM	Muruqa: Yellow	Sunset: 7:23PM		Vikarin 5121
		349683461 Rahu	9:59AM – 11:52AM	Bava Until 7:54AM	Nataraja: Yellow			Moon 5 - Phase 8
Routine Work	Marana Yoga			Panchami Until 6:42PM	Moon – Blue			3rd Phase
					Jyeshtha-Vaikasi		Bhuloka Day	
							Devaloka Time: 3:PM to 6:PM	

5		Saturday, June 8, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
Kataka Rasi: 29.32	Tithi 6 – 7	Gulika	4:21AM – 6:14AM	Ashlesha* Until 6:38AM	Ganesha: White	Sunrise: 4:21AM	Sun 20	Sutra 55
		Yama	1:45PM – 3:38PM	Vyaghata* Until 6:50AM	Muruqa: Yellow	Sunset: 7:24PM		Vikarin 5121
		349683461 Rahu	8:07AM – 10:00AM	Gara Until 3:12AM Sun	Nataraja: Yellow			Moon 5 - Phase 8
Routine Work	Marana Yoga			Shashthi* Until 4:20PM	Moon – Blue			3rd Phase
Until 6:38AM					Jyeshtha-Vaikasi		Bhuloka Day	
Then Creative Work - Amrita Yoga							Devaloka Time: 3:PM to 6:PM	

Retreat Star		Sunday, June 9, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT
Simha Rasi: 13.46	Tithi 7 – 8	Gulika	3:38PM – 5:31PM	Purvaphalguni Until 3:48AM Mon	Ganesha: Yellow	Sunrise: 4:21AM	Sun 21	Sutra 56
		Yama	11:53AM – 1:45PM	Vajra* Until 1:00AM Mon	Muruqa: Yellow	Sunset: 7:24PM		Vikarin 5121
		351683461 Rahu	5:31PM – 7:24PM	Visti Until 12:58AM Mon	Nataraja: Yellow			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Saptami Until 2:03PM	Moon – Red			Ashtami
					Jyeshtha-Vaikasi		Devaloka Day	

Retreat Star		Monday, June 10, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
Simha Rasi: 27.57	Tithi 8 – 9	Gulika	1:46PM – 3:39PM	Uttaraphalguni Until 2:21AM Tue	Ganesha: Yellow	Sunrise: 4:21AM	Sun 22	Sutra 57
Family Home Evening		Yama	10:00AM – 11:53AM	Siddhi Until 10:14PM	Muruqa: Yellow	Sunset: 7:25PM		Vikarin 5121
		351683461 Rahu	6:14AM – 8:07AM	Balava Until 10:51PM	Nataraja: Yellow			Moon 5 - Phase 8
Creative Work	Siddha Yoga			Ashtami* Until 11:52AM	Moon – Red			Navami
					Jyeshtha-Vaikasi		Devaloka Day	

1	Tuesday, June 11, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasla Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT Sun 23 Sutra 58
	Kanya Rasi: 12.02	Tithi 9 – 10	Gulika 11:53AM – 1:46PM	Hasta Until 1:21AM Wed	Ganesha: White <i>Sunrise: 4:21AM</i>		Vikarin 5121
			Yama 8:07AM – 10:00AM	Vyatipata* Until 7:36PM	Muruqa: Yellow <i>Sunset: 7:25PM</i>		Moon 5 - Phase 9
	361683461	Rahu 3:39PM – 5:32PM		Taitila Until 8:53PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Navami* Until 9:49AM	Moon – Green		Bhuloka Day	
				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	

2	Wednesday, June 12, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra Nakshatra Varyana/Parigha* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 24 Sutra 59
	Kanya Rasi: 26.01	Tithi 10 – 11	Gulika 10:00AM – 11:53AM	Chitra Until 12:25AM Thu	Ganesha: White <i>Sunrise: 4:20AM</i>		Vikarin 5121
			Yama 6:14AM – 8:07AM	Variyan Until 5:07PM	Muruqa: Yellow <i>Sunset: 7:26PM</i>		Moon 5 - Phase 9
	361683461	Rahu 11:53AM – 1:46PM		Vanija Until 7:08PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Dashami Until 7:58AM	Moon – Green		Bhuloka Day	
Until 12:25AM Thu				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

3	Thursday, June 13, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Svati Nakshatra Parigha/Shiva Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 60
	Tula Rasi: 9.52	Tithi 11 – 12	Gulika 8:07AM – 10:00AM	Svati Until 11:37PM	Ganesha: White <i>Sunrise: 4:20AM</i>		Vikarin 5121
			Yama 4:20AM – 6:14AM	Parigha* Until 2:51PM	Muruqa: Yellow <i>Sunset: 7:26PM</i>		Moon 5 - Phase 9
	361683461	Rahu 1:47PM – 3:40PM		Balava Until 5:00AM Fri	Nataraja: Yellow		4th Phase
Creative Work	Amrita Yoga		Ekadashi Until 6:20AM	Moon – Green		Bhuloka Day	
Until 11:37PM				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

4	Friday, June 14, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT Sun 26 Sutra 61
	Tula Rasi: 23.31	Tithi 13	Gulika 6:14AM – 8:07AM	Vishakha Until 11:27PM	Ganesha: Clear <i>Sunrise: 4:20AM</i>		Vikarin 5121
			Yama 3:40PM – 5:33PM	Shiva Until 12:52PM	Muruqa: Blue <i>Sunset: 7:27PM</i>		Moon 5 - Phase 9
	371693461	Rahu 10:00AM – 11:54AM		Kaulava Until 4:29PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 4:01AM Sat	Moon – Orange		Sivaloka Day	
		Vaikasi Visakam		Jyeshtha-Vaikasi			
				<i>Pradosha Vrata</i>			

5	Saturday, June 15, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 62
	Vrischika Rasi: 6.58	Tithi 14	Gulika 4:20AM – 6:14AM	Anuradha Until 11:33PM	Ganesha: White <i>Sunrise: 4:20AM</i>		Vikarin 5121
			Yama 1:47PM – 3:40PM	Siddha Until 11:09AM	Muruqa: Blue <i>Sunset: 7:27PM</i>		Moon 5 - Phase 9
	371793461	Rahu 8:07AM – 10:00AM		Gara Until 3:43PM	Nataraja: Yellow		4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:29AM Sun	Moon – Orange		Subha Sivaloka Day	
				Jyeshtha-Ani			

○	Sunday, June 16, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT Sun 28 Sutra 63
	Copper Retreat Star		Gulika 3:41PM – 5:34PM	Jyeshtha* Until 11:59PM	Ganesha: White <i>Sunrise: 4:20AM</i>		Vikarin 5121
	Vrischika Rasi: 20.11	Tithi 15	Yama 11:54AM – 1:47PM	Sadhya Until 9:49AM	Muruqa: Blue <i>Sunset: 7:28PM</i>		Moon 5 - Phase 9
	371793461	Rahu 5:34PM – 7:28PM		Visti Until 3:25PM	Nataraja: Yellow		Purnima
Routine Work	Marana Yoga		Purnima* Until 3:27AM Mon	Moon – Orange		Subha Sivaloka Day	
Until 11:59PM		Father's Day		Jyeshtha-Ani			
Then Creative Work - Amrita Yoga							

○	Monday, June 17, 2019		Vikarin Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT Sun 29 Sutra 64
	Silver Retreat Star		Gulika 1:48PM – 3:41PM	Mula* Until 1:16AM Tue	Ganesha: Clear <i>Sunrise: 4:20AM</i>		Vikarin 5121
	Dhanus Rasi: 3.07	Tithi 16	Yama 10:01AM – 11:54AM	Subha Until 8:55AM	Muruqa: Blue <i>Sunset: 7:28PM</i>		Moon 5 - Phase 9
	381793461	Rahu 6:14AM – 8:07AM		Balava Until 3:39PM	Nataraja: Yellow		Prathama
Family Home Evening	Siddha Yoga		Prathama* Until 3:58AM Tue	Moon – Light Blue		Sivaloka Day	
Creative Work				Jyeshtha-Ani			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang



Tuesday, June 18, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Sukla/Brahma Yoga Tailila/Gara Karana Dvitiyayam Titau

Stamford, CT
Sutra 65

Dhanus Rasi: 15.48 Tithi 17

Gulika 11:54AM – 1:48PM
Yama 8:07AM – 10:01AM
381793461 **Rahu** 3:41PM – 5:35PM

Purvashadha* Until 2:57AM Wed
Sukla Until 8:26AM
Tailila Until 4:28PM
Dvitiya Until 5:03AM Wed

Ganesha: Clear *Sunrise:* 4:21AM
Muruqa: Blue *Sunset:* 7:28PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 2:57AM Wed
Then Creative Work - Amrita Yoga

Sivaloka Day

1

Wednesday, June 19, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT
Sun 1 Sutra 66

Dhanus Rasi: 28.13 Tithi 18

Gulika 10:01AM – 11:55AM
Yama 6:14AM – 8:08AM
382793461 **Rahu** 11:55AM – 1:48PM

Uttarashadha Until 4:59AM Thu
Brahma Until 8:24AM
Vanija Until 5:49PM
Tritiya Until 6:40AM Thu

Ganesha: Purple *Sunrise:* 4:21AM
Muruqa: Blue *Sunset:* 7:28PM
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Amrita Yoga
Until 4:59AM Thu
Then Creative Work - Siddha Yoga

Devaloka Day

2

Thursday, June 20, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT
Sun 2 Sutra 67

Makara Rasi: 10.25 Tithi 18 – 19

Gulika 8:08AM – 10:01AM
Yama 4:21AM – 6:14AM
392793461 **Rahu** 1:48PM – 3:42PM

Shravana Until 7:46AM Fri
Indra Until 8:47AM
Bava Until 7:40PM
Tritiya Until 6:40AM

Ganesha: Clear *Sunrise:* 4:21AM
Muruqa: Blue *Sunset:* 7:29PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

3

Friday, June 21, 2019

Vikarin Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT
Sun 3 Sutra 68

Makara Rasi: 22.26 Tithi 19 – 20

Gulika 6:15AM – 8:08AM
Yama 3:42PM – 5:35PM
392793461 **Rahu** 10:02AM – 11:55AM

Shravana Until 7:46AM
Vaidhriti* Until 9:27AM
Kaulava Until 9:51PM
Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise:* 4:21AM
Muruqa: Blue *Sunset:* 7:29PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Routine Work Marana Yoga
Until 7:46AM
Then Creative Work - Siddha Yoga

Sivaloka Day

4

Saturday, June 22, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vishkambha*/Priti Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT
Sun 4 Sutra 69

Kumbha Rasi: 4.22 Tithi 20 – 21

Gulika 4:21AM – 6:15AM
Yama 1:49PM – 3:42PM
392793461 **Rahu** 8:08AM – 10:02AM

Dhanishtha Until 10:39AM
Vishkambha* Until 10:21AM
Gara Until 12:13AM Sun
Panchami Until 11:00AM

Ganesha: Clear *Sunrise:* 4:21AM
Muruqa: Blue *Sunset:* 7:29PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 10:39AM
Then Creative Work - Amrita Yoga

Sivaloka Day

5

Sunday, June 23, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Shatabhishak/Purvaprosarthapada* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT
Sun 5 Sutra 70

Kumbha Rasi: 16.13 Tithi 21 – 22

Gulika 3:42PM – 5:36PM
Yama 11:55AM – 1:49PM
392793461 **Rahu** 5:36PM – 7:29PM

Shatabhishak Until 1:27PM
Priti Until 11:20AM
Visti Until 2:35AM Mon
Shashthi* Until 1:24PM

Ganesha: Clear *Sunrise:* 4:22AM
Muruqa: Blue *Sunset:* 7:29PM
Nataraja: Yellow
Moon – Purple
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Creative Work Siddha Yoga
Until 1:24PM
Then Creative Work - Siddha Yoga

Sivaloka Day

6

Monday, June 24, 2019

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT
Sun 6 Sutra 71

Kumbha Rasi: 28.07 Tithi 22 – 23

Gulika 1:49PM – 3:43PM
Yama 10:02AM – 11:56AM
312793461 **Rahu** 6:15AM – 8:09AM

Purvaprosarthapada* Until 4:29PM
Ayushman Until 12:12PM
Balava Until 4:45AM Tue
Saptami Until 3:41PM

Ganesha: Yellow *Sunrise:* 4:22AM
Muruqa: Blue *Sunset:* 7:29PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
1st Phase

Family Home Evening
Routine Work Marana Yoga
Until 4:29PM
Then Creative Work - Siddha Yoga

Sivaloka Day



Tuesday, June 25, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprosarthapada Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Stamford, CT
Sun 7 Sutra 72

Meena Rasi: 10.05 Tithi 23 – 24

Gulika 11:56AM – 1:49PM
Yama 8:09AM – 10:02AM
312793461 **Rahu** 3:43PM – 5:36PM

Uttaraprosarthapada Until 7:03PM
Saubhagya Until 12:53PM
Tailila Until 6:31AM Wed
Ashtami* Until 5:40PM

Ganesha: Yellow *Sunrise:* 4:22AM
Muruqa: Blue *Sunset:* 7:30PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Ashtami

Creative Work Amrita Yoga
Until 7:03PM
Then Creative Work - Siddha Yoga

Sivaloka Day

Wednesday, June 26, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati Nakshatra Sobhana/Athiganda* Yoga Tailila/Gara Karana Navamyam Titau

Stamford, CT
Sun 8 Sutra 73

Meena Rasi: 22.13 Tithi 24

Gulika 10:03AM – 11:56AM
Yama 6:16AM – 8:09AM
312793461 **Rahu** 11:56AM – 1:49PM

Revati Until 8:59PM
Sobhana Until 1:14PM
Tailila Until 6:31AM
Navami* Until 7:10PM

Ganesha: Yellow *Sunrise:* 4:22AM
Muruqa: Blue *Sunset:* 7:30PM
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Vikarin 5121
Moon 6 - Phase 10
Navami

Routine Work Marana Yoga
Until 7:10PM
Then Creative Work - Siddha Yoga

Sivaloka Day


1		Thursday, June 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Athiganda/Sukarma Yoga Vanija/Visti* Karana Dashamyam Titau				Stamford, CT
Mesha Rasi: 4.35	Tithi 25	322793461	Gulika 8:10AM – 10:03AM Yama 4:23AM – 6:16AM Rahu 1:50PM – 3:43PM	Ashvini Until 10:38PM Athiganda* Until 1:06PM Vanija Until 7:43AM Dashami Until 8:04PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 4:23AM Sunset: 7:30PM	Sun 9 Sutra 74 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga								
Until 10:38PM								
Then Creative Work - Siddha Yoga								

2		Friday, June 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Ekadashyam Titau				Stamford, CT
Mesha Rasi: 17.14	Tithi 26	322793461	Gulika 6:17AM – 8:10AM Yama 3:43PM – 5:36PM Rahu 10:03AM – 11:56AM	Bharani Until 11:26PM Sukarma Until 12:27PM Bava Until 8:16AM Ekadashi* Until 8:15PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 4:23AM Sunset: 7:30PM	Sun 10 Sutra 75 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga								

3		Saturday, June 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Stamford, CT
Vrishabha Rasi: 0.15	Tithi 27	322793461	Gulika 4:24AM – 6:17AM Yama 1:50PM – 3:43PM Rahu 8:10AM – 10:03AM	Krittika Until 11:22PM Dhriti Until 11:14AM Kaulava Until 8:06AM Dvadashi* Until 7:43PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – White	Sunrise: 4:24AM Sunset: 7:30PM	Sun 11 Sutra 76 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Amrita Yoga								

4		Sunday, June 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Stamford, CT
Vrishabha Rasi: 13.38	Tithi 28	322793461	Gulika 3:43PM – 5:36PM Yama 11:57AM – 1:50PM Rahu 5:36PM – 7:30PM	Rohini Until 10:56PM Shula* Until 9:25AM Gara Until 7:12AM Trayodashi* Until 6:29PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 4:24AM Sunset: 7:30PM	Sun 12 Sutra 77 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Creative Work Siddha Yoga								
<i>Pradosha Vrata (Fasting)</i>								

5		Monday, July 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Ganda*/Vridhni Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
Vrishabha Rasi: 27.25	Tithi 29 – 30	322793461	Gulika 1:50PM – 3:43PM Yama 10:04AM – 11:57AM Rahu 6:18AM – 8:11AM	Mrigashira Until 9:46PM Ganda* Until 7:06AM Catuspada Until 3:33AM Tue Chaturdashi* Until 4:39PM	Ganesha: Blue Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 4:25AM Sunset: 7:29PM	Sun 13 Sutra 78 Vikarin 5121 Moon 6 - Phase 11 2nd Phase	Devaloka Day
Family Home Evening								
Creative Work Amrita Yoga								
Until 9:46PM								
Then Creative Work - Siddha Yoga								

		Tuesday, July 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
Retreat Star								
Mithuna Rasi: 11.32	Tithi 30 – 1	333793461	Gulika 11:57AM – 1:50PM Yama 8:11AM – 10:04AM Rahu 3:43PM – 5:36PM	Ardra Until 7:59PM Dhruva Until 1:12AM Wed Kintughna Until 1:00AM Wed Amavasya* Until 2:18PM	Ganesha: Red Muruqa: Blue Nataraja: Yellow Moon – Yellow	Sunrise: 4:25AM Sunset: 7:29PM	Sun 14 Sutra 79 Vikarin 5121 Moon 6 - Phase 11 Amavasya	Sivaloka Day
Routine Work Marana Yoga								
Until 7:59PM								
Then Creative Work - Siddha Yoga								

Retreat Star		Wednesday, July 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vyaghata* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
Mithuna Rasi: 25.57	Tithi 1 – 2	343793461	Gulika 10:04AM – 11:57AM Yama 6:19AM – 8:12AM Rahu 11:57AM – 1:50PM	Punarvasu Until 6:08PM Vyaghata* Until 9:49PM Balava Until 10:10PM Prathama* Until 11:36AM	Ganesha: Yellow Muruqa: Blue Nataraja: Yellow Moon – Blue	Sunrise: 4:26AM Sunset: 7:29PM	Sun 15 Sutra 80 Vikarin 5121 Moon 6 - Phase 11 Prathama	Sivaloka Day
Creative Work Siddha Yoga								

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

1		Thursday, July 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stamford, CT
Kataka Rasi: 10.34	Tithi 2 – 3			Gulika 8:12AM – 10:05AM	Pushya Until 3:58PM	Ganesha: Yellow	<i>Sunrise:</i> 4:26AM	Sun 16 Sutra 81
				Yama 4:26AM – 6:19AM	Harshana Until 6:19PM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Vikarin 5121
		343793461		Rahu 1:50PM – 3:43PM	Taitila Until 7:10PM	Nataraja: Yellow		Moon 6 - Phase 12
Creative Work	Amrita Yoga				Dvitiya Until 8:39AM	Moon – Blue		3rd Phase
Until 3:58PM						Ashada*Ani		Sivaloka Day
Then Creative Work - Siddha Yoga								

2		Friday, July 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra*/Siddhi Yoga Vanija/Visli* Karana Chaturthyam Titau				Stamford, CT
Kataka Rasi: 25.14	Tithi 4			Gulika 6:20AM – 8:12AM	Ashlesha* Until 1:37PM	Ganesha: Yellow	<i>Sunrise:</i> 4:27AM	Sun 17 Sutra 82
				Yama 3:43PM – 5:36PM	Vajra* Until 2:45PM	Muruqa: Blue	<i>Sunset:</i> 7:29PM	Vikarin 5121
		343793461		Rahu 10:05AM – 11:58AM	Vanija Until 4:08PM	Nataraja: Yellow		Moon 6 - Phase 12
Routine Work	Marana Yoga				Chaturthi* Until 2:37AM Sat	Moon – Blue		3rd Phase
						Ashada*Ani		Sivaloka Day

3		Saturday, July 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Simha Rasi: 9.54	Tithi 5			Gulika 4:27AM – 6:20AM	Magha* Until 11:37AM	Ganesha: White	<i>Sunrise:</i> 4:27AM	Sun 18 Sutra 83
				Yama 1:50PM – 3:43PM	Siddhi Until 11:17AM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Vikarin 5121
		353793461		Rahu 8:13AM – 10:05AM	Bava Until 1:11PM	Nataraja: Yellow		Moon 6 - Phase 12
Creative Work	Amrita Yoga				Panchami Until 11:46PM	Moon – Red		3rd Phase
Until 11:37AM						Ashada*Ani		Subha Sivaloka Day
Then Creative Work - Siddha Yoga								

4		Sunday, July 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
Simha Rasi: 24.27	Tithi 6			Gulika 3:43PM – 5:36PM	Purvaphalguni Until 9:40AM	Ganesha: Yellow	<i>Sunrise:</i> 4:28AM	Sun 19 Sutra 84
				Yama 11:58AM – 1:51PM	Vyatipata* Until 7:59AM	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Vikarin 5121
		453793461		Rahu 5:36PM – 7:28PM	Kaulava Until 10:27AM	Nataraja: Yellow		Moon 6 - Phase 12
Creative Work	Siddha Yoga				Shashthi* Until 9:10PM	Moon – Red		3rd Phase
Until 9:40AM						Ashada*Ani		Sivaloka Day
Then Creative Work - Amrita Yoga								

5		Monday, July 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha* Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
Kanya Rasi: 8.47	Tithi 7			Gulika 1:51PM – 3:43PM	Uttaraphalguni Until 7:52AM	Ganesha: Yellow	<i>Sunrise:</i> 4:29AM	Sun 20 Sutra 85
Family Home Evening				Yama 10:06AM – 11:58AM	Parigha* Until 2:06AM Tue	Muruqa: Blue	<i>Sunset:</i> 7:28PM	Vikarin 5121
		453793461		Rahu 6:21AM – 8:13AM	Gara Until 8:00AM	Nataraja: Yellow		Moon 6 - Phase 12
Creative Work	Siddha Yoga				Saptami Until 6:53PM	Moon – Red		3rd Phase
						Ashada*Ani		Sivaloka Day

Retreat Star		Tuesday, July 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
Kanya Rasi: 22.54	Tithi 8 – 9			Gulika 11:58AM – 1:51PM	Hasta Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 4:29AM	Sun 21 Sutra 86
				Yama 8:14AM – 10:06AM	Shiva Until 11:39PM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Vikarin 5121
		463793461		Rahu 3:43PM – 5:35PM	Balava Until 4:14AM Wed	Nataraja: Yellow		Moon 6 - Phase 12
Creative Work	Siddha Yoga				Ashtami* Until 5:00PM	Moon – Green		Ashtami
						Ashada*Ani		Subha Sivaloka Day

Retreat Star		Wednesday, July 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
Tula Rasi: 6.45	Tithi 9 – 10			Gulika 10:06AM – 11:58AM	Svati Until 5:15AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 4:30AM	Sun 22 Sutra 87
				Yama 6:22AM – 8:14AM	Siddha Until 9:32PM	Muruqa: Blue	<i>Sunset:</i> 7:27PM	Vikarin 5121
		463893461		Rahu 11:58AM – 1:51PM	Taitila Until 3:00AM Thu	Nataraja: Yellow		Moon 6 - Phase 12
Creative Work	Siddha Yoga				Navami* Until 3:32PM	Moon – Green		Navami
						Ashada*Ani		Sivaloka Day

1	Thursday, July 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 23 Sutra 88
	Tula Rasi: 20.19	Tithi 10 – 11	Gulika 8:15AM – 10:07AM	Vishakha Until 5:25AM Fri	Ganesha: White	<i>Sunrise:</i> 4:31AM	Vikarin 5121
			Yama 4:31AM – 6:23AM	Sadhya Until 7:48PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 1:51PM – 3:43PM	Vanija Until 2:13AM Fri	Nataraja: Yellow		4th Phase
			Dashami Until 2:32PM	Ashada•Ani	Devaloka Day		

2	Friday, July 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Subha Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 24 Sutra 89
	Vrischika Rasi: 3.38	Tithi 11 – 12	Gulika 6:23AM – 8:15AM	Anuradha Until 5:54AM Sat	Ganesha: White	<i>Sunrise:</i> 4:31AM	Vikarin 5121
			Yama 3:42PM – 5:34PM	Subha Until 6:28PM	Muruqa: Blue	<i>Sunset:</i> 7:26PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 10:07AM – 11:59AM	Bava Until 1:56AM Sat	Nataraja: Yellow		4th Phase
			Ekadashi Until 2:00PM	Ashada•Ani	Devaloka Day		

3	Saturday, July 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 25 Sutra 90
	Vrischika Rasi: 16.42	Tithi 12 – 13	Gulika 4:32AM – 6:24AM	Jyeshtha* Until 6:43AM Sun	Ganesha: White	<i>Sunrise:</i> 4:32AM	Vikarin 5121
			Yama 1:50PM – 3:42PM	Sukla Until 5:29PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	473893461 Rahu 8:16AM – 10:07AM	Kaulava Until 2:07AM Sun	Nataraja: Yellow		4th Phase
Until 6:43AM Sun Then Creative Work - Amrita Yoga			Dvadashi Until 1:56PM	Ashada•Ani	Devaloka Day		
							<i>Pradosha Vrata</i>

4	Sunday, July 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 26 Sutra 91
	Vrischika Rasi: 29.32	Tithi 13 – 14	Gulika 3:42PM – 5:33PM	Jyeshtha* Until 6:43AM	Ganesha: White	<i>Sunrise:</i> 4:33AM	Vikarin 5121
			Yama 11:59AM – 1:50PM	Brahma Until 4:53PM	Muruqa: Blue	<i>Sunset:</i> 7:25PM	Moon 6 - Phase 13
	Routine Work	Marana Yoga	473893461 Rahu 5:33PM – 7:25PM	Gara Until 2:47AM Mon	Nataraja: Yellow		4th Phase
Until 6:43AM Then Creative Work - Amrita Yoga			Trayodashi Until 2:22PM	Ashada•Ani	Devaloka Day		

5	Monday, July 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sun 27 Sutra 92
	Dhanus Rasi: 12.08	Tithi 14 – 15	Gulika 1:50PM – 3:42PM	Mula* Until 8:18AM	Ganesha: Clear	<i>Sunrise:</i> 4:34AM	Vikarin 5121
	Family Home Evening		Yama 10:08AM – 11:59AM	Indra Until 4:41PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 6:25AM – 8:16AM	Visti Until 3:54AM Tue	Nataraja: Yellow		4th Phase
Until 8:18AM Then Routine Work - Marana Yoga			Chaturdashi* Until 3:16PM	Ashada•Ani	Sivaloka Day		

○	Tuesday, July 16, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sun 28 Sutra 93
	Copper Retreat Star		Gulika 11:59AM – 1:50PM	Purvashadha* Until 10:10AM	Ganesha: Clear	<i>Sunrise:</i> 4:35AM	Vikarin 5121
	Dhanus Rasi: 24.31	Tithi 15 – 16	Yama 8:17AM – 10:08AM	Vaidhriti* Until 4:48PM	Muruqa: Blue	<i>Sunset:</i> 7:24PM	Moon 6 - Phase 13
	Creative Work	Siddha Yoga	483893461 Rahu 3:41PM – 5:33PM	Balava Until 5:28AM Wed	Nataraja: Yellow		Purnima
Until 10:10AM Then Routine Work - Prabalarishta Yoga			Purnima* Until 4:37PM	Ashada•Adi	Sivaloka Day		
							Partial Lunar Eclipse Satguru Purnima

○	Wednesday, July 17, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Priti Yoga Kaulava Karana Prathamayam Titau				Stamford, CT Sun 29 Sutra 94
	Silver Retreat Star		Gulika 10:08AM – 11:59AM	Uttarashadha Until 12:18PM	Ganesha: Purple	<i>Sunrise:</i> 4:35AM	Vikarin 5121
	Makara Rasi: 6.44	Tithi 16	Yama 6:26AM – 8:17AM	Vishkambha* Until 5:14PM	Muruqa: Blue	<i>Sunset:</i> 7:23PM	Moon 6 - Phase 13
	Creative Work	Amrita Yoga	484893462 Rahu 11:59AM – 1:50PM	Kaulava Until 6:23PM	Nataraja: White		Prathama
Until 12:18PM Then Creative Work - Siddha Yoga			Prathama* Until 6:23PM	Ashada•Adi	Subha Subha Sivaloka Day		



Thursday, July 18, 2019
Gold Retreat Star

Makara Rasi: 18.47 Tithi 17
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dvitiyayam Titau
Gulika 8:18AM – 10:08AM **Shravana Until 3:05PM**
Yama 4:36AM – 6:27AM Priti Until 5:57PM
Rahu 1:50PM – 3:41PM Taitila Until 7:24AM
Dvitiya Until 8:28PM

Stamford, CT Sun 1 Sutra 95
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:36AM
Muruga: Blue Sunset: 7:22PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

1

Friday, July 19, 2019

Kumbha Rasi: 0.44 Tithi 18
494893462 Rahu
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Ayushman Yoga Vanija/Visti* Karana Tritiyayam Titau
Gulika 6:28AM – 8:18AM **Dhanishtha Until 5:57PM**
Yama 3:41PM – 5:31PM Ayushman Until 6:49PM
Rahu 10:09AM – 11:59AM Vanija Until 9:37AM
Tritiya Until 10:47PM

Stamford, CT Sun 2 Sutra 96
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:37AM
Muruga: Blue Sunset: 7:22PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

2

Saturday, July 20, 2019

Kumbha Rasi: 12.37 Tithi 19
494893462 Rahu
Creative Work Amrita Yoga
Until 8:45PM
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Shatabhishak Nakshatra Saubhagya Yoga Bava/Balava Karana Chaturthyam Titau
Gulika 4:38AM – 6:28AM **Shatabhishak Until 8:45PM**
Yama 1:50PM – 3:40PM Saubhagya Until 7:48PM
Rahu 8:19AM – 10:09AM Bava Until 12:00PM
Chaturthi* Until 1:12AM Sun

Stamford, CT Sun 3 Sutra 97
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:38AM
Muruga: Blue Sunset: 7:21PM
Nataraja: White
Moon – Purple
Subha Sivaloka Day
Ashada-Adi

3

Sunday, July 21, 2019

Kumbha Rasi: 24.28 Tithi 20
414893462 Rahu
Creative Work Siddha Yoga
Until 11:53PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau
Gulika 3:40PM – 5:30PM **Purvaproshtapada* Until 11:53PM**
Yama 11:59AM – 1:50PM Sobhana Until 8:46PM
Rahu 5:30PM – 7:20PM Kaulava Until 2:25PM
Panchami Until 3:34AM Mon

Stamford, CT Sun 4 Sutra 98
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:39AM
Muruga: Blue Sunset: 7:20PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

4

Monday, July 22, 2019

Meena Rasi: 6.22 Tithi 21
414893462 Rahu
Family Home Evening
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada Nakshatra Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau
Gulika 1:49PM – 3:39PM **Uttaraproshtapada Until 2:40AM Tue**
Yama 10:10AM – 11:59AM Athiganda* Until 9:35PM
Rahu 6:30AM – 8:20AM Gara Until 4:42PM
Shashthi* Until 5:44AM Tue

Stamford, CT Sun 5 Sutra 99
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:40AM
Muruga: Blue Sunset: 7:19PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

5

Tuesday, July 23, 2019

Meena Rasi: 18.19 Tithi 22
414893462 Rahu
Creative Work Siddha Yoga
Until 4:57AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Sukarma Yoga Visti* Karana Saptamyam Titau
Gulika 12:00PM – 1:49PM **Revati Until 4:57AM Wed**
Yama 8:20AM – 10:10AM Sukarma Until 10:11PM
Rahu 3:39PM – 5:29PM Visti Until 6:42PM
Saptami Until 7:32AM Wed

Stamford, CT Sun 6 Sutra 100
Vikarin 5121
Moon 7 - Phase 14
1st Phase
Ganesha: Clear Sunrise: 4:40AM
Muruga: Blue Sunset: 7:19PM
Nataraja: White
Moon – Clear
Subha Sivaloka Day
Ashada-Adi

D

Wednesday, July 24, 2019
Retreat Star

Mesha Rasi: 0.26 Tithi 22 – 23
424893462 Rahu
Routine Work Marana Yoga
Until 7:04AM Thu
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini Nakshatra Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau
Gulika 10:10AM – 12:00PM **Ashvini Until 7:04AM Thu**
Yama 6:31AM – 8:20AM Dhriti Until 10:26PM
Rahu 12:00PM – 1:49PM Balava Until 8:16PM
Saptami Until 7:32AM

Stamford, CT Sun 7 Sutra 101
Vikarin 5121
Moon 7 - Phase 14
Ashtami
Ganesha: White Sunrise: 4:41AM
Muruga: Blue Sunset: 7:18PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

Thursday, July 25, 2019

Retreat Star

Mesha Rasi: 12.46 Tithi 23 – 24
424893462 Rahu
Creative Work Amrita Yoga
Until 7:04AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Ashvini/Bharani Nakshatra Shula* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau
Gulika 8:21AM – 10:10AM **Ashvini Until 7:04AM**
Yama 4:42AM – 6:32AM Shula* Until 10:10PM
Rahu 1:49PM – 3:38PM Taitila Until 9:13PM
Ashtami* Until 8:48AM

Stamford, CT Sun 8 Sutra 102
Vikarin 5121
Moon 7 - Phase 14
Navami
Ganesha: White Sunrise: 4:42AM
Muruga: Blue Sunset: 7:17PM
Nataraja: White
Moon – White
Subha Subha Sivaloka Day
Ashada-Adi

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


1	Friday, July 26, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Stamford, CT
	Mesha Rasi: 25.23	Tithi 24 – 25	Sun 9	Sutra 103			
	424893462	Rahu	6:32AM – 8:21AM	Bharani Until 8:23AM	Ganesha: White	Sunrise: 4:43AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 3:38PM – 5:27PM	Ganda* Until 9:22PM	Muruga: Blue	Sunset: 7:16PM	Moon 7 - Phase 15
			10:10AM – 12:00PM	Vanija Until 9:27PM	Nataraja: White	2nd Phase	
			Navami* Until 9:25AM	Moon – White	Subha Subha Sivaloka Day		
					Ashada*Adi		

2	Saturday, July 27, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vriddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
	Wrishabha Rasi: 8.21	Tithi 25 – 26	Sun 10	Sutra 104			
	424893462	Rahu	4:44AM – 6:33AM	Krittika Until 8:49AM	Ganesha: White	Sunrise: 4:44AM	Vikarin 5121
	Creative Work	Amrita Yoga	Yama 1:48PM – 3:37PM	Vriddhi Until 7:57PM	Muruga: Blue	Sunset: 7:15PM	Moon 7 - Phase 15
			8:22AM – 10:11AM	Bava Until 8:55PM	Nataraja: White	2nd Phase	
			Dashami Until 9:16AM	Moon – White	Subha Subha Sivaloka Day		
					Ashada*Adi		

3	Sunday, July 28, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Wrishabha Rasi: 21.44	Tithi 26 – 27	Sun 11	Sutra 105			
	424893462	Rahu	3:37PM – 5:25PM	Rohini Until 8:47AM	Ganesha: Yellow	Sunrise: 4:45AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 12:00PM – 1:48PM	Dhruva Until 5:53PM	Muruga: Blue	Sunset: 7:14PM	Moon 7 - Phase 15
			5:25PM – 7:14PM	Kaulava Until 7:36PM	Nataraja: White	2nd Phase	
			Ekadashi* Until 8:20AM	Moon – Yellow	Subha Sivaloka Day		
					Ashada*Adi		

4	Monday, July 29, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vyaghata*/Harshana Yoga Tailla/Vanija Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Mithuna Rasi: 5.34	Tithi 27 – 28	Sun 12	Sutra 106			
	435893462	Rahu	1:48PM – 3:36PM	Mrigashira Until 7:51AM	Ganesha: White	Sunrise: 4:46AM	Vikarin 5121
	Family Home Evening	Amrita Yoga	Yama 10:11AM – 11:59AM	Vyaghata* Until 3:14PM	Muruga: Blue	Sunset: 7:13PM	Moon 7 - Phase 15
Creative Work	Amrita Yoga	6:34AM – 8:23AM	Vanija Until 4:19AM Tue	Nataraja: White	2nd Phase		
Until 7:51AM			Dvadashi* Until 6:39AM	Moon – Yellow	Sivaloka Day		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				
					Ashada*Adi		

5	Tuesday, July 30, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Harshana/Vajra* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Stamford, CT
	Mithuna Rasi: 19.5	Tithi 29	Sun 13	Sutra 107			
	435893462	Rahu	11:59AM – 1:48PM	Ardra Until 6:07AM	Ganesha: White	Sunrise: 4:47AM	Vikarin 5121
	Routine Work	Marana Yoga	Yama 8:23AM – 10:11AM	Harshana Until 12:07PM	Muruga: Blue	Sunset: 7:12PM	Moon 7 - Phase 15
Until 6:07AM		3:36PM – 5:24PM	Visti Until 2:57PM	Nataraja: White	2nd Phase		
Then Creative Work - Siddha Yoga			Chaturdashi* Until 1:27AM Wed	Moon – Yellow	Sivaloka Day		
					Ashada*Adi		

	Wednesday, July 31, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Stamford, CT		
	Retreat Star		Sun 14	Sutra 108					
	Kataka Rasi: 4.28	Tithi 30	445893462	Rahu	10:12AM – 11:59AM	Pushya Until 1:40AM Thu	Ganesha: Green	Sunrise: 4:48AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 6:36AM – 8:24AM	Vajra* Until 8:33AM	Muruga: Blue	Sunset: 7:11PM	Moon 7 - Phase 15		
			11:59AM – 1:47PM	Catuspada Until 11:52AM	Nataraja: White	Amavasya			
			Amavasya* Until 10:11PM	Moon – Blue	Sivaloka Day				
					Ashada*Adi				

Retreat Star	Thursday, August 1, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Vyatipata* Yoga Kintughna*/Bava Karana Prathamayam Titau				Stamford, CT		
	Retreat Star		Sun 15	Sutra 109					
	Kataka Rasi: 19.22	Tithi 1	445893462	Rahu	8:24AM – 10:12AM	Ashlesha* Until 10:50PM	Ganesha: Green	Sunrise: 4:49AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 4:49AM – 6:36AM	Vyatipata* Until 12:45AM Fri	Muruga: Blue	Sunset: 7:10PM	Moon 7 - Phase 15		
Until 10:50PM		1:47PM – 3:35PM	Kintughna Until 8:28AM	Nataraja: White	Prathama				
Then Creative Work - Amrita Yoga			Prathama* Until 6:41PM	Moon – Blue	Sivaloka Day				
					Sravana*Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

1		Friday, August 2, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Varyan Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 16 Sutra 110 Vikarin 5121	
Simha Rasi: 4.24	Tithi 2 - 3	Gulika 6:37AM - 8:25AM	Magha* Until 8:13PM	Ganesha: White	<i>Sunrise:</i> 4:50AM		
		Yama 3:34PM - 5:21PM	Variyan Until 8:43PM	Muruqa: Blue	<i>Sunset:</i> 7:09PM		Moon 7 - Phase 16
		455893462 Rahu 10:12AM - 11:59AM	Taitila Until 1:22AM Sat	Nataraja: White			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 3:07PM	Moon - Red		Sivaloka Day	
Until 8:13PM				Sravana-Adi			
Then Creative Work - Siddha Yoga							

2		Saturday, August 3, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Stamford, CT Sun 17 Sutra 111 Vikarin 5121	
Simha Rasi: 19.26	Tithi 3 - 4	Gulika 4:51AM - 6:38AM	Purvaphalguni Until 5:36PM	Ganesha: White	<i>Sunrise:</i> 4:51AM		
		Yama 1:46PM - 3:33PM	Parigha* Until 4:49PM	Muruqa: Blue	<i>Sunset:</i> 7:08PM		Moon 7 - Phase 16
		455893462 Rahu 8:25AM - 10:12AM	Vanija Until 9:57PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Tritiya Until 11:37AM	Moon - Red		Sivaloka Day	
Until 5:36PM				Sravana-Adi			
Then Routine Work - Marana Yoga							

3		Sunday, August 4, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 18 Sutra 112 Vikarin 5121	
Kanya Rasi: 4.19	Tithi 4 - 5	Gulika 3:33PM - 5:20PM	Uttaraphalguni Until 3:06PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM		
		Yama 11:59AM - 1:46PM	Shiva Until 1:08PM	Muruqa: Blue	<i>Sunset:</i> 7:06PM		Moon 7 - Phase 16
		455993462 Rahu 5:20PM - 7:06PM	Bava Until 6:51PM	Nataraja: White			3rd Phase
Creative Work	Amrita Yoga		Chaturthi* Until 8:20AM	Moon - Red		Subha Sivaloka Day	
		Nag Panchami		Sravana-Adi			

4		Monday, August 5, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT Sun 19 Sutra 113 Vikarin 5121	
Kanya Rasi: 18.57	Tithi 6	Gulika 1:46PM - 3:32PM	Hasta Until 1:17PM	Ganesha: White	<i>Sunrise:</i> 4:53AM		
Family Home Evening		Yama 10:12AM - 11:59AM	Siddha Until 9:45AM	Muruqa: Blue	<i>Sunset:</i> 7:05PM		Moon 7 - Phase 16
Creative Work	Siddha Yoga	465993462 Rahu 6:39AM - 8:26AM	Kaulava Until 4:10PM	Nataraja: White			3rd Phase
Until 1:17PM			Shashthi* Until 3:00AM Tue	Moon - Green		Subha Subha Sivaloka Day	
Then Routine Work - Prabalarishta Yoga				Sravana-Adi			

5		Tuesday, August 6, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Saplamyam Titau		Stamford, CT Sun 20 Sutra 114 Vikarin 5121	
Tula Rasi: 3.13	Tithi 7	Gulika 11:59AM - 1:45PM	Chitra Until 11:52AM	Ganesha: White	<i>Sunrise:</i> 4:54AM		
		Yama 8:26AM - 10:13AM	Sadhya Until 6:48AM	Muruqa: Blue	<i>Sunset:</i> 7:04PM		Moon 7 - Phase 16
		465993462 Rahu 3:31PM - 5:18PM	Gara Until 2:02PM	Nataraja: White			3rd Phase
Creative Work	Siddha Yoga		Saptami Until 1:10AM Wed	Moon - Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Wednesday, August 7, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Sukla Yoga Visti*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 115 Vikarin 5121	
Tula Rasi: 17.07	Tithi 8	Gulika 10:13AM - 11:59AM	Svati Until 10:54AM	Ganesha: White	<i>Sunrise:</i> 4:55AM		
		Yama 6:41AM - 8:27AM	Sukla Until 2:25AM Thu	Muruqa: Blue	<i>Sunset:</i> 7:03PM		Moon 7 - Phase 16
		465993462 Rahu 11:59AM - 1:45PM	Visti Until 12:30PM	Nataraja: White			Ashtami
Creative Work	Siddha Yoga		Ashtami* Until 11:59PM	Moon - Green		Subha Subha Sivaloka Day	
				Sravana-Adi			

Retreat Star		Thursday, August 8, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Brahma Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 116 Vikarin 5121	
Vrischika Rasi: 0.37	Tithi 9	Gulika 8:27AM - 10:13AM	Vishakha Until 10:54AM	Ganesha: Purple	<i>Sunrise:</i> 4:56AM		
		Yama 4:56AM - 6:41AM	Brahma Until 1:02AM Fri	Muruqa: Blue	<i>Sunset:</i> 7:02PM		Moon 7 - Phase 16
		476993462 Rahu 1:44PM - 3:30PM	Balava Until 11:39AM	Nataraja: White			Navami
Creative Work	Siddha Yoga		Navami* Until 11:28PM	Moon - Orange		Sivaloka Day	
				Sravana-Adi			

1		Friday, August 9, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Indra Yoga Taitila/Gara Karana Dashamyam Titau	Stamford, CT Sun 23 Sutra 117 Vikarin 5121
Wrischika Rasi: 13.44	Tithi 10	Gulika 6:42AM – 8:28AM	Anuradha Until 11:24AM	Ganesha: Purple <i>Sunrise:</i> 4:57AM	
		Yama 3:29PM – 5:15PM	Indra Until 12:10AM Sat	Muruqa: Blue <i>Sunset:</i> 7:00PM	Moon 7 - Phase 17
476993462	Rahu 10:13AM – 11:58AM		Taitila Until 11:28AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga			Moon – Orange	
Until 11:24AM		Varalakshmi Vratam	Dashami Until 11:36PM	Sravana*Adi	Sivaloka Day
Then Routine Work - Marana Yoga					

2		Saturday, August 10, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Stamford, CT Sun 24 Sutra 118 Vikarin 5121
Wrischika Rasi: 26.33	Tithi 11	Gulika 4:58AM – 6:43AM	Jyeshtha* Until 12:22PM	Ganesha: Purple <i>Sunrise:</i> 4:58AM	
		Yama 1:43PM – 3:29PM	Vaidhriti* Until 11:45PM	Muruqa: Blue <i>Sunset:</i> 6:59PM	Moon 7 - Phase 17
476993462	Rahu 8:28AM – 10:13AM		Vanija Until 11:55AM	Nataraja: White	4th Phase
Creative Work	Siddha Yoga			Moon – Orange	
Until 11:24AM			Ekadashi Until 12:20AM Sun	Sravana*Adi	Sivaloka Day
Then Routine Work - Marana Yoga					

3		Sunday, August 11, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Dvodashyam Titau	Stamford, CT Sun 25 Sutra 119 Vikarin 5121
Dhanus Rasi: 9.05	Tithi 12	Gulika 3:28PM – 5:13PM	Mula* Until 2:12PM	Ganesha: Clear <i>Sunrise:</i> 4:59AM	
		Yama 11:58AM – 1:43PM	Vishkambha* Until 11:46PM	Muruqa: Blue <i>Sunset:</i> 6:58PM	Moon 7 - Phase 17
486993462	Rahu 5:13PM – 6:58PM		Bava Until 12:56PM	Nataraja: White	4th Phase
Creative Work	Amrita Yoga			Moon – Light Blue	
Until 2:12PM			Dvodashi Until 1:36AM Mon	Sravana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

4		Monday, August 12, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Priti Yoga Kaulava/Taitila Karana Trayodashyam Titau	Stamford, CT Sun 26 Sutra 120 Vikarin 5121
Dhanus Rasi: 21.25	Tithi 13	Gulika 1:43PM – 3:27PM	Purvashadha* Until 4:20PM	Ganesha: Clear <i>Sunrise:</i> 5:00AM	
		Yama 10:13AM – 11:58AM	Priti Until 12:07AM Tue	Muruqa: Blue <i>Sunset:</i> 6:56PM	Moon 7 - Phase 17
486993462	Rahu 6:44AM – 8:29AM		Kaulava Until 2:25PM	Nataraja: White	4th Phase
Family Home Evening				Moon – Light Blue	
Routine Work	Marana Yoga		Trayodashi Until 3:17AM Tue	Sravana*Adi	Subha Sivaloka Day

Pradosha Vrata

5		Tuesday, August 13, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman Yoga Gara/Vanija Karana Chaturdashyam Titau	Stamford, CT Sun 27 Sutra 121 Vikarin 5121
Makara Rasi: 3.34	Tithi 14	Gulika 11:58AM – 1:42PM	Uttarashadha Until 6:38PM	Ganesha: Clear <i>Sunrise:</i> 5:01AM	
		Yama 8:29AM – 10:14AM	Ayushman Until 12:42AM Wed	Muruqa: Blue <i>Sunset:</i> 6:55PM	Moon 7 - Phase 17
486993462	Rahu 3:26PM – 5:11PM		Gara Until 4:16PM	Nataraja: White	4th Phase
Routine Work	Prabalarishta Yoga			Moon – Light Blue	
Until 6:38PM			Chaturdashi* Until 5:18AM Wed	Sravana*Adi	Subha Sivaloka Day
Then Creative Work - Siddha Yoga					

○		Wednesday, August 14, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Saubhagya Yoga Visti* Karana Purnimayam Titau	Stamford, CT Sun 28 Sutra 122 Vikarin 5121
Copper Retreat Star		Gulika 10:14AM – 11:58AM	Shravana Until 9:33PM	Ganesha: White <i>Sunrise:</i> 5:02AM	
Makara Rasi: 15.35	Tithi 15	Yama 6:46AM – 8:30AM	Saubhagya Until 1:29AM Thu	Muruqa: Blue <i>Sunset:</i> 6:54PM	Moon 7 - Phase 17
496993462	Rahu 11:58AM – 1:42PM		Visti Until 6:25PM	Nataraja: White	Purnima
Creative Work	Siddha Yoga			Moon – Purple	
Until 9:33PM		Raksha Bandhan	Purnima* Until 7:32AM Thu	Sravana*Adi	Sivaloka Day
Then Routine Work - Prabalarishta Yoga					

○		Thursday, August 15, 2019		Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Sobhana Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Stamford, CT Sun 29 Sutra 123 Vikarin 5121
Silver Retreat Star		Gulika 8:30AM – 10:14AM	Dhanishtha Until 12:27AM Fri	Ganesha: Yellow <i>Sunrise:</i> 5:03AM	
Makara Rasi: 27.31	Tithi 15 – 16	Yama 5:03AM – 6:46AM	Sobhana Until 2:24AM Fri	Muruqa: Blue <i>Sunset:</i> 6:52PM	Moon 7 - Phase 17
497993462	Rahu 1:41PM – 3:25PM		Balava Until 8:44PM	Nataraja: White	Prathama
Creative Work	Siddha Yoga			Moon – Purple	
Until 9:33PM			Purnima* Until 7:32AM	Sravana*Adi	Subha Sivaloka Day
Then Routine Work - Prabalarishta Yoga					



Friday, August 16, 2019
Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Kumbha Rasi: 9.24 Tithi 16 – 17

497993462

Gulika 6:47AM – 8:30AM
Yama 3:24PM – 5:07PM
Rahu 10:14AM – 11:57AM

Shatabhishak Until 3:16AM Sat
Athiganda* Until 3:21AM Sat
Taitila Until 11:10PM
Prathama* Until 9:55AM

Ganesha: Yellow *Sunrise: 5:04AM*
Muruqa: Blue *Sunset: 6:51PM*
Nataraja: White
Moon – Purple

Moon 8 - Phase 18
1st Phase

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 3:16AM Sat

Then Routine Work - Marana Yoga

1

Saturday, August 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Purvaproshtapada* Nakshatra Sukarma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Kumbha Rasi: 21.15 Tithi 17 – 18

517993462

Gulika 5:05AM – 6:48AM
Yama 1:40PM – 3:23PM
Rahu 8:31AM – 10:14AM

Purvaproshtapada* Until 6:25AM Sun
Sukarma Until 4:18AM Sun
Vanija Until 1:35AM Sun
Dvitiya Until 12:21PM

Ganesha: White *Sunrise: 5:05AM*
Muruqa: Blue *Sunset: 6:49PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Routine Work Marana Yoga

Until 6:25AM Sun

Then Creative Work - Amrita Yoga

2

Sunday, August 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Meena Rasi: 3.07 Tithi 18 – 19

517993462

Gulika 3:22PM – 5:05PM
Yama 11:57AM – 1:40PM
Rahu 5:05PM – 6:48PM

Purvaproshtapada* Until 6:25AM
Dhriti Until 5:12AM Mon
Bava Until 3:55AM Mon
Tritiya Until 2:45PM

Ganesha: White *Sunrise: 5:06AM*
Muruqa: Blue *Sunset: 6:48PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Until 6:25AM

Then Creative Work - Amrita Yoga

3

Monday, August 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Meena Rasi: 15.02 Tithi 19 – 20

517993462

Gulika 1:39PM – 3:22PM
Yama 10:14AM – 11:57AM
Rahu 6:49AM – 8:32AM

Uttaraproshtapada Until 9:16AM
Shula* Until 5:54AM Tue
Kaulava Until 6:03AM Tue
Chaturthi* Until 5:00PM

Ganesha: White *Sunrise: 5:07AM*
Muruqa: Blue *Sunset: 6:46PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

Family Home Evening

Then Creative Work - Amrita Yoga

4

Tuesday, August 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Ashvini Nakshatra Ganda* Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Meena Rasi: 27.01 Tithi 20

517993462

Gulika 11:56AM – 1:39PM
Yama 8:32AM – 10:14AM
Rahu 3:21PM – 5:03PM

Revati Until 11:46AM
Ganda* Until 6:22AM Wed
Kaulava Until 6:03AM
Panchami Until 6:59PM

Ganesha: White *Sunrise: 5:08AM*
Muruqa: Blue *Sunset: 6:45PM*
Nataraja: White
Moon – Clear

Moon 8 - Phase 18
1st Phase

Subha Subha Sivaloka Day

Creative Work Siddha Yoga

5

Wednesday, August 21, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Ashvini/Bharani Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Mesha Rasi: 9.07 Tithi 21

528993462

Gulika 10:14AM – 11:56AM
Yama 6:51AM – 8:32AM
Rahu 11:56AM – 1:38PM

Ashvini Until 2:14PM
Ganda* Until 6:22AM
Gara Until 7:52AM
Shashthi* Until 8:35PM

Ganesha: White *Sunrise: 5:09AM*
Muruqa: Blue *Sunset: 6:44PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Routine Work Marana Yoga

Until 2:14PM

Then Creative Work - Siddha Yoga

6

Thursday, August 22, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Mesha Rasi: 21.25 Tithi 22

528993462

Gulika 8:33AM – 10:14AM
Yama 5:10AM – 6:51AM
Rahu 1:37PM – 3:19PM

Bharani Until 4:04PM
Vridhhi Until 6:30AM
Visti Until 9:13AM
Saptami Until 9:39PM

Ganesha: White *Sunrise: 5:10AM*
Muruqa: Blue *Sunset: 6:42PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
1st Phase

Sivaloka Day

Creative Work Siddha Yoga

Until 4:04PM

Then Routine Work - Marana Yoga

D

Friday, August 23, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Vrishabha Rasi: 3.59 Tithi 23

528993462

Gulika 6:52AM – 8:33AM
Yama 3:18PM – 4:59PM
Rahu 10:14AM – 11:56AM

Krittika Until 5:07PM
Dhruva Until 6:09AM
Balava Until 9:58AM
Ashtami* Until 10:03PM

Ganesha: White *Sunrise: 5:11AM*
Muruqa: Blue *Sunset: 6:41PM*
Nataraja: White
Moon – White

Moon 8 - Phase 18
Ashtami

Sivaloka Day

Creative Work Siddha Yoga

Until 5:07PM

Then Routine Work - Marana Yoga

Saturday, August 24, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini/Mrigashira Nakshatra Harshana Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Vrishabha Rasi: 16.52 Tithi 24

538993462

Gulika 5:12AM – 6:53AM
Yama 1:36PM – 3:17PM
Rahu 8:33AM – 10:14AM

Rohini Until 5:45PM
Harshana Until 3:46AM Sun
Taitila Until 10:00AM
Navami* Until 9:42PM

Ganesha: Clear *Sunrise: 5:12AM*
Muruqa: Blue *Sunset: 6:39PM*
Nataraja: White
Moon – Yellow

Moon 8 - Phase 18
Navami

Subha Sivaloka Day

Creative Work Amrita Yoga

Until 5:45PM

Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself —that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time


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1	Sunday, August 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam				Stamford, CT
			Mrigashira/Ardra Nakshatra Vajra* Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9 Sutra 133
	Mithuna Rasi: 0.09	Tithi 25	Gulika 3:16PM – 4:57PM	Mrigashira Until 5:27PM	Ganesha: Clear	<i>Sunrise:</i> 5:13AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 11:55AM – 1:36PM	Vajra* Until 1:37AM Mon	Muruqa: Blue	<i>Sunset:</i> 6:37PM	Moon 8 - Phase 19
		538993462 Rahu 4:57PM – 6:37PM	Vanija Until 9:14AM	Nataraja: White		2nd Phase	
			Dashami Until 8:33PM	Moon – Yellow		Subha Sivaloka Day	
				Sravana-Avani			

2	Monday, August 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam				Stamford, CT
			Ardra/Punarvasu Nakshatra Siddhi Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10 Sutra 134
	Mithuna Rasi: 13.53	Tithi 26	Gulika 1:35PM – 3:15PM	Ardra Until 4:15PM	Ganesha: Clear	<i>Sunrise:</i> 5:14AM	Vikarin 5121
	Family Home Evening		Yama 10:14AM – 11:55AM	Siddhi Until 10:52PM	Muruqa: Blue	<i>Sunset:</i> 6:36PM	Moon 8 - Phase 19
Creative Work	Siddha Yoga	538993462 Rahu 6:54AM – 8:34AM	Bava Until 7:42AM	Nataraja: White		2nd Phase	
Until 4:15PM			Ekadashi* Until 6:38PM	Moon – Yellow		Subha Sivaloka Day	
Then Creative Work - Amrita Yoga				Sravana-Avani			

3	Tuesday, August 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam				Stamford, CT
			Punarvasu/Pushya Nakshatra Vyatipata* Yoga Tatilla/Gara Karana Dvadashi/Trayodashyam Titau				Sun 11 Sutra 135
	Mithuna Rasi: 28.06	Tithi 27 – 28	Gulika 11:54AM – 1:34PM	Punarvasu Until 2:39PM	Ganesha: Purple	<i>Sunrise:</i> 5:15AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 8:35AM – 10:15AM	Vyatipata* Until 7:36PM	Muruqa: Blue	<i>Sunset:</i> 6:34PM	Moon 8 - Phase 19
		548993462 Rahu 3:14PM – 4:54PM	Gara Until 2:34AM Wed	Nataraja: White		2nd Phase	
			Dvadashi* Until 4:03PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			
				<i>Pradosha Vrata (Fasting)</i>			

4	Wednesday, August 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam				Stamford, CT
			Pushya/Ashlesha* Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Sun 12 Sutra 136
	Kataka Rasi: 12.44	Tithi 28 – 29	Gulika 10:15AM – 11:54AM	Pushya Until 12:20PM	Ganesha: Orange	<i>Sunrise:</i> 5:16AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 6:55AM – 8:35AM	Variyan Until 3:51PM	Muruqa: Blue	<i>Sunset:</i> 6:33PM	Moon 8 - Phase 19
		549193463 Rahu 11:54AM – 1:34PM	Visti Until 11:12PM	Nataraja: Clear		2nd Phase	
			Trayodashi* Until 12:55PM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

	Thursday, August 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam				Stamford, CT
	Retreat Star		Ashlesha*/Magha* Nakshatra Parigha*/Shiva Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Sun 13 Sutra 137
	Kataka Rasi: 27.43	Tithi 29 – 30	Gulika 8:35AM – 10:15AM	Ashlesha* Until 9:29AM	Ganesha: Orange	<i>Sunrise:</i> 5:17AM	Vikarin 5121
	Creative Work	Siddha Yoga	Yama 5:17AM – 6:56AM	Parigha* Until 11:49AM	Muruqa: Blue	<i>Sunset:</i> 6:31PM	Moon 8 - Phase 19
Until 9:29AM		549193463 Rahu 1:33PM – 3:13PM	Catuspada Until 7:31PM	Nataraja: Clear		Amavasya	
Then Creative Work - Amrita Yoga			Chaturdashi* Until 9:23AM	Moon – Blue		Sivaloka Day	
				Sravana-Avani			

Retreat Star	Friday, August 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam				Stamford, CT
			Magha*/Purvaphalguni Nakshatra Shiva/Siddha Yoga Kintughna*/Bava Karana Prathamayam Titau				Sun 14 Sutra 138
	Simha Rasi: 12.55	Tithi 1	Gulika 6:57AM – 8:36AM	Magha* Until 6:39AM	Ganesha: Clear	<i>Sunrise:</i> 5:18AM	Vikarin 5121
	Creative Work	Marana Yoga	Yama 3:12PM – 4:51PM	Shiva Until 7:36AM	Muruqa: Blue	<i>Sunset:</i> 6:30PM	Moon 8 - Phase 19
Until 6:39AM		559193463 Rahu 10:15AM – 11:54AM	Kintughna Until 3:41PM	Nataraja: Clear		Prathama	
Then Creative Work - Siddha Yoga			Prathama* Until 1:45AM Sat	Moon – Red		Sivaloka Day	
				Bhadrapada-Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

1		Saturday, August 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvitiyayam Titau		Stamford, CT Sun 15 Sutra 139 Vikarin 5121	
Simha Rasi: 28.1	Tithi 2	Gulika 5:19AM – 6:57AM	Uttaraphalguni Until 12:35AM Sun	Ganesha: Clear	<i>Sunrise:</i> 5:19AM		
		Yama 1:32PM – 3:11PM	Sadhya Until 11:07PM	Muruqa: Blue	<i>Sunset:</i> 6:28PM		Moon 8 - Phase 20
		559193463 Rahu 8:36AM – 10:15AM	Balava Until 11:52AM	Nataraja: Clear			3rd Phase
Routine Work	Marana Yoga		Dvitiya Until 10:00PM	Moon – Red		Sivaloka Day	
Until 12:35AM Sun				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

2		Sunday, September 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Subha Yoga Taitila/Gara Karana Tritiyayam Titau		Stamford, CT Sun 16 Sutra 140 Vikarin 5121	
Kanya Rasi: 13.19	Tithi 3	Gulika 3:10PM – 4:48PM	Hasta Until 10:06PM	Ganesha: Orange	<i>Sunrise:</i> 5:20AM		
		Yama 11:53AM – 1:31PM	Subha Until 7:11PM	Muruqa: Blue	<i>Sunset:</i> 6:26PM		Moon 8 - Phase 20
		569193463 Rahu 4:48PM – 6:26PM	Taitila Until 8:14AM	Nataraja: Clear			3rd Phase
Creative Work	Amrita Yoga		Tritiya Until 6:31PM	Moon – Green		Sivaloka Day	
Until 10:06PM				Bhadrapada-Avani			
Then Creative Work - Siddha Yoga							

3		Monday, September 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Stamford, CT Sun 17 Sutra 141 Vikarin 5121	
Kanya Rasi: 28.11	Tithi 4 – 5	Gulika 1:31PM – 3:09PM	Chitra Until 7:56PM	Ganesha: Orange	<i>Sunrise:</i> 5:21AM		
Family Home Evening		Yama 10:15AM – 11:53AM	Sukla Until 3:35PM	Muruqa: Blue	<i>Sunset:</i> 6:25PM		Moon 8 - Phase 20
		569193463 Rahu 6:59AM – 8:37AM	Bava Until 2:10AM Tue	Nataraja: Clear			3rd Phase
Routine Work	Prabalarishta Yoga		Chaturthi* Until 3:28PM	Moon – Green		Sivaloka Day	
Until 7:56PM				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

4		Tuesday, September 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Stamford, CT Sun 18 Sutra 142 Vikarin 5121	
Tula Rasi: 12.41	Tithi 5 – 6	Gulika 11:52AM – 1:30PM	Svati Until 6:15PM	Ganesha: Orange	<i>Sunrise:</i> 5:22AM		
		Yama 8:37AM – 10:15AM	Brahma Until 12:28PM	Muruqa: Blue	<i>Sunset:</i> 6:23PM		Moon 8 - Phase 20
		569193463 Rahu 3:08PM – 4:45PM	Kaulava Until 12:02AM Wed	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Panchami Until 1:00PM	Moon – Green		Sivaloka Day	
Until 6:15PM				Bhadrapada-Avani			
Then Routine Work - Marana Yoga							

5		Wednesday, September 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Stamford, CT Sun 19 Sutra 143 Vikarin 5121	
Tula Rasi: 26.43	Tithi 6 – 7	Gulika 10:15AM – 11:52AM	Vishakha Until 5:35PM	Ganesha: Green	<i>Sunrise:</i> 5:23AM		
		Yama 7:00AM – 8:37AM	Indra Until 9:57AM	Muruqa: Blue	<i>Sunset:</i> 6:21PM		Moon 8 - Phase 20
		579193463 Rahu 11:52AM – 1:29PM	Gara Until 10:41PM	Nataraja: Clear			3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 11:14AM	Moon – Orange		Subha Sivaloka Day	
				Bhadrapada-Avani			

Retreat Star		Thursday, September 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau		Stamford, CT Sun 20 Sutra 144 Vikarin 5121	
Vrischika Rasi: 10.17	Tithi 7 – 8	Gulika 8:38AM – 10:15AM	Anuradha Until 5:35PM	Ganesha: Orange	<i>Sunrise:</i> 5:24AM		
		Yama 5:24AM – 7:01AM	Vaidhriti* Until 8:04AM	Muruqa: Blue	<i>Sunset:</i> 6:20PM		Moon 8 - Phase 20
		571193463 Rahu 1:29PM – 3:06PM	Visti Until 10:08PM	Nataraja: Clear			Ashtami
Creative Work	Siddha Yoga		Saptami Until 10:17AM	Moon – Orange		Sivaloka Day	
Until 5:35PM				Bhadrapada-Avani			
Then Routine Work - Prabalarishta Yoga							

Retreat Star		Friday, September 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Stamford, CT Sun 21 Sutra 145 Vikarin 5121	
Vrischika Rasi: 23.23	Tithi 8 – 9	Gulika 7:01AM – 8:38AM	Jyeshtha* Until 6:13PM	Ganesha: Orange	<i>Sunrise:</i> 5:25AM		
		Yama 3:05PM – 4:41PM	Vishkambha* Until 6:50AM	Muruqa: Blue	<i>Sunset:</i> 6:18PM		Moon 8 - Phase 20
		571193463 Rahu 10:15AM – 11:51AM	Balava Until 10:25PM	Nataraja: Clear			Navami
Routine Work	Marana Yoga		Ashtami* Until 10:10AM	Moon – Orange		Sivaloka Day	
Until 6:13PM				Bhadrapada-Avani			
Then Creative Work - Amrita Yoga							

1	Saturday, September 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Stamford, CT
	Dhanus Rasi: 6.06	Tithi 9 – 10	581193463	Gulika 5:26AM – 7:02AM Yama 1:27PM – 3:04PM Rahu 8:38AM – 10:15AM	Mula* Until 7:56PM Priti Until 6:15AM Taitila Until 11:27PM Navami* Until 10:49AM	Ganesha: Green <i>Sunrise:</i> 5:26AM Muruqa: Blue <i>Sunset:</i> 6:16PM Nataraja: Clear Moon – Light Blue	Sun 22 Sutra 146 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day Bhadrapada-Avani
	Creative Work	Siddha Yoga					


2	Sunday, September 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT
	Dhanus Rasi: 18.29	Tithi 10 – 11	581193463	Gulika 3:03PM – 4:39PM Yama 11:51AM – 1:27PM Rahu 4:39PM – 6:15PM	Purvashadha* Until 10:05PM Ayushman Until 6:11AM Vanija Until 1:05AM Mon Dashami Until 12:10PM	Ganesha: Green <i>Sunrise:</i> 5:27AM Muruqa: Blue <i>Sunset:</i> 6:15PM Nataraja: Clear Moon – Light Blue	Sun 23 Sutra 147 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day Bhadrapada-Avani
	Creative Work	Siddha Yoga		Grandparent's Day			
	Until 10:05PM						
	Then Creative Work - Amrita Yoga						


3	Monday, September 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
	Makara Rasi: 0.39	Tithi 11 – 12	581193463	Gulika 1:26PM – 3:02PM Yama 10:15AM – 11:50AM Rahu 7:03AM – 8:39AM	Uttarashadha Until 12:30AM Tue Saubhagya Until 6:34AM Bava Until 3:09AM Tue Ekadashi Until 2:03PM	Ganesha: Green <i>Sunrise:</i> 5:28AM Muruqa: Blue <i>Sunset:</i> 6:13PM Nataraja: Clear Moon – Light Blue	Sun 24 Sutra 148 Vikarin 5121 Moon 8 - Phase 21 4th Phase Devaloka Day Bhadrapada-Avani
	Family Home Evening	Marana Yoga					
	Routine Work						
	Until 12:30AM Tue						
	Then Creative Work - Siddha Yoga						

4	Tuesday, September 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT
	Makara Rasi: 12.38	Tithi 12 – 13	591193463	Gulika 11:50AM – 1:25PM Yama 8:39AM – 10:15AM Rahu 3:01PM – 4:36PM	Shravana Until 3:32AM Wed Sobhana Until 7:16AM Kaulava Until 5:29AM Wed Dvadashi Until 4:16PM	Ganesha: Red <i>Sunrise:</i> 5:29AM Muruqa: Blue <i>Sunset:</i> 6:11PM Nataraja: Clear Moon – Purple	Sun 25 Sutra 149 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day Bhadrapada-Avani
	Creative Work	Siddha Yoga					
	Until 3:32AM Wed						
	Then Routine Work - Prabalarishta Yoga				<i>Pradosha Vrata</i>		

5	Wednesday, September 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Trayodashyam Titau				Stamford, CT
	Makara Rasi: 24.32	Tithi 13	591193463	Gulika 10:15AM – 11:50AM Yama 7:05AM – 8:40AM Rahu 11:50AM – 1:25PM	Dhanishtha Until 6:31AM Thu Athiganda* Until 8:07AM Taitila Until 6:41PM Trayodashi Until 6:41PM	Ganesha: Red <i>Sunrise:</i> 5:30AM Muruqa: Blue <i>Sunset:</i> 6:10PM Nataraja: Clear Moon – Purple	Sun 26 Sutra 150 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day Bhadrapada-Avani
	Routine Work	Prabalarishta Yoga		Chidambaram Abhishekam			
	Until 6:31AM Thu						
	Then Creative Work - Siddha Yoga						

6	Thursday, September 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
	Kumbha Rasi: 6.24	Tithi 14	591193463	Gulika 8:40AM – 10:15AM Yama 5:31AM – 7:05AM Rahu 1:24PM – 2:59PM	Dhanishtha Until 6:31AM Sukarma Until 9:04AM Gara Until 7:57AM Chaturdashi* Until 9:09PM	Ganesha: Red <i>Sunrise:</i> 5:31AM Muruqa: Blue <i>Sunset:</i> 6:08PM Nataraja: Clear Moon – Purple	Sun 27 Sutra 151 Vikarin 5121 Moon 8 - Phase 21 4th Phase Sivaloka Day Bhadrapada-Avani
	Creative Work	Siddha Yoga		Avani Avittam			

	Friday, September 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Shalabhishak/Purvaprosarthapada* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
	Copper Retreat Star			Gulika 7:06AM – 8:40AM Yama 2:58PM – 4:32PM Rahu 10:15AM – 11:49AM	Shatabhishak Until 9:20AM Dhriti Until 10:01AM Visti Until 10:24AM Purnima* Until 11:36PM	Ganesha: Red <i>Sunrise:</i> 5:31AM Muruqa: Purple <i>Sunset:</i> 6:06PM Nataraja: Clear Moon – Purple	Sutra 152 Vikarin 5121 Moon 8 - Phase 21 Purnima Sivaloka Day Bhadrapada-Avani
	Kumbha Rasi: 18.16	Tithi 15	591113463				
	Creative Work	Siddha Yoga					

	Saturday, September 14, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT
	Silver Retreat Star			Gulika 5:32AM – 7:06AM Yama 1:23PM – 2:57PM Rahu 8:41AM – 10:15AM	Purvaprosarthapada* Until 12:25PM Shula* Until 10:53AM Balava Until 12:48PM Prathama* Until 1:55AM Sun	Ganesha: Red <i>Sunrise:</i> 5:32AM Muruqa: Purple <i>Sunset:</i> 6:05PM Nataraja: Clear Moon – Clear	Sutra 153 Vikarin 5121 Moon 8 - Phase 21 Prathama Sivaloka Day Bhadrapada-Avani
	Meena Rasi: 0.08	Tithi 16	511113463				
	Routine Work	Marana Yoga					
	Until 12:25PM						
	Then Creative Work - Siddha Yoga						

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Sunday, September 15, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Ganda*/Vridhhi Yoga Tailila/Gara Karana Dvilyayam Titau

Stamford, CT

Sun 1 Sutra 154

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 12.04 Tithi 17

512113463

Gulika

2:56PM - 4:29PM

Uttaraproshtapada Until 3:13PM

Ganesha: Yellow

Sunrise: 5:33AM

Yama

11:48AM - 1:22PM

Ganda* Until 11:40AM

Muruqa: Purple

Sunset: 6:03PM

Rahu

4:29PM - 6:03PM

Taitila Until 3:03PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Creative Work Amrita Yoga

Dvitiya Until 4:05AM Mon

Bhadrapada-Avani

1

Monday, September 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT

Sun 2 Sutra 155

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Meena Rasi: 24.03 Tithi 18

512113463

Gulika

1:21PM - 2:54PM

Revati Until 5:39PM

Ganesha: Yellow

Sunrise: 5:34AM

Yama

10:14AM - 11:48AM

Vridhhi Until 12:20PM

Muruqa: Purple

Sunset: 6:01PM

Rahu

7:08AM - 8:41AM

Vanija Until 5:06PM

Nataraja: Clear

Moon - Clear

Sivaloka Day

Family Home Evening
Creative Work Siddha Yoga

Tritiya Until 6:02AM Tue

Bhadrapada-Avani

2

Tuesday, September 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini Nakshatra Dhruva/Vyaghata* Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 156

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 6.08 Tithi 18 - 19

522113463

Gulika

11:47AM - 1:20PM

Ashvini Until 8:11PM

Ganesha: White

Sunrise: 5:35AM

Yama

8:41AM - 10:14AM

Dhruva Until 12:46PM

Muruqa: Purple

Sunset: 5:59PM

Rahu

2:53PM - 4:26PM

Bava Until 6:55PM

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Tritiya Until 6:02AM

Bhadrapada-Puratasi

3

Wednesday, September 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 4 Sutra 157

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Mesha Rasi: 18.2 Tithi 19 - 20

522113463

Gulika

10:14AM - 11:47AM

Bharani Until 10:13PM

Ganesha: White

Sunrise: 5:36AM

Yama

7:09AM - 8:42AM

Vyaghata* Until 12:59PM

Muruqa: Purple

Sunset: 5:58PM

Rahu

11:47AM - 1:20PM

Kaulava Until 8:23PM

Nataraja: Clear

Moon - White

Devaloka Day

Creative Work Siddha Yoga

Chaturthi* Until 7:41AM

Bhadrapada-Puratasi

Until 10:13PM

Then Creative Work - Amrita Yoga

4

Thursday, September 19, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Harshana/Vajra* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 5 Sutra 158

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 0.41 Tithi 20 - 21

522113463

Gulika

8:42AM - 10:14AM

Krittika Until 11:39PM

Ganesha: White

Sunrise: 5:37AM

Yama

5:37AM - 7:10AM

Harshana Until 12:55PM

Muruqa: Purple

Sunset: 5:56PM

Rahu

1:19PM - 2:51PM

Gara Until 9:26PM

Nataraja: Clear

Moon - White

Devaloka Day

Routine Work Marana Yoga

Panchami Until 8:57AM

Bhadrapada-Puratasi

5

Friday, September 20, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 6 Sutra 159

Vikarin 5121

Moon 9 - Phase 22

1st Phase

Vrishabha Rasi: 13.15 Tithi 21 - 22

532113463

Gulika

7:10AM - 8:42AM

Rohini Until 12:52AM Sat

Ganesha: Clear

Sunrise: 5:38AM

Yama

2:50PM - 4:22PM

Vajra* Until 12:24PM

Muruqa: Purple

Sunset: 5:54PM

Rahu

10:14AM - 11:46AM

Visti Until 9:55PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Routine Work Marana Yoga

Shashthi* Until 9:44AM

Bhadrapada-Puratasi

Until 12:52AM Sat

Then Creative Work - Siddha Yoga

6

Saturday, September 21, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira Nakshatra Siddhi/Vyatipata* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 7 Sutra 160

Vikarin 5121

Moon 9 - Phase 22

Ashtami

Vrishabha Rasi: 26.05 Tithi 22 - 23

532113463

Gulika

5:39AM - 7:11AM

Mrigashira Until 1:17AM Sun

Ganesha: Clear

Sunrise: 5:39AM

Yama

1:18PM - 2:49PM

Siddhi Until 11:26AM

Muruqa: Purple

Sunset: 5:53PM

Rahu

8:43AM - 10:14AM

Balava Until 9:45PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Saptami Until 9:54AM

Bhadrapada-Puratasi

Sunday, September 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Vyatipata*/Variyan Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 8 Sutra 161

Vikarin 5121

Moon 9 - Phase 22

Navami

Mithuna Rasi: 9.16 Tithi 23 - 24

532213463

Gulika

2:48PM - 4:20PM

Ardra Until 12:50AM Mon

Ganesha: Orange

Sunrise: 5:40AM

Yama

11:46AM - 1:17PM

Vyatipata* Until 9:55AM

Muruqa: Purple

Sunset: 5:51PM

Rahu

4:20PM - 5:51PM

Taitila Until 8:52PM

Nataraja: Clear

Moon - Yellow

Sivaloka Day

Creative Work Siddha Yoga

Ashtami* Until 9:23AM

Bhadrapada-Puratasi

Until 12:50AM Mon

Then Creative Work - Amrita Yoga


1		Monday, September 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Variyan/Parigha* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Stamford, CT Sun 9 Sutra 162 Vikarin 5121
Mithuna Rasi: 22.52	Tithi 24 – 25	Gulika 1:16PM – 2:47PM	Punarvasu Until 11:59PM	Ganesha: Light Blue <i>Sunrise:</i> 5:41AM	
Family Home Evening	542213463	Yama 10:14AM – 11:45AM	Variyan Until 7:48AM	Muruqa: Purple <i>Sunset:</i> 5:49PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 7:12AM – 8:43AM	Vanija Until 7:16PM	Nataraja: Clear	2nd Phase
Until 11:59PM			Navami* Until 8:08AM	Moon – Blue	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi	

2		Tuesday, September 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Shiva Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	Stamford, CT Sun 10 Sutra 163 Vikarin 5121
Kataka Rasi: 6.53	Tithi 25 – 26	Gulika 11:45AM – 1:16PM	Pushya Until 10:18PM	Ganesha: Light Blue <i>Sunrise:</i> 5:42AM	
	542213463	Yama 8:44AM – 10:14AM	Shiva Until 1:56AM Wed	Muruqa: Purple <i>Sunset:</i> 5:47PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 2:46PM – 4:17PM	Balava Until 3:36AM Wed	Nataraja: Clear	2nd Phase
			Dashami Until 6:11AM	Moon – Blue	Devaloka Day
				Bhadrapada-Puratasi	

3		Wednesday, September 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Dvadashyam Titau	Stamford, CT Sun 11 Sutra 164 Vikarin 5121
Kataka Rasi: 21.2	Tithi 27	Gulika 10:14AM – 11:45AM	Ashlesha* Until 7:57PM	Ganesha: Light Blue <i>Sunrise:</i> 5:43AM	
	542213463	Yama 7:14AM – 8:44AM	Siddha Until 10:17PM	Muruqa: Purple <i>Sunset:</i> 5:46PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 11:45AM – 1:15PM	Kaulava Until 2:07PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 12:29AM Thu	Moon – Blue	Devaloka Day
				Bhadrapada-Puratasi	

4		Thursday, September 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Stamford, CT Sun 12 Sutra 165 Vikarin 5121
Simha Rasi: 6.1	Tithi 28	Gulika 8:44AM – 10:14AM	Magha* Until 5:26PM	Ganesha: Purple <i>Sunrise:</i> 5:44AM	
	552213463	Yama 5:44AM – 7:14AM	Sadhya Until 6:18PM	Muruqa: Purple <i>Sunset:</i> 5:44PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 1:14PM – 2:44PM	Gara Until 10:47AM	Nataraja: Clear	2nd Phase
Until 5:26PM			Trayodashi* Until 8:59PM	Moon – Red	Devaloka Day
Then Creative Work - Siddha Yoga				Bhadrapada-Puratasi	
			<i>Pradosha Vrata (Fasting)</i>		

5		Friday, September 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha/Sukla Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Stamford, CT Sun 13 Sutra 166 Vikarin 5121
Simha Rasi: 21.15	Tithi 29 – 30	Gulika 7:15AM – 8:45AM	Purvaphalguni Until 2:31PM	Ganesha: Purple <i>Sunrise:</i> 5:45AM	
	552213463	Yama 2:43PM – 4:13PM	Subha Until 2:07PM	Muruqa: Purple <i>Sunset:</i> 5:42PM	Moon 9 - Phase 23
Creative Work Siddha Yoga		Rahu 10:14AM – 11:44AM	Visti Until 7:09AM	Nataraja: Clear	2nd Phase
			Chaturdashi* Until 5:15PM	Moon – Red	Devaloka Day
				Bhadrapada-Puratasi	

		Saturday, September 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla/Brahma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Stamford, CT Sun 14 Sutra 167 Vikarin 5121
Retreat Star		Gulika 5:47AM – 7:16AM	Uttaraphalguni Until 11:24AM	Ganesha: Purple <i>Sunrise:</i> 5:47AM	
Kanya Rasi: 6.29	Tithi 30 – 1	Yama 1:13PM – 2:42PM	Sukla Until 9:51AM	Muruqa: Purple <i>Sunset:</i> 5:41PM	Moon 9 - Phase 23
	653213463	Rahu 8:45AM – 10:14AM	Kintughna Until 11:37PM	Nataraja: Clear	Amavasya
Routine Work Marana Yoga			Amavasya* Until 1:28PM	Moon – Red	Devaloka Day
		Mahalaya Amavasai (Tamil Nadu)		Bhadrapada-Puratasi	

Retreat Star		Sunday, September 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stamford, CT Sun 15 Sutra 168 Vikarin 5121
Kanya Rasi: 21.4	Tithi 1 – 2	Gulika 2:41PM – 4:10PM	Hasta Until 8:39AM	Ganesha: Light Blue <i>Sunrise:</i> 5:48AM	
	663213463	Yama 11:43AM – 1:12PM	Indra Until 1:41AM Mon	Muruqa: Purple <i>Sunset:</i> 5:39PM	Moon 9 - Phase 23
Creative Work Amrita Yoga		Rahu 4:10PM – 5:39PM	Balava Until 8:04PM	Nataraja: Clear	Prathama
Until 8:39AM			Prathama* Until 9:47AM	Moon – Green	Devaloka Day
Then Creative Work - Siddha Yoga		Navaratri Begins		Ashvina-Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

Monday, September 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svatil Nakshatra Vaidhrili* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau		Stamford, CT Sun 16 Sutra 169 Vikarin 5121
1		Gulika 1:12PM – 2:40PM	Chitra Until 6:02AM	Ganesha: Light Blue <i>Sunrise:</i> 5:49AM
Tula Rasi: 6.38	Tithi 2 – 3	Yama 10:14AM – 11:43AM	Vaidhrili* Until 10:03PM	Muruqa: Purple <i>Sunset:</i> 5:37PM
Family Home Evening	663213463	Rahu 7:17AM – 8:46AM	Gara Until 3:30AM Tue	Nataraja: Clear
Routine Work Prabalarishta Yoga			Dvitiya Until 6:24AM	Moon – Green
Until 6:02AM				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Tuesday, October 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Vanija/Vistil* Karana Chaturthyam Titau		Stamford, CT Sun 17 Sutra 170 Vikarin 5121
2		Gulika 11:43AM – 1:11PM	Vishakha Until 2:23AM Wed	Ganesha: Purple <i>Sunrise:</i> 5:50AM
Tula Rasi: 21.16	Tithi 4	Yama 8:46AM – 10:14AM	Vishkambha* Until 6:54PM	Muruqa: Purple <i>Sunset:</i> 5:36PM
673213463		Rahu 2:39PM – 4:07PM	Vanija Until 2:17PM	Nataraja: Clear
Routine Work Marana Yoga			Chaturthi* Until 1:13AM Wed	Moon – Orange
Until 2:23AM Wed				Devaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Wednesday, October 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Panchamyam Titau		Stamford, CT Sun 18 Sutra 171 Vikarin 5121
3		Gulika 10:14AM – 11:42AM	Anuradha Until 1:38AM Thu	Ganesha: Purple <i>Sunrise:</i> 5:51AM
Vrischika Rasi: 5.26	Tithi 5	Yama 7:19AM – 8:46AM	Priti Until 4:22PM	Muruqa: Purple <i>Sunset:</i> 5:34PM
673213463		Rahu 11:42AM – 1:10PM	Bava Until 12:22PM	Nataraja: Clear
Creative Work Siddha Yoga			Panchami Until 11:42PM	Moon – Orange
Until 1:38AM Thu				Devaloka Day
Then Routine Work - Prabalarishta Yoga				Ashvina+Puratasi

Thursday, October 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Shashthyam Titau		Stamford, CT Sun 19 Sutra 172 Vikarin 5121
4		Gulika 8:47AM – 10:14AM	Jyeshtha* Until 1:36AM Fri	Ganesha: Purple <i>Sunrise:</i> 5:52AM
Vrischika Rasi: 19.06	Tithi 6	Yama 5:52AM – 7:19AM	Ayushman Until 2:29PM	Muruqa: Purple <i>Sunset:</i> 5:32PM
673213463		Rahu 1:10PM – 2:37PM	Kaulava Until 11:17AM	Nataraja: Clear
Routine Work Prabalarishta Yoga			Shashthi* Until 11:03PM	Moon – Orange
Until 1:36AM Fri				Devaloka Day
Then Creative Work - Amrita Yoga				Ashvina+Puratasi

Friday, October 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Saptamyam Titau		Stamford, CT Sun 20 Sutra 173 Vikarin 5121
5		Gulika 7:20AM – 8:47AM	Mula* Until 2:45AM Sat	Ganesha: Clear <i>Sunrise:</i> 5:53AM
Dhanus Rasi: 2.17	Tithi 7	Yama 2:36PM – 4:03PM	Saubhagya Until 1:19PM	Muruqa: Purple <i>Sunset:</i> 5:31PM
683213463		Rahu 10:14AM – 11:42AM	Gara Until 11:06AM	Nataraja: Clear
Creative Work Amrita Yoga			Saptami Until 11:19PM	Moon – Light Blue
Until 2:45AM Sat				Sivaloka Day
Then Creative Work - Siddha Yoga				Ashvina+Puratasi

Saturday, October 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Vistil*/Bava Karana Ashtamyam Titau		Stamford, CT Sun 21 Sutra 174 Vikarin 5121
Retreat Star		Gulika 5:54AM – 7:21AM	Purvashadha* Until 4:32AM Sun	Ganesha: Clear <i>Sunrise:</i> 5:54AM
Dhanus Rasi: 15.01	Tithi 8	Yama 1:08PM – 2:35PM	Sobhana Until 12:51PM	Muruqa: Purple <i>Sunset:</i> 5:29PM
683213463		Rahu 8:48AM – 10:14AM	Vistil* Until 11:47AM	Nataraja: Clear
Creative Work Siddha Yoga			Ashtami* Until 12:24AM Sun	Moon – Light Blue
Until 4:32AM Sun				Sivaloka Day
Then Creative Work - Amrita Yoga		Durga Ashtami		Ashvina+Puratasi

Sunday, October 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Navamyam Titau		Stamford, CT Sun 22 Sutra 175 Vikarin 5121
Retreat Star		Gulika 2:34PM – 4:01PM	Uttarashadha Until 6:46AM Mon	Ganesha: Clear <i>Sunrise:</i> 5:55AM
Dhanus Rasi: 27.24	Tithi 9	Yama 11:41AM – 1:08PM	Athiganda* Until 12:55PM	Muruqa: Purple <i>Sunset:</i> 5:27PM
683213463		Rahu 4:01PM – 5:27PM	Balava Until 1:14PM	Nataraja: Clear
Creative Work Amrita Yoga			Navami* Until 2:11AM Mon	Moon – Light Blue
		Saraswathi Puja (Tamil Nadu)		Sivaloka Day
				Ashvina+Puratasi


Monday, October 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT Sun 23 Sutra 176 Vikarin 5121
1		Gulika 1:07PM – 2:33PM	Uttarashadha Until 6:46AM	Ganesha: Clear	<i>Sunrise:</i> 5:56AM	
Makara Rasi: 9.31	Tithi 10	Yama 10:15AM – 11:41AM	Sukarma Until 1:28PM	Muruqa: Purple	<i>Sunset:</i> 5:26PM	Moon 9 - Phase 25
Family Home Evening	683213463	Rahu 7:22AM – 8:48AM	Taitila Until 3:17PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga			Dashami Until 4:25AM Tue	Moon – Light Blue		Sivaloka Day
Until 6:46AM				Ashvina+Puratasi		
Then Creative Work - Amrita Yoga						


Tuesday, October 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Vistil* Karana Ekadashyam Titau				Stamford, CT Sun 24 Sutra 177 Vikarin 5121
2		Gulika 11:41AM – 1:06PM	Shravana Until 9:45AM	Ganesha: White	<i>Sunrise:</i> 5:57AM	
Makara Rasi: 21.28	Tithi 11	Yama 8:49AM – 10:15AM	Dhriti Until 2:18PM	Muruqa: Purple	<i>Sunset:</i> 5:24PM	Moon 9 - Phase 25
	693213464	Rahu 2:32PM – 3:58PM	Vanija Until 5:40PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Ekadashi Until 6:55AM Wed	Moon – Purple		Sivaloka Day
		Vijaya Dasami		Ashvina+Puratasi		

Wednesday, October 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 178 Vikarin 5121
3		Gulika 10:15AM – 11:40AM	Dhanishtha Until 12:46PM	Ganesha: White	<i>Sunrise:</i> 5:58AM	
Kumbha Rasi: 3.19	Tithi 11 – 12	Yama 7:24AM – 8:49AM	Shula* Until 3:13PM	Muruqa: Purple	<i>Sunset:</i> 5:23PM	Moon 9 - Phase 25
	693213464	Rahu 11:40AM – 1:06PM	Bava Until 8:13PM	Nataraja: Purple		4th Phase
Routine Work Prabalarishta Yoga			Ekadashi Until 6:55AM	Moon – Purple		Sivaloka Day
Until 12:46PM		Kadaitswami Mahasamadhi		Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

Thursday, October 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26 Sutra 179 Vikarin 5121
4		Gulika 8:50AM – 10:15AM	Shatabhishak Until 3:36PM	Ganesha: White	<i>Sunrise:</i> 5:59AM	
Kumbha Rasi: 15.1	Tithi 12 – 13	Yama 5:59AM – 7:24AM	Ganda* Until 4:09PM	Muruqa: Purple	<i>Sunset:</i> 5:21PM	Moon 9 - Phase 25
	693213464	Rahu 1:05PM – 2:30PM	Kaulava Until 10:43PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Dvadashi Until 9:27AM	Moon – Purple		Sivaloka Day
				Ashvina+Puratasi		
				<i>Pradosha Vrata</i>		

Friday, October 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 180 Vikarin 5121
5		Gulika 7:25AM – 8:50AM	Purvaproshtapada* Until 6:40PM	Ganesha: Blue	<i>Sunrise:</i> 6:00AM	
Kumbha Rasi: 27.02	Tithi 13 – 14	Yama 2:30PM – 3:54PM	Vridhhi Until 5:00PM	Muruqa: Purple	<i>Sunset:</i> 5:19PM	Moon 9 - Phase 25
	613213464	Rahu 10:15AM – 11:40AM	Gara Until 1:04AM Sat	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 11:53AM	Moon – Clear		Sivaloka Day
		Chidambaram Abhishekam		Ashvina+Puratasi		

Saturday, October 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Stamford, CT Sutra 181 Vikarin 5121
	Copper Retreat Star	Gulika 6:01AM – 7:26AM	Uttaraproshtapada Until 9:21PM	Ganesha: Blue	<i>Sunrise:</i> 6:01AM	
Meena Rasi: 8.58	Tithi 14 – 15	Yama 1:04PM – 2:29PM	Dhruva Until 5:40PM	Muruqa: Purple	<i>Sunset:</i> 5:18PM	Moon 9 - Phase 25
	613213464	Rahu 8:50AM – 10:15AM	Vistil Until 3:11AM Sun	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Chaturdashi* Until 2:08PM	Moon – Clear		Sivaloka Day
Until 9:21PM				Ashvina+Puratasi		
Then Routine Work - Prabalarishta Yoga						

Sunday, October 13, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT Sutra 182 Vikarin 5121
	Silver Retreat Star	Gulika 2:28PM – 3:52PM	Revati Until 11:38PM	Ganesha: Yellow	<i>Sunrise:</i> 6:02AM	
Meena Rasi: 21	Tithi 15 – 16	Yama 11:39AM – 1:03PM	Vyaghata* Until 6:08PM	Muruqa: Purple	<i>Sunset:</i> 5:16PM	Moon 9 - Phase 25
	614213464	Rahu 3:52PM – 5:16PM	Balava Until 5:02AM Mon	Nataraja: Purple		Prathama
Creative Work Amrita Yoga			Purnima* Until 4:07PM	Moon – Clear		Subha Sivaloka Day
Until 11:38PM				Ashvina+Puratasi		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda



Monday, October 14, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 183

Vikarin 5121

Mesha Rasi: 3.08 Tithi 16 – 17

Family Home Evening

624213464

Gulika

1:03PM – 2:27PM

Yama

10:15AM – 11:39AM

Rahu

7:27AM – 8:51AM

Ashvini Until 1:57AM Tue

Harshana Until 6:25PM

Taitila Until 6:35AM Tue

Prathama* Until 5:50PM

Ganesha: White

Sunrise: 6:03AM

Muruqa: Purple

Sunset: 5:15PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina•Puratasi

Moon 10 - Phase 26

1st Phase

Tuesday, October 15, 2019

1

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Vajra* Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 184

Vikarin 5121

Mesha Rasi: 15.24 Tithi 17

Creative Work Siddha Yoga

Until 3:48AM Wed

Then Creative Work - Amrita Yoga

624213464

Gulika

11:39AM – 1:02PM

Yama

8:52AM – 10:15AM

Rahu

2:26PM – 3:49PM

Bharani Until 3:48AM Wed

Vajra* Until 6:25PM

Taitila Until 6:35AM

Dvitiya Until 7:13PM

Ganesha: White

Sunrise: 6:04AM

Muruqa: Purple

Sunset: 5:13PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina•Puratasi

Sun 1

Moon 10 - Phase 26

1st Phase

Wednesday, October 16, 2019

2

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT

Sutra 185

Vikarin 5121

Mesha Rasi: 27.48 Tithi 18

Creative Work Amrita Yoga

Until 5:09AM Thu

Then Routine Work - Marana Yoga

624213464

Gulika

10:15AM – 11:39AM

Yama

7:29AM – 8:52AM

Rahu

11:39AM – 1:02PM

Krittika Until 5:09AM Thu

Siddhi Until 6:11PM

Vanija Until 7:49AM

Tritiya Until 8:17PM

Ganesha: White

Sunrise: 6:06AM

Muruqa: Purple

Sunset: 5:12PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Ashvina•Puratasi

Sun 2

Moon 10 - Phase 26

1st Phase

Thursday, October 17, 2019

3

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sutra 186

Vikarin 5121

Vrishabha Rasi: 10.21 Tithi 19

Routine Work Marana Yoga

Until 6:27AM Fri

Then Creative Work - Siddha Yoga

634313464

Gulika

8:53AM – 10:15AM

Yama

6:07AM – 7:30AM

Rahu

1:01PM – 2:24PM

Rohini Until 6:27AM Fri

Vyatipata* Until 5:40PM

Bava Until 8:42AM

Chaturthi* Until 8:58PM

Ganesha: White

Sunrise: 6:07AM

Muruqa: Purple

Sunset: 5:10PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

Sun 3

Moon 10 - Phase 26

1st Phase

Friday, October 18, 2019

4

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigashira Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sutra 187

Vikarin 5121

Vrishabha Rasi: 23.05 Tithi 20

Routine Work Marana Yoga

Until 6:27AM

Then Creative Work - Siddha Yoga

634313464

Gulika

7:30AM – 8:53AM

Yama

2:23PM – 3:46PM

Rahu

10:16AM – 11:38AM

Rohini Until 6:27AM

Variyan Until 4:49PM

Kaulava Until 9:11AM

Panchami Until 9:14PM

Ganesha: White

Sunrise: 6:08AM

Muruqa: Purple

Sunset: 5:09PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

Sun 4

Moon 10 - Phase 26

1st Phase

Saturday, October 19, 2019

5

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigashira/Ardra Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sutra 188

Vikarin 5121

Mithuna Rasi: 6.02 Tithi 21

Creative Work Siddha Yoga

634313464

Gulika

6:09AM – 7:31AM

Yama

1:00PM – 2:22PM

Rahu

8:53AM – 10:16AM

Mrigashira Until 7:09AM

Parigha* Until 3:36PM

Gara Until 9:13AM

Shashthi* Until 9:01PM

Ganesha: White

Sunrise: 6:09AM

Muruqa: Purple

Sunset: 5:07PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

Sun 5

Moon 10 - Phase 26

1st Phase

Sunday, October 20, 2019

6

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Sutra 189

Vikarin 5121

Mithuna Rasi: 19.14 Tithi 22

Creative Work Siddha Yoga

634313464

Gulika

2:22PM – 3:44PM

Yama

11:38AM – 1:00PM

Rahu

3:44PM – 5:06PM

Ardra Until 7:12AM

Shiva Until 1:59PM

Visti Until 8:44AM

Saptami Until 8:15PM

Ganesha: White

Sunrise: 6:10AM

Muruqa: Purple

Sunset: 5:06PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Ashvina•Aipasi

Sun 6

Moon 10 - Phase 26

1st Phase

Monday, October 21, 2019

D

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sutra 190

Vikarin 5121

Kataka Rasi: 2.44 Tithi 23

Family Home Evening

644313464

Gulika

12:59PM – 2:21PM

Yama

10:16AM – 11:38AM

Rahu

7:33AM – 8:54AM

Punarvasu Until 7:01AM

Siddha Until 11:54AM

Balava Until 7:41AM

Ashtami* Until 6:56PM

Ganesha: Clear

Sunrise: 6:11AM

Muruqa: Purple

Sunset: 5:04PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Ashvina•Aipasi

Sun 7

Moon 10 - Phase 26

Ashtami

Tuesday, October 22, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sadhya/Subha Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Stamford, CT

Sutra 191

Vikarin 5121

Kataka Rasi: 16.35 Tithi 24 – 25

Creative Work Siddha Yoga

644313464

Gulika

11:37AM – 12:59PM

Yama

8:55AM – 10:16AM

Rahu

2:20PM – 3:41PM

Pushya Until 6:07AM

Sadhya Until 9:21AM

Taitila Until 6:04AM

Navami* Until 5:02PM

Ganesha: Clear

Sunrise: 6:12AM

Muruqa: Purple

Sunset: 5:03PM

Nataraja: Purple

Moon – Blue

Subha Sivaloka Day

Ashvina•Aipasi

Sun 8

Moon 10 - Phase 26

Navami

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

All times are standard time


www.gurudeva.org/panchang

1		Wednesday, October 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 9 Sutra 192	
Simha Rasi: 0.47	Tithi 25 – 26	Gulika 10:16AM – 11:37AM	Magha* Until 2:45AM Thu	Ganesha: Purple	<i>Sunrise:</i> 6:13AM		Vikarin 5121
		Yama 7:34AM – 8:55AM	Subha Until 6:24AM	Muruqa: Purple	<i>Sunset:</i> 5:01PM		Moon 10 - Phase 27
	654313464	Rahu 11:37AM – 12:58PM	Bava Until 1:16AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dashami Until 2:38PM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

2		Thursday, October 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 10 Sutra 193	
Simha Rasi: 15.19	Tithi 26 – 27	Gulika 8:56AM – 10:17AM	Purvaphalguni Until 12:27AM Fri	Ganesha: Purple	<i>Sunrise:</i> 6:15AM		Vikarin 5121
		Yama 6:15AM – 7:35AM	Brahma Until 11:22PM	Muruqa: Purple	<i>Sunset:</i> 5:00PM		Moon 10 - Phase 27
	654313464	Rahu 12:58PM – 2:19PM	Kaulava Until 10:15PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 11:47AM	Moon – Red		Sivaloka Day	
				Ashvina-Aipasi			

3		Friday, October 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 11 Sutra 194	
Kanya Rasi: 0.05	Tithi 27 – 28	Gulika 7:36AM – 8:56AM	Uttaraphalguni Until 9:48PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM		Vikarin 5121
		Yama 2:18PM – 3:38PM	Indra Until 7:31PM	Muruqa: Purple	<i>Sunset:</i> 4:58PM		Moon 10 - Phase 27
	655313464	Rahu 10:17AM – 11:37AM	Gara Until 6:59PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 8:38AM	Moon – Red		Subha Sivaloka Day	
Until 9:48PM				Ashvina-Aipasi			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

4		Saturday, October 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 195	
Kanya Rasi: 15.01	Tithi 29	Gulika 6:17AM – 7:37AM	Hasta Until 7:19PM	Ganesha: Orange	<i>Sunrise:</i> 6:17AM		Vikarin 5121
		Yama 12:57PM – 2:17PM	Vaidhriti* Until 3:34PM	Muruqa: Purple	<i>Sunset:</i> 4:57PM		Moon 10 - Phase 27
	665313464	Rahu 8:57AM – 10:17AM	Visti Until 3:37PM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Chaturdashi* Until 1:55AM Sun	Moon – Green		Subha Sivaloka Day	
		Deepavali Hindu Solidarity Day		Ashvina-Aipasi			

		Sunday, October 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 13 Sutra 196	
Retreat Star		Gulika 2:16PM – 3:36PM	Chitra Until 4:48PM	Ganesha: Orange	<i>Sunrise:</i> 6:18AM		Vikarin 5121
Kanya Rasi: 29.58	Tithi 30	Yama 11:37AM – 12:57PM	Vishkambha* Until 11:40AM	Muruqa: Purple	<i>Sunset:</i> 4:56PM		Moon 10 - Phase 27
	665313464	Rahu 3:36PM – 4:56PM	Catuspada Until 12:18PM	Nataraja: Purple			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 10:42PM	Moon – Green		Subha Sivaloka Day	
		Subramuniyaswami Mahasamadhi		Ashvina-Aipasi			

Monday, October 28, 2019		Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 14 Sutra 197	
Tula Rasi: 14.47	Tithi 1	Gulika 12:56PM – 2:16PM	Svati Until 2:24PM	Ganesha: Orange	<i>Sunrise:</i> 6:19AM		Vikarin 5121
Family Home Evening		Yama 10:17AM – 11:37AM	Priti Until 7:57AM	Muruqa: Purple	<i>Sunset:</i> 4:54PM		Moon 10 - Phase 27
	665313464	Rahu 7:39AM – 8:58AM	Kintughna Until 9:12AM	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Prathama* Until 7:47PM	Moon – Green		Subha Sivaloka Day	
Until 2:24PM		Skanda Shasthi Begins		Kartika-Aipasi			
Then Routine Work - Marana Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

1	Tuesday, October 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Saubhagya Yoga Balava/Taitila Karana Dvitiya/Tritiyayam Titau				Stamford, CT
	Tula Rasi: 29.19	Tithi 2 – 3	Gulika 11:37AM – 12:56PM	Vishakha Until 12:42PM	Ganesha: Clear	<i>Sunrise:</i> 6:20AM	Sun 15 Sutra 198
	Routine Work	Marana Yoga	Yama 8:59AM – 10:18AM	Saubhagya Until 1:34AM Wed	Muruqa: Purple	<i>Sunset:</i> 4:53PM	Vikarin 5121
		675313464	Rahu 2:15PM – 3:34PM	Balava Until 6:31AM	Nataraja: Purple		Moon 10 - Phase 28
				Dvitiya Until 5:21PM	Moon – Orange		3rd Phase
					Kartika•Aipasi		Subha Sivaloka Day

2	Wednesday, October 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Stamford, CT
	Vischika Rasi: 13.29	Tithi 3 – 4	Gulika 10:18AM – 11:37AM	Anuradha Until 11:29AM	Ganesha: Clear	<i>Sunrise:</i> 6:22AM	Sun 16 Sutra 199
			Yama 7:40AM – 8:59AM	Sobhana Until 11:11PM	Muruqa: Purple	<i>Sunset:</i> 4:52PM	Vikarin 5121
		675313464	Rahu 11:37AM – 12:55PM	Vanija Until 2:57AM Thu	Nataraja: Purple		Moon 10 - Phase 28
				Tritiya Until 3:33PM	Moon – Orange		3rd Phase
					Kartika•Aipasi		Subha Sivaloka Day

3	Thursday, October 31, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Stamford, CT
	Vischika Rasi: 27.11	Tithi 4 – 5	Gulika 9:00AM – 10:18AM	Jyeshtha* Until 10:51AM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sun 17 Sutra 200
			Yama 6:23AM – 7:41AM	Athiganda* Until 9:24PM	Muruqa: Purple	<i>Sunset:</i> 4:51PM	Vikarin 5121
		675313464	Rahu 12:55PM – 2:14PM	Bava Until 2:21AM Fri	Nataraja: Purple		Moon 10 - Phase 28
				Chaturthi* Until 2:31PM	Moon – Orange		3rd Phase
					Kartika•Aipasi		Subha Sivaloka Day

4	Friday, November 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Stamford, CT
	Dhanus Rasi: 10.26	Tithi 5 – 6	Gulika 7:42AM – 9:00AM	Mula* Until 11:20AM	Ganesha: Purple	<i>Sunrise:</i> 6:24AM	Sun 18 Sutra 201
			Yama 2:13PM – 3:31PM	Sukarma Until 8:18PM	Muruqa: Purple	<i>Sunset:</i> 4:49PM	Vikarin 5121
		685313464	Rahu 10:18AM – 11:37AM	Kaulava Until 2:37AM Sat	Nataraja: Purple		Moon 10 - Phase 28
				Panchami Until 2:21PM	Moon – Light Blue		3rd Phase
			Skanda Shasthi		Kartika•Aipasi		Subha Subha Sivaloka Day

5	Saturday, November 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
	Dhanus Rasi: 23.15	Tithi 6 – 7	Gulika 6:25AM – 7:43AM	Purvashadha* Until 12:31PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM	Sun 19 Sutra 202
			Yama 12:54PM – 2:12PM	Dhriti Until 7:53PM	Muruqa: Purple	<i>Sunset:</i> 4:48PM	Vikarin 5121
		685313464	Rahu 9:01AM – 10:19AM	Gara Until 3:42AM Sun	Nataraja: Purple		Moon 10 - Phase 28
				Shashthi* Until 3:02PM	Moon – Light Blue		3rd Phase
					Kartika•Aipasi		Subha Subha Sivaloka Day

6	Sunday, November 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT
	Makara Rasi: 5.41	Tithi 7 – 8	Gulika 2:12PM – 3:29PM	Uttarashadha Until 2:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:26AM	Sun 20 Sutra 203
			Yama 11:37AM – 12:54PM	Shula* Until 7:59PM	Muruqa: Purple	<i>Sunset:</i> 4:47PM	Vikarin 5121
		685313464	Rahu 3:29PM – 4:47PM	Visti Until 5:29AM Mon	Nataraja: Purple		Moon 10 - Phase 28
				Saptami Until 4:30PM	Moon – Light Blue		3rd Phase
					Kartika•Aipasi		Subha Subha Sivaloka Day

D	Monday, November 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava Karana Ashtamyam Titau				Stamford, CT
	Retreat Star		Gulika 12:54PM – 2:11PM	Shravana Until 4:57PM	Ganesha: Purple	<i>Sunrise:</i> 6:27AM	Sun 21 Sutra 204
	Makara Rasi: 17.5	Tithi 8	Yama 10:19AM – 11:37AM	Ganda* Until 8:32PM	Muruqa: Purple	<i>Sunset:</i> 4:46PM	Vikarin 5121
		696313464	Rahu 7:45AM – 9:02AM	Bava Until 6:33PM	Nataraja: Purple		Moon 10 - Phase 28
				Ashtami* Until 6:33PM	Moon – Purple		Ashtami
					Kartika•Aipasi		Sivaloka Day

D	Tuesday, November 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Vriddhi Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
	Retreat Star		Gulika 11:37AM – 12:54PM	Dhanishtha Until 7:49PM	Ganesha: Purple	<i>Sunrise:</i> 6:29AM	Sun 22 Sutra 205
	Makara Rasi: 29.49	Tithi 9	Yama 9:03AM – 10:20AM	Vriddhi Until 9:21PM	Muruqa: Purple	<i>Sunset:</i> 4:45PM	Vikarin 5121
		696313464	Rahu 2:11PM – 3:28PM	Balava Until 7:45AM	Nataraja: Purple		Moon 10 - Phase 28
				Navami* Until 8:58PM	Moon – Purple		Navami
					Kartika•Aipasi		Sivaloka Day

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

1	Wednesday, November 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Dhruva Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT
	Kumbha Rasi: 11.41	Tithi 10	Gulika 10:20AM – 11:37AM	Shatabhishak Until 10:39PM	Ganesha: Purple	<i>Sunrise:</i> 6:30AM	Sun 23 Sutra 206
			Yama 7:47AM – 9:03AM	Dhruva Until 10:14PM	Muruqa: Purple	<i>Sunset:</i> 4:43PM	Vikarin 5121
		696313464	Rahu 11:37AM – 12:53PM	Taitila Until 10:16AM	Nataraja: Purple		Moon 10 - Phase 29
			Dashami Until 11:31PM	Moon – Purple		4th Phase	
				Kartika•Aipasi		Sivaloka Day	

2	Thursday, November 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT
	Kumbha Rasi: 23.32	Tithi 11	Gulika 9:04AM – 10:20AM	Purvaproshtapada* Until 1:44AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM	Sun 24 Sutra 207
			Yama 6:31AM – 7:47AM	Vyaghata* Until 11:04PM	Muruqa: Purple	<i>Sunset:</i> 4:42PM	Vikarin 5121
		716313464	Rahu 12:53PM – 2:10PM	Vanija Until 12:47PM	Nataraja: Purple		Moon 10 - Phase 29
			Ekadashi Until 1:58AM Fri	Moon – Clear		4th Phase	
				Kartika•Aipasi		Subha Sivaloka Day	

3	Friday, November 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT
	Meena Rasi: 5.26	Tithi 12	Gulika 7:48AM – 9:04AM	Uttaraproshtapada Until 4:25AM Sat	Ganesha: Yellow	<i>Sunrise:</i> 6:32AM	Sun 25 Sutra 208
			Yama 2:09PM – 3:25PM	Harshana Until 11:44PM	Muruqa: Purple	<i>Sunset:</i> 4:41PM	Vikarin 5121
		716313464	Rahu 10:21AM – 11:37AM	Bava Until 3:08PM	Nataraja: Purple		Moon 10 - Phase 29
			Dvadashi Until 4:11AM Sat	Moon – Clear		4th Phase	
				Kartika•Aipasi		Subha Sivaloka Day	

4	Saturday, November 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Vajra* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT
	Meena Rasi: 17.27	Tithi 13	Gulika 6:33AM – 7:49AM	Revati Until 6:37AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:33AM	Sun 26 Sutra 209
			Yama 12:53PM – 2:09PM	Vajra* Until 12:08AM Sun	Muruqa: Purple	<i>Sunset:</i> 4:40PM	Vikarin 5121
		716313464	Rahu 9:05AM – 10:21AM	Kaulava Until 5:12PM	Nataraja: Purple		Moon 10 - Phase 29
			Trayodashi Until 6:03AM Sun	Moon – Clear		4th Phase	
				Kartika•Aipasi		Subha Sivaloka Day	
				<i>Pradosha Vrata</i>			

5	Sunday, November 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Siddhi Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
	Meena Rasi: 29.35	Tithi 13 – 14	Gulika 2:08PM – 3:24PM	Revati Until 6:37AM	Ganesha: Yellow	<i>Sunrise:</i> 6:35AM	Sun 27 Sutra 210
			Yama 11:37AM – 12:53PM	Siddhi Until 12:15AM Mon	Muruqa: Purple	<i>Sunset:</i> 4:39PM	Vikarin 5121
		716313464	Rahu 3:24PM – 4:39PM	Gara Until 6:52PM	Nataraja: Purple		Moon 10 - Phase 29
			Trayodashi Until 6:03AM	Moon – Clear		4th Phase	
				Kartika•Aipasi		Subha Sivaloka Day	

○	Monday, November 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Stamford, CT
	Copper Retreat Star		Gulika 12:52PM – 2:08PM	Ashvini Until 8:45AM	Ganesha: White	<i>Sunrise:</i> 6:36AM	Sutra 211
	Mesha Rasi: 11.54	Tithi 14 – 15	Yama 10:22AM – 11:37AM	Vyatipata* Until 12:03AM Tue	Muruqa: Purple	<i>Sunset:</i> 4:38PM	Vikarin 5121
	Family Home Evening	727413464	Rahu 7:51AM – 9:06AM	Visti Until 8:07PM	Nataraja: Purple		Moon 10 - Phase 29
			Chaturdashi* Until 7:32AM	Moon – White		Purnima	
				Kartika•Aipasi		Sivaloka Day	

○	Tuesday, November 12, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Variyan Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Stamford, CT
	Silver Retreat Star		Gulika 11:37AM – 12:52PM	Bharani Until 10:19AM	Ganesha: White	<i>Sunrise:</i> 6:37AM	Sutra 212
	Mesha Rasi: 24.23	Tithi 15 – 16	Yama 9:07AM – 10:22AM	Variyan Until 11:30PM	Muruqa: Purple	<i>Sunset:</i> 4:37PM	Vikarin 5121
		727413464	Rahu 2:07PM – 3:22PM	Balava Until 8:57PM	Nataraja: Purple		Moon 10 - Phase 29
			Purnima* Until 8:34AM	Moon – White		Prathama	
				Kartika•Aipasi		Sivaloka Day	

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Wednesday, November 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Parigha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Stamford, CT

Sutra 213

Vikarin 5121

Vrishabha Rasi: 7.04 Tithi 16 - 17

727413464

Gulika 10:23AM - 11:37AM
Yama 7:53AM - 9:08AM
Rahu 11:37AM - 12:52PM

Krittika Until 11:19AM

Parigha* Until 10:39PM

Taitila Until 9:22PM

Prathama* Until 9:11AM

Ganesha: White *Sunrise:* 6:38AM

Muruqa: Purple *Sunset:* 4:36PM

Nataraja: Purple
Moon - White

Kartika-Aipasi

Sivaloka Day

Creative Work Amrita Yoga

Until 11:19AM

Then Creative Work - Siddha Yoga

1

Thursday, November 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 214

Vikarin 5121

Vrishabha Rasi: 19.56 Tithi 17 - 18

737413464

Gulika 9:08AM - 10:23AM
Yama 6:39AM - 7:54AM
Rahu 12:52PM - 2:07PM

Rohini Until 12:14PM

Shiva Until 9:31PM

Vanija Until 9:23PM

Dvitiya Until 9:24AM

Ganesha: Clear *Sunrise:* 6:39AM

Muruqa: Purple *Sunset:* 4:36PM

Nataraja: Purple
Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Routine Work Marana Yoga

2

Friday, November 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 215

Vikarin 5121

Mithuna Rasi: 3.01 Tithi 18 - 19

737413464

Gulika 7:55AM - 9:09AM
Yama 2:06PM - 3:20PM
Rahu 10:23AM - 11:38AM

Mrigashira Until 12:38PM

Siddha Until 8:03PM

Bava Until 9:02PM

Tritiya Until 9:14AM

Ganesha: Clear *Sunrise:* 6:41AM

Muruqa: Purple *Sunset:* 4:35PM

Nataraja: Purple
Moon - Yellow

Kartika-Aipasi

Subha Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, November 16, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra/Punarvasu Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT

Sun 3 Sutra 216

Vikarin 5121

Mithuna Rasi: 16.16 Tithi 19 - 20

737413464

Gulika 6:42AM - 7:56AM
Yama 12:52PM - 2:06PM
Rahu 9:10AM - 10:24AM

Ardra Until 12:32PM

Sadhya Until 6:19PM

Kaulava Until 8:20PM

Chaturthi* Until 8:42AM

Ganesha: Clear *Sunrise:* 6:42AM

Muruqa: Purple *Sunset:* 4:34PM

Nataraja: Purple
Moon - Yellow

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

4

Sunday, November 17, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 4 Sutra 217

Vikarin 5121

Mithuna Rasi: 29.42 Tithi 20 - 21

748413465

Gulika 2:06PM - 3:19PM
Yama 11:38AM - 12:52PM
Rahu 3:19PM - 4:33PM

Punarvasu Until 12:24PM

Subha Until 4:20PM

Gara Until 7:17PM

Panchami Until 7:50AM

Ganesha: Clear *Sunrise:* 6:43AM

Muruqa: Purple *Sunset:* 4:33PM

Nataraja: Clear
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

5

Monday, November 18, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla/Brahma Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 5 Sutra 218

Vikarin 5121

Kataka Rasi: 13.21 Tithi 21 - 22

748413465

Gulika 12:52PM - 2:05PM
Yama 10:25AM - 11:38AM
Rahu 7:58AM - 9:11AM

Pushya Until 11:46AM

Sukla Until 2:03PM

Bava Until 5:03AM Tue

Shashthi* Until 6:37AM

Ganesha: Clear *Sunrise:* 6:44AM

Muruqa: Purple *Sunset:* 4:32PM

Nataraja: Clear
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

D

Tuesday, November 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 219

Vikarin 5121

Kataka Rasi: 27.11 Tithi 23

748413465

Gulika 11:38AM - 12:52PM
Yama 9:12AM - 10:25AM
Rahu 2:05PM - 3:18PM

Ashlesha* Until 10:40AM

Brahma Until 11:31AM

Balava Until 4:10PM

Ashtami* Until 3:10AM Wed

Ganesha: Clear *Sunrise:* 6:45AM

Muruqa: Purple *Sunset:* 4:32PM

Nataraja: Clear
Moon - Blue

Kartika-Kartikai

Sivaloka Day

Creative Work Siddha Yoga

Wednesday, November 20, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Indra/Vaidhrili* Yoga Taitila/Gara Karana Navamyam Titau

Stamford, CT

Sun 7 Sutra 220

Vikarin 5121

Simha Rasi: 11.14 Tithi 24

758413465

Gulika 10:26AM - 11:39AM
Yama 7:59AM - 9:13AM
Rahu 11:39AM - 12:52PM

Magha* Until 9:32AM

Indra Until 8:44AM

Taitila Until 2:08PM

Navami* Until 12:59AM Thu

Ganesha: White *Sunrise:* 6:46AM

Muruqa: Purple *Sunset:* 4:31PM

Nataraja: Clear
Moon - Red

Kartika-Kartikai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 9:32AM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Thursday, November 21, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vishkambha* Yoga Vanija/Vishti* Karana Dashamyam Titau		Stamford, CT	
Simha Rasi: 25.28	Tithi 25	Gulika 9:13AM – 10:26AM	Purvaphalguni Until 7:59AM	Ganesha: White	<i>Sunrise:</i> 6:48AM	Sun 8	Sutra 221
		Yama 6:48AM – 8:00AM	Vishkambha* Until 2:29AM Fri	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Vikarin 5121
		758413465 Rahu 12:52PM – 2:05PM	Vanija Until 11:49AM	Nataraja: Clear			Moon 11 - Phase 31
Creative Work	Siddha Yoga		Dashami Until 10:33PM	Moon – Red			2nd Phase
				Karttika-Karttikai			Subha Sivaloka Day

2		Friday, November 22, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Priti Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT	
Kanya Rasi: 9.52	Tithi 26	Gulika 8:01AM – 9:14AM	Uttaraphalguni Until 6:03AM	Ganesha: White	<i>Sunrise:</i> 6:49AM	Sun 9	Sutra 222
		Yama 2:04PM – 3:17PM	Priti Until 11:09PM	Muruqa: Purple	<i>Sunset:</i> 4:30PM		Vikarin 5121
		758413465 Rahu 10:27AM – 11:39AM	Bava Until 9:17AM	Nataraja: Clear			Moon 11 - Phase 31
Creative Work	Siddha Yoga		Ekadashi* Until 7:57PM	Moon – Red			2nd Phase
Until 6:03AM				Karttika-Karttikai			Subha Sivaloka Day
Then Creative Work - Amrita Yoga							

3		Saturday, November 23, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT	
Kanya Rasi: 24.22	Tithi 27 – 28	Gulika 6:50AM – 8:02AM	Chitra Until 2:20AM Sun	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM	Sun 10	Sutra 223
		Yama 12:52PM – 2:04PM	Ayushman Until 7:45PM	Muruqa: Purple	<i>Sunset:</i> 4:29PM		Vikarin 5121
		768413465 Rahu 9:15AM – 10:27AM	Kaulava Until 6:39AM	Nataraja: Clear			Moon 11 - Phase 31
Routine Work	Marana Yoga		Dvadashi* Until 5:17PM	Moon – Green			2nd Phase
Until 2:20AM Sun				Karttika-Karttikai			Sivaloka Day
Then Creative Work - Siddha Yoga							<i>Pradosha Vrata (Fasting)</i>

4		Sunday, November 24, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Saubhagya/Sobhana Yoga Vanija/Vishti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT	
Tula Rasi: 8.52	Tithi 28 – 29	Gulika 2:04PM – 3:16PM	Svati Until 12:21AM Mon	Ganesha: Blue	<i>Sunrise:</i> 6:51AM	Sun 11	Sutra 224
		Yama 11:40AM – 12:52PM	Saubhagya Until 4:25PM	Muruqa: Purple	<i>Sunset:</i> 4:29PM		Vikarin 5121
		769413465 Rahu 3:16PM – 4:29PM	Visti Until 1:26AM Mon	Nataraja: Clear			Moon 11 - Phase 31
Creative Work	Siddha Yoga		Trayodashi* Until 2:40PM	Moon – Green			2nd Phase
Until 12:21AM Mon				Karttika-Karttikai			Devaloka Day
Then Routine Work - Marana Yoga							

Retreat Star		Monday, November 25, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sobhana/Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Stamford, CT	
Tula Rasi: 23.17	Tithi 29 – 30	Gulika 12:52PM – 2:04PM	Vishakha Until 10:54PM	Ganesha: Blue	<i>Sunrise:</i> 6:52AM	Sun 12	Sutra 225
Family Home Evening		Yama 10:28AM – 11:40AM	Sobhana Until 1:15PM	Muruqa: Purple	<i>Sunset:</i> 4:28PM		Vikarin 5121
		779413465 Rahu 8:04AM – 9:16AM	Catuspada Until 11:09PM	Nataraja: Clear			Moon 11 - Phase 31
Routine Work	Marana Yoga		Chaturdashi* Until 12:14PM	Moon – Orange			Amavasya
Until 10:54PM				Karttika-Karttikai			Devaloka Day
Then Creative Work - Siddha Yoga							

Retreat Star		Tuesday, November 26, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Athiganda*/Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Stamford, CT	
Vrischika Rasi: 7.3	Tithi 30 – 1	Gulika 11:40AM – 12:52PM	Anuradha Until 9:42PM	Ganesha: Blue	<i>Sunrise:</i> 6:53AM	Sun 13	Sutra 226
		Yama 9:17AM – 10:29AM	Athiganda* Until 10:20AM	Muruqa: Purple	<i>Sunset:</i> 4:28PM		Vikarin 5121
		779413465 Rahu 2:04PM – 3:16PM	Kintughna Until 9:16PM	Nataraja: Clear			Moon 11 - Phase 31
Creative Work	Siddha Yoga		Amavasya* Until 10:08AM	Moon – Orange			Prathama
Until 9:42PM				Margasira-Karttikai			Devaloka Day
Then Routine Work - Marana Yoga							

1		Wednesday, November 27, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Stamford, CT Sun 14 Sutra 227 Vikarin 5121
Wrischika Rasi: 21.26	Tithi 1 – 2	Gulika 10:29AM – 11:41AM	Jyeshtha* Until 8:53PM	Ganesha: Blue <i>Sunrise:</i> 6:54AM	
		Yama 8:06AM – 9:18AM	Sukarma Until 7:49AM	Muruqa: Purple <i>Sunset:</i> 4:27PM	Moon 11 - Phase 32
		779413465 Rahu 11:41AM – 12:52PM	Balava Until 7:55PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Prathama* Until 8:30AM	Moon – Orange	Devaloka Day
Until 8:53PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

2		Thursday, November 28, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Shula* Yoga Kaulava/Tailila Karana Dvitiya/Tritiyayam Titau	Stamford, CT Sun 15 Sutra 228 Vikarin 5121
Dhanus Rasi: 5.01	Tithi 2 – 3	Gulika 9:18AM – 10:30AM	Mula* Until 9:02PM	Ganesha: Blue <i>Sunrise:</i> 6:55AM	
		Yama 6:55AM – 8:07AM	Shula* Until 4:16AM Fri	Muruqa: Purple <i>Sunset:</i> 4:27PM	Moon 11 - Phase 32
		789413465 Rahu 12:52PM – 2:04PM	Taitila Until 7:15PM	Nataraja: Clear	3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 7:29AM	Moon – Light Blue	Devaloka Day
				Margasira-Karttikai	

3		Friday, November 29, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturchyam Titau	Stamford, CT Sun 16 Sutra 229 Vikarin 5121
Dhanus Rasi: 18.13	Tithi 3 – 4	Gulika 8:08AM – 9:19AM	Purvashadha* Until 9:45PM	Ganesha: Blue <i>Sunrise:</i> 6:56AM	
		Yama 2:04PM – 3:15PM	Ganda* Until 3:21AM Sat	Muruqa: Purple <i>Sunset:</i> 4:26PM	Moon 11 - Phase 32
		789413465 Rahu 10:30AM – 11:41AM	Vanija Until 7:19PM	Nataraja: Clear	3rd Phase
Routine Work Prabalarishta Yoga			Tritiya Until 7:10AM	Moon – Light Blue	Devaloka Day
Until 9:45PM				Margasira-Karttikai	
Then Routine Work - Marana Yoga					

4		Saturday, November 30, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Vriddhi Yoga Visti* Bava Karana Chaturthi/Panchamyam Titau	Stamford, CT Sun 17 Sutra 230 Vikarin 5121
Makara Rasi: 1.01	Tithi 4 – 5	Gulika 6:58AM – 8:09AM	Uttarashadha Until 11:01PM	Ganesha: Blue <i>Sunrise:</i> 6:58AM	
		Yama 12:53PM – 2:04PM	Vriddhi Until 3:01AM Sun	Muruqa: Purple <i>Sunset:</i> 4:26PM	Moon 11 - Phase 32
		789413465 Rahu 9:20AM – 10:31AM	Bava Until 8:08PM	Nataraja: Clear	3rd Phase
Routine Work Marana Yoga			Chaturthi* Until 7:37AM	Moon – Light Blue	Devaloka Day
Until 11:01PM				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

5		Sunday, December 1, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Stamford, CT Sun 18 Sutra 231 Vikarin 5121
Makara Rasi: 13.3	Tithi 5 – 6	Gulika 2:04PM – 3:15PM	Shravana Until 1:16AM Mon	Ganesha: Yellow <i>Sunrise:</i> 6:59AM	
		Yama 11:42AM – 12:53PM	Dhruva Until 3:09AM Mon	Muruqa: Purple <i>Sunset:</i> 4:26PM	Moon 11 - Phase 32
		799413465 Rahu 3:15PM – 4:26PM	Kaulava Until 9:39PM	Nataraja: Clear	3rd Phase
Creative Work Amrita Yoga			Panchami Until 8:47AM	Moon – Purple	Sivaloka Day
Until 1:16AM Mon				Margasira-Karttikai	
Then Creative Work - Siddha Yoga					

6		Monday, December 2, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Vyaghata* Yoga Tailila/Gara Karana Shashthi/Saptamyam Titau	Stamford, CT Sun 19 Sutra 232 Vikarin 5121
Makara Rasi: 25.43	Tithi 6 – 7	Gulika 12:53PM – 2:04PM	Dhanishtha Until 3:51AM Tue	Ganesha: Clear <i>Sunrise:</i> 7:00AM	
Family Home Evening		Yama 10:32AM – 11:43AM	Vyaghata* Until 3:41AM Tue	Muruqa: Purple <i>Sunset:</i> 4:25PM	Moon 11 - Phase 32
Creative Work Siddha Yoga		791413465 Rahu 8:10AM – 9:21AM	Gara Until 11:42PM	Nataraja: Clear	3rd Phase
Until 3:51AM Tue			Shashthi* Until 10:35AM	Moon – Purple	Sivaloka Day
Then Routine Work - Marana Yoga				Margasira-Karttikai	

Retreat Star		Tuesday, December 3, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Harshana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Stamford, CT Sun 20 Sutra 233 Vikarin 5121
Kumbha Rasi: 7.44	Tithi 7 – 8	Gulika 11:43AM – 12:54PM	Shatabhishak Until 6:33AM Wed	Ganesha: Clear <i>Sunrise:</i> 7:01AM	
		Yama 9:22AM – 10:32AM	Harshana Until 4:27AM Wed	Muruqa: Purple <i>Sunset:</i> 4:25PM	Moon 11 - Phase 32
		791413465 Rahu 2:04PM – 3:15PM	Visti Until 2:05AM Wed	Nataraja: Clear	Ashtami
Routine Work Marana Yoga			Saptami Until 12:51PM	Moon – Purple	Sivaloka Day
Until 6:33AM Wed				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

Retreat Star		Wednesday, December 4, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Stamford, CT Sun 21 Sutra 234 Vikarin 5121
Kumbha Rasi: 19.38	Tithi 8 – 9	Gulika 10:33AM – 11:43AM	Shatabhishak Until 6:33AM	Ganesha: Clear <i>Sunrise:</i> 7:02AM	
		Yama 8:12AM – 9:22AM	Vajra* Until 5:15AM Thu	Muruqa: Purple <i>Sunset:</i> 4:25PM	Moon 11 - Phase 32
		791413465 Rahu 11:43AM – 12:54PM	Balava Until 4:36AM Thu	Nataraja: Clear	Navami
Creative Work Siddha Yoga			Ashtami* Until 3:19PM	Moon – Purple	Sivaloka Day
Until 6:33AM				Margasira-Karttikai	
Then Creative Work - Amrita Yoga					

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

1		Thursday, December 5, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT
Meena Rasi: 1.31	Tithi 9 – 10			Gulika 9:23AM – 10:33AM	Purvaproshtapada* Until 9:39AM	Ganesha: Yellow <i>Sunrise:</i> 7:03AM	Sun 22	Sutra 235
		711413465		Yama 7:03AM – 8:13AM	Siddhi Until 5:59AM Fri	Muruqa: Purple <i>Sunset:</i> 4:25PM		Vikarin 5121
Creative Work	Siddha Yoga			Rahu 12:54PM – 2:04PM	Taitila Until 7:00AM Fri	Nataraja: Clear		Moon 11 - Phase 33
					Navami* Until 5:48PM	Moon – Clear		4th Phase
						Margasira-Karttikai		Sivaloka Day

2		Friday, December 6, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Stamford, CT
Meena Rasi: 13.26	Tithi 10			Gulika 8:14AM – 9:24AM	Uttaraproshtapada Until 12:27PM	Ganesha: Yellow <i>Sunrise:</i> 7:04AM	Sun 23	Sutra 236
		711413465		Yama 2:05PM – 3:15PM	Vyatipata* Until 6:31AM Sat	Muruqa: Purple <i>Sunset:</i> 4:25PM		Vikarin 5121
Creative Work	Siddha Yoga			Rahu 10:34AM – 11:44AM	Taitila Until 7:00AM	Nataraja: Clear		Moon 11 - Phase 33
					Dashami Until 8:05PM	Moon – Clear		4th Phase
						Margasira-Karttikai		Sivaloka Day

3		Saturday, December 7, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Stamford, CT
Meena Rasi: 25.28	Tithi 11			Gulika 7:04AM – 8:15AM	Revati Until 2:46PM	Ganesha: White <i>Sunrise:</i> 7:04AM	Sun 24	Sutra 237
		711513465		Yama 12:55PM – 2:05PM	Vyatipata* Until 6:31AM	Muruqa: Purple <i>Sunset:</i> 4:25PM		Vikarin 5121
Routine Work	Prabalarishta Yoga			Rahu 9:25AM – 10:35AM	Vanija Until 9:07AM	Nataraja: Clear		Moon 11 - Phase 33
Until 2:46PM					Ekadashi Until 9:59PM	Moon – Clear		4th Phase
Then Creative Work - Siddha Yoga				Gita Jayanthi		Margasira-Karttikai		Subha Sivaloka Day

4		Sunday, December 8, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Stamford, CT
Mesha Rasi: 7.4	Tithi 12			Gulika 2:05PM – 3:15PM	Ashvini Until 4:59PM	Ganesha: Clear <i>Sunrise:</i> 7:05AM	Sun 25	Sutra 238
		721513465		Yama 11:45AM – 12:55PM	Variyan Until 6:43AM	Muruqa: Purple <i>Sunset:</i> 4:25PM		Vikarin 5121
Creative Work	Siddha Yoga			Rahu 3:15PM – 4:25PM	Bava Until 10:47AM	Nataraja: Clear		Moon 11 - Phase 33
Until 4:59PM					Dvadashi Until 11:24PM	Moon – White		4th Phase
Then Routine Work - Prabalarishta Yoga						Margasira-Karttikai		Sivaloka Day

5		Monday, December 9, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Stamford, CT
Mesha Rasi: 20.05	Tithi 13			Gulika 12:55PM – 2:05PM	Bharani Until 6:30PM	Ganesha: Clear <i>Sunrise:</i> 7:06AM	Sun 26	Sutra 239
Family Home Evening		721513465		Yama 10:36AM – 11:46AM	Parigha* Until 6:31AM	Muruqa: Purple <i>Sunset:</i> 4:25PM		Vikarin 5121
Creative Work	Siddha Yoga			Rahu 8:16AM – 9:26AM	Kaulava Until 11:55AM	Nataraja: Clear		Moon 11 - Phase 33
Until 6:30PM					Trayodashi Until 12:15AM Tue	Moon – White		4th Phase
Then Routine Work - Marana Yoga						Margasira-Karttikai		Sivaloka Day
								<i>Pradosha Vrata</i>

6		Tuesday, December 10, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Stamford, CT
Vrishabha Rasi: 2.46	Tithi 14			Gulika 11:46AM – 12:56PM	Krittika Until 7:18PM	Ganesha: Clear <i>Sunrise:</i> 7:07AM	Sun 27	Sutra 240
		721513465		Yama 9:27AM – 10:36AM	Siddha Until 4:49AM Wed	Muruqa: Purple <i>Sunset:</i> 4:25PM		Vikarin 5121
Creative Work	Siddha Yoga			Rahu 2:05PM – 3:15PM	Gara Until 12:29PM	Nataraja: Clear		Moon 11 - Phase 33
Until 7:18PM					Chaturdashi* Until 12:31AM Wed	Moon – White		4th Phase
Then Creative Work - Amrita Yoga				Krittika Deepam		Margasira-Karttikai		Sivaloka Day

○		Wednesday, December 11, 2019		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Sadhya Yoga Visti*/Bava Karana Purnimayam Titau				Stamford, CT
Copper Retreat Star				Gulika 10:37AM – 11:46AM	Rohini Until 7:52PM	Ganesha: Purple <i>Sunrise:</i> 7:08AM		Sutra 241
Vrishabha Rasi: 15.43	Tithi 15			Yama 8:18AM – 9:27AM	Sadhya Until 3:20AM Thu	Muruqa: Clear <i>Sunset:</i> 4:25PM	Sun 28	Sutra 242
		731523465		Rahu 11:46AM – 12:56PM	Visti Until 12:28PM	Nataraja: Clear		Vikarin 5121
Creative Work	Siddha Yoga				Purnima* Until 12:14AM Thu	Moon – Yellow		Moon 11 - Phase 33
						Margasira-Karttikai		Purnima
								Sivaloka Day

Thursday, December 12, 2019		Silver Retreat Star		Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT
Vrishabha Rasi: 28.56	Tithi 16			Gulika 9:28AM – 10:37AM	Mrigashira Until 7:48PM	Ganesha: Clear <i>Sunrise:</i> 7:09AM	Sun 29	Sutra 243
		732523465		Yama 7:09AM – 8:18AM	Subha Until 1:28AM Fri	Muruqa: Clear <i>Sunset:</i> 4:25PM		Vikarin 5121
Routine Work	Marana Yoga			Rahu 12:56PM – 2:06PM	Balava Until 11:55AM	Nataraja: Clear		Moon 11 - Phase 33
					Prathama* Until 11:27PM	Moon – Yellow		Prathama
						Margasira-Karttikai		Devaloka Day
								Vinayaga Viratam Begins

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda



Friday, December 13, 2019

Gold Retreat Star

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Sukla Yoga Taitila/Gara Karana Dvitiyayam Titau

Stamford, CT

Sutra 243

Vikarin 5121

Mithuna Rasi: 12.25 Tithi 17

732523465

Gulika 8:19AM – 9:28AM
Yama 2:06PM – 3:16PM
Rahu 10:38AM – 11:47AM

Ardra Until 7:09PM
Sukla Until 11:15PM
Taitila Until 10:56AM
Dvitiya Until 10:16PM

Ganesha: Clear *Sunrise:* 7:10AM

Muruqa: Clear *Sunset:* 4:25PM

Nataraja: Clear

Moon – Yellow

Devaloka Day

Margasira-Karttikai

Creative Work Siddha Yoga

1

Saturday, December 14, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Brahma Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 244

Vikarin 5121

Mithuna Rasi: 26.07 Tithi 18

742523465

Gulika 7:10AM – 8:20AM
Yama 12:57PM – 2:07PM
Rahu 9:29AM – 10:38AM

Punarvasu Until 6:29PM
Brahma Until 8:49PM
Vanija Until 9:34AM
Tritiya Until 8:45PM

Ganesha: Purple *Sunrise:* 7:10AM

Muruqa: Clear *Sunset:* 4:25PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

2

Sunday, December 15, 2019

Vikarin Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Indra Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 245

Vikarin 5121

Kataka Rasi: 10.01 Tithi 19

742523465

Gulika 2:07PM – 3:16PM
Yama 11:48AM – 12:58PM
Rahu 3:16PM – 4:26PM

Pushya Until 5:25PM
Indra Until 6:11PM
Bava Until 7:55AM
Chaturthi* Until 7:00PM

Ganesha: Purple *Sunrise:* 7:11AM

Muruqa: Clear *Sunset:* 4:26PM

Nataraja: Clear

Moon – Blue

Bhuloka Day

Margasira-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

3

Monday, December 16, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Vaidhrili*/Vishkambha* Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

Stamford, CT

Sun 3 Sutra 246

Vikarin 5121

Kataka Rasi: 24.01 Tithi 20 – 21

842523465

Gulika 12:58PM – 2:07PM
Yama 10:40AM – 11:49AM
Rahu 8:21AM – 9:30AM

Ashlesha* Until 4:02PM
Vaidhrili* Until 3:24PM
Kaulava Until 6:04AM
Panchami Until 5:04PM

Ganesha: Clear *Sunrise:* 7:12AM

Muruqa: Clear *Sunset:* 4:26PM

Nataraja: Clear

Moon – Blue

Devaloka Day

Margasira-Markali

Creative Work Siddha Yoga

Family Home Evening

Until 4:02PM

Then Routine Work - Marana Yoga

4

Tuesday, December 17, 2019

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 4 Sutra 247

Vikarin 5121

Simha Rasi: 8.07 Tithi 21 – 22

852523465

Gulika 11:49AM – 12:59PM
Yama 9:31AM – 10:40AM
Rahu 2:08PM – 3:17PM

Magha* Until 2:50PM
Vishkambha* Until 12:33PM
Visti Until 2:02AM Wed
Shashthi* Until 3:03PM

Ganesha: Purple *Sunrise:* 7:12AM

Muruqa: Clear *Sunset:* 4:26PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

D

Wednesday, December 18, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Saptami/Ashlamiyam Titau

Stamford, CT

Sun 5 Sutra 248

Vikarin 5121

Simha Rasi: 22.16 Tithi 22 – 23

852523465

Gulika 10:41AM – 11:50AM
Yama 8:22AM – 9:31AM
Rahu 11:50AM – 12:59PM

Purvaphalguni Until 1:27PM
Priti Until 9:40AM
Balava Until 11:57PM
Saptami Until 12:59PM

Ganesha: Purple *Sunrise:* 7:13AM

Muruqa: Clear *Sunset:* 4:27PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Thursday, December 19, 2019

Retreat Star

Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushmani/Saubhagya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 6 Sutra 249

Vikarin 5121

Kanya Rasi: 6.25 Tithi 23 – 24

852523465

Gulika 9:32AM – 10:41AM
Yama 7:14AM – 8:23AM
Rahu 1:00PM – 2:09PM

Uttaraphalguni Until 11:55AM
Ayushman Until 6:44AM
Taitila Until 9:53PM
Ashtami* Until 10:54AM

Ganesha: Purple *Sunrise:* 7:14AM

Muruqa: Clear *Sunset:* 4:27PM

Nataraja: Clear

Moon – Red

Bhuloka Day

Margasira-Markali

Devaloka Time: 3:PM to 6:PM

Amrita Yoga

Until 11:55AM

Then Routine Work - Marana Yoga

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1		Friday, December 20, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Hasla/Chitra Nakshatra Sobhana Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT Sun 7 Sutra 250 Vikarin 5121	
Kanya Rasi: 20.34	Tithi 24 – 25	862523465	Gulika 8:23AM – 9:33AM Yama 2:09PM – 3:18PM Rahu 10:42AM – 11:51AM	Hasta Until 10:41AM Sobhana Until 12:59AM Sat Vanija Until 7:51PM Navami* Until 8:50AM	Ganesha: Clear <i>Sunrise: 7:14AM</i> Muruqa: Clear <i>Sunset: 4:28PM</i> Nataraja: Clear Moon – Green	Devaloka Day Margasira*Markali	
Creative Work Amrita Yoga Until 10:41AM Then Creative Work - Siddha Yoga							
2		Saturday, December 21, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Athiganda* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 8 Sutra 251 Vikarin 5121	
Tula Rasi: 4.41	Tithi 25 – 26	862523465	Gulika 7:15AM – 8:24AM Yama 1:01PM – 2:10PM Rahu 9:33AM – 10:42AM	Chitra Until 9:22AM Athiganda* Until 10:12PM Balava Until 4:58AM Sun Dashami Until 6:51AM	Ganesha: Clear <i>Sunrise: 7:15AM</i> Muruqa: Clear <i>Sunset: 4:28PM</i> Nataraja: Clear Moon – Green	Devaloka Day Margasira*Markali	
Routine Work Marana Yoga Until 9:22AM Then Creative Work - Siddha Yoga		Day 1 of Pancha Ganapati					
3		Sunday, December 22, 2019		Vikarin Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukarma Yoga Kaulava/Tailita Karana Dvadashyam Titau		Stamford, CT Sun 9 Sutra 252 Vikarin 5121	
Tula Rasi: 18.43	Tithi 27	862523465	Gulika 2:10PM – 3:19PM Yama 11:52AM – 1:01PM Rahu 3:19PM – 4:29PM	Svati Until 8:03AM Sukarma Until 7:33PM Kaulava Until 4:07PM Dvadashi* Until 3:17AM Mon	Ganesha: Clear <i>Sunrise: 7:15AM</i> Muruqa: Clear <i>Sunset: 4:29PM</i> Nataraja: Clear Moon – Green	Devaloka Day Margasira*Markali	
Creative Work Siddha Yoga Until 8:03AM Then Routine Work - Marana Yoga		Day 2 of Pancha Ganapati					
4		Monday, December 23, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT Sun 10 Sutra 253 Vikarin 5121	
Vrischika Rasi: 2.37	Tithi 28	872523465	Gulika 1:02PM – 2:11PM Yama 10:43AM – 11:52AM Rahu 8:25AM – 9:34AM	Vishakha Until 7:13AM Dhriti Until 5:07PM Gara Until 2:34PM Trayodashi* Until 1:52AM Tue	Ganesha: White <i>Sunrise: 7:16AM</i> Muruqa: Clear <i>Sunset: 4:29PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM Margasira*Markali <i>Pradosha Vrata (Fasting)</i>	
Family Home Evening Routine Work Marana Yoga Until 7:13AM Then Creative Work - Siddha Yoga		Day 3 of Pancha Ganapati					
5		Tuesday, December 24, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 11 Sutra 254 Vikarin 5121	
Vrischika Rasi: 16.22	Tithi 29	872523465	Gulika 11:53AM – 1:02PM Yama 9:35AM – 10:44AM Rahu 2:11PM – 3:20PM	Anuradha Until 6:31AM Shula* Until 2:54PM Visti Until 1:19PM Chaturdashi* Until 12:49AM Wed	Ganesha: White <i>Sunrise: 7:16AM</i> Muruqa: Clear <i>Sunset: 4:30PM</i> Nataraja: Clear Moon – Orange	Bhuloka Day Devaloka Time: 3:PM to 6:PM Margasira*Markali	
Creative Work Siddha Yoga Until 6:31AM Then Routine Work - Marana Yoga		Day 4 of Pancha Ganapati					
Retreat Star		Wednesday, December 25, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 12 Sutra 255 Vikarin 5121	
Vrischika Rasi: 29.53	Tithi 30	873523465	Gulika 10:44AM – 11:53AM Yama 8:26AM – 9:35AM Rahu 11:53AM – 1:03PM	Jyeshtha* Until 6:02AM Ganda* Until 1:02PM Catuspada Until 12:29PM Amavasya* Until 12:14AM Thu	Ganesha: Clear <i>Sunrise: 7:17AM</i> Muruqa: Clear <i>Sunset: 4:30PM</i> Nataraja: Clear Moon – Orange	Devaloka Day Margasira*Markali	
Creative Work Siddha Yoga Until 6:02AM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati					
Retreat Star		Thursday, December 26, 2019		Vikarin Nama Samvatsare Utrarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vriddhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 13 Sutra 256 Vikarin 5121	
Dhanus Rasi: 13.09	Tithi 1	883523466	Gulika 9:35AM – 10:45AM Yama 7:17AM – 8:26AM Rahu 1:03PM – 2:12PM	Mula* Until 6:19AM Vriddhi Until 11:34AM Kintughna Until 12:09PM Prathama* Until 12:10AM Fri	Ganesha: Orange <i>Sunrise: 7:17AM</i> Muruqa: Clear <i>Sunset: 4:31PM</i> Nataraja: Orange Moon – Light Blue	Devaloka Day Pausha*Markali	
Creative Work Siddha Yoga		Annular Solar Eclipse					

1		Friday, December 27, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dviliyayam Titau				Stamford, CT
Dhanus Rasi: 26.08	Tithi 2	883523466	Gulika 8:27AM – 9:36AM Yama 2:13PM – 3:22PM Rahu 10:45AM – 11:54AM	Purvashadha* Until 6:59AM Dhruva Until 10:31AM Balava Until 12:22PM Dvitiya Until 12:42AM Sat	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sunrise: 7:17AM Sunset: 4:32PM	Sun 14	Sutra 257 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Routine Work Prabalarishta Yoga Until 6:59AM Then Routine Work - Marana Yoga								Devaloka Day

2		Saturday, December 28, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyaghata*/Harshana Yoga Taitila/Gara Karana Triliyayam Titau				Stamford, CT
Makara Rasi: 8.49	Tithi 3	883523466	Gulika 7:18AM – 8:27AM Yama 1:04PM – 2:14PM Rahu 9:36AM – 10:46AM	Uttarashadha Until 8:04AM Vyaghata* Until 9:56AM Taitila Until 1:12PM Tritiya Until 1:49AM Sun	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue Pausha-Markali	Sunrise: 7:18AM Sunset: 4:32PM	Sun 15	Sutra 258 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga Until 8:04AM Then Creative Work - Siddha Yoga								Devaloka Day

3		Sunday, December 29, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Harshana/Vajra* Yoga Vanija/Visti* Karana Chaturthiyam Titau				Stamford, CT
Makara Rasi: 21.16	Tithi 4	893523466	Gulika 2:14PM – 3:24PM Yama 11:55AM – 1:05PM Rahu 3:24PM – 4:33PM	Shravana Until 10:02AM Harshana Until 9:48AM Vanija Until 2:37PM Chaturthi* Until 3:29AM Mon	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:18AM Sunset: 4:33PM	Sun 16	Sutra 259 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Creative Work Amrita Yoga Until 10:02AM Then Routine Work - Marana Yoga								Devaloka Day

4		Monday, December 30, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Kumbha Rasi: 3.28	Tithi 5	893523466	Gulika 1:05PM – 2:15PM Yama 10:46AM – 11:56AM Rahu 8:27AM – 9:37AM	Dhanishtha Until 12:20PM Vajra* Until 10:03AM Bava Until 4:31PM Panchami Until 5:36AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:18AM Sunset: 4:34PM	Sun 17	Sutra 260 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Family Home Evening Creative Work Siddha Yoga								Devaloka Day

5		Tuesday, December 31, 2019		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Kaulava Karana Shashthyam Titau				Stamford, CT
Kumbha Rasi: 15.3	Tithi 6	893523466	Gulika 11:56AM – 1:06PM Yama 9:37AM – 10:47AM Rahu 2:15PM – 3:25PM	Shatabhishak Until 2:50PM Siddhi Until 10:36AM Kaulava Until 6:48PM Shashthi* Until 8:01AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Purple Pausha-Markali	Sunrise: 7:18AM Sunset: 4:35PM	Sun 18	Sutra 261 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Routine Work Marana Yoga								Devaloka Day

6		Wednesday, January 1, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Stamford, CT
Kumbha Rasi: 27.26	Tithi 6 – 7	813623466	Gulika 10:48AM – 11:57AM Yama 8:28AM – 9:38AM Rahu 11:57AM – 1:07PM	Purvaproshtapada* Until 5:54PM Vyatipata* Until 11:21AM Gara Until 9:17PM Shashthi* Until 8:01AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:18AM Sunset: 4:36PM	Sun 19	Sutra 262 Vikarin 5121 Moon 12 - Phase 36 3rd Phase
Creative Work Amrita Yoga Until 5:54PM Then Creative Work - Siddha Yoga				Vinayaga Viratam Ends				Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Thursday, January 2, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Stamford, CT
Meena Rasi: 9.19	Tithi 7 – 8	813623466	Gulika 9:38AM – 10:48AM Yama 7:19AM – 8:28AM Rahu 1:08PM – 2:17PM	Uttaraproshtapada Until 8:48PM Variyan Until 12:08PM Visti Until 11:46PM Saptami Until 10:31AM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:19AM Sunset: 4:37PM	Sun 20	Sutra 263 Vikarin 5121 Moon 12 - Phase 36 Ashtami
Creative Work Siddha Yoga								Bhuloka Day Devaloka Time: 3:PM to 6:PM

Retreat Star		Friday, January 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Stamford, CT
Meena Rasi: 21.13	Tithi 8 – 9	813623466	Gulika 8:28AM – 9:38AM Yama 2:18PM – 3:28PM Rahu 10:48AM – 11:58AM	Revati Until 11:23PM Parigha* Until 12:51PM Balava Until 2:02AM Sat Ashtami* Until 12:55PM	Ganesha: Blue Muruqa: Clear Nataraja: Orange Moon – Clear Pausha-Markali	Sunrise: 7:19AM Sunset: 4:38PM	Sun 21	Sutra 264 Vikarin 5121 Moon 12 - Phase 36 Navami
Creative Work Siddha Yoga Until 11:23PM Then Creative Work - Amrita Yoga								Bhuloka Day Devaloka Time: 3:PM to 6:PM

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Saturday, January 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Stamford, CT Sun 22 Sutra 265 Vikarin 5121
Mesha Rasi: 3.14	Tithi 9 – 10	823623466	Gulika 7:19AM – 8:29AM Yama 1:09PM – 2:19PM Rahu 9:39AM – 10:49AM	Ashvini Until 1:54AM Sun Shiva Until 1:21PM Taitila Until 3:54AM Sun Navami* Until 3:01PM	Ganesha: Yellow <i>Sunrise:</i> 7:19AM Muruqa: Clear <i>Sunset:</i> 4:39PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Creative Work Siddha Yoga					
Until 1:54AM Sun					
Then Routine Work - Prabalarishta Yoga					

2		Sunday, January 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Stamford, CT Sun 23 Sutra 266 Vikarin 5121
Mesha Rasi: 15.25	Tithi 10 – 11	823623466	Gulika 2:20PM – 3:30PM Yama 11:59AM – 1:09PM Rahu 3:30PM – 4:40PM	Bharani Until 3:44AM Mon Siddha Until 1:27PM Vanija Until 5:11AM Mon Dashami Until 4:36PM	Ganesha: Yellow <i>Sunrise:</i> 7:19AM Muruqa: Clear <i>Sunset:</i> 4:40PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Routine Work Prabalarishta Yoga					
Until 3:44AM Mon					
Then Routine Work - Marana Yoga					

3		Monday, January 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Stamford, CT Sun 24 Sutra 267 Vikarin 5121
Mesha Rasi: 27.5	Tithi 11 – 12	823623466	Gulika 1:10PM – 2:20PM Yama 10:49AM – 12:00PM Rahu 8:29AM – 9:39AM	Krittika Until 4:45AM Tue Sadhya Until 1:06PM Bava Until 5:47AM Tue Ekadashi Until 5:33PM	Ganesha: Yellow <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:41PM Nataraja: Orange Moon – White Devaloka Day Pausha-Markali
Family Home Evening					
Routine Work Marana Yoga					
Until 4:45AM Tue					
Then Creative Work - Amrita Yoga					

4		Tuesday, January 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau	Stamford, CT Sun 25 Sutra 268 Vikarin 5121
Vrishabha Rasi: 10.35	Tithi 12 – 13	833623466	Gulika 12:00PM – 1:10PM Yama 9:39AM – 10:50AM Rahu 2:21PM – 3:31PM	Rohini Until 5:22AM Wed Subha Until 12:13PM Kaulava Until 5:38AM Wed Dvadashi Until 5:47PM	Ganesha: White <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:42PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Amrita Yoga					
Until 5:22AM Wed					
Then Creative Work - Siddha Yoga					
<i>Pradosha Vrata</i>					

5		Wednesday, January 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Stamford, CT Sun 26 Sutra 269 Vikarin 5121
Vrishabha Rasi: 23.4	Tithi 13 – 14	833623466	Gulika 10:50AM – 12:00PM Yama 8:29AM – 9:39AM Rahu 12:00PM – 1:11PM	Mrigashira Until 5:09AM Thu Sukla Until 10:44AM Gara Until 4:48AM Thu Trayodashi Until 5:17PM	Ganesha: White <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:43PM Nataraja: Orange Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM Pausha-Markali
Creative Work Siddha Yoga					
Until 5:09AM Thu					
Then Routine Work - Marana Yoga					

6		Thursday, January 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Stamford, CT Sun 27 Sutra 270 Vikarin 5121
Mithuna Rasi: 7.08	Tithi 14 – 15	834623466	Gulika 9:39AM – 10:50AM Yama 7:18AM – 8:29AM Rahu 1:12PM – 2:22PM	Ardra Until 4:10AM Fri Brahma Until 8:44AM Visti Until 3:19AM Fri Chaturdashi* Until 4:07PM	Ganesha: Yellow <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:44PM Nataraja: Orange Moon – Yellow Devaloka Day Pausha-Markali
Routine Work Marana Yoga					
Until 4:10AM Fri					
Then Creative Work - Siddha Yoga					
Ardra Darshanam					

○		Friday, January 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Stamford, CT Sun 27 Sutra 271 Vikarin 5121
Copper Retreat Star					
Mithuna Rasi: 20.58	Tithi 15 – 16	844623466	Gulika 8:29AM – 9:40AM Yama 2:23PM – 3:34PM Rahu 10:50AM – 12:01PM	Punarvasu Until 2:59AM Sat Indra Until 6:16AM Balava Until 1:20AM Sat Purnima* Until 2:22PM	Ganesha: White <i>Sunrise:</i> 7:18AM Muruqa: Clear <i>Sunset:</i> 4:45PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga					
Penumbra Lunar Eclipse					

○		Saturday, January 11, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Stamford, CT Sun 28 Sutra 272 Vikarin 5121
Silver Retreat Star					
Kataka Rasi: 5.07	Tithi 16 – 17	844623466	Gulika 7:17AM – 8:28AM Yama 1:13PM – 2:24PM Rahu 9:40AM – 10:51AM	Pushya Until 1:17AM Sun Vishkambha* Until 12:12AM Sun Taitila Until 10:58PM Prathama* Until 12:10PM	Ganesha: White <i>Sunrise:</i> 7:17AM Muruqa: Clear <i>Sunset:</i> 4:46PM Nataraja: Orange Moon – Blue Sivaloka Day Pausha-Markali
Creative Work Siddha Yoga					



Sunday, January 12, 2020

Gold Retreat Star

Kataka Rasi: 19.3 Tithi 17 - 18

844623466

Gulika 2:25PM - 3:36PM
Yama 12:02PM - 1:13PM
Rahu 3:36PM - 4:47PM

Creative Work Siddha Yoga

Until 11:13PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha* Nakshatra Priti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 273

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Ganesha: White Sunrise: 7:17AM
Muruga: Clear Sunset: 4:47PM
Nataraja: Orange
Moon - Blue
Pausha-Markali

Sivaloka Day

1

Monday, January 13, 2020

Simha Rasi: 4.01 Tithi 18 - 19

844623466

Gulika 1:14PM - 2:25PM
Yama 10:51AM - 12:02PM
Rahu 8:28AM - 9:40AM

Family Home Evening

Routine Work Marana Yoga

Until 9:21PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Magha* Nakshatra Ayushman/Saubhagya Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 274

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Ganesha: Clear Sunrise: 7:17AM
Muruga: Clear Sunset: 4:48PM
Nataraja: Orange
Moon - Red
Pausha-Markali

Devaloka Day

2

Tuesday, January 14, 2020

Simha Rasi: 18.34 Tithi 20

844623466

Gulika 12:03PM - 1:14PM
Yama 9:40AM - 10:51AM
Rahu 2:26PM - 3:38PM

Creative Work Siddha Yoga

Until 7:23PM

Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 3 Sutra 275

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Ganesha: Clear Sunrise: 7:16AM
Muruga: Clear Sunset: 4:49PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Devaloka Day

3

Wednesday, January 15, 2020

Kanya Rasi: 3.03 Tithi 21

844623466

Gulika 10:51AM - 12:03PM
Yama 8:28AM - 9:40AM
Rahu 12:03PM - 1:15PM

Creative Work Amrita Yoga

Until 5:26PM

Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Shashthyam Titau

Stamford, CT

Sun 4 Sutra 276

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Ganesha: Clear Sunrise: 7:16AM
Muruga: Clear Sunset: 4:50PM
Nataraja: Orange
Moon - Red
Pausha-Thai

Devaloka Day

4

Thursday, January 16, 2020

Kanya Rasi: 17.24 Tithi 22

844623466

Gulika 9:40AM - 10:52AM
Yama 7:16AM - 8:28AM
Rahu 1:16PM - 2:28PM

Routine Work Marana Yoga

Until 4:00PM

Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT

Sun 5 Sutra 277

Vikarin 5121

Moon 1 - Phase 38

1st Phase

Ganesha: Purple Sunrise: 7:16AM
Muruga: Clear Sunset: 4:52PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

5

Friday, January 17, 2020

Retreat Star

Tula Rasi: 1.34 Tithi 23

844623466

Gulika 8:27AM - 9:39AM
Yama 2:28PM - 3:41PM
Rahu 10:52AM - 12:04PM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra/Svati Nakshatra Dhriti Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT

Sun 6 Sutra 278

Vikarin 5121

Moon 1 - Phase 38

Ashtami

Ganesha: Purple Sunrise: 7:15AM
Muruga: Clear Sunset: 4:53PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

Saturday, January 18, 2020

Retreat Star

Tula Rasi: 15.31 Tithi 24 - 25

844623466

Gulika 7:14AM - 8:27AM
Yama 1:17PM - 2:29PM
Rahu 9:39AM - 10:52AM

Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Svati/Vishakha Nakshatra Shula* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Stamford, CT

Sun 7 Sutra 279

Vikarin 5121

Moon 1 - Phase 38

Navami

Ganesha: Purple Sunrise: 7:14AM
Muruga: Clear Sunset: 4:54PM
Nataraja: Orange
Moon - Green
Pausha-Thai

Sivaloka Day

1 Sunday, January 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ganda* Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Stamford, CT
Tula Rasi: 29.14	Tithi 26 – 26	Gulika 2:30PM – 3:42PM	Vishakha Until 1:14PM	Ganesha: Clear	<i>Sunrise:</i> 7:14AM	Sun 8 Sutra 280
		Yama 12:04PM – 1:17PM	Ganda* Until 9:30PM	Muruqa: Clear	<i>Sunset:</i> 4:55PM	Vikarin 5121
	874623466	Rahu 3:42PM – 4:55PM	Bava Until 4:01AM Mon	Nataraja: Orange		Moon 1 - Phase 39
Routine Work	Marana Yoga		Dashami Until 4:26PM	Moon – Orange		2nd Phase
				Pausha -Thai		Devaloka Day

2 Monday, January 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Stamford, CT
Vrischika Rasi: 12.44	Tithi 26 – 27	Gulika 1:18PM – 2:31PM	Anuradha Until 1:02PM	Ganesha: Clear	<i>Sunrise:</i> 7:13AM	Sun 9 Sutra 281
Family Home Evening		Yama 10:52AM – 12:05PM	Vriddhi Until 7:45PM	Muruqa: Clear	<i>Sunset:</i> 4:56PM	Vikarin 5121
	874623466	Rahu 8:26AM – 9:39AM	Kaulava Until 3:27AM Tue	Nataraja: Orange		Moon 1 - Phase 39
Creative Work	Siddha Yoga		Ekadashi* Until 3:40PM	Moon – Orange		2nd Phase
				Pausha -Thai		Devaloka Day

3 Tuesday, January 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Stamford, CT
Vrischika Rasi: 26.01	Tithi 27 – 28	Gulika 12:05PM – 1:18PM	Jyeshtha* Until 1:05PM	Ganesha: Purple	<i>Sunrise:</i> 7:13AM	Sun 10 Sutra 282
		Yama 9:39AM – 10:52AM	Dhruva Until 6:17PM	Muruqa: Clear	<i>Sunset:</i> 4:57PM	Vikarin 5121
	875623466	Rahu 2:31PM – 3:44PM	Gara Until 3:18AM Wed	Nataraja: Orange		Moon 1 - Phase 39
Routine Work	Marana Yoga		Dvadashi* Until 3:18PM	Moon – Orange		2nd Phase
Until 1:05PM				Pausha -Thai		Bhuloka Day
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>			Devaloka Time: 3:PM to 6:PM

4 Wednesday, January 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vyaghata/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Stamford, CT
Dhanus Rasi: 9.05	Tithi 28 – 29	Gulika 10:52AM – 12:05PM	Mula* Until 1:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:12AM	Sun 11 Sutra 283
		Yama 8:25AM – 9:39AM	Vyaghata* Until 5:10PM	Muruqa: Clear	<i>Sunset:</i> 4:59PM	Vikarin 5121
	885623466	Rahu 12:05PM – 1:19PM	Visti Until 3:34AM Thu	Nataraja: Orange		Moon 1 - Phase 39
Routine Work	Marana Yoga		Trayodashi* Until 3:21PM	Moon – Light Blue		2nd Phase
Until 1:51PM				Pausha -Thai		Bhuloka Day
Then Creative Work - Amrita Yoga						Devaloka Time: 3:PM to 6:PM

5 Thursday, January 23, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Stamford, CT
Dhanus Rasi: 21.58	Tithi 29 – 30	Gulika 9:38AM – 10:52AM	Purvashadha* Until 2:51PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:11AM	Sun 12 Sutra 284
		Yama 7:11AM – 10:52AM	Harshana Until 4:23PM	Muruqa: Clear	<i>Sunset:</i> 5:00PM	Vikarin 5121
	885623466	Rahu 1:19PM – 2:33PM	Catuspada Until 4:15AM Fri	Nataraja: Orange		Moon 1 - Phase 39
Creative Work	Siddha Yoga		Chaturdashi* Until 3:50PM	Moon – Light Blue		2nd Phase
Until 2:51PM				Pausha -Thai		Bhuloka Day
Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM

Friday, January 24, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Stamford, CT
Retreat Star		Gulika 8:24AM – 9:38AM	Uttarashadha Until 4:07PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:11AM	Sun 13 Sutra 285
Makara Rasi: 4.37	Tithi 30 – 1	Yama 2:33PM – 3:47PM	Vajra* Until 3:54PM	Muruqa: Clear	<i>Sunset:</i> 5:01PM	Vikarin 5121
	885623466	Rahu 10:52AM – 12:06PM	Kintughna Until 5:23AM Sat	Nataraja: Orange		Moon 1 - Phase 39
Routine Work	Marana Yoga		Amavasya* Until 4:44PM	Moon – Light Blue		Amavasya
				Pausha -Thai		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Saturday, January 25, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Prathamayam Titau				Stamford, CT
Retreat Star		Gulika 7:10AM – 8:24AM	Shravana Until 6:08PM	Ganesha: Light Blue	<i>Sunrise:</i> 7:10AM	Sun 14 Sutra 286
Makara Rasi: 17.05	Tithi 1	Yama 1:20PM – 2:34PM	Siddhi Until 3:46PM	Muruqa: Clear	<i>Sunset:</i> 5:02PM	Vikarin 5121
	995623466	Rahu 9:38AM – 10:52AM	Bava Until 6:05PM	Nataraja: Orange		Moon 1 - Phase 39
Creative Work	Siddha Yoga		Prathama* Until 6:05PM	Moon – Purple		Prathama
				Magha -Thai		Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

1		Sunday, January 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Vyalipata* Vriyan Yoga Balava/Kaulava Karana Dvilyayam Titau			Stamford, CT
Makara Rasi: 29.23	Tithi 2	Gulika 2:35PM - 3:49PM	Dhanishtha Until 8:21PM	Ganesha: Orange	Sunrise: 7:09AM	Sun 15	Sutra 287
		Yama 12:06PM - 1:21PM	Vyatipata* Until 3:57PM	Muruqa: Clear	Sunset: 5:04PM		Vikarin 5121
		995723466 Rahu 3:49PM - 5:04PM	Balava Until 6:56AM	Nataraja: Orange			Moon 1 - Phase 40
Routine Work	Marana Yoga		Dvitiya Until 7:50PM	Moon - Purple			3rd Phase
Until 8:21PM				Magha-Thai			Devaloka Day
Then Creative Work - Siddha Yoga							

2		Monday, January 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriyan/Parigha* Yoga Taitila/Gara Karana Tritiyayam Titau			Stamford, CT
Kumbha Rasi: 11.31	Tithi 3	Gulika 1:21PM - 2:36PM	Shatabhishak Until 10:45PM	Ganesha: Orange	Sunrise: 7:08AM	Sun 16	Sutra 288
Family Home Evening		Yama 10:52AM - 12:06PM	Variyan Until 4:23PM	Muruqa: Clear	Sunset: 5:05PM		Vikarin 5121
Creative Work	Siddha Yoga	995723466 Rahu 8:23AM - 9:37AM	Taitila Until 8:52AM	Nataraja: Orange			Moon 1 - Phase 40
Until 10:45PM			Tritiya Until 9:56PM	Moon - Purple			3rd Phase
Then Routine Work - Marana Yoga				Magha-Thai			Devaloka Day

3		Tuesday, January 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Parigha* Shiva Yoga Vanija/Visti* Karana Chalurthyam Titau			Stamford, CT
Kumbha Rasi: 23.31	Tithi 4	Gulika 12:07PM - 1:22PM	Purvaprossthapada* Until 1:44AM Wed	Ganesha: Green	Sunrise: 7:07AM	Sun 17	Sutra 289
		Yama 9:37AM - 10:52AM	Parigha* Until 5:02PM	Muruqa: Clear	Sunset: 5:06PM		Vikarin 5121
		915723466 Rahu 2:36PM - 3:51PM	Vanija Until 11:06AM	Nataraja: Orange			Moon 1 - Phase 40
Routine Work	Marana Yoga		Chaturthi* Until 12:18AM Wed	Moon - Clear			3rd Phase
Until 1:44AM Wed				Magha-Thai			Sivaloka Day
Then Creative Work - Siddha Yoga							

4		Wednesday, January 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprossthapada Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Panchamyam Titau			Stamford, CT
Meena Rasi: 5.26	Tithi 5	Gulika 10:52AM - 12:07PM	Uttaraprossthapada Until 4:41AM Thu	Ganesha: Green	Sunrise: 7:06AM	Sun 18	Sutra 290
		Yama 8:22AM - 9:37AM	Shiva Until 5:51PM	Muruqa: Clear	Sunset: 5:07PM		Vikarin 5121
		915723466 Rahu 12:07PM - 1:22PM	Bava Until 1:34PM	Nataraja: Orange			Moon 1 - Phase 40
Creative Work	Siddha Yoga		Panchami Until 2:49AM Thu	Moon - Clear			3rd Phase
				Magha-Thai			Sivaloka Day

5		Thursday, January 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddha Yoga Kaulava/Taitila Karana Shashthyam Titau			Stamford, CT
Meena Rasi: 17.19	Tithi 6	Gulika 9:36AM - 10:52AM	Revati Until 7:26AM Fri	Ganesha: Orange	Sunrise: 7:05AM	Sun 19	Sutra 291
		Yama 7:05AM - 8:21AM	Siddha Until 6:40PM	Muruqa: Clear	Sunset: 5:09PM		Vikarin 5121
		916723466 Rahu 1:22PM - 2:38PM	Kaulava Until 4:06PM	Nataraja: Orange			Moon 1 - Phase 40
Creative Work	Siddha Yoga		Shashthi* Until 5:19AM Fri	Moon - Clear			3rd Phase
Until 7:26AM Fri				Magha-Thai			Devaloka Day
Then Creative Work - Amrita Yoga							

6		Friday, January 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya Yoga Gara Karana Saptamyam Titau			Stamford, CT
Meena Rasi: 29.11	Tithi 7	Gulika 8:20AM - 9:36AM	Revati Until 7:26AM	Ganesha: Orange	Sunrise: 7:05AM	Sun 20	Sutra 292
		Yama 2:38PM - 3:54PM	Sadhya Until 7:25PM	Muruqa: Clear	Sunset: 5:10PM		Vikarin 5121
		916723466 Rahu 10:51AM - 12:07PM	Gara Until 6:32PM	Nataraja: Orange			Moon 1 - Phase 40
Creative Work	Siddha Yoga		Saptami Until 7:38AM Sat	Moon - Clear			3rd Phase
Until 7:26AM				Magha-Thai			Devaloka Day
Then Creative Work - Amrita Yoga							

Retreat Star		Saturday, February 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Stamford, CT
Mesha Rasi: 11.09	Tithi 7 - 8	Gulika 7:05AM - 8:20AM	Ashvini Until 10:20AM	Ganesha: Green	Sunrise: 7:05AM	Sun 21	Sutra 293
		Yama 1:23PM - 2:38PM	Subha Until 7:57PM	Muruqa: Clear	Sunset: 5:10PM		Vikarin 5121
		926723466 Rahu 9:36AM - 10:51AM	Visti Until 8:40PM	Nataraja: Orange			Moon 1 - Phase 40
Creative Work	Siddha Yoga		Saptami Until 7:38AM	Moon - White			Ashtami
				Magha-Thai			Bhuloka Day
							Devaloka Time: 3:PM to 6:PM

Retreat Star		Sunday, February 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Stamford, CT
Mesha Rasi: 23.16	Tithi 8 - 9	Gulika 2:39PM - 3:55PM	Bharani Until 12:39PM	Ganesha: Green	Sunrise: 7:04AM	Sun 22	Sutra 294
		Yama 12:07PM - 1:23PM	Sukla Until 8:05PM	Muruqa: Clear	Sunset: 5:11PM		Vikarin 5121
		926723466 Rahu 3:55PM - 5:11PM	Balava Until 10:18PM	Nataraja: Orange			Moon 1 - Phase 40
Routine Work	Prabalarishta Yoga		Ashtami* Until 9:32AM	Moon - White			Navami
Until 12:39PM				Magha-Thai			Bhuloka Day
Then Creative Work - Siddha Yoga							Devaloka Time: 3:PM to 6:PM

Monday, February 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Stamford, CT Sun 23 Sutra 295 Vikarin 5121
1		Gulika 1:24PM – 2:40PM	Krittika Until 2:12PM	Ganesha: Green	<i>Sunrise:</i> 7:03AM	
Vrishabha Rasi: 5.37	Tithi 9 – 10	Yama 10:51AM – 12:07PM	Brahma Until 7:42PM	Muruqa: Clear	<i>Sunset:</i> 5:12PM	Moon 1 - Phase 41
Family Home Evening	926723466	Rahu 8:19AM – 9:35AM	Taitila Until 11:13PM	Nataraja: Orange		4th Phase
Routine Work	Marana Yoga		Navami* Until 10:50AM	Moon – White		Bhuloka Day
Until 2:12PM				Magha*Thai		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga						

Tuesday, February 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigashira Nakshatra Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Stamford, CT Sun 24 Sutra 296 Vikarin 5121
2		Gulika 12:07PM – 1:24PM	Rohini Until 3:20PM	Ganesha: Red	<i>Sunrise:</i> 7:01AM	
Vrishabha Rasi: 18.17	Tithi 10 – 11	Yama 9:34AM – 10:51AM	Indra Until 6:44PM	Muruqa: Clear	<i>Sunset:</i> 5:13PM	Moon 1 - Phase 41
	936723467	Rahu 2:40PM – 3:57PM	Vanija Until 11:19PM	Nataraja: Clear		4th Phase
Creative Work	Amrita Yoga		Dashami Until 11:21AM	Moon – Yellow		Devaloka Day
Until 3:20PM				Magha*Thai		
Then Creative Work - Siddha Yoga						

Wednesday, February 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vaidhriti/Vishkambha* Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Stamford, CT Sun 25 Sutra 297 Vikarin 5121
3		Gulika 10:51AM – 12:08PM	Mrigashira Until 3:29PM	Ganesha: Red	<i>Sunrise:</i> 7:00AM	
Mithuna Rasi: 1.22	Tithi 11 – 12	Yama 8:17AM – 9:34AM	Vaidhriti* Until 5:05PM	Muruqa: Clear	<i>Sunset:</i> 5:15PM	Moon 1 - Phase 41
	936723467	Rahu 12:08PM – 1:24PM	Bava Until 10:35PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 11:02AM	Moon – Yellow		Devaloka Day
				Magha*Thai		

Thursday, February 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Vishkambha* Priti Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Stamford, CT Sun 26 Sutra 298 Vikarin 5121
4		Gulika 9:34AM – 10:51AM	Ardra Until 2:41PM	Ganesha: Red	<i>Sunrise:</i> 6:59AM	
Mithuna Rasi: 14.54	Tithi 12 – 13	Yama 6:59AM – 8:16AM	Vishkambha* Until 2:48PM	Muruqa: Clear	<i>Sunset:</i> 5:16PM	Moon 1 - Phase 41
	936723467	Rahu 1:25PM – 2:42PM	Kaulava Until 9:03PM	Nataraja: Clear		4th Phase
Routine Work	Marana Yoga		Dvadashi Until 9:54AM	Moon – Yellow		Devaloka Day
Until 2:41PM				Magha*Thai		
Then Creative Work - Amrita Yoga						
						<i>Pradosha Vrata</i>

Friday, February 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Stamford, CT Sun 27 Sutra 299 Vikarin 5121
5		Gulika 8:16AM – 9:33AM	Punarvasu Until 1:28PM	Ganesha: Blue	<i>Sunrise:</i> 6:58AM	
Mithuna Rasi: 28.53	Tithi 13 – 14	Yama 2:42PM – 4:00PM	Priti Until 11:57AM	Muruqa: Clear	<i>Sunset:</i> 5:17PM	Moon 1 - Phase 41
	947723467	Rahu 10:50AM – 12:08PM	Gara Until 6:50PM	Nataraja: Clear		4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 8:00AM	Moon – Blue		Bhuloka Day
Until 1:28PM		Thai Pusam		Magha*Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Saturday, February 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Visti/Bava Karana Purnimayam Titau				Stamford, CT Sutra 300 Vikarin 5121
○		Gulika 6:57AM – 8:15AM	Pushya Until 11:31AM	Ganesha: Blue	<i>Sunrise:</i> 6:57AM	
Copper Retreat Star		Yama 1:25PM – 2:43PM	Ayushman Until 8:36AM	Muruqa: Clear	<i>Sunset:</i> 5:18PM	Moon 1 - Phase 41
Kataka Rasi: 13.17	Tithi 15	Rahu 9:32AM – 10:50AM	Visti Until 4:03PM	Nataraja: Clear		Purnima
Creative Work	Siddha Yoga		Purnima* Until 2:30AM Sun	Moon – Blue		Bhuloka Day
Until 11:31AM				Magha*Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

Sunday, February 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Stamford, CT Sutra 301 Vikarin 5121
○		Gulika 2:44PM – 4:02PM	Ashlesha* Until 9:01AM	Ganesha: Blue	<i>Sunrise:</i> 6:56AM	
Silver Retreat Star		Yama 12:08PM – 1:26PM	Sobhana Until 12:59AM Mon	Muruqa: Clear	<i>Sunset:</i> 5:20PM	Moon 1 - Phase 41
Kataka Rasi: 28.02	Tithi 16	Rahu 4:02PM – 5:20PM	Balava Until 12:54PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:13PM	Moon – Blue		Bhuloka Day
Until 9:01AM				Magha*Thai		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						



Monday, February 10, 2020
Gold Retreat Star

Simha Rasi: 12.59 Tithi 17
Family Home Evening 957723467
Routine Work Marana Yoga
Until 6:33AM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 1:26PM – 2:44PM
Yama 10:50AM – 12:08PM
Rahu 8:13AM – 9:31AM
Magha* Until 6:33AM
Athiganda* Until 8:56PM
Taitila Until 9:31AM
Dvitiya Until 7:47PM

Ganesha: Red *Sunrise: 6:55AM*
Muruqa: Clear *Sunset: 5:21PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Stamford, CT
Sutra 302
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

1

Tuesday, February 11, 2020

Simha Rasi: 27.59 Tithi 18 – 19
957723467
Creative Work Amrita Yoga
Until 1:08AM Wed
Then Routine Work - Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Sukarma/Dhriti Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Gulika 12:08PM – 1:26PM
Yama 9:31AM – 10:49AM
Rahu 2:45PM – 4:04PM
Uttaraphalguni Until 1:08AM Wed
Sukarma Until 4:57PM
Vanija Until 6:06AM
Tritiya Until 4:24PM

Ganesha: Red *Sunrise: 6:54AM*
Muruqa: Clear *Sunset: 5:22PM*
Nataraja: Clear
Moon – Red
Magha*Thai

Stamford, CT
Sun 1 Sutra 303
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Devaloka Day

2

Wednesday, February 12, 2020

Kanya Rasi: 12.55 Tithi 19 – 20
968723467
Routine Work Marana Yoga
Until 10:56PM
Then Creative Work - Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 10:49AM – 12:08PM
Yama 8:11AM – 9:30AM
Rahu 12:08PM – 1:27PM
Hasta Until 10:56PM
Dhriti Until 1:07PM
Kaulava Until 11:43PM
Chaturthi* Until 1:11PM

Ganesha: Green *Sunrise: 6:52AM*
Muruqa: Clear *Sunset: 5:23PM*
Nataraja: Clear
Moon – Green
Magha*Thai

Stamford, CT
Sun 2 Sutra 304
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, February 13, 2020

Kanya Rasi: 27.38 Tithi 20 – 21
968723467
Creative Work Siddha Yoga
Until 8:58PM
Then Creative Work - Amrita Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:29AM – 10:49AM
Yama 6:51AM – 8:10AM
Rahu 1:27PM – 2:46PM
Chitra Until 8:58PM
Shula* Until 9:32AM
Gara Until 9:03PM
Panchami Until 10:19AM

Ganesha: White *Sunrise: 6:51AM*
Muruqa: Clear *Sunset: 5:25PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Stamford, CT
Sun 3 Sutra 305
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, February 14, 2020

Tula Rasi: 12.02 Tithi 21 – 22
968723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Ganda*/Vridhi Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 8:09AM – 9:29AM
Yama 2:47PM – 4:06PM
Rahu 10:48AM – 12:08PM
Svati Until 7:23PM
Ganda* Until 6:20AM
Visti Until 6:54PM
Shashthi* Until 7:53AM

Ganesha: White *Sunrise: 6:50AM*
Muruqa: Clear *Sunset: 5:26PM*
Nataraja: Clear
Moon – Green
Magha*Masi

Stamford, CT
Sun 4 Sutra 306
Vikarin 5121
Moon 2 - Phase 42
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Retreat Star

Saturday, February 15, 2020

Tula Rasi: 26.04 Tithi 22 – 23
978723467
Creative Work Siddha Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Vishakha Nakshatra Dhruva Yoga Bava/Kaulava Karana Saptami/Ashtamyam Titau

Gulika 6:48AM – 8:08AM
Yama 1:28PM – 2:47PM
Rahu 9:28AM – 10:48AM
Vishakha Until 6:39PM
Dhruva Until 1:17AM Sun
Kaulava Until 4:44AM Sun
Saptami Until 6:01AM

Ganesha: Clear *Sunrise: 6:48AM*
Muruqa: Clear *Sunset: 5:27PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Stamford, CT
Sun 5 Sutra 307
Vikarin 5121
Moon 2 - Phase 42
Ashtami

Devaloka Day

Sunday, February 16, 2020

Retreat Star

Vrischika Rasi: 9.44 Tithi 24
978723467
Routine Work Marana Yoga

Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Vyaghata* Yoga Taitila/Gara Karana Navamyam Titau

Gulika 2:48PM – 4:08PM
Yama 12:08PM – 1:28PM
Rahu 4:08PM – 5:28PM
Anuradha Until 6:23PM
Vyaghata* Until 11:30PM
Taitila Until 4:22PM
Navami* Until 4:06AM Mon

Ganesha: Clear *Sunrise: 6:47AM*
Muruqa: Clear *Sunset: 5:28PM*
Nataraja: Clear
Moon – Orange
Magha*Masi

Stamford, CT
Sun 6 Sutra 308
Vikarin 5121
Moon 2 - Phase 42
Navami

Devaloka Day


1		Monday, February 17, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam		Stamford, CT	
Vrischika Rasi: 23.04		Tithi 25		Jyeshtha* Until 6:33PM		Sun 7 Sutra 309	
Family Home Evening		978723467		Ganesha: Clear		Sunrise: 6:46AM	
Creative Work		Siddha Yoga		Muruga: Clear		Sunset: 5:30PM	
		Rahu 8:06AM - 9:27AM		Nataraja: Clear		Moon 2 - Phase 43	
				Moon - Orange		2nd Phase	
				Dashami Until 4:03AM Tue		Devaloka Day	
				Magha-Masi			

2		Tuesday, February 18, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Dhanus Rasi: 6.04		Tithi 26		Mula* Until 7:36PM		Sun 8 Sutra 310	
Creative Work		Amrita Yoga		Ganesha: Purple		Sunrise: 6:44AM	
Until 7:36PM		988723467		Muruga: Clear		Sunset: 5:31PM	
Then Creative Work - Siddha Yoga		Rahu 2:49PM - 4:10PM		Nataraja: Clear		Moon 2 - Phase 43	
				Moon - Light Blue		2nd Phase	
				Ekadashi* Until 4:34AM Wed		Bhuloka Day	
				Magha-Masi		Devaloka Time: 3:PM to 6:PM	

3		Wednesday, February 19, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam		Stamford, CT	
Dhanus Rasi: 18.49		Tithi 27		Purvashadha* Until 8:58PM		Sun 9 Sutra 311	
Creative Work		Amrita Yoga		Ganesha: Purple		Sunrise: 6:43AM	
		988723467		Muruga: Clear		Sunset: 5:32PM	
		Rahu 12:07PM - 1:29PM		Nataraja: Clear		Moon 2 - Phase 43	
				Moon - Light Blue		2nd Phase	
				Dvadashi* Until 5:32AM Thu		Bhuloka Day	
				Magha-Masi		Devaloka Time: 3:PM to 6:PM	

4		Thursday, February 20, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
Makara Rasi: 1.2		Tithi 28		Uttarashadha Until 10:35PM		Sun 10 Sutra 312	
Routine Work		Marana Yoga		Ganesha: Purple		Sunrise: 6:42AM	
Until 10:35PM		989823467		Muruga: Clear		Sunset: 5:33PM	
Then Creative Work - Siddha Yoga		Rahu 1:29PM - 2:50PM		Nataraja: Clear		Moon 2 - Phase 43	
				Moon - Light Blue		2nd Phase	
				Trayodashi* Until 6:55AM Fri		Bhuloka Day	
				Pradosha Vrata (Fasting)		Devaloka Time: 3:PM to 6:PM	

5		Friday, February 21, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam		Stamford, CT	
Makara Rasi: 13.42		Tithi 28 - 29		Shravana Until 12:52AM Sat		Sun 11 Sutra 313	
Routine Work		Marana Yoga		Ganesha: Light Blue		Sunrise: 6:40AM	
Until 12:52AM Sat		999823467		Muruga: Clear		Sunset: 5:34PM	
Then Creative Work - Siddha Yoga		Rahu 10:46AM - 12:07PM		Nataraja: Clear		Moon 2 - Phase 43	
				Moon - Purple		2nd Phase	
				Trayodashi* Until 6:55AM		Bhuloka Day	
				Mahasivaratri (Lunar)		Devaloka Time: 3:PM to 6:PM	
				Mahasivaratri (Solar)			

		Saturday, February 22, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam		Stamford, CT	
Makara Rasi: 25.55		Tithi 29 - 30		Dhanishtha Until 3:16AM Sun		Sun 12 Sutra 314	
Creative Work		Siddha Yoga		Ganesha: Light Blue		Sunrise: 6:39AM	
		999823467		Muruga: Clear		Sunset: 5:36PM	
		Rahu 9:23AM - 10:45AM		Nataraja: Clear		Moon 2 - Phase 43	
				Moon - Purple		Amavasya	
				Chaturdashi* Until 8:37AM		Bhuloka Day	
				Magha-Masi		Devaloka Time: 3:PM to 6:PM	

Sunday, February 23, 2020		Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Kumbha Rasi: 8.02		Tithi 30 - 1		Shatabhishak Until 5:43AM Mon		Sun 13 Sutra 315	
Creative Work		Siddha Yoga		Ganesha: Light Blue		Sunrise: 6:37AM	
Until 5:43AM Mon		999823467		Muruga: Clear		Sunset: 5:37PM	
Then Routine Work - Marana Yoga		Rahu 4:14PM - 5:37PM		Nataraja: Clear		Moon 2 - Phase 43	
				Moon - Purple		Prathama	
				Amavasya* Until 10:36AM		Bhuloka Day	
				Phalgun-Masi		Devaloka Time: 3:PM to 6:PM	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

Monday, February 24, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprossthapada* Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Stamford, CT
1					Sun 14	Sutra 316
Kumbha Rasi: 20.03	Tithi 1 – 2	Gulika	1:30PM – 2:52PM	Purvaprossthapada* Until 8:41AM Tue	Ganesha: Orange	<i>Sunrise:</i> 6:36AM
Family Home Evening	919823467	Yama	10:44AM – 12:07PM	Siddha Until 10:15PM	Muruqa: Clear	<i>Sunset:</i> 5:38PM
Routine Work Marana Yoga		Rahu	7:59AM – 9:21AM	Balava Until 2:00AM Tue	Nataraja: Clear	Moon 2 - Phase 44
Until 8:41AM Tue				Prathama* Until 12:48PM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day

Tuesday, February 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Stamford, CT
2					Sun 15	Sutra 317
Meena Rasi: 1.59	Tithi 2 – 3	Gulika	12:07PM – 1:30PM	Purvaprossthapada* Until 8:41AM	Ganesha: Orange	<i>Sunrise:</i> 6:34AM
	919823467	Yama	9:21AM – 10:44AM	Sadhya Until 11:02PM	Muruqa: Clear	<i>Sunset:</i> 5:39PM
Routine Work Marana Yoga		Rahu	2:53PM – 4:16PM	Taitila Until 4:27AM Wed	Nataraja: Clear	Moon 2 - Phase 44
Until 8:41AM				Dvitiya Until 3:11PM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day

Wednesday, February 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprossthapada/Revati Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Stamford, CT
3					Sun 16	Sutra 318
Meena Rasi: 13.53	Tithi 3 – 4	Gulika	10:43AM – 12:07PM	Uttaraprossthapada Until 11:36AM	Ganesha: Orange	<i>Sunrise:</i> 6:33AM
	919823467	Yama	7:56AM – 9:20AM	Subha Until 11:55PM	Muruqa: Clear	<i>Sunset:</i> 5:40PM
Creative Work Siddha Yoga		Rahu	12:07PM – 1:30PM	Vanija Until 6:58AM Thu	Nataraja: Clear	Moon 2 - Phase 44
Until 11:36AM				Tritiya Until 5:41PM	Moon – Clear	3rd Phase
Then Routine Work - Marana Yoga					Phalguna-Masi	Devaloka Day

Thursday, February 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Vanija/Visiti* Karana Chaturthyam Titau				Stamford, CT
4					Sun 17	Sutra 319
Meena Rasi: 25.45	Tithi 4	Gulika	9:19AM – 10:43AM	Revati Until 2:25PM	Ganesha: Orange	<i>Sunrise:</i> 6:31AM
	919823467	Yama	6:31AM – 7:55AM	Sukla Until 12:45AM Fri	Muruqa: Clear	<i>Sunset:</i> 5:41PM
Creative Work Siddha Yoga		Rahu	1:30PM – 2:54PM	Vanija Until 6:58AM	Nataraja: Clear	Moon 2 - Phase 44
Until 2:25PM				Chaturthi* Until 8:12PM	Moon – Clear	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Devaloka Day
						Subramuniyaswami Siva Vision Day

Friday, February 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
5					Sun 18	Sutra 320
Mesha Rasi: 7.37	Tithi 5	Gulika	7:54AM – 9:18AM	Ashvini Until 5:29PM	Ganesha: Purple	<i>Sunrise:</i> 6:30AM
	921823467	Yama	2:54PM – 4:18PM	Brahma Until 1:31AM Sat	Muruqa: Clear	<i>Sunset:</i> 5:43PM
Creative Work Amrita Yoga		Rahu	10:42AM – 12:06PM	Bava Until 9:27AM	Nataraja: Clear	Moon 2 - Phase 44
Until 5:29PM				Panchami Until 10:37PM	Moon – White	3rd Phase
Then Creative Work - Siddha Yoga					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Saturday, February 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Indra Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
6					Sun 19	Sutra 321
Mesha Rasi: 19.33	Tithi 6	Gulika	6:28AM – 7:53AM	Bharani Until 8:10PM	Ganesha: Purple	<i>Sunrise:</i> 6:28AM
	921823467	Yama	1:30PM – 2:55PM	Indra Until 2:05AM Sun	Muruqa: Clear	<i>Sunset:</i> 5:44PM
Creative Work Siddha Yoga		Rahu	9:17AM – 10:42AM	Kaulava Until 11:45AM	Nataraja: Clear	Moon 2 - Phase 44
Until 8:10PM				Shashthi* Until 12:45AM Sun	Moon – White	3rd Phase
Then Creative Work - Amrita Yoga					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Sunday, March 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Saptamyam Titau				Stamford, CT
Retreat Star					Sun 20	Sutra 322
Shrabha Rasi: 1.37	Tithi 7	Gulika	2:56PM – 4:21PM	Krittika Until 10:16PM	Ganesha: Purple	<i>Sunrise:</i> 6:25AM
	921833467	Yama	12:06PM – 1:31PM	Vaidhriti* Until 2:14AM Mon	Muruqa: Orange	<i>Sunset:</i> 5:46PM
Creative Work Siddha Yoga		Rahu	4:21PM – 5:46PM	Gara Until 1:41PM	Nataraja: Clear	Moon 2 - Phase 44
				Saptami Until 2:25AM Mon	Moon – White	3rd Phase
					Phalguna-Masi	Bhuloka Day
						Devaloka Time: 3:PM to 6:PM

Monday, March 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ashtamyam Titau				Stamford, CT
Retreat Star					Sun 21	Sutra 323
Shrabha Rasi: 13.53	Tithi 8	Gulika	1:31PM – 2:56PM	Rohini Until 12:04AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:24AM
Family Home Evening	931833467	Yama	10:40AM – 12:05PM	Vishkambha* Until 1:54AM Tue	Muruqa: Orange	<i>Sunset:</i> 5:47PM
Creative Work Amrita Yoga		Rahu	7:49AM – 9:15AM	Visti Until 3:01PM	Nataraja: Clear	Moon 2 - Phase 44
Until 12:04AM Tue				Ashtami* Until 3:23AM Tue	Moon – Yellow	Ashtami
Then Creative Work - Siddha Yoga					Phalguna-Masi	Devaloka Day

Tuesday, March 3, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Priti Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
Retreat Star					Sun 22	Sutra 324
Shrabha Rasi: 26.28	Tithi 9	Gulika	12:05PM – 1:31PM	Mrigashira Until 12:55AM Wed	Ganesha: Clear	<i>Sunrise:</i> 6:22AM
	931833467	Yama	9:14AM – 10:39AM	Priti Until 12:57AM Wed	Muruqa: Orange	<i>Sunset:</i> 5:48PM
Creative Work Siddha Yoga		Rahu	2:57PM – 4:23PM	Balava Until 3:36PM	Nataraja: Clear	Moon 2 - Phase 44
				Navami* Until 3:33AM Wed	Moon – Yellow	Navami
					Phalguna-Masi	Devaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

1		Wednesday, March 4, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Ayushman Yoga Taitila/Gara Karana Dashamyam Titau	Stamford, CT Sun 23 Sutra 325 Vikarin 5121
Mithuna Rasi: 9.26	Tithi 10	Gulika 10:39AM – 12:05PM	Ardra Until 12:47AM Thu	Ganesha: Red <i>Sunrise:</i> 6:21AM	
		Yama 7:47AM – 9:13AM	Ayushman Until 11:18PM	Muruqa: Orange <i>Sunset:</i> 5:49PM	Moon 2 - Phase 45
		131833467 Rahu 12:05PM – 1:31PM	Taitila Until 3:19PM	Nataraja: Clear	4th Phase
Creative Work Siddha Yoga			Dashami Until 2:49AM Thu	Moon – Yellow	Devaloka Day
Until 12:47AM Thu				Phalguna-Masi	
Then Creative Work - Amrita Yoga					

2		Thursday, March 5, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Saubhagya Yoga Vanija/Visli* Karana Ekadashyam Titau	Stamford, CT Sun 24 Sutra 326 Vikarin 5121
Mithuna Rasi: 22.52	Tithi 11	Gulika 9:12AM – 10:38AM	Punarvasu Until 12:05AM Fri	Ganesha: Blue <i>Sunrise:</i> 6:19AM	
		Yama 6:19AM – 7:45AM	Saubhagya Until 8:58PM	Muruqa: Orange <i>Sunset:</i> 5:51PM	Moon 2 - Phase 45
		141833467 Rahu 1:31PM – 2:58PM	Vanija Until 2:09PM	Nataraja: Clear	4th Phase
Creative Work Amrita Yoga			Ekadashi Until 1:14AM Fri	Moon – Blue	Bhuloka Day
Until 12:05AM Fri				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga					

3		Friday, March 6, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Sobhana Yoga Bava/Balava Karana Dvadashyam Titau	Stamford, CT Sun 25 Sutra 327 Vikarin 5121
Kataka Rasi: 6.48	Tithi 12	Gulika 7:44AM – 9:11AM	Pushya Until 10:29PM	Ganesha: Blue <i>Sunrise:</i> 6:17AM	
		Yama 2:58PM – 4:25PM	Sobhana Until 6:00PM	Muruqa: Orange <i>Sunset:</i> 5:52PM	Moon 2 - Phase 45
		141833467 Rahu 10:38AM – 12:04PM	Bava Until 12:10PM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Dvadashi Until 10:53PM	Moon – Blue	Bhuloka Day
				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM

4		Saturday, March 7, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Trayodashyam Titau	Stamford, CT Sun 26 Sutra 328 Vikarin 5121
Kataka Rasi: 21.13	Tithi 13	Gulika 6:16AM – 7:43AM	Ashlesha* Until 8:07PM	Ganesha: Blue <i>Sunrise:</i> 6:16AM	
		Yama 1:31PM – 2:59PM	Athiganda* Until 2:29PM	Muruqa: Orange <i>Sunset:</i> 5:53PM	Moon 2 - Phase 45
		141833467 Rahu 9:10AM – 10:37AM	Kaulava Until 9:29AM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Trayodashi Until 7:54PM	Moon – Blue	Bhuloka Day
Until 8:07PM				Phalguna-Masi	Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga					

Pradosha Vrata

5		Sunday, March 8, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Gara/Visli* Karana Chaturdashi/Purnimayam Titau	Stamford, CT Sun 27 Sutra 329 Vikarin 5121
Simha Rasi: 6.04	Tithi 14 – 15	Gulika 2:59PM – 4:26PM	Magha* Until 5:33PM	Ganesha: Yellow <i>Sunrise:</i> 6:14AM	
		Yama 12:04PM – 1:31PM	Sukarma Until 10:34AM	Muruqa: Orange <i>Sunset:</i> 5:54PM	Moon 2 - Phase 45
		151833467 Rahu 4:26PM – 5:54PM	Gara Until 6:15AM	Nataraja: Clear	4th Phase
Routine Work Marana Yoga			Chaturdashi* Until 4:27PM	Moon – Red	Devaloka Day
Until 5:33PM		Chidambaram Abhishekam		Phalguna-Masi	
Then Creative Work - Siddha Yoga					

○		Monday, March 9, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Stamford, CT Sun 28 Sutra 330 Vikarin 5121
Copper Retreat Star		Gulika 1:32PM – 2:59PM	Purvaphalguni Until 2:34PM	Ganesha: White <i>Sunrise:</i> 6:12AM	
Simha Rasi: 21.12	Tithi 15 – 16	Yama 10:36AM – 12:04PM	Dhriti Until 6:23AM	Muruqa: Orange <i>Sunset:</i> 5:55PM	Moon 2 - Phase 45
Family Home Evening		152833467 Rahu 7:40AM – 9:08AM	Balava Until 10:49PM	Nataraja: Clear	Purnima
Creative Work Siddha Yoga			Purnima* Until 12:43PM	Moon – Red	Sivaloka Day
		Holi		Phalguna-Masi	

○		Tuesday, March 10, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ganda* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau	Stamford, CT Sun 29 Sutra 331 Vikarin 5121
Silver Retreat Star		Gulika 12:03PM – 1:32PM	Uttaraphalguni Until 11:22AM	Ganesha: White <i>Sunrise:</i> 6:11AM	
Kanya Rasi: 6.29	Tithi 16 – 17	Yama 9:07AM – 10:35AM	Ganda* Until 9:41PM	Muruqa: Orange <i>Sunset:</i> 5:56PM	Moon 2 - Phase 45
		152833467 Rahu 3:00PM – 4:28PM	Taitila Until 6:59PM	Nataraja: Clear	Prathama
Creative Work Amrita Yoga			Prathama* Until 8:53AM	Moon – Red	Sivaloka Day
Until 11:22AM				Phalguna-Masi	
Then Creative Work - Siddha Yoga					



Wednesday, March 11, 2020

Gold Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Tritiyayam Titau

Stamford, CT

Sun 1 Sutra 332

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Kanya Rasi: 21.44 Tithi 18

162833467 Rahu

Gulika 10:35AM - 12:03PM

Yama 7:38AM - 9:06AM

Rahu 12:03PM - 1:32PM

Hasta Until 8:31AM

Vriddhi Until 5:31PM

Vanija Until 3:18PM

Tritiya Until 1:33AM Thu

Ganesha: Clear Sunrise: 6:09AM

Muruqa: Orange Sunset: 5:57PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Routine Work Marana Yoga

Until 8:31AM

Then Creative Work - Siddha Yoga

1

Thursday, March 12, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Chaturthyam Titau

Stamford, CT

Sun 2 Sutra 333

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 6.46 Tithi 19

162833467 Rahu

Gulika 9:05AM - 10:34AM

Yama 6:08AM - 7:36AM

Rahu 1:32PM - 3:01PM

Svati Until 3:24AM Fri

Dhruva Until 1:36PM

Bava Until 11:57AM

Chaturthi* Until 10:25PM

Ganesha: Clear Sunrise: 6:08AM

Muruqa: Orange Sunset: 5:58PM

Nataraja: Clear

Moon - Green

Phalguna-Masi

Devaloka Day

Creative Work Amrita Yoga

Until 3:24AM Fri

Then Creative Work - Siddha Yoga

2

Friday, March 13, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Panchamyam Titau

Stamford, CT

Sun 3 Sutra 334

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Tula Rasi: 21.29 Tithi 20

172833467 Rahu

Gulika 7:35AM - 9:04AM

Yama 3:01PM - 4:30PM

Rahu 10:33AM - 12:03PM

Vishakha Until 1:51AM Sat

Vyaghata* Until 10:06AM

Kaulava Until 9:04AM

Panchami Until 7:50PM

Ganesha: Purple Sunrise: 6:06AM

Muruqa: Orange Sunset: 5:59PM

Nataraja: Clear

Moon - Orange

Phalguna-Masi

Sivaloka Day

Creative Work Siddha Yoga

3

Saturday, March 14, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha Nakshatra Harshana/Vajra* Yoga Gara/Visti* Karana Shashthi/Saptamyam Titau

Stamford, CT

Sun 4 Sutra 335

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 5.45 Tithi 21 - 22

172833468 Rahu

Gulika 6:04AM - 7:34AM

Yama 1:32PM - 3:01PM

Rahu 9:03AM - 10:33AM

Anuradha Until 12:52AM Sun

Harshana Until 7:08AM

Gara Until 6:49AM

Shashthi* Until 5:56PM

Ganesha: Purple Sunrise: 6:04AM

Muruqa: Orange Sunset: 6:01PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 12:52AM Sun

Then Routine Work - Marana Yoga

4

Sunday, March 15, 2020

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha* Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Stamford, CT

Sun 5 Sutra 336

Vikarin 5121

Moon 3 - Phase 46

1st Phase

Vrischika Rasi: 19.34 Tithi 22 - 23

172933468 Rahu

Gulika 3:02PM - 4:32PM

Yama 12:02PM - 1:32PM

Rahu 4:32PM - 6:02PM

Jyeshtha* Until 12:31AM Mon

Siddhi Until 2:58AM Mon

Balava Until 4:33AM Mon

Saptami Until 4:48PM

Ganesha: Clear Sunrise: 6:03AM

Muruqa: Orange Sunset: 6:02PM

Nataraja: Purple

Moon - Orange

Phalguna-Panguni

Sivaloka Day

Routine Work Marana Yoga

Until 12:31AM Mon

Then Creative Work - Siddha Yoga

5

Monday, March 16, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Mula* Nakshatra Vyatipata* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT

Sun 6 Sutra 337

Vikarin 5121

Moon 3 - Phase 46

Ashtami

Dhanus Rasi: 2.55 Tithi 23 - 24

182933468 Rahu

Gulika 1:32PM - 3:02PM

Yama 10:32AM - 12:02PM

Rahu 7:31AM - 9:01AM

Mula* Until 1:13AM Tue

Vyatipata* Until 1:50AM Tue

Taitila Until 4:36AM Tue

Ashtami* Until 4:28PM

Ganesha: Purple Sunrise: 6:01AM

Muruqa: Orange Sunset: 6:03PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, March 17, 2020

Retreat Star

Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha* Nakshatra Variyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Stamford, CT

Sun 7 Sutra 338

Vikarin 5121

Moon 3 - Phase 46

Navami

Dhanus Rasi: 15.52 Tithi 24 - 25

182933468 Rahu

Gulika 12:01PM - 1:32PM

Yama 9:00AM - 10:31AM

Rahu 3:03PM - 4:33PM

Purvashadha* Until 2:29AM Wed

Variyan Until 1:14AM Wed

Vanija Until 5:21AM Wed

Navami* Until 4:52PM

Ganesha: Purple Sunrise: 5:59AM

Muruqa: Orange Sunset: 6:04PM

Nataraja: Purple

Moon - Light Blue

Phalguna-Panguni

Devaloka Day

Creative Work Siddha Yoga

Until 2:29AM Wed

Then Creative Work - Amrita Yoga

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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1		Wednesday, March 18, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Parigha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 8 Sutra 339	
Dhanus Rasi: 28.29	Tithi 25 – 26	Gulika 10:30AM – 12:01PM	Uttarashadha Until 4:10AM Thu	Ganesha: Purple	<i>Sunrise:</i> 5:58AM		Vikarin 5121
		Yama 7:28AM – 8:59AM	Parigha* Until 1:07AM Thu	Muruqa: Orange	<i>Sunset:</i> 6:05PM		Moon 3 - Phase 47
		182933468 Rahu 12:01PM – 1:32PM	Bava Until 6:42AM Thu	Nataraja: Purple			2nd Phase
Creative Work	Amrita Yoga		Dashami Until 5:57PM	Moon – Light Blue		Devaloka Day	
Until 4:10AM Thu				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

2		Thursday, March 19, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shravana Nakshatra Shiva Yoga Bava/Balava Karana Ekadashyam Titau		Stamford, CT Sun 9 Sutra 340	
Makara Rasi: 10.5	Tithi 26	Gulika 8:58AM – 10:30AM	Shravana Until 6:37AM Fri	Ganesha: Clear	<i>Sunrise:</i> 5:56AM		Vikarin 5121
		Yama 5:56AM – 7:27AM	Shiva Until 1:23AM Fri	Muruqa: Orange	<i>Sunset:</i> 6:06PM		Moon 3 - Phase 47
		192933468 Rahu 1:32PM – 3:03PM	Bava Until 6:42AM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 7:32PM	Moon – Purple		Sivaloka Day	
				Phalguna-Panguni			

3		Friday, March 20, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Kaulava/Tailita Karana Dvadashyam Titau		Stamford, CT Sun 10 Sutra 341	
Makara Rasi: 23.01	Tithi 27	Gulika 7:26AM – 8:57AM	Shravana Until 6:37AM	Ganesha: Clear	<i>Sunrise:</i> 5:54AM		Vikarin 5121
		Yama 3:04PM – 4:35PM	Siddha Until 1:53AM Sat	Muruqa: Orange	<i>Sunset:</i> 6:07PM		Moon 3 - Phase 47
		192933468 Rahu 10:29AM – 12:01PM	Kaulava Until 8:30AM	Nataraja: Purple			2nd Phase
Routine Work	Marana Yoga		Dvadashi* Until 9:29PM	Moon – Purple		Sivaloka Day	
Until 6:37AM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

4		Saturday, March 21, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau		Stamford, CT Sun 11 Sutra 342	
Kumbha Rasi: 5.04	Tithi 28	Gulika 5:53AM – 7:24AM	Dhanishtha Until 9:12AM	Ganesha: Clear	<i>Sunrise:</i> 5:53AM		Vikarin 5121
		Yama 1:32PM – 3:04PM	Sadhya Until 2:34AM Sun	Muruqa: Orange	<i>Sunset:</i> 6:08PM		Moon 3 - Phase 47
		192933468 Rahu 8:56AM – 10:28AM	Gara Until 10:36AM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:42PM	Moon – Purple		Sivaloka Day	
Until 9:12AM				Phalguna-Panguni			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata (Fasting)</i>				

5		Sunday, March 22, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 343	
Kumbha Rasi: 17.01	Tithi 29	Gulika 3:05PM – 4:37PM	Shatabhishak Until 11:48AM	Ganesha: White	<i>Sunrise:</i> 5:51AM		Vikarin 5121
		Yama 12:00PM – 1:32PM	Subha Until 3:22AM Mon	Muruqa: Orange	<i>Sunset:</i> 6:09PM		Moon 3 - Phase 47
		193933468 Rahu 4:37PM – 6:09PM	Visti* Until 12:53PM	Nataraja: Purple			2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 2:03AM Mon	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

Monday, March 23, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 13 Sutra 344	
Kumbha Rasi: 28.56	Tithi 30	Gulika 1:32PM – 3:05PM	Purvaproshtapada* Until 2:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:49AM		Vikarin 5121
Family Home Evening		Yama 10:27AM – 12:00PM	Sukla Until 4:12AM Tue	Muruqa: Orange	<i>Sunset:</i> 6:10PM		Moon 3 - Phase 47
Routine Work	Marana Yoga	113933468 Rahu 7:22AM – 8:54AM	Catuspada Until 3:17PM	Nataraja: Purple			Amavasya
Until 2:51PM			Amavasya* Until 4:28AM Tue	Moon – Clear		Sivaloka Day	
Then Creative Work - Siddha Yoga				Phalguna-Panguni			

Tuesday, March 24, 2020		Retreat Star		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 14 Sutra 345	
Meena Rasi: 10.49	Tithi 1	Gulika 11:59AM – 1:32PM	Uttaraproshtapada Until 5:47PM	Ganesha: Yellow	<i>Sunrise:</i> 5:47AM		Vikarin 5121
		Yama 8:53AM – 10:26AM	Brahma Until 5:04AM Wed	Muruqa: Orange	<i>Sunset:</i> 6:11PM		Moon 3 - Phase 47
		113933468 Rahu 3:05PM – 4:38PM	Kintughna Until 5:43PM	Nataraja: Purple			Prathama
Creative Work	Amrita Yoga		Prathama* Until 6:55AM Wed	Moon – Clear		Sivaloka Day	
Until 5:47PM		Yugadhi		Chaitra-Panguni			
Then Creative Work - Siddha Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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1		Wednesday, March 25, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Indra Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Stamford, CT Sun 15 Sutra 346 Vikarin 5121
Meena Rasi: 22.42	Tithi 1 – 2	Gulika 10:26AM – 11:59AM	Revati Until 8:33PM	Ganesha: Yellow <i>Sunrise:</i> 5:46AM	Moon 3 - Phase 48 3rd Phase
		Yama 7:19AM – 8:52AM	Indra Until 5:55AM Thu	Muruqa: Orange <i>Sunset:</i> 6:12PM	
113933468	Rahu 11:59AM – 1:32PM		Balava Until 8:10PM	Nataraja: Purple	
Routine Work	Marana Yoga		Prathama* Until 6:55AM	Moon – Clear	Sivaloka Day
				Chaitra•Panguni	

2		Thursday, March 26, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Stamford, CT Sun 16 Sutra 347 Vikarin 5121
Mesha Rasi: 4.35	Tithi 2 – 3	Gulika 8:51AM – 10:25AM	Ashvini Until 11:36PM	Ganesha: Red <i>Sunrise:</i> 5:44AM	Moon 3 - Phase 48 3rd Phase
		Yama 5:44AM – 7:18AM	Vaidhriti* Until 6:41AM Fri	Muruqa: Orange <i>Sunset:</i> 6:13PM	
123933468	Rahu 1:32PM – 3:06PM		Taitila Until 10:33PM	Nataraja: Purple	
Creative Work	Amrita Yoga		Dvitiya Until 9:21AM	Moon – White	Sivaloka Day
Until 11:36PM		Chellappaswami Mahasamadhi		Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

3		Friday, March 27, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Stamford, CT Sun 17 Sutra 348 Vikarin 5121
Mesha Rasi: 16.31	Tithi 3 – 4	Gulika 7:16AM – 8:50AM	Bharani Until 2:19AM Sat	Ganesha: Red <i>Sunrise:</i> 5:42AM	Moon 3 - Phase 48 3rd Phase
		Yama 3:06PM – 4:40PM	Vaidhriti* Until 6:41AM	Muruqa: Orange <i>Sunset:</i> 6:14PM	
123933468	Rahu 10:24AM – 11:58AM		Vanija Until 12:47AM Sat	Nataraja: Purple	
Creative Work	Siddha Yoga		Tritiya Until 11:40AM	Moon – White	Sivaloka Day
Until 2:19AM Sat				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

4		Saturday, March 28, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Stamford, CT Sun 18 Sutra 349 Vikarin 5121
Mesha Rasi: 28.3	Tithi 4 – 5	Gulika 5:41AM – 7:15AM	Krittika Until 4:37AM Sun	Ganesha: Red <i>Sunrise:</i> 5:41AM	Moon 3 - Phase 48 3rd Phase
		Yama 1:33PM – 3:07PM	Vishkambha* Until 7:20AM	Muruqa: Orange <i>Sunset:</i> 6:16PM	
123933468	Rahu 8:49AM – 10:24AM		Bava Until 2:44AM Sun	Nataraja: Purple	
Creative Work	Amrita Yoga		Chaturthi* Until 1:47PM	Moon – White	Sivaloka Day
Until 4:37AM Sun				Chaitra•Panguni	
Then Creative Work - Siddha Yoga					

5		Sunday, March 29, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Stamford, CT Sun 19 Sutra 350 Vikarin 5121
Shrabha Rasi: 10.37	Tithi 5 – 6	Gulika 3:07PM – 4:42PM	Rohini Until 6:50AM Mon	Ganesha: Blue <i>Sunrise:</i> 5:39AM	Moon 3 - Phase 48 3rd Phase
		Yama 11:58AM – 1:33PM	Priti Until 7:46AM	Muruqa: Orange <i>Sunset:</i> 6:17PM	
133933468	Rahu 4:42PM – 6:17PM		Kaulava Until 4:16AM Mon	Nataraja: Purple	
Creative Work	Siddha Yoga		Panchami Until 3:33PM	Moon – Yellow	Subha Sivaloka Day
Until 6:50AM Mon				Chaitra•Panguni	
Then Creative Work - Amrita Yoga					

6		Monday, March 30, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Stamford, CT Sun 20 Sutra 351 Vikarin 5121
Shrabha Rasi: 22.53	Tithi 6 – 7	Gulika 1:33PM – 3:08PM	Rohini Until 6:50AM	Ganesha: Blue <i>Sunrise:</i> 5:37AM	Moon 3 - Phase 48 3rd Phase
Family Home Evening		Yama 10:23AM – 11:58AM	Ayushman Until 7:50AM	Muruqa: Orange <i>Sunset:</i> 6:18PM	
133933468	Rahu 7:13AM – 8:48AM		Gara Until 5:13AM Tue	Nataraja: Purple	
Creative Work	Amrita Yoga		Shashthi* Until 4:49PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Tuesday, March 31, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Stamford, CT Sun 21 Sutra 352 Vikarin 5121
Mithuna Rasi: 5.26	Tithi 7 – 8	Gulika 11:57AM – 1:33PM	Mrigashira Until 8:17AM	Ganesha: Blue <i>Sunrise:</i> 5:36AM	Moon 3 - Phase 48 3rd Phase
		Yama 8:47AM – 10:22AM	Saubhagya Until 7:26AM	Muruqa: Orange <i>Sunset:</i> 6:19PM	
133933468	Rahu 3:08PM – 4:43PM		Visti Until 5:26AM Wed	Nataraja: Purple	
Creative Work	Siddha Yoga		Saptami Until 5:25PM	Moon – Yellow	Subha Sivaloka Day
Until 8:17AM				Chaitra•Panguni	
Then Routine Work - Marana Yoga					

Retreat Star		Wednesday, April 1, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Stamford, CT Sun 22 Sutra 353 Vikarin 5121
Mithuna Rasi: 18.2	Tithi 8 – 9	Gulika 10:22AM – 11:57AM	Ardra Until 8:53AM	Ganesha: Blue <i>Sunrise:</i> 5:36AM	Moon 3 - Phase 48 Ashtami
		Yama 7:11AM – 8:47AM	Sobhana Until 6:29AM	Muruqa: Orange <i>Sunset:</i> 6:19PM	
133933468	Rahu 11:57AM – 1:33PM		Balava Until 4:51AM Thu	Nataraja: Purple	
Creative Work	Siddha Yoga		Ashtami* Until 5:14PM	Moon – Yellow	Subha Sivaloka Day
				Chaitra•Panguni	

Retreat Star		Thursday, April 2, 2020		Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Sukarma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Stamford, CT Sun 23 Sutra 354 Vikarin 5121
Kataka Rasi: 1.38	Tithi 9 – 10	Gulika 8:46AM – 10:21AM	Punarvasu Until 8:59AM	Ganesha: Yellow <i>Sunrise:</i> 5:34AM	Moon 3 - Phase 48 Navami
		Yama 5:34AM – 7:10AM	Sukarma Until 2:37AM Fri	Muruqa: Orange <i>Sunset:</i> 6:20PM	
143933468	Rahu 1:33PM – 3:08PM		Taitila Until 3:26AM Fri	Nataraja: Purple	
Creative Work	Amrita Yoga		Navami* Until 4:13PM	Moon – Blue	Sivaloka Day
		Sri Rama Navami		Chaitra•Panguni	


Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

1		Friday, April 3, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Stamford, CT
Kataka Rasi: 15.25	Tithi 10 – 11	Gulika 7:09AM – 8:45AM	Pushya Until 8:08AM	Ganesha: Yellow	<i>Sunrise:</i> 5:33AM	Sun 24 Sutra 355
		Yama 3:09PM – 4:45PM	Dhriti Until 11:46PM	Muruqa: Orange	<i>Sunset:</i> 6:21PM	Vikarin 5121
Routine Work	Marana Yoga	143933468 Rahu 10:21AM – 11:57AM	Vanija Until 1:15AM Sat	Nataraja: Purple		Moon 3 - Phase 49
				Moon – Blue		4th Phase
		Yogaswami Mahasamadhi	Dashami Until 2:25PM	Chaitra•Panguni		Sivaloka Day

2		Saturday, April 4, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Stamford, CT
Kataka Rasi: 29.4	Tithi 11 – 12	Gulika 5:31AM – 7:07AM	Ashlesha* Until 6:24AM	Ganesha: Yellow	<i>Sunrise:</i> 5:31AM	Sun 25 Sutra 356
		Yama 1:33PM – 3:09PM	Shula* Until 8:20PM	Muruqa: Orange	<i>Sunset:</i> 6:22PM	Vikarin 5121
Routine Work	Marana Yoga	143933468 Rahu 8:44AM – 10:20AM	Bava Until 10:25PM	Nataraja: Purple		Moon 3 - Phase 49
Until 6:24AM				Moon – Blue		4th Phase
Then Creative Work - Amrita Yoga			Ekadashi Until 11:54AM	Chaitra•Panguni		Sivaloka Day

3		Sunday, April 5, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Stamford, CT
Simha Rasi: 14.22	Tithi 12 – 13	Gulika 3:10PM – 4:46PM	Purvaphalguni Until 1:38AM Mon	Ganesha: White	<i>Sunrise:</i> 5:29AM	Sun 26 Sutra 357
		Yama 11:56AM – 1:33PM	Ganda* Until 4:29PM	Muruqa: Orange	<i>Sunset:</i> 6:23PM	Vikarin 5121
Creative Work	Siddha Yoga	153933468 Rahu 4:46PM – 6:23PM	Kaulava Until 7:05PM	Nataraja: Purple		Moon 3 - Phase 49
				Moon – Red		4th Phase
			Dvadashi Until 8:47AM	Chaitra•Panguni		Subha Sivaloka Day
						<i>Pradosha Vrata</i>

4		Monday, April 6, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Chaturdashyam Titau		Stamford, CT
Simha Rasi: 29.25	Tithi 14	Gulika 1:33PM – 3:10PM	Uttaraphalguni Until 10:32PM	Ganesha: Clear	<i>Sunrise:</i> 5:28AM	Sun 27 Sutra 358
Family Home Evening		Yama 10:19AM – 11:56AM	Vridhhi Until 12:21PM	Muruqa: Orange	<i>Sunset:</i> 6:24PM	Vikarin 5121
Creative Work	Siddha Yoga	154933468 Rahu 7:05AM – 8:42AM	Gara Until 3:23PM	Nataraja: Purple		Moon 3 - Phase 49
				Moon – Red		4th Phase
			Chaturdashi* Until 1:27AM Tue	Chaitra•Panguni		Sivaloka Day

		Tuesday, April 7, 2020		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Purnimayam Titau		Stamford, CT
Copper Retreat Star		Gulika 11:56AM – 1:33PM	Hasta Until 7:34PM	Ganesha: Purple	<i>Sunrise:</i> 5:26AM	Sutra 359
Kanya Rasi: 14.4	Tithi 15	Yama 8:41AM – 10:18AM	Dhruva Until 8:01AM	Muruqa: Orange	<i>Sunset:</i> 6:25PM	Vikarin 5121
Creative Work	Siddha Yoga	164933468 Rahu 3:10PM – 4:48PM	Visti Until 11:31AM	Nataraja: Purple		Moon 3 - Phase 49
				Moon – Green		Purnima
		Panguni Uttiram	Purnima* Until 9:33PM	Chaitra•Panguni		Devaloka Day
		Hanuman Jayanti				

Wednesday, April 8, 2020		Silver Retreat Star		Vikarin Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Harshana Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Stamford, CT
Silver Retreat Star		Gulika 10:18AM – 11:55AM	Chitra Until 4:33PM	Ganesha: Purple	<i>Sunrise:</i> 5:24AM	Sutra 360
Kanya Rasi: 29.58	Tithi 16 – 17	Yama 7:02AM – 8:40AM	Harshana Until 11:27PM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Vikarin 5121
Creative Work	Siddha Yoga	164934468 Rahu 11:55AM – 1:33PM	Balava Until 7:39AM	Nataraja: Purple		Moon 3 - Phase 49
				Moon – Green		Prathama
			Prathama* Until 5:45PM	Chaitra•Panguni		Devaloka Day



Thursday, April 9, 2020
Gold Retreat Star

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Svati/Vishakha Nakshatra Vajra* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Stamford, CT
Sun 1
Sutra 361
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 15.07 Tithi 17 - 18
164134468
Creative Work Amrita Yoga
Until 1:39PM
Then Creative Work - Siddha Yoga

Gulika 8:39AM - 10:17AM
Yama 5:23AM - 7:01AM
Rahu 1:33PM - 3:11PM

Svati Until 1:39PM
Vajra* Until 7:28PM
Vanija Until 12:36AM Fri
Dvitiya Until 2:12PM

Ganesha: White *Sunrise:* 5:23AM
Muruqa: Clear *Sunset:* 6:27PM
Nataraja: Purple
Moon - Green
Chaitra+Panguni

Devaloka Day

1

Friday, April 10, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha/Anuradha Nakshatra Siddhi/Vyatlipala* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Stamford, CT
Sun 2
Sutra 362
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Tula Rasi: 30 Tithi 18 - 19
174134468
Creative Work Siddha Yoga

Gulika 7:00AM - 8:38AM
Yama 3:11PM - 4:50PM
Rahu 10:16AM - 11:55AM

Vishakha Until 11:27AM
Siddhi Until 3:54PM
Bava Until 9:46PM
Tritiya Until 11:06AM

Ganesha: Yellow *Sunrise:* 5:21AM
Muruqa: Clear *Sunset:* 6:28PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

2

Saturday, April 11, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Vyatipala* Varyan Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Stamford, CT
Sun 3
Sutra 363
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 14.28 Tithi 19 - 20
174134468
Creative Work Siddha Yoga

Gulika 5:20AM - 6:58AM
Yama 1:33PM - 3:12PM
Rahu 8:37AM - 10:16AM

Anuradha Until 9:43AM
Vyatipala* Until 12:51PM
Kaulava Until 7:36PM
Chaturthi* Until 8:34AM

Ganesha: Yellow *Sunrise:* 5:20AM
Muruqa: Clear *Sunset:* 6:29PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

3

Sunday, April 12, 2020

Vikarin Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Jyeshtha/Mula* Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Stamford, CT
Sun 4
Sutra 364
Vikarin 5121
Moon 4 - Phase 50
1st Phase

Vischika Rasi: 28.26 Tithi 20 - 21
174134468
Routine Work Marana Yoga
Until 8:33AM
Then Creative Work - Amrita Yoga

Gulika 3:12PM - 4:51PM
Yama 11:54AM - 1:33PM
Rahu 4:51PM - 6:30PM

Jyeshtha* Until 8:33AM
Varyan Until 10:23AM
Gara Until 6:12PM
Panchami Until 6:47AM

Ganesha: Yellow *Sunrise:* 5:18AM
Muruqa: Clear *Sunset:* 6:30PM
Nataraja: Purple
Moon - Orange
Chaitra+Panguni

Sivaloka Day

4

Monday, April 13, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Saptamyam Titau

Stamford, CT
Sun 5
Sutra 1
Sarvari 5122
Moon 4 - Phase 50
1st Phase

Dhanus Rasi: 11.56 Tithi 22
Family Home Evening
184134468
Creative Work Siddha Yoga
Until 8:31AM
Then Routine Work - Marana Yoga

Gulika 1:33PM - 3:13PM
Yama 10:15AM - 11:54AM
Rahu 6:56AM - 8:35AM

Mula* Until 8:31AM
Parigha* Until 8:36AM
Visti Until 5:39PM
Saptami Until 5:41AM Tue

Ganesha: Blue *Sunrise:* 5:16AM
Muruqa: Clear *Sunset:* 6:31PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Devaloka Day



Tuesday, April 14, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Stamford, CT
Sun 6
Sutra 2
Sarvari 5122
Moon 4 - Phase 50
Ashtami

Dhanus Rasi: 24.59 Tithi 23
284134468
Creative Work Siddha Yoga
Until 9:09AM
Then Routine Work - Prabalarishta Yoga

Gulika 11:54AM - 1:33PM
Yama 8:34AM - 10:14AM
Rahu 3:13PM - 4:53PM

Purvashadha* Until 9:09AM
Shiva Until 7:30AM
Balava Until 5:57PM
Ashtami* Until 6:22AM Wed

Ganesha: Yellow *Sunrise:* 5:15AM
Muruqa: Clear *Sunset:* 6:33PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

Wednesday, April 15, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttarashadha/Shravana Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Stamford, CT
Sun 7
Sutra 3
Sarvari 5122
Moon 4 - Phase 50
Navami

Makara Rasi: 7.37 Tithi 23 - 24
284134468
Creative Work Amrita Yoga
Until 10:24AM
Then Creative Work - Siddha Yoga

Gulika 10:13AM - 11:53AM
Yama 6:53AM - 8:33AM
Rahu 11:53AM - 1:33PM

Uttarashadha Until 10:24AM
Siddha Until 7:00AM
Taitila Until 6:59PM
Ashtami* Until 6:22AM

Ganesha: Yellow *Sunrise:* 5:13AM
Muruqa: Clear *Sunset:* 6:34PM
Nataraja: Purple
Moon - Light Blue
Chaitra+Chaitra

Sivaloka Day

1		Thursday, April 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Stamford, CT Sun 8 Sutra 4	
Makara Rasi: 19.58	Tithi 24 – 25	Gulika 8:33AM – 10:13AM	Shravana Until 12:36PM	Ganesha: Blue	<i>Sunrise:</i> 5:12AM	Sarvari 5122	
		Yama 5:12AM – 6:52AM	Sadhya Until 7:02AM	Muruqa: Clear	<i>Sunset:</i> 6:35PM	Moon 4 - Phase 1	
		294134468 Rahu 1:34PM – 3:14PM	Vanija Until 8:38PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Navami* Until 7:44AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

2		Friday, April 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Stamford, CT Sun 9 Sutra 5	
Kumbha Rasi: 2.05	Tithi 25 – 26	Gulika 6:51AM – 8:32AM	Dhanishtha Until 3:07PM	Ganesha: Blue	<i>Sunrise:</i> 5:10AM	Sarvari 5122	
		Yama 3:14PM – 4:55PM	Subha Until 7:30AM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Moon 4 - Phase 1	
		294134468 Rahu 10:12AM – 11:53AM	Bava Until 10:43PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 9:37AM	Moon – Purple		Devaloka Day	
				Chaitra*Chaitra			

3		Saturday, April 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Stamford, CT Sun 10 Sutra 6	
Kumbha Rasi: 14.04	Tithi 26 – 27	Gulika 5:09AM – 6:50AM	Shatabhishak Until 5:46PM	Ganesha: Yellow	<i>Sunrise:</i> 5:09AM	Sarvari 5122	
		Yama 1:34PM – 3:15PM	Sukla Until 8:12AM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 4 - Phase 1	
		295134468 Rahu 8:31AM – 10:12AM	Kaulava Until 1:03AM Sun	Nataraja: Purple		2nd Phase	
Creative Work	Amrita Yoga		Ekadashi* Until 11:51AM	Moon – Purple		Sivaloka Day	
Until 5:46PM				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							

4		Sunday, April 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Stamford, CT Sun 11 Sutra 7	
Kumbha Rasi: 25.58	Tithi 27 – 28	Gulika 3:15PM – 4:56PM	Purvaproshtapada* Until 8:53PM	Ganesha: Yellow	<i>Sunrise:</i> 5:07AM	Sarvari 5122	
		Yama 11:53AM – 1:34PM	Brahma Until 9:04AM	Muruqa: Clear	<i>Sunset:</i> 6:38PM	Moon 4 - Phase 1	
		215134468 Rahu 4:56PM – 6:38PM	Gara Until 3:30AM Mon	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 2:15PM	Moon – Clear		Sivaloka Day	
Until 8:53PM				Chaitra*Chaitra			
Then Creative Work - Amrita Yoga				<i>Pradosha Vrata (Fasting)</i>			

5		Monday, April 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Stamford, CT Sun 12 Sutra 8	
Meena Rasi: 7.5	Tithi 28 – 29	Gulika 1:34PM – 3:16PM	Uttaraproshtapada Until 11:51PM	Ganesha: Yellow	<i>Sunrise:</i> 5:06AM	Sarvari 5122	
Family Home Evening		Yama 10:11AM – 11:52AM	Indra Until 10:00AM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 4 - Phase 1	
		215134468 Rahu 6:47AM – 8:29AM	Visti Until 5:56AM Tue	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 4:42PM	Moon – Clear		Sivaloka Day	
				Chaitra*Chaitra			

6		Tuesday, April 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni* Karana Chaturdashyam Titau		Stamford, CT Sun 13 Sutra 9	
Meena Rasi: 19.42	Tithi 29	Gulika 11:52AM – 1:34PM	Revati Until 2:35AM Wed	Ganesha: Yellow	<i>Sunrise:</i> 5:04AM	Sarvari 5122	
		Yama 8:28AM – 10:10AM	Vaidhriti* Until 10:53AM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 4 - Phase 1	
		215134468 Rahu 3:16PM – 4:58PM	Sakuni Until 7:06PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 7:06PM	Moon – Clear		Sivaloka Day	
Until 2:35AM Wed				Chaitra*Chaitra			
Then Routine Work - Marana Yoga							

Retreat Star		Wednesday, April 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vishkambha*/Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Stamford, CT Sun 14 Sutra 10	
Mesha Rasi: 2	Tithi 30	Gulika 10:10AM – 11:52AM	Ashvini Until 5:31AM Thu	Ganesha: Red	<i>Sunrise:</i> 5:03AM	Sarvari 5122	
		Yama 6:45AM – 8:27AM	Vishkambha* Until 11:43AM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 4 - Phase 1	
		225134468 Rahu 11:52AM – 1:34PM	Catuspada Until 8:17AM	Nataraja: Purple		Amavasya	
Routine Work	Marana Yoga		Amavasya* Until 9:23PM	Moon – White		Sivaloka Day	
Until 5:31AM Thu				Chaitra*Chaitra			
Then Creative Work - Siddha Yoga							

Retreat Star		Thursday, April 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Kintughna*/Bava Karana Prathamayam Titau		Stamford, CT Sun 15 Sutra 11	
Mesha Rasi: 13.34	Tithi 1	Gulika 8:27AM – 10:09AM	Bharani Until 8:06AM Fri	Ganesha: Red	<i>Sunrise:</i> 5:01AM	Sarvari 5122	
		Yama 5:01AM – 6:44AM	Priti Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 4 - Phase 1	
		225134468 Rahu 1:34PM – 3:17PM	Kintughna Until 10:29AM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 11:29PM	Moon – White		Sivaloka Day	
				Vaisaka*Chaitra			

1		Friday, April 24, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Ayushmani/Saubhagya Yoga Balava/Kaulava Karana Dvitiyayam Titau				Stamford, CT
Mesha Rasi: 25.35	Tithi 2	Gulika 6:43AM – 8:26AM	Bharani Until 8:06AM	Ganesha: Red	<i>Sunrise:</i> 5:00AM	Sun 16	Sutra 12	Sarvari 5122
		Yama 3:17PM – 5:00PM	Ayushman Until 12:59PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM			Moon 4 - Phase 2
Creative Work	Siddha Yoga	225134469 Rahu 10:09AM – 11:52AM	Balava Until 12:28PM	Nataraja: Clear				3rd Phase
			Dvitiya Until 1:21AM Sat	Moon – White			Devaloka Day	
				Vaisaka-Chaitra				

2		Saturday, April 25, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Tritiyayam Titau				Stamford, CT
Visshabha Rasi: 7.44	Tithi 3	Gulika 4:59AM – 6:42AM	Krittika Until 10:16AM	Ganesha: Red	<i>Sunrise:</i> 4:59AM	Sun 17	Sutra 13	Sarvari 5122
		Yama 1:35PM – 3:18PM	Saubhagya Until 1:19PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM			Moon 4 - Phase 2
Creative Work	Amrita Yoga	225134469 Rahu 8:25AM – 10:08AM	Taitila Until 2:11PM	Nataraja: Clear				3rd Phase
			Tritiya Until 2:53AM Sun	Moon – White			Devaloka Day	
		Akshaya Tritiya		Vaisaka-Chaitra				

3		Sunday, April 26, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Grigashira Nakshatra Sobhana/Athiganda* Yoga Vanija/Vistil* Karana Chaturthyam Titau				Stamford, CT
Visshabha Rasi: 20	Tithi 4	Gulika 3:18PM – 5:02PM	Rohini Until 12:26PM	Ganesha: Yellow	<i>Sunrise:</i> 4:57AM	Sun 18	Sutra 14	Sarvari 5122
		Yama 11:51AM – 1:35PM	Sobhana Until 1:24PM	Muruqa: Clear	<i>Sunset:</i> 6:45PM			Moon 4 - Phase 2
Creative Work	Siddha Yoga	235134469 Rahu 5:02PM – 6:45PM	Vanija Until 3:32PM	Nataraja: Clear				3rd Phase
			Chaturthi* Until 4:02AM Mon	Moon – Yellow			Devaloka Day	
				Vaisaka-Chaitra				

4		Monday, April 27, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Panchamyam Titau				Stamford, CT
Mithuna Rasi: 2.27	Tithi 5	Gulika 1:35PM – 3:19PM	Mrigashira Until 2:00PM	Ganesha: Blue	<i>Sunrise:</i> 4:56AM	Sun 19	Sutra 15	Sarvari 5122
Family Home Evening		Yama 10:07AM – 11:51AM	Athiganda* Until 1:07PM	Muruqa: Clear	<i>Sunset:</i> 6:46PM			Moon 4 - Phase 2
Creative Work	Amrita Yoga	236134469 Rahu 6:40AM – 8:23AM	Bava Until 4:27PM	Nataraja: Clear				3rd Phase
Until 2:00PM			Panchami Until 4:41AM Tue	Moon – Yellow			Bhuloka Day	
Then Creative Work - Siddha Yoga		Adi Sankara Jayanthi		Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM	

5		Tuesday, April 28, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Shashthyam Titau				Stamford, CT
Mithuna Rasi: 15.08	Tithi 6	Gulika 11:51AM – 1:35PM	Ardra Until 2:55PM	Ganesha: Blue	<i>Sunrise:</i> 4:54AM	Sun 20	Sutra 16	Sarvari 5122
		Yama 8:23AM – 10:07AM	Sukarma Until 12:27PM	Muruqa: Clear	<i>Sunset:</i> 6:47PM			Moon 4 - Phase 2
Routine Work	Marana Yoga	236134469 Rahu 3:19PM – 5:03PM	Kaulava Until 4:49PM	Nataraja: Clear				3rd Phase
Until 2:55PM			Shashthi* Until 4:45AM Wed	Moon – Yellow			Bhuloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra			Devaloka Time: 3:PM to 6:PM	

6		Wednesday, April 29, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Saplamyam Titau				Stamford, CT
Mithuna Rasi: 28.05	Tithi 7	Gulika 10:06AM – 11:51AM	Punarvasu Until 3:33PM	Ganesha: Yellow	<i>Sunrise:</i> 4:53AM	Sun 21	Sutra 17	Sarvari 5122
		Yama 6:38AM – 8:22AM	Dhriti Until 11:19AM	Muruqa: Clear	<i>Sunset:</i> 6:48PM			Moon 4 - Phase 2
Creative Work	Siddha Yoga	246134469 Rahu 11:51AM – 1:35PM	Gara Until 4:34PM	Nataraja: Clear				3rd Phase
			Saptami Until 4:11AM Thu	Moon – Blue			Devaloka Day	
				Vaisaka-Chaitra				

Retreat Star		Thursday, April 30, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula*/Ganda* Yoga Vistil*/Bava Karana Ashtamyam Titau				Stamford, CT
Kataka Rasi: 11.22	Tithi 8	Gulika 8:21AM – 10:06AM	Pushya Until 3:23PM	Ganesha: Yellow	<i>Sunrise:</i> 4:52AM	Sun 22	Sutra 18	Sarvari 5122
		Yama 4:52AM – 6:37AM	Shula* Until 9:39AM	Muruqa: Clear	<i>Sunset:</i> 6:49PM			Moon 4 - Phase 2
Creative Work	Amrita Yoga	246134469 Rahu 1:35PM – 3:20PM	Vistil Until 3:40PM	Nataraja: Clear				Ashtami
Until 3:23PM			Ashtami* Until 2:57AM Fri	Moon – Blue			Devaloka Day	
Then Creative Work - Siddha Yoga				Vaisaka-Chaitra				

Retreat Star		Friday, May 1, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Navamyam Titau				Stamford, CT
Kataka Rasi: 25.01	Tithi 9	Gulika 6:35AM – 8:20AM	Ashlesha* Until 2:24PM	Ganesha: Yellow	<i>Sunrise:</i> 4:49AM	Sun 23	Sutra 19	Sarvari 5122
		Yama 3:21PM – 5:06PM	Ganda* Until 7:27AM	Muruqa: Clear	<i>Sunset:</i> 6:52PM			Moon 4 - Phase 2
Routine Work	Marana Yoga	246134469 Rahu 10:05AM – 11:50AM	Balava Until 2:06PM	Nataraja: Clear				Navami
			Navami* Until 1:04AM Sat	Moon – Blue			Devaloka Day	
				Vaisaka-Chaitra				

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda


1		Saturday, May 2, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam		Stamford, CT	
Simha Rasi: 9.05		Tithi 10		Magha* Until 1:06PM		Dhruva Until 1:34AM Sun		Sun 24 Sutra 20	
Creative Work		Amrita Yoga		Gulika 4:48AM – 6:34AM		Muruqa: Clear		Sunrise: 4:48AM Sarvari 5122	
Until 1:06PM		256134469		Yama 1:36PM – 3:21PM		Nataraja: Clear		Sunset: 6:53PM Moon 4 - Phase 3	
Then Creative Work - Siddha Yoga				Rahu 8:19AM – 10:05AM		Moon – Red		4th Phase	
				Dashedami Until 10:36PM		Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

2		Sunday, May 3, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Stamford, CT	
Simha Rasi: 23.31		Tithi 11		Purvaphalguni Until 11:08AM		Dhruva Until 1:34AM Sun		Sun 25 Sutra 21	
Creative Work		Siddha Yoga		Gulika 3:22PM – 5:08PM		Muruqa: Clear		Sunrise: 4:47AM Sarvari 5122	
Until 11:08AM		256134469		Yama 11:50AM – 1:36PM		Nataraja: Clear		Sunset: 6:54PM Moon 4 - Phase 3	
Then Creative Work - Amrita Yoga				Rahu 5:08PM – 6:54PM		Moon – Red		4th Phase	
				Ekadashi Until 7:38PM		Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

3		Monday, May 4, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam		Stamford, CT	
Kanya Rasi: 8.17		Tithi 12 – 13		Uttaraphalguni Until 8:36AM		Dhruva Until 1:34AM Sun		Sun 26 Sutra 22	
Family Home Evening		256234469		Gulika 1:36PM – 3:22PM		Muruqa: Clear		Sunrise: 4:46AM Sarvari 5122	
Creative Work		Siddha Yoga		Yama 10:04AM – 11:50AM		Nataraja: Clear		Sunset: 6:55PM Moon 4 - Phase 3	
				Rahu 6:32AM – 8:18AM		Moon – Red		4th Phase	
				Dvadashi Until 4:20PM		Vaisaka*Chaitra		Devaloka Day	

Pradosha Vrata

4		Tuesday, May 5, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam		Stamford, CT	
Kanya Rasi: 23.16		Tithi 13 – 14		Hasta Until 6:05AM		Dhruva Until 1:34AM Sun		Sun 27 Sutra 23	
Creative Work		Siddha Yoga		Gulika 11:50AM – 1:36PM		Muruqa: Clear		Sunrise: 4:44AM Sarvari 5122	
		267234469		Yama 8:17AM – 10:04AM		Nataraja: Clear		Sunset: 6:56PM Moon 4 - Phase 3	
				Rahu 3:23PM – 5:09PM		Moon – Green		4th Phase	
				Trayodashi Until 12:48PM		Vaisaka*Chaitra		Devaloka Day	

		Wednesday, May 6, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam		Stamford, CT	
Copper Retreat Star		Tithi 14 – 15		Svati Until 12:28AM Thu		Dhruva Until 1:34AM Sun		Sun 28 Sutra 24	
Tula Rasi: 8.2		267234469		Gulika 10:03AM – 11:50AM		Muruqa: Clear		Sunrise: 4:43AM Sarvari 5122	
Creative Work		Siddha Yoga		Yama 6:30AM – 8:17AM		Nataraja: Clear		Sunset: 6:57PM Moon 4 - Phase 3	
				Rahu 11:50AM – 1:37PM		Moon – Green		Purnima	
				Budha Purnima (Tamil Nadu)		Vaisaka*Chaitra		Devaloka Day	
				Chaturdashi* Until 9:14AM					

5		Thursday, May 7, 2020				Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam		Stamford, CT	
Silver Retreat Star		Tithi 16		Vishakha Until 10:08PM		Dhruva Until 1:34AM Sun		Sun 29 Sutra 25	
Tula Rasi: 23.21		277234469		Gulika 8:16AM – 10:03AM		Muruqa: Clear		Sunrise: 4:42AM Sarvari 5122	
Creative Work		Siddha Yoga		Yama 4:42AM – 6:29AM		Nataraja: Clear		Sunset: 6:58PM Moon 4 - Phase 3	
				Rahu 1:37PM – 3:24PM		Moon – Orange		Prathama	
				Prathama* Until 2:33AM Fri		Vaisaka*Chaitra		Bhuloka Day	
								Devaloka Time: 3:PM to 6:PM	

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda