



**Wednesday, April 16, 2014**  
**Gold Retreat Star**

Tula Rasi: 16.51      Tithi 17  
265318268  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra/Siddhi Yoga Tailita/Gara Karana Dvitiyayam Titau  
**Gulika**    10:33AM – 12:14PM    **Svati Until 11:27AM**  
**Yama**      7:13AM – 8:53AM        **Vajra\* Until 7:17AM**  
**Rahu**      12:14PM – 1:54PM        **Tailita Until 12:47PM**  
**Dvitiya Until 12:13AM Thu**

Des Moines, IA  
Sutra 3  
Jaya 5116  
Moon 4 - Phase 1  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** White    *Sunrise:* 5:33AM  
**Muruga:** Yellow    *Sunset:* 6:55PM  
**Nataraja:** White  
Moon – Green  
**Chaitra\*Chaitra**

**1**

**Thursday, April 17, 2014**

Vrischika Rasi: 0.24      Tithi 18  
275318268  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika**    8:52AM – 10:33AM    **Vishakha Until 11:07AM**  
**Yama**      5:31AM – 7:12AM        **Vyatipata\* Until 3:02AM Fri**  
**Rahu**      1:54PM – 3:35PM        **Vanija Until 11:35AM**  
**Tritiya Until 10:50PM**

Des Moines, IA  
Sutra 4  
Jaya 5116  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 5:31AM  
**Muruga:** Yellow    *Sunset:* 6:56PM  
**Nataraja:** White  
Moon – Orange  
**Chaitra\*Chaitra**

**2**

**Friday, April 18, 2014**

Vrischika Rasi: 14.1      Tithi 19  
275318268  
Creative Work    Siddha Yoga  
Until 10:19AM  
Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika**    7:10AM – 8:51AM      **Anuradha Until 10:19AM**  
**Yama**      3:35PM – 5:16PM        **Variyan Until 12:32AM Sat**  
**Rahu**      10:32AM – 12:13PM     **Bava Until 10:02AM**  
**Chaturthi\* Until 9:09PM**

Des Moines, IA  
Sutra 5  
Jaya 5116  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 5:30AM  
**Muruga:** Yellow    *Sunset:* 6:57PM  
**Nataraja:** White  
Moon – Orange  
**Chaitra\*Chaitra**

**3**

**Saturday, April 19, 2014**

Vrischika Rasi: 28.05      Tithi 20  
275318268  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\* Yoga Kaulava/Tailita Karana Panchamyam Titau  
**Gulika**    5:28AM – 7:09AM      **Jyeshtha\* Until 9:06AM**  
**Yama**      1:54PM – 3:35PM        **Parigha\* Until 9:52PM**  
**Rahu**      8:50AM – 10:32AM     **Kaulava Until 8:15AM**  
**Panchami Until 7:15PM**

Des Moines, IA  
Sutra 6  
Jaya 5116  
Moon 4 - Phase 1  
1st Phase  
**Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 5:28AM  
**Muruga:** Yellow    *Sunset:* 6:58PM  
**Nataraja:** White  
Moon – Orange  
**Chaitra\*Chaitra**

**4**

**Sunday, April 20, 2014**

Dhanus Rasi: 12.08      Tithi 21 – 22  
286328268  
Creative Work    Amrita Yoga  
Until 8:00AM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Shiva Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika**    3:36PM – 5:17PM      **Mula\* Until 8:00AM**  
**Yama**      12:13PM – 1:54PM        **Shiva Until 7:05PM**  
**Rahu**      5:17PM – 6:59PM        **Gara Until 6:16AM**  
**Shashthi\* Until 5:12PM**

Des Moines, IA  
Sutra 7  
Jaya 5116  
Moon 4 - Phase 1  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 5:27AM  
**Muruga:** White      *Sunset:* 6:59PM  
**Nataraja:** White  
Moon – Light Blue  
**Chaitra\*Chaitra**

**5**

**Monday, April 21, 2014**

Dhanus Rasi: 26.17      Tithi 22 – 23  
**Family Home Evening**    286328268  
Routine Work    Marana Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika**    1:54PM – 3:36PM      **Purvashadha\* Until 6:38AM**  
**Yama**      10:31AM – 12:13PM     **Siddha Until 4:13PM**  
**Rahu**      7:07AM – 8:49AM        **Balava Until 1:57AM Tue**  
**Saptami Until 3:02PM**

Des Moines, IA  
Sutra 8  
Jaya 5116  
Moon 4 - Phase 1  
1st Phase  
**Subha Sivaloka Day**  
**Ganesha:** Yellow    *Sunrise:* 5:25AM  
**Muruga:** White      *Sunset:* 7:00PM  
**Nataraja:** White  
Moon – Light Blue  
**Chaitra\*Chaitra**

**Retreat Star**

**Tuesday, April 22, 2014**

Makara Rasi: 10.28      Tithi 23 – 24  
296328268  
Creative Work    Siddha Yoga  
Until 3:42AM Wed  
Then Routine Work - Prabalarishta Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Sadhya/Subha Yoga Kaulava/Tailita Karana Ashtami/Navamyam Titau  
**Gulika**    12:12PM – 1:54PM     **Shravana Until 3:42AM Wed**  
**Yama**      8:48AM – 10:30AM     **Sadhya Until 1:18PM**  
**Rahu**      3:37PM – 5:19PM        **Tailita Until 11:43PM**  
**Ashtami\* Until 12:49PM**

Des Moines, IA  
Sutra 9  
Jaya 5116  
Moon 4 - Phase 1  
Ashtami  
**Sivaloka Day**  
**Ganesha:** Blue      *Sunrise:* 5:24AM  
**Muruga:** White      *Sunset:* 7:01PM  
**Nataraja:** White  
Moon – Purple  
**Chaitra\*Chaitra**

**Wednesday, April 23, 2014**  
**Retreat Star**

Makara Rasi: 24.41      Tithi 24 – 25  
296328268  
Routine Work    Prabalarishta Yoga  
Until 2:14AM Thu  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau  
**Gulika**    10:30AM – 12:12PM    **Dhanishtha Until 2:14AM Thu**  
**Yama**      7:05AM – 8:47AM        **Subha Until 10:23AM**  
**Rahu**      12:12PM – 1:55PM     **Vanija Until 9:29PM**  
**Navami\* Until 10:34AM**

Des Moines, IA  
Sutra 10  
Jaya 5116  
Moon 4 - Phase 1  
Navami  
**Sivaloka Day**  
**Ganesha:** Blue      *Sunrise:* 5:22AM  
**Muruga:** White      *Sunset:* 7:02PM  
**Nataraja:** White  
Moon – Purple  
**Chaitra\*Chaitra**

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time


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<b>1</b>	<b>Thursday, April 24, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Kumbha Rasi: 8.52	Tithi 25 – 26	<b>Gulika</b> 8:46AM – 10:29AM	<b>Shatabhishak</b> Until 12:42AM Fri	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:21AM	Sutra 11
		296328269	<b>Yama</b> 5:21AM – 7:03AM	Sukla Until 7:28AM	<b>Muruga:</b> White	<i>Sunset:</i> 7:03PM	Jaya 5116
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:55PM – 3:38PM	Bava Until 7:19PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Dashami</b> Until 8:22AM	Moon – Purple		2nd Phase	
				<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, April 25, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Indra Yoga Balava/Taitila Karana Ekadashi/Dvodashyam Titau				Des Moines, IA
	Kumbha Rasi: 23.01	Tithi 26 – 27	<b>Gulika</b> 7:02AM – 8:45AM	<b>Purvaproshtapada*</b> Until 11:36PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:19AM	Sutra 12
		216328269	<b>Yama</b> 3:38PM – 5:21PM	Indra Until 1:57AM Sat	<b>Muruga:</b> White	<i>Sunset:</i> 7:04PM	Jaya 5116
	Creative Work	Siddha Yoga	<b>Rahu</b> 10:29AM – 12:12PM	Taitila Until 4:17AM Sat	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Ekadashi*</b> Until 6:15AM	Moon – Clear		2nd Phase	
				<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Saturday, April 26, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA
	Meena Rasi: 7.03	Tithi 28	<b>Gulika</b> 5:18AM – 7:01AM	<b>Uttaraproshtapada</b> Until 10:34PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:18AM	Sutra 13
		216328269	<b>Yama</b> 1:55PM – 3:38PM	Vaidhriti* Until 11:26PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:05PM	Jaya 5116
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:45AM – 10:28AM	Gara Until 3:25PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Trayodashi*</b> Until 2:34AM Sun	Moon – Clear		2nd Phase	
				<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Sunday, April 27, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Vishkambha* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Des Moines, IA
	Meena Rasi: 20.56	Tithi 29	<b>Gulika</b> 3:39PM – 5:23PM	<b>Revati</b> Until 9:43PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:16AM	Sutra 14
		216328269	<b>Yama</b> 12:11PM – 1:55PM	Vishkambha* Until 9:11PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:06PM	Jaya 5116
	Creative Work	Amrita Yoga	<b>Rahu</b> 5:23PM – 7:06PM	Visti Until 1:51PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Chaturdashi*</b> Until 1:12AM Mon	Moon – Clear		2nd Phase	
				<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	

	<b>Monday, April 28, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Priti Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA
	<b>Retreat Star</b>		<b>Gulika</b> 1:55PM – 3:39PM	<b>Ashvini</b> Until 9:34PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:15AM	Sutra 15
	Mesha Rasi: 4.35	Tithi 30	<b>Yama</b> 10:27AM – 12:11PM	Priti Until 7:17PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:07PM	Jaya 5116
	<b>Family Home Evening</b>	227328269	<b>Rahu</b> 6:59AM – 8:43AM	Catuspada Until 12:41PM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Amavasya*</b> Until 12:14AM Tue	Moon – White		Amavasya	
				<b>Chaitra•Chaitra</b>		<b>Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Tuesday, April 29, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA
	Mesha Rasi: 18	Tithi 1	<b>Gulika</b> 12:11PM – 1:55PM	<b>Bharani</b> Until 9:46PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:14AM	Sutra 16
		227428269	<b>Yama</b> 8:42AM – 10:27AM	Ayushman Until 5:45PM	<b>Muruga:</b> White	<i>Sunset:</i> 7:09PM	Jaya 5116
	Creative Work	Siddha Yoga	<b>Rahu</b> 3:40PM – 5:24PM	Kintughna Until 11:58AM	<b>Nataraja:</b> Clear		Moon 4 - Phase 2
			<b>Prathama*</b> Until 11:48PM	Moon – White		Prathama	
		<b>Annular Solar Eclipse</b>		<b>Vaisaka•Chaitra</b>		<b>Devaloka Day</b>	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Wednesday, April 30, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau	Des Moines, IA Sutra 17 Jaya 5116
	Vishabha Rasi: 1.08    Tithi 2 227428269 Creative Work    Amrita Yoga Until 10:21PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:26AM – 12:11PM <b>Yama</b> 6:57AM – 8:42AM <b>Rahu</b> 12:11PM – 1:56PM	<b>Krittika Until 10:21PM</b> Saubhagya Until 4:40PM Balava Until 11:48AM <b>Dvitiya Until 11:55PM</b>
<b>2</b>	<b>Thursday, May 1, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Sobhana/Athiganda* Yoga Tailita/Gara Karana Tritiyayam Titau	Des Moines, IA Sutra 18 Jaya 5116
	Vishabha Rasi: 13.58    Tithi 3 237428269 Routine Work    Marana Yoga	<b>Gulika</b> 8:41AM – 10:26AM <b>Yama</b> 5:11AM – 6:56AM <b>Rahu</b> 1:56PM – 3:41PM	<b>Rohini Until 11:49PM</b> Sobhana Until 4:03PM Tailita Until 12:13PM <b>Tritiya Until 12:37AM Fri</b>
<b>3</b>	<b>Friday, May 2, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturthyam Titau	Des Moines, IA Sutra 19 Jaya 5116
	Vishabha Rasi: 26.32    Tithi 4 237428269 Creative Work    Siddha Yoga	<b>Gulika</b> 6:55AM – 8:40AM <b>Yama</b> 3:41PM – 5:27PM <b>Rahu</b> 10:25AM – 12:11PM	<b>Mrigashira Until 1:41AM Sat</b> Athiganda* Until 3:52PM Vanija Until 1:12PM <b>Chaturthi* Until 1:53AM Sat</b>
<b>4</b>	<b>Saturday, May 3, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Panchamyam Titau	Des Moines, IA Sutra 20 Jaya 5116
	Mithuna Rasi: 8.52    Tithi 5 237428269 Creative Work    Siddha Yoga	<b>Gulika</b> 5:08AM – 6:54AM <b>Yama</b> 1:56PM – 3:42PM <b>Rahu</b> 8:40AM – 10:25AM	<b>Ardra Until 3:50AM Sun</b> Sukarma Until 4:05PM Bava Until 2:43PM <b>Panchami Until 3:37AM Sun</b>
<b>5</b>	<b>Sunday, May 4, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Dhriti/Shula* Yoga Kaulava/Tailita Karana Shashthyam Titau	Des Moines, IA Sutra 21 Jaya 5116
	Mithuna Rasi: 20.59    Tithi 6 248428269 Creative Work    Siddha Yoga	<b>Gulika</b> 3:42PM – 5:28PM <b>Yama</b> 12:11PM – 1:56PM <b>Rahu</b> 5:28PM – 7:14PM	<b>Punarvasu Until 6:40AM Mon</b> Dhriti Until 4:39PM Kaulava Until 4:40PM <b>Shashthi* Until 5:44AM Mon</b>
<b>6</b>	<b>Monday, May 5, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Shula*/Ganda* Yoga Gara Karana Saptamyam Titau	Des Moines, IA Sutra 22 Jaya 5116
	Kataka Rasi: 2.59    Tithi 7 <b>Family Home Evening</b> 248428269 Creative Work    Amrita Yoga Until 6:40AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:57PM – 3:43PM <b>Yama</b> 10:24AM – 12:10PM <b>Rahu</b> 6:52AM – 8:38AM	<b>Punarvasu Until 6:40AM</b> Shula* Until 5:24PM Gara Until 6:53PM <b>Saptami Until 8:02AM Tue</b>
	<b>Tuesday, May 6, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ganda* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Des Moines, IA Sutra 23 Jaya 5116
	<b>Retreat Star</b> Kataka Rasi: 14.54    Tithi 7 – 8 248428269 Creative Work    Siddha Yoga	<b>Gulika</b> 12:10PM – 1:57PM <b>Yama</b> 8:38AM – 10:24AM <b>Rahu</b> 3:43PM – 5:30PM	<b>Pushya Until 9:32AM</b> Ganda* Until 6:16PM Visti Until 9:14PM <b>Saptami Until 8:02AM</b>
<b>7</b>	<b>Wednesday, May 7, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vriddhi Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Des Moines, IA Sutra 24 Jaya 5116
	<b>Retreat Star</b> Kataka Rasi: 26.49    Tithi 8 – 9 248428269 Creative Work    Siddha Yoga	<b>Gulika</b> 10:24AM – 12:10PM <b>Yama</b> 6:50AM – 8:37AM <b>Rahu</b> 12:10PM – 1:57PM	<b>Ashlesha* Until 12:13PM</b> Vriddhi Until 7:06PM Balava Until 11:29PM <b>Ashtami* Until 10:21AM</b>

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1 Thursday, May 8, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Dhruva Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Des Moines, IA Sutra 25 Jaya 5116
Simha Rasi: 8.47	Tithi 9 – 10	258428269	<b>Gulika</b> 8:36AM – 10:23AM <b>Yama</b> 5:02AM – 6:49AM <b>Rahu</b> 1:57PM – 3:44PM	<b>Magha* Until 3:03PM</b> Dhruva Until 7:42PM Taitila Until 1:26AM Fri <b>Navami* Until 12:29PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	Sunrise: 5:02AM Sunset: 7:18PM Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 3:03PM Then Creative Work - Siddha Yoga						
<b>2 Friday, May 9, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyaghata* Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau				Des Moines, IA Sutra 26 Jaya 5116
Simha Rasi: 20.53	Tithi 10 – 11	258428269	<b>Gulika</b> 6:48AM – 8:36AM <b>Yama</b> 3:45PM – 5:32PM <b>Rahu</b> 10:23AM – 12:10PM	<b>Purvaphalguni Until 5:20PM</b> Vyaghata* Until 7:59PM Vanija Until 2:55AM Sat <b>Dashami Until 2:13PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	Sunrise: 5:01AM Sunset: 7:19PM Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga						
<b>3 Saturday, May 10, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sutra 27 Jaya 5116
Kanya Rasi: 3.11	Tithi 11 – 12	258428269	<b>Gulika</b> 5:00AM – 6:48AM <b>Yama</b> 1:58PM – 3:45PM <b>Rahu</b> 8:35AM – 10:23AM	<b>Uttaraphalguni Until 6:53PM</b> Harshana Until 7:49PM Bava Until 3:46AM Sun <b>Ekadashi Until 3:24PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	Sunrise: 5:00AM Sunset: 7:20PM Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga						
<b>4 Sunday, May 11, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sutra 28 Jaya 5116
Kanya Rasi: 15.46	Tithi 12 – 13	269428269	<b>Gulika</b> 3:46PM – 5:33PM <b>Yama</b> 12:10PM – 1:58PM <b>Rahu</b> 5:33PM – 7:21PM	<b>Hasta Until 8:06PM</b> Vajra* Until 7:06PM Kaulava Until 3:55AM Mon <b>Dvadashi Until 3:55PM</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Chaitra</b>	Sunrise: 4:59AM Sunset: 7:21PM Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 8:06PM Then Creative Work - Siddha Yoga						
<b>5 Monday, May 12, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sutra 29 Jaya 5116
Kanya Rasi: 28.41	Tithi 13 – 14	269428269	<b>Gulika</b> 1:58PM – 3:46PM <b>Yama</b> 10:22AM – 12:10PM <b>Rahu</b> 6:46AM – 8:34AM	<b>Chitra Until 8:27PM</b> Siddhi Until 5:50PM Gara Until 3:22AM Tue <b>Trayodashi Until 3:42PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Chaitra</b>	Sunrise: 4:58AM Sunset: 7:22PM Moon 4 - Phase 4 4th Phase <b>Sivaloka Day</b>
Family Home Evening Routine Work Prabalarishta Yoga Until 8:27PM Then Creative Work - Amrita Yoga						
<b>○ Tuesday, May 13, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA Sutra 30 Jaya 5116
<b>Copper Retreat Star</b>			<b>Gulika</b> 12:10PM – 1:58PM <b>Yama</b> 8:33AM – 10:22AM <b>Rahu</b> 3:47PM – 5:35PM	<b>Svati Until 8:00PM</b> Vyatipata* Until 4:03PM Visti Until 2:09AM Wed <b>Chaturdashi* Until 2:49PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Chaitra</b>	Sunrise: 4:57AM Sunset: 7:23PM Moon 4 - Phase 4 Purnima <b>Sivaloka Day</b>
Tula Rasi: 11.59 Tithi 14 – 15 269428269 Creative Work Siddha Yoga Until 8:00PM Then Routine Work - Marana Yoga						
<b>Wednesday, May 14, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA Sutra 31 Jaya 5116
<b>Silver Retreat Star</b>			<b>Gulika</b> 10:21AM – 12:10PM <b>Yama</b> 6:44AM – 8:33AM <b>Rahu</b> 12:10PM – 1:59PM	<b>Vishakha Until 7:16PM</b> Variyan Until 1:44PM Balava Until 12:23AM Thu <b>Purnima* Until 1:19PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Vaikasi</b>	Sunrise: 4:56AM Sunset: 7:24PM Moon 4 - Phase 4 Prathama <b>Devaloka Day</b>
Tula Rasi: 25.38 Tithi 15 – 16 279428269 Creative Work Siddha Yoga						

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws, rita. The elixir of divine love is supreme in heaven. Rig Veda Samhita

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**Thursday, May 15, 2014**  
**Gold Retreat Star**

Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Parigha\* Shiva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Des Moines, IA  
Sutra 32  
Jaya 5116

Vrischika Rasi: 9.37    Titithi 16 – 17  
279428269  
Creative Work    Siddha Yoga  
Until 5:56PM  
Then Routine Work - Prabalarishta Yoga

**Gulika**    8:32AM – 10:21AM  
**Yama**       4:55AM – 6:44AM  
**Rahu**       1:59PM – 3:48PM

**Anuradha Until 5:56PM**  
**Parigha\* Until 11:03AM**  
**Taitila Until 10:12PM**  
**Prathama\* Until 11:19AM**

**Ganesha:** Purple    *Sunrise: 4:55AM*  
**Muruga:** White     *Sunset: 7:25PM*  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5  
1st Phase

**Devaloka Day**



**Friday, May 16, 2014**

Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA  
Sun 1    Sutra 33  
Jaya 5116

Vrischika Rasi: 23.5    Titithi 17 – 18  
279428269  
Routine Work    Marana Yoga  
Until 4:08PM  
Then Creative Work - Amrita Yoga

**Gulika**       6:43AM – 8:32AM  
**Yama**       3:48PM – 5:37PM  
**Rahu**       10:21AM – 12:10PM

**Jyeshtha\* Until 4:08PM**  
**Shiva Until 8:05AM**  
**Vanija Until 7:43PM**  
**Dvitiya Until 8:58AM**

**Ganesha:** Purple    *Sunrise: 4:54AM*  
**Muruga:** White     *Sunset: 7:26PM*  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5  
1st Phase

**Devaloka Day**



**Saturday, May 17, 2014**

Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Sadhya Yoga Vistit\*/Balava Karana Tritiya/Chaturthyam Titau

Des Moines, IA  
Sun 2    Sutra 34  
Jaya 5116

Dhanus Rasi: 8.14    Titithi 18 – 19  
289428269  
Creative Work    Siddha Yoga

**Gulika**       4:53AM – 6:42AM  
**Yama**       1:59PM – 3:49PM  
**Rahu**       8:31AM – 10:21AM

**Mula\* Until 2:26PM**  
**Sadhya Until 1:38AM Sun**  
**Balava Until 3:43AM Sun**  
**Tritiya Until 6:23AM**

**Ganesha:** Clear     *Sunrise: 4:53AM*  
**Muruga:** White     *Sunset: 7:27PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**



**Sunday, May 18, 2014**

Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Subha Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA  
Sun 3    Sutra 35  
Jaya 5116

Dhanus Rasi: 22.42    Titithi 20  
281428269  
Creative Work    Siddha Yoga  
Until 12:33PM  
Then Creative Work - Amrita Yoga

**Gulika**       3:49PM – 5:39PM  
**Yama**       12:10PM – 2:00PM  
**Rahu**       5:39PM – 7:28PM

**Purvashadha\* Until 12:33PM**  
**Subha Until 10:23PM**  
**Kaulava Until 2:24PM**  
**Panchami Until 1:04AM Mon**

**Ganesha:** Yellow    *Sunrise: 4:52AM*  
**Muruga:** White     *Sunset: 7:28PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**



**Monday, May 19, 2014**

Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Sukla Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA  
Sun 4    Sutra 36  
Jaya 5116

Makara Rasi: 7.09    Titithi 21  
281428269  
**Family Home Evening**  
Routine Work    Marana Yoga  
Until 10:35AM  
Then Creative Work - Amrita Yoga

**Gulika**       2:00PM – 3:50PM  
**Yama**       10:20AM – 12:10PM  
**Rahu**       6:41AM – 8:31AM

**Uttarashadha Until 10:35AM**  
**Sukla Until 7:12PM**  
**Gara Until 11:47AM**  
**Shashthi\* Until 10:31PM**

**Ganesha:** Yellow    *Sunrise: 4:51AM*  
**Muruga:** White     *Sunset: 7:29PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5  
1st Phase

**Sivaloka Day**



**Tuesday, May 20, 2014**

Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Brahma/Indra Yoga Vistit\*/Bava Karana Saptamyam Titau

Des Moines, IA  
Sun 5    Sutra 37  
Jaya 5116

Makara Rasi: 21.31    Titithi 22  
291428269  
Creative Work    Siddha Yoga

**Gulika**       12:10PM – 2:00PM  
**Yama**       8:30AM – 10:20AM  
**Rahu**       3:50PM – 5:40PM

**Shravana Until 9:03AM**  
**Brahma Until 4:11PM**  
**Vistit Until 9:20AM**  
**Saptami Until 8:10PM**

**Ganesha:** Blue     *Sunrise: 4:50AM*  
**Muruga:** White     *Sunset: 7:30PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5  
1st Phase

**Devaloka Day**



**Wednesday, May 21, 2014**  
**Retreat Star**

Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Indra/Vaidhriti\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA  
Sun 6    Sutra 38  
Jaya 5116

Kumbha Rasi: 5.43    Titithi 23  
291428269  
Routine Work    Prabalarishta Yoga  
Until 7:36AM  
Then Creative Work - Siddha Yoga

**Gulika**       10:20AM – 12:10PM  
**Yama**       6:40AM – 8:30AM  
**Rahu**       12:10PM – 2:00PM

**Dhanishtha Until 7:36AM**  
**Indra Until 1:23PM**  
**Balava Until 7:06AM**  
**Ashtami\* Until 6:03PM**

**Ganesha:** Blue     *Sunrise: 4:49AM*  
**Muruga:** White     *Sunset: 7:31PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Moon 5 - Phase 5  
Ashtami

**Devaloka Day**

**Thursday, May 22, 2014**  
**Retreat Star**

Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaprosithapada\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Des Moines, IA  
Sun 7    Sutra 39  
Jaya 5116

Kumbha Rasi: 19.45    Titithi 24 – 25  
291428269  
Creative Work    Siddha Yoga

**Gulika**       8:29AM – 10:20AM  
**Yama**       4:49AM – 6:39AM  
**Rahu**       2:01PM – 3:51PM

**Shatabhishak Until 6:16AM**  
**Vaidhriti\* Until 10:47AM**  
**Vanija Until 3:28AM Fri**  
**Navami\* Until 4:14PM**

**Ganesha:** Blue     *Sunrise: 4:49AM*  
**Muruga:** White     *Sunset: 7:32PM*  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**


Moon 5 - Phase 5  
Navami

**Devaloka Day**

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Friday, May 23, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtpada Nakshatra Vishkamba*/Priti Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Meena Rasi: 3.35    Tithi 25 – 26 211428269	<b>Gulika</b> 6:39AM – 8:29AM <b>Yama</b> 3:52PM – 5:42PM <b>Rahu</b> 10:20AM – 12:10PM	<b>Uttaraproshtpada</b> Until 4:58AM Sat <b>Vishkamba*</b> Until 8:26AM Bava Until 2:07AM Sat <b>Dashami</b> Until 2:44PM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear <b>Vaisaka-Vaikasi</b>	Sunrise: 4:48AM Sunset: 7:33PM	Sun 8    Sutra 40 Jaya 5116 Moon 5 - Phase 6 2nd Phase
Creative Work    Siddha Yoga Until 4:58AM Sat Then Routine Work - Prabalarishta Yoga		<b>Devaloka Day</b>				
<b>2</b>	<b>Saturday, May 24, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Meena Rasi: 17.14    Tithi 26 – 27 211528269	<b>Gulika</b> 4:47AM – 6:38AM <b>Yama</b> 2:01PM – 3:52PM <b>Rahu</b> 8:29AM – 10:20AM	<b>Revati</b> Until 4:36AM Sun Priti Until 6:22AM Kaulava Until 1:08AM Sun <b>Ekadashi*</b> Until 1:34PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear <b>Vaisaka-Vaikasi</b>	Sunrise: 4:47AM Sunset: 7:34PM	Sun 9    Sutra 41 Jaya 5116 Moon 5 - Phase 6 2nd Phase
Routine Work    Prabalarishta Yoga Until 4:36AM Sun Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>				
<b>3</b>	<b>Sunday, May 25, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Mesha Rasi: 0.41    Tithi 27 – 28 321528269	<b>Gulika</b> 3:53PM – 5:44PM <b>Yama</b> 12:11PM – 2:02PM <b>Rahu</b> 5:44PM – 7:35PM	<b>Ashvini</b> Until 4:55AM Mon Saubhagya Until 3:05AM Mon Gara Until 12:30AM Mon <b>Dvadashi*</b> Until 12:45PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Vaikasi</b>	Sunrise: 4:46AM Sunset: 7:35PM	Sun 10    Sutra 42 Jaya 5116 Moon 5 - Phase 6 2nd Phase
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				
<b>4</b>	<b>Monday, May 26, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Mesha Rasi: 13.55    Tithi 28 – 29 <b>Family Home Evening</b> 321528269	<b>Gulika</b> 2:02PM – 3:53PM <b>Yama</b> 10:19AM – 12:11PM <b>Rahu</b> 6:37AM – 8:28AM	<b>Bharani</b> Until 5:27AM Tue Sobhana Until 1:55AM Tue Visti Until 12:16AM Tue <b>Trayodashi*</b> Until 12:19PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Vaikasi</b>	Sunrise: 4:46AM Sunset: 7:35PM	Sun 11    Sutra 43 Jaya 5116 Moon 5 - Phase 6 2nd Phase
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				
	<b>Tuesday, May 27, 2014</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA
	<b>Retreat Star</b> Mesha Rasi: 26.57    Tithi 29 – 30 321528269	<b>Gulika</b> 12:11PM – 2:02PM <b>Yama</b> 8:28AM – 10:19AM <b>Rahu</b> 3:54PM – 5:45PM	<b>Krittika</b> Until 6:16AM Wed Athiganda* Until 1:04AM Wed Catuspada Until 12:27AM Wed <b>Chaturdashi*</b> Until 12:17PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White <b>Vaisaka-Vaikasi</b>	Sunrise: 4:45AM Sunset: 7:36PM	Sun 12    Sutra 44 Jaya 5116 Moon 5 - Phase 6 Amavasya
Creative Work    Siddha Yoga		<b>Sivaloka Day</b>				
<b>Wednesday, May 28, 2014</b>	<b>Retreat Star</b>	Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA
	Vrishabha Rasi: 9.46    Tithi 30 – 1 321528269	<b>Gulika</b> 10:19AM – 12:11PM <b>Yama</b> 6:36AM – 8:28AM <b>Rahu</b> 12:11PM – 2:02PM	<b>Krittika</b> Until 6:16AM Sukarma Until 12:34AM Thu Kintughna Until 1:05AM Thu <b>Amavasya*</b> Until 12:41PM	<b>Ganesha:</b> Yellow <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White <b>Jyeshtha-Vaikasi</b>	Sunrise: 4:45AM Sunset: 7:37PM	Sun 13    Sutra 45 Jaya 5116 Moon 5 - Phase 6 Prathama
Creative Work    Amrita Yoga Until 6:16AM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>				

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Thursday, May 29, 2014</b>	Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Des Moines, IA Sun 14 Sutra 46 Jaya 5116
	332528269	<b>Gulika</b> 8:27AM – 10:19AM <b>Yama</b> 4:44AM – 6:36AM <b>Rahu</b> 2:03PM – 3:54PM	<b>Rohini Until 7:49AM</b> Dhriti Until 12:27AM Fri Balava Until 2:10AM Fri <b>Prathama* Until 1:33PM</b>

**Ganesha:** Green *Sunrise: 4:44AM*  
**Muruga:** White *Sunset: 7:38PM*  
**Nataraja:** Clear  
 Moon – Yellow  
**Jyeshtha-Vaikasi**

Vishabha Rasi: 22.22    Tithi 1 – 2  
 Routine Work    Marana Yoga    Devaloka Day

<b>2</b>	<b>Friday, May 30, 2014</b>	Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Des Moines, IA Sun 15 Sutra 47 Jaya 5116
	332528269	<b>Gulika</b> 6:35AM – 8:27AM <b>Yama</b> 3:55PM – 5:47PM <b>Rahu</b> 10:19AM – 12:11PM	<b>Mrigashira Until 9:40AM</b> Shula* Until 12:38AM Sat Taitila Until 3:40AM Sat <b>Dvitiya Until 2:51PM</b>

**Ganesha:** Green *Sunrise: 4:43AM*  
**Muruga:** White *Sunset: 7:39PM*  
**Nataraja:** Clear  
 Moon – Yellow  
**Jyeshtha-Vaikasi**

Mithuna Rasi: 4.47    Tithi 2 – 3  
 Creative Work    Siddha Yoga    Devaloka Day

<b>3</b>	<b>Saturday, May 31, 2014</b>	Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Des Moines, IA Sun 16 Sutra 48 Jaya 5116
	332528269	<b>Gulika</b> 4:43AM – 6:35AM <b>Yama</b> 2:03PM – 3:55PM <b>Rahu</b> 8:27AM – 10:19AM	<b>Ardra Until 11:44AM</b> Ganda* Until 1:07AM Sun Vanija Until 5:33AM Sun <b>Tritiya Until 4:33PM</b>

**Ganesha:** Green *Sunrise: 4:43AM*  
**Muruga:** White *Sunset: 7:40PM*  
**Nataraja:** Clear  
 Moon – Yellow  
**Jyeshtha-Vaikasi**

Mithuna Rasi: 17.01    Tithi 3 – 4  
 Creative Work    Siddha Yoga    Devaloka Day

<b>4</b>	<b>Sunday, June 1, 2014</b>	Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Visti* Karana Chaturthyam Titau	Des Moines, IA Sun 17 Sutra 49 Jaya 5116
	342528269	<b>Gulika</b> 3:56PM – 5:48PM <b>Yama</b> 12:11PM – 2:04PM <b>Rahu</b> 5:48PM – 7:40PM	<b>Punarvasu Until 2:29PM</b> Vriddhi Until 1:52AM Mon Visti Until 6:35PM <b>Chaturthi* Until 6:35PM</b>

**Ganesha:** White *Sunrise: 4:42AM*  
**Muruga:** White *Sunset: 7:40PM*  
**Nataraja:** Clear  
 Moon – Blue  
**Jyeshtha-Vaikasi**

Mithuna Rasi: 29.05    Tithi 4  
 Creative Work    Siddha Yoga    Devaloka Day

<b>5</b>	<b>Monday, June 2, 2014</b>	Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Bava/Balava Karana Panchamyam Titau	Des Moines, IA Sun 18 Sutra 50 Jaya 5116
	342528269	<b>Gulika</b> 2:04PM – 3:56PM <b>Yama</b> 10:19AM – 12:12PM <b>Rahu</b> 6:34AM – 8:27AM	<b>Pushya Until 5:18PM</b> Dhruva Until 2:44AM Tue Bava Until 7:44AM <b>Panchami Until 8:52PM</b>

**Ganesha:** White *Sunrise: 4:42AM*  
**Muruga:** White *Sunset: 7:41PM*  
**Nataraja:** Clear  
 Moon – Blue  
**Jyeshtha-Vaikasi**

Kataka Rasi: 11.03    Tithi 5  
**Family Home Evening**  
 Creative Work    Siddha Yoga    Devaloka Day

<b>6</b>	<b>Tuesday, June 3, 2014</b>	Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Shashthyam Titau	Des Moines, IA Sun 19 Sutra 51 Jaya 5116
	342528269	<b>Gulika</b> 12:12PM – 2:04PM <b>Yama</b> 8:27AM – 10:19AM <b>Rahu</b> 3:57PM – 5:49PM	<b>Ashlesha* Until 8:04PM</b> Vyaghata* Until 3:40AM Wed Kaulava Until 10:05AM <b>Shashthi* Until 11:14PM</b>

**Ganesha:** White *Sunrise: 4:42AM*  
**Muruga:** White *Sunset: 7:42PM*  
**Nataraja:** Clear  
 Moon – Blue  
**Jyeshtha-Vaikasi**

Kataka Rasi: 22.56    Tithi 6  
 Creative Work    Siddha Yoga    Devaloka Day

<b>Retreat Star</b>	<b>Wednesday, June 4, 2014</b>	Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Harshana Yoga Gara/Vanija Karana Saptamyam Titau	Des Moines, IA Sun 20 Sutra 52 Jaya 5116
	352528269	<b>Gulika</b> 10:19AM – 12:12PM <b>Yama</b> 6:34AM – 8:27AM <b>Rahu</b> 12:12PM – 2:04PM	<b>Magha* Until 11:07PM</b> Harshana Until 4:31AM Thu Gara Until 12:26PM <b>Saptami Until 1:31AM Thu</b>

**Ganesha:** Clear *Sunrise: 4:41AM*  
**Muruga:** White *Sunset: 7:42PM*  
**Nataraja:** Clear  
 Moon – Red  
**Jyeshtha-Vaikasi**

Simha Rasi: 4.49    Tithi 7  
 Creative Work    Siddha Yoga    Sivaloka Day  
 Until 11:07PM  
 Then Creative Work - Amrita Yoga

<b>Retreat Star</b>	<b>Thursday, June 5, 2014</b>	Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vajra* Yoga Visti*/Bava Karana Ashtamyam Titau	Des Moines, IA Sun 21 Sutra 53 Jaya 5116
	352528261	<b>Gulika</b> 8:26AM – 10:19AM <b>Yama</b> 4:41AM – 6:34AM <b>Rahu</b> 2:05PM – 3:58PM	<b>Purvaphalguni Until 1:43AM Fri</b> Vajra* Until 5:05AM Fri Visti Until 2:35PM <b>Ashtami* Until 3:30AM Fri</b>

**Ganesha:** Clear *Sunrise: 4:41AM*  
**Muruga:** White *Sunset: 7:43PM*  
**Nataraja:** Clear  
 Moon – Red  
**Jyeshtha-Vaikasi**

Simha Rasi: 16.45    Tithi 8  
 Creative Work    Siddha Yoga    Sivaloka Day

<b>Retreat Star</b>	<b>Friday, June 6, 2014</b>	Jaya Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Navamyam Titau	Des Moines, IA Sun 22 Sutra 54 Jaya 5116
	352528261	<b>Gulika</b> 6:34AM – 8:26AM <b>Yama</b> 3:58PM – 5:51PM <b>Rahu</b> 10:19AM – 12:12PM	<b>Uttaraphalguni Until 3:40AM Sat</b> Siddhi Until 5:16AM Sat Balava Until 4:20PM <b>Navami* Until 4:57AM Sat</b>

**Ganesha:** Clear *Sunrise: 4:41AM*  
**Muruga:** White *Sunset: 7:44PM*  
**Nataraja:** Clear  
 Moon – Red  
**Jyeshtha-Vaikasi**

Simha Rasi: 28.49    Tithi 9  
 Creative Work    Siddha Yoga    Sivaloka Day  
 Until 3:40AM Sat  
 Then Routine Work - Marana Yoga

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda

<b>1</b>	<b>Saturday, June 7, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Vyatipata* Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA	
	Kanya Rasi: 11.07	Tithi 10	362528261	<b>Gulika</b> 4:40AM – 6:33AM <b>Yama</b> 2:05PM – 3:58PM <b>Rahu</b> 8:26AM – 10:19AM	<b>Hasta Until 5:17AM Sun</b> Vyatipata* Until 4:55AM Sun Taitila Until 5:27PM <b>Dashami Until 5:43AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:40AM</i> <b>Muruga:</b> White <i>Sunset: 7:44PM</i> <b>Nataraja:</b> Clear Moon – Green <b>Jyeshtha-Vaikasi</b>	Sun 23 Sutra 55 Jaya 5116 Moon 5 - Phase 8 4th Phase <b>Devaloka Day</b>	
	Routine Work Marana Yoga Until 5:17AM Sun Then Creative Work - Siddha Yoga							
<b>2</b>	<b>Sunday, June 8, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Variyan Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA	
	Kanya Rasi: 23.42	Tithi 11	362528261	<b>Gulika</b> 3:59PM – 5:52PM <b>Yama</b> 12:13PM – 2:06PM <b>Rahu</b> 5:52PM – 7:45PM	<b>Chitra Until 5:57AM Mon</b> Variyan Until 3:55AM Mon Vanija Until 5:50PM <b>Ekadashi Until 5:42AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:40AM</i> <b>Muruga:</b> White <i>Sunset: 7:45PM</i> <b>Nataraja:</b> Clear Moon – Green <b>Jyeshtha-Vaikasi</b>	Sun 24 Sutra 56 Jaya 5116 Moon 5 - Phase 8 4th Phase <b>Devaloka Day</b>	
	Creative Work Siddha Yoga Until 5:57AM Mon Then Creative Work - Amrita Yoga							
<b>3</b>	<b>Monday, June 9, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Svati Nakshatra Parigha* Yoga Bava/Balava Karana Dvadashyam Titau				Des Moines, IA	
	Tula Rasi: 6.41	Tithi 12	362528261	<b>Gulika</b> 2:06PM – 3:59PM <b>Yama</b> 10:20AM – 12:13PM <b>Rahu</b> 6:33AM – 8:26AM	<b>Svati Until 5:40AM Tue</b> Parigha* Until 2:16AM Tue Bava Until 5:23PM <b>Dvadashi Until 4:51AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise: 4:40AM</i> <b>Muruga:</b> White <i>Sunset: 7:46PM</i> <b>Nataraja:</b> Clear Moon – Green <b>Jyeshtha-Vaikasi</b>	Sun 25 Sutra 57 Jaya 5116 Moon 5 - Phase 8 4th Phase <b>Devaloka Day</b>	
	Family Home Evening Creative Work Amrita Yoga Until 5:40AM Tue Then Routine Work - Marana Yoga							
<b>4</b>	<b>Tuesday, June 10, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA	
	Tula Rasi: 20.05	Tithi 13	372528261	<b>Gulika</b> 12:13PM – 2:06PM <b>Yama</b> 8:26AM – 10:20AM <b>Rahu</b> 4:00PM – 5:53PM	<b>Vishakha Until 4:56AM Wed</b> Shiva Until 12:01AM Wed Kaulava Until 4:09PM <b>Trayodashi Until 3:14AM Wed</b> <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise: 4:40AM</i> <b>Muruga:</b> White <i>Sunset: 7:46PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Jyeshtha-Vaikasi</b>	Sun 26 Sutra 58 Jaya 5116 Moon 5 - Phase 8 4th Phase <b>Sivaloka Day</b>	
	Routine Work Marana Yoga Until 4:56AM Wed Then Creative Work - Siddha Yoga		Vaikasi Visakam					
<b>5</b>	<b>Wednesday, June 11, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Siddha Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA	
	Vrischika Rasi: 3.57	Tithi 14	373528261	<b>Gulika</b> 10:20AM – 12:13PM <b>Yama</b> 6:33AM – 8:26AM <b>Rahu</b> 12:13PM – 2:06PM	<b>Anuradha Until 3:25AM Thu</b> Siddha Until 9:12PM Gara Until 2:12PM <b>Chaturdashi* Until 12:58AM Thu</b>	<b>Ganesha:</b> White <i>Sunrise: 4:40AM</i> <b>Muruga:</b> White <i>Sunset: 7:47PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Jyeshtha-Vaikasi</b>	Sun 27 Sutra 59 Jaya 5116 Moon 5 - Phase 8 4th Phase <b>Subha Sivaloka Day</b>	
	Creative Work Siddha Yoga Until 3:25AM Thu Then Routine Work - Prabalarishta Yoga							
<b>○</b>	<b>Thursday, June 12, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA	
	<b>Copper Retreat Star</b>		Vrischika Rasi: 18.13	Tithi 15	373528261	<b>Gulika</b> 8:26AM – 10:20AM <b>Yama</b> 4:40AM – 6:33AM <b>Rahu</b> 2:07PM – 4:00PM	<b>Jyeshtha* Until 1:16AM Fri</b> Sadhya Until 5:57PM Visti Until 11:40AM <b>Purnima* Until 10:12PM</b>	<b>Ganesha:</b> White <i>Sunrise: 4:40AM</i> <b>Muruga:</b> White <i>Sunset: 7:47PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Jyeshtha-Vaikasi</b>
	Routine Work Prabalarishta Yoga Until 1:16AM Fri Then Creative Work - Amrita Yoga							
<b>○</b>	<b>Friday, June 13, 2014</b>		Jaya Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA	
	<b>Silver Retreat Star</b>		Dhanus Rasi: 2.49	Tithi 16	383528261	<b>Gulika</b> 6:33AM – 8:26AM <b>Yama</b> 4:01PM – 5:54PM <b>Rahu</b> 10:20AM – 12:14PM	<b>Mula* Until 11:03PM</b> Subha Until 2:23PM Balava Until 8:42AM <b>Prathama* Until 7:05PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 4:39AM</i> <b>Muruga:</b> White <i>Sunset: 7:48PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Jyeshtha-Vaikasi</b>
	Creative Work Amrita Yoga Until 11:03PM Then Routine Work - Prabalarishta Yoga							

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. Rig Veda Samhita

All times are standard time

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**Saturday, June 14, 2014**  
**Gold Retreat Star**

Dhanus Rasi: 17.37    Tithi 17 – 18  
383528261  
Creative Work    Siddha Yoga  
Until 8:33PM  
Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika**    4:39AM – 6:33AM    **Purvashadha\* Until 8:33PM**  
**Yama**       2:07PM – 4:01PM       Sukla Until 10:37AM  
**Rahu**       8:27AM – 10:20AM       Vanija Until 2:08AM Sun  
Dvitiya Until 3:47PM

Des Moines, IA  
Sun 1    Sutra 62  
Jaya 5116  
Moon 6 - Phase 9  
1st Phase  
**Sivaloka Day**

**Ganesha:** Yellow    *Sunrise: 4:39AM*  
**Muruga:** White      *Sunset: 7:48PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Jyeshtha-Ani**



**Sunday, June 15, 2014**

Makara Rasi: 2.31    Tithi 18 – 19  
383528261  
Creative Work    Amrita Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika**    4:01PM – 5:55PM    **Uttarashadha Until 5:56PM**  
**Yama**       12:14PM – 2:08PM       Brahma Until 6:49AM  
**Rahu**       5:55PM – 7:48PM       Bava Until 10:51PM  
Tritiya Until 12:27PM

Des Moines, IA  
Sun 2    Sutra 63  
Jaya 5116  
Moon 6 - Phase 9  
1st Phase  
**Sivaloka Day**

**Ganesha:** Yellow    *Sunrise: 4:39AM*  
**Muruga:** White      *Sunset: 7:48PM*  
**Nataraja:** Clear  
Moon – Light Blue  
**Jyeshtha-Ani**

Father's Day



**Monday, June 16, 2014**

Makara Rasi: 17.21    Tithi 19 – 20  
393528261  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 3:44PM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Vaidhrili\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika**    2:08PM – 4:01PM    **Shravana Until 3:44PM**  
**Yama**       10:20AM – 12:14PM       Vaidhrili\* Until 11:31PM  
**Rahu**       6:33AM – 8:27AM       Kaulava Until 7:45PM  
Chaturthi\* Until 9:15AM

Des Moines, IA  
Sun 3    Sutra 64  
Jaya 5116  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**Ganesha:** Blue      *Sunrise: 4:39AM*  
**Muruga:** White      *Sunset: 7:49PM*  
**Nataraja:** Clear  
Moon – Purple  
**Jyeshtha-Ani**



**Tuesday, June 17, 2014**

Kumbha Rasi: 2    Tithi 20 – 21  
393528261  
Creative Work    Siddha Yoga  
Until 1:42PM  
Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Yoga Talitila/Vanija Karana Panchami/Shashthyam Titau

**Gulika**    12:14PM – 2:08PM    **Dhanishtha Until 1:42PM**  
**Yama**       8:27AM – 10:21AM       Vishkambha\* Until 8:14PM  
**Rahu**       4:02PM – 5:55PM       Vanija Until 3:42AM Wed  
Panchami Until 6:17AM

Des Moines, IA  
Sun 4    Sutra 65  
Jaya 5116  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**Ganesha:** Blue      *Sunrise: 4:40AM*  
**Muruga:** White      *Sunset: 7:49PM*  
**Nataraja:** Clear  
Moon – Purple  
**Jyeshtha-Ani**



**Wednesday, June 18, 2014**

Kumbha Rasi: 16.24    Tithi 22  
393528261  
Creative Work    Siddha Yoga  
Until 11:56AM  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak/Purvaprosarthapada\* Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    10:21AM – 12:15PM    **Shatabhishak Until 11:56AM**  
**Yama**       6:33AM – 8:27AM       Priti Until 5:19PM  
**Rahu**       12:15PM – 2:08PM       Visti Until 2:36PM  
Saptami Until 1:35AM Thu

Des Moines, IA  
Sun 5    Sutra 66  
Jaya 5116  
Moon 6 - Phase 9  
1st Phase  
**Subha Sivaloka Day**

**Ganesha:** Blue      *Sunrise: 4:40AM*  
**Muruga:** White      *Sunset: 7:49PM*  
**Nataraja:** Clear  
Moon – Purple  
**Jyeshtha-Ani**



**Thursday, June 19, 2014**  
**Retreat Star**

Meena Rasi: 0.28    Tithi 23  
313628261  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprosarthapada\*Uttaraprosarthapada Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    8:27AM – 10:21AM    **Purvaprosarthapada\* Until 10:56AM**  
**Yama**       4:40AM – 6:33AM       Ayushman Until 2:48PM  
**Rahu**       2:09PM – 4:02PM       Balava Until 12:43PM  
Ashtami\* Until 11:58PM

Des Moines, IA  
Sun 6    Sutra 67  
Jaya 5116  
Moon 6 - Phase 9  
Ashtami  
**Sivaloka Day**

**Ganesha:** Clear      *Sunrise: 4:40AM*  
**Muruga:** White      *Sunset: 7:50PM*  
**Nataraja:** Clear  
Moon – Clear  
**Jyeshtha-Ani**

**Friday, June 20, 2014**  
**Retreat Star**

Meena Rasi: 14.13    Tithi 24  
313628261  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprosarthapada/Revati Nakshatra Saubhagya/Sobhana Yoga Talitila/Gara Karana Navamyam Titau

**Gulika**    6:34AM – 8:27AM    **Uttaraprosarthapada Until 10:19AM**  
**Yama**       4:02PM – 5:56PM       Saubhagya Until 12:43PM  
**Rahu**       10:21AM – 12:15PM       Talitila Until 11:23AM  
Navami\* Until 10:53PM

Des Moines, IA  
Sun 7    Sutra 68  
Jaya 5116  
Moon 6 - Phase 9  
Navami  
**Sivaloka Day**

**Ganesha:** Clear      *Sunrise: 4:40AM*  
**Muruga:** White      *Sunset: 7:50PM*  
**Nataraja:** Clear  
Moon – Clear  
**Jyeshtha-Ani**

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

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<b>1</b>	<b>Saturday, June 21, 2014</b>		Jaya Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Revati/Ashvini Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Dashamyam Titau				Des Moines, IA
	Meena Rasi: 27.39	Tithi 25	313628261	<b>Gulika</b> 4:40AM – 6:34AM <b>Yama</b> 2:09PM – 4:03PM <b>Rahu</b> 8:28AM – 10:21AM	<b>Revati Until 10:04AM</b> Sobhana Until 11:05AM Vanija Until 10:34AM Dashami Until 10:21PM	<b>Ganesha:</b> Clear <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Clear <b>Jyeshtha-Ani</b>	Sun 8 Sutra 69 Jaya 5116 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Routine Work Prabalarishta Yoga Until 10:04AM Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Sunday, June 22, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA
	Mesha Rasi: 10.49	Tithi 26	323628261	<b>Gulika</b> 4:03PM – 5:57PM <b>Yama</b> 12:15PM – 2:09PM <b>Rahu</b> 5:57PM – 7:50PM	<b>Ashvini Until 10:39AM</b> Athiganda* Until 9:50AM Bava Until 10:17AM Ekadashi* Until 10:17PM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White <b>Jyeshtha-Ani</b>	Sun 9 Sutra 70 Jaya 5116 Moon 6 - Phase 10 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 10:39AM Then Routine Work - Prabalarishta Yoga							

<b>3</b>	<b>Monday, June 23, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Des Moines, IA
	Mesha Rasi: 23.43	Tithi 27	323628261	<b>Gulika</b> 2:09PM – 4:03PM <b>Yama</b> 10:22AM – 12:16PM <b>Rahu</b> 6:34AM – 8:28AM	<b>Bharani Until 11:32AM</b> Sukarma Until 8:59AM Kaulava Until 10:27AM Dvadashi* Until 10:41PM	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White <b>Jyeshtha-Ani</b>	Sun 10 Sutra 71 Jaya 5116 Moon 6 - Phase 10 2nd Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga Until 11:32AM Then Routine Work - Marana Yoga							

<b>4</b>	<b>Tuesday, June 24, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Trayodashyam Titau				Des Moines, IA
	Vrishabha Rasi: 6.25	Tithi 28	323628261	<b>Gulika</b> 12:16PM – 2:10PM <b>Yama</b> 8:28AM – 10:22AM <b>Rahu</b> 4:03PM – 5:57PM	<b>Krittika Until 12:40PM</b> Dhriti Until 8:28AM Gara Until 11:03AM Trayodashi* Until 11:29PM <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> White <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – White <b>Jyeshtha-Ani</b>	Sun 11 Sutra 72 Jaya 5116 Moon 6 - Phase 10 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 12:40PM Then Creative Work - Amrita Yoga							

<b>5</b>	<b>Wednesday, June 25, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Des Moines, IA
	Vrishabha Rasi: 18.56	Tithi 29	334628261	<b>Gulika</b> 10:22AM – 12:16PM <b>Yama</b> 6:35AM – 8:29AM <b>Rahu</b> 12:16PM – 2:10PM	<b>Rohini Until 2:30PM</b> Shula* Until 8:14AM Visti* Until 12:03PM Chaturdashi* Until 12:39AM Thu	<b>Ganesha:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Yellow <b>Jyeshtha-Ani</b>	Sun 12 Sutra 73 Jaya 5116 Moon 6 - Phase 10 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

	<b>Thursday, June 26, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Des Moines, IA	
	<b>Retreat Star</b>		Mithuna Rasi: 1.17	Tithi 30	334628261	<b>Gulika</b> 8:29AM – 10:23AM <b>Yama</b> 4:42AM – 6:35AM <b>Rahu</b> 2:10PM – 4:04PM	<b>Mrigashira Until 4:31PM</b> Ganda* Until 8:18AM Catuspada Until 1:24PM Amavasya* Until 2:10AM Fri	<b>Ganesha:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Yellow <b>Jyeshtha-Ani</b>
Routine Work Marana Yoga								

	<b>Friday, June 27, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Vridhhi/Dhruva Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA	
	<b>Retreat Star</b>		Mithuna Rasi: 13.3	Tithi 1	334628261	<b>Gulika</b> 6:36AM – 8:29AM <b>Yama</b> 4:04PM – 5:57PM <b>Rahu</b> 10:23AM – 12:16PM	<b>Ardra Until 6:41PM</b> Vridhhi Until 8:39AM Kintughna Until 3:04PM Prathama* Until 4:00AM Sat	<b>Ganesha:</b> Orange <b>Muruga:</b> White <b>Nataraja:</b> Clear Moon – Yellow <b>Ashada-Ani</b>
Creative Work Siddha Yoga								

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Saturday, June 28, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvitiyayam Titau	Des Moines, IA Sun 15 Sutra 76 Jaya 5116
	Mithuna Rasi: 25.35      Tithi 2 344628261	<b>Gulika</b> 4:42AM – 6:36AM <b>Yama</b> 2:10PM – 4:04PM <b>Rahu</b> 8:29AM – 10:23AM	<b>Punarvasu Until 9:28PM</b> Dhruva Until 9:11AM Balava Until 5:03PM <b>Dvitiya Until 6:06AM Sun</b>

Creative Work    Siddha Yoga

Ganesha: Clear    Sunrise: 4:42AM  
Muruga: White    Sunset: 7:51PM  
Nataraja: Clear  
Moon – Blue

**Ashada-Ani**      **Sivaloka Day**

<b>2</b>	<b>Sunday, June 29, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Des Moines, IA Sun 16 Sutra 77 Jaya 5116
	Kataka Rasi: 7.34      Tithi 2 – 3 344628261	<b>Gulika</b> 4:04PM – 5:57PM <b>Yama</b> 12:17PM – 2:10PM <b>Rahu</b> 5:57PM – 7:51PM	<b>Pushya Until 12:18AM Mon</b> Vyaghata* Until 9:57AM Taitila Until 7:16PM <b>Dvitiya Until 6:06AM</b>

Creative Work    Siddha Yoga

Ganesha: Clear    Sunrise: 4:43AM  
Muruga: White    Sunset: 7:51PM  
Nataraja: Clear  
Moon – Blue

**Ashada-Ani**      **Sivaloka Day**

<b>3</b>	<b>Monday, June 30, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau	Des Moines, IA Sun 17 Sutra 78 Jaya 5116
	Kataka Rasi: 19.28      Tithi 3 – 4 <b>Family Home Evening</b> 344628261	<b>Gulika</b> 2:10PM – 4:04PM <b>Yama</b> 10:24AM – 12:17PM <b>Rahu</b> 6:37AM – 8:30AM	<b>Ashlesha* Until 3:07AM Tue</b> Harshana Until 10:53AM Vanija Until 9:39PM <b>Tritiya Until 8:25AM</b>

Creative Work    Siddha Yoga

Ganesha: Clear    Sunrise: 4:43AM  
Muruga: White    Sunset: 7:51PM  
Nataraja: Clear  
Moon – Blue

**Ashada-Ani**      **Sivaloka Day**

<b>4</b>	<b>Tuesday, July 1, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Des Moines, IA Sun 18 Sutra 79 Jaya 5116
	Simha Rasi: 1.2      Tithi 4 – 5 354628261	<b>Gulika</b> 12:17PM – 2:11PM <b>Yama</b> 8:30AM – 10:24AM <b>Rahu</b> 4:04PM – 5:57PM	<b>Magha* Until 6:17AM Wed</b> Vajra* Until 11:52AM Bava Until 12:05AM Wed <b>Chaturthi* Until 10:51AM</b>

Creative Work    Siddha Yoga  
Until 6:17AM Wed  
Then Creative Work - Amrita Yoga

Ganesha: Purple    Sunrise: 4:44AM  
Muruga: White    Sunset: 7:51PM  
Nataraja: Clear  
Moon – Red

**Ashada-Ani**      **Subha Sivaloka Day**

<b>5</b>	<b>Wednesday, July 2, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Des Moines, IA Sun 19 Sutra 80 Jaya 5116
	Simha Rasi: 13.11      Tithi 5 – 6 354628261	<b>Gulika</b> 10:24AM – 12:17PM <b>Yama</b> 6:37AM – 8:31AM <b>Rahu</b> 12:17PM – 2:11PM	<b>Magha* Until 6:17AM</b> Siddhi Until 12:50PM Kaulava Until 2:25AM Thu <b>Panchami Until 1:15PM</b>

Creative Work    Siddha Yoga  
Until 6:17AM  
Then Creative Work - Amrita Yoga

Ganesha: Purple    Sunrise: 4:44AM  
Muruga: White    Sunset: 7:51PM  
Nataraja: Clear  
Moon – Red

**Ashada-Ani**      **Subha Sivaloka Day**

<b>6</b>	<b>Thursday, July 3, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyalipata*/Varyan Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Des Moines, IA Sun 20 Sutra 81 Jaya 5116
	Simha Rasi: 25.05      Tithi 6 – 7 354628261	<b>Gulika</b> 8:31AM – 10:24AM <b>Yama</b> 4:45AM – 6:38AM <b>Rahu</b> 2:11PM – 4:04PM	<b>Purvaphalguni Until 9:09AM</b> Vyatipata* Until 1:41PM Gara Until 4:27AM Fri <b>Shashthi* Until 3:28PM</b>

Creative Work    Siddha Yoga  
Chidambaram Abhishekam

Ganesha: Purple    Sunrise: 4:45AM  
Muruga: White    Sunset: 7:50PM  
Nataraja: Clear  
Moon – Red

**Ashada-Ani**      **Subha Sivaloka Day**

<b>Friday, July 4, 2014</b>	<b>Retreat Star</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Saptami/Ashlamiyam Titau	Des Moines, IA Sun 21 Sutra 82 Jaya 5116
	Kanya Rasi: 7.07      Tithi 7 – 8 354628261	<b>Gulika</b> 6:38AM – 8:32AM <b>Yama</b> 4:04PM – 5:57PM <b>Rahu</b> 10:25AM – 12:18PM	<b>Uttaraphalguni Until 11:31AM</b> Varyan Until 2:12PM Visti Until 5:58AM Sat <b>Saptami Until 5:16PM</b>

Creative Work    Siddha Yoga  
Until 11:31AM  
Then Creative Work - Amrita Yoga

Ganesha: Purple    Sunrise: 4:45AM  
Muruga: White    Sunset: 7:50PM  
Nataraja: Clear  
Moon – Red

**Ashada-Ani**      **Subha Sivaloka Day**

<b>Saturday, July 5, 2014</b>	<b>Retreat Star</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Bava Karana Ashtamyam Titau	Des Moines, IA Sun 22 Sutra 83 Jaya 5116
	Kanya Rasi: 19.22      Tithi 8 364628261	<b>Gulika</b> 4:46AM – 6:39AM <b>Yama</b> 2:11PM – 4:04PM <b>Rahu</b> 8:32AM – 10:25AM	<b>Hasta Until 1:39PM</b> Parigha* Until 2:16PM Bava Until 6:27PM <b>Ashtami* Until 6:27PM</b>

Routine Work    Marana Yoga

Ganesha: Clear    Sunrise: 4:46AM  
Muruga: White    Sunset: 7:50PM  
Nataraja: Clear  
Moon – Green

**Ashada-Ani**      **Sivaloka Day**

<b>Sunday, July 6, 2014</b>	<b>Retreat Star</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Navamyam Titau	Des Moines, IA Sun 23 Sutra 84 Jaya 5116
	Tula Rasi: 1.55      Tithi 9 464628261	<b>Gulika</b> 4:04PM – 5:57PM <b>Yama</b> 12:18PM – 2:11PM <b>Rahu</b> 5:57PM – 7:50PM	<b>Chitra Until 2:53PM</b> Shiva Until 1:46PM Balava Until 6:47AM <b>Navami* Until 6:52PM</b>

Creative Work    Siddha Yoga



Ganesha: Purple    Sunrise: 4:46AM  
Muruga: White    Sunset: 7:50PM  
Nataraja: Clear  
Moon – Green

**Ashada-Ani**      **Subha Sivaloka Day**

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

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<b>1</b>	<b>Monday, July 7, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Siddha/Sadhya Yoga Tailila/Gara Karana Dashamyam Titau			Des Moines, IA
	Tula Rasi: 14.52      Tithi 10 Family Home Evening      464628261 Creative Work      Amrita Yoga Until 3:08PM Then Routine Work - Marana Yoga	<b>Gulika</b> 2:11PM – 4:04PM <b>Yama</b> 10:25AM – 12:18PM <b>Rahu</b> 6:40AM – 8:33AM	<b>Svati Until 3:08PM</b> Siddha Until 12:33PM Tailila Until 6:47AM Dashami Until 6:26PM	<b>Ganesha:</b> Purple <i>Sunrise:</i> 4:47AM <b>Muruga:</b> White <i>Sunset:</i> 7:49PM <b>Nataraja:</b> Clear Moon – Green <b>Ashada*Ani</b>	Sun 24      Sutra 85 Jaya 5116 Moon 6 - Phase 12 4th Phase <b>Subha Sivaloka Day</b>
<b>2</b>	<b>Tuesday, July 8, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Sadhya/Subha Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			Des Moines, IA
	Tula Rasi: 28.16      Tithi 11 – 12 Routine Work      Marana Yoga Until 2:50PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:18PM – 2:11PM <b>Yama</b> 8:33AM – 10:26AM <b>Rahu</b> 4:04PM – 5:56PM	<b>Vishakha Until 2:50PM</b> Sadhya Until 10:40AM Bava Until 4:11AM Wed Ekadashi Until 5:07PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:48AM <b>Muruga:</b> White <i>Sunset:</i> 7:49PM <b>Nataraja:</b> Clear Moon – Orange <b>Ashada*Ani</b>	Sun 25      Sutra 86 Jaya 5116 Moon 6 - Phase 12 4th Phase <b>Devaloka Day</b>
<b>3</b>	<b>Wednesday, July 9, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Des Moines, IA
	Vrischika Rasi: 12.1      Tithi 12 – 13 Creative Work      Siddha Yoga	<b>Gulika</b> 10:26AM – 12:18PM <b>Yama</b> 6:41AM – 8:33AM <b>Rahu</b> 12:18PM – 2:11PM	<b>Anuradha Until 1:36PM</b> Subha Until 8:08AM Kaulava Until 1:45AM Thu Dvadashi Until 3:02PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:48AM <b>Muruga:</b> White <i>Sunset:</i> 7:49PM <b>Nataraja:</b> Clear Moon – Orange <b>Ashada*Ani</b>	Sun 26      Sutra 87 Jaya 5116 Moon 6 - Phase 12 4th Phase <b>Devaloka Day</b>
<b>4</b>	<b>Thursday, July 10, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Brahma Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau			Des Moines, IA
	Vrischika Rasi: 26.31      Tithi 13 – 14 Routine Work      Prabalarishta Yoga Until 11:33AM Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:34AM – 10:26AM <b>Yama</b> 4:49AM – 6:42AM <b>Rahu</b> 2:11PM – 4:03PM	<b>Jyeshtha* Until 11:33AM</b> Brahma Until 1:24AM Fri Gara Until 10:44PM Trayodashi Until 12:17PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:49AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:49PM <b>Nataraja:</b> Clear Moon – Orange <b>Ashada*Ani</b>	Sun 27      Sutra 88 Jaya 5116 Moon 6 - Phase 12 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	<b>Friday, July 11, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Des Moines, IA
	<b>Copper Retreat Star</b> Dhanus Rasi: 11.17      Tithi 14 – 15 Creative Work      Amrita Yoga Until 9:16AM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 6:42AM – 8:34AM <b>Yama</b> 4:03PM – 5:55PM <b>Rahu</b> 10:27AM – 12:19PM	<b>Mula* Until 9:16AM</b> Indra Until 9:29PM Visti Until 7:17PM Chaturdashi* Until 9:02AM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:50AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:48PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Ashada*Ani</b>	Sun 28      Sutra 89 Jaya 5116 Moon 6 - Phase 12 Purnima <b>Devaloka Day</b>
	<b>Saturday, July 12, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Prathamayam Titau			Des Moines, IA
	<b>Silver Retreat Star</b> Dhanus Rasi: 26.2      Tithi 16 Creative Work      Siddha Yoga Until 6:30AM Then Routine Work - Marana Yoga	<b>Gulika</b> 4:51AM – 6:43AM <b>Yama</b> 2:11PM – 4:03PM <b>Rahu</b> 8:35AM – 10:27AM	<b>Purvashadha* Until 6:30AM</b> Vaidhriti* Until 5:21PM Balava Until 3:35PM Prathama* Until 1:41AM Sun	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:51AM <b>Muruga:</b> Clear <i>Sunset:</i> 7:47PM <b>Nataraja:</b> Clear Moon – Light Blue <b>Ashada*Ani</b>	Sun 29      Sutra 90 Jaya 5116 Moon 6 - Phase 12 Prathama <b>Devaloka Day</b>

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda

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**Sunday, July 13, 2014**  
**Gold Retreat Star**

Makara Rasi: 11.32 Tithi 17  
495638261  
Creative Work Amrita Yoga  
Until 12:40AM Mon  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Priti Yoga Taitila/Gara Karana Dvitiyayam Titau Des Moines, IA  
Sutra 91  
Jaya 5116  
Gulika 4:03PM - 5:55PM **Shravana Until 12:40AM Mon** Ganesha: Blue Sunrise: 4:51AM  
Yama 12:19PM - 2:11PM Vishkambha\* Until 1:10PM Muruga: Clear Sunset: 7:47PM Moon 7 - Phase 13  
Rahu 5:55PM - 7:47PM Taitila Until 11:49AM Nataraja: Clear 1st Phase  
Moon - Purple  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM  
Ashada\*Ani



**Monday, July 14, 2014**

Makara Rasi: 26.41 Tithi 18  
495738261  
Family Home Evening  
Creative Work Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Des Moines, IA  
Dhanishtha Nakshatra Priti/Ayushman Yoga Vanija/Visti\* Karana Tritiyayam Titau Sun 1 Sutra 92  
Jaya 5116  
Gulika 2:11PM - 4:03PM **Dhanishtha Until 9:57PM** Ganesha: Yellow Sunrise: 4:52AM  
Yama 10:27AM - 12:19PM Priti Until 9:05AM Muruga: Clear Sunset: 7:46PM Moon 7 - Phase 13  
Rahu 6:44AM - 8:36AM Vanija Until 8:08AM Nataraja: Clear 1st Phase  
Moon - Purple  
**Devaloka Day**  
Ashada\*Ani



**Tuesday, July 15, 2014**

Kumbha Rasi: 11.38 Tithi 19 - 20  
495738261  
Routine Work Marana Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Des Moines, IA  
Shatabhishak Nakshatra Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau Sun 2 Sutra 93  
Jaya 5116  
Gulika 12:19PM - 2:11PM **Shatabhishak Until 7:28PM** Ganesha: Yellow Sunrise: 4:53AM  
Yama 8:36AM - 10:28AM Saubhagya Until 1:39AM Wed Muruga: Clear Sunset: 7:45PM Moon 7 - Phase 13  
Rahu 4:02PM - 5:54PM Kaulava Until 1:40AM Wed Nataraja: Clear 1st Phase  
Moon - Purple  
**Devaloka Day**  
Ashada\*Ani



**Wednesday, July 16, 2014**

Kumbha Rasi: 26.17 Tithi 20 - 21  
415738261  
Creative Work Amrita Yoga  
Until 5:46PM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Des Moines, IA  
Purvaproshtapada/Uttaraproshtapada Nakshatra Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau Sun 3 Sutra 94  
Jaya 5116  
Gulika 10:28AM - 12:19PM **Purvaproshtapada\* Until 5:46PM** Ganesha: Clear Sunrise: 4:54AM  
Yama 6:45AM - 8:37AM Sobhana Until 10:34PM Muruga: Clear Sunset: 7:45PM Moon 7 - Phase 13  
Rahu 12:19PM - 2:11PM Gara Until 11:10PM Nataraja: Clear 1st Phase  
Moon - Clear  
**Devaloka Day**  
Ashada\*Adi



**Thursday, July 17, 2014**

Meena Rasi: 10.32 Tithi 21 - 22  
416738262  
Creative Work Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Des Moines, IA  
Uttaraproshtapada/Revati Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau Sun 4 Sutra 95  
Jaya 5116  
Gulika 8:37AM - 10:28AM **Uttaraproshtapada Until 4:32PM** Ganesha: White Sunrise: 4:55AM  
Yama 4:55AM - 6:46AM Athiganda\* Until 8:00PM Muruga: Clear Sunset: 7:44PM Moon 7 - Phase 13  
Rahu 2:11PM - 4:02PM Visti Until 9:19PM Nataraja: Purple 1st Phase  
Moon - Clear  
**Devaloka Day**  
Ashada\*Adi



**Friday, July 18, 2014**  
**Retreat Star**

Meena Rasi: 24.21 Tithi 22 - 23  
416738262  
Creative Work Siddha Yoga  
Until 3:51PM  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Des Moines, IA  
Revati/Ashvini Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau Sun 5 Sutra 96  
Jaya 5116  
Gulika 6:46AM - 8:37AM **Revati Until 3:51PM** Ganesha: White Sunrise: 4:55AM  
Yama 4:01PM - 5:52PM Sukarma Until 5:59PM Muruga: Clear Sunset: 7:43PM Moon 7 - Phase 13  
Rahu 10:28AM - 12:19PM Balava Until 8:09PM Nataraja: Purple Ashtami  
Moon - Clear  
**Devaloka Day**  
Ashada\*Adi

**Saturday, July 19, 2014**  
**Retreat Star**

Mesha Rasi: 7.46 Tithi 23 - 24  
426738262  
Creative Work Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Des Moines, IA  
Ashvini/Bharani Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau Sun 6 Sutra 97  
Jaya 5116  
Gulika 4:56AM - 6:47AM **Ashvini Until 4:10PM** Ganesha: Clear Sunrise: 4:56AM  
Yama 2:10PM - 4:01PM Dhriti Until 4:34PM Muruga: Clear Sunset: 7:43PM Moon 7 - Phase 13  
Rahu 8:38AM - 10:29AM Taitila Until 7:42PM Nataraja: Purple Navami  
Moon - White  
**Sivaloka Day**  
Ashada\*Adi

<b>1</b>	<b>Sunday, July 20, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Des Moines, IA Sun 7 Sutra 98 Jaya 5116
	Mesha Rasi: 20.48 Tithi 24 – 25 426738262	<b>Gulika</b> 4:01PM – 5:51PM <b>Yama</b> 12:20PM – 2:10PM <b>Rahu</b> 5:51PM – 7:42PM	<b>Bharani Until 4:59PM</b> Shula* Until 3:39PM Vanija Until 7:54PM <b>Navami* Until 7:42AM</b>
	Routine Work Prabalarishta Yoga Until 4:59PM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 4:57AM <b>Sunset:</b> 7:42PM <b>Ashada-Adi</b> <b>Sivaloka Day</b>
<b>2</b>	<b>Monday, July 21, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ganda*/Vridhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Des Moines, IA Sun 8 Sutra 99 Jaya 5116
	Wrishabha Rasi: 3.32 Tithi 25 – 26 426738262	<b>Gulika</b> 2:10PM – 4:00PM <b>Yama</b> 10:29AM – 12:20PM <b>Rahu</b> 6:48AM – 8:39AM	<b>Krittika Until 6:12PM</b> Ganda* Until 3:13PM Bava Until 8:41PM <b>Dashami Until 8:12AM</b>
	Family Home Evening Routine Work Marana Yoga Until 6:12PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – White	<b>Sunrise:</b> 4:58AM <b>Sunset:</b> 7:41PM <b>Ashada-Adi</b> <b>Sivaloka Day</b>
<b>3</b>	<b>Tuesday, July 22, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Vridhi/Dhruva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Des Moines, IA Sun 9 Sutra 100 Jaya 5116
	Wrishabha Rasi: 16.01 Tithi 26 – 27 436738262	<b>Gulika</b> 12:20PM – 2:10PM <b>Yama</b> 8:39AM – 10:29AM <b>Rahu</b> 4:00PM – 5:50PM	<b>Rohini Until 8:13PM</b> Vridhi Until 3:10PM Kaulava Until 9:56PM <b>Ekadashi* Until 9:14AM</b>
	Creative Work Amrita Yoga Until 8:13PM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow	<b>Sunrise:</b> 4:59AM <b>Sunset:</b> 7:40PM <b>Ashada-Adi</b> <b>Devaloka Day</b>
<b>4</b>	<b>Wednesday, July 23, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Dhruva/Vyaghata* Yoga Tailala/Gara Karana Dvadashi/Trayodashyam Titau	Des Moines, IA Sun 10 Sutra 101 Jaya 5116
	Wrishabha Rasi: 28.19 Tithi 27 – 28 436738262	<b>Gulika</b> 10:30AM – 12:20PM <b>Yama</b> 6:50AM – 8:40AM <b>Rahu</b> 12:20PM – 2:10PM	<b>Mrigashira Until 10:26PM</b> Dhruva Until 3:24PM Gara Until 11:33PM <b>Dvadashi* Until 10:40AM</b>
	Creative Work Siddha Yoga	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow	<b>Sunrise:</b> 5:00AM <b>Sunset:</b> 7:40PM <b>Ashada-Adi</b> <b>Devaloka Day</b> <i>Pradosha Vrata (Fasting)</i>
<b>5</b>	<b>Thursday, July 24, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Des Moines, IA Sun 11 Sutra 102 Jaya 5116
	Mithuna Rasi: 10.29 Tithi 28 – 29 436738262	<b>Gulika</b> 8:40AM – 10:30AM <b>Yama</b> 5:01AM – 6:50AM <b>Rahu</b> 2:09PM – 3:59PM	<b>Ardra Until 12:46AM Fri</b> Vyaghata* Until 3:54PM Visti Until 1:27AM Fri <b>Trayodashi* Until 12:26PM</b>
	Routine Work Marana Yoga Until 12:46AM Fri Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Yellow	<b>Sunrise:</b> 5:01AM <b>Sunset:</b> 7:39PM <b>Ashada-Adi</b> <b>Devaloka Day</b>
<b>Retreat Star</b>	<b>Friday, July 25, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Des Moines, IA Sun 12 Sutra 103 Jaya 5116
	Mithuna Rasi: 22.32 Tithi 29 – 30 447738262	<b>Gulika</b> 6:51AM – 8:41AM <b>Yama</b> 3:59PM – 5:48PM <b>Rahu</b> 10:30AM – 12:20PM	<b>Punarvasu Until 3:39AM Sat</b> Harshana Until 4:35PM Catuspada Until 3:34AM Sat <b>Chaturdashi* Until 2:28PM</b>
	Creative Work Siddha Yoga	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Blue	<b>Sunrise:</b> 5:02AM <b>Sunset:</b> 7:38PM <b>Ashada-Adi</b> <b>Devaloka Day</b>
<b>Retreat Star</b>	<b>Saturday, July 26, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Des Moines, IA Sun 13 Sutra 104 Jaya 5116
	Kataka Rasi: 4.29 Tithi 30 – 1 447738262	<b>Gulika</b> 5:03AM – 6:52AM <b>Yama</b> 2:09PM – 3:58PM <b>Rahu</b> 8:41AM – 10:30AM	<b>Pushya Until 6:31AM Sun</b> Vajra* Until 5:24PM Kintughna Until 5:53AM Sun <b>Amavasya* Until 4:41PM</b>
	Creative Work Siddha Yoga	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Purple Moon – Blue	<b>Sunrise:</b> 5:03AM <b>Sunset:</b> 7:37PM <b>Sravana-Adi</b> <b>Devaloka Day</b>

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

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<b>1</b>	<b>Sunday, July 27, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Siddhi Yoga Bava Karana Prathamayam Titau				Des Moines, IA
	Kataka Rasi: 16.23	Tithi 1	<b>Gulika</b> 3:58PM – 5:47PM	<b>Pushya Until 6:31AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:03AM	Sun 14 Sutra 105 Jaya 5116
		447738262	<b>Yama</b> 12:20PM – 2:09PM	<b>Siddhi Until 6:20PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 15
			<b>Rahu</b> 5:47PM – 7:36PM	<b>Bava Until 7:03PM</b>	<b>Nataraja:</b> Purple		3rd Phase
				<b>Prathama* Until 7:03PM</b>	<b>Moon – Blue</b>		
					<b>Sravana-Adi</b>		<b>Devaloka Day</b>

<b>2</b>	<b>Monday, July 28, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	Kataka Rasi: 28.15	Tithi 2	<b>Gulika</b> 2:08PM – 3:57PM	<b>Ashlesha* Until 9:21AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:04AM	Sun 15 Sutra 106 Jaya 5116
		447738262	<b>Yama</b> 10:31AM – 12:20PM	<b>Vyatipata* Until 7:21PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 15
			<b>Rahu</b> 6:53AM – 8:42AM	<b>Balava Until 8:18AM</b>	<b>Nataraja:</b> Purple		3rd Phase
				<b>Dvitiya Until 9:30PM</b>	<b>Moon – Blue</b>		
					<b>Sravana-Adi</b>		<b>Devaloka Day</b>

<b>3</b>	<b>Tuesday, July 29, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Variyan Yoga Tailila/Gara Karana Tritiyayam Titau				Des Moines, IA
	Simha Rasi: 10.05	Tithi 3	<b>Gulika</b> 12:20PM – 2:08PM	<b>Magha* Until 12:32PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:05AM	Sun 16 Sutra 107 Jaya 5116
		457738262	<b>Yama</b> 8:42AM – 10:31AM	<b>Variyan Until 8:20PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 7 - Phase 15
			<b>Rahu</b> 3:57PM – 5:45PM	<b>Tailila Until 10:45AM</b>	<b>Nataraja:</b> Purple		3rd Phase
				<b>Tritiya Until 11:57PM</b>	<b>Moon – Red</b>		
					<b>Sravana-Adi</b>		<b>Devaloka Day</b>

<b>4</b>	<b>Wednesday, July 30, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturthyam Titau				Des Moines, IA
	Simha Rasi: 21.57	Tithi 4	<b>Gulika</b> 10:31AM – 12:20PM	<b>Purvaphalguni Until 3:29PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:06AM	Sun 17 Sutra 108 Jaya 5116
		457738262	<b>Yama</b> 6:55AM – 8:43AM	<b>Parigha* Until 9:14PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15
			<b>Rahu</b> 12:20PM – 2:08PM	<b>Vanija Until 1:09PM</b>	<b>Nataraja:</b> Purple		3rd Phase
				<b>Chaturthi* Until 2:15AM Thu</b>	<b>Moon – Red</b>		
					<b>Sravana-Adi</b>		<b>Devaloka Day</b>

<b>5</b>	<b>Thursday, July 31, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Shiva Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
	Kanya Rasi: 3.52	Tithi 5	<b>Gulika</b> 8:43AM – 10:31AM	<b>Uttaraphalguni Until 6:03PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:07AM	Sun 18 Sutra 111 Jaya 5116
		458738262	<b>Yama</b> 5:07AM – 6:55AM	<b>Shiva Until 9:58PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15
			<b>Rahu</b> 2:08PM – 3:56PM	<b>Bava Until 3:19PM</b>	<b>Nataraja:</b> Purple		3rd Phase
				<b>Panchami Until 4:16AM Fri</b>	<b>Moon – Red</b>		
			<b>Nag Panchami</b>		<b>Sravana-Adi</b>		<b>Devaloka Day</b>

<b>6</b>	<b>Friday, August 1, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Siddha Yoga Kaulava/Tailila Karana Shashthyam Titau				Des Moines, IA
	Kanya Rasi: 15.55	Tithi 6	<b>Gulika</b> 6:56AM – 8:44AM	<b>Hasta Until 8:34PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:08AM	Sun 19 Sutra 110 Jaya 5116
		468738262	<b>Yama</b> 3:55PM – 5:43PM	<b>Siddha Until 10:19PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 7 - Phase 15
			<b>Rahu</b> 10:32AM – 12:19PM	<b>Kaulava Until 5:07PM</b>	<b>Nataraja:</b> Purple		3rd Phase
				<b>Shashthi* Until 5:48AM Sat</b>	<b>Moon – Green</b>		
					<b>Sravana-Adi</b>		<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Saturday, August 2, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Sadhya Yoga Gara Karana Saplamyam Titau				Des Moines, IA
	Kanya Rasi: 28.1	Tithi 7	<b>Gulika</b> 5:09AM – 6:57AM	<b>Chitra Until 10:20PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:09AM	Sun 20 Sutra 111 Jaya 5116
		468738262	<b>Yama</b> 2:07PM – 3:54PM	<b>Sadhya Until 10:14PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:30PM	Moon 7 - Phase 15
			<b>Rahu</b> 8:44AM – 10:32AM	<b>Gara Until 6:21PM</b>	<b>Nataraja:</b> Purple		3rd Phase
				<b>Saptami Until 6:41AM Sun</b>	<b>Moon – Green</b>		
					<b>Sravana-Adi</b>		<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Sunday, August 3, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Subha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA
	Tula Rasi: 10.41	Tithi 7 – 8	<b>Gulika</b> 3:54PM – 5:41PM	<b>Svati Until 11:14PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:10AM	Sun 21 Sutra 112 Jaya 5116
		468738262	<b>Yama</b> 12:19PM – 2:07PM	<b>Subha Until 9:34PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 7 - Phase 15
			<b>Rahu</b> 5:41PM – 7:28PM	<b>Visti Until 6:51PM</b>	<b>Nataraja:</b> Purple		Ashtami
				<b>Saptami Until 6:41AM</b>	<b>Moon – Green</b>		
					<b>Sravana-Adi</b>		<b>Sivaloka Day</b>

<b>Retreat Star</b>	<b>Monday, August 4, 2014</b>		Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
	Tula Rasi: 23.35	Tithi 8 – 9	<b>Gulika</b> 2:06PM – 3:53PM	<b>Vishakha Until 11:37PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM	Sun 22 Sutra 113 Jaya 5116
		478738262	<b>Yama</b> 10:32AM – 12:19PM	<b>Sukla Until 8:14PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:27PM	Moon 7 - Phase 15
			<b>Rahu</b> 6:58AM – 8:45AM	<b>Balava Until 6:33PM</b>	<b>Nataraja:</b> Purple		Navami
				<b>Ashtami* Until 6:47AM</b>	<b>Moon – Orange</b>		
					<b>Sravana-Adi</b>		<b>Devaloka Day</b>

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

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<b>1</b>	<b>Tuesday, August 5, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Brahma Yoga Kaulava/Gara Karana Navami/Dashmyam Titau	Des Moines, IA Sun 23 Sutra 114 Jaya 5116
	Vrischika Rasi: 6.55    Tithi 9 – 10 478738262	<b>Gulika</b> 12:19PM – 2:06PM <b>Yama</b> 8:46AM – 10:32AM <b>Rahu</b> 3:53PM – 5:39PM	<b>Anuradha Until 11:02PM</b> Brahma Until 6:14PM Gara Until 4:30AM Wed <b>Navami* Until 6:04AM</b>

Creative Work Siddha Yoga  
Until 11:02PM  
Then Routine Work - Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 5:12AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:26PM	Moon 7 - Phase 16 4th Phase
<b>Nataraja:</b> Purple		<b>Devaloka Day</b>
<b>Moon – Orange</b>		<b>Sravana*Adi</b>

<b>2</b>	<b>Wednesday, August 6, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Ekadashyam Titau	Des Moines, IA Sun 24 Sutra 115 Jaya 5116
	Vrischika Rasi: 20.43    Tithi 11 478738262	<b>Gulika</b> 10:33AM – 12:19PM <b>Yama</b> 7:00AM – 8:46AM <b>Rahu</b> 12:19PM – 2:05PM	<b>Jyeshtha* Until 9:32PM</b> Indra Until 3:37PM Vanija Until 3:28PM <b>Ekadashi Until 2:12AM Thu</b>

Creative Work Siddha Yoga  
Until 9:32PM  
Then Routine Work - Marana Yoga

<b>Ganesha:</b> White <i>Sunrise:</i> 5:13AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:25PM	Moon 7 - Phase 16 4th Phase
<b>Nataraja:</b> Purple		<b>Devaloka Day</b>
<b>Moon – Orange</b>		<b>Sravana*Adi</b>

<b>3</b>	<b>Thursday, August 7, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Dvadashyam Titau	Des Moines, IA Sun 25 Sutra 116 Jaya 5116
	Dhanus Rasi: 4.59    Tithi 12 489838262	<b>Gulika</b> 8:47AM – 10:33AM <b>Yama</b> 5:14AM – 7:00AM <b>Rahu</b> 2:05PM – 3:51PM	<b>Mula* Until 7:39PM</b> Vaidhriti* Until 12:23PM Bava Until 12:49PM <b>Dvadashi Until 11:16PM</b>

Creative Work Siddha Yoga

<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:14AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:24PM	Moon 7 - Phase 16 4th Phase
<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>
<b>Moon – Light Blue</b>		<b>Sravana*Adi</b>

<b>4</b>	<b>Friday, August 8, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Prili* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Des Moines, IA Sun 26 Sutra 117 Jaya 5116
	Dhanus Rasi: 19.43    Tithi 13 489838262	<b>Gulika</b> 7:01AM – 8:47AM <b>Yama</b> 3:51PM – 5:36PM <b>Rahu</b> 10:33AM – 12:19PM	<b>Purvashadha* Until 5:07PM</b> Vishkambha* Until 8:42AM Kaulava Until 9:37AM <b>Trayodashi Until 7:51PM</b>

Routine Work Prabalarishta Yoga  
Until 5:07PM  
Then Routine Work - Marana Yoga


<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:15AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:22PM	Moon 7 - Phase 16 4th Phase
<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>
<b>Moon – Light Blue</b>		<b>Sravana*Adi</b>

*Pradosha Vrata*

<b>5</b>	<b>Saturday, August 9, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Ayushman Yoga Gara/Visti* Karana Chaturdashi/Purnimayam Titau	Des Moines, IA Sun 27 Sutra 118 Jaya 5116
	Makara Rasi: 4.46    Tithi 14 – 15 489838262	<b>Gulika</b> 5:16AM – 7:02AM <b>Yama</b> 2:04PM – 3:50PM <b>Rahu</b> 8:47AM – 10:33AM	<b>Uttarashadha Until 2:06PM</b> Ayushman Until 12:26AM Sun Gara Until 6:01AM <b>Chaturdashi* Until 4:06PM</b>

Routine Work Marana Yoga  
Until 2:06PM  
Then Creative Work - Siddha Yoga

<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:16AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:21PM	Moon 7 - Phase 16 4th Phase
<b>Nataraja:</b> Purple		<b>Sivaloka Day</b>
<b>Moon – Light Blue</b>		<b>Sravana*Adi</b>

	<b>Sunday, August 10, 2014</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Des Moines, IA Sutra 119 Jaya 5116
	<b>Copper Retreat Star</b> Makara Rasi: 20.01    Tithi 15 – 16 499838262	<b>Gulika</b> 3:49PM – 5:34PM <b>Yama</b> 12:18PM – 2:04PM <b>Rahu</b> 5:34PM – 7:20PM	<b>Shravana Until 11:11AM</b> Saubhagya Until 8:08PM Balava Until 10:17PM <b>Purnima* Until 12:13PM</b>

Creative Work Amrita Yoga  
Until 11:11AM  
Then Routine Work - Marana Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:17AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:20PM	Moon 7 - Phase 16 Purnima
<b>Nataraja:</b> Purple		<b>Devaloka Day</b>
<b>Moon – Purple</b>		<b>Sravana*Adi</b>

<b>Monday, August 11, 2014</b>	<b>Silver Retreat Star</b>	Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau	Des Moines, IA Sutra 120 Jaya 5116
	Kumbha Rasi: 5.17    Tithi 16 – 17 <b>Family Home Evening</b> 499838262	<b>Gulika</b> 2:03PM – 3:48PM <b>Yama</b> 10:33AM – 12:18PM <b>Rahu</b> 7:03AM – 8:48AM	<b>Dhanishtha Until 8:09AM</b> Sobhana Until 3:55PM Taitila Until 6:30PM <b>Prathama* Until 8:21AM</b>

Creative Work Siddha Yoga

<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:18AM	<b>Muruga:</b> Clear <i>Sunset:</i> 7:18PM	Moon 7 - Phase 16 Prathama
<b>Nataraja:</b> Purple		<b>Devaloka Day</b>
<b>Moon – Purple</b>		<b>Sravana*Adi</b>

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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**Tuesday, August 12, 2014**  
**Gold Retreat Star**

Kumbha Rasi: 20.25      Tithi 18  
419838262  
Routine Work      Marana Yoga  
Until 2:50AM Wed  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam      Des Moines, IA  
Purvaproshtapada\* Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau      Sun 1      Sutra 121  
Jaya 5116  
Gulika      12:18PM – 2:03PM      Purvaproshtapada\* Until 2:50AM Wed      Ganesha: White      Sunrise: 5:19AM  
Yama      8:49AM – 10:33AM      Athiganda\* Until 11:53AM      Muruga: Clear      Sunset: 7:17PM      Moon 8 - Phase 17  
Rahu      3:48PM – 5:32PM      Vanija Until 2:59PM      Nataraja: Purple      Moon – Clear      1st Phase  
Tritiya Until 1:22AM Wed      Sravana-Adi      Devaloka Day



**Wednesday, August 13, 2014**

Meena Rasi: 5.16      Tithi 19  
419838262  
Creative Work      Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam      Des Moines, IA  
Uttaraproshtapada Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Chaturchayam Titau      Sun 2      Sutra 122  
Jaya 5116  
Gulika      10:34AM – 12:18PM      Uttaraproshtapada Until 12:53AM Thu      Ganesha: White      Sunrise: 5:20AM  
Yama      7:05AM – 8:49AM      Sukarma Until 8:13AM      Muruga: Clear      Sunset: 7:16PM      Moon 8 - Phase 17  
Rahu      12:18PM – 2:02PM      Bava Until 11:54AM      Nataraja: Purple      Moon – Clear      1st Phase  
Chaturthi\* Until 10:34PM      Sravana-Adi      Devaloka Day



**Thursday, August 14, 2014**

Meena Rasi: 19.42      Tithi 20  
411838262  
Creative Work      Siddha Yoga  
Until 11:27PM  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam      Des Moines, IA  
Revati Nakshatra Shula\* Yoga Kaulava/Taitila Karana Panchamyam Titau      Sun 3      Sutra 123  
Jaya 5116  
Gulika      8:50AM – 10:34AM      Revati Until 11:27PM      Ganesha: Blue      Sunrise: 5:21AM  
Yama      5:21AM – 7:05AM      Shula\* Until 2:23AM Fri      Muruga: Clear      Sunset: 7:14PM      Moon 8 - Phase 17  
Rahu      2:02PM – 3:46PM      Kaulava Until 9:25AM      Nataraja: Purple      Moon – Clear      1st Phase  
Panchami Until 8:25PM      Sravana-Adi      Devaloka Day



**Friday, August 15, 2014**

Mesha Rasi: 3.4      Tithi 21  
421838262  
Creative Work      Amrita Yoga  
Until 11:04PM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam      Des Moines, IA  
Ashvini Nakshatra Ganda\* Yoga Gara/Vanija Karana Shashthyam Titau      Sun 4      Sutra 124  
Jaya 5116  
Gulika      7:06AM – 8:50AM      Ashvini Until 11:04PM      Ganesha: Red      Sunrise: 5:22AM  
Yama      3:45PM – 5:29PM      Ganda\* Until 12:22AM Sat      Muruga: Clear      Sunset: 7:13PM      Moon 8 - Phase 17  
Rahu      10:34AM – 12:18PM      Gara Until 7:38AM      Nataraja: Purple      Moon – White      1st Phase  
Shashthi\* Until 7:01PM      Sravana-Adi      Sivaloka Day



**Saturday, August 16, 2014**

Mesha Rasi: 17.1      Tithi 22  
421838262  
Creative Work      Siddha Yoga  
Until 11:20PM  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam      Des Moines, IA  
Bharani Nakshatra Vriddhi Yoga Visti\*/Bava Karana Saptamyam Titau      Sun 5      Sutra 125  
Jaya 5116  
Gulika      5:23AM – 7:07AM      Bharani Until 11:20PM      Ganesha: Red      Sunrise: 5:23AM  
Yama      2:01PM – 3:44PM      Vriddhi Until 11:01PM      Muruga: Clear      Sunset: 7:11PM      Moon 8 - Phase 17  
Rahu      8:50AM – 10:34AM      Visti Until 6:38AM      Nataraja: Purple      Moon – White      1st Phase  
Saptami Until 6:25PM      Sravana-Avani      Sivaloka Day



**Sunday, August 17, 2014**  
**Retreat Star**

Vrishabha Rasi: 0.15      Tithi 23  
521838262  
Creative Work      Siddha Yoga  
Until 12:11AM Mon  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam      Des Moines, IA  
Krittika Nakshatra Dhruva Yoga Balava/Kaulava Karana Ashtamyam Titau      Sun 6      Sutra 126  
Jaya 5116  
Gulika      3:44PM – 5:27PM      Krittika Until 12:11AM Mon      Ganesha: Blue      Sunrise: 5:24AM  
Yama      12:17PM – 2:00PM      Dhruva Until 10:14PM      Muruga: Clear      Sunset: 7:10PM      Moon 8 - Phase 17  
Rahu      5:27PM – 7:10PM      Balava Until 6:26AM      Nataraja: Purple      Moon – White      Ashtami  
Krishna Janmashtami      Ashtami\* Until 6:36PM      Sravana-Avani      Devaloka Day

**Monday, August 18, 2014**  
**Retreat Star**

Vrishabha Rasi: 12.57      Tithi 24  
531838262  
Family Home Evening  
Creative Work      Amrita Yoga  
Until 2:01AM Tue  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam      Des Moines, IA  
Rohini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Navamyam Titau      Sun 7      Sutra 127  
Jaya 5116  
Gulika      2:00PM – 3:43PM      Rohini Until 2:01AM Tue      Ganesha: Red      Sunrise: 5:25AM  
Yama      10:34AM – 12:17PM      Vyaghata\* Until 10:00PM      Muruga: Clear      Sunset: 7:09PM      Moon 8 - Phase 17  
Rahu      7:08AM – 8:51AM      Taitila Until 6:59AM      Nataraja: Purple      Moon – Yellow      Navami  
Navami\* Until 7:29PM      Sravana-Avani      Sivaloka Day

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.  
Shukla Yajur Veda

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**1** Tuesday, August 19, 2014  
 Vishabha Rasi: 25.22    Titli 25  
 Creative Work    Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
 Mrigashira Nakshatra Harshana Yoga Vanija/Visti\* Karana Dashamyam Titau

**Gulika** 12:17PM – 1:59PM    **Mrigashira Until 4:12AM Wed**    **Ganesha:** Red    *Sunrise:* 5:26AM  
**Yama** 8:52AM – 10:34AM    Harshana Until 10:13PM    **Muruga:** Clear    *Sunset:* 7:07PM  
**Rahu** 3:42PM – 5:25PM    Vanija Until 8:10AM    **Nataraja:** Purple    Moon – Yellow  
**Dashami Until 8:56PM**    **Sravana-Avani**    **Sivaloka Day**

Des Moines, IA    Sun 8    Sutra 128  
 Jaya 5116  
 Moon 8 - Phase 18  
 2nd Phase

**2** Wednesday, August 20, 2014  
 Mithuna Rasi: 7.34    Titli 26  
 Creative Work    Siddha Yoga  
 Until 6:35AM Thu  
 Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
 Ardra Nakshatra Vajra\* Yoga Bava/Balava Karana Ekadashyam Titau

**Gulika** 10:34AM – 12:16PM    **Ardra Until 6:35AM Thu**    **Ganesha:** Red    *Sunrise:* 5:27AM  
**Yama** 7:10AM – 8:52AM    Vajra\* Until 10:44PM    **Muruga:** Clear    *Sunset:* 7:06PM  
**Rahu** 12:16PM – 1:59PM    Bava Until 9:51AM    **Nataraja:** Purple    Moon – Yellow  
**Ekadashi\* Until 10:48PM**    **Sravana-Avani**    **Sivaloka Day**

Des Moines, IA    Sun 9    Sutra 129  
 Jaya 5116  
 Moon 8 - Phase 18  
 2nd Phase

**3** Thursday, August 21, 2014  
 Mithuna Rasi: 19.37    Titli 27  
 Routine Work    Marana Yoga  
 Until 6:35AM  
 Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
 Ardra/Punarvasu Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau

**Gulika** 8:52AM – 10:34AM    **Ardra Until 6:35AM**    **Ganesha:** Red    *Sunrise:* 5:28AM  
**Yama** 5:28AM – 7:10AM    Siddhi Until 11:28PM    **Muruga:** White    *Sunset:* 7:04PM  
**Rahu** 1:58PM – 3:40PM    Kaulava Until 11:53AM    **Nataraja:** Purple    Moon – Yellow  
**Dvadashi\* Until 12:58AM Fri**    **Sravana-Avani**    **Subha Sivaloka Day**

Des Moines, IA    Sun 10    Sutra 130  
 Jaya 5116  
 Moon 8 - Phase 18  
 2nd Phase

**4** Friday, August 22, 2014  
 Kataka Rasi: 1.34    Titli 28  
 Creative Work    Siddha Yoga  
 Until 9:33AM  
 Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
 Punarvasu/Pushya Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Trayodashyam Titau

**Gulika** 7:11AM – 8:53AM    **Punarvasu Until 9:33AM**    **Ganesha:** Green    *Sunrise:* 5:29AM  
**Yama** 3:39PM – 5:21PM    Vyatipata\* Until 12:21AM Sat    **Muruga:** White    *Sunset:* 7:03PM  
**Rahu** 10:34AM – 12:16PM    Gara Until 2:09PM    **Nataraja:** Purple    Moon – Blue  
**Trayodashi\* Until 3:18AM Sat**    **Sravana-Avani**    **Sivaloka Day**  
*Pradosha Vrata (Fasting)*

Des Moines, IA    Sun 11    Sutra 131  
 Jaya 5116  
 Moon 8 - Phase 18  
 2nd Phase

**5** Saturday, August 23, 2014  
 Kataka Rasi: 13.27    Titli 29  
 Creative Work    Siddha Yoga  
 Until 12:29PM  
 Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
 Pushya/Ashlesha\* Nakshatra Variyan Yoga Visti\*/Sakuni\* Karana Chaturdashyam Titau

**Gulika** 5:30AM – 7:12AM    **Pushya Until 12:29PM**    **Ganesha:** Green    *Sunrise:* 5:30AM  
**Yama** 1:57PM – 3:38PM    Variyan Until 1:16AM Sun    **Muruga:** White    *Sunset:* 7:01PM  
**Rahu** 8:53AM – 10:34AM    Visti\* Until 4:32PM    **Nataraja:** Purple    Moon – Blue  
**Chaturdashi\* Until 5:44AM Sun**    **Sravana-Avani**    **Sivaloka Day**

Des Moines, IA    Sun 12    Sutra 132  
 Jaya 5116  
 Moon 8 - Phase 18  
 2nd Phase

**Retreat Star**  
 Kataka Rasi: 25.19    Titli 30  
 Creative Work    Siddha Yoga  
 Until 3:17PM  
 Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
 Ashlesha\*/Magha\* Nakshatra Parigha\* Yoga Catuspada\* Karana Amavasyayam Titau

**Gulika** 3:37PM – 5:19PM    **Ashlesha\* Until 3:17PM**    **Ganesha:** Green    *Sunrise:* 5:31AM  
**Yama** 12:15PM – 1:56PM    Parigha\* Until 2:14AM Mon    **Muruga:** White    *Sunset:* 7:00PM  
**Rahu** 5:19PM – 7:00PM    Catuspada Until 6:58PM    **Nataraja:** Purple    Moon – Blue  
**Amavasya\* Until 8:10AM Mon**    **Sravana-Avani**    **Sivaloka Day**

Des Moines, IA    Sun 13    Sutra 133  
 Jaya 5116  
 Moon 8 - Phase 18  
 Amavasya

**Retreat Star**  
 Simha Rasi: 7.1    Titli 30 – 1  
**Family Home Evening**  
 Routine Work    Marana Yoga  
 Until 6:25PM  
 Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam  
 Magha\* Nakshatra Shiva Yoga Naga\*/Kintughna\* Karana Amavasya/Prathamayam Titau

**Gulika** 1:56PM – 3:37PM    **Magha\* Until 6:25PM**    **Ganesha:** Yellow    *Sunrise:* 5:32AM  
**Yama** 10:34AM – 12:15PM    Shiva Until 3:09AM Tue    **Muruga:** White    *Sunset:* 6:58PM  
**Rahu** 7:13AM – 8:54AM    Kintughna Until 9:23PM    **Nataraja:** Purple    Moon – Red  
**Amavasya\* Until 8:10AM**    **Bhadrapada-Avani**    **Subha Sivaloka Day**

Des Moines, IA    Sun 14    Sutra 134  
 Jaya 5116  
 Moon 8 - Phase 18  
 Prathama

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1</b>	<b>Tuesday, August 26, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Siddha Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
	Simha Rasi: 19.04	Tithi 1 – 2	552839262	<b>Gulika</b> 12:15PM – 1:55PM <b>Yama</b> 8:54AM – 10:35AM <b>Rahu</b> 3:36PM – 5:16PM	<b>Purvaphalguni Until 9:17PM</b> Siddha Until 3:57AM Wed Balava Until 11:40PM <b>Prathama* Until 10:31AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:33AM</i> <b>Muruga:</b> White <i>Sunset: 6:56PM</i> <b>Nataraja:</b> Purple Moon – Red	Sun 15 Sutra 135 Jaya 5116 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 9:17PM Then Creative Work - Amrita Yoga				<b>Subha Sivaloka Day</b> <b>Bhadrapada-Avani</b>			

<b>2</b>	<b>Wednesday, August 27, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
	Kanya Rasi: 1	Tithi 2 – 3	552839263	<b>Gulika</b> 10:35AM – 12:15PM <b>Yama</b> 7:14AM – 8:55AM <b>Rahu</b> 12:15PM – 1:55PM	<b>Uttaraphalguni Until 11:48PM</b> Sadhya Until 4:36AM Thu Taitila Until 1:45AM Thu <b>Dvitiya Until 12:43PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:34AM</i> <b>Muruga:</b> White <i>Sunset: 6:55PM</i> <b>Nataraja:</b> Clear Moon – Red	Sun 16 Sutra 136 Jaya 5116 Moon 8 - Phase 19 3rd Phase
Creative Work Amrita Yoga Until 11:48PM Then Routine Work - Marana Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>			

<b>3</b>	<b>Thursday, August 28, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Subha Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Des Moines, IA
	Kanya Rasi: 13.02	Tithi 3 – 4	562839263	<b>Gulika</b> 8:55AM – 10:35AM <b>Yama</b> 5:35AM – 7:15AM <b>Rahu</b> 1:54PM – 3:34PM	<b>Hasta Until 2:20AM Fri</b> Subha Until 5:00AM Fri Vanija Until 3:31AM Fri <b>Tritiya Until 2:40PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:35AM</i> <b>Muruga:</b> White <i>Sunset: 6:53PM</i> <b>Nataraja:</b> Clear Moon – Green	Sun 17 Sutra 137 Jaya 5116 Moon 8 - Phase 19 3rd Phase
Routine Work Marana Yoga Until 2:20AM Fri Then Creative Work - Siddha Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>			

<b>4</b>	<b>Friday, August 29, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Sukla Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Kanya Rasi: 25.11	Tithi 4 – 5	562839263	<b>Gulika</b> 7:16AM – 8:55AM <b>Yama</b> 3:33PM – 5:12PM <b>Rahu</b> 10:35AM – 12:14PM	<b>Chitra Until 4:17AM Sat</b> Sukla Until 5:01AM Sat Bava Until 4:51AM Sat <b>Chaturthi* Until 4:14PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:36AM</i> <b>Muruga:</b> White <i>Sunset: 6:52PM</i> <b>Nataraja:</b> Clear Moon – Green	Sun 18 Sutra 138 Jaya 5116 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>			

<b>5</b>	<b>Saturday, August 30, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati Nakshatra Brahma Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
	Tula Rasi: 7.32	Tithi 5 – 6	562839263	<b>Gulika</b> 5:37AM – 7:17AM <b>Yama</b> 1:53PM – 3:32PM <b>Rahu</b> 8:56AM – 10:35AM	<b>Svati Until 5:33AM Sun</b> Brahma Until 4:38AM Sun Kaulava Until 5:38AM Sun <b>Panchami Until 5:18PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:37AM</i> <b>Muruga:</b> White <i>Sunset: 6:50PM</i> <b>Nataraja:</b> Clear Moon – Green	Sun 19 Sutra 139 Jaya 5116 Moon 8 - Phase 19 3rd Phase
Creative Work Siddha Yoga Until 5:33AM Sun Then Routine Work - Marana Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>			

<b>6</b>	<b>Sunday, August 31, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Indra Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Tula Rasi: 20.08	Tithi 6 – 7	572839263	<b>Gulika</b> 3:31PM – 5:10PM <b>Yama</b> 12:13PM – 1:52PM <b>Rahu</b> 5:10PM – 6:48PM	<b>Vishakha Until 6:30AM Mon</b> Indra Until 3:46AM Mon Gara Until 5:46AM Mon <b>Shashthi* Until 5:46PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 5:38AM</i> <b>Muruga:</b> White <i>Sunset: 6:48PM</i> <b>Nataraja:</b> Clear Moon – Orange	Sun 20 Sutra 140 Jaya 5116 Moon 8 - Phase 19 3rd Phase
Routine Work Marana Yoga Until 6:30AM Mon Then Creative Work - Siddha Yoga				<b>Subha Sivaloka Day</b> <b>Bhadrapada-Avani</b>			

<b>Retreat Star</b>	<b>Monday, September 1, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA
	Vrischika Rasi: 3.02	Tithi 7 – 8	572939263	<b>Gulika</b> 1:52PM – 3:30PM <b>Yama</b> 10:35AM – 12:13PM <b>Rahu</b> 7:18AM – 8:56AM	<b>Vishakha Until 6:30AM</b> Vaidhriti* Until 2:18AM Tue Visti Until 5:12AM Tue <b>Saptami Until 5:33PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:39AM</i> <b>Muruga:</b> White <i>Sunset: 6:47PM</i> <b>Nataraja:</b> Clear Moon – Orange	Sun 21 Sutra 141 Jaya 5116 Moon 8 - Phase 19 3rd Phase
Family Home Evening Routine Work Marana Yoga Until 6:30AM Then Creative Work - Siddha Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>			

<b>Retreat Star</b>	<b>Tuesday, September 2, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
	Vrischika Rasi: 16.19	Tithi 8 – 9	572939263	<b>Gulika</b> 12:13PM – 1:51PM <b>Yama</b> 8:57AM – 10:35AM <b>Rahu</b> 3:29PM – 5:07PM	<b>Anuradha Until 6:36AM</b> Vishkambha* Until 12:16AM Wed Balava Until 3:54AM Wed <b>Ashtami* Until 4:37PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:40AM</i> <b>Muruga:</b> White <i>Sunset: 6:45PM</i> <b>Nataraja:</b> Clear Moon – Orange	Sun 22 Sutra 142 Jaya 5116 Moon 8 - Phase 19 Ashtami
Creative Work Siddha Yoga Until 6:36AM Then Routine Work - Marana Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>			

<b>Retreat Star</b>	<b>Wednesday, September 3, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
	Vrischika Rasi: 29.59	Tithi 9 – 10	572939263	<b>Gulika</b> 10:35AM – 12:12PM <b>Yama</b> 7:19AM – 8:57AM <b>Rahu</b> 12:12PM – 1:50PM	<b>Mula* Until 4:43AM Thu</b> Priti Until 9:42PM Taitila Until 1:56AM Thu <b>Navami* Until 2:59PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:41AM</i> <b>Muruga:</b> White <i>Sunset: 6:43PM</i> <b>Nataraja:</b> Clear Moon – Orange	Sun 23 Sutra 143 Jaya 5116 Moon 8 - Phase 19 Navami
Routine Work Marana Yoga Until 4:43AM Thu Then Creative Work - Siddha Yoga				<b>Sivaloka Day</b> <b>Bhadrapada-Avani</b>			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda

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<b>1</b>	<b>Thursday, September 4, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Dhanus Rasi: 14.05	Tithi 10 – 11	582939263	<b>Gulika</b> 8:57AM – 10:35AM	<b>Purvashadha* Until 2:50AM Fri</b>	<b>Ganesha:</b> Blue <i>Sunrise: 5:42AM</i>	Sun 24 Sutra 144 Jaya 5116
Creative Work Siddha Yoga			<b>Yama</b> 5:42AM – 7:20AM	<b>Ayushman Until 6:35PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:42PM</i>	Moon 8 - Phase 20	
Until 2:50AM Fri			<b>Rahu</b> 1:50PM – 3:27PM	<b>Vanija Until 11:21PM</b>	<b>Nataraja:</b> Clear	4th Phase	
Then Routine Work - Marana Yoga				<b>Dashami Until 12:41PM</b>	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, September 5, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Dhanus Rasi: 28.35	Tithi 11 – 12	582939263	<b>Gulika</b> 7:21AM – 8:58AM	<b>Uttarashadha Until 12:21AM Sat</b>	<b>Ganesha:</b> Blue <i>Sunrise: 5:43AM</i>	Sun 25 Sutra 145 Jaya 5116
Routine Work Marana Yoga			<b>Yama</b> 3:26PM – 5:03PM	<b>Saubhagya Until 3:04PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:40PM</i>	Moon 8 - Phase 20	
Until 12:21AM Sat			<b>Rahu</b> 10:35AM – 12:12PM	<b>Bava Until 8:17PM</b>	<b>Nataraja:</b> Clear	4th Phase	
Then Creative Work - Siddha Yoga				<b>Ekadashi Until 9:51AM</b>	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>	

<b>3</b>	<b>Saturday, September 6, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Sobhana/Athiganda* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Makara Rasi: 13.25	Tithi 12 – 13	592939263	<b>Gulika</b> 5:44AM – 7:21AM	<b>Shravana Until 9:48PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 5:44AM</i>	Sun 26 Sutra 146 Jaya 5116
Creative Work Siddha Yoga			<b>Yama</b> 1:48PM – 3:25PM	<b>Sobhana Until 11:13AM</b>	<b>Muruqa:</b> White <i>Sunset: 6:38PM</i>	Moon 8 - Phase 20	
			<b>Rahu</b> 8:58AM – 10:35AM	<b>Taitila Until 3:02AM Sun</b>	<b>Nataraja:</b> Clear	4th Phase	
				<b>Dvadashi Until 6:35AM</b>	<b>Bhadrapada-Avani</b>	<b>Sivaloka Day</b>	
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Sunday, September 7, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA
	Makara Rasi: 28.29	Tithi 14	593939263	<b>Gulika</b> 3:24PM – 5:00PM	<b>Dhanishtha Until 6:57PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:46AM</i>	Sun 27 Sutra 147 Jaya 5116
Routine Work Marana Yoga			<b>Yama</b> 12:11PM – 1:48PM	<b>Athiganda* Until 7:08AM</b>	<b>Muruqa:</b> White <i>Sunset: 6:37PM</i>	Moon 8 - Phase 20	
Until 6:57PM			<b>Rahu</b> 5:00PM – 6:37PM	<b>Gara Until 1:13PM</b>	<b>Nataraja:</b> Clear	4th Phase	
Then Creative Work - Siddha Yoga				<b>Chaturdashi* Until 11:21PM</b>	<b>Bhadrapada-Avani</b>	<b>Subha Sivaloka Day</b>	
			<b>Chidambaram Abhishekam</b>				
			<b>Grandparent's Day</b>				

	<b>Monday, September 8, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhriti Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA
	<b>Copper Retreat Star</b>			<b>Gulika</b> 1:47PM – 3:23PM	<b>Shatabhishak Until 3:58PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:47AM</i>	Sutra 148 Jaya 5116
Kumbha Rasi: 13.38	Tithi 15	593939263	<b>Yama</b> 10:35AM – 12:11PM	<b>Dhriti Until 10:54PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:35PM</i>	Moon 8 - Phase 20	
<b>Family Home Evening</b>			<b>Rahu</b> 7:23AM – 8:59AM	<b>Visti Until 9:32AM</b>	<b>Nataraja:</b> Clear	Purnima	
Creative Work Siddha Yoga				<b>Purnima* Until 7:42PM</b>	<b>Bhadrapada-Avani</b>	<b>Subha Sivaloka Day</b>	
Until 3:58PM							
Then Routine Work - Marana Yoga							

	<b>Tuesday, September 9, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Shula* Yoga Kaulava/Taitila Karana Prathama/Dvityayam Titau				Des Moines, IA
	<b>Silver Retreat Star</b>			<b>Gulika</b> 12:10PM – 1:46PM	<b>Purvaproshtapada* Until 1:24PM</b>	<b>Ganesha:</b> White <i>Sunrise: 5:48AM</i>	Sutra 149 Jaya 5116
Kumbha Rasi: 28.43	Tithi 16 – 17	513939263	<b>Yama</b> 8:59AM – 10:35AM	<b>Shula* Until 6:59PM</b>	<b>Muruqa:</b> White <i>Sunset: 6:33PM</i>	Moon 8 - Phase 20	
Routine Work Marana Yoga			<b>Rahu</b> 3:22PM – 4:58PM	<b>Taitila Until 2:40AM Wed</b>	<b>Nataraja:</b> Clear	Prathama	
Until 1:24PM				<b>Prathama* Until 4:15PM</b>	<b>Bhadrapada-Avani</b>	<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda



Wednesday, September 10, 2014

Gold Retreat Star

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Ganda\*/Vridhi Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Des Moines, IA

Sun 1 Sutra 150

Jaya 5116

Meena Rasi: 13.34 Tithi 17 - 18  
513939263

**Gulika** 10:35AM - 12:10PM  
**Yama** 7:24AM - 8:59AM  
**Rahu** 12:10PM - 1:45PM

**Ganesha:** White *Sunrise: 5:49AM*  
**Muruga:** White *Sunset: 6:32PM*  
**Nataraja:** Clear

Moon 9 - Phase 21  
1st Phase

Subha Sivaloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

Until 11:04AM

Then Routine Work - Marana Yoga

Thursday, September 11, 2014

1

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Vridhi/Dhruva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Des Moines, IA

Sun 2 Sutra 151

Jaya 5116

Meena Rasi: 28.04 Tithi 18 - 19  
513939263

**Gulika** 9:00AM - 10:35AM  
**Yama** 5:50AM - 7:25AM  
**Rahu** 1:45PM - 3:20PM

**Ganesha:** White *Sunrise: 5:50AM*  
**Muruga:** White *Sunset: 6:30PM*  
**Nataraja:** Clear

Moon 9 - Phase 21  
1st Phase

Subha Sivaloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

Until 9:04AM

Then Creative Work - Amrita Yoga

Friday, September 12, 2014

2

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Dhruva/Vyaghata\*/Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Des Moines, IA

Sun 3 Sutra 152

Jaya 5116

Mesha Rasi: 12.1 Tithi 19 - 20  
523939263

**Gulika** 7:25AM - 9:00AM  
**Yama** 3:19PM - 4:54PM  
**Rahu** 10:35AM - 12:09PM

**Ganesha:** Yellow *Sunrise: 5:51AM*  
**Muruga:** White *Sunset: 6:28PM*  
**Nataraja:** Clear

Moon 9 - Phase 21  
1st Phase

Sivaloka Day

Bhadrapada-Avani

Creative Work Amrita Yoga

Until 8:01AM

Then Creative Work - Siddha Yoga

Saturday, September 13, 2014

3

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\*/Harshana Yoga Tailita\*/Gara Karana Panchami/Shashthyam Titau

Des Moines, IA

Sun 4 Sutra 153

Jaya 5116

Mesha Rasi: 25.47 Tithi 20 - 21  
523939263

**Gulika** 5:52AM - 7:26AM  
**Yama** 1:43PM - 3:18PM  
**Rahu** 9:00AM - 10:35AM

**Ganesha:** Yellow *Sunrise: 5:52AM*  
**Muruga:** White *Sunset: 6:27PM*  
**Nataraja:** Clear

Moon 9 - Phase 21  
1st Phase

Sivaloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

Until 7:34AM

Then Creative Work - Amrita Yoga

Sunday, September 14, 2014

4

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana/Vajra\*/Yoga Vanija/Visti\*/Karana Shashthi/Saptamyam Titau

Des Moines, IA

Sun 5 Sutra 154

Jaya 5116

Virshabha Rasi: 8.58 Tithi 21 - 22  
523939263

**Gulika** 3:17PM - 4:51PM  
**Yama** 12:09PM - 1:43PM  
**Rahu** 4:51PM - 6:25PM

**Ganesha:** Yellow *Sunrise: 5:53AM*  
**Muruga:** White *Sunset: 6:25PM*  
**Nataraja:** Clear

Moon 9 - Phase 21  
1st Phase

Sivaloka Day

Bhadrapada-Avani

Creative Work Siddha Yoga

Until 7:09AM

Then Creative Work - Amrita Yoga

Monday, September 15, 2014

Retreat Star

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Des Moines, IA

Sun 6 Sutra 155

Jaya 5116

Virshabha Rasi: 21.44 Tithi 22 - 23  
533939263

Family Home Evening

Creative Work Amrita Yoga

**Gulika** 1:42PM - 3:16PM  
**Yama** 10:35AM - 12:08PM  
**Rahu** 7:27AM - 9:01AM

**Ganesha:** Blue *Sunrise: 5:54AM*  
**Muruga:** White *Sunset: 6:23PM*  
**Nataraja:** Clear

Moon 9 - Phase 21  
Ashtami

Subha Sivaloka Day

Bhadrapada-Avani

Tuesday, September 16, 2014

Retreat Star

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Vyatipata\*/Yoga Kaulava/Tailita Karana Ashtami/Navamyam Titau

Des Moines, IA

Sun 7 Sutra 156

Jaya 5116

Mithuna Rasi: 4.1 Tithi 23 - 24  
533939263

Creative Work Siddha Yoga

Until 10:51AM

Then Routine Work - Marana Yoga

**Gulika** 12:08PM - 1:41PM  
**Yama** 9:01AM - 10:35AM  
**Rahu** 3:15PM - 4:48PM

**Ganesha:** Blue *Sunrise: 5:55AM*  
**Muruga:** White *Sunset: 6:21PM*  
**Nataraja:** Clear

Moon 9 - Phase 21  
Navami

Subha Sivaloka Day

Bhadrapada-Puratasi

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Wednesday, September 17, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Varyan Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Des Moines, IA
	Mithuna Rasi: 16.22    Tithi 24 – 25 533939263	<b>Gulika</b> 10:35AM – 12:08PM <b>Yama</b> 7:29AM – 9:02AM <b>Rahu</b> 12:08PM – 1:41PM	Sun 8    Sutra 157 Jaya 5116 Moon 9 - Phase 22 2nd Phase
Creative Work    Siddha Yoga		<b>Ardra Until 1:02PM</b> Varyan Until 6:17AM Thu Vanija Until 11:35PM <b>Navami* Until 10:31AM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 5:56AM</i> <b>Muruga:</b> White <i>Sunset: 6:20PM</i> <b>Nataraja:</b> Clear Moon – Yellow <b>Subha Sivaloka Day</b> <b>Bhadrapada-Puratasi</b>


<b>2</b>	<b>Thursday, September 18, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Varyan/Parigha* Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau	Des Moines, IA
	Mithuna Rasi: 28.23    Tithi 25 – 26 543939263	<b>Gulika</b> 9:02AM – 10:35AM <b>Yama</b> 5:57AM – 7:29AM <b>Rahu</b> 1:40PM – 3:13PM	Sun 9    Sutra 158 Jaya 5116 Moon 9 - Phase 22 2nd Phase
Creative Work    Amrita Yoga		<b>Punarvasu Until 3:55PM</b> Varyan Until 6:17AM Bava Until 1:52AM Fri <b>Dashami Until 12:40PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:57AM</i> <b>Muruga:</b> White <i>Sunset: 6:18PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Sivaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>3</b>	<b>Friday, September 19, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Parigha/Shiva Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Des Moines, IA
	Kataka Rasi: 10.18    Tithi 26 – 27 543949263	<b>Gulika</b> 7:30AM – 9:02AM <b>Yama</b> 3:12PM – 4:44PM <b>Rahu</b> 10:35AM – 12:07PM	Sun 10    Sutra 159 Jaya 5116 Moon 9 - Phase 22 2nd Phase
Routine Work    Marana Yoga		<b>Pushya Until 6:51PM</b> Parigha* Until 7:07AM Kaulava Until 4:18AM Sat <b>Ekadashi* Until 3:03PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 5:58AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:16PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>4</b>	<b>Saturday, September 20, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau	Des Moines, IA
	Kataka Rasi: 22.1    Tithi 27 – 28 543949263	<b>Gulika</b> 5:59AM – 7:31AM <b>Yama</b> 1:39PM – 3:10PM <b>Rahu</b> 9:03AM – 10:35AM	Sun 11    Sutra 160 Jaya 5116 Moon 9 - Phase 22 2nd Phase
Routine Work    Marana Yoga Until 9:39PM Then Creative Work - Amrita Yoga		<b>Ashlesha* Until 9:39PM</b> Shiva Until 8:03AM Gara Until 6:46AM Sun <b>Dvadashi* Until 5:31PM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Red <i>Sunrise: 5:59AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:14PM</i> <b>Nataraja:</b> Clear Moon – Blue <b>Devaloka Day</b> <b>Bhadrapada-Puratasi</b>

<b>5</b>	<b>Sunday, September 21, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Trayodashyam Titau	Des Moines, IA
	Simha Rasi: 4.02    Tithi 28 554949263	<b>Gulika</b> 3:09PM – 4:41PM <b>Yama</b> 12:06PM – 1:38PM <b>Rahu</b> 4:41PM – 6:13PM	Sun 12    Sutra 161 Jaya 5116 Moon 9 - Phase 22 2nd Phase
Routine Work    Marana Yoga Until 12:45AM Mon Then Creative Work - Siddha Yoga		<b>Magha* Until 12:45AM Mon</b> Siddha Until 8:57AM Gara Until 6:46AM <b>Trayodashi* Until 7:56PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:00AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:13PM</i> <b>Nataraja:</b> Clear Moon – Red <b>Bhuloka Day</b> <b>Bhadrapada-Puratasi</b> Devaloka Time: 3:PM to 6:PM

<b>6</b>	<b>Monday, September 22, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Sadhya/Subha Yoga Vistit/Sakuni* Karana Chaturdashyam Titau	Des Moines, IA
	Simha Rasi: 15.56    Tithi 29 Family Home Evening 554949263 Creative Work    Siddha Yoga Until 3:29AM Tue Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:37PM – 3:08PM <b>Yama</b> 10:35AM – 12:06PM <b>Rahu</b> 7:32AM – 9:03AM	Sun 13    Sutra 162 Jaya 5116 Moon 9 - Phase 22 2nd Phase
		<b>Purvaphalguni Until 3:29AM Tue</b> Sadhya Until 9:47AM Vistit Until 9:07AM <b>Chaturdashi* Until 10:12PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:01AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:11PM</i> <b>Nataraja:</b> Clear Moon – Red <b>Bhuloka Day</b> <b>Bhadrapada-Puratasi</b> Devaloka Time: 3:PM to 6:PM

	<b>Tuesday, September 23, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Des Moines, IA
	Simha Rasi: 27.55    Tithi 30 554949263 Creative Work    Amrita Yoga Until 5:48AM Wed Then Routine Work - Marana Yoga	<b>Gulika</b> 12:05PM – 1:36PM <b>Yama</b> 9:04AM – 10:35AM <b>Rahu</b> 3:07PM – 4:38PM	Sun 14    Sutra 163 Jaya 5116 Moon 9 - Phase 22 Amavasya
<b>Retreat Star</b>		<b>Uttaraphalguni Until 5:48AM Wed</b> Subha Until 10:28AM Catuspada Until 11:15AM <b>Amavasya* Until 12:12AM Wed</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:02AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:09PM</i> <b>Nataraja:</b> Clear Moon – Red <b>Bhuloka Day</b> <b>Bhadrapada-Puratasi</b> Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>	<b>Wednesday, September 24, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau	Des Moines, IA
	Kanya Rasi: 10    Tithi 1 564949263 Routine Work    Marana Yoga Until 8:07AM Thu Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:35AM – 12:05PM <b>Yama</b> 7:33AM – 9:04AM <b>Rahu</b> 12:05PM – 1:36PM	Sun 15    Sutra 164 Jaya 5116 Moon 9 - Phase 22 Prathama
		<b>Hasta Until 8:07AM Thu</b> Sukla Until 10:53AM Kintughna Until 1:06PM <b>Prathama* Until 1:52AM Thu</b> <b>Navaratri Begins</b>	<b>Ganesha:</b> Blue <i>Sunrise: 6:03AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:08PM</i> <b>Nataraja:</b> Clear Moon – Green <b>Bhuloka Day</b> <b>Ashvina-Puratasi</b> Devaloka Time: 3:PM to 6:PM

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

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<b>1</b>	<b>Thursday, September 25, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvityayam Titau	Des Moines, IA Sun 16 Sutra 165 Jaya 5116
	Kanya Rasi: 22.14      Tithi 2 564949263	<b>Gulika</b> 9:04AM – 10:35AM <b>Yama</b> 6:04AM – 7:34AM <b>Rahu</b> 1:35PM – 3:05PM	<b>Hasta</b> <b>Until 8:07AM</b> Brahma <b>Until 11:02AM</b> Balava <b>Until 2:34PM</b> <b>Dvitiya Until 3:07AM Fri</b>

Routine Work      Marana Yoga Until 8:07AM Then Creative Work - Siddha Yoga	<b>Ganesha:</b> Blue <i>Sunrise: 6:04AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:06PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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<b>2</b>	<b>Friday, September 26, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Indra/Vaidhriti* Yoga Tailita/Gara Karana Tritiyayam Titau	Des Moines, IA Sun 17 Sutra 166 Jaya 5116
	Tula Rasi: 4.38      Tithi 3 564149263	<b>Gulika</b> 7:35AM – 9:05AM <b>Yama</b> 3:04PM – 4:34PM <b>Rahu</b> 10:35AM – 12:04PM	<b>Chitra</b> <b>Until 9:52AM</b> Indra <b>Until 10:53AM</b> Tailita <b>Until 3:37PM</b> <b>Tritiya Until 3:57AM Sat</b>

Creative Work      Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise: 6:05AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:04PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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<b>3</b>	<b>Saturday, September 27, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturthyam Titau	Des Moines, IA Sun 18 Sutra 167 Jaya 5116
	Tula Rasi: 17.14      Tithi 4 664149263	<b>Gulika</b> 6:06AM – 7:35AM <b>Yama</b> 1:34PM – 3:03PM <b>Rahu</b> 9:05AM – 10:35AM	<b>Svati</b> <b>Until 11:01AM</b> Vaidhriti* <b>Until 10:22AM</b> Vanija <b>Until 4:12PM</b> <b>Chaturthi* Until 4:18AM Sun</b>

Creative Work      Siddha Yoga	<b>Ganesha:</b> Green <i>Sunrise: 6:06AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:02PM</i> <b>Nataraja:</b> Clear Moon – Green	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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<b>4</b>	<b>Sunday, September 28, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Panchamyam Titau	Des Moines, IA Sun 19 Sutra 168 Jaya 5116
	Vrischika Rasi: 0.04      Tithi 5 674149263	<b>Gulika</b> 3:02PM – 4:31PM <b>Yama</b> 12:04PM – 1:33PM <b>Rahu</b> 4:31PM – 6:01PM	<b>Vishakha</b> <b>Until 12:00PM</b> Vishkambha* <b>Until 9:28AM</b> Bava <b>Until 4:18PM</b> <b>Panchami Until 4:09AM Mon</b>


Routine Work      Marana Yoga	<b>Ganesha:</b> White <i>Sunrise: 6:07AM</i> <b>Muruga:</b> Clear <i>Sunset: 6:01PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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<b>5</b>	<b>Monday, September 29, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Pritii/Ayushman Yoga Kaulava/Tailita Karana Shashthyam Titau	Des Moines, IA Sun 20 Sutra 169 Jaya 5116
	Vrischika Rasi: 13.09      Tithi 6 Family Home Evening 674149263	<b>Gulika</b> 1:32PM – 3:01PM <b>Yama</b> 10:35AM – 12:03PM <b>Rahu</b> 7:37AM – 9:06AM	<b>Anuradha</b> <b>Until 12:21PM</b> Pritii <b>Until 8:11AM</b> Kaulava <b>Until 3:54PM</b> <b>Shashthi* Until 3:29AM Tue</b>


Creative Work      Siddha Yoga	<b>Ganesha:</b> White <i>Sunrise: 6:08AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:59PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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<b>6</b>	<b>Tuesday, September 30, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Saptamyam Titau	Des Moines, IA Sun 21 Sutra 170 Jaya 5116
	Vrischika Rasi: 26.3      Tithi 7 674149263	<b>Gulika</b> 12:03PM – 1:32PM <b>Yama</b> 9:06AM – 10:35AM <b>Rahu</b> 3:00PM – 4:29PM	<b>Jyeshtha* Until 12:02PM</b> Ayushman <b>Until 6:29AM</b> Gara <b>Until 2:58PM</b> <b>Saptami Until 2:18AM Wed</b>

Routine Work      Marana Yoga Until 12:02PM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> White <i>Sunrise: 6:09AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:57PM</i> <b>Nataraja:</b> Clear Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
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	<b>Wednesday, October 1, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana Yoga Visti*/Bava Karana Ashtamyam Titau	Des Moines, IA Sun 22 Sutra 171 Jaya 5116
	<b>Retreat Star</b> Dhanus Rasi: 10.08      Tithi 8 684149263	<b>Gulika</b> 10:35AM – 12:03PM <b>Yama</b> 7:38AM – 9:06AM <b>Rahu</b> 12:03PM – 1:31PM	<b>Mula* Until 11:31AM</b> Sobhana <b>Until 1:53AM Thu</b> Visti <b>Until 1:32PM</b> <b>Ashtami* Until 12:37AM Thu</b>

Routine Work      Marana Yoga Until 11:31AM Then Creative Work - Amrita Yoga	<b>Ganesha:</b> Clear <i>Sunrise: 6:10AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:56PM</i> <b>Nataraja:</b> Clear Moon – Light Blue	<b>Devaloka Day</b>
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	<b>Thursday, October 2, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda* Yoga Balava/Kaulava Karana Navamyam Titau	Des Moines, IA Sun 23 Sutra 172 Jaya 5116
	<b>Retreat Star</b> Dhanus Rasi: 24.05      Tithi 9 684149263	<b>Gulika</b> 9:07AM – 10:35AM <b>Yama</b> 6:11AM – 7:39AM <b>Rahu</b> 1:30PM – 2:58PM	<b>Purvashadha* Until 10:22AM</b> Athiganda* <b>Until 10:59PM</b> Balava <b>Until 11:37AM</b> <b>Navami* Until 10:29PM</b>

Creative Work      Siddha Yoga Until 10:22AM Then Routine Work - Marana Yoga	<b>Ganesha:</b> Clear <i>Sunrise: 6:11AM</i> <b>Muruga:</b> Clear <i>Sunset: 5:54PM</i> <b>Nataraja:</b> Clear Moon – Light Blue	<b>Devaloka Day</b>
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The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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<h1 style="font-size: 2em; margin: 0;">1</h1> <p style="margin: 0;">Friday, October 3, 2014</p> <p>Makara Rasi: 8.19      Tithi 10</p> <p style="text-align: right;">684149263</p> <p>Routine Work    Marana Yoga</p>	<p style="font-size: 0.8em; margin: 0;">Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam</p> <p style="font-size: 0.8em; margin: 0;">Uttarashadha/Shravana Nakshatra Sukarma Yoga Tailila/Gara Karana Dashamyam Titau</p>			<p style="font-size: 0.8em; margin: 0;">Des Moines, IA</p> <p style="font-size: 0.8em; margin: 0;">Sun 24      Sutra 173</p> <p style="font-size: 0.8em; margin: 0;">Jaya 5116</p> <p style="font-size: 0.8em; margin: 0;">Moon 9 - Phase 24</p> <p style="font-size: 0.8em; margin: 0;">4th Phase</p>
	<p style="font-size: 0.8em; margin: 0;"><b>Gulika</b>    7:40AM – 9:07AM</p> <p style="font-size: 0.8em; margin: 0;"><b>Yama</b>     2:57PM – 4:25PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Rahu</b>     10:35AM – 12:02PM</p>	<p style="font-size: 0.8em; margin: 0;"><b>Uttarashadha</b> <b>Until 8:38AM</b></p> <p style="font-size: 0.8em; margin: 0;">Sukarma Until 7:46PM</p> <p style="font-size: 0.8em; margin: 0;">Tailila Until 9:16AM</p> <p style="font-size: 0.8em; margin: 0;"><b>Dashami</b> <b>Until 7:56PM</b></p>	<p style="font-size: 0.8em; margin: 0;"><b>Ganesha:</b> Clear      <i>Sunrise: 6:12AM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Muruga:</b> Clear      <i>Sunset: 5:52PM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Nataraja:</b> Clear</p> <p style="font-size: 0.8em; margin: 0;">Moon – Light Blue</p>	<p style="font-size: 0.8em; margin: 0;"><b>Devaloka Day</b></p>
	<p style="font-size: 0.8em; margin: 0;"><b>Vijaya Dasami</b></p>			<p style="font-size: 0.8em; margin: 0;"><b>Ashvina+Puratasi</b></p>
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<h1 style="font-size: 2em; margin: 0;">2</h1> <p style="margin: 0;">Saturday, October 4, 2014</p> <p>Makara Rasi: 22.49      Tithi 11 – 12</p> <p style="text-align: right;">695149263</p> <p>Creative Work    Siddha Yoga</p>	<p style="font-size: 0.8em; margin: 0;">Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam</p> <p style="font-size: 0.8em; margin: 0;">Shravana/Dhanishtha Nakshatra Dhriti/Shula* Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau</p>			<p style="font-size: 0.8em; margin: 0;">Des Moines, IA</p> <p style="font-size: 0.8em; margin: 0;">Sun 25      Sutra 174</p> <p style="font-size: 0.8em; margin: 0;">Jaya 5116</p> <p style="font-size: 0.8em; margin: 0;">Moon 9 - Phase 24</p> <p style="font-size: 0.8em; margin: 0;">4th Phase</p>
	<p style="font-size: 0.8em; margin: 0;"><b>Gulika</b>    6:13AM – 7:40AM</p> <p style="font-size: 0.8em; margin: 0;"><b>Yama</b>     1:29PM – 2:56PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Rahu</b>     9:07AM – 10:35AM</p>	<p style="font-size: 0.8em; margin: 0;"><b>Shravana</b> <b>Until 6:50AM</b></p> <p style="font-size: 0.8em; margin: 0;">Dhriti Until 4:19PM</p> <p style="font-size: 0.8em; margin: 0;">Vanija Until 6:34AM</p> <p style="font-size: 0.8em; margin: 0;"><b>Ekadashi</b> <b>Until 5:05PM</b></p>	<p style="font-size: 0.8em; margin: 0;"><b>Ganesha:</b> Clear      <i>Sunrise: 6:13AM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Muruga:</b> Clear      <i>Sunset: 5:51PM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Nataraja:</b> Clear</p> <p style="font-size: 0.8em; margin: 0;">Moon – Purple</p>	<p style="font-size: 0.8em; margin: 0;"><b>Devaloka Day</b></p>
	<p style="font-size: 0.8em; margin: 0;"><b>Kadaitswami Mahasamadhi</b></p>			<p style="font-size: 0.8em; margin: 0;"><b>Ashvina+Puratasi</b></p>
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<h1 style="font-size: 2em; margin: 0;">3</h1> <p style="margin: 0;">Sunday, October 5, 2014</p> <p>Kumbha Rasi: 7.3      Tithi 12 – 13</p> <p style="text-align: right;">695149263</p> <p>Creative Work    Siddha Yoga</p> <p>Until 2:08AM Mon</p> <p>Then Routine Work - Marana Yoga</p>	<p style="font-size: 0.8em; margin: 0;">Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam</p> <p style="font-size: 0.8em; margin: 0;">Shatabhishak Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau</p>			<p style="font-size: 0.8em; margin: 0;">Des Moines, IA</p> <p style="font-size: 0.8em; margin: 0;">Sun 26      Sutra 175</p> <p style="font-size: 0.8em; margin: 0;">Jaya 5116</p> <p style="font-size: 0.8em; margin: 0;">Moon 9 - Phase 24</p> <p style="font-size: 0.8em; margin: 0;">4th Phase</p>
	<p style="font-size: 0.8em; margin: 0;"><b>Gulika</b>    2:55PM – 4:22PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Yama</b>     12:02PM – 1:28PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Rahu</b>     4:22PM – 5:49PM</p>	<p style="font-size: 0.8em; margin: 0;"><b>Shatabhishak</b> <b>Until 2:08AM Mon</b></p> <p style="font-size: 0.8em; margin: 0;">Shula* Until 12:39PM</p> <p style="font-size: 0.8em; margin: 0;">Kaulava Until 12:28AM Mon</p> <p style="font-size: 0.8em; margin: 0;"><b>Dvadashi</b> <b>Until 2:01PM</b></p> <p style="font-size: 0.8em; margin: 0;"><i>Pradosha Vrata</i></p>	<p style="font-size: 0.8em; margin: 0;"><b>Ganesha:</b> Clear      <i>Sunrise: 6:14AM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Muruga:</b> Clear      <i>Sunset: 5:49PM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Nataraja:</b> Clear</p> <p style="font-size: 0.8em; margin: 0;">Moon – Purple</p>	<p style="font-size: 0.8em; margin: 0;"><b>Devaloka Day</b></p>
	<p style="font-size: 0.8em; margin: 0;"><b>Kadaitswami Mahasamadhi</b></p>			<p style="font-size: 0.8em; margin: 0;"><b>Ashvina+Puratasi</b></p>
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<h1 style="font-size: 2em; margin: 0;">4</h1> <p style="margin: 0;">Monday, October 6, 2014</p> <p>Kumbha Rasi: 22.17      Tithi 13 – 14</p> <p style="margin: 0;"><b>Family Home Evening</b>      615149263</p> <p>Routine Work    Marana Yoga</p> <p>Until 11:54PM</p> <p>Then Creative Work - Siddha Yoga</p>	<p style="font-size: 0.8em; margin: 0;">Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam</p> <p style="font-size: 0.8em; margin: 0;">Purvaprosarthpada* Nakshatra Ganda*/Vridhni Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau</p>			<p style="font-size: 0.8em; margin: 0;">Des Moines, IA</p> <p style="font-size: 0.8em; margin: 0;">Sun 27      Sutra 176</p> <p style="font-size: 0.8em; margin: 0;">Jaya 5116</p> <p style="font-size: 0.8em; margin: 0;">Moon 9 - Phase 24</p> <p style="font-size: 0.8em; margin: 0;">4th Phase</p>
	<p style="font-size: 0.8em; margin: 0;"><b>Gulika</b>    1:28PM – 2:54PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Yama</b>     10:35AM – 12:01PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Rahu</b>     7:42AM – 9:08AM</p>	<p style="font-size: 0.8em; margin: 0;"><b>Purvaprosarthpada*</b> <b>Until 11:54PM</b></p> <p style="font-size: 0.8em; margin: 0;">Ganda* Until 8:56AM</p> <p style="font-size: 0.8em; margin: 0;">Gara Until 9:19PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Trayodashi</b> <b>Until 10:52AM</b></p>	<p style="font-size: 0.8em; margin: 0;"><b>Ganesha:</b> Clear      <i>Sunrise: 6:15AM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Muruga:</b> Clear      <i>Sunset: 5:47PM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Nataraja:</b> Clear</p> <p style="font-size: 0.8em; margin: 0;">Moon – Clear</p>	<p style="font-size: 0.8em; margin: 0;"><b>Devaloka Day</b></p>
	<p style="font-size: 0.8em; margin: 0;"><b>Chidambaram Abhishekam</b></p>			<p style="font-size: 0.8em; margin: 0;"><b>Ashvina+Puratasi</b></p>
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<p style="margin: 0;">Tuesday, October 7, 2014</p> <p style="margin: 0;"><b>Copper Retreat Star</b></p> <p>Meena Rasi: 7.04      Tithi 14 – 15</p> <p style="text-align: right;">615149264</p> <p>Creative Work    Amrita Yoga</p> <p>Until 9:41PM</p> <p>Then Creative Work - Siddha Yoga</p>	<p style="font-size: 0.8em; margin: 0;">Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam</p> <p style="font-size: 0.8em; margin: 0;">Uttaraprosarthpada Nakshatra Dhruva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau</p>			<p style="font-size: 0.8em; margin: 0;">Des Moines, IA</p> <p style="font-size: 0.8em; margin: 0;">Sutra 177</p> <p style="font-size: 0.8em; margin: 0;">Jaya 5116</p> <p style="font-size: 0.8em; margin: 0;">Moon 9 - Phase 24</p> <p style="font-size: 0.8em; margin: 0;">Purnima</p>
	<p style="font-size: 0.8em; margin: 0;"><b>Gulika</b>    12:01PM – 1:27PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Yama</b>     9:09AM – 10:35AM</p> <p style="font-size: 0.8em; margin: 0;"><b>Rahu</b>     2:53PM – 4:19PM</p>	<p style="font-size: 0.8em; margin: 0;"><b>Uttaraprosarthpada</b> <b>Until 9:41PM</b></p> <p style="font-size: 0.8em; margin: 0;">Dhruva Until 1:41AM Wed</p> <p style="font-size: 0.8em; margin: 0;">Visti Until 6:18PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Chaturdashi*</b> <b>Until 7:46AM</b></p>	<p style="font-size: 0.8em; margin: 0;"><b>Ganesha:</b> Clear      <i>Sunrise: 6:16AM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Muruga:</b> Clear      <i>Sunset: 5:46PM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Nataraja:</b> White</p> <p style="font-size: 0.8em; margin: 0;">Moon – Clear</p>	<p style="font-size: 0.8em; margin: 0;"><b>Sivaloka Day</b></p>
	<p style="font-size: 0.8em; margin: 0;"><b>Chaturdashi*</b> <b>Until 7:46AM</b></p>			<p style="font-size: 0.8em; margin: 0;"><b>Ashvina+Puratasi</b></p>
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<p style="margin: 0;">Wednesday, October 8, 2014</p> <p style="margin: 0;"><b>Silver Retreat Star</b></p> <p>Meena Rasi: 21.42      Tithi 16</p> <p style="text-align: right;">615149264</p> <p>Routine Work    Marana Yoga</p>	<p style="font-size: 0.8em; margin: 0;">Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam</p> <p style="font-size: 0.8em; margin: 0;">Revati Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau</p>			<p style="font-size: 0.8em; margin: 0;">Des Moines, IA</p> <p style="font-size: 0.8em; margin: 0;">Sutra 178</p> <p style="font-size: 0.8em; margin: 0;">Jaya 5116</p> <p style="font-size: 0.8em; margin: 0;">Moon 9 - Phase 24</p> <p style="font-size: 0.8em; margin: 0;">Prathama</p>
	<p style="font-size: 0.8em; margin: 0;"><b>Gulika</b>    10:35AM – 12:01PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Yama</b>     7:43AM – 9:09AM</p> <p style="font-size: 0.8em; margin: 0;"><b>Rahu</b>     12:01PM – 1:26PM</p>	<p style="font-size: 0.8em; margin: 0;"><b>Revati</b> <b>Until 7:37PM</b></p> <p style="font-size: 0.8em; margin: 0;">Vyaghata* Until 10:24PM</p> <p style="font-size: 0.8em; margin: 0;">Balava Until 3:34PM</p> <p style="font-size: 0.8em; margin: 0;"><b>Prathama*</b> <b>Until 2:19AM Thu</b></p>	<p style="font-size: 0.8em; margin: 0;"><b>Ganesha:</b> Clear      <i>Sunrise: 6:17AM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Muruga:</b> Clear      <i>Sunset: 5:44PM</i></p> <p style="font-size: 0.8em; margin: 0;"><b>Nataraja:</b> White</p> <p style="font-size: 0.8em; margin: 0;">Moon – Clear</p>	<p style="font-size: 0.8em; margin: 0;"><b>Sivaloka Day</b></p>
	<p style="font-size: 0.8em; margin: 0;"><b>Total Lunar Eclipse</b></p>			<p style="font-size: 0.8em; margin: 0;"><b>Ashvina+Puratasi</b></p>
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Being the Life of life is splendous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444

All times are standard time

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**Thursday, October 9, 2014**  
**Gold Retreat Star**

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashvini Nakshatra Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Des Moines, IA  
Sutra 179  
Jaya 5116

Mesha Rasi: 6.05      Tithi 17  
625149264  
Creative Work    Amrita Yoga  
Until 6:16PM  
Then Creative Work - Siddha Yoga

**Gulika**    9:09AM – 10:35AM  
**Yama**      6:18AM – 7:44AM  
**Rahu**      1:26PM – 2:51PM

**Ashvini Until 6:16PM**  
Harshana Until 7:30PM  
Taitila Until 1:14PM  
**Dvitiya Until 12:15AM Fri**

**Ganesha:** Purple    *Sunrise: 6:18AM*  
**Muruga:** Clear      *Sunset: 5:42PM*  
**Nataraja:** White  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina+Puratasi**

**1**

**Friday, October 10, 2014**

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\*/Siddhi Yoga Vanija/Visti\* Karana Tritiyayam Titau

Des Moines, IA  
Sun 1    Sutra 180  
Jaya 5116

Mesha Rasi: 20.08      Tithi 18  
625149264  
Creative Work    Siddha Yoga

**Gulika**    7:45AM – 9:10AM  
**Yama**      2:50PM – 4:16PM  
**Rahu**      10:35AM – 12:00PM

**Bharani Until 5:22PM**  
Vajra\* Until 5:04PM  
Vanija Until 11:27AM  
**Tritiya Until 10:47PM**

**Ganesha:** Purple    *Sunrise: 6:20AM*  
**Muruga:** Clear      *Sunset: 5:41PM*  
**Nataraja:** White  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina+Puratasi**

**2**

**Saturday, October 11, 2014**

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi/Vyatipata\* Yoga Bava/Balava Karana Chaturthyam Titau

Des Moines, IA  
Sun 2    Sutra 181  
Jaya 5116

Mrishabha Rasi: 3.47      Tithi 19  
625149264  
Creative Work    Amrita Yoga

**Gulika**    6:21AM – 7:45AM  
**Yama**      1:25PM – 2:49PM  
**Rahu**      9:10AM – 10:35AM

**Krittika Until 4:59PM**  
Siddhi Until 3:11PM  
Bava Until 10:21AM  
**Chaturthi\* Until 10:03PM**

**Ganesha:** Purple    *Sunrise: 6:21AM*  
**Muruga:** Clear      *Sunset: 5:39PM*  
**Nataraja:** White  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina+Puratasi**

**3**

**Sunday, October 12, 2014**

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\*/Variyan Yoga Kaulava/Taitila Karana Panchamyam Titau

Des Moines, IA  
Sun 3    Sutra 182  
Jaya 5116

Mrishabha Rasi: 17.02      Tithi 20  
635149264  
Creative Work    Siddha Yoga

**Gulika**    2:49PM – 4:13PM  
**Yama**      12:00PM – 1:24PM  
**Rahu**      4:13PM – 5:38PM

**Rohini Until 5:39PM**  
Vyatipata\* Until 1:54PM  
Kaulava Until 9:59AM  
**Panchami Until 10:05PM**

**Ganesha:** Clear      *Sunrise: 6:22AM*  
**Muruga:** Clear      *Sunset: 5:38PM*  
**Nataraja:** White  
Moon – Yellow  
**Sivaloka Day**  
**Ashvina+Puratasi**

**4**

**Monday, October 13, 2014**

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Shashthyam Titau

Des Moines, IA  
Sun 4    Sutra 183  
Jaya 5116

Mrishabha Rasi: 29.53      Tithi 21  
636149264  
**Family Home Evening**  
Creative Work    Amrita Yoga  
Until 6:55PM  
Then Creative Work - Siddha Yoga

**Gulika**    1:24PM – 2:48PM  
**Yama**      10:35AM – 11:59AM  
**Rahu**      7:47AM – 9:11AM

**Mrigashira Until 6:55PM**  
Variyan Until 1:12PM  
Gara Until 10:24AM  
**Shashthi\* Until 10:51PM**

**Ganesha:** White      *Sunrise: 6:23AM*  
**Muruga:** Clear      *Sunset: 5:36PM*  
**Nataraja:** White  
Moon – Yellow  
**Devaloka Day**  
**Ashvina+Puratasi**

**5**

**Tuesday, October 14, 2014**

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Parigha\*/Shiva Yoga Visti\*/Bava Karana Saptamyam Titau

Des Moines, IA  
Sun 5    Sutra 184  
Jaya 5116

Mithuna Rasi: 12.24      Tithi 22  
636149264  
Routine Work    Marana Yoga  
Until 8:40PM  
Then Creative Work - Siddha Yoga

**Gulika**    11:59AM – 1:23PM  
**Yama**      9:12AM – 10:35AM  
**Rahu**      2:47PM – 4:11PM

**Ardra Until 8:40PM**  
Parigha\* Until 1:03PM  
Visti Until 11:32AM  
**Saptami Until 12:19AM Wed**

**Ganesha:** White      *Sunrise: 6:24AM*  
**Muruga:** Clear      *Sunset: 5:34PM*  
**Nataraja:** White  
Moon – Yellow  
**Devaloka Day**  
**Ashvina+Puratasi**

**Retreat Star**

**Wednesday, October 15, 2014**

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Ashtamyam Titau

Des Moines, IA  
Sun 6    Sutra 185  
Jaya 5116

Mithuna Rasi: 24.38      Tithi 23  
646149264  
Creative Work    Siddha Yoga

**Gulika**    10:35AM – 11:59AM  
**Yama**      7:48AM – 9:12AM  
**Rahu**      11:59AM – 1:22PM

**Punarvasu Until 11:17PM**  
Shiva Until 1:23PM  
Balava Until 1:16PM  
**Ashtami\* Until 2:18AM Thu**

**Ganesha:** Yellow      *Sunrise: 6:25AM*  
**Muruga:** Clear      *Sunset: 5:33PM*  
**Nataraja:** White  
Moon – Blue  
**Sivaloka Day**  
**Ashvina+Puratasi**

**Thursday, October 16, 2014**  
**Retreat Star**

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Navamyam Titau

Des Moines, IA  
Sun 7    Sutra 186  
Jaya 5116

Kataka Rasi: 6.41      Tithi 24  
646149264  
Creative Work    Amrita Yoga  
Until 2:05AM Fri  
Then Routine Work - Marana Yoga

**Gulika**    9:12AM – 10:36AM  
**Yama**      6:26AM – 7:49AM  
**Rahu**      1:22PM – 2:45PM

**Pushya Until 2:05AM Fri**  
Siddha Until 2:01PM  
Taitila Until 3:27PM  
**Navami\* Until 4:38AM Fri**

**Ganesha:** Yellow      *Sunrise: 6:26AM*  
**Muruga:** Clear      *Sunset: 5:31PM*  
**Nataraja:** White  
Moon – Blue  
**Sivaloka Day**  
**Ashvina+Puratasi**

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk.  
Shukla Yajur Veda

All times are standard time

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<b>1 Friday, October 17, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Dashamyam Titau				Des Moines, IA
Kataka Rasi: 18.35	Tithi 25	<b>Gulika</b> 7:50AM – 9:13AM	<b>Ashlesha* Until 4:53AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	Sun 8 Sutra 187 Jaya 5116
	646149264	<b>Yama</b> 2:44PM – 4:07PM	Sadhya Until 2:51PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:30PM	Moon 10 - Phase 26 2nd Phase
Routine Work	Marana Yoga	<b>Rahu</b> 10:36AM – 11:58AM	Vanija Until 5:54PM	<b>Nataraja:</b> White		<b>Sivaloka Day</b>
Until 4:53AM Sat			<b>Dashami Until 7:08AM Sat</b>	<b>Ashvina•Aipasi</b>		
Then Creative Work - Amrita Yoga						
<b>2 Saturday, October 18, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Des Moines, IA
Simha Rasi: 0.27	Tithi 25 – 26	<b>Gulika</b> 6:28AM – 7:51AM	<b>Magha* Until 8:00AM Sun</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:28AM	Sun 9 Sutra 188 Jaya 5116
	656149264	<b>Yama</b> 1:21PM – 2:43PM	Subha Until 3:46PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 10 - Phase 26 2nd Phase
Creative Work	Amrita Yoga	<b>Rahu</b> 9:13AM – 10:36AM	Bava Until 8:24PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>
Until 8:00AM Sun			<b>Dashami Until 7:08AM</b>	<b>Ashvina•Aipasi</b>		
Then Creative Work - Siddha Yoga						
<b>3 Sunday, October 19, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
Simha Rasi: 12.2	Tithi 26 – 27	<b>Gulika</b> 2:42PM – 4:05PM	<b>Magha* Until 8:00AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:30AM	Sun 10 Sutra 189 Jaya 5116
	656149264	<b>Yama</b> 11:58AM – 1:20PM	Sukla Until 4:34PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 26 2nd Phase
Routine Work	Marana Yoga	<b>Rahu</b> 4:05PM – 5:27PM	Kaulava Until 10:46PM	<b>Nataraja:</b> White		<b>Devaloka Day</b>
Until 8:00AM			<b>Ekadashi* Until 9:35AM</b>	<b>Ashvina•Aipasi</b>		
Then Creative Work - Siddha Yoga						
<b>4 Monday, October 20, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Brahma/Indra Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
Simha Rasi: 24.17	Tithi 27 – 28	<b>Gulika</b> 1:20PM – 2:42PM	<b>Purvaphalguni Until 10:45AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:31AM	Sun 11 Sutra 190 Jaya 5116
<b>Family Home Evening</b>	657249264	<b>Yama</b> 10:36AM – 11:58AM	Brahma Until 5:12PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 10 - Phase 26 2nd Phase
Creative Work	Siddha Yoga	<b>Rahu</b> 7:52AM – 9:14AM	Gara Until 12:50AM Tue	<b>Nataraja:</b> White		<b>Devaloka Day</b>
			<b>Dvadashi* Until 11:49AM</b>	<b>Ashvina•Aipasi</b>		
			<i>Pradosha Vrata (Fasting)</i>			
<b>5 Tuesday, October 21, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
Kanya Rasi: 6.22	Tithi 28 – 29	<b>Gulika</b> 11:58AM – 1:19PM	<b>Uttaraphalguni Until 12:59PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:32AM	Sun 12 Sutra 191 Jaya 5116
	657249264	<b>Yama</b> 9:15AM – 10:36AM	Indra Until 5:32PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:24PM	Moon 10 - Phase 26 2nd Phase
Creative Work	Amrita Yoga	<b>Rahu</b> 2:41PM – 4:02PM	Visti Until 2:28AM Wed	<b>Nataraja:</b> White		<b>Devaloka Day</b>
Until 12:59PM		<b>Deepavali Hindu Solidarity Day</b>	<b>Trayodashi* Until 1:41PM</b>	<b>Ashvina•Aipasi</b>		
Then Creative Work - Siddha Yoga						
<b>6 Wednesday, October 22, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti*/Vishkambha* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA
Kanya Rasi: 18.37	Tithi 29 – 30	<b>Gulika</b> 10:36AM – 11:58AM	<b>Hasta Until 3:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:33AM	Sun 13 Sutra 192 Jaya 5116
	667249264	<b>Yama</b> 7:54AM – 9:15AM	Vaidhriti* Until 5:28PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 26 2nd Phase
Routine Work	Marana Yoga	<b>Rahu</b> 11:58AM – 1:19PM	Catuspada Until 3:36AM Thu	<b>Nataraja:</b> White		<b>Devaloka Day</b>
Until 3:05PM			<b>Chaturdashi* Until 3:05PM</b>	<b>Ashvina•Aipasi</b>		
Then Creative Work - Siddha Yoga						
<b>Thursday, October 23, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Priti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA
Tula Rasi: 1.06	Tithi 30 – 1	<b>Gulika</b> 9:16AM – 10:37AM	<b>Chitra Until 4:32PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM	Sun 14 Sutra 193 Jaya 5116
	667249264	<b>Yama</b> 6:34AM – 7:55AM	Vishkambha* Until 5:01PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:21PM	Moon 10 - Phase 26 Amavasya
Creative Work	Siddha Yoga	<b>Rahu</b> 1:18PM – 2:39PM	Kintughna Until 4:12AM Fri	<b>Nataraja:</b> White		<b>Devaloka Day</b>
Until 4:32PM		<b>Subramuniyaswami Mahasamadhi</b>	<b>Amavasya* Until 3:57PM</b>	<b>Ashvina•Aipasi</b>		
Then Creative Work - Amrita Yoga		<b>Partial Solar Eclipse</b>				
<b>Friday, October 24, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Des Moines, IA
Tula Rasi: 13.5	Tithi 1 – 2	<b>Gulika</b> 7:56AM – 9:16AM	<b>Svati Until 5:18PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:35AM	Sun 15 Sutra 194 Jaya 5116
	667249264	<b>Yama</b> 2:38PM – 3:59PM	Priti Until 4:11PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:19PM	Moon 10 - Phase 26 Prathama
Creative Work	Siddha Yoga	<b>Rahu</b> 10:37AM – 11:57AM	Balava Until 4:17AM Sat	<b>Nataraja:</b> White		<b>Devaloka Day</b>
		<b>Skanda Shasthi Begins</b>	<b>Prathama* Until 4:17PM</b>	<b>Karttika•Aipasi</b>		

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

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<b>1</b>	<b>Saturday, October 25, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau	Des Moines, IA Sun 16 Sutra 195 Jaya 5116
	Tula Rasi: 26.48    Tithi 2 – 3 677249264	<b>Gulika</b> 6:36AM – 7:57AM <b>Yama</b> 1:17PM – 2:38PM <b>Rahu</b> 9:17AM – 10:37AM	<b>Vishakha</b> Until 5:54PM <b>Ayushman</b> Until 2:54PM <b>Taitila</b> Until 3:54AM Sun <b>Dvitiya</b> Until 4:08PM

**Ganesha:** Blue    *Sunrise:* 6:38AM  
**Muruga:** Clear    *Sunset:* 5:18PM  
**Nataraja:** White  
 Moon – Orange    **Devaloka Day**  
**Kartika•Aipasi**

Creative Work    Siddha Yoga

<b>2</b>	<b>Sunday, October 26, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau	Des Moines, IA Sun 17 Sutra 196 Jaya 5116
	Vrischika Rasi: 10.01    Tithi 3 – 4 677249264	<b>Gulika</b> 2:37PM – 3:57PM <b>Yama</b> 11:57AM – 1:17PM <b>Rahu</b> 3:57PM – 5:17PM	<b>Anuradha</b> Until 5:54PM <b>Saubhagya</b> Until 1:18PM <b>Vanija</b> Until 3:05AM Mon <b>Tritiya</b> Until 3:31PM

**Ganesha:** Blue    *Sunrise:* 6:38AM  
**Muruga:** Clear    *Sunset:* 5:17PM  
**Nataraja:** White  
 Moon – Orange    **Devaloka Day**  
**Kartika•Aipasi**

Routine Work    Marana Yoga

<b>3</b>	<b>Monday, October 27, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Des Moines, IA Sun 18 Sutra 197 Jaya 5116
	Vrischika Rasi: 23.27    Tithi 4 – 5 Family Home Evening 678249264	<b>Gulika</b> 1:17PM – 2:36PM <b>Yama</b> 10:37AM – 11:57AM <b>Rahu</b> 7:58AM – 9:18AM	<b>Jyeshtha*</b> Until 5:24PM <b>Sobhana</b> Until 11:24AM <b>Bava</b> Until 1:56AM Tue <b>Chaturthi*</b> Until 2:32PM

**Ganesha:** Red    *Sunrise:* 6:39AM  
**Muruga:** Clear    *Sunset:* 5:15PM  
**Nataraja:** White  
 Moon – Orange    **Sivaloka Day**  
**Kartika•Aipasi**

Creative Work    Siddha Yoga

<b>4</b>	<b>Tuesday, October 28, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau	Des Moines, IA Sun 19 Sutra 198 Jaya 5116
	Dhanus Rasi: 7.05    Tithi 5 – 6 688249264	<b>Gulika</b> 11:57AM – 1:16PM <b>Yama</b> 9:18AM – 10:38AM <b>Rahu</b> 2:35PM – 3:55PM	<b>Mula*</b> Until 4:52PM <b>Athiganda*</b> Until 9:12AM <b>Kaulava</b> Until 12:28AM Wed <b>Panchami</b> Until 1:13PM

**Ganesha:** Blue    *Sunrise:* 6:40AM  
**Muruga:** Clear    *Sunset:* 5:14PM  
**Nataraja:** White  
 Moon – Light Blue    **Subha Sivaloka Day**  
**Kartika•Aipasi**

Creative Work    Amrita Yoga  
Until 4:52PM  
Then Creative Work - Siddha Yoga

<b>5</b>	<b>Wednesday, October 29, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau	Des Moines, IA Sun 20 Sutra 199 Jaya 5116
	Dhanus Rasi: 20.54    Tithi 6 – 7 688249264	<b>Gulika</b> 10:38AM – 11:57AM <b>Yama</b> 8:00AM – 9:19AM <b>Rahu</b> 11:57AM – 1:16PM	<b>Purvashadha*</b> Until 3:56PM <b>Sukarma</b> Until 6:48AM <b>Gara</b> Until 10:45PM <b>Shashthi*</b> Until 11:37AM

**Ganesha:** Blue    *Sunrise:* 6:41AM  
**Muruga:** Clear    *Sunset:* 5:13PM  
**Nataraja:** White  
 Moon – Light Blue    **Subha Sivaloka Day**  
**Kartika•Aipasi**

Creative Work    Amrita Yoga

<b>D</b>	<b>Thursday, October 30, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau	Des Moines, IA Sun 21 Sutra 200 Jaya 5116
	Makara Rasi: 4.52    Tithi 7 – 8 688249264	<b>Gulika</b> 9:20AM – 10:38AM <b>Yama</b> 6:42AM – 8:01AM <b>Rahu</b> 1:15PM – 2:34PM	<b>Uttarashadha</b> Until 2:37PM <b>Shula*</b> Until 1:25AM Fri <b>Visti</b> Until 8:49PM <b>Saptami</b> Until 9:48AM

**Ganesha:** Blue    *Sunrise:* 6:42AM  
**Muruga:** Clear    *Sunset:* 5:11PM  
**Nataraja:** White  
 Moon – Light Blue    **Subha Sivaloka Day**  
**Kartika•Aipasi**

Routine Work    Marana Yoga  
Until 2:37PM  
Then Creative Work - Siddha Yoga

<b>D</b>	<b>Friday, October 31, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Des Moines, IA Sun 22 Sutra 201 Jaya 5116
	Makara Rasi: 18.57    Tithi 8 – 9 698249264	<b>Gulika</b> 8:02AM – 9:20AM <b>Yama</b> 2:33PM – 3:52PM <b>Rahu</b> 10:38AM – 11:57AM	<b>Shravana</b> Until 1:24PM <b>Ganda*</b> Until 10:30PM <b>Balava</b> Until 6:42PM <b>Ashtami*</b> Until 7:46AM

**Ganesha:** Yellow    *Sunrise:* 6:43AM  
**Muruga:** Clear    *Sunset:* 5:10PM  
**Nataraja:** White  
 Moon – Purple    **Sivaloka Day**  
**Kartika•Aipasi**

Routine Work    Marana Yoga  
Until 1:24PM  
Then Creative Work - Siddha Yoga

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

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<b>1 Saturday, November 1, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vriddhi Yoga Tailila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 23 Sutra 202 Jaya 5116
Kumbha Rasi: 3.1	Tithi 10	<b>Gulika</b> 6:45AM – 8:03AM	<b>Dhanishtha</b> Until 11:53AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:45AM	
		<b>Yama</b> 1:15PM – 2:33PM	<b>Vriddhi</b> Until 7:28PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 28
	698249264	<b>Rahu</b> 9:21AM – 10:39AM	<b>Tailila</b> Until 4:26PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:15AM Sun	Moon – Purple		<b>Sivaloka Day</b>
Until 11:53AM				<b>Kartika•Aipasi</b>		
Then Creative Work - Amrita Yoga						
<b>2 Sunday, November 2, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 203 Jaya 5116
Kumbha Rasi: 17.27	Tithi 11	<b>Gulika</b> 2:32PM – 3:50PM	<b>Shatabhishak</b> Until 10:07AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:46AM	
		<b>Yama</b> 11:57AM – 1:14PM	<b>Dhruva</b> Until 4:21PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28
	699249264	<b>Rahu</b> 3:50PM – 5:08PM	<b>Vanija</b> Until 2:05PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 12:52AM Mon	Moon – Purple		<b>Devaloka Day</b>
				<b>Kartika•Aipasi</b>		
<b>3 Monday, November 3, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 204 Jaya 5116
Meena Rasi: 1.47	Tithi 12	<b>Gulika</b> 1:14PM – 2:32PM	<b>Purvaproshtapada*</b> Until 8:35AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:47AM	
<b>Family Home Evening</b>		<b>Yama</b> 10:39AM – 11:57AM	<b>Vyaghata*</b> Until 1:13PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28
	619249264	<b>Rahu</b> 8:04AM – 9:22AM	<b>Bava</b> Until 11:41AM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Dvadashi</b> Until 10:29PM	Moon – Clear		<b>Devaloka Day</b>
Until 8:35AM				<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga						
<b>4 Tuesday, November 4, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Harshana/Vajra* Yoga Kaulava/Tailila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 205 Jaya 5116
Meena Rasi: 16.05	Tithi 13	<b>Gulika</b> 11:57AM – 1:14PM	<b>Uttaraproshtapada</b> Until 6:57AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:48AM	
		<b>Yama</b> 9:23AM – 10:40AM	<b>Harshana</b> Until 10:09AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 28
	619249264	<b>Rahu</b> 2:31PM – 3:48PM	<b>Kaulava</b> Until 9:20AM	<b>Nataraja:</b> White		4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 8:12PM	Moon – Clear		<b>Devaloka Day</b>
Until 6:57AM				<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>			
<b>5 Wednesday, November 5, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 206 Jaya 5116
Mesha Rasi: 0.19	Tithi 14	<b>Gulika</b> 10:40AM – 11:57AM	<b>Ashvini</b> Until 4:13AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:49AM	
		<b>Yama</b> 8:06AM – 9:23AM	<b>Vajra*</b> Until 7:11AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:04PM	Moon 10 - Phase 28
	629249264	<b>Rahu</b> 11:57AM – 1:14PM	<b>Gara</b> Until 7:09AM	<b>Nataraja:</b> White		4th Phase
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 6:08PM	Moon – White		<b>Sivaloka Day</b>
Until 4:13AM Thu				<b>Kartika•Aipasi</b>		
Then Creative Work - Siddha Yoga						
<b>Thursday, November 6, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA Sutra 207 Jaya 5116
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:24AM – 10:40AM	<b>Bharani</b> Until 3:21AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:51AM	
Mesha Rasi: 14.22	Tithi 15 – 16	<b>Yama</b> 6:51AM – 8:07AM	<b>Vyatipata*</b> Until 2:01AM Fri	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 28
	629249264	<b>Rahu</b> 1:13PM – 2:30PM	<b>Balava</b> Until 3:41AM Fri	<b>Nataraja:</b> White		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 4:23PM	Moon – White		<b>Sivaloka Day</b>
				<b>Kartika•Aipasi</b>		
<b>Friday, November 7, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Variyan Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau				Des Moines, IA Sutra 208 Jaya 5116
<b>Silver Retreat Star</b>		<b>Gulika</b> 8:08AM – 9:24AM	<b>Krittika</b> Until 2:49AM Sat	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:52AM	
Mesha Rasi: 28.1	Tithi 16 – 17	<b>Yama</b> 2:29PM – 3:46PM	<b>Variyan</b> Until 11:56PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:02PM	Moon 10 - Phase 28
	729249264	<b>Rahu</b> 10:41AM – 11:57AM	<b>Tailila</b> Until 2:38AM Sat	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 3:04PM	Moon – White		<b>Devaloka Day</b>
Until 2:49AM Sat				<b>Kartika•Aipasi</b>		
Then Creative Work - Amrita Yoga						

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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**Saturday, November 8, 2014**  
**Gold Retreat Star**

Wrishabha Rasi: 11.41    Tithi 17 – 18  
739249264  
Creative Work    Amrita Yoga  
Until 3:10AM Sun  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika**    6:53AM – 8:09AM    **Rohini Until 3:10AM Sun**  
**Yama**       1:13PM – 2:29PM       Parigha\* Until 10:21PM  
**Rahu**       9:25AM – 10:41AM       Vanija Until 2:11AM Sun  
Dvitiya Until 2:19PM

**Ganesha:** Yellow    *Sunrise: 6:53AM*  
**Muruga:** Clear      *Sunset: 5:01PM*  
**Nataraja:** White  
Moon – Yellow  
**Kartika•Aipasi**

Des Moines, IA  
Sun 1    Sutra 209  
Jaya 5116  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**



**Sunday, November 9, 2014**

Wrishabha Rasi: 24.52    Tithi 18 – 19  
739249264  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika**    2:28PM – 3:44PM    **Mrigashira Until 4:00AM Mon**  
**Yama**       11:57AM – 1:13PM       Shiva Until 9:16PM  
**Rahu**       3:44PM – 5:00PM       Bava Until 2:23AM Mon  
Tritiya Until 2:11PM

**Ganesha:** Yellow    *Sunrise: 6:54AM*  
**Muruga:** Clear      *Sunset: 5:00PM*  
**Nataraja:** White  
Moon – Yellow  
**Kartika•Aipasi**

Des Moines, IA  
Sun 2    Sutra 210  
Jaya 5116  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**



**Monday, November 10, 2014**

Mithuna Rasi: 7.43    Tithi 19 – 20  
Family Home Evening    731249264  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika**    1:13PM – 2:28PM    **Ardra Until 5:20AM Tue**  
**Yama**       10:42AM – 11:57AM       Siddha Until 8:41PM  
**Rahu**       8:11AM – 9:26AM       Kaulava Until 3:17AM Tue  
Chaturthi\* Until 2:44PM

**Ganesha:** Yellow    *Sunrise: 6:56AM*  
**Muruga:** Clear      *Sunset: 4:59PM*  
**Nataraja:** White  
Moon – Yellow  
**Kartika•Aipasi**

Des Moines, IA  
Sun 3    Sutra 211  
Jaya 5116  
Moon 11 - Phase 29  
1st Phase  
**Sivaloka Day**



**Tuesday, November 11, 2014**

Mithuna Rasi: 20.15    Tithi 20 – 21  
741249264  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Tailila/Gara Karana Panchami/Shashthyam Titau  
**Gulika**    11:57AM – 1:12PM    **Punarvasu Until 7:35AM Wed**  
**Yama**       9:27AM – 10:42AM       Sadhya Until 8:37PM  
**Rahu**       2:27PM – 3:43PM       Gara Until 4:48AM Wed  
Panchami Until 3:57PM

**Ganesha:** White      *Sunrise: 6:57AM*  
**Muruga:** Clear      *Sunset: 4:58PM*  
**Nataraja:** White  
Moon – Blue  
**Kartika•Aipasi**

Des Moines, IA  
Sun 4    Sutra 212  
Jaya 5116  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**



**Wednesday, November 12, 2014**

Kataka Rasi: 2.31    Tithi 21 – 22  
741249264  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika**    10:42AM – 11:57AM    **Punarvasu Until 7:35AM**  
**Yama**       8:13AM – 9:28AM       Subha Until 8:59PM  
**Rahu**       11:57AM – 1:12PM       Visti Until 6:51AM Thu  
Shashthi\* Until 5:45PM

**Ganesha:** White      *Sunrise: 6:58AM*  
**Muruga:** Clear      *Sunset: 4:57PM*  
**Nataraja:** White  
Moon – Blue  
**Kartika•Aipasi**

Des Moines, IA  
Sun 5    Sutra 213  
Jaya 5116  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**



**Thursday, November 13, 2014**

Kataka Rasi: 14.35    Tithi 22  
741249264  
Creative Work    Amrita Yoga  
Until 10:09AM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Visti\*/Bava Karana Saptamyam Titau  
**Gulika**    9:28AM – 10:43AM    **Pushya Until 10:09AM**  
**Yama**       6:59AM – 8:14AM       Sukla Until 9:38PM  
**Rahu**       1:12PM – 2:27PM       Visti Until 6:51AM  
Saptami Until 8:00PM

**Ganesha:** White      *Sunrise: 6:59AM*  
**Muruga:** Clear      *Sunset: 4:56PM*  
**Nataraja:** White  
Moon – Blue  
**Kartika•Aipasi**

Des Moines, IA  
Sun 6    Sutra 214  
Jaya 5116  
Moon 11 - Phase 29  
1st Phase  
**Devaloka Day**



**Friday, November 14, 2014**  
**Retreat Star**

Kataka Rasi: 26.3    Tithi 23  
741349264  
Routine Work    Marana Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika**    8:15AM – 9:29AM    **Ashlesha\* Until 12:53PM**  
**Yama**       2:26PM – 3:41PM       Brahma Until 10:30PM  
**Rahu**       10:43AM – 11:58AM       Balava Until 9:15AM  
Ashtami\* Until 10:31PM

**Ganesha:** Clear      *Sunrise: 7:00AM*  
**Muruga:** Clear      *Sunset: 4:55PM*  
**Nataraja:** White  
Moon – Blue  
**Kartika•Aipasi**

Des Moines, IA  
Sun 7    Sutra 215  
Jaya 5116  
Moon 11 - Phase 29  
Ashtami  
**Sivaloka Day**

**Saturday, November 15, 2014**  
**Retreat Star**

Simha Rasi: 8.22    Tithi 24  
751349264  
Creative Work    Amrita Yoga  
Until 4:03PM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Indra Yoga Tailila/Gara Karana Navamyam Titau  
**Gulika**    7:02AM – 8:16AM    **Magha\* Until 4:03PM**  
**Yama**       1:12PM – 2:26PM       Indra Until 11:23PM  
**Rahu**       9:30AM – 10:44AM       Tailila Until 11:49AM  
Navami\* Until 1:03AM Sun


**Ganesha:** Purple      *Sunrise: 7:02AM*  
**Muruga:** Clear      *Sunset: 4:54PM*  
**Nataraja:** White  
Moon – Red  
**Kartika•Aipasi**

Des Moines, IA  
Sun 8    Sutra 216  
Jaya 5116  
Moon 11 - Phase 29  
Navami  
**Subha Sivaloka Day**



Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

All times are standard time

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<b>1</b>	<b>Sunday, November 16, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Dashamyam Titau				Des Moines, IA	
	Simha Rasi: 20.13	Tithi 25	751349264	<b>Gulika</b> 2:26PM – 3:39PM <b>Yama</b> 11:58AM – 1:12PM <b>Rahu</b> 3:39PM – 4:53PM	<b>Purvaphalguni Until 6:56PM</b> Vaidhriti* Until 12:06AM Mon Vanija Until 2:17PM <b>Dashami Until 3:24AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:03AM</i> <b>Muruga:</b> Clear <i>Sunset: 4:53PM</i> <b>Nataraja:</b> White Moon – Red <b>Karttika-Karttikai</b>	Sun 9 Sutra 217 Jaya 5116 Moon 11 - Phase 30 2nd Phase <b>Subha Sivaloka Day</b>	
	Creative Work Siddha Yoga Until 6:56PM Then Creative Work - Amrita Yoga							
<b>2</b>	<b>Monday, November 17, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vishkamba* Yoga Bava/Balava Karana Ekadashyam Titau				Des Moines, IA	
	Kanya Rasi: 2.11	Tithi 26	751349265	<b>Gulika</b> 1:12PM – 2:25PM <b>Yama</b> 10:45AM – 11:58AM <b>Rahu</b> 8:18AM – 9:31AM	<b>Uttaraphalguni Until 9:19PM</b> Vishkamba* Until 12:33AM Tue Bava Until 4:26PM <b>Ekadashi* Until 5:18AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:04AM</i> <b>Muruga:</b> Clear <i>Sunset: 4:52PM</i> <b>Nataraja:</b> Yellow Moon – Red <b>Karttika-Karttikai</b>	Sun 10 Sutra 218 Jaya 5116 Moon 11 - Phase 30 2nd Phase <b>Sivaloka Day</b>	
	Creative Work Siddha Yoga							
<b>3</b>	<b>Tuesday, November 18, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Priti Yoga Kaulava Karana Dvadashyam Titau				Des Moines, IA	
	Kanya Rasi: 14.19	Tithi 27	761349265	<b>Gulika</b> 11:58AM – 1:12PM <b>Yama</b> 9:32AM – 10:45AM <b>Rahu</b> 2:25PM – 3:38PM	<b>Hasta Until 11:30PM</b> Priti Until 12:34AM Wed Kaulava Until 6:04PM <b>Dvadashi* Until 6:38AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:05AM</i> <b>Muruga:</b> Clear <i>Sunset: 4:52PM</i> <b>Nataraja:</b> Yellow Moon – Green <b>Karttika-Karttikai</b>	Sun 11 Sutra 219 Jaya 5116 Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>	
	Creative Work Siddha Yoga							
<b>4</b>	<b>Wednesday, November 19, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Ayushman Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA	
	Kanya Rasi: 26.42	Tithi 27 – 28	761349265	<b>Gulika</b> 10:46AM – 11:59AM <b>Yama</b> 8:19AM – 9:32AM <b>Rahu</b> 11:59AM – 1:12PM	<b>Chitra Until 12:53AM Thu</b> Ayushman Until 12:03AM Thu Gara Until 7:04PM <b>Dvadashi* Until 6:38AM</b> <i>Pradosha Vrata (Fasting)</i>	<b>Ganesha:</b> Clear <i>Sunrise: 7:06AM</i> <b>Muruga:</b> Clear <i>Sunset: 4:51PM</i> <b>Nataraja:</b> Yellow Moon – Green <b>Karttika-Karttikai</b>	Sun 12 Sutra 220 Jaya 5116 Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>	
	Creative Work Siddha Yoga Until 12:53AM Thu Then Creative Work - Amrita Yoga							
<b>5</b>	<b>Thursday, November 20, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA	
	Tula Rasi: 9.23	Tithi 28 – 29	761349265	<b>Gulika</b> 9:33AM – 10:46AM <b>Yama</b> 7:07AM – 8:20AM <b>Rahu</b> 1:12PM – 2:25PM	<b>Svati Until 1:27AM Fri</b> Saubhagya Until 11:02PM Visti Until 7:22PM <b>Trayodashi* Until 7:17AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:07AM</i> <b>Muruga:</b> Clear <i>Sunset: 4:50PM</i> <b>Nataraja:</b> Yellow Moon – Green <b>Karttika-Karttikai</b>	Sun 13 Sutra 221 Jaya 5116 Moon 11 - Phase 30 2nd Phase <b>Devaloka Day</b>	
	Creative Work Amrita Yoga Until 1:27AM Fri Then Creative Work - Siddha Yoga							
	<b>Friday, November 21, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA	
	<b>Retreat Star</b>		Tula Rasi: 22.24	Tithi 29 – 30	772349265	<b>Gulika</b> 8:21AM – 9:34AM <b>Yama</b> 2:24PM – 3:37PM <b>Rahu</b> 10:46AM – 11:59AM	<b>Vishakha Until 1:41AM Sat</b> Sobhana Until 9:29PM Catuspada Until 6:59PM <b>Chaturdashi* Until 7:14AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:09AM</i> <b>Muruga:</b> Clear <i>Sunset: 4:50PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Karttika-Karttikai</b>
	Creative Work Siddha Yoga							
	<b>Saturday, November 22, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Athiganda* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Des Moines, IA	
	<b>Retreat Star</b>		Vrischika Rasi: 5.45	Tithi 30 – 1	772349265	<b>Gulika</b> 7:10AM – 8:22AM <b>Yama</b> 1:12PM – 2:24PM <b>Rahu</b> 9:35AM – 10:47AM	<b>Anuradha Until 1:12AM Sun</b> Athiganda* Until 7:28PM Kintughna Until 6:01PM <b>Amavasya* Until 6:33AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:10AM</i> <b>Muruga:</b> Clear <i>Sunset: 4:49PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Margasira-Karttikai</b>
	Creative Work Siddha Yoga Until 1:12AM Sun Then Routine Work - Marana Yoga							



If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>	<b>Sunday, November 23, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	782359265	782359265	<b>Gulika</b> 2:24PM – 3:36PM <b>Yama</b> 12:00PM – 1:12PM <b>Rahu</b> 3:36PM – 4:48PM	<b>Jyeshtha* Until 12:09AM Mon</b> Sukarma Until 5:05PM Balava Until 4:34PM <b>Dvitiya Until 3:41AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:11AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:48PM</i> <b>Nataraja:</b> Yellow Moon – Orange <b>Margasira-Karttikai</b>	Sun 16 Sutra 224 Jaya 5116 Moon 11 - Phase 31 3rd Phase	<b>Devaloka Day</b>
Routine Work Marana Yoga Until 12:09AM Mon Then Creative Work - Siddha Yoga							
<b>2</b>	<b>Monday, November 24, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Dhriti/Shula* Yoga Tailila/Gara Karana Tritiyayam Titau				Des Moines, IA
	782359265	782359265	<b>Gulika</b> 1:12PM – 2:24PM <b>Yama</b> 10:48AM – 12:00PM <b>Rahu</b> 8:24AM – 9:36AM	<b>Mula* Until 11:04PM</b> Dhriti Until 2:25PM Tailila Until 2:45PM <b>Tritiya Until 1:44AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:12AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:48PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Margasira-Karttikai</b>	Sun 17 Sutra 225 Jaya 5116 Moon 11 - Phase 31 3rd Phase	<b>Devaloka Day</b>
Dhanus Rasi: 3.19 Tithi 3 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 11:04PM Then Routine Work - Marana Yoga							
<b>3</b>	<b>Tuesday, November 25, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Des Moines, IA
	782359265	782359265	<b>Gulika</b> 12:00PM – 1:12PM <b>Yama</b> 9:37AM – 10:49AM <b>Rahu</b> 2:24PM – 3:35PM	<b>Purvashadha* Until 9:40PM</b> Shula* Until 11:33AM Vanija Until 12:42PM <b>Chaturthi* Until 11:37PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:13AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:47PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Margasira-Karttikai</b>	Sun 18 Sutra 226 Jaya 5116 Moon 11 - Phase 31 3rd Phase	<b>Devaloka Day</b>
Dhanus Rasi: 17.24 Tithi 4 Creative Work Siddha Yoga Until 9:40PM Then Routine Work - Prabalarishta Yoga							
<b>4</b>	<b>Wednesday, November 26, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Ganda*/Vridhii Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
	782359265	782359265	<b>Gulika</b> 10:49AM – 12:01PM <b>Yama</b> 8:26AM – 9:37AM <b>Rahu</b> 12:01PM – 1:12PM	<b>Uttarashadha Until 8:02PM</b> Ganda* Until 8:35AM Bava Until 10:32AM <b>Panchami Until 9:25PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:14AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:47PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Margasira-Karttikai</b>	Sun 19 Sutra 227 Jaya 5116 Moon 11 - Phase 31 3rd Phase	<b>Devaloka Day</b>
Makara Rasi: 1.35 Tithi 5 Creative Work Amrita Yoga Until 8:02PM Then Creative Work - Siddha Yoga							
<b>5</b>	<b>Thursday, November 27, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Dhruva Yoga Kaulava/Tailila Karana Shashthyam Titau				Des Moines, IA
	792359265	792359265	<b>Gulika</b> 9:38AM – 10:50AM <b>Yama</b> 7:15AM – 8:27AM <b>Rahu</b> 1:12PM – 2:24PM	<b>Shravana Until 6:41PM</b> Dhruva Until 2:38AM Fri Kaulava Until 8:21AM <b>Shashthi* Until 7:15PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:15AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:46PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Margasira-Karttikai</b>	Sun 20 Sutra 228 Jaya 5116 Moon 11 - Phase 31 3rd Phase	<b>Sivaloka Day</b>
Makara Rasi: 15.49 Tithi 6 Creative Work Siddha Yoga							
<b>6</b>	<b>Friday, November 28, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyaghata* Yoga Gara/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA
	792359265	792359265	<b>Gulika</b> 8:28AM – 9:39AM <b>Yama</b> 2:24PM – 3:35PM <b>Rahu</b> 10:50AM – 12:01PM	<b>Dhanishtha Until 5:16PM</b> Vyaghata* Until 11:44PM Gara Until 6:12AM <b>Saptami Until 5:08PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:17AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:46PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Margasira-Karttikai</b>	Sun 21 Sutra 229 Jaya 5116 Moon 11 - Phase 31 3rd Phase	<b>Sivaloka Day</b>
Kumbha Rasi: 0 Tithi 7 – 8 Creative Work Siddha Yoga							
	<b>Saturday, November 29, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaprosarthpada* Nakshatra Harshana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
	792359265	792359265	<b>Gulika</b> 7:18AM – 8:29AM <b>Yama</b> 1:13PM – 2:24PM <b>Rahu</b> 9:40AM – 10:51AM	<b>Shatabhishak Until 3:50PM</b> Harshana Until 8:57PM Balava Until 2:13AM Sun <b>Ashtami* Until 3:08PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 7:18AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:46PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Margasira-Karttikai</b>	Sun 22 Sutra 230 Jaya 5116 Moon 11 - Phase 31 Ashtami	<b>Sivaloka Day</b>
Kumbha Rasi: 14.08 Tithi 8 – 9 Creative Work Amrita Yoga Until 3:50PM Then Routine Work - Marana Yoga							
	<b>Sunday, November 30, 2014</b>		Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthpada*/Uttaraprosarthpada Nakshatra Vajra* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Des Moines, IA
	712359265	712359265	<b>Gulika</b> 2:24PM – 3:34PM <b>Yama</b> 12:02PM – 1:13PM <b>Rahu</b> 3:34PM – 4:45PM	<b>Purvaprosarthpada* Until 2:48PM</b> Vajra* Until 6:15PM Tailila Until 12:25AM Mon <b>Navami* Until 1:17PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:19AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:45PM</i> <b>Nataraja:</b> Yellow Moon – Clear <b>Margasira-Karttikai</b>	Sun 23 Sutra 231 Jaya 5116 Moon 11 - Phase 31 Navami	<b>Sivaloka Day</b>
Kumbha Rasi: 28.11 Tithi 9 – 10 Creative Work Siddha Yoga Until 2:48PM Then Creative Work - Amrita Yoga							

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

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<b>1</b>	<b>Monday, December 1, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Des Moines, IA
	Meena Rasi: 12.09    Tithi 10 – 11 Family Home Evening    712359265 Creative Work    Siddha Yoga	<b>Gulika</b> 1:13PM – 2:24PM <b>Yama</b> 10:52AM – 12:02PM <b>Rahu</b> 8:30AM – 9:41AM	<b>Uttaraproshtapada</b> Until 1:46PM <b>Siddhi</b> Until 3:41PM <b>Vanija</b> Until 10:48PM <b>Dashami</b> Until 11:34AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:20AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:45PM <b>Nataraja:</b> Yellow Moon – Clear <b>Margasira•Karttikai</b>	Sun 24    Sutra 232 Jaya 5116 Moon 11 - Phase 32 4th Phase <b>Sivaloka Day</b>
<b>2</b>	<b>Tuesday, December 2, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Des Moines, IA
	Meena Rasi: 26.01    Tithi 11 – 12 712359265 Creative Work    Siddha Yoga	<b>Gulika</b> 12:03PM – 1:13PM <b>Yama</b> 9:42AM – 10:52AM <b>Rahu</b> 2:24PM – 3:34PM	<b>Revati</b> Until 12:47PM <b>Vyatipata*</b> Until 1:16PM <b>Bava</b> Until 9:21PM <b>Ekadashi</b> Until 10:02AM	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:21AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:45PM <b>Nataraja:</b> Yellow Moon – Clear <b>Margasira•Karttikai</b>	Sun 25    Sutra 233 Jaya 5116 Moon 11 - Phase 32 4th Phase <b>Sivaloka Day</b>
<b>3</b>	<b>Wednesday, December 3, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Des Moines, IA
	Mesha Rasi: 9.45    Tithi 12 – 13 722359265 Routine Work    Marana Yoga Until 12:16PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 10:53AM – 12:03PM <b>Yama</b> 8:32AM – 9:42AM <b>Rahu</b> 12:03PM – 1:13PM	<b>Ashvini</b> Until 12:16PM <b>Variyan</b> Until 11:00AM <b>Kaulava</b> Until 8:08PM <b>Dvadashi</b> Until 8:41AM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:22AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:44PM <b>Nataraja:</b> Yellow Moon – White <b>Margasira•Karttikai</b>	Sun 26    Sutra 234 Jaya 5116 Moon 11 - Phase 32 4th Phase <b>Devaloka Day</b>
<b>4</b>	<b>Thursday, December 4, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Parigha*/Shiva Yoga Talila/Gara Karana Trayodashi/Chaturdashyam Titau			Des Moines, IA
	Mesha Rasi: 23.21    Tithi 13 – 14 723359265 Creative Work    Siddha Yoga Until 11:53AM Then Routine Work - Marana Yoga	<b>Gulika</b> 9:43AM – 10:53AM <b>Yama</b> 7:23AM – 8:33AM <b>Rahu</b> 1:14PM – 2:24PM  <b>Krittika Deepam</b>	<b>Bharani</b> Until 11:53AM <b>Parigha*</b> Until 8:56AM <b>Gara</b> Until 7:12PM <b>Trayodashi</b> Until 7:36AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:23AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:44PM <b>Nataraja:</b> Yellow Moon – White <b>Margasira•Karttikai</b>	Sun 27    Sutra 235 Jaya 5116 Moon 11 - Phase 32 4th Phase <b>Devaloka Day</b>
	<b>Friday, December 5, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Des Moines, IA
	<b>Copper Retreat Star</b> Vrishabha Rasi: 6.46    Tithi 14 – 15 723359265 Creative Work    Siddha Yoga Until 11:40AM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:34AM – 9:44AM <b>Yama</b> 2:24PM – 3:34PM <b>Rahu</b> 10:54AM – 12:04PM	<b>Krittika</b> Until 11:40AM <b>Shiva</b> Until 7:09AM <b>Visti</b> Until 6:37PM <b>Chaturdashi*</b> Until 6:50AM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:24AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:44PM <b>Nataraja:</b> Yellow Moon – White <b>Margasira•Karttikai</b>	Sun 28    Sutra 236 Jaya 5116 Moon 11 - Phase 32 Purnima <b>Devaloka Day</b>
	<b>Saturday, December 6, 2014</b>	Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Des Moines, IA
	<b>Silver Retreat Star</b> Vrishabha Rasi: 19.59    Tithi 15 – 16 733359265 Creative Work    Amrita Yoga Until 12:08PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 7:25AM – 8:35AM <b>Yama</b> 1:14PM – 2:24PM <b>Rahu</b> 9:45AM – 10:54AM	<b>Rohini</b> Until 12:08PM <b>Sadhya</b> Until 4:30AM Sun <b>Balava</b> Until 6:28PM <b>Purnima*</b> Until 6:28AM <b>Vinayaga Viratam Begins</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 7:25AM <b>Muruqa:</b> Purple <i>Sunset:</i> 4:44PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Margasira•Karttikai</b>	Sun 29    Sutra 237 Jaya 5116 Moon 11 - Phase 32 Prathama <b>Sivaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

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**Sunday, December 7, 2014**  
**Gold Retreat Star**

Mithuna Rasi: 2.57    Tithi 16 – 17  
733359265  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Des Moines, IA
Mrigashira/Ardra Nakshatra Subha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sutra 238
<b>Gulika</b>	<b>2:24PM – 3:34PM</b>	<b>Mrigashira Until 12:56PM</b>
<b>Yama</b>	<b>12:05PM – 1:15PM</b>	<b>Subha Until 3:46AM Mon</b>
<b>Rahu</b>	<b>3:34PM – 4:44PM</b>	<b>Taitila Until 6:50PM</b>
		<b>Prathama* Until 6:34AM</b>
<b>Ganesha:</b>	Red	<b>Sunrise: 7:26AM</b>
<b>Muruga:</b>	Purple	<b>Sunset: 4:44PM</b>
<b>Nataraja:</b>	Yellow	
Moon – Yellow		<b>Sivaloka Day</b>
		<b>Margasira-Karttikai</b>

**1** **Monday, December 8, 2014**

Mithuna Rasi: 15.4    Tithi 17 – 18  
**Family Home Evening**    733359265  
Creative Work    Siddha Yoga  
Until 2:06PM  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam		Des Moines, IA
Ardra/Punarvasu Nakshatra Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau		Sun 1    Sutra 239
<b>Gulika</b>	<b>1:15PM – 2:25PM</b>	<b>Ardra Until 2:06PM</b>
<b>Yama</b>	<b>10:56AM – 12:05PM</b>	<b>Sukla Until 3:27AM Tue</b>
<b>Rahu</b>	<b>8:36AM – 9:46AM</b>	<b>Vanija Until 7:44PM</b>
		<b>Dvitiya Until 7:11AM</b>
<b>Ganesha:</b>	Red	<b>Sunrise: 7:27AM</b>
<b>Muruga:</b>	Purple	<b>Sunset: 4:44PM</b>
<b>Nataraja:</b>	Yellow	
Moon – Yellow		<b>Sivaloka Day</b>
		<b>Margasira-Karttikai</b>

**2** **Tuesday, December 9, 2014**

Mithuna Rasi: 28.08    Tithi 18 – 19  
743359265  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam		Des Moines, IA
Punarvasu/Pushya Nakshatra Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau		Sun 2    Sutra 240
<b>Gulika</b>	<b>12:06PM – 1:15PM</b>	<b>Punarvasu Until 4:06PM</b>
<b>Yama</b>	<b>9:47AM – 10:56AM</b>	<b>Brahma Until 3:33AM Wed</b>
<b>Rahu</b>	<b>2:25PM – 3:34PM</b>	<b>Bava Until 9:12PM</b>
		<b>Tritiya Until 8:22AM</b>
<b>Ganesha:</b>	Green	<b>Sunrise: 7:27AM</b>
<b>Muruga:</b>	Purple	<b>Sunset: 4:44PM</b>
<b>Nataraja:</b>	Yellow	
Moon – Blue		<b>Devaloka Day</b>
		<b>Margasira-Karttikai</b>

**3** **Wednesday, December 10, 2014**

Kataka Rasi: 10.23    Tithi 19 – 20  
743459265  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam		Des Moines, IA
Pushya Nakshatra Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau		Sun 3    Sutra 241
<b>Gulika</b>	<b>10:57AM – 12:06PM</b>	<b>Pushya Until 6:28PM</b>
<b>Yama</b>	<b>8:38AM – 9:47AM</b>	<b>Indra Until 4:02AM Thu</b>
<b>Rahu</b>	<b>12:06PM – 1:16PM</b>	<b>Kaulava Until 11:11PM</b>
		<b>Chaturthi* Until 10:06AM</b>
<b>Ganesha:</b>	White	<b>Sunrise: 7:28AM</b>
<b>Muruga:</b>	Purple	<b>Sunset: 4:44PM</b>
<b>Nataraja:</b>	Yellow	
Moon – Blue		<b>Devaloka Day</b>
		<b>Margasira-Karttikai</b>

**4** **Thursday, December 11, 2014**

Kataka Rasi: 22.25    Tithi 20 – 21  
743459265  
Creative Work    Siddha Yoga  
Until 9:04PM  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam		Des Moines, IA
Ashlesha* Nakshatra Vaidhriti* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau		Sun 4    Sutra 242
<b>Gulika</b>	<b>9:48AM – 10:57AM</b>	<b>Ashlesha* Until 9:04PM</b>
<b>Yama</b>	<b>7:29AM – 8:39AM</b>	<b>Vaidhriti* Until 4:47AM Fri</b>
<b>Rahu</b>	<b>1:16PM – 2:25PM</b>	<b>Gara Until 1:34AM Fri</b>
		<b>Panchami Until 12:19PM</b>
<b>Ganesha:</b>	White	<b>Sunrise: 7:29AM</b>
<b>Muruga:</b>	Purple	<b>Sunset: 4:44PM</b>
<b>Nataraja:</b>	Yellow	
Moon – Blue		<b>Devaloka Day</b>
		<b>Margasira-Karttikai</b>

**5** **Friday, December 12, 2014**

Simha Rasi: 4.19    Tithi 21 – 22  
753459265  
Routine Work    Marana Yoga  
Until 12:15AM Sat  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam		Des Moines, IA
Magha* Nakshatra Vishkamba* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau		Sun 5    Sutra 243
<b>Gulika</b>	<b>8:39AM – 9:49AM</b>	<b>Magha* Until 12:15AM Sat</b>
<b>Yama</b>	<b>2:26PM – 3:35PM</b>	<b>Vishkamba* Until 5:42AM Sat</b>
<b>Rahu</b>	<b>10:58AM – 12:07PM</b>	<b>Visti Until 4:12AM Sat</b>
		<b>Shashthi* Until 2:51PM</b>
<b>Ganesha:</b>	Clear	<b>Sunrise: 7:30AM</b>
<b>Muruga:</b>	Purple	<b>Sunset: 4:44PM</b>
<b>Nataraja:</b>	Yellow	
Moon – Red		<b>Sivaloka Day</b>
		<b>Margasira-Karttikai</b>

**6** **Saturday, December 13, 2014**

Simha Rasi: 16.09    Tithi 22 – 23  
753459265  
Creative Work    Siddha Yoga  
Until 3:19AM Sun  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam		Des Moines, IA
Purvaphalguni Nakshatra Priti Yoga Bava/Balava Karana Saptami/Ashtamyam Titau		Sun 6    Sutra 244
<b>Gulika</b>	<b>7:31AM – 8:40AM</b>	<b>Purvaphalguni Until 3:19AM Sun</b>
<b>Yama</b>	<b>1:17PM – 2:26PM</b>	<b>Priti Until 6:37AM Sun</b>
<b>Rahu</b>	<b>9:49AM – 10:58AM</b>	<b>Balava Until 6:49AM Sun</b>
		<b>Saptami Until 5:30PM</b>
<b>Ganesha:</b>	Clear	<b>Sunrise: 7:31AM</b>
<b>Muruga:</b>	Purple	<b>Sunset: 4:44PM</b>
<b>Nataraja:</b>	Yellow	
Moon – Red		<b>Sivaloka Day</b>
		<b>Margasira-Karttikai</b>

**Sunday, December 14, 2014**  
**Retreat Star**

Simha Rasi: 27.59    Tithi 23  
753459265  
Creative Work    Amrita Yoga  
Until 5:59AM Mon  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam		Des Moines, IA
Uttaraphalguni Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau		Sun 7    Sutra 245
<b>Gulika</b>	<b>2:26PM – 3:35PM</b>	<b>Uttaraphalguni Until 5:59AM Mon</b>
<b>Yama</b>	<b>12:08PM – 1:17PM</b>	<b>Priti Until 6:37AM</b>
<b>Rahu</b>	<b>3:35PM – 4:45PM</b>	<b>Balava Until 6:49AM</b>
		<b>Ashtami* Until 8:02PM</b>
<b>Ganesha:</b>	Clear	<b>Sunrise: 7:32AM</b>
<b>Muruga:</b>	Purple	<b>Sunset: 4:45PM</b>
<b>Nataraja:</b>	Yellow	
Moon – Red		<b>Sivaloka Day</b>
		<b>Margasira-Karttikai</b>

**Monday, December 15, 2014**  
**Retreat Star**

Kanya Rasi: 9.55    Tithi 24  
**Family Home Evening**    753459265  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam		Des Moines, IA
Hasta Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau		Sun 8    Sutra 246
<b>Gulika</b>	<b>1:18PM – 2:27PM</b>	<b>Hasta Until 8:32AM Tue</b>
<b>Yama</b>	<b>10:59AM – 12:09PM</b>	<b>Ayushman Until 7:18AM</b>
<b>Rahu</b>	<b>8:41AM – 9:50AM</b>	<b>Taitila Until 9:11AM</b>
		<b>Navami* Until 10:10PM</b>
<b>Ganesha:</b>	Clear	<b>Sunrise: 7:32AM</b>
<b>Muruga:</b>	Purple	<b>Sunset: 4:45PM</b>
<b>Nataraja:</b>	Yellow	
Moon – Red		<b>Sivaloka Day</b>
		<b>Margasira-Markali</b>

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

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<b>1</b>	<b>Tuesday, December 16, 2014</b>		Jaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam				Des Moines, IA
	Kanya Rasi: 22.02      Tithi 25		Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau				Sun 9      Sutra 247 Jaya 5116
	Creative Work	Siddha Yoga	<b>Gulika</b> 12:09PM – 1:18PM	<b>Hasta Until 8:32AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:33AM		
		863459265	<b>Yama</b> 9:51AM – 11:00AM	<b>Saubhagya Until 7:38AM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 4:45PM	Moon 12 - Phase 34	
			<b>Rahu</b> 2:27PM – 3:36PM	<b>Vanija Until 11:02AM</b>	<b>Nataraja:</b> Yellow	2nd Phase	
				<b>Dashami Until 11:40PM</b>	<b>Moon – Green</b>	<b>Sivaloka Day</b>	
					<b>Margasira*Markali</b>		

<b>2</b>	<b>Wednesday, December 17, 2014</b>		Jaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Des Moines, IA
	Tula Rasi: 4.26      Tithi 26		Chitra/Svati Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau				Sun 10      Sutra 248 Jaya 5116
	Creative Work	Siddha Yoga	<b>Gulika</b> 11:01AM – 12:10PM	<b>Chitra Until 10:14AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:34AM		
		863459265	<b>Yama</b> 8:43AM – 9:52AM	<b>Sobhana Until 7:28AM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 4:45PM	Moon 12 - Phase 34	
			<b>Rahu</b> 12:10PM – 1:19PM	<b>Bava Until 12:10PM</b>	<b>Nataraja:</b> Yellow	2nd Phase	
				<b>Ekadashi* Until 12:24AM Thu</b>	<b>Moon – Green</b>	<b>Sivaloka Day</b>	
					<b>Margasira*Markali</b>		

<b>3</b>	<b>Thursday, December 18, 2014</b>		Jaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam				Des Moines, IA
	Tula Rasi: 17.11      Tithi 27		Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Sun 11      Sutra 249 Jaya 5116
	Creative Work	Amrita Yoga	<b>Gulika</b> 9:52AM – 11:01AM	<b>Svati Until 11:01AM</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 7:34AM		
	Until 11:01AM		<b>Yama</b> 7:34AM – 8:43AM	<b>Athiganda* Until 6:39AM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 4:46PM	Moon 12 - Phase 34	
	Then Creative Work - Siddha Yoga		<b>Rahu</b> 1:19PM – 2:28PM	<b>Kaulava Until 12:29PM</b>	<b>Nataraja:</b> Yellow	2nd Phase	
				<b>Dvadashi* Until 12:18AM Fri</b>	<b>Moon – Green</b>	<b>Sivaloka Day</b>	
					<b>Margasira*Markali</b>		

<b>4</b>	<b>Friday, December 19, 2014</b>		Jaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam				Des Moines, IA
	Vrischika Rasi: 0.21      Tithi 28		Vishakha/Anuradha Nakshatra Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau				Sun 12      Sutra 250 Jaya 5116
	Creative Work	Siddha Yoga	<b>Gulika</b> 8:44AM – 9:53AM	<b>Vishakha Until 11:18AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:35AM		
		874459265	<b>Yama</b> 2:28PM – 3:37PM	<b>Dhriti Until 3:10AM Sat</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 4:46PM	Moon 12 - Phase 34	
			<b>Rahu</b> 11:02AM – 12:11PM	<b>Gara Until 11:58AM</b>	<b>Nataraja:</b> Yellow	2nd Phase	
				<b>Trayodashi* Until 11:24PM</b>	<b>Moon – Orange</b>	<b>Devaloka Day</b>	
					<b>Margasira*Markali</b>		
					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Saturday, December 20, 2014</b>		Jaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam				Des Moines, IA
	Vrischika Rasi: 13.57      Tithi 29		Anuradha/Jyeshtha* Nakshatra Shula* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Sun 13      Sutra 251 Jaya 5116
	Creative Work	Siddha Yoga	<b>Gulika</b> 7:35AM – 8:44AM	<b>Anuradha Until 10:41AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:35AM		
		874459265	<b>Yama</b> 1:20PM – 2:29PM	<b>Shula* Until 12:33AM Sun</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 4:47PM	Moon 12 - Phase 34	
			<b>Rahu</b> 9:53AM – 11:02AM	<b>Visti Until 10:41AM</b>	<b>Nataraja:</b> Yellow	2nd Phase	
				<b>Chaturdashi* Until 9:47PM</b>	<b>Moon – Orange</b>	<b>Devaloka Day</b>	
					<b>Margasira*Markali</b>		



	<b>Sunday, December 21, 2014</b>		Jaya Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam				Des Moines, IA
	<b>Retreat Star</b>		Jyeshtha*/Mula* Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Sun 14      Sutra 252 Jaya 5116
	Vrischika Rasi: 27.57      Tithi 30		<b>Gulika</b> 2:29PM – 3:38PM	<b>Jyeshtha* Until 9:18AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 7:36AM		
		874459265	<b>Yama</b> 12:12PM – 1:20PM	<b>Ganda* Until 9:31PM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 4:47PM	Moon 12 - Phase 34	
	Routine Work	Marana Yoga	<b>Rahu</b> 3:38PM – 4:47PM	<b>Catuspada Until 8:47AM</b>	<b>Nataraja:</b> Yellow	Amavasya	
	Until 9:18AM			<b>Amavasya* Until 7:37PM</b>	<b>Moon – Orange</b>	<b>Devaloka Day</b>	
	Then Creative Work - Amrita Yoga		<b>Day 1 of Pancha Ganapati</b>		<b>Margasira*Markali</b>		

<b>Monday, December 22, 2014</b>	<b>Retreat Star</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Des Moines, IA
	Dhanus Rasi: 12.17      Tithi 1 – 2		Mula*/Purvashadha* Nakshatra Vriddhi Yoga Kintughna*/Balava Karana Prathama/Dvitiyayam Titau				Sun 15      Sutra 253 Jaya 5116
	<b>Family Home Evening</b>		<b>Gulika</b> 1:21PM – 2:30PM	<b>Mula* Until 7:43AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:36AM		
		884459265	<b>Yama</b> 11:03AM – 12:12PM	<b>Vriddhi Until 6:11PM</b>	<b>Muruga:</b> Purple <i>Sunset:</i> 4:48PM	Moon 12 - Phase 34	
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:45AM – 9:54AM	<b>Kintughna Until 6:23AM</b>	<b>Nataraja:</b> Yellow	Prathama	
	Until 7:43AM			<b>Prathama* Until 5:02PM</b>	<b>Moon – Light Blue</b>	<b>Devaloka Day</b>	
	Then Routine Work - Marana Yoga		<b>Day 2 of Pancha Ganapati</b>		<b>Pausha*Markali</b>		

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

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<b>1</b>	<b>Tuesday, December 23, 2014</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
	Dhanus Rasi: 26.5	Tithi 2 – 3	894459265	<b>Gulika</b> 12:13PM – 1:21PM <b>Yama</b> 9:55AM – 11:04AM <b>Rahu</b> 2:30PM – 3:39PM	<b>Uttarashadha Until 3:23AM Wed</b> Dhruva Until 2:38PM Taitila Until 12:47AM Wed <b>Dvitiya Until 2:13PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 7:37AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:48PM</i> <b>Nataraja:</b> Yellow Moon – Light Blue <b>Pausha-Markali</b>	Sun 16 Sutra 254 Jaya 5116 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>
Routine Work Prabalarishta Yoga Until 3:23AM Wed Then Creative Work - Siddha Yoga			<b>Day 3 of Pancha Ganapati</b>				
<b>2</b>	<b>Wednesday, December 24, 2014</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Des Moines, IA
	Makara Rasi: 11.3	Tithi 3 – 4	894459265	<b>Gulika</b> 11:04AM – 12:13PM <b>Yama</b> 8:46AM – 9:55AM <b>Rahu</b> 12:13PM – 1:22PM	<b>Shravana Until 1:21AM Thu</b> Vyaghata* Until 11:01AM Vanija Until 9:53PM <b>Tritiya Until 11:18AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:37AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:49PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>	Sun 17 Sutra 255 Jaya 5116 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga			<b>Day 4 of Pancha Ganapati</b>				
<b>3</b>	<b>Thursday, December 25, 2014</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Makara Rasi: 26.09	Tithi 4 – 5	894459265	<b>Gulika</b> 9:56AM – 11:05AM <b>Yama</b> 7:38AM – 8:47AM <b>Rahu</b> 1:23PM – 2:31PM	<b>Dhanishtha Until 11:19PM</b> Harshana Until 7:28AM Bava Until 7:07PM <b>Chaturthi* Until 8:27AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:38AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:49PM</i> <b>Nataraja:</b> Yellow Moon – Purple <b>Pausha-Markali</b>	Sun 18 Sutra 256 Jaya 5116 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga			<b>Day 5 of Pancha Ganapati</b>				
<b>4</b>	<b>Friday, December 26, 2014</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthiyam Titau				Des Moines, IA
	Kumbha Rasi: 10.41	Tithi 6	894459266	<b>Gulika</b> 8:47AM – 9:56AM <b>Yama</b> 2:32PM – 3:41PM <b>Rahu</b> 11:05AM – 12:14PM	<b>Shatabhishak Until 9:25PM</b> Siddhi Until 12:51AM Sat Kaulava Until 4:35PM <b>Shashthi* Until 3:25AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 7:38AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:50PM</i> <b>Nataraja:</b> Red Moon – Purple <b>Pausha-Markali</b>	Sun 19 Sutra 257 Jaya 5116 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga			<b>Vinayaga Viratam Ends</b>				
<b>5</b>	<b>Saturday, December 27, 2014</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA
	Kumbha Rasi: 25	Tithi 7	814459266	<b>Gulika</b> 7:38AM – 8:47AM <b>Yama</b> 1:24PM – 2:33PM <b>Rahu</b> 9:57AM – 11:06AM	<b>Purvaproshtapada* Until 8:07PM</b> Vyatipata* Until 9:57PM Gara Until 2:22PM <b>Saptami Until 1:23AM Sun</b>	<b>Ganesha:</b> White <i>Sunrise: 7:38AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:51PM</i> <b>Nataraja:</b> Red Moon – Clear <b>Pausha-Markali</b>	Sun 20 Sutra 258 Jaya 5116 Moon 12 - Phase 35 3rd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga Until 8:07PM Then Creative Work - Siddha Yoga							
	<b>Sunday, December 28, 2014</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
	<b>Retreat Star</b>			<b>Gulika</b> 2:33PM – 3:42PM <b>Yama</b> 12:15PM – 1:24PM <b>Rahu</b> 3:42PM – 4:51PM	<b>Uttaraproshtapada Until 7:04PM</b> Variyan Until 7:21PM Visti Until 12:32PM <b>Ashtami* Until 11:45PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:39AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:51PM</i> <b>Nataraja:</b> Red Moon – Clear <b>Pausha-Markali</b>	Sun 21 Sutra 259 Jaya 5116 Moon 12 - Phase 35 Ashtami <b>Devaloka Day</b>
Meena Rasi: 9.05 Tithi 8 814459266 Creative Work Amrita Yoga							
	<b>Monday, December 29, 2014</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	<b>Retreat Star</b>			<b>Gulika</b> 1:25PM – 2:34PM <b>Yama</b> 11:06AM – 12:16PM <b>Rahu</b> 8:48AM – 9:57AM	<b>Revati Until 6:16PM</b> Parigha* Until 5:04PM Balava Until 11:07AM <b>Navami* Until 10:32PM</b>	<b>Ganesha:</b> White <i>Sunrise: 7:39AM</i> <b>Muruga:</b> Purple <i>Sunset: 4:52PM</i> <b>Nataraja:</b> Red Moon – Clear <b>Pausha-Markali</b>	Sun 22 Sutra 260 Jaya 5116 Moon 12 - Phase 35 Navami <b>Devaloka Day</b>
Meena Rasi: 22.56 Tithi 9 814459266 Family Home Evening Creative Work Siddha Yoga							

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, "Fear not." Tirumurai 11

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<b>1</b>	<b>Tuesday, December 30, 2014</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Shiva/Siddha Yoga Tailila/Gara Karana Dashamyam Titau				Des Moines, IA
	Mesha Rasi: 6.32	Tilthi 10	<b>Gulika</b> 12:16PM – 1:25PM	<b>Ashvini</b> Until 6:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:39AM	Sun 23 Sutra 261 Jaya 5116
	824459266		<b>Yama</b> 9:58AM – 11:07AM	Shiva Until 3:07PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:53PM	Moon 12 - Phase 36
	Creative Work Siddha Yoga		<b>Rahu</b> 2:34PM – 3:44PM	Tailila Until 10:05AM	<b>Nataraja:</b> Red		4th Phase
			<b>Dashami</b> Until 9:42PM	<b>Pausha-Markali</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Wednesday, December 31, 2014</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Ekadashyam Titau				Des Moines, IA
	Mesha Rasi: 19.55	Tilthi 11	<b>Gulika</b> 11:07AM – 12:17PM	<b>Bharani</b> Until 6:14PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:39AM	Sun 24 Sutra 262 Jaya 5116
	825459266		<b>Yama</b> 8:49AM – 9:58AM	Siddha Until 1:25PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:54PM	Moon 12 - Phase 36
	Creative Work Siddha Yoga		<b>Rahu</b> 12:17PM – 1:26PM	Vanija Until 9:26AM	<b>Nataraja:</b> Red		4th Phase
			<b>Vaikuntha Ekadasi</b>	<b>Ekadashi</b> Until 9:14PM	<b>Pausha-Markali</b>	<b>Sivaloka Day</b>	
			Until 6:14PM				
			Then Creative Work - Amrita Yoga				

<b>3</b>	<b>Thursday, January 1, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Dvodashyam Titau				Des Moines, IA
	Vrishabha Rasi: 3.06	Tilthi 12	<b>Gulika</b> 9:58AM – 11:08AM	<b>Krittika</b> Until 6:30PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:40AM	Sun 25 Sutra 263 Jaya 5116
	825459266		<b>Yama</b> 7:40AM – 8:49AM	Sadhya Until 12:01PM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36
	Routine Work Marana Yoga		<b>Rahu</b> 1:26PM – 2:36PM	Bava Until 9:09AM	<b>Nataraja:</b> Red		4th Phase
			<b>Dvodashi</b> Until 9:07PM	<b>Pausha-Markali</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Friday, January 2, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Subha/Sukla Yoga Kaulava/Tailila Karana Trayodashyam Titau				Des Moines, IA
	Vrishabha Rasi: 16.07	Tilthi 13	<b>Gulika</b> 8:49AM – 9:59AM	<b>Rohini</b> Until 7:25PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:40AM	Sun 26 Sutra 264 Jaya 5116
	835459266		<b>Yama</b> 2:36PM – 3:46PM	Subha Until 10:54AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:55PM	Moon 12 - Phase 36
	Routine Work Marana Yoga		<b>Rahu</b> 11:08AM – 12:18PM	Kaulava Until 9:12AM	<b>Nataraja:</b> Red		4th Phase
			<b>Trayodashi</b> Until 9:20PM	<b>Pausha-Markali</b>		<b>Devaloka Day</b>	
			Then Creative Work - Siddha Yoga	<i>Pradosha Vrata</i>			

<b>5</b>	<b>Saturday, January 3, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA
	Vrishabha Rasi: 28.58	Tilthi 14	<b>Gulika</b> 7:40AM – 8:49AM	<b>Mrigashira</b> Until 8:32PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:40AM	Sun 27 Sutra 265 Jaya 5116
	835459266		<b>Yama</b> 1:28PM – 2:37PM	Sukla Until 10:01AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:56PM	Moon 12 - Phase 36
	Creative Work Siddha Yoga		<b>Rahu</b> 9:59AM – 11:08AM	Gara Until 9:37AM	<b>Nataraja:</b> Red		4th Phase
			<b>Chaturdashi*</b> Until 9:56PM	<b>Pausha-Markali</b>		<b>Devaloka Day</b>	

	<b>Sunday, January 4, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnimayam Titau				Des Moines, IA
	<b>Copper Retreat Star</b>		<b>Gulika</b> 2:38PM – 3:47PM	<b>Ardra</b> Until 9:52PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:40AM	Sun 28 Sutra 266 Jaya 5116
	Mithuna Rasi: 11.38	Tilthi 15	<b>Yama</b> 12:18PM – 1:28PM	Brahma Until 9:27AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:57PM	Moon 12 - Phase 36
	835559266		<b>Rahu</b> 3:47PM – 4:57PM	Visti Until 10:24AM	<b>Nataraja:</b> Red		Purnima
			<b>Purnima*</b> Until 10:56PM	<b>Pausha-Markali</b>		<b>Devaloka Day</b>	
			Arda Darshanam				

<b>○</b>	<b>Monday, January 5, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Indra/Vaidhrili* Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:29PM – 2:39PM	<b>Punarvasu</b> Until 11:56PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 7:40AM	Sun 29 Sutra 267 Jaya 5116
	Mithuna Rasi: 24.07	Tilthi 16	<b>Yama</b> 11:09AM – 12:19PM	Indra Until 9:12AM	<b>Muruga:</b> Purple	<i>Sunset:</i> 4:58PM	Moon 12 - Phase 36
	845559266		<b>Rahu</b> 8:50AM – 9:59AM	Balava Until 11:36AM	<b>Nataraja:</b> Red		Prathama
			<b>Prathama*</b> Until 12:20AM Tue	<b>Pausha-Markali</b>		<b>Sivaloka Day</b>	
			Subramuniyaswami Jayanti				
			Until 11:56PM				
			Then Creative Work - Siddha Yoga				

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu



**Tuesday, January 6, 2015**  
**Gold Retreat Star**

Kataka Rasi: 6.25      Tithi 17  
845559266  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Vaidhriti\*/Vishkambha\* Yoga Tailila/Gara Karana Dvitiyayam Titau  
**Gulika**    12:19PM – 1:29PM    **Pushya Until 2:14AM Wed**  
**Yama**      10:00AM – 11:09AM    **Vaidhriti\* Until 9:15AM**  
**Rahu**      2:39PM – 3:49PM      **Taitila Until 1:14PM**  
**Dvitiya Until 2:11AM Wed**

Des Moines, IA  
Sutra 268  
Jaya 5116  
Moon 13 - Phase 37  
1st Phase  
**Sivaloka Day**  
Ganesha: Red      Sunrise: 7:40AM  
Muruga: Purple     Sunset: 4:59PM  
Nataraja: Red  
Moon – Blue  
Pausha-Markali



**Wednesday, January 7, 2015**

Kataka Rasi: 18.33      Tithi 18  
845559266  
Creative Work    Siddha Yoga  
Until 4:45AM Thu  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Ashlesha\* Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika**    11:10AM – 12:20PM    **Ashlesha\* Until 4:45AM Thu**  
**Yama**      8:50AM – 10:00AM    **Vishkambha\* Until 9:38AM**  
**Rahu**      12:20PM – 1:30PM    **Vanija Until 3:17PM**  
**Tritiya Until 4:25AM Thu**

Des Moines, IA  
Sun 1      Sutra 269  
Jaya 5116  
Moon 13 - Phase 37  
1st Phase  
**Sivaloka Day**  
Ganesha: Red      Sunrise: 7:40AM  
Muruga: Purple     Sunset: 5:00PM  
Nataraja: Red  
Moon – Blue  
Pausha-Markali



**Thursday, January 8, 2015**

Simha Rasi: 0.31      Tithi 19  
855559266  
Creative Work    Amrita Yoga  
Until 7:54AM Fri  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Chaturthayam Titau  
**Gulika**    10:00AM – 11:10AM    **Magha\* Until 7:54AM Fri**  
**Yama**      7:39AM – 8:50AM      **Priti Until 10:19AM**  
**Rahu**      1:30PM – 2:41PM      **Bava Until 5:42PM**  
**Chaturthi\* Until 6:59AM Fri**

Des Moines, IA  
Sun 2      Sutra 270  
Jaya 5116  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**  
Ganesha: Green    Sunrise: 7:39AM  
Muruga: Purple     Sunset: 5:01PM  
Nataraja: Red  
Moon – Red  
Pausha-Markali



**Friday, January 9, 2015**

Simha Rasi: 12.23      Tithi 19 – 20  
856559266  
Routine Work    Marana Yoga  
Until 7:54AM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika**    8:50AM – 10:00AM    **Magha\* Until 7:54AM**  
**Yama**      2:41PM – 3:52PM      **Ayushman Until 11:10AM**  
**Rahu**      11:10AM – 12:21PM    **Kaulava Until 8:22PM**  
**Chaturthi\* Until 6:59AM**

Des Moines, IA  
Sun 3      Sutra 271  
Jaya 5116  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**  
Ganesha: White    Sunrise: 7:39AM  
Muruga: Purple     Sunset: 5:02PM  
Nataraja: Red  
Moon – Red  
Pausha-Markali



**Saturday, January 10, 2015**

Simha Rasi: 24.11      Tithi 20 – 21  
856559266  
Creative Work    Siddha Yoga  
Until 11:02AM  
Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Tailila/Gara Karana Panchami/Shashthyam Titau  
**Gulika**    7:39AM – 8:50AM      **Purvaphalguni Until 11:02AM**  
**Yama**      1:32PM – 2:42PM      **Saubhagya Until 12:09PM**  
**Rahu**      10:00AM – 11:11AM    **Gara Until 11:06PM**  
**Panchami Until 9:43AM**

Des Moines, IA  
Sun 4      Sutra 272  
Jaya 5116  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**  
Ganesha: White    Sunrise: 7:39AM  
Muruga: Purple     Sunset: 5:03PM  
Nataraja: Red  
Moon – Red  
Pausha-Markali



**Sunday, January 11, 2015**

Kanya Rasi: 5.59      Tithi 21 – 22  
856559266  
Creative Work    Amrita Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana/Atihiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika**    2:43PM – 3:54PM      **Uttaraphalguni Until 1:57PM**  
**Yama**      12:21PM – 1:32PM    **Sobhana Until 1:06PM**  
**Rahu**      3:54PM – 5:04PM      **Visti Until 1:40AM Mon**  
**Shashthi\* Until 12:24PM**

Des Moines, IA  
Sun 5      Sutra 273  
Jaya 5116  
Moon 13 - Phase 37  
1st Phase  
**Devaloka Day**  
Ganesha: White    Sunrise: 7:39AM  
Muruga: Purple     Sunset: 5:04PM  
Nataraja: Red  
Moon – Red  
Pausha-Markali



**Monday, January 12, 2015**  
**Retreat Star**

Kanya Rasi: 17.52      Tithi 22 – 23  
866559266  
**Family Home Evening**  
Creative Work    Siddha Yoga  
Until 4:55PM  
Then Routine Work - Prabalarishta Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika**    1:33PM – 2:44PM      **Hasta Until 4:55PM**  
**Yama**      11:11AM – 12:22PM    **Athiganda\* Until 1:48PM**  
**Rahu**      8:49AM – 10:00AM    **Balava Until 3:49AM Tue**  
**Saptami Until 2:48PM**

Des Moines, IA  
Sun 6      Sutra 274  
Jaya 5116  
Moon 13 - Phase 37  
Ashtami  
**Sivaloka Day**  
Ganesha: Clear     Sunrise: 7:39AM  
Muruga: Purple     Sunset: 5:05PM  
Nataraja: Red  
Moon – Green  
Pausha-Markali

**Tuesday, January 13, 2015**

**Retreat Star**

Kanya Rasi: 29.56      Tithi 23 – 24  
866559266  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika**    12:22PM – 1:33PM    **Chitra Until 7:09PM**  
**Yama**      10:00AM – 11:11AM    **Sukarma Until 2:07PM**  
**Rahu**      2:44PM – 3:55PM      **Taitila Until 5:18AM Wed**  
**Ashtami\* Until 4:38PM**

Des Moines, IA  
Sun 7      Sutra 275  
Jaya 5116  
Moon 13 - Phase 37  
Navami  
**Sivaloka Day**  
Ganesha: Clear     Sunrise: 7:38AM  
Muruga: Purple     Sunset: 5:06PM  
Nataraja: Red  
Moon – Green  
Pausha-Markali

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Wednesday, January 14, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Des Moines, IA Sun 8 Sutra 276 Jaya 5116
	Tula Rasi: 12.16    Tithi 24 – 25 866559266	<b>Gulika</b> 11:11AM – 12:23PM <b>Yama</b> 8:49AM – 10:00AM <b>Rahu</b> 12:23PM – 1:34PM	<b>Svati Until 8:30PM</b> Dhriti Until 1:52PM Vanija Until 5:56AM Thu Navami* Until 5:42PM

Creative Work    Siddha Yoga

Thai Pongal    Pausha\*Thai    Sivaloka Day

<b>2</b>	<b>Thursday, January 15, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Shula*/Ganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Des Moines, IA Sun 9 Sutra 277 Jaya 5116
	Tula Rasi: 24.59    Tithi 25 – 26 876559266	<b>Gulika</b> 10:00AM – 11:12AM <b>Yama</b> 7:37AM – 8:49AM <b>Rahu</b> 1:34PM – 2:46PM	<b>Vishakha Until 9:18PM</b> Shula* Until 12:57PM Bava Until 5:40AM Fri Dashami Until 5:54PM

Creative Work    Siddha Yoga

Pausha\*Thai    Devaloka Day

<b>3</b>	<b>Friday, January 16, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Des Moines, IA Sun 10 Sutra 278 Jaya 5116
	Vrischika Rasi: 8.08    Tithi 26 – 27 877559266	<b>Gulika</b> 8:49AM – 10:00AM <b>Yama</b> 2:47PM – 3:58PM <b>Rahu</b> 11:12AM – 12:23PM	<b>Anuradha Until 9:04PM</b> Ganda* Until 11:19AM Kaulava Until 4:31AM Sat Ekadashi* Until 5:10PM

Creative Work    Siddha Yoga  
Until 9:04PM  
Then Routine Work - Marana Yoga

Pausha\*Thai    Sivaloka Day

<b>4</b>	<b>Saturday, January 17, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mantla Vasara Yuktayam Jyeshtha* Nakshatra Vridhhi/Dhruva Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Des Moines, IA Sun 11 Sutra 279 Jaya 5116
	Vrischika Rasi: 21.47    Tithi 27 – 28 877559266	<b>Gulika</b> 7:37AM – 8:48AM <b>Yama</b> 1:36PM – 2:47PM <b>Rahu</b> 10:00AM – 11:12AM	<b>Jyeshtha* Until 7:54PM</b> Vridhhi Until 9:02AM Gara Until 2:34AM Sun Dvadashi* Until 3:37PM


Creative Work    Siddha Yoga

Pausha\*Thai    Sivaloka Day  
*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Sunday, January 18, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Des Moines, IA Sun 12 Sutra 280 Jaya 5116
	Dhanus Rasi: 5.54    Tithi 28 – 29 887559266	<b>Gulika</b> 2:48PM – 4:00PM <b>Yama</b> 12:24PM – 1:36PM <b>Rahu</b> 4:00PM – 5:12PM	<b>Mula* Until 6:19PM</b> Dhruva Until 6:07AM Visti Until 12:00AM Mon Trayodashi* Until 1:20PM

Creative Work    Amrita Yoga  
Until 6:19PM  
Then Creative Work - Siddha Yoga

Pausha\*Thai    Sivaloka Day

	<b>Monday, January 19, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Des Moines, IA Sun 13 Sutra 281 Jaya 5116
	<b>Retreat Star</b> Dhanus Rasi: 20.26    Tithi 29 – 30 <b>Family Home Evening</b> 887559266 Routine Work    Marana Yoga	<b>Gulika</b> 1:37PM – 2:49PM <b>Yama</b> 11:12AM – 12:24PM <b>Rahu</b> 8:48AM – 10:00AM	<b>Purvashadha* Until 4:05PM</b> Harshana Until 10:58PM Catuspada Until 8:56PM Chaturdashi* Until 10:30AM

Pausha\*Thai    Sivaloka Day

<b>Retreat Star</b>	<b>Tuesday, January 20, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vajra* Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau	Des Moines, IA Sun 14 Sutra 282 Jaya 5116
	Makara Rasi: 5.18    Tithi 30 – 1 887559266	<b>Gulika</b> 12:25PM – 1:37PM <b>Yama</b> 10:00AM – 11:12AM <b>Rahu</b> 2:50PM – 4:02PM	<b>Uttarashadha Until 1:22PM</b> Vajra* Until 6:57PM Bava Until 3:48AM Wed Amavasya* Until 7:15AM

Routine Work    Prabalarishta Yoga  
Until 1:22PM  
Then Creative Work - Siddha Yoga

Magha\*Thai    Sivaloka Day

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

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<b>1</b>	<b>Wednesday, January 21, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Des Moines, IA
	Makara Rasi: 20.2	Tithi 2	897559266	<b>Gulika</b> 11:12AM – 12:25PM <b>Yama</b> 8:47AM – 10:00AM <b>Rahu</b> 12:25PM – 1:38PM	<b>Shravana Until 10:45AM</b> Siddhi Until 2:51PM Balava Until 2:04PM <b>Dvitiya Until 12:19AM Thu</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Red Moon – Purple <b>Magha-Thai</b>	Sun 15 Sutra 283 Jaya 5116 Moon 13 - Phase 39 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 10:45AM Then Routine Work - Prabalarishta Yoga							
<b>2</b>	<b>Thursday, January 22, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Taitila/Gara Karana Tritiyayam Titau				Des Moines, IA
	Kumbha Rasi: 5.23	Tithi 3	897559266	<b>Gulika</b> 9:59AM – 11:12AM <b>Yama</b> 7:34AM – 8:47AM <b>Rahu</b> 1:38PM – 2:51PM	<b>Dhanishtha Until 8:01AM</b> Vyatipata* Until 10:47AM Taitila Until 10:37AM <b>Tritiya Until 8:56PM</b>	<b>Ganesha:</b> Clear <b>Muruga:</b> Purple <b>Nataraja:</b> Red Moon – Purple <b>Magha-Thai</b>	Sun 16 Sutra 284 Jaya 5116 Moon 13 - Phase 39 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							
<b>3</b>	<b>Friday, January 23, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtpada* Nakshatra Variyan/Parigha* Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau				Des Moines, IA
	Kumbha Rasi: 20.19	Tithi 4 – 5	818559266	<b>Gulika</b> 8:46AM – 9:59AM <b>Yama</b> 2:52PM – 4:05PM <b>Rahu</b> 11:12AM – 12:26PM	<b>Purvaproshtpada* Until 3:14AM Sat</b> Variyan Until 6:52AM Vanija Until 7:21AM <b>Chaturthi* Until 5:50PM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Purple <b>Nataraja:</b> Red Moon – Clear <b>Magha-Thai</b>	Sun 17 Sutra 285 Jaya 5116 Moon 13 - Phase 39 3rd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							
<b>4</b>	<b>Saturday, January 24, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam Uttaraproshtpada Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Des Moines, IA
	Meena Rasi: 4.59	Tithi 5 – 6	918559266	<b>Gulika</b> 7:32AM – 8:46AM <b>Yama</b> 1:39PM – 2:53PM <b>Rahu</b> 9:59AM – 11:12AM	<b>Uttaraproshtpada Until 1:28AM Sun</b> Shiva Until 12:00AM Sun Kaulava Until 1:59AM Sun <b>Panchami Until 3:07PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Purple <b>Nataraja:</b> Red Moon – Clear <b>Magha-Thai</b>	Sun 18 Sutra 286 Jaya 5116 Moon 13 - Phase 39 3rd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 1:28AM Sun Then Creative Work - Amrita Yoga							
<b>5</b>	<b>Sunday, January 25, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Des Moines, IA
	Meena Rasi: 19.2	Tithi 6 – 7	918569266	<b>Gulika</b> 2:53PM – 4:07PM <b>Yama</b> 12:26PM – 1:40PM <b>Rahu</b> 4:07PM – 5:21PM	<b>Revati Until 12:06AM Mon</b> Siddha Until 9:11PM Gara Until 12:05AM Mon <b>Shashthi* Until 12:56PM</b>	<b>Ganesha:</b> Red <b>Muruga:</b> Clear <b>Nataraja:</b> Red Moon – Clear <b>Magha-Thai</b>	Sun 19 Sutra 287 Jaya 5116 Moon 13 - Phase 39 3rd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 12:06AM Mon Then Creative Work - Siddha Yoga							
<b>Monday, January 26, 2015</b>	<b>Retreat Star</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Des Moines, IA
	Mesha Rasi: 3.19	Tithi 7 – 8	928569266	<b>Gulika</b> 1:40PM – 2:54PM <b>Yama</b> 11:12AM – 12:26PM <b>Rahu</b> 8:45AM – 9:58AM	<b>Ashvini Until 11:37PM</b> Sadhya Until 6:51PM Visti Until 10:47PM <b>Saptami Until 11:20AM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Red Moon – White <b>Magha-Thai</b>	Sun 20 Sutra 288 Jaya 5116 Moon 13 - Phase 39 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							
<b>Tuesday, January 27, 2015</b>	<b>Retreat Star</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Des Moines, IA
	Mesha Rasi: 16.55	Tithi 8 – 9	928569266	<b>Gulika</b> 12:26PM – 1:41PM <b>Yama</b> 9:58AM – 11:12AM <b>Rahu</b> 2:55PM – 4:09PM	<b>Bharani Until 11:35PM</b> Subha Until 5:01PM Balava Until 10:06PM <b>Ashtami* Until 10:21AM</b>	<b>Ganesha:</b> Blue <b>Muruga:</b> Clear <b>Nataraja:</b> Red Moon – White <b>Magha-Thai</b>	Sun 21 Sutra 289 Jaya 5116 Moon 13 - Phase 39 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

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<b>1</b>	<b>Wednesday, January 28, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA
	Wrishabha Rasi: 0.1	Tithi 9 – 10	<b>Gulika</b> 11:12AM – 12:27PM	<b>Krittika</b> Until 11:57PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:29AM	Sun 22 Sutra 290 Jaya 5116
		928569266	<b>Yama</b> 8:43AM – 9:58AM	<b>Sukla</b> Until 3:37PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:24PM	Moon 13 - Phase 40
	Creative Work Amrita Yoga Until 11:57PM Then Creative Work - Siddha Yoga		<b>Rahu</b> 12:27PM – 1:41PM	<b>Taitila</b> Until 10:00PM	<b>Nataraja:</b> Red		4th Phase
			<b>Navami*</b> Until 9:58AM	<b>Moon – White</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Thursday, January 29, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA
	Wrishabha Rasi: 13.09	Tithi 10 – 11	<b>Gulika</b> 9:58AM – 11:12AM	<b>Rohini</b> Until 1:08AM Fri	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:28AM	Sun 23 Sutra 291 Jaya 5116
		939669266	<b>Yama</b> 7:28AM – 8:43AM	<b>Brahma</b> Until 2:38PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:25PM	Moon 13 - Phase 40
	Routine Work Marana Yoga Until 1:08AM Fri Then Creative Work - Siddha Yoga		<b>Rahu</b> 1:41PM – 2:56PM	<b>Vanija</b> Until 10:25PM	<b>Nataraja:</b> Red		4th Phase
			<b>Dashami</b> Until 10:08AM	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Friday, January 30, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Wrishabha Rasi: 25.53	Tithi 11 – 12	<b>Gulika</b> 8:42AM – 9:57AM	<b>Mrigashira</b> Until 2:35AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:27AM	Sun 24 Sutra 292 Jaya 5116
		939669266	<b>Yama</b> 2:57PM – 4:12PM	<b>Indra</b> Until 2:03PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:27PM	Moon 13 - Phase 40
	Creative Work Siddha Yoga		<b>Rahu</b> 11:12AM – 12:27PM	<b>Bava</b> Until 11:17PM	<b>Nataraja:</b> Red		4th Phase
			<b>Ekadashi</b> Until 10:47AM	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	

<b>4</b>	<b>Saturday, January 31, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manla Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Mithuna Rasi: 8.26	Tithi 12 – 13	<b>Gulika</b> 7:26AM – 8:42AM	<b>Ardra</b> Until 4:14AM Sun	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:26AM	Sun 25 Sutra 293 Jaya 5116
		939669266	<b>Yama</b> 1:42PM – 2:58PM	<b>Vaidhriti*</b> Until 1:44PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 13 - Phase 40
	Creative Work Siddha Yoga		<b>Rahu</b> 9:57AM – 11:12AM	<b>Kaulava</b> Until 12:33AM Sun	<b>Nataraja:</b> Red		4th Phase
			<b>Dvadashi</b> Until 11:51AM	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
			<i>Pradosha Vrata</i>	<b>Magha-Thai</b>			

<b>5</b>	<b>Sunday, February 1, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Mithuna Rasi: 20.49	Tithi 13 – 14	<b>Gulika</b> 2:58PM – 4:13PM	<b>Punarvasu</b> Until 6:33AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:26AM	Sun 26 Sutra 294 Jaya 5116
		949669266	<b>Yama</b> 12:27PM – 1:42PM	<b>Vishkambha*</b> Until 1:43PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:28PM	Moon 13 - Phase 40
	Creative Work Siddha Yoga		<b>Rahu</b> 4:13PM – 5:28PM	<b>Gara</b> Until 2:09AM Mon	<b>Nataraja:</b> Red		4th Phase
			<b>Trayodashi</b> Until 1:17PM	<b>Moon – Blue</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				<b>Magha-Thai</b>			

<b>6</b>	<b>Monday, February 2, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA
	Kataka Rasi: 3.02	Tithi 14 – 15	<b>Gulika</b> 1:43PM – 2:58PM	<b>Punarvasu</b> Until 6:33AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:25AM	Sun 27 Sutra 295 Jaya 5116
	<b>Family Home Evening</b>	949669266	<b>Yama</b> 11:12AM – 12:27PM	<b>Priti</b> Until 1:57PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:29PM	Moon 13 - Phase 40
	Creative Work Amrita Yoga Until 6:33AM Then Creative Work - Siddha Yoga		<b>Rahu</b> 8:41AM – 9:56AM	<b>Visti</b> Until 4:05AM Tue	<b>Nataraja:</b> Red		4th Phase
		<b>Thai Pusam</b>	<b>Chaturdashi*</b> Until 3:04PM	<b>Moon – Blue</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				<b>Magha-Thai</b>			

<b>○</b>	<b>Tuesday, February 3, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:27PM – 1:43PM	<b>Pushya</b> Until 9:00AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:24AM	Sun 28 Sutra 296 Jaya 5116
	Kataka Rasi: 15.09	Tithi 15 – 16	<b>Yama</b> 9:56AM – 11:12AM	<b>Ayushman</b> Until 2:25PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:31PM	Moon 13 - Phase 40
		949669266	<b>Rahu</b> 2:59PM – 4:15PM	<b>Balava</b> Until 6:19AM Wed	<b>Nataraja:</b> Yellow		Purnima
Creative Work Siddha Yoga			<b>Purnima*</b> Until 5:09PM	<b>Moon – Blue</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				<b>Magha-Thai</b>			

<b>○</b>	<b>Wednesday, February 4, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:12AM – 12:28PM	<b>Ashlesha*</b> Until 11:34AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:23AM	Sun 29 Sutra 297 Jaya 5116
	Kataka Rasi: 27.08	Tithi 16	<b>Yama</b> 8:39AM – 9:55AM	<b>Saubhagya</b> Until 3:05PM	<b>Muruga:</b> Clear	<i>Sunset:</i> 5:32PM	Moon 13 - Phase 40
		949669267	<b>Rahu</b> 12:28PM – 1:44PM	<b>Balava</b> Until 6:19AM	<b>Nataraja:</b> Yellow		Prathama
Creative Work Siddha Yoga			<b>Prathama*</b> Until 7:31PM	<b>Moon – Blue</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
				<b>Magha-Thai</b>			

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722

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**Thursday, February 5, 2015**  
**Gold Retreat Star**

Simha Rasi: 9.02      Tithi 17  
959669267  
Creative Work    Amrita Yoga  
Until 2:42PM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Dvitiyayam Titau  
**Gulika**    9:55AM – 11:11AM    **Magha\* Until 2:42PM**  
**Yama**      7:22AM – 8:39AM      Sobhana Until 3:58PM  
**Rahu**      1:44PM – 3:00PM      Taitila Until 8:48AM  
**Dvitiya Until 10:06PM**

**Ganesha:** Clear    *Sunrise: 7:22AM*  
**Muruga:** Clear    *Sunset: 5:33PM*  
**Nataraja:** Yellow  
Moon – Red  
**Magha-Thai**

Des Moines, IA  
Sun 1      Sutra 298  
Jaya 5116  
Moon 1 - Phase 41  
1st Phase

**Devaloka Day**

**1**

**Friday, February 6, 2015**

Simha Rasi: 20.51      Tithi 18  
951669267  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Vanija/Visti\* Karana Tritiyayam Titau  
**Gulika**    8:38AM – 9:54AM    **Purvaphalguni Until 5:49PM**  
**Yama**      3:01PM – 4:18PM      Athiganda\* Until 4:55PM  
**Rahu**      11:11AM – 12:28PM    Vanija Until 11:28AM  
**Tritiya Until 12:49AM Sat**

**Ganesha:** Clear    *Sunrise: 7:21AM*  
**Muruga:** Clear    *Sunset: 5:34PM*  
**Nataraja:** Yellow  
Moon – Red  
**Magha-Thai**

Des Moines, IA  
Sun 2      Sutra 299  
Jaya 5116  
Moon 1 - Phase 41  
1st Phase

**Devaloka Day**

**2**

**Saturday, February 7, 2015**

Kanya Rasi: 2.38      Tithi 19  
951669267  
Routine Work    Marana Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma/Dhriti\* Yoga Bava/Balava Karana Chaturthyam Titau  
**Gulika**    7:20AM – 8:37AM    **Uttaraphalguni Until 8:46PM**  
**Yama**      1:45PM – 3:02PM      Sukarma Until 5:54PM  
**Rahu**      9:54AM – 11:11AM    Bava Until 2:12PM  
**Chaturthi\* Until 3:31AM Sun**

**Ganesha:** Clear    *Sunrise: 7:20AM*  
**Muruga:** Clear    *Sunset: 5:36PM*  
**Nataraja:** Yellow  
Moon – Red  
**Magha-Thai**

Des Moines, IA  
Sun 3      Sutra 300  
Jaya 5116  
Moon 1 - Phase 41  
1st Phase

**Devaloka Day**

**3**

**Sunday, February 8, 2015**

Kanya Rasi: 14.27      Tithi 20  
961669267  
Creative Work    Amrita Yoga  
Until 11:56PM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta Nakshatra Dhriti\* Yoga Kaulava/Taitila Karana Panchamyam Titau  
**Gulika**    3:02PM – 4:20PM    **Hasta Until 11:56PM**  
**Yama**      12:28PM – 1:45PM      Dhriti Until 6:49PM  
**Rahu**      4:20PM – 5:37PM      Kaulava Until 4:49PM  
**Panchami Until 6:00AM Mon**

**Ganesha:** White    *Sunrise: 7:19AM*  
**Muruga:** Clear    *Sunset: 5:37PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha-Thai**

Des Moines, IA  
Sun 4      Sutra 301  
Jaya 5116  
Moon 1 - Phase 41  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Monday, February 9, 2015**

Kanya Rasi: 26.2      Tithi 20 – 21  
961669267  
**Family Home Evening**  
Routine Work    Prabalarishta Yoga  
Until 2:34AM Tue  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra Nakshatra Shula\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika**    1:45PM – 3:03PM    **Chitra Until 2:34AM Tue**  
**Yama**      11:10AM – 12:28PM    Shula\* Until 7:27PM  
**Rahu**      8:35AM – 9:53AM      Gara Until 7:07PM  
**Panchami Until 6:00AM**

**Ganesha:** White    *Sunrise: 7:18AM*  
**Muruga:** Clear    *Sunset: 5:38PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha-Thai**

Des Moines, IA  
Sun 5      Sutra 301  
Jaya 5116  
Moon 1 - Phase 41  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Tuesday, February 10, 2015**

Tula Rasi: 8.24      Tithi 21 – 22  
961669267  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika**    12:28PM – 1:46PM    **Svati Until 4:28AM Wed**  
**Yama**      9:52AM – 11:10AM      Ganda\* Until 7:42PM  
**Rahu**      3:04PM – 4:22PM      Visti Until 8:53PM  
**Shashthi\* Until 8:03AM**

**Ganesha:** White    *Sunrise: 7:17AM*  
**Muruga:** Clear    *Sunset: 5:39PM*  
**Nataraja:** Yellow  
Moon – Green  
**Magha-Thai**

Des Moines, IA  
Sun 6      Sutra 303  
Jaya 5116  
Moon 1 - Phase 41  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM



**Wednesday, February 11, 2015**  
**Retreat Star**

Tula Rasi: 20.42      Tithi 22 – 23  
971669267  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vriddhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika**    11:10AM – 12:28PM    **Vishakha Until 5:58AM Thu**  
**Yama**      8:34AM – 9:52AM      Vriddhi Until 7:26PM  
**Rahu**      12:28PM – 1:46PM      Balava Until 9:56PM  
**Saptami Until 9:29AM**

**Ganesha:** Yellow    *Sunrise: 7:15AM*  
**Muruga:** Clear    *Sunset: 5:41PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Magha-Thai**

Des Moines, IA  
Sun 7      Sutra 304  
Jaya 5116  
Moon 1 - Phase 41  
Ashtami

**Devaloka Day**

**Thursday, February 12, 2015**  
**Retreat Star**

Vrischika Rasi: 3.2      Tithi 23 – 24  
971669267  
Creative Work    Siddha Yoga  
Until 6:29AM Fri  
Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika**    9:51AM – 11:10AM    **Anuradha Until 6:29AM Fri**  
**Yama**      7:14AM – 8:33AM      Dhruva Until 6:30PM  
**Rahu**      1:46PM – 3:05PM      Taitila Until 10:09PM  
**Ashtami\* Until 10:08AM**

**Ganesha:** Yellow    *Sunrise: 7:14AM*  
**Muruga:** Clear    *Sunset: 5:42PM*  
**Nataraja:** Yellow  
Moon – Orange  
**Magha-Masi**

Des Moines, IA  
Sun 8      Sutra 305  
Jaya 5116  
Moon 1 - Phase 41  
Navami

**Devaloka Day**

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada

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<b>1</b>	<b>Friday, February 13, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Navami/Dashamyam Titau	Des Moines, IA Sun 9 Sutra 306 Jaya 5116
	Wrischika Rasi: 16.23    Tithi 24 – 25 971669267	<b>Gulika</b> 8:32AM – 9:50AM <b>Yama</b> 3:06PM – 4:24PM <b>Rahu</b> 11:09AM – 12:28PM	<b>Anuradha Until 6:29AM</b> Vyaghata* Until 4:53PM Vanija Until 9:28PM Navami* Until 9:54AM

**Ganesha:** Yellow    *Sunrise:* 7:13AM  
**Muruga:** Clear    *Sunset:* 5:43PM  
**Nataraja:** Yellow  
 Moon – Orange  
**Magha-Masi**

Creative Work    Siddha Yoga  
 Until 6:29AM  
 Then Routine Work - Marana Yoga

**Devaloka Day**

<b>2</b>	<b>Saturday, February 14, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Dashami/Ekadashyam Titau	Des Moines, IA Sun 10 Sutra 307 Jaya 5116
	Wrischika Rasi: 29.55    Tithi 25 – 26 971669267	<b>Gulika</b> 7:12AM – 8:31AM <b>Yama</b> 1:47PM – 3:06PM <b>Rahu</b> 9:50AM – 11:09AM	<b>Mula* Until 4:58AM Sun</b> Harshana Until 2:37PM Bava Until 7:56PM Dashami Until 8:47AM

**Ganesha:** Yellow    *Sunrise:* 7:12AM  
**Muruga:** Clear    *Sunset:* 5:44PM  
**Nataraja:** Yellow  
 Moon – Orange  
**Magha-Masi**

Creative Work    Siddha Yoga  
 Until 6:29AM  
 Then Routine Work - Marana Yoga

**Devaloka Day**

<b>3</b>	<b>Sunday, February 15, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Vajra*/Siddhi Yoga Balava/Taitila Karana Ekadashi/Dvadashyam Titau	Des Moines, IA Sun 11 Sutra 308 Jaya 5116
	Dhanus Rasi: 13.56    Tithi 26 – 27 981669267	<b>Gulika</b> 3:07PM – 4:26PM <b>Yama</b> 12:28PM – 1:47PM <b>Rahu</b> 4:26PM – 5:46PM	<b>Purvashadha* Until 3:06AM Mon</b> Vajra* Until 11:41AM Taitila Until 4:14AM Mon Ekadashi* Until 6:51AM

**Ganesha:** Blue    *Sunrise:* 7:10AM  
**Muruga:** Clear    *Sunset:* 5:46PM  
**Nataraja:** Yellow  
 Moon – Light Blue  
**Magha-Masi**

Creative Work    Siddha Yoga  
 Until 3:06AM Mon  
 Then Routine Work - Marana Yoga

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>4</b>	<b>Monday, February 16, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodashyam Titau	Des Moines, IA Sun 12 Sutra 309 Jaya 5116
	Dhanus Rasi: 28.25    Tithi 28 <b>Family Home Evening</b> 981669267	<b>Gulika</b> 1:48PM – 3:07PM <b>Yama</b> 11:08AM – 12:28PM <b>Rahu</b> 8:29AM – 9:48AM	<b>Uttarashadha Until 12:34AM Tue</b> Siddhi Until 8:15AM Gara Until 2:44PM Trayodashi* Until 1:05AM Tue <i>Pradosha Vrata (Fasting)</i>

**Ganesha:** Blue    *Sunrise:* 7:09AM  
**Muruga:** Clear    *Sunset:* 5:47PM  
**Nataraja:** Yellow  
 Moon – Light Blue  
**Magha-Masi**

Routine Work    Marana Yoga  
 Until 12:34AM Tue  
 Then Creative Work - Siddha Yoga


**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>5</b>	<b>Tuesday, February 17, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Variyan Yoga Visti*/Sakuni* Karana Chaturdashyam Titau	Des Moines, IA Sun 13 Sutra 310 Jaya 5116
	Makara Rasi: 13.17    Tithi 29 992669267	<b>Gulika</b> 12:28PM – 1:48PM <b>Yama</b> 9:48AM – 11:08AM <b>Rahu</b> 3:08PM – 4:28PM	<b>Shravana Until 9:56PM</b> Variyan Until 12:14AM Wed Visti Until 11:22AM Chaturdashi* Until 9:33PM

**Ganesha:** Red    *Sunrise:* 7:08AM  
**Muruga:** Clear    *Sunset:* 5:48PM  
**Nataraja:** Yellow  
 Moon – Purple  
**Magha-Masi**

Creative Work    Siddha Yoga  
 Until 6:57PM  
 Then Creative Work - Siddha Yoga

**Devaloka Day**

	<b>Wednesday, February 18, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Parigha* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau	Des Moines, IA Sun 14 Sutra 311 Jaya 5116
	<b>Retreat Star</b> Makara Rasi: 28.26    Tithi 30 – 1 992669267	<b>Gulika</b> 11:07AM – 12:28PM <b>Yama</b> 8:27AM – 9:47AM <b>Rahu</b> 12:28PM – 1:48PM	<b>Dhanishtha Until 6:57PM</b> Parigha* Until 7:57PM Catuspada Until 7:43AM Amavasya* Until 5:49PM

**Ganesha:** Red    *Sunrise:* 7:06AM  
**Muruga:** Clear    *Sunset:* 5:49PM  
**Nataraja:** Yellow  
 Moon – Purple  
**Magha-Masi**

Routine Work    Prabalarishta Yoga  
 Until 6:57PM  
 Then Creative Work - Siddha Yoga

**Devaloka Day**

<b>Retreat Star</b>	<b>Thursday, February 19, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Prathama/Dvityayam Titau	Des Moines, IA Sun 15 Sutra 312 Jaya 5116
	Kumbha Rasi: 13.41    Tithi 1 – 2 992669267	<b>Gulika</b> 9:46AM – 11:07AM <b>Yama</b> 7:05AM – 8:26AM <b>Rahu</b> 1:48PM – 3:09PM	<b>Shalabhishak Until 3:49PM</b> Shiva Until 3:39PM Balava Until 12:13AM Fri Prathama* Until 2:03PM

**Ganesha:** Red    *Sunrise:* 7:05AM  
**Muruga:** Clear    *Sunset:* 5:51PM  
**Nataraja:** Yellow  
 Moon – Purple  
**Phalguna-Masi**

Creative Work    Siddha Yoga

**Devaloka Day**

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

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<b>1</b>	<b>Friday, February 20, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Des Moines, IA
	Kumbha Rasi: 28.52      Tithi 2 – 3 912669267	<b>Gulika</b> 8:25AM – 9:46AM <b>Yama</b> 3:10PM – 4:31PM <b>Rahu</b> 11:07AM – 12:28PM	<b>Purvaprosarthapada* Until 1:06PM</b> Siddha Until 11:28AM Taitila Until 8:43PM <b>Dvitiya Until 10:25AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:04AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:52PM <b>Nataraja:</b> Yellow Moon – Clear <b>Phalgun-Masi</b>	Sun 16      Sutra 313 Jaya 5116 Moon 1 - Phase 43 3rd Phase <b>Sivaloka Day</b>	
Creative Work      Siddha Yoga						
<b>2</b>	<b>Saturday, February 21, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprosarthapada*/Revati Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Tritiya/Chaturtham Titau				Des Moines, IA
	Meena Rasi: 13.5      Tithi 3 – 4 912669267	<b>Gulika</b> 7:02AM – 8:23AM <b>Yama</b> 1:49PM – 3:10PM <b>Rahu</b> 9:45AM – 11:06AM	<b>Uttaraprosarthapada Until 10:34AM</b> Sadhya Until 7:32AM Visti Until 4:11AM Sun <b>Tritiya Until 7:05AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:02AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:53PM <b>Nataraja:</b> Yellow Moon – Clear <b>Phalgun-Masi</b>	Sun 17      Sutra 314 Jaya 5116 Moon 1 - Phase 43 3rd Phase <b>Sivaloka Day</b>	
Creative Work      Siddha Yoga Until 10:34AM Then Routine Work - Prabalarishta Yoga						
<b>3</b>	<b>Sunday, February 22, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sukla Yoga Bava/Balava Karana Panchamyam Titau				Des Moines, IA
	Meena Rasi: 28.29      Tithi 5 912669267	<b>Gulika</b> 3:11PM – 4:32PM <b>Yama</b> 12:27PM – 1:49PM <b>Rahu</b> 4:32PM – 5:54PM	<b>Revati Until 8:22AM</b> Sukla Until 12:53AM Mon Bava Until 2:58PM <b>Panchami Until 1:53AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 7:01AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:54PM <b>Nataraja:</b> Yellow Moon – Clear <b>Phalgun-Masi</b>	Sun 18      Sutra 315 Jaya 5116 Moon 1 - Phase 43 3rd Phase <b>Sivaloka Day</b>	
Creative Work      Amrita Yoga Until 8:22AM Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>				
<b>4</b>	<b>Monday, February 23, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini/Bharani Nakshatra Brahma Yoga Kaulava/Taitila Karana Shashthyam Titau				Des Moines, IA
	Mesha Rasi: 12.43      Tithi 6 <b>Family Home Evening</b> 922769267	<b>Gulika</b> 1:49PM – 3:11PM <b>Yama</b> 11:05AM – 12:27PM <b>Rahu</b> 8:21AM – 9:43AM	<b>Ashvini Until 7:02AM</b> Brahma Until 10:20PM Kaulava Until 1:00PM <b>Shashthi* Until 12:15AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:59AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Yellow Moon – White <b>Phalgun-Masi</b>	Sun 19      Sutra 316 Jaya 5116 Moon 1 - Phase 43 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work      Siddha Yoga						
<b>5</b>	<b>Tuesday, February 24, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Indra Yoga Gara/Vanija Karana Saptamyam Titau				Des Moines, IA
	Mesha Rasi: 26.3      Tithi 7 922769267	<b>Gulika</b> 12:27PM – 1:50PM <b>Yama</b> 9:42AM – 11:05AM <b>Rahu</b> 3:12PM – 4:34PM	<b>Bharani Until 6:16AM</b> Indra Until 8:24PM Gara Until 11:44AM <b>Saptami Until 11:22PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:58AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:57PM <b>Nataraja:</b> Yellow Moon – White <b>Phalgun-Masi</b>	Sun 20      Sutra 317 Jaya 5116 Moon 1 - Phase 43 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work      Siddha Yoga						
<b>D</b>	<b>Wednesday, February 25, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Visti*/Bava Karana Ashtamyam Titau				Des Moines, IA
	<b>Retreat Star</b> Vrishabha Rasi: 9.52      Tithi 8 922769267	<b>Gulika</b> 11:04AM – 12:27PM <b>Yama</b> 8:19AM – 9:42AM <b>Rahu</b> 12:27PM – 1:50PM	<b>Krittika Until 6:04AM</b> Vaidhriti* Until 7:01PM Visti Until 11:13AM <b>Ashtami* Until 11:13PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:56AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:58PM <b>Nataraja:</b> Yellow Moon – White <b>Phalgun-Masi</b>	Sun 21      Sutra 318 Jaya 5116 Moon 1 - Phase 43 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Creative Work      Amrita Yoga Until 6:04AM Then Creative Work - Siddha Yoga						
<b>D</b>	<b>Thursday, February 26, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Navamyam Titau				Des Moines, IA
	<b>Retreat Star</b> Vrishabha Rasi: 22.5      Tithi 9 932769267	<b>Gulika</b> 9:41AM – 11:04AM <b>Yama</b> 6:55AM – 8:18AM <b>Rahu</b> 1:50PM – 3:13PM	<b>Rohini Until 6:54AM</b> Vishkambha* Until 6:11PM Balava Until 11:26AM <b>Navami* Until 11:46PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:55AM <b>Muruga:</b> Clear <i>Sunset:</i> 5:59PM <b>Nataraja:</b> Yellow Moon – Yellow <b>Phalgun-Masi</b>	Sun 22      Sutra 319 Jaya 5116 Moon 1 - Phase 43 Navami <b>Devaloka Day</b>	
Routine Work      Marana Yoga						

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

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<b>1</b>	<b>Friday, February 27, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Dashamyam Titau				Des Moines, IA Sun 23 Sutra 320 Jaya 5116
	Mithuna Rasi: 5.3	Tithi 10	<b>Gulika</b> 8:17AM – 9:40AM	<b>Mrigashira</b> Until 8:13AM	<b>Ganesha:</b> Clear	<i>Sunrise: 6:53AM</i>	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
		932769267	<b>Yama</b> 3:13PM – 4:37PM	<b>Priti</b> Until 5:52PM	<b>Muruḡa:</b> Clear	<i>Sunset: 6:00PM</i>	
	Creative Work	Siddha Yoga	<b>Rahu</b> 11:03AM – 12:27PM	<b>Taitila</b> Until 12:18PM	<b>Nataraja:</b> Yellow		
			<b>Dashami</b> Until 12:55AM Sat	<b>Moon – Yellow</b>			
				<b>Phalguna-Masi</b>			


<b>2</b>	<b>Saturday, February 28, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman/Saubhagya Yoga Vanja/Visti* Karana Ekadashyam Titau				Des Moines, IA Sun 24 Sutra 321 Jaya 5116
	Mithuna Rasi: 17.54	Tithi 11	<b>Gulika</b> 6:52AM – 8:15AM	<b>Ardra</b> Until 9:55AM	<b>Ganesha:</b> Clear	<i>Sunrise: 6:52AM</i>	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
		932769267	<b>Yama</b> 1:50PM – 3:14PM	<b>Ayushman</b> Until 5:55PM	<b>Muruḡa:</b> Clear	<i>Sunset: 6:01PM</i>	
	Creative Work	Siddha Yoga	<b>Rahu</b> 9:39AM – 11:03AM	<b>Vanja</b> Until 1:43PM	<b>Nataraja:</b> Yellow		
			<b>Ekadashi</b> Until 2:34AM Sun	<b>Moon – Yellow</b>			
				<b>Phalguna-Masi</b>			

<b>3</b>	<b>Sunday, March 1, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau				Des Moines, IA Sun 25 Sutra 322 Jaya 5116
	Kataka Rasi: 0.06	Tithi 12	<b>Gulika</b> 3:15PM – 4:39PM	<b>Punarvasu</b> Until 12:23PM	<b>Ganesha:</b> Purple	<i>Sunrise: 6:49AM</i>	Moon 1 - Phase 44 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
		942769267	<b>Yama</b> 12:26PM – 1:51PM	<b>Saubhagya</b> Until 6:18PM	<b>Muruḡa:</b> Clear	<i>Sunset: 6:04PM</i>	
	Creative Work	Siddha Yoga	<b>Rahu</b> 4:39PM – 6:04PM	<b>Bava</b> Until 3:34PM	<b>Nataraja:</b> Yellow		
			<b>Dvadashi</b> Until 4:36AM Mon	<b>Moon – Blue</b>			
				<b>Phalguna-Masi</b>			

<b>4</b>	<b>Monday, March 2, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 323 Jaya 5116
	Kataka Rasi: 12.09	Tithi 13	<b>Gulika</b> 1:51PM – 3:15PM	<b>Pushya</b> Until 3:01PM	<b>Ganesha:</b> Clear	<i>Sunrise: 6:47AM</i>	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
	<b>Family Home Evening</b>	943769267	<b>Yama</b> 11:01AM – 12:26PM	<b>Sobhana</b> Until 6:56PM	<b>Muruḡa:</b> Clear	<i>Sunset: 6:05PM</i>	
	Creative Work	Siddha Yoga	<b>Rahu</b> 8:12AM – 9:37AM	<b>Kaulava</b> Until 5:45PM	<b>Nataraja:</b> Yellow		
			<b>Trayodashi</b> Until 6:55AM Tue	<b>Moon – Blue</b>			
				<b>Phalguna-Masi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Tuesday, March 3, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 324 Jaya 5116
	Kataka Rasi: 24.06	Tithi 13 – 14	<b>Gulika</b> 12:26PM – 1:51PM	<b>Ashlesha*</b> Until 5:44PM	<b>Ganesha:</b> Clear	<i>Sunrise: 6:46AM</i>	Moon 1 - Phase 44 4th Phase <b>Devaloka Day</b>
		943769267	<b>Yama</b> 9:36AM – 11:01AM	<b>Athiganda*</b> Until 7:43PM	<b>Muruḡa:</b> Clear	<i>Sunset: 6:08PM</i>	
	Creative Work	Siddha Yoga	<b>Rahu</b> 3:16PM – 4:41PM	<b>Gara</b> Until 8:11PM	<b>Nataraja:</b> Yellow		
			<b>Trayodashi</b> Until 6:55AM	<b>Moon – Blue</b>			
			<b>Chidambaram Abhishekam</b>	<b>Phalguna-Masi</b>			

	<b>Wednesday, March 4, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Des Moines, IA Sutra 325 Jaya 5116
	<b>Copper Retreat Star</b>		<b>Gulika</b> 11:00AM – 12:26PM	<b>Magha*</b> Until 8:55PM	<b>Ganesha:</b> Purple	<i>Sunrise: 6:44AM</i>	Moon 1 - Phase 44 Purnima <b>Sivaloka Day</b>
	Simha Rasi: 5.58	Tithi 14 – 15	<b>Yama</b> 8:09AM – 9:35AM	<b>Sukarma</b> Until 8:38PM	<b>Muruḡa:</b> Clear	<i>Sunset: 6:07PM</i>	
		953769267	<b>Rahu</b> 12:26PM – 1:51PM	<b>Visti</b> Until 10:45PM	<b>Nataraja:</b> Yellow		
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:26AM	<b>Moon – Red</b>			
			<b>Holi</b>	<b>Phalguna-Masi</b>			

	<b>Thursday, March 5, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Des Moines, IA Sutra 326 Jaya 5116
	<b>Silver Retreat Star</b>		<b>Gulika</b> 9:34AM – 11:00AM	<b>Purvaphalguni</b> Until 12:00AM Fri	<b>Ganesha:</b> Purple	<i>Sunrise: 6:42AM</i>	Moon 1 - Phase 44 Prathama <b>Sivaloka Day</b>
	Simha Rasi: 17.47	Tithi 15 – 16	<b>Yama</b> 6:42AM – 8:08AM	<b>Dhriti</b> Until 9:37PM	<b>Muruḡa:</b> Clear	<i>Sunset: 6:08PM</i>	
		153769267	<b>Rahu</b> 1:51PM – 3:17PM	<b>Balava</b> Until 1:24AM Fri	<b>Nataraja:</b> Yellow		
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 12:03PM	<b>Moon – Red</b>			
				<b>Phalguna-Masi</b>			

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

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**Friday, March 6, 2015**  
**Gold Retreat Star**

Simha Rasi: 29.37    Tithi 16 – 17  
153769267  
Creative Work    Siddha Yoga  
Until 2:53AM Sat  
Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Des Moines, IA  
Uttaraphalguni Nakshatra Shula\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau    Sutra 327  
Jaya 5116  
Gulika    8:07AM – 9:33AM    **Uttaraphalguni Until 2:53AM Sat**    Ganesha: Purple    Sunrise: 6:41AM  
Yama    3:17PM – 4:43PM    Shula\* Until 10:34PM    Muruga: Clear    Sunset: 6:09PM    Moon 2 - Phase 45  
Rahu    10:59AM – 12:25PM    Taitila Until 4:00AM Sat    Nataraja: Yellow    1st Phase  
Moon – Red  
**Sivaloka Day**  
Phalgun-Masi

**1**

**Saturday, March 7, 2015**

Kanya Rasi: 11.26    Tithi 17 – 18  
163769267  
Routine Work    Marana Yoga  
Until 5:58AM Sun  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Des Moines, IA  
Hasta Nakshatra Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau    Sun 1    Sutra 328  
Jaya 5116  
Gulika    6:39AM – 8:06AM    **Hasta Until 5:58AM Sun**    Ganesha: Clear    Sunrise: 6:39AM  
Yama    1:51PM – 3:18PM    Ganda\* Until 11:25PM    Muruga: Clear    Sunset: 6:11PM    Moon 2 - Phase 45  
Rahu    9:32AM – 10:58AM    Vanija Until 6:26AM Sun    Nataraja: Yellow    1st Phase  
Moon – Green  
**Devaloka Day**  
Phalgun-Masi

**2**

**Sunday, March 8, 2015**

Kanya Rasi: 23.2    Tithi 18  
163769267  
Creative Work    Siddha Yoga  
Until 8:37AM Mon  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Des Moines, IA  
Chitra Nakshatra Vriddhi\* Yoga Vanija/Visti\* Karana Tritiyayam Titau    Sun 2    Sutra 329  
Jaya 5116  
Gulika    3:18PM – 4:45PM    **Chitra Until 8:37AM Mon**    Ganesha: Clear    Sunrise: 6:38AM  
Yama    12:25PM – 1:51PM    Vriddhi Until 12:07AM Mon    Muruga: Clear    Sunset: 6:12PM    Moon 2 - Phase 45  
Rahu    4:45PM – 6:12PM    Vanija Until 6:26AM    Nataraja: Yellow    1st Phase  
Moon – Green  
**Devaloka Day**  
Phalgun-Masi

**3**

**Monday, March 9, 2015**

Tula Rasi: 5.2    Tithi 19  
163769267  
**Family Home Evening**  
Routine Work    Prabalarishta Yoga  
Until 8:37AM  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Des Moines, IA  
Chitra/Svati Nakshatra Dhruva Yoga Bava/Balava Karana Chaturthayam Titau    Sun 3    Sutra 330  
Jaya 5116  
Gulika    1:52PM – 3:19PM    **Chitra Until 8:37AM**    Ganesha: Clear    Sunrise: 6:36AM  
Yama    10:57AM – 12:24PM    Dhruva Until 12:30AM Tue    Muruga: Clear    Sunset: 6:13PM    Moon 2 - Phase 45  
Rahu    8:03AM – 9:30AM    Bava Until 8:36AM    Nataraja: Yellow    1st Phase  
Moon – Green  
**Devaloka Day**  
Phalgun-Masi

**4**

**Tuesday, March 10, 2015**

Tula Rasi: 17.29    Tithi 20  
163769267  
Creative Work    Siddha Yoga  
Until 10:43AM  
Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Des Moines, IA  
Svati/Vishakha Nakshatra Vyaghata\* Yoga Kaulava/Taitila Karana Panchamyam Titau    Sun 4    Sutra 331  
Jaya 5116  
Gulika    12:24PM – 1:52PM    **Svati Until 10:43AM**    Ganesha: Clear    Sunrise: 6:34AM  
Yama    9:29AM – 10:57AM    Vyaghata\* Until 12:31AM Wed    Muruga: Clear    Sunset: 6:14PM    Moon 2 - Phase 45  
Rahu    3:19PM – 4:47PM    Kaulava Until 10:21AM    Nataraja: Yellow    1st Phase  
Moon – Green  
**Devaloka Day**  
Phalgun-Masi

**5**

**Wednesday, March 11, 2015**

Tula Rasi: 29.52    Tithi 21  
173769267  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Des Moines, IA  
Vishakha/Anuradha Nakshatra Harshana Yoga Gara/Vanija Karana Shashthyam Titau    Sun 5    Sutra 332  
Jaya 5116  
Gulika    10:56AM – 12:24PM    **Vishakha Until 12:37PM**    Ganesha: White    Sunrise: 6:33AM  
Yama    8:00AM – 9:28AM    Harshana Until 12:06AM Thu    Muruga: Clear    Sunset: 6:15PM    Moon 2 - Phase 45  
Rahu    12:24PM – 1:52PM    Gara Until 11:33AM    Nataraja: Yellow    1st Phase  
Moon – Orange  
**Sivaloka Day**  
Phalgun-Masi

**6**

**Thursday, March 12, 2015**

Vrischika Rasi: 12.31    Tithi 22  
173769267  
Creative Work    Siddha Yoga  
Until 1:43PM  
Then Routine Work - Prabalarishta Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Des Moines, IA  
Anuradha/Jyeshtha\* Nakshatra Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau    Sun 6    Sutra 333  
Jaya 5116  
Gulika    9:27AM – 10:55AM    **Anuradha Until 1:43PM**    Ganesha: White    Sunrise: 6:31AM  
Yama    6:31AM – 7:59AM    Vajra\* Until 11:07PM    Muruga: Clear    Sunset: 6:16PM    Moon 2 - Phase 45  
Rahu    1:52PM – 3:20PM    Visti Until 12:06PM    Nataraja: Yellow    1st Phase  
Moon – Orange  
**Sivaloka Day**  
Phalgun-Masi



**Friday, March 13, 2015**  
**Retreat Star**

Vrischika Rasi: 25.31    Tithi 23  
173769267  
Routine Work    Marana Yoga  
Until 1:57PM  
Then Creative Work - Amrita Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Des Moines, IA  
Jyeshtha\*/Mula\* Nakshatra Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau    Sun 7    Sutra 334  
Jaya 5116  
Gulika    7:58AM – 9:26AM    **Jyeshtha\* Until 1:57PM**    Ganesha: White    Sunrise: 6:29AM  
Yama    3:20PM – 4:49PM    Siddhi Until 9:34PM    Muruga: Clear    Sunset: 6:17PM    Moon 2 - Phase 45  
Rahu    10:55AM – 12:23PM    Balava Until 11:55AM    Nataraja: Yellow    Ashtami  
Moon – Orange  
**Sivaloka Day**  
Phalgun-Masi

**Saturday, March 14, 2015**

**Retreat Star**

Dhanu Rasi: 8.55    Tithi 24  
183769267  
Creative Work    Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Des Moines, IA  
Mula\*/Purvashadha\* Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Navamyam Titau    Sun 8    Sutra 335  
Jaya 5116  
Gulika    6:28AM – 7:57AM    **Mula\* Until 1:45PM**    Ganesha: Yellow    Sunrise: 6:28AM  
Yama    1:52PM – 3:21PM    Vyatipata\* Until 7:25PM    Muruga: Clear    Sunset: 6:18PM    Moon 2 - Phase 45  
Rahu    9:25AM – 10:54AM    Taitila Until 10:58AM    Nataraja: Yellow    Navami  
Moon – Light Blue  
**Devaloka Day**  
Phalgun-Panguni

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada

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<b>1</b>	<b>Sunday, March 15, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Dashamyam Titau				Des Moines, IA
	Dhanus Rasi: 22.44	Tithi 25	183769268	<b>Gulika</b> 3:21PM – 4:50PM	<b>Purvashadha* Until 12:40PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:26AM	Sun 9 Sutra 336 Jaya 5116
Creative Work	Siddha Yoga		<b>Yama</b> 12:23PM – 1:52PM	Variyan Until 4:41PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:20PM	Moon 2 - Phase 46	
Until 12:40PM			<b>Rahu</b> 4:50PM – 6:20PM	Vanija Until 9:17AM	<b>Nataraja:</b> White	2nd Phase	
Then Creative Work - Amrita Yoga				<b>Dashami Until 8:10PM</b>	Moon – Light Blue	<b>Sivaloka Day</b>	
					<b>Phalguna*Panguni</b>		

<b>2</b>	<b>Monday, March 16, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Parigha/Shiva Yoga Baval/Kaulava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA
	Makara Rasi: 6.59	Tithi 26 – 27	184769268	<b>Gulika</b> 1:52PM – 3:22PM	<b>Uttarashadha Until 10:49AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:24AM	Sun 10 Sutra 337 Jaya 5116
<b>Family Home Evening</b>			<b>Yama</b> 10:53AM – 12:23PM	Parigha* Until 1:27PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:21PM	Moon 2 - Phase 46	
Routine Work	Marana Yoga		<b>Rahu</b> 7:54AM – 9:23AM	Bava Until 6:57AM	<b>Nataraja:</b> White	2nd Phase	
Until 10:49AM				<b>Ekadashi* Until 5:32PM</b>	Moon – Light Blue	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Phalguna*Panguni</b>		

<b>3</b>	<b>Tuesday, March 17, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shiva/Siddha Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Des Moines, IA
	Makara Rasi: 21.38	Tithi 27 – 28	194769268	<b>Gulika</b> 12:22PM – 1:52PM	<b>Shravana Until 8:43AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:23AM	Sun 11 Sutra 338 Jaya 5116
Creative Work	Siddha Yoga		<b>Yama</b> 9:22AM – 10:52AM	Shiva Until 9:48AM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:22PM	Moon 2 - Phase 46	
			<b>Rahu</b> 3:22PM – 4:52PM	Gara Until 12:44AM Wed	<b>Nataraja:</b> White	2nd Phase	
				<b>Dvadashi* Until 2:25PM</b>	Moon – Purple	<b>Sivaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>	<b>Phalguna*Panguni</b>		

<b>4</b>	<b>Wednesday, March 18, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Des Moines, IA
	Kumbha Rasi: 6.35	Tithi 28 – 29	194769268	<b>Gulika</b> 10:52AM – 12:22PM	<b>Dhanishtha Until 6:06AM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:21AM	Sun 12 Sutra 339 Jaya 5116
Routine Work	Prabalarishta Yoga		<b>Yama</b> 7:51AM – 9:21AM	Sadhya Until 1:41AM Thu	<b>Muruga:</b> Clear <i>Sunset:</i> 6:23PM	Moon 2 - Phase 46	
Until 6:06AM			<b>Rahu</b> 12:22PM – 1:52PM	Visti Until 9:09PM	<b>Nataraja:</b> White	2nd Phase	
Then Creative Work - Siddha Yoga				<b>Trayodashi* Until 10:57AM</b>	Moon – Purple	<b>Sivaloka Day</b>	
					<b>Phalguna*Panguni</b>		

	<b>Thursday, March 19, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada* Nakshatra Subha Yoga Sakuni/Naga* Karana Chaturdashi/Amavasyayam Titau				Des Moines, IA
	<b>Retreat Star</b>			<b>Gulika</b> 9:20AM – 10:51AM	<b>Purvaproshtapada* Until 12:20AM Fri</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:19AM	Sun 13 Sutra 340 Jaya 5116
Kumbha Rasi: 21.44	Tithi 29 – 30	114769268	<b>Yama</b> 6:19AM – 7:50AM	Subha Until 9:28PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:24PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga		<b>Rahu</b> 1:52PM – 3:23PM	Naga Until 3:36AM Fri	<b>Nataraja:</b> White	Amavasya	
				<b>Chaturdashi* Until 7:17AM</b>	Moon – Clear	<b>Devaloka Day</b>	
					<b>Phalguna*Panguni</b>		

	<b>Friday, March 20, 2015</b>		Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Kintughna*/Bava Karana Prathamayam Titau				Des Moines, IA
	<b>Retreat Star</b>			<b>Gulika</b> 7:49AM – 9:19AM	<b>Uttaraproshtapada Until 9:31PM</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:18AM	Sun 14 Sutra 341 Jaya 5116
Meena Rasi: 6.54	Tithi 1	114869268	<b>Yama</b> 3:23PM – 4:54PM	Sukla Until 5:19PM	<b>Muruga:</b> Clear <i>Sunset:</i> 6:25PM	Moon 2 - Phase 46	
Creative Work	Siddha Yoga		<b>Rahu</b> 10:50AM – 12:21PM	Kintughna Until 1:49PM	<b>Nataraja:</b> White	Prathama	
			<b>Total Solar Eclipse</b>	<b>Prathama* Until 12:02AM Sat</b>	Moon – Clear	<b>Sivaloka Day</b>	
					<b>Chaitra*Panguni</b>		

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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<b>1</b>	<b>Saturday, March 21, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Dvitiyayam Titau	Des Moines, IA Sun 15 Sutra 342 Jaya 5116
	Meena Rasi: 21.57      Tithi 2 124869268	<b>Gulika</b> 6:16AM – 7:47AM <b>Yama</b> 1:52PM – 3:24PM <b>Rahu</b> 9:18AM – 10:50AM	<b>Revati Until 6:50PM</b> Brahma Until 1:22PM Balava Until 10:22AM <b>Dvitiya Until 8:46PM</b>

Routine Work    Prabalarishta Yoga  
Until 6:50PM  
Then Creative Work - Siddha Yoga

<b>Ganesha:</b> Red <i>Sunrise: 6:16AM</i>	Moon 2 - Phase 47 3rd Phase
<b>Muruga:</b> Clear <i>Sunset: 6:26PM</i>	
<b>Nataraja:</b> White Moon – Clear	

**Sivaloka Day**  
Chaitra-Panguni

<b>2</b>	<b>Sunday, March 22, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhrili* Yoga Taitila/Vanija Karana Tritiya/Chatrthyam Titau	Des Moines, IA Sun 16 Sutra 343 Jaya 5116
	Mesha Rasi: 6.44      Tithi 3 – 4 124869268	<b>Gulika</b> 3:24PM – 4:56PM <b>Yama</b> 12:21PM – 1:52PM <b>Rahu</b> 4:56PM – 6:27PM	<b>Ashvini Until 4:52PM</b> Indra Until 9:45AM Taitila Until 7:18AM <b>Tritiya Until 5:56PM</b>

Creative Work    Siddha Yoga  
Until 4:52PM  
Then Routine Work - Prabalarishta Yoga

<b>Ganesha:</b> Yellow <i>Sunrise: 6:14AM</i>	Moon 2 - Phase 47 3rd Phase
<b>Muruga:</b> Clear <i>Sunset: 6:27PM</i>	
<b>Nataraja:</b> White Moon – White	

**Sivaloka Day**  
Chaitra-Panguni

<b>3</b>	<b>Monday, March 23, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhrili*/Vishkambha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau	Des Moines, IA Sun 17 Sutra 344 Jaya 5116
	Mesha Rasi: 21.1      Tithi 4 – 5 124869268	<b>Gulika</b> 1:52PM – 3:24PM <b>Yama</b> 10:48AM – 12:20PM <b>Rahu</b> 7:45AM – 9:16AM	<b>Bharani Until 3:20PM</b> Vaidhrili* Until 6:33AM Bava Until 2:51AM Tue <b>Chaturthi* Until 3:42PM</b>

Creative Work    Siddha Yoga  
Until 3:20PM  
Then Routine Work - Marana Yoga

<b>Ganesha:</b> Yellow <i>Sunrise: 6:13AM</i>	Moon 2 - Phase 47 3rd Phase
<b>Muruga:</b> Clear <i>Sunset: 6:28PM</i>	
<b>Nataraja:</b> White Moon – White	

**Sivaloka Day**  
Chaitra-Panguni

<b>4</b>	<b>Tuesday, March 24, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Priti Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Des Moines, IA Sun 18 Sutra 345 Jaya 5116
	Vrishabha Rasi: 5.09      Tithi 5 – 6 124869268	<b>Gulika</b> 12:20PM – 1:52PM <b>Yama</b> 9:15AM – 10:48AM <b>Rahu</b> 3:25PM – 4:57PM	<b>Krittika Until 2:21PM</b> Priti Until 1:51AM Wed Kaulava Until 1:41AM Wed <b>Panchami Until 2:09PM</b>

Creative Work    Siddha Yoga  
Until 2:21PM  
Then Creative Work - Amrita Yoga

<b>Ganesha:</b> Yellow <i>Sunrise: 6:11AM</i>	Moon 2 - Phase 47 3rd Phase
<b>Muruga:</b> Clear <i>Sunset: 6:29PM</i>	
<b>Nataraja:</b> White Moon – White	

**Sivaloka Day**  
Chaitra-Panguni

<b>5</b>	<b>Wednesday, March 25, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini/Mrigashira Nakshatra Ayushman Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Des Moines, IA Sun 19 Sutra 346 Jaya 5116
	Vrishabha Rasi: 18.41      Tithi 6 – 7 134869268	<b>Gulika</b> 10:47AM – 12:20PM <b>Yama</b> 7:42AM – 9:14AM <b>Rahu</b> 12:20PM – 1:53PM	<b>Rohini Until 2:25PM</b> Ayushman Until 12:25AM Thu Gara Until 1:19AM Thu <b>Shashthi* Until 1:23PM</b>

Creative Work    Siddha Yoga

<b>Ganesha:</b> White <i>Sunrise: 6:09AM</i>	Moon 2 - Phase 47 3rd Phase
<b>Muruga:</b> Clear <i>Sunset: 6:31PM</i>	
<b>Nataraja:</b> White Moon – Yellow	

**Subha Sivaloka Day**  
Chaitra-Panguni

<b>D</b>	<b>Thursday, March 26, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira/Ardra Nakshatra Saubhagya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau	Des Moines, IA Sun 20 Sutra 347 Jaya 5116
	Mithuna Rasi: 1.47      Tithi 7 – 8 134869268	<b>Gulika</b> 9:13AM – 10:47AM <b>Yama</b> 6:07AM – 7:40AM <b>Rahu</b> 1:53PM – 3:26PM	<b>Mrigashira Until 3:07PM</b> Saubhagya Until 11:37PM Visli Until 1:44AM Fri <b>Saptami Until 1:25PM</b>

Routine Work    Marana Yoga

<b>Ganesha:</b> White <i>Sunrise: 6:07AM</i>	Moon 2 - Phase 47 Ashtami
<b>Muruga:</b> Clear <i>Sunset: 6:32PM</i>	
<b>Nataraja:</b> White Moon – Yellow	

**Subha Sivaloka Day**  
Chaitra-Panguni

<b>D</b>	<b>Friday, March 27, 2015</b>	Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Des Moines, IA Sun 21 Sutra 348 Jaya 5116
	Mithuna Rasi: 14.3      Tithi 8 – 9 134869268	<b>Gulika</b> 7:39AM – 9:12AM <b>Yama</b> 3:26PM – 4:59PM <b>Rahu</b> 10:46AM – 12:19PM	<b>Ardra Until 4:24PM</b> Sobhana Until 11:23PM Balava Until 2:53AM Sat <b>Ashtami* Until 2:13PM</b>

Creative Work    Siddha Yoga

<b>Ganesha:</b> White <i>Sunrise: 6:06AM</i>	Moon 2 - Phase 47 Navami
<b>Muruga:</b> Clear <i>Sunset: 6:33PM</i>	
<b>Nataraja:</b> White Moon – Yellow	

**Subha Sivaloka Day**  
Chaitra-Panguni

Sri Rama Navami

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>	<b>Saturday, March 28, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau	Des Moines, IA Sun 22 Sutra 349 Jaya 5116
	Mithuna Rasi: 26.53    Titthi 9 – 10 144869268 Creative Work    Siddha Yoga	<b>Gulika</b> 6:04AM – 7:38AM <b>Yama</b> 1:53PM – 3:26PM <b>Rahu</b> 9:12AM – 10:45AM	<b>Punarvasu Until 6:38PM</b> Athiganda* Until 11:37PM Taitila Until 4:38AM Sun <b>Navami* Until 3:40PM</b>

<b>Ganesha:</b> Clear <i>Sunrise: 6:04AM</i>	Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
<b>Muruga:</b> Clear <i>Sunset: 6:34PM</i>	
<b>Nataraja:</b> White	
<b>Chaitra-Panguni</b>	

<b>2</b>	<b>Sunday, March 29, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Des Moines, IA Sun 23 Sutra 350 Jaya 5116
	Kataka Rasi: 9.03    Titthi 10 – 11 145869268 Creative Work    Siddha Yoga	<b>Gulika</b> 3:27PM – 5:01PM <b>Yama</b> 12:19PM – 1:53PM <b>Rahu</b> 5:01PM – 6:35PM	<b>Pushya Until 9:12PM</b> Sukarma Until 12:13AM Mon Vanija Until 6:50AM Mon <b>Dashami Until 5:40PM</b>

<b>Ganesha:</b> Purple <i>Sunrise: 6:02AM</i>	Moon 2 - Phase 48 4th Phase <b>Devaloka Day</b>
<b>Muruga:</b> Clear <i>Sunset: 6:35PM</i>	
<b>Nataraja:</b> White	
<b>Chaitra-Panguni</b>	

<b>3</b>	<b>Monday, March 30, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Vanija/Visti* Karana Ekadashyam Titau	Des Moines, IA Sun 24 Sutra 351 Jaya 5116
	Kataka Rasi: 21.02    Titthi 11 145869268 Family Home Evening Creative Work    Siddha Yoga Until 11:57PM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:53PM – 3:27PM <b>Yama</b> 10:44AM – 12:18PM <b>Rahu</b> 7:35AM – 9:10AM	<b>Ashlesha* Until 11:57PM</b> Dhriti Until 1:05AM Tue Vanija Until 6:50AM <b>Ekadashi Until 8:02PM</b>

<b>Ganesha:</b> Purple <i>Sunrise: 6:01AM</i>	Moon 2 - Phase 48 4th Phase <b>Devaloka Day</b>
<b>Muruga:</b> Clear <i>Sunset: 6:36PM</i>	
<b>Nataraja:</b> White	
<b>Chaitra-Panguni</b>	

<b>4</b>	<b>Tuesday, March 31, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Shula* Yoga Bava/Balava Karana Dvadashyam Titau	Des Moines, IA Sun 25 Sutra 352 Jaya 5116
	Simha Rasi: 2.53    Titthi 12 155869268 Creative Work    Siddha Yoga Until 3:12AM Wed Then Creative Work - Amrita Yoga	<b>Gulika</b> 12:18PM – 1:53PM <b>Yama</b> 9:09AM – 10:43AM <b>Rahu</b> 3:28PM – 5:02PM	<b>Magha* Until 3:12AM Wed</b> Shula* Until 2:04AM Wed Bava Until 9:20AM <b>Dvadashi Until 10:37PM</b>


<b>Ganesha:</b> Clear <i>Sunrise: 5:59AM</i>	Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
<b>Muruga:</b> Clear <i>Sunset: 6:37PM</i>	
<b>Nataraja:</b> White	
<b>Chaitra-Panguni</b>	

<b>5</b>	<b>Wednesday, April 1, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Kaulava/Taitila Karana Trayodashyam Titau	Des Moines, IA Sun 26 Sutra 353 Jaya 5116
	Simha Rasi: 14.42    Titthi 13 155869268 Creative Work    Amrita Yoga	<b>Gulika</b> 10:43AM – 12:18PM <b>Yama</b> 7:34AM – 9:09AM <b>Rahu</b> 12:18PM – 1:53PM	<b>Purvaphalguni Until 6:18AM Thu</b> Ganda* Until 3:05AM Thu Kaulava Until 11:57AM <b>Trayodashi Until 1:15AM Thu</b> <i>Pradosha Vrata</i>

<b>Ganesha:</b> Clear <i>Sunrise: 5:59AM</i>	Moon 2 - Phase 48 4th Phase <b>Sivaloka Day</b>
<b>Muruga:</b> Clear <i>Sunset: 6:37PM</i>	
<b>Nataraja:</b> White	
<b>Chaitra-Panguni</b>	

<b>6</b>	<b>Thursday, April 2, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vriddhi Yoga Gara/Vanija Karana Chaturdashyam Titau	Des Moines, IA Sun 27 Sutra 354 Jaya 5116
	Simha Rasi: 26.31    Titthi 14 155879268 Creative Work    Siddha Yoga	<b>Gulika</b> 9:08AM – 10:43AM <b>Yama</b> 5:57AM – 7:32AM <b>Rahu</b> 1:53PM – 3:28PM	<b>Purvaphalguni Until 6:18AM</b> Vriddhi Until 4:03AM Fri Gara Until 2:33PM <b>Chaturdashi* Until 3:47AM Fri</b>

<b>Ganesha:</b> Clear <i>Sunrise: 5:57AM</i>	Moon 2 - Phase 48 4th Phase <b>Subha Sivaloka Day</b>
<b>Muruga:</b> White <i>Sunset: 6:38PM</i>	
<b>Nataraja:</b> White	
<b>Chaitra-Panguni</b>	

	<b>Friday, April 3, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva Yoga Visti*/Bava Karana Purnimayam Titau	Des Moines, IA Sun 28 Sutra 355 Jaya 5116
	<b>Copper Retreat Star</b> Kanya Rasi: 8.21    Titthi 15 155879268 Creative Work    Siddha Yoga Until 9:08AM Then Creative Work - Amrita Yoga	<b>Gulika</b> 7:31AM – 9:07AM <b>Yama</b> 3:28PM – 5:04PM <b>Rahu</b> 10:42AM – 12:17PM	<b>Uttaraphalguni Until 9:08AM</b> Dhruva Until 4:49AM Sat Visti Until 5:00PM <b>Purnima* Until 6:06AM Sat</b>

<b>Ganesha:</b> Clear <i>Sunrise: 5:56AM</i>	Moon 2 - Phase 48 Purnima <b>Subha Sivaloka Day</b>
<b>Muruga:</b> White <i>Sunset: 6:39PM</i>	
<b>Nataraja:</b> White	
<b>Chaitra-Panguni</b>	

<b>Silver Retreat Star</b>	<b>Saturday, April 4, 2015</b>	Jaya Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata* Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Des Moines, IA Sun 29 Sutra 356 Jaya 5116
	Kanya Rasi: 20.17    Titthi 15 – 16 165879268 Routine Work    Marana Yoga	<b>Gulika</b> 5:54AM – 7:30AM <b>Yama</b> 1:53PM – 3:29PM <b>Rahu</b> 9:06AM – 10:41AM	<b>Hasta Until 12:04PM</b> Vyaghata* Until 5:22AM Sun Balava Until 7:10PM <b>Purnima* Until 6:06AM</b>

<b>Ganesha:</b> White <i>Sunrise: 5:54AM</i>	Moon 2 - Phase 48 Prathama <b>Sivaloka Day</b>
<b>Muruga:</b> White <i>Sunset: 6:40PM</i>	
<b>Nataraja:</b> White	
<b>Chaitra-Panguni</b>	

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

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**Sunday, April 5, 2015**  
**Gold Retreat Star**

Tula Rasi: 2.2 Tithi 16 – 17  
165879268  
Creative Work Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Harshana Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau  
**Gulika 3:29PM – 5:05PM**  
**Yama 12:17PM – 1:53PM**  
**Rahu 5:05PM – 6:41PM**  
**Chitra Until 2:31PM**  
Harshana Until 5:39AM Mon  
Taitila Until 8:59PM  
**Prathama\* Until 8:06AM**

Des Moines, IA  
Sutra 357  
Jaya 5116  
Moon 3 - Phase 49  
1st Phase  
**Sivaloka Day**  
Ganesha: White *Sunrise: 5:52AM*  
Muruga: White *Sunset: 6:41PM*  
Nataraja: White  
Moon – Green  
Chaitra-Panguni

**1**  
**Monday, April 6, 2015**

Tula Rasi: 14.33 Tithi 17 – 18  
165879268  
Family Home Evening  
Creative Work Amrita Yoga  
Until 4:25PM  
Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati/Vishakha Nakshatra Vajra\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau  
**Gulika 1:53PM – 3:29PM**  
**Yama 10:40AM – 12:17PM**  
**Rahu 7:27AM – 9:04AM**  
**Svati Until 4:25PM**  
Vajra\* Until 5:34AM Tue  
Vanija Until 10:23PM  
**Dvitiya Until 9:43AM**

Des Moines, IA  
Sun 1 Sutra 358  
Jaya 5116  
Moon 3 - Phase 49  
1st Phase  
**Sivaloka Day**  
Ganesha: White *Sunrise: 5:51AM*  
Muruga: White *Sunset: 6:42PM*  
Nataraja: White  
Moon – Green  
Chaitra-Panguni

**2**  
**Tuesday, April 7, 2015**

Tula Rasi: 26.56 Tithi 18 – 19  
176879268  
Routine Work Marana Yoga  
Until 6:12PM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha Nakshatra Siddhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika 12:16PM – 1:53PM**  
**Yama 9:03AM – 10:39AM**  
**Rahu 3:30PM – 5:07PM**  
**Vishakha Until 6:12PM**  
Siddhi Until 5:08AM Wed  
Bava Until 11:19PM  
**Tritiya Until 10:53AM**

Des Moines, IA  
Sun 2 Sutra 359  
Jaya 5116  
Moon 3 - Phase 49  
1st Phase  
**Subha Subha Sivaloka Day**  
Ganesha: Blue *Sunrise: 5:49AM*  
Muruga: White *Sunset: 6:43PM*  
Nataraja: White  
Moon – Orange  
Chaitra-Panguni

**3**  
**Wednesday, April 8, 2015**

Wrischika Rasi: 9.32 Tithi 19 – 20  
176879268  
Creative Work Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vyatipata\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika 10:39AM – 12:16PM**  
**Yama 7:25AM – 9:02AM**  
**Rahu 12:16PM – 1:53PM**  
**Anuradha Until 7:22PM**  
Vyatipata\* Until 4:20AM Thu  
Kaulava Until 11:45PM  
**Chaturthi\* Until 11:34AM**

Des Moines, IA  
Sun 3 Sutra 360  
Jaya 5116  
Moon 3 - Phase 49  
1st Phase  
**Subha Subha Sivaloka Day**  
Ganesha: Blue *Sunrise: 5:47AM*  
Muruga: White *Sunset: 6:45PM*  
Nataraja: White  
Moon – Orange  
Chaitra-Panguni

**4**  
**Thursday, April 9, 2015**

Wrischika Rasi: 22.22 Tithi 20 – 21  
176879268  
Routine Work Prabalarishta Yoga  
Until 7:52PM  
Then Creative Work - Siddha Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Varyan Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika 9:01AM – 10:38AM**  
**Yama 5:46AM – 7:23AM**  
**Rahu 1:53PM – 3:31PM**  
**Jyeshtha\* Until 7:52PM**  
Varyan Until 3:05AM Fri  
Gara Until 11:40PM  
**Panchami Until 11:45AM**

Des Moines, IA  
Sun 4 Sutra 361  
Jaya 5116  
Moon 3 - Phase 49  
1st Phase  
**Subha Subha Sivaloka Day**  
Ganesha: Blue *Sunrise: 5:46AM*  
Muruga: White *Sunset: 6:46PM*  
Nataraja: White  
Moon – Orange  
Chaitra-Panguni

**5**  
**Friday, April 10, 2015**

Dhanus Rasi: 5.28 Tithi 21 – 22  
186879268  
Creative Work Amrita Yoga  
Until 8:09PM  
Then Routine Work - Prabalarishta Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\* Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika 7:22AM – 9:00AM**  
**Yama 3:31PM – 5:09PM**  
**Rahu 10:38AM – 12:15PM**  
**Mula\* Until 8:09PM**  
Parigha\* Until 1:26AM Sat  
Visti Until 11:02PM  
**Shashthi\* Until 11:24AM**

Des Moines, IA  
Sun 5 Sutra 362  
Jaya 5116  
Moon 3 - Phase 49  
1st Phase  
**Subha Sivaloka Day**  
Ganesha: Red *Sunrise: 5:44AM*  
Muruga: White *Sunset: 6:47PM*  
Nataraja: White  
Moon – Light Blue  
Chaitra-Panguni

**Saturday, April 11, 2015**  
**Retreat Star**

Dhanus Rasi: 18.52 Tithi 22 – 23  
186879268  
Creative Work Siddha Yoga  
Until 7:44PM  
Then Routine Work - Marana Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\* Nakshatra Shiva Yoga Bava/Balava Karana Saptami/Ashtamyam Titau  
**Gulika 5:42AM – 7:21AM**  
**Yama 1:53PM – 3:31PM**  
**Rahu 8:59AM – 10:37AM**  
**Purvashadha\* Until 7:44PM**  
Shiva Until 11:21PM  
Balava Until 9:51PM  
**Saptami Until 10:30AM**

Des Moines, IA  
Sun 6 Sutra 363  
Jaya 5116  
Moon 3 - Phase 49  
Ashtami  
**Subha Sivaloka Day**  
Ganesha: Red *Sunrise: 5:42AM*  
Muruga: White *Sunset: 6:48PM*  
Nataraja: White  
Moon – Light Blue  
Chaitra-Panguni

**Sunday, April 12, 2015**  
**Retreat Star**

Makara Rasi: 2.34 Tithi 23 – 24  
186879268  
Creative Work Amrita Yoga

Jaya Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttarashadha Nakshatra Siddha Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau  
**Gulika 3:32PM – 5:10PM**  
**Yama 12:15PM – 1:53PM**  
**Rahu 5:10PM – 6:49PM**  
**Uttarashadha Until 6:38PM**  
Siddha Until 8:48PM  
Taitila Until 8:08PM  
**Ashtami\* Until 9:03AM**

Des Moines, IA  
Sun 7 Sutra 364  
Jaya 5116  
Moon 3 - Phase 49  
Navami  
**Subha Sivaloka Day**  
Ganesha: Red *Sunrise: 5:41AM*  
Muruga: White *Sunset: 6:49PM*  
Nataraja: White  
Moon – Light Blue  
Chaitra-Panguni

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432

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<b>1</b>	<b>Monday, April 13, 2015</b>	Jaya Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sadhya/Subha Yoga Gara/Visti* Karana Navami/Dashamyam Titau	Des Moines, IA Sun 8 Sutra 1 Jaya 5116
	Makara Rasi: 16.35    Tithi 24 – 25 Family Home Evening    196879268 Creative Work    Amrita Yoga Until 5:20PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:53PM – 3:32PM <b>Yama</b> 10:36AM – 12:15PM <b>Rahu</b> 7:18AM – 8:57AM	<b>Shravana Until 5:20PM</b> Sadhya Until 5:53PM Visti Until 4:37AM Tue <b>Navami* Until 7:04AM</b>

<b>2</b>	<b>Tuesday, April 14, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Subha/Sukla Yoga Bava/Balava Karana Ekadashyam Titau	Des Moines, IA Sun 9 Sutra 2 Manmatha 5117
	Kumbha Rasi: 0.56    Tithi 26 297979268 Creative Work    Siddha Yoga Until 3:27PM Then Routine Work - Marana Yoga	<b>Gulika</b> 12:14PM – 1:54PM <b>Yama</b> 8:56AM – 10:35AM <b>Rahu</b> 3:33PM – 5:12PM	<b>Dhanishtha Until 3:27PM</b> Subha Until 2:36PM Bava Until 3:16PM <b>Ekadashi* Until 1:47AM Wed</b>

<b>3</b>	<b>Wednesday, April 15, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Kaulava/Tailita Karana Dvadashyam Titau	Des Moines, IA Sun 10 Sutra 3 Manmatha 5117
	Kumbha Rasi: 15.32    Tithi 27 297979268 Creative Work    Siddha Yoga Until 1:05PM Then Creative Work - Amrita Yoga	<b>Gulika</b> 10:35AM – 12:14PM <b>Yama</b> 7:16AM – 8:55AM <b>Rahu</b> 12:14PM – 1:54PM	<b>Shatabhishak Until 1:05PM</b> Sukla Until 11:02AM Kaulava Until 12:16PM <b>Dvadashi* Until 10:40PM</b>

<b>4</b>	<b>Thursday, April 16, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Trayodashyam Titau	Des Moines, IA Sun 11 Sutra 4 Manmatha 5117
	Meena Rasi: 0.21    Tithi 28 217979268 Creative Work    Siddha Yoga	<b>Gulika</b> 8:54AM – 10:34AM <b>Yama</b> 5:35AM – 7:14AM <b>Rahu</b> 1:54PM – 3:34PM	<b>Purvaproshtapada* Until 10:47AM</b> Brahma Until 7:17AM Gara Until 9:04AM <b>Trayodashi* Until 7:24PM</b> <i>Pradosha Vrata (Fasting)</i>

<b>5</b>	<b>Friday, April 17, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vaidhrili* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau	Des Moines, IA Sun 12 Sutra 5 Manmatha 5117
	Meena Rasi: 15.14    Tithi 29 – 30 217979268 Creative Work    Siddha Yoga	<b>Gulika</b> 7:13AM – 8:53AM <b>Yama</b> 3:34PM – 5:14PM <b>Rahu</b> 10:33AM – 12:14PM	<b>Uttaraproshtapada Until 8:16AM</b> Vaidhrili* Until 11:38PM Catuspada Until 2:30AM Sat <b>Chaturdashi* Until 4:06PM</b>

	<b>Saturday, April 18, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau	Des Moines, IA Sun 13 Sutra 6 Manmatha 5117
	<b>Retreat Star</b> Mesha Rasi: 0.05    Tithi 30 – 1 227979268 Creative Work    Siddha Yoga Until 3:36AM Sun Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 5:31AM – 7:12AM <b>Yama</b> 1:54PM – 3:34PM <b>Rahu</b> 8:52AM – 10:33AM	<b>Ashvini Until 3:36AM Sun</b> Vishkambha* Until 7:58PM Kintughna Until 11:27PM <b>Amavasya* Until 12:55PM</b>

<b>Retreat Star</b>	<b>Sunday, April 19, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Des Moines, IA Sun 14 Sutra 7 Manmatha 5117
	Mesha Rasi: 14.47    Tithi 1 – 2 227979268 Routine Work    Prabalarishta Yoga Until 1:45AM Mon Then Routine Work - Marana Yoga	<b>Gulika</b> 3:35PM – 5:16PM <b>Yama</b> 12:13PM – 1:54PM <b>Rahu</b> 5:16PM – 6:56PM	<b>Bharani Until 1:45AM Mon</b> Priti Until 4:35PM Balava Until 8:44PM <b>Prathama* Until 10:01AM</b>

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

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<b>1</b>	<b>Monday, April 20, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Dvitiya/Trityayam Titau	Des Moines, IA Sun 15 Sutra 8 Manmatha 5117
	Mesha Rasi: 29.11 Tithi 2 – 3 Family Home Evening 227979268 Routine Work Marana Yoga Until 12:16AM Tue Then Creative Work - Amrita Yoga	<b>Gulika</b> 1:54PM – 3:35PM <b>Yama</b> 10:32AM – 12:13PM <b>Rahu</b> 7:09AM – 8:51AM	<b>Krittika Until 12:16AM Tue</b> Ayushman Until 1:34PM Taitila Until 6:30PM <b>Dvitiya Until 7:32AM</b>
<b>2</b>	<b>Tuesday, April 21, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Vanja/Visti* Karana Chaturthiyam Titau	Des Moines, IA Sun 16 Sutra 9 Manmatha 5117
	Wrishabha Rasi: 13.13 Tithi 4 238979268 Creative Work Amrita Yoga Until 11:44PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 12:13PM – 1:54PM <b>Yama</b> 8:50AM – 10:31AM <b>Rahu</b> 3:36PM – 5:17PM	<b>Rohini Until 11:44PM</b> Saubhagya Until 11:02AM Vanija Until 4:54PM <b>Chaturthi* Until 4:20AM Wed</b>
<b>3</b>	<b>Wednesday, April 22, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Panchamyam Titau	Des Moines, IA Sun 17 Sutra 10 Manmatha 5117
	Wrishabha Rasi: 26.5 Tithi 5 238979268 Creative Work Siddha Yoga	<b>Gulika</b> 10:31AM – 12:12PM <b>Yama</b> 7:07AM – 8:49AM <b>Rahu</b> 12:12PM – 1:54PM	<b>Mrigashira Until 11:47PM</b> Sobhana Until 9:04AM Bava Until 4:01PM <b>Panchami Until 3:50AM Thu</b>
<b>4</b>	<b>Thursday, April 23, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau	Des Moines, IA Sun 18 Sutra 11 Manmatha 5117
	Mithuna Rasi: 10.02 Tithi 6 238979268 Routine Work Marana Yoga Until 12:26AM Fri Then Creative Work - Siddha Yoga	<b>Gulika</b> 8:48AM – 10:30AM <b>Yama</b> 5:24AM – 7:06AM <b>Rahu</b> 1:54PM – 3:36PM	<b>Ardra Until 12:26AM Fri</b> Athiganda* Until 7:42AM Kaulava Until 3:54PM <b>Shashthi* Until 4:08AM Fri</b>
<b>5</b>	<b>Friday, April 24, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Saptamyam Titau	Des Moines, IA Sun 19 Sutra 12 Manmatha 5117
	Mithuna Rasi: 22.5 Tithi 7 248979268 Creative Work Siddha Yoga	<b>Gulika</b> 7:05AM – 8:47AM <b>Yama</b> 3:37PM – 5:19PM <b>Rahu</b> 10:30AM – 12:12PM	<b>Punarvasu Until 2:10AM Sat</b> Sukarma Until 6:58AM Gara Until 4:35PM <b>Saptami Until 5:10AM Sat</b>
<b>D</b>	<b>Saturday, April 25, 2015</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtamyam Titau	Des Moines, IA Sun 20 Sutra 13 Manmatha 5117
	<b>Retreat Star</b> Kataka Rasi: 5.17 Tithi 8 248979268 Creative Work Siddha Yoga	<b>Gulika</b> 5:21AM – 7:04AM <b>Yama</b> 1:55PM – 3:37PM <b>Rahu</b> 8:46AM – 10:29AM	<b>Pushya Until 4:23AM Sun</b> Dhriti Until 6:50AM Visti Until 5:58PM <b>Ashtami* Until 6:52AM Sun</b>
<b>Sunday, April 26, 2015</b>	<b>Retreat Star</b>	Manmatha Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Des Moines, IA Sun 21 Sutra 14 Manmatha 5117
	Kataka Rasi: 17.28 Tithi 8 – 9 248979268 Creative Work Siddha Yoga Until 6:55AM Mon Then Routine Work - Marana Yoga	<b>Gulika</b> 3:38PM – 5:21PM <b>Yama</b> 12:12PM – 1:55PM <b>Rahu</b> 5:21PM – 7:04PM	<b>Ashlesha* Until 6:55AM Mon</b> Shula* Until 7:10AM Balava Until 7:57PM <b>Ashtami* Until 6:52AM</b>

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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<b>1</b>	<b>Monday, April 27, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Des Moines, IA Sun 22 Sutra 15 Manmatha 5117
	Kataka Rasi: 29.27    Titli 9 – 10 Family Home Evening    249979269 Creative Work    Siddha Yoga Until 6:55AM Then Routine Work - Marana Yoga	<b>Gulika</b> 1:55PM – 3:38PM <b>Yama</b> 10:28AM – 12:12PM <b>Rahu</b> 7:01AM – 8:45AM	<b>Ashlesha* Until 6:55AM</b> Ganda* Until 7:54AM Taitila Until 10:20PM Navami* Until 9:05AM	<b>Ganesha:</b> Orange <i>Sunrise:</i> 5:18AM <b>Muruga:</b> White <i>Sunset:</i> 7:05PM <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Chaitra</b>	Sivaloka Day	


<b>2</b>	<b>Tuesday, April 28, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Des Moines, IA Sun 23 Sutra 16 Manmatha 5117
	Simha Rasi: 11.18    Titli 10 – 11 259979269 Creative Work    Siddha Yoga	<b>Gulika</b> 12:11PM – 1:55PM <b>Yama</b> 8:44AM – 10:28AM <b>Rahu</b> 3:39PM – 5:22PM	<b>Magha* Until 10:06AM</b> Vridhhi Until 8:53AM Vanija Until 12:54AM Wed Dashami Until 11:35AM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:17AM <b>Muruga:</b> White <i>Sunset:</i> 7:06PM <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	Devaloka Day	


<b>3</b>	<b>Wednesday, April 29, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Vistii*/Bava Karana Ekadashi/Dvadashyam Titau				Des Moines, IA Sun 24 Sutra 17 Manmatha 5117
	Simha Rasi: 23.06    Titli 11 – 12 259979269 Creative Work    Amrita Yoga	<b>Gulika</b> 10:27AM – 12:11PM <b>Yama</b> 6:59AM – 8:43AM <b>Rahu</b> 12:11PM – 1:55PM	<b>Purvaphalguni Until 1:13PM</b> Dhruva Until 9:55AM Bava Until 3:28AM Thu Ekadashi Until 2:10PM	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:15AM <b>Muruga:</b> White <i>Sunset:</i> 7:07PM <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	Devaloka Day	

<b>4</b>	<b>Thursday, April 30, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Des Moines, IA Sun 25 Sutra 18 Manmatha 5117
	Kanya Rasi: 4.56    Titli 12 – 13 259979269 Amrita Yoga Until 4:04PM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:43AM – 10:27AM <b>Yama</b> 5:14AM – 6:58AM <b>Rahu</b> 1:55PM – 3:40PM	<b>Uttaraphalguni Until 4:04PM</b> Vyaghata* Until 10:54AM Kaulava Until 5:48AM Fri Dvadashi Until 4:39PM <i>Pradosha Vrata</i>	<b>Ganesha:</b> Green <i>Sunrise:</i> 5:14AM <b>Muruga:</b> White <i>Sunset:</i> 7:08PM <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Chaitra</b>	Devaloka Day	

<b>5</b>	<b>Friday, May 1, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Harshana/Vajra* Yoga Taitila Karana Trayodashyam Titau				Des Moines, IA Sun 26 Sutra 19 Manmatha 5117
	Kanya Rasi: 16.5    Titli 13 269979269 Creative Work    Amrita Yoga Until 6:57PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 6:56AM – 8:41AM <b>Yama</b> 3:41PM – 5:25PM <b>Rahu</b> 10:26AM – 12:11PM	<b>Hasta Until 6:57PM</b> Harshana Until 11:42AM Taitila Until 6:49PM Trayodashi Until 6:49PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:11AM <b>Muruga:</b> White <i>Sunset:</i> 7:10PM <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Chaitra</b>	Sivaloka Day	

<b>6</b>	<b>Saturday, May 2, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Chaturdashyam Titau				Des Moines, IA Sun 27 Sutra 20 Manmatha 5117
	Kanya Rasi: 28.54    Titli 14 269979269 Routine Work    Marana Yoga Until 9:15PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 5:10AM – 6:55AM <b>Yama</b> 1:56PM – 3:41PM <b>Rahu</b> 8:40AM – 10:26AM	<b>Chitra Until 9:15PM</b> Vajra* Until 12:10PM Gara Until 7:45AM Chaturdashi* Until 8:32PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:10AM <b>Muruga:</b> White <i>Sunset:</i> 7:11PM <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Chaitra</b>	Sivaloka Day	

	<b>Sunday, May 3, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Siddhi/Vyatipata* Yoga Vistii*/Bava Karana Purnimayam Titau				Des Moines, IA Sutra 21 Manmatha 5117
	<b>Copper Retreat Star</b> Tula Rasi: 11.09    Titli 15 269979269 Creative Work    Siddha Yoga Until 10:54PM Then Routine Work - Marana Yoga	<b>Gulika</b> 3:42PM – 5:27PM <b>Yama</b> 12:11PM – 1:56PM <b>Rahu</b> 5:27PM – 7:12PM	<b>Svati Until 10:54PM</b> Siddhi Until 12:16PM Vistii Until 9:14AM Purnima* Until 9:46PM	<b>Ganesha:</b> Red <i>Sunrise:</i> 5:09AM <b>Muruga:</b> White <i>Sunset:</i> 7:12PM <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Chaitra</b>	Sivaloka Day	

	<b>Monday, May 4, 2015</b>	Manmatha Nama Samvatsare Uтарыне Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Prathamayam Titau				Des Moines, IA Sutra 22 Manmatha 5117
	<b>Silver Retreat Star</b> Tula Rasi: 23.37    Titli 16 279979269 Family Home Evening Routine Work    Marana Yoga Until 12:22AM Tue Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:56PM – 3:42PM <b>Yama</b> 10:25AM – 12:10PM <b>Rahu</b> 6:53AM – 8:39AM	<b>Vishakha Until 12:22AM Tue</b> Vyatipata* Until 11:59AM Balava Until 10:12AM Prathama* Until 10:28PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 5:07AM <b>Muruga:</b> White <i>Sunset:</i> 7:14PM <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Chaitra</b>	Devaloka Day	

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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