



Monday, May 7, 2012
Gold Retreat Star

Vrischika Rasi: 6.29 Tithi 17
Family Home Evening 275217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Tehran, Iran
Sutra 25
Nandana 5114

Gulika 1:45PM – 3:29PM
Yama 10:18AM – 12:02PM
Rahu 6:51AM – 8:34AM

Anuradha Until 10:17PM
Variyan Until 6:53AM
Taitila Until 1:36PM
Dvitiya Until 11:54PM

Ganesha: White *Sunrise: 5:07AM*
Muruga: White *Sunset: 6:56PM*
Nataraja: Clear
Moon – Orange
Vaisaka•Chaitra

Devaloka Day

Moon 4 - Phase 4
1st Phase

Tuesday, May 8, 2012

1

Vrischika Rasi: 21.31 Tithi 18
275217269

Creative Work Siddha Yoga
Until 7:35PM then Amrita Yoga
Until 10.28PM then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiya Yam Titau

Tehran, Iran
Sutra 26
Nandana 5114

Gulika 12:02PM – 1:46PM
Yama 8:34AM – 10:18AM
Rahu 3:29PM – 5:13PM

Jyeshtha* Until 7:35PM
Shiva Until 10:54PM
Vanija Until 10:04AM
Tritiya Until 8:21PM

Ganesha: White *Sunrise: 5:06AM*
Muruga: White *Sunset: 6:57PM*
Nataraja: Clear
Moon – Orange
Vaisaka•Chaitra

Devaloka Day

Moon 4 - Phase 4
1st Phase

Wednesday, May 9, 2012

2

Dhanus Rasi: 6.15 Tithi 19 – 20
285217269

Routine Work Marana Yoga
Until 6:09PM then Amrita Yoga
Until 10.28PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Siddha Yoga Bava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Tehran, Iran
Sutra 27
Nandana 5114

Gulika 10:17AM – 12:02PM
Yama 6:49AM – 8:33AM
Rahu 12:02PM – 1:46PM

Mula* Until 6:09PM
Siddha Until 8:14PM
Bava Until 7:07AM
Chaturthi* Until 6:12PM

Ganesha: Yellow *Sunrise: 5:05AM*
Muruga: White *Sunset: 6:58PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka•Chaitra

Sivaloka Day

Moon 4 - Phase 4
1st Phase

Thursday, May 10, 2012

3

Dhanus Rasi: 20.36 Tithi 20 – 21
285217269

Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Tehran, Iran
Sutra 28
Nandana 5114

Gulika 8:33AM – 10:17AM
Yama 5:04AM – 6:49AM
Rahu 1:46PM – 3:30PM

Purvashadha* Until 4:24PM
Sadhya Until 5:04PM
Gara Until 2:43AM Fri
Panchami Until 3:39PM

Ganesha: Yellow *Sunrise: 5:04AM*
Muruga: White *Sunset: 6:59PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka•Chaitra

Sivaloka Day

Moon 4 - Phase 4
1st Phase

Friday, May 11, 2012

4

Makara Rasi: 4.31 Tithi 21 – 22
285217269

Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Tehran, Iran
Sutra 29
Nandana 5114

Gulika 6:48AM – 8:32AM
Yama 3:31PM – 5:15PM
Rahu 10:17AM – 12:02PM

Uttarashadha Until 4:08PM
Subha Until 3:12PM
Visti Until 12:58AM Sat
Shasthi* Until 1:54PM

Ganesha: Yellow *Sunrise: 5:03AM*
Muruga: White *Sunset: 7:00PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka•Chaitra

Sivaloka Day

Moon 4 - Phase 4
1st Phase

Saturday, May 12, 2012



Retreat Star

Makara Rasi: 17.59 Tithi 22 – 23
295217269

Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Tehran, Iran
Sutra 30
Nandana 5114

Gulika 5:03AM – 6:47AM
Yama 1:46PM – 3:31PM
Rahu 8:32AM – 10:17AM

Sravana Until 3:52PM
Sukla Until 1:18PM
Balava Until 1:32AM Sun
Saptami Until 1:32PM

Ganesha: Blue *Sunrise: 5:03AM*
Muruga: White *Sunset: 7:00PM*
Nataraja: Clear
Moon – Purple
Vaisaka•Chaitra

Devaloka Day

Moon 4 - Phase 4
Ashtami

Chidambaram Abhishekam

Sunday, May 13, 2012

Retreat Star

Kumbha Rasi: 1.03 Tithi 23 – 24
295217269

Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Tehran, Iran
Sutra 31
Nandana 5114

Gulika 3:31PM – 5:16PM
Yama 12:01PM – 1:46PM
Rahu 5:16PM – 7:01PM

Dhanishtha Until 4:22PM
Brahma Until 12:07PM
Taitila Until 1:20AM Mon
Ashtami* Until 1:20PM

Ganesha: Blue *Sunrise: 5:02AM*
Muruga: White *Sunset: 7:01PM*
Nataraja: Clear
Moon – Purple
Vaisaka•Chaitra

Devaloka Day

Moon 4 - Phase 4
Navami

Mother's Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws,rita. The elixir of divine love is supreme in heaven. %oig
Veda Sanhita 10.85.1. RvP, 4347

All times are standard time

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1		Monday, May 14, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Tehran, Iran Sutra 32 Nandana 5114	
Kumbha Rasi: 13.46	Tithi 24 – 25	Gulika	1:47PM – 3:32PM	Satabhisha Until 6:29PM	Ganesha: Blue	<i>Sunrise: 5:01AM</i>	Moon 4 - Phase 5 2nd Phase
Family Home Evening	295217269	Yama	10:16AM – 12:01PM	Indra Until 11:57AM	Muruga: White	<i>Sunset: 7:02PM</i>	
Creative Work Siddha Yoga		Rahu	6:46AM – 8:31AM	Vanija Until 3:39AM Tue	Nataraja: Clear		
Until 6:29PM then no yoga				Navami* Until 2:34PM	Moon – Purple	Devaloka Day	
Until 10.28PM then Marana Yoga					Vaisaka*Vaikasi		
2		Tuesday, May 15, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau		Tehran, Iran Sutra 33 Nandana 5114	
Kumbha Rasi: 26.11	Tithi 25 – 26	Gulika	12:01PM – 1:47PM	Purvaprostapada* Until 8:19PM	Ganesha: White	<i>Sunrise: 5:00AM</i>	Moon 4 - Phase 5 2nd Phase
	215217269	Yama	8:31AM – 10:16AM	Vaidhriti* Until 11:52AM	Muruga: White	<i>Sunset: 7:03PM</i>	
Routine Work Marana Yoga		Rahu	3:32PM – 5:17PM	Bava Until 4:51AM Wed	Nataraja: Clear		
Until 8:19PM then Amrita Yoga				Dasami Until 3:46PM	Moon – Clear	Devaloka Day	
Until 10.28PM then Siddha Yoga					Vaisaka*Vaikasi		
3		Wednesday, May 16, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprostapada Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Tehran, Iran Sutra 34 Nandana 5114	
Meena Rasi: 8.22	Tithi 26 – 27	Gulika	10:16AM – 12:02PM	Uttaraprostapada Until 10:37PM	Ganesha: White	<i>Sunrise: 4:59AM</i>	Moon 4 - Phase 5 2nd Phase
	215217269	Yama	6:45AM – 8:30AM	Vishkambha* Until 12:12PM	Muruga: White	<i>Sunset: 7:04PM</i>	
Creative Work Siddha Yoga		Rahu	12:02PM – 1:47PM	Kaulava Until 6:33AM Thu	Nataraja: Clear		
				Ekadasi* Until 5:28PM	Moon – Clear	Devaloka Day	
					Vaisaka*Vaikasi		
4		Thursday, May 17, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Tehran, Iran Sutra 35 Nandana 5114	
Meena Rasi: 20.22	Tithi 27	Gulika	8:30AM – 10:16AM	Revati Until 1:16AM Fri	Ganesha: Yellow	<i>Sunrise: 4:59AM</i>	Moon 4 - Phase 5 2nd Phase
	216217269	Yama	4:59AM – 6:44AM	Priti Until 12:52PM	Muruga: White	<i>Sunset: 7:04PM</i>	
Creative Work Siddha Yoga		Rahu	1:47PM – 3:33PM	Kaulava Until 6:27AM	Nataraja: Clear		
Until 1:16AM Fri then Amrita Yoga				Dvadasi* Until 7:33PM	Moon – Clear	Sivaloka Day	
					Vaisaka*Vaikasi		
5		Friday, May 18, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Asvini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Tehran, Iran Sutra 36 Nandana 5114	
Mesha Rasi: 2.16	Tithi 28	Gulika	6:44AM – 8:30AM	Asvini Until 4:09AM Sat	Ganesha: Red	<i>Sunrise: 4:58AM</i>	Moon 4 - Phase 5 2nd Phase
	226217269	Yama	3:33PM – 5:19PM	Ayushman Until 1:46PM	Muruga: White	<i>Sunset: 7:05PM</i>	
Creative Work Amrita Yoga		Rahu	10:16AM – 12:02PM	Gara Until 8:48AM	Nataraja: Clear		
Until 10.28PM then Siddha Yoga				Trayodasi* Until 9:54PM	Moon – White	Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>	Vaisaka*Vaikasi		
6		Saturday, May 19, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Tehran, Iran Sutra 37 Nandana 5114	
Mesha Rasi: 14.04	Tithi 29	Gulika	4:57AM – 6:43AM	Bharani Until 7:38AM Sun	Ganesha: Red	<i>Sunrise: 4:57AM</i>	Moon 4 - Phase 5 2nd Phase
	226217269	Yama	1:48PM – 3:34PM	Saubhagya Until 2:48PM	Muruga: White	<i>Sunset: 7:06PM</i>	
Creative Work Siddha Yoga		Rahu	8:29AM – 10:16AM	Visti Until 11:19AM	Nataraja: Clear		
Until 10.28PM then no yoga				Chaturdasi* Until 12:24AM Sun	Moon – White	Sivaloka Day	
Until 7:38AM Sun then Siddha Yoga					Vaisaka*Vaikasi		
		Sunday, May 20, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Tehran, Iran Sutra 38 Nandana 5114	
Retreat Star		Gulika	3:34PM – 5:20PM	Bharani Until 7:38AM	Ganesha: Red	<i>Sunrise: 4:57AM</i>	Moon 4 - Phase 5 Amavasya
Mesha Rasi: 25.51	Tithi 30	Yama	12:02PM – 1:48PM	Sobhana Until 3:53PM	Muruga: White	<i>Sunset: 7:07PM</i>	
	226217269	Rahu	5:20PM – 7:07PM	Catuspada Until 1:53PM	Nataraja: Clear		
No Yoga				Amavasya* Until 2:59AM Mon	Moon – White	Sivaloka Day	
Until 7:38AM then Siddha Yoga		Annular Solar Eclipse			Vaisaka*Vaikasi		
Until 10.28PM then no yoga							
Monday, May 21, 2012		Retreat Star		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Tehran, Iran Sutra 39 Nandana 5114	
Vrishabha Rasi: 7.38	Tithi 1	Gulika	1:48PM – 3:35PM	Krittika Until 10:43AM	Ganesha: Red	<i>Sunrise: 4:56AM</i>	Moon 4 - Phase 5 Prathama
Family Home Evening	226217269	Yama	10:15AM – 12:02PM	Athiganda* Until 4:57PM	Muruga: White	<i>Sunset: 7:07PM</i>	
No Yoga		Rahu	6:42AM – 8:29AM	Kintughna Until 4:27PM	Nataraja: Clear		
Until 10:43AM then Amrita Yoga				Prathama* Until 5:32AM Tue	Moon – White	Sivaloka Day	
					Jyeshtha*Vaikasi		

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mr̥gendra Agama Jnana Pada 5.A1. MA, 138

All times are standard time

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1	Tuesday, May 22, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigasira Nakshatra Sukarma Yoga Balava Karana Dvitiya Yam Titau				Tehran, Iran
	Vrishabha Rasi: 19.29	Tithi 2	Gulika 12:02PM – 1:48PM	Rohini Until 1:42PM	Ganesha: Yellow	<i>Sunrise: 4:55AM</i>	Sutra 40
			Yama 8:29AM – 10:15AM	Sukarma Until 5:56PM	Muruga: White	<i>Sunset: 7:08PM</i>	Nandana 5114
	Creative Work Amrita Yoga Until 1:42PM then Siddha Yoga	236217269	Rahu 3:35PM – 5:22PM	Balava Until 6:53PM Dvitiya Until 8:02AM Wed	Nataraja: Clear Moon – Yellow Jyeshtha•Vaikasi	Sivaloka Day	Moon 4 - Phase 6 3rd Phase
2	Wednesday, May 23, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Tehran, Iran
	Mithuna Rasi: 1.25	Tithi 2 – 3	Gulika 10:15AM – 12:02PM	Mrigasira Until 4:30PM	Ganesha: Yellow	<i>Sunrise: 4:55AM</i>	Sutra 41
			Yama 6:42AM – 8:28AM	Dhriti Until 6:44PM	Muruga: White	<i>Sunset: 7:09PM</i>	Nandana 5114
	Creative Work Siddha Yoga Until 10.28PM then Marana Yoga	236217269	Rahu 12:02PM – 1:49PM	Taitila Until 9:07PM Dvitiya Until 8:02AM	Nataraja: Clear Moon – Yellow Jyeshtha•Vaikasi	Sivaloka Day	Moon 4 - Phase 6 3rd Phase
3	Thursday, May 24, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Tehran, Iran
	Mithuna Rasi: 13.29	Tithi 3 – 4	Gulika 8:28AM – 10:15AM	Ardra Until 7:01PM	Ganesha: Blue	<i>Sunrise: 4:54AM</i>	Sutra 42
			Yama 4:54AM – 6:41AM	Shula* Until 7:18PM	Muruga: White	<i>Sunset: 7:10PM</i>	Nandana 5114
	Routine Work Marana Yoga Until 7:01PM then Amrita Yoga Until 10.28PM then Siddha Yoga	237217269	Rahu 1:49PM – 3:36PM	Vanija Until 11:04PM Tritiya Until 9:59AM	Nataraja: Clear Moon – Yellow Jyeshtha•Vaikasi	Devaloka Day	Moon 4 - Phase 6 3rd Phase
4	Friday, May 25, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Tehran, Iran
	Mithuna Rasi: 25.44	Tithi 4 – 5	Gulika 6:41AM – 8:28AM	Punarvasu Until 9:12PM	Ganesha: Blue	<i>Sunrise: 4:54AM</i>	Sutra 43
			Yama 3:36PM – 5:23PM	Ganda* Until 7:32PM	Muruga: White	<i>Sunset: 7:10PM</i>	Nandana 5114
	Creative Work Siddha Yoga Until 9:12PM then Marana Yoga Until 10.28PM then Siddha Yoga	347217269	Rahu 10:15AM – 12:02PM	Bava Until 11:05PM Chaturthi* Until 11:05AM	Nataraja: Clear Moon – Blue Jyeshtha•Vaikasi	Devaloka Day	Moon 4 - Phase 6 3rd Phase
5	Saturday, May 26, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vridhhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Tehran, Iran
	Kataka Rasi: 8.11	Tithi 5 – 6	Gulika 4:53AM – 6:41AM	Pushya Until 9:39PM	Ganesha: Blue	<i>Sunrise: 4:53AM</i>	Sutra 44
			Yama 1:49PM – 3:37PM	Vridhhi Until 6:25PM	Muruga: White	<i>Sunset: 7:11PM</i>	Nandana 5114
	Creative Work Siddha Yoga Until 9:39PM then Marana Yoga Until 10.29PM then Siddha Yoga	347217269	Rahu 8:28AM – 10:15AM	Kaulava Until 12:05AM Sun Panchami Until 12:05PM	Nataraja: Clear Moon – Blue Jyeshtha•Vaikasi	Devaloka Day	Moon 4 - Phase 6 3rd Phase
6	Sunday, May 27, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Tehran, Iran
	Kataka Rasi: 20.55	Tithi 6 – 7	Gulika 3:37PM – 5:24PM	Aslesha* Until 10:46PM	Ganesha: Blue	<i>Sunrise: 4:53AM</i>	Sutra 45
			Yama 12:02PM – 1:50PM	Dhruva Until 5:49PM	Muruga: White	<i>Sunset: 7:12PM</i>	Nandana 5114
	Creative Work Siddha Yoga	347217269	Rahu 5:24PM – 7:12PM	Gara Until 12:33AM Mon Shasthi* Until 12:33PM	Nataraja: Clear Moon – Blue Jyeshtha•Vaikasi	Devaloka Day	Moon 4 - Phase 6 3rd Phase
D	Monday, May 28, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Tehran, Iran
	Retreat Star		Gulika 1:50PM – 3:37PM	Magha* Until 11:19PM	Ganesha: Yellow	<i>Sunrise: 4:52AM</i>	Sutra 46
	Simha Rasi: 3.58	Tithi 7 – 8	Yama 10:15AM – 12:02PM	Vyaghata* Until 4:40PM	Muruga: White	<i>Sunset: 7:12PM</i>	Nandana 5114
	Family Home Evening Creative Work Siddha Yoga	357217269	Rahu 6:40AM – 8:27AM	Visti Until 12:24AM Tue Saptami Until 12:24PM	Nataraja: Clear Moon – Red Jyeshtha•Vaikasi	Sivaloka Day	Moon 4 - Phase 6 Ashtami
	Tuesday, May 29, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Tehran, Iran
	Retreat Star		Gulika 12:03PM – 1:50PM	Purvaphalguni* Until 9:59PM	Ganesha: Yellow	<i>Sunrise: 4:52AM</i>	Sutra 47
	Simha Rasi: 17.21	Tithi 8 – 9	Yama 8:27AM – 10:15AM	Harshana Until 2:20PM	Muruga: White	<i>Sunset: 7:13PM</i>	Nandana 5114
	Creative Work Siddha Yoga Until 9:59PM then Amrita Yoga	357217269	Rahu 3:38PM – 5:25PM	Balava Until 10:11PM Ashtami* Until 11:06AM	Nataraja: Clear Moon – Red Jyeshtha•Vaikasi	Sivaloka Day	Moon 4 - Phase 6 Navami

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

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1		Wednesday, May 30, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Siddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Tehran, Iran Sutra 48 Nandana 5114	
Kanya Rasi: 1.07	Tithi 9 – 10	357317269	Gulika 10:15AM – 12:03PM Yama 6:39AM – 8:27AM Rahu 12:03PM – 1:50PM	Uttaraphalguni Until 9:13PM Vajra* Until 12:05PM Taitila Until 8:40PM Navami* Until 9:36AM	Ganesha: White Muruga: White Nataraja: Clear Moon – Red Jyeshtha*Vaikasi	Sunrise: 4:52AM Sunset: 7:14PM	Moon 4 - Phase 7 4th Phase
Creative Work Amrita Yoga Until 9:13PM then Siddha Yoga Until 10.29PM then no yoga					Subha Sivaloka Day		
2		Thursday, May 31, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Tehran, Iran Sutra 49 Nandana 5114	
Kanya Rasi: 15.17	Tithi 10 – 11	368317269	Gulika 8:27AM – 10:15AM Yama 4:51AM – 6:39AM Rahu 1:51PM – 3:39PM	Hasta Until 6:52PM Siddhi Until 9:13AM Vanija Until 3:50AM Fri Dasami Until 7:16AM	Ganesha: White Muruga: White Nataraja: Clear Moon – Green Jyeshtha*Vaikasi	Sunrise: 4:51AM Sunset: 7:14PM	Moon 4 - Phase 7 4th Phase
No Yoga Until 6:52PM then Siddha Yoga					Devaloka Day		
3		Friday, June 1, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Bava/Balava Karana Dvadasi Yam Titau		Tehran, Iran Sutra 50 Nandana 5114	
Kanya Rasi: 29.49	Tithi 12	368317269	Gulika 6:39AM – 8:27AM Yama 3:39PM – 5:27PM Rahu 10:15AM – 12:03PM	Chitra Until 4:57PM Variyan Until 1:47AM Sat Bava Until 2:51PM Dvadasi Until 1:09AM Sat	Ganesha: White Muruga: White Nataraja: Clear Moon – Green Jyeshtha*Vaikasi	Sunrise: 4:51AM Sunset: 7:15PM	Moon 4 - Phase 7 4th Phase
Creative Work Siddha Yoga					Devaloka Day		
4		Saturday, June 2, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Visakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Tehran, Iran Sutra 51 Nandana 5114	
Tula Rasi: 14.39	Tithi 13	368327269	Gulika 4:51AM – 6:39AM Yama 1:51PM – 3:39PM Rahu 8:27AM – 10:15AM	Svati Until 2:34PM Parigha* Until 10:06PM Kaulava Until 11:39AM Trayodasi Until 9:56PM <i>Pradosha Vrata</i>	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Green Jyeshtha*Vaikasi	Sunrise: 4:51AM Sunset: 7:16PM	Moon 4 - Phase 7 4th Phase
Creative Work Siddha Yoga Until 10.30PM then Marana Yoga			Vaikasi Visakam		Bhuloka Day Devaloka Time: 3:PM to 6:PM		
5		Sunday, June 3, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Tehran, Iran Sutra 52 Nandana 5114	
Tula Rasi: 29.4	Tithi 14	378327269	Gulika 3:40PM – 5:28PM Yama 12:03PM – 1:51PM Rahu 5:28PM – 7:16PM	Visakha Until 11:51AM Shiva Until 6:08PM Gara Until 8:07AM Chaturdasi* Until 6:24PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange Jyeshtha*Vaikasi	Sunrise: 4:50AM Sunset: 7:16PM	Moon 4 - Phase 7 4th Phase
Routine Work Marana Yoga Until 10.30PM then Siddha Yoga					Devaloka Day		
○		Monday, June 4, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Tehran, Iran Sutra 53 Nandana 5114	
Copper Retreat Star			Gulika 1:52PM – 3:40PM Yama 10:15AM – 12:03PM Rahu 6:38AM – 8:27AM	Anuradha Until 9:03AM Siddha Until 2:04PM Balava Until 1:02AM Tue Purnima* Until 2:45PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange Jyeshtha*Vaikasi	Sunrise: 4:50AM Sunset: 7:17PM	Moon 4 - Phase 7 Purnima
Vrischika Rasi: 14.46 Family Home Evening Creative Work Siddha Yoga		378327269	Partial Lunar Eclipse		Devaloka Day		
Tuesday, June 5, 2012		Silver Retreat Star		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau		Tehran, Iran Sutra 54 Nandana 5114	
Vrischika Rasi: 29.46	Tithi 16 – 17	378327261	Gulika 12:04PM – 1:52PM Yama 8:27AM – 10:15AM Rahu 3:40PM – 5:29PM	Jyeshtha* Until 6:23AM Sadhya Until 10:07AM Taitila Until 9:31PM Prathama* Until 11:14AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange Jyeshtha*Vaikasi	Sunrise: 4:50AM Sunset: 7:17PM	Moon 4 - Phase 7 Prathama
Creative Work Siddha Yoga Until 6.23AM then Amrita Yoga Until 10.30PM then Marana Yoga					Devaloka Day		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death.
Shukla Yajur Veda, Isau 3. bo UpR, 570

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Wednesday, June 6, 2012

Gold Retreat Star

Dhanus Rasi: 14.33 Tithi 17 – 18
389327261
Creative Work Amrita Yoga
Until 10.30PM then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 10:15AM – 12:04PM **Purvashadha* Until 2:46AM Thu**
Yama 6:38AM – 8:27AM Subha Until 6:33AM
Rahu 12:04PM – 1:52PM Vanija Until 7:20PM
Dvitiya Until 8:16AM
Ganesha: Clear *Sunrise: 4:50AM*
Muruga: Clear *Sunset: 7:19PM*
Nataraja: Clear
Moon – Light Blue
Jyeshtha*Vaikasi

Tehran, Iran
Sun 1 Sutra 55
Nandana 5114
Moon 5 - Phase 8
1st Phase

Devaloka Day

Thursday, June 7, 2012

1

Dhanus Rasi: 29.01 Tithi 19
389327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Brahma Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 8:27AM – 10:15AM **Uttarashadha Until 12:51AM Fri**
Yama 4:50AM – 6:38AM Brahma Until 12:33AM Fri
Rahu 1:53PM – 3:41PM Bava Until 4:34PM
Chaturthi* Until 3:39AM Fri
Ganesha: Clear *Sunrise: 4:50AM*
Muruga: Clear *Sunset: 7:19PM*
Nataraja: Clear
Moon – Light Blue
Jyeshtha*Vaikasi

Tehran, Iran
Sun 2 Sutra 56
Nandana 5114
Moon 5 - Phase 8
1st Phase

Devaloka Day

Friday, June 8, 2012

2

Makara Rasi: 13.03 Tithi 20
389327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Sravana Nakshatra Indra Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 6:38AM – 8:27AM **Sravana Until 11:38PM**
Yama 3:41PM – 5:30PM Indra Until 9:53PM
Rahu 10:15AM – 12:04PM Kaulava Until 2:34PM
Panchami Until 1:39AM Sat
Ganesha: Purple *Sunrise: 4:50AM*
Muruga: Clear *Sunset: 7:19PM*
Nataraja: Clear
Moon – Purple
Jyeshtha*Vaikasi

Tehran, Iran
Sun 3 Sutra 57
Nandana 5114
Moon 5 - Phase 8
1st Phase

Sivaloka Day

Saturday, June 9, 2012

3

Makara Rasi: 26.39 Tithi 21
389327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 4:49AM – 6:38AM **Dhanishtha Until 12:30AM Sun**
Yama 1:53PM – 3:42PM Vaidhriti* Until 8:55PM
Rahu 8:27AM – 10:16AM Gara Until 2:00PM
Shasthi* Until 2:00AM Sun
Ganesha: Purple *Sunrise: 4:49AM*
Muruga: Clear *Sunset: 7:19PM*
Nataraja: Clear
Moon – Purple
Jyeshtha*Vaikasi

Tehran, Iran
Sun 4 Sutra 58
Nandana 5114
Moon 5 - Phase 8
1st Phase

Sivaloka Day

Sunday, June 10, 2012

4

Kumbha Rasi: 9.49 Tithi 22
389327261
Creative Work Siddha Yoga
Until 12:48AM Mon then no yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Satabhisha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 3:42PM – 5:31PM **Satabhisha Until 12:48AM Mon**
Yama 12:05PM – 1:53PM Vishkambha* Until 7:35PM
Rahu 5:31PM – 7:20PM Visti Until 1:35PM
Saptami Until 1:35AM Mon
Ganesha: Purple *Sunrise: 4:49AM*
Muruga: Clear *Sunset: 7:20PM*
Nataraja: Clear
Moon – Purple
Jyeshtha*Vaikasi

Tehran, Iran
Sun 5 Sutra 59
Nandana 5114
Moon 5 - Phase 8
1st Phase

Sivaloka Day

Monday, June 11, 2012

D

Retreat Star

Kumbha Rasi: 22.35 Tithi 23
Family Home Evening 319327261
No Yoga
Until 10.31PM then Marana Yoga
Until 3:31AM Tue then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprostapada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 1:54PM – 3:42PM **Purvaprostapada* Until 3:31AM Tue**
Yama 10:16AM – 12:05PM Priti Until 7:54PM
Rahu 6:38AM – 8:27AM Balava Until 2:41PM
Ashtami* Until 3:47AM Tue
Ganesha: Blue *Sunrise: 4:49AM*
Muruga: Clear *Sunset: 7:20PM*
Nataraja: Clear
Moon – Clear
Jyeshtha*Vaikasi

Tehran, Iran
Sun 6 Sutra 60
Nandana 5114
Moon 5 - Phase 8
Ashtami

Sivaloka Day

Tuesday, June 12, 2012

Retreat Star

Meena Rasi: 5 Tithi 24
319327261
Creative Work Amrita Yoga
Until 10.31PM then Siddha Yoga
Until 5:20AM Wed then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada Nakshatra Ayushman Yoga Taitila/Gara Karana Navami* Yam Titau
Gulika 12:05PM – 1:54PM **Uttaraprostapada Until 5:20AM Wed**
Yama 8:27AM – 10:16AM Ayushman Until 7:49PM
Rahu 3:43PM – 5:32PM Taitila Until 3:51PM
Navami* Until 4:56AM Wed
Ganesha: Blue *Sunrise: 4:49AM*
Muruga: Clear *Sunset: 7:21PM*
Nataraja: Clear
Moon – Clear
Jyeshtha*Vaikasi

Tehran, Iran
Sun 7 Sutra 61
Nandana 5114
Moon 5 - Phase 8
Navami

Sivaloka Day

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. %ig Veda Sanihita 2.28.5. VE,514

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1 Wednesday, June 13, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dasami Yam Titau				Tehran, Iran Sun 8 Sutra 62 Nandana 5114
Meena Rasi: 17.1	Tithi 25	Gulika 10:16AM – 12:05PM Yama 6:38AM – 8:27AM Rahu 12:05PM – 1:54PM	Revati Until 7:45AM Thu Saubhagya Until 8:13PM Vanija Until 5:35PM Dasami Until 6:39AM Thu	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear Jyeshtha•Vaikasi	<i>Sunrise: 4:49AM</i> <i>Sunset: 7:21PM</i>	Moon 5 - Phase 9 2nd Phase
Routine Work Marana Yoga Until 10.32PM then Siddha Yoga Until 7:45AM Thu then Amrita Yoga		319327261		Sivaloka Day		
2 Thursday, June 14, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Asvini Nakshatra Sobhana Yoga Visti*/Bava Karana Dasami/Ekadas* Yam Titau				Tehran, Iran Sun 9 Sutra 63 Nandana 5114
Meena Rasi: 29.07	Tithi 25 – 26	Gulika 8:27AM – 10:16AM Yama 4:49AM – 6:38AM Rahu 1:54PM – 3:43PM	Revati Until 7:45AM Sobhana Until 8:59PM Bava Until 7:45PM Dasami Until 6:39AM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Clear Jyeshtha•Ani	<i>Sunrise: 4:49AM</i> <i>Sunset: 7:21PM</i>	Moon 5 - Phase 9 2nd Phase
Creative Work Siddha Yoga Until 7:45AM then Amrita Yoga		311327261		Sivaloka Day		
3 Friday, June 15, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadas*/Dvadas* Yam Titau				Tehran, Iran Sun 10 Sutra 64 Nandana 5114
Mesha Rasi: 10.58	Tithi 26 – 27	Gulika 6:38AM – 8:27AM Yama 3:44PM – 5:33PM Rahu 10:17AM – 12:06PM	Asvini Until 10:44AM Athiganda* Until 9:59PM Kaulava Until 10:11PM Ekadas* Until 9:05AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Jyeshtha•Ani	<i>Sunrise: 4:49AM</i> <i>Sunset: 7:22PM</i>	Moon 5 - Phase 9 2nd Phase
Creative Work Amrita Yoga Until 10:44AM then Siddha Yoga		321327261		Devaloka Day		
4 Saturday, June 16, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Taitila/Gara Karana Dvadas*/Trayodasi* Yam Titau				Tehran, Iran Sun 11 Sutra 65 Nandana 5114
Mesha Rasi: 22.45	Tithi 27 – 28	Gulika 4:49AM – 6:39AM Yama 1:55PM – 3:44PM Rahu 8:28AM – 10:17AM	Bharani Until 1:50PM Sukarma Until 11:05PM Gara Until 12:44AM Sun Dvadas* Until 11:39AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Jyeshtha•Ani	<i>Sunrise: 4:49AM</i> <i>Sunset: 7:22PM</i>	Moon 5 - Phase 9 2nd Phase
Creative Work Siddha Yoga Until 1:50PM then Amrita Yoga Until 10.32PM then Siddha Yoga		321327261		Devaloka Day		
5 Sunday, June 17, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau				Tehran, Iran Sun 12 Sutra 66 Nandana 5114
Vrishabha Rasi: 4.32	Tithi 28 – 29	Gulika 3:44PM – 5:33PM Yama 12:06PM – 1:55PM Rahu 5:33PM – 7:22PM	Krittika Until 4:55PM Dhriti Until 12:10AM Mon Visti Until 3:17AM Mon Trayodasi* Until 2:11PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Jyeshtha•Ani	<i>Sunrise: 4:50AM</i> <i>Sunset: 7:22PM</i>	Moon 5 - Phase 9 2nd Phase
Creative Work Siddha Yoga Until 10.33PM then Amrita Yoga		321327261		Devaloka Day		
6 Monday, June 18, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Tehran, Iran Sun 13 Sutra 67 Nandana 5114
Vrishabha Rasi: 16.23	Tithi 29 – 30	Gulika 1:55PM – 3:44PM Yama 10:17AM – 12:06PM Rahu 6:39AM – 8:28AM	Rohini Until 7:53PM Shula* Until 1:08AM Tue Catuspada Until 5:41AM Tue Chaturdasi* Until 4:35PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Yellow Jyeshtha•Ani	<i>Sunrise: 4:50AM</i> <i>Sunset: 7:23PM</i>	Moon 5 - Phase 9 2nd Phase
Family Home Evening Creative Work Amrita Yoga Until 10.33PM then Siddha Yoga		331327261		Devaloka Day		
 Tuesday, June 19, 2012 Retreat Star		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigasira Nakshatra Ganda* Yoga Naga* Karana Amavasya* Yam Titau				Tehran, Iran Sun 14 Sutra 68 Nandana 5114
Vrishabha Rasi: 28.21	Tithi 30	Gulika 12:06PM – 1:56PM Yama 8:28AM – 10:17AM Rahu 3:45PM – 5:34PM	Mrigasira Until 10:38PM Ganda* Until 1:54AM Wed Naga Until 7:51AM Wed Amavasya* Until 6:45PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Yellow Jyeshtha•Ani	<i>Sunrise: 4:50AM</i> <i>Sunset: 7:23PM</i>	Moon 5 - Phase 9 Amavasya
Creative Work Siddha Yoga		331327261		Devaloka Day		
Wednesday, June 20, 2012 Retreat Star		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Tehran, Iran Sun 15 Sutra 69 Nandana 5114
Mithuna Rasi: 10.28	Tithi 1	Gulika 10:17AM – 12:07PM Yama 6:39AM – 8:28AM Rahu 12:07PM – 1:56PM	Ardra Until 1:04AM Thu Vriddhi Until 2:24AM Thu Kintughna Until 7:30AM Prathama* Until 8:35PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Yellow Ashada•Ani	<i>Sunrise: 4:50AM</i> <i>Sunset: 7:23PM</i>	Moon 5 - Phase 9 Prathama
Creative Work Siddha Yoga Until 10.33PM then Marana Yoga Until 1:04AM Thu then Amrita Yoga		331327261		Devaloka Day		

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94

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1	Thursday, June 21, 2012			Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran	
				Punarvasu Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiya Yam Titau				Sun 16 Sutra 70	
	Mithuna Rasi: 22.46	Tithi 2	341327261	Gulika	8:29AM – 10:18AM	Punarvasu Until 3:09AM Fri	Ganesha: Clear	Sunrise: 4:50AM	Moon 5 - Phase 10
				Yama	4:50AM – 6:39AM	Dhruva Until 2:33AM Fri	Muruga: Clear	Sunset: 7:23PM	
Creative Work Amrita Yoga			Rahu	1:56PM – 3:45PM	Balava Until 8:41AM	Nataraja: Clear		3rd Phase	
Until 10.33PM then Siddha Yoga			Moon – Blue						Devaloka Day
Until 3:09AM Fri then Marana Yoga			Ashada•Ani						
2	Friday, June 22, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran	
				Pushya Nakshatra Vyaghata* Yoga Taitila/Gara Karana Tritiya Yam Titau				Sun 17 Sutra 71	
	Kataka Rasi: 5.16	Tithi 3	341327261	Gulika	6:40AM – 8:29AM	Pushya Until 3:03AM Sat	Ganesha: Clear	Sunrise: 4:51AM	Moon 5 - Phase 10
				Yama	3:45PM – 5:34PM	Vyaghata* Until 12:53AM Sat	Muruga: Clear	Sunset: 7:24PM	
Routine Work Marana Yoga			Rahu	10:18AM – 12:07PM	Taitila Until 9:36AM	Nataraja: Clear		3rd Phase	
Until 10.34PM then Siddha Yoga			Moon – Blue						Devaloka Day
Until 3:03AM Sat then Marana Yoga			Ashada•Ani						
3	Saturday, June 23, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran	
				Aslesha* Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Sun 18 Sutra 72	
	Kataka Rasi: 17.59	Tithi 4	341327261	Gulika	4:51AM – 6:40AM	Aslesha* Until 4:12AM Sun	Ganesha: Clear	Sunrise: 4:51AM	Moon 5 - Phase 10
				Yama	1:56PM – 3:45PM	Harshana Until 12:18AM Sun	Muruga: Clear	Sunset: 7:24PM	
Routine Work Marana Yoga			Rahu	8:29AM – 10:18AM	Vanija Until 10:04AM	Nataraja: Clear		3rd Phase	
Until 10.34PM then Siddha Yoga			Moon – Blue						Devaloka Day
Until 4:12AM Sun then Marana Yoga			Ashada•Ani						
4	Sunday, June 24, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran	
				Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchami Yam Titau				Sun 19 Sutra 73	
	Simha Rasi: 0.55	Tithi 5	352427261	Gulika	3:46PM – 5:35PM	Magha* Until 4:55AM Mon	Ganesha: Purple	Sunrise: 4:51AM	Moon 5 - Phase 10
				Yama	12:07PM – 1:57PM	Vajra* Until 11:20PM	Muruga: Clear	Sunset: 7:24PM	
Routine Work Marana Yoga			Rahu	5:35PM – 7:24PM	Bava Until 10:05AM	Nataraja: Clear		3rd Phase	
Until 10.34PM then Siddha Yoga			Moon – Red						Sivaloka Day
			Ashada•Ani						
5	Monday, June 25, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran	
				Purvaphalguni* Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Sun 20 Sutra 74	
	Simha Rasi: 14.07	Tithi 6	352427261	Gulika	1:57PM – 3:46PM	Purvaphalguni* Until 5:11AM Tue	Ganesha: Purple	Sunrise: 4:51AM	Moon 5 - Phase 10
	Family Home Evening			Yama	10:19AM – 12:08PM	Siddhi Until 9:57PM	Muruga: Clear	Sunset: 7:24PM	
Creative Work Siddha Yoga			Rahu	6:40AM – 8:30AM	Kaulava Until 9:38AM	Nataraja: Clear		3rd Phase	
Until 5:11AM Tue then Amrita Yoga			Moon – Red						Sivaloka Day
			Ashada•Ani						
6	Tuesday, June 26, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran	
				Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptami Yam Titau				Sun 21 Sutra 75	
	Simha Rasi: 27.33	Tithi 7	352427261	Gulika	12:08PM – 1:57PM	Uttaraphalguni Until 3:20AM Wed	Ganesha: Purple	Sunrise: 4:52AM	Moon 5 - Phase 10
				Yama	8:30AM – 10:19AM	Vyatipata* Until 7:11PM	Muruga: Clear	Sunset: 7:24PM	
Creative Work Amrita Yoga			Rahu	3:46PM – 5:35PM	Gara Until 8:27AM	Nataraja: Clear		3rd Phase	
Until 3:20AM Wed then Siddha Yoga			Moon – Red						Sivaloka Day
			Ashada•Ani						
D	Wednesday, June 27, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran	
	Retreat Star			Hasta Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Sun 22 Sutra 76	
	Kanya Rasi: 11.16	Tithi 8	362427261	Gulika	10:19AM – 12:08PM	Hasta Until 2:41AM Thu	Ganesha: Clear	Sunrise: 4:52AM	Moon 5 - Phase 10
				Yama	6:41AM – 8:30AM	Variyan Until 5:03PM	Muruga: Clear	Sunset: 7:24PM	
Creative Work Siddha Yoga			Rahu	12:08PM – 1:57PM	Visti Until 7:03AM	Nataraja: Clear		Ashtami	
Until 10.35PM then no yoga			Moon – Green						Devaloka Day
Until 2:41AM Thu then Siddha Yoga			Ashada•Ani						
	Thursday, June 28, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran	
	Retreat Star			Chitra Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Sun 23 Sutra 77	
	Kanya Rasi: 25.15	Tithi 9 – 10	362427261	Gulika	8:30AM – 10:19AM	Chitra Until 1:34AM Fri	Ganesha: Clear	Sunrise: 4:52AM	Moon 5 - Phase 10
				Yama	4:52AM – 6:41AM	Parigha* Until 2:28PM	Muruga: Clear	Sunset: 7:24PM	
Creative Work Siddha Yoga			Rahu	1:57PM – 3:46PM	Taitila Until 3:17AM Fri	Nataraja: Clear		Navami	
			Moon – Green						Devaloka Day
			Ashada•Ani						

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

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1	Friday, June 29, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dasami/Ekadasa Yam Titau						Tehran, Iran		
	Tula Rasi: 9.31	Tithi 10 – 11	362427261	Gulika	6:42AM – 8:31AM	Svati Until 10:46PM	Ganesha: Clear	<i>Sunrise: 4:53AM</i>	Sun 24	Sutra 78	
				Yama	3:46PM – 5:35PM	Shiva Until 11:28AM	Muruga: Clear	<i>Sunset: 7:24PM</i>		Nandana 5114	
	Creative Work	Siddha Yoga		Rahu	10:20AM – 12:08PM	Vanija Until 11:31PM	Nataraja: Clear		Moon 5 - Phase 11	4th Phase	
				Dasami Until 1:14PM				Ashada•Ani	Devaloka Day		
2	Saturday, June 30, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadasa/Dvadasa Yam Titau						Tehran, Iran		
	Tula Rasi: 24.01	Tithi 11 – 12	372427261	Gulika	4:53AM – 6:42AM	Visakha Until 8:54PM	Ganesha: White	<i>Sunrise: 4:53AM</i>	Sun 25	Sutra 79	
				Yama	1:57PM – 3:46PM	Siddha Until 7:56AM	Muruga: Clear	<i>Sunset: 7:24PM</i>		Nandana 5114	
	Creative Work	Siddha Yoga		Rahu	8:31AM – 10:20AM	Bava Until 8:52PM	Nataraja: Clear		Moon 5 - Phase 11	4th Phase	
				Ekadasa Until 10:35AM				Ashada•Ani	Sivaloka Day		
3	Sunday, July 1, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Balava/Kaulava Karana Dvadasa/Trayodasi Yam Titau						Tehran, Iran		
	Vrischika Rasi: 8.42	Tithi 12 – 13	372427261	Gulika	3:46PM – 5:35PM	Anuradha Until 6:44PM	Ganesha: White	<i>Sunrise: 4:54AM</i>	Sun 26	Sutra 80	
				Yama	12:09PM – 1:58PM	Subha Until 12:29AM Mon	Muruga: Clear	<i>Sunset: 7:24PM</i>		Nandana 5114	
	Routine Work	Marana Yoga		Rahu	5:35PM – 7:24PM	Kaulava Until 4:11AM Mon	Nataraja: Clear		Moon 5 - Phase 11	4th Phase	
				Dvadasa Until 7:37AM				Ashada•Ani	Sivaloka Day		
				Pradosha Vrata							
4	Monday, July 2, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Gara/Vanija Karana Chaturdasi* Yam Titau						Tehran, Iran		
	Vrischika Rasi: 23.29	Tithi 14	372427261	Gulika	1:58PM – 3:46PM	Jyeshtha* Until 4:26PM	Ganesha: White	<i>Sunrise: 4:54AM</i>	Sun 27	Sutra 81	
	Family Home Evening			Yama	10:20AM – 12:09PM	Sukla Until 8:53PM	Muruga: Clear	<i>Sunset: 7:24PM</i>		Nandana 5114	
	Creative Work	Siddha Yoga		Rahu	6:43AM – 8:32AM	Gara Until 2:47PM	Nataraja: Clear		Moon 5 - Phase 11	4th Phase	
				Chaturdasi* Until 1:04AM Tue				Ashada•Ani	Sivaloka Day		
O	Tuesday, July 3, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnima* Yam Titau						Tehran, Iran		
	Copper Retreat Star		382427261	Gulika	12:09PM – 1:58PM	Mula* Until 2:10PM	Ganesha: Yellow	<i>Sunrise: 4:55AM</i>	Sun 28	Sutra 82	
	Dhanus Rasi: 8.14	Tithi 15		Yama	8:32AM – 10:21AM	Brahma Until 5:19PM	Muruga: Clear	<i>Sunset: 7:24PM</i>		Nandana 5114	
	Creative Work	Amrita Yoga		Rahu	3:46PM – 5:35PM	Visti Until 11:41AM	Nataraja: Clear		Moon 5 - Phase 11	Purnima	
				Purnima* Until 9:58PM				Ashada•Ani	Devaloka Day		
				Satguru Purnima							
	Wednesday, July 4, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathama* Yam Titau						Tehran, Iran		
	Silver Retreat Star		382427261	Gulika	10:21AM – 12:09PM	Purvashadha* Until 12:33PM	Ganesha: Yellow	<i>Sunrise: 4:55AM</i>	Sun 29	Sutra 83	
	Dhanus Rasi: 22.51	Tithi 16		Yama	6:44AM – 8:32AM	Indra Until 2:30PM	Muruga: Clear	<i>Sunset: 7:24PM</i>		Nandana 5114	
	Creative Work	Amrita Yoga		Rahu	12:09PM – 1:58PM	Balava Until 9:04AM	Nataraja: Clear		Moon 5 - Phase 11	Prathama	
				Prathama* Until 8:08PM				Ashada•Ani	Devaloka Day		

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda, Maitu 3.2. UpH, 418

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Thursday, July 5, 2012
Gold Retreat Star

Makara Rasi: 7.13 Tithi 17 – 18
382427261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 8:33AM – 10:21AM
Yama 4:56AM – 6:44AM
Rahu 1:58PM – 3:46PM

Uttarashadha Until 10:47AM
Vaidhriti* Until 11:20AM
Taitila Until 6:28AM
Dvitiya Until 5:32PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Ashada*Ani

Sunrise: 4:56AM
Sunset: 7:23PM

Sun 1 Sutra 84
Nandana 5114
Moon 6 - Phase 12
1st Phase
Devaloka Day

1

Friday, July 6, 2012

Makara Rasi: 21.14 Tithi 18 – 19
492427261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 6:45AM – 8:33AM
Yama 3:46PM – 5:35PM
Rahu 10:21AM – 12:10PM

Sravana Until 9:37AM
Vishkambha* Until 8:43AM
Bava Until 2:39AM Sat
Tritiya Until 3:34PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada*Ani

Sunrise: 4:56AM
Sunset: 7:23PM

Sun 2 Sutra 85
Nandana 5114
Moon 6 - Phase 12
1st Phase
Devaloka Day

2

Saturday, July 7, 2012

Kumbha Rasi: 4.51 Tithi 19 – 20
492427261
Creative Work Siddha Yoga
Until 9:22AM then Amrita Yoga
Until 10.36PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 4:57AM – 6:45AM
Yama 1:58PM – 3:46PM
Rahu 8:33AM – 10:22AM

Dhanishtha Until 9:22AM
Priti Until 6:47AM
Kaulava Until 3:02AM Sun
Chaturthi* Until 3:02PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada*Ani

Sunrise: 4:57AM
Sunset: 7:23PM

Sun 3 Sutra 86
Nandana 5114
Moon 6 - Phase 12
1st Phase
Devaloka Day

3

Sunday, July 8, 2012

Kumbha Rasi: 18.03 Tithi 20 – 21
493427261
Creative Work Siddha Yoga
Until 10.37PM then no yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 3:46PM – 5:35PM
Yama 12:10PM – 1:58PM
Rahu 5:35PM – 7:23PM

Satabhisha Until 9:36AM
Saubhagya Until 4:14AM Mon
Gara Until 2:32AM Mon
Panchami Until 2:32PM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada*Ani

Sunrise: 4:57AM
Sunset: 7:23PM

Sun 4 Sutra 87
Nandana 5114
Moon 6 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Monday, July 9, 2012

Meena Rasi: 0.51 Tithi 21 – 22
Family Home Evening
No Yoga
413427261
Until 10:58AM then Siddha Yoga
Until 10.37PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 1:58PM – 3:46PM
Yama 10:22AM – 12:10PM
Rahu 6:46AM – 8:34AM

Purvaprostapada* Until 10:58AM
Sobhana Until 5:09AM Tue
Visti Until 4:44AM Tue
Shasthi* Until 3:39PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada*Ani

Sunrise: 4:58AM
Sunset: 7:22PM

Sun 5 Sutra 88
Nandana 5114
Moon 6 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Tuesday, July 10, 2012

Meena Rasi: 13.19 Tithi 22 – 23
413427261
Creative Work Amrita Yoga
Until 12:43PM then Siddha Yoga
Until 10.37PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada*/Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 12:10PM – 1:58PM
Yama 8:34AM – 10:22AM
Rahu 3:46PM – 5:34PM

Uttaraprostapada Until 12:43PM
Athiganda* Until 5:01AM Wed
Balava Until 5:50AM Wed
Saptami Until 4:44PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada*Ani

Sunrise: 4:58AM
Sunset: 7:22PM

Sun 6 Sutra 89
Nandana 5114
Moon 6 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM



Wednesday, July 11, 2012
Retreat Star

Meena Rasi: 25.28 Tithi 23
413427261
Routine Work Marana Yoga
Until 10.37PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Asvini Nakshatra Sukarma Yoga Kaulava Karana Ashtami* Yam Titau

Gulika 10:23AM – 12:10PM
Yama 6:47AM – 8:35AM
Rahu 12:10PM – 1:58PM

Revati Until 3:03PM
Sukarma Until 5:25AM Thu
Kaulava Until 7:32AM Thu
Ashtami* Until 6:27PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada*Ani

Sunrise: 4:59AM
Sunset: 7:22PM

Sun 7 Sutra 90
Nandana 5114
Moon 6 - Phase 12
Ashtami
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Thursday, July 12, 2012
Retreat Star

Mesha Rasi: 7.26 Tithi 24
423427261
Creative Work Amrita Yoga
Until 5:47PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini/Bharani Nakshatra Dhriti Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 8:35AM – 10:23AM
Yama 5:00AM – 6:47AM
Rahu 1:58PM – 3:46PM

Asvini Until 5:47PM
Dhriti Until 6:34AM Fri
Taitila Until 7:31AM
Navami* Until 8:36PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – White
Ashada*Ani

Sunrise: 5:00AM
Sunset: 7:21PM

Sun 8 Sutra 91
Nandana 5114
Moon 6 - Phase 12
Navami
Devaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. Krishna Yajur Veda, Maitu 6.34. UpM, 104

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1 Friday, July 13, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dasami Yam Titau				Tehran, Iran Sutra 92 Nandana 5114
Mesha Rasi: 19.17	Tithi 25	Gulika 6:48AM – 8:35AM Yama 3:46PM – 5:33PM Rahu 10:23AM – 12:11PM	Bharani Until 8:47PM Dhriti Until 6:34AM Vanija Until 9:57AM Dasami Until 11:02PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Ashada*Ani	Sunrise: 5:00AM Sunset: 7:21PM	Sun 9 Moon 6 - Phase 13 2nd Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 10.37PM then Amrita Yoga						
2 Saturday, July 14, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadasi* Yam Titau				Tehran, Iran Sutra 93 Nandana 5114
Vrishabha Rasi: 1.04	Tithi 26	Gulika 5:01AM – 6:48AM Yama 1:58PM – 3:46PM Rahu 8:36AM – 10:23AM	Krittika Until 11:51PM Shula* Until 7:38AM Bava Until 12:28PM Ekadasi* Until 1:34AM Sun	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Ashada*Ani	Sunrise: 5:01AM Sunset: 7:21PM	Sun 10 Moon 6 - Phase 13 2nd Phase
Creative Work	Amrita Yoga					Devaloka Day
Until 10.37PM then Siddha Yoga						
3 Sunday, July 15, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taila Karana Dvadasi* Yam Titau				Tehran, Iran Sutra 94 Nandana 5114
Vrishabha Rasi: 12.55	Tithi 27	Gulika 3:45PM – 5:33PM Yama 12:11PM – 1:58PM Rahu 5:33PM – 7:20PM	Rohini Until 2:51AM Mon Ganda* Until 8:39AM Kaulava Until 2:55PM Dvadasi* Until 4:00AM Mon	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Ashada*Ani	Sunrise: 5:02AM Sunset: 7:20PM	Sun 11 Moon 6 - Phase 13 2nd Phase
Creative Work	Siddha Yoga					Bhuloka Day
Until 10.37PM then Amrita Yoga						Devaloka Time: 3:PM to 6:PM
4 Monday, July 16, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigasira Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Tehran, Iran Sutra 95 Nandana 5114
Vrishabha Rasi: 24.51	Tithi 28	Gulika 1:58PM – 3:45PM Yama 10:24AM – 12:11PM Rahu 6:49AM – 8:37AM	Mrigasira Until 5:38AM Tue Vridhhi Until 9:28AM Gara Until 5:08PM Trayodasi* Until 6:13AM Tue <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Ashada*Adi	Sunrise: 5:02AM Sunset: 7:20PM	Sun 12 Moon 6 - Phase 13 2nd Phase
Family Home Evening						Bhuloka Day
Creative Work	Amrita Yoga					Devaloka Time: 3:PM to 6:PM
Until 10.38PM then Siddha Yoga						
Until 5:38AM Tue then Marana Yoga						
5 Tuesday, July 17, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti* Karana Chaturdasi* Yam Titau				Tehran, Iran Sutra 96 Nandana 5114
Mithuna Rasi: 6.57	Tithi 29	Gulika 12:11PM – 1:58PM Yama 8:37AM – 10:24AM Rahu 3:45PM – 5:32PM	Ardra Until 7:20AM Wed Dhruva Until 9:58AM Visti Until 6:59PM Chaturdasi* Until 7:10AM Wed	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Yellow Ashada*Adi	Sunrise: 5:03AM Sunset: 7:19PM	Sun 13 Moon 6 - Phase 13 2nd Phase
Routine Work	Marana Yoga					Devaloka Day
Until 10.38PM then Siddha Yoga						
Wednesday, July 18, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau				Tehran, Iran Sutra 97 Nandana 5114
Retreat Star		Gulika 10:24AM – 12:11PM Yama 6:50AM – 8:37AM Rahu 12:11PM – 1:58PM	Ardra Until 7:20AM Vyaghata* Until 9:47AM Catuspada Until 7:10PM Chaturdasi* Until 7:10AM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Yellow Ashada*Adi	Sunrise: 5:04AM Sunset: 7:19PM	Sun 14 Moon 6 - Phase 13 Amavasya
Mithuna Rasi: 19.16	Tithi 29 – 30					Devaloka Day
Creative Work	Siddha Yoga					
Until 10.38PM then Amrita Yoga						
Thursday, July 19, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau				Tehran, Iran Sutra 98 Nandana 5114
Retreat Star		Gulika 8:38AM – 10:24AM Yama 5:04AM – 6:51AM Rahu 1:58PM – 3:45PM	Punarvasu Until 8:45AM Harshana Until 9:28AM Kintughna Until 7:56PM Amavasya* Until 7:56AM	Ganesha: Light Blue Muruga: Clear Nataraja: Purple Moon – Blue Sraavana*Adi	Sunrise: 5:04AM Sunset: 7:18PM	Sun 15 Moon 6 - Phase 13 Prathama
Kataka Rasi: 1.5	Tithi 30 – 1					Devaloka Day
Creative Work	Amrita Yoga					
Until 10.38PM then Marana Yoga						

Borne along and defiled by the stream of qualities,unsteady,wavering,bewildered,full of desire,distracted,one goes on into the state of self-conceit. In thinking,‘This is I’ and ‘That is mine’ one binds himself with himself,as does a bird with a snare. Krishna Yajur Veda,Maitu 3.2. UpH,418

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Friday, July 20, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Aslesha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Tehran, Iran
1	Kataka Rasi: 14.4	Tithi 1 – 2	443527262	Sun 16	Sutra 99	Nandana 5114
Routine Work Marana Yoga		Gulika 6:51AM – 8:38AM Yama 3:44PM – 5:31PM Rahu 10:25AM – 12:11PM	Pushya Until 9:42AM Vajra* Until 8:42AM Balava Until 8:12PM Prathama* Until 8:12AM	Ganesha: Orange Muruga: Clear Nataraja: Purple Moon – Blue Srivana*Adi	Sunrise: 5:05AM Sunset: 7:17PM	Moon 6 - Phase 14 3rd Phase
		Sivaloka Day				
Saturday, July 21, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Siddhi/Vyatiyata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Tehran, Iran
2	Kataka Rasi: 27.44	Tithi 2 – 3	443527262	Sun 17	Sutra 100	Nandana 5114
Routine Work Marana Yoga Until 10:12AM then Amrita Yoga Until 10:38PM then Marana Yoga		Gulika 5:06AM – 6:52AM Yama 1:58PM – 3:44PM Rahu 8:38AM – 10:25AM	Aslesha* Until 10:12AM Siddhi Until 7:31AM Taitila Until 7:59PM Dvitiya Until 7:59AM	Ganesha: Orange Muruga: Clear Nataraja: Purple Moon – Blue Srivana*Adi	Sunrise: 5:06AM Sunset: 7:17PM	Moon 6 - Phase 14 3rd Phase
		Sivaloka Day				
Sunday, July 22, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Tehran, Iran
3	Simha Rasi: 11.01	Tithi 3 – 4	454527262	Sun 18	Sutra 101	Nandana 5114
Routine Work Marana Yoga Until 10:16AM then Siddha Yoga		Gulika 3:44PM – 5:30PM Yama 12:11PM – 1:57PM Rahu 5:30PM – 7:16PM	Magha* Until 10:16AM Variyan Until 4:49AM Mon Vanija Until 6:17PM Tritiya Until 7:12AM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Red Srivana*Adi	Sunrise: 5:06AM Sunset: 7:16PM	Moon 6 - Phase 14 3rd Phase
		Devaloka Day				
Monday, July 23, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Parigha* Yoga Visti*/Balava Karana Chaturthi*/Panchami Yam Titau				Tehran, Iran
4	Simha Rasi: 24.31	Tithi 4 – 5	454527262	Sun 19	Sutra 102	Nandana 5114
Family Home Evening Creative Work Siddha Yoga Until 9:41AM then Marana Yoga Until 10:38PM then Amrita Yoga		Gulika 1:57PM – 3:43PM Yama 10:25AM – 12:11PM Rahu 6:53AM – 8:39AM Nag Panchami	Purvaphalguni* Until 9:41AM Parigha* Until 1:30AM Tue Balava Until 4:22AM Tue Chaturthi* Until 6:13AM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Red Srivana*Adi	Sunrise: 5:07AM Sunset: 7:15PM	Moon 6 - Phase 14 3rd Phase
		Devaloka Day				
Tuesday, July 24, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Tehran, Iran
5	Kanya Rasi: 8.11	Tithi 6	454527262	Sun 20	Sutra 103	Nandana 5114
Creative Work Amrita Yoga Until 9:07AM then Siddha Yoga		Gulika 12:11PM – 1:57PM Yama 8:40AM – 10:25AM Rahu 3:43PM – 5:29PM	Uttaraphalguni Until 9:07AM Shiva Until 11:27PM Kaulava Until 3:59PM Shasthi* Until 3:03AM Wed	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Red Srivana*Adi	Sunrise: 5:08AM Sunset: 7:15PM	Moon 6 - Phase 14 3rd Phase
		Devaloka Day				
Wednesday, July 25, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptami Yam Titau				Tehran, Iran
6	Kanya Rasi: 22	Tithi 7	464527262	Sun 21	Sutra 104	Nandana 5114
Creative Work Siddha Yoga		Gulika 10:26AM – 12:11PM Yama 6:54AM – 8:40AM Rahu 12:11PM – 1:57PM	Hasta Until 8:17AM Siddha Until 9:08PM Gara Until 2:23PM Saptami Until 1:27AM Thu	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon – Green Srivana*Adi	Sunrise: 5:09AM Sunset: 7:14PM	Moon 6 - Phase 14 3rd Phase
		Sivaloka Day				
Thursday, July 26, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtami* Yam Titau				Tehran, Iran
	Retreat Star					
Tula Rasi: 5.58	Tithi 8	464527262	Sun 22	Sutra 105	Nandana 5114	
Creative Work Siddha Yoga Until 7:12AM then Amrita Yoga Until 10:38PM then Siddha Yoga		Gulika 8:40AM – 10:26AM Yama 5:09AM – 6:55AM Rahu 1:57PM – 3:42PM	Chitra Until 7:12AM Sadhya Until 6:36PM Visti Until 12:31PM Ashtami* Until 11:36PM	Ganesha: Clear Muruga: Clear Nataraja: Purple Moon – Green Srivana*Adi	Sunrise: 5:09AM Sunset: 7:13PM	Moon 6 - Phase 14 Ashtami
		Sivaloka Day				
Friday, July 27, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navami* Yam Titau				Tehran, Iran
Retreat Star						
Tula Rasi: 20.04	Tithi 9	474527262	Sun 23	Sutra 106	Nandana 5114	
Routine Work Marana Yoga Until 10:38PM then Siddha Yoga		Gulika 6:55AM – 8:41AM Yama 3:42PM – 5:27PM Rahu 10:26AM – 12:11PM	Visakha Until 4:45AM Sat Subha Until 3:51PM Balava Until 10:24AM Navami* Until 9:29PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Orange Srivana*Adi	Sunrise: 5:10AM Sunset: 7:12PM	Moon 6 - Phase 14 Navami
		Devaloka Day				

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

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1 Saturday, July 28, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dasami Yam Titau				Tehran, Iran
Vrischika Rasi: 4.17	Tithi 10	474527262	Gulika 5:11AM – 6:56AM Yama 1:56PM – 3:41PM Rahu 8:41AM – 10:26AM	Anuradha Until 3:13AM Sun Sukla Until 12:54PM Taitila Until 8:04AM Dasami Until 7:08PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Orange Srivana•Adi	Sun 24 Sutra 107 Nandana 5114 Moon 6 - Phase 15 4th Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 10.38PM then Marana Yoga						
2 Sunday, July 29, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Tehran, Iran
Vrischika Rasi: 18.37	Tithi 11 – 12	474527262	Gulika 3:41PM – 5:26PM Yama 12:11PM – 1:56PM Rahu 5:26PM – 7:11PM	Jyeshtha* Until 1:32AM Mon Brahma Until 9:47AM Bava Until 3:42AM Mon Ekadasi Until 4:37PM	Ganesha: White Muruga: Clear Nataraja: Purple Moon – Orange Srivana•Adi	Sun 25 Sutra 108 Nandana 5114 Moon 6 - Phase 15 4th Phase
Routine Work	Marana Yoga					Devaloka Day
Until 10.38PM then Siddha Yoga						
3 Monday, July 30, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Tehran, Iran
Dhanus Rasi: 2.59	Tithi 12 – 13	484527262	Gulika 1:56PM – 3:41PM Yama 10:26AM – 12:11PM Rahu 6:57AM – 8:42AM	Mula* Until 11:45PM Indra Until 6:35AM Kaulava Until 1:05AM Tue Dvadasi Until 2:00PM <i>Pradosha Vrata</i>	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Light Blue Srivana•Adi	Sun 26 Sutra 109 Nandana 5114 Moon 6 - Phase 15 4th Phase
Family Home Evening						Sivaloka Day
Creative Work	Siddha Yoga					
Until 10.38PM then Amrita Yoga						
Until 11.45PM then Siddha Yoga						
4 Tuesday, July 31, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Tehran, Iran
Dhanus Rasi: 17.2	Tithi 13 – 14	484527262	Gulika 12:11PM – 1:56PM Yama 8:42AM – 10:27AM Rahu 3:40PM – 5:25PM	Purvashadha* Until 9:59PM Vishkambha* Until 12:45AM Wed Gara Until 10:29PM Trayodasi Until 11:25AM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Light Blue Srivana•Adi	Sun 27 Sutra 110 Nandana 5114 Moon 6 - Phase 15 4th Phase
Creative Work	Siddha Yoga					Sivaloka Day
Until 9:59PM then Prabalarishta Yoga						
Until 10.38PM then Amrita Yoga						
○ Wednesday, August 1, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Tehran, Iran
Copper Retreat Star			Gulika 10:27AM – 12:11PM Yama 6:58AM – 8:42AM Rahu 12:11PM – 1:55PM	Uttarashadha Until 8:24PM Priti Until 9:44PM Visti Until 8:05PM Chaturdasi* Until 9:00AM	Ganesha: Yellow Muruga: Clear Nataraja: Purple Moon – Light Blue Srivana•Adi	Sun 28 Sutra 111 Nandana 5114 Moon 6 - Phase 15 Purnima
Makara Rasi: 2	Tithi 14 – 15	484527262				
Creative Work	Amrita Yoga		Raksha Bandhan			Sivaloka Day
Until 8:24PM then Siddha Yoga						
Thursday, August 2, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Srivana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Tehran, Iran
Silver Retreat Star			Gulika 8:43AM – 10:27AM Yama 5:15AM – 6:59AM Rahu 1:55PM – 3:39PM	Srivana Until 7:07PM Ayushman Until 7:01PM Balava Until 6:00PM Purnima* Until 6:56AM	Ganesha: Blue Muruga: Clear Nataraja: Purple Moon – Purple Srivana•Adi	Sun 29 Sutra 112 Nandana 5114 Moon 6 - Phase 15 Prathama
Makara Rasi: 15.41	Tithi 15 – 16	494527262				
Creative Work	Siddha Yoga					Devaloka Day

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda, Svetu 3.2. VE, 621

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Friday, August 3, 2012
Gold Retreat Star

Makara Rasi: 29.3 Tithi 17
495527262
Creative Work Siddha Yoga
Until 10.38PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 6:59AM – 8:43AM **Dhanishtha Until 7:14PM**
Yama 3:39PM – 5:22PM **Saubhagya Until 5:29PM**
Rahu 10:27AM – 12:11PM **Taitila Until 4:26PM**
Dvitiya Until 3:30AM Sat

Ganesha: Blue *Sunrise: 5:15AM*
Muruga: Clear *Sunset: 7:06PM*
Nataraja: Purple
Moon – Purple
Devaloka Day
Srivana*Adi

Tehran, Iran
Sutra 113
Nandana 5114
Moon 7 - Phase 16
1st Phase

1

Saturday, August 4, 2012

Kumbha Rasi: 12.59 Tithi 18
495527262
Creative Work Amrita Yoga
Until 6:58PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Satabhisha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 5:16AM – 7:00AM **Satabhisha Until 6:58PM**
Yama 1:54PM – 3:38PM **Sobhana Until 3:35PM**
Rahu 8:43AM – 10:27AM **Vanija Until 4:14PM**
Tritiya Until 4:14AM Sun

Ganesha: Blue *Sunrise: 5:16AM*
Muruga: Clear *Sunset: 7:05PM*
Nataraja: Purple
Moon – Purple
Devaloka Day
Srivana*Adi

Tehran, Iran
Sun 1 Sutra 114
Nandana 5114
Moon 7 - Phase 16
1st Phase

2

Sunday, August 5, 2012

Kumbha Rasi: 26.06 Tithi 19
415527262
Creative Work Siddha Yoga
Until 7:21PM then Amrita Yoga
Until 10.37PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprostapada* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 3:38PM – 5:21PM **Purvaprostapada* Until 7:21PM**
Yama 12:11PM – 1:54PM **Athiganda* Until 2:18PM**
Rahu 5:21PM – 7:04PM **Bava Until 3:54PM**
Chaturthi* Until 3:54AM Mon

Ganesha: Green *Sunrise: 5:17AM*
Muruga: Clear *Sunset: 7:04PM*
Nataraja: Purple
Moon – Clear
Devaloka Day
Srivana*Adi

Tehran, Iran
Sun 2 Sutra 115
Nandana 5114
Moon 7 - Phase 16
1st Phase

3

Monday, August 6, 2012

Meena Rasi: 8.52 Tithi 20
415527262
Family Home Evening
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprostapada Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 1:54PM – 3:37PM **Uttaraprostapada Until 9:36PM**
Yama 10:27AM – 12:11PM **Sukarma Until 2:13PM**
Rahu 7:01AM – 8:44AM **Kaulava Until 5:14PM**
Panchami Until 6:19AM Tue

Ganesha: Green *Sunrise: 5:18AM*
Muruga: Clear *Sunset: 7:03PM*
Nataraja: Purple
Moon – Clear
Devaloka Day
Srivana*Adi

Tehran, Iran
Sun 3 Sutra 116
Nandana 5114
Moon 7 - Phase 16
1st Phase

4

Tuesday, August 7, 2012

Meena Rasi: 21.18 Tithi 21
415527262
Creative Work Siddha Yoga
Until 10.37PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Gara Karana Shasthi* Yam Titau
Gulika 12:10PM – 1:53PM **Revati Until 11:24PM**
Yama 8:44AM – 10:27AM **Dhriti Until 2:06PM**
Rahu 3:36PM – 5:19PM **Gara Until 6:22PM**
Shasthi* Until 7:01AM Wed

Ganesha: Green *Sunrise: 5:18AM*
Muruga: Clear *Sunset: 7:02PM*
Nataraja: Purple
Moon – Clear
Devaloka Day
Srivana*Adi

Tehran, Iran
Sun 4 Sutra 117
Nandana 5114
Moon 7 - Phase 16
1st Phase

5

Wednesday, August 8, 2012

Mesha Rasi: 3.28 Tithi 21 – 22
425527262
Routine Work Marana Yoga
Until 10.37PM then Amrita Yoga
Until 1:44AM Thu then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Asvini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 10:27AM – 12:10PM **Asvini Until 1:44AM Thu**
Yama 7:02AM – 8:45AM **Shula* Until 2:30PM**
Rahu 12:10PM – 1:53PM **Visti Until 8:07PM**
Shasthi* Until 7:01AM

Ganesha: Orange *Sunrise: 5:19AM*
Muruga: Clear *Sunset: 7:01PM*
Nataraja: Purple
Moon – White
Sivaloka Day
Srivana*Adi

Tehran, Iran
Sun 5 Sutra 118
Nandana 5114
Moon 7 - Phase 16
1st Phase



Thursday, August 9, 2012
Retreat Star

Mesha Rasi: 15.25 Tithi 22 – 23
425527262
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 8:45AM – 10:28AM **Bharani Until 4:29AM Fri**
Yama 5:20AM – 7:03AM **Ganda* Until 3:16PM**
Rahu 1:53PM – 3:35PM **Balava Until 10:18PM**
Saptami Until 9:12AM

Ganesha: Orange *Sunrise: 5:20AM*
Muruga: Clear *Sunset: 7:00PM*
Nataraja: Purple
Moon – White
Sivaloka Day
Srivana*Adi

Krishna Janmashtami

Tehran, Iran
Sun 6 Sutra 119
Nandana 5114
Moon 7 - Phase 16
Ashtami

Friday, August 10, 2012
Retreat Star

Mesha Rasi: 27.16 Tithi 23 – 24
425527262
Creative Work Siddha Yoga
Until 10.37PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 7:03AM – 8:45AM **Krittika Until 7:51AM Sat**
Yama 3:35PM – 5:17PM **Vridhhi Until 4:15PM**
Rahu 10:28AM – 12:10PM **Taitila Until 12:44AM Sat**
Ashtami* Until 11:39AM

Ganesha: Orange *Sunrise: 5:21AM*
Muruga: Clear *Sunset: 6:59PM*
Nataraja: Purple
Moon – White
Sivaloka Day
Srivana*Adi

Tehran, Iran
Sun 7 Sutra 120
Nandana 5114
Moon 7 - Phase 16
Navami

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda
Saritha 9.113.9. VE, 634

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1	Saturday, August 11, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Sun 8		Tehran, Iran Sutra 121 Nandana 5114	
	Vrishabha Rasi: 9.04		Tithi 24 – 25	425527262	Gulika	5:22AM – 7:04AM	Krittika Until 7:51AM	Ganesha: Orange	Sunrise: 5:22AM	Moon 7 - Phase 17 2nd Phase	
			Yama		1:52PM – 3:34PM	Dhruva Until 5:18PM	Muruga: Clear	Sunset: 6:58PM			
			Rahu		8:46AM – 10:28AM	Vanija Until 3:14AM Sun	Nataraja: Purple	Moon – White			
Creative Work			Amrita Yoga					Sivaloka Day			
Until 10.37PM then Siddha Yoga							Srivana*Adi				
2	Sunday, August 12, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigasira Nakshatra Vyaghata* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Sun 9		Tehran, Iran Sutra 122 Nandana 5114	
	Vrishabha Rasi: 20.56		Tithi 25 – 26	435527262	Gulika	3:33PM – 5:15PM	Rohini Until 10:47AM	Ganesha: Light Blue	Sunrise: 5:22AM	Moon 7 - Phase 17 2nd Phase	
			Yama		12:10PM – 1:51PM	Vyaghata* Until 6:14PM	Muruga: Clear	Sunset: 6:57PM			
			Rahu		5:15PM – 6:57PM	Bava Until 5:37AM Mon	Nataraja: Purple	Moon – Yellow			
Creative Work			Siddha Yoga					Devaloka Day			
Until 10.36PM then Amrita Yoga							Srivana*Adi				
3	Monday, August 13, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigasira/Ardra Nakshatra Harshana Yoga Balava Karana Ekadasi* Yam Titau				Sun 10		Tehran, Iran Sutra 123 Nandana 5114	
	Mithuna Rasi: 2.57		Tithi 26	436527262	Gulika	1:51PM – 3:33PM	Mrigasira Until 1:26PM	Ganesha: Purple	Sunrise: 5:23AM	Moon 7 - Phase 17 2nd Phase	
	Family Home Evening		Yama		10:28AM – 12:09PM	Harshana Until 6:54PM	Muruga: Clear	Sunset: 6:56PM			
			Rahu		7:05AM – 8:46AM	Balava Until 7:42AM Tue	Nataraja: Purple	Moon – Yellow			
Creative Work			Amrita Yoga					Devaloka Day			
Until 1:26PM then Siddha Yoga							Srivana*Adi				
Until 10.36PM then Marana Yoga											
4	Tuesday, August 14, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Sun 11		Tehran, Iran Sutra 124 Nandana 5114	
	Mithuna Rasi: 15.1		Tithi 27	436627262	Gulika	12:09PM – 1:51PM	Ardra Until 3:39PM	Ganesha: Light Blue	Sunrise: 5:24AM	Moon 7 - Phase 17 2nd Phase	
			Yama		8:47AM – 10:28AM	Vajra* Until 7:11PM	Muruga: Clear	Sunset: 6:55PM			
			Rahu		3:32PM – 5:13PM	Kaulava Until 7:02AM	Nataraja: Purple	Moon – Yellow			
Routine Work			Marana Yoga					Devaloka Day			
Until 3:39PM then Siddha Yoga							Srivana*Adi				
5	Wednesday, August 15, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Sun 12		Tehran, Iran Sutra 125 Nandana 5114	
	Mithuna Rasi: 27.4		Tithi 28	446627262	Gulika	10:28AM – 12:09PM	Punarvasu Until 4:27PM	Ganesha: Purple	Sunrise: 5:25AM	Moon 7 - Phase 17 2nd Phase	
			Yama		7:06AM – 8:47AM	Siddhi Until 6:01PM	Muruga: Clear	Sunset: 6:53PM			
			Rahu		12:09PM – 1:50PM	Gara Until 7:57AM	Nataraja: Purple	Moon – Blue			
Creative Work			Siddha Yoga					Devaloka Day			
Until 10.36PM then Amrita Yoga							Srivana*Adi				
							Pradosha Vrata (Fasting)				
6	Thursday, August 16, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Aslesha* Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Sun 13		Tehran, Iran Sutra 126 Nandana 5114	
	Kataka Rasi: 10.29		Tithi 29	446627262	Gulika	8:47AM – 10:28AM	Pushya Until 5:25PM	Ganesha: Purple	Sunrise: 5:25AM	Moon 7 - Phase 17 2nd Phase	
			Yama		5:25AM – 7:06AM	Vyatipata* Until 5:17PM	Muruga: Clear	Sunset: 6:52PM			
			Rahu		1:50PM – 3:31PM	Visti Until 8:16AM	Nataraja: Purple	Moon – Blue			
Creative Work			Amrita Yoga					Devaloka Day			
Until 5:25PM then Siddha Yoga							Srivana*Avani				
Until 10.36PM then Marana Yoga											
Retreat Star	Friday, August 17, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Aslesha*/Magha* Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Sun 14		Tehran, Iran Sutra 127 Nandana 5114	
	Kataka Rasi: 23.37		Tithi 30	546627262	Gulika	7:07AM – 8:47AM	Aslesha* Until 5:48PM	Ganesha: Light Blue	Sunrise: 5:26AM	Moon 7 - Phase 17 Amavasya	
			Yama		3:30PM – 5:10PM	Variyan Until 3:59PM	Muruga: Clear	Sunset: 6:51PM			
			Rahu		10:28AM – 12:09PM	Catuspada Until 7:55AM	Nataraja: Purple	Moon – Blue			
Routine Work			Marana Yoga					Devaloka Day			
Until 10.35PM then Amrita Yoga							Srivana*Avani				
Retreat Star	Saturday, August 18, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Sun 15		Tehran, Iran Sutra 128 Nandana 5114	
	Simha Rasi: 7.03		Tithi 1	556627262	Gulika	5:27AM – 7:07AM	Magha* Until 4:47PM	Ganesha: Purple	Sunrise: 5:27AM	Moon 7 - Phase 17 Prathama	
			Yama		1:49PM – 3:29PM	Parigha* Until 1:36PM	Muruga: Clear	Sunset: 6:50PM			
			Rahu		8:48AM – 10:28AM	Kintughna Until 6:54AM	Nataraja: Purple	Moon – Red			
Creative Work			Amrita Yoga					Devaloka Day			
Until 4:47PM then Marana Yoga							Bhadrapada Adhika*Avani				
Until 10.35PM then Siddha Yoga											

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.
Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89

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1		Sunday, August 19, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Purvaphalguni*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Tehran, Iran	
Simha Rasi: 20.45	Tithi 2 – 3	556627262	Gulika 3:28PM – 5:09PM Yama 12:08PM – 1:48PM Rahu 5:09PM – 6:49PM	Purvaphalguni* Until 4:09PM Shiva Until 11:29AM Taitila Until 3:41AM Mon Dvitiya Until 4:37PM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Red	<i>Sunrise: 5:28AM</i> <i>Sunset: 6:49PM</i>	Sun 16 Sutra 129 Nandana 5114 Moon 7 - Phase 18 3rd Phase
Creative Work Siddha Yoga Until 4:09PM then Amrita Yoga Until 10.35PM then Marana Yoga					Devaloka Day		
2		Monday, August 20, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yukhtayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Tehran, Iran	
Kanya Rasi: 4.39	Tithi 3 – 4	557627262	Gulika 1:48PM – 3:28PM Yama 10:28AM – 12:08PM Rahu 7:08AM – 8:48AM	Uttaraphalguni Until 3:10PM Siddha Until 9:02AM Vanija Until 1:57AM Tue Tritiya Until 2:53PM	Ganesha: Light Blue Muruga: Clear Nataraja: Purple Moon – Red	<i>Sunrise: 5:28AM</i> <i>Sunset: 6:47PM</i>	Sun 17 Sutra 130 Nandana 5114 Moon 7 - Phase 18 3rd Phase
Family Home Evening Routine Work Marana Yoga Until 3:10PM then Siddha Yoga					Devaloka Day		
3		Tuesday, August 21, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yukhtayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Tehran, Iran	
Kanya Rasi: 18.41	Tithi 4 – 5	567627262	Gulika 12:08PM – 1:47PM Yama 8:48AM – 10:28AM Rahu 3:27PM – 5:07PM	Hasta Until 1:58PM Sadhya Until 6:22AM Bava Until 11:58PM Chaturthi* Until 12:53PM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Green	<i>Sunrise: 5:29AM</i> <i>Sunset: 6:46PM</i>	Sun 18 Sutra 131 Nandana 5114 Moon 7 - Phase 18 3rd Phase
Creative Work Siddha Yoga					Devaloka Day		
4		Wednesday, August 22, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yukhtayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Tehran, Iran	
Tula Rasi: 2.48	Tithi 5 – 6	567637262	Gulika 10:28AM – 12:07PM Yama 7:09AM – 8:49AM Rahu 12:07PM – 1:47PM	Chitra Until 12:37PM Sukla Until 12:54AM Thu Kaulava Until 9:50PM Panchami Until 10:46AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise: 5:30AM</i> <i>Sunset: 6:45PM</i>	Sun 19 Sutra 132 Nandana 5114 Moon 7 - Phase 18 3rd Phase
Creative Work Siddha Yoga Until 10.34PM then Amrita Yoga					Sivaloka Day		
5		Thursday, August 23, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yukhtayam Svati/Visakha Nakshatra Brahma Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Tehran, Iran	
Tula Rasi: 16.56	Tithi 6 – 7	567637262	Gulika 8:49AM – 10:28AM Yama 5:31AM – 7:10AM Rahu 1:46PM – 3:25PM	Svati Until 11:14AM Brahma Until 10:04PM Gara Until 7:40PM Shasthi* Until 8:36AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise: 5:31AM</i> <i>Sunset: 6:44PM</i>	Sun 20 Sutra 133 Nandana 5114 Moon 7 - Phase 18 3rd Phase
Creative Work Amrita Yoga Until 11:14AM then Siddha Yoga Until 10.34PM then Marana Yoga					Sivaloka Day		
Retreat Star		Friday, August 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yukhtayam Visakha/Anuradha Nakshatra Indra Yoga Vanija/Bava Karana Saptami/Ashtami* Yam Titau		Tehran, Iran	
Vrischika Rasi: 1.05	Tithi 7 – 8	577637262	Gulika 7:10AM – 8:49AM Yama 3:25PM – 5:03PM Rahu 10:28AM – 12:07PM	Visakha Until 9:52AM Indra Until 7:15PM Bava Until 4:35AM Sat Saptami Until 6:26AM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise: 5:31AM</i> <i>Sunset: 6:42PM</i>	Sun 21 Sutra 134 Nandana 5114 Moon 7 - Phase 18 Ashtami
Routine Work Marana Yoga Until 9:52AM then Siddha Yoga					Subha Sivaloka Day		
Retreat Star		Saturday, August 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yukhtayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Mishkambha* Yoga Balava/Kaulava Karana Navami* Yam Titau		Tehran, Iran	
Vrischika Rasi: 15.11	Tithi 9	577637262	Gulika 5:32AM – 7:11AM Yama 1:45PM – 3:24PM Rahu 8:49AM – 10:28AM	Anuradha Until 8:33AM Vaidhriti* Until 4:28PM Balava Until 3:24PM Navami* Until 2:29AM Sun	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise: 5:32AM</i> <i>Sunset: 6:41PM</i>	Sun 22 Sutra 135 Nandana 5114 Moon 7 - Phase 18 Navami
Creative Work Siddha Yoga Until 10.33PM then Marana Yoga					Subha Sivaloka Day		
					Bhadrapada Adhika•Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

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1 Sunday, August 26, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dasami Yam Titau		Tehran, Iran Sun 23 Sutra 136 Nandana 5114	
Virchika Rasi: 29.15	Tithi 10	Gulika 3:23PM – 5:01PM	Jyeshtha* Until 7:17AM	Ganesha: Clear	<i>Sunrise: 5:33AM</i>
		Yama 12:06PM – 1:45PM	Vishkambha* Until 1:45PM	Muruga: Purple	<i>Sunset: 6:40PM</i>
	577637262	Rahu 5:01PM – 6:40PM	Taitila Until 1:22PM	Nataraja: Purple	Moon 7 - Phase 19
Routine Work	Marana Yoga		Dasami Until 12:27AM Mon	Moon – Orange	4th Phase
Until 7:17AM then Amrita Yoga				Subha Sivaloka Day	
Until 10.33PM then Siddha Yoga				Bhadrapada Adhika•Avani	
2 Monday, August 27, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Tehran, Iran Sun 24 Sutra 137 Nandana 5114	
Dhanus Rasi: 13.16	Tithi 11	Gulika 1:44PM – 3:22PM	Mula* Until 6:07AM	Ganesha: Clear	<i>Sunrise: 5:34AM</i>
Family Home Evening	588637263	Yama 10:28AM – 12:06PM	Priti Until 11:06AM	Muruga: Purple	<i>Sunset: 6:38PM</i>
Creative Work	Siddha Yoga	Rahu 7:12AM – 8:50AM	Vanija Until 11:25AM	Nataraja: Clear	Moon 7 - Phase 19
Until 6:07AM then Marana Yoga			Ekadasi Until 10:30PM	Moon – Light Blue	4th Phase
Until 10.33PM then Siddha Yoga				Sivaloka Day	
				Bhadrapada Adhika•Avani	
3 Tuesday, August 28, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadasi Yam Titau		Tehran, Iran Sun 25 Sutra 138 Nandana 5114	
Dhanus Rasi: 27.13	Tithi 12	Gulika 12:06PM – 1:44PM	Uttarashadha Until 3:55AM Wed	Ganesha: Clear	<i>Sunrise: 5:35AM</i>
	588637263	Yama 8:50AM – 10:28AM	Ayushman Until 8:35AM	Muruga: Purple	<i>Sunset: 6:37PM</i>
Routine Work	Prabalarishta Yoga	Rahu 3:21PM – 4:59PM	Bava Until 9:37AM	Nataraja: Clear	Moon 7 - Phase 19
Until 10.33PM then Amrita Yoga			Dvadasi Until 8:41PM	Moon – Light Blue	4th Phase
Until 3:55AM Wed then Siddha Yoga				Sivaloka Day	
				Bhadrapada Adhika•Avani	
4 Wednesday, August 29, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Tehran, Iran Sun 26 Sutra 139 Nandana 5114	
Makara Rasi: 11.03	Tithi 13	Gulika 10:28AM – 12:05PM	Sravana Until 3:03AM Thu	Ganesha: White	<i>Sunrise: 5:35AM</i>
	598637263	Yama 7:13AM – 8:50PM	Saubhagya Until 6:14AM	Muruga: Purple	<i>Sunset: 6:36PM</i>
Creative Work	Siddha Yoga	Rahu 12:05PM – 1:43PM	Kaulava Until 8:00AM	Nataraja: Clear	Moon 7 - Phase 19
		Chidambaram Abhishekam	Trayodasi Until 7:05PM	Moon – Purple	4th Phase
			<i>Pradosha Vrata</i>	Subha Sivaloka Day	
				Bhadrapada Adhika•Avani	
5 Thursday, August 30, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Tehran, Iran Sun 27 Sutra 140 Nandana 5114	
Makara Rasi: 24.44	Tithi 14	Gulika 8:51AM – 10:28AM	Dhanishtha Until 4:03AM Fri	Ganesha: White	<i>Sunrise: 5:36AM</i>
	598637263	Yama 5:36AM – 7:13AM	Athiganda* Until 2:52AM Fri	Muruga: Purple	<i>Sunset: 6:34PM</i>
Creative Work	Siddha Yoga	Rahu 1:42PM – 3:20PM	Gara Until 6:45AM	Nataraja: Clear	Moon 7 - Phase 19
			Chaturdasi* Until 6:45PM	Moon – Purple	4th Phase
				Subha Sivaloka Day	
				Bhadrapada Adhika•Avani	
○ Friday, August 31, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Sukarma Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Tehran, Iran Sun 28 Sutra 141 Nandana 5114	
Kumbha Rasi: 8.11	Tithi 15 – 16	Gulika 7:14AM – 8:51AM	Satabhisha Until 3:48AM Sat	Ganesha: White	<i>Sunrise: 5:37AM</i>
	598637263	Yama 3:19PM – 4:56PM	Sukarma Until 12:59AM Sat	Muruga: Purple	<i>Sunset: 6:33PM</i>
Creative Work	Siddha Yoga	Rahu 10:28AM – 12:05PM	Balava Until 5:45AM Sat	Nataraja: Clear	Moon 7 - Phase 19
Until 10.32PM then Amrita Yoga			Purnima* Until 5:45PM	Moon – Purple	Purnima
Until 3:48AM Sat then Siddha Yoga				Subha Sivaloka Day	
				Bhadrapada Adhika•Avani	
Saturday, September 1, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau		Tehran, Iran Sun 29 Sutra 142 Nandana 5114	
Kumbha Rasi: 21.24	Tithi 16 – 17	Gulika 5:38AM – 7:14AM	Purvaprostapada* Until 4:02AM Sun	Ganesha: White	<i>Sunrise: 5:38AM</i>
	518637263	Yama 1:41PM – 3:18PM	Dhriti Until 11:32PM	Muruga: Purple	<i>Sunset: 6:31PM</i>
Creative Work	Siddha Yoga	Rahu 8:51AM – 10:28AM	Taitila Until 5:16AM Sun	Nataraja: Clear	Moon 7 - Phase 19
Until 4:02AM Sun then Amrita Yoga			Prathama* Until 5:16PM	Moon – Clear	Prathama
				Subha Sivaloka Day	
				Bhadrapada Adhika•Avani	

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

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Sunday, September 2, 2012

Gold Retreat Star

Meena Rasi: 4.19 Tithi 17 – 18
519637263
Creative Work Amrita Yoga
Until 10.31PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprostapada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 3:17PM – 4:54PM
Yama 12:04PM – 1:41PM
Rahu 4:54PM – 6:30PM
Uttaraprostapada Until 4:47AM Mon
Shula* Until 10:35PM
Vanija Until 5:22AM Mon
Dvitiya Until 5:22PM
Ganesha: Clear *Sunrise: 5:38AM*
Muruga: Purple *Sunset: 6:30PM*
Nataraja: Clear
Moon – Clear
Bhadrapada Adhika•Avani

Tehran, Iran
Sun 1 Sutra 143
Nandana 5114
Moon 8 - Phase 20
1st Phase

Sivaloka Day

Monday, September 3, 2012

1

Meena Rasi: 16.56 Tithi 18
Family Home Evening 519637263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 1:40PM – 3:16PM
Yama 10:28AM – 12:04PM
Rahu 7:15AM – 8:51AM
Revati Until 7:26AM Tue
Ganda* Until 11:23PM
Vanija Until 6:04AM
Tritiya Until 7:09PM
Ganesha: Clear *Sunrise: 5:39AM*
Muruga: Purple *Sunset: 6:29PM*
Nataraja: Clear
Moon – Clear
Bhadrapada Adhika•Avani

Tehran, Iran
Sun 2 Sutra 144
Nandana 5114
Moon 8 - Phase 20
1st Phase

Sivaloka Day

Tuesday, September 4, 2012

2

Meena Rasi: 29.17 Tithi 19
519637263
Creative Work Siddha Yoga
Until 10.30PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Asvini Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 12:04PM – 1:39PM
Yama 8:52AM – 10:28AM
Rahu 3:15PM – 4:51PM
Revati Until 7:26AM
Vriddhi Until 11:25PM
Bava Until 7:26AM
Chaturthi* Until 8:31PM
Ganesha: Clear *Sunrise: 5:40AM*
Muruga: Purple *Sunset: 6:27PM*
Nataraja: Clear
Moon – Clear
Bhadrapada Adhika•Avani

Tehran, Iran
Sun 3 Sutra 145
Nandana 5114
Moon 8 - Phase 20
1st Phase

Sivaloka Day

Wednesday, September 5, 2012

3

Mesha Rasi: 11.23 Tithi 20
529637263
Routine Work Marana Yoga
Until 10.30PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 10:28AM – 12:03PM
Yama 7:16AM – 8:52AM
Rahu 12:03PM – 1:39PM
Asvini Until 9:53AM
Dhruva Until 11:54PM
Kaulava Until 9:19AM
Panchami Until 10:25PM
Ganesha: Purple *Sunrise: 5:41AM*
Muruga: Purple *Sunset: 6:26PM*
Nataraja: Clear
Moon – White
Bhadrapada Adhika•Avani

Tehran, Iran
Sun 4 Sutra 146
Nandana 5114
Moon 8 - Phase 20
1st Phase

Devaloka Day

Thursday, September 6, 2012

4

Mesha Rasi: 23.19 Tithi 21
529637263
Creative Work Siddha Yoga
Until 12:42PM then Marana Yoga
Until 10.30PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 8:52AM – 10:27AM
Yama 5:41AM – 7:17AM
Rahu 1:38PM – 3:14PM
Bharani Until 12:42PM
Vyaghata* Until 12:43AM Fri
Gara Until 11:36AM
Shasthi* Until 12:41AM Fri
Ganesha: Purple *Sunrise: 5:41AM*
Muruga: Purple *Sunset: 6:24PM*
Nataraja: Clear
Moon – White
Bhadrapada Adhika•Avani

Tehran, Iran
Sun 5 Sutra 147
Nandana 5114
Moon 8 - Phase 20
1st Phase

Devaloka Day

Friday, September 7, 2012

5

Vrishabha Rasi: 5.08 Tithi 22
529637263
Creative Work Siddha Yoga
Until 3:43PM then Marana Yoga
Until 10.29PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Visti* Bava Karana Saptami Yam Titau
Gulika 7:17AM – 8:52AM
Yama 3:13PM – 4:48PM
Rahu 10:27AM – 12:02PM
Krittika Until 3:43PM
Harshana Until 1:43AM Sat
Visti Until 2:06PM
Saptami Until 3:12AM Sat
Ganesha: Purple *Sunrise: 5:42AM*
Muruga: Purple *Sunset: 6:23PM*
Nataraja: Clear
Moon – White
Bhadrapada Adhika•Avani

Tehran, Iran
Sun 6 Sutra 148
Nandana 5114
Moon 8 - Phase 20
1st Phase

Devaloka Day

Saturday, September 8, 2012



Retreat Star

Vrishabha Rasi: 16.56 Tithi 23
539737263
Creative Work Amrita Yoga
Until 6:47PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 5:43AM – 7:18AM
Yama 1:37PM – 3:12PM
Rahu 8:52AM – 10:27AM
Rohini Until 6:47PM
Vajra* Until 2:45AM Sun
Balava Until 4:39PM
Ashtami* Until 5:45AM Sun
Ganesha: Purple *Sunrise: 5:43AM*
Muruga: Purple *Sunset: 6:22PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada Adhika•Avani

Tehran, Iran
Sun 7 Sutra 149
Nandana 5114
Moon 8 - Phase 20
Ashtami

Subha Sivaloka Day

Sunday, September 9, 2012

Retreat Star

Vrishabha Rasi: 28.49 Tithi 24
539737263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira Nakshatra Siddhi Yoga Taitila Karana Navami* Yam Titau
Gulika 3:11PM – 4:46PM
Yama 12:02PM – 1:36PM
Rahu 4:46PM – 6:20PM
Mrigasira Until 9:43PM
Siddhi Until 3:39AM Mon
Taitila Until 7:03PM
Navami* Until 8:01AM Mon
Ganesha: Purple *Sunrise: 5:43AM*
Muruga: Purple *Sunset: 6:20PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada Adhika•Avani

Tehran, Iran
Sun 8 Sutra 150
Nandana 5114
Moon 8 - Phase 20
Navami

Subha Sivaloka Day

Grandparent's Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376

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1		Monday, September 10, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Tehran, Iran Sutra 151 Nandana 5114
Mithuna Rasi: 10.5	Tithi 24 – 25		Gulika 1:36PM – 3:10PM	Ardra Until 12:19AM Tue	Ganesha: Blue <i>Sunrise: 5:44AM</i>
Family Home Evening	531737263		Yama 10:27AM – 12:01PM	Vyatipata* Until 4:16AM Tue	Muruga: Purple <i>Sunset: 6:19PM</i>
Creative Work Siddha Yoga			Rahu 7:19AM – 8:53AM	Vanija Until 9:07PM	Nataraja: Clear
Until 10.28PM then Marana Yoga				Navami* Until 8:01AM	Moon – Yellow
Until 12:19AM Tue then Siddha Yoga					Subha Sivaloka Day Bhadrapada Adhika•Avani
2		Tuesday, September 11, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Variyan Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Tehran, Iran Sutra 152 Nandana 5114
Mithuna Rasi: 23.07	Tithi 25 – 26		Gulika 12:01PM – 1:35PM	Punarvasu Until 12:52AM Wed	Ganesha: Red <i>Sunrise: 5:45AM</i>
541737263			Yama 8:53AM – 10:27AM	Variyan Until 2:50AM Wed	Muruga: Purple <i>Sunset: 6:17PM</i>
Creative Work Siddha Yoga			Rahu 3:09PM – 4:43PM	Bava Until 9:15PM	Nataraja: Clear
				Dasami Until 9:15AM	Moon – Blue
					Sivaloka Day Bhadrapada Adhika•Avani
3		Wednesday, September 12, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Tehran, Iran Sutra 153 Nandana 5114
Kataka Rasi: 5.41	Tithi 26 – 27		Gulika 10:27AM – 12:01PM	Pushya Until 2:16AM Thu	Ganesha: Red <i>Sunrise: 5:46AM</i>
541737263			Yama 7:19AM – 8:53AM	Parigha* Until 2:27AM Thu	Muruga: Purple <i>Sunset: 6:16PM</i>
Creative Work Siddha Yoga			Rahu 12:01PM – 1:35PM	Kaulava Until 10:02PM	Nataraja: Clear
Until 10.28PM then Amrita Yoga				Ekadasi* Until 10:02AM	Moon – Blue
Until 2:16AM Thu then Siddha Yoga					Sivaloka Day Bhadrapada Adhika•Avani
4		Thursday, September 13, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Aslesha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Tehran, Iran Sutra 154 Nandana 5114
Kataka Rasi: 18.38	Tithi 27 – 28		Gulika 8:53AM – 10:27AM	Aslesha* Until 2:58AM Fri	Ganesha: Red <i>Sunrise: 5:46AM</i>
541737263			Yama 5:46AM – 7:20AM	Shiva Until 1:27AM Fri	Muruga: Purple <i>Sunset: 6:14PM</i>
Creative Work Siddha Yoga			Rahu 1:34PM – 3:07PM	Gara Until 10:05PM	Nataraja: Clear
Until 10.27PM then Marana Yoga				Dvadasi* Until 10:05AM	Moon – Blue
				<i>Pradosha Vrata (Fasting)</i>	Sivaloka Day Bhadrapada Adhika•Avani
5		Friday, September 14, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Tehran, Iran Sutra 155 Nandana 5114
Simha Rasi: 1.59	Tithi 28 – 29		Gulika 7:20AM – 8:54AM	Magha* Until 1:28AM Sat	Ganesha: Yellow <i>Sunrise: 5:47AM</i>
551737263			Yama 3:06PM – 4:40PM	Siddha Until 10:35PM	Muruga: Purple <i>Sunset: 6:13PM</i>
Routine Work Marana Yoga			Rahu 10:27AM – 12:00PM	Visti Until 8:11PM	Nataraja: Clear
Until 10.27PM then Amrita Yoga				Trayodasi* Until 9:06AM	Moon – Red
Until 1:28AM Sat then Marana Yoga					Sivaloka Day Bhadrapada Adhika•Avani
		Saturday, September 15, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni* Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Tehran, Iran Sutra 156 Nandana 5114
Retreat Star			Gulika 5:48AM – 7:21AM	Purvaphalguni* Until 12:48AM Sun	Ganesha: Yellow <i>Sunrise: 5:48AM</i>
Simha Rasi: 15.42	Tithi 29 – 30		Yama 1:33PM – 3:06PM	Sadhya Until 8:25PM	Muruga: Purple <i>Sunset: 6:11PM</i>
551737263			Rahu 8:54AM – 10:27AM	Catuspada Until 6:48PM	Nataraja: Clear
Routine Work Marana Yoga				Chaturdasi* Until 7:44AM	Moon – Red
Until 10.27PM then Siddha Yoga					Sivaloka Day Bhadrapada Adhika•Avani
Until 12:48AM Sun then Amrita Yoga					
Sunday, September 16, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Tehran, Iran Sutra 157 Nandana 5114
Retreat Star			Gulika 3:05PM – 4:37PM	Uttaraphalguni Until 11:35PM	Ganesha: Yellow <i>Sunrise: 5:49AM</i>
Simha Rasi: 29.45	Tithi 1		Yama 11:59AM – 1:32PM	Subha Until 5:42PM	Muruga: Purple <i>Sunset: 6:10PM</i>
551737263			Rahu 4:37PM – 6:10PM	Kintughna Until 4:49PM	Nataraja: Clear
Creative Work Amrita Yoga				Prathama* Until 3:54AM Mon	Moon – Red
Until 10.26PM then Marana Yoga					Sivaloka Day Bhadrapada•Puratasi
Until 11:35PM then Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda, Svetu 2.9. UpP, 192

All times are standard time

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1		Monday, September 17, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Tehran, Iran Sun 16 Sutra 158 Nandana 5114	
Kanya Rasi: 14.04	Tithi 2		Gulika 1:31PM – 3:04PM	Hasta Until 9:54PM	Ganesha: Red	<i>Sunrise: 5:49AM</i>	
Family Home Evening		561737263	Yama 10:27AM – 11:59AM	Sukla Until 2:35PM	Muruga: Purple	<i>Sunset: 6:09PM</i>	Moon 8 - Phase 22
Creative Work Siddha Yoga			Rahu 7:22AM – 8:54AM	Balava Until 2:21PM	Nataraja: Clear		3rd Phase
Until 9:54PM then Prabalarishta Yoga				Dvitiya Until 1:26AM Tue	Moon – Green		Sivaloka Day
Until 10.26PM then Siddha Yoga					Bhadrapada•Puratasi		
2		Tuesday, September 18, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiya Yam Titau		Tehran, Iran Sun 17 Sutra 159 Nandana 5114	
Kanya Rasi: 28.32	Tithi 3		Gulika 11:59AM – 1:31PM	Chitra Until 7:01PM	Ganesha: Red	<i>Sunrise: 5:50AM</i>	
		561737263	Yama 8:54AM – 10:26AM	Brahma Until 10:52AM	Muruga: Purple	<i>Sunset: 6:07PM</i>	Moon 8 - Phase 22
Creative Work Siddha Yoga			Rahu 3:03PM – 4:35PM	Taitila Until 11:12AM	Nataraja: Clear		3rd Phase
				Tritiya Until 9:29PM	Moon – Green		Sivaloka Day
					Bhadrapada•Puratasi		
3		Wednesday, September 19, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Tehran, Iran Sun 18 Sutra 160 Nandana 5114	
Tula Rasi: 13.04	Tithi 4		Gulika 10:26AM – 11:58AM	Svati Until 5:54PM	Ganesha: Red	<i>Sunrise: 5:51AM</i>	
		561737263	Yama 7:23AM – 8:55AM	Indra Until 7:43AM	Muruga: Purple	<i>Sunset: 6:06PM</i>	Moon 8 - Phase 22
Creative Work Siddha Yoga			Rahu 11:58AM – 1:30PM	Vanija Until 8:32AM	Nataraja: Clear		3rd Phase
				Chaturthi* Until 6:49PM	Moon – Green		Sivaloka Day
			Ganesha Chaturthi		Bhadrapada•Puratasi		
4		Thursday, September 20, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Tehran, Iran Sun 19 Sutra 161 Nandana 5114	
Tula Rasi: 27.33	Tithi 5 – 6		Gulika 8:55AM – 10:26AM	Visakha Until 3:55PM	Ganesha: Yellow	<i>Sunrise: 5:52AM</i>	
		572737263	Yama 5:52AM – 7:23AM	Vishkambha* Until 1:38AM Fri	Muruga: Purple	<i>Sunset: 6:04PM</i>	Moon 8 - Phase 22
Creative Work Siddha Yoga			Rahu 1:29PM – 3:01PM	Kaulava Until 4:05AM Fri	Nataraja: Clear		3rd Phase
				Panchami Until 5:01PM	Moon – Orange		Sivaloka Day
					Bhadrapada•Puratasi		
5		Friday, September 21, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Tehran, Iran Sun 20 Sutra 162 Nandana 5114	
Vrischika Rasi: 11.55	Tithi 6 – 7		Gulika 7:24AM – 8:55AM	Anuradha Until 2:08PM	Ganesha: Yellow	<i>Sunrise: 5:52AM</i>	
		572737263	Yama 3:00PM – 4:31PM	Priti Until 10:24PM	Muruga: Purple	<i>Sunset: 6:03PM</i>	Moon 8 - Phase 22
Creative Work Siddha Yoga			Rahu 10:26AM – 11:58AM	Gara Until 1:30AM Sat	Nataraja: Clear		3rd Phase
Until 2:08PM then Prabalarishta Yoga				Shasthi* Until 2:26PM	Moon – Orange		Sivaloka Day
Until 10.24PM then Siddha Yoga					Bhadrapada•Puratasi		
6		Saturday, September 22, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Tehran, Iran Sun 21 Sutra 163 Nandana 5114	
Retreat Star			Gulika 5:53AM – 7:24AM	Jyeshtha* Until 12:37PM	Ganesha: Yellow	<i>Sunrise: 5:53AM</i>	
Vrischika Rasi: 26.08	Tithi 7 – 8		Yama 1:28PM – 2:59PM	Ayushman Until 7:26PM	Muruga: Purple	<i>Sunset: 6:01PM</i>	Moon 8 - Phase 22
		572737263	Rahu 8:55AM – 10:26AM	Visti Until 11:13PM	Nataraja: Clear		Ashtami
Creative Work Siddha Yoga				Saptami Until 12:09PM	Moon – Orange		Sivaloka Day
Until 10.24PM then Amrita Yoga					Bhadrapada•Puratasi		
7		Sunday, September 23, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Tehran, Iran Sun 22 Sutra 164 Nandana 5114	
Retreat Star			Gulika 2:58PM – 4:29PM	Mula* Until 11:26AM	Ganesha: White	<i>Sunrise: 5:54AM</i>	
Dhanus Rasi: 10.1	Tithi 8 – 9		Yama 11:57AM – 1:28PM	Saubhagya Until 4:46PM	Muruga: Purple	<i>Sunset: 6:00PM</i>	Moon 8 - Phase 22
		582737263	Rahu 4:29PM – 6:00PM	Balava Until 9:17PM	Nataraja: Clear		Navami
Creative Work Amrita Yoga				Ashtami* Until 10:13AM	Moon – Light Blue		Devaloka Day
Until 11:26AM then Siddha Yoga					Bhadrapada•Puratasi		
Until 10.24PM then Marana Yoga							

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

All times are standard time

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1	Monday, September 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Tehran, Iran Sun 23 Sutra 165 Nandana 5114	
	Dhanus Rasi: 24	Tithi 9 – 10	Gulika 1:27PM – 2:57PM	Purvashadha* Until 10:35AM	Ganesha: White <i>Sunrise: 5:55AM</i>	
	Family Home Evening	582737263	Yama 10:26AM – 11:56AM	Sobhana Until 2:24PM	Muruqa: Purple <i>Sunset: 5:58PM</i>	Moon 8 - Phase 23
	Routine Work Marana Yoga		Rahu 7:25AM – 8:56AM	Taitila Until 7:43PM	Nataraja: Clear	4th Phase
	Until 10.23PM then Prabalarishta Yoga			Navami* Until 8:38AM	Moon – Light Blue	Devaloka Day
					Bhadrapada*Puratasi	
2	Tuesday, September 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Savana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Tehran, Iran Sun 24 Sutra 166 Nandana 5114	
	Makara Rasi: 7.38	Tithi 10 – 11	Gulika 11:56AM – 1:26PM	Uttarashadha Until 10:21AM	Ganesha: White <i>Sunrise: 5:55AM</i>	
	582737263		Yama 8:56AM – 10:26AM	Athiganda* Until 12:47PM	Muruqa: Purple <i>Sunset: 5:57PM</i>	Moon 8 - Phase 23
	Routine Work Prabalarishta Yoga		Rahu 2:56PM – 4:27PM	Vanija Until 7:32PM	Nataraja: Clear	4th Phase
	Until 10:21AM then Siddha Yoga			Dasami Until 7:32AM	Moon – Light Blue	Devaloka Day
					Bhadrapada*Puratasi	
3	Wednesday, September 26, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Savana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Tehran, Iran Sun 25 Sutra 167 Nandana 5114	
	Makara Rasi: 21.06	Tithi 11 – 12	Gulika 10:26AM – 11:56AM	Savana Until 10:08AM	Ganesha: Clear <i>Sunrise: 5:56AM</i>	
	582737263		Yama 7:26AM – 8:56AM	Sukarma Until 10:53AM	Muruqa: Purple <i>Sunset: 5:55PM</i>	Moon 8 - Phase 23
	Creative Work Siddha Yoga		Rahu 11:56AM – 1:26PM	Bava Until 6:34PM	Nataraja: Clear	4th Phase
	Until 10:08AM then Prabalarishta Yoga			Ekadasi Until 6:34AM	Moon – Purple	Sivaloka Day
	Until 10.23PM then Siddha Yoga				Bhadrapada*Puratasi	
4	Thursday, September 27, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Tehran, Iran Sun 26 Sutra 168 Nandana 5114	
	Kumbha Rasi: 4.22	Tithi 13	Gulika 8:56AM – 10:26AM	Dhanishtha Until 10:15AM	Ganesha: White <i>Sunrise: 5:57AM</i>	
	692737263		Yama 5:57AM – 7:27AM	Dhriti Until 9:19AM	Muruqa: Purple <i>Sunset: 5:54PM</i>	Moon 8 - Phase 23
	Creative Work Siddha Yoga		Rahu 1:25PM – 2:55PM	Kaulava Until 6:00PM	Nataraja: Clear	4th Phase
	Until 10:15AM then Marana Yoga		Kadaitswami Mahasamadhi	Trayodasi Until 6:00AM Fri	Moon – Purple	Devaloka Day
	Until 10.22PM then Siddha Yoga			Pradosha Vrata	Bhadrapada*Puratasi	
5	Friday, September 28, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Tehran, Iran Sun 27 Sutra 169 Nandana 5114	
	Kumbha Rasi: 17.26	Tithi 14	Gulika 7:27AM – 8:56AM	Satabhisha Until 10:44AM	Ganesha: White <i>Sunrise: 5:58AM</i>	
	692737263		Yama 2:54PM – 4:23PM	Shula* Until 8:05AM	Muruqa: Purple <i>Sunset: 5:53PM</i>	Moon 8 - Phase 23
	Creative Work Siddha Yoga		Rahu 10:26AM – 11:55AM	Gara Until 5:49PM	Nataraja: Clear	4th Phase
				Chaturdasi* Until 6:05AM Sat	Moon – Purple	Devaloka Day
					Bhadrapada*Puratasi	
O	Saturday, September 29, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Tehran, Iran Sun 28 Sutra 170 Nandana 5114	
	Copper Retreat Star		Gulika 5:59AM – 7:28AM	Purvaprostapada* Until 11:37AM	Ganesha: Purple <i>Sunrise: 5:59AM</i>	
	Meena Rasi: 0.17	Tithi 14 – 15	Yama 1:24PM – 2:53PM	Ganda* Until 7:14AM	Muruqa: Purple <i>Sunset: 5:51PM</i>	Moon 8 - Phase 23
	612737263		Rahu 8:57AM – 10:26AM	Visti Until 6:05PM	Nataraja: Clear	Purnima
	Creative Work Siddha Yoga		Chidambaram Abhishekam	Chaturdasi* Until 6:05AM	Moon – Clear	Devaloka Day
	Until 10.22PM then Amrita Yoga				Bhadrapada*Puratasi	
	Sunday, September 30, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Tehran, Iran Sun 29 Sutra 171 Nandana 5114	
	Silver Retreat Star		Gulika 2:52PM – 4:21PM	Uttaraprostapada Until 1:30PM	Ganesha: Purple <i>Sunrise: 5:59AM</i>	
	Meena Rasi: 12.55	Tithi 15 – 16	Yama 11:54AM – 1:23PM	Vridhhi Until 6:48AM	Muruqa: Purple <i>Sunset: 5:50PM</i>	Moon 8 - Phase 23
	612737263		Rahu 4:21PM – 5:50PM	Balava Until 7:57PM	Nataraja: Clear	Prathama
	Creative Work Amrita Yoga			Purnima* Until 6:51AM	Moon – Clear	Devaloka Day
	Until 10.21PM then Siddha Yoga				Bhadrapada*Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

All times are standard time

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Monday, October 1, 2012
Gold Retreat Star

Mesha Rasi: 25.19 Tithi 16 – 17
Family Home Evening 612737263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Asvini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 1:23PM – 2:51PM
Yama 10:26AM – 11:54AM
Rahu 7:29AM – 8:57AM

Revati Until 3:21PM
Dhruva Until 6:42AM
Taitila Until 9:13PM
Prathama* Until 8:07AM

Ganesha: Purple *Sunrise: 6:00AM*
Muruga: Purple *Sunset: 5:48PM*
Nataraja: Clear
Moon – Clear
Bhadrapada*Puratasi

Devaloka Day

Tehran, Iran
Sutra 172
Nandana 5114
Moon 9 - Phase 24
1st Phase

1

Tuesday, October 2, 2012

Mesha Rasi: 7.31 Tithi 17 – 18
622737263
Creative Work Siddha Yoga
Until 10.21PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Asvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 11:54AM – 1:22PM
Yama 8:57AM – 10:26AM
Rahu 2:50PM – 4:19PM

Asvini Until 5:39PM
Vyaghata* Until 7:00AM
Vanija Until 10:56PM
Dvitiya Until 9:51AM

Ganesha: Clear *Sunrise: 6:01AM*
Muruga: Purple *Sunset: 5:47PM*
Nataraja: Clear
Moon – White
Bhadrapada*Puratasi

Sivaloka Day

Tehran, Iran
Sun 1 Sutra 173
Nandana 5114
Moon 9 - Phase 24
1st Phase

2

Wednesday, October 3, 2012

Mesha Rasi: 19.31 Tithi 18 – 19
622837263
Routine Work Marana Yoga
Until 8:18PM then Amrita Yoga
Until 10.20PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 10:26AM – 11:54AM
Yama 7:30AM – 8:58AM
Rahu 11:54AM – 1:21PM

Bharani Until 8:18PM
Harshana Until 7:38AM
Bava Until 1:05AM Thu
Tritiya Until 11:59AM

Ganesha: White *Sunrise: 6:02AM*
Muruga: Purple *Sunset: 5:45PM*
Nataraja: Clear
Moon – White
Bhadrapada*Puratasi

Subha Sivaloka Day

Tehran, Iran
Sun 2 Sutra 174
Nandana 5114
Moon 9 - Phase 24
1st Phase

3

Thursday, October 4, 2012

Vrishabha Rasi: 1.23 Tithi 19 – 20
623837263
Routine Work Marana Yoga
Until 10.20PM then Siddha Yoga
Until 11:14PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 8:58AM – 10:26AM
Yama 6:02AM – 7:30AM
Rahu 1:21PM – 2:49PM

Krittika Until 11:14PM
Vajra* Until 8:32AM
Kaulava Until 3:31AM Fri
Chaturthi* Until 2:25PM

Ganesha: Clear *Sunrise: 6:02AM*
Muruga: Purple *Sunset: 5:44PM*
Nataraja: Clear
Moon – White
Bhadrapada*Puratasi

Sivaloka Day

Tehran, Iran
Sun 3 Sutra 175
Nandana 5114
Moon 9 - Phase 24
1st Phase

4

Friday, October 5, 2012

Vrishabha Rasi: 13.11 Tithi 20 – 21
633837263
Routine Work Marana Yoga
Until 10.20PM then Amrita Yoga
Until 2:19AM Sat then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 7:31AM – 8:58AM
Yama 2:48PM – 4:15PM
Rahu 10:26AM – 11:53AM

Rohini Until 2:19AM Sat
Siddhi Until 9:33AM
Gara Until 6:07AM Sat
Panchami Until 5:02PM

Ganesha: White *Sunrise: 6:03AM*
Muruga: Purple *Sunset: 5:43PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada*Puratasi

Devaloka Day

Tehran, Iran
Sun 4 Sutra 176
Nandana 5114
Moon 9 - Phase 24
1st Phase

5

Saturday, October 6, 2012

Vrishabha Rasi: 24.58 Tithi 21
633837263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigasira Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 6:04AM – 7:31AM
Yama 1:20PM – 2:47PM
Rahu 8:58AM – 10:26AM

Mrigasira Until 5:25AM Sun
Vyatipata* Until 10:36AM
Gara Until 6:34AM
Shasthi* Until 7:39PM

Ganesha: White *Sunrise: 6:04AM*
Muruga: Purple *Sunset: 5:41PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada*Puratasi

Devaloka Day

Tehran, Iran
Sun 5 Sutra 177
Nandana 5114
Moon 9 - Phase 24
1st Phase

6

Sunday, October 7, 2012

Mithuna Rasi: 6.49 Tithi 22
633837264
Creative Work Siddha Yoga
Until 8:21AM Mon then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 2:46PM – 4:13PM
Yama 11:52AM – 1:19PM
Rahu 4:13PM – 5:40PM

Ardra Until 8:21AM Mon
Variyan Until 11:30AM
Visti Until 9:02AM
Saptami Until 10:07PM

Ganesha: White *Sunrise: 6:05AM*
Muruga: Purple *Sunset: 5:40PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Sivaloka Day

Tehran, Iran
Sun 6 Sutra 178
Nandana 5114
Moon 9 - Phase 24
1st Phase



Monday, October 8, 2012
Retreat Star

Mithuna Rasi: 18.49 Tithi 23
Family Home Evening 633837264
Creative Work Siddha Yoga
Until 8:21AM then Amrita Yoga
Until 10.19PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 1:19PM – 2:45PM
Yama 10:25AM – 11:52AM
Rahu 7:32AM – 8:59AM

Ardra Until 8:21AM
Parigha* Until 12:08PM
Balava Until 11:10AM
Ashtami* Until 12:15AM Tue

Ganesha: White *Sunrise: 6:06AM*
Muruga: Purple *Sunset: 5:38PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Sivaloka Day

Tehran, Iran
Sun 7 Sutra 179
Nandana 5114
Moon 9 - Phase 24
Ashtami

Tuesday, October 9, 2012

Retreat Star

Kataka Rasi: 1.04 Tithi 24
643837264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 11:52AM – 1:18PM
Yama 8:59AM – 10:25AM
Rahu 2:44PM – 4:11PM

Punarvasu Until 10:11AM
Shiva Until 11:52AM
Taitila Until 12:13PM
Navami* Until 12:13AM Wed

Ganesha: Yellow *Sunrise: 6:07AM*
Muruga: Purple *Sunset: 5:37PM*
Nataraja: White
Moon – Blue
Bhadrapada*Puratasi

Subha Sivaloka Day

Tehran, Iran
Sun 8 Sutra 180
Nandana 5114
Moon 9 - Phase 24
Navami

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM

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1		Wednesday, October 10, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Aslesha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dasami Yam Titau		Tehran, Iran Sun 9 Sutra 181 Nandana 5114	
Kataka Rasi: 13.38	Tithi 25	643837264	Gulika 10:25AM – 11:52AM Yama 7:33AM – 8:59AM Rahu 11:52AM – 1:18PM	Pushya Until 11:36AM Siddha Until 11:29AM Vanija Until 1:04PM Dasami Until 1:04AM Thu	Ganesha: Yellow Muruga: Purple Nataraja: White Moon – Blue Bhadrapada*Puratasi	Sunrise: 6:07AM Sunset: 5:36PM	Moon 9 - Phase 25 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga							
2		Thursday, October 11, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Aslesha*/Magha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadasi* Yam Titau		Tehran, Iran Sun 10 Sutra 182 Nandana 5114	
Kataka Rasi: 26.35	Tithi 26	643837264	Gulika 9:00AM – 10:26AM Yama 6:08AM – 7:34AM Rahu 1:17PM – 2:43PM	Aslesha* Until 12:18PM Sadhya Until 10:27AM Bava Until 1:08PM Ekadasi* Until 1:08AM Fri	Ganesha: Yellow Muruga: Purple Nataraja: White Moon – Blue Bhadrapada*Puratasi	Sunrise: 6:08AM Sunset: 5:34PM	Moon 9 - Phase 25 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 12:18PM then Amrita Yoga Until 10:18PM then Marana Yoga							
3		Friday, October 12, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Tehran, Iran Sun 11 Sutra 183 Nandana 5114	
Simha Rasi: 9.58	Tithi 27	653837264	Gulika 7:35AM – 9:00AM Yama 2:42PM – 4:08PM Rahu 10:26AM – 11:51AM	Magha* Until 11:47AM Subha Until 8:30AM Kaulava Until 11:52AM Dvadasi* Until 10:57PM	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Red Bhadrapada*Puratasi	Sunrise: 6:09AM Sunset: 5:33PM	Moon 9 - Phase 25 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 11:47AM then Siddha Yoga Until 10:18PM then Marana Yoga							
4		Saturday, October 13, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Tehran, Iran Sun 12 Sutra 184 Nandana 5114	
Simha Rasi: 23.47	Tithi 28	653837264	Gulika 6:10AM – 7:35AM Yama 1:16PM – 2:41PM Rahu 9:00AM – 10:26AM	Purvaphalguni* Until 10:57AM Sukla Until 6:08AM Gara Until 10:21AM Trayodasi* Until 9:25PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Red Bhadrapada*Puratasi	Sunrise: 6:10AM Sunset: 5:32PM	Moon 9 - Phase 25 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 10:18PM then Amrita Yoga							
5		Sunday, October 14, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Tehran, Iran Sun 13 Sutra 185 Nandana 5114	
Kanya Rasi: 8.01	Tithi 29	653837264	Gulika 2:41PM – 4:05PM Yama 11:51AM – 1:16PM Rahu 4:05PM – 5:30PM	Uttaraphalguni Until 9:11AM Indra Until 11:18PM Visti Until 7:54AM Chaturdasi* Until 6:11PM	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Red Bhadrapada*Puratasi	Sunrise: 6:11AM Sunset: 5:30PM	Moon 9 - Phase 25 2nd Phase Sivaloka Day
Creative Work Amrita Yoga Until 10:17PM then Siddha Yoga							
		Monday, October 15, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Tehran, Iran Sun 14 Sutra 186 Nandana 5114	
Retreat Star			Gulika 1:15PM – 2:40PM Yama 10:26AM – 11:50AM Rahu 7:36AM – 9:01AM	Hasta Until 7:12AM Vaidhriti* Until 7:57PM Kintughna Until 1:46AM Tue Amavasya* Until 3:29PM	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Green Bhadrapada*Puratasi	Sunrise: 6:12AM Sunset: 5:29PM	Moon 9 - Phase 25 Amavasya Sivaloka Day
Kanya Rasi: 22.35 Family Home Evening Creative Work Siddha Yoga Until 7:12AM then Prabalarishta Yoga Until 10:17PM then Siddha Yoga		663837264					
Tuesday, October 16, 2012		Retreat Star		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Tehran, Iran Sun 15 Sutra 187 Nandana 5114	
Tula Rasi: 7.24	Tithi 1 – 2	663837264	Gulika 11:50AM – 1:15PM Yama 9:01AM – 10:26AM Rahu 2:39PM – 4:03PM	Svati Until 2:10AM Wed Vishkambha* Until 4:15PM Balava Until 10:38PM Prathama* Until 12:21PM	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Green Ashvina*Puratasi	Sunrise: 6:12AM Sunset: 5:28PM	Moon 9 - Phase 25 Prathama Sivaloka Day
Creative Work Siddha Yoga			Navaratri Begins				

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk.
Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

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1	Wednesday, October 17, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Visakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Sun 16	Sutra 188 Nandana 5114
	Tula Rasi: 22.19	Tithi 2 – 3	Gulika 10:26AM – 11:50AM	Visakha Until 11:37PM	Ganesha: Blue	Sunrise: 6:13AM	Moon 9 - Phase 26 3rd Phase	
	673837264	Yama 7:37AM – 9:02AM	Priti Until 12:22PM	Muruga: Purple	Sunset: 5:27PM			
		Rahu 11:50AM – 1:14PM	Taitila Until 7:20PM	Nataraja: White				
Creative Work	Siddha Yoga		Dvitiya Until 9:03AM	Moon – Orange	Sivaloka Day			
				Ashvina•Aipasi				

2	Thursday, October 18, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Sun 17	Sutra 189 Nandana 5114
	Vrischika Rasi: 7.13	Tithi 4	Gulika 9:02AM – 10:26AM	Anuradha Until 9:07PM	Ganesha: Yellow	Sunrise: 6:14AM	Moon 9 - Phase 26 3rd Phase	
	674837264	Yama 6:14AM – 7:38AM	Ayushman Until 8:32AM	Muruga: Purple	Sunset: 5:25PM			
		Rahu 1:14PM – 2:38PM	Vanija Until 4:04PM	Nataraja: White				
Creative Work	Siddha Yoga		Chaturthi* Until 2:21AM Fri	Moon – Orange	Subha Sivaloka Day			
Until 10.17PM then Prabalarishta Yoga				Ashvina•Aipasi				

3	Friday, October 19, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Bava/Balava Karana Panchami Yam Titau				Sun 18	Sutra 190 Nandana 5114
	Vrischika Rasi: 21.58	Tithi 5	Gulika 7:39AM – 9:02AM	Jyeshtha* Until 6:51PM	Ganesha: Yellow	Sunrise: 6:15AM	Moon 9 - Phase 26 3rd Phase	
	674837264	Yama 2:37PM – 4:00PM	Sobhana Until 12:55AM Sat	Muruga: Purple	Sunset: 5:24PM			
		Rahu 10:26AM – 11:50AM	Bava Until 1:03PM	Nataraja: White				
Routine Work	Prabalarishta Yoga		Panchami Until 11:20PM	Moon – Orange	Subha Sivaloka Day			
Until 6:51PM then no yoga				Ashvina•Aipasi				
Until 10.16PM then Siddha Yoga								

4	Saturday, October 20, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Sun 19	Sutra 191 Nandana 5114
	Dhanus Rasi: 6.29	Tithi 6	Gulika 6:16AM – 7:39AM	Mula* Until 5:45PM	Ganesha: White	Sunrise: 6:16AM	Moon 9 - Phase 26 3rd Phase	
	684837264	Yama 1:13PM – 2:36PM	Athiganda* Until 10:43PM	Muruga: Purple	Sunset: 5:23PM			
		Rahu 9:03AM – 10:26AM	Kaulava Until 10:48AM	Nataraja: White				
Creative Work	Siddha Yoga		Shasthi* Until 9:53PM	Moon – Light Blue	Subha Subha Sivaloka Day			
Until 5:45PM then Marana Yoga				Ashvina•Aipasi				
Until 10.16PM then Siddha Yoga								

5	Sunday, October 21, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Gara/Vanija Karana Saptami Yam Titau				Sun 20	Sutra 192 Nandana 5114
	Dhanus Rasi: 20.41	Tithi 7	Gulika 2:35PM – 3:59PM	Purvashadha* Until 4:16PM	Ganesha: White	Sunrise: 6:17AM	Moon 9 - Phase 26 3rd Phase	
	684837264	Yama 11:49AM – 1:12PM	Sukarma Until 7:44PM	Muruga: Purple	Sunset: 5:22PM			
		Rahu 3:59PM – 5:22PM	Gara Until 8:34AM	Nataraja: White				
Creative Work	Siddha Yoga		Saptami Until 7:39PM	Moon – Light Blue	Subha Subha Sivaloka Day			
Until 4:16PM then Amrita Yoga				Ashvina•Aipasi				
Until 10.16PM then Marana Yoga								

D	Monday, October 22, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Sravana Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Sun 21	Sutra 193 Nandana 5114
	Retreat Star		Gulika 1:12PM – 2:35PM	Uttarashadha Until 3:20PM	Ganesha: White	Sunrise: 6:18AM	Moon 9 - Phase 26 Ashtami	
	684837264	Yama 10:26AM – 11:49AM	Dhriti Until 5:16PM	Muruga: Purple	Sunset: 5:21PM			
		Rahu 7:41AM – 9:03AM	Visti Until 6:57AM	Nataraja: White				
Makara Rasi: 4.33	Tithi 8		Ashtami* Until 6:01PM	Moon – Light Blue	Subha Subha Sivaloka Day			
Family Home Evening				Ashvina•Aipasi				
Routine Work	Marana Yoga							
Until 3:20PM then Amrita Yoga								
Until 10.16PM then Siddha Yoga								

	Tuesday, October 23, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Sun 22	Sutra 194 Nandana 5114
	Retreat Star		Gulika 11:49AM – 1:12PM	Sravana Until 3:39PM	Ganesha: Clear	Sunrise: 6:19AM	Moon 9 - Phase 26 Navami	
	694837264	Yama 9:04AM – 10:26AM	Shula* Until 4:00PM	Muruga: Purple	Sunset: 5:19PM			
		Rahu 2:34PM – 3:57PM	Taitila Until 5:55AM Wed	Nataraja: White				
Creative Work	Siddha Yoga		Navami* Until 5:55PM	Moon – Purple	Subha Sivaloka Day			
Until 3:39PM then Marana Yoga				Ashvina•Aipasi				
Until 10.16PM then Prabalarishta Yoga								

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step,so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda,Brihadu 4.4.3. bo UpH,140

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1	Wednesday, October 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Tehran, Iran Sun 23 Sutra 195 Nandana 5114	
	Kumbha Rasi: 1.21	Tithi 10 – 11 694837264	Gulika 10:27AM – 11:49AM Yama 7:42AM – 9:04AM Rahu 11:49AM – 1:11PM	Dhanishtha Until 3:49PM Ganda* Until 2:27PM Vanija Until 5:25AM Thu Dasami Until 5:25PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – Purple Ashvina•Aipasi	<i>Sunrise: 6:20AM</i> <i>Sunset: 5:18PM</i> Moon 9 - Phase 27 4th Phase
Routine Work Prabalarishta Yoga Until 3:49PM then Siddha Yoga Until 10.16PM then Marana Yoga		Subha Sivaloka Day				
2	Thursday, October 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Vridhi/Dhruva Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Tehran, Iran Sun 24 Sutra 196 Nandana 5114	
	Kumbha Rasi: 14.19	Tithi 11 – 12 694837264	Gulika 9:05AM – 10:27AM Yama 6:20AM – 7:42AM Rahu 1:11PM – 2:33PM	Satabhisha Until 4:29PM Vridhi Until 1:21PM Bava Until 5:28AM Fri Ekadasi Until 5:28PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – Purple Ashvina•Aipasi	<i>Sunrise: 6:20AM</i> <i>Sunset: 5:17PM</i> Moon 9 - Phase 27 4th Phase
Routine Work Marana Yoga Until 4:29PM then Siddha Yoga		Subha Sivaloka Day				
3	Friday, October 26, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Dhruva/Vyaghata* Yoga Balava Karana Dvadasi Yam Titau		Tehran, Iran Sun 25 Sutra 197 Nandana 5114	
	Kumbha Rasi: 27.04	Tithi 12 614837264	Gulika 7:43AM – 9:05AM Yama 2:32PM – 3:54PM Rahu 10:27AM – 11:49AM	Purvaprostapada* Until 5:35PM Dhruva Until 12:40PM Balava Until 5:59AM Sat Dvadasi Until 5:59PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – Clear Ashvina•Aipasi	<i>Sunrise: 6:21AM</i> <i>Sunset: 5:16PM</i> Moon 9 - Phase 27 4th Phase
Creative Work Siddha Yoga		Subha Sivaloka Day				
4	Saturday, October 27, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Tehran, Iran Sun 26 Sutra 198 Nandana 5114	
	Meena Rasi: 9.35	Tithi 13 614937264	Gulika 6:22AM – 7:44AM Yama 1:10PM – 2:32PM Rahu 9:05AM – 10:27AM	Uttaraprostapada Until 8:10PM Vyaghata* Until 12:50PM Kaulava Until 7:01AM Trayodasi Until 8:07PM <i>Pradosha Vrata</i>	Ganesha: Purple Muruga: Purple Nataraja: White Moon – Clear Ashvina•Aipasi	<i>Sunrise: 6:22AM</i> <i>Sunset: 5:15PM</i> Moon 9 - Phase 27 4th Phase
Creative Work Siddha Yoga Until 8:10PM then Prabalarishta Yoga Until 10.15PM then Amrita Yoga		Sivaloka Day				
5	Sunday, October 28, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Tehran, Iran Sun 27 Sutra 199 Nandana 5114	
	Meena Rasi: 21.55	Tithi 14 614937264	Gulika 2:31PM – 3:52PM Yama 11:48AM – 1:10PM Rahu 3:52PM – 5:14PM	Revati Until 10:11PM Harshana Until 12:51PM Gara Until 8:29AM Chaturdasi* Until 9:34PM	Ganesha: Purple Muruga: Purple Nataraja: White Moon – Clear Ashvina•Aipasi	<i>Sunrise: 6:23AM</i> <i>Sunset: 5:14PM</i> Moon 9 - Phase 27 4th Phase
Creative Work Amrita Yoga Until 10.15PM then Siddha Yoga		Sivaloka Day				
O	Monday, October 29, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnima* Yam Titau		Tehran, Iran Sun 28 Sutra 200 Nandana 5114	
	Copper Retreat Star		Gulika 1:09PM – 2:31PM Yama 10:27AM – 11:48AM Rahu 7:45AM – 9:06AM	Asvini Until 12:32AM Tue Vajra* Until 1:10PM Visti Until 10:19AM Purnima* Until 11:24PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – White Ashvina•Aipasi	<i>Sunrise: 6:24AM</i> <i>Sunset: 5:13PM</i> Moon 9 - Phase 27 Purnima
Mesha Rasi: 4.04 Family Home Evening Creative Work Siddha Yoga		Subha Sivaloka Day				
	Tuesday, October 30, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau		Tehran, Iran Sun 29 Sutra 201 Nandana 5114	
	Silver Retreat Star		Gulika 11:48AM – 1:09PM Yama 9:07AM – 10:28AM Rahu 2:30PM – 3:51PM	Bharani Until 3:10AM Wed Siddhi Until 1:46PM Balava Until 12:28PM Prathama* Until 1:33AM Wed	Ganesha: Purple Muruga: Purple Nataraja: White Moon – White Ashvina•Aipasi	<i>Sunrise: 6:25AM</i> <i>Sunset: 5:12PM</i> Moon 9 - Phase 27 Prathama
Mesha Rasi: 16.05 Creative Work Siddha Yoga Until 10.15PM then Marana Yoga Until 3:10AM Wed then Amrita Yoga		Subha Subha Sivaloka Day				

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

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Wednesday, October 31, 2012
Gold Retreat Star

Mesha Rasi: 27.59 Tithi 17
625937264
Creative Work Amrita Yoga
Until 10.15PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vyatipata* Variyan Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 10:28AM – 11:48AM
Yama 7:47AM – 9:07AM
Rahu 11:48AM – 1:09PM
Krittika Until 6:25AM Thu
Vyatipata* Until 2:35PM
Taitila Until 2:52PM
Dvitiya Until 3:58AM Thu

Ganesha: Purple *Sunrise: 6:26AM*
Muruga: Purple *Sunset: 5:11PM*
Nataraja: White
Moon – White Subha Subha Sivaloka Day
Ashvina•Aipasi

Tehran, Iran
Sutra 202
Nandana 5114
Moon 10 - Phase 28
1st Phase

Thursday, November 1, 2012

1

Vrishabha Rasi: 9.47 Tithi 18
625937264
Routine Work Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika/Rohini Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 9:08AM – 10:28AM
Yama 6:27AM – 7:47AM
Rahu 1:09PM – 2:29PM
Krittika Until 6:25AM
Variyan Until 3:32PM
Vanija Until 5:27PM
Tritiya Until 7:02AM Fri

Ganesha: Purple *Sunrise: 6:27AM*
Muruga: Purple *Sunset: 5:10PM*
Nataraja: White
Moon – White Subha Subha Sivaloka Day
Ashvina•Aipasi

Sun 1 Tehran, Iran
Sutra 203
Nandana 5114
Moon 10 - Phase 28
1st Phase

Friday, November 2, 2012

2

Vrishabha Rasi: 21.34 Tithi 18 – 19
635947264
Routine Work Marana Yoga
Until 9:31AM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigasira Nakshatra Parigha*/Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 7:48AM – 9:08AM
Yama 2:29PM – 3:49PM
Rahu 10:28AM – 11:48AM
Rohini Until 9:31AM
Parigha* Until 4:33PM
Bava Until 8:07PM
Tritiya Until 7:02AM

Ganesha: Clear *Sunrise: 6:28AM*
Muruga: Clear *Sunset: 5:09PM*
Nataraja: White
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Sun 2 Tehran, Iran
Sutra 204
Nandana 5114
Moon 10 - Phase 28
1st Phase

Saturday, November 3, 2012

3

Mithuna Rasi: 3.22 Tithi 19 – 20
635947264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigasira/Ardra Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 6:29AM – 7:49AM
Yama 1:08PM – 2:28PM
Rahu 9:09AM – 10:28AM
Mrigasira Until 12:36PM
Shiva Until 5:33PM
Kaulava Until 10:45PM
Chaturthi* Until 9:40AM

Ganesha: Clear *Sunrise: 6:29AM*
Muruga: Clear *Sunset: 5:08PM*
Nataraja: White
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Sun 3 Tehran, Iran
Sutra 205
Nandana 5114
Moon 10 - Phase 28
1st Phase

Sunday, November 4, 2012

4

Mithuna Rasi: 15.14 Tithi 20 – 21
635947264
Creative Work Siddha Yoga
Until 10.15PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 2:28PM – 3:47PM
Yama 11:48AM – 1:08PM
Rahu 3:47PM – 5:07PM
Ardra Until 3:32PM
Siddha Until 6:24PM
Gara Until 1:14AM Mon
Panchami Until 12:08PM

Ganesha: Clear *Sunrise: 6:30AM*
Muruga: Clear *Sunset: 5:07PM*
Nataraja: White
Moon – Yellow Sivaloka Day
Ashvina•Aipasi

Sun 4 Tehran, Iran
Sutra 206
Nandana 5114
Moon 10 - Phase 28
1st Phase

Monday, November 5, 2012

5

Mithuna Rasi: 27.14 Tithi 21 – 22
Family Home Evening 645947264
Creative Work Amrita Yoga
Until 6:11PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu Nakshatra Sadhya Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 1:08PM – 2:27PM
Yama 10:29AM – 11:48AM
Rahu 7:50AM – 9:10AM
Punarvasu Until 6:11PM
Sadhya Until 7:00PM
Visti Until 3:24AM Tue
Shasthi* Until 2:19PM

Ganesha: White *Sunrise: 6:31AM*
Muruga: Clear *Sunset: 5:06PM*
Nataraja: White
Moon – Blue Subha Sivaloka Day
Ashvina•Aipasi

Sun 5 Tehran, Iran
Sutra 207
Nandana 5114
Moon 10 - Phase 28
1st Phase

Tuesday, November 6, 2012

6

Kataka Rasi: 9.28 Tithi 22 – 23
745947264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 11:48AM – 1:08PM
Yama 9:10AM – 10:29AM
Rahu 2:27PM – 3:46PM
Pushya Until 8:25PM
Subha Until 6:16PM
Balava Until 5:07AM Wed
Saptami Until 4:02PM

Ganesha: Clear *Sunrise: 6:32AM*
Muruga: Clear *Sunset: 5:05PM*
Nataraja: White
Moon – Blue Sivaloka Day
Ashvina•Aipasi

Sun 6 Tehran, Iran
Sutra 208
Nandana 5114
Moon 10 - Phase 28
1st Phase

Wednesday, November 7, 2012
Retreat Star



Kataka Rasi: 21.57 Tithi 23 – 24
745947264
Creative Work Siddha Yoga
Until 10.15PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 10:30AM – 11:48AM
Yama 7:52AM – 9:11AM
Rahu 11:48AM – 1:07PM
Aslesha* Until 8:51PM
Sukla Until 5:59PM
Taitila Until 4:12AM Thu
Ashtami* Until 4:12PM

Ganesha: Clear *Sunrise: 6:33AM*
Muruga: Clear *Sunset: 5:04PM*
Nataraja: White
Moon – Blue Sivaloka Day
Ashvina•Aipasi

Sun 7 Tehran, Iran
Sutra 209
Nandana 5114
Moon 10 - Phase 28
Ashtami

Thursday, November 8, 2012

Retreat Star

Simha Rasi: 4.49 Tithi 24 – 25
755947264
Creative Work Amrita Yoga
Until 9:44PM then no yoga
Until 10.15PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Magha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 9:11AM – 10:30AM
Yama 6:34AM – 7:52AM
Rahu 1:07PM – 2:26PM
Magha* Until 9:44PM
Brahma Until 5:05PM
Vanija Until 4:30AM Fri
Navami* Until 4:30PM

Ganesha: White *Sunrise: 6:34AM*
Muruga: Clear *Sunset: 5:03PM*
Nataraja: White
Moon – Red Subha Sivaloka Day
Ashvina•Aipasi

Sun 8 Tehran, Iran
Sutra 210
Nandana 5114
Moon 10 - Phase 28
Navami

According as one acts,so does he become. One becomes virtuous by virtuous action,bad by bad action. Shukla Yajur Veda,Brihadu 4.4.5. UpH,140

All times are standard time

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1		Friday, November 9, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Tehran, Iran	
Simha Rasi: 18.05	Tithi 25 – 26	756947264	Gulika 7:53AM – 9:12AM Yama 2:26PM – 3:44PM Rahu 10:30AM – 11:49AM	Purvaphalguni* Until 8:43PM Indra Until 2:50PM Bava Until 2:17AM Sat Dasami Until 3:12PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Red Ashvina•Aipasi	<i>Sunrise: 6:35AM</i> <i>Sunset: 5:03PM</i>	Sun 9 Sutra 211 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Creative Work Siddha Yoga Until 10.16PM then Marana Yoga							Sivaloka Day
2		Saturday, November 10, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Tehran, Iran	
Kanya Rasi: 1.48	Tithi 26 – 27	756947264	Gulika 6:36AM – 7:54AM Yama 1:07PM – 2:25PM Rahu 9:12AM – 10:30AM	Uttaraphalguni Until 8:03PM Vaidhriti* Until 12:36PM Kaulava Until 12:57AM Sun Ekadasi* Until 1:53PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Red Ashvina•Aipasi	<i>Sunrise: 6:36AM</i> <i>Sunset: 5:02PM</i>	Sun 10 Sutra 212 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Routine Work Marana Yoga Until 10.16PM then Amrita Yoga							Sivaloka Day
3		Sunday, November 11, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Tehran, Iran	
Kanya Rasi: 15.59	Tithi 27 – 28	766947264	Gulika 2:25PM – 3:43PM Yama 11:49AM – 1:07PM Rahu 3:43PM – 5:01PM	Hasta Until 5:46PM Vishkambha* Until 9:25AM Gara Until 9:35PM Dvadasi* Until 11:18AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White Muruga: Clear Nataraja: White Moon – Green Ashvina•Aipasi	<i>Sunrise: 6:37AM</i> <i>Sunset: 5:01PM</i>	Sun 11 Sutra 213 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Creative Work Amrita Yoga Until 5:46PM then Siddha Yoga Until 10.16PM then Prabalarishta Yoga							Devaloka Day
4		Monday, November 12, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Tehran, Iran	
Tula Rasi: 0.35	Tithi 28 – 29	766947264	Gulika 1:07PM – 2:25PM Yama 10:31AM – 11:49AM Rahu 7:56AM – 9:13AM	Chitra Until 3:45PM Priti Until 6:01AM Visti Until 6:52PM Trayodasi* Until 8:35AM	Ganesha: White Muruga: Clear Nataraja: White Moon – Green Ashvina•Aipasi	<i>Sunrise: 6:38AM</i> <i>Sunset: 5:00PM</i>	Sun 12 Sutra 214 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Family Home Evening Routine Work Prabalarishta Yoga Until 3:45PM then Amrita Yoga Until 10.16PM then Siddha Yoga							Devaloka Day
		Tuesday, November 13, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Visakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Tehran, Iran	
Retreat Star			Gulika 11:49AM – 1:07PM Yama 9:14AM – 10:32AM Rahu 2:24PM – 3:42PM	Svati Until 1:12PM Saubhagya Until 10:07PM Catuspada Until 3:35PM Amavasya* Until 1:52AM Wed	Ganesha: White Muruga: Clear Nataraja: White Moon – Green Ashvina•Aipasi	<i>Sunrise: 6:39AM</i> <i>Sunset: 5:00PM</i>	Sun 13 Sutra 215 Nandana 5114 Moon 10 - Phase 29 Amavasya
Tula Rasi: 15.3		766947264					Devaloka Day
Creative Work Siddha Yoga Until 1:12PM then Marana Yoga Until 10.16PM then Siddha Yoga							
5		Wednesday, November 14, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Visakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Tehran, Iran	
Retreat Star			Gulika 10:32AM – 11:49AM Yama 7:57AM – 9:14AM Rahu 11:49AM – 1:07PM	Visakha Until 10:20AM Sobhana Until 5:55PM Kintughna Until 11:56AM Prathama* Until 10:14PM	Ganesha: Green Muruga: Clear Nataraja: White Moon – Orange Karttika•Aipasi	<i>Sunrise: 6:40AM</i> <i>Sunset: 4:59PM</i>	Sun 14 Sutra 216 Nandana 5114 Moon 10 - Phase 29 Prathama
Vrischika Rasi: 0.38		776947264					Devaloka Day
Creative Work Siddha Yoga							

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

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1		Thursday, November 15, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Tehran, Iran Sun 15 Sutra 217 Nandana 5114
Vrischika Rasi: 15.49	Tithi 2	776947264	Gulika 9:15AM – 10:32AM Yama 6:41AM – 7:58AM Rahu 1:07PM – 2:24PM	Anuradha Until 7:22AM Athiganda* Until 1:38PM Balava Until 8:13AM Dvitiya Until 6:30PM	Ganesha: Green <i>Sunrise: 6:41AM</i> Muruga: Clear <i>Sunset: 4:58PM</i> Nataraja: White Moon – Orange Karttika•Aipasi
Creative Work	Siddha Yoga				Devaloka Day
Until 10.16PM then Prabalarishta Yoga					
2		Friday, November 16, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Tehran, Iran Sun 16 Sutra 218 Nandana 5114
Dhanus Rasi: 0.53	Tithi 3 – 4	787947265	Gulika 7:59AM – 9:16AM Yama 2:24PM – 3:41PM Rahu 10:33AM – 11:50AM	Mula* Until 1:54AM Sat Sukarma Until 9:30AM Vanija Until 1:13AM Sat Tritiya Until 2:56PM	Ganesha: Clear <i>Sunrise: 6:42AM</i> Muruga: Clear <i>Sunset: 4:58PM</i> Nataraja: Yellow Moon – Light Blue Karttika•Karttikai
No Yoga					Devaloka Day
Until 10.17PM then Siddha Yoga					
Until 1:54AM Sat then Marana Yoga					
3		Saturday, November 17, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Tehran, Iran Sun 17 Sutra 219 Nandana 5114
Dhanus Rasi: 15.44	Tithi 4 – 5	787947265	Gulika 6:43AM – 7:59AM Yama 1:07PM – 2:24PM Rahu 9:16AM – 10:33AM	Purvashadha* Until 11:29PM Shula* Until 1:43AM Sun Bava Until 11:18PM Chaturthi* Until 12:14PM	Ganesha: Clear <i>Sunrise: 6:43AM</i> Muruga: Clear <i>Sunset: 4:57PM</i> Nataraja: Yellow Moon – Light Blue Karttika•Karttikai
Routine Work	Marana Yoga				Devaloka Day
Until 10.17PM then Siddha Yoga					
Until 11:29PM then Amrita Yoga					
4		Sunday, November 18, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Tehran, Iran Sun 18 Sutra 220 Nandana 5114
Makara Rasi: 0.14	Tithi 5 – 6	787947265	Gulika 2:23PM – 3:40PM Yama 11:50AM – 1:07PM Rahu 3:40PM – 4:57PM	Uttarashadha Until 10:44PM Ganda* Until 11:33PM Kaulava Until 8:33PM Panchami Until 9:29AM	Ganesha: Clear <i>Sunrise: 6:44AM</i> Muruga: Clear <i>Sunset: 4:57PM</i> Nataraja: Yellow Moon – Light Blue Karttika•Karttikai
Creative Work	Amrita Yoga		Skanda Shasthi		Devaloka Day
Until 10.17PM then Marana Yoga					
Until 10:44PM then Amrita Yoga					
5		Monday, November 19, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Sravana Nakshatra Vriddhi Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Tehran, Iran Sun 19 Sutra 221 Nandana 5114
Makara Rasi: 14.2	Tithi 6 – 7	797947265	Gulika 1:07PM – 2:23PM Yama 10:34AM – 11:50AM Rahu 8:01AM – 9:17AM	Sravana Until 9:26PM Vriddhi Until 8:43PM Gara Until 6:33PM Shasthi* Until 7:29AM	Ganesha: Purple <i>Sunrise: 6:45AM</i> Muruga: Clear <i>Sunset: 4:56PM</i> Nataraja: Yellow Moon – Purple Karttika•Karttikai
Family Home Evening					Sivaloka Day
Creative Work	Amrita Yoga				
Until 9:26PM then Siddha Yoga					
Until 10.17PM then Marana Yoga					
Retreat Star		Tuesday, November 20, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Vanija/Bava Karana Saptami/Ashtami* Yam Titau		Tehran, Iran Sun 20 Sutra 222 Nandana 5114
Makara Rasi: 27.59	Tithi 7 – 8	797947265	Gulika 11:51AM – 1:07PM Yama 9:18AM – 10:34AM Rahu 2:23PM – 3:39PM	Dhanishtha Until 10:01PM Dhruva Until 7:29PM Bava Until 6:18PM Saptami Until 6:18AM	Ganesha: Purple <i>Sunrise: 6:46AM</i> Muruga: Clear <i>Sunset: 4:56PM</i> Nataraja: Yellow Moon – Purple Karttika•Karttikai
Routine Work	Marana Yoga				Sivaloka Day
Until 10.17PM then Siddha Yoga					
Retreat Star		Wednesday, November 21, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navami* Yam Titau		Tehran, Iran Sun 21 Sutra 223 Nandana 5114
Kumbha Rasi: 11.14	Tithi 9	797147265	Gulika 10:35AM – 11:51AM Yama 8:03AM – 9:19AM Rahu 11:51AM – 1:07PM	Satabhisha Until 10:11PM Vyaghata* Until 5:55PM Balava Until 5:50PM Navami* Until 6:07AM Thu	Ganesha: Blue <i>Sunrise: 6:47AM</i> Muruga: Clear <i>Sunset: 4:55PM</i> Nataraja: Yellow Moon – Purple Karttika•Karttikai
Creative Work	Siddha Yoga				Sivaloka Day
Until 10.18PM then Amrita Yoga					
Until 10:11PM then Siddha Yoga					

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. K%oishia Yajur Veda, Kathau 2.3.4

All times are standard time

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1	Thursday, November 22, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Tehran, Iran Sun 22 Sutra 224 Nandana 5114	
	Kumbha Rasi: 24.06	Tithi 9 – 10	Gulika 9:19AM – 10:35AM	Purvaprostapada* Until 11:03PM	Ganesha: Purple	<i>Sunrise: 6:48AM</i>	Moon 10 - Phase 31 4th Phase	Sivaloka Day
	717147265	Yama 6:48AM – 8:03AM	Harshana Until 4:59PM	Muruga: Clear	<i>Sunset: 4:55PM</i>			
		Rahu 1:07PM – 2:23PM	Taitila Until 6:07PM	Nataraja: Yellow				
Creative Work	Siddha Yoga	Navami* Until 6:07AM		Moon – Clear		Karttika*Karttikai		
2	Friday, November 23, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Tehran, Iran Sun 23 Sutra 225 Nandana 5114	
	Meena Rasi: 6.39	Tithi 10 – 11	Gulika 8:04AM – 9:20AM	Uttaraprostapada Until 2:02AM Sat	Ganesha: Clear	<i>Sunrise: 6:48AM</i>	Moon 10 - Phase 31 4th Phase	Devaloka Day
	718147265	Yama 2:23PM – 3:39PM	Vajra* Until 5:24PM	Muruga: Clear	<i>Sunset: 4:54PM</i>			
		Rahu 10:36AM – 11:51AM	Vanija Until 8:13PM	Nataraja: Yellow				
Creative Work	Siddha Yoga	Dasami Until 7:08AM		Moon – Clear		Karttika*Karttikai		
3	Saturday, November 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Tehran, Iran Sun 24 Sutra 226 Nandana 5114	
	Meena Rasi: 18.57	Tithi 11 – 12	Gulika 6:49AM – 8:05AM	Revati Until 4:06AM Sun	Ganesha: Clear	<i>Sunrise: 6:49AM</i>	Moon 10 - Phase 31 4th Phase	Devaloka Day
	718147265	Yama 1:07PM – 2:23PM	Siddhi Until 5:27PM	Muruga: Clear	<i>Sunset: 4:54PM</i>			
		Rahu 9:21AM – 10:36AM	Bava Until 9:47PM	Nataraja: Yellow				
Routine Work	Prabalarishta Yoga	Ekadasi Until 8:41AM		Moon – Clear		Karttika*Karttikai		
4	Sunday, November 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Tehran, Iran Sun 25 Sutra 227 Nandana 5114	
	Mesha Rasi: 1.04	Tithi 12 – 13	Gulika 2:23PM – 3:38PM	Asvini Until 6:38AM Mon	Ganesha: White	<i>Sunrise: 6:50AM</i>	Moon 10 - Phase 31 4th Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	728147265	Yama 11:52AM – 1:07PM	Vyatipata* Until 5:51PM	Muruga: Clear	<i>Sunset: 4:54PM</i>			
		Rahu 3:38PM – 4:54PM	Kaulava Until 11:45PM	Nataraja: Yellow				
Creative Work	Siddha Yoga	Dvadasi Until 10:40AM		Moon – White		Karttika*Karttikai		
			Pradosha Vrata					
5	Monday, November 26, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodasi*/Chaturdasi* Yam Titau				Tehran, Iran Sun 26 Sutra 228 Nandana 5114	
	Mesha Rasi: 13.01	Tithi 13 – 14	Gulika 1:08PM – 2:23PM	Asvini Until 6:38AM	Ganesha: White	<i>Sunrise: 6:51AM</i>	Moon 10 - Phase 31 4th Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	728147265	Yama 10:37AM – 11:52AM	Variyan Until 6:31PM	Muruga: Clear	<i>Sunset: 4:53PM</i>			
		Rahu 8:07AM – 9:22AM	Gara Until 2:03AM Tue	Nataraja: Yellow				
Creative Work	Siddha Yoga	Trayodasi Until 12:57PM		Moon – White		Karttika*Karttikai		
6	Tuesday, November 27, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Tehran, Iran Sun 27 Sutra 229 Nandana 5114	
	Mesha Rasi: 24.53	Tithi 14 – 15	Gulika 11:53AM – 1:08PM	Bharani Until 9:34AM	Ganesha: White	<i>Sunrise: 6:52AM</i>	Moon 10 - Phase 31 4th Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
	728147265	Yama 9:22AM – 10:38AM	Parigha* Until 7:21PM	Muruga: Clear	<i>Sunset: 4:53PM</i>			
		Rahu 2:23PM – 3:38PM	Visti Until 4:33AM Wed	Nataraja: Yellow				
Creative Work	Siddha Yoga	Krittika Deepam		Moon – White		Karttika*Karttikai		
			Chaturdasi* Until 3:28PM					
O	Wednesday, November 28, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Bava Karana Purnima* Yam Titau				Tehran, Iran Sutra 230 Nandana 5114	
	Copper Retreat Star	Gulika 10:38AM – 11:53AM	Krittika Until 12:37PM	Ganesha: White	<i>Sunrise: 6:53AM</i>	Moon 10 - Phase 31 Purnima	Bhuloka Day Devaloka Time: 3:PM to 6:PM	
		Yama 8:08AM – 9:23AM	Shiva Until 8:18PM	Muruga: Clear	<i>Sunset: 4:53PM</i>			
		Rahu 11:53AM – 1:08PM	Bava Until 7:10AM Thu	Nataraja: Yellow				
Vrishabha Rasi: 6.41	Tithi 15	Penumbral Lunar Eclipse		Moon – White		Karttika*Karttikai		
Creative Work	Amrita Yoga	Sivalaya Deepam						
			Purnima* Until 6:05PM					
			Until 10.20PM then Marana Yoga					
	Thursday, November 29, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Rohini/Mrigasira Nakshatra Siddha Yoga Balava/Kaulava Karana Prathama* Yam Titau				Tehran, Iran Sutra 231 Nandana 5114	
	Silver Retreat Star	Gulika 9:24AM – 10:39AM	Rohini Until 3:41PM	Ganesha: Blue	<i>Sunrise: 6:54AM</i>	Moon 10 - Phase 31 Prathama	Sivaloka Day	
		Yama 6:54AM – 8:09AM	Siddha Until 9:16PM	Muruga: Clear	<i>Sunset: 4:53PM</i>			
		Rahu 1:08PM – 2:23PM	Balava Until 7:39AM	Nataraja: Yellow				
Vrishabha Rasi: 18.29	Tithi 16	Prathama* Until 8:44PM		Moon – Yellow		Karttika*Karttikai		
Creative Work	Marana Yoga							
			Vinayaga Viratam Begins					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

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Friday, November 30, 2012
Gold Retreat Star

Mithuna Rasi: 0.18 Tithi 17
739147265
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigasira Nakshatra Sadhya Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 8:10AM – 9:24AM
Yama 2:23PM – 3:38PM
Rahu 10:39AM – 11:54AM
Mrigasira Until 6:44PM
Sadhya Until 10:12PM
Taitila Until 10:16AM
Dvitiya Until 11:21PM

Ganesha: Blue *Sunrise: 6:55AM*
Muruga: Clear *Sunset: 4:52PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Karttikai

Tehran, Iran
Sun 1 Sutra 232
Nandana 5114
Moon 11 - Phase 32
1st Phase
Sivaloka Day

1

Saturday, December 1, 2012

Mithuna Rasi: 12.1 Tithi 18
739147265
Creative Work Siddha Yoga
Until 9:39PM then Marana Yoga
Until 10.21PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Subha Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 6:56AM – 8:10AM
Yama 1:09PM – 2:23PM
Rahu 9:25AM – 10:40AM
Ardra Until 9:39PM
Subha Until 11:02PM
Vanija Until 12:45PM
Tritiya Until 1:51AM Sun

Ganesha: Blue *Sunrise: 6:56AM*
Muruga: Clear *Sunset: 4:52PM*
Nataraja: Yellow
Moon – Yellow
Karttika•Karttikai

Tehran, Iran
Sun 2 Sutra 233
Nandana 5114
Moon 11 - Phase 32
1st Phase
Sivaloka Day

2

Sunday, December 2, 2012

Mithuna Rasi: 24.08 Tithi 19
749147265
Creative Work Siddha Yoga
Until 10.21PM then Amrita Yoga
Until 12.24AM Mon then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sukla Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 2:23PM – 3:38PM
Yama 11:55AM – 1:09PM
Rahu 3:38PM – 4:52PM
Punarvasu Until 12:24AM Mon
Sukla Until 11:41PM
Bava Until 3:03PM
Chaturthi* Until 4:08AM Mon

Ganesha: Red *Sunrise: 6:57AM*
Muruga: Clear *Sunset: 4:52PM*
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

Tehran, Iran
Sun 3 Sutra 234
Nandana 5114
Moon 11 - Phase 32
1st Phase
Devaloka Day

3

Monday, December 3, 2012

Kataka Rasi: 6.14 Tithi 20
Family Home Evening
749147265
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Brahma Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 1:09PM – 2:24PM
Yama 10:41AM – 11:55AM
Rahu 8:12AM – 9:26AM
Pushya Until 2:53AM Tue
Brahma Until 12:07AM Tue
Kaulava Until 5:04PM
Panchami Until 6:09AM Tue

Ganesha: Red *Sunrise: 6:58AM*
Muruga: Clear *Sunset: 4:52PM*
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

Tehran, Iran
Sun 4 Sutra 235
Nandana 5114
Moon 11 - Phase 32
1st Phase
Devaloka Day

4

Tuesday, December 4, 2012

Kataka Rasi: 18.29 Tithi 21
749147265
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Aslesha* Nakshatra Indra Yoga Gara Karana Shasthi* Yam Titau
Gulika 11:55AM – 1:10PM
Yama 9:27AM – 10:41AM
Rahu 2:24PM – 3:38PM
Aslesha* Until 5:01AM Wed
Indra Until 10:54PM
Gara Until 6:42PM
Shasthi* Until 6:41AM Wed

Ganesha: Red *Sunrise: 6:59AM*
Muruga: Clear *Sunset: 4:52PM*
Nataraja: Yellow
Moon – Blue
Karttika•Karttikai

Tehran, Iran
Sun 5 Sutra 236
Nandana 5114
Moon 11 - Phase 32
1st Phase
Devaloka Day

5

Wednesday, December 5, 2012

Simha Rasi: 0.59 Tithi 21 – 22
759147265
Creative Work Siddha Yoga
Until 10.23PM then Amrita Yoga
Until 4:47AM Thu then no yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 10:42AM – 11:56AM
Yama 8:13AM – 9:28AM
Rahu 11:56AM – 1:10PM
Magha* Until 4:47AM Thu
Vaidhriti* Until 10:36PM
Visti Until 6:41PM
Shasthi* Until 6:41AM

Ganesha: Green *Sunrise: 6:59AM*
Muruga: Clear *Sunset: 4:52PM*
Nataraja: Yellow
Moon – Red
Karttika•Karttikai

Tehran, Iran
Sun 6 Sutra 237
Nandana 5114
Moon 11 - Phase 32
1st Phase
Sivaloka Day



Thursday, December 6, 2012
Retreat Star

Simha Rasi: 13.46 Tithi 22 – 23
759147265
No Yoga
Until 10.23PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 9:28AM – 10:42AM
Yama 7:00AM – 8:14AM
Rahu 1:10PM – 2:24PM
Purvaphalguni* Until 5:49AM Fri
Vishkambha* Until 9:49PM
Balava Until 7:09PM
Saptami Until 7:09AM

Ganesha: Green *Sunrise: 7:00AM*
Muruga: Clear *Sunset: 4:52PM*
Nataraja: Yellow
Moon – Red
Karttika•Karttikai

Tehran, Iran
Sun 7 Sutra 238
Nandana 5114
Moon 11 - Phase 32
Ashtami
Sivaloka Day

Friday, December 7, 2012
Retreat Star

Simha Rasi: 26.54 Tithi 23 – 24
751147265
Creative Work Siddha Yoga
Until 10.23PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 8:15AM – 9:29AM
Yama 2:24PM – 3:38PM
Rahu 10:43AM – 11:57AM
Uttaraphalguni Until 4:28AM Sat
Priti Until 7:28PM
Taitila Until 5:00AM Sat
Ashtami* Until 6:51AM

Ganesha: Orange *Sunrise: 7:01AM*
Muruga: Clear *Sunset: 4:52PM*
Nataraja: Yellow
Moon – Red
Karttika•Karttikai

Tehran, Iran
Sun 8 Sutra 239
Nandana 5114
Moon 11 - Phase 32
Navami
Devaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640

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1		Saturday, December 8, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dasami Yam Titau		Tehran, Iran Sun 9 Sutra 240 Nandana 5114	
Kanya Rasi: 10.26	Tithi 25	761147265	Gulika 7:02AM – 8:16AM Yama 1:11PM – 2:25PM Rahu 9:29AM – 10:43AM	Hasta Until 4:08AM Sun Ayushman Until 5:31PM Vanija Until 4:59PM Dasami Until 4:03AM Sun	Ganesha: Light Blue Sunrise: 7:02AM Muruga: Clear Sunset: 4:52PM Nataraja: Yellow Moon – Green	Moon 11 - Phase 33 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 10.24PM then Amrita Yoga Until 4:08AM Sun then Siddha Yoga							
2		Sunday, December 9, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadasi* Yam Titau		Tehran, Iran Sun 10 Sutra 241 Nandana 5114	
Kanya Rasi: 24.23	Tithi 26	761147265	Gulika 2:25PM – 3:39PM Yama 11:58AM – 1:11PM Rahu 3:39PM – 4:52PM	Chitra Until 3:03AM Mon Saubhagya Until 2:54PM Bava Until 3:14PM Ekadasi* Until 2:19AM Mon	Ganesha: Light Blue Sunrise: 7:03AM Muruga: Clear Sunset: 4:52PM Nataraja: Yellow Moon – Green	Moon 11 - Phase 33 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 10.24PM then Prabalarishta Yoga Until 3:03AM Mon then Amrita Yoga							
3		Monday, December 10, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Tehran, Iran Sun 11 Sutra 242 Nandana 5114	
Tula Rasi: 8.46	Tithi 27	761147265	Gulika 1:12PM – 2:25PM Yama 10:44AM – 11:58AM Rahu 8:17AM – 9:31AM	Svati Until 11:58PM Sobhana Until 11:14AM Kaulava Until 12:14PM Dvadasi* Until 10:31PM	Ganesha: Light Blue Sunrise: 7:03AM Muruga: Clear Sunset: 4:53PM Nataraja: Yellow Moon – Green	Moon 11 - Phase 33 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Family Home Evening Creative Work Amrita Yoga Until 10.25PM then Siddha Yoga Until 11:58PM then Marana Yoga							
4		Tuesday, December 11, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Tehran, Iran Sun 12 Sutra 243 Nandana 5114	
Tula Rasi: 23.32	Tithi 28	771147265	Gulika 11:58AM – 1:12PM Yama 9:31AM – 10:45AM Rahu 2:26PM – 3:39PM	Visakha Until 9:41PM Athiganda* Until 7:34AM Gara Until 9:14AM Trayodasi* Until 7:31PM Pradosha Vrata (Fasting)	Ganesha: Purple Sunrise: 7:04AM Muruga: Clear Sunset: 4:53PM Nataraja: Yellow Moon – Orange	Moon 11 - Phase 33 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 9:41PM then Siddha Yoga							
5		Wednesday, December 12, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Tehran, Iran Sun 13 Sutra 244 Nandana 5114	
Vrischika Rasi: 8.35	Tithi 29 – 30	771147265	Gulika 10:45AM – 11:59AM Yama 8:18AM – 9:32AM Rahu 11:59AM – 1:12PM	Anuradha Until 6:56PM Dhriti Until 11:29PM Catuspada Until 2:20AM Thu Chaturdasi* Until 4:02PM	Ganesha: Purple Sunrise: 7:05AM Muruga: Clear Sunset: 4:53PM Nataraja: Yellow Moon – Orange	Moon 11 - Phase 33 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga							
Retreat Star		Thursday, December 13, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Tehran, Iran Sun 14 Sutra 245 Nandana 5114	
Vrischika Rasi: 23.47	Tithi 30 – 1	771147265	Gulika 9:32AM – 10:46AM Yama 7:06AM – 8:19AM Rahu 1:13PM – 2:26PM	Jyeshtha* Until 3:57PM Shula* Until 7:09PM Kintughna Until 10:35PM Amavasya* Until 12:18PM	Ganesha: Purple Sunrise: 7:06AM Muruga: Clear Sunset: 4:53PM Nataraja: Yellow Moon – Orange	Moon 11 - Phase 33 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 10.26PM then no yoga							
Retreat Star		Friday, December 14, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Tehran, Iran Sun 15 Sutra 246 Nandana 5114	
Dhanus Rasi: 8.59	Tithi 1 – 2	781147265	Gulika 8:20AM – 9:33AM Yama 2:27PM – 3:40PM Rahu 10:46AM – 12:00PM	Mula* Until 12:58PM Ganda* Until 2:50PM Balava Until 6:51PM Prathama* Until 8:34AM	Ganesha: Light Blue Sunrise: 7:06AM Muruga: Clear Sunset: 4:54PM Nataraja: Yellow Moon – Light Blue	Moon 11 - Phase 33 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM	
No Yoga Until 12:58PM then Siddha Yoga Until 10.27PM then Marana Yoga							

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda, Svetu 1.15. UpR, 718

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1	Saturday, December 15, 2012		Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Taila/Gara Karana Tritiya Yam Titau				Tehran, Iran	
	Dhanus Rasi: 24.01	Tithi 3	Gulika 7:07AM – 8:20AM	Purvashadha* Until 10:15AM	Ganesha: Light Blue	<i>Sunrise: 7:07AM</i>	Sun 16	Sutra 247
			Yama 1:14PM – 2:27PM	Vriddhi Until 10:45AM	Muruga: Clear	<i>Sunset: 4:54PM</i>		Nandana 5114
	781147265		Rahu 9:34AM – 10:47AM	Taitila Until 3:23PM	Nataraja: Yellow		Moon 11 - Phase 34	
Routine Work Marana Yoga				Moon – Light Blue				
Until 10:15AM then no yoga			Markali Pillaiyar	Tritiya Until 1:40AM Sun	Margasira*Markali	Bhuloka Day		
Until 10:27PM then Amrita Yoga						Devaloka Time: 3:PM to 6:PM		
2	Sunday, December 16, 2012		Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Sravana Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Tehran, Iran	
	Makara Rasi: 8.44	Tithi 4	Gulika 2:28PM – 3:41PM	Uttarashadha Until 8:09AM	Ganesha: Light Blue	<i>Sunrise: 7:08AM</i>	Sun 17	Sutra 248
			Yama 12:01PM – 1:14PM	Dhruva Until 7:12AM	Muruga: Clear	<i>Sunset: 4:54PM</i>		Nandana 5114
	881247265		Rahu 3:41PM – 4:54PM	Vanija Until 12:57PM	Nataraja: Yellow		Moon 11 - Phase 34	
Creative Work Amrita Yoga				Vanija Until 12:57PM	Moon – Light Blue		3rd Phase	
				Chaturthi* Until 12:01AM Mon	Margasira*Markali	Bhuloka Day		
						Devaloka Time: 3:PM to 6:PM		
3	Monday, December 17, 2012		Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Harshana Yoga Bava/Balava Karana Panchami Yam Titau				Tehran, Iran	
	Makara Rasi: 23.04	Tithi 5	Gulika 1:15PM – 2:28PM	Sravana Until 6:28AM	Ganesha: Light Blue	<i>Sunrise: 7:08AM</i>	Sun 18	Sutra 249
	Family Home Evening		Yama 10:48AM – 12:01PM	Harshana Until 1:20AM Tue	Muruga: Clear	<i>Sunset: 4:55PM</i>		Nandana 5114
	892247265		Rahu 8:21AM – 9:35AM	Bava Until 10:32AM	Nataraja: Yellow		Moon 11 - Phase 34	
Creative Work Amrita Yoga				Panchami Until 9:37PM	Moon – Purple		3rd Phase	
Until 6:28AM then Siddha Yoga					Margasira*Markali	Bhuloka Day		
Until 10:28PM then Marana Yoga						Devaloka Time: 3:PM to 6:PM		
4	Tuesday, December 18, 2012		Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Tehran, Iran	
	Kumbha Rasi: 6.55	Tithi 6	Gulika 12:02PM – 1:15PM	Satabhisha Until 6:09AM Wed	Ganesha: Light Blue	<i>Sunrise: 7:09AM</i>	Sun 19	Sutra 250
			Yama 9:35AM – 10:49AM	Vajra* Until 12:04AM Wed	Muruga: Clear	<i>Sunset: 4:55PM</i>		Nandana 5114
	892247265		Rahu 2:28PM – 3:42PM	Kaulava Until 9:15AM	Nataraja: Yellow		Moon 11 - Phase 34	
Routine Work Marana Yoga				Shasthi* Until 9:15PM	Moon – Purple		3rd Phase	
Until 10:29PM then Siddha Yoga					Margasira*Markali	Bhuloka Day		
Until 6:09AM Wed then Amrita Yoga						Devaloka Time: 3:PM to 6:PM		
5	Wednesday, December 19, 2012		Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Siddhi Yoga Gara/Vanija Karana Saptami Yam Titau				Tehran, Iran	
	Kumbha Rasi: 20.17	Tithi 7	Gulika 10:49AM – 12:02PM	Purvaprostapada* Until 6:13AM Thu	Ganesha: White	<i>Sunrise: 7:09AM</i>	Sun 20	Sutra 251
			Yama 8:23AM – 9:36AM	Siddhi Until 10:15PM	Muruga: Clear	<i>Sunset: 4:55PM</i>		Nandana 5114
	812247265		Rahu 12:02PM – 1:16PM	Gara Until 8:32AM	Nataraja: Yellow		Moon 11 - Phase 34	
Creative Work Amrita Yoga				Saptami Until 8:32PM	Moon – Clear		3rd Phase	
Until 10:29PM then Siddha Yoga					Margasira*Markali	Bhuloka Day		
						Devaloka Time: 3:PM to 6:PM		
Vinayaga Viratam Ends								
D	Thursday, December 20, 2012		Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtami* Yam Titau				Tehran, Iran	
	Retreat Star		Gulika 9:36AM – 10:50AM	Purvaprostapada* Until 6:13AM	Ganesha: White	<i>Sunrise: 7:10AM</i>	Sun 21	Sutra 252
	Meena Rasi: 3.13	Tithi 8	Yama 7:10AM – 8:23AM	Vyatipata* Until 9:13PM	Muruga: Clear	<i>Sunset: 4:56PM</i>		Nandana 5114
	812247265		Rahu 1:16PM – 2:29PM	Visti Until 8:43AM	Nataraja: Yellow		Moon 11 - Phase 34	
Creative Work Siddha Yoga				Ashtami* Until 8:43PM	Moon – Clear		Ashtami	
					Margasira*Markali	Bhuloka Day		
						Devaloka Time: 3:PM to 6:PM		
F	Friday, December 21, 2012		Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navami* Yam Titau				Tehran, Iran	
	Retreat Star		Gulika 8:24AM – 9:37AM	Uttaraprostapada Until 7:49AM	Ganesha: White	<i>Sunrise: 7:10AM</i>	Sun 22	Sutra 253
	Meena Rasi: 15.45	Tithi 9	Yama 2:30PM – 3:43PM	Variyan Until 9:58PM	Muruga: Clear	<i>Sunset: 4:56PM</i>		Nandana 5114
	812247265		Rahu 10:50AM – 12:03PM	Balava Until 10:01AM	Nataraja: Yellow		Moon 11 - Phase 34	
Creative Work Siddha Yoga				Navami* Until 11:06PM	Moon – Clear		Navami	
Until 10:30PM then Prabalarishta Yoga			Day 1 of Pancha Ganapati		Margasira*Markali	Bhuloka Day		
						Devaloka Time: 3:PM to 6:PM		

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

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1		Saturday, December 22, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Parigha* Yoga Taitila/Gara Karana Dasami Yam Titau		Tehran, Iran
Meena Rasi: 27.59	Tithi 10	822247265	Gulika 7:11AM – 8:24AM Yama 1:17PM – 2:30PM Rahu 9:37AM – 10:51AM	Revati Until 10:02AM Parigha* Until 10:08PM Taitila Until 11:44AM Dasami Until 12:50AM Sun	Sun 23 Sutra 254 Nandana 5114 Moon 11 - Phase 35 4th Phase
Routine Work Prabalarishta Yoga Until 10:02AM then Siddha Yoga		Day 2 of Pancha Ganapati		Ganesha: White <i>Sunrise: 7:11AM</i> Muruga: Clear <i>Sunset: 4:57PM</i> Nataraja: Yellow Moon – Clear Margasira*Markali Bhuloka Day Devaloka Time: 3:PM to 6:PM	
2		Sunday, December 23, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Tehran, Iran
Mesha Rasi: 9.59	Tithi 11	822247265	Gulika 2:31PM – 3:44PM Yama 12:04PM – 1:18PM Rahu 3:44PM – 4:57PM	Asvini Until 12:42PM Shiva Until 10:43PM Vanija Until 1:58PM Ekadasi Until 3:03AM Mon	Sun 24 Sutra 255 Nandana 5114 Moon 11 - Phase 35 4th Phase
Creative Work Siddha Yoga Until 12:42PM then no yoga Until 10:31PM then Siddha Yoga		Day 3 of Pancha Ganapati		Ganesha: Yellow <i>Sunrise: 7:11AM</i> Muruga: Clear <i>Sunset: 4:57PM</i> Nataraja: Yellow Moon – White Margasira*Markali Devaloka Day	
3		Monday, December 24, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvadasi Yam Titau		Tehran, Iran
Mesha Rasi: 21.5	Tithi 12	822247265	Gulika 1:18PM – 2:31PM Yama 10:52AM – 12:05PM Rahu 8:25AM – 9:38AM	Bharani Until 3:39PM Siddha Until 11:33PM Bava Until 4:30PM Dvadasi Until 6:06AM Tue	Sun 25 Sutra 256 Nandana 5114 Moon 11 - Phase 35 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 3:39PM then no yoga Until 10:32PM then Siddha Yoga		Day 4 of Pancha Ganapati		Ganesha: Yellow <i>Sunrise: 7:12AM</i> Muruga: Clear <i>Sunset: 4:58PM</i> Nataraja: Yellow Moon – White Margasira*Markali Devaloka Day	
4		Tuesday, December 25, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Tehran, Iran
Vrishabha Rasi: 3.37	Tithi 12 – 13	822247265	Gulika 12:05PM – 1:19PM Yama 9:39AM – 10:52AM Rahu 2:32PM – 3:45PM	Krittika Until 6:45PM Sadhya Until 12:32AM Wed Kaulava Until 7:11PM Dvadasi Until 6:06AM <i>Pradosha Vrata</i>	Sun 26 Sutra 257 Nandana 5114 Moon 11 - Phase 35 4th Phase
Creative Work Siddha Yoga Until 6:45PM then Amrita Yoga Until 10:32PM then Siddha Yoga		Day 5 of Pancha Ganapati		Ganesha: Yellow <i>Sunrise: 7:12AM</i> Muruga: Clear <i>Sunset: 4:59PM</i> Nataraja: Yellow Moon – White Margasira*Markali Devaloka Day	
5		Wednesday, December 26, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Subha Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Tehran, Iran
Vrishabha Rasi: 15.24	Tithi 13 – 14	832247266	Gulika 10:53AM – 12:06PM Yama 8:26AM – 9:39AM Rahu 12:06PM – 1:19PM	Rohini Until 9:52PM Subha Until 1:32AM Thu Gara Until 9:54PM Trayodasi Until 8:49AM	Sun 27 Sutra 258 Nandana 5114 Moon 11 - Phase 35 4th Phase
Creative Work Siddha Yoga Until 10:33PM then Marana Yoga		Day 6 of Pancha Ganapati		Ganesha: Blue <i>Sunrise: 7:13AM</i> Muruga: Clear <i>Sunset: 4:59PM</i> Nataraja: Red Moon – Yellow Margasira*Markali Bhuloka Day Devaloka Time: 3:PM to 6:PM	
○		Thursday, December 27, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Tehran, Iran
Copper Retreat Star			Gulika 9:40AM – 10:53AM Yama 7:13AM – 8:26AM Rahu 1:20PM – 2:33PM	Mrigasira Until 12:54AM Fri Sukla Until 2:27AM Fri Visti Until 12:31AM Fri Chaturdasi* Until 11:26AM	Sun 27 Sutra 259 Nandana 5114 Moon 11 - Phase 35 Purnima
Vrishabha Rasi: 27.13 Tithi 14 – 15 832247266		Day 7 of Pancha Ganapati		Ganesha: Blue <i>Sunrise: 7:13AM</i> Muruga: Clear <i>Sunset: 5:00PM</i> Nataraja: Red Moon – Yellow Margasira*Markali Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Routine Work Marana Yoga Until 10:33PM then Siddha Yoga		Day 8 of Pancha Ganapati		Ganesha: Blue <i>Sunrise: 7:13AM</i> Muruga: Clear <i>Sunset: 5:01PM</i> Nataraja: Red Moon – Yellow Margasira*Markali Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Friday, December 28, 2012			Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Brahma Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Tehran, Iran
Silver Retreat Star			Gulika 8:27AM – 9:40AM Yama 2:34PM – 3:47PM Rahu 10:53AM – 12:07PM	Ardra Until 3:46AM Sat Brahma Until 3:13AM Sat Balava Until 2:58AM Sat Purnima* Until 1:52PM	Sun 28 Sutra 260 Nandana 5114 Moon 11 - Phase 35 Prathama
Mithuna Rasi: 9.07 Tithi 15 – 16 832247266		Day 9 of Pancha Ganapati		Ganesha: Blue <i>Sunrise: 7:13AM</i> Muruga: Clear <i>Sunset: 5:01PM</i> Nataraja: Red Moon – Yellow Margasira*Markali Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Creative Work Siddha Yoga Until 3:46AM Sat then Marana Yoga		Day 10 of Pancha Ganapati		Ganesha: Blue <i>Sunrise: 7:13AM</i> Muruga: Clear <i>Sunset: 5:01PM</i> Nataraja: Red Moon – Yellow Margasira*Markali Bhuloka Day Devaloka Time: 3:PM to 6:PM	
Tiruvembavai		Day 11 of Pancha Ganapati		Ganesha: Blue <i>Sunrise: 7:13AM</i> Muruga: Clear <i>Sunset: 5:01PM</i> Nataraja: Red Moon – Yellow Margasira*Markali Bhuloka Day Devaloka Time: 3:PM to 6:PM	

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

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Saturday, December 29, 2012
Gold Retreat Star

Mithuna Rasi: 21.08 Tithi 16 – 17
 842247266
 Routine Work Marana Yoga
 Until 10.34PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
 Punarvasu Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 7:13AM – 8:27AM **Punarvasu** Until 6:07AM Sun
Yama 1:21PM – 2:34PM **Indra** Until 3:46AM Sun
Rahu 9:40AM – 10:54AM **Taitila** Until 5:09AM Sun
Prathama* Until 4:04PM
Ganesha: Red *Sunrise:* 7:13AM
Muruga: Clear *Sunset:* 5:01PM
Nataraja: Red
 Moon – Blue
Margasira*Markali

Tehran, Iran
 Sutra 261
 Nandana 5114
 Moon 12 - Phase 36
 1st Phase

Devaloka Day

Sunday, December 30, 2012

1

Kataka Rasi: 3.17 Tithi 17 – 18
 842247266
 Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Punarvasu/Pushya Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 2:35PM – 3:48PM **Punarvasu** Until 6:07AM
Yama 12:08PM – 1:21PM **Vaidhriti*** Until 4:05AM Mon
Rahu 3:48PM – 5:02PM **Vanija** Until 7:04AM Mon
Dvitiya Until 5:58PM
Ganesha: Red *Sunrise:* 7:14AM
Muruga: Clear *Sunset:* 5:02PM
Nataraja: Red
 Moon – Blue
Margasira*Markali

Tehran, Iran
 Sun 1 Sutra 262
 Nandana 5114
 Moon 12 - Phase 36
 1st Phase

Devaloka Day

Monday, December 31, 2012

2

Kataka Rasi: 15.34 Tithi 18
 Family Home Evening 843247266
 Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
 Pushya/Aslesha* Nakshatra Vishkambha* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 1:22PM – 2:36PM **Pushya** Until 8:11AM
Yama 10:55AM – 12:08PM **Vishkambha*** Until 4:07AM Tue
Rahu 8:28AM – 9:41AM **Vanija** Until 6:27AM
Tritiya Until 7:33PM
Ganesha: Yellow *Sunrise:* 7:14AM
Muruga: Clear *Sunset:* 5:03PM
Nataraja: Red
 Moon – Blue
Margasira*Markali

Tehran, Iran
 Sun 2 Sutra 263
 Nandana 5114
 Moon 12 - Phase 36
 1st Phase

Devaloka Day

Tuesday, January 1, 2013

3

Kataka Rasi: 28.02 Tithi 19
 843247266
 Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
 Aslesha*/Magha* Nakshatra Priti Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 12:08PM – 1:22PM **Aslesha*** Until 9:38AM
Yama 9:41AM – 10:55AM **Priti** Until 2:17AM Wed
Rahu 2:36PM – 3:49PM **Bava** Until 7:32AM
Chaturthi* Until 7:32PM
Ganesha: Yellow *Sunrise:* 7:14AM
Muruga: Clear *Sunset:* 5:03PM
Nataraja: Red
 Moon – Blue
Margasira*Markali

Tehran, Iran
 Sun 3 Sutra 264
 Nandana 5114
 Moon 12 - Phase 36
 1st Phase

Devaloka Day

Wednesday, January 2, 2013

4

Simha Rasi: 10.41 Tithi 20
 853247266
 Creative Work Siddha Yoga
 Until 10.54AM then Amrita Yoga
 Until 10.35PM then no yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
 Magha*/Purvaphalguni* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 10:55AM – 12:09PM **Magha*** Until 10:54AM
Yama 8:28AM – 9:41AM **Ayushman** Until 1:43AM Thu
Rahu 12:09PM – 1:22PM **Kaulava** Until 8:17AM
Panchami Until 8:17PM
Ganesha: White *Sunrise:* 7:14AM
Muruga: Clear *Sunset:* 5:04PM
Nataraja: Red
 Moon – Red
Margasira*Markali

Tehran, Iran
 Sun 4 Sutra 265
 Nandana 5114
 Moon 12 - Phase 36
 1st Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Thursday, January 3, 2013

5

Simha Rasi: 23.32 Tithi 21
 853247266
 No Yoga
 Until 11:46AM then Prabalarishta Yoga
 Until 10.36PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
 Purvaphalguni*/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 9:42AM – 10:56AM **Purvaphalguni*** Until 11:46AM
Yama 7:14AM – 8:28AM **Saubhagya** Until 12:46AM Fri
Rahu 1:23PM – 2:37PM **Gara** Until 8:36AM
Shasthi* Until 8:36PM
Ganesha: White *Sunrise:* 7:14AM
Muruga: Clear *Sunset:* 5:04PM
Nataraja: Red
 Moon – Red
Margasira*Markali

Tehran, Iran
 Sun 5 Sutra 266
 Nandana 5114
 Moon 12 - Phase 36
 1st Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Friday, January 4, 2013

6

Kanya Rasi: 6.39 Tithi 22
 853247266
 Creative Work Siddha Yoga
 Until 12:11PM then Amrita Yoga
 Until 10.36PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
 Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 8:28AM – 9:42AM **Uttaraphalguni** Until 12:11PM
Yama 2:37PM – 3:51PM **Sobhana** Until 11:24PM
Rahu 10:56AM – 12:10PM **Visti** Until 8:25AM
Saptami Until 8:25PM
Ganesha: White *Sunrise:* 7:14AM
Muruga: Clear *Sunset:* 5:05PM
Nataraja: Red
 Moon – Red
Margasira*Markali

Tehran, Iran
 Sun 6 Sutra 267
 Nandana 5114
 Moon 12 - Phase 36
 1st Phase

Bhuloka Day
 Devaloka Time: 3:PM to 6:PM

Saturday, January 5, 2013



Retreat Star

Kanya Rasi: 20.04 Tithi 23
 863257266
 Routine Work Marana Yoga
 Until 10.37PM then Siddha Yoga

Subramuniyaswami Jayanti

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
 Hasta/Chitra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 7:15AM – 8:28AM **Hasta** Until 11:37AM
Yama 1:24PM – 2:38PM **Athiganda*** Until 8:30PM
Rahu 9:42AM – 10:56AM **Balava** Until 7:31AM
Ashtami* Until 6:36PM
Ganesha: Clear *Sunrise:* 7:15AM
Muruga: White *Sunset:* 5:06PM
Nataraja: Red
 Moon – Green
Margasira*Markali

Tehran, Iran
 Sun 7 Sutra 268
 Nandana 5114
 Moon 12 - Phase 36
 Ashtami

Sivaloka Day

Sunday, January 6, 2013

Retreat Star

Tula Rasi: 3.48 Tithi 24 – 25
 863257266
 Creative Work Siddha Yoga
 Until 10.37PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
 Chitra/Svati Nakshatra Sukarma Yoga Taitila/Vanija Karana Navami*/Dasami Yam Titau
Gulika 2:39PM – 3:53PM **Chitra** Until 10:55AM
Yama 12:11PM – 1:25PM **Sukarma** Until 6:13PM
Rahu 3:53PM – 5:07PM **Taitila** Until 6:11AM
Navami* Until 5:16PM
Ganesha: Clear *Sunrise:* 7:15AM
Muruga: White *Sunset:* 5:07PM
Nataraja: Red
 Moon – Green
Margasira*Markali

Tehran, Iran
 Sun 8 Sutra 269
 Nandana 5114
 Moon 12 - Phase 36
 Navami

Sivaloka Day

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2.
 UpH, 262

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Monday, January 7, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Tehran, Iran Sutra 270 Nandana 5114
1		Gulika 1:25PM – 2:39PM Yama 10:57AM – 12:11PM Rahu 8:29AM – 9:43AM	Svati Until 9:37AM Dhriti Until 3:23PM Bava Until 2:22AM Tue Dasami Until 3:17PM	Ganesha: Clear Muruqa: White Nataraja: Red Moon – Green Margasira*Markali	<i>Sunrise:</i> 7:15AM <i>Sunset:</i> 5:08PM	Sun 9 Moon 12 - Phase 37 2nd Phase Sivaloka Day
Tula Rasi: 17.53 Tithi 25 – 26 Family Home Evening 863257266 Creative Work Amrita Yoga Until 9:37AM then Marana Yoga						
Tuesday, January 8, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Tehran, Iran Sutra 271 Nandana 5114
2		Gulika 12:12PM – 1:26PM Yama 9:43AM – 10:57AM Rahu 2:40PM – 3:54PM	Visakha Until 7:37AM Shula* Until 11:37AM Kaulava Until 10:29PM Ekadasi* Until 12:12PM	Ganesha: Purple Muruqa: White Nataraja: Red Moon – Orange Margasira*Markali	<i>Sunrise:</i> 7:15AM <i>Sunset:</i> 5:08PM	Sun 10 Moon 12 - Phase 37 2nd Phase Devaloka Day
Vrischika Rasi: 2.19 Tithi 26 – 27 873257266 Routine Work Marana Yoga Until 7:37AM then Siddha Yoga						
Wednesday, January 9, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Taaitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau				Tehran, Iran Sutra 272 Nandana 5114
3		Gulika 10:58AM – 12:12PM Yama 8:29AM – 9:43AM Rahu 12:12PM – 1:26PM	Jyeshtha* Until 2:43AM Thu Ganda* Until 7:59AM Gara Until 7:33PM Dvadasi* Until 9:16AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruqa: White Nataraja: Red Moon – Orange Margasira*Markali	<i>Sunrise:</i> 7:15AM <i>Sunset:</i> 5:08PM	Sun 11 Moon 12 - Phase 37 2nd Phase Devaloka Day
Vrischika Rasi: 17.03 Tithi 27 – 28 873257266 Creative Work Siddha Yoga						
Thursday, January 10, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Tehran, Iran Sutra 273 Nandana 5114
4		Gulika 9:43AM – 10:58AM Yama 7:15AM – 8:29AM Rahu 1:27PM – 2:41PM	Mula* Until 12:10AM Fri Dhruva Until 12:04AM Fri Visti Until 4:16PM Chaturdasi* Until 2:33AM Fri	Ganesha: Purple Muruqa: White Nataraja: Red Moon – Light Blue Margasira*Markali	<i>Sunrise:</i> 7:15AM <i>Sunset:</i> 5:10PM	Sun 12 Moon 12 - Phase 37 2nd Phase Devaloka Day
Dhanus Rasi: 1.59 Tithi 29 883357266 Creative Work Siddha Yoga Until 10.39PM then no yoga Until 12:10AM Fri then Siddha Yoga						
Friday, January 11, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Tehran, Iran Sutra 274 Nandana 5114
	Retreat Star	Gulika 8:29AM – 9:44AM Yama 2:42PM – 3:57PM Rahu 10:58AM – 12:13PM	Purvashadha* Until 9:29PM Vyaghata* Until 8:01PM Catuspada Until 12:52PM Amavasya* Until 11:09PM	Ganesha: Purple Muruqa: White Nataraja: Red Moon – Light Blue Margasira*Markali	<i>Sunrise:</i> 7:14AM <i>Sunset:</i> 5:11PM	Sun 13 Moon 12 - Phase 37 Amavasya Devaloka Day
Dhanus Rasi: 16.59 Tithi 30 883357266 Creative Work Siddha Yoga Until 10.39PM then no yoga						
Saturday, January 12, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Tehran, Iran Sutra 275 Nandana 5114
Retreat Star		Gulika 7:14AM – 8:29AM Yama 1:28PM – 2:43PM Rahu 9:44AM – 10:58AM	Uttarashadha Until 6:54PM Harshana Until 4:05PM Kintughna Until 9:34AM Prathama* Until 7:51PM	Ganesha: Purple Muruqa: White Nataraja: Red Moon – Light Blue Pausha*Markali	<i>Sunrise:</i> 7:14AM <i>Sunset:</i> 5:12PM	Sun 14 Moon 12 - Phase 37 Prathama Devaloka Day
Makara Rasi: 1.56 Tithi 1 883357266 No Yoga Until 6:54PM then Siddha Yoga Until 10.40PM then Amrita Yoga						

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada 13.A.5. MA, 289

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1	Sunday, January 13, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Sraavana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Balava/Taitila Karana Dvitiya/Tritiya Yam Titau				Tehran, Iran Sun 15 Sutra 276 Nandana 5114	
	Makara Rasi: 16.4	Tithi 2 – 3	893357266	Gulika	2:43PM – 3:58PM	Sravana Until 5:26PM	Ganesha: Light Blue	Sunrise: 7:14AM	Moon 12 - Phase 38 3rd Phase
				Yama	12:14PM – 1:28PM	Vajra* Until 12:53PM	Muruga: White	Sunset: 5:13PM	
	Creative Work	Amrita Yoga		Rahu	3:58PM – 5:13PM	Balava Until 6:41AM	Nataraja: Red		
Until 5:26PM then Siddha Yoga				Dvitiya Until 5:45PM	Moon – Purple	Devaloka Day			
							Pausha*Markali		
2	Monday, January 14, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Tehran, Iran Sun 16 Sutra 277 Nandana 5114	
	Kumbha Rasi: 1.03	Tithi 3 – 4	894357266	Gulika	1:29PM – 2:44PM	Dhanishtha Until 3:37PM	Ganesha: Purple	Sunrise: 7:14AM	Moon 12 - Phase 38 3rd Phase
	Family Home Evening			Yama	10:59AM – 12:14PM	Siddhi Until 9:34AM	Muruga: White	Sunset: 5:14PM	
	Creative Work	Siddha Yoga		Rahu	8:29AM – 9:44AM	Vanija Until 2:18AM Tue	Nataraja: Red		
Until 10.41PM then Marana Yoga			Thai Pongal		Tritiya Until 3:14PM	Moon – Purple	Devaloka Day		
							Pausha*Thai		
3	Tuesday, January 15, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Tehran, Iran Sun 17 Sutra 278 Nandana 5114	
	Kumbha Rasi: 15.01	Tithi 4 – 5	894357266	Gulika	12:14PM – 1:30PM	Satabhisha Until 3:12PM	Ganesha: Purple	Sunrise: 7:14AM	Moon 12 - Phase 38 3rd Phase
				Yama	9:44AM – 10:59AM	Vyatipata* Until 6:56AM	Muruga: White	Sunset: 5:15PM	
	Routine Work	Marana Yoga		Rahu	2:45PM – 4:00PM	Bava Until 2:06AM Wed	Nataraja: Red		
Until 10.41PM then Amrita Yoga				Chaturthi* Until 2:06PM	Moon – Purple	Devaloka Day			
							Pausha*Thai		
4	Wednesday, January 16, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Tehran, Iran Sun 18 Sutra 279 Nandana 5114	
	Kumbha Rasi: 28.31	Tithi 5 – 6	814357266	Gulika	10:59AM – 12:15PM	Purvaprostapada* Until 2:54PM	Ganesha: Green	Sunrise: 7:13AM	Moon 12 - Phase 38 3rd Phase
				Yama	8:29AM – 9:44AM	Parigha* Until 3:50AM Thu	Muruga: White	Sunset: 5:16PM	
	Creative Work	Amrita Yoga		Rahu	12:15PM – 1:30PM	Kaulava Until 1:09AM Thu	Nataraja: Red		
Until 2:54PM then Siddha Yoga				Panchami Until 1:09PM	Moon – Clear	Devaloka Day			
							Pausha*Thai		
5	Thursday, January 17, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Shiva Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Tehran, Iran Sun 19 Sutra 280 Nandana 5114	
	Meena Rasi: 11.32	Tithi 6 – 7	814357266	Gulika	9:44AM – 11:00AM	Uttaraprostapada Until 3:28PM	Ganesha: Green	Sunrise: 7:13AM	Moon 12 - Phase 38 3rd Phase
				Yama	7:13AM – 8:29AM	Shiva Until 2:37AM Fri	Muruga: White	Sunset: 5:17PM	
	Creative Work	Siddha Yoga		Rahu	1:31PM – 2:46PM	Gara Until 1:08AM Fri	Nataraja: Red		
				Shasthi* Until 1:08PM	Moon – Clear	Devaloka Day			
							Pausha*Thai		
D	Friday, January 18, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Asvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Tehran, Iran Sun 20 Sutra 281 Nandana 5114	
	Meena Rasi: 24.08	Tithi 7 – 8	814357266	Gulika	8:28AM – 9:44AM	Revati Until 5:43PM	Ganesha: Green	Sunrise: 7:13AM	Moon 12 - Phase 38 Ashtami
				Yama	2:47PM – 4:02PM	Siddha Until 3:40AM Sat	Muruga: White	Sunset: 5:18PM	
	Creative Work	Siddha Yoga		Rahu	11:00AM – 12:15PM	Visti Until 3:46AM Sat	Nataraja: Red		
Until 5:43PM then Amrita Yoga				Saptami Until 2:41PM	Moon – Clear	Devaloka Day			
							Pausha*Thai		
	Saturday, January 19, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Tehran, Iran Sun 21 Sutra 282 Nandana 5114	
	Mesha Rasi: 6.25	Tithi 8 – 9	824357266	Gulika	7:13AM – 8:28AM	Asvini Until 7:51PM	Ganesha: Red	Sunrise: 7:13AM	Moon 12 - Phase 38 Navami
				Yama	1:32PM – 2:47PM	Sadhya Until 3:45AM Sun	Muruga: White	Sunset: 5:19PM	
	Creative Work	Siddha Yoga		Rahu	9:44AM – 11:00AM	Balava Until 5:25AM Sun	Nataraja: Red		
Until 10.42PM then no yoga				Ashtami* Until 4:20PM	Moon – White	Sivaloka Day			
							Pausha*Thai		

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

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1 Sunday, January 20, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha Yoga Kaulava Karana Navami* Yam Titau				Tehran, Iran
Mesha Rasi: 18.25	Tithi 9	824357266	Gulika 2:48PM – 4:04PM Yama 12:16PM – 1:32PM Rahu 4:04PM – 5:20PM	Bharani Until 10:31PM Subha Until 4:20AM Mon Kaulava Until 7:38AM Mon Navami* Until 6:33PM	Ganesha: Red Muruga: White Nataraja: Red Moon – White Pausha*Thai	Sun 22 Sutra 283 Nandana 5114 Moon 12 - Phase 39 4th Phase
No Yoga		Sivaloka Day				
Until 10.43PM then Siddha Yoga						
Until 10:31PM then no yoga						
2 Monday, January 21, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla Yoga Taitila/Gara Karana Dasami Yam Titau				Tehran, Iran
Vrishabha Rasi: 0.16	Tithi 10	824357266	Gulika 1:32PM – 2:49PM Yama 11:00AM – 12:16PM Rahu 8:28AM – 9:44AM	Krittika Until 1:29AM Tue Sukla Until 5:12AM Tue Taitila Until 8:01AM Dasami Until 9:06PM	Ganesha: Red Muruga: White Nataraja: Red Moon – White Pausha*Thai	Sun 23 Sutra 284 Nandana 5114 Moon 12 - Phase 39 4th Phase
Family Home Evening		Sivaloka Day				
No Yoga						
Until 10.43PM then Siddha Yoga						
Until 1:29AM Tue then Amrita Yoga						
3 Tuesday, January 22, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Tehran, Iran
Vrishabha Rasi: 12.02	Tithi 11	834357266	Gulika 12:17PM – 1:33PM Yama 9:44AM – 11:00AM Rahu 2:49PM – 4:06PM	Rohini Until 4:36AM Wed Brahma Until 6:34AM Wed Vanija Until 10:43AM Ekadasi Until 11:49PM	Ganesha: Blue Muruga: White Nataraja: Red Moon – Yellow Pausha*Thai	Sun 24 Sutra 285 Nandana 5114 Moon 12 - Phase 39 4th Phase
Creative Work Amrita Yoga		Devaloka Day				
Until 10.43PM then Siddha Yoga						
4 Wednesday, January 23, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadasi Yam Titau				Tehran, Iran
Vrishabha Rasi: 23.49	Tithi 12	834357266	Gulika 11:00AM – 12:17PM Yama 8:27AM – 9:44AM Rahu 12:17PM – 1:33PM	Mrigasira Until 7:58AM Thu Brahma Until 6:34AM Bava Until 1:24PM Dvadasi Until 2:30AM Thu	Ganesha: Blue Muruga: White Nataraja: Red Moon – Yellow Pausha*Thai	Sun 25 Sutra 286 Nandana 5114 Moon 12 - Phase 39 4th Phase
Creative Work Siddha Yoga		Devaloka Day				
Until 10.43PM then Marana Yoga						
5 Thursday, January 24, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Tehran, Iran
Mithuna Rasi: 5.41	Tithi 13	934357266	Gulika 9:44AM – 11:00AM Yama 7:10AM – 8:27AM Rahu 1:34PM – 2:51PM	Mrigasira Until 7:58AM Indra Until 7:23AM Kaulava Until 3:55PM Trayodasi Until 5:00AM Fri <i>Pradosha Vrata</i>	Ganesha: Red Muruga: White Nataraja: Red Moon – Yellow Pausha*Thai	Sun 26 Sutra 287 Nandana 5114 Moon 12 - Phase 39 4th Phase
Routine Work Marana Yoga		Sivaloka Day				
Until 10.44PM then Siddha Yoga						
6 Friday, January 25, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Gara Karana Chaturdasi* Yam Titau				Tehran, Iran
Mithuna Rasi: 17.41	Tithi 14	934357266	Gulika 8:27AM – 9:44AM Yama 2:51PM – 4:08PM Rahu 11:00AM – 12:17PM	Ardra Until 10:37AM Vaidhriti* Until 7:58AM Gara Until 6:07PM Chaturdasi* Until 6:51AM Sat	Ganesha: Red Muruga: White Nataraja: Red Moon – Yellow Pausha*Thai	Sun 27 Sutra 288 Nandana 5114 Moon 12 - Phase 39 4th Phase
Creative Work Siddha Yoga		Sivaloka Day				
Until 10.44PM then Marana Yoga						
Copper Retreat Star						
O Saturday, January 26, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Tehran, Iran
Mithuna Rasi: 29.52	Tithi 14 – 15	945357266	Gulika 7:09AM – 8:26AM Yama 1:35PM – 2:52PM Rahu 9:43AM – 11:01AM	Punarvasu Until 12:56PM Vishkambha* Until 8:13AM Visti Until 7:57PM Chaturdasi* Until 6:51AM	Ganesha: Yellow Muruga: White Nataraja: Red Moon – Blue Pausha*Thai	Sun 28 Sutra 289 Nandana 5114 Moon 12 - Phase 39 Purnima
Routine Work Marana Yoga		Sivaloka Day				
Until 12:56PM then Siddha Yoga						
Thai Pusam						
Sunday, January 27, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Tehran, Iran
Kataka Rasi: 12.15	Tithi 15 – 16	945357266	Gulika 2:52PM – 4:10PM Yama 12:18PM – 1:35PM Rahu 4:10PM – 5:27PM	Pushya Until 2:10PM Priti Until 7:58AM Balava Until 8:04PM Purnima* Until 8:04AM	Ganesha: Yellow Muruga: White Nataraja: Red Moon – Blue Pausha*Thai	Sun 29 Sutra 290 Nandana 5114 Moon 12 - Phase 39 Prathama
Creative Work Siddha Yoga		Sivaloka Day				

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

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Monday, January 28, 2013

Gold Retreat Star

Kataka Rasi: 24.49 Tithi 16 – 17
Family Home Evening 945357266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Aslesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 1:36PM – 2:53PM
Yama 11:01AM – 12:18PM
Rahu 8:25AM – 9:43AM

Aslesha* Until 3:33PM
Ayushman Until 7:31AM
Taitila Until 8:57PM
Prathama* Until 8:57AM

Ganesha: Yellow
Muruga: White
Nataraja: Red
Moon – Blue
Pausha*Thai

Sunrise: 7:08AM
Sunset: 5:28PM

Sivaloka Day

Tehran, Iran
Sutra 291
Nandana 5114
Moon 1 - Phase 40
1st Phase

Tuesday, January 29, 2013

1

Simha Rasi: 8 Tithi 17 – 18
955357266

Creative Work Siddha Yoga
Until 10.45PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 12:18PM – 1:36PM
Yama 9:43AM – 11:00AM
Rahu 2:54PM – 4:11PM

Magha* Until 4:35PM
Saubhagya Until 6:44AM
Vanija Until 9:26PM
Dvitiya Until 9:26AM

Ganesha: White
Muruga: White
Nataraja: Red
Moon – Red
Pausha*Thai

Sunrise: 7:07AM
Sunset: 5:29PM

Subha Sivaloka Day

Tehran, Iran
Sun 1 Sutra 292
Nandana 5114
Moon 1 - Phase 40
1st Phase

Wednesday, January 30, 2013

2

Simha Rasi: 20.34 Tithi 18 – 19
955357266

Creative Work Amrita Yoga
Until 10.45PM then Prabalarishta Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 11:00AM – 12:18PM
Yama 8:25AM – 9:43AM
Rahu 12:18PM – 1:36PM

Purvaphalguni* Until 5:16PM
Athiganda* Until 4:29AM Thu
Bava Until 9:32PM
Tritiya Until 9:32AM

Ganesha: White
Muruga: White
Nataraja: Red
Moon – Red
Pausha*Thai

Sunrise: 7:07AM
Sunset: 5:30PM

Subha Sivaloka Day

Tehran, Iran
Sun 2 Sutra 293
Nandana 5114
Moon 1 - Phase 40
1st Phase

Thursday, January 31, 2013

3

Kanya Rasi: 3.42 Tithi 19 – 20
955357266

Routine Work Prabalarishta Yoga
Until 5:38PM then no yoga
Until 10.45PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 9:42AM – 11:00AM
Yama 7:06AM – 8:24AM
Rahu 1:37PM – 2:55PM

Uttaraphalguni Until 5:38PM
Sukarma Until 3:04AM Fri
Kaulava Until 9:17PM
Chaturthi* Until 9:17AM

Ganesha: White
Muruga: White
Nataraja: Red
Moon – Red
Pausha*Thai

Sunrise: 7:06AM
Sunset: 5:31PM

Subha Sivaloka Day

Tehran, Iran
Sun 3 Sutra 294
Nandana 5114
Moon 1 - Phase 40
1st Phase

Friday, February 1, 2013

4

Kanya Rasi: 17.01 Tithi 20 – 21
965357266

Creative Work Amrita Yoga
Until 4:50PM then Siddha Yoga
Until 10.45PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 8:24AM – 9:42AM
Yama 2:55PM – 4:13PM
Rahu 11:00AM – 12:19PM

Hasta Until 4:50PM
Dhriti Until 12:04AM Sat
Gara Until 8:41PM
Panchami Until 8:41AM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Green
Pausha*Thai

Sunrise: 7:06AM
Sunset: 5:31PM

Sivaloka Day

Tehran, Iran
Sun 4 Sutra 295
Nandana 5114
Moon 1 - Phase 40
1st Phase

Saturday, February 2, 2013

5

Tula Rasi: 0.31 Tithi 21 – 22
965357266

Routine Work Marana Yoga
Until 4:33PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 7:05AM – 8:24AM
Yama 1:37PM – 2:55PM
Rahu 9:42AM – 11:00AM

Chitra Until 4:33PM
Shula* Until 10:11PM
Visti Until 6:39PM
Shasthi* Until 7:35AM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Green
Pausha*Thai

Sunrise: 7:05AM
Sunset: 5:32PM

Sivaloka Day

Tehran, Iran
Sun 5 Sutra 296
Nandana 5114
Moon 1 - Phase 40
1st Phase

Sunday, February 3, 2013



Retreat Star

Tula Rasi: 14.13 Tithi 22 – 23
965357267

Creative Work Siddha Yoga
Until 3:55PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Ganda* Yoga Bava/Kaulava Karana Saptami/Ashtami* Yam Titau

Gulika 2:56PM – 4:15PM
Yama 12:19PM – 1:37PM
Rahu 4:15PM – 5:33PM

Svati Until 3:55PM
Ganda* Until 7:58PM
Kaulava Until 4:28AM Mon
Saptami Until 6:19AM

Ganesha: Clear
Muruga: White
Nataraja: Yellow
Moon – Green
Pausha*Thai

Sunrise: 7:04AM
Sunset: 5:33PM

Sivaloka Day

Tehran, Iran
Sun 6 Sutra 297
Nandana 5114
Moon 1 - Phase 40
Ashtami

Monday, February 4, 2013

Retreat Star

Tula Rasi: 28.08 Tithi 24
Family Home Evening 975457267

Routine Work Marana Yoga
Until 2:54PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 1:38PM – 2:57PM
Yama 11:00AM – 12:19PM
Rahu 8:22AM – 9:41AM

Visakha Until 2:54PM
Vriddhi Until 5:24PM
Taitila Until 3:43PM
Navami* Until 2:48AM Tue

Ganesha: Clear
Muruga: White
Nataraja: Yellow
Moon – Orange
Pausha*Thai

Sunrise: 7:04AM
Sunset: 5:34PM

Sivaloka Day

Tehran, Iran
Sun 7 Sutra 298
Nandana 5114
Moon 1 - Phase 40
Navami

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722. TM

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1		Tuesday, February 5, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dasami Yam Titau		Tehran, Iran Sun 8 Sutra 299 Nandana 5114	
Vrischika Rasi: 12.17	Tithi 25	976457267	Gulika 12:19PM – 1:38PM Yama 9:41AM – 11:00AM Rahu 2:57PM – 4:16PM	Anuradha Until 1:31PM Dhruva Until 2:29PM Vanija Until 1:38PM Dasami Until 12:42AM Wed	Ganesha: Purple Muruga: White Nataraja: Yellow Moon – Orange Pausha*Thai	Sunrise: 7:03AM Sunset: 5:35PM	Moon 1 - Phase 41 2nd Phase
Creative Work Siddha Yoga				Subha Sivaloka Day			
2		Wednesday, February 6, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadasi* Yam Titau		Tehran, Iran Sun 9 Sutra 300 Nandana 5114	
Vrischika Rasi: 26.38	Tithi 26	976457267	Gulika 11:00AM – 12:19PM Yama 8:21AM – 9:41AM Rahu 12:19PM – 1:38PM	Jyeshtha* Until 11:23AM Vyaghata* Until 10:54AM Bava Until 10:47AM Ekadasi* Until 9:04PM	Ganesha: Purple Muruga: White Nataraja: Yellow Moon – Orange Pausha*Thai	Sunrise: 7:02AM Sunset: 5:36PM	Moon 1 - Phase 41 2nd Phase
Creative Work Siddha Yoga				Subha Sivaloka Day			
Until 11:23AM then Marana Yoga							
Until 10:46PM then Siddha Yoga							
3		Thursday, February 7, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Tehran, Iran Sun 10 Sutra 301 Nandana 5114	
Dhanus Rasi: 11.09	Tithi 27	986457267	Gulika 9:40AM – 11:00AM Yama 7:01AM – 8:21AM Rahu 1:39PM – 2:58PM	Mula* Until 9:29AM Harshana Until 7:36AM Kaulava Until 8:13AM Dvadasi* Until 6:30PM	Ganesha: Clear Muruga: White Nataraja: Yellow Moon – Light Blue Pausha*Thai	Sunrise: 7:01AM Sunset: 5:37PM	Moon 1 - Phase 41 2nd Phase
Creative Work Siddha Yoga				Sivaloka Day			
4		Friday, February 8, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Tehran, Iran Sun 11 Sutra 302 Nandana 5114	
Dhanus Rasi: 25.46	Tithi 28 – 29	986457267	Gulika 8:20AM – 9:40AM Yama 2:59PM – 4:19PM Rahu 11:00AM – 12:19PM	Purvashadha* Until 7:27AM Siddhi Until 12:11AM Sat Visti Until 2:03AM Sat Trayodasi* Until 3:46PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruga: White Nataraja: Yellow Moon – Light Blue Pausha*Thai	Sunrise: 7:00AM Sunset: 5:38PM	Moon 1 - Phase 41 2nd Phase
Creative Work Siddha Yoga				Sivaloka Day			
Until 10:46PM then no yoga							
		Saturday, February 9, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Sravana Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Tehran, Iran Sun 12 Sutra 303 Nandana 5114	
Retreat Star							
Makara Rasi: 10.2	Tithi 29 – 30	996457267	Gulika 6:59AM – 8:19AM Yama 1:39PM – 2:59PM Rahu 9:39AM – 10:59AM	Sravana Until 4:16AM Sun Vyatipata* Until 9:46PM Catuspada Until 12:42AM Sun Chaturdasi* Until 1:37PM	Ganesha: Orange Muruga: White Nataraja: Yellow Moon – Purple Magha*Thai	Sunrise: 6:59AM Sunset: 5:39PM	Moon 1 - Phase 41 Amavasya
Creative Work Siddha Yoga				Sivaloka Day			
Until 10:46PM then Amrita Yoga							
Until 4:16AM Sun then Siddha Yoga							
Sunday, February 10, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhānu Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Tehran, Iran Sun 13 Sutra 304 Nandana 5114			
Retreat Star							
Makara Rasi: 24.47	Tithi 30 – 1	996457267	Gulika 3:00PM – 4:20PM Yama 12:19PM – 1:40PM Rahu 4:20PM – 5:40PM	Dhanishtha Until 2:21AM Mon Variyan Until 6:22PM Kintughna Until 10:02PM Amavasya* Until 10:58AM	Ganesha: Orange Muruga: White Nataraja: Yellow Moon – Purple Magha*Thai	Sunrise: 6:58AM Sunset: 5:40PM	Moon 1 - Phase 41 Prathama
Creative Work Siddha Yoga				Sivaloka Day			

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada 63.2–6. AK, 51

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1		Monday, February 11, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Satabhisha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau		Tehran, Iran
Kumbha Rasi: 8.59	Tithi 1 – 2		Gulika 1:40PM – 3:00PM	Satabhisha Until 12:52AM Tue	Sun 14 Sutra 305
Family Home Evening		996457267	Yama 10:59AM – 12:19PM	Parigha* Until 3:22PM	Nandana 5114
Creative Work Siddha Yoga			Rahu 8:18AM – 9:38AM	Balava Until 7:51PM	Moon 1 - Phase 42
Until 10.46PM then Marana Yoga				Prathama* Until 8:46AM	3rd Phase
				Ganesha: Orange Muruga: White Nataraja: Yellow Moon – Purple Magha*Thai	Sivaloka Day
2		Tuesday, February 12, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprostapada* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Tehran, Iran
Kumbha Rasi: 22.51	Tithi 2 – 3		Gulika 12:19PM – 1:40PM	Purvaprostapada* Until 1:21AM Wed	Sun 15 Sutra 306
		917457267	Yama 9:38AM – 10:59AM	Shiva Until 1:24PM	Nandana 5114
Routine Work Marana Yoga			Rahu 3:01PM – 4:22PM	Taitila Until 7:18PM	Moon 1 - Phase 42
Until 10.46PM then Amrita Yoga				Dvitiya Until 7:18AM	3rd Phase
Until 1:21AM Wed then Siddha Yoga				Ganesha: Red Muruga: White Nataraja: Yellow Moon – Clear Magha*Masi	Sivaloka Day
3		Wednesday, February 13, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprostapada Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Tehran, Iran
Meena Rasi: 6.19	Tithi 3 – 4		Gulika 10:58AM – 12:19PM	Uttaraprostapada Until 1:07AM Thu	Sun 16 Sutra 307
		917457267	Yama 8:17AM – 9:37AM	Siddha Until 11:27AM	Nandana 5114
Creative Work Siddha Yoga			Rahu 12:19PM – 1:40PM	Vanija Until 6:24PM	Moon 1 - Phase 42
				Tritiya Until 6:24AM	3rd Phase
				Ganesha: Red Muruga: White Nataraja: Yellow Moon – Clear Magha*Masi	Sivaloka Day
4		Thursday, February 14, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Tehran, Iran
Meena Rasi: 19.21	Tithi 4 – 5		Gulika 9:37AM – 10:58AM	Revati Until 1:39AM Fri	Sun 17 Sutra 308
		917457267	Yama 6:55AM – 8:16AM	Sadhya Until 10:13AM	Nandana 5114
Creative Work Siddha Yoga			Rahu 1:41PM – 3:02PM	Bava Until 6:21PM	Moon 1 - Phase 42
Until 1:39AM Fri then Amrita Yoga				Chaturthi* Until 6:21AM	3rd Phase
				Ganesha: Red Muruga: White Nataraja: Yellow Moon – Clear Magha*Masi	Sivaloka Day
Subramuniyaswami Siva Vision Day					
5		Friday, February 15, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Asvini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Tehran, Iran
Mesha Rasi: 2	Tithi 5 – 6		Gulika 8:15AM – 9:36AM	Asvini Until 4:40AM Sat	Sun 18 Sutra 309
		927457267	Yama 3:02PM – 4:24PM	Subha Until 9:56AM	Nandana 5114
Creative Work Amrita Yoga			Rahu 10:58AM – 12:19PM	Kaulava Until 8:16PM	Moon 1 - Phase 42
Until 10.46PM then Siddha Yoga				Panchami Until 7:10AM	3rd Phase
				Ganesha: Blue Muruga: White Nataraja: Yellow Moon – White Magha*Masi	Devaloka Day
6		Saturday, February 16, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Tehran, Iran
Mesha Rasi: 14.19	Tithi 6 – 7		Gulika 6:52AM – 8:14AM	Bharani Until 6:38AM Sun	Sun 19 Sutra 310
		927457267	Yama 1:41PM – 3:03PM	Sukla Until 9:58AM	Nandana 5114
Creative Work Siddha Yoga			Rahu 9:36AM – 10:58AM	Gara Until 9:48PM	Moon 1 - Phase 42
Until 10.46PM then no yoga				Shasthi* Until 8:42AM	3rd Phase
Until 6:38AM Sun then Siddha Yoga				Ganesha: Blue Muruga: White Nataraja: Yellow Moon – White Magha*Masi	Devaloka Day
Retreat Star		Sunday, February 17, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Tehran, Iran
Mesha Rasi: 26.21	Tithi 7 – 8		Gulika 3:03PM – 4:25PM	Bharani Until 6:38AM	Sun 20 Sutra 311
		927457267	Yama 12:19PM – 1:41PM	Brahma Until 10:29AM	Nandana 5114
No Yoga			Rahu 4:25PM – 5:47PM	Visti Until 11:54PM	Moon 1 - Phase 42
Until 6:38AM then Siddha Yoga				Saptami Until 10:48AM	Ashtami
Until 10.46PM then no yoga				Ganesha: Blue Muruga: White Nataraja: Yellow Moon – White Magha*Masi	Devaloka Day
Retreat Star		Monday, February 18, 2013	Nandana Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Tehran, Iran
Vrishabha Rasi: 8.14	Tithi 8 – 9		Gulika 1:42PM – 3:04PM	Krittika Until 9:32AM	Sun 21 Sutra 312
Family Home Evening		927457267	Yama 10:57AM – 12:19PM	Indra Until 11:18AM	Nandana 5114
No Yoga			Rahu 8:13AM – 9:35AM	Balava Until 2:22AM Tue	Moon 1 - Phase 42
Until 9:32AM then Amrita Yoga				Ashtami* Until 1:16PM	Navami
				Ganesha: Blue Muruga: White Nataraja: Yellow Moon – White Magha*Masi	Devaloka Day

He is God,hidden in all beings,their inmost soul who is in all. He watches the works of creation,lives in all things,watches all things. He is pure consciousness,beyond the three conditions of nature. Krishṇa Yajur Veda,Svetu 6.11. UpM,95

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1	Tuesday, February 19, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigasira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Tehran, Iran	
	938457267	Gulika	12:19PM – 1:42PM	Rohini Until 12:36PM	Ganesha: White	Sunrise: 6:49AM	Sun 22	Sutra 313	
	938457267	Yama	9:34AM – 10:57AM	Vaidhriti* Until 12:16PM	Muruga: White	Sunset: 5:49PM	Moon 1 - Phase 43	Nandana 5114	
	938457267	Rahu	3:04PM – 4:27PM	Taitila Until 5:00AM Wed	Nataraja: Yellow		4th Phase		
Creative Work Amrita Yoga			Navami* Until 3:54PM		Moon – Yellow		Subha Sivaloka Day		
Until 12:36PM then Siddha Yoga					Magha•Masi				
2	Wednesday, February 20, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara Karana Dasami Yam Titau				Tehran, Iran	
	938457267	Gulika	10:56AM – 12:19PM	Mrigasira Until 3:38PM	Ganesha: White	Sunrise: 6:48AM	Sun 23	Sutra 314	
	938457267	Yama	8:11AM – 9:34AM	Vishkambha* Until 1:12PM	Muruga: White	Sunset: 5:50PM	Moon 1 - Phase 43	Nandana 5114	
	938457267	Rahu	12:19PM – 1:42PM	Gara Until 7:35AM Thu	Nataraja: Yellow		4th Phase		
Creative Work Siddha Yoga			Dasami Until 6:30PM		Moon – Yellow		Subha Sivaloka Day		
Until 10:46PM then Marana Yoga					Magha•Masi				
3	Thursday, February 21, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadasi Yam Titau				Tehran, Iran	
	938457267	Gulika	9:33AM – 10:56AM	Ardra Until 6:28PM	Ganesha: White	Sunrise: 6:47AM	Sun 24	Sutra 315	
	938457267	Yama	6:47AM – 8:10AM	Priti Until 1:57PM	Muruga: White	Sunset: 5:51PM	Moon 1 - Phase 43	Nandana 5114	
	938457267	Rahu	1:42PM – 3:05PM	Vanija Until 7:47AM	Nataraja: Yellow		4th Phase		
Routine Work Marana Yoga			Ekadasi Until 8:53PM		Moon – Yellow		Subha Sivaloka Day		
Until 6:28PM then Amrita Yoga					Magha•Masi				
Until 10:45PM then Siddha Yoga									
4	Friday, February 22, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadasi Yam Titau				Tehran, Iran	
	948457267	Gulika	8:09AM – 9:32AM	Punarvasu Until 8:57PM	Ganesha: Clear	Sunrise: 6:46AM	Sun 25	Sutra 316	
	948457267	Yama	3:06PM – 4:29PM	Ayushman Until 2:24PM	Muruga: White	Sunset: 5:52PM	Moon 1 - Phase 43	Nandana 5114	
	948457267	Rahu	10:56AM – 12:19PM	Bava Until 9:48AM	Nataraja: Yellow		4th Phase		
Creative Work Siddha Yoga			Dvadasi Until 10:53PM		Moon – Blue		Sivaloka Day		
Until 8:57PM then Marana Yoga					Magha•Masi				
Until 10:45PM then Siddha Yoga									
5	Saturday, February 23, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Tehran, Iran	
	948457267	Gulika	6:45AM – 8:08AM	Pushya Until 9:42PM	Ganesha: Clear	Sunrise: 6:45AM	Sun 26	Sutra 317	
	948457267	Yama	1:42PM – 3:06PM	Saubhagya Until 1:50PM	Muruga: White	Sunset: 5:53PM	Moon 1 - Phase 43	Nandana 5114	
	948457267	Rahu	9:32AM – 10:55AM	Kaulava Until 10:53AM	Nataraja: Yellow		4th Phase		
Creative Work Siddha Yoga			Trayodasi Until 10:53PM		Moon – Blue		Sivaloka Day		
Until 9:42PM then Marana Yoga					Magha•Masi				
Until 10:45PM then Siddha Yoga									
6	Sunday, February 24, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Tehran, Iran	
	948457267	Gulika	3:06PM – 4:30PM	Aslesha* Until 11:07PM	Ganesha: Clear	Sunrise: 6:43AM	Sun 27	Sutra 318	
	948457267	Yama	12:19PM – 1:43PM	Sobhana Until 1:25PM	Muruga: White	Sunset: 5:54PM	Moon 1 - Phase 43	Nandana 5114	
	948457267	Rahu	4:30PM – 5:54PM	Gara Until 11:45AM	Nataraja: Yellow		4th Phase		
Creative Work Siddha Yoga			Chaturdasi* Until 11:45PM		Moon – Blue		Sivaloka Day		
					Magha•Masi				
Chidambaram Abhishekam									
O	Monday, February 25, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnima* Yam Titau				Tehran, Iran	
	959457267	Gulika	1:43PM – 3:07PM	Magha* Until 12:01AM Tue	Ganesha: Clear	Sunrise: 6:42AM	Sun 28	Sutra 319	
	959457267	Yama	10:54AM – 12:19PM	Athiganda* Until 12:32PM	Muruga: White	Sunset: 5:55PM	Moon 1 - Phase 43	Nandana 5114	
	959457267	Rahu	8:06AM – 9:30AM	Visti Until 12:05PM	Nataraja: Yellow		4th Phase	Purnima	
Creative Work Siddha Yoga			Purnima* Until 12:05AM Tue		Moon – Red		Sivaloka Day		
					Magha•Masi				
	Tuesday, February 26, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathama* Yam Titau				Tehran, Iran	
	959457267	Gulika	12:18PM – 1:43PM	Purvaphalguni* Until 12:26AM Wed	Ganesha: Clear	Sunrise: 6:41AM	Sun 29	Sutra 320	
	959457267	Yama	9:30AM – 10:54AM	Sukarma Until 11:12AM	Muruga: White	Sunset: 5:56PM	Moon 1 - Phase 43	Nandana 5114	
	959457267	Rahu	3:07PM – 4:32PM	Balava Until 11:52AM	Nataraja: Yellow		4th Phase	Prathama	
Creative Work Siddha Yoga			Prathama* Until 11:52PM		Moon – Red		Sivaloka Day		
Until 10:45PM then Amrita Yoga					Magha•Masi				

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

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Wednesday, February 27, 2013

Gold Retreat Star

Kanya Rasi: 0.02 Tithi 17
959457267
Creative Work Amrita Yoga
Until 10.45PM then Prabalarishta Yoga
Until 11.05PM then no yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 10:54AM – 12:18PM
Yama 8:04AM – 9:29AM
Rahu 12:18PM – 1:43PM

Uttaraphalguni Until 11:05PM
Dhriti Until 9:13AM
Taitila Until 10:47AM
Dvitiya Until 9:52PM

Ganesha: Clear *Sunrise: 6:40AM*
Muruga: White *Sunset: 5:57PM*
Nataraja: Yellow
Moon – Red
Magha•Masi

Sivaloka Day

Tehran, Iran
Sun 1 Sutra 321
Nandana 5114
Moon 2 - Phase 44
1st Phase

Thursday, February 28, 2013

1

Kanya Rasi: 13.35 Tithi 18
969457267
No Yoga
Until 10.44PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 9:28AM – 10:53AM
Yama 6:38AM – 8:03AM
Rahu 1:43PM – 3:08PM

Hasta Until 10:42PM
Shula* Until 7:15AM
Vanija Until 9:46AM
Tritiya Until 8:51PM

Ganesha: White *Sunrise: 6:38AM*
Muruga: White *Sunset: 5:58PM*
Nataraja: Yellow
Moon – Green
Magha•Masi

Devaloka Day

Tehran, Iran
Sun 2 Sutra 322
Nandana 5114
Moon 2 - Phase 44
1st Phase

Friday, March 1, 2013

2

Kanya Rasi: 27.18 Tithi 19
969557267
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 8:01AM – 9:27AM
Yama 3:09PM – 4:34PM
Rahu 10:52AM – 12:18PM

Chitra Until 10:03PM
Vriddhi Until 2:22AM Sat
Bava Until 8:28AM
Chaturthi* Until 7:32PM

Ganesha: Clear *Sunrise: 6:36AM*
Muruga: White *Sunset: 6:00PM*
Nataraja: Yellow
Moon – Green
Magha•Masi

Sivaloka Day

Tehran, Iran
Sun 3 Sutra 323
Nandana 5114
Moon 2 - Phase 44
1st Phase

Saturday, March 2, 2013

3

Tula Rasi: 11.08 Tithi 20
969557267
Creative Work Siddha Yoga
Until 10.44PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 6:35AM – 8:00AM
Yama 1:43PM – 3:09PM
Rahu 9:26AM – 10:52AM

Svati Until 9:12PM
Dhruva Until 11:58PM
Kaulava Until 6:56AM
Panchami Until 6:00PM

Ganesha: Clear *Sunrise: 6:35AM*
Muruga: White *Sunset: 6:01PM*
Nataraja: Yellow
Moon – Green
Magha•Masi

Sivaloka Day

Tehran, Iran
Sun 4 Sutra 324
Nandana 5114
Moon 2 - Phase 44
1st Phase

Sunday, March 3, 2013

4

Tula Rasi: 25.04 Tithi 21 – 22
979557267
Routine Work Marana Yoga
Until 10.44PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Visakha Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 3:09PM – 4:35PM
Yama 12:17PM – 1:43PM
Rahu 4:35PM – 6:01PM

Visakha Until 8:11PM
Vyaghata* Until 9:25PM
Visti Until 3:22AM Mon
Shasthi* Until 4:18PM

Ganesha: White *Sunrise: 6:33AM*
Muruga: White *Sunset: 6:01PM*
Nataraja: Yellow
Moon – Orange
Magha•Masi

Subha Sivaloka Day

Tehran, Iran
Sun 5 Sutra 325
Nandana 5114
Moon 2 - Phase 44
1st Phase

Monday, March 4, 2013



Retreat Star

Vrischika Rasi: 9.04 Tithi 22 – 23
Family Home Evening 979557267
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 1:43PM – 3:10PM
Yama 10:51AM – 12:17PM
Rahu 7:58AM – 9:25AM

Anuradha Until 7:02PM
Harshana Until 6:44PM
Balava Until 1:32AM Tue
Saptami Until 2:27PM

Ganesha: White *Sunrise: 6:32AM*
Muruga: White *Sunset: 6:02PM*
Nataraja: Yellow
Moon – Orange
Magha•Masi

Subha Sivaloka Day

Tehran, Iran
Sun 6 Sutra 326
Nandana 5114
Moon 2 - Phase 44
Ashtami

Tuesday, March 5, 2013

Retreat Star

Vrischika Rasi: 23.08 Tithi 23 – 24
171557267
Creative Work Siddha Yoga
Until 5.46PM then Amrita Yoga
Until 10.43PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 12:17PM – 1:43PM
Yama 9:24AM – 10:50AM
Rahu 3:10PM – 4:37PM

Jyeshtha* Until 5:46PM
Vajra* Until 3:57PM
Taitila Until 11:33PM
Ashtami* Until 12:29PM

Ganesha: White *Sunrise: 6:31AM*
Muruga: White *Sunset: 6:03PM*
Nataraja: Yellow
Moon – Orange
Magha•Masi

Subha Sivaloka Day

Tehran, Iran
Sun 7 Sutra 327
Nandana 5114
Moon 2 - Phase 44
Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda, Maitu 5.2. bo UpH, 423

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1	Wednesday, March 6, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Tehran, Iran Sun 8 Sutra 328 Nandana 5114	
	Dhanus Rasi: 7.16	Tithi 24 – 25	Gulika 10:50AM – 12:17PM	Mula* Until 4:24PM	Ganesha: Yellow	<i>Sunrise: 6:29AM</i>
		181557267	Yama 7:56AM – 9:23AM	Siddhi Until 1:05PM	Muruqa: White	<i>Sunset: 6:04PM</i>
	Routine Work Marana Yoga Until 4:24PM then Amrita Yoga Until 10.43PM then Siddha Yoga		Rahu 12:17PM – 1:44PM	Vanija Until 9:28PM Navami* Until 10:24AM	Nataraja: Yellow Moon – Light Blue Magha*Masi	Moon 2 - Phase 45 2nd Phase Sivaloka Day
2	Thursday, March 7, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Tehran, Iran Sun 9 Sutra 329 Nandana 5114	
	Dhanus Rasi: 21.26	Tithi 25 – 26	Gulika 9:22AM – 10:49AM	Purvashadha* Until 2:58PM	Ganesha: Yellow	<i>Sunrise: 6:28AM</i>
		181557267	Yama 6:28AM – 7:55AM	Vyatipata* Until 10:08AM	Muruqa: White	<i>Sunset: 6:05PM</i>
	Creative Work Siddha Yoga		Rahu 1:44PM – 3:11PM	Bava Until 7:19PM Dasami Until 8:15AM	Nataraja: Yellow Moon – Light Blue Magha*Masi	Moon 2 - Phase 45 2nd Phase Sivaloka Day
3	Friday, March 8, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha/Sravana Nakshatra Variyan/Paigha* Yoga Balava/Taitila Karana Ekadasi*/Dvadasi* Yam Titau		Tehran, Iran Sun 10 Sutra 330 Nandana 5114	
	Makara Rasi: 6	Tithi 26 – 27	Gulika 7:54AM – 9:21AM	Uttarashadha Until 1:32PM	Ganesha: Yellow	<i>Sunrise: 6:27AM</i>
		181557267	Yama 3:11PM – 4:38PM	Variyan Until 7:12AM	Muruqa: White	<i>Sunset: 6:06PM</i>
	Creative Work Siddha Yoga		Rahu 10:49AM – 12:16PM	Taitila Until 4:14AM Sat Ekadasi* Until 6:05AM	Nataraja: Yellow Moon – Light Blue Magha*Masi	Moon 2 - Phase 45 2nd Phase Sivaloka Day
4	Saturday, March 9, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Sravana/Dhanishtha Nakshatra Shiva Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Tehran, Iran Sun 11 Sutra 331 Nandana 5114	
	Makara Rasi: 19.43	Tithi 28	Gulika 6:25AM – 7:53AM	Sravana Until 12:11PM	Ganesha: Blue	<i>Sunrise: 6:25AM</i>
		191557267	Yama 1:44PM – 3:11PM	Shiva Until 1:40AM Sun	Muruqa: White	<i>Sunset: 6:07PM</i>
	Creative Work Siddha Yoga		Rahu 9:21AM – 10:48AM	Gara Until 3:06PM Trayodasi* Until 2:10AM Sun <i>Pradosha Vrata (Fasting)</i>	Nataraja: Yellow Moon – Purple Magha*Masi	Moon 2 - Phase 45 2nd Phase Subha Sivaloka Day
5	Sunday, March 10, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Tehran, Iran Sun 12 Sutra 332 Nandana 5114	
	Kumbha Rasi: 3.43	Tithi 29	Gulika 3:12PM – 4:40PM	Dhanishtha Until 11:03AM	Ganesha: Blue	<i>Sunrise: 6:24AM</i>
		191567267	Yama 12:16PM – 1:44PM	Siddha Until 11:00PM	Muruqa: Yellow	<i>Sunset: 6:08PM</i>
	Creative Work Siddha Yoga		Rahu 4:40PM – 6:08PM	Visti Until 1:15PM Chaturdasi* Until 12:19AM Mon	Nataraja: Yellow Moon – Purple Magha*Masi	Moon 2 - Phase 45 2nd Phase Sivaloka Day
			Mahasivaratri			
	Monday, March 11, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Tehran, Iran Sun 13 Sutra 333 Nandana 5114	
	Retreat Star		Gulika 1:44PM – 3:12PM	Satabhisha Until 10:14AM	Ganesha: Blue	<i>Sunrise: 6:22AM</i>
	Kumbha Rasi: 17.32	Tithi 30	Yama 10:47AM – 12:15PM	Sadhya Until 8:39PM	Muruqa: Yellow	<i>Sunset: 6:08PM</i>
	Family Home Evening Creative Work Siddha Yoga Until 10:14AM then no yoga Until 10.42PM then Marana Yoga	191567267	Rahu 7:51AM – 9:19AM	Catuspada Until 11:45AM Amavasya* Until 10:50PM	Nataraja: Yellow Moon – Purple Magha*Masi	Moon 2 - Phase 45 Amavasya Sivaloka Day
	Tuesday, March 12, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Tehran, Iran Sun 14 Sutra 334 Nandana 5114	
	Retreat Star		Gulika 12:15PM – 1:44PM	Purvaprostapada* Until 10:10AM	Ganesha: Red	<i>Sunrise: 6:21AM</i>
	Meena Rasi: 1.04	Tithi 1	Yama 9:18AM – 10:47AM	Subha Until 7:38PM	Muruqa: Yellow	<i>Sunset: 6:09PM</i>
	Routine Work Marana Yoga Until 10:10AM then Amrita Yoga Until 10.42PM then Siddha Yoga	111567267	Rahu 3:12PM – 4:41PM	Kintughna Until 11:09AM Prathama* Until 11:09PM	Nataraja: Yellow Moon – Clear Phalgun*Masi	Moon 2 - Phase 45 Prathama Devaloka Day

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada 2.A3.
MA, 58

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1		Wednesday, March 13, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Tehran, Iran
Meena Rasi: 14.18	Tithi 2	111567267	Gulika 10:46AM – 12:15PM Yama 7:49AM – 9:17AM Rahu 12:15PM – 1:44PM	Uttaraprostapada Until 10:22AM Sukla Until 6:06PM Balava Until 10:41AM Dvitiya Until 10:41PM	Sun 15 Sutra 335 Nandana 5114 Moon 2 - Phase 46 3rd Phase
Creative Work Siddha Yoga Until 10:22AM then Marana Yoga Until 10:41PM then Siddha Yoga				Ganesha: Red <i>Sunrise: 6:20AM</i> Muruga: Yellow <i>Sunset: 6:10PM</i> Nataraja: Yellow Moon – Clear Phalguna•Masi	Devaloka Day
2		Thursday, March 14, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Asvini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiya Yam Titau		Tehran, Iran
Meena Rasi: 27.12	Tithi 3	111567267	Gulika 9:16AM – 10:46AM Yama 6:18AM – 7:47AM Rahu 1:44PM – 3:13PM	Revati Until 11:10AM Brahma Until 5:08PM Taitila Until 10:53AM Tritiya Until 10:53PM	Sun 16 Sutra 336 Nandana 5114 Moon 2 - Phase 46 3rd Phase
Creative Work Siddha Yoga Until 11:10AM then Amrita Yoga				Ganesha: Red <i>Sunrise: 6:18AM</i> Muruga: Yellow <i>Sunset: 6:11PM</i> Nataraja: Yellow Moon – Clear Phalguna•Panguni	Devaloka Day
3		Friday, March 15, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Asvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Tehran, Iran
Mesha Rasi: 9.46	Tithi 4	122567268	Gulika 7:46AM – 9:16AM Yama 3:13PM – 4:42PM Rahu 10:45AM – 12:14PM	Asvini Until 1:07PM Indra Until 5:33PM Vanija Until 12:15PM Chaturthi* Until 1:20AM Sat	Sun 17 Sutra 337 Nandana 5114 Moon 2 - Phase 46 3rd Phase
Creative Work Amrita Yoga Until 1:07PM then Siddha Yoga				Ganesha: White <i>Sunrise: 6:17AM</i> Muruga: Yellow <i>Sunset: 6:12PM</i> Nataraja: White Moon – White Phalguna•Panguni	Devaloka Day
4		Saturday, March 16, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchami Yam Titau		Tehran, Iran
Mesha Rasi: 22.03	Tithi 5	122567268	Gulika 6:16AM – 7:45AM Yama 1:44PM – 3:13PM Rahu 9:15AM – 10:44AM	Bharani Until 3:13PM Vaidhriti* Until 5:39PM Bava Until 1:48PM Panchami Until 2:54AM Sun	Sun 18 Sutra 338 Nandana 5114 Moon 2 - Phase 46 3rd Phase
Creative Work Siddha Yoga Until 3:13PM then Amrita Yoga Until 10:40PM then Siddha Yoga				Ganesha: White <i>Sunrise: 6:16AM</i> Muruga: Yellow <i>Sunset: 6:13PM</i> Nataraja: White Moon – White Phalguna•Panguni	Devaloka Day
5		Sunday, March 17, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Tehran, Iran
Vrishabha Rasi: 4.07	Tithi 6	122567268	Gulika 3:14PM – 4:44PM Yama 12:14PM – 1:44PM Rahu 4:44PM – 6:13PM	Krittika Until 5:47PM Vishkambha* Until 6:11PM Kaulava Until 3:52PM Shasthi* Until 4:57AM Mon	Sun 19 Sutra 339 Nandana 5114 Moon 2 - Phase 46 3rd Phase
Creative Work Siddha Yoga Until 10:40PM then Amrita Yoga				Ganesha: White <i>Sunrise: 6:14AM</i> Muruga: Yellow <i>Sunset: 6:13PM</i> Nataraja: White Moon – White Phalguna•Panguni	Devaloka Day
6		Monday, March 18, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Rohini Nakshatra Priti Yoga Gara Karana Saptami Yam Titau		Tehran, Iran
Vrishabha Rasi: 16.01	Tithi 7	132567268	Gulika 1:44PM – 3:14PM Yama 10:43AM – 12:14PM Rahu 7:43AM – 9:13AM	Rohini Until 8:39PM Priti Until 6:59PM Gara Until 6:15PM Saptami Until 7:42AM Tue	Sun 20 Sutra 340 Nandana 5114 Moon 2 - Phase 46 3rd Phase
Family Home Evening Creative Work Amrita Yoga Until 10:40PM then Siddha Yoga				Ganesha: Clear <i>Sunrise: 6:13AM</i> Muruga: Yellow <i>Sunset: 6:14PM</i> Nataraja: White Moon – Yellow Phalguna•Panguni	Sivaloka Day
D		Tuesday, March 19, 2013	Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigasira Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Tehran, Iran
Retreat Star			Gulika 12:13PM – 1:44PM Yama 9:12AM – 10:43AM Rahu 3:14PM – 4:45PM	Mrigasira Until 11:39PM Ayushman Until 7:56PM Visti Until 8:48PM Saptami Until 7:42AM	Sun 21 Sutra 341 Nandana 5114 Moon 2 - Phase 46 Ashtami
Vrishabha Rasi: 27.5		Tithi 7 – 8		Ganesha: Clear <i>Sunrise: 6:11AM</i> Muruga: Yellow <i>Sunset: 6:15PM</i> Nataraja: White Moon – Yellow Phalguna•Panguni	Sivaloka Day
Creative Work Siddha Yoga		132567268			
Wednesday, March 20, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Tehran, Iran
Retreat Star			Gulika 10:42AM – 12:13PM Yama 7:41AM – 9:11AM Rahu 12:13PM – 1:44PM	Ardra Until 2:38AM Thu Saubhagya Until 8:51PM Balava Until 11:18PM Ashtami* Until 10:13AM	Sun 22 Sutra 342 Nandana 5114 Moon 2 - Phase 46 Navami
Mithuna Rasi: 9.41		Tithi 8 – 9		Ganesha: Clear <i>Sunrise: 6:10AM</i> Muruga: Yellow <i>Sunset: 6:16PM</i> Nataraja: White Moon – Yellow Phalguna•Panguni	Sivaloka Day
Creative Work Siddha Yoga Until 10:39PM then Marana Yoga Until 2:38AM Thu then Amrita Yoga		132567268			

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

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1	Thursday, March 21, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Sun 23	Sutra 343	Tehran, Iran
	Mithuna Rasi: 21.37	Tithi 9 – 10	142567268	Gulika 9:11AM – 10:42AM Yama 6:08AM – 7:39AM Rahu 1:44PM – 3:15PM	Punarvasu Until 5:25AM Fri Sobhana Until 9:35PM Taitila Until 1:36AM Fri Navami* Until 12:31PM	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Blue Phalguna•Panguni	<i>Sunrise:</i> 6:08AM <i>Sunset:</i> 6:17PM	Moon 2 - Phase 47	Nandana 5114
	Creative Work	Amrita Yoga							
	Until 10.39PM then Siddha Yoga								
	Until 5:25AM Fri then Marana Yoga								
2	Friday, March 22, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dasami/Ekadasa Yam Titau				Sun 24	Sutra 344	Tehran, Iran
	Kataka Rasi: 3.44	Tithi 10 – 11	142567268	Gulika 7:38AM – 9:10AM Yama 3:15PM – 4:46PM Rahu 10:41AM – 12:12PM	Pushya Until 7:03AM Sat Athiganda* Until 10:00PM Vanija Until 3:31AM Sat Dasami Until 2:25PM	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Blue Phalguna•Panguni	<i>Sunrise:</i> 6:07AM <i>Sunset:</i> 6:18PM	Moon 2 - Phase 47	Nandana 5114
	Routine Work	Marana Yoga							
	Until 10.39PM then Siddha Yoga								
	Until 7:03AM Sat then Marana Yoga								
3	Saturday, March 23, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadasa/Dvadasi Yam Titau				Sun 25	Sutra 345	Tehran, Iran
	Kataka Rasi: 16.06	Tithi 11 – 12	142567268	Gulika 6:06AM – 7:37AM Yama 1:44PM – 3:15PM Rahu 9:09AM – 10:40AM	Pushya Until 7:03AM Sukarma Until 8:49PM Bava Until 2:59AM Sun Ekadasa Until 2:59PM	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Blue Phalguna•Panguni	<i>Sunrise:</i> 6:06AM <i>Sunset:</i> 6:18PM	Moon 2 - Phase 47	Nandana 5114
	Creative Work	Siddha Yoga		Yogaswami Mahasamadhi					
	Until 7:03AM then Marana Yoga								
	Until 10.38PM then Siddha Yoga								
4	Sunday, March 24, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Sun 26	Sutra 346	Tehran, Iran
	Kataka Rasi: 28.46	Tithi 12 – 13	142567268	Gulika 3:16PM – 4:47PM Yama 12:12PM – 1:44PM Rahu 4:47PM – 6:19PM	Aslesha* Until 8:17AM Dhriti Until 8:16PM Kaulava Until 3:38AM Mon Dvadasi Until 3:38PM <i>Pradosha Vrata</i>	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Blue Phalguna•Panguni	<i>Sunrise:</i> 6:04AM <i>Sunset:</i> 6:19PM	Moon 2 - Phase 47	Nandana 5114
	Creative Work	Siddha Yoga							
	Until 8:17AM then Marana Yoga								
	Until 10.38PM then Siddha Yoga								
5	Monday, March 25, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shula* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Sun 27	Sutra 347	Tehran, Iran
	Simha Rasi: 11.46	Tithi 13 – 14	152567268	Gulika 1:44PM – 3:16PM Yama 10:39AM – 12:11PM Rahu 7:35AM – 9:07AM	Magha* Until 8:54AM Shula* Until 7:08PM Gara Until 3:37AM Tue Trayodasi Until 3:37PM	Ganesha: Clear Muruga: Yellow Nataraja: White Moon – Red Phalguna•Panguni	<i>Sunrise:</i> 6:03AM <i>Sunset:</i> 6:20PM	Moon 2 - Phase 47	Nandana 5114
	Family Home Evening								
	Creative Work	Siddha Yoga							
O	Tuesday, March 26, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Sun 27	Sutra 348	Tehran, Iran
	Copper Retreat Star								
	Simha Rasi: 25.07	Tithi 14 – 15	152667268	Gulika 12:11PM – 1:44PM Yama 9:06AM – 10:39AM Rahu 3:16PM – 4:48PM	Purvaphalguni* Until 8:40AM Ganda* Until 4:39PM Visti Until 1:18AM Wed Chaturdasi* Until 2:13PM	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Red Phalguna•Panguni	<i>Sunrise:</i> 6:01AM <i>Sunset:</i> 6:21PM	Moon 2 - Phase 47	Nandana 5114
	Creative Work	Siddha Yoga		Panguni Uttiram					
	Until 8:40AM then Amrita Yoga								
	Wednesday, March 27, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Sun 27	Sutra 349	Tehran, Iran
	Silver Retreat Star								
	Kanya Rasi: 8.47	Tithi 15 – 16	152667268	Gulika 10:38AM – 12:11PM Yama 7:33AM – 9:05AM Rahu 12:11PM – 1:44PM	Uttaraphalguni Until 8:05AM Vridhhi Until 2:31PM Balava Until 12:02AM Thu Purnima* Until 12:57PM	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Red Phalguna•Panguni	<i>Sunrise:</i> 6:00AM <i>Sunset:</i> 6:22PM	Moon 2 - Phase 47	Nandana 5114
	Creative Work	Amrita Yoga							
	Until 8:05AM then Siddha Yoga								
Until 10.37PM then no yoga									

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. Up,P,95

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Thursday, March 28, 2013

Gold Retreat Star

Kanya Rasi: 22.44 Tithi 16 – 17
162667268
No Yoga
Until 7:01AM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukstayam
Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 9:04AM – 10:37AM
Yama 5:58AM – 7:31AM
Rahu 1:44PM – 3:17PM
Hasta Until 7:01AM
Dhruva Until 11:57AM
Taitila Until 10:15PM
Prathama* Until 11:10AM

Ganesha: Clear *Sunrise: 5:58AM*
Muruga: Yellow *Sunset: 6:23PM*
Nataraja: White
Moon – Green
Sivaloka Day
Phalguna•Panguni

Tehran, Iran
Sutra 350
Nandana 5114
Moon 3 - Phase 48
1st Phase

Friday, March 29, 2013

1

Tula Rasi: 6.55 Tithi 17 – 18
163667268
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yukstayam
Svati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 7:30AM – 9:04AM
Yama 3:17PM – 4:50PM
Rahu 10:37AM – 12:10PM
Svati Until 4:27AM Sat
Vyaghata* Until 9:02AM
Vanija Until 8:05PM
Dvitiya Until 9:00AM

Ganesha: White *Sunrise: 5:57AM*
Muruga: Yellow *Sunset: 6:23PM*
Nataraja: White
Moon – Green
Devaloka Day
Phalguna•Panguni

Tehran, Iran
Sun 1 Sutra 351
Nandana 5114
Moon 3 - Phase 48
1st Phase

Saturday, March 30, 2013

2

Tula Rasi: 21.12 Tithi 18 – 19
173667268
Creative Work Siddha Yoga
Until 10.36PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yukstayam
Visakha Nakshatra Vajra* Yoga Visti*/Balava Karana Tritiya/Chaturthi* Yam Titau
Gulika 5:56AM – 7:29AM
Yama 1:43PM – 3:17PM
Rahu 9:03AM – 10:36AM
Visakha Until 2:48AM Sun
Vajra* Until 3:15AM Sun
Balava Until 4:45AM Sun
Tritiya Until 6:36AM

Ganesha: Yellow *Sunrise: 5:56AM*
Muruga: Yellow *Sunset: 6:24PM*
Nataraja: White
Moon – Orange
Sivaloka Day
Phalguna•Panguni

Tehran, Iran
Sun 2 Sutra 352
Nandana 5114
Moon 3 - Phase 48
1st Phase

Sunday, March 31, 2013

3

Vrischika Rasi: 5.33 Tithi 20
173667268
Routine Work Marana Yoga
Until 10.36PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yukstayam
Anuradha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 3:17PM – 4:51PM
Yama 12:10PM – 1:43PM
Rahu 4:51PM – 6:25PM
Anuradha Until 1:04AM Mon
Siddhi Until 12:03AM Mon
Kaulava Until 3:10PM
Panchami Until 2:14AM Mon

Ganesha: Yellow *Sunrise: 5:54AM*
Muruga: Yellow *Sunset: 6:25PM*
Nataraja: White
Moon – Orange
Sivaloka Day
Phalguna•Panguni

Tehran, Iran
Sun 3 Sutra 353
Nandana 5114
Moon 3 - Phase 48
1st Phase

Monday, April 1, 2013

4

Vrischika Rasi: 19.53 Tithi 21
Family Home Evening
173667268
Creative Work Siddha Yoga
Until 11:21PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yukstayam
Jyeshtha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 1:43PM – 3:17PM
Yama 10:36AM – 12:10PM
Rahu 7:28AM – 9:02AM
Jyeshtha* Until 11:21PM
Vyatipata* Until 8:52PM
Gara Until 12:41PM
Shasthi* Until 11:46PM

Ganesha: Yellow *Sunrise: 5:54AM*
Muruga: Yellow *Sunset: 6:25PM*
Nataraja: White
Moon – Orange
Sivaloka Day
Phalguna•Panguni

Tehran, Iran
Sun 4 Sutra 354
Nandana 5114
Moon 3 - Phase 48
1st Phase

Tuesday, April 2, 2013

5

Dhanus Rasi: 4.08 Tithi 22
183667268
Creative Work Amrita Yoga
Until 9:46PM then Siddha Yoga
Until 10.36PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yukstayam
Mula* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 12:09PM – 1:43PM
Yama 9:01AM – 10:35AM
Rahu 3:18PM – 4:52PM
Mula* Until 9:46PM
Variyan Until 5:49PM
Visti Until 10:20AM
Saptami Until 9:25PM

Ganesha: Blue *Sunrise: 5:53AM*
Muruga: Yellow *Sunset: 6:26PM*
Nataraja: White
Moon – Light Blue
Devaloka Day
Phalguna•Panguni

Tehran, Iran
Sun 5 Sutra 355
Nandana 5114
Moon 3 - Phase 48
1st Phase

Wednesday, April 3, 2013



Retreat Star

Dhanus Rasi: 18.17 Tithi 23
183667268
Creative Work Amrita Yoga
Until 10.35PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yukstayam
Purvashadha* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 10:35AM – 12:09PM
Yama 7:26AM – 9:00AM
Rahu 12:09PM – 1:43PM
Purvashadha* Until 8:21PM
Parigha* Until 2:55PM
Balava Until 8:10AM
Ashtami* Until 7:15PM

Ganesha: Blue *Sunrise: 5:51AM*
Muruga: Yellow *Sunset: 6:27PM*
Nataraja: White
Moon – Light Blue
Devaloka Day
Phalguna•Panguni

Tehran, Iran
Sun 6 Sutra 356
Nandana 5114
Moon 3 - Phase 48
Ashtami

Thursday, April 4, 2013

Retreat Star

Makara Rasi: 2.19 Tithi 24 – 25
183667268
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yukstayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Navami*/Dasami Yam Titau
Gulika 8:59AM – 10:34AM
Yama 5:50AM – 7:25AM
Rahu 1:43PM – 3:18PM
Uttarashadha Until 7:09PM
Shiva Until 12:13PM
Taitila Until 6:14AM
Navami* Until 5:19PM

Ganesha: Blue *Sunrise: 5:50AM*
Muruga: Yellow *Sunset: 6:27PM*
Nataraja: White
Moon – Light Blue
Devaloka Day
Phalguna•Panguni

Tehran, Iran
Sun 7 Sutra 357
Nandana 5114
Moon 3 - Phase 48
Navami

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1

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1		Friday, April 5, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Siddha/Sadhyā Yoga Visti*/Bava Karana Dasami/Ekadasī* Yam Titau		Tehran, Iran Sun 8 Sutra 358 Nandana 5114	
Makara Rasi: 16.13	Tithi 25 – 26	193667268	Gulika 7:24AM – 8:59AM Yama 3:18PM – 4:53PM Rahu 10:33AM – 12:08PM	Sravana Until 6:12PM Siddha Until 9:45AM Bava Until 2:43AM Sat Dasami Until 3:39PM	Ganesha: Red Muruga: Yellow Nataraja: White Moon – Purple Phalguna•Panguni	Sunrise: 5:49AM Sunset: 6:28PM	Moon 3 - Phase 49 2nd Phase Sivaloka Day
Creative Work Siddha Yoga							
2		Saturday, April 6, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadasī*/Dvadasī* Yam Titau		Tehran, Iran Sun 9 Sutra 359 Nandana 5114	
Makara Rasi: 29.57	Tithi 26 – 27	193667268	Gulika 5:47AM – 7:22AM Yama 1:43PM – 3:19PM Rahu 8:58AM – 10:33AM	Dhanishtha Until 5:31PM Sadhya Until 7:32AM Kaulava Until 1:20AM Sun Ekadasī* Until 2:15PM	Ganesha: Red Muruga: Yellow Nataraja: White Moon – Purple Phalguna•Panguni	Sunrise: 5:47AM Sunset: 6:29PM	Moon 3 - Phase 49 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 5:31PM then Amrita Yoga Until 10.34PM then Siddha Yoga							
3		Sunday, April 7, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Sukla Yoga Taila/Gara Karana Dvadasī*/Trayodasi* Yam Titau		Tehran, Iran Sun 10 Sutra 360 Nandana 5114	
Kumbha Rasi: 13.31	Tithi 27 – 28	193667268	Gulika 3:19PM – 4:54PM Yama 12:08PM – 1:43PM Rahu 4:54PM – 6:30PM	Satabhisha Until 5:59PM Sukla Until 4:26AM Mon Gara Until 1:48AM Mon Dvadasī* Until 1:48PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red Muruga: Yellow Nataraja: White Moon – Purple Phalguna•Panguni	Sunrise: 5:46AM Sunset: 6:30PM	Moon 3 - Phase 49 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 10.34PM then no yoga							
4		Monday, April 8, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Tehran, Iran Sun 11 Sutra 361 Nandana 5114	
Kumbha Rasi: 26.52	Tithi 28 – 29	113667268	Gulika 1:43PM – 3:19PM Yama 10:32AM – 12:08PM Rahu 7:20AM – 8:56AM	Purvaprostapada* Until 5:56PM Brahma Until 2:42AM Tue Visti Until 1:03AM Tue Trayodasi* Until 1:03PM	Ganesha: Green Muruga: Yellow Nataraja: White Moon – Clear Phalguna•Panguni	Sunrise: 5:44AM Sunset: 6:31PM	Moon 3 - Phase 49 2nd Phase Devaloka Day
Family Home Evening No Yoga Until 5:56PM then Siddha Yoga Until 10.34PM then Amrita Yoga							
		Tuesday, April 9, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprostapada Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Tehran, Iran Sun 12 Sutra 362 Nandana 5114	
Retreat Star			Gulika 12:07PM – 1:43PM Yama 8:55AM – 10:31AM Rahu 3:19PM – 4:55PM	Uttaraprostapada Until 6:19PM Indra Until 1:22AM Wed Catuspada Until 12:46AM Wed Chaturdasi* Until 12:46PM	Ganesha: Green Muruga: Yellow Nataraja: White Moon – Clear Phalguna•Panguni	Sunrise: 5:43AM Sunset: 6:31PM	Moon 3 - Phase 49 Amavasya Devaloka Day
Meena Rasi: 9.59		113667268					
Creative Work Amrita Yoga Until 6:19PM then Siddha Yoga Until 10.34PM then Marana Yoga							
Wednesday, April 10, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Tehran, Iran Sun 13 Sutra 363 Nandana 5114			
Retreat Star			Gulika 10:31AM – 12:07PM Yama 7:18AM – 8:54AM Rahu 12:07PM – 1:43PM	Revati Until 7:09PM Vaidhriti* Until 12:28AM Thu Kintughna Until 12:58AM Thu Amavasya* Until 12:58PM	Ganesha: Green Muruga: Yellow Nataraja: White Moon – Clear Chaitra•Panguni	Sunrise: 5:42AM Sunset: 6:32PM	Moon 3 - Phase 49 Prathama Devaloka Day
Meena Rasi: 22.52		113667268					
Routine Work Marana Yoga Until 10.33PM then Amrita Yoga							

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432. TM

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1	Thursday, April 11, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran	
			Asvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Sun 14 Sutra 364	
	Mesha Rasi: 5.3	Tithi 1 – 2	Gulika 8:54AM – 10:30AM	Asvini Until 9:40PM	Ganesha: White	Sunrise: 5:40AM	Nandana 5114	
	123667268		Yama 5:40AM – 7:17AM	Vishkambha* Until 1:22AM Fri	Muruqa: Yellow	Sunset: 6:33PM	Moon 3 - Phase 50	
Creative Work	Amrita Yoga		Rahu 1:43PM – 3:20PM	Balava Until 3:28AM Fri	Nataraja: White		3rd Phase	
	Until 9:40PM then Siddha Yoga			Balava Until 3:28AM Fri	Moon – White	Devaloka Day		
			Chellappaswami Mahasamadhi	Prathama* Until 2:22PM	Chaitra*Panguni			
2	Friday, April 12, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran	
			Bharani Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Sun 15 Sutra 365	
	Mesha Rasi: 17.53	Tithi 2 – 3	Gulika 7:16AM – 8:53AM	Bharani Until 11:34PM	Ganesha: Clear	Sunrise: 5:39AM	Nandana 5114	
	124667268		Yama 3:20PM – 4:57PM	Priti Until 1:19AM Sat	Muruqa: Yellow	Sunset: 6:34PM	Moon 3 - Phase 50	
Creative Work	Siddha Yoga		Rahu 10:30AM – 12:06PM	Taitila Until 4:46AM Sat	Nataraja: White		3rd Phase	
	Until 11:34PM then Amrita Yoga			Dvitiya Until 3:40PM	Moon – White	Sivaloka Day		
				Dvitiya Until 3:40PM	Chaitra*Panguni			
3	Saturday, April 13, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam				Tehran, Iran	
			Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Sun 16 Sutra 1	
	Vrishabha Rasi: 0.03	Tithi 3 – 4	Gulika 5:38AM – 7:15AM	Krittika Until 1:53AM Sun	Ganesha: Clear	Sunrise: 5:38AM	Vijaya 5115	
	124667268		Yama 1:43PM – 3:20PM	Ayushman Until 1:39AM Sun	Muruqa: Yellow	Sunset: 6:35PM	Moon 3 - Phase 50	
Creative Work	Amrita Yoga		Rahu 8:52AM – 10:29AM	Vanija Until 6:32AM Sun	Nataraja: White		3rd Phase	
	Until 10:32PM then Siddha Yoga			Vanija Until 6:32AM Sun	Moon – White	Sivaloka Day		
			Tamil New Year	Tritiya Until 5:27PM	Chaitra*Chaitra			
4	Sunday, April 14, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam				Tehran, Iran	
			Rohini Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Sun 17 Sutra 2	
	Vrishabha Rasi: 12.03	Tithi 4	Gulika 3:21PM – 4:58PM	Rohini Until 4:34AM Mon	Ganesha: Clear	Sunrise: 5:36AM	Vijaya 5115	
	234667268		Yama 12:06PM – 1:43PM	Saubhagya Until 2:19AM Mon	Muruqa: Yellow	Sunset: 6:36PM	Moon 3 - Phase 50	
Creative Work	Siddha Yoga		Rahu 4:58PM – 6:36PM	Vanija Until 6:30AM	Nataraja: White		3rd Phase	
	Until 10:32PM then Amrita Yoga			Chaturthi* Until 7:35PM	Moon – Yellow	Sivaloka Day		
				Chaturthi* Until 7:35PM	Chaitra*Chaitra			
5	Monday, April 15, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam				Tehran, Iran	
			Mrigasira Nakshatra Sobhana Yoga Bava/Balava Karana Panchami Yam Titau				Sun 18 Sutra 3	
	Vrishabha Rasi: 23.56	Tithi 5	Gulika 1:43PM – 3:21PM	Mrigasira Until 7:47AM Tue	Ganesha: Clear	Sunrise: 5:35AM	Vijaya 5115	
	234667268		Yama 10:28AM – 12:06PM	Sobhana Until 3:10AM Tue	Muruqa: Yellow	Sunset: 6:36PM	Moon 3 - Phase 50	
Family Home Evening	Amrita Yoga		Rahu 7:13AM – 8:50AM	Bava Until 8:53AM	Nataraja: White		3rd Phase	
	Until 10:32PM then Siddha Yoga			Bava Until 8:53AM	Moon – Yellow	Sivaloka Day		
	Until 7:47AM Tue then Marana Yoga			Panchami Until 9:58PM	Chaitra*Chaitra			
6	Tuesday, April 16, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam				Tehran, Iran	
			Mrigasira/Ardra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Sun 19 Sutra 4	
	Mithuna Rasi: 5.46	Tithi 6	Gulika 12:05PM – 1:43PM	Mrigasira Until 7:47AM	Ganesha: Clear	Sunrise: 5:34AM	Vijaya 5115	
	234667268		Yama 8:50AM – 10:27AM	Athiganda* Until 4:08AM Wed	Muruqa: Yellow	Sunset: 6:37PM	Moon 3 - Phase 50	
Creative Work	Siddha Yoga		Rahu 3:21PM – 4:59PM	Kaulava Until 11:23AM	Nataraja: White		3rd Phase	
	Until 7:47AM then Marana Yoga			Shasthi* Until 12:28AM Wed	Moon – Yellow	Sivaloka Day		
	Until 10:32PM then Siddha Yoga			Shasthi* Until 12:28AM Wed	Chaitra*Chaitra			
Retreat Star	Wednesday, April 17, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam				Tehran, Iran	
			Ardra/Punarvasu Nakshatra Sukarma Yoga Gara/Vanija Karana Saptami Yam Titau				Sun 20 Sutra 5	
	Mithuna Rasi: 17.37	Tithi 7	Gulika 10:27AM – 12:05PM	Ardra Until 10:45AM	Ganesha: Clear	Sunrise: 5:32AM	Vijaya 5115	
	234667268		Yama 7:11AM – 8:49AM	Sukarma Until 5:04AM Thu	Muruqa: Yellow	Sunset: 6:38PM	Moon 3 - Phase 50	
Creative Work	Siddha Yoga		Rahu 12:05PM – 1:43PM	Gara Until 1:50PM	Nataraja: White		3rd Phase	
	Until 10:31PM then Amrita Yoga			Saptami Until 2:56AM Thu	Moon – Yellow	Sivaloka Day		
				Saptami Until 2:56AM Thu	Chaitra*Chaitra			
Retreat Star	Thursday, April 18, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam				Tehran, Iran	
			Punarvasu/Pushya Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtami* Yam Titau				Sun 21 Sutra 6	
	Mithuna Rasi: 29.34	Tithi 8	Gulika 8:48AM – 10:26AM	Punarvasu Until 1:32PM	Ganesha: Purple	Sunrise: 5:31AM	Vijaya 5115	
	244667268		Yama 5:31AM – 7:10AM	Dhriti Until 5:50AM Fri	Muruqa: Yellow	Sunset: 6:39PM	Moon 3 - Phase 50	
Creative Work	Amrita Yoga		Rahu 1:43PM – 3:22PM	Visti Until 4:06PM	Nataraja: White		Ashtami	
	Until 10:31PM then Marana Yoga			Ashtami* Until 5:11AM Fri	Moon – Blue	Subha Sivaloka Day		
				Ashtami* Until 5:11AM Fri	Chaitra*Chaitra			
Retreat Star	Friday, April 19, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam				Tehran, Iran	
			Pushya/Aslesha* Nakshatra Shula* Yoga Balava/Kaulava Karana Navami* Yam Titau				Sun 22 Sutra 7	
	Kataka Rasi: 11.4	Tithi 9	Gulika 7:08AM – 8:47AM	Pushya Until 3:59PM	Ganesha: Purple	Sunrise: 5:30AM	Vijaya 5115	
	244667268		Yama 3:22PM – 5:01PM	Shula* Until 6:17AM Sat	Muruqa: Yellow	Sunset: 6:40PM	Moon 3 - Phase 50	
Routine Work	Marana Yoga		Rahu 10:26AM – 12:05PM	Balava Until 6:00PM	Nataraja: White		Navami	
				Navami* Until 6:16AM Sat	Moon – Blue	Subha Sivaloka Day		
			Sri Rama Navami	Navami* Until 6:16AM Sat	Chaitra*Chaitra			

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Kṛishṇa Yajur Veda, Svetu 4.16. bo UpR, 736

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1	Saturday, April 20, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau				Sun 23	Sutra 8 Vijaya 5115
	Kataka Rasi: 24.01	Tithi 9 – 10	Gulika 5:28AM – 7:07AM	Aslesha* Until 5:03PM	Ganesha: Purple	<i>Sunrise: 5:28AM</i>	Moon 3 - Phase 1 4th Phase	
	244667268	Yama 1:43PM – 3:22PM	Ganda* Until 4:34AM Sun	Muruga: Yellow	<i>Sunset: 6:40PM</i>			
		Rahu 8:46AM – 10:25AM	Taitila Until 6:16PM	Nataraja: White				
Routine Work Marana Yoga			Navami* Until 6:16AM	Moon – Blue	Subha Sivaloka Day			
Until 5:03PM then Amrita Yoga				Chaitra•Chaitra				
Until 10.31PM then Marana Yoga								
2	Sunday, April 21, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vriddhi Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Sun 24	Sutra 9 Vijaya 5115
	Simha Rasi: 6.41	Tithi 10 – 11	Gulika 3:23PM – 5:02PM	Magha* Until 6:17PM	Ganesha: Purple	<i>Sunrise: 5:27AM</i>	Moon 3 - Phase 1 4th Phase	
	254767268	Yama 12:04PM – 1:43PM	Vriddhi Until 4:03AM Mon	Muruga: Yellow	<i>Sunset: 6:41PM</i>			
		Rahu 5:02PM – 6:41PM	Vanija Until 6:54PM	Nataraja: White				
Routine Work Marana Yoga			Dasami Until 6:54AM	Moon – Red	Devaloka Day			
Until 6:17PM then Siddha Yoga				Chaitra•Chaitra				
3	Monday, April 22, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Dhruva Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Sun 25	Sutra 10 Vijaya 5115
	Simha Rasi: 19.42	Tithi 11 – 12	Gulika 1:44PM – 3:23PM	Purvaphalguni* Until 6:52PM	Ganesha: Purple	<i>Sunrise: 5:26AM</i>	Moon 3 - Phase 1 4th Phase	
	254767268	Yama 10:25AM – 12:04PM	Dhruva Until 2:55AM Tue	Muruga: Yellow	<i>Sunset: 6:42PM</i>			
		Rahu 7:05AM – 8:45AM	Bava Until 6:48PM	Nataraja: White				
Creative Work Siddha Yoga			Ekadasi Until 6:48AM	Moon – Red	Devaloka Day			
Until 6:52PM then Marana Yoga				Chaitra•Chaitra				
Until 10.30PM then Amrita Yoga								
4	Tuesday, April 23, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Purvashadha* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau				Sun 26	Sutra 11 Vijaya 5115
	Kanya Rasi: 3.08	Tithi 13	Gulika 12:04PM – 1:44PM	Uttaraphalguni Until 5:47PM	Ganesha: Purple	<i>Sunrise: 5:25AM</i>	Moon 3 - Phase 1 4th Phase	
	254767268	Yama 8:44AM – 10:24AM	Vyaghata* Until 11:48PM	Muruga: Yellow	<i>Sunset: 6:43PM</i>			
		Rahu 3:23PM – 5:03PM	Kaulava Until 4:58PM	Nataraja: White				
Creative Work Amrita Yoga			Trayodasi Until 4:03AM Wed	Moon – Red	Devaloka Day			
Until 5:47PM then Siddha Yoga				Chaitra•Chaitra				
				Pradosha Vrata				
5	Wednesday, April 24, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdasi* Yam Titau				Sun 27	Sutra 12 Vijaya 5115
	Kanya Rasi: 16.58	Tithi 14	Gulika 10:24AM – 12:04PM	Hasta Until 4:55PM	Ganesha: White	<i>Sunrise: 5:24AM</i>	Moon 3 - Phase 1 4th Phase	
	265767269	Yama 7:04AM – 8:44AM	Harshana Until 9:27PM	Muruga: Yellow	<i>Sunset: 6:44PM</i>			
		Rahu 12:04PM – 1:44PM	Gara Until 3:23PM	Nataraja: Clear				
Creative Work Siddha Yoga			Chaturdasi* Until 2:28AM Thu	Moon – Green	Sivaloka Day			
				Chaitra•Chaitra				
O	Thursday, April 25, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Visti*/Bava Karana Purnima* Yam Titau				Sun 28	Sutra 13 Vijaya 5115
	Tula Rasi: 1.1	Tithi 15	Gulika 8:43AM – 10:23AM	Chitra Until 2:47PM	Ganesha: White	<i>Sunrise: 5:22AM</i>	Moon 3 - Phase 1 Purnima	
	265767269	Yama 5:22AM – 7:03AM	Vajra* Until 6:29PM	Muruga: Yellow	<i>Sunset: 6:45PM</i>			
		Rahu 1:44PM – 3:24PM	Visti Until 12:36PM	Nataraja: Clear				
Creative Work Siddha Yoga			Purnima* Until 10:53PM	Moon – Green	Sivaloka Day			
Until 2:47PM then Amrita Yoga				Chaitra•Chaitra				
Until 10.30PM then Siddha Yoga								
Until 10.30PM then Siddha Yoga								
	Friday, April 26, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau				Sun 29	Sutra 14 Vijaya 5115
	Tula Rasi: 15.41	Tithi 16	Gulika 7:02AM – 8:42AM	Svati Until 12:55PM	Ganesha: White	<i>Sunrise: 5:21AM</i>	Moon 3 - Phase 1 Prathama	
	265767269	Yama 3:24PM – 5:05PM	Siddhi Until 2:29PM	Muruga: Yellow	<i>Sunset: 6:45PM</i>			
		Rahu 10:23AM – 12:03PM	Balava Until 9:58AM	Nataraja: Clear				
Creative Work Siddha Yoga			Prathama* Until 8:15PM	Moon – Green	Sivaloka Day			
Until 12:55PM then Marana Yoga				Chaitra•Chaitra				
Until 10.30PM then Siddha Yoga								

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda, Brihadu 1.4.14. bo UpH, 84

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