



## Monday, May 7, 2012 Gold Retreat Star

Vrischika Rasi: 5.13      Tithi 17  
Family Home Evening      275217269  
Creative Work      Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Varyan/Parigha\* Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika** 1:44PM – 3:17PM  
**Yama** 10:36AM – 12:10PM  
**Rahu** 7:29AM – 9:02AM

**Anuradha Until 12:19AM Tue**  
Variyan Until 8:54AM  
Taitila Until 3:38PM  
**Dvitiya Until 1:55AM Tue**

Ganesha: White      *Sunrise: 5:55AM*  
Muruga: White      *Sunset: 6:25PM*  
Nataraja: Clear  
Moon – Orange  
Vaisaka•Chaitra

**Devaloka Day**

Rameswaram, India  
Sutra 25  
Nandana 5114  
Moon 4 - Phase 4  
1st Phase

## 1

### Tuesday, May 8, 2012

Vrischika Rasi: 20.16      Tithi 18  
275217269

Creative Work      Siddha Yoga  
Until 9:34PM then Amrita Yoga  
Until 12.28AM Wed then Marana Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika** 12:10PM – 1:44PM  
**Yama** 9:02AM – 10:36AM  
**Rahu** 3:17PM – 4:51PM

**Jyeshtha\* Until 9:34PM**  
Shiva Until 12:53AM Wed  
Vanija Until 12:04PM  
**Tritiya Until 10:21PM**

Ganesha: White      *Sunrise: 5:55AM*  
Muruga: White      *Sunset: 6:25PM*  
Nataraja: Clear  
Moon – Orange  
Vaisaka•Chaitra

**Devaloka Day**

Rameswaram, India  
Sutra 26  
Nandana 5114  
Moon 4 - Phase 4  
1st Phase

## 2

### Wednesday, May 9, 2012

Dhanus Rasi: 5.02      Tithi 19  
285217269

Routine Work      Marana Yoga  
Until 8:14PM then Amrita Yoga  
Until 12.28AM Thu then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddha Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika** 10:36AM – 12:10PM  
**Yama** 7:28AM – 9:02AM  
**Rahu** 12:10PM – 1:44PM

**Mula\* Until 8:14PM**  
Siddha Until 10:18PM  
Bava Until 9:13AM  
**Chaturthi\* Until 8:17PM**

Ganesha: Yellow      *Sunrise: 5:54AM*  
Muruga: White      *Sunset: 6:25PM*  
Nataraja: Clear  
Moon – Light Blue  
Vaisaka•Chaitra

**Sivaloka Day**

Rameswaram, India  
Sutra 27  
Nandana 5114  
Moon 4 - Phase 4  
1st Phase

## 3

### Thursday, May 10, 2012

Dhanus Rasi: 19.25      Tithi 20 – 21  
285217269

Creative Work      Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya Yoga Kaulava/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 9:02AM – 10:36AM  
**Yama** 5:54AM – 7:28AM  
**Rahu** 1:44PM – 3:17PM

**Purvashadha\* Until 6:26PM**  
Sadhya Until 7:05PM  
Kaulava Until 6:36AM  
**Panchami Until 5:40PM**

Ganesha: Yellow      *Sunrise: 5:54AM*  
Muruga: White      *Sunset: 6:25PM*  
Nataraja: Clear  
Moon – Light Blue  
Vaisaka•Chaitra

**Sivaloka Day**

Rameswaram, India  
Sutra 28  
Nandana 5114  
Moon 4 - Phase 4  
1st Phase

## 4

### Friday, May 11, 2012

Makara Rasi: 3.22      Tithi 21 – 22  
285217269

Creative Work      Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Subha/Sukla Yoga Vanija/Visti\* Karana Shasthi/Saptami Yam Titau

**Gulika** 7:28AM – 9:02AM  
**Yama** 3:17PM – 4:51PM  
**Rahu** 10:36AM – 12:10PM

**Uttarashadha Until 5:22PM**  
Subha Until 5:18PM  
Visti Until 2:56AM Sat  
**Shasthi\* Until 3:51PM**

Ganesha: Yellow      *Sunrise: 5:54AM*  
Muruga: White      *Sunset: 6:25PM*  
Nataraja: Clear  
Moon – Light Blue  
Vaisaka•Chaitra

**Sivaloka Day**

Rameswaram, India  
Sutra 29  
Nandana 5114  
Moon 4 - Phase 4  
1st Phase

## 5

### Saturday, May 12, 2012

Makara Rasi: 16.53      Tithi 22 – 23  
295217269

Creative Work      Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika** 5:54AM – 7:28AM  
**Yama** 1:44PM – 3:18PM  
**Rahu** 9:02AM – 10:36AM

**Sravana Until 5:55PM**  
Sukla Until 3:20PM  
Balava Until 3:35AM Sun  
**Saptami Until 3:35PM**

Ganesha: Blue      *Sunrise: 5:54AM*  
Muruga: White      *Sunset: 6:25PM*  
Nataraja: Clear  
Moon – Purple  
Vaisaka•Chaitra

**Devaloka Day**

Rameswaram, India  
Sutra 30  
Nandana 5114  
Moon 4 - Phase 4  
1st Phase

**Chidambaram Abhishekam**



## Sunday, May 13, 2012 Retreat Star

Makara Rasi: 29.59      Tithi 23 – 24  
295217269

Creative Work      Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Dhanishtha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika** 3:18PM – 4:52PM  
**Yama** 12:10PM – 1:44PM  
**Rahu** 4:52PM – 6:26PM

**Dhanishtha Until 6:21PM**  
Brahma Until 2:05PM  
Taitila Until 3:19AM Mon  
**Ashtami\* Until 3:19PM**

Ganesha: Blue      *Sunrise: 5:54AM*  
Muruga: White      *Sunset: 6:26PM*  
Nataraja: Clear  
Moon – Purple  
Vaisaka•Chaitra

**Devaloka Day**

Rameswaram, India  
Sutra 31  
Nandana 5114  
Moon 4 - Phase 4  
Ashtami

**Mother's Day**

## Monday, May 14, 2012 Retreat Star

Kumbha Rasi: 12.43      Tithi 24 – 25  
295217269

Family Home Evening  
Creative Work      Siddha Yoga  
Until 8:34PM then no yoga  
Until 12.28AM Tue then Marana Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Satabhisha Nakshatra Indra/Vaidhriti\* Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau

**Gulika** 1:44PM – 3:18PM  
**Yama** 10:36AM – 12:10PM  
**Rahu** 7:28AM – 9:02AM

**Satabhisha Until 8:34PM**  
Indra Until 2:02PM  
Vanija Until 5:46AM Tue  
**Navami\* Until 4:40PM**

Ganesha: Blue      *Sunrise: 5:53AM*  
Muruga: White      *Sunset: 6:26PM*  
Nataraja: Clear  
Moon – Purple  
Vaisaka•Vaikasi

**Devaloka Day**

Rameswaram, India  
Sutra 32  
Nandana 5114  
Moon 4 - Phase 4  
Navami

|                                                                                                  |               |                                                                                                                                                                                                             |                                                                                                |                                                                                                                                       |                                                                                        |                                                                    |
|--------------------------------------------------------------------------------------------------|---------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| <b>1</b> Tuesday, May 15, 2012                                                                   |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dasami/Ekadas* Yam Titau |                                                                                                |                                                                                                                                       |                                                                                        | Rameswaram, India                                                  |
| Kumbha Rasi: 25.09                                                                               | Tithi 25 – 26 | 215217269                                                                                                                                                                                                   | <b>Gulika</b> 12:10PM – 1:44PM<br><b>Yama</b> 9:01AM – 10:36AM<br><b>Rahu</b> 3:18PM – 4:52PM  | Purvaprostapada* Until 10:22PM<br>Vaidhriti* Until 1:54PM<br>Bava Until 6:55AM Wed<br>Dasami Until 5:49PM                             | Ganesha: White<br>Muruga: White<br>Nataraja: Clear<br>Moon – Clear<br>Vaisaka*Vaikasi  | Sunrise: 5:53AM<br>Sunset: 6:26PM<br>Moon 4 - Phase 5<br>2nd Phase |
| Routine Work Marana Yoga<br>Until 10:22PM then Amrita Yoga<br>Until 12.28AM Wed then Siddha Yoga |               |                                                                                                                                                                                                             |                                                                                                |                                                                                                                                       | Devaloka Day                                                                           |                                                                    |
| <b>2</b> Wednesday, May 16, 2012                                                                 |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraprostapada Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Ekadas* Yam Titau               |                                                                                                |                                                                                                                                       |                                                                                        | Rameswaram, India                                                  |
| Meena Rasi: 7.21                                                                                 | Tithi 26      | 215217269                                                                                                                                                                                                   | <b>Gulika</b> 10:36AM – 12:10PM<br><b>Yama</b> 7:27AM – 9:01AM<br><b>Rahu</b> 12:10PM – 1:44PM | Uttaraprostapada Until 12:38AM Thu<br>Vishkambha* Until 2:13PM<br>Bava Until 6:24AM<br>Ekadas* Until 7:29PM                           | Ganesha: White<br>Muruga: White<br>Nataraja: Clear<br>Moon – Clear<br>Vaisaka*Vaikasi  | Sunrise: 5:53AM<br>Sunset: 6:26PM<br>Moon 4 - Phase 5<br>2nd Phase |
| Creative Work Siddha Yoga                                                                        |               |                                                                                                                                                                                                             |                                                                                                |                                                                                                                                       | Devaloka Day                                                                           |                                                                    |
| <b>3</b> Thursday, May 17, 2012                                                                  |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvadas* Yam Titau                         |                                                                                                |                                                                                                                                       |                                                                                        | Rameswaram, India                                                  |
| Meena Rasi: 19.22                                                                                | Tithi 27      | 216217269                                                                                                                                                                                                   | <b>Gulika</b> 9:01AM – 10:36AM<br><b>Yama</b> 5:53AM – 7:27AM<br><b>Rahu</b> 1:44PM – 3:18PM   | Revati Until 3:15AM Fri<br>Priti Until 2:52PM<br>Kaulava Until 8:27AM<br>Dvadas* Until 9:32PM                                         | Ganesha: Yellow<br>Muruga: White<br>Nataraja: Clear<br>Moon – Clear<br>Vaisaka*Vaikasi | Sunrise: 5:53AM<br>Sunset: 6:26PM<br>Moon 4 - Phase 5<br>2nd Phase |
| Creative Work Siddha Yoga<br>Until 3:15AM Fri then Amrita Yoga                                   |               |                                                                                                                                                                                                             |                                                                                                |                                                                                                                                       | Sivaloka Day                                                                           |                                                                    |
| <b>4</b> Friday, May 18, 2012                                                                    |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Asvini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodasi* Yam Titau                     |                                                                                                |                                                                                                                                       |                                                                                        | Rameswaram, India                                                  |
| Mesha Rasi: 1.16                                                                                 | Tithi 28      | 226217269                                                                                                                                                                                                   | <b>Gulika</b> 7:27AM – 9:01AM<br><b>Yama</b> 3:18PM – 4:52PM<br><b>Rahu</b> 10:36AM – 12:10PM  | Asvini Until 6:30AM Sat<br>Ayushman Until 3:44PM<br>Gara Until 10:47AM<br>Trayodasi* Until 11:52PM<br><i>Pradosha Vrata (Fasting)</i> | Ganesha: Red<br>Muruga: White<br>Nataraja: Clear<br>Moon – White<br>Vaisaka*Vaikasi    | Sunrise: 5:53AM<br>Sunset: 6:27PM<br>Moon 4 - Phase 5<br>2nd Phase |
| Creative Work Amrita Yoga<br>Until 12.28AM Sat then Siddha Yoga                                  |               |                                                                                                                                                                                                             |                                                                                                |                                                                                                                                       | Sivaloka Day                                                                           |                                                                    |
| <b>5</b> Saturday, May 19, 2012                                                                  |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Asvini/Bharani Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau          |                                                                                                |                                                                                                                                       |                                                                                        | Rameswaram, India                                                  |
| Mesha Rasi: 13.05                                                                                | Tithi 29      | 226217269                                                                                                                                                                                                   | <b>Gulika</b> 5:53AM – 7:27AM<br><b>Yama</b> 1:44PM – 3:18PM<br><b>Rahu</b> 9:01AM – 10:36AM   | Asvini Until 6:30AM<br>Saubhagya Until 4:45PM<br>Visti Until 1:17PM<br>Chaturdasi* Until 2:22AM Sun                                   | Ganesha: Red<br>Muruga: White<br>Nataraja: Clear<br>Moon – White<br>Vaisaka*Vaikasi    | Sunrise: 5:53AM<br>Sunset: 6:27PM<br>Moon 4 - Phase 5<br>2nd Phase |
| Creative Work Siddha Yoga<br>Until 12.28AM Sun then no yoga                                      |               |                                                                                                                                                                                                             |                                                                                                |                                                                                                                                       | Sivaloka Day                                                                           |                                                                    |
| <b>●</b> Sunday, May 20, 2012<br>Retreat Star                                                    |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sobhana Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau                  |                                                                                                |                                                                                                                                       |                                                                                        | Rameswaram, India                                                  |
| Mesha Rasi: 24.52                                                                                | Tithi 30      | 226217269                                                                                                                                                                                                   | <b>Gulika</b> 3:18PM – 4:53PM<br><b>Yama</b> 12:10PM – 1:44PM<br><b>Rahu</b> 4:53PM – 6:27PM   | Bharani Until 9:36AM<br>Sobhana Until 5:51PM<br>Catuspada Until 3:51PM<br>Amavasya* Until 4:57AM Mon                                  | Ganesha: Red<br>Muruga: White<br>Nataraja: Clear<br>Moon – White<br>Vaisaka*Vaikasi    | Sunrise: 5:53AM<br>Sunset: 6:27PM<br>Moon 4 - Phase 5<br>Amavasya  |
| No Yoga<br>Until 9:36AM then Siddha Yoga<br>Until 12.28AM Mon then no yoga                       |               |                                                                                                                                                                                                             | Annular Solar Eclipse                                                                          |                                                                                                                                       | Sivaloka Day                                                                           |                                                                    |
| <b>Monday, May 21, 2012</b><br>Retreat Star                                                      |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Athiganda* Yoga Kintughna* Karana Prathama* Yam Titau                         |                                                                                                |                                                                                                                                       |                                                                                        | Rameswaram, India                                                  |
| Vrishabha Rasi: 6.4                                                                              | Tithi 1       | 226217269                                                                                                                                                                                                   | <b>Gulika</b> 1:44PM – 3:19PM<br><b>Yama</b> 10:36AM – 12:10PM<br><b>Rahu</b> 7:27AM – 9:01AM  | Krittika Until 12:41PM<br>Athiganda* Until 6:55PM<br>Kintughna Until 6:25PM<br>Prathama* Until 7:47AM Tue                             | Ganesha: Red<br>Muruga: White<br>Nataraja: Clear<br>Moon – White<br>Jyeshtha*Vaikasi   | Sunrise: 5:53AM<br>Sunset: 6:27PM<br>Moon 4 - Phase 5<br>Prathama  |
| Family Home Evening<br>No Yoga<br>Until 12:41PM then Amrita Yoga                                 |               |                                                                                                                                                                                                             |                                                                                                |                                                                                                                                       | Sivaloka Day                                                                           |                                                                    |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mr̥igendra Agama Jnana Pada 5.A1. MA, 138

All times are standard time

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|                                      |  |  |                                                                                                                                                                                                    |                                     |                                        |                  |                   |  |
|--------------------------------------|--|--|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------|----------------------------------------|------------------|-------------------|--|
| 1<br>Tuesday, May 22, 2012           |  |  | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Sukarma Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau      |                                     |                                        |                  | Rameswaram, India |  |
| Vrishabha Rasi: 18.29    Tithi 1 – 2 |  |  | <b>Gulika</b> 12:10PM – 1:44PM                                                                                                                                                                     | <b>Rohini</b> Until 3:41PM          | Ganesha: Yellow <i>Sunrise:</i> 5:52AM | Sutra 40         |                   |  |
| 236217269                            |  |  | <b>Yama</b> 9:01AM – 10:36AM                                                                                                                                                                       | Sukarma Until 7:54PM                | Muruga: White <i>Sunset:</i> 6:27PM    | Nandana 5114     |                   |  |
| Creative Work    Amrita Yoga         |  |  | <b>Rahu</b> 3:19PM – 4:53PM                                                                                                                                                                        | Balava Until 8:52PM                 | Nataraja: Clear                        | Moon 4 - Phase 6 |                   |  |
| Until 3:41PM then Siddha Yoga        |  |  |                                                                                                                                                                                                    | Prathama* Until 7:47AM              | Moon – Yellow                          | 3rd Phase        |                   |  |
|                                      |  |  |                                                                                                                                                                                                    |                                     | Jyeshtha*Vaikasi                       | Sivaloka Day     |                   |  |
| 2<br>Wednesday, May 23, 2012         |  |  | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mrigasira Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau              |                                     |                                        |                  | Rameswaram, India |  |
| Mithuna Rasi: 0.25    Tithi 2 – 3    |  |  | <b>Gulika</b> 10:36AM – 12:10PM                                                                                                                                                                    | <b>Mrigasira</b> Until 6:30PM       | Ganesha: Yellow <i>Sunrise:</i> 5:52AM | Sutra 41         |                   |  |
| 236217269                            |  |  | <b>Yama</b> 7:27AM – 9:01AM                                                                                                                                                                        | Dhriti Until 8:44PM                 | Muruga: White <i>Sunset:</i> 6:28PM    | Nandana 5114     |                   |  |
| Creative Work    Siddha Yoga         |  |  | <b>Rahu</b> 12:10PM – 1:44PM                                                                                                                                                                       | Taitila Until 11:08PM               | Nataraja: Clear                        | Moon 4 - Phase 6 |                   |  |
| Until 12.28AM Thu then Marana Yoga   |  |  |                                                                                                                                                                                                    | Dvitiya Until 10:02AM               | Moon – Yellow                          | 3rd Phase        |                   |  |
|                                      |  |  |                                                                                                                                                                                                    |                                     | Jyeshtha*Vaikasi                       | Sivaloka Day     |                   |  |
| 3<br>Thursday, May 24, 2012          |  |  | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau                    |                                     |                                        |                  | Rameswaram, India |  |
| Mithuna Rasi: 12.29    Tithi 3 – 4   |  |  | <b>Gulika</b> 9:01AM – 10:36AM                                                                                                                                                                     | <b>Ardra</b> Until 9:03PM           | Ganesha: Blue <i>Sunrise:</i> 5:52AM   | Sutra 42         |                   |  |
| 237217269                            |  |  | <b>Yama</b> 5:52AM – 7:27AM                                                                                                                                                                        | Shula* Until 9:19PM                 | Muruga: White <i>Sunset:</i> 6:28PM    | Nandana 5114     |                   |  |
| Routine Work    Marana Yoga          |  |  | <b>Rahu</b> 1:45PM – 3:19PM                                                                                                                                                                        | Vanija Until 1:06AM Fri             | Nataraja: Clear                        | Moon 4 - Phase 6 |                   |  |
| Until 9:03PM then Amrita Yoga        |  |  |                                                                                                                                                                                                    | Tritiya Until 12:01PM               | Moon – Yellow                          | 3rd Phase        |                   |  |
| Until 12.28AM Fri then Siddha Yoga   |  |  |                                                                                                                                                                                                    |                                     | Jyeshtha*Vaikasi                       | Devaloka Day     |                   |  |
| 4<br>Friday, May 25, 2012            |  |  | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau              |                                     |                                        |                  | Rameswaram, India |  |
| Mithuna Rasi: 24.42    Tithi 4 – 5   |  |  | <b>Gulika</b> 7:27AM – 9:01AM                                                                                                                                                                      | <b>Punarvasu</b> Until 11:15PM      | Ganesha: Blue <i>Sunrise:</i> 5:52AM   | Sutra 43         |                   |  |
| 347217269                            |  |  | <b>Yama</b> 3:19PM – 4:54PM                                                                                                                                                                        | Ganda* Until 9:35PM                 | Muruga: White <i>Sunset:</i> 6:28PM    | Nandana 5114     |                   |  |
| Creative Work    Siddha Yoga         |  |  | <b>Rahu</b> 10:36AM – 12:10PM                                                                                                                                                                      | Bava Until 2:42AM Sat               | Nataraja: Clear                        | Moon 4 - Phase 6 |                   |  |
| Until 11:15PM then Marana Yoga       |  |  |                                                                                                                                                                                                    | Chaturthi* Until 1:37PM             | Moon – Blue                            | 3rd Phase        |                   |  |
| Until 12.28AM Sat then Siddha Yoga   |  |  |                                                                                                                                                                                                    |                                     | Jyeshtha*Vaikasi                       | Devaloka Day     |                   |  |
| 5<br>Saturday, May 26, 2012          |  |  | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Pushya Nakshatra Vridhhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau               |                                     |                                        |                  | Rameswaram, India |  |
| Kataka Rasi: 7.09    Tithi 5 – 6     |  |  | <b>Gulika</b> 5:52AM – 7:27AM                                                                                                                                                                      | <b>Pushya</b> Until 11:35PM         | Ganesha: Blue <i>Sunrise:</i> 5:52AM   | Sutra 44         |                   |  |
| 347217269                            |  |  | <b>Yama</b> 1:45PM – 3:19PM                                                                                                                                                                        | Vridhhi Until 8:21PM                | Muruga: White <i>Sunset:</i> 6:28PM    | Nandana 5114     |                   |  |
| Creative Work    Siddha Yoga         |  |  | <b>Rahu</b> 9:01AM – 10:36AM                                                                                                                                                                       | Kaulava Until 2:01AM Sun            | Nataraja: Clear                        | Moon 4 - Phase 6 |                   |  |
| Until 11:35PM then Marana Yoga       |  |  |                                                                                                                                                                                                    | Panchami Until 2:01PM               | Moon – Blue                            | 3rd Phase        |                   |  |
| Until 12.28AM Sun then Siddha Yoga   |  |  |                                                                                                                                                                                                    |                                     | Jyeshtha*Vaikasi                       | Devaloka Day     |                   |  |
| 6<br>Sunday, May 27, 2012            |  |  | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Aslesha* Nakshatra Dhruva Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau                 |                                     |                                        |                  | Rameswaram, India |  |
| Kataka Rasi: 19.51    Tithi 6 – 7    |  |  | <b>Gulika</b> 3:20PM – 4:54PM                                                                                                                                                                      | <b>Aslesha*</b> Until 12:45AM Mon   | Ganesha: Blue <i>Sunrise:</i> 5:52AM   | Sutra 45         |                   |  |
| 347217269                            |  |  | <b>Yama</b> 12:10PM – 1:45PM                                                                                                                                                                       | Dhruva Until 7:47PM                 | Muruga: White <i>Sunset:</i> 6:29PM    | Nandana 5114     |                   |  |
| Creative Work    Siddha Yoga         |  |  | <b>Rahu</b> 4:54PM – 6:29PM                                                                                                                                                                        | Gara Until 2:32AM Mon               | Nataraja: Clear                        | Moon 4 - Phase 6 |                   |  |
|                                      |  |  |                                                                                                                                                                                                    | Shasthi* Until 2:32PM               | Moon – Blue                            | 3rd Phase        |                   |  |
|                                      |  |  |                                                                                                                                                                                                    |                                     | Jyeshtha*Vaikasi                       | Devaloka Day     |                   |  |
| D<br>Monday, May 28, 2012            |  |  | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha* Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau                |                                     |                                        |                  | Rameswaram, India |  |
| Retreat Star                         |  |  | <b>Gulika</b> 1:45PM – 3:20PM                                                                                                                                                                      | <b>Magha*</b> Until 1:21AM Tue      | Ganesha: Yellow <i>Sunrise:</i> 5:52AM | Sutra 46         |                   |  |
| Simha Rasi: 2.52    Tithi 7 – 8      |  |  | <b>Yama</b> 10:36AM – 12:11PM                                                                                                                                                                      | Vyaghata* Until 6:42PM              | Muruga: White <i>Sunset:</i> 6:29PM    | Nandana 5114     |                   |  |
| 357217269                            |  |  | <b>Rahu</b> 7:27AM – 9:01AM                                                                                                                                                                        | Visti Until 2:26AM Tue              | Nataraja: Clear                        | Moon 4 - Phase 6 |                   |  |
| Family Home Evening                  |  |  |                                                                                                                                                                                                    | Saptami Until 2:26PM                | Moon – Red                             | Ashtami          |                   |  |
| Creative Work    Siddha Yoga         |  |  |                                                                                                                                                                                                    |                                     | Jyeshtha*Vaikasi                       | Sivaloka Day     |                   |  |
| Tuesday, May 29, 2012                |  |  | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau |                                     |                                        |                  | Rameswaram, India |  |
| Retreat Star                         |  |  | <b>Gulika</b> 12:11PM – 1:45PM                                                                                                                                                                     | <b>Purvaphalguni*</b> Until 11:55PM | Ganesha: Yellow <i>Sunrise:</i> 5:52AM | Sutra 47         |                   |  |
| Simha Rasi: 16.13    Tithi 8 – 9     |  |  | <b>Yama</b> 9:02AM – 10:36AM                                                                                                                                                                       | Harshana Until 4:16PM               | Muruga: White <i>Sunset:</i> 6:29PM    | Nandana 5114     |                   |  |
| 357217269                            |  |  | <b>Rahu</b> 3:20PM – 4:55PM                                                                                                                                                                        | Balava Until 12:07AM Wed            | Nataraja: Clear                        | Moon 4 - Phase 6 |                   |  |
| Creative Work    Siddha Yoga         |  |  |                                                                                                                                                                                                    | Ashtami* Until 1:03PM               | Moon – Red                             | Navami           |                   |  |
| Until 11:55PM then Amrita Yoga       |  |  |                                                                                                                                                                                                    |                                     | Jyeshtha*Vaikasi                       | Sivaloka Day     |                   |  |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

All times are standard time

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|                                                                                                  |               |                                                                                                                                                                                                         |                                                                                                                                     |                                                                                         |                                                 |                                               |
|--------------------------------------------------------------------------------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------|-----------------------------------------------|
| <b>1</b> Wednesday, May 30, 2012                                                                 |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vajra* Siddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau        |                                                                                                                                     |                                                                                         |                                                 | Rameswaram, India<br>Sutra 48<br>Nandana 5114 |
| Simha Rasi: 29.58                                                                                | Tithi 9 – 10  | <b>Gulika</b> 10:36AM – 12:11PM<br><b>Yama</b> 7:27AM – 9:02AM<br><b>Rahu</b> 12:11PM – 1:46PM                                                                                                          | <b>Uttaraphalguni</b> Until 11:13PM<br>Vajra* Until 2:05PM<br>Taitila Until 10:40PM<br>Navami* Until 11:36AM                        | Ganesha: White<br>Muruga: White<br>Nataraja: Clear<br>Moon – Red<br>Jyeshtha*Vaikasi    | <i>Sunrise: 5:52AM</i><br><i>Sunset: 6:29PM</i> | Moon 4 - Phase 7<br>4th Phase                 |
| Creative Work Amrita Yoga<br>Until 11:13PM then Siddha Yoga<br>Until 12.29AM Thu then no yoga    |               | Subha Sivaloka Day                                                                                                                                                                                      |                                                                                                                                     |                                                                                         |                                                 |                                               |
| <b>2</b> Thursday, May 31, 2012                                                                  |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau                  |                                                                                                                                     |                                                                                         |                                                 | Rameswaram, India<br>Sutra 49<br>Nandana 5114 |
| Kanya Rasi: 14.05                                                                                | Tithi 10 – 11 | <b>Gulika</b> 9:02AM – 10:36AM<br><b>Yama</b> 5:52AM – 7:27AM<br><b>Rahu</b> 1:46PM – 3:20PM                                                                                                            | <b>Hasta</b> Until 8:47PM<br>Siddhi Until 11:16AM<br>Vanija Until 7:28PM<br>Dasami Until 9:11AM                                     | Ganesha: White<br>Muruga: White<br>Nataraja: Clear<br>Moon – Green<br>Jyeshtha*Vaikasi  | <i>Sunrise: 5:52AM</i><br><i>Sunset: 6:30PM</i> | Moon 4 - Phase 7<br>4th Phase                 |
| No Yoga<br>Until 8:47PM then Siddha Yoga                                                         |               | Devaloka Day                                                                                                                                                                                            |                                                                                                                                     |                                                                                         |                                                 |                                               |
| <b>3</b> Friday, June 1, 2012                                                                    |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Chitra Nakshatra Vyatipata*/Varyan Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau             |                                                                                                                                     |                                                                                         |                                                 | Rameswaram, India<br>Sutra 50<br>Nandana 5114 |
| Kanya Rasi: 28.36                                                                                | Tithi 11 – 12 | <b>Gulika</b> 7:27AM – 9:02AM<br><b>Yama</b> 3:21PM – 4:55PM<br><b>Rahu</b> 10:36AM – 12:11PM                                                                                                           | <b>Chitra</b> Until 6:55PM<br>Vyatipata* Until 7:45AM<br>Balava Until 3:06AM Sat<br>Ekadasi Until 6:32AM                            | Ganesha: White<br>Muruga: White<br>Nataraja: Clear<br>Moon – Green<br>Jyeshtha*Vaikasi  | <i>Sunrise: 5:52AM</i><br><i>Sunset: 6:30PM</i> | Moon 4 - Phase 7<br>4th Phase                 |
| Creative Work Siddha Yoga                                                                        |               | Devaloka Day                                                                                                                                                                                            |                                                                                                                                     |                                                                                         |                                                 |                                               |
| <b>4</b> Saturday, June 2, 2012                                                                  |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Svati/Visakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau                   |                                                                                                                                     |                                                                                         |                                                 | Rameswaram, India<br>Sutra 51<br>Nandana 5114 |
| Tula Rasi: 13.24                                                                                 | Tithi 13      | <b>Gulika</b> 5:52AM – 7:27AM<br><b>Yama</b> 1:46PM – 3:21PM<br><b>Rahu</b> 9:02AM – 10:37AM                                                                                                            | <b>Svati</b> Until 4:33PM<br>Parigha* Until 12:06AM Sun<br>Kaulava Until 1:39PM<br>Trayodasi Until 11:56PM<br><i>Pradosha Vrata</i> | Ganesha: White<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Green<br>Jyeshtha*Vaikasi  | <i>Sunrise: 5:52AM</i><br><i>Sunset: 6:30PM</i> | Moon 4 - Phase 7<br>4th Phase                 |
| Creative Work Siddha Yoga<br>Until 12.29AM Sun then Marana Yoga                                  |               | Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM                                                                                                                                                              |                                                                                                                                     |                                                                                         |                                                 |                                               |
| <b>5</b> Sunday, June 3, 2012                                                                    |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdasi* Yam Titau                     |                                                                                                                                     |                                                                                         |                                                 | Rameswaram, India<br>Sutra 52<br>Nandana 5114 |
| Tula Rasi: 28.25                                                                                 | Tithi 14      | <b>Gulika</b> 3:21PM – 4:56PM<br><b>Yama</b> 12:12PM – 1:46PM<br><b>Rahu</b> 4:56PM – 6:30PM                                                                                                            | <b>Visakha</b> Until 1:52PM<br>Shiva Until 8:08PM<br>Gara Until 10:08AM<br>Chaturdasi* Until 8:25PM                                 | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Orange<br>Jyeshtha*Vaikasi | <i>Sunrise: 5:53AM</i><br><i>Sunset: 6:30PM</i> | Moon 4 - Phase 7<br>4th Phase                 |
| Routine Work Marana Yoga<br>Until 12.30AM Mon then Siddha Yoga                                   |               | Devaloka Day                                                                                                                                                                                            |                                                                                                                                     |                                                                                         |                                                 |                                               |
| <b>○</b> Monday, June 4, 2012<br>Copper Retreat Star                                             |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Visti*/Balava Karana Purnima*/Prathama* Yam Titau |                                                                                                                                     |                                                                                         |                                                 | Rameswaram, India<br>Sutra 53<br>Nandana 5114 |
| Vrischika Rasi: 13.3                                                                             | Tithi 15 – 16 | <b>Gulika</b> 1:46PM – 3:21PM<br><b>Yama</b> 10:37AM – 12:12PM<br><b>Rahu</b> 7:27AM – 9:02AM                                                                                                           | <b>Anuradha</b> Until 11:04AM<br>Siddha Until 4:04PM<br>Visti Until 6:29AM<br>Purnima* Until 4:46PM                                 | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Orange<br>Jyeshtha*Vaikasi | <i>Sunrise: 5:53AM</i><br><i>Sunset: 6:31PM</i> | Moon 4 - Phase 7<br>Purnima                   |
| Family Home Evening 378327269<br>Creative Work Siddha Yoga                                       |               | Devaloka Day                                                                                                                                                                                            |                                                                                                                                     |                                                                                         |                                                 |                                               |
| <b>Partial Lunar Eclipse</b>                                                                     |               |                                                                                                                                                                                                         |                                                                                                                                     |                                                                                         |                                                 |                                               |
| <b>Tuesday, June 5, 2012</b><br>Silver Retreat Star                                              |               | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau |                                                                                                                                     |                                                                                         |                                                 | Rameswaram, India<br>Sutra 54<br>Nandana 5114 |
| Vrischika Rasi: 28.31                                                                            | Tithi 16 – 17 | <b>Gulika</b> 12:12PM – 1:47PM<br><b>Yama</b> 9:02AM – 10:37AM<br><b>Rahu</b> 3:21PM – 4:56PM                                                                                                           | <b>Jyeshtha*</b> Until 8:22AM<br>Sadhya Until 12:07PM<br>Taitila Until 11:31PM<br>Prathama* Until 1:14PM                            | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Orange<br>Jyeshtha*Vaikasi | <i>Sunrise: 5:53AM</i><br><i>Sunset: 6:31PM</i> | Moon 4 - Phase 7<br>Prathama                  |
| Creative Work Siddha Yoga<br>Until 8:22AM then Amrita Yoga<br>Until 12.30AM Wed then Marana Yoga |               | Devaloka Day                                                                                                                                                                                            |                                                                                                                                     |                                                                                         |                                                 |                                               |

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death.  
Shukla Yajur Veda, Isau 3. bo UpR, 570

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## Wednesday, June 6, 2012

### Gold Retreat Star

Dhanus Rasi: 13.2 Tithi 17 – 18  
389327261  
Creative Work Amrita Yoga  
Until 12.30AM Thu then Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 10:37AM – 12:12PM  
**Yama** 7:28AM – 9:02AM  
**Rahu** 12:12PM – 1:47PM  
Purvashadha\* Until 4:52AM Thu  
Subha Until 8:37AM  
Vanija Until 8:20PM  
Dvitiya Until 10:03AM

Ganesha: Clear *Sunrise: 5:53AM*  
Muruga: Clear *Sunset: 6:31PM*  
Nataraja: Clear  
Moon – Light Blue  
Jyeshtha\*Vaikasi  
Devaloka Day

Rameswaram, India  
Sun 1 Sutra 55  
Nandana 5114  
Moon 5 - Phase 8  
1st Phase

# 1

## Thursday, June 7, 2012

Dhanus Rasi: 27.49 Tithi 18 – 19  
389327261  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 9:03AM – 10:37AM  
**Yama** 5:53AM – 7:28AM  
**Rahu** 1:47PM – 3:22PM  
Uttarashadha Until 2:53AM Fri  
Brahma Until 2:35AM Fri  
Bava Until 6:37PM  
Tritiya Until 7:33AM

Ganesha: Clear *Sunrise: 5:53AM*  
Muruga: Clear *Sunset: 6:32PM*  
Nataraja: Clear  
Moon – Light Blue  
Jyeshtha\*Vaikasi  
Devaloka Day

Rameswaram, India  
Sun 2 Sutra 56  
Nandana 5114  
Moon 5 - Phase 8  
1st Phase

# 2

## Friday, June 8, 2012

Makara Rasi: 11.54 Tithi 20  
389327261  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Sravana Nakshatra Indra Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 7:28AM – 9:03AM  
**Yama** 3:22PM – 4:57PM  
**Rahu** 10:38AM – 12:12PM  
Sravana Until 1:36AM Sat  
Indra Until 11:51PM  
Kaulava Until 4:33PM  
Panchami Until 3:38AM Sat

Ganesha: Purple *Sunrise: 5:53AM*  
Muruga: Clear *Sunset: 6:32PM*  
Nataraja: Clear  
Moon – Purple  
Jyeshtha\*Vaikasi  
Sivaloka Day

Rameswaram, India  
Sun 3 Sutra 57  
Nandana 5114  
Moon 5 - Phase 8  
1st Phase

# 3

## Saturday, June 9, 2012

Makara Rasi: 25.32 Tithi 21  
389327261  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha Nakshatra Vaidhriti\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 5:53AM – 7:28AM  
**Yama** 1:47PM – 3:22PM  
**Rahu** 9:03AM – 10:38AM  
Dhanishtha Until 2:33AM Sun  
Vaidhriti\* Until 10:58PM  
Gara Until 4:04PM  
Shasthi\* Until 4:04AM Sun

Ganesha: Purple *Sunrise: 5:53AM*  
Muruga: Clear *Sunset: 6:32PM*  
Nataraja: Clear  
Moon – Purple  
Jyeshtha\*Vaikasi  
Sivaloka Day

Rameswaram, India  
Sun 4 Sutra 58  
Nandana 5114  
Moon 5 - Phase 8  
1st Phase

# 4

## Sunday, June 10, 2012

Kumbha Rasi: 8.44 Tithi 22  
389327261  
Creative Work Siddha Yoga  
Until 2:48AM Mon then no yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Satabhisha Nakshatra Vishkambha\* Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 3:23PM – 4:57PM  
**Yama** 12:13PM – 1:48PM  
**Rahu** 4:57PM – 6:32PM  
Satabhisha Until 2:48AM Mon  
Vishkambha\* Until 9:34PM  
Visti Until 3:35PM  
Saptami Until 3:35AM Mon

Ganesha: Purple *Sunrise: 5:53AM*  
Muruga: Clear *Sunset: 6:32PM*  
Nataraja: Clear  
Moon – Purple  
Jyeshtha\*Vaikasi  
Sivaloka Day

Rameswaram, India  
Sun 5 Sutra 59  
Nandana 5114  
Moon 5 - Phase 8  
1st Phase

# D

## Monday, June 11, 2012

### Retreat Star

Kumbha Rasi: 21.32 Tithi 23  
Family Home Evening 319327261  
No Yoga  
Until 12.31AM Tue then Marana Yoga  
Until 5:37AM Tue then Amrita Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprostapada\* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 1:48PM – 3:23PM  
**Yama** 10:38AM – 12:13PM  
**Rahu** 7:28AM – 9:03AM  
Purvaprostapada\* Until 5:37AM Tue  
Priti Until 9:59PM  
Balava Until 4:48PM  
Ashtami\* Until 5:54AM Tue

Ganesha: Blue *Sunrise: 5:53AM*  
Muruga: Clear *Sunset: 6:33PM*  
Nataraja: Clear  
Moon – Clear  
Jyeshtha\*Vaikasi  
Sivaloka Day

Rameswaram, India  
Sun 6 Sutra 60  
Nandana 5114  
Moon 5 - Phase 8  
Ashtami

## Tuesday, June 12, 2012

### Retreat Star

Meena Rasi: 3.59 Tithi 24  
319327261  
Creative Work Amrita Yoga  
Until 12.31AM Wed then Siddha Yoga  
Until 7:01AM Wed then Marana Yoga

Nandana Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada Nakshatra Ayushman Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 12:13PM – 1:48PM  
**Yama** 9:03AM – 10:38AM  
**Rahu** 3:23PM – 4:58PM  
Uttaraprostapada Until 7:01AM Wed  
Ayushman Until 9:51PM  
Taitila Until 5:54PM  
Navami\* Until 6:31AM Wed

Ganesha: Blue *Sunrise: 5:54AM*  
Muruga: Clear *Sunset: 6:33PM*  
Nataraja: Clear  
Moon – Clear  
Jyeshtha\*Vaikasi  
Sivaloka Day

Rameswaram, India  
Sun 7 Sutra 61  
Nandana 5114  
Moon 5 - Phase 8  
Navami

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. %ig Veda Sanhita 2.28.5. VE,514

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|-------------------------------------------------------------------------------------|---------------|--------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------|-------------------|
| <b>1</b>                                                                            |               | Wednesday, June 13, 2012 | Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraprostapada/Revati Nakshatra Saubhagya Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau |                                      | Rameswaram, India |
| Meena Rasi: 16.1                                                                    | Tithi 24 – 25 | 319327261                | <b>Gulika</b> 10:38AM – 12:13PM                                                                                                                                                                     | <b>Uttaraprostapada</b> Until 7:01AM | Sun 8 Sutra 62    |
|                                                                                     |               |                          | <b>Yama</b> 7:29AM – 9:04AM                                                                                                                                                                         | Saubhagya Until 10:14PM              | Nandana 5114      |
|                                                                                     |               |                          | <b>Rahu</b> 12:13PM – 1:48PM                                                                                                                                                                        | Vanija Until 7:36PM                  | Moon 5 - Phase 9  |
| Creative Work                                                                       | Siddha Yoga   |                          |                                                                                                                                                                                                     | Navami* Until 6:31AM                 | 2nd Phase         |
| Until 7:01AM then Marana Yoga                                                       |               |                          |                                                                                                                                                                                                     |                                      |                   |
| Until 12.31AM Thu then Siddha Yoga                                                  |               |                          |                                                                                                                                                                                                     |                                      | Sivaloka Day      |
| <b>2</b>                                                                            |               | Thursday, June 14, 2012  | Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Revati/Asvini Nakshatra Sobhana Yoga Visti*/Bava Karana Dasami/Ekadas* Yam Titau                |                                      | Rameswaram, India |
| Meena Rasi: 28.08                                                                   | Tithi 25 – 26 | 311327261                | <b>Gulika</b> 9:04AM – 10:39AM                                                                                                                                                                      | <b>Revati</b> Until 9:44AM           | Sun 9 Sutra 63    |
|                                                                                     |               |                          | <b>Yama</b> 5:54AM – 7:29AM                                                                                                                                                                         | Sobhana Until 10:58PM                | Nandana 5114      |
|                                                                                     |               |                          | <b>Rahu</b> 1:49PM – 3:23PM                                                                                                                                                                         | Bava Until 9:44PM                    | Moon 5 - Phase 9  |
| Creative Work                                                                       | Siddha Yoga   |                          |                                                                                                                                                                                                     | Dasami Until 8:39AM                  | 2nd Phase         |
| Until 9:44AM then Amrita Yoga                                                       |               |                          |                                                                                                                                                                                                     |                                      |                   |
|                                                                                     |               |                          |                                                                                                                                                                                                     |                                      | Sivaloka Day      |
| <b>3</b>                                                                            |               | Friday, June 15, 2012    | Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Asvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadas*/Dvadas* Yam Titau       |                                      | Rameswaram, India |
| Mesha Rasi: 9.59                                                                    | Tithi 26 – 27 | 321327261                | <b>Gulika</b> 7:29AM – 9:04AM                                                                                                                                                                       | <b>Asvini</b> Until 12:42PM          | Sun 10 Sutra 64   |
|                                                                                     |               |                          | <b>Yama</b> 3:24PM – 4:59PM                                                                                                                                                                         | Athiganda* Until 11:57PM             | Nandana 5114      |
|                                                                                     |               |                          | <b>Rahu</b> 10:39AM – 12:14PM                                                                                                                                                                       | Kaulava Until 12:09AM Sat            | Moon 5 - Phase 9  |
| Creative Work                                                                       | Amrita Yoga   |                          |                                                                                                                                                                                                     | Ekadas* Until 11:04AM                | 2nd Phase         |
| Until 12:42PM then Siddha Yoga                                                      |               |                          |                                                                                                                                                                                                     |                                      |                   |
|                                                                                     |               |                          |                                                                                                                                                                                                     |                                      | Devaloka Day      |
| <b>4</b>                                                                            |               | Saturday, June 16, 2012  | Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Sukarma Yoga Tautila/Gara Karana Dvadas*/Trayodasi* Yam Titau       |                                      | Rameswaram, India |
| Mesha Rasi: 21.46                                                                   | Tithi 27 – 28 | 321327261                | <b>Gulika</b> 5:54AM – 7:29AM                                                                                                                                                                       | <b>Bharani</b> Until 3:48PM          | Sun 11 Sutra 65   |
|                                                                                     |               |                          | <b>Yama</b> 1:49PM – 3:24PM                                                                                                                                                                         | Sukarma Until 1:02AM Sun             | Nandana 5114      |
|                                                                                     |               |                          | <b>Rahu</b> 9:04AM – 10:39AM                                                                                                                                                                        | Gara Until 2:42AM Sun                | Moon 5 - Phase 9  |
| Creative Work                                                                       | Siddha Yoga   |                          |                                                                                                                                                                                                     | Dvadas* Until 1:37PM                 | 2nd Phase         |
| Until 3:48PM then Amrita Yoga                                                       |               |                          |                                                                                                                                                                                                     |                                      |                   |
| Until 12.32AM Sun then Siddha Yoga                                                  |               |                          |                                                                                                                                                                                                     |                                      | Devaloka Day      |
|                                                                                     |               |                          |                                                                                                                                                                                                     | <i>Pradosha Vrata (Fasting)</i>      |                   |
| <b>5</b>                                                                            |               | Sunday, June 17, 2012    | Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau           |                                      | Rameswaram, India |
| Vrishabha Rasi: 3.33                                                                | Tithi 28 – 29 | 321327261                | <b>Gulika</b> 3:24PM – 4:59PM                                                                                                                                                                       | <b>Krittika</b> Until 6:54PM         | Sun 12 Sutra 66   |
|                                                                                     |               |                          | <b>Yama</b> 12:14PM – 1:49PM                                                                                                                                                                        | Dhriti Until 2:08AM Mon              | Nandana 5114      |
|                                                                                     |               |                          | <b>Rahu</b> 4:59PM – 6:34PM                                                                                                                                                                         | Visti Until 5:15AM Mon               | Moon 5 - Phase 9  |
| Creative Work                                                                       | Siddha Yoga   |                          |                                                                                                                                                                                                     | Trayodasi* Until 4:09PM              | 2nd Phase         |
| Until 12.32AM Mon then Amrita Yoga                                                  |               |                          |                                                                                                                                                                                                     |                                      |                   |
|                                                                                     |               |                          | <b>Father's Day</b>                                                                                                                                                                                 |                                      | Devaloka Day      |
| <b>6</b>                                                                            |               | Monday, June 18, 2012    | Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Shula* Yoga Sakuni* Karana Chaturdasi* Yam Titau                               |                                      | Rameswaram, India |
| Vrishabha Rasi: 15.24                                                               | Tithi 29      | 331327261                | <b>Gulika</b> 1:49PM – 3:24PM                                                                                                                                                                       | <b>Rohini</b> Until 9:52PM           | Sun 13 Sutra 67   |
| Family Home Evening                                                                 |               |                          | <b>Yama</b> 10:40AM – 12:14PM                                                                                                                                                                       | Shula* Until 3:07AM Tue              | Nandana 5114      |
| Creative Work                                                                       | Amrita Yoga   |                          | <b>Rahu</b> 7:30AM – 9:05AM                                                                                                                                                                         | Sakuni Until 7:40AM Tue              | Moon 5 - Phase 9  |
| Until 12.33AM Tue then Siddha Yoga                                                  |               |                          |                                                                                                                                                                                                     | Chaturdasi* Until 6:35PM             | 2nd Phase         |
|                                                                                     |               |                          |                                                                                                                                                                                                     |                                      |                   |
|                                                                                     |               |                          |                                                                                                                                                                                                     |                                      | Devaloka Day      |
|  |               | Tuesday, June 19, 2012   | Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigasira Nakshatra Ganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau                  |                                      | Rameswaram, India |
| Vrishabha Rasi: 27.21                                                               | Tithi 30      | 331327261                | <b>Gulika</b> 12:15PM – 1:50PM                                                                                                                                                                      | <b>Mrigasira</b> Until 12:38AM Wed   | Sun 14 Sutra 68   |
|                                                                                     |               |                          | <b>Yama</b> 9:05AM – 10:40AM                                                                                                                                                                        | Ganda* Until 3:54AM Wed              | Nandana 5114      |
|                                                                                     |               |                          | <b>Rahu</b> 3:25PM – 5:00PM                                                                                                                                                                         | Catuspada Until 7:41AM               | Moon 5 - Phase 9  |
| Creative Work                                                                       | Siddha Yoga   |                          |                                                                                                                                                                                                     | Amavasya* Until 8:46PM               | Amavasya          |
|                                                                                     |               |                          |                                                                                                                                                                                                     |                                      |                   |
|                                                                                     |               |                          |                                                                                                                                                                                                     |                                      | Devaloka Day      |
| <b>Wednesday, June 20, 2012</b>                                                     |               |                          | Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathama* Yam Titau                          |                                      | Rameswaram, India |
| Mithuna Rasi: 9.27                                                                  | Tithi 1       | 331327261                | <b>Gulika</b> 10:40AM – 12:15PM                                                                                                                                                                     | <b>Ardra</b> Until 3:06AM Thu        | Sun 15 Sutra 69   |
|                                                                                     |               |                          | <b>Yama</b> 7:30AM – 9:05AM                                                                                                                                                                         | Vriddhi Until 4:25AM Thu             | Nandana 5114      |
|                                                                                     |               |                          | <b>Rahu</b> 12:15PM – 1:50PM                                                                                                                                                                        | Kintughna Until 9:33AM               | Moon 5 - Phase 9  |
| Creative Work                                                                       | Siddha Yoga   |                          |                                                                                                                                                                                                     | Prathama* Until 10:38PM              | Prathama          |
| Until 12.33AM Thu then Marana Yoga                                                  |               |                          |                                                                                                                                                                                                     |                                      |                   |
| Until 3:06AM Thu then Amrita Yoga                                                   |               |                          |                                                                                                                                                                                                     |                                      | Devaloka Day      |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94

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|                                    |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
|------------------------------------|-------------|---------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|
| <b>1</b>                           |             | <b>Thursday, June 21, 2012</b>  | Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiya Yam Titau                          |                                                                                                                | Rameswaram, India<br>Sun 16 Sutra 70<br>Nandana 5114                             |
| Mithuna Rasi: 21.44                | Tithi 2     | 341327261                       | <b>Gulika</b> 9:05AM – 10:40AM<br><b>Yama</b> 5:55AM – 7:30AM<br><b>Rahu</b> 1:50PM – 3:25PM                                                                                                       | Punarvasu Until 5:12AM Fri<br>Dhruva Until 4:36AM Fri<br>Balava Until 10:36AM<br>Dvitiya Until 10:36PM         | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Blue<br>Ashada*Ani  |
| Creative Work                      | Amrita Yoga |                                 |                                                                                                                                                                                                    |                                                                                                                | Sunrise: 5:55AM<br>Sunset: 6:35PM<br>Devaloka Day                                |
| Until 12.33AM Fri then Siddha Yoga |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| Until 5:12AM Fri then Marana Yoga  |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| <b>2</b>                           |             | <b>Friday, June 22, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya Nakshatra Vyaghata* Yoga Tailila/Gara Karana Tritiya Yam Titau                          |                                                                                                                | Rameswaram, India<br>Sun 17 Sutra 71<br>Nandana 5114                             |
| Kataka Rasi: 4.13                  | Tithi 3     | 341327261                       | <b>Gulika</b> 7:30AM – 9:05AM<br><b>Yama</b> 3:25PM – 5:00PM<br><b>Rahu</b> 10:40AM – 12:15PM                                                                                                      | Pushya Until 5:00AM Sat<br>Vyaghata* Until 2:49AM Sat<br>Tailila Until 11:32AM<br>Tritiya Until 11:32PM        | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Blue<br>Ashada*Ani  |
| Routine Work                       | Marana Yoga |                                 |                                                                                                                                                                                                    |                                                                                                                | Sunrise: 5:56AM<br>Sunset: 6:35PM<br>Devaloka Day                                |
| Until 12.33AM Sat then Siddha Yoga |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| Until 5:00AM Sat then Marana Yoga  |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| <b>3</b>                           |             | <b>Saturday, June 23, 2012</b>  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Aslesha* Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturthi* Yam Titau                     |                                                                                                                | Rameswaram, India<br>Sun 18 Sutra 72<br>Nandana 5114                             |
| Kataka Rasi: 16.55                 | Tithi 4     | 341327261                       | <b>Gulika</b> 5:56AM – 7:31AM<br><b>Yama</b> 1:50PM – 3:25PM<br><b>Rahu</b> 9:06AM – 10:41AM                                                                                                       | Aslesha* Until 6:18AM Sun<br>Harshana Until 2:16AM Sun<br>Vanija Until 12:03PM<br>Chaturthi* Until 12:03AM Sun | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Blue<br>Ashada*Ani  |
| Routine Work                       | Marana Yoga |                                 |                                                                                                                                                                                                    |                                                                                                                | Sunrise: 5:56AM<br>Sunset: 6:35PM<br>Devaloka Day                                |
| Until 12.34AM Sun then Siddha Yoga |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| Until 6:18AM Sun then Marana Yoga  |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| <b>4</b>                           |             | <b>Sunday, June 24, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Aslesha*/Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchami Yam Titau                    |                                                                                                                | Rameswaram, India<br>Sun 19 Sutra 73<br>Nandana 5114                             |
| Kataka Rasi: 29.5                  | Tithi 5     | 342427261                       | <b>Gulika</b> 3:26PM – 5:01PM<br><b>Yama</b> 12:16PM – 1:51PM<br><b>Rahu</b> 5:01PM – 6:36PM                                                                                                       | Aslesha* Until 6:18AM<br>Vajra* Until 1:20AM Mon<br>Bava Until 12:06PM<br>Panchami Until 12:06AM Mon           | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Blue<br>Ashada*Ani  |
| Creative Work                      | Siddha Yoga |                                 |                                                                                                                                                                                                    |                                                                                                                | Sunrise: 5:56AM<br>Sunset: 6:36PM<br>Devaloka Day                                |
| Until 6:18AM then Marana Yoga      |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| Until 12.34AM Mon then Siddha Yoga |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| <b>5</b>                           |             | <b>Monday, June 25, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Magha*/Purvaphalguni* Nakshatra Siddhi Yoga Kaulava/Tailila Karana Shasthi* Yam Titau           |                                                                                                                | Rameswaram, India<br>Sun 20 Sutra 74<br>Nandana 5114                             |
| Simha Rasi: 13                     | Tithi 6     | 352427261                       | <b>Gulika</b> 1:51PM – 3:26PM<br><b>Yama</b> 10:41AM – 12:16PM<br><b>Rahu</b> 7:31AM – 9:06AM                                                                                                      | Magha* Until 6:37AM<br>Siddhi Until 11:59PM<br>Kaulava Until 11:41AM<br>Shasthi* Until 11:41PM                 | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Red<br>Ashada*Ani  |
| Family Home Evening                |             |                                 |                                                                                                                                                                                                    |                                                                                                                | Sunrise: 5:56AM<br>Sunset: 6:36PM<br>Sivaloka Day                                |
| Creative Work                      | Siddha Yoga |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| <b>6</b>                           |             | <b>Tuesday, June 26, 2012</b>   | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni*/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptami Yam Titau |                                                                                                                | Rameswaram, India<br>Sun 21 Sutra 75<br>Nandana 5114                             |
| Simha Rasi: 26.25                  | Tithi 7     | 352427261                       | <b>Gulika</b> 12:16PM – 1:51PM<br><b>Yama</b> 9:06AM – 10:41AM<br><b>Rahu</b> 3:26PM – 5:01PM                                                                                                      | Purvaphalguni* Until 6:25AM<br>Vyatipata* Until 9:07PM<br>Gara Until 10:23AM<br>Saptami Until 9:28PM           | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Red<br>Ashada*Ani  |
| Creative Work                      | Siddha Yoga |                                 |                                                                                                                                                                                                    |                                                                                                                | Sunrise: 5:56AM<br>Sunset: 6:36PM<br>Sivaloka Day                                |
| Until 6:25AM then Amrita Yoga      |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| <b>Retreat Star</b>                |             |                                 | <b>Chidambaram Abhishekam</b>                                                                                                                                                                      |                                                                                                                |                                                                                  |
| <b>7</b>                           |             | <b>Wednesday, June 27, 2012</b> | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtami* Yam Titau                             |                                                                                                                | Rameswaram, India<br>Sun 22 Sutra 76<br>Nandana 5114                             |
| Kanya Rasi: 10.07                  | Tithi 8     | 362427261                       | <b>Gulika</b> 10:41AM – 12:16PM<br><b>Yama</b> 7:32AM – 9:07AM<br><b>Rahu</b> 12:16PM – 1:51PM                                                                                                     | Hasta Until 4:40AM Thu<br>Variyan Until 7:01PM<br>Visti Until 9:02AM<br>Ashtami* Until 8:06PM                  | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Green<br>Ashada*Ani |
| Creative Work                      | Siddha Yoga |                                 |                                                                                                                                                                                                    |                                                                                                                | Sunrise: 5:57AM<br>Sunset: 6:36PM<br>Devaloka Day                                |
| Until 12.34AM Thu then no yoga     |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| Until 4:40AM Thu then Siddha Yoga  |             |                                 |                                                                                                                                                                                                    |                                                                                                                |                                                                                  |
| <b>8</b>                           |             | <b>Thursday, June 28, 2012</b>  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navami* Yam Titau                    |                                                                                                                | Rameswaram, India<br>Sun 23 Sutra 77<br>Nandana 5114                             |
| Kanya Rasi: 24.05                  | Tithi 9     | 362427261                       | <b>Gulika</b> 9:07AM – 10:42AM<br><b>Yama</b> 5:57AM – 7:32AM<br><b>Rahu</b> 1:52PM – 3:26PM                                                                                                       | Chitra Until 3:35AM Fri<br>Parigha* Until 4:29PM<br>Balava Until 7:09AM<br>Navami* Until 6:14PM                | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Green<br>Ashada*Ani |
| Creative Work                      | Siddha Yoga |                                 |                                                                                                                                                                                                    |                                                                                                                | Sunrise: 5:57AM<br>Sunset: 6:36PM<br>Devaloka Day                                |

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

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|---|-------------------------|---------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------|------------------------|------------------------|-------------------------------------------------------|--|--|
| 1 | Friday, June 29, 2012   |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau                         |                                  |                        |                        | Rameswaram, India<br>Sun 24 Sutra 78<br>Nandana 5114  |  |  |
|   | Tula Rasi: 8.19         | Tithi 10 – 11 | <b>Gulika</b> 7:32AM – 9:07AM                                                                                                                                                                             | <b>Svati</b> Until 2:02AM Sat    | Ganesha: Clear         | <i>Sunrise: 5:57AM</i> | Moon 5 - Phase 11<br>4th Phase<br><b>Devaloka Day</b> |  |  |
|   |                         | 362427261     | <b>Yama</b> 3:27PM – 5:01PM                                                                                                                                                                               | Shiva Until 1:30PM               | Muruqa: Clear          | <i>Sunset: 6:36PM</i>  |                                                       |  |  |
|   | Creative Work           | Siddha Yoga   | <b>Rahu</b> 10:42AM – 12:17PM                                                                                                                                                                             | Vanija Until 1:26AM Sat          | Nataraja: Clear        | Moon – Green           |                                                       |  |  |
|   |                         |               |                                                                                                                                                                                                           | Dasami Until 3:09PM              | Ashada*Ani             |                        |                                                       |  |  |
| 2 | Saturday, June 30, 2012 |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Visakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau                     |                                  |                        |                        | Rameswaram, India<br>Sun 25 Sutra 79<br>Nandana 5114  |  |  |
|   | Tula Rasi: 22.48        | Tithi 11 – 12 | <b>Gulika</b> 5:57AM – 7:32AM                                                                                                                                                                             | <b>Visakha</b> Until 10:51PM     | Ganesha: White         | <i>Sunrise: 5:57AM</i> | Moon 5 - Phase 11<br>4th Phase<br><b>Sivaloka Day</b> |  |  |
|   |                         | 372427261     | <b>Yama</b> 1:52PM – 3:27PM                                                                                                                                                                               | Siddha Until 9:53AM              | Muruqa: Clear          | <i>Sunset: 6:37PM</i>  |                                                       |  |  |
|   | Creative Work           | Siddha Yoga   | <b>Rahu</b> 9:07AM – 10:42AM                                                                                                                                                                              | Bava Until 10:49PM               | Nataraja: Clear        | Moon – Orange          |                                                       |  |  |
|   |                         |               |                                                                                                                                                                                                           | Ekadasi Until 12:32PM            | Ashada*Ani             |                        |                                                       |  |  |
| 3 | Sunday, July 1, 2012    |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau                |                                  |                        |                        | Rameswaram, India<br>Sun 26 Sutra 80<br>Nandana 5114  |  |  |
|   | Vrischika Rasi: 7.29    | Tithi 12 – 13 | <b>Gulika</b> 3:27PM – 5:02PM                                                                                                                                                                             | <b>Anuradha</b> Until 8:42PM     | Ganesha: White         | <i>Sunrise: 5:58AM</i> | Moon 5 - Phase 11<br>4th Phase<br><b>Sivaloka Day</b> |  |  |
|   |                         | 372427261     | <b>Yama</b> 12:17PM – 1:52PM                                                                                                                                                                              | Sadhya Until 6:26AM              | Muruqa: Clear          | <i>Sunset: 6:37PM</i>  |                                                       |  |  |
|   | Routine Work            | Marana Yoga   | <b>Rahu</b> 5:02PM – 6:37PM                                                                                                                                                                               | Kaulava Until 7:52PM             | Nataraja: Clear        | Moon – Orange          |                                                       |  |  |
|   |                         |               |                                                                                                                                                                                                           | Dvadasi Until 9:35AM             | Ashada*Ani             |                        |                                                       |  |  |
|   |                         |               |                                                                                                                                                                                                           | <i>Pradosha Vrata</i>            |                        |                        |                                                       |  |  |
| 4 | Monday, July 2, 2012    |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukla Yoga Taitila/Vanija Karana Trayodasi/Chaturdasi* Yam Titau                   |                                  |                        |                        | Rameswaram, India<br>Sun 27 Sutra 81<br>Nandana 5114  |  |  |
|   | Vrischika Rasi: 22.15   | Tithi 13 – 14 | <b>Gulika</b> 1:52PM – 3:27PM                                                                                                                                                                             | <b>Jyeshtha*</b> Until 6:24PM    | Ganesha: White         | <i>Sunrise: 5:58AM</i> | Moon 5 - Phase 11<br>4th Phase<br><b>Sivaloka Day</b> |  |  |
|   | Family Home Evening     | 372427261     | <b>Yama</b> 10:43AM – 12:17PM                                                                                                                                                                             | Sukla Until 10:51PM              | Muruqa: Clear          | <i>Sunset: 6:37PM</i>  |                                                       |  |  |
|   | Creative Work           | Siddha Yoga   | <b>Rahu</b> 7:33AM – 9:08AM                                                                                                                                                                               | Vanija Until 3:02AM Tue          | Nataraja: Clear        | Moon – Orange          |                                                       |  |  |
|   |                         |               |                                                                                                                                                                                                           | Trayodasi Until 6:28AM           | Ashada*Ani             |                        |                                                       |  |  |
| O | Tuesday, July 3, 2012   |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Brahma Yoga Visti*/Bava Karana Purnima* Yam Titau                      |                                  |                        |                        | Rameswaram, India<br>Sutra 82<br>Nandana 5114         |  |  |
|   | Copper Retreat Star     |               | <b>Gulika</b> 12:18PM – 1:52PM                                                                                                                                                                            | <b>Mula*</b> Until 4:07PM        | Ganesha: Yellow        | <i>Sunrise: 5:58AM</i> | Moon 5 - Phase 11<br>Purnima<br><b>Devaloka Day</b>   |  |  |
|   | Dhanus Rasi: 7.01       | Tithi 15      | <b>Yama</b> 9:08AM – 10:43AM                                                                                                                                                                              | Brahma Until 7:17PM              | Muruqa: Clear          | <i>Sunset: 6:37PM</i>  |                                                       |  |  |
|   |                         | 382427261     | <b>Rahu</b> 3:27PM – 5:02PM                                                                                                                                                                               | Visti Until 1:39PM               | Nataraja: Clear        | Moon – Light Blue      |                                                       |  |  |
|   |                         |               |                                                                                                                                                                                                           | <b>Satguru Purnima</b>           | Purnima* Until 11:56PM | Ashada*Ani             |                                                       |  |  |
|   | Wednesday, July 4, 2012 |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathama* Yam Titau |                                  |                        |                        | Rameswaram, India<br>Sutra 83<br>Nandana 5114         |  |  |
|   | Silver Retreat Star     |               | <b>Gulika</b> 10:43AM – 12:18PM                                                                                                                                                                           | <b>Purvashadha*</b> Until 2:37PM | Ganesha: Yellow        | <i>Sunrise: 5:58AM</i> | Moon 5 - Phase 11<br>Prathama<br><b>Devaloka Day</b>  |  |  |
|   | Dhanus Rasi: 21.38      | Tithi 16      | <b>Yama</b> 7:33AM – 9:08AM                                                                                                                                                                               | Indra Until 4:34PM               | Muruqa: Clear          | <i>Sunset: 6:37PM</i>  |                                                       |  |  |
|   |                         | 382427261     | <b>Rahu</b> 12:18PM – 1:53PM                                                                                                                                                                              | Balava Until 11:09AM             | Nataraja: Clear        | Moon – Light Blue      |                                                       |  |  |
|   |                         |               |                                                                                                                                                                                                           | Prathama* Until 10:13PM          | Ashada*Ani             |                        |                                                       |  |  |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

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## Thursday, July 5, 2012

### Gold Retreat Star

Makara Rasi: 6.01 Tithi 17  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha/Sravana Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika** 9:08AM – 10:43AM  
**Yama** 5:59AM – 7:33AM  
**Rahu** 1:53PM – 3:27PM

**Uttarashadha Until 12:49PM**  
**Vaidhriti\* Until 1:21PM**  
**Taitila Until 8:30AM**  
**Dvitiya Until 7:35PM**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Light Blue  
**Ashada\*Ani**

Rameswaram, India  
Sun 1 Sutra 84  
Nandana 5114  
Moon 6 - Phase 12  
1st Phase  
**Devaloka Day**

## Friday, July 6, 2012

# 1

Makara Rasi: 20.04 Tithi 18 – 19  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Sravana/Dhanishtha Nakshatra Vishkambha\*/Priti Yoga Vanija/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 7:34AM – 9:08AM  
**Yama** 3:28PM – 5:02PM  
**Rahu** 10:43AM – 12:18PM

**Sravana Until 11:35AM**  
**Vishkambha\* Until 10:41AM**  
**Vanija Until 6:29AM**  
**Tritiya Until 5:33PM**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada\*Ani**

Rameswaram, India  
Sun 2 Sutra 85  
Nandana 5114  
Moon 6 - Phase 12  
1st Phase  
**Devaloka Day**

## Saturday, July 7, 2012

# 2

Kumbha Rasi: 3.44 Tithi 19 – 20  
Creative Work Siddha Yoga  
Until 11:26AM then Amrita Yoga  
Until 12.36AM Sun then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Dhanishtha/Satabhisha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 5:59AM – 7:34AM  
**Yama** 1:53PM – 3:28PM  
**Rahu** 9:09AM – 10:43AM

**Dhanishtha Until 11:26AM**  
**Priti Until 8:50AM**  
**Kaulava Until 5:07AM Sun**  
**Chaturthi\* Until 5:07PM**

**Ganesha:** Yellow  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada\*Ani**

Rameswaram, India  
Sun 3 Sutra 86  
Nandana 5114  
Moon 6 - Phase 12  
1st Phase  
**Devaloka Day**

## Sunday, July 8, 2012

# 3

Kumbha Rasi: 16.58 Tithi 20 – 21  
Creative Work Siddha Yoga  
Until 12.36AM Mon then no yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Satabhisha/Purvaprostapada\* Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 3:28PM – 5:03PM  
**Yama** 12:18PM – 1:53PM  
**Rahu** 5:03PM – 6:37PM

**Satabhisha Until 11:36AM**  
**Ayushman Until 7:22AM**  
**Gara Until 4:33AM Mon**  
**Panchami Until 4:33PM**

**Ganesha:** Blue  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Purple  
**Ashada\*Ani**

Rameswaram, India  
Sun 4 Sutra 87  
Nandana 5114  
Moon 6 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

## Monday, July 9, 2012

# 4

Kumbha Rasi: 29.48 Tithi 21 – 22  
Family Home Evening  
No Yoga  
Until 1:04PM then Siddha Yoga  
Until 12.37AM Tue then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika** 1:53PM – 3:28PM  
**Yama** 10:44AM – 12:19PM  
**Rahu** 7:34AM – 9:09AM

**Purvaprostapada\* Until 1:04PM**  
**Saubhagya Until 6:38AM**  
**Visti Until 4:47AM Tue**  
**Shasthi\* Until 4:47PM**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada\*Ani**

Rameswaram, India  
Sun 5 Sutra 88  
Nandana 5114  
Moon 6 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

## Tuesday, July 10, 2012

# 5

Meena Rasi: 12.17 Tithi 22  
Creative Work Amrita Yoga  
Until 2:46PM then Siddha Yoga  
Until 12.37AM Wed then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraprostapada\*/Revati Nakshatra Sobhana/Athiganda\* Yoga Bava Karana Saptami Yam Titau

**Gulika** 12:19PM – 1:53PM  
**Yama** 9:09AM – 10:44AM  
**Rahu** 3:28PM – 5:03PM

**Uttaraprostapada Until 2:46PM**  
**Sobhana Until 6:27AM**  
**Bava Until 7:53AM Wed**  
**Saptami Until 6:48PM**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada\*Ani**

Rameswaram, India  
Sun 6 Sutra 89  
Nandana 5114  
Moon 6 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

## Wednesday, July 11, 2012



### Retreat Star

Meena Rasi: 24.28 Tithi 23  
Routine Work Marana Yoga  
Until 12.37AM Thu then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Revati/Asvini Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika** 10:44AM – 12:19PM  
**Yama** 7:35AM – 9:09AM  
**Rahu** 12:19PM – 1:53PM

**Revati Until 5:04PM**  
**Athiganda\* Until 6:48AM**  
**Balava Until 7:22AM**  
**Ashtami\* Until 8:28PM**

**Ganesha:** White  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – Clear  
**Ashada\*Ani**

Rameswaram, India  
Sun 7 Sutra 90  
Nandana 5114  
Moon 6 - Phase 12  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

## Thursday, July 12, 2012

### Retreat Star

Mesha Rasi: 6.27 Tithi 24  
Creative Work Amrita Yoga  
Until 7:46PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Asvini Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika** 9:10AM – 10:44AM  
**Yama** 6:00AM – 7:35AM  
**Rahu** 1:54PM – 3:28PM

**Asvini Until 7:46PM**  
**Sukarma Until 7:32AM**  
**Taitila Until 9:30AM**  
**Navami\* Until 10:36PM**

**Ganesha:** Clear  
**Muruga:** Clear  
**Nataraja:** Clear  
Moon – White  
**Ashada\*Ani**

Rameswaram, India  
Sun 8 Sutra 91  
Nandana 5114  
Moon 6 - Phase 12  
Navami  
**Devaloka Day**

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. *Krishna Yajur Veda, Maitu 6.34. UpM, 104*

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|                                    |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
|------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| <b>1 Friday, July 13, 2012</b>     |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dasami Yam Titau                                 |                                                                                                                                             | Rameswaram, India<br>Sun 9 Sutra 92<br>Nandana 5114                                   |                                                                                                                   |
| Mesha Rasi: 18.17                  | Tithi 25      | <b>Gulika</b> 7:35AM – 9:10AM<br><b>Yama</b> 3:28PM – 5:03PM<br><b>Rahu</b> 10:44AM – 12:19PM                                                                                                                    | <b>Bharani</b> Until 10:45PM<br>Dhriti Until 8:31AM<br>Vanija Until 11:55AM<br>Dasami Until 1:01AM Sat                                      | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – White<br>Ashada*Ani      | Sunrise: 6:01AM<br>Sunset: 6:37PM<br>Moon 6 - Phase 13<br>2nd Phase<br>Devaloka Day                               |
| Creative Work                      | Siddha Yoga   |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Until 12.37AM Sat then Amrita Yoga |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| <b>2 Saturday, July 14, 2012</b>   |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadasi* Yam Titau                                |                                                                                                                                             | Rameswaram, India<br>Sun 10 Sutra 93<br>Nandana 5114                                  |                                                                                                                   |
| Vrishabha Rasi: 0.05               | Tithi 26      | <b>Gulika</b> 6:01AM – 7:35AM<br><b>Yama</b> 1:54PM – 3:28PM<br><b>Rahu</b> 9:10AM – 10:45AM                                                                                                                     | <b>Krittika</b> Until 1:49AM Sun<br>Shula* Until 9:36AM<br>Bava Until 2:26PM<br>Ekadasi* Until 3:32AM Sun                                   | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – White<br>Ashada*Ani      | Sunrise: 6:01AM<br>Sunset: 6:37PM<br>Moon 6 - Phase 13<br>2nd Phase<br>Devaloka Day                               |
| Creative Work                      | Amrita Yoga   |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Until 12.37AM Sun then Siddha Yoga |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| <b>3 Sunday, July 15, 2012</b>     |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau                             |                                                                                                                                             | Rameswaram, India<br>Sun 11 Sutra 94<br>Nandana 5114                                  |                                                                                                                   |
| Vrishabha Rasi: 11.55              | Tithi 27      | <b>Gulika</b> 3:28PM – 5:03PM<br><b>Yama</b> 12:19PM – 1:54PM<br><b>Rahu</b> 5:03PM – 6:37PM                                                                                                                     | <b>Rohini</b> Until 4:50AM Mon<br>Ganda* Until 10:37AM<br>Kaulava Until 4:54PM<br>Dvadasi* Until 6:03AM Mon                                 | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Yellow<br>Ashada*Ani    | Sunrise: 6:01AM<br>Sunset: 6:37PM<br>Moon 6 - Phase 13<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |
| Creative Work                      | Siddha Yoga   |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Until 12.37AM Mon then Amrita Yoga |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| <b>4 Monday, July 16, 2012</b>     |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigasira Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau                    |                                                                                                                                             | Rameswaram, India<br>Sun 12 Sutra 95<br>Nandana 5114                                  |                                                                                                                   |
| Vrishabha Rasi: 23.51              | Tithi 27 – 28 | <b>Gulika</b> 1:54PM – 3:28PM<br><b>Yama</b> 10:45AM – 12:19PM<br><b>Rahu</b> 7:36AM – 9:10AM                                                                                                                    | <b>Mrigasira</b> Until 7:28AM Tue<br>Vridhhi Until 11:27AM<br>Gara Until 7:08PM<br>Dvadasi* Until 6:03AM<br><i>Pradosha Vrata (Fasting)</i> | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Clear<br>Moon – Yellow<br>Ashada*Adi    | Sunrise: 6:01AM<br>Sunset: 6:37PM<br>Moon 6 - Phase 13<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |
| Family Home Evening                |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Creative Work                      | Amrita Yoga   |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Until 12.37AM Tue then Siddha Yoga |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Until 7:28AM Tue then Marana Yoga  |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| <b>5 Tuesday, July 17, 2012</b>    |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Mrigasira/Ardra Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau     |                                                                                                                                             | Rameswaram, India<br>Sun 13 Sutra 96<br>Nandana 5114                                  |                                                                                                                   |
| Mithuna Rasi: 5.56                 | Tithi 28 – 29 | <b>Gulika</b> 12:19PM – 1:54PM<br><b>Yama</b> 9:10AM – 10:45AM<br><b>Rahu</b> 3:28PM – 5:03PM                                                                                                                    | <b>Mrigasira</b> Until 7:28AM<br>Dhruva Until 11:59AM<br>Visti Until 9:01PM<br>Trayodasi* Until 7:56AM                                      | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Yellow<br>Ashada*Adi   | Sunrise: 6:01AM<br>Sunset: 6:37PM<br>Moon 6 - Phase 13<br>2nd Phase<br>Devaloka Day                               |
| Creative Work                      | Siddha Yoga   |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Until 7:28AM then Marana Yoga      |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Until 12.37AM Wed then Siddha Yoga |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| <b>Wednesday, July 18, 2012</b>    |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau |                                                                                                                                             | Rameswaram, India<br>Sun 14 Sutra 97<br>Nandana 5114                                  |                                                                                                                   |
| <b>Retreat Star</b>                |               | <b>Gulika</b> 10:45AM – 12:19PM<br><b>Yama</b> 7:36AM – 9:11AM<br><b>Rahu</b> 12:19PM – 1:54PM                                                                                                                   | <b>Ardra</b> Until 9:15AM<br>Vyaghata* Until 12:08PM<br>Catuspada Until 9:05PM<br>Chaturdasi* Until 9:05AM                                  | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Yellow<br>Ashada*Adi   | Sunrise: 6:02AM<br>Sunset: 6:37PM<br>Moon 6 - Phase 13<br>Amavasya<br>Devaloka Day                                |
| Mithuna Rasi: 18.14                | Tithi 29 – 30 |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Creative Work                      | Siddha Yoga   |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Until 12.38AM Thu then Amrita Yoga |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| <b>Thursday, July 19, 2012</b>     |               | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau          |                                                                                                                                             | Rameswaram, India<br>Sun 15 Sutra 98<br>Nandana 5114                                  |                                                                                                                   |
| <b>Retreat Star</b>                |               | <b>Gulika</b> 9:11AM – 10:45AM<br><b>Yama</b> 6:02AM – 7:36AM<br><b>Rahu</b> 1:54PM – 3:28PM                                                                                                                     | <b>Punarvasu</b> Until 10:43AM<br>Harshana Until 11:24AM<br>Kintughna Until 9:54PM<br>Amavasya* Until 9:54AM                                | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Purple<br>Moon – Blue<br>Savana*Adi | Sunrise: 6:02AM<br>Sunset: 6:37PM<br>Moon 6 - Phase 13<br>Prathama<br>Devaloka Day                                |
| Kataka Rasi: 0.47                  | Tithi 30 – 1  |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Creative Work                      | Amrita Yoga   |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |
| Until 12.38AM Fri then Marana Yoga |               |                                                                                                                                                                                                                  |                                                                                                                                             |                                                                                       |                                                                                                                   |

Borne along and defiled by the stream of qualities,unsteady,wavering,bewildered,full of desire,distracted,one goes on into the state of self-conceit. In thinking,‘This is I’ and ‘That is mine’ one binds himself with himself,as does a bird with a snare. Krishna Yajur Veda,Maitu 3.2. UpH,418

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|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--|----------------------------------------------------------------------------------------------|
| <b>1</b><br>Friday, July 20, 2012<br>Kataka Rasi: 13.35      Tithi 1 – 2<br>Routine Work      Marana Yoga<br>443527262                                                                                                                                                                      |  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Aslesha* Nakshatra Vajra* Siddhi Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau<br><b>Gulika</b> 7:36AM – 9:11AM <b>Pushya</b> Until 11:42AM<br><b>Yama</b> 3:28PM – 5:03PM <b>Vajra*</b> Until 10:41AM<br><b>Rahu</b> 10:45AM – 12:20PM <b>Balava</b> Until 10:12PM<br><b>Prathama*</b> Until 10:12AM<br><b>Ganesha:</b> Orange <i>Sunrise:</i> 6:02AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:37PM<br><b>Nataraja:</b> Purple<br><b>Moon –</b> Blue<br><b>Sravana*Adi</b><br><b>Sivaloka Day</b>                      |  |  | Rameswaram, India<br>Sun 16      Sutra 99<br>Nandana 5114<br>Moon 6 - Phase 14<br>3rd Phase  |
| <b>2</b><br>Saturday, July 21, 2012<br>Kataka Rasi: 26.38      Tithi 2 – 3<br>Routine Work      Marana Yoga<br>Until 12:13PM then Amrita Yoga<br>Until 12.38AM Sun then Marana Yoga<br>443527262                                                                                            |  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Aslesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau<br><b>Gulika</b> 6:02AM – 7:37AM <b>Aslesha*</b> Until 12:13PM<br><b>Yama</b> 1:54PM – 3:28PM <b>Siddhi</b> Until 9:32AM<br><b>Rahu</b> 9:11AM – 10:45AM <b>Taitila</b> Until 10:01PM<br><b>Dvitiya</b> Until 10:01AM<br><b>Ganesha:</b> Orange <i>Sunrise:</i> 6:02AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:37PM<br><b>Nataraja:</b> Purple<br><b>Moon –</b> Blue<br><b>Sravana*Adi</b><br><b>Sivaloka Day</b>                 |  |  | Rameswaram, India<br>Sun 17      Sutra 100<br>Nandana 5114<br>Moon 6 - Phase 14<br>3rd Phase |
| <b>3</b><br>Sunday, July 22, 2012<br>Simha Rasi: 9.55      Tithi 3 – 4<br>Routine Work      Marana Yoga<br>Until 12:20PM then Siddha Yoga<br>454527262                                                                                                                                      |  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha*/Purvaphalguni* Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau<br><b>Gulika</b> 3:28PM – 5:03PM <b>Magha*</b> Until 12:20PM<br><b>Yama</b> 12:20PM – 1:54PM <b>Vyatipata*</b> Until 8:00AM<br><b>Rahu</b> 5:03PM – 6:37PM <b>Vanija</b> Until 8:12PM<br><b>Tritiya</b> Until 9:07AM<br><b>Ganesha:</b> Purple <i>Sunrise:</i> 6:02AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:37PM<br><b>Nataraja:</b> Purple<br><b>Moon –</b> Red<br><b>Sravana*Adi</b><br><b>Devaloka Day</b>              |  |  | Rameswaram, India<br>Sun 18      Sutra 101<br>Nandana 5114<br>Moon 6 - Phase 14<br>3rd Phase |
| <b>4</b><br>Monday, July 23, 2012<br>Simha Rasi: 23.23      Tithi 4 – 5<br>Family Home Evening<br>Creative Work      Siddha Yoga<br>Until 11:38AM then Marana Yoga<br>Until 12.38AM Tue then Amrita Yoga<br>454527262                                                                       |  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni*/Uttaraphalguni Nakshatra Varyan*/Paingha* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau<br><b>Gulika</b> 1:54PM – 3:28PM <b>Purvaphalguni*</b> Until 11:38AM<br><b>Yama</b> 10:45AM – 12:20PM <b>Varyan</b> Until 6:07AM<br><b>Rahu</b> 7:37AM – 9:11AM <b>Bava</b> Until 7:14PM<br><b>Chaturthi*</b> Until 8:09AM<br><b>Ganesha:</b> Purple <i>Sunrise:</i> 6:03AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:37PM<br><b>Nataraja:</b> Purple<br><b>Moon –</b> Red<br><b>Sravana*Adi</b><br><b>Devaloka Day</b> |  |  | Rameswaram, India<br>Sun 19      Sutra 102<br>Nandana 5114<br>Moon 6 - Phase 14<br>3rd Phase |
| <b>5</b><br>Tuesday, July 24, 2012<br>Kanya Rasi: 7.02      Tithi 5 – 6<br>Creative Work      Amrita Yoga<br>Until 11:05AM then Siddha Yoga<br>454527262                                                                                                                                    |  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni*/Hasta Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau<br><b>Gulika</b> 12:20PM – 1:54PM <b>Uttaraphalguni</b> Until 11:05AM<br><b>Yama</b> 9:11AM – 10:46AM <b>Shiva</b> Until 1:24AM Wed<br><b>Rahu</b> 3:28PM – 5:02PM <b>Kaulava</b> Until 5:01AM Wed<br><b>Panchami</b> Until 6:52AM<br><b>Ganesha:</b> Purple <i>Sunrise:</i> 6:03AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:37PM<br><b>Nataraja:</b> Purple<br><b>Moon –</b> Red<br><b>Sravana*Adi</b><br><b>Devaloka Day</b>        |  |  | Rameswaram, India<br>Sun 20      Sutra 103<br>Nandana 5114<br>Moon 6 - Phase 14<br>3rd Phase |
| <b>6</b><br>Wednesday, July 25, 2012<br>Kanya Rasi: 20.5      Tithi 7<br>Creative Work      Siddha Yoga<br>464527262                                                                                                                                                                        |  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptami Yam Titau<br><b>Gulika</b> 10:46AM – 12:20PM <b>Hasta</b> Until 10:16AM<br><b>Yama</b> 7:37AM – 9:11AM <b>Siddha</b> Until 11:07PM<br><b>Rahu</b> 12:20PM – 1:54PM <b>Gara</b> Until 4:22PM<br><b>Saptami</b> Until 3:27AM Thu<br><b>Ganesha:</b> Clear <i>Sunrise:</i> 6:03AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:36PM<br><b>Nataraja:</b> Purple<br><b>Moon –</b> Green<br><b>Sravana*Adi</b><br><b>Sivaloka Day</b>                                            |  |  | Rameswaram, India<br>Sun 21      Sutra 104<br>Nandana 5114<br>Moon 6 - Phase 14<br>3rd Phase |
| <br>Thursday, July 26, 2012<br><b>Retreat Star</b><br>Tula Rasi: 4.47      Tithi 8<br>Creative Work      Siddha Yoga<br>Until 9:13AM then Amrita Yoga<br>Until 12.38AM Fri then Siddha Yoga<br>464527262 |  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtami* Yam Titau<br><b>Gulika</b> 9:11AM – 10:46AM <b>Chitra</b> Until 9:13AM<br><b>Yama</b> 6:03AM – 7:37AM <b>Sadhya</b> Until 8:36PM<br><b>Rahu</b> 1:54PM – 3:28PM <b>Visti</b> Until 2:32PM<br><b>Ashtami*</b> Until 1:36AM Fri<br><b>Ganesha:</b> Clear <i>Sunrise:</i> 6:03AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:36PM<br><b>Nataraja:</b> Purple<br><b>Moon –</b> Green<br><b>Sravana*Adi</b><br><b>Sivaloka Day</b>                                             |  |  | Rameswaram, India<br>Sun 22      Sutra 105<br>Nandana 5114<br>Moon 6 - Phase 14<br>Ashtami   |
| <b>Friday, July 27, 2012</b><br><b>Retreat Star</b><br>Tula Rasi: 18.53      Tithi 9<br>Creative Work      Siddha Yoga<br>Until 7:55AM then Marana Yoga<br>Until 12.38AM Sat then Siddha Yoga<br>464527262                                                                                  |  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Svati/Visakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navami* Yam Titau<br><b>Gulika</b> 7:37AM – 9:12AM <b>Svati</b> Until 7:55AM<br><b>Yama</b> 3:28PM – 5:02PM <b>Subha</b> Until 5:52PM<br><b>Rahu</b> 10:46AM – 12:20PM <b>Balava</b> Until 12:26PM<br><b>Navami*</b> Until 11:31PM<br><b>Ganesha:</b> Clear <i>Sunrise:</i> 6:03AM<br><b>Muruga:</b> Clear <i>Sunset:</i> 6:36PM<br><b>Nataraja:</b> Purple<br><b>Moon –</b> Green<br><b>Sravana*Adi</b><br><b>Sivaloka Day</b>                                       |  |  | Rameswaram, India<br>Sun 23      Sutra 106<br>Nandana 5114<br>Moon 6 - Phase 14<br>Navami    |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

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|                                           |               |                                  |                                                                                                                                                                                                  |                                       |                   |                        |                   |
|-------------------------------------------|---------------|----------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------|-------------------|------------------------|-------------------|
| <b>1</b>                                  |               | <b>Saturday, July 28, 2012</b>   | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dasami Yam Titau             |                                       |                   |                        | Rameswaram, India |
| Vrischika Rasi: 3.06                      | Tithi 10      | 474527262                        | <b>Gulika</b> 6:04AM – 7:38AM                                                                                                                                                                    | <b>Visakha</b> Until 6:24AM           | Ganesha: White    | <i>Sunrise: 6:04AM</i> | Sun 24 Sutra 107  |
|                                           |               |                                  | <b>Yama</b> 1:54PM – 3:28PM                                                                                                                                                                      | Sukla Until 2:55PM                    | Muruga: Clear     | <i>Sunset: 6:36PM</i>  | Nandana 5114      |
| Creative Work Siddha Yoga                 |               |                                  | <b>Rahu</b> 9:12AM – 10:46AM                                                                                                                                                                     | Taitila Until 10:07AM                 | Nataraja: Purple  |                        | Moon 6 - Phase 15 |
| Until 12.38AM Sun then Marana Yoga        |               |                                  |                                                                                                                                                                                                  | Dasami Until 9:11PM                   | Moon – Orange     |                        | 4th Phase         |
|                                           |               |                                  |                                                                                                                                                                                                  |                                       | Sravana•Adi       |                        | Devaloka Day      |
| <b>2</b>                                  |               | <b>Sunday, July 29, 2012</b>     | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadasi Yam Titau                  |                                       |                   |                        | Rameswaram, India |
| Vrischika Rasi: 17.25                     | Tithi 11      | 474527262                        | <b>Gulika</b> 3:28PM – 5:02PM                                                                                                                                                                    | <b>Jyeshtha*</b> Until 3:35AM Mon     | Ganesha: White    | <i>Sunrise: 6:04AM</i> | Sun 25 Sutra 108  |
|                                           |               |                                  | <b>Yama</b> 12:20PM – 1:54PM                                                                                                                                                                     | Brahma Until 11:50AM                  | Muruga: Clear     | <i>Sunset: 6:36PM</i>  | Nandana 5114      |
| Routine Work Marana Yoga                  |               |                                  | <b>Rahu</b> 5:02PM – 6:36PM                                                                                                                                                                      | Vanija Until 7:36AM                   | Nataraja: Purple  |                        | Moon 6 - Phase 15 |
| Until 12.38AM Mon then Siddha Yoga        |               |                                  |                                                                                                                                                                                                  | Ekadasi Until 6:41PM                  | Moon – Orange     |                        | 4th Phase         |
|                                           |               |                                  |                                                                                                                                                                                                  |                                       | Sravana•Adi       |                        | Devaloka Day      |
| <b>3</b>                                  |               | <b>Monday, July 30, 2012</b>     | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau        |                                       |                   |                        | Rameswaram, India |
| Dhanus Rasi: 1.47                         | Tithi 12 – 13 | 484527262                        | <b>Gulika</b> 1:54PM – 3:28PM                                                                                                                                                                    | <b>Mula*</b> Until 1:48AM Tue         | Ganesha: Yellow   | <i>Sunrise: 6:04AM</i> | Sun 26 Sutra 109  |
| Family Home Evening                       |               |                                  | <b>Yama</b> 10:46AM – 12:20PM                                                                                                                                                                    | Indra Until 8:38AM                    | Muruga: Clear     | <i>Sunset: 6:35PM</i>  | Nandana 5114      |
| Creative Work Siddha Yoga                 |               |                                  | <b>Rahu</b> 7:38AM – 9:12AM                                                                                                                                                                      | Kaulava Until 3:09AM Tue              | Nataraja: Purple  |                        | Moon 6 - Phase 15 |
| Until 12.38AM Tue then Amrita Yoga        |               |                                  |                                                                                                                                                                                                  | Dvadasi Until 4:04PM                  | Moon – Light Blue |                        | 4th Phase         |
| Until 1:48AM Tue then Siddha Yoga         |               |                                  |                                                                                                                                                                                                  | <i>Pradosha Vrata</i>                 | Sravana•Adi       |                        | Sivaloka Day      |
| <b>4</b>                                  |               | <b>Tuesday, July 31, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau |                                       |                   |                        | Rameswaram, India |
| Dhanus Rasi: 16.09                        | Tithi 13 – 14 | 484527262                        | <b>Gulika</b> 12:20PM – 1:53PM                                                                                                                                                                   | <b>Purvashadha*</b> Until 12:02AM Wed | Ganesha: Yellow   | <i>Sunrise: 6:04AM</i> | Sun 27 Sutra 110  |
|                                           |               |                                  | <b>Yama</b> 9:12AM – 10:46AM                                                                                                                                                                     | Vishkambha* Until 2:47AM Wed          | Muruga: Clear     | <i>Sunset: 6:35PM</i>  | Nandana 5114      |
| Creative Work Siddha Yoga                 |               |                                  | <b>Rahu</b> 3:27PM – 5:01PM                                                                                                                                                                      | Gara Until 12:33AM Wed                | Nataraja: Purple  |                        | Moon 6 - Phase 15 |
| Until 12:02AM Wed then Prabalarishta Yog: |               |                                  |                                                                                                                                                                                                  | Trayodasi Until 1:28PM                | Moon – Light Blue |                        | 4th Phase         |
| Until 12.38AM Wed then Amrita Yoga        |               |                                  |                                                                                                                                                                                                  |                                       | Sravana•Adi       |                        | Sivaloka Day      |
| <b>○</b>                                  |               | <b>Wednesday, August 1, 2012</b> | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau         |                                       |                   |                        | Rameswaram, India |
| <b>Copper Retreat Star</b>                |               |                                  | <b>Gulika</b> 10:46AM – 12:19PM                                                                                                                                                                  | <b>Uttarashadha</b> Until 10:25PM     | Ganesha: Yellow   | <i>Sunrise: 6:04AM</i> | Sutra 111         |
| Makara Rasi: 0.25                         | Tithi 14 – 15 | 484527262                        | <b>Yama</b> 7:38AM – 9:12AM                                                                                                                                                                      | Priti Until 11:45PM                   | Muruga: Clear     | <i>Sunset: 6:35PM</i>  | Nandana 5114      |
| Creative Work Amrita Yoga                 |               |                                  | <b>Rahu</b> 12:19PM – 1:53PM                                                                                                                                                                     | Visti Until 10:07PM                   | Nataraja: Purple  |                        | Moon 6 - Phase 15 |
| Until 10:25PM then Siddha Yoga            |               |                                  | <b>Raksha Bandhan</b>                                                                                                                                                                            | Chaturdasi* Until 11:02AM             | Moon – Light Blue |                        | Purnima           |
|                                           |               |                                  |                                                                                                                                                                                                  |                                       | Sravana•Adi       |                        | Sivaloka Day      |
| <b>Thursday, August 2, 2012</b>           |               |                                  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Sravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau              |                                       |                   |                        | Rameswaram, India |
| <b>Silver Retreat Star</b>                |               |                                  | <b>Gulika</b> 9:12AM – 10:46AM                                                                                                                                                                   | <b>Sravana</b> Until 9:07PM           | Ganesha: Blue     | <i>Sunrise: 6:04AM</i> | Sutra 112         |
| Makara Rasi: 14.31                        | Tithi 15 – 16 | 494527262                        | <b>Yama</b> 6:04AM – 7:38AM                                                                                                                                                                      | Ayushman Until 9:00PM                 | Muruga: Clear     | <i>Sunset: 6:35PM</i>  | Nandana 5114      |
| Creative Work Siddha Yoga                 |               |                                  | <b>Rahu</b> 1:53PM – 3:27PM                                                                                                                                                                      | Balava Until 8:00PM                   | Nataraja: Purple  |                        | Moon 6 - Phase 15 |
|                                           |               |                                  |                                                                                                                                                                                                  | Purnima* Until 8:56AM                 | Moon – Purple     |                        | Prathama          |
|                                           |               |                                  |                                                                                                                                                                                                  |                                       | Sravana•Adi       |                        | Devaloka Day      |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Kṛishṇa Yajur Veda, Svetu 3.2. VE, 621

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**Friday, August 3, 2012**  
**Gold Retreat Star**

Makara Rasi: 28.22 Tithi 16 – 17  
495527262  
Creative Work Siddha Yoga  
Until 12.37AM Sat then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika** 7:38AM – 9:12AM  
**Yama** 3:27PM – 5:01PM  
**Rahu** 10:46AM – 12:19PM  
Dhanishtha Until 8:15PM  
Saubhagya Until 7:34PM  
Taitila Until 6:23PM  
Prathama\* Until 7:18AM

Ganesha: Blue *Sunrise: 6:04AM*  
Muruga: Clear *Sunset: 6:34PM*  
Nataraja: Purple  
Moon – Purple  
Srivana\*Adi

Devaloka Day

Rameswaram, India  
Sutra 113  
Nandana 5114  
Moon 7 - Phase 16  
1st Phase

**1**

**Saturday, August 4, 2012**

Kumbha Rasi: 11.52 Tithi 17 – 18  
495527262  
Creative Work Amrita Yoga  
Until 9:01PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Satabhisha Nakshatra Sobhana/Athiganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 6:04AM – 7:38AM  
**Yama** 1:53PM – 3:27PM  
**Rahu** 9:12AM – 10:46AM  
Satabhisha Until 9:01PM  
Sobhana Until 5:37PM  
Vanija Until 6:18PM  
Dvitiya Until 6:18AM

Ganesha: Blue *Sunrise: 6:04AM*  
Muruga: Clear *Sunset: 6:34PM*  
Nataraja: Purple  
Moon – Purple  
Srivana\*Adi

Devaloka Day

Rameswaram, India  
Sun 1 Sutra 114  
Nandana 5114  
Moon 7 - Phase 16  
1st Phase

**2**

**Sunday, August 5, 2012**

Kumbha Rasi: 25.01 Tithi 19  
415527262  
Creative Work Siddha Yoga  
Until 9:20PM then Amrita Yoga  
Until 12.37AM Mon then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprostapada\* Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika** 3:26PM – 5:00PM  
**Yama** 12:19PM – 1:53PM  
**Rahu** 5:00PM – 6:34PM  
Purvaprostapada\* Until 9:20PM  
Athiganda\* Until 4:17PM  
Bava Until 5:54PM  
Chaturthi\* Until 6:14AM Mon

Ganesha: Green *Sunrise: 6:04AM*  
Muruga: Clear *Sunset: 6:34PM*  
Nataraja: Purple  
Moon – Clear  
Srivana\*Adi

Devaloka Day

Rameswaram, India  
Sun 2 Sutra 115  
Nandana 5114  
Moon 7 - Phase 16  
1st Phase

**3**

**Monday, August 6, 2012**

Meena Rasi: 7.49 Tithi 19 – 20  
415527262  
Family Home Evening  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprostapada Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika** 1:53PM – 3:26PM  
**Yama** 10:45AM – 12:19PM  
**Rahu** 7:38AM – 9:12AM  
Uttaraprostapada Until 11:42PM  
Sukarma Until 4:18PM  
Kaulava Until 6:14PM  
Chaturthi\* Until 6:14AM

Ganesha: Green *Sunrise: 6:05AM*  
Muruga: Clear *Sunset: 6:33PM*  
Nataraja: Purple  
Moon – Clear  
Srivana\*Adi

Devaloka Day

Rameswaram, India  
Sun 3 Sutra 116  
Nandana 5114  
Moon 7 - Phase 16  
1st Phase

**4**

**Tuesday, August 7, 2012**

Meena Rasi: 20.17 Tithi 20 – 21  
415527262  
Creative Work Siddha Yoga  
Until 12.37AM Wed then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika** 12:19PM – 1:52PM  
**Yama** 9:12AM – 10:45AM  
**Rahu** 3:26PM – 5:00PM  
Revati Until 1:27AM Wed  
Dhriti Until 4:09PM  
Gara Until 8:26PM  
Panchami Until 7:21AM

Ganesha: Green *Sunrise: 6:05AM*  
Muruga: Clear *Sunset: 6:33PM*  
Nataraja: Purple  
Moon – Clear  
Srivana\*Adi

Devaloka Day

Rameswaram, India  
Sun 4 Sutra 117  
Nandana 5114  
Moon 7 - Phase 16  
1st Phase

**5**

**Wednesday, August 8, 2012**

Mesha Rasi: 2.28 Tithi 21 – 22  
425527262  
Routine Work Marana Yoga  
Until 12.37AM Thu then Amrita Yoga  
Until 3:45AM Thu then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Asvini Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika** 10:45AM – 12:19PM  
**Yama** 7:38AM – 9:12AM  
**Rahu** 12:19PM – 1:52PM  
Asvini Until 3:45AM Thu  
Shula\* Until 4:30PM  
Visti Until 10:08PM  
Shasthi\* Until 9:02AM

Ganesha: Orange *Sunrise: 6:05AM*  
Muruga: Clear *Sunset: 6:33PM*  
Nataraja: Purple  
Moon – White  
Srivana\*Adi

Sivaloka Day

Rameswaram, India  
Sun 5 Sutra 118  
Nandana 5114  
Moon 7 - Phase 16  
1st Phase



**Thursday, August 9, 2012**  
**Retreat Star**

Mesha Rasi: 14.26 Tithi 22 – 23  
425527262  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika** 9:12AM – 10:45AM  
**Yama** 6:05AM – 7:38AM  
**Rahu** 1:52PM – 3:26PM  
Bharani Until 6:47AM Fri  
Ganda\* Until 5:15PM  
Balava Until 12:17AM Fri  
Saptami Until 11:12AM  
Krishna Janmashtami

Ganesha: Orange *Sunrise: 6:05AM*  
Muruga: Clear *Sunset: 6:32PM*  
Nataraja: Purple  
Moon – White  
Srivana\*Adi

Sivaloka Day

Rameswaram, India  
Sun 6 Sutra 119  
Nandana 5114  
Moon 7 - Phase 16  
Ashtami

**Friday, August 10, 2012**  
**Retreat Star**

Mesha Rasi: 26.17 Tithi 23 – 24  
425527262  
Creative Work Siddha Yoga  
Until 12.37AM Sat then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani/Krittika Nakshatra Vridhhi Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika** 7:38AM – 9:12AM  
**Yama** 3:25PM – 4:59PM  
**Rahu** 10:45AM – 12:18PM  
Bharani Until 6:47AM  
Vridhhi Until 6:13PM  
Taitila Until 2:43AM Sat  
Ashtami\* Until 1:37PM

Ganesha: Orange *Sunrise: 6:05AM*  
Muruga: Clear *Sunset: 6:32PM*  
Nataraja: Purple  
Moon – White  
Srivana\*Adi

Sivaloka Day

Rameswaram, India  
Sun 7 Sutra 120  
Nandana 5114  
Moon 7 - Phase 16  
Navami

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda  
Saritha 9.113.9. VE, 634

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|                                                                                                                    |               |                                   |                                                                                                                                                                                         |                                                                    |
|--------------------------------------------------------------------------------------------------------------------|---------------|-----------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------|
| <b>1</b>                                                                                                           |               | <b>Saturday, August 11, 2012</b>  | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhruva Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau  | Rameswaram, India                                                  |
| Wrishabha Rasi: 8.05                                                                                               | Tithi 24 – 25 | 425527262                         | <b>Gulika</b> 6:05AM – 7:38AM<br><b>Yama</b> 1:52PM – 3:25PM<br><b>Rahu</b> 9:12AM – 10:45AM                                                                                            | Sun 8 Sutra 121<br>Nandana 5114<br>Moon 7 - Phase 17<br>2nd Phase  |
| Creative Work                                                                                                      | Amrita Yoga   |                                   |                                                                                                                                                                                         |                                                                    |
| Until 12.36AM Sun then Siddha Yoga                                                                                 |               |                                   | Navami* Until 4:08PM                                                                                                                                                                    | Sivaloka Day                                                       |
| <b>2</b>                                                                                                           |               | <b>Sunday, August 12, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Vyaghata* Yoga Visti* Karana Dasami Yam Titau           | Rameswaram, India                                                  |
| Wrishabha Rasi: 19.57                                                                                              | Tithi 25      | 435527262                         | <b>Gulika</b> 3:25PM – 4:58PM<br><b>Yama</b> 12:18PM – 1:51PM<br><b>Rahu</b> 4:58PM – 6:31PM                                                                                            | Sun 9 Sutra 122<br>Nandana 5114<br>Moon 7 - Phase 17<br>2nd Phase  |
| Creative Work                                                                                                      | Siddha Yoga   |                                   |                                                                                                                                                                                         |                                                                    |
| Until 12.36AM Mon then Amrita Yoga                                                                                 |               |                                   | Dasami Until 6:31PM                                                                                                                                                                     | Devaloka Day                                                       |
| <b>3</b>                                                                                                           |               | <b>Monday, August 13, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mrigasira/Ardra Nakshatra Harshana Yoga Bava/Balava Karana Ekadasi* Yam Titau       | Rameswaram, India                                                  |
| Mithuna Rasi: 1.56                                                                                                 | Tithi 26      | 436527262                         | <b>Gulika</b> 1:51PM – 3:24PM<br><b>Yama</b> 10:45AM – 12:18PM<br><b>Rahu</b> 7:38AM – 9:11AM                                                                                           | Sun 10 Sutra 123<br>Nandana 5114<br>Moon 7 - Phase 17<br>2nd Phase |
| Family Home Evening                                                                                                |               |                                   |                                                                                                                                                                                         |                                                                    |
| Creative Work                                                                                                      | Amrita Yoga   |                                   |                                                                                                                                                                                         |                                                                    |
| Until 3:27PM then Siddha Yoga                                                                                      |               |                                   | Bava Until 7:32AM                                                                                                                                                                       | Devaloka Day                                                       |
| Until 12.36AM Tue then Marana Yoga                                                                                 |               |                                   | Ekadasi* Until 8:38PM                                                                                                                                                                   |                                                                    |
| <b>4</b>                                                                                                           |               | <b>Tuesday, August 14, 2012</b>   | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau  | Rameswaram, India                                                  |
| Mithuna Rasi: 14.09                                                                                                | Tithi 27      | 436627262                         | <b>Gulika</b> 12:18PM – 1:51PM<br><b>Yama</b> 9:11AM – 10:45AM<br><b>Rahu</b> 3:24PM – 4:57PM                                                                                           | Sun 11 Sutra 124<br>Nandana 5114<br>Moon 7 - Phase 17<br>2nd Phase |
| Routine Work                                                                                                       | Marana Yoga   |                                   |                                                                                                                                                                                         |                                                                    |
| Until 5:43PM then Siddha Yoga                                                                                      |               |                                   | Vajra* Until 9:13PM                                                                                                                                                                     | Devaloka Day                                                       |
|                                                                                                                    |               |                                   | Kaulava Until 8:56AM                                                                                                                                                                    |                                                                    |
|                                                                                                                    |               |                                   | Dvadasi* Until 8:56PM                                                                                                                                                                   |                                                                    |
| <b>5</b>                                                                                                           |               | <b>Wednesday, August 15, 2012</b> | Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodasi* Yam Titau            | Rameswaram, India                                                  |
| Mithuna Rasi: 26.37                                                                                                | Tithi 28      | 446627262                         | <b>Gulika</b> 10:44AM – 12:18PM<br><b>Yama</b> 7:38AM – 9:11AM<br><b>Rahu</b> 12:18PM – 1:51PM                                                                                          | Sun 12 Sutra 125<br>Nandana 5114<br>Moon 7 - Phase 17<br>2nd Phase |
| Creative Work                                                                                                      | Siddha Yoga   |                                   |                                                                                                                                                                                         |                                                                    |
| Until 12.36AM Thu then Amrita Yoga                                                                                 |               |                                   | Siddhi Until 7:58PM                                                                                                                                                                     | Devaloka Day                                                       |
|                                                                                                                    |               |                                   | Gara Until 9:54AM                                                                                                                                                                       |                                                                    |
|                                                                                                                    |               |                                   | Trayodasi* Until 9:54PM                                                                                                                                                                 |                                                                    |
|                                                                                                                    |               |                                   | <i>Pradosha Vrata (Fasting)</i>                                                                                                                                                         |                                                                    |
| <b>6</b>                                                                                                           |               | <b>Thursday, August 16, 2012</b>  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau          | Rameswaram, India                                                  |
| Kataka Rasi: 9.24                                                                                                  | Tithi 29      | 446627262                         | <b>Gulika</b> 9:11AM – 10:44AM<br><b>Yama</b> 6:05AM – 7:38AM<br><b>Rahu</b> 1:50PM – 3:24PM                                                                                            | Sun 13 Sutra 126<br>Nandana 5114<br>Moon 7 - Phase 17<br>2nd Phase |
| Creative Work                                                                                                      | Amrita Yoga   |                                   |                                                                                                                                                                                         |                                                                    |
| Until 7:25PM then Siddha Yoga                                                                                      |               |                                   | Pushya Until 7:25PM                                                                                                                                                                     | Devaloka Day                                                       |
| Until 12.35AM Fri then Marana Yoga                                                                                 |               |                                   | Vyatipata* Until 7:16PM                                                                                                                                                                 |                                                                    |
|                                                                                                                    |               |                                   | Visti Until 10:16AM                                                                                                                                                                     |                                                                    |
|                                                                                                                    |               |                                   | Chaturdasi* Until 10:16PM                                                                                                                                                               |                                                                    |
|  <b>Friday, August 17, 2012</b> |               | <b>Retreat Star</b>               | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Aslesha* Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau | Rameswaram, India                                                  |
| Kataka Rasi: 22.3                                                                                                  | Tithi 30      | 546627262                         | <b>Gulika</b> 7:38AM – 9:11AM<br><b>Yama</b> 3:23PM – 4:56PM<br><b>Rahu</b> 10:44AM – 12:17PM                                                                                           | Sun 14 Sutra 127<br>Nandana 5114<br>Moon 7 - Phase 17<br>Amavasya  |
| Routine Work                                                                                                       | Marana Yoga   |                                   |                                                                                                                                                                                         |                                                                    |
| Until 12.35AM Sat then Amrita Yoga                                                                                 |               |                                   | Variyan Until 6:01PM                                                                                                                                                                    | Devaloka Day                                                       |
|                                                                                                                    |               |                                   | Catuspada Until 9:59AM                                                                                                                                                                  |                                                                    |
|                                                                                                                    |               |                                   | Amavasya* Until 9:59PM                                                                                                                                                                  |                                                                    |
| <b>Saturday, August 18, 2012</b>                                                                                   |               | <b>Retreat Star</b>               | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Magha* Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathama* Yam Titau        | Rameswaram, India                                                  |
| Simha Rasi: 5.55                                                                                                   | Tithi 1       | 556627262                         | <b>Gulika</b> 6:05AM – 7:38AM<br><b>Yama</b> 1:50PM – 3:23PM<br><b>Rahu</b> 9:11AM – 10:44AM                                                                                            | Sun 15 Sutra 128<br>Nandana 5114<br>Moon 7 - Phase 17<br>Prathama  |
| Creative Work                                                                                                      | Amrita Yoga   |                                   |                                                                                                                                                                                         |                                                                    |
| Until 6:43PM then Marana Yoga                                                                                      |               |                                   | Magha* Until 6:43PM                                                                                                                                                                     | Devaloka Day                                                       |
| Until 12.35AM Sun then Siddha Yoga                                                                                 |               |                                   | Parigha* Until 3:33PM                                                                                                                                                                   |                                                                    |
|                                                                                                                    |               |                                   | Kintughna Until 8:50AM                                                                                                                                                                  |                                                                    |
|                                                                                                                    |               |                                   | Prathama* Until 7:55PM                                                                                                                                                                  |                                                                    |

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.  
Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89

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|                                    |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
|------------------------------------|-------------|-----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b>                           |             | <b>Sunday, August 19, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaphalguni* Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiya Yam Titau               |                                                                                                               | Rameswaram, India<br>Sun 16 Sutra 129<br>Nandana 5114                                                                                                                      |
| Simha Rasi: 19.36                  | Tithi 2     | 556627262                         | <b>Gulika</b> 3:23PM – 4:55PM<br><b>Yama</b> 12:17PM – 1:50PM<br><b>Rahu</b> 4:55PM – 6:28PM                                                                                                      | <b>Purvaphalguni* Until 6:07PM</b><br>Shiva Until 1:27PM<br>Balava Until 7:31AM<br>Dvitiya Until 6:35PM       | Ganesha: Purple <i>Sunrise: 6:05AM</i><br>Muruga: Clear <i>Sunset: 6:28PM</i><br>Nataraja: Purple<br>Moon – Red<br><b>Devaloka Day</b><br>Bhadrapada Adhika•Avani          |
| Creative Work                      | Siddha Yoga |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Until 6:07PM then Amrita Yoga      |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Until 12.35AM Mon then Marana Yoga |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| <b>2</b>                           |             | <b>Monday, August 20, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau |                                                                                                               | Rameswaram, India<br>Sun 17 Sutra 130<br>Nandana 5114                                                                                                                      |
| Kanya Rasi: 3.29                   | Tithi 3 – 4 | 557627262                         | <b>Gulika</b> 1:49PM – 3:22PM<br><b>Yama</b> 10:44AM – 12:16PM<br><b>Rahu</b> 7:38AM – 9:11AM                                                                                                     | <b>Uttaraphalguni Until 5:10PM</b><br>Siddha Until 11:01AM<br>Vanija Until 3:57AM Tue<br>Tritiya Until 4:53PM | Ganesha: Light Blue <i>Sunrise: 6:05AM</i><br>Muruga: Clear <i>Sunset: 6:28PM</i><br>Nataraja: Purple<br>Moon – Red<br><b>Devaloka Day</b><br>Bhadrapada Adhika•Avani      |
| Family Home Evening                | Marana Yoga |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Routine Work                       | Siddha Yoga |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Until 5:10PM then Siddha Yoga      |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| <b>3</b>                           |             | <b>Tuesday, August 21, 2012</b>   | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau      |                                                                                                               | Rameswaram, India<br>Sun 18 Sutra 131<br>Nandana 5114                                                                                                                      |
| Kanya Rasi: 17.31                  | Tithi 4 – 5 | 567627262                         | <b>Gulika</b> 12:16PM – 1:49PM<br><b>Yama</b> 9:11AM – 10:43AM<br><b>Rahu</b> 3:22PM – 4:55PM                                                                                                     | <b>Hasta Until 3:58PM</b><br>Sadhya Until 8:22AM<br>Bava Until 1:59AM Wed<br>Chaturthi* Until 2:54PM          | Ganesha: Purple <i>Sunrise: 6:05AM</i><br>Muruga: Clear <i>Sunset: 6:27PM</i><br>Nataraja: Purple<br>Moon – Green<br><b>Devaloka Day</b><br>Bhadrapada Adhika•Avani        |
| Creative Work                      | Siddha Yoga |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Until 12.34AM Thu then Amrita Yoga |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| <b>4</b>                           |             | <b>Wednesday, August 22, 2012</b> | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau              |                                                                                                               | Rameswaram, India<br>Sun 19 Sutra 132<br>Nandana 5114                                                                                                                      |
| Tula Rasi: 1.38                    | Tithi 5 – 6 | 567637262                         | <b>Gulika</b> 10:43AM – 12:16PM<br><b>Yama</b> 7:38AM – 9:10AM<br><b>Rahu</b> 12:16PM – 1:49PM                                                                                                    | <b>Chitra Until 2:39PM</b><br>Sukla Until 2:55AM Thu<br>Kaulava Until 11:52PM<br>Panchami Until 12:47PM       | Ganesha: Purple <i>Sunrise: 6:05AM</i><br>Muruga: Purple <i>Sunset: 6:27PM</i><br>Nataraja: Purple<br>Moon – Green<br><b>Sivaloka Day</b><br>Bhadrapada Adhika•Avani       |
| Creative Work                      | Siddha Yoga |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Until 12.34AM Thu then Amrita Yoga |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| <b>5</b>                           |             | <b>Thursday, August 23, 2012</b>  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Svati/Visakha Nakshatra Brahma Yoga Tatitila/Gara Karana Shasthi*/Saptami Yam Titau               |                                                                                                               | Rameswaram, India<br>Sun 20 Sutra 133<br>Nandana 5114                                                                                                                      |
| Tula Rasi: 15.46                   | Tithi 6 – 7 | 567637262                         | <b>Gulika</b> 9:10AM – 10:43AM<br><b>Yama</b> 6:05AM – 7:38AM<br><b>Rahu</b> 1:48PM – 3:21PM                                                                                                      | <b>Svati Until 1:16PM</b><br>Brahma Until 12:05AM Fri<br>Gara Until 9:42PM<br>Shasthi* Until 10:37AM          | Ganesha: Purple <i>Sunrise: 6:05AM</i><br>Muruga: Purple <i>Sunset: 6:26PM</i><br>Nataraja: Purple<br>Moon – Green<br><b>Sivaloka Day</b><br>Bhadrapada Adhika•Avani       |
| Creative Work                      | Amrita Yoga |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Until 1:16PM then Siddha Yoga      |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Until 12.34AM Fri then Marana Yoga |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| <b>Retreat Star</b>                |             | <b>Friday, August 24, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Indra Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau            |                                                                                                               | Rameswaram, India<br>Sun 21 Sutra 134<br>Nandana 5114                                                                                                                      |
| Tula Rasi: 29.54                   | Tithi 7 – 8 | 577637262                         | <b>Gulika</b> 7:38AM – 9:10AM<br><b>Yama</b> 3:21PM – 4:53PM<br><b>Rahu</b> 10:43AM – 12:15PM                                                                                                     | <b>Visakha Until 11:53AM</b><br>Indra Until 9:16PM<br>Visti Until 7:32PM<br>Saptami Until 8:28AM              | Ganesha: Clear <i>Sunrise: 6:05AM</i><br>Muruga: Purple <i>Sunset: 6:26PM</i><br>Nataraja: Purple<br>Moon – Orange<br><b>Subha Sivaloka Day</b><br>Bhadrapada Adhika•Avani |
| Routine Work                       | Marana Yoga |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Until 11:53AM then Siddha Yoga     |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| <b>Retreat Star</b>                |             | <b>Saturday, August 25, 2012</b>  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Bava/Kaulava Karana Ashtami*/Navami* Yam Titau      |                                                                                                               | Rameswaram, India<br>Sun 22 Sutra 135<br>Nandana 5114                                                                                                                      |
| Vrischika Rasi: 14.01              | Tithi 8 – 9 | 577637262                         | <b>Gulika</b> 6:05AM – 7:37AM<br><b>Yama</b> 1:48PM – 3:20PM<br><b>Rahu</b> 9:10AM – 10:43AM                                                                                                      | <b>Anuradha Until 10:34AM</b><br>Vaidhriti* Until 6:29PM<br>Kaulava Until 4:30AM Sun<br>Ashtami* Until 6:21AM | Ganesha: Clear <i>Sunrise: 6:05AM</i><br>Muruga: Purple <i>Sunset: 6:25PM</i><br>Nataraja: Purple<br>Moon – Orange<br><b>Subha Sivaloka Day</b><br>Bhadrapada Adhika•Avani |
| Creative Work                      | Siddha Yoga |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |
| Until 12.33AM Sun then Marana Yoga |             |                                   |                                                                                                                                                                                                   |                                                                                                               |                                                                                                                                                                            |

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

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|---------------------------------------------------------------------------------------------------------------------------------------|----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|-----------------------------------------------------------------------------------|
| <b>1 Sunday, August 26, 2012</b>                                                                                                      |          | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dasami Yam Titau              |                                                                                                                                       | Rameswaram, India<br>Sun 23 Sutra 136<br>Nandana 5114                    |                                                                                   |
| Vrischika Rasi: 28.05                                                                                                                 | Tithi 10 | <b>Gulika</b> 3:20PM – 4:52PM<br><b>Yama</b> 12:15PM – 1:47PM<br><b>Rahu</b> 4:52PM – 6:25PM                                                                                                        | <b>Jyeshtha*</b> Until 9:17AM<br>Vishkambha* Until 3:45PM<br>Taitila Until 3:23PM<br>Dasami Until 2:27AM Mon                          | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Purple<br>Moon – Orange    | <i>Sunrise: 6:05AM</i><br><i>Sunset: 6:25PM</i><br>Moon 7 - Phase 19<br>4th Phase |
| Routine Work Marana Yoga<br>Until 9:17AM then Amrita Yoga<br>Until 12.33AM Mon then Siddha Yoga                                       |          |                                                                                                                                                                                                     |                                                                                                                                       | Subha Sivaloka Day<br>Bhadrapada Adhika•Avani                            |                                                                                   |
| <b>2 Monday, August 27, 2012</b>                                                                                                      |          | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadasi Yam Titau             |                                                                                                                                       | Rameswaram, India<br>Sun 24 Sutra 137<br>Nandana 5114                    |                                                                                   |
| Dhanus Rasi: 12.06                                                                                                                    | Tithi 11 | <b>Gulika</b> 1:47PM – 3:19PM<br><b>Yama</b> 10:42AM – 12:15PM<br><b>Rahu</b> 7:37AM – 9:10AM                                                                                                       | <b>Mula*</b> Until 8:06AM<br>Priti Until 1:06PM<br>Vanija Until 1:25PM<br>Ekadasi Until 12:30AM Tue                                   | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Clear<br>Moon – Light Blue | <i>Sunrise: 6:05AM</i><br><i>Sunset: 6:24PM</i><br>Moon 7 - Phase 19<br>4th Phase |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 8:06AM then Marana Yoga<br>Until 12.33AM Tue then Siddha Yoga               |          |                                                                                                                                                                                                     |                                                                                                                                       | Sivaloka Day<br>Bhadrapada Adhika•Avani                                  |                                                                                   |
| <b>3 Tuesday, August 28, 2012</b>                                                                                                     |          | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadasi Yam Titau |                                                                                                                                       | Rameswaram, India<br>Sun 25 Sutra 138<br>Nandana 5114                    |                                                                                   |
| Dhanus Rasi: 26.04                                                                                                                    | Tithi 12 | <b>Gulika</b> 12:14PM – 1:47PM<br><b>Yama</b> 9:10AM – 10:42AM<br><b>Rahu</b> 3:19PM – 4:51PM                                                                                                       | <b>Purvashadha*</b> Until 7:03AM<br>Ayushman Until 10:34AM<br>Bava Until 11:36AM<br>Dvadasi Until 10:41PM                             | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Clear<br>Moon – Light Blue | <i>Sunrise: 6:05AM</i><br><i>Sunset: 6:24PM</i><br>Moon 7 - Phase 19<br>4th Phase |
| Creative Work Siddha Yoga<br>Until 7:03AM then Prabalarishta Yoga<br>Until 12.32AM Wed then Amrita Yoga                               |          |                                                                                                                                                                                                     |                                                                                                                                       | Sivaloka Day<br>Bhadrapada Adhika•Avani                                  |                                                                                   |
| <b>4 Wednesday, August 29, 2012</b>                                                                                                   |          | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha*/Sraavana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau |                                                                                                                                       | Rameswaram, India<br>Sun 26 Sutra 139<br>Nandana 5114                    |                                                                                   |
| Makara Rasi: 9.54                                                                                                                     | Tithi 13 | <b>Gulika</b> 10:42AM – 12:14PM<br><b>Yama</b> 7:37AM – 9:09AM<br><b>Rahu</b> 12:14PM – 1:46PM                                                                                                      | <b>Uttarashadha</b> Until 6:10AM<br>Saubhagya Until 8:12AM<br>Kaulava Until 9:59AM<br>Trayodasi Until 9:03PM<br><i>Pradosha Vrata</i> | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: Clear<br>Moon – Light Blue | <i>Sunrise: 6:05AM</i><br><i>Sunset: 6:23PM</i><br>Moon 7 - Phase 19<br>4th Phase |
| Creative Work Amrita Yoga<br>Until 6:10AM then Siddha Yoga                                                                            |          |                                                                                                                                                                                                     |                                                                                                                                       | Sivaloka Day<br>Bhadrapada Adhika•Avani                                  |                                                                                   |
| <b>5 Thursday, August 30, 2012</b>                                                                                                    |          | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau               |                                                                                                                                       | Rameswaram, India<br>Sun 27 Sutra 140<br>Nandana 5114                    |                                                                                   |
| Makara Rasi: 23.35                                                                                                                    | Tithi 14 | <b>Gulika</b> 9:09AM – 10:41AM<br><b>Yama</b> 6:05AM – 7:37AM<br><b>Rahu</b> 1:46PM – 3:18PM                                                                                                        | <b>Dhanishtha</b> Until 6:08AM Fri<br>Sobhana Until 6:05AM<br>Gara Until 8:38AM<br>Chaturdasi* Until 7:43PM                           | Ganesha: White<br>Muruga: Purple<br>Nataraja: Clear<br>Moon – Purple     | <i>Sunrise: 6:05AM</i><br><i>Sunset: 6:23PM</i><br>Moon 7 - Phase 19<br>4th Phase |
| Creative Work Siddha Yoga                                                                                                             |          | <b>Chidambaram Abhishekam</b>                                                                                                                                                                       |                                                                                                                                       | Subha Sivaloka Day<br>Bhadrapada Adhika•Avani                            |                                                                                   |
| <b>○ Friday, August 31, 2012</b>                                                                                                      |          | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Satabhisha Nakshatra Sukarma Yoga Visti*/Bava Karana Purnima* Yam Titau                            |                                                                                                                                       | Rameswaram, India<br>Sun 28 Sutra 141<br>Nandana 5114                    |                                                                                   |
| <b>Copper Retreat Star</b>                                                                                                            |          | <b>Gulika</b> 7:37AM – 9:09AM<br><b>Yama</b> 3:18PM – 4:50PM<br><b>Rahu</b> 10:41AM – 12:13PM                                                                                                       | <b>Satabhisha</b> Until 5:51AM Sat<br>Sukarma Until 3:01AM Sat<br>Visti Until 7:49AM<br>Purnima* Until 7:49PM                         | Ganesha: White<br>Muruga: Purple<br>Nataraja: Clear<br>Moon – Purple     | <i>Sunrise: 6:05AM</i><br><i>Sunset: 6:22PM</i><br>Moon 7 - Phase 19<br>Purnima   |
| Kumbha Rasi: 7.05<br>Tithi 15<br>Creative Work Siddha Yoga<br>Until 12.31AM Sat then Amrita Yoga<br>Until 5:51AM Sat then Siddha Yoga |          |                                                                                                                                                                                                     |                                                                                                                                       | Subha Sivaloka Day<br>Bhadrapada Adhika•Avani                            |                                                                                   |
| <b>Saturday, September 1, 2012</b>                                                                                                    |          | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaprostapada* Nakshatra Dhriti Yoga Balava/Kaulava Karana Prathama* Yam Titau                 |                                                                                                                                       | Rameswaram, India<br>Sun 29 Sutra 142<br>Nandana 5114                    |                                                                                   |
| <b>Silver Retreat Star</b>                                                                                                            |          | <b>Gulika</b> 6:05AM – 7:37AM<br><b>Yama</b> 1:45PM – 3:17PM<br><b>Rahu</b> 9:09AM – 10:41AM                                                                                                        | <b>Purvaprostapada*</b> Until 6:09AM Sun<br>Dhriti Until 1:32AM Sun<br>Balava Until 7:18AM<br>Prathama* Until 7:18PM                  | Ganesha: White<br>Muruga: Purple<br>Nataraja: Clear<br>Moon – Clear      | <i>Sunrise: 6:05AM</i><br><i>Sunset: 6:22PM</i><br>Moon 7 - Phase 19<br>Prathama  |
| Kumbha Rasi: 20.19<br>Tithi 16<br>Creative Work Siddha Yoga<br>Until 6:09AM Sun then Amrita Yoga                                      |          |                                                                                                                                                                                                     |                                                                                                                                       | Subha Sivaloka Day<br>Bhadrapada Adhika•Avani                            |                                                                                   |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

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Sunday, September 2, 2012

Gold Retreat Star

Meena Rasi: 3.16      Tithi 17  
519637263  
Creative Work    Siddha Yoga  
Until 6:09AM then Amrita Yoga  
Until 12.31AM Mon then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaprostapada\*/Uttaraprostapada Nakshatra Shula\* Yoga Taitila/Gara Karana Dvitiya Yam Titau

**Gulika**    3:17PM – 4:49PM  
**Yama**      12:13PM – 1:45PM  
**Rahu**      4:49PM – 6:21PM

Purvaprostapada\* Until 6:09AM  
Shula\* Until 12:33AM Mon  
Taitila Until 7:20AM  
Dvitiya Until 7:20PM

Ganesha: Clear      *Sunrise: 6:04AM*  
Muruga: Purple      *Sunset: 6:21PM*  
Nataraja: Clear  
Moon – Clear  
Bhadrapada Adhika\*Avani

Sivaloka Day

Rameswaram, India  
Sun 1    Sutra 143  
Nandana 5114  
Moon 8 - Phase 20  
1st Phase

Monday, September 3, 2012

1

Meena Rasi: 15.54      Tithi 18  
Family Home Evening      519637263  
Creative Work    Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraprostapada/Revati Nakshatra Ganda\* Yoga Vanija/Visti\* Karana Tritiya Yam Titau

**Gulika**    1:44PM – 3:16PM  
**Yama**      10:40AM – 12:12PM  
**Rahu**      7:36AM – 9:08AM

Uttaraprostapada Until 7:32AM  
Ganda\* Until 1:27AM Tue  
Vanija Until 8:10AM  
Tritiya Until 9:15PM

Ganesha: Clear      *Sunrise: 6:04AM*  
Muruga: Purple      *Sunset: 6:20PM*  
Nataraja: Clear  
Moon – Clear  
Bhadrapada Adhika\*Avani

Sivaloka Day

Rameswaram, India  
Sun 2    Sutra 144  
Nandana 5114  
Moon 8 - Phase 20  
1st Phase

Tuesday, September 4, 2012

2

Meena Rasi: 28.16      Tithi 19  
519637263  
Creative Work    Siddha Yoga  
Until 12.30AM Wed then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Revati/Asvini Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthi\* Yam Titau

**Gulika**    12:12PM – 1:44PM  
**Yama**      9:08AM – 10:40AM  
**Rahu**      3:16PM – 4:48PM

Revati Until 9:28AM  
Vriddhi Until 1:27AM Wed  
Bava Until 9:29AM  
Chaturthi\* Until 10:34PM

Ganesha: Clear      *Sunrise: 6:04AM*  
Muruga: Purple      *Sunset: 6:20PM*  
Nataraja: Clear  
Moon – Clear  
Bhadrapada Adhika\*Avani

Sivaloka Day

Rameswaram, India  
Sun 3    Sutra 145  
Nandana 5114  
Moon 8 - Phase 20  
1st Phase

Wednesday, September 5, 2012

3

Mesha Rasi: 10.23      Tithi 20  
529637263  
Routine Work    Marana Yoga  
Until 12.30AM Thu then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Asvini/Bharani Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchami Yam Titau

**Gulika**    10:40AM – 12:12PM  
**Yama**      7:36AM – 9:08AM  
**Rahu**      12:12PM – 1:44PM

Asvini Until 11:53AM  
Dhruva Until 1:54AM Thu  
Kaulava Until 11:20AM  
Panchami Until 12:25AM Thu

Ganesha: Purple      *Sunrise: 6:04AM*  
Muruga: Purple      *Sunset: 6:19PM*  
Nataraja: Clear  
Moon – White  
Bhadrapada Adhika\*Avani

Devaloka Day

Rameswaram, India  
Sun 4    Sutra 146  
Nandana 5114  
Moon 8 - Phase 20  
1st Phase

Thursday, September 6, 2012

4

Mesha Rasi: 22.2      Tithi 21  
529637263  
Creative Work    Siddha Yoga  
Until 2:41PM then Marana Yoga  
Until 12.29AM Fri then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika**    9:08AM – 10:40AM  
**Yama**      6:04AM – 7:36AM  
**Rahu**      1:43PM – 3:15PM

Bharani Until 2:41PM  
Vyaghata\* Until 2:41AM Fri  
Gara Until 1:35PM  
Shasthi\* Until 2:40AM Fri

Ganesha: Purple      *Sunrise: 6:04AM*  
Muruga: Purple      *Sunset: 6:19PM*  
Nataraja: Clear  
Moon – White  
Bhadrapada Adhika\*Avani

Devaloka Day

Rameswaram, India  
Sun 5    Sutra 147  
Nandana 5114  
Moon 8 - Phase 20  
1st Phase

Friday, September 7, 2012

5

Vrishabha Rasi: 4.09      Tithi 22  
529637263  
Creative Work    Siddha Yoga  
Until 5:41PM then Marana Yoga  
Until 12.29AM Sat then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika**    7:36AM – 9:08AM  
**Yama**      3:15PM – 4:46PM  
**Rahu**      10:39AM – 12:11PM

Krittika Until 5:41PM  
Harshana Until 3:41AM Sat  
Visti Until 4:04PM  
Saptami Until 5:10AM Sat

Ganesha: Purple      *Sunrise: 6:04AM*  
Muruga: Purple      *Sunset: 6:18PM*  
Nataraja: Clear  
Moon – White  
Bhadrapada Adhika\*Avani

Devaloka Day

Rameswaram, India  
Sun 6    Sutra 148  
Nandana 5114  
Moon 8 - Phase 20  
1st Phase

Saturday, September 8, 2012



Retreat Star

Vrishabha Rasi: 15.57      Tithi 23  
539737263  
Creative Work    Amrita Yoga  
Until 8:45PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Vajra\* Yoga Balava Karana Ashtami\* Yam Titau

**Gulika**    6:04AM – 7:36AM  
**Yama**      1:42PM – 3:14PM  
**Rahu**      9:07AM – 10:39AM

Rohini Until 8:45PM  
Vajra\* Until 4:43AM Sun  
Balava Until 6:38PM  
Ashtami\* Until 7:57AM Sun

Ganesha: Purple      *Sunrise: 6:04AM*  
Muruga: Purple      *Sunset: 6:18PM*  
Nataraja: Clear  
Moon – Yellow  
Bhadrapada Adhika\*Avani

Subha Sivaloka Day

Rameswaram, India  
Sun 7    Sutra 149  
Nandana 5114  
Moon 8 - Phase 20  
Ashtami

Sunday, September 9, 2012

Retreat Star

Vrishabha Rasi: 27.49      Tithi 23 – 24  
539737263  
Creative Work    Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira Nakshatra Siddhi Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau

**Gulika**    3:14PM – 4:45PM  
**Yama**      12:10PM – 1:42PM  
**Rahu**      4:45PM – 6:17PM

Mrigasira Until 11:42PM  
Siddhi Until 5:38AM Mon  
Taitila Until 9:03PM  
Ashtami\* Until 7:57AM

Ganesha: Purple      *Sunrise: 6:04AM*  
Muruga: Purple      *Sunset: 6:17PM*  
Nataraja: Clear  
Moon – Yellow  
Bhadrapada Adhika\*Avani

Subha Sivaloka Day

Grandparent's Day

Rameswaram, India  
Sun 8    Sutra 150  
Nandana 5114  
Moon 8 - Phase 20  
Navami

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376

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|                                                                                     |               |                                      |                                                                                                                                                                                                   |                                        |                                                       |
|-------------------------------------------------------------------------------------|---------------|--------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------|-------------------------------------------------------|
| <b>1</b>                                                                            |               | <b>Monday, September 10, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau                     |                                        | Rameswaram, India<br>Sun 9 Sutra 151<br>Nandana 5114  |
| Mithuna Rasi: 9.5                                                                   | Tithi 24 – 25 |                                      | <b>Gulika</b> 1:42PM – 3:13PM                                                                                                                                                                     | <b>Ardra</b> Until 2:20AM Tue          | Ganesha: Blue <i>Sunrise: 6:04AM</i>                  |
| Family Home Evening                                                                 | 541737263     |                                      | <b>Yama</b> 10:38AM – 12:10PM                                                                                                                                                                     | <b>Vyatipata*</b> Until 6:17AM Tue     | Muruga: Purple <i>Sunset: 6:16PM</i>                  |
| Creative Work Siddha Yoga                                                           |               |                                      | <b>Rahu</b> 7:35AM – 9:07AM                                                                                                                                                                       | <b>Vanija</b> Until 11:08PM            | Nataraja: Clear                                       |
| Until 12.28AM Tue then Marana Yoga                                                  |               |                                      |                                                                                                                                                                                                   | <b>Navami*</b> Until 10:03AM           | Moon – Yellow                                         |
| Until 2:20AM Tue then Siddha Yoga                                                   |               |                                      |                                                                                                                                                                                                   |                                        | <b>Subha Sivaloka Day</b><br>Bhadrapada Adhika•Avani  |
| <b>2</b>                                                                            |               | <b>Tuesday, September 11, 2012</b>   | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Variyan Yoga Visti*/Bava Karana Dasami/Ekadas* Yam Titau                 |                                        | Rameswaram, India<br>Sun 10 Sutra 152<br>Nandana 5114 |
| Mithuna Rasi: 22.05                                                                 | Tithi 25 – 26 |                                      | <b>Gulika</b> 12:10PM – 1:41PM                                                                                                                                                                    | <b>Punarvasu</b> Until 2:47AM Wed      | Ganesha: Red <i>Sunrise: 6:04AM</i>                   |
| 541737263                                                                           |               |                                      | <b>Yama</b> 9:07AM – 10:38AM                                                                                                                                                                      | <b>Variyan</b> Until 4:45AM Wed        | Muruga: Purple <i>Sunset: 6:16PM</i>                  |
| Creative Work Siddha Yoga                                                           |               |                                      | <b>Rahu</b> 3:13PM – 4:44PM                                                                                                                                                                       | <b>Bava</b> Until 11:10PM              | Nataraja: Clear                                       |
|                                                                                     |               |                                      |                                                                                                                                                                                                   | <b>Dasami</b> Until 11:10AM            | Moon – Blue                                           |
|                                                                                     |               |                                      |                                                                                                                                                                                                   |                                        | <b>Sivaloka Day</b><br>Bhadrapada Adhika•Avani        |
| <b>3</b>                                                                            |               | <b>Wednesday, September 12, 2012</b> | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadas*/Dvadasi* Yam Titau                |                                        | Rameswaram, India<br>Sun 11 Sutra 153<br>Nandana 5114 |
| Kataka Rasi: 4.38                                                                   | Tithi 26 – 27 |                                      | <b>Gulika</b> 10:38AM – 12:09PM                                                                                                                                                                   | <b>Pushya</b> Until 4:13AM Thu         | Ganesha: Red <i>Sunrise: 6:03AM</i>                   |
| 541737263                                                                           |               |                                      | <b>Yama</b> 7:35AM – 9:06AM                                                                                                                                                                       | <b>Parigha*</b> Until 4:25AM Thu       | Muruga: Purple <i>Sunset: 6:15PM</i>                  |
| Creative Work Siddha Yoga                                                           |               |                                      | <b>Rahu</b> 12:09PM – 1:41PM                                                                                                                                                                      | <b>Kaulava</b> Until 12:00PM           | Nataraja: Clear                                       |
| Until 12.27AM Thu then Amrita Yoga                                                  |               |                                      |                                                                                                                                                                                                   | <b>Ekadas*</b> Until 12:00PM           | Moon – Blue                                           |
| Until 4:13AM Thu then Siddha Yoga                                                   |               |                                      |                                                                                                                                                                                                   |                                        | <b>Sivaloka Day</b><br>Bhadrapada Adhika•Avani        |
| <b>4</b>                                                                            |               | <b>Thursday, September 13, 2012</b>  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Aslesha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau                 |                                        | Rameswaram, India<br>Sun 12 Sutra 154<br>Nandana 5114 |
| Kataka Rasi: 17.33                                                                  | Tithi 27 – 28 |                                      | <b>Gulika</b> 9:06AM – 10:38AM                                                                                                                                                                    | <b>Aslesha*</b> Until 4:59AM Fri       | Ganesha: Red <i>Sunrise: 6:03AM</i>                   |
| 541737263                                                                           |               |                                      | <b>Yama</b> 6:03AM – 7:35AM                                                                                                                                                                       | <b>Shiva</b> Until 3:27AM Fri          | Muruga: Purple <i>Sunset: 6:15PM</i>                  |
| Creative Work Siddha Yoga                                                           |               |                                      | <b>Rahu</b> 1:40PM – 3:12PM                                                                                                                                                                       | <b>Gara</b> Until 12:07AM Fri          | Nataraja: Clear                                       |
| Until 12.27AM Fri then Marana Yoga                                                  |               |                                      |                                                                                                                                                                                                   | <b>Dvadasi*</b> Until 12:07PM          | Moon – Blue                                           |
|                                                                                     |               |                                      |                                                                                                                                                                                                   | <i>Pradosha Vrata (Fasting)</i>        | <b>Sivaloka Day</b><br>Bhadrapada Adhika•Avani        |
| <b>5</b>                                                                            |               | <b>Friday, September 14, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau             |                                        | Rameswaram, India<br>Sun 13 Sutra 155<br>Nandana 5114 |
| Simha Rasi: 0.51                                                                    | Tithi 28 – 29 |                                      | <b>Gulika</b> 7:35AM – 9:06AM                                                                                                                                                                     | <b>Magha*</b> Until 3:24AM Sat         | Ganesha: Yellow <i>Sunrise: 6:03AM</i>                |
| 551737263                                                                           |               |                                      | <b>Yama</b> 3:11PM – 4:43PM                                                                                                                                                                       | <b>Siddha</b> Until 12:31AM Sat        | Muruga: Purple <i>Sunset: 6:14PM</i>                  |
| Routine Work Marana Yoga                                                            |               |                                      | <b>Rahu</b> 10:37AM – 12:09PM                                                                                                                                                                     | <b>Visti</b> Until 10:06PM             | Nataraja: Clear                                       |
| Until 12.27AM Sat then Amrita Yoga                                                  |               |                                      |                                                                                                                                                                                                   | <b>Trayodasi*</b> Until 11:02AM        | Moon – Red                                            |
| Until 3:24AM Sat then Marana Yoga                                                   |               |                                      |                                                                                                                                                                                                   |                                        | <b>Sivaloka Day</b><br>Bhadrapada Adhika•Avani        |
|  |               | <b>Saturday, September 15, 2012</b>  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni* Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau |                                        | Rameswaram, India<br>Sun 14 Sutra 156<br>Nandana 5114 |
| <b>Retreat Star</b>                                                                 |               |                                      | <b>Gulika</b> 6:03AM – 7:34AM                                                                                                                                                                     | <b>Purvaphalguni*</b> Until 2:47AM Sun | Ganesha: Yellow <i>Sunrise: 6:03AM</i>                |
| Simha Rasi: 14.32                                                                   | Tithi 29 – 30 |                                      | <b>Yama</b> 1:40PM – 3:11PM                                                                                                                                                                       | <b>Sadhya</b> Until 10:23PM            | Muruga: Purple <i>Sunset: 6:13PM</i>                  |
| 551737263                                                                           |               |                                      | <b>Rahu</b> 9:06AM – 10:37AM                                                                                                                                                                      | <b>Catuspada</b> Until 8:47PM          | Nataraja: Clear                                       |
| Routine Work Marana Yoga                                                            |               |                                      |                                                                                                                                                                                                   | <b>Chaturdasi*</b> Until 9:43AM        | Moon – Red                                            |
| Until 12.26AM Sun then Siddha Yoga                                                  |               |                                      |                                                                                                                                                                                                   |                                        | <b>Sivaloka Day</b><br>Bhadrapada Adhika•Avani        |
| Until 2:47AM Sun then Amrita Yoga                                                   |               |                                      |                                                                                                                                                                                                   |                                        |                                                       |
| <b>Retreat Star</b>                                                                 |               | <b>Sunday, September 16, 2012</b>    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau        |                                        | Rameswaram, India<br>Sun 15 Sutra 157<br>Nandana 5114 |
| Simha Rasi: 28.34                                                                   | Tithi 30 – 1  |                                      | <b>Gulika</b> 3:10PM – 4:41PM                                                                                                                                                                     | <b>Uttaraphalguni</b> Until 1:36AM Mon | Ganesha: Yellow <i>Sunrise: 6:03AM</i>                |
| 551737263                                                                           |               |                                      | <b>Yama</b> 12:08PM – 1:39PM                                                                                                                                                                      | <b>Subha</b> Until 7:43PM              | Muruga: Purple <i>Sunset: 6:13PM</i>                  |
| Creative Work Amrita Yoga                                                           |               |                                      | <b>Rahu</b> 4:41PM – 6:13PM                                                                                                                                                                       | <b>Kintughna</b> Until 6:51PM          | Nataraja: Clear                                       |
| Until 12.26AM Mon then Marana Yoga                                                  |               |                                      |                                                                                                                                                                                                   | <b>Amavasya*</b> Until 7:46AM          | Moon – Red                                            |
| Until 1:36AM Mon then Siddha Yoga                                                   |               |                                      |                                                                                                                                                                                                   |                                        | <b>Sivaloka Day</b><br>Bhadrapada•Puratasi            |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishṇa Yajur Veda, Svetu 2.9. UpP, 192

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|                                        |             |           |                                                                                                                                                                                              |                                 |                                        |                                                       |
|----------------------------------------|-------------|-----------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|----------------------------------------|-------------------------------------------------------|
| <b>1 Monday, September 17, 2012</b>    |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiya Yam Titau                    |                                 |                                        | Rameswaram, India<br>Sun 16 Sutra 158<br>Nandana 5114 |
| Kanya Rasi: 12.52                      | Tithi 2     |           | <b>Gulika</b> 1:39PM – 3:10PM                                                                                                                                                                | <b>Hasta</b> Until 11:57PM      | Ganesha: Red <i>Sunrise: 6:03AM</i>    |                                                       |
| Family Home Evening                    |             | 561737263 | <b>Yama</b> 10:36AM – 12:08PM                                                                                                                                                                | <b>Sukla</b> Until 4:38PM       | Muruga: Purple <i>Sunset: 6:12PM</i>   | Moon 8 - Phase 22                                     |
| Creative Work Siddha Yoga              |             |           | <b>Rahu</b> 7:34AM – 9:05AM                                                                                                                                                                  | <b>Balava</b> Until 4:25PM      | Nataraja: Clear                        | 3rd Phase                                             |
| Until 11:57PM then Prabalarishta Yoga  |             |           |                                                                                                                                                                                              | <b>Dvitiya</b> Until 3:30AM Tue | Moon – Green                           | <b>Sivaloka Day</b>                                   |
| Until 12.26AM Tue then Siddha Yoga     |             |           |                                                                                                                                                                                              |                                 | <b>Bhadrapada*Puratasi</b>             |                                                       |
| <b>2 Tuesday, September 18, 2012</b>   |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiya Yam Titau                  |                                 |                                        | Rameswaram, India<br>Sun 17 Sutra 159<br>Nandana 5114 |
| Kanya Rasi: 27.19                      | Tithi 3     |           | <b>Gulika</b> 12:07PM – 1:38PM                                                                                                                                                               | <b>Chitra</b> Until 8:57PM      | Ganesha: Red <i>Sunrise: 6:03AM</i>    |                                                       |
|                                        |             | 561737263 | <b>Yama</b> 9:05AM – 10:36AM                                                                                                                                                                 | <b>Brahma</b> Until 12:48PM     | Muruga: Purple <i>Sunset: 6:11PM</i>   | Moon 8 - Phase 22                                     |
| Creative Work Siddha Yoga              |             |           | <b>Rahu</b> 3:09PM – 4:40PM                                                                                                                                                                  | <b>Taitila</b> Until 1:08PM     | Nataraja: Clear                        | 3rd Phase                                             |
|                                        |             |           |                                                                                                                                                                                              | <b>Tritiya</b> Until 11:25PM    | Moon – Green                           | <b>Sivaloka Day</b>                                   |
|                                        |             |           |                                                                                                                                                                                              |                                 | <b>Bhadrapada*Puratasi</b>             |                                                       |
| <b>3 Wednesday, September 19, 2012</b> |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau             |                                 |                                        | Rameswaram, India<br>Sun 18 Sutra 160<br>Nandana 5114 |
| Tula Rasi: 11.51                       | Tithi 4     |           | <b>Gulika</b> 10:36AM – 12:07PM                                                                                                                                                              | <b>Svati</b> Until 7:59PM       | Ganesha: Red <i>Sunrise: 6:03AM</i>    |                                                       |
|                                        |             | 561737263 | <b>Yama</b> 7:34AM – 9:05AM                                                                                                                                                                  | <b>Indra</b> Until 9:47AM       | Muruga: Purple <i>Sunset: 6:11PM</i>   | Moon 8 - Phase 22                                     |
| Creative Work Siddha Yoga              |             |           | <b>Rahu</b> 12:07PM – 1:38PM                                                                                                                                                                 | <b>Vanija</b> Until 10:28AM     | Nataraja: Clear                        | 3rd Phase                                             |
|                                        |             |           | <b>Ganesha Chaturthi</b>                                                                                                                                                                     | <b>Chaturthi*</b> Until 8:45PM  | Moon – Green                           | <b>Sivaloka Day</b>                                   |
|                                        |             |           |                                                                                                                                                                                              |                                 | <b>Bhadrapada*Puratasi</b>             |                                                       |
| <b>4 Thursday, September 20, 2012</b>  |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchami Yam Titau |                                 |                                        | Rameswaram, India<br>Sun 19 Sutra 161<br>Nandana 5114 |
| Tula Rasi: 26.2                        | Tithi 5     |           | <b>Gulika</b> 9:05AM – 10:36AM                                                                                                                                                               | <b>Visakha</b> Until 5:59PM     | Ganesha: Yellow <i>Sunrise: 6:03AM</i> |                                                       |
|                                        |             | 572737263 | <b>Yama</b> 6:03AM – 7:34AM                                                                                                                                                                  | <b>Vaidhriti*</b> Until 6:22AM  | Muruga: Purple <i>Sunset: 6:10PM</i>   | Moon 8 - Phase 22                                     |
| Creative Work Siddha Yoga              |             |           | <b>Rahu</b> 1:37PM – 3:08PM                                                                                                                                                                  | <b>Bava</b> Until 8:00AM        | Nataraja: Clear                        | 3rd Phase                                             |
|                                        |             |           |                                                                                                                                                                                              | <b>Panchami</b> Until 7:05PM    | Moon – Orange                          | <b>Sivaloka Day</b>                                   |
|                                        |             |           |                                                                                                                                                                                              |                                 | <b>Bhadrapada*Puratasi</b>             |                                                       |
| <b>5 Friday, September 21, 2012</b>    |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau      |                                 |                                        | Rameswaram, India<br>Sun 20 Sutra 162<br>Nandana 5114 |
| Vrischika Rasi: 10.44                  | Tithi 6 – 7 |           | <b>Gulika</b> 7:33AM – 9:04AM                                                                                                                                                                | <b>Anuradha</b> Until 4:10PM    | Ganesha: Yellow <i>Sunrise: 6:03AM</i> |                                                       |
|                                        |             | 572737263 | <b>Yama</b> 3:08PM – 4:39PM                                                                                                                                                                  | <b>Priti</b> Until 12:27AM Sat  | Muruga: Purple <i>Sunset: 6:10PM</i>   | Moon 8 - Phase 22                                     |
| Creative Work Siddha Yoga              |             |           | <b>Rahu</b> 10:35AM – 12:06PM                                                                                                                                                                | <b>Gara</b> Until 3:33AM Sat    | Nataraja: Clear                        | 3rd Phase                                             |
| Until 4:10PM then Prabalarishta Yoga   |             |           |                                                                                                                                                                                              | <b>Shasthi*</b> Until 4:29PM    | Moon – Orange                          | <b>Sivaloka Day</b>                                   |
| Until 12.24AM Sat then Siddha Yoga     |             |           |                                                                                                                                                                                              |                                 | <b>Bhadrapada*Puratasi</b>             |                                                       |
| <b>6 Saturday, September 22, 2012</b>  |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau     |                                 |                                        | Rameswaram, India<br>Sun 21 Sutra 163<br>Nandana 5114 |
| <b>Retreat Star</b>                    |             |           | <b>Gulika</b> 6:02AM – 7:33AM                                                                                                                                                                | <b>Jyeshtha*</b> Until 2:38PM   | Ganesha: Yellow <i>Sunrise: 6:02AM</i> |                                                       |
| Vrischika Rasi: 24.58                  | Tithi 7 – 8 |           | <b>Yama</b> 1:37PM – 3:07PM                                                                                                                                                                  | <b>Ayushman</b> Until 9:27PM    | Muruga: Purple <i>Sunset: 6:09PM</i>   | Moon 8 - Phase 22                                     |
|                                        |             | 572737263 | <b>Rahu</b> 9:04AM – 10:35AM                                                                                                                                                                 | <b>Visti</b> Until 1:15AM Sun   | Nataraja: Clear                        | Ashtami                                               |
| Creative Work Siddha Yoga              |             |           |                                                                                                                                                                                              | <b>Saptami</b> Until 2:10PM     | Moon – Orange                          | <b>Sivaloka Day</b>                                   |
| Until 12.24AM Sun then Amrita Yoga     |             |           |                                                                                                                                                                                              |                                 | <b>Bhadrapada*Puratasi</b>             |                                                       |
| <b>7 Sunday, September 23, 2012</b>    |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau   |                                 |                                        | Rameswaram, India<br>Sun 22 Sutra 164<br>Nandana 5114 |
| <b>Retreat Star</b>                    |             |           | <b>Gulika</b> 3:07PM – 4:38PM                                                                                                                                                                | <b>Mula*</b> Until 1:26PM       | Ganesha: White <i>Sunrise: 6:02AM</i>  |                                                       |
| Dhanus Rasi: 9                         | Tithi 8 – 9 |           | <b>Yama</b> 12:05PM – 1:36PM                                                                                                                                                                 | <b>Saubhagya</b> Until 6:45PM   | Muruga: Purple <i>Sunset: 6:08PM</i>   | Moon 8 - Phase 22                                     |
|                                        |             | 582737263 | <b>Rahu</b> 4:38PM – 6:08PM                                                                                                                                                                  | <b>Balava</b> Until 11:17PM     | Nataraja: Clear                        | Navami                                                |
| Creative Work Amrita Yoga              |             |           |                                                                                                                                                                                              | <b>Ashtami*</b> Until 12:12PM   | Moon – Light Blue                      | <b>Devaloka Day</b>                                   |
| Until 1:26PM then Siddha Yoga          |             |           |                                                                                                                                                                                              |                                 | <b>Bhadrapada*Puratasi</b>             |                                                       |
| Until 12.24AM Mon then Marana Yoga     |             |           |                                                                                                                                                                                              |                                 |                                        |                                                       |

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

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|                                           |                               |                    |                                                                                                                                                                                                                      |                               |                                                       |                   |
|-------------------------------------------|-------------------------------|--------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------|-------------------------------------------------------|-------------------|
| 1                                         | Monday, September 24, 2012    |                    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau          |                               | Rameswaram, India<br>Sun 23 Sutra 165<br>Nandana 5114 |                   |
|                                           | Dhanus Rasi: 22.51            | Tithi 9 – 10       | <b>Gulika</b> 1:36PM – 3:06PM                                                                                                                                                                                        | Purvashadha* Until 12:32PM    | Ganesha: White                                        | Sunrise: 6:02AM   |
|                                           | Family Home Evening           | 582737263          | <b>Yama</b> 10:34AM – 12:05PM                                                                                                                                                                                        | Sobhana Until 4:21PM          | Muruga: Purple                                        | Sunset: 6:08PM    |
|                                           | Routine Work                  | Marana Yoga        | <b>Rahu</b> 7:33AM – 9:04AM                                                                                                                                                                                          | Taitila Until 9:41PM          | Nataraja: Clear                                       | Moon 8 - Phase 23 |
| Until 12.23AM Tue then Prabalarishta Yoga |                               |                    | Navami* Until 10:36AM                                                                                                                                                                                                |                               | Moon – Light Blue                                     | 4th Phase         |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Devaloka Day                                          |                   |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Bhadrapada*Puratasi                                   |                   |
| 2                                         | Tuesday, September 25, 2012   |                    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttarashadha*/Savana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau                |                               | Rameswaram, India<br>Sun 24 Sutra 166<br>Nandana 5114 |                   |
|                                           | Makara Rasi: 6.31             | Tithi 10 – 11      | <b>Gulika</b> 12:05PM – 1:35PM                                                                                                                                                                                       | Uttarashadha Until 12:27PM    | Ganesha: White                                        | Sunrise: 6:02AM   |
|                                           | 582737263                     |                    | <b>Yama</b> 9:03AM – 10:34AM                                                                                                                                                                                         | Athiganda* Until 2:52PM       | Muruga: Purple                                        | Sunset: 6:07PM    |
|                                           | Routine Work                  | Prabalarishta Yoga | <b>Rahu</b> 3:06PM – 4:37PM                                                                                                                                                                                          | Vanija Until 9:37PM           | Nataraja: Clear                                       | Moon 8 - Phase 23 |
| Until 12.27PM then Siddha Yoga            |                               |                    | Dasami Until 9:37AM                                                                                                                                                                                                  |                               | Moon – Light Blue                                     | 4th Phase         |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Devaloka Day                                          |                   |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Bhadrapada*Puratasi                                   |                   |
| 3                                         | Wednesday, September 26, 2012 |                    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Savana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau                        |                               | Rameswaram, India<br>Sun 25 Sutra 167<br>Nandana 5114 |                   |
|                                           | Makara Rasi: 19.59            | Tithi 11 – 12      | <b>Gulika</b> 10:34AM – 12:04PM                                                                                                                                                                                      | Savana Until 12:11PM          | Ganesha: Clear                                        | Sunrise: 6:02AM   |
|                                           | 592737263                     |                    | <b>Yama</b> 7:33AM – 9:03AM                                                                                                                                                                                          | Sukarma Until 12:56PM         | Muruga: Purple                                        | Sunset: 6:07PM    |
|                                           | Creative Work                 | Siddha Yoga        | <b>Rahu</b> 12:04PM – 1:35PM                                                                                                                                                                                         | Bava Until 8:38PM             | Nataraja: Clear                                       | Moon 8 - Phase 23 |
| Until 12.11PM then Prabalarishta Yoga     |                               |                    | Ekadasi Until 8:38AM                                                                                                                                                                                                 |                               | Moon – Purple                                         | 4th Phase         |
| Until 12.22AM Thu then Siddha Yoga        |                               |                    |                                                                                                                                                                                                                      |                               | Sivaloka Day                                          |                   |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Bhadrapada*Puratasi                                   |                   |
| 4                                         | Thursday, September 27, 2012  |                    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau                 |                               | Rameswaram, India<br>Sun 26 Sutra 168<br>Nandana 5114 |                   |
|                                           | Kumbha Rasi: 3.16             | Tithi 12 – 13      | <b>Gulika</b> 9:03AM – 10:34AM                                                                                                                                                                                       | Dhanishtha Until 12:16PM      | Ganesha: White                                        | Sunrise: 6:02AM   |
|                                           | 692737263                     |                    | <b>Yama</b> 6:02AM – 7:32AM                                                                                                                                                                                          | Dhriti Until 11:20AM          | Muruga: Purple                                        | Sunset: 6:06PM    |
|                                           | Creative Work                 | Siddha Yoga        | <b>Rahu</b> 1:35PM – 3:05PM                                                                                                                                                                                          | Kaulava Until 8:02PM          | Nataraja: Clear                                       | Moon 8 - Phase 23 |
| Until 12.16PM then Marana Yoga            |                               |                    | Dvadasi Until 8:02AM                                                                                                                                                                                                 |                               | Moon – Purple                                         | 4th Phase         |
| Until 12.22AM Fri then Siddha Yoga        |                               |                    | Kadaitswami Mahasamadhi                                                                                                                                                                                              |                               | Devaloka Day                                          |                   |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Bhadrapada*Puratasi                                   |                   |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Pradosha Vrata                                        |                   |
| 5                                         | Friday, September 28, 2012    |                    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Satabhisha/Purvaprostapada* Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau        |                               | Rameswaram, India<br>Sun 27 Sutra 169<br>Nandana 5114 |                   |
|                                           | Kumbha Rasi: 16.21            | Tithi 13 – 14      | <b>Gulika</b> 7:32AM – 9:03AM                                                                                                                                                                                        | Satabhisha Until 12:44PM      | Ganesha: White                                        | Sunrise: 6:02AM   |
|                                           | 692737263                     |                    | <b>Yama</b> 3:05PM – 4:35PM                                                                                                                                                                                          | Shula* Until 10:05AM          | Muruga: Purple                                        | Sunset: 6:06PM    |
|                                           | Creative Work                 | Siddha Yoga        | <b>Rahu</b> 10:33AM – 12:04PM                                                                                                                                                                                        | Gara Until 7:49PM             | Nataraja: Clear                                       | Moon 8 - Phase 23 |
|                                           |                               |                    | Trayodasi Until 7:49AM                                                                                                                                                                                               |                               | Moon – Purple                                         | 4th Phase         |
|                                           |                               |                    | Chidambaram Abhishekam                                                                                                                                                                                               |                               | Devaloka Day                                          |                   |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Bhadrapada*Puratasi                                   |                   |
| O                                         | Saturday, September 29, 2012  |                    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaprostapada*/Uttaraprostapada Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau |                               | Rameswaram, India<br>Sun 27 Sutra 170<br>Nandana 5114 |                   |
|                                           | Copper Retreat Star           |                    | <b>Gulika</b> 6:02AM – 7:32AM                                                                                                                                                                                        | Purvaprostapada* Until 1:35PM | Ganesha: Purple                                       | Sunrise: 6:02AM   |
|                                           | Kumbha Rasi: 29.14            | Tithi 14 – 15      | <b>Yama</b> 1:34PM – 3:04PM                                                                                                                                                                                          | Ganda* Until 9:11AM           | Muruga: Purple                                        | Sunset: 6:05PM    |
|                                           | 612737263                     |                    | <b>Rahu</b> 9:03AM – 10:33AM                                                                                                                                                                                         | Visti Until 8:02PM            | Nataraja: Clear                                       | Moon 8 - Phase 23 |
| Creative Work                             |                               |                    | Chaturdasi* Until 8:02AM                                                                                                                                                                                             |                               | Moon – Clear                                          | Purnima           |
| Until 12.21AM Sun then Amrita Yoga        |                               |                    |                                                                                                                                                                                                                      |                               | Devaloka Day                                          |                   |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Bhadrapada*Puratasi                                   |                   |
|                                           | Sunday, September 30, 2012    |                    | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraprostapada*/Revati Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau            |                               | Rameswaram, India<br>Sutra 171<br>Nandana 5114        |                   |
|                                           | Silver Retreat Star           |                    | <b>Gulika</b> 3:04PM – 4:34PM                                                                                                                                                                                        | Uttaraprostapada Until 3:35PM | Ganesha: Purple                                       | Sunrise: 6:02AM   |
|                                           | Meena Rasi: 11.53             | Tithi 15 – 16      | <b>Yama</b> 12:03PM – 1:33PM                                                                                                                                                                                         | Vridhhi Until 8:53AM          | Muruga: Purple                                        | Sunset: 6:04PM    |
|                                           | 612737263                     |                    | <b>Rahu</b> 4:34PM – 6:04PM                                                                                                                                                                                          | Balava Until 10:02PM          | Nataraja: Clear                                       | Moon 8 - Phase 23 |
| Creative Work                             |                               |                    | Purnima* Until 8:57AM                                                                                                                                                                                                |                               | Moon – Clear                                          | Prathama          |
| Until 12.21AM Mon then Siddha Yoga        |                               |                    |                                                                                                                                                                                                                      |                               | Devaloka Day                                          |                   |
|                                           |                               |                    |                                                                                                                                                                                                                      |                               | Bhadrapada*Puratasi                                   |                   |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502. TM

All times are standard time

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## Monday, October 1, 2012

### Gold Retreat Star

Meena Rasi: 24.18 Tithi 16 – 17  
Family Home Evening 612737263  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Asvini Nakshatra Dhruva/Vyaghata\* Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 1:33PM – 3:03PM  
**Yama** 10:32AM – 12:03PM  
**Rahu** 7:32AM – 9:02AM

Revati Until 5:24PM  
Dhruva Until 8:45AM  
Taitila Until 11:16PM  
Prathama\* Until 10:11AM

Ganesha: Purple *Sunrise: 6:02AM*  
Muruga: Purple *Sunset: 6:04PM*  
Nataraja: Clear  
Moon – Clear  
Bhadrapada\*Puratasi

Devaloka Day

Rameswaram, India  
Sutra 172  
Nandana 5114  
Moon 9 - Phase 24  
1st Phase

## Tuesday, October 2, 2012

# 1

Mesha Rasi: 6.3 Tithi 17 – 18  
622737263

Creative Work Siddha Yoga  
Until 12.21AM Wed then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Asvini Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Dvitiya\*/Tritiya Yam Titau

**Gulika** 12:02PM – 1:33PM  
**Yama** 9:02AM – 10:32AM  
**Rahu** 3:03PM – 4:33PM

Asvini Until 7:40PM  
Vyaghata\* Until 9:01AM  
Vanija Until 12:58AM Wed  
Dvitiya Until 11:52AM

Ganesha: Clear *Sunrise: 6:02AM*  
Muruga: Purple *Sunset: 6:03PM*  
Nataraja: Clear  
Moon – White  
Bhadrapada\*Puratasi

Sivaloka Day

Rameswaram, India  
Sun 1 Sutra 173  
Nandana 5114  
Moon 9 - Phase 24  
1st Phase

## Wednesday, October 3, 2012

# 2

Mesha Rasi: 18.31 Tithi 18 – 19  
622837263

Routine Work Marana Yoga  
Until 10:17PM then Amrita Yoga  
Until 12.20AM Thu then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Bharani Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Tritiya\*/Chaturthi\* Yam Titau

**Gulika** 10:32AM – 12:02PM  
**Yama** 7:32AM – 9:02AM  
**Rahu** 12:02PM – 1:32PM

Bharani Until 10:17PM  
Harshana Until 9:38AM  
Bava Until 3:04AM Thu  
Tritiya Until 1:59PM

Ganesha: White *Sunrise: 6:02AM*  
Muruga: Purple *Sunset: 6:03PM*  
Nataraja: Clear  
Moon – White  
Bhadrapada\*Puratasi

Subha Sivaloka Day

Rameswaram, India  
Sun 2 Sutra 174  
Nandana 5114  
Moon 9 - Phase 24  
1st Phase

## Thursday, October 4, 2012

# 3

Vrishabha Rasi: 0.24 Tithi 19 – 20  
623837263

Routine Work Marana Yoga  
Until 12.20AM Fri then Siddha Yoga  
Until 1:12AM Fri then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 9:02AM – 10:32AM  
**Yama** 6:01AM – 7:32AM  
**Rahu** 1:32PM – 3:02PM

Krittika Until 1:12AM Fri  
Vajra\* Until 10:30AM  
Kaulava Until 5:29AM Fri  
Chaturthi\* Until 4:24PM

Ganesha: Clear *Sunrise: 6:01AM*  
Muruga: Purple *Sunset: 6:02PM*  
Nataraja: Clear  
Moon – White  
Bhadrapada\*Puratasi

Sivaloka Day

Rameswaram, India  
Sun 3 Sutra 175  
Nandana 5114  
Moon 9 - Phase 24  
1st Phase

## Friday, October 5, 2012

# 4

Vrishabha Rasi: 12.12 Tithi 20  
633837263

Routine Work Marana Yoga  
Until 12.20AM Sat then Amrita Yoga  
Until 4:17AM Sat then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Taitila Karana Panchami Yam Titau

**Gulika** 7:31AM – 9:01AM  
**Yama** 3:02PM – 4:32PM  
**Rahu** 10:31AM – 12:01PM

Rohini Until 4:17AM Sat  
Siddhi Until 11:31AM  
Taitila Until 8:05AM Sat  
Panchami Until 6:59PM

Ganesha: White *Sunrise: 6:01AM*  
Muruga: Purple *Sunset: 6:02PM*  
Nataraja: Clear  
Moon – Yellow  
Bhadrapada\*Puratasi

Devaloka Day

Rameswaram, India  
Sun 4 Sutra 176  
Nandana 5114  
Moon 9 - Phase 24  
1st Phase

## Saturday, October 6, 2012

# 5

Vrishabha Rasi: 23.59 Tithi 21  
633837263

Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigasira Nakshatra Vyatipata\*/Variyan Yoga Gara/Vanija Karana Shasthi\* Yam Titau

**Gulika** 6:01AM – 7:31AM  
**Yama** 1:31PM – 3:01PM  
**Rahu** 9:01AM – 10:31AM

Mrigasira Until 7:41AM Sun  
Vyatipata\* Until 12:34PM  
Gara Until 8:32AM  
Shasthi\* Until 9:37PM

Ganesha: White *Sunrise: 6:01AM*  
Muruga: Purple *Sunset: 6:01PM*  
Nataraja: Clear  
Moon – Yellow  
Bhadrapada\*Puratasi

Devaloka Day

Rameswaram, India  
Sun 5 Sutra 177  
Nandana 5114  
Moon 9 - Phase 24  
1st Phase

## Sunday, October 7, 2012

# 6

Mithuna Rasi: 5.49 Tithi 22  
633837264

Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Variyan/Parigha\* Yoga Visti\*/Bava Karana Saptami Yam Titau

**Gulika** 3:01PM – 4:31PM  
**Yama** 12:01PM – 1:31PM  
**Rahu** 4:31PM – 6:00PM

Mrigasira Until 7:41AM  
Variyan Until 1:29PM  
Visti Until 11:01AM  
Saptami Until 12:06AM Mon

Ganesha: White *Sunrise: 6:01AM*  
Muruga: Purple *Sunset: 6:00PM*  
Nataraja: White  
Moon – Yellow  
Bhadrapada\*Puratasi

Sivaloka Day

Rameswaram, India  
Sun 6 Sutra 178  
Nandana 5114  
Moon 9 - Phase 24  
1st Phase

## Monday, October 8, 2012

# D

### Retreat Star

Mithuna Rasi: 17.49 Tithi 23  
Family Home Evening 633837264

Creative Work Siddha Yoga  
Until 10:22AM then Amrita Yoga  
Until 12.19AM Tue then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Parigha\*/Shiva Yoga Balava/Kaulava Karana Ashtami\* Yam Titau

**Gulika** 1:30PM – 3:00PM  
**Yama** 10:31AM – 12:01PM  
**Rahu** 7:31AM – 9:01AM

Ardra Until 10:22AM  
Parigha\* Until 2:09PM  
Balava Until 1:11PM  
Ashtami\* Until 2:17AM Tue

Ganesha: White *Sunrise: 6:01AM*  
Muruga: Purple *Sunset: 6:00PM*  
Nataraja: White  
Moon – Yellow  
Bhadrapada\*Puratasi

Sivaloka Day

Rameswaram, India  
Sun 7 Sutra 179  
Nandana 5114  
Moon 9 - Phase 24  
Ashtami

## Tuesday, October 9, 2012

### Retreat Star

Kataka Rasi: 0.02 Tithi 24  
643837264

Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navami\* Yam Titau

**Gulika** 12:00PM – 1:30PM  
**Yama** 9:01AM – 10:31AM  
**Rahu** 3:00PM – 4:30PM

Punarvasu Until 12:05PM  
Shiva Until 1:46PM  
Taitila Until 2:07PM  
Navami\* Until 2:07AM Wed

Ganesha: Yellow *Sunrise: 6:01AM*  
Muruga: Purple *Sunset: 5:59PM*  
Nataraja: White  
Moon – Blue  
Bhadrapada\*Puratasi

Subha Sivaloka Day

Rameswaram, India  
Sun 8 Sutra 180  
Nandana 5114  
Moon 9 - Phase 24  
Navami

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM

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|                                                                                                                                                                  |          |           |                                                                                                                                                                                                      |                                                                                                                                         |                                                                                            |                                                       |                                |                    |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|-----------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------|--------------------------------|--------------------|
| <b>1</b> Wednesday, October 10, 2012                                                                                                                             |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Pushya/Aslesha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dasami Yam Titau                |                                                                                                                                         |                                                                                            | Rameswaram, India<br>Sun 9 Sutra 181<br>Nandana 5114  |                                |                    |
| Kataka Rasi: 12.34                                                                                                                                               | Tithi 25 | 643837264 | <b>Gulika</b> 10:30AM – 12:00PM<br><b>Yama</b> 7:31AM – 9:01AM<br><b>Rahu</b> 12:00PM – 1:30PM                                                                                                       | Pushya Until 1:33PM<br>Siddha Until 1:27PM<br>Vanija Until 3:01PM<br>Dasami Until 3:01AM Thu                                            | Ganesha: Yellow<br>Muruga: Purple<br>Nataraja: White<br>Moon – Blue<br>Bhadrapada*Puratasi | <i>Sunrise: 6:01AM</i><br><i>Sunset: 5:59PM</i>       | Moon 9 - Phase 25<br>2nd Phase | Subha Sivaloka Day |
| Creative Work Siddha Yoga                                                                                                                                        |          |           |                                                                                                                                                                                                      |                                                                                                                                         |                                                                                            |                                                       |                                |                    |
| <b>2</b> Thursday, October 11, 2012                                                                                                                              |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Aslesha*/Magha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadasi* Yam Titau                  |                                                                                                                                         |                                                                                            | Rameswaram, India<br>Sun 10 Sutra 182<br>Nandana 5114 |                                |                    |
| Kataka Rasi: 25.29                                                                                                                                               | Tithi 26 | 643837264 | <b>Gulika</b> 9:01AM – 10:30AM<br><b>Yama</b> 6:01AM – 7:31AM<br><b>Rahu</b> 1:29PM – 2:59PM                                                                                                         | Aslesha* Until 2:20PM<br>Sadhya Until 12:28PM<br>Bava Until 3:10PM<br>Ekadasi* Until 3:10AM Fri                                         | Ganesha: Yellow<br>Muruga: Purple<br>Nataraja: White<br>Moon – Blue<br>Bhadrapada*Puratasi | <i>Sunrise: 6:01AM</i><br><i>Sunset: 5:59PM</i>       | Moon 9 - Phase 25<br>2nd Phase | Subha Sivaloka Day |
| Creative Work Siddha Yoga<br>Until 2:20PM then Amrita Yoga<br>Until 12.18AM Fri then Marana Yoga                                                                 |          |           |                                                                                                                                                                                                      |                                                                                                                                         |                                                                                            |                                                       |                                |                    |
| <b>3</b> Friday, October 12, 2012                                                                                                                                |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau        |                                                                                                                                         |                                                                                            | Rameswaram, India<br>Sun 11 Sutra 183<br>Nandana 5114 |                                |                    |
| Simha Rasi: 8.5                                                                                                                                                  | Tithi 27 | 653837264 | <b>Gulika</b> 7:31AM – 9:00AM<br><b>Yama</b> 2:59PM – 4:28PM<br><b>Rahu</b> 10:30AM – 12:00PM                                                                                                        | Magha* Until 1:43PM<br>Subha Until 10:26AM<br>Kaulava Until 1:49PM<br>Dvadasi* Until 12:53AM Sat                                        | Ganesha: Blue<br>Muruga: Purple<br>Nataraja: White<br>Moon – Red<br>Bhadrapada*Puratasi    | <i>Sunrise: 6:01AM</i><br><i>Sunset: 5:59PM</i>       | Moon 9 - Phase 25<br>2nd Phase | Sivaloka Day       |
| Routine Work Marana Yoga<br>Until 1:43PM then Siddha Yoga<br>Until 12.18AM Sat then Marana Yoga                                                                  |          |           |                                                                                                                                                                                                      |                                                                                                                                         |                                                                                            |                                                       |                                |                    |
| <b>4</b> Saturday, October 13, 2012                                                                                                                              |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam<br>Purvaphalguni*/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodasi* Yam Titau |                                                                                                                                         |                                                                                            | Rameswaram, India<br>Sun 12 Sutra 184<br>Nandana 5114 |                                |                    |
| Simha Rasi: 22.37                                                                                                                                                | Tithi 28 | 653837264 | <b>Gulika</b> 6:01AM – 7:31AM<br><b>Yama</b> 1:29PM – 2:58PM<br><b>Rahu</b> 9:00AM – 10:30AM                                                                                                         | Purvaphalguni* Until 12:57PM<br>Sukla Until 8:08AM<br>Gara Until 12:21PM<br>Trayodasi* Until 11:25PM<br><i>Pradosha Vrata (Fasting)</i> | Ganesha: Blue<br>Muruga: Purple<br>Nataraja: White<br>Moon – Red<br>Bhadrapada*Puratasi    | <i>Sunrise: 6:01AM</i><br><i>Sunset: 5:59PM</i>       | Moon 9 - Phase 25<br>2nd Phase | Sivaloka Day       |
| Routine Work Marana Yoga<br>Until 12.17AM Sun then Amrita Yoga                                                                                                   |          |           |                                                                                                                                                                                                      |                                                                                                                                         |                                                                                            |                                                       |                                |                    |
| <b>5</b> Sunday, October 14, 2012                                                                                                                                |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Indra Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau             |                                                                                                                                         |                                                                                            | Rameswaram, India<br>Sun 13 Sutra 185<br>Nandana 5114 |                                |                    |
| Kanya Rasi: 6.49                                                                                                                                                 | Tithi 29 | 653837264 | <b>Gulika</b> 2:58PM – 4:28PM<br><b>Yama</b> 11:59AM – 1:29PM<br><b>Rahu</b> 4:28PM – 5:57PM                                                                                                         | Uttaraphalguni Until 11:06AM<br>Indra Until 1:13AM Mon<br>Visti Until 9:49AM<br>Chaturdasi* Until 8:06PM                                | Ganesha: Blue<br>Muruga: Purple<br>Nataraja: White<br>Moon – Red<br>Bhadrapada*Puratasi    | <i>Sunrise: 6:01AM</i><br><i>Sunset: 5:57PM</i>       | Moon 9 - Phase 25<br>2nd Phase | Sivaloka Day       |
| Creative Work Amrita Yoga<br>Until 12.17AM Mon then Siddha Yoga                                                                                                  |          |           |                                                                                                                                                                                                      |                                                                                                                                         |                                                                                            |                                                       |                                |                    |
|  Monday, October 15, 2012                                                     |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vaidhriti* Yoga Catuspada*/Kintughna* Karana Amavasya*/Prathama* Yam Titau    |                                                                                                                                         |                                                                                            | Rameswaram, India<br>Sun 14 Sutra 186<br>Nandana 5114 |                                |                    |
| Retreat Star                                                                                                                                                     |          |           | <b>Gulika</b> 1:28PM – 2:58PM<br><b>Yama</b> 10:29AM – 11:59AM<br><b>Rahu</b> 7:31AM – 9:00AM                                                                                                        | Hasta Until 9:09AM<br>Vaidhriti* Until 9:55PM<br>Catuspada Until 7:09AM<br>Amavasya* Until 5:26PM                                       | Ganesha: Blue<br>Muruga: Purple<br>Nataraja: White<br>Moon – Green<br>Bhadrapada*Puratasi  | <i>Sunrise: 6:01AM</i><br><i>Sunset: 5:57PM</i>       | Moon 9 - Phase 25<br>Amavasya  | Sivaloka Day       |
| Kanya Rasi: 21.22 Tithi 30 – 1<br>Family Home Evening<br>Creative Work Siddha Yoga<br>Until 9:09AM then Prabalarishta Yoga<br>Until 12.17AM Tue then Siddha Yoga |          |           |                                                                                                                                                                                                      |                                                                                                                                         |                                                                                            |                                                       |                                |                    |
| <b>Tuesday, October 16, 2012</b>                                                                                                                                 |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra/Svati Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau            |                                                                                                                                         |                                                                                            | Rameswaram, India<br>Sun 15 Sutra 187<br>Nandana 5114 |                                |                    |
| Retreat Star                                                                                                                                                     |          |           | <b>Gulika</b> 11:59AM – 1:28PM<br><b>Yama</b> 9:00AM – 10:29AM<br><b>Rahu</b> 2:57PM – 4:27PM                                                                                                        | Chitra Until 6:49AM<br>Vishkambha* Until 6:14PM<br>Balava Until 12:37AM Wed<br>Prathama* Until 2:20PM                                   | Ganesha: Blue<br>Muruga: Purple<br>Nataraja: White<br>Moon – Green<br>Ashvina*Puratasi     | <i>Sunrise: 6:01AM</i><br><i>Sunset: 5:56PM</i>       | Moon 9 - Phase 25<br>Prathama  | Sivaloka Day       |
| Tula Rasi: 6.1 Tithi 1 – 2<br>Creative Work Siddha Yoga                                                                                                          |          |           |                                                                                                                                                                                                      |                                                                                                                                         |                                                                                            |                                                       |                                |                    |
| Navaratri Begins                                                                                                                                                 |          |           |                                                                                                                                                                                                      |                                                                                                                                         |                                                                                            |                                                       |                                |                    |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk.  
Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

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|                                                                                                                        |             |           |                                                                                                                                                                                           |                                                                                                       |                                                                                            |                                                       |                                |                          |
|------------------------------------------------------------------------------------------------------------------------|-------------|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------|-------------------------------------------------------|--------------------------------|--------------------------|
| <b>1</b> Wednesday, October 17, 2012                                                                                   |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Visakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau    |                                                                                                       |                                                                                            | Rameswaram, India<br>Sun 16 Sutra 188<br>Nandana 5114 |                                |                          |
| Tula Rasi: 21.05                                                                                                       | Tithi 2 – 3 | 673837264 | <b>Gulika</b> 10:29AM – 11:58AM<br><b>Yama</b> 7:31AM – 9:00AM<br><b>Rahu</b> 11:58AM – 1:28PM                                                                                            | Visakha Until 1:37AM Thu<br>Priti Until 2:22PM<br>Taitila Until 9:19PM<br>Dvitiya Until 11:02AM       | Ganesha: Blue<br>Muruga: Purple<br>Nataraja: White<br>Moon – Orange<br>Ashvina•Aipasi      | Sunrise: 6:01AM<br>Sunset: 5:56PM                     | Moon 9 - Phase 26<br>3rd Phase | Sivaloka Day             |
| Creative Work Siddha Yoga                                                                                              |             |           |                                                                                                                                                                                           |                                                                                                       |                                                                                            |                                                       |                                |                          |
| <b>2</b> Thursday, October 18, 2012                                                                                    |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau |                                                                                                       |                                                                                            | Rameswaram, India<br>Sun 17 Sutra 189<br>Nandana 5114 |                                |                          |
| Vrischika Rasi: 5.59                                                                                                   | Tithi 3 – 4 | 674837264 | <b>Gulika</b> 9:00AM – 10:29AM<br><b>Yama</b> 6:01AM – 7:31AM<br><b>Rahu</b> 1:28PM – 2:57PM                                                                                              | Anuradha Until 11:06PM<br>Ayushman Until 10:31AM<br>Vanija Until 6:03PM<br>Tritiya Until 7:46AM       | Ganesha: Yellow<br>Muruga: Purple<br>Nataraja: White<br>Moon – Orange<br>Ashvina•Aipasi    | Sunrise: 6:01AM<br>Sunset: 5:55PM                     | Moon 9 - Phase 26<br>3rd Phase | Subha Sivaloka Day       |
| Creative Work Siddha Yoga<br>Until 12.16AM Fri then Prabalarishta Yoga                                                 |             |           |                                                                                                                                                                                           |                                                                                                       |                                                                                            |                                                       |                                |                          |
| <b>3</b> Friday, October 19, 2012                                                                                      |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Panchami Yam Titau          |                                                                                                       |                                                                                            | Rameswaram, India<br>Sun 18 Sutra 190<br>Nandana 5114 |                                |                          |
| Vrischika Rasi: 20.45                                                                                                  | Tithi 5     | 674837264 | <b>Gulika</b> 7:31AM – 9:00AM<br><b>Yama</b> 2:56PM – 4:26PM<br><b>Rahu</b> 10:29AM – 11:58AM                                                                                             | Jyeshtha* Until 8:48PM<br>Saubhagya Until 6:53AM<br>Bava Until 3:00PM<br>Panchami Until 1:17AM Sat    | Ganesha: Yellow<br>Muruga: Purple<br>Nataraja: White<br>Moon – Orange<br>Ashvina•Aipasi    | Sunrise: 6:01AM<br>Sunset: 5:55PM                     | Moon 9 - Phase 26<br>3rd Phase | Subha Sivaloka Day       |
| Routine Work Prabalarishta Yoga<br>Until 8:48PM then no yoga<br>Until 12.16AM Sat then Siddha Yoga                     |             |           |                                                                                                                                                                                           |                                                                                                       |                                                                                            |                                                       |                                |                          |
| <b>4</b> Saturday, October 20, 2012                                                                                    |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau                 |                                                                                                       |                                                                                            | Rameswaram, India<br>Sun 19 Sutra 191<br>Nandana 5114 |                                |                          |
| Dhanus Rasi: 5.17                                                                                                      | Tithi 6     | 684837264 | <b>Gulika</b> 6:01AM – 7:31AM<br><b>Yama</b> 1:27PM – 2:56PM<br><b>Rahu</b> 9:00AM – 10:29AM                                                                                              | Mula* Until 7:48PM<br>Athiganda* Until 12:46AM Sun<br>Kaulava Until 12:52PM<br>Shasthi* Until 11:56PM | Ganesha: White<br>Muruga: Purple<br>Nataraja: White<br>Moon – Light Blue<br>Ashvina•Aipasi | Sunrise: 6:01AM<br>Sunset: 5:54PM                     | Moon 9 - Phase 26<br>3rd Phase | Subha Subha Sivaloka Day |
| Creative Work Siddha Yoga<br>Until 7:48PM then Marana Yoga<br>Until 12.16AM Sun then Siddha Yoga                       |             |           |                                                                                                                                                                                           |                                                                                                       |                                                                                            |                                                       |                                |                          |
| <b>5</b> Sunday, October 21, 2012                                                                                      |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptami Yam Titau                  |                                                                                                       |                                                                                            | Rameswaram, India<br>Sun 20 Sutra 192<br>Nandana 5114 |                                |                          |
| Dhanus Rasi: 19.31                                                                                                     | Tithi 7     | 684837264 | <b>Gulika</b> 2:56PM – 4:25PM<br><b>Yama</b> 11:58AM – 1:27PM<br><b>Rahu</b> 4:25PM – 5:54PM                                                                                              | Purvashadha* Until 6:16PM<br>Sukarma Until 9:44PM<br>Gara Until 10:35AM<br>Saptami Until 9:39PM       | Ganesha: White<br>Muruga: Purple<br>Nataraja: White<br>Moon – Light Blue<br>Ashvina•Aipasi | Sunrise: 6:02AM<br>Sunset: 5:54PM                     | Moon 9 - Phase 26<br>3rd Phase | Subha Subha Sivaloka Day |
| Creative Work Siddha Yoga<br>Until 6:16PM then Amrita Yoga<br>Until 12.16AM Mon then Marana Yoga                       |             |           |                                                                                                                                                                                           |                                                                                                       |                                                                                            |                                                       |                                |                          |
| <b>Monday, October 22, 2012</b><br>Retreat Star                                                                        |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttarashadha/Sravana Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtami* Yam Titau           |                                                                                                       |                                                                                            | Rameswaram, India<br>Sun 21 Sutra 193<br>Nandana 5114 |                                |                          |
| Makara Rasi: 3.25                                                                                                      | Tithi 8     | 684837264 | <b>Gulika</b> 1:27PM – 2:56PM<br><b>Yama</b> 10:29AM – 11:58AM<br><b>Rahu</b> 7:31AM – 9:00AM                                                                                             | Uttarashadha Until 5:18PM<br>Dhriti Until 7:14PM<br>Visti Until 8:54AM<br>Ashtami* Until 7:59PM       | Ganesha: White<br>Muruga: Purple<br>Nataraja: White<br>Moon – Light Blue<br>Ashvina•Aipasi | Sunrise: 6:02AM<br>Sunset: 5:54PM                     | Moon 9 - Phase 26<br>Ashtami   | Subha Subha Sivaloka Day |
| Family Home Evening<br>Routine Work Marana Yoga<br>Until 5:18PM then Amrita Yoga<br>Until 12.16AM Tue then Siddha Yoga |             |           |                                                                                                                                                                                           |                                                                                                       |                                                                                            |                                                       |                                |                          |
| <b>Tuesday, October 23, 2012</b><br>Retreat Star                                                                       |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Sravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navami* Yam Titau |                                                                                                       |                                                                                            | Rameswaram, India<br>Sun 22 Sutra 194<br>Nandana 5114 |                                |                          |
| Makara Rasi: 16.59                                                                                                     | Tithi 9     | 694837264 | <b>Gulika</b> 11:58AM – 1:26PM<br><b>Yama</b> 9:00AM – 10:29AM<br><b>Rahu</b> 2:55PM – 4:24PM                                                                                             | Sravana Until 5:43PM<br>Shula* Until 6:04PM<br>Balava Until 7:59AM<br>Navami* Until 7:59PM            | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: White<br>Moon – Purple<br>Ashvina•Aipasi     | Sunrise: 6:02AM<br>Sunset: 5:53PM                     | Moon 9 - Phase 26<br>Navami    | Subha Sivaloka Day       |
| Creative Work Siddha Yoga<br>Until 5:43PM then Marana Yoga<br>Until 12.16AM Wed then Prabalarishta Yog.                |             |           |                                                                                                                                                                                           |                                                                                                       |                                                                                            |                                                       |                                |                          |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step,so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda,Brihadu 4.4.3. bo UpH,140

All times are standard time

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|                                                                                                          |          |           |                                                                                                                                                                                               |                                                                                                                                             |                                                                                        |                                                       |                                |                          |
|----------------------------------------------------------------------------------------------------------|----------|-----------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------|--------------------------------|--------------------------|
| <b>1</b> Wednesday, October 24, 2012                                                                     |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Ganda*/Vridhhi Yoga Taitila/Gara Karana Dasami Yam Titau      |                                                                                                                                             |                                                                                        | Rameswaram, India<br>Sun 23 Sutra 195<br>Nandana 5114 |                                |                          |
| Kumbha Rasi: 0.16                                                                                        | Tithi 10 | 694837264 | <b>Gulika</b> 10:28AM – 11:57AM<br><b>Yama</b> 7:31AM – 9:00AM<br><b>Rahu</b> 11:57AM – 1:26PM                                                                                                | <b>Dhanishtha</b> Until 5:50PM<br><b>Ganda*</b> Until 4:28PM<br>Taitila Until 7:26AM<br>Dasami Until 7:26PM                                 | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: White<br>Moon – Purple<br>Ashvina•Aipasi | <i>Sunrise: 6:02AM</i><br><i>Sunset: 5:53PM</i>       | Moon 9 - Phase 27<br>4th Phase | Subha Sivaloka Day       |
| Routine Work Prabalarishta Yoga<br>Until 5:50PM then Siddha Yoga<br>Until 12.16AM Thu then Marana Yoga   |          |           |                                                                                                                                                                                               |                                                                                                                                             |                                                                                        |                                                       |                                |                          |
| <b>2</b> Thursday, October 25, 2012                                                                      |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Satabhisha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Ekadasi Yam Titau                |                                                                                                                                             |                                                                                        | Rameswaram, India<br>Sun 24 Sutra 196<br>Nandana 5114 |                                |                          |
| Kumbha Rasi: 13.15                                                                                       | Tithi 11 | 694837264 | <b>Gulika</b> 9:00AM – 10:28AM<br><b>Yama</b> 6:02AM – 7:31AM<br><b>Rahu</b> 1:26PM – 2:55PM                                                                                                  | <b>Satabhisha</b> Until 6:27PM<br>Vriddhi Until 3:20PM<br>Vanija Until 7:26AM<br>Ekadasi Until 7:26PM                                       | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: White<br>Moon – Purple<br>Ashvina•Aipasi | <i>Sunrise: 6:02AM</i><br><i>Sunset: 5:53PM</i>       | Moon 9 - Phase 27<br>4th Phase | Subha Sivaloka Day       |
| Routine Work Marana Yoga<br>Until 6:27PM then Siddha Yoga                                                |          |           | <b>Vijaya Dasami</b>                                                                                                                                                                          |                                                                                                                                             |                                                                                        |                                                       |                                |                          |
| <b>3</b> Friday, October 26, 2012                                                                        |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaprostapada* Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvadasi Yam Titau         |                                                                                                                                             |                                                                                        | Rameswaram, India<br>Sun 25 Sutra 197<br>Nandana 5114 |                                |                          |
| Kumbha Rasi: 26.01                                                                                       | Tithi 12 | 614837264 | <b>Gulika</b> 7:31AM – 9:00AM<br><b>Yama</b> 2:55PM – 4:23PM<br><b>Rahu</b> 10:28AM – 11:57AM                                                                                                 | <b>Purvaprostapada*</b> Until 7:32PM<br>Dhruva Until 2:37PM<br>Bava Until 7:55AM<br>Dvadasi Until 7:55PM                                    | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: White<br>Moon – Clear<br>Ashvina•Aipasi  | <i>Sunrise: 6:02AM</i><br><i>Sunset: 5:52PM</i>       | Moon 9 - Phase 27<br>4th Phase | Subha Sivaloka Day       |
| Creative Work Siddha Yoga                                                                                |          |           |                                                                                                                                                                                               |                                                                                                                                             |                                                                                        |                                                       |                                |                          |
| <b>4</b> Saturday, October 27, 2012                                                                      |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau |                                                                                                                                             |                                                                                        | Rameswaram, India<br>Sun 26 Sutra 198<br>Nandana 5114 |                                |                          |
| Meena Rasi: 8.32                                                                                         | Tithi 13 | 614837264 | <b>Gulika</b> 6:02AM – 7:31AM<br><b>Yama</b> 1:26PM – 2:55PM<br><b>Rahu</b> 9:00AM – 10:28AM                                                                                                  | <b>Uttaraprostapada</b> Until 10:15PM<br>Vyaghata* Until 2:54PM<br>Kaulava Until 9:06AM<br>Trayodasi Until 10:11PM<br><i>Pradosha Vrata</i> | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: White<br>Moon – Clear<br>Ashvina•Aipasi  | <i>Sunrise: 6:02AM</i><br><i>Sunset: 5:52PM</i>       | Moon 9 - Phase 27<br>4th Phase | Subha Sivaloka Day       |
| Creative Work Siddha Yoga<br>Until 10:15PM then Prabalarishta Yoga<br>Until 12.15AM Sun then Amrita Yoga |          |           |                                                                                                                                                                                               |                                                                                                                                             |                                                                                        |                                                       |                                |                          |
| <b>5</b> Sunday, October 28, 2012                                                                        |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau                |                                                                                                                                             |                                                                                        | Rameswaram, India<br>Sun 27 Sutra 199<br>Nandana 5114 |                                |                          |
| Meena Rasi: 20.53                                                                                        | Tithi 14 | 614937264 | <b>Gulika</b> 2:54PM – 4:23PM<br><b>Yama</b> 11:57AM – 1:26PM<br><b>Rahu</b> 4:23PM – 5:52PM                                                                                                  | <b>Revati</b> Until 12:13AM Mon<br>Harshana Until 2:53PM<br>Gara Until 10:32AM<br>Chaturdasi* Until 11:37PM                                 | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: White<br>Moon – Clear<br>Ashvina•Aipasi | <i>Sunrise: 6:02AM</i><br><i>Sunset: 5:52PM</i>       | Moon 9 - Phase 27<br>4th Phase | Sivaloka Day             |
| Creative Work Amrita Yoga<br>Until 12.15AM Mon then Siddha Yoga                                          |          |           |                                                                                                                                                                                               |                                                                                                                                             |                                                                                        |                                                       |                                |                          |
| <b>○</b> Monday, October 29, 2012<br>Copper Retreat Star                                                 |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Asvini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnima* Yam Titau                      |                                                                                                                                             |                                                                                        | Rameswaram, India<br>Sutra 200<br>Nandana 5114        |                                |                          |
| Mesha Rasi: 3.04                                                                                         | Tithi 15 | 624937264 | <b>Gulika</b> 1:26PM – 2:54PM<br><b>Yama</b> 10:28AM – 11:57AM<br><b>Rahu</b> 7:31AM – 9:00AM                                                                                                 | <b>Asvini</b> Until 2:33AM Tue<br>Vajra* Until 3:11PM<br>Visti Until 12:20PM<br>Purnima* Until 1:25AM Tue                                   | Ganesha: Clear<br>Muruga: Purple<br>Nataraja: White<br>Moon – White<br>Ashvina•Aipasi  | <i>Sunrise: 6:02AM</i><br><i>Sunset: 5:51PM</i>       | Moon 9 - Phase 27<br>Purnima   | Subha Sivaloka Day       |
| Family Home Evening<br>Creative Work Siddha Yoga                                                         |          |           |                                                                                                                                                                                               |                                                                                                                                             |                                                                                        |                                                       |                                |                          |
| <b>Tuesday, October 30, 2012</b><br>Silver Retreat Star                                                  |          |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau        |                                                                                                                                             |                                                                                        | Rameswaram, India<br>Sutra 201<br>Nandana 5114        |                                |                          |
| Mesha Rasi: 15.05                                                                                        | Tithi 16 | 625937264 | <b>Gulika</b> 11:57AM – 1:25PM<br><b>Yama</b> 9:00AM – 10:28AM<br><b>Rahu</b> 2:54PM – 4:23PM                                                                                                 | <b>Bharani</b> Until 5:10AM Wed<br>Siddhi Until 3:46PM<br>Balava Until 2:27PM<br>Prathama* Until 3:33AM Wed                                 | Ganesha: Purple<br>Muruga: Purple<br>Nataraja: White<br>Moon – White<br>Ashvina•Aipasi | <i>Sunrise: 6:03AM</i><br><i>Sunset: 5:51PM</i>       | Moon 9 - Phase 27<br>Prathama  | Subha Subha Sivaloka Day |
| Creative Work Siddha Yoga<br>Until 12.15AM Wed then Marana Yoga<br>Until 5:10AM Wed then Amrita Yoga     |          |           |                                                                                                                                                                                               |                                                                                                                                             |                                                                                        |                                                       |                                |                          |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

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## Wednesday, October 31, 2012

### Gold Retreat Star

Mesha Rasi: 26.59      Tithi 17  
625937264  
Creative Work    Amrita Yoga  
Until 12.15AM Thu then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra V'yatipata\* Variyan Yoga Taaila/Gara Karana Dvitiya Yam Titau  
**Gulika** 10:28AM – 11:57AM      **Krittika** Until 8:23AM Thu  
**Yama** 7:31AM – 9:00AM      V'yatipata\* Until 4:33PM  
**Rahu** 11:57AM – 1:25PM      Taaila Until 4:51PM  
Dvitiya Until 6:20AM Thu

Ganesha: Purple      *Sunrise: 6:03AM*  
Muruga: Purple      *Sunset: 5:51PM*  
Nataraja: White  
Moon – White      Subha Subha Sivaloka Day  
Ashvina\*Aipasi

Rameswaram, India  
Sutra 202  
Nandana 5114  
Moon 10 - Phase 28  
1st Phase

# 1

## Thursday, November 1, 2012

Vrishabha Rasi: 8.49      Tithi 17 – 18  
625937264  
Routine Work    Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Krittika/Rohini Nakshatra Variyan/Parigha\* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 9:00AM – 10:28AM      **Krittika** Until 8:23AM  
**Yama** 6:03AM – 7:31AM      Variyan Until 5:30PM  
**Rahu** 1:25PM – 2:54PM      Vanija Until 7:25PM  
Dvitiya Until 6:20AM

Ganesha: Purple      *Sunrise: 6:03AM*  
Muruga: Purple      *Sunset: 5:51PM*  
Nataraja: White  
Moon – White      Subha Subha Sivaloka Day  
Ashvina\*Aipasi

Rameswaram, India  
Sun 1      Sutra 203  
Nandana 5114  
Moon 10 - Phase 28  
1st Phase

# 2

## Friday, November 2, 2012

Vrishabha Rasi: 20.35      Tithi 18 – 19  
635947264  
Routine Work    Marana Yoga  
Until 11:29AM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Rohini/Mrigasira Nakshatra Parigha\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 7:32AM – 9:00AM      **Rohini** Until 11:29AM  
**Yama** 2:54PM – 4:22PM      Parigha\* Until 6:31PM  
**Rahu** 10:28AM – 11:57AM      Bava Until 10:05PM  
Tritiya Until 9:00AM

Ganesha: Clear      *Sunrise: 6:03AM*  
Muruga: Clear      *Sunset: 5:50PM*  
Nataraja: White  
Moon – Yellow      Sivaloka Day  
Ashvina\*Aipasi

Rameswaram, India  
Sun 2      Sutra 204  
Nandana 5114  
Moon 10 - Phase 28  
1st Phase

# 3

## Saturday, November 3, 2012

Mithuna Rasi: 2.23      Tithi 19 – 20  
635947264  
Creative Work    Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Mrigasira/Ardra Nakshatra Shiva Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau  
**Gulika** 6:03AM – 7:32AM      **Mrigasira** Until 2:34PM  
**Yama** 1:25PM – 2:54PM      Shiva Until 7:31PM  
**Rahu** 9:00AM – 10:28AM      Kaulava Until 12:43AM Sun  
Chaturthi\* Until 11:38AM

Ganesha: Clear      *Sunrise: 6:03AM*  
Muruga: Clear      *Sunset: 5:50PM*  
Nataraja: White  
Moon – Yellow      Sivaloka Day  
Ashvina\*Aipasi

Rameswaram, India  
Sun 3      Sutra 205  
Nandana 5114  
Moon 10 - Phase 28  
1st Phase

# 4

## Sunday, November 4, 2012

Mithuna Rasi: 14.14      Tithi 20 – 21  
635947264  
Creative Work    Siddha Yoga  
Until 12.15AM Mon then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha Yoga Taaila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika** 2:53PM – 4:22PM      **Ardra** Until 5:31PM  
**Yama** 11:57AM – 1:25PM      Siddha Until 8:23PM  
**Rahu** 4:22PM – 5:50PM      Gara Until 3:13AM Mon  
Panchami Until 2:07PM

Ganesha: Clear      *Sunrise: 6:04AM*  
Muruga: Clear      *Sunset: 5:50PM*  
Nataraja: White  
Moon – Yellow      Sivaloka Day  
Ashvina\*Aipasi

Rameswaram, India  
Sun 4      Sutra 206  
Nandana 5114  
Moon 10 - Phase 28  
1st Phase

# 5

## Monday, November 5, 2012

Mithuna Rasi: 26.14      Tithi 21 – 22  
Family Home Evening      645947264  
Creative Work    Amrita Yoga  
Until 8:12PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika** 1:25PM – 2:53PM      **Punarvasu** Until 8:12PM  
**Yama** 10:29AM – 11:57AM      Sadhya Until 9:01PM  
**Rahu** 7:32AM – 9:00AM      Visti Until 5:25AM Tue  
Shasthi\* Until 4:20PM

Ganesha: White      *Sunrise: 6:04AM*  
Muruga: Clear      *Sunset: 5:50PM*  
Nataraja: White  
Moon – Blue      Subha Sivaloka Day  
Ashvina\*Aipasi

Rameswaram, India  
Sun 5      Sutra 207  
Nandana 5114  
Moon 10 - Phase 28  
1st Phase

# 6

## Tuesday, November 6, 2012

Kataka Rasi: 8.26      Tithi 22 – 23  
645947264  
Creative Work    Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika** 11:57AM – 1:25PM      **Pushya** Until 10:29PM  
**Yama** 9:01AM – 10:29AM      Subha Until 9:16PM  
**Rahu** 2:53PM – 4:21PM      Balava Until 7:11AM Wed  
Saptami Until 6:05PM

Ganesha: White      *Sunrise: 6:04AM*  
Muruga: Clear      *Sunset: 5:50PM*  
Nataraja: White  
Moon – Blue      Subha Sivaloka Day  
Ashvina\*Aipasi

Rameswaram, India  
Sun 6      Sutra 208  
Nandana 5114  
Moon 10 - Phase 28  
1st Phase



## Wednesday, November 7, 2012

### Retreat Star

Kataka Rasi: 20.54      Tithi 23  
745947264  
Creative Work    Siddha Yoga  
Until 12.15AM Thu then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\* Nakshatra Sukla Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 10:29AM – 11:57AM      **Aslesha\*** Until 10:48PM  
**Yama** 7:33AM – 9:01AM      Sukla Until 7:56PM  
**Rahu** 11:57AM – 1:25PM      Balava Until 6:09AM  
Ashtami\* Until 6:09PM

Ganesha: Clear      *Sunrise: 6:04AM*  
Muruga: Clear      *Sunset: 5:50PM*  
Nataraja: White  
Moon – Blue      Sivaloka Day  
Ashvina\*Aipasi

Rameswaram, India  
Sun 7      Sutra 209  
Nandana 5114  
Moon 10 - Phase 28  
Ashtami

## Thursday, November 8, 2012

### Retreat Star

Simha Rasi: 3.43      Tithi 24  
755947264  
Creative Work    Amrita Yoga  
Until 11:45PM then no yoga  
Until 12.15AM Fri then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\* Nakshatra Brahma Yoga Taaila/Gara Karana Navami\* Yam Titau  
**Gulika** 9:01AM – 10:29AM      **Magha\*** Until 11:45PM  
**Yama** 6:05AM – 7:33AM      Brahma Until 7:05PM  
**Rahu** 1:25PM – 2:53PM      Taaila Until 6:31AM  
Navami\* Until 6:31PM

Ganesha: White      *Sunrise: 6:05AM*  
Muruga: Clear      *Sunset: 5:49PM*  
Nataraja: White  
Moon – Red      Subha Sivaloka Day  
Ashvina\*Aipasi

Rameswaram, India  
Sun 8      Sutra 210  
Nandana 5114  
Moon 10 - Phase 28  
Navami

According as one acts,so does he become. One becomes virtuous by virtuous action,bad by bad action. Shukla Yajur Veda,Brihadu 4.4.5. UpH,140

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| <b>1</b><br><b>Friday, November 9, 2012</b><br>Simha Rasi: 16.58      Tithi 25 – 26<br>Creative Work    Siddha Yoga<br>Until 12.15AM Sat then Marana Yoga                                                                                                                                |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Vanija/Bava Karana Dasami/Ekadasi* Yam Titau<br><b>Gulika</b> 7:33AM – 9:01AM<br><b>Yama</b> 2:53PM – 4:21PM<br><b>Rahu</b> 10:29AM – 11:57AM           |  |  | Rameswaram, India<br><b>Sun 9    Sutra 211</b><br>Nandana 5114<br>Moon 10 - Phase 29<br>2nd Phase<br><b>Sivaloka Day</b>  |  |  |
| <b>2</b><br><b>Saturday, November 10, 2012</b><br>Kanya Rasi: 0.38      Tithi 26 – 27<br>Routine Work    Marana Yoga<br>Until 12.15AM Sun then Amrita Yoga                                                                                                                               |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau<br><b>Gulika</b> 6:05AM – 7:33AM<br><b>Yama</b> 1:25PM – 2:53PM<br><b>Rahu</b> 9:01AM – 10:29AM |  |  | Rameswaram, India<br><b>Sun 10    Sutra 212</b><br>Nandana 5114<br>Moon 10 - Phase 29<br>2nd Phase<br><b>Sivaloka Day</b> |  |  |
| <b>3</b><br><b>Sunday, November 11, 2012</b><br>Kanya Rasi: 14.47      Tithi 27 – 28<br>Creative Work    Amrita Yoga<br>Until 7:41PM then Siddha Yoga<br>Until 12.16AM Mon then Prabalarishta Yog:                                                                                       |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau<br><b>Gulika</b> 2:53PM – 4:21PM<br><b>Yama</b> 11:57AM – 1:25PM<br><b>Rahu</b> 4:21PM – 5:49PM               |  |  | Rameswaram, India<br><b>Sun 11    Sutra 213</b><br>Nandana 5114<br>Moon 10 - Phase 29<br>2nd Phase<br><b>Devaloka Day</b> |  |  |
| <b>4</b><br><b>Monday, November 12, 2012</b><br>Kanya Rasi: 29.21      Tithi 28 – 29<br>Family Home Evening<br>Routine Work    Prabalarishta Yoga<br>Until 5:43PM then Amrita Yoga<br>Until 12.16AM Tue then Siddha Yoga                                                                 |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau<br><b>Gulika</b> 1:25PM – 2:53PM<br><b>Yama</b> 10:30AM – 11:57AM<br><b>Rahu</b> 7:34AM – 9:02AM       |  |  | Rameswaram, India<br><b>Sun 12    Sutra 214</b><br>Nandana 5114<br>Moon 10 - Phase 29<br>2nd Phase<br><b>Devaloka Day</b> |  |  |
|  <b>Tuesday, November 13, 2012</b><br><b>Retreat Star</b><br>Tula Rasi: 14.15      Tithi 29 – 30<br>Creative Work    Siddha Yoga<br>Until 3:12PM then Marana Yoga<br>Until 12.16AM Wed then Siddha Yoga |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati/Visakha Nakshatra Saubhagya Yoga Sakuni*/Naga* Karana Chaturdasi*/Amavasya* Yam Titau<br><b>Gulika</b> 11:58AM – 1:25PM<br><b>Yama</b> 9:02AM – 10:30AM<br><b>Rahu</b> 2:53PM – 4:21PM         |  |  | Rameswaram, India<br><b>Sun 13    Sutra 215</b><br>Nandana 5114<br>Moon 10 - Phase 29<br>Amavasya<br><b>Devaloka Day</b>  |  |  |
| <b>Wednesday, November 14, 2012</b><br><b>Retreat Star</b><br>Tula Rasi: 29.22      Tithi 1<br>Creative Work    Siddha Yoga                                                                                                                                                              |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathama* Yam Titau<br><b>Gulika</b> 10:30AM – 11:58AM<br><b>Yama</b> 7:34AM – 9:02AM<br><b>Rahu</b> 11:58AM – 1:26PM                     |  |  | Rameswaram, India<br><b>Sun 14    Sutra 216</b><br>Nandana 5114<br>Moon 10 - Phase 29<br>Prathama<br><b>Devaloka Day</b>  |  |  |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

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|--------------------------------------------------------------------------------------------------------------------------|-------------|-----------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------|---------------------------------|--------------|
| <b>1</b> Thursday, November 15, 2012                                                                                     |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiya Yam Titau           |                                                                                                              |                                                                                                | Rameswaram, India<br>Sun 15 Sutra 217<br>Nandana 5114 |                                 |              |
| Vrischika Rasi: 14.33                                                                                                    | Tithi 2     | 776947264 | <b>Gulika</b> 9:02AM – 10:30AM<br><b>Yama</b> 6:07AM – 7:35AM<br><b>Rahu</b> 1:26PM – 2:54PM                                                                                                          | Anuradha Until 9:23AM<br>Athiganda* Until 3:39PM<br>Balava Until 10:14AM<br>Dvitiya Until 8:31PM             | Ganesha: Green<br>Muruga: Clear<br>Nataraja: White<br>Moon – Orange<br>Karttika•Aipasi         | <i>Sunrise: 6:07AM</i><br><i>Sunset: 5:49PM</i>       | Moon 10 - Phase 30<br>3rd Phase | Devaloka Day |
| Creative Work Siddha Yoga<br>Until 12.16AM Fri then Prabalarishta Yoga                                                   |             |           |                                                                                                                                                                                                       |                                                                                                              |                                                                                                |                                                       |                                 |              |
| <b>2</b> Friday, November 16, 2012                                                                                       |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Taitila/Vanija Karana Tritiya/Chaturthi* Yam Titau |                                                                                                              |                                                                                                | Rameswaram, India<br>Sun 16 Sutra 218<br>Nandana 5114 |                                 |              |
| Vrischika Rasi: 29.39                                                                                                    | Tithi 3 – 4 | 777947265 | <b>Gulika</b> 7:35AM – 9:03AM<br><b>Yama</b> 2:54PM – 4:21PM<br><b>Rahu</b> 10:30AM – 11:58AM                                                                                                         | Jyeshtha* Until 6:34AM<br>Sukarma Until 11:30AM<br>Taitila Until 6:39AM<br>Tritiya Until 4:56PM              | Ganesha: Orange<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Orange<br>Karttika•Karttikai    | <i>Sunrise: 6:07AM</i><br><i>Sunset: 5:49PM</i>       | Moon 10 - Phase 30<br>3rd Phase | Devaloka Day |
| Routine Work Prabalarishta Yoga<br>Until 6:34AM then no yoga<br>Until 12.16AM Sat then Siddha Yoga                       |             |           |                                                                                                                                                                                                       |                                                                                                              |                                                                                                |                                                       |                                 |              |
| <b>3</b> Saturday, November 17, 2012                                                                                     |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau       |                                                                                                              |                                                                                                | Rameswaram, India<br>Sun 17 Sutra 219<br>Nandana 5114 |                                 |              |
| Dhanus Rasi: 14.31                                                                                                       | Tithi 4 – 5 | 787947265 | <b>Gulika</b> 6:08AM – 7:35AM<br><b>Yama</b> 1:26PM – 2:54PM<br><b>Rahu</b> 9:03AM – 10:31AM                                                                                                          | Purvashadha* Until 1:27AM Sun<br>Dhriti Until 7:41AM<br>Bava Until 12:02AM Sun<br>Chaturthi* Until 1:45PM    | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Light Blue<br>Karttika•Karttikai | <i>Sunrise: 6:08AM</i><br><i>Sunset: 5:49PM</i>       | Moon 10 - Phase 30<br>3rd Phase | Devaloka Day |
| Routine Work Marana Yoga<br>Until 12.17AM Sun then Siddha Yoga<br>Until 1:27AM Sun then Amrita Yoga                      |             |           |                                                                                                                                                                                                       |                                                                                                              |                                                                                                |                                                       |                                 |              |
| <b>4</b> Sunday, November 18, 2012                                                                                       |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau             |                                                                                                              |                                                                                                | Rameswaram, India<br>Sun 18 Sutra 220<br>Nandana 5114 |                                 |              |
| Dhanus Rasi: 29.03                                                                                                       | Tithi 5 – 6 | 787947265 | <b>Gulika</b> 2:54PM – 4:22PM<br><b>Yama</b> 11:59AM – 1:26PM<br><b>Rahu</b> 4:22PM – 5:49PM                                                                                                          | Uttarashadha Until 12:47AM Mon<br>Ganda* Until 1:36AM Mon<br>Kaulava Until 10:36PM<br>Panchami Until 11:31AM | Ganesha: Clear<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Light Blue<br>Karttika•Karttikai | <i>Sunrise: 6:08AM</i><br><i>Sunset: 5:49PM</i>       | Moon 10 - Phase 30<br>3rd Phase | Devaloka Day |
| Creative Work Amrita Yoga<br>Until 12.17AM Mon then Marana Yoga<br>Until 12:47AM Mon then Amrita Yoga                    |             |           |                                                                                                                                                                                                       |                                                                                                              |                                                                                                |                                                       |                                 |              |
| <b>5</b> Monday, November 19, 2012                                                                                       |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Sravana Nakshatra Vriddhi Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau                     |                                                                                                              |                                                                                                | Rameswaram, India<br>Sun 19 Sutra 221<br>Nandana 5114 |                                 |              |
| Makara Rasi: 13.1                                                                                                        | Tithi 6 – 7 | 797947265 | <b>Gulika</b> 1:26PM – 2:54PM<br><b>Yama</b> 10:31AM – 11:59AM<br><b>Rahu</b> 7:36AM – 9:04AM                                                                                                         | Sravana Until 11:25PM<br>Vriddhi Until 10:43PM<br>Gara Until 8:32PM<br>Shasthi* Until 9:28AM                 | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Purple<br>Karttika•Karttikai    | <i>Sunrise: 6:08AM</i><br><i>Sunset: 5:49PM</i>       | Moon 10 - Phase 30<br>3rd Phase | Sivaloka Day |
| Family Home Evening<br>Creative Work Amrita Yoga<br>Until 11:25PM then Siddha Yoga<br>Until 12.17AM Tue then Marana Yoga |             |           |                                                                                                                                                                                                       |                                                                                                              |                                                                                                |                                                       |                                 |              |
| <b>Retreat Star</b> Tuesday, November 20, 2012                                                                           |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau               |                                                                                                              |                                                                                                | Rameswaram, India<br>Sun 20 Sutra 222<br>Nandana 5114 |                                 |              |
| Makara Rasi: 26.52                                                                                                       | Tithi 7 – 8 | 797947265 | <b>Gulika</b> 11:59AM – 1:27PM<br><b>Yama</b> 9:04AM – 10:31AM<br><b>Rahu</b> 2:54PM – 4:22PM                                                                                                         | Dhanishtha Until 12:05AM Wed<br>Dhruva Until 9:33PM<br>Visti Until 8:23PM<br>Saptami Until 8:23AM            | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Purple<br>Karttika•Karttikai    | <i>Sunrise: 6:09AM</i><br><i>Sunset: 5:49PM</i>       | Moon 10 - Phase 30<br>Ashtami   | Sivaloka Day |
| Routine Work Marana Yoga<br>Until 12.17AM Wed then Siddha Yoga                                                           |             |           |                                                                                                                                                                                                       |                                                                                                              |                                                                                                |                                                       |                                 |              |
| <b>Retreat Star</b> Wednesday, November 21, 2012                                                                         |             |           | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Satabhisha Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau                |                                                                                                              |                                                                                                | Rameswaram, India<br>Sun 21 Sutra 223<br>Nandana 5114 |                                 |              |
| Kumbha Rasi: 10.08                                                                                                       | Tithi 8 – 9 | 797147265 | <b>Gulika</b> 10:32AM – 11:59AM<br><b>Yama</b> 7:37AM – 9:04AM<br><b>Rahu</b> 11:59AM – 1:27PM                                                                                                        | Satabhisha Until 12:12AM Thu<br>Vyaghata* Until 7:56PM<br>Balava Until 7:51PM<br>Ashtami* Until 7:51AM       | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Purple<br>Karttika•Karttikai      | <i>Sunrise: 6:09AM</i><br><i>Sunset: 5:49PM</i>       | Moon 10 - Phase 30<br>Navami    | Sivaloka Day |
| Creative Work Siddha Yoga<br>Until 12.17AM Thu then Amrita Yoga<br>Until 12:12AM Thu then Siddha Yoga                    |             |           |                                                                                                                                                                                                       |                                                                                                              |                                                                                                |                                                       |                                 |              |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. K%oishia Yajur Veda, Kathau 2.3.4

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| <b>1</b><br>Thursday, November 22, 2012<br>Kumbha Rasi: 23.02    Tithi 9 – 10<br>717147265<br>Creative Work    Siddha Yoga                                                                                              |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaprostapada* Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau<br><b>Gulika</b> 9:05AM – 10:32AM    Purvaprostapada* Until 1:00AM Fri<br><b>Yama</b> 6:10AM – 7:37AM    Harshana Until 6:56PM<br><b>Rahu</b> 1:27PM – 2:55PM    Taitila Until 8:04PM<br>Navami* Until 8:04AM<br>Ganesha: Purple <i>Sunrise: 6:10AM</i><br>Muruga: Clear <i>Sunset: 5:50PM</i><br>Nataraja: Yellow<br>Moon – Clear<br>Karttika*Karttikai<br>Sivaloka Day                                                                |  |  | Rameswaram, India<br>Sun 22    Sutra 224<br>Nandana 5114<br>Moon 10 - Phase 31<br>4th Phase |
| <b>2</b><br>Friday, November 23, 2012<br>Meena Rasi: 5.37    Tithi 10 – 11<br>718147265<br>Creative Work    Siddha Yoga<br>Until 4:06AM Sat then Prabalarishta Yoga                                                     |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraprostapada Nakshatra Vajra* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau<br><b>Gulika</b> 7:37AM – 9:05AM    Uttaraprostapada Until 4:06AM Sat<br><b>Yama</b> 2:55PM – 4:22PM    Vajra* Until 7:28PM<br><b>Rahu</b> 10:32AM – 12:00PM    Vanija Until 10:18PM<br>Dasami Until 9:13AM<br>Ganesha: Clear <i>Sunrise: 6:10AM</i><br>Muruga: Clear <i>Sunset: 5:50PM</i><br>Nataraja: Yellow<br>Moon – Clear<br>Karttika*Karttikai<br>Devaloka Day                                                                        |  |  | Rameswaram, India<br>Sun 23    Sutra 225<br>Nandana 5114<br>Moon 10 - Phase 31<br>4th Phase |
| <b>3</b><br>Saturday, November 24, 2012<br>Meena Rasi: 17.56    Tithi 11 – 12<br>718147265<br>Routine Work    Prabalarishta Yoga<br>Until 12.18AM Sun then Amrita Yoga<br>Until 6:08AM Sun then Siddha Yoga             |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati Nakshatra Siddhi Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau<br><b>Gulika</b> 6:10AM – 7:38AM    Revati Until 6:08AM Sun<br><b>Yama</b> 1:28PM – 2:55PM    Siddhi Until 7:29PM<br><b>Rahu</b> 9:05AM – 10:33AM    Bava Until 11:49PM<br>Ekadasi Until 10:43AM<br>Ganesha: Clear <i>Sunrise: 6:10AM</i><br>Muruga: Clear <i>Sunset: 5:50PM</i><br>Nataraja: Yellow<br>Moon – Clear<br>Karttika*Karttikai<br>Devaloka Day                                                                                            |  |  | Rameswaram, India<br>Sun 24    Sutra 226<br>Nandana 5114<br>Moon 10 - Phase 31<br>4th Phase |
| <b>4</b><br>Sunday, November 25, 2012<br>Mesha Rasi: 0.03    Tithi 12 – 13<br>728147265<br>Creative Work    Siddha Yoga                                                                                                 |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Asvini Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau<br><b>Gulika</b> 2:55PM – 4:23PM    Asvini Until 8:37AM Mon<br><b>Yama</b> 12:00PM – 1:28PM    Vyatipata* Until 7:51PM<br><b>Rahu</b> 4:23PM – 5:50PM    Kaulava Until 1:46AM Mon<br>Dvadasi Until 12:40PM<br>Ganesha: White <i>Sunrise: 6:11AM</i><br>Muruga: Clear <i>Sunset: 5:50PM</i><br>Nataraja: Yellow<br>Moon – White<br>Karttika*Karttikai<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM<br><i>Pradosha Vrata</i>                  |  |  | Rameswaram, India<br>Sun 25    Sutra 227<br>Nandana 5114<br>Moon 10 - Phase 31<br>4th Phase |
| <b>5</b><br>Monday, November 26, 2012<br>Mesha Rasi: 12.01    Tithi 13 – 14<br>Family Home Evening    728147265<br>Creative Work    Siddha Yoga                                                                         |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Asvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau<br><b>Gulika</b> 1:28PM – 2:55PM    Asvini Until 8:37AM<br><b>Yama</b> 10:33AM – 12:01PM    Variyan Until 8:30PM<br><b>Rahu</b> 7:39AM – 9:06AM    Gara Until 4:02AM Tue<br>Trayodasi Until 2:56PM<br>Ganesha: White <i>Sunrise: 6:11AM</i><br>Muruga: Clear <i>Sunset: 5:50PM</i><br>Nataraja: Yellow<br>Moon – White<br>Karttika*Karttikai<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM                                             |  |  | Rameswaram, India<br>Sun 26    Sutra 228<br>Nandana 5114<br>Moon 10 - Phase 31<br>4th Phase |
| <b>6</b><br>Tuesday, November 27, 2012<br>Mesha Rasi: 23.54    Tithi 14 – 15<br>728147265<br>Creative Work    Siddha Yoga<br>Until 12.19AM Wed then Amrita Yoga                                                         |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau<br><b>Gulika</b> 12:01PM – 1:28PM    Bharani Until 11:32AM<br><b>Yama</b> 9:06AM – 10:34AM    Parigha* Until 9:20PM<br><b>Rahu</b> 2:56PM – 4:23PM    Visti Until 6:31AM Wed<br>Chaturdasi* Until 5:26PM<br>Ganesha: White <i>Sunrise: 6:12AM</i><br>Muruga: Clear <i>Sunset: 5:50PM</i><br>Nataraja: Yellow<br>Moon – White<br>Karttika*Karttikai<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM<br><b>Krittika Deepam</b>       |  |  | Rameswaram, India<br>Sun 27    Sutra 229<br>Nandana 5114<br>Moon 10 - Phase 31<br>4th Phase |
| <b>○</b><br>Wednesday, November 28, 2012<br>Copper Retreat Star<br>Vrishabha Rasi: 5.43    Tithi 15<br>728147265<br>Creative Work    Amrita Yoga<br>Until 2:35PM then Siddha Yoga<br>Until 12.20AM Thu then Marana Yoga |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Krittika/Rohini Nakshatra Shiva Yoga Visti*/Bava Karana Purnima* Yam Titau<br><b>Gulika</b> 10:34AM – 12:01PM    Krittika Until 2:35PM<br><b>Yama</b> 7:40AM – 9:07AM    Shiva Until 10:16PM<br><b>Rahu</b> 12:01PM – 1:29PM    Visti Until 6:57AM<br>Purnima* Until 8:02PM<br>Ganesha: White <i>Sunrise: 6:12AM</i><br>Muruga: Clear <i>Sunset: 5:51PM</i><br>Nataraja: Yellow<br>Moon – White<br>Karttika*Karttikai<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM<br><b>Penumbral Lunar Eclipse</b><br><b>Sivalaya Deepam</b> |  |  | Rameswaram, India<br>Sutra 230<br>Nandana 5114<br>Moon 10 - Phase 31<br>Purnima             |
| <b>Thursday, November 29, 2012</b><br>Silver Retreat Star<br>Vrishabha Rasi: 17.31    Tithi 16<br>739147265<br>Routine Work    Marana Yoga<br>Until 12.20AM Fri then Siddha Yoga                                        |  |  | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Siddha Yoga Balava/Kaulava Karana Prathama* Yam Titau<br><b>Gulika</b> 9:07AM – 10:34AM    Rohini Until 5:39PM<br><b>Yama</b> 6:13AM – 7:40AM    Siddha Until 11:14PM<br><b>Rahu</b> 1:29PM – 2:56PM    Balava Until 9:36AM<br>Prathama* Until 10:42PM<br>Ganesha: Blue <i>Sunrise: 6:13AM</i><br>Muruga: Clear <i>Sunset: 5:51PM</i><br>Nataraja: Yellow<br>Moon – Yellow<br>Karttika*Karttikai<br>Sivaloka Day                                                                                    |  |  | Rameswaram, India<br>Sutra 231<br>Nandana 5114<br>Moon 10 - Phase 31<br>Prathama            |
|                                                                                                                                                                                                                         |  |  | <b>Vinayaga Viratam Begins</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |  |  |                                                                                             |

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

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Friday, November 30, 2012  
Gold Retreat Star

Wrishabha Rasi: 29.19 Tithi 17  
739147265  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigasira Nakshatra Sadhya Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika** 7:40AM – 9:08AM  
**Yama** 2:57PM – 4:24PM  
**Rahu** 10:35AM – 12:02PM  
Mrigasira Until 8:42PM  
Sadhya Until 12:10AM Sat  
Taitila Until 12:14PM  
Dvitiya Until 1:19AM Sat

Ganesha: Blue *Sunrise: 6:13AM*  
Muruga: Clear *Sunset: 5:51PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Karttikai

Rameswaram, India  
Sun 1 Sutra 232  
Nandana 5114  
Moon 11 - Phase 32  
1st Phase

Sivaloka Day

**1** Saturday, December 1, 2012

Mithuna Rasi: 11.11 Tithi 18  
739147265  
Creative Work Siddha Yoga  
Until 11:38PM then Marana Yoga  
Until 12.21AM Sun then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam  
Ardra Nakshatra Subha Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika** 6:14AM – 7:41AM  
**Yama** 1:30PM – 2:57PM  
**Rahu** 9:08AM – 10:35AM  
Ardra Until 11:38PM  
Subha Until 1:01AM Sun  
Vanija Until 2:44PM  
Tritiya Until 3:49AM Sun

Ganesha: Blue *Sunrise: 6:14AM*  
Muruga: Clear *Sunset: 5:51PM*  
Nataraja: Yellow  
Moon – Yellow  
Karttika•Karttikai

Rameswaram, India  
Sun 2 Sutra 233  
Nandana 5114  
Moon 11 - Phase 32  
1st Phase

Sivaloka Day

**2** Sunday, December 2, 2012

Mithuna Rasi: 23.08 Tithi 19  
749147265  
Creative Work Siddha Yoga  
Until 12.21AM Mon then Amrita Yoga  
Until 2:24AM Mon then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu Nakshatra Sukla Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika** 2:57PM – 4:24PM  
**Yama** 12:03PM – 1:30PM  
**Rahu** 4:24PM – 5:52PM  
Punarvasu Until 2:24AM Mon  
Sukla Until 1:42AM Mon  
Bava Until 5:03PM  
Chaturthi\* Until 6:08AM Mon

Ganesha: Red *Sunrise: 6:14AM*  
Muruga: Clear *Sunset: 5:52PM*  
Nataraja: Yellow  
Moon – Blue  
Karttika•Karttikai

Rameswaram, India  
Sun 3 Sutra 234  
Nandana 5114  
Moon 11 - Phase 32  
1st Phase

Devaloka Day

**3** Monday, December 3, 2012

Kataka Rasi: 5.13 Tithi 20  
Family Home Evening  
749147265  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya Nakshatra Brahma Yoga Kaulava Karana Panchami Yam Titau  
**Gulika** 1:30PM – 2:58PM  
**Yama** 10:36AM – 12:03PM  
**Rahu** 7:42AM – 9:09AM  
Pushya Until 4:54AM Tue  
Brahma Until 2:08AM Tue  
Kaulava Until 7:05PM  
Panchami Until 7:40AM Tue

Ganesha: Red *Sunrise: 6:15AM*  
Muruga: Clear *Sunset: 5:52PM*  
Nataraja: Yellow  
Moon – Blue  
Karttika•Karttikai

Rameswaram, India  
Sun 4 Sutra 235  
Nandana 5114  
Moon 11 - Phase 32  
1st Phase

Devaloka Day

**4** Tuesday, December 4, 2012

Kataka Rasi: 17.28 Tithi 20 – 21  
749147265  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Aslesha\* Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau  
**Gulika** 12:04PM – 1:31PM  
**Yama** 9:09AM – 10:37AM  
**Rahu** 2:58PM – 4:25PM  
Aslesha\* Until 6:07AM Wed  
Indra Until 2:16AM Wed  
Gara Until 8:45PM  
Panchami Until 7:40AM

Ganesha: Red *Sunrise: 6:15AM*  
Muruga: Clear *Sunset: 5:52PM*  
Nataraja: Yellow  
Moon – Blue  
Karttika•Karttikai

Rameswaram, India  
Sun 5 Sutra 236  
Nandana 5114  
Moon 11 - Phase 32  
1st Phase

Devaloka Day

**5** Wednesday, December 5, 2012

Kataka Rasi: 29.56 Tithi 21 – 22  
749147265  
Creative Work Siddha Yoga  
Until 12.22AM Thu then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau  
**Gulika** 10:37AM – 12:04PM  
**Yama** 7:43AM – 9:10AM  
**Rahu** 12:04PM – 1:31PM  
Aslesha\* Until 6:07AM  
Vaidhriti\* Until 12:33AM Thu  
Visti Until 8:37PM  
Shasthi\* Until 8:37AM

Ganesha: Red *Sunrise: 6:16AM*  
Muruga: Clear *Sunset: 5:53PM*  
Nataraja: Yellow  
Moon – Blue  
Karttika•Karttikai

Rameswaram, India  
Sun 6 Sutra 237  
Nandana 5114  
Moon 11 - Phase 32  
1st Phase

Devaloka Day

**D** Thursday, December 6, 2012  
Retreat Star

Simha Rasi: 12.41 Tithi 22 – 23  
759147265  
Creative Work Amrita Yoga  
Until 7:11AM then no yoga  
Until 12.23AM Fri then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika** 9:10AM – 10:37AM  
**Yama** 6:16AM – 7:43AM  
**Rahu** 1:32PM – 2:59PM  
Magha\* Until 7:11AM  
Vishkambha\* Until 11:48PM  
Balava Until 9:08PM  
Saptami Until 9:08AM

Ganesha: Green *Sunrise: 6:16AM*  
Muruga: Clear *Sunset: 5:53PM*  
Nataraja: Yellow  
Moon – Red  
Karttika•Karttikai

Rameswaram, India  
Sun 7 Sutra 238  
Nandana 5114  
Moon 11 - Phase 32  
Ashtami

Sivaloka Day

Friday, December 7, 2012  
Retreat Star

Simha Rasi: 25.47 Tithi 23 – 24  
751147265  
Creative Work Siddha Yoga  
Until 12.23AM Sat then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika** 7:44AM – 9:11AM  
**Yama** 2:59PM – 4:26PM  
**Rahu** 10:38AM – 12:05PM  
Purvaphalguni\* Until 7:37AM  
Priti Until 9:22PM  
Taitila Until 8:58PM  
Ashtami\* Until 8:58AM

Ganesha: Orange *Sunrise: 6:17AM*  
Muruga: Clear *Sunset: 5:53PM*  
Nataraja: Yellow  
Moon – Red  
Karttika•Karttikai

Rameswaram, India  
Sun 8 Sutra 239  
Nandana 5114  
Moon 11 - Phase 32  
Navami

Devaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640

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|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------|--|
| 1                                                                                   | Saturday, December 8, 2012                                                                                                  |                            | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau      |                                                                                                                                      |                                                                                                      |                                                                                                                                  | Rameswaram, India<br>Sun 9 Sutra 240<br>Nandana 5114  |  |
|                                                                                     | Kanya Rasi: 9.17                                                                                                            | Tithi 24 – 25<br>751147265 | <b>Gulika</b> 6:17AM – 7:44AM<br><b>Yama</b> 1:32PM – 3:00PM<br><b>Rahu</b> 9:11AM – 10:38AM                                                                                                         | Uttaraphalguni Until 7:14AM<br>Ayushman Until 7:29PM<br>Vanija Until 6:56PM<br>Navami* Until 7:51AM                                  | Ganesha: Orange<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Red<br>Karttika*Karttikai             | <i>Sunrise: 6:17AM</i><br><i>Sunset: 5:54PM</i><br>Moon 11 - Phase 33<br>2nd Phase<br>Devaloka Day                               |                                                       |  |
|                                                                                     | Routine Work Marana Yoga<br>Until 12.24AM Sun then Amrita Yoga                                                              |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
|                                                                                     |                                                                                                                             |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
| 2                                                                                   | Sunday, December 9, 2012                                                                                                    |                            | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Visti*/Balava Karana Dasami/Ekadasa* Yam Titau  |                                                                                                                                      |                                                                                                      |                                                                                                                                  | Rameswaram, India<br>Sun 10 Sutra 241<br>Nandana 5114 |  |
|                                                                                     | Kanya Rasi: 23.13                                                                                                           | Tithi 25 – 26<br>761147265 | <b>Gulika</b> 3:00PM – 4:27PM<br><b>Yama</b> 12:06PM – 1:33PM<br><b>Rahu</b> 4:27PM – 5:54PM                                                                                                         | Hasta Until 6:13AM<br>Saubhagya Until 4:55PM<br>Balava Until 4:20AM Mon<br>Dasami Until 6:11AM                                       | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Green<br>Karttika*Karttikai       | <i>Sunrise: 6:18AM</i><br><i>Sunset: 5:54PM</i><br>Moon 11 - Phase 33<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                                                       |  |
|                                                                                     | Creative Work Amrita Yoga<br>Until 6:13AM then Siddha Yoga<br>Until 12.24AM Mon then Prabalarishta Yog:                     |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
|                                                                                     |                                                                                                                             |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
| 3                                                                                   | Monday, December 10, 2012                                                                                                   |                            | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadasa* Yam Titau              |                                                                                                                                      |                                                                                                      |                                                                                                                                  | Rameswaram, India<br>Sun 11 Sutra 242<br>Nandana 5114 |  |
|                                                                                     | Tula Rasi: 7.34                                                                                                             | Tithi 27<br>761147265      | <b>Gulika</b> 1:33PM – 3:00PM<br><b>Yama</b> 10:39AM – 12:06PM<br><b>Rahu</b> 7:45AM – 9:12AM                                                                                                        | Svati Until 1:55AM Tue<br>Sobhana Until 1:11PM<br>Kaulava Until 2:10PM<br>Dvadasa* Until 12:27AM Tue                                 | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Green<br>Karttika*Karttikai       | <i>Sunrise: 6:18AM</i><br><i>Sunset: 5:54PM</i><br>Moon 11 - Phase 33<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                                                       |  |
|                                                                                     | Family Home Evening<br>Creative Work Amrita Yoga<br>Until 12.25AM Tue then Siddha Yoga<br>Until 1:55AM Tue then Marana Yoga |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
|                                                                                     |                                                                                                                             |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
| 4                                                                                   | Tuesday, December 11, 2012                                                                                                  |                            | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Visakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodasi* Yam Titau           |                                                                                                                                      |                                                                                                      |                                                                                                                                  | Rameswaram, India<br>Sun 12 Sutra 243<br>Nandana 5114 |  |
|                                                                                     | Tula Rasi: 22.17                                                                                                            | Tithi 28<br>771147265      | <b>Gulika</b> 12:07PM – 1:34PM<br><b>Yama</b> 9:13AM – 10:40AM<br><b>Rahu</b> 3:01PM – 4:28PM                                                                                                        | Visakha Until 11:40PM<br>Athiganda* Until 9:34AM<br>Gara Until 11:13AM<br>Trayodasi* Until 9:30PM<br><i>Pradosha Vrata (Fasting)</i> | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Orange<br>Karttika*Karttikai          | <i>Sunrise: 6:19AM</i><br><i>Sunset: 5:55PM</i><br>Moon 11 - Phase 33<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                                                       |  |
|                                                                                     | Routine Work Marana Yoga<br>Until 11:40PM then Siddha Yoga                                                                  |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
|                                                                                     |                                                                                                                             |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
| 5                                                                                   | Wednesday, December 12, 2012                                                                                                |                            | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Dhriti Yoga Visti*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau       |                                                                                                                                      |                                                                                                      |                                                                                                                                  | Rameswaram, India<br>Sun 13 Sutra 244<br>Nandana 5114 |  |
|                                                                                     | Vrischika Rasi: 7.19                                                                                                        | Tithi 29 – 30<br>771147265 | <b>Gulika</b> 10:40AM – 12:07PM<br><b>Yama</b> 7:46AM – 9:13AM<br><b>Rahu</b> 12:07PM – 1:34PM                                                                                                       | Anuradha Until 8:57PM<br>Dhriti Until 1:30AM Thu<br>Visti Until 7:46AM<br>Chaturdasi* Until 6:04PM                                   | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Orange<br>Karttika*Karttikai          | <i>Sunrise: 6:19AM</i><br><i>Sunset: 5:55PM</i><br>Moon 11 - Phase 33<br>2nd Phase<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM |                                                       |  |
|                                                                                     | Creative Work Siddha Yoga                                                                                                   |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
|                                                                                     |                                                                                                                             |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
|  | Thursday, December 13, 2012                                                                                                 |                            | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau      |                                                                                                                                      |                                                                                                      |                                                                                                                                  | Rameswaram, India<br>Sun 14 Sutra 245<br>Nandana 5114 |  |
|                                                                                     | Retreat Star                                                                                                                |                            | <b>Gulika</b> 9:14AM – 10:41AM<br><b>Yama</b> 6:20AM – 7:47AM<br><b>Rahu</b> 1:35PM – 3:02PM                                                                                                         | Jyeshtha* Until 5:59PM<br>Shula* Until 9:11PM<br>Kintughna Until 12:37AM Fri<br>Amavasya* Until 2:20PM                               | Ganesha: Purple<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Orange<br>Karttika*Karttikai          | <i>Sunrise: 6:20AM</i><br><i>Sunset: 5:56PM</i><br>Moon 11 - Phase 33<br>Amavasya<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM  |                                                       |  |
|                                                                                     | Vrischika Rasi: 22.31                                                                                                       | Tithi 30 – 1<br>771147265  |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
|                                                                                     | Creative Work Siddha Yoga<br>Until 12.26AM Fri then no yoga                                                                 |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
|                                                                                     | Friday, December 14, 2012                                                                                                   |                            | Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau |                                                                                                                                      |                                                                                                      |                                                                                                                                  | Rameswaram, India<br>Sun 15 Sutra 246<br>Nandana 5114 |  |
|                                                                                     | Retreat Star                                                                                                                |                            | <b>Gulika</b> 7:47AM – 9:14AM<br><b>Yama</b> 3:02PM – 4:29PM<br><b>Rahu</b> 10:41AM – 12:08PM                                                                                                        | Mula* Until 2:59PM<br>Ganda* Until 4:51PM<br>Balava Until 8:52PM<br>Prathama* Until 10:35AM                                          | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Light Blue<br>Margasira*Karttikai | <i>Sunrise: 6:20AM</i><br><i>Sunset: 5:56PM</i><br>Moon 11 - Phase 33<br>Prathama<br>Bhuloka Day<br>Devaloka Time: 3:PM to 6:PM  |                                                       |  |
|                                                                                     | Dhanus Rasi: 7.43                                                                                                           | Tithi 1 – 2<br>781147265   |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |
|                                                                                     | No Yoga<br>Until 2:59PM then Siddha Yoga<br>Until 12.26AM Sat then Marana Yoga                                              |                            |                                                                                                                                                                                                      |                                                                                                                                      |                                                                                                      |                                                                                                                                  |                                                       |  |

As oil in sesame seeds,as butter in cream,as water in river beds,as fire in friction sticks,so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishṇa Yajur Veda,Svetu 1.15. UpR,718

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|                                                                                                                         |             |           |                                                                                                                                                                                                         |                                                                                                                      |                                                                                                    |                                                       |                                 |                                                   |
|-------------------------------------------------------------------------------------------------------------------------|-------------|-----------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------|---------------------------------|---------------------------------------------------|
| <b>1</b> Saturday, December 15, 2012                                                                                    |             |           | Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Dvitiya/Tritiya Yam Titau |                                                                                                                      |                                                                                                    | Rameswaram, India<br>Sun 16 Sutra 247<br>Nandana 5114 |                                 |                                                   |
| Dhanus Rasi: 22.46                                                                                                      | Tithi 2 – 3 | 781147265 | <b>Gulika</b> 6:21AM – 7:48AM<br><b>Yama</b> 1:36PM – 3:03PM<br><b>Rahu</b> 9:15AM – 10:42AM                                                                                                            | <b>Purvashadha* Until 12:14PM</b><br>Vriddhi Until 12:45PM<br>Gara Until 3:40AM Sun<br>Dvitiya Until 7:05AM          | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Light Blue<br>Margasira*Markali | <i>Sunrise: 6:21AM</i><br><i>Sunset: 5:57PM</i>       | Moon 11 - Phase 34<br>3rd Phase | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Routine Work Marana Yoga<br>Until 12:14PM then no yoga<br>Until 12.27AM Sun then Amrita Yoga                            |             |           | <b>Markali Pillaiyar</b>                                                                                                                                                                                |                                                                                                                      |                                                                                                    |                                                       |                                 |                                                   |
| <b>2</b> Sunday, December 16, 2012                                                                                      |             |           | Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha*/Savana Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau        |                                                                                                                      |                                                                                                    | Rameswaram, India<br>Sun 17 Sutra 248<br>Nandana 5114 |                                 |                                                   |
| Makara Rasi: 7.32                                                                                                       | Tithi 4     | 881247265 | <b>Gulika</b> 3:03PM – 4:30PM<br><b>Yama</b> 12:09PM – 1:36PM<br><b>Rahu</b> 4:30PM – 5:57PM                                                                                                            | <b>Uttarashadha Until 10:14AM</b><br>Dhruva Until 9:17AM<br>Vanija Until 3:02PM<br>Chaturthi* Until 2:06AM Mon       | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Light Blue<br>Margasira*Markali | <i>Sunrise: 6:21AM</i><br><i>Sunset: 5:57PM</i>       | Moon 11 - Phase 34<br>3rd Phase | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Creative Work Amrita Yoga                                                                                               |             |           |                                                                                                                                                                                                         |                                                                                                                      |                                                                                                    |                                                       |                                 |                                                   |
| <b>3</b> Monday, December 17, 2012                                                                                      |             |           | Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Savana/Dhanishtha Nakshatra Harshana Yoga Bava/Balava Karana Panchami Yam Titau                        |                                                                                                                      |                                                                                                    | Rameswaram, India<br>Sun 18 Sutra 249<br>Nandana 5114 |                                 |                                                   |
| Makara Rasi: 21.53                                                                                                      | Tithi 5     | 892247265 | <b>Gulika</b> 1:37PM – 3:04PM<br><b>Yama</b> 10:43AM – 12:10PM<br><b>Rahu</b> 7:49AM – 9:16AM                                                                                                           | <b>Savana Until 8:29AM</b><br>Harshana Until 6:01AM<br>Bava Until 12:33PM<br>Panchami Until 11:38PM                  | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Purple<br>Margasira*Markali     | <i>Sunrise: 6:22AM</i><br><i>Sunset: 5:57PM</i>       | Moon 11 - Phase 34<br>3rd Phase | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Family Home Evening<br>Creative Work Amrita Yoga<br>Until 8:29AM then Siddha Yoga<br>Until 12.28AM Tue then Marana Yoga |             |           |                                                                                                                                                                                                         |                                                                                                                      |                                                                                                    |                                                       |                                 |                                                   |
| <b>4</b> Tuesday, December 18, 2012                                                                                     |             |           | Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Vajra* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau               |                                                                                                                      |                                                                                                    | Rameswaram, India<br>Sun 19 Sutra 250<br>Nandana 5114 |                                 |                                                   |
| Kumbha Rasi: 5.47                                                                                                       | Tithi 6     | 892247265 | <b>Gulika</b> 12:10PM – 1:37PM<br><b>Yama</b> 9:16AM – 10:43AM<br><b>Rahu</b> 3:04PM – 4:31PM                                                                                                           | <b>Dhanishtha Until 7:38AM</b><br>Vajra* Until 2:10AM Wed<br>Kaulava Until 11:21AM<br>Shasthi* Until 11:21PM         | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Purple<br>Margasira*Markali     | <i>Sunrise: 6:22AM</i><br><i>Sunset: 5:58PM</i>       | Moon 11 - Phase 34<br>3rd Phase | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Routine Work Marana Yoga<br>Until 12.28AM Wed then Siddha Yoga                                                          |             |           |                                                                                                                                                                                                         |                                                                                                                      |                                                                                                    |                                                       |                                 |                                                   |
| <b>5</b> Wednesday, December 19, 2012                                                                                   |             |           | Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Satabhisha/Purvaprostapada* Nakshatra Siddhi Yoga Gara/Vanija Karana Saptami Yam Titau                |                                                                                                                      |                                                                                                    | Rameswaram, India<br>Sun 20 Sutra 251<br>Nandana 5114 |                                 |                                                   |
| Kumbha Rasi: 19.12                                                                                                      | Tithi 7     | 892247265 | <b>Gulika</b> 10:44AM – 12:11PM<br><b>Yama</b> 7:50AM – 9:17AM<br><b>Rahu</b> 12:11PM – 1:38PM                                                                                                          | <b>Satabhisha Until 7:29AM</b><br>Siddhi Until 12:17AM Thu<br>Gara Until 10:33AM<br>Saptami Until 10:33PM            | Ganesha: Light Blue<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Purple<br>Margasira*Markali     | <i>Sunrise: 6:23AM</i><br><i>Sunset: 5:58PM</i>       | Moon 11 - Phase 34<br>3rd Phase | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Creative Work Siddha Yoga<br>Until 7:29AM then Amrita Yoga<br>Until 12.29AM Thu then Siddha Yoga                        |             |           | <b>Vinayaga Viratam Ends</b>                                                                                                                                                                            |                                                                                                                      |                                                                                                    |                                                       |                                 |                                                   |
| <b>Retreat Star</b> Thursday, December 20, 2012                                                                         |             |           | Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaprostapada*/Uttaraprostapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtami* Yam Titau      |                                                                                                                      |                                                                                                    | Rameswaram, India<br>Sun 21 Sutra 252<br>Nandana 5114 |                                 |                                                   |
| Meena Rasi: 2.1                                                                                                         | Tithi 8     | 812247265 | <b>Gulika</b> 9:17AM – 10:44AM<br><b>Yama</b> 6:23AM – 7:50AM<br><b>Rahu</b> 1:38PM – 3:05PM                                                                                                            | <b>Purvaprostapada* Until 8:10AM</b><br>Vyatipata* Until 11:10PM<br>Visti Until 10:40AM<br>Ashtami* Until 10:40PM    | Ganesha: White<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Clear<br>Margasira*Markali           | <i>Sunrise: 6:23AM</i><br><i>Sunset: 5:59PM</i>       | Moon 11 - Phase 34<br>Ashtami   | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Creative Work Siddha Yoga                                                                                               |             |           |                                                                                                                                                                                                         |                                                                                                                      |                                                                                                    |                                                       |                                 |                                                   |
| <b>Retreat Star</b> Friday, December 21, 2012                                                                           |             |           | Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraprostapada/Revati Nakshatra Vriyan Yoga Balava/Kaulava Karana Navami* Yam Titau                 |                                                                                                                      |                                                                                                    | Rameswaram, India<br>Sun 22 Sutra 253<br>Nandana 5114 |                                 |                                                   |
| Meena Rasi: 14.43                                                                                                       | Tithi 9     | 812247265 | <b>Gulika</b> 7:51AM – 9:18AM<br><b>Yama</b> 3:06PM – 4:32PM<br><b>Rahu</b> 10:45AM – 12:12PM                                                                                                           | <b>Uttaraprostapada Until 9:53AM</b><br>Vriyan Until 12:02AM Sat<br>Balava Until 12:05PM<br>Navami* Until 1:10AM Sat | Ganesha: White<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Clear<br>Margasira*Markali           | <i>Sunrise: 6:24AM</i><br><i>Sunset: 5:59PM</i>       | Moon 11 - Phase 34<br>Navami    | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |
| Creative Work Siddha Yoga<br>Until 12.30AM Sat then Prabalarishta Yoga                                                  |             |           | <b>Day 1 of Pancha Ganapati</b>                                                                                                                                                                         |                                                                                                                      |                                                                                                    |                                                       |                                 |                                                   |

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

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|                                    |                    |                                     |                                                                                                                                                                                     |                                                                                                                   |
|------------------------------------|--------------------|-------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| <b>1</b>                           |                    | <b>Saturday, December 22, 2012</b>  | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Revati/Asvini Nakshatra Parigha* Yoga Taitila/Gara Karana Dasami Yam Titau         | Rameswaram, India<br>Sun 23 Sutra 254<br>Nandana 5114                                                             |
| Meena Rasi: 26.58                  | Tithi 10           | 812247265                           | <b>Gulika</b> 6:24AM – 7:51AM<br><b>Yama</b> 1:39PM – 3:06PM<br><b>Rahu</b> 9:18AM – 10:45AM                                                                                        | <b>Revati Until 12:03PM</b><br>Parigha* Until 12:09AM Sun<br>Taitila Until 1:45PM<br>Dasami Until 2:51AM Sun      |
| Routine Work                       | Prabalarishta Yoga |                                     |                                                                                                                                                                                     | Ganesha: White<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – Clear<br>Margasira*Markali                          |
| Until 12:03PM then Siddha Yoga     |                    |                                     | <b>Day 2 of Pancha Ganapati</b>                                                                                                                                                     | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM                                                                 |
| <b>2</b>                           |                    | <b>Sunday, December 23, 2012</b>    | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Asvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadasi Yam Titau         | Rameswaram, India<br>Sun 24 Sutra 255<br>Nandana 5114                                                             |
| Mesha Rasi: 8.59                   | Tithi 11           | 822247265                           | <b>Gulika</b> 3:07PM – 4:33PM<br><b>Yama</b> 12:13PM – 1:40PM<br><b>Rahu</b> 4:33PM – 6:00PM                                                                                        | <b>Asvini Until 2:41PM</b><br>Shiva Until 12:42AM Mon<br>Vanija Until 3:57PM<br>Ekadasi Until 5:02AM Mon          |
| Creative Work                      | Siddha Yoga        |                                     |                                                                                                                                                                                     | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – White<br>Margasira*Markali                         |
| Until 2:41PM then no yoga          |                    |                                     | <b>Day 3 of Pancha Ganapati</b>                                                                                                                                                     | <b>Devaloka Day</b>                                                                                               |
| Until 12:31AM Mon then Siddha Yoga |                    |                                     |                                                                                                                                                                                     |                                                                                                                   |
| <b>3</b>                           |                    | <b>Monday, December 24, 2012</b>    | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Siddha Yoga Bava Karana Dvadasi Yam Titau                | Rameswaram, India<br>Sun 25 Sutra 256<br>Nandana 5114                                                             |
| Mesha Rasi: 20.52                  | Tithi 12           | 822247265                           | <b>Gulika</b> 1:40PM – 3:07PM<br><b>Yama</b> 10:46AM – 12:13PM<br><b>Rahu</b> 7:52AM – 9:19AM                                                                                       | <b>Bharani Until 5:37PM</b><br>Siddha Until 1:32AM Tue<br>Bava Until 6:28PM<br>Dvadasi Until 8:03AM Tue           |
| Family Home Evening                |                    |                                     |                                                                                                                                                                                     | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – White<br>Margasira*Markali                         |
| Creative Work                      | Siddha Yoga        |                                     |                                                                                                                                                                                     |                                                                                                                   |
| Until 5:37PM then no yoga          |                    |                                     | <b>Day 4 of Pancha Ganapati</b>                                                                                                                                                     | <b>Devaloka Day</b>                                                                                               |
| Until 12:31AM Tue then Siddha Yoga |                    |                                     |                                                                                                                                                                                     |                                                                                                                   |
| <b>4</b>                           |                    | <b>Tuesday, December 25, 2012</b>   | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Krittika Nakshatra Sadhya Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau | Rameswaram, India<br>Sun 26 Sutra 257<br>Nandana 5114                                                             |
| Vrishabha Rasi: 2.38               | Tithi 12 – 13      | 822247265                           | <b>Gulika</b> 12:14PM – 1:41PM<br><b>Yama</b> 9:20AM – 10:47AM<br><b>Rahu</b> 3:08PM – 4:35PM                                                                                       | <b>Krittika Until 8:43PM</b><br>Sadya Until 2:30AM Wed<br>Kaulava Until 9:09PM<br>Dvadasi Until 8:03AM            |
| Creative Work                      | Siddha Yoga        |                                     |                                                                                                                                                                                     | Ganesha: Yellow<br>Muruga: Clear<br>Nataraja: Yellow<br>Moon – White<br>Margasira*Markali                         |
| Until 8:43PM then Amrita Yoga      |                    |                                     | <b>Day 5 of Pancha Ganapati</b>                                                                                                                                                     | <b>Devaloka Day</b>                                                                                               |
| Until 12:32AM Wed then Siddha Yoga |                    |                                     |                                                                                                                                                                                     | <i>Pradosha Vrata</i>                                                                                             |
| <b>5</b>                           |                    | <b>Wednesday, December 26, 2012</b> | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini Nakshatra Subha Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau    | Rameswaram, India<br>Sun 27 Sutra 258<br>Nandana 5114                                                             |
| Vrishabha Rasi: 14.25              | Tithi 13 – 14      | 832247266                           | <b>Gulika</b> 10:47AM – 12:14PM<br><b>Yama</b> 7:53AM – 9:20AM<br><b>Rahu</b> 12:14PM – 1:41PM                                                                                      | <b>Rohini Until 11:50PM</b><br>Subha Until 3:30AM Thu<br>Gara Until 11:51PM<br>Trayodasi Until 10:46AM            |
| Creative Work                      | Siddha Yoga        |                                     |                                                                                                                                                                                     | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Red<br>Moon – Yellow<br>Margasira*Markali                             |
| Until 12:32AM Thu then Marana Yoga |                    |                                     |                                                                                                                                                                                     | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM                                                                 |
| <b>O</b>                           |                    | <b>Thursday, December 27, 2012</b>  | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigasira Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau  | Rameswaram, India<br>Sutra 259<br>Nandana 5114                                                                    |
| Vrishabha Rasi: 26.14              | Tithi 14 – 15      | 832247266                           | <b>Gulika</b> 9:21AM – 10:48AM<br><b>Yama</b> 6:27AM – 7:54AM<br><b>Rahu</b> 1:42PM – 3:09PM                                                                                        | <b>Mrigasira Until 2:52AM Fri</b><br>Sukla Until 4:26AM Fri<br>Visti Until 2:29AM Fri<br>Chaturdasi* Until 1:24PM |
| Routine Work                       | Marana Yoga        |                                     |                                                                                                                                                                                     | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Red<br>Moon – Yellow<br>Margasira*Markali                             |
| Until 12:33AM Fri then Siddha Yoga |                    |                                     |                                                                                                                                                                                     | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM                                                                 |
| <b>Silver Retreat Star</b>         |                    |                                     |                                                                                                                                                                                     |                                                                                                                   |
| <b>Friday, December 28, 2012</b>   |                    |                                     | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ardra Nakshatra Brahma Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau      | Rameswaram, India<br>Sutra 260<br>Nandana 5114                                                                    |
| Mithuna Rasi: 8.07                 | Tithi 15 – 16      | 832247266                           | <b>Gulika</b> 7:54AM – 9:21AM<br><b>Yama</b> 3:09PM – 4:36PM<br><b>Rahu</b> 10:48AM – 12:15PM                                                                                       | <b>Ardra Until 5:45AM Sat</b><br>Brahma Until 5:12AM Sat<br>Balava Until 4:57AM Sat<br>Purnima* Until 3:51PM      |
| Creative Work                      | Siddha Yoga        |                                     |                                                                                                                                                                                     | Ganesha: Blue<br>Muruga: Clear<br>Nataraja: Red<br>Moon – Yellow<br>Margasira*Markali                             |
| Until 5:45AM Sat then Marana Yoga  |                    |                                     |                                                                                                                                                                                     | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM                                                                 |
| <b>Tiruvembavai</b>                |                    |                                     |                                                                                                                                                                                     |                                                                                                                   |

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

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**Saturday, December 29, 2012**  
**Gold Retreat Star**

Mithuna Rasi: 20.08      Tithi 16 – 17  
842247266  
Routine Work      Marana Yoga  
Until 12.34AM Sun then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau  
**Gulika** 6:28AM – 7:55AM      **Punarvasu Until 8:09AM Sun**  
**Yama** 1:43PM – 3:10PM      **Indra Until 5:47AM Sun**  
**Rahu** 9:22AM – 10:49AM      **Taitila Until 7:10AM Sun**  
**Prathama\* Until 6:04PM**  
Ganesha: Red      *Sunrise: 6:28AM*  
Muruga: Clear      *Sunset: 6:04PM*  
Nataraja: Red  
Moon – Blue  
**Margasira\*Markali**

Rameswaram, India  
Sun 1      Sutra 261  
Nandana 5114  
Moon 12 - Phase 36  
1st Phase

**Devaloka Day**

**Sunday, December 30, 2012**

**1**

Kataka Rasi: 2.16      Tithi 17  
842247266  
Creative Work      Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika** 3:10PM – 4:37PM      **Punarvasu Until 8:09AM**  
**Yama** 12:16PM – 1:43PM      **Vaidhriti\* Until 6:07AM Mon**  
**Rahu** 4:37PM – 6:04PM      **Taitila Until 6:55AM**  
**Dvitiya Until 8:00PM**  
Ganesha: Red      *Sunrise: 6:28AM*  
Muruga: Clear      *Sunset: 6:04PM*  
Nataraja: Red  
Moon – Blue  
**Margasira\*Markali**

Rameswaram, India  
Sun 2      Sutra 262  
Nandana 5114  
Moon 12 - Phase 36  
1st Phase

**Devaloka Day**

**Monday, December 31, 2012**

**2**

Kataka Rasi: 14.32      Tithi 18  
Family Home Evening      843247266  
Creative Work      Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Pushya/Aslesha\* Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika** 1:44PM – 3:11PM      **Pushya Until 10:15AM**  
**Yama** 10:50AM – 12:17PM      **Vishkambha\* Until 6:10AM Tue**  
**Rahu** 7:56AM – 9:23AM      **Vanija Until 8:31AM**  
**Tritiya Until 9:37PM**  
Ganesha: Yellow      *Sunrise: 6:29AM*  
Muruga: Clear      *Sunset: 6:05PM*  
Nataraja: Red  
Moon – Blue  
**Margasira\*Markali**

Rameswaram, India  
Sun 3      Sutra 263  
Nandana 5114  
Moon 12 - Phase 36  
1st Phase

**Devaloka Day**

**Tuesday, January 1, 2013**

**3**

Kataka Rasi: 26.59      Tithi 19  
843247266  
Creative Work      Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Aslesha\*/Magha\* Nakshatra Priti Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika** 12:17PM – 1:44PM      **Aslesha\* Until 11:33AM**  
**Yama** 9:23AM – 10:50AM      **Priti Until 4:13AM Wed**  
**Rahu** 3:11PM – 4:38PM      **Bava Until 9:27AM**  
**Chaturthi\* Until 9:27PM**  
Ganesha: Yellow      *Sunrise: 6:29AM*  
Muruga: Clear      *Sunset: 6:05PM*  
Nataraja: Red  
Moon – Blue  
**Margasira\*Markali**

Rameswaram, India  
Sun 4      Sutra 264  
Nandana 5114  
Moon 12 - Phase 36  
1st Phase

**Devaloka Day**

**Wednesday, January 2, 2013**

**4**

Simha Rasi: 9.37      Tithi 20  
853247266  
Creative Work      Siddha Yoga  
Until 12:51PM then Amrita Yoga  
Until 12.35AM Thu then no yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Magha\*/Purvaphalguni\* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 10:50AM – 12:17PM      **Magha\* Until 12:51PM**  
**Yama** 7:56AM – 9:23AM      **Ayushman Until 3:41AM Thu**  
**Rahu** 12:17PM – 1:44PM      **Kaulava Until 10:14AM**  
**Panchami Until 10:14PM**  
Ganesha: White      *Sunrise: 6:29AM*  
Muruga: Clear      *Sunset: 6:05PM*  
Nataraja: Red  
Moon – Red  
**Margasira\*Markali**

Rameswaram, India  
Sun 5      Sutra 265  
Nandana 5114  
Moon 12 - Phase 36  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Thursday, January 3, 2013**

**5**

Simha Rasi: 22.28      Tithi 21  
853247266  
No Yoga  
Until 1:46PM then Prabalarishta Yoga  
Until 12.36AM Fri then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaphalguni\*/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 9:23AM – 10:50AM      **Purvaphalguni\* Until 1:46PM**  
**Yama** 6:29AM – 7:56AM      **Saubhagya Until 2:46AM Fri**  
**Rahu** 1:45PM – 3:12PM      **Gara Until 10:35AM**  
**Shasthi\* Until 10:35PM**  
Ganesha: White      *Sunrise: 6:29AM*  
Muruga: Clear      *Sunset: 6:06PM*  
Nataraja: Red  
Moon – Red  
**Margasira\*Markali**

Rameswaram, India  
Sun 6      Sutra 266  
Nandana 5114  
Moon 12 - Phase 36  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Friday, January 4, 2013**

**6**

Kanya Rasi: 5.33      Tithi 22  
853247266  
Creative Work      Siddha Yoga  
Until 2:13PM then Amrita Yoga  
Until 12.36AM Sat then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 7:57AM – 9:24AM      **Uttaraphalguni Until 2:13PM**  
**Yama** 3:12PM – 4:39PM      **Sobhana Until 1:27AM Sat**  
**Rahu** 10:51AM – 12:18PM      **Visti Until 10:27AM**  
**Saptami Until 10:27PM**  
Ganesha: White      *Sunrise: 6:30AM*  
Muruga: Clear      *Sunset: 6:06PM*  
Nataraja: Red  
Moon – Red  
**Margasira\*Markali**

Rameswaram, India  
Sun 7      Sutra 267  
Nandana 5114  
Moon 12 - Phase 36  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Saturday, January 5, 2013**



**Retreat Star**

Kanya Rasi: 18.56      Tithi 23  
863247266  
Routine Work      Marana Yoga  
Until 12.37AM Sun then Siddha Yoga

**Subramuniyaswami Jayanti**

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 6:30AM – 7:57AM      **Hasta Until 1:33PM**  
**Yama** 1:46PM – 3:13PM      **Athiganda\* Until 10:27PM**  
**Rahu** 9:24AM – 10:51AM      **Balava Until 9:27AM**  
**Ashtami\* Until 8:31PM**  
Ganesha: Clear      *Sunrise: 6:30AM*  
Muruga: Clear      *Sunset: 6:07PM*  
Nataraja: Red  
Moon – Green  
**Margasira\*Markali**

Rameswaram, India  
Sun 8      Sutra 268  
Nandana 5114  
Moon 12 - Phase 36  
Ashtami

**Devaloka Day**

**Sunday, January 6, 2013**

**Retreat Star**

Tula Rasi: 2.38      Tithi 24  
863257266  
Creative Work      Siddha Yoga  
Until 12.37AM Mon then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 3:13PM – 4:40PM      **Chitra Until 12:54PM**  
**Yama** 12:19PM – 1:46PM      **Sukarma Until 8:13PM**  
**Rahu** 4:40PM – 6:07PM      **Taitila Until 8:10AM**  
**Navami\* Until 7:15PM**  
Ganesha: Clear      *Sunrise: 6:30AM*  
Muruga: White      *Sunset: 6:07PM*  
Nataraja: Red  
Moon – Green  
**Margasira\*Markali**

Rameswaram, India  
Sun 9      Sutra 269  
Nandana 5114  
Moon 12 - Phase 36  
Navami

**Sivaloka Day**

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2. UpH, 262

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|                                            |                                                                                                                       |                                                                                                                                                                                                      |                                                                           |                                                                                                                         |                                                                                             |                                                       |                                                 |
|--------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|-------------------------------------------------------|-------------------------------------------------|
| Monday, January 7, 2013                    |                                                                                                                       | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Svati/Visakha Nakshatra Dhriti/Shula* Yoga Vanija/Bava Karana Dasami/Ekadasi* Yam Titau            |                                                                           |                                                                                                                         |                                                                                             | Rameswaram, India<br>Sun 10 Sutra 270<br>Nandana 5114 |                                                 |
| 1                                          | Tula Rasi: 16.42<br>Family Home Evening<br>Creative Work Amrita Yoga<br>Until 11:39AM then Marana Yoga                | 863257266                                                                                                                                                                                            | Gulika 1:46PM – 3:14PM<br>Yama 10:52AM – 12:19PM<br>Rahu 7:58AM – 9:25AM  | Svati Until 11:39AM<br>Dhriti Until 5:25PM<br>Vanija Until 6:15AM<br>Dasami Until 5:19PM                                | Ganesha: Clear<br>Muruga: White<br>Nataraja: Red<br>Moon – Green<br>Margasira*Markali       | Sunrise: 6:31AM<br>Sunset: 6:08PM                     | Moon 12 - Phase 37<br>2nd Phase<br>Sivaloka Day |
| Tuesday, January 8, 2013                   |                                                                                                                       | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Visakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau |                                                                           |                                                                                                                         |                                                                                             | Rameswaram, India<br>Sun 11 Sutra 271<br>Nandana 5114 |                                                 |
| 2                                          | Vrischika Rasi: 1.07<br>Routine Work Marana Yoga<br>Until 9:34AM then Siddha Yoga                                     | 873257266                                                                                                                                                                                            | Gulika 12:20PM – 1:47PM<br>Yama 9:25AM – 10:53AM<br>Rahu 3:14PM – 4:41PM  | Visakha Until 9:34AM<br>Shula* Until 1:34PM<br>Kaulava Until 12:25AM Wed<br>Ekadasi* Until 2:08PM                       | Ganesha: Purple<br>Muruga: White<br>Nataraja: Red<br>Moon – Orange<br>Margasira*Markali     | Sunrise: 6:31AM<br>Sunset: 6:08PM                     | Moon 12 - Phase 37<br>2nd Phase<br>Devaloka Day |
| Wednesday, January 9, 2013                 |                                                                                                                       | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhii Yoga Taila/Gara Karana Dvadasi*/Trayodasi* Yam Titau  |                                                                           |                                                                                                                         |                                                                                             | Rameswaram, India<br>Sun 12 Sutra 272<br>Nandana 5114 |                                                 |
| 3                                          | Vrischika Rasi: 15.49<br>Creative Work Siddha Yoga                                                                    | 873257266                                                                                                                                                                                            | Gulika 10:53AM – 12:20PM<br>Yama 7:59AM – 9:26AM<br>Rahu 12:20PM – 1:47PM | Anuradha Until 7:22AM<br>Ganda* Until 9:58AM<br>Gara Until 9:32PM<br>Dvadasi* Until 11:14AM<br>Pradosha Vrata (Fasting) | Ganesha: Purple<br>Muruga: White<br>Nataraja: Red<br>Moon – Orange<br>Margasira*Markali     | Sunrise: 6:32AM<br>Sunset: 6:09PM                     | Moon 12 - Phase 37<br>2nd Phase<br>Devaloka Day |
| Thursday, January 10, 2013                 |                                                                                                                       | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam<br>Mula* Nakshatra Vridhii/Dhruva Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau          |                                                                           |                                                                                                                         |                                                                                             | Rameswaram, India<br>Sun 13 Sutra 273<br>Nandana 5114 |                                                 |
| 4                                          | Dhanus Rasi: 0.44<br>Creative Work Siddha Yoga<br>Until 12.39AM Fri then no yoga<br>Until 2:10AM Fri then Siddha Yoga | 883357266                                                                                                                                                                                            | Gulika 9:26AM – 10:53AM<br>Yama 6:32AM – 7:59AM<br>Rahu 1:48PM – 3:15PM   | Mula* Until 2:10AM Fri<br>Vridhii Until 6:04AM<br>Visti Until 6:16PM<br>Trayodasi* Until 7:59AM                         | Ganesha: Purple<br>Muruga: White<br>Nataraja: Red<br>Moon – Light Blue<br>Margasira*Markali | Sunrise: 6:32AM<br>Sunset: 6:09PM                     | Moon 12 - Phase 37<br>2nd Phase<br>Devaloka Day |
| Friday, January 11, 2013<br>Retreat Star   |                                                                                                                       | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvashadha* Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau                 |                                                                           |                                                                                                                         |                                                                                             | Rameswaram, India<br>Sun 14 Sutra 274<br>Nandana 5114 |                                                 |
|                                            | Dhanus Rasi: 15.44<br>Creative Work Siddha Yoga<br>Until 12.39AM Sat then no yoga                                     | 883357266                                                                                                                                                                                            | Gulika 7:59AM – 9:27AM<br>Yama 3:15PM – 4:43PM<br>Rahu 10:54AM – 12:21PM  | Purvashadha* Until 11:29PM<br>Vyaghata* Until 10:01PM<br>Catuspada Until 2:51PM<br>Amavasya* Until 1:09AM Sat           | Ganesha: Purple<br>Muruga: White<br>Nataraja: Red<br>Moon – Light Blue<br>Margasira*Markali | Sunrise: 6:32AM<br>Sunset: 6:10PM                     | Moon 12 - Phase 37<br>Amavasya<br>Devaloka Day  |
| Saturday, January 12, 2013<br>Retreat Star |                                                                                                                       | Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathama* Yam Titau                     |                                                                           |                                                                                                                         |                                                                                             | Rameswaram, India<br>Sun 15 Sutra 275<br>Nandana 5114 |                                                 |
|                                            | Makara Rasi: 0.42<br>No Yoga<br>Until 8:53PM then Siddha Yoga<br>Until 12.40AM Sun then Amrita Yoga                   | 883357266                                                                                                                                                                                            | Gulika 6:32AM – 8:00AM<br>Yama 1:49PM – 3:16PM<br>Rahu 9:27AM – 10:54AM   | Uttarashadha Until 8:53PM<br>Harshana Until 6:04PM<br>Kintughna Until 11:32AM<br>Prathama* Until 9:50PM                 | Ganesha: Purple<br>Muruga: White<br>Nataraja: Red<br>Moon – Light Blue<br>Pausha*Markali    | Sunrise: 6:32AM<br>Sunset: 6:10PM                     | Moon 12 - Phase 37<br>Prathama<br>Devaloka Day  |

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada 13.A.5. MA, 289

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|                                                                                                  |             |                                                                                                                                                                                                                    |                                                                                                                  |                                                                                                                                       |                                                        |
|--------------------------------------------------------------------------------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|
| <b>1 Sunday, January 13, 2013</b>                                                                |             | Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Sravana Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Dvitiya Yam Titau                                       |                                                                                                                  | Rameswaram, India<br>Sun 16 Sutra 276<br>Nandana 5114                                                                                 |                                                        |
| Makara Rasi: 15.27                                                                               | Tithi 2     | <b>Gulika</b> 3:16PM – 4:44PM<br><b>Yama</b> 12:22PM – 1:49PM<br><b>Rahu</b> 4:44PM – 6:11PM                                                                                                                       | <b>Sravana Until 7:31PM</b><br>Vajra* Until 2:58PM<br>Balava Until 8:46AM<br>Dvitiya Until 7:51PM                | Ganesha: Light Blue <i>Sunrise: 6:33AM</i><br>Muruga: White <i>Sunset: 6:11PM</i><br>Nataraja: Red<br>Moon – Purple<br>Pausha*Markali | Moon 12 - Phase 38<br>3rd Phase<br><b>Devaloka Day</b> |
| Creative Work Amrita Yoga<br>Until 7:31PM then Siddha Yoga                                       | 894357266   |                                                                                                                                                                                                                    |                                                                                                                  |                                                                                                                                       |                                                        |
| <b>2 Monday, January 14, 2013</b>                                                                |             | Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Siddhi/Vyatipata* Yoga Taila/Vanija Karana Tritiya/Chaturthi* Yam Titau             |                                                                                                                  | Rameswaram, India<br>Sun 17 Sutra 277<br>Nandana 5114                                                                                 |                                                        |
| Makara Rasi: 29.52                                                                               | Tithi 3 – 4 | <b>Gulika</b> 1:49PM – 3:17PM<br><b>Yama</b> 10:55AM – 12:22PM<br><b>Rahu</b> 8:00AM – 9:28AM                                                                                                                      | <b>Dhanishtha Until 5:39PM</b><br>Siddhi Until 11:36AM<br>Taila Until 6:11AM<br>Tritiya Until 5:15PM             | Ganesha: Purple <i>Sunrise: 6:33AM</i><br>Muruga: White <i>Sunset: 6:11PM</i><br>Nataraja: Red<br>Moon – Purple<br>Pausha*Thai        | Moon 12 - Phase 38<br>3rd Phase<br><b>Devaloka Day</b> |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 12.40AM Tue then Marana Yoga           | 894357266   | <b>Thai Pongal</b>                                                                                                                                                                                                 |                                                                                                                  |                                                                                                                                       |                                                        |
| <b>3 Tuesday, January 15, 2013</b>                                                               |             | Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Satabhisha/Purvaprostapada* Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau    |                                                                                                                  | Rameswaram, India<br>Sun 18 Sutra 278<br>Nandana 5114                                                                                 |                                                        |
| Kumbha Rasi: 13.52                                                                               | Tithi 4 – 5 | <b>Gulika</b> 12:23PM – 1:50PM<br><b>Yama</b> 9:28AM – 10:55AM<br><b>Rahu</b> 3:17PM – 4:45PM                                                                                                                      | <b>Satabhisha Until 4:31PM</b><br>Vyatipata* Until 8:54AM<br>Bava Until 2:31AM Wed<br>Chaturthi* Until 3:27PM    | Ganesha: Purple <i>Sunrise: 6:33AM</i><br>Muruga: White <i>Sunset: 6:12PM</i><br>Nataraja: Red<br>Moon – Purple<br>Pausha*Thai        | Moon 12 - Phase 38<br>3rd Phase<br><b>Devaloka Day</b> |
| Routine Work Marana Yoga<br>Until 12.41AM Wed then Amrita Yoga                                   | 894357266   |                                                                                                                                                                                                                    |                                                                                                                  |                                                                                                                                       |                                                        |
| <b>4 Wednesday, January 16, 2013</b>                                                             |             | Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaprostapada*/Uttaraprostapada Nakshatra Varyan/Panigha* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau |                                                                                                                  | Rameswaram, India<br>Sun 19 Sutra 279<br>Nandana 5114                                                                                 |                                                        |
| Kumbha Rasi: 27.24                                                                               | Tithi 5 – 6 | <b>Gulika</b> 10:56AM – 12:23PM<br><b>Yama</b> 8:01AM – 9:28AM<br><b>Rahu</b> 12:23PM – 1:50PM                                                                                                                     | <b>Purvaprostapada* Until 4:57PM</b><br>Varyan Until 7:01AM<br>Kaulava Until 3:12AM Thu<br>Panchami Until 3:12PM | Ganesha: Green <i>Sunrise: 6:33AM</i><br>Muruga: White <i>Sunset: 6:12PM</i><br>Nataraja: Red<br>Moon – Clear<br>Pausha*Thai          | Moon 12 - Phase 38<br>3rd Phase<br><b>Devaloka Day</b> |
| Creative Work Amrita Yoga<br>Until 4:57PM then Siddha Yoga                                       | 814357266   |                                                                                                                                                                                                                    |                                                                                                                  |                                                                                                                                       |                                                        |
| <b>5 Thursday, January 17, 2013</b>                                                              |             | Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraprostapada/Revati Nakshatra Shiva Yoga Taila/Gara Karana Shasthi*/Saptami Yam Titau                           |                                                                                                                  | Rameswaram, India<br>Sun 20 Sutra 280<br>Nandana 5114                                                                                 |                                                        |
| Meena Rasi: 10.28                                                                                | Tithi 6 – 7 | <b>Gulika</b> 9:28AM – 10:56AM<br><b>Yama</b> 6:34AM – 8:01AM<br><b>Rahu</b> 1:51PM – 3:18PM                                                                                                                       | <b>Uttaraprostapada Until 5:27PM</b><br>Shiva Until 4:35AM Fri<br>Gara Until 3:06AM Fri<br>Shasthi* Until 3:06PM | Ganesha: Green <i>Sunrise: 6:34AM</i><br>Muruga: White <i>Sunset: 6:13PM</i><br>Nataraja: Red<br>Moon – Clear<br>Pausha*Thai          | Moon 12 - Phase 38<br>3rd Phase<br><b>Devaloka Day</b> |
| Creative Work Siddha Yoga                                                                        | 814357266   |                                                                                                                                                                                                                    |                                                                                                                  |                                                                                                                                       |                                                        |
| <b>6 Friday, January 18, 2013</b>                                                                |             | Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau                                       |                                                                                                                  | Rameswaram, India<br>Sun 21 Sutra 281<br>Nandana 5114                                                                                 |                                                        |
| Meena Rasi: 23.07                                                                                | Tithi 7 – 8 | <b>Gulika</b> 8:01AM – 9:29AM<br><b>Yama</b> 3:18PM – 4:46PM<br><b>Rahu</b> 10:56AM – 12:24PM                                                                                                                      | <b>Revati Until 7:47PM</b><br>Siddha Until 5:44AM Sat<br>Visti Until 5:51AM Sat<br>Saptami Until 4:45PM          | Ganesha: Green <i>Sunrise: 6:34AM</i><br>Muruga: White <i>Sunset: 6:13PM</i><br>Nataraja: Red<br>Moon – Clear<br>Pausha*Thai          | Moon 12 - Phase 38<br>3rd Phase<br><b>Devaloka Day</b> |
| Creative Work Siddha Yoga<br>Until 7:47PM then Amrita Yoga<br>Until 12.42AM Sat then Siddha Yoga | 814357266   |                                                                                                                                                                                                                    |                                                                                                                  |                                                                                                                                       |                                                        |
| <b>Retreat Star Saturday, January 19, 2013</b>                                                   |             | Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Asvini Nakshatra Sadhya Yoga Bava Karana Ashtami* Yam Titau                                                        |                                                                                                                  | Rameswaram, India<br>Sun 22 Sutra 282<br>Nandana 5114                                                                                 |                                                        |
| Mesha Rasi: 5.24                                                                                 | Tithi 8     | <b>Gulika</b> 6:34AM – 8:01AM<br><b>Yama</b> 1:51PM – 3:19PM<br><b>Rahu</b> 9:29AM – 10:56AM                                                                                                                       | <b>Asvini Until 9:53PM</b><br>Sadhya Until 5:47AM Sun<br>Bava Until 7:27AM Sun<br>Ashtami* Until 6:21PM          | Ganesha: Red <i>Sunrise: 6:34AM</i><br>Muruga: White <i>Sunset: 6:14PM</i><br>Nataraja: Red<br>Moon – White<br>Pausha*Thai            | Moon 12 - Phase 38<br>Ashtami<br><b>Sivaloka Day</b>   |
| Creative Work Siddha Yoga<br>Until 12.42AM Sun then no yoga                                      | 824357266   |                                                                                                                                                                                                                    |                                                                                                                  |                                                                                                                                       |                                                        |
| <b>Retreat Star Sunday, January 20, 2013</b>                                                     |             | Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Bharani Nakshatra Subha Yoga Balava/Kaulava Karana Navami* Yam Titau                                               |                                                                                                                  | Rameswaram, India<br>Sun 23 Sutra 283<br>Nandana 5114                                                                                 |                                                        |
| Mesha Rasi: 17.25                                                                                | Tithi 9     | <b>Gulika</b> 3:19PM – 4:47PM<br><b>Yama</b> 12:24PM – 1:52PM<br><b>Rahu</b> 4:47PM – 6:14PM                                                                                                                       | <b>Bharani Until 12:30AM Mon</b><br>Subha Until 6:33AM Mon<br>Balava Until 7:26AM<br>Navami* Until 8:31PM        | Ganesha: Red <i>Sunrise: 6:34AM</i><br>Muruga: White <i>Sunset: 6:14PM</i><br>Nataraja: Red<br>Moon – White<br>Pausha*Thai            | Moon 12 - Phase 38<br>Navami<br><b>Sivaloka Day</b>    |
| No Yoga<br>Until 12.42AM Mon then Siddha Yoga<br>Until 12:30AM Mon then no yoga                  | 824357266   |                                                                                                                                                                                                                    |                                                                                                                  |                                                                                                                                       |                                                        |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

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|                             |                                    |               |                                                                                                                                                                                                            |                            |                 |                 |                                                       |                    |
|-----------------------------|------------------------------------|---------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------|-----------------|-----------------|-------------------------------------------------------|--------------------|
| Monday, January 21, 2013    |                                    |               | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dasami Yam Titau                                   |                            |                 |                 | Rameswaram, India<br>Sun 24 Sutra 284<br>Nandana 5114 |                    |
| 1                           | Mesha Rasi: 29.16                  | Tithi 10      | Gulika 1:52PM – 3:20PM                                                                                                                                                                                     | Krittika Until 3:27AM Tue  | Ganesha: Red    | Sunrise: 6:34AM |                                                       |                    |
|                             | Family Home Evening                | 824357266     | Yama 10:57AM – 12:24PM                                                                                                                                                                                     | Subha Until 6:33AM         | Muruga: White   | Sunset: 6:15PM  |                                                       | Moon 12 - Phase 39 |
|                             | No Yoga                            |               | Rahu 8:02AM – 9:29AM                                                                                                                                                                                       | Taitila Until 9:58AM       | Nataraja: Red   |                 |                                                       | 4th Phase          |
|                             | Until 12.43AM Tue then Siddha Yoga |               |                                                                                                                                                                                                            | Dasami Until 11:04PM       | Moon – White    |                 | Sivaloka Day                                          |                    |
|                             | Until 3:27AM Tue then Amrita Yoga  |               |                                                                                                                                                                                                            |                            | Pausha*Thai     |                 |                                                       |                    |
| Tuesday, January 22, 2013   |                                    |               | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Rohini Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Ekadasi Yam Titau                               |                            |                 |                 | Rameswaram, India<br>Sun 25 Sutra 285<br>Nandana 5114 |                    |
| 2                           | Mrishabha Rasi: 11.03              | Tithi 11      | Gulika 12:25PM – 1:52PM                                                                                                                                                                                    | Rohini Until 7:00AM Wed    | Ganesha: Blue   | Sunrise: 6:34AM |                                                       |                    |
|                             |                                    | 834357266     | Yama 9:30AM – 10:57AM                                                                                                                                                                                      | Sukla Until 7:33AM         | Muruga: White   | Sunset: 6:15PM  |                                                       | Moon 12 - Phase 39 |
|                             | Creative Work Amrita Yoga          |               | Rahu 3:20PM – 4:48PM                                                                                                                                                                                       | Vanija Until 12:41PM       | Nataraja: Red   |                 |                                                       | 4th Phase          |
|                             | Until 12.43AM Wed then Siddha Yoga |               |                                                                                                                                                                                                            | Ekadasi Until 1:46AM Wed   | Moon – Yellow   |                 | Devaloka Day                                          |                    |
|                             |                                    |               |                                                                                                                                                                                                            |                            | Pausha*Thai     |                 |                                                       |                    |
| Wednesday, January 23, 2013 |                                    |               | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadasi Yam Titau                         |                            |                 |                 | Rameswaram, India<br>Sun 26 Sutra 286<br>Nandana 5114 |                    |
| 3                           | Mrishabha Rasi: 22.5               | Tithi 12      | Gulika 10:57AM – 12:25PM                                                                                                                                                                                   | Rohini Until 7:00AM        | Ganesha: Blue   | Sunrise: 6:35AM |                                                       |                    |
|                             |                                    | 834357266     | Yama 8:02AM – 9:30AM                                                                                                                                                                                       | Brahma Until 8:32AM        | Muruga: White   | Sunset: 6:16PM  |                                                       | Moon 12 - Phase 39 |
|                             | Creative Work Siddha Yoga          |               | Rahu 12:25PM – 1:53PM                                                                                                                                                                                      | Bava Until 3:22PM          | Nataraja: Red   |                 |                                                       | 4th Phase          |
|                             | Until 12.43AM Thu then Marana Yoga |               |                                                                                                                                                                                                            | Dvadasi Until 4:28AM Thu   | Moon – Yellow   |                 | Devaloka Day                                          |                    |
|                             |                                    |               |                                                                                                                                                                                                            |                            | Pausha*Thai     |                 |                                                       |                    |
| Thursday, January 24, 2013  |                                    |               | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mrigasira/Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau                 |                            |                 |                 | Rameswaram, India<br>Sun 27 Sutra 287<br>Nandana 5114 |                    |
| 4                           | Mithuna Rasi: 4.41                 | Tithi 13      | Gulika 9:30AM – 10:58AM                                                                                                                                                                                    | Mrigasira Until 9:57AM     | Ganesha: Red    | Sunrise: 6:35AM |                                                       |                    |
|                             |                                    | 934357266     | Yama 6:35AM – 8:02AM                                                                                                                                                                                       | Indra Until 9:23AM         | Muruga: White   | Sunset: 6:16PM  |                                                       | Moon 12 - Phase 39 |
|                             | Routine Work Marana Yoga           |               | Rahu 1:53PM – 3:21PM                                                                                                                                                                                       | Kaulava Until 5:54PM       | Nataraja: Red   |                 |                                                       | 4th Phase          |
|                             | Until 12.43AM Fri then Siddha Yoga |               |                                                                                                                                                                                                            | Trayodasi Until 7:03AM Fri | Moon – Yellow   |                 | Sivaloka Day                                          |                    |
|                             |                                    |               |                                                                                                                                                                                                            | Pradosha Vrata             | Pausha*Thai     |                 |                                                       |                    |
| Friday, January 25, 2013    |                                    |               | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau |                            |                 |                 | Rameswaram, India<br>Sutra 288<br>Nandana 5114        |                    |
| 5                           | Mithuna Rasi: 16.41                | Tithi 13 – 14 | Gulika 8:02AM – 9:30AM                                                                                                                                                                                     | Ardra Until 12:38PM        | Ganesha: Red    | Sunrise: 6:35AM |                                                       |                    |
|                             |                                    | 934357266     | Yama 3:21PM – 4:49PM                                                                                                                                                                                       | Vaidhriti* Until 9:59AM    | Muruga: White   | Sunset: 6:16PM  |                                                       | Moon 12 - Phase 39 |
|                             | Creative Work Siddha Yoga          |               | Rahu 10:58AM – 12:26PM                                                                                                                                                                                     | Gara Until 8:08PM          | Nataraja: Red   |                 |                                                       | 4th Phase          |
|                             | Until 12.44AM Sat then Marana Yoga |               |                                                                                                                                                                                                            | Trayodasi Until 7:03AM     | Moon – Yellow   |                 | Sivaloka Day                                          |                    |
|                             |                                    |               |                                                                                                                                                                                                            |                            | Pausha*Thai     |                 |                                                       |                    |
| Saturday, January 26, 2013  |                                    |               | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau     |                            |                 |                 | Rameswaram, India<br>Sutra 289<br>Nandana 5114        |                    |
|                             | Copper Retreat Star                |               | Gulika 6:35AM – 8:03AM                                                                                                                                                                                     | Punarvasu Until 2:58PM     | Ganesha: Yellow | Sunrise: 6:35AM |                                                       |                    |
|                             | Mithuna Rasi: 28.51                | Tithi 14 – 15 | Yama 1:54PM – 3:21PM                                                                                                                                                                                       | Vishkambha* Until 10:16AM  | Muruga: White   | Sunset: 6:17PM  |                                                       | Moon 12 - Phase 39 |
|                             |                                    | 945357266     | Rahu 9:30AM – 10:58AM                                                                                                                                                                                      | Visti Until 10:00PM        | Nataraja: Red   |                 |                                                       | Purnima            |
|                             | Routine Work Marana Yoga           |               |                                                                                                                                                                                                            | Chaturdasi* Until 8:54AM   | Moon – Blue     |                 | Sivaloka Day                                          |                    |
|                             | Until 2:58PM then Siddha Yoga      |               | Thai Pusam                                                                                                                                                                                                 |                            | Pausha*Thai     |                 |                                                       |                    |
| Sunday, January 27, 2013    |                                    |               | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Pushya/Aslesha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau           |                            |                 |                 | Rameswaram, India<br>Sutra 290<br>Nandana 5114        |                    |
|                             | Silver Retreat Star                |               | Gulika 3:22PM – 4:49PM                                                                                                                                                                                     | Pushya Until 4:05PM        | Ganesha: Yellow | Sunrise: 6:35AM |                                                       |                    |
|                             | Kataka Rasi: 11.13                 | Tithi 15 – 16 | Yama 12:26PM – 1:54PM                                                                                                                                                                                      | Priti Until 9:53AM         | Muruga: White   | Sunset: 6:17PM  |                                                       | Moon 12 - Phase 39 |
|                             |                                    | 945357266     | Rahu 4:49PM – 6:17PM                                                                                                                                                                                       | Balava Until 9:59PM        | Nataraja: Red   |                 |                                                       | Prathama           |
|                             | Creative Work Siddha Yoga          |               |                                                                                                                                                                                                            | Purnima* Until 9:59AM      | Moon – Blue     |                 | Sivaloka Day                                          |                    |
|                             |                                    |               |                                                                                                                                                                                                            |                            | Pausha*Thai     |                 |                                                       |                    |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

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Monday, January 28, 2013

Gold Retreat Star

Kataka Rasi: 23.46 Tithi 16 – 17  
Family Home Evening 945357266  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Aslesha\* Magha\* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama\*/Dvitiya Yam Titau

**Gulika** 1:54PM – 3:22PM  
**Yama** 10:58AM – 12:26PM  
**Rahu** 8:03AM – 9:31AM

**Aslesha\* Until 5:30PM**  
Ayushman Until 9:28AM  
Taitila Until 10:53PM  
Prathama\* Until 10:53AM

Ganesha: Yellow  
Muruga: White  
Nataraja: Red  
Moon – Blue  
Pausha\*Thai

*Sunrise: 6:35AM*  
*Sunset: 6:18PM*

Sivaloka Day

Rameswaram, India  
Sutra 291  
Nandana 5114  
Moon 1 - Phase 40  
1st Phase

Tuesday, January 29, 2013

1

Simha Rasi: 6.32 Tithi 17 – 18  
955357266

Creative Work Siddha Yoga  
Until 12.44AM Wed then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Magha\* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

**Gulika** 12:26PM – 1:54PM  
**Yama** 9:31AM – 10:58AM  
**Rahu** 3:22PM – 4:50PM

**Magha\* Until 6:34PM**  
Saubhagya Until 8:43AM  
Vanija Until 11:24PM  
Dvitiya Until 11:24AM

Ganesha: White  
Muruga: White  
Nataraja: Red  
Moon – Red  
Pausha\*Thai

*Sunrise: 6:35AM*  
*Sunset: 6:18PM*

Subha Sivaloka Day

Rameswaram, India  
Sun 1 Sutra 292  
Nandana 5114  
Moon 1 - Phase 40  
1st Phase

Wednesday, January 30, 2013

2

Simha Rasi: 19.28 Tithi 18 – 19  
955357266

Creative Work Amrita Yoga  
Until 12.45AM Thu then Prabalarishta Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaphalguni\* Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau

**Gulika** 10:59AM – 12:27PM  
**Yama** 8:03AM – 9:31AM  
**Rahu** 12:27PM – 1:54PM

**Purvaphalguni\* Until 7:17PM**  
Sobhana Until 7:38AM  
Bava Until 11:32PM  
Tritiya Until 11:32AM

Ganesha: White  
Muruga: White  
Nataraja: Red  
Moon – Red  
Pausha\*Thai

*Sunrise: 6:35AM*  
*Sunset: 6:18PM*

Subha Sivaloka Day

Rameswaram, India  
Sun 2 Sutra 293  
Nandana 5114  
Moon 1 - Phase 40  
1st Phase

Thursday, January 31, 2013

3

Kanya Rasi: 3 Tithi 19 – 20  
955357266

Routine Work Prabalarishta Yoga  
Until 7:40PM then no yoga  
Until 12.45AM Fri then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chaturthi\*/Panchami Yam Titau

**Gulika** 9:31AM – 10:59AM  
**Yama** 6:35AM – 8:03AM  
**Rahu** 1:55PM – 3:23PM

**Uttaraphalguni Until 7:40PM**  
Athiganda\* Until 6:15AM  
Kaulava Until 11:19PM  
Chaturthi\* Until 11:19AM

Ganesha: White  
Muruga: White  
Nataraja: Red  
Moon – Red  
Pausha\*Thai

*Sunrise: 6:35AM*  
*Sunset: 6:19PM*

Subha Sivaloka Day

Rameswaram, India  
Sun 3 Sutra 294  
Nandana 5114  
Moon 1 - Phase 40  
1st Phase

Friday, February 1, 2013

4

Kanya Rasi: 15.54 Tithi 20 – 21  
965357266

Creative Work Amrita Yoga  
Until 7:43PM then Siddha Yoga  
Until 12.45AM Sat then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Hasta Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shasthi\* Yam Titau

**Gulika** 8:03AM – 9:31AM  
**Yama** 3:23PM – 4:51PM  
**Rahu** 10:59AM – 12:27PM

**Hasta Until 7:43PM**  
Dhriti Until 3:25AM Sat  
Gara Until 10:45PM  
Panchami Until 10:45AM

Ganesha: Clear  
Muruga: White  
Nataraja: Red  
Moon – Green  
Pausha\*Thai

*Sunrise: 6:35AM*  
*Sunset: 6:19PM*

Sivaloka Day

Rameswaram, India  
Sun 4 Sutra 295  
Nandana 5114  
Moon 1 - Phase 40  
1st Phase

Saturday, February 2, 2013

5

Kanya Rasi: 29.23 Tithi 21 – 22  
965357266

Routine Work Marana Yoga  
Until 6:29PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Chitra Nakshatra Shula\* Yoga Vanija/Visti\* Karana Shasthi\*/Saptami Yam Titau

**Gulika** 6:35AM – 8:03AM  
**Yama** 1:55PM – 3:23PM  
**Rahu** 9:31AM – 10:59AM

**Chitra Until 6:29PM**  
Shula\* Until 12:07AM Sun  
Visti Until 8:35PM  
Shasthi\* Until 9:31AM

Ganesha: Clear  
Muruga: White  
Nataraja: Red  
Moon – Green  
Pausha\*Thai

*Sunrise: 6:35AM*  
*Sunset: 6:19PM*

Sivaloka Day

Rameswaram, India  
Sun 5 Sutra 296  
Nandana 5114  
Moon 1 - Phase 40  
1st Phase

Sunday, February 3, 2013



Retreat Star

Tula Rasi: 13.04 Tithi 22 – 23  
965357267

Creative Work Siddha Yoga  
Until 5:53PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Svati Nakshatra Ganda\* Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau

**Gulika** 3:23PM – 4:51PM  
**Yama** 12:27PM – 1:55PM  
**Rahu** 4:51PM – 6:19PM

**Svati Until 5:53PM**  
Ganda\* Until 9:56PM  
Balava Until 7:21PM  
Saptami Until 8:17AM

Ganesha: Clear  
Muruga: White  
Nataraja: Yellow  
Moon – Green  
Pausha\*Thai

*Sunrise: 6:35AM*  
*Sunset: 6:19PM*

Sivaloka Day

Rameswaram, India  
Sun 6 Sutra 297  
Nandana 5114  
Moon 1 - Phase 40  
Ashtami

Monday, February 4, 2013

Retreat Star

Tula Rasi: 26.58 Tithi 23 – 24  
Family Home Evening 975457267

Routine Work Marana Yoga  
Until 4:55PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Visakha/Anuradha Nakshatra Vriddhi Yoga Kaulava/Gara Karana Ashtami\*/Navami\* Yam Titau

**Gulika** 1:55PM – 3:23PM  
**Yama** 10:59AM – 12:27PM  
**Rahu** 8:03AM – 9:31AM

**Visakha Until 4:55PM**  
Vriddhi Until 7:25PM  
Gara Until 4:48AM Tue  
Ashtami\* Until 6:39AM

Ganesha: Clear  
Muruga: White  
Nataraja: Yellow  
Moon – Orange  
Pausha\*Thai

*Sunrise: 6:35AM*  
*Sunset: 6:20PM*

Sivaloka Day

Rameswaram, India  
Sun 7 Sutra 298  
Nandana 5114  
Moon 1 - Phase 40  
Navami

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722. TM

All times are standard time

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|                                                                                     |  |                             |  |                                                                                                   |  |                    |  |
|-------------------------------------------------------------------------------------|--|-----------------------------|--|---------------------------------------------------------------------------------------------------|--|--------------------|--|
| <b>1</b>                                                                            |  | Tuesday, February 5, 2013   |  | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam |  | Rameswaram, India  |  |
| Vrischika Rasi: 11.05                                                               |  | Tithi 25                    |  | Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dasami Yam Titau          |  | Sun 8 Sutra 299    |  |
| Creative Work                                                                       |  | Siddha Yoga                 |  | Dasami Until 2:45AM Wed                                                                           |  | Moon 1 - Phase 41  |  |
|                                                                                     |  | 976457267                   |  | Ganesha: Purple                                                                                   |  | Sunrise: 6:35AM    |  |
|                                                                                     |  |                             |  | Yama 9:31AM – 10:59AM                                                                             |  | Sunset: 6:20PM     |  |
|                                                                                     |  |                             |  | Rahu 3:24PM – 4:52PM                                                                              |  | Nataraja: Yellow   |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Moon – Orange      |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Pausha*Thai        |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Subha Sivaloka Day |  |
|                                                                                     |  |                             |  |                                                                                                   |  |                    |  |
| <b>2</b>                                                                            |  | Wednesday, February 6, 2013 |  | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam   |  | Rameswaram, India  |  |
| Vrischika Rasi: 25.26                                                               |  | Tithi 26                    |  | Jyeshtha* Until 1:19PM                                                                            |  | Sun 9 Sutra 300    |  |
| Creative Work                                                                       |  | Siddha Yoga                 |  | Vyaghata* Until 12:50PM                                                                           |  | Moon 1 - Phase 41  |  |
| Until 1:19PM then Marana Yoga                                                       |  | 976457267                   |  | Bava Until 1:13PM                                                                                 |  | Sunrise: 6:34AM    |  |
| Until 12.45AM Thu then Siddha Yoga                                                  |  |                             |  | Ekadasi* Until 12:18AM Thu                                                                        |  | Sunset: 6:20PM     |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Moon – Orange      |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Pausha*Thai        |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Subha Sivaloka Day |  |
|                                                                                     |  |                             |  |                                                                                                   |  |                    |  |
| <b>3</b>                                                                            |  | Thursday, February 7, 2013  |  | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam    |  | Rameswaram, India  |  |
| Dhanus Rasi: 9.56                                                                   |  | Tithi 27                    |  | Mula* Until 11:26AM                                                                               |  | Sun 10 Sutra 301   |  |
| Creative Work                                                                       |  | Siddha Yoga                 |  | Harshana Until 9:33AM                                                                             |  | Moon 1 - Phase 41  |  |
|                                                                                     |  | 986457267                   |  | Kaulava Until 10:09AM                                                                             |  | Sunrise: 6:34AM    |  |
|                                                                                     |  |                             |  | Dvadasi* Until 8:26PM                                                                             |  | Sunset: 6:20PM     |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Moon – Light Blue  |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Pausha*Thai        |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Sivaloka Day       |  |
|                                                                                     |  |                             |  |                                                                                                   |  |                    |  |
| <b>4</b>                                                                            |  | Friday, February 8, 2013    |  | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam   |  | Rameswaram, India  |  |
| Dhanus Rasi: 24.32                                                                  |  | Tithi 28                    |  | Purvashadha* Until 9:24AM                                                                         |  | Sun 11 Sutra 302   |  |
| Creative Work                                                                       |  | Siddha Yoga                 |  | Vajra* Until 6:08AM                                                                               |  | Moon 1 - Phase 41  |  |
| Until 12.46AM Sat then no yoga                                                      |  | 986457267                   |  | Gara Until 7:26AM                                                                                 |  | Sunrise: 6:34AM    |  |
|                                                                                     |  |                             |  | Trayodasi* Until 5:43PM                                                                           |  | Sunset: 6:21PM     |  |
|                                                                                     |  |                             |  | Pradosha Vrata (Fasting)                                                                          |  | Moon – Light Blue  |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Pausha*Thai        |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Sivaloka Day       |  |
|                                                                                     |  |                             |  |                                                                                                   |  |                    |  |
| <b>5</b>                                                                            |  | Saturday, February 9, 2013  |  | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam   |  | Rameswaram, India  |  |
| Makara Rasi: 9.08                                                                   |  | Tithi 29 – 30               |  | Uttarashadha Until 7:30AM                                                                         |  | Sun 12 Sutra 303   |  |
| No Yoga                                                                             |  | 986457267                   |  | Vyatipata* Until 11:51PM                                                                          |  | Moon 1 - Phase 41  |  |
| Until 7:30AM then Siddha Yoga                                                       |  |                             |  | Catuspada Until 2:46AM Sun                                                                        |  | Sunrise: 6:34AM    |  |
| Until 12.46AM Sun then Amrita Yoga                                                  |  |                             |  | Chaturdasi* Until 3:42PM                                                                          |  | Sunset: 6:21PM     |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Moon – Light Blue  |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Pausha*Thai        |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Sivaloka Day       |  |
|                                                                                     |  |                             |  |                                                                                                   |  |                    |  |
|  |  | Sunday, February 10, 2013   |  | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam     |  | Rameswaram, India  |  |
| Retreat Star                                                                        |  |                             |  | Dhanishtha Nakshatra Variyan Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau           |  | Sun 13 Sutra 304   |  |
| Makara Rasi: 23.36                                                                  |  | Tithi 30 – 1                |  | Dhanishtha Until 4:24AM Mon                                                                       |  | Moon 1 - Phase 41  |  |
| Creative Work                                                                       |  | Siddha Yoga                 |  | Variyan Until 8:25PM                                                                              |  | Sunrise: 6:34AM    |  |
|                                                                                     |  | 996457267                   |  | Kintughna Until 12:05AM Mon                                                                       |  | Sunset: 6:21PM     |  |
|                                                                                     |  |                             |  | Amavasya* Until 1:01PM                                                                            |  | Moon – Purple      |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Pausha*Thai        |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Sivaloka Day       |  |
|                                                                                     |  |                             |  |                                                                                                   |  |                    |  |
| <b>Monday, February 11, 2013</b>                                                    |  | Retreat Star                |  | Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam      |  | Rameswaram, India  |  |
| Kumbha Rasi: 7.49                                                                   |  | Tithi 1 – 2                 |  | Satabhisha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau           |  | Sun 14 Sutra 305   |  |
| Family Home Evening                                                                 |  | 996457267                   |  | Satabhisha Until 2:53AM Tue                                                                       |  | Moon 1 - Phase 41  |  |
| Creative Work                                                                       |  | Siddha Yoga                 |  | Parigha* Until 5:22PM                                                                             |  | Sunrise: 6:34AM    |  |
| Until 12.46AM Tue then Marana Yoga                                                  |  |                             |  | Balava Until 9:51PM                                                                               |  | Sunset: 6:21PM     |  |
|                                                                                     |  |                             |  | Prathama* Until 10:46AM                                                                           |  | Moon – Purple      |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Magha*Thai         |  |
|                                                                                     |  |                             |  |                                                                                                   |  | Sivaloka Day       |  |
|                                                                                     |  |                             |  |                                                                                                   |  |                    |  |

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada 63.2–6. AK, 51

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|                                                                                                     |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  |                                                 |                                                                    |
|-----------------------------------------------------------------------------------------------------|-------------|------------------------------|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------|-------------------------------------------------|--------------------------------------------------------------------|
| <b>1</b>                                                                                            |             | Tuesday, February 12, 2013   |                                                                                                | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaprostapada* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau |                                                                                  | Rameswaram, India                               |                                                                    |
| Kumbha Rasi: 21.43                                                                                  | Tithi 2 – 3 | 917457267                    | <b>Gulika</b> 12:28PM – 1:56PM<br><b>Yama</b> 9:31AM – 10:59AM<br><b>Rahu</b> 3:25PM – 4:53PM  | Purvaprostapada* Until 3:27AM Wed<br>Shiva Until 2:52PM<br>Taitila Until 9:25PM<br>Dvitiya Until 9:25AM                                                                                          | Ganesha: Red<br>Muruga: White<br>Nataraja: Yellow<br>Moon – Clear<br>Magha•Masi  | <i>Sunrise: 6:33AM</i><br><i>Sunset: 6:22PM</i> | Sun 15 Sutra 306<br>Nandana 5114<br>Moon 1 - Phase 42<br>3rd Phase |
| Routine Work Marana Yoga<br>Until 12.46AM Wed then Amrita Yoga<br>Until 3:27AM Wed then Siddha Yoga |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  | Sivaloka Day                                    |                                                                    |
| <b>2</b>                                                                                            |             | Wednesday, February 13, 2013 |                                                                                                | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraprostapada Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau   |                                                                                  | Rameswaram, India                               |                                                                    |
| Meena Rasi: 5.13                                                                                    | Tithi 3 – 4 | 917457267                    | <b>Gulika</b> 10:59AM – 12:28PM<br><b>Yama</b> 8:02AM – 9:30AM<br><b>Rahu</b> 12:28PM – 1:56PM | Uttaraprostapada Until 3:10AM Thu<br>Siddha Until 1:29PM<br>Vanija Until 8:27PM<br>Tritiya Until 8:27AM                                                                                          | Ganesha: Red<br>Muruga: White<br>Nataraja: Yellow<br>Moon – Clear<br>Magha•Masi  | <i>Sunrise: 6:33AM</i><br><i>Sunset: 6:22PM</i> | Sun 16 Sutra 307<br>Nandana 5114<br>Moon 1 - Phase 42<br>3rd Phase |
| Creative Work Siddha Yoga                                                                           |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  | Sivaloka Day                                    |                                                                    |
| <b>3</b>                                                                                            |             | Thursday, February 14, 2013  |                                                                                                | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau              |                                                                                  | Rameswaram, India                               |                                                                    |
| Meena Rasi: 18.17                                                                                   | Tithi 4 – 5 | 917457267                    | <b>Gulika</b> 9:30AM – 10:59AM<br><b>Yama</b> 6:33AM – 8:02AM<br><b>Rahu</b> 1:56PM – 3:25PM   | Revati Until 3:38AM Fri<br>Sadhya Until 12:11PM<br>Bava Until 8:19PM<br>Chaturthi* Until 8:19AM                                                                                                  | Ganesha: Red<br>Muruga: White<br>Nataraja: Yellow<br>Moon – Clear<br>Magha•Masi  | <i>Sunrise: 6:33AM</i><br><i>Sunset: 6:22PM</i> | Sun 17 Sutra 308<br>Nandana 5114<br>Moon 1 - Phase 42<br>3rd Phase |
| Creative Work Siddha Yoga<br>Until 3:38AM Fri then Amrita Yoga                                      |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  | Sivaloka Day                                    |                                                                    |
| Subramuniyaswami Siva Vision Day                                                                    |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  |                                                 |                                                                    |
| <b>4</b>                                                                                            |             | Friday, February 15, 2013    |                                                                                                | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Asvini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau             |                                                                                  | Rameswaram, India                               |                                                                    |
| Mesha Rasi: 0.58                                                                                    | Tithi 5 – 6 | 927457267                    | <b>Gulika</b> 8:01AM – 9:30AM<br><b>Yama</b> 3:25PM – 4:54PM<br><b>Rahu</b> 10:59AM – 12:28PM  | Asvini Until 6:05AM Sat<br>Subha Until 12:01PM<br>Kaulava Until 10:21PM<br>Panchami Until 9:15AM                                                                                                 | Ganesha: Blue<br>Muruga: White<br>Nataraja: Yellow<br>Moon – White<br>Magha•Masi | <i>Sunrise: 6:33AM</i><br><i>Sunset: 6:22PM</i> | Sun 18 Sutra 309<br>Nandana 5114<br>Moon 1 - Phase 42<br>3rd Phase |
| Creative Work Amrita Yoga<br>Until 12.46AM Sat then Siddha Yoga                                     |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  | Devaloka Day                                    |                                                                    |
| <b>5</b>                                                                                            |             | Saturday, February 16, 2013  |                                                                                                | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Asvini/Bharani Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau       |                                                                                  | Rameswaram, India                               |                                                                    |
| Mesha Rasi: 13.17                                                                                   | Tithi 6 – 7 | 927457267                    | <b>Gulika</b> 6:33AM – 8:01AM<br><b>Yama</b> 1:56PM – 3:25PM<br><b>Rahu</b> 9:30AM – 10:59AM   | Asvini Until 6:05AM<br>Sukla Until 12:00PM<br>Gara Until 11:49PM<br>Shasthi* Until 10:44AM                                                                                                       | Ganesha: Blue<br>Muruga: White<br>Nataraja: Yellow<br>Moon – White<br>Magha•Masi | <i>Sunrise: 6:33AM</i><br><i>Sunset: 6:23PM</i> | Sun 19 Sutra 310<br>Nandana 5114<br>Moon 1 - Phase 42<br>3rd Phase |
| Creative Work Siddha Yoga<br>Until 12.46AM Sun then no yoga                                         |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  | Devaloka Day                                    |                                                                    |
| <b>D</b>                                                                                            |             | Sunday, February 17, 2013    |                                                                                                | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bharu Vasara Yuktayam<br>Bharani/Krittika Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau    |                                                                                  | Rameswaram, India                               |                                                                    |
| Retreat Star                                                                                        |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  |                                                 |                                                                    |
| Mesha Rasi: 25.22                                                                                   | Tithi 7 – 8 | 927457267                    | <b>Gulika</b> 3:25PM – 4:54PM<br><b>Yama</b> 12:27PM – 1:56PM<br><b>Rahu</b> 4:54PM – 6:23PM   | Bharani Until 8:37AM<br>Brahma Until 12:28PM<br>Visti Until 1:53AM Mon<br>Saptami Until 12:47PM                                                                                                  | Ganesha: Blue<br>Muruga: White<br>Nataraja: Yellow<br>Moon – White<br>Magha•Masi | <i>Sunrise: 6:32AM</i><br><i>Sunset: 6:23PM</i> | Sun 20 Sutra 311<br>Nandana 5114<br>Moon 1 - Phase 42<br>Ashtami   |
| No Yoga<br>Until 8:37AM then Siddha Yoga<br>Until 12.46AM Mon then no yoga                          |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  | Devaloka Day                                    |                                                                    |
| <b>Monday, February 18, 2013</b>                                                                    |             | Retreat Star                 |                                                                                                | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau    |                                                                                  | Rameswaram, India                               |                                                                    |
| Mrishabha Rasi: 7.15                                                                                | Tithi 8 – 9 | 927457267                    | <b>Gulika</b> 1:56PM – 3:25PM<br><b>Yama</b> 10:59AM – 12:27PM<br><b>Rahu</b> 8:01AM – 9:30AM  | Krittika Until 11:31AM<br>Indra Until 1:17PM<br>Balava Until 4:20AM Tue<br>Ashtami* Until 3:14PM                                                                                                 | Ganesha: Blue<br>Muruga: White<br>Nataraja: Yellow<br>Moon – White<br>Magha•Masi | <i>Sunrise: 6:32AM</i><br><i>Sunset: 6:23PM</i> | Sun 21 Sutra 312<br>Nandana 5114<br>Moon 1 - Phase 42<br>Navami    |
| Family Home Evening<br>No Yoga<br>Until 11:31AM then Amrita Yoga                                    |             |                              |                                                                                                |                                                                                                                                                                                                  |                                                                                  | Devaloka Day                                    |                                                                    |

He is God,hidden in all beings,their inmost soul who is in all. He watches the works of creation,lives in all things,watches all things. He is pure consciousness,beyond the three conditions of nature. Krishna Yajur Veda,Svetu 6.11. UpM,95

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|                                    |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
|------------------------------------|-----------------------------------------------------------------------------------------|---------------------------------|---------------------------------------------------------------------------------------------------|--------------------------|------------------------|-------------------|--------------------|
| 1                                  | Tuesday, February 19, 2013                                                              |                                 | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam   |                          |                        |                   | Rameswaram, India  |
|                                    | Rohini/Grigasira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava Karana Navami* Yam Titau |                                 | Sun 22 Sutra 313                                                                                  |                          |                        |                   | Nandana 5114       |
|                                    | 938457267                                                                               | <b>Gulika</b> 12:27PM – 1:56PM  | <b>Rohini</b> Until 2:34PM                                                                        | <b>Ganesha:</b> White    | <i>Sunrise:</i> 6:32AM | Moon 1 - Phase 43 | 4th Phase          |
|                                    | 938457267                                                                               | <b>Yama</b> 9:29AM – 10:58AM    | <b>Vaidhriti*</b> Until 2:14PM                                                                    | <b>Muruga:</b> White     | <i>Sunset:</i> 6:23PM  |                   |                    |
| Creative Work Amrita Yoga          |                                                                                         | 938457267                       | <b>Rahu</b> 3:25PM – 4:54PM                                                                       | Kaulava Until 6:57AM Wed | Nataraja: Yellow       | Moon – Yellow     | Subha Sivaloka Day |
| Until 2:34PM then Siddha Yoga      |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
| 2                                  | Wednesday, February 20, 2013                                                            |                                 | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam     |                          |                        |                   | Rameswaram, India  |
|                                    | Mrigasira/Ardra Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dasami Yam Titau   |                                 | Sun 23 Sutra 314                                                                                  |                          |                        |                   | Nandana 5114       |
|                                    | 938457267                                                                               | <b>Gulika</b> 10:58AM – 12:27PM | <b>Mrigasira</b> Until 5:36PM                                                                     | <b>Ganesha:</b> White    | <i>Sunrise:</i> 6:31AM | Moon 1 - Phase 43 | 4th Phase          |
|                                    | 938457267                                                                               | <b>Yama</b> 8:00AM – 9:29AM     | <b>Vishkambha*</b> Until 3:11PM                                                                   | <b>Muruga:</b> White     | <i>Sunset:</i> 6:23PM  |                   |                    |
| Creative Work Siddha Yoga          |                                                                                         | 938457267                       | <b>Rahu</b> 12:27PM – 1:56PM                                                                      | Taitila Until 7:23AM     | Nataraja: Yellow       | Moon – Yellow     | Subha Sivaloka Day |
| Until 12.45AM Thu then Marana Yoga |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
| 3                                  | Thursday, February 21, 2013                                                             |                                 | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam      |                          |                        |                   | Rameswaram, India  |
|                                    | Ardra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadasi Yam Titau              |                                 | Sun 24 Sutra 315                                                                                  |                          |                        |                   | Nandana 5114       |
|                                    | 938457267                                                                               | <b>Gulika</b> 9:29AM – 10:58AM  | <b>Ardra</b> Until 8:27PM                                                                         | <b>Ganesha:</b> White    | <i>Sunrise:</i> 6:31AM | Moon 1 - Phase 43 | 4th Phase          |
|                                    | 938457267                                                                               | <b>Yama</b> 6:31AM – 8:00AM     | <b>Priti</b> Until 3:57PM                                                                         | <b>Muruga:</b> White     | <i>Sunset:</i> 6:23PM  |                   |                    |
| Routine Work Marana Yoga           |                                                                                         | 938457267                       | <b>Rahu</b> 1:56PM – 3:25PM                                                                       | Vanija Until 9:47AM      | Nataraja: Yellow       | Moon – Yellow     | Subha Sivaloka Day |
| Until 8:27PM then Amrita Yoga      |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
| Until 12.45AM Fri then Siddha Yoga |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
| 4                                  | Friday, February 22, 2013                                                               |                                 | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam     |                          |                        |                   | Rameswaram, India  |
|                                    | Punarvasu Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadasi Yam Titau        |                                 | Sun 25 Sutra 316                                                                                  |                          |                        |                   | Nandana 5114       |
|                                    | 948457267                                                                               | <b>Gulika</b> 8:00AM – 9:29AM   | <b>Punarvasu</b> Until 10:59PM                                                                    | <b>Ganesha:</b> Clear    | <i>Sunrise:</i> 6:31AM | Moon 1 - Phase 43 | 4th Phase          |
|                                    | 948457267                                                                               | <b>Yama</b> 3:25PM – 4:54PM     | <b>Ayushman</b> Until 4:26PM                                                                      | <b>Muruga:</b> White     | <i>Sunset:</i> 6:23PM  |                   |                    |
| Creative Work Siddha Yoga          |                                                                                         | 948457267                       | <b>Rahu</b> 10:58AM – 12:27PM                                                                     | Bava Until 11:50AM       | Nataraja: Yellow       | Moon – Blue       | Sivaloka Day       |
| Until 10:59PM then Marana Yoga     |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
| Until 12.45AM Sat then Siddha Yoga |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
| 5                                  | Saturday, February 23, 2013                                                             |                                 | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam     |                          |                        |                   | Rameswaram, India  |
|                                    | Pushya Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau      |                                 | Sun 26 Sutra 317                                                                                  |                          |                        |                   | Nandana 5114       |
|                                    | 948457267                                                                               | <b>Gulika</b> 6:30AM – 7:59AM   | <b>Pushya</b> Until 11:36PM                                                                       | <b>Ganesha:</b> Clear    | <i>Sunrise:</i> 6:30AM | Moon 1 - Phase 43 | 4th Phase          |
|                                    | 948457267                                                                               | <b>Yama</b> 1:56PM – 3:25PM     | <b>Saubhagya</b> Until 3:45PM                                                                     | <b>Muruga:</b> White     | <i>Sunset:</i> 6:24PM  |                   |                    |
| Creative Work Siddha Yoga          |                                                                                         | 948457267                       | <b>Rahu</b> 9:29AM – 10:58AM                                                                      | Kaulava Until 12:47PM    | Nataraja: Yellow       | Moon – Blue       | Sivaloka Day       |
| Until 11:36PM then Marana Yoga     |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
| Until 12.45AM Sun then Siddha Yoga |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
| 6                                  | Sunday, February 24, 2013                                                               |                                 | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam     |                          |                        |                   | Rameswaram, India  |
|                                    | Aslesha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau     |                                 | Sun 27 Sutra 318                                                                                  |                          |                        |                   | Nandana 5114       |
|                                    | 948457267                                                                               | <b>Gulika</b> 3:25PM – 4:54PM   | <b>Aslesha*</b> Until 1:04AM Mon                                                                  | <b>Ganesha:</b> Clear    | <i>Sunrise:</i> 6:30AM | Moon 1 - Phase 43 | 4th Phase          |
|                                    | 948457267                                                                               | <b>Yama</b> 12:27PM – 1:56PM    | <b>Sobhana</b> Until 3:22PM                                                                       | <b>Muruga:</b> White     | <i>Sunset:</i> 6:24PM  |                   |                    |
| Creative Work Siddha Yoga          |                                                                                         | 948457267                       | <b>Rahu</b> 4:54PM – 6:24PM                                                                       | Gara Until 1:42PM        | Nataraja: Yellow       | Moon – Blue       | Sivaloka Day       |
|                                    |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
|                                    |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
| O                                  | Monday, February 25, 2013                                                               |                                 | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam      |                          |                        |                   | Rameswaram, India  |
|                                    | Copper Retreat Star                                                                     |                                 | Magha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnima* Yam Titau                    |                          |                        |                   | Sutra 319          |
|                                    | 959457267                                                                               | <b>Gulika</b> 1:56PM – 3:25PM   | <b>Magha*</b> Until 2:01AM Tue                                                                    | <b>Ganesha:</b> Clear    | <i>Sunrise:</i> 6:30AM | Moon 1 - Phase 43 | Purnima            |
|                                    | 959457267                                                                               | <b>Yama</b> 10:57AM – 12:27PM   | <b>Athiganda*</b> Until 2:32PM                                                                    | <b>Muruga:</b> White     | <i>Sunset:</i> 6:24PM  |                   |                    |
| Creative Work Siddha Yoga          |                                                                                         | 959457267                       | <b>Rahu</b> 7:59AM – 9:28AM                                                                       | Visti Until 2:04PM       | Nataraja: Yellow       | Moon – Red        | Sivaloka Day       |
|                                    |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
|                                    |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |
|                                    | Tuesday, February 26, 2013                                                              |                                 | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam |                          |                        |                   | Rameswaram, India  |
|                                    | Silver Retreat Star                                                                     |                                 | Purvaphalguni* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathama* Yam Titau            |                          |                        |                   | Sutra 320          |
|                                    | 959457267                                                                               | <b>Gulika</b> 12:27PM – 1:56PM  | <b>Purvaphalguni*</b> Until 2:28AM Wed                                                            | <b>Ganesha:</b> Clear    | <i>Sunrise:</i> 6:29AM | Moon 1 - Phase 43 | Prathama           |
|                                    | 959457267                                                                               | <b>Yama</b> 9:28AM – 10:57AM    | <b>Sukarma</b> Until 1:14PM                                                                       | <b>Muruga:</b> White     | <i>Sunset:</i> 6:24PM  |                   |                    |
| Creative Work Siddha Yoga          |                                                                                         | 959457267                       | <b>Rahu</b> 3:25PM – 4:55PM                                                                       | Balava Until 1:55PM      | Nataraja: Yellow       | Moon – Red        | Sivaloka Day       |
| Until 12.45AM Wed then Amrita Yoga |                                                                                         |                                 |                                                                                                   |                          |                        |                   |                    |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

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Wednesday, February 27, 2013

### Gold Retreat Star

Simha Rasi: 28.55      Tithi 17  
959457267  
Creative Work    Amrita Yoga  
Until 12.44AM Thu then Prabalarishta Yoga  
Until 1:00AM Thu then no yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti/Shula\* Yoga Taitila/Gara Karana Dvitiya Yam Titau  
**Gulika** 10:57AM – 12:26PM    Uttaraphalguni Until 1:00AM Thu  
**Yama** 7:58AM – 9:28AM    Dhriti Until 11:08AM  
**Rahu** 12:26PM – 1:56PM    Taitila Until 12:42PM  
Dvitiya Until 11:46PM

Ganesha: Clear    *Sunrise: 6:29AM*  
Muruga: White    *Sunset: 6:24PM*  
Nataraja: Yellow  
Moon – Red  
Magha\*Masi

Sivaloka Day

Rameswaram, India  
Sutra 321  
Nandana 5114  
Moon 2 - Phase 44  
1st Phase

Thursday, February 28, 2013

1

Kanya Rasi: 12.27      Tithi 18  
969457267  
No Yoga  
Until 12.44AM Fri then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Tritiya Yam Titau  
**Gulika** 9:27AM – 10:57AM    Hasta Until 12:39AM Fri  
**Yama** 6:28AM – 7:58AM    Shula\* Until 9:12AM  
**Rahu** 1:56PM – 3:25PM    Vanija Until 11:43AM  
Tritiya Until 10:47PM

Ganesha: White    *Sunrise: 6:28AM*  
Muruga: White    *Sunset: 6:24PM*  
Nataraja: Yellow  
Moon – Green  
Magha\*Masi

Devaloka Day

Rameswaram, India  
Sun 1    Sutra 322  
Nandana 5114  
Moon 2 - Phase 44  
1st Phase

Friday, March 1, 2013

2

Kanya Rasi: 26.09      Tithi 19  
969557267  
Creative Work    Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Chaturthi\* Yam Titau  
**Gulika** 7:57AM – 9:27AM    Chitra Until 12:01AM Sat  
**Yama** 3:25PM – 4:55PM    Ganda\* Until 7:01AM  
**Rahu** 10:56AM – 12:26PM    Bava Until 10:26AM  
Chaturthi\* Until 9:30PM

Ganesha: Clear    *Sunrise: 6:28AM*  
Muruga: White    *Sunset: 6:24PM*  
Nataraja: Yellow  
Moon – Green  
Magha\*Masi

Sivaloka Day

Rameswaram, India  
Sun 2    Sutra 323  
Nandana 5114  
Moon 2 - Phase 44  
1st Phase

Saturday, March 2, 2013

3

Tula Rasi: 9.59      Tithi 20  
969557267  
Creative Work    Siddha Yoga  
Until 12.44AM Sun then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Svati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchami Yam Titau  
**Gulika** 6:27AM – 7:57AM    Svati Until 11:11PM  
**Yama** 1:55PM – 3:25PM    Dhruva Until 1:57AM Sun  
**Rahu** 9:26AM – 10:56AM    Kaulava Until 8:54AM  
Panchami Until 7:59PM

Ganesha: Clear    *Sunrise: 6:27AM*  
Muruga: White    *Sunset: 6:24PM*  
Nataraja: Yellow  
Moon – Green  
Magha\*Masi

Sivaloka Day

Rameswaram, India  
Sun 3    Sutra 324  
Nandana 5114  
Moon 2 - Phase 44  
1st Phase

Sunday, March 3, 2013

4

Tula Rasi: 23.54      Tithi 21  
979557267  
Routine Work    Marana Yoga  
Until 12.43AM Mon then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Visakha Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 3:25PM – 4:55PM    Visakha Until 10:10PM  
**Yama** 12:25PM – 1:55PM    Vyaghata\* Until 11:24PM  
**Rahu** 4:55PM – 6:24PM    Gara Until 7:13AM  
Shasthi\* Until 6:17PM

Ganesha: White    *Sunrise: 6:27AM*  
Muruga: White    *Sunset: 6:24PM*  
Nataraja: Yellow  
Moon – Green  
Magha\*Masi

Subha Sivaloka Day

Rameswaram, India  
Sun 4    Sutra 325  
Nandana 5114  
Moon 2 - Phase 44  
1st Phase

Monday, March 4, 2013

5

Vrischika Rasi: 7.54      Tithi 22 – 23  
Family Home Evening    979557267  
Creative Work    Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Anuradha Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtami\* Yam Titau  
**Gulika** 1:55PM – 3:25PM    Anuradha Until 9:02PM  
**Yama** 10:55AM – 12:25PM    Harshana Until 8:44PM  
**Rahu** 7:56AM – 9:26AM    Balava Until 3:32AM Tue  
Saptami Until 4:27PM

Ganesha: White    *Sunrise: 6:26AM*  
Muruga: White    *Sunset: 6:24PM*  
Nataraja: Yellow  
Moon – Orange  
Magha\*Masi

Subha Sivaloka Day

Rameswaram, India  
Sun 5    Sutra 326  
Nandana 5114  
Moon 2 - Phase 44  
1st Phase

Tuesday, March 5, 2013



### Retreat Star

Vrischika Rasi: 21.58      Tithi 23 – 24  
171557267  
Creative Work    Siddha Yoga  
Until 7:47PM then Amrita Yoga  
Until 12.43AM Wed then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Ashtami\*/Navami\* Yam Titau  
**Gulika** 12:25PM – 1:55PM    Jyeshtha\* Until 7:47PM  
**Yama** 9:25AM – 10:55AM    Vajra\* Until 5:58PM  
**Rahu** 3:25PM – 4:54PM    Taitila Until 1:34AM Wed  
Ashtami\* Until 2:30PM

Ganesha: White    *Sunrise: 6:26AM*  
Muruga: White    *Sunset: 6:24PM*  
Nataraja: Yellow  
Moon – Orange  
Magha\*Masi

Subha Sivaloka Day

Rameswaram, India  
Sun 6    Sutra 327  
Nandana 5114  
Moon 2 - Phase 44  
Ashtami

Wednesday, March 6, 2013

### Retreat Star

Dhanus Rasi: 6.05      Tithi 24 – 25  
181557267  
Routine Work    Marana Yoga  
Until 6:26PM then Amrita Yoga  
Until 12.43AM Thu then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Navami\*/Dasami Yam Titau  
**Gulika** 10:55AM – 12:25PM    Mula\* Until 6:26PM  
**Yama** 7:55AM – 9:25AM    Siddhi Until 3:06PM  
**Rahu** 12:25PM – 1:55PM    Vanija Until 11:30PM  
Navami\* Until 12:25PM

Ganesha: Yellow    *Sunrise: 6:25AM*  
Muruga: White    *Sunset: 6:24PM*  
Nataraja: Yellow  
Moon – Light Blue  
Magha\*Masi

Sivaloka Day

Rameswaram, India  
Sun 7    Sutra 328  
Nandana 5114  
Moon 2 - Phase 44  
Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda, Maiti 5.2. bo UpH, 423

All times are standard time

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|                                                                                   |               |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         |                                                       |                                |
|-----------------------------------------------------------------------------------|---------------|--------------------------------|-----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-------------------------------------------------------|--------------------------------|
| <b>1</b>                                                                          |               | <b>Thursday, March 7, 2013</b> |                                                                                               | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Dasami/Ekadasa* Yam Titau  |                                                                                         | Rameswaram, India<br>Sun 8 Sutra 329<br>Nandana 5114  |                                |
| Dhanus Rasi: 20.15                                                                | Tithi 25 – 26 | 181557267                      | <b>Gulika</b> 9:25AM – 10:55AM<br><b>Yama</b> 6:25AM – 7:55AM<br><b>Rahu</b> 1:55PM – 3:24PM  | Purvashadha* Until 5:00PM<br>Vyatipata* Until 12:10PM<br>Bava Until 9:21PM<br>Dasami Until 10:16AM                                                                                                          | Ganesha: Yellow<br>Muruga: White<br>Nataraja: Yellow<br>Moon – Light Blue<br>Magha•Masi | Sunrise: 6:25AM<br>Sunset: 6:24PM                     | Moon 2 - Phase 45<br>2nd Phase |
| Creative Work                                                                     | Siddha Yoga   |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         | Sivaloka Day                                          |                                |
| <b>2</b>                                                                          |               | <b>Friday, March 8, 2013</b>   |                                                                                               | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Uttarashadha*/Sraavana Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadasa*/Dvadasa* Yam Titau |                                                                                         | Rameswaram, India<br>Sun 9 Sutra 330<br>Nandana 5114  |                                |
| Makara Rasi: 4.25                                                                 | Tithi 26 – 27 | 181557267                      | <b>Gulika</b> 7:54AM – 9:24AM<br><b>Yama</b> 3:24PM – 4:54PM<br><b>Rahu</b> 10:54AM – 12:24PM | Uttarashadha Until 3:34PM<br>Variyan Until 9:13AM<br>Kaulava Until 7:11PM<br>Ekadasa* Until 8:07AM                                                                                                          | Ganesha: Yellow<br>Muruga: White<br>Nataraja: Yellow<br>Moon – Light Blue<br>Magha•Masi | Sunrise: 6:24AM<br>Sunset: 6:24PM                     | Moon 2 - Phase 45<br>2nd Phase |
| Creative Work                                                                     | Siddha Yoga   |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         | Sivaloka Day                                          |                                |
| <b>3</b>                                                                          |               | <b>Saturday, March 9, 2013</b> |                                                                                               | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Sraavana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Taitila/Vanija Karana Dvadasa*/Trayodasi* Yam Titau    |                                                                                         | Rameswaram, India<br>Sun 10 Sutra 331<br>Nandana 5114 |                                |
| Makara Rasi: 18.33                                                                | Tithi 27 – 28 | 191557267                      | <b>Gulika</b> 6:24AM – 7:54AM<br><b>Yama</b> 1:54PM – 3:24PM<br><b>Rahu</b> 9:24AM – 10:54AM  | Sraavana Until 2:12PM<br>Parigha* Until 6:21AM<br>Vanija Until 4:11AM Sun<br>Dvadasa* Until 6:02AM<br><i>Pradosha Vrata (Fasting)</i>                                                                       | Ganesha: Blue<br>Muruga: White<br>Nataraja: Yellow<br>Moon – Purple<br>Magha•Masi       | Sunrise: 6:24AM<br>Sunset: 6:24PM                     | Moon 2 - Phase 45<br>2nd Phase |
| Creative Work                                                                     | Siddha Yoga   |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         | Subha Sivaloka Day                                    |                                |
| <b>4</b>                                                                          |               | <b>Sunday, March 10, 2013</b>  |                                                                                               | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Satabhisha Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau                  |                                                                                         | Rameswaram, India<br>Sun 11 Sutra 332<br>Nandana 5114 |                                |
| Kumbha Rasi: 2.34                                                                 | Tithi 29      | 191567267                      | <b>Gulika</b> 3:24PM – 4:54PM<br><b>Yama</b> 12:24PM – 1:54PM<br><b>Rahu</b> 4:54PM – 6:24PM  | Dhanishtha Until 1:02PM<br>Siddha Until 24:60AM Mon<br>Visti Until 3:14PM<br>Chaturdasi* Until 2:19AM Mon                                                                                                   | Ganesha: Blue<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Purple<br>Magha•Masi      | Sunrise: 6:23AM<br>Sunset: 6:24PM                     | Moon 2 - Phase 45<br>2nd Phase |
| Creative Work                                                                     | Siddha Yoga   |                                | Mahasivaratri                                                                                 |                                                                                                                                                                                                             |                                                                                         | Sivaloka Day                                          |                                |
|  |               | <b>Monday, March 11, 2013</b>  |                                                                                               | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Satabhisha/Purvaprostapada* Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau             |                                                                                         | Rameswaram, India<br>Sun 12 Sutra 333<br>Nandana 5114 |                                |
| <b>Retreat Star</b>                                                               |               |                                | <b>Gulika</b> 1:54PM – 3:24PM<br><b>Yama</b> 10:53AM – 12:24PM<br><b>Rahu</b> 7:53AM – 9:23AM | Satabhisha Until 12:12PM<br>Sadhya Until 10:37PM<br>Catuspada Until 1:42PM<br>Amavasya* Until 12:47AM Tue                                                                                                   | Ganesha: Blue<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Purple<br>Magha•Masi      | Sunrise: 6:23AM<br>Sunset: 6:24PM                     | Moon 2 - Phase 45<br>Amavasya  |
| Kumbha Rasi: 16.23                                                                | Tithi 30      | 191567267                      |                                                                                               |                                                                                                                                                                                                             |                                                                                         |                                                       |                                |
| Family Home Evening                                                               |               |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         |                                                       |                                |
| Creative Work                                                                     | Siddha Yoga   |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         | Sivaloka Day                                          |                                |
| Until 12:12PM then no yoga                                                        |               |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         |                                                       |                                |
| Until 12.42AM Tue then Marana Yoga                                                |               |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         |                                                       |                                |
| <b>Tuesday, March 12, 2013</b>                                                    |               | <b>Retreat Star</b>            |                                                                                               | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaprostapada*/Uttaraprostapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathama* Yam Titau        |                                                                                         | Rameswaram, India<br>Sun 13 Sutra 334<br>Nandana 5114 |                                |
| Kumbha Rasi: 29.58                                                                | Tithi 1       | 111567267                      | <b>Gulika</b> 12:23PM – 1:54PM<br><b>Yama</b> 9:23AM – 10:53AM<br><b>Rahu</b> 3:24PM – 4:54PM | Purvaprostapada* Until 12:14PM<br>Subha Until 9:41PM<br>Kintughna Until 1:13PM<br>Prathama* Until 1:13AM Wed                                                                                                | Ganesha: Red<br>Muruga: Yellow<br>Nataraja: Yellow<br>Moon – Clear<br>Phalguna•Masi     | Sunrise: 6:22AM<br>Sunset: 6:24PM                     | Moon 2 - Phase 45<br>Prathama  |
| Routine Work                                                                      | Marana Yoga   |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         | Devaloka Day                                          |                                |
| Until 12:14PM then Amrita Yoga                                                    |               |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         |                                                       |                                |
| Until 12.41AM Wed then Siddha Yoga                                                |               |                                |                                                                                               |                                                                                                                                                                                                             |                                                                                         |                                                       |                                |

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada 2.A3.  
MA, 58

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|                                    |                                  |             |                                                                                                |                                       |                   |
|------------------------------------|----------------------------------|-------------|------------------------------------------------------------------------------------------------|---------------------------------------|-------------------|
| <b>1</b>                           | <b>Wednesday, March 13, 2013</b> |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam  |                                       | Rameswaram, India |
|                                    |                                  |             | Uttaraprostapada/Revati Nakshatra Sukla Yoga Balava/Kaulava Karana Dvitiya Yam Titau           |                                       | Sun 14 Sutra 335  |
|                                    | Meena Rasi: 13.13                | Tithi 2     | <b>Gulika</b> 10:53AM – 12:23PM                                                                | <b>Uttaraprostapada Until 12:22PM</b> | Nandana 5114      |
|                                    |                                  |             | <b>Yama</b> 7:52AM – 9:22AM                                                                    | Sukla Until 8:06PM                    | Moon 2 - Phase 46 |
| Creative Work Siddha Yoga          |                                  | 111567267   | <b>Rahu</b> 12:23PM – 1:53PM                                                                   | Balava Until 12:41PM                  | 3rd Phase         |
| Until 12:22PM then Marana Yoga     |                                  |             |                                                                                                | Dvitiya Until 12:41AM Thu             |                   |
| Until 12:41AM Thu then Siddha Yoga |                                  |             |                                                                                                | Phalguna•Masi                         | Devaloka Day      |
| <b>2</b>                           | <b>Thursday, March 14, 2013</b>  |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam    |                                       | Rameswaram, India |
|                                    |                                  |             | Revati/Asvini Nakshatra Brahma Yoga Taila/Gara Karana Tritiya Yam Titau                        |                                       | Sun 15 Sutra 336  |
|                                    | Meena Rasi: 26.08                | Tithi 3     | <b>Gulika</b> 9:22AM – 10:52AM                                                                 | <b>Revati Until 1:08PM</b>            | Nandana 5114      |
|                                    |                                  |             | <b>Yama</b> 6:21AM – 7:52AM                                                                    | Brahma Until 7:06PM                   | Moon 2 - Phase 46 |
| Creative Work Siddha Yoga          |                                  | 111567267   | <b>Rahu</b> 1:53PM – 3:24PM                                                                    | Taitila Until 12:50PM                 | 3rd Phase         |
| Until 1:08PM then Amrita Yoga      |                                  |             |                                                                                                | Tritiya Until 12:50AM Fri             |                   |
|                                    |                                  |             |                                                                                                | Phalguna•Panguni                      | Devaloka Day      |
| <b>3</b>                           | <b>Friday, March 15, 2013</b>    |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam   |                                       | Rameswaram, India |
|                                    |                                  |             | Asvini/Bharani Nakshatra Indra Yoga Vanija/Visti* Karana Chaturthi* Yam Titau                  |                                       | Sun 16 Sutra 337  |
|                                    | Mesha Rasi: 8.44                 | Tithi 4     | <b>Gulika</b> 7:51AM – 9:22AM                                                                  | <b>Asvini Until 3:12PM</b>            | Nandana 5114      |
|                                    |                                  |             | <b>Yama</b> 3:23PM – 4:54PM                                                                    | Indra Until 7:37PM                    | Moon 2 - Phase 46 |
| Creative Work Amrita Yoga          |                                  | 122567268   | <b>Rahu</b> 10:52AM – 12:22PM                                                                  | Vanija Until 2:20PM                   | 3rd Phase         |
| Until 3:12PM then Siddha Yoga      |                                  |             |                                                                                                | Chaturthi* Until 3:25AM Sat           |                   |
|                                    |                                  |             |                                                                                                | Phalguna•Panguni                      | Devaloka Day      |
| <b>4</b>                           | <b>Saturday, March 16, 2013</b>  |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam   |                                       | Rameswaram, India |
|                                    |                                  |             | Bharani/Krittika Nakshatra Vaidhriti* Yoga Bava/Balava Karana Panchami Yam Titau               |                                       | Sun 17 Sutra 338  |
|                                    | Mesha Rasi: 21.02                | Tithi 5     | <b>Gulika</b> 6:20AM – 7:51AM                                                                  | <b>Bharani Until 5:15PM</b>           | Nandana 5114      |
|                                    |                                  |             | <b>Yama</b> 1:53PM – 3:23PM                                                                    | Vaidhriti* Until 7:41PM               | Moon 2 - Phase 46 |
| Creative Work Siddha Yoga          |                                  | 122567268   | <b>Rahu</b> 9:21AM – 10:52AM                                                                   | Bava Until 3:50PM                     | 3rd Phase         |
| Until 5:15PM then Amrita Yoga      |                                  |             |                                                                                                | Panchami Until 4:56AM Sun             |                   |
| Until 12:40AM Sun then Siddha Yoga |                                  |             |                                                                                                | Phalguna•Panguni                      | Devaloka Day      |
| <b>5</b>                           | <b>Sunday, March 17, 2013</b>    |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam   |                                       | Rameswaram, India |
|                                    |                                  |             | Krittika Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau                  |                                       | Sun 18 Sutra 339  |
|                                    | Virshabha Rasi: 3.07             | Tithi 6     | <b>Gulika</b> 3:23PM – 4:54PM                                                                  | <b>Krittika Until 7:47PM</b>          | Nandana 5114      |
|                                    |                                  |             | <b>Yama</b> 12:22PM – 1:52PM                                                                   | Vishkambha* Until 8:10PM              | Moon 2 - Phase 46 |
| Creative Work Siddha Yoga          |                                  | 122567268   | <b>Rahu</b> 4:54PM – 6:24PM                                                                    | Kaulava Until 5:51PM                  | 3rd Phase         |
| Until 12:40AM Mon then Amrita Yoga |                                  |             |                                                                                                | Shasthi* Until 7:08AM Mon             |                   |
|                                    |                                  |             |                                                                                                | Phalguna•Panguni                      | Devaloka Day      |
| <b>6</b>                           | <b>Monday, March 18, 2013</b>    |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam    |                                       | Rameswaram, India |
|                                    |                                  |             | Rohini Nakshatra Priti Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau                     |                                       | Sun 19 Sutra 340  |
|                                    | Virshabha Rasi: 15.01            | Tithi 6 – 7 | <b>Gulika</b> 1:52PM – 3:23PM                                                                  | <b>Rohini Until 10:37PM</b>           | Nandana 5114      |
|                                    | Family Home Evening              | 132567268   | <b>Yama</b> 10:51AM – 12:22PM                                                                  | Priti Until 8:58PM                    | Moon 2 - Phase 46 |
| Creative Work Amrita Yoga          |                                  |             | <b>Rahu</b> 7:50AM – 9:20AM                                                                    | Gara Until 8:13PM                     | 3rd Phase         |
| Until 12:40AM Tue then Siddha Yoga |                                  |             |                                                                                                | Shasthi* Until 7:08AM                 |                   |
|                                    |                                  |             |                                                                                                | Phalguna•Panguni                      | Sivaloka Day      |
| <b>D</b>                           | <b>Tuesday, March 19, 2013</b>   |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam |                                       | Rameswaram, India |
|                                    | <b>Retreat Star</b>              |             | Mrigasira Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau              |                                       | Sun 20 Sutra 341  |
|                                    | Virshabha Rasi: 26.51            | Tithi 7 – 8 | <b>Gulika</b> 12:21PM – 1:52PM                                                                 | <b>Mrigasira Until 1:38AM Wed</b>     | Nandana 5114      |
|                                    |                                  |             | <b>Yama</b> 9:20AM – 10:51AM                                                                   | Ayushman Until 9:54PM                 | Moon 2 - Phase 46 |
| Creative Work Siddha Yoga          |                                  | 132567268   | <b>Rahu</b> 3:23PM – 4:53PM                                                                    | Visti Until 10:46PM                   | Ashtami           |
|                                    |                                  |             |                                                                                                | Saptami Until 9:40AM                  |                   |
|                                    |                                  |             |                                                                                                | Phalguna•Panguni                      | Sivaloka Day      |
| <b>W</b>                           | <b>Wednesday, March 20, 2013</b> |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam   |                                       | Rameswaram, India |
|                                    | <b>Retreat Star</b>              |             | Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau                   |                                       | Sun 21 Sutra 342  |
|                                    | Mithuna Rasi: 8.41               | Tithi 8 – 9 | <b>Gulika</b> 10:50AM – 12:21PM                                                                | <b>Ardra Until 4:37AM Thu</b>         | Nandana 5114      |
|                                    |                                  |             | <b>Yama</b> 7:49AM – 9:20AM                                                                    | Saubhagya Until 10:49PM               | Moon 2 - Phase 46 |
| Creative Work Siddha Yoga          |                                  | 132567268   | <b>Rahu</b> 12:21PM – 1:52PM                                                                   | Balava Until 1:17AM Thu               | Navami            |
| Until 12:39AM Thu then Marana Yoga |                                  |             |                                                                                                | Ashtami* Until 12:11PM                |                   |
| Until 4:37AM Thu then Amrita Yoga  |                                  |             |                                                                                                | Phalguna•Panguni                      | Sivaloka Day      |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

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|                                    |                                       |                           |                                                                                                         |                              |                                    |                                  |                                    |                    |  |
|------------------------------------|---------------------------------------|---------------------------|---------------------------------------------------------------------------------------------------------|------------------------------|------------------------------------|----------------------------------|------------------------------------|--------------------|--|
| 1                                  | Thursday, March 21, 2013              |                           | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam             |                              |                                    |                                  | Rameswaram, India                  |                    |  |
|                                    | Mithuna Rasi: 20.37      Tithi 9 – 10 |                           | Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau                        |                              | Sun 22      Sutra 343              |                                  | Nandana 5114                       |                    |  |
|                                    | 142567268                             |                           |                                                                                                         |                              |                                    |                                  | Moon 2 - Phase 47                  |                    |  |
|                                    | Creative Work    Amrita Yoga          |                           | Gulika    9:19AM – 10:50AM                                                                              |                              | Punarvasu Until 7:14AM Fri         |                                  | Ganesha: Purple    Sunrise: 6:17AM |                    |  |
| Until 12.39AM Fri then Siddha Yoga |                                       | Yama    6:17AM – 7:48AM   |                                                                                                         | Sobhana Until 11:35PM        |                                    | Muruga: Yellow    Sunset: 6:24PM |                                    | Moon 2 - Phase 47  |  |
| Until 7:14AM Fri then Marana Yoga  |                                       | Rahu    1:52PM – 3:22PM   |                                                                                                         | Taitila Until 3:36AM Fri     |                                    | Nataraja: White                  |                                    | 4th Phase          |  |
|                                    |                                       |                           |                                                                                                         | Navami* Until 2:31PM         |                                    | Moon – Blue                      |                                    | Devaloka Day       |  |
|                                    |                                       |                           |                                                                                                         |                              |                                    | Phalguna*Panguni                 |                                    |                    |  |
| 2                                  | Friday, March 22, 2013                |                           | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam            |                              |                                    |                                  | Rameswaram, India                  |                    |  |
|                                    | Kataka Rasi: 2.43      Tithi 10 – 11  |                           | Punarvasu/Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau                  |                              | Sun 23      Sutra 344              |                                  | Nandana 5114                       |                    |  |
|                                    | 142567268                             |                           |                                                                                                         |                              |                                    |                                  | Moon 2 - Phase 47                  |                    |  |
|                                    | Creative Work    Siddha Yoga          |                           | Gulika    7:48AM – 9:19AM                                                                               |                              | Punarvasu Until 7:14AM             |                                  | Ganesha: Purple    Sunrise: 6:17AM |                    |  |
| Until 7:14AM then Marana Yoga      |                                       | Yama    3:22PM – 4:53PM   |                                                                                                         | Athiganda* Until 12:01AM Sat |                                    | Muruga: Yellow    Sunset: 6:24PM |                                    | Moon 2 - Phase 47  |  |
| Until 12.38AM Sat then Siddha Yoga |                                       | Rahu    10:50AM – 12:20PM |                                                                                                         | Vanija Until 5:33AM Sat      |                                    | Nataraja: White                  |                                    | 4th Phase          |  |
|                                    |                                       |                           |                                                                                                         | Dasami Until 4:28PM          |                                    | Moon – Blue                      |                                    | Devaloka Day       |  |
|                                    |                                       |                           |                                                                                                         |                              |                                    | Phalguna*Panguni                 |                                    |                    |  |
| 3                                  | Saturday, March 23, 2013              |                           | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam            |                              |                                    |                                  | Rameswaram, India                  |                    |  |
|                                    | Kataka Rasi: 15.04      Tithi 11 – 12 |                           | Pushya/Aslesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau                     |                              | Sun 24      Sutra 345              |                                  | Nandana 5114                       |                    |  |
|                                    | 142567268                             |                           |                                                                                                         |                              |                                    |                                  | Moon 2 - Phase 47                  |                    |  |
|                                    | Creative Work    Siddha Yoga          |                           | Gulika    6:16AM – 7:47AM                                                                               |                              | Pushya Until 8:58AM                |                                  | Ganesha: Purple    Sunrise: 6:16AM |                    |  |
| Until 8:58AM then Marana Yoga      |                                       | Yama    1:51PM – 3:22PM   |                                                                                                         | Sukarma Until 10:44PM        |                                    | Muruga: Yellow    Sunset: 6:24PM |                                    | Moon 2 - Phase 47  |  |
| Until 12.38AM Sun then Siddha Yoga |                                       | Rahu    9:18AM – 10:49AM  |                                                                                                         | Bava Until 4:54AM Sun        |                                    | Nataraja: White                  |                                    | 4th Phase          |  |
|                                    |                                       | Yogaswami Mahasamadhi     |                                                                                                         | Ekadasi Until 4:54PM         |                                    | Moon – Blue                      |                                    | Devaloka Day       |  |
|                                    |                                       |                           |                                                                                                         |                              |                                    | Phalguna*Panguni                 |                                    |                    |  |
| 4                                  | Sunday, March 24, 2013                |                           | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam            |                              |                                    |                                  | Rameswaram, India                  |                    |  |
|                                    | Kataka Rasi: 27.42      Tithi 12 – 13 |                           | Aslesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau                 |                              | Sun 25      Sutra 346              |                                  | Nandana 5114                       |                    |  |
|                                    | 142567268                             |                           |                                                                                                         |                              |                                    |                                  | Moon 2 - Phase 47                  |                    |  |
|                                    | Creative Work    Siddha Yoga          |                           | Gulika    3:22PM – 4:53PM                                                                               |                              | Aslesha* Until 10:15AM             |                                  | Ganesha: Purple    Sunrise: 6:16AM |                    |  |
| Until 10:15AM then Marana Yoga     |                                       | Yama    12:20PM – 1:51PM  |                                                                                                         | Dhriti Until 10:14PM         |                                    | Muruga: Yellow    Sunset: 6:24PM |                                    | Moon 2 - Phase 47  |  |
| Until 12.38AM Mon then Siddha Yoga |                                       | Rahu    4:53PM – 6:24PM   |                                                                                                         | Kaulava Until 5:36AM Mon     |                                    | Nataraja: White                  |                                    | 4th Phase          |  |
|                                    |                                       |                           |                                                                                                         | Dvadasi Until 5:36PM         |                                    | Moon – Blue                      |                                    | Devaloka Day       |  |
|                                    |                                       |                           |                                                                                                         | Pradosha Vrata               |                                    | Phalguna*Panguni                 |                                    |                    |  |
| 5                                  | Monday, March 25, 2013                |                           | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam             |                              |                                    |                                  | Rameswaram, India                  |                    |  |
|                                    | Simha Rasi: 10.4      Tithi 13 – 14   |                           | Magha*/Purvaphalguni* Nakshatra Shula* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau         |                              | Sun 26      Sutra 347              |                                  | Nandana 5114                       |                    |  |
|                                    | Family Home Evening    152567268      |                           |                                                                                                         |                              |                                    |                                  | Moon 2 - Phase 47                  |                    |  |
|                                    | Creative Work    Siddha Yoga          |                           | Gulika    1:51PM – 3:22PM                                                                               |                              | Magha* Until 10:55AM               |                                  | Ganesha: Clear    Sunrise: 6:15AM  |                    |  |
| Until 10:15AM then Marana Yoga     |                                       | Yama    10:48AM – 12:20PM |                                                                                                         | Shula* Until 9:09PM          |                                    | Muruga: Yellow    Sunset: 6:24PM |                                    | Moon 2 - Phase 47  |  |
| Until 12.38AM Mon then Siddha Yoga |                                       | Rahu    7:46AM – 9:17AM   |                                                                                                         | Gara Until 5:39AM Tue        |                                    | Nataraja: White                  |                                    | 4th Phase          |  |
|                                    |                                       |                           |                                                                                                         | Trayodasi Until 5:39PM       |                                    | Moon – Red                       |                                    | Sivaloka Day       |  |
|                                    |                                       |                           |                                                                                                         |                              |                                    | Phalguna*Panguni                 |                                    |                    |  |
| 6                                  | Tuesday, March 26, 2013               |                           | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam          |                              |                                    |                                  | Rameswaram, India                  |                    |  |
|                                    | Simha Rasi: 23.59      Tithi 14 – 15  |                           | Purvaphalguni*/Uttaraphalguni Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau |                              | Sun 27      Sutra 348              |                                  | Nandana 5114                       |                    |  |
|                                    | 152567268                             |                           |                                                                                                         |                              |                                    |                                  | Moon 2 - Phase 47                  |                    |  |
|                                    | Creative Work    Siddha Yoga          |                           | Gulika    12:19PM – 1:50PM                                                                              |                              | Purvaphalguni* Until 10:35AM       |                                  | Ganesha: Clear    Sunrise: 6:15AM  |                    |  |
| Until 10:35AM then Amrita Yoga     |                                       | Yama    9:17AM – 10:48AM  |                                                                                                         | Ganda* Until 6:35PM          |                                    | Muruga: Yellow    Sunset: 6:24PM |                                    | Moon 2 - Phase 47  |  |
|                                    |                                       | Rahu    3:22PM – 4:53PM   |                                                                                                         | Visti Until 3:13AM Wed       |                                    | Nataraja: White                  |                                    | 4th Phase          |  |
|                                    |                                       |                           |                                                                                                         | Chaturdasi* Until 4:09PM     |                                    | Moon – Red                       |                                    | Sivaloka Day       |  |
|                                    |                                       |                           |                                                                                                         |                              |                                    | Phalguna*Panguni                 |                                    |                    |  |
| O                                  | Wednesday, March 27, 2013             |                           | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam          |                              |                                    |                                  | Rameswaram, India                  |                    |  |
|                                    | Copper Retreat Star                   |                           | Uttaraphalguni/Hasta Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau      |                              | Sutra 349                          |                                  | Nandana 5114                       |                    |  |
|                                    | Kanya Rasi: 7.38      Tithi 15 – 16   |                           | Uttaraphalguni Until 10:03AM                                                                            |                              | Ganesha: Purple    Sunrise: 6:14AM |                                  | Moon 2 - Phase 47                  |                    |  |
|                                    | 152667268                             |                           |                                                                                                         |                              | Muruga: Yellow    Sunset: 6:24PM   |                                  | Purnima                            |                    |  |
| Creative Work    Amrita Yoga       |                                       | Yama    7:45AM – 9:17AM   |                                                                                                         | Vriddhi Until 4:30PM         |                                    | Nataraja: White                  |                                    | Subha Sivaloka Day |  |
| Until 10:03AM then Siddha Yoga     |                                       | Rahu    12:19PM – 1:50PM  |                                                                                                         | Balava Until 2:00AM Thu      |                                    | Moon – Red                       |                                    |                    |  |
| Until 12.37AM Thu then no yoga     |                                       | Panguni Uttiram           |                                                                                                         | Purnima* Until 2:56PM        |                                    | Phalguna*Panguni                 |                                    |                    |  |
|                                    |                                       |                           |                                                                                                         |                              |                                    |                                  |                                    |                    |  |
|                                    | Thursday, March 28, 2013              |                           | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam           |                              |                                    |                                  | Rameswaram, India                  |                    |  |
|                                    | Silver Retreat Star                   |                           | Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau         |                              | Sutra 350                          |                                  | Nandana 5114                       |                    |  |
|                                    | Kanya Rasi: 21.34      Tithi 16 – 17  |                           | Hasta Until 9:01AM                                                                                      |                              | Ganesha: Clear    Sunrise: 6:14AM  |                                  | Moon 2 - Phase 47                  |                    |  |
|                                    | 162667268                             |                           |                                                                                                         |                              | Muruga: Yellow    Sunset: 6:24PM   |                                  | Prathama                           |                    |  |
| No Yoga                            |                                       | Yama    6:14AM – 7:45AM   |                                                                                                         | Dhruva Until 1:57PM          |                                    | Nataraja: White                  |                                    | Sivaloka Day       |  |
| Until 9:01AM then Siddha Yoga      |                                       | Rahu    1:50PM – 3:21PM   |                                                                                                         | Taitila Until 12:16AM Fri    |                                    | Moon – Green                     |                                    |                    |  |
|                                    |                                       |                           |                                                                                                         | Prathama* Until 1:11PM       |                                    | Phalguna*Panguni                 |                                    |                    |  |

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. UpP,95

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## Friday, March 29, 2013 Gold Retreat Star

Tula Rasi: 5.43 Tithi 17 – 18  
163667268  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau  
**Gulika** 7:44AM – 9:16AM  
**Yama** 3:21PM – 4:52PM  
**Rahu** 10:47AM – 12:18PM  
Chitra Until 7:37AM  
Vyaghata\* Until 11:04AM  
Vanija Until 10:07PM  
Dvitiya Until 11:03AM

Ganesha: White *Sunrise: 6:13AM*  
Muruga: Yellow *Sunset: 6:24PM*  
Nataraja: White  
Moon – Green  
Phalguna•Panguni

Devaloka Day

Rameswaram, India  
Sun 1 Sutra 351  
Nandana 5114  
Moon 3 - Phase 48  
1st Phase

# 1

## Saturday, March 30, 2013

Tula Rasi: 20.01 Tithi 18 – 19  
173667268  
Creative Work Siddha Yoga  
Until 12.36AM Sun then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Visakha Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chaturthi\* Yam Titau  
**Gulika** 6:12AM – 7:44AM  
**Yama** 1:49PM – 3:21PM  
**Rahu** 9:15AM – 10:47AM  
Visakha Until 4:51AM Sun  
Harshana Until 7:57AM  
Bava Until 7:43PM  
Tritiya Until 8:39AM

Ganesha: Yellow *Sunrise: 6:12AM*  
Muruga: Yellow *Sunset: 6:24PM*  
Nataraja: White  
Moon – Orange  
Phalguna•Panguni

Sivaloka Day

Rameswaram, India  
Sun 2 Sutra 352  
Nandana 5114  
Moon 3 - Phase 48  
1st Phase

# 2

## Sunday, March 31, 2013

Vrischika Rasi: 4.21 Tithi 19 – 20  
173667268  
Routine Work Marana Yoga  
Until 12.36AM Mon then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Balava/Taitila Karana Chaturthi\*/Panchami Yam Titau  
**Gulika** 3:21PM – 4:52PM  
**Yama** 12:18PM – 1:49PM  
**Rahu** 4:52PM – 6:24PM  
Anuradha Until 3:07AM Mon  
Siddhi Until 2:05AM Mon  
Taitila Until 4:18AM Mon  
Chaturthi\* Until 6:08AM

Ganesha: Yellow *Sunrise: 6:12AM*  
Muruga: Yellow *Sunset: 6:24PM*  
Nataraja: White  
Moon – Orange  
Phalguna•Panguni

Sivaloka Day

Rameswaram, India  
Sun 3 Sutra 353  
Nandana 5114  
Moon 3 - Phase 48  
1st Phase

# 3

## Monday, April 1, 2013

Vrischika Rasi: 18.41 Tithi 21  
Family Home Evening  
Creative Work Siddha Yoga  
Until 1:24AM Tue then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shasthi\* Yam Titau  
**Gulika** 1:49PM – 3:21PM  
**Yama** 10:46AM – 12:18PM  
**Rahu** 7:43AM – 9:15AM  
Jyeshtha\* Until 1:24AM Tue  
Vyatipata\* Until 10:55PM  
Gara Until 2:44PM  
Shasthi\* Until 1:49AM Tue

Ganesha: Yellow *Sunrise: 6:12AM*  
Muruga: Yellow *Sunset: 6:24PM*  
Nataraja: White  
Moon – Orange  
Phalguna•Panguni

Sivaloka Day

Rameswaram, India  
Sun 4 Sutra 354  
Nandana 5114  
Moon 3 - Phase 48  
1st Phase

# 4

## Tuesday, April 2, 2013

Dhanus Rasi: 2.57 Tithi 22  
183667268  
Creative Work Amrita Yoga  
Until 11:48PM then Siddha Yoga  
Until 12.35AM Wed then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mula\* Nakshatra Variyan Yoga Visti\*/Bava Karana Saptami Yam Titau  
**Gulika** 12:17PM – 1:49PM  
**Yama** 9:14AM – 10:46AM  
**Rahu** 3:20PM – 4:52PM  
Mula\* Until 11:48PM  
Variyan Until 7:50PM  
Visti Until 12:22PM  
Saptami Until 11:27PM

Ganesha: Blue *Sunrise: 6:11AM*  
Muruga: Yellow *Sunset: 6:24PM*  
Nataraja: White  
Moon – Light Blue  
Phalguna•Panguni

Devaloka Day

Rameswaram, India  
Sun 5 Sutra 355  
Nandana 5114  
Moon 3 - Phase 48  
1st Phase



## Wednesday, April 3, 2013 Retreat Star

Dhanus Rasi: 17.07 Tithi 23  
183667268  
Creative Work Amrita Yoga  
Until 12.35AM Thu then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\*/Shiva Yoga Balava/Kaulava Karana Ashtami\* Yam Titau  
**Gulika** 10:46AM – 12:17PM  
**Yama** 7:42AM – 9:14AM  
**Rahu** 12:17PM – 1:49PM  
Purvashadha\* Until 10:22PM  
Parigha\* Until 4:56PM  
Balava Until 10:11AM  
Ashtami\* Until 9:16PM

Ganesha: Blue *Sunrise: 6:11AM*  
Muruga: Yellow *Sunset: 6:24PM*  
Nataraja: White  
Moon – Light Blue  
Phalguna•Panguni

Devaloka Day

Rameswaram, India  
Sun 6 Sutra 356  
Nandana 5114  
Moon 3 - Phase 48  
Ashtami

## Thursday, April 4, 2013 Retreat Star

Makara Rasi: 1.1 Tithi 24  
183667268  
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navami\* Yam Titau  
**Gulika** 9:14AM – 10:45AM  
**Yama** 6:10AM – 7:42AM  
**Rahu** 1:48PM – 3:20PM  
Uttarashadha Until 9:09PM  
Shiva Until 2:13PM  
Taitila Until 8:14AM  
Navami\* Until 7:19PM

Ganesha: Blue *Sunrise: 6:10AM*  
Muruga: Yellow *Sunset: 6:23PM*  
Nataraja: White  
Moon – Light Blue  
Phalguna•Panguni

Devaloka Day

Rameswaram, India  
Sun 7 Sutra 357  
Nandana 5114  
Moon 3 - Phase 48  
Navami

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1

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|                                                                                   |               |                                |                                                                                                                                                                                                     |                                                                                                                                                                |                                                                                                                                      |
|-----------------------------------------------------------------------------------|---------------|--------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------|
| <b>1</b>                                                                          |               | <b>Friday, April 5, 2013</b>   | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Sravana Nakshatra Siddha/Sadhyo Yoga Vanija/Bava Karana Dasami/Ekadasi* Yam Titau                 |                                                                                                                                                                | Rameswaram, India<br>Sun 8 Sutra 359<br>Nandana 5114                                                                                 |
| Makara Rasi: 15.04                                                                | Tithi 25 – 26 | 193667268                      | <b>Gulika</b> 7:41AM – 9:13AM<br><b>Yama</b> 3:20PM – 4:52PM<br><b>Rahu</b> 10:45AM – 12:17PM                                                                                                       | <b>Sravana</b> Until 8:10PM<br><b>Siddha</b> Until 11:43AM<br><b>Vanija</b> Until 6:32AM<br><b>Dasami</b> Until 5:37PM                                         | Ganesha: Red <i>Sunrise: 6:10AM</i><br>Muruga: Yellow <i>Sunset: 6:23PM</i><br>Nataraja: White<br>Moon – Purple<br>Phalguna•Panguni  |
| Creative Work                                                                     | Siddha Yoga   |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Sivaloka Day                                                                                                                         |
| <b>2</b>                                                                          |               | <b>Saturday, April 6, 2013</b> | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Dhanishtha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau          |                                                                                                                                                                | Rameswaram, India<br>Sun 9 Sutra 359<br>Nandana 5114                                                                                 |
| Makara Rasi: 28.49                                                                | Tithi 26 – 27 | 193667268                      | <b>Gulika</b> 6:09AM – 7:41AM<br><b>Yama</b> 1:48PM – 3:20PM<br><b>Rahu</b> 9:13AM – 10:44AM                                                                                                        | <b>Dhanishtha</b> Until 7:28PM<br><b>Sadhya</b> Until 9:29AM<br><b>Kaulava</b> Until 3:17AM Sun<br><b>Ekadasi*</b> Until 4:12PM                                | Ganesha: Red <i>Sunrise: 6:09AM</i><br>Muruga: Yellow <i>Sunset: 6:23PM</i><br>Nataraja: White<br>Moon – Purple<br>Phalguna•Panguni  |
| Creative Work                                                                     | Siddha Yoga   |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Sivaloka Day                                                                                                                         |
|                                                                                   |               |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Until 7:28PM then Amrita Yoga                                                                                                        |
|                                                                                   |               |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Until 12.34AM Sun then Siddha Yoga                                                                                                   |
| <b>3</b>                                                                          |               | <b>Sunday, April 7, 2013</b>   | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Satabhisha Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau           |                                                                                                                                                                | Rameswaram, India<br>Sun 10 Sutra 360<br>Nandana 5114                                                                                |
| Kumbha Rasi: 12.23                                                                | Tithi 27 – 28 | 193667268                      | <b>Gulika</b> 3:20PM – 4:51PM<br><b>Yama</b> 12:16PM – 1:48PM<br><b>Rahu</b> 4:51PM – 6:23PM                                                                                                        | <b>Satabhisha</b> Until 8:03PM<br><b>Subha</b> Until 7:38AM<br><b>Gara</b> Until 3:53AM Mon<br><b>Dvadasi*</b> Until 3:53PM<br><i>Pradosha Vrata (Fasting)</i> | Ganesha: Red <i>Sunrise: 6:09AM</i><br>Muruga: Yellow <i>Sunset: 6:23PM</i><br>Nataraja: White<br>Moon – Purple<br>Phalguna•Panguni  |
| Creative Work                                                                     | Siddha Yoga   |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Sivaloka Day                                                                                                                         |
|                                                                                   |               |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Until 12.34AM Mon then no yoga                                                                                                       |
| <b>4</b>                                                                          |               | <b>Monday, April 8, 2013</b>   | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvaprostapada* Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau       |                                                                                                                                                                | Rameswaram, India<br>Sun 11 Sutra 361<br>Nandana 5114                                                                                |
| Kumbha Rasi: 25.46                                                                | Tithi 28 – 29 | 113667268                      | <b>Gulika</b> 1:48PM – 3:19PM<br><b>Yama</b> 10:44AM – 12:16PM<br><b>Rahu</b> 7:40AM – 9:12AM                                                                                                       | <b>Purvaprostapada*</b> Until 7:59PM<br><b>Brahma</b> Until 4:44AM Tue<br><b>Visti</b> Until 3:06AM Tue<br><b>Trayodasi*</b> Until 3:06PM                      | Ganesha: Green <i>Sunrise: 6:08AM</i><br>Muruga: Yellow <i>Sunset: 6:23PM</i><br>Nataraja: White<br>Moon – Clear<br>Phalguna•Panguni |
| Family Home Evening                                                               | No Yoga       |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Devaloka Day                                                                                                                         |
|                                                                                   |               |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Until 7:59PM then Siddha Yoga                                                                                                        |
|                                                                                   |               |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Until 12.34AM Tue then Amrita Yoga                                                                                                   |
|  |               | <b>Tuesday, April 9, 2013</b>  | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttaraprostapada Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau |                                                                                                                                                                | Rameswaram, India<br>Sun 12 Sutra 362<br>Nandana 5114                                                                                |
| <b>Retreat Star</b>                                                               |               |                                | <b>Gulika</b> 12:15PM – 1:47PM<br><b>Yama</b> 9:11AM – 10:43AM<br><b>Rahu</b> 3:19PM – 4:51PM                                                                                                       | <b>Uttaraprostapada</b> Until 8:19PM<br><b>Indra</b> Until 3:22AM Wed<br><b>Catuspada</b> Until 2:46AM Wed<br><b>Chaturdasi*</b> Until 2:46PM                  | Ganesha: Green <i>Sunrise: 6:08AM</i><br>Muruga: Yellow <i>Sunset: 6:23PM</i><br>Nataraja: White<br>Moon – Clear<br>Phalguna•Panguni |
| Meena Rasi: 8.55                                                                  | Tithi 29 – 30 | 113667268                      |                                                                                                                                                                                                     |                                                                                                                                                                | Devaloka Day                                                                                                                         |
| Creative Work                                                                     | Amrita Yoga   |                                |                                                                                                                                                                                                     |                                                                                                                                                                |                                                                                                                                      |
|                                                                                   |               |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Until 8:19PM then Siddha Yoga                                                                                                        |
|                                                                                   |               |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Until 12.33AM Wed then Marana Yoga                                                                                                   |
| <b>Wednesday, April 10, 2013</b>                                                  |               |                                | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau              |                                                                                                                                                                | Rameswaram, India<br>Sun 13 Sutra 363<br>Nandana 5114                                                                                |
| <b>Retreat Star</b>                                                               |               |                                | <b>Gulika</b> 10:43AM – 12:15PM<br><b>Yama</b> 7:39AM – 9:11AM<br><b>Rahu</b> 12:15PM – 1:47PM                                                                                                      | <b>Revati</b> Until 9:07PM<br><b>Vaidhriti*</b> Until 2:26AM Thu<br><b>Kintughna</b> Until 2:56AM Thu<br><b>Amavasya*</b> Until 2:56PM                         | Ganesha: Green <i>Sunrise: 6:07AM</i><br>Muruga: Yellow <i>Sunset: 6:23PM</i><br>Nataraja: White<br>Moon – Clear<br>Chaitra•Panguni  |
| Meena Rasi: 21.49                                                                 | Tithi 30 – 1  | 113667268                      |                                                                                                                                                                                                     |                                                                                                                                                                | Devaloka Day                                                                                                                         |
| Routine Work                                                                      | Marana Yoga   |                                |                                                                                                                                                                                                     |                                                                                                                                                                |                                                                                                                                      |
|                                                                                   |               |                                |                                                                                                                                                                                                     |                                                                                                                                                                | Until 12.33AM Thu then Amrita Yoga                                                                                                   |

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432. TM

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|                                                                                                  |                           |             |                                                                                                                                                                                            |                                                                                                            |                                                                                         |                                                                                         |
|--------------------------------------------------------------------------------------------------|---------------------------|-------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| 1                                                                                                | Thursday, April 11, 2013  |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Asvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau            |                                                                                                            | Rameswaram, India<br>Sun 14 Sutra 364<br>Nandana 5114                                   |                                                                                         |
|                                                                                                  | Mesha Rasi: 4.28          | Tithi 1 – 2 | <b>Gulika</b> 9:11AM – 10:43AM<br><b>Yama</b> 6:06AM – 7:39AM<br><b>Rahu</b> 1:47PM – 3:19PM                                                                                               | Asvini Until 11:45PM<br>Vishkambha* Until 3:27AM Fri<br>Balava Until 5:34AM Fri<br>Prathama* Until 4:28PM  | Ganesha: White<br>Muruga: Yellow<br>Nataraja: White<br>Moon – White<br>Chaitra•Panguni  | Sunrise: 6:06AM<br>Sunset: 6:23PM<br>Moon 3 - Phase 50<br>3rd Phase<br>Devaloka Day     |
| Creative Work Amrita Yoga<br>Until 11:45PM then Siddha Yoga                                      |                           |             | Chellappaswami Mahasamadhi                                                                                                                                                                 |                                                                                                            |                                                                                         |                                                                                         |
| 2                                                                                                | Friday, April 12, 2013    |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau              |                                                                                                            | Rameswaram, India<br>Sun 15 Sutra 365<br>Nandana 5114                                   |                                                                                         |
|                                                                                                  | Mesha Rasi: 16.52         | Tithi 2 – 3 | <b>Gulika</b> 7:38AM – 9:10AM<br><b>Yama</b> 3:19PM – 4:51PM<br><b>Rahu</b> 10:42AM – 12:15PM                                                                                              | Bharani Until 1:37AM Sat<br>Priti Until 3:21AM Sat<br>Taitila Until 6:49AM Sat<br>Dvitiya Until 5:44PM     | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: White<br>Moon – White<br>Chaitra•Panguni  | Sunrise: 6:06AM<br>Sunset: 6:23PM<br>Moon 3 - Phase 50<br>3rd Phase<br>Sivaloka Day     |
| Creative Work Siddha Yoga<br>Until 1:37AM Sat then Amrita Yoga                                   |                           |             |                                                                                                                                                                                            |                                                                                                            |                                                                                         |                                                                                         |
| 3                                                                                                | Saturday, April 13, 2013  |             | Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika Nakshatra Ayushman Yoga Taitila/Gara Karana Tritiya Yam Titau                     |                                                                                                            | Rameswaram, India<br>Sun 16 Sutra 366<br>Nandana 5114                                   |                                                                                         |
|                                                                                                  | Mesha Rasi: 29.03         | Tithi 3     | <b>Gulika</b> 6:05AM – 7:38AM<br><b>Yama</b> 1:47PM – 3:19PM<br><b>Rahu</b> 9:10AM – 10:42AM                                                                                               | Krittika Until 3:54AM Sun<br>Ayushman Until 3:40AM Sun<br>Taitila Until 6:22AM<br>Tritiya Until 7:28PM     | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: White<br>Moon – White<br>Chaitra•Panguni  | Sunrise: 6:05AM<br>Sunset: 6:23PM<br>Moon 3 - Phase 50<br>3rd Phase<br>Sivaloka Day     |
| Creative Work Amrita Yoga<br>Until 12.32AM Sun then Siddha Yoga                                  |                           |             |                                                                                                                                                                                            |                                                                                                            |                                                                                         |                                                                                         |
| 4                                                                                                | Sunday, April 14, 2013    |             | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthi* Yam Titau                  |                                                                                                            | Rameswaram, India<br>Sun 17 Sutra 1<br>Vijaya 5115                                      |                                                                                         |
|                                                                                                  | Virshabha Rasi: 11.04     | Tithi 4     | <b>Gulika</b> 3:19PM – 4:51PM<br><b>Yama</b> 12:14PM – 1:46PM<br><b>Rahu</b> 4:51PM – 6:23PM                                                                                               | Rohini Until 6:46AM Mon<br>Saubhagya Until 4:18AM Mon<br>Vanija Until 8:29AM<br>Chaturthi* Until 9:35PM    | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Yellow<br>Chaitra•Chaitra | Sunrise: 6:05AM<br>Sunset: 6:23PM<br>Moon 3 - Phase 50<br>3rd Phase<br>Sivaloka Day     |
| Creative Work Siddha Yoga<br>Until 12.32AM Mon then Amrita Yoga                                  |                           |             | Tamil New Year                                                                                                                                                                             |                                                                                                            |                                                                                         |                                                                                         |
| 5                                                                                                | Monday, April 15, 2013    |             | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini/Mrigasira Nakshatra Sobhana Yoga Bava/Balava Karana Panchami Yam Titau               |                                                                                                            | Rameswaram, India<br>Sun 18 Sutra 2<br>Vijaya 5115                                      |                                                                                         |
|                                                                                                  | Virshabha Rasi: 22.57     | Tithi 5     | <b>Gulika</b> 1:46PM – 3:18PM<br><b>Yama</b> 10:41AM – 12:14PM<br><b>Rahu</b> 7:37AM – 9:09AM                                                                                              | Rohini Until 6:46AM<br>Sobhana Until 5:09AM Tue<br>Bava Until 10:51AM<br>Panchami Until 11:57PM            | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Yellow<br>Chaitra•Chaitra | Sunrise: 6:04AM<br>Sunset: 6:23PM<br>Moon 3 - Phase 50<br>3rd Phase<br>Sivaloka Day     |
| Family Home Evening<br>Creative Work Amrita Yoga<br>Until 12.32AM Tue then Siddha Yoga           |                           |             |                                                                                                                                                                                            |                                                                                                            |                                                                                         |                                                                                         |
| 6                                                                                                | Tuesday, April 16, 2013   |             | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigasira/Ardra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau      |                                                                                                            | Rameswaram, India<br>Sun 19 Sutra 3<br>Vijaya 5115                                      |                                                                                         |
|                                                                                                  | Mithuna Rasi: 4.47        | Tithi 6     | <b>Gulika</b> 12:14PM – 1:46PM<br><b>Yama</b> 9:09AM – 10:41AM<br><b>Rahu</b> 3:18PM – 4:51PM                                                                                              | Mrigasira Until 9:46AM<br>Athiganda* Until 6:26AM Wed<br>Kaulava Until 1:21PM<br>Shasthi* Until 2:27AM Wed | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Yellow<br>Chaitra•Chaitra | Sunrise: 6:04AM<br>Sunset: 6:23PM<br>Moon 3 - Phase 50<br>3rd Phase<br>Sivaloka Day     |
| Creative Work Siddha Yoga<br>Until 9:46AM then Marana Yoga<br>Until 12.32AM Wed then Siddha Yoga |                           |             |                                                                                                                                                                                            |                                                                                                            |                                                                                         |                                                                                         |
| D                                                                                                | Wednesday, April 17, 2013 |             | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Saptami Yam Titau     |                                                                                                            | Rameswaram, India<br>Sun 20 Sutra 4<br>Vijaya 5115                                      |                                                                                         |
|                                                                                                  | Mithuna Rasi: 16.38       | Tithi 7     | <b>Gulika</b> 10:41AM – 12:13PM<br><b>Yama</b> 7:36AM – 9:08AM<br><b>Rahu</b> 12:13PM – 1:46PM                                                                                             | Ardra Until 12:44PM<br>Athiganda* Until 6:26AM<br>Gara Until 3:49PM<br>Saptami Until 4:55AM Thu            | Ganesha: Clear<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Yellow<br>Chaitra•Chaitra | Sunrise: 6:03AM<br>Sunset: 6:23PM<br>Moon 3 - Phase 50<br>3rd Phase<br>Sivaloka Day     |
| Creative Work Siddha Yoga<br>Until 12.31AM Thu then Amrita Yoga                                  |                           |             | Retreat Star                                                                                                                                                                               |                                                                                                            |                                                                                         |                                                                                         |
| D                                                                                                | Thursday, April 18, 2013  |             | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Sukarma/Dhriti Yoga Visti* Karana Ashtami* Yam Titau             |                                                                                                            | Rameswaram, India<br>Sun 21 Sutra 5<br>Vijaya 5115                                      |                                                                                         |
|                                                                                                  | Mithuna Rasi: 28.34       | Tithi 8     | <b>Gulika</b> 9:08AM – 10:41AM<br><b>Yama</b> 6:03AM – 7:35AM<br><b>Rahu</b> 1:46PM – 3:18PM                                                                                               | Punarvasu Until 3:32PM<br>Sukarma Until 7:13AM<br>Visti Until 6:06PM<br>Ashtami* Until 6:57AM Fri          | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Blue<br>Chaitra•Chaitra  | Sunrise: 6:03AM<br>Sunset: 6:23PM<br>Moon 3 - Phase 50<br>Ashtami<br>Subha Sivaloka Day |
| Creative Work Amrita Yoga<br>Until 12.31AM Fri then Marana Yoga                                  |                           |             |                                                                                                                                                                                            |                                                                                                            |                                                                                         |                                                                                         |
| D                                                                                                | Friday, April 19, 2013    |             | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Pushya/Aslesha* Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau |                                                                                                            | Rameswaram, India<br>Sun 22 Sutra 6<br>Vijaya 5115                                      |                                                                                         |
|                                                                                                  | Kataka Rasi: 10.39        | Tithi 8 – 9 | <b>Gulika</b> 7:35AM – 9:08AM<br><b>Yama</b> 3:18PM – 4:51PM<br><b>Rahu</b> 10:40AM – 12:13PM                                                                                              | Pushya Until 6:01PM<br>Dhriti Until 7:42AM<br>Balava Until 8:02PM<br>Ashtami* Until 6:57AM                 | Ganesha: Purple<br>Muruga: Yellow<br>Nataraja: White<br>Moon – Blue<br>Chaitra•Chaitra  | Sunrise: 6:02AM<br>Sunset: 6:23PM<br>Moon 3 - Phase 50<br>Navami<br>Subha Sivaloka Day  |
| Routine Work Marana Yoga                                                                         |                           |             | Sri Rama Navami                                                                                                                                                                            |                                                                                                            |                                                                                         |                                                                                         |

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Kṛishṇa Yajur Veda, Svetu 4.16. bo UpR, 736

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|------------------------------------|----------------------------------|---------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------|-----------------|------------------------|------------------------------------------------------------|--|
| <b>1</b>                           | <b>Saturday, April 20, 2013</b>  |               | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Aslesha* Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau       |                                    |                 |                        | Rameswaram, India<br>Sun 23 Sutra 7<br>Vijaya 5115         |  |
|                                    | Kataka Rasi: 22.59               | Tithi 9 – 10  | <b>Gulika</b> 6:02AM – 7:35AM                                                                                                                                                               | <b>Aslesha* Until 6:58PM</b>       | Ganesha: Purple | <i>Sunrise: 6:02AM</i> | Moon 3 - Phase 1<br>4th Phase<br><b>Subha Sivaloka Day</b> |  |
|                                    |                                  | 244667268     | <b>Yama</b> 1:45PM – 3:18PM                                                                                                                                                                 | Shula* Until 7:38AM                | Muruqa: Yellow  | <i>Sunset: 6:23PM</i>  |                                                            |  |
|                                    | Routine Work                     | Marana Yoga   | <b>Rahu</b> 9:07AM – 10:40AM                                                                                                                                                                | Taitila Until 8:11PM               | Nataraja: White |                        |                                                            |  |
| Until 6:58PM then Amrita Yoga      |                                  |               | Navami* Until 8:11AM                                                                                                                                                                        |                                    | Moon – Blue     |                        |                                                            |  |
| Until 12.31AM Sun then Marana Yoga |                                  |               |                                                                                                                                                                                             |                                    | Chaitra*Chaitra |                        |                                                            |  |
| <b>2</b>                           | <b>Sunday, April 21, 2013</b>    |               | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Magha* Nakshatra Ganda*/Vridhdi Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau            |                                    |                 |                        | Rameswaram, India<br>Sun 24 Sutra 8<br>Vijaya 5115         |  |
|                                    | Simha Rasi: 5.37                 | Tithi 10 – 11 | <b>Gulika</b> 3:18PM – 4:50PM                                                                                                                                                               | <b>Magha* Until 8:16PM</b>         | Ganesha: Purple | <i>Sunrise: 6:02AM</i> | Moon 3 - Phase 1<br>4th Phase<br><b>Devaloka Day</b>       |  |
|                                    |                                  | 254767268     | <b>Yama</b> 12:12PM – 1:45PM                                                                                                                                                                | Ganda* Until 7:10AM                | Muruqa: Yellow  | <i>Sunset: 6:23PM</i>  |                                                            |  |
|                                    | Routine Work                     | Marana Yoga   | <b>Rahu</b> 4:50PM – 6:23PM                                                                                                                                                                 | Vanija Until 8:52PM                | Nataraja: White |                        |                                                            |  |
| Until 8:16PM then Siddha Yoga      |                                  |               | Dasami Until 8:52AM                                                                                                                                                                         |                                    | Moon – Red      |                        |                                                            |  |
|                                    |                                  |               |                                                                                                                                                                                             |                                    | Chaitra*Chaitra |                        |                                                            |  |
| <b>3</b>                           | <b>Monday, April 22, 2013</b>    |               | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaphalguni* Nakshatra Vridhdi/Dhruva Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau    |                                    |                 |                        | Rameswaram, India<br>Sun 25 Sutra 9<br>Vijaya 5115         |  |
|                                    | Simha Rasi: 18.36                | Tithi 11 – 12 | <b>Gulika</b> 1:45PM – 3:18PM                                                                                                                                                               | <b>Purvaphalguni* Until 8:53PM</b> | Ganesha: Purple | <i>Sunrise: 6:01AM</i> | Moon 3 - Phase 1<br>4th Phase<br><b>Devaloka Day</b>       |  |
|                                    | Family Home Evening              | 254767268     | <b>Yama</b> 10:39AM – 12:12PM                                                                                                                                                               | Vridhdi Until 6:05AM               | Muruqa: Yellow  | <i>Sunset: 6:23PM</i>  |                                                            |  |
|                                    | Creative Work                    | Siddha Yoga   | <b>Rahu</b> 7:34AM – 9:07AM                                                                                                                                                                 | Bava Until 8:50PM                  | Nataraja: White |                        |                                                            |  |
| Until 8:53PM then Marana Yoga      |                                  |               | Ekadasi Until 8:50AM                                                                                                                                                                        |                                    | Moon – Red      |                        |                                                            |  |
| Until 12.30AM Tue then Amrita Yoga |                                  |               |                                                                                                                                                                                             |                                    | Chaitra*Chaitra |                        |                                                            |  |
| <b>4</b>                           | <b>Tuesday, April 23, 2013</b>   |               | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau |                                    |                 |                        | Rameswaram, India<br>Sun 26 Sutra 10<br>Vijaya 5115        |  |
|                                    | Kanya Rasi: 2                    | Tithi 12 – 13 | <b>Gulika</b> 12:12PM – 1:45PM                                                                                                                                                              | <b>Uttaraphalguni Until 7:43PM</b> | Ganesha: Purple | <i>Sunrise: 6:01AM</i> | Moon 3 - Phase 1<br>4th Phase<br><b>Devaloka Day</b>       |  |
|                                    |                                  | 254767268     | <b>Yama</b> 9:06AM – 10:39AM                                                                                                                                                                | Vyaghata* Until 1:45AM Wed         | Muruqa: Yellow  | <i>Sunset: 6:23PM</i>  |                                                            |  |
|                                    | Creative Work                    | Amrita Yoga   | <b>Rahu</b> 3:18PM – 4:50PM                                                                                                                                                                 | Kaulava Until 6:55PM               | Nataraja: White |                        |                                                            |  |
| Until 7:43PM then Siddha Yoga      |                                  |               | Dvadasi Until 7:50AM                                                                                                                                                                        |                                    | Moon – Red      |                        |                                                            |  |
|                                    |                                  |               | <i>Pradosha Vrata</i>                                                                                                                                                                       |                                    | Chaitra*Chaitra |                        |                                                            |  |
| <b>5</b>                           | <b>Wednesday, April 24, 2013</b> |               | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Hasta Nakshatra Harshana Yoga Taitila/Vanija Karana Trayodasi/Chaturdasi* Yam Titau         |                                    |                 |                        | Rameswaram, India<br>Sun 27 Sutra 11<br>Vijaya 5115        |  |
|                                    | Kanya Rasi: 15.48                | Tithi 13 – 14 | <b>Gulika</b> 10:39AM – 12:12PM                                                                                                                                                             | <b>Hasta Until 6:55PM</b>          | Ganesha: White  | <i>Sunrise: 6:00AM</i> | Moon 3 - Phase 1<br>4th Phase<br><b>Subha Sivaloka Day</b> |  |
|                                    |                                  | 265767268     | <b>Yama</b> 7:33AM – 9:06AM                                                                                                                                                                 | Harshana Until 11:26PM             | Muruqa: Yellow  | <i>Sunset: 6:23PM</i>  |                                                            |  |
|                                    | Creative Work                    | Siddha Yoga   | <b>Rahu</b> 12:12PM – 1:45PM                                                                                                                                                                | Vanija Until 4:28AM Thu            | Nataraja: White |                        |                                                            |  |
|                                    |                                  |               | Trayodasi Until 6:19AM                                                                                                                                                                      |                                    | Moon – Green    |                        |                                                            |  |
|                                    |                                  |               |                                                                                                                                                                                             |                                    | Chaitra*Chaitra |                        |                                                            |  |
| <b>O</b>                           | <b>Thursday, April 25, 2013</b>  |               | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Chitra/Svati Nakshatra Vajra* Yoga Visti*/Bava Karana Purnima* Yam Titau                     |                                    |                 |                        | Rameswaram, India<br>Sutra 12<br>Vijaya 5115               |  |
|                                    | <b>Copper Retreat Star</b>       |               | <b>Gulika</b> 9:06AM – 10:39AM                                                                                                                                                              | <b>Chitra Until 5:28PM</b>         | Ganesha: White  | <i>Sunrise: 6:00AM</i> | Moon 3 - Phase 1<br>Purnima<br><b>Sivaloka Day</b>         |  |
|                                    | Kanya Rasi: 29.59                | Tithi 15      | <b>Yama</b> 6:00AM – 7:33AM                                                                                                                                                                 | Vajra* Until 8:32PM                | Muruqa: Yellow  | <i>Sunset: 6:23PM</i>  |                                                            |  |
|                                    |                                  | 265767269     | <b>Rahu</b> 1:45PM – 3:17PM                                                                                                                                                                 | Visti Until 2:31PM                 | Nataraja: Clear |                        |                                                            |  |
| Creative Work                      |                                  |               | <b>Partial Lunar Eclipse</b>                                                                                                                                                                |                                    | Moon – Green    |                        |                                                            |  |
| Until 5:28PM then Amrita Yoga      |                                  |               | <b>Hanuman Jayanti</b>                                                                                                                                                                      |                                    | Chaitra*Chaitra |                        |                                                            |  |
| Until 12.30AM Fri then Siddha Yoga |                                  |               |                                                                                                                                                                                             |                                    |                 |                        |                                                            |  |
|                                    | <b>Friday, April 26, 2013</b>    |               | Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati/Visakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau  |                                    |                 |                        | Rameswaram, India<br>Sutra 13<br>Vijaya 5115               |  |
|                                    | <b>Silver Retreat Star</b>       |               | <b>Gulika</b> 7:32AM – 9:05AM                                                                                                                                                               | <b>Svati Until 2:51PM</b>          | Ganesha: White  | <i>Sunrise: 5:59AM</i> | Moon 3 - Phase 1<br>Prathama<br><b>Sivaloka Day</b>        |  |
|                                    | Tula Rasi: 14.28                 | Tithi 16      | <b>Yama</b> 3:17PM – 4:50PM                                                                                                                                                                 | Siddhi Until 4:26PM                | Muruqa: Yellow  | <i>Sunset: 6:23PM</i>  |                                                            |  |
|                                    |                                  | 265767269     | <b>Rahu</b> 10:38AM – 12:11PM                                                                                                                                                               | Balava Until 11:55AM               | Nataraja: Clear |                        |                                                            |  |
| Creative Work                      |                                  |               | Prathama* Until 10:12PM                                                                                                                                                                     |                                    | Moon – Green    |                        |                                                            |  |
| Until 2:51PM then Marana Yoga      |                                  |               |                                                                                                                                                                                             |                                    | Chaitra*Chaitra |                        |                                                            |  |
| Until 12.29AM Sat then Siddha Yoga |                                  |               |                                                                                                                                                                                             |                                    |                 |                        |                                                            |  |

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda, Brihadu 1.4.14. bo UpH, 84

All times are standard time

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