



Monday, May 7, 2012 Gold Retreat Star

Vrischika Rasi: 6.48 Tithi 17
Family Home Evening 275217269
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvitiya Yam Titau

Gulika 1:15PM – 2:55PM
Yama 9:56AM – 11:35AM
Rahu 6:36AM – 8:16AM
Anuradha Until 9:47PM
Variyan Until 6:23AM
Taitila Until 1:06PM
Dvitiya Until 11:23PM

Ganesha: White *Sunrise: 4:57AM*
Muruga: White *Sunset: 6:14PM*
Nataraja: Clear
Moon – Orange
Vaisaka•Chaitra

Devaloka Day

Manama, Bahrain
Sutra 25
Nandana 5114
Moon 4 - Phase 4
1st Phase

Tuesday, May 8, 2012

1

Vrischika Rasi: 21.49 Tithi 18
275217269

Creative Work Siddha Yoga
Until 7:05PM then Amrita Yoga
Until 9:58PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha* Nakshatra Shiva Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 11:35AM – 1:15PM
Yama 8:16AM – 9:55AM
Rahu 2:55PM – 4:35PM
Jyeshtha* Until 7:05PM
Shiva Until 10:24PM
Vanija Until 9:34AM
Tritiya Until 7:52PM

Ganesha: White *Sunrise: 4:56AM*
Muruga: White *Sunset: 6:14PM*
Nataraja: Clear
Moon – Orange
Vaisaka•Chaitra

Devaloka Day

Manama, Bahrain
Sutra 26
Nandana 5114
Moon 4 - Phase 4
1st Phase

Wednesday, May 9, 2012

2

Dhanus Rasi: 6.33 Tithi 19 – 20
285217269

Routine Work Marana Yoga
Until 5:38PM then Amrita Yoga
Until 9:58PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Mula*Purvashadha* Nakshatra Siddha Yoga Bava/Kaulava Karana Chaturthi*Panchami Yam Titau

Gulika 9:55AM – 11:35AM
Yama 6:35AM – 8:15AM
Rahu 11:35AM – 1:15PM
Mula* Until 5:38PM
Siddha Until 7:43PM
Bava Until 6:36AM
Chaturthi* Until 5:40PM

Ganesha: Yellow *Sunrise: 4:55AM*
Muruga: White *Sunset: 6:15PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka•Chaitra

Sivaloka Day

Manama, Bahrain
Sutra 27
Nandana 5114
Moon 4 - Phase 4
1st Phase

Thursday, May 10, 2012

3

Dhanus Rasi: 20.53 Tithi 20 – 21
285217269

Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 8:15AM – 9:55AM
Yama 4:55AM – 6:35AM
Rahu 1:15PM – 2:55PM
Purvashadha* Until 3:54PM
Sadhya Until 4:34PM
Gara Until 2:13AM Fri
Panchami Until 3:08PM

Ganesha: Yellow *Sunrise: 4:55AM*
Muruga: White *Sunset: 6:15PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka•Chaitra

Sivaloka Day

Manama, Bahrain
Sutra 28
Nandana 5114
Moon 4 - Phase 4
1st Phase

Friday, May 11, 2012

4

Makara Rasi: 4.48 Tithi 21 – 22
285217269

Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 6:34AM – 8:15AM
Yama 2:56PM – 4:36PM
Rahu 9:55AM – 11:35AM
Uttarashadha Until 3:36PM
Subha Until 2:41PM
Visti Until 2:01AM Sat
Shasthi* Until 2:01PM

Ganesha: Yellow *Sunrise: 4:54AM*
Muruga: White *Sunset: 6:16PM*
Nataraja: Clear
Moon – Light Blue
Vaisaka•Chaitra

Sivaloka Day

Manama, Bahrain
Sutra 29
Nandana 5114
Moon 4 - Phase 4
1st Phase

Saturday, May 12, 2012



Retreat Star

Makara Rasi: 18.16 Tithi 22 – 23
295217269

Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 4:54AM – 6:34AM
Yama 1:15PM – 2:56PM
Rahu 8:14AM – 9:55AM
Sravana Until 3:22PM
Sukla Until 12:48PM
Balava Until 1:01AM Sun
Saptami Until 1:01PM

Ganesha: Blue *Sunrise: 4:54AM*
Muruga: White *Sunset: 6:16PM*
Nataraja: Clear
Moon – Purple
Vaisaka•Chaitra

Devaloka Day

Manama, Bahrain
Sutra 30
Nandana 5114
Moon 4 - Phase 4
Ashtami

Chidambaram Abhishekam

Sunday, May 13, 2012

Retreat Star

Kumbha Rasi: 1.19 Tithi 23 – 24
295217269

Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 2:56PM – 4:37PM
Yama 11:35AM – 1:16PM
Rahu 4:37PM – 6:17PM
Dhanishtha Until 3:52PM
Brahma Until 11:37AM
Taitila Until 12:50AM Mon
Ashtami* Until 12:50PM

Ganesha: Blue *Sunrise: 4:53AM*
Muruga: White *Sunset: 6:17PM*
Nataraja: Clear
Moon – Purple
Vaisaka•Chaitra

Devaloka Day

Manama, Bahrain
Sutra 31
Nandana 5114
Moon 4 - Phase 4
Navami

Mother's Day

Earth is upheld by Truth. Heaven is upheld by the sun. The solar regions are supported by eternal laws,rita. The elixir of divine love is supreme in heaven. %oig
Veda Sanhita 10.85.1. RvP, 4347

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Monday, May 14, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Manama, Bahrain Sutra 32 Nandana 5114
1	Kumbha Rasi: 14.01 Tithi 24 – 25 Family Home Evening Creative Work Siddha Yoga Until 5:57PM then no yoga Until 9.58PM then Marana Yoga	Gulika 1:16PM – 2:56PM Yama 9:54AM – 11:35AM Rahu 6:33AM – 8:14AM	Satabhisha Until 5:57PM Indra Until 11:26AM Vanija Until 3:07AM Tue Navami* Until 2:02PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Purple Vaisaka*Vaikasi	<i>Sunrise: 4:53AM</i> <i>Sunset: 6:18PM</i> Devaloka Day	Moon 4 - Phase 5 2nd Phase
Tuesday, May 15, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaprostapada* Nakshatra Vaidhriti*/Vishkambha* Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau				Manama, Bahrain Sutra 33 Nandana 5114
2	Kumbha Rasi: 26.26 Tithi 25 – 26 215217269 Routine Work Marana Yoga Until 7:48PM then Amrita Yoga Until 9.58PM then Siddha Yoga	Gulika 11:35AM – 1:16PM Yama 8:14AM – 9:54AM Rahu 2:57PM – 4:37PM	Purvaprostapada* Until 7:48PM Vaidhriti* Until 11:21AM Bava Until 4:20AM Wed Dasami Until 3:15PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Clear Vaisaka*Vaikasi	<i>Sunrise: 4:52AM</i> <i>Sunset: 6:18PM</i> Devaloka Day	Moon 4 - Phase 5 2nd Phase
Wednesday, May 16, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraprostapada Nakshatra Vishkambha*/Priti Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau				Manama, Bahrain Sutra 34 Nandana 5114
3	Meena Rasi: 8.37 Tithi 26 – 27 215217269 Creative Work Siddha Yoga	Gulika 9:54AM – 11:35AM Yama 6:32AM – 8:13AM Rahu 11:35AM – 1:16PM	Uttaraprostapada Until 10:07PM Vishkambha* Until 11:42AM Kaulava Until 6:03AM Thu Ekadasi* Until 4:57PM	Ganesha: White Muruga: White Nataraja: Clear Moon – Clear Vaisaka*Vaikasi	<i>Sunrise: 4:52AM</i> <i>Sunset: 6:19PM</i> Devaloka Day	Moon 4 - Phase 5 2nd Phase
Thursday, May 17, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Revati Nakshatra Priti/Ayushman Yoga Taitila Karana Dvadasi* Yam Titau				Manama, Bahrain Sutra 35 Nandana 5114
4	Meena Rasi: 20.37 Tithi 27 216217269 Creative Work Siddha Yoga Until 12:46AM Fri then Amrita Yoga	Gulika 8:13AM – 9:54AM Yama 4:51AM – 6:32AM Rahu 1:16PM – 2:57PM	Revati Until 12:46AM Fri Priti Until 12:23PM Taitila Until 8:08AM Fri Dvadasi* Until 7:03PM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Clear Vaisaka*Vaikasi	<i>Sunrise: 4:51AM</i> <i>Sunset: 6:19PM</i> Sivaloka Day	Moon 4 - Phase 5 2nd Phase
Friday, May 18, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Asvini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Manama, Bahrain Sutra 36 Nandana 5114
5	Mesha Rasi: 2.3 Tithi 28 226217269 Creative Work Amrita Yoga Until 9.58PM then Siddha Yoga	Gulika 6:32AM – 8:13AM Yama 2:57PM – 4:39PM Rahu 9:54AM – 11:35AM	Asvini Until 3:40AM Sat Ayushman Until 1:16PM Gara Until 8:18AM Trayodasi* Until 9:24PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Red Muruga: White Nataraja: Clear Moon – White Vaisaka*Vaikasi	<i>Sunrise: 4:51AM</i> <i>Sunset: 6:20PM</i> Sivaloka Day	Moon 4 - Phase 5 2nd Phase
Saturday, May 19, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Manama, Bahrain Sutra 37 Nandana 5114
6	Mesha Rasi: 14.19 Tithi 29 226217269 Creative Work Siddha Yoga Until 9.58PM then no yoga Until 7:09AM Sun then Siddha Yoga	Gulika 4:50AM – 6:31AM Yama 1:16PM – 2:58PM Rahu 8:13AM – 9:54AM	Bharani Until 7:09AM Sun Saubhagya Until 2:18PM Visti Until 10:49AM Chaturdasi* Until 11:55PM	Ganesha: Red Muruga: White Nataraja: Clear Moon – White Vaisaka*Vaikasi	<i>Sunrise: 4:50AM</i> <i>Sunset: 6:20PM</i> Sivaloka Day	Moon 4 - Phase 5 2nd Phase
Sunday, May 20, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Manama, Bahrain Sutra 38 Nandana 5114
Retreat Star		Gulika 2:58PM – 4:39PM Yama 11:35AM – 1:17PM Rahu 4:39PM – 6:21PM	Bharani Until 7:09AM Sobhana Until 3:24PM Catuspada Until 1:24PM Amavasya* Until 2:29AM Mon	Ganesha: Red Muruga: White Nataraja: Clear Moon – White Vaisaka*Vaikasi	<i>Sunrise: 4:50AM</i> <i>Sunset: 6:21PM</i> Sivaloka Day	Moon 4 - Phase 5 Amavasya
Monday, May 21, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Manama, Bahrain Sutra 39 Nandana 5114
Retreat Star		Gulika 1:17PM – 2:58PM Yama 9:54AM – 11:35AM Rahu 6:31AM – 8:12AM	Krittika Until 10:14AM Athiganda* Until 4:28PM Kintughna Until 3:57PM Prathama* Until 5:03AM Tue	Ganesha: Red Muruga: White Nataraja: Clear Moon – White Jyeshtha*Vaikasi	<i>Sunrise: 4:49AM</i> <i>Sunset: 6:21PM</i> Sivaloka Day	Moon 4 - Phase 5 Prathama

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mṛigendra Agama Jnana Pada 5.A1. MA, 138

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1 Tuesday, May 22, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigasira Nakshatra Sukarma/Dhriti Yoga Balava Karana Dvitiya Yam Titau				Manama, Bahrain Sutra 40 Nandana 5114
Vrishabha Rasi: 19.44	Tithi 2	Gulika 11:35AM – 1:17PM Yama 8:12AM – 9:54AM Rahu 2:59PM – 4:40PM	Rohini Until 1:12PM Sukarma Until 5:26PM Balava Until 6:23PM Dvitiya Until 7:32AM Wed	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Yellow Jyeshtha•Vaikasi	Sunrise: 4:49AM Sunset: 6:22PM	Moon 4 - Phase 6 3rd Phase
Creative Work	Amrita Yoga					Sivaloka Day
Until 1:12PM then Siddha Yoga						
2 Wednesday, May 23, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Dhriti Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Manama, Bahrain Sutra 41 Nandana 5114
Mithuna Rasi: 1.4	Tithi 2 – 3	Gulika 9:54AM – 11:35AM Yama 6:30AM – 8:12AM Rahu 11:35AM – 1:17PM	Mrigasira Until 4:00PM Dhriti Until 6:14PM Taitila Until 8:37PM Dvitiya Until 7:32AM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Yellow Jyeshtha•Vaikasi	Sunrise: 4:49AM Sunset: 6:22PM	Moon 4 - Phase 6 3rd Phase
Creative Work	Siddha Yoga					Sivaloka Day
Until 9:59PM then Marana Yoga						
3 Thursday, May 24, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra Nakshatra Shula* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Manama, Bahrain Sutra 42 Nandana 5114
Mithuna Rasi: 13.44	Tithi 3 – 4	Gulika 8:12AM – 9:54AM Yama 4:48AM – 6:30AM Rahu 1:17PM – 2:59PM	Ardra Until 6:31PM Shula* Until 6:47PM Vanija Until 10:34PM Tritiya Until 9:28AM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Yellow Jyeshtha•Vaikasi	Sunrise: 4:48AM Sunset: 6:23PM	Moon 4 - Phase 6 3rd Phase
Routine Work	Marana Yoga					Devaloka Day
Until 6:31PM then Amrita Yoga						
Until 9:59PM then Siddha Yoga						
4 Friday, May 25, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Manama, Bahrain Sutra 43 Nandana 5114
Mithuna Rasi: 25.59	Tithi 4 – 5	Gulika 6:30AM – 8:12AM Yama 3:00PM – 4:41PM Rahu 9:54AM – 11:36AM	Punarvasu Until 8:41PM Ganda* Until 7:01PM Bava Until 10:36PM Chaturthi* Until 10:36AM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Jyeshtha•Vaikasi	Sunrise: 4:48AM Sunset: 6:23PM	Moon 4 - Phase 6 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 8:41PM then Marana Yoga						
Until 9:59PM then Siddha Yoga						
5 Saturday, May 26, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Manama, Bahrain Sutra 44 Nandana 5114
Kataka Rasi: 8.28	Tithi 5 – 6	Gulika 4:48AM – 6:30AM Yama 1:18PM – 3:00PM Rahu 8:12AM – 9:54AM	Pushya Until 9:10PM Vriddhi Until 5:56PM Kaulava Until 11:36PM Panchami Until 11:36AM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Jyeshtha•Vaikasi	Sunrise: 4:48AM Sunset: 6:24PM	Moon 4 - Phase 6 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Until 9:10PM then Marana Yoga						
Until 9:59PM then Siddha Yoga						
6 Sunday, May 27, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Dhruva/Vyaghata* Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Manama, Bahrain Sutra 45 Nandana 5114
Kataka Rasi: 21.11	Tithi 6 – 7	Gulika 3:00PM – 4:42PM Yama 11:36AM – 1:18PM Rahu 4:42PM – 6:24PM	Aslesha* Until 10:16PM Dhruva Until 5:19PM Gara Until 12:03AM Mon Shasthi* Until 12:03PM	Ganesha: Blue Muruga: White Nataraja: Clear Moon – Blue Jyeshtha•Vaikasi	Sunrise: 4:47AM Sunset: 6:24PM	Moon 4 - Phase 6 3rd Phase
Creative Work	Siddha Yoga					Devaloka Day
Monday, May 28, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Vyaghata*/Harshana Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Manama, Bahrain Sutra 46 Nandana 5114
Simha Rasi: 4.14	Tithi 7 – 8	Gulika 1:18PM – 3:00PM Yama 9:54AM – 11:36AM Rahu 6:29AM – 8:12AM	Magha* Until 10:48PM Vyaghata* Until 4:10PM Visti Until 11:53PM Saptami Until 11:53AM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red Jyeshtha•Vaikasi	Sunrise: 4:47AM Sunset: 6:25PM	Moon 4 - Phase 6 Ashtami
Family Home Evening						Sivaloka Day
Creative Work	Siddha Yoga					
Tuesday, May 29, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Manama, Bahrain Sutra 47 Nandana 5114
Simha Rasi: 17.38	Tithi 8 – 9	Gulika 11:36AM – 1:18PM Yama 8:12AM – 9:54AM Rahu 3:01PM – 4:43PM	Purvaphalguni* Until 9:30PM Harshana Until 1:51PM Balava Until 9:42PM Ashtami* Until 10:37AM	Ganesha: Yellow Muruga: White Nataraja: Clear Moon – Red Jyeshtha•Vaikasi	Sunrise: 4:47AM Sunset: 6:25PM	Moon 4 - Phase 6 Navami
Creative Work	Siddha Yoga					Sivaloka Day
Until 9:30PM then Amrita Yoga						

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishṇa Yajur Veda, Maitu 6.34. UpH, 447

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1		Wednesday, May 30, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vajra* Siddhi Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Manama, Bahrain Sutra 48 Nandana 5114	
Kanya Rasi: 1.25	Tithi 9 – 10	357317269	Gulika 9:54AM – 11:36AM Yama 6:29AM – 8:11AM Rahu 11:36AM – 1:19PM	Uttaraphalguni Until 8:43PM Vajra* Until 11:36AM Taitila Until 8:10PM Navami* Until 9:06AM	Ganesha: White Muruga: White Nataraja: Clear Moon – Red Jyeshtha*Vaikasi	<i>Sunrise: 4:47AM</i> <i>Sunset: 6:26PM</i>	Moon 4 - Phase 7 4th Phase
Creative Work Amrita Yoga Until 8:43PM then Siddha Yoga Until 9:59PM then no yoga					Subha Sivaloka Day		
2		Thursday, May 31, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta Nakshatra Siddhi/Vyatipata* Yoga Gara/Visti* Karana Dasami/Ekadasi Yam Titau		Manama, Bahrain Sutra 49 Nandana 5114	
Kanya Rasi: 15.35	Tithi 10 – 11	368317269	Gulika 8:11AM – 9:54AM Yama 4:46AM – 6:29AM Rahu 1:19PM – 3:01PM	Hasta Until 6:23PM Siddhi Until 8:43AM Visti Until 3:22AM Fri Dasami Until 6:47AM	Ganesha: White Muruga: White Nataraja: Clear Moon – Green Jyeshtha*Vaikasi	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:26PM</i>	Moon 4 - Phase 7 4th Phase
No Yoga Until 6:23PM then Siddha Yoga					Devaloka Day		
3		Friday, June 1, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Variyan Yoga Bava/Balava Karana Dvadasi Yam Titau		Manama, Bahrain Sutra 50 Nandana 5114	
Tula Rasi: 0.08	Tithi 12	368317269	Gulika 6:29AM – 8:11AM Yama 3:02PM – 4:44PM Rahu 9:54AM – 11:37AM	Chitra Until 4:28PM Variyan Until 1:18AM Sat Bava Until 2:22PM Dvadasi Until 12:39AM Sat	Ganesha: White Muruga: White Nataraja: Clear Moon – Green Jyeshtha*Vaikasi	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:27PM</i>	Moon 4 - Phase 7 4th Phase
Creative Work Siddha Yoga					Devaloka Day		
4		Saturday, June 2, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Visakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Manama, Bahrain Sutra 51 Nandana 5114	
Tula Rasi: 14.58	Tithi 13	368327269	Gulika 4:46AM – 6:29AM Yama 1:19PM – 3:02PM Rahu 8:11AM – 9:54AM	Svati Until 2:04PM Parigha* Until 9:37PM Kaulava Until 11:09AM Trayodasi Until 9:26PM <i>Pradosha Vrata</i>	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Green Jyeshtha*Vaikasi	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:28PM</i>	Moon 4 - Phase 7 4th Phase
Creative Work Siddha Yoga Until 10.00PM then Marana Yoga			Vaikasi Visakam		Bhuloka Day Devaloka Time: 3:PM to 6:PM		
5		Sunday, June 3, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Visakha/Anuradha Nakshatra Shiva/Siddha Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Manama, Bahrain Sutra 52 Nandana 5114	
Tula Rasi: 29.59	Tithi 14 – 15	378327269	Gulika 3:02PM – 4:45PM Yama 11:37AM – 1:20PM Rahu 4:45PM – 6:28PM	Visakha Until 11:21AM Shiva Until 5:38PM Gara Until 7:36AM Chaturdasi* Until 5:53PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange Jyeshtha*Vaikasi	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:28PM</i>	Moon 4 - Phase 7 4th Phase
Routine Work Marana Yoga Until 10.00PM then Siddha Yoga					Devaloka Day		
○		Monday, June 4, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Manama, Bahrain Sutra 53 Nandana 5114	
Copper Retreat Star			Gulika 1:20PM – 3:03PM Yama 9:54AM – 11:37AM Rahu 6:29AM – 8:11AM	Anuradha Until 8:33AM Siddha Until 1:34PM Balava Until 12:32AM Tue Purnima* Until 2:15PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Orange Jyeshtha*Vaikasi	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:28PM</i>	Moon 4 - Phase 7 Purnima
Vrischika Rasi: 15.04 Family Home Evening Creative Work Siddha Yoga		378327269	Partial Lunar Eclipse		Devaloka Day		
Tuesday, June 5, 2012		Silver Retreat Star		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau		Manama, Bahrain Sutra 54 Nandana 5114	
Dhanus Rasi: 0.05	Tithi 16 – 17	388327261	Gulika 11:37AM – 1:20PM Yama 8:12AM – 9:54AM Rahu 3:03PM – 4:46PM	Mula* Until 3:13AM Wed Sadhya Until 9:38AM Taitila Until 9:01PM Prathama* Until 10:44AM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Light Blue Jyeshtha*Vaikasi	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:29PM</i>	Moon 4 - Phase 7 Prathama
Creative Work Amrita Yoga Until 10.00PM then Marana Yoga Until 3:13AM Wed then Amrita Yoga					Bhuloka Day Devaloka Time: 3:PM to 6:PM		

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death.
Shukla Yajur Veda, Isau 3. bo UpR, 570

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Wednesday, June 6, 2012

Gold Retreat Star

Dhanus Rasi: 14.52 Tithi 17 – 18
389327261
Creative Work Amrita Yoga
Until 10.00PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau			Manama, Bahrain Sun 1 Sutra 55 Nandana 5114	
Gulika	9:54AM – 11:37AM	Purvashadha* Until 2:15AM Thu	Ganesha: Clear	<i>Sunrise: 4:46AM</i>
Yama	6:29AM – 8:12AM	Subha Until 6:01AM	Muruga: Clear	<i>Sunset: 6:29PM</i>
Rahu	11:37AM – 1:20PM	Vanija Until 6:49PM	Nataraja: Clear	Moon – Light Blue Devaloka Day
		Dvitiya Until 7:44AM	Jyeshtha*Vaikasi	

Thursday, June 7, 2012

1

Dhanus Rasi: 29.18 Tithi 19
389327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Brahma Yoga Bava/Balava Karana Chaturthi* Yam Titau			Manama, Bahrain Sun 2 Sutra 56 Nandana 5114	
Gulika	8:12AM – 9:55AM	Uttarashadha Until 12:20AM Fri	Ganesha: Clear	<i>Sunrise: 4:46AM</i>
Yama	4:46AM – 6:29AM	Brahma Until 12:03AM Fri	Muruga: Clear	<i>Sunset: 6:29PM</i>
Rahu	1:21PM – 3:04PM	Bava Until 4:04PM	Nataraja: Clear	Moon – Light Blue Devaloka Day
		Chaturthi* Until 3:08AM Fri	Jyeshtha*Vaikasi	

Friday, June 8, 2012

2

Makara Rasi: 13.2 Tithi 20
389327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Sravana Nakshatra Indra Yoga Kaulava/Taitila Karana Panchami Yam Titau			Manama, Bahrain Sun 3 Sutra 57 Nandana 5114	
Gulika	6:29AM – 8:12AM	Sravana Until 11:08PM	Ganesha: Purple	<i>Sunrise: 4:46AM</i>
Yama	3:04PM – 4:47PM	Indra Until 9:24PM	Muruga: Clear	<i>Sunset: 6:30PM</i>
Rahu	9:55AM – 11:38AM	Kaulava Until 2:04PM	Nataraja: Clear	Moon – Purple Sivaloka Day
		Panchami Until 1:09AM Sat	Jyeshtha*Vaikasi	

Saturday, June 9, 2012

3

Makara Rasi: 26.56 Tithi 21
389327261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Shasthi* Yam Titau			Manama, Bahrain Sun 4 Sutra 58 Nandana 5114	
Gulika	4:46AM – 6:29AM	Dhanishtha Until 11:59PM	Ganesha: Purple	<i>Sunrise: 4:46AM</i>
Yama	1:21PM – 3:04PM	Vaidhriti* Until 8:25PM	Muruga: Clear	<i>Sunset: 6:30PM</i>
Rahu	8:12AM – 9:55AM	Gara Until 1:29PM	Nataraja: Clear	Moon – Purple Sivaloka Day
		Shasthi* Until 1:29AM Sun	Jyeshtha*Vaikasi	

Sunday, June 10, 2012

4

Kumbha Rasi: 10.05 Tithi 22
389327261
Creative Work Siddha Yoga
Until 12:19AM Mon then no yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Satabhisha Nakshatra Vishkambha* Yoga Visti*/Bava Karana Saptami Yam Titau			Manama, Bahrain Sun 5 Sutra 59 Nandana 5114	
Gulika	3:04PM – 4:47PM	Satabhisha Until 12:19AM Mon	Ganesha: Purple	<i>Sunrise: 4:46AM</i>
Yama	11:38AM – 1:21PM	Vishkambha* Until 7:05PM	Muruga: Clear	<i>Sunset: 6:31PM</i>
Rahu	4:47PM – 6:31PM	Visti Until 1:05PM	Nataraja: Clear	Moon – Purple Sivaloka Day
		Saptami Until 1:05AM Mon	Jyeshtha*Vaikasi	

Monday, June 11, 2012



Retreat Star

Kumbha Rasi: 22.5 Tithi 23
Family Home Evening 319327261
No Yoga
Until 10.01PM then Marana Yoga
Until 2:59AM Tue then Amrita Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada* Nakshatra Priti Yoga Balava/Kaulava Karana Ashtami* Yam Titau			Manama, Bahrain Sun 6 Sutra 60 Nandana 5114	
Gulika	1:22PM – 3:05PM	Purvaprostapada* Until 2:59AM Tue	Ganesha: Blue	<i>Sunrise: 4:46AM</i>
Yama	9:55AM – 11:38AM	Priti Until 7:23PM	Muruga: Clear	<i>Sunset: 6:31PM</i>
Rahu	6:29AM – 8:12AM	Balava Until 2:10PM	Nataraja: Clear	Moon – Clear Sivaloka Day
		Ashtami* Until 3:15AM Tue	Jyeshtha*Vaikasi	

Tuesday, June 12, 2012

Retreat Star

Meena Rasi: 5.16 Tithi 24
319327261
Creative Work Amrita Yoga
Until 10.02PM then Siddha Yoga
Until 4:49AM Wed then Marana Yoga

Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprostapada Nakshatra Ayushman Yoga Taitila/Gara Karana Navami* Yam Titau			Manama, Bahrain Sun 7 Sutra 61 Nandana 5114	
Gulika	11:39AM – 1:22PM	Uttaraprostapada Until 4:49AM Wed	Ganesha: Blue	<i>Sunrise: 4:46AM</i>
Yama	8:12AM – 9:55AM	Ayushman Until 7:19PM	Muruga: Clear	<i>Sunset: 6:31PM</i>
Rahu	3:05PM – 4:48PM	Taitila Until 3:20PM	Nataraja: Clear	Moon – Clear Sivaloka Day
		Navami* Until 4:25AM Wed	Jyeshtha*Vaikasi	

Loose me from my sin as from a bond that binds me. May my life swell the stream of your river of Right. %ig Veda Sanihita 2.28.5. VE,514

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1 Wednesday, June 13, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Vanija/Visti* Karana Dasami Yam Titau			Manama, Bahrain Sun 8 Sutra 62 Nandana 5114
Meena Rasi: 17.25	Tithi 25	Gulika 9:56AM – 11:39AM Yama 6:29AM – 8:12AM Rahu 11:39AM – 1:22PM	Revati Until 7:15AM Thu Saubhagya Until 7:43PM Vanija Until 5:05PM Dasami Until 6:10AM Thu	Ganesha: Blue Muruga: Clear Nataraja: Clear Moon – Clear Jyeshtha•Vaikasi	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:32PM</i> Moon 5 - Phase 9 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 10.02PM then Siddha Yoga Until 7:15AM Thu then Amrita Yoga		319327261			
2 Thursday, June 14, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Revati/Asvini Nakshatra Sobhana Yoga Visti*/Bava Karana Dasami/Ekadas* Yam Titau			Manama, Bahrain Sun 9 Sutra 63 Nandana 5114
Meena Rasi: 29.22	Tithi 25 – 26	Gulika 8:12AM – 9:56AM Yama 4:46AM – 6:29AM Rahu 1:22PM – 3:05PM	Revati Until 7:15AM Sobhana Until 8:30PM Bava Until 7:15PM Dasami Until 6:10AM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Clear Jyeshtha•Ani	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:32PM</i> Moon 5 - Phase 9 2nd Phase Sivaloka Day
Creative Work Siddha Yoga Until 7:15AM then Amrita Yoga		311327261			
3 Friday, June 15, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Asvini/Bharani Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ekadas*/Dvadas* Yam Titau			Manama, Bahrain Sun 10 Sutra 64 Nandana 5114
Mesha Rasi: 11.13	Tithi 26 – 27	Gulika 6:29AM – 8:13AM Yama 3:06PM – 4:49PM Rahu 9:56AM – 11:39AM	Asvini Until 10:15AM Athiganda* Until 9:29PM Kaulava Until 9:41PM Ekadas* Until 8:36AM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Jyeshtha•Ani	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:32PM</i> Moon 5 - Phase 9 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 10:15AM then Siddha Yoga		321327261			
4 Saturday, June 16, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Sukarma Yoga Tautila/Gara Karana Dvadas*/Trayodasi* Yam Titau			Manama, Bahrain Sun 11 Sutra 65 Nandana 5114
Mesha Rasi: 22.59	Tithi 27 – 28	Gulika 4:46AM – 6:30AM Yama 1:23PM – 3:06PM Rahu 8:13AM – 9:56AM	Bharani Until 1:21PM Sukarma Until 10:35PM Gara Until 12:14AM Sun Dvadas* Until 11:09AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Jyeshtha•Ani	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:33PM</i> Moon 5 - Phase 9 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 1:21PM then Amrita Yoga Until 10.03PM then Siddha Yoga		321327261			
5 Sunday, June 17, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau			Manama, Bahrain Sun 12 Sutra 66 Nandana 5114
Vrishabha Rasi: 4.47	Tithi 28 – 29	Gulika 3:06PM – 4:50PM Yama 11:40AM – 1:23PM Rahu 4:50PM – 6:33PM	Krittika Until 4:26PM Dhriti Until 11:40PM Visti Until 2:47AM Mon Trayodasi* Until 1:41PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Jyeshtha•Ani	<i>Sunrise: 4:46AM</i> <i>Sunset: 6:33PM</i> Moon 5 - Phase 9 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 10.03PM then Amrita Yoga		321327261			
6 Monday, June 18, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shula* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Manama, Bahrain Sun 13 Sutra 67 Nandana 5114
Vrishabha Rasi: 16.38	Tithi 29 – 30	Gulika 1:23PM – 3:06PM Yama 9:56AM – 11:40AM Rahu 6:30AM – 8:13AM	Rohini Until 7:23PM Shula* Until 12:39AM Tue Catuspada Until 5:11AM Tue Chaturdasi* Until 4:06PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Yellow Jyeshtha•Ani	<i>Sunrise: 4:47AM</i> <i>Sunset: 6:33PM</i> Moon 5 - Phase 9 2nd Phase Devaloka Day
Family Home Evening Creative Work Amrita Yoga Until 10.03PM then Siddha Yoga		331327261			
 Tuesday, June 19, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Mrigasira Nakshatra Ganda* Yoga Naga* Karana Amavasya* Yam Titau			Manama, Bahrain Sun 14 Sutra 68 Nandana 5114
Retreat Star		Gulika 11:40AM – 1:23PM Yama 8:13AM – 9:57AM Rahu 3:07PM – 4:50PM	Mrigasira Until 10:08PM Ganda* Until 1:24AM Wed Naga Until 7:21AM Wed Amavasya* Until 6:15PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Yellow Jyeshtha•Ani	<i>Sunrise: 4:47AM</i> <i>Sunset: 6:33PM</i> Moon 5 - Phase 9 Amavasya Devaloka Day
Vrishabha Rasi: 28.36		Tithi 30 331327261			
Creative Work Siddha Yoga					
Wednesday, June 20, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Ardra Nakshatra Vriddhi Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Manama, Bahrain Sun 15 Sutra 69 Nandana 5114
Retreat Star		Gulika 9:57AM – 11:40AM Yama 6:30AM – 8:14AM Rahu 11:40AM – 1:24PM	Ardra Until 12:34AM Thu Vriddhi Until 1:53AM Thu Kintughna Until 6:59AM Prathama* Until 8:05PM	Ganesha: Orange Muruga: Clear Nataraja: Clear Moon – Yellow Ashada•Ani	<i>Sunrise: 4:47AM</i> <i>Sunset: 6:34PM</i> Moon 5 - Phase 9 Prathama Devaloka Day
Mithuna Rasi: 10.43		Tithi 1 331327261			
Creative Work Siddha Yoga Until 10.03PM then Marana Yoga Until 12:34AM Thu then Amrita Yoga					

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita AG 2.10–2.13. MA, 94

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1		Thursday, June 21, 2012		Nandana Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Dhruva Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Manama, Bahrain Sun 16 Sutra 70 Nandana 5114	
Mithuna Rasi: 23.01	Tithi 2	341327261	Gulika 8:14AM – 9:57AM Yama 4:47AM – 6:30AM Rahu 1:24PM – 3:07PM	Punarvasu Until 1:02AM Fri Dhruva Until 2:02AM Fri Balava Until 8:13AM Dvitiya Until 8:13PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Ashada*Ani	Sunrise: 4:47AM Sunset: 6:34PM	Moon 5 - Phase 10 3rd Phase
Creative Work Amrita Yoga Until 10.04PM then Siddha Yoga Until 1:02AM Fri then Marana Yoga					Devaloka Day		
2		Friday, June 22, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Vyaghata* Yoga Tailila/Gara Karana Tritiya Yam Titau		Manama, Bahrain Sun 17 Sutra 71 Nandana 5114	
Kataka Rasi: 5.31	Tithi 3	341327261	Gulika 6:31AM – 8:14AM Yama 3:07PM – 4:51PM Rahu 9:57AM – 11:41AM	Pushya Until 2:34AM Sat Vyaghata* Until 12:23AM Sat Tailila Until 9:07AM Tritiya Until 9:07PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Ashada*Ani	Sunrise: 4:47AM Sunset: 6:34PM	Moon 5 - Phase 10 3rd Phase
Routine Work Marana Yoga Until 10.04PM then Siddha Yoga Until 2:34AM Sat then Marana Yoga					Devaloka Day		
3		Saturday, June 23, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha* Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Manama, Bahrain Sun 18 Sutra 72 Nandana 5114	
Kataka Rasi: 18.15	Tithi 4	341327261	Gulika 4:48AM – 6:31AM Yama 1:24PM – 3:08PM Rahu 8:14AM – 9:58AM	Aslesha* Until 3:42AM Sun Harshana Until 11:48PM Vanija Until 9:35AM Chaturthi* Until 9:35PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Blue Ashada*Ani	Sunrise: 4:48AM Sunset: 6:34PM	Moon 5 - Phase 10 3rd Phase
Routine Work Marana Yoga Until 10.04PM then Siddha Yoga Until 3:42AM Sun then Marana Yoga					Devaloka Day		
4		Sunday, June 24, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchami Yam Titau		Manama, Bahrain Sun 19 Sutra 73 Nandana 5114	
Simha Rasi: 1.12	Tithi 5	352427261	Gulika 3:08PM – 4:51PM Yama 11:41AM – 1:24PM Rahu 4:51PM – 6:34PM	Magha* Until 4:24AM Mon Vajra* Until 10:50PM Bava Until 9:35AM Panchami Until 9:35PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Ashada*Ani	Sunrise: 4:48AM Sunset: 6:34PM	Moon 5 - Phase 10 3rd Phase
Routine Work Marana Yoga Until 10.04PM then Siddha Yoga					Sivaloka Day		
5		Monday, June 25, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Siddhi Yoga Kaulava/Tailila Karana Shasthi* Yam Titau		Manama, Bahrain Sun 20 Sutra 74 Nandana 5114	
Simha Rasi: 14.23	Tithi 6	352427261	Gulika 1:25PM – 3:08PM Yama 9:58AM – 11:41AM Rahu 6:31AM – 8:15AM	Purvaphalguni* Until 4:40AM Tue Siddhi Until 9:26PM Kaulava Until 9:07AM Shasthi* Until 9:07PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Ashada*Ani	Sunrise: 4:48AM Sunset: 6:34PM	Moon 5 - Phase 10 3rd Phase
Family Home Evening Creative Work Siddha Yoga Until 4:40AM Tue then Amrita Yoga					Sivaloka Day		
6		Tuesday, June 26, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptami Yam Titau		Manama, Bahrain Sun 21 Sutra 75 Nandana 5114	
Simha Rasi: 27.5	Tithi 7	352427261	Gulika 11:42AM – 1:25PM Yama 8:15AM – 9:58AM Rahu 3:08PM – 4:51PM	Uttaraphalguni Until 2:51AM Wed Vyatipata* Until 6:42PM Gara Until 7:58AM Saptami Until 7:02PM	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Red Ashada*Ani	Sunrise: 4:48AM Sunset: 6:35PM	Moon 5 - Phase 10 3rd Phase
Creative Work Amrita Yoga Until 2:51AM Wed then Siddha Yoga			Chidambaram Abhishekam		Sivaloka Day		
Retreat Star		Wednesday, June 27, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Variyan/Parigha* Yoga Visti*/Balava Karana Ashtami*/Navami* Yam Titau		Manama, Bahrain Sun 22 Sutra 76 Nandana 5114	
Kanya Rasi: 11.33	Tithi 8 – 9	362427261	Gulika 9:58AM – 11:42AM Yama 6:32AM – 8:15AM Rahu 11:42AM – 1:25PM	Hasta Until 2:12AM Thu Variyan Until 4:33PM Visti Until 6:33AM Ashtami* Until 5:38PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Green Ashada*Ani	Sunrise: 4:49AM Sunset: 6:35PM	Moon 5 - Phase 10 Ashtami
Creative Work Siddha Yoga Until 10.05PM then no yoga Until 2:12AM Thu then Siddha Yoga					Devaloka Day		
Retreat Star		Thursday, June 28, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Kaulava/Tailila Karana Navami*/Dasami Yam Titau		Manama, Bahrain Sun 23 Sutra 77 Nandana 5114	
Kanya Rasi: 25.33	Tithi 9 – 10	362427261	Gulika 8:15AM – 9:59AM Yama 4:49AM – 6:32AM Rahu 1:25PM – 3:08PM	Chitra Until 1:04AM Fri Parigha* Until 1:58PM Tailila Until 2:47AM Fri Navami* Until 3:42PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Green Ashada*Ani	Sunrise: 4:49AM Sunset: 6:35PM	Moon 5 - Phase 10 Navami
Creative Work Siddha Yoga					Devaloka Day		

Behold the universe in the glory of God: and all that lives and moves on earth. Leaving the transient, find joy in the Eternal. Set not your heart on another's possession. Shukla Yajur Veda, Isau 1. UpM, 49

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1 Friday, June 29, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau			Manama, Bahrain Sun 24 Sutra 78 Nandana 5114	
Tula Rasi: 9.49	Tithi 10 – 11	362427261	Gulika 6:33AM – 8:16AM Yama 3:08PM – 4:52PM Rahu 9:59AM – 11:42AM	Svati Until 10:18PM Shiva Until 10:57AM Vanija Until 11:03PM Dasami Until 12:45PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – Green Ashada•Ani	Sunrise: 4:49AM Sunset: 6:35PM Moon 5 - Phase 11 4th Phase Devaloka Day	
Creative Work Siddha Yoga							
2 Saturday, June 30, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Visakha Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau			Manama, Bahrain Sun 25 Sutra 79 Nandana 5114	
Tula Rasi: 24.19	Tithi 11 – 12	372427261	Gulika 4:50AM – 6:33AM Yama 1:25PM – 3:09PM Rahu 8:16AM – 9:59AM	Visakha Until 8:25PM Siddha Until 7:27AM Bava Until 8:23PM Ekadasi Until 10:06AM	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Orange Ashada•Ani	Sunrise: 4:50AM Sunset: 6:35PM Moon 5 - Phase 11 4th Phase Sivaloka Day	
Creative Work Siddha Yoga Until 10.05PM then Marana Yoga							
3 Sunday, July 1, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Subha Yoga Balava/Taitila Karana Dvadasi/Trayodasi Yam Titau			Manama, Bahrain Sun 26 Sutra 80 Nandana 5114	
Vrischika Rasi: 9.01	Tithi 12 – 13	372427261	Gulika 3:09PM – 4:52PM Yama 11:42AM – 1:26PM Rahu 4:52PM – 6:35PM	Anuradha Until 6:15PM Subha Until 11:59PM Taitila Until 3:41AM Mon Dvadasi Until 7:07AM Pradosha Vrata	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Orange Ashada•Ani	Sunrise: 4:50AM Sunset: 6:35PM Moon 5 - Phase 11 4th Phase Sivaloka Day	
Routine Work Marana Yoga Until 10.06PM then Siddha Yoga							
4 Monday, July 2, 2012			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukla Yoga Gara/Vanija Karana Chaturdasi* Yam Titau			Manama, Bahrain Sun 27 Sutra 81 Nandana 5114	
Vrischika Rasi: 23.47	Tithi 14	372427261	Gulika 1:26PM – 3:09PM Yama 10:00AM – 11:43AM Rahu 6:34AM – 8:17AM	Jyeshtha* Until 3:56PM Sukla Until 8:24PM Gara Until 2:17PM Chaturdasi* Until 12:34AM Tue	Ganesha: White Muruga: Clear Nataraja: Clear Moon – Orange Ashada•Ani	Sunrise: 4:50AM Sunset: 6:35PM Moon 5 - Phase 11 4th Phase Sivaloka Day	
Family Home Evening Creative Work Siddha Yoga Until 10.06PM then Amrita Yoga							
Tuesday, July 3, 2012 Copper Retreat Star			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Purnima* Yam Titau			Manama, Bahrain Sutra 82 Nandana 5114	
Dhanus Rasi: 8.32	Tithi 15	382427261	Gulika 11:43AM – 1:26PM Yama 8:17AM – 10:00AM Rahu 3:09PM – 4:52PM Satguru Purnima	Mula* Until 1:40PM Brahma Until 4:50PM Visti Until 11:12AM Purnima* Until 9:29PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Light Blue Ashada•Ani	Sunrise: 4:51AM Sunset: 6:35PM Moon 5 - Phase 11 Purnima Devaloka Day	
Creative Work Amrita Yoga Until 1:40PM then Siddha Yoga Until 10.06PM then Amrita Yoga							
Wednesday, July 4, 2012 Silver Retreat Star			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Prathama* Yam Titau			Manama, Bahrain Sutra 83 Nandana 5114	
Dhanus Rasi: 23.09	Tithi 16	382427261	Gulika 10:00AM – 11:43AM Yama 6:34AM – 8:17AM Rahu 11:43AM – 1:26PM	Purvashadha* Until 12:02PM Indra Until 1:59PM Balava Until 8:32AM Prathama* Until 7:37PM	Ganesha: Yellow Muruga: Clear Nataraja: Clear Moon – Light Blue Ashada•Ani	Sunrise: 4:51AM Sunset: 6:35PM Moon 5 - Phase 11 Prathama Devaloka Day	
Creative Work Amrita Yoga Until 10.06PM then Siddha Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. *Krishna Yajur Veda, Maitu 3.2. UpH, 418*

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Thursday, July 5, 2012

Gold Retreat Star

Makara Rasi: 7.3 Tithi 17 – 18
382427261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha/Sravana Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 8:17AM – 10:00AM
Yama 4:52AM – 6:35AM
Rahu 1:26PM – 3:09PM

Uttarashadha Until 10:17AM
Vaidhriti* Until 10:50AM
Vanija Until 4:06AM Fri
Dvitiya Until 5:02PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Light Blue
Ashada*Ani

Manama, Bahrain
Sun 1 Sutra 84
Nandana 5114
Moon 6 - Phase 12
1st Phase
Devaloka Day

1

Friday, July 6, 2012

Makara Rasi: 21.31 Tithi 18 – 19
492427261
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Sravana/Dhanishtha Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 6:35AM – 8:18AM
Yama 3:09PM – 4:52PM
Rahu 10:01AM – 11:43AM

Sravana Until 9:07AM
Vishkambha* Until 8:13AM
Bava Until 2:09AM Sat
Tritiya Until 3:05PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada*Ani

Manama, Bahrain
Sun 2 Sutra 85
Nandana 5114
Moon 6 - Phase 12
1st Phase
Devaloka Day

2

Saturday, July 7, 2012

Kumbha Rasi: 5.07 Tithi 19 – 20
492427261
Creative Work Siddha Yoga
Until 8:51AM then Amrita Yoga
Until 10:07PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam
Dhanishtha/Satabhisha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 4:52AM – 6:35AM
Yama 1:26PM – 3:09PM
Rahu 8:18AM – 10:01AM

Dhanishtha Until 8:51AM
Priti Until 6:16AM
Kaulava Until 2:31AM Sun
Chaturthi* Until 2:31PM

Ganesha: Yellow
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada*Ani

Manama, Bahrain
Sun 3 Sutra 86
Nandana 5114
Moon 6 - Phase 12
1st Phase
Devaloka Day

3

Sunday, July 8, 2012

Kumbha Rasi: 18.19 Tithi 20 – 21
493427261
Creative Work Siddha Yoga
Until 10:07PM then no yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Satabhisha/Purvaprostapada* Nakshatra Saubhagya Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 3:09PM – 4:52PM
Yama 11:44AM – 1:26PM
Rahu 4:52PM – 6:34PM

Satabhisha Until 9:06AM
Saubhagya Until 3:44AM Mon
Gara Until 2:02AM Mon
Panchami Until 2:02PM

Ganesha: Blue
Muruga: Clear
Nataraja: Clear
Moon – Purple
Ashada*Ani

Manama, Bahrain
Sun 4 Sutra 87
Nandana 5114
Moon 6 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Monday, July 9, 2012

Meena Rasi: 1.07 Tithi 21 – 22
Family Home Evening 413427261
No Yoga
Until 10:26AM then Siddha Yoga
Until 10:07PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaprostapada*/Uttaraprostapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 1:26PM – 3:09PM
Yama 10:01AM – 11:44AM
Rahu 6:36AM – 8:19AM

Purvaprostapada* Until 10:26AM
Sobhana Until 4:38AM Tue
Visti Until 4:12AM Tue
Shasthi* Until 3:07PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada*Ani

Manama, Bahrain
Sun 5 Sutra 88
Nandana 5114
Moon 6 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Tuesday, July 10, 2012

Meena Rasi: 13.34 Tithi 22 – 23
413427261
Creative Work Amrita Yoga
Until 12:13PM then Siddha Yoga
Until 10:07PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraprostapada*/Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 11:44AM – 1:26PM
Yama 8:19AM – 10:01AM
Rahu 3:09PM – 4:52PM

Uttaraprostapada Until 12:13PM
Athiganda* Until 4:31AM Wed
Balava Until 5:19AM Wed
Saptami Until 4:13PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada*Ani

Manama, Bahrain
Sun 6 Sutra 89
Nandana 5114
Moon 6 - Phase 12
1st Phase
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

D

Wednesday, July 11, 2012

Retreat Star

Meena Rasi: 25.44 Tithi 23 – 24
413427261
Routine Work Marana Yoga
Until 10:07PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Revati/Asvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau

Gulika 10:02AM – 11:44AM
Yama 6:37AM – 8:19AM
Rahu 11:44AM – 1:27PM

Revati Until 2:33PM
Sukarma Until 4:55AM Thu
Taitila Until 7:02AM Thu
Ashtami* Until 5:56PM

Ganesha: White
Muruga: Clear
Nataraja: Clear
Moon – Clear
Ashada*Ani

Manama, Bahrain
Sun 7 Sutra 90
Nandana 5114
Moon 6 - Phase 12
Ashtami
Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Thursday, July 12, 2012

Retreat Star

Mesha Rasi: 7.41 Tithi 24
423427261
Creative Work Amrita Yoga
Until 5:18PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Asvini/Bharani Nakshatra Dhriti Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 8:19AM – 10:02AM
Yama 4:55AM – 6:37AM
Rahu 1:27PM – 3:09PM

Asvini Until 5:18PM
Dhriti Until 6:04AM Fri
Taitila Until 7:01AM
Navami* Until 8:07PM

Ganesha: Clear
Muruga: Clear
Nataraja: Clear
Moon – White
Ashada*Ani

Manama, Bahrain
Sun 8 Sutra 91
Nandana 5114
Moon 6 - Phase 12
Navami
Devaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation. *Krishna Yajur Veda, Maitu 6.34. UpM, 104*

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1 Friday, July 13, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dasami Yam Titau		Manama, Bahrain Sun 9 Sutra 92 Nandana 5114	
Mesha Rasi: 19.31	Tithi 25	Gulika 6:37AM – 8:20AM Yama 3:09PM – 4:51PM Rahu 10:02AM – 11:44AM	Bharani Until 8:17PM Dhriti Until 6:04AM Vanija Until 9:27AM Dasami Until 10:33PM	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Ashada*Ani	Sunrise: 4:55AM Sunset: 6:33PM Moon 6 - Phase 13 2nd Phase Devaloka Day
Creative Work Siddha Yoga Until 10.08PM then Amrita Yoga					
2 Saturday, July 14, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Krittika Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadasi* Yam Titau		Manama, Bahrain Sun 10 Sutra 93 Nandana 5114	
Vrishabha Rasi: 1.19	Tithi 26	Gulika 4:56AM – 6:38AM Yama 1:27PM – 3:09PM Rahu 8:20AM – 10:02AM	Krittika Until 11:22PM Shula* Until 7:09AM Bava Until 11:59AM Ekadasi* Until 1:04AM Sun	Ganesha: Clear Muruga: Clear Nataraja: Clear Moon – White Ashada*Ani	Sunrise: 4:56AM Sunset: 6:33PM Moon 6 - Phase 13 2nd Phase Devaloka Day
Creative Work Amrita Yoga Until 10.08PM then Siddha Yoga					
3 Sunday, July 15, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhhi Yoga Kaulava/Taila Karana Dvadasi* Yam Titau		Manama, Bahrain Sun 11 Sutra 94 Nandana 5114	
Vrishabha Rasi: 13.09	Tithi 27	Gulika 3:09PM – 4:51PM Yama 11:44AM – 1:27PM Rahu 4:51PM – 6:33PM	Rohini Until 2:21AM Mon Ganda* Until 8:09AM Kaulava Until 2:25PM Dvadasi* Until 3:31AM Mon	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Ashada*Ani	Sunrise: 4:56AM Sunset: 6:33PM Moon 6 - Phase 13 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 10.08PM then Amrita Yoga					
4 Monday, July 16, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigasira Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Manama, Bahrain Sun 12 Sutra 95 Nandana 5114	
Vrishabha Rasi: 25.06	Tithi 28	Gulika 1:27PM – 3:09PM Yama 10:03AM – 11:45AM Rahu 6:39AM – 8:21AM	Mrigasira Until 5:08AM Tue Vridhhi Until 8:58AM Gara Until 4:38PM Trayodasi* Until 5:43AM Tue <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruga: Clear Nataraja: Clear Moon – Yellow Ashada*Adi	Sunrise: 4:57AM Sunset: 6:33PM Moon 6 - Phase 13 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Family Home Evening Creative Work Amrita Yoga Until 10.08PM then Siddha Yoga Until 5:08AM Tue then Marana Yoga					
5 Tuesday, July 17, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Visti* Karana Chaturdasi* Yam Titau		Manama, Bahrain Sun 13 Sutra 96 Nandana 5114	
Mithuna Rasi: 7.13	Tithi 29	Gulika 11:45AM – 1:27PM Yama 8:21AM – 10:03AM Rahu 3:08PM – 4:50PM	Ardra Until 6:52AM Wed Dhruva Until 9:27AM Visti Until 6:28PM Chaturdasi* Until 6:41AM Wed	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Yellow Ashada*Adi	Sunrise: 4:57AM Sunset: 6:32PM Moon 6 - Phase 13 2nd Phase Devaloka Day
Routine Work Marana Yoga Until 10.08PM then Siddha Yoga					
Wednesday, July 18, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Manama, Bahrain Sun 14 Sutra 97 Nandana 5114	
Retreat Star		Gulika 10:03AM – 11:45AM Yama 6:39AM – 8:21AM Rahu 11:45AM – 1:27PM	Ardra Until 6:52AM Vyaghata* Until 9:18AM Catuspada Until 6:41PM Chaturdasi* Until 6:41AM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Yellow Ashada*Adi	Sunrise: 4:58AM Sunset: 6:32PM Moon 6 - Phase 13 Amavasya Devaloka Day
Mithuna Rasi: 19.32					
Tithi 29 – 30					
Creative Work Siddha Yoga Until 10.08PM then Amrita Yoga					
Thursday, July 19, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Manama, Bahrain Sun 15 Sutra 98 Nandana 5114	
Retreat Star		Gulika 8:21AM – 10:03AM Yama 4:58AM – 6:40AM Rahu 1:26PM – 3:08PM	Punarvasu Until 8:16AM Harshana Until 8:58AM Kintughna Until 7:27PM Amavasya* Until 7:27AM	Ganesha: Light Blue Muruga: Clear Nataraja: Purple Moon – Blue Sraavana*Adi	Sunrise: 4:58AM Sunset: 6:32PM Moon 6 - Phase 13 Prathama Devaloka Day
Kataka Rasi: 2.06					
Tithi 30 – 1					
Creative Work Amrita Yoga Until 10.08PM then Marana Yoga					

Borne along and defiled by the stream of qualities,unsteady,wavering,bewildered,full of desire,distracted,one goes on into the state of self-conceit. In thinking,‘This is I’ and ‘That is mine’ one binds himself with himself,as does a bird with a snare. Krishna Yajur Veda,Maitu 3.2. UpH,418

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1 Friday, July 20, 2012 Kataka Rasi: 14.56 Tithi 1 – 2 Routine Work Marana Yoga 443527262			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Aslesha* Nakshatra Vajra*Siddhi Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau Gulika 6:40AM – 8:22AM Pushya Until 9:12AM Yama 3:08PM – 4:50PM Vajra* Until 8:12AM Rahu 10:03AM – 11:45AM Balava Until 7:42PM Prathama* Until 7:42AM Ganesha: Orange <i>Sunrise:</i> 4:58AM Muruga: Clear <i>Sunset:</i> 6:31PM Nataraja: Purple Moon – Blue Sravana*Adi Sivaloka Day			Manama, Bahrain Sun 16 Sutra 99 Nandana 5114 Moon 6 - Phase 14 3rd Phase
2 Saturday, July 21, 2012 Kataka Rasi: 28 Tithi 2 – 3 Routine Work Marana Yoga Until 9:41AM then Amrita Yoga Until 10.08PM then Marana Yoga 443527262			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau Gulika 4:59AM – 6:40AM Aslesha* Until 9:41AM Yama 1:26PM – 3:08PM Siddhi Until 7:01AM Rahu 8:22AM – 10:03AM Taitila Until 7:28PM Dvitiya Until 7:28AM Ganesha: Orange <i>Sunrise:</i> 4:59AM Muruga: Clear <i>Sunset:</i> 6:31PM Nataraja: Purple Moon – Blue Sravana*Adi Sivaloka Day			Manama, Bahrain Sun 17 Sutra 100 Nandana 5114 Moon 6 - Phase 14 3rd Phase
3 Sunday, July 22, 2012 Simha Rasi: 11.18 Tithi 3 – 4 Routine Work Marana Yoga Until 9:45AM then Siddha Yoga 454527262			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau Gulika 3:08PM – 4:49PM Magha* Until 9:45AM Yama 11:45AM – 1:26PM Variyan Until 4:18AM Mon Rahu 4:49PM – 6:30PM Vanija Until 4:53AM Mon Tritiya Until 6:43AM Ganesha: Purple <i>Sunrise:</i> 4:59AM Muruga: Clear <i>Sunset:</i> 6:30PM Nataraja: Purple Moon – Red Sravana*Adi Devaloka Day			Manama, Bahrain Sun 18 Sutra 101 Nandana 5114 Moon 6 - Phase 14 3rd Phase
4 Monday, July 23, 2012 Simha Rasi: 24.48 Tithi 5 Family Home Evening Creative Work Siddha Yoga Until 9:12AM then Marana Yoga Until 10.08PM then Amrita Yoga 454527262			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Parigha* Yoga Bava/Balava Karana Panchami Yam Titau Gulika 1:26PM – 3:07PM Purvaphalguni* Until 9:12AM Yama 10:04AM – 11:45AM Parigha* Until 1:01AM Tue Rahu 6:41AM – 8:22AM Bava Until 4:48PM Panchami Until 3:53AM Tue Ganesha: Purple <i>Sunrise:</i> 5:00AM Muruga: Clear <i>Sunset:</i> 6:30PM Nataraja: Purple Moon – Red Sravana*Adi Devaloka Day			Manama, Bahrain Sun 19 Sutra 102 Nandana 5114 Moon 6 - Phase 14 3rd Phase
5 Tuesday, July 24, 2012 Kanya Rasi: 8.28 Tithi 6 Creative Work Amrita Yoga Until 8:38AM then Siddha Yoga 454527262			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni*/Hasta Nakshatra Shiva Yoga Kaulava/Taitila Karana Shasthi* Yam Titau Gulika 11:45AM – 1:26PM Uttaraphalguni Until 8:38AM Yama 8:23AM – 10:04AM Shiva Until 10:57PM Rahu 3:07PM – 4:48PM Kaulava Until 3:29PM Shasthi* Until 2:34AM Wed Ganesha: Purple <i>Sunrise:</i> 5:00AM Muruga: Clear <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Red Sravana*Adi Devaloka Day			Manama, Bahrain Sun 20 Sutra 103 Nandana 5114 Moon 6 - Phase 14 3rd Phase
6 Wednesday, July 25, 2012 Kanya Rasi: 22.17 Tithi 7 Creative Work Siddha Yoga 464527262			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptami Yam Titau Gulika 10:04AM – 11:45AM Hasta Until 7:47AM Yama 6:42AM – 8:23AM Siddha Until 8:39PM Rahu 11:45AM – 1:26PM Gara Until 1:53PM Saptami Until 12:57AM Thu Ganesha: Clear <i>Sunrise:</i> 5:01AM Muruga: Clear <i>Sunset:</i> 6:29PM Nataraja: Purple Moon – Green Sravana*Adi Sivaloka Day			Manama, Bahrain Sun 21 Sutra 104 Nandana 5114 Moon 6 - Phase 14 3rd Phase
 Thursday, July 26, 2012 Retreat Star Tula Rasi: 6.16 Tithi 8 Creative Work Siddha Yoga Until 6:42AM then Amrita Yoga Until 10.08PM then Siddha Yoga 464527262			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtami* Yam Titau Gulika 8:23AM – 10:04AM Chitra Until 6:42AM Yama 5:01AM – 6:42AM Sadhya Until 6:06PM Rahu 1:26PM – 3:07PM Visti Until 12:01PM Ashtami* Until 11:05PM Ganesha: Clear <i>Sunrise:</i> 5:01AM Muruga: Clear <i>Sunset:</i> 6:28PM Nataraja: Purple Moon – Green Sravana*Adi Sivaloka Day			Manama, Bahrain Sun 22 Sutra 105 Nandana 5114 Moon 6 - Phase 14 Ashtami
Friday, July 27, 2012 Retreat Star Tula Rasi: 20.22 Tithi 9 Routine Work Marana Yoga Until 10.08PM then Siddha Yoga 474527262			Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navami* Yam Titau Gulika 6:43AM – 8:23AM Visakha Until 4:15AM Sat Yama 3:06PM – 4:47PM Subha Until 3:21PM Rahu 10:04AM – 11:45AM Balava Until 9:54AM Navami* Until 8:58PM Ganesha: White <i>Sunrise:</i> 5:02AM Muruga: Clear <i>Sunset:</i> 6:28PM Nataraja: Purple Moon – Orange Sravana*Adi Devaloka Day			Manama, Bahrain Sun 23 Sutra 106 Nandana 5114 Moon 6 - Phase 14 Navami

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda, Kathau 5.11. bo UpH, 357

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1	Saturday, July 28, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dasami Yam Titau				Manama, Bahrain
	Vrischika Rasi: 4.35	Tithi 10				Sun 24	Sutra 107
			474527262				Nandana 5114
	Creative Work	Siddha Yoga					Moon 6 - Phase 15
	Until 10.08PM then Marana Yoga						4th Phase
			Gulika	5:02AM – 6:43AM	Anuradha Until 2:43AM Sun	Ganesha: White	<i>Sunrise: 5:02AM</i>
			Yama	1:26PM – 3:06PM	Sukla Until 12:23PM	Muruqa: Clear	<i>Sunset: 6:27PM</i>
			Rahu	8:24AM – 10:04AM	Taitila Until 7:33AM	Nataraja: Purple	
					Dasami Until 6:38PM	Moon – Orange	Devaloka Day
						Sravana•Adi	
2	Sunday, July 29, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Brahma/Indra Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Manama, Bahrain
	Vrischika Rasi: 18.55	Tithi 11 – 12				Sun 25	Sutra 108
			474527262				Nandana 5114
	Routine Work	Marana Yoga					Moon 6 - Phase 15
	Until 10.08PM then Siddha Yoga						4th Phase
			Gulika	3:06PM – 4:46PM	Jyeshtha* Until 1:01AM Mon	Ganesha: White	<i>Sunrise: 5:03AM</i>
			Yama	11:45AM – 1:25PM	Brahma Until 9:16AM	Muruqa: Clear	<i>Sunset: 6:27PM</i>
			Rahu	4:46PM – 6:27PM	Bava Until 3:11AM Mon	Nataraja: Purple	
					Ekadasi Until 4:06PM	Moon – Orange	Devaloka Day
						Sravana•Adi	
3	Monday, July 30, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Manama, Bahrain
	Dhanus Rasi: 3.17	Tithi 12 – 13				Sun 26	Sutra 109
	Family Home Evening		484527262				Nandana 5114
	Creative Work	Siddha Yoga					Moon 6 - Phase 15
	Until 10.08PM then Amrita Yoga						4th Phase
	Until 11:14PM then Siddha Yoga						
			Gulika	1:25PM – 3:06PM	Mula* Until 11:14PM	Ganesha: Yellow	<i>Sunrise: 5:04AM</i>
			Yama	10:05AM – 11:45AM	Indra Until 6:05AM	Muruqa: Clear	<i>Sunset: 6:26PM</i>
			Rahu	6:44AM – 8:24AM	Kaulava Until 12:34AM Tue	Nataraja: Purple	
					Dvadasi Until 1:29PM	Moon – Light Blue	Sivaloka Day
					<i>Pradosha Vrata</i>	Sravana•Adi	
4	Tuesday, July 31, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Manama, Bahrain
	Dhanus Rasi: 17.38	Tithi 13 – 14				Sun 27	Sutra 110
			484527262				Nandana 5114
	Creative Work	Siddha Yoga					Moon 6 - Phase 15
	Until 9:28PM then Prabalarishta Yoga						4th Phase
	Until 10.08PM then Amrita Yoga						
			Gulika	11:45AM – 1:25PM	Purvashadha* Until 9:28PM	Ganesha: Yellow	<i>Sunrise: 5:04AM</i>
			Yama	8:24AM – 10:05AM	Vishkambha* Until 12:15AM Wed	Muruqa: Clear	<i>Sunset: 6:26PM</i>
			Rahu	3:05PM – 4:45PM	Gara Until 9:58PM	Nataraja: Purple	
					Trayodasi Until 10:54AM	Moon – Light Blue	Sivaloka Day
						Sravana•Adi	
O	Wednesday, August 1, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Manama, Bahrain
	Copper Retreat Star						Sutra 111
	Makara Rasi: 1.54	Tithi 14 – 15					Nandana 5114
	Creative Work	Amrita Yoga					Moon 6 - Phase 15
	Until 7:53PM then Siddha Yoga						Purnima
			Gulika	10:05AM – 11:45AM	Uttarashadha Until 7:53PM	Ganesha: Yellow	<i>Sunrise: 5:05AM</i>
			Yama	6:45AM – 8:25AM	Priti Until 9:14PM	Muruqa: Clear	<i>Sunset: 6:25PM</i>
			Rahu	11:45AM – 1:25PM	Visti Until 7:34PM	Nataraja: Purple	
					Chaturdasi* Until 8:29AM	Moon – Light Blue	Sivaloka Day
			Raksha Bandhan			Sravana•Adi	
	Thursday, August 2, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Sravana Nakshatra Ayushman Yoga Bava/Kaulava Karana Purnima*/Prathama* Yam Titau				Manama, Bahrain
	Silver Retreat Star						Sutra 112
	Makara Rasi: 15.58	Tithi 15 – 16					Nandana 5114
	Creative Work	Siddha Yoga					Moon 6 - Phase 15
	Until 10.08PM then Siddha Yoga						Prathama
			Gulika	8:25AM – 10:05AM	Sravana Until 6:37PM	Ganesha: Blue	<i>Sunrise: 5:05AM</i>
			Yama	5:05AM – 6:45AM	Ayushman Until 6:31PM	Muruqa: Clear	<i>Sunset: 6:24PM</i>
			Rahu	1:25PM – 3:04PM	Kaulava Until 4:35AM Fri	Nataraja: Purple	
					Purnima* Until 6:26AM	Moon – Purple	Devaloka Day
						Sravana•Adi	

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Kṛishṇa Yajur Veda, Svetu 3.2. VE, 621

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Friday, August 3, 2012 Gold Retreat Star

Makara Rasi: 29.47 Tithi 17
495527262
Creative Work Siddha Yoga
Until 10.08PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 6:45AM – 8:25AM
Yama 3:04PM – 4:44PM
Rahu 10:05AM – 11:45AM
Dhanishtha Until 6:43PM
Saubhagya Until 4:57PM
Taitila Until 3:56PM
Dvitiya Until 3:01AM Sat

Ganesha: Blue *Sunrise: 5:05AM*
Muruga: Clear *Sunset: 6:24PM*
Nataraja: Purple
Moon – Purple
Srivana*Adi

Devaloka Day

Manama, Bahrain
Sutra 113
Nandana 5114
Moon 7 - Phase 16
1st Phase

1

Saturday, August 4, 2012

Kumbha Rasi: 13.16 Tithi 18
495527262
Creative Work Amrita Yoga
Until 6:27PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Satabhisha Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 5:06AM – 6:46AM
Yama 1:24PM – 3:04PM
Rahu 8:25AM – 10:05AM
Satabhisha Until 6:27PM
Sobhana Until 3:04PM
Vanija Until 3:44PM
Tritiya Until 3:44AM Sun

Ganesha: Blue *Sunrise: 5:06AM*
Muruga: Clear *Sunset: 6:23PM*
Nataraja: Purple
Moon – Purple
Srivana*Adi

Devaloka Day

Manama, Bahrain
Sun 1 Sutra 114
Nandana 5114
Moon 7 - Phase 16
1st Phase

2

Sunday, August 5, 2012

Kumbha Rasi: 26.22 Tithi 19
415527262
Creative Work Siddha Yoga
Until 6:51PM then Amrita Yoga
Until 10.08PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaprostapada* Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 3:03PM – 4:43PM
Yama 11:44AM – 1:24PM
Rahu 4:43PM – 6:22PM
Purvaprostapada* Until 6:51PM
Athiganda* Until 1:48PM
Bava Until 3:24PM
Chaturthi* Until 3:24AM Mon

Ganesha: Green *Sunrise: 5:06AM*
Muruga: Clear *Sunset: 6:22PM*
Nataraja: Purple
Moon – Clear
Srivana*Adi

Devaloka Day

Manama, Bahrain
Sun 2 Sutra 115
Nandana 5114
Moon 7 - Phase 16
1st Phase

3

Monday, August 6, 2012

Meena Rasi: 9.08 Tithi 20
Family Home Evening
415527262
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraprostapada Nakshatra Sukarma/Dhriti Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 1:24PM – 3:03PM
Yama 10:05AM – 11:44AM
Rahu 6:46AM – 8:26AM
Uttaraprostapada Until 9:04PM
Sukarma Until 1:42PM
Kaulava Until 4:42PM
Panchami Until 5:48AM Tue

Ganesha: Green *Sunrise: 5:07AM*
Muruga: Clear *Sunset: 6:21PM*
Nataraja: Purple
Moon – Clear
Srivana*Adi

Devaloka Day

Manama, Bahrain
Sun 3 Sutra 116
Nandana 5114
Moon 7 - Phase 16
1st Phase

4

Tuesday, August 7, 2012

Meena Rasi: 21.34 Tithi 21
415527262
Creative Work Siddha Yoga
Until 10.07PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 11:44AM – 1:23PM
Yama 8:26AM – 10:05AM
Rahu 3:02PM – 4:42PM
Revati Until 10:53PM
Dhriti Until 1:36PM
Gara Until 5:51PM
Shasthi* Until 6:31AM Wed

Ganesha: Green *Sunrise: 5:07AM*
Muruga: Clear *Sunset: 6:21PM*
Nataraja: Purple
Moon – Clear
Srivana*Adi

Devaloka Day

Manama, Bahrain
Sun 4 Sutra 117
Nandana 5114
Moon 7 - Phase 16
1st Phase

5

Wednesday, August 8, 2012

Mesha Rasi: 3.43 Tithi 21 – 22
425527262
Routine Work Marana Yoga
Until 10.07PM then Amrita Yoga
Until 1:14AM Thu then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Asvini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 10:05AM – 11:44AM
Yama 6:47AM – 8:26AM
Rahu 11:44AM – 1:23PM
Asvini Until 1:14AM Thu
Shula* Until 2:00PM
Visti Until 7:37PM
Shasthi* Until 6:31AM

Ganesha: Orange *Sunrise: 5:08AM*
Muruga: Clear *Sunset: 6:20PM*
Nataraja: Purple
Moon – White
Srivana*Adi

Sivaloka Day

Manama, Bahrain
Sun 5 Sutra 118
Nandana 5114
Moon 7 - Phase 16
1st Phase



Thursday, August 9, 2012 Retreat Star

Mesha Rasi: 15.4 Tithi 22 – 23
425527262
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 8:26AM – 10:05AM
Yama 5:08AM – 6:47AM
Rahu 1:23PM – 3:02PM
Bharani Until 4:00AM Fri
Ganda* Until 2:47PM
Balava Until 9:48PM
Saptami Until 8:42AM

Ganesha: Orange *Sunrise: 5:08AM*
Muruga: Clear *Sunset: 6:19PM*
Nataraja: Purple
Moon – White
Srivana*Adi

Sivaloka Day

Krishna Janmashtami

Manama, Bahrain
Sun 6 Sutra 119
Nandana 5114
Moon 7 - Phase 16
Ashtami

Friday, August 10, 2012 Retreat Star

Mesha Rasi: 27.31 Tithi 23 – 24
425527262
Creative Work Siddha Yoga
Until 10.07PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 6:48AM – 8:26AM
Yama 3:01PM – 4:40PM
Rahu 10:05AM – 11:44AM
Krittika Until 7:22AM Sat
Vridhhi Until 3:46PM
Taitila Until 12:15AM Sat
Ashtami* Until 11:09AM

Ganesha: Orange *Sunrise: 5:09AM*
Muruga: Clear *Sunset: 6:18PM*
Nataraja: Purple
Moon – White
Srivana*Adi

Sivaloka Day

Manama, Bahrain
Sun 7 Sutra 120
Nandana 5114
Moon 7 - Phase 16
Navami

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. %oig Veda
Saritha 9.113.9. VE, 634

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1		Saturday, August 11, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritu Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Manama, Bahrain Sun 8 Sutra 121 Nandana 5114	
Wrishabha Rasi: 9.19	Tithi 24 – 25	435527262	Gulika 5:09AM – 6:48AM Yama 1:22PM – 3:01PM Rahu 8:26AM – 10:05AM	Krittika Until 7:22AM Dhruva Until 4:48PM Vanija Until 2:45AM Sun Navami* Until 1:39PM	Ganesha: Orange Muruga: Clear Nataraja: Purple Moon – White Srivana*Adi	Sunrise: 5:09AM Sunset: 6:18PM	Moon 7 - Phase 17 2nd Phase
Creative Work Amrita Yoga Until 10.07PM then Siddha Yoga						Sivaloka Day	
2		Sunday, August 12, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritu Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Rohini/Mrigasira Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dasami*/Ekadasi* Yam Titau		Manama, Bahrain Sun 9 Sutra 122 Nandana 5114	
Wrishabha Rasi: 21.11	Tithi 25 – 26	435527262	Gulika 3:00PM – 4:38PM Yama 11:43AM – 1:22PM Rahu 4:38PM – 6:17PM	Rohini Until 10:17AM Vyaghata* Until 5:44PM Bava Until 5:07AM Mon Dasami Until 4:02PM	Ganesha: Light Blue Muruga: Clear Nataraja: Purple Moon – Yellow Srivana*Adi	Sunrise: 5:10AM Sunset: 6:17PM	Moon 7 - Phase 17 2nd Phase
Creative Work Siddha Yoga Until 10.07PM then Amrita Yoga						Devaloka Day	
3		Monday, August 13, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritu Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Mrigasira/Ardra Nakshatra Harshana Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Manama, Bahrain Sun 10 Sutra 123 Nandana 5114	
Mithuna Rasi: 3.12	Tithi 26 – 27	436527262	Gulika 1:21PM – 3:00PM Yama 10:05AM – 11:43AM Rahu 6:49AM – 8:27AM	Mrigasira Until 12:56PM Harshana Until 6:24PM Kaulava Until 7:11AM Tue Ekadasi* Until 6:06PM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Yellow Srivana*Adi	Sunrise: 5:10AM Sunset: 6:16PM	Moon 7 - Phase 17 2nd Phase
Family Home Evening Creative Work Amrita Yoga Until 12:56PM then Siddha Yoga Until 10.06PM then Marana Yoga						Devaloka Day	
4		Tuesday, August 14, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritu Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Manama, Bahrain Sun 11 Sutra 124 Nandana 5114	
Mithuna Rasi: 15.26	Tithi 27	436627262	Gulika 11:43AM – 1:21PM Yama 8:27AM – 10:05AM Rahu 2:59PM – 4:37PM	Ardra Until 2:26PM Vajra* Until 6:40PM Kaulava Until 6:33AM Dvadasi* Until 6:33PM	Ganesha: Light Blue Muruga: Clear Nataraja: Purple Moon – Yellow Srivana*Adi	Sunrise: 5:11AM Sunset: 6:15PM	Moon 7 - Phase 17 2nd Phase
Routine Work Marana Yoga Until 2:26PM then Siddha Yoga						Devaloka Day	
5		Wednesday, August 15, 2012		Nandana Nama Samvatsare Dakshinaya Nartana Ritu Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Trayodasi* Yam Titau		Manama, Bahrain Sun 12 Sutra 125 Nandana 5114	
Mithuna Rasi: 27.56	Tithi 28	446627262	Gulika 10:05AM – 11:43AM Yama 6:49AM – 8:27AM Rahu 11:43AM – 1:21PM	Punarvasu Until 3:58PM Siddhi Until 5:32PM Gara Until 7:28AM Trayodasi* Until 7:28PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Blue Srivana*Adi	Sunrise: 5:11AM Sunset: 6:14PM	Moon 7 - Phase 17 2nd Phase
Creative Work Siddha Yoga Until 10.06PM then Amrita Yoga						Devaloka Day	
6		Thursday, August 16, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Guru Vasara Yuktayam Pushya/Aslesha* Nakshatra Vyatipata*/Variyan Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau		Manama, Bahrain Sun 13 Sutra 126 Nandana 5114	
Kataka Rasi: 10.45	Tithi 29	446627262	Gulika 8:27AM – 10:05AM Yama 5:12AM – 6:49AM Rahu 1:20PM – 2:58PM	Pushya Until 4:55PM Vyatipata* Until 4:47PM Visti Until 7:46AM Chaturdasi* Until 7:46PM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Blue Srivana*Avani	Sunrise: 5:12AM Sunset: 6:13PM	Moon 7 - Phase 17 2nd Phase
Creative Work Amrita Yoga Until 4:55PM then Siddha Yoga Until 10.06PM then Marana Yoga						Devaloka Day	
Retreat Star		Friday, August 17, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Aslesha*/Magha* Nakshatra Variyan/Parigha* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Manama, Bahrain Sun 14 Sutra 127 Nandana 5114	
Kataka Rasi: 23.53	Tithi 30	546627262	Gulika 6:50AM – 8:27AM Yama 2:57PM – 4:35PM Rahu 10:05AM – 11:42AM	Aslesha* Until 5:17PM Variyan Until 3:28PM Catuspada Until 7:25AM Amavasya* Until 7:25PM	Ganesha: Light Blue Muruga: Clear Nataraja: Purple Moon – Blue Srivana*Avani	Sunrise: 5:12AM Sunset: 6:12PM	Moon 7 - Phase 17 Amavasya
Routine Work Marana Yoga Until 10.06PM then Amrita Yoga						Devaloka Day	
Retreat Star		Saturday, August 18, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritu Simha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Parigha*/Shiva Yoga Kintughna*/Balava Karana Prathama*/Dvitiya Yam Titau		Manama, Bahrain Sun 15 Sutra 128 Nandana 5114	
Simha Rasi: 7.2	Tithi 1 – 2	556627262	Gulika 5:13AM – 6:50AM Yama 1:19PM – 2:57PM Rahu 8:27AM – 10:05AM	Magha* Until 4:18PM Parigha* Until 1:07PM Kintughna Until 6:25AM Prathama* Until 5:29PM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Red Bhadrapada Adhika*Avani	Sunrise: 5:13AM Sunset: 6:12PM	Moon 7 - Phase 17 Prathama
Creative Work Amrita Yoga Until 4:18PM then Marana Yoga Until 10.05PM then Siddha Yoga						Devaloka Day	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds.
Shukla Yajur Veda, Brihadu 1.5.16. UpH, 89

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1		Sunday, August 19, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Manama, Bahrain Sun 16 Sutra 129 Nandana 5114	
Simha Rasi: 21.02	Tithi 2 – 3	556627262	Gulika 2:56PM – 4:33PM Yama 11:42AM – 1:19PM Rahu 4:33PM – 6:11PM	Purvaphalguni* Until 3:39PM Shiva Until 10:59AM Taitila Until 3:12AM Mon Dvitiya Until 4:07PM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Red	<i>Sunrise: 5:13AM</i> <i>Sunset: 6:11PM</i>	Moon 7 - Phase 18 3rd Phase
Creative Work Siddha Yoga Until 3:39PM then Amrita Yoga Until 10.05PM then Marana Yoga					Devaloka Day Bhadrapada Adhika•Avani		
2		Monday, August 20, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau		Manama, Bahrain Sun 17 Sutra 130 Nandana 5114	
Kanya Rasi: 4.56	Tithi 3 – 4	557627262	Gulika 1:19PM – 2:56PM Yama 10:05AM – 11:42AM Rahu 6:51AM – 8:28AM	Uttaraphalguni Until 2:40PM Siddha Until 8:32AM Vanija Until 1:27AM Tue Tritiya Until 2:23PM	Ganesha: Light Blue Muruga: Clear Nataraja: Purple Moon – Red	<i>Sunrise: 5:14AM</i> <i>Sunset: 6:10PM</i>	Moon 7 - Phase 18 3rd Phase
Family Home Evening Routine Work Marana Yoga Until 2:40PM then Siddha Yoga					Devaloka Day Bhadrapada Adhika•Avani		
3		Tuesday, August 21, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau		Manama, Bahrain Sun 18 Sutra 131 Nandana 5114	
Kanya Rasi: 18.59	Tithi 4 – 5	567627262	Gulika 11:41AM – 1:18PM Yama 8:28AM – 10:05AM Rahu 2:55PM – 4:32PM	Hasta Until 1:28PM Subha Until 3:11AM Wed Bava Until 11:28PM Chaturthi* Until 12:23PM	Ganesha: Purple Muruga: Clear Nataraja: Purple Moon – Green	<i>Sunrise: 5:14AM</i> <i>Sunset: 6:09PM</i>	Moon 7 - Phase 18 3rd Phase
Creative Work Siddha Yoga					Devaloka Day Bhadrapada Adhika•Avani		
4		Wednesday, August 22, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau		Manama, Bahrain Sun 19 Sutra 132 Nandana 5114	
Tula Rasi: 3.06	Tithi 5 – 6	567637262	Gulika 10:04AM – 11:41AM Yama 6:51AM – 8:28AM Rahu 11:41AM – 1:18PM	Chitra Until 12:07PM Sukla Until 12:24AM Thu Kaulava Until 9:20PM Panchami Until 10:15AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise: 5:14AM</i> <i>Sunset: 6:08PM</i>	Moon 7 - Phase 18 3rd Phase
Creative Work Siddha Yoga Until 10.04PM then Amrita Yoga					Sivaloka Day Bhadrapada Adhika•Avani		
5		Thursday, August 23, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Svati/Visakha Nakshatra Brahma Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau		Manama, Bahrain Sun 20 Sutra 133 Nandana 5114	
Tula Rasi: 17.14	Tithi 6 – 7	567637262	Gulika 8:28AM – 10:04AM Yama 5:15AM – 6:51AM Rahu 1:17PM – 2:54PM	Svati Until 10:44AM Brahma Until 9:34PM Gara Until 7:10PM Shasthi* Until 8:05AM	Ganesha: Purple Muruga: Purple Nataraja: Purple Moon – Green	<i>Sunrise: 5:15AM</i> <i>Sunset: 6:07PM</i>	Moon 7 - Phase 18 3rd Phase
Creative Work Amrita Yoga Until 10:44AM then Siddha Yoga Until 10.04PM then Marana Yoga					Sivaloka Day Bhadrapada Adhika•Avani		
Retreat Star		Friday, August 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Visakha/Anuradha Nakshatra Indra Yoga Visti*/Bava Karana Ashtami* Yam Titau		Manama, Bahrain Sun 21 Sutra 134 Nandana 5114	
Vrischika Rasi: 1.22	Tithi 8	577637262	Gulika 6:52AM – 8:28AM Yama 2:53PM – 4:30PM Rahu 10:04AM – 11:41AM	Visakha Until 9:22AM Indra Until 6:45PM Visti Until 5:00PM Ashtami* Until 4:05AM Sat	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise: 5:15AM</i> <i>Sunset: 6:06PM</i>	Moon 7 - Phase 18 Ashtami
Routine Work Marana Yoga Until 9:22AM then Siddha Yoga					Subha Sivaloka Day Bhadrapada Adhika•Avani		
Retreat Star		Saturday, August 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Navami* Yam Titau		Manama, Bahrain Sun 22 Sutra 135 Nandana 5114	
Vrischika Rasi: 15.29	Tithi 9	577637262	Gulika 5:16AM – 6:52AM Yama 1:16PM – 2:53PM Rahu 8:28AM – 10:04AM	Anuradha Until 8:03AM Vaidhriti* Until 3:58PM Balava Until 2:54PM Navami* Until 1:59AM Sun	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Orange	<i>Sunrise: 5:16AM</i> <i>Sunset: 6:05PM</i>	Moon 7 - Phase 18 Navami
Creative Work Siddha Yoga Until 10.04PM then Marana Yoga					Subha Sivaloka Day Bhadrapada Adhika•Avani		

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelopes the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda, Svetu 6.2. UpR, 743

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1 Sunday, August 26, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dasami Yam Titau			Manama, Bahrain Sun 23 Sutra 136 Nandana 5114
Vrischika Rasi: 29.32	Tithi 10	577637262	Gulika 2:52PM – 4:28PM Yama 11:40AM – 1:16PM Rahu 4:28PM – 6:04PM	Jyeshtha* Until 6:47AM Vishkambha* Until 1:15PM Taitila Until 12:52PM Dasami Until 11:56PM	Ganesha: Clear Muruga: Purple Nataraja: Purple Moon – Orange	Sunrise: 5:16AM Sunset: 6:04PM Moon 7 - Phase 19 4th Phase
Routine Work Marana Yoga Until 6:47AM then Amrita Yoga Until 10.03PM then Siddha Yoga			Subha Sivaloka Day Bhadrapada Adhika•Avani			
2 Monday, August 27, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadasi Yam Titau			Manama, Bahrain Sun 24 Sutra 137 Nandana 5114
Dhanus Rasi: 13.34	Tithi 11	588637263	Gulika 1:16PM – 2:51PM Yama 10:04AM – 11:40AM Rahu 6:52AM – 8:28AM	Purvashadha* Until 4:28AM Tue Priti Until 10:36AM Vanija Until 10:55AM Ekadasi Until 10:00PM	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Light Blue	Sunrise: 5:17AM Sunset: 6:03PM Moon 7 - Phase 19 4th Phase
Family Home Evening Routine Work Marana Yoga Until 10.03PM then Siddha Yoga Until 4:28AM Tue then Prabalarishta Yoga			Sivaloka Day Bhadrapada Adhika•Avani			
3 Tuesday, August 28, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadasi Yam Titau			Manama, Bahrain Sun 25 Sutra 138 Nandana 5114
Dhanus Rasi: 27.3	Tithi 12	588637263	Gulika 11:39AM – 1:15PM Yama 8:28AM – 10:04AM Rahu 2:51PM – 4:26PM	Uttarashadha Until 3:25AM Wed Ayushman Until 8:05AM Bava Until 9:07AM Dvadasi Until 8:11PM	Ganesha: Clear Muruga: Purple Nataraja: Clear Moon – Light Blue	Sunrise: 5:17AM Sunset: 6:02PM Moon 7 - Phase 19 4th Phase
Routine Work Prabalarishta Yoga Until 10.03PM then Amrita Yoga Until 3:25AM Wed then Siddha Yoga			Sivaloka Day Bhadrapada Adhika•Avani			
4 Wednesday, August 29, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Sravana Nakshatra Sobhana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau			Manama, Bahrain Sun 26 Sutra 139 Nandana 5114
Makara Rasi: 11.2	Tithi 13	598637263	Gulika 10:04AM – 11:39AM Yama 6:53AM – 8:28AM Rahu 11:39AM – 1:15PM	Sravana Until 2:34AM Thu Sobhana Until 3:05AM Thu Kaulava Until 7:31AM Trayodasi Until 6:36PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Purple	Sunrise: 5:17AM Sunset: 6:01PM Moon 7 - Phase 19 4th Phase
Creative Work Siddha Yoga			Subha Sivaloka Day Bhadrapada Adhika•Avani <i>Pradosha Vrata</i>			
5 Thursday, August 30, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Athiganda* Yoga Gara/Visti* Karana Chaturdasi*/Purnima* Yam Titau			Manama, Bahrain Sun 27 Sutra 140 Nandana 5114
Makara Rasi: 25.01	Tithi 14 – 15	598637263	Gulika 8:28AM – 10:04AM Yama 5:18AM – 6:53AM Rahu 1:14PM – 2:49PM	Dhanishtha Until 3:31AM Fri Athiganda* Until 2:21AM Fri Gara Until 6:14AM Chaturdasi* Until 6:14PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Purple	Sunrise: 5:18AM Sunset: 6:00PM Moon 7 - Phase 19 4th Phase
Creative Work Siddha Yoga			Subha Sivaloka Day Bhadrapada Adhika•Avani			
Friday, August 31, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Satabhisha Nakshatra Sukarma Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau			Manama, Bahrain Sutra 141 Nandana 5114
Kumbha Rasi: 8.28	Tithi 15 – 16	598637263	Gulika 6:53AM – 8:28AM Yama 2:49PM – 4:24PM Rahu 10:03AM – 11:39AM	Satabhisha Until 3:17AM Sat Sukarma Until 12:28AM Sat Balava Until 5:14AM Sat Purnima* Until 5:14PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Purple	Sunrise: 5:18AM Sunset: 5:59PM Moon 7 - Phase 19 Purnima
Copper Retreat Star Creative Work Siddha Yoga Until 10.02PM then Amrita Yoga Until 3:17AM Sat then Siddha Yoga			Subha Sivaloka Day Bhadrapada Adhika•Avani			
Saturday, September 1, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaprostapada* Nakshatra Dhriti Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau			Manama, Bahrain Sutra 142 Nandana 5114
Kumbha Rasi: 21.4	Tithi 16 – 17	518637263	Gulika 5:19AM – 6:54AM Yama 1:13PM – 2:48PM Rahu 8:28AM – 10:03AM	Purvaprostapada* Until 3:32AM Sun Dhriti Until 11:02PM Taitila Until 4:46AM Sun Prathama* Until 4:46PM	Ganesha: White Muruga: Purple Nataraja: Clear Moon – Clear	Sunrise: 5:19AM Sunset: 5:58PM Moon 7 - Phase 19 Prathama
Creative Work Siddha Yoga Until 3:32AM Sun then Amrita Yoga			Subha Sivaloka Day Bhadrapada Adhika•Avani			

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe. Atharva Veda, Mundu 1.1.7. bo UpR, 673

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Sunday, September 2, 2012

Gold Retreat Star

Meena Rasi: 4.35 Tithi 17 – 18
519637263
Creative Work Amrita Yoga
Until 10.01PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprostapada Nakshatra Shula* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 2:47PM – 4:22PM
Yama 11:38AM – 1:13PM
Rahu 4:22PM – 5:57PM
Uttaraprostapada Until 4:18AM Mon
Shula* Until 10:05PM
Vanija Until 4:53AM Mon
Dvitiya Until 4:53PM
Ganesha: Clear *Sunrise: 5:19AM*
Muruga: Purple *Sunset: 5:57PM*
Nataraja: Clear
Moon – Clear
Bhadrapada Adhika•Avani

Manama, Bahrain
Sun 1 Sutra 143
Nandana 5114
Moon 8 - Phase 20
1st Phase

Sivaloka Day

1

Monday, September 3, 2012

Meena Rasi: 17.12 Tithi 18
Family Home Evening 519637263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Revati Nakshatra Ganda* Yoga Visti* Karana Tritiya Yam Titau
Gulika 1:12PM – 2:47PM
Yama 10:03AM – 11:38AM
Rahu 6:54AM – 8:29AM
Revati Until 6:55AM Tue
Ganda* Until 10:52PM
Visti Until 7:43AM Tue
Tritiya Until 6:38PM
Ganesha: Clear *Sunrise: 5:20AM*
Muruga: Purple *Sunset: 5:56PM*
Nataraja: Clear
Moon – Clear
Bhadrapada Adhika•Avani

Manama, Bahrain
Sun 2 Sutra 144
Nandana 5114
Moon 8 - Phase 20
1st Phase

Sivaloka Day

2

Tuesday, September 4, 2012

Meena Rasi: 29.32 Tithi 19
519637263
Creative Work Siddha Yoga
Until 10.01PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Revati/Asvini Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 11:37AM – 1:12PM
Yama 8:29AM – 10:03AM
Rahu 2:46PM – 4:20PM
Revati Until 6:55AM
Vriddhi Until 10:55PM
Bava Until 6:55AM
Chaturthi* Until 8:01PM
Ganesha: Clear *Sunrise: 5:20AM*
Muruga: Purple *Sunset: 5:54PM*
Nataraja: Clear
Moon – Clear
Bhadrapada Adhika•Avani

Manama, Bahrain
Sun 3 Sutra 145
Nandana 5114
Moon 8 - Phase 20
1st Phase

Sivaloka Day

3

Wednesday, September 5, 2012

Mesha Rasi: 11.38 Tithi 20
529637263
Routine Work Marana Yoga
Until 10.00PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Asvini/Bharani Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 10:03AM – 11:37AM
Yama 6:55AM – 8:29AM
Rahu 11:37AM – 1:11PM
Asvini Until 9:23AM
Dhruva Until 11:24PM
Kaulava Until 8:49AM
Panchami Until 9:55PM
Ganesha: Purple *Sunrise: 5:20AM*
Muruga: Purple *Sunset: 5:53PM*
Nataraja: Clear
Moon – White
Bhadrapada Adhika•Avani

Manama, Bahrain
Sun 4 Sutra 146
Nandana 5114
Moon 8 - Phase 20
1st Phase

Devaloka Day

4

Thursday, September 6, 2012

Mesha Rasi: 23.34 Tithi 21
529637263
Creative Work Siddha Yoga
Until 12:12PM then Marana Yoga
Until 10.00PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 8:29AM – 10:03AM
Yama 5:21AM – 6:55AM
Rahu 1:10PM – 2:44PM
Bharani Until 12:12PM
Vyaghata* Until 12:13AM Fri
Gara Until 11:06AM
Shasthi* Until 12:12AM Fri
Ganesha: Purple *Sunrise: 5:21AM*
Muruga: Purple *Sunset: 5:52PM*
Nataraja: Clear
Moon – White
Bhadrapada Adhika•Avani

Manama, Bahrain
Sun 5 Sutra 147
Nandana 5114
Moon 8 - Phase 20
1st Phase

Devaloka Day

5

Friday, September 7, 2012

Vrishabha Rasi: 5.23 Tithi 22
529637263
Creative Work Siddha Yoga
Until 3:14PM then Marana Yoga
Until 10.00PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 6:55AM – 8:29AM
Yama 2:44PM – 4:17PM
Rahu 10:02AM – 11:36AM
Krittika Until 3:14PM
Harshana Until 1:13AM Sat
Visti Until 1:37PM
Saptami Until 2:42AM Sat
Ganesha: Purple *Sunrise: 5:21AM*
Muruga: Purple *Sunset: 5:51PM*
Nataraja: Clear
Moon – White
Bhadrapada Adhika•Avani

Manama, Bahrain
Sun 6 Sutra 148
Nandana 5114
Moon 8 - Phase 20
1st Phase

Devaloka Day

D

Saturday, September 8, 2012

Retreat Star

Vrishabha Rasi: 17.11 Tithi 23
539737263
Creative Work Amrita Yoga
Until 6:18PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Rohini Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 5:22AM – 6:55AM
Yama 1:09PM – 2:43PM
Rahu 8:29AM – 10:02AM
Rohini Until 6:18PM
Vajra* Until 2:15AM Sun
Balava Until 4:10PM
Ashtami* Until 5:15AM Sun
Ganesha: Purple *Sunrise: 5:22AM*
Muruga: Purple *Sunset: 5:50PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada Adhika•Avani

Manama, Bahrain
Sun 7 Sutra 149
Nandana 5114
Moon 8 - Phase 20
Ashtami

Subha Sivaloka Day

Sunday, September 9, 2012

Retreat Star

Vrishabha Rasi: 29.04 Tithi 24
539737263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mrigasira Nakshatra Siddhi Yoga Taitila Karana Navami* Yam Titau
Gulika 2:42PM – 4:16PM
Yama 11:36AM – 1:09PM
Rahu 4:16PM – 5:49PM
Mrigasira Until 9:13PM
Siddhi Until 3:09AM Mon
Taitila Until 6:33PM
Navami* Until 7:31AM Mon
Ganesha: Purple *Sunrise: 5:22AM*
Muruga: Purple *Sunset: 5:49PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada Adhika•Avani

Manama, Bahrain
Sun 8 Sutra 150
Nandana 5114
Moon 8 - Phase 20
Navami

Subha Sivaloka Day

Grandparent's Day

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda, Mundu 3.2.5. bo UpH, 376

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1		Monday, September 10, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Ardra Nakshatra Vyatipata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau		Manama, Bahrain Sun 9 Sutra 151 Nandana 5114	
Mithuna Rasi: 11.05	Tithi 24 – 25		Gulika 1:08PM – 2:42PM	Ardra Until 11:49PM	Ganesha: Blue	<i>Sunrise: 5:22AM</i>	
Family Home Evening	531737263		Yama 10:02AM – 11:35AM	Vyatipata* Until 3:46AM Tue	Muruga: Purple	<i>Sunset: 5:48PM</i>	Moon 8 - Phase 21
Creative Work	Siddha Yoga		Rahu 6:56AM – 8:29AM	Vanija Until 8:36PM	Nataraja: Clear		2nd Phase
Until 9.59PM then Marana Yoga				Navami* Until 7:31AM	Moon – Yellow	Subha Sivaloka Day	
Until 11:49PM then Siddha Yoga					Bhadrapada Adhika•Avani		
2		Tuesday, September 11, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Variyan Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau		Manama, Bahrain Sun 10 Sutra 152 Nandana 5114	
Mithuna Rasi: 23.22	Tithi 25 – 26		Gulika 11:35AM – 1:08PM	Punarvasu Until 12:24AM Wed	Ganesha: Red	<i>Sunrise: 5:23AM</i>	
	541737263		Yama 8:29AM – 10:02AM	Variyan Until 2:21AM Wed	Muruga: Purple	<i>Sunset: 5:47PM</i>	Moon 8 - Phase 21
Creative Work	Siddha Yoga		Rahu 2:41PM – 4:14PM	Bava Until 8:47PM	Nataraja: Clear		2nd Phase
				Dasami Until 8:47AM	Moon – Blue	Sivaloka Day	
					Bhadrapada Adhika•Avani		
3		Wednesday, September 12, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Pushya Nakshatra Parigha* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau		Manama, Bahrain Sun 11 Sutra 153 Nandana 5114	
Kataka Rasi: 5.58	Tithi 26 – 27		Gulika 10:02AM – 11:34AM	Pushya Until 1:46AM Thu	Ganesha: Red	<i>Sunrise: 5:23AM</i>	
	541737263		Yama 6:56AM – 8:29AM	Parigha* Until 1:58AM Thu	Muruga: Purple	<i>Sunset: 5:46PM</i>	Moon 8 - Phase 21
Creative Work	Siddha Yoga		Rahu 11:34AM – 1:07PM	Kaulava Until 9:33PM	Nataraja: Clear		2nd Phase
Until 9.58PM then Amrita Yoga				Ekadasi* Until 9:33AM	Moon – Blue	Sivaloka Day	
Until 1:46AM Thu then Siddha Yoga					Bhadrapada Adhika•Avani		
4		Thursday, September 13, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Aslesha* Nakshatra Shiva Yoga Taitila/Gara Karana Dvadasi*/Trayodasi* Yam Titau		Manama, Bahrain Sun 12 Sutra 154 Nandana 5114	
Kataka Rasi: 18.55	Tithi 27 – 28		Gulika 8:29AM – 10:01AM	Aslesha* Until 2:28AM Fri	Ganesha: Red	<i>Sunrise: 5:24AM</i>	
	541737263		Yama 5:24AM – 6:56AM	Shiva Until 12:56AM Fri	Muruga: Purple	<i>Sunset: 5:45PM</i>	Moon 8 - Phase 21
Creative Work	Siddha Yoga		Rahu 1:07PM – 2:39PM	Gara Until 9:35PM	Nataraja: Clear		2nd Phase
Until 9.58PM then Marana Yoga				Dvadasi* Until 9:35AM	Moon – Blue	Sivaloka Day	
				<i>Pradosha Vrata (Fasting)</i>	Bhadrapada Adhika•Avani		
5		Friday, September 14, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Siddha Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Manama, Bahrain Sun 13 Sutra 155 Nandana 5114	
Simha Rasi: 2.16	Tithi 28 – 29		Gulika 6:56AM – 8:29AM	Magha* Until 12:59AM Sat	Ganesha: Yellow	<i>Sunrise: 5:24AM</i>	
	551737263		Yama 2:39PM – 4:11PM	Siddha Until 10:06PM	Muruga: Purple	<i>Sunset: 5:43PM</i>	Moon 8 - Phase 21
Routine Work	Marana Yoga		Rahu 10:01AM – 11:34AM	Visti Until 7:42PM	Nataraja: Clear		2nd Phase
Until 9.57PM then Amrita Yoga				Trayodasi* Until 8:37AM	Moon – Red	Sivaloka Day	
Until 12:59AM Sat then Marana Yoga					Bhadrapada Adhika•Avani		
		Saturday, September 15, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni* Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Manama, Bahrain Sun 14 Sutra 156 Nandana 5114	
Retreat Star			Gulika 5:24AM – 6:57AM	Purvaphalguni* Until 12:19AM Sun	Ganesha: Yellow	<i>Sunrise: 5:24AM</i>	
Simha Rasi: 15.59	Tithi 29 – 30		Yama 1:06PM – 2:38PM	Sadhya Until 7:55PM	Muruga: Purple	<i>Sunset: 5:42PM</i>	Moon 8 - Phase 21
	551737263		Rahu 8:29AM – 10:01AM	Catuspada Until 6:19PM	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga			Chaturdasi* Until 7:14AM	Moon – Red	Sivaloka Day	
Until 9.57PM then Siddha Yoga					Bhadrapada Adhika•Avani		
Until 12:19AM Sun then Amrita Yoga							
Sunday, September 16, 2012		Retreat Star		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Subha/Sukla Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Manama, Bahrain Sun 15 Sutra 157 Nandana 5114	
Kanya Rasi: 0.02	Tithi 1		Gulika 2:37PM – 4:09PM	Uttaraphalguni Until 11:04PM	Ganesha: Yellow	<i>Sunrise: 5:25AM</i>	
	551737263		Yama 11:33AM – 1:05PM	Subha Until 5:12PM	Muruga: Purple	<i>Sunset: 5:41PM</i>	Moon 8 - Phase 21
Creative Work	Amrita Yoga		Rahu 4:09PM – 5:41PM	Kintughna Until 4:19PM	Nataraja: Clear		Prathama
Until 9.56PM then Marana Yoga				Prathama* Until 3:23AM Mon	Moon – Red	Sivaloka Day	
Until 11:04PM then Siddha Yoga					Bhadrapada•Puratasi		

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Kṛishṇa Yajur Veda, Svetu 2.9. UpP, 192

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1			Monday, September 17, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiya Yam Titau			Manama, Bahrain
Kanya Rasi: 14.22	Tithi 2		Gulika	1:05PM – 2:36PM	Hasta Until 9:23PM	Ganesha: Red	<i>Sunrise: 5:25AM</i>	Sun 16	Sutra 158
Family Home Evening		561737263	Yama	10:01AM – 11:33AM	Sukla Until 2:04PM	Muruga: Purple	<i>Sunset: 5:40PM</i>		Nandana 5114
Creative Work	Siddha Yoga		Rahu	6:57AM – 8:29AM	Balava Until 1:50PM	Nataraja: Clear			Moon 8 - Phase 22
Until 9:23PM then Prabalarishta Yoga					Dvitiya Until 12:55AM Tue	Moon – Green			3rd Phase
Until 9:56PM then Siddha Yoga						Bhadrapada•Puratasi		Sivaloka Day	
2			Tuesday, September 18, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiya Yam Titau			Manama, Bahrain
Kanya Rasi: 28.5	Tithi 3		Gulika	11:32AM – 1:04PM	Chitra Until 6:32PM	Ganesha: Red	<i>Sunrise: 5:26AM</i>	Sun 17	Sutra 159
		561737263	Yama	8:29AM – 10:01AM	Brahma Until 10:23AM	Muruga: Purple	<i>Sunset: 5:39PM</i>		Nandana 5114
Creative Work	Siddha Yoga		Rahu	2:36PM – 4:07PM	Taitila Until 10:43AM	Nataraja: Clear			Moon 8 - Phase 22
					Tritiya Until 9:00PM	Moon – Green			3rd Phase
						Bhadrapada•Puratasi		Sivaloka Day	
3			Wednesday, September 19, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Visakha Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Manama, Bahrain
Tula Rasi: 13.22	Tithi 4		Gulika	10:00AM – 11:32AM	Svati Until 5:23PM	Ganesha: Red	<i>Sunrise: 5:26AM</i>	Sun 18	Sutra 160
		561737263	Yama	6:58AM – 8:29AM	Indra Until 7:12AM	Muruga: Purple	<i>Sunset: 5:38PM</i>		Nandana 5114
Creative Work	Siddha Yoga		Rahu	11:32AM – 1:03PM	Vanija Until 8:03AM	Nataraja: Clear			Moon 8 - Phase 22
						Moon – Green			3rd Phase
			Ganesha Chaturthi		Chaturthi* Until 6:20PM	Bhadrapada•Puratasi		Sivaloka Day	
4			Thursday, September 20, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Visakha/Anuradha Nakshatra Vishkambha* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Manama, Bahrain
Tula Rasi: 27.51	Tithi 5 – 6		Gulika	8:29AM – 10:00AM	Visakha Until 3:24PM	Ganesha: Yellow	<i>Sunrise: 5:26AM</i>	Sun 19	Sutra 161
		572737263	Yama	5:26AM – 6:58AM	Vishkambha* Until 1:07AM Fri	Muruga: Purple	<i>Sunset: 5:37PM</i>		Nandana 5114
Creative Work	Siddha Yoga		Rahu	1:03PM – 2:34PM	Kaulava Until 3:34AM Fri	Nataraja: Clear			Moon 8 - Phase 22
					Panchami Until 4:29PM	Moon – Orange			3rd Phase
						Bhadrapada•Puratasi		Sivaloka Day	
5			Friday, September 21, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Manama, Bahrain
Vrischika Rasi: 12.13	Tithi 6 – 7		Gulika	6:58AM – 8:29AM	Anuradha Until 1:37PM	Ganesha: Yellow	<i>Sunrise: 5:27AM</i>	Sun 20	Sutra 162
		572737263	Yama	2:33PM – 4:05PM	Priti Until 9:54PM	Muruga: Purple	<i>Sunset: 5:36PM</i>		Nandana 5114
Creative Work	Siddha Yoga		Rahu	10:00AM – 11:31AM	Gara Until 12:59AM Sat	Nataraja: Clear			Moon 8 - Phase 22
Until 1:37PM then Prabalarishta Yoga					Shasthi* Until 1:55PM	Moon – Orange			3rd Phase
Until 9:55PM then Siddha Yoga						Bhadrapada•Puratasi		Sivaloka Day	
6			Saturday, September 22, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Manama, Bahrain
Retreat Star			Gulika	5:27AM – 6:58AM	Jyeshtha* Until 12:07PM	Ganesha: Yellow	<i>Sunrise: 5:27AM</i>	Sun 21	Sutra 163
Vrischika Rasi: 26.26	Tithi 7 – 8		Yama	1:02PM – 2:33PM	Ayushman Until 6:56PM	Muruga: Purple	<i>Sunset: 5:35PM</i>		Nandana 5114
		572737263	Rahu	8:29AM – 10:00AM	Visti Until 10:43PM	Nataraja: Clear			Moon 8 - Phase 22
Creative Work	Siddha Yoga				Saptami Until 11:38AM	Moon – Orange			Ashtami
Until 9:54PM then Amrita Yoga						Bhadrapada•Puratasi		Sivaloka Day	
7			Sunday, September 23, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Manama, Bahrain
Retreat Star			Gulika	2:32PM – 4:03PM	Mula* Until 10:56AM	Ganesha: White	<i>Sunrise: 5:28AM</i>	Sun 22	Sutra 164
Dhanus Rasi: 10.27	Tithi 8 – 9		Yama	11:31AM – 1:01PM	Saubhagya Until 4:16PM	Muruga: Purple	<i>Sunset: 5:33PM</i>		Nandana 5114
		582737263	Rahu	4:03PM – 5:33PM	Balava Until 8:48PM	Nataraja: Clear			Moon 8 - Phase 22
Creative Work	Amrita Yoga				Ashtami* Until 9:43AM	Moon – Light Blue			Navami
Until 10:56AM then Siddha Yoga						Bhadrapada•Puratasi		Devaloka Day	
Until 9:54PM then Marana Yoga									

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496. TM

All times are standard time

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1	Monday, September 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Manama, Bahrain
	Dhanus Rasi: 24.17	Tithi 9 – 10	Gulika 1:01PM – 2:31PM	Purvashadha* Until 10:05AM	Sun 23 Sutra 165
	Family Home Evening	582737263	Yama 10:00AM – 11:30AM	Sobhana Until 1:54PM	Nandana 5114
	Routine Work Marana Yoga		Rahu 6:59AM – 8:29AM	Taitila Until 7:13PM	Moon 8 - Phase 23
Until 9.54PM then Prabalarishta Yoga				Navami* Until 8:09AM	4th Phase
				Ganesha: White	Devaloka Day
				Muruqa: Purple	
				Nataraja: Clear	
				Moon – Light Blue	
				Bhadrapada*Puratasi	
2	Tuesday, September 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha*/Sraavana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Manama, Bahrain
	Makara Rasi: 7.55	Tithi 10 – 11	Gulika 11:30AM – 1:00PM	Uttarashadha Until 9:50AM	Sun 24 Sutra 166
	582737263		Yama 8:29AM – 11:00AM	Athiganda* Until 12:16PM	Nandana 5114
	Routine Work Prabalarishta Yoga		Rahu 2:31PM – 4:01PM	Vanija Until 7:00PM	Moon 8 - Phase 23
Until 9:50AM then Siddha Yoga				Dasami Until 7:00AM	4th Phase
				Ganesha: White	Devaloka Day
				Muruqa: Purple	
				Nataraja: Clear	
				Moon – Light Blue	
				Bhadrapada*Puratasi	
3	Wednesday, September 26, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Sraavana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau		Manama, Bahrain
	Makara Rasi: 21.23	Tithi 11 – 12	Gulika 9:59AM – 11:30AM	Sraavana Until 9:37AM	Sun 25 Sutra 167
	592737263		Yama 6:59AM – 8:29AM	Sukarma Until 10:23AM	Nandana 5114
	Creative Work Siddha Yoga		Rahu 11:30AM – 1:00PM	Balava Until 6:03PM	Moon 8 - Phase 23
Until 9:37AM then Prabalarishta Yoga				Ekadasi Until 6:03AM	4th Phase
Until 9.53PM then Siddha Yoga				Ganesha: Clear	Sivaloka Day
				Muruqa: Purple	
				Nataraja: Clear	
				Moon – Purple	
				Bhadrapada*Puratasi	
4	Thursday, September 27, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Manama, Bahrain
	Kumbha Rasi: 4.38	Tithi 13	Gulika 8:29AM – 9:59AM	Dhanishtha Until 9:44AM	Sun 26 Sutra 168
	692737263		Yama 5:29AM – 6:59AM	Dhriti Until 8:49AM	Nandana 5114
	Creative Work Siddha Yoga		Rahu 12:59PM – 2:29PM	Kaulava Until 5:29PM	Moon 8 - Phase 23
Until 9:44AM then Marana Yoga				Trayodasi Until 5:29AM Fri	4th Phase
Until 9.53PM then Siddha Yoga			Kadaitswami Mahasamadhi	Pradosha Vrata	Devaloka Day
				Ganesha: White	
				Muruqa: Purple	
				Nataraja: Clear	
				Moon – Purple	
				Bhadrapada*Puratasi	
5	Friday, September 28, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Manama, Bahrain
	Kumbha Rasi: 17.43	Tithi 14	Gulika 7:00AM – 8:29AM	Satabhisha Until 10:14AM	Sun 27 Sutra 169
	692737263		Yama 2:28PM – 3:58PM	Shula* Until 7:35AM	Nandana 5114
	Creative Work Siddha Yoga		Rahu 9:59AM – 11:29AM	Gara Until 5:19PM	Moon 8 - Phase 23
				Chaturdasi* Until 5:19AM Sat	4th Phase
			Chidambaram Abhishekam	Ganesha: White	Devaloka Day
				Muruqa: Purple	
				Nataraja: Clear	
				Moon – Clear	
				Bhadrapada*Puratasi	
○	Saturday, September 29, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Ganda*/Vridhhi Yoga Visti*/Bava Karana Purnima* Yam Titau		Manama, Bahrain
	Copper Retreat Star		Gulika 5:30AM – 7:00AM	Purvaprostapada* Until 11:08AM	Sun 28 Sutra 170
	Meena Rasi: 0.34	Tithi 15	Yama 12:58PM – 2:28PM	Ganda* Until 6:44AM	Nandana 5114
	612737263		Rahu 8:29AM – 9:59AM	Visti Until 5:35PM	Moon 8 - Phase 23
Creative Work Siddha Yoga				Purnima* Until 6:20AM Sun	Purnima
Until 9.52PM then Amrita Yoga				Ganesha: Purple	Devaloka Day
				Muruqa: Purple	
				Nataraja: Clear	
				Moon – Clear	
				Bhadrapada*Puratasi	
○	Sunday, September 30, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Manama, Bahrain
	Silver Retreat Star		Gulika 2:27PM – 3:56PM	Uttaraprostapada Until 12:58PM	Sun 29 Sutra 171
	Meena Rasi: 13.11	Tithi 15 – 16	Yama 11:28AM – 12:58PM	Vridhhi Until 6:17AM	Nandana 5114
	612737263		Rahu 3:56PM – 5:26PM	Balava Until 7:25PM	Moon 8 - Phase 23
Creative Work Amrita Yoga				Purnima* Until 6:20AM	Prathama
Until 9.52PM then Siddha Yoga				Ganesha: Purple	Devaloka Day
				Muruqa: Purple	
				Nataraja: Clear	
				Moon – Clear	
				Bhadrapada*Puratasi	

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa margas. Tirumantiram 1502. TM

All times are standard time

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Monday, October 1, 2012

Gold Retreat Star

Meena Rasi: 25.35 Tithi 16 – 17
Family Home Evening 612737263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Asvini Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama*Dvitiya Yam Titau

Gulika 12:57PM – 2:26PM
Yama 9:59AM – 11:28AM
Rahu 7:00AM – 8:30AM

Revati Until 2:51PM
Dhruva Until 6:12AM
Taitila Until 8:42PM
Prathama* Until 7:36AM

Ganesha: Purple *Sunrise: 5:31AM*
Muruga: Purple *Sunset: 5:25PM*
Nataraja: Clear
Moon – Clear
Bhadrapada*Puratasi

Devaloka Day

Manama, Bahrain
Sutra 172
Nandana 5114
Moon 9 - Phase 24
1st Phase

1

Tuesday, October 2, 2012

Mesha Rasi: 7.46 Tithi 17 – 18
622737263
Creative Work Siddha Yoga
Until 9.51PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Asvini/Bharani Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 11:28AM – 12:57PM
Yama 8:30AM – 9:59AM
Rahu 2:26PM – 3:55PM

Asvini Until 5:08PM
Vyaghata* Until 6:30AM
Vanija Until 10:26PM
Dvitiya Until 9:21AM

Ganesha: Clear *Sunrise: 5:32AM*
Muruga: Purple *Sunset: 5:24PM*
Nataraja: Clear
Moon – White
Bhadrapada*Puratasi

Sivaloka Day

Manama, Bahrain
Sun 1 Sutra 173
Nandana 5114
Moon 9 - Phase 24
1st Phase

2

Wednesday, October 3, 2012

Mesha Rasi: 19.46 Tithi 18 – 19
622837263
Routine Work Marana Yoga
Until 7:48PM then Amrita Yoga
Until 9.51PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Bharani Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 9:58AM – 11:27AM
Yama 7:01AM – 8:30AM
Rahu 11:27AM – 12:56PM

Bharani Until 7:48PM
Harshana Until 7:09AM
Bava Until 12:35AM Thu
Tritiya Until 11:29AM

Ganesha: White *Sunrise: 5:32AM*
Muruga: Purple *Sunset: 5:23PM*
Nataraja: Clear
Moon – White
Bhadrapada*Puratasi

Subha Sivaloka Day

Manama, Bahrain
Sun 2 Sutra 174
Nandana 5114
Moon 9 - Phase 24
1st Phase

3

Thursday, October 4, 2012

Vrishabha Rasi: 1.38 Tithi 19 – 20
623837263
Routine Work Marana Yoga
Until 9.50PM then Siddha Yoga
Until 10.44PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Krittika Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 8:30AM – 9:58AM
Yama 5:32AM – 7:01AM
Rahu 12:56PM – 2:24PM

Krittika Until 10:44PM
Vajra* Until 8:02AM
Kaulava Until 3:01AM Fri
Chaturthi* Until 1:56PM

Ganesha: Clear *Sunrise: 5:32AM*
Muruga: Purple *Sunset: 5:21PM*
Nataraja: Clear
Moon – White
Bhadrapada*Puratasi

Sivaloka Day

Manama, Bahrain
Sun 3 Sutra 175
Nandana 5114
Moon 9 - Phase 24
1st Phase

4

Friday, October 5, 2012

Vrishabha Rasi: 13.25 Tithi 20 – 21
633837263
Routine Work Marana Yoga
Until 9.50PM then Amrita Yoga
Until 1:49AM Sat then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 7:01AM – 8:30AM
Yama 2:24PM – 3:52PM
Rahu 9:58AM – 11:27AM

Rohini Until 1:49AM Sat
Siddhi Until 9:04AM
Gara Until 5:38AM Sat
Panchami Until 4:32PM

Ganesha: White *Sunrise: 5:33AM*
Muruga: Purple *Sunset: 5:20PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada*Puratasi

Devaloka Day

Manama, Bahrain
Sun 4 Sutra 176
Nandana 5114
Moon 9 - Phase 24
1st Phase

5

Saturday, October 6, 2012

Vrishabha Rasi: 25.13 Tithi 21
633837263
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigasira Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 5:33AM – 7:02AM
Yama 12:55PM – 2:23PM
Rahu 8:30AM – 9:58AM

Mrigasira Until 4:55AM Sun
Vyatipata* Until 10:06AM
Gara Until 6:04AM
Shasthi* Until 7:10PM

Ganesha: White *Sunrise: 5:33AM*
Muruga: Purple *Sunset: 5:19PM*
Nataraja: Clear
Moon – Yellow
Bhadrapada*Puratasi

Devaloka Day

Manama, Bahrain
Sun 5 Sutra 177
Nandana 5114
Moon 9 - Phase 24
1st Phase

6

Sunday, October 7, 2012

Mithuna Rasi: 7.04 Tithi 22
633837264
Creative Work Siddha Yoga
Until 7:51AM Mon then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 2:22PM – 3:50PM
Yama 11:26AM – 12:54PM
Rahu 3:50PM – 5:18PM

Ardra Until 7:51AM Mon
Variyan Until 11:01AM
Visti Until 8:32AM
Saptami Until 9:37PM

Ganesha: White *Sunrise: 5:34AM*
Muruga: Purple *Sunset: 5:18PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Sivaloka Day

Manama, Bahrain
Sun 6 Sutra 178
Nandana 5114
Moon 9 - Phase 24
1st Phase

D

Monday, October 8, 2012

Retreat Star

Mithuna Rasi: 19.05 Tithi 23
Family Home Evening 633837264
Creative Work Siddha Yoga
Until 7:51AM then Amrita Yoga
Until 9.49PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 12:54PM – 2:22PM
Yama 9:58AM – 11:26AM
Rahu 7:02AM – 8:30AM

Ardra Until 7:51AM
Parigha* Until 11:37AM
Balava Until 10:39AM
Ashtami* Until 11:45PM

Ganesha: White *Sunrise: 5:34AM*
Muruga: Purple *Sunset: 5:17PM*
Nataraja: White
Moon – Yellow
Bhadrapada*Puratasi

Sivaloka Day

Manama, Bahrain
Sun 7 Sutra 179
Nandana 5114
Moon 9 - Phase 24
Ashtami

Tuesday, October 9, 2012

Retreat Star

Kataka Rasi: 1.2 Tithi 24
643837264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Punarvasu/Pushya Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 11:26AM – 12:53PM
Yama 8:30AM – 9:58AM
Rahu 2:21PM – 3:49PM

Punarvasu Until 9:42AM
Shiva Until 11:23AM
Taitila Until 11:44AM
Navami* Until 11:44PM

Ganesha: Yellow *Sunrise: 5:35AM*
Muruga: Purple *Sunset: 5:16PM*
Nataraja: White
Moon – Blue
Bhadrapada*Puratasi

Subha Sivaloka Day

Manama, Bahrain
Sun 8 Sutra 180
Nandana 5114
Moon 9 - Phase 24
Navami

Being the Life of life is splendrous jnana worship. Beholding the Light of life is great yoga worship. Giving life by invocation is external worship. Expressing adoration is charya. Tirumantiram 1444. TM

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1 Wednesday, October 10, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Pushya/Aslesha* Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Dasami Yam Titau			Manama, Bahrain
Kataka Rasi: 13.54	Tithi 25	643837264	Gulika 9:58AM – 11:25AM Yama 7:03AM – 8:30AM Rahu 11:25AM – 12:53PM	Pushya Until 11:06AM Siddha Until 11:00AM Vanija Until 12:34PM Dasami Until 12:34AM Thu	Ganesha: Yellow Muruga: Purple Nataraja: White Moon – Blue Bhadrapada*Puratasi	Sun 9 Sutra 181 Nandana 5114 Moon 9 - Phase 25 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga						
2 Thursday, October 11, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Aslesha*/Magha* Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadasi* Yam Titau			Manama, Bahrain
Kataka Rasi: 26.52	Tithi 26	643837264	Gulika 8:30AM – 9:58AM Yama 5:36AM – 7:03AM Rahu 12:52PM – 2:20PM	Aslesha* Until 11:48AM Sadhya Until 9:57AM Bava Until 12:38PM Ekadasi* Until 12:38AM Fri	Ganesha: Yellow Muruga: Purple Nataraja: White Moon – Blue Bhadrapada*Puratasi	Sun 10 Sutra 182 Nandana 5114 Moon 9 - Phase 25 2nd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 11:48AM then Amrita Yoga Until 9.48PM then Marana Yoga						
3 Friday, October 12, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Manama, Bahrain
Simha Rasi: 10.15	Tithi 27	653837264	Gulika 7:03AM – 8:31AM Yama 2:19PM – 3:46PM Rahu 9:58AM – 11:25AM	Magha* Until 11:18AM Subha Until 8:01AM Kaulava Until 11:23AM Dvadasi* Until 10:28PM	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Red Bhadrapada*Puratasi	Sun 11 Sutra 183 Nandana 5114 Moon 9 - Phase 25 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 11:18AM then Siddha Yoga Until 9.48PM then Marana Yoga						
4 Saturday, October 13, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Brahma Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Manama, Bahrain
Simha Rasi: 24.04	Tithi 28	653837264	Gulika 5:37AM – 7:04AM Yama 12:51PM – 2:18PM Rahu 8:31AM – 9:58AM	Purvaphalguni* Until 10:27AM Brahma Until 2:58AM Sun Gara Until 9:50AM Trayodasi* Until 8:55PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Red Bhadrapada*Puratasi	Sun 12 Sutra 184 Nandana 5114 Moon 9 - Phase 25 2nd Phase Sivaloka Day
Routine Work Marana Yoga Until 9.48PM then Amrita Yoga						
5 Sunday, October 14, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Manama, Bahrain
Kanya Rasi: 8.19	Tithi 29	653837264	Gulika 2:18PM – 3:45PM Yama 11:24AM – 12:51PM Rahu 3:45PM – 5:11PM	Uttaraphalguni Until 8:42AM Indra Until 10:49PM Visti Until 7:26AM Chaturdasi* Until 5:43PM	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Red Bhadrapada*Puratasi	Sun 13 Sutra 185 Nandana 5114 Moon 9 - Phase 25 2nd Phase Sivaloka Day
Creative Work Amrita Yoga Until 9.48PM then Siddha Yoga						
Monday, October 15, 2012 Retreat Star			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Manama, Bahrain
Kanya Rasi: 22.53	Tithi 30 – 1	663837264	Gulika 12:51PM – 2:17PM Yama 9:58AM – 11:24AM Rahu 7:04AM – 8:31AM	Hasta Until 6:42AM Vaidhriti* Until 7:27PM Kintughna Until 1:16AM Tue Amavasya* Until 2:59PM	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Green Bhadrapada*Puratasi	Sun 14 Sutra 186 Nandana 5114 Moon 9 - Phase 25 Amavasya Sivaloka Day
Family Home Evening Creative Work Siddha Yoga Until 6:42AM then Prabalarishta Yoga Until 9.47PM then Siddha Yoga						
Tuesday, October 16, 2012 Retreat Star			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Vishkambha*/Priti Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Manama, Bahrain
Tula Rasi: 7.43	Tithi 1 – 2	663837264	Gulika 11:24AM – 12:50PM Yama 8:31AM – 9:57AM Rahu 2:17PM – 3:43PM Navaratri Begins	Svati Until 1:40AM Wed Vishkambha* Until 3:45PM Balava Until 10:09PM Prathama* Until 11:51AM	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Green Ashvina*Puratasi	Sun 15 Sutra 187 Nandana 5114 Moon 9 - Phase 25 Prathama Sivaloka Day
Creative Work Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk.
Shukla Yajur Veda, Brihadu 4.3.36. bo UpH, 139

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1		Wednesday, October 17, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Visakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau		Manama, Bahrain Sun 16 Sutra 188 Nandana 5114	
Tula Rasi: 22.38	Tithi 2 – 3	673837264	Gulika 9:57AM – 11:24AM Yama 7:05AM – 8:31AM Rahu 11:24AM – 12:50PM	Visakha Until 11:07PM Priti Until 11:52AM Taitila Until 6:50PM Dvitiya Until 8:33AM	Ganesha: Blue Muruga: Purple Nataraja: White Moon – Orange Ashvina•Aipasi	Sunrise: 5:39AM Sunset: 5:08PM	Moon 9 - Phase 26 3rd Phase Sivaloka Day
Creative Work Siddha Yoga							
2		Thursday, October 18, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Manama, Bahrain Sun 17 Sutra 189 Nandana 5114	
Vrischika Rasi: 7.32	Tithi 4	674837264	Gulika 8:31AM – 9:57AM Yama 5:39AM – 7:05AM Rahu 12:49PM – 2:16PM	Anuradha Until 8:37PM Ayushman Until 8:02AM Vanija Until 3:34PM Chaturthi* Until 1:51AM Fri	Ganesha: Yellow Muruga: Purple Nataraja: White Moon – Orange Ashvina•Aipasi	Sunrise: 5:39AM Sunset: 5:08PM	Moon 9 - Phase 26 3rd Phase Subha Sivaloka Day
Creative Work Siddha Yoga Until 9.47PM then Prabalarishta Yoga							
3		Friday, October 19, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Bava/Balava Karana Panchami Yam Titau		Manama, Bahrain Sun 18 Sutra 190 Nandana 5114	
Vrischika Rasi: 22.16	Tithi 5	674837264	Gulika 7:06AM – 8:32AM Yama 2:15PM – 3:41PM Rahu 9:57AM – 11:23AM	Jyeshtha* Until 6:22PM Sobhana Until 1:40AM Sat Bava Until 12:34PM Panchami Until 10:51PM	Ganesha: Yellow Muruga: Purple Nataraja: White Moon – Orange Ashvina•Aipasi	Sunrise: 5:40AM Sunset: 5:07PM	Moon 9 - Phase 26 3rd Phase Subha Sivaloka Day
Routine Work Prabalarishta Yoga Until 6:22PM then no yoga Until 9.47PM then Siddha Yoga							
4		Saturday, October 20, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Mula*Purvashadha* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Manama, Bahrain Sun 19 Sutra 191 Nandana 5114	
Dhanus Rasi: 6.47	Tithi 6	684837264	Gulika 5:41AM – 7:06AM Yama 12:49PM – 2:14PM Rahu 8:32AM – 9:57AM	Mula* Until 5:14PM Athiganda* Until 10:12PM Kaulava Until 10:17AM Shasthi* Until 9:22PM	Ganesha: White Muruga: Purple Nataraja: White Moon – Light Blue Ashvina•Aipasi	Sunrise: 5:41AM Sunset: 5:06PM	Moon 9 - Phase 26 3rd Phase Subha Subha Sivaloka Day
Creative Work Siddha Yoga Until 5:14PM then Marana Yoga Until 9.47PM then Siddha Yoga							
5		Sunday, October 21, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sukarma Yoga Gara/Vanija Karana Saptami Yam Titau		Manama, Bahrain Sun 20 Sutra 192 Nandana 5114	
Dhanus Rasi: 20.58	Tithi 7	684837264	Gulika 2:14PM – 3:39PM Yama 11:23AM – 12:48PM Rahu 3:39PM – 5:05PM	Purvashadha* Until 3:46PM Sukarma Until 7:14PM Gara Until 8:04AM Saptami Until 7:09PM	Ganesha: White Muruga: Purple Nataraja: White Moon – Light Blue Ashvina•Aipasi	Sunrise: 5:41AM Sunset: 5:05PM	Moon 9 - Phase 26 3rd Phase Subha Subha Sivaloka Day
Creative Work Siddha Yoga Until 3:46PM then Amrita Yoga Until 9.46PM then Marana Yoga							
Monday, October 22, 2012		Retreat Star		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Sravana Nakshatra Dhriti/Shula* Yoga Visti*/Balava Karana Ashtami*/Navami* Yam Titau		Manama, Bahrain Sun 21 Sutra 193 Nandana 5114	
Makara Rasi: 4.5	Tithi 8 – 9	684837264	Gulika 12:48PM – 2:13PM Yama 9:58AM – 11:23AM Rahu 7:07AM – 8:32AM	Uttarashadha Until 2:51PM Dhriti Until 4:47PM Visti Until 6:27AM Ashtami* Until 5:32PM	Ganesha: White Muruga: Purple Nataraja: White Moon – Light Blue Ashvina•Aipasi	Sunrise: 5:42AM Sunset: 5:04PM	Moon 9 - Phase 26 Ashtami Subha Subha Sivaloka Day
Family Home Evening Routine Work Marana Yoga Until 2:51PM then Amrita Yoga Until 9.46PM then Siddha Yoga							
Tuesday, October 23, 2012		Retreat Star		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Sravana/Dhanishtha Nakshatra Shula*/Ganda* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau		Manama, Bahrain Sun 22 Sutra 194 Nandana 5114	
Makara Rasi: 18.23	Tithi 9 – 10	694837264	Gulika 11:23AM – 12:48PM Yama 8:32AM – 9:58AM Rahu 2:13PM – 3:38PM	Sravana Until 3:08PM Shula* Until 3:29PM Taitila Until 5:24AM Wed Navami* Until 5:24PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – Purple Ashvina•Aipasi	Sunrise: 5:42AM Sunset: 5:03PM	Moon 9 - Phase 26 Navami Subha Sivaloka Day
Creative Work Siddha Yoga Until 3:08PM then Marana Yoga Until 9.46PM then Prabalarishta Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step,so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda,Brihadu 4.4.3. bo UpH,140

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1		Wednesday, October 24, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Ganda*Vridhhi Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Manama, Bahrain Sun 23 Sutra 195 Nandana 5114	
Kumbha Rasi: 1.37	Tithi 10 – 11	694837264	Gulika 9:58AM – 11:23AM Yama 7:08AM – 8:33AM Rahu 11:23AM – 12:48PM	Dhanishtha Until 3:19PM Ganda* Until 1:56PM Vanija Until 4:55AM Thu Dasami Until 4:55PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – Purple Ashvina•Aipasi	<i>Sunrise: 5:43AM</i> <i>Sunset: 5:02PM</i>	Moon 9 - Phase 27 4th Phase
Routine Work Prabalarishta Yoga Until 3:19PM then Siddha Yoga Until 9.46PM then Marana Yoga						Subha Sivaloka Day	
2		Thursday, October 25, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Manama, Bahrain Sun 24 Sutra 196 Nandana 5114	
Kumbha Rasi: 14.35	Tithi 11 – 12	694837264	Gulika 8:33AM – 9:58AM Yama 5:43AM – 7:08AM Rahu 12:47PM – 2:12PM	Satabhisha Until 3:59PM Vridhhi Until 12:51PM Bava Until 4:58AM Fri Ekadasi Until 4:58PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – Purple Ashvina•Aipasi	<i>Sunrise: 5:43AM</i> <i>Sunset: 5:02PM</i>	Moon 9 - Phase 27 4th Phase
Routine Work Marana Yoga Until 3:59PM then Siddha Yoga			Vijaya Dasami			Subha Sivaloka Day	
3		Friday, October 26, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Manama, Bahrain Sun 25 Sutra 197 Nandana 5114	
Kumbha Rasi: 27.19	Tithi 12 – 13	614837264	Gulika 7:09AM – 8:33AM Yama 2:12PM – 3:36PM Rahu 9:58AM – 11:22AM	Purvaprostapada* Until 5:06PM Dhruva Until 12:11PM Kaulava Until 5:30AM Sat Dvadasi Until 5:30PM <i>Pradosha Vrata</i>	Ganesha: Clear Muruga: Purple Nataraja: White Moon – Clear Ashvina•Aipasi	<i>Sunrise: 5:44AM</i> <i>Sunset: 5:01PM</i>	Moon 9 - Phase 27 4th Phase
Creative Work Siddha Yoga						Subha Sivaloka Day	
4		Saturday, October 27, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraprostapada Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Manama, Bahrain Sun 26 Sutra 198 Nandana 5114	
Meena Rasi: 9.5	Tithi 13	614937264	Gulika 5:45AM – 7:09AM Yama 12:47PM – 2:11PM Rahu 8:33AM – 9:58AM	Uttaraprostapada Until 7:39PM Vyaghata* Until 12:19PM Kaulava Until 6:30AM Trayodasi Until 7:36PM	Ganesha: Purple Muruga: Purple Nataraja: White Moon – Clear Ashvina•Aipasi	<i>Sunrise: 5:45AM</i> <i>Sunset: 5:00PM</i>	Moon 9 - Phase 27 4th Phase
Creative Work Siddha Yoga Until 7:39PM then Prabalarishta Yoga Until 9.46PM then Amrita Yoga						Sivaloka Day	
5		Sunday, October 28, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Manama, Bahrain Sun 27 Sutra 199 Nandana 5114	
Meena Rasi: 22.1	Tithi 14	614937264	Gulika 2:11PM – 3:35PM Yama 11:22AM – 12:46PM Rahu 3:35PM – 4:59PM	Revati Until 9:40PM Harshana Until 12:20PM Gara Until 7:58AM Chaturdasi* Until 9:04PM	Ganesha: Purple Muruga: Purple Nataraja: White Moon – Clear Ashvina•Aipasi	<i>Sunrise: 5:45AM</i> <i>Sunset: 4:59PM</i>	Moon 9 - Phase 27 4th Phase
Creative Work Amrita Yoga Until 9.46PM then Siddha Yoga						Sivaloka Day	
○		Monday, October 29, 2012		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Asvini Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnima* Yam Titau		Manama, Bahrain Sutra 200 Nandana 5114	
Copper Retreat Star			Gulika 12:46PM – 2:10PM Yama 9:58AM – 11:22AM Rahu 7:10AM – 8:34AM	Asvini Until 12:01AM Tue Vajra* Until 12:40PM Visti Until 9:48AM Purnima* Until 10:54PM	Ganesha: Clear Muruga: Purple Nataraja: White Moon – White Ashvina•Aipasi	<i>Sunrise: 5:46AM</i> <i>Sunset: 4:58PM</i>	Moon 9 - Phase 27 Purnima
Mesha Rasi: 4.19 Family Home Evening Creative Work Siddha Yoga		624937264				Subha Sivaloka Day	
Tuesday, October 30, 2012		Silver Retreat Star		Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau		Manama, Bahrain Sutra 201 Nandana 5114	
Mesha Rasi: 16.2	Tithi 16	625937264	Gulika 11:22AM – 12:46PM Yama 8:34AM – 9:58AM Rahu 2:10PM – 3:34PM	Bharani Until 2:40AM Wed Siddhi Until 1:16PM Balava Until 11:58AM Prathama* Until 1:03AM Wed	Ganesha: Purple Muruga: Purple Nataraja: White Moon – White Ashvina•Aipasi	<i>Sunrise: 5:46AM</i> <i>Sunset: 4:58PM</i>	Moon 9 - Phase 27 Prathama
Creative Work Siddha Yoga Until 9.45PM then Marana Yoga Until 2:40AM Wed then Amrita Yoga						Subha Subha Sivaloka Day	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda, Brihadu 4.4.6

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Wednesday, October 31, 2012

Gold Retreat Star

Mesha Rasi: 28.13 Tithi 17
625937264
Creative Work Amrita Yoga
Until 9.45PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vyatipata* Variyan Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 9:58AM – 11:22AM
Yama 7:11AM – 8:35AM
Rahu 11:22AM – 12:46PM
Krittika Until 5:33AM Thu
Vyatipata* Until 2:05PM
Taitila Until 2:23PM
Dvitiya Until 3:28AM Thu
Ganesha: Purple
Muruga: Purple
Nataraja: White
Moon – White
Ashvina•Aipasi

Manama, Bahrain
Sun 1 Sutra 202
Nandana 5114
Moon 10 - Phase 28
1st Phase
Subha Subha Sivaloka Day

Thursday, November 1, 2012

1

Vrishabha Rasi: 10.02 Tithi 18
635937264
Routine Work Marana Yoga
Until 9:02AM Fri then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 8:35AM – 9:58AM
Yama 5:48AM – 7:11AM
Rahu 12:46PM – 2:09PM
Rohini Until 9:02AM Fri
Variyan Until 3:02PM
Vanija Until 4:58PM
Tritiya Until 6:33AM Fri
Ganesha: Clear
Muruga: Purple
Nataraja: White
Moon – Yellow
Ashvina•Aipasi

Manama, Bahrain
Sun 2 Sutra 203
Nandana 5114
Moon 10 - Phase 28
1st Phase
Subha Sivaloka Day

Friday, November 2, 2012

2

Vrishabha Rasi: 21.49 Tithi 18 – 19
635947264
Routine Work Marana Yoga
Until 9:02AM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Rohini/Mrigasira Nakshatra Parigha* Shiva Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau
Gulika 7:12AM – 8:35AM
Yama 2:09PM – 3:32PM
Rahu 9:59AM – 11:22AM
Rohini Until 9:02AM
Parigha* Until 4:04PM
Bava Until 7:38PM
Tritiya Until 6:33AM
Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Yellow
Ashvina•Aipasi

Manama, Bahrain
Sun 3 Sutra 204
Nandana 5114
Moon 10 - Phase 28
1st Phase
Sivaloka Day

Saturday, November 3, 2012

3

Mithuna Rasi: 3.37 Tithi 19 – 20
635947264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Mrigasira/Ardra Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau
Gulika 5:49AM – 7:12AM
Yama 12:45PM – 2:09PM
Rahu 8:36AM – 9:59AM
Mrigasira Until 12:06PM
Shiva Until 5:03PM
Kaulava Until 10:16PM
Chaturthi* Until 9:10AM
Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Yellow
Ashvina•Aipasi

Manama, Bahrain
Sun 4 Sutra 205
Nandana 5114
Moon 10 - Phase 28
1st Phase
Sivaloka Day

Sunday, November 4, 2012

4

Mithuna Rasi: 15.29 Tithi 20 – 21
635947264
Creative Work Siddha Yoga
Until 9.45PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 2:08PM – 3:31PM
Yama 11:22AM – 12:45PM
Rahu 3:31PM – 4:54PM
Ardra Until 3:02PM
Siddha Until 5:54PM
Gara Until 12:44AM Mon
Panchami Until 11:39AM
Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Yellow
Ashvina•Aipasi

Manama, Bahrain
Sun 5 Sutra 206
Nandana 5114
Moon 10 - Phase 28
1st Phase
Sivaloka Day

Monday, November 5, 2012

5

Mithuna Rasi: 27.29 Tithi 21 – 22
Family Home Evening
645947264
Creative Work Amrita Yoga
Until 5:41PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 12:45PM – 2:08PM
Yama 9:59AM – 11:22AM
Rahu 7:13AM – 8:36AM
Punarvasu Until 5:41PM
Sadhya Until 6:30PM
Visti Until 2:54AM Tue
Shasthi* Until 1:49PM
Ganesha: White
Muruga: Clear
Nataraja: White
Moon – Blue
Ashvina•Aipasi

Manama, Bahrain
Sun 6 Sutra 207
Nandana 5114
Moon 10 - Phase 28
1st Phase
Subha Sivaloka Day

Tuesday, November 6, 2012



Retreat Star

Kataka Rasi: 9.43 Tithi 22 – 23
745947264
Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Pushya Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 11:22AM – 12:45PM
Yama 8:37AM – 9:59AM
Rahu 2:08PM – 3:30PM
Pushya Until 6:50PM
Subha Until 5:48PM
Balava Until 2:43AM Wed
Saptami Until 2:43PM
Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Blue
Ashvina•Aipasi

Manama, Bahrain
Sun 7 Sutra 208
Nandana 5114
Moon 10 - Phase 28
Ashtami
Sivaloka Day

Wednesday, November 7, 2012

Retreat Star

Kataka Rasi: 22.13 Tithi 23 – 24
745947264
Creative Work Siddha Yoga
Until 9.46PM then Amrita Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Aslesha* Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 10:00AM – 11:22AM
Yama 7:14AM – 8:37AM
Rahu 11:22AM – 12:45PM
Aslesha* Until 8:22PM
Sukla Until 5:30PM
Taitila Until 3:43AM Thu
Ashtami* Until 3:43PM
Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Blue
Ashvina•Aipasi

Manama, Bahrain
Sun 8 Sutra 209
Nandana 5114
Moon 10 - Phase 28
Navami
Sivaloka Day

According as one acts,so does he become. One becomes virtuous by virtuous action,bad by bad action. Shukla Yajur Veda,Brihadu 4.4.5. UpH,140

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1		Thursday, November 8, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Magha* Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Navami*Dasami Yam Titau		Manama, Bahrain
Simha Rasi: 5.05	Tithi 24 – 25	755947264	Gulika 8:37AM – 10:00AM Yama 5:52AM – 7:15AM Rahu 12:45PM – 2:07PM	Magha* Until 9:14PM Brahma Until 4:35PM Vanija Until 4:00AM Fri Navami* Until 4:00PM	Ganesha: White Muruga: Clear Nataraja: White Moon – Red Ashvina•Aipasi
Creative Work	Amrita Yoga				Sun 9 Sutra 210 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Until 9:14PM then no yoga					Subha Sivaloka Day
Until 9:46PM then Siddha Yoga					
2		Friday, November 9, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaphalguni* Nakshatra Indra/Vaidhriti* Yoga Visti*/Bava Karana Dasami/Ekadas* Yam Titau		Manama, Bahrain
Simha Rasi: 18.22	Tithi 25 – 26	756947264	Gulika 7:15AM – 8:38AM Yama 2:07PM – 3:29PM Rahu 10:00AM – 11:22AM	Purvaphalguni* Until 8:14PM Indra Until 2:21PM Bava Until 1:48AM Sat Dasami Until 2:44PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Red Ashvina•Aipasi
Creative Work	Siddha Yoga				Sun 10 Sutra 211 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Until 9:46PM then Marana Yoga					Sivaloka Day
3		Saturday, November 10, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Balava/Kaulava Karana Ekadas*/Dvadas* Yam Titau		Manama, Bahrain
Kanya Rasi: 2.05	Tithi 26 – 27	756947264	Gulika 5:54AM – 7:16AM Yama 12:45PM – 2:07PM Rahu 8:38AM – 10:00AM	Uttaraphalguni Until 7:33PM Vaidhriti* Until 12:06PM Kaulava Until 12:27AM Sun Ekadas* Until 1:23PM	Ganesha: Clear Muruga: Clear Nataraja: White Moon – Red Ashvina•Aipasi
Routine Work	Marana Yoga				Sun 11 Sutra 212 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Until 9:46PM then Amrita Yoga					Sivaloka Day
4		Sunday, November 11, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dvadas*/Trayodasi* Yam Titau		Manama, Bahrain
Kanya Rasi: 16.17	Tithi 27 – 28	766947264	Gulika 2:07PM – 3:29PM Yama 11:23AM – 12:45PM Rahu 3:29PM – 4:51PM	Hasta Until 5:17PM Vishkambha* Until 8:56AM Gara Until 9:07PM Dvadas* Until 10:49AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: White Muruga: Clear Nataraja: White Moon – Green Ashvina•Aipasi
Creative Work	Amrita Yoga				Sun 12 Sutra 213 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Until 5:17PM then Siddha Yoga					Devaloka Day
Until 9:46PM then Prabalarishta Yoga					
5		Monday, November 12, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Ayushman Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Manama, Bahrain
Tula Rasi: 0.53	Tithi 28 – 29	766947264	Gulika 12:45PM – 2:06PM Yama 10:01AM – 11:23AM Rahu 7:17AM – 8:39AM	Chitra Until 3:15PM Ayushman Until 1:31AM Tue Visti Until 6:22PM Trayodasi* Until 8:05AM	Ganesha: White Muruga: Clear Nataraja: White Moon – Green Ashvina•Aipasi
Family Home Evening					Sun 13 Sutra 214 Nandana 5114 Moon 10 - Phase 29 2nd Phase
Routine Work	Prabalarishta Yoga				Devaloka Day
Until 3:15PM then Amrita Yoga					
Until 9:46PM then Siddha Yoga					
Retreat Star		Tuesday, November 13, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Visakha Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau		Manama, Bahrain
Tula Rasi: 15.49	Tithi 30	766947264	Gulika 11:23AM – 12:45PM Yama 8:39AM – 10:01AM Rahu 2:06PM – 3:28PM	Svati Until 12:42PM Saubhagya Until 9:37PM Catuspada Until 3:05PM Amavasya* Until 1:22AM Wed	Ganesha: White Muruga: Clear Nataraja: White Moon – Green Ashvina•Aipasi
Creative Work	Siddha Yoga				Sun 14 Sutra 215 Nandana 5114 Moon 10 - Phase 29 Amavasya
Until 12:42PM then Marana Yoga					Devaloka Day
Until 9:46PM then Siddha Yoga					
Retreat Star		Wednesday, November 14, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Visakha/Anuradha Nakshatra Sobhana/Athiganda* Yoga Kintughna*/Bava Karana Prathama* Yam Titau		Manama, Bahrain
Vrischika Rasi: 0.56	Tithi 1	776947264	Gulika 10:01AM – 11:23AM Yama 7:18AM – 8:40AM Rahu 11:23AM – 12:45PM	Visakha Until 9:49AM Sobhana Until 5:25PM Kintughna Until 11:26AM Prathama* Until 9:43PM	Ganesha: Green Muruga: Clear Nataraja: White Moon – Orange Karttika•Aipasi
Creative Work	Siddha Yoga				Sun 15 Sutra 216 Nandana 5114 Moon 10 - Phase 29 Prathama
					Devaloka Day

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda, Brihadu 4.4.5. bo UpH, 140

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Thursday, November 15, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Balava/Taila Karana Dvitiya/Tritiya Yam Titau			Manama, Bahrain
1	Vrischika Rasi: 16.08	Tithi 2 – 3	Gulika 8:40AM – 10:02AM Yama 5:57AM – 7:19AM Rahu 12:45PM – 2:06PM	Anuradha Until 6:52AM Athiganda* Until 1:08PM Balava Until 7:42AM Dvitiya Until 5:59PM	Ganesha: Green Muruga: Clear Nataraja: White Moon – Orange Karttika•Aipasi	Sun 16 Sutra 217 Nandana 5114 Moon 10 - Phase 30 3rd Phase
Creative Work Siddha Yoga Until 9.47PM then Prabalarishta Yoga			Devaloka Day			
Friday, November 16, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau			Manama, Bahrain
2	Dhanus Rasi: 1.13	Tithi 3 – 4	Gulika 7:19AM – 8:41AM Yama 2:06PM – 3:27PM Rahu 10:02AM – 11:23AM	Mula* Until 1:24AM Sat Sukarma Until 9:00AM Vanija Until 12:43AM Sat Tritiya Until 2:26PM	Ganesha: Clear Muruga: Clear Nataraja: Yellow Moon – Light Blue Karttika•Karttikai	Sun 17 Sutra 218 Nandana 5114 Moon 10 - Phase 30 3rd Phase
No Yoga Until 9.47PM then Siddha Yoga Until 1:24AM Sat then Marana Yoga			Devaloka Day			
Saturday, November 17, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau			Manama, Bahrain
3	Dhanus Rasi: 16.03	Tithi 4 – 5	Gulika 5:59AM – 7:20AM Yama 12:45PM – 2:06PM Rahu 8:41AM – 10:02AM	Purvashadha* Until 12:12AM Sun Shula* Until 1:14AM Sun Bava Until 10:47PM Chaturthi* Until 11:42AM	Ganesha: Clear Muruga: Clear Nataraja: Yellow Moon – Light Blue Karttika•Karttikai	Sun 18 Sutra 219 Nandana 5114 Moon 10 - Phase 30 3rd Phase
Routine Work Marana Yoga Until 9.47PM then Siddha Yoga Until 12:12AM Sun then Amrita Yoga			Devaloka Day			
Sunday, November 18, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Manama, Bahrain
4	Makara Rasi: 0.32	Tithi 5 – 6	Gulika 2:06PM – 3:27PM Yama 11:24AM – 12:45PM Rahu 3:27PM – 4:48PM	Uttarashadha Until 10:13PM Ganda* Until 11:02PM Kaulava Until 8:03PM Panchami Until 8:58AM	Ganesha: Clear Muruga: Clear Nataraja: Yellow Moon – Light Blue Karttika•Karttikai	Sun 19 Sutra 220 Nandana 5114 Moon 10 - Phase 30 3rd Phase
Creative Work Amrita Yoga Until 9.47PM then Marana Yoga Until 10:13PM then Amrita Yoga			Devaloka Day			
Monday, November 19, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Sravana Nakshatra Vriddhi Yoga Taila/Gara Karana Shasthi*/Saptami Yam Titau			Manama, Bahrain
5	Makara Rasi: 14.37	Tithi 6 – 7	Gulika 12:45PM – 2:06PM Yama 10:03AM – 11:24AM Rahu 7:21AM – 8:42AM	Sravana Until 8:56PM Vriddhi Until 8:14PM Gara Until 6:04PM Shasthi* Until 6:59AM	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Purple Karttika•Karttikai	Sun 20 Sutra 221 Nandana 5114 Moon 10 - Phase 30 3rd Phase
Family Home Evening Creative Work Amrita Yoga Until 8:56PM then Siddha Yoga Until 9.47PM then Marana Yoga			Sivaloka Day			
Tuesday, November 20, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Visti*/Bava Karana Ashtami* Yam Titau			Manama, Bahrain
Retreat Star	Makara Rasi: 28.16	Tithi 8	Gulika 11:24AM – 12:45PM Yama 8:43AM – 10:03AM Rahu 2:06PM – 3:27PM	Dhanishtha Until 9:30PM Dhruva Until 6:58PM Visti Until 5:47PM Ashtami* Until 5:47AM Wed	Ganesha: Purple Muruga: Clear Nataraja: Yellow Moon – Purple Karttika•Karttikai	Sun 21 Sutra 222 Nandana 5114 Moon 10 - Phase 30 Ashtami
Routine Work Marana Yoga Until 9:30PM then Siddha Yoga			Sivaloka Day			
Wednesday, November 21, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Satabhisha Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navami* Yam Titau			Manama, Bahrain
Retreat Star	Kumbha Rasi: 11.3	Tithi 9	Gulika 10:04AM – 11:25AM Yama 7:22AM – 8:43AM Rahu 11:25AM – 12:45PM	Satabhisha Until 9:41PM Vyaghata* Until 5:25PM Balava Until 5:20PM Navami* Until 5:20AM Thu	Ganesha: Blue Muruga: Clear Nataraja: Yellow Moon – Purple Karttika•Karttikai	Sun 22 Sutra 223 Nandana 5114 Moon 10 - Phase 30 Navami
Creative Work Siddha Yoga Until 9.48PM then Amrita Yoga Until 9:41PM then Siddha Yoga			Sivaloka Day			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. K%oishia Yajur Veda, Kathau 2.3.4

1		Thursday, November 22, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Purvaprostapada* Nakshatra Harshana/Vajra* Yoga Taitila Karana Dasami Yam Titau		Manama, Bahrain Sun 23 Sutra 224 Nandana 5114
Kumbha Rasi: 24.22	Tithi 10	717147265	Gulika 8:44AM – 10:04AM Yama 6:03AM – 7:23AM Rahu 12:45PM – 2:06PM	Purvaprostapada* Until 10:34PM Harshana Until 4:29PM Taitila Until 5:38PM Dasami Until 6:37AM Fri	Ganesha: Purple <i>Sunrise: 6:03AM</i> Muruga: Clear <i>Sunset: 4:47PM</i> Nataraja: Yellow Moon – Clear Sivaloka Day Karttika*Karttikai
Creative Work Siddha Yoga					
2		Friday, November 23, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Manama, Bahrain Sun 24 Sutra 225 Nandana 5114
Meena Rasi: 6.55	Tithi 10 – 11	718147265	Gulika 7:24AM – 8:44AM Yama 2:06PM – 3:26PM Rahu 10:05AM – 11:25AM	Uttaraprostapada Until 1:31AM Sat Vajra* Until 4:53PM Vanija Until 7:42PM Dasami Until 6:37AM	Ganesha: Clear <i>Sunrise: 6:03AM</i> Muruga: Clear <i>Sunset: 4:47PM</i> Nataraja: Yellow Moon – Clear Devaloka Day Karttika*Karttikai
Creative Work Siddha Yoga Until 1:31AM Sat then Prabalarishta Yoga					
3		Saturday, November 24, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau		Manama, Bahrain Sun 25 Sutra 226 Nandana 5114
Meena Rasi: 19.13	Tithi 11 – 12	718147265	Gulika 6:04AM – 7:24AM Yama 12:46PM – 2:06PM Rahu 8:45AM – 10:05AM	Revati Until 3:35AM Sun Siddhi Until 4:56PM Bava Until 9:16PM Ekadasi Until 8:11AM	Ganesha: Clear <i>Sunrise: 6:04AM</i> Muruga: Clear <i>Sunset: 4:47PM</i> Nataraja: Yellow Moon – Clear Devaloka Day Karttika*Karttikai
Routine Work Prabalarishta Yoga Until 9.49PM then Amrita Yoga Until 3:35AM Sun then Siddha Yoga					
4		Sunday, November 25, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau		Manama, Bahrain Sun 26 Sutra 227 Nandana 5114
Mesha Rasi: 1.19	Tithi 12 – 13	728147265	Gulika 2:06PM – 3:26PM Yama 11:26AM – 12:46PM Rahu 3:26PM – 4:47PM	Asvini Until 6:08AM Mon Vyatipata* Until 5:21PM Kaulava Until 11:15PM Dvadasi Until 10:10AM <i>Pradosha Vrata</i>	Ganesha: White <i>Sunrise: 6:05AM</i> Muruga: Clear <i>Sunset: 4:47PM</i> Nataraja: Yellow Moon – White Bhuloka Day Devaloka Time: 3:PM to 6:PM Karttika*Karttikai
Creative Work Siddha Yoga					
5		Monday, November 26, 2012	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Asvini/Bharani Nakshatra Variyan Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau		Manama, Bahrain Sun 27 Sutra 228 Nandana 5114
Mesha Rasi: 13.16	Tithi 13 – 14	728147265	Gulika 12:46PM – 2:06PM Yama 10:06AM – 11:26AM Rahu 7:26AM – 8:46AM	Asvini Until 6:08AM Variyan Until 6:01PM Gara Until 1:33AM Tue Trayodasi Until 12:28PM	Ganesha: White <i>Sunrise: 6:06AM</i> Muruga: Clear <i>Sunset: 4:47PM</i> Nataraja: Yellow Moon – White Bhuloka Day Devaloka Time: 3:PM to 6:PM Karttika*Karttikai
Family Home Evening Creative Work Siddha Yoga					
○		Tuesday, November 27, 2012 Copper Retreat Star	Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Parigha* Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau		Manama, Bahrain Sutra 229 Nandana 5114
Mesha Rasi: 25.08	Tithi 14 – 15	728147265	Gulika 11:26AM – 12:46PM Yama 8:46AM – 10:06AM Rahu 2:06PM – 3:26PM Krittika Deepam	Bharani Until 9:05AM Parigha* Until 6:52PM Visti Until 4:04AM Wed Chaturdasi* Until 2:58PM	Ganesha: White <i>Sunrise: 6:06AM</i> Muruga: Clear <i>Sunset: 4:46PM</i> Nataraja: Yellow Moon – White Bhuloka Day Devaloka Time: 3:PM to 6:PM Karttika*Karttikai
Creative Work Siddha Yoga Until 9.50PM then Amrita Yoga					
Wednesday, November 28, 2012 Silver Retreat Star			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Shiva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau		Manama, Bahrain Sutra 230 Nandana 5114
Vrishabha Rasi: 6.56	Tithi 15 – 16	728147265	Gulika 10:07AM – 11:27AM Yama 7:27AM – 8:47AM Rahu 11:27AM – 12:47PM Penumbral Lunar Eclipse Vinayaga Viratam Begins	Krittika Until 12:07PM Shiva Until 7:48PM Balava Until 6:41AM Thu Purnima* Until 5:35PM	Ganesha: White <i>Sunrise: 6:07AM</i> Muruga: Clear <i>Sunset: 4:46PM</i> Nataraja: Yellow Moon – White Bhuloka Day Devaloka Time: 3:PM to 6:PM Karttika*Karttikai
Creative Work Amrita Yoga Until 12:07PM then Siddha Yoga Until 9.50PM then Marana Yoga					

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331. TM

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Thursday, November 29, 2012

Gold Retreat Star

Virshabha Rasi: 18.44 Tithi 16

739147265

Routine Work Marana Yoga
Until 9.50PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigasira Nakshatra Siddha Yoga Balava/Kaulava Karana Prathama* Yam Titau

Gulika 8:47AM – 10:07AM
Yama 6:08AM – 7:28AM
Rahu 12:47PM – 2:07PM

Rohini Until 3:12PM
Siddha Until 8:46PM
Balava Until 7:09AM
Prathama* Until 8:15PM

Ganesha: Blue *Sunrise: 6:08AM*
Muruga: Clear *Sunset: 4:46PM*
Nataraja: Yellow
Moon – Yellow

Karttika*Karttikai

Manama, Bahrain
Sun 1 Sutra 231
Nandana 5114
Moon 11 - Phase 32
1st Phase

Sivaloka Day

Friday, November 30, 2012

1

Mithuna Rasi: 0.33 Tithi 17

739147265

Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigasira Nakshatra Sadhya Yoga Tautila/Gara Karana Dvitiya Yam Titau

Gulika 7:28AM – 8:48AM
Yama 2:07PM – 3:27PM
Rahu 10:08AM – 11:27AM

Mrigasira Until 6:14PM
Sadhya Until 9:42PM
Tautila Until 9:46AM
Dvitiya Until 10:52PM

Ganesha: Blue *Sunrise: 6:08AM*
Muruga: Clear *Sunset: 4:46PM*
Nataraja: Yellow
Moon – Yellow

Karttika*Karttikai

Manama, Bahrain
Sun 2 Sutra 232
Nandana 5114
Moon 11 - Phase 32
1st Phase

Sivaloka Day

Saturday, December 1, 2012

2

Mithuna Rasi: 12.25 Tithi 18

739147265

Creative Work Siddha Yoga
Until 9:09PM then Marana Yoga
Until 9.51PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam
Ardra Nakshatra Subha Yoga Vanija/Visti* Karana Tritiya Yam Titau

Gulika 6:09AM – 7:29AM
Yama 12:47PM – 2:07PM
Rahu 8:48AM – 10:08AM

Ardra Until 9:09PM
Subha Until 10:32PM
Vanija Until 12:15PM
Tritiya Until 1:21AM Sun

Ganesha: Blue *Sunrise: 6:09AM*
Muruga: Clear *Sunset: 4:46PM*
Nataraja: Yellow
Moon – Yellow

Karttika*Karttikai

Manama, Bahrain
Sun 3 Sutra 233
Nandana 5114
Moon 11 - Phase 32
1st Phase

Sivaloka Day

Sunday, December 2, 2012

3

Mithuna Rasi: 24.23 Tithi 19

749147265

Creative Work Siddha Yoga
Until 9.52PM then Amrita Yoga
Until 11:54PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Punarvasu Nakshatra Sukla Yoga Bava/Balava Karana Chaturthi* Yam Titau

Gulika 2:07PM – 3:27PM
Yama 11:28AM – 12:48PM
Rahu 3:27PM – 4:46PM

Punarvasu Until 11:54PM
Sukla Until 11:11PM
Bava Until 2:33PM
Chaturthi* Until 3:38AM Mon

Ganesha: Red *Sunrise: 6:10AM*
Muruga: Clear *Sunset: 4:46PM*
Nataraja: Yellow
Moon – Blue

Karttika*Karttikai

Manama, Bahrain
Sun 4 Sutra 234
Nandana 5114
Moon 11 - Phase 32
1st Phase

Devaloka Day

Monday, December 3, 2012

4

Kataka Rasi: 6.29 Tithi 20

Family Home Evening 749147265

Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya Nakshatra Brahma Yoga Kaulava/Tautila Karana Panchami Yam Titau

Gulika 12:48PM – 2:08PM
Yama 10:09AM – 11:29AM
Rahu 7:30AM – 8:50AM

Pushya Until 2:22AM Tue
Brahma Until 11:36PM
Kaulava Until 4:33PM
Panchami Until 5:39AM Tue

Ganesha: Red *Sunrise: 6:11AM*
Muruga: Clear *Sunset: 4:47PM*
Nataraja: Yellow
Moon – Blue

Karttika*Karttikai

Manama, Bahrain
Sun 5 Sutra 235
Nandana 5114
Moon 11 - Phase 32
1st Phase

Devaloka Day

Tuesday, December 4, 2012

5

Kataka Rasi: 18.45 Tithi 21

749147265

Creative Work Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam
Aslesha* Nakshatra Indra Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 11:29AM – 12:48PM
Yama 8:50AM – 10:10AM
Rahu 2:08PM – 3:27PM

Aslesha* Until 4:30AM Wed
Indra Until 10:26PM
Gara Until 6:11PM
Shasthi* Until 6:12AM Wed

Ganesha: Red *Sunrise: 6:11AM*
Muruga: Clear *Sunset: 4:47PM*
Nataraja: Yellow
Moon – Blue

Karttika*Karttikai

Manama, Bahrain
Sun 6 Sutra 236
Nandana 5114
Moon 11 - Phase 32
1st Phase

Devaloka Day

Wednesday, December 5, 2012

6

Simha Rasi: 1.15 Tithi 21 – 22

759147265

Creative Work Siddha Yoga
Until 9.53PM then Amrita Yoga
Until 4:18AM Thu then no yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam
Magha* Nakshatra Vaidhriti* Yoga Vanija/Visti* Karana Shasthi* Saptami Yam Titau

Gulika 10:10AM – 11:29AM
Yama 7:31AM – 8:51AM
Rahu 11:29AM – 12:49PM

Magha* Until 4:18AM Thu
Vaidhriti* Until 10:07PM
Visti Until 6:12PM
Shasthi* Until 6:12AM

Ganesha: Green *Sunrise: 6:12AM*
Muruga: Clear *Sunset: 4:47PM*
Nataraja: Yellow
Moon – Red

Karttika*Karttikai

Manama, Bahrain
Sun 7 Sutra 237
Nandana 5114
Moon 11 - Phase 32
1st Phase

Sivaloka Day

Thursday, December 6, 2012



Retreat Star

Simha Rasi: 14.02 Tithi 22 – 23

759147265

No Yoga
Until 9.53PM then Siddha Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni* Nakshatra Vishkambha* Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau

Gulika 8:51AM – 10:11AM
Yama 6:13AM – 7:32AM
Rahu 12:49PM – 2:08PM

Purvaphalguni* Until 5:19AM Fri
Vishkambha* Until 9:19PM
Balava Until 6:39PM
Saptami Until 6:39AM

Ganesha: Green *Sunrise: 6:13AM*
Muruga: Clear *Sunset: 4:47PM*
Nataraja: Yellow
Moon – Red

Karttika*Karttikai

Manama, Bahrain
Sun 8 Sutra 238
Nandana 5114
Moon 11 - Phase 32
Ashtami

Sivaloka Day

Friday, December 7, 2012

Retreat Star

Simha Rasi: 27.11 Tithi 23 – 24

751147265

Creative Work Siddha Yoga
Until 9.54PM then Marana Yoga

Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni Nakshatra Priti Yoga Kaulava/Gara Karana Ashtami*/Navami* Yam Titau

Gulika 7:33AM – 8:52AM
Yama 2:09PM – 3:28PM
Rahu 10:11AM – 11:30AM

Uttaraphalguni Until 3:59AM Sat
Priti Until 6:59PM
Gara Until 4:32AM Sat
Ashtami* Until 6:22AM

Ganesha: Orange *Sunrise: 6:13AM*
Muruga: Clear *Sunset: 4:47PM*
Nataraja: Yellow
Moon – Red

Karttika*Karttikai

Manama, Bahrain
Sun 9 Sutra 239
Nandana 5114
Moon 11 - Phase 32
Navami

Devaloka Day

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Kṛishṇa Yajur Veda, Kathau 2.2.12. UpR, 640

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1 Saturday, December 8, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Hasta Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Dasami Yam Titau			Manama, Bahrain Sun 10 Sutra 240 Nandana 5114
Kanya Rasi: 10.43	Tithi 25	761147265	Gulika 6:14AM – 7:33AM Yama 12:50PM – 2:09PM Rahu 8:52AM – 10:12AM	Hasta Until 3:38AM Sun Ayushman Until 5:02PM Vanija Until 4:29PM Dasami Until 3:34AM Sun	Ganesha: Light Blue <i>Sunrise: 6:14AM</i> Muruga: Clear <i>Sunset: 4:47PM</i> Nataraja: Yellow Moon – Green	Moon 11 - Phase 33 2nd Phase
Routine Work Marana Yoga Until 9.54PM then Amrita Yoga Until 3:38AM Sun then Siddha Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM			
2 Sunday, December 9, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ekadasi* Yam Titau			Manama, Bahrain Sun 11 Sutra 241 Nandana 5114
Kanya Rasi: 24.41	Tithi 26	761147265	Gulika 2:09PM – 3:28PM Yama 11:31AM – 12:50PM Rahu 3:28PM – 4:48PM	Chitra Until 2:33AM Mon Saubhagya Until 2:23PM Bava Until 2:44PM Ekadasi* Until 1:48AM Mon	Ganesha: Light Blue <i>Sunrise: 6:15AM</i> Muruga: Clear <i>Sunset: 4:48PM</i> Nataraja: Yellow Moon – Green	Moon 11 - Phase 33 2nd Phase
Creative Work Siddha Yoga Until 9.55PM then Prabalarishta Yoga Until 2:33AM Mon then Amrita Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM			
3 Monday, December 10, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Indu Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau			Manama, Bahrain Sun 12 Sutra 242 Nandana 5114
Tula Rasi: 9.04	Tithi 27	761147265	Gulika 12:51PM – 2:10PM Yama 10:13AM – 11:32AM Rahu 7:34AM – 8:54AM	Svati Until 11:29PM Sobhana Until 10:45AM Kaulava Until 11:45AM Dvadasi* Until 10:02PM	Ganesha: Light Blue <i>Sunrise: 6:15AM</i> Muruga: Clear <i>Sunset: 4:48PM</i> Nataraja: Yellow Moon – Green	Moon 11 - Phase 33 2nd Phase
Family Home Evening Creative Work Amrita Yoga Until 9.55PM then Siddha Yoga Until 11:29PM then Marana Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM			
4 Tuesday, December 11, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodasi* Yam Titau			Manama, Bahrain Sun 13 Sutra 243 Nandana 5114
Tula Rasi: 23.5	Tithi 28	771147265	Gulika 11:32AM – 12:51PM Yama 8:54AM – 10:13AM Rahu 2:10PM – 3:29PM	Visakha Until 9:11PM Athiganda* Until 7:04AM Gara Until 8:44AM Trayodasi* Until 7:02PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise: 6:16AM</i> Muruga: Clear <i>Sunset: 4:48PM</i> Nataraja: Yellow Moon – Orange	Moon 11 - Phase 33 2nd Phase
Routine Work Marana Yoga Until 9:11PM then Siddha Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM			
5 Wednesday, December 12, 2012			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau			Manama, Bahrain Sun 14 Sutra 244 Nandana 5114
Vrishchika Rasi: 8.54	Tithi 29 – 30	771147265	Gulika 10:14AM – 11:33AM Yama 7:36AM – 8:55AM Rahu 11:33AM – 12:52PM	Anuradha Until 6:26PM Dhriti Until 10:58PM Catuspada Until 1:49AM Thu Chaturdasi* Until 3:32PM	Ganesha: Purple <i>Sunrise: 6:17AM</i> Muruga: Clear <i>Sunset: 4:48PM</i> Nataraja: Yellow Moon – Orange	Moon 11 - Phase 33 2nd Phase
Creative Work Siddha Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM			
Thursday, December 13, 2012 Retreat Star			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau			Manama, Bahrain Sun 15 Sutra 245 Nandana 5114
Vrishchika Rasi: 24.06	Tithi 30 – 1	771147265	Gulika 8:55AM – 10:14AM Yama 6:17AM – 7:36AM Rahu 12:52PM – 2:11PM	Jyeshtha* Until 3:27PM Shula* Until 6:39PM Kintughna Until 10:05PM Amavasya* Until 11:47AM	Ganesha: Purple <i>Sunrise: 6:17AM</i> Muruga: Clear <i>Sunset: 4:49PM</i> Nataraja: Yellow Moon – Orange	Moon 11 - Phase 33 Amavasya
Creative Work Siddha Yoga Until 9.56PM then no yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM			
Friday, December 14, 2012 Retreat Star			Nandana Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Manama, Bahrain Sun 16 Sutra 246 Nandana 5114
Dhanus Rasi: 9.17	Tithi 1 – 2	781147265	Gulika 7:37AM – 8:56AM Yama 2:11PM – 3:30PM Rahu 10:15AM – 11:34AM	Mula* Until 12:28PM Ganda* Until 2:19PM Balava Until 6:21PM Prathama* Until 8:03AM	Ganesha: Light Blue <i>Sunrise: 6:18AM</i> Muruga: Clear <i>Sunset: 4:49PM</i> Nataraja: Yellow Moon – Light Blue	Moon 11 - Phase 33 Prathama
No Yoga Until 12:28PM then Siddha Yoga Until 9.57PM then Marana Yoga			Bhuloka Day Devaloka Time: 3:PM to 6:PM			

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda, Svetu 1.15. UpR, 718

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1 Saturday, December 15, 2012			Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Taila/Gara Karana Tritiya Yam Titau			Manama, Bahrain Sun 17 Sutra 247 Nandana 5114		
Dhanus Rasi: 24.19	Tithi 3	781147265	Gulika 6:19AM – 7:37AM Yama 12:53PM – 2:12PM Rahu 8:56AM – 10:15AM	Purvashadha* Until 9:45AM Vriddhi Until 10:15AM Taila Until 2:54PM Tritiya Until 1:11AM Sun	Ganesha: Light Blue Muruga: Clear Nataraja: Yellow Moon – Light Blue Margasira*Markali	<i>Sunrise: 6:19AM</i> <i>Sunset: 4:49PM</i>	Moon 11 - Phase 34 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 9:45AM then no yoga Until 9:57PM then Amrita Yoga			Markali Pillaiyar					
2 Sunday, December 16, 2012			Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Savana Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Manama, Bahrain Sun 18 Sutra 248 Nandana 5114		
Makara Rasi: 9.02	Tithi 4	881247265	Gulika 2:12PM – 3:31PM Yama 11:35AM – 12:53PM Rahu 3:31PM – 4:50PM	Uttarashadha Until 7:38AM Dhruva Until 6:41AM Vanija Until 12:26PM Chaturthi* Until 11:30PM	Ganesha: Light Blue Muruga: Clear Nataraja: Yellow Moon – Light Blue Margasira*Markali	<i>Sunrise: 6:19AM</i> <i>Sunset: 4:50PM</i>	Moon 11 - Phase 34 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga								
3 Monday, December 17, 2012			Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Harshana Yoga Bava/Balava Karana Panchami Yam Titau			Manama, Bahrain Sun 19 Sutra 249 Nandana 5114		
Makara Rasi: 23.22	Tithi 5	892247265	Gulika 12:54PM – 2:13PM Yama 10:16AM – 11:35AM Rahu 7:39AM – 8:57AM	Dhanishtha Until 4:49AM Tue Harshana Until 12:49AM Tue Bava Until 10:02AM Panchami Until 9:07PM	Ganesha: Light Blue Muruga: Clear Nataraja: Yellow Moon – Purple Margasira*Markali	<i>Sunrise: 6:20AM</i> <i>Sunset: 4:50PM</i>	Moon 11 - Phase 34 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Family Home Evening Creative Work Siddha Yoga Until 9:58PM then Marana Yoga								
4 Tuesday, December 18, 2012			Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Satabhisha Nakshatra Vajra* Yoga Kaulava/Taila Karana Shasthi* Yam Titau			Manama, Bahrain Sun 20 Sutra 250 Nandana 5114		
Kumbha Rasi: 7.12	Tithi 6	892247265	Gulika 11:36AM – 12:54PM Yama 8:58AM – 10:17AM Rahu 2:13PM – 3:32PM	Satabhisha Until 5:38AM Wed Vajra* Until 11:33PM Kaulava Until 8:43AM Shasthi* Until 8:43PM	Ganesha: Light Blue Muruga: Clear Nataraja: Yellow Moon – Purple Margasira*Markali	<i>Sunrise: 6:20AM</i> <i>Sunset: 4:51PM</i>	Moon 11 - Phase 34 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 9:59PM then Siddha Yoga Until 5:38AM Wed then Amrita Yoga			Vinayaga Viratam Ends					
5 Wednesday, December 19, 2012			Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprostapada* Nakshatra Siddhi Yoga Gara/Vanija Karana Saptami Yam Titau			Manama, Bahrain Sun 21 Sutra 251 Nandana 5114		
Kumbha Rasi: 20.34	Tithi 7	812247265	Gulika 10:17AM – 11:36AM Yama 7:40AM – 8:58AM Rahu 11:36AM – 12:55PM	Purvaprostapada* Until 5:34AM Thu Siddhi Until 9:45PM Gara Until 8:02AM Saptami Until 8:02PM	Ganesha: White Muruga: Clear Nataraja: Yellow Moon – Clear Margasira*Markali	<i>Sunrise: 6:21AM</i> <i>Sunset: 4:51PM</i>	Moon 11 - Phase 34 3rd Phase	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 9:59PM then Siddha Yoga								
Thursday, December 20, 2012			Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada Nakshatra Vyatipata* Yoga Visti*/Bava Karana Ashtami* Yam Titau			Manama, Bahrain Sun 22 Sutra 252 Nandana 5114		
Retreat Star			Gulika 8:59AM – 10:18AM Yama 6:21AM – 7:40AM Rahu 12:55PM – 2:14PM	Uttaraprostapada Until 7:19AM Fri Vyatipata* Until 8:43PM Visti Until 8:14AM Ashtami* Until 8:14PM	Ganesha: White Muruga: Clear Nataraja: Yellow Moon – Clear Margasira*Markali	<i>Sunrise: 6:21AM</i> <i>Sunset: 4:52PM</i>	Moon 11 - Phase 34 Ashtami	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Meena Rasi: 3.29	Tithi 8	812247265						
Creative Work Siddha Yoga								
Friday, December 21, 2012			Nandana Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraprostapada/Revati Nakshatra Variyan Yoga Balava/Kaulava Karana Navami* Yam Titau			Manama, Bahrain Sun 23 Sutra 253 Nandana 5114		
Retreat Star			Gulika 7:41AM – 8:59AM Yama 2:15PM – 3:33PM Rahu 10:18AM – 11:37AM	Uttaraprostapada Until 7:19AM Variyan Until 9:27PM Balava Until 9:30AM Navami* Until 10:35PM	Ganesha: White Muruga: Clear Nataraja: Yellow Moon – Clear Margasira*Markali	<i>Sunrise: 6:22AM</i> <i>Sunset: 4:52PM</i>	Moon 11 - Phase 34 Navami	Bhuloka Day Devaloka Time: 3:PM to 6:PM
Meena Rasi: 16.01	Tithi 9	812247265						
Creative Work Siddha Yoga Until 10.00PM then Prabalarishta Yoga			Day 1 of Pancha Ganapati					

The soul is born and unfolds in a body with dreams and desires and the food of life. And then it is reborn in new bodies in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda, Svetu 5.11–12. UpM, 94

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1		Saturday, December 22, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Revati/Asvini Nakshatra Parigha* Yoga Taitila/Gara Karana Dasami Yam Titau		Manama, Bahrain Sun 24 Sutra 254 Nandana 5114
Meena Rasi: 28.14	Tithi 10	812247265	Gulika 6:22AM – 7:41AM Yama 12:56PM – 2:15PM Rahu 9:00AM – 10:19AM	Revati Until 9:32AM Parigha* Until 9:38PM Taitila Until 11:14AM Dasami Until 12:20AM Sun	Ganesha: White <i>Sunrise: 6:22AM</i> Muruga: Clear <i>Sunset: 4:53PM</i> Nataraja: Yellow Moon – Clear Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Prabalarishta Yoga Until 9:32AM then Siddha Yoga		Day 2 of Pancha Ganapati			
2		Sunday, December 23, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Asvini/Bharani Nakshatra Shiva Yoga Vanija/Visti* Karana Ekadasi Yam Titau		Manama, Bahrain Sun 25 Sutra 255 Nandana 5114
Mesha Rasi: 10.14	Tithi 11	822247265	Gulika 2:16PM – 3:34PM Yama 11:38AM – 12:57PM Rahu 3:34PM – 4:53PM	Asvini Until 12:12PM Shiva Until 10:13PM Vanija Until 1:28PM Ekadasi Until 2:33AM Mon	Ganesha: Yellow <i>Sunrise: 6:23AM</i> Muruga: Clear <i>Sunset: 4:53PM</i> Nataraja: Yellow Moon – White Devaloka Day
Creative Work Siddha Yoga Until 12:12PM then no yoga Until 10:01PM then Siddha Yoga		Day 3 of Pancha Ganapati			
3		Monday, December 24, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Siddha Yoga Bava/Balava Karana Dvadasi Yam Titau		Manama, Bahrain Sun 26 Sutra 256 Nandana 5114
Mesha Rasi: 22.05	Tithi 12	822247265	Gulika 12:57PM – 2:16PM Yama 10:20AM – 11:39AM Rahu 7:42AM – 9:01AM	Bharani Until 3:10PM Siddha Until 11:04PM Bava Until 4:00PM Dvadasi Until 5:06AM Tue	Ganesha: Yellow <i>Sunrise: 6:23AM</i> Muruga: Clear <i>Sunset: 4:54PM</i> Nataraja: Yellow Moon – White Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 3:10PM then no yoga Until 10:02PM then Siddha Yoga		Day 4 of Pancha Ganapati			
4		Tuesday, December 25, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika Nakshatra Sadhya Yoga Kaulava Karana Trayodasi Yam Titau		Manama, Bahrain Sun 27 Sutra 257 Nandana 5114
Vrishabha Rasi: 3.52	Tithi 13	822247265	Gulika 11:39AM – 12:58PM Yama 9:01AM – 10:20AM Rahu 2:17PM – 3:35PM	Krittika Until 6:16PM Sadhya Until 12:03AM Wed Kaulava Until 6:42PM Trayodasi Until 8:19AM Wed <i>Pradosha Vrata</i>	Ganesha: Yellow <i>Sunrise: 6:24AM</i> Muruga: Clear <i>Sunset: 4:54PM</i> Nataraja: Yellow Moon – White Devaloka Day
Creative Work Siddha Yoga Until 6:16PM then Amrita Yoga Until 10:02PM then Siddha Yoga		Day 5 of Pancha Ganapati			
5		Wednesday, December 26, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Subha Yoga Taitila/Gara Karana Trayodasi* Chaturdasi* Yam Titau		Manama, Bahrain Sutra 258 Nandana 5114
Vrishabha Rasi: 15.39	Tithi 13 – 14	832247266	Gulika 10:21AM – 11:40AM Yama 7:43AM – 9:02AM Rahu 11:40AM – 12:58PM	Rohini Until 9:23PM Subha Until 1:02AM Thu Gara Until 9:25PM Trayodasi Until 8:19AM	Ganesha: Blue <i>Sunrise: 6:24AM</i> Muruga: Clear <i>Sunset: 4:55PM</i> Nataraja: Red Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 10:03PM then Marana Yoga					
○		Thursday, December 27, 2012	Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira Nakshatra Sukla Yoga Vanija/Visti* Karana Chaturdasi* Purnima* Yam Titau		Manama, Bahrain Sutra 259 Nandana 5114
Vrishabha Rasi: 27.28	Tithi 14 – 15	832247266	Gulika 9:02AM – 10:21AM Yama 6:25AM – 7:43AM Rahu 12:59PM – 2:18PM	Mrigasira Until 12:24AM Fri Sukla Until 1:57AM Fri Visti Until 12:02AM Fri Chaturdasi* Until 10:56AM	Ganesha: Blue <i>Sunrise: 6:25AM</i> Muruga: Clear <i>Sunset: 4:55PM</i> Nataraja: Red Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 10:03PM then Siddha Yoga					
Friday, December 28, 2012		Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Brahma Yoga Bava/Balava Karana Purnima* Prathama* Yam Titau		Manama, Bahrain Sutra 260 Nandana 5114	
Mithuna Rasi: 9.22	Tithi 15 – 16	832247266	Gulika 7:44AM – 9:03AM Yama 2:18PM – 3:37PM Rahu 10:22AM – 11:41AM	Ardra Until 3:16AM Sat Brahma Until 2:43AM Sat Balava Until 2:28AM Sat Purnima* Until 1:22PM	Ganesha: Blue <i>Sunrise: 6:25AM</i> Muruga: Clear <i>Sunset: 4:56PM</i> Nataraja: Red Moon – Yellow Bhuloka Day Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga Until 3:16AM Sat then Marana Yoga					
		Tiruvembavai			

In the gloom of fear, His six-fold face gleams. In perils unbounded, His vel betokens, 'Fear not.' Tirumurai 11. KD, 224

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Saturday, December 29, 2012
Gold Retreat Star

Mithuna Rasi: 21.23 Tithi 16 – 17
842247266
Routine Work Marana Yoga
Until 10.04PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Indra Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau
Gulika 6:25AM – 7:44AM **Punarvasu Until 5:54AM Sun**
Yama 1:00PM – 2:19PM **Indra Until 3:16AM Sun**
Rahu 9:03AM – 10:22AM **Taitila Until 4:39AM Sun**
Prathama* Until 3:34PM
Ganesha: Red *Sunrise: 6:25AM*
Muruga: Clear *Sunset: 4:57PM*
Nataraja: Red
Moon – Blue
Devaloka Day
Margasira*Markali

Manama, Bahrain
Sutra 261
Nandana 5114
Moon 12 - Phase 36
1st Phase

1

Sunday, December 30, 2012

Kataka Rasi: 3.32 Tithi 17 – 18
842247266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau
Gulika 2:19PM – 3:38PM **Pushya Until 7:40AM Mon**
Yama 11:41AM – 1:00PM **Vaidhriti* Until 3:34AM Mon**
Rahu 3:38PM – 4:57PM **Vanija Until 6:33AM Mon**
Dvitiya Until 5:28PM
Ganesha: Red *Sunrise: 6:26AM*
Muruga: Clear *Sunset: 4:57PM*
Nataraja: Red
Moon – Blue
Devaloka Day
Margasira*Markali

Manama, Bahrain
Sun 1 Sutra 262
Nandana 5114
Moon 12 - Phase 36
1st Phase

2

Monday, December 31, 2012

Kataka Rasi: 15.5 Tithi 18
Family Home Evening 843247266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Pushya/Aslesha* Nakshatra Vishkambha* Yoga Visti* Karana Tritiya Yam Titau
Gulika 1:01PM – 2:20PM **Pushya Until 7:40AM**
Yama 10:23AM – 11:42AM **Vishkambha* Until 3:36AM Tue**
Rahu 7:45AM – 9:04AM **Visti Until 8:07AM Tue**
Tritiya Until 7:02PM
Ganesha: Yellow *Sunrise: 6:26AM*
Muruga: Clear *Sunset: 4:58PM*
Nataraja: Red
Moon – Blue
Devaloka Day
Margasira*Markali

Manama, Bahrain
Sun 2 Sutra 263
Nandana 5114
Moon 12 - Phase 36
1st Phase

3

Tuesday, January 1, 2013

Kataka Rasi: 28.18 Tithi 19
843247266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Aslesha*/Magha* Nakshatra Priti Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 11:42AM – 1:01PM **Aslesha* Until 9:09AM**
Yama 9:04AM – 10:23AM **Priti Until 1:48AM Wed**
Rahu 2:20PM – 3:39PM **Bava Until 7:03AM**
Chaturthi* Until 7:03PM
Ganesha: Yellow *Sunrise: 6:26AM*
Muruga: Clear *Sunset: 4:58PM*
Nataraja: Red
Moon – Blue
Devaloka Day
Margasira*Markali

Manama, Bahrain
Sun 3 Sutra 264
Nandana 5114
Moon 12 - Phase 36
1st Phase

4

Wednesday, January 2, 2013

Simha Rasi: 10.57 Tithi 20
853247266
Creative Work Siddha Yoga
Until 10:24AM then Amrita Yoga
Until 10.06PM then no yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchami Yam Titau
Gulika 10:23AM – 11:42AM **Magha* Until 10:24AM**
Yama 7:45AM – 9:04AM **Ayushman Until 1:13AM Thu**
Rahu 11:42AM – 1:02PM **Kaulava Until 7:47AM**
Panchami Until 7:47PM
Ganesha: White *Sunrise: 6:26AM*
Muruga: Clear *Sunset: 4:59PM*
Nataraja: Red
Moon – Red
Bhuloka Day
Margasira*Markali Devaloka Time: 3:PM to 6:PM

Manama, Bahrain
Sun 4 Sutra 265
Nandana 5114
Moon 12 - Phase 36
1st Phase

5

Thursday, January 3, 2013

Simha Rasi: 23.49 Tithi 21
853247266
No Yoga
Until 11:16AM then Prabalarishta Yoga
Until 10.06PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shasthi* Yam Titau
Gulika 9:05AM – 10:24AM **Purvaphalguni* Until 11:16AM**
Yama 6:26AM – 7:46AM **Saubhagya Until 12:16AM Fri**
Rahu 1:02PM – 2:21PM **Gara Until 8:06AM**
Shasthi* Until 8:06PM
Ganesha: White *Sunrise: 6:26AM*
Muruga: Clear *Sunset: 4:59PM*
Nataraja: Red
Moon – Red
Bhuloka Day
Margasira*Markali Devaloka Time: 3:PM to 6:PM

Manama, Bahrain
Sun 5 Sutra 266
Nandana 5114
Moon 12 - Phase 36
1st Phase

6

Friday, January 4, 2013

Kanya Rasi: 6.56 Tithi 22
853247266
Creative Work Siddha Yoga
Until 11:40AM then Amrita Yoga
Until 10.07PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti*/Bava Karana Saptami Yam Titau
Gulika 7:46AM – 9:05AM **Uttaraphalguni Until 11:40AM**
Yama 2:22PM – 3:41PM **Sobhana Until 10:54PM**
Rahu 10:24AM – 11:43AM **Visti Until 7:54AM**
Saptami Until 7:54PM
Ganesha: White *Sunrise: 6:27AM*
Muruga: Clear *Sunset: 5:00PM*
Nataraja: Red
Moon – Red
Bhuloka Day
Margasira*Markali Devaloka Time: 3:PM to 6:PM

Manama, Bahrain
Sun 6 Sutra 267
Nandana 5114
Moon 12 - Phase 36
1st Phase



Saturday, January 5, 2013
Retreat Star

Kanya Rasi: 20.2 Tithi 23
863257266
Routine Work Marana Yoga
Until 10.07PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtami* Yam Titau
Gulika 6:27AM – 7:46AM **Hasta Until 11:08AM**
Yama 1:03PM – 2:22PM **Athiganda* Until 8:01PM**
Rahu 9:05AM – 10:25AM **Balava Until 7:02AM**
Ashtami* Until 6:07PM
Ganesha: Clear *Sunrise: 6:27AM*
Muruga: White *Sunset: 5:01PM*
Nataraja: Red
Moon – Green
Sivaloka Day
Margasira*Markali

Manama, Bahrain
Sun 7 Sutra 268
Nandana 5114
Moon 12 - Phase 36
Ashtami

Sunday, January 6, 2013

Retreat Star

Tula Rasi: 4.05 Tithi 24 – 25
863257266
Creative Work Siddha Yoga
Until 10.07PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau
Gulika 2:23PM – 3:42PM **Chitra Until 10:25AM**
Yama 11:44AM – 1:04PM **Sukarma Until 5:43PM**
Rahu 3:42PM – 5:01PM **Vanija Until 3:51AM Mon**
Navami* Until 4:46PM
Ganesha: Clear *Sunrise: 6:27AM*
Muruga: White *Sunset: 5:01PM*
Nataraja: Red
Moon – Green
Sivaloka Day
Margasira*Markali

Manama, Bahrain
Sun 8 Sutra 269
Nandana 5114
Moon 12 - Phase 36
Navami

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu 7.26.2.
UpH, 262

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Monday, January 7, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Svati/Visakha Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau			Manama, Bahrain Sun 9 Sutra 270 Nandana 5114	
1	Tula Rasi: 18.11	Tithi 25 – 26	Gulika 1:04PM – 2:23PM	Svati Until 9:07AM	Ganesha: Clear	<i>Sunrise: 6:27AM</i>	Moon 12 - Phase 37 2nd Phase Sivaloka Day
	Family Home Evening	863257266	Yama 10:25AM – 11:45AM	Dhriti Until 2:52PM	Muruga: White	<i>Sunset: 5:02PM</i>	
	Creative Work	Amrita Yoga	Rahu 7:47AM – 9:06AM	Bava Until 1:51AM Tue	Nataraja: Red		
	Until 9:07AM then Marana Yoga		Dasami Until 2:47PM	Moon – Green	Margasira*Markali		
Tuesday, January 8, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Visakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau			Manama, Bahrain Sun 10 Sutra 271 Nandana 5114	
2	Vrischika Rasi: 2.38	Tithi 26 – 27	Gulika 11:45AM – 1:05PM	Visakha Until 7:08AM	Ganesha: Purple	<i>Sunrise: 6:27AM</i>	Moon 12 - Phase 37 2nd Phase Devaloka Day
	873257266	Yama 9:06AM – 10:26AM	Shula* Until 11:07AM	Muruga: White	<i>Sunset: 5:03PM</i>		
	Routine Work	Marana Yoga	Rahu 2:24PM – 3:43PM	Kaulava Until 10:00PM	Nataraja: Red		
	Until 7:08AM then Siddha Yoga		Ekadasi* Until 11:43AM	Moon – Orange	Margasira*Markali		
Wednesday, January 9, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhi Yoga Taithila/Gara Karana Dvadasi*/Trayodasi* Yam Titau			Manama, Bahrain Sun 11 Sutra 272 Nandana 5114	
3	Vrischika Rasi: 17.22	Tithi 27 – 28	Gulika 10:26AM – 11:46AM	Jyeshtha* Until 2:13AM Thu	Ganesha: Purple	<i>Sunrise: 6:28AM</i>	Moon 12 - Phase 37 2nd Phase Devaloka Day
	873257266	Yama 7:47AM – 9:07AM	Ganda* Until 7:30AM	Muruga: White	<i>Sunset: 5:04PM</i>		
	Creative Work	Siddha Yoga	Rahu 11:46AM – 1:05PM	Gara Until 7:03PM	Nataraja: Red		
			Dvadasi* Until 8:46AM	Moon – Orange	Margasira*Markali		
			<i>Pradosha Vrata (Fasting)</i>				
Thursday, January 10, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Mula* Nakshatra Dhruva Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau			Manama, Bahrain Sun 12 Sutra 273 Nandana 5114	
4	Dhanus Rasi: 2.18	Tithi 29	Gulika 9:07AM – 10:26AM	Mula* Until 11:40PM	Ganesha: Purple	<i>Sunrise: 6:28AM</i>	Moon 12 - Phase 37 2nd Phase Devaloka Day
	883357266	Yama 6:28AM – 7:47AM	Dhruva Until 11:34PM	Muruga: White	<i>Sunset: 5:04PM</i>		
	Creative Work	Siddha Yoga	Rahu 1:06PM – 2:25PM	Visti Until 3:46PM	Nataraja: Red		
	Until 10.09PM then no yoga		Chaturdasi* Until 2:03AM Fri	Moon – Light Blue	Margasira*Markali		
			Until 11:40PM then Siddha Yoga				
Friday, January 11, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau			Manama, Bahrain Sun 13 Sutra 274 Nandana 5114	
	Retreat Star		Gulika 7:47AM – 9:07AM	Purvashadha* Until 8:59PM	Ganesha: Purple	<i>Sunrise: 6:28AM</i>	Moon 12 - Phase 37 Amavasya Devaloka Day
	Dhanus Rasi: 17.19	Tithi 30	Yama 2:26PM – 3:45PM	Vyaghata* Until 7:31PM	Muruga: White	<i>Sunset: 5:05PM</i>	
	883357266	Rahu 10:27AM – 11:46AM	Catuspada Until 12:22PM	Nataraja: Red			
	Creative Work	Siddha Yoga	Amavasya* Until 10:39PM	Moon – Light Blue	Margasira*Markali		
			Until 10.10PM then no yoga				
Saturday, January 12, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Harshana/Vajra* Yoga Kintughna*/Bava Karana Prathama* Yam Titau			Manama, Bahrain Sun 14 Sutra 275 Nandana 5114	
	Retreat Star		Gulika 6:28AM – 7:47AM	Uttarashadha Until 6:25PM	Ganesha: Purple	<i>Sunrise: 6:28AM</i>	Moon 12 - Phase 37 Prathama Devaloka Day
	Makara Rasi: 2.14	Tithi 1	Yama 1:07PM – 2:26PM	Harshana Until 3:35PM	Muruga: White	<i>Sunset: 5:06PM</i>	
	883357266	Rahu 9:07AM – 10:27AM	Kintughna Until 9:04AM	Nataraja: Red			
	No Yoga		Prathama* Until 7:21PM	Moon – Light Blue	Pausha*Markali		
			Until 6:25PM then Siddha Yoga				
			Until 10.10PM then Amrita Yoga				

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada 13.A.5. MA, 289

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1 Sunday, January 13, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Sravana/Dhanishtha Nakshatra Vajra*/Siddhi Yoga Balava/Taitila Karana Dvitiya/Tritiya Yam Titau				Manama, Bahrain Sun 15 Sutra 276 Nandana 5114 Moon 12 - Phase 38 3rd Phase	
Makara Rasi: 16.58	Tithi 2 – 3	893357266	Gulika 2:27PM – 3:47PM Yama 11:47AM – 1:07PM Rahu 3:47PM – 5:07PM	Sravana Until 4:55PM Vajra* Until 12:22PM Balava Until 6:10AM Dvitiya Until 5:14PM	Ganesha: Light Blue Muruga: White Nataraja: Red Moon – Purple Pausha•Markali	Sunrise: 6:28AM Sunset: 5:07PM	Devaloka Day
Creative Work Amrita Yoga Until 4:55PM then Siddha Yoga							
2 Monday, January 14, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Manama, Bahrain Sun 16 Sutra 277 Nandana 5114 Moon 12 - Phase 38 3rd Phase	
Kumbha Rasi: 1.21	Tithi 3 – 4	894357266	Gulika 1:08PM – 2:28PM Yama 10:28AM – 11:48AM Rahu 7:48AM – 9:08AM	Dhanishtha Until 3:07PM Siddhi Until 9:04AM Vanija Until 1:48AM Tue Tritiya Until 2:43PM	Ganesha: Purple Muruga: White Nataraja: Red Moon – Purple Pausha•Thai	Sunrise: 6:28AM Sunset: 5:07PM	Devaloka Day
Family Home Evening Creative Work Siddha Yoga Until 10.11PM then Marana Yoga			Thai Pongal				
3 Tuesday, January 15, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Chaturthi*/Panchami Yam Titau				Manama, Bahrain Sun 17 Sutra 278 Nandana 5114 Moon 12 - Phase 38 3rd Phase	
Kumbha Rasi: 15.18	Tithi 4 – 5	894357266	Gulika 11:48AM – 1:08PM Yama 9:08AM – 10:28AM Rahu 2:28PM – 3:48PM	Satabhisha Until 2:40PM Vyatipata* Until 6:26AM Bava Until 1:35AM Wed Chaturthi* Until 1:35PM	Ganesha: Purple Muruga: White Nataraja: Red Moon – Purple Pausha•Thai	Sunrise: 6:28AM Sunset: 5:09PM	Devaloka Day
Routine Work Marana Yoga Until 10.11PM then Amrita Yoga							
4 Wednesday, January 16, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau				Manama, Bahrain Sun 18 Sutra 279 Nandana 5114 Moon 12 - Phase 38 3rd Phase	
Kumbha Rasi: 28.47	Tithi 5 – 6	814357266	Gulika 10:28AM – 11:48AM Yama 7:48AM – 9:08AM Rahu 11:48AM – 1:08PM	Purvaprostapada* Until 2:24PM Parigha* Until 3:20AM Thu Kaulava Until 12:39AM Thu Panchami Until 12:39PM	Ganesha: Green Muruga: White Nataraja: Red Moon – Clear Pausha•Thai	Sunrise: 6:28AM Sunset: 5:09PM	Devaloka Day
Creative Work Amrita Yoga Until 2:24PM then Siddha Yoga							
5 Thursday, January 17, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Shiva Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau				Manama, Bahrain Sun 19 Sutra 280 Nandana 5114 Moon 12 - Phase 38 3rd Phase	
Meena Rasi: 11.48	Tithi 6 – 7	814357266	Gulika 9:08AM – 10:28AM Yama 6:28AM – 7:48AM Rahu 1:09PM – 2:29PM	Uttaraprostapada Until 2:59PM Shiva Until 2:07AM Fri Gara Until 12:39AM Fri Shasthi* Until 12:39PM	Ganesha: Green Muruga: White Nataraja: Red Moon – Clear Pausha•Thai	Sunrise: 6:28AM Sunset: 5:10PM	Devaloka Day
Creative Work Siddha Yoga							
6 Friday, January 18, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Asvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau				Manama, Bahrain Sun 20 Sutra 281 Nandana 5114 Moon 12 - Phase 38 Ashtami	
Retreat Star							
Meena Rasi: 24.24	Tithi 7 – 8	814357266	Gulika 7:48AM – 9:08AM Yama 2:30PM – 3:50PM Rahu 10:29AM – 11:49AM	Revati Until 5:12PM Siddha Until 3:09AM Sat Visti Until 3:15AM Sat Saptami Until 2:10PM	Ganesha: Green Muruga: White Nataraja: Red Moon – Clear Pausha•Thai	Sunrise: 6:27AM Sunset: 5:11PM	Devaloka Day
Creative Work Siddha Yoga Until 5:12PM then Amrita Yoga Until 10.12PM then Siddha Yoga							
7 Saturday, January 19, 2013		Nandana Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Asvini Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau				Manama, Bahrain Sun 21 Sutra 282 Nandana 5114 Moon 12 - Phase 38 Navami	
Retreat Star							
Mesha Rasi: 6.4	Tithi 8 – 9	824357266	Gulika 6:27AM – 7:48AM Yama 1:10PM – 2:30PM Rahu 9:08AM – 10:29AM	Asvini Until 7:21PM Sadhya Until 3:15AM Sun Balava Until 4:55AM Sun Ashtami* Until 3:50PM	Ganesha: Red Muruga: White Nataraja: Red Moon – White Pausha•Thai	Sunrise: 6:27AM Sunset: 5:11PM	Sivaloka Day
Creative Work Siddha Yoga Until 10.12PM then no yoga							

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Inv. to Vinayaka. TM

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1 Sunday, January 20, 2013 Mesha Rasi: 18.4 Tithi 9 No Yoga Until 10:01PM then Siddha Yoga Until 10:13PM then no yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Subha Yoga Kaulava Karana Navami* Yam Titau Gulika 2:31PM – 3:51PM Yama 11:50AM – 1:10PM Rahu 3:51PM – 5:12PM Bharani Until 10:01PM Subha Until 3:50AM Mon Kaulava Until 7:08AM Mon Navami* Until 6:03PM			Manama, Bahrain Sun 22 Sutra 283 Nandana 5114 Moon 12 - Phase 39 4th Phase Sivaloka Day		
2 Monday, January 21, 2013 Vrishabha Rasi: 0.3 Tithi 10 Family Home Evening No Yoga Until 10:13PM then Siddha Yoga Until 24:60AM Tue then Amrita Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Krittika Nakshatra Sukla Yoga Taitila/Gara Karana Dasami Yam Titau Gulika 1:11PM – 2:31PM Yama 10:29AM – 11:50AM Rahu 7:48AM – 9:08AM Krittika Until 24:60AM Tue Sukla Until 4:43AM Tue Taitila Until 7:31AM Dasami Until 8:37PM			Manama, Bahrain Sun 23 Sutra 284 Nandana 5114 Moon 12 - Phase 39 4th Phase Sivaloka Day		
3 Tuesday, January 22, 2013 Vrishabha Rasi: 12.16 Tithi 11 Creative Work Amrita Yoga Until 10:13PM then Siddha Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadasi Yam Titau Gulika 11:50AM – 1:11PM Yama 9:08AM – 10:29AM Rahu 2:32PM – 3:53PM Rohini Until 4:07AM Wed Brahma Until 6:04AM Wed Vanija Until 10:14AM Ekadasi Until 11:20PM			Manama, Bahrain Sun 24 Sutra 285 Nandana 5114 Moon 12 - Phase 39 4th Phase Devaloka Day		
4 Wednesday, January 23, 2013 Vrishabha Rasi: 24.04 Tithi 12 Creative Work Siddha Yoga Until 10:14PM then Marana Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira Nakshatra Brahma/Indra Yoga Bava/Balava Karana Dvadasi Yam Titau Gulika 10:29AM – 11:50AM Yama 7:47AM – 9:08AM Rahu 11:50AM – 1:11PM Mrigasira Until 7:28AM Thu Brahma Until 6:04AM Bava Until 12:55PM Dvadasi Until 2:00AM Thu			Manama, Bahrain Sun 25 Sutra 286 Nandana 5114 Moon 12 - Phase 39 4th Phase Devaloka Day		
5 Thursday, January 24, 2013 Mithuna Rasi: 5.56 Tithi 13 Routine Work Marana Yoga Until 10:14PM then Siddha Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Mrigasira/Ardra Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Gulika 9:08AM – 10:30AM Yama 6:26AM – 7:47AM Rahu 1:12PM – 2:33PM Mrigasira Until 7:28AM Indra Until 6:53AM Kaulava Until 3:25PM Trayodasi Until 4:30AM Fri <i>Pradosha Vrata</i>			Manama, Bahrain Sun 26 Sutra 287 Nandana 5114 Moon 12 - Phase 39 4th Phase Sivaloka Day		
6 Friday, January 25, 2013 Mithuna Rasi: 17.56 Tithi 14 Creative Work Siddha Yoga Until 10:14PM then Marana Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau Gulika 7:47AM – 9:08AM Yama 2:33PM – 3:55PM Rahu 10:30AM – 11:51AM Ardra Until 10:07AM Vaidhriti* Until 7:28AM Gara Until 5:37PM Chaturdasi* Until 6:21AM Sat			Manama, Bahrain Sun 27 Sutra 288 Nandana 5114 Moon 12 - Phase 39 4th Phase Sivaloka Day		
 Saturday, January 26, 2013 Copper Retreat Star Kataka Rasi: 0.08 Tithi 14 – 15 Routine Work Marana Yoga Until 12:25PM then Siddha Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau Gulika 6:26AM – 7:47AM Yama 1:13PM – 2:34PM Rahu 9:08AM – 10:30AM Punarvasu Until 12:25PM Vishkambha* Until 7:42AM Visti Until 7:26PM Chaturdasi* Until 6:21AM Thai Pusam			Manama, Bahrain Sutra 289 Nandana 5114 Moon 12 - Phase 39 Purnima Sivaloka Day		
Sunday, January 27, 2013 Silver Retreat Star Kataka Rasi: 12.31 Tithi 15 – 16 Creative Work Siddha Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Aslesha* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau Gulika 2:34PM – 3:56PM Yama 11:51AM – 1:13PM Rahu 3:56PM – 5:17PM Pushya Until 1:41PM Priti Until 7:29AM Balava Until 7:35PM Purnima* Until 7:35AM			Manama, Bahrain Sutra 290 Nandana 5114 Moon 12 - Phase 39 Prathama Sivaloka Day		

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda, Mundu 2.1.7. UpR, 681

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Monday, January 28, 2013

Gold Retreat Star

Kataka Rasi: 25.05 Tithi 16 – 17
Family Home Evening 945357266
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Aslesha* Magha* Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 1:13PM – 2:35PM
Yama 10:30AM – 11:52AM
Rahu 7:47AM – 9:08AM

Aslesha* Until 3:04PM
Ayushman Until 7:01AM
Taitila Until 8:28PM
Prathama* Until 8:28AM

Ganesha: Yellow
Muruga: White
Nataraja: Red
Moon – Blue
Pausha*Thai

Sunrise: 6:25AM
Sunset: 5:18PM

Sivaloka Day

Manama, Bahrain
Sutra 291
Nandana 5114
Moon 1 - Phase 40
1st Phase

Tuesday, January 29, 2013

1

Simha Rasi: 7.52 Tithi 17 – 18
955357266

Creative Work Siddha Yoga
Until 10.15PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Magha*/Purvaphalguni* Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 11:52AM – 1:14PM
Yama 9:08AM – 10:30AM
Rahu 2:35PM – 3:57PM

Magha* Until 4:06PM
Saubhagya Until 6:14AM
Vanija Until 8:56PM
Dvitiya Until 8:56AM

Ganesha: White
Muruga: White
Nataraja: Red
Moon – Red
Pausha*Thai

Sunrise: 6:25AM
Sunset: 5:19PM

Subha Sivaloka Day

Manama, Bahrain
Sun 1 Sutra 292
Nandana 5114
Moon 1 - Phase 40
1st Phase

Wednesday, January 30, 2013

2

Simha Rasi: 20.5 Tithi 18 – 19
955357266

Creative Work Amrita Yoga
Until 10.15PM then Prabalarishta Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Purvaphalguni*/Uttaraphalguni Nakshatra Athiganda* Yoga Visti*/Bava Karana Tritiya/Chaturthi* Yam Titau

Gulika 10:30AM – 11:52AM
Yama 7:46AM – 9:08AM
Rahu 11:52AM – 1:14PM

Purvaphalguni* Until 4:46PM
Athiganda* Until 3:59AM Thu
Bava Until 9:02PM
Tritiya Until 9:02AM

Ganesha: White
Muruga: White
Nataraja: Red
Moon – Red
Pausha*Thai

Sunrise: 6:24AM
Sunset: 5:20PM

Subha Sivaloka Day

Manama, Bahrain
Sun 2 Sutra 293
Nandana 5114
Moon 1 - Phase 40
1st Phase

Thursday, January 31, 2013

3

Kanya Rasi: 3.59 Tithi 19 – 20
955357266

Routine Work Prabalarishta Yoga
Until 5:07PM then no yoga
Until 10.15PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi*/Panchami Yam Titau

Gulika 9:08AM – 10:30AM
Yama 6:24AM – 7:46AM
Rahu 1:14PM – 2:36PM

Uttaraphalguni Until 5:07PM
Sukarma Until 2:34AM Fri
Kaulava Until 8:46PM
Chaturthi* Until 8:46AM

Ganesha: White
Muruga: White
Nataraja: Red
Moon – Red
Pausha*Thai

Sunrise: 6:24AM
Sunset: 5:21PM

Subha Sivaloka Day

Manama, Bahrain
Sun 3 Sutra 294
Nandana 5114
Moon 1 - Phase 40
1st Phase

Friday, February 1, 2013

4

Kanya Rasi: 17.18 Tithi 20 – 21
965357266

Creative Work Amrita Yoga
Until 4:21PM then Siddha Yoga
Until 10.15PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Hasta/Chitra Nakshatra Dhriti* Yoga Taitila/Gara Karana Panchami/Shasthi* Yam Titau

Gulika 7:46AM – 9:08AM
Yama 2:36PM – 3:58PM
Rahu 10:30AM – 11:52AM

Hasta Until 4:21PM
Dhriti Until 11:35PM
Gara Until 8:10PM
Panchami Until 8:10AM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Green
Pausha*Thai

Sunrise: 6:24AM
Sunset: 5:21PM

Sivaloka Day

Manama, Bahrain
Sun 4 Sutra 295
Nandana 5114
Moon 1 - Phase 40
1st Phase

Saturday, February 2, 2013

5

Tula Rasi: 0.48 Tithi 21 – 22
965357266

Routine Work Marana Yoga
Until 4:03PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Chitra/Svati Nakshatra Shula* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau

Gulika 6:23AM – 7:46AM
Yama 1:15PM – 2:37PM
Rahu 9:08AM – 10:30AM

Chitra Until 4:03PM
Shula* Until 9:41PM
Visti Until 6:10PM
Shasthi* Until 7:06AM

Ganesha: Clear
Muruga: White
Nataraja: Red
Moon – Green
Pausha*Thai

Sunrise: 6:23AM
Sunset: 5:21PM

Sivaloka Day

Manama, Bahrain
Sun 5 Sutra 296
Nandana 5114
Moon 1 - Phase 40
1st Phase

Sunday, February 3, 2013



Retreat Star

Tula Rasi: 14.31 Tithi 23
965357267

Creative Work Siddha Yoga
Until 3:25PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Svati/Visakha Nakshatra Ganda* Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 2:37PM – 4:00PM
Yama 11:52AM – 1:15PM
Rahu 4:00PM – 5:22PM

Svati Until 3:25PM
Ganda* Until 7:28PM
Balava Until 4:54PM
Ashtami* Until 3:58AM Mon

Ganesha: Clear
Muruga: White
Nataraja: Yellow
Moon – Green
Pausha*Thai

Sunrise: 6:23AM
Sunset: 5:22PM

Sivaloka Day

Manama, Bahrain
Sun 6 Sutra 297
Nandana 5114
Moon 1 - Phase 40
Ashtami

Monday, February 4, 2013

Retreat Star

Tula Rasi: 28.26 Tithi 24
Family Home Evening 975457267

Routine Work Marana Yoga
Until 2:24PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Visakha/Anuradha Nakshatra Vriddhi/Dhruva Yoga Taitila/Gara Karana Navami* Yam Titau

Gulika 1:15PM – 2:38PM
Yama 10:30AM – 11:53AM
Rahu 7:45AM – 9:07AM

Visakha Until 2:24PM
Vriddhi Until 4:54PM
Taitila Until 3:13PM
Navami* Until 2:18AM Tue

Ganesha: Clear
Muruga: White
Nataraja: Yellow
Moon – Orange
Pausha*Thai

Sunrise: 6:22AM
Sunset: 5:23PM

Sivaloka Day

Manama, Bahrain
Sun 7 Sutra 298
Nandana 5114
Moon 1 - Phase 40
Navami

Everywhere is the Holy Form. Everywhere is Siva-Shakti. Everywhere is Chidambaram; Everywhere is Divine Dance. Tirumantiram 2722. TM

All times are standard time

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1		Tuesday, February 5, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dasami Yam Titau		Manama, Bahrain Sun 8 Sutra 299 Nandana 5114	
Vrischika Rasi: 12.35	Tithi 25	976457267	Gulika 11:53AM – 1:15PM Yama 9:07AM – 10:30AM Rahu 2:38PM – 4:01PM	Anuradha Until 1:00PM Dhruva Until 1:59PM Vanija Until 1:07PM Dasami Until 12:12AM Wed	Ganesha: Purple Muruga: White Nataraja: Yellow Moon – Orange Pausha*Thai	Sunrise: 6:22AM Sunset: 5:23PM	Moon 1 - Phase 41 2nd Phase
Creative Work Siddha Yoga						Subha Sivaloka Day	

2		Wednesday, February 6, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadasi* Yam Titau		Manama, Bahrain Sun 9 Sutra 300 Nandana 5114	
Vrischika Rasi: 26.56	Tithi 26	976457267	Gulika 10:30AM – 11:53AM Yama 7:44AM – 9:07AM Rahu 11:53AM – 1:16PM	Jyeshtha* Until 10:54AM Vyaghata* Until 10:25AM Bava Until 10:19AM Ekadasi* Until 8:36PM	Ganesha: Purple Muruga: White Nataraja: Yellow Moon – Orange Pausha*Thai	Sunrise: 6:21AM Sunset: 5:24PM	Moon 1 - Phase 41 2nd Phase
Creative Work Siddha Yoga						Subha Sivaloka Day	
Until 10:54AM then Marana Yoga							
Until 10:16PM then Siddha Yoga							

3		Thursday, February 7, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajira* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau		Manama, Bahrain Sun 10 Sutra 301 Nandana 5114	
Dhanus Rasi: 11.28	Tithi 27	986457267	Gulika 9:07AM – 10:30AM Yama 6:21AM – 7:44AM Rahu 1:16PM – 2:39PM	Mula* Until 9:00AM Harshana Until 7:07AM Kaulava Until 7:44AM Dvadasi* Until 6:01PM	Ganesha: Clear Muruga: White Nataraja: Yellow Moon – Light Blue Pausha*Thai	Sunrise: 6:21AM Sunset: 5:25PM	Moon 1 - Phase 41 2nd Phase
Creative Work Siddha Yoga						Sivaloka Day	

4		Friday, February 8, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau		Manama, Bahrain Sun 11 Sutra 302 Nandana 5114	
Dhanus Rasi: 26.04	Tithi 28 – 29	986457267	Gulika 7:43AM – 9:07AM Yama 2:39PM – 4:02PM Rahu 10:30AM – 11:53AM	Purvashadha* Until 6:58AM Siddhi Until 11:42PM Visti Until 1:34AM Sat Trayodasi* Until 3:17PM Pradosha Vrata (Fasting)	Ganesha: Clear Muruga: White Nataraja: Yellow Moon – Light Blue Pausha*Thai	Sunrise: 6:20AM Sunset: 5:26PM	Moon 1 - Phase 41 2nd Phase
Creative Work Siddha Yoga						Sivaloka Day	
Until 10:16PM then no yoga							

Saturday, February 9, 2013		Retreat Star		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Sravana Nakshatra Vyatipata* Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau		Manama, Bahrain Sun 12 Sutra 303 Nandana 5114	
Makara Rasi: 10.38	Tithi 29 – 30	996457267	Gulika 6:20AM – 7:43AM Yama 1:16PM – 2:40PM Rahu 9:06AM – 10:30AM	Sravana Until 3:45AM Sun Vyatipata* Until 9:15PM Catuspada Until 12:10AM Sun Chaturdasi* Until 1:06PM	Ganesha: Orange Muruga: White Nataraja: Yellow Moon – Purple Pausha*Thai	Sunrise: 6:20AM Sunset: 5:26PM	Moon 1 - Phase 41 Amavasya
Creative Work Siddha Yoga						Sivaloka Day	
Until 10:16PM then Amrita Yoga							
Until 3:45AM Sun then Siddha Yoga							

Sunday, February 10, 2013		Retreat Star		Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Variyan/Parigha* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau		Manama, Bahrain Sun 13 Sutra 304 Nandana 5114	
Makara Rasi: 25.05	Tithi 30 – 1	996457267	Gulika 2:40PM – 4:04PM Yama 11:53AM – 1:17PM Rahu 4:04PM – 5:27PM	Dhanishtha Until 1:51AM Mon Variyan Until 5:51PM Kintughna Until 9:32PM Amavasya* Until 10:27AM	Ganesha: Orange Muruga: White Nataraja: Yellow Moon – Purple Magha*Thai	Sunrise: 6:19AM Sunset: 5:27PM	Moon 1 - Phase 41 Prathama
Creative Work Siddha Yoga						Sivaloka Day	

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha. Raurava Agama Kriya Pada 63.2–6. AK, 51

All times are standard time

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Monday, February 11, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Satabhisha Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau			Manama, Bahrain Sun 14 Sutra 305 Nandana 5114
1	Kumbha Rasi: 9.17	Tithi 1 – 2	Gulika 1:17PM – 2:40PM Yama 10:29AM – 11:53AM Rahu 7:42AM – 9:06AM	Satabhisha Until 12:22AM Tue Parigha* Until 2:51PM Balava Until 7:21PM Prathama* Until 8:16AM	Ganesha: Orange Muruga: White Nataraja: Yellow Moon – Purple Magha*Thai	Sunrise: 6:18AM Sunset: 5:28PM Moon 1 - Phase 42 3rd Phase Sivaloka Day
Tuesday, February 12, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprostapada* Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau			Manama, Bahrain Sun 15 Sutra 306 Nandana 5114
2	Kumbha Rasi: 23.08	Tithi 2 – 3	Gulika 11:53AM – 1:17PM Yama 9:05AM – 10:29AM Rahu 2:41PM – 4:05PM	Purvaprostapada* Until 12:50AM Wed Shiva Until 12:52PM Taitila Until 6:46PM Dvitiya Until 6:46AM	Ganesha: Red Muruga: White Nataraja: Yellow Moon – Clear Magha*Masi	Sunrise: 6:18AM Sunset: 5:28PM Moon 1 - Phase 42 3rd Phase Sivaloka Day
Wednesday, February 13, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprostapada Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Chaturthi* Yam Titau			Manama, Bahrain Sun 16 Sutra 307 Nandana 5114
3	Meena Rasi: 6.35	Tithi 4	Gulika 10:29AM – 11:53AM Yama 7:41AM – 9:05AM Rahu 11:53AM – 1:17PM	Uttaraprostapada Until 12:37AM Thu Siddha Until 10:56AM Vanija Until 5:54PM Chaturthi* Until 5:54AM Thu	Ganesha: Red Muruga: White Nataraja: Yellow Moon – Clear Magha*Masi	Sunrise: 6:17AM Sunset: 5:29PM Moon 1 - Phase 42 3rd Phase Sivaloka Day
Thursday, February 14, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Sadhya/Subha Yoga Bava Karana Panchami Yam Titau			Manama, Bahrain Sun 17 Sutra 308 Nandana 5114
4	Meena Rasi: 19.37	Tithi 5	Gulika 9:05AM – 10:29AM Yama 6:16AM – 7:40AM Rahu 1:17PM – 2:41PM	Revati Until 1:10AM Fri Sadhya Until 9:43AM Bava Until 5:51PM Panchami Until 6:39AM Fri	Ganesha: Red Muruga: White Nataraja: Yellow Moon – Clear Magha*Masi	Sunrise: 6:16AM Sunset: 5:30PM Moon 1 - Phase 42 3rd Phase Sivaloka Day
Friday, February 15, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Asvini Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Panchami/Shasthi* Yam Titau			Manama, Bahrain Sun 18 Sutra 309 Nandana 5114
5	Mesha Rasi: 2.16	Tithi 5 – 6	Gulika 7:40AM – 9:04AM Yama 2:42PM – 4:06PM Rahu 10:29AM – 11:53AM	Asvini Until 4:09AM Sat Subha Until 9:25AM Kaulava Until 7:44PM Panchami Until 6:39AM	Ganesha: Blue Muruga: White Nataraja: Yellow Moon – White Magha*Masi	Sunrise: 6:16AM Sunset: 5:30PM Moon 1 - Phase 42 3rd Phase Devaloka Day
Saturday, February 16, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Shasthi*/Saptami Yam Titau			Manama, Bahrain Sun 19 Sutra 310 Nandana 5114
6	Mesha Rasi: 14.34	Tithi 6 – 7	Gulika 6:15AM – 7:39AM Yama 1:18PM – 2:42PM Rahu 9:04AM – 10:28AM	Bharani Until 6:08AM Sun Sukla Until 9:28AM Gara Until 9:17PM Shasthi* Until 8:12AM	Ganesha: Blue Muruga: White Nataraja: Yellow Moon – White Magha*Masi	Sunrise: 6:15AM Sunset: 5:31PM Moon 1 - Phase 42 3rd Phase Devaloka Day
Sunday, February 17, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Bharani/Krittika Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau			Manama, Bahrain Sun 20 Sutra 311 Nandana 5114
Retreat Star	Mesha Rasi: 26.36	Tithi 7 – 8	Gulika 2:42PM – 4:07PM Yama 11:53AM – 1:18PM Rahu 4:07PM – 5:32PM	Bharani Until 6:08AM Brahma Until 9:59AM Visti Until 11:24PM Saptami Until 10:18AM	Ganesha: Blue Muruga: White Nataraja: Yellow Moon – White Magha*Masi	Sunrise: 6:14AM Sunset: 5:32PM Moon 1 - Phase 42 Ashtami Devaloka Day
Monday, February 18, 2013			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau			Manama, Bahrain Sun 21 Sutra 312 Nandana 5114
Retreat Star	Vrishabha Rasi: 8.29	Tithi 8 – 9	Gulika 1:18PM – 2:43PM Yama 10:28AM – 11:53AM Rahu 7:38AM – 9:03AM	Krittika Until 9:03AM Indra Until 10:49AM Balava Until 1:52AM Tue Ashtami* Until 12:47PM	Ganesha: Blue Muruga: White Nataraja: Yellow Moon – White Magha*Masi	Sunrise: 6:13AM Sunset: 5:32PM Moon 1 - Phase 42 Navami Devaloka Day

He is God,hidden in all beings,their inmost soul who is in all. He watches the works of creation,lives in all things,watches all things. He is pure consciousness,beyond the three conditions of nature. Krishṇa Yajur Veda,Svetu 6.11. UpM,95

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1 Tuesday, February 19, 2013 Vishabha Rasi: 20.17 Tithi 9 – 10 Creative Work Amrita Yoga Until 12:06PM then Siddha Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Rohini/Mrigasira Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Navami*/Dasami Yam Titau Gulika 11:53AM – 1:18PM Rohini Until 12:06PM Yama 9:03AM – 10:28AM Vaidhriti* Until 11:46AM Rahu 2:43PM – 4:08PM Taitila Until 4:30AM Wed Navami* Until 3:25PM			Manama, Bahrain Sun 22 Sutra 313 Nandana 5114 Moon 1 - Phase 43 4th Phase Subha Sivaloka Day		
2 Wednesday, February 20, 2013 Mithuna Rasi: 2.06 Tithi 10 Creative Work Siddha Yoga Until 10.16PM then Marana Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Mrigasira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara Karana Dasami Yam Titau Gulika 10:27AM – 11:53AM Mrigasira Until 3:08PM Yama 7:37AM – 9:02AM Vishkambha* Until 12:42PM Rahu 11:53AM – 1:18PM Gara Until 7:06AM Thu Dasami Until 6:00PM			Manama, Bahrain Sun 23 Sutra 314 Nandana 5114 Moon 1 - Phase 43 4th Phase Subha Sivaloka Day		
3 Thursday, February 21, 2013 Mithuna Rasi: 14.01 Tithi 11 Routine Work Marana Yoga Until 5:58PM then Amrita Yoga Until 10.16PM then Siddha Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadasi Yam Titau Gulika 9:02AM – 10:27AM Ardra Until 5:58PM Yama 6:11AM – 7:36AM Priti Until 1:27PM Rahu 1:18PM – 2:43PM Vanija Until 7:17AM Ekadasi Until 8:23PM			Manama, Bahrain Sun 24 Sutra 315 Nandana 5114 Moon 1 - Phase 43 4th Phase Subha Sivaloka Day		
4 Friday, February 22, 2013 Mithuna Rasi: 26.07 Tithi 12 Creative Work Siddha Yoga Until 8:27PM then Marana Yoga Until 10.16PM then Siddha Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Punarvasu Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadasi Yam Titau Gulika 7:36AM – 9:01AM Punarvasu Until 8:27PM Yama 2:44PM – 4:09PM Ayushman Until 1:53PM Rahu 10:27AM – 11:52AM Bava Until 9:17AM Dvadasi Until 10:23PM			Manama, Bahrain Sun 25 Sutra 316 Nandana 5114 Moon 1 - Phase 43 4th Phase Sivaloka Day		
5 Saturday, February 23, 2013 Kataka Rasi: 8.25 Tithi 13 Creative Work Siddha Yoga Until 9:13PM then Marana Yoga Until 10.15PM then Siddha Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Pushya Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodasi Yam Titau Gulika 6:09AM – 7:35AM Pushya Until 9:13PM Yama 1:18PM – 2:44PM Saubhagya Until 1:21PM Rahu 9:01AM – 10:27AM Kaulava Until 10:24AM Trayodasi Until 10:24PM <i>Pradosha Vrata</i>			Manama, Bahrain Sun 26 Sutra 317 Nandana 5114 Moon 1 - Phase 43 4th Phase Sivaloka Day		
6 Sunday, February 24, 2013 Kataka Rasi: 21 Tithi 14 Creative Work Siddha Yoga Chidambaram Abhishekam			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdasi* Yam Titau Gulika 2:44PM – 4:10PM Aslesha* Until 10:37PM Yama 11:52AM – 1:18PM Sobhana Until 12:56PM Rahu 4:10PM – 5:36PM Gara Until 11:16AM Chaturdasi* Until 11:16PM			Manama, Bahrain Sun 27 Sutra 318 Nandana 5114 Moon 1 - Phase 43 4th Phase Sivaloka Day		
○ Monday, February 25, 2013 Copper Retreat Star Simha Rasi: 3.51 Tithi 15 Family Home Evening Creative Work Siddha Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Magha* Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnima* Yam Titau Gulika 1:18PM – 2:44PM Magha* Until 11:31PM Yama 10:26AM – 11:52AM Athiganda* Until 12:02PM Rahu 7:34AM – 9:00AM Visti Until 11:35AM Purnima* Until 11:35PM			Manama, Bahrain Sutra 319 Nandana 5114 Moon 1 - Phase 43 Purnima Sivaloka Day		
Tuesday, February 26, 2013 Silver Retreat Star Simha Rasi: 16.58 Tithi 16 Creative Work Siddha Yoga Until 10.15PM then Amrita Yoga			Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni* Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Prathama* Yam Titau Gulika 11:52AM – 1:18PM Purvaphalguni* Until 11:55PM Yama 8:59AM – 10:26AM Sukarma Until 10:41AM Rahu 2:45PM – 4:11PM Balava Until 11:22AM Prathama* Until 11:22PM			Manama, Bahrain Sutra 320 Nandana 5114 Moon 1 - Phase 43 Prathama Sivaloka Day		

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda, Mundu 2.1.2

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Wednesday, February 27, 2013

Gold Retreat Star

Kanya Rasi: 0.19 Tithi 17
959457267
Creative Work Amrita Yoga
Until 10.15PM then Prabalarishta Yoga
Until 10.36PM then no yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dvitiya Yam Titau
Gulika 10:25AM – 11:52AM **Uttaraphalguni Until 10:36PM**
Yama 7:32AM – 8:59AM Dhriti Until 8:44AM
Rahu 11:52AM – 1:18PM Taitila Until 10:18AM
Dvitiya Until 9:23PM

Ganesha: Clear *Sunrise: 6:06AM*
Muruga: White *Sunset: 5:38PM*
Nataraja: Yellow
Moon – Red
Magha•Masi

Manama, Bahrain
Sun 1 Sutra 321
Nandana 5114
Moon 2 - Phase 44
1st Phase

Sivaloka Day

Thursday, February 28, 2013

1
Kanya Rasi: 13.52 Tithi 18
969457267
No Yoga
Until 10.15PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Tritiya Yam Titau
Gulika 8:58AM – 10:25AM **Hasta Until 10:13PM**
Yama 6:05AM – 7:31AM Shula* Until 6:46AM
Rahu 1:18PM – 2:45PM Vanija Until 9:17AM
Tritiya Until 8:22PM

Ganesha: White *Sunrise: 6:05AM*
Muruga: White *Sunset: 5:39PM*
Nataraja: Yellow
Moon – Green
Magha•Masi

Manama, Bahrain
Sun 2 Sutra 322
Nandana 5114
Moon 2 - Phase 44
1st Phase

Devaloka Day

Friday, March 1, 2013

2
Kanya Rasi: 27.35 Tithi 19
969557267
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Chitra Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthi* Yam Titau
Gulika 7:30AM – 8:57AM **Chitra Until 9:34PM**
Yama 2:45PM – 4:13PM Vriddhi Until 1:53AM Sat
Rahu 10:24AM – 11:51AM Bava Until 7:58AM
Chaturthi* Until 7:03PM

Ganesha: Clear *Sunrise: 6:03AM*
Muruga: White *Sunset: 5:40PM*
Nataraja: Yellow
Moon – Green
Magha•Masi

Manama, Bahrain
Sun 3 Sutra 323
Nandana 5114
Moon 2 - Phase 44
1st Phase

Sivaloka Day

Saturday, March 2, 2013

3
Tula Rasi: 11.25 Tithi 20 – 21
969557267
Creative Work Siddha Yoga
Until 10.14PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Svati Nakshatra Dhruva Yoga Kaulava/Gara Karana Panchami/Shasthi* Yam Titau
Gulika 6:02AM – 7:29AM **Svati Until 8:42PM**
Yama 1:18PM – 2:46PM Dhruva Until 11:28PM
Rahu 8:57AM – 10:24AM Kaulava Until 6:26AM
Panchami Until 5:30PM

Ganesha: Clear *Sunrise: 6:02AM*
Muruga: White *Sunset: 5:40PM*
Nataraja: Yellow
Moon – Green
Magha•Masi

Manama, Bahrain
Sun 4 Sutra 324
Nandana 5114
Moon 2 - Phase 44
1st Phase

Sivaloka Day

Sunday, March 3, 2013

4
Tula Rasi: 25.21 Tithi 21 – 22
979557267
Routine Work Marana Yoga
Until 10.14PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Visakha Nakshatra Vyaghata* Yoga Vanija/Visti* Karana Shasthi*/Saptami Yam Titau
Gulika 2:46PM – 4:13PM **Visakha Until 7:41PM**
Yama 11:51AM – 1:18PM Vyaghata* Until 8:55PM
Rahu 4:13PM – 5:41PM Visti Until 2:53AM Mon
Shasthi* Until 3:48PM

Ganesha: White *Sunrise: 6:01AM*
Muruga: White *Sunset: 5:41PM*
Nataraja: Yellow
Moon – Orange
Magha•Masi

Manama, Bahrain
Sun 5 Sutra 325
Nandana 5114
Moon 2 - Phase 44
1st Phase

Subha Sivaloka Day

Monday, March 4, 2013

Retreat Star

Vrischika Rasi: 9.22 Tithi 22 – 23
Family Home Evening 979557267
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Bava/Balava Karana Saptami/Ashtami* Yam Titau
Gulika 1:18PM – 2:46PM **Anuradha Until 6:32PM**
Yama 10:23AM – 11:51AM Harshana Until 6:14PM
Rahu 7:28AM – 8:55AM Balava Until 1:01AM Tue
Saptami Until 1:57PM

Ganesha: White *Sunrise: 6:00AM*
Muruga: White *Sunset: 5:41PM*
Nataraja: Yellow
Moon – Orange
Magha•Masi

Manama, Bahrain
Sun 6 Sutra 326
Nandana 5114
Moon 2 - Phase 44
Ashtami

Subha Sivaloka Day

Tuesday, March 5, 2013

Retreat Star

Vrischika Rasi: 23.26 Tithi 23 – 24
171557267
Creative Work Siddha Yoga
Until 5.16PM then Amrita Yoga
Until 10.14PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Jyeshtha*/Mula* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Ashtami*/Navami* Yam Titau
Gulika 11:50AM – 1:18PM **Jyeshtha* Until 5:16PM**
Yama 8:55AM – 10:23AM Vajra* Until 3:27PM
Rahu 2:46PM – 4:14PM Taitila Until 11:03PM
Ashtami* Until 11:58AM

Ganesha: White *Sunrise: 5:59AM*
Muruga: White *Sunset: 5:42PM*
Nataraja: Yellow
Moon – Orange
Magha•Masi

Manama, Bahrain
Sun 7 Sutra 327
Nandana 5114
Moon 2 - Phase 44
Navami

Subha Sivaloka Day

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda, Maitu 5.2. bo UpH, 423

All times are standard time

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1	Wednesday, March 6, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau				Manama, Bahrain	
	Dhanus Rasi: 7.34	Tithi 24 – 25	Gulika	10:22AM – 11:50AM	Mula* Until 3:54PM	Ganesha: Yellow	<i>Sunrise: 5:58AM</i>	Sun 8 Sutra 328
			Yama	7:26AM – 8:54AM	Siddhi Until 12:34PM	Muruqa: White	<i>Sunset: 5:42PM</i>	Nandana 5114
		181557267	Rahu	11:50AM – 1:18PM	Vanija Until 8:58PM	Nataraja: Yellow		Moon 2 - Phase 45
	Routine Work	Marana Yoga			Navami* Until 9:54AM	Moon – Light Blue		2nd Phase
	Until 3:54PM then Amrita Yoga					Magha*Masi	Sivaloka Day	
	Until 10.13PM then Siddha Yoga							
2	Thursday, March 7, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau				Manama, Bahrain	
	Dhanus Rasi: 21.44	Tithi 25 – 26	Gulika	8:54AM – 10:22AM	Purvashadha* Until 2:28PM	Ganesha: Yellow	<i>Sunrise: 5:57AM</i>	Sun 9 Sutra 329
			Yama	5:57AM – 7:25AM	Vyatipata* Until 9:38AM	Muruqa: White	<i>Sunset: 5:43PM</i>	Nandana 5114
		181557267	Rahu	1:18PM – 2:46PM	Bava Until 6:49PM	Nataraja: Yellow		Moon 2 - Phase 45
	Creative Work	Siddha Yoga			Dasami Until 7:44AM	Moon – Light Blue		2nd Phase
						Magha*Masi	Sivaloka Day	
3	Friday, March 8, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttarashadha*/Sraavana Nakshatra Variyan/Parigha* Yoga Kaulava/Taitila Karana Dvadasi* Yam Titau				Manama, Bahrain	
	Makara Rasi: 5.54	Tithi 27	Gulika	7:24AM – 8:53AM	Uttarashadha Until 1:02PM	Ganesha: Yellow	<i>Sunrise: 5:56AM</i>	Sun 10 Sutra 330
			Yama	2:47PM – 4:15PM	Variyan Until 6:42AM	Muruqa: White	<i>Sunset: 5:43PM</i>	Nandana 5114
		181557267	Rahu	10:21AM – 11:50AM	Kaulava Until 4:39PM	Nataraja: Yellow		Moon 2 - Phase 45
	Creative Work	Siddha Yoga			Dvadasi* Until 3:44AM Sat	Moon – Light Blue		2nd Phase
						Magha*Masi	Sivaloka Day	
4	Saturday, March 9, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Sraavana/Dhanishtha Nakshatra Shiva Yoga Gara/Vanija Karana Trayodasi* Yam Titau				Manama, Bahrain	
	Makara Rasi: 20.01	Tithi 28	Gulika	5:55AM – 7:24AM	Sraavana Until 11:41AM	Ganesha: Blue	<i>Sunrise: 5:55AM</i>	Sun 11 Sutra 331
			Yama	1:18PM – 2:47PM	Shiva Until 1:10AM Sun	Muruqa: White	<i>Sunset: 5:44PM</i>	Nandana 5114
		191557267	Rahu	8:52AM – 10:21AM	Gara Until 2:35PM	Nataraja: Yellow		Moon 2 - Phase 45
	Creative Work	Siddha Yoga			Trayodasi* Until 1:40AM Sun	Moon – Purple		2nd Phase
					Pradosha Vrata (Fasting)	Magha*Masi	Subha Sivaloka Day	
5	Sunday, March 10, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Siddha Yoga Visti*/Sakuni* Karana Chaturdasi* Yam Titau				Manama, Bahrain	
	Kumbha Rasi: 4.01	Tithi 29	Gulika	2:47PM – 4:16PM	Dhanishtha Until 10:33AM	Ganesha: Blue	<i>Sunrise: 5:54AM</i>	Sun 12 Sutra 332
			Yama	11:49AM – 1:18PM	Siddha Until 10:31PM	Muruqa: Yellow	<i>Sunset: 5:45PM</i>	Nandana 5114
		191567267	Rahu	4:16PM – 5:45PM	Visti Until 12:45PM	Nataraja: Yellow		Moon 2 - Phase 45
	Creative Work	Siddha Yoga			Chaturdasi* Until 11:50PM	Moon – Purple		2nd Phase
			Mahasivaratri			Magha*Masi	Sivaloka Day	
	Monday, March 11, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Sadhya Yoga Catuspada*/Naga* Karana Amavasya* Yam Titau				Manama, Bahrain	
	Retreat Star		Gulika	1:18PM – 2:47PM	Satabhisha Until 9:45AM	Ganesha: Blue	<i>Sunrise: 5:53AM</i>	Sun 13 Sutra 333
	Kumbha Rasi: 17.49	Tithi 30	Yama	10:20AM – 11:49AM	Sadhya Until 8:10PM	Muruqa: Yellow	<i>Sunset: 5:45PM</i>	Nandana 5114
	Family Home Evening	191567267	Rahu	7:22AM – 8:51AM	Catuspada Until 11:16AM	Nataraja: Yellow		Moon 2 - Phase 45
	Creative Work	Siddha Yoga			Amavasya* Until 10:21PM	Moon – Purple		Amavasya
	Until 9:45AM then no yoga					Magha*Masi	Sivaloka Day	
	Until 10.12PM then Marana Yoga							
	Tuesday, March 12, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Subha Yoga Kintughna*/Bava Karana Prathama* Yam Titau				Manama, Bahrain	
	Retreat Star		Gulika	11:49AM – 1:18PM	Purvaprostapada* Until 9:40AM	Ganesha: Red	<i>Sunrise: 5:52AM</i>	Sun 14 Sutra 334
	Meena Rasi: 1.21	Tithi 1	Yama	8:50AM – 10:20AM	Subha Until 7:07PM	Muruqa: Yellow	<i>Sunset: 5:46PM</i>	Nandana 5114
		111567267	Rahu	2:47PM – 4:16PM	Kintughna Until 10:38AM	Nataraja: Yellow		Moon 2 - Phase 45
	Routine Work	Marana Yoga			Prathama* Until 10:38PM	Moon – Clear		Prathama
	Until 9:40AM then Amrita Yoga					Phalguna*Masi	Devaloka Day	
	Until 10.12PM then Siddha Yoga							

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada 2.A3.
MA, 58

All times are standard time

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1	Wednesday, March 13, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain
	Uttaraprostapada/Revati Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiya Yam Titau		Sun 15 Sutra 335		Nandana 5114
Meena Rasi: 14.35	Tithi 2	111567267	Gulika 10:19AM – 11:48AM	Uttaraprostapada Until 9:52AM	Ganesha: Red <i>Sunrise: 5:51AM</i>
			Yama 7:20AM – 8:50AM	Sukla Until 5:35PM	Muruga: Yellow <i>Sunset: 5:46PM</i>
			Rahu 11:48AM – 1:18PM	Balava Until 10:10AM	Nataraja: Yellow
Creative Work Siddha Yoga				Dvitiya Until 10:10PM	Moon – Clear
Until 9:52AM then Marana Yoga					Devaloka Day
Until 10.12PM then Siddha Yoga					Phalguna•Masi
2	Thursday, March 14, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam		Manama, Bahrain
	Revati/Asvini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiya Yam Titau		Sun 16 Sutra 336		Nandana 5114
Meena Rasi: 27.28	Tithi 3	111567267	Gulika 8:49AM – 10:19AM	Revati Until 10:41AM	Ganesha: Red <i>Sunrise: 5:50AM</i>
			Yama 5:50AM – 7:19AM	Brahma Until 4:38PM	Muruga: Yellow <i>Sunset: 5:47PM</i>
			Rahu 1:18PM – 2:47PM	Taitila Until 10:23AM	Nataraja: Yellow
Creative Work Siddha Yoga				Tritiya Until 10:23PM	Moon – Clear
Until 10:41AM then Amrita Yoga					Devaloka Day
					Phalguna•Panguni
3	Friday, March 15, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam		Manama, Bahrain
	Asvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthi* Yam Titau		Sun 17 Sutra 337		Nandana 5114
Mesha Rasi: 10.02	Tithi 4	122567268	Gulika 7:19AM – 8:48AM	Asvini Until 12:36PM	Ganesha: White <i>Sunrise: 5:49AM</i>
			Yama 2:47PM – 4:17PM	Indra Until 5:02PM	Muruga: Yellow <i>Sunset: 5:47PM</i>
			Rahu 10:18AM – 11:48AM	Vanija Until 11:44AM	Nataraja: White
Creative Work Amrita Yoga				Chaturthi* Until 12:49AM Sat	Moon – White
Until 12:36PM then Siddha Yoga					Devaloka Day
					Phalguna•Panguni
4	Saturday, March 16, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam		Manama, Bahrain
	Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchami Yam Titau		Sun 18 Sutra 338		Nandana 5114
Mesha Rasi: 22.19	Tithi 5	122567268	Gulika 5:48AM – 7:18AM	Bharani Until 2:43PM	Ganesha: White <i>Sunrise: 5:48AM</i>
			Yama 1:18PM – 2:48PM	Vaidhriti* Until 5:09PM	Muruga: Yellow <i>Sunset: 5:48PM</i>
			Rahu 8:48AM – 10:18AM	Bava Until 1:18PM	Nataraja: White
Creative Work Siddha Yoga				Panchami Until 2:23AM Sun	Moon – White
Until 2:43PM then Amrita Yoga					Devaloka Day
Until 10.11PM then Siddha Yoga					Phalguna•Panguni
5	Sunday, March 17, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bharu Vasara Yuktayam		Manama, Bahrain
	Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shasthi* Yam Titau		Sun 19 Sutra 339		Nandana 5114
Vrishabha Rasi: 4.22	Tithi 6	122567268	Gulika 2:48PM – 4:18PM	Krittika Until 5:17PM	Ganesha: White <i>Sunrise: 5:47AM</i>
			Yama 11:47AM – 1:18PM	Vishkambha* Until 5:41PM	Muruga: Yellow <i>Sunset: 5:48PM</i>
			Rahu 4:18PM – 5:48PM	Kaulava Until 3:22PM	Nataraja: White
Creative Work Siddha Yoga				Shasthi* Until 4:27AM Mon	Moon – White
Until 10.10PM then Amrita Yoga					Devaloka Day
					Phalguna•Panguni
6	Monday, March 18, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Manama, Bahrain
	Rohini Nakshatra Priti Yoga Gara/Vanija Karana Saptami Yam Titau		Sun 20 Sutra 340		Nandana 5114
Vrishabha Rasi: 16.16	Tithi 7	132567268	Gulika 1:17PM – 2:48PM	Rohini Until 8:09PM	Ganesha: Clear <i>Sunrise: 5:46AM</i>
Family Home Evening			Yama 10:17AM – 11:47AM	Priti Until 6:29PM	Muruga: Yellow <i>Sunset: 5:48PM</i>
Creative Work Amrita Yoga			Rahu 7:16AM – 8:46AM	Gara Until 5:45PM	Nataraja: White
Until 10.10PM then Siddha Yoga				Saptami Until 7:13AM Tue	Moon – Yellow
					Sivaloka Day
					Phalguna•Panguni
D	Tuesday, March 19, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam		Manama, Bahrain
	Retreat Star		Mrigasira Nakshatra Ayushman Yoga Vanija/Visti* Karana Saptami/Ashtami* Yam Titau		Sun 21 Sutra 341
Vrishabha Rasi: 28.05	Tithi 7 – 8	132567268	Gulika 11:47AM – 1:17PM	Mrigasira Until 11:10PM	Ganesha: Clear <i>Sunrise: 5:45AM</i>
			Yama 8:46AM – 10:16AM	Ayushman Until 7:26PM	Muruga: Yellow <i>Sunset: 5:49PM</i>
			Rahu 2:48PM – 4:18PM	Visti Until 8:18PM	Nataraja: White
Creative Work Siddha Yoga				Saptami Until 7:13AM	Moon – Yellow
					Sivaloka Day
					Phalguna•Panguni
	Wednesday, March 20, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam		Manama, Bahrain
	Retreat Star		Ardra Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami*/Navami* Yam Titau		Sun 22 Sutra 342
Mithuna Rasi: 9.56	Tithi 8 – 9	132567268	Gulika 10:16AM – 11:46AM	Ardra Until 2:08AM Thu	Ganesha: Clear <i>Sunrise: 5:43AM</i>
			Yama 7:14AM – 8:45AM	Saubhagya Until 8:21PM	Muruga: Yellow <i>Sunset: 5:49PM</i>
			Rahu 11:46AM – 1:17PM	Balava Until 10:48PM	Nataraja: White
Creative Work Siddha Yoga				Ashtami* Until 9:43AM	Moon – Yellow
Until 10.10PM then Marana Yoga					Sivaloka Day
Until 2:08AM Thu then Amrita Yoga					Phalguna•Panguni

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. %ig Veda 1.89.8. RvP, 287

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1 Thursday, March 21, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami*Dasami Yam Titau				Manama, Bahrain Sun 23 Sutra 343 Nandana 5114
Mithuna Rasi: 21.52	Tithi 9 – 10	Gulika 8:44AM – 10:15AM	Punarvasu Until 4:55AM Fri	Ganesha: Purple	<i>Sunrise: 5:42AM</i>	
	142567268	Yama 5:42AM – 7:13AM	Sobhana Until 9:05PM	Muruga: Yellow	<i>Sunset: 5:50PM</i>	Moon 2 - Phase 47
Creative Work Amrita Yoga		Rahu 1:17PM – 2:48PM	Taitila Until 1:06AM Fri	Nataraja: White		4th Phase
Until 10.09PM then Siddha Yoga			Navami* Until 12:00PM	Moon – Blue	Devaloka Day	
Until 4:55AM Fri then Marana Yoga				Phalguna*Panguni		
2 Friday, March 22, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau				Manama, Bahrain Sun 24 Sutra 344 Nandana 5114
Kataka Rasi: 3.59	Tithi 10 – 11	Gulika 7:12AM – 8:44AM	Pushya Until 6:34AM Sat	Ganesha: Purple	<i>Sunrise: 5:41AM</i>	
	142567268	Yama 2:48PM – 4:19PM	Athiganda* Until 9:29PM	Muruga: Yellow	<i>Sunset: 5:50PM</i>	Moon 2 - Phase 47
Routine Work Marana Yoga		Rahu 10:15AM – 11:46AM	Vanija Until 3:00AM Sat	Nataraja: White		4th Phase
Until 10.09PM then Siddha Yoga			Dasami Until 1:55PM	Moon – Blue	Devaloka Day	
Until 6:34AM Sat then Marana Yoga				Phalguna*Panguni		
3 Saturday, March 23, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Pushya/Aslesha* Nakshatra Sukarma Yoga Visti*/Bava Karana Ekadasi/Dvadasi Yam Titau				Manama, Bahrain Sun 25 Sutra 345 Nandana 5114
Kataka Rasi: 16.22	Tithi 11 – 12	Gulika 5:40AM – 7:12AM	Pushya Until 6:34AM	Ganesha: Purple	<i>Sunrise: 5:40AM</i>	
	142567268	Yama 1:17PM – 2:48PM	Sukarma Until 8:20PM	Muruga: Yellow	<i>Sunset: 5:51PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 8:43AM – 10:14AM	Bava Until 2:30AM Sun	Nataraja: White		4th Phase
Until 6:34AM then Marana Yoga		Yogaswami Mahasamadhi		Moon – Blue	Devaloka Day	
Until 10.09PM then Siddha Yoga			Ekadasi Until 2:30PM	Phalguna*Panguni		
4 Sunday, March 24, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Aslesha*/Magha* Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvadasi/Trayodasi Yam Titau				Manama, Bahrain Sun 26 Sutra 346 Nandana 5114
Kataka Rasi: 29.02	Tithi 12 – 13	Gulika 2:48PM – 4:20PM	Aslesha* Until 7:47AM	Ganesha: Purple	<i>Sunrise: 5:39AM</i>	
	142567268	Yama 11:45AM – 1:17PM	Dhriti Until 7:46PM	Muruga: Yellow	<i>Sunset: 5:51PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 4:20PM – 5:51PM	Kaulava Until 3:08AM Mon	Nataraja: White		4th Phase
Until 7:47AM then Marana Yoga			Dvadasi Until 3:08PM	Moon – Blue	Devaloka Day	
Until 10.08PM then Siddha Yoga			<i>Pradosha Vrata</i>	Phalguna*Panguni		
5 Monday, March 25, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Shula* Yoga Taitila/Gara Karana Trayodasi/Chaturdasi* Yam Titau				Manama, Bahrain Sun 27 Sutra 347 Nandana 5114
Simha Rasi: 12.02	Tithi 13 – 14	Gulika 1:17PM – 2:48PM	Magha* Until 8:23AM	Ganesha: Clear	<i>Sunrise: 5:38AM</i>	
Family Home Evening	152567268	Yama 10:13AM – 11:45AM	Shula* Until 6:37PM	Muruga: Yellow	<i>Sunset: 5:52PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 7:10AM – 8:42AM	Gara Until 3:06AM Tue	Nataraja: White		4th Phase
			Trayodasi Until 3:06PM	Moon – Red	Sivaloka Day	
				Phalguna*Panguni		
○ Tuesday, March 26, 2013 Copper Retreat Star		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni*/Uttaraphalguni Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Chaturdasi*/Purnima* Yam Titau				Manama, Bahrain Sun 27 Sutra 348 Nandana 5114
Simha Rasi: 25.24	Tithi 14 – 15	Gulika 11:45AM – 1:17PM	Purvaphalguni* Until 8:11AM	Ganesha: Purple	<i>Sunrise: 5:37AM</i>	
	152667268	Yama 8:41AM – 10:13AM	Ganda* Until 4:10PM	Muruga: Yellow	<i>Sunset: 5:52PM</i>	Moon 2 - Phase 47
Creative Work Siddha Yoga		Rahu 2:48PM – 4:20PM	Visti Until 12:49AM Wed	Nataraja: White		Purnima
Until 8:11AM then Amrita Yoga		Panguni Uttiram		Moon – Red	Subha Sivaloka Day	
			Chaturdasi* Until 1:44PM	Phalguna*Panguni		
Wednesday, March 27, 2013 Silver Retreat Star		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Purnima*/Prathama* Yam Titau				Manama, Bahrain Sun 27 Sutra 349 Nandana 5114
Kanya Rasi: 9.05	Tithi 15 – 16	Gulika 10:12AM – 11:44AM	Uttaraphalguni Until 7:35AM	Ganesha: Purple	<i>Sunrise: 5:36AM</i>	
	152667268	Yama 7:08AM – 8:40AM	Vridhhi Until 2:01PM	Muruga: Yellow	<i>Sunset: 5:53PM</i>	Moon 2 - Phase 47
Creative Work Amrita Yoga		Rahu 11:44AM – 1:16PM	Balava Until 11:32PM	Nataraja: White		Prathama
Until 7:35AM then Siddha Yoga			Purnima* Until 12:28PM	Moon – Red	Subha Sivaloka Day	
Until 10.07PM then no yoga				Phalguna*Panguni		

O self-luminous Divine remove the veil of ignorance from before me that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. %oig Veda Aitareya U Inv. Up,P,95

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Thursday, March 28, 2013

Gold Retreat Star

Kanya Rasi: 23.02 Tithi 16 – 17
162667268
No Yoga
Until 6:31AM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Prathama*/Dvitiya Yam Titau

Gulika 8:39AM – 10:12AM
Yama 5:35AM – 7:07AM
Rahu 1:16PM – 2:49PM

Hasta Until 6:31AM
Dhruva Until 11:26AM
Taitila Until 9:45PM
Prathama* Until 10:40AM

Ganesha: Clear *Sunrise: 5:35AM*
Muruga: Yellow *Sunset: 5:53PM*
Nataraja: White
Moon – Green **Sivaloka Day**
Phalguna•Panguni

Manama, Bahrain
Sutra 350
Nandana 5114
Moon 3 - Phase 48
1st Phase

Friday, March 29, 2013

1

Tula Rasi: 7.12 Tithi 17 – 18
163667268
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Svati Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiya Yam Titau

Gulika 7:06AM – 8:39AM
Yama 2:49PM – 4:21PM
Rahu 10:11AM – 11:44AM

Svati Until 3:56AM Sat
Vyaghata* Until 8:31AM
Vanija Until 7:34PM
Dvitiya Until 8:30AM

Ganesha: White *Sunrise: 5:34AM*
Muruga: Yellow *Sunset: 5:54PM*
Nataraja: White
Moon – Green **Devaloka Day**
Phalguna•Panguni

Manama, Bahrain
Sun 1 Sutra 351
Nandana 5114
Moon 3 - Phase 48
1st Phase

Saturday, March 30, 2013

2

Tula Rasi: 21.3 Tithi 18 – 19
173667268
Creative Work Siddha Yoga
Until 10.06PM then Marana Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Visakha Nakshatra Vajra* Yoga Visti*/Balava Karana Tritiya/Chaturthi* Yam Titau

Gulika 5:33AM – 7:05AM
Yama 1:16PM – 2:49PM
Rahu 8:38AM – 10:11AM

Visakha Until 2:17AM Sun
Vajra* Until 2:44AM Sun
Balava Until 4:14AM Sun
Tritiya Until 6:05AM

Ganesha: Yellow *Sunrise: 5:33AM*
Muruga: Yellow *Sunset: 5:54PM*
Nataraja: White
Moon – Orange **Sivaloka Day**
Phalguna•Panguni

Manama, Bahrain
Sun 2 Sutra 352
Nandana 5114
Moon 3 - Phase 48
1st Phase

Sunday, March 31, 2013

3

Vrischika Rasi: 5.51 Tithi 20
173667268
Routine Work Marana Yoga
Until 10.06PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Anuradha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Panchami Yam Titau

Gulika 2:49PM – 4:22PM
Yama 11:43AM – 1:16PM
Rahu 4:22PM – 5:55PM

Anuradha Until 12:33AM Mon
Siddhi Until 11:32PM
Kaulava Until 2:39PM
Panchami Until 1:43AM Mon

Ganesha: Yellow *Sunrise: 5:32AM*
Muruga: Yellow *Sunset: 5:55PM*
Nataraja: White
Moon – Orange **Sivaloka Day**
Phalguna•Panguni

Manama, Bahrain
Sun 3 Sutra 353
Nandana 5114
Moon 3 - Phase 48
1st Phase

Monday, April 1, 2013

4

Vrischika Rasi: 20.1 Tithi 21
Family Home Evening 173667268
Creative Work Siddha Yoga
Until 10:51PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Gara/Vanija Karana Shasthi* Yam Titau

Gulika 1:16PM – 2:49PM
Yama 10:10AM – 11:43AM
Rahu 7:05AM – 8:37AM

Jyeshtha* Until 10:51PM
Vyatipata* Until 8:22PM
Gara Until 12:10PM
Shasthi* Until 11:15PM

Ganesha: Yellow *Sunrise: 5:32AM*
Muruga: Yellow *Sunset: 5:55PM*
Nataraja: White
Moon – Orange **Sivaloka Day**
Phalguna•Panguni

Manama, Bahrain
Sun 4 Sutra 354
Nandana 5114
Moon 3 - Phase 48
1st Phase

Tuesday, April 2, 2013

5

Dhanus Rasi: 4.26 Tithi 22
183667268
Creative Work Amrita Yoga
Until 9:16PM then Siddha Yoga
Until 10.06PM then Amrita Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Mula* Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Saptami Yam Titau

Gulika 11:43AM – 1:16PM
Yama 8:37AM – 10:10AM
Rahu 2:49PM – 4:22PM

Mula* Until 9:16PM
Variyan Until 5:18PM
Visti Until 9:49AM
Saptami Until 8:54PM

Ganesha: Blue *Sunrise: 5:31AM*
Muruga: Yellow *Sunset: 5:55PM*
Nataraja: White
Moon – Light Blue **Devaloka Day**
Phalguna•Panguni

Manama, Bahrain
Sun 5 Sutra 355
Nandana 5114
Moon 3 - Phase 48
1st Phase

Wednesday, April 3, 2013

D

Retreat Star

Dhanus Rasi: 18.35 Tithi 23
183667268
Creative Work Amrita Yoga
Until 10.06PM then Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Purvashadha* Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Ashtami* Yam Titau

Gulika 10:09AM – 11:43AM
Yama 7:03AM – 8:36AM
Rahu 11:43AM – 1:16PM

Purvashadha* Until 7:51PM
Parigha* Until 2:25PM
Balava Until 7:40AM
Ashtami* Until 6:45PM

Ganesha: Blue *Sunrise: 5:30AM*
Muruga: Yellow *Sunset: 5:56PM*
Nataraja: White
Moon – Light Blue **Devaloka Day**
Phalguna•Panguni

Manama, Bahrain
Sun 6 Sutra 356
Nandana 5114
Moon 3 - Phase 48
Ashtami

Thursday, April 4, 2013

Retreat Star

Makara Rasi: 2.37 Tithi 24 – 25
183667268
Creative Work Siddha Yoga

Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Navami*/Dasami Yam Titau

Gulika 8:35AM – 10:09AM
Yama 5:28AM – 7:02AM
Rahu 1:16PM – 2:49PM

Uttarashadha Until 6:40PM
Shiva Until 11:43AM
Vanija Until 3:54AM Fri
Navami* Until 4:49PM

Ganesha: Blue *Sunrise: 5:28AM*
Muruga: Yellow *Sunset: 5:56PM*
Nataraja: White
Moon – Light Blue **Devaloka Day**
Phalguna•Panguni

Manama, Bahrain
Sun 7 Sutra 357
Nandana 5114
Moon 3 - Phase 48
Navami

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda 7.52.1

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1 Friday, April 5, 2013 Makara Rasi: 16.3 Tithi 25 – 26 Creative Work Siddha Yoga 193667268			Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Sravana/Dhanishtha Nakshatra Siddha/Sadhyo Yoga Visti*/Bava Karana Dasami/Ekadasi* Yam Titau Gulika 7:01AM – 8:35AM Yama 2:49PM – 4:23PM Rahu 10:08AM – 11:42AM			Manama, Bahrain Sun 8 Sutra 358 Nandana 5114 Moon 3 - Phase 49 2nd Phase Sivaloka Day		
2 Saturday, April 6, 2013 Kumbha Rasi: 0.14 Tithi 26 – 27 Creative Work Siddha Yoga Until 5:01PM then Amrita Yoga Until 10:05PM then Siddha Yoga 193667268			Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Dhanishtha/Satabhisha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Ekadasi*/Dvadasi* Yam Titau Gulika 5:26AM – 7:00AM Yama 1:15PM – 2:49PM Rahu 8:34AM – 10:08AM			Manama, Bahrain Sun 9 Sutra 359 Nandana 5114 Moon 3 - Phase 49 2nd Phase Sivaloka Day		
3 Sunday, April 7, 2013 Kumbha Rasi: 13.47 Tithi 27 – 28 Creative Work Siddha Yoga Until 10:04PM then no yoga 193667268			Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Satabhisha/Purvaprostapada* Nakshatra Sukla Yoga Taila/Gara Karana Dvadasi*/Trayodasi* Yam Titau Gulika 2:49PM – 4:23PM Yama 11:41AM – 1:15PM Rahu 4:23PM – 5:57PM			Manama, Bahrain Sun 10 Sutra 360 Nandana 5114 Moon 3 - Phase 49 2nd Phase Sivaloka Day		
4 Monday, April 8, 2013 Kumbha Rasi: 27.08 Tithi 28 – 29 Family Home Evening No Yoga Until 5:26PM then Siddha Yoga Until 10:04PM then Amrita Yoga 113667268			Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Purvaprostapada*/Uttaraprostapada Nakshatra Brahma Yoga Vanija/Visti* Karana Trayodasi*/Chaturdasi* Yam Titau Gulika 1:15PM – 2:50PM Yama 10:07AM – 11:41AM Rahu 6:58AM – 8:33AM			Manama, Bahrain Sun 11 Sutra 361 Nandana 5114 Moon 3 - Phase 49 2nd Phase Devaloka Day		
 Tuesday, April 9, 2013 Retreat Star Meena Rasi: 10.16 Tithi 29 – 30 Creative Work Amrita Yoga Until 5:49PM then Siddha Yoga Until 10:04PM then Marana Yoga 113667268			Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraprostapada*/Revati Nakshatra Indra Yoga Sakuni*/Catuspada* Karana Chaturdasi*/Amavasya* Yam Titau Gulika 11:41AM – 1:15PM Yama 8:32AM – 10:06AM Rahu 2:50PM – 4:24PM			Manama, Bahrain Sun 12 Sutra 362 Nandana 5114 Moon 3 - Phase 49 Amavasya Devaloka Day		
Wednesday, April 10, 2013 Retreat Star Meena Rasi: 23.08 Tithi 30 – 1 Routine Work Marana Yoga Until 10:04PM then Amrita Yoga 113667268			Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Vaidhriti* Yoga Naga*/Kintughna* Karana Amavasya*/Prathama* Yam Titau Gulika 10:06AM – 11:41AM Yama 6:57AM – 8:31AM Rahu 11:41AM – 1:15PM			Manama, Bahrain Sun 13 Sutra 363 Nandana 5114 Moon 3 - Phase 49 Prathama Devaloka Day		

Shuddha Saivas meditate on these as their religious path: Oneself, Absolute Reality and the Primal Soul; the categories three: God, soul and bonds; immaculate liberation and all that fetters the soul. Tirumantiram 1432. TM

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1 Thursday, April 11, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Asvini Nakshatra Vishkambha* Yoga Bava/Balava Karana Prathama*/Dvitiya Yam Titau				Manama, Bahrain
Mesha Rasi: 5.46	Tithi 1 – 2	Gulika 8:31AM – 10:05AM	Asvini Until 9:09PM	Ganesha: White	<i>Sunrise: 5:21AM</i>	Sun 14 Sutra 364
		Yama 5:21AM – 6:56AM	Vishkambha* Until 12:51AM Fri	Muruga: Yellow	<i>Sunset: 5:59PM</i>	Nandana 5114
	123667268	Rahu 1:15PM – 2:50PM	Balava Until 2:56AM Fri	Nataraja: White		Moon 3 - Phase 50
Creative Work Amrita Yoga		Chellappaswami Mahasamadhi		Moon – White		3rd Phase
Until 9:09PM then Siddha Yoga			Prathama* Until 1:51PM	Chaitra•Panguni	Devaloka Day	

2 Friday, April 12, 2013		Nandana Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Priti Yoga Kaulava/Taitila Karana Dvitiya/Tritiya Yam Titau				Manama, Bahrain
Mesha Rasi: 18.08	Tithi 2 – 3	Gulika 6:55AM – 8:30AM	Bharani Until 11:03PM	Ganesha: Clear	<i>Sunrise: 5:20AM</i>	Sun 15 Sutra 365
		Yama 2:50PM – 4:25PM	Priti Until 12:48AM Sat	Muruga: Yellow	<i>Sunset: 6:00PM</i>	Nandana 5114
	124667268	Rahu 10:05AM – 11:40AM	Taitila Until 4:15AM Sat	Nataraja: White		Moon 3 - Phase 50
Creative Work Siddha Yoga			Dvitiya Until 3:10PM	Moon – White		3rd Phase
Until 11:03PM then Amrita Yoga				Chaitra•Panguni	Sivaloka Day	

3 Saturday, April 13, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Ayushman Yoga Gara/Vanija Karana Tritiya/Chaturthi* Yam Titau				Manama, Bahrain
Virshabha Rasi: 0.19	Tithi 3 – 4	Gulika 5:19AM – 6:54AM	Krittika Until 1:23AM Sun	Ganesha: Clear	<i>Sunrise: 5:19AM</i>	Sun 16 Sutra 1
		Yama 1:15PM – 2:50PM	Ayushman Until 1:09AM Sun	Muruga: Yellow	<i>Sunset: 6:00PM</i>	Vijaya 5115
	124667268	Rahu 8:29AM – 10:05AM	Vanija Until 6:02AM Sun	Nataraja: White		Moon 3 - Phase 50
Creative Work Amrita Yoga		Tamil New Year		Moon – White		3rd Phase
Until 10:03PM then Siddha Yoga			Tritiya Until 4:56PM	Chaitra•Chaitra	Sivaloka Day	

4 Sunday, April 14, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Vanija/Visti* Karana Chaturthi* Yam Titau				Manama, Bahrain
Virshabha Rasi: 12.18	Tithi 4	Gulika 2:50PM – 4:25PM	Rohini Until 4:04AM Mon	Ganesha: Clear	<i>Sunrise: 5:18AM</i>	Sun 17 Sutra 2
		Yama 11:39AM – 1:15PM	Saubhagya Until 1:49AM Mon	Muruga: Yellow	<i>Sunset: 6:01PM</i>	Vijaya 5115
	234667268	Rahu 4:25PM – 6:01PM	Visti Until 8:11AM Mon	Nataraja: White		Moon 3 - Phase 50
Creative Work Siddha Yoga			Chaturthi* Until 7:05PM	Moon – Yellow		3rd Phase
Until 10:02PM then Amrita Yoga				Chaitra•Chaitra	Sivaloka Day	

5 Monday, April 15, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigasira Nakshatra Sobhana Yoga Bava/Balava Karana Panchami Yam Titau				Manama, Bahrain
Virshabha Rasi: 24.11	Tithi 5	Gulika 1:15PM – 2:50PM	Mrigasira Until 7:18AM Tue	Ganesha: Clear	<i>Sunrise: 5:17AM</i>	Sun 18 Sutra 3
Family Home Evening		Yama 10:04AM – 11:39AM	Sobhana Until 2:41AM Tue	Muruga: Yellow	<i>Sunset: 6:01PM</i>	Vijaya 5115
	234667268	Rahu 6:53AM – 8:28AM	Bava Until 8:23AM	Nataraja: White		Moon 3 - Phase 50
Creative Work Amrita Yoga			Panchami Until 9:29PM	Moon – Yellow		3rd Phase
Until 10:02PM then Siddha Yoga				Chaitra•Chaitra	Sivaloka Day	
Until 7:18AM Tue then Marana Yoga						

6 Tuesday, April 16, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigasira/Ardra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shasthi* Yam Titau				Manama, Bahrain
Mithuna Rasi: 6.01	Tithi 6	Gulika 11:39AM – 1:15PM	Mrigasira Until 7:18AM	Ganesha: Clear	<i>Sunrise: 5:16AM</i>	Sun 19 Sutra 4
		Yama 8:28AM – 10:03AM	Athiganda* Until 3:39AM Wed	Muruga: Yellow	<i>Sunset: 6:02PM</i>	Vijaya 5115
	234667268	Rahu 2:50PM – 4:26PM	Kaulava Until 10:53AM	Nataraja: White		Moon 3 - Phase 50
Creative Work Siddha Yoga			Shasthi* Until 11:59PM	Moon – Yellow		3rd Phase
Until 7:18AM then Marana Yoga				Chaitra•Chaitra	Sivaloka Day	
Until 10:02PM then Siddha Yoga						

Wednesday, April 17, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Sukarma Yoga Gara/Vanija Karana Saptami Yam Titau				Manama, Bahrain
Retreat Star		Gulika 10:03AM – 11:39AM	Ardra Until 10:15AM	Ganesha: Clear	<i>Sunrise: 5:15AM</i>	Sun 20 Sutra 5
Mithuna Rasi: 17.52	Tithi 7	Yama 6:51AM – 8:27AM	Sukarma Until 4:34AM Thu	Muruga: Yellow	<i>Sunset: 6:02PM</i>	Vijaya 5115
	234667268	Rahu 11:39AM – 1:15PM	Gara Until 1:20PM	Nataraja: White		Moon 3 - Phase 50
Creative Work Siddha Yoga			Saptami Until 2:26AM Thu	Moon – Yellow		3rd Phase
Until 10:02PM then Amrita Yoga				Chaitra•Chaitra	Sivaloka Day	

Thursday, April 18, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtami* Yam Titau				Manama, Bahrain
Retreat Star		Gulika 8:26AM – 10:02AM	Punarvasu Until 1:02PM	Ganesha: Purple	<i>Sunrise: 5:14AM</i>	Sun 21 Sutra 6
Mithuna Rasi: 29.49	Tithi 8	Yama 5:14AM – 6:50AM	Dhriti Until 5:20AM Fri	Muruga: Yellow	<i>Sunset: 6:03PM</i>	Vijaya 5115
	244667268	Rahu 1:15PM – 2:51PM	Visti Until 3:36PM	Nataraja: White		Moon 3 - Phase 50
Creative Work Amrita Yoga			Ashtami* Until 4:41AM Fri	Moon – Blue		Ashtami
Until 10.01PM then Marana Yoga				Chaitra•Chaitra	Subha Sivaloka Day	

Friday, April 19, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Pushya/Aslesha* Nakshatra Shula* Yoga Balava/Kaulava Karana Navami* Yam Titau				Manama, Bahrain
Retreat Star		Gulika 6:50AM – 8:26AM	Pushya Until 3:29PM	Ganesha: Purple	<i>Sunrise: 5:13AM</i>	Sun 22 Sutra 7
Kataka Rasi: 11.56	Tithi 9	Yama 2:51PM – 4:27PM	Shula* Until 5:47AM Sat	Muruga: Yellow	<i>Sunset: 6:03PM</i>	Vijaya 5115
	244667268	Rahu 10:02AM – 11:38AM	Balava Until 5:29PM	Nataraja: White		Moon 3 - Phase 50
Routine Work Marana Yoga			Navami* Until 6:35AM Sat	Moon – Blue		Navami
		Sri Rama Navami		Chaitra•Chaitra	Subha Sivaloka Day	

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Kṛishṇa Yajur Veda, Svetu 4.16. bo UpR, 736

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1		Saturday, April 20, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Aslesha*/Magha* Nakshatra Ganda* Yoga Taitila Karana Dasami Yam Titau		Manama, Bahrain Sun 23 Sutra 8 Vijaya 5115	
Kataka Rasi: 24.17	Tithi 10	244667268	Gulika 5:12AM – 6:49AM Yama 1:14PM – 2:51PM Rahu 8:25AM – 10:02AM	Aslesha* Until 4:34PM Ganda* Until 4:05AM Sun Taitila Until 5:47PM Dasami Until 6:24AM Sun	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Blue Chaitra*Chaitra	Sunrise: 5:12AM Sunset: 6:04PM	Moon 3 - Phase 1 4th Phase
Routine Work Marana Yoga Until 4:34PM then Amrita Yoga Until 10.01PM then Marana Yoga					Subha Sivaloka Day		
2		Sunday, April 21, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni* Nakshatra Vriddhi Yoga Gara/Vanija Karana Dasami/Ekadasi Yam Titau		Manama, Bahrain Sun 24 Sutra 9 Vijaya 5115	
Simha Rasi: 6.56	Tithi 10 – 11	254767268	Gulika 2:51PM – 4:28PM Yama 11:38AM – 1:14PM Rahu 4:28PM – 6:04PM	Magha* Until 5:48PM Vriddhi Until 3:34AM Mon Vanija Until 6:24PM Dasami Until 6:24AM	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Red Chaitra*Chaitra	Sunrise: 5:11AM Sunset: 6:04PM	Moon 3 - Phase 1 4th Phase
Routine Work Marana Yoga Until 5:48PM then Siddha Yoga					Devaloka Day		
3		Monday, April 22, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Purvaphalguni* Nakshatra Dhruva Yoga Visti*/Balava Karana Ekadasi/Dvadasi Yam Titau		Manama, Bahrain Sun 25 Sutra 10 Vijaya 5115	
Simha Rasi: 19.59	Tithi 11 – 12	254767268	Gulika 1:14PM – 2:51PM Yama 10:01AM – 11:38AM Rahu 6:47AM – 8:24AM	Purvaphalguni* Until 6:21PM Dhruva Until 2:24AM Tue Balava Until 6:17PM Ekadasi Until 6:17AM	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Red Chaitra*Chaitra	Sunrise: 5:10AM Sunset: 6:05PM	Moon 3 - Phase 1 4th Phase
Family Home Evening Creative Work Siddha Yoga Until 6:21PM then Marana Yoga Until 10.01PM then Amrita Yoga					Devaloka Day		
4		Tuesday, April 23, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Trayodasi Yam Titau		Manama, Bahrain Sun 26 Sutra 11 Vijaya 5115	
Kanya Rasi: 3.25	Tithi 13	254767268	Gulika 11:37AM – 1:14PM Yama 8:23AM – 10:00AM Rahu 2:51PM – 4:28PM	Uttaraphalguni Until 5:17PM Vyaghata* Until 11:19PM Kaulava Until 4:29PM Trayodasi Until 3:34AM Wed <i>Pradosha Vrata</i>	Ganesha: Purple Muruga: Yellow Nataraja: White Moon – Red Chaitra*Chaitra	Sunrise: 5:10AM Sunset: 6:05PM	Moon 3 - Phase 1 4th Phase
Creative Work Amrita Yoga Until 5:17PM then Siddha Yoga					Devaloka Day		
5		Wednesday, April 24, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Harshana Yoga Gara/Vanija Karana Chaturdasi* Yam Titau		Manama, Bahrain Sun 27 Sutra 12 Vijaya 5115	
Kanya Rasi: 17.16	Tithi 14	265767269	Gulika 10:00AM – 11:37AM Yama 6:46AM – 8:23AM Rahu 11:37AM – 1:14PM	Hasta Until 4:25PM Harshana Until 8:57PM Gara Until 2:53PM Chaturdasi* Until 1:58AM Thu	Ganesha: White Muruga: Yellow Nataraja: Clear Moon – Green Chaitra*Chaitra	Sunrise: 5:09AM Sunset: 6:06PM	Moon 3 - Phase 1 4th Phase
Creative Work Siddha Yoga					Sivaloka Day		
○		Thursday, April 25, 2013		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Purnima* Yam Titau		Manama, Bahrain Sutra 13 Vijaya 5115	
Copper Retreat Star			Gulika 8:22AM – 10:00AM Yama 5:08AM – 6:45AM Rahu 1:14PM – 2:52PM	Chitra Until 2:19PM Vajra* Until 5:58PM Visti Until 12:07PM Purnima* Until 10:24PM	Ganesha: White Muruga: Yellow Nataraja: Clear Moon – Green Chaitra*Chaitra	Sunrise: 5:08AM Sunset: 6:06PM	Moon 3 - Phase 1 Purnima
Tula Rasi: 1.28		265767269	Partial Lunar Eclipse Hanuman Jayanti		Sivaloka Day		
Creative Work Siddha Yoga Until 2:19PM then Amrita Yoga Until 10.00PM then Siddha Yoga							
Friday, April 26, 2013		Silver Retreat Star		Vijaya Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Visakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathama* Yam Titau		Manama, Bahrain Sutra 14 Vijaya 5115	
Tula Rasi: 15.59	Tithi 16	265767269	Gulika 6:44AM – 8:22AM Yama 2:52PM – 4:29PM Rahu 9:59AM – 11:37AM	Svati Until 12:25PM Siddhi Until 2:00PM Balava Until 9:29AM Prathama* Until 7:46PM	Ganesha: White Muruga: Yellow Nataraja: Clear Moon – Green Chaitra*Chaitra	Sunrise: 5:07AM Sunset: 6:07PM	Moon 3 - Phase 1 Prathama
Creative Work Siddha Yoga Until 12:25PM then Marana Yoga Until 10.00PM then Siddha Yoga					Sivaloka Day		

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda, Brihadu 1.4.14. bo UpH, 84

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