



Wednesday, April 28, 2021

Gold Retreat Star

Tula Rasi: 25.35 Tithi 16 – 17

277784469

Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vyatipata/Variyan Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

**Gulika** 10:28AM – 12:03PM  
Yama 7:18AM – 8:53AM  
**Rahu** 12:03PM – 1:38PM

**Vishakha** Until 6:14PM  
Vyatipata\* Until 4:52PM  
Gara Until 2:38AM Thu  
Prathama\* Until 6:17AM

**Ganesha:** Blue *Sunrise:* 5:43AM  
**Muruqa:** White *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra\*Chaitra**

Yangon, Myanmar  
Sutra 17  
Plava 5123  
Moon 4 - Phase 2 -  
1st Phase

**Devaloka Day**

1

Thursday, April 29, 2021

Vrischika Rasi: 10.43 Tithi 18

278784469

Creative Work Siddha Yoga

Until 3:31PM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Variyan/Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 8:53AM – 10:28AM  
Yama 5:42AM – 7:17AM  
**Rahu** 1:38PM – 3:14PM

**Anuradha** Until 3:31PM  
Variyan Until 12:49PM  
Vanija Until 12:54PM  
Tritiya Until 11:13PM

**Ganesha:** Blue *Sunrise:* 5:42AM  
**Muruqa:** White *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra\*Chaitra**

Yangon, Myanmar  
Sun 1  
Sutra 18  
Plava 5123  
Moon 4 - Phase 2 - 1  
1st Phase

**Devaloka Day**

2

Friday, April 30, 2021

Vrischika Rasi: 25.37 Tithi 19

278784469

Routine Work Marana Yoga

Until 1:01PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Parigha\*/Shiva Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika** 7:17AM – 8:52AM  
Yama 3:14PM – 4:49PM  
**Rahu** 10:28AM – 12:03PM

**Jyeshtha\*** Until 1:01PM  
Parigha\* Until 9:03AM  
Bava Until 9:40AM  
Chaturthi\* Until 8:12PM

**Ganesha:** Blue *Sunrise:* 5:42AM  
**Muruqa:** White *Sunset:* 6:24PM  
**Nataraja:** Clear  
Moon – Orange  
**Chaitra\*Chaitra**

Yangon, Myanmar  
Sun 2  
Sutra 19  
Plava 5123  
Moon 4 - Phase 2 - 2  
1st Phase

**Devaloka Day**

3

Saturday, May 1, 2021

Dhanus Rasi: 10.11 Tithi 20 – 21

288794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddha Yoga Kaulava/Gara Karana Panchami/Shashthyam Titau

**Gulika** 5:41AM – 7:17AM  
Yama 1:38PM – 3:14PM  
**Rahu** 8:52AM – 10:27AM

**Mula\*** Until 11:15AM  
Siddha Until 2:45AM Sun  
Kaulava Until 6:54AM  
Panchami Until 5:42PM

**Ganesha:** Red *Sunrise:* 5:41AM  
**Muruqa:** Yellow *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

Yangon, Myanmar  
Sun 3  
Sutra 20  
Plava 5123  
Moon 4 - Phase 2 - 3  
1st Phase

**Devaloka Day**

4

Sunday, May 2, 2021

Dhanus Rasi: 24.21 Tithi 21 – 22

288794469

Creative Work Siddha Yoga

Until 9:58AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sadhya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 3:14PM – 4:49PM  
Yama 12:03PM – 1:38PM  
**Rahu** 4:49PM – 6:25PM

**Purvashadha\*** Until 9:58AM  
Sadhya Until 12:23AM Mon  
Visti Until 3:10AM Mon  
Shashthi\* Until 3:50PM

**Ganesha:** Red *Sunrise:* 5:41AM  
**Muruqa:** Yellow *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

Yangon, Myanmar  
Sun 4  
Sutra 21  
Plava 5123  
Moon 4 - Phase 2 - 4  
1st Phase

**Devaloka Day**

5

Monday, May 3, 2021

Makara Rasi: 8.07 Tithi 22 – 23

288794469

Family Home Evening

Routine Work Marana Yoga

Until 9:11AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha/Shravana Nakshatra Subha Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 1:38PM – 3:14PM  
Yama 10:27AM – 12:03PM  
**Rahu** 7:16AM – 8:51AM

**Uttarashadha** Until 9:11AM  
Subha Until 10:34PM  
Balava Until 2:20AM Tue  
Saptami Until 2:39PM

**Ganesha:** Red *Sunrise:* 5:40AM  
**Muruqa:** Yellow *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Chaitra\*Chaitra**

Yangon, Myanmar  
Sun 5  
Sutra 22  
Plava 5123  
Moon 4 - Phase 2 - 5  
1st Phase

**Devaloka Day**

D

Tuesday, May 4, 2021

Retreat Star

Makara Rasi: 21.28 Tithi 23 – 24

298794469

Creative Work Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Sukla Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 12:03PM – 1:38PM  
Yama 8:51AM – 10:27AM  
**Rahu** 3:14PM – 4:50PM

**Shravana** Until 9:24AM  
Sukla Until 9:18PM  
Taitila Until 2:12AM Wed  
Ashtami\* Until 2:10PM

**Ganesha:** Green *Sunrise:* 5:40AM  
**Muruqa:** Yellow *Sunset:* 6:25PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra\*Chaitra**

Yangon, Myanmar  
Sun 6  
Sutra 23  
Plava 5123  
Moon 4 - Phase 2 - 6  
Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Wednesday, May 5, 2021

Retreat Star

Kumbha Rasi: 4.26 Tithi 24 – 25

299794469

Routine Work Prabalarishta Yoga

Until 10:09AM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Brahma Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 10:27AM – 12:02PM  
Yama 7:15AM – 8:51AM  
**Rahu** 12:02PM – 1:38PM

**Dhanishtha** Until 10:09AM  
Brahma Until 8:34PM  
Vanija Until 2:43AM Thu  
Navami\* Until 2:22PM

**Ganesha:** Red *Sunrise:* 5:39AM  
**Muruqa:** Yellow *Sunset:* 6:26PM  
**Nataraja:** Clear  
Moon – Purple  
**Chaitra\*Chaitra**

Yangon, Myanmar  
Sun 7  
Sutra 24  
Plava 5123  
Moon 4 - Phase 2 - 7  
Navami

**Devaloka Day**


<b>1</b>	<b>Thursday, May 6, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Indra Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 17.07	Tithi 26 – 26	<b>Gulika</b> 8:51AM – 10:26AM	<b>Shatabhishak</b> <b>Until 11:21AM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:39AM	Sun 8 Sutra 25
			Yama 5:39AM – 7:15AM	Indra <b>Until 8:19PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:26PM	Plava 5123
	299794469	<b>Rahu</b> 1:38PM – 3:14PM		Bava <b>Until 3:49AM Fri</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 8
Creative Work	Siddha Yoga		<b>Dashami</b> <b>Until 3:11PM</b>	Moon – Purple		2nd Phase	
				<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, May 7, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vaidhriti* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 29.32	Tithi 26 – 27	<b>Gulika</b> 7:14AM – 8:50AM	<b>Purvaproshtapada*</b> <b>Until 1:24PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	Sun 9 Sutra 26
			Yama 3:14PM – 4:50PM	Vaidhriti* <b>Until 8:27PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:26PM	Plava 5123
	219794469	<b>Rahu</b> 10:26AM – 12:02PM		Kaulava <b>Until 5:24AM Sat</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 9
Creative Work	Siddha Yoga		<b>Ekadashi*</b> <b>Until 4:32PM</b>	Moon – Clear		2nd Phase	
				<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Saturday, May 8, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Vishkambha* Yoga Taitila Karana Dvadashyam Titau				Yangon, Myanmar
	Meena Rasi: 11.45	Tithi 27	<b>Gulika</b> 5:38AM – 7:14AM	<b>Uttaraproshtapada</b> <b>Until 3:44PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:38AM	Sun 10 Sutra 27
			Yama 1:38PM – 3:14PM	Vishkambha* <b>Until 8:55PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:27PM	Plava 5123
	219794469	<b>Rahu</b> 8:50AM – 10:26AM		Taitila <b>Until 6:20PM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 10
Creative Work	Siddha Yoga		<b>Dvadashi*</b> <b>Until 6:20PM</b>	Moon – Clear		2nd Phase	
Until 3:44PM				<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga							

<b>4</b>	<b>Sunday, May 9, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Priti Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar
	Meena Rasi: 23.48	Tithi 28	<b>Gulika</b> 3:15PM – 4:51PM	<b>Revati</b> <b>Until 6:15PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:37AM	Sun 11 Sutra 28
			Yama 12:02PM – 1:38PM	Priti <b>Until 9:40PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:27PM	Plava 5123
	219794469	<b>Rahu</b> 4:51PM – 6:27PM		Gara <b>Until 7:23AM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 11
Creative Work	Amrita Yoga		<b>Trayodashi*</b> <b>Until 8:29PM</b>	Moon – Clear		2nd Phase	
Until 6:15PM		<b>Mother's Day</b>		<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Monday, May 10, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Ayushman Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar
	Mesha Rasi: 5.44	Tithi 29	<b>Gulika</b> 1:38PM – 3:15PM	<b>Ashvini</b> <b>Until 9:22PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:37AM	Sun 12 Sutra 29
	<b>Family Home Evening</b>		Yama 10:26AM – 12:02PM	Ayushman <b>Until 10:35PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:27PM	Plava 5123
	229794469	<b>Rahu</b> 7:13AM – 8:50AM		Visti <b>Until 9:41AM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 12
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> <b>Until 10:54PM</b>	Moon – White		2nd Phase	
				<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	

	<b>Tuesday, May 11, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Saubhagya Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 12:02PM – 1:38PM	<b>Bharani</b> <b>Until 12:29AM Wed</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:37AM	Sun 13 Sutra 30
	Mesha Rasi: 17.34	Tithi 30	Yama 8:49AM – 10:26AM	Saubhagya <b>Until 11:38PM</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:28PM	Plava 5123
	229794469	<b>Rahu</b> 3:15PM – 4:51PM		Catuspada <b>Until 12:11PM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 13
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 1:28AM Wed</b>	Moon – White		Amavasya	
Until 12:29AM Wed				<b>Chaitra•Chaitra</b>		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>	<b>Wednesday, May 12, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Sobhana Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar
	Mesha Rasi: 29.22	Tithi 1	<b>Gulika</b> 10:26AM – 12:02PM	<b>Krittika</b> <b>Until 3:28AM Thu</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:36AM	Sun 14 Sutra 31
			Yama 7:13AM – 8:49AM	Sobhana <b>Until 12:46AM Thu</b>	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:28PM	Plava 5123
	229794469	<b>Rahu</b> 12:02PM – 1:38PM		Kintughna <b>Until 2:49PM</b>	<b>Nataraja:</b> Clear		Moon 4 - Phase 3 - 14
Creative Work	Amrita Yoga		<b>Prathama*</b> <b>Until 4:06AM Thu</b>	Moon – White		Prathama	
Until 3:28AM Thu				<b>Vaisaka•Chaitra</b>		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							

When a man is born, whoever he may be, there is born simultaneously a debt to the Gods, to the sages, to the ancestors and to men. Shukla Yajur Veda

<b>1</b>	<b>Thursday, May 13, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Athiganda* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar
	231794469	<b>Gulika</b> 8:49AM – 10:25AM <b>Yama</b> 5:36AM – 7:12AM <b>Rahu</b> 1:39PM – 3:15PM	<b>Rohini Until 6:45AM Fri</b> Athiganda* Until 1:49AM Fri Balava Until 5:26PM <b>Dvitiya Until 6:40AM Fri</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Chaitra</b>	<b>Sunrise:</b> 5:36AM <b>Sunset:</b> 6:28PM	Sun 15 Sutra 32 Plava 5123 Moon 4 - Phase 4 - 15 3rd Phase	<b>Devaloka Day</b>
	Routine Work Marana Yoga Until 6:45AM Fri Then Creative Work - Siddha Yoga						

<b>2</b>	<b>Friday, May 14, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Sukarma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar
	231794469	<b>Gulika</b> 7:12AM – 8:49AM <b>Yama</b> 3:15PM – 4:52PM <b>Rahu</b> 10:25AM – 12:02PM	<b>Rohini Until 6:45AM</b> Sukarma Until 2:45AM Sat Taitila Until 7:54PM <b>Dvitiya Until 6:40AM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 5:36AM <b>Sunset:</b> 6:28PM	Sun 16 Sutra 33 Plava 5123 Moon 4 - Phase 4 - 16 3rd Phase	<b>Devaloka Day</b>
	Routine Work Marana Yoga Until 6:45AM Then Creative Work - Siddha Yoga						

<b>3</b>	<b>Saturday, May 15, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Yangon, Myanmar
	231894469	<b>Gulika</b> 5:35AM – 7:12AM <b>Yama</b> 1:39PM – 3:15PM <b>Rahu</b> 8:49AM – 10:25AM	<b>Mrigashira Until 9:40AM</b> Dhriti Until 3:29AM Sun Vanija Until 10:07PM <b>Tritiya Until 9:02AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 5:35AM <b>Sunset:</b> 6:29PM	Sun 17 Sutra 34 Plava 5123 Moon 4 - Phase 4 - 17 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga <b>Akshaya Tritiya</b>						

<b>4</b>	<b>Sunday, May 16, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Shula* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar
	231894469	<b>Gulika</b> 3:16PM – 4:52PM <b>Yama</b> 12:02PM – 1:39PM <b>Rahu</b> 4:52PM – 6:29PM	<b>Ardra Until 12:05PM</b> Shula* Until 3:51AM Mon Bava Until 11:56PM <b>Chaturthi* Until 11:04AM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Yellow <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 5:35AM <b>Sunset:</b> 6:29PM	Sun 18 Sutra 35 Plava 5123 Moon 4 - Phase 4 - 18 3rd Phase	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work Siddha Yoga <b>Adi Sankara Jayanthi</b>						

<b>5</b>	<b>Monday, May 17, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar
	241894469	<b>Gulika</b> 1:39PM – 3:16PM <b>Yama</b> 10:25AM – 12:02PM <b>Rahu</b> 7:11AM – 8:48AM	<b>Punarvasu Until 2:23PM</b> Ganda* Until 3:49AM Tue Kaulava Until 1:13AM Tue <b>Panchami Until 12:38PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 5:35AM <b>Sunset:</b> 6:29PM	Sun 19 Sutra 36 Plava 5123 Moon 4 - Phase 4 - 19 3rd Phase	<b>Devaloka Day</b>
	Family Home Evening Creative Work Amrita Yoga Until 2:23PM Then Creative Work - Siddha Yoga						

<b>6</b>	<b>Tuesday, May 18, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar
	241894469	<b>Gulika</b> 12:02PM – 1:39PM <b>Yama</b> 8:48AM – 10:25AM <b>Rahu</b> 3:16PM – 4:53PM	<b>Pushya Until 3:56PM</b> Vriddhi Until 3:17AM Wed Gara Until 1:51AM Wed <b>Shashthi* Until 1:36PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 5:34AM <b>Sunset:</b> 6:30PM	Sun 20 Sutra 37 Plava 5123 Moon 4 - Phase 4 - 20 3rd Phase	<b>Devaloka Day</b>
	Creative Work Siddha Yoga						

<b>D</b>	<b>Wednesday, May 19, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Yangon, Myanmar
	241894469	<b>Gulika</b> 10:25AM – 12:02PM <b>Yama</b> 7:11AM – 8:48AM <b>Rahu</b> 12:02PM – 1:39PM	<b>Ashlesha* Until 4:40PM</b> Dhruva Until 2:09AM Thu Visti Until 1:45AM Thu <b>Saptami Until 1:53PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Blue <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 5:34AM <b>Sunset:</b> 6:30PM	Sun 21 Sutra 38 Plava 5123 Moon 4 - Phase 4 - 21 Ashtami	<b>Devaloka Day</b>
	Creative Work Siddha Yoga <b>Retreat Star</b>						

<b>D</b>	<b>Thursday, May 20, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyaghata* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar
	251894469	<b>Gulika</b> 8:48AM – 10:25AM <b>Yama</b> 5:34AM – 7:11AM <b>Rahu</b> 1:39PM – 3:16PM	<b>Magha* Until 4:57PM</b> Vyaghata* Until 12:26AM Fri Balava Until 12:55AM Fri <b>Ashtami* Until 1:24PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Vaikasi</b>	<b>Sunrise:</b> 5:34AM <b>Sunset:</b> 6:30PM	Sun 22 Sutra 39 Plava 5123 Moon 4 - Phase 4 - 22 Navami	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work Amrita Yoga Until 4:57PM Then Creative Work - Siddha Yoga						

<b>1</b>	<b>Friday, May 21, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Harshana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar
	Simha Rasi: 20.42	Tithi 9 – 10	251894469	<b>Gulika</b> 7:11AM – 8:48AM Yama 3:17PM – 4:54PM <b>Rahu</b> 10:25AM – 12:02PM	<b>Purvaphalguni Until 4:21PM</b> Harshana Until 10:07PM Taitila Until 11:19PM <b>Navami* Until 12:11PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Vaikasi</b>	Sun 23 Sutra 40 Plava 5123 Moon 4 - Phase 5 - 23 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work	Siddha Yoga					

<b>2</b>	<b>Saturday, May 22, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vajra* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kanya Rasi: 4.37	Tithi 10 – 11	251894469	<b>Gulika</b> 5:33AM – 7:11AM Yama 1:39PM – 3:17PM <b>Rahu</b> 8:48AM – 10:25AM	<b>Uttaraphalguni Until 2:55PM</b> Vajra* Until 7:14PM Vanija Until 9:03PM <b>Dashami Until 10:15AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Red <b>Vaisaka-Vaikasi</b>	Sun 24 Sutra 41 Plava 5123 Moon 4 - Phase 5 - 24 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Routine Work	Marana Yoga					

<b>3</b>	<b>Sunday, May 23, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddhi/Vyatipata* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Kanya Rasi: 18.58	Tithi 11 – 12	262894469	<b>Gulika</b> 3:17PM – 4:54PM Yama 12:02PM – 1:40PM <b>Rahu</b> 4:54PM – 6:32PM	<b>Hasta Until 1:09PM</b> Siddhi Until 3:53PM Bava Until 6:13PM <b>Ekadashi Until 7:41AM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sun 25 Sutra 42 Plava 5123 Moon 4 - Phase 5 - 25 4th Phase <b>Sivaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 1:09PM	Then Creative Work - Siddha Yoga					

<b>4</b>	<b>Monday, May 24, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Vyatipata*/Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar
	Tula Rasi: 3.41	Tithi 13	262894469	<b>Gulika</b> 1:40PM – 3:17PM Yama 10:25AM – 12:02PM <b>Rahu</b> 7:10AM – 8:48AM	<b>Chitra Until 10:46AM</b> Vyatipata* Until 12:10PM Kaulava Until 2:56PM <b>Trayodashi Until 1:09AM Tue</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sun 26 Sutra 43 Plava 5123 Moon 4 - Phase 5 - 26 4th Phase <b>Sivaloka Day</b>
	Family Home Evening	Prabalarishta Yoga					
	Until 10:46AM	Then Creative Work - Amrita Yoga					

<b>5</b>	<b>Tuesday, May 25, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Varyan/Parigaha* Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar
	Tula Rasi: 18.42	Tithi 14	262894469	<b>Gulika</b> 12:03PM – 1:40PM Yama 8:48AM – 10:25AM <b>Rahu</b> 3:17PM – 4:55PM	<b>Svati Until 7:55AM</b> Varyan Until 8:09AM Gara Until 11:21AM <b>Chaturdashi* Until 9:29PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Green <b>Vaisaka-Vaikasi</b>	Sun 27 Sutra 44 Plava 5123 Moon 4 - Phase 5 - 27 4th Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 7:55AM	Then Routine Work - Marana Yoga					

	<b>Wednesday, May 26, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Shiva Yoga Visti*/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar
	<b>Copper Retreat Star</b>		372894469	<b>Gulika</b> 10:25AM – 12:03PM Yama 7:10AM – 8:48AM <b>Rahu</b> 12:03PM – 1:40PM	<b>Anuradha Until 2:14AM Thu</b> Shiva Until 11:50PM Visti Until 7:37AM <b>Purnima* Until 5:43PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Vaikasi</b>	Sun 28 Sutra 45 Plava 5123 Moon 4 - Phase 5 - Purnima <b>Sivaloka Day</b>
	Vrischika Rasi: 3.52	Tithi 15 – 16					
	Creative Work	Siddha Yoga					

	<b>Thursday, May 27, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Siddha Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar
	<b>Silver Retreat Star</b>		372894469	<b>Gulika</b> 8:48AM – 10:25AM Yama 5:33AM – 7:10AM <b>Rahu</b> 1:40PM – 3:18PM	<b>Jyeshtha* Until 11:21PM</b> Siddha Until 7:45PM Taitila Until 12:19AM Fri <b>Prathama* Until 2:03PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Yellow <b>Nataraja:</b> Clear Moon – Orange <b>Vaisaka-Vaikasi</b>	Sun 29 Sutra 46 Plava 5123 Moon 4 - Phase 5 - Prathama <b>Sivaloka Day</b>
	Vrischika Rasi: 19.01	Tithi 16 – 17					
	Routine Work	Prabalarishta Yoga					

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

times are standard time. Calculated for Yangon, Myanmar on 5/23

www.gurudeva.org/panchang



**Friday, May 28, 2021**  
**Gold Retreat Star**

Dhanus Rasi: 4.02    Tithi 17 – 18

382894469

**Gulika** 7:10AM – 8:48AM  
**Yama** 3:18PM – 4:56PM  
**Rahu** 10:25AM – 12:03PM

**Mula\* Until 9:02PM**  
Sadhya Until 3:56PM  
Vanija Until 9:04PM  
**Dvitiya Until 10:38AM**

**Ganesha:** Clear    *Sunrise:* 5:32AM  
**Muruqa:** Yellow    *Sunset:* 6:33PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Yangon, Myanmar  
Sun 1    Sutra 47  
Plava 5123  
Moon 5 - Phase 6 - 1  
1st Phase

Creative Work    Amrita Yoga

Until 9:02PM

Then Routine Work - Prabalarishta Yoga

**Devaloka Day**

**1**

**Saturday, May 29, 2021**

Dhanus Rasi: 18.47    Tithi 18 – 19

382894469

**Gulika** 5:32AM – 7:10AM  
**Yama** 1:41PM – 3:18PM  
**Rahu** 8:48AM – 10:25AM

**Purvashadha\* Until 7:04PM**  
Subha Until 12:29PM  
Bava Until 6:17PM  
**Tritiya Until 7:36AM**

**Ganesha:** Clear    *Sunrise:* 5:32AM  
**Muruqa:** Yellow    *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Yangon, Myanmar  
Sun 2    Sutra 48  
Plava 5123  
Moon 5 - Phase 6 - 2  
1st Phase

Creative Work    Siddha Yoga

Until 7:04PM

Then Routine Work - Marana Yoga

**Devaloka Day**

**2**

**Sunday, May 30, 2021**

Makara Rasi: 3.09    Tithi 20

382894469

**Gulika** 3:19PM – 4:56PM  
**Yama** 12:03PM – 1:41PM  
**Rahu** 4:56PM – 6:34PM

**Uttarashadha Until 5:33PM**  
Sukla Until 9:29AM  
Kaulava Until 4:06PM  
**Panchami Until 3:14AM Mon**

**Ganesha:** Clear    *Sunrise:* 5:32AM  
**Muruqa:** Yellow    *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Vaikasi**

Yangon, Myanmar  
Sun 3    Sutra 49  
Plava 5123  
Moon 5 - Phase 6 - 3  
1st Phase

Creative Work    Amrita Yoga

**Devaloka Day**

**3**

**Monday, May 31, 2021**

Makara Rasi: 17.04    Tithi 21

392894469

**Gulika** 1:41PM – 3:19PM  
**Yama** 10:25AM – 12:03PM  
**Rahu** 7:10AM – 8:48AM

**Shravana Until 5:02PM**  
Brahma Until 7:02AM  
Gara Until 2:36PM  
**Shashthi\* Until 2:08AM Tue**

**Ganesha:** Purple    *Sunrise:* 5:32AM  
**Muruqa:** Yellow    *Sunset:* 6:34PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Yangon, Myanmar  
Sun 4    Sutra 50  
Plava 5123  
Moon 5 - Phase 6 - 4  
1st Phase

Creative Work    Amrita Yoga

Until 5:02PM

Then Creative Work - Siddha Yoga

**Sivaloka Day**

**4**

**Tuesday, June 1, 2021**

Kumbha Rasi: 0.33    Tithi 22

392894469

**Gulika** 12:03PM – 1:41PM  
**Yama** 8:48AM – 10:26AM  
**Rahu** 3:19PM – 4:57PM

**Dhanishtha Until 5:08PM**  
Vaidhriti\* Until 4:00AM Wed  
Visti Until 1:53PM  
**Saptami Until 1:48AM Wed**

**Ganesha:** Purple    *Sunrise:* 5:32AM  
**Muruqa:** Yellow    *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Yangon, Myanmar  
Sun 5    Sutra 51  
Plava 5123  
Moon 5 - Phase 6 - 5  
1st Phase

Creative Work    Siddha Yoga

Until 5:08PM

Then Routine Work - Marana Yoga

**Sivaloka Day**

**Retreat Star**

**Wednesday, June 2, 2021**

Kumbha Rasi: 13.37    Tithi 23

392894469

**Gulika** 10:26AM – 12:04PM  
**Yama** 7:10AM – 8:48AM  
**Rahu** 12:04PM – 1:41PM

**Shatabhishak Until 5:50PM**  
Vishkambha\* Until 3:24AM Thu  
Balava Until 1:57PM  
**Ashtami\* Until 2:15AM Thu**

**Ganesha:** Purple    *Sunrise:* 5:32AM  
**Muruqa:** Yellow    *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

Yangon, Myanmar  
Sun 6    Sutra 52  
Plava 5123  
Moon 5 - Phase 6 - 6  
Ashtami

Creative Work    Siddha Yoga

Until 5:50PM

Then Creative Work - Amrita Yoga

**Sivaloka Day**

**Thursday, June 3, 2021**

**Retreat Star**

Kumbha Rasi: 26.17    Tithi 24

312894469

**Gulika** 8:48AM – 10:26AM  
**Yama** 5:32AM – 7:10AM  
**Rahu** 1:42PM – 3:19PM

**Purvaproshtapada\* Until 7:34PM**  
Priti Until 3:22AM Fri  
Taitila Until 2:45PM  
**Navami\* Until 3:23AM Fri**

**Ganesha:** Blue    *Sunrise:* 5:32AM  
**Muruqa:** Yellow    *Sunset:* 6:35PM  
**Nataraja:** Clear  
Moon – Clear  
**Vaisaka-Vaikasi**

Yangon, Myanmar  
Sun 7    Sutra 53  
Plava 5123  
Moon 5 - Phase 6 - 7  
Navami

Creative Work    Siddha Yoga

**Sivaloka Day**

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>		<b>Friday, June 4, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushman Yoga Vanija/Visti* Karana Dashamyam Titau				Yangon, Myanmar Sun 8
Meena Rasi: 8.4	Tithi 25	<b>Gulika</b>	<b>7:10AM – 8:48AM</b>	<b>Uttaraproshtapada</b> Until 9:45PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:32AM	Plava 5123	
		Yama	3:20PM – 4:58PM	Ayushman Until 3:45AM Sat	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 7 - 8	
Creative Work	Siddha Yoga	312894461 <b>Rahu</b>	<b>10:26AM – 12:04PM</b>	Vanija Until 4:13PM	<b>Nataraja:</b> Clear		2nd Phase	<b>Sivaloka Day</b>
				<b>Dashami</b> Until 5:07AM Sat	Moon – Clear			<b>Vaisaka-Vaikasi</b>

<b>2</b>		<b>Saturday, June 5, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Revati Nakshatra Saubhagya Yoga Bava Karana Ekadashyam Titau				Yangon, Myanmar Sun 9
Meena Rasi: 20.48	Tithi 26	<b>Gulika</b>	<b>5:32AM – 7:10AM</b>	<b>Revati</b> Until 12:15AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:32AM	Plava 5123	
		Yama	1:42PM – 3:20PM	Saubhagya Until 4:31AM Sun	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 7 - 9	
Routine Work	Prabalarishta Yoga	312894461 <b>Rahu</b>	<b>8:48AM – 10:26AM</b>	Bava Until 6:11PM	<b>Nataraja:</b> Yellow		2nd Phase	<b>Sivaloka Day</b>
Until 12:15AM Sun				<b>Ekadashi*</b> Until 7:18AM Sun	Moon – Clear			<b>Vaisaka-Vaikasi</b>
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Sunday, June 6, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Sobhana Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 10
Mesha Rasi: 2.46	Tithi 26 – 27	<b>Gulika</b>	<b>3:20PM – 4:58PM</b>	<b>Ashvini</b> Until 3:24AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:32AM	Plava 5123	
		Yama	12:04PM – 1:42PM	Sobhana Until 5:31AM Mon	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:36PM	Moon 5 - Phase 7 - 10	
Creative Work	Siddha Yoga	323894461 <b>Rahu</b>	<b>4:58PM – 6:36PM</b>	Kaulava Until 8:32PM	<b>Nataraja:</b> Yellow		2nd Phase	<b>Bhuloka Day</b>
				<b>Ekadashi*</b> Until 7:18AM	Moon – White			<b>Devaloka Time: 3:PM to 6:PM</b>
					<b>Vaisaka-Vaikasi</b>			

<b>4</b>		<b>Monday, June 7, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Bharani Nakshatra Athiganda* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 11
Mesha Rasi: 15	Tithi 27 – 28	<b>Gulika</b>	<b>1:42PM – 3:21PM</b>	<b>Bharani</b> Until 6:32AM Tue	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:32AM	Plava 5123	
<b>Family Home Evening</b>		Yama	10:26AM – 12:04PM	Athiganda* Until 6:37AM Tue	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 7 - 11	
Creative Work	Siddha Yoga	323894461 <b>Rahu</b>	<b>7:10AM – 8:48AM</b>	Gara Until 11:06PM	<b>Nataraja:</b> Yellow		2nd Phase	<b>Bhuloka Day</b>
				<b>Dvadashi*</b> Until 9:46AM	Moon – White			<b>Devaloka Time: 3:PM to 6:PM</b>
				<i>Pradosha Vrata (Fasting)</i>	<b>Vaisaka-Vaikasi</b>			

<b>5</b>		<b>Tuesday, June 8, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 12
Mesha Rasi: 26.23	Tithi 28 – 29	<b>Gulika</b>	<b>12:05PM – 1:43PM</b>	<b>Bharani</b> Until 6:32AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:32AM	Plava 5123	
		Yama	8:48AM – 10:26AM	Athiganda* Until 6:37AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 7 - 12	
Creative Work	Siddha Yoga	323994461 <b>Rahu</b>	<b>3:21PM – 4:59PM</b>	Visti Until 1:43AM Wed	<b>Nataraja:</b> Yellow		2nd Phase	<b>Devaloka Day</b>
				<b>Trayodashi*</b> Until 12:23PM	Moon – White			<b>Vaisaka-Vaikasi</b>

<b>Retreat Star</b>		<b>Wednesday, June 9, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Sukarma/Dhriti Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Yangon, Myanmar Sun 13
Vrishabha Rasi: 8.1	Tithi 29 – 30	<b>Gulika</b>	<b>10:27AM – 12:05PM</b>	<b>Krittika</b> Until 9:32AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:32AM	Plava 5123	
		Yama	7:10AM – 8:48AM	Sukarma Until 7:44AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:37PM	Moon 5 - Phase 7 - 13	
Creative Work	Amrita Yoga	323994461 <b>Rahu</b>	<b>12:05PM – 1:43PM</b>	Catuspada Until 4:14AM Thu	<b>Nataraja:</b> Yellow		Amavasya	<b>Devaloka Day</b>
Until 9:32AM				<b>Chaturdashi*</b> Until 2:58PM	Moon – White			<b>Vaisaka-Vaikasi</b>
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Thursday, June 10, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Dhriti/Shula* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 14
Vrishabha Rasi: 19.59	Tithi 30 – 1	<b>Gulika</b>	<b>8:49AM – 10:27AM</b>	<b>Rohini</b> Until 12:44PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:32AM	Plava 5123	
		Yama	5:32AM – 7:10AM	Dhriti Until 8:47AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:38PM	Moon 5 - Phase 7 - 14	
Routine Work	Marana Yoga	333994461 <b>Rahu</b>	<b>1:43PM – 3:21PM</b>	Kintughna Until 6:33AM Fri	<b>Nataraja:</b> Yellow		Prathama	<b>Devaloka Day</b>
				<b>Amavasya*</b> Until 5:24PM	Moon – Yellow			<b>Jyeshtha-Vaikasi</b>

Sunless and demonic, verily, are those worlds, and enveloped in blinding darkness, to which all those people who are enemies of their own souls go after death. Shukla Yajur Veda


<b>1</b>	<b>Friday, June 11, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Shula*/Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar
	Mithuna Rasi: 1.53	Tithi 1	<b>Gulika</b> 7:11AM – 8:49AM <b>Yama</b> 3:22PM – 5:00PM <b>Rahu</b> 10:27AM – 12:05PM	<b>Mrigashira</b> Until 3:32PM Shula* Until 9:37AM Kintughna Until 6:33AM Prathama* Until 7:34PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 5:32AM <b>Sunset:</b> 6:38PM	Sun 15 Sutra 61 Plava 5123 Moon 5 - Phase 8 - 15 3rd Phase
	Creative Work	Siddha Yoga				<b>Devaloka Day</b> Jyeshtha-Vaikasi	
<b>2</b>	<b>Saturday, June 12, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda*/Vridhhi Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar
	Mithuna Rasi: 13.55	Tithi 2	<b>Gulika</b> 5:32AM – 7:11AM <b>Yama</b> 1:44PM – 3:22PM <b>Rahu</b> 8:49AM – 10:27AM	<b>Ardra</b> Until 5:49PM Ganda* Until 10:13AM Balava Until 8:32AM Dvitiya Until 9:22PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Yellow	<b>Sunrise:</b> 5:32AM <b>Sunset:</b> 6:38PM	Sun 16 Sutra 62 Plava 5123 Moon 5 - Phase 8 - 16 3rd Phase
	Creative Work	Siddha Yoga				<b>Devaloka Day</b> Jyeshtha-Vaikasi	
<b>3</b>	<b>Sunday, June 13, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Vridhhi/Dhruva Yoga Tailila/Gara Karana Tritiyayam Titau				Yangon, Myanmar
	Mithuna Rasi: 26.07	Tithi 3	<b>Gulika</b> 3:22PM – 5:00PM <b>Yama</b> 12:06PM – 1:44PM <b>Rahu</b> 5:00PM – 6:39PM	<b>Punarvasu</b> Until 8:02PM Vridhhi Until 10:32AM Tailila Until 10:07AM Tritiya Until 10:44PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:39PM	Sun 17 Sutra 63 Plava 5123 Moon 5 - Phase 8 - 17 3rd Phase
	Creative Work	Siddha Yoga				<b>Devaloka Day</b> Jyeshtha-Vaikasi	
<b>4</b>	<b>Monday, June 14, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Dhruva/Nyaghata* Yoga Vanija/Visiti* Karana Chaturthyam Titau				Yangon, Myanmar
	Kataka Rasi: 8.29	Tithi 4	<b>Gulika</b> 1:44PM – 3:22PM <b>Yama</b> 10:27AM – 12:06PM <b>Rahu</b> 7:11AM – 8:49AM	<b>Pushya</b> Until 9:37PM Dhruva Until 10:27AM Vanija Until 11:15AM Chaturthi* Until 11:37PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:39PM	Sun 18 Sutra 64 Plava 5123 Moon 5 - Phase 8 - 18 3rd Phase
	Family Home Evening	Siddha Yoga				<b>Devaloka Day</b> Jyeshtha-Vaikasi	
<b>5</b>	<b>Tuesday, June 15, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar
	Kataka Rasi: 21.05	Tithi 5	<b>Gulika</b> 12:06PM – 1:44PM <b>Yama</b> 8:49AM – 10:28AM <b>Rahu</b> 3:23PM – 5:01PM	<b>Ashlesha*</b> Until 10:33PM Vyaghata* Until 10:00AM Bava Until 11:53AM Panchami Until 11:59PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Blue	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:39PM	Sun 19 Sutra 65 Plava 5123 Moon 5 - Phase 8 - 19 3rd Phase
	Creative Work	Siddha Yoga				<b>Devaloka Day</b> Jyeshtha-Ani	
<b>6</b>	<b>Wednesday, June 16, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Harshana/Vajra* Yoga Kaulava/Tailila Karana Shashthyam Titau				Yangon, Myanmar
	Simha Rasi: 3.55	Tithi 6	<b>Gulika</b> 10:28AM – 12:06PM <b>Yama</b> 7:11AM – 8:50AM <b>Rahu</b> 12:06PM – 1:44PM	<b>Magha*</b> Until 11:15PM Harshana Until 9:08AM Kaulava Until 11:58AM Shashthi* Until 11:47PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:39PM	Sun 20 Sutra 66 Plava 5123 Moon 5 - Phase 8 - 20 3rd Phase
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b> Jyeshtha-Ani	
<b>7</b>	<b>Thursday, June 17, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Saptamyam Titau				Yangon, Myanmar
	Simha Rasi: 17.02	Tithi 7	<b>Gulika</b> 8:50AM – 10:28AM <b>Yama</b> 5:33AM – 7:11AM <b>Rahu</b> 1:45PM – 3:23PM	<b>Purvaphalguni</b> Until 11:13PM Vajra* Until 7:48AM Gara Until 11:30AM Saptami Until 11:02PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:40PM	Sun 21 Sutra 67 Plava 5123 Moon 5 - Phase 8 - 21 3rd Phase
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b> Jyeshtha-Ani	
<b>8</b>	<b>Friday, June 18, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Siddhi/Vyatipata* Yoga Visiti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar
	Kanya Rasi: 0.29	Tithi 8	<b>Gulika</b> 7:12AM – 8:50AM <b>Yama</b> 3:23PM – 5:02PM <b>Rahu</b> 10:28AM – 12:07PM	<b>Uttaraphalguni</b> Until 10:29PM Siddhi Until 6:01AM Visti Until 10:27AM Ashtami* Until 9:41PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Red	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:40PM	Sun 22 Sutra 68 Plava 5123 Moon 5 - Phase 8 - 22 Ashtami
	Creative Work	Siddha Yoga				<b>Sivaloka Day</b> Jyeshtha-Ani	
<b>9</b>	<b>Saturday, June 19, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Variyan Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar
	Kanya Rasi: 14.16	Tithi 9	<b>Gulika</b> 5:33AM – 7:12AM <b>Yama</b> 1:45PM – 3:23PM <b>Rahu</b> 8:50AM – 10:28AM	<b>Hasta</b> Until 9:28PM Variyan Until 1:03AM Sun Balava Until 8:49AM Navami* Until 7:46PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Yellow <b>Nataraja:</b> Yellow Moon – Green	<b>Sunrise:</b> 5:33AM <b>Sunset:</b> 6:40PM	Sun 23 Sutra 69 Plava 5123 Moon 5 - Phase 8 - 23 Navami
	Routine Work	Marana Yoga				<b>Devaloka Day</b> Jyeshtha-Ani	

<b>1</b>	<b>Sunday, June 20, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra Nakshatra Parigaha* Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kanya Rasi: 28.23	Tithi 10 - 11	<b>Gulika</b> 3:24PM - 5:02PM	<b>Chitra</b> Until 7:48PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM	Sun 24 Sutra 70
			Yama 12:07PM - 1:45PM	Parigaha* Until 9:57PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:40PM	Plava 5123
	364994461		<b>Rahu</b> 5:02PM - 6:40PM	Taitila Until 6:39AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9 - 24
Creative Work	Siddha Yoga			Moon - Green		4th Phase	
		<b>Father's Day</b>	<b>Dashami</b> Until 5:21PM	<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Monday, June 21, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Shiva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Tula Rasi: 12.5	Tithi 11 - 12	<b>Gulika</b> 1:46PM - 3:24PM	<b>Svati</b> Until 5:35PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:34AM	Sun 25 Sutra 71
	<b>Family Home Evening</b>		Yama 10:29AM - 12:07PM	Shiva Until 6:30PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Plava 5123
	364994461		<b>Rahu</b> 7:12AM - 8:51AM	Bava Until 12:58AM Tue	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9 - 25
Creative Work	Amrita Yoga			Moon - Green		4th Phase	
Until 5:35PM			<b>Ekadashi</b> Until 2:31PM	<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

<b>3</b>	<b>Tuesday, June 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Siddha/Sadhya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Tula Rasi: 27.33	Tithi 12 - 13	<b>Gulika</b> 12:07PM - 1:46PM	<b>Vishakha</b> Until 3:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM	Sun 26 Sutra 72
			Yama 8:51AM - 10:29AM	Siddha Until 2:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Plava 5123
	374994461		<b>Rahu</b> 3:24PM - 5:02PM	Kaulava Until 9:41PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9 - 26
Routine Work	Marana Yoga			Moon - Orange		4th Phase	
Until 3:19PM			<b>Dvadashi</b> Until 11:20AM	<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

<b>4</b>	<b>Wednesday, June 23, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Vrischika Rasi: 12.27	Tithi 13 - 14	<b>Gulika</b> 10:29AM - 12:08PM	<b>Anuradha</b> Until 12:44PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:34AM	Sun 27 Sutra 73
			Yama 7:13AM - 8:51AM	Sadhya Until 10:55AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Plava 5123
	374994461		<b>Rahu</b> 12:08PM - 1:46PM	Gara Until 6:14PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9 - 27
Creative Work	Siddha Yoga			Moon - Orange		4th Phase	
			<b>Trayodashi</b> Until 7:57AM	<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	

	<b>Thursday, June 24, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Subha/Sukla Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:51AM - 10:30AM	<b>Jyeshtha*</b> Until 9:59AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:35AM	Sutra 74
	Vrischika Rasi: 27.25	Tithi 15	Yama 5:35AM - 7:13AM	Subha Until 7:02AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Plava 5123
	374994461		<b>Rahu</b> 1:46PM - 3:25PM	Visti Until 2:48PM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9 - Purnima
Routine Work	Prabalarishta Yoga			Moon - Orange			
Until 9:59AM			<b>Purnima*</b> Until 1:07AM Fri	<b>Jyeshtha-Ani</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>○</b>	<b>Friday, June 25, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Brahma Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:13AM - 8:51AM	<b>Mula*</b> Until 7:37AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:35AM	Sutra 75
	Dhanus Rasi: 12.2	Tithi 16	Yama 3:25PM - 5:03PM	Brahma Until 11:34PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:41PM	Plava 5123
	384994461		<b>Rahu</b> 10:30AM - 12:08PM	Balava Until 11:31AM	<b>Nataraja:</b> Yellow		Moon 5 - Phase 9 - Prathama
Creative Work	Amrita Yoga			Moon - Light Blue			
Until 7:37AM			<b>Prathama*</b> Until 9:58PM	<b>Jyeshtha-Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Prabalarishta Yoga							

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the depraved, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

times are standard time. Calculated for Yangon, Myanmar on 5/23

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**Saturday, June 26, 2021**  
**Gold Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttarashadha Nakshatra Indra Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar  
Sun 1 Sutra 76  
Plava 5123  
Moon 6 - Phase 10 - 1  
1st Phase

Dhanus Rasi: 27.02 Tithi 17  
384994461  
Routine Work Marana Yoga  
Until 3:26AM Sun  
Then Creative Work - Amrita Yoga

**Gulika** 5:35AM - 7:13AM  
Yama 1:47PM - 3:25PM  
**Rahu** 8:52AM - 10:30AM

**Uttarashadha Until 3:26AM Sun**  
Indra Until 8:16PM  
Taitila Until 8:32AM  
Dvitiya Until 7:11PM

**Ganesha:** Purple *Sunrise:* 5:35AM  
**Muruqa:** Yellow *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Ani**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Sunday, June 27, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana Nakshatra Vaidhriti/Vishkambha\* Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar  
Sun 2 Sutra 77  
Plava 5123  
Moon 6 - Phase 10 - 2  
1st Phase

Makara Rasi: 11.25 Tithi 18 - 19  
394994461  
Creative Work Amrita Yoga  
Until 2:21AM Mon  
Then Creative Work - Siddha Yoga

**Gulika** 3:25PM - 5:03PM  
Yama 12:08PM - 1:47PM  
**Rahu** 5:03PM - 6:42PM

**Shravana Until 2:21AM Mon**  
Vaidhriti\* Until 5:23PM  
Bava Until 6:00AM  
Tritiya Until 4:55PM

**Ganesha:** Clear *Sunrise:* 5:35AM  
**Muruqa:** Yellow *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Devaloka Day**

**2**

**Monday, June 28, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Dhanishtha Nakshatra Vishkambha\* Priti Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar  
Sun 3 Sutra 78  
Plava 5123  
Moon 6 - Phase 10 - 3  
1st Phase

Makara Rasi: 25.25 Tithi 19 - 20  
394994461  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 1:49AM Tue  
Then Routine Work - Marana Yoga

**Gulika** 1:47PM - 3:25PM  
Yama 10:30AM - 12:09PM  
**Rahu** 7:14AM - 8:52AM

**Dhanishtha Until 1:49AM Tue**  
Vishkambha\* Until 3:03PM  
Kaulava Until 2:47AM Tue  
Chaturthi\* Until 3:18PM

**Ganesha:** Clear *Sunrise:* 5:36AM  
**Muruqa:** Yellow *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Devaloka Day**

**3**

**Tuesday, June 29, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shatabhishak Nakshatra Priti/Ayushman Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar  
Sun 4 Sutra 79  
Plava 5123  
Moon 6 - Phase 10 - 4  
1st Phase

Kumbha Rasi: 8.59 Tithi 20 - 21  
394994461  
Routine Work Marana Yoga  
Until 1:54AM Wed  
Then Creative Work - Amrita Yoga

**Gulika** 12:09PM - 1:47PM  
Yama 8:52AM - 10:31AM  
**Rahu** 3:25PM - 5:04PM

**Shatabhishak Until 1:54AM Wed**  
Priti Until 1:20PM  
Gara Until 2:19AM Wed  
Panchami Until 2:26PM

**Ganesha:** Clear *Sunrise:* 5:36AM  
**Muruqa:** Yellow *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Ani**

**Devaloka Day**

**4**

**Wednesday, June 30, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Purvaproskthapada\* Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar  
Sun 5 Sutra 80  
Plava 5123  
Moon 6 - Phase 10 - 5  
1st Phase

Kumbha Rasi: 22.07 Tithi 21 - 22  
314994461  
Creative Work Amrita Yoga  
Until 3:04AM Thu  
Then Creative Work - Siddha Yoga

**Gulika** 10:31AM - 12:09PM  
Yama 7:14AM - 8:53AM  
**Rahu** 12:09PM - 1:47PM

**Purvaproskthapada\* Until 3:04AM Thu**  
Ayushman Until 12:14PM  
Visti Until 2:39AM Thu  
Shashthi\* Until 2:22PM

**Ganesha:** Yellow *Sunrise:* 5:36AM  
**Muruqa:** Yellow *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Devaloka Day**

**5**

**Thursday, July 1, 2021**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Uttaraproskthapada Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Sapthami/Ashtamyam Titau

Yangon, Myanmar  
Sun 6 Sutra 81  
Plava 5123  
Moon 6 - Phase 10 - 6  
1st Phase

Meena Rasi: 4.52 Tithi 22 - 23  
314994461  
Creative Work Siddha Yoga

**Gulika** 8:53AM - 10:31AM  
Yama 5:36AM - 7:15AM  
**Rahu** 1:48PM - 3:26PM

**Uttaraproskthapada Until 4:50AM Fri**  
Saubhagya Until 11:46AM  
Balava Until 3:44AM Fri  
Saptami Until 3:05PM

**Ganesha:** Yellow *Sunrise:* 5:36AM  
**Muruqa:** Yellow *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Devaloka Day**

**D**

**Friday, July 2, 2021**  
**Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Revati Nakshatra Sobhana/Athiganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar  
Sun 7 Sutra 82  
Plava 5123  
Moon 6 - Phase 10 - 7  
Ashtami

Meena Rasi: 17.15 Tithi 23 - 24  
315994461  
Creative Work Siddha Yoga

**Gulika** 7:15AM - 8:53AM  
Yama 3:26PM - 5:04PM  
**Rahu** 10:31AM - 12:09PM

**Revati Until 7:03AM Sat**  
Sobhana Until 11:53AM  
Taitila Until 5:29AM Sat  
Ashtami\* Until 4:31PM

**Ganesha:** White *Sunrise:* 5:37AM  
**Muruqa:** Yellow *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

**Saturday, July 3, 2021**  
**Retreat Star**

Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Athiganda\*/Sukarma Yoga Gara Karana Navamyam Titau

Yangon, Myanmar  
Sun 8 Sutra 83  
Plava 5123  
Moon 6 - Phase 10 - 8  
Navami

Meena Rasi: 29.23 Tithi 24  
315194461  
Routine Work Prabalarishta Yoga  
Until 7:03AM  
Then Creative Work - Siddha Yoga

**Gulika** 5:37AM - 7:15AM  
Yama 1:48PM - 3:26PM  
**Rahu** 8:53AM - 10:31AM

**Revati Until 7:03AM**  
Athiganda\* Until 12:26PM  
Gara Until 6:32PM  
Navami\* Until 6:32PM

**Ganesha:** White *Sunrise:* 5:37AM  
**Muruqa:** Yellow *Sunset:* 6:42PM  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

**Sivaloka Day**

<b>1</b>		<b>Sunday, July 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Sukarma/Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau			Yangon, Myanmar Sun 9	Sutra 84 Plava 5123
Mesha Rasi: 11.19	Tithi 25	<b>Gulika</b> 3:26PM – 5:04PM	<b>Ashvini</b> Until 10:04AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:37AM			
		Yama 12:10PM – 1:48PM	Sukarma Until 1:20PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11 - 9		
	325194461	<b>Rahu</b> 5:04PM – 6:42PM	Vanija Until 7:43AM	<b>Nataraja:</b> Yellow		2nd Phase		
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:55PM	Moon – White			<b>Devaloka Day</b>	
Until 10:04AM				<b>Jyeshtha-Ani</b>				
Then Routine Work - Prabalarishta Yoga								

<b>2</b>		<b>Monday, July 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Dhriti/Shula* Yoga Bava/Balava Karana Ekadashyam Titau			Yangon, Myanmar Sun 10	Sutra 85 Plava 5123
Mesha Rasi: 23.08	Tithi 26	<b>Gulika</b> 1:48PM – 3:26PM	<b>Bharani</b> Until 1:09PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:38AM			
<b>Family Home Evening</b>		Yama 10:32AM – 12:10PM	Dhriti Until 2:26PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11 - 10		
Creative Work	Siddha Yoga	325194461 <b>Rahu</b> 7:16AM – 8:54AM	Bava Until 10:13AM	<b>Nataraja:</b> Yellow		2nd Phase		
Until 1:09PM			<b>Ekadashi*</b> Until 11:30PM	Moon – White			<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Jyeshtha-Ani</b>				

<b>3</b>		<b>Tuesday, July 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Shula*/Ganda* Yoga Kaulava/Tailita Karana Dvadashyam Titau			Yangon, Myanmar Sun 11	Sutra 86 Plava 5123
Vrishabha Rasi: 4.55	Tithi 27	<b>Gulika</b> 12:10PM – 1:48PM	<b>Krittika</b> Until 4:08PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:38AM			
		Yama 8:54AM – 10:32AM	Shula* Until 3:32PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11 - 11		
	325194461	<b>Rahu</b> 3:26PM – 5:04PM	Kaulava Until 12:48PM	<b>Nataraja:</b> Yellow		2nd Phase		
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 2:02AM Wed	Moon – White			<b>Devaloka Day</b>	
Until 4:08PM				<b>Jyeshtha-Ani</b>				
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Wednesday, July 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ganda*/Vridhi Yoga Gara/Vanija Karana Trayodashyam Titau			Yangon, Myanmar Sun 12	Sutra 87 Plava 5123
Vrishabha Rasi: 16.44	Tithi 28	<b>Gulika</b> 10:32AM – 12:10PM	<b>Rohini</b> Until 7:18PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:38AM			
		Yama 7:16AM – 8:54AM	Ganda* Until 4:32PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11 - 12		
	435194461	<b>Rahu</b> 12:10PM – 1:48PM	Gara Until 3:16PM	<b>Nataraja:</b> Yellow		2nd Phase		
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 4:22AM Thu	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>				
			<i>Pradosha Vrata (Fasting)</i>					

<b>5</b>		<b>Thursday, July 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Vridhi/Dhruva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Yangon, Myanmar Sun 13	Sutra 88 Plava 5123
Vrishabha Rasi: 28.39	Tithi 29	<b>Gulika</b> 8:55AM – 10:33AM	<b>Mrigashira</b> Until 9:59PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:39AM			
		Yama 5:39AM – 7:17AM	Vridhi Until 5:19PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11 - 13		
	435194461	<b>Rahu</b> 1:49PM – 3:27PM	Visti Until 5:25PM	<b>Nataraja:</b> Yellow		2nd Phase		
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 6:20AM Fri	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>				

<b>Retreat Star</b>		<b>Friday, July 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau			Yangon, Myanmar Sun 14	Sutra 89 Plava 5123
Mithuna Rasi: 10.42	Tithi 29 – 30	<b>Gulika</b> 7:17AM – 8:55AM	<b>Ardra</b> Until 12:06AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:39AM			
		Yama 3:27PM – 5:05PM	Dhruva Until 5:45PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11 - 14		
	435194461	<b>Rahu</b> 10:33AM – 12:11PM	Catuspada Until 7:10PM	<b>Nataraja:</b> Yellow		Amavasya		
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 6:20AM	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Jyeshtha-Ani</b>				

<b>Retreat Star</b>		<b>Saturday, July 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Punarvasu Nakshatra Vyaghata*/Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau			Yangon, Myanmar Sun 15	Sutra 90 Plava 5123
Mithuna Rasi: 22.56	Tithi 30 – 1	<b>Gulika</b> 5:39AM – 7:17AM	<b>Punarvasu</b> Until 2:04AM Sun	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:39AM			
		Yama 1:49PM – 3:27PM	Vyaghata* Until 5:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 11 - 15		
	445194461	<b>Rahu</b> 8:55AM – 10:33AM	Kintughna Until 8:25PM	<b>Nataraja:</b> Yellow		Prathama		
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 7:50AM	Moon – Blue			<b>Devaloka Day</b>	
				<b>Ashada-Ani</b>				

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda

<b>1 Sunday, July 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 16 Sutra 91
Kataka Rasi: 5.23	Tithi 1 – 2	<b>Gulika</b> 3:27PM – 5:05PM	<b>Pushya</b> <b>Until 3:23AM Mon</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:39AM	Plava 5123
		Yama 12:11PM – 1:49PM	Harshana Until 5:32PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 16
445194461	<b>Rahu</b> 5:05PM – 6:42PM		Balava Until 9:11PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Prathama* Until 8:51AM</b>	Moon – Blue		<b>Devaloka Day</b>
				<b>Ashada*Ani</b>		

<b>2 Monday, July 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar Sun 17 Sutra 92
Kataka Rasi: 18.03	Tithi 2 – 3	<b>Gulika</b> 1:49PM – 3:27PM	<b>Ashlesha*</b> <b>Until 4:05AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:40AM	Plava 5123
<b>Family Home Evening</b>		Yama 10:33AM – 12:11PM	Vajra* Until 4:50PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 17
446194461	<b>Rahu</b> 7:18AM – 8:55AM		Taitila Until 9:28PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 9:22AM</b>	Moon – Blue		<b>Bhuloka Day</b>
				<b>Ashada*Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3 Tuesday, July 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Yangon, Myanmar Sun 18 Sutra 93
Simha Rasi: 0.56	Tithi 3 – 4	<b>Gulika</b> 12:11PM – 1:49PM	<b>Magha*</b> <b>Until 4:40AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:40AM	Plava 5123
		Yama 8:56AM – 10:33AM	Siddhi Until 3:47PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 18
456194461	<b>Rahu</b> 3:27PM – 5:05PM		Vanija Until 9:18PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 9:25AM</b>	Moon – Red		<b>Bhuloka Day</b>
Until 4:40AM Wed				<b>Ashada*Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
Then Creative Work - Amrita Yoga						

<b>4 Wednesday, July 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Yangon, Myanmar Sun 19 Sutra 94
Simha Rasi: 14.04	Tithi 4 – 5	<b>Gulika</b> 10:34AM – 12:11PM	<b>Purvaphalguni</b> <b>Until 4:41AM Thu</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:40AM	Plava 5123
		Yama 7:18AM – 8:56AM	Vyatipata* Until 2:24PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 19
456194461	<b>Rahu</b> 12:11PM – 1:49PM		Bava Until 8:43PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Chaturthi* Until 9:03AM</b>	Moon – Red		<b>Bhuloka Day</b>
				<b>Ashada*Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>5 Thursday, July 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Yangon, Myanmar Sun 20 Sutra 95
Simha Rasi: 27.23	Tithi 5 – 6	<b>Gulika</b> 8:56AM – 10:34AM	<b>Uttaraphalguni</b> <b>Until 4:11AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:41AM	Plava 5123
		Yama 5:41AM – 7:18AM	Variyan Until 12:41PM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 20
456194461	<b>Rahu</b> 1:49PM – 3:27PM		Kaulava Until 7:45PM	<b>Nataraja:</b> Yellow		3rd Phase
Amrita Yoga		<b>Chidambaram Abhishekam</b>	<b>Panchami Until 8:16AM</b>	Moon – Red		<b>Bhuloka Day</b>
				<b>Ashada*Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>6 Friday, July 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Yangon, Myanmar Sun 21 Sutra 96
Kanya Rasi: 10.56	Tithi 6 – 7	<b>Gulika</b> 7:19AM – 8:56AM	<b>Hasta</b> <b>Until 3:37AM Sat</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:41AM	Plava 5123
		Yama 3:27PM – 5:04PM	Parigha* Until 10:41AM	<b>Muruqa:</b> Yellow	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 21
466194461	<b>Rahu</b> 10:34AM – 12:12PM		Gara Until 6:25PM	<b>Nataraja:</b> Yellow		3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 7:07AM</b>	Moon – Green		<b>Devaloka Day</b>
Until 3:37AM Sat				<b>Ashada*Adi</b>		
Then Routine Work - Marana Yoga						

<b>☾ Saturday, July 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 22 Sutra 97
<b>Retreat Star</b>		<b>Gulika</b> 5:41AM – 7:19AM	<b>Chitra</b> <b>Until 2:32AM Sun</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:41AM	Plava 5123
Kanya Rasi: 24.42	Tithi 8	Yama 1:49PM – 3:27PM	Shiva Until 8:23AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 22
466195462	<b>Rahu</b> 8:57AM – 10:34AM		Visti Until 4:43PM	<b>Nataraja:</b> White		Ashtami
Routine Work	Marana Yoga		<b>Ashtami* Until 3:43AM Sun</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 2:32AM Sun				<b>Ashada*Adi</b>		
Then Creative Work - Siddha Yoga						

<b>☽ Sunday, July 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Sadhya Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 23 Sutra 98
<b>Retreat Star</b>		<b>Gulika</b> 3:27PM – 5:04PM	<b>Svati</b> <b>Until 1:00AM Mon</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:42AM	Plava 5123
Tula Rasi: 8.41	Tithi 9	Yama 12:12PM – 1:49PM	Sadhya Until 2:55AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:42PM	Moon 6 - Phase 12 - 23
466195462	<b>Rahu</b> 5:04PM – 6:42PM		Balava Until 2:40PM	<b>Nataraja:</b> White		Navami
Creative Work	Siddha Yoga		<b>Navami* Until 1:30AM Mon</b>	Moon – Green		<b>Subha Sivaloka Day</b>
Until 1:00AM Mon				<b>Ashada*Adi</b>		
Then Routine Work - Marana Yoga						


Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

<b>1</b>	<b>Monday, July 19, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Subha Yoga Taitila/Gara Karana Dashamyam Titau	Yangon, Myanmar Sun 24 Sutra 99 Plava 5123
	Tula Rasi: 22.53      Tithi 10 <b>Family Home Evening</b> Routine Work      Marana Yoga Until 11:26PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 1:49PM – 3:27PM Yama      10:34AM – 12:12PM 477195462 <b>Rahu</b> 7:19AM – 8:57AM	<b>Vishakha</b> <b>Until 11:26PM</b> Subha Until 11:50PM Taitila Until 12:19PM <b>Dashami</b> <b>Until 11:01PM</b>

<b>2</b>	<b>Tuesday, July 20, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Sukla Yoga Vanija/Visti* Karana Ekadashyam Titau	Yangon, Myanmar Sun 25 Sutra 100 Plava 5123
	Vrischika Rasi: 7.16      Tithi 11  Creative Work      Siddha Yoga Until 9:31PM Then Routine Work - Marana Yoga	<b>Gulika</b> 12:12PM – 1:49PM Yama      8:57AM – 10:34AM 477195462 <b>Rahu</b> 3:27PM – 5:04PM	<b>Anuradha</b> <b>Until 9:31PM</b> Sukla Until 8:32PM Vanija Until 9:41AM <b>Ekadashi</b> <b>Until 8:17PM</b>

<b>3</b>	<b>Wednesday, July 21, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Brahma/Indra Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 26 Sutra 101 Plava 5123
	Vrischika Rasi: 21.49      Tithi 12 – 13  Creative Work      Siddha Yoga Until 7:19PM Then Routine Work - Marana Yoga	<b>Gulika</b> 10:35AM – 12:12PM Yama      7:20AM – 8:57AM 477195462 <b>Rahu</b> 12:12PM – 1:49PM	<b>Jyeshtha*</b> <b>Until 7:19PM</b> Brahma Until 5:07PM Bava Until 6:53AM <b>Dvadashi</b> <b>Until 5:25PM</b>

<b>4</b>	<b>Thursday, July 22, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Indra/Vaidhriti* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 27 Sutra 102 Plava 5123
	Dhanus Rasi: 6.25      Tithi 13 – 14  Creative Work      Siddha Yoga	<b>Gulika</b> 8:57AM – 10:35AM Yama      5:43AM – 7:20AM 487195462 <b>Rahu</b> 1:49PM – 3:26PM	<b>Mula*</b> <b>Until 5:21PM</b> Indra Until 1:42PM Gara Until 1:05AM Fri <b>Trayodashi</b> <b>Until 2:30PM</b>

	<b>Friday, July 23, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vaidhriti*/Vishkambha* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau	Yangon, Myanmar Sutra 103 Plava 5123
	Dhanus Rasi: 21      Tithi 14 – 15  Routine Work      Prabalarishta Yoga Until 3:21PM Then Routine Work - Marana Yoga	<b>Gulika</b> 7:20AM – 8:58AM Yama      3:26PM – 5:03PM 487195462 <b>Rahu</b> 10:35AM – 12:12PM	<b>Purvashadha*</b> <b>Until 3:21PM</b> Vaidhriti* Until 10:18AM Visti Until 10:21PM <b>Chaturdashi*</b> <b>Until 11:40AM</b>

<b>Silver Retreat Star</b>	<b>Saturday, July 24, 2021</b>	Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mani Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vishkambha*/Prili Yoga Bava/Balava Karana Purnima/Prathamayam Titau	Yangon, Myanmar Sutra 104 Plava 5123
	Makara Rasi: 5.27      Tithi 15 – 16  Routine Work      Marana Yoga Until 1:28PM Then Creative Work - Siddha Yoga	<b>Gulika</b> 5:44AM – 7:21AM Yama      1:49PM – 3:26PM 487195462 <b>Rahu</b> 8:58AM – 10:35AM	<b>Uttarashadha</b> <b>Until 1:28PM</b> Vishkambha* Until 7:06AM Balava Until 7:54PM <b>Purnima*</b> <b>Until 9:03AM</b>



**Sunday, July 25, 2021**  
**Gold Retreat Star**

Makara Rasi: 19.41 Tithi 16 - 17

497195462

**Gulika** 3:26PM - 5:03PM  
**Yama** 12:12PM - 1:49PM  
**Rahu** 5:03PM - 6:40PM

Creative Work Amrita Yoga  
Until 12:14PM  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Ayushman Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

**Shravana Until 12:14PM**  
Ayushman Until 1:39AM Mon  
Gara Until 5:02AM Mon  
**Prathama\* Until 6:48AM**

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Subha Sivaloka Day**

Yangon, Myanmar  
Sutra 105  
Plava 5123  
Moon 7 - Phase 14 -  
1st Phase

**1**

**Monday, July 26, 2021**

Kumbha Rasi: 3.35 Tithi 18

**Family Home Evening**

Creative Work Siddha Yoga

498195462

**Gulika** 1:49PM - 3:26PM  
**Yama** 10:35AM - 12:12PM  
**Rahu** 7:21AM - 8:58AM

**Dhanishtha Until 11:24AM**  
Saubhagya Until 11:36PM  
Vanija Until 4:24PM  
**Tritiya Until 3:54AM Tue**

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sivaloka Day**

Yangon, Myanmar  
Sun 1 Sutra 106  
Plava 5123  
Moon 7 - Phase 14 - 1  
1st Phase

**2**

**Tuesday, July 27, 2021**

Kumbha Rasi: 17.07 Tithi 19

Routine Work Marana Yoga

498195462

**Gulika** 12:12PM - 1:49PM  
**Yama** 8:58AM - 10:35AM  
**Rahu** 3:26PM - 5:03PM

**Shatabhishak Until 11:03AM**  
Sobhana Until 10:09PM  
Bava Until 3:37PM  
**Chaturthi\* Until 3:29AM Wed**

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** White  
Moon - Purple  
**Ashada-Adi**

**Sivaloka Day**

Yangon, Myanmar  
Sun 2 Sutra 107  
Plava 5123  
Moon 7 - Phase 14 - 2  
1st Phase

**3**

**Wednesday, July 28, 2021**

Meena Rasi: 0.14 Tithi 20

Creative Work Amrita Yoga

Until 11:45AM

Then Creative Work - Siddha Yoga

418295462

**Gulika** 10:35AM - 12:12PM  
**Yama** 7:22AM - 8:58AM  
**Rahu** 12:12PM - 1:49PM

**Purvaproshtapada\* Until 11:45AM**  
Athiganda\* Until 9:16PM  
Kaulava Until 3:35PM  
**Panchami Until 3:51AM Thu**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Subha Sivaloka Day**

Yangon, Myanmar  
Sun 3 Sutra 108  
Plava 5123  
Moon 7 - Phase 14 - 3  
1st Phase

**4**

**Thursday, July 29, 2021**

Meena Rasi: 12.59 Tithi 21

Creative Work Siddha Yoga

418295462

**Gulika** 8:59AM - 10:35AM  
**Yama** 5:45AM - 7:22AM  
**Rahu** 1:49PM - 3:25PM

**Uttaraproshtapada Until 1:03PM**  
Sukarma Until 9:01PM  
Gara Until 4:20PM  
**Shashthi\* Until 4:57AM Fri**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Subha Sivaloka Day**

Yangon, Myanmar  
Sun 4 Sutra 109  
Plava 5123  
Moon 7 - Phase 14 - 4  
1st Phase

**5**

**Friday, July 30, 2021**

Meena Rasi: 25.23 Tithi 22

Creative Work Siddha Yoga

Until 2:53PM

Then Creative Work - Amrita Yoga

418295462

**Gulika** 7:22AM - 8:59AM  
**Yama** 3:25PM - 5:02PM  
**Rahu** 10:35AM - 12:12PM

**Revati Until 2:53PM**  
Dhriti Until 9:18PM  
Visti Until 5:47PM  
**Saptami Until 6:43AM Sat**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon - Clear  
**Ashada-Adi**

**Subha Sivaloka Day**

Yangon, Myanmar  
Sun 5 Sutra 110  
Plava 5123  
Moon 7 - Phase 14 - 5  
1st Phase

**Retreat Star**

**Saturday, July 31, 2021**

Mesha Rasi: 7.31 Tithi 22 - 23

Creative Work Siddha Yoga

428215462

**Gulika** 5:46AM - 7:22AM  
**Yama** 1:48PM - 3:25PM  
**Rahu** 8:59AM - 10:35AM

**Ashvini Until 5:37PM**  
Shula\* Until 10:00PM  
Balava Until 7:49PM  
**Saptami Until 6:43AM**

**Ganesha:** Blue  
**Muruqa:** White  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Subha Sivaloka Day**

Yangon, Myanmar  
Sun 6 Sutra 111  
Plava 5123  
Moon 7 - Phase 14 - 6  
Ashtami

**Sunday, August 1, 2021**

**Retreat Star**

Mesha Rasi: 19.28 Tithi 23 - 24

Routine Work Prabalarishta Yoga

Until 8:35PM

Then Creative Work - Siddha Yoga

429215462

**Gulika** 3:25PM - 5:01PM  
**Yama** 12:12PM - 1:48PM  
**Rahu** 5:01PM - 6:38PM

**Bharani Until 8:35PM**  
Ganda\* Until 10:58PM  
Taitila Until 10:13PM  
**Ashtami\* Until 8:58AM**

**Ganesha:** Red  
**Muruqa:** White  
**Nataraja:** White  
Moon - White  
**Ashada-Adi**

**Subha Sivaloka Day**

Yangon, Myanmar  
Sun 7 Sutra 112  
Plava 5123  
Moon 7 - Phase 14 - 7  
Navami

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

times are standard time. Calculated for Yangon, Myanmar on 5/23

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<b>Monday, August 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Krittika Nakshatra Vridhhi Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 8 Sutra 113 Plava 5123
<b>1</b>		<b>Gulika</b> 1:48PM – 3:25PM <b>Yama</b> 10:35AM – 12:12PM <b>Rahu</b> 7:23AM – 8:59AM	<b>Krittika Until 11:31PM</b> Vridhhi Until 12:04AM Tue Vanija Until 12:46AM Tue <b>Navami* Until 11:28AM</b>	<b>Ganesha: Red</b> Sunrise: 5:46AM <b>Muruga: White</b> Sunset: 6:37PM <b>Nataraja: White</b> Moon – White <b>Ashada-Adi</b>
Vrishabha Rasi: 1.17 Tithi 24 – 25 <b>Family Home Evening</b> Routine Work Marana Yoga Until 11:31PM Then Creative Work - Amrita Yoga		429215462		Moon 7 - Phase 15 - 8 2nd Phase <b>Subha Sivaloka Day</b>

<b>Tuesday, August 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Rohini Nakshatra Dhruva Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 9 Sutra 114 Plava 5123
<b>2</b>		<b>Gulika</b> 12:12PM – 1:48PM <b>Yama</b> 8:59AM – 10:35AM <b>Rahu</b> 3:24PM – 5:01PM	<b>Rohini Until 2:42AM Wed</b> Dhruva Until 1:02AM Wed Bava Until 3:13AM Wed <b>Dashami Until 2:00PM</b>	<b>Ganesha: Green</b> Sunrise: 5:47AM <b>Muruga: White</b> Sunset: 6:37PM <b>Nataraja: White</b> Moon – Yellow <b>Ashada-Adi</b>
Vrishabha Rasi: 13.06 Tithi 25 – 26 Creative Work Amrita Yoga Until 2:42AM Wed Then Creative Work - Siddha Yoga		439215462		Moon 7 - Phase 15 - 9 2nd Phase <b>Sivaloka Day</b>

<b>Wednesday, August 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 10 Sutra 115 Plava 5123
<b>3</b>		<b>Gulika</b> 10:35AM – 12:12PM <b>Yama</b> 7:23AM – 8:59AM <b>Rahu</b> 12:12PM – 1:48PM	<b>Mrigashira Until 5:24AM Thu</b> Vyaghata* Until 1:48AM Thu Kaulava Until 5:19AM Thu <b>Ekadashi* Until 4:18PM</b>	<b>Ganesha: Green</b> Sunrise: 5:47AM <b>Muruga: White</b> Sunset: 6:36PM <b>Nataraja: White</b> Moon – Yellow <b>Ashada-Adi</b>
Vrishabha Rasi: 24.58 Tithi 26 – 27 Creative Work Siddha Yoga Until 5:24AM Thu Then Routine Work - Marana Yoga		439215462		Moon 7 - Phase 15 - 10 2nd Phase <b>Sivaloka Day</b>

<b>Thursday, August 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Ardra Nakshatra Harshana Yoga Taitila Karana Dvadashyam Titau		Yangon, Myanmar Sun 11 Sutra 116 Plava 5123
<b>4</b>		<b>Gulika</b> 8:59AM – 10:35AM <b>Yama</b> 5:47AM – 7:23AM <b>Rahu</b> 1:48PM – 3:24PM	<b>Ardra Until 7:27AM Fri</b> Harshana Until 2:12AM Fri Taitila Until 6:10PM <b>Dvadashi* Until 6:10PM</b>	<b>Ganesha: Green</b> Sunrise: 5:47AM <b>Muruga: White</b> Sunset: 6:36PM <b>Nataraja: White</b> Moon – Yellow <b>Ashada-Adi</b>
Mithuna Rasi: 6.58 Tithi 27 Routine Work Marana Yoga Until 7:27AM Fri Then Creative Work - Siddha Yoga		439215462		Moon 7 - Phase 15 - 11 2nd Phase <b>Sivaloka Day</b>

<b>Friday, August 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau		Yangon, Myanmar Sun 12 Sutra 117 Plava 5123
<b>5</b>		<b>Gulika</b> 7:23AM – 8:59AM <b>Yama</b> 3:23PM – 4:59PM <b>Rahu</b> 10:35AM – 12:11PM	<b>Ardra Until 7:27AM</b> Vajra* Until 2:08AM Sat Gara Until 6:56AM <b>Trayodashi* Until 7:30PM</b>	<b>Ganesha: Green</b> Sunrise: 5:47AM <b>Muruga: White</b> Sunset: 6:36PM <b>Nataraja: White</b> Moon – Yellow <b>Ashada-Adi</b>
Mithuna Rasi: 19.1 Tithi 28 Creative Work Siddha Yoga		449215462		Moon 7 - Phase 15 - 12 2nd Phase <b>Sivaloka Day</b>
<i>Pradosha Vrata (Fasting)</i>				

<b>Saturday, August 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Yangon, Myanmar Sun 13 Sutra 118 Plava 5123
<b>6</b>		<b>Gulika</b> 5:48AM – 7:24AM <b>Yama</b> 1:47PM – 3:23PM <b>Rahu</b> 8:59AM – 10:35AM	<b>Punarvasu Until 9:16AM</b> Siddhi Until 1:37AM Sun Visti Until 7:58AM <b>Chaturdashi* Until 8:14PM</b>	<b>Ganesha: White</b> Sunrise: 5:48AM <b>Muruga: White</b> Sunset: 6:35PM <b>Nataraja: White</b> Moon – Blue <b>Ashada-Adi</b>
Kataka Rasi: 1.37 Tithi 29 Creative Work Siddha Yoga		449215462		Moon 7 - Phase 15 - 13 2nd Phase <b>Sivaloka Day</b>

<b>Sunday, August 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyatipata* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Yangon, Myanmar Sun 14 Sutra 119 Plava 5123
<b>Retreat Star</b>		<b>Gulika</b> 3:23PM – 4:59PM <b>Yama</b> 12:11PM – 1:47PM <b>Rahu</b> 4:59PM – 6:35PM	<b>Pushya Until 10:20AM</b> Vyatipata* Until 12:38AM Mon Catuspada Until 8:24AM <b>Amavasya* Until 8:22PM</b>	<b>Ganesha: White</b> Sunrise: 5:48AM <b>Muruga: White</b> Sunset: 6:35PM <b>Nataraja: White</b> Moon – Blue <b>Ashada-Adi</b>
Kataka Rasi: 14.2 Tithi 30 Creative Work Siddha Yoga		449215462		Moon 7 - Phase 15 - 14 Amavasya <b>Sivaloka Day</b>

<b>Monday, August 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Ashlesha*/Magha* Nakshatra Variyan Yoga Kintughna*/Bava Karana Prathamayam Titau		Yangon, Myanmar Sun 15 Sutra 120 Plava 5123
<b>Retreat Star</b>		<b>Gulika</b> 1:47PM – 3:23PM <b>Yama</b> 10:35AM – 12:11PM <b>Rahu</b> 7:24AM – 9:00AM	<b>Ashlesha* Until 10:41AM</b> Variyan Until 11:13PM Kintughna Until 8:15AM <b>Prathama* Until 7:58PM</b>	<b>Ganesha: Light Blue</b> Sunrise: 5:48AM <b>Muruga: White</b> Sunset: 6:34PM <b>Nataraja: White</b> Moon – Blue <b>Sravana-Adi</b>
Kataka Rasi: 27.2 Tithi 1 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 10:41AM Then Routine Work - Marana Yoga		441215462		Moon 7 - Phase 15 - 15 Prathama <b>Sivaloka Day</b>

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

times are standard time. Calculated for Yangon, Myanmar on 5/23

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<b>1</b>		<b>Tuesday, August 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Parigha* Yoga Balava/Kaulava Karana Dvityayam Titau			Yangon, Myanmar Sun 16 Sutra 121 Plava 5123	
Simha Rasi: 11	Tithi 2	<b>Gulika</b> 12:11PM – 1:47PM	<b>Magha* Until 10:52AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:48AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:34PM	Moon 7 - Phase 16 - 16
		Yama 9:00AM – 10:35AM	Parigha* Until 9:27PM	<b>Nataraja:</b> White		<b>Moon – Red</b>		3rd Phase
451215462		<b>Rahu</b> 3:22PM – 4:58PM	Balava Until 7:36AM					<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Dvitiya Until 7:06PM</b>			<b>Sravana*Adi</b>		

<b>2</b>		<b>Wednesday, August 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Shiva Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau			Yangon, Myanmar Sun 17 Sutra 122 Plava 5123	
Simha Rasi: 24.06	Tithi 3 – 4	<b>Gulika</b> 10:35AM – 12:11PM	<b>Purvaphalguni Until 10:30AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Moon 7 - Phase 16 - 17
		Yama 7:24AM – 9:00AM	Shiva Until 7:25PM	<b>Nataraja:</b> White		<b>Moon – Red</b>		3rd Phase
451215462		<b>Rahu</b> 12:11PM – 1:46PM	Taitila Until 6:33AM					<b>Sivaloka Day</b>
Creative Work	Amrita Yoga		<b>Tritiya Until 5:53PM</b>			<b>Sravana*Adi</b>		

<b>3</b>		<b>Thursday, August 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Vistri/Bava Karana Chaturthi/Panchamyam Titau			Yangon, Myanmar Sun 18 Sutra 123 Plava 5123	
Kanya Rasi: 7.47	Tithi 4 – 5	<b>Gulika</b> 9:00AM – 10:35AM	<b>Uttaraphalguni Until 9:41AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 16 - 18
		Yama 5:49AM – 7:24AM	Siddha Until 5:08PM	<b>Nataraja:</b> White		<b>Moon – Red</b>		3rd Phase
451215462		<b>Rahu</b> 1:46PM – 3:22PM	Bava Until 3:34AM Fri					<b>Sivaloka Day</b>
	Amrita Yoga		<b>Chaturthi* Until 4:23PM</b>			<b>Sravana*Adi</b>		
Until 9:41AM								
Then Routine Work - Marana Yoga								

<b>4</b>		<b>Friday, August 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau			Yangon, Myanmar Sun 19 Sutra 124 Plava 5123	
Kanya Rasi: 21.37	Tithi 5 – 6	<b>Gulika</b> 7:24AM – 9:00AM	<b>Hasta Until 8:56AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:32PM	Moon 7 - Phase 16 - 19
		Yama 3:21PM – 4:57PM	Sadhya Until 2:42PM	<b>Nataraja:</b> White		<b>Moon – Green</b>		3rd Phase
461215462		<b>Rahu</b> 10:35AM – 12:10PM	Kaulava Until 1:47AM Sat					<b>Subha Sivaloka Day</b>
Creative Work	Amrita Yoga		<b>Panchami Until 2:41PM</b>			<b>Sravana*Adi</b>		
Until 8:56AM								
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Saturday, August 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Shashthi/Saplamyam Titau			Yangon, Myanmar Sun 20 Sutra 125 Plava 5123	
Tula Rasi: 5.34	Tithi 6 – 7	<b>Gulika</b> 5:49AM – 7:24AM	<b>Chitra Until 7:53AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 16 - 20
		Yama 1:46PM – 3:21PM	Subha Until 12:09PM	<b>Nataraja:</b> White		<b>Moon – Green</b>		3rd Phase
461215462		<b>Rahu</b> 9:00AM – 10:35AM	Gara Until 11:52PM					<b>Subha Sivaloka Day</b>
Routine Work	Marana Yoga		<b>Shashthi* Until 12:49PM</b>			<b>Sravana*Adi</b>		
Until 7:53AM								
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Sunday, August 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Sukla/Brahma Yoga Vanija/Vistri* Karana Saptami/Ashtamyam Titau			Yangon, Myanmar Sun 21 Sutra 126 Plava 5123	
Tula Rasi: 19.35	Tithi 7 – 8	<b>Gulika</b> 3:20PM – 4:56PM	<b>Svati Until 6:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:49AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 7 - Phase 16 - 21
		Yama 12:10PM – 1:45PM	Sukla Until 9:28AM	<b>Nataraja:</b> White		<b>Moon – Green</b>		Ashtami
461215462		<b>Rahu</b> 4:56PM – 6:31PM	Vistri Until 9:50PM					<b>Subha Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Saptami Until 10:51AM</b>			<b>Sravana*Adi</b>		
Until 6:33AM								
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Monday, August 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Brahma/Indra Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Yangon, Myanmar Sun 22 Sutra 127 Plava 5123	
Vrischika Rasi: 3.4	Tithi 8 – 9	<b>Gulika</b> 1:45PM – 3:20PM	<b>Anuradha Until 4:01AM Tue</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:30PM	Moon 7 - Phase 16 - 22
		Yama 10:35AM – 12:10PM	Brahma Until 6:43AM	<b>Nataraja:</b> White		<b>Moon – Orange</b>		Navami
471215462		<b>Rahu</b> 7:25AM – 9:00AM	Balava Until 7:42PM					<b>Sivaloka Day</b>
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:45AM</b>			<b>Sravana*Adi</b>		
Until 4:01AM Tue								
Then Routine Work - Marana Yoga								

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita


<b>1</b>	<b>Tuesday, August 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Vaidhriti* Yoga Kaulava/Gara Karana Navami/Dashmyam Titau				Yangon, Myanmar
	Vrischika Rasi: 17.49	Tithi 9 - 10	<b>Gulika</b> 12:10PM - 1:45PM	<b>Jyeshtha* Until 2:26AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	Sun 23 Sutra 128
			Yama 9:00AM - 10:35AM	Vaidhriti* Until 1:01AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Plava 5123
	Routine Work	Marana Yoga	<b>Rahu</b> 3:20PM - 4:55PM	Gara Until 4:21AM Wed	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 23
			<b>Navami* Until 6:35AM</b>	Moon - Orange		4th Phase	
				<b>Sravana*Avani</b>		<b>Subha Sivaloka Day</b>	

<b>2</b>	<b>Wednesday, August 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Vishkambha* Yoga Vanija/Visli* Karana Ekadashyam Titau				Yangon, Myanmar
	Dhanus Rasi: 2.01	Tithi 11	<b>Gulika</b> 10:35AM - 12:09PM	<b>Mula* Until 1:06AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:50AM	Sun 24 Sutra 129
			Yama 7:25AM - 9:00AM	Vishkambha* Until 10:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Plava 5123
	Routine Work	Marana Yoga	<b>Rahu</b> 12:09PM - 1:44PM	Vanija Until 3:15PM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 24
			<b>Ekadashi Until 2:06AM Thu</b>	Moon - Light Blue		4th Phase	
				<b>Sravana*Avani</b>		<b>Sivaloka Day</b>	
						Then Creative Work - Siddha Yoga	

<b>3</b>	<b>Thursday, August 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar
	Dhanus Rasi: 16.13	Tithi 12	<b>Gulika</b> 9:00AM - 10:34AM	<b>Purvashadha* Until 11:40PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:50AM	Sun 25 Sutra 130
			Yama 5:50AM - 7:25AM	Priti Until 7:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Plava 5123
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:44PM - 3:19PM	Bava Until 1:00PM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 25
			<b>Dvadashi Until 11:54PM</b>	Moon - Light Blue		4th Phase	
				<b>Sravana*Avani</b>		<b>Sivaloka Day</b>	
						Then Routine Work - Marana Yoga	

<b>4</b>	<b>Friday, August 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar
	Makara Rasi: 0.23	Tithi 13	<b>Gulika</b> 7:25AM - 9:00AM	<b>Uttarashadha Until 10:14PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:50AM	Sun 26 Sutra 131
			Yama 3:18PM - 4:53PM	Ayushman Until 4:28PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Plava 5123
	Routine Work	Marana Yoga	<b>Rahu</b> 10:34AM - 12:09PM	Kaulava Until 10:51AM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 26
			<b>Trayodashi Until 9:49PM</b>	Moon - Light Blue		4th Phase	
				<b>Sravana*Avani</b>		<b>Sivaloka Day</b>	
						Varalakshmi Vratam	
						Pradosha Vrata	

<b>5</b>	<b>Saturday, August 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Saubhagya/Sobhana Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar
	Makara Rasi: 14.26	Tithi 14	<b>Gulika</b> 5:51AM - 7:25AM	<b>Shravana Until 9:18PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:51AM	Sun 27 Sutra 132
			Yama 1:43PM - 3:18PM	Saubhagya Until 1:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Plava 5123
	Creative Work	Siddha Yoga	<b>Rahu</b> 9:00AM - 10:34AM	Gara Until 8:53AM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - 27
			<b>Chaturdashi* Until 7:59PM</b>	Moon - Purple		4th Phase	
				<b>Sravana*Avani</b>		<b>Subha Sivaloka Day</b>	
						Chidambaram Abhishekam	

	<b>Sunday, August 22, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:17PM - 4:52PM	<b>Dhanishtha Until 8:36PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM	Sutra 133
	Makara Rasi: 28.2	Tithi 15	Yama 12:08PM - 1:43PM	Sobhana Until 11:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:26PM	Plava 5123
	Routine Work	Marana Yoga	<b>Rahu</b> 4:52PM - 6:26PM	Visti Until 7:12AM	<b>Nataraja:</b> White		Moon 7 - Phase 17 - Purnima
			<b>Purnima* Until 6:29PM</b>	Moon - Purple			
				<b>Sravana*Avani</b>		<b>Subha Sivaloka Day</b>	
						Avani Avittam	
						Then Creative Work - Siddha Yoga	

<b>Monday, August 23, 2021</b>	<b>Silver Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Shalabhishak Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar
	<b>Silver Retreat Star</b>		<b>Gulika</b> 1:43PM - 3:17PM	<b>Shatabhishak Until 8:13PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:51AM	Sutra 134
	Kumbha Rasi: 11.58	Tithi 16 - 17	Yama 10:34AM - 12:08PM	Athiganda* Until 9:29AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:26PM	Plava 5123
	<b>Family Home Evening</b>		<b>Rahu</b> 7:25AM - 9:00AM	Taitila Until 5:12AM Tue	<b>Nataraja:</b> White		Moon 7 - Phase 17 - Prathama
			<b>Prathama* Until 5:28PM</b>	Moon - Purple			
				<b>Sravana*Avani</b>		<b>Subha Sivaloka Day</b>	
						Then Routine Work - Marana Yoga	

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda





Tuesday, August 24, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 135

Plava 5123

Moon 8 - Phase 18 - 1

1st Phase

Kumbha Rasi: 25.18 Tithi 17 - 18

512315462

**Gulika** 12:08PM - 1:42PM  
Yama 9:00AM - 10:34AM  
**Rahu** 3:16PM - 4:51PM

**Purvaproshtapada\* Until 8:44PM**  
Sukarma Until 7:55AM  
Vanija Until 5:06AM Wed  
**Dvitiya Until 5:03PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon - Clear  
**Sravana-Avani**

**Sunrise:** 5:51AM  
**Sunset:** 6:25PM

**Subha Sivaloka Day**

Routine Work Marana Yoga  
Until 8:44PM  
Then Creative Work - Amrita Yoga

1

Wednesday, August 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 136

Plava 5123

Moon 8 - Phase 18 - 2

1st Phase

Meena Rasi: 8.18 Tithi 18 - 19

512315462

**Gulika** 10:34AM - 12:08PM  
Yama 7:25AM - 8:59AM  
**Rahu** 12:08PM - 1:42PM

**Uttaraproshtapada Until 9:45PM**  
Dhriti Until 6:52AM  
Bava Until 5:42AM Thu  
**Tritiya Until 5:17PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon - Clear  
**Sravana-Avani**

**Sunrise:** 5:51AM  
**Sunset:** 6:24PM

**Subha Sivaloka Day**

Creative Work Siddha Yoga  
Until 9:45PM  
Then Routine Work - Marana Yoga

2

Thursday, August 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati Nakshatra Shula\*/Ganda\* Yoga Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 3 Sutra 137

Plava 5123

Moon 8 - Phase 18 - 3

1st Phase

Meena Rasi: 20.58 Tithi 19

512315462

**Gulika** 8:59AM - 10:33AM  
Yama 5:51AM - 7:25AM  
**Rahu** 1:41PM - 3:15PM

**Revati Until 11:17PM**  
Shula\* Until 6:21AM  
Balava Until 6:14PM  
**Chaturthi\* Until 6:14PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** White  
Moon - Clear  
**Sravana-Avani**

**Sunrise:** 5:51AM  
**Sunset:** 6:24PM

**Subha Sivaloka Day**

Creative Work Siddha Yoga  
Until 11:17PM  
Then Creative Work - Amrita Yoga

3

Friday, August 27, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini Nakshatra Ganda\*/Vridhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar

Sun 4 Sutra 138

Plava 5123

Moon 8 - Phase 18 - 4

1st Phase

Mesha Rasi: 3.2 Tithi 20

522315462

**Gulika** 7:25AM - 8:59AM  
Yama 3:15PM - 4:49PM  
**Rahu** 10:33AM - 12:07PM

**Ashvini Until 1:46AM Sat**  
Ganda\* Until 6:22AM  
Kaulava Until 6:58AM  
**Panchami Until 7:50PM**

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** White  
Moon - White  
**Sravana-Avani**

**Sunrise:** 5:52AM  
**Sunset:** 6:23PM

**Sivaloka Day**

Creative Work Amrita Yoga  
Until 1:46AM Sat  
Then Creative Work - Siddha Yoga

4

Saturday, August 28, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar

Sun 5 Sutra 139

Plava 5123

Moon 8 - Phase 18 - 5

1st Phase

Mesha Rasi: 15.26 Tithi 21

522315463

**Gulika** 5:52AM - 7:25AM  
Yama 1:41PM - 3:14PM  
**Rahu** 8:59AM - 10:33AM

**Bharani Until 4:34AM Sun**  
Vridhi Until 6:52AM  
Gara Until 8:52AM  
**Shashthi\* Until 9:58PM**

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - White  
**Sravana-Avani**

**Sunrise:** 5:52AM  
**Sunset:** 6:22PM

**Devaloka Day**

Creative Work Siddha Yoga

5

Sunday, August 29, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika Nakshatra Dhruva/Vyaghata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Yangon, Myanmar

Sun 6 Sutra 140

Plava 5123

Moon 8 - Phase 18 - 6

1st Phase

Mesha Rasi: 27.22 Tithi 22

522315463

**Gulika** 3:14PM - 4:48PM  
Yama 12:07PM - 1:40PM  
**Rahu** 4:48PM - 6:21PM

**Krittika Until 7:27AM Mon**  
Dhruva Until 7:42AM  
Visti Until 11:12AM  
**Saptami Until 12:26AM Mon**

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - White  
**Sravana-Avani**

**Sunrise:** 5:52AM  
**Sunset:** 6:21PM

**Devaloka Day**

Creative Work Siddha Yoga  
Until 7:27AM Mon  
Then Creative Work - Amrita Yoga

D

Monday, August 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vyaghata\*/Harshana Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 7 Sutra 141

Plava 5123

Moon 8 - Phase 18 - 7

Ashtami

Vrishabha Rasi: 9.11 Tithi 23

522315463

**Gulika** 1:40PM - 3:13PM  
Yama 10:33AM - 12:06PM  
**Rahu** 7:26AM - 8:59AM

**Krittika Until 7:27AM**  
Vyaghata\* Until 8:43AM  
Balava Until 1:45PM  
**Ashtami\* Until 3:00AM Tue**

**Ganesha:** White  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - White  
**Sravana-Avani**

**Sunrise:** 5:52AM  
**Sunset:** 6:21PM

**Devaloka Day**

Family Home Evening  
Routine Work Marana Yoga  
Until 7:27AM  
Then Creative Work - Amrita Yoga

Tuesday, August 31, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Harshana/Vajra\* Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 8 Sutra 142

Plava 5123

Moon 8 - Phase 18 - 8

Navami

Vrishabha Rasi: 21 Tithi 24

532315463

**Gulika** 12:06PM - 1:39PM  
Yama 8:59AM - 10:32AM  
**Rahu** 3:13PM - 4:46PM

**Rohini Until 10:42AM**  
Harshana Until 9:46AM  
Taitila Until 4:15PM  
**Navami\* Until 5:23AM Wed**

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Yellow  
**Sravana-Avani**

**Sunrise:** 5:52AM  
**Sunset:** 6:20PM

**Sivaloka Day**

Creative Work Amrita Yoga  
Until 10:42AM  
Then Creative Work - Siddha Yoga

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

times are standard time. Calculated for Yangon, Myanmar on 5/23

www.gurudeva.org/panchang

1	<b>Wednesday, September 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Mrigashira/Ardra Nakshatra Vajra/Siddhi Yoga Vanija Karana Dashamyam Titau				Yangon, Myanmar Sun 9 Sutra 143 Plava 5123
	Mithuna Rasi: 2.53	Tithi 25	<b>Gulika</b> 10:32AM – 12:06PM	<b>Mrigashira</b> Until 1:32PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:52AM	
			Yama 7:26AM – 8:59AM	Vajra* Until 10:36AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:19PM	Moon 8 - Phase 19 - 9
	533315463	<b>Rahu</b> 12:06PM – 1:39PM		Vanija Until 6:28PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:22AM Thu	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Sravana-Avani</b>			

2	<b>Thursday, September 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam Ardra/Punarvasu Nakshatra Siddhi/Vyatipata* Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 10 Sutra 144 Plava 5123
	Mithuna Rasi: 14.56	Tithi 25 – 26	<b>Gulika</b> 8:59AM – 10:32AM	<b>Ardra</b> Until 3:45PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:52AM	
			Yama 5:52AM – 7:26AM	Siddhi Until 11:06AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 19 - 10
	533315463	<b>Rahu</b> 1:39PM – 3:12PM		Bava Until 8:09PM	<b>Nataraja:</b> Clear		2nd Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 7:22AM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 3:45PM				<b>Sravana-Avani</b>			
Then Creative Work - Amrita Yoga							

3	<b>Friday, September 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam Punarvasu/Pushya Nakshatra Vyatipata*/Varyan Yoga Balava/Kaulava Karana Ekadashi/Dvodashyam Titau				Yangon, Myanmar Sun 11 Sutra 145 Plava 5123
	Mithuna Rasi: 27.14	Tithi 26 – 27	<b>Gulika</b> 7:26AM – 8:59AM	<b>Punarvasu</b> Until 5:40PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:52AM	
			Yama 3:11PM – 4:44PM	Vyatipata* Until 11:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 8 - Phase 19 - 11
	533315463	<b>Rahu</b> 10:32AM – 12:05PM		Kaulava Until 9:11PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 8:44AM	Moon – Blue		<b>Devaloka Day</b>	
Until 5:40PM				<b>Sravana-Avani</b>			
Then Routine Work - Marana Yoga							

4	<b>Saturday, September 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Pushya Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Dvodashi/Trayodashyam Titau				Yangon, Myanmar Sun 12 Sutra 146 Plava 5123
	Kataka Rasi: 9.5	Tithi 27 – 28	<b>Gulika</b> 5:53AM – 7:26AM	<b>Pushya</b> Until 6:44PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:53AM	
			Yama 1:38PM – 3:11PM	Varyan Until 10:35AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 8 - Phase 19 - 12
	533315463	<b>Rahu</b> 8:59AM – 10:32AM		Gara Until 9:30PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvodashi*</b> Until 9:25AM	Moon – Blue		<b>Devaloka Day</b>	
Until 6:44PM				<b>Sravana-Avani</b>			
Then Routine Work - Marana Yoga							
				<i>Pradosha Vrata (Fasting)</i>			

5	<b>Sunday, September 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ashlesha* Nakshatra Parigha*/Shiva Yoga Vanija/Vistit* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 13 Sutra 147 Plava 5123
	Kataka Rasi: 22.46	Tithi 28 – 29	<b>Gulika</b> 3:10PM – 4:43PM	<b>Ashlesha*</b> Until 6:58PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:53AM	
			Yama 12:04PM – 1:37PM	Parigha* Until 9:30AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:16PM	Moon 8 - Phase 19 - 13
	533315463	<b>Rahu</b> 4:43PM – 6:16PM		Vistit Until 9:07PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 9:23AM	Moon – Blue		<b>Devaloka Day</b>	
Until 6:58PM				<b>Sravana-Avani</b>			
Then Routine Work - Marana Yoga							

●	<b>Monday, September 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Magha* Nakshatra Shiva/Siddha Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Yangon, Myanmar Sun 14 Sutra 148 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 1:37PM – 3:10PM	<b>Magha*</b> Until 6:52PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	
	Simha Rasi: 6.04	Tithi 29 – 30	Yama 10:31AM – 12:04PM	Shiva Until 7:54AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:15PM	Moon 8 - Phase 19 - 14
	533315463	<b>Rahu</b> 7:26AM – 8:58AM		Catuspada Until 8:07PM	<b>Nataraja:</b> Clear		Amavasya
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 8:40AM	Moon – Red		<b>Devaloka Day</b>	
Until 6:52PM				<b>Sravana-Avani</b>			
Then Creative Work - Siddha Yoga							

●	<b>Tuesday, September 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Sadhya Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 15 Sutra 149 Plava 5123
	<b>Retreat Star</b>		<b>Gulika</b> 12:04PM – 1:36PM	<b>Purvaphalguni</b> Until 6:05PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	
	Simha Rasi: 19.41	Tithi 30 – 1	Yama 8:58AM – 10:31AM	Sadhya Until 3:20AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:14PM	Moon 8 - Phase 19 - 15
	533315463	<b>Rahu</b> 3:09PM – 4:42PM		Kintughna Until 6:35PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 7:23AM	Moon – Red		<b>Devaloka Day</b>	
Until 6:05PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

<b>1</b>	<b>Wednesday, September 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar
	Kanya Rasi: 3.35	Tithi 2	<b>Gulika</b> 10:31AM – 12:03PM	<b>Uttaraphalguni Until 4:47PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	Sun 16 Sutra 150
			Yama 7:26AM – 8:58AM	Subha Until 12:36AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:14PM	Plava 5123
	563315463	<b>Rahu</b> 12:03PM – 1:36PM	Balava Until 4:40PM		<b>Nataraja:</b> Clear		Moon 8 - Phase 20 - 16 3rd Phase
Creative Work	Amrita Yoga		<b>Dvitiya Until 3:34AM Thu</b>	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
	Until 4:47PM						
	Then Routine Work - Marana Yoga						

<b>2</b>	<b>Thursday, September 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Yangon, Myanmar
	Kanya Rasi: 17.42	Tithi 3	<b>Gulika</b> 8:58AM – 10:31AM	<b>Hasta Until 3:29PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:53AM	Sun 17 Sutra 151
			Yama 5:53AM – 7:26AM	Sukla Until 9:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:13PM	Plava 5123
	563315463	<b>Rahu</b> 1:35PM – 3:08PM	Taitila Until 2:28PM		<b>Nataraja:</b> Clear		Moon 8 - Phase 20 - 17 3rd Phase
Routine Work	Marana Yoga		<b>Tritiya Until 1:18AM Fri</b>	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
	Until 3:29PM						
	Then Creative Work - Siddha Yoga						

<b>3</b>	<b>Friday, September 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturthyam Titau				Yangon, Myanmar
	Tula Rasi: 1.56	Tithi 4	<b>Gulika</b> 7:26AM – 8:58AM	<b>Chitra Until 1:55PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:53AM	Sun 18 Sutra 152
			Yama 3:07PM – 4:40PM	Brahma Until 6:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:12PM	Plava 5123
	563315463	<b>Rahu</b> 10:30AM – 12:03PM	Vanija Until 12:08PM		<b>Nataraja:</b> Clear		Moon 8 - Phase 20 - 18 3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi* Until 10:56PM</b>	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
		<b>Ganesha Chaturthi</b>					

<b>4</b>	<b>Saturday, September 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar
	Tula Rasi: 16.14	Tithi 5	<b>Gulika</b> 5:53AM – 7:26AM	<b>Svati Until 12:10PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:53AM	Sun 19 Sutra 153
			Yama 1:35PM – 3:07PM	Indra Until 3:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:11PM	Plava 5123
	563315463	<b>Rahu</b> 8:58AM – 10:30AM	Bava Until 9:46AM		<b>Nataraja:</b> Clear		Moon 8 - Phase 20 - 19 3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 8:34PM</b>	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	

<b>5</b>	<b>Sunday, September 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Shashthyam Titau				Yangon, Myanmar
	Vrischika Rasi: 0.3	Tithi 6	<b>Gulika</b> 3:06PM – 4:38PM	<b>Vishakha Until 10:45AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:53AM	Sun 20 Sutra 154
			Yama 12:02PM – 1:34PM	Vaidhriti* Until 12:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:10PM	Plava 5123
	573315463	<b>Rahu</b> 4:38PM – 6:10PM	Kaulava Until 7:26AM		<b>Nataraja:</b> Clear		Moon 8 - Phase 20 - 20 3rd Phase
Routine Work	Marana Yoga		<b>Shashthi* Until 6:17PM</b>	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
		<b>Grandparent's Day</b>					

<b>6</b>	<b>Monday, September 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vishkambha*/Priti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Yangon, Myanmar
	Vrischika Rasi: 14.42	Tithi 7 – 8	<b>Gulika</b> 1:34PM – 3:06PM	<b>Anuradha Until 9:19AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:54AM	Sun 21 Sutra 155
	<b>Family Home Evening</b>		Yama 10:30AM – 12:02PM	Vishkambha* Until 9:44AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:10PM	Plava 5123
	573315463	<b>Rahu</b> 7:26AM – 8:58AM	Visti Until 3:07AM Tue		<b>Nataraja:</b> Clear		Moon 8 - Phase 20 - 21 3rd Phase
Creative Work	Siddha Yoga		<b>Saptami Until 4:07PM</b>	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	

<b>D</b>	<b>Tuesday, September 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 12:01PM – 1:33PM	<b>Jyeshtha* Until 7:52AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:54AM	Sun 22 Sutra 156
	Vrischika Rasi: 28.49	Tithi 8 – 9	Yama 8:57AM – 10:29AM	Priti Until 6:59AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:09PM	Plava 5123
	573315463	<b>Rahu</b> 3:05PM – 4:37PM	Balava Until 1:11AM Wed		<b>Nataraja:</b> Clear		Moon 8 - Phase 20 - 22 Ashtami
Routine Work	Marana Yoga		<b>Ashtami* Until 2:06PM</b>	<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
	Until 7:52AM						
	Then Creative Work - Amrita Yoga						

<b>D</b>	<b>Wednesday, September 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 10:29AM – 12:01PM	<b>Mula* Until 6:52AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:54AM	Sun 23 Sutra 157
	Dhanus Rasi: 12.49	Tithi 9 – 10	Yama 7:26AM – 8:57AM	Saubhagya Until 1:50AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:08PM	Plava 5123
	583315463	<b>Rahu</b> 12:01PM – 1:33PM	Taitila Until 11:26PM		<b>Nataraja:</b> Clear		Moon 8 - Phase 20 - 23 Navami
Routine Work	Marana Yoga		<b>Navami* Until 12:16PM</b>	<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
	Until 6:52AM						
	Then Creative Work - Amrita Yoga						

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

1	<b>Thursday, September 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Dhanus Rasi: 26.43	Tithi 10 – 11	584415463	<b>Gulika</b> 8:57AM – 10:29AM	<b>Uttarashadha</b> Until 4:59AM Fri	<b>Ganesha:</b> Green <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Light Blue	Sun 24 Sutra 158 Plava 5123 Moon 8 - Phase 21 - 24 4th Phase
	Routine Work	Marana Yoga		Yama 5:54AM – 7:26AM	Sobhana Until 11:30PM	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:07PM	
				<b>Rahu</b> 1:32PM – 3:04PM	Vanija Until 9:52PM	<b>Bhadrapada-Avani</b>	<b>Devaloka Day</b>
<b>Dashami Until 10:36AM</b>							

2	<b>Friday, September 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvodashyam Titau				Yangon, Myanmar
	Makara Rasi: 10.29	Tithi 11 – 12	594415463	<b>Gulika</b> 7:26AM – 8:57AM	<b>Shravana</b> Until 4:35AM Sat	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Purple	Sun 25 Sutra 159 Plava 5123 Moon 8 - Phase 21 - 25 4th Phase
	Routine Work	Marana Yoga		Yama 3:03PM – 4:35PM	Athiganda* Until 9:19PM	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:06PM	
	Until 4:35AM Sat	Then Creative Work - Siddha Yoga		<b>Rahu</b> 10:29AM – 12:00PM	Bava Until 8:31PM	<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>
<b>Ekadashi Until 9:09AM</b>							

3	<b>Saturday, September 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Makara Rasi: 24.07	Tithi 12 – 13	594415463	<b>Gulika</b> 5:54AM – 7:25AM	<b>Dhanishtha</b> Until 4:20AM Sun	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Purple	Sun 26 Sutra 160 Plava 5123 Moon 8 - Phase 21 - 26 4th Phase
	Creative Work	Siddha Yoga		Yama 1:31PM – 3:03PM	Sukarma Until 7:22PM	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:06PM	
				<b>Rahu</b> 8:57AM – 10:28AM	Kaulava Until 7:26PM	<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>
<b>Dvadashi Until 7:55AM</b>							
<i>Pradosha Vrata</i>							

4	<b>Sunday, September 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 7.35	Tithi 13 – 14	594415463	<b>Gulika</b> 3:02PM – 4:33PM	<b>Shatabhishak</b> Until 4:17AM Mon	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Purple	Sun 27 Sutra 161 Plava 5123 Moon 8 - Phase 21 - 27 4th Phase
	Creative Work	Siddha Yoga		Yama 11:59AM – 1:31PM	Dhriti Until 5:42PM	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:05PM	
	Until 4:17AM Mon	Then Routine Work - Marana Yoga		<b>Rahu</b> 4:33PM – 6:05PM	Gara Until 6:42PM	<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>
<b>Trayodashi Until 7:00AM</b>							
<b>Chidambaram Abhishekam</b>							

○	<b>Monday, September 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar
	<b>Copper Retreat Star</b>			<b>Gulika</b> 1:30PM – 3:02PM	<b>Purvaproshtapada*</b> Until 4:59AM Tue	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	Sutra 162 Plava 5123 Moon 8 - Phase 21 - Purnima
	Kumbha Rasi: 20.5	Tithi 14 – 15	514415463	Yama 10:28AM – 11:59AM	Shula* Until 4:20PM	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:04PM	
	<b>Family Home Evening</b>	Marana Yoga		<b>Rahu</b> 7:25AM – 8:57AM	Visti Until 6:23PM	<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>
<b>Chaturdashi* Until 6:28AM</b>							
Then Creative Work - Amrita Yoga							

○	<b>Tuesday, September 21, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar
	<b>Silver Retreat Star</b>			<b>Gulika</b> 11:59AM – 1:30PM	<b>Uttaraproshtapada</b> Until 6:03AM Wed	<b>Ganesha:</b> Red <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Clear	Sutra 163 Plava 5123 Moon 8 - Phase 21 - Prathama
	Meena Rasi: 3.52	Tithi 15 – 16	514415463	Yama 8:57AM – 10:28AM	Ganda* Until 3:22PM	<b>Sunrise:</b> 5:54AM <b>Sunset:</b> 6:03PM	
	Creative Work	Amrita Yoga		<b>Rahu</b> 3:01PM – 4:32PM	Balava Until 6:33PM	<b>Bhadrapada-Puratasi</b>	<b>Sivaloka Day</b>
<b>Purnima* Until 6:23AM</b>							
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda



Wednesday, September 22, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Viddhi/Dhruva Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 164

Plava 5123

Meena Rasi: 16.38 Tithi 16 - 17

Gulika 10:27AM - 11:58AM  
Yama 7:25AM - 8:56AM  
Rahu 11:58AM - 1:29PM

Uttaraproshtapada Until 6:03AM  
Vridhhi Until 2:50PM  
Taitila Until 7:18PM  
Prathama\* Until 6:50AM

Ganesha: Red Sunrise: 5:54AM  
Muruqa: White Sunset: 6:02PM  
Nataraja: Clear  
Moon - Clear

Moon 9 - Phase 22 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga  
Until 6:03AM  
Then Routine Work - Marana Yoga

Thursday, September 23, 2021

1

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Revati/Ashvini Nakshatra Dhruva/Vyaghata\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 165

Plava 5123

Meena Rasi: 29.07 Tithi 17 - 18

Gulika 8:56AM - 10:27AM  
Yama 5:55AM - 7:25AM  
Rahu 1:29PM - 3:00PM

Revati Until 7:31AM  
Dhruva Until 2:44PM  
Vanija Until 8:38PM  
Dvitiya Until 7:52AM

Ganesha: Red Sunrise: 5:55AM  
Muruqa: White Sunset: 6:01PM  
Nataraja: Clear  
Moon - Clear

Moon 9 - Phase 22 - 1st Phase

Sivaloka Day

Creative Work Siddha Yoga  
Until 7:31AM  
Then Creative Work - Amrita Yoga

Friday, September 24, 2021

2

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashvini/Bharani Nakshatra Vyaghata/Harshana Yoga Visti/Bava Karana Tritiya/Chaturthayam Titau

Yangon, Myanmar

Sun 2 Sutra 166

Plava 5123

Mesha Rasi: 11.22 Tithi 18 - 19

Gulika 7:25AM - 8:56AM  
Yama 2:59PM - 4:30PM  
Rahu 10:27AM - 11:58AM

Ashvini Until 9:52AM  
Vyaghata\* Until 3:05PM  
Bava Until 10:31PM  
Tritiya Until 9:29AM

Ganesha: Green Sunrise: 5:55AM  
Muruqa: White Sunset: 6:01PM  
Nataraja: Clear  
Moon - White

Moon 9 - Phase 22 - 2 1st Phase

Devaloka Day

Creative Work Amrita Yoga  
Until 9:52AM  
Then Creative Work - Siddha Yoga

Saturday, September 25, 2021

3

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Bharani/Krittika Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 167

Plava 5123

Mesha Rasi: 23.25 Tithi 19 - 20

Gulika 5:55AM - 7:25AM  
Yama 1:28PM - 2:59PM  
Rahu 8:56AM - 10:27AM

Bharani Until 12:32PM  
Harshana Until 3:49PM  
Kaulava Until 12:51AM Sun  
Chaturthi\* Until 11:37AM

Ganesha: Green Sunrise: 5:55AM  
Muruqa: White Sunset: 6:00PM  
Nataraja: Clear  
Moon - White

Moon 9 - Phase 22 - 3 1st Phase

Devaloka Day

Creative Work Siddha Yoga  
Until 12:32PM  
Then Creative Work - Amrita Yoga

Sunday, September 26, 2021

4

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Krittika/Rohini Nakshatra Vajra\*/Siddhi Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 168

Plava 5123

Vrishabha Rasi: 5.17 Tithi 20 - 21

Gulika 2:58PM - 4:29PM  
Yama 11:57AM - 1:28PM  
Rahu 4:29PM - 5:59PM

Krittika Until 3:22PM  
Vajra\* Until 4:46PM  
Gara Until 3:27AM Mon  
Panchami Until 2:06PM

Ganesha: Green Sunrise: 5:55AM  
Muruqa: White Sunset: 5:59PM  
Nataraja: Clear  
Moon - White

Moon 9 - Phase 22 - 4 1st Phase

Devaloka Day

Creative Work Siddha Yoga

Monday, September 27, 2021

5

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Rohini Nakshatra Siddhi/Vyatipata\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 169

Plava 5123

Vrishabha Rasi: 17.05 Tithi 21 - 22

Gulika 1:27PM - 2:57PM  
Yama 10:26AM - 11:57AM  
Rahu 7:25AM - 8:56AM

Rohini Until 6:41PM  
Siddhi Until 5:49PM  
Visti Until 6:04AM Tue  
Shashthi\* Until 4:45PM

Ganesha: Orange Sunrise: 5:55AM  
Muruqa: White Sunset: 5:58PM  
Nataraja: Clear  
Moon - Yellow

Moon 9 - Phase 22 - 5 1st Phase

Sivaloka Day

Creative Work Amrita Yoga  
Family Home Evening

Tuesday, September 28, 2021

6

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Vyatipata\* Yoga Visti\*/Bava Karana Saptamyam Titau

Yangon, Myanmar

Sun 6 Sutra 170

Plava 5123

Vrishabha Rasi: 28.53 Tithi 22

Gulika 11:56AM - 1:27PM  
Yama 8:56AM - 10:26AM  
Rahu 2:57PM - 4:27PM

Mrigashira Until 9:43PM  
Vyatipata\* Until 6:49PM  
Visti Until 6:04AM  
Saptami Until 7:18PM

Ganesha: White Sunrise: 5:55AM  
Muruqa: White Sunset: 5:57PM  
Nataraja: Clear  
Moon - Yellow

Moon 9 - Phase 22 - 6 1st Phase

Devaloka Day

Creative Work Siddha Yoga  
Until 9:43PM  
Then Routine Work - Marana Yoga

Wednesday, September 29, 2021

D

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 7 Sutra 171

Plava 5123

Mithuna Rasi: 10.46 Tithi 23

Gulika 10:26AM - 11:56AM  
Yama 7:25AM - 8:56AM  
Rahu 11:56AM - 1:26PM

Ardra Until 12:14AM Thu  
Variyan Until 7:31PM  
Balava Until 8:29AM  
Ashtami\* Until 9:30PM

Ganesha: White Sunrise: 5:55AM  
Muruqa: White Sunset: 5:57PM  
Nataraja: Clear  
Moon - Yellow

Moon 9 - Phase 22 - 7 Ashtami

Devaloka Day

Creative Work Siddha Yoga  
Until 12:14AM Thu  
Then Creative Work - Amrita Yoga

Thursday, September 30, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu Nakshatra Parigha\* Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 8 Sutra 172

Plava 5123

Mithuna Rasi: 22.49 Tithi 24

Gulika 8:56AM - 10:26AM  
Yama 5:55AM - 7:25AM  
Rahu 1:26PM - 2:56PM

Punarvasu Until 2:31AM Fri  
Parigha\* Until 7:49PM  
Taitila Until 10:25AM  
Navami\* Until 11:08PM

Ganesha: Clear Sunrise: 5:55AM  
Muruqa: White Sunset: 5:56PM  
Nataraja: Clear  
Moon - Blue

Moon 9 - Phase 22 - 8 Navami

Sivaloka Day

Creative Work Amrita Yoga  
Until 2:31AM Fri  
Then Routine Work - Marana Yoga

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496

times are standard time. Calculated for Yangon, Myanmar on 5/23

www.gurudeva.org/panchang

1	<b>Friday, October 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Pushya Nakshatra Shiva Yoga Vanija/Visti* Karana Dashamyam Titau				Yangon, Myanmar
	Kataka Rasi: 5.08	Tithi 25	645415463	<b>Gulika</b> 7:25AM – 8:55AM Yama 2:55PM – 4:25PM <b>Rahu</b> 10:25AM – 11:55AM	<b>Pushya Until 3:56AM Sat</b> Shiva Until 7:36PM Vanija Until 11:43AM <b>Dashami Until 12:03AM Sat</b>	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:56AM Sunset: 5:55PM <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					

2	<b>Saturday, October 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha* Nakshatra Siddha Yoga Bava/Balava Karana Ekadashyam Titau				Yangon, Myanmar
	Kataka Rasi: 17.46	Tithi 26	645415463	<b>Gulika</b> 5:56AM – 7:26AM Yama 1:25PM – 2:55PM <b>Rahu</b> 8:55AM – 10:25AM	<b>Ashlesha* Until 4:24AM Sun</b> Siddha Until 6:44PM Bava Until 12:14PM <b>Ekadashi* Until 12:11AM Sun</b>	Ganesha: Clear Muruqa: White Nataraja: Clear Moon – Blue	Sunrise: 5:56AM Sunset: 5:54PM <b>Sivaloka Day</b>
	Routine Work	Marana Yoga					

3	<b>Sunday, October 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha* Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Dvadashyam Titau				Yangon, Myanmar
	Simha Rasi: 0.47	Tithi 27	655415463	<b>Gulika</b> 2:54PM – 4:24PM Yama 11:55AM – 1:24PM <b>Rahu</b> 4:24PM – 5:54PM	<b>Magha* Until 4:26AM Mon</b> Sadhya Until 5:15PM Kaulava Until 11:58AM <b>Dvadashi* Until 11:31PM</b>	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:56AM Sunset: 5:54PM <b>Devaloka Day</b>
	Routine Work	Marana Yoga					
	Until 4:26AM Mon	Then Creative Work - Siddha Yoga					

4	<b>Monday, October 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar
	Simha Rasi: 14.13	Tithi 28	655415463	<b>Gulika</b> 1:24PM – 2:54PM Yama 10:25AM – 11:54AM <b>Rahu</b> 7:26AM – 8:55AM	<b>Purvaphalguni Until 3:36AM Tue</b> Subha Until 3:11PM Gara Until 10:55AM <b>Trayodashi* Until 10:08PM</b>	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:56AM Sunset: 5:53PM <b>Devaloka Day</b>
	Family Home Evening	Creative Work	Siddha Yoga				
	Until 3:36AM Tue	Then Creative Work - Amrita Yoga					

5	<b>Tuesday, October 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni Nakshatra Sukla/Brahma Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar
	Simha Rasi: 28.03	Tithi 29	655415463	<b>Gulika</b> 11:54AM – 1:24PM Yama 8:55AM – 10:25AM <b>Rahu</b> 2:53PM – 4:23PM	<b>Uttaraphalguni Until 2:04AM Wed</b> Sukla Until 12:35PM Visti Until 9:13AM <b>Chaturdashi* Until 8:07PM</b>	Ganesha: Purple Muruqa: White Nataraja: Clear Moon – Red	Sunrise: 5:56AM Sunset: 5:52PM <b>Devaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 2:04AM Wed	Then Routine Work - Marana Yoga					

●	<b>Wednesday, October 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Hasta Nakshatra Brahma/Indra Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		665415463	<b>Gulika</b> 10:24AM – 11:54AM Yama 7:26AM – 8:55AM <b>Rahu</b> 11:54AM – 1:23PM	<b>Hasta Until 12:22AM Thu</b> Brahma Until 9:33AM Catuspada Until 6:57AM <b>Amavasya* Until 5:39PM</b>	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:56AM Sunset: 5:51PM <b>Devaloka Day</b>
	Kanya Rasi: 12.16	Tithi 30 – 1		<b>Mahalaya Amavasai (Tamil Nadu)</b>			
	Routine Work	Marana Yoga					

●	<b>Thursday, October 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Chitra Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		665415463	<b>Gulika</b> 8:55AM – 10:24AM Yama 5:56AM – 7:26AM <b>Rahu</b> 1:23PM – 2:52PM	<b>Chitra Until 10:15PM</b> Indra Until 6:13AM Balava Until 1:23AM Fri <b>Prathama* Until 2:50PM</b>	Ganesha: Light Blue Muruqa: White Nataraja: Clear Moon – Green	Sunrise: 5:56AM Sunset: 5:51PM <b>Devaloka Day</b>
	Kanya Rasi: 26.44	Tithi 1 – 2		<b>Navaratri Begins</b>			
	Creative Work	Siddha Yoga					

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

times are standard time. Calculated for Yangon, Myanmar on 5/23

www.gurudeva.org/panchang

<b>1</b>		<b>Friday, October 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Svati Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau			Yangon, Myanmar
Tula Rasi: 11.24	Tithi 2 - 3	<b>Gulika</b>	<b>7:26AM - 8:55AM</b>	<b>Svati Until 7:52PM</b>	<b>Ganesha: Orange</b>	<i>Sunrise: 5:57AM</i>	Sun 16 Sutra 180
		Yama	2:51PM - 4:21PM	Vishkambha* Until 11:03PM	<b>Muruqa: White</b>	<i>Sunset: 5:50PM</i>	Plava 5123
666415464		<b>Rahu</b>	<b>10:24AM - 11:53AM</b>	Taitila Until 10:22PM	<b>Nataraja: Purple</b>		Moon 9 - Phase 24 - 16
Creative Work	Siddha Yoga			<b>Dvitiya Until 11:51AM</b>	Moon - Green		3rd Phase
					<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>

<b>2</b>		<b>Saturday, October 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Priti Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau			Yangon, Myanmar
Tula Rasi: 26.07	Tithi 3 - 4	<b>Gulika</b>	<b>5:57AM - 7:26AM</b>	<b>Vishakha Until 5:46PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:57AM</i>	Sun 17 Sutra 181
		Yama	1:22PM - 2:51PM	Priti Until 7:28PM	<b>Muruqa: White</b>	<i>Sunset: 5:49PM</i>	Plava 5123
676415464		<b>Rahu</b>	<b>8:55AM - 10:24AM</b>	Vanija Until 7:22PM	<b>Nataraja: Purple</b>		Moon 9 - Phase 24 - 17
Creative Work	Siddha Yoga			<b>Tritiya Until 8:50AM</b>	Moon - Orange		3rd Phase
					<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>

<b>3</b>		<b>Sunday, October 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Panchamyam Titau			Yangon, Myanmar
Vrischika Rasi: 10.47	Tithi 5	<b>Gulika</b>	<b>2:50PM - 4:19PM</b>	<b>Anuradha Until 3:41PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:57AM</i>	Sun 18 Sutra 182
		Yama	11:53AM - 1:22PM	Ayushman Until 3:59PM	<b>Muruqa: White</b>	<i>Sunset: 5:48PM</i>	Plava 5123
676415464		<b>Rahu</b>	<b>4:19PM - 5:48PM</b>	Bava Until 4:32PM	<b>Nataraja: Purple</b>		Moon 9 - Phase 24 - 18
Routine Work	Marana Yoga			<b>Panchami Until 3:11AM Mon</b>	Moon - Orange		3rd Phase
					<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>

<b>4</b>		<b>Monday, October 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Shashthyam Titau			Yangon, Myanmar
Vrischika Rasi: 25.17	Tithi 6	<b>Gulika</b>	<b>1:21PM - 2:50PM</b>	<b>Jyeshtha* Until 1:42PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 5:57AM</i>	Sun 19 Sutra 183
<b>Family Home Evening</b>		Yama	10:24AM - 11:52AM	Saubhagya Until 12:43PM	<b>Muruqa: White</b>	<i>Sunset: 5:48PM</i>	Plava 5123
676515464		<b>Rahu</b>	<b>7:26AM - 8:55AM</b>	Kaulava Until 1:57PM	<b>Nataraja: Purple</b>		Moon 9 - Phase 24 - 19
Creative Work	Siddha Yoga			<b>Shashthi* Until 12:46AM Tue</b>	Moon - Orange		3rd Phase
					<b>Ashvina+Puratasi</b>		<b>Sivaloka Day</b>

<b>5</b>		<b>Tuesday, October 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau			Yangon, Myanmar
Dhanus Rasi: 9.35	Tithi 7	<b>Gulika</b>	<b>11:52AM - 1:21PM</b>	<b>Mula* Until 12:20PM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:57AM</i>	Sun 20 Sutra 184
		Yama	8:55AM - 10:23AM	Sobhana Until 9:44AM	<b>Muruqa: White</b>	<i>Sunset: 5:47PM</i>	Plava 5123
686515464		<b>Rahu</b>	<b>2:50PM - 4:18PM</b>	Gara Until 11:42AM	<b>Nataraja: Purple</b>		Moon 9 - Phase 24 - 20
Creative Work	Amrita Yoga			<b>Saptami Until 10:42PM</b>	Moon - Light Blue		3rd Phase
Until 12:20PM					<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, October 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau			Yangon, Myanmar
Dhanus Rasi: 23.38	Tithi 8	<b>Gulika</b>	<b>10:23AM - 11:52AM</b>	<b>Purvashadha* Until 11:13AM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:58AM</i>	Sun 21 Sutra 185
		Yama	7:26AM - 8:55AM	Athiganda* Until 7:03AM	<b>Muruqa: White</b>	<i>Sunset: 5:46PM</i>	Plava 5123
686515464		<b>Rahu</b>	<b>11:52AM - 1:20PM</b>	Visti Until 9:51AM	<b>Nataraja: Purple</b>		Moon 9 - Phase 24 - 21
Creative Work	Amrita Yoga			<b>Ashtami* Until 9:03PM</b>	Moon - Light Blue		Ashtami
					<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>
		<b>Durga Ashtami</b>					

<b>Retreat Star</b>		<b>Thursday, October 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhriti Yoga Balava/Kaulava Karana Navamyam Titau			Yangon, Myanmar
Makara Rasi: 7.25	Tithi 9	<b>Gulika</b>	<b>8:55AM - 10:23AM</b>	<b>Uttarashadha Until 10:22AM</b>	<b>Ganesha: Clear</b>	<i>Sunrise: 5:58AM</i>	Sun 22 Sutra 186
		Yama	5:58AM - 7:26AM	Dhriti Until 2:42AM Fri	<b>Muruqa: White</b>	<i>Sunset: 5:46PM</i>	Plava 5123
686515464		<b>Rahu</b>	<b>1:20PM - 2:49PM</b>	Balava Until 8:24AM	<b>Nataraja: Purple</b>		Moon 9 - Phase 24 - 22
Routine Work	Marana Yoga			<b>Navami* Until 7:50PM</b>	Moon - Light Blue		Navami
Until 10:22AM					<b>Ashvina+Puratasi</b>		<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Saraswathi Puja (Tamil Nadu)</b>					


<b>1</b>		<b>Friday, October 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Shula* Yoga Tailila/Gara Karana Dashamyam Titau				Yangon, Myanmar
Makara Rasi: 20.58	Tithi 10			<b>Gulika</b> 7:26AM – 8:55AM	<b>Shravana Until 10:13AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 23 Sutra 187
				Yama 2:48PM – 4:16PM	Shula* Until 1:00AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 5:45PM	Plava 5123
		697515464		<b>Rahu</b> 10:23AM – 11:51AM	Taitila Until 7:23AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 23
Routine Work	Marana Yoga				<b>Dashami Until 7:01PM</b>	Moon – Purple		4th Phase
Until 10:13AM						<b>Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga						<b>Ashvina+Puratasi</b>		

<b>2</b>		<b>Saturday, October 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Ganda* Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar
Kumbha Rasi: 4.16	Tithi 11			<b>Gulika</b> 5:58AM – 7:26AM	<b>Dhanishtha Until 10:20AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 24 Sutra 188
				Yama 1:19PM – 2:48PM	Ganda* Until 11:39PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:44PM	Plava 5123
		697515464		<b>Rahu</b> 8:55AM – 10:23AM	Vanija Until 6:48AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 24
Creative Work	Siddha Yoga				<b>Ekadashi Until 6:38PM</b>	Moon – Purple		4th Phase
Until 10:20AM						<b>Subha Sivaloka Day</b>		
Then Creative Work - Amrita Yoga						<b>Ashvina+Puratasi</b>		

<b>3</b>		<b>Sunday, October 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaprosnthapada* Nakshatra Vriddhi Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar
Kumbha Rasi: 17.22	Tithi 12			<b>Gulika</b> 2:47PM – 4:15PM	<b>Shatabhishak Until 10:43AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	Sun 25 Sutra 189
				Yama 11:51AM – 1:19PM	Vriddhi Until 10:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:44PM	Plava 5123
		697515464		<b>Rahu</b> 4:15PM – 5:44PM	Bava Until 6:37AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 25
Creative Work	Siddha Yoga				<b>Dvadashi Until 6:40PM</b>	Moon – Purple		4th Phase
Until 11:48AM						<b>Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga						<b>Ashvina+Aipasi</b>		

<b>4</b>		<b>Monday, October 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Purvaprosnthapada*Uttaraprosnthapada Nakshatra Dhruva Yoga Kaulava/Tailila Karana Trayodashyam Titau				Yangon, Myanmar
Meena Rasi: 0.14	Tithi 13			<b>Gulika</b> 1:19PM – 2:47PM	<b>Purvaprosnthapada* Until 11:48AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	Sun 26 Sutra 190
<b>Family Home Evening</b>				Yama 10:23AM – 11:51AM	Dhruva Until 9:56PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:43PM	Plava 5123
Routine Work	Marana Yoga	617515464		<b>Rahu</b> 7:27AM – 8:55AM	Kaulava Until 6:52AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 26
Until 11:48AM					<b>Trayodashi Until 7:08PM</b>	Moon – Clear		4th Phase
Then Creative Work - Siddha Yoga						<b>Subha Sivaloka Day</b>		
						<b>Ashvina+Aipasi</b>		
						<i>Pradosha Vrata</i>		

<b>5</b>		<b>Tuesday, October 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraprosnthapada/Revati Nakshatra Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar
Meena Rasi: 12.54	Tithi 14			<b>Gulika</b> 11:51AM – 1:19PM	<b>Uttaraprosnthapada Until 1:11PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	Sun 27 Sutra 191
				Yama 8:55AM – 10:23AM	Vyaghata* Until 9:35PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:42PM	Plava 5123
		617515464		<b>Rahu</b> 2:46PM – 4:14PM	Gara Until 7:33AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - 27
Creative Work	Amrita Yoga				<b>Chaturdashi* Until 8:03PM</b>	Moon – Clear		4th Phase
Until 1:11PM						<b>Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga						<b>Ashvina+Aipasi</b>		

		<b>Wednesday, October 20, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar
<b>Copper Retreat Star</b>				<b>Gulika</b> 10:23AM – 11:50AM	<b>Revati Until 2:50PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM	Sutra 192
Meena Rasi: 25.22	Tithi 15			Yama 7:27AM – 8:55AM	Harshana Until 9:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:42PM	Plava 5123
		617515464		<b>Rahu</b> 11:50AM – 1:18PM	Visti Until 8:42AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - Purnima
Routine Work	Marana Yoga				<b>Purnima* Until 9:26PM</b>	Moon – Clear		
Until 5:15PM						<b>Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga						<b>Ashvina+Aipasi</b>		

<b>Thursday, October 21, 2021</b>		<b>Silver Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar
<b>Silver Retreat Star</b>				<b>Gulika</b> 8:55AM – 10:23AM	<b>Ashvini Until 5:15PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Sutra 193
Mesha Rasi: 7.38	Tithi 16			Yama 5:59AM – 7:27AM	Vajra* Until 9:57PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:41PM	Plava 5123
		627515464		<b>Rahu</b> 1:18PM – 2:46PM	Balava Until 10:19AM	<b>Nataraja:</b> Purple		Moon 9 - Phase 25 - Prathama
Creative Work	Amrita Yoga				<b>Prathama* Until 11:16PM</b>	Moon – White		
Until 5:15PM						<b>Subha Subha Sivaloka Day</b>		
Then Creative Work - Siddha Yoga						<b>Ashvina+Aipasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda





**Friday, October 22, 2021**  
**Gold Retreat Star**

Mesha Rasi: 19.43 Tithi 17  
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Bharani Nakshatra Siddhi Yoga Tailila/Gara Karana Dvitiyayam Titau

**Gulika** 7:27AM – 8:55AM  
**Yama** 2:45PM – 4:13PM  
**Rahu** 10:22AM – 11:50AM

**Bharani Until 7:55PM**  
Siddhi Until 10:37PM  
Tailila Until 12:22PM  
**Dvitiya Until 1:31AM Sat**

Yangon, Myanmar  
Sun 1 Sutra 194  
Plava 5123  
Moon 10 - Phase 26 - 1  
1st Phase

**Ganesha:** Clear *Sunrise: 6:00AM*  
**Muruqa:** White *Sunset: 5:40PM*  
**Nataraja:** Purple  
Moon – White

**Subha Sivaloka Day**  
**Ashvina•Aipasi**

**1**

**Saturday, October 23, 2021**

Vrishabha Rasi: 1.4 Tithi 18  
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Krittika Nakshatra Vyatipata\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 6:00AM – 7:27AM  
**Yama** 1:17PM – 2:45PM  
**Rahu** 8:55AM – 10:22AM

**Krittika Until 10:43PM**  
Vyatipata\* Until 11:32PM  
Vanija Until 2:47PM  
**Tritiya Until 4:04AM Sun**

Yangon, Myanmar  
Sun 2 Sutra 195  
Plava 5123  
Moon 10 - Phase 26 - 2  
1st Phase

**Ganesha:** Clear *Sunrise: 6:00AM*  
**Muruqa:** White *Sunset: 5:40PM*  
**Nataraja:** Purple  
Moon – White

**Subha Sivaloka Day**  
**Ashvina•Aipasi**

**2**

**Sunday, October 24, 2021**

Vrishabha Rasi: 13.29 Tithi 19  
Creative Work Siddha Yoga  
Until 2:02AM Mon  
Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini Nakshatra Variyan Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 2:45PM – 4:12PM  
**Yama** 11:50AM – 1:17PM  
**Rahu** 4:12PM – 5:39PM

**Rohini Until 2:02AM Mon**  
Variyan Until 12:33AM Mon  
Bava Until 5:26PM  
**Chaturthi\* Until 6:46AM Mon**

Yangon, Myanmar  
Sun 3 Sutra 196  
Plava 5123  
Moon 10 - Phase 26 - 3  
1st Phase

**Ganesha:** Purple *Sunrise: 6:00AM*  
**Muruqa:** White *Sunset: 5:39PM*  
**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**  
**Ashvina•Aipasi**

**3**

**Monday, October 25, 2021**

Vrishabha Rasi: 25.16 Tithi 19 – 20  
**Family Home Evening**  
Creative Work Amrita Yoga  
Until 5:11AM Tue  
Then Routine Work - Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira Nakshatra Parigha\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 1:17PM – 2:44PM  
**Yama** 10:22AM – 11:50AM  
**Rahu** 7:28AM – 8:55AM

**Mrigashira Until 5:11AM Tue**  
Parigha\* Until 1:35AM Tue  
Kaulava Until 8:09PM  
**Chaturthi\* Until 6:46AM**

Yangon, Myanmar  
Sun 4 Sutra 197  
Plava 5123  
Moon 10 - Phase 26 - 4  
1st Phase

**Ganesha:** Purple *Sunrise: 6:01AM*  
**Muruqa:** White *Sunset: 5:39PM*  
**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**  
**Ashvina•Aipasi**

**4**

**Tuesday, October 26, 2021**

Mithuna Rasi: 7.04 Tithi 20 – 21  
Routine Work Marana Yoga  
Until 7:58AM Wed  
Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra Nakshatra Shiva Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 11:50AM – 1:17PM  
**Yama** 8:55AM – 10:22AM  
**Rahu** 2:44PM – 4:11PM

**Ardra Until 7:58AM Wed**  
Shiva Until 2:31AM Wed  
Gara Until 10:43PM  
**Panchami Until 9:27AM**

Yangon, Myanmar  
Sun 5 Sutra 198  
Plava 5123  
Moon 10 - Phase 26 - 5  
1st Phase

**Ganesha:** Purple *Sunrise: 6:01AM*  
**Muruqa:** White *Sunset: 5:38PM*  
**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**  
**Ashvina•Aipasi**

**5**

**Wednesday, October 27, 2021**

Mithuna Rasi: 18.55 Tithi 21 – 22  
Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Siddha Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 10:22AM – 11:49AM  
**Yama** 7:28AM – 8:55AM  
**Rahu** 11:49AM – 1:17PM

**Ardra Until 7:58AM**  
Siddha Until 3:07AM Thu  
Visti Until 12:57AM Thu  
**Shashthi\* Until 11:52AM**

Yangon, Myanmar  
Sun 6 Sutra 199  
Plava 5123  
Moon 10 - Phase 26 - 6  
1st Phase

**Ganesha:** Purple *Sunrise: 6:01AM*  
**Muruqa:** White *Sunset: 5:38PM*  
**Nataraja:** Purple  
Moon – Yellow

**Sivaloka Day**  
**Ashvina•Aipasi**

**D**

**Thursday, October 28, 2021**  
**Retreat Star**

Kataka Rasi: 0.57 Tithi 22 – 23  
Creative Work Amrita Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sadhya Yoga Bava/Balava Karana Saptami/Ashlamyam Titau

**Gulika** 8:55AM – 10:22AM  
**Yama** 6:01AM – 7:28AM  
**Rahu** 1:16PM – 2:43PM

**Punarvasu Until 10:41AM**  
Sadhya Until 3:18AM Fri  
Balava Until 2:37AM Fri  
**Saptami Until 1:51PM**

Yangon, Myanmar  
Sun 7 Sutra 200  
Plava 5123  
Moon 10 - Phase 26 - 7  
Ashtami

**Ganesha:** White *Sunrise: 6:01AM*  
**Muruqa:** Clear *Sunset: 5:37PM*  
**Nataraja:** Purple  
Moon – Blue

**Subha Sivaloka Day**  
**Ashvina•Aipasi**

**Friday, October 29, 2021**  
**Retreat Star**

Kataka Rasi: 13.13 Tithi 23 – 24  
Routine Work Marana Yoga

Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Subha Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

**Gulika** 7:29AM – 8:56AM  
**Yama** 2:43PM – 4:10PM  
**Rahu** 10:22AM – 11:49AM

**Pushya Until 12:38PM**  
Subha Until 2:57AM Sat  
Tailila Until 3:35AM Sat  
**Ashtami\* Until 3:11PM**

Yangon, Myanmar  
Sun 8 Sutra 201  
Plava 5123  
Moon 10 - Phase 26 - 8  
Navami

**Ganesha:** White *Sunrise: 6:02AM*  
**Muruqa:** Clear *Sunset: 5:37PM*  
**Nataraja:** Purple  
Moon – Blue

**Subha Sivaloka Day**  
**Ashvina•Aipasi**

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda


<b>1</b>	<b>Saturday, October 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sukla Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Yangon, Myanmar
	Kataka Rasi: 25.47	Tithi 24 – 25	Gulika 6:02AM – 7:29AM	Ashlesha* <b>Until 1:42PM</b>	Ganesha: White	Sunrise: 6:02AM	Sun 9 Sutra 202
		649525464	Yama 1:16PM – 2:43PM	Sukla Until 1:58AM Sun	Muruqa: Clear	Sunset: 5:36PM	Plava 5123
			Rahu 8:56AM – 10:22AM	Vanija Until 3:44AM Sun	Nataraja: Purple		Moon 10 - Phase 27 - 9
	Routine Work Marana Yoga			Navami* <b>Until 3:45PM</b>	Moon – Blue		2nd Phase
	Until 1:42PM				<b>Subha Sivaloka Day</b>		
	Then Creative Work - Amrita Yoga				Ashvina•Aipasi		

<b>2</b>	<b>Sunday, October 31, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Brahma Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Simha Rasi: 8.46	Tithi 25 – 26	Gulika 2:42PM – 4:09PM	Magha* <b>Until 2:16PM</b>	Ganesha: Yellow	Sunrise: 6:02AM	Sun 10 Sutra 203
		649525464	Yama 11:49AM – 1:16PM	Brahma Until 12:19AM Mon	Muruqa: Clear	Sunset: 5:36PM	Plava 5123
			Rahu 4:09PM – 5:36PM	Bava Until 3:03AM Mon	Nataraja: Purple		Moon 10 - Phase 27 - 10
	Routine Work Marana Yoga			Dashami <b>Until 3:29PM</b>	Moon – Red		2nd Phase
	Until 2:16PM				<b>Sivaloka Day</b>		
	Then Creative Work - Siddha Yoga				Ashvina•Aipasi		

<b>3</b>	<b>Monday, November 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Indra Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Simha Rasi: 22.1	Tithi 26 – 27	Gulika 1:16PM – 2:42PM	Purvaphalguni <b>Until 1:53PM</b>	Ganesha: Yellow	Sunrise: 6:03AM	Sun 11 Sutra 204
<b>Family Home Evening</b>		649525464	Yama 10:23AM – 11:49AM	Indra Until 10:04PM	Muruqa: Clear	Sunset: 5:35PM	Plava 5123
			Rahu 7:29AM – 8:56AM	Kaulava Until 1:35AM Tue	Nataraja: Purple		Moon 10 - Phase 27 - 11
	Creative Work Siddha Yoga			Ekadashi* <b>Until 2:24PM</b>	Moon – Red		2nd Phase
					<b>Sivaloka Day</b>		
					Ashvina•Aipasi		

<b>4</b>	<b>Tuesday, November 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vaidhriti* Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Kanya Rasi: 6.01	Tithi 27 – 28	Gulika 11:49AM – 1:16PM	Uttaraphalguni <b>Until 12:37PM</b>	Ganesha: Yellow	Sunrise: 6:03AM	Sun 12 Sutra 205
		649525464	Yama 8:56AM – 10:23AM	Vaidhriti* <b>Until 7:13PM</b>	Muruqa: Clear	Sunset: 5:35PM	Plava 5123
			Rahu 2:42PM – 4:09PM	Gara Until 11:25PM	Nataraja: Purple		Moon 10 - Phase 27 - 12
	Creative Work Amrita Yoga			Dvadashi* <b>Until 12:33PM</b>	Moon – Red		2nd Phase
	Until 12:37PM				<b>Sivaloka Day</b>		
	Then Creative Work - Siddha Yoga				Ashvina•Aipasi		
					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>	<b>Wednesday, November 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Hasta/Chitra Nakshatra Vishkambha*/Priti* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Kanya Rasi: 20.18	Tithi 28 – 29	Gulika 10:23AM – 11:49AM	Hasta <b>Until 11:00AM</b>	Ganesha: Red	Sunrise: 6:04AM	Sun 13 Sutra 206
		649525464	Yama 7:30AM – 8:56AM	Vishkambha* <b>Until 3:53PM</b>	Muruqa: Clear	Sunset: 5:35PM	Plava 5123
			Rahu 11:49AM – 1:15PM	Visti Until 8:41PM	Nataraja: Purple		Moon 10 - Phase 27 - 13
	Routine Work Marana Yoga			Trayodashi* <b>Until 10:05AM</b>	Moon – Green		2nd Phase
	Until 11:00AM				<b>Sivaloka Day</b>		
	Then Creative Work - Siddha Yoga				Ashvina•Aipasi		
					Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day		

	<b>Thursday, November 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Chitra/Svati Nakshatra Priti/Ayushman Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Yangon, Myanmar
	Tula Rasi: 4.58	Tithi 29 – 30	Gulika 8:57AM – 10:23AM	Chitra <b>Until 8:45AM</b>	Ganesha: Red	Sunrise: 6:04AM	Sun 14 Sutra 207
		649525464	Yama 6:04AM – 7:30AM	Priti <b>Until 12:12PM</b>	Muruqa: Clear	Sunset: 5:34PM	Plava 5123
			Rahu 1:15PM – 2:42PM	Naga <b>Until 3:49AM Fri</b>	Nataraja: Purple		Moon 10 - Phase 27 - 14
	Creative Work Siddha Yoga			Chaturdashi* <b>Until 7:07AM</b>	Moon – Green		Amavasya
	Until 8:45AM				<b>Sivaloka Day</b>		
	Then Creative Work - Amrita Yoga				Ashvina•Aipasi		

<b>Retreat Star</b>	<b>Friday, November 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Ayushman/Saubhagya Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar
	Tula Rasi: 19.53	Tithi 1	Gulika 7:31AM – 8:57AM	Svati <b>Until 6:02AM</b>	Ganesha: Blue	Sunrise: 6:04AM	Sun 15 Sutra 208
		661625464	Yama 2:41PM – 4:08PM	Ayushman <b>Until 8:14AM</b>	Muruqa: Clear	Sunset: 5:34PM	Plava 5123
			Rahu 10:23AM – 11:49AM	Kintughna <b>Until 2:06PM</b>	Nataraja: Purple		Moon 10 - Phase 27 - 15
	Creative Work Siddha Yoga			Prathama* <b>Until 12:19AM Sat</b>	Moon – Green		Prathama
					<b>Devaloka Day</b>		
					Kartika•Aipasi		
					Skanda Shasthi Begins		

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

<b>1</b>		<b>Saturday, November 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha Nakshatra Sobhana Yoga Balava/Kaulava Karana Dvitiyayam Titau	Yangon, Myanmar Sun 16 Sutra 209 Plava 5123
Wrischika Rasi: 4.56	Tithi 2	<b>Gulika</b> 6:05AM – 7:31AM	<b>Anuradha</b> Until 12:41AM Sun	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:05AM	
		Yama 1:15PM – 2:41PM	Sobhana Until 12:06AM Sun	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 - 16
	671625464	<b>Rahu</b> 8:57AM – 10:23AM	Balava Until 10:34AM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work Siddha Yoga			<b>Dvitiya</b> Until 8:48PM	Moon – Orange	<b>Devaloka Day</b>
Until 12:41AM Sun				<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga					
<b>2</b>		<b>Sunday, November 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha* Nakshatra Athiganda* Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau	Yangon, Myanmar Sun 17 Sutra 210 Plava 5123
Wrischika Rasi: 19.59	Tithi 3 – 4	<b>Gulika</b> 2:41PM – 4:07PM	<b>Jyeshtha*</b> Until 9:57PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:05AM	
		Yama 11:49AM – 1:15PM	Athiganda* Until 8:08PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 - 17
	771625464	<b>Rahu</b> 4:07PM – 5:33PM	Taitila Until 7:06AM	<b>Nataraja:</b> Purple	3rd Phase
Routine Work Marana Yoga			<b>Tritiya</b> Until 5:25PM	Moon – Orange	<b>Devaloka Day</b>
Until 9:57PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Amrita Yoga					
<b>3</b>		<b>Monday, November 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Mula* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau	Yangon, Myanmar Sun 18 Sutra 211 Plava 5123
Dhanus Rasi: 4.52	Tithi 4 – 5	<b>Gulika</b> 1:15PM – 2:41PM	<b>Mula*</b> Until 7:48PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:06AM	
<b>Family Home Evening</b>		Yama 10:23AM – 11:49AM	Sukarma Until 4:25PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 - 18
	781625464	<b>Rahu</b> 7:32AM – 8:57AM	Bava Until 12:53AM Tue	<b>Nataraja:</b> Purple	3rd Phase
Creative Work Siddha Yoga			<b>Chaturthi*</b> Until 2:17PM	Moon – Light Blue	<b>Devaloka Day</b>
Until 7:48PM				<b>Kartika•Aipasi</b>	
Then Routine Work - Marana Yoga					
<b>4</b>		<b>Tuesday, November 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau	Yangon, Myanmar Sun 19 Sutra 212 Plava 5123
Dhanus Rasi: 19.3	Tithi 5 – 6	<b>Gulika</b> 11:49AM – 1:15PM	<b>Purvashadha*</b> Until 5:56PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:06AM	
		Yama 8:58AM – 10:24AM	Dhriti Until 1:03PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:33PM	Moon 10 - Phase 28 - 19
	781625464	<b>Rahu</b> 2:41PM – 4:07PM	Kaulava Until 10:25PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work Siddha Yoga			<b>Panchami</b> Until 11:34AM	Moon – Light Blue	<b>Devaloka Day</b>
Until 5:56PM		<b>Skanda Shasthi</b>		<b>Kartika•Aipasi</b>	
Then Routine Work - Prabalarishta Yoga					
<b>5</b>		<b>Wednesday, November 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shula*/Ganda* Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau	Yangon, Myanmar Sun 20 Sutra 213 Plava 5123
Makara Rasi: 3.47	Tithi 6 – 7	<b>Gulika</b> 10:24AM – 11:49AM	<b>Uttarashadha</b> Until 4:28PM	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:07AM	
		Yama 7:32AM – 8:58AM	Shula* Until 10:05AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM	Moon 10 - Phase 28 - 20
	781625464	<b>Rahu</b> 11:49AM – 1:15PM	Gara Until 8:30PM	<b>Nataraja:</b> Purple	3rd Phase
Creative Work Amrita Yoga			<b>Shashthi*</b> Until 9:22AM	Moon – Light Blue	<b>Devaloka Day</b>
Until 4:28PM				<b>Kartika•Aipasi</b>	
Then Creative Work - Siddha Yoga					
<b>Retreat Star</b>		<b>Thursday, November 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Saptami/Ashlamyam Titau	Yangon, Myanmar Sun 21 Sutra 214 Plava 5123
Makara Rasi: 17.42	Tithi 7 – 8	<b>Gulika</b> 8:58AM – 10:24AM	<b>Shravana</b> Until 3:53PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:07AM	
		Yama 6:07AM – 7:33AM	Ganda* Until 7:36AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM	Moon 10 - Phase 28 - 21
	791625464	<b>Rahu</b> 1:15PM – 2:41PM	Visti Until 7:12PM	<b>Nataraja:</b> Purple	Ashtami
Creative Work Siddha Yoga			<b>Saptami</b> Until 7:45AM	Moon – Purple	<b>Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	
<b>Retreat Star</b>		<b>Friday, November 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Dhruva Yoga Bava/Balava Karana Ashtami/Navamyam Titau	Yangon, Myanmar Sun 22 Sutra 215 Plava 5123
Kumbha Rasi: 1.14	Tithi 8 – 9	<b>Gulika</b> 7:33AM – 8:59AM	<b>Dhanishtha</b> Until 3:48PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:07AM	
		Yama 2:41PM – 4:06PM	Dhruva Until 4:10AM Sat	<b>Muruqa:</b> Clear <i>Sunset:</i> 5:32PM	Moon 10 - Phase 28 - 22
	791625464	<b>Rahu</b> 10:24AM – 11:50AM	Balava Until 6:34PM	<b>Nataraja:</b> Purple	Navami
Creative Work Siddha Yoga			<b>Ashtami*</b> Until 6:47AM	Moon – Purple	<b>Sivaloka Day</b>
				<b>Kartika•Aipasi</b>	

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

times are standard time. Calculated for Yangon, Myanmar on 5/23

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<b>1</b>	<b>Saturday, November 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Yangon, Myanmar
	Kumbha Rasi: 14.25	Tithi 9 – 10	791625464	Gulika Yama Rahu	6:08AM – 7:33AM 1:15PM – 2:41PM 8:59AM – 10:24AM	Shatabhishak Until 4:11PM Vyaghata* Until 3:12AM Sun Taitila Until 6:34PM Navami* Until 6:28AM	Sun 23 Sutra 216 Plava 5123 Moon 10 - Phase 29 - 23 4th Phase
Creative Work Amrita Yoga Until 4:11PM Then Routine Work - Marana Yoga			Ganesha: Yellow Muruqa: Clear Nataraja: Purple Moon – Purple Sivaloka Day Karttika-Aipasi				

<b>2</b>	<b>Sunday, November 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Kumbha Rasi: 27.16	Tithi 10 – 11	711625464	Gulika Yama Rahu	2:41PM – 4:06PM 11:50AM – 1:15PM 4:06PM – 5:31PM	Purvaproshtapada* Until 5:28PM Harshana Until 2:41AM Mon Vanija Until 7:10PM Dashami Until 6:46AM	Sun 24 Sutra 217 Plava 5123 Moon 10 - Phase 29 - 24 4th Phase
Creative Work Siddha Yoga Until 5:28PM Then Creative Work - Amrita Yoga			Ganesha: Clear Muruqa: Clear Nataraja: Purple Moon – Clear Sivaloka Day Karttika-Aipasi				

<b>3</b>	<b>Monday, November 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Meena Rasi: 9.52	Tithi 11 – 12	712625464	Gulika Yama Rahu	1:15PM – 2:41PM 10:25AM – 11:50AM 7:34AM – 8:59AM	Uttaraproshtapada Until 7:07PM Vajra* Until 2:32AM Tue Bava Until 8:18PM Ekadashi Until 7:39AM	Sun 25 Sutra 218 Plava 5123 Moon 10 - Phase 29 - 25 4th Phase
Family Home Evening Creative Work Siddha Yoga			Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Clear Subha Sivaloka Day Karttika-Aipasi				

<b>4</b>	<b>Tuesday, November 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Siddhi Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Meena Rasi: 22.14	Tithi 12 – 13	712625464	Gulika Yama Rahu	11:50AM – 1:15PM 9:00AM – 10:25AM 2:41PM – 4:06PM	Revati Until 9:03PM Siddhi Until 2:44AM Wed Kaulava Until 9:54PM Dvadashi Until 9:02AM	Sun 26 Sutra 219 Plava 5123 Moon 10 - Phase 29 - 26 4th Phase
Creative Work Siddha Yoga			Ganesha: White Muruqa: Clear Nataraja: Purple Moon – Clear Subha Sivaloka Day Karttika-Kartikai				

*Pradosha Vrata*

<b>5</b>	<b>Wednesday, November 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Vyatipata* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar
	Mesha Rasi: 4.26	Tithi 13 – 14	722625465	Gulika Yama Rahu	10:25AM – 11:50AM 7:35AM – 9:00AM 11:50AM – 1:16PM	Ashvini Until 11:42PM Vyatipata* Until 3:14AM Thu Gara Until 11:55PM Trayodashi Until 10:51AM	Sun 27 Sutra 220 Plava 5123 Moon 10 - Phase 29 - 27 4th Phase
Routine Work Marana Yoga Until 11:42PM Then Creative Work - Siddha Yoga			Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Devaloka Day Karttika-Kartikai				

<b>○</b>	<b>Thursday, November 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Variyan Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar
	Mesha Rasi: 16.28	Tithi 14 – 15	722625465	Gulika Yama Rahu	9:01AM – 10:26AM 6:10AM – 7:35AM 1:16PM – 2:41PM	Bharani Until 2:29AM Fri Variyan Until 3:57AM Fri Visti Until 2:15AM Fri Chaturdashi* Until 1:01PM	Sun 28 Sutra 221 Plava 5123 Moon 10 - Phase 29 - Purnima
Creative Work Siddha Yoga			Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Devaloka Day Karttika-Kartikai				

<b>○</b>	<b>Friday, November 19, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Parigha* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar
	Mesha Rasi: 28.24	Tithi 15 – 16	722625465	Gulika Yama Rahu	7:36AM – 9:01AM 2:41PM – 4:06PM 10:26AM – 11:51AM	Krittika Until 5:19AM Sat Parigha* Until 4:50AM Sat Balava Until 4:48AM Sat Purnima* Until 3:29PM	Sun 29 Sutra 222 Plava 5123 Moon 10 - Phase 29 - Prathama
Creative Work Siddha Yoga Until 5:19AM Sat Then Creative Work - Amrita Yoga			Krittika Deepam Vinayaga Viratam Begins Ganesha: Clear Muruqa: Clear Nataraja: Clear Moon – White Devaloka Day Karttika-Kartikai				

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda



Saturday, November 20, 2021

Gold Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Rohini Nakshatra Shiva Yoga Kaulava Karana Prathamayam Titau

Yangon, Myanmar

Sutra 223

Plava 5123

Vrishabha Rasi: 10.14 Tithi 16

732625465

Gulika  
Yama  
Rahu

6:11AM – 7:36AM  
1:16PM – 2:41PM  
9:01AM – 10:26AM

Rohini Until 8:37AM Sun  
Shiva Until 5:50AM Sun  
Kaulava Until 6:07PM

Prathama\* Until 6:07PM

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear

Moon – Yellow

Sunrise: 6:11AM  
Sunset: 5:31PM

Moon 11 - Phase 30 -  
1st Phase

Sivaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 8:37AM Sun

Then Creative Work - Siddha Yoga

1

Sunday, November 21, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Siddha Yoga Taitila/Gara Karana Dvitiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 224

Plava 5123

Vrishabha Rasi: 22.02 Tithi 17

732625465

Gulika  
Yama  
Rahu

2:41PM – 4:06PM  
11:51AM – 1:16PM  
4:06PM – 5:31PM

Rohini Until 8:37AM  
Siddha Until 6:49AM Mon  
Taitila Until 7:30AM

Dvitiya Until 8:50PM

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear

Moon – Yellow

Sunrise: 6:12AM  
Sunset: 5:31PM

Moon 11 - Phase 30 - 1  
1st Phase

Sivaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

2

Monday, November 22, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddha/Sadhya Yoga Vanija/Visti\* Karana Tritiyayam Titau

Yangon, Myanmar

Sun 2 Sutra 225

Plava 5123

Mithuna Rasi: 3.5 Tithi 18

732625465

Gulika  
Yama  
Rahu

1:16PM – 2:41PM  
10:27AM – 11:52AM  
7:37AM – 9:02AM

Mrigashira Until 11:44AM  
Siddha Until 6:49AM  
Vanija Until 10:12AM

Tritiya Until 11:30PM

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear

Moon – Yellow

Sunrise: 6:13AM  
Sunset: 5:31PM

Moon 11 - Phase 30 - 2  
1st Phase

Sivaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 11:44AM

Then Creative Work - Siddha Yoga

3

Tuesday, November 23, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 3 Sutra 226

Plava 5123

Mithuna Rasi: 15.4 Tithi 19

732625465

Gulika  
Yama  
Rahu

11:52AM – 1:16PM  
9:02AM – 10:27AM  
2:41PM – 4:06PM

Ardra Until 2:34PM  
Sadhya Until 7:44AM  
Bava Until 12:47PM

Chaturthi\* Until 1:58AM Wed

Ganesha: Purple  
Muruga: Clear  
Nataraja: Clear

Moon – Yellow

Sunrise: 6:13AM  
Sunset: 5:31PM

Moon 11 - Phase 30 - 3  
1st Phase

Sivaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 2:34PM

Then Creative Work - Siddha Yoga

4

Wednesday, November 24, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar

Sun 4 Sutra 227

Plava 5123

Mithuna Rasi: 27.34 Tithi 20

742625465

Gulika  
Yama  
Rahu

10:27AM – 11:52AM  
7:38AM – 9:03AM  
11:52AM – 1:17PM

Punarvasu Until 5:29PM  
Subha Until 8:29AM  
Kaulava Until 3:06PM

Panchami Until 4:06AM Thu

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear

Moon – Blue

Sunrise: 6:14AM  
Sunset: 5:31PM

Moon 11 - Phase 30 - 4  
1st Phase

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

5

Thursday, November 25, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Pushya Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar

Sun 5 Sutra 228

Plava 5123

Kataka Rasi: 9.38 Tithi 21

742625465

Gulika  
Yama  
Rahu

9:03AM – 10:28AM  
6:14AM – 7:39AM  
1:17PM – 2:41PM

Pushya Until 7:49PM  
Sukla Until 8:56AM  
Gara Until 5:01PM

Shashthi\* Until 5:45AM Fri

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear

Moon – Blue

Sunrise: 6:14AM  
Sunset: 5:31PM

Moon 11 - Phase 30 - 5  
1st Phase

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 7:49PM

Then Creative Work - Siddha Yoga

6

Friday, November 26, 2021

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ashlesha\* Nakshatra Brahma/Indra Yoga Visti\* Karana Saptamyam Titau

Yangon, Myanmar

Sun 6 Sutra 229

Plava 5123

Kataka Rasi: 21.53 Tithi 22

742625465

Gulika  
Yama  
Rahu

7:39AM – 9:04AM  
2:42PM – 4:06PM  
10:28AM – 11:53AM

Ashlesha\* Until 9:27PM  
Brahma Until 9:00AM  
Visti Until 6:22PM

Saptami Until 6:46AM Sat

Ganesha: Clear  
Muruga: Clear  
Nataraja: Clear

Moon – Blue

Sunrise: 6:15AM  
Sunset: 5:31PM

Moon 11 - Phase 30 - 6  
1st Phase

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

D

Saturday, November 27, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\* Nakshatra Indra/Vaidhriti\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar

Sun 7 Sutra 230

Plava 5123

Simha Rasi: 4.23 Tithi 22 – 23

752625465

Gulika  
Yama  
Rahu

6:15AM – 7:40AM  
1:17PM – 2:42PM  
9:04AM – 10:29AM

Magha\* Until 10:44PM  
Indra Until 8:37AM  
Balava Until 7:02PM

Saptami Until 6:46AM

Ganesha: White  
Muruga: Clear  
Nataraja: Clear

Moon – Red

Sunrise: 6:15AM  
Sunset: 5:31PM

Moon 11 - Phase 30 - 7  
Ashtami

Sivaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 10:44PM

Then Creative Work - Siddha Yoga

Sunday, November 28, 2021

Retreat Star

Plava Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Vaidhriti\*/Vishkambha\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 8 Sutra 231

Plava 5123

Simha Rasi: 17.15 Tithi 23 – 24

752625465

Gulika  
Yama  
Rahu

2:42PM – 4:06PM  
11:53AM – 1:18PM  
4:06PM – 5:31PM

Purvaphalguni Until 11:07PM  
Vaidhriti\* Until 7:37AM  
Taitila Until 6:56PM

Ashtami\* Until 7:04AM

Ganesha: White  
Muruga: Clear  
Nataraja: Clear

Moon – Red

Sunrise: 6:16AM  
Sunset: 5:31PM

Moon 11 - Phase 30 - 8  
Navami

Sivaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 11:07PM

Then Creative Work - Amrita Yoga

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

times are standard time. Calculated for Yangon, Myanmar on 5/23

www.gurudeva.org/panchang

<b>1</b>	<b>Monday, November 29, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraphalguni Nakshatra Vishkambha*Priti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 9 Sutra 232 Plava 5123
	Kanya Rasi: 0.3	Tithi 24 – 25	Gulika	1:18PM – 2:42PM	<b>Uttaraphalguni Until 10:34PM</b>	Ganesha: Clear	Sunrise: 6:16AM
	Family Home Evening	753625465	Yama	10:29AM – 11:54AM	Vishkambha* Until 6:02AM	Muruga: Clear	Sunset: 5:31PM
	Creative Work	Siddha Yoga	Rahu	7:41AM – 9:05AM	Vanija Until 6:02PM	Nataraja: Clear	Moon 11 - Phase 31 - 9 2nd Phase
			<b>Navami* Until 6:34AM</b>			Moon – Red	<b>Devaloka Day</b>
						Karttika-Karttikai	

<b>2</b>	<b>Tuesday, November 30, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam Hasta Nakshatra Ayushman Yoga Bava/Balava Karana Ekadashyam Titau				Yangon, Myanmar Sun 10 Sutra 233 Plava 5123
	Kanya Rasi: 14.11	Tithi 26	Gulika	11:54AM – 1:18PM	<b>Hasta Until 9:34PM</b>	Ganesha: Yellow	Sunrise: 6:17AM
	763725465		Yama	9:06AM – 10:30AM	Ayushman Until 1:02AM Wed	Muruga: Clear	Sunset: 5:31PM
	Creative Work	Siddha Yoga	Rahu	2:43PM – 4:07PM	Bava Until 4:23PM	Nataraja: Clear	Moon 11 - Phase 31 - 10 2nd Phase
			<b>Ekadashi* Until 3:16AM Wed</b>			Moon – Green	<b>Devaloka Day</b>
						Karttika-Karttikai	

<b>3</b>	<b>Wednesday, December 1, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Chitra Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Dvadashyam Titau				Yangon, Myanmar Sun 11 Sutra 234 Plava 5123
	Kanya Rasi: 28.2	Tithi 27	Gulika	10:30AM – 11:54AM	<b>Chitra Until 7:47PM</b>	Ganesha: Yellow	Sunrise: 6:18AM
	763725465		Yama	7:42AM – 9:06AM	Saubhagya Until 9:42PM	Muruga: Clear	Sunset: 5:31PM
	Creative Work	Siddha Yoga	Rahu	11:54AM – 1:19PM	Kaulava Until 2:02PM	Nataraja: Clear	Moon 11 - Phase 31 - 11 2nd Phase
			<b>Dvadashi* Until 12:32AM Thu</b>			Moon – Green	<b>Devaloka Day</b>
						Karttika-Karttikai	

<b>4</b>	<b>Thursday, December 2, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Svati/Vishakha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Trayodashyam Titau				Yangon, Myanmar Sun 12 Sutra 235 Plava 5123
	Tula Rasi: 12.55	Tithi 28	Gulika	9:07AM – 10:31AM	<b>Svati Until 5:19PM</b>	Ganesha: Yellow	Sunrise: 6:18AM
	763725465		Yama	6:18AM – 7:42AM	Sobhana Until 5:58PM	Muruga: Clear	Sunset: 5:31PM
	Creative Work	Amrita Yoga	Rahu	1:19PM – 2:43PM	Gara Until 11:06AM	Nataraja: Clear	Moon 11 - Phase 31 - 12 2nd Phase
			<b>Trayodashi* Until 9:28PM</b>			Moon – Green	<b>Devaloka Day</b>
						Karttika-Karttikai	
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Friday, December 3, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Vishakha/Anuradha Nakshatra Athiganda*/Sukarma Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Yangon, Myanmar Sun 13 Sutra 236 Plava 5123
	Tula Rasi: 27.5	Tithi 29 – 30	Gulika	7:43AM – 9:07AM	<b>Vishakha Until 2:44PM</b>	Ganesha: Red	Sunrise: 6:19AM
	773725465		Yama	2:43PM – 4:07PM	Athiganda* Until 1:54PM	Muruga: Clear	Sunset: 5:32PM
	Creative Work	Siddha Yoga	Rahu	10:31AM – 11:55AM	Visti Until 7:45AM	Nataraja: Clear	Moon 11 - Phase 31 - 13 2nd Phase
			<b>Chaturdashi* Until 5:57PM</b>			Moon – Orange	<b>Devaloka Day</b>
						Karttika-Karttikai	

	<b>Saturday, December 4, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Sukarma/Dhriti Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 14 Sutra 237 Plava 5123	
	<b>Retreat Star</b>		Vrischika Rasi: 12.59	Tithi 30 – 1	Gulika	6:19AM – 7:43AM	<b>Anuradha Until 11:47AM</b>	Ganesha: Red
			773725465		Yama	1:20PM – 2:44PM	Sukarma Until 9:39AM	Muruga: Clear
	Creative Work	Siddha Yoga			Rahu	9:07AM – 10:32AM	Kintughna Until 12:23AM Sun	Nataraja: Clear
			<b>Amavasya* Until 2:14PM</b>			Moon – Orange	<b>Devaloka Day</b>	
						Karttika-Karttikai		

<b>Retreat Star</b>	<b>Sunday, December 5, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Shula* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Yangon, Myanmar Sun 15 Sutra 238 Plava 5123
	Vrischika Rasi: 28.13	Tithi 1 – 2	Gulika	2:44PM – 4:08PM	<b>Jyeshtha* Until 8:40AM</b>	Ganesha: Red	Sunrise: 6:20AM
	773725465		Yama	11:56AM – 1:20PM	Shula* Until 1:07AM Mon	Muruga: Clear	Sunset: 5:32PM
	Routine Work	Marana Yoga	Rahu	4:08PM – 5:32PM	Balava Until 8:41PM	Nataraja: Clear	Moon 11 - Phase 31 - 15 Prathama
			<b>Prathama* Until 10:30AM</b>			Moon – Orange	<b>Devaloka Day</b>
						Margasira-Karttikai	
			Then Creative Work - Amrita Yoga				

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331

<b>Monday, December 6, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Ganda* Yoga Kaulava/Gara Karana Dvitiya/Tritiyayam Titau				Yangon, Myanmar Sun 16 Sutra 239 Plava 5123
<b>1</b>	Dhanus Rasi: 13.22 Family Home Evening Routine Work Marana Yoga Until 3:20AM Tue Then Routine Work - Prabalarishta Yoga	Tithi 2 - 3 783725465	<b>Gulika</b> 1:20PM - 2:44PM Yama 10:32AM - 11:56AM <b>Rahu</b> 7:45AM - 9:08AM	<b>Purvashadha* Until 3:20AM Tue</b> Ganda* Until 9:05PM Gara Until 3:35AM Tue <b>Dvitiya Until 6:54AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue <b>Margasira-Karttikai</b>	Sunrise: 6:21AM Sunset: 5:32PM Moon 11 - Phase 32 - 16 3rd Phase <b>Devaloka Day</b>
<b>Tuesday, December 7, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Chaturthyam Titau				Yangon, Myanmar Sun 17 Sutra 240 Plava 5123
<b>2</b>	Dhanus Rasi: 28.17 Routine Work Prabalarishta Yoga Until 1:03AM Wed Then Creative Work - Siddha Yoga	Tithi 4 783725465	<b>Gulika</b> 11:57AM - 1:21PM Yama 9:09AM - 10:33AM <b>Rahu</b> 2:45PM - 4:09PM	<b>Uttarashadha Until 1:03AM Wed</b> Vriddhi Until 5:24PM Vanija Until 2:06PM <b>Chaturthi* Until 12:43AM Wed</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Light Blue <b>Margasira-Karttikai</b>	Sunrise: 6:21AM Sunset: 5:32PM Moon 11 - Phase 32 - 17 3rd Phase <b>Devaloka Day</b>
<b>Wednesday, December 8, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Shravana Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 241 Plava 5123
<b>3</b>	Makara Rasi: 12.52 Creative Work Siddha Yoga Until 11:39PM Then Routine Work - Prabalarishta Yoga	Tithi 5 793725465	<b>Gulika</b> 10:33AM - 11:57AM Yama 7:46AM - 9:10AM <b>Rahu</b> 11:57AM - 1:21PM	<b>Shravana Until 11:39PM</b> Dhruva Until 2:07PM Bava Until 11:31AM <b>Panchami Until 10:26PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Purple <b>Margasira-Karttikai</b>	Sunrise: 6:22AM Sunset: 5:33PM Moon 11 - Phase 32 - 18 3rd Phase <b>Sivaloka Day</b>
<b>Thursday, December 9, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Kaulava/Taitila Karana Shashthyam Titau				Yangon, Myanmar Sun 19 Sutra 242 Plava 5123
<b>4</b>	Makara Rasi: 27.01 Creative Work Siddha Yoga	Tithi 6 793725465	<b>Gulika</b> 9:10AM - 10:34AM Yama 6:22AM - 7:46AM <b>Rahu</b> 1:22PM - 2:45PM	<b>Dhanishtha Until 10:48PM</b> Vyaghata* Until 11:24AM Kaulava Until 9:35AM <b>Shashthi* Until 8:53PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Purple <b>Margasira-Karttikai</b>	Sunrise: 6:22AM Sunset: 5:33PM Moon 11 - Phase 32 - 19 3rd Phase <b>Sivaloka Day</b>
<b>Vinayaga Viratam Ends</b>						
<b>Friday, December 10, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 243 Plava 5123
<b>5</b>	Kumbha Rasi: 10.43 Creative Work Siddha Yoga	Tithi 7 793725465	<b>Gulika</b> 7:47AM - 9:11AM Yama 2:46PM - 4:10PM <b>Rahu</b> 10:34AM - 11:58AM	<b>Shatabhishak Until 10:35PM</b> Harshana Until 9:18AM Gara Until 8:25AM <b>Saptami Until 8:07PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Purple <b>Margasira-Karttikai</b>	Sunrise: 6:23AM Sunset: 5:33PM Moon 11 - Phase 32 - 20 3rd Phase <b>Sivaloka Day</b>
<b>Saturday, December 11, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Visti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 244 Plava 5123
<b>Retreat Star</b>	Kumbha Rasi: 23.57 Routine Work Marana Yoga Until 11:27PM Then Creative Work - Siddha Yoga	Tithi 8 713725465	<b>Gulika</b> 6:23AM - 7:47AM Yama 1:22PM - 2:46PM <b>Rahu</b> 9:11AM - 10:35AM	<b>Purvaproshtapada* Until 11:27PM</b> Vajra* Until 7:49AM Visti Until 8:03AM <b>Ashtami* Until 8:10PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Margasira-Karttikai</b>	Sunrise: 6:23AM Sunset: 5:34PM Moon 11 - Phase 32 - 21 Ashtami <b>Sivaloka Day</b>
<b>Sunday, December 12, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Siddhi/Vyalipata* Yoga Balava/Kaulava Karana Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 245 Plava 5123
<b>Retreat Star</b>	Meena Rasi: 6.47 Creative Work Amrita Yoga Until 12:56AM Mon Then Creative Work - Siddha Yoga	Tithi 9 713725465	<b>Gulika</b> 2:47PM - 4:10PM Yama 11:59AM - 1:23PM <b>Rahu</b> 4:10PM - 5:34PM	<b>Uttaraproshtapada Until 12:56AM Mon</b> Siddhi Until 6:58AM Balava Until 8:31AM <b>Navami* Until 9:00PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon - Clear <b>Margasira-Karttikai</b>	Sunrise: 6:24AM Sunset: 5:34PM Moon 11 - Phase 32 - 22 Navami <b>Sivaloka Day</b>

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda


<b>1</b>	<b>Monday, December 13, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Vyatipata*/Varyan Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar
	Meena Rasi: 19.16	Tithi 10	<b>Gulika</b> 1:23PM – 2:47PM	<b>Revati Until 2:52AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	Sun 23 Sutra 246
	<b>Family Home Evening</b>	714725465	Yama 10:36AM – 12:00PM	Vyatipata* Until 6:41AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:34PM	Plava 5123
	Creative Work Siddha Yoga		<b>Rahu</b> 7:48AM – 9:12AM	Taitila Until 9:42AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33 - 23 4th Phase
			<b>Dashami Until 10:31PM</b>	<b>Margasira-Karttikai</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Tuesday, December 14, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Varyan/Parigha* Yoga Vanija/Visti* Karana Ekadashyam Titau				Yangon, Myanmar
	Mesha Rasi: 1.29	Tithi 11	<b>Gulika</b> 12:00PM – 1:24PM	<b>Ashvini Until 5:38AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	Sun 24 Sutra 247
		724725465	Yama 9:13AM – 10:36AM	Variyan Until 6:52AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Plava 5123
	Creative Work Siddha Yoga		<b>Rahu</b> 2:47PM – 4:11PM	Vanija Until 11:31AM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33 - 24 4th Phase
		<b>Gita Jayanthi</b>	<b>Ekadashi Until 12:35AM Wed</b>	<b>Margasira-Karttikai</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Wednesday, December 15, 2021</b>		Plava Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Dvadashyam Titau				Yangon, Myanmar
	Mesha Rasi: 13.3	Tithi 12	<b>Gulika</b> 10:37AM – 12:00PM	<b>Bharani Until 8:34AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:26AM	Sun 25 Sutra 248
		724725465	Yama 7:49AM – 9:13AM	Parigha* Until 7:26AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:35PM	Plava 5123
	Creative Work Siddha Yoga		<b>Rahu</b> 12:00PM – 1:24PM	Bava Until 1:48PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33 - 25 4th Phase
			<b>Dvadashi Until 3:03AM Thu</b>	<b>Margasira-Karttikai</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
						Then Routine Work - Marana Yoga	

<b>4</b>	<b>Thursday, December 16, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Shiva/Siddha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar
	Mesha Rasi: 25.23	Tithi 13	<b>Gulika</b> 9:14AM – 10:37AM	<b>Bharani Until 8:34AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	Sun 26 Sutra 249
		824725465	Yama 6:26AM – 7:50AM	Shiva Until 8:16AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Plava 5123
	Creative Work Siddha Yoga		<b>Rahu</b> 1:25PM – 2:48PM	Kaulava Until 4:23PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33 - 26 4th Phase
		<b>Markali Pillaiyar</b>	<b>Trayodashi Until 5:43AM Fri</b>	<b>Margasira-Markali</b>		<b>Devaloka Day</b>	
			<i>Pradosha Vrata</i>			Then Routine Work - Marana Yoga	

<b>5</b>	<b>Friday, December 17, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Siddha/Sadhya Yoga Gara Karana Chaturdashyam Titau				Yangon, Myanmar
	Vrishabha Rasi: 7.12	Tithi 14	<b>Gulika</b> 7:51AM – 9:14AM	<b>Krittika Until 11:30AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	Sun 27 Sutra 250
		824725465	Yama 2:49PM – 4:12PM	Siddha Until 9:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:36PM	Plava 5123
	Creative Work Siddha Yoga		<b>Rahu</b> 10:38AM – 12:01PM	Gara Until 7:06PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33 - 27 4th Phase
			<b>Chaturdashi* Until 8:27AM Sat</b>	<b>Margasira-Markali</b>		<b>Devaloka Day</b>	
						Then Routine Work - Marana Yoga	

	<b>Saturday, December 18, 2021</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar
	<b>Copper Retreat Star</b>		<b>Gulika</b> 6:27AM – 7:51AM	<b>Rohini Until 2:49PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM	Sutra 251
	Vrishabha Rasi: 18.59	Tithi 14 – 15	Yama 1:26PM – 2:49PM	Sadhya Until 10:11AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM	Plava 5123
		834725465	<b>Rahu</b> 9:15AM – 10:38AM	Visti Until 9:50PM	<b>Nataraja:</b> Clear		Moon 11 - Phase 33 - Purnima
			<b>Chaturdashi* Until 8:27AM</b>	<b>Margasira-Markali</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
						Then Creative Work - Siddha Yoga	

<b>Sunday, December 19, 2021</b>	<b>Silver Retreat Star</b>		Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Subha/Sukla Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar
	<b>Silver Retreat Star</b>		<b>Gulika</b> 2:50PM – 4:13PM	<b>Mrigashira Until 5:53PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	Sutra 252
	Mithuna Rasi: 0.47	Tithi 15 – 16	Yama 12:02PM – 1:26PM	Subha Until 11:09AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:37PM	Plava 5123
		834725465	<b>Rahu</b> 4:13PM – 5:37PM	Balava Until 12:26AM Mon	<b>Nataraja:</b> Clear		Moon 11 - Phase 33 - Prathama
			<b>Purnima* Until 11:08AM</b>	<b>Margasira-Markali</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
						Creative Work Siddha Yoga	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda





Monday, December 20, 2021

Gold Retreat Star

Mithuna Rasi: 12.39 Tithi 16 - 17

Family Home Evening 834725465

Creative Work Siddha Yoga

Until 8:36PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Ardra Nakshatra Sukla/Brahma Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 253

Plava 5123

Gulika 1:27PM - 2:50PM Ardra Until 8:36PM

Yama 10:39AM - 12:03PM Sukla Until 11:57AM

Rahu 7:52AM - 9:16AM Taitila Until 2:51AM Tue

Prathama\* Until 1:39PM

Ganesha: White Sunrise: 6:28AM

Muruqa: Clear Sunset: 5:37PM

Nataraja: Clear

Moon - Yellow

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 1st Phase

1st Phase

1st Phase

1st Phase

1st Phase

1

Tuesday, December 21, 2021

Mithuna Rasi: 24.35 Tithi 17 - 18

844725465

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Punarvasu Nakshatra Brahma/Indra Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1

Sutra 254

Plava 5123

Gulika 12:03PM - 1:27PM Punarvasu Until 11:24PM

Yama 9:16AM - 10:40AM Brahma Until 12:35PM

Rahu 2:51PM - 4:14PM Vanija Until 4:58AM Wed

Dvitiya Until 3:55PM

Ganesha: Clear Sunrise: 6:29AM

Muruqa: Clear Sunset: 5:38PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Moon 12 - Phase 34 - 1

1st Phase

1st Phase

1st Phase

1st Phase

2

Wednesday, December 22, 2021

Kataka Rasi: 6.39 Tithi 18 - 19

844725465

Creative Work Siddha Yoga

Plava Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya Nakshatra Indra/Vaidhriti\* Yoga Vistil\*/Bava Karana Tritiya/Chaturthyam Titau

Yangon, Myanmar

Sun 2

Sutra 255

Plava 5123

Gulika 10:40AM - 12:04PM Pushya Until 1:43AM Thu

Yama 7:53AM - 9:17AM Indra Until 1:01PM

Rahu 12:04PM - 1:28PM Bava Until 6:45AM Thu

Tritiya Until 5:53PM

Ganesha: Clear Sunrise: 6:29AM

Muruqa: Clear Sunset: 5:38PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Moon 12 - Phase 34 - 2

1st Phase

1st Phase

1st Phase

1st Phase

3

Thursday, December 23, 2021

Kataka Rasi: 18.5 Tithi 19

844725465

Creative Work Siddha Yoga

Until 3:31AM Fri

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 3

Sutra 256

Plava 5123

Gulika 9:17AM - 10:41AM Ashlesha\* Until 3:31AM Fri

Yama 6:30AM - 7:54AM Vaidhriti\* Until 1:09PM

Rahu 1:28PM - 2:52PM Bava Until 6:45AM

Chaturthi\* Until 7:28PM

Ganesha: Clear Sunrise: 6:30AM

Muruqa: Clear Sunset: 5:39PM

Nataraja: Clear

Moon - Blue

Margasira-Markali

Devaloka Day

Moon 12 - Phase 34 - 3

1st Phase

1st Phase

1st Phase

1st Phase

4

Friday, December 24, 2021

Simha Rasi: 1.12 Tithi 20

854725465

Routine Work Marana Yoga

Until 5:10AM Sat

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\* Nakshatra Vishkambha\*/Priti Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar

Sun 4

Sutra 257

Plava 5123

Gulika 7:54AM - 9:18AM Magha\* Until 5:10AM Sat

Yama 2:52PM - 4:16PM Vishkambha\* Until 12:58PM

Rahu 10:41AM - 12:05PM Kaulava Until 8:07AM

Panchami Until 8:36PM

Ganesha: Purple Sunrise: 6:30AM

Muruqa: Clear Sunset: 5:39PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 4

1st Phase

1st Phase

1st Phase

1st Phase

5

Saturday, December 25, 2021

Simha Rasi: 13.46 Tithi 21

855825465

Creative Work Siddha Yoga

Until 6:07AM Sun

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar

Sun 5

Sutra 258

Plava 5123

Gulika 6:31AM - 7:55AM Purvaphalguni Until 6:07AM Sun

Yama 1:29PM - 2:53PM Priti Until 12:25PM

Rahu 9:18AM - 10:42AM Gara Until 9:00AM

Shashthi\* Until 9:13PM

Ganesha: Purple Sunrise: 6:31AM

Muruqa: Clear Sunset: 5:40PM

Nataraja: Clear

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 5

1st Phase

1st Phase

1st Phase

1st Phase

6

Sunday, December 26, 2021

Simha Rasi: 26.35 Tithi 22

855825466

Creative Work Siddha Yoga

Until 6:07AM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Ayushman/Saubhagya Yoga Vistil\*/Bava Karana Saptamyam Titau

Yangon, Myanmar

Sun 6

Sutra 259

Plava 5123

Gulika 2:53PM - 4:17PM Purvaphalguni Until 6:07AM

Yama 12:06PM - 1:30PM Ayushman Until 11:24AM

Rahu 4:17PM - 5:41PM Vistil Until 9:19AM

Saptami Until 9:13PM

Ganesha: Purple Sunrise: 6:31AM

Muruqa: Clear Sunset: 5:41PM

Nataraja: Orange

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 6

1st Phase

1st Phase

1st Phase

1st Phase

D

Monday, December 27, 2021

Retreat Star

Kanya Rasi: 9.43 Tithi 23

855825466

Family Home Evening

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Ashtamyam Titau

Yangon, Myanmar

Sun 7

Sutra 260

Plava 5123

Gulika 1:30PM - 2:54PM Uttaraphalguni Until 6:20AM

Yama 10:43AM - 12:06PM Saubhagya Until 9:54AM

Rahu 7:55AM - 9:19AM Balava Until 9:00AM

Ashtami\* Until 8:34PM

Ganesha: Purple Sunrise: 6:32AM

Muruqa: Clear Sunset: 5:41PM

Nataraja: Orange

Moon - Red

Margasira-Markali

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Moon 12 - Phase 34 - 7

Ashtami

Ashtami

Ashtami

Ashtami

Tuesday, December 28, 2021

Retreat Star

Kanya Rasi: 23.13 Tithi 24

865825466

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta/Chitra Nakshatra Sobhana/Athiganda\* Yoga Taitila/Gara Karana Navamyam Titau

Yangon, Myanmar

Sun 8

Sutra 261

Plava 5123

Gulika 12:07PM - 1:31PM Hasta Until 6:10AM

Yama 9:20AM - 10:43AM Sobhana Until 7:53AM

Rahu 2:54PM - 4:18PM Taitila Until 8:00AM

Navami\* Until 7:14PM

Ganesha: Clear Sunrise: 6:32AM

Muruqa: Clear Sunset: 5:42PM

Nataraja: Orange

Moon - Green

Margasira-Markali

Devaloka Day

Moon 12 - Phase 34 - 8

Navami

Navami

Navami

Navami

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

times are standard time. Calculated for Yangon, Myanmar on 5/23


www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, December 29, 2021</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Svati Nakshatra Sukarma Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau	Yangon, Myanmar Sun 9 Sutra 262 Plava 5123
	Tula Rasi: 7.07      Tithi 25 – 26	<b>Gulika</b> 10:44AM – 12:07PM <b>Yama</b> 7:56AM – 9:20AM <b>Rahu</b> 12:07PM – 1:31PM	<b>Svati Until 3:30AM Thu</b> Sukarma Until 2:16AM Thu Vanija Until 6:20AM Dashami Until 5:15PM
	865825466	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:42PM <b>Nataraja:</b> Orange Moon – Green	<b>Devaloka Day</b>
	Creative Work      Siddha Yoga		<b>Margasira*Markali</b>

<b>2</b>	<b>Thursday, December 30, 2021</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Dhriti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Yangon, Myanmar Sun 10 Sutra 263 Plava 5123
	Tula Rasi: 21.25      Tithi 26 – 27	<b>Gulika</b> 9:21AM – 10:44AM <b>Yama</b> 6:33AM – 7:57AM <b>Rahu</b> 1:32PM – 2:55PM	<b>Vishakha Until 1:32AM Fri</b> Dhriti Until 10:47PM Kaulava Until 1:14AM Fri Ekadashi* Until 2:41PM
	875825466	<b>Ganesha:</b> White <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Orange Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work      Siddha Yoga		<b>Margasira*Markali</b>

<b>3</b>	<b>Friday, December 31, 2021</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha Nakshatra Shula* Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau	Yangon, Myanmar Sun 11 Sutra 264 Plava 5123
	Vrischika Rasi: 6.05      Tithi 27 – 28	<b>Gulika</b> 7:57AM – 9:21AM <b>Yama</b> 2:56PM – 4:20PM <b>Rahu</b> 10:45AM – 12:08PM	<b>Anuradha Until 11:00PM</b> Shula* Until 6:55PM Gara Until 9:59PM Dvadashi* Until 11:38AM
	875825466	<b>Ganesha:</b> White <i>Sunrise:</i> 6:33AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:43PM <b>Nataraja:</b> Orange Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work      Siddha Yoga Until 11:00PM Then Routine Work - Marana Yoga		<b>Margasira*Markali</b> <i>Pradosha Vrata (Fasting)</i>

<b>4</b>	<b>Saturday, January 1, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Yangon, Myanmar Sun 12 Sutra 265 Plava 5123
	Vrischika Rasi: 21.02      Tithi 28 – 29	<b>Gulika</b> 6:34AM – 7:58AM <b>Yama</b> 1:33PM – 2:56PM <b>Rahu</b> 9:21AM – 10:45AM	<b>Jyeshtha* Until 8:05PM</b> Ganda* Until 2:50PM Visti Until 6:29PM Trayodashi* Until 8:15AM
	875825466	<b>Ganesha:</b> White <i>Sunrise:</i> 6:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Orange Moon – Orange	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work      Siddha Yoga		<b>Margasira*Markali</b>

	<b>Sunday, January 2, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vridhhi/Dhruva Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Yangon, Myanmar Sun 13 Sutra 266 Plava 5123
	<b>Retreat Star</b> Dhanus Rasi: 6.1      Tithi 30	<b>Gulika</b> 2:57PM – 4:21PM <b>Yama</b> 12:09PM – 1:33PM <b>Rahu</b> 4:21PM – 5:44PM	<b>Mula* Until 5:20PM</b> Vridhhi Until 10:38AM Catuspada Until 2:51PM Amavasya* Until 1:02AM Mon
	885825466	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:44PM <b>Nataraja:</b> Orange Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Creative Work      Amrita Yoga Until 5:20PM Then Creative Work - Siddha Yoga	<b>Hanumath Jayanthi (Tamil Nadu)</b>	<b>Margasira*Markali</b>

<b>Retreat Star</b>	<b>Monday, January 3, 2022</b>	Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Kintughna*/Bava Karana Prathamayam Titau	Yangon, Myanmar Sun 14 Sutra 267 Plava 5123
	Dhanus Rasi: 21.18      Tithi 1	<b>Gulika</b> 1:34PM – 2:57PM <b>Yama</b> 10:46AM – 12:10PM <b>Rahu</b> 7:58AM – 9:22AM	<b>Purvashadha* Until 2:31PM</b> Dhruva Until 6:25AM Kintughna Until 11:16AM Prathama* Until 9:32PM
	885825466	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:35AM <b>Muruqa:</b> Clear <i>Sunset:</i> 5:45PM <b>Nataraja:</b> Orange Moon – Light Blue	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
	Family Home Evening Routine Work      Marana Yoga		<b>Pausha*Markali</b>

<b>1</b>		<b>Tuesday, January 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Harshana Yoga Balava/Kaulava Karana Dvitiyayam Titau			Yangon, Myanmar Sun 15 Sutra 268 Plava 5123
Makara Rasi: 6.19	Tithi 2	<b>Gulika</b> 12:10PM – 1:34PM	<b>Uttarashadha</b> Until 11:48AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:46PM
		Yama 9:23AM – 10:46AM	Harshana Until 10:36PM	<b>Nataraja:</b> Orange		Moon – Light Blue	Moon 12 - Phase 36 - 15
		896825466 <b>Rahu</b> 2:58PM – 4:22PM	Balava Until 7:55AM	<b>Devaloka Day</b>			3rd Phase
Routine Work	Prabalarishta Yoga		<b>Dvitiya</b> Until 6:21PM	<b>Pausha-Markali</b>			
Until 11:48AM							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Wednesday, January 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vajra* Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau			Yangon, Myanmar Sun 16 Sutra 269 Plava 5123
Makara Rasi: 21.02	Tithi 3 – 4	<b>Gulika</b> 10:47AM – 12:11PM	<b>Shravana</b> Until 9:46AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:46PM
		Yama 7:59AM – 9:23AM	Vajra* Until 7:14PM	<b>Nataraja:</b> Orange		Moon – Purple	Moon 12 - Phase 36 - 16
		896825466 <b>Rahu</b> 12:11PM – 1:35PM	Vanija Until 2:30AM Thu	<b>Devaloka Day</b>			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 3:37PM	<b>Pausha-Markali</b>			
Until 9:46AM		<b>Subramuniyaswami Jayanti</b>					
Then Routine Work - Prabalarishta Yoga							

<b>3</b>		<b>Thursday, January 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddhi/Vyatlipata* Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau			Yangon, Myanmar Sun 17 Sutra 270 Plava 5123
Kumbha Rasi: 5.22	Tithi 4 – 5	<b>Gulika</b> 9:23AM – 10:47AM	<b>Dhanishtha</b> Until 8:11AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM
		Yama 6:36AM – 7:59AM	Siddhi Until 4:23PM	<b>Nataraja:</b> Orange		Moon – Purple	Moon 12 - Phase 36 - 17
		896825466 <b>Rahu</b> 1:35PM – 2:59PM	Bava Until 12:46AM Fri	<b>Devaloka Day</b>			3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 1:31PM	<b>Pausha-Markali</b>			

<b>4</b>		<b>Friday, January 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vyatlipata*/Variyan Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau			Yangon, Myanmar Sun 18 Sutra 271 Plava 5123
Kumbha Rasi: 19.14	Tithi 5 – 6	<b>Gulika</b> 8:00AM – 9:24AM	<b>Shatabhishak</b> Until 7:11AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:47PM
		Yama 3:00PM – 4:24PM	Vyatlipata* Until 2:10PM	<b>Nataraja:</b> Orange		Moon – Purple	Moon 12 - Phase 36 - 18
		896825466 <b>Rahu</b> 10:48AM – 12:12PM	Kaulava Until 11:51PM	<b>Devaloka Day</b>			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami</b> Until 12:11PM	<b>Pausha-Markali</b>			

<b>5</b>		<b>Saturday, January 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Variyan/Parigha* Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau			Yangon, Myanmar Sun 19 Sutra 272 Plava 5123
Meena Rasi: 2.37	Tithi 6 – 7	<b>Gulika</b> 6:36AM – 8:00AM	<b>Purvaproshtapada*</b> Until 7:18AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:48PM
		Yama 1:36PM – 3:00PM	Variyan Until 12:37PM	<b>Nataraja:</b> Orange		Moon – Clear	Moon 12 - Phase 36 - 19
		816825466 <b>Rahu</b> 9:24AM – 10:48AM	Gara Until 11:50PM	<b>Devaloka Day</b>			3rd Phase
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 11:43AM	<b>Pausha-Markali</b>			
Until 7:18AM							
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Sunday, January 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Parigha*/Shiva Yoga Vanija/Vistil* Karana Saplam/Ashtamyam Titau			Yangon, Myanmar Sun 20 Sutra 273 Plava 5123
Meena Rasi: 15.32	Tithi 7 – 8	<b>Gulika</b> 3:01PM – 4:25PM	<b>Uttaraproshtapada</b> Until 8:07AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM
		Yama 12:13PM – 1:37PM	Parigha* Until 11:45AM	<b>Nataraja:</b> Orange		Moon – Clear	Moon 12 - Phase 36 - 20
		816825466 <b>Rahu</b> 4:25PM – 5:49PM	Vistil Until 12:41AM Mon	<b>Devaloka Day</b>			Ashtami
Creative Work	Amrita Yoga		<b>Saptami</b> Until 12:08PM	<b>Pausha-Markali</b>			

<b>Retreat Star</b>		<b>Monday, January 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Yangon, Myanmar Sun 21 Sutra 274 Plava 5123
Meena Rasi: 28.03	Tithi 8 – 9	<b>Gulika</b> 1:37PM – 3:01PM	<b>Revati</b> Until 9:37AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:49PM
<b>Family Home Evening</b>		Yama 10:49AM – 12:13PM	Shiva Until 11:33AM	<b>Nataraja:</b> Orange		Moon – Clear	Moon 12 - Phase 36 - 21
		816825466 <b>Rahu</b> 8:01AM – 9:25AM	Balava Until 2:19AM Tue	<b>Devaloka Day</b>			Navami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 1:24PM	<b>Pausha-Markali</b>			

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

<b>1</b>		<b>Tuesday, January 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 22 Sutra 275 Plava 5123	
Mesha Rasi: 10.15	Tithi 9 – 10	<b>Gulika</b> 12:13PM – 1:37PM	<b>Ashvini</b> Until 12:08PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:50PM
		Yama 9:25AM – 10:49AM	Siddha Until 11:52AM	Moon 12 - Phase 37 - 22			
		827825466 <b>Rahu</b> 3:02PM – 4:26PM	Taitila Until 4:35AM Wed	4th Phase			
Creative Work	Siddha Yoga	<b>Navami*</b> Until 3:22PM		<b>Pausha-Markali</b>		<b>Devaloka Day</b>	

<b>2</b>		<b>Wednesday, January 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 23 Sutra 276 Plava 5123	
Mesha Rasi: 22.13	Tithi 10 – 11	<b>Gulika</b> 10:50AM – 12:14PM	<b>Bharani</b> Until 2:59PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:51PM
		Yama 8:01AM – 9:25AM	Sadhya Until 12:35PM	Moon 12 - Phase 37 - 23			
		827825466 <b>Rahu</b> 12:14PM – 1:38PM	Vanija Until 7:13AM Thu	4th Phase			
Creative Work	Siddha Yoga	<b>Dashami</b> Until 5:51PM		<b>Pausha-Markali</b>		<b>Devaloka Day</b>	
Until 2:59PM							
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Thursday, January 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Subha/Sukla Yoga Vanija/Vishti* Karana Ekadashyam Titau		Yangon, Myanmar Sun 24 Sutra 277 Plava 5123	
Vrishabha Rasi: 4.02	Tithi 11	<b>Gulika</b> 9:26AM – 10:50AM	<b>Krittika</b> Until 5:57PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:51PM
		Yama 6:37AM – 8:01AM	Subha Until 1:34PM	Moon 12 - Phase 37 - 24			
		827825466 <b>Rahu</b> 1:38PM – 3:03PM	Vanija Until 7:13AM	4th Phase			
Routine Work	Marana Yoga	<b>Vaikuntha Ekadasi</b>		<b>Ekadashi</b> Until 8:35PM		<b>Pausha-Markali</b>	
						<b>Devaloka Day</b>	

<b>4</b>		<b>Friday, January 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 278 Plava 5123	
Vrishabha Rasi: 15.49	Tithi 12	<b>Gulika</b> 8:02AM – 9:26AM	<b>Rohini</b> Until 9:18PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM
		Yama 3:03PM – 4:27PM	Sukla Until 2:35PM	Moon 12 - Phase 37 - 25			
		827825466 <b>Rahu</b> 10:50AM – 12:14PM	Bava Until 10:01AM	4th Phase			
Routine Work	Marana Yoga	<b>Thai Pongal</b>		<b>Dvadashi</b> Until 11:22PM		<b>Pausha-Thai</b>	
Until 9:18PM						<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Saturday, January 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 279 Plava 5123	
Vrishabha Rasi: 27.35	Tithi 13	<b>Gulika</b> 6:37AM – 8:02AM	<b>Mrigashira</b> Until 12:22AM Sun	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:37AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:52PM
		Yama 1:39PM – 3:04PM	Brahma Until 3:32PM	Moon 12 - Phase 37 - 26			
		827825466 <b>Rahu</b> 9:26AM – 10:50AM	Kaulava Until 12:44PM	4th Phase			
Creative Work	Siddha Yoga	<b>Trayodashi</b> Until 2:00AM Sun		<b>Pausha-Thai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>6</b>		<b>Sunday, January 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 280 Plava 5123	
Mithuna Rasi: 9.27	Tithi 14	<b>Gulika</b> 3:04PM – 4:28PM	<b>Ardra</b> Until 3:00AM Mon	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:53PM
		Yama 12:15PM – 1:40PM	Indra Until 4:20PM	Moon 12 - Phase 37 - 27			
		827825466 <b>Rahu</b> 4:28PM – 5:53PM	Gara Until 3:14PM	4th Phase			
Creative Work	Siddha Yoga	<b>Chaturdashi*</b> Until 4:21AM Mon		<b>Pausha-Thai</b>		<b>Bhuloka Day</b>	
Until 3:00AM Mon						Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

<b>○</b>		<b>Monday, January 17, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Vaidhriti*/Vishkambha* Yoga Vishti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sutra 281 Plava 5123	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:40PM – 3:05PM	<b>Punarvasu</b> Until 5:36AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM
Mithuna Rasi: 21.25	Tithi 15	Yama 10:51AM – 12:16PM	Vaidhriti* Until 4:51PM	Moon 12 - Phase 37 -			
<b>Family Home Evening</b>		847835466 <b>Rahu</b> 8:02AM – 9:27AM	Vishti Until 5:24PM	Purnima			
Creative Work	Amrita Yoga	<b>Purnima*</b> Until 6:19AM Tue		<b>Pausha-Thai</b>		<b>Sivaloka Day</b>	
Until 5:36AM Tue							
Then Creative Work - Siddha Yoga							

<b>○</b>		<b>Tuesday, January 18, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vishkambha*/Prili Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Yangon, Myanmar Sutra 282 Plava 5123	
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:16PM – 1:40PM	<b>Pushya</b> Until 7:40AM Wed	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:38AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:54PM
Kataka Rasi: 3.31	Tithi 15 – 16	Yama 9:27AM – 10:51AM	Vishkambha* Until 5:05PM	Moon 12 - Phase 37 -			
		848835466 <b>Rahu</b> 3:05PM – 4:30PM	Balava Until 7:11PM	Prathama			
Creative Work	Siddha Yoga	<b>Purnima*</b> Until 6:19AM		<b>Pausha-Thai</b>		<b>Sivaloka Day</b>	

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya. Mrigendra Agama Jnana Pada



Wednesday, January 19, 2022

Gold Retreat Star

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Yangon, Myanmar

Sutra 283

Plava 5123

Kataka Rasi: 15.47 Tithi 16 - 17

Gulika 10:52AM - 12:16PM

Pushya Until 7:40AM

Ganesha: Yellow

Sunrise: 6:38AM

Moon 1 - Phase 38 -

1st Phase

Yama 8:02AM - 9:27AM

Priti Until 5:03PM

Muruqa: Purple

Sunset: 5:55PM

848935466 Rahu 12:16PM - 1:41PM

Taitila Until 8:33PM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Creative Work Siddha Yoga

Prathama\* Until 7:54AM

Pausha\*Thai

1

Thursday, January 20, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Yangon, Myanmar

Sun 1 Sutra 284

Plava 5123

Kataka Rasi: 28.14 Tithi 17 - 18

Gulika 9:27AM - 10:52AM

Ashlesha\* Until 9:12AM

Ganesha: Yellow

Sunrise: 6:38AM

Moon 1 - Phase 38 - 1

1st Phase

Yama 6:38AM - 8:02AM

Ayushman Until 4:40PM

Muruqa: Purple

Sunset: 5:55PM

848935466 Rahu 1:41PM - 3:06PM

Vanija Until 9:32PM

Nataraja: Orange

Moon - Blue

Sivaloka Day

Creative Work Siddha Yoga

Dvitiya Until 9:04AM

Pausha\*Thai

Until 9:12AM

Then Creative Work - Amrita Yoga

2

Friday, January 21, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Saubhagya/Sobhana Yoga Vistil\*/Bava Karana Tritya/Chaturthyam Titau

Yangon, Myanmar

Sun 2 Sutra 285

Plava 5123

Simha Rasi: 10.51 Tithi 18 - 19

Gulika 8:03AM - 9:27AM

Magha\* Until 10:40AM

Ganesha: White

Sunrise: 6:38AM

Moon 1 - Phase 38 - 2

1st Phase

Yama 3:06PM - 4:31PM

Saubhagya Until 4:01PM

Muruqa: Purple

Sunset: 5:56PM

858935466 Rahu 10:52AM - 12:17PM

Bava Until 10:07PM

Nataraja: Orange

Moon - Red

Devaloka Day

Routine Work Marana Yoga

Tritiya Until 9:51AM

Pausha\*Thai

Until 10:40AM

Then Creative Work - Siddha Yoga

3

Saturday, January 22, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sobhana/Athiganda\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Yangon, Myanmar

Sun 3 Sutra 286

Plava 5123

Simha Rasi: 23.38 Tithi 19 - 20

Gulika 6:38AM - 8:03AM

Purvaphalguni Until 11:36AM

Ganesha: White

Sunrise: 6:38AM

Moon 1 - Phase 38 - 3

1st Phase

Yama 1:42PM - 3:07PM

Sobhana Until 3:05PM

Muruqa: Purple

Sunset: 5:56PM

858935466 Rahu 9:27AM - 10:52AM

Kaulava Until 10:19PM

Nataraja: Orange

Moon - Red

Devaloka Day

Creative Work Siddha Yoga

Chaturthi\* Until 10:15AM

Pausha\*Thai

Until 11:36AM

Then Routine Work - Marana Yoga

4

Sunday, January 23, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Athiganda\*/Sukarma Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Yangon, Myanmar

Sun 4 Sutra 287

Plava 5123

Kanya Rasi: 6.37 Tithi 20 - 21

Gulika 3:07PM - 4:32PM

Uttaraphalguni Until 12:00PM

Ganesha: White

Sunrise: 6:38AM

Moon 1 - Phase 38 - 4

1st Phase

Yama 12:17PM - 1:42PM

Athiganda\* Until 1:48PM

Muruqa: Purple

Sunset: 5:57PM

858935466 Rahu 4:32PM - 5:57PM

Gara Until 10:06PM

Nataraja: Orange

Moon - Red

Devaloka Day

Creative Work Amrita Yoga

Panchami Until 10:14AM

Pausha\*Thai

5

Monday, January 24, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta/Chitra Nakshatra Sukarma/Dhriti Yoga Vanija/Vistil\* Karana Shashthi/Saptamyam Titau

Yangon, Myanmar

Sun 5 Sutra 288

Plava 5123

Kanya Rasi: 19.5 Tithi 21 - 22

Gulika 1:43PM - 3:08PM

Hasta Until 12:17PM

Ganesha: Orange

Sunrise: 6:38AM

Moon 1 - Phase 38 - 5

1st Phase

Yama 10:53AM - 12:18PM

Sukarma Until 12:12PM

Muruqa: Purple

Sunset: 5:58PM

869935466 Rahu 8:03AM - 9:28AM

Vistil Until 9:26PM

Nataraja: Orange

Moon - Green

Sivaloka Day

Creative Work Siddha Yoga

Shashthi\* Until 9:48AM

Pausha\*Thai

Until 12:17PM

Then Routine Work - Prabalarishta Yoga

6

Tuesday, January 25, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Dhriti/Shula\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Yangon, Myanmar

Sun 6 Sutra 289

Plava 5123

Tula Rasi: 3.16 Tithi 22 - 23

Gulika 12:18PM - 1:43PM

Chitra Until 11:58AM

Ganesha: Green

Sunrise: 6:38AM

Moon 1 - Phase 38 - 6

Ashtami

Yama 9:28AM - 10:53AM

Dhriti Until 10:15AM

Muruqa: Purple

Sunset: 5:58PM

969935466 Rahu 3:08PM - 4:33PM

Balava Until 8:17PM

Nataraja: Orange

Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Saptami Until 8:54AM

Pausha\*Thai

Wednesday, January 26, 2022

Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Shula\*/Ganda\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 7 Sutra 290

Plava 5123

Tula Rasi: 17 Tithi 23 - 24

Gulika 10:53AM - 12:18PM

Svati Until 11:01AM

Ganesha: Green

Sunrise: 6:38AM

Moon 1 - Phase 38 - 7

Navami

Yama 8:03AM - 9:28AM

Shula\* Until 7:53AM

Muruqa: Purple

Sunset: 5:59PM

969935466 Rahu 12:18PM - 1:43PM

Taitila Until 6:39PM

Nataraja: Orange

Moon - Green

Devaloka Day

Creative Work Siddha Yoga

Ashtami\* Until 7:31AM

Pausha\*Thai

<b>1</b>		<b>Thursday, January 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Vriddhi Yoga Vanija/Visli* Karana Dashamyam Titau		Yangon, Myanmar Sun 8 Sutra 291 Plava 5123	
Wrischika Rasi: 1.01	Tithi 25	<b>Gulika</b> 9:28AM – 10:53AM	<b>Vishakha</b> Until 9:53AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:37AM	Moon 1 - Phase 39 - 8	
		Yama 6:37AM – 8:03AM	Vriddhi Until 2:04AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:59PM	2nd Phase	
979935466	<b>Rahu</b> 1:44PM – 3:09PM		Vanija Until 4:33PM	<b>Nataraja:</b> Orange		Sivaloka Day	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 3:19AM Fri	Moon – Orange		Pausha*Thai	

<b>2</b>		<b>Friday, January 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva Yoga Bava/Balava Karana Ekadashyam Titau		Yangon, Myanmar Sun 9 Sutra 292 Plava 5123	
Wrischika Rasi: 15.21	Tithi 26	<b>Gulika</b> 8:03AM – 9:28AM	<b>Anuradha</b> Until 8:10AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:37AM	Moon 1 - Phase 39 - 9	
		Yama 3:09PM – 4:34PM	Dhruva Until 10:38PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	2nd Phase	
979935466	<b>Rahu</b> 10:53AM – 12:19PM		Bava Until 2:01PM	<b>Nataraja:</b> Orange		Sivaloka Day	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 12:36AM Sat	Moon – Orange		Pausha*Thai	
Until 8:10AM							
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, January 29, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Mula* Nakshatra Vyaghata* Yoga Kaulava/Taitila Karana Dvadashyam Titau		Yangon, Myanmar Sun 10 Sutra 293 Plava 5123	
Wrischika Rasi: 29.56	Tithi 27	<b>Gulika</b> 6:37AM – 8:03AM	<b>Mula*</b> Until 3:46AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:37AM	Moon 1 - Phase 39 - 10	
		Yama 1:44PM – 3:09PM	Vyaghata* Until 6:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:00PM	2nd Phase	
979935466	<b>Rahu</b> 9:28AM – 10:53AM		Kaulava Until 11:09AM	<b>Nataraja:</b> Orange		Sivaloka Day	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 9:36PM	Moon – Orange		Pausha*Thai	

<b>4</b>		<b>Sunday, January 30, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Harshana/Vajra* Yoga Gara/Vanija Karana Trayodashyam Titau		Yangon, Myanmar Sun 11 Sutra 294 Plava 5123	
Dhanus Rasi: 14.42	Tithi 28	<b>Gulika</b> 3:10PM – 4:35PM	<b>Purvashadha*</b> Until 1:19AM Mon	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:37AM	Moon 1 - Phase 39 - 11	
		Yama 12:19PM – 1:44PM	Harshana Until 3:12PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	2nd Phase	
989935466	<b>Rahu</b> 4:35PM – 6:01PM		Gara Until 8:03AM	<b>Nataraja:</b> Orange		Devaloka Day	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 6:27PM	Moon – Light Blue		Pausha*Thai	
Until 1:19AM Mon							
Then Routine Work - Marana Yoga						Pradosha Vrata (Fasting)	

<b>5</b>		<b>Monday, January 31, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Uttarashadha Nakshatra Vajra*/Siddhi Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Yangon, Myanmar Sun 12 Sutra 295 Plava 5123	
Dhanus Rasi: 29.33	Tithi 29 – 30	<b>Gulika</b> 1:45PM – 3:10PM	<b>Uttarashadha</b> Until 10:46PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:37AM	Moon 1 - Phase 39 - 12	
<b>Family Home Evening</b>		Yama 10:53AM – 12:19PM	Vajra* Until 11:21AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	2nd Phase	
989935466	<b>Rahu</b> 8:02AM – 9:28AM		Catuspada Until 1:45AM Tue	<b>Nataraja:</b> Orange		Devaloka Day	
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 3:16PM	Moon – Light Blue		Pausha*Thai	
Until 10:46PM							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>		<b>Tuesday, February 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Siddhi/Vyatipata* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Yangon, Myanmar Sun 13 Sutra 296 Plava 5123	
Makara Rasi: 14.21	Tithi 30 – 1	<b>Gulika</b> 12:19PM – 1:45PM	<b>Shravana</b> Until 8:42PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Moon 1 - Phase 39 - 13	
		Yama 9:28AM – 10:53AM	Siddhi Until 7:37AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	Amavasya	
991935466	<b>Rahu</b> 3:10PM – 4:36PM		Kintughna Until 10:51PM	<b>Nataraja:</b> Orange		Sivaloka Day	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 12:15PM	Moon – Purple		Pausha*Thai	

<b>Retreat Star</b>		<b>Wednesday, February 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Variyan Yoga Bava/Balava Karana Prathama/Dvilitiyam Titau		Yangon, Myanmar Sun 14 Sutra 297 Plava 5123	
Makara Rasi: 28.57	Tithi 1 – 2	<b>Gulika</b> 10:54AM – 12:19PM	<b>Dhanishtha</b> Until 6:52PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Moon 1 - Phase 39 - 14	
		Yama 8:02AM – 9:28AM	Variyan Until 12:56AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:02PM	Prathama	
991935466	<b>Rahu</b> 12:19PM – 1:45PM		Balava Until 8:21PM	<b>Nataraja:</b> Orange		Sivaloka Day	
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> Until 9:31AM	Moon – Purple		Magha*Thai	
Until 6:52PM							
Then Creative Work - Siddha Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

<b>1</b>	<b>Thursday, February 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Parigha* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Yangon, Myanmar
	Kumbha Rasi: 13.14	Tithi 2 - 3	991935466	<b>Gulika</b> 9:28AM - 10:54AM Yama 6:36AM - 8:02AM <b>Rahu</b> 1:45PM - 3:11PM	<b>Shatabhishak</b> Until 5:25PM Parigha* Until 10:14PM Taitila Until 6:24PM <b>Dvitiya</b> Until 7:16AM	Ganesha: Clear Muruqa: Purple Nataraja: Orange Moon - Purple <b>Magha-Thai</b>	Sun 15 Sutra 298 Plava 5123 Moon 1 - Phase 40 - 15 3rd Phase <b>Sivaloka Day</b>
	Creative Work	Siddha Yoga					

<b>2</b>	<b>Friday, February 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturtham Titau				Yangon, Myanmar
	Kumbha Rasi: 27.08	Tithi 4	991935467	<b>Gulika</b> 8:02AM - 9:28AM Yama 3:11PM - 4:37PM <b>Rahu</b> 10:54AM - 12:19PM	<b>Purvaproshtapada*</b> Until 4:57PM Shiva Until 8:08PM Vanija Until 5:08PM <b>Chaturthi*</b> Until 4:48AM Sat	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon - Clear <b>Magha-Thai</b>	Sun 16 Sutra 299 Plava 5123 Moon 1 - Phase 40 - 16 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work	Siddha Yoga					

<b>3</b>	<b>Saturday, February 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Siddha Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar
	Meena Rasi: 10.35	Tithi 5	991935467	<b>Gulika</b> 6:36AM - 8:02AM Yama 1:46PM - 3:11PM <b>Rahu</b> 9:28AM - 10:54AM	<b>Uttaraproshtapada</b> Until 5:07PM Siddha Until 6:39PM Bava Until 4:42PM <b>Panchami</b> Until 4:47AM Sun	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon - Clear <b>Magha-Thai</b>	Sun 17 Sutra 300 Plava 5123 Moon 1 - Phase 40 - 17 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work	Siddha Yoga					
	Until 5:07PM	Then Routine Work - Prabalarishta Yoga					

<b>4</b>	<b>Sunday, February 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Revati/Ashvini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Shashtham Titau				Yangon, Myanmar
	Meena Rasi: 23.34	Tithi 6	991935467	<b>Gulika</b> 3:12PM - 4:38PM Yama 12:20PM - 1:46PM <b>Rahu</b> 4:38PM - 6:04PM	<b>Revati</b> Until 5:59PM Sadhya Until 5:51PM Kaulava Until 5:08PM <b>Shashthi*</b> Until 5:39AM Mon	Ganesha: Purple Muruqa: Purple Nataraja: Clear Moon - Clear <b>Magha-Thai</b>	Sun 18 Sutra 301 Plava 5123 Moon 1 - Phase 40 - 18 3rd Phase <b>Subha Sivaloka Day</b>
	Creative Work	Amrita Yoga					
	Until 5:59PM	Then Creative Work - Siddha Yoga					

<b>5</b>	<b>Monday, February 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Ashvini Nakshatra Subha/Sukla Yoga Gara Karana Saptamyam Titau				Yangon, Myanmar
	Mesha Rasi: 6.1	Tithi 7	921935467	<b>Gulika</b> 1:46PM - 3:12PM Yama 10:54AM - 12:20PM <b>Rahu</b> 8:01AM - 9:28AM	<b>Ashvini</b> Until 7:58PM Subha Until 5:42PM Gara Until 6:24PM <b>Saptami</b> Until 7:18AM Tue	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon - White <b>Magha-Thai</b>	Sun 19 Sutra 302 Plava 5123 Moon 1 - Phase 40 - 19 3rd Phase <b>Sivaloka Day</b>
	Family Home Evening						
	Creative Work	Siddha Yoga					

<b>6</b>	<b>Tuesday, February 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani Nakshatra Sukla Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		921935467	<b>Gulika</b> 12:20PM - 1:46PM Yama 9:27AM - 10:54AM <b>Rahu</b> 3:12PM - 4:38PM	<b>Bharani</b> Until 10:27PM Sukla Until 6:04PM Visti Until 8:23PM <b>Saptami</b> Until 7:18AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon - White <b>Magha-Thai</b>	Sun 20 Sutra 303 Plava 5123 Moon 1 - Phase 40 - 20 Ashtami <b>Sivaloka Day</b>
	Mesha Rasi: 18.25	Tithi 7 - 8					
	Creative Work	Siddha Yoga					

<b>7</b>	<b>Wednesday, February 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Krittika Nakshatra Brahma Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		921935467	<b>Gulika</b> 10:54AM - 12:20PM Yama 8:01AM - 9:27AM <b>Rahu</b> 12:20PM - 1:46PM	<b>Krittika</b> Until 1:14AM Thu Brahma Until 6:50PM Balava Until 10:52PM <b>Ashtami*</b> Until 9:33AM	Ganesha: Clear Muruqa: Purple Nataraja: Clear Moon - White <b>Magha-Thai</b>	Sun 21 Sutra 304 Plava 5123 Moon 1 - Phase 40 - 21 Navami <b>Sivaloka Day</b>
	Vrishabha Rasi: 0.24	Tithi 8 - 9					
	Creative Work	Amrita Yoga					
	Until 1:14AM Thu						
	Then Routine Work - Marana Yoga						

<b>1</b>		<b>Thursday, February 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Rohini Nakshatra Indra Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Yangon, Myanmar Sun 22 Sutra 305 Plava 5123	
Wishabha Rasi: 12.15	Tithi 9 – 10	931935467	<b>Gulika</b> 9:27AM – 10:54AM <b>Yama</b> 6:34AM – 8:01AM <b>Rahu</b> 1:46PM – 3:13PM	<b>Rohini Until 4:33AM Fri</b> Indra Until 7:50PM Taitila Until 1:35AM Fri <b>Navami* Until 12:11PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 6:06PM	Moon 1 - Phase 41 - 22 4th Phase <b>Subha Sivaloka Day</b>
Routine Work Marana Yoga Until 4:33AM Fri Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, February 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Yangon, Myanmar Sun 23 Sutra 306 Plava 5123	
Wishabha Rasi: 24.02	Tithi 10 – 11	932935467	<b>Gulika</b> 8:00AM – 9:27AM <b>Yama</b> 3:13PM – 4:39PM <b>Rahu</b> 10:53AM – 12:20PM	<b>Mrigashira Until 7:39AM Sat</b> Vaidhriti* Until 8:49PM Vanija Until 4:16AM Sat <b>Dashami Until 2:56PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 6:06PM	Moon 1 - Phase 41 - 23 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>3</b>		<b>Saturday, February 12, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Yangon, Myanmar Sun 24 Sutra 307 Plava 5123	
Mithuna Rasi: 5.5	Tithi 11 – 12	932935467	<b>Gulika</b> 6:34AM – 8:00AM <b>Yama</b> 1:47PM – 3:13PM <b>Rahu</b> 9:27AM – 10:53AM	<b>Mrigashira Until 7:39AM</b> Vishkambha* Until 9:40PM Bava Until 6:42AM Sun <b>Ekadashi Until 5:31PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Thai</b>	<b>Sunrise:</b> 6:34AM <b>Sunset:</b> 6:06PM	Moon 1 - Phase 41 - 24 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>4</b>		<b>Sunday, February 13, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Priti Yoga Bava/Balava Karana Dvadashyam Titau		Yangon, Myanmar Sun 25 Sutra 308 Plava 5123	
Mithuna Rasi: 17.45	Tithi 12	932135467	<b>Gulika</b> 3:13PM – 4:40PM <b>Yama</b> 12:20PM – 1:47PM <b>Rahu</b> 4:40PM – 6:07PM	<b>Ardra Until 10:18AM</b> Priti Until 10:15PM Bava Until 6:42AM <b>Dvadashi Until 7:45PM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Masi</b>	<b>Sunrise:</b> 6:33AM <b>Sunset:</b> 6:07PM	Moon 1 - Phase 41 - 25 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>5</b>		<b>Monday, February 14, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Ayushman Yoga Kaulava/Taitila Karana Trayodashyam Titau		Yangon, Myanmar Sun 26 Sutra 309 Plava 5123	
Mithuna Rasi: 29.49	Tithi 13	942135467	<b>Gulika</b> 1:47PM – 3:14PM <b>Yama</b> 10:53AM – 12:20PM <b>Rahu</b> 8:00AM – 9:26AM	<b>Punarvasu Until 12:53PM</b> Ayushman Until 10:27PM Kaulava Until 8:43AM <b>Trayodashi Until 9:30PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 6:33AM <b>Sunset:</b> 6:07PM	Moon 1 - Phase 41 - 26 4th Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Amrita Yoga Until 12:53PM Then Creative Work - Siddha Yoga							
						<i>Pradosha Vrata</i>	

<b>6</b>		<b>Tuesday, February 15, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Saubhagya Yoga Gara/Vanija Karana Chaturdashyam Titau		Yangon, Myanmar Sun 27 Sutra 310 Plava 5123	
Kataka Rasi: 12.06	Tithi 14	942135467	<b>Gulika</b> 12:20PM – 1:47PM <b>Yama</b> 9:26AM – 10:53AM <b>Rahu</b> 3:14PM – 4:41PM	<b>Pushya Until 2:48PM</b> Saubhagya Until 10:16PM Gara Until 10:12AM <b>Chaturdashi* Until 10:44PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 6:32AM <b>Sunset:</b> 6:08PM	Moon 1 - Phase 41 - 27 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							
						<b>Chidambaram Abhishekam</b>	

<b>○</b>		<b>Wednesday, February 16, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Sobhana Yoga Visti*/Bava Karana Purnimayam Titau		Yangon, Myanmar Sutra 311 Plava 5123			
<b>Copper Retreat Star</b>		Kataka Rasi: 24.36	Tithi 15	942135467	<b>Gulika</b> 10:53AM – 12:20PM <b>Yama</b> 7:59AM – 9:26AM <b>Rahu</b> 12:20PM – 1:47PM	<b>Ashlesha* Until 4:03PM</b> Sobhana Until 9:42PM Visti Until 11:10AM <b>Purnima* Until 11:27PM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	<b>Sunrise:</b> 6:32AM <b>Sunset:</b> 6:08PM	Moon 1 - Phase 41 - Purnima <b>Devaloka Day</b>
Creative Work Siddha Yoga									

<b>Thursday, February 17, 2022</b>		<b>Silver Retreat Star</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Athiganda* Yoga Balava/Kaulava Karana Prathamayam Titau		Yangon, Myanmar Sutra 312 Plava 5123	
Simha Rasi: 7.2	Tithi 16	952135467	<b>Gulika</b> 9:26AM – 10:53AM <b>Yama</b> 6:31AM – 7:58AM <b>Rahu</b> 1:47PM – 3:14PM	<b>Magha* Until 5:09PM</b> Athiganda* Until 8:43PM Balava Until 11:38AM <b>Prathama* Until 11:40PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Red <b>Magha-Masi</b>	<b>Sunrise:</b> 6:31AM <b>Sunset:</b> 6:08PM	Moon 1 - Phase 41 - Prathama <b>Sivaloka Day</b>
Creative Work Amrita Yoga Until 5:09PM Then Creative Work - Siddha Yoga							

Parameshvara is the cause of the five manifest aspects: emanation, srishti; preservation, sthiti; dissolution, samhara; concealment, tirobhava; and revelation, anugraha.  
Raurava Agama Kriya Pada

times are standard time. Calculated for Yangon, Myanmar on 5/23

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Friday, February 18, 2022

Gold Retreat Star

Simha Rasi: 20.17 Tithi 17

952135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Sukarma Yoga Tailila/Gara Karana Dvilyayam Titau

Yangon, Myanmar

Sun 1 Sutra 313

Plava 5123

Moon 2 - Phase 42 - 1

1st Phase

Gulika 7:58AM - 9:25AM

Yama 3:14PM - 4:41PM

Rahu 10:53AM - 12:20PM

Purvaphalguni Until 5:39PM

Sukarma Until 7:26PM

Taitila Until 11:38AM

Dvitiya Until 11:29PM

Ganesha: Yellow

Sunrise: 6:31AM

Muruqa: Purple

Sunset: 6:09PM

Nataraja: Clear

Moon - Red

Magha-Masi

Sivaloka Day

1

Saturday, February 19, 2022

Kanya Rasi: 3.26 Tithi 18

952135467

Routine Work Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Dhriti/Shula\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Yangon, Myanmar

Sun 2 Sutra 314

Plava 5123

Moon 2 - Phase 42 - 2

1st Phase

Gulika 6:30AM - 7:58AM

Yama 1:47PM - 3:14PM

Rahu 9:25AM - 10:52AM

Uttaraphalguni Until 5:40PM

Dhriti Until 5:53PM

Vanija Until 11:16AM

Tritiya Until 10:56PM

Ganesha: Yellow

Sunrise: 6:30AM

Muruqa: Purple

Sunset: 6:09PM

Nataraja: Clear

Moon - Red

Magha-Masi

Sivaloka Day

2

Sunday, February 20, 2022

Kanya Rasi: 16.47 Tithi 19

962135467

Creative Work Amrita Yoga

Until 5:40PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Hasta/Chitra Nakshatra Shula\*/Ganda\* Yoga Bava/Balava Karana Chaturthyam Titau

Yangon, Myanmar

Sun 3 Sutra 315

Plava 5123

Moon 2 - Phase 42 - 3

1st Phase

Gulika 3:15PM - 4:42PM

Yama 12:20PM - 1:47PM

Rahu 4:42PM - 6:09PM

Hasta Until 5:40PM

Shula\* Until 4:04PM

Bava Until 10:34AM

Chaturthi\* Until 10:05PM

Ganesha: White

Sunrise: 6:30AM

Muruqa: Purple

Sunset: 6:09PM

Nataraja: Clear

Moon - Green

Magha-Masi

Devaloka Day

3

Monday, February 21, 2022

Tula Rasi: 0.17 Tithi 20

962135467

Family Home Evening

Routine Work Prabalarishta Yoga

Until 5:15PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Chitra/Svati Nakshatra Ganda\*/Vridhhi Yoga Kaulava/Taitila Karana Panchamyam Titau

Yangon, Myanmar

Sun 4 Sutra 316

Plava 5123

Moon 2 - Phase 42 - 4

1st Phase

Gulika 1:47PM - 3:15PM

Yama 10:52AM - 12:20PM

Rahu 7:57AM - 9:24AM

Chitra Until 5:15PM

Ganda\* Until 2:03PM

Kaulava Until 9:35AM

Panchami Until 8:58PM

Ganesha: White

Sunrise: 6:29AM

Muruqa: Purple

Sunset: 6:10PM

Nataraja: Clear

Moon - Green

Magha-Masi

Devaloka Day

4

Tuesday, February 22, 2022

Tula Rasi: 13.55 Tithi 21

962135467

Creative Work Siddha Yoga

Until 4:27PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Svati/Vishakha Nakshatra Vridhhi/Dhruva Yoga Gara/Vanija Karana Shashthyam Titau

Yangon, Myanmar

Sun 5 Sutra 317

Plava 5123

Moon 2 - Phase 42 - 5

1st Phase

Gulika 12:19PM - 1:47PM

Yama 9:24AM - 10:52AM

Rahu 3:15PM - 4:42PM

Svati Until 4:27PM

Vridhhi Until 11:50AM

Gara Until 8:20AM

Shashthi\* Until 7:36PM

Ganesha: White

Sunrise: 6:29AM

Muruqa: Purple

Sunset: 6:10PM

Nataraja: Clear

Moon - Green

Magha-Masi

Devaloka Day

5

Wednesday, February 23, 2022

Tula Rasi: 27.43 Tithi 22 - 23

972135467

Creative Work Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Dhruva/Dyaghata\* Yoga Visti\*/Balava Karana Saplam/Ashtamyam Titau

Yangon, Myanmar

Sun 6 Sutra 318

Plava 5123

Moon 2 - Phase 42 - 6

1st Phase

Gulika 10:52AM - 12:19PM

Yama 7:56AM - 9:24AM

Rahu 12:19PM - 1:47PM

Vishakha Until 3:41PM

Dhruva Until 9:25AM

Visti Until 6:51AM

Saptami Until 5:59PM

Ganesha: Clear

Sunrise: 6:28AM

Muruqa: Purple

Sunset: 6:10PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Sivaloka Day

D

Thursday, February 24, 2022

Retreat Star

Vrischika Rasi: 11.39 Tithi 23 - 24

972135467

Creative Work Siddha Yoga

Until 2:32PM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha/Jyeshtha\* Nakshatra Vyaghata\*/Harshana Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Yangon, Myanmar

Sun 7 Sutra 319

Plava 5123

Moon 2 - Phase 42 - 7

Ashtami

Gulika 9:23AM - 10:51AM

Yama 6:28AM - 7:56AM

Rahu 1:47PM - 3:15PM

Anuradha Until 2:32PM

Vyaghata\* Until 6:47AM

Taitila Until 3:07AM Fri

Ashtami\* Until 4:08PM

Ganesha: Clear

Sunrise: 6:28AM

Muruqa: Purple

Sunset: 6:11PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Sivaloka Day

Friday, February 25, 2022

Retreat Star

Vrischika Rasi: 25.46 Tithi 24 - 25

973135467

Routine Work Marana Yoga

Until 1:01PM

Then Creative Work - Amrita Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Yangon, Myanmar

Sun 8 Sutra 320

Plava 5123

Moon 2 - Phase 42 - 8

Navami

Gulika 7:55AM - 9:23AM

Yama 3:15PM - 4:43PM

Rahu 10:51AM - 12:19PM

Jyeshtha\* Until 1:01PM

Vajra\* Until 12:59AM Sat

Vanija Until 12:55AM Sat

Navami\* Until 2:01PM

Ganesha: Purple

Sunrise: 6:27AM

Muruqa: Purple

Sunset: 6:11PM

Nataraja: Clear

Moon - Orange

Magha-Masi

Subha Sivaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

times are standard time. Calculated for Yangon, Myanmar on 5/23


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<b>1</b>	<b>Saturday, February 26, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mantra Vasara Yukhtayam Mula*/Purvashadha* Nakshatra Siddhi Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Yangon, Myanmar
	Dhanus Rasi: 10	Tithi 25 – 26	<b>Gulika</b> 6:27AM – 7:55AM	<b>Mula* Until 11:34AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM	Sun 9 Sutra 321
			Yama 1:47PM – 3:15PM	Siddhi Until 9:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:11PM	Plava 5123
	Creative Work	Siddha Yoga	983135467 <b>Rahu</b> 9:23AM – 10:51AM	Bava Until 10:31PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 43 - 9 2nd Phase
			<b>Dashami Until 11:43AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>	<b>Sunday, February 27, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yukhtayam Purvashadha*/Uttarashadha Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar
	Dhanus Rasi: 24.22	Tithi 26 – 27	<b>Gulika</b> 3:15PM – 4:43PM	<b>Purvashadha* Until 9:50AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:26AM	Sun 10 Sutra 322
			Yama 12:19PM – 1:47PM	Vyatipata* Until 6:39PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:12PM	Plava 5123
	Creative Work	Siddha Yoga	983135467 <b>Rahu</b> 4:43PM – 6:12PM	Kaulava Until 8:02PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 43 - 10 2nd Phase
			<b>Ekadashi* Until 9:16AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>3</b>	<b>Monday, February 28, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yukhtayam Uttarashadha*/Shravana Nakshatra Variyan/Parigha* Yoga Talilla/Vanija Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar
	Makara Rasi: 8.46	Tithi 27 – 28	<b>Gulika</b> 1:47PM – 3:15PM	<b>Uttarashadha Until 7:54AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	Sun 11 Sutra 323
	<b>Family Home Evening</b>		Yama 10:50AM – 12:19PM	Variyan Until 3:24PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:12PM	Plava 5123
	Routine Work	Marana Yoga	983135467 <b>Rahu</b> 7:54AM – 9:22AM	Vanija Until 4:18AM Tue	<b>Nataraja:</b> Clear		Moon 2 - Phase 43 - 11 2nd Phase
			<b>Dvadashi* Until 6:45AM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Tuesday, March 1, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yukhtayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Yangon, Myanmar
	Makara Rasi: 23.08	Tithi 29	<b>Gulika</b> 12:18PM – 1:47PM	<b>Shravana Until 6:19AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:24AM	Sun 12 Sutra 324
			Yama 9:21AM – 10:50AM	Parigha* Until 12:16PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:12PM	Plava 5123
	Creative Work	Siddha Yoga	993135467 <b>Rahu</b> 3:15PM – 4:44PM	Visti Until 3:09PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 43 - 12 2nd Phase
			<b>Chaturdashi* Until 2:02AM Wed</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

	<b>Wednesday, March 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yukhtayam Shatabhishak Nakshatra Shiva/Siddha Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 10:49AM – 12:18PM	<b>Shatabhishak Until 3:27AM Thu</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:23AM	Sun 13 Sutra 325
	Kumbha Rasi: 7.22	Tithi 30	Yama 7:52AM – 9:21AM	Shiva Until 9:19AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM	Plava 5123
	Creative Work	Siddha Yoga	993135467 <b>Rahu</b> 12:18PM – 1:47PM	Catuspada Until 1:01PM	<b>Nataraja:</b> Clear		Moon 2 - Phase 43 - 13 Amavasya
			<b>Amavasya* Until 12:05AM Thu</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

	<b>Thursday, March 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yukhtayam Purvaproshtpada* Nakshatra Siddha/Sadhya Yoga Kintughna*/Bava Karana Prathamayam Titau				Yangon, Myanmar
	<b>Retreat Star</b>		<b>Gulika</b> 9:20AM – 10:49AM	<b>Purvaproshtpada* Until 2:54AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:23AM	Sun 14 Sutra 326
	Kumbha Rasi: 21.22	Tithi 1	Yama 6:23AM – 7:52AM	Siddha Until 6:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM	Plava 5123
	Creative Work	Siddha Yoga	913135467 <b>Rahu</b> 1:47PM – 3:15PM	Kintughna Until 11:18AM	<b>Nataraja:</b> Clear		Moon 2 - Phase 43 - 14 Prathama
			<b>Prathama* Until 10:37PM</b>	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Phalgun-Masi</b>			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

<b>1</b>		<b>Friday, March 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada Nakshatra Subha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Yangon, Myanmar Sun 15 Sutra 327 Plava 5123	
Meena Rasi: 5.04	Tithi 2	<b>Gulika</b> 7:51AM – 9:20AM	<b>Uttaraproshtapada</b> Until 2:50AM Sat	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:22AM				
		Yama 3:15PM – 4:44PM	Subha Until 2:43AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM			Moon 2 - Phase 44 - 15	
		913135467 <b>Rahu</b> 10:49AM – 12:18PM	Balava Until 10:07AM	<b>Nataraja:</b> Clear				3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 9:45PM	Moon – Clear			<b>Subha Sivaloka Day</b>		
Until 2:50AM Sat							<b>Phalguna-Masi</b>		
Then Routine Work - Prabalarishta Yoga									

<b>2</b>		<b>Saturday, March 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Revati Nakshatra Sukla Yoga Taitila/Gara Karana Tritiyayam Titau				Yangon, Myanmar Sun 16 Sutra 328 Plava 5123	
Meena Rasi: 18.23	Tithi 3	<b>Gulika</b> 6:21AM – 7:50AM	<b>Revati</b> Until 3:18AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:21AM				
		Yama 1:46PM – 3:15PM	Sukla Until 1:33AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM			Moon 2 - Phase 44 - 16	
		113135467 <b>Rahu</b> 9:19AM – 10:48AM	Taitila Until 9:36AM	<b>Nataraja:</b> Clear				3rd Phase	
Routine Work	Prabalarishta Yoga		<b>Tritiya</b> Until 9:36PM	Moon – Clear			<b>Sivaloka Day</b>		
Until 3:18AM Sun							<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga		<b>Subramuniyaswami Siva Vision Day</b>							

<b>3</b>		<b>Sunday, March 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini Nakshatra Brahma Yoga Vanija/Visiti* Karana Chaturthyam Titau				Yangon, Myanmar Sun 17 Sutra 329 Plava 5123	
Mesha Rasi: 1.2	Tithi 4	<b>Gulika</b> 3:15PM – 4:45PM	<b>Ashvini</b> Until 4:50AM Mon	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM				
		Yama 12:17PM – 1:46PM	Brahma Until 12:59AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:14PM			Moon 2 - Phase 44 - 17	
		123135467 <b>Rahu</b> 4:45PM – 6:14PM	Vanija Until 9:50AM	<b>Nataraja:</b> Clear				3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 10:13PM	Moon – White			<b>Sivaloka Day</b>		
							<b>Phalguna-Masi</b>		

<b>4</b>		<b>Monday, March 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Bharani Nakshatra Indra Yoga Bava/Balava Karana Panchamyam Titau				Yangon, Myanmar Sun 18 Sutra 330 Plava 5123	
Mesha Rasi: 13.55	Tithi 5	<b>Gulika</b> 1:46PM – 3:15PM	<b>Bharani</b> Until 6:55AM Tue	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM				
<b>Family Home Evening</b>		Yama 10:48AM – 12:17PM	Indra Until 1:00AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:14PM			Moon 2 - Phase 44 - 18	
		123135467 <b>Rahu</b> 7:49AM – 9:18AM	Bava Until 10:50AM	<b>Nataraja:</b> Clear				3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 11:35PM	Moon – White			<b>Sivaloka Day</b>		
							<b>Phalguna-Masi</b>		

<b>5</b>		<b>Tuesday, March 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Shashthyam Titau				Yangon, Myanmar Sun 19 Sutra 331 Plava 5123	
Mesha Rasi: 26.11	Tithi 6	<b>Gulika</b> 12:17PM – 1:46PM	<b>Bharani</b> Until 6:55AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM				
		Yama 9:18AM – 10:47AM	Vaidhriti* Until 1:28AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:14PM			Moon 2 - Phase 44 - 19	
		123135467 <b>Rahu</b> 3:15PM – 4:45PM	Kaulava Until 12:32PM	<b>Nataraja:</b> Clear				3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 1:34AM Wed	Moon – White			<b>Sivaloka Day</b>		
							<b>Phalguna-Masi</b>		

<b>6</b>		<b>Wednesday, March 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha* Yoga Gara/Vanija Karana Saptamyam Titau				Yangon, Myanmar Sun 20 Sutra 332 Plava 5123	
Vrishabha Rasi: 8.13	Tithi 7	<b>Gulika</b> 10:47AM – 12:16PM	<b>Krittika</b> Until 9:23AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:19AM				
		Yama 7:48AM – 9:18AM	Vishkambha* Until 2:16AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM			Moon 2 - Phase 44 - 20	
		123235477 <b>Rahu</b> 12:16PM – 1:46PM	Gara Until 2:46PM	<b>Nataraja:</b> Green				3rd Phase	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 4:00AM Thu	Moon – White			<b>Bhuloka Day</b>		
Until 9:23AM							<b>Phalguna-Masi</b>		
Then Creative Work - Siddha Yoga							Devaloka Time: 12:PM to 3:PM		

<b>Retreat Star</b>		<b>Thursday, March 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti Yoga Visiti*/Bava Karana Ashtamyam Titau				Yangon, Myanmar Sun 21 Sutra 333 Plava 5123	
Vrishabha Rasi: 20.06	Tithi 8	<b>Gulika</b> 9:17AM – 10:47AM	<b>Rohini</b> Until 12:32PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM				
		Yama 6:18AM – 7:47AM	Priti Until 3:15AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM			Moon 2 - Phase 44 - 21	
		133235477 <b>Rahu</b> 1:46PM – 3:15PM	Visiti Until 5:20PM	<b>Nataraja:</b> Green				Ashtami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 6:37AM Fri	Moon – Yellow			<b>Devaloka Day</b>		
							<b>Phalguna-Masi</b>		

<b>Retreat Star</b>		<b>Friday, March 11, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Yangon, Myanmar Sun 22 Sutra 334 Plava 5123	
Mithuna Rasi: 1.55	Tithi 8 – 9	<b>Gulika</b> 7:47AM – 9:17AM	<b>Mrigashira</b> Until 3:36PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:17AM				
		Yama 3:15PM – 4:45PM	Ayushman Until 4:10AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM			Moon 2 - Phase 44 - 22	
		134235477 <b>Rahu</b> 10:46AM – 12:16PM	Balava Until 7:57PM	<b>Nataraja:</b> Green				Navami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 6:37AM	Moon – Yellow			<b>Sivaloka Day</b>		
							<b>Phalguna-Masi</b>		

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

<b>1</b>	<b>Saturday, March 12, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Ardra Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Yangon, Myanmar Sun 23
	Mithuna Rasi: 13.46	Tithi 9 – 10	<b>Gulika</b> 6:16AM – 7:46AM	<b>Ardra Until 6:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:16AM	Sutra 335
			Yama 1:45PM – 3:15PM	Saubhagya Until 4:53AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Plava 5123
	Creative Work	Siddha Yoga	134235477 <b>Rahu</b> 9:16AM – 10:46AM	Taitila Until 10:21PM	<b>Nataraja:</b> Green		Moon 2 - Phase 45 - 23 4th Phase
			<b>Navami* Until 9:10AM</b>	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Phalgun-Masi</b>			

<b>2</b>	<b>Sunday, March 13, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Sobhana Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Yangon, Myanmar Sun 24
	Mithuna Rasi: 25.43	Tithi 10 – 11	<b>Gulika</b> 3:15PM – 4:45PM	<b>Punarvasu Until 9:05PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	Sutra 336
			Yama 12:15PM – 1:45PM	Sobhana Until 5:17AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Plava 5123
	Creative Work	Siddha Yoga	144235477 <b>Rahu</b> 4:45PM – 6:15PM	Vanija Until 12:21AM Mon	<b>Nataraja:</b> Green		Moon 2 - Phase 45 - 24 4th Phase
			<b>Dashami Until 11:23AM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Phalgun-Masi</b>			

<b>3</b>	<b>Monday, March 14, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Pushya Nakshatra Athiganda* Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 25
	Kataka Rasi: 7.51	Tithi 11 – 12	<b>Gulika</b> 1:45PM – 3:15PM	<b>Pushya Until 11:07PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	Sutra 337
	<b>Family Home Evening</b>		Yama 10:45AM – 12:15PM	Athiganda* Until 5:13AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Plava 5123
	Creative Work	Siddha Yoga	144235477 <b>Rahu</b> 7:45AM – 9:15AM	Bava Until 1:46AM Tue	<b>Nataraja:</b> Green		Moon 2 - Phase 45 - 25 4th Phase
			<b>Ekadashi Until 1:07PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Phalgun-Masi</b>			

<b>4</b>	<b>Tuesday, March 15, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Sukarma Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 26
	Kataka Rasi: 20.14	Tithi 12 – 13	<b>Gulika</b> 12:15PM – 1:45PM	<b>Ashlesha* Until 12:23AM Wed</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:14AM	Sutra 338
			Yama 9:15AM – 12:15PM	Sukarma Until 4:40AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:15PM	Plava 5123
	Creative Work	Siddha Yoga	144235478 <b>Rahu</b> 3:15PM – 4:45PM	Kaulava Until 2:34AM Wed	<b>Nataraja:</b> White		Moon 2 - Phase 45 - 26 4th Phase
		<b>Karadaiyan Nombu (Tamil Nadu)</b>	<b>Dvadashi Until 2:14PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Phalgun-Panguni</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>	<b>Wednesday, March 16, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Dhriti Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 27
	Simha Rasi: 2.53	Tithi 13 – 14	<b>Gulika</b> 10:44AM – 12:15PM	<b>Magha* Until 1:21AM Thu</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:14AM	Sutra 339
			Yama 7:44AM – 9:14AM	Dhriti Until 3:38AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Plava 5123
	Creative Work	Siddha Yoga	154235478 <b>Rahu</b> 12:15PM – 1:45PM	Gara Until 2:42AM Thu	<b>Nataraja:</b> White		Moon 2 - Phase 45 - 27 4th Phase
			<b>Trayodashi Until 2:41PM</b>	Moon – Red		<b>Sivaloka Day</b>	
				<b>Phalgun-Panguni</b>			

<b>○</b>	<b>Thursday, March 17, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shula* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Yangon, Myanmar Sutra 340
	<b>Copper Retreat Star</b>		<b>Gulika</b> 9:14AM – 10:44AM	<b>Purvaphalguni Until 1:34AM Fri</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:13AM	Plava 5123
	Simha Rasi: 15.52	Tithi 14 – 15	Yama 6:13AM – 7:43AM	Shula* Until 2:07AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45 - Purnima
	Creative Work	Siddha Yoga	154235478 <b>Rahu</b> 1:45PM – 3:15PM	Visti Until 2:15AM Fri	<b>Nataraja:</b> White		
		<b>Panguni Uttiram</b>	<b>Chaturdashi* Until 2:32PM</b>	Moon – Red		<b>Sivaloka Day</b>	
		<b>Holi</b>		<b>Phalgun-Panguni</b>			

<b>○</b>	<b>Friday, March 18, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Ganda* Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Yangon, Myanmar Sutra 341
	<b>Silver Retreat Star</b>		<b>Gulika</b> 7:43AM – 9:13AM	<b>Uttaraphalguni Until 1:09AM Sat</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:12AM	Plava 5123
	Simha Rasi: 29.07	Tithi 15 – 16	Yama 3:15PM – 4:46PM	Ganda* Until 12:13AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 45 - Prathama
	Creative Work	Siddha Yoga	154235478 <b>Rahu</b> 10:44AM – 12:14PM	Balava Until 1:18AM Sat	<b>Nataraja:</b> White		
		Until 1:09AM Sat	<b>Purnima* Until 1:49PM</b>	Moon – Red		<b>Sivaloka Day</b>	
		Then Routine Work - Marana Yoga		<b>Phalgun-Panguni</b>			

The birth of the world, its maintenance, its destruction, the soul's obscuration and liberation are the five acts of His dance. Mrigendra Agama Jnana Pada



**Saturday, March 19, 2022**  
**Gold Retreat Star**

Kanya Rasi: 12.4      Tithi 16 – 17

164235478

**Gulika** 6:11AM – 7:42AM  
Yama 1:44PM – 3:15PM  
**Rahu** 9:12AM – 10:43AM

Routine Work      Marana Yoga

Until 12:37AM Sun

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Hasta Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Hasta Until 12:37AM Sun**

Vriddhi Until 10:00PM

Taitila Until 11:56PM

**Prathama\* Until 12:38PM**

**Ganesha:** Yellow      *Sunrise:* 6:11AM

**Muruqa:** Clear      *Sunset:* 6:16PM

**Nataraja:** White

Moon – Green

**Phalguna-Panguni**

**Devaloka Day**

Yangon, Myanmar

Sutra 342

Plava 5123

Moon 3 - Phase 46 -

1st Phase

**1**

**Sunday, March 20, 2022**

Kanya Rasi: 26.26      Tithi 17 – 18

164235478

**Gulika** 3:15PM – 4:46PM  
Yama 12:13PM – 1:44PM  
**Rahu** 4:46PM – 6:16PM

Creative Work      Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Chitra Nakshatra Dhruva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Chitra Until 11:38PM**

Dhruva Until 7:30PM

Vanija Until 10:15PM

**Dvitiya Until 11:06AM**

**Ganesha:** Yellow      *Sunrise:* 6:10AM

**Muruqa:** Clear      *Sunset:* 6:16PM

**Nataraja:** White

Moon – Green

**Phalguna-Panguni**

**Devaloka Day**

Yangon, Myanmar

Sun 1      Sutra 343

Plava 5123

Moon 3 - Phase 46 - 1

1st Phase

**2**

**Monday, March 21, 2022**

Tula Rasi: 10.22      Tithi 18 – 19

164235478

**Gulika** 1:44PM – 3:15PM  
Yama 10:42AM – 12:13PM  
**Rahu** 7:41AM – 9:11AM

**Family Home Evening**

Creative Work      Amrita Yoga

Until 10:19PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Svati Nakshatra Vyaghata\*/Harshana Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

**Svati Until 10:19PM**

Vyaghata\* Until 4:51PM

Bava Until 8:23PM

**Tritiya Until 9:19AM**

**Ganesha:** Yellow      *Sunrise:* 6:10AM

**Muruqa:** Clear      *Sunset:* 6:17PM

**Nataraja:** White

Moon – Green

**Phalguna-Panguni**

**Devaloka Day**

Yangon, Myanmar

Sun 2      Sutra 344

Plava 5123

Moon 3 - Phase 46 - 2

1st Phase

**3**

**Tuesday, March 22, 2022**

Tula Rasi: 24.25      Tithi 19 – 20

174235478

**Gulika** 12:13PM – 1:44PM  
Yama 9:11AM – 10:42AM  
**Rahu** 3:15PM – 4:46PM

Routine Work      Marana Yoga

Until 9:10PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Vishakha Nakshatra Harshana/Vajra\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Vishakha Until 9:10PM**

Harshana Until 2:06PM

Kaulava Until 6:23PM

**Chaturthi\* Until 7:22AM**

**Ganesha:** Blue      *Sunrise:* 6:09AM

**Muruqa:** Clear      *Sunset:* 6:17PM

**Nataraja:** White

Moon – Orange

**Phalguna-Panguni**

**Sivaloka Day**

Yangon, Myanmar

Sun 3      Sutra 345

Plava 5123

Moon 3 - Phase 46 - 3

1st Phase

**4**

**Wednesday, March 23, 2022**

Virchika Rasi: 8.31      Tithi 21

175235478

**Gulika** 10:41AM – 12:13PM  
Yama 7:39AM – 9:10AM  
**Rahu** 12:13PM – 1:44PM

Creative Work      Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Anuradha Nakshatra Vajra\*/Siddhi Yoga Gara/Vanija Karana Shashthyam Titau

**Anuradha Until 7:49PM**

Vajra\* Until 11:16AM

Gara Until 4:19PM

**Shashthi\* Until 3:15AM Thu**

**Ganesha:** Yellow      *Sunrise:* 6:08AM

**Muruqa:** Clear      *Sunset:* 6:17PM

**Nataraja:** White

Moon – Orange

**Phalguna-Panguni**

**Devaloka Day**

Yangon, Myanmar

Sun 4      Sutra 346

Plava 5123

Moon 3 - Phase 46 - 4

1st Phase

**5**

**Thursday, March 24, 2022**

Virchika Rasi: 22.39      Tithi 22

175235478

**Gulika** 9:10AM – 10:41AM  
Yama 6:07AM – 7:39AM  
**Rahu** 1:43PM – 3:15PM

Routine Work      Prabalarishta Yoga

Until 6:19PM

Then Creative Work - Siddha Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Jyeshtha\* Nakshatra Siddhi/Vyatipata\* Yoga Visti\*/Bava Karana Saplamyam Titau

**Jyeshtha\* Until 6:19PM**

Siddhi Until 8:25AM

Visti Until 2:14PM

**Saptami Until 1:10AM Fri**

**Ganesha:** Yellow      *Sunrise:* 6:07AM

**Muruqa:** Clear      *Sunset:* 6:17PM

**Nataraja:** White

Moon – Orange

**Phalguna-Panguni**

**Devaloka Day**

Yangon, Myanmar

Sun 5      Sutra 347

Plava 5123

Moon 3 - Phase 46 - 5

1st Phase

**D**

**Friday, March 25, 2022**

**Retreat Star**

Dhanus Rasi: 6.47      Tithi 23

185235478

**Gulika** 7:38AM – 9:09AM  
Yama 3:15PM – 4:46PM  
**Rahu** 10:41AM – 12:12PM

Creative Work      Amrita Yoga

Until 5:07PM

Then Routine Work - Prabalarishta Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Variyan Yoga Balava/Kaulava Karana Ashtamyam Titau

**Mula\* Until 5:07PM**

Variyan Until 2:46AM Sat

Balava Until 12:09PM

**Ashtami\* Until 11:07PM**

**Ganesha:** Blue      *Sunrise:* 6:07AM

**Muruqa:** Clear      *Sunset:* 6:17PM

**Nataraja:** White

Moon – Light Blue

**Phalguna-Panguni**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Yangon, Myanmar

Sun 6      Sutra 348

Plava 5123

Moon 3 - Phase 46 - 6

Ashtami

**Saturday, March 26, 2022**

**Retreat Star**

Dhanus Rasi: 20.53      Tithi 24

185235478

**Gulika** 6:06AM – 7:37AM  
Yama 1:43PM – 3:15PM  
**Rahu** 9:09AM – 10:40AM

Creative Work      Siddha Yoga

Until 3:49PM

Then Routine Work - Marana Yoga

Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Parigha\* Yoga Taitila/Gara Karana Navamyam Titau

**Purvashadha\* Until 3:49PM**

Parigha\* Until 12:00AM Sun

Taitila Until 10:07AM

**Navami\* Until 9:06PM**

**Ganesha:** Blue      *Sunrise:* 6:06AM

**Muruqa:** Clear      *Sunset:* 6:17PM

**Nataraja:** White

Moon – Light Blue

**Phalguna-Panguni**

**Bhuloka Day**

Devaloka Time: 12:PM to 3:PM

Yangon, Myanmar

Sun 7      Sutra 349

Plava 5123

Moon 3 - Phase 46 - 7

Navami

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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<b>1 Sunday, March 27, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Shiva Yoga Vanija/Visli* Karana Dashamyam Titau				Yangon, Myanmar Sun 8 Sutra 350 Plava 5123
Makara Rasi: 4.58	Tithi 25	<b>Gulika</b> 3:14PM – 4:46PM	<b>Uttarashadha</b> Until 2:27PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:05AM	
		Yama 12:11PM – 1:43PM	Shiva Until 9:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47 - 8
		185235478 <b>Rahu</b> 4:46PM – 6:18PM	Vanija Until 8:08AM	<b>Nataraja:</b> White		2nd Phase
Creative Work	Amrita Yoga		<b>Dashami</b> Until 7:09PM	Moon – Light Blue		
				<b>Phalguna-Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 12:PM to 3:PM

<b>2 Monday, March 28, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Siddha Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 9 Sutra 351 Plava 5123
Makara Rasi: 18.59	Tithi 26 – 27	<b>Gulika</b> 1:43PM – 3:14PM	<b>Shravana</b> Until 1:28PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:04AM	
<b>Family Home Evening</b>		Yama 10:39AM – 12:11PM	Siddha Until 6:41PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47 - 9
Creative Work	Amrita Yoga	195235478 <b>Rahu</b> 7:36AM – 9:08AM	Bava Until 6:15AM	<b>Nataraja:</b> White		2nd Phase
Until 1:28PM			<b>Ekadashi*</b> Until 5:21PM	Moon – Purple		
Then Creative Work - Siddha Yoga				<b>Phalguna-Panguni</b>	<b>Devaloka Day</b>	

<b>3 Tuesday, March 29, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Sadhya/Subha Yoga Tailla/Gara Karana Dvadashi/Trayodashyam Titau				Yangon, Myanmar Sun 10 Sutra 352 Plava 5123
Kumbha Rasi: 2.53	Tithi 27 – 28	<b>Gulika</b> 12:11PM – 1:43PM	<b>Dhanishtha</b> Until 12:31PM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:04AM	
		Yama 9:07AM – 10:39AM	Sadhya Until 4:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47 - 10
		195235478 <b>Rahu</b> 3:14PM – 4:46PM	Gara Until 3:02AM Wed	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 3:43PM	Moon – Purple		
Until 12:31PM				<b>Phalguna-Panguni</b>	<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga			<i>Pradosha Vrata (Fasting)</i>			

<b>4 Wednesday, March 30, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Subha/Sukla Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Yangon, Myanmar Sun 11 Sutra 353 Plava 5123
Kumbha Rasi: 16.4	Tithi 28 – 29	<b>Gulika</b> 10:39AM – 12:10PM	<b>Shatabhishak</b> Until 11:41AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:03AM	
		Yama 7:35AM – 9:07AM	Subha Until 2:03PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47 - 11
		195245478 <b>Rahu</b> 12:10PM – 1:42PM	Visti Until 1:51AM Thu	<b>Nataraja:</b> White		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 2:22PM	Moon – Purple		
Until 11:41AM				<b>Phalguna-Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
Then Creative Work - Amrita Yoga						

<b>Thursday, March 31, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Sukla/Brahma Yoga Sakuni*/Catuspada* Karana Chaturdashil/Amavasyayam Titau				Yangon, Myanmar Sun 12 Sutra 354 Plava 5123
<b>Retreat Star</b>		<b>Gulika</b> 9:06AM – 10:38AM	<b>Purvaproshtapada*</b> Until 11:31AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:02AM	
Meena Rasi: 0.14	Tithi 29 – 30	Yama 6:02AM – 7:34AM	Sukla Until 12:07PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47 - 12
		115245478 <b>Rahu</b> 1:42PM – 3:14PM	Catuspada Until 1:06AM Fri	<b>Nataraja:</b> White		Amavasya
Creative Work	Siddha Yoga		<b>Chaturdashy*</b> Until 1:24PM	Moon – Clear		
				<b>Phalguna-Panguni</b>	<b>Bhuloka Day</b>	

<b>Friday, April 1, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Brahma/Indra Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Yangon, Myanmar Sun 13 Sutra 355 Plava 5123
<b>Retreat Star</b>		<b>Gulika</b> 7:34AM – 9:06AM	<b>Uttaraproshtapada</b> Until 11:39AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:02AM	
Meena Rasi: 13.34	Tithi 30 – 1	Yama 3:14PM – 4:46PM	Brahma Until 10:34AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 3 - Phase 47 - 13
		115245478 <b>Rahu</b> 10:38AM – 12:10PM	Kintughna Until 12:53AM Sat	<b>Nataraja:</b> White		Prathama
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 12:54PM	Moon – Clear		
		<b>Yugadhi</b>		<b>Chaitra-Panguni</b>	<b>Bhuloka Day</b>	

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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<b>1</b>		<b>Saturday, April 2, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mantā Vasara Yuktayam Revati/Ashvini Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Yangon, Myanmar Sun 14 Sutra 356 Plava 5123	
Meena Rasi: 26.36	Tithi 1 – 2	<b>Gulika</b> 6:01AM – 7:33AM	<b>Revati Until 12:10PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:01AM	<b>Muruḡa:</b> White	<i>Sunset:</i> 6:18PM
		Yama 1:42PM – 3:14PM	Indra Until 9:29AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 14	3rd Phase
		126245478 <b>Rahu</b> 9:06AM – 10:38AM	Balava Until 1:15AM Sun	Moon – Clear		<b>Bhuloka Day</b>	
Routine Work	Prabalarishta Yoga		<b>Prathama* Until 12:58PM</b>	<b>Chaitra•Panguni</b>		Devaloka Time: 9:AM to 12:PM	
Until 12:10PM		<b>Chellappaswami Mahasamadhi</b>					
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, April 3, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Ashvini/Bharani Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Tailila Karana Dvitiya/Trilyayam Titau		Yangon, Myanmar Sun 15 Sutra 357 Plava 5123	
Mesha Rasi: 9.21	Tithi 2 – 3	<b>Gulika</b> 3:14PM – 4:46PM	<b>Ashvini Until 1:36PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	<b>Muruḡa:</b> White	<i>Sunset:</i> 6:19PM
		Yama 12:10PM – 1:42PM	Vaidhriti* Until 8:50AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 15	3rd Phase
		126345478 <b>Rahu</b> 4:46PM – 6:19PM	Taitila Until 2:15AM Mon	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Dvitiya Until 1:39PM</b>	<b>Chaitra•Panguni</b>			
Until 1:36PM							
Then Routine Work - Prabalarishta Yoga							

<b>3</b>		<b>Monday, April 4, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Yangon, Myanmar Sun 16 Sutra 358 Plava 5123	
Mesha Rasi: 21.49	Tithi 3 – 4	<b>Gulika</b> 1:42PM – 3:14PM	<b>Bharani Until 3:29PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:00AM	<b>Muruḡa:</b> White	<i>Sunset:</i> 6:19PM
<b>Family Home Evening</b>		Yama 10:37AM – 12:09PM	Vishkambha* Until 8:41AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 16	3rd Phase
		126345478 <b>Rahu</b> 7:32AM – 9:04AM	Vanija Until 3:50AM Tue	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Tritiya Until 2:57PM</b>	<b>Chaitra•Panguni</b>			
Until 3:29PM							
Then Routine Work - Marana Yoga							

<b>4</b>		<b>Tuesday, April 5, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Krittika/Rohini Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Yangon, Myanmar Sun 17 Sutra 359 Plava 5123	
Vrishabha Rasi: 4.01	Tithi 4 – 5	<b>Gulika</b> 12:09PM – 1:41PM	<b>Krittika Until 5:43PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	<b>Muruḡa:</b> White	<i>Sunset:</i> 6:19PM
		Yama 9:04AM – 10:36AM	Priti Until 9:00AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 17	3rd Phase
		126345478 <b>Rahu</b> 3:14PM – 4:46PM	Bava Until 5:55AM Wed	Moon – White		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Chaturthi* Until 4:48PM</b>	<b>Chaitra•Panguni</b>			
Until 5:43PM							
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Wednesday, April 6, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Rohini Nakshatra Ayushman/Saubhagya Yoga Balava Karana Panchamyam Titau		Yangon, Myanmar Sun 18 Sutra 360 Plava 5123	
Vrishabha Rasi: 16.02	Tithi 5	<b>Gulika</b> 10:36AM – 12:09PM	<b>Rohini Until 8:42PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	<b>Muruḡa:</b> White	<i>Sunset:</i> 6:19PM
		Yama 7:31AM – 9:03AM	Ayushman Until 9:39AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 18	3rd Phase
		136345478 <b>Rahu</b> 12:09PM – 1:41PM	Balava Until 7:05PM	Moon – Yellow		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Panchami Until 7:05PM</b>	<b>Chaitra•Panguni</b>		Devaloka Time: 6:AM to 9:AM	

<b>6</b>		<b>Thursday, April 7, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Mrigashira Nakshatra Saubhagya/Sobhana Yoga Kaulava/Tailila Karana Shashthyam Titau		Yangon, Myanmar Sun 19 Sutra 361 Plava 5123	
Vrishabha Rasi: 27.55	Tithi 6	<b>Gulika</b> 9:03AM – 10:36AM	<b>Mrigashira Until 11:43PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:58AM	<b>Muruḡa:</b> White	<i>Sunset:</i> 6:19PM
		Yama 5:58AM – 7:30AM	Saubhagya Until 10:32AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 19	3rd Phase
		136345478 <b>Rahu</b> 1:41PM – 3:14PM	Kaulava Until 8:21AM	Moon – Yellow		<b>Bhuloka Day</b>	
Routine Work	Marana Yoga		<b>Shashthi* Until 9:36PM</b>	<b>Chaitra•Panguni</b>		Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b>		<b>Friday, April 8, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Ardra Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Saptamyam Titau		Yangon, Myanmar Sun 20 Sutra 362 Plava 5123	
Mithuna Rasi: 9.45	Tithi 7	<b>Gulika</b> 7:30AM – 9:02AM	<b>Ardra Until 2:33AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:57AM	<b>Muruḡa:</b> White	<i>Sunset:</i> 6:19PM
		Yama 3:14PM – 4:47PM	Sobhana Until 11:31AM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 20	3rd Phase
		136345478 <b>Rahu</b> 10:35AM – 12:08PM	Gara Until 10:53AM	Moon – Yellow		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Saptami Until 12:06AM Sat</b>	<b>Chaitra•Panguni</b>		Devaloka Time: 6:AM to 9:AM	

<b>Retreat Star</b>		<b>Saturday, April 9, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mantā Vasara Yuktayam Punarvasu Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Ashtamyam Titau		Yangon, Myanmar Sun 21 Sutra 363 Plava 5123	
Mithuna Rasi: 21.37	Tithi 8	<b>Gulika</b> 5:56AM – 7:29AM	<b>Punarvasu Until 5:29AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:56AM	<b>Muruḡa:</b> White	<i>Sunset:</i> 6:20PM
		Yama 1:41PM – 3:14PM	Athiganda* Until 12:23PM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 21	Ashtami
		147345478 <b>Rahu</b> 9:02AM – 10:35AM	Visti Until 1:19PM	Moon – Blue		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Ashtami* Until 2:24AM Sun</b>	<b>Chaitra•Panguni</b>		Devaloka Time: 9:AM to 12:PM	

<b>Retreat Star</b>		<b>Sunday, April 10, 2022</b>		Plava Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Navamyam Titau		Yangon, Myanmar Sun 22 Sutra 364 Plava 5123	
Kataka Rasi: 3.35	Tithi 9	<b>Gulika</b> 3:14PM – 4:47PM	<b>Pushya Until 7:49AM Mon</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	<b>Muruḡa:</b> White	<i>Sunset:</i> 6:20PM
		Yama 12:07PM – 1:41PM	Sukarma Until 1:01PM	<b>Nataraja:</b> White		Moon 3 - Phase 48 - 22	Navami
		147345478 <b>Rahu</b> 4:47PM – 6:20PM	Balava Until 3:24PM	Moon – Blue		<b>Bhuloka Day</b>	
Creative Work	Siddha Yoga		<b>Navami* Until 4:15AM Mon</b>	<b>Chaitra•Panguni</b>		Devaloka Time: 9:AM to 12:PM	
		<b>Sri Rama Navami</b>					

Let us have concord with our own people, and concord with people who are strangers to us. Ashvins, create between us and the strangers a unity of hearts. Atharva Veda

<b>Monday, April 11, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Dashamyam Titau				Yangon, Myanmar Sun 23
<b>1</b>		<b>Gulika</b> 1:40PM – 3:14PM	<b>Pushya</b> Until 7:49AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:55AM	Plava 5123
Kataka Rasi: 15.44	Tithi 10	Yama 10:34AM – 12:07PM	Dhriti Until 1:16PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49 - 23
<b>Family Home Evening</b>	147345478	<b>Rahu</b> 7:28AM – 9:01AM	Taitila Until 4:58PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		
		<b>Yogaswami Mahasamadhi</b>	<b>Dashami</b> Until 5:30AM Tue	<b>Chaitra•Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>Tuesday, April 12, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shula*/Ganda* Yoga Vanija/Visli* Karana Ekadashyam Titau				Yangon, Myanmar Sun 24
<b>2</b>		<b>Gulika</b> 12:07PM – 1:40PM	<b>Ashlesha*</b> Until 9:24AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:54AM	Plava 5123
Kataka Rasi: 28.08	Tithi 11	Yama 9:00AM – 10:34AM	Shula* Until 1:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49 - 24
	147345478	<b>Rahu</b> 3:13PM – 4:47PM	Vanija Until 5:53PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Blue		
			<b>Ekadashi</b> Until 6:03AM Wed	<b>Chaitra•Panguni</b>	<b>Bhuloka Day</b>	Devaloka Time: 9:AM to 12:PM

<b>Wednesday, April 13, 2022</b>		Plava Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Ganda*/Vridhdi Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Yangon, Myanmar Sun 25
<b>3</b>		<b>Gulika</b> 10:33AM – 12:07PM	<b>Magha*</b> Until 10:36AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:53AM	Plava 5123
Simha Rasi: 10.5	Tithi 11 – 12	Yama 7:27AM – 9:00AM	Ganda* Until 12:13PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49 - 25
	157345478	<b>Rahu</b> 12:07PM – 1:40PM	Bava Until 6:04PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Red		
Until 10:36AM			<b>Ekadashi</b> Until 6:03AM	<b>Chaitra•Panguni</b>	<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga						

<b>Thursday, April 14, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vridhdi/Dhruva Yoga Kaulava/Taitila Karana Trayodashyam Titau				Yangon, Myanmar Sun 26
<b>4</b>		<b>Gulika</b> 8:59AM – 10:33AM	<b>Purvaphalguni</b> Until 10:57AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:52AM	Subhakrit 5124
Simha Rasi: 23.55	Tithi 13	Yama 5:52AM – 7:26AM	Vridhdi Until 10:52AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 3 - Phase 49 - 26
	157345478	<b>Rahu</b> 1:40PM – 3:13PM	Kaulava Until 5:31PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Red		
		<b>Tamil New Year</b>	<b>Trayodashi</b> Until 4:59AM Fri	<b>Chaitra•Chaitra</b>	<b>Devaloka Day</b>	
			<i>Pradosha Vrata</i>			

<b>Friday, April 15, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Chaturdashyam Titau				Yangon, Myanmar Sun 27
<b>5</b>		<b>Gulika</b> 7:25AM – 8:59AM	<b>Uttaraphalguni</b> Until 10:28AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:52AM	Subhakrit 5124
Kanya Rasi: 7.22	Tithi 14	Yama 3:13PM – 4:47PM	Dhruva Until 8:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49 - 27
	258345478	<b>Rahu</b> 10:33AM – 12:06PM	Gara Until 4:19PM	<b>Nataraja:</b> White		4th Phase
Creative Work	Siddha Yoga			Moon – Red		
Until 10:28AM			<b>Chaturdashi*</b> Until 3:28AM Sat	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	
Then Creative Work - Amrita Yoga						

<b>Saturday, April 16, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Purnimayam Titau				Yangon, Myanmar Sun 28
<b>○</b>		<b>Gulika</b> 5:51AM – 7:25AM	<b>Hasta</b> Until 9:41AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:51AM	Subhakrit 5124
Kanya Rasi: 21.1	Tithi 15	Yama 1:40PM – 3:13PM	Vyaghata* Until 6:32AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49 - Purnima
	268345478	<b>Rahu</b> 8:58AM – 10:32AM	Visti Until 2:32PM	<b>Nataraja:</b> White		
Routine Work	Marana Yoga			Moon – Green		
		<b>Chitra Purnima (Tamil Nadu)</b>	<b>Purnima*</b> Until 1:27AM Sun	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM
		<b>Hanuman Jayanti</b>				

<b>Sunday, April 17, 2022</b>		Subhakrit Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Vajra* Yoga Balava/Kaulava Karana Prathamayam Titau				Yangon, Myanmar Sun 29
<b>○</b>		<b>Gulika</b> 3:13PM – 4:47PM	<b>Chitra</b> Until 8:17AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:50AM	Subhakrit 5124
Tula Rasi: 5.17	Tithi 16	Yama 12:06PM – 1:39PM	Vajra* Until 12:39AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Moon 3 - Phase 49 - Prathama
	268345478	<b>Rahu</b> 4:47PM – 6:21PM	Balava Until 12:18PM	<b>Nataraja:</b> White		
Creative Work	Siddha Yoga			Moon – Green		
			<b>Prathama*</b> Until 11:03PM	<b>Chaitra•Chaitra</b>	<b>Bhuloka Day</b>	Devaloka Time: 6:AM to 9:AM