



**Saturday, May 9, 2020**  
**Gold Retreat Star**

Vrischika Rasi: 19.01      Tithi 18

277234469

Creative Work    Siddha Yoga  
Until 12:23AM Sun  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva Yoga Vanija/Visti\* Karana Trityayam Titau

**Gulika**    4:43AM – 6:33AM  
Yama        1:53PM – 3:43PM  
**Rahu**        8:23AM – 10:13AM

**Jyeshtha\* Until 12:23AM Sun**  
Shiva Until 2:10AM Sun  
Vanija Until 4:37PM  
**Tritya Until 3:35AM Sun**

**Ganesha:** Purple      *Sunrise:* 4:43AM  
**Muruqa:** Clear        *Sunset:* 7:23PM  
**Nataraja:** Clear  
Moon – Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Trieste, Italy  
Sutra 27  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**1**

**Sunday, May 10, 2020**

Dhanus Rasi: 3.1      Tithi 19

287234469

Creative Work    Amrita Yoga  
Until 11:42PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    3:44PM – 5:34PM  
Yama        12:03PM – 1:53PM  
**Rahu**        5:34PM – 7:24PM

**Mula\* Until 11:42PM**  
Siddha Until 11:50PM  
Bava Until 2:46PM  
**Chaturthi\* Until 2:06AM Mon**

**Ganesha:** Clear        *Sunrise:* 4:41AM  
**Muruqa:** Clear        *Sunset:* 7:24PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Trieste, Italy  
Sun 1  
Sutra 28  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**2**

**Monday, May 11, 2020**

Dhanus Rasi: 16.52      Tithi 20

**Family Home Evening**

287244469

Routine Work    Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    1:54PM – 3:44PM  
Yama        10:12AM – 12:03PM  
**Rahu**        6:31AM – 8:21AM

**Purvashadha\* Until 11:39PM**  
Sadhya Until 10:10PM  
Kaulava Until 1:40PM  
**Panchami Until 1:24AM Tue**

**Ganesha:** Clear        *Sunrise:* 4:40AM  
**Muruqa:** Orange      *Sunset:* 7:24PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Trieste, Italy  
Sun 2  
Sutra 29  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**3**

**Tuesday, May 12, 2020**

Makara Rasi: 0.07      Tithi 21

288244469

Routine Work    Prabalarishta Yoga

Until 12:15AM Wed

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    12:03PM – 1:54PM  
Yama        8:21AM – 10:12AM  
**Rahu**        3:45PM – 5:36PM

**Uttarashadha Until 12:15AM Wed**  
Subha Until 9:08PM  
Gara Until 1:23PM  
**Shashthi\* Until 1:32AM Wed**

**Ganesha:** Purple      *Sunrise:* 4:39AM  
**Muruqa:** Orange      *Sunset:* 7:27PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Vaisaka-Chaitra**

**Sivaloka Day**

Trieste, Italy  
Sun 3  
Sutra 30  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**4**

**Wednesday, May 13, 2020**

Makara Rasi: 12.56      Tithi 22

298244469

Creative Work    Siddha Yoga

**Chidambaram Abhishekam**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    10:11AM – 12:03PM  
Yama        6:29AM – 8:20AM  
**Rahu**        12:03PM – 1:54PM

**Shravana Until 1:55AM Thu**  
Sukla Until 8:42PM  
Visti Until 1:54PM  
**Saptami Until 2:25AM Thu**

**Ganesha:** Clear        *Sunrise:* 4:38AM  
**Muruqa:** Orange      *Sunset:* 7:28PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Chaitra**

**Devaloka Day**

Trieste, Italy  
Sun 4  
Sutra 31  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**D**

**Thursday, May 14, 2020**

**Retreat Star**

Makara Rasi: 25.25      Tithi 23

298244469

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    8:20AM – 10:11AM  
Yama        4:36AM – 6:28AM  
**Rahu**        1:54PM – 3:46PM

**Dhanishtha Until 4:03AM Fri**  
Brahma Until 8:49PM  
Balava Until 3:08PM  
**Ashtami\* Until 3:57AM Fri**

**Ganesha:** Clear        *Sunrise:* 4:36AM  
**Muruqa:** Orange      *Sunset:* 7:29PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

Trieste, Italy  
Sun 5  
Sutra 32  
Sarvari 5122  
Moon 5 - Phase 4  
Ashtami

**Friday, May 15, 2020**

**Retreat Star**

Kumbha Rasi: 7.38      Tithi 24

298244469

Creative Work    Siddha Yoga

Until 6:28AM Sat

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    6:27AM – 8:19AM  
Yama        3:47PM – 5:38PM  
**Rahu**        10:11AM – 12:03PM

**Shatabhishak Until 6:28AM Sat**  
Indra Until 9:20PM  
Taitila Until 4:56PM  
**Navami\* Until 5:57AM Sat**

**Ganesha:** Clear        *Sunrise:* 4:35AM  
**Muruqa:** Orange      *Sunset:* 7:30PM  
**Nataraja:** Clear  
Moon – Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

Trieste, Italy  
Sun 6  
Sutra 33  
Sarvari 5122  
Moon 5 - Phase 4  
Navami

<b>1</b>		<b>Saturday, May 16, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija Karana Dashamyam Titau		Trieste, Italy Sun 7 Sutra 34	
Kumbha Rasi: 19.41	Tithi 25	<b>Gulika</b> 4:34AM – 6:26AM	<b>Shatabhishak</b> Until 6:28AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:34AM	Sarvari 5122	
		Yama 1:55PM – 3:47PM	Vaidhriti* Until 10:06PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:31PM	Moon 5 - Phase 5	
		298244469 <b>Rahu</b> 8:18AM – 10:11AM	Vanija Until 7:06PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Amrita Yoga		<b>Dashami</b> Until 8:14AM Sun	Moon – Purple		<b>Devaloka Day</b>	
Until 6:28AM						<b>Vaisaka-Vaikasi</b>	
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Sunday, May 17, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 8 Sutra 35	
Meena Rasi: 2	Tithi 25 – 26	<b>Gulika</b> 3:48PM – 5:40PM	<b>Purvaproshtapada*</b> Until 9:29AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:33AM	Sarvari 5122	
		Yama 12:03PM – 1:55PM	Vishkambha* Until 11:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:33PM	Moon 5 - Phase 5	
		218244469 <b>Rahu</b> 5:40PM – 7:33PM	Bava Until 9:27PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 8:14AM	Moon – Clear		<b>Devaloka Day</b>	
Until 9:29AM						<b>Vaisaka-Vaikasi</b>	
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Monday, May 18, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 9 Sutra 36	
Meena Rasi: 13.28	Tithi 26 – 27	<b>Gulika</b> 1:56PM – 3:48PM	<b>Uttaraproshtapada</b> Until 12:26PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:32AM	Sarvari 5122	
		Yama 10:10AM – 12:03PM	Priti Until 11:56PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:34PM	Moon 5 - Phase 5	
<b>Family Home Evening</b>		219244469 <b>Rahu</b> 6:25AM – 8:17AM	Kaulava Until 11:51PM	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 10:38AM	Moon – Clear		<b>Bhuloka Day</b>	
Until 9:29AM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Tuesday, May 19, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 10 Sutra 37	
Meena Rasi: 25.22	Tithi 27 – 28	<b>Gulika</b> 12:03PM – 1:56PM	<b>Revati</b> Until 3:10PM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:31AM	Sarvari 5122	
		Yama 8:17AM – 10:10AM	Ayushman Until 12:46AM Wed	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:35PM	Moon 5 - Phase 5	
		219244469 <b>Rahu</b> 3:49PM – 5:42PM	Gara Until 2:08AM Wed	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 12:59PM	Moon – Clear		<b>Bhuloka Day</b>	
Until 6:04PM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga						<b>Vaisaka-Vaikasi</b>	
						<i>Pradosha Vrata (Fasting)</i>	

<b>5</b>		<b>Wednesday, May 20, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 11 Sutra 38	
Mesha Rasi: 7.17	Tithi 28 – 29	<b>Gulika</b> 10:10AM – 12:03PM	<b>Ashvini</b> Until 6:04PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:30AM	Sarvari 5122	
		Yama 6:23AM – 8:16AM	Saubhagya Until 1:27AM Thu	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:36PM	Moon 5 - Phase 5	
		229244469 <b>Rahu</b> 12:03PM – 1:56PM	Visli Until 4:11AM Thu	<b>Nataraja:</b> Clear		2nd Phase	
Routine Work	Marana Yoga		<b>Trayodashi*</b> Until 3:10PM	Moon – White		<b>Bhuloka Day</b>	
Until 6:04PM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga						<b>Vaisaka-Vaikasi</b>	

<b>6</b>		<b>Thursday, May 21, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Trieste, Italy Sun 12 Sutra 39	
Mesha Rasi: 19.19	Tithi 29 – 30	<b>Gulika</b> 8:16AM – 10:10AM	<b>Bharani</b> Until 8:31PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:29AM	Sarvari 5122	
		Yama 4:29AM – 6:23AM	Sobhana Until 1:54AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:37PM	Moon 5 - Phase 5	
		229244469 <b>Rahu</b> 1:57PM – 3:50PM	Catuspada Until 5:56AM Fri	<b>Nataraja:</b> Clear		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 5:05PM	Moon – White		<b>Bhuloka Day</b>	
Until 8:31PM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga						<b>Vaisaka-Vaikasi</b>	

<b>Retreat Star</b>		<b>Friday, May 22, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Naga* Karana Amavasyayam Titau		Trieste, Italy Sun 13 Sutra 40	
Vrishabha Rasi: 1.28	Tithi 30	<b>Gulika</b> 6:22AM – 8:16AM	<b>Krittika</b> Until 10:29PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:28AM	Sarvari 5122	
		Yama 3:51PM – 5:44PM	Athiganda* Until 2:03AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:38PM	Moon 5 - Phase 5	
		229244469 <b>Rahu</b> 10:09AM – 12:03PM	Naga Until 6:39PM	<b>Nataraja:</b> Clear		Amavasya	
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 6:39PM	Moon – White		<b>Bhuloka Day</b>	
Until 10:29PM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Routine Work - Marana Yoga						<b>Vaisaka-Vaikasi</b>	

<b>Retreat Star</b>		<b>Saturday, May 23, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau		Trieste, Italy Sun 14 Sutra 41	
Vrishabha Rasi: 13.47	Tithi 1	<b>Gulika</b> 4:27AM – 6:21AM	<b>Rohini</b> Until 12:22AM Sun	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:27AM	Sarvari 5122	
		Yama 1:57PM – 3:51PM	Sukarma Until 1:54AM Sun	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:39PM	Moon 5 - Phase 5	
		239244469 <b>Rahu</b> 8:15AM – 10:09AM	Kintughna Until 7:18AM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 7:49PM	Moon – Yellow		<b>Bhuloka Day</b>	
Until 12:22AM Sun						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga						<b>Jyeshtha-Vaikasi</b>	

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Sunday, May 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau			Trieste, Italy Sun 15 Sutra 42
	Vrishabha Rasi: 26.16	Tithi 2	Gulika 3:52PM – 5:46PM	Mrigashira Until 1:40AM Mon	Ganesha: Green Muruḡa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 4:26AM Sunset: 7:40PM Moon 5 - Phase 6 3rd Phase
	Creative Work	Siddha Yoga	Yama 12:03PM – 1:57PM	Dhriti Until 1:25AM Mon	Balava Until 8:15AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
			351344469 Rahu 5:46PM – 7:40PM	Dvitiya Until 8:33PM		

<b>2</b>	<b>Monday, May 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau			Trieste, Italy Sun 16 Sutra 43
	Mithuna Rasi: 8.58	Tithi 3	Gulika 1:58PM – 3:52PM	Ardra Until 2:23AM Tue	Ganesha: White Muruḡa: Orange Nataraja: Clear Moon – Yellow	Sunrise: 4:26AM Sunset: 7:41PM Moon 5 - Phase 6 3rd Phase
	Family Home Evening	Creative Work	Yama 10:09AM – 12:03PM	Shula* Until 12:34AM Tue	Taitila Until 8:46AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
			351344469 Rahu 6:20AM – 8:14AM	Tritiya Until 8:49PM		

<b>3</b>	<b>Tuesday, May 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau			Trieste, Italy Sun 17 Sutra 44
	Mithuna Rasi: 21.52	Tithi 4	Gulika 12:03PM – 1:58PM	Punarvasu Until 2:57AM Wed	Ganesha: Purple Muruḡa: Orange Nataraja: Clear Moon – Blue	Sunrise: 4:25AM Sunset: 7:42PM Moon 5 - Phase 6 3rd Phase
	Creative Work	Siddha Yoga	Yama 8:14AM – 10:09AM	Ganda* Until 11:21PM	Vanija Until 8:49AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
			341244469 Rahu 3:53PM – 5:47PM	Chaturthi* Until 8:39PM		

<b>4</b>	<b>Wednesday, May 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau			Trieste, Italy Sun 18 Sutra 45
	Kataka Rasi: 5.01	Tithi 5	Gulika 10:09AM – 12:04PM	Pushya Until 2:55AM Thu	Ganesha: Purple Muruḡa: Orange Nataraja: Clear Moon – Blue	Sunrise: 4:24AM Sunset: 7:43PM Moon 5 - Phase 6 3rd Phase
	Creative Work	Siddha Yoga	Yama 6:19AM – 8:14AM	Vriddhi Until 9:48PM	Bava Until 8:25AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
			341244469 Rahu 12:04PM – 1:58PM	Panchami Until 8:01PM		

<b>5</b>	<b>Thursday, May 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau			Trieste, Italy Sun 19 Sutra 46
	Kataka Rasi: 18.23	Tithi 6	Gulika 8:14AM – 10:09AM	Ashlesha* Until 2:17AM Fri	Ganesha: Purple Muruḡa: Orange Nataraja: Clear Moon – Blue	Sunrise: 4:23AM Sunset: 7:44PM Moon 5 - Phase 6 3rd Phase
	Creative Work	Siddha Yoga	Yama 4:23AM – 6:18AM	Dhruva Until 7:51PM	Kaulava Until 7:33AM	Bhuloka Day Devaloka Time: 3:PM to 6:PM
			341244469 Rahu 1:59PM – 3:54PM	Shashthi* Until 6:56PM		

<b>6</b>	<b>Friday, May 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyaghata*Harshana Yoga Gara/Visti* Karana Saptami/Ashlmyam Titau			Trieste, Italy Sun 20 Sutra 47
	Simha Rasi: 2.02	Tithi 7 – 8	Gulika 6:18AM – 8:13AM	Magha* Until 1:30AM Sat	Ganesha: Purple Muruḡa: Orange Nataraja: Clear Moon – Red	Sunrise: 4:23AM Sunset: 7:45PM Moon 5 - Phase 6 3rd Phase
	Routine Work	Marana Yoga	Yama 3:54PM – 5:50PM	Vyaghata* Until 5:33PM	Gara Until 6:14AM	Sivaloka Day
			351344469 Rahu 10:09AM – 12:04PM	Saptami Until 5:24PM		

<b>☾</b>	<b>Saturday, May 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Trieste, Italy Sun 21 Sutra 48
	<b>Retreat Star</b>		Gulika 4:22AM – 6:18AM	Purvaphalguni Until 12:11AM Sun	Ganesha: Purple Muruḡa: Orange Nataraja: Clear Moon – Red	Sunrise: 4:22AM Sunset: 7:46PM Moon 5 - Phase 6 Ashtami
	Simha Rasi: 15.57	Tithi 8 – 9	Yama 1:59PM – 3:55PM	Harshana Until 2:55PM	Balava Until 2:20AM Sun	Sivaloka Day
			351344469 Rahu 8:13AM – 10:08AM	Ashtami* Until 3:26PM		

<b>☽</b>	<b>Sunday, May 31, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau			Trieste, Italy Sun 22 Sutra 49
	<b>Retreat Star</b>		Gulika 3:55PM – 5:51PM	Uttaraphalguni Until 10:21PM	Ganesha: Purple Muruḡa: Orange Nataraja: Clear Moon – Red	Sunrise: 4:21AM Sunset: 7:47PM Moon 5 - Phase 6 Navami
	Kanya Rasi: 0.07	Tithi 9 – 10	Yama 12:04PM – 2:00PM	Vajra* Until 11:58AM	Taitila Until 11:50PM	Sivaloka Day
			351344469 Rahu 5:51PM – 7:47PM	Navami* Until 1:06PM		


The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Monday, June 1, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hasla Nakshatra Siddhi/Vyatalipata Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Trieste, Italy Sun 23 Sutra 50
	Kanya Rasi: 14.31    Tithi 10 – 11 <b>Family Home Evening</b> Creative Work    Siddha Yoga Until 8:32PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 2:00PM – 3:56PM Yama 10:08AM – 12:04PM <b>Rahu</b> 6:17AM – 8:13AM	<b>Hasta</b> Until 8:32PM Siddhi Until 8:45AM Vanija Until 9:04PM <b>Dashami</b> Until 10:27AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:21AM <b>Muruqa:</b> Orange <i>Sunset:</i> 7:48PM <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 4:21AM <i>Sunset:</i> 7:48PM Moon 5 - Phase 7 4th Phase <b>Devaloka Day</b> Jyeshtha-Vaikasi

<b>2</b>	<b>Tuesday, June 2, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Variyan Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			Trieste, Italy Sun 24 Sutra 51
	Kanya Rasi: 29.05    Tithi 11 – 12 Creative Work    Siddha Yoga	<b>Gulika</b> 12:04PM – 2:00PM Yama 8:12AM – 10:08AM <b>Rahu</b> 3:56PM – 5:52PM	<b>Chitra</b> Until 6:24PM Variyan Until 1:50AM Wed Bava Until 6:07PM <b>Ekadashi</b> Until 7:35AM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:20AM <b>Muruqa:</b> Orange <i>Sunset:</i> 7:48PM <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 4:20AM <i>Sunset:</i> 7:48PM Moon 5 - Phase 7 4th Phase <b>Devaloka Day</b> Jyeshtha-Vaikasi

<b>3</b>	<b>Wednesday, June 3, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Parigha Yoga Kaulava/Taitila Karana Trayodashyam Titau			Trieste, Italy Sun 25 Sutra 52
	Tula Rasi: 13.45    Tithi 13 Creative Work    Siddha Yoga	<b>Gulika</b> 10:08AM – 12:05PM Yama 6:16AM – 8:12AM <b>Rahu</b> 12:05PM – 2:01PM	<b>Svati</b> Until 4:04PM Parigha* Until 10:18PM Kaulava Until 3:06PM <b>Trayodashi</b> Until 1:36AM Thu <i>Pradosha Vrata</i>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:20AM <b>Muruqa:</b> Orange <i>Sunset:</i> 7:49PM <b>Nataraja:</b> Clear Moon – Green	<i>Sunrise:</i> 4:20AM <i>Sunset:</i> 7:49PM Moon 5 - Phase 7 4th Phase <b>Devaloka Day</b> Jyeshtha-Vaikasi

<b>4</b>	<b>Thursday, June 4, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau			Trieste, Italy Sun 26 Sutra 53
	Tula Rasi: 28.25    Tithi 14 Creative Work    Siddha Yoga	<b>Gulika</b> 8:12AM – 10:08AM Yama 4:19AM – 6:16AM <b>Rahu</b> 2:01PM – 3:57PM	<b>Vishakha</b> Until 2:05PM Shiva Until 6:54PM Gara Until 12:10PM <b>Chaturdashi*</b> Until 10:45PM	<b>Ganesha:</b> White <i>Sunrise:</i> 4:19AM <b>Muruqa:</b> Orange <i>Sunset:</i> 7:50PM <b>Nataraja:</b> Clear Moon – Orange	<i>Sunrise:</i> 4:19AM <i>Sunset:</i> 7:50PM Moon 5 - Phase 7 4th Phase <b>Sivaloka Day</b> Jyeshtha-Vaikasi

	<b>Friday, June 5, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Purnimayam Titau			Trieste, Italy Sun 27 Sutra 54
	<b>Copper Retreat Star</b> Vrischika Rasi: 12.56    Tithi 15 Creative Work    Siddha Yoga Until 12:11PM Then Routine Work - Marana Yoga	<b>Gulika</b> 6:15AM – 8:12AM Yama 3:58PM – 5:54PM <b>Rahu</b> 10:08AM – 12:05PM	<b>Anuradha</b> Until 12:11PM Siddha Until 3:40PM Visti Until 9:26AM <b>Purnima*</b> Until 8:11PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:19AM <b>Muruqa:</b> Orange <i>Sunset:</i> 7:51PM <b>Nataraja:</b> Yellow Moon – Orange	<i>Sunrise:</i> 4:19AM <i>Sunset:</i> 7:51PM Moon 5 - Phase 7 Purnima <b>Devaloka Day</b> Jyeshtha-Vaikasi

<b>Silver Retreat Star</b>	<b>Saturday, June 6, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau			Trieste, Italy Sun 28 Sutra 55
	Vrischika Rasi: 27.15    Tithi 16 Creative Work    Siddha Yoga	<b>Gulika</b> 4:19AM – 6:15AM Yama 2:02PM – 3:58PM <b>Rahu</b> 8:12AM – 10:08AM	<b>Jyeshtha*</b> Until 10:31AM Sadhya Until 12:46PM Balava Until 7:03AM <b>Prathama*</b> Until 6:01PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 4:19AM <b>Muruqa:</b> Orange <i>Sunset:</i> 7:51PM <b>Nataraja:</b> Yellow Moon – Orange	<i>Sunrise:</i> 4:19AM <i>Sunset:</i> 7:51PM Moon 5 - Phase 7 Prathama <b>Devaloka Day</b> Jyeshtha-Vaikasi



**Sunday, June 7, 2020**  
**Gold Retreat Star**

Dhanus Rasi: 11.14 Tithi 17 – 18

382344461

Creative Work Amrita Yoga  
Until 9:37AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula/Purvashadha Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau

**Gulika** 3:59PM – 5:55PM  
**Yama** 12:05PM – 2:02PM  
**Rahu** 5:55PM – 7:52PM  
**Mula\* Until 9:37AM**  
Subha Until 10:18AM  
Vanija Until 3:51AM Mon  
Dvitiya Until 4:24PM

**Ganesha:** Blue *Sunrise: 4:18AM*  
**Muruqa:** Orange *Sunset: 7:52PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

Trieste, Italy  
Sun 1  
Sutra 56  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Monday, June 8, 2020**

Dhanus Rasi: 24.52 Tithi 18 – 19

382344461

**Family Home Evening**  
Routine Work Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 2:02PM – 3:59PM  
**Yama** 10:09AM – 12:05PM  
**Rahu** 6:15AM – 8:12AM  
**Purvashadha\* Until 9:13AM**  
Sukla Until 8:19AM  
Bava Until 3:14AM Tue  
Tritiya Until 3:26PM

**Ganesha:** Blue *Sunrise: 4:18AM*  
**Muruqa:** Orange *Sunset: 7:53PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

Trieste, Italy  
Sun 2  
Sutra 57  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Tuesday, June 9, 2020**

Makara Rasi: 8.05 Tithi 19 – 20

382344461

Routine Work Prabalarishta Yoga  
Until 9:20AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 12:06PM – 2:03PM  
**Yama** 8:12AM – 10:09AM  
**Rahu** 4:00PM – 5:56PM  
**Uttarashadha Until 9:20AM**  
Brahma Until 6:55AM  
Kaulava Until 3:20AM Wed  
Chaturthi\* Until 3:11PM

**Ganesha:** Blue *Sunrise: 4:18AM*  
**Muruqa:** Orange *Sunset: 7:53PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

Trieste, Italy  
Sun 3  
Sutra 58  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Wednesday, June 10, 2020**

Makara Rasi: 20.57 Tithi 20 – 21

392344461

Creative Work Siddha Yoga  
Until 10:29AM  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Indra/Vaidhril\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:09AM – 12:06PM  
**Yama** 6:15AM – 8:12AM  
**Rahu** 12:06PM – 2:03PM  
**Shravana Until 10:29AM**  
Indra Until 6:06AM  
Gara Until 4:09AM Thu  
Panchami Until 3:39PM

**Ganesha:** Red *Sunrise: 4:18AM*  
**Muruqa:** Orange *Sunset: 7:54PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**

Trieste, Italy  
Sun 4  
Sutra 59  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**Devaloka Day**

**4**

**Thursday, June 11, 2020**

Kumbha Rasi: 3.29 Tithi 21 – 22

392344461

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 8:12AM – 10:09AM  
**Yama** 4:17AM – 6:15AM  
**Rahu** 2:03PM – 4:00PM  
**Dhanishtha Until 12:09PM**  
Vishkambha\* Until 6:00AM Fri  
Visti Until 5:35AM Fri  
Shashthi\* Until 4:47PM

**Ganesha:** Red *Sunrise: 4:17AM*  
**Muruqa:** Orange *Sunset: 7:55PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**

Trieste, Italy  
Sun 5  
Sutra 60  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**Devaloka Day**

**5**

**Friday, June 12, 2020**

Kumbha Rasi: 15.46 Tithi 22

392344461

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\*/Priti Yoga Bava Karana Saptamyam Titau

**Gulika** 6:15AM – 8:12AM  
**Yama** 4:01PM – 5:58PM  
**Rahu** 10:09AM – 12:06PM  
**Shatabhishak Until 2:12PM**  
Vishkambha\* Until 6:00AM  
Bava Until 6:28PM  
Saptami Until 6:28PM

**Ganesha:** Red *Sunrise: 4:17AM*  
**Muruqa:** Orange *Sunset: 7:55PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**

Trieste, Italy  
Sun 6  
Sutra 61  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**Devaloka Day**

**D**

**Saturday, June 13, 2020**  
**Retreat Star**

Kumbha Rasi: 27.5 Tithi 23

312344461

Routine Work Marana Yoga  
Until 4:59PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 4:17AM – 6:14AM  
**Yama** 2:04PM – 4:01PM  
**Rahu** 8:12AM – 10:09AM  
**Purvaproshtapada\* Until 4:59PM**  
Priti Until 6:34AM  
Balava Until 7:29AM  
Ashtami\* Until 8:32PM

**Ganesha:** Clear *Sunrise: 4:17AM*  
**Muruqa:** Orange *Sunset: 7:56PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Vaikasi**

Trieste, Italy  
Sun 7  
Sutra 62  
Sarvari 5122  
Moon 6 - Phase 8  
Ashtami

**Devaloka Day**

**Sunday, June 14, 2020**

**Retreat Star**

Meena Rasi: 9.47 Tithi 24

312344461

Creative Work Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 4:01PM – 5:59PM  
**Yama** 12:07PM – 2:04PM  
**Rahu** 5:59PM – 7:56PM  
**Uttaraproshtapada Until 7:50PM**  
Ayushman Until 7:20AM  
Taitila Until 9:41AM  
Navami\* Until 10:49PM

**Ganesha:** Clear *Sunrise: 4:17AM*  
**Muruqa:** Orange *Sunset: 7:56PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

Trieste, Italy  
Sun 8  
Sutra 63  
Sarvari 5122  
Moon 6 - Phase 8  
Navami

**Devaloka Day**

<b>1</b>		<b>Monday, June 15, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Trieste, Italy Sun 9 Sutra 64	
Meena Rasi: 21.41	Tithi 25	<b>Gulika</b>	2:04PM – 4:02PM	<b>Revati Until 10:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:17AM	Sarvari 5122
<b>Family Home Evening</b>	312344461	<b>Yama</b>	10:09AM – 12:07PM	Saubhagya Until 8:14AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:56PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	6:15AM – 8:12AM	Vanija Until 12:00PM	<b>Nataraja:</b> Yellow		2nd Phase
				<b>Dashami Until 1:08AM Tue</b>	Moon – Clear		<b>Devaloka Day</b>
					<b>Jyeshtha-Ani</b>		

<b>2</b>		<b>Tuesday, June 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Trieste, Italy Sun 10 Sutra 65	
Mesha Rasi: 4	Tithi 26	<b>Gulika</b>	12:07PM – 2:04PM	<b>Ashvini Until 1:29AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:17AM	Sarvari 5122
	322344461	<b>Yama</b>	8:12AM – 10:10AM	Sobhana Until 9:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:57PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	4:02PM – 5:59PM	Bava Until 2:15PM	<b>Nataraja:</b> Yellow		2nd Phase
				<b>Ekadashi* Until 3:17AM Wed</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM

<b>3</b>		<b>Wednesday, June 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau		Trieste, Italy Sun 11 Sutra 66	
Mesha Rasi: 15.35	Tithi 27	<b>Gulika</b>	10:10AM – 12:07PM	<b>Bharani Until 3:57AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:17AM	Sarvari 5122
	322344461	<b>Yama</b>	6:15AM – 8:12AM	Athiganda* Until 9:48AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:57PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	12:07PM – 2:05PM	Kaulava Until 4:16PM	<b>Nataraja:</b> Yellow		2nd Phase
Until 3:57AM Thu				<b>Dvadashi* Until 5:07AM Thu</b>	Moon – White		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM

<b>4</b>		<b>Thursday, June 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau		Trieste, Italy Sun 12 Sutra 67	
Mesha Rasi: 27.42	Tithi 28	<b>Gulika</b>	8:12AM – 10:10AM	<b>Krittika Until 5:50AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:17AM	Sarvari 5122
	322344461	<b>Yama</b>	4:17AM – 6:15AM	Sukarma Until 10:15AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 9
Routine Work	Marana Yoga	<b>Rahu</b>	2:05PM – 4:02PM	Gara Until 5:54PM	<b>Nataraja:</b> Yellow		2nd Phase
				<b>Trayodashi* Until 6:32AM Fri</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM
					<i>Pradosha Vrata (Fasting)</i>		

<b>5</b>		<b>Friday, June 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 13 Sutra 68	
Vrishabha Rasi: 9.59	Tithi 28 – 29	<b>Gulika</b>	6:15AM – 8:13AM	<b>Rohini Until 7:33AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:17AM	Sarvari 5122
	323344461	<b>Yama</b>	4:03PM – 6:00PM	Dhriti Until 10:21AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 9
Routine Work	Marana Yoga	<b>Rahu</b>	10:10AM – 12:08PM	Visti Until 7:03PM	<b>Nataraja:</b> Yellow		2nd Phase
Until 7:33AM Sat				<b>Trayodashi* Until 6:32AM</b>	Moon – White		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Saturday, June 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Trieste, Italy Sun 14 Sutra 69	
Vrishabha Rasi: 22.31	Tithi 29 – 30	<b>Gulika</b>	4:18AM – 6:15AM	<b>Rohini Until 7:33AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:18AM	Sarvari 5122
	333344461	<b>Yama</b>	2:05PM – 4:03PM	Shula* Until 10:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 9
Creative Work	Amrita Yoga	<b>Rahu</b>	8:13AM – 10:10AM	Catuspada Until 7:40PM	<b>Nataraja:</b> Yellow		Amavasya
Until 7:33AM				<b>Chaturdashi* Until 7:25AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM

<b>Retreat Star</b>		<b>Sunday, June 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Trieste, Italy Sun 15 Sutra 70	
Mithuna Rasi: 5.17	Tithi 30 – 1	<b>Gulika</b>	4:03PM – 6:01PM	<b>Mrigashira Until 8:33AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:18AM	Sarvari 5122
	333344461	<b>Yama</b>	12:08PM – 2:06PM	Ganda* Until 9:15AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:58PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	6:01PM – 7:58PM	Kintughna Until 7:43PM	<b>Nataraja:</b> Yellow		Prathama
				<b>Amavasya* Until 7:45AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Ashada-Ani</b>		Devaloka Time: 3:PM to 6:PM
				<b>Father's Day</b>			
				<b>Annular Solar Eclipse</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>Monday, June 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 16 Sutra 71
<b>1</b>	Mithuna Rasi: 18.19 Tithi 1 – 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 8:53AM Then Creative Work - Amrita Yoga	333444461	<b>Gulika</b> 2:06PM – 4:03PM Yama 10:11AM – 12:08PM <b>Rahu</b> 6:16AM – 8:13AM	<b>Ardra Until 8:53AM</b> Vridhhi Until 8:05AM Balava Until 7:16PM <b>Prathama* Until 7:32AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Yellow <b>Ashada*Ani</b>	Sunrise: 4:18AM Sunset: 7:58PM Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, June 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Trieste, Italy Sun 17 Sutra 72
<b>2</b>	Kataka Rasi: 1.37 Tithi 2 – 3 Creative Work Siddha Yoga	343444461	<b>Gulika</b> 12:08PM – 2:06PM Yama 8:13AM – 10:11AM <b>Rahu</b> 4:03PM – 6:01PM	<b>Punarvasu Until 9:02AM</b> Dhruva Until 6:30AM Taitila Until 6:21PM <b>Dvitiya Until 6:50AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	Sunrise: 4:18AM Sunset: 7:58PM Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, June 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau				Trieste, Italy Sun 18 Sutra 73
<b>3</b>	Kataka Rasi: 15.1 Tithi 4 Creative Work Siddha Yoga	343444461	<b>Gulika</b> 10:11AM – 12:09PM Yama 6:16AM – 8:14AM <b>Rahu</b> 12:09PM – 2:06PM	<b>Pushya Until 8:37AM</b> Harshana Until 2:24AM Thu Vanija Until 5:02PM <b>Chaturthi* Until 4:15AM Thu</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	Sunrise: 4:19AM Sunset: 7:59PM Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Thursday, June 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy Sun 19 Sutra 74
<b>4</b>	Kataka Rasi: 28.55 Tithi 5 Creative Work Siddha Yoga Until 7:44AM Then Creative Work - Amrita Yoga	343444461	<b>Gulika</b> 8:14AM – 10:11AM Yama 4:19AM – 6:17AM <b>Rahu</b> 2:06PM – 4:04PM	<b>Ashlesha* Until 7:44AM</b> Vajra* Until 11:57PM Bava Until 3:25PM <b>Panchami Until 2:29AM Fri</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	Sunrise: 4:19AM Sunset: 7:59PM Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Friday, June 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy Sun 20 Sutra 75
<b>5</b>	Simha Rasi: 12.49 Tithi 6 Routine Work Marana Yoga Until 6:51AM Then Creative Work - Siddha Yoga	353444461	<b>Gulika</b> 6:17AM – 8:14AM Yama 4:04PM – 6:01PM <b>Rahu</b> 10:12AM – 12:09PM	<b>Magha* Until 6:51AM</b> Siddhi Until 9:20PM Kaulava Until 1:33PM <b>Shashthi* Until 12:31AM Sat</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Red <b>Ashada*Ani</b>	Sunrise: 4:19AM Sunset: 7:59PM Moon 6 - Phase 10 3rd Phase <b>Devaloka Day</b>

<b>Saturday, June 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy Sun 21 Sutra 76
<b>6</b>	Simha Rasi: 26.52 Tithi 7 Routine Work Marana Yoga Until 4:06AM Sun Then Creative Work - Amrita Yoga	353444461	<b>Gulika</b> 4:20AM – 6:17AM Yama 2:07PM – 4:04PM <b>Rahu</b> 8:15AM – 10:12AM	<b>Uttaraphalguni Until 4:06AM Sun</b> Vyatipata* Until 6:35PM Gara Until 11:29AM <b>Saptami Until 10:22PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Red <b>Ashada*Ani</b>	Sunrise: 4:20AM Sunset: 7:59PM Moon 6 - Phase 10 3rd Phase <b>Devaloka Day</b>

<b>Sunday, June 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Hashta Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Trieste, Italy Sun 22 Sutra 77
<b>Retreat Star</b>	Kanya Rasi: 11.02 Tithi 8 Creative Work Amrita Yoga Until 2:44AM Mon Then Routine Work - Prabalarishta Yoga	363444461	<b>Gulika</b> 4:04PM – 6:01PM Yama 12:09PM – 2:07PM <b>Rahu</b> 6:01PM – 7:59PM	<b>Hashta Until 2:44AM Mon</b> Variyan Until 3:41PM Visti Until 9:16AM <b>Ashtami* Until 8:06PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Green <b>Ashada*Ani</b>	Sunrise: 4:20AM Sunset: 7:59PM Moon 6 - Phase 10 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>Monday, June 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy Sun 23 Sutra 78
<b>Retreat Star</b>	Kanya Rasi: 25.16 Tithi 9 – 10 <b>Family Home Evening</b> Routine Work Prabalarishta Yoga Until 1:10AM Tue Then Creative Work - Siddha Yoga	363444461	<b>Gulika</b> 2:07PM – 4:04PM Yama 10:12AM – 12:10PM <b>Rahu</b> 6:18AM – 8:15AM	<b>Chitra Until 1:10AM Tue</b> Parigha* Until 12:45PM Balava Until 6:57AM <b>Navami* Until 5:45PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Green <b>Ashada*Ani</b>	Sunrise: 4:21AM Sunset: 7:58PM Moon 6 - Phase 10 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, June 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Trieste, Italy Sun 24 Sutra 79
Tula Rasi: 9.32	Tithi 10 - 11	363444461	<b>Gulika</b> 12:10PM - 2:07PM Yama 8:16AM - 10:13AM <b>Rahu</b> 4:04PM - 6:01PM	<b>Svati Until 11:27PM</b> Shiva Until 9:46AM Vanija Until 2:13AM Wed <b>Dashami Until 3:23PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon - Green	<i>Sunrise:</i> 4:21AM <i>Sunset:</i> 7:58PM	Sarvari 5122 Moon 6 - Phase 11 4th Phase
Creative Work Siddha Yoga Until 11:27PM Then Routine Work - Marana Yoga				<b>Ashada*Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>2</b>		<b>Wednesday, July 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau			Trieste, Italy Sun 25 Sutra 80
Tula Rasi: 23.47	Tithi 11 - 12	373444461	<b>Gulika</b> 10:13AM - 12:10PM Yama 6:19AM - 8:16AM <b>Rahu</b> 12:10PM - 2:07PM	<b>Vishakha Until 10:05PM</b> Siddha Until 6:48AM Bava Until 11:55PM <b>Ekadashi Until 1:02PM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon - Orange	<i>Sunrise:</i> 4:22AM <i>Sunset:</i> 7:58PM	Sarvari 5122 Moon 6 - Phase 11 4th Phase
Creative Work Siddha Yoga				<b>Ashada*Ani</b>		<b>Devaloka Day</b>	

<b>3</b>		<b>Thursday, July 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Trieste, Italy Sun 26 Sutra 81
Vrischika Rasi: 8	Tithi 12 - 13	373444461	<b>Gulika</b> 8:16AM - 10:13AM Yama 4:23AM - 6:19AM <b>Rahu</b> 2:07PM - 4:04PM	<b>Anuradha Until 8:43PM</b> Subha Until 1:09AM Fri Kaulava Until 9:47PM <b>Dvadashi Until 10:48AM</b>	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon - Orange	<i>Sunrise:</i> 4:23AM <i>Sunset:</i> 7:58PM	Sarvari 5122 Moon 6 - Phase 11 4th Phase
Creative Work Siddha Yoga Until 8:43PM Then Routine Work - Prabalarishta Yoga				<b>Ashada*Ani</b> <i>Pradosha Vrata</i>		<b>Devaloka Day</b>	

<b>4</b>		<b>Friday, July 3, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau			Trieste, Italy Sun 27 Sutra 82
Vrischika Rasi: 22.05	Tithi 13 - 14	374444461	<b>Gulika</b> 6:20AM - 8:17AM Yama 4:04PM - 6:01PM <b>Rahu</b> 10:14AM - 12:10PM	<b>Jyeshtha* Until 7:27PM</b> Sukla Until 10:36PM Gara Until 7:52PM <b>Trayodashi Until 8:46AM</b>	<b>Ganesha:</b> Red <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon - Orange	<i>Sunrise:</i> 4:23AM <i>Sunset:</i> 7:58PM	Sarvari 5122 Moon 6 - Phase 11 4th Phase
Routine Work Marana Yoga Until 7:27PM Then Creative Work - Amrita Yoga				<b>Ashada*Ani</b>		<b>Devaloka Day</b>	

		<b>Saturday, July 4, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Trieste, Italy Sun 28 Sutra 83
<b>Copper Retreat Star</b>							
Dhanus Rasi: 6	Tithi 14 - 15	384444461	<b>Gulika</b> 4:24AM - 6:21AM Yama 2:07PM - 4:04PM <b>Rahu</b> 8:17AM - 10:14AM	<b>Mula* Until 6:48PM</b> Brahma Until 8:20PM Visti Until 6:19PM <b>Chaturdashi* Until 7:02AM</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon - Light Blue	<i>Sunrise:</i> 4:24AM <i>Sunset:</i> 7:57PM	Sarvari 5122 Moon 6 - Phase 11 Purnima
Creative Work Siddha Yoga		<b>Satguru Purnima</b>		<b>Ashada*Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>5</b>		<b>Sunday, July 5, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau			Trieste, Italy Sun 29 Sutra 84
<b>Silver Retreat Star</b>							
Dhanus Rasi: 19.4	Tithi 16	384444461	<b>Gulika</b> 4:04PM - 6:00PM Yama 12:11PM - 2:07PM <b>Rahu</b> 6:00PM - 7:57PM	<b>Purvashadha* Until 6:27PM</b> Indra Until 6:28PM Balava Until 5:12PM <b>Prathama* Until 4:49AM Mon</b>	<b>Ganesha:</b> Blue <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon - Light Blue	<i>Sunrise:</i> 4:25AM <i>Sunset:</i> 7:57PM	Sarvari 5122 Moon 6 - Phase 11 Prathama
Creative Work Siddha Yoga Until 6:27PM Then Creative Work - Amrita Yoga		<b>Penumbra Lunar Eclipse</b>		<b>Ashada*Ani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





**Monday, July 6, 2020**  
**Gold Retreat Star**

Makara Rasi: 3.04      Tithi 17  
**Family Home Evening**  
Routine Work      Marana Yoga  
Until 6:29PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

<b>Gulika</b> 2:07PM – 4:04PM	<b>Uttarashadha Until 6:29PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:25AM
Yama      10:14AM – 12:11PM	Vaidhriti* Until 5:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:56PM
<b>Rahu</b> 6:22AM – 8:18AM	Taitila Until 4:37PM	<b>Nataraja:</b> Yellow	
	<b>Dvitiya Until 4:31AM Tue</b>	Moon – Light Blue	

Trieste, Italy  
Sutra 85  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Devaloka Day**

**1**

**Tuesday, July 7, 2020**

Makara Rasi: 16.08      Tithi 18  
**Creative Work**      Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

<b>Gulika</b> 12:11PM – 2:07PM	<b>Shravana Until 7:24PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:26AM
Yama      8:18AM – 10:15AM	Vishkambha* Until 4:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:56PM
<b>Rahu</b> 4:04PM – 6:00PM	Vanija Until 4:37PM	<b>Nataraja:</b> Yellow	
	<b>Tritiya Until 4:50AM Wed</b>	Moon – Purple	

Trieste, Italy  
Sun 1  
Sutra 86  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Wednesday, July 8, 2020**

Makara Rasi: 28.56      Tithi 19  
**Routine Work**      Prabalarishta Yoga  
Until 8:46PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

<b>Gulika</b> 10:15AM – 12:11PM	<b>Dhanishtha Until 8:46PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:27AM
Yama      6:23AM – 8:19AM	Priti Until 3:31PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:56PM
<b>Rahu</b> 12:11PM – 2:07PM	Bava Until 5:14PM	<b>Nataraja:</b> Yellow	
	<b>Chaturthi* Until 5:44AM Thu</b>	Moon – Purple	

Trieste, Italy  
Sun 2  
Sutra 87  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, July 9, 2020**

Kumbha Rasi: 11.26      Tithi 20  
**Creative Work**      Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Panchamyam Titau

<b>Gulika</b> 8:19AM – 10:15AM	<b>Shatabhishak Until 10:31PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:28AM
Yama      4:28AM – 6:23AM	Ayushman Until 3:27PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:56PM
<b>Rahu</b> 2:07PM – 4:03PM	Kaulava Until 6:26PM	<b>Nataraja:</b> Yellow	
	<b>Panchami Until 7:12AM Fri</b>	Moon – Purple	

Trieste, Italy  
Sun 3  
Sutra 88  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Friday, July 10, 2020**

Kumbha Rasi: 23.43      Tithi 20 – 21  
**Creative Work**      Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

<b>Gulika</b> 6:24AM – 8:20AM	<b>Purvaproshtapada* Until 1:04AM Sat</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:28AM
Yama      4:03PM – 5:59PM	Saubhagya Until 3:47PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:54PM
<b>Rahu</b> 10:16AM – 12:11PM	Gara Until 8:07PM	<b>Nataraja:</b> Yellow	
	<b>Panchami Until 7:12AM</b>	Moon – Clear	

Trieste, Italy  
Sun 4  
Sutra 89  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, July 11, 2020**

Meena Rasi: 5.47      Tithi 21 – 22  
**Creative Work**      Siddha Yoga  
Until 3:47AM Sun  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mania Vasara Yuktayam  
Uttaraproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

<b>Gulika</b> 4:29AM – 6:25AM	<b>Uttaraproshtapada Until 3:47AM Sun</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:29AM
Yama      2:07PM – 4:03PM	Sobhana Until 4:28PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:54PM
<b>Rahu</b> 8:20AM – 10:16AM	Visti Until 10:11PM	<b>Nataraja:</b> Yellow	
	<b>Shashthi* Until 9:06AM</b>	Moon – Clear	

Trieste, Italy  
Sun 5  
Sutra 90  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Sunday, July 12, 2020**  
**Retreat Star**

Meena Rasi: 17.46      Tithi 22 – 23  
**Creative Work**      Amrita Yoga  
Until 6:29AM Mon  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

<b>Gulika</b> 4:02PM – 5:58PM	<b>Revati Until 6:29AM Mon</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:30AM
Yama      12:12PM – 2:07PM	Athiganda* Until 5:17PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:53PM
<b>Rahu</b> 5:58PM – 7:53PM	Balava Until 12:28AM Mon	<b>Nataraja:</b> Yellow	
	<b>Saptami Until 11:17AM</b>	Moon – Clear	

Trieste, Italy  
Sun 6  
Sutra 91  
Sarvari 5122  
Moon 7 - Phase 12  
Ashtami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Monday, July 13, 2020**

**Retreat Star**

Meena Rasi: 29.4      Tithi 23 – 24  
**Family Home Evening**  
**Creative Work**      Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

<b>Gulika</b> 2:07PM – 4:02PM	<b>Revati Until 6:29AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:31AM
Yama      10:17AM – 12:12PM	Sukarma Until 6:11PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:53PM
<b>Rahu</b> 6:26AM – 8:21AM	Taitila Until 2:45AM Tue	<b>Nataraja:</b> Yellow	
	<b>Ashtami* Until 1:36PM</b>	Moon – Clear	

Trieste, Italy  
Sun 7  
Sutra 92  
Sarvari 5122  
Moon 7 - Phase 12  
Navami  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, July 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Trieste, Italy Sun 8 Sutra 93
Mesha Rasi: 11.35	Tithi 24 – 25	<b>Gulika</b> 12:12PM – 2:07PM	<b>Ashvini</b> Until 9:30AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 4:32AM		Sarvari 5122
		Yama 8:22AM – 10:17AM	Dhriti Until 7:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 7:52PM	Moon 7 - Phase 13	
		425444461 <b>Rahu</b> 4:02PM – 5:57PM	Vanija Until 4:51AM Wed	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 3:49PM	Moon – White		<b>Devaloka Day</b>	
				<b>Ashada-Ani</b>			

<b>2</b>		<b>Wednesday, July 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Trieste, Italy Sun 9 Sutra 94
Mesha Rasi: 23.34	Tithi 25 – 26	<b>Gulika</b> 10:17AM – 12:12PM	<b>Bharani</b> Until 12:07PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:33AM		Sarvari 5122
		Yama 6:28AM – 8:22AM	Shula* Until 7:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:51PM	Moon 7 - Phase 13	
		425454461 <b>Rahu</b> 12:12PM – 2:07PM	Bava Until 6:34AM Thu	<b>Nataraja:</b> Yellow		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:45PM	Moon – White		<b>Devaloka Day</b>	
Until 12:07PM				<b>Ashada-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Thursday, July 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau			Trieste, Italy Sun 10 Sutra 95
Vrisabha Rasi: 5.44	Tithi 26	<b>Gulika</b> 8:23AM – 10:17AM	<b>Krittika</b> Until 2:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:34AM		Sarvari 5122
		Yama 4:34AM – 6:28AM	Ganda* Until 7:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:50PM	Moon 7 - Phase 13	
		425454461 <b>Rahu</b> 2:07PM – 4:01PM	Bava Until 6:34AM	<b>Nataraja:</b> Yellow		2nd Phase	
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 7:13PM	Moon – White		<b>Devaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>4</b>		<b>Friday, July 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau			Trieste, Italy Sun 11 Sutra 96
Vrisabha Rasi: 18.07	Tithi 27	<b>Gulika</b> 6:29AM – 8:23AM	<b>Rohini</b> Until 3:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:35AM		Sarvari 5122
		Yama 4:01PM – 5:55PM	Vriddhi Until 7:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:50PM	Moon 7 - Phase 13	
		435454462 <b>Rahu</b> 10:18AM – 12:12PM	Kaulava Until 7:44AM	<b>Nataraja:</b> White		2nd Phase	
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 8:04PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 3:56PM				<b>Ashada-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, July 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau			Trieste, Italy Sun 12 Sutra 97
Mithuna Rasi: 0.47	Tithi 28	<b>Gulika</b> 4:36AM – 6:30AM	<b>Mrigashira</b> Until 4:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:36AM		Sarvari 5122
		Yama 2:06PM – 4:00PM	Dhruva Until 6:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:49PM	Moon 7 - Phase 13	
		435454462 <b>Rahu</b> 8:24AM – 10:18AM	Gara Until 8:15AM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:14PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Ashada-Adi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>6</b>		<b>Sunday, July 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Trieste, Italy Sun 13 Sutra 98
Mithuna Rasi: 13.48	Tithi 29	<b>Gulika</b> 4:00PM – 5:54PM	<b>Ardra</b> Until 5:02PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:37AM		Sarvari 5122
		Yama 12:12PM – 2:06PM	Vyaghata* Until 5:14PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 7 - Phase 13	
		435554462 <b>Rahu</b> 5:54PM – 7:48PM	Visti Until 8:04AM	<b>Nataraja:</b> White		2nd Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:43PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>Monday, July 20, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Trieste, Italy Sun 14 Sutra 99
Mithuna Rasi: 27.1	Tithi 30	<b>Gulika</b> 2:06PM – 4:00PM	<b>Punarvasu</b> Until 4:51PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:38AM		Sarvari 5122
<b>Family Home Evening</b>		Yama 10:19AM – 12:12PM	Harshana Until 3:22PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:47PM	Moon 7 - Phase 13	
		445554462 <b>Rahu</b> 6:31AM – 8:25AM	Catuspada Until 7:14AM	<b>Nataraja:</b> White		Amavasya	
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 6:35PM	Moon – Blue		<b>Devaloka Day</b>	
Until 4:51PM				<b>Ashada-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Tuesday, July 21, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Trieste, Italy Sun 15 Sutra 100
Kataka Rasi: 10.52	Tithi 1 – 2	<b>Gulika</b> 12:12PM – 2:06PM	<b>Pushya</b> Until 4:00PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:39AM		Sarvari 5122
		Yama 8:26AM – 10:19AM	Vajra* Until 1:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:46PM	Moon 7 - Phase 13	
		445554462 <b>Rahu</b> 3:59PM – 5:53PM	Balava Until 3:57AM Wed	<b>Nataraja:</b> White		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:55PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>1</b>		<b>Wednesday, July 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Trieste, Italy Sun 16 Sutra 101	
Kataka Rasi: 24.51	Tithi 2 – 3	<b>Gulika</b> 10:19AM – 12:12PM	<b>Ashlesha* Until 2:35PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:40AM	Sarvari 5122	
		Yama 6:33AM – 8:26AM	Siddhi Until 10:23AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:45PM	Moon 7 - Phase 14	
Creative Work	Siddha Yoga	445554462 <b>Rahu</b> 12:12PM – 2:05PM	Taitila Until 1:44AM Thu	<b>Nataraja:</b> White		3rd Phase	
			<b>Dvitiya Until 2:51PM</b>	Moon – Blue		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>2</b>		<b>Thursday, July 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau		Trieste, Italy Sun 17 Sutra 102	
Simha Rasi: 9.02	Tithi 3 – 4	<b>Gulika</b> 8:27AM – 10:19AM	<b>Magha* Until 1:11PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:41AM	Sarvari 5122	
		Yama 4:41AM – 6:34AM	Vyatipata* Until 7:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:44PM	Moon 7 - Phase 14	
Creative Work	Amrita Yoga	455554462 <b>Rahu</b> 2:05PM – 3:58PM	Vanija Until 11:18PM	<b>Nataraja:</b> White		3rd Phase	
Until 1:11PM			<b>Tritiya Until 12:31PM</b>	Moon – Red		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>			

<b>3</b>		<b>Friday, July 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau		Trieste, Italy Sun 18 Sutra 103	
Simha Rasi: 23.22	Tithi 4 – 5	<b>Gulika</b> 6:35AM – 8:27AM	<b>Purvaphalguni Until 11:29AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 4:42AM	Sarvari 5122	
		Yama 3:58PM – 5:50PM	Parigha* Until 1:18AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:43PM	Moon 7 - Phase 14	
Creative Work	Siddha Yoga	455554462 <b>Rahu</b> 10:20AM – 12:12PM	Bava Until 8:47PM	<b>Nataraja:</b> White		3rd Phase	
			<b>Chaturthi* Until 10:02AM</b>	Moon – Red		<b>Devaloka Day</b>	
		<b>Nag Panchami</b>		<b>Sravana-Adi</b>			

<b>4</b>		<b>Saturday, July 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Trieste, Italy Sun 19 Sutra 104	
Kanya Rasi: 7.44	Tithi 5 – 6	<b>Gulika</b> 4:43AM – 6:35AM	<b>Uttaraphalguni Until 9:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 4:43AM	Sarvari 5122	
		Yama 2:05PM – 3:57PM	Shiva Until 10:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 7 - Phase 14	
Routine Work	Marana Yoga	456554462 <b>Rahu</b> 8:28AM – 10:20AM	Kaulava Until 6:16PM	<b>Nataraja:</b> White		3rd Phase	
			<b>Panchami Until 7:30AM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>5</b>		<b>Sunday, July 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau		Trieste, Italy Sun 20 Sutra 105	
Kanya Rasi: 22.05	Tithi 7	<b>Gulika</b> 3:57PM – 5:49PM	<b>Hasta Until 8:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:44AM	Sarvari 5122	
		Yama 12:12PM – 2:04PM	Siddha Until 7:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:41PM	Moon 7 - Phase 14	
Creative Work	Amrita Yoga	466554462 <b>Rahu</b> 5:49PM – 7:41PM	Gara Until 3:51PM	<b>Nataraja:</b> White		3rd Phase	
Until 8:05AM			<b>Saptami Until 2:40AM Mon</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>			

<b>Monday, July 27, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Vistil*/Bava Karana Ashtamyam Titau		Trieste, Italy Sun 21 Sutra 106	
Tula Rasi: 6.2	Tithi 8	<b>Gulika</b> 2:04PM – 3:56PM	<b>Chitra Until 6:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 4:45AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:21AM – 12:12PM	Sadhya Until 4:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:39PM	Moon 7 - Phase 14	
Routine Work	Prabalarishta Yoga	466554462 <b>Rahu</b> 6:37AM – 8:29AM	Vistil Until 1:34PM	<b>Nataraja:</b> White		Ashtami	
Until 6:33AM			<b>Ashtami* Until 12:29AM Tue</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Sravana-Adi</b>			

<b>Tuesday, July 28, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau		Trieste, Italy Sun 22 Sutra 107	
Tula Rasi: 20.28	Tithi 9	<b>Gulika</b> 12:12PM – 2:04PM	<b>Vishakha Until 4:04AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:46AM	Sarvari 5122	
		Yama 8:29AM – 10:21AM	Subha Until 1:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:38PM	Moon 7 - Phase 14	
Routine Work	Marana Yoga	476554462 <b>Rahu</b> 3:55PM – 5:47PM	Balava Until 11:30AM	<b>Nataraja:</b> White		Navami	
Until 4:04AM Wed			<b>Navami* Until 10:32PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Sravana-Adi</b>			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>		<b>Wednesday, July 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Wrischika Rasi: 4.26		Tithi 10		Anuradha Until 3:11AM Thu		Sun 23 Sutra 108	
476554462		<b>Gulika</b> 10:21AM – 12:12PM	<b>Anuradha</b> Until 3:11AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:47AM	Sarvari 5122	
Creative Work Siddha Yoga		Yama 6:39AM – 8:30AM	Sukla Until 11:04AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 7 - Phase 15	
Until 3:11AM Thu		<b>Rahu</b> 12:12PM – 2:03PM	Taitila Until 9:39AM	<b>Nataraja:</b> White	Moon – Orange		
Then Routine Work - Prabalarishta Yoga		Dashami Until 8:48PM		<b>Sravana-Adi</b>	<b>Devaloka Day</b>		

<b>2</b>		<b>Thursday, July 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Wrischika Rasi: 18.16		Tithi 11		Jyeshtha* Until 2:26AM Fri		Sun 24 Sutra 109	
476554462		<b>Gulika</b> 8:30AM – 10:21AM	<b>Jyeshtha*</b> Until 2:26AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:49AM	Sarvari 5122	
Routine Work Prabalarishta Yoga		Yama 4:49AM – 6:39AM	Brahma Until 8:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:36PM	Moon 7 - Phase 15	
Until 2:26AM Fri		<b>Rahu</b> 2:03PM – 3:54PM	Vanija Until 8:04AM	<b>Nataraja:</b> White	Moon – Orange		
Then Creative Work - Amrita Yoga		Ekadashi Until 7:21PM		<b>Sravana-Adi</b>	<b>Devaloka Day</b>		

<b>3</b>		<b>Friday, July 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 1.55		Tithi 12		Mula* Until 2:17AM Sat		Sun 25 Sutra 110	
486554462		<b>Gulika</b> 6:40AM – 8:31AM	<b>Mula*</b> Until 2:17AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
Creative Work Amrita Yoga		Yama 3:53PM – 5:44PM	Indra Until 6:41AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:35PM	Moon 7 - Phase 15	
Until 2:17AM Sat		<b>Rahu</b> 10:22AM – 12:12PM	Bava Until 6:46AM	<b>Nataraja:</b> White	Moon – Light Blue		
Then Creative Work - Siddha Yoga		<b>Varalakshmi Vratam</b>	Dvadashi Until 6:12PM	<b>Sravana-Adi</b>	<b>Sivaloka Day</b>		

<b>4</b>		<b>Saturday, August 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 15.24		Tithi 13 – 14		Purvashadha* Until 2:19AM Sun		Sun 26 Sutra 111	
487554462		<b>Gulika</b> 4:51AM – 6:41AM	<b>Purvashadha*</b> Until 2:19AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:51AM	Sarvari 5122	
Creative Work Siddha Yoga		Yama 2:02PM – 3:53PM	Vishkambha* Until 3:18AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:33PM	Moon 7 - Phase 15	
Until 2:19AM Sun		<b>Rahu</b> 8:31AM – 10:22AM	Gara Until 5:08AM Sun	<b>Nataraja:</b> White	Moon – Light Blue		
Then Creative Work - Amrita Yoga		Trayodashi Until 5:23PM		<b>Sravana-Adi</b>	<b>Subha Sivaloka Day</b>		
		<i>Pradosha Vrata</i>					

<b>5</b>		<b>Sunday, August 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Dhanus Rasi: 28.4		Tithi 14 – 15		Uttarashadha Until 2:36AM Mon		Sun 27 Sutra 112	
487554462		<b>Gulika</b> 3:52PM – 5:42PM	<b>Uttarashadha</b> Until 2:36AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 4:52AM	Sarvari 5122	
Creative Work Amrita Yoga		Yama 12:12PM – 2:02PM	Priti Until 2:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:32PM	Moon 7 - Phase 15	
Until 3:38AM Tue		<b>Rahu</b> 5:42PM – 7:32PM	Visti Until 4:55AM Mon	<b>Nataraja:</b> White	Moon – Light Blue		
Then Creative Work - Siddha Yoga		Chaturdashi* Until 4:57PM		<b>Sravana-Adi</b>	<b>Subha Sivaloka Day</b>		

		<b>Monday, August 3, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam		Trieste, Italy	
<b>Copper Retreat Star</b>		Shravana Until 3:38AM Tue		Shravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sun 28 Sutra 113	
Makara Rasi: 11.44		Tithi 15 – 16		Ayushman Until 1:12AM Tue		Sarvari 5122	
497554462		<b>Gulika</b> 2:02PM – 3:51PM	<b>Shravana</b> Until 3:38AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:53AM	Moon 7 - Phase 15	
<b>Family Home Evening</b>		Yama 10:22AM – 12:12PM	Balava Until 5:08AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Purnima	
Creative Work Amrita Yoga		<b>Rahu</b> 6:43AM – 8:33AM	<b>Purnima*</b> Until 4:57PM	<b>Nataraja:</b> White	Moon – Purple		
Until 3:38AM Tue		<b>Raksha Bandhan</b>		<b>Sravana-Adi</b>	<b>Sivaloka Day</b>		
Then Creative Work - Siddha Yoga							

<b>6</b>		<b>Tuesday, August 4, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
<b>Silver Retreat Star</b>		Dhanishtha Until 4:59AM Wed		Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau		Sun 29 Sutra 114	
Makara Rasi: 24.35		Tithi 16 – 17		Saubhagya Until 12:42AM Wed		Sarvari 5122	
497554462		<b>Gulika</b> 12:12PM – 2:01PM	<b>Dhanishtha</b> Until 4:59AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:54AM	Moon 7 - Phase 15	
Creative Work Siddha Yoga		Yama 8:33AM – 10:22AM	Taitila Until 5:50AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:29PM	Prathama	
		<b>Rahu</b> 3:51PM – 5:40PM	<b>Prathama*</b> Until 5:24PM	<b>Nataraja:</b> White	Moon – Purple		
		<b>Sravana-Adi</b>		<b>Sivaloka Day</b>			

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 5, 2020

Gold Retreat Star

Kumbha Rasi: 7.11 Tithi 17

Creative Work Siddha Yoga

497554462

Gulika 10:23AM - 12:12PM  
Yama 6:45AM - 8:34AM  
Rahu 12:12PM - 2:01PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Gara Karana Dvitiyayam Titau

**Shatabhishak Until 6:38AM Thu**  
Sobhana Until 12:36AM Thu  
Gara Until 6:21PM  
Dvitiya Until 6:21PM

Ganesha: Yellow Sunrise: 4:56AM  
Muruga: Clear Sunset: 7:28PM  
Nataraja: White  
Moon - Purple  
Srivana-Adi

Trieste, Italy  
Sun 1 Sutra 115  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Sivaloka Day

1

Thursday, August 6, 2020

Kumbha Rasi: 19.35 Tithi 18

Creative Work Siddha Yoga

497554462

Gulika 8:34AM - 10:23AM  
Yama 4:57AM - 6:45AM  
Rahu 2:00PM - 3:49PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Triliyayam Titau

**Shatabhishak Until 6:38AM**  
Athiganda\* Until 12:50AM Fri  
Vanija Until 7:01AM  
Tritiya Until 7:46PM

Ganesha: Yellow Sunrise: 4:57AM  
Muruga: Clear Sunset: 7:26PM  
Nataraja: White  
Moon - Purple  
Srivana-Adi

Trieste, Italy  
Sun 2 Sutra 116  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Sivaloka Day

2

Friday, August 7, 2020

Meena Rasi: 1.47 Tithi 19

Creative Work Siddha Yoga

418554462

Gulika 6:46AM - 8:35AM  
Yama 3:48PM - 5:37PM  
Rahu 10:23AM - 12:11PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarna Yoga Bava/Balava Karana Chaturthiyam Titau

**Purvaproshtapada\* Until 9:03AM**  
Sukarna Until 1:23AM Sat  
Bava Until 8:40AM  
Chaturthi\* Until 9:37PM

Ganesha: Purple Sunrise: 4:58AM  
Muruga: Clear Sunset: 7:25PM  
Nataraja: White  
Moon - Clear  
Srivana-Adi

Trieste, Italy  
Sun 3 Sutra 117  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Devaloka Day

3

Saturday, August 8, 2020

Meena Rasi: 13.5 Tithi 20

Creative Work Siddha Yoga

Until 11:40AM

Then Routine Work - Prabalarishta Yoga

418554462

Gulika 4:59AM - 6:47AM  
Yama 1:59PM - 3:47PM  
Rahu 8:35AM - 10:23AM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

**Uttaraproshtapada Until 11:40AM**  
Dhriti Until 2:12AM Sun  
Kaulava Until 10:42AM  
Panchami Until 11:48PM

Ganesha: Purple Sunrise: 4:59AM  
Muruga: Clear Sunset: 7:24PM  
Nataraja: White  
Moon - Clear  
Srivana-Adi

Trieste, Italy  
Sun 4 Sutra 118  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Devaloka Day

4

Sunday, August 9, 2020

Meena Rasi: 25.46 Tithi 21

Creative Work Amrita Yoga

Until 2:22PM

Then Creative Work - Siddha Yoga

418554462

Gulika 3:47PM - 5:34PM  
Yama 12:11PM - 1:59PM  
Rahu 5:34PM - 7:22PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\* Yoga Gara/Vanija Karana Shashthiyam Titau

**Revati Until 2:22PM**  
Shula\* Until 3:06AM Mon  
Gara Until 12:59PM  
Shashthi\* Until 2:10AM Mon

Ganesha: Purple Sunrise: 5:00AM  
Muruga: Clear Sunset: 7:22PM  
Nataraja: White  
Moon - Clear  
Srivana-Adi

Trieste, Italy  
Sun 5 Sutra 119  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Devaloka Day

5

Monday, August 10, 2020

Mesha Rasi: 7.38 Tithi 22

Family Home Evening

Creative Work Siddha Yoga

428554462

Gulika 1:58PM - 3:46PM  
Yama 10:24AM - 12:11PM  
Rahu 6:49AM - 8:36AM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Ashvini Until 5:30PM**  
Ganda\* Until 4:02AM Tue  
Visti Until 3:23PM  
Saptami Until 4:32AM Tue

Ganesha: Clear Sunrise: 5:02AM  
Muruga: Clear Sunset: 7:21PM  
Nataraja: White  
Moon - White  
Srivana-Adi

Trieste, Italy  
Sun 6 Sutra 120  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Sivaloka Day

D

Tuesday, August 11, 2020

Retreat Star

Mesha Rasi: 19.31 Tithi 23

Creative Work Siddha Yoga

428554462

Gulika 12:11PM - 1:58PM  
Yama 8:37AM - 10:24AM  
Rahu 3:45PM - 5:32PM

Krishna Janmashtami

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

**Bharani Until 8:20PM**  
Vriddhi Until 4:48AM Wed  
Balava Until 5:41PM  
Ashtami\* Until 6:42AM Wed

Ganesha: Clear Sunrise: 5:03AM  
Muruga: Clear Sunset: 7:19PM  
Nataraja: White  
Moon - White  
Srivana-Adi

Trieste, Italy  
Sun 7 Sutra 121  
Sarvari 5122  
Moon 8 - Phase 16  
Ashtami

Sivaloka Day

Wednesday, August 12, 2020

Retreat Star

Vrishabha Rasi: 1.29 Tithi 23 - 24

Creative Work Amrita Yoga

Until 10:41PM

Then Creative Work - Siddha Yoga

428554462

Gulika 10:24AM - 12:11PM  
Yama 6:51AM - 8:37AM  
Rahu 12:11PM - 1:57PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Krittika Until 10:41PM**  
Dhruva Until 5:14AM Thu  
Taitila Until 7:39PM  
Ashtami\* Until 6:42AM

Ganesha: Clear Sunrise: 5:04AM  
Muruga: Clear Sunset: 7:17PM  
Nataraja: White  
Moon - White  
Srivana-Adi

Trieste, Italy  
Sun 8 Sutra 122  
Sarvari 5122  
Moon 8 - Phase 16  
Navami

Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

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<b>1</b>	<b>Thursday, August 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Trieste, Italy Sun 9
	Vrishabha Rasi: 13.38	Tithi 24 – 25	438654462	<b>Gulika</b> 8:38AM – 10:24AM <b>Yama</b> 5:05AM – 6:51AM <b>Rahu</b> 1:57PM – 3:43PM	<b>Rohini Until 12:48AM Fri</b> Vyaghata* Until 5:12AM Fri Vanija Until 9:04PM Navami* Until 8:25AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	Sunrise: 5:05AM Sunset: 7:16PM Moon 8 - Phase 17 2nd Phase <b>Sivaloka Day</b>
	Routine Work Marana Yoga						
	Until 12:48AM Fri						
Then Creative Work - Siddha Yoga							

<b>2</b>	<b>Friday, August 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy Sun 10
	Vrishabha Rasi: 26.02	Tithi 25 – 26	439654462	<b>Gulika</b> 6:52AM – 8:38AM <b>Yama</b> 3:42PM – 5:28PM <b>Rahu</b> 10:24AM – 12:10PM	<b>Mrigashira Until 2:03AM Sat</b> Harshana Until 4:36AM Sat Bava Until 9:47PM Dashami Until 9:30AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	Sunrise: 5:06AM Sunset: 7:14PM Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

<b>3</b>	<b>Saturday, August 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 11
	Mithuna Rasi: 8.46	Tithi 26 – 27	439654462	<b>Gulika</b> 5:08AM – 6:53AM <b>Yama</b> 1:56PM – 3:41PM <b>Rahu</b> 8:39AM – 10:24AM	<b>Ardra Until 2:22AM Sun</b> Vajra* Until 3:20AM Sun Kaulava Until 9:43PM Ekadashi* Until 9:50AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Yellow	Sunrise: 5:08AM Sunset: 7:13PM Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

<b>4</b>	<b>Sunday, August 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau				Trieste, Italy Sun 12
	Mithuna Rasi: 21.55	Tithi 27 – 28	449654462	<b>Gulika</b> 3:40PM – 5:26PM <b>Yama</b> 12:10PM – 1:55PM <b>Rahu</b> 5:26PM – 7:11PM	<b>Punarvasu Until 2:13AM Mon</b> Siddhi Until 1:27AM Mon Gara Until 8:50PM Dvadashi* Until 9:21AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue	Sunrise: 5:09AM Sunset: 7:11PM Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Monday, August 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 13
	Kataka Rasi: 5.29	Tithi 28 – 29	549654462	<b>Gulika</b> 1:55PM – 3:40PM <b>Yama</b> 10:25AM – 12:10PM <b>Rahu</b> 6:55AM – 8:40AM	<b>Pushya Until 1:12AM Tue</b> Vyatipata* Until 11:00PM Visti Until 7:14PM Trayodashi* Until 8:06AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue	Sunrise: 5:10AM Sunset: 7:09PM Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Family Home Evening						
	Creative Work Siddha Yoga						

	<b>Tuesday, August 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy Sun 14		
	<b>Retreat Star</b>		Kataka Rasi: 19.29	Tithi 29 – 30	549654462	<b>Gulika</b> 12:09PM – 1:54PM <b>Yama</b> 8:40AM – 10:25AM <b>Rahu</b> 3:39PM – 5:23PM	<b>Ashlesha* Until 11:29PM</b> Variyan Until 8:02PM Naga Until 3:42AM Wed Chaturdashi* Until 6:10AM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Blue	Sunrise: 5:11AM Sunset: 7:08PM Moon 8 - Phase 17 Amavasya <b>Devaloka Day</b>
	Creative Work Siddha Yoga								

<b>Retreat Star</b>	<b>Wednesday, August 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau				Trieste, Italy Sun 15
	Simha Rasi: 3.5	Tithi 1	559654462	<b>Gulika</b> 10:25AM – 12:09PM <b>Yama</b> 6:57AM – 8:41AM <b>Rahu</b> 12:09PM – 1:53PM	<b>Magha* Until 9:36PM</b> Parigha* Until 4:44PM Kintughna Until 2:19PM Prathama* Until 12:50AM Thu	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Red	Sunrise: 5:12AM Sunset: 7:06PM Moon 8 - Phase 17 Prathama <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	Until 9:36PM						
Then Creative Work - Amrita Yoga							

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

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<b>1</b>		<b>Thursday, August 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy Sun 16 Sutra 130
Simha Rasi: 18.28	Tithi 2	<b>Gulika</b> 8:41AM – 10:25AM	<b>Purvaphalguni Until 7:21PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:14AM			Sarvari 5122
		Yama 5:14AM – 6:57AM	Shiva Until 1:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:04PM			Moon 8 - Phase 18
		559654462 <b>Rahu</b> 1:53PM – 3:37PM	Balava Until 11:19AM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 9:44PM</b>	Moon – Red			<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>				

<b>2</b>		<b>Friday, August 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau				Trieste, Italy Sun 17 Sutra 131
Kanya Rasi: 3.13	Tithi 3	<b>Gulika</b> 6:58AM – 8:42AM	<b>Uttaraphalguni Until 4:51PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:15AM			Sarvari 5122
		Yama 3:36PM – 5:19PM	Siddha Until 9:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:03PM			Moon 8 - Phase 18
		559654462 <b>Rahu</b> 10:25AM – 12:09PM	Taitila Until 8:10AM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 6:35PM</b>	Moon – Red			<b>Devaloka Day</b>	
Until 4:51PM				<b>Bhadrapada-Avani</b>				
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Saturday, August 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau				Trieste, Italy Sun 18 Sutra 132
Kanya Rasi: 17.59	Tithi 4 – 5	<b>Gulika</b> 5:16AM – 6:59AM	<b>Hasta Until 2:41PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:16AM			Sarvari 5122
		Yama 1:52PM – 3:35PM	Subha Until 2:19AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:01PM			Moon 8 - Phase 18
		561654462 <b>Rahu</b> 8:42AM – 10:25AM	Bava Until 2:02AM Sun	<b>Nataraja:</b> White				3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 3:29PM</b>	Moon – Green			<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>				

<b>4</b>		<b>Sunday, August 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Trieste, Italy Sun 19 Sutra 133
Tula Rasi: 2.39	Tithi 5 – 6	<b>Gulika</b> 3:34PM – 5:16PM	<b>Chitra Until 12:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:17AM			Sarvari 5122
		Yama 12:08PM – 1:51PM	Sukla Until 10:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:59PM			Moon 8 - Phase 18
		561654462 <b>Rahu</b> 5:16PM – 6:59PM	Kaulava Until 11:17PM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 12:36PM</b>	Moon – Green			<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>				

<b>5</b>		<b>Monday, August 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy Sun 20 Sutra 134
Tula Rasi: 17.07	Tithi 6 – 7	<b>Gulika</b> 1:50PM – 3:33PM	<b>Svati Until 10:41AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:18AM			Sarvari 5122
<b>Family Home Evening</b>		Yama 10:26AM – 12:08PM	Brahma Until 7:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:57PM			Moon 8 - Phase 18
		561654462 <b>Rahu</b> 7:01AM – 8:43AM	Gara Until 8:54PM	<b>Nataraja:</b> White				3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 10:02AM</b>	Moon – Green			<b>Devaloka Day</b>	
Until 10:41AM				<b>Bhadrapada-Avani</b>				
Then Routine Work - Marana Yoga								

<b>Retreat Star</b>		<b>Tuesday, August 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy Sun 21 Sutra 135
Vrischika Rasi: 1.19	Tithi 7 – 8	<b>Gulika</b> 12:08PM – 1:50PM	<b>Vishakha Until 9:27AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:20AM			Sarvari 5122
		Yama 8:44AM – 10:26AM	Indra Until 5:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:56PM			Moon 8 - Phase 18
		571654462 <b>Rahu</b> 3:32PM – 5:14PM	Visti Until 6:57PM	<b>Nataraja:</b> White				Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 7:51AM</b>	Moon – Orange			<b>Sivaloka Day</b>	
Until 9:27AM				<b>Bhadrapada-Avani</b>				
Then Creative Work - Siddha Yoga								

<b>Retreat Star</b>		<b>Wednesday, August 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau				Trieste, Italy Sun 22 Sutra 136
Vrischika Rasi: 15.13	Tithi 8 – 9	<b>Gulika</b> 10:26AM – 12:07PM	<b>Anuradha Until 8:32AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:21AM			Sarvari 5122
		Yama 7:03AM – 8:44AM	Vaidhriti* Until 2:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:54PM			Moon 8 - Phase 18
		571654462 <b>Rahu</b> 12:07PM – 1:49PM	Kaulava Until 4:54AM Thu	<b>Nataraja:</b> White				Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 6:08AM</b>	Moon – Orange			<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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<b>1</b>	<b>Thursday, August 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau				Trieste, Italy
	Wrischika Rasi: 28.49	Tithi 10	<b>Gulika</b> 8:45AM – 10:26AM	<b>Jyeshtha* Until 7:56AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:22AM	Sun 23 Sutra 137
			Yama 5:22AM – 7:03AM	Vishkambha* Until 1:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:52PM	Sarvari 5122
			581654463 <b>Rahu</b> 1:48PM – 3:30PM	Taitila Until 4:28PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Dashami Until 4:07AM Fri</b>	Moon – Orange		4th Phase	
		Routine Work Prabalarishta Yoga		<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
		Until 7:56AM					
		Then Creative Work - Siddha Yoga					


<b>2</b>	<b>Friday, August 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau				Trieste, Italy
	Dhanus Rasi: 12.1	Tithi 11	<b>Gulika</b> 7:04AM – 8:45AM	<b>Mula* Until 8:05AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:23AM	Sun 24 Sutra 138
			Yama 3:29PM – 5:09PM	Priti Until 11:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Sarvari 5122
			581654463 <b>Rahu</b> 10:26AM – 12:07PM	Vanija Until 3:55PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Ekadashi Until 3:47AM Sat</b>	Moon – Light Blue		4th Phase	
		Creative Work Amrita Yoga		<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b>	
		Until 8:05AM				Devaloka Time: 3:PM to 6:PM	
		Then Routine Work - Prabalarishta Yoga					

<b>3</b>	<b>Saturday, August 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadashtyam Titau				Trieste, Italy
	Dhanus Rasi: 25.17	Tithi 12	<b>Gulika</b> 5:25AM – 7:05AM	<b>Purvashadha* Until 8:31AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:25AM	Sun 25 Sutra 139
			Yama 1:47PM – 3:27PM	Ayushman Until 10:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Sarvari 5122
			581654463 <b>Rahu</b> 8:46AM – 10:26AM	Bava Until 3:47PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Dvadashti Until 3:52AM Sun</b>	Moon – Light Blue		4th Phase	
		Creative Work Siddha Yoga		<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b>	
		Until 8:31AM				Devaloka Time: 3:PM to 6:PM	
		Then Routine Work - Marana Yoga					

<b>4</b>	<b>Sunday, August 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy
	Makara Rasi: 8.12	Tithi 13	<b>Gulika</b> 3:26PM – 5:06PM	<b>Uttarashadha Until 9:11AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:26AM	Sun 26 Sutra 140
			Yama 12:06PM – 1:46PM	Saubhagya Until 9:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:47PM	Sarvari 5122
			581654463 <b>Rahu</b> 5:06PM – 6:47PM	Kaulava Until 4:04PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Trayodashi Until 4:19AM Mon</b>	Moon – Light Blue		4th Phase	
		Creative Work Amrita Yoga		<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

<b>5</b>	<b>Monday, August 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Trieste, Italy
	Makara Rasi: 20.56	Tithi 14	<b>Gulika</b> 1:46PM – 3:25PM	<b>Shravana Until 10:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:27AM	Sun 27 Sutra 141
	<b>Family Home Evening</b>		Yama 10:26AM – 12:06PM	Sobhana Until 8:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:45PM	Sarvari 5122
			591654463 <b>Rahu</b> 7:07AM – 8:46AM	Gara Until 4:43PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Chaturdashi* Until 5:10AM Tue</b>	Moon – Purple		4th Phase	
		Creative Work Amrita Yoga		<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
		Until 10:33AM					
		Then Creative Work - Siddha Yoga					

	<b>Tuesday, September 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau				Trieste, Italy
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:06PM – 1:45PM	<b>Dhanishtha Until 12:07PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:28AM	Sun 28 Sutra 142
	Kumbha Rasi: 3.29	Tithi 15	Yama 8:47AM – 10:26AM	Athiganda* Until 8:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:43PM	Sarvari 5122
			592654463 <b>Rahu</b> 3:24PM – 5:04PM	Visti Until 5:45PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Purnima* Until 6:23AM Wed</b>	Moon – Purple		Purnima	
		Creative Work Siddha Yoga		<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
		Until 12:07PM					
		Then Routine Work - Marana Yoga					

<b>6</b>	<b>Wednesday, September 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Trieste, Italy
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:26AM – 12:05PM	<b>Shatabhishak Until 1:53PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:29AM	Sun 29 Sutra 143
	Kumbha Rasi: 15.52	Tithi 15 – 16	Yama 7:08AM – 8:47AM	Sukarma Until 8:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:41PM	Sarvari 5122
			592654463 <b>Rahu</b> 12:05PM – 1:44PM	Balava Until 7:09PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Purnima* Until 6:23AM</b>	Moon – Purple		Prathama	
		Creative Work Siddha Yoga		<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>	
		Until 1:53PM					
		Then Creative Work - Amrita Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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Thursday, September 3, 2020  
Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaprosarthpada/Uttaraprosarthpada Nakshatra Dhriti/Shula\* Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Trieste, Italy  
Sutra 144

Kumbha Rasi: 28.06 Tithi 16 – 17

Gulika 8:48AM – 10:26AM  
Yama 5:31AM – 7:09AM  
Rahu 1:43PM – 3:22PM

Purvaprosarthpada\* Until 4:20PM  
Dhriti Until 8:48AM  
Tailila Until 8:54PM  
Prathama\* Until 7:58AM

Ganesha: Purple Sunrise: 5:31AM  
Muruqa: Clear Sunset: 6:39PM  
Nataraja: Clear  
Moon – Clear

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Avani

1

Friday, September 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraprosarthpada Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Trieste, Italy  
Sun 1 Sutra 145

Meena Rasi: 10.11 Tithi 17 – 18

Gulika 7:10AM – 8:48AM  
Yama 3:21PM – 4:59PM  
Rahu 10:26AM – 12:05PM

Uttaraprosarthpada Until 6:56PM  
Shula\* Until 9:20AM  
Vanija Until 11:00PM  
Dvitiya Until 9:53AM

Ganesha: Purple Sunrise: 5:32AM  
Muruqa: Clear Sunset: 6:37PM  
Nataraja: Clear  
Moon – Clear

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Avani

2

Saturday, September 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Ganda\*/Vridhhi Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Trieste, Italy  
Sun 2 Sutra 146

Meena Rasi: 22.1 Tithi 18 – 19

Gulika 5:33AM – 7:11AM  
Yama 1:42PM – 3:20PM  
Rahu 8:49AM – 10:26AM

Revati Until 9:37PM  
Ganda\* Until 10:05AM  
Bava Until 1:21AM Sun  
Tritiya Until 12:07PM

Ganesha: Purple Sunrise: 5:33AM  
Muruqa: Clear Sunset: 6:35PM  
Nataraja: Clear  
Moon – Clear

Moon 9 - Phase 20  
1st Phase

Routine Work Prabalarishta Yoga

Sivaloka Day

Bhadrapada-Avani

3

Sunday, September 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy  
Sun 3 Sutra 147

Mesha Rasi: 4.02 Tithi 19 – 20

Gulika 3:19PM – 4:56PM  
Yama 12:04PM – 1:41PM  
Rahu 4:56PM – 6:34PM

Ashvini Until 12:49AM Mon  
Vridhhi Until 11:02AM  
Kaulava Until 3:51AM Mon  
Chaturthi\* Until 2:34PM

Ganesha: Clear Sunrise: 5:34AM  
Muruqa: Clear Sunset: 6:34PM  
Nataraja: Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

4

Monday, September 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Trieste, Italy  
Sun 4 Sutra 148

Mesha Rasi: 15.53 Tithi 20 – 21

Family Home Evening

Gulika 1:41PM – 3:18PM  
Yama 10:27AM – 12:04PM  
Rahu 7:12AM – 8:50AM

Bharani Until 3:51AM Tue  
Dhruva Until 12:01PM  
Gara Until 6:21AM Tue  
Panchami Until 5:05PM

Ganesha: White Sunrise: 5:35AM  
Muruqa: Clear Sunset: 6:32PM  
Nataraja: Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani Devaloka Time: 3:PM to 6:PM

5

Tuesday, September 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthiyam Titau

Trieste, Italy  
Sun 5 Sutra 149

Mesha Rasi: 27.43 Tithi 21

Gulika 12:03PM – 1:40PM  
Yama 8:50AM – 10:27AM  
Rahu 3:16PM – 4:53PM

Krittika Until 6:31AM Wed  
Vyaghata\* Until 12:58PM  
Gara Until 6:21AM  
Shashthi\* Until 7:30PM

Ganesha: White Sunrise: 5:37AM  
Muruqa: Clear Sunset: 6:30PM  
Nataraja: Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani Devaloka Time: 3:PM to 6:PM

6

Wednesday, September 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Trieste, Italy  
Sun 6 Sutra 150

Vrishabha Rasi: 9.39 Tithi 22

Gulika 10:27AM – 12:03PM  
Yama 7:14AM – 8:50AM  
Rahu 12:03PM – 1:39PM

Krittika Until 6:31AM  
Harshana Until 1:42PM  
Visti Until 8:37AM  
Saptami Until 9:34PM

Ganesha: White Sunrise: 5:38AM  
Muruqa: Clear Sunset: 6:28PM  
Nataraja: Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Bhadrapada-Avani Devaloka Time: 3:PM to 6:PM

D

Thursday, September 10, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy  
Sun 7 Sutra 151

Vrishabha Rasi: 21.44 Tithi 23

Gulika 8:51AM – 10:27AM  
Yama 5:39AM – 7:15AM  
Rahu 1:38PM – 3:14PM

Rohini Until 9:06AM  
Vajra\* Until 2:02PM  
Balava Until 10:25AM  
Ashtami\* Until 11:04PM

Ganesha: Yellow Sunrise: 5:39AM  
Muruqa: Clear Sunset: 6:26PM  
Nataraja: Clear  
Moon – Yellow

Moon 9 - Phase 20  
Ashtami

Routine Work Marana Yoga

Devaloka Day

Bhadrapada-Avani

Friday, September 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata\* Yoga Tailila/Gara Karana Navamyam Titau

Trieste, Italy  
Sun 8 Sutra 152

Mithuna Rasi: 4.06 Tithi 24

Gulika 7:16AM – 8:51AM  
Yama 3:13PM – 4:49PM  
Rahu 10:27AM – 12:02PM

Mrigashira Until 10:53AM  
Siddhi Until 1:51PM  
Tailila Until 11:34AM  
Navami\* Until 11:50PM

Ganesha: Yellow Sunrise: 5:40AM  
Muruqa: Clear Sunset: 6:24PM  
Nataraja: Clear  
Moon – Yellow

Moon 9 - Phase 20  
Navami

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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<b>1</b>	<b>Saturday, September 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata/Variyan Yoga Vanija/Vistii* Karana Dashamyam Titau				Trieste, Italy Sun 9
	Mithuna Rasi: 16.49	Tithi 25	<b>Gulika</b> 5:42AM – 7:17AM	<b>Ardra</b> Until 11:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:42AM	Sutra 153
			Yama 1:37PM – 3:12PM	Vyatipata* Until 1:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:22PM	Sarvari 5122
	Creative Work	Siddha Yoga	532754463 <b>Rahu</b> 8:52AM – 10:27AM	Vanija Until 11:54AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 21
			<b>Dashami</b> Until 11:44PM	Moon – Yellow		2nd Phase	
				<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, September 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ekadashyam Titau				Trieste, Italy Sun 10
	Mithuna Rasi: 29.57	Tithi 26	<b>Gulika</b> 3:11PM – 4:45PM	<b>Punarvasu</b> Until 12:01PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:43AM	Sutra 154
			Yama 12:01PM – 1:36PM	Variyan Until 11:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:20PM	Sarvari 5122
	Creative Work	Siddha Yoga	542754463 <b>Rahu</b> 4:45PM – 6:20PM	Bava Until 11:22AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 21
			<b>Ekadashi*</b> Until 10:45PM	Moon – Blue		2nd Phase	
		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Monday, September 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Trieste, Italy Sun 11
	Kataka Rasi: 13.34	Tithi 27	<b>Gulika</b> 1:35PM – 3:10PM	<b>Pushya</b> Until 11:19AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 5:44AM	Sutra 155
	<b>Family Home Evening</b>		Yama 10:27AM – 12:01PM	Parigha* Until 9:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:18PM	Sarvari 5122
	Creative Work	Siddha Yoga	542754463 <b>Rahu</b> 7:18AM – 8:53AM	Kaulava Until 9:58AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 21
			<b>Dvadashi*</b> Until 8:58PM	Moon – Blue		2nd Phase	
				<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Tuesday, September 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				Trieste, Italy Sun 12
	Kataka Rasi: 27.4	Tithi 28	<b>Gulika</b> 12:01PM – 1:35PM	<b>Ashlesha*</b> Until 9:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:45AM	Sutra 156
			Yama 8:53AM – 10:27AM	Shiva Until 6:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:16PM	Sarvari 5122
	Creative Work	Siddha Yoga	543754463 <b>Rahu</b> 3:08PM – 4:42PM	Gara Until 7:49AM	<b>Nataraja:</b> Clear		Moon 9 - Phase 21
			<b>Trayodashi*</b> Until 6:28PM	Moon – Blue		2nd Phase	
				<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Wednesday, September 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy Sun 13
	Simha Rasi: 12.13	Tithi 29 – 30	<b>Gulika</b> 10:27AM – 12:00PM	<b>Magha*</b> Until 7:48AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:46AM	Sutra 157
			Yama 7:20AM – 8:53AM	Sadhya Until 11:22PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:14PM	Sarvari 5122
	Creative Work	Siddha Yoga	553754463 <b>Rahu</b> 12:00PM – 1:34PM	Catuspada Until 1:47AM Thu	<b>Nataraja:</b> Clear		Moon 9 - Phase 21
			<b>Chaturdashi*</b> Until 3:27PM	Moon – Red		2nd Phase	
		Until 7:48AM		<b>Bhadrapada-Puratasi</b>		<b>Devaloka Day</b>	
		Then Creative Work - Amrita Yoga					

<b>●</b>	<b>Thursday, September 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Trieste, Italy Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 8:54AM – 10:27AM	<b>Uttaraphalguni</b> Until 2:24AM Fri	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:48AM	Sutra 158
	Simha Rasi: 27.05	Tithi 30 – 1	Yama 5:48AM – 7:21AM	Subha Until 7:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:12PM	Sarvari 5122
			553764463 <b>Rahu</b> 1:33PM – 3:06PM	Kintughna Until 10:15PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 21
		Amrita Yoga	<b>Amavasya*</b> Until 12:02PM	Moon – Red		Amavasya	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>		<b>Sivaloka Day</b>	

<b>●</b>	<b>Friday, September 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Trieste, Italy Sun 15
	<b>Retreat Star</b>		<b>Gulika</b> 7:22AM – 8:54AM	<b>Hasta</b> Until 11:41PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:49AM	Sutra 159
	Kanya Rasi: 12.1	Tithi 1 – 2	Yama 3:05PM – 4:38PM	Sukla Until 3:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:10PM	Sarvari 5122
			563764463 <b>Rahu</b> 10:27AM – 12:00PM	Balava Until 6:36PM	<b>Nataraja:</b> Clear		Moon 9 - Phase 21
			<b>Prathama*</b> Until 8:25AM	Moon – Green		Prathama	
		Creative Work		<b>Ashvina Adhika-Puratasi</b>		<b>Sivaloka Day</b>	
		Amrita Yoga					
		Until 11:41PM					
		Then Creative Work - Siddha Yoga					

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Saturday, September 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau		Trieste, Italy Sun 16 Sutra 160 Sarvari 5122	
Kanya Rasi: 27.18	Tithi 3	<b>Gulika</b> 5:50AM – 7:22AM	<b>Chitra</b> Until 8:55PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:50AM			
		Yama 1:32PM – 3:04PM	Brahma Until 11:08AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:09PM			Moon 9 - Phase 22
		563764463 <b>Rahu</b> 8:55AM – 10:27AM	Taitila Until 3:00PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Tritiya</b> Until 1:15AM Sun	<b>Ashvina Adhika-Puratasi</b>		<b>Sivaloka Day</b>	
Until 8:55PM							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, September 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Chaturthayam Titau		Trieste, Italy Sun 17 Sutra 161 Sarvari 5122	
Tula Rasi: 12.19	Tithi 4	<b>Gulika</b> 3:03PM – 4:35PM	<b>Svati</b> Until 6:17PM	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 5:51AM			
		Yama 11:59AM – 1:31PM	Indra Until 7:11AM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:07PM			Moon 9 - Phase 22
		563764463 <b>Rahu</b> 4:35PM – 6:07PM	Vanija Until 11:37AM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 10:02PM	<b>Ashvina Adhika-Puratasi</b>		<b>Sivaloka Day</b>	
Until 6:17PM							
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, September 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Trieste, Italy Sun 18 Sutra 162 Sarvari 5122	
Tula Rasi: 27.04	Tithi 5	<b>Gulika</b> 1:30PM – 3:02PM	<b>Vishakha</b> Until 4:19PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:53AM			
<b>Family Home Evening</b>		Yama 10:27AM – 11:59AM	Vishkambha* Until 12:12AM Tue	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:05PM			Moon 9 - Phase 22
		573764463 <b>Rahu</b> 7:24AM – 8:56AM	Bava Until 8:35AM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga		<b>Panchami</b> Until 7:14PM	<b>Ashvina Adhika-Puratasi</b>		<b>Subha Sivaloka Day</b>	
Until 4:19PM							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Tuesday, September 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau		Trieste, Italy Sun 19 Sutra 163 Sarvari 5122	
Vrischika Rasi: 11.29	Tithi 6 – 7	<b>Gulika</b> 11:58AM – 1:29PM	<b>Anuradha</b> Until 2:46PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:54AM			
		Yama 8:56AM – 10:27AM	Priti Until 9:23PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:03PM			Moon 9 - Phase 22
		573764463 <b>Rahu</b> 3:00PM – 4:32PM	Kaulava Until 6:03AM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 5:00PM	<b>Ashvina Adhika-Puratasi</b>		<b>Subha Sivaloka Day</b>	
Until 2:46PM							
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Wednesday, September 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Trieste, Italy Sun 20 Sutra 164 Sarvari 5122	
Vrischika Rasi: 25.3	Tithi 7 – 8	<b>Gulika</b> 10:27AM – 11:58AM	<b>Jyeshtha*</b> Until 1:41PM	<b>Ganesha:</b> White <i>Sunrise:</i> 5:55AM			
		Yama 7:26AM – 8:56AM	Ayushman Until 7:04PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 6:01PM			Moon 9 - Phase 22
		573764463 <b>Rahu</b> 11:58AM – 1:29PM	Visti Until 2:51AM Thu	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga		<b>Saptami</b> Until 3:23PM	<b>Ashvina Adhika-Puratasi</b>		<b>Subha Sivaloka Day</b>	
Until 1:41PM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Thursday, September 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Trieste, Italy Sun 21 Sutra 165 Sarvari 5122	
Dhanus Rasi: 9.07	Tithi 8 – 9	<b>Gulika</b> 8:57AM – 10:27AM	<b>Mula*</b> Until 1:34PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:56AM			
		Yama 5:56AM – 7:27AM	Saubhagya Until 5:17PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:59PM			Moon 9 - Phase 22
		583764463 <b>Rahu</b> 1:28PM – 2:58PM	Balava Until 2:15AM Fri	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 2:27PM	<b>Ashvina Adhika-Puratasi</b>		<b>Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Friday, September 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Trieste, Italy Sun 22 Sutra 166 Sarvari 5122	
Dhanus Rasi: 22.21	Tithi 9 – 10	<b>Gulika</b> 7:27AM – 8:57AM	<b>Purvashadha*</b> Until 1:56PM	<b>Ganesha:</b> Clear <i>Sunrise:</i> 5:57AM			
		Yama 2:57PM – 4:27PM	Sobhana Until 4:03PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 5:57PM			Moon 9 - Phase 22
		583764463 <b>Rahu</b> 10:27AM – 11:57AM	Taitila Until 2:16AM Sat	<b>Nataraja:</b> Clear			Navami
Routine Work	Prabalarishta Yoga		<b>Navami*</b> Until 2:10PM	<b>Ashvina Adhika-Puratasi</b>		<b>Sivaloka Day</b>	
Until 1:56PM							
Then Routine Work - Marana Yoga							

<b>1</b>		<b>Saturday, September 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Alhiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 23 Sutra 167
Makara Rasi: 5.17	Tithi 10 – 11	<b>Gulika</b> 5:59AM – 7:28AM	<b>Uttarashadha</b> Until 2:43PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:59AM	Sarvari 5122
		Yama 1:26PM – 2:56PM	Athiganda* Until 3:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 23
	583764463	<b>Rahu</b> 8:58AM – 10:27AM	Vanija Until 2:50AM Sun	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 2:28PM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 2:43PM				<b>Ashvina Adhika-Puratasi</b>		
Then Creative Work - Siddha Yoga						


<b>2</b>		<b>Sunday, September 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 24 Sutra 168
Makara Rasi: 17.56	Tithi 11 – 12	<b>Gulika</b> 2:55PM – 4:24PM	<b>Shravana</b> Until 4:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:00AM	Sarvari 5122
		Yama 11:57AM – 1:26PM	Sukarma Until 2:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:53PM	Moon 9 - Phase 23
	693764463	<b>Rahu</b> 4:24PM – 5:53PM	Bava Until 3:53AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 3:17PM	Moon – Purple		<b>Sivaloka Day</b>
Until 4:19PM				<b>Ashvina Adhika-Puratasi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Monday, September 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 25 Sutra 169
Kumbha Rasi: 0.25	Tithi 12 – 13	<b>Gulika</b> 1:25PM – 2:54PM	<b>Dhanishtha</b> Until 6:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM	Sarvari 5122
<b>Family Home Evening</b>		Yama 10:27AM – 11:56AM	Dhriti Until 2:45PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:51PM	Moon 9 - Phase 23
	693764463	<b>Rahu</b> 7:30AM – 8:59AM	Kaulava Until 5:17AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 4:31PM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Ashvina Adhika-Puratasi</b>		

*Pradosha Vrata*

<b>4</b>		<b>Tuesday, September 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Taitila Karana Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 170
Kumbha Rasi: 12.43	Tithi 13	<b>Gulika</b> 11:56AM – 1:24PM	<b>Shatabhishak</b> Until 8:09PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:02AM	Sarvari 5122
		Yama 8:59AM – 10:27AM	Shula* Until 2:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 23
	694764463	<b>Rahu</b> 2:53PM – 4:21PM	Taitila Until 6:06PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 6:06PM	Moon – Purple		<b>Devaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina Adhika-Puratasi</b>		
		<b>Kadaitswami Mahasamadhi</b>				

<b>5</b>		<b>Wednesday, September 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 171
Kumbha Rasi: 24.53	Tithi 14	<b>Gulika</b> 10:28AM – 11:56AM	<b>Purvaproshtapada*</b> Until 10:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	Sarvari 5122
		Yama 7:32AM – 9:00AM	Ganda* Until 3:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:47PM	Moon 9 - Phase 23
	614764463	<b>Rahu</b> 11:56AM – 1:23PM	Gara Until 7:01AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 7:58PM	Moon – Clear		<b>Devaloka Day</b>
Until 10:45PM				<b>Ashvina Adhika-Puratasi</b>		
Then Creative Work - Siddha Yoga						

		<b>Thursday, October 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Trieste, Italy Sutra 172
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:00AM – 10:28AM	<b>Uttaraproshtapada</b> Until 1:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:05AM	Sarvari 5122
Meena Rasi: 6.58	Tithi 15	Yama 6:05AM – 7:32AM	Vridhhi Until 3:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 23
		<b>Rahu</b> 1:23PM – 2:50PM	Visti Until 9:01AM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:05PM	Moon – Clear		<b>Devaloka Day</b>
				<b>Ashvina Adhika-Puratasi</b>		

<b>Friday, October 2, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Trieste, Italy Sutra 173
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:33AM – 9:01AM	<b>Revati</b> Until 4:07AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:06AM	Sarvari 5122
Meena Rasi: 18.56	Tithi 16	Yama 2:49PM – 4:16PM	Dhruva Until 4:39PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:44PM	Moon 9 - Phase 23
		<b>Rahu</b> 10:28AM – 11:55AM	Balava Until 11:15AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 12:25AM Sat	Moon – Clear		<b>Sivaloka Day</b>
				<b>Ashvina Adhika-Puratasi</b>		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

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**Saturday, October 3, 2020**  
**Gold Retreat Star**

Mesha Rasi: 0.5      Tithi 17  
624864463  
Creative Work      Siddha Yoga  
Until 7:18AM Sun  
Then Routine Work - Prabararishta Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashvini Nakshatra Vyaghata /Harshana Yoga Tailila/Gara Karana Dvitiyayam Titau

**Gulika** 6:07AM – 7:34AM  
Yama 1:21PM – 2:48PM  
**Rahu** 9:01AM – 10:28AM

**Ashvini Until 7:18AM Sun**  
Vyaghata\* Until 5:33PM  
Taitila Until 1:41PM  
**Dvitiya Until 2:55AM Sun**

Trieste, Italy  
Sun 1      Sutra 174  
Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**Ganesha:** Purple      *Sunrise:* 6:07AM  
**Muruqa:** Purple      *Sunset:* 5:42PM  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

**1**

**Sunday, October 4, 2020**

Mesha Rasi: 12.41      Tithi 18  
624864463  
Creative Work      Siddha Yoga  
Until 7:18AM  
Then Routine Work - Prabararishta Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 2:47PM – 4:13PM  
Yama 11:54AM – 1:21PM  
**Rahu** 4:13PM – 5:40PM

**Ashvini Until 7:18AM**  
Harshana Until 6:32PM  
Vanija Until 4:14PM  
**Tritiya Until 5:30AM Mon**

Trieste, Italy  
Sun 2      Sutra 175  
Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**Ganesha:** Purple      *Sunrise:* 6:09AM  
**Muruqa:** Purple      *Sunset:* 5:40PM  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

**2**

**Monday, October 5, 2020**

Mesha Rasi: 24.3      Tithi 19  
624864463  
**Family Home Evening**  
Creative Work      Siddha Yoga  
Until 10:22AM  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\* Yoga Bava Karana Chaturthyam Titau

**Gulika** 1:20PM – 2:46PM  
Yama 10:28AM – 11:54AM  
**Rahu** 7:36AM – 9:02AM

**Bharani Until 10:22AM**  
Vajra\* Until 7:29PM  
Bava Until 6:47PM  
**Chaturthi\* Until 8:00AM Tue**

Trieste, Italy  
Sun 3      Sutra 176  
Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**Ganesha:** Purple      *Sunrise:* 6:10AM  
**Muruqa:** Purple      *Sunset:* 5:38PM  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

**3**

**Tuesday, October 6, 2020**

Vrishabha Rasi: 6.21      Tithi 19 – 20  
624864463  
Creative Work      Siddha Yoga  
Until 1:11PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 11:54AM – 1:19PM  
Yama 9:02AM – 10:28AM  
**Rahu** 2:45PM – 4:11PM

**Krittika Until 1:11PM**  
Siddhi Until 8:21PM  
Kaulava Until 9:13PM  
**Chaturthi\* Until 8:00AM**

Trieste, Italy  
Sun 4      Sutra 177  
Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**Ganesha:** Purple      *Sunrise:* 6:11AM  
**Muruqa:** Purple      *Sunset:* 5:36PM  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

**4**

**Wednesday, October 7, 2020**

Vrishabha Rasi: 18.17      Tithi 20 – 21  
634864464  
Creative Work      Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vyatipata\* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:28AM – 11:53AM  
Yama 7:38AM – 9:03AM  
**Rahu** 11:53AM – 1:19PM

**Rohini Until 4:04PM**  
Vyatipata\* Until 8:59PM  
Gara Until 11:18PM  
**Panchami Until 10:17AM**

Trieste, Italy  
Sun 5      Sutra 178  
Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**Ganesha:** Clear      *Sunrise:* 6:13AM  
**Muruqa:** Purple      *Sunset:* 5:34PM  
**Nataraja:** Purple  
Moon – Yellow  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

**5**

**Thursday, October 8, 2020**

Mithuna Rasi: 0.22      Tithi 21 – 22  
634864464  
Routine Work      Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Variyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:03AM – 10:28AM  
Yama 6:14AM – 7:39AM  
**Rahu** 1:18PM – 2:43PM

**Mrigashira Until 6:20PM**  
Variyan Until 9:11PM  
Visti Until 12:52AM Fri  
**Shashthi\* Until 12:09PM**

Trieste, Italy  
Sun 6      Sutra 179  
Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**Ganesha:** Clear      *Sunrise:* 6:14AM  
**Muruqa:** Purple      *Sunset:* 5:32PM  
**Nataraja:** Purple  
Moon – Yellow  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

**D**

**Friday, October 9, 2020**  
**Retreat Star**

Mithuna Rasi: 12.41      Tithi 22 – 23  
634864464  
Creative Work      Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 7:40AM – 9:04AM  
Yama 2:42PM – 4:06PM  
**Rahu** 10:28AM – 11:53AM

**Ardra Until 7:48PM**  
Parigha\* Until 8:53PM  
Balava Until 1:43AM Sat  
**Saptami Until 1:22PM**

Trieste, Italy  
Sun 7      Sutra 180  
Sarvari 5122  
Moon 10 - Phase 24  
Ashtami

**Ganesha:** Clear      *Sunrise:* 6:15AM  
**Muruqa:** Purple      *Sunset:* 5:31PM  
**Nataraja:** Purple  
Moon – Yellow  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

**Saturday, October 10, 2020**  
**Retreat Star**

Mithuna Rasi: 25.2      Tithi 23 – 24  
644864464  
Creative Work      Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 6:16AM – 7:40AM  
Yama 1:17PM – 2:41PM  
**Rahu** 9:05AM – 10:29AM

**Punarvasu Until 8:48PM**  
Shiva Until 7:58PM  
Taitila Until 1:44AM Sun  
**Ashtami\* Until 1:49PM**

Trieste, Italy  
Sun 8      Sutra 181  
Sarvari 5122  
Moon 10 - Phase 24  
Navami

**Ganesha:** White      *Sunrise:* 6:16AM  
**Muruqa:** Purple      *Sunset:* 5:29PM  
**Nataraja:** Purple  
Moon – Blue  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

<b>1</b>		<b>Sunday, October 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Sun 9		Trieste, Italy Sutra 182
Kataka Rasi: 8.23	Tithi 24 – 25	<b>Gulika</b>	<b>2:40PM – 4:03PM</b>	<b>Pushya Until 8:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM		Sarvari 5122
		Yama	11:52AM – 1:16PM	Siddha Until 6:20PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:27PM	Moon 10 - Phase 25	
Creative Work	Siddha Yoga	645864464 <b>Rahu</b>	<b>4:03PM – 5:27PM</b>	Vanija Until 12:53AM Mon	<b>Nataraja:</b> Purple		2nd Phase	
				<b>Navami* Until 1:24PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
					<b>Ashvina Adhika-Puratasi</b>			

<b>2</b>		<b>Monday, October 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Sun 10		Trieste, Italy Sutra 183
Kataka Rasi: 21.54	Tithi 25 – 26	<b>Gulika</b>	<b>1:15PM – 2:39PM</b>	<b>Ashlesha* Until 7:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:19AM		Sarvari 5122
<b>Family Home Evening</b>		Yama	10:29AM – 11:52AM	Sadhya Until 4:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:25PM	Moon 10 - Phase 25	
Creative Work	Siddha Yoga	645864464 <b>Rahu</b>	<b>7:42AM – 9:06AM</b>	Bava Until 11:12PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 7:48PM				<b>Dashami Until 12:08PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Ashvina Adhika-Puratasi</b>			

<b>3</b>		<b>Tuesday, October 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Sun 11		Trieste, Italy Sutra 184
Simha Rasi: 5.55	Tithi 26 – 27	<b>Gulika</b>	<b>11:52AM – 1:15PM</b>	<b>Magha* Until 6:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM		Sarvari 5122
		Yama	9:06AM – 10:29AM	Subha Until 1:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:23PM	Moon 10 - Phase 25	
Creative Work	Siddha Yoga	655864464 <b>Rahu</b>	<b>2:38PM – 4:01PM</b>	Kaulava Until 8:47PM	<b>Nataraja:</b> Purple		2nd Phase	
				<b>Ekadashi* Until 10:04AM</b>	Moon – Red		<b>Sivaloka Day</b>	
					<b>Ashvina Adhika-Puratasi</b>			

<b>4</b>		<b>Wednesday, October 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Tailita/Vanija Karana Dvadashi/Trayodashyam Titau		Sun 12		Trieste, Italy Sutra 185
Simha Rasi: 20.25	Tithi 27 – 28	<b>Gulika</b>	<b>10:29AM – 11:52AM</b>	<b>Purvaphalguni Until 4:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM		Sarvari 5122
		Yama	7:44AM – 9:07AM	Sukla Until 9:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:22PM	Moon 10 - Phase 25	
Creative Work	Amrita Yoga	655864464 <b>Rahu</b>	<b>11:52AM – 1:14PM</b>	Vanija Until 4:03AM Thu	<b>Nataraja:</b> Purple		2nd Phase	
				<b>Dvadashi* Until 7:19AM</b>	Moon – Red		<b>Sivaloka Day</b>	
					<b>Ashvina Adhika-Puratasi</b>			
					<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Thursday, October 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 13		Trieste, Italy Sutra 186
Kanya Rasi: 5.18	Tithi 29	<b>Gulika</b>	<b>9:07AM – 10:29AM</b>	<b>Uttaraphalguni Until 1:20PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:23AM		Sarvari 5122
		Yama	6:23AM – 7:45AM	Indra Until 1:38AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 25	
	Amrita Yoga	655864464 <b>Rahu</b>	<b>1:14PM – 2:36PM</b>	Visti Until 2:17PM	<b>Nataraja:</b> Purple		2nd Phase	
Until 1:20PM				<b>Chaturdashi* Until 12:25AM Fri</b>	Moon – Red		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga					<b>Ashvina Adhika-Puratasi</b>			

<b>Retreat Star</b>		<b>Friday, October 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 14		Trieste, Italy Sutra 187
Kanya Rasi: 20.28	Tithi 30	<b>Gulika</b>	<b>7:46AM – 9:08AM</b>	<b>Hasta Until 10:30AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:24AM		Sarvari 5122
		Yama	2:35PM – 3:56PM	Vaidhriti* Until 9:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:18PM	Moon 10 - Phase 25	
Creative Work	Amrita Yoga	665864464 <b>Rahu</b>	<b>10:29AM – 11:51AM</b>	Catuspada Until 10:32AM	<b>Nataraja:</b> Purple		Amavasya	
Until 10:30AM				<b>Amavasya* Until 8:36PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Ashvina Adhika-Puratasi</b>			

<b>Retreat Star</b>		<b>Saturday, October 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau		Sun 15		Trieste, Italy Sutra 188
Tula Rasi: 5.44	Tithi 1 – 2	<b>Gulika</b>	<b>6:26AM – 7:47AM</b>	<b>Chitra Until 7:26AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:26AM		Sarvari 5122
		Yama	1:12PM – 2:34PM	Vishkambha* Until 4:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:16PM	Moon 10 - Phase 25	
Routine Work	Marana Yoga	665864464 <b>Rahu</b>	<b>9:08AM – 10:30AM</b>	Kintughna Until 6:41AM	<b>Nataraja:</b> Purple		Prathama	
Until 7:26AM				<b>Prathama* Until 4:46PM</b>	Moon – Green		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Navaratri Begins</b>			<b>Ashvina-Aipasi</b>			

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Sunday, October 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Trieste, Italy Sun 16 Sutra 189	
Tula Rasi: 20.58	Tithi 2 – 3	<b>Gulika</b> 2:33PM – 3:54PM	<b>Vishakha</b> Until 1:44AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:27AM	Sarvari 5122	
		Yama 11:51AM – 1:12PM	Priti Until 12:48PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:15PM	Moon 10 - Phase 26	
		675864464 <b>Rahu</b> 3:54PM – 5:15PM	Taitila Until 11:23PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Dvitiya</b> Until 1:05PM	Moon – Orange		<b>Sivaloka Day</b>	
Until 1:44AM Mon				<b>Ashvina-Aipasi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Monday, October 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 17 Sutra 190	
Vrischika Rasi: 5.58	Tithi 3 – 4	<b>Gulika</b> 1:11PM – 2:32PM	<b>Anuradha</b> Until 11:25PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:28AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:30AM – 11:51AM	Ayushman Until 8:51AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:13PM	Moon 10 - Phase 26	
		675864464 <b>Rahu</b> 7:49AM – 9:09AM	Vanija Until 8:15PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya</b> Until 9:44AM	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>			

<b>3</b>		<b>Tuesday, October 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau		Trieste, Italy Sun 18 Sutra 191	
Vrischika Rasi: 20.38	Tithi 4 – 5	<b>Gulika</b> 11:50AM – 1:11PM	<b>Jyeshtha*</b> Until 9:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:30AM	Sarvari 5122	
		Yama 9:10AM – 10:30AM	Sobhana Until 2:18AM Wed	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 26	
		675864464 <b>Rahu</b> 2:31PM – 3:51PM	Balava Until 4:37AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi*</b> Until 6:52AM	Moon – Orange		<b>Sivaloka Day</b>	
Until 9:33PM				<b>Ashvina-Aipasi</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Wednesday, October 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Trieste, Italy Sun 19 Sutra 192	
Dhanus Rasi: 4.52	Tithi 6	<b>Gulika</b> 10:30AM – 11:50AM	<b>Mula*</b> Until 8:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM	Sarvari 5122	
		Yama 7:51AM – 9:11AM	Athiganda* Until 11:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:10PM	Moon 10 - Phase 26	
		686864464 <b>Rahu</b> 11:50AM – 1:10PM	Kaulava Until 3:47PM	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga		<b>Shashthi*</b> Until 3:06AM Thu	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 8:39PM				<b>Ashvina-Aipasi</b>			
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Thursday, October 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau		Trieste, Italy Sun 20 Sutra 193	
Dhanus Rasi: 18.37	Tithi 7	<b>Gulika</b> 9:11AM – 10:31AM	<b>Purvashadha*</b> Until 8:23PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:32AM	Sarvari 5122	
		Yama 6:32AM – 7:52AM	Sukarma Until 9:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:08PM	Moon 10 - Phase 26	
		686864464 <b>Rahu</b> 1:10PM – 2:29PM	Gara Until 2:39PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Saptami</b> Until 2:22AM Fri	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
Until 8:23PM				<b>Ashvina-Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Friday, October 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau		Trieste, Italy Sun 21 Sutra 194	
Makara Rasi: 1.56	Tithi 8	<b>Gulika</b> 7:53AM – 9:12AM	<b>Uttarashadha</b> Until 8:43PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM	Sarvari 5122	
		Yama 2:28PM – 3:47PM	Dhriti Until 8:47PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 26	
		686864464 <b>Rahu</b> 10:31AM – 11:50AM	Visti Until 2:19PM	<b>Nataraja:</b> Purple		Ashtami	
Routine Work	Marana Yoga		<b>Ashtami*</b> Until 2:25AM Sat	Moon – Light Blue		<b>Subha Subha Sivaloka Day</b>	
		<b>Durga Ashtami</b>		<b>Ashvina-Aipasi</b>			

<b>Retreat Star</b>		<b>Saturday, October 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau		Trieste, Italy Sun 22 Sutra 195	
Makara Rasi: 14.52	Tithi 9	<b>Gulika</b> 6:35AM – 7:54AM	<b>Shravana</b> Until 10:05PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:35AM	Sarvari 5122	
		Yama 1:09PM – 2:27PM	Shula* Until 8:07PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:05PM	Moon 10 - Phase 26	
		696864464 <b>Rahu</b> 9:13AM – 10:31AM	Balava Until 2:44PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 3:11AM Sun	Moon – Purple		<b>Subha Sivaloka Day</b>	
		<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina-Aipasi</b>			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1 Sunday, October 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Trieste, Italy Sun 23 Sutra 196	
Makara Rasi: 27.27	Tithi 10	<b>Gulika</b> 2:26PM – 3:45PM	<b>Dhanishtha</b> Until 11:52PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:36AM
		Yama 11:50AM – 1:08PM	Ganda* Until 7:56PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM
	696864464	<b>Rahu</b> 3:45PM – 5:03PM	Taitila Until 3:48PM	<b>Nataraja:</b> Purple	Moon 10 - Phase 27
Routine Work	Marana Yoga		<b>Dashami</b> Until 4:31AM Mon	Moon – Purple	4th Phase
Until 11:52PM				<b>Subha Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina-Aipasi</b>	

<b>2 Monday, October 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Trieste, Italy Sun 24 Sutra 197	
Kumbha Rasi: 9.47	Tithi 11	<b>Gulika</b> 1:08PM – 2:26PM	<b>Shatabhishak</b> Until 1:57AM Tue	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM
<b>Family Home Evening</b>		Yama 10:32AM – 11:50AM	Vriddhi Until 8:09PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:02PM
Creative Work	Siddha Yoga	<b>Rahu</b> 7:56AM – 9:14AM	Vanija Until 5:24PM	<b>Nataraja:</b> Purple	Moon 10 - Phase 27
Until 1:57AM Tue			<b>Ekadashi</b> Until 6:19AM Tue	Moon – Purple	4th Phase
Then Routine Work - Marana Yoga		<b>Vijaya Dasami</b>		<b>Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>	

<b>3 Tuesday, October 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 25 Sutra 198	
Kumbha Rasi: 21.56	Tithi 11 – 12	<b>Gulika</b> 11:50AM – 1:07PM	<b>Purvaproshtapada*</b> Until 4:42AM Wed	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM
		Yama 9:14AM – 10:32AM	Dhruva Until 8:37PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:00PM
	616964464	<b>Rahu</b> 2:25PM – 3:42PM	Bava Until 7:22PM	<b>Nataraja:</b> Purple	Moon 10 - Phase 27
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 6:19AM	Moon – Clear	4th Phase
Until 4:42AM Wed				<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Ashvina-Aipasi</b>	

<b>4 Wednesday, October 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 199	
Meena Rasi: 3.58	Tithi 12 – 13	<b>Gulika</b> 10:32AM – 11:50AM	<b>Uttaraproshtapada</b> Until 7:29AM Thu	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:41AM
		Yama 7:58AM – 9:15AM	Vyaghata* Until 9:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:59PM
	617964464	<b>Rahu</b> 11:50AM – 1:07PM	Kaulava Until 9:37PM	<b>Nataraja:</b> Purple	Moon 10 - Phase 27
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 8:26AM	Moon – Clear	4th Phase
				<b>Subha Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>	

*Pradosha Vrata*

<b>5 Thursday, October 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 200	
Meena Rasi: 15.55	Tithi 13 – 14	<b>Gulika</b> 9:16AM – 10:33AM	<b>Uttaraproshtapada</b> Until 7:29AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:42AM
		Yama 6:42AM – 7:59AM	Harshana Until 10:06PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:57PM
	617964464	<b>Rahu</b> 1:06PM – 2:23PM	Gara Until 12:01AM Fri	<b>Nataraja:</b> Purple	Moon 10 - Phase 27
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 10:47AM	Moon – Clear	4th Phase
Until 10:15AM				<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashvina-Aipasi</b>	

<b>Friday, October 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Trieste, Italy Sun 27 Sutra 201	
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:00AM – 9:16AM	<b>Revati</b> Until 10:15AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:43AM
Meena Rasi: 27.49	Tithi 14 – 15	Yama 2:23PM – 3:39PM	Vajra* Until 10:57PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:56PM
		<b>Rahu</b> 10:33AM – 11:49AM	Visti Until 2:32AM Sat	<b>Nataraja:</b> Purple	Moon 10 - Phase 27
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 1:15PM	Moon – Clear	Purnima
Until 10:15AM				<b>Subha Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Ashvina-Aipasi</b>	

<b>Saturday, October 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Trieste, Italy Sun 27 Sutra 202	
<b>Silver Retreat Star</b>		<b>Gulika</b> 6:45AM – 8:01AM	<b>Ashvini</b> Until 1:24PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:45AM
Mesha Rasi: 9.4	Tithi 15 – 16	Yama 1:06PM – 2:22PM	Siddhi Until 11:51PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:54PM
		<b>Rahu</b> 9:17AM – 10:33AM	Balava Until 5:04AM Sun	<b>Nataraja:</b> Purple	Moon 10 - Phase 27
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 3:47PM	Moon – White	Prathama
				<b>Subha Subha Sivaloka Day</b>	
				<b>Ashvina-Aipasi</b>	

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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Sunday, November 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyalipata\* Yoga Kaulava Karana Prathamayam Titau

Trieste, Italy

Sutra 203

Sarvari 5122

Mesha Rasi: 21.31      Tithi 16

**Gulika** 2:21PM – 3:37PM  
Yama 11:49AM – 1:05PM  
**Rahu** 3:37PM – 4:53PM

**Bharani** Until 4:23PM  
Vyatipata\* Until 12:44AM Mon  
Kaulava Until 6:18PM  
**Prathama\*** Until 6:18PM

**Ganesha:** White      *Sunrise:* 6:46AM

**Muruqa:** Purple      *Sunset:* 4:53PM

**Nataraja:** Purple

Moon – White

Subha Subha Sivaloka Day

Routine Work      Prabalarishta Yoga

Until 4:23PM

Then Creative Work - Siddha Yoga

1

Monday, November 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Trieste, Italy

Sutra 204

Sarvari 5122

Wrishabha Rasi: 3.24      Tithi 17

**Gulika** 1:05PM – 2:20PM  
Yama 10:34AM – 11:49AM  
**Rahu** 8:03AM – 9:18AM

**Krittika** Until 7:06PM  
Variyan Until 1:29AM Tue  
Taitila Until 7:32AM  
**Dvitiya** Until 8:42PM

**Ganesha:** White      *Sunrise:* 6:48AM

**Muruqa:** Purple      *Sunset:* 4:51PM

**Nataraja:** Purple

Moon – White

Subha Subha Sivaloka Day

Family Home Evening      Marana Yoga

Routine Work

Until 7:06PM

Then Creative Work - Amrita Yoga

2

Tuesday, November 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Trieste, Italy

Sutra 205

Sarvari 5122

Wrishabha Rasi: 15.2      Tithi 18

**Gulika** 11:49AM – 1:05PM  
Yama 9:19AM – 10:34AM  
**Rahu** 2:20PM – 3:35PM

**Rohini** Until 9:58PM  
Parigha\* Until 2:04AM Wed  
Vanija Until 9:52AM  
**Tritiya** Until 10:54PM

**Ganesha:** White      *Sunrise:* 6:49AM

**Muruqa:** Purple      *Sunset:* 4:50PM

**Nataraja:** Purple

Moon – Yellow

Sivaloka Day

Creative Work      Amrita Yoga

Until 9:58PM

Then Creative Work - Siddha Yoga

3

Wednesday, November 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Trieste, Italy

Sutra 206

Sarvari 5122

Wrishabha Rasi: 27.22      Tithi 19

**Gulika** 10:35AM – 11:49AM  
Yama 8:05AM – 9:20AM  
**Rahu** 11:49AM – 1:04PM

**Mrigashira** Until 12:20AM Thu  
Shiva Until 2:24AM Thu  
Bava Until 11:54AM  
**Chaturthi\*** Until 12:46AM Thu

**Ganesha:** White      *Sunrise:* 6:50AM

**Muruqa:** Purple      *Sunset:* 4:49PM

**Nataraja:** Purple

Moon – Yellow

Sivaloka Day

Creative Work      Siddha Yoga

Until 12:20AM Thu

Then Routine Work - Marana Yoga

4

Thursday, November 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Trieste, Italy

Sutra 207

Sarvari 5122

Mithuna Rasi: 9.33      Tithi 20

**Gulika** 9:21AM – 10:35AM  
Yama 6:52AM – 8:06AM  
**Rahu** 1:04PM – 2:18PM

**Ardra** Until 2:06AM Fri  
Siddha Until 2:21AM Fri  
Kaulava Until 1:33PM  
**Panchami** Until 2:09AM Fri

**Ganesha:** White      *Sunrise:* 6:52AM

**Muruqa:** Purple      *Sunset:* 4:47PM

**Nataraja:** Purple

Moon – Yellow

Sivaloka Day

Routine Work      Marana Yoga

Until 2:06AM Fri

Then Creative Work - Siddha Yoga

5

Friday, November 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Trieste, Italy

Sutra 208

Sarvari 5122

Mithuna Rasi: 21.56      Tithi 21

**Gulika** 8:07AM – 9:21AM  
Yama 2:18PM – 3:32PM  
**Rahu** 10:35AM – 11:50AM

**Punarvasu** Until 3:36AM Sat  
Sadhya Until 1:51AM Sat  
Gara Until 2:39PM  
**Shashthi\*** Until 2:56AM Sat

**Ganesha:** White      *Sunrise:* 6:53AM

**Muruqa:** Purple      *Sunset:* 4:46PM

**Nataraja:** Purple

Moon – Blue

Sivaloka Day

Creative Work      Siddha Yoga

6

Saturday, November 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Trieste, Italy

Sutra 209

Sarvari 5122

Kataka Rasi: 5      Tithi 22

**Gulika** 6:55AM – 8:08AM  
Yama 1:03PM – 2:17PM  
**Rahu** 9:22AM – 10:36AM

**Pushya** Until 4:16AM Sun  
Subha Until 12:49AM Sun  
Visti Until 3:06PM  
**Saptami** Until 3:02AM Sun

**Ganesha:** White      *Sunrise:* 6:55AM

**Muruqa:** Purple      *Sunset:* 4:45PM

**Nataraja:** Purple

Moon – Blue

Sivaloka Day

Creative Work      Siddha Yoga

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Sunday, November 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Trieste, Italy

Sutra 210

Sarvari 5122

Kataka Rasi: 17.37      Tithi 23

**Gulika** 2:17PM – 3:30PM  
Yama 11:50AM – 1:03PM  
**Rahu** 3:30PM – 4:43PM

**Ashlesha\*** Until 4:03AM Mon  
Sukla Until 11:11PM  
Balava Until 2:49PM  
**Ashtami\*** Until 2:23AM Mon

**Ganesha:** White      *Sunrise:* 6:56AM

**Muruqa:** Purple      *Sunset:* 4:43PM

**Nataraja:** Purple

Moon – Blue

Sivaloka Day

Creative Work      Siddha Yoga

Until 4:03AM Mon

Then Routine Work - Marana Yoga

Monday, November 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sutra 211

Sarvari 5122

Simha Rasi: 1      Tithi 24

**Gulika** 1:03PM – 2:16PM  
Yama 10:37AM – 11:50AM  
**Rahu** 8:10AM – 9:24AM

**Magha\*** Until 3:25AM Tue  
Brahma Until 8:58PM  
Taitila Until 1:47PM  
**Navami\*** Until 12:58AM Tue

**Ganesha:** Clear      *Sunrise:* 6:57AM

**Muruqa:** Purple      *Sunset:* 4:42PM

**Nataraja:** Purple

Moon – Red

Subha Sivaloka Day

Routine Work      Marana Yoga

Until 3:25AM Tue

Then Creative Work - Siddha Yoga

<b>1</b>		<b>Tuesday, November 10, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Sun 9		Trieste, Italy Sutra 212
Simha Rasi: 14.5	Tithi 25	<b>Gulika</b>	<b>11:50AM – 1:03PM</b>	<b>Purvaphalguni Until 1:57AM Wed</b>	<b>Ganesha: Orange</b>	<i>Sunrise: 6:59AM</i>		Sarvari 5122
		Yama	9:24AM – 10:37AM	Indra Until 6:12PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:41PM</i>	Moon 11 - Phase 29	2nd Phase
		759964464 <b>Rahu</b>	<b>2:15PM – 3:28PM</b>	Vanija Until 12:02PM	<b>Nataraja: Purple</b>			
Creative Work	Siddha Yoga			<b>Dashami Until 10:53PM</b>	<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>	
Until 1:57AM Wed								
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, November 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Sun 10		Trieste, Italy Sutra 213
Simha Rasi: 29.05	Tithi 26	<b>Gulika</b>	<b>10:38AM – 11:50AM</b>	<b>Uttaraphalguni Until 11:46PM</b>	<b>Ganesha: Orange</b>	<i>Sunrise: 7:00AM</i>		Sarvari 5122
		Yama	8:13AM – 9:25AM	Vaidhriti* Until 2:54PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:40PM</i>	Moon 11 - Phase 29	2nd Phase
		759964464 <b>Rahu</b>	<b>11:50AM – 1:02PM</b>	Bava Until 9:37AM	<b>Nataraja: Purple</b>			
Creative Work	Amrita Yoga			<b>Ekadashi* Until 8:11PM</b>	<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>	
Until 11:46PM								
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, November 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Sun 11		Trieste, Italy Sutra 214
Kanya Rasi: 13.45	Tithi 27 – 28	<b>Gulika</b>	<b>9:26AM – 10:38AM</b>	<b>Hasta Until 9:24PM</b>	<b>Ganesha: Light Blue</b>	<i>Sunrise: 7:01AM</i>		Sarvari 5122
		Yama	7:01AM – 8:14AM	Vishkambha* Until 11:12AM	<b>Muruqa: Purple</b>	<i>Sunset: 4:39PM</i>	Moon 11 - Phase 29	2nd Phase
		769964464 <b>Rahu</b>	<b>1:02PM – 2:14PM</b>	Kaulava Until 6:40AM	<b>Nataraja: Purple</b>			
Routine Work	Marana Yoga			<b>Dvadashi* Until 5:01PM</b>	<b>Ashvina•Aipasi</b>		<b>Sivaloka Day</b>	
Until 9:24PM								
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>		<b>Friday, November 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Sun 12		Trieste, Italy Sutra 215
Kanya Rasi: 28.43	Tithi 28 – 29	<b>Gulika</b>	<b>8:15AM – 9:27AM</b>	<b>Chitra Until 6:37PM</b>	<b>Ganesha: Light Blue</b>	<i>Sunrise: 7:03AM</i>		Sarvari 5122
		Yama	2:14PM – 3:26PM	Priti Until 7:13AM	<b>Muruqa: Purple</b>	<i>Sunset: 4:38PM</i>	Moon 11 - Phase 29	2nd Phase
		769964464 <b>Rahu</b>	<b>10:38AM – 11:50AM</b>	Visti Until 11:43PM	<b>Nataraja: Purple</b>			
Creative Work	Siddha Yoga			<b>Trayodashi* Until 1:31PM</b>	<b>Ashvina•Aipasi</b>		<b>Sivaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>						
		<b>Deepavali Hindu Solidarity Day</b>						

<b>Retreat Star</b>		<b>Saturday, November 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Sun 13		Trieste, Italy Sutra 216
Tula Rasi: 13.51	Tithi 29 – 30	<b>Gulika</b>	<b>7:04AM – 8:16AM</b>	<b>Svati Until 3:34PM</b>	<b>Ganesha: Light Blue</b>	<i>Sunrise: 7:04AM</i>		Sarvari 5122
		Yama	1:02PM – 2:14PM	Saubhagya Until 10:47PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:37PM</i>	Moon 11 - Phase 29	Amavasya
		769964464 <b>Rahu</b>	<b>9:27AM – 10:39AM</b>	Catuspada Until 8:02PM	<b>Nataraja: Purple</b>			
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 9:52AM</b>	<b>Ashvina•Aipasi</b>		<b>Sivaloka Day</b>	

<b>Retreat Star</b>		<b>Sunday, November 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Sun 14		Trieste, Italy Sutra 217
Tula Rasi: 29.01	Tithi 30 – 1	<b>Gulika</b>	<b>2:13PM – 3:24PM</b>	<b>Vishakha Until 12:49PM</b>	<b>Ganesha: Purple</b>	<i>Sunrise: 7:06AM</i>		Sarvari 5122
		Yama	11:51AM – 1:02PM	Sobhana Until 6:39PM	<b>Muruqa: Purple</b>	<i>Sunset: 4:36PM</i>	Moon 11 - Phase 29	Prathama
		779964464 <b>Rahu</b>	<b>3:24PM – 4:36PM</b>	Bava Until 2:42AM Mon	<b>Nataraja: Purple</b>			
Routine Work	Marana Yoga			<b>Amavasya* Until 6:12AM</b>	<b>Kartika•Aipasi</b>		<b>Sivaloka Day</b>	
		<b>Skanda Shasthi Begins</b>						

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Monday, November 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy
	Vrischika Rasi: 14.04	Tithi 2	<b>Gulika</b> 1:02PM – 2:13PM	<b>Anuradha Until 10:10AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:07AM	Sun 15 Sutra 218
	<b>Family Home Evening</b>	779964465	<b>Rahu</b> 8:18AM – 9:29AM	Athiganda* Until 2:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:35PM	Moon 11 - Phase 30
	Creative Work Siddha Yoga			Balava Until 1:04PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya Until 11:31PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>2</b>	<b>Tuesday, November 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau				Trieste, Italy
	Vrischika Rasi: 28.5	Tithi 3	<b>Gulika</b> 11:51AM – 1:02PM	<b>Jyeshtha* Until 7:45AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:08AM	Sun 16 Sutra 219
		779964465	<b>Rahu</b> 2:12PM – 3:23PM	Sukarma Until 11:07AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:34PM	Moon 11 - Phase 30
	Routine Work Marana Yoga			Taitila Until 10:07AM	<b>Nataraja:</b> Clear		3rd Phase
Until 7:45AM			<b>Tritiya Until 8:50PM</b>	Moon – Orange		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Karttika-Karttikai</b>			

<b>3</b>	<b>Wednesday, November 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Trieste, Italy
	Dhanus Rasi: 13.14	Tithi 4	<b>Gulika</b> 10:41AM – 11:51AM	<b>Mula* Until 6:10AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:10AM	Sun 17 Sutra 220
		781964465	<b>Rahu</b> 11:51AM – 1:02PM	Dhriti Until 8:00AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:33PM	Moon 11 - Phase 30
	Routine Work Marana Yoga			Vanija Until 7:44AM	<b>Nataraja:</b> Clear		3rd Phase
Until 6:10AM			<b>Chaturthi* Until 6:46PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Karttika-Karttikai</b>			

<b>4</b>	<b>Thursday, November 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				Trieste, Italy
	Dhanus Rasi: 27.1	Tithi 5 – 6	<b>Gulika</b> 9:31AM – 10:41AM	<b>Uttarashadha Until 4:40AM Fri</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:11AM	Sun 18 Sutra 221
		781964465	<b>Rahu</b> 1:02PM – 2:12PM	Ganda* Until 3:28AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:32PM	Moon 11 - Phase 30
	Routine Work Marana Yoga			Bava Until 6:02AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami Until 5:28PM</b>	Moon – Light Blue		<b>Sivaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>5</b>	<b>Friday, November 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy
	Makara Rasi: 10.38	Tithi 6 – 7	<b>Gulika</b> 8:22AM – 9:32AM	<b>Shravana Until 5:21AM Sat</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:12AM	Sun 19 Sutra 222
		791164465	<b>Rahu</b> 10:42AM – 11:52AM	Vriddhi Until 2:10AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:31PM	Moon 11 - Phase 30
	Routine Work Marana Yoga			Gara Until 5:03AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Until 5:21AM Sat			<b>Shashthi* Until 4:58PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga			<b>Skanda Shasthi</b>	<b>Karttika-Karttikai</b>			

<b>6</b>	<b>Saturday, November 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy
	Makara Rasi: 23.4	Tithi 7 – 8	<b>Gulika</b> 7:14AM – 8:23AM	<b>Dhanishtha Until 6:38AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:14AM	Sun 20 Sutra 223
		791164465	<b>Rahu</b> 9:33AM – 10:42AM	Dhruva Until 1:28AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 30
	Creative Work Siddha Yoga			Visti Until 5:46AM Sun	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami Until 5:18PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>D</b>	<b>Sunday, November 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata* Yoga Bava Karana Ashtamyam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 2:11PM – 3:20PM	<b>Dhanishtha Until 6:38AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:15AM	Sun 21 Sutra 224
	Kumbha Rasi: 6.2	Tithi 8	<b>Rahu</b> 3:20PM – 4:30PM	Vyaghata* Until 1:20AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:30PM	Moon 11 - Phase 30
		791164465		Bava Until 6:22PM	<b>Nataraja:</b> Clear		Ashtami
Routine Work Marana Yoga			<b>Ashtami* Until 6:22PM</b>	Moon – Purple		<b>Sivaloka Day</b>	
Until 6:38AM				<b>Karttika-Karttikai</b>			
Then Creative Work - Siddha Yoga							

<b>D</b>	<b>Monday, November 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaprossthapada* Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 1:02PM – 2:11PM	<b>Shatabhishak Until 8:25AM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:16AM	Sun 22 Sutra 225
	Kumbha Rasi: 18.4	Tithi 9	<b>Rahu</b> 8:25AM – 9:34AM	Harshana Until 1:39AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:29PM	Moon 11 - Phase 30
		791174465		Balava Until 7:11AM	<b>Nataraja:</b> Clear		Navami
<b>Family Home Evening</b>			<b>Navami* Until 8:05PM</b>	Moon – Purple		<b>Devaloka Day</b>	
Creative Work Siddha Yoga				<b>Karttika-Karttikai</b>			
Until 8:25AM							
Then Routine Work - Marana Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, November 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Trieste, Italy
Meena Rasi: 0.48	Tithi 10							Sun 23
		711174465	<b>Gulika</b> 11:53AM – 1:02PM <b>Yama</b> 9:35AM – 10:44AM <b>Rahu</b> 2:10PM – 3:19PM	<b>Purvaprosarthapada* Until 11:02AM</b> Vajra* Until 2:14AM Wed Taitila Until 9:08AM Dashami Until 10:14PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:18AM <b>Sunset:</b> 4:28PM		Sarvari 5122 Moon 11 - Phase 31 4th Phase
Routine Work	Marana Yoga							Devaloka Day
Until 11:02AM								Karttika-Karttikai
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, November 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Trieste, Italy
Meena Rasi: 12.46	Tithi 11							Sun 24
		711174465	<b>Gulika</b> 10:45AM – 11:53AM <b>Yama</b> 8:27AM – 9:36AM <b>Rahu</b> 11:53AM – 1:02PM	<b>Uttaraprosarthapada Until 1:50PM</b> Siddhi Until 3:02AM Thu Vanija Until 11:28AM Ekadashi Until 12:41AM Thu	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:19AM <b>Sunset:</b> 4:27PM		Sarvari 5122 Moon 11 - Phase 31 4th Phase
Creative Work	Siddha Yoga							Devaloka Day
Until 1:50PM								Karttika-Karttikai
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, November 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Trieste, Italy
Meena Rasi: 24.39	Tithi 12							Sun 25
		711174465	<b>Gulika</b> 9:37AM – 10:45AM <b>Yama</b> 7:20AM – 8:28AM <b>Rahu</b> 1:02PM – 2:10PM	<b>Revati Until 4:39PM</b> Vyatipata* Until 3:57AM Fri Bava Until 1:59PM Dvadashi Until 3:16AM Fri	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 7:20AM <b>Sunset:</b> 4:27PM		Sarvari 5122 Moon 11 - Phase 31 4th Phase
Creative Work	Siddha Yoga							Devaloka Day
Until 4:39PM								Karttika-Karttikai
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, November 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy
Mesha Rasi: 6.3	Tithi 13							Sun 26
		721174465	<b>Gulika</b> 8:29AM – 9:38AM <b>Yama</b> 2:10PM – 3:18PM <b>Rahu</b> 10:46AM – 11:54AM	<b>Ashvini Until 7:50PM</b> Variyan Until 4:48AM Sat Kaulava Until 4:35PM Trayodashi Until 5:50AM Sat	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:21AM <b>Sunset:</b> 4:26PM		Sarvari 5122 Moon 11 - Phase 31 4th Phase
Creative Work	Amrita Yoga							Bhuloka Day
Until 7:50PM								Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga								Pradosha Vrata

<b>5</b>		<b>Saturday, November 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Gara Karana Chaturdashyam Titau				Trieste, Italy
Mesha Rasi: 18.21	Tithi 14							Sun 27
		722174465	<b>Gulika</b> 7:23AM – 8:30AM <b>Yama</b> 1:02PM – 2:10PM <b>Rahu</b> 9:38AM – 10:46AM	<b>Bharani Until 10:45PM</b> Parigha* Until 5:35AM Sun Gara Until 7:06PM Chaturdashi* Until 8:16AM Sun	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:23AM <b>Sunset:</b> 4:26PM		Sarvari 5122 Moon 11 - Phase 31 4th Phase
Creative Work	Siddha Yoga							Bhuloka Day
Until 10:45PM								Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								

		<b>Sunday, November 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Trieste, Italy
<b>Copper Retreat Star</b>								Sutra 231
Vrishabha Rasi: 0.15	Tithi 14 – 15							Sun 28
		722174465	<b>Gulika</b> 2:10PM – 3:18PM <b>Yama</b> 11:55AM – 1:02PM <b>Rahu</b> 3:18PM – 4:25PM	<b>Krittika Until 1:20AM Mon</b> Shiva Until 6:12AM Mon Visti Until 9:25PM Chaturdashi* Until 8:16AM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 7:24AM <b>Sunset:</b> 4:25PM		Sarvari 5122 Moon 11 - Phase 31 Purnima
Creative Work	Siddha Yoga							Bhuloka Day
Until 1:20AM Mon								Devaloka Time: 3:PM to 6:PM
Then Creative Work - Amrita Yoga								Krittika Deepam

<b>Monday, November 30, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Trieste, Italy
<b>Family Home Evening</b>								Sutra 232
Vrishabha Rasi: 12.14	Tithi 15 – 16							Sun 29
		732174465	<b>Gulika</b> 1:02PM – 2:10PM <b>Yama</b> 10:47AM – 11:55AM <b>Rahu</b> 8:32AM – 9:40AM	<b>Rohini Until 3:58AM Tue</b> Shiva Until 6:12AM Balava Until 11:29PM Purnima* Until 10:28AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 7:25AM <b>Sunset:</b> 4:25PM		Sarvari 5122 Moon 11 - Phase 31 Prathama
Creative Work	Amrita Yoga							Devaloka Day
Until 3:58AM Tue								Karttika-Karttikai
Then Creative Work - Siddha Yoga								Penumbra Lunar Eclipse Vinayaga Viratam Begins

When the soul attains Self-knowledge, then it becomes one with Siva. The malas perish, birth's cycle ends and the lustrous light of wisdom dawns. Tirumantiram 2331



Tuesday, December 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvillyayam Titau

Trieste, Italy  
Sutra 233

Wrishabha Rasi: 24.21 Tithi 16 – 17

732174465

Gulika  
Yama  
Rahu

11:55AM – 1:03PM  
9:41AM – 10:48AM  
2:10PM – 3:17PM

Mrigashira Until 6:06AM Wed  
Siddha Until 6:35AM  
Taitila Until 1:11AM Wed  
Prathama\* Until 12:22PM

Ganesha: Yellow  
Muruqa: Clear  
Nataraja: Clear  
Moon – Yellow

Sunrise: 7:26AM  
Sunset: 4:25PM

Moon 12 - Phase 32  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

1

Wednesday, December 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvillyaya/Tritiyayam Titau

Trieste, Italy  
Sun 1  
Sutra 234

Mithuna Rasi: 7 Tithi 17 – 18

732174465

Gulika  
Yama  
Rahu

10:49AM – 11:56AM  
8:34AM – 9:41AM  
11:56AM – 1:03PM

Mrigashira Until 6:06AM  
Sadhya Until 6:41AM  
Vanija Until 2:29AM Thu  
Dvitiya Until 1:52PM

Ganesha: Yellow  
Muruqa: Clear  
Nataraja: Clear  
Moon – Yellow

Sunrise: 7:27AM  
Sunset: 4:24PM

Moon 12 - Phase 32  
1st Phase

Devaloka Day

Creative Work Siddha Yoga

Karttika-Karttikai

2

Thursday, December 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Visti/Bava Karana Tritiya/Chatrthyam Titau

Trieste, Italy  
Sun 2  
Sutra 235

Mithuna Rasi: 19.02 Tithi 18 – 19

732174465

Gulika  
Yama  
Rahu

9:42AM – 10:49AM  
7:28AM – 8:35AM  
1:03PM – 2:10PM

Ardra Until 7:40AM  
Subha Until 6:30AM  
Bava Until 3:20AM Fri  
Tritiya Until 2:57PM

Ganesha: Yellow  
Muruqa: Clear  
Nataraja: Clear  
Moon – Yellow

Sunrise: 7:28AM  
Sunset: 4:24PM

Moon 12 - Phase 32  
1st Phase

Devaloka Day

Routine Work Marana Yoga

Until 7:40AM

Then Creative Work - Amrita Yoga

Karttika-Karttikai

3

Friday, December 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy  
Sun 3  
Sutra 236

Kataka Rasi: 1.4 Tithi 19 – 20

742174465

Gulika  
Yama  
Rahu

8:36AM – 9:43AM  
2:10PM – 3:17PM  
10:50AM – 11:57AM

Punarvasu Until 9:07AM  
Brahma Until 5:00AM Sat  
Kaulava Until 3:42AM Sat  
Chaturthi\* Until 3:34PM

Ganesha: White  
Muruqa: Clear  
Nataraja: Clear  
Moon – Blue

Sunrise: 7:29AM  
Sunset: 4:24PM

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 9:07AM

Then Routine Work - Marana Yoga

Karttika-Karttikai

4

Saturday, December 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy  
Sun 4  
Sutra 237

Kataka Rasi: 14.31 Tithi 20 – 21

742174465

Gulika  
Yama  
Rahu

7:30AM – 8:37AM  
1:04PM – 2:10PM  
9:44AM – 10:50AM

Pushya Until 9:56AM  
Indra Until 3:42AM Sun  
Gara Until 3:33AM Sun  
Panchami Until 3:40PM

Ganesha: White  
Muruqa: Clear  
Nataraja: Clear  
Moon – Blue

Sunrise: 7:30AM  
Sunset: 4:23PM

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 9:56AM

Then Routine Work - Marana Yoga

Karttika-Karttikai

5

Sunday, December 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Trieste, Italy  
Sun 5  
Sutra 238

Kataka Rasi: 27.38 Tithi 21 – 22

742174465

Gulika  
Yama  
Rahu

2:10PM – 3:17PM  
11:57AM – 1:04PM  
3:17PM – 4:23PM

Ashlesha\* Until 10:06AM  
Vaidhriti\* Until 1:56AM Mon  
Visti Until 2:52AM Mon  
Shashthi\* Until 3:16PM

Ganesha: White  
Muruqa: Clear  
Nataraja: Clear  
Moon – Blue

Sunrise: 7:31AM  
Sunset: 4:23PM

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 10:06AM

Then Routine Work - Marana Yoga

Karttika-Karttikai

D

Monday, December 7, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy  
Sun 6  
Sutra 239

Simha Rasi: 11.02 Tithi 22 – 23

752174465

Gulika  
Yama  
Rahu

1:04PM – 2:10PM  
10:51AM – 11:58AM  
8:39AM – 9:45AM

Magha\* Until 10:02AM  
Vishkambha\* Until 11:46PM  
Balava Until 1:39AM Tue  
Saptami Until 2:19PM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Clear  
Moon – Red

Sunrise: 7:33AM  
Sunset: 4:23PM

Moon 12 - Phase 32  
Ashtami

Devaloka Day

Routine Work Marana Yoga

Until 10:02AM

Then Creative Work - Siddha Yoga

Karttika-Karttikai

Tuesday, December 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Trieste, Italy  
Sun 7  
Sutra 240

Simha Rasi: 24.45 Tithi 23 – 24

752174465

Gulika  
Yama  
Rahu

11:58AM – 1:04PM  
9:46AM – 10:52AM  
2:11PM – 3:17PM

Purvaphalguni Until 9:18AM  
Priti Until 9:12PM  
Taitila Until 11:55PM  
Ashtami\* Until 12:50PM

Ganesha: Clear  
Muruqa: Clear  
Nataraja: Clear  
Moon – Red

Sunrise: 7:33AM  
Sunset: 4:23PM

Moon 12 - Phase 32  
Navami

Devaloka Day

Creative Work Siddha Yoga

Until 9:18AM

Then Creative Work - Amrita Yoga

Karttika-Karttikai

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


<b>1</b>	<b>Wednesday, December 9, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Trieste, Italy
	Kanya Rasi: 8.46	Tithi 24 – 25	<b>Gulika</b> 10:53AM – 11:59AM	<b>Uttaraphalguni</b> Until 7:55AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:34AM	Sun 8 Sutra 241
		752174465	<b>Yama</b> 8:40AM – 9:47AM	Ayushman Until 6:14PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Sarvari 5122
	Creative Work Amrita Yoga		<b>Rahu</b> 11:59AM – 1:05PM	Vanija Until 9:42PM	<b>Nataraja:</b> Clear		Moon 12 - Phase 33
Until 7:55AM			<b>Navami*</b> Until 10:51AM	Moon – Red		2nd Phase	
Then Routine Work - Marana Yoga				<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Thursday, December 10, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy
	Kanya Rasi: 23.05	Tithi 25 – 26	<b>Gulika</b> 9:47AM – 10:53AM	<b>Hasta</b> Until 6:23AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:35AM	Sun 9 Sutra 242
		762174465	<b>Yama</b> 7:35AM – 8:41AM	Saubhagya Until 2:55PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Sarvari 5122
	Routine Work Marana Yoga		<b>Rahu</b> 1:05PM – 2:11PM	Bava Until 7:05PM	<b>Nataraja:</b> Clear		Moon 12 - Phase 33
Until 6:23AM			<b>Dashami</b> Until 8:25AM	Moon – Green		2nd Phase	
Then Creative Work - Siddha Yoga				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Friday, December 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Trieste, Italy
	Tula Rasi: 7.4	Tithi 27	<b>Gulika</b> 8:42AM – 9:48AM	<b>Svati</b> Until 1:54AM Sat	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:36AM	Sun 10 Sutra 243
		762174465	<b>Yama</b> 2:11PM – 3:17PM	Sobhana Until 11:22AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Sarvari 5122
	Creative Work Siddha Yoga		<b>Rahu</b> 10:54AM – 12:00PM	Kaulava Until 4:09PM	<b>Nataraja:</b> Clear		Moon 12 - Phase 33
			<b>Dvadashi*</b> Until 2:35AM Sat	Moon – Green		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Saturday, December 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Trieste, Italy
	Tula Rasi: 22.26	Tithi 28	<b>Gulika</b> 7:37AM – 8:43AM	<b>Vishakha</b> Until 11:36PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:37AM	Sun 11 Sutra 244
		773174465	<b>Yama</b> 1:06PM – 2:12PM	Athiganda* Until 7:36AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Sarvari 5122
	Creative Work Siddha Yoga		<b>Rahu</b> 9:49AM – 10:54AM	Gara Until 1:02PM	<b>Nataraja:</b> Clear		Moon 12 - Phase 33
			<b>Trayodashi*</b> Until 11:26PM	Moon – Orange		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Sunday, December 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Trieste, Italy
	Vrishchika Rasi: 7.17	Tithi 29	<b>Gulika</b> 2:12PM – 3:18PM	<b>Anuradha</b> Until 9:11PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:38AM	Sun 12 Sutra 245
		773174465	<b>Yama</b> 12:01PM – 1:06PM	Dhriti Until 12:00AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Sarvari 5122
	Routine Work Marana Yoga		<b>Rahu</b> 3:18PM – 4:23PM	Visti Until 9:52AM	<b>Nataraja:</b> Clear		Moon 12 - Phase 33
			<b>Chaturdashi*</b> Until 8:17PM	Moon – Orange		2nd Phase	
				<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	

	<b>Monday, December 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 1:07PM – 2:12PM	<b>Jyeshtha*</b> Until 6:47PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:39AM	Sun 13 Sutra 246
	Vrishchika Rasi: 22.05	Tithi 30 – 1	<b>Yama</b> 10:56AM – 12:01PM	Shula* Until 8:21PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Sarvari 5122
	<b>Family Home Evening</b>	773174465	<b>Rahu</b> 8:44AM – 9:50AM	Catuspada Until 6:46AM	<b>Nataraja:</b> Clear		Moon 12 - Phase 33
Creative Work Siddha Yoga			<b>Amavasya*</b> Until 5:17PM	Moon – Orange		Amavasya	
		<b>Total Solar Eclipse</b>		<b>Karttika-Karttikai</b>		<b>Devaloka Day</b>	

<b>6</b>	<b>Tuesday, December 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvityayam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 12:02PM – 1:07PM	<b>Mula*</b> Until 5:00PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:39AM	Sun 14 Sutra 247
	Dhanus Rasi: 6.43	Tithi 1 – 2	<b>Yama</b> 9:51AM – 10:56AM	Ganda* Until 4:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:24PM	Sarvari 5122
		783274465	<b>Rahu</b> 2:13PM – 3:18PM	Balava Until 1:28AM Wed	<b>Nataraja:</b> Clear		Moon 12 - Phase 33
Creative Work Amrita Yoga			<b>Prathama*</b> Until 2:37PM	Moon – Light Blue		Prathama	
Until 5:00PM		<b>Markali Pillaiyar</b>		<b>Margasira-Markali</b>		<b>Bhuloka Day</b>	
Then Creative Work - Siddha Yoga						Devaloka Time: 3:PM to 6:PM	

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

<b>1</b>		<b>Wednesday, December 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Trieste, Italy Sun 15 Sutra 248		
Dhanus Rasi: 21.03	Tithi 2 – 3	<b>Gulika</b> 10:57AM – 12:02PM	<b>Purvashadha* Until 3:32PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:40AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 12 - Phase 34
		Yama 8:46AM – 9:51AM	Vriddhi Until 2:01PM	<b>Nataraja:</b> Clear		Moon – Light Blue		3rd Phase
Creative Work	Amrita Yoga	883274465 <b>Rahu</b> 12:02PM – 1:08PM	Taitila Until 11:32PM	<b>Margasira*Markali</b>		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM
			<b>Dvitiya Until 12:24PM</b>					

<b>2</b>		<b>Thursday, December 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 16 Sutra 249		
Makara Rasi: 5.02	Tithi 3 – 4	<b>Gulika</b> 9:52AM – 10:57AM	<b>Uttarashadha Until 2:32PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 7:41AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:24PM	Moon 12 - Phase 34
		Yama 7:41AM – 8:46AM	Dhruva Until 11:31AM	<b>Nataraja:</b> Clear		Moon – Light Blue		3rd Phase
Routine Work	Marana Yoga	883274465 <b>Rahu</b> 1:08PM – 2:14PM	Vanija Until 10:15PM	<b>Margasira*Markali</b>		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM
Until 2:32PM			<b>Tritiya Until 10:47AM</b>					
Then Creative Work - Siddha Yoga								

<b>3</b>		<b>Friday, December 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Trieste, Italy Sun 17 Sutra 250		
Makara Rasi: 18.35	Tithi 4 – 5	<b>Gulika</b> 8:47AM – 9:52AM	<b>Shravana Until 2:33PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:41AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM	Moon 12 - Phase 34
		Yama 2:14PM – 3:19PM	Vyaghata* Until 9:34AM	<b>Nataraja:</b> Clear		Moon – Purple		3rd Phase
Routine Work	Marana Yoga	893274465 <b>Rahu</b> 10:58AM – 12:03PM	Bava Until 9:44PM	<b>Margasira*Markali</b>		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM
Until 2:33PM			<b>Chaturthi* Until 9:53AM</b>					
Then Creative Work - Siddha Yoga								

<b>4</b>		<b>Saturday, December 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau		Trieste, Italy Sun 18 Sutra 251		
Kumbha Rasi: 1.44	Tithi 5 – 6	<b>Gulika</b> 7:42AM – 8:47AM	<b>Dhanishtha Until 3:10PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:42AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:25PM	Moon 12 - Phase 34
		Yama 1:09PM – 2:14PM	Harshana Until 8:15AM	<b>Nataraja:</b> Clear		Moon – Purple		3rd Phase
Creative Work	Siddha Yoga	893274465 <b>Rahu</b> 9:53AM – 10:58AM	Kaulava Until 10:00PM	<b>Margasira*Markali</b>		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM
Until 3:10PM			<b>Panchami Until 9:45AM</b>					
Then Creative Work - Amrita Yoga								

<b>5</b>		<b>Sunday, December 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Trieste, Italy Sun 19 Sutra 252		
Kumbha Rasi: 14.3	Tithi 6 – 7	<b>Gulika</b> 2:15PM – 3:20PM	<b>Shatabhishak Until 4:22PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 7:43AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:26PM	Moon 12 - Phase 34
		Yama 12:04PM – 1:10PM	Vajra* Until 7:31AM	<b>Nataraja:</b> Clear		Moon – Purple		3rd Phase
Creative Work	Siddha Yoga	893274465 <b>Rahu</b> 3:20PM – 4:26PM	Gara Until 11:02PM	<b>Margasira*Markali</b>		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM
			<b>Shashthi* Until 10:25AM</b>					

Vinayaga Viratam Ends

<b>Monday, December 21, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Trieste, Italy Sun 20 Sutra 253		
Kumbha Rasi: 26.56	Tithi 7 – 8	<b>Gulika</b> 1:10PM – 2:15PM	<b>Purvaproshtapada* Until 6:34PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:43AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:26PM	Moon 12 - Phase 34
<b>Family Home Evening</b>		Yama 10:59AM – 12:05PM	Siddhi Until 7:21AM	<b>Nataraja:</b> Clear		Moon – Clear		Ashtami
Routine Work	Marana Yoga	813274465 <b>Rahu</b> 8:48AM – 9:54AM	Visti Until 12:44AM Tue	<b>Margasira*Markali</b>		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM
Until 6:34PM			<b>Saptami Until 11:47AM</b>					
Then Creative Work - Siddha Yoga								

<b>Tuesday, December 22, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Trieste, Italy Sun 21 Sutra 254		
Meena Rasi: 9.05	Tithi 8 – 9	<b>Gulika</b> 12:05PM – 1:11PM	<b>Uttaraproshtapada Until 9:07PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:44AM	<b>Muruga:</b> Clear	<i>Sunset:</i> 4:27PM	Moon 12 - Phase 34
		Yama 9:54AM – 11:00AM	Vyatipata* Until 7:40AM	<b>Nataraja:</b> Clear		Moon – Clear		Navami
Creative Work	Amrita Yoga	813274465 <b>Rahu</b> 2:16PM – 3:21PM	Balava Until 2:57AM Wed	<b>Margasira*Markali</b>		<b>Bhuloka Day</b>		Devaloka Time: 3:PM to 6:PM
Until 9:07PM			<b>Ashtami* Until 1:46PM</b>					
Then Creative Work - Siddha Yoga								

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

1	<b>Wednesday, December 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Varyani/Parigha* Yoga Kara/Kaulava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy Sun 22
	Meena Rasi: 21.04	Tithi 9 – 10	813274465	<b>Gulika</b> 11:00AM – 12:06PM <b>Yama</b> 8:49AM – 9:55AM <b>Rahu</b> 12:06PM – 1:11PM	<b>Revati Until 11:51PM</b> Varyan Until 8:18AM Taitila Until 5:29AM Thu <b>Navami* Until 4:10PM</b>	<b>Ganesha:</b> Green <i>Sunrise: 7:44AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:27PM</i> <b>Nataraja:</b> Clear Moon – Clear	Sarvari 5122 Moon 12 - Phase 35 4th Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga		Day 3 of Pancha Ganapati		Margasira*Markali			

2	<b>Thursday, December 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Parigha*/Shiva Yoga Gara Karana Dashamyam Titau				Trieste, Italy Sun 23
	Mesha Rasi: 2.56	Tithi 10	823274465	<b>Gulika</b> 9:55AM – 11:01AM <b>Yama</b> 7:44AM – 8:50AM <b>Rahu</b> 1:12PM – 2:17PM	<b>Ashvini Until 3:04AM Fri</b> Parigha* Until 9:08AM Gara Until 6:46PM <b>Dashami Until 6:46PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:44AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:28PM</i> <b>Nataraja:</b> Clear Moon – White	Sarvari 5122 Moon 12 - Phase 35 4th Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 3:04AM Fri Then Creative Work - Siddha Yoga		Day 4 of Pancha Ganapati		Margasira*Markali			

3	<b>Friday, December 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau				Trieste, Italy Sun 24
	Mesha Rasi: 14.46	Tithi 11	823274465	<b>Gulika</b> 8:50AM – 9:56AM <b>Yama</b> 2:18PM – 3:23PM <b>Rahu</b> 11:01AM – 12:07PM	<b>Bharani Until 6:02AM Sat</b> Shiva Until 10:03AM Vanija Until 8:06AM <b>Ekadashi Until 9:22PM</b>	<b>Ganesha:</b> Red <i>Sunrise: 7:45AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:29PM</i> <b>Nataraja:</b> Clear Moon – White	Sarvari 5122 Moon 12 - Phase 35 4th Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga Until 6:02AM Sat Then Creative Work - Amrita Yoga		Day 5 of Pancha Ganapati		Margasira*Markali			

4	<b>Saturday, December 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Dvadashyam Titau				Trieste, Italy Sun 25
	Mesha Rasi: 26.38	Tithi 12	824274466	<b>Gulika</b> 7:45AM – 8:51AM <b>Yama</b> 1:13PM – 2:18PM <b>Rahu</b> 9:56AM – 11:02AM	<b>Bharani Until 6:02AM</b> Siddha Until 10:51AM Bava Until 10:38AM <b>Dvadashi Until 11:47PM</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:45AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:29PM</i> <b>Nataraja:</b> Orange Moon – White	Sarvari 5122 Moon 12 - Phase 35 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga Until 6:02AM Then Creative Work - Amrita Yoga		Day 5 of Pancha Ganapati		Margasira*Markali			

5	<b>Sunday, December 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy Sun 26
	Vrishabha Rasi: 9	Tithi 13	824274466	<b>Gulika</b> 2:19PM – 3:24PM <b>Yama</b> 12:08PM – 1:13PM <b>Rahu</b> 3:24PM – 4:30PM	<b>Krittika Until 8:37AM</b> Sadhya Until 11:27AM Kaulava Until 12:53PM <b>Trayodashi Until 1:50AM Mon</b>	<b>Ganesha:</b> Blue <i>Sunrise: 7:45AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:30PM</i> <b>Nataraja:</b> Orange Moon – White	Sarvari 5122 Moon 12 - Phase 35 4th Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga		Day 5 of Pancha Ganapati		Margasira*Markali		<i>Pradosha Vrata</i>	

6	<b>Monday, December 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau				Trieste, Italy Sun 27
	Vrishabha Rasi: 20.42	Tithi 14	834274466	<b>Gulika</b> 1:14PM – 2:19PM <b>Yama</b> 11:03AM – 12:08PM <b>Rahu</b> 8:51AM – 9:57AM	<b>Rohini Until 11:08AM</b> Subha Until 11:46AM Gara Until 2:43PM <b>Chaturdashi* Until 3:25AM Tue</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:46AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:31PM</i> <b>Nataraja:</b> Orange Moon – Yellow	Sarvari 5122 Moon 12 - Phase 35 4th Phase <b>Devaloka Day</b>
Family Home Evening Creative Work Amrita Yoga		Day 5 of Pancha Ganapati		Margasira*Markali			

O	<b>Tuesday, December 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau				Trieste, Italy Sun 28	
	<b>Copper Retreat Star</b>		Mithuna Rasi: 3.01	Tithi 15	834274466	<b>Gulika</b> 12:09PM – 1:14PM <b>Yama</b> 9:57AM – 11:03AM <b>Rahu</b> 2:20PM – 3:26PM	<b>Mrigashira Until 1:02PM</b> Sukla Until 11:40AM Visti Until 4:02PM <b>Purnima* Until 4:29AM Wed</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:46AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:32PM</i> <b>Nataraja:</b> Orange Moon – Yellow
Creative Work Siddha Yoga Until 1:02PM Then Routine Work - Marana Yoga		Day 5 of Pancha Ganapati		Margasira*Markali				

O	<b>Wednesday, December 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Trieste, Italy Sun 29	
	<b>Silver Retreat Star</b>		Mithuna Rasi: 15.32	Tithi 16	834274466	<b>Gulika</b> 11:03AM – 12:09PM <b>Yama</b> 8:52AM – 9:58AM <b>Rahu</b> 12:09PM – 1:15PM	<b>Ardra Until 2:15PM</b> Brahma Until 11:12AM Balava Until 4:50PM <b>Prathama* Until 5:01AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 7:46AM</i> <b>Muruqa:</b> Clear <i>Sunset: 4:32PM</i> <b>Nataraja:</b> Orange Moon – Yellow
Creative Work Siddha Yoga		Day 5 of Pancha Ganapati		Margasira*Markali		<b>Ardra Darshanam</b>		





Thursday, December 31, 2020  
Gold Retreat Star

Mithuna Rasi: 28.19    Titithi 17  
Creative Work    Amrita Yoga

844274466

**Gulika**    9:58AM – 11:04AM  
**Yama**     7:46AM – 8:52AM  
**Rahu**     1:16PM – 2:21PM

Sarvri Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Tailila/Gara Karana Dvitiyayam Titau

**Punarvasu**    3:17PM  
Indra Until 10:20AM  
Tailila Until 5:06PM  
**Dvitiya**    5:02AM Fri

**Ganesha:** White    Sunrise: 7:46AM  
**Muruqa:** Clear     Sunset: 4:33PM  
**Nataraja:** Orange  
Moon – Blue

Trieste, Italy  
Sutra 263  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Sivaloka Day**

1

Friday, January 1, 2021

Kataka Rasi: 11.2    Titithi 18  
Routine Work    Marana Yoga

844274466

**Gulika**    8:52AM – 9:58AM  
**Yama**     2:21PM – 3:27PM  
**Rahu**     11:04AM – 12:10PM

Sarvri Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Pushya**     3:42PM  
Vaidhriti\*    Until 9:04AM  
Vanija Until 4:54PM  
**Tritiya**     4:38AM Sat

**Ganesha:** White    Sunrise: 7:46AM  
**Muruqa:** Clear     Sunset: 4:33PM  
**Nataraja:** Orange  
Moon – Blue

Trieste, Italy  
Sutra 264  
Sun 1  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Sivaloka Day**

2

Saturday, January 2, 2021

Kataka Rasi: 24.34    Titithi 19  
Routine Work    Marana Yoga  
Until 3:34PM  
Then Creative Work - Amrita Yoga

844274466

**Gulika**    7:46AM – 8:52AM  
**Yama**     1:16PM – 2:22PM  
**Rahu**     9:58AM – 11:04AM

Sarvri Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chaturthiyam Titau

**Ashlesha\***    3:34PM  
Vishkambha\*    Until 7:28AM  
Bava Until 4:18PM  
**Chaturthi\***    3:50AM Sun

**Ganesha:** White    Sunrise: 7:46AM  
**Muruqa:** Clear     Sunset: 4:33PM  
**Nataraja:** Orange  
Moon – Blue

Trieste, Italy  
Sutra 265  
Sun 2  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Sivaloka Day**

3

Sunday, January 3, 2021

Simha Rasi: 8.01    Titithi 20  
Routine Work    Marana Yoga  
Until 3:23PM  
Then Creative Work - Siddha Yoga

854274466

**Gulika**    2:23PM – 3:29PM  
**Yama**     12:11PM – 1:17PM  
**Rahu**     3:29PM – 4:35PM

Sarvri Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman Yoga Kaulava/Tailila Karana Panchamyam Titau

**Magha\***     3:23PM  
Ayushman Until 3:26AM Mon  
Kaulava Until 3:19PM  
**Panchami**    2:42AM Mon

**Ganesha:** Clear     Sunrise: 7:46AM  
**Muruqa:** Clear     Sunset: 4:35PM  
**Nataraja:** Orange  
Moon – Red

Trieste, Italy  
Sutra 266  
Sun 3  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Devaloka Day**

4

Monday, January 4, 2021

Simha Rasi: 21.39    Titithi 21  
**Family Home Evening**  
Creative Work    Siddha Yoga

854274466

**Gulika**    1:17PM – 2:24PM  
**Yama**     11:05AM – 12:11PM  
**Rahu**     8:52AM – 9:59AM

Sarvri Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

**Purvaphalguni**    2:44PM  
Saubhagya Until 1:04AM Tue  
Gara Until 2:03PM  
**Shashthi\***    1:17AM Tue

**Ganesha:** Clear     Sunrise: 7:46AM  
**Muruqa:** Clear     Sunset: 4:36PM  
**Nataraja:** Orange  
Moon – Red

Trieste, Italy  
Sutra 267  
Sun 4  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Devaloka Day**

5

Tuesday, January 5, 2021

Kanya Rasi: 5.27    Titithi 22  
Creative Work    Amrita Yoga  
Until 1:41PM  
Then Creative Work - Siddha Yoga

854274466

**Gulika**    12:12PM – 1:18PM  
**Yama**     9:59AM – 11:05AM  
**Rahu**     2:24PM – 3:31PM

Sarvri Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

**Uttaraphalguni**    1:41PM  
Sobhana Until 10:30PM  
Visti\* Until 12:29PM  
**Saptami**     11:36PM

**Ganesha:** Clear     Sunrise: 7:46AM  
**Muruqa:** Clear     Sunset: 4:37PM  
**Nataraja:** Orange  
Moon – Red

Trieste, Italy  
Sutra 268  
Sun 5  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase

**Devaloka Day**

D

Wednesday, January 6, 2021

Retreat Star

Kanya Rasi: 19.24    Titithi 23  
Routine Work    Marana Yoga  
Until 12:41PM  
Then Creative Work - Siddha Yoga

864274466

**Gulika**    11:05AM – 12:12PM  
**Yama**     8:52AM – 9:59AM  
**Rahu**     12:12PM – 1:19PM

Sarvri Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Hasta**     12:41PM  
Athiganda\*    Until 7:44PM  
Balava Until 10:41AM  
**Ashtami\***    9:41PM

**Ganesha:** Purple    Sunrise: 7:46AM  
**Muruqa:** Clear     Sunset: 4:38PM  
**Nataraja:** Orange  
Moon – Green

Trieste, Italy  
Sutra 269  
Sun 6  
Sarvari 5122  
Moon 13 - Phase 36  
Ashtami

**Sivaloka Day**

Thursday, January 7, 2021

Retreat Star

Tula Rasi: 3.31    Titithi 24  
Creative Work    Siddha Yoga  
Until 11:20AM  
Then Creative Work - Amrita Yoga

865274466

**Gulika**    9:59AM – 11:06AM  
**Yama**     7:46AM – 8:52AM  
**Rahu**     1:19PM – 2:26PM

Sarvri Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma/Dhriti\* Yoga Tailila/Gara Karana Navamyam Titau

**Chitra**     11:20AM  
Sukarma Until 4:48PM  
Tailila Until 8:40AM  
**Navami\***    7:34PM

**Ganesha:** Clear     Sunrise: 7:46AM  
**Muruqa:** Clear     Sunset: 4:39PM  
**Nataraja:** Orange  
Moon – Green

Trieste, Italy  
Sutra 270  
Sun 7  
Sarvari 5122  
Moon 13 - Phase 36  
Navami

**Devaloka Day**

1	<b>Friday, January 8, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy Sun 8 Sutra 271
	Tula Rasi: 17.44	Tithi 25 – 26	<b>Gulika</b> 8:52AM – 9:59AM	<b>Svati Until 9:38AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:45AM	Sarvari 5122
			Yama 2:27PM – 3:33PM	Dhriti Until 1:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:40PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	865274466 <b>Rahu</b> 11:06AM – 12:13PM	Vanija Until 6:27AM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dashami Until 5:17PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Margasira*Markali</b>			

2	<b>Saturday, January 9, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 9 Sutra 272
	Vrischika Rasi: 2.04	Tithi 26 – 27	<b>Gulika</b> 7:45AM – 8:52AM	<b>Vishakha Until 8:06AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:45AM	Sarvari 5122
			Yama 1:20PM – 2:27PM	Shula* Until 10:33AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:41PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	875374466 <b>Rahu</b> 9:59AM – 11:06AM	Kaulava Until 1:41AM Sun	<b>Nataraja:</b> Orange		2nd Phase
			<b>Ekadashi* Until 2:53PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Margasira*Markali</b>			

3	<b>Sunday, January 10, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Trieste, Italy Sun 10 Sutra 273
	Vrischika Rasi: 16.26	Tithi 27 – 28	<b>Gulika</b> 2:28PM – 3:35PM	<b>Anuradha Until 6:22AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:45AM	Sarvari 5122
			Yama 12:14PM – 1:21PM	Ganda* Until 7:21AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:43PM	Moon 13 - Phase 37
	Routine Work	Marana Yoga	875374466 <b>Rahu</b> 3:35PM – 4:43PM	Gara Until 11:16PM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Dvadashi* Until 12:27PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Margasira*Markali</b>			
				<i>Pradosha Vrata (Fasting)</i>			

4	<b>Monday, January 11, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 11 Sutra 274
	Dhanus Rasi: 0.47	Tithi 28 – 29	<b>Gulika</b> 1:22PM – 2:29PM	<b>Mula* Until 3:07AM Tue</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:44AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 11:07AM – 12:14PM	Dhruva Until 1:06AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:44PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	885374466 <b>Rahu</b> 8:52AM – 9:59AM	Visti Until 8:58PM	<b>Nataraja:</b> Orange		2nd Phase
			<b>Trayodashi* Until 10:05AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Margasira*Markali</b>			

●	<b>Tuesday, January 12, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy Sun 12 Sutra 275
	<b>Retreat Star</b>		<b>Gulika</b> 12:15PM – 1:22PM	<b>Purvashadha* Until 1:49AM Wed</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:44AM	Sarvari 5122
	Dhanus Rasi: 15.01	Tithi 29 – 30	Yama 9:59AM – 11:07AM	Vyaghata* Until 10:15PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:45PM	Moon 13 - Phase 37
	Creative Work	Siddha Yoga	885374466 <b>Rahu</b> 2:30PM – 3:37PM	Catuspada Until 6:54PM	<b>Nataraja:</b> Orange		Amavasya
			<b>Chaturdashi* Until 7:53AM</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Margasira*Markali</b>			
				<b>Hanumath Jayanthi (Tamil Nadu)</b>			
				Until 1:49AM Wed			
				Then Creative Work - Amrita Yoga			

●	<b>Wednesday, January 13, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Trieste, Italy Sun 13 Sutra 276
	<b>Retreat Star</b>		<b>Gulika</b> 11:07AM – 12:15PM	<b>Uttarashadha Until 12:47AM Thu</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 7:44AM	Sarvari 5122
	Dhanus Rasi: 29.05	Tithi 1	Yama 8:51AM – 9:59AM	Harshana Until 7:42PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:46PM	Moon 13 - Phase 37
	Creative Work	Amrita Yoga	885374466 <b>Rahu</b> 12:15PM – 1:23PM	Bava Until 5:12PM	<b>Nataraja:</b> Orange		Prathama
			<b>Prathama* Until 4:30AM Thu</b>	Moon – Light Blue		<b>Devaloka Day</b>	
				<b>Pausha*Markali</b>			
				Then Creative Work - Siddha Yoga			

<b>1</b>	<b>Thursday, January 14, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Dvilyayam Titau				Trieste, Italy
	Makara Rasi: 12.53	Tithi 2	<b>Gulika</b> 9:59AM – 11:07AM	<b>Shravana Until 12:32AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:43AM	Sun 14 Sutra 277
			Yama 7:43AM – 8:51AM	Vajra* Until 5:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:47PM	Sarvari 5122
	Creative Work	Siddha Yoga	895374466 <b>Rahu</b> 1:23PM – 2:31PM	Balava Until 3:59PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38 3rd Phase
		<b>Thai Pongal</b>	<b>Dvitiya Until 3:34AM Fri</b>	<b>Moon – Purple</b>	<b>Devaloka Day</b>		

<b>2</b>	<b>Friday, January 15, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trityayam Titau				Trieste, Italy
	Makara Rasi: 26.22	Tithi 3	<b>Gulika</b> 8:51AM – 9:59AM	<b>Dhanishtha Until 12:46AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:43AM	Sun 15 Sutra 278
			Yama 2:32PM – 3:40PM	Siddhi Until 3:50PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:49PM	Sarvari 5122
	Creative Work	Siddha Yoga	895374466 <b>Rahu</b> 11:07AM – 12:16PM	Taitila Until 3:21PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38 3rd Phase
		Until 12:46AM Sat	<b>Tritiya Until 3:16AM Sat</b>	<b>Moon – Purple</b>	<b>Devaloka Day</b>		
		Then Creative Work - Amrita Yoga		<b>Pausha-Thai</b>			

<b>3</b>	<b>Saturday, January 16, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthayam Titau				Trieste, Italy
	Kumbha Rasi: 9.29	Tithi 4	<b>Gulika</b> 7:42AM – 8:51AM	<b>Shatabhishak Until 1:30AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:42AM	Sun 16 Sutra 279
			Yama 1:25PM – 2:33PM	Vyatipata* Until 2:41PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:50PM	Sarvari 5122
	Creative Work	Amrita Yoga	895374466 <b>Rahu</b> 9:59AM – 11:08AM	Vanija Until 3:24PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38 3rd Phase
		Until 1:30AM Sun	<b>Chaturthi* Until 3:40AM Sun</b>	<b>Moon – Purple</b>	<b>Devaloka Day</b>		
		Then Creative Work - Siddha Yoga		<b>Pausha-Thai</b>			

<b>4</b>	<b>Sunday, January 17, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy
	Kumbha Rasi: 22.17	Tithi 5	<b>Gulika</b> 2:34PM – 3:43PM	<b>Purvaproshtapada* Until 3:13AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:41AM	Sun 17 Sutra 280
			Yama 12:16PM – 1:25PM	Variyan Until 2:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:51PM	Sarvari 5122
	Creative Work	Siddha Yoga	816374466 <b>Rahu</b> 3:43PM – 4:51PM	Bava Until 4:09PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38 3rd Phase
			<b>Panchami Until 4:46AM Mon</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>		
				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>5</b>	<b>Monday, January 18, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy
	Meena Rasi: 4.45	Tithi 6	<b>Gulika</b> 1:26PM – 2:35PM	<b>Uttaraproshtapada Until 5:24AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:41AM	Sun 18 Sutra 281
	<b>Family Home Evening</b>		Yama 11:08AM – 12:17PM	Parigha* Until 1:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:53PM	Sarvari 5122
	Creative Work	Siddha Yoga	816374466 <b>Rahu</b> 8:50AM – 9:59AM	Kaulava Until 5:35PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38 3rd Phase
			<b>Shashthi* Until 6:30AM Tue</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>		
				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>6</b>	<b>Tuesday, January 19, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Trieste, Italy
	Meena Rasi: 16.57	Tithi 6 – 7	<b>Gulika</b> 12:17PM – 1:26PM	<b>Revati Until 7:55AM Wed</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:40AM	Sun 19 Sutra 282
			Yama 9:59AM – 11:08AM	Shiva Until 2:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:54PM	Sarvari 5122
	Creative Work	Siddha Yoga	816374466 <b>Rahu</b> 2:35PM – 3:45PM	Gara Until 7:35PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38 3rd Phase
			<b>Shashthi* Until 6:30AM</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>		
				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>D</b>	<b>Wednesday, January 20, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 11:08AM – 12:17PM	<b>Revati Until 7:55AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 7:39AM	Sun 20 Sutra 283
	Meena Rasi: 28.58	Tithi 7 – 8	Yama 8:49AM – 9:58AM	Siddha Until 2:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:55PM	Sarvari 5122
	Routine Work	Marana Yoga	816374466 <b>Rahu</b> 12:17PM – 1:27PM	Visti Until 10:01PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 38 Ashtami
			<b>Saptami Until 8:45AM</b>	<b>Moon – Clear</b>	<b>Bhuloka Day</b>		
				<b>Pausha-Thai</b>	<b>Devaloka Time: 3:PM to 6:PM</b>		

<b>D</b>	<b>Thursday, January 21, 2021</b>		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy
	<b>Retreat Star</b>		<b>Gulika</b> 9:58AM – 11:08AM	<b>Ashvini Until 11:03AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:39AM	Sun 21 Sutra 284
	Mesha Rasi: 10.5	Tithi 8 – 9	Yama 7:39AM – 8:48AM	Sadhya Until 3:50PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:57PM	Sarvari 5122
	Creative Work	Amrita Yoga	826374466 <b>Rahu</b> 1:27PM – 2:37PM	Balava Until 12:39AM Fri	<b>Nataraja:</b> Orange		Moon 13 - Phase 38 Navami
			<b>Ashtami* Until 11:18AM</b>	<b>Moon – White</b>	<b>Devaloka Day</b>		
				<b>Pausha-Thai</b>			
		Then Creative Work - Siddha Yoga					

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

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<b>1</b>	<b>Friday, January 22, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Trieste, Italy
	Mesha Rasi: 22.39	Tithi 9 – 10	<b>Gulika</b> 8:48AM – 9:58AM	<b>Bharani</b> Until 2:07PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:38AM	Sun 22 Sutra 285
			Yama 2:38PM – 3:48PM	Subha Until 4:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:58PM	Sarvari 5122
	826374466	<b>Rahu</b> 11:08AM – 12:18PM	Taitila Until 3:14AM Sat	<b>Navami*</b> Until 1:57PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Siddha Yoga			Moon – White		4th Phase	
				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	


<b>2</b>	<b>Saturday, January 23, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Trieste, Italy
	Vrishabha Rasi: 4.31	Tithi 10 – 11	<b>Gulika</b> 7:37AM – 8:47AM	<b>Krittika</b> Until 4:50PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:37AM	Sun 23 Sutra 286
			Yama 1:28PM – 2:39PM	Sukla Until 5:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:59PM	Sarvari 5122
	826374466	<b>Rahu</b> 9:58AM – 11:08AM	Vanija Until 5:31AM Sun	<b>Dashami</b> Until 4:25PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Amrita Yoga			Moon – White		4th Phase	
				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Sunday, January 24, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Visti* Karana Ekadashyam Titau				Trieste, Italy
	Vrishabha Rasi: 16.3	Tithi 11	<b>Gulika</b> 2:40PM – 3:50PM	<b>Rohini</b> Until 7:29PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:36AM	Sun 24 Sutra 287
			Yama 12:18PM – 1:29PM	Brahma Until 5:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:01PM	Sarvari 5122
	937374466	<b>Rahu</b> 3:50PM – 5:01PM	Visti Until 6:28PM	<b>Ekadashi</b> Until 6:28PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Siddha Yoga			Moon – Yellow		4th Phase	
				<b>Pausha-Thai</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Monday, January 25, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvodashyam Titau				Trieste, Italy
	Vrishabha Rasi: 28.41	Tithi 12	<b>Gulika</b> 1:30PM – 2:40PM	<b>Mrigashira</b> Until 9:25PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:35AM	Sun 25 Sutra 288
			Yama 11:08AM – 12:19PM	Indra Until 5:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:02PM	Sarvari 5122
	937374466	<b>Rahu</b> 8:46AM – 9:57AM	Bava Until 7:18AM	<b>Dvodashi</b> Until 7:56PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Family Home Evening	Amrita Yoga			Moon – Yellow		4th Phase	
Until 9:25PM				<b>Pausha-Thai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Tuesday, January 26, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Trieste, Italy
	Mithuna Rasi: 11.08	Tithi 13	<b>Gulika</b> 12:19PM – 1:30PM	<b>Ardra</b> Until 10:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 7:34AM	Sun 26 Sutra 289
			Yama 9:57AM – 11:08AM	Vaidhriti* Until 5:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:04PM	Sarvari 5122
	937374466	<b>Rahu</b> 2:41PM – 3:52PM	Kaulava Until 8:26AM	<b>Trayodashi</b> Until 8:43PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Routine Work	Marana Yoga			Moon – Yellow		4th Phase	
Until 10:33PM				<b>Pausha-Thai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

<b>6</b>	<b>Wednesday, January 27, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Trieste, Italy
	Mithuna Rasi: 23.54	Tithi 14	<b>Gulika</b> 11:08AM – 12:19PM	<b>Punarvasu</b> Until 11:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:33AM	Sun 27 Sutra 290
			Yama 8:45AM – 9:56AM	Vishkambha* Until 4:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:05PM	Sarvari 5122
	947374466	<b>Rahu</b> 12:19PM – 1:31PM	Gara Until 8:52AM	<b>Chaturdashi*</b> Until 8:49PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Siddha Yoga			Moon – Blue		4th Phase	
				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	

	<b>Thursday, January 28, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Trieste, Italy
	Kataka Rasi: 7	Tithi 15	<b>Gulika</b> 9:56AM – 11:08AM	<b>Pushya</b> Until 11:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:32AM	Sun 28 Sutra 291
			Yama 7:32AM – 8:44AM	Priti Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:06PM	Sarvari 5122
	947374466	<b>Rahu</b> 1:31PM – 2:43PM	Visti Until 8:38AM	<b>Purnima*</b> Until 8:16PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Amrita Yoga			Moon – Blue		Purnima	
Until 11:19PM				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							
				<b>Thai Pusam</b>			

<b>○</b>	<b>Friday, January 29, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Trieste, Italy
	Kataka Rasi: 20.25	Tithi 16	<b>Gulika</b> 8:43AM – 9:55AM	<b>Ashlesha*</b> Until 10:40PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 7:31AM	Sun 29 Sutra 292
			Yama 2:44PM – 3:56PM	Ayushman Until 12:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 5:08PM	Sarvari 5122
	947374466	<b>Rahu</b> 11:07AM – 12:20PM	Balava Until 7:48AM	<b>Prathama*</b> Until 7:11PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Routine Work	Marana Yoga			Moon – Blue		Prathama	
				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Saturday, January 30, 2021

Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Vanija Karana Dvitiya/Trityayam Titau

Trieste, Italy

Sun 1 Sutra 293

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Simha Rasi: 4.07 Tithi 17 - 18

958374466 Rahu 7:30AM - 8:43AM

Magha\* Until 9:55PM

Ganesha: Clear Sunrise: 7:30AM

Muruqa: Clear Sunset: 5:09PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 9:55PM

Then Creative Work - Siddha Yoga

1

Sunday, January 31, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana/Alhiganda\* Yoga Visti\*/Bava Karana Triliya/Chaturthayam Titau

Trieste, Italy

Sun 2 Sutra 294

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Simha Rasi: 18.02 Tithi 18 - 19

958374466 Rahu 2:45PM - 3:58PM

Purvaphalguni Until 8:44PM

Ganesha: Clear Sunrise: 7:29AM

Muruqa: Clear Sunset: 5:11PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 8:44PM

Then Creative Work - Amrita Yoga

2

Monday, February 1, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Trieste, Italy

Sun 3 Sutra 295

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 2.05 Tithi 19 - 20

958374466 Rahu 1:33PM - 2:45PM

Uttaraphalguni Until 7:16PM

Ganesha: Clear Sunrise: 7:29AM

Muruqa: Clear Sunset: 5:11PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

Family Home Evening Creative Work Siddha Yoga

Until 8:44PM

Then Creative Work - Amrita Yoga

3

Tuesday, February 2, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Trieste, Italy

Sun 4 Sutra 296

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 16.14 Tithi 20 - 21

968374466 Rahu 12:20PM - 1:33PM

Hasta Until 6:01PM

Ganesha: White Sunrise: 7:28AM

Muruqa: Clear Sunset: 5:12PM

Nataraja: Orange

Moon - Green

Pausha\*Thai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Dhriti Until 11:25PM

Gara Until 10:47PM

Panchami Until 11:49AM

4

Wednesday, February 3, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Trieste, Italy

Sun 5 Sutra 297

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Tula Rasi: 0.23 Tithi 21 - 22

968474467 Rahu 11:07AM - 12:20PM

Chitra Until 4:38PM

Ganesha: Clear Sunrise: 7:27AM

Muruqa: Clear Sunset: 5:14PM

Nataraja: Clear

Moon - Green

Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

Shula\* Until 8:30PM

Visti Until 8:43PM

Shashthi\* Until 9:43AM

D

Thursday, February 4, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Trieste, Italy

Sun 6 Sutra 298

Sarvari 5122

Moon 1 - Phase 40

Ashtami

Tula Rasi: 14.31 Tithi 22 - 23

968474467 Rahu 9:53AM - 11:07AM

Svati Until 3:09PM

Ganesha: Clear Sunrise: 7:26AM

Muruqa: Clear Sunset: 5:15PM

Nataraja: Clear

Moon - Green

Pausha\*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 3:09PM

Then Creative Work - Siddha Yoga

Ganda\* Until 5:39PM

Balava Until 6:42PM

Saptami Until 7:41AM

Friday, February 5, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Trieste, Italy

Sun 7 Sutra 299

Sarvari 5122

Moon 1 - Phase 40

Navami

Tula Rasi: 28.37 Tithi 24

978484467 Rahu 8:38AM - 9:52AM

Vishakha Until 2:02PM

Ganesha: White Sunrise: 7:24AM

Muruqa: White Sunset: 5:16PM

Nataraja: Clear

Moon - Orange

Pausha\*Thai

Subha Sivaloka Day

Creative Work Siddha Yoga

Vridhhi Until 2:53PM

Taitila Until 4:46PM

Navami\* Until 3:49AM Sat

<b>1</b>	<b>Saturday, February 6, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau				Trieste, Italy Sun 8 Sutra 300
	Vrischika Rasi: 12.39 Tithi 25  Creative Work Siddha Yoga	979484467	Gulika Yama Rahu	7:23AM – 8:37AM 1:35PM – 2:49PM 9:52AM – 11:06AM	Anuradha Until 12:52PM Dhruva Until 12:10PM Vanija Until 2:56PM Dashami Until 2:02AM Sun	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 7:23AM Sunset: 5:18PM Moon 1 - Phase 41 2nd Phase Sivaloka Day

<b>2</b>	<b>Sunday, February 7, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Trieste, Italy Sun 9 Sutra 301
	Vrischika Rasi: 26.37 Tithi 26  Routine Work Marana Yoga Until 11:40AM Then Creative Work - Amrita Yoga	979484467	Gulika Yama Rahu	2:50PM – 4:05PM 12:21PM – 1:35PM 4:05PM – 5:19PM	Jyeshtha* Until 11:40AM Vyaghata* Until 9:33AM Bava Until 1:13PM Ekadashi* Until 12:23AM Mon	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 7:22AM Sunset: 5:19PM Moon 1 - Phase 41 2nd Phase Sivaloka Day

<b>3</b>	<b>Monday, February 8, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvodashyam Titau				Trieste, Italy Sun 10 Sutra 302
	Dhanus Rasi: 10.3 Tithi 27 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 10:54AM Then Routine Work - Marana Yoga	989484467	Gulika Yama Rahu	1:36PM – 2:51PM 11:06AM – 12:21PM 8:35AM – 9:51AM	Mula* Until 10:54AM Harshana Until 7:04AM Kaulava Until 11:38AM Dvadashi* Until 10:54PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 7:20AM Sunset: 5:21PM Moon 1 - Phase 41 2nd Phase Devaloka Day

<b>4</b>	<b>Tuesday, February 9, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Trieste, Italy Sun 11 Sutra 303
	Dhanus Rasi: 24.16 Tithi 28  Creative Work Siddha Yoga Until 10:10AM Then Routine Work - Prabalarishta Yoga	989484467	Gulika Yama Rahu	12:21PM – 1:36PM 9:50AM – 11:05AM 2:52PM – 4:07PM	Purvashadha* Until 10:10AM Siddhi Until 2:32AM Wed Gara Until 10:15AM Trayodashi* Until 9:38PM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 7:19AM Sunset: 5:22PM Moon 1 - Phase 41 2nd Phase Devaloka Day

<b>5</b>	<b>Wednesday, February 10, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Trieste, Italy Sun 12 Sutra 304
	Makara Rasi: 7.54 Tithi 29  Creative Work Amrita Yoga Until 9:33AM Then Creative Work - Siddha Yoga	989484467	Gulika Yama Rahu	11:05AM – 12:21PM 8:33AM – 9:49AM 12:21PM – 1:36PM	Uttarashadha Until 9:33AM Vyatipata* Until 12:38AM Thu Visti Until 9:08AM Chaturdashi* Until 8:40PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 7:18AM Sunset: 5:24PM Moon 1 - Phase 41 2nd Phase Devaloka Day

	<b>Thursday, February 11, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Trieste, Italy Sun 13 Sutra 305		
	<b>Retreat Star</b>		Makara Rasi: 21.2 Tithi 30  Creative Work Siddha Yoga	999484467	Gulika Yama Rahu	9:49AM – 11:05AM 7:16AM – 8:32AM 1:37PM – 2:53PM	Shravana Until 9:35AM Variyan Until 11:01PM Catuspada Until 8:21AM Amavasya* Until 8:06PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Purple Pausha*Thai	Sunrise: 7:16AM Sunset: 5:25PM Moon 1 - Phase 41 Amavasya Devaloka Day

<b>Friday, February 12, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Trieste, Italy Sun 14 Sutra 306		
<b>Retreat Star</b>		Kumbha Rasi: 4.32 Tithi 1  Creative Work Siddha Yoga	999484467	Gulika Yama Rahu	8:31AM – 9:48AM 2:54PM – 4:10PM 11:04AM – 12:21PM	Dhanishtha Until 9:52AM Parigha* Until 9:48PM Kintughna Until 8:00AM Prathama* Until 8:00PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Purple Magha*Masi	Sunrise: 7:15AM Sunset: 5:27PM Moon 1 - Phase 41 Prathama Devaloka Day

<b>1</b>	<b>Saturday, February 13, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Trieste, Italy
	Kumbha Rasi: 17.3	Tithi 2	Gulika 7:13AM – 8:30AM	<b>Shatabhishak Until 10:31AM</b>	Ganesha: Blue	Sunrise: 7:13AM	Sun 15 Sutra 307
			Yama 1:38PM – 2:54PM	Shiva Until 9:02PM	Muruqa: White	Sunset: 5:28PM	Sarvari 5122
	999484467	Rahu 9:47AM – 11:04AM	Balava Until 8:11AM	Nataraja: Clear	Moon – Purple		Moon 1 - Phase 42 3rd Phase
Creative Work Amrita Yoga						<b>Devaloka Day</b>	
Until 10:31AM							
Then Routine Work - Marana Yoga							

<b>2</b>	<b>Sunday, February 14, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Siddha Yoga Taitila/Gara Karana Triliyayam Titau				Trieste, Italy
	Meena Rasi: 0.1	Tithi 3	Gulika 2:55PM – 4:12PM	<b>Purvaproshtapada* Until 12:02PM</b>	Ganesha: Red	Sunrise: 7:12AM	Sun 16 Sutra 308
			Yama 12:21PM – 1:38PM	Siddha Until 8:40PM	Muruqa: White	Sunset: 5:30PM	Sarvari 5122
	911484467	Rahu 4:12PM – 5:30PM	Taitila Until 8:55AM	Nataraja: Clear	Moon – Clear		Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	
Until 12:02PM							
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, February 15, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Vanija/Visiti* Karana Chaturthyam Titau				Trieste, Italy
	Meena Rasi: 12.35	Tithi 4	Gulika 1:38PM – 2:56PM	<b>Uttaraproshtapada Until 1:58PM</b>	Ganesha: Red	Sunrise: 7:10AM	Sun 17 Sutra 309
			Yama 11:03AM – 12:21PM	Sadhya Until 8:47PM	Muruqa: White	Sunset: 5:31PM	Sarvari 5122
	911484467	Rahu 8:28AM – 9:46AM	Vanija Until 10:15AM	Nataraja: Clear	Moon – Clear		Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	

<b>4</b>	<b>Tuesday, February 16, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau				Trieste, Italy
	Meena Rasi: 24.46	Tithi 5	Gulika 12:21PM – 1:39PM	<b>Revati Until 4:15PM</b>	Ganesha: Red	Sunrise: 7:09AM	Sun 18 Sutra 310
			Yama 9:45AM – 11:03AM	Subha Until 9:17PM	Muruqa: White	Sunset: 5:32PM	Sarvari 5122
	911484467	Rahu 2:57PM – 4:15PM	Bava Until 12:09PM	Nataraja: Clear	Moon – Clear		Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga						<b>Sivaloka Day</b>	

Subramuniyaswami Siva Vision Day

<b>5</b>	<b>Wednesday, February 17, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Trieste, Italy
	Mesha Rasi: 6.46	Tithi 6	Gulika 11:02AM – 12:21PM	<b>Ashvini Until 7:16PM</b>	Ganesha: Blue	Sunrise: 7:07AM	Sun 19 Sutra 311
			Yama 8:26AM – 9:44AM	Sukla Until 10:04PM	Muruqa: White	Sunset: 5:34PM	Sarvari 5122
	921484467	Rahu 12:21PM – 1:39PM	Kaulava Until 2:30PM	Nataraja: Clear	Moon – White		Moon 1 - Phase 42 3rd Phase
Routine Work Marana Yoga						<b>Devaloka Day</b>	
Until 7:16PM							
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Thursday, February 18, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau				Trieste, Italy
	Mesha Rasi: 18.37	Tithi 7	Gulika 9:43AM – 11:02AM	<b>Bharani Until 10:20PM</b>	Ganesha: Blue	Sunrise: 7:06AM	Sun 20 Sutra 312
			Yama 7:06AM – 8:25AM	Brahma Until 11:02PM	Muruqa: White	Sunset: 5:35PM	Sarvari 5122
	921484467	Rahu 1:39PM – 2:58PM	Gara Until 5:07PM	Nataraja: Clear	Moon – White		Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
Until 10:20PM							
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>	<b>Friday, February 19, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Indra Yoga Vanija/Visiti* Karana Saplamil/Ashtamyam Titau				Trieste, Italy
	Vrishabha Rasi: 0.25	Tithi 7 – 8	Gulika 8:23AM – 9:42AM	<b>Krittika Until 1:14AM Sat</b>	Ganesha: Blue	Sunrise: 7:04AM	Sun 21 Sutra 313
			Yama 2:59PM – 4:18PM	Indra Until 11:59PM	Muruqa: White	Sunset: 5:37PM	Sarvari 5122
	921484467	Rahu 11:01AM – 12:21PM	Visiti Until 7:46PM	Nataraja: Clear	Moon – White		Moon 1 - Phase 42 Ashtami
Creative Work Siddha Yoga						<b>Devaloka Day</b>	
Until 1:14AM Sat							
Then Creative Work - Amrita Yoga							

<b>Retreat Star</b>	<b>Saturday, February 20, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Trieste, Italy
	Vrishabha Rasi: 12.16	Tithi 8 – 9	Gulika 7:03AM – 8:22AM	<b>Rohini Until 4:11AM Sun</b>	Ganesha: Yellow	Sunrise: 7:03AM	Sun 22 Sutra 314
			Yama 1:40PM – 2:59PM	Vaidhriti* Until 12:42AM Sun	Muruqa: White	Sunset: 5:38PM	Sarvari 5122
	931484467	Rahu 9:42AM – 11:01AM	Balava Until 10:11PM	Nataraja: Clear	Moon – Yellow		Moon 1 - Phase 42 Navami
Creative Work Amrita Yoga						<b>Sivaloka Day</b>	
Until 4:11AM Sun							
Then Creative Work - Siddha Yoga							

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

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<b>1</b>		<b>Sunday, February 21, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Trieste, Italy Sun 23 Sutra 315	
Wishabha Rasi: 24.14	Tithi 9 – 10	<b>Gulika</b> 3:00PM – 4:20PM	<b>Mrigashira</b> Until 6:27AM Mon	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 7:01AM	Sarvari 5122	
		Yama 12:20PM – 1:40PM	Vishkambha* Until 1:03AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 5:40PM	Moon 1 - Phase 43	
	931484467	<b>Rahu</b> 4:20PM – 5:40PM	Taitila Until 12:06AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 11:12AM	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>		<b>Monday, February 22, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Trieste, Italy Sun 24 Sutra 316	
Mithuna Rasi: 6.25	Tithi 10 – 11	<b>Gulika</b> 1:40PM – 3:01PM	<b>Mrigashira</b> Until 6:27AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:59AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 11:00AM – 12:20PM	Priti Until 12:53AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 5:41PM	Moon 1 - Phase 43	
Creative Work	Amrita Yoga	<b>Rahu</b> 8:20AM – 9:40AM	Vanija Until 1:19AM Tue	<b>Nataraja:</b> Clear		4th Phase	
Until 6:27AM			<b>Dashami</b> Until 12:47PM	Moon – Yellow		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>			

<b>3</b>		<b>Tuesday, February 23, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Trieste, Italy Sun 25 Sutra 317	
Mithuna Rasi: 18.55	Tithi 11 – 12	<b>Gulika</b> 12:20PM – 1:41PM	<b>Ardra</b> Until 7:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:58AM	Sarvari 5122	
		Yama 9:39AM – 11:00AM	Ayushman Until 12:04AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 5:42PM	Moon 1 - Phase 43	
	931484467	<b>Rahu</b> 3:01PM – 4:22PM	Bava Until 1:44AM Wed	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 1:37PM	Moon – Yellow		<b>Sivaloka Day</b>	
Until 7:52AM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Wednesday, February 24, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 318	
Kataka Rasi: 1.48	Tithi 12 – 13	<b>Gulika</b> 10:59AM – 12:20PM	<b>Punarvasu</b> Until 8:48AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:56AM	Sarvari 5122	
		Yama 8:17AM – 9:38AM	Saubhagya Until 10:38PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:44PM	Moon 1 - Phase 43	
	942484467	<b>Rahu</b> 12:20PM – 1:41PM	Kaulava Until 1:20AM Thu	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 1:37PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			
				<i>Pradosha Vrata</i>			

<b>5</b>		<b>Thursday, February 25, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 319	
Kataka Rasi: 15.05	Tithi 13 – 14	<b>Gulika</b> 9:37AM – 10:59AM	<b>Pushya</b> Until 8:47AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:54AM	Sarvari 5122	
		Yama 6:54AM – 8:16AM	Sobhana Until 8:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:45PM	Moon 1 - Phase 43	
	942484467	<b>Rahu</b> 1:41PM – 3:03PM	Gara Until 12:11AM Fri	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Trayodashi</b> Until 12:50PM	Moon – Blue		<b>Sivaloka Day</b>	
Until 8:47AM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga							

		<b>Friday, February 26, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Trieste, Italy Sutra 320	
Kataka Rasi: 28.47	Tithi 14 – 15	<b>Gulika</b> 8:14AM – 9:36AM	<b>Ashlesha*</b> Until 7:56AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:53AM	Sarvari 5122	
		Yama 3:03PM – 4:25PM	Athiganda* Until 6:03PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:47PM	Moon 1 - Phase 43	
	942484467	<b>Rahu</b> 10:58AM – 12:20PM	Visti Until 10:23PM	<b>Nataraja:</b> Clear		Purnima	
Routine Work	Marana Yoga		<b>Chaturdashi*</b> Until 11:20AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			
				<b>Chidambaram Abhishekam</b>			

<b>Saturday, February 27, 2021</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Trieste, Italy Sutra 321	
Simha Rasi: 12.52	Tithi 15 – 16	<b>Gulika</b> 6:51AM – 8:13AM	<b>Magha*</b> Until 6:47AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:51AM	Sarvari 5122	
		Yama 1:42PM – 3:04PM	Sukarma Until 3:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 5:48PM	Moon 1 - Phase 43	
	952484467	<b>Rahu</b> 9:35AM – 10:57AM	Balava Until 8:06PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 9:17AM	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 6:47AM				<b>Magha-Masi</b>			
Then Creative Work - Siddha Yoga							





Sunday, February 28, 2021

Gold Retreat Star

Simha Rasi: 27.13 Tithi 16 - 17

952584467

Creative Work Amrita Yoga

Until 2:58AM Mon

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti/Shula\* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

**Gulika** 3:04PM - 4:27PM  
Yama 12:19PM - 1:42PM  
**Rahu** 4:27PM - 5:49PM

**Uttaraphalguni** Until 2:58AM Mon  
Dhriti Until 11:50AM  
Gara Until 4:06AM Mon  
**Prathama\*** Until 6:49AM

**Ganesha:** Clear *Sunrise: 6:49AM*  
**Muruqa:** White *Sunset: 5:49PM*  
**Nataraja:** Clear  
Moon - Red  
**Magha-Masi**

**Sivaloka Day**

Trieste, Italy  
Sutra 322  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

1

Monday, March 1, 2021

Kanya Rasi: 11.45 Tithi 18

962584467

Family Home Evening

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 1:42PM - 3:06PM  
Yama 10:56AM - 12:19PM  
**Rahu** 8:09AM - 9:32AM

**Hasta** Until 1:01AM Tue  
Shula\* Until 8:23AM  
Vanija Until 2:43PM  
**Tritiya** Until 1:17AM Tue

**Ganesha:** Purple *Sunrise: 6:46AM*  
**Muruqa:** White *Sunset: 5:52PM*  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Devaloka Day**

Trieste, Italy  
Sun 1  
Sutra 323  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

2

Tuesday, March 2, 2021

Kanya Rasi: 26.21 Tithi 19

962584467

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 12:19PM - 1:43PM  
Yama 9:31AM - 10:55AM  
**Rahu** 3:06PM - 4:30PM

**Chitra** Until 10:59PM  
Vriddhi Until 1:28AM Wed  
Bava Until 11:54AM  
**Chaturthi\*** Until 10:30PM

**Ganesha:** Purple *Sunrise: 6:44AM*  
**Muruqa:** White *Sunset: 5:54PM*  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Devaloka Day**

Trieste, Italy  
Sun 2  
Sutra 324  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

3

Wednesday, March 3, 2021

Tula Rasi: 10.54 Tithi 20

962584467

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 10:55AM - 12:19PM  
Yama 8:06AM - 9:30AM  
**Rahu** 12:19PM - 1:43PM

**Svati** Until 8:57PM  
Dhruva Until 10:09PM  
Kaulava Until 9:11AM  
**Panchami** Until 7:53PM

**Ganesha:** Purple *Sunrise: 6:42AM*  
**Muruqa:** White *Sunset: 5:55PM*  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Devaloka Day**

Trieste, Italy  
Sun 3  
Sutra 325  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

4

Thursday, March 4, 2021

Tula Rasi: 25.19 Tithi 21 - 22

972584467

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\* Yoga Gara/Visti\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:29AM - 10:54AM  
Yama 6:40AM - 8:05AM  
**Rahu** 1:43PM - 3:07PM

**Vishakha** Until 7:27PM  
Vyaghata\* Until 7:03PM  
Gara Until 6:41AM  
**Shashthi\*** Until 5:30PM

**Ganesha:** Clear *Sunrise: 6:40AM*  
**Muruqa:** White *Sunset: 5:56PM*  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sivaloka Day**

Trieste, Italy  
Sun 4  
Sutra 326  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

5

Friday, March 5, 2021

Vrischika Rasi: 9.32 Tithi 22 - 23

172584467

Creative Work Siddha Yoga

Until 6:08PM

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 8:04AM - 9:28AM  
Yama 3:08PM - 4:33PM  
**Rahu** 10:53AM - 12:18PM

**Anuradha** Until 6:08PM  
Harshana Until 4:14PM  
Balava Until 2:33AM Sat  
**Saptami** Until 3:26PM

**Ganesha:** Yellow *Sunrise: 6:39AM*  
**Muruqa:** White *Sunset: 5:58PM*  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sivaloka Day**

Trieste, Italy  
Sun 5  
Sutra 327  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

☾

Saturday, March 6, 2021

Retreat Star

Vrischika Rasi: 23.33 Tithi 23 - 24

172584467

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\*/Mula\* Nakshatra Vajra\*/Siddhi\* Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 6:37AM - 8:02AM  
Yama 1:43PM - 3:09PM  
**Rahu** 9:27AM - 10:53AM

**Jyeshtha\*** Until 5:00PM  
Vajra\* Until 1:39PM  
Taitila Until 1:00AM Sun  
**Ashtami\*** Until 1:43PM

**Ganesha:** Yellow *Sunrise: 6:37AM*  
**Muruqa:** White *Sunset: 5:59PM*  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sivaloka Day**

Trieste, Italy  
Sun 6  
Sutra 328  
Sarvari 5122  
Moon 2 - Phase 44  
Ashtami

Sunday, March 7, 2021

Retreat Star

Dhanus Rasi: 7.21 Tithi 24 - 25

182584467

Creative Work Amrita Yoga

Until 4:31PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddhi/Yyalipata\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika** 3:09PM - 4:35PM  
Yama 12:18PM - 1:43PM  
**Rahu** 4:35PM - 6:00PM

**Mula\*** Until 4:31PM  
Siddhi Until 11:22AM  
Vanija Until 11:48PM  
**Navami\*** Until 12:20PM

**Ganesha:** Blue *Sunrise: 6:35AM*  
**Muruqa:** White *Sunset: 6:00PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Magha-Masi**

**Devaloka Day**

Trieste, Italy  
Sun 7  
Sutra 329  
Sarvari 5122  
Moon 2 - Phase 44  
Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time


www.gurudeva.org/panchang

<b>1</b>	<b>Monday, March 8, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vyatipata*/Variyan Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Trieste, Italy Sun 8 Sutra 330
	Dhanus Rasi: 20.56	Tithi 25 – 26	<b>Gulika</b> 1:44PM – 3:10PM	<b>Purvashadha* Until 4:12PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:33AM	Sarvari 5122
	Family Home Evening	182584467	Yama 10:51AM – 12:17PM	Vyatipata* Until 9:22AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	<b>Rahu</b> 7:59AM – 9:25AM	Bava Until 10:56PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami Until 11:18AM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>	<b>Tuesday, March 9, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha*/Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Trieste, Italy Sun 9 Sutra 331
	Makara Rasi: 4.2	Tithi 26 – 27	<b>Gulika</b> 12:17PM – 1:44PM	<b>Uttarashadha Until 4:05PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:31AM	Sarvari 5122
		183584467	Yama 9:24AM – 10:51AM	Variyan Until 7:36AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:03PM	Moon 2 - Phase 45
	Routine Work	Prabalarishta Yoga	<b>Rahu</b> 3:10PM – 4:37PM	Kaulava Until 10:24PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Ekadashi* Until 10:36AM</b>	<b>Moon – Light Blue</b>		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>3</b>	<b>Wednesday, March 10, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha*/Shiva Yoga Talilla/Gara Karana Dvadashi/Trayodashyam Titau				Trieste, Italy Sun 10 Sutra 332
	Makara Rasi: 17.33	Tithi 27 – 28	<b>Gulika</b> 10:50AM – 12:17PM	<b>Shravana Until 4:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:30AM	Sarvari 5122
		193584467	Yama 7:56AM – 9:23AM	Parigha* Until 6:07AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:04PM	Moon 2 - Phase 45
	Creative Work	Siddha Yoga	<b>Rahu</b> 12:17PM – 1:44PM	Gara Until 10:12PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dvadashi* Until 10:14AM</b>	<b>Moon – Purple</b>		<b>Subha Sivaloka Day</b>	
				<b>Magha-Masi</b>			
			<i>Pradosha Vrata (Fasting)</i>				

<b>4</b>	<b>Thursday, March 11, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Trieste, Italy Sun 11 Sutra 333
	Kumbha Rasi: 0.35	Tithi 28 – 29	<b>Gulika</b> 9:22AM – 10:49AM	<b>Dhanishtha Until 5:17PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:28AM	Sarvari 5122
		193584467	Yama 6:28AM – 7:55AM	Siddha Until 4:00AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:06PM	Moon 2 - Phase 45
	Creative Work	Siddha Yoga	<b>Rahu</b> 1:44PM – 3:11PM	Visti Until 10:22PM	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi* Until 10:13AM</b>	<b>Moon – Purple</b>		<b>Subha Sivaloka Day</b>	
				<b>Magha-Masi</b>			
			<b>Mahasivaratri (Lunar)</b> <b>Mahasivaratri (Solar)</b>				

	<b>Friday, March 12, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Trieste, Italy Sun 12 Sutra 334
	<b>Retreat Star</b>		<b>Gulika</b> 7:53AM – 9:21AM	<b>Shatabhishak Until 6:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:26AM	Sarvari 5122
	Kumbha Rasi: 13.26	Tithi 29 – 30	Yama 3:12PM – 4:39PM	Sadhya Until 3:24AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45
		193584467	<b>Rahu</b> 10:49AM – 12:16PM	Catuspada Until 10:57PM	<b>Nataraja:</b> Clear		Amavasya
			<b>Chaturdashi* Until 10:35AM</b>	<b>Moon – Purple</b>		<b>Subha Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>Retreat Star</b>	<b>Saturday, March 13, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Trieste, Italy Sun 13 Sutra 335
	Kumbha Rasi: 26.06	Tithi 30 – 1	<b>Gulika</b> 6:24AM – 7:52AM	<b>Purvaproshtpada* Until 7:52PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:24AM	Sarvari 5122
		113584467	Yama 1:44PM – 3:12PM	Subha Until 3:09AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:08PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	<b>Rahu</b> 9:20AM – 10:48AM	Kintughna Until 11:57PM	<b>Nataraja:</b> Clear		Prathama
			<b>Amavasya* Until 11:22AM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
				<b>Phalgun-Masi</b>			
			<b>Then Creative Work - Siddha Yoga</b>				

<b>1</b>		<b>Sunday, March 14, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Trieste, Italy Sun 14 Sutra 336	
Meena Rasi: 8.34	Tithi 1 – 2	<b>Gulika</b> 3:13PM – 4:41PM	<b>Uttaraproshtapada</b> Until 9:48PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:22AM	Sarvari 5122	
		Yama 12:16PM – 1:44PM	Sukla Until 3:14AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:10PM	Moon 2 - Phase 46	
113584467	<b>Rahu</b> 4:41PM – 6:10PM		Balava Until 1:26AM Mon	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – Clear		<b>Sivaloka Day</b>	
		<b>Karadaiyan Nombu (Tamil Nadu)</b>	<b>Prathama* Until 12:37PM</b>	<b>Phalguna-Panguni</b>			

<b>2</b>		<b>Monday, March 15, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Trieste, Italy Sun 15 Sutra 337	
Meena Rasi: 20.49	Tithi 2 – 3	<b>Gulika</b> 1:45PM – 3:13PM	<b>Revati</b> Until 12:02AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:20AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:47AM – 12:16PM	Brahma Until 3:41AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:11PM	Moon 2 - Phase 46	
113584468	<b>Rahu</b> 7:49AM – 9:18AM		Taitila Until 3:22AM Tue	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya</b> Until 2:19PM	Moon – Clear		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>		<b>Tuesday, March 16, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 16 Sutra 338	
Mesha Rasi: 2.53	Tithi 3 – 4	<b>Gulika</b> 12:15PM – 1:45PM	<b>Ashvini</b> Until 2:58AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	Sarvari 5122	
		Yama 9:17AM – 10:46AM	Indra Until 4:26AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 46	
123584468	<b>Rahu</b> 3:14PM – 4:43PM		Vanija Until 5:42AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Subha Sivaloka Day</b>	
		<b>Chellappaswami Mahasamadhi</b>	<b>Tritiya</b> Until 4:28PM	<b>Phalguna-Panguni</b>			

<b>4</b>		<b>Wednesday, March 17, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vaidhriti* Yoga Visti* Karana Chaturthyam Titau		Trieste, Italy Sun 17 Sutra 339	
Mesha Rasi: 14.49	Tithi 4	<b>Gulika</b> 10:45AM – 12:15PM	<b>Bharani</b> Until 6:02AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	Sarvari 5122	
		Yama 7:46AM – 9:16AM	Vaidhriti* Until 5:23AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 46	
123584468	<b>Rahu</b> 12:15PM – 1:45PM		Visti Until 6:57PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Chaturthi*</b> Until 6:57PM	Moon – White		<b>Subha Sivaloka Day</b>	
Until 6:02AM Thu				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Thursday, March 18, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Trieste, Italy Sun 18 Sutra 340	
Mesha Rasi: 26.38	Tithi 5	<b>Gulika</b> 9:15AM – 10:45AM	<b>Bharani</b> Until 6:02AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	Sarvari 5122	
		Yama 6:15AM – 7:45AM	Vishkambha* Until 6:26AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:15PM	Moon 2 - Phase 46	
123584468	<b>Rahu</b> 1:45PM – 3:15PM		Bava Until 8:18AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami</b> Until 9:38PM	Moon – White		<b>Subha Sivaloka Day</b>	
Until 6:02AM				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Friday, March 19, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau		Trieste, Italy Sun 19 Sutra 341	
Vrishabha Rasi: 8.25	Tithi 6	<b>Gulika</b> 7:43AM – 9:14AM	<b>Krittika</b> Until 9:01AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:13AM	Sarvari 5122	
		Yama 3:15PM – 4:46PM	Vishkambha* Until 6:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:16PM	Moon 2 - Phase 46	
123584468	<b>Rahu</b> 10:44AM – 12:15PM		Kaulava Until 11:00AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga		<b>Shashthi*</b> Until 12:17AM Sat	Moon – White		<b>Subha Sivaloka Day</b>	
Until 9:01AM				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Saturday, March 20, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau		Trieste, Italy Sun 20 Sutra 342	
Vrishabha Rasi: 20.14	Tithi 7	<b>Gulika</b> 6:11AM – 7:42AM	<b>Rohini</b> Until 12:14PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:11AM	Sarvari 5122	
		Yama 1:45PM – 3:16PM	Priti Until 7:25AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:18PM	Moon 2 - Phase 46	
133584468	<b>Rahu</b> 9:12AM – 10:43AM		Gara Until 1:33PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga		<b>Saptami</b> Until 2:40AM Sun	Moon – Yellow		<b>Subha Subha Sivaloka Day</b>	
Until 12:14PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Sunday, March 21, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau		Trieste, Italy Sun 21 Sutra 343	
Mithuna Rasi: 2.11	Tithi 8	<b>Gulika</b> 3:16PM – 4:48PM	<b>Mrigashira</b> Until 2:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:09AM	Sarvari 5122	
		Yama 12:14PM – 1:45PM	Ayushman Until 8:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46	
133584468	<b>Rahu</b> 4:48PM – 6:19PM		Visti Until 3:42PM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga		<b>Ashtami*</b> Until 4:32AM Mon	Moon – Yellow		<b>Subha Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>Retreat Star</b>		<b>Monday, March 22, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau		Trieste, Italy Sun 22 Sutra 344	
Mithuna Rasi: 14.2	Tithi 9	<b>Gulika</b> 1:45PM – 3:17PM	<b>Ardra</b> Until 4:48PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:07AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:42AM – 12:14PM	Saubhagya Until 8:25AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:20PM	Moon 2 - Phase 46	
133584468	<b>Rahu</b> 7:39AM – 9:10AM		Balava Until 5:13PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 5:39AM Tue	Moon – Yellow		<b>Subha Subha Sivaloka Day</b>	
Until 4:48PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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<b>1</b>		<b>Tuesday, March 23, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Dashamyam Titau		Trieste, Italy Sun 23 Sutra 345	
Mithuna Rasi: 26.48	Tithi 10	<b>Gulika</b> 12:13PM – 1:45PM	<b>Punarvasu</b> Until 6:16PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:05AM	Sarvari 5122	
		Yama 9:09AM – 10:41AM	Sobhana Until 8:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:22PM	Moon 2 - Phase 47	
143584468	<b>Rahu</b> 3:17PM – 4:50PM		Taitila Until 5:55PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:55AM Wed	Moon – Blue		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>		<b>Wednesday, March 24, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Alhiganda*/Sukarma Yoga Vanija/Vistii* Karana Ekadashyam Titau		Trieste, Italy Sun 24 Sutra 346	
Kataka Rasi: 9.4	Tithi 11	<b>Gulika</b> 10:41AM – 12:13PM	<b>Pushya</b> Until 6:42PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:03AM	Sarvari 5122	
		Yama 7:36AM – 9:08AM	Athiganda* Until 7:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:23PM	Moon 2 - Phase 47	
144584468	<b>Rahu</b> 12:13PM – 1:45PM		Vanija Until 5:44PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 5:17AM Thu	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>		<b>Thursday, March 25, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Bava/Balava Karana Dvadashyam Titau		Trieste, Italy Sun 25 Sutra 347	
Kataka Rasi: 22.59	Tithi 12	<b>Gulika</b> 9:07AM – 10:40AM	<b>Ashlesha*</b> Until 6:08PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:01AM	Sarvari 5122	
		Yama 6:01AM – 7:34AM	Dhriti Until 3:14AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 47	
144684468	<b>Rahu</b> 1:46PM – 3:18PM		Bava Until 4:41PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 3:50AM Fri	Moon – Blue		<b>Subha Sivaloka Day</b>	
Until 6:08PM		<b>Yogaswami Mahasamadhi</b>		<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, March 26, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Trieste, Italy Sun 26 Sutra 348	
Simha Rasi: 6.47	Tithi 13	<b>Gulika</b> 7:33AM – 9:06AM	<b>Magha*</b> Until 5:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:59AM	Sarvari 5122	
		Yama 3:19PM – 4:52PM	Shula* Until 12:20AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:25PM	Moon 2 - Phase 47	
154684468	<b>Rahu</b> 10:39AM – 12:12PM		Kaulava Until 2:51PM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 1:40AM Sat	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
Until 5:07PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>	

<b>5</b>		<b>Saturday, March 27, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Trieste, Italy Sun 27 Sutra 349	
Simha Rasi: 21.01	Tithi 14	<b>Gulika</b> 5:57AM – 7:31AM	<b>Purvaphalguni</b> Until 3:20PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:57AM	Sarvari 5122	
		Yama 1:46PM – 3:19PM	Ganda* Until 8:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:27PM	Moon 2 - Phase 47	
154684468	<b>Rahu</b> 9:05AM – 10:38AM		Gara Until 12:23PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:57PM	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
Until 3:20PM				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

		<b>Sunday, March 28, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi/Dhruva Yoga Vistii*/Bava Karana Purnimayam Titau		Trieste, Italy Sutra 350	
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:20PM – 4:54PM	<b>Uttaraphalguni</b> Until 12:57PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:56AM	Sarvari 5122	
Kanya Rasi: 5.37	Tithi 15	Yama 12:12PM – 1:46PM	Vriddhi Until 5:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:28PM	Moon 2 - Phase 47	
		<b>Rahu</b> 4:54PM – 6:28PM	Vistii Until 9:26AM	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 7:49PM	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
		<b>Panguni Uttiram</b>		<b>Phalguna-Panguni</b>			
		<b>Holi</b>					

<b>Monday, March 29, 2021</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau		Trieste, Italy Sutra 351	
Kanya Rasi: 20.29	Tithi 16 – 17	<b>Gulika</b> 1:46PM – 3:20PM	<b>Hasta</b> Until 10:32AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:54AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:37AM – 12:11PM	Dhruva Until 1:23PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 47	
164684468	<b>Rahu</b> 7:28AM – 9:03AM		Balava Until 6:10AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:26PM	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 10:32AM				<b>Phalguna-Panguni</b>			
Then Routine Work - Prabalarishta Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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Tuesday, March 30, 2021

Gold Retreat Star

Tula Rasi: 5.28 Tithi 17 - 18

Creative Work Siddha Yoga

164684468  
Gulika  
Yama  
Rahu

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svatil Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

2:11PM - 1:46PM  
9:01AM - 10:36AM  
3:21PM - 4:56PM  
Chitra Until 7:53AM  
Vyaghata\* Until 9:25AM  
Vanija Until 11:20PM  
Dvitiya Until 1:00PM

Ganesha: Yellow  
Muruqa: White  
Nataraja: Purple  
Moon - Green  
Sunrise: 5:52AM  
Sunset: 6:31PM

Subha Sivaloka Day

Sun 1  
Trieste, Italy  
Sutra 352  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

1

Wednesday, March 31, 2021

Tula Rasi: 20.26 Tithi 18 - 19

Creative Work Siddha Yoga

174684468  
Gulika  
Yama  
Rahu

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vajra\* Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

10:36AM - 12:11PM  
7:25AM - 9:00AM  
12:11PM - 1:46PM  
Vishakha Until 2:53AM Thu  
Vajra\* Until 1:44AM Thu  
Bava Until 8:05PM  
Tritiya Until 9:39AM

Ganesha: Blue  
Muruqa: White  
Nataraja: Purple  
Moon - Orange  
Sunrise: 5:50AM  
Sunset: 6:32PM

Subha Subha Sivaloka Day

Sun 2  
Trieste, Italy  
Sutra 353  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

2

Thursday, April 1, 2021

Vrischika Rasi: 5.14 Tithi 19 - 20

Creative Work Siddha Yoga

Until 12:49AM Fri

Then Routine Work - Marana Yoga

174684468  
Gulika  
Yama  
Rahu

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

9:00AM - 10:36AM  
5:50AM - 7:25AM  
1:46PM - 3:21PM  
Anuradha Until 12:49AM Fri  
Siddhi Until 10:15PM  
Taitila Until 3:47AM Fri  
Chaturthi\* Until 6:32AM

Ganesha: Blue  
Muruqa: White  
Nataraja: Purple  
Moon - Orange  
Sunrise: 5:50AM  
Sunset: 6:32PM

Subha Subha Sivaloka Day

Sun 3  
Trieste, Italy  
Sutra 354  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

3

Friday, April 2, 2021

Vrischika Rasi: 19.46 Tithi 21

Routine Work Marana Yoga

Until 11:04PM

Then Creative Work - Amrita Yoga

174684468  
Gulika  
Yama  
Rahu

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthiyam Titau

7:24AM - 8:59AM  
3:22PM - 4:58PM  
10:35AM - 12:11PM  
Jyeshtha\* Until 11:04PM  
Vyatipata\* Until 7:09PM  
Gara Until 2:35PM  
Shashthi\* Until 1:29AM Sat

Ganesha: Blue  
Muruqa: White  
Nataraja: Purple  
Moon - Orange  
Sunrise: 5:48AM  
Sunset: 6:33PM

Subha Subha Sivaloka Day

Sun 4  
Trieste, Italy  
Sutra 355  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

4

Saturday, April 3, 2021

Dhanus Rasi: 3.58 Tithi 22

Creative Work Siddha Yoga

184684468  
Gulika  
Yama  
Rahu

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Varyan/Parigha\* Yoga Visti/Bava Karana Saphtamyam Titau

5:46AM - 7:22AM  
1:46PM - 3:22PM  
8:58AM - 10:34AM  
Mula\* Until 10:07PM  
Varyan Until 4:25PM  
Visti Until 12:32PM  
Saphtami Until 11:42PM

Ganesha: Red  
Muruqa: White  
Nataraja: Purple  
Moon - Light Blue  
Sunrise: 5:46AM  
Sunset: 6:33PM

Subha Sivaloka Day

Sun 5  
Trieste, Italy  
Sutra 356  
Sarvari 5122  
Moon 3 - Phase 48  
1st Phase

D

Sunday, April 4, 2021

Retreat Star

Dhanus Rasi: 17.5 Tithi 23

Creative Work Siddha Yoga

Until 9:34PM

Then Creative Work - Amrita Yoga

184684468  
Gulika  
Yama  
Rahu

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

3:23PM - 4:59PM  
12:10PM - 1:46PM  
4:59PM - 6:36PM  
Purvashadha\* Until 9:34PM  
Parigha\* Until 2:10PM  
Balava Until 11:03AM  
Ashtami\* Until 10:29PM

Ganesha: Red  
Muruqa: White  
Nataraja: Purple  
Moon - Light Blue  
Sunrise: 5:44AM  
Sunset: 6:36PM

Subha Sivaloka Day

Sun 6  
Trieste, Italy  
Sutra 357  
Sarvari 5122  
Moon 3 - Phase 48  
Ashtami

Monday, April 5, 2021

Retreat Star

Makara Rasi: 1.23 Tithi 24

Family Home Evening

Routine Work Marana Yoga

Until 9:25PM

Then Creative Work - Amrita Yoga

185684468  
Gulika  
Yama  
Rahu

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

1:47PM - 3:23PM  
10:33AM - 12:10PM  
7:19AM - 8:56AM  
Uttarashadha Until 9:25PM  
Shiva Until 12:22PM  
Taitila Until 10:06AM  
Navami\* Until 9:49PM

Ganesha: Green  
Muruqa: White  
Nataraja: Purple  
Moon - Light Blue  
Sunrise: 5:42AM  
Sunset: 6:37PM

Sivaloka Day

Sun 7  
Trieste, Italy  
Sutra 358  
Sarvari 5122  
Moon 3 - Phase 48  
Navami

<b>1</b>		<b>Tuesday, April 6, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 14.37		Tithi 25		Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Visiti* Karana Dashamyam Titau		Sun 8 Sutra 359	
Creative Work		Siddha Yoga		Gulika 12:09PM – 1:47PM		Ganesha: Orange Sunrise: 5:40AM	
		195684468		Yama 8:55AM – 10:32AM		Muruga: White Sunset: 6:38PM	
		Rahu 3:24PM – 5:01PM		Siddha Until 10:58AM		Moon 3 - Phase 49	
				Vanija Until 9:42AM		Nataraja: Purple	
				Dashami Until 9:41PM		Moon – Purple	
						Subha Sivaloka Day	
						Phalguna-Panguni	

<b>2</b>		<b>Wednesday, April 7, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Trieste, Italy	
Makara Rasi: 27.35		Tithi 26		Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 360	
Routine Work		Prabalarishta Yoga		Gulika 10:31AM – 12:09PM		Ganesha: Orange Sunrise: 5:39AM	
Until 11:03PM				Yama 7:16AM – 8:54AM		Muruga: White Sunset: 6:40PM	
Then Creative Work - Siddha Yoga		195684468		Rahu 12:09PM – 1:47PM		Moon 3 - Phase 49	
				Sadhya Until 9:58AM		Nataraja: Purple	
				Bava Until 9:49AM		Moon – Purple	
				Ekadashi* Until 10:01PM		Subha Sivaloka Day	
						Phalguna-Panguni	

<b>3</b>		<b>Thursday, April 8, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 10.19		Tithi 27		Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 361	
Creative Work		Siddha Yoga		Gulika 8:53AM – 10:31AM		Ganesha: Orange Sunrise: 5:37AM	
		195684468		Yama 5:37AM – 7:15AM		Muruga: White Sunset: 6:41PM	
		Rahu 1:47PM – 3:25PM		Subha Until 9:21AM		Moon 3 - Phase 49	
				Kaulava Until 10:23AM		Nataraja: Purple	
				Dvadashi* Until 10:48PM		Moon – Purple	
						Subha Sivaloka Day	
						Phalguna-Panguni	

<b>4</b>		<b>Friday, April 9, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Trieste, Italy	
Kumbha Rasi: 22.52		Tithi 28		Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 362	
Creative Work		Siddha Yoga		Gulika 7:13AM – 8:52AM		Ganesha: Light Blue Sunrise: 5:35AM	
		115684468		Yama 3:25PM – 5:04PM		Muruga: White Sunset: 6:42PM	
		Rahu 10:30AM – 12:09PM		Sukla Until 9:02AM		Moon 3 - Phase 49	
				Gara Until 11:22AM		Nataraja: Purple	
				Trayodashi* Until 11:59PM		Moon – Clear	
						Sivaloka Day	
						Phalguna-Panguni	
						Pradosha Vrata (Fasting)	

<b>5</b>		<b>Saturday, April 10, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 5.14		Tithi 29		Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 363	
Creative Work		Siddha Yoga		Gulika 5:33AM – 7:12AM		Ganesha: Light Blue Sunrise: 5:33AM	
Until 4:26AM Sun				Yama 1:47PM – 3:26PM		Muruga: White Sunset: 6:44PM	
Then Creative Work - Amrita Yoga		115684468		Rahu 8:51AM – 10:29AM		Moon 3 - Phase 49	
				Brahma Until 9:02AM		Nataraja: Purple	
				Visti Until 12:45PM		Moon – Clear	
				Chaturdashi* Until 1:33AM Sun		Sivaloka Day	
						Phalguna-Panguni	

<b>●</b>		<b>Sunday, April 11, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 17.27		Tithi 30		Revati Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 364	
Creative Work		Amrita Yoga		Gulika 3:26PM – 5:06PM		Ganesha: Light Blue Sunrise: 5:31AM	
Until 6:47AM Mon				Yama 12:08PM – 1:47PM		Muruga: White Sunset: 6:45PM	
Then Creative Work - Siddha Yoga		115684468		Rahu 5:06PM – 6:45PM		Moon 3 - Phase 49	
				Indra Until 9:21AM		Nataraja: Purple	
				Catuspada Until 2:30PM		Moon – Clear	
				Amavasya* Until 3:30AM Mon		Sivaloka Day	
						Phalguna-Panguni	

<b>Monday, April 12, 2021</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Trieste, Italy	
Meena Rasi: 29.31		Tithi 1		Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Sun 14 Sutra 1	
Family Home Evening				Gulika 1:47PM – 3:27PM		Ganesha: Light Blue Sunrise: 5:29AM	
Creative Work		Siddha Yoga		Yama 10:28AM – 12:08PM		Muruga: White Sunset: 6:46PM	
		115684468		Rahu 7:09AM – 8:49AM		Moon 3 - Phase 49	
				Vaidhriti* Until 9:54AM		Nataraja: Purple	
				Kintughna Until 4:37PM		Moon – Clear	
				Prathama* Until 5:45AM Tue		Sivaloka Day	
				Yugadhi		Chaitra-Panguni	

<b>1</b>		<b>Tuesday, April 13, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*Priti Yoga Balava Karana Dvitiyayam Titau		Trieste, Italy Sun 15 Sutra 2	
Mesha Rasi: 11.27	Tithi 2	<b>Gulika</b> 12:07PM – 1:47PM	<b>Ashvini</b> Until 9:47AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:28AM	Plava 5123	
		Yama 8:47AM – 10:27AM	Vishkambha* Until 10:42AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:47PM	Moon 3 - Phase 1	
125684468		<b>Rahu</b> 3:27PM – 5:07PM	Balava Until 7:01PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Sivaloka Day</b>	
		Tamil New Year		Dvitiya Until 8:17AM Wed		Chaitra•Chaitra	

<b>2</b>		<b>Wednesday, April 14, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Trieste, Italy Sun 16 Sutra 3	
Mesha Rasi: 23.17	Tithi 2 – 3	<b>Gulika</b> 10:27AM – 12:07PM	<b>Bharani</b> Until 12:50PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:26AM	Plava 5123	
		Yama 7:06AM – 8:46AM	Priti Until 11:43AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:49PM	Moon 3 - Phase 1	
225684468		<b>Rahu</b> 12:07PM – 1:48PM	Taitila Until 9:37PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Sivaloka Day</b>	
Until 12:50PM			Dvitiya Until 8:17AM	Chaitra•Chaitra			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Thursday, April 15, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Trieste, Italy Sun 17 Sutra 4	
Wrishabha Rasi: 5.05	Tithi 3 – 4	<b>Gulika</b> 8:45AM – 10:26AM	<b>Krittika</b> Until 3:50PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:24AM	Plava 5123	
		Yama 5:24AM – 7:05AM	Ayushman Until 12:47PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:50PM	Moon 3 - Phase 1	
226684468		<b>Rahu</b> 1:48PM – 3:28PM	Vanija Until 12:18AM Fri	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga			Moon – White		<b>Sivaloka Day</b>	
			Tritiya Until 10:56AM	Chaitra•Chaitra			

<b>4</b>		<b>Friday, April 16, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Trieste, Italy Sun 18 Sutra 5	
Wrishabha Rasi: 16.51	Tithi 4 – 5	<b>Gulika</b> 7:03AM – 8:44AM	<b>Rohini</b> Until 7:09PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:22AM	Plava 5123	
		Yama 3:29PM – 5:10PM	Saubhagya Until 1:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 3 - Phase 1	
236684468		<b>Rahu</b> 10:26AM – 12:07PM	Bava Until 2:53AM Sat	<b>Nataraja:</b> Purple		3rd Phase	
Routine Work	Marana Yoga			Moon – Yellow		<b>Sivaloka Day</b>	
Until 7:09PM			Chaturthi* Until 1:36PM	Chaitra•Chaitra			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, April 17, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau		Trieste, Italy Sun 19 Sutra 6	
Wrishabha Rasi: 28.41	Tithi 5 – 6	<b>Gulika</b> 5:20AM – 7:02AM	<b>Mrigashira</b> Until 10:04PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:20AM	Plava 5123	
		Yama 1:48PM – 3:29PM	Sobhana Until 2:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:53PM	Moon 3 - Phase 1	
236684468		<b>Rahu</b> 8:43AM – 10:25AM	Kaulava Until 5:11AM Sun	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		<b>Sivaloka Day</b>	
			Panchami Until 4:04PM	Chaitra•Chaitra			

<b>6</b>		<b>Sunday, April 18, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Shashthyam Titau		Trieste, Italy Sun 20 Sutra 7	
Mithuna Rasi: 10.37	Tithi 6	<b>Gulika</b> 3:30PM – 5:12PM	<b>Ardra</b> Until 12:23AM Mon	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 5:19AM	Plava 5123	
		Yama 12:06PM – 1:48PM	Athiganda* Until 3:25PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:54PM	Moon 3 - Phase 1	
236684468		<b>Rahu</b> 5:12PM – 6:54PM	Taitila Until 6:07PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – Yellow		<b>Sivaloka Day</b>	
Until 12:23AM Mon			Shashthi* Until 6:07PM	Chaitra•Chaitra			
Then Creative Work - Amrita Yoga							

<b>Monday, April 19, 2021</b>		<b>Retreat Star</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Saptamyam Titau		Trieste, Italy Sun 21 Sutra 8	
Mithuna Rasi: 22.46	Tithi 7	<b>Gulika</b> 1:48PM – 3:31PM	<b>Punarvasu</b> Until 2:24AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 5:17AM	Plava 5123	
<b>Family Home Evening</b>		Yama 10:24AM – 12:06PM	Sukarma Until 3:36PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:55PM	Moon 3 - Phase 1	
246684468		<b>Rahu</b> 6:59AM – 8:41AM	Gara Until 6:57AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga			Moon – Blue		<b>Subha Sivaloka Day</b>	
Until 2:24AM Tue			Saptami Until 7:34PM	Chaitra•Chaitra			
Then Creative Work - Siddha Yoga							

<b>Tuesday, April 20, 2021</b>		<b>Retreat Star</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtamyam Titau		Trieste, Italy Sun 22 Sutra 9	
Kataka Rasi: 5.13	Tithi 8	<b>Gulika</b> 12:06PM – 1:48PM	<b>Pushya</b> Until 3:29AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:15AM	Plava 5123	
		Yama 8:40AM – 10:23AM	Dhriti Until 3:14PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:56PM	Moon 3 - Phase 1	
246784468		<b>Rahu</b> 3:31PM – 5:14PM	Visti Until 8:02AM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga			Moon – Blue		<b>Subha Sivaloka Day</b>	
			Ashtami* Until 8:16PM	Chaitra•Chaitra			

<b>Wednesday, April 21, 2021</b>		<b>Retreat Star</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau		Trieste, Italy Sun 23 Sutra 10	
Kataka Rasi: 18.01	Tithi 9	<b>Gulika</b> 10:22AM – 12:06PM	<b>Ashlesha*</b> Until 3:36AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:13AM	Plava 5123	
		Yama 6:56AM – 8:39AM	Shula* Until 2:12PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:58PM	Moon 3 - Phase 1	
246784468		<b>Rahu</b> 12:06PM – 1:49PM	Balava Until 8:19AM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga			Moon – Blue		<b>Subha Sivaloka Day</b>	
Until 3:36AM Thu			Navami* Until 8:06PM	Chaitra•Chaitra			
Then Creative Work - Amrita Yoga		Sri Rama Navami					

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

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<b>1</b>		<b>Thursday, April 22, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau			Trieste, Italy Sun 24 Sutra 11 Plava 5123
Simha Rasi: 1.15	Tithi 10	<b>Gulika</b> 8:39AM – 10:22AM	<b>Magha* Until 3:10AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:12AM		
		Yama 5:12AM – 6:55AM	Ganda* Until 12:29PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:59PM	Moon 3 - Phase 2	
	257784468	<b>Rahu</b> 1:49PM – 3:32PM	Taitila Until 7:43AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Amrita Yoga		<b>Dashami Until 7:05PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 3:10AM Fri				<b>Chaitra*Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, April 23, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Trieste, Italy Sun 25 Sutra 12 Plava 5123
Simha Rasi: 14.58	Tithi 11 – 12	<b>Gulika</b> 6:54AM – 8:38AM	<b>Purvaphalguni Until 1:49AM Sat</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:10AM		
		Yama 3:33PM – 5:16PM	Vriddhi Until 10:07AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:00PM	Moon 3 - Phase 2	
	257784468	<b>Rahu</b> 10:21AM – 12:05PM	Vanija Until 6:17AM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi Until 5:16PM</b>	Moon – Red		<b>Sivaloka Day</b>	
Until 1:49AM Sat				<b>Chaitra*Chaitra</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, April 24, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Trieste, Italy Sun 26 Sutra 13 Plava 5123
Simha Rasi: 29.1	Tithi 12 – 13	<b>Gulika</b> 5:08AM – 6:52AM	<b>Uttaraphalguni Until 11:42PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 5:08AM		
		Yama 1:49PM – 3:33PM	Dhruva Until 7:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:01PM	Moon 3 - Phase 2	
	257784469	<b>Rahu</b> 8:37AM – 10:21AM	Kaulava Until 1:18AM Sun	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dvadashi Until 2:45PM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Chaitra*Chaitra</b>			

*Pradosha Vrata*

<b>4</b>		<b>Sunday, April 25, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Trieste, Italy Sun 27 Sutra 14 Plava 5123
Kanya Rasi: 13.46	Tithi 13 – 14	<b>Gulika</b> 3:34PM – 5:18PM	<b>Hasta Until 9:22PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:07AM		
		Yama 12:05PM – 1:49PM	Harshana Until 11:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:03PM	Moon 3 - Phase 2	
	267784469	<b>Rahu</b> 5:18PM – 7:03PM	Gara Until 10:01PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Trayodashi Until 11:41AM</b>	Moon – Green		<b>Sivaloka Day</b>	
Until 9:22PM				<b>Chaitra*Chaitra</b>			
Then Creative Work - Siddha Yoga							

<b>Monday, April 26, 2021</b>		<b>Copper Retreat Star</b>			Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Trieste, Italy Sutra 15 Plava 5123
Kanya Rasi: 28.43	Tithi 14 – 15	<b>Gulika</b> 1:49PM – 3:34PM	<b>Chitra Until 6:35PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:05AM			
<b>Family Home Evening</b>		Yama 10:20AM – 12:05PM	Vajra* Until 7:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:04PM	Moon 3 - Phase 2		
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 6:50AM – 8:35AM	Visti Until 6:25PM	<b>Nataraja:</b> Clear		Purnima		
Until 6:35PM			<b>Chaturdashi* Until 8:14AM</b>	Moon – Green		<b>Sivaloka Day</b>		
Then Creative Work - Amrita Yoga		<b>Chitra Purnima (Tamil Nadu)</b>		<b>Chaitra*Chaitra</b>				
		<b>Hanuman Jayanti</b>						

<b>Tuesday, April 27, 2021</b>		<b>Silver Retreat Star</b>			Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau			Trieste, Italy Sutra 16 Plava 5123
Tula Rasi: 13.52	Tithi 16	<b>Gulika</b> 12:04PM – 1:50PM	<b>Svati Until 3:31PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 5:03AM			
		Yama 8:34AM – 10:19AM	Siddhi Until 3:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:05PM	Moon 3 - Phase 2		
	267784469	<b>Rahu</b> 3:35PM – 5:20PM	Balava Until 2:41PM	<b>Nataraja:</b> Clear		Prathama		
Creative Work	Siddha Yoga		<b>Prathama* Until 12:47AM Wed</b>	Moon – Green		<b>Sivaloka Day</b>		
Until 3:31PM				<b>Chaitra*Chaitra</b>				
Then Routine Work - Marana Yoga								

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

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