



**Saturday, May 9, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Jyeshtha\* Nakshatra Shiva Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway  
Sutra 27

Vrischika Rasi: 19.01 Tithi 18

277234469 **Rahu** 8:06AM – 10:10AM

**Gulika** 3:56AM – 6:01AM  
Yama 2:20PM – 4:25PM

**Jyeshtha\* Until 12:23AM Sun**  
Shiva Until 2:10AM Sun  
Vanija Until 4:37PM

**Ganesha:** Purple *Sunrise:* 3:56AM  
**Muruqa:** Clear *Sunset:* 8:34PM

Moon 5 - Phase 4  
1st Phase

Creative Work Siddha Yoga  
Until 12:23AM Sun  
Then Creative Work - Amrita Yoga

**Tritiya Until 3:35AM Sun**

**Nataraja:** Clear  
Moon – Orange  
**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Sunday, May 10, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway  
Sun 1 Sutra 28

Dhanus Rasi: 3.1 Tithi 19

287234469 **Rahu** 6:31PM – 8:37PM

**Gulika** 4:26PM – 6:31PM  
Yama 12:15PM – 2:21PM

**Mula\* Until 11:42PM**  
Siddha Until 11:50PM  
Bava Until 2:46PM

**Ganesha:** Clear *Sunrise:* 3:54AM  
**Muruqa:** Clear *Sunset:* 8:37PM

Moon 5 - Phase 4  
1st Phase

Creative Work Amrita Yoga  
Until 11:42PM  
Then Creative Work - Siddha Yoga

**Mother's Day**

**Chaturthi\* Until 2:06AM Mon**

**Nataraja:** Clear  
Moon – Light Blue  
**Devaloka Day**  
**Vaisaka-Chaitra**

**2**

**Monday, May 11, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway  
Sun 2 Sutra 29

Dhanus Rasi: 16.52 Tithi 20

287234469 **Rahu** 5:57AM – 8:03AM

**Gulika** 2:21PM – 4:27PM  
Yama 10:09AM – 12:15PM

**Purvashadha\* Until 11:39PM**  
Sadhya Until 10:10PM  
Kaulava Until 1:40PM

**Ganesha:** Clear *Sunrise:* 3:51AM  
**Muruqa:** Orange *Sunset:* 8:39PM

Moon 5 - Phase 4  
1st Phase

**Family Home Evening**  
Routine Work Marana Yoga

**Panchami Until 1:24AM Tue**

**Nataraja:** Clear  
Moon – Light Blue  
**Devaloka Day**  
**Vaisaka-Chaitra**

**3**

**Tuesday, May 12, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway  
Sun 3 Sutra 30

Makara Rasi: 0.07 Tithi 21

288244469 **Rahu** 4:28PM – 6:35PM

**Gulika** 12:15PM – 2:22PM  
Yama 8:02AM – 10:09AM

**Uttarashadha Until 12:15AM Wed**  
Subha Until 9:08PM  
Gara Until 1:23PM

**Ganesha:** Purple *Sunrise:* 3:49AM  
**Muruqa:** Orange *Sunset:* 8:41PM

Moon 5 - Phase 4  
1st Phase

Routine Work Prabalarishta Yoga  
Until 12:15AM Wed  
Then Creative Work - Siddha Yoga

**Shashthi\* Until 1:32AM Wed**

**Nataraja:** Clear  
Moon – Light Blue  
**Sivaloka Day**  
**Vaisaka-Chaitra**

**4**

**Wednesday, May 13, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Visti\*/Bava Karana Saplamyam Titau

Oslo, Norway  
Sun 4 Sutra 31

Makara Rasi: 12.56 Tithi 22

298244469 **Rahu** 12:15PM – 2:22PM

**Gulika** 10:08AM – 12:15PM  
Yama 5:54AM – 8:01AM

**Shravana Until 1:55AM Thu**  
Sukla Until 8:42PM  
Visti Until 1:54PM

**Ganesha:** Clear *Sunrise:* 3:47AM  
**Muruqa:** Orange *Sunset:* 8:43PM

Moon 5 - Phase 4  
1st Phase

Creative Work Siddha Yoga  
**Chidambaram Abhishekam**

**Saptami Until 2:25AM Thu**

**Nataraja:** Clear  
Moon – Purple  
**Devaloka Day**  
**Vaisaka-Chaitra**

**D**

**Thursday, May 14, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway  
Sun 5 Sutra 32

Makara Rasi: 25.25 Tithi 23

298244469 **Rahu** 2:23PM – 4:30PM

**Gulika** 8:00AM – 10:07AM  
Yama 3:44AM – 5:52AM

**Dhanishtha Until 4:03AM Fri**  
Brahma Until 8:49PM  
Balava Until 3:08PM

**Ganesha:** Clear *Sunrise:* 3:44AM  
**Muruqa:** Orange *Sunset:* 8:46PM

Moon 5 - Phase 4  
Ashtami

Creative Work Siddha Yoga

**Ashtami\* Until 3:57AM Fri**

**Nataraja:** Clear  
Moon – Purple  
**Devaloka Day**  
**Vaisaka-Vaikasi**

**Friday, May 15, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway  
Sun 6 Sutra 33

Kumbha Rasi: 7.38 Tithi 24

298244469 **Rahu** 10:07AM – 12:15PM

**Gulika** 5:50AM – 7:59AM  
Yama 4:32PM – 6:40PM

**Shatabhishak Until 6:28AM Sat**  
Indra Until 9:20PM  
Taitila Until 4:56PM

**Ganesha:** Clear *Sunrise:* 3:42AM  
**Muruqa:** Orange *Sunset:* 8:48PM

Moon 5 - Phase 4  
Navami

Creative Work Siddha Yoga  
Until 6:28AM Sat  
Then Routine Work - Marana Yoga

**Navami\* Until 5:57AM Sat**

**Nataraja:** Clear  
Moon – Purple  
**Devaloka Day**  
**Vaisaka-Vaikasi**

<b>1</b>	<b>Saturday, May 16, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Vanija Karana Dashamyam Titau				Oslo, Norway
	Kumbha Rasi: 19.41	Tithi 25	298244469	<b>Gulika</b> 3:40AM – 5:49AM Yama 2:24PM – 4:33PM <b>Rahu</b> 7:58AM – 10:06AM	<b>Shatabhishak</b> Until 6:28AM Vaidhriti* Until 10:06PM Vanija Until 7:06PM <b>Dashami</b> Until 8:14AM Sun	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Purple	Sun 7 Sutra 34 Sarvari 5122 Moon 5 - Phase 5 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga							
Until 6:28AM							
Then Routine Work - Marana Yoga							


<b>2</b>	<b>Sunday, May 17, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway
	Meena Rasi: 2	Tithi 25 – 26	218244469	<b>Gulika</b> 4:34PM – 6:43PM Yama 12:15PM – 2:24PM <b>Rahu</b> 6:43PM – 8:53PM	<b>Purvaproshtapada*</b> Until 9:29AM Vishkambha* Until 11:00PM Bava Until 9:27PM <b>Dashami</b> Until 8:14AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Clear	Sun 8 Sutra 35 Sarvari 5122 Moon 5 - Phase 5 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga							
Until 9:29AM							
Then Creative Work - Amrita Yoga							


<b>3</b>	<b>Monday, May 18, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway
	Meena Rasi: 13.28	Tithi 26 – 27	219244469	<b>Gulika</b> 2:25PM – 4:35PM Yama 10:05AM – 12:15PM <b>Rahu</b> 5:45AM – 7:55AM	<b>Uttaraproshtapada</b> Until 12:26PM Priti Until 11:56PM Kaulava Until 11:51PM <b>Ekadashi*</b> Until 10:38AM	<b>Ganesha:</b> Green <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Clear	Sun 9 Sutra 36 Sarvari 5122 Moon 5 - Phase 5 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							

<b>4</b>	<b>Tuesday, May 19, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Oslo, Norway
	Meena Rasi: 25.22	Tithi 27 – 28	219244469	<b>Gulika</b> 12:15PM – 2:26PM Yama 7:54AM – 10:05AM <b>Rahu</b> 4:36PM – 6:47PM	<b>Revati</b> Until 3:10PM Ayushman Until 12:46AM Wed Gara Until 2:08AM Wed <b>Dvadashi*</b> Until 12:59PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Clear	Sun 10 Sutra 37 Sarvari 5122 Moon 5 - Phase 5 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							
<i>Pradosha Vrata (Fasting)</i>							

<b>5</b>	<b>Wednesday, May 20, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway
	Mesha Rasi: 7.17	Tithi 28 – 29	229244469	<b>Gulika</b> 10:04AM – 12:15PM Yama 5:42AM – 7:53AM <b>Rahu</b> 12:15PM – 2:26PM	<b>Ashvini</b> Until 6:04PM Saubhagya Until 1:27AM Thu Visli Until 4:11AM Thu <b>Trayodashi*</b> Until 3:10PM	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White	Sun 11 Sutra 38 Sarvari 5122 Moon 5 - Phase 5 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga							
Until 6:04PM							
Then Creative Work - Siddha Yoga							

<b>6</b>	<b>Thursday, May 21, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway
	Mesha Rasi: 19.19	Tithi 29 – 30	229244469	<b>Gulika</b> 7:52AM – 10:04AM Yama 3:29AM – 5:41AM <b>Rahu</b> 2:27PM – 4:38PM	<b>Bharani</b> Until 8:31PM Sobhana Until 1:54AM Fri Catuspada Until 5:56AM Fri <b>Chaturdashi*</b> Until 5:05PM	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White	Sun 12 Sutra 39 Sarvari 5122 Moon 5 - Phase 5 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga							
Until 8:31PM							
Then Routine Work - Marana Yoga							

	<b>Friday, May 22, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Athiganda* Yoga Naga* Karana Amavasyayam Titau				Oslo, Norway	
	<b>Retreat Star</b>		Vrishabha Rasi: 1.28	Tithi 30	229244469	<b>Gulika</b> 5:39AM – 7:51AM Yama 4:39PM – 6:51PM <b>Rahu</b> 10:03AM – 12:15PM	<b>Krittika</b> Until 10:29PM Athiganda* Until 2:03AM Sat Naga Until 6:39PM <b>Amavasya*</b> Until 6:39PM	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White
Creative Work Siddha Yoga								
Until 10:29PM								
Then Routine Work - Marana Yoga								

	<b>Saturday, May 23, 2020</b>		Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Oslo, Norway	
	<b>Retreat Star</b>		Vrishabha Rasi: 13.47	Tithi 1	239244469	<b>Gulika</b> 3:26AM – 5:38AM Yama 2:28PM – 4:40PM <b>Rahu</b> 7:51AM – 10:03AM	<b>Rohini</b> Until 12:22AM Sun Sukarma Until 1:54AM Sun Kintughna Until 7:18AM <b>Prathama*</b> Until 7:49PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow
Creative Work Amrita Yoga								
Until 12:22AM Sun								
Then Creative Work - Siddha Yoga								

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>	<b>Sunday, May 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau				Oslo, Norway Sun 15
	Vrishabha Rasi: 26.16	Tithi 2	Gulika 4:41PM – 6:54PM	Mrigashira Until 1:40AM Mon	Ganesha: Green	Sunrise: 3:24AM	Sutra 42
	351244469	Rahu 6:54PM – 9:07PM	Yama 12:16PM – 2:29PM	Dhriti Until 1:25AM Mon	Muruga: Orange	Sunset: 9:07PM	Sarvari 5122
	Creative Work	Siddha Yoga		Balava Until 8:15AM	Nataraja: Clear		Moon 5 - Phase 6
			Dvitiya Until 8:33PM	Moon – Yellow		3rd Phase	
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		

<b>2</b>	<b>Monday, May 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau				Oslo, Norway Sun 16
	Mithuna Rasi: 8.58	Tithi 3	Gulika 2:29PM – 4:43PM	Ardra Until 2:23AM Tue	Ganesha: White	Sunrise: 3:22AM	Sutra 43
	339244469	Rahu 5:35AM – 7:49AM	Yama 10:02AM – 12:16PM	Shula* Until 12:34AM Tue	Muruga: Orange	Sunset: 9:09PM	Sarvari 5122
	Creative Work	Siddha Yoga		Taitila Until 8:46AM	Nataraja: Clear		Moon 5 - Phase 6
			Tritiya Until 8:49PM	Moon – Yellow		3rd Phase	
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		

<b>3</b>	<b>Tuesday, May 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau				Oslo, Norway Sun 17
	Mithuna Rasi: 21.52	Tithi 4	Gulika 12:16PM – 2:30PM	Punarvasu Until 2:57AM Wed	Ganesha: Purple	Sunrise: 3:20AM	Sutra 44
	341244469	Rahu 4:44PM – 6:57PM	Yama 7:48AM – 10:02AM	Ganda* Until 11:21PM	Muruga: Orange	Sunset: 9:11PM	Sarvari 5122
	Creative Work	Siddha Yoga		Vanija Until 8:49AM	Nataraja: Clear		Moon 5 - Phase 6
			Chaturthi* Until 8:39PM	Moon – Blue		3rd Phase	
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		

<b>4</b>	<b>Wednesday, May 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway Sun 18
	Kataka Rasi: 5.01	Tithi 5	Gulika 10:01AM – 12:16PM	Pushya Until 2:55AM Thu	Ganesha: Purple	Sunrise: 3:18AM	Sutra 45
	341244469	Rahu 12:16PM – 2:30PM	Yama 5:33AM – 7:47AM	Vriddhi Until 9:48PM	Muruga: Orange	Sunset: 9:13PM	Sarvari 5122
	Creative Work	Siddha Yoga		Bava Until 8:25AM	Nataraja: Clear		Moon 5 - Phase 6
			Panchami Until 8:01PM	Moon – Blue		3rd Phase	
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		

<b>5</b>	<b>Thursday, May 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau				Oslo, Norway Sun 19
	Kataka Rasi: 18.23	Tithi 6	Gulika 7:46AM – 10:01AM	Ashlesha* Until 2:17AM Fri	Ganesha: Purple	Sunrise: 3:17AM	Sutra 46
	341244469	Rahu 2:31PM – 4:46PM	Yama 3:17AM – 5:32AM	Dhruva Until 7:51PM	Muruga: Orange	Sunset: 9:15PM	Sarvari 5122
	Creative Work	Siddha Yoga		Kaulava Until 7:33AM	Nataraja: Clear		Moon 5 - Phase 6
			Shashthi* Until 6:56PM	Moon – Blue		3rd Phase	
				Jyeshtha-Vaikasi	Devaloka Time: 3:PM to 6:PM		

<b>6</b>	<b>Friday, May 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Vyaghata*Harshana Yoga Gara/Visti* Karana Saptami/Ashlmyam Titau				Oslo, Norway Sun 20
	Simha Rasi: 2.02	Tithi 7 – 8	Gulika 5:30AM – 7:46AM	Magha* Until 1:30AM Sat	Ganesha: Purple	Sunrise: 3:15AM	Sutra 47
	351344469	Rahu 10:01AM – 12:16PM	Yama 4:47PM – 7:02PM	Vyaghata* Until 5:33PM	Muruga: Orange	Sunset: 9:17PM	Sarvari 5122
	Routine Work	Marana Yoga		Gara Until 6:14AM	Nataraja: Clear		Moon 5 - Phase 6
			Saptami Until 5:24PM	Moon – Red		3rd Phase	
				Jyeshtha-Vaikasi	Sivaloka Day		

<b>☾</b>	<b>Saturday, May 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway Sun 21
	<b>Retreat Star</b>		Gulika 3:14AM – 5:29AM	Purvaphalguni Until 12:11AM Sun	Ganesha: Purple	Sunrise: 3:14AM	Sutra 48
	Simha Rasi: 15.57	Tithi 8 – 9	Yama 2:32PM – 4:48PM	Harshana Until 2:55PM	Muruga: Orange	Sunset: 9:19PM	Sarvari 5122
	351344469	Rahu 7:45AM – 10:01AM	Rahu 7:45AM – 10:01AM	Balava Until 2:20AM Sun	Nataraja: Clear		Moon 5 - Phase 6
Creative Work	Siddha Yoga		Ashtami* Until 3:26PM	Moon – Red		Ashtami	
				Jyeshtha-Vaikasi	Sivaloka Day		

<b>☽</b>	<b>Sunday, May 31, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashmyam Titau				Oslo, Norway Sun 22
	<b>Retreat Star</b>		Gulika 4:48PM – 7:04PM	Uttaraphalguni Until 10:21PM	Ganesha: Purple	Sunrise: 3:12AM	Sutra 49
	Kanya Rasi: 0.07	Tithi 9 – 10	Yama 12:16PM – 2:32PM	Vajra* Until 11:58AM	Muruga: Orange	Sunset: 9:21PM	Sarvari 5122
	351344469	Rahu 7:04PM – 9:21PM	Rahu 7:04PM – 9:21PM	Taitila Until 11:50PM	Nataraja: Clear		Moon 5 - Phase 6
Creative Work	Amrita Yoga		Navami* Until 1:06PM	Moon – Red		Navami	
				Jyeshtha-Vaikasi	Sivaloka Day		


The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Monday, June 1, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hasla Nakshatra Siddhi/Vyatipata Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Oslo, Norway Sun 23 Sutra 50
	Kanya Rasi: 14.31    Tithi 10 - 11 <b>Family Home Evening</b> Creative Work    Siddha Yoga Until 8:32PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 2:33PM - 4:49PM Yama 10:00AM - 12:16PM <b>Rahu</b> 5:27AM - 7:44AM	<b>Hasta</b> Until 8:32PM Siddhi Until 8:45AM Vanija Until 9:04PM <b>Dashami</b> Until 10:27AM

<b>2</b>	<b>Tuesday, June 2, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Variyan Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau	Oslo, Norway Sun 24 Sutra 51
	Kanya Rasi: 29.05    Tithi 11 - 12 <b>Creative Work</b> Siddha Yoga	<b>Gulika</b> 12:17PM - 2:33PM Yama 7:43AM - 10:00AM <b>Rahu</b> 4:50PM - 7:07PM	<b>Chitra</b> Until 6:24PM Variyan Until 1:50AM Wed Bava Until 6:07PM <b>Ekadashi</b> Until 7:35AM

<b>3</b>	<b>Wednesday, June 3, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Svati/Vishakha Nakshatra Parigha Yoga Kaulava/Taitila Karana Trayodashyam Titau	Oslo, Norway Sun 25 Sutra 52
	Tula Rasi: 13.45    Tithi 13 <b>Creative Work</b> Siddha Yoga	<b>Gulika</b> 10:00AM - 12:17PM Yama 5:25AM - 7:42AM <b>Rahu</b> 12:17PM - 2:34PM	<b>Svati</b> Until 4:04PM Parigha* Until 10:18PM Kaulava Until 3:06PM <b>Trayodashi</b> Until 1:36AM Thu <i>Pradosha Vrata</i>

<b>4</b>	<b>Thursday, June 4, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau	Oslo, Norway Sun 26 Sutra 53
	Tula Rasi: 28.25    Tithi 14 <b>Creative Work</b> Siddha Yoga	<b>Gulika</b> 7:42AM - 9:59AM Yama 3:07AM - 5:24AM <b>Rahu</b> 2:34PM - 4:52PM	<b>Vishakha</b> Until 2:05PM Shiva Until 6:54PM Gara Until 12:10PM <b>Chaturdashi*</b> Until 10:45PM

	<b>Friday, June 5, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Purnimayam Titau	Oslo, Norway Sun 27 Sutra 54
	<b>Copper Retreat Star</b> Vrischika Rasi: 12.56    Tithi 15 <b>Creative Work</b> Siddha Yoga Until 12:11PM Then Routine Work - Marana Yoga	<b>Gulika</b> 5:24AM - 7:41AM Yama 4:53PM - 7:11PM <b>Rahu</b> 9:59AM - 12:17PM	<b>Anuradha</b> Until 12:11PM Siddha Until 3:40PM Visti Until 9:26AM <b>Purnima*</b> Until 8:11PM

<b>5</b>	<b>Saturday, June 6, 2020</b>	Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam Jyeshtha/Mula Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Oslo, Norway Sun 28 Sutra 55
	<b>Silver Retreat Star</b> Vrischika Rasi: 27.15    Tithi 16 <b>Creative Work</b> Siddha Yoga	<b>Gulika</b> 3:05AM - 5:23AM Yama 2:35PM - 4:53PM <b>Rahu</b> 7:41AM - 9:59AM	<b>Jyeshtha*</b> Until 10:31AM Sadhya Until 12:46PM Balava Until 7:03AM <b>Prathama*</b> Until 6:01PM



**Sunday, June 7, 2020**  
**Gold Retreat Star**

Dhanus Rasi: 11.14 Tithi 17 – 18  
382344461  
Creative Work Amrita Yoga  
Until 9:37AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Dvitya/Tritiyayam Titau  
**Gulika** 4:54PM – 7:13PM  
**Yama** 12:17PM – 2:36PM  
**Rahu** 7:13PM – 9:31PM

**Mula\* Until 9:37AM**  
Subha Until 10:18AM  
Vanija Until 3:51AM Mon  
**Dvitiya Until 4:24PM**

**Ganesha:** Blue *Sunrise: 3:04AM*  
**Muruqa:** Orange *Sunset: 9:31PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Oslo, Norway  
Sun 1 Sutra 56  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**1**

**Monday, June 8, 2020**

Dhanus Rasi: 24.52 Tithi 18 – 19  
382344461  
Family Home Evening  
Routine Work Marana Yoga

Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla/Brahma Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau  
**Gulika** 2:36PM – 4:55PM  
**Yama** 9:59AM – 12:18PM  
**Rahu** 5:22AM – 7:40AM

**Purvashadha\* Until 9:13AM**  
Sukla Until 8:19AM  
Bava Until 3:14AM Tue  
**Tritiya Until 3:26PM**

**Ganesha:** Blue *Sunrise: 3:03AM*  
**Muruqa:** Orange *Sunset: 9:32PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Oslo, Norway  
Sun 2 Sutra 57  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**2**

**Tuesday, June 9, 2020**

Makara Rasi: 8.05 Tithi 19 – 20  
382344461  
Routine Work Prabalarishta Yoga  
Until 9:20AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha\*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau  
**Gulika** 12:18PM – 2:37PM  
**Yama** 7:40AM – 9:59AM  
**Rahu** 4:56PM – 7:14PM

**Uttarashadha Until 9:20AM**  
Brahma Until 6:55AM  
Kaulava Until 3:20AM Wed  
**Chaturthi\* Until 3:11PM**

**Ganesha:** Blue *Sunrise: 3:02AM*  
**Muruqa:** Orange *Sunset: 9:33PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Oslo, Norway  
Sun 3 Sutra 58  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**3**

**Wednesday, June 10, 2020**

Makara Rasi: 20.57 Tithi 20 – 21  
392344461  
Creative Work Siddha Yoga  
Until 10:29AM  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana\*/Dhanishtha Nakshatra Indra/Vaidhril\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau  
**Gulika** 9:59AM – 12:18PM  
**Yama** 5:21AM – 7:40AM  
**Rahu** 12:18PM – 2:37PM

**Shravana Until 10:29AM**  
Indra Until 6:06AM  
Gara Until 4:09AM Thu  
**Panchami Until 3:39PM**

**Ganesha:** Red *Sunrise: 3:01AM*  
**Muruqa:** Orange *Sunset: 9:34PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Devaloka Day**

Oslo, Norway  
Sun 4 Sutra 59  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**4**

**Thursday, June 11, 2020**

Kumbha Rasi: 3.29 Tithi 21 – 22  
392344461  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha\*/Shatabhishak Nakshatra Vishkambha\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau  
**Gulika** 7:39AM – 9:59AM  
**Yama** 3:01AM – 5:20AM  
**Rahu** 2:37PM – 4:57PM

**Dhanishtha Until 12:09PM**  
Vishkambha\* Until 6:00AM Fri  
Visti Until 5:35AM Fri  
**Shashthi\* Until 4:47PM**

**Ganesha:** Red *Sunrise: 3:01AM*  
**Muruqa:** Orange *Sunset: 9:36PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Devaloka Day**

Oslo, Norway  
Sun 5 Sutra 60  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**5**

**Friday, June 12, 2020**

Kumbha Rasi: 15.46 Tithi 22  
392344461  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak\*/Purvaproshtapada\* Nakshatra Vishkambha\*/Priti Yoga Bava Karana Saptamyam Titau  
**Gulika** 5:20AM – 7:39AM  
**Yama** 4:57PM – 7:17PM  
**Rahu** 9:59AM – 12:18PM

**Shatabhishak Until 2:12PM**  
Vishkambha\* Until 6:00AM  
Bava Until 6:28PM  
**Saptami Until 6:28PM**

**Ganesha:** Red *Sunrise: 3:00AM*  
**Muruqa:** Orange *Sunset: 9:36PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Devaloka Day**

Oslo, Norway  
Sun 6 Sutra 61  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**D**

**Saturday, June 13, 2020**  
**Retreat Star**

Kumbha Rasi: 27.5 Tithi 23  
312344461  
Routine Work Marana Yoga  
Until 4:59PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau  
**Gulika** 3:00AM – 5:19AM  
**Yama** 2:38PM – 4:58PM  
**Rahu** 7:39AM – 9:59AM

**Purvaproshtapada\* Until 4:59PM**  
Priti Until 6:34AM  
Balava Until 7:29AM  
**Ashtami\* Until 8:32PM**

**Ganesha:** Clear *Sunrise: 3:00AM*  
**Muruqa:** Orange *Sunset: 9:37PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Vaikasi**

**Devaloka Day**

Oslo, Norway  
Sun 7 Sutra 62  
Sarvari 5122  
Moon 6 - Phase 8  
Ashtami

**Sunday, June 14, 2020**

**Retreat Star**

Meena Rasi: 9.47 Tithi 24  
312344461  
Creative Work Amrita Yoga

Sarvari Nama Samvatsare Uтарыне Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau  
**Gulika** 4:58PM – 7:18PM  
**Yama** 12:19PM – 2:39PM  
**Rahu** 7:18PM – 9:38PM

**Uttaraproshtapada Until 7:50PM**  
Ayushman Until 7:20AM  
Taitila Until 9:41AM  
**Navami\* Until 10:49PM**

**Ganesha:** Clear *Sunrise: 2:59AM*  
**Muruqa:** Orange *Sunset: 9:38PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Oslo, Norway  
Sun 8 Sutra 63  
Sarvari 5122  
Moon 6 - Phase 8  
Navami

<b>Monday, June 15, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dasharyam Titau				Oslo, Norway Sun 9 Sutra 64
<b>1</b>		<b>Gulika</b> 2:39PM – 4:59PM	<b>Revati Until 10:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 2:59AM	Sarvari 5122
Meena Rasi: 21.41	Tithi 25	Yama 9:59AM – 12:19PM	Saubhagya Until 8:14AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:39PM	Moon 6 - Phase 9
<b>Family Home Evening</b>	312344461	<b>Rahu</b> 5:19AM – 7:39AM	Vanija Until 12:00PM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami Until 1:08AM Tue</b>	Moon – Clear		<b>Devaloka Day</b>
				<b>Jyeshtha-Ani</b>		

<b>Tuesday, June 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau				Oslo, Norway Sun 10 Sutra 65
<b>2</b>		<b>Gulika</b> 12:19PM – 2:39PM	<b>Ashvini Until 1:29AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:59AM	Sarvari 5122
Mesha Rasi: 4	Tithi 26	Yama 7:39AM – 9:59AM	Sobhana Until 9:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:39PM	Moon 6 - Phase 9
	322344461	<b>Rahu</b> 4:59PM – 7:19PM	Bava Until 2:15PM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi* Until 3:17AM Wed</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM

<b>Wednesday, June 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau				Oslo, Norway Sun 11 Sutra 66
<b>3</b>		<b>Gulika</b> 9:59AM – 12:19PM	<b>Bharani Until 3:57AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:59AM	Sarvari 5122
Mesha Rasi: 15.35	Tithi 27	Yama 5:19AM – 7:39AM	Athiganda* Until 9:48AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:40PM	Moon 6 - Phase 9
	322344461	<b>Rahu</b> 12:19PM – 2:39PM	Kaulava Until 4:16PM	<b>Nataraja:</b> Yellow		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi* Until 5:07AM Thu</b>	Moon – White		<b>Bhuloka Day</b>
Until 3:57AM Thu				<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM
Then Routine Work - Marana Yoga						

<b>Thursday, June 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Trayodashyam Titau				Oslo, Norway Sun 12 Sutra 67
<b>4</b>		<b>Gulika</b> 7:39AM – 9:59AM	<b>Krittika Until 5:50AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:59AM	Sarvari 5122
Mesha Rasi: 27.42	Tithi 28	Yama 2:59AM – 5:19AM	Sukarma Until 10:15AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:40PM	Moon 6 - Phase 9
	322344461	<b>Rahu</b> 2:40PM – 5:00PM	Gara Until 5:54PM	<b>Nataraja:</b> Yellow		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 6:32AM Fri</b>	Moon – White		<b>Bhuloka Day</b>
				<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM
						<i>Pradosha Vrata (Fasting)</i>

<b>Friday, June 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 13 Sutra 68
<b>5</b>		<b>Gulika</b> 5:19AM – 7:39AM	<b>Rohini Until 7:33AM Sat</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 2:59AM	Sarvari 5122
Vrishabha Rasi: 9.59	Tithi 28 – 29	Yama 5:00PM – 7:20PM	Dhriti Until 10:21AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:41PM	Moon 6 - Phase 9
	323344461	<b>Rahu</b> 9:59AM – 12:20PM	Visti Until 7:03PM	<b>Nataraja:</b> Yellow		2nd Phase
Routine Work	Marana Yoga		<b>Trayodashi* Until 6:32AM</b>	Moon – White		<b>Bhuloka Day</b>
Until 7:33AM Sat				<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Saturday, June 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdash/Amavasyayam Titau				Oslo, Norway Sun 14 Sutra 69
<b>Retreat Star</b>		<b>Gulika</b> 2:59AM – 5:19AM	<b>Rohini Until 7:33AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:59AM	Sarvari 5122
Vrishabha Rasi: 22.31	Tithi 29 – 30	Yama 2:40PM – 5:00PM	Shula* Until 10:01AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:41PM	Moon 6 - Phase 9
	333344461	<b>Rahu</b> 7:39AM – 10:00AM	Catuspada Until 7:40PM	<b>Nataraja:</b> Yellow		Amavasya
Creative Work	Amrita Yoga		<b>Chaturdash* Until 7:25AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Until 7:33AM				<b>Jyeshtha-Ani</b>		Devaloka Time: 3:PM to 6:PM
Then Creative Work - Siddha Yoga						

<b>Sunday, June 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Oslo, Norway Sun 15 Sutra 70
<b>Retreat Star</b>		<b>Gulika</b> 5:01PM – 7:21PM	<b>Mrigashira Until 8:33AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 2:59AM	Sarvari 5122
Mithuna Rasi: 5.17	Tithi 30 – 1	Yama 12:20PM – 2:40PM	Ganda* Until 9:15AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:41PM	Moon 6 - Phase 9
	333344461	<b>Rahu</b> 7:21PM – 9:41PM	Kintughna Until 7:43PM	<b>Nataraja:</b> Yellow		Prathama
Creative Work	Siddha Yoga		<b>Amavasya* Until 7:45AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
				<b>Ashada-Ani</b>		Devaloka Time: 3:PM to 6:PM
		<b>Father's Day</b>				
		<b>Annular Solar Eclipse</b>				

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

www.gurudeva.org/panchang

<b>Monday, June 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Oslo, Norway Sun 16 Sutra 71
<b>1</b>	Mithuna Rasi: 18.19 Tithi 1 – 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 8:53AM Then Creative Work - Amrita Yoga	333344461	<b>Gulika</b> 2:40PM – 5:01PM Yama 10:00AM – 12:20PM <b>Rahu</b> 5:20AM – 7:40AM	<b>Ardra Until 8:53AM</b> Vriddhi Until 8:05AM Balava Until 7:16PM <b>Prathama* Until 7:32AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Yellow <b>Ashada*Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, June 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Oslo, Norway Sun 17 Sutra 72
<b>2</b>	Kataka Rasi: 1.37 Tithi 2 – 3 Creative Work Siddha Yoga	343444461	<b>Gulika</b> 12:20PM – 2:41PM Yama 7:40AM – 10:00AM <b>Rahu</b> 5:01PM – 7:21PM	<b>Punarvasu Until 9:02AM</b> Dhruva Until 6:30AM Taitila Until 6:21PM <b>Dvitiya Until 6:50AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, June 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Harshana Yoga Vanija/Visti* Karana Chaturthyam Titau				Oslo, Norway Sun 18 Sutra 73
<b>3</b>	Kataka Rasi: 15.1 Tithi 4 Creative Work Siddha Yoga	343444461	<b>Gulika</b> 10:01AM – 12:21PM Yama 5:20AM – 7:40AM <b>Rahu</b> 12:21PM – 2:41PM	<b>Pushya Until 8:37AM</b> Harshana Until 2:24AM Thu Vanija Until 5:02PM <b>Chaturthi* Until 4:15AM Thu</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Thursday, June 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway Sun 19 Sutra 74
<b>4</b>	Kataka Rasi: 28.55 Tithi 5 Creative Work Siddha Yoga Until 7:44AM Then Creative Work - Amrita Yoga	343444461	<b>Gulika</b> 7:41AM – 10:01AM Yama 3:01AM – 5:21AM <b>Rahu</b> 2:41PM – 5:01PM	<b>Ashlesha* Until 7:44AM</b> Vajra* Until 11:57PM Bava Until 3:25PM <b>Panchami Until 2:29AM Fri</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada*Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Friday, June 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Oslo, Norway Sun 20 Sutra 75
<b>5</b>	Simha Rasi: 12.49 Tithi 6 Routine Work Marana Yoga Until 6:51AM Then Creative Work - Siddha Yoga	353444461	<b>Gulika</b> 5:21AM – 7:41AM Yama 5:01PM – 7:21PM <b>Rahu</b> 10:01AM – 12:21PM	<b>Magha* Until 6:51AM</b> Siddhi Until 9:20PM Kaulava Until 1:33PM <b>Shashthi* Until 12:31AM Sat</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Red <b>Ashada*Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Devaloka Day</b>

<b>Saturday, June 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Oslo, Norway Sun 21 Sutra 76
<b>6</b>	Simha Rasi: 26.52 Tithi 7 Routine Work Marana Yoga Until 4:06AM Sun Then Creative Work - Amrita Yoga	353444461	<b>Gulika</b> 3:02AM – 5:22AM Yama 2:41PM – 5:01PM <b>Rahu</b> 7:42AM – 10:01AM	<b>Uttaraphalguni Until 4:06AM Sun</b> Vyatipata* Until 6:35PM Gara Until 11:29AM <b>Saptami Until 10:22PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Red <b>Ashada*Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Devaloka Day</b>

<b>Sunday, June 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Hashta Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Oslo, Norway Sun 22 Sutra 77
<b>Retreat Star</b>	Kanya Rasi: 11.02 Tithi 8 Creative Work Amrita Yoga Until 2:44AM Mon Then Routine Work - Prabalarishta Yoga	363444461	<b>Gulika</b> 5:01PM – 7:20PM Yama 12:21PM – 2:41PM <b>Rahu</b> 7:20PM – 9:40PM	<b>Hashta Until 2:44AM Mon</b> Variyan Until 3:41PM Visti Until 9:16AM <b>Ashtami* Until 8:06PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Green <b>Ashada*Ani</b>	Sarvari 5122 Moon 6 - Phase 10 Ashtami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>Monday, June 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Taitila Karana Navami/Dashamyam Titau				Oslo, Norway Sun 23 Sutra 78
<b>Retreat Star</b>	Kanya Rasi: 25.16 Tithi 9 – 10 <b>Family Home Evening</b> Routine Work Prabalarishta Yoga Until 1:10AM Tue Then Creative Work - Siddha Yoga	363444461	<b>Gulika</b> 2:41PM – 5:00PM Yama 10:02AM – 12:22PM <b>Rahu</b> 5:23AM – 7:43AM	<b>Chitra Until 1:10AM Tue</b> Parigha* Until 12:45PM Balava Until 6:57AM <b>Navami* Until 5:45PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Green <b>Ashada*Ani</b>	Sarvari 5122 Moon 6 - Phase 10 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM


<b>1</b>	<b>Tuesday, June 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
			Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Sun 24
	Tula Rasi: 9.32	Tithi 10 – 11	<b>Gulika</b> 12:22PM – 2:41PM	<b>Svati Until 11:27PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:05AM	Sarvari 5122
			Yama 7:43AM – 10:03AM	Shiva Until 9:46AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:39PM	Moon 6 - Phase 11
		363444461 <b>Rahu</b> 5:00PM – 7:19PM	Vanija Until 2:13AM Wed	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Dashami Until 3:23PM</b>	Moon – Green			
				<b>Ashada*Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Wednesday, July 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
			Vishakha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Sun 25
	Tula Rasi: 23.47	Tithi 11 – 12	<b>Gulika</b> 10:03AM – 12:22PM	<b>Vishakha Until 10:05PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:06AM	Sarvari 5122
			Yama 5:25AM – 7:44AM	Siddha Until 6:48AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:39PM	Moon 6 - Phase 11
		373444461 <b>Rahu</b> 12:22PM – 2:41PM	Bava Until 11:55PM	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Ekadashi Until 1:02PM</b>	Moon – Orange			
				<b>Ashada*Ani</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Thursday, July 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
			Anuradha Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26
	Vrischika Rasi: 8	Tithi 12 – 13	<b>Gulika</b> 7:45AM – 10:03AM	<b>Anuradha Until 8:43PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 3:07AM	Sarvari 5122
			Yama 3:07AM – 5:26AM	Subha Until 1:09AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:37PM	Moon 6 - Phase 11
		373444461 <b>Rahu</b> 2:41PM – 5:00PM	Kaulava Until 9:47PM	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Dvadashi Until 10:48AM</b>	Moon – Orange			
				<b>Ashada*Ani</b>		<b>Devaloka Day</b>	
						<i>Pradosha Vrata</i>	

<b>4</b>	<b>Friday, July 3, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
			Jyeshtha* Nakshatra Sukla Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27
	Vrischika Rasi: 22.05	Tithi 13 – 14	<b>Gulika</b> 5:27AM – 7:45AM	<b>Jyeshtha* Until 7:27PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 3:08AM	Sarvari 5122
			Yama 4:59PM – 7:18PM	Sukla Until 10:36PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:36PM	Moon 6 - Phase 11
		374444461 <b>Rahu</b> 10:04AM – 12:22PM	Gara Until 7:52PM	<b>Nataraja:</b> Yellow		4th Phase	
			<b>Trayodashi Until 8:46AM</b>	Moon – Orange			
				<b>Ashada*Ani</b>		<b>Devaloka Day</b>	

	<b>Saturday, July 4, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
			Mula* Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Sutra 83
	Dhanus Rasi: 6	Tithi 14 – 15	<b>Gulika</b> 3:09AM – 5:28AM	<b>Mula* Until 6:48PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:09AM	Sarvari 5122
			Yama 2:41PM – 4:59PM	Brahma Until 8:20PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:35PM	Moon 6 - Phase 11
		384444461 <b>Rahu</b> 7:46AM – 10:04AM	Visti Until 6:19PM	<b>Nataraja:</b> Yellow		Purnima	
			<b>Chaturdashi* Until 7:02AM</b>	Moon – Light Blue			
				<b>Ashada*Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

	<b>Sunday, July 5, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
			Purvashadha* Nakshatra Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 84
	Dhanus Rasi: 19.4	Tithi 16	<b>Gulika</b> 4:58PM – 7:16PM	<b>Purvashadha* Until 6:27PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 3:11AM	Sarvari 5122
			Yama 12:23PM – 2:41PM	Indra Until 6:28PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:34PM	Moon 6 - Phase 11
		384444461 <b>Rahu</b> 7:16PM – 9:34PM	Balava Until 5:12PM	<b>Nataraja:</b> Yellow		Prathama	
			<b>Prathama* Until 4:49AM Mon</b>	Moon – Light Blue			
				<b>Ashada*Ani</b>		<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





**Monday, July 6, 2020**  
**Gold Retreat Star**

Makara Rasi: 3.04 Tithi 17  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 6:29PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\*/Vishkambha\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 2:40PM – 4:58PM  
**Yama** 10:05AM – 12:23PM  
**Rahu** 5:30AM – 7:47AM

**Uttarashadha Until 6:29PM**  
Vaidhriti\* Until 5:00PM  
Taitila Until 4:37PM  
**Dvitiya Until 4:31AM Tue**

**Ganesha:** Red *Sunrise: 3:12AM*  
**Muruqa:** Orange *Sunset: 9:33PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Ashada•Ani**

Oslo, Norway  
Sutra 85  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day**

**1**

**Tuesday, July 7, 2020**

Makara Rasi: 16.08 Tithi 18  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Vishkambha\*/Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 12:23PM – 2:40PM  
**Yama** 7:48AM – 10:06AM  
**Rahu** 4:58PM – 7:15PM

**Shravana Until 7:24PM**  
Vishkambha\* Until 4:00PM  
Vanija Until 4:37PM  
**Tritiya Until 4:50AM Wed**

**Ganesha:** Blue *Sunrise: 3:14AM*  
**Muruqa:** Orange *Sunset: 9:32PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada•Ani**

Oslo, Norway  
Sun 1  
Sutra 86  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Wednesday, July 8, 2020**

Makara Rasi: 28.56 Tithi 19  
Routine Work Prabalarishta Yoga  
Until 8:46PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika** 10:06AM – 12:23PM  
**Yama** 5:32AM – 7:49AM  
**Rahu** 12:23PM – 2:40PM

**Dhanishtha Until 8:46PM**  
Priti Until 3:31PM  
Bava Until 5:14PM  
**Chaturthi\* Until 5:44AM Thu**

**Ganesha:** Blue *Sunrise: 3:15AM*  
**Muruqa:** Orange *Sunset: 9:31PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada•Ani**

Oslo, Norway  
Sun 2  
Sutra 87  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, July 9, 2020**

Kumbha Rasi: 11.26 Tithi 20  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Kaulava Karana Panchamyam Titau

**Gulika** 7:50AM – 10:06AM  
**Yama** 3:17AM – 5:33AM  
**Rahu** 2:40PM – 4:56PM

**Shatabhishak Until 10:31PM**  
Ayushman Until 3:27PM  
Kaulava Until 6:26PM  
**Panchami Until 7:12AM Fri**

**Ganesha:** Blue *Sunrise: 3:17AM*  
**Muruqa:** Orange *Sunset: 9:30PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada•Ani**

Oslo, Norway  
Sun 3  
Sutra 88  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Friday, July 10, 2020**

Kumbha Rasi: 23.43 Tithi 20 – 21  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 5:34AM – 7:51AM  
**Yama** 4:56PM – 7:12PM  
**Rahu** 10:07AM – 12:23PM

**Purvaproshtapada\* Until 1:04AM Sat**  
Saubhagya Until 3:47PM  
Gara Until 8:07PM  
**Panchami Until 7:12AM**

**Ganesha:** Green *Sunrise: 3:18AM*  
**Muruqa:** Orange *Sunset: 9:28PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada•Ani**

Oslo, Norway  
Sun 4  
Sutra 89  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, July 11, 2020**

Meena Rasi: 5.47 Tithi 21 – 22  
Creative Work Siddha Yoga  
Until 3:47AM Sun  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mania Vasara Yuktayam  
Uttaraproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

**Gulika** 3:20AM – 5:36AM  
**Yama** 2:39PM – 4:55PM  
**Rahu** 7:52AM – 10:07AM

**Uttaraproshtapada Until 3:47AM Sun**  
Sobhana Until 4:28PM  
Visti Until 10:11PM  
**Shashthi\* Until 9:06AM**

**Ganesha:** Green *Sunrise: 3:20AM*  
**Muruqa:** Orange *Sunset: 9:27PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada•Ani**

Oslo, Norway  
Sun 5  
Sutra 90  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Sunday, July 12, 2020**  
**Retreat Star**

Meena Rasi: 17.46 Tithi 22 – 23  
Creative Work Amrita Yoga  
Until 6:29AM Mon  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Athiganda\*/Sukarma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 4:54PM – 7:10PM  
**Yama** 12:23PM – 2:39PM  
**Rahu** 7:10PM – 9:25PM

**Revati Until 6:29AM Mon**  
Athiganda\* Until 5:17PM  
Balava Until 12:28AM Mon  
**Saptami Until 11:17AM**

**Ganesha:** Green *Sunrise: 3:22AM*  
**Muruqa:** Orange *Sunset: 9:25PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada•Ani**

Oslo, Norway  
Sun 6  
Sutra 91  
Sarvari 5122  
Moon 7 - Phase 12  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Monday, July 13, 2020**

**Retreat Star**

Meena Rasi: 29.4 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 2:39PM – 4:54PM  
**Yama** 10:09AM – 12:24PM  
**Rahu** 5:38AM – 7:53AM

**Revati Until 6:29AM**  
Sukarma Until 6:11PM  
Taitila Until 2:45AM Tue  
**Ashtami\* Until 1:36PM**

**Ganesha:** Green *Sunrise: 3:23AM*  
**Muruqa:** Orange *Sunset: 9:24PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada•Ani**

Oslo, Norway  
Sun 7  
Sutra 92  
Sarvari 5122  
Moon 7 - Phase 12  
Navami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, July 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau			Oslo, Norway Sun 8 Sutra 93
Mesha Rasi: 11.35	Tithi 24 – 25	<b>Gulika</b> 12:24PM – 2:38PM	<b>Ashvini</b> Until 9:30AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 3:25AM		Sarvari 5122
		Yama 7:54AM – 10:09AM	Dhriti Until 7:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 9:22PM		Moon 7 - Phase 13
		425444461 <b>Rahu</b> 4:53PM – 7:08PM	Vanija Until 4:51AM Wed	<b>Nataraja:</b> Yellow			2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 3:49PM	Moon – White		<b>Devaloka Day</b>	
				<b>Ashada-Ani</b>			

<b>2</b>		<b>Wednesday, July 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Oslo, Norway Sun 9 Sutra 94
Mesha Rasi: 23.34	Tithi 25 – 26	<b>Gulika</b> 10:10AM – 12:24PM	<b>Bharani</b> Until 12:07PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:27AM		Sarvari 5122
		Yama 5:41AM – 7:55AM	Shula* Until 7:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:20PM		Moon 7 - Phase 13
		425454461 <b>Rahu</b> 12:24PM – 2:38PM	Bava Until 6:34AM Thu	<b>Nataraja:</b> Yellow			2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:45PM	Moon – White		<b>Devaloka Day</b>	
Until 12:07PM				<b>Ashada-Ani</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Thursday, July 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau			Oslo, Norway Sun 10 Sutra 95
Vrisabha Rasi: 5.44	Tithi 26	<b>Gulika</b> 7:56AM – 10:10AM	<b>Krittika</b> Until 2:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:29AM		Sarvari 5122
		Yama 3:29AM – 5:43AM	Ganda* Until 7:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:19PM		Moon 7 - Phase 13
		425454461 <b>Rahu</b> 2:38PM – 4:51PM	Bava Until 6:34AM	<b>Nataraja:</b> Yellow			2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 7:13PM	Moon – White		<b>Devaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>4</b>		<b>Friday, July 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau			Oslo, Norway Sun 11 Sutra 96
Vrisabha Rasi: 18.07	Tithi 27	<b>Gulika</b> 5:44AM – 7:57AM	<b>Rohini</b> Until 3:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:31AM		Sarvari 5122
		Yama 4:50PM – 7:04PM	Vriddhi Until 7:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:17PM		Moon 7 - Phase 13
		435454462 <b>Rahu</b> 10:11AM – 12:24PM	Kaulava Until 7:44AM	<b>Nataraja:</b> White			2nd Phase
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 8:04PM	Moon – Yellow		<b>Devaloka Day</b>	
Until 3:56PM				<b>Ashada-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>5</b>		<b>Saturday, July 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau			Oslo, Norway Sun 12 Sutra 97
Mithuna Rasi: 0.47	Tithi 28	<b>Gulika</b> 3:33AM – 5:46AM	<b>Mrigashira</b> Until 4:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:33AM		Sarvari 5122
		Yama 2:37PM – 4:50PM	Dhruva Until 6:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:15PM		Moon 7 - Phase 13
		435454462 <b>Rahu</b> 7:58AM – 10:11AM	Gara Until 8:15AM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:14PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Ashada-Adi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>6</b>		<b>Sunday, July 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyaghata*/Harshana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Oslo, Norway Sun 13 Sutra 98
Mithuna Rasi: 13.48	Tithi 29	<b>Gulika</b> 4:49PM – 7:01PM	<b>Ardra</b> Until 5:02PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 3:35AM		Sarvari 5122
		Yama 12:24PM – 2:36PM	Vyaghata* Until 5:14PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:13PM		Moon 7 - Phase 13
		435554462 <b>Rahu</b> 7:01PM – 9:13PM	Visti Until 8:04AM	<b>Nataraja:</b> White			2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 7:43PM	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Ashada-Adi</b>			

<b>Monday, July 20, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Oslo, Norway Sun 14 Sutra 99
Mithuna Rasi: 27.1	Tithi 30	<b>Gulika</b> 2:36PM – 4:48PM	<b>Punarvasu</b> Until 4:51PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:37AM		Sarvari 5122
<b>Family Home Evening</b>		Yama 10:12AM – 12:24PM	Harshana Until 3:22PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:11PM		Moon 7 - Phase 13
		445554462 <b>Rahu</b> 5:49AM – 8:00AM	Catuspada Until 7:14AM	<b>Nataraja:</b> White			Amavasya
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 6:35PM	Moon – Blue		<b>Devaloka Day</b>	
Until 4:51PM				<b>Ashada-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>Tuesday, July 21, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vajra*/Siddhi Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau			Oslo, Norway Sun 15 Sutra 100
Kataka Rasi: 10.52	Tithi 1 – 2	<b>Gulika</b> 12:24PM – 2:35PM	<b>Pushya</b> Until 4:00PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:39AM		Sarvari 5122
		Yama 8:02AM – 10:13AM	Vajra* Until 1:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:09PM		Moon 7 - Phase 13
		445554462 <b>Rahu</b> 4:47PM – 6:58PM	Balava Until 3:57AM Wed	<b>Nataraja:</b> White			Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:55PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>1</b>	<b>Wednesday, July 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha*/Magha* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Oslo, Norway
	Kataka Rasi: 24.51	Tithi 2 – 3	<b>Gulika</b> 10:13AM – 12:24PM	<b>Ashlesha* Until 2:35PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:41AM	Sun 16 Sutra 101
			Yama 5:52AM – 8:03AM	Siddhi Until 10:23AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:07PM	Sarvari 5122
	Creative Work	Siddha Yoga	445554462 <b>Rahu</b> 12:24PM – 2:35PM	Taitila Until 1:44AM Thu	<b>Nataraja:</b> White		Moon 7 - Phase 14 3rd Phase
			<b>Dvitiya Until 2:51PM</b>	<b>Moon – Blue</b>		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>2</b>	<b>Thursday, July 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Oslo, Norway
	Simha Rasi: 9.02	Tithi 3 – 4	<b>Gulika</b> 8:04AM – 10:14AM	<b>Magha* Until 1:11PM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 3:43AM	Sun 17 Sutra 102
			Yama 3:43AM – 5:53AM	Vyatipata* Until 7:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:05PM	Sarvari 5122
	Creative Work	Amrita Yoga	455554462 <b>Rahu</b> 2:34PM – 4:45PM	Vanija Until 11:18PM	<b>Nataraja:</b> White		Moon 7 - Phase 14 3rd Phase
			<b>Tritiya Until 12:31PM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>3</b>	<b>Friday, July 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Vistil*/Bava Karana Chaturthi/Panchamyam Titau				Oslo, Norway
	Simha Rasi: 23.22	Tithi 4 – 5	<b>Gulika</b> 5:55AM – 8:05AM	<b>Purvaphalguni Until 11:29AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 3:45AM	Sun 18 Sutra 103
			Yama 4:44PM – 6:53PM	Parigha* Until 1:18AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:03PM	Sarvari 5122
	Creative Work	Siddha Yoga	455554462 <b>Rahu</b> 10:14AM – 12:24PM	Bava Until 8:47PM	<b>Nataraja:</b> White		Moon 7 - Phase 14 3rd Phase
			<b>Chaturthi* Until 10:02AM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>	
			<b>Nag Panchami</b>	<b>Sravana-Adi</b>			

<b>4</b>	<b>Saturday, July 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Oslo, Norway
	Kanya Rasi: 7.44	Tithi 5 – 6	<b>Gulika</b> 3:48AM – 5:57AM	<b>Uttaraphalguni Until 9:37AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 3:48AM	Sun 19 Sutra 104
			Yama 2:33PM – 4:42PM	Shiva Until 10:13PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 9:01PM	Sarvari 5122
	Routine Work	Marana Yoga	456554462 <b>Rahu</b> 8:06AM – 10:15AM	Kaulava Until 6:16PM	<b>Nataraja:</b> White		Moon 7 - Phase 14 3rd Phase
			<b>Panchami Until 7:30AM</b>	<b>Moon – Red</b>		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>5</b>	<b>Sunday, July 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Gara/Vanija Karana Saptamyam Titau				Oslo, Norway
	Kanya Rasi: 22.05	Tithi 7	<b>Gulika</b> 4:41PM – 6:50PM	<b>Hasta Until 8:05AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:50AM	Sun 20 Sutra 105
			Yama 12:24PM – 2:33PM	Siddha Until 7:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:59PM	Sarvari 5122
	Creative Work	Amrita Yoga	466554462 <b>Rahu</b> 6:50PM – 8:59PM	Gara Until 3:51PM	<b>Nataraja:</b> White		Moon 7 - Phase 14 3rd Phase
			<b>Saptami Until 2:40AM Mon</b>	<b>Moon – Green</b>		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Monday, July 27, 2020</b>	<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sadhya/Subha Yoga Vistil*/Bava Karana Ashtamyam Titau				Oslo, Norway
	Tula Rasi: 6.2	Tithi 8	<b>Gulika</b> 2:32PM – 4:40PM	<b>Chitra Until 6:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 3:52AM	Sun 21 Sutra 106
	<b>Family Home Evening</b>		Yama 10:16AM – 12:24PM	Sadhya Until 4:18PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:56PM	Sarvari 5122
	Routine Work	Prabalarishta Yoga	466554462 <b>Rahu</b> 6:00AM – 8:08AM	Vistil Until 1:34PM	<b>Nataraja:</b> White		Moon 7 - Phase 14 Ashtami
			<b>Ashtami* Until 12:29AM Tue</b>	<b>Moon – Green</b>		<b>Sivaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>Tuesday, July 28, 2020</b>	<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Oslo, Norway
	Tula Rasi: 20.28	Tithi 9	<b>Gulika</b> 12:24PM – 2:32PM	<b>Vishakha Until 4:04AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 3:54AM	Sun 22 Sutra 107
			Yama 8:09AM – 10:17AM	Subha Until 1:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 8:54PM	Sarvari 5122
	Routine Work	Marana Yoga	476554462 <b>Rahu</b> 4:39PM – 6:46PM	Balava Until 11:30AM	<b>Nataraja:</b> White		Moon 7 - Phase 14 Navami
			<b>Navami* Until 10:32PM</b>	<b>Moon – Orange</b>		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

<b>1</b>	<b>Wednesday, July 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau				Oslo, Norway Sun 23 Sutra 108
	Vrischika Rasi: 4.26 Tithi 10 476554462	<b>Gulika</b> 10:17AM – 12:24PM Yama 6:03AM – 8:10AM <b>Rahu</b> 12:24PM – 2:31PM	<b>Anuradha</b> Until 3:11AM Thu Sukla Until 11:04AM Taitila Until 9:39AM Dashami Until 8:48PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Orange	<i>Sunrise:</i> 3:56AM <i>Sunset:</i> 8:52PM	Sarvari 5122 Moon 7 - Phase 15 4th Phase	<b>Devaloka Day</b>
	Creative Work Siddha Yoga Until 3:11AM Thu Then Routine Work - Prabalarishta Yoga						

<b>2</b>	<b>Thursday, July 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadashyam Titau				Oslo, Norway Sun 24 Sutra 109
	Vrischika Rasi: 18.16 Tithi 11 476554462	<b>Gulika</b> 8:11AM – 10:18AM Yama 3:59AM – 6:05AM <b>Rahu</b> 2:30PM – 4:37PM	<b>Jyeshtha*</b> Until 2:26AM Fri Brahma Until 8:45AM Vanija Until 8:04AM Ekadashi Until 7:21PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Orange	<i>Sunrise:</i> 3:59AM <i>Sunset:</i> 8:49PM	Sarvari 5122 Moon 7 - Phase 15 4th Phase	<b>Devaloka Day</b>
	Routine Work Prabalarishta Yoga Until 2:26AM Fri Then Creative Work - Amrita Yoga						

<b>3</b>	<b>Friday, July 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Dvadashyam Titau				Oslo, Norway Sun 25 Sutra 110
	Dhanus Rasi: 1.55 Tithi 12 486554462	<b>Gulika</b> 6:07AM – 8:12AM Yama 4:35PM – 6:41PM <b>Rahu</b> 10:18AM – 12:24PM	<b>Mula*</b> Until 2:17AM Sat Indra Until 6:41AM Bava Until 6:46AM Dvadashi Until 6:12PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Light Blue	<i>Sunrise:</i> 4:01AM <i>Sunset:</i> 8:47PM	Sarvari 5122 Moon 7 - Phase 15 4th Phase	<b>Sivaloka Day</b>
	Creative Work Amrita Yoga Until 2:17AM Sat Then Creative Work - Siddha Yoga		Varalakshmi Vratam				

<b>4</b>	<b>Saturday, August 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vishkambha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 26 Sutra 111
	Dhanus Rasi: 15.24 Tithi 13 – 14 487554462	<b>Gulika</b> 4:03AM – 6:08AM Yama 2:29PM – 4:34PM <b>Rahu</b> 8:14AM – 10:19AM	<b>Purvashadha*</b> Until 2:19AM Sun Vishkambha* Until 3:18AM Sun Gara Until 5:08AM Sun Trayodashi Until 5:23PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Light Blue	<i>Sunrise:</i> 4:03AM <i>Sunset:</i> 8:44PM	Sarvari 5122 Moon 7 - Phase 15 4th Phase	<b>Subha Sivaloka Day</b>
	Creative Work Siddha Yoga Until 2:19AM Sun Then Creative Work - Amrita Yoga		<i>Pradosha Vrata</i>				

<b>5</b>	<b>Sunday, August 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Oslo, Norway Sun 27 Sutra 112
	Dhanus Rasi: 28.4 Tithi 14 – 15 487554462	<b>Gulika</b> 4:33PM – 6:37PM Yama 12:24PM – 2:28PM <b>Rahu</b> 6:37PM – 8:42PM	<b>Uttarashadha</b> Until 2:36AM Mon Priti Until 2:05AM Mon Visti Until 4:55AM Mon Chaturdashi* Until 4:57PM	<b>Ganesha:</b> White <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Light Blue	<i>Sunrise:</i> 4:06AM <i>Sunset:</i> 8:42PM	Sarvari 5122 Moon 7 - Phase 15 4th Phase	<b>Subha Sivaloka Day</b>
	Creative Work Amrita Yoga						

	<b>Monday, August 3, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Oslo, Norway Sutra 113
	Makara Rasi: 11.44 Tithi 15 – 16 497554462	<b>Gulika</b> 2:28PM – 4:32PM Yama 10:20AM – 12:24PM <b>Rahu</b> 6:12AM – 8:16AM	<b>Shravana</b> Until 3:38AM Tue Ayushman Until 1:12AM Tue Balava Until 5:08AM Tue Purnima* Until 4:57PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	<i>Sunrise:</i> 4:08AM <i>Sunset:</i> 8:40PM	Sarvari 5122 Moon 7 - Phase 15 Purnima	<b>Sivaloka Day</b>
	Creative Work Amrita Yoga Until 3:38AM Tue Then Creative Work - Siddha Yoga		Raksha Bandhan				

<b>○</b>	<b>Tuesday, August 4, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Oslo, Norway Sutra 114
	Makara Rasi: 24.35 Tithi 16 – 17 497554462	<b>Gulika</b> 12:24PM – 2:27PM Yama 8:17AM – 10:20AM <b>Rahu</b> 4:30PM – 6:34PM	<b>Dhanishtha</b> Until 4:59AM Wed Saubhagya Until 12:42AM Wed Taitila Until 5:50AM Wed Prathama* Until 5:24PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> White Moon – Purple	<i>Sunrise:</i> 4:10AM <i>Sunset:</i> 8:37PM	Sarvari 5122 Moon 7 - Phase 15 Prathama	<b>Sivaloka Day</b>
	Creative Work Siddha Yoga						

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 5, 2020

Gold Retreat Star

Kumbha Rasi: 7.11 Tithi 17

Creative Work Siddha Yoga

497554462

Gulika 10:21AM - 12:23PM  
Yama 6:15AM - 8:18AM  
Rahu 12:23PM - 2:26PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Gara Karana Dvitiyayam Titau

Shatabhishak Until 6:38AM Thu  
Sobhana Until 12:36AM Thu  
Gara Until 6:21PM  
Dvitiya Until 6:21PM

Ganesha: Yellow Sunrise: 4:12AM  
Muruga: Clear Sunset: 8:34PM  
Nataraja: White  
Moon - Purple  
Sravana-Adi

Oslo, Norway  
Sun 1 Sutra 115  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Sivaloka Day

1

Thursday, August 6, 2020

Kumbha Rasi: 19.35 Tithi 18

Creative Work Siddha Yoga

497554462

Gulika 8:19AM - 10:21AM  
Yama 4:15AM - 6:17AM  
Rahu 2:26PM - 4:28PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Triliyayam Titau

Shatabhishak Until 6:38AM  
Athiganda\* Until 12:50AM Fri  
Vanija Until 7:01AM  
Tritiya Until 7:46PM

Ganesha: Yellow Sunrise: 4:15AM  
Muruga: Clear Sunset: 8:32PM  
Nataraja: White  
Moon - Purple  
Sravana-Adi

Oslo, Norway  
Sun 2 Sutra 116  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Sivaloka Day

2

Friday, August 7, 2020

Meena Rasi: 1.47 Tithi 19

Creative Work Siddha Yoga

418554462

Gulika 6:19AM - 8:20AM  
Yama 4:26PM - 6:28PM  
Rahu 10:22AM - 12:23PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Sukarna Yoga Bava/Balava Karana Chaturthiyam Titau

Purvaproshtapada\* Until 9:03AM  
Sukarna Until 1:23AM Sat  
Bava Until 8:40AM  
Chaturthi\* Until 9:37PM

Ganesha: Purple Sunrise: 4:17AM  
Muruga: Clear Sunset: 8:29PM  
Nataraja: White  
Moon - Clear  
Sravana-Adi

Oslo, Norway  
Sun 3 Sutra 117  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Devaloka Day

3

Saturday, August 8, 2020

Meena Rasi: 13.5 Tithi 20

Creative Work Siddha Yoga

Until 11:40AM

Then Routine Work - Prabararishta Yoga

418554462

Gulika 4:19AM - 6:20AM  
Yama 2:24PM - 4:25PM  
Rahu 8:21AM - 10:22AM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Uttaraproshtapada Until 11:40AM  
Dhriti Until 2:12AM Sun  
Kaulava Until 10:42AM  
Panchami Until 11:48PM

Ganesha: Purple Sunrise: 4:19AM  
Muruga: Clear Sunset: 8:27PM  
Nataraja: White  
Moon - Clear  
Sravana-Adi

Oslo, Norway  
Sun 4 Sutra 118  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Devaloka Day

4

Sunday, August 9, 2020

Meena Rasi: 25.46 Tithi 21

Creative Work Amrita Yoga

Until 2:22PM

Then Creative Work - Siddha Yoga

418554462

Gulika 4:24PM - 6:24PM  
Yama 12:23PM - 2:23PM  
Rahu 6:24PM - 8:24PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\* Yoga Gara/Vanija Karana Shashthiyam Titau

Revati Until 2:22PM  
Shula\* Until 3:06AM Mon  
Gara Until 12:59PM  
Shashthi\* Until 2:10AM Mon

Ganesha: Purple Sunrise: 4:22AM  
Muruga: Clear Sunset: 8:24PM  
Nataraja: White  
Moon - Clear  
Sravana-Adi

Oslo, Norway  
Sun 5 Sutra 119  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Devaloka Day

5

Monday, August 10, 2020

Mesha Rasi: 7.38 Tithi 22

Family Home Evening

Creative Work Siddha Yoga

428554462

Gulika 2:22PM - 4:22PM  
Yama 10:23AM - 12:23PM  
Rahu 6:24AM - 8:23AM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Ganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

Ashvini Until 5:30PM  
Ganda\* Until 4:02AM Tue  
Visti Until 3:23PM  
Saptami Until 4:32AM Tue

Ganesha: Clear Sunrise: 4:24AM  
Muruga: Clear Sunset: 8:21PM  
Nataraja: White  
Moon - White  
Sravana-Adi

Oslo, Norway  
Sun 6 Sutra 120  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

Sivaloka Day

D

Tuesday, August 11, 2020

Retreat Star

Mesha Rasi: 19.31 Tithi 23

Creative Work Siddha Yoga

428554462

Gulika 12:23PM - 2:22PM  
Yama 8:25AM - 10:24AM  
Rahu 4:21PM - 6:20PM

Krishna Janmashtami

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Kaulava/Kaulava Karana Ashtamyam Titau

Bharani Until 8:20PM  
Vriddhi Until 4:48AM Wed  
Balava Until 5:41PM  
Ashtami\* Until 6:42AM Wed

Ganesha: Clear Sunrise: 4:27AM  
Muruga: Clear Sunset: 8:19PM  
Nataraja: White  
Moon - White  
Sravana-Adi

Oslo, Norway  
Sun 7 Sutra 121  
Sarvari 5122  
Moon 8 - Phase 16  
Ashtami

Sivaloka Day

Wednesday, August 12, 2020

Retreat Star

Vrishabha Rasi: 1.29 Tithi 23 - 24

Creative Work Amrita Yoga

Until 10:41PM

Then Creative Work - Siddha Yoga

428554462

Gulika 10:24AM - 12:22PM  
Yama 6:27AM - 8:26AM  
Rahu 12:22PM - 2:21PM

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Krittika Until 10:41PM  
Dhruva Until 5:14AM Thu  
Taitila Until 7:39PM  
Ashtami\* Until 6:42AM

Ganesha: Clear Sunrise: 4:29AM  
Muruga: Clear Sunset: 8:16PM  
Nataraja: White  
Moon - White  
Sravana-Adi

Oslo, Norway  
Sun 8 Sutra 122  
Sarvari 5122  
Moon 8 - Phase 16  
Navami

Sivaloka Day

<b>1</b>	<b>Thursday, August 13, 2020</b>	Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Oslo, Norway Sun 9 Sutra 123		
	Vrishabha Rasi: 13.38 Tithi 24 – 25	438654462	<b>Gulika</b> 8:27AM – 10:25AM <b>Yama</b> 4:31AM – 6:29AM <b>Rahu</b> 2:20PM – 4:18PM	<b>Rohini Until 12:48AM Fri</b> <b>Vyaghata* Until 5:12AM Fri</b> <b>Vanija Until 9:04PM</b> <b>Navami* Until 8:25AM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:31AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:13PM <b>Nataraja:</b> White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Sivaloka Day</b>
	Routine Work Marana Yoga					
	Until 12:48AM Fri Then Creative Work - Siddha Yoga					

<b>2</b>	<b>Friday, August 14, 2020</b>	Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Oslo, Norway Sun 10 Sutra 124		
	Vrishabha Rasi: 26.02 Tithi 25 – 26	439654462	<b>Gulika</b> 6:31AM – 8:28AM <b>Yama</b> 4:16PM – 6:13PM <b>Rahu</b> 10:25AM – 12:22PM	<b>Mrigashira Until 2:03AM Sat</b> <b>Harshana Until 4:36AM Sat</b> <b>Bava Until 9:47PM</b> <b>Dashami Until 9:30AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:34AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:11PM <b>Nataraja:</b> White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga					

<b>3</b>	<b>Saturday, August 15, 2020</b>	Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 11 Sutra 125		
	Mithuna Rasi: 8.46 Tithi 26 – 27	439654462	<b>Gulika</b> 4:36AM – 6:32AM <b>Yama</b> 2:18PM – 4:15PM <b>Rahu</b> 8:29AM – 10:25AM	<b>Ardra Until 2:22AM Sun</b> <b>Vajra* Until 3:20AM Sun</b> <b>Kaulava Until 9:43PM</b> <b>Ekadashi* Until 9:50AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:36AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:08PM <b>Nataraja:</b> White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga					

<b>4</b>	<b>Sunday, August 16, 2020</b>	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 12 Sutra 126		
	Mithuna Rasi: 21.55 Tithi 27 – 28	449654462	<b>Gulika</b> 4:13PM – 6:09PM <b>Yama</b> 12:22PM – 2:18PM <b>Rahu</b> 6:09PM – 8:05PM	<b>Punarvasu Until 2:13AM Mon</b> <b>Siddhi Until 1:27AM Mon</b> <b>Gara Until 8:50PM</b> <b>Dvadashi* Until 9:21AM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:38AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:05PM <b>Nataraja:</b> White Moon – Blue	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga		<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>	<b>Monday, August 17, 2020</b>	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 13 Sutra 127		
	Kataka Rasi: 5.29 Tithi 28 – 29 <b>Family Home Evening</b>	549654462	<b>Gulika</b> 2:17PM – 4:12PM <b>Yama</b> 10:26AM – 12:21PM <b>Rahu</b> 6:36AM – 8:31AM	<b>Pushya Until 1:12AM Tue</b> <b>Vyatipata* Until 11:00PM</b> <b>Visti Until 7:14PM</b> <b>Trayodashi* Until 8:06AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 8:02PM <b>Nataraja:</b> White Moon – Blue	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga					

	<b>Tuesday, August 18, 2020</b>	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Sakuni*/Naga* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway Sun 14 Sutra 128			
	<b>Retreat Star</b>	Kataka Rasi: 19.29 Tithi 29 – 30	549654462	<b>Gulika</b> 12:21PM – 2:16PM <b>Yama</b> 8:32AM – 10:27AM <b>Rahu</b> 4:10PM – 6:05PM	<b>Ashlesha* Until 11:29PM</b> <b>Variyan Until 8:02PM</b> <b>Naga Until 3:42AM Wed</b> <b>Chaturdashi* Until 6:10AM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 4:43AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:59PM <b>Nataraja:</b> White Moon – Blue	Sarvari 5122 Moon 8 - Phase 17 Amavasya <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

<b>6</b>	<b>Wednesday, August 19, 2020</b>	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau		Oslo, Norway Sun 15 Sutra 129			
	<b>Retreat Star</b>	Simha Rasi: 3.5 Tithi 1	559654462	<b>Gulika</b> 10:27AM – 12:21PM <b>Yama</b> 6:39AM – 8:33AM <b>Rahu</b> 12:21PM – 2:15PM	<b>Magha* Until 9:36PM</b> <b>Parigha* Until 4:44PM</b> <b>Kintughna Until 2:19PM</b> <b>Prathama* Until 12:50AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 4:45AM <b>Muruqa:</b> Clear <i>Sunset:</i> 7:57PM <b>Nataraja:</b> White Moon – Red	Sarvari 5122 Moon 8 - Phase 17 Prathama <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
	Until 9:36PM Then Creative Work - Amrita Yoga						

Now, there are, of a truth, three worlds: the world of men, the world of the fathers, and the world of the Gods. The world of the Gods is verily the best of worlds. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Thursday, August 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Oslo, Norway Sun 16 Sutra 130	
Simha Rasi: 18.28	Tithi 2	<b>Gulika</b> 8:34AM – 10:27AM	<b>Purvaphalguni Until 7:21PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:48AM	Sarvari 5122	
		Yama 4:48AM – 6:41AM	Shiva Until 1:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:54PM	Moon 8 - Phase 18	
		559654462 <b>Rahu</b> 2:14PM – 4:07PM	Balava Until 11:19AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Dvitiya Until 9:44PM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>		<b>Friday, August 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau		Oslo, Norway Sun 17 Sutra 131	
Kanya Rasi: 3.13	Tithi 3	<b>Gulika</b> 6:43AM – 8:35AM	<b>Uttaraphalguni Until 4:51PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:50AM	Sarvari 5122	
		Yama 4:06PM – 5:58PM	Siddha Until 9:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:51PM	Moon 8 - Phase 18	
		559654462 <b>Rahu</b> 10:28AM – 12:20PM	Taitila Until 8:10AM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Tritiya Until 6:35PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 4:51PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Saturday, August 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Subha Yoga Visti/Bava Karana Chaturthi/Panchamyam Titau		Oslo, Norway Sun 18 Sutra 132	
Kanya Rasi: 17.59	Tithi 4 – 5	<b>Gulika</b> 4:52AM – 6:44AM	<b>Hasta Until 2:41PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:52AM	Sarvari 5122	
		Yama 2:12PM – 4:04PM	Subha Until 2:19AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:48PM	Moon 8 - Phase 18	
		561654462 <b>Rahu</b> 8:36AM – 10:28AM	Bava Until 2:02AM Sun	<b>Nataraja:</b> White		3rd Phase	
Routine Work	Marana Yoga		<b>Chaturthi* Until 3:29PM</b>	Moon – Green		<b>Devaloka Day</b>	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>			

<b>4</b>		<b>Sunday, August 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Oslo, Norway Sun 19 Sutra 133	
Tula Rasi: 2.39	Tithi 5 – 6	<b>Gulika</b> 4:03PM – 5:54PM	<b>Chitra Until 12:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:55AM	Sarvari 5122	
		Yama 12:20PM – 2:11PM	Sukla Until 10:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:45PM	Moon 8 - Phase 18	
		561654462 <b>Rahu</b> 5:54PM – 7:45PM	Kaulava Until 11:17PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Siddha Yoga		<b>Panchami Until 12:36PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>5</b>		<b>Monday, August 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 20 Sutra 134	
Tula Rasi: 17.07	Tithi 6 – 7	<b>Gulika</b> 2:10PM – 4:01PM	<b>Svati Until 10:41AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 4:57AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:29AM – 12:20PM	Brahma Until 7:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:42PM	Moon 8 - Phase 18	
		561654462 <b>Rahu</b> 6:48AM – 8:38AM	Gara Until 8:54PM	<b>Nataraja:</b> White		3rd Phase	
Creative Work	Amrita Yoga		<b>Shashthi* Until 10:02AM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 10:41AM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, August 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra/Vaidhriti* Yoga Vanja/Visti* Karana Saptami/Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 135	
Vrischika Rasi: 1.19	Tithi 7 – 8	<b>Gulika</b> 12:19PM – 2:09PM	<b>Vishakha Until 9:27AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 4:59AM	Sarvari 5122	
		Yama 8:39AM – 10:29AM	Indra Until 5:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:40PM	Moon 8 - Phase 18	
		571654462 <b>Rahu</b> 3:59PM – 5:49PM	Visti Until 6:57PM	<b>Nataraja:</b> White		Ashtami	
Routine Work	Marana Yoga		<b>Saptami Until 7:51AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
Until 9:27AM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, August 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Bava/Kaulava Karana Ashtami/Navamyam Titau		Oslo, Norway Sun 22 Sutra 136	
Vrischika Rasi: 15.13	Tithi 8 – 9	<b>Gulika</b> 10:30AM – 12:19PM	<b>Anuradha Until 8:32AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:02AM	Sarvari 5122	
		Yama 6:51AM – 8:40AM	Vaidhriti* Until 2:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:37PM	Moon 8 - Phase 18	
		571654462 <b>Rahu</b> 12:19PM – 2:09PM	Kaulava Until 4:54AM Thu	<b>Nataraja:</b> White		Navami	
Creative Work	Siddha Yoga		<b>Ashtami* Until 6:08AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

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1	<b>Thursday, August 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha/Mula* Nakshatra Vishkambha/Priti Yoga Taitila/Gara Karana Dashamyam Titau				Oslo, Norway Sun 23 Sutra 137
	Virschika Rasi: 28.49	Tithi 10	<b>Gulika</b> 8:41AM – 10:30AM	<b>Jyeshtha* Until 7:56AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:04AM	Sarvari 5122
			Yama 5:04AM – 6:53AM	Vishkambha* Until 1:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:34PM	Moon 8 - Phase 19
		581654463	<b>Rahu</b> 2:08PM – 3:56PM	Taitila Until 4:28PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work Prabalarishta Yoga Until 7:56AM Then Creative Work - Siddha Yoga			<b>Dashami Until 4:07AM Fri</b>		<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>

2	<b>Friday, August 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau				Oslo, Norway Sun 24 Sutra 138
	Dhanus Rasi: 12.1	Tithi 11	<b>Gulika</b> 6:54AM – 8:42AM	<b>Mula* Until 8:05AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:06AM	Sarvari 5122
			Yama 3:55PM – 5:43PM	Priti Until 11:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:31PM	Moon 8 - Phase 19
		581654463	<b>Rahu</b> 10:30AM – 12:19PM	Vanija Until 3:55PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga Until 8:05AM Then Routine Work - Prabalarishta Yoga			<b>Ekadashi Until 3:47AM Sat</b>		<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

3	<b>Saturday, August 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau				Oslo, Norway Sun 25 Sutra 139
	Dhanus Rasi: 25.17	Tithi 12	<b>Gulika</b> 5:09AM – 6:56AM	<b>Purvashadha* Until 8:31AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:09AM	Sarvari 5122
			Yama 2:06PM – 3:53PM	Ayushman Until 10:19AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:28PM	Moon 8 - Phase 19
		581654463	<b>Rahu</b> 8:43AM – 10:31AM	Bava Until 3:47PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Siddha Yoga Until 8:31AM Then Routine Work - Marana Yoga			<b>Dvadasashi Until 3:52AM Sun</b>		<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

4	<b>Sunday, August 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau				Oslo, Norway Sun 26 Sutra 140
	Makara Rasi: 8.12	Tithi 13	<b>Gulika</b> 3:51PM – 5:38PM	<b>Uttarashadha Until 9:11AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:11AM	Sarvari 5122
			Yama 12:18PM – 2:05PM	Saubhagya Until 9:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:25PM	Moon 8 - Phase 19
		581654463	<b>Rahu</b> 5:38PM – 7:25PM	Kaulava Until 4:04PM	<b>Nataraja:</b> Clear		4th Phase
Creative Work Amrita Yoga			<b>Trayodashi Until 4:19AM Mon</b>		<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
<i>Pradosha Vrata</i>							

5	<b>Monday, August 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway Sun 27 Sutra 141	
	Makara Rasi: 20.56	Tithi 14	<b>Gulika</b> 2:04PM – 3:50PM	<b>Shravana Until 10:33AM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 5:13AM	Sarvari 5122	
	<b>Family Home Evening</b>		Yama 10:32AM – 12:18PM	Sobhana Until 8:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:22PM	Moon 8 - Phase 19	
		591654463	<b>Rahu</b> 6:59AM – 8:45AM	Gara Until 4:43PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work Amrita Yoga Until 10:33AM Then Creative Work - Siddha Yoga			<b>Chidambaram Abhishekam</b>	<b>Chaturdashi* Until 5:10AM Tue</b>		<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>

○	<b>Tuesday, September 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Visti*/Bava Karana Purnimayam Titau				Oslo, Norway Sutra 142
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:17PM – 2:03PM	<b>Dhanishtha Until 12:07PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:16AM	Sarvari 5122
	Kumbha Rasi: 3.29	Tithi 15	Yama 8:46AM – 10:32AM	Athiganda* Until 8:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:19PM	Moon 8 - Phase 19
		592654463	<b>Rahu</b> 3:48PM – 5:34PM	Visti Until 5:45PM	<b>Nataraja:</b> Clear		Purnima
Creative Work Siddha Yoga Until 12:07PM Then Routine Work - Marana Yoga			<b>Purnima* Until 6:23AM Wed</b>		<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>

○	<b>Wednesday, September 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak*/Purvaprosithpada* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Oslo, Norway Sutra 143
	<b>Silver Retreat Star</b>		<b>Gulika</b> 10:32AM – 12:17PM	<b>Shatabhishak Until 1:53PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 5:18AM	Sarvari 5122
	Kumbha Rasi: 15.52	Tithi 15 – 16	Yama 7:03AM – 8:47AM	Sukarma Until 8:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 7:16PM	Moon 8 - Phase 19
		592654463	<b>Rahu</b> 12:17PM – 2:02PM	Balava Until 7:09PM	<b>Nataraja:</b> Clear		Prathama
Creative Work Siddha Yoga Until 1:53PM Then Creative Work - Amrita Yoga			<b>Purnima* Until 6:23AM</b>		<b>Bhadrapada-Avani</b>		<b>Sivaloka Day</b>

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda





Thursday, September 3, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Oslo, Norway

Sutra 144

Kumbha Rasi: 28.06 Tithi 16 – 17

**Gulika** 8:48AM – 10:33AM  
Yama 5:20AM – 7:04AM  
**Rahu** 2:01PM – 3:45PM

**Purvaproshtapada\* Until 4:20PM**  
Dhriti Until 8:48AM  
Tailila Until 8:54PM  
**Prathama\* Until 7:58AM**

**Ganesha:** Purple *Sunrise:* 5:20AM  
**Muruqa:** Clear *Sunset:* 7:13PM  
**Nataraja:** Clear  
Moon – Clear

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**Bhadrapada-Avani**

1

Friday, September 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 145

Meena Rasi: 10.11 Tithi 17 – 18

**Gulika** 7:06AM – 8:49AM  
Yama 3:43PM – 5:27PM  
**Rahu** 10:33AM – 12:16PM

**Uttaraproshtapada Until 6:56PM**  
Shula\* Until 9:20AM  
Vanija Until 11:00PM  
**Dvitiya Until 9:53AM**

**Ganesha:** Purple *Sunrise:* 5:22AM  
**Muruqa:** Clear *Sunset:* 7:10PM  
**Nataraja:** Clear  
Moon – Clear

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Sivaloka Day**

**Bhadrapada-Avani**

2

Saturday, September 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Ganda\*/Vridhhi\* Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

Oslo, Norway

Sun 2 Sutra 146

Meena Rasi: 22.1 Tithi 18 – 19

**Gulika** 5:25AM – 7:08AM  
Yama 1:59PM – 3:42PM  
**Rahu** 8:50AM – 10:33AM

**Revati Until 9:37PM**  
Ganda\* Until 10:05AM  
Bava Until 1:21AM Sun  
**Tritiya Until 12:07PM**

**Ganesha:** Purple *Sunrise:* 5:25AM  
**Muruqa:** Clear *Sunset:* 7:07PM  
**Nataraja:** Clear  
Moon – Clear

Moon 9 - Phase 20  
1st Phase

Routine Work Prabalarishta Yoga

**Sivaloka Day**

**Bhadrapada-Avani**

Until 9:37PM

Then Creative Work - Siddha Yoga

3

Sunday, September 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 147

Mesha Rasi: 4.02 Tithi 19 – 20

**Gulika** 3:40PM – 5:22PM  
Yama 12:16PM – 1:58PM  
**Rahu** 5:22PM – 7:04PM

**Ashvini Until 12:49AM Mon**  
Vridhhi Until 11:02AM  
Kaulava Until 3:51AM Mon  
**Chaturthi\* Until 2:34PM**

**Ganesha:** Clear *Sunrise:* 5:27AM  
**Muruqa:** Clear *Sunset:* 7:04PM  
**Nataraja:** Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Devaloka Day**

**Bhadrapada-Avani**

4

Monday, September 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Tailila/Gara Karana Panchami/Shashthiyam Titau

Oslo, Norway

Sun 4 Sutra 148

Mesha Rasi: 15.53 Tithi 20 – 21

Family Home Evening

**Gulika** 1:57PM – 3:38PM  
Yama 10:34AM – 12:15PM  
**Rahu** 7:11AM – 8:52AM

**Bharani Until 3:51AM Tue**  
Dhruva Until 12:01PM  
Gara Until 6:21AM Tue  
**Panchami Until 5:05PM**

**Ganesha:** White *Sunrise:* 5:29AM  
**Muruqa:** Clear *Sunset:* 7:01PM  
**Nataraja:** Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**Bhadrapada-Avani**

Devaloka Time: 3:PM to 6:PM

5

Tuesday, September 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthiyam Titau

Oslo, Norway

Sun 5 Sutra 149

Mesha Rasi: 27.43 Tithi 21

**Gulika** 12:15PM – 1:56PM  
Yama 8:53AM – 10:34AM  
**Rahu** 3:37PM – 5:17PM

**Krittika Until 6:31AM Wed**  
Vyaghata\* Until 12:58PM  
Gara Until 6:21AM  
**Shashthi\* Until 7:30PM**

**Ganesha:** White *Sunrise:* 5:32AM  
**Muruqa:** Clear *Sunset:* 6:58PM  
**Nataraja:** Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

**Bhuloka Day**

**Bhadrapada-Avani**

Devaloka Time: 3:PM to 6:PM

6

Wednesday, September 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 6 Sutra 150

Vrishabha Rasi: 9.39 Tithi 22

**Gulika** 10:34AM – 12:15PM  
Yama 7:14AM – 8:54AM  
**Rahu** 12:15PM – 1:55PM

**Krittika Until 6:31AM**  
Harshana Until 1:42PM  
Visti Until 8:37AM  
**Saptami Until 9:34PM**

**Ganesha:** White *Sunrise:* 5:34AM  
**Muruqa:** Clear *Sunset:* 6:55PM  
**Nataraja:** Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Amrita Yoga

**Bhuloka Day**

**Bhadrapada-Avani**

Devaloka Time: 3:PM to 6:PM

Until 6:31AM

Then Creative Work - Siddha Yoga

D

Thursday, September 10, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 7 Sutra 151

Vrishabha Rasi: 21.44 Tithi 23

**Gulika** 8:55AM – 10:35AM  
Yama 5:36AM – 7:16AM  
**Rahu** 1:54PM – 3:33PM

**Rohini Until 9:06AM**  
Vajra\* Until 2:02PM  
Balava Until 10:25AM  
**Ashtami\* Until 11:04PM**

**Ganesha:** Yellow *Sunrise:* 5:36AM  
**Muruqa:** Clear *Sunset:* 6:52PM  
**Nataraja:** Clear  
Moon – Yellow

Moon 9 - Phase 20  
Ashtami

Routine Work Marana Yoga

**Devaloka Day**

**Bhadrapada-Avani**

Friday, September 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata\* Yoga Tailila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 8 Sutra 152

Mithuna Rasi: 4.06 Tithi 24

**Gulika** 7:17AM – 8:56AM  
Yama 3:32PM – 5:10PM  
**Rahu** 10:35AM – 12:14PM

**Mrigashira Until 10:53AM**  
Siddhi Until 1:51PM  
Tailila Until 11:34AM  
**Navami\* Until 11:50PM**

**Ganesha:** Yellow *Sunrise:* 5:39AM  
**Muruqa:** Clear *Sunset:* 6:49PM  
**Nataraja:** Clear  
Moon – Yellow

Moon 9 - Phase 20  
Navami

Creative Work Siddha Yoga

**Devaloka Day**

**Bhadrapada-Avani**

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Saturday, September 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata/Variyan Yoga Vanija/Vistii* Karana Dashamyam Titau				Oslo, Norway	
	Mithuna Rasi: 16.49	Tithi 25					Sun 9 Sutra 153	
			532754463	<b>Gulika</b> 5:41AM – 7:19AM <b>Yama</b> 1:52PM – 3:30PM <b>Rahu</b> 8:57AM – 10:35AM	<b>Ardra Until 11:44AM</b> Vyatipata* Until 1:02PM Vanija Until 11:54AM Dashami Until 11:44PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 5:41AM <b>Sunset:</b> 6:46PM	Moon 9 - Phase 21 2nd Phase
	Creative Work	Siddha Yoga			<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, September 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ekadashyam Titau				Oslo, Norway	
	Mithuna Rasi: 29.57	Tithi 26					Sun 10 Sutra 154	
			542754463	<b>Gulika</b> 3:28PM – 5:06PM <b>Yama</b> 12:13PM – 1:51PM <b>Rahu</b> 5:06PM – 6:43PM	<b>Punarvasu Until 12:01PM</b> Variyan Until 11:30AM Bava Until 11:22AM Ekadashi* Until 10:45PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 5:43AM <b>Sunset:</b> 6:43PM	Moon 9 - Phase 21 2nd Phase
	Creative Work	Siddha Yoga		<b>Grandparent's Day</b>	<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Monday, September 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Oslo, Norway	
	Kataka Rasi: 13.34	Tithi 27					Sun 11 Sutra 155	
	<b>Family Home Evening</b>		542754463	<b>Gulika</b> 1:50PM – 3:27PM <b>Yama</b> 10:36AM – 12:13PM <b>Rahu</b> 7:22AM – 8:59AM	<b>Pushya Until 11:19AM</b> Parigha* Until 9:18AM Kaulava Until 9:58AM Dvadashi* Until 8:58PM	<b>Ganesha:</b> Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 5:45AM <b>Sunset:</b> 6:40PM	Moon 9 - Phase 21 2nd Phase
	Creative Work	Siddha Yoga			<b>Bhadrapada-Avani</b>		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Tuesday, September 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				Oslo, Norway	
	Kataka Rasi: 27.4	Tithi 28					Sun 12 Sutra 156	
			543754463	<b>Gulika</b> 12:12PM – 1:49PM <b>Yama</b> 9:00AM – 10:36AM <b>Rahu</b> 3:25PM – 5:01PM	<b>Ashlesha* Until 9:44AM</b> Shiva Until 6:29AM Gara Until 7:49AM Trayodashi* Until 6:28PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Blue	<b>Sunrise:</b> 5:48AM <b>Sunset:</b> 6:37PM	Moon 9 - Phase 21 2nd Phase
	Creative Work	Siddha Yoga			<b>Bhadrapada-Avani</b>		<b>Devaloka Day</b>	

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Wednesday, September 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway	
	Simha Rasi: 12.13	Tithi 29 – 30					Sun 13 Sutra 157	
			553754463	<b>Gulika</b> 10:37AM – 12:12PM <b>Yama</b> 7:26AM – 9:01AM <b>Rahu</b> 12:12PM – 1:48PM	<b>Magha* Until 7:48AM</b> Sadhya Until 11:22PM Catuspada Until 1:47AM Thu Chaturdashi* Until 3:27PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:50AM <b>Sunset:</b> 6:34PM	Moon 9 - Phase 21 2nd Phase
	Creative Work	Siddha Yoga			<b>Bhadrapada-Puratasi</b>		<b>Devaloka Day</b>	

Until 7:48AM  
Then Creative Work - Amrita Yoga

	<b>Thursday, September 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Oslo, Norway	
	Simha Rasi: 27.05	Tithi 30 – 1					Sun 14 Sutra 158	
			553764463	<b>Gulika</b> 9:02AM – 10:37AM <b>Yama</b> 5:52AM – 7:27AM <b>Rahu</b> 1:47PM – 3:22PM	<b>Uttaraphalguni Until 2:24AM Fri</b> Subha Until 7:23PM Kintughna Until 10:15PM Amavasya* Until 12:02PM	<b>Ganesha:</b> Red <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Red	<b>Sunrise:</b> 5:52AM <b>Sunset:</b> 6:31PM	Moon 9 - Phase 21 Amavasya
		Amrita Yoga		<b>Mahalaya Amavasai (Tamil Nadu)</b>	<b>Bhadrapada-Puratasi</b>		<b>Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Friday, September 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Oslo, Norway	
	Kanya Rasi: 12.1	Tithi 1 – 2					Sun 15 Sutra 159	
			563764463	<b>Gulika</b> 7:29AM – 9:03AM <b>Yama</b> 3:20PM – 4:54PM <b>Rahu</b> 10:37AM – 12:11PM	<b>Hasta Until 11:41PM</b> Sukla Until 3:14PM Balava Until 6:36PM Prathama* Until 8:25AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> Purple <b>Nataraja:</b> Clear Moon – Green	<b>Sunrise:</b> 5:55AM <b>Sunset:</b> 6:28PM	Moon 9 - Phase 21 Prathama
	Creative Work	Amrita Yoga			<b>Ashvina Adhika-Puratasi</b>		<b>Sivaloka Day</b>	

Until 11:41PM  
Then Creative Work - Siddha Yoga

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>		<b>Saturday, September 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau		Oslo, Norway Sun 16 Sutra 160 Sarvari 5122	
Kanya Rasi: 27.18	Tithi 3	<b>Gulika</b> 5:57AM – 7:30AM	<b>Chitra</b> Until 8:55PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:57AM		
		Yama 1:45PM – 3:18PM	Brahma Until 11:08AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:25PM		Moon 9 - Phase 22
		563764463 <b>Rahu</b> 9:04AM – 10:38AM	Taitila Until 3:00PM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga			Moon – Green		<b>Sivaloka Day</b>	
Until 8:55PM			<b>Tritiya</b> Until 1:15AM Sun	<b>Ashvina Adhika-Puratasi</b>			
Then Creative Work - Siddha Yoga							
<b>2</b>		<b>Sunday, September 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Chaturthiyam Titau		Oslo, Norway Sun 17 Sutra 161 Sarvari 5122	
Tula Rasi: 12.19	Tithi 4	<b>Gulika</b> 3:16PM – 4:49PM	<b>Svati</b> Until 6:17PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:59AM		
		Yama 12:11PM – 1:44PM	Indra Until 7:11AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:22PM		Moon 9 - Phase 22
		563764463 <b>Rahu</b> 4:49PM – 6:22PM	Vanija Until 11:37AM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga			Moon – Green		<b>Sivaloka Day</b>	
Until 6:17PM			<b>Chaturthi*</b> Until 10:02PM	<b>Ashvina Adhika-Puratasi</b>			
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Monday, September 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Oslo, Norway Sun 18 Sutra 162 Sarvari 5122	
Tula Rasi: 27.04	Tithi 5	<b>Gulika</b> 1:43PM – 3:15PM	<b>Vishakha</b> Until 4:19PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM		
<b>Family Home Evening</b>		Yama 10:38AM – 12:10PM	Vishkambha* Until 12:12AM Tue	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:19PM		Moon 9 - Phase 22
		573764463 <b>Rahu</b> 7:34AM – 9:06AM	Bava Until 8:35AM	<b>Nataraja:</b> Clear			3rd Phase
Routine Work	Marana Yoga			Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 4:19PM			<b>Panchami</b> Until 7:14PM	<b>Ashvina Adhika-Puratasi</b>			
Then Creative Work - Siddha Yoga							
<b>4</b>		<b>Tuesday, September 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau		Oslo, Norway Sun 19 Sutra 163 Sarvari 5122	
Vrischika Rasi: 11.29	Tithi 6 – 7	<b>Gulika</b> 12:10PM – 1:42PM	<b>Anuradha</b> Until 2:46PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM		
		Yama 9:07AM – 10:38AM	Priti Until 9:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:16PM		Moon 9 - Phase 22
		573764463 <b>Rahu</b> 3:13PM – 4:45PM	Kaulava Until 6:03AM	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 2:46PM			<b>Shashthi*</b> Until 5:00PM	<b>Ashvina Adhika-Puratasi</b>			
Then Routine Work - Marana Yoga							
<b>5</b>		<b>Wednesday, September 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau		Oslo, Norway Sun 20 Sutra 164 Sarvari 5122	
Vrischika Rasi: 25.3	Tithi 7 – 8	<b>Gulika</b> 10:39AM – 12:10PM	<b>Jyeshtha*</b> Until 1:41PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:06AM		
		Yama 7:37AM – 9:08AM	Ayushman Until 7:04PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:13PM		Moon 9 - Phase 22
		573764463 <b>Rahu</b> 12:10PM – 1:41PM	Visti Until 2:51AM Thu	<b>Nataraja:</b> Clear			3rd Phase
Creative Work	Siddha Yoga			Moon – Orange		<b>Subha Sivaloka Day</b>	
Until 1:41PM			<b>Saptami</b> Until 3:23PM	<b>Ashvina Adhika-Puratasi</b>			
Then Routine Work - Marana Yoga							
<b>Retreat Star</b>		<b>Thursday, September 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Oslo, Norway Sun 21 Sutra 165 Sarvari 5122	
Dhanus Rasi: 9.07	Tithi 8 – 9	<b>Gulika</b> 9:09AM – 10:39AM	<b>Mula*</b> Until 1:34PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:08AM		
		Yama 6:08AM – 7:39AM	Saubhagya Until 5:17PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:10PM		Moon 9 - Phase 22
		583764463 <b>Rahu</b> 1:40PM – 3:10PM	Balava Until 2:15AM Fri	<b>Nataraja:</b> Clear			Ashtami
Creative Work	Siddha Yoga			Moon – Light Blue		<b>Sivaloka Day</b>	
			<b>Ashtami*</b> Until 2:27PM	<b>Ashvina Adhika-Puratasi</b>			
<b>Retreat Star</b>		<b>Friday, September 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Oslo, Norway Sun 22 Sutra 166 Sarvari 5122	
Dhanus Rasi: 22.21	Tithi 9 – 10	<b>Gulika</b> 7:40AM – 9:10AM	<b>Purvashadha*</b> Until 1:56PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:11AM		
		Yama 3:08PM – 4:38PM	Sobhana Until 4:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:07PM		Moon 9 - Phase 22
		583764463 <b>Rahu</b> 10:39AM – 12:09PM	Taitila Until 2:16AM Sat	<b>Nataraja:</b> Clear			Navami
Routine Work	Prabalarishta Yoga			Moon – Light Blue		<b>Sivaloka Day</b>	
Until 1:56PM			<b>Navami*</b> Until 2:10PM	<b>Ashvina Adhika-Puratasi</b>			
Then Routine Work - Marana Yoga							

<b>1</b>		<b>Saturday, September 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Oslo, Norway Sun 23 Sutra 167
Makara Rasi: 5.17	Tithi 10 – 11	<b>Gulika</b> 6:13AM – 7:42AM	<b>Uttarashadha</b> Until 2:43PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:13AM	Sarvari 5122
		Yama 1:38PM – 3:06PM	Athiganda* Until 3:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:04PM	Moon 9 - Phase 23
	583764463	<b>Rahu</b> 9:11AM – 10:40AM	Vanija Until 2:50AM Sun	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 2:28PM	Moon – Light Blue		<b>Sivaloka Day</b>
Until 2:43PM				<b>Ashvina Adhika-Puratasi</b>		
Then Creative Work - Siddha Yoga						


<b>2</b>		<b>Sunday, September 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 24 Sutra 168
Makara Rasi: 17.56	Tithi 11 – 12	<b>Gulika</b> 3:05PM – 4:33PM	<b>Shravana</b> Until 4:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:15AM	Sarvari 5122
		Yama 12:08PM – 1:37PM	Sukarma Until 2:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:01PM	Moon 9 - Phase 23
	693764463	<b>Rahu</b> 4:33PM – 6:01PM	Bava Until 3:53AM Mon	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 3:17PM	Moon – Purple		<b>Sivaloka Day</b>
Until 4:19PM				<b>Ashvina Adhika-Puratasi</b>		
Then Routine Work - Marana Yoga						

<b>3</b>		<b>Monday, September 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 25 Sutra 169
Kumbha Rasi: 0.25	Tithi 12 – 13	<b>Gulika</b> 1:36PM – 3:03PM	<b>Dhanishtha</b> Until 6:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:18AM	Sarvari 5122
<b>Family Home Evening</b>		Yama 10:40AM – 12:08PM	Dhriti Until 2:45PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:58PM	Moon 9 - Phase 23
	693764463	<b>Rahu</b> 7:45AM – 9:13AM	Kaulava Until 5:17AM Tue	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 4:31PM	Moon – Purple		<b>Sivaloka Day</b>
				<b>Ashvina Adhika-Puratasi</b>		

*Pradosha Vrata*

<b>4</b>		<b>Tuesday, September 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Taitila Karana Trayodashyam Titau		Oslo, Norway Sun 26 Sutra 170
Kumbha Rasi: 12.43	Tithi 13	<b>Gulika</b> 12:08PM – 1:35PM	<b>Shatabhishak</b> Until 8:09PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:20AM	Sarvari 5122
		Yama 9:14AM – 10:41AM	Shula* Until 2:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:55PM	Moon 9 - Phase 23
	694764463	<b>Rahu</b> 3:01PM – 4:28PM	Taitila Until 6:06PM	<b>Nataraja:</b> Clear		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 6:06PM	Moon – Purple		<b>Devaloka Day</b>
		<b>Chidambaram Abhishekam</b>		<b>Ashvina Adhika-Puratasi</b>		
		<b>Kadaitswami Mahasamadhi</b>				

<b>5</b>		<b>Wednesday, September 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Oslo, Norway Sun 27 Sutra 171
Kumbha Rasi: 24.53	Tithi 14	<b>Gulika</b> 10:41AM – 12:07PM	<b>Purvaproshtapada*</b> Until 10:45PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:22AM	Sarvari 5122
		Yama 7:49AM – 9:15AM	Ganda* Until 3:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:52PM	Moon 9 - Phase 23
	614764463	<b>Rahu</b> 12:07PM – 1:34PM	Gara Until 7:01AM	<b>Nataraja:</b> Clear		4th Phase
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 7:58PM	Moon – Clear		<b>Devaloka Day</b>
Until 10:45PM				<b>Ashvina Adhika-Puratasi</b>		
Then Creative Work - Siddha Yoga						

		<b>Thursday, October 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Oslo, Norway Sutra 172
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:16AM – 10:41AM	<b>Uttaraproshtapada</b> Until 1:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:25AM	Sarvari 5122
Meena Rasi: 6.58	Tithi 15	Yama 6:25AM – 7:50AM	Vridhhi Until 3:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:49PM	Moon 9 - Phase 23
		<b>Rahu</b> 1:33PM – 2:58PM	Visti Until 9:01AM	<b>Nataraja:</b> Clear		Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 10:05PM	Moon – Clear		<b>Devaloka Day</b>
				<b>Ashvina Adhika-Puratasi</b>		

<b>Friday, October 2, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Oslo, Norway Sutra 173
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:52AM – 9:17AM	<b>Revati</b> Until 4:07AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:27AM	Sarvari 5122
Meena Rasi: 18.56	Tithi 16	Yama 2:57PM – 4:21PM	Dhruva Until 4:39PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:46PM	Moon 9 - Phase 23
		<b>Rahu</b> 10:42AM – 12:07PM	Balava Until 11:15AM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 12:25AM Sat	Moon – Clear		<b>Sivaloka Day</b>
				<b>Ashvina Adhika-Puratasi</b>		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang



**Saturday, October 3, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam  
Ashvini Nakshatra Vyaghata\* /Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway  
Sun 1 Sutra 174

Mesha Rasi: 0.5 Tithi 17

624864463

**Gulika** 6:29AM – 7:54AM  
Yama 1:31PM – 2:55PM  
**Rahu** 9:18AM – 10:42AM

**Ashvini Until 7:18AM Sun**  
Vyaghata\* Until 5:33PM  
Taitila Until 1:41PM  
**Dvitiya Until 2:55AM Sun**

**Ganesha:** Purple *Sunrise: 6:29AM*  
**Muruga:** Purple *Sunset: 5:43PM*

**Nataraja:** Clear Moon 10 - Phase 24 1st Phase

Moon – White **Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

Until 7:18AM Sun

Then Routine Work - Prabararishta Yoga

**1**

**Sunday, October 4, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Ashvini/Bharani Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway  
Sun 2 Sutra 175

Mesha Rasi: 12.41 Tithi 18

624864463

**Gulika** 2:53PM – 4:17PM  
Yama 12:06PM – 1:30PM  
**Rahu** 4:17PM – 5:40PM

**Ashvini Until 7:18AM**  
Harshana Until 6:32PM  
Vanija Until 4:14PM  
**Tritiya Until 5:30AM Mon**

**Ganesha:** Purple *Sunrise: 6:32AM*  
**Muruga:** Purple *Sunset: 5:40PM*

**Nataraja:** Clear Moon 10 - Phase 24 1st Phase

Moon – White **Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

Until 7:18AM

Then Routine Work - Prabararishta Yoga

**2**

**Monday, October 5, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam  
Bharani/Krittika Nakshatra Vajra\* Yoga Bava Karana Chaturthiyam Titau

Oslo, Norway  
Sun 3 Sutra 176

Mesha Rasi: 24.3 Tithi 19

624864463

**Gulika** 1:29PM – 2:52PM  
Yama 10:43AM – 12:06PM  
**Rahu** 7:57AM – 9:20AM

**Bharani Until 10:22AM**  
Vajra\* Until 7:29PM  
Bava Until 6:47PM  
**Chaturthi\* Until 8:00AM Tue**

**Ganesha:** Purple *Sunrise: 6:34AM*  
**Muruga:** Purple *Sunset: 5:38PM*

**Nataraja:** Clear Moon 10 - Phase 24 1st Phase

Moon – White **Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

Until 10:22AM

Then Routine Work - Marana Yoga

**3**

**Tuesday, October 6, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Krittika/Rohini Nakshatra Siddhi\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway  
Sun 4 Sutra 177

Vrishabha Rasi: 6.21 Tithi 19 – 20

624864463

**Gulika** 12:05PM – 1:28PM  
Yama 9:21AM – 10:43AM  
**Rahu** 2:50PM – 4:12PM

**Krittika Until 1:11PM**  
Siddhi Until 8:21PM  
Kaulava Until 9:13PM  
**Chaturthi\* Until 8:00AM**

**Ganesha:** Purple *Sunrise: 6:36AM*  
**Muruga:** Purple *Sunset: 5:35PM*

**Nataraja:** Clear Moon 10 - Phase 24 1st Phase

Moon – White **Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

Until 1:11PM

Then Creative Work - Amrita Yoga

**4**

**Wednesday, October 7, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam  
Rohini/Mrigashira Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway  
Sun 5 Sutra 178

Vrishabha Rasi: 18.17 Tithi 20 – 21

634864464

**Gulika** 10:44AM – 12:05PM  
Yama 8:00AM – 9:22AM  
**Rahu** 12:05PM – 1:27PM

**Rohini Until 4:04PM**  
Vyatipata\* Until 8:59PM  
Gara Until 11:18PM  
**Panchami Until 10:17AM**

**Ganesha:** Clear *Sunrise: 6:39AM*  
**Muruga:** Purple *Sunset: 5:32PM*

**Nataraja:** Purple Moon 10 - Phase 24 1st Phase

Moon – Yellow **Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

**5**

**Thursday, October 8, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam  
Mrigashira Nakshatra Variyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway  
Sun 6 Sutra 179

Mithuna Rasi: 0.22 Tithi 21 – 22

634864464

**Gulika** 9:23AM – 10:44AM  
Yama 6:41AM – 8:02AM  
**Rahu** 1:26PM – 2:47PM

**Mrigashira Until 6:20PM**  
Variyan Until 9:11PM  
Visti Until 12:52AM Fri  
**Shashthi\* Until 12:09PM**

**Ganesha:** Clear *Sunrise: 6:41AM*  
**Muruga:** Purple *Sunset: 5:29PM*

**Nataraja:** Purple Moon 10 - Phase 24 1st Phase

Moon – Yellow **Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Routine Work Marana Yoga

**D**

**Friday, October 9, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Ardra Nakshatra Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway  
Sun 7 Sutra 180

Mithuna Rasi: 12.41 Tithi 22 – 23

634864464

**Gulika** 8:04AM – 9:24AM  
Yama 2:45PM – 4:06PM  
**Rahu** 10:44AM – 12:05PM

**Ardra Until 7:48PM**  
Parigha\* Until 8:53PM  
Balava Until 1:43AM Sat  
**Saptami Until 1:22PM**

**Ganesha:** Clear *Sunrise: 6:43AM*  
**Muruga:** Purple *Sunset: 5:26PM*

**Nataraja:** Purple Moon 10 - Phase 24 Ashtami

Moon – Yellow **Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

**Saturday, October 10, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam  
Punarvasu Nakshatra Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway  
Sun 8 Sutra 181

Mithuna Rasi: 25.2 Tithi 23 – 24

644864464

**Gulika** 6:46AM – 8:05AM  
Yama 1:24PM – 2:44PM  
**Rahu** 9:25AM – 10:45AM

**Punarvasu Until 8:48PM**  
Shiva Until 7:58PM  
Taitila Until 1:44AM Sun  
**Ashtami\* Until 1:49PM**

**Ganesha:** White *Sunrise: 6:46AM*  
**Muruga:** Purple *Sunset: 5:23PM*

**Nataraja:** Purple Moon 10 - Phase 24 Navami

Moon – Blue **Subha Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

<b>1 Sunday, October 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam Pushya Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Oslo, Norway Sun 9 Sutra 182
Kataka Rasi: 8.23	Tithi 24 – 25	<b>Gulika</b> 2:42PM – 4:01PM	<b>Pushya</b> <b>Until 8:47PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:48AM	Sarvari 5122
		Yama 12:04PM – 1:23PM	Siddha Until 6:20PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:20PM	Moon 10 - Phase 25
		645864464 <b>Rahu</b> 4:01PM – 5:20PM	Vanija Until 12:53AM Mon	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> <b>Until 1:24PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>
				<b>Ashvina Adhika-Puratasi</b>		

<b>2 Monday, October 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 10 Sutra 183
Kataka Rasi: 21.54	Tithi 25 – 26	<b>Gulika</b> 1:22PM – 2:40PM	<b>Ashlesha*</b> <b>Until 7:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:51AM	Sarvari 5122
<b>Family Home Evening</b>		Yama 10:46AM – 12:04PM	Sadhya Until 4:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:17PM	Moon 10 - Phase 25
Creative Work	Siddha Yoga	645864464 <b>Rahu</b> 8:09AM – 9:27AM	Bava Until 11:12PM	<b>Nataraja:</b> Purple		2nd Phase
Until 7:48PM			<b>Dashami</b> <b>Until 12:08PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga				<b>Ashvina Adhika-Puratasi</b>		

<b>3 Tuesday, October 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 11 Sutra 184
Simha Rasi: 5.55	Tithi 26 – 27	<b>Gulika</b> 12:04PM – 1:21PM	<b>Magha*</b> <b>Until 6:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:53AM	Sarvari 5122
		Yama 9:28AM – 10:46AM	Subha Until 1:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:14PM	Moon 10 - Phase 25
		645864464 <b>Rahu</b> 2:39PM – 3:57PM	Kaulava Until 8:47PM	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> <b>Until 10:04AM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashvina Adhika-Puratasi</b>		

<b>4 Wednesday, October 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Tailita/Vanija Karana Dvadashi/Trayodashyam Titau				Oslo, Norway Sun 12 Sutra 185
Simha Rasi: 20.25	Tithi 27 – 28	<b>Gulika</b> 10:46AM – 12:03PM	<b>Purvaphalguni</b> <b>Until 4:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:55AM	Sarvari 5122
		Yama 8:12AM – 9:29AM	Sukla Until 9:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:11PM	Moon 10 - Phase 25
		645864464 <b>Rahu</b> 12:03PM – 1:20PM	Vanija Until 4:03AM Thu	<b>Nataraja:</b> Purple		2nd Phase
Creative Work	Amrita Yoga		<b>Dvadashi*</b> <b>Until 7:19AM</b>	Moon – Red		<b>Sivaloka Day</b>
				<b>Ashvina Adhika-Puratasi</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>5 Thursday, October 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Oslo, Norway Sun 13 Sutra 186
Kanya Rasi: 5.18	Tithi 29	<b>Gulika</b> 9:31AM – 10:47AM	<b>Uttaraphalguni</b> <b>Until 1:20PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:58AM	Sarvari 5122
		Yama 6:58AM – 8:14AM	Indra Until 1:38AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:09PM	Moon 10 - Phase 25
		645864464 <b>Rahu</b> 1:20PM – 2:36PM	Visti Until 2:17PM	<b>Nataraja:</b> Purple		2nd Phase
	Amrita Yoga		<b>Chaturdashi*</b> <b>Until 12:25AM Fri</b>	Moon – Red		<b>Sivaloka Day</b>
Until 1:20PM				<b>Ashvina Adhika-Puratasi</b>		
Then Routine Work - Marana Yoga						

<b>Friday, October 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Oslo, Norway Sun 14 Sutra 187
<b>Retreat Star</b>		<b>Gulika</b> 8:16AM – 9:32AM	<b>Hasta</b> <b>Until 10:30AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:00AM	Sarvari 5122
Kanya Rasi: 20.28	Tithi 30	Yama 2:34PM – 3:50PM	Vaidhriti* Until 9:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:06PM	Moon 10 - Phase 25
		645864464 <b>Rahu</b> 10:47AM – 12:03PM	Catuspada Until 10:32AM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Amrita Yoga		<b>Amavasya*</b> <b>Until 8:36PM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 10:30AM				<b>Ashvina Adhika-Puratasi</b>		
Then Creative Work - Siddha Yoga						

<b>Saturday, October 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau				Oslo, Norway Sun 15 Sutra 188
<b>Retreat Star</b>		<b>Gulika</b> 7:03AM – 8:18AM	<b>Chitra</b> <b>Until 7:26AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 7:03AM	Sarvari 5122
Tula Rasi: 5.44	Tithi 1 – 2	Yama 1:18PM – 2:33PM	Vishkambha* Until 4:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 5:03PM	Moon 10 - Phase 25
		645864464 <b>Rahu</b> 9:33AM – 10:48AM	Kintughna Until 6:41AM	<b>Nataraja:</b> Purple		Prathama
Routine Work	Marana Yoga		<b>Prathama*</b> <b>Until 4:46PM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 7:26AM		<b>Navaratri Begins</b>		<b>Ashvina-Aipasi</b>		
Then Creative Work - Siddha Yoga						

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	<b>Sunday, October 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Oslo, Norway
	Tula Rasi: 20.58	Tithi 2 – 3	Gulika 2:31PM – 3:46PM	<b>Vishakha Until 1:44AM Mon</b>	Ganesha: White	Sunrise: 7:05AM	Sun 16 Sutra 189
			Yama 12:03PM – 1:17PM	Priti Until 12:48PM	Muruqa: Purple	Sunset: 5:00PM	Sarvari 5122
		675864464	Rahu 3:46PM – 5:00PM	Taitila Until 11:23PM	Nataraja: Purple		Moon 10 - Phase 26
Routine Work Marana Yoga			Dvitiya Until 1:05PM	Moon – Orange		3rd Phase	
Until 1:44AM Mon				<b>Sivaloka Day</b>			
Then Creative Work - Siddha Yoga				Ashvina-Aipasi			

2	<b>Monday, October 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Oslo, Norway
	Vrischika Rasi: 5.58	Tithi 3 – 4	Gulika 1:16PM – 2:30PM	<b>Anuradha Until 11:25PM</b>	Ganesha: White	Sunrise: 7:08AM	Sun 17 Sutra 190
	<b>Family Home Evening</b>		Yama 10:49AM – 12:02PM	Ayushman Until 8:51AM	Muruqa: Purple	Sunset: 4:57PM	Sarvari 5122
		675864464	Rahu 8:21AM – 9:35AM	Vanija Until 8:15PM	Nataraja: Purple		Moon 10 - Phase 26
Creative Work Siddha Yoga			Tritiya Until 9:44AM	Moon – Orange		3rd Phase	
				<b>Sivaloka Day</b>			
				Ashvina-Aipasi			

3	<b>Tuesday, October 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Sobhana Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Oslo, Norway
	Vrischika Rasi: 20.38	Tithi 4 – 5	Gulika 12:02PM – 1:15PM	<b>Jyeshtha* Until 9:33PM</b>	Ganesha: White	Sunrise: 7:10AM	Sun 18 Sutra 191
			Yama 9:36AM – 10:49AM	Sobhana Until 2:18AM Wed	Muruqa: Purple	Sunset: 4:54PM	Sarvari 5122
		675864464	Rahu 2:28PM – 3:41PM	Balava Until 4:37AM Wed	Nataraja: Purple		Moon 10 - Phase 26
Routine Work Marana Yoga			Chaturthi* Until 6:52AM	Moon – Orange		3rd Phase	
Until 9:33PM				<b>Sivaloka Day</b>			
Then Creative Work - Amrita Yoga				Ashvina-Aipasi			

4	<b>Wednesday, October 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthiyam Titau				Oslo, Norway
	Dhanus Rasi: 4.52	Tithi 6	Gulika 10:50AM – 12:02PM	<b>Mula* Until 8:39PM</b>	Ganesha: Purple	Sunrise: 7:12AM	Sun 19 Sutra 192
			Yama 8:25AM – 9:37AM	Athiganda* Until 11:49PM	Muruqa: Purple	Sunset: 4:52PM	Sarvari 5122
		686864464	Rahu 12:02PM – 1:14PM	Kaulava Until 3:47PM	Nataraja: Purple		Moon 10 - Phase 26
Routine Work Marana Yoga			Shashthi* Until 3:06AM Thu	Moon – Light Blue		3rd Phase	
Until 8:39PM				<b>Sivaloka Day</b>			
Then Creative Work - Amrita Yoga				Ashvina-Aipasi			

5	<b>Thursday, October 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau				Oslo, Norway
	Dhanus Rasi: 18.37	Tithi 7	Gulika 9:38AM – 10:50AM	<b>Purvashadha* Until 8:23PM</b>	Ganesha: Purple	Sunrise: 7:15AM	Sun 20 Sutra 193
			Yama 7:15AM – 8:27AM	Sukarma Until 9:59PM	Muruqa: Purple	Sunset: 4:49PM	Sarvari 5122
		686864464	Rahu 1:14PM – 2:25PM	Gara Until 2:39PM	Nataraja: Purple		Moon 10 - Phase 26
Creative Work Siddha Yoga			Saptami Until 2:22AM Fri	Moon – Light Blue		3rd Phase	
Until 8:23PM				<b>Sivaloka Day</b>			
Then Routine Work - Marana Yoga				Ashvina-Aipasi			

D	<b>Friday, October 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		Gulika 8:28AM – 9:40AM	<b>Uttarashadha Until 8:43PM</b>	Ganesha: Purple	Sunrise: 7:17AM	Sun 21 Sutra 194
	Makara Rasi: 1.56	Tithi 8	Yama 2:24PM – 3:35PM	Dhriti Until 8:47PM	Muruqa: Purple	Sunset: 4:46PM	Sarvari 5122
			686864464	Rahu 10:51AM – 12:02PM	Nataraja: Purple		Moon 10 - Phase 26
Routine Work Marana Yoga			Visti Until 2:19PM	Moon – Light Blue		Ashtami	
			<b>Ashtami* Until 2:25AM Sat</b>	<b>Sivaloka Day</b>			
				Ashvina-Aipasi			

D	<b>Saturday, October 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		Gulika 7:20AM – 8:30AM	<b>Shravana Until 10:05PM</b>	Ganesha: Clear	Sunrise: 7:20AM	Sun 22 Sutra 195
	Makara Rasi: 14.52	Tithi 9	Yama 1:12PM – 2:23PM	Shula* Until 8:07PM	Muruqa: Purple	Sunset: 4:44PM	Sarvari 5122
			696864464	Rahu 9:41AM – 10:51AM	Nataraja: Purple		Moon 10 - Phase 26
Creative Work Siddha Yoga			Balava Until 2:44PM	Moon – Purple		Navami	
			<b>Navami* Until 3:11AM Sun</b>	<b>Sivaloka Day</b>			
				Ashvina-Aipasi			

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1 Sunday, October 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau		Oslo, Norway Sun 23 Sutra 196
Makara Rasi: 27.27	Tithi 10	<b>Gulika</b> 2:21PM – 3:31PM	<b>Dhanishtha Until 11:52PM</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 7:22AM
		Yama 12:02PM – 1:11PM	Ganda* Until 7:56PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:41PM
	696864464	<b>Rahu</b> 3:31PM – 4:41PM	Taitila Until 3:48PM	<b>Nataraja:</b> Purple
Routine Work	Marana Yoga		Dashami Until 4:31AM Mon	Moon – Purple
Until 11:52PM				<b>Subha Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina-Aipasi</b>

<b>2 Monday, October 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Oslo, Norway Sun 24 Sutra 197
Kumbha Rasi: 9.47	Tithi 11	<b>Gulika</b> 1:11PM – 2:20PM	<b>Shatabhishak Until 1:57AM Tue</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 7:25AM
<b>Family Home Evening</b>		Yama 10:52AM – 12:01PM	Vriddhi Until 8:09PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:38PM
Creative Work	Siddha Yoga	<b>Rahu</b> 8:34AM – 9:43AM	Vanija Until 5:24PM	<b>Nataraja:</b> Purple
Until 1:57AM Tue			Ekadashi Until 6:19AM Tue	Moon – Purple
Then Routine Work - Marana Yoga		<b>Vijaya Dasami</b>		<b>Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>

<b>3 Tuesday, October 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada* Nakshatra Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Oslo, Norway Sun 25 Sutra 198
Kumbha Rasi: 21.56	Tithi 11 – 12	<b>Gulika</b> 12:01PM – 1:10PM	<b>Purvaproshtapada* Until 4:42AM Wed</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:27AM
		Yama 9:44AM – 10:53AM	Dhruva Until 8:37PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:35PM
	616964464	<b>Rahu</b> 2:18PM – 3:27PM	Bava Until 7:22PM	<b>Nataraja:</b> Purple
Routine Work	Marana Yoga		Ekadashi Until 6:19AM	Moon – Clear
Until 4:42AM Wed				<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Ashvina-Aipasi</b>

<b>4 Wednesday, October 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 26 Sutra 199
Meena Rasi: 3.58	Tithi 12 – 13	<b>Gulika</b> 10:53AM – 12:01PM	<b>Uttaraproshtapada Until 7:29AM Thu</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:30AM
		Yama 8:38AM – 9:46AM	Vyaghata* Until 9:17PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:33PM
	617964464	<b>Rahu</b> 12:01PM – 1:09PM	Kaulava Until 9:37PM	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Dvadashi Until 8:26AM	Moon – Clear
				<b>Subha Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>

*Pradosha Vrata*

<b>5 Thursday, October 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 27 Sutra 200
Meena Rasi: 15.55	Tithi 13 – 14	<b>Gulika</b> 9:47AM – 10:54AM	<b>Uttaraproshtapada Until 7:29AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:32AM
		Yama 7:32AM – 8:40AM	Harshana Until 10:06PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:30PM
	617964464	<b>Rahu</b> 1:09PM – 2:16PM	Gara Until 12:01AM Fri	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Trayodashi Until 10:47AM	Moon – Clear
Until 10:15AM				<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina-Aipasi</b>

<b>Friday, October 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Oslo, Norway Sun 27 Sutra 201
<b>Copper Retreat Star</b>		<b>Gulika</b> 8:41AM – 9:48AM	<b>Revati Until 10:15AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 7:35AM
Meena Rasi: 27.49	Tithi 14 – 15	Yama 2:14PM – 3:21PM	Vajra* Until 10:57PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:28PM
		<b>Rahu</b> 10:55AM – 12:01PM	Visti Until 2:32AM Sat	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Chaturdashi* Until 1:15PM	Moon – Clear
Until 10:15AM				<b>Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga				<b>Ashvina-Aipasi</b>

<b>Saturday, October 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Oslo, Norway Sun 27 Sutra 202
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:37AM – 8:43AM	<b>Ashvini Until 1:24PM</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 7:37AM
Mesha Rasi: 9.4	Tithi 15 – 16	Yama 1:07PM – 2:13PM	Siddhi Until 11:51PM	<b>Muruqa:</b> Purple <i>Sunset:</i> 4:25PM
		<b>Rahu</b> 9:49AM – 10:55AM	Balava Until 5:04AM Sun	<b>Nataraja:</b> Purple
Creative Work	Siddha Yoga		Purnima* Until 3:47PM	Moon – White
				<b>Subha Subha Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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Sunday, November 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyalipata\* Yoga Kaulava Karana Prathamayam Titau

Oslo, Norway

Sutra 203

Mesha Rasi: 21.31      Tithi 16

Gulika 2:12PM – 3:17PM  
Yama 12:01PM – 1:06PM  
Rahu 3:17PM – 4:22PM

**Bharani Until 4:23PM**  
Vyatipata\* Until 12:44AM Mon  
Kaulava Until 6:18PM  
Prathama\* Until 6:18PM

Ganesha: White      Sunrise: 7:40AM

Muruqa: Purple      Sunset: 4:22PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Moon 11 - Phase 28

1st Phase

Routine Work      Prabalarishta Yoga

Until 4:23PM

Then Creative Work - Siddha Yoga

1

Monday, November 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sun 1      Sutra 204

Wrishabha Rasi: 3.24      Tithi 17

Gulika 1:06PM – 2:11PM  
Yama 10:56AM – 12:01PM  
Rahu 8:47AM – 9:52AM

**Krittika Until 7:06PM**  
Variyan Until 1:29AM Tue  
Taitila Until 7:32AM  
Dvitiya Until 8:42PM

Ganesha: White      Sunrise: 7:42AM

Muruqa: Purple      Sunset: 4:20PM

Nataraja: Purple

Moon – White

Subha Subha Sivaloka Day

Moon 11 - Phase 28

1st Phase

Routine Work      Marana Yoga

Until 7:06PM

Then Creative Work - Amrita Yoga

2

Tuesday, November 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway

Sun 2      Sutra 205

Wrishabha Rasi: 15.2      Tithi 18

Gulika 12:01PM – 1:05PM  
Yama 9:53AM – 10:57AM  
Rahu 2:09PM – 3:13PM

**Rohini Until 9:58PM**  
Parigha\* Until 2:04AM Wed  
Vanija Until 9:52AM  
Tritiya Until 10:54PM

Ganesha: White      Sunrise: 7:45AM

Muruqa: Purple      Sunset: 4:17PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Moon 11 - Phase 28

1st Phase

Creative Work      Amrita Yoga

Until 9:58PM

Then Creative Work - Siddha Yoga

3

Wednesday, November 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Oslo, Norway

Sun 3      Sutra 206

Wrishabha Rasi: 27.22      Tithi 19

Gulika 10:58AM – 12:01PM  
Yama 8:51AM – 9:54AM  
Rahu 12:01PM – 1:05PM

**Mrigashira Until 12:20AM Thu**  
Shiva Until 2:24AM Thu  
Bava Until 11:54AM  
Chaturthi\* Until 12:46AM Thu

Ganesha: White      Sunrise: 7:47AM

Muruqa: Purple      Sunset: 4:15PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Moon 11 - Phase 28

1st Phase

Creative Work      Siddha Yoga

Until 12:20AM Thu

Then Routine Work - Marana Yoga

4

Thursday, November 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Sun 4      Sutra 207

Mithuna Rasi: 9.33      Tithi 20

Gulika 9:56AM – 10:58AM  
Yama 7:50AM – 8:53AM  
Rahu 1:04PM – 2:07PM

**Ardra Until 2:06AM Fri**  
Siddha Until 2:21AM Fri  
Kaulava Until 1:33PM  
Panchami Until 2:09AM Fri

Ganesha: White      Sunrise: 7:50AM

Muruqa: Purple      Sunset: 4:13PM

Nataraja: Purple

Moon – Yellow

Sivaloka Day

Moon 11 - Phase 28

1st Phase

Routine Work      Marana Yoga

Until 2:06AM Fri

Then Creative Work - Siddha Yoga

5

Friday, November 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Oslo, Norway

Sun 5      Sutra 208

Mithuna Rasi: 21.56      Tithi 21

Gulika 8:55AM – 9:57AM  
Yama 2:06PM – 3:08PM  
Rahu 10:59AM – 12:01PM

**Punarvasu Until 3:36AM Sat**  
Sadhya Until 1:51AM Sat  
Gara Until 2:39PM  
Shashthi\* Until 2:56AM Sat

Ganesha: White      Sunrise: 7:52AM

Muruqa: Purple      Sunset: 4:10PM

Nataraja: Purple

Moon – Blue

Sivaloka Day

Moon 11 - Phase 28

1st Phase

Creative Work      Siddha Yoga

6

Saturday, November 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 6      Sutra 209

Kataka Rasi: 5      Tithi 22

Gulika 7:55AM – 8:57AM  
Yama 1:03PM – 2:05PM  
Rahu 9:58AM – 11:00AM

**Pushya Until 4:16AM Sun**  
Subha Until 12:49AM Sun  
Visti Until 3:06PM  
Saptami Until 3:02AM Sun

Ganesha: White      Sunrise: 7:55AM

Muruqa: Purple      Sunset: 4:08PM

Nataraja: Purple

Moon – Blue

Sivaloka Day

Moon 11 - Phase 28

1st Phase

Creative Work      Siddha Yoga

D

Sunday, November 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 7      Sutra 210

Kataka Rasi: 17.37      Tithi 23

Gulika 2:03PM – 3:04PM  
Yama 12:01PM – 1:02PM  
Rahu 3:04PM – 4:05PM

**Ashlesha\* Until 4:03AM Mon**  
Sukla Until 11:11PM  
Balava Until 2:49PM  
Ashtami\* Until 2:23AM Mon

Ganesha: White      Sunrise: 7:57AM

Muruqa: Purple      Sunset: 4:05PM

Nataraja: Purple

Moon – Blue

Sivaloka Day

Moon 11 - Phase 28

Ashtami

Creative Work      Siddha Yoga

Until 4:03AM Mon

Then Routine Work - Marana Yoga

Monday, November 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 8      Sutra 211

Simha Rasi: 1      Tithi 24

Gulika 1:02PM – 2:02PM  
Yama 11:01AM – 12:02PM  
Rahu 9:00AM – 10:01AM

**Magha\* Until 3:25AM Tue**  
Brahma Until 8:58PM  
Taitila Until 1:47PM  
Navami\* Until 12:58AM Tue

Ganesha: Clear      Sunrise: 8:00AM

Muruqa: Purple      Sunset: 4:03PM

Nataraja: Purple

Moon – Red

Subha Sivaloka Day

Moon 11 - Phase 28

Navami

Routine Work      Marana Yoga

Until 3:25AM Tue

Then Creative Work - Siddha Yoga

Ashvina-Aipasi

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Tuesday, November 10, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Oslo, Norway Sun 9 Sutra 212	
Simha Rasi: 14.5	Tithi 25	<b>Gulika</b> 12:02PM – 1:01PM	<b>Purvaphalguni</b> Until 1:57AM Wed	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:02AM	Sarvari 5122	
		Yama 10:02AM – 11:02AM	Indra Until 6:12PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 4:01PM	Moon 11 - Phase 29	
		759964464 <b>Rahu</b> 2:01PM – 3:01PM	Vanija Until 12:02PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 10:53PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 1:57AM Wed				<b>Ashvina•Aipasi</b>			
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, November 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Oslo, Norway Sun 10 Sutra 213	
Simha Rasi: 29.05	Tithi 26	<b>Gulika</b> 11:03AM – 12:02PM	<b>Uttaraphalguni</b> Until 11:46PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:05AM	Sarvari 5122	
		Yama 9:04AM – 10:03AM	Vaidhriti* Until 2:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:59PM	Moon 11 - Phase 29	
		759964464 <b>Rahu</b> 12:02PM – 1:01PM	Bava Until 9:37AM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Amrita Yoga		<b>Ekadashi*</b> Until 8:11PM	Moon – Red		<b>Subha Sivaloka Day</b>	
Until 11:46PM				<b>Ashvina•Aipasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, November 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Oslo, Norway Sun 11 Sutra 214	
Kanya Rasi: 13.45	Tithi 27 – 28	<b>Gulika</b> 10:05AM – 11:03AM	<b>Hasta</b> Until 9:24PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:07AM	Sarvari 5122	
		Yama 8:07AM – 9:06AM	Vishkambha* Until 11:12AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:59PM	Moon 11 - Phase 29	
		769964464 <b>Rahu</b> 1:01PM – 1:59PM	Kaulava Until 6:40AM	<b>Nataraja:</b> Purple		2nd Phase	
Routine Work	Marana Yoga		<b>Dvadashi*</b> Until 5:01PM	Moon – Green		<b>Sivaloka Day</b>	
Until 9:24PM				<b>Ashvina•Aipasi</b>			
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>		<b>Friday, November 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Oslo, Norway Sun 12 Sutra 215	
Kanya Rasi: 28.43	Tithi 28 – 29	<b>Gulika</b> 9:08AM – 10:06AM	<b>Chitra</b> Until 6:37PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:10AM	Sarvari 5122	
		Yama 1:58PM – 2:56PM	Priti Until 7:13AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:54PM	Moon 11 - Phase 29	
		769964464 <b>Rahu</b> 11:04AM – 12:02PM	Visti Until 11:43PM	<b>Nataraja:</b> Purple		2nd Phase	
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 1:31PM	Moon – Green		<b>Sivaloka Day</b>	
		<b>Subramuniyaswami Mahasamadhi</b>		<b>Ashvina•Aipasi</b>			
		<b>Deepavali Hindu Solidarity Day</b>					

<b>Retreat Star</b>		<b>Saturday, November 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Oslo, Norway Sun 13 Sutra 216	
Tula Rasi: 13.51	Tithi 29 – 30	<b>Gulika</b> 8:12AM – 9:10AM	<b>Svati</b> Until 3:34PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 8:12AM	Sarvari 5122	
		Yama 1:00PM – 1:57PM	Saubhagya Until 10:47PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:52PM	Moon 11 - Phase 29	
		769964464 <b>Rahu</b> 10:07AM – 11:05AM	Catuspada Until 8:02PM	<b>Nataraja:</b> Purple		Amavasya	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:52AM	Moon – Green		<b>Sivaloka Day</b>	
				<b>Ashvina•Aipasi</b>			

<b>Retreat Star</b>		<b>Sunday, November 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau		Oslo, Norway Sun 14 Sutra 217	
Tula Rasi: 29.01	Tithi 30 – 1	<b>Gulika</b> 1:56PM – 2:53PM	<b>Vishakha</b> Until 12:49PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:15AM	Sarvari 5122	
		Yama 12:02PM – 12:59PM	Sobhana Until 6:39PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:50PM	Moon 11 - Phase 29	
		779964464 <b>Rahu</b> 2:53PM – 3:50PM	Bava Until 2:42AM Mon	<b>Nataraja:</b> Purple		Prathama	
Routine Work	Marana Yoga		<b>Amavasya*</b> Until 6:12AM	Moon – Orange		<b>Sivaloka Day</b>	
		<b>Skanda Shasthi Begins</b>		<b>Kartika•Aipasi</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Monday, November 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Oslo, Norway
	Vrischika Rasi: 14.04	Tithi 2	<b>Gulika</b> 12:59PM – 1:55PM	<b>Anuradha</b> Until 10:10AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:17AM	Sun 15 Sutra 218
	<b>Family Home Evening</b>	779964465	<b>Rahu</b> 9:14AM – 10:10AM	Athiganda* Until 2:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:48PM	Moon 11 - Phase 30
	Creative Work Siddha Yoga			Balava Until 1:04PM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Dvitiya</b> Until 11:31PM			<b>Devaloka Day</b>	
					<b>Karttika-Karttikai</b>		

<b>2</b>	<b>Tuesday, November 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau				Oslo, Norway
	Vrischika Rasi: 28.5	Tithi 3	<b>Gulika</b> 12:03PM – 12:59PM	<b>Jyeshtha*</b> Until 7:45AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 8:20AM	Sun 16 Sutra 219
		779964465	<b>Rahu</b> 1:54PM – 2:50PM	Sukarma Until 11:07AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:46PM	Moon 11 - Phase 30
	Routine Work Marana Yoga			Taitila Until 10:07AM	<b>Nataraja:</b> Clear		3rd Phase
Until 7:45AM			<b>Tritiya</b> Until 8:50PM			<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Karttika-Karttikai</b>		

<b>3</b>	<b>Wednesday, November 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Oslo, Norway
	Dhanus Rasi: 13.14	Tithi 4	<b>Gulika</b> 11:08AM – 12:03PM	<b>Mula*</b> Until 6:10AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:22AM	Sun 17 Sutra 220
		781964465	<b>Rahu</b> 12:03PM – 12:58PM	Dhriti Until 8:00AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:44PM	Moon 11 - Phase 30
	Routine Work Marana Yoga			Vanija Until 7:44AM	<b>Nataraja:</b> Clear		3rd Phase
Until 6:10AM			<b>Chaturthi*</b> Until 6:46PM			<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga					<b>Karttika-Karttikai</b>		

<b>4</b>	<b>Thursday, November 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Ganda* Yoga Bava/Kaulava Karana Panchami/Shashthyam Titau				Oslo, Norway
	Dhanus Rasi: 27.1	Tithi 5 – 6	<b>Gulika</b> 10:14AM – 11:09AM	<b>Uttarashadha</b> Until 4:40AM Fri	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:24AM	Sun 18 Sutra 221
		781964465	<b>Rahu</b> 12:58PM – 1:53PM	Ganda* Until 3:28AM Fri	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:42PM	Moon 11 - Phase 30
	Routine Work Marana Yoga			Bava Until 6:02AM	<b>Nataraja:</b> Clear		3rd Phase
			<b>Panchami</b> Until 5:28PM			<b>Sivaloka Day</b>	
					<b>Karttika-Karttikai</b>		


<b>5</b>	<b>Friday, November 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vriddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Oslo, Norway
	Makara Rasi: 10.38	Tithi 6 – 7	<b>Gulika</b> 9:21AM – 10:15AM	<b>Shravana</b> Until 5:21AM Sat	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:27AM	Sun 19 Sutra 222
		791164465	<b>Rahu</b> 11:09AM – 12:04PM	Vriddhi Until 2:10AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:40PM	Moon 11 - Phase 30
	Routine Work Marana Yoga			Gara Until 5:03AM Sat	<b>Nataraja:</b> Clear		3rd Phase
Until 5:21AM Sat			<b>Shashthi*</b> Until 4:58PM			<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga					<b>Karttika-Karttikai</b>		

<b>6</b>	<b>Saturday, November 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Dhruva Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Oslo, Norway
	Makara Rasi: 23.4	Tithi 7 – 8	<b>Gulika</b> 8:29AM – 9:23AM	<b>Dhanishtha</b> Until 6:38AM Sun	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:29AM	Sun 20 Sutra 223
		791164465	<b>Rahu</b> 10:16AM – 11:10AM	Dhruva Until 1:28AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:39PM	Moon 11 - Phase 30
	Creative Work Siddha Yoga			Visti Until 5:46AM Sun	<b>Nataraja:</b> Clear		3rd Phase
			<b>Saptami</b> Until 5:18PM			<b>Sivaloka Day</b>	
					<b>Karttika-Karttikai</b>		

<b>D</b>	<b>Sunday, November 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata* Yoga Bava Karana Ashtamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 1:50PM – 2:44PM	<b>Dhanishtha</b> Until 6:38AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:31AM	Sun 21 Sutra 224
	Kumbha Rasi: 6.2	Tithi 8	<b>Rahu</b> 2:44PM – 3:37PM	Vyaghata* Until 1:20AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 3:37PM	Moon 11 - Phase 30
		791164465		Bava Until 6:22PM	<b>Nataraja:</b> Clear		Ashtami
Routine Work Marana Yoga			<b>Ashtami*</b> Until 6:22PM			<b>Sivaloka Day</b>	
Until 6:38AM					<b>Karttika-Karttikai</b>		
Then Creative Work - Siddha Yoga							

<b>D</b>	<b>Monday, November 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaprossthapada* Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 12:57PM – 1:50PM	<b>Shatabhishak</b> Until 8:25AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 8:34AM	Sun 22 Sutra 225
	Kumbha Rasi: 18.4	Tithi 9	<b>Rahu</b> 9:26AM – 10:19AM	Harshana Until 1:39AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:35PM	Moon 11 - Phase 30
		791174465		Balava Until 7:11AM	<b>Nataraja:</b> Clear		Navami
Routine Work Siddha Yoga			<b>Navami*</b> Until 8:05PM			<b>Devaloka Day</b>	
Until 8:25AM					<b>Karttika-Karttikai</b>		
Then Routine Work - Marana Yoga							

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

<b>1</b>		<b>Tuesday, November 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Vajra* Yoga Taitila/Gara Karana Dashamyam Titau		Oslo, Norway Sun 23 Sutra 226	
Meena Rasi: 0.48	Tithi 10	<b>Gulika</b> 12:05PM – 12:57PM	<b>Purvaprosarthapada* Until 11:02AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:36AM		Sarvari 5122
		Yama 10:20AM – 11:12AM	Vajra* Until 2:14AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:33PM		Moon 11 - Phase 31
		711174465 <b>Rahu</b> 1:49PM – 2:41PM	Taitila Until 9:08AM	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Dashami Until 10:14PM</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 11:02AM						<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga							
<b>2</b>		<b>Wednesday, November 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau		Oslo, Norway Sun 24 Sutra 227	
Meena Rasi: 12.46	Tithi 11	<b>Gulika</b> 11:13AM – 12:05PM	<b>Uttaraprosarthapada Until 1:50PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:38AM		Sarvari 5122
		Yama 9:30AM – 10:22AM	Siddhi Until 3:02AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:32PM		Moon 11 - Phase 31
		711174465 <b>Rahu</b> 12:05PM – 12:57PM	Vanija Until 11:28AM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 12:41AM Thu</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 1:50PM						<b>Karttika-Karttikai</b>	
Then Routine Work - Marana Yoga							
<b>3</b>		<b>Thursday, November 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati/Ashvini Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashtyam Titau		Oslo, Norway Sun 25 Sutra 228	
Meena Rasi: 24.39	Tithi 12	<b>Gulika</b> 10:23AM – 11:14AM	<b>Revati Until 4:39PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:40AM		Sarvari 5122
		Yama 8:40AM – 9:32AM	Vyatipata* Until 3:57AM Fri	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:30PM		Moon 11 - Phase 31
		711174465 <b>Rahu</b> 12:57PM – 1:48PM	Bava Until 1:59PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Dvadashti Until 3:16AM Fri</b>	Moon – Clear		<b>Devaloka Day</b>	
Until 4:39PM						<b>Karttika-Karttikai</b>	
Then Creative Work - Amrita Yoga							
<b>4</b>		<b>Friday, November 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau		Oslo, Norway Sun 26 Sutra 229	
Mesha Rasi: 6.3	Tithi 13	<b>Gulika</b> 9:33AM – 10:24AM	<b>Ashvini Until 7:50PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:42AM		Sarvari 5122
		Yama 1:47PM – 2:38PM	Variyan Until 4:48AM Sat	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:29PM		Moon 11 - Phase 31
		721174465 <b>Rahu</b> 11:15AM – 12:06PM	Kaulava Until 4:35PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 5:50AM Sat</b>	Moon – White		<b>Bhuloka Day</b>	
Until 7:50PM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>	<b>Karttika-Karttikai</b>			
<b>5</b>		<b>Saturday, November 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Parigha* Yoga Gara Karana Chaturdashyam Titau		Oslo, Norway Sun 27 Sutra 230	
Mesha Rasi: 18.21	Tithi 14	<b>Gulika</b> 8:44AM – 9:35AM	<b>Bharani Until 10:45PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:44AM		Sarvari 5122
		Yama 12:56PM – 1:47PM	Parigha* Until 5:35AM Sun	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:28PM		Moon 11 - Phase 31
		722174465 <b>Rahu</b> 10:25AM – 11:16AM	Gara Until 7:06PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:16AM Sun</b>	Moon – White		<b>Bhuloka Day</b>	
Until 10:45PM						<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga				<b>Karttika-Karttikai</b>			
		<b>Sunday, November 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Oslo, Norway Sutra 231	
<b>Copper Retreat Star</b>		<b>Gulika</b> 1:46PM – 2:36PM	<b>Krittika Until 1:20AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:47AM		Sarvari 5122
Virshabha Rasi: 0.15	Tithi 14 – 15	Yama 12:06PM – 12:56PM	Shiva Until 6:12AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:26PM		Moon 11 - Phase 31
		722174465 <b>Rahu</b> 2:36PM – 3:26PM	Visti Until 9:25PM	<b>Nataraja:</b> Clear			Purnima
Creative Work	Siddha Yoga		<b>Chaturdashi* Until 8:16AM</b>	Moon – White		<b>Bhuloka Day</b>	
Until 1:20AM Mon		<b>Krittika Deepam</b>				<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga				<b>Karttika-Karttikai</b>			
<b>Monday, November 30, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Oslo, Norway Sutra 232	
Virshabha Rasi: 12.14	Tithi 15 – 16	<b>Gulika</b> 12:56PM – 1:46PM	<b>Rohini Until 3:58AM Tue</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:49AM		Sarvari 5122
<b>Family Home Evening</b>		Yama 11:17AM – 12:07PM	Shiva Until 6:12AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 3:25PM		Moon 11 - Phase 31
		732174465 <b>Rahu</b> 9:38AM – 10:28AM	Balava Until 11:29PM	<b>Nataraja:</b> Clear			Prathama
Creative Work	Amrita Yoga		<b>Purnima* Until 10:28AM</b>	Moon – Yellow		<b>Devaloka Day</b>	
Until 3:58AM Tue		<b>Penumbra Lunar Eclipse</b>				<b>Karttika-Karttikai</b>	
Then Creative Work - Siddha Yoga		<b>Vinayaga Viratam Begins</b>					



Tuesday, December 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvilyayam Titau

Oslo, Norway

Sutra 233

Mrigashira Rasi: 24.21 Tithi 16 – 17

732174465

**Gulika** 12:07PM – 12:56PM  
**Yama** 10:29AM – 11:18AM  
**Rahu** 1:45PM – 2:35PM

**Mrigashira** Until 6:06AM Wed  
Siddha Until 6:35AM  
Taitila Until 1:11AM Wed  
Prathama\* Until 12:22PM

**Ganesha:** Yellow *Sunrise:* 8:51AM  
**Muruqa:** Clear *Sunset:* 3:24PM  
**Nataraja:** Clear  
Moon – Yellow

Moon 12 - Phase 32  
1st Phase

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

1

Wednesday, December 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvilyaya/Tritiyayam Titau

Oslo, Norway

Sun 1 Sutra 234

Mithuna Rasi: 7 Tithi 17 – 18

732174465

**Gulika** 11:19AM – 12:08PM  
**Yama** 9:41AM – 10:30AM  
**Rahu** 12:08PM – 12:56PM

**Mrigashira** Until 6:06AM  
Sadhya Until 6:41AM  
Vanija Until 2:29AM Thu  
Dvitiya Until 1:52PM

**Ganesha:** Yellow *Sunrise:* 8:52AM  
**Muruqa:** Clear *Sunset:* 3:23PM  
**Nataraja:** Clear  
Moon – Yellow

Moon 12 - Phase 32  
1st Phase

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

2

Thursday, December 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Oslo, Norway

Sun 2 Sutra 235

Mithuna Rasi: 19.02 Tithi 18 – 19

732174465

**Gulika** 10:31AM – 11:20AM  
**Yama** 8:54AM – 9:43AM  
**Rahu** 12:56PM – 1:45PM

**Ardra** Until 7:40AM  
Subha Until 6:30AM  
Bava Until 3:20AM Fri  
Tritiya Until 2:57PM

**Ganesha:** Yellow *Sunrise:* 8:54AM  
**Muruqa:** Clear *Sunset:* 3:22PM  
**Nataraja:** Clear  
Moon – Yellow

Moon 12 - Phase 32  
1st Phase

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 7:40AM

Then Creative Work - Amrita Yoga

3

Friday, December 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 236

Kataka Rasi: 1.4 Tithi 19 – 20

742174465

**Gulika** 9:44AM – 10:32AM  
**Yama** 1:45PM – 2:33PM  
**Rahu** 11:20AM – 12:08PM

**Punarvasu** Until 9:07AM  
Brahma Until 5:00AM Sat  
Kaulava Until 3:42AM Sat  
Chaturthi\* Until 3:34PM

**Ganesha:** White *Sunrise:* 8:56AM  
**Muruqa:** Clear *Sunset:* 3:21PM  
**Nataraja:** Clear  
Moon – Blue

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Karttika-Karttikai

Creative Work Siddha Yoga

Until 9:07AM

Then Routine Work - Marana Yoga

4

Saturday, December 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Indra Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Oslo, Norway

Sun 4 Sutra 237

Kataka Rasi: 14.31 Tithi 20 – 21

742174465

**Gulika** 8:58AM – 9:46AM  
**Yama** 12:57PM – 1:44PM  
**Rahu** 10:33AM – 11:21AM

**Pushya** Until 9:56AM  
Indra Until 3:42AM Sun  
Gara Until 3:33AM Sun  
Panchami Until 3:40PM

**Ganesha:** White *Sunrise:* 8:58AM  
**Muruqa:** Clear *Sunset:* 3:20PM  
**Nataraja:** Clear  
Moon – Blue

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Karttika-Karttikai

Creative Work Siddha Yoga

Until 9:56AM

Then Routine Work - Marana Yoga

5

Sunday, December 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 5 Sutra 238

Kataka Rasi: 27.38 Tithi 21 – 22

742174465

**Gulika** 1:44PM – 2:32PM  
**Yama** 12:09PM – 12:57PM  
**Rahu** 2:32PM – 3:19PM

**Ashlesha\*** Until 10:06AM  
Vaidhriti\* Until 1:56AM Mon  
Visti Until 2:52AM Mon  
Shashthi\* Until 3:16PM

**Ganesha:** White *Sunrise:* 9:00AM  
**Muruqa:** Clear *Sunset:* 3:19PM  
**Nataraja:** Clear  
Moon – Blue

Moon 12 - Phase 32  
1st Phase

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Karttika-Karttikai

Creative Work Siddha Yoga

Until 10:06AM

Then Routine Work - Marana Yoga

☾

Monday, December 7, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 239

Simha Rasi: 11.02 Tithi 22 – 23

752174465

**Gulika** 12:57PM – 1:44PM  
**Yama** 11:23AM – 12:10PM  
**Rahu** 9:48AM – 10:35AM

**Magha\*** Until 10:02AM  
Vishkambha\* Until 11:46PM  
Balava Until 1:39AM Tue  
Saptami Until 2:19PM

**Ganesha:** Clear *Sunrise:* 9:01AM  
**Muruqa:** Clear *Sunset:* 3:18PM  
**Nataraja:** Clear  
Moon – Red

Moon 12 - Phase 32  
Ashtami

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 10:02AM

Then Creative Work - Siddha Yoga

Tuesday, December 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Oslo, Norway

Sun 7 Sutra 240

Simha Rasi: 24.45 Tithi 23 – 24

752174465

**Gulika** 12:10PM – 12:57PM  
**Yama** 10:36AM – 11:23AM  
**Rahu** 1:44PM – 2:31PM

**Purvaphalguni** Until 9:18AM  
Priti Until 9:12PM  
Taitila Until 11:55PM  
Ashtami\* Until 12:50PM

**Ganesha:** Clear *Sunrise:* 9:03AM  
**Muruqa:** Clear *Sunset:* 3:18PM  
**Nataraja:** Clear  
Moon – Red

Moon 12 - Phase 32  
Navami

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 9:18AM

Then Creative Work - Amrita Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Wednesday, December 9, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Oslo, Norway
	Kanya Rasi: 8.46	Tithi 24 – 25	752174465	<b>Gulika</b> 11:24AM – 12:11PM <b>Yama</b> 9:51AM – 10:37AM <b>Rahu</b> 12:11PM – 12:57PM	<b>Uttaraphalguni</b> Until 7:55AM Ayushman Until 6:14PM Vanija Until 9:42PM <b>Navami*</b> Until 10:51AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Red	Sun 8 Sutra 241 Sarvari 5122 Moon 12 - Phase 33 2nd Phase <b>Devaloka Day</b>
Creative Work Amrita Yoga Until 7:55AM Then Routine Work - Marana Yoga			<b>Karttika-Karttikai</b>				


<b>2</b>	<b>Thursday, December 10, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Visti/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway
	Kanya Rasi: 23.05	Tithi 25 – 26	762174465	<b>Gulika</b> 10:38AM – 11:25AM <b>Yama</b> 9:06AM – 9:52AM <b>Rahu</b> 12:57PM – 1:44PM	<b>Hasta</b> Until 6:23AM Saubhagya Until 2:55PM Bava Until 7:05PM <b>Dashami</b> Until 8:25AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 9 Sutra 242 Sarvari 5122 Moon 12 - Phase 33 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Routine Work Marana Yoga Until 6:23AM Then Creative Work - Siddha Yoga			<b>Karttika-Karttikai</b>				

<b>3</b>	<b>Friday, December 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Svati Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Dvadashyam Titau				Oslo, Norway
	Tula Rasi: 7.4	Tithi 27	762174465	<b>Gulika</b> 9:53AM – 10:39AM <b>Yama</b> 1:44PM – 2:30PM <b>Rahu</b> 11:25AM – 12:12PM	<b>Svati</b> Until 1:54AM Sat Sobhana Until 11:22AM Kaulava Until 4:09PM <b>Dvadashi*</b> Until 2:35AM Sat	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Green	Sun 10 Sutra 243 Sarvari 5122 Moon 12 - Phase 33 2nd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Siddha Yoga			<b>Karttika-Karttikai</b>				

<b>4</b>	<b>Saturday, December 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarna Yoga Gara/Vanija Karana Trayodashyam Titau				Oslo, Norway
	Tula Rasi: 22.26	Tithi 28	773174465	<b>Gulika</b> 9:08AM – 9:54AM <b>Yama</b> 12:58PM – 1:44PM <b>Rahu</b> 10:40AM – 11:26AM	<b>Vishakha</b> Until 11:36PM Athiganda* Until 7:36AM Gara Until 1:02PM <b>Trayodashi*</b> Until 11:26PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	Sun 11 Sutra 244 Sarvari 5122 Moon 12 - Phase 33 2nd Phase <b>Devaloka Day</b>
Creative Work Siddha Yoga			<b>Karttika-Karttikai</b>				

*Pradosha Vrata (Fasting)*

<b>5</b>	<b>Sunday, December 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Oslo, Norway
	Vrischika Rasi: 7.17	Tithi 29	773174465	<b>Gulika</b> 1:44PM – 2:30PM <b>Yama</b> 12:13PM – 12:58PM <b>Rahu</b> 2:30PM – 3:16PM	<b>Anuradha</b> Until 9:11PM Dhriti Until 12:00AM Mon Visti Until 9:52AM <b>Chaturdashi*</b> Until 8:17PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	Sun 12 Sutra 245 Sarvari 5122 Moon 12 - Phase 33 2nd Phase <b>Devaloka Day</b>
Routine Work Marana Yoga			<b>Karttika-Karttikai</b>				

	<b>Monday, December 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Oslo, Norway
	Vrischika Rasi: 22.05	Tithi 30 – 1	773174465	<b>Gulika</b> 12:59PM – 1:44PM <b>Yama</b> 11:27AM – 12:13PM <b>Rahu</b> 9:56AM – 10:42AM	<b>Jyeshtha*</b> Until 6:47PM Shula* Until 8:21PM Catuspada Until 6:46AM <b>Amavasya*</b> Until 5:17PM	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Orange	Sun 13 Sutra 246 Sarvari 5122 Moon 12 - Phase 33 Amavasya <b>Devaloka Day</b>
Family Home Evening Creative Work Siddha Yoga			<b>Karttika-Karttikai</b>				

Total Solar Eclipse

<b>Retreat Star</b>	<b>Tuesday, December 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvilyayam Titau				Oslo, Norway
	Dhanus Rasi: 6.43	Tithi 1 – 2	783274465	<b>Gulika</b> 12:14PM – 12:59PM <b>Yama</b> 10:43AM – 11:28AM <b>Rahu</b> 1:45PM – 2:30PM	<b>Mula*</b> Until 5:00PM Ganda* Until 4:59PM Balava Until 1:28AM Wed <b>Prathama*</b> Until 2:37PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	Sun 14 Sutra 247 Sarvari 5122 Moon 12 - Phase 33 Prathama <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM
Creative Work Amrita Yoga Until 5:00PM Then Creative Work - Siddha Yoga			<b>Margasira-Markali</b>				

Markali Pillaiyar

1	<b>Wednesday, December 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Oslo, Norway
	Dhanus Rasi: 21.03	Tithi 2 – 3	883274465	<b>Gulika</b> 11:29AM – 12:14PM	<b>Purvashadha* Until 3:32PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	Sun 15 Sutra 248 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Creative Work	Amrita Yoga		Yama 9:58AM – 10:43AM	Vriddhi Until 2:01PM	Sunrise: 9:13AM Sunset: 3:15PM	
				<b>Rahu</b> 12:14PM – 12:59PM	Taitila Until 11:32PM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

2	<b>Thursday, December 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Oslo, Norway
	Makara Rasi: 5.02	Tithi 3 – 4	883274465	<b>Gulika</b> 10:44AM – 11:29AM	<b>Uttarashadha Until 2:32PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue	Sun 16 Sutra 249 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Routine Work	Marana Yoga		Yama 9:14AM – 9:59AM	Dhruva Until 11:31AM	Sunrise: 9:14AM Sunset: 3:16PM	
	Until 2:32PM	Then Creative Work - Siddha Yoga		<b>Rahu</b> 1:00PM – 1:45PM	Vanija Until 10:15PM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

3	<b>Friday, December 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Oslo, Norway
	Makara Rasi: 18.35	Tithi 4 – 5	893274465	<b>Gulika</b> 10:00AM – 10:45AM	<b>Shravana Until 2:33PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	Sun 17 Sutra 250 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Routine Work	Marana Yoga		Yama 1:45PM – 2:31PM	Vyaghata* Until 9:34AM	Sunrise: 9:14AM Sunset: 3:16PM	
	Until 2:33PM	Then Creative Work - Siddha Yoga		<b>Rahu</b> 11:30AM – 12:15PM	Bava Until 9:44PM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

4	<b>Saturday, December 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Oslo, Norway
	Kumbha Rasi: 1.44	Tithi 5 – 6	893274465	<b>Gulika</b> 9:15AM – 10:00AM	<b>Dhanishtha Until 3:10PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	Sun 18 Sutra 251 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Creative Work	Siddha Yoga		Yama 1:01PM – 1:46PM	Harshana Until 8:15AM	Sunrise: 9:15AM Sunset: 3:16PM	
	Until 3:10PM	Then Creative Work - Amrita Yoga		<b>Rahu</b> 10:45AM – 11:31AM	Kaulava Until 10:00PM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

5	<b>Sunday, December 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Oslo, Norway
	Kumbha Rasi: 14.3	Tithi 6 – 7	893274465	<b>Gulika</b> 1:46PM – 2:31PM	<b>Shatabhishak Until 4:22PM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple	Sun 19 Sutra 252 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Creative Work	Siddha Yoga		Yama 12:16PM – 1:01PM	Vajra* Until 7:31AM	Sunrise: 9:16AM Sunset: 3:17PM	
				<b>Rahu</b> 2:31PM – 3:17PM	Gara Until 11:02PM	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Vinayaga Viratam Ends

D	<b>Monday, December 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		813274465	<b>Gulika</b> 1:02PM – 1:47PM	<b>Purvaproshtapada* Until 6:34PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	Sun 20 Sutra 253 Sarvari 5122 Moon 12 - Phase 34 Ashtami
	Kumbha Rasi: 26.56	Tithi 7 – 8		Yama 11:32AM – 12:17PM	Siddhi Until 7:21AM	Sunrise: 9:16AM Sunset: 3:17PM	
	<b>Family Home Evening</b>			<b>Rahu</b> 10:01AM – 10:46AM	Visti Until 12:44AM Tue	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

D	<b>Tuesday, December 22, 2020</b>		Sarvari Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway
	<b>Retreat Star</b>		813274465	<b>Gulika</b> 12:17PM – 1:02PM	<b>Uttaraproshtapada Until 9:07PM</b>	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear	Sun 21 Sutra 254 Sarvari 5122 Moon 12 - Phase 34 Navami
	Meena Rasi: 9.05	Tithi 8 – 9		Yama 10:47AM – 11:32AM	Vyatipata* Until 7:40AM	Sunrise: 9:17AM Sunset: 3:18PM	
	Creative Work	Amrita Yoga		<b>Rahu</b> 1:47PM – 2:33PM	Balava Until 2:57AM Wed	<b>Margasira*Markali</b>	<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

Day 2 of Pancha Ganapati

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Wednesday, December 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam				Oslo, Norway
	Meena Rasi: 21.04    Tithi 9 – 10		Revati Nakshatra Variyani/Parigha* Yoga Kara Karana Navami/Dashamyam Titau				Sun 22    Sutra 255
	813274465		<b>Gulika</b> 11:33AM – 12:18PM	<b>Revati Until 11:51PM</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 9:17AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:18PM	Sarvari 5122
Routine Work    Marana Yoga		<b>Yama</b> 10:02AM – 10:47AM	Variyan Until 8:18AM	<b>Nataraja:</b> Clear		Moon 12 - Phase 35	
		<b>Rahu</b> 12:18PM – 1:03PM	Taitila Until 5:29AM Thu	<b>Moon – Clear</b>		4th Phase	
		<b>Day 3 of Pancha Ganapati</b>	<b>Navami* Until 4:10PM</b>	<b>Margasira*Markali</b>	<b>Bhuloka Day</b>	Devaloka Time: 3:PM to 6:PM	


<b>2</b>	<b>Thursday, December 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam				Oslo, Norway
	Mesha Rasi: 2.56    Tithi 10		Ashvini Nakshatra Parigha*/Shiva Yoga Gara Karana Dashamyam Titau				Sun 23    Sutra 256
	823274465		<b>Gulika</b> 10:48AM – 11:33AM	<b>Ashvini Until 3:04AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 9:17AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:19PM	Sarvari 5122
Creative Work    Amrita Yoga		<b>Yama</b> 9:17AM – 10:03AM	Parigha* Until 9:08AM	<b>Nataraja:</b> Clear		Moon 12 - Phase 35	
Until 3:04AM Fri		<b>Rahu</b> 1:03PM – 1:49PM	Gara Until 6:46PM	<b>Moon – White</b>		4th Phase	
Then Creative Work - Siddha Yoga		<b>Day 4 of Pancha Ganapati</b>	<b>Dashami Until 6:46PM</b>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>		

<b>3</b>	<b>Friday, December 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam				Oslo, Norway
	Mesha Rasi: 14.46    Tithi 11		Bharani Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau				Sun 24    Sutra 257
	823274465		<b>Gulika</b> 10:03AM – 10:48AM	<b>Bharani Until 6:02AM Sat</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 9:18AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:20PM	Sarvari 5122
Creative Work    Siddha Yoga		<b>Yama</b> 1:49PM – 2:35PM	Shiva Until 10:03AM	<b>Nataraja:</b> Clear		Moon 12 - Phase 35	
Until 6:02AM Sat		<b>Rahu</b> 11:33AM – 12:19PM	Vanija Until 8:06AM	<b>Moon – White</b>		4th Phase	
Then Creative Work - Amrita Yoga		<b>Day 5 of Pancha Ganapati</b>	<b>Ekadashi Until 9:22PM</b>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>		

<b>4</b>	<b>Saturday, December 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam				Oslo, Norway
	Mesha Rasi: 26.38    Tithi 12		Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Dvadashyam Titau				Sun 25    Sutra 258
	824274466		<b>Gulika</b> 9:18AM – 10:03AM	<b>Bharani Until 6:02AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 9:18AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:21PM	Sarvari 5122
Creative Work    Siddha Yoga		<b>Yama</b> 1:05PM – 1:50PM	Siddha Until 10:51AM	<b>Nataraja:</b> Orange		Moon 12 - Phase 35	
Until 6:02AM		<b>Rahu</b> 10:48AM – 11:34AM	Bava Until 10:38AM	<b>Moon – White</b>		4th Phase	
Then Creative Work - Amrita Yoga			<b>Dvadashi Until 11:47PM</b>	<b>Margasira*Markali</b>	<b>Sivaloka Day</b>		

<b>5</b>	<b>Sunday, December 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam				Oslo, Norway
	Vrishabha Rasi: 9    Tithi 13		Krittika/Rohini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau				Sun 26    Sutra 259
	824274466		<b>Gulika</b> 1:51PM – 2:36PM	<b>Krittika Until 8:37AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 9:18AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:22PM	Sarvari 5122
Creative Work    Siddha Yoga		<b>Yama</b> 12:20PM – 1:05PM	Sadhya Until 11:27AM	<b>Nataraja:</b> Orange		Moon 12 - Phase 35	
		<b>Rahu</b> 2:36PM – 3:22PM	Kaulava Until 12:53PM	<b>Moon – White</b>		4th Phase	
			<b>Trayodashi Until 1:50AM Mon</b>	<b>Margasira*Markali</b>	<b>Sivaloka Day</b>		
			<i>Pradosha Vrata</i>				

<b>6</b>	<b>Monday, December 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam				Oslo, Norway
	Vrishabha Rasi: 20.42    Tithi 14		Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau				Sun 27    Sutra 260
	834274466		<b>Gulika</b> 1:06PM – 1:52PM	<b>Rohini Until 11:08AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 9:18AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:23PM	Sarvari 5122
Family Home Evening		<b>Yama</b> 11:35AM – 12:20PM	Subha Until 11:46AM	<b>Nataraja:</b> Orange		Moon 12 - Phase 35	
Creative Work    Amrita Yoga		<b>Rahu</b> 10:03AM – 10:49AM	Gara Until 2:43PM	<b>Moon – Yellow</b>		4th Phase	
			<b>Chaturdashi* Until 3:25AM Tue</b>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>		

	<b>Tuesday, December 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam				Oslo, Norway
	<b>Copper Retreat Star</b>		Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau				Sutra 261
	Mithuna Rasi: 3.01    Tithi 15						Sarvari 5122
834274466		<b>Gulika</b> 12:21PM – 1:07PM	<b>Mrigashira Until 1:02PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 9:17AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:24PM	Moon 12 - Phase 35	
Creative Work    Siddha Yoga		<b>Yama</b> 10:49AM – 11:35AM	Sukla Until 11:40AM	<b>Nataraja:</b> Orange		Purnima	
Until 1:02PM		<b>Rahu</b> 1:52PM – 2:38PM	Visti Until 4:02PM	<b>Moon – Yellow</b>			
Then Routine Work - Marana Yoga			<b>Purnima* Until 4:29AM Wed</b>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>		

<b>○</b>	<b>Wednesday, December 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam				Oslo, Norway
	<b>Silver Retreat Star</b>		Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau				Sutra 262
	Mithuna Rasi: 15.32    Tithi 16						Sarvari 5122
834274466		<b>Gulika</b> 11:35AM – 12:21PM	<b>Ardra Until 2:15PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 9:17AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 3:25PM	Moon 12 - Phase 35	
Creative Work    Siddha Yoga		<b>Yama</b> 10:03AM – 10:49AM	Brahma Until 11:12AM	<b>Nataraja:</b> Orange		Prathama	
		<b>Rahu</b> 12:21PM – 1:07PM	Balava Until 4:50PM	<b>Moon – Yellow</b>			
			<b>Prathama* Until 5:01AM Thu</b>	<b>Margasira*Markali</b>	<b>Devaloka Day</b>		
		<b>Ardra Darshanam</b>					





Thursday, December 31, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Tailila/Gara Karana Dvitiyayam Titau

Oslo, Norway

Sutra 263

Sarvari 5122

Mithuna Rasi: 28.19      Tithi 17

844274466      **Gulika** 10:49AM – 11:36AM

**Yama** 9:17AM – 10:03AM

**Rahu** 1:08PM – 1:54PM

**Punarvasu** Until 3:17PM

Indra Until 10:20AM

Taitila Until 5:06PM

**Dvitiya** Until 5:02AM Fri

**Ganesha:** White      *Sunrise:* 9:17AM

**Muruqa:** Clear      *Sunset:* 3:27PM

**Nataraja:** Orange

Moon – Blue

**Margasira-Markali**

**Sivaloka Day**

Creative Work      Amrita Yoga

1

Friday, January 1, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Oslo, Norway

Sun 1      Sutra 264

Sarvari 5122

Kataka Rasi: 11.2      Tithi 18

844274466      **Gulika** 10:03AM – 10:49AM

**Yama** 1:54PM – 2:41PM

**Rahu** 11:36AM – 12:22PM

**Pushya** Until 3:42PM

Vaidhriti\* Until 9:04AM

Vanija Until 4:54PM

**Tritiya** Until 4:38AM Sat

**Ganesha:** White      *Sunrise:* 9:17AM

**Muruqa:** Clear      *Sunset:* 3:27PM

**Nataraja:** Orange

Moon – Blue

**Margasira-Markali**

**Sivaloka Day**

Routine Work      Marana Yoga

2

Saturday, January 2, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chaturthiyam Titau

Oslo, Norway

Sun 2      Sutra 265

Sarvari 5122

Kataka Rasi: 24.34      Tithi 19

844274466      **Gulika** 9:16AM – 10:03AM

**Yama** 1:09PM – 1:55PM

**Rahu** 10:49AM – 11:36AM

**Ashlesha\*** Until 3:34PM

Vishkambha\* Until 7:28AM

Bava Until 4:18PM

**Chaturthi\*** Until 3:50AM Sun

**Ganesha:** White      *Sunrise:* 9:16AM

**Muruqa:** Clear      *Sunset:* 3:28PM

**Nataraja:** Orange

Moon – Blue

**Margasira-Markali**

**Sivaloka Day**

Routine Work      Marana Yoga

Until 3:34PM

Then Creative Work - Amrita Yoga

3

Sunday, January 3, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Oslo, Norway

Sun 3      Sutra 266

Sarvari 5122

Simha Rasi: 8.01      Tithi 20

854274466      **Gulika** 1:56PM – 2:43PM

**Yama** 12:23PM – 1:10PM

**Rahu** 2:43PM – 3:30PM

**Magha\*** Until 3:23PM

Ayushman Until 3:26AM Mon

Kaulava Until 3:19PM

**Panchami** Until 2:42AM Mon

**Ganesha:** Clear      *Sunrise:* 9:16AM

**Muruqa:** Clear      *Sunset:* 3:30PM

**Nataraja:** Orange

Moon – Red

**Margasira-Markali**

**Devaloka Day**

Routine Work      Marana Yoga

Until 3:23PM

Then Creative Work - Siddha Yoga

4

Monday, January 4, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthiyam Titau

Oslo, Norway

Sun 4      Sutra 267

Sarvari 5122

Simha Rasi: 21.39      Tithi 21

854274466      **Gulika** 1:10PM – 1:57PM

**Yama** 11:36AM – 12:23PM

**Rahu** 10:02AM – 10:49AM

**Purvaphalguni** Until 2:44PM

Saubhagya Until 1:04AM Tue

Gara Until 2:03PM

**Shashthi\*** Until 1:17AM Tue

**Ganesha:** Clear      *Sunrise:* 9:15AM

**Muruqa:** Clear      *Sunset:* 3:31PM

**Nataraja:** Orange

Moon – Red

**Margasira-Markali**

**Devaloka Day**

Creative Work      Siddha Yoga

Family Home Evening

5

Tuesday, January 5, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Oslo, Norway

Sun 5      Sutra 268

Sarvari 5122

Kanya Rasi: 5.27      Tithi 22

854274466      **Gulika** 12:24PM – 1:11PM

**Yama** 10:49AM – 11:36AM

**Rahu** 1:58PM – 2:46PM

**Uttaraphalguni** Until 1:41PM

Sobhana Until 10:30PM

Visti Until 12:29PM

**Saptami** Until 11:36PM

**Ganesha:** Clear      *Sunrise:* 9:15AM

**Muruqa:** Clear      *Sunset:* 3:33PM

**Nataraja:** Orange

Moon – Red

**Margasira-Markali**

**Devaloka Day**

Creative Work      Amrita Yoga

Until 1:41PM

Then Creative Work - Siddha Yoga

D

Wednesday, January 6, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 6      Sutra 269

Sarvari 5122

Kanya Rasi: 19.24      Tithi 23

864274466      **Gulika** 11:37AM – 12:24PM

**Yama** 10:01AM – 10:49AM

**Rahu** 12:24PM – 1:12PM

**Hasta** Until 12:41PM

Athiganda\* Until 7:44PM

Balava Until 10:41AM

**Ashtami\*** Until 9:41PM

**Ganesha:** Purple      *Sunrise:* 9:14AM

**Muruqa:** Clear      *Sunset:* 3:35PM

**Nataraja:** Orange

Moon – Green

**Margasira-Markali**

**Sivaloka Day**

Routine Work      Marana Yoga

Until 12:41PM

Then Creative Work - Siddha Yoga

Thursday, January 7, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 7      Sutra 270

Sarvari 5122

Tula Rasi: 3.31      Tithi 24

865274466      **Gulika** 10:49AM – 11:37AM

**Yama** 9:13AM – 10:01AM

**Rahu** 1:13PM – 2:00PM

**Chitra** Until 11:20AM

Sukarma Until 4:48PM

Taitila Until 8:40AM

**Navami\*** Until 7:34PM

**Ganesha:** Clear      *Sunrise:* 9:13AM

**Muruqa:** Clear      *Sunset:* 3:36PM

**Nataraja:** Orange

Moon – Green

**Margasira-Markali**

**Devaloka Day**

Creative Work      Siddha Yoga

Until 11:20AM

Then Creative Work - Amrita Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	<b>Friday, January 8, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Vanija/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway
	Tula Rasi: 17.44	Tithi 25 – 26	865274466	<b>Gulika</b> 2:00AM – 10:49AM Yama 2:02PM – 2:50PM <b>Rahu</b> 11:37AM – 12:25PM	<b>Svati Until 9:38AM</b> Dhriti Until 1:44PM Vanija Until 6:27AM <b>Dashami Until 5:17PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Green <b>Margasira*Markali</b>	Sun 8 Sutra 271 Sarvari 5122 Moon 13 - Phase 37 2nd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

2	<b>Saturday, January 9, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway
	Vrischika Rasi: 2.04	Tithi 26 – 27	875374466	<b>Gulika</b> 9:11AM – 10:00AM Yama 1:14PM – 2:03PM <b>Rahu</b> 10:48AM – 11:37AM	<b>Vishakha Until 8:06AM</b> Shula* Until 10:33AM Kaulava Until 1:41AM Sun <b>Ekadashi* Until 2:53PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Orange <b>Margasira*Markali</b>	Sun 9 Sutra 272 Sarvari 5122 Moon 13 - Phase 37 2nd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

3	<b>Sunday, January 10, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Oslo, Norway
	Vrischika Rasi: 16.26	Tithi 27 – 28	875374466	<b>Gulika</b> 2:04PM – 2:53PM Yama 12:26PM – 1:15PM <b>Rahu</b> 2:53PM – 3:42PM	<b>Anuradha Until 6:22AM</b> Ganda* Until 7:21AM Gara Until 11:16PM <b>Dvadashi* Until 12:27PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Orange <b>Margasira*Markali</b>	Sun 10 Sutra 273 Sarvari 5122 Moon 13 - Phase 37 2nd Phase <b>Devaloka Day</b>
	Routine Work	Marana Yoga					

*Pradosha Vrata (Fasting)*

4	<b>Monday, January 11, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Mula* Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway
	Dhanus Rasi: 0.47	Tithi 28 – 29	885374466	<b>Gulika</b> 1:16PM – 2:05PM Yama 11:37AM – 12:26PM <b>Rahu</b> 9:58AM – 10:48AM	<b>Mula* Until 3:07AM Tue</b> Dhruva Until 1:06AM Tue Visti Until 8:58PM <b>Trayodashi* Until 10:05AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Margasira*Markali</b>	Sun 11 Sutra 274 Sarvari 5122 Moon 13 - Phase 37 2nd Phase <b>Devaloka Day</b>
	Family Home Evening						
	Creative Work	Siddha Yoga					

●	<b>Tuesday, January 12, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway
	<b>Retreat Star</b>		885374466	<b>Gulika</b> 12:27PM – 1:17PM Yama 10:47AM – 11:37AM <b>Rahu</b> 2:06PM – 2:56PM	<b>Purvashadha* Until 1:49AM Wed</b> Vyaghata* Until 10:15PM Catuspada Until 6:54PM <b>Chaturdashi* Until 7:53AM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Margasira*Markali</b>	Sun 12 Sutra 275 Sarvari 5122 Moon 13 - Phase 37 Amavasya <b>Devaloka Day</b>
	Dhanus Rasi: 15.01	Tithi 29 – 30					
	Creative Work	Siddha Yoga					

Hanumath Jayanthi (Tamil Nadu)

●	<b>Wednesday, January 13, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Kintughna*/Bava Karana Prathamayam Titau				Oslo, Norway
	<b>Retreat Star</b>		885374466	<b>Gulika</b> 11:37AM – 12:27PM Yama 9:57AM – 10:47AM <b>Rahu</b> 12:27PM – 1:17PM	<b>Uttarashadha Until 12:47AM Thu</b> Harshana Until 7:42PM Bava Until 5:12PM <b>Prathama* Until 4:30AM Thu</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Clear <b>Nataraja:</b> Orange Moon – Light Blue <b>Pausha*Markali</b>	Sun 13 Sutra 276 Sarvari 5122 Moon 13 - Phase 37 Prathama <b>Devaloka Day</b>
	Dhanus Rasi: 29.05	Tithi 1					
	Creative Work	Amrita Yoga					

Then Creative Work - Siddha Yoga

These Lords who, it is said, on the pure path, attend to the various duties deriving from a higher realm of maya are at the prow of the effects of the higher realm of maya.  
Mrigendra Agama Jnana Pada

All times are standard time

www.gurudeva.org/panchang

1	Thursday, January 14, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Dvilyayam Titau				Oslo, Norway
	Makara Rasi: 12.53	Tithi 2	Gulika 10:46AM – 11:37AM	Shravana Until 12:32AM Fri	Ganesha: Clear	Sunrise: 9:05AM	Sun 14 Sutra 277
		895374466	Yama 9:05AM – 9:56AM	Vajra* Until 5:32PM	Muruqa: Clear	Sunset: 3:50PM	Sarvari 5122
			Rahu 1:18PM – 2:09PM	Balava Until 3:59PM	Nataraja: Orange		Moon 13 - Phase 38
	Creative Work	Siddha Yoga			Moon – Purple		3rd Phase
			Thai Pongal	Dvitiya Until 3:34AM Fri	Pausha-Thai		Devaloka Day
2	Friday, January 15, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Trityayam Titau				Oslo, Norway
	Makara Rasi: 26.22	Tithi 3	Gulika 9:55AM – 10:46AM	Dhanishtha Until 12:46AM Sat	Ganesha: Clear	Sunrise: 9:04AM	Sun 15 Sutra 278
		895374466	Yama 2:10PM – 3:01PM	Siddhi Until 3:50PM	Muruqa: Clear	Sunset: 3:52PM	Sarvari 5122
			Rahu 11:37AM – 12:28PM	Taitila Until 3:21PM	Nataraja: Orange		Moon 13 - Phase 38
	Creative Work	Siddha Yoga		Tritiya Until 3:16AM Sat	Moon – Purple		3rd Phase
	Until 12:46AM Sat				Pausha-Thai		Devaloka Day
	Then Creative Work - Amrita Yoga						
3	Saturday, January 16, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthayam Titau				Oslo, Norway
	Kumbha Rasi: 9.29	Tithi 4	Gulika 9:02AM – 9:54AM	Shatabhishak Until 1:30AM Sun	Ganesha: Clear	Sunrise: 9:02AM	Sun 16 Sutra 279
		895374466	Yama 1:20PM – 2:11PM	Vyatipata* Until 2:41PM	Muruqa: Clear	Sunset: 3:55PM	Sarvari 5122
			Rahu 10:45AM – 11:37AM	Vanija Until 3:24PM	Nataraja: Orange		Moon 13 - Phase 38
	Creative Work	Amrita Yoga		Chaturthi* Until 3:40AM Sun	Moon – Purple		3rd Phase
	Until 1:30AM Sun				Pausha-Thai		Devaloka Day
	Then Creative Work - Siddha Yoga						
4	Sunday, January 17, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Panchamyam Titau				Oslo, Norway
	Kumbha Rasi: 22.17	Tithi 5	Gulika 2:13PM – 3:05PM	Purvaproshtapada* Until 3:13AM Mon	Ganesha: Blue	Sunrise: 9:01AM	Sun 17 Sutra 280
		816374466	Yama 12:29PM – 1:21PM	Variyan Until 2:02PM	Muruqa: Clear	Sunset: 3:57PM	Sarvari 5122
			Rahu 3:05PM – 3:57PM	Bava Until 4:09PM	Nataraja: Orange		Moon 13 - Phase 38
	Creative Work	Siddha Yoga		Panchami Until 4:46AM Mon	Moon – Clear		3rd Phase
					Pausha-Thai		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM
5	Monday, January 18, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Shashthyam Titau				Oslo, Norway
	Meena Rasi: 4.45	Tithi 6	Gulika 1:21PM – 2:14PM	Uttaraproshtapada Until 5:24AM Tue	Ganesha: Blue	Sunrise: 8:59AM	Sun 18 Sutra 281
Family Home Evening		816374466	Yama 11:36AM – 12:29PM	Parigha* Until 1:56PM	Muruqa: Clear	Sunset: 3:59PM	Sarvari 5122
			Rahu 9:51AM – 10:44AM	Kaulava Until 5:35PM	Nataraja: Orange		Moon 13 - Phase 38
	Creative Work	Siddha Yoga		Shashthi* Until 6:30AM Tue	Moon – Clear		3rd Phase
					Pausha-Thai		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM
6	Tuesday, January 19, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Oslo, Norway
	Meena Rasi: 16.57	Tithi 6 – 7	Gulika 12:29PM – 1:22PM	Revati Until 7:55AM Wed	Ganesha: Blue	Sunrise: 8:57AM	Sun 19 Sutra 282
		816374466	Yama 10:43AM – 11:36AM	Shiva Until 2:17PM	Muruqa: Clear	Sunset: 4:01PM	Sarvari 5122
			Rahu 2:15PM – 3:08PM	Gara Until 7:35PM	Nataraja: Orange		Moon 13 - Phase 38
	Creative Work	Siddha Yoga		Shashthi* Until 6:30AM	Moon – Clear		3rd Phase
	Until 7:55AM Wed				Pausha-Thai		Bhuloka Day
	Then Routine Work - Marana Yoga						Devaloka Time: 3:PM to 6:PM
D	Wednesday, January 20, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Oslo, Norway
	Meena Rasi: 28.58	Tithi 7 – 8	Gulika 11:36AM – 12:30PM	Revati Until 7:55AM	Ganesha: Blue	Sunrise: 8:56AM	Sun 20 Sutra 283
		816374466	Yama 9:49AM – 10:43AM	Siddha Until 2:57PM	Muruqa: Clear	Sunset: 4:04PM	Sarvari 5122
			Rahu 12:30PM – 1:23PM	Visti Until 10:01PM	Nataraja: Orange		Moon 13 - Phase 38
	Routine Work	Marana Yoga		Saptami Until 8:45AM	Moon – Clear		Ashtami
					Pausha-Thai		Bhuloka Day
							Devaloka Time: 3:PM to 6:PM
D	Thursday, January 21, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Oslo, Norway
	Mesha Rasi: 10.5	Tithi 8 – 9	Gulika 10:42AM – 11:36AM	Ashvini Until 11:03AM	Ganesha: Yellow	Sunrise: 8:54AM	Sun 21 Sutra 284
		826374466	Yama 8:54AM – 9:48AM	Sadhya Until 3:50PM	Muruqa: Clear	Sunset: 4:06PM	Sarvari 5122
			Rahu 1:24PM – 2:18PM	Balava Until 12:39AM Fri	Nataraja: Orange		Moon 13 - Phase 38
	Creative Work	Amrita Yoga		Ashtami* Until 11:18AM	Moon – White		Navami
	Until 11:03AM				Pausha-Thai		Devaloka Day
	Then Creative Work - Siddha Yoga						

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Friday, January 22, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Subha/Sukla Yoga Kaulava/Taitilla Karana Navami/Dashamyam Titau				Oslo, Norway
	Mesha Rasi: 22.39	Tithi 9 – 10	<b>Gulika</b> 9:47AM – 10:41AM	<b>Bharani Until 2:07PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:52AM	Sun 22 Sutra 285
			Yama 2:19PM – 3:14PM	Subha Until 4:45PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:08PM	Sarvari 5122
	826374466	<b>Rahu</b> 11:36AM – 12:30PM	Taitilla Until 3:14AM Sat	Navami* Until 1:57PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Siddha Yoga			Moon – White		4th Phase	
				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	


<b>2</b>	<b>Saturday, January 23, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Oslo, Norway
	Vrishabha Rasi: 4.31	Tithi 10 – 11	<b>Gulika</b> 8:50AM – 9:45AM	<b>Krittika Until 4:50PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:50AM	Sun 23 Sutra 286
			Yama 1:26PM – 2:21PM	Sukla Until 5:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:11PM	Sarvari 5122
	826374466	<b>Rahu</b> 10:40AM – 11:35AM	Vanija Until 5:31AM Sun	Dashami Until 4:25PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Amrita Yoga			Moon – White		4th Phase	
				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	

<b>3</b>	<b>Sunday, January 24, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma/Indra Yoga Visti* Karana Ekadashyam Titau				Oslo, Norway
	Vrishabha Rasi: 16.3	Tithi 11	<b>Gulika</b> 2:22PM – 3:18PM	<b>Rohini Until 7:29PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:48AM	Sun 24 Sutra 287
			Yama 12:31PM – 1:26PM	Brahma Until 5:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:13PM	Sarvari 5122
	937374466	<b>Rahu</b> 3:18PM – 4:13PM	Visti Until 6:28PM	Ekadashi Until 6:28PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Siddha Yoga			Moon – Yellow		4th Phase	
				<b>Pausha-Thai</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Monday, January 25, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau				Oslo, Norway
	Vrishabha Rasi: 28.41	Tithi 12	<b>Gulika</b> 1:27PM – 2:23PM	<b>Mrigashira Until 9:25PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:46AM	Sun 25 Sutra 288
	<b>Family Home Evening</b>		Yama 11:35AM – 12:31PM	Indra Until 5:58PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:16PM	Sarvari 5122
	937374466	<b>Rahu</b> 9:42AM – 10:39AM	Bava Until 7:18AM	Dvadashi Until 7:56PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Amrita Yoga			Moon – Yellow		4th Phase	
Until 9:25PM				<b>Pausha-Thai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Tuesday, January 26, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitilla Karana Trayodashyam Titau				Oslo, Norway
	Mithuna Rasi: 11.08	Tithi 13	<b>Gulika</b> 12:31PM – 1:28PM	<b>Ardra Until 10:33PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 8:44AM	Sun 26 Sutra 289
			Yama 10:38AM – 11:34AM	Vaidhriti* Until 5:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:18PM	Sarvari 5122
	937374466	<b>Rahu</b> 2:25PM – 3:21PM	Kaulava Until 8:26AM	Trayodashi Until 8:43PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Routine Work	Marana Yoga			Moon – Yellow		4th Phase	
Until 10:33PM				<b>Pausha-Thai</b>		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			

<b>6</b>	<b>Wednesday, January 27, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway
	Mithuna Rasi: 23.54	Tithi 14	<b>Gulika</b> 11:34AM – 12:31PM	<b>Punarvasu Until 11:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:42AM	Sun 27 Sutra 290
			Yama 9:40AM – 10:37AM	Vishkambha* Until 4:25PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:21PM	Sarvari 5122
	947374466	<b>Rahu</b> 12:31PM – 1:29PM	Gara Until 8:52AM	Chaturdashi* Until 8:49PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Siddha Yoga			Moon – Blue		4th Phase	
				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	

	<b>Thursday, January 28, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau				Oslo, Norway
	Kataka Rasi: 7	Tithi 15	<b>Gulika</b> 10:36AM – 11:34AM	<b>Pushya Until 11:19PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:40AM	Sun 28 Sutra 291
			Yama 8:40AM – 9:38AM	Priti Until 2:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:23PM	Sarvari 5122
	947374466	<b>Rahu</b> 1:30PM – 2:27PM	Visti Until 8:38AM	Purnima* Until 8:16PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Creative Work	Amrita Yoga			Moon – Blue		Purnima	
Until 11:19PM		<b>Thai Pusam</b>		<b>Pausha-Thai</b>		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

<b>○</b>	<b>Friday, January 29, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau				Oslo, Norway
	Kataka Rasi: 20.25	Tithi 16	<b>Gulika</b> 9:36AM – 10:35AM	<b>Ashlesha* Until 10:40PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 8:38AM	Sun 29 Sutra 292
			Yama 2:29PM – 3:27PM	Ayushman Until 12:54PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 4:26PM	Sarvari 5122
	947374466	<b>Rahu</b> 11:33AM – 12:32PM	Balava Until 7:48AM	Prathama* Until 7:11PM	<b>Nataraja:</b> Orange		Moon 13 - Phase 39
Routine Work	Marana Yoga			Moon – Blue		Prathama	
				<b>Pausha-Thai</b>		<b>Devaloka Day</b>	

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Saturday, January 30, 2021

Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Vanija Karana Dvitiya/Trilayam Titau

Oslo, Norway

Sun 1 Sutra 293

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Simha Rasi: 4.07 Tithi 17 - 18

958374466 Rahu 10:34AM - 11:33AM

Gulika 8:36AM - 9:35AM

Yama 1:31PM - 2:30PM

Magha\* Until 9:55PM

Saubhagya Until 10:34AM

Taitila Until 6:30AM

Dvitiya Until 5:41PM

Ganesha: Clear Sunrise: 8:36AM

Muruqa: Clear Sunset: 4:28PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 9:55PM

Then Creative Work - Siddha Yoga

Sunday, January 31, 2021

1

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana/Alhiganda\* Yoga Visti\*/Bava Karana Trilaya/Chaturtham Titau

Oslo, Norway

Sun 2 Sutra 294

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Simha Rasi: 18.02 Tithi 18 - 19

958374466 Rahu 3:31PM - 4:31PM

Gulika 2:32PM - 3:31PM

Yama 12:32PM - 1:32PM

Purvaphalguni Until 8:44PM

Sobhana Until 7:59AM

Bava Until 2:55AM Mon

Tritiya Until 3:52PM

Ganesha: Clear Sunrise: 8:34AM

Muruqa: Clear Sunset: 4:31PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 8:44PM

Then Creative Work - Amrita Yoga

Monday, February 1, 2021

2

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 295

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 2.05 Tithi 19 - 20

958374466 Rahu 9:33AM - 10:33AM

Gulika 1:32PM - 2:32PM

Yama 11:33AM - 12:32PM

Uttaraphalguni Until 7:16PM

Sukarma Until 2:18AM Tue

Kaulava Until 12:52AM Tue

Chaturthi\* Until 1:53PM

Ganesha: Clear Sunrise: 8:34AM

Muruqa: Clear Sunset: 4:31PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 8:44PM

Then Creative Work - Amrita Yoga

Tuesday, February 2, 2021

3

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Oslo, Norway

Sun 4 Sutra 296

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Kanya Rasi: 16.14 Tithi 20 - 21

968374466 Rahu 2:33PM - 3:33PM

Gulika 12:32PM - 1:33PM

Yama 10:32AM - 11:32AM

Hasta Until 6:01PM

Dhriti Until 11:25PM

Gara Until 10:47PM

Panchami Until 11:49AM

Ganesha: White Sunrise: 8:31AM

Muruqa: Clear Sunset: 4:33PM

Nataraja: Orange

Moon - Green

Pausha\*Thai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 8:44PM

Then Creative Work - Amrita Yoga

Wednesday, February 3, 2021

4

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Oslo, Norway

Sun 5 Sutra 297

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Tula Rasi: 0.23 Tithi 21 - 22

968474467 Rahu 12:32PM - 1:33PM

Gulika 11:32AM - 12:32PM

Yama 9:30AM - 10:31AM

Chitra Until 4:38PM

Shula\* Until 8:30PM

Visti Until 8:43PM

Shashthi\* Until 9:43AM

Ganesha: Clear Sunrise: 8:29AM

Muruqa: Clear Sunset: 4:36PM

Nataraja: Clear

Moon - Green

Pausha\*Thai

Devaloka Day

Creative Work Siddha Yoga

Until 8:44PM

Then Creative Work - Amrita Yoga

Thursday, February 4, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 298

Sarvari 5122

Moon 1 - Phase 40

Ashtami

Tula Rasi: 14.31 Tithi 22 - 23

968474467 Rahu 1:34PM - 2:36PM

Gulika 10:30AM - 11:31AM

Yama 8:27AM - 9:28AM

Svati Until 3:09PM

Ganda\* Until 5:39PM

Balava Until 6:42PM

Saptami Until 7:41AM

Ganesha: Clear Sunrise: 8:27AM

Muruqa: Clear Sunset: 4:39PM

Nataraja: Clear

Moon - Green

Pausha\*Thai

Devaloka Day

Creative Work Amrita Yoga

Until 3:09PM

Then Creative Work - Siddha Yoga

Friday, February 5, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vridhhi/Dhruva Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 7 Sutra 299

Sarvari 5122

Moon 1 - Phase 40

Navami

Tula Rasi: 28.37 Tithi 24

978484467 Rahu 11:31AM - 12:33PM

Gulika 9:26AM - 10:29AM

Yama 2:37PM - 3:39PM

Vishakha Until 2:02PM

Vridhhi Until 2:53PM

Taitila Until 4:46PM

Navami\* Until 3:49AM Sat

Ganesha: White Sunrise: 8:24AM

Muruqa: White Sunset: 4:41PM

Nataraja: Clear

Moon - Orange

Pausha\*Thai

Subha Sivaloka Day

Creative Work Siddha Yoga

Until 8:44PM

Then Creative Work - Amrita Yoga


<b>1</b>	<b>Saturday, February 6, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visti* Karana Dashamyam Titau				Oslo, Norway
	Wrischika Rasi: 12.39	Tithi 25	<b>Gulika</b> 8:22AM – 9:25AM	<b>Anuradha</b> Until 12:52PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:22AM	Sun 8 Sutra 300
			Yama 1:36PM – 2:38PM	Dhruva Until 12:10PM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:44PM	Sarvari 5122
	979484467	<b>Rahu</b> 10:27AM – 11:30AM		Vanija Until 2:56PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Dashami</b> Until 2:02AM Sun	Moon – Orange		2nd Phase	
				<b>Pausha</b> -Thai		<b>Sivaloka Day</b>	

<b>2</b>	<b>Sunday, February 7, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Oslo, Norway
	Wrischika Rasi: 26.37	Tithi 26	<b>Gulika</b> 2:40PM – 3:43PM	<b>Jyeshtha*</b> Until 11:40AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 8:20AM	Sun 9 Sutra 301
			Yama 12:33PM – 1:36PM	Vyaghata* Until 9:33AM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:46PM	Sarvari 5122
	979484467	<b>Rahu</b> 3:43PM – 4:46PM		Bava Until 1:13PM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 12:23AM Mon	Moon – Orange		2nd Phase	
Until 11:40AM				<b>Pausha</b> -Thai		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Monday, February 8, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvodashyam Titau				Oslo, Norway
	Dhanus Rasi: 10.3	Tithi 27	<b>Gulika</b> 1:37PM – 2:41PM	<b>Mula*</b> Until 10:54AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:17AM	Sun 10 Sutra 302
	<b>Family Home Evening</b>		Yama 11:29AM – 12:33PM	Harshana Until 7:04AM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:49PM	Sarvari 5122
	989484467	<b>Rahu</b> 9:21AM – 10:25AM		Kaulava Until 11:38AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 10:54PM	Moon – Light Blue		2nd Phase	
Until 10:54AM				<b>Pausha</b> -Thai		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Tuesday, February 9, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Oslo, Norway
	Dhanus Rasi: 24.16	Tithi 28	<b>Gulika</b> 12:33PM – 1:38PM	<b>Purvashadha*</b> Until 10:10AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:15AM	Sun 11 Sutra 303
			Yama 10:24AM – 11:28AM	Siddhi Until 2:32AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 4:51PM	Sarvari 5122
	989484467	<b>Rahu</b> 2:42PM – 3:47PM		Gara Until 10:15AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 9:38PM	Moon – Light Blue		2nd Phase	
Until 10:10AM				<b>Pausha</b> -Thai		<b>Devaloka Day</b>	
Then Routine Work - Prabalarishta Yoga			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Wednesday, February 10, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Oslo, Norway
	Makara Rasi: 7.54	Tithi 29	<b>Gulika</b> 11:28AM – 12:33PM	<b>Uttarashadha</b> Until 9:33AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:12AM	Sun 12 Sutra 304
			Yama 9:17AM – 10:23AM	Vyatipata* Until 12:38AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 4:54PM	Sarvari 5122
	989484467	<b>Rahu</b> 12:33PM – 1:38PM		Visti Until 9:08AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 8:40PM	Moon – Light Blue		2nd Phase	
Until 9:33AM				<b>Pausha</b> -Thai		<b>Devaloka Day</b>	
Then Creative Work - Siddha Yoga							

	<b>Thursday, February 11, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 10:21AM – 11:27AM	<b>Shravana</b> Until 9:35AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:10AM	Sun 13 Sutra 305
	Makara Rasi: 21.2	Tithi 30	Yama 8:10AM – 9:15AM	Variyan Until 11:01PM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:57PM	Sarvari 5122
	999484467	<b>Rahu</b> 1:39PM – 2:45PM		Catuspada Until 8:21AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 8:06PM	Moon – Purple		Amavasya	
				<b>Pausha</b> -Thai		<b>Devaloka Day</b>	

	<b>Friday, February 12, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Oslo, Norway
	<b>Retreat Star</b>		<b>Gulika</b> 9:14AM – 10:20AM	<b>Dhanishtha</b> Until 9:52AM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 8:07AM	Sun 14 Sutra 306
	Kumbha Rasi: 4.32	Tithi 1	Yama 2:46PM – 3:53PM	Parigha* Until 9:48PM	<b>Muruqa:</b> White	<i>Sunset:</i> 4:59PM	Sarvari 5122
	999484467	<b>Rahu</b> 11:27AM – 12:33PM		Kintughna Until 8:00AM	<b>Nataraja:</b> Clear		Moon 1 - Phase 41
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 8:00PM	Moon – Purple		Prathama	
				<b>Magha</b> -Masi		<b>Devaloka Day</b>	

**1** Saturday, February 13, 2021 Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yukhtayam Oslo, Norway  
Shatabhishak/Purvaproshtapada\* Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau Sun 15 Sutra 307

Kumbha Rasi: 17.3 Tithi 2 999484467 **Gulika** 8:04AM – 9:12AM **Shatabhishak Until 10:31AM** **Ganesha:** Blue *Sunrise:* 8:04AM Sarvari 5122  
Yama 1:40PM – 2:47PM **Muruqa:** White *Sunset:* 5:02PM Moon 1 - Phase 42  
**Rahu** 10:19AM – 11:26AM **Shiva Until 9:02PM** **Nataraja:** Clear 3rd Phase  
Balava Until 8:11AM  
Dvitiya Until 8:27PM **Magha-Masi** **Devaloka Day**

Creative Work Amrita Yoga  
Until 10:31AM  
Then Routine Work - Marana Yoga

**2** Sunday, February 14, 2021 Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yukhtayam Oslo, Norway  
Purvaproshtapada/Uttaraproshtapada Nakshatra Siddha Yoga Taitila/Gara Karana Trityayam Titau Sun 16 Sutra 308

Meena Rasi: 0.1 Tithi 3 911484467 **Gulika** 2:49PM – 3:57PM **Purvaproshtapada\* Until 12:02PM** **Ganesha:** Red *Sunrise:* 8:02AM Sarvari 5122  
Yama 12:33PM – 1:41PM **Siddha Until 8:40PM** **Muruqa:** White *Sunset:* 5:04PM Moon 1 - Phase 42  
**Rahu** 3:57PM – 5:04PM **Taitila Until 8:55AM** **Nataraja:** Clear 3rd Phase  
Moon – Clear  
**Tritiya Until 9:30PM** **Magha-Masi** **Sivaloka Day**

Creative Work Siddha Yoga  
Until 12:02PM  
Then Creative Work - Amrita Yoga

**3** Monday, February 15, 2021 Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yukhtayam Oslo, Norway  
Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Vanija/Visiti\* Karana Chaturthayam Titau Sun 17 Sutra 309

Meena Rasi: 12.35 Tithi 4 911484467 **Gulika** 1:42PM – 2:50PM **Uttaraproshtapada Until 1:58PM** **Ganesha:** Red *Sunrise:* 7:59AM Sarvari 5122  
Yama 11:25AM – 12:33PM **Sadhya Until 8:47PM** **Muruqa:** White *Sunset:* 5:07PM Moon 1 - Phase 42  
**Rahu** 9:08AM – 10:16AM **Vanija Until 10:15AM** **Nataraja:** Clear 3rd Phase  
Moon – Clear  
**Chaturthi\* Until 11:07PM** **Magha-Masi** **Sivaloka Day**

Creative Work Siddha Yoga

**4** Tuesday, February 16, 2021 Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yukhtayam Oslo, Norway  
Revati/Ashvini Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau Sun 18 Sutra 310

Meena Rasi: 24.46 Tithi 5 911484467 **Gulika** 12:33PM – 1:42PM **Revati Until 4:15PM** **Ganesha:** Red *Sunrise:* 7:57AM Sarvari 5122  
Yama 10:15AM – 11:24AM **Subha Until 9:17PM** **Muruqa:** White *Sunset:* 5:09PM Moon 1 - Phase 42  
**Rahu** 2:51PM – 4:00PM **Bava Until 12:09PM** **Nataraja:** Clear 3rd Phase  
Moon – Clear  
**Panchami Until 1:15AM Wed** **Magha-Masi** **Sivaloka Day**

Creative Work Siddha Yoga

Subramuniyaswami Siva Vision Day

**5** Wednesday, February 17, 2021 Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yukhtayam Oslo, Norway  
Ashvini Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthayam Titau Sun 19 Sutra 311

Mesha Rasi: 6.46 Tithi 6 921484467 **Gulika** 11:23AM – 12:33PM **Ashvini Until 7:16PM** **Ganesha:** Blue *Sunrise:* 7:54AM Sarvari 5122  
Yama 9:04AM – 10:13AM **Sukla Until 10:04PM** **Muruqa:** White *Sunset:* 5:12PM Moon 1 - Phase 42  
**Rahu** 12:33PM – 1:43PM **Kaulava Until 2:30PM** **Nataraja:** Clear 3rd Phase  
Moon – White  
**Shashthi\* Until 3:45AM Thu** **Magha-Masi** **Devaloka Day**

Routine Work Marana Yoga  
Until 7:16PM  
Then Creative Work - Siddha Yoga

**6** Thursday, February 18, 2021 Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yukhtayam Oslo, Norway  
Bharani Nakshatra Brahma Yoga Gara/Vanija Karana Saptamyam Titau Sun 20 Sutra 312

Mesha Rasi: 18.37 Tithi 7 921484467 **Gulika** 10:12AM – 11:23AM **Bharani Until 10:20PM** **Ganesha:** Blue *Sunrise:* 7:51AM Sarvari 5122  
Yama 7:51AM – 9:02AM **Brahma Until 11:02PM** **Muruqa:** White *Sunset:* 5:15PM Moon 1 - Phase 42  
**Rahu** 1:43PM – 2:54PM **Gara Until 5:07PM** **Nataraja:** Clear 3rd Phase  
Moon – White  
**Saptami Until 6:26AM Fri** **Magha-Masi** **Devaloka Day**

Creative Work Siddha Yoga  
Until 10:20PM  
Then Routine Work - Marana Yoga

**D** Friday, February 19, 2021 Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yukhtayam Oslo, Norway  
Krittika Nakshatra Indra Yoga Vanija/Visiti\* Karana Saplamil/Ashtamyam Titau Sun 21 Sutra 313

Retreat Star  
Vrishabha Rasi: 0.25 Tithi 7 – 8 921484467 **Gulika** 9:00AM – 10:11AM **Krittika Until 1:14AM Sat** **Ganesha:** Blue *Sunrise:* 7:49AM Sarvari 5122  
Yama 2:55PM – 4:06PM **Indra Until 11:59PM** **Muruqa:** White *Sunset:* 5:17PM Moon 1 - Phase 42  
**Rahu** 11:22AM – 12:33PM **Visiti Until 7:46PM** **Nataraja:** Clear Ashtami  
Moon – White  
**Saptami Until 6:26AM** **Magha-Masi** **Devaloka Day**

Creative Work Siddha Yoga  
Until 1:14AM Sat  
Then Creative Work - Amrita Yoga

**S** Saturday, February 20, 2021 Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yukhtayam Oslo, Norway  
Rohini Nakshatra Vaidhriti\* Yoga Bava/Balava Karana Ashtami/Navamyam Titau Sun 22 Sutra 314

Retreat Star  
Vrishabha Rasi: 12.16 Tithi 8 – 9 931484467 **Gulika** 7:46AM – 8:58AM **Rohini Until 4:11AM Sun** **Ganesha:** Yellow *Sunrise:* 7:46AM Sarvari 5122  
Yama 1:44PM – 2:56PM **Vaidhriti\* Until 12:42AM Sun** **Muruqa:** White *Sunset:* 5:20PM Moon 1 - Phase 42  
**Rahu** 10:09AM – 11:21AM **Balava Until 10:11PM** **Nataraja:** Clear Navami  
Moon – Yellow  
**Ashtami\* Until 9:00AM** **Magha-Masi** **Sivaloka Day**

Creative Work Amrita Yoga  
Until 4:11AM Sun  
Then Creative Work - Siddha Yoga

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda


<b>1</b>	<b>Sunday, February 21, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Oslo, Norway Sun 23 Sutra 315
	Wishabha Rasi: 24.14	Tithi 9 – 10	931484467	<b>Gulika</b> 2:57PM – 4:10PM <b>Yama</b> 12:33PM – 1:45PM <b>Rahu</b> 4:10PM – 5:22PM	<b>Mrigashira</b> Until 6:27AM Mon Vishkambha* Until 1:03AM Mon Taitila Until 12:06AM Mon Navami* Until 11:12AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Masi</b>	Sunrise: 7:43AM Sunset: 5:22PM Moon 1 - Phase 43 4th Phase
	Creative Work Siddha Yoga		<b>Sivaloka Day</b>				
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<b>2</b>	<b>Monday, February 22, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Oslo, Norway Sun 24 Sutra 316
	Mithuna Rasi: 6.25	Tithi 10 – 11	931484467	<b>Gulika</b> 1:46PM – 2:59PM <b>Yama</b> 11:20AM – 12:33PM <b>Rahu</b> 8:53AM – 10:06AM	<b>Mrigashira</b> Until 6:27AM Priti Until 12:53AM Tue Vanija Until 1:19AM Tue Dashami Until 12:47PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Masi</b>	Sunrise: 7:40AM Sunset: 5:25PM Moon 1 - Phase 43 4th Phase
	Family Home Evening Creative Work Amrita Yoga Until 6:27AM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>				
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<b>3</b>	<b>Tuesday, February 23, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway Sun 25 Sutra 317
	Mithuna Rasi: 18.55	Tithi 11 – 12	931484467	<b>Gulika</b> 12:32PM – 1:46PM <b>Yama</b> 10:05AM – 11:19AM <b>Rahu</b> 3:00PM – 4:14PM	<b>Ardra</b> Until 7:52AM Ayushman Until 12:04AM Wed Bava Until 1:44AM Wed Ekadashi Until 1:37PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Yellow <b>Magha-Masi</b>	Sunrise: 7:38AM Sunset: 5:27PM Moon 1 - Phase 43 4th Phase
	Routine Work Marana Yoga Until 7:52AM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>				
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<b>4</b>	<b>Wednesday, February 24, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Oslo, Norway Sun 26 Sutra 318
	Kataka Rasi: 1.48	Tithi 12 – 13	942484467	<b>Gulika</b> 11:18AM – 12:32PM <b>Yama</b> 8:49AM – 10:04AM <b>Rahu</b> 12:32PM – 1:47PM	<b>Punarvasu</b> Until 8:48AM Saubhagya Until 10:38PM Kaulava Until 1:20AM Thu Dvadashi Until 1:37PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	Sunrise: 7:35AM Sunset: 5:30PM Moon 1 - Phase 43 4th Phase
	Creative Work Siddha Yoga		<b>Sivaloka Day</b>				
	<i>Pradosha Vrata</i>						

<b>5</b>	<b>Thursday, February 25, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway Sun 27 Sutra 319
	Kataka Rasi: 15.05	Tithi 13 – 14	942484467	<b>Gulika</b> 10:02AM – 11:17AM <b>Yama</b> 7:32AM – 8:47AM <b>Rahu</b> 1:47PM – 3:02PM	<b>Pushya</b> Until 8:47AM Sobhana Until 8:37PM Gara Until 12:11AM Fri Trayodashi Until 12:50PM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	Sunrise: 7:32AM Sunset: 5:32PM Moon 1 - Phase 43 4th Phase
	Creative Work Amrita Yoga Until 8:47AM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b>				
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	<b>Friday, February 26, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Oslo, Norway Sutra 320		
	<b>Copper Retreat Star</b>		Kataka Rasi: 28.47	Tithi 14 – 15	942484467	<b>Gulika</b> 8:45AM – 10:01AM <b>Yama</b> 3:03PM – 4:19PM <b>Rahu</b> 11:16AM – 12:32PM	<b>Ashlesha*</b> Until 7:56AM Athiganda* Until 6:03PM Visti Until 10:23PM Chaturdashi* Until 11:20AM	<b>Ganesha:</b> Yellow <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Blue <b>Magha-Masi</b>	Sunrise: 7:29AM Sunset: 5:35PM Moon 1 - Phase 43 Purnima
	Routine Work Marana Yoga		<b>Sivaloka Day</b>						
	<b>Chidambaram Abhishekam</b>								

<b>6</b>	<b>Saturday, February 27, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Oslo, Norway Sutra 321		
	<b>Silver Retreat Star</b>		Simha Rasi: 12.52	Tithi 15 – 16	952484467	<b>Gulika</b> 7:26AM – 8:43AM <b>Yama</b> 1:48PM – 3:05PM <b>Rahu</b> 9:59AM – 11:15AM	<b>Magha*</b> Until 6:47AM Sukarma Until 3:05PM Balava Until 8:06PM Purnima* Until 9:17AM	<b>Ganesha:</b> White <b>Muruqa:</b> White <b>Nataraja:</b> Clear Moon – Red <b>Magha-Masi</b>	Sunrise: 7:26AM Sunset: 5:37PM Moon 1 - Phase 43 Prathama
	Creative Work Amrita Yoga Until 6:47AM Then Creative Work - Siddha Yoga		<b>Subha Sivaloka Day</b>						
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Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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Sunday, February 28, 2021

Gold Retreat Star

Simha Rasi: 27.13    Tithi 16 – 17

962584467

Creative Work    Amrita Yoga

Until 2:58AM Mon

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraphalguni Nakshatra Dhriti/Shula\* Yoga Kaulava/Gara Karana Prathama/Dvitiyayam Titau

**Gulika** 3:06PM – 4:23PM  
Yama 12:32PM – 1:49PM  
**Rahu** 4:23PM – 5:40PM

**Uttaraphalguni** Until 2:58AM Mon  
Dhriti Until 11:50AM  
Gara Until 4:06AM Mon  
**Prathama\*** Until 6:49AM

**Ganesha:** Clear    *Sunrise:* 7:24AM  
**Muruqa:** White    *Sunset:* 5:40PM  
**Nataraja:** Clear  
Moon – Red  
**Magha-Masi**

**Sivaloka Day**

Oslo, Norway  
Sutra 322  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

1

Monday, March 1, 2021

Kanya Rasi: 11.45    Tithi 18

Family Home Evening

Creative Work    Siddha Yoga

962584467

**Gulika** 1:50PM – 3:08PM  
Yama 11:13AM – 12:31PM  
**Rahu** 8:36AM – 9:55AM

**Hasta** Until 1:01AM Tue  
Shula\* Until 8:23AM  
Vanija Until 2:43PM  
Tritiya Until 1:17AM Tue

**Ganesha:** Purple    *Sunrise:* 7:18AM  
**Muruqa:** White    *Sunset:* 5:45PM  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

**Devaloka Day**

Oslo, Norway  
Sun 1    Sutra 323  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

2

Tuesday, March 2, 2021

Kanya Rasi: 26.21    Tithi 19

Creative Work    Siddha Yoga

962584467

**Gulika** 12:31PM – 1:50PM  
Yama 9:53AM – 11:12AM  
**Rahu** 3:09PM – 4:28PM

**Maha Sankatahara Chaturthi**

**Chitra** Until 10:59PM  
Vridhhi Until 1:28AM Wed  
Bava Until 11:54AM  
**Chaturthi\*** Until 10:30PM

**Ganesha:** Purple    *Sunrise:* 7:15AM  
**Muruqa:** White    *Sunset:* 5:47PM  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

**Devaloka Day**

Oslo, Norway  
Sun 2    Sutra 324  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

3

Wednesday, March 3, 2021

Tula Rasi: 10.54    Tithi 20

Creative Work    Siddha Yoga

962584467

**Gulika** 11:11AM – 12:31PM  
Yama 8:32AM – 9:52AM  
**Rahu** 12:31PM – 1:51PM

**Svati** Until 8:57PM  
Dhruva Until 10:09PM  
Kaulava Until 9:11AM  
**Panchami** Until 7:53PM

**Ganesha:** Purple    *Sunrise:* 7:12AM  
**Muruqa:** White    *Sunset:* 5:50PM  
**Nataraja:** Clear  
Moon – Green  
**Magha-Masi**

**Devaloka Day**

Oslo, Norway  
Sun 3    Sutra 325  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

4

Thursday, March 4, 2021

Tula Rasi: 25.19    Tithi 21 – 22

Creative Work    Siddha Yoga

972584467

**Gulika** 9:50AM – 11:10AM  
Yama 7:09AM – 8:30AM  
**Rahu** 1:51PM – 3:11PM

**Vishakha** Until 7:27PM  
Vyaghata\* Until 7:03PM  
Gara Until 6:41AM  
**Shashthi\*** Until 5:30PM

**Ganesha:** Clear    *Sunrise:* 7:09AM  
**Muruqa:** White    *Sunset:* 5:52PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

**Sivaloka Day**

Oslo, Norway  
Sun 4    Sutra 326  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

5

Friday, March 5, 2021

Vrischika Rasi: 9.32    Tithi 22 – 23

Creative Work    Siddha Yoga

Until 6:08PM

Then Routine Work - Marana Yoga

172584467

**Gulika** 8:27AM – 9:48AM  
Yama 3:13PM – 4:34PM  
**Rahu** 11:09AM – 12:31PM

**Anuradha** Until 6:08PM  
Harshana Until 4:14PM  
Balava Until 2:33AM Sat  
**Saptami** Until 3:26PM

**Ganesha:** Yellow    *Sunrise:* 7:06AM  
**Muruqa:** White    *Sunset:* 5:55PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

**Sivaloka Day**

Oslo, Norway  
Sun 5    Sutra 327  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

D

Saturday, March 6, 2021

Retreat Star

Vrischika Rasi: 23.33    Tithi 23 – 24

Creative Work    Siddha Yoga

172584467

**Gulika** 7:03AM – 8:25AM  
Yama 1:52PM – 3:14PM  
**Rahu** 9:47AM – 11:09AM

**Jyeshtha\*** Until 5:00PM  
Vajra\* Until 1:39PM  
Taitila Until 1:00AM Sun  
**Ashtami\*** Until 1:43PM

**Ganesha:** Yellow    *Sunrise:* 7:03AM  
**Muruqa:** White    *Sunset:* 5:57PM  
**Nataraja:** Clear  
Moon – Orange  
**Magha-Masi**

**Sivaloka Day**

Oslo, Norway  
Sun 6    Sutra 328  
Sarvari 5122  
Moon 2 - Phase 44  
Ashtami

Sunday, March 7, 2021

Retreat Star

Dhanus Rasi: 7.21    Tithi 24 – 25

Creative Work    Amrita Yoga

Until 4:31PM

Then Creative Work - Siddha Yoga

182584467

**Gulika** 3:15PM – 4:37PM  
Yama 12:30PM – 1:52PM  
**Rahu** 4:37PM – 6:00PM

**Mula\*** Until 4:31PM  
Siddhi Until 11:22AM  
Vanija Until 11:48PM  
**Navami\*** Until 12:20PM

**Ganesha:** Blue    *Sunrise:* 7:00AM  
**Muruqa:** White    *Sunset:* 6:00PM  
**Nataraja:** Clear  
Moon – Light Blue  
**Magha-Masi**

**Devaloka Day**

Oslo, Norway  
Sun 7    Sutra 329  
Sarvari 5122  
Moon 2 - Phase 44  
Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time

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<b>Monday, March 8, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Vyatipata/Variyan Yoga Visli/Bava Karana Dashami/Ekadashyam Titau				Oslo, Norway
<b>1</b>						Sun 8 Sutra 330
Dhanus Rasi: 20.56	Tithi 25 – 26	<b>Gulika</b> 1:53PM – 3:16PM	<b>Purvashadha* Until 4:12PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:58AM	Sarvari 5122
Family Home Evening	182584467	<b>Yama</b> 11:07AM – 12:30PM	<b>Vyatipata* Until 9:22AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:02PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	<b>Rahu</b> 8:21AM – 9:44AM	<b>Bava Until 10:56PM</b>	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami Until 11:18AM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>
				<b>Magha-Masi</b>		

<b>Tuesday, March 9, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha/Shravana Nakshatra Variyan/Parigha/Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Oslo, Norway
<b>2</b>						Sun 9 Sutra 331
Makara Rasi: 4.2	Tithi 26 – 27	<b>Gulika</b> 12:30PM – 1:53PM	<b>Uttarashadha Until 4:05PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:55AM	Sarvari 5122
	183584467	<b>Yama</b> 9:42AM – 11:06AM	<b>Variyan Until 7:36AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:05PM	Moon 2 - Phase 45
Routine Work	Prabalarishta Yoga	<b>Rahu</b> 3:17PM – 4:41PM	<b>Kaulava Until 10:24PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Until 4:05PM			<b>Ekadashi* Until 10:36AM</b>	<b>Moon – Light Blue</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>		

<b>Wednesday, March 10, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Parigha/Shiva Yoga Talilla/Gara Karana Dvadashi/Trayodashyam Titau				Oslo, Norway
<b>3</b>						Sun 10 Sutra 332
Makara Rasi: 17.33	Tithi 27 – 28	<b>Gulika</b> 11:05AM – 12:29PM	<b>Shravana Until 4:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:52AM	Sarvari 5122
	193584467	<b>Yama</b> 8:16AM – 9:40AM	<b>Parigha* Until 6:07AM</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:07PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	<b>Rahu</b> 12:29PM – 1:54PM	<b>Gara Until 10:12PM</b>	<b>Nataraja:</b> Clear		2nd Phase
Until 4:35PM			<b>Dvadashi* Until 10:14AM</b>	<b>Moon – Purple</b>		<b>Subha Sivaloka Day</b>
Then Routine Work - Prabalarishta Yoga				<b>Magha-Masi</b>		
				<i>Pradosha Vrata (Fasting)</i>		

<b>Thursday, March 11, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Siddha Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau				Oslo, Norway
<b>4</b>						Sun 11 Sutra 333
Kumbha Rasi: 0.35	Tithi 28 – 29	<b>Gulika</b> 9:39AM – 11:04AM	<b>Dhanishtha Until 5:17PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:49AM	Sarvari 5122
	193584467	<b>Yama</b> 6:49AM – 8:14AM	<b>Siddha Until 4:00AM Fri</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:09PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	<b>Rahu</b> 1:54PM – 3:19PM	<b>Visti Until 10:22PM</b>	<b>Nataraja:</b> Clear		2nd Phase
			<b>Trayodashi* Until 10:13AM</b>	<b>Moon – Purple</b>		<b>Subha Sivaloka Day</b>
		<b>Mahasivaratri (Lunar)</b>		<b>Magha-Masi</b>		
		<b>Mahasivaratri (Solar)</b>				

<b>Friday, March 12, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Sadhya Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Oslo, Norway
<b>Retreat Star</b>						Sun 12 Sutra 334
Kumbha Rasi: 13.26	Tithi 29 – 30	<b>Gulika</b> 8:12AM – 9:37AM	<b>Shatabhishak Until 6:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:46AM	Sarvari 5122
	193584467	<b>Yama</b> 3:20PM – 4:46PM	<b>Sadhya Until 3:24AM Sat</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:12PM	Moon 2 - Phase 45
Creative Work	Siddha Yoga	<b>Rahu</b> 11:03AM – 12:29PM	<b>Catuspada Until 10:57PM</b>	<b>Nataraja:</b> Clear		Amavasya
			<b>Chaturdashi* Until 10:35AM</b>	<b>Moon – Purple</b>		<b>Subha Sivaloka Day</b>
				<b>Magha-Masi</b>		

<b>Saturday, March 13, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Subha Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau				Oslo, Norway
<b>Retreat Star</b>						Sun 13 Sutra 335
Kumbha Rasi: 26.06	Tithi 30 – 1	<b>Gulika</b> 6:43AM – 8:09AM	<b>Purvaproshtpada* Until 7:52PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:43AM	Sarvari 5122
	113584467	<b>Yama</b> 1:55PM – 3:21PM	<b>Subha Until 3:09AM Sun</b>	<b>Muruqa:</b> White	<i>Sunset:</i> 6:14PM	Moon 2 - Phase 45
Routine Work	Marana Yoga	<b>Rahu</b> 9:36AM – 11:02AM	<b>Kintughna Until 11:57PM</b>	<b>Nataraja:</b> Clear		Prathama
Until 7:52PM			<b>Amavasya* Until 11:22AM</b>	<b>Moon – Clear</b>		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga				<b>Phalguna-Masi</b>		

<b>1</b>		<b>Sunday, March 14, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Oslo, Norway Sun 14 Sutra 336	
Meena Rasi: 8.34	Tithi 1 – 2	<b>Gulika</b> 3:22PM – 4:50PM	<b>Uttaraproshtapada</b> Until 9:48PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:40AM	Sarvari 5122	
		Yama 12:28PM – 1:55PM	Sukla Until 3:14AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:17PM	Moon 2 - Phase 46	
		113584467 <b>Rahu</b> 4:50PM – 6:17PM	Balava Until 1:26AM Mon	<b>Nataraja:</b> Clear		3rd Phase	
Creative Work	Amrita Yoga			Moon – Clear		<b>Sivaloka Day</b>	
		<b>Karadaiyan Nombu (Tamil Nadu)</b>		<b>Prathama* Until 12:37PM</b>		<b>Phalguna-Panguni</b>	

<b>2</b>		<b>Monday, March 15, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Oslo, Norway Sun 15 Sutra 337	
Meena Rasi: 20.49	Tithi 2 – 3	<b>Gulika</b> 1:56PM – 3:24PM	<b>Revati</b> Until 12:02AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:37AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 11:00AM – 12:28PM	Brahma Until 3:41AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:19PM	Moon 2 - Phase 46	
		113584468 <b>Rahu</b> 8:05AM – 9:32AM	Taitila Until 3:22AM Tue	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – Clear		<b>Subha Sivaloka Day</b>	
			<b>Dvitiya</b> Until 2:19PM	<b>Phalguna-Panguni</b>			

<b>3</b>		<b>Tuesday, March 16, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Oslo, Norway Sun 16 Sutra 338	
Mesha Rasi: 2.53	Tithi 3 – 4	<b>Gulika</b> 12:28PM – 1:56PM	<b>Ashvini</b> Until 2:58AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:34AM	Sarvari 5122	
		Yama 9:31AM – 10:59AM	Indra Until 4:26AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:21PM	Moon 2 - Phase 46	
		123584468 <b>Rahu</b> 3:25PM – 4:53PM	Vanija Until 5:42AM Wed	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Subha Sivaloka Day</b>	
		<b>Chellappaswami Mahasamadhi</b>		<b>Tritiya</b> Until 4:28PM		<b>Phalguna-Panguni</b>	

<b>4</b>		<b>Wednesday, March 17, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Vaidhriti* Yoga Visti* Karana Chaturthyam Titau		Oslo, Norway Sun 17 Sutra 339	
Mesha Rasi: 14.49	Tithi 4	<b>Gulika</b> 10:58AM – 12:27PM	<b>Bharani</b> Until 6:02AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:31AM	Sarvari 5122	
		Yama 8:00AM – 9:29AM	Vaidhriti* Until 5:23AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:24PM	Moon 2 - Phase 46	
		123584468 <b>Rahu</b> 12:27PM – 1:57PM	Visti Until 6:57PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Subha Sivaloka Day</b>	
Until 6:02AM Thu			<b>Chaturthi*</b> Until 6:57PM	<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>5</b>		<b>Thursday, March 18, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Oslo, Norway Sun 18 Sutra 340	
Mesha Rasi: 26.38	Tithi 5	<b>Gulika</b> 9:28AM – 10:57AM	<b>Bharani</b> Until 6:02AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:28AM	Sarvari 5122	
		Yama 6:28AM – 7:58AM	Vishkambha* Until 6:26AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:26PM	Moon 2 - Phase 46	
		123584468 <b>Rahu</b> 1:57PM – 3:27PM	Bava Until 8:18AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Subha Sivaloka Day</b>	
Until 6:02AM			<b>Panchami</b> Until 9:38PM	<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>6</b>		<b>Friday, March 19, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau		Oslo, Norway Sun 19 Sutra 341	
Vrishabha Rasi: 8.25	Tithi 6	<b>Gulika</b> 7:55AM – 9:26AM	<b>Krittika</b> Until 9:01AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:25AM	Sarvari 5122	
		Yama 3:28PM – 4:58PM	Vishkambha* Until 6:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:29PM	Moon 2 - Phase 46	
		123584468 <b>Rahu</b> 10:56AM – 12:27PM	Kaulava Until 11:00AM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Siddha Yoga			Moon – White		<b>Subha Sivaloka Day</b>	
Until 9:01AM			<b>Shashthi*</b> Until 12:17AM Sat	<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Saturday, March 20, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau		Oslo, Norway Sun 20 Sutra 342	
Vrishabha Rasi: 20.14	Tithi 7	<b>Gulika</b> 6:22AM – 7:53AM	<b>Rohini</b> Until 12:14PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM	Sarvari 5122	
		Yama 1:58PM – 3:29PM	Priti Until 7:25AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:31PM	Moon 2 - Phase 46	
		133584468 <b>Rahu</b> 9:24AM – 10:55AM	Gara Until 1:33PM	<b>Nataraja:</b> Purple		3rd Phase	
Creative Work	Amrita Yoga			Moon – Yellow		<b>Subha Subha Sivaloka Day</b>	
Until 12:14PM			<b>Saptami</b> Until 2:40AM Sun	<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Sunday, March 21, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau		Oslo, Norway Sun 21 Sutra 343	
Mithuna Rasi: 2.11	Tithi 8	<b>Gulika</b> 3:30PM – 5:02PM	<b>Mrigashira</b> Until 2:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
		Yama 12:26PM – 1:58PM	Ayushman Until 8:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:33PM	Moon 2 - Phase 46	
		133584468 <b>Rahu</b> 5:02PM – 6:33PM	Visti Until 3:42PM	<b>Nataraja:</b> Purple		Ashtami	
Creative Work	Siddha Yoga			Moon – Yellow		<b>Subha Subha Sivaloka Day</b>	
			<b>Ashtami*</b> Until 4:32AM Mon	<b>Phalguna-Panguni</b>			

<b>Retreat Star</b>		<b>Monday, March 22, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Navamyam Titau		Oslo, Norway Sun 22 Sutra 344	
Mithuna Rasi: 14.2	Tithi 9	<b>Gulika</b> 1:58PM – 3:31PM	<b>Ardra</b> Until 4:48PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:16AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 10:53AM – 12:26PM	Saubhagya Until 8:25AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:36PM	Moon 2 - Phase 46	
		133584468 <b>Rahu</b> 7:48AM – 9:21AM	Balava Until 5:13PM	<b>Nataraja:</b> Purple		Navami	
Creative Work	Siddha Yoga			Moon – Yellow		<b>Subha Subha Sivaloka Day</b>	
Until 4:48PM			<b>Navami*</b> Until 5:39AM Tue	<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga							

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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<b>1</b>	<b>Tuesday, March 23, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Sobhana/Alhiganda* Yoga Taitila/Gara Karana Dashamyam Titau				Oslo, Norway Sun 23 Sutra 345
	Mithuna Rasi: 26.48	Tithi 10	<b>Gulika</b> 12:26PM – 1:59PM	<b>Punarvasu</b> Until 6:16PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:13AM	Sarvari 5122
			Yama 9:19AM – 10:52AM	Sobhana Until 8:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:38PM	Moon 2 - Phase 47
	143584468	<b>Rahu</b> 3:32PM – 5:05PM	Taitila Until 5:55PM		<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 5:55AM Wed	Moon – Blue		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>	<b>Wednesday, March 24, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Alhiganda*/Sukarma Yoga Vanija/Visli* Karana Ekadashyam Titau				Oslo, Norway Sun 24 Sutra 346
	Kataka Rasi: 9.4	Tithi 11	<b>Gulika</b> 10:51AM – 12:25PM	<b>Pushya</b> Until 6:42PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:10AM	Sarvari 5122
			Yama 7:44AM – 9:18AM	Athiganda* Until 7:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:41PM	Moon 2 - Phase 47
	144584468	<b>Rahu</b> 12:25PM – 1:59PM	Vanija Until 5:44PM		<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 5:17AM Thu	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>	<b>Thursday, March 25, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Dhriti Yoga Bava/Balava Karana Dvadashyam Titau				Oslo, Norway Sun 25 Sutra 347
	Kataka Rasi: 22.59	Tithi 12	<b>Gulika</b> 9:16AM – 10:51AM	<b>Ashlesha*</b> Until 6:08PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:07AM	Sarvari 5122
			Yama 6:07AM – 7:42AM	Dhriti Until 3:14AM Fri	<b>Muruqa:</b> White	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 47
	144684468	<b>Rahu</b> 2:00PM – 3:34PM	Bava Until 4:41PM		<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 3:50AM Fri	Moon – Blue		<b>Subha Sivaloka Day</b>	
Until 6:08PM		<b>Yogaswami Mahasamadhi</b>		<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>	<b>Friday, March 26, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau				Oslo, Norway Sun 26 Sutra 348
	Simha Rasi: 6.47	Tithi 13	<b>Gulika</b> 7:39AM – 9:14AM	<b>Magha*</b> Until 5:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:04AM	Sarvari 5122
			Yama 3:35PM – 5:10PM	Shula* Until 12:20AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Moon 2 - Phase 47
	154684468	<b>Rahu</b> 10:50AM – 12:25PM	Kaulava Until 2:51PM		<b>Nataraja:</b> Purple		4th Phase
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 1:40AM Sat	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
Until 5:07PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

<b>5</b>	<b>Saturday, March 27, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau				Oslo, Norway Sun 27 Sutra 349
	Simha Rasi: 21.01	Tithi 14	<b>Gulika</b> 6:01AM – 7:37AM	<b>Purvaphalguni</b> Until 3:20PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:01AM	Sarvari 5122
			Yama 2:00PM – 3:36PM	Ganda* Until 8:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 2 - Phase 47
	154684468	<b>Rahu</b> 9:13AM – 10:49AM	Gara Until 12:23PM		<b>Nataraja:</b> Purple		4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 10:57PM	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
Until 3:20PM				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

	<b>Sunday, March 28, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau				Oslo, Norway Sutra 350
	<b>Copper Retreat Star</b>		<b>Gulika</b> 3:37PM – 5:14PM	<b>Uttaraphalguni</b> Until 12:57PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 5:58AM	Sarvari 5122
	Kanya Rasi: 5.37	Tithi 15	Yama 12:24PM – 2:01PM	Vriddhi Until 5:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:50PM	Moon 2 - Phase 47
	154684468	<b>Rahu</b> 5:14PM – 6:50PM	Visti Until 9:26AM		<b>Nataraja:</b> Purple		Purnima
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 7:49PM	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
		<b>Panguni Uttiram</b>		<b>Phalguna-Panguni</b>			
		<b>Holi</b>					

<b>Monday, March 29, 2021</b>	<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau				Oslo, Norway Sutra 351
	Kanya Rasi: 20.29	Tithi 16 – 17	<b>Gulika</b> 2:01PM – 3:38PM	<b>Hasta</b> Until 10:32AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 5:55AM	Sarvari 5122
	<b>Family Home Evening</b>	164684468	Yama 10:47AM – 12:24PM	Dhruva Until 1:23PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:53PM	Moon 2 - Phase 47
	164684468	<b>Rahu</b> 7:32AM – 9:09AM	Balava Until 6:10AM		<b>Nataraja:</b> Purple		Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 4:26PM	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 10:32AM				<b>Phalguna-Panguni</b>			
Then Routine Work - Prabalarishta Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 30, 2021

Gold Retreat Star

Tula Rasi: 5.28 Tithi 17 - 18

Creative Work Siddha Yoga

164684468

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svatil Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Oslo, Norway

Sun 1 Sutra 352

Gulika 12:23PM - 2:01PM

Yama 9:08AM - 10:46AM

Rahu 3:39PM - 5:17PM

Chitra Until 7:53AM

Vyaghata\* Until 9:25AM

Vanija Until 11:20PM

Dvitiya Until 1:00PM

Ganesha: Yellow Sunrise: 5:52AM

Muruga: White Sunset: 6:55PM

Nataraja: Purple

Moon - Green

Subha Sivaloka Day

Phalgun-Panguni

1

Wednesday, March 31, 2021

Tula Rasi: 20.26 Tithi 18 - 19

Creative Work Siddha Yoga

174684468

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Vishakha Nakshatra Vajra\* Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Oslo, Norway

Sun 2 Sutra 353

Gulika 10:45AM - 12:23PM

Yama 7:28AM - 9:06AM

Rahu 12:23PM - 2:02PM

Vishakha Until 2:53AM Thu

Vajra\* Until 1:44AM Thu

Bava Until 8:05PM

Tritiya Until 9:39AM

Ganesha: Blue Sunrise: 5:49AM

Muruga: White Sunset: 6:57PM

Nataraja: Purple

Moon - Orange

Subha Subha Sivaloka Day

Phalgun-Panguni

2

Thursday, April 1, 2021

Vrischika Rasi: 5.14 Tithi 19 - 20

Creative Work Siddha Yoga

Until 12:49AM Fri

Then Routine Work - Marana Yoga

174684468

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Balava/Taitila Karana Chaturthi/Panchamyam Titau

Oslo, Norway

Sun 3 Sutra 354

Gulika 9:06AM - 10:45AM

Yama 5:49AM - 7:28AM

Rahu 2:02PM - 3:40PM

Anuradha Until 12:49AM Fri

Siddhi Until 10:15PM

Taitila Until 3:47AM Fri

Chaturthi\* Until 6:32AM

Ganesha: Blue Sunrise: 5:49AM

Muruga: White Sunset: 6:57PM

Nataraja: Purple

Moon - Orange

Subha Subha Sivaloka Day

Phalgun-Panguni

3

Friday, April 2, 2021

Vrischika Rasi: 19.46 Tithi 21

Routine Work Marana Yoga

Until 11:04PM

Then Creative Work - Amrita Yoga

174684468

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthiyam Titau

Oslo, Norway

Sun 4 Sutra 355

Gulika 7:25AM - 9:05AM

Yama 3:41PM - 5:20PM

Rahu 10:44AM - 12:23PM

Jyeshtha\* Until 11:04PM

Vyatipata\* Until 7:09PM

Gara Until 2:35PM

Shashthi\* Until 1:29AM Sat

Ganesha: Blue Sunrise: 5:46AM

Muruga: White Sunset: 7:00PM

Nataraja: Purple

Moon - Orange

Subha Subha Sivaloka Day

Phalgun-Panguni

4

Saturday, April 3, 2021

Dhanus Rasi: 3.58 Tithi 22

Creative Work Siddha Yoga

184684468

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Varyan/Parigha\* Yoga Visti/Bava Karana Saplamyam Titau

Oslo, Norway

Sun 5 Sutra 356

Gulika 5:43AM - 7:23AM

Yama 2:02PM - 3:42PM

Rahu 9:03AM - 10:43AM

Mula\* Until 10:07PM

Varyan Until 4:25PM

Visti Until 12:32PM

Saptami Until 11:42PM

Ganesha: Red Sunrise: 5:43AM

Muruga: White Sunset: 7:02PM

Nataraja: Purple

Moon - Light Blue

Subha Sivaloka Day

Phalgun-Panguni

D

Sunday, April 4, 2021

Retreat Star

Dhanus Rasi: 17.5 Tithi 23

Creative Work Siddha Yoga

Until 9:34PM

Then Creative Work - Amrita Yoga

184684468

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Oslo, Norway

Sun 6 Sutra 357

Gulika 3:43PM - 5:24PM

Yama 12:22PM - 2:03PM

Rahu 5:24PM - 7:04PM

Purvashadha\* Until 9:34PM

Parigha\* Until 2:10PM

Balava Until 11:03AM

Ashtami\* Until 10:29PM

Ganesha: Red Sunrise: 5:40AM

Muruga: White Sunset: 7:00PM

Nataraja: Purple

Moon - Light Blue

Subha Sivaloka Day

Phalgun-Panguni

Monday, April 5, 2021

Retreat Star

Makara Rasi: 1.23 Tithi 24

Family Home Evening

Routine Work Marana Yoga

Until 9:25PM

Then Creative Work - Amrita Yoga

185684468

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

Oslo, Norway

Sun 7 Sutra 358

Gulika 2:03PM - 3:44PM

Yama 10:41AM - 12:22PM

Rahu 7:18AM - 9:00AM

Uttarashadha Until 9:25PM

Shiva Until 12:22PM

Taitila Until 10:06AM

Navami\* Until 9:49PM

Ganesha: Green Sunrise: 5:37AM

Muruga: White Sunset: 7:07PM

Nataraja: Purple

Moon - Light Blue

Sivaloka Day

Phalgun-Panguni

1	<b>Tuesday, April 6, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Visiti* Karana Dashamyam Titau				Oslo, Norway Sun 8
	Makara Rasi: 14.37	Tithi 25	<b>Gulika</b> 12:22PM – 2:04PM	<b>Shravana Until 10:05PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:34AM</i>	<b>Muruqa:</b> White <i>Sunset: 7:09PM</i>	Sutra 359 Sarvari 5122 Moon 3 - Phase 49
	Creative Work	Siddha Yoga	Yama 8:58AM – 10:40AM	Siddha Until 10:58AM	<b>Nataraja:</b> Purple		2nd Phase
			195684468 <b>Rahu</b> 3:45PM – 5:27PM	Vanija Until 9:42AM	Moon – Purple	<b>Subha Sivaloka Day</b>	
			<b>Dashami Until 9:41PM</b>	<b>Phalguna-Panguni</b>			

2	<b>Wednesday, April 7, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau				Oslo, Norway Sun 9
	Makara Rasi: 27.35	Tithi 26	<b>Gulika</b> 10:39AM – 12:21PM	<b>Dhanishtha Until 11:03PM</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:31AM</i>	<b>Muruqa:</b> White <i>Sunset: 7:12PM</i>	Sutra 360 Sarvari 5122 Moon 3 - Phase 49
	Routine Work	Prabalarishta Yoga	Yama 7:14AM – 8:56AM	Sadhya Until 9:58AM	<b>Nataraja:</b> Purple		2nd Phase
	Until 11:03PM	Then Creative Work - Siddha Yoga	195684468 <b>Rahu</b> 12:21PM – 2:04PM	Bava Until 9:49AM	Moon – Purple	<b>Subha Sivaloka Day</b>	
			<b>Ekadashi* Until 10:01PM</b>	<b>Phalguna-Panguni</b>			

3	<b>Thursday, April 8, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau				Oslo, Norway Sun 10
	Kumbha Rasi: 10.19	Tithi 27	<b>Gulika</b> 8:55AM – 10:38AM	<b>Shatabhishak Until 12:18AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise: 5:28AM</i>	<b>Muruqa:</b> White <i>Sunset: 7:14PM</i>	Sutra 361 Sarvari 5122 Moon 3 - Phase 49
	Creative Work	Siddha Yoga	Yama 5:28AM – 7:11AM	Subha Until 9:21AM	<b>Nataraja:</b> Purple		2nd Phase
			195684468 <b>Rahu</b> 2:04PM – 3:48PM	Kaulava Until 10:23AM	Moon – Purple	<b>Subha Sivaloka Day</b>	
			<b>Dvadashi* Until 10:48PM</b>	<b>Phalguna-Panguni</b>			

4	<b>Friday, April 9, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau				Oslo, Norway Sun 11
	Kumbha Rasi: 22.52	Tithi 28	<b>Gulika</b> 7:09AM – 8:53AM	<b>Purvaproshtapada* Until 2:16AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:25AM</i>	<b>Muruqa:</b> White <i>Sunset: 7:16PM</i>	Sutra 362 Sarvari 5122 Moon 3 - Phase 49
	Creative Work	Siddha Yoga	Yama 3:49PM – 5:33PM	Sukla Until 9:02AM	<b>Nataraja:</b> Purple		2nd Phase
			115684468 <b>Rahu</b> 10:37AM – 12:21PM	Gara Until 11:22AM	Moon – Clear	<b>Sivaloka Day</b>	
			<b>Trayodashi* Until 11:59PM</b>	<b>Phalguna-Panguni</b>			
			<i>Pradosha Vrata (Fasting)</i>				

5	<b>Saturday, April 10, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Oslo, Norway Sun 12
	Meena Rasi: 5.14	Tithi 29	<b>Gulika</b> 5:22AM – 7:07AM	<b>Uttaraproshtapada Until 4:26AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:22AM</i>	<b>Muruqa:</b> White <i>Sunset: 7:19PM</i>	Sutra 363 Sarvari 5122 Moon 3 - Phase 49
	Creative Work	Siddha Yoga	Yama 2:05PM – 3:50PM	Brahma Until 9:02AM	<b>Nataraja:</b> Purple		2nd Phase
	Until 4:26AM Sun	Then Creative Work - Amrita Yoga	115684468 <b>Rahu</b> 8:51AM – 10:36AM	Visti Until 12:45PM	Moon – Clear	<b>Sivaloka Day</b>	
			<b>Chaturdashi* Until 1:33AM Sun</b>	<b>Phalguna-Panguni</b>			

●	<b>Sunday, April 11, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Revati Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Oslo, Norway Sun 13
	<b>Retreat Star</b>		<b>Gulika</b> 3:51PM – 5:36PM	<b>Revati Until 6:47AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:19AM</i>	<b>Muruqa:</b> White <i>Sunset: 7:21PM</i>	Sutra 364 Sarvari 5122 Moon 3 - Phase 49
	Meena Rasi: 17.27	Tithi 30	Yama 12:20PM – 2:06PM	Indra Until 9:21AM	<b>Nataraja:</b> Purple		Amavasya
	Creative Work	Amrita Yoga	115684468 <b>Rahu</b> 5:36PM – 7:21PM	Catuspada Until 2:30PM	Moon – Clear	<b>Sivaloka Day</b>	
			<b>Amavasya* Until 3:30AM Mon</b>	<b>Phalguna-Panguni</b>			

●	<b>Monday, April 12, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Oslo, Norway Sun 14
	<b>Retreat Star</b>		<b>Gulika</b> 2:06PM – 3:52PM	<b>Revati Until 6:47AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 5:16AM</i>	<b>Muruqa:</b> White <i>Sunset: 7:24PM</i>	Sutra 1 Sarvari 5122 Moon 3 - Phase 49
	Meena Rasi: 29.31	Tithi 1	Yama 10:34AM – 12:20PM	Vaidhriti* Until 9:54AM	<b>Nataraja:</b> Purple		Prathama
	<b>Family Home Evening</b>		115684468 <b>Rahu</b> 7:02AM – 8:48AM	Kintughna Until 4:37PM	Moon – Clear	<b>Sivaloka Day</b>	
			<b>Prathama* Until 5:45AM Tue</b>	<b>Chaitra-Panguni</b>			
		Yugadhi					

<b>1</b>	<b>Tuesday, April 13, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*Priti Yoga Balava Karana Dvitiyayam Titau				Oslo, Norway Sun 15
	Mesha Rasi: 11.27	Tithi 2	<b>Gulika</b> 12:20PM – 2:06PM	<b>Ashvini Until 9:47AM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:14AM		Plava 5123
			Yama 8:47AM – 10:33AM	Vishkambha* Until 10:42AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:26PM		Moon 3 - Phase 1
	Creative Work	Siddha Yoga	225684468 <b>Rahu</b> 3:53PM – 5:39PM	Balava Until 7:01PM	<b>Nataraja:</b> Purple Moon – White	<b>Sivaloka Day</b>	3rd Phase
			Tamil New Year	Dvitiya Until 8:17AM Wed	Chaitra•Chaitra		

<b>2</b>	<b>Wednesday, April 14, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Oslo, Norway Sun 16
	Mesha Rasi: 23.17	Tithi 2 – 3	<b>Gulika</b> 10:32AM – 12:20PM	<b>Bharani Until 12:50PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:11AM		Plava 5123
			Yama 6:58AM – 8:45AM	Priti Until 11:43AM	<b>Muruqa:</b> White <i>Sunset:</i> 7:28PM		Moon 3 - Phase 1
	Creative Work	Siddha Yoga	225684468 <b>Rahu</b> 12:20PM – 2:07PM	Taitila Until 9:37PM	<b>Nataraja:</b> Purple Moon – White	<b>Sivaloka Day</b>	3rd Phase
			Dvitiya Until 8:17AM	Chaitra•Chaitra			
Then Creative Work - Amrita Yoga							

<b>3</b>	<b>Thursday, April 15, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Oslo, Norway Sun 17
	Wrishabha Rasi: 5.05	Tithi 3 – 4	<b>Gulika</b> 8:43AM – 10:31AM	<b>Krittika Until 3:50PM</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 5:08AM		Plava 5123
			Yama 5:08AM – 6:56AM	Ayushman Until 12:47PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:31PM		Moon 3 - Phase 1
	Routine Work	Marana Yoga	226684468 <b>Rahu</b> 2:07PM – 3:55PM	Vanija Until 12:18AM Fri	<b>Nataraja:</b> Purple Moon – White	<b>Sivaloka Day</b>	3rd Phase
			Tritiya Until 10:56AM	Chaitra•Chaitra			

<b>4</b>	<b>Friday, April 16, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Oslo, Norway Sun 18
	Wrishabha Rasi: 16.51	Tithi 4 – 5	<b>Gulika</b> 6:53AM – 8:42AM	<b>Rohini Until 7:09PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:05AM		Plava 5123
			Yama 3:56PM – 5:45PM	Saubhagya Until 1:51PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:33PM		Moon 3 - Phase 1
	Routine Work	Marana Yoga	236684468 <b>Rahu</b> 10:30AM – 12:19PM	Bava Until 2:53AM Sat	<b>Nataraja:</b> Purple Moon – Yellow	<b>Sivaloka Day</b>	3rd Phase
			Chaturthi* Until 1:36PM	Chaitra•Chaitra			
Then Creative Work - Siddha Yoga							

<b>5</b>	<b>Saturday, April 17, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Oslo, Norway Sun 19
	Wrishabha Rasi: 28.41	Tithi 5 – 6	<b>Gulika</b> 5:02AM – 6:51AM	<b>Mrigashira Until 10:04PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 5:02AM		Plava 5123
			Yama 2:08PM – 3:57PM	Sobhana Until 2:48PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:36PM		Moon 3 - Phase 1
	Creative Work	Siddha Yoga	236684468 <b>Rahu</b> 8:40AM – 10:30AM	Kaulava Until 5:11AM Sun	<b>Nataraja:</b> Purple Moon – Yellow	<b>Sivaloka Day</b>	3rd Phase
			Panchami Until 4:04PM	Chaitra•Chaitra			

<b>6</b>	<b>Sunday, April 18, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Taitila Karana Shashthyam Titau				Oslo, Norway Sun 20
	Mithuna Rasi: 10.37	Tithi 6	<b>Gulika</b> 3:58PM – 5:48PM	<b>Ardra Until 12:23AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 4:59AM		Plava 5123
			Yama 12:19PM – 2:08PM	Athiganda* Until 3:25PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:38PM		Moon 3 - Phase 1
	Creative Work	Siddha Yoga	236684468 <b>Rahu</b> 5:48PM – 7:38PM	Taitila Until 6:07PM	<b>Nataraja:</b> Purple Moon – Yellow	<b>Sivaloka Day</b>	3rd Phase
			Shashthi* Until 6:07PM	Chaitra•Chaitra			
Then Creative Work - Amrita Yoga							

<b>Monday, April 19, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Oslo, Norway Sun 21
<b>Retreat Star</b>		<b>Gulika</b> 2:09PM – 3:59PM	<b>Punarvasu Until 2:24AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 4:56AM		Plava 5123
Mithuna Rasi: 22.46	Tithi 7	Yama 10:28AM – 12:18PM	Sukarma Until 3:36PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:40PM		Moon 3 - Phase 1
<b>Family Home Evening</b>		246684468 <b>Rahu</b> 6:47AM – 8:37AM	Gara Until 6:57AM	<b>Nataraja:</b> Purple Moon – Blue	<b>Subha Sivaloka Day</b>	3rd Phase
			Saptami Until 7:34PM	Chaitra•Chaitra		
Then Creative Work - Siddha Yoga						

<b>D</b>	<b>Tuesday, April 20, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtamyam Titau				Oslo, Norway Sun 22
	<b>Retreat Star</b>		<b>Gulika</b> 12:18PM – 2:09PM	<b>Pushya Until 3:29AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:53AM		Plava 5123
	Kataka Rasi: 5.13	Tithi 8	Yama 8:36AM – 10:27AM	Dhriti Until 3:14PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:43PM		Moon 3 - Phase 1
	Creative Work	Siddha Yoga	246784468 <b>Rahu</b> 4:00PM – 5:52PM	Visti Until 8:02AM	<b>Nataraja:</b> Purple Moon – Blue	<b>Subha Sivaloka Day</b>	Ashtami
			Ashtami* Until 8:16PM	Chaitra•Chaitra			

<b>Wednesday, April 21, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Oslo, Norway Sun 23
<b>Retreat Star</b>		<b>Gulika</b> 10:26AM – 12:18PM	<b>Ashlesha* Until 3:36AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise:</i> 4:50AM		Plava 5123
Kataka Rasi: 18.01	Tithi 9	Yama 6:42AM – 8:34AM	Shula* Until 2:12PM	<b>Muruqa:</b> White <i>Sunset:</i> 7:45PM		Moon 3 - Phase 1
Creative Work	Siddha Yoga	246784468 <b>Rahu</b> 12:18PM – 2:10PM	Balava Until 8:19AM	<b>Nataraja:</b> Purple Moon – Blue	<b>Subha Sivaloka Day</b>	Navami
			Navami* Until 8:06PM	Chaitra•Chaitra		
Then Creative Work - Amrita Yoga			Sri Rama Navami			

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time

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<b>1</b>		<b>Thursday, April 22, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau			Oslo, Norway Sun 24 Sutra 11 Plava 5123
Simha Rasi: 1.15	Tithi 10	<b>Gulika</b> 8:33AM – 10:25AM	<b>Magha* Until 3:10AM Fri</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:48AM		
		Yama 4:48AM – 6:40AM	Ganda* Until 12:29PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:48PM		Moon 3 - Phase 2
		257784468 <b>Rahu</b> 2:10PM – 4:03PM	Taitila Until 7:43AM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Amrita Yoga		<b>Dashami Until 7:05PM</b>	<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	
Until 3:10AM Fri							
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Friday, April 23, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Vanija/Bava Karana Ekadashi/Dvadashyam Titau			Oslo, Norway Sun 25 Sutra 12 Plava 5123
Simha Rasi: 14.58	Tithi 11 – 12	<b>Gulika</b> 6:38AM – 8:31AM	<b>Purvaphalguni Until 1:49AM Sat</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:45AM		
		Yama 4:04PM – 5:57PM	Vriddhi Until 10:07AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:50PM		Moon 3 - Phase 2
		257784468 <b>Rahu</b> 10:24AM – 12:17PM	Vanija Until 6:17AM	<b>Nataraja:</b> Purple			4th Phase
Creative Work	Siddha Yoga		<b>Ekadashi Until 5:16PM</b>	<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	
Until 1:49AM Sat							
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Saturday, April 24, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Oslo, Norway Sun 26 Sutra 13 Plava 5123
Simha Rasi: 29.1	Tithi 12 – 13	<b>Gulika</b> 4:42AM – 6:36AM	<b>Uttaraphalguni Until 11:42PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 4:42AM		
		Yama 2:11PM – 4:05PM	Dhruva Until 7:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:53PM		Moon 3 - Phase 2
		257784469 <b>Rahu</b> 8:30AM – 10:23AM	Kaulava Until 1:18AM Sun	<b>Nataraja:</b> Clear			4th Phase
Routine Work	Marana Yoga		<b>Dvadashi Until 2:45PM</b>	<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>	

*Pradosha Vrata*

<b>4</b>		<b>Sunday, April 25, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Oslo, Norway Sun 27 Sutra 14 Plava 5123
Kanya Rasi: 13.46	Tithi 13 – 14	<b>Gulika</b> 4:06PM – 6:00PM	<b>Hasta Until 9:22PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:39AM		
		Yama 12:17PM – 2:12PM	Harshana Until 11:51PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:53PM		Moon 3 - Phase 2
		267784469 <b>Rahu</b> 6:00PM – 7:55PM	Gara Until 10:01PM	<b>Nataraja:</b> Clear			4th Phase
Creative Work	Amrita Yoga		<b>Trayodashi Until 11:41AM</b>	<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	
Until 9:22PM							
Then Creative Work - Siddha Yoga							

<b>Monday, April 26, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Oslo, Norway Sutra 15 Plava 5123
<b>Copper Retreat Star</b>		<b>Gulika</b> 2:12PM – 4:07PM	<b>Chitra Until 6:35PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:36AM
Kanya Rasi: 28.43	Tithi 14 – 15	Yama 10:22AM – 12:17PM	Vajra* Until 7:44PM	<b>Muruqa:</b> White	<i>Sunset:</i> 7:57PM
<b>Family Home Evening</b>		267784469 <b>Rahu</b> 6:31AM – 8:27AM	Visti Until 6:25PM	<b>Nataraja:</b> Clear	
Routine Work	Prabalarishta Yoga			<b>Chaitra*Chaitra</b>	
Until 6:35PM					<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga					

<b>Tuesday, April 27, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau			Oslo, Norway Sutra 16 Plava 5123
<b>Silver Retreat Star</b>		<b>Gulika</b> 12:17PM – 2:12PM	<b>Svati Until 3:31PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 4:34AM
Tula Rasi: 13.52	Tithi 16	Yama 8:25AM – 10:21AM	Siddhi Until 3:32PM	<b>Muruqa:</b> White	<i>Sunset:</i> 8:00PM
		267784469 <b>Rahu</b> 4:08PM – 6:04PM	Balava Until 2:41PM	<b>Nataraja:</b> Clear	
Creative Work	Siddha Yoga			<b>Chaitra*Chaitra</b>	
Until 3:31PM					<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda

All times are standard time

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