



**Saturday, May 9, 2020**  
**Gold Retreat Star**

Vrischika Rasi: 17.49 Tithi 17 - 18

277234469

Creative Work Siddha Yoga

Until 2:23AM Sun

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sutra 27

Sarvari 5122

Moon 5 - Phase 4

1st Phase

**Gulika** 6:28AM - 7:59AM  
**Yama** 2:01PM - 3:31PM  
**Rahu** 9:29AM - 11:00AM

**Jyeshtha\* Until 2:23AM Sun**  
**Parigha\* Until 7:03AM**  
**Vanija Until 6:37PM**  
**Dvitiya Until 7:46AM**

**Ganesha:** Purple *Sunrise: 6:28AM*  
**Muruqa:** Clear *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon - Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**1**

**Sunday, May 10, 2020**

Dhanus Rasi: 2.01 Tithi 19

287234469

Creative Work Amrita Yoga

Until 1:42AM Mon

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

Nairobi, Kenya

Sun 1 Sutra 28

Sarvari 5122

Moon 5 - Phase 4

1st Phase

**Gulika** 3:31PM - 5:02PM  
**Yama** 12:30PM - 2:01PM  
**Rahu** 5:02PM - 6:32PM

**Mula\* Until 1:42AM Mon**  
**Siddha Until 1:50AM Mon**  
**Bava Until 4:46PM**  
**Chaturthi\* Until 4:06AM Mon**

**Ganesha:** Clear *Sunrise: 6:28AM*  
**Muruqa:** Clear *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**Mother's Day**

**2**

**Monday, May 11, 2020**

Dhanus Rasi: 15.44 Tithi 20

**Family Home Evening**

287234469

Routine Work Marana Yoga

Until 1:39AM Tue

Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 2 Sutra 29

Sarvari 5122

Moon 5 - Phase 4

1st Phase

**Gulika** 2:01PM - 3:31PM  
**Yama** 11:00AM - 12:30PM  
**Rahu** 7:59AM - 9:29AM

**Purvashadha\* Until 1:39AM Tue**  
**Sadhya Until 12:10AM Tue**  
**Kaulava Until 3:40PM**  
**Panchami Until 3:24AM Tue**

**Ganesha:** Clear *Sunrise: 6:28AM*  
**Muruqa:** Clear *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

**3**

**Tuesday, May 12, 2020**

Dhanus Rasi: 29.01 Tithi 21

288244469

Routine Work Prabalarishta Yoga

Until 2:15AM Wed

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 3 Sutra 30

Sarvari 5122

Moon 5 - Phase 4

1st Phase

**Gulika** 12:30PM - 2:01PM  
**Yama** 9:29AM - 11:00AM  
**Rahu** 3:31PM - 5:02PM

**Uttarashadha Until 2:15AM Wed**  
**Subha Until 11:08PM**  
**Gara Until 3:23PM**  
**Shashthi\* Until 3:32AM Wed**

**Ganesha:** Purple *Sunrise: 6:28AM*  
**Muruqa:** Orange *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Chaitra**

**Sivaloka Day**

**4**

**Wednesday, May 13, 2020**

Makara Rasi: 11.53 Tithi 22

298244469

Creative Work Siddha Yoga

**Chidambaram Abhishekam**

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Visti\*/Bava Karana Saplamyam Titau

Nairobi, Kenya

Sun 4 Sutra 31

Sarvari 5122

Moon 5 - Phase 4

1st Phase

**Gulika** 11:00AM - 12:30PM  
**Yama** 7:59AM - 9:29AM  
**Rahu** 12:30PM - 2:01PM

**Shravana Until 3:55AM Thu**  
**Sukla Until 10:42PM**  
**Visti Until 3:54PM**  
**Saptami Until 4:25AM Thu**

**Ganesha:** Clear *Sunrise: 6:28AM*  
**Muruqa:** Orange *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Chaitra**

**Devaloka Day**

**D**

**Thursday, May 14, 2020**

**Retreat Star**

Makara Rasi: 24.24 Tithi 23

298244469

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 5 Sutra 32

Sarvari 5122

Moon 5 - Phase 4

Ashtami

**Gulika** 9:29AM - 11:00AM  
**Yama** 6:28AM - 7:59AM  
**Rahu** 2:01PM - 3:31PM

**Dhanishtha Until 6:03AM Fri**  
**Brahma Until 10:49PM**  
**Balava Until 5:08PM**  
**Ashtami\* Until 5:57AM Fri**

**Ganesha:** Clear *Sunrise: 6:28AM*  
**Muruqa:** Orange *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

**Friday, May 15, 2020**

**Retreat Star**

Kumbha Rasi: 6.38 Tithi 24

298244469

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Dhanishtha/Shalabhishak Nakshatra Indra Yoga Taitila Karana Navamyam Titau

Nairobi, Kenya

Sun 6 Sutra 33

Sarvari 5122

Moon 5 - Phase 4

Navami

**Gulika** 7:59AM - 9:29AM  
**Yama** 3:31PM - 5:02PM  
**Rahu** 11:00AM - 12:30PM

**Dhanishtha Until 6:03AM**  
**Indra Until 11:20PM**  
**Taitila Until 6:56PM**  
**Navami\* Until 7:57AM Sat**

**Ganesha:** Clear *Sunrise: 6:28AM*  
**Muruqa:** Orange *Sunset: 6:32PM*  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

1		Saturday, May 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nairobi, Kenya	
Kumbha Rasi: 18.41	Tithi 24 – 25	298244469	<b>Gulika</b> 6:29AM – 7:59AM <b>Yama</b> 2:01PM – 3:31PM <b>Rahu</b> 9:29AM – 11:00AM	<b>Shatabhishak</b> Until 8:28AM Vaidhriti* Until 12:06AM Sun Vanija Until 9:06PM Navami* Until 7:57AM	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Purple	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:32PM	Sun 7	Sutra 34	Sarvari 5122 Moon 5 - Phase 5 2nd Phase
Creative Work Amrita Yoga								<b>Devaloka Day</b>	
Until 8:28AM									
Then Routine Work - Marana Yoga									

2		Sunday, May 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha* Yoga Vistil*/Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya	
Meena Rasi: 0.37	Tithi 25 – 26	218244469	<b>Gulika</b> 3:31PM – 5:02PM <b>Yama</b> 12:30PM – 2:01PM <b>Rahu</b> 5:02PM – 6:32PM	<b>Purvaproshtapada*</b> Until 11:29AM Vishkambha* Until 1:00AM Mon Bava Until 11:27PM Dashami Until 10:14AM	<b>Ganesha:</b> Red <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:32PM	Sun 8	Sutra 35	Sarvari 5122 Moon 5 - Phase 5 2nd Phase
Creative Work Siddha Yoga								<b>Devaloka Day</b>	
Until 11:29AM									
Then Creative Work - Amrita Yoga									

3		Monday, May 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya	
Meena Rasi: 12.29	Tithi 26 – 27	219244469	<b>Gulika</b> 2:01PM – 3:31PM <b>Yama</b> 11:00AM – 12:30PM <b>Rahu</b> 7:59AM – 9:30AM	<b>Uttaraproshtapada</b> Until 2:26PM Priti Until 1:56AM Tue Kaulava Until 1:51AM Tue Ekadashi* Until 12:38PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:32PM	Sun 9	Sutra 36	Sarvari 5122 Moon 5 - Phase 5 2nd Phase
Creative Work Siddha Yoga								<b>Bhuloka Day</b>	
								Devaloka Time: 3:PM to 6:PM	

4		Tuesday, May 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Ayushman Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya	
Meena Rasi: 24.22	Tithi 27 – 28	219244469	<b>Gulika</b> 12:31PM – 2:01PM <b>Yama</b> 9:30AM – 11:00AM <b>Rahu</b> 3:31PM – 5:02PM	<b>Revati</b> Until 5:10PM Ayushman Until 2:46AM Wed Gara Until 4:08AM Wed Dvadashi* Until 2:59PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Clear	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:32PM	Sun 10	Sutra 37	Sarvari 5122 Moon 5 - Phase 5 2nd Phase
Creative Work Siddha Yoga								<b>Bhuloka Day</b>	
								Devaloka Time: 3:PM to 6:PM	
<i>Pradosha Vrata (Fasting)</i>									

5		Wednesday, May 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Vanija/Vistil* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya	
Mesha Rasi: 6.17	Tithi 28 – 29	229244469	<b>Gulika</b> 11:00AM – 12:31PM <b>Yama</b> 7:59AM – 9:30AM <b>Rahu</b> 12:31PM – 2:01PM	<b>Ashvini</b> Until 8:04PM Saubhagya Until 3:27AM Thu Vistil Until 6:11AM Thu Trayodashi* Until 5:10PM	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:32PM	Sun 11	Sutra 38	Sarvari 5122 Moon 5 - Phase 5 2nd Phase
Routine Work Marana Yoga								<b>Bhuloka Day</b>	
Until 8:04PM								Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga									

6		Thursday, May 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Sobhana Yoga Vistil*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya	
Mesha Rasi: 18.19	Tithi 29	229244469	<b>Gulika</b> 9:30AM – 11:00AM <b>Yama</b> 6:29AM – 7:59AM <b>Rahu</b> 2:01PM – 3:32PM	<b>Bharani</b> Until 10:31PM Sobhana Until 3:54AM Fri Vistil Until 6:11AM Chaturdashi* Until 7:05PM	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:32PM	Sun 12	Sutra 39	Sarvari 5122 Moon 5 - Phase 5 2nd Phase
Creative Work Siddha Yoga								<b>Bhuloka Day</b>	
Until 10:31PM								Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga									

●		Friday, May 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Kritika Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya	
<b>Retreat Star</b>									
Vrishabha Rasi: 0.27	Tithi 30	229244469	<b>Gulika</b> 7:59AM – 9:30AM <b>Yama</b> 3:32PM – 5:02PM <b>Rahu</b> 11:00AM – 12:31PM	<b>Krittika</b> Until 12:29AM Sat Athiganda* Until 4:03AM Sat Catuspada Until 7:56AM Amavasya* Until 8:39PM	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – White	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:33PM	Sun 13	Sutra 40	Sarvari 5122 Moon 5 - Phase 5 Amavasya
Creative Work Siddha Yoga								<b>Bhuloka Day</b>	
Until 12:29AM Sat								Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga									

●		Saturday, May 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya	
<b>Retreat Star</b>									
Vrishabha Rasi: 12.45	Tithi 1	239244469	<b>Gulika</b> 6:29AM – 7:59AM <b>Yama</b> 2:01PM – 3:32PM <b>Rahu</b> 9:30AM – 11:00AM	<b>Rohini</b> Until 2:22AM Sun Sukarma Until 3:54AM Sun Kintughna Until 9:18AM Prathama* Until 9:49PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Orange <b>Nataraja:</b> Clear Moon – Yellow	<b>Sunrise:</b> 6:29AM <b>Sunset:</b> 6:33PM	Sun 14	Sutra 41	Sarvari 5122 Moon 5 - Phase 5 Prathama
Creative Work Amrita Yoga								<b>Bhuloka Day</b>	
Until 2:22AM Sun								Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga									

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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<b>1</b>	<b>Sunday, May 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
	Vrishabha Rasi: 25.13    Tithi 2		Mrigashira Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Sun 15    Sutra 42	
	239244469	<b>Gulika</b>	3:32PM – 5:02PM	<b>Mrigashira Until 3:40AM Mon</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:29AM	Sarvari 5122
		<b>Rahu</b>	5:02PM – 6:33PM	Dhriti Until 3:25AM Mon	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:33PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga			Balava Until 10:15AM	<b>Nataraja:</b> Clear	3rd Phase	
			<b>Dvitiya Until 10:33PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>2</b>	<b>Monday, May 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
	Mithuna Rasi: 7.53    Tithi 3		Ardra Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau		Sun 16    Sutra 43	
	339244469	<b>Gulika</b>	2:01PM – 3:32PM	<b>Ardra Until 4:23AM Tue</b>	<b>Ganesha:</b> White <i>Sunrise:</i> 6:29AM	Sarvari 5122
		<b>Rahu</b>	8:00AM – 9:30AM	Shula* Until 2:34AM Tue	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:33PM	Moon 5 - Phase 6
Family Home Evening			Taitila Until 10:46AM	<b>Nataraja:</b> Clear	3rd Phase	
Creative Work    Siddha Yoga			<b>Tritiya Until 10:49PM</b>	Moon – Yellow	<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>3</b>	<b>Tuesday, May 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
	Mithuna Rasi: 20.47    Tithi 4		Punarvasu Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau		Sun 17    Sutra 44	
	341244469	<b>Gulika</b>	12:31PM – 2:02PM	<b>Punarvasu Until 4:57AM Wed</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:29AM	Sarvari 5122
		<b>Rahu</b>	3:32PM – 5:02PM	Ganda* Until 1:21AM Wed	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:33PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga			Vanija Until 10:49AM	<b>Nataraja:</b> Clear	3rd Phase	
			<b>Chaturthi* Until 10:39PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>4</b>	<b>Wednesday, May 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
	Kataka Rasi: 3.54    Tithi 5		Pushya Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau		Sun 18    Sutra 45	
	341244469	<b>Gulika</b>	11:01AM – 12:31PM	<b>Pushya Until 4:55AM Thu</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:29AM	Sarvari 5122
		<b>Rahu</b>	12:31PM – 2:02PM	Vriddhi Until 11:48PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:33PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga			Bava Until 10:25AM	<b>Nataraja:</b> Clear	3rd Phase	
			<b>Panchami Until 10:01PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Thursday, May 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
	Kataka Rasi: 17.16    Tithi 6		Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Sun 19    Sutra 46	
	341244469	<b>Gulika</b>	9:30AM – 11:01AM	<b>Ashlesha* Until 4:17AM Fri</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:30AM	Sarvari 5122
		<b>Rahu</b>	2:02PM – 3:32PM	Dhruva Until 9:51PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:33PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga			Kaulava Until 9:33AM	<b>Nataraja:</b> Clear	3rd Phase	
Until 4:17AM Fri			<b>Shashthi* Until 8:56PM</b>	Moon – Blue	<b>Bhuloka Day</b>	
Then Routine Work - Marana Yoga				<b>Jyeshtha-Vaikasi</b>	Devaloka Time: 3:PM to 6:PM	

<b>6</b>	<b>Friday, May 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
	Simha Rasi: 0.53    Tithi 7		Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Sun 20    Sutra 47	
	351344469	<b>Gulika</b>	8:00AM – 9:31AM	<b>Magha* Until 3:30AM Sat</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:30AM	Sarvari 5122
		<b>Rahu</b>	11:01AM – 12:31PM	Vyaghata* Until 7:33PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:33PM	Moon 5 - Phase 6
Routine Work    Marana Yoga			Gara Until 8:14AM	<b>Nataraja:</b> Clear	3rd Phase	
Until 3:30AM Sat			<b>Saptami Until 7:24PM</b>	Moon – Red	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>		

<b>☾</b>	<b>Saturday, May 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
	<b>Retreat Star</b>		Purvaphalguni Nakshatra Harshana/Vajra* Yoga Visti*/Balava Karana Ashtami/Navamyam Titau		Sun 21    Sutra 48	
	351344469	<b>Gulika</b>	6:30AM – 8:00AM	<b>Purvaphalguni Until 2:11AM Sun</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:30AM	Sarvari 5122
		<b>Rahu</b>	9:31AM – 11:01AM	Harshana Until 4:55PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:33PM	Moon 5 - Phase 6
Creative Work    Siddha Yoga			Visti Until 6:29AM	<b>Nataraja:</b> Clear	Ashtami	
Until 2:11AM Sun			<b>Ashtami* Until 5:26PM</b>	Moon – Red	<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Jyeshtha-Vaikasi</b>		

<b>☽</b>	<b>Sunday, May 31, 2020</b>		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
	<b>Retreat Star</b>		Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Sun 22    Sutra 49	
	351344469	<b>Gulika</b>	3:33PM – 5:03PM	<b>Uttaraphalguni Until 12:21AM Mon</b>	<b>Ganesha:</b> Purple <i>Sunrise:</i> 6:30AM	Sarvari 5122
		<b>Rahu</b>	5:03PM – 6:34PM	Vajra* Until 1:58PM	<b>Muruqa:</b> Orange <i>Sunset:</i> 6:34PM	Moon 5 - Phase 6
Creative Work    Amrita Yoga			Taitila Until 1:50AM Mon	<b>Nataraja:</b> Clear	Navami	
Until 12:21AM Mon			<b>Navami* Until 3:06PM</b>	Moon – Red	<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Jyeshtha-Vaikasi</b>		


The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

<b>1</b>	<b>Monday, June 1, 2020</b>	Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hasla Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau	Nairobi, Kenya Sun 23 Sutra 50
	Kanya Rasi: 13.18    Tithi 10 – 11 <b>Family Home Evening</b> Creative Work    Siddha Yoga Until 10:32PM Then Routine Work - Prabalarishta Yoga	<b>Gulika</b> 2:02PM – 3:33PM Yama 11:01AM – 12:32PM <b>Rahu</b> 8:01AM – 9:31AM	<b>Hasta</b> Until 10:32PM Siddhi Until 10:45AM Vanija Until 11:04PM <b>Dashami</b> Until 12:27PM

<b>2</b>	<b>Tuesday, June 2, 2020</b>	Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau	Nairobi, Kenya Sun 24 Sutra 51
	Kanya Rasi: 27.52    Tithi 11 – 12 Creative Work    Siddha Yoga	<b>Gulika</b> 12:32PM – 2:03PM Yama 9:31AM – 11:02AM <b>Rahu</b> 3:33PM – 5:03PM	<b>Chitra</b> Until 8:24PM Vyatipata* Until 7:21AM Bava Until 8:07PM <b>Ekadashi</b> Until 9:35AM

<b>3</b>	<b>Wednesday, June 3, 2020</b>	Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Parigha* Yoga Balava/Taitila Karana Dvadashi/Trayodashyam Titau	Nairobi, Kenya Sun 25 Sutra 52
	Tula Rasi: 12.32    Tithi 12 – 13 Creative Work    Siddha Yoga	<b>Gulika</b> 11:02AM – 12:32PM Yama 8:01AM – 9:31AM <b>Rahu</b> 12:32PM – 2:03PM	<b>Svati</b> Until 6:04PM Parigha* Until 12:18AM Thu Taitila Until 3:36AM Thu <b>Dvadashi</b> Until 6:36AM

<b>4</b>	<b>Thursday, June 4, 2020</b>	Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau	Nairobi, Kenya Sun 26 Sutra 53
	Tula Rasi: 27.11    Tithi 14 Creative Work    Siddha Yoga	<b>Gulika</b> 9:32AM – 11:02AM Yama 6:31AM – 8:01AM <b>Rahu</b> 2:03PM – 3:33PM	<b>Vishakha</b> Until 4:05PM Shiva Until 8:54PM Gara Until 2:10PM <b>Chaturdashi*</b> Until 12:45AM Fri

	<b>Friday, June 5, 2020</b>	Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau	Nairobi, Kenya Sun 27 Sutra 54
	<b>Copper Retreat Star</b> Vrischika Rasi: 11.44    Tithi 15 Creative Work    Siddha Yoga Until 2:11PM Then Routine Work - Marana Yoga	<b>Gulika</b> 8:01AM – 9:32AM Yama 3:33PM – 5:04PM <b>Rahu</b> 11:02AM – 12:33PM	<b>Anuradha</b> Until 2:11PM Siddha Until 5:40PM Visti Until 11:26AM <b>Purnima*</b> Until 10:11PM

<b>5</b>	<b>Saturday, June 6, 2020</b>	Sarvari Nama Samvatsare Uтарыне Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau	Nairobi, Kenya Sun 28 Sutra 55
	<b>Silver Retreat Star</b> Vrischika Rasi: 26.04    Tithi 16 Creative Work    Siddha Yoga	<b>Gulika</b> 6:31AM – 8:02AM Yama 2:03PM – 3:34PM <b>Rahu</b> 9:32AM – 11:02AM	<b>Jyeshtha*</b> Until 12:31PM Sadhya Until 2:46PM Balava Until 9:03AM <b>Prathama*</b> Until 8:01PM



**Sunday, June 7, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvityayam Titau

Nairobi, Kenya  
Sun 1 Sutra 56

Dhanus Rasi: 10.05 Tithi 17

382344461

**Gulika** 3:34PM – 5:04PM  
**Yama** 12:33PM – 2:03PM  
**Rahu** 5:04PM – 6:35PM

**Mula\* Until 11:37AM**  
Subha Until 12:18PM  
Taitila Until 7:09AM  
**Dvitiya Until 6:24PM**

**Ganesha:** Blue *Sunrise: 6:31AM*  
**Muruqa:** Orange *Sunset: 6:35PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga  
Until 11:37AM  
Then Creative Work - Siddha Yoga

**1**

**Monday, June 8, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\*/Uttarashadha Nakshatra Sukla/Brahma Yoga Vistil\*/Bava Karana Tritiya/Chaturthiyam Titau

Nairobi, Kenya  
Sun 2 Sutra 57

Dhanus Rasi: 23.44 Tithi 18 – 19

382344461

**Gulika** 2:04PM – 3:34PM  
**Yama** 11:03AM – 12:33PM  
**Rahu** 8:02AM – 9:32AM

**Purvashadha\* Until 11:13AM**  
Sukla Until 10:19AM  
Bava Until 5:14AM Tue  
**Tritiya Until 5:26PM**

**Ganesha:** Blue *Sunrise: 6:31AM*  
**Muruqa:** Orange *Sunset: 6:35PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Family Home Evening**  
Routine Work Marana Yoga

**2**

**Tuesday, June 9, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha\*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya  
Sun 3 Sutra 58

Makara Rasi: 7 Tithi 19 – 20

382344461

**Gulika** 12:33PM – 2:04PM  
**Yama** 9:33AM – 11:03AM  
**Rahu** 3:34PM – 5:05PM

**Uttarashadha Until 11:20AM**  
Brahma Until 8:55AM  
Kaulava Until 5:20AM Wed  
**Chaturthi\* Until 5:11PM**

**Ganesha:** Blue *Sunrise: 6:32AM*  
**Muruqa:** Orange *Sunset: 6:35PM*  
**Nataraja:** Yellow  
Moon – Light Blue  
**Jyeshtha-Vaikasi**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Routine Work Prabalarishta Yoga  
Until 11:20AM  
Then Creative Work - Siddha Yoga

**3**

**Wednesday, June 10, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya  
Sun 4 Sutra 59

Makara Rasi: 19.54 Tithi 20 – 21

392344461

**Gulika** 11:03AM – 12:34PM  
**Yama** 8:02AM – 9:33AM  
**Rahu** 12:34PM – 2:04PM

**Shravana Until 12:29PM**  
Indra Until 8:06AM  
Gara Until 6:09AM Thu  
**Panchami Until 5:39PM**

**Ganesha:** Red *Sunrise: 6:32AM*  
**Muruqa:** Orange *Sunset: 6:35PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga  
Until 12:29PM  
Then Routine Work - Prabalarishta Yoga

**4**

**Thursday, June 11, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya  
Sun 5 Sutra 60

Kumbha Rasi: 2.28 Tithi 21

392344461

**Gulika** 9:33AM – 11:03AM  
**Yama** 6:32AM – 8:03AM  
**Rahu** 2:04PM – 3:35PM

**Dhanishtha Until 2:09PM**  
Vaidhriti\* Until 7:48AM  
Gara Until 6:09AM  
**Shashthi\* Until 6:47PM**

**Ganesha:** Red *Sunrise: 6:32AM*  
**Muruqa:** Orange *Sunset: 6:35PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

**5**

**Friday, June 12, 2020**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak\*/Purvaproshtapada\* Nakshatra Vishkambha\*/Priti Yoga Vistil\*/Bava Karana Saptamyam Titau

Nairobi, Kenya  
Sun 6 Sutra 61

Kumbha Rasi: 14.45 Tithi 22

392344461

**Gulika** 8:03AM – 9:33AM  
**Yama** 3:35PM – 5:05PM  
**Rahu** 11:04AM – 12:34PM

**Shatabhishak Until 4:12PM**  
Vishkambha\* Until 8:00AM  
Vistil Until 7:35AM  
**Saptami Until 8:28PM**

**Ganesha:** Red *Sunrise: 6:32AM*  
**Muruqa:** Orange *Sunset: 6:36PM*  
**Nataraja:** Yellow  
Moon – Purple  
**Jyeshtha-Vaikasi**

**Devaloka Day**

Creative Work Siddha Yoga

**D**

**Saturday, June 13, 2020**  
**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya  
Sun 7 Sutra 62

Kumbha Rasi: 26.5 Tithi 23

312344461

**Gulika** 6:33AM – 8:03AM  
**Yama** 2:05PM – 3:35PM  
**Rahu** 9:33AM – 11:04AM

**Purvaproshtapada\* Until 6:59PM**  
Priti Until 8:34AM  
Balava Until 9:29AM  
**Ashtami\* Until 10:32PM**

**Ganesha:** Clear *Sunrise: 6:33AM*  
**Muruqa:** Orange *Sunset: 6:36PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Vaikasi**

**Devaloka Day**

Routine Work Marana Yoga  
Until 6:59PM  
Then Creative Work - Siddha Yoga

**Sunday, June 14, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Uttaraproshtapada Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya  
Sun 8 Sutra 63

Meena Rasi: 8.48 Tithi 24

312344461

**Gulika** 3:35PM – 5:06PM  
**Yama** 12:34PM – 2:05PM  
**Rahu** 5:06PM – 6:36PM

**Uttaraproshtapada Until 9:50PM**  
Ayushman Until 9:20AM  
Taitila Until 11:41AM  
**Navami\* Until 12:49AM Mon**

**Ganesha:** Clear *Sunrise: 6:33AM*  
**Muruqa:** Orange *Sunset: 6:36PM*  
**Nataraja:** Yellow  
Moon – Clear  
**Jyeshtha-Ani**

**Devaloka Day**

Creative Work Amrita Yoga

<b>1</b>		<b>Monday, June 15, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dashamyam Titau		Nairobi, Kenya Sun 9 Sutra 64	
Meena Rasi: 20.42	Tithi 25	<b>Gulika</b>	2:05PM – 3:35PM	<b>Revati Until 12:33AM Tue</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:33AM	Sarvari 5122
<b>Family Home Evening</b>	312344461	<b>Yama</b>	11:04AM – 12:35PM	Saubhagya Until 10:14AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:36PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	8:03AM – 9:34AM	Vanija Until 2:00PM	<b>Nataraja:</b> Yellow		2nd Phase
				<b>Dashami Until 3:08AM Tue</b>	Moon – Clear		<b>Devaloka Day</b>
					<b>Jyeshtha-Ani</b>		

<b>2</b>		<b>Tuesday, June 16, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau		Nairobi, Kenya Sun 10 Sutra 65	
Mesha Rasi: 2.37	Tithi 26	<b>Gulika</b>	12:35PM – 2:05PM	<b>Ashvini Until 3:29AM Wed</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:33AM	Sarvari 5122
	322344461	<b>Yama</b>	9:34AM – 11:04AM	Sobhana Until 11:07AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:36PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	3:36PM – 5:06PM	Bava Until 4:15PM	<b>Nataraja:</b> Yellow		2nd Phase
				<b>Ekadashi* Until 5:17AM Wed</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>3</b>		<b>Wednesday, June 17, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava Karana Dvadashyam Titau		Nairobi, Kenya Sun 11 Sutra 66	
Mesha Rasi: 14.35	Tithi 27	<b>Gulika</b>	11:05AM – 12:35PM	<b>Bharani Until 5:57AM Thu</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:33AM	Sarvari 5122
	322344461	<b>Yama</b>	8:04AM – 9:34AM	Athiganda* Until 11:48AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:37PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	12:35PM – 2:05PM	Kaulava Until 6:16PM	<b>Nataraja:</b> Yellow		2nd Phase
Until 5:57AM Thu				<b>Dvadashi* Until 7:07AM Thu</b>	Moon – White		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>4</b>		<b>Thursday, June 18, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 12 Sutra 67	
Mesha Rasi: 26.41	Tithi 27 – 28	<b>Gulika</b>	9:34AM – 11:05AM	<b>Krittika Until 7:50AM Fri</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM	Sarvari 5122
	322344461	<b>Yama</b>	6:34AM – 8:04AM	Sukarma Until 12:15PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:37PM	Moon 6 - Phase 9
Routine Work	Marana Yoga	<b>Rahu</b>	2:06PM – 3:36PM	Gara Until 7:54PM	<b>Nataraja:</b> Yellow		2nd Phase
				<b>Dvadashi* Until 7:07AM</b>	Moon – White		<b>Bhuloka Day</b>
					<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Friday, June 19, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 13 Sutra 68	
Vrishabha Rasi: 8.58	Tithi 28 – 29	<b>Gulika</b>	8:04AM – 9:35AM	<b>Krittika Until 7:50AM</b>	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:34AM	Sarvari 5122
	323344461	<b>Yama</b>	3:36PM – 5:07PM	Dhriti Until 12:21PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:37PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	11:05AM – 12:35PM	Visti Until 9:03PM	<b>Nataraja:</b> Yellow		2nd Phase
Until 7:50AM				<b>Trayodashi* Until 8:32AM</b>	Moon – White		<b>Bhuloka Day</b>
Then Routine Work - Marana Yoga					<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		<b>Saturday, June 20, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Nairobi, Kenya Sun 14 Sutra 69	
Vrishabha Rasi: 21.27	Tithi 29 – 30	<b>Gulika</b>	6:34AM – 8:04AM	<b>Rohini Until 9:33AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM	Sarvari 5122
	333344461	<b>Yama</b>	2:06PM – 3:37PM	Shula* Until 12:01PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:37PM	Moon 6 - Phase 9
Creative Work	Amrita Yoga	<b>Rahu</b>	9:35AM – 11:05AM	Catuspada Until 9:40PM	<b>Nataraja:</b> Yellow		Amavasya
Until 9:33AM				<b>Chaturdashi* Until 9:25AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga					<b>Jyeshtha-Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>

<b>Retreat Star</b>		<b>Sunday, June 21, 2020</b>		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Nairobi, Kenya Sun 15 Sutra 70	
Mithuna Rasi: 4.13	Tithi 30 – 1	<b>Gulika</b>	3:37PM – 5:07PM	<b>Mrigashira Until 10:33AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:34AM	Sarvari 5122
	333344461	<b>Yama</b>	12:36PM – 2:06PM	Ganda* Until 11:15AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:38PM	Moon 6 - Phase 9
Creative Work	Siddha Yoga	<b>Rahu</b>	5:07PM – 6:38PM	Kintughna Until 9:43PM	<b>Nataraja:</b> Yellow		Prathama
				<b>Amavasya* Until 9:45AM</b>	Moon – Yellow		<b>Bhuloka Day</b>
					<b>Ashada-Ani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>
				<b>Father's Day</b> <b>Annular Solar Eclipse</b>			

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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<b>Monday, June 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 16 Sutra 71
<b>1</b>	Mithuna Rasi: 17.13 Tithi 1 – 2 <b>Family Home Evening</b> Creative Work Siddha Yoga Until 10:53AM Then Creative Work - Amrita Yoga	3433444461	<b>Gulika</b> 2:07PM – 3:37PM Yama 11:06AM – 12:36PM <b>Rahu</b> 8:05AM – 9:35AM	<b>Ardra Until 10:53AM</b> Vridhhi Until 10:05AM Balava Until 9:16PM <b>Prathama* Until 9:32AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Yellow <b>Ashada-Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Tuesday, June 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya Sun 17 Sutra 72
<b>2</b>	Kataka Rasi: 0.3 Tithi 2 – 3 Creative Work Siddha Yoga	3434444461	<b>Gulika</b> 12:36PM – 2:07PM Yama 9:36AM – 11:06AM <b>Rahu</b> 3:37PM – 5:08PM	<b>Punarvasu Until 11:02AM</b> Dhruva Until 8:30AM Taitila Until 8:21PM <b>Dvitiya Until 8:50AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada-Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Wednesday, June 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nairobi, Kenya Sun 18 Sutra 73
<b>3</b>	Kataka Rasi: 14.01 Tithi 3 – 4 Creative Work Siddha Yoga	3434444461	<b>Gulika</b> 11:06AM – 12:37PM Yama 8:05AM – 9:36AM <b>Rahu</b> 12:37PM – 2:07PM	<b>Pushya Until 10:37AM</b> Vyaghata* Until 6:35AM Vanija Until 7:02PM <b>Tritiya Until 7:43AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada-Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Thursday, June 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vajra* Yoga Visti*/Balava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya Sun 19 Sutra 74
<b>4</b>	Kataka Rasi: 27.45 Tithi 4 – 5 Creative Work Siddha Yoga Until 9:44AM Then Creative Work - Amrita Yoga	3434444461	<b>Gulika</b> 9:36AM – 11:06AM Yama 6:35AM – 8:06AM <b>Rahu</b> 2:07PM – 3:38PM	<b>Ashlesha* Until 9:44AM</b> Vajra* Until 1:57AM Fri Balava Until 4:29AM Fri <b>Chaturthi* Until 6:15AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Blue <b>Ashada-Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

<b>Friday, June 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya Sun 20 Sutra 75
<b>5</b>	Simha Rasi: 11.4 Tithi 6 Routine Work Marana Yoga Until 8:51AM Then Creative Work - Siddha Yoga	3534444461	<b>Gulika</b> 8:06AM – 9:36AM Yama 3:38PM – 5:08PM <b>Rahu</b> 11:07AM – 12:37PM	<b>Magha* Until 8:51AM</b> Siddhi Until 11:20PM Kaulava Until 3:33PM <b>Shashthi* Until 2:31AM Sat</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Red <b>Ashada-Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Devaloka Day</b>

<b>Saturday, June 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya Sun 21 Sutra 76
<b>6</b>	Simha Rasi: 25.42 Tithi 7 Creative Work Siddha Yoga Until 7:38AM Then Routine Work - Marana Yoga	3534444461	<b>Gulika</b> 6:36AM – 8:06AM Yama 2:08PM – 3:38PM <b>Rahu</b> 9:36AM – 11:07AM	<b>Purvaphalguni Until 7:38AM</b> Vyatipata* Until 8:35PM Gara Until 1:29PM <b>Saptami Until 12:22AM Sun</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Red <b>Ashada-Ani</b>	Sarvari 5122 Moon 6 - Phase 10 3rd Phase <b>Devaloka Day</b>

<b>Sunday, June 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya Sun 22 Sutra 77
<b>Retreat Star</b>	Kanya Rasi: 9.51 Tithi 8 Creative Work Amrita Yoga	3534444461	<b>Gulika</b> 3:38PM – 5:09PM Yama 12:37PM – 2:08PM <b>Rahu</b> 5:09PM – 6:39PM	<b>Uttaraphalguni Until 6:06AM</b> Variyan Until 5:41PM Visti Until 11:16AM <b>Ashtami* Until 10:06PM</b>	<b>Ganesha:</b> Clear <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Red <b>Ashada-Ani</b>	Sarvari 5122 Moon 6 - Phase 10 Ashtami <b>Devaloka Day</b>

<b>Monday, June 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya Sun 23 Sutra 78
<b>Retreat Star</b>	Kanya Rasi: 24.04 Tithi 9 <b>Family Home Evening</b> Routine Work Prabalarishta Yoga Until 3:10AM Tue Then Creative Work - Siddha Yoga	3634444461	<b>Gulika</b> 2:08PM – 3:38PM Yama 11:07AM – 12:38PM <b>Rahu</b> 8:06AM – 9:37AM	<b>Chitra Until 3:10AM Tue</b> Parigha* Until 2:45PM Balava Until 8:57AM <b>Navami* Until 7:45PM</b>	<b>Ganesha:</b> White <b>Muruqa:</b> Orange <b>Nataraja:</b> Yellow Moon – Green <b>Ashada-Ani</b>	Sarvari 5122 Moon 6 - Phase 10 Navami <b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM

1	<b>Tuesday, June 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Svati Nakshatra Shiva/Siddha Yoga Taitila/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 79
	Tula Rasi: 8.2	Tithi 10 – 11	<b>Gulika</b> 12:38PM – 2:08PM	<b>Svati Until 1:27AM Wed</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	Sarvari 5122
			Yama 9:37AM – 11:07AM	Shiva Until 11:46AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:39PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	373444461 <b>Rahu</b> 3:39PM – 5:09PM	Taitila Until 6:35AM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dashami Until 5:23PM</b>	Moon – Green		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

2	<b>Wednesday, July 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 25 Sutra 80
	Tula Rasi: 22.36	Tithi 11 – 12	<b>Gulika</b> 11:08AM – 12:38PM	<b>Vishakha Until 12:05AM Thu</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	Sarvari 5122
			Yama 8:07AM – 9:37AM	Siddha Until 8:48AM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	373444461 <b>Rahu</b> 12:38PM – 2:08PM	Bava Until 1:55AM Thu	<b>Nataraja:</b> Yellow		4th Phase
			<b>Ekadashi Until 3:02PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

3	<b>Thursday, July 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 81
	Vrischika Rasi: 6.49	Tithi 12 – 13	<b>Gulika</b> 9:37AM – 11:08AM	<b>Anuradha Until 10:43PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	Sarvari 5122
			Yama 6:36AM – 8:07AM	Subha Until 3:09AM Fri	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	373444461 <b>Rahu</b> 2:09PM – 3:39PM	Kaulava Until 11:47PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Dvadashi Until 12:48PM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			
				<i>Pradosha Vrata</i>			

4	<b>Friday, July 3, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha* Nakshatra Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 82
	Vrischika Rasi: 20.55	Tithi 13 – 14	<b>Gulika</b> 8:07AM – 9:38AM	<b>Jyeshtha* Until 9:27PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM	Sarvari 5122
			Yama 3:39PM – 5:10PM	Sukla Until 12:36AM Sat	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 11
	Routine Work	Marana Yoga	374444461 <b>Rahu</b> 11:08AM – 12:38PM	Gara Until 9:52PM	<b>Nataraja:</b> Yellow		4th Phase
			<b>Trayodashi Until 10:46AM</b>	Moon – Orange		<b>Devaloka Day</b>	
				<b>Ashada*Ani</b>			

○	<b>Saturday, July 4, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Mula* Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya Sun 28 Sutra 83
	<b>Copper Retreat Star</b>		<b>Gulika</b> 6:37AM – 8:07AM	<b>Mula* Until 8:48PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:37AM	Sarvari 5122
	Dhanus Rasi: 4.5	Tithi 14 – 15	Yama 2:09PM – 3:39PM	Brahma Until 10:20PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	384444461 <b>Rahu</b> 9:38AM – 11:08AM	Visti Until 8:19PM	<b>Nataraja:</b> Yellow		Purnima
			<b>Chaturdashi* Until 9:02AM</b>	Moon – Light Blue		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
			<b>Satguru Purnima</b>	<b>Ashada*Ani</b>			

○	<b>Sunday, July 5, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvashadha* Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya Sun 29 Sutra 84
	<b>Silver Retreat Star</b>		<b>Gulika</b> 3:40PM – 5:10PM	<b>Purvashadha* Until 8:27PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:37AM	Sarvari 5122
	Dhanus Rasi: 18.32	Tithi 15 – 16	Yama 12:39PM – 2:09PM	Indra Until 8:28PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:40PM	Moon 6 - Phase 11
	Creative Work	Siddha Yoga	384444461 <b>Rahu</b> 5:10PM – 6:40PM	Balava Until 7:12PM	<b>Nataraja:</b> Yellow		Prathama
			<b>Purnima* Until 7:41AM</b>	Moon – Light Blue		<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
			<b>Penumbral Lunar Eclipse</b>	<b>Ashada*Ani</b>			

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





**Monday, July 6, 2020**  
**Gold Retreat Star**

Makara Rasi: 1.57 Tithi 16 – 17  
**Family Home Evening**  
Routine Work Marana Yoga  
Until 8:29PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

<b>Gulika</b> 2:09PM – 3:40PM	<b>Uttarashadha Until 8:29PM</b>	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:37AM
Yama 11:08AM – 12:39PM	Vaidhriti* Until 7:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM
<b>Rahu</b> 8:08AM – 9:38AM	Taitila Until 6:37PM	<b>Nataraja:</b> Yellow	
	<b>Prathama* Until 6:49AM</b>	Moon – Light Blue	

Nairobi, Kenya  
Sutra 85  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day**

**1**

**Tuesday, July 7, 2020**

Makara Rasi: 15.04 Tithi 17 – 18  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

<b>Gulika</b> 12:39PM – 2:09PM	<b>Shravana Until 9:24PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:37AM
Yama 9:38AM – 11:09AM	Vishkambha* Until 6:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM
<b>Rahu</b> 3:40PM – 5:10PM	Vanija Until 6:37PM	<b>Nataraja:</b> Yellow	
	<b>Dvitiya Until 6:31AM</b>	Moon – Purple	

Nairobi, Kenya  
Sun 1 Sutra 86  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**2**

**Wednesday, July 8, 2020**

Makara Rasi: 27.52 Tithi 18 – 19  
Routine Work Prabalarishta Yoga  
Until 10:46PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

<b>Gulika</b> 11:09AM – 12:39PM	<b>Dhanishtha Until 10:46PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:37AM
Yama 8:08AM – 9:38AM	Priti Until 5:31PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM
<b>Rahu</b> 12:39PM – 2:10PM	Bava Until 7:14PM	<b>Nataraja:</b> Yellow	
	<b>Tritiya Until 6:50AM</b>	Moon – Purple	

Nairobi, Kenya  
Sun 2 Sutra 87  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, July 9, 2020**

Kumbha Rasi: 10.24 Tithi 19 – 20  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

<b>Gulika</b> 9:38AM – 11:09AM	<b>Shatabhishak Until 12:31AM Fri</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:38AM
Yama 6:38AM – 8:08AM	Ayushman Until 5:27PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM
<b>Rahu</b> 2:10PM – 3:40PM	Kaulava Until 8:26PM	<b>Nataraja:</b> Yellow	
	<b>Chaturthi* Until 7:44AM</b>	Moon – Purple	

Nairobi, Kenya  
Sun 3 Sutra 88  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**4**

**Friday, July 10, 2020**

Kumbha Rasi: 22.41 Tithi 20 – 21  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

<b>Gulika</b> 8:08AM – 9:39AM	<b>Purvaproshtapada* Until 3:04AM Sat</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:38AM
Yama 3:40PM – 5:11PM	Saubhagya Until 5:47PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM
<b>Rahu</b> 11:09AM – 12:39PM	Gara Until 10:07PM	<b>Nataraja:</b> Yellow	
	<b>Panchami Until 9:12AM</b>	Moon – Clear	

Nairobi, Kenya  
Sun 4 Sutra 89  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, July 11, 2020**

Meena Rasi: 4.47 Tithi 21 – 22  
Creative Work Siddha Yoga  
Until 5:47AM Sun  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada Nakshatra Sobhana Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

<b>Gulika</b> 6:38AM – 8:08AM	<b>Uttaraproshtapada Until 5:47AM Sun</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:38AM
Yama 2:10PM – 3:40PM	Sobhana Until 6:28PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM
<b>Rahu</b> 9:39AM – 11:09AM	Visti Until 12:11AM Sun	<b>Nataraja:</b> Yellow	
	<b>Shashthi* Until 11:06AM</b>	Moon – Clear	

Nairobi, Kenya  
Sun 5 Sutra 90  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**D**

**Sunday, July 12, 2020**  
**Retreat Star**

Meena Rasi: 16.46 Tithi 22 – 23  
Creative Work Amrita Yoga  
Until 8:29AM Mon  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

<b>Gulika</b> 3:41PM – 5:11PM	<b>Revati Until 8:29AM Mon</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:38AM
Yama 12:40PM – 2:10PM	Athiganda* Until 7:17PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:41PM
<b>Rahu</b> 5:11PM – 6:41PM	Balava Until 2:28AM Mon	<b>Nataraja:</b> Yellow	
	<b>Saptami Until 1:17PM</b>	Moon – Clear	

Nairobi, Kenya  
Sun 6 Sutra 91  
Sarvari 5122  
Moon 7 - Phase 12  
Ashtami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

**Monday, July 13, 2020**

**Retreat Star**

Meena Rasi: 28.4 Tithi 23 – 24  
**Family Home Evening**  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

<b>Gulika</b> 2:10PM – 3:41PM	<b>Revati Until 8:29AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:38AM
Yama 11:09AM – 12:40PM	Sukarma Until 8:11PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM
<b>Rahu</b> 8:09AM – 9:39AM	Taitila Until 4:45AM Tue	<b>Nataraja:</b> Yellow	
	<b>Ashtami* Until 3:36PM</b>	Moon – Clear	

Nairobi, Kenya  
Sun 7 Sutra 92  
Sarvari 5122  
Moon 7 - Phase 12  
Navami

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

<b>1</b>		<b>Tuesday, July 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 8 Sutra 93
Mesha Rasi: 10.35	Tithi 24 – 25	<b>Gulika</b> 12:40PM – 2:10PM	<b>Ashvini</b> Until 11:30AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:38AM			Sarvari 5122
		Yama 9:39AM – 11:09AM	Dhriti Until 9:00PM	<b>Muruqa:</b> Orange	<i>Sunset:</i> 6:42PM			Moon 7 - Phase 13
		424444461 <b>Rahu</b> 3:41PM – 5:11PM	Vanija Until 6:51AM Wed	<b>Nataraja:</b> Yellow				2nd Phase
Creative Work	Siddha Yoga		<b>Navami*</b> Until 5:49PM	Moon – White			<b>Devaloka Day</b>	
				<b>Ashada-Ani</b>				

<b>2</b>		<b>Wednesday, July 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Vanija/Visi* Karana Dashamyam Titau				Nairobi, Kenya Sun 9 Sutra 94
Mesha Rasi: 22.34	Tithi 25	<b>Gulika</b> 11:10AM – 12:40PM	<b>Bharani</b> Until 2:07PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM			Sarvari 5122
		Yama 8:09AM – 9:39AM	Shula* Until 9:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM			Moon 7 - Phase 13
		425454461 <b>Rahu</b> 12:40PM – 2:10PM	Vanija Until 6:51AM	<b>Nataraja:</b> Yellow				2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:45PM	Moon – White			<b>Devaloka Day</b>	
Until 2:07PM				<b>Ashada-Ani</b>				
Then Creative Work - Amrita Yoga								

<b>3</b>		<b>Thursday, July 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 10 Sutra 95
Vrishabha Rasi: 4.43	Tithi 26	<b>Gulika</b> 9:39AM – 11:10AM	<b>Krittika</b> Until 4:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM			Sarvari 5122
		Yama 6:38AM – 8:09AM	Ganda* Until 9:44PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM			Moon 7 - Phase 13
		425454461 <b>Rahu</b> 2:11PM – 3:41PM	Bava Until 8:34AM	<b>Nataraja:</b> Yellow				2nd Phase
Routine Work	Marana Yoga		<b>Ekadashi*</b> Until 9:13PM	Moon – White			<b>Devaloka Day</b>	
				<b>Ashada-Adi</b>				

<b>4</b>		<b>Friday, July 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini/Mrigashira Nakshatra Vriddhi Yoga Kaulava/Tailita Karana Dvodashyam Titau				Nairobi, Kenya Sun 11 Sutra 96
Vrishabha Rasi: 17.04	Tithi 27	<b>Gulika</b> 8:09AM – 9:39AM	<b>Rohini</b> Until 5:56PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM			Sarvari 5122
		Yama 3:41PM – 5:12PM	Vriddhi Until 9:27PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM			Moon 7 - Phase 13
		435454462 <b>Rahu</b> 11:10AM – 12:40PM	Kaulava Until 9:44AM	<b>Nataraja:</b> White				2nd Phase
Routine Work	Marana Yoga		<b>Dvodashi*</b> Until 10:04PM	Moon – Yellow			<b>Devaloka Day</b>	
Until 5:56PM				<b>Ashada-Adi</b>				
Then Creative Work - Siddha Yoga								

<b>5</b>		<b>Saturday, July 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 12 Sutra 97
Vrishabha Rasi: 29.43	Tithi 28	<b>Gulika</b> 6:38AM – 8:09AM	<b>Mrigashira</b> Until 6:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM			Sarvari 5122
		Yama 2:11PM – 3:41PM	Dhruva Until 8:36PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM			Moon 7 - Phase 13
		435454462 <b>Rahu</b> 9:39AM – 11:10AM	Gara Until 10:15AM	<b>Nataraja:</b> White				2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 10:14PM	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Ashada-Adi</b>				
				<i>Pradosha Vrata (Fasting)</i>				

<b>6</b>		<b>Sunday, July 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 13 Sutra 98
Mithuna Rasi: 12.42	Tithi 29	<b>Gulika</b> 3:41PM – 5:12PM	<b>Ardra</b> Until 7:02PM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:39AM			Sarvari 5122
		Yama 12:40PM – 2:11PM	Vyaghata* Until 7:14PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM			Moon 7 - Phase 13
		435554462 <b>Rahu</b> 5:12PM – 6:42PM	Visti Until 10:04AM	<b>Nataraja:</b> White				2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 9:43PM	Moon – Yellow			<b>Devaloka Day</b>	
				<b>Ashada-Adi</b>				

<b>Monday, July 20, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya Sun 14 Sutra 99
Mithuna Rasi: 26.02	Tithi 30	<b>Gulika</b> 2:11PM – 3:41PM	<b>Punarvasu</b> Until 6:51PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:39AM			Sarvari 5122
<b>Family Home Evening</b>		Yama 11:10AM – 12:40PM	Harshana Until 5:22PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM			Moon 7 - Phase 13
		445554462 <b>Rahu</b> 8:09AM – 9:39AM	Catuspada Until 9:14AM	<b>Nataraja:</b> White				Amavasya
Creative Work	Amrita Yoga		<b>Amavasya*</b> Until 8:35PM	Moon – Blue			<b>Devaloka Day</b>	
Until 6:51PM				<b>Ashada-Adi</b>				
Then Creative Work - Siddha Yoga								

<b>Tuesday, July 21, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra*/Siddhi Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya Sun 15 Sutra 100
Kataka Rasi: 9.43	Tithi 1	<b>Gulika</b> 12:40PM – 2:11PM	<b>Pushya</b> Until 6:00PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:39AM			Sarvari 5122
		Yama 9:40AM – 11:10AM	Vajra* Until 3:03PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM			Moon 7 - Phase 13
		445554462 <b>Rahu</b> 3:41PM – 5:12PM	Kintughna Until 7:50AM	<b>Nataraja:</b> White				Prathama
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:55PM	Moon – Blue			<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>				

1	<b>Wednesday, July 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Magha* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya	
	Kataka Rasi: 23.4	Tithi 2 – 3	445554462	Sun 16	Sutra 101	Sarvari 5122	Moon 7 - Phase 14	
	Creative Work	Siddha Yoga	Gulika 11:10AM – 12:40PM Yama 8:09AM – 9:40AM Rahu 12:40PM – 2:11PM	Ashlesha* Until 4:35PM Siddhi Until 12:23PM Taitila Until 3:44AM Thu Dvitiya Until 4:51PM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Blue	Sunrise: 6:39AM Sunset: 6:42PM	Devaloka Day	Sarvari 5122
					Srivana-Adi			3rd Phase

2	<b>Thursday, July 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vyatipata*/Variyan Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Nairobi, Kenya	
	Simha Rasi: 7.51	Tithi 3 – 4	455554462	Sun 17	Sutra 102	Sarvari 5122	Moon 7 - Phase 14	
	Creative Work	Amrita Yoga	Gulika 9:40AM – 11:10AM Yama 6:39AM – 8:09AM Rahu 2:11PM – 3:41PM	Magha* Until 3:11PM Vyatipata* Until 9:29AM Vanija Until 1:18AM Fri Tritiya Until 2:31PM	Ganesha: Light Blue Muruqa: Clear Nataraja: White Moon – Red	Sunrise: 6:39AM Sunset: 6:42PM	Devaloka Day	Sarvari 5122
					Srivana-Adi			3rd Phase

3	<b>Friday, July 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Varyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya	
	Simha Rasi: 22.1	Tithi 4 – 5	455554462	Sun 18	Sutra 103	Sarvari 5122	Moon 7 - Phase 14	
	Creative Work	Siddha Yoga	Gulika 8:09AM – 9:40AM Yama 3:41PM – 5:12PM Rahu 11:10AM – 12:41PM	Purvaphalguni Until 1:29PM Variyan Until 6:25AM Bava Until 10:47PM Chaturthi* Until 12:02PM	Ganesha: Light Blue Muruqa: Clear Nataraja: White Moon – Red	Sunrise: 6:39AM Sunset: 6:42PM	Devaloka Day	Sarvari 5122
			Nag Panchami			Srivana-Adi		

4	<b>Saturday, July 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya	
	Kanya Rasi: 6.32	Tithi 5 – 6	456554462	Sun 19	Sutra 104	Sarvari 5122	Moon 7 - Phase 14	
	Routine Work	Marana Yoga	Gulika 6:39AM – 8:09AM Yama 2:11PM – 3:41PM Rahu 9:40AM – 11:10AM	Uttaraphalguni Until 11:37AM Shiva Until 12:13AM Sun Kaulava Until 8:16PM Panchami Until 9:30AM	Ganesha: Purple Muruqa: Clear Nataraja: White Moon – Red	Sunrise: 6:39AM Sunset: 6:42PM	Devaloka Day	Sarvari 5122
					Srivana-Adi			3rd Phase

5	<b>Sunday, July 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau				Nairobi, Kenya	
	Kanya Rasi: 20.53	Tithi 6 – 7	466554462	Sun 20	Sutra 105	Sarvari 5122	Moon 7 - Phase 14	
	Creative Work	Amrita Yoga	Gulika 3:41PM – 5:12PM Yama 12:41PM – 2:11PM Rahu 5:12PM – 6:42PM	Hasta Until 10:05AM Siddha Until 9:11PM Vanija Until 4:40AM Mon Shashthi* Until 7:01AM	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Green	Sunrise: 6:39AM Sunset: 6:42PM	Sivaloka Day	Sarvari 5122
					Srivana-Adi			3rd Phase

D	<b>Monday, July 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya	
	<b>Retreat Star</b>		Tula Rasi: 5.08	Tithi 8	466554462	Sun 21	Sutra 106	Sarvari 5122
	Family Home Evening	Prabalarishta Yoga	Gulika 2:11PM – 3:41PM Yama 11:10AM – 12:41PM Rahu 8:09AM – 9:40AM	Chitra Until 8:33AM Sadhya Until 6:18PM Visti Until 3:34PM Ashtami* Until 2:29AM Tue	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Green	Sunrise: 6:39AM Sunset: 6:42PM	Sivaloka Day	Sarvari 5122
					Srivana-Adi			Ashtami

D	<b>Tuesday, July 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya	
	<b>Retreat Star</b>		Tula Rasi: 19.17	Tithi 9	466554462	Sun 22	Sutra 107	Sarvari 5122
	Creative Work	Siddha Yoga	Gulika 12:40PM – 2:11PM Yama 9:40AM – 11:10AM Rahu 3:41PM – 5:12PM	Svati Until 7:03AM Subha Until 3:36PM Balava Until 1:30PM Navami* Until 12:32AM Wed	Ganesha: Clear Muruqa: Clear Nataraja: White Moon – Green	Sunrise: 6:39AM Sunset: 6:42PM	Sivaloka Day	Sarvari 5122
					Srivana-Adi			Navami

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


<b>1</b>		<b>Wednesday, July 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau			Nairobi, Kenya Sun 23 Sutra 108
Wrischika Rasi: 3.17	Tithi 10	<b>Gulika</b> 11:10AM – 12:40PM	<b>Vishakha</b> Until 6:04AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:39AM	Sarvari 5122	
		Yama 8:09AM – 9:39AM	Sukla Until 1:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 15	
		476554462 <b>Rahu</b> 12:40PM – 2:11PM	Taitila Until 11:39AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 10:48PM	Moon – Orange		<b>Devaloka Day</b>	
				<b>Sravana-Adi</b>			

<b>2</b>		<b>Thursday, July 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadashyam Titau			Nairobi, Kenya Sun 24 Sutra 109
Wrischika Rasi: 17.07	Tithi 11	<b>Gulika</b> 9:39AM – 11:10AM	<b>Jyeshtha*</b> Until 4:26AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
		Yama 6:38AM – 8:09AM	Brahma Until 10:45AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 15	
		476554462 <b>Rahu</b> 2:11PM – 3:41PM	Vanija Until 10:04AM	<b>Nataraja:</b> White		4th Phase	
Routine Work	Prabalarishta Yoga		<b>Ekadashi</b> Until 9:21PM	Moon – Orange		<b>Devaloka Day</b>	
Until 4:26AM Fri				<b>Sravana-Adi</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Friday, July 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau			Nairobi, Kenya Sun 25 Sutra 110
Dhanus Rasi: 0.47	Tithi 12	<b>Gulika</b> 8:09AM – 9:39AM	<b>Mula*</b> Until 4:17AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
		Yama 3:41PM – 5:12PM	Indra Until 8:41AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 15	
		486554462 <b>Rahu</b> 11:10AM – 12:40PM	Bava Until 8:46AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 8:12PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 4:17AM Sat		<b>Varalakshmi Vratam</b>		<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Saturday, August 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Nairobi, Kenya Sun 26 Sutra 111
Dhanus Rasi: 14.17	Tithi 13	<b>Gulika</b> 6:38AM – 8:09AM	<b>Purvashadha*</b> Until 4:19AM Sun	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
		Yama 2:11PM – 3:41PM	Vaidhriti* Until 6:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 15	
		487554462 <b>Rahu</b> 9:39AM – 11:10AM	Kaulava Until 7:46AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 7:23PM	Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 4:19AM Sun				<b>Sravana-Adi</b>			
Then Creative Work - Amrita Yoga			<i>Pradosha Vrata</i>				

<b>5</b>		<b>Sunday, August 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha Nakshatra Priti Yoga Gara/Vanija Karana Chaturdashyam Titau			Nairobi, Kenya Sun 27 Sutra 112
Dhanus Rasi: 27.35	Tithi 14	<b>Gulika</b> 3:41PM – 5:12PM	<b>Uttarashadha</b> Until 4:36AM Mon	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
		Yama 12:40PM – 2:11PM	Priti Until 4:05AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 15	
		487554462 <b>Rahu</b> 5:12PM – 6:42PM	Gara Until 7:08AM	<b>Nataraja:</b> White		4th Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 6:57PM	Moon – Light Blue		<b>Subha Sivaloka Day</b>	
Until 5:38AM Tue				<b>Sravana-Adi</b>			
Then Creative Work - Siddha Yoga							

		<b>Monday, August 3, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Shravana Nakshatra Ayushman Yoga Visti*/Bava Karana Purnimayam Titau			Nairobi, Kenya Sun 28 Sutra 113
Makara Rasi: 10.4	Tithi 15	<b>Gulika</b> 2:11PM – 3:41PM	<b>Shravana</b> Until 5:38AM Tue	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 11:10AM – 12:40PM	Ayushman Until 3:12AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 15	
Creative Work	Amrita Yoga	497554462 <b>Rahu</b> 8:09AM – 9:39AM	Visti Until 6:55AM	<b>Nataraja:</b> White		Purnima	
Until 5:38AM Tue			<b>Purnima*</b> Until 6:57PM	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga		<b>Raksha Bandhan</b>		<b>Sravana-Adi</b>			

<b>Tuesday, August 4, 2020</b>		<b>Silver Retreat Star</b>			Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Dhanishtha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau			Nairobi, Kenya Sun 29 Sutra 114
Makara Rasi: 23.31	Tithi 16	<b>Gulika</b> 12:40PM – 2:11PM	<b>Dhanishtha</b> Until 6:59AM Wed	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:38AM	Sarvari 5122		
		Yama 9:39AM – 11:10AM	Saubhagya Until 2:42AM Wed	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:42PM	Moon 7 - Phase 15		
		497554462 <b>Rahu</b> 3:41PM – 5:12PM	Balava Until 7:08AM	<b>Nataraja:</b> White		Prathama		
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 7:24PM	Moon – Purple		<b>Sivaloka Day</b>		
				<b>Sravana-Adi</b>				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 5, 2020

Gold Retreat Star

Kumbha Rasi: 6.08 Tithi 17

497554462

Routine Work Prabalarishta Yoga

Until 6:59AM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha/Shalabhshak Nakshatra Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 11:09AM – 12:40PM  
Yama 8:08AM – 9:39AM  
**Rahu** 12:40PM – 2:10PM

**Dhanishtha** Until 6:59AM  
Sobhana Until 2:36AM Thu  
Taitila Until 7:50AM  
**Dvitiya** Until 8:21PM

**Ganesha:** Yellow *Sunrise: 6:38AM*  
**Muruqa:** Clear *Sunset: 6:42PM*  
**Nataraja:** White  
Moon – Purple

**Sravana-Adi**

**Sivaloka Day**

Nairobi, Kenya  
Sun 1 Sutra 115  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

1

Thursday, August 6, 2020

Kumbha Rasi: 18.34 Tithi 18

497554462

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Triliyayam Titau

**Gulika** 9:39AM – 11:09AM  
Yama 6:38AM – 8:08AM  
**Rahu** 2:10PM – 3:41PM

**Shatabhishak** Until 8:38AM  
Athiganda\* Until 2:50AM Fri  
Vanija Until 9:01AM  
**Tritiya** Until 9:46PM

**Ganesha:** Yellow *Sunrise: 6:38AM*  
**Muruqa:** Clear *Sunset: 6:42PM*  
**Nataraja:** White  
Moon – Purple

**Sravana-Adi**

**Sivaloka Day**

Nairobi, Kenya  
Sun 2 Sutra 116  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

2

Friday, August 7, 2020

Meena Rasi: 0.47 Tithi 19

417554462

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\*/Uttaraproshtapada Nakshatra Sukarma Yoga Bava/Balava Karana Chaturthayam Titau

**Gulika** 8:08AM – 9:39AM  
Yama 3:41PM – 5:11PM  
**Rahu** 11:09AM – 12:40PM

**Purvaproshtapada\*** Until 11:03AM  
Sukarma Until 3:23AM Sat  
Bava Until 10:40AM  
**Chaturthi\*** Until 11:37PM

**Ganesha:** Clear *Sunrise: 6:38AM*  
**Muruqa:** Clear *Sunset: 6:42PM*  
**Nataraja:** White  
Moon – Clear

**Sravana-Adi**

**Sivaloka Day**

Nairobi, Kenya  
Sun 3 Sutra 117  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

3

Saturday, August 8, 2020

Meena Rasi: 12.5 Tithi 20

418554462

Creative Work Siddha Yoga

Until 1:40PM

Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika** 6:37AM – 8:08AM  
Yama 2:10PM – 3:41PM  
**Rahu** 9:39AM – 11:09AM

**Uttaraproshtapada** Until 1:40PM  
Dhriti Until 4:12AM Sun  
Kaulava Until 12:42PM  
**Panchami** Until 1:48AM Sun

**Ganesha:** Purple *Sunrise: 6:37AM*  
**Muruqa:** Clear *Sunset: 6:42PM*  
**Nataraja:** White  
Moon – Clear

**Sravana-Adi**

**Devaloka Day**

Nairobi, Kenya  
Sun 4 Sutra 118  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

4

Sunday, August 9, 2020

Meena Rasi: 24.46 Tithi 21

418554462

Creative Work Amrita Yoga

Until 4:22PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\* Yoga Gara/Vanija Karana Shashthiyam Titau

**Gulika** 3:40PM – 5:11PM  
Yama 12:39PM – 2:10PM  
**Rahu** 5:11PM – 6:42PM

**Revati** Until 4:22PM  
Shula\* Until 5:06AM Mon  
Gara Until 2:59PM  
**Shashthi\*** Until 4:10AM Mon

**Ganesha:** Purple *Sunrise: 6:37AM*  
**Muruqa:** Clear *Sunset: 6:42PM*  
**Nataraja:** White  
Moon – Clear

**Sravana-Adi**

**Devaloka Day**

Nairobi, Kenya  
Sun 5 Sutra 119  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

5

Monday, August 10, 2020

Mesha Rasi: 6.39 Tithi 22

Family Home Evening

428554462

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Ganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 2:10PM – 3:40PM  
Yama 11:09AM – 12:39PM  
**Rahu** 8:08AM – 9:38AM

**Ashvini** Until 7:30PM  
Ganda\* Until 6:02AM Tue  
Visti Until 5:23PM  
**Saptami** Until 6:32AM Tue

**Ganesha:** Clear *Sunrise: 6:37AM*  
**Muruqa:** Clear *Sunset: 6:41PM*  
**Nataraja:** White  
Moon – White

**Sravana-Adi**

**Sivaloka Day**

Nairobi, Kenya  
Sun 6 Sutra 120  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

D

Tuesday, August 11, 2020

Retreat Star

Mesha Rasi: 18.32 Tithi 22 – 23

428554462

Creative Work Siddha Yoga

**Krishna Janmashtami**

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Ganda\*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 12:39PM – 2:10PM  
Yama 9:38AM – 11:09AM  
**Rahu** 3:40PM – 5:11PM

**Bharani** Until 10:20PM  
Ganda\* Until 6:02AM  
Balava Until 7:41PM  
**Saptami** Until 6:32AM

**Ganesha:** Clear *Sunrise: 6:37AM*  
**Muruqa:** Clear *Sunset: 6:41PM*  
**Nataraja:** White  
Moon – White

**Sravana-Adi**

**Sivaloka Day**

Nairobi, Kenya  
Sun 7 Sutra 121  
Sarvari 5122  
Moon 8 - Phase 16  
Ashtami

Wednesday, August 12, 2020

Retreat Star

Vrishabha Rasi: 0.29 Tithi 23 – 24

428554462

Creative Work Amrita Yoga

Until 12:41AM Thu

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 11:08AM – 12:39PM  
Yama 8:07AM – 9:38AM  
**Rahu** 12:39PM – 2:09PM

**Krittika** Until 12:41AM Thu  
Vridhhi Until 6:48AM  
Taitila Until 9:39PM  
**Ashtami\*** Until 8:42AM

**Ganesha:** Clear *Sunrise: 6:37AM*  
**Muruqa:** Clear *Sunset: 6:41PM*  
**Nataraja:** White  
Moon – White

**Sravana-Adi**

**Sivaloka Day**

Nairobi, Kenya  
Sun 8 Sutra 122  
Sarvari 5122  
Moon 8 - Phase 16  
Navami


<b>1</b>	<b>Thursday, August 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 9 Sutra 123
	Vrishabha Rasi: 12.37	Tithi 24 – 25	438654462	<b>Gulika</b> 9:38AM – 11:08AM <b>Yama</b> 6:37AM – 8:07AM <b>Rahu</b> 2:09PM – 3:40PM	<b>Rohini Until 2:48AM Fri</b> Dhruva Until 7:14AM Vanija Until 11:04PM <b>Navami* Until 10:25AM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:37AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:41PM</i> <b>Nataraja:</b> White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Sivaloka Day</b>
	Routine Work Marana Yoga						
	Until 2:48AM Fri Then Creative Work - Siddha Yoga						


<b>2</b>	<b>Friday, August 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 10 Sutra 124
	Vrishabha Rasi: 24.59	Tithi 25 – 26	439654462	<b>Gulika</b> 8:07AM – 9:37AM <b>Yama</b> 3:40PM – 5:10PM <b>Rahu</b> 11:08AM – 12:39PM	<b>Mrigashira Until 4:03AM Sat</b> Vyaghata* Until 7:12AM Bava Until 11:47PM <b>Dashami Until 11:30AM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:36AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:41PM</i> <b>Nataraja:</b> White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

<b>3</b>	<b>Saturday, August 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Ardra Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 11 Sutra 125
	Mithuna Rasi: 7.42	Tithi 26 – 27	439654462	<b>Gulika</b> 6:36AM – 8:07AM <b>Yama</b> 2:09PM – 3:39PM <b>Rahu</b> 9:37AM – 11:08AM	<b>Ardra Until 4:22AM Sun</b> Harshana Until 6:36AM Kaulava Until 11:43PM <b>Ekadashi* Until 11:50AM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:36AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:41PM</i> <b>Nataraja:</b> White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						

<b>4</b>	<b>Sunday, August 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu Nakshatra Siddhi Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 12 Sutra 126
	Mithuna Rasi: 20.49	Tithi 27 – 28	449654462	<b>Gulika</b> 3:39PM – 5:10PM <b>Yama</b> 12:38PM – 2:09PM <b>Rahu</b> 5:10PM – 6:40PM	<b>Punarvasu Until 4:13AM Mon</b> Siddhi Until 3:27AM Mon Gara Until 10:50PM <b>Dvadashi* Until 11:21AM</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:36AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:40PM</i> <b>Nataraja:</b> White Moon – Blue	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Creative Work Siddha Yoga						
			<i>Pradosha Vrata (Fasting)</i>				

<b>5</b>	<b>Monday, August 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 13 Sutra 127
	Kataka Rasi: 4.2	Tithi 28 – 29	549654462	<b>Gulika</b> 2:09PM – 3:39PM <b>Yama</b> 11:07AM – 12:38PM <b>Rahu</b> 8:06AM – 9:37AM	<b>Pushya Until 3:12AM Tue</b> Vyatipata* Until 1:00AM Tue Visti Until 9:14PM <b>Trayodashi* Until 10:06AM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:36AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:40PM</i> <b>Nataraja:</b> White Moon – Blue	Sarvari 5122 Moon 8 - Phase 17 2nd Phase <b>Devaloka Day</b>
	Family Home Evening						
	Creative Work Siddha Yoga						

	<b>Tuesday, August 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha* Nakshatra Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya Sun 14 Sutra 128		
	<b>Retreat Star</b>		Kataka Rasi: 18.18	Tithi 29 – 30	549654462	<b>Gulika</b> 12:38PM – 2:08PM <b>Yama</b> 9:37AM – 11:07AM <b>Rahu</b> 3:39PM – 5:09PM	<b>Ashlesha* Until 1:29AM Wed</b> Variyan Until 10:02PM Catuspada Until 7:00PM <b>Chaturdashi* Until 8:10AM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:35AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:40PM</i> <b>Nataraja:</b> White Moon – Blue	Sarvari 5122 Moon 8 - Phase 17 Amavasya <b>Devaloka Day</b>
	Creative Work Siddha Yoga								

	<b>Wednesday, August 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya Sun 15 Sutra 129		
	<b>Retreat Star</b>		Simha Rasi: 2.38	Tithi 1	559654462	<b>Gulika</b> 11:07AM – 12:37PM <b>Yama</b> 8:06AM – 9:36AM <b>Rahu</b> 12:37PM – 2:08PM	<b>Magha* Until 11:36PM</b> Parigha* Until 6:44PM Kintughna Until 4:19PM <b>Prathama* Until 2:50AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise: 6:35AM</i> <b>Muruqa:</b> Clear <i>Sunset: 6:40PM</i> <b>Nataraja:</b> White Moon – Red	Sarvari 5122 Moon 8 - Phase 17 Prathama <b>Devaloka Day</b>
	Creative Work Siddha Yoga								
	Until 11:36PM Then Creative Work - Amrita Yoga								

<b>1</b>		<b>Thursday, August 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau		Nairobi, Kenya Sun 16 Sutra 130	
Simha Rasi: 17.14	Tithi 2	<b>Gulika</b> 9:36AM – 11:07AM	<b>Purvaphalguni Until 9:21PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:35AM		Sarvari 5122
		Yama 6:35AM – 8:05AM	Shiva Until 3:11PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:40PM		Moon 8 - Phase 18
		559654462 <b>Rahu</b> 2:08PM – 3:38PM	Balava Until 1:19PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Dvitiya Until 11:44PM</b>	Moon – Red		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>2</b>		<b>Friday, August 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau		Nairobi, Kenya Sun 17 Sutra 131	
Kanya Rasi: 1.59	Tithi 3	<b>Gulika</b> 8:05AM – 9:36AM	<b>Uttaraphalguni Until 6:51PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:35AM		Sarvari 5122
		Yama 3:38PM – 5:09PM	Siddha Until 11:30AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM		Moon 8 - Phase 18
		559654462 <b>Rahu</b> 11:06AM – 12:37PM	Taitila Until 10:10AM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Tritiya Until 8:35PM</b>	Moon – Red		<b>Devaloka Day</b>	
Until 6:51PM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Amrita Yoga							

<b>3</b>		<b>Saturday, August 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta/Chitra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau		Nairobi, Kenya Sun 18 Sutra 132	
Kanya Rasi: 16.46	Tithi 4 – 5	<b>Gulika</b> 6:34AM – 8:05AM	<b>Hasta Until 4:41PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM		Sarvari 5122
		Yama 2:07PM – 3:38PM	Sadhya Until 7:50AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM		Moon 8 - Phase 18
		561654462 <b>Rahu</b> 9:36AM – 11:06AM	Vanija Until 7:02AM	<b>Nataraja:</b> White			3rd Phase
Routine Work	Marana Yoga		<b>Chaturthi* Until 5:29PM</b>	Moon – Green		<b>Devaloka Day</b>	
		<b>Ganesha Chaturthi</b>		<b>Bhadrapada-Avani</b>			

<b>4</b>		<b>Sunday, August 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau		Nairobi, Kenya Sun 19 Sutra 133	
Tula Rasi: 1.26	Tithi 5 – 6	<b>Gulika</b> 3:38PM – 5:08PM	<b>Chitra Until 2:36PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM		Sarvari 5122
		Yama 12:36PM – 2:07PM	Sukla Until 12:59AM Mon	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM		Moon 8 - Phase 18
		561654462 <b>Rahu</b> 5:08PM – 6:39PM	Kaulava Until 1:17AM Mon	<b>Nataraja:</b> White			3rd Phase
Creative Work	Siddha Yoga		<b>Panchami Until 2:36PM</b>	Moon – Green		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

<b>5</b>		<b>Monday, August 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau		Nairobi, Kenya Sun 20 Sutra 134	
Tula Rasi: 15.55	Tithi 6 – 7	<b>Gulika</b> 2:07PM – 3:37PM	<b>Svati Until 12:41PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:34AM		Sarvari 5122
<b>Family Home Evening</b>		Yama 11:06AM – 12:36PM	Brahma Until 9:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:39PM		Moon 8 - Phase 18
		561654462 <b>Rahu</b> 8:04AM – 9:35AM	Gara Until 10:54PM	<b>Nataraja:</b> White			3rd Phase
Creative Work	Amrita Yoga		<b>Shashthi* Until 12:02PM</b>	Moon – Green		<b>Devaloka Day</b>	
Until 12:41PM				<b>Bhadrapada-Avani</b>			
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Tuesday, August 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau		Nairobi, Kenya Sun 21 Sutra 135	
Vrischika Rasi: 0.08	Tithi 7 – 8	<b>Gulika</b> 12:36PM – 2:07PM	<b>Vishakha Until 11:27AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM		Sarvari 5122
		Yama 9:35AM – 11:05AM	Indra Until 7:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM		Moon 8 - Phase 18
		571654462 <b>Rahu</b> 3:37PM – 5:08PM	Visti Until 8:57PM	<b>Nataraja:</b> White			Ashtami
Routine Work	Marana Yoga		<b>Saptami Until 9:51AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
Until 11:27AM				<b>Bhadrapada-Avani</b>			
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Wednesday, August 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishakmbha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Nairobi, Kenya Sun 22 Sutra 136	
Vrischika Rasi: 14.04	Tithi 8 – 9	<b>Gulika</b> 11:05AM – 12:36PM	<b>Anuradha Until 10:32AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM		Sarvari 5122
		Yama 8:04AM – 9:34AM	Vaidhriti* Until 4:59PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM		Moon 8 - Phase 18
		571654462 <b>Rahu</b> 12:36PM – 2:06PM	Balava Until 7:29PM	<b>Nataraja:</b> White			Navami
Creative Work	Siddha Yoga		<b>Ashtami* Until 8:08AM</b>	Moon – Orange		<b>Sivaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Thursday, August 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha/Mula* Nakshatra Vishkambha/Priti Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nairobi, Kenya
	Wrischika Rasi: 27.42	Tithi 9 – 10	<b>Gulika</b> 9:34AM – 11:05AM	<b>Jyeshtha* Until 9:56AM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:33AM	Sun 23 Sutra 137
			Yama 6:33AM – 8:03AM	Vishkambha* Until 3:04PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Sarvari 5122
			571654463 <b>Rahu</b> 2:06PM – 3:37PM	Taitila Until 6:28PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Navami* Until 6:54AM</b>	Moon – Orange		4th Phase	
		Routine Work Prabalarishta Yoga				<b>Devaloka Day</b>	
		Until 9:56AM					
		Then Creative Work - Siddha Yoga					


<b>2</b>	<b>Friday, August 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Gara/Visti* Karana Dashami/Ekadashyam Titau				Nairobi, Kenya
	Dhanus Rasi: 11.04	Tithi 10 – 11	<b>Gulika</b> 8:03AM – 9:34AM	<b>Mula* Until 10:05AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:33AM	Sun 24 Sutra 138
			Yama 3:36PM – 5:07PM	Priti Until 1:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:38PM	Sarvari 5122
			581654463 <b>Rahu</b> 11:04AM – 12:35PM	Visti Until 5:47AM Sat	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Dashami Until 6:07AM</b>	Moon – Light Blue		4th Phase	
		Creative Work Amrita Yoga				<b>Bhuloka Day</b>	
		Until 10:05AM				Devaloka Time: 3:PM to 6:PM	
		Then Routine Work - Prabalarishta Yoga					

<b>3</b>	<b>Saturday, August 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau				Nairobi, Kenya
	Dhanus Rasi: 24.13	Tithi 12	<b>Gulika</b> 6:32AM – 8:03AM	<b>Purvashadha* Until 10:31AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	Sun 25 Sutra 139
			Yama 2:05PM – 3:36PM	Ayushman Until 12:19PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Sarvari 5122
			581654463 <b>Rahu</b> 9:33AM – 11:04AM	Bava Until 5:47PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Dvadashi Until 5:52AM Sun</b>	Moon – Light Blue		4th Phase	
		Creative Work Siddha Yoga				<b>Bhuloka Day</b>	
		Until 10:31AM				Devaloka Time: 3:PM to 6:PM	
		Then Routine Work - Marana Yoga					

<b>4</b>	<b>Sunday, August 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava Karana Trayodashyam Titau				Nairobi, Kenya
	Makara Rasi: 7.08	Tithi 13	<b>Gulika</b> 3:36PM – 5:06PM	<b>Uttarashadha Until 11:11AM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:32AM	Sun 26 Sutra 140
			Yama 12:34PM – 2:05PM	Saubhagya Until 11:25AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Sarvari 5122
			581654463 <b>Rahu</b> 5:06PM – 6:37PM	Kaulava Until 6:04PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Trayodashi Until 6:19AM Mon</b>	Moon – Light Blue		4th Phase	
		Creative Work Amrita Yoga				<b>Bhuloka Day</b>	
						Devaloka Time: 3:PM to 6:PM	

Pradosha Vrata

<b>5</b>	<b>Monday, August 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya
	Makara Rasi: 19.52	Tithi 13 – 14	<b>Gulika</b> 2:05PM – 3:35PM	<b>Shravana Until 12:33PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:32AM	Sun 27 Sutra 141
	<b>Family Home Evening</b>		Yama 11:03AM – 12:34PM	Sobhana Until 10:51AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:37PM	Sarvari 5122
			591654463 <b>Rahu</b> 8:02AM – 9:33AM	Gara Until 6:43PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Trayodashi Until 6:19AM</b>	Moon – Purple		4th Phase	
		Creative Work Amrita Yoga				<b>Devaloka Day</b>	
		Until 12:33PM					
		Then Creative Work - Siddha Yoga					

	<b>Tuesday, September 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya
	<b>Copper Retreat Star</b>		<b>Gulika</b> 12:34PM – 2:04PM	<b>Dhanishtha Until 2:07PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM	Sun 27 Sutra 142
	Kumbha Rasi: 2.26	Tithi 14 – 15	Yama 9:33AM – 11:03AM	Athiganda* Until 10:32AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM	Sarvari 5122
			592654463 <b>Rahu</b> 3:35PM – 5:06PM	Visti Until 7:45PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Chaturdashi* Until 7:10AM</b>	Moon – Purple		Purnima	
		Creative Work Siddha Yoga				<b>Sivaloka Day</b>	
		Until 2:07PM					
		Then Routine Work - Marana Yoga					

<b>○</b>	<b>Wednesday, September 2, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak/Purvaprosithapada* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya
	<b>Silver Retreat Star</b>		<b>Gulika</b> 11:03AM – 12:34PM	<b>Shatabhishak Until 3:53PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:31AM	Sun 28 Sutra 143
	Kumbha Rasi: 14.5	Tithi 15 – 16	Yama 8:02AM – 9:32AM	Sukarma Until 10:31AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:36PM	Sarvari 5122
			592654463 <b>Rahu</b> 12:34PM – 2:04PM	Balava Until 9:09PM	<b>Nataraja:</b> Clear		Moon 8 - Phase 19
			<b>Purnima* Until 8:23AM</b>	Moon – Purple		Prathama	
		Creative Work Siddha Yoga				<b>Sivaloka Day</b>	
		Until 3:53PM					
		Then Creative Work - Amrita Yoga					

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

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Thursday, September 3, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Dhriti/Shula\* Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Sutra 144

Kumbha Rasi: 27.05 Tithi 16 – 17

Gulika 9:32AM – 11:03AM  
Yama 6:30AM – 8:01AM  
Rahu 2:04PM – 3:35PM

Purvaproshtapada\* Until 6:20PM  
Dhriti Until 10:48AM  
Tailila Until 10:54PM  
Prathama\* Until 9:58AM

Ganesha: Purple Sunrise: 6:30AM  
Muruqa: Clear Sunset: 6:36PM  
Nataraja: Clear  
Moon – Clear

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Avani

1

Friday, September 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 145

Meena Rasi: 9.11 Tithi 17 – 18

Gulika 8:01AM – 9:31AM  
Yama 3:34PM – 5:05PM  
Rahu 11:02AM – 12:33PM

Uttaraproshtapada Until 8:56PM  
Shula\* Until 11:20AM  
Vanija Until 1:00AM Sat  
Dvitiya Until 11:53AM

Ganesha: Purple Sunrise: 6:30AM  
Muruqa: Clear Sunset: 6:36PM  
Nataraja: Clear  
Moon – Clear

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Sivaloka Day

Bhadrapada-Avani

2

Saturday, September 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Ganda\*/Vridhhi Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 146

Meena Rasi: 21.1 Tithi 18 – 19

Gulika 6:30AM – 8:00AM  
Yama 2:03PM – 3:34PM  
Rahu 9:31AM – 11:02AM

Revati Until 11:37PM  
Ganda\* Until 12:05PM  
Bava Until 3:21AM Sun  
Tritiya Until 2:07PM

Ganesha: Purple Sunrise: 6:30AM  
Muruqa: Clear Sunset: 6:35PM  
Nataraja: Clear  
Moon – Clear

Moon 9 - Phase 20  
1st Phase

Routine Work Prabalarishta Yoga

Sivaloka Day

Bhadrapada-Avani

Until 11:37PM

Then Creative Work - Siddha Yoga

3

Sunday, September 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 147

Mesha Rasi: 3.04 Tithi 19 – 20

Gulika 3:34PM – 5:04PM  
Yama 12:32PM – 2:03PM  
Rahu 5:04PM – 6:35PM

Ashvini Until 2:49AM Mon  
Vridhhi Until 1:02PM  
Kaulava Until 5:51AM Mon  
Chaturthi\* Until 4:34PM

Ganesha: Clear Sunrise: 6:29AM  
Muruqa: Clear Sunset: 6:35PM  
Nataraja: Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

4

Monday, September 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Tailila Karana Panchamyam Titau

Nairobi, Kenya

Sun 4 Sutra 148

Mesha Rasi: 14.53 Tithi 20

Family Home Evening

522754463

Gulika 2:03PM – 3:33PM  
Yama 11:01AM – 12:32PM  
Rahu 8:00AM – 9:30AM

Bharani Until 5:51AM Tue  
Dhruva Until 2:01PM  
Tailila Until 7:05PM  
Panchami Until 7:05PM

Ganesha: White Sunrise: 6:29AM  
Muruqa: Clear Sunset: 6:35PM  
Nataraja: Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 3:PM to 6:PM

5

Tuesday, September 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 5 Sutra 149

Mesha Rasi: 26.44 Tithi 21

522754463

Gulika 12:31PM – 2:02PM  
Yama 9:30AM – 11:01AM  
Rahu 3:33PM – 5:04PM

Krittika Until 8:31AM Wed  
Vyaghata\* Until 2:58PM  
Gara Until 8:21AM  
Shashthi\* Until 9:30PM

Ganesha: White Sunrise: 6:29AM  
Muruqa: Clear Sunset: 6:34PM  
Nataraja: Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Siddha Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 3:PM to 6:PM

6

Wednesday, September 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 6 Sutra 150

Vrishabha Rasi: 8.39 Tithi 22

522754463

Gulika 11:00AM – 12:31PM  
Yama 7:59AM – 9:30AM  
Rahu 12:31PM – 2:02PM

Krittika Until 8:31AM  
Harshana Until 3:42PM  
Visti Until 10:37AM  
Saptami Until 11:34PM

Ganesha: White Sunrise: 6:28AM  
Muruqa: Clear Sunset: 6:34PM  
Nataraja: Clear  
Moon – White

Moon 9 - Phase 20  
1st Phase

Creative Work Amrita Yoga

Bhuloka Day

Bhadrapada-Avani

Devaloka Time: 3:PM to 6:PM

Until 8:31AM

Then Creative Work - Siddha Yoga



Thursday, September 10, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 7 Sutra 151

Vrishabha Rasi: 20.44 Tithi 23

532754463

Gulika 9:29AM – 11:00AM  
Yama 6:28AM – 7:59AM  
Rahu 2:02PM – 3:32PM

Rohini Until 11:06AM  
Vajra\* Until 4:02PM  
Balava Until 12:25PM  
Ashtami\* Until 1:04AM Fri

Ganesha: Yellow Sunrise: 6:28AM  
Muruqa: Clear Sunset: 6:34PM  
Nataraja: Clear  
Moon – Yellow

Moon 9 - Phase 20  
Ashtami

Routine Work Marana Yoga

Devaloka Day

Bhadrapada-Avani

Friday, September 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata\* Yoga Tailila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 8 Sutra 152

Mithuna Rasi: 3.04 Tithi 24

532754463

Gulika 7:58AM – 9:29AM  
Yama 3:32PM – 5:03PM  
Rahu 11:00AM – 12:30PM

Mrigashira Until 12:53PM  
Siddhi Until 3:51PM  
Tailila Until 1:34PM  
Navami\* Until 1:50AM Sat

Ganesha: Yellow Sunrise: 6:28AM  
Muruqa: Clear Sunset: 6:33PM  
Nataraja: Clear  
Moon – Yellow

Moon 9 - Phase 20  
Navami

Creative Work Siddha Yoga

Devaloka Day

Bhadrapada-Avani

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

All times are standard time

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1	<b>Saturday, September 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata/Variyan Yoga Vanija/Visti* Karana Dashamyam Titau				Nairobi, Kenya Sun 9 Sutra 153
	Mithuna Rasi: 15.44	Tithi 25	<b>Gulika</b> 6:27AM – 7:58AM	<b>Ardra</b> Until 1:44PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:27AM	Sarvari 5122
			Yama 2:01PM – 3:32PM	Vyatipata* Until 3:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:33PM	Moon 9 - Phase 21
	532754463	<b>Rahu</b> 9:29AM – 10:59AM		Vanija Until 1:54PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dashami</b> Until 1:44AM Sun	Moon – Yellow		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			

2	<b>Sunday, September 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 10 Sutra 154
	Mithuna Rasi: 28.5	Tithi 26	<b>Gulika</b> 3:31PM – 5:02PM	<b>Punarvasu</b> Until 2:01PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:27AM	Sarvari 5122
			Yama 12:30PM – 2:00PM	Variyan Until 1:30PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:33PM	Moon 9 - Phase 21
	542754463	<b>Rahu</b> 5:02PM – 6:33PM		Bava Until 1:22PM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Ekadashi*</b> Until 12:45AM Mon	Moon – Blue		<b>Bhuloka Day</b>	
		<b>Grandparent's Day</b>		<b>Bhadrapada-Avani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

3	<b>Monday, September 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Nairobi, Kenya Sun 11 Sutra 155
	Kataka Rasi: 12.25	Tithi 27	<b>Gulika</b> 2:00PM – 3:31PM	<b>Pushya</b> Until 1:19PM	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:26AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 10:59AM – 12:29PM	Parigha* Until 11:18AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 9 - Phase 21
	542754463	<b>Rahu</b> 7:57AM – 9:28AM		Kaulava Until 11:58AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Dvadashi*</b> Until 10:58PM	Moon – Blue		<b>Bhuloka Day</b>	
				<b>Bhadrapada-Avani</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

4	<b>Tuesday, September 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 12 Sutra 156
	Kataka Rasi: 26.29	Tithi 28	<b>Gulika</b> 12:29PM – 2:00PM	<b>Ashlesha*</b> Until 11:44AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:26AM	Sarvari 5122
			Yama 9:28AM – 10:58AM	Shiva Until 8:29AM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 9 - Phase 21
	543754463	<b>Rahu</b> 3:31PM – 5:01PM		Gara Until 9:49AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Trayodashi*</b> Until 8:28PM	Moon – Blue		<b>Devaloka Day</b>	
				<b>Bhadrapada-Avani</b>			
				<i>Pradosha Vrata (Fasting)</i>			

5	<b>Wednesday, September 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sadhya Yoga Visti*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 157
	Simha Rasi: 10.59	Tithi 29 – 30	<b>Gulika</b> 10:58AM – 12:29PM	<b>Magha*</b> Until 9:48AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:26AM	Sarvari 5122
			Yama 7:56AM – 9:27AM	Sadhya Until 1:22AM Thu	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:32PM	Moon 9 - Phase 21
	553754463	<b>Rahu</b> 12:29PM – 1:59PM		Visti Until 7:02AM	<b>Nataraja:</b> Clear		2nd Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 5:27PM	Moon – Red		<b>Devaloka Day</b>	
Until 9:48AM				<b>Bhadrapada-Puratasi</b>			
Then Creative Work - Amrita Yoga							

●	<b>Thursday, September 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 158
	Simha Rasi: 25.5	Tithi 30 – 1	<b>Gulika</b> 9:27AM – 10:58AM	<b>Purvaphalguni</b> Until 7:18AM	<b>Ganesha:</b> Red	<i>Sunrise:</i> 6:25AM	Sarvari 5122
			Yama 6:25AM – 7:56AM	Subha Until 9:23PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 9 - Phase 21
	553764463	<b>Rahu</b> 1:59PM – 3:30PM		Kintughna Until 12:15AM Fri	<b>Nataraja:</b> Clear		Amavasya
Creative Work	Siddha Yoga		<b>Amavasya*</b> Until 2:02PM	Moon – Red		<b>Sivaloka Day</b>	
		<b>Mahalaya Amavasai (Tamil Nadu)</b>		<b>Bhadrapada-Puratasi</b>			

●	<b>Friday, September 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 15 Sutra 159
	Kanya Rasi: 10.55	Tithi 1 – 2	<b>Gulika</b> 7:56AM – 9:26AM	<b>Hasta</b> Until 1:41AM Sat	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:25AM	Sarvari 5122
			Yama 3:30PM – 5:00PM	Sukla Until 5:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:31PM	Moon 9 - Phase 21
	563764463	<b>Rahu</b> 10:57AM – 12:28PM		Balava Until 8:36PM	<b>Nataraja:</b> Clear		Prathama
Creative Work	Amrita Yoga		<b>Prathama*</b> Until 10:25AM	Moon – Green		<b>Sivaloka Day</b>	
Until 1:41AM Sat				<b>Ashvina Adhika-Puratasi</b>			
Then Routine Work - Marana Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

<b>1</b>	<b>Saturday, September 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Gara Karana Dvilya/Tritiyayam Titau		Nairobi, Kenya Sun 16 Sutra 160
	Kanya Rasi: 26.02	Tithi 2 – 3	<b>Gulika</b> 6:24AM – 7:55AM Yama 1:58PM – 3:29PM <b>Rahu</b> 9:26AM – 10:57AM	<b>Chitra</b> <b>Until 10:55PM</b> Brahma <b>Until 1:08PM</b> Gara <b>Until 3:15AM</b> Sun <b>Dvitiya</b> <b>Until 6:46AM</b>	<b>Ganesha:</b> Yellow <i>Sunrise: 6:24AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:31PM</i> <b>Nataraja:</b> Clear Moon – Green <b>Ashvina Adhika-Puratasi</b>
Routine Work Marana Yoga Until 10:55PM Then Creative Work - Siddha Yoga		563764463			Moon 9 - Phase 22 3rd Phase <b>Sivaloka Day</b>

<b>2</b>	<b>Sunday, September 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Chaturthyam Titau		Nairobi, Kenya Sun 17 Sutra 161
	Tula Rasi: 11.04	Tithi 4	<b>Gulika</b> 3:29PM – 5:00PM Yama 12:27PM – 1:58PM <b>Rahu</b> 5:00PM – 6:30PM	<b>Svati</b> <b>Until 8:17PM</b> Indra <b>Until 9:11AM</b> Vanija <b>Until 1:37PM</b> <b>Chaturthi*</b> <b>Until 12:02AM</b> Mon	<b>Ganesha:</b> Yellow <i>Sunrise: 6:24AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:30PM</i> <b>Nataraja:</b> Clear Moon – Green <b>Ashvina Adhika-Puratasi</b>
Creative Work Siddha Yoga Until 8:17PM Then Routine Work - Marana Yoga		563764463			Moon 9 - Phase 22 3rd Phase <b>Sivaloka Day</b>

<b>3</b>	<b>Monday, September 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau		Nairobi, Kenya Sun 18 Sutra 162
	Tula Rasi: 25.52	Tithi 5	<b>Gulika</b> 1:58PM – 3:29PM Yama 10:56AM – 12:27PM <b>Rahu</b> 7:54AM – 9:25AM	<b>Vishakha</b> <b>Until 6:19PM</b> Vishkambha* <b>Until 2:12AM</b> Tue Bava <b>Until 10:35AM</b> <b>Panchami</b> <b>Until 9:14PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:24AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:30PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Ashvina Adhika-Puratasi</b>
Family Home Evening Routine Work Marana Yoga Until 6:19PM Then Creative Work - Siddha Yoga		573764463			Moon 9 - Phase 22 3rd Phase <b>Subha Sivaloka Day</b>

<b>4</b>	<b>Tuesday, September 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau		Nairobi, Kenya Sun 19 Sutra 163
	Vrischika Rasi: 10.18	Tithi 6	<b>Gulika</b> 12:27PM – 1:57PM Yama 9:25AM – 10:56AM <b>Rahu</b> 3:28PM – 4:59PM	<b>Anuradha</b> <b>Until 4:46PM</b> Priti <b>Until 11:23PM</b> Kaulava <b>Until 8:03AM</b> <b>Shashthi*</b> <b>Until 7:00PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:23AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:30PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Ashvina Adhika-Puratasi</b>
Creative Work Siddha Yoga Until 4:46PM Then Routine Work - Marana Yoga		573764463			Moon 9 - Phase 22 3rd Phase <b>Subha Sivaloka Day</b>

<b>5</b>	<b>Wednesday, September 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Ayushman Yoga Gara/Visli* Karana Saptami/Ashtamyam Titau		Nairobi, Kenya Sun 20 Sutra 164
	Vrischika Rasi: 24.21	Tithi 7 – 8	<b>Gulika</b> 10:55AM – 12:26PM Yama 7:54AM – 9:25AM <b>Rahu</b> 12:26PM – 1:57PM	<b>Jyeshtha*</b> <b>Until 3:41PM</b> Ayushman <b>Until 9:04PM</b> Gara <b>Until 6:08AM</b> <b>Saptami</b> <b>Until 5:23PM</b>	<b>Ganesha:</b> White <i>Sunrise: 6:23AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:29PM</i> <b>Nataraja:</b> Clear Moon – Orange <b>Ashvina Adhika-Puratasi</b>
Creative Work Siddha Yoga Until 3:41PM Then Routine Work - Marana Yoga		573764463			Moon 9 - Phase 22 3rd Phase <b>Subha Sivaloka Day</b>

<b>☾</b>	<b>Thursday, September 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau		Nairobi, Kenya Sun 21 Sutra 165
	<b>Retreat Star</b>		<b>Gulika</b> 9:24AM – 10:55AM Yama 6:23AM – 7:53AM <b>Rahu</b> 1:57PM – 3:28PM	<b>Mula*</b> <b>Until 3:34PM</b> Saubhagya <b>Until 7:17PM</b> Balava <b>Until 4:15AM</b> Fri <b>Ashtami*</b> <b>Until 4:27PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:23AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:29PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Ashvina Adhika-Puratasi</b>
Dhanus Rasi: 7.59 Tithi 8 – 9 Creative Work Siddha Yoga		583764463			Moon 9 - Phase 22 Ashtami <b>Sivaloka Day</b>

<b>☽</b>	<b>Friday, September 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Sobhana Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Nairobi, Kenya Sun 22 Sutra 166
	<b>Retreat Star</b>		<b>Gulika</b> 7:53AM – 9:24AM Yama 3:27PM – 4:58PM <b>Rahu</b> 10:55AM – 12:26PM	<b>Purvashadha*</b> <b>Until 3:56PM</b> Sobhana <b>Until 6:03PM</b> Taitila <b>Until 4:16AM</b> Sat <b>Navami*</b> <b>Until 4:10PM</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:22AM</i> <b>Muruqa:</b> Purple <i>Sunset: 6:29PM</i> <b>Nataraja:</b> Clear Moon – Light Blue <b>Ashvina Adhika-Puratasi</b>
Dhanus Rasi: 21.16 Tithi 9 – 10 Routine Work Prabalarishta Yoga Until 3:56PM Then Routine Work - Marana Yoga		583764463			Moon 9 - Phase 22 Navami <b>Sivaloka Day</b>


<b>1</b>		<b>Saturday, September 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekodashyam Titau		Nairobi, Kenya Sun 23 Sutra 167	
Makara Rasi: 4.13	Tithi 10 – 11	<b>Gulika</b> 6:22AM – 7:53AM	<b>Uttarashadha</b> Until 4:43PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:22AM	Sarvari 5122	
		Yama 1:56PM – 3:27PM	Athiganda* Until 5:14PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:29PM	Moon 9 - Phase 23	
	583764463	<b>Rahu</b> 9:23AM – 10:54AM	Vanija Until 4:50AM Sun	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Dashami</b> Until 4:28PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Until 4:43PM				<b>Ashvina Adhika-Puratasi</b>			
Then Creative Work - Siddha Yoga							

<b>2</b>		<b>Sunday, September 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Nairobi, Kenya Sun 24 Sutra 168	
Makara Rasi: 16.54	Tithi 11 – 12	<b>Gulika</b> 3:27PM – 4:57PM	<b>Shravana</b> Until 6:19PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM	Sarvari 5122	
		Yama 12:25PM – 1:56PM	Sukarma Until 4:49PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 9 - Phase 23	
	693764463	<b>Rahu</b> 4:57PM – 6:28PM	Bava Until 5:53AM Mon	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Ekadashi</b> Until 5:17PM	Moon – Purple		<b>Sivaloka Day</b>	
Until 6:19PM				<b>Ashvina Adhika-Puratasi</b>			
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Monday, September 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti/Shula* Yoga Balava Karana Dvadashyam Titau		Nairobi, Kenya Sun 25 Sutra 169	
Makara Rasi: 29.23	Tithi 12	<b>Gulika</b> 1:55PM – 3:26PM	<b>Dhanishtha</b> Until 8:09PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:21AM	Sarvari 5122	
		Yama 10:54AM – 12:24PM	Dhriti Until 4:45PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 9 - Phase 23	
<b>Family Home Evening</b>	693764463	<b>Rahu</b> 7:52AM – 9:23AM	Balava Until 6:31PM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Siddha Yoga		<b>Dvadashi</b> Until 6:31PM	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Ashvina Adhika-Puratasi</b>			

<b>4</b>		<b>Tuesday, September 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau		Nairobi, Kenya Sun 26 Sutra 170	
Kumbha Rasi: 11.41	Tithi 13	<b>Gulika</b> 12:24PM – 1:55PM	<b>Shatabhishak</b> Until 10:09PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	Sarvari 5122	
		Yama 9:22AM – 10:53AM	Shula* Until 4:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:28PM	Moon 9 - Phase 23	
	694764463	<b>Rahu</b> 3:26PM – 4:57PM	Kaulava Until 7:17AM	<b>Nataraja:</b> Clear		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 8:06PM	Moon – Purple		<b>Devaloka Day</b>	
		<b>Chidambaram Abhishekam</b>		<b>Ashvina Adhika-Puratasi</b>			
		<b>Kadaitswami Mahasamadhi</b>	<i>Pradosha Vrata</i>				

<b>5</b>		<b>Wednesday, September 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Chaturdashyam Titau		Nairobi, Kenya Sun 27 Sutra 171	
Kumbha Rasi: 23.53	Tithi 14	<b>Gulika</b> 10:53AM – 12:24PM	<b>Purvaproshtapada*</b> Until 12:45AM Thu	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM	Sarvari 5122	
		Yama 7:51AM – 9:22AM	Ganda* Until 5:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23	
	614764463	<b>Rahu</b> 12:24PM – 1:55PM	Gara Until 9:01AM	<b>Nataraja:</b> Clear		4th Phase	
Creative Work	Amrita Yoga		<b>Chaturdashi*</b> Until 9:58PM	Moon – Clear		<b>Devaloka Day</b>	
Until 12:45AM Thu				<b>Ashvina Adhika-Puratasi</b>			
Then Creative Work - Siddha Yoga							

		<b>Thursday, October 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau		Nairobi, Kenya Sutra 172	
<b>Copper Retreat Star</b>		<b>Gulika</b> 9:22AM – 10:53AM	<b>Uttaraproshtapada</b> Until 3:25AM Fri	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:20AM	Sarvari 5122	
Meena Rasi: 5.58	Tithi 15	Yama 6:20AM – 7:51AM	Vridhhi Until 5:54PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23	
	614764463	<b>Rahu</b> 1:54PM – 3:25PM	Visti Until 11:01AM	<b>Nataraja:</b> Clear		Purnima	
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 12:05AM Fri	Moon – Clear		<b>Devaloka Day</b>	
				<b>Ashvina Adhika-Puratasi</b>			

<b>Friday, October 2, 2020</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Revati Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau		Nairobi, Kenya Sutra 173	
<b>Silver Retreat Star</b>		<b>Gulika</b> 7:51AM – 9:21AM	<b>Revati</b> Until 6:07AM Sat	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:20AM	Sarvari 5122	
Meena Rasi: 17.56	Tithi 16	Yama 3:25PM – 4:56PM	Dhruva Until 6:39PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:27PM	Moon 9 - Phase 23	
	614864463	<b>Rahu</b> 10:52AM – 12:23PM	Balava Until 1:15PM	<b>Nataraja:</b> Clear		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 2:25AM Sat	Moon – Clear		<b>Sivaloka Day</b>	
				<b>Ashvina Adhika-Puratasi</b>			

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502



**Saturday, October 3, 2020**  
**Gold Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati/Ashvini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya  
Sutra 174

Meena Rasi: 29.5 Tithi 17  
624864463  
Routine Work Prabalarishta Yoga  
Until 6:07AM  
Then Creative Work - Siddha Yoga

**Gulika** 6:19AM – 7:50AM  
Yama 1:54PM – 3:25PM  
**Rahu** 9:21AM – 10:52AM

**Revati Until 6:07AM**  
Vyaghata\* Until 7:33PM  
Taitila Until 3:41PM  
**Dvitiya Until 4:55AM Sun**

**Ganesha:** Clear *Sunrise: 6:19AM*  
**Muruqa:** Purple *Sunset: 6:27PM*  
**Nataraja:** Clear  
Moon – Clear  
**Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**1**

**Sunday, October 4, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini/Bharani Nakshatra Harshana Yoga Vanija Karana Tritiyayam Titau

Nairobi, Kenya  
Sun 1 Sutra 175

Mesha Rasi: 11.41 Tithi 18  
624864463  
Creative Work Siddha Yoga  
Until 9:18AM  
Then Routine Work - Prabalarishta Yoga

**Gulika** 3:24PM – 4:55PM  
Yama 12:23PM – 1:53PM  
**Rahu** 4:55PM – 6:26PM

**Ashvini Until 9:18AM**  
Harshana Until 8:32PM  
Vanija Until 6:14PM  
**Tritiya Until 7:30AM Mon**

**Ganesha:** Purple *Sunrise: 6:19AM*  
**Muruqa:** Purple *Sunset: 6:26PM*  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**2**

**Monday, October 5, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya  
Sun 2 Sutra 176

Mesha Rasi: 23.31 Tithi 18 – 19  
624864463  
**Family Home Evening**  
Creative Work Siddha Yoga  
Until 12:22PM  
Then Routine Work - Marana Yoga

**Gulika** 1:53PM – 3:24PM  
Yama 10:51AM – 12:22PM  
**Rahu** 7:50AM – 9:20AM

**Bharani Until 12:22PM**  
Vajra\* Until 9:29PM  
Bava Until 8:47PM  
**Tritiya Until 7:30AM**

**Ganesha:** Purple *Sunrise: 6:19AM*  
**Muruqa:** Purple *Sunset: 6:26PM*  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**3**

**Tuesday, October 6, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika/Rohini Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya  
Sun 3 Sutra 177

Vrishabha Rasi: 5.22 Tithi 19 – 20  
624864463  
Creative Work Siddha Yoga  
Until 3:11PM  
Then Creative Work - Amrita Yoga

**Gulika** 12:22PM – 1:53PM  
Yama 9:20AM – 10:51AM  
**Rahu** 3:24PM – 4:55PM

**Krittika Until 3:11PM**  
Siddhi Until 10:21PM  
Kaulava Until 11:13PM  
**Chaturthi\* Until 10:00AM**

**Ganesha:** Purple *Sunrise: 6:18AM*  
**Muruqa:** Purple *Sunset: 6:26PM*  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**4**

**Wednesday, October 7, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam  
Rohini Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya  
Sun 4 Sutra 178

Vrishabha Rasi: 17.17 Tithi 20 – 21  
634864464  
Creative Work Siddha Yoga

**Gulika** 10:51AM – 12:22PM  
Yama 7:49AM – 9:20AM  
**Rahu** 12:22PM – 1:53PM

**Rohini Until 6:04PM**  
Vyatipata\* Until 10:59PM  
Gara Until 1:18AM Thu  
**Panchami Until 12:17PM**

**Ganesha:** Clear *Sunrise: 6:18AM*  
**Muruqa:** Purple *Sunset: 6:25PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**5**

**Thursday, October 8, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam  
Mrigashira Nakshatra Variyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya  
Sun 5 Sutra 179

Vrishabha Rasi: 29.2 Tithi 21 – 22  
634864464  
Routine Work Marana Yoga

**Gulika** 9:20AM – 10:50AM  
Yama 6:18AM – 7:49AM  
**Rahu** 1:52PM – 3:23PM

**Mrigashira Until 8:20PM**  
Variyan Until 11:11PM  
Visti Until 2:52AM Fri  
**Shashthi\* Until 2:09PM**

**Ganesha:** Clear *Sunrise: 6:18AM*  
**Muruqa:** Purple *Sunset: 6:25PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**6**

**Friday, October 9, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam  
Ardra Nakshatra Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya  
Sun 6 Sutra 180

Mithuna Rasi: 11.38 Tithi 22 – 23  
634864464  
Creative Work Siddha Yoga

**Gulika** 7:48AM – 9:19AM  
Yama 3:23PM – 4:54PM  
**Rahu** 10:50AM – 12:21PM

**Ardra Until 9:48PM**  
Parigha\* Until 10:53PM  
Balava Until 3:43AM Sat  
**Saptami Until 3:22PM**

**Ganesha:** Clear *Sunrise: 6:17AM*  
**Muruqa:** Purple *Sunset: 6:25PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Sarvari 5122  
Moon 10 - Phase 24  
1st Phase

**Retreat Star**

**Saturday, October 10, 2020**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam  
Punarvasu Nakshatra Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya  
Sun 7 Sutra 181

Mithuna Rasi: 24.16 Tithi 23 – 24  
644864464  
Creative Work Siddha Yoga

**Gulika** 6:17AM – 7:48AM  
Yama 1:52PM – 3:23PM  
**Rahu** 9:19AM – 10:50AM

**Punarvasu Until 10:48PM**  
Shiva Until 9:58PM  
Taitila Until 3:44AM Sun  
**Ashtami\* Until 3:49PM**

**Ganesha:** White *Sunrise: 6:17AM*  
**Muruqa:** Purple *Sunset: 6:25PM*  
**Nataraja:** Purple  
Moon – Blue  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Sarvari 5122  
Moon 10 - Phase 24  
Ashtami

**Sunday, October 11, 2020**

**Retreat Star**

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya  
Sun 8 Sutra 182

Kataka Rasi: 7.17 Tithi 24 – 25  
645864464  
Creative Work Siddha Yoga

**Gulika** 3:23PM – 4:54PM  
Yama 12:21PM – 1:52PM  
**Rahu** 4:54PM – 6:25PM

**Pushya Until 10:47PM**  
Siddha Until 8:20PM  
Vanija Until 2:53AM Mon  
**Navami\* Until 3:24PM**

**Ganesha:** Clear *Sunrise: 6:17AM*  
**Muruqa:** Purple *Sunset: 6:25PM*  
**Nataraja:** Purple  
Moon – Blue  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**


Sarvari 5122  
Moon 10 - Phase 24  
Navami

<b>1</b>		<b>Monday, October 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Vistit/Bava Karana Dashami/Ekadashyam Titau		Nairobi, Kenya Sun 9 Sutra 183	
Kataka Rasi: 20.46	Tithi 25 – 26	<b>Gulika</b>	1:51PM – 3:22PM	<b>Ashlesha* Until 9:48PM</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:16AM	Sarvari 5122
<b>Family Home Evening</b>	645864464	<b>Yama</b>	10:49AM – 12:20PM	Sadhya Until 6:03PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 25
Creative Work	Siddha Yoga	<b>Rahu</b>	7:47AM – 9:18AM	Bava Until 1:12AM Tue	<b>Nataraja:</b> Purple		2nd Phase
Until 9:48PM				<b>Dashami Until 2:08PM</b>	Moon – Blue		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashvina Adhika-Puratasi</b>		

<b>2</b>		<b>Tuesday, October 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Nairobi, Kenya Sun 10 Sutra 184	
Simha Rasi: 4.44	Tithi 26 – 27	<b>Gulika</b>	12:20PM – 1:51PM	<b>Magha* Until 8:21PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM	Sarvari 5122
	655864464	<b>Yama</b>	9:18AM – 10:49AM	Subha Until 3:08PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 25
Creative Work	Siddha Yoga	<b>Rahu</b>	3:22PM – 4:53PM	Kaulava Until 10:47PM	<b>Nataraja:</b> Purple		2nd Phase
				<b>Ekadashi* Until 12:04PM</b>	Moon – Red		<b>Sivaloka Day</b>
					<b>Ashvina Adhika-Puratasi</b>		

<b>3</b>		<b>Wednesday, October 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau		Nairobi, Kenya Sun 11 Sutra 185	
Simha Rasi: 19.11	Tithi 27 – 28	<b>Gulika</b>	10:49AM – 12:20PM	<b>Purvaphalguni Until 6:08PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM	Sarvari 5122
	655864464	<b>Yama</b>	7:47AM – 9:18AM	Sukla Until 11:40AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 25
Creative Work	Amrita Yoga	<b>Rahu</b>	12:20PM – 1:51PM	Gara Until 7:45PM	<b>Nataraja:</b> Purple		2nd Phase
				<b>Dvadashi* Until 9:19AM</b>	Moon – Red		<b>Sivaloka Day</b>
					<b>Ashvina Adhika-Puratasi</b>		
					<i>Pradosha Vrata (Fasting)</i>		

<b>4</b>		<b>Thursday, October 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Vanija/Sakuni* Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 12 Sutra 186	
Kanya Rasi: 4.02	Tithi 28 – 29	<b>Gulika</b>	9:18AM – 10:49AM	<b>Uttaraphalguni Until 3:20PM</b>	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:16AM	Sarvari 5122
	655864464	<b>Yama</b>	6:16AM – 7:47AM	Brahma Until 7:47AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 25
Amrita Yoga		<b>Rahu</b>	1:51PM – 3:22PM	Sakuni Until 2:25AM Fri	<b>Nataraja:</b> Purple		2nd Phase
Until 3:20PM				<b>Trayodashi* Until 6:03AM</b>	Moon – Red		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga					<b>Ashvina Adhika-Puratasi</b>		

		<b>Friday, October 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Nairobi, Kenya Sun 13 Sutra 187	
<b>Retreat Star</b>		<b>Gulika</b>	7:46AM – 9:17AM	<b>Hasta Until 12:30PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:15AM	Sarvari 5122
Kanya Rasi: 19.11	Tithi 30	<b>Yama</b>	3:22PM – 4:53PM	Vaidhriti* Until 11:18PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 10 - Phase 25
	665864464	<b>Rahu</b>	10:48AM – 12:19PM	Catuspada Until 12:32PM	<b>Nataraja:</b> Purple		Amavasya
Creative Work	Amrita Yoga			<b>Amavasya* Until 10:36PM</b>	Moon – Green		<b>Sivaloka Day</b>
Until 12:30PM					<b>Ashvina Adhika-Puratasi</b>		
Then Creative Work - Siddha Yoga							

<b>Retreat Star</b>		<b>Saturday, October 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Nairobi, Kenya Sun 14 Sutra 188	
Tula Rasi: 4.28	Tithi 1	<b>Gulika</b>	6:15AM – 7:46AM	<b>Chitra Until 9:26AM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:15AM	Sarvari 5122
	665864464	<b>Yama</b>	1:50PM – 3:21PM	Vishkambha* Until 6:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Moon 10 - Phase 25
Routine Work	Marana Yoga	<b>Rahu</b>	9:17AM – 10:48AM	Kintughna Until 8:41AM	<b>Nataraja:</b> Purple		Prathama
Until 9:26AM				<b>Prathama* Until 6:46PM</b>	Moon – Green		<b>Sivaloka Day</b>
Then Creative Work - Siddha Yoga		<b>Navaratri Begins</b>			<b>Ashvina-Aipasi</b>		

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

<b>1</b>		<b>Sunday, October 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Svati/Vishakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau		Nairobi, Kenya	
Tula Rasi: 19.42	Tithi 2 – 3	665864464	<b>Gulika</b> 3:21PM – 4:52PM	<b>Svati</b> Until 6:19AM	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:15AM	Sun 15 Sutra 189
			Yama 12:19PM – 1:50PM	Priti Until 2:48PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Sarvari 5122
			<b>Rahu</b> 4:52PM – 6:23PM	Taitila Until 1:23AM Mon	<b>Nataraja:</b> Purple		Moon 10 - Phase 26
Creative Work	Siddha Yoga			<b>Dvitiya</b> Until 3:05PM	Moon – Green		3rd Phase
Until 6:19AM					<b>Ashvina•Aipasi</b>		<b>Sivaloka Day</b>
Then Routine Work - Marana Yoga							

<b>2</b>		<b>Monday, October 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau		Nairobi, Kenya	
Vrischika Rasi: 4.44	Tithi 3 – 4	675864464	<b>Gulika</b> 1:50PM – 3:21PM	<b>Anuradha</b> Until 1:25AM Tue	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	Sun 16 Sutra 190
<b>Family Home Evening</b>			Yama 10:48AM – 12:19PM	Ayushman Until 10:51AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Sarvari 5122
Creative Work	Siddha Yoga		<b>Rahu</b> 7:46AM – 9:17AM	Vanija Until 10:15PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 26
Until 1:25AM Tue				<b>Tritiya</b> Until 11:44AM	Moon – Orange		3rd Phase
Then Routine Work - Marana Yoga					<b>Ashvina•Aipasi</b>		<b>Sivaloka Day</b>

<b>3</b>		<b>Tuesday, October 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau		Nairobi, Kenya	
Vrischika Rasi: 19.26	Tithi 4 – 5	675864464	<b>Gulika</b> 12:19PM – 1:50PM	<b>Jyeshtha*</b> Until 11:33PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:15AM	Sun 17 Sutra 191
			Yama 9:17AM – 10:48AM	Saubhagya Until 7:19AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Sarvari 5122
			<b>Rahu</b> 3:21PM – 4:52PM	Bava Until 7:41PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 26
Routine Work	Marana Yoga			<b>Chaturthi*</b> Until 8:52AM	Moon – Orange		3rd Phase
Until 11:33PM					<b>Ashvina•Aipasi</b>		<b>Sivaloka Day</b>
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Wednesday, October 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Athiganda* Yoga Balava/Taitila Karana Panchami/Shashthiyam Titau		Nairobi, Kenya	
Dhanus Rasi: 3.41	Tithi 5 – 6	686864464	<b>Gulika</b> 10:48AM – 12:19PM	<b>Mula*</b> Until 10:39PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:14AM	Sun 18 Sutra 192
			Yama 7:45AM – 9:16AM	Athiganda* Until 1:49AM Thu	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Sarvari 5122
			<b>Rahu</b> 12:19PM – 1:50PM	Taitila Until 5:06AM Thu	<b>Nataraja:</b> Purple		Moon 10 - Phase 26
Routine Work	Marana Yoga			<b>Panchami</b> Until 6:37AM	Moon – Light Blue		3rd Phase
Until 10:39PM					<b>Ashvina•Aipasi</b>		<b>Subha Subha Sivaloka Day</b>
Then Creative Work - Amrita Yoga							

<b>5</b>		<b>Thursday, October 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau		Nairobi, Kenya	
Dhanus Rasi: 17.29	Tithi 7	686864464	<b>Gulika</b> 9:16AM – 10:47AM	<b>Purvashadha*</b> Until 10:23PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:14AM	Sun 19 Sutra 193
			Yama 6:14AM – 7:45AM	Sukarma Until 11:59PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Sarvari 5122
			<b>Rahu</b> 1:50PM – 3:21PM	Gara Until 4:39PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 26
Creative Work	Siddha Yoga			<b>Saptami</b> Until 4:22AM Fri	Moon – Light Blue		3rd Phase
Until 10:23PM					<b>Ashvina•Aipasi</b>		<b>Subha Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga							

<b>Retreat Star</b>		<b>Friday, October 23, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarahadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau		Nairobi, Kenya	
Makara Rasi: 0.51	Tithi 8	686864464	<b>Gulika</b> 7:45AM – 9:16AM	<b>Uttarahadha</b> Until 10:43PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:14AM	Sun 20 Sutra 194
			Yama 3:20PM – 4:52PM	Dhriti Until 10:47PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Sarvari 5122
			<b>Rahu</b> 10:47AM – 12:18PM	Visti Until 4:19PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 26
Routine Work	Marana Yoga			<b>Ashtami*</b> Until 4:25AM Sat	Moon – Light Blue		Ashtami
			<b>Durga Ashtami</b>		<b>Ashvina•Aipasi</b>		<b>Subha Subha Sivaloka Day</b>

<b>Retreat Star</b>		<b>Saturday, October 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau		Nairobi, Kenya	
Makara Rasi: 13.47	Tithi 9	696864464	<b>Gulika</b> 6:14AM – 7:45AM	<b>Shravana</b> Until 12:05AM Sun	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:14AM	Sun 21 Sutra 195
			Yama 1:49PM – 3:20PM	Shula* Until 10:07PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:23PM	Sarvari 5122
			<b>Rahu</b> 9:16AM – 10:47AM	Balava Until 4:44PM	<b>Nataraja:</b> Purple		Moon 10 - Phase 26
Creative Work	Siddha Yoga			<b>Navami*</b> Until 5:11AM Sun	Moon – Purple		Navami
Until 12:05AM Sun			<b>Saraswathi Puja (Tamil Nadu)</b>		<b>Ashvina•Aipasi</b>		<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

<b>1 Sunday, October 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau			Nairobi, Kenya Sun 22 Sutra 196
Makara Rasi: 26.25	Tithi 10	<b>Gulika</b> 3:20PM – 4:51PM	<b>Dhanishtha</b> Until 1:52AM Mon	<b>Ganesha:</b> Clear <i>Sunrise: 6:14AM</i>	Sarvari 5122
		Yama 12:18PM – 1:49PM	Ganda* Until 9:56PM	<b>Muruga:</b> Purple <i>Sunset: 6:22PM</i>	Moon 10 - Phase 27
	696864464	<b>Rahu</b> 4:51PM – 6:22PM	Taitila Until 5:48PM	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Marana Yoga		<b>Dashami</b> Until 6:31AM Mon	Moon – Purple	<b>Subha Sivaloka Day</b>
Until 1:52AM Mon				<b>Ashvina-Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>2 Monday, October 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau			Nairobi, Kenya Sun 23 Sutra 197
Kumbha Rasi: 8.46	Tithi 10 – 11	<b>Gulika</b> 1:49PM – 3:20PM	<b>Shatabhishak</b> Until 3:57AM Tue	<b>Ganesha:</b> Clear <i>Sunrise: 6:14AM</i>	Sarvari 5122
<b>Family Home Evening</b>		Yama 10:47AM – 12:18PM	Vriddhi Until 10:09PM	<b>Muruga:</b> Purple <i>Sunset: 6:22PM</i>	Moon 10 - Phase 27
Creative Work	Siddha Yoga	<b>Rahu</b> 7:45AM – 9:16AM	Vanija Until 7:24PM	<b>Nataraja:</b> Purple	4th Phase
Until 3:57AM Tue			<b>Dashami</b> Until 6:31AM	Moon – Purple	<b>Subha Sivaloka Day</b>
Then Routine Work - Marana Yoga		<b>Vijaya Dasami</b>		<b>Ashvina-Aipasi</b>	

<b>3 Tuesday, October 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprossthapada* Nakshatra Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau			Nairobi, Kenya Sun 24 Sutra 198
Kumbha Rasi: 20.56	Tithi 11 – 12	<b>Gulika</b> 12:18PM – 1:49PM	<b>Purvaprossthapada*</b> Until 6:42AM Wed	<b>Ganesha:</b> White <i>Sunrise: 6:13AM</i>	Sarvari 5122
		Yama 9:16AM – 10:47AM	Dhruva Until 10:37PM	<b>Muruga:</b> Purple <i>Sunset: 6:22PM</i>	Moon 10 - Phase 27
	616964464	<b>Rahu</b> 3:20PM – 4:51PM	Bava Until 9:22PM	<b>Nataraja:</b> Purple	4th Phase
Routine Work	Marana Yoga		<b>Ekadashi</b> Until 8:19AM	Moon – Clear	<b>Sivaloka Day</b>
Until 6:42AM Wed				<b>Ashvina-Aipasi</b>	
Then Creative Work - Siddha Yoga					

<b>4 Wednesday, October 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaprossthapada*/Uttaraprossthapada Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau			Nairobi, Kenya Sun 25 Sutra 199
Meena Rasi: 2.58	Tithi 12 – 13	<b>Gulika</b> 10:47AM – 12:18PM	<b>Purvaprossthapada*</b> Until 6:42AM	<b>Ganesha:</b> Yellow <i>Sunrise: 6:13AM</i>	Sarvari 5122
		Yama 7:44AM – 9:16AM	Vyaghata* Until 11:17PM	<b>Muruga:</b> Purple <i>Sunset: 6:22PM</i>	Moon 10 - Phase 27
	617964464	<b>Rahu</b> 12:18PM – 1:49PM	Kaulava Until 11:37PM	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Amrita Yoga		<b>Dvadashi</b> Until 10:26AM	Moon – Clear	<b>Subha Sivaloka Day</b>
Until 6:42AM				<b>Ashvina-Aipasi</b>	
Then Creative Work - Siddha Yoga					

*Pradosha Vrata*

<b>5 Thursday, October 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraprossthapada*/Revati Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Nairobi, Kenya Sun 26 Sutra 200
Meena Rasi: 14.55	Tithi 13 – 14	<b>Gulika</b> 9:15AM – 10:47AM	<b>Uttaraprossthapada</b> Until 9:29AM	<b>Ganesha:</b> Yellow <i>Sunrise: 6:13AM</i>	Sarvari 5122
		Yama 6:13AM – 7:44AM	Harshana Until 12:06AM Fri	<b>Muruga:</b> Purple <i>Sunset: 6:22PM</i>	Moon 10 - Phase 27
	617964464	<b>Rahu</b> 1:49PM – 3:20PM	Gara Until 2:01AM Fri	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Trayodashi</b> Until 12:47PM	Moon – Clear	<b>Subha Sivaloka Day</b>
Until 12:15PM				<b>Ashvina-Aipasi</b>	
Then Creative Work - Amrita Yoga					

<b>6 Friday, October 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Nairobi, Kenya Sun 27 Sutra 201
Meena Rasi: 26.49	Tithi 14 – 15	<b>Gulika</b> 7:44AM – 9:15AM	<b>Revati</b> Until 12:15PM	<b>Ganesha:</b> Yellow <i>Sunrise: 6:13AM</i>	Sarvari 5122
		Yama 3:20PM – 4:51PM	Vajra* Until 12:57AM Sat	<b>Muruga:</b> Purple <i>Sunset: 6:22PM</i>	Moon 10 - Phase 27
	617964464	<b>Rahu</b> 10:47AM – 12:18PM	Visti Until 4:32AM Sat	<b>Nataraja:</b> Purple	4th Phase
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 3:15PM	Moon – Clear	<b>Subha Sivaloka Day</b>
Until 12:15PM				<b>Ashvina-Aipasi</b>	
Then Creative Work - Amrita Yoga					

<b>○ Saturday, October 31, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Ashvini/Bharani Nakshatra Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Nairobi, Kenya Sutra 202
<b>Copper Retreat Star</b>		<b>Gulika</b> 6:13AM – 7:44AM	<b>Ashvini</b> Until 3:24PM	<b>Ganesha:</b> White <i>Sunrise: 6:13AM</i>	Sarvari 5122
Mesha Rasi: 8.41	Tithi 15 – 16	Yama 1:49PM – 3:20PM	Siddhi Until 1:51AM Sun	<b>Muruga:</b> Purple <i>Sunset: 6:22PM</i>	Moon 10 - Phase 27
	627964464	<b>Rahu</b> 9:15AM – 10:47AM	Balava Until 7:04AM Sun	<b>Nataraja:</b> Purple	Purnima
Creative Work	Siddha Yoga		<b>Purnima*</b> Until 5:47PM	Moon – White	<b>Subha Subha Sivaloka Day</b>
				<b>Ashvina-Aipasi</b>	

<b>Sunday, November 1, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau			Nairobi, Kenya Sutra 203
<b>Silver Retreat Star</b>		<b>Gulika</b> 3:20PM – 4:51PM	<b>Bharani</b> Until 6:23PM	<b>Ganesha:</b> White <i>Sunrise: 6:13AM</i>	Sarvari 5122
Mesha Rasi: 20.32	Tithi 16	Yama 12:18PM – 1:49PM	Vyatipata* Until 2:44AM Mon	<b>Muruga:</b> Purple <i>Sunset: 6:22PM</i>	Moon 10 - Phase 27
	627964464	<b>Rahu</b> 4:51PM – 6:22PM	Balava Until 7:04AM	<b>Nataraja:</b> Purple	Prathama
Routine Work	Prabalarishta Yoga		<b>Prathama*</b> Until 8:18PM	Moon – White	<b>Subha Subha Sivaloka Day</b>
Until 6:23PM				<b>Ashvina-Aipasi</b>	
Then Creative Work - Siddha Yoga					

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang





Monday, November 2, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Varyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 204

Sarvari 5122

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 2.25 Tithi 17

Family Home Evening 627964464

Routine Work Marana Yoga

Until 9:06PM

Then Creative Work - Amrita Yoga

Gulika 1:49PM - 3:20PM

Yama 10:46AM - 12:18PM

Rahu 7:44AM - 9:15AM

Krittika Until 9:06PM

Variyan Until 3:29AM Tue

Taitila Until 9:32AM

Dvitiya Until 10:42PM

Ganesha: White

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 6:22PM

Nataraja: Purple

Moon - White

Subha Subha Sivaloka Day

Ashvina-Aipasi

1

Tuesday, November 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Triliyayam Titau

Nairobi, Kenya

Sun 2 Sutra 205

Sarvari 5122

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 14.2 Tithi 18

637964464

Creative Work Amrita Yoga

Until 11:58PM

Then Creative Work - Siddha Yoga

Gulika 12:18PM - 1:49PM

Yama 9:15AM - 10:46AM

Rahu 3:20PM - 4:51PM

Rohini Until 11:58PM

Parigha\* Until 4:04AM Wed

Vanija Until 11:52AM

Tritiya Until 12:54AM Wed

Ganesha: Clear

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 6:22PM

Nataraja: Purple

Moon - Yellow

Subha Sivaloka Day

Ashvina-Aipasi

2

Wednesday, November 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Bava/Balava Karana Chaturthayam Titau

Nairobi, Kenya

Sun 3 Sutra 206

Sarvari 5122

Moon 11 - Phase 28

1st Phase

Vrishabha Rasi: 26.22 Tithi 19

638964464

Creative Work Siddha Yoga

Until 2:20AM Thu

Then Routine Work - Marana Yoga

Gulika 10:46AM - 12:18PM

Yama 7:44AM - 9:15AM

Rahu 12:18PM - 1:49PM

Mrigashira Until 2:20AM Thu

Shiva Until 4:24AM Thu

Bava Until 1:54PM

Chaturthi\* Until 2:46AM Thu

Ganesha: White

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 6:22PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

3

Thursday, November 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 4 Sutra 207

Sarvari 5122

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 8.32 Tithi 20

638964464

Routine Work Marana Yoga

Until 4:06AM Fri

Then Creative Work - Siddha Yoga

Gulika 9:15AM - 10:46AM

Yama 6:13AM - 7:44AM

Rahu 1:49PM - 3:20PM

Ardra Until 4:06AM Fri

Siddha Until 4:21AM Fri

Kaulava Until 3:33PM

Panchami Until 4:09AM Fri

Ganesha: White

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 6:23PM

Nataraja: Purple

Moon - Yellow

Sivaloka Day

Ashvina-Aipasi

4

Friday, November 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 5 Sutra 208

Sarvari 5122

Moon 11 - Phase 28

1st Phase

Mithuna Rasi: 20.54 Tithi 21

748964464

Creative Work Siddha Yoga

Gulika 7:44AM - 9:15AM

Yama 3:20PM - 4:51PM

Rahu 10:47AM - 12:18PM

Punarvasu Until 5:36AM Sat

Sadhya Until 3:51AM Sat

Gara Until 4:39PM

Shashthi\* Until 4:56AM Sat

Ganesha: White

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 6:23PM

Nataraja: Purple

Moon - Blue

Sivaloka Day

Ashvina-Aipasi

5

Saturday, November 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 6 Sutra 209

Sarvari 5122

Moon 11 - Phase 28

1st Phase

Kataka Rasi: 3.32 Tithi 22

748964464

Creative Work Siddha Yoga

Gulika 6:13AM - 7:44AM

Yama 1:49PM - 3:20PM

Rahu 9:15AM - 10:47AM

Pushya Until 6:16AM Sun

Subha Until 2:49AM Sun

Visti Until 5:06PM

Saptami Until 5:02AM Sun

Ganesha: White

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 6:23PM

Nataraja: Purple

Moon - Blue

Sivaloka Day

Ashvina-Aipasi

D

Sunday, November 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 7 Sutra 210

Sarvari 5122

Moon 11 - Phase 28

Ashtami

Kataka Rasi: 16.31 Tithi 23

748964464

Creative Work Siddha Yoga

Gulika 3:20PM - 4:52PM

Yama 12:18PM - 1:49PM

Rahu 4:52PM - 6:23PM

Pushya Until 6:16AM

Sukla Until 1:11AM Mon

Balava Until 4:49PM

Ashtami\* Until 4:23AM Mon

Ganesha: White

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 6:23PM

Nataraja: Purple

Moon - Blue

Sivaloka Day

Ashvina-Aipasi

Monday, November 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 8 Sutra 211

Sarvari 5122

Moon 11 - Phase 28

Navami

Kataka Rasi: 29.52 Tithi 24

748964464

Family Home Evening

Creative Work Siddha Yoga

Until 6:03AM

Then Routine Work - Marana Yoga

Gulika 1:49PM - 3:20PM

Yama 10:47AM - 12:18PM

Rahu 7:44AM - 9:15AM

Ashlesha\* Until 6:03AM

Brahma Until 10:58PM

Taitila Until 3:47PM

Navami\* Until 2:58AM Tue

Ganesha: White

Sunrise: 6:13AM

Muruqa: Purple

Sunset: 6:23PM

Nataraja: Purple

Moon - Blue

Sivaloka Day


Ashvina-Aipasi

<b>1</b>		<b>Tuesday, November 10, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau		Nairobi, Kenya Sun 9 Sutra 212	
Simha Rasi: 13.4	Tithi 25	759964464	<b>Gulika</b> 12:18PM – 1:49PM <b>Yama</b> 9:16AM – 10:47AM <b>Rahu</b> 3:21PM – 4:52PM	<b>Purvaphalguni Until 3:57AM Wed</b> Indra Until 8:12PM Vanija Until 2:02PM <b>Dashami Until 12:53AM Wed</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 6:23PM	Moon 11 - Phase 29 2nd Phase <b>Subha Sivaloka Day</b>
Creative Work Siddha Yoga							
Until 3:57AM Wed							
Then Creative Work - Amrita Yoga							

<b>2</b>		<b>Wednesday, November 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau		Nairobi, Kenya Sun 10 Sutra 213	
Simha Rasi: 27.53	Tithi 26	759964464	<b>Gulika</b> 10:47AM – 12:18PM <b>Yama</b> 7:44AM – 9:16AM <b>Rahu</b> 12:18PM – 1:49PM	<b>Uttaraphalguni Until 1:46AM Thu</b> Vaidhriti* Until 4:54PM Bava Until 11:37AM <b>Ekadashi* Until 10:11PM</b>	<b>Ganesha:</b> Orange <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Red	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 6:23PM	Moon 11 - Phase 29 2nd Phase <b>Subha Sivaloka Day</b>
Creative Work Amrita Yoga							
Until 1:46AM Thu							
Then Routine Work - Marana Yoga							

<b>3</b>		<b>Thursday, November 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau		Nairobi, Kenya Sun 11 Sutra 214	
Kanya Rasi: 12.31	Tithi 27	769964464	<b>Gulika</b> 9:16AM – 10:47AM <b>Yama</b> 6:13AM – 7:45AM <b>Rahu</b> 1:50PM – 3:21PM	<b>Hasta Until 11:24PM</b> Vishkambha* Until 1:12PM Kaulava Until 8:40AM <b>Dvadashi* Until 7:01PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 6:23PM	Moon 11 - Phase 29 2nd Phase <b>Sivaloka Day</b>
Routine Work Marana Yoga							
Until 11:24PM							
Then Creative Work - Siddha Yoga							

<b>4</b>		<b>Friday, November 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Nairobi, Kenya Sun 12 Sutra 215	
Kanya Rasi: 27.27	Tithi 28 – 29	769964464	<b>Gulika</b> 7:45AM – 9:16AM <b>Yama</b> 3:21PM – 4:52PM <b>Rahu</b> 10:47AM – 12:18PM	<b>Chitra Until 8:37PM</b> Priti Until 9:13AM Visti Until 1:43AM Sat <b>Trayodashi* Until 3:31PM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 6:24PM	Moon 11 - Phase 29 2nd Phase <b>Sivaloka Day</b>
Creative Work Siddha Yoga							
		<b>Subramuniyaswami Mahasamadhi Deepavali Hindu Solidarity Day</b>		<b>Pradosha Vrata (Fasting)</b>			

		<b>Saturday, November 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Svati/Vishakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Nairobi, Kenya Sun 13 Sutra 216	
<b>Retreat Star</b>							
Tula Rasi: 12.35	Tithi 29 – 30	769964464	<b>Gulika</b> 6:13AM – 7:45AM <b>Yama</b> 1:50PM – 3:21PM <b>Rahu</b> 9:16AM – 10:47AM	<b>Svati Until 5:34PM</b> Saubhagya Until 12:47AM Sun Catuspada Until 10:02PM <b>Chaturdashi* Until 11:52AM</b>	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Green	<b>Sunrise:</b> 6:13AM <b>Sunset:</b> 6:24PM	Moon 11 - Phase 29 Amavasya <b>Sivaloka Day</b>
Creative Work Siddha Yoga							

<b>Sunday, November 15, 2020</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Nairobi, Kenya Sun 14 Sutra 217	
Tula Rasi: 27.46	Tithi 30 – 1	779964464	<b>Gulika</b> 3:21PM – 4:53PM <b>Yama</b> 12:19PM – 1:50PM <b>Rahu</b> 4:53PM – 6:24PM	<b>Vishakha Until 2:49PM</b> Sobhana Until 8:39PM Kintughna Until 6:26PM <b>Amavasya* Until 8:12AM</b>	<b>Ganesha:</b> Purple <b>Muruqa:</b> Purple <b>Nataraja:</b> Purple Moon – Orange	<b>Sunrise:</b> 6:14AM <b>Sunset:</b> 6:24PM	Moon 11 - Phase 29 Prathama <b>Sivaloka Day</b>
Routine Work Marana Yoga				<b>Skanda Shasthi Begins</b>			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

<b>1</b>	<b>Monday, November 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya
	Vriscika Rasi: 12.49	Tithi 2	<b>Gulika</b> 1:50PM – 3:22PM	<b>Anuradha</b> Until 12:10PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:14AM	Sun 15 Sutra 218
	<b>Family Home Evening</b>	779964465	<b>Rahu</b> 7:45AM – 9:16AM	Athiganda* Until 4:42PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 30
Creative Work	Siddha Yoga		Balava Until 3:04PM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Dvitiya</b> Until 1:31AM Tue	Moon – Orange		<b>Devaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>2</b>	<b>Tuesday, November 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Tailila/Gara Karana Tritiyayam Titau				Nairobi, Kenya
	Vriscika Rasi: 27.37	Tithi 3	<b>Gulika</b> 12:19PM – 1:50PM	<b>Jyeshtha*</b> Until 9:45AM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:14AM	Sun 16 Sutra 219
		779964465	<b>Rahu</b> 3:22PM – 4:53PM	Sukarma Until 1:07PM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:24PM	Moon 11 - Phase 30
Routine Work	Marana Yoga		Taitila Until 12:07PM	<b>Nataraja:</b> Clear		3rd Phase	
Until 9:45AM			<b>Tritiya</b> Until 10:50PM	Moon – Orange		<b>Devaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Karttika-Karttikai</b>			

<b>3</b>	<b>Wednesday, November 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau				Nairobi, Kenya
	Dhanus Rasi: 12.02	Tithi 4	<b>Gulika</b> 10:48AM – 12:19PM	<b>Mula*</b> Until 8:10AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:14AM	Sun 17 Sutra 220
		781964465	<b>Rahu</b> 12:19PM – 1:51PM	Dhriti Until 10:00AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 11 - Phase 30
Routine Work	Marana Yoga		Vanija Until 9:44AM	<b>Nataraja:</b> Clear		3rd Phase	
Until 8:10AM			<b>Chaturthi*</b> Until 8:46PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Then Creative Work - Amrita Yoga				<b>Karttika-Karttikai</b>			

<b>4</b>	<b>Thursday, November 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya
	Dhanus Rasi: 26.01	Tithi 5	<b>Gulika</b> 9:17AM – 10:48AM	<b>Purvashadha*</b> Until 7:06AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:14AM	Sun 18 Sutra 221
		781964465	<b>Rahu</b> 1:51PM – 3:22PM	Shula* Until 7:25AM	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 11 - Phase 30
Creative Work	Siddha Yoga		Bava Until 8:02AM	<b>Nataraja:</b> Clear		3rd Phase	
Until 7:06AM			<b>Panchami</b> Until 7:28PM	Moon – Light Blue		<b>Sivaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Karttika-Karttikai</b>			

<b>5</b>	<b>Friday, November 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya
	Makara Rasi: 9.32	Tithi 6	<b>Gulika</b> 7:46AM – 9:17AM	<b>Uttarashadha</b> Until 6:40AM	<b>Ganesha:</b> Light Blue	<i>Sunrise:</i> 6:15AM	Sun 19 Sutra 222
		781164465	<b>Rahu</b> 10:49AM – 12:20PM	Vriddhi Until 4:10AM Sat	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 11 - Phase 30
Routine Work	Marana Yoga		Kaulava Until 7:08AM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Shashthi*</b> Until 6:58PM	Moon – Light Blue		<b>Devaloka Day</b>	
			<b>Skanda Shasthi</b>	<b>Karttika-Karttikai</b>			

<b>6</b>	<b>Saturday, November 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Dhruva Yoga Gara/Vanija Karana Saplamyam Titau				Nairobi, Kenya
	Makara Rasi: 22.36	Tithi 7	<b>Gulika</b> 6:15AM – 7:46AM	<b>Shravana</b> Until 7:21AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:15AM	Sun 20 Sutra 223
		791164465	<b>Rahu</b> 9:17AM – 10:49AM	Dhruva Until 3:28AM Sun	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:25PM	Moon 11 - Phase 30
Creative Work	Siddha Yoga		Gara Until 7:03AM	<b>Nataraja:</b> Clear		3rd Phase	
			<b>Saptami</b> Until 7:18PM	Moon – Purple		<b>Sivaloka Day</b>	
				<b>Karttika-Karttikai</b>			

<b>D</b>	<b>Sunday, November 22, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya
	<b>Retreat Star</b>		<b>Gulika</b> 3:23PM – 4:54PM	<b>Dhanishtha</b> Until 8:38AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:15AM	Sun 21 Sutra 224
	Kumbha Rasi: 5.17	Tithi 8	<b>Rahu</b> 4:54PM – 6:26PM	Vyaghata* Until 3:20AM Mon	<b>Muruqa:</b> Purple	<i>Sunset:</i> 6:26PM	Moon 11 - Phase 30
Routine Work	Marana Yoga		Visti Until 7:46AM	<b>Nataraja:</b> Clear		Ashtami	
Until 8:38AM			<b>Ashtami*</b> Until 8:22PM	Moon – Purple		<b>Sivaloka Day</b>	
Then Creative Work - Siddha Yoga				<b>Karttika-Karttikai</b>			

<b>Monday, November 23, 2020</b>	<b>Retreat Star</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam Shalabhishak/Purvaprossthapada* Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya
	Kumbha Rasi: 17.4	Tithi 9	<b>Gulika</b> 1:52PM – 3:23PM	<b>Shatabhishak</b> Until 10:25AM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:15AM	Sun 22 Sutra 225
	<b>Family Home Evening</b>	791174465	<b>Rahu</b> 7:47AM – 9:18AM	Harshana Until 3:39AM Tue	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:26PM	Moon 11 - Phase 30
Creative Work	Siddha Yoga		Balava Until 9:11AM	<b>Nataraja:</b> Clear		Navami	
Until 10:25AM			<b>Navami*</b> Until 10:05PM	Moon – Purple		<b>Devaloka Day</b>	
Then Routine Work - Marana Yoga				<b>Karttika-Karttikai</b>			

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda


<b>1</b>		<b>Tuesday, November 24, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaprosarthapada/Uttaraprosarthapada Nakshatra Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Nairobi, Kenya
Kumbha Rasi: 29.47	Tithi 10	<b>Gulika</b>	<b>12:21PM – 1:52PM</b>	<b>Purvaprosarthapada* Until 1:02PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:16AM</i>	Sun 23	Sutra 226
		Yama	9:18AM – 10:50AM	Vajra* Until 4:14AM Wed	<b>Muruqa: Clear</b>	<i>Sunset: 6:26PM</i>		Sarvari 5122
		711174465 <b>Rahu</b>	<b>3:24PM – 4:55PM</b>	Taitila Until 11:08AM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31	4th Phase
Routine Work	Marana Yoga			<b>Dashami Until 12:14AM Wed</b>	<b>Moon – Clear</b>		<b>Devaloka Day</b>	
Until 1:02PM					<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga								

<b>2</b>		<b>Wednesday, November 25, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraprosarthapada/Revati Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Nairobi, Kenya
Meena Rasi: 11.47	Tithi 11	<b>Gulika</b>	<b>10:50AM – 12:21PM</b>	<b>Uttaraprosarthapada Until 3:50PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:16AM</i>	Sun 24	Sutra 227
		Yama	7:47AM – 9:19AM	Siddhi Until 5:02AM Thu	<b>Muruqa: Clear</b>	<i>Sunset: 6:27PM</i>		Sarvari 5122
		711174465 <b>Rahu</b>	<b>12:21PM – 1:53PM</b>	Vanija Until 1:28PM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31	4th Phase
Creative Work	Siddha Yoga			<b>Ekadashi Until 2:41AM Thu</b>	<b>Moon – Clear</b>		<b>Devaloka Day</b>	
Until 3:50PM					<b>Karttika-Karttikai</b>			
Then Routine Work - Marana Yoga								

<b>3</b>		<b>Thursday, November 26, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau				Nairobi, Kenya
Meena Rasi: 23.4	Tithi 12	<b>Gulika</b>	<b>9:19AM – 10:50AM</b>	<b>Revati Until 6:39PM</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:16AM</i>	Sun 25	Sutra 228
		Yama	6:16AM – 7:47AM	Vyatipata* Until 5:57AM Fri	<b>Muruqa: Clear</b>	<i>Sunset: 6:27PM</i>		Sarvari 5122
		711174465 <b>Rahu</b>	<b>1:53PM – 3:24PM</b>	Bava Until 3:59PM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31	4th Phase
Creative Work	Siddha Yoga			<b>Dvadashi Until 5:16AM Fri</b>	<b>Moon – Clear</b>		<b>Devaloka Day</b>	
Until 6:39PM					<b>Karttika-Karttikai</b>			
Then Creative Work - Amrita Yoga								

<b>4</b>		<b>Friday, November 27, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Varyan Yoga Kaulava Karana Trayodashyam Titau				Nairobi, Kenya
Mesha Rasi: 5.31	Tithi 13	<b>Gulika</b>	<b>7:48AM – 9:19AM</b>	<b>Ashvini Until 9:50PM</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:16AM</i>	Sun 26	Sutra 229
		Yama	3:25PM – 4:56PM	Varyan Until 6:48AM Sat	<b>Muruqa: Clear</b>	<i>Sunset: 6:27PM</i>		Sarvari 5122
		721174465 <b>Rahu</b>	<b>10:51AM – 12:22PM</b>	Kaulava Until 6:35PM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31	4th Phase
Creative Work	Amrita Yoga			<b>Trayodashi Until 7:50AM Sat</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
Until 9:50PM					<b>Karttika-Karttikai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Siddha Yoga				<i>Pradosha Vrata</i>				

<b>5</b>		<b>Saturday, November 28, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Varyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya
Mesha Rasi: 17.22	Tithi 13 – 14	<b>Gulika</b>	<b>6:17AM – 7:48AM</b>	<b>Bharani Until 12:45AM Sun</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:17AM</i>	Sun 27	Sutra 230
		Yama	1:54PM – 3:25PM	Varyan Until 6:48AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:28PM</i>		Sarvari 5122
		722174465 <b>Rahu</b>	<b>9:19AM – 10:51AM</b>	Gara Until 9:06PM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31	4th Phase
Creative Work	Siddha Yoga			<b>Trayodashi Until 7:50AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
					<b>Karttika-Karttikai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	

		<b>Sunday, November 29, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya
<b>Copper Retreat Star</b>		<b>Gulika</b>	<b>3:25PM – 4:57PM</b>	<b>Krittika Until 3:20AM Mon</b>	<b>Ganesha: Blue</b>	<i>Sunrise: 6:17AM</i>	Sun 27	Sutra 231
Mesha Rasi: 29.16	Tithi 14 – 15	Yama	12:23PM – 1:54PM	Parigha* Until 7:35AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:28PM</i>		Sarvari 5122
		722174465 <b>Rahu</b>	<b>4:57PM – 6:28PM</b>	Visti Until 11:25PM	<b>Nataraja: Clear</b>		Moon 11 - Phase 31	Purnima
Creative Work	Siddha Yoga			<b>Chaturdashi* Until 10:16AM</b>	<b>Moon – White</b>		<b>Bhuloka Day</b>	
Until 3:20AM Mon					<b>Karttika-Karttikai</b>		<b>Devaloka Time: 3:PM to 6:PM</b>	
Then Creative Work - Amrita Yoga				<b>Krittika Deepam</b>				

<b>Monday, November 30, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Rohini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya		
<b>Silver Retreat Star</b>		<b>Gulika</b>	<b>1:54PM – 3:26PM</b>	<b>Rohini Until 5:58AM Tue</b>	<b>Ganesha: Yellow</b>	<i>Sunrise: 6:17AM</i>	Sun 27	Sutra 232
Virshabha Rasi: 11.14	Tithi 15 – 16	Yama	10:52AM – 12:23PM	Shiva Until 8:12AM	<b>Muruqa: Clear</b>	<i>Sunset: 6:29PM</i>		Sarvari 5122
<b>Family Home Evening</b>		732174465 <b>Rahu</b>	<b>7:49AM – 9:20AM</b>	Balava Until 1:29AM Tue	<b>Nataraja: Clear</b>		Moon 11 - Phase 31	Prathama
Creative Work	Amrita Yoga			<b>Purnima* Until 12:28PM</b>	<b>Moon – Yellow</b>		<b>Devaloka Day</b>	
Until 5:58AM Tue					<b>Karttika-Karttikai</b>			
Then Creative Work - Siddha Yoga				<b>Penumbra Lunar Eclipse</b>				
				<b>Vinayaga Viratam Begins</b>				



Tuesday, December 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvilyayam Titau

Nairobi, Kenya

Sutra 233

Vrishabha Rasi: 23.2 Tithi 16 – 17

732174465

**Gulika**  
Yama  
**Rahu**

12:23PM – 1:55PM  
9:21AM – 10:52AM  
3:26PM – 4:58PM

**Mrigashira** Until 8:06AM Wed  
Siddha Until 8:35AM  
Taitila Until 3:11AM Wed  
Prathama\* Until 2:22PM

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Yellow

**Sunrise:** 6:18AM  
**Sunset:** 6:29PM

Moon 12 - Phase 32  
1st Phase

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

1

Wednesday, December 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 234

Mithuna Rasi: 5.35 Tithi 17 – 18

732174465

**Gulika**  
Yama  
**Rahu**

10:52AM – 12:24PM  
7:50AM – 9:21AM  
12:24PM – 1:55PM

**Mrigashira** Until 8:06AM  
Sadhya Until 8:41AM  
Vanija Until 4:29AM Thu  
Dvitiya Until 3:52PM

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Yellow

**Sunrise:** 6:18AM  
**Sunset:** 6:29PM

Moon 12 - Phase 32  
1st Phase

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

2

Thursday, December 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Nairobi, Kenya

Sun 2 Sutra 235

Mithuna Rasi: 17.59 Tithi 18 – 19

732174465

**Gulika**  
Yama  
**Rahu**

9:21AM – 10:53AM  
6:19AM – 7:50AM  
1:56PM – 3:27PM

**Ardra** Until 9:40AM  
Subha Until 8:30AM  
Bava Until 5:20AM Fri  
Tritiya Until 4:57PM

**Ganesha:** Yellow  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Yellow

**Sunrise:** 6:19AM  
**Sunset:** 6:30PM

Moon 12 - Phase 32  
1st Phase

**Devaloka Day**

**Karttika-Karttikai**

Routine Work Marana Yoga

Until 9:40AM

Then Creative Work - Amrita Yoga

3

Friday, December 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 236

Kataka Rasi: 1 Tithi 19 – 20

742174465

**Gulika**  
Yama  
**Rahu**

7:50AM – 9:22AM  
3:27PM – 4:59PM  
10:53AM – 12:25PM

**Punarvasu** Until 11:07AM  
Sukla Until 7:56AM  
Kaulava Until 5:42AM Sat  
Chaturthi\* Until 5:34PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Blue

**Sunrise:** 6:19AM  
**Sunset:** 6:30PM

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Karttika-Karttikai**

Creative Work Siddha Yoga

Until 11:07AM

Then Routine Work - Marana Yoga

4

Saturday, December 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Panchami/Shashthiyam Titau

Nairobi, Kenya

Sun 4 Sutra 237

Kataka Rasi: 13.26 Tithi 20 – 21

742174465

**Gulika**  
Yama  
**Rahu**

6:19AM – 7:51AM  
1:56PM – 3:28PM  
9:22AM – 10:54AM

**Pushya** Until 11:56AM  
Brahma Until 7:00AM  
Gara Until 5:33AM Sun  
Panchami Until 5:40PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Blue

**Sunrise:** 6:19AM  
**Sunset:** 6:31PM

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Karttika-Karttikai**

Creative Work Siddha Yoga

Until 11:56AM

Then Routine Work - Marana Yoga

5

Sunday, December 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vaidhriti\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 238

Kataka Rasi: 26.32 Tithi 21 – 22

742174465

**Gulika**  
Yama  
**Rahu**

3:28PM – 5:00PM  
12:25PM – 1:57PM  
5:00PM – 6:31PM

**Ashlesha\*** Until 12:06PM  
Vaidhriti\* Until 3:56AM Mon  
Visti Until 4:52AM Mon  
Shashthi\* Until 5:16PM

**Ganesha:** White  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Blue

**Sunrise:** 6:20AM  
**Sunset:** 6:31PM

Moon 12 - Phase 32  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Karttika-Karttikai**

Creative Work Siddha Yoga

Until 12:06PM

Then Routine Work - Marana Yoga

6

Monday, December 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Vishkambha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 239

Simha Rasi: 9.55 Tithi 22 – 23

752174465

**Gulika**  
Yama  
**Rahu**

1:57PM – 3:29PM  
10:54AM – 12:26PM  
7:52AM – 9:23AM

**Magha\*** Until 12:02PM  
Vishkambha\* Until 1:46AM Tue  
Balava Until 3:39AM Tue  
Saptami Until 4:19PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Red

**Sunrise:** 6:20AM  
**Sunset:** 6:31PM

Moon 12 - Phase 32  
1st Phase

**Devaloka Day**

**Karttika-Karttikai**

Routine Work Marana Yoga

Until 12:02PM

Then Creative Work - Siddha Yoga

D

Tuesday, December 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 240

Simha Rasi: 23.35 Tithi 23 – 24

752174465

**Gulika**  
Yama  
**Rahu**

12:26PM – 1:58PM  
9:23AM – 10:55AM  
3:29PM – 5:01PM

**Purvaphalguni** Until 11:18AM  
Priti Until 11:12PM  
Taitila Until 1:55AM Wed  
Ashtami\* Until 2:50PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Red

**Sunrise:** 6:21AM  
**Sunset:** 6:32PM

Moon 12 - Phase 32  
Ashtami

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Siddha Yoga

Until 11:18AM

Then Creative Work - Amrita Yoga

Wednesday, December 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Nairobi, Kenya

Sun 8 Sutra 241

Kanya Rasi: 7.35 Tithi 24 – 25

752174465

**Gulika**  
Yama  
**Rahu**

10:55AM – 12:27PM  
7:52AM – 9:24AM  
12:27PM – 1:58PM

**Uttaraphalguni** Until 9:55AM  
Ayushman Until 8:14PM  
Vanija Until 11:42PM  
Navami\* Until 12:51PM

**Ganesha:** Clear  
**Muruqa:** Clear  
**Nataraja:** Clear  
Moon – Red

**Sunrise:** 6:21AM  
**Sunset:** 6:32PM

Moon 12 - Phase 32  
Navami

**Devaloka Day**

**Karttika-Karttikai**

Creative Work Amrita Yoga

Until 9:55AM

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time

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<b>1</b>	<b>Thursday, December 10, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya
	Kanya Rasi: 21.53	Tithi 25 – 26	<b>Gulika</b> 9:24AM – 10:56AM	<b>Hasta</b> <b>Until 8:23AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:21AM	Sun 9 Sutra 242
		762174465 <b>Rahu</b> 1:59PM – 3:30PM	6:21AM – 7:53AM	Saubhagya <b>Until 4:55PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:33PM	Sarvari 5122
			Bava <b>Until 9:05PM</b>	<b>Nataraja:</b> Clear			Moon 12 - Phase 33
Routine Work	Marana Yoga		<b>Dashami</b> <b>Until 10:25AM</b>	Moon – Green			2nd Phase
Until 8:23AM				<b>Karttika-Karttikai</b>			<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Friday, December 11, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya
	Tula Rasi: 6.27	Tithi 26 – 27	<b>Gulika</b> 7:53AM – 9:25AM	<b>Chitra</b> <b>Until 6:20AM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:22AM	Sun 10 Sutra 243
		762174465 <b>Rahu</b> 10:56AM – 12:28PM	3:30PM – 5:02PM	Sobhana <b>Until 1:22PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:33PM	Sarvari 5122
			Kaulava <b>Until 6:09PM</b>	<b>Nataraja:</b> Clear			Moon 12 - Phase 33
Creative Work	Siddha Yoga		<b>Ekadashi*</b> <b>Until 7:38AM</b>	Moon – Green			2nd Phase
				<b>Karttika-Karttikai</b>			<b>Bhuloka Day</b>
							Devaloka Time: 3:PM to 6:PM

<b>3</b>	<b>Saturday, December 12, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya
	Tula Rasi: 21.12	Tithi 28	<b>Gulika</b> 6:22AM – 7:54AM	<b>Vishakha</b> <b>Until 1:36AM Sun</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:22AM	Sun 11 Sutra 244
		773174465 <b>Rahu</b> 9:25AM – 10:57AM	2:00PM – 3:31PM	Athiganda* <b>Until 9:36AM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Sarvari 5122
			Gara <b>Until 3:02PM</b>	<b>Nataraja:</b> Clear			Moon 12 - Phase 33
Creative Work	Siddha Yoga		<b>Trayodashi*</b> <b>Until 1:26AM Sun</b>	Moon – Orange			2nd Phase
Until 1:36AM Sun				<b>Karttika-Karttikai</b>			<b>Devaloka Day</b>
Then Routine Work - Marana Yoga							

<b>4</b>	<b>Sunday, December 13, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya
	Vrischika Rasi: 6.02	Tithi 29	<b>Gulika</b> 3:31PM – 5:03PM	<b>Anuradha</b> <b>Until 11:11PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:23AM	Sun 12 Sutra 245
		773174465 <b>Rahu</b> 5:03PM – 6:34PM	12:29PM – 2:00PM	Dhriti <b>Until 2:00AM Mon</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:34PM	Sarvari 5122
			Visti <b>Until 11:52AM</b>	<b>Nataraja:</b> Clear			Moon 12 - Phase 33
Routine Work	Marana Yoga		<b>Chaturdashi*</b> <b>Until 10:17PM</b>	Moon – Orange			2nd Phase
				<b>Karttika-Karttikai</b>			<b>Devaloka Day</b>

<b>●</b>	<b>Monday, December 14, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya
	<b>Retreat Star</b>		<b>Gulika</b> 2:00PM – 3:32PM	<b>Jyeshtha*</b> <b>Until 8:47PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:23AM	Sun 13 Sutra 246
Vrischika Rasi: 20.51	Tithi 30	773174465 <b>Rahu</b> 7:55AM – 9:26AM	10:58AM – 12:29PM	Shula* <b>Until 10:21PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Sarvari 5122
<b>Family Home Evening</b>			Catuspada <b>Until 8:46AM</b>	<b>Nataraja:</b> Clear			Moon 12 - Phase 33
Creative Work	Siddha Yoga		<b>Amavasya*</b> <b>Until 7:17PM</b>	Moon – Orange			Amavasya
				<b>Karttika-Karttikai</b>			<b>Devaloka Day</b>

<b>●</b>	<b>Tuesday, December 15, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya
	<b>Retreat Star</b>		<b>Gulika</b> 12:30PM – 2:01PM	<b>Mula*</b> <b>Until 7:00PM</b>	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:24AM	Sun 14 Sutra 247
Dhanus Rasi: 5.3	Tithi 1 – 2	783274465 <b>Rahu</b> 3:32PM – 5:04PM	9:27AM – 10:58AM	Ganda* <b>Until 6:59PM</b>	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:35PM	Sarvari 5122
			Balava <b>Until 3:28AM Wed</b>	<b>Nataraja:</b> Clear			Moon 12 - Phase 33
Creative Work	Amrita Yoga		<b>Prathama*</b> <b>Until 4:37PM</b>	Moon – Light Blue			Prathama
Until 7:00PM				<b>Margasira-Markali</b>			<b>Bhuloka Day</b>
Then Creative Work - Siddha Yoga							Devaloka Time: 3:PM to 6:PM

1	<b>Wednesday, December 16, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyam Titau				Nairobi, Kenya
	Dhanus Rasi: 19.52	Tithi 2 – 3	883274465	<b>Gulika</b> 10:59AM – 12:30PM Yama 7:56AM – 9:27AM <b>Rahu</b> 12:30PM – 2:01PM	<b>Purvashadha* Until 5:32PM</b> Vriddhi Until 4:01PM Taitila Until 1:32AM Thu Dvitiya Until 2:24PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Margasira*Markali</b>	Sun 15 Sutra 248 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Creative Work	Amrita Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

2	<b>Thursday, December 17, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturtham Titau				Nairobi, Kenya
	Makara Rasi: 3.53	Tithi 3 – 4	883274465	<b>Gulika</b> 9:28AM – 10:59AM Yama 6:25AM – 7:56AM <b>Rahu</b> 2:02PM – 3:33PM	<b>Uttarashadha Until 4:32PM</b> Dhruva Until 1:31PM Vanija Until 12:15AM Fri Tritiya Until 12:47PM	<b>Ganesha:</b> Light Blue <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Light Blue <b>Margasira*Markali</b>	Sun 16 Sutra 249 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Routine Work	Marana Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
	Until 4:32PM	Then Creative Work - Siddha Yoga					

3	<b>Friday, December 18, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya
	Makara Rasi: 17.29	Tithi 4 – 5	893274465	<b>Gulika</b> 7:57AM – 9:28AM Yama 3:34PM – 5:05PM <b>Rahu</b> 11:00AM – 12:31PM	<b>Shravana Until 4:33PM</b> Vyaghata* Until 11:34AM Bava Until 11:44PM Chaturthi* Until 11:53AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Margasira*Markali</b>	Sun 17 Sutra 250 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Routine Work	Marana Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
	Until 4:33PM	Then Creative Work - Siddha Yoga					

4	<b>Saturday, December 19, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya
	Kumbha Rasi: 0.4	Tithi 5 – 6	893274465	<b>Gulika</b> 6:26AM – 7:57AM Yama 2:03PM – 3:34PM <b>Rahu</b> 9:29AM – 11:00AM	<b>Dhanishtha Until 5:10PM</b> Harshana Until 10:15AM Kaulava Until 12:00AM Sun Panchami Until 11:45AM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Margasira*Markali</b>	Sun 18 Sutra 251 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
	Until 5:10PM	Then Creative Work - Amrita Yoga					

5	<b>Sunday, December 20, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya
	Kumbha Rasi: 13.27	Tithi 6 – 7	893274465	<b>Gulika</b> 3:35PM – 5:06PM Yama 12:32PM – 2:03PM <b>Rahu</b> 5:06PM – 6:38PM	<b>Shatabhishak Until 6:22PM</b> Vajra* Until 9:31AM Gara Until 1:02AM Mon Shashthi* Until 12:25PM	<b>Ganesha:</b> Purple <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Purple <b>Margasira*Markali</b>	Sun 19 Sutra 252 Sarvari 5122 Moon 12 - Phase 34 3rd Phase
	Creative Work	Siddha Yoga				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	

Vinayaga Viratam Ends

D	<b>Monday, December 21, 2020</b>		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya
	<b>Retreat Star</b>		813274465	<b>Gulika</b> 2:04PM – 3:35PM Yama 11:01AM – 12:32PM <b>Rahu</b> 7:58AM – 9:30AM	<b>Purvaproshtapada* Until 8:34PM</b> Siddhi Until 9:21AM Visti Until 2:44AM Tue Saptami Until 1:47PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Margasira*Markali</b>	Sun 20 Sutra 253 Sarvari 5122 Moon 12 - Phase 34 Ashtami
	Kumbha Rasi: 25.54	Tithi 7 – 8				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
	<b>Family Home Evening</b>	Marana Yoga					

D	<b>Tuesday, December 22, 2020</b>		Sarvari Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya
	<b>Retreat Star</b>		813274465	<b>Gulika</b> 12:33PM – 2:04PM Yama 9:30AM – 11:02AM <b>Rahu</b> 3:36PM – 5:07PM	<b>Uttaraproshtapada Until 11:07PM</b> Vyatipata* Until 9:40AM Balava Until 4:57AM Wed Ashtami* Until 3:46PM	<b>Ganesha:</b> Green <b>Muruqa:</b> Clear <b>Nataraja:</b> Clear Moon – Clear <b>Margasira*Markali</b>	Sun 21 Sutra 254 Sarvari 5122 Moon 12 - Phase 34 Navami
	Meena Rasi: 8.05	Tithi 8 – 9				<b>Bhuloka Day</b> Devaloka Time: 3:PM to 6:PM	
	Creative Work	Amrita Yoga					

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

<b>1</b>	<b>Wednesday, December 23, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam		Nairobi, Kenya
	Meena Rasi: 20.05	Tithi 9	813274465	Revati Nakshatra Varyani/Parigha* Yoga Kaulava Karana Navamyam Titau	Sun 22 Sutra 255
Routine Work	Marana Yoga		<b>Gulika</b> 11:02AM – 12:33PM	<b>Revati Until 1:51AM Thu</b>	<b>Ganesha:</b> Green <i>Sunrise:</i> 6:28AM
Until 1:51AM Thu			Yama 7:59AM – 9:31AM	Variyan Until 10:18AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:39PM
Then Creative Work - Amrita Yoga			<b>Rahu</b> 12:33PM – 2:05PM	Kaulava Until 6:10PM	<b>Nataraja:</b> Clear
			Day 3 of Pancha Ganapati	<b>Navami* Until 6:10PM</b>	Moon – Clear
					<b>Bhuloka Day</b>
					Devaloka Time: 3:PM to 6:PM

<b>2</b>	<b>Thursday, December 24, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam		Nairobi, Kenya
	Mesha Rasi: 1.57	Tithi 10	823274465	Ashvini Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dashamyam Titau	Sun 23 Sutra 256
Creative Work	Amrita Yoga		<b>Gulika</b> 9:31AM – 11:03AM	<b>Ashvini Until 5:04AM Fri</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:28AM
Until 5:04AM Fri			Yama 6:28AM – 8:00AM	Parigha* Until 11:08AM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:40PM
Then Creative Work - Siddha Yoga			<b>Rahu</b> 2:05PM – 3:37PM	Taitila Until 7:29AM	<b>Nataraja:</b> Clear
			Day 4 of Pancha Ganapati	<b>Dashami Until 8:46PM</b>	Moon – White
					<b>Margasira*Markali</b>
					<b>Devaloka Day</b>

<b>3</b>	<b>Friday, December 25, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya
	Mesha Rasi: 13.47	Tithi 11	823274465	Bharani Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau	Sun 24 Sutra 257
Creative Work	Siddha Yoga		<b>Gulika</b> 8:00AM – 9:32AM	<b>Bharani Until 8:02AM Sat</b>	<b>Ganesha:</b> Red <i>Sunrise:</i> 6:29AM
Until 8:02AM Sat			Yama 3:37PM – 5:09PM	Shiva Until 12:03PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:40PM
Then Creative Work - Amrita Yoga			<b>Rahu</b> 11:03AM – 12:34PM	Vanija Until 10:06AM	<b>Nataraja:</b> Clear
			Day 5 of Pancha Ganapati	<b>Ekadashi Until 11:22PM</b>	Moon – White
					<b>Margasira*Markali</b>
					<b>Devaloka Day</b>

<b>4</b>	<b>Saturday, December 26, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam		Nairobi, Kenya
	Mesha Rasi: 25.38	Tithi 12	824274466	Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Dvadashyam Titau	Sun 25 Sutra 258
Creative Work	Siddha Yoga		<b>Gulika</b> 6:29AM – 8:01AM	<b>Bharani Until 8:02AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:29AM
Until 8:02AM			Yama 2:06PM – 3:38PM	Siddha Until 12:51PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:41PM
Then Creative Work - Amrita Yoga			<b>Rahu</b> 9:32AM – 11:04AM	Bava Until 12:38PM	<b>Nataraja:</b> Orange
				<b>Dvadashi Until 1:47AM Sun</b>	Moon – White
					<b>Margasira*Markali</b>
					<b>Sivaloka Day</b>

<b>5</b>	<b>Sunday, December 27, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya
	Vrishabha Rasi: 7.35	Tithi 13	824274466	Krittika/Rohini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau	Sun 26 Sutra 259
Creative Work	Siddha Yoga		<b>Gulika</b> 3:38PM – 5:10PM	<b>Krittika Until 10:37AM</b>	<b>Ganesha:</b> Blue <i>Sunrise:</i> 6:30AM
Until 8:02AM			Yama 12:35PM – 2:07PM	Sadhya Until 1:27PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:41PM
Then Creative Work - Amrita Yoga			<b>Rahu</b> 5:10PM – 6:41PM	Kaulava Until 2:53PM	<b>Nataraja:</b> Orange
				<b>Trayodashi Until 3:50AM Mon</b>	Moon – White
					<b>Margasira*Markali</b>
					<b>Sivaloka Day</b>
					<i>Pradosha Vrata</i>

<b>6</b>	<b>Monday, December 28, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya
	Vrishabha Rasi: 19.41	Tithi 14	834274466	Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau	Sun 27 Sutra 260
Family Home Evening			<b>Gulika</b> 2:07PM – 3:39PM	<b>Rohini Until 1:08PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:30AM
Creative Work	Amrita Yoga		Yama 11:04AM – 12:36PM	Subha Until 1:46PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:42PM
			<b>Rahu</b> 8:02AM – 9:33AM	Gara Until 4:43PM	<b>Nataraja:</b> Orange
				<b>Chaturdashi* Until 5:25AM Tue</b>	Moon – Yellow
					<b>Margasira*Markali</b>
					<b>Devaloka Day</b>

<b>○</b>	<b>Tuesday, December 29, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya
	<b>Copper Retreat Star</b>		Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti* Karana Purnimayam Titau		Sutra 261
Mithuna Rasi: 1.59	Tithi 15	834274466	<b>Gulika</b> 12:36PM – 2:08PM	<b>Mrigashira Until 3:02PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:31AM
Creative Work	Siddha Yoga		Yama 9:34AM – 11:05AM	Sukla Until 1:40PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:42PM
Until 3:02PM			<b>Rahu</b> 3:39PM – 5:11PM	Visti Until 6:02PM	<b>Nataraja:</b> Orange
Then Routine Work - Marana Yoga				<b>Purnima* Until 6:29AM Wed</b>	Moon – Yellow
					<b>Margasira*Markali</b>
					<b>Devaloka Day</b>

<b>○</b>	<b>Wednesday, December 30, 2020</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam		Nairobi, Kenya
	<b>Silver Retreat Star</b>		Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Sutra 262
Mithuna Rasi: 14.29	Tithi 15 – 16	834274466	<b>Gulika</b> 11:05AM – 12:37PM	<b>Ardra Until 4:15PM</b>	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:31AM
Creative Work	Siddha Yoga		Yama 8:03AM – 9:34AM	Brahma Until 1:12PM	<b>Muruqa:</b> Clear <i>Sunset:</i> 6:43PM
			<b>Rahu</b> 12:37PM – 2:08PM	Balava Until 6:50PM	<b>Nataraja:</b> Orange
				<b>Purnima* Until 6:29AM</b>	Moon – Yellow
					<b>Margasira*Markali</b>
					<b>Devaloka Day</b>
					<b>Ardra Darshanam</b>





Thursday, December 31, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Nairobi, Kenya

Sutra 263

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Mithuna Rasi: 27.14 Tithi 16 - 17

Gulika 9:35AM - 11:06AM

Yama 6:32AM - 8:03AM

844274466 Rahu 2:09PM - 3:40PM

Punarvasu Until 5:17PM

Indra Until 12:20PM

Taitila Until 7:06PM

Prathama\* Until 7:01AM

Ganesha: White

Sunrise: 6:32AM

Muruqa: Clear

Sunset: 6:43PM

Nataraja: Orange

Moon - Blue

Margasira\*Markali

Sivaloka Day

Creative Work Amrita Yoga

Friday, January 1, 2021

1

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Vanija Karana Dvitiya/Trityayam Titau

Nairobi, Kenya

Sun 1 Sutra 264

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Kataka Rasi: 10.14 Tithi 17 - 18

Gulika 8:03AM - 9:35AM

Yama 3:40PM - 5:12PM

844274466 Rahu 11:06AM - 12:37PM

Pushya Until 5:42PM

Vaidhriti\* Until 11:04AM

Vanija Until 6:54PM

Dvitiya Until 7:02AM

Ganesha: White

Sunrise: 6:32AM

Muruqa: Clear

Sunset: 6:43PM

Nataraja: Orange

Moon - Blue

Margasira\*Markali

Sivaloka Day

Routine Work Marana Yoga

Saturday, January 2, 2021

2

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Visti\*/Bava Karana Tritya/Chaturthayam Titau

Nairobi, Kenya

Sun 2 Sutra 265

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Kataka Rasi: 23.28 Tithi 18 - 19

Gulika 6:32AM - 8:04AM

Yama 2:09PM - 3:41PM

844274466 Rahu 9:35AM - 11:06AM

Ashlesha\* Until 5:34PM

Vishkambha\* Until 9:28AM

Bava Until 6:18PM

Tritya Until 6:38AM

Ganesha: White

Sunrise: 6:32AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Orange

Moon - Blue

Margasira\*Markali

Sivaloka Day

Routine Work Marana Yoga

Until 5:34PM

Then Creative Work - Amrita Yoga

Sunday, January 3, 2021

3

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 266

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Simha Rasi: 6.53 Tithi 20

Gulika 3:41PM - 5:13PM

Yama 12:38PM - 2:10PM

854274466 Rahu 5:13PM - 6:44PM

Magha\* Until 5:23PM

Priti Until 7:36AM

Kaulava Until 5:19PM

Panchami Until 4:42AM Mon

Ganesha: Clear

Sunrise: 6:33AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Orange

Moon - Red

Margasira\*Markali

Devaloka Day

Routine Work Marana Yoga

Until 5:23PM

Then Creative Work - Siddha Yoga

Monday, January 4, 2021

4

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 267

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Simha Rasi: 20.3 Tithi 21

Gulika 2:10PM - 3:42PM

Yama 11:07AM - 12:39PM

854274466 Rahu 8:05AM - 9:36AM

Purvaphalguni Until 4:44PM

Saubhagya Until 3:04AM Tue

Gara Until 4:03PM

Shashthi\* Until 3:17AM Tue

Ganesha: Clear

Sunrise: 6:33AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Orange

Moon - Red

Margasira\*Markali

Devaloka Day

Creative Work Siddha Yoga

Family Home Evening

Tuesday, January 5, 2021

5

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 268

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Kanya Rasi: 4.17 Tithi 22

Gulika 12:39PM - 2:11PM

Yama 9:36AM - 11:08AM

854274466 Rahu 3:42PM - 5:13PM

Uttaraphalguni Until 3:41PM

Sobhana Until 12:30AM Wed

Visti Until 2:29PM

Saptami Until 1:36AM Wed

Ganesha: Clear

Sunrise: 6:34AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: Orange

Moon - Red

Margasira\*Markali

Devaloka Day

Creative Work Amrita Yoga

Until 3:41PM

Then Creative Work - Siddha Yoga

Wednesday, January 6, 2021

Retreat Star

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 269

Sarvari 5122

Moon 13 - Phase 36

Ashtami

Kanya Rasi: 18.14 Tithi 23

Gulika 11:08AM - 12:40PM

Yama 8:05AM - 9:37AM

864274466 Rahu 12:40PM - 2:11PM

Hasta Until 2:41PM

Athiganda\* Until 9:44PM

Balava Until 12:41PM

Ashtami\* Until 11:41PM

Ganesha: Purple

Sunrise: 6:34AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: Orange

Moon - Green

Margasira\*Markali

Sivaloka Day

Routine Work Marana Yoga

Until 2:41PM

Then Creative Work - Siddha Yoga

Thursday, January 7, 2021

Retreat Star

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 270

Sarvari 5122

Moon 13 - Phase 36

Navami

Tula Rasi: 2.2 Tithi 24

Gulika 9:37AM - 11:09AM

Yama 6:34AM - 8:06AM

865274466 Rahu 2:12PM - 3:43PM

Chitra Until 1:20PM

Sukarma Until 6:48PM

Taitila Until 10:40AM

Navami\* Until 9:34PM

Ganesha: Clear

Sunrise: 6:34AM

Muruqa: Clear

Sunset: 6:46PM

Nataraja: Orange

Moon - Green

Margasira\*Markali

Devaloka Day

Creative Work Siddha Yoga

Until 1:20PM

Then Creative Work - Amrita Yoga

To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1	<b>Friday, January 8, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dashanayam Titau				Nairobi, Kenya
	Tula Rasi: 16.33	Tithi 25	865274466	<b>Gulika</b> 8:06AM – 9:38AM Yama 3:43PM – 5:15PM <b>Rahu</b> 11:09AM – 12:41PM	<b>Svati Until 11:38AM</b> Dhriti Until 3:44PM Vanija Until 8:27AM <b>Dashami Until 7:17PM</b>	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Green <b>Margasira-Markali</b>	Sun 8 Sutra 271 Sarvari 5122 Moon 13 - Phase 37 2nd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

2	<b>Saturday, January 9, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Bava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya
	Vrischika Rasi: 0.52	Tithi 26 – 27	875374466	<b>Gulika</b> 6:35AM – 8:07AM Yama 2:12PM – 3:44PM <b>Rahu</b> 9:38AM – 11:10AM	<b>Vishakha Until 10:06AM</b> Shula* Until 12:33PM Bava Until 6:06AM <b>Ekadashi* Until 4:53PM</b>	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange <b>Margasira-Markali</b>	Sun 9 Sutra 272 Sarvari 5122 Moon 13 - Phase 37 2nd Phase <b>Devaloka Day</b>
	Creative Work	Siddha Yoga					

3	<b>Sunday, January 10, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Taila/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya
	Vrischika Rasi: 15.14	Tithi 27 – 28	875374466	<b>Gulika</b> 3:44PM – 5:16PM Yama 12:41PM – 2:13PM <b>Rahu</b> 5:16PM – 6:47PM	<b>Anuradha Until 8:22AM</b> Ganda* Until 9:21AM Gara Until 1:16AM Mon <b>Dvadashi* Until 2:27PM</b>	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange <b>Margasira-Markali</b>	Sun 10 Sutra 273 Sarvari 5122 Moon 13 - Phase 37 2nd Phase <b>Devaloka Day</b>
	Routine Work	Marana Yoga					

*Pradosha Vrata (Fasting)*

4	<b>Monday, January 11, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya
	Vrischika Rasi: 29.35	Tithi 28 – 29	875374466	<b>Gulika</b> 2:13PM – 3:45PM Yama 11:10AM – 12:42PM <b>Rahu</b> 8:08AM – 9:39AM	<b>Jyeshtha* Until 6:32AM</b> Vridhhi Until 6:11AM Visti Until 10:58PM <b>Trayodashi* Until 12:05PM</b>	Ganesha: Clear Muruqa: Clear Nataraja: Orange Moon – Orange <b>Margasira-Markali</b>	Sun 11 Sutra 274 Sarvari 5122 Moon 13 - Phase 37 2nd Phase <b>Devaloka Day</b>
	Family Home Evening						
	Creative Work	Siddha Yoga					

●	<b>Tuesday, January 12, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha* Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya
	<b>Retreat Star</b>		885374466	<b>Gulika</b> 12:42PM – 2:14PM Yama 9:39AM – 11:11AM <b>Rahu</b> 3:45PM – 5:16PM	<b>Purvashadha* Until 3:49AM Wed</b> Vyaghata* Until 12:15AM Wed Catuspada Until 8:54PM <b>Chaturdashi* Until 9:53AM</b>	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue <b>Margasira-Markali</b>	Sun 12 Sutra 275 Sarvari 5122 Moon 13 - Phase 37 Amavasya <b>Devaloka Day</b>
	Dhanus Rasi: 13.5	Tithi 29 – 30		<b>Hanumath Jayanthi (Tamil Nadu)</b>			
	Creative Work	Siddha Yoga					

Until 3:49AM Wed  
Then Creative Work - Amrita Yoga

●	<b>Wednesday, January 13, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Uttarashadha Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya
	<b>Retreat Star</b>		885374466	<b>Gulika</b> 11:11AM – 12:43PM Yama 8:08AM – 9:40AM <b>Rahu</b> 12:43PM – 2:14PM	<b>Uttarashadha Until 2:47AM Thu</b> Harshana Until 9:42PM Kintughna Until 7:12PM <b>Amavasya* Until 7:59AM</b>	Ganesha: Orange Muruqa: Clear Nataraja: Orange Moon – Light Blue <b>Pausha-Markali</b>	Sun 13 Sutra 276 Sarvari 5122 Moon 13 - Phase 37 Prathama <b>Devaloka Day</b>
	Dhanus Rasi: 27.55	Tithi 30 – 1					
	Creative Work	Amrita Yoga					

Until 2:47AM Thu  
Then Creative Work - Siddha Yoga

<b>1</b>	<b>Thursday, January 14, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Bava/Kaulava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya Sun 14 Sutra 277
	Makara Rasi: 11.44	Tithi 1 – 2	<b>Gulika</b> 9:40AM – 11:12AM	<b>Shravana Until 2:32AM Fri</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:37AM	Sarvari 5122
			Yama 6:37AM – 8:09AM	Vajra* Until 7:32PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:48PM	Moon 13 - Phase 38
	895374466	<b>Rahu</b> 2:14PM – 3:46PM		Kaulava Until 5:34AM Fri	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga	<b>Thai Pongal</b>		Moon – Purple		<b>Devaloka Day</b>	

<b>2</b>	<b>Friday, January 15, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau				Nairobi, Kenya Sun 15 Sutra 278
	Makara Rasi: 25.15	Tithi 3	<b>Gulika</b> 8:09AM – 9:41AM	<b>Dhanishtha Until 2:46AM Sat</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM	Sarvari 5122
			Yama 3:46PM – 5:17PM	Siddhi Until 5:50PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 13 - Phase 38
	895374466	<b>Rahu</b> 11:12AM – 12:43PM		Taitila Until 5:21PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga	<b>Tritiya Until 5:16AM Sat</b>		Moon – Purple		<b>Devaloka Day</b>	
Until 2:46AM Sat	Then Creative Work - Amrita Yoga			<b>Pausha-Thai</b>			

<b>3</b>	<b>Saturday, January 16, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthiyam Titau				Nairobi, Kenya Sun 16 Sutra 279
	Kumbha Rasi: 8.25	Tithi 4	<b>Gulika</b> 6:38AM – 8:10AM	<b>Shatabhishak Until 3:30AM Sun</b>	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM	Sarvari 5122
			Yama 2:15PM – 3:46PM	Vyatipata* Until 4:41PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 13 - Phase 38
	895374466	<b>Rahu</b> 9:41AM – 11:12AM		Vanija Until 5:24PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Amrita Yoga	<b>Chaturthi* Until 5:40AM Sun</b>		Moon – Purple		<b>Devaloka Day</b>	
Until 3:30AM Sun	Then Creative Work - Siddha Yoga			<b>Pausha-Thai</b>			

<b>4</b>	<b>Sunday, January 17, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Bava Karana Panchamyam Titau				Nairobi, Kenya Sun 17 Sutra 280
	Kumbha Rasi: 21.14	Tithi 5	<b>Gulika</b> 3:47PM – 5:18PM	<b>Purvaproshtapada* Until 5:13AM Mon</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:39AM	Sarvari 5122
			Yama 12:44PM – 2:15PM	Variyan Until 4:02PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:49PM	Moon 13 - Phase 38
	816374466	<b>Rahu</b> 5:18PM – 6:49PM		Bava Until 6:09PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga	<b>Panchami Until 6:46AM Mon</b>		Moon – Clear		<b>Bhuloka Day</b>	
				<b>Pausha-Thai</b>		Devaloka Time: 3:PM to 6:PM	

<b>5</b>	<b>Monday, January 18, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Nairobi, Kenya Sun 18 Sutra 281
	Meena Rasi: 3.43	Tithi 5 – 6	<b>Gulika</b> 2:16PM – 3:47PM	<b>Uttaraproshtapada Until 7:24AM Tue</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:39AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 11:13AM – 12:44PM	Parigha* Until 3:56PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 13 - Phase 38
	816374466	<b>Rahu</b> 8:10AM – 9:42AM		Kaulava Until 7:35PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Siddha Yoga	<b>Panchami Until 6:46AM</b>		Moon – Clear		<b>Bhuloka Day</b>	
				<b>Pausha-Thai</b>		Devaloka Time: 3:PM to 6:PM	

<b>6</b>	<b>Tuesday, January 19, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Nairobi, Kenya Sun 19 Sutra 282
	Meena Rasi: 15.57	Tithi 6 – 7	<b>Gulika</b> 12:45PM – 2:16PM	<b>Uttaraproshtapada Until 7:24AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:39AM	Sarvari 5122
			Yama 9:42AM – 11:13AM	Shiva Until 4:17PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 13 - Phase 38
	816374466	<b>Rahu</b> 3:47PM – 5:19PM		Gara Until 9:35PM	<b>Nataraja:</b> Orange		3rd Phase
Creative Work	Amrita Yoga	<b>Shashthi* Until 8:30AM</b>		Moon – Clear		<b>Bhuloka Day</b>	
Until 7:24AM	Then Creative Work - Siddha Yoga			<b>Pausha-Thai</b>		Devaloka Time: 3:PM to 6:PM	

<b>☾</b>	<b>Wednesday, January 20, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Nairobi, Kenya Sun 20 Sutra 283
	<b>Retreat Star</b>		<b>Gulika</b> 11:14AM – 12:45PM	<b>Revati Until 9:55AM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:40AM	Sarvari 5122
	Meena Rasi: 27.58	Tithi 7 – 8	Yama 8:11AM – 9:42AM	Siddha Until 4:57PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:50PM	Moon 13 - Phase 38
	816374466	<b>Rahu</b> 12:45PM – 2:16PM		Visti Until 12:01AM Thu	<b>Nataraja:</b> Orange		Ashtami
Routine Work	Marana Yoga	<b>Saptami Until 10:45AM</b>		Moon – Clear		<b>Bhuloka Day</b>	
				<b>Pausha-Thai</b>		Devaloka Time: 3:PM to 6:PM	

<b>☽</b>	<b>Thursday, January 21, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya Sun 21 Sutra 284
	<b>Retreat Star</b>		<b>Gulika</b> 9:43AM – 11:14AM	<b>Ashvini Until 1:03PM</b>	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:40AM	Sarvari 5122
	Mesha Rasi: 9.5	Tithi 8 – 9	Yama 6:40AM – 8:11AM	Sadhya Until 5:50PM	<b>Muruqa:</b> Clear	<i>Sunset:</i> 6:51PM	Moon 13 - Phase 38
	826374466	<b>Rahu</b> 2:17PM – 3:48PM		Balava Until 2:39AM Fri	<b>Nataraja:</b> Orange		Navami
Creative Work	Amrita Yoga	<b>Ashtami* Until 1:18PM</b>		Moon – White		<b>Devaloka Day</b>	
Until 1:03PM	Then Creative Work - Siddha Yoga			<b>Pausha-Thai</b>			

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

<b>1</b>	<b>Friday, January 22, 2021</b>	Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani/Krittika Nakshatra Subha Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau	Nairobi, Kenya Sun 22 Sutra 285
	Mesha Rasi: 21.4    Tithi 9 – 10	<b>Gulika</b> 8:12AM – 9:43AM <b>Yama</b> 3:48PM – 5:19PM <b>Rahu</b> 11:14AM – 12:46PM	<b>Bharani Until 4:07PM</b> Subha Until 6:45PM Tailila Until 5:14AM Sat <b>Navami* Until 3:57PM</b>
	826374466	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:40AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Orange Moon – White	Sarvari 5122 Moon 13 - Phase 39 4th Phase
	Creative Work    Siddha Yoga		<b>Devaloka Day</b> Pausha-Thai


<b>2</b>	<b>Saturday, January 23, 2021</b>	Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Sukla Yoga Gara Karana Dashamyam Titau	Nairobi, Kenya Sun 23 Sutra 286
	Vrishabha Rasi: 3.32    Tithi 10	<b>Gulika</b> 6:41AM – 8:12AM <b>Yama</b> 2:17PM – 3:48PM <b>Rahu</b> 9:43AM – 11:14AM	<b>Krittika Until 6:50PM</b> Sukla Until 7:30PM Gara Until 6:25PM <b>Dashami Until 6:25PM</b>
	826374466	<b>Ganesha:</b> Yellow <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Orange Moon – White	Sarvari 5122 Moon 13 - Phase 39 4th Phase
	Creative Work    Amrita Yoga		<b>Devaloka Day</b> Pausha-Thai

<b>3</b>	<b>Sunday, January 24, 2021</b>	Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma Yoga Vanija/Visti* Karana Ekadashyam Titau	Nairobi, Kenya Sun 24 Sutra 287
	Vrishabha Rasi: 15.3    Tithi 11	<b>Gulika</b> 3:49PM – 5:20PM <b>Yama</b> 12:46PM – 2:17PM <b>Rahu</b> 5:20PM – 6:51PM	<b>Rohini Until 9:29PM</b> Brahma Until 7:56PM Vanija Until 7:31AM <b>Ekadashi Until 8:28PM</b>
	937374466	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Orange Moon – Yellow	Sarvari 5122 Moon 13 - Phase 39 4th Phase
	Creative Work    Siddha Yoga		<b>Sivaloka Day</b> Pausha-Thai

<b>4</b>	<b>Monday, January 25, 2021</b>	Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau	Nairobi, Kenya Sun 25 Sutra 288
	Vrishabha Rasi: 27.4    Tithi 12	<b>Gulika</b> 2:18PM – 3:49PM <b>Yama</b> 11:15AM – 12:46PM <b>Rahu</b> 8:12AM – 9:44AM	<b>Mrigashira Until 11:25PM</b> Indra Until 7:58PM Bava Until 9:18AM <b>Dvadashi Until 9:56PM</b>
	937374466	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:51PM <b>Nataraja:</b> Orange Moon – Yellow	Sarvari 5122 Moon 13 - Phase 39 4th Phase
	Family Home Evening Creative Work    Amrita Yoga Until 11:25PM Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b> Pausha-Thai

<b>5</b>	<b>Tuesday, January 26, 2021</b>	Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Kaulava/Tailila Karana Trayodashyam Titau	Nairobi, Kenya Sun 26 Sutra 289
	Mithuna Rasi: 10.05    Tithi 13	<b>Gulika</b> 12:46PM – 2:18PM <b>Yama</b> 9:44AM – 11:15AM <b>Rahu</b> 3:49PM – 5:20PM	<b>Ardra Until 12:33AM Wed</b> Vaidhriti* Until 7:27PM Kaulava Until 10:26AM <b>Trayodashi Until 10:43PM</b>
	937374466	<b>Ganesha:</b> White <i>Sunrise:</i> 6:41AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Orange Moon – Yellow	Sarvari 5122 Moon 13 - Phase 39 4th Phase
	Routine Work    Marana Yoga Until 12:33AM Wed Then Creative Work - Siddha Yoga		<b>Sivaloka Day</b> Pausha-Thai <i>Pradosha Vrata</i>

<b>6</b>	<b>Wednesday, January 27, 2021</b>	Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau	Nairobi, Kenya Sun 27 Sutra 290
	Mithuna Rasi: 22.5    Tithi 14	<b>Gulika</b> 11:15AM – 12:47PM <b>Yama</b> 8:13AM – 9:44AM <b>Rahu</b> 12:47PM – 2:18PM	<b>Punarvasu Until 1:19AM Thu</b> Vishkambha* Until 6:25PM Gara Until 10:52AM <b>Chaturdashi* Until 10:49PM</b>
	947374466	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:42AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Orange Moon – Blue	Sarvari 5122 Moon 13 - Phase 39 4th Phase
	Creative Work    Siddha Yoga Until 1:19AM Thu Then Creative Work - Amrita Yoga		<b>Devaloka Day</b> Pausha-Thai

	<b>Thursday, January 28, 2021</b>	Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau	Nairobi, Kenya Sutra 291
	Kataka Rasi: 5.53    Tithi 15	<b>Gulika</b> 9:44AM – 11:16AM <b>Yama</b> 6:42AM – 8:13AM <b>Rahu</b> 2:18PM – 3:49PM	<b>Pushya Until 1:19AM Fri</b> Priti Until 4:54PM Visti Until 10:38AM <b>Purnima* Until 10:16PM</b>
	947374466	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:42AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Orange Moon – Blue	Sarvari 5122 Moon 13 - Phase 39 Purnima
	Creative Work    Amrita Yoga Until 1:19AM Fri Then Routine Work - Marana Yoga	<b>Thai Pusam</b>	<b>Devaloka Day</b> Pausha-Thai

<b>7</b>	<b>Friday, January 29, 2021</b>	Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau	Nairobi, Kenya Sutra 292
	Kataka Rasi: 19.17    Tithi 16	<b>Gulika</b> 8:13AM – 9:45AM <b>Yama</b> 3:50PM – 5:21PM <b>Rahu</b> 11:16AM – 12:47PM	<b>Ashlesha* Until 12:40AM Sat</b> Ayushman Until 2:54PM Balava Until 9:48AM <b>Prathama* Until 9:11PM</b>
	947374466	<b>Ganesha:</b> Clear <i>Sunrise:</i> 6:42AM <b>Muruqa:</b> Clear <i>Sunset:</i> 6:52PM <b>Nataraja:</b> Orange Moon – Blue	Sarvari 5122 Moon 13 - Phase 39 Prathama
	Routine Work    Marana Yoga Until 12:40AM Sat Then Creative Work - Amrita Yoga		<b>Devaloka Day</b> Pausha-Thai

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda



Saturday, January 30, 2021

Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Nairobi, Kenya

Sun 1 Sutra 293

Simha Rasi: 2.58 Tithi 17

958374466

**Gulika** 6:42AM – 8:13AM  
Yama 2:19PM – 3:50PM  
**Rahu** 9:45AM – 11:16AM

**Magha\* Until 11:55PM**  
Saubhagya Until 12:34PM  
Taitila Until 8:30AM  
**Dvitiya Until 7:41PM**

**Ganesha:** Clear *Sunrise: 6:42AM*  
**Muruqa:** Clear *Sunset: 6:52PM*  
**Nataraja:** Orange  
Moon – Red  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Amrita Yoga

Until 11:55PM

Then Creative Work - Siddha Yoga

1

Sunday, January 31, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Vanija/Bava Karana Tritiya/Chaturthyam Titau

Nairobi, Kenya

Sun 2 Sutra 294

Simha Rasi: 16.52 Tithi 18 – 19

958374466

**Gulika** 3:50PM – 5:21PM  
Yama 12:47PM – 2:19PM  
**Rahu** 5:21PM – 6:52PM

**Purvaphalguni Until 10:44PM**  
Sobhana Until 9:59AM  
Vanija Until 6:49AM  
**Tritiya Until 5:52PM**

**Ganesha:** Clear *Sunrise: 6:42AM*  
**Muruqa:** Clear *Sunset: 6:52PM*  
**Nataraja:** Orange  
Moon – Red  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

Until 10:44PM

Then Creative Work - Amrita Yoga

2

Monday, February 1, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 295

Kanya Rasi: 0.55 Tithi 19 – 20

958374466

**Gulika** 2:19PM – 3:50PM  
Yama 11:16AM – 12:47PM  
**Rahu** 8:14AM – 9:45AM

**Uttaraphalguni Until 9:16PM**  
Athiganda\* Until 7:11AM  
Kaulava Until 2:52AM Tue  
**Chaturthi\* Until 3:53PM**

**Ganesha:** Clear *Sunrise: 6:42AM*  
**Muruqa:** Clear *Sunset: 6:52PM*  
**Nataraja:** Orange  
Moon – Red  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

Family Home Evening

3

Tuesday, February 2, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Nairobi, Kenya

Sun 4 Sutra 296

Kanya Rasi: 15.03 Tithi 20 – 21

968374466

**Gulika** 12:48PM – 2:19PM  
Yama 9:45AM – 11:16AM  
**Rahu** 3:50PM – 5:21PM

**Hasta Until 8:01PM**  
Dhriti Until 1:25AM Wed  
Gara Until 12:47AM Wed  
**Panchami Until 1:49PM**

**Ganesha:** White *Sunrise: 6:43AM*  
**Muruqa:** Clear *Sunset: 6:53PM*  
**Nataraja:** Orange  
Moon – Green  
**Pausha\*Thai**

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4

Wednesday, February 3, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra Nakshatra Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Nairobi, Kenya

Sun 5 Sutra 297

Kanya Rasi: 29.13 Tithi 21 – 22

968474467

**Gulika** 11:16AM – 12:48PM  
Yama 8:14AM – 9:45AM  
**Rahu** 12:48PM – 2:19PM

**Chitra Until 6:38PM**  
Shula\* Until 10:30PM  
Visti Until 10:43PM  
**Shashthi\* Until 11:43AM**

**Ganesha:** Clear *Sunrise: 6:43AM*  
**Muruqa:** Clear *Sunset: 6:53PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Siddha Yoga

D

Thursday, February 4, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 298

Tula Rasi: 13.21 Tithi 22 – 23

968474467

**Gulika** 9:45AM – 11:17AM  
Yama 6:43AM – 8:14AM  
**Rahu** 2:19PM – 3:50PM

**Svati Until 5:09PM**  
Ganda\* Until 7:39PM  
Balava Until 8:42PM  
**Saptami Until 9:41AM**

**Ganesha:** Clear *Sunrise: 6:43AM*  
**Muruqa:** Clear *Sunset: 6:53PM*  
**Nataraja:** Clear  
Moon – Green  
**Pausha\*Thai**

**Devaloka Day**

Creative Work Amrita Yoga

Until 5:09PM

Then Creative Work - Siddha Yoga

Friday, February 5, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 299

Tula Rasi: 27.26 Tithi 23 – 24

978474467

**Gulika** 8:14AM – 9:45AM  
Yama 3:50PM – 5:22PM  
**Rahu** 11:17AM – 12:48PM

**Vishakha Until 4:02PM**  
Vriddhi Until 4:53PM  
Taitila Until 6:46PM  
**Ashtami\* Until 7:42AM**

**Ganesha:** White *Sunrise: 6:43AM*  
**Muruqa:** Clear *Sunset: 6:53PM*  
**Nataraja:** Clear  
Moon – Orange  
**Pausha\*Thai**

**Sivaloka Day**

Creative Work Siddha Yoga

1	<b>Saturday, February 6, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Visli* Karana Dashamyam Titau				Nairobi, Kenya Sun 8 Sutra 300
	Vrischika Rasi: 11.29	Tithi 25	979484467	Gulika 6:43AM – 8:14AM Yama 2:19PM – 3:50PM Rahu 9:46AM – 11:17AM	Anuradha Until 2:52PM Dhruva Until 2:10PM Vanija Until 4:56PM Dashami Until 4:02AM Sun	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:43AM Sunset: 6:53PM Moon 1 - Phase 41 2nd Phase Sivaloka Day
	Creative Work Siddha Yoga						

2	<b>Sunday, February 7, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau				Nairobi, Kenya Sun 9 Sutra 301
	Vrischika Rasi: 25.27	Tithi 26	979484467	Gulika 3:50PM – 5:22PM Yama 12:48PM – 2:19PM Rahu 5:22PM – 6:53PM	Jyeshtha* Until 1:40PM Vyaghata* Until 11:33AM Bava Until 3:13PM Ekadashi* Until 2:23AM Mon	Ganesha: Yellow Muruqa: White Nataraja: Clear Moon – Orange Pausha*Thai	Sunrise: 6:43AM Sunset: 6:53PM Moon 1 - Phase 41 2nd Phase Sivaloka Day
	Routine Work Marana Yoga Until 1:40PM Then Creative Work - Amrita Yoga						

3	<b>Monday, February 8, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashtyam Titau				Nairobi, Kenya Sun 10 Sutra 302
	Dhanus Rasi: 9.21	Tithi 27	989484467	Gulika 2:19PM – 3:51PM Yama 11:17AM – 12:48PM Rahu 8:15AM – 9:46AM	Mula* Until 12:54PM Harshana Until 9:04AM Kaulava Until 1:38PM Dvadashti* Until 12:54AM Tue	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:43AM Sunset: 6:53PM Moon 1 - Phase 41 2nd Phase Devaloka Day
	Family Home Evening Creative Work Siddha Yoga Until 12:54PM Then Routine Work - Marana Yoga						

4	<b>Tuesday, February 9, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau				Nairobi, Kenya Sun 11 Sutra 303
	Dhanus Rasi: 23.08	Tithi 28	989484467	Gulika 12:48PM – 2:19PM Yama 9:46AM – 11:17AM Rahu 3:51PM – 5:22PM	Purvashadha* Until 12:10PM Vajra* Until 6:41AM Gara Until 12:15PM Trayodashi* Until 11:38PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:43AM Sunset: 6:53PM Moon 1 - Phase 41 2nd Phase Devaloka Day
	Creative Work Siddha Yoga Until 12:10PM Then Routine Work - Prabararishta Yoga		<i>Pradosha Vrata (Fasting)</i>				

5	<b>Wednesday, February 10, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Nairobi, Kenya Sun 12 Sutra 304
	Makara Rasi: 6.46	Tithi 29	989484467	Gulika 11:17AM – 12:48PM Yama 8:15AM – 9:46AM Rahu 12:48PM – 2:19PM	Uttarashadha Until 11:33AM Vyatipata* Until 2:38AM Thu Visti Until 11:08AM Chaturdashi* Until 10:40PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Light Blue Pausha*Thai	Sunrise: 6:44AM Sunset: 6:53PM Moon 1 - Phase 41 2nd Phase Devaloka Day
	Creative Work Amrita Yoga Until 11:33AM Then Creative Work - Siddha Yoga						

●	<b>Thursday, February 11, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Nairobi, Kenya Sun 13 Sutra 305
	<b>Retreat Star</b>						
	Makara Rasi: 20.13	Tithi 30	999484467	Gulika 9:46AM – 11:17AM Yama 6:44AM – 8:15AM Rahu 2:19PM – 3:51PM	Shravana Until 11:35AM Variyan Until 1:01AM Fri Catuspada Until 10:21AM Amavasya* Until 10:06PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Purple Pausha*Thai	Sunrise: 6:44AM Sunset: 6:53PM Moon 1 - Phase 41 Amavasya Devaloka Day
	Creative Work Siddha Yoga						

●	<b>Friday, February 12, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau				Nairobi, Kenya Sun 14 Sutra 306
	<b>Retreat Star</b>						
	Kumbha Rasi: 3.27	Tithi 1	999484467	Gulika 8:15AM – 9:46AM Yama 3:51PM – 5:22PM Rahu 11:17AM – 12:48PM	Dhanishtha Until 11:52AM Parigha* Until 11:48PM Kintughna Until 10:00AM Prathama* Until 10:00PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Purple Magha*Masi	Sunrise: 6:44AM Sunset: 6:53PM Moon 1 - Phase 41 Prathama Devaloka Day
	Creative Work Siddha Yoga						

<b>1</b>	<b>Saturday, February 13, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Nairobi, Kenya
	Kumbha Rasi: 16.26	Tithi 2	Gulika 6:44AM – 8:15AM	<b>Shatabhishak Until 12:31PM</b>	Ganesha: Blue	Sunrise: 6:44AM	Sun 15 Sutra 307
	999484467	Rahu 9:46AM – 11:17AM	Yama 2:19PM – 3:51PM	Shiva Until 11:02PM	Muruqa: White	Sunset: 6:53PM	Sarvari 5122
Creative Work Amrita Yoga			Balava Until 10:11AM	Nataraja: Clear		Moon 1 - Phase 42	
Until 12:31PM			<b>Dvitiya Until 10:27PM</b>	Moon – Purple		3rd Phase	
Then Routine Work - Marana Yoga				<b>Magha-Masi</b>		<b>Devaloka Day</b>	

<b>2</b>	<b>Sunday, February 14, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau				Nairobi, Kenya
	Kumbha Rasi: 29.08	Tithi 3	Gulika 3:51PM – 5:22PM	<b>Purvaproshtapada* Until 2:02PM</b>	Ganesha: Red	Sunrise: 6:44AM	Sun 16 Sutra 308
	911484467	Rahu 5:22PM – 6:53PM	Yama 12:48PM – 2:19PM	Siddha Until 10:40PM	Muruqa: White	Sunset: 6:53PM	Sarvari 5122
Creative Work Siddha Yoga			Taitila Until 10:55AM	Nataraja: Clear		Moon 1 - Phase 42	
Until 2:02PM			<b>Tritiya Until 11:30PM</b>	Moon – Clear		3rd Phase	
Then Creative Work - Amrita Yoga				<b>Magha-Masi</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Monday, February 15, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Vanija/Visti* Karana Chaturthyam Titau				Nairobi, Kenya
	Meena Rasi: 11.34	Tithi 4	Gulika 2:19PM – 3:51PM	<b>Uttaraproshtapada Until 3:58PM</b>	Ganesha: Red	Sunrise: 6:44AM	Sun 17 Sutra 309
	911484467	Rahu 8:15AM – 9:46AM	Yama 11:17AM – 12:48PM	Sadhya Until 10:47PM	Muruqa: White	Sunset: 6:53PM	Sarvari 5122
Family Home Evening			Vanija Until 12:15PM	Nataraja: Clear		Moon 1 - Phase 42	
Creative Work Siddha Yoga			<b>Chaturthi* Until 1:07AM Tue</b>	Moon – Clear		3rd Phase	
				<b>Magha-Masi</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Tuesday, February 16, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya
	Meena Rasi: 23.46	Tithi 5	Gulika 12:48PM – 2:19PM	<b>Revati Until 6:15PM</b>	Ganesha: Red	Sunrise: 6:44AM	Sun 18 Sutra 310
	911484467	Rahu 3:50PM – 5:22PM	Yama 9:46AM – 11:17AM	Subha Until 11:17PM	Muruqa: White	Sunset: 6:53PM	Sarvari 5122
Creative Work Siddha Yoga			Bava Until 2:09PM	Nataraja: Clear		Moon 1 - Phase 42	
			<b>Panchami Until 3:15AM Wed</b>	Moon – Clear		3rd Phase	
				<b>Magha-Masi</b>		<b>Sivaloka Day</b>	
<b>Subramuniyaswami Siva Vision Day</b>							

<b>5</b>	<b>Wednesday, February 17, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya
	Mesha Rasi: 5.46	Tithi 6	Gulika 11:17AM – 12:48PM	<b>Ashvini Until 9:16PM</b>	Ganesha: Blue	Sunrise: 6:44AM	Sun 19 Sutra 311
	921484467	Rahu 12:48PM – 2:19PM	Yama 8:15AM – 9:46AM	Sukla Until 12:04AM Thu	Muruqa: White	Sunset: 6:53PM	Sarvari 5122
Routine Work Marana Yoga			Kaulava Until 4:30PM	Nataraja: Clear		Moon 1 - Phase 42	
Until 9:16PM			<b>Shashthi* Until 5:45AM Thu</b>	Moon – White		3rd Phase	
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>		<b>Devaloka Day</b>	

<b>6</b>	<b>Thursday, February 18, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Brahma Yoga Gara Karana Saptamyam Titau				Nairobi, Kenya
	Mesha Rasi: 17.38	Tithi 7	Gulika 9:46AM – 11:17AM	<b>Bharani Until 12:20AM Fri</b>	Ganesha: Blue	Sunrise: 6:44AM	Sun 20 Sutra 312
	921484467	Rahu 2:19PM – 3:50PM	Yama 6:44AM – 8:15AM	Brahma Until 1:02AM Fri	Muruqa: White	Sunset: 6:53PM	Sarvari 5122
Creative Work Siddha Yoga			Gara Until 7:07PM	Nataraja: Clear		Moon 1 - Phase 42	
			<b>Saptami Until 8:26AM Fri</b>	Moon – White		3rd Phase	
				<b>Magha-Masi</b>		<b>Devaloka Day</b>	

<b>D</b>	<b>Friday, February 19, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Indra Yoga Vanija/Visti* Karana Saplam/Ashtamyam Titau				Nairobi, Kenya
	<b>Retreat Star</b>		Gulika 8:15AM – 9:46AM	<b>Krittika Until 3:14AM Sat</b>	Ganesha: Blue	Sunrise: 6:44AM	Sun 21 Sutra 313
	Mesha Rasi: 29.26	Tithi 7 – 8	Yama 3:50PM – 5:21PM	Indra Until 1:59AM Sat	Muruqa: White	Sunset: 6:52PM	Sarvari 5122
Creative Work Siddha Yoga			Visti Until 9:46PM	Nataraja: Clear		Moon 1 - Phase 42	
Until 3:14AM Sat			<b>Saptami Until 8:26AM</b>	Moon – White		Ashtami	
Then Creative Work - Amrita Yoga				<b>Magha-Masi</b>		<b>Devaloka Day</b>	

<b>D</b>	<b>Saturday, February 20, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya
	<b>Retreat Star</b>		Gulika 6:44AM – 8:15AM	<b>Rohini Until 6:11AM Sun</b>	Ganesha: Yellow	Sunrise: 6:44AM	Sun 22 Sutra 314
	Vrishabha Rasi: 11.16	Tithi 8 – 9	Yama 2:19PM – 3:50PM	Vaidhriti* Until 2:42AM Sun	Muruqa: White	Sunset: 6:52PM	Sarvari 5122
Creative Work Amrita Yoga			Balava Until 12:11AM Sun	Nataraja: Clear		Moon 1 - Phase 42	
Until 6:11AM Sun			<b>Ashtami* Until 11:00AM</b>	Moon – Yellow		Navami	
Then Creative Work - Siddha Yoga				<b>Magha-Masi</b>		<b>Sivaloka Day</b>	

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

<b>1</b>	<b>Sunday, February 21, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Nairobi, Kenya Sun 23 Sutra 315
	Wishabha Rasi: 23.14	Tithi 9 – 10	<b>Gulika</b> 3:50PM – 5:21PM	<b>Rohini</b> Until 6:11AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:44AM	Sarvari 5122
			Yama 12:48PM – 2:19PM	Vishkambha* Until 3:03AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:52PM	Moon 1 - Phase 43
	Creative Work	Siddha Yoga	931484467 <b>Rahu</b> 5:21PM – 6:52PM	Taitila Until 2:06AM Mon	<b>Nataraja:</b> Clear		4th Phase
			<b>Navami*</b> Until 1:12PM	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>	<b>Monday, February 22, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 24 Sutra 316
	Mithuna Rasi: 5.23	Tithi 10 – 11	<b>Gulika</b> 2:19PM – 3:50PM	<b>Mrigashira</b> Until 8:27AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:43AM	Sarvari 5122
	<b>Family Home Evening</b>		Yama 11:17AM – 12:48PM	Priti Until 2:53AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:52PM	Moon 1 - Phase 43
	Creative Work	Amrita Yoga	931484467 <b>Rahu</b> 8:15AM – 9:46AM	Vanija Until 3:19AM Tue	<b>Nataraja:</b> Clear		4th Phase
			<b>Dashami</b> Until 2:47PM	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>3</b>	<b>Tuesday, February 23, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 25 Sutra 317
	Mithuna Rasi: 17.52	Tithi 11 – 12	<b>Gulika</b> 12:48PM – 2:19PM	<b>Ardra</b> Until 9:52AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:43AM	Sarvari 5122
			Yama 9:46AM – 11:17AM	Ayushman Until 2:04AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:52PM	Moon 1 - Phase 43
	Routine Work	Marana Yoga	931484467 <b>Rahu</b> 3:50PM – 5:21PM	Bava Until 3:44AM Wed	<b>Nataraja:</b> Clear		4th Phase
			<b>Ekadashi</b> Until 3:37PM	Moon – Yellow		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

<b>4</b>	<b>Wednesday, February 24, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 26 Sutra 318
	Kataka Rasi: 0.43	Tithi 12 – 13	<b>Gulika</b> 11:16AM – 12:47PM	<b>Punarvasu</b> Until 10:48AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:43AM	Sarvari 5122
			Yama 8:14AM – 9:45AM	Saubhagya Until 12:38AM Thu	<b>Muruqa:</b> White	<i>Sunset:</i> 6:52PM	Moon 1 - Phase 43
	Creative Work	Siddha Yoga	942484467 <b>Rahu</b> 12:47PM – 2:19PM	Kaulava Until 3:20AM Thu	<b>Nataraja:</b> Clear		4th Phase
			<b>Dvadashi</b> Until 3:37PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

*Pradosha Vrata*

<b>5</b>	<b>Thursday, February 25, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 27 Sutra 319
	Kataka Rasi: 13.58	Tithi 13 – 14	<b>Gulika</b> 9:45AM – 11:16AM	<b>Pushya</b> Until 10:47AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:43AM	Sarvari 5122
			Yama 6:43AM – 8:14AM	Sobhana Until 10:37PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 1 - Phase 43
	Creative Work	Amrita Yoga	942484467 <b>Rahu</b> 2:18PM – 3:49PM	Gara Until 2:11AM Fri	<b>Nataraja:</b> Clear		4th Phase
			<b>Trayodashi</b> Until 2:50PM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Magha-Masi</b>			

	<b>Friday, February 26, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Nairobi, Kenya Sutra 320
	<b>Copper Retreat Star</b>		<b>Gulika</b> 8:14AM – 9:45AM	<b>Ashlesha*</b> Until 9:56AM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:43AM	Sarvari 5122
	Kataka Rasi: 27.38	Tithi 14 – 15	Yama 3:49PM – 5:20PM	Athiganda* Until 8:03PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 1 - Phase 43
	Routine Work	Marana Yoga	942484467 <b>Rahu</b> 11:16AM – 12:47PM	Visti Until 12:23AM Sat	<b>Nataraja:</b> Clear		Purnima
			<b>Chaturdashi*</b> Until 1:20PM	Moon – Blue		<b>Sivaloka Day</b>	
			<b>Chidambaram Abhishekam</b>	<b>Magha-Masi</b>			

<b>6</b>	<b>Saturday, February 27, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Nairobi, Kenya Sutra 321
	<b>Silver Retreat Star</b>		<b>Gulika</b> 6:43AM – 8:14AM	<b>Magha*</b> Until 8:47AM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:43AM	Sarvari 5122
	Simha Rasi: 11.4	Tithi 15 – 16	Yama 2:18PM – 3:49PM	Sukarma Until 5:05PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:51PM	Moon 1 - Phase 43
	Creative Work	Amrita Yoga	952484467 <b>Rahu</b> 9:45AM – 11:16AM	Balava Until 10:06PM	<b>Nataraja:</b> Clear		Prathama
			<b>Purnima*</b> Until 11:17AM	Moon – Red		<b>Subha Sivaloka Day</b>	
				<b>Magha-Masi</b>			

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda

All times are standard time

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Sunday, February 28, 2021

Gold Retreat Star

Simha Rasi: 26.01 Tithi 16 - 17

962584467

Gulika  
Yama  
Rahu3:49PM - 5:20PM  
12:47PM - 2:18PM  
5:20PM - 6:51PM

Purvaphalguni Until 7:04AM

Dhriti Until 1:50PM  
Taitila Until 7:30PM

Prathama\* Until 8:49AM

Ganesha: Clear  
Muruga: White  
Nataraja: Clear  
Moon - RedSunrise: 6:43AM  
Sunset: 6:51PM

Sivaloka Day

Creative Work Siddha Yoga

Until 7:04AM

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Utaraphalguni Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Prathama/Dvilyayam TitauNairobi, Kenya  
Sutra 322Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

1

Monday, March 1, 2021

Kanya Rasi: 10.32 Tithi 17 - 18

962584467

Gulika  
Yama  
Rahu2:17PM - 3:48PM  
11:16AM - 12:47PM  
8:14AM - 9:45AM

Hasta Until 3:01AM Tue

Shula\* Until 10:23AM  
Visti Until 3:17AM Tue

Dvitiya Until 6:06AM

Ganesha: Purple  
Muruga: White  
Nataraja: Clear  
Moon - GreenSunrise: 6:43AM  
Sunset: 6:50PM

Devaloka Day

Family Home Evening

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Gara/Visti\* Karana Dvitiya/Trityayam TitauNairobi, Kenya  
Sun 1 Sutra 323Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

2

Tuesday, March 2, 2021

Kanya Rasi: 25.08 Tithi 19

962584467

Gulika  
Yama  
Rahu12:46PM - 2:17PM  
9:44AM - 11:15AM  
3:48PM - 5:19PM

Chitra Until 12:59AM Wed

Ganda\* Until 6:54AM  
Bava Until 1:54PM

Chaturthi\* Until 12:30AM Wed

Ganesha: Purple  
Muruga: White  
Nataraja: Clear  
Moon - GreenSunrise: 6:42AM  
Sunset: 6:50PM

Devaloka Day

Creative Work Siddha Yoga

Maha Sankatahara Chaturthi

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Ganda\*/Vridhi Yoga Bava/Balava Karana Chaturthyam TitauNairobi, Kenya  
Sun 2 Sutra 324Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

3

Wednesday, March 3, 2021

Tula Rasi: 9.41 Tithi 20

962584467

Gulika  
Yama  
Rahu11:15AM - 12:46PM  
8:13AM - 9:44AM  
12:46PM - 2:17PM

Svati Until 10:57PM

Dhruva Until 12:09AM Thu  
Kaulava Until 11:11AM

Panchami Until 9:53PM

Ganesha: Purple  
Muruga: White  
Nataraja: Clear  
Moon - GreenSunrise: 6:42AM  
Sunset: 6:50PM

Devaloka Day

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchamyam TitauNairobi, Kenya  
Sun 3 Sutra 325Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

4

Thursday, March 4, 2021

Tula Rasi: 24.07 Tithi 21

972584467

Gulika  
Yama  
Rahu9:44AM - 11:15AM  
6:42AM - 8:13AM  
2:17PM - 3:48PM

Vishakha Until 9:27PM

Vyaghata\* Until 9:03PM  
Gara Until 8:41AM

Shashthi\* Until 7:30PM

Ganesha: Clear  
Muruga: White  
Nataraja: Clear  
Moon - OrangeSunrise: 6:42AM  
Sunset: 6:50PM

Sivaloka Day

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Shashthyam TitauNairobi, Kenya  
Sun 4 Sutra 326Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

5

Friday, March 5, 2021

Vrischika Rasi: 8.22 Tithi 22 - 23

172584467

Gulika  
Yama  
Rahu8:13AM - 9:44AM  
3:48PM - 5:19PM  
11:15AM - 12:46PM

Anuradha Until 8:08PM

Harshana Until 6:14PM  
Visti Until 6:27AM

Saptami Until 5:26PM

Ganesha: Yellow  
Muruga: White  
Nataraja: Clear  
Moon - OrangeSunrise: 6:42AM  
Sunset: 6:49PM

Sivaloka Day

Creative Work Siddha Yoga

Until 8:08PM

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha Nakshatra Harshana Yoga Visti\*/Balava Karana Saptami/Ashtamyam TitauNairobi, Kenya  
Sun 5 Sutra 327Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

D

Saturday, March 6, 2021

Retreat Star

Vrischika Rasi: 22.23 Tithi 23 - 24

172584467

Gulika  
Yama  
Rahu6:42AM - 8:13AM  
2:16PM - 3:47PM  
9:44AM - 11:15AM

Jyeshtha\* Until 7:00PM

Vajra\* Until 3:39PM  
Taitila Until 3:00AM Sun

Ashtami\* Until 3:43PM

Ganesha: Yellow  
Muruga: White  
Nataraja: Clear  
Moon - OrangeSunrise: 6:42AM  
Sunset: 6:49PM

Sivaloka Day

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam TitauNairobi, Kenya  
Sun 6 Sutra 328Sarvari 5122  
Moon 2 - Phase 44  
Ashtami

Sunday, March 7, 2021

Retreat Star

Dhanus Rasi: 6.12 Tithi 24 - 25

182584467

Gulika  
Yama  
Rahu3:47PM - 5:18PM  
12:45PM - 2:16PM  
5:18PM - 6:49PM

Mula\* Until 6:31PM

Siddhi Until 1:22PM  
Vanija Until 1:48AM Mon

Navami\* Until 2:20PM

Ganesha: Blue  
Muruga: White  
Nataraja: Clear  
Moon - Light BlueSunrise: 6:41AM  
Sunset: 6:49PM

Devaloka Day

Creative Work Amrita Yoga

Until 6:31PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Siddhi/Vyatipata\* Yoga Gara/Vanija Karana Navami/Dashamyam TitauNairobi, Kenya  
Sun 7 Sutra 329Sarvari 5122  
Moon 2 - Phase 44  
Navami

That part of Him which is characterized by tamas is called Rudra. That part of Him which belongs to rajas is Brahma. That part of Him which belongs to sattva is Vishnu. Krishna Yajur Veda

All times are standard time


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<b>1</b>	<b>Monday, March 8, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vyalipata/Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Nairobi, Kenya Sun 8 Sutra 330
	Dhanus Rasi: 19.49	Tithi 25 – 26	<b>Gulika</b> 2:16PM – 3:47PM	<b>Purvashadha* Until 6:12PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:41AM	Sarvari 5122
	<b>Family Home Evening</b>	182584467	Yama 11:14AM – 12:45PM	Vyatipata* Until 11:22AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:49PM	Moon 2 - Phase 45
	Routine Work	Marana Yoga	<b>Rahu</b> 8:12AM – 9:43AM	Bava Until 12:56AM Tue	<b>Nataraja:</b> Clear		2nd Phase
			<b>Dashami Until 1:18PM</b>	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
				<b>Magha-Masi</b>			

<b>2</b>	<b>Tuesday, March 9, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Nairobi, Kenya Sun 9 Sutra 331
	Makara Rasi: 3.13	Tithi 26 – 27	<b>Gulika</b> 12:45PM – 2:16PM	<b>Uttarashadha Until 6:05PM</b>	<b>Ganesha:</b> Blue	<i>Sunrise:</i> 6:41AM	Sarvari 5122
			Yama 9:43AM – 11:14AM	Variyan Until 9:36AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 2 - Phase 45
	Routine Work	Prabalarishta Yoga	182584467	<b>Rahu</b> 3:47PM – 5:17PM	<b>Nataraja:</b> Clear		2nd Phase
			Kaulava Until 12:24AM Wed	<b>Moon – Light Blue</b>		<b>Devaloka Day</b>	
			<b>Ekadashi* Until 12:36PM</b>	<b>Magha-Masi</b>			

<b>3</b>	<b>Wednesday, March 10, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Nairobi, Kenya Sun 10 Sutra 332
	Makara Rasi: 16.27	Tithi 27 – 28	<b>Gulika</b> 11:14AM – 12:44PM	<b>Shravana Until 6:35PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:41AM	Sarvari 5122
			Yama 8:12AM – 9:43AM	Parigha* Until 8:07AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 2 - Phase 45
	Creative Work	Siddha Yoga	193584467	<b>Rahu</b> 12:44PM – 2:15PM	<b>Nataraja:</b> Clear		2nd Phase
			Gara Until 12:12AM Thu	<b>Moon – Purple</b>		<b>Subha Sivaloka Day</b>	
			<b>Dvadashi* Until 12:14PM</b>	<b>Magha-Masi</b>			
				<i>Pradosha Vrata (Fasting)</i>			

<b>4</b>	<b>Thursday, March 11, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Nairobi, Kenya Sun 11 Sutra 333
	Makara Rasi: 29.31	Tithi 28 – 29	<b>Gulika</b> 9:42AM – 11:13AM	<b>Dhanishtha Until 7:17PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:41AM	Sarvari 5122
			Yama 6:41AM – 8:12AM	Shiva Until 6:56AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 2 - Phase 45
	Creative Work	Siddha Yoga	193584467	<b>Rahu</b> 2:15PM – 3:46PM	<b>Nataraja:</b> Clear		2nd Phase
			Visti Until 12:22AM Fri	<b>Moon – Purple</b>		<b>Subha Sivaloka Day</b>	
			<b>Trayodashi* Until 12:13PM</b>	<b>Magha-Masi</b>			
			<b>Mahasivaratri (Lunar)</b>				
			<b>Mahasivaratri (Solar)</b>				

	<b>Friday, March 12, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Nairobi, Kenya Sun 12 Sutra 334
	<b>Retreat Star</b>		<b>Gulika</b> 8:11AM – 9:42AM	<b>Shatabhishak Until 8:12PM</b>	<b>Ganesha:</b> Green	<i>Sunrise:</i> 6:40AM	Sarvari 5122
	Kumbha Rasi: 12.23	Tithi 29 – 30	Yama 3:46PM – 5:17PM	Siddha Until 6:00AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:48PM	Moon 2 - Phase 45
			193584467	<b>Rahu</b> 11:13AM – 12:44PM	<b>Nataraja:</b> Clear		Amavasya
			Catuspada Until 12:57AM Sat	<b>Moon – Purple</b>		<b>Subha Sivaloka Day</b>	
			<b>Chaturdashi* Until 12:35PM</b>	<b>Magha-Masi</b>			

<b>5</b>	<b>Saturday, March 13, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtpada* Nakshatra Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Nairobi, Kenya Sun 13 Sutra 335
	<b>Retreat Star</b>		<b>Gulika</b> 6:40AM – 8:11AM	<b>Purvaproshtpada* Until 9:52PM</b>	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:40AM	Sarvari 5122
	Kumbha Rasi: 25.03	Tithi 30 – 1	Yama 2:15PM – 3:45PM	Subha Until 5:09AM Sun	<b>Muruqa:</b> White	<i>Sunset:</i> 6:47PM	Moon 2 - Phase 45
			113584467	<b>Rahu</b> 9:42AM – 11:13AM	<b>Nataraja:</b> Clear		Prathama
			Kintughna Until 1:57AM Sun	<b>Moon – Clear</b>		<b>Sivaloka Day</b>	
			<b>Amavasya* Until 1:22PM</b>	<b>Phalguna-Masi</b>			

<b>1</b>	<b>Sunday, March 14, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya
	Meena Rasi: 7.32	Tithi 1 – 2	<b>Gulika</b> 3:45PM – 5:16PM	<b>Uttaraproshtapada</b> Until 11:48PM	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:40AM	Sun 14 Sutra 336
			Yama 12:43PM – 2:14PM	Sukla Until 5:14AM Mon	<b>Muruqa:</b> White	<i>Sunset:</i> 6:47PM	Sarvari 5122
	113584467	<b>Rahu</b> 5:16PM – 6:47PM	Balava Until 3:26AM Mon	<b>Nataraja:</b> Clear			Moon 2 - Phase 46 3rd Phase
Creative Work	Amrita Yoga	Karadaiyan Nombu (Tamil Nadu)		Prathama* Until 2:37PM	Phalgun-Panguni	Sivaloka Day	

<b>2</b>	<b>Monday, March 15, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya
	Meena Rasi: 19.48	Tithi 2 – 3	<b>Gulika</b> 2:14PM – 3:45PM	<b>Revati</b> Until 2:02AM Tue	<b>Ganesha:</b> Orange	<i>Sunrise:</i> 6:40AM	Sun 15 Sutra 337
	Family Home Evening		Yama 11:12AM – 12:43PM	Brahma Until 5:41AM Tue	<b>Muruqa:</b> White	<i>Sunset:</i> 6:47PM	Sarvari 5122
	113584468	<b>Rahu</b> 8:11AM – 9:41AM	Taitila Until 5:22AM Tue	<b>Nataraja:</b> Purple			Moon 2 - Phase 46 3rd Phase
Creative Work	Siddha Yoga	Dvitiya Until 4:19PM		Phalgun-Panguni	Subha Sivaloka Day		

<b>3</b>	<b>Tuesday, March 16, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Indra Yoga Gara Karana Tritiyayam Titau				Nairobi, Kenya
	Mesha Rasi: 1.53	Tithi 3	<b>Gulika</b> 12:43PM – 2:14PM	<b>Ashvini</b> Until 4:58AM Wed	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	Sun 16 Sutra 338
			Yama 9:41AM – 11:12AM	Indra Until 6:26AM Wed	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Sarvari 5122
	123584468	<b>Rahu</b> 3:45PM – 5:15PM	Gara Until 6:28PM	<b>Nataraja:</b> Purple			Moon 2 - Phase 46 3rd Phase
Creative Work	Siddha Yoga	Tritiya Until 6:28PM		Phalgun-Panguni	Subha Sivaloka Day		

<b>4</b>	<b>Wednesday, March 17, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Bharani Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturthyam Titau				Nairobi, Kenya
	Mesha Rasi: 13.5	Tithi 4	<b>Gulika</b> 11:12AM – 12:43PM	<b>Bharani</b> Until 8:02AM Thu	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	Sun 17 Sutra 339
			Yama 8:10AM – 9:41AM	Indra Until 6:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Sarvari 5122
	123584468	<b>Rahu</b> 12:43PM – 2:13PM	Vanija Until 7:42AM	<b>Nataraja:</b> Purple			Moon 2 - Phase 46 3rd Phase
Creative Work	Siddha Yoga	Chaturthi* Until 8:57PM		Phalgun-Panguni	Subha Sivaloka Day		
Until 8:02AM Thu	Then Routine Work - Marana Yoga						

<b>5</b>	<b>Thursday, March 18, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau				Nairobi, Kenya
	Mesha Rasi: 25.4	Tithi 5	<b>Gulika</b> 9:41AM – 11:11AM	<b>Bharani</b> Until 8:02AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	Sun 18 Sutra 340
			Yama 6:39AM – 8:10AM	Vaidhriti* Until 7:23AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:46PM	Sarvari 5122
	123584468	<b>Rahu</b> 2:13PM – 3:44PM	Bava Until 10:18AM	<b>Nataraja:</b> Purple			Moon 2 - Phase 46 3rd Phase
Creative Work	Siddha Yoga	Panchami Until 11:38PM		Phalgun-Panguni	Subha Sivaloka Day		
Until 8:02AM	Then Routine Work - Marana Yoga						

<b>6</b>	<b>Friday, March 19, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya
	Vrishabha Rasi: 7.26	Tithi 6	<b>Gulika</b> 8:10AM – 9:40AM	<b>Krittika</b> Until 11:01AM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:39AM	Sun 19 Sutra 341
			Yama 3:44PM – 5:14PM	Vishkambha* Until 8:26AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Sarvari 5122
	123584468	<b>Rahu</b> 11:11AM – 12:42PM	Kaulava Until 1:00PM	<b>Nataraja:</b> Purple			Moon 2 - Phase 46 3rd Phase
Creative Work	Siddha Yoga	Shashthi* Until 2:17AM Sat		Phalgun-Panguni	Subha Sivaloka Day		
Until 11:01AM	Then Routine Work - Marana Yoga						

<b>Retreat Star</b>	<b>Saturday, March 20, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya
	Vrishabha Rasi: 19.15	Tithi 7	<b>Gulika</b> 6:38AM – 8:09AM	<b>Rohini</b> Until 2:14PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM	Sun 20 Sutra 342
			Yama 2:13PM – 3:43PM	Priti Until 9:25AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Sarvari 5122
	133584468	<b>Rahu</b> 9:40AM – 11:11AM	Gara Until 3:33PM	<b>Nataraja:</b> Purple			Moon 2 - Phase 46 3rd Phase
Creative Work	Amrita Yoga	Saptami Until 4:40AM Sun		Phalgun-Panguni	Subha Subha Sivaloka Day		
Until 2:14PM	Then Creative Work - Siddha Yoga						

<b>Retreat Star</b>	<b>Sunday, March 21, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya
	Mithuna Rasi: 1.1	Tithi 8	<b>Gulika</b> 3:43PM – 5:14PM	<b>Mrigashira</b> Until 4:54PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM	Sun 21 Sutra 343
			Yama 12:41PM – 2:12PM	Ayushman Until 10:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:45PM	Sarvari 5122
	133584468	<b>Rahu</b> 5:14PM – 6:45PM	Visti Until 5:42PM	<b>Nataraja:</b> Purple			Moon 2 - Phase 46 Ashtami
Creative Work	Siddha Yoga	Ashtami* Until 6:32AM Mon		Phalgun-Panguni	Subha Subha Sivaloka Day		

<b>Retreat Star</b>	<b>Monday, March 22, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Nairobi, Kenya
	Mithuna Rasi: 13.19	Tithi 8 – 9	<b>Gulika</b> 2:12PM – 3:43PM	<b>Ardra</b> Until 6:48PM	<b>Ganesha:</b> Purple	<i>Sunrise:</i> 6:38AM	Sun 22 Sutra 344
	Family Home Evening		Yama 11:10AM – 12:41PM	Saubhagya Until 10:25AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:44PM	Sarvari 5122
	133584468	<b>Rahu</b> 8:09AM – 9:39AM	Balava Until 7:13PM	<b>Nataraja:</b> Purple			Moon 2 - Phase 46 Navami
Creative Work	Siddha Yoga	Ashtami* Until 6:32AM		Phalgun-Panguni	Subha Subha Sivaloka Day		
Until 6:48PM	Then Creative Work - Amrita Yoga						

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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<b>1</b>		<b>Tuesday, March 23, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Nairobi, Kenya Sun 23 Sutra 345	
Mithuna Rasi: 25.45	Tithi 9 – 10	<b>Gulika</b> 12:41PM – 2:12PM	<b>Punarvasu</b> Until 8:16PM	<b>Ganesha:</b> Clear	<i>Sunrise:</i> 6:38AM	Sarvari 5122	
		Yama 9:39AM – 11:10AM	Sobhana Until 10:08AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 47	
143584468	<b>Rahu</b> 3:42PM – 5:13PM		Taitila Until 7:55PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Navami*</b> Until 7:39AM	Moon – Blue		<b>Subha Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>2</b>		<b>Wednesday, March 24, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Nairobi, Kenya Sun 24 Sutra 346	
Kataka Rasi: 8.35	Tithi 10 – 11	<b>Gulika</b> 11:10AM – 12:41PM	<b>Pushya</b> Until 8:42PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	Sarvari 5122	
		Yama 8:08AM – 9:39AM	Athiganda* Until 9:10AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:44PM	Moon 2 - Phase 47	
144584468	<b>Rahu</b> 12:41PM – 2:11PM		Vanija Until 7:44PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Dashami</b> Until 7:55AM	Moon – Blue		<b>Sivaloka Day</b>	
				<b>Phalguna-Panguni</b>			

<b>3</b>		<b>Thursday, March 25, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau		Nairobi, Kenya Sun 25 Sutra 347	
Kataka Rasi: 21.52	Tithi 11 – 12	<b>Gulika</b> 9:39AM – 11:09AM	<b>Ashlesha*</b> Until 8:08PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	Sarvari 5122	
		Yama 6:37AM – 8:08AM	Sukarma Until 7:31AM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 47	
144584468	<b>Rahu</b> 2:11PM – 3:42PM		Bava Until 6:41PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Ekadashi</b> Until 7:17AM	Moon – Blue		<b>Sivaloka Day</b>	
Until 8:08PM		<b>Yogaswami Mahasamadhi</b>		<b>Phalguna-Panguni</b>			
Then Creative Work - Amrita Yoga							

<b>4</b>		<b>Friday, March 26, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Nairobi, Kenya Sun 26 Sutra 348	
Simha Rasi: 5.37	Tithi 13	<b>Gulika</b> 8:08AM – 9:38AM	<b>Magha*</b> Until 7:07PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	Sarvari 5122	
		Yama 3:41PM – 5:12PM	Shula* Until 2:20AM Sat	<b>Muruqa:</b> White	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 47	
154684468	<b>Rahu</b> 11:09AM – 12:40PM		Kaulava Until 4:51PM	<b>Nataraja:</b> Purple		4th Phase	
Routine Work	Marana Yoga		<b>Trayodashi</b> Until 3:40AM Sat	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
Until 7:07PM				<b>Phalguna-Panguni</b>			
Then Creative Work - Siddha Yoga						<i>Pradosha Vrata</i>	

<b>5</b>		<b>Saturday, March 27, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau		Nairobi, Kenya Sun 27 Sutra 349	
Simha Rasi: 19.49	Tithi 14	<b>Gulika</b> 6:37AM – 8:07AM	<b>Purvaphalguni</b> Until 5:20PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:37AM	Sarvari 5122	
		Yama 2:10PM – 3:41PM	Ganda* Until 10:59PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:43PM	Moon 2 - Phase 47	
154684468	<b>Rahu</b> 9:38AM – 11:09AM		Gara Until 2:23PM	<b>Nataraja:</b> Purple		4th Phase	
Creative Work	Siddha Yoga		<b>Chaturdashi*</b> Until 12:57AM Sun	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
Until 5:20PM				<b>Phalguna-Panguni</b>			
Then Routine Work - Marana Yoga							

		<b>Sunday, March 28, 2021</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau		Nairobi, Kenya Sutra 350	
<b>Copper Retreat Star</b>		<b>Gulika</b> 3:41PM – 5:12PM	<b>Uttaraphalguni</b> Until 2:57PM	<b>Ganesha:</b> White	<i>Sunrise:</i> 6:36AM	Sarvari 5122	
Kanya Rasi: 4.23	Tithi 15	Yama 12:39PM – 2:10PM	Vriddhi Until 7:18PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 47	
		<b>Rahu</b> 5:12PM – 6:42PM	Visti Until 11:26AM	<b>Nataraja:</b> Purple		Purnima	
Creative Work	Amrita Yoga		<b>Purnima*</b> Until 9:49PM	Moon – Red		<b>Subha Subha Sivaloka Day</b>	
		<b>Panguni Uttiram</b>		<b>Phalguna-Panguni</b>			
		<b>Holi</b>					

<b>Monday, March 29, 2021</b>		<b>Silver Retreat Star</b>		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau		Nairobi, Kenya Sutra 351	
Kanya Rasi: 19.14	Tithi 16	<b>Gulika</b> 2:10PM – 3:40PM	<b>Hasta</b> Until 12:32PM	<b>Ganesha:</b> Yellow	<i>Sunrise:</i> 6:36AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama 11:08AM – 12:39PM	Dhruva Until 3:23PM	<b>Muruqa:</b> White	<i>Sunset:</i> 6:42PM	Moon 2 - Phase 47	
164684468	<b>Rahu</b> 8:07AM – 9:37AM		Balava Until 8:10AM	<b>Nataraja:</b> Purple		Prathama	
Creative Work	Siddha Yoga		<b>Prathama*</b> Until 6:26PM	Moon – Green		<b>Subha Sivaloka Day</b>	
Until 12:32PM				<b>Phalguna-Panguni</b>			
Then Routine Work - Prabalarishta Yoga							

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

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Tuesday, March 30, 2021

Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyam Titau

Nairobi, Kenya

Sun 1 Sutra 352

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Tula Rasi: 4.14

Tithi 17 - 18

Gulika

12:39PM - 2:09PM

Chitra Until 9:53AM

Ganesha: Yellow

Sunrise: 6:36AM

Muruga: White

Sunset: 6:42PM

Nataraja: Purple

Moon - Green

Subha Sivaloka Day

Phalguna-Panguni

Creative Work

Siddha Yoga

Dvitiya Until 3:00PM

1 Wednesday, March 31, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana/Vajra\* Yoga Visti/Bava Karana Tritiya/Chaturtham Titau

Nairobi, Kenya

Sun 2 Sutra 353

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Tula Rasi: 19.11

Tithi 18 - 19

Gulika

11:08AM - 12:38PM

Svati Until 7:09AM

Ganesha: Yellow

Sunrise: 6:35AM

Muruga: White

Sunset: 6:41PM

Nataraja: Purple

Moon - Green

Subha Sivaloka Day

Phalguna-Panguni

Creative Work

Siddha Yoga

Tritiya Until 11:39AM

2 Thursday, April 1, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Nairobi, Kenya

Sun 3 Sutra 354

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Vrischika Rasi: 4

Tithi 19 - 20

Gulika

9:37AM - 11:08AM

Anuradha Until 2:49AM Fri

Ganesha: Blue

Sunrise: 6:35AM

Muruga: White

Sunset: 6:41PM

Nataraja: Purple

Moon - Orange

Subha Subha Sivaloka Day

Phalguna-Panguni

Creative Work

Siddha Yoga

Until 2:49AM Fri

Then Routine Work - Marana Yoga

Chaturthi\* Until 8:32AM

3 Friday, April 2, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthiyam Titau

Nairobi, Kenya

Sun 4 Sutra 355

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Vrischika Rasi: 18.34

Tithi 21

Gulika

8:06AM - 9:37AM

Jyeshtha\* Until 1:04AM Sat

Ganesha: Blue

Sunrise: 6:35AM

Muruga: White

Sunset: 6:41PM

Nataraja: Purple

Moon - Orange

Subha Subha Sivaloka Day

Phalguna-Panguni

Routine Work

Marana Yoga

Until 1:04AM Sat

Then Creative Work - Siddha Yoga

Shashthi\* Until 3:29AM Sat

4 Saturday, April 3, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Varyan Yoga Visti/Bava Karana Saplamyam Titau

Nairobi, Kenya

Sun 5 Sutra 356

Sarvari 5122

Moon 3 - Phase 48

1st Phase

Dhanus Rasi: 2.48

Tithi 22

Gulika

6:35AM - 8:06AM

Mula\* Until 12:07AM Sun

Ganesha: Red

Sunrise: 6:35AM

Muruga: White

Sunset: 6:41PM

Nataraja: Purple

Moon - Light Blue

Subha Sivaloka Day

Phalguna-Panguni

Creative Work

Siddha Yoga

Saptami Until 1:42AM Sun

Sunday, April 4, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Nairobi, Kenya

Sun 6 Sutra 357

Sarvari 5122

Moon 3 - Phase 48

Ashtami

Dhanus Rasi: 16.42

Tithi 23

Gulika

3:39PM - 5:10PM

Purvashadha\* Until 11:34PM

Ganesha: Red

Sunrise: 6:35AM

Muruga: White

Sunset: 6:40PM

Nataraja: Purple

Moon - Light Blue

Subha Sivaloka Day

Phalguna-Panguni

Creative Work

Siddha Yoga

Until 11:34PM

Then Creative Work - Amrita Yoga

Ashtami\* Until 12:29AM Mon

Monday, April 5, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

Nairobi, Kenya

Sun 7 Sutra 358

Sarvari 5122

Moon 3 - Phase 48

Navami

Makara Rasi: 0.16

Tithi 24

Gulika

2:08PM - 3:39PM

Uttarashadha Until 11:25PM

Ganesha: Green

Sunrise: 6:34AM

Muruga: White

Sunset: 6:40PM

Nataraja: Purple

Moon - Light Blue

Sivaloka Day

Phalguna-Panguni

Family Home Evening

Marana Yoga

Routine Work

Until 11:25PM

Then Creative Work - Amrita Yoga

Navami\* Until 11:49PM


<b>1</b>		<b>Tuesday, April 6, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam		Nairobi, Kenya	
Makara Rasi: 13.31		Tithi 25		Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Visiti* Karana Dashamyam Titau		Sun 8 Sutra 359	
195684468		<b>Gulika</b>	12:37PM – 2:08PM	<b>Shravana Until 12:05AM Wed</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:34AM	Sarvari 5122	
Creative Work Siddha Yoga		Yama	9:36AM – 11:06AM	Siddha Until 12:58PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:40PM	Moon 3 - Phase 49	
Until 12:05AM Wed		<b>Rahu</b>	3:38PM – 5:09PM	Vanija Until 11:42AM	<b>Nataraja:</b> Purple	2nd Phase	
Then Routine Work - Prabalarishta Yoga				<b>Dashami Until 11:41PM</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>		

<b>2</b>		<b>Wednesday, April 7, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam		Nairobi, Kenya	
Makara Rasi: 26.3		Tithi 26		Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau		Sun 9 Sutra 360	
195684468		<b>Gulika</b>	11:06AM – 12:37PM	<b>Dhanishtha Until 1:03AM Thu</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:34AM	Sarvari 5122	
Routine Work Prabalarishta Yoga		Yama	8:05AM – 9:35AM	Sadhya Until 11:58AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49	
Until 1:03AM Thu		<b>Rahu</b>	12:37PM – 2:07PM	Bava Until 11:49AM	<b>Nataraja:</b> Purple	2nd Phase	
Then Creative Work - Siddha Yoga				<b>Ekadashi* Until 12:01AM Thu</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>		

<b>3</b>		<b>Thursday, April 8, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam		Nairobi, Kenya	
Kumbha Rasi: 9.16		Tithi 27		Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau		Sun 10 Sutra 361	
195684468		<b>Gulika</b>	9:35AM – 11:06AM	<b>Shatabhishak Until 2:18AM Fri</b>	<b>Ganesha:</b> Orange <i>Sunrise:</i> 6:34AM	Sarvari 5122	
Creative Work Siddha Yoga		Yama	6:34AM – 8:04AM	Subha Until 11:21AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49	
Until 2:18AM Fri		<b>Rahu</b>	2:07PM – 3:38PM	Kaulava Until 12:23PM	<b>Nataraja:</b> Purple	2nd Phase	
				<b>Dvadashi* Until 12:48AM Fri</b>	Moon – Purple	<b>Subha Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>		

<b>4</b>		<b>Friday, April 9, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam		Nairobi, Kenya	
Kumbha Rasi: 21.5		Tithi 28		Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Sun 11 Sutra 362	
115684468		<b>Gulika</b>	8:04AM – 9:35AM	<b>Purvaproshtapada* Until 4:16AM Sat</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:33AM	Sarvari 5122	
Creative Work Siddha Yoga		Yama	3:37PM – 5:08PM	Sukla Until 11:02AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:39PM	Moon 3 - Phase 49	
Until 4:16AM Sat		<b>Rahu</b>	11:05AM – 12:36PM	Gara Until 1:22PM	<b>Nataraja:</b> Purple	2nd Phase	
				<b>Trayodashi* Until 1:59AM Sat</b>	Moon – Clear	<b>Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>		
				<i>Pradosha Vrata (Fasting)</i>			

<b>5</b>		<b>Saturday, April 10, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam		Nairobi, Kenya	
Meena Rasi: 4.13		Tithi 29		Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Sun 12 Sutra 363	
115684468		<b>Gulika</b>	6:33AM – 8:04AM	<b>Uttaraproshtapada Until 6:26AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:33AM	Sarvari 5122	
Creative Work Siddha Yoga		Yama	2:06PM – 3:37PM	Brahma Until 11:02AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 49	
Until 6:26AM Sun		<b>Rahu</b>	9:34AM – 11:05AM	Visti Until 2:45PM	<b>Nataraja:</b> Purple	2nd Phase	
Then Creative Work - Amrita Yoga				<b>Chaturdashi* Until 3:33AM Sun</b>	Moon – Clear	<b>Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>		

		<b>Sunday, April 11, 2021</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam		Nairobi, Kenya	
<b>Retreat Star</b>				Uttaraproshtapada/Revati Nakshatra Indra/Vaidhrili* Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Sun 13 Sutra 364	
Meena Rasi: 16.26		Tithi 30		Indra Until 11:21AM		Sarvari 5122	
115684468		<b>Gulika</b>	3:37PM – 5:07PM	<b>Uttaraproshtapada Until 6:26AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:33AM	Moon 3 - Phase 49	
Creative Work Amrita Yoga		Yama	12:35PM – 2:06PM	Catuspada Until 4:30PM	<b>Muruqa:</b> White <i>Sunset:</i> 6:38PM	Amavasya	
Until 6:26AM Sun		<b>Rahu</b>	5:07PM – 6:38PM	<b>Amavasya* Until 5:30AM Mon</b>	<b>Nataraja:</b> Purple	2nd Phase	
					Moon – Clear	<b>Sivaloka Day</b>	
					<b>Phalguna-Panguni</b>		

<b>Monday, April 12, 2021</b>		<b>Retreat Star</b>		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam		Nairobi, Kenya	
Meena Rasi: 28.31		Tithi 1		Revati/Ashvini Nakshatra Vaidhrili*/Vishkambha* Yoga Kintughna* Karana Prathamayam Titau		Sun 14 Sutra 1	
115684468		<b>Gulika</b>	2:06PM – 3:37PM	<b>Revati Until 8:47AM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:33AM	Sarvari 5122	
<b>Family Home Evening</b>		Yama	11:05AM – 12:35PM	Vaidhrili* Until 11:54AM	<b>Muruqa:</b> White <i>Sunset:</i> 6:38PM	Moon 3 - Phase 49	
Creative Work Siddha Yoga		<b>Rahu</b>	8:03AM – 9:34AM	Kintughna Until 6:37PM	<b>Nataraja:</b> Purple	Prathama	
				<b>Prathama* Until 7:45AM Tue</b>	Moon – Clear	<b>Sivaloka Day</b>	
				<b>Chellappaswami Mahasamadhi</b>	<b>Chaitra-Panguni</b>		

<b>1</b>	<b>Tuesday, April 13, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha*Priti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Nairobi, Kenya
	Mesha Rasi: 10.28	Tithi 1 – 2	<b>Gulika</b> 12:35PM – 2:06PM	<b>Ashvini Until 11:47AM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:32AM</i>	Sun 15	Sutra 2
			Yama 9:34AM – 11:04AM	Vishkambha* Until 12:42PM	<b>Muruqa:</b> White <i>Sunset: 6:38PM</i>		Plava 5123
	Creative Work	Siddha Yoga	125684468 <b>Rahu</b> 3:36PM – 5:07PM	Balava Until 9:01PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
			<b>Prathama* Until 7:45AM</b>	Moon – White		3rd Phase	
			<b>Tamil New Year</b>	<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	

<b>2</b>	<b>Wednesday, April 14, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Nairobi, Kenya
	Mesha Rasi: 22.19	Tithi 2 – 3	<b>Gulika</b> 11:04AM – 12:35PM	<b>Bharani Until 2:50PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:32AM</i>	Sun 16	Sutra 3
			Yama 8:03AM – 9:33AM	Priti Until 1:43PM	<b>Muruqa:</b> White <i>Sunset: 6:37PM</i>		Plava 5123
	Creative Work	Siddha Yoga	225684468 <b>Rahu</b> 12:35PM – 2:05PM	Taitila Until 11:37PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
			<b>Dvitiya Until 10:17AM</b>	Moon – White		3rd Phase	
				<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	

<b>3</b>	<b>Thursday, April 15, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Nairobi, Kenya
	Wrishabha Rasi: 4.06	Tithi 3 – 4	<b>Gulika</b> 9:33AM – 11:04AM	<b>Krittika Until 5:50PM</b>	<b>Ganesha:</b> Purple <i>Sunrise: 6:32AM</i>	Sun 17	Sutra 4
			Yama 6:32AM – 8:03AM	Ayushman Until 2:47PM	<b>Muruqa:</b> White <i>Sunset: 6:37PM</i>		Plava 5123
	Routine Work	Marana Yoga	226684468 <b>Rahu</b> 2:05PM – 3:36PM	Vanija Until 2:18AM Fri	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
			<b>Tritiya Until 12:56PM</b>	Moon – White		3rd Phase	
				<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	

<b>4</b>	<b>Friday, April 16, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Nairobi, Kenya
	Wrishabha Rasi: 15.52	Tithi 4 – 5	<b>Gulika</b> 8:02AM – 9:33AM	<b>Rohini Until 9:09PM</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:32AM</i>	Sun 18	Sutra 5
			Yama 3:35PM – 5:06PM	Saubhagya Until 3:51PM	<b>Muruqa:</b> White <i>Sunset: 6:37PM</i>		Plava 5123
	Routine Work	Marana Yoga	236684468 <b>Rahu</b> 11:04AM – 12:34PM	Bava Until 4:53AM Sat	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
			<b>Chaturthi* Until 3:36PM</b>	Moon – Yellow		3rd Phase	
				<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	

<b>5</b>	<b>Saturday, April 17, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana/Athiganda* Yoga Balava Karana Panchamyam Titau				Nairobi, Kenya
	Wrishabha Rasi: 27.41	Tithi 5	<b>Gulika</b> 6:31AM – 8:02AM	<b>Mrigashira Until 12:04AM Sun</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:31AM</i>	Sun 19	Sutra 6
			Yama 2:05PM – 3:35PM	Sobhana Until 4:48PM	<b>Muruqa:</b> White <i>Sunset: 6:36PM</i>		Plava 5123
	Creative Work	Siddha Yoga	236684468 <b>Rahu</b> 9:33AM – 11:03AM	Balava Until 6:04PM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
			<b>Panchami Until 6:04PM</b>	Moon – Yellow		3rd Phase	
				<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	

<b>6</b>	<b>Sunday, April 18, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau				Nairobi, Kenya
	Mithuna Rasi: 9.37	Tithi 6	<b>Gulika</b> 3:35PM – 5:06PM	<b>Ardra Until 2:23AM Mon</b>	<b>Ganesha:</b> Light Blue <i>Sunrise: 6:31AM</i>	Sun 20	Sutra 7
			Yama 12:34PM – 2:04PM	Athiganda* Until 5:25PM	<b>Muruqa:</b> White <i>Sunset: 6:36PM</i>		Plava 5123
	Creative Work	Siddha Yoga	236684468 <b>Rahu</b> 5:06PM – 6:36PM	Kaulava Until 7:11AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
			<b>Shashthi* Until 8:07PM</b>	Moon – Yellow		3rd Phase	
				<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Monday, April 19, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Saptamyam Titau				Nairobi, Kenya
	Mithuna Rasi: 21.45	Tithi 7	<b>Gulika</b> 2:04PM – 3:35PM	<b>Punarvasu Until 4:24AM Tue</b>	<b>Ganesha:</b> Orange <i>Sunrise: 6:31AM</i>	Sun 21	Sutra 8
	<b>Family Home Evening</b>		Yama 11:03AM – 12:33PM	Sukarma Until 5:36PM	<b>Muruqa:</b> White <i>Sunset: 6:36PM</i>		Plava 5123
	Creative Work	Amrita Yoga	246684468 <b>Rahu</b> 8:02AM – 9:32AM	Gara Until 8:57AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
			<b>Saptami Until 9:34PM</b>	Moon – Blue		3rd Phase	
				<b>Chaitra*Chaitra</b>		<b>Subha Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Tuesday, April 20, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtamyam Titau				Nairobi, Kenya
	Kataka Rasi: 4.1	Tithi 8	<b>Gulika</b> 12:33PM – 2:04PM	<b>Pushya Until 5:29AM Wed</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:31AM</i>	Sun 22	Sutra 9
			Yama 9:32AM – 11:03AM	Dhriti Until 5:14PM	<b>Muruqa:</b> White <i>Sunset: 6:36PM</i>		Plava 5123
	Creative Work	Siddha Yoga	246784468 <b>Rahu</b> 3:34PM – 5:05PM	Visti Until 10:02AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
			<b>Ashtami* Until 10:16PM</b>	Moon – Blue		Ashtami	
				<b>Chaitra*Chaitra</b>		<b>Subha Sivaloka Day</b>	

<b>Retreat Star</b>	<b>Wednesday, April 21, 2021</b>		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau				Nairobi, Kenya
	Kataka Rasi: 16.56	Tithi 9	<b>Gulika</b> 11:02AM – 12:33PM	<b>Ashlesha* Until 5:36AM Thu</b>	<b>Ganesha:</b> Clear <i>Sunrise: 6:31AM</i>	Sun 23	Sutra 10
			Yama 8:01AM – 9:32AM	Shula* Until 4:12PM	<b>Muruqa:</b> White <i>Sunset: 6:35PM</i>		Plava 5123
	Creative Work	Siddha Yoga	246784468 <b>Rahu</b> 12:33PM – 2:04PM	Balava Until 10:19AM	<b>Nataraja:</b> Purple		Moon 3 - Phase 1
			<b>Navami* Until 10:06PM</b>	Moon – Blue		Navami	
			<b>Sri Rama Navami</b>	<b>Chaitra*Chaitra</b>		<b>Subha Sivaloka Day</b>	

There is nothing higher than dharma. Verily, that which is dharma is truth. Shukla Yajur Veda

All times are standard time


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<b>1</b>		<b>Thursday, April 22, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Ganda* Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau			Nairobi, Kenya Sun 24 Sutra 11 Plava 5123
Simha Rasi: 0.08	Tithi 10	<b>Gulika</b> Yama	<b>9:32AM – 11:02AM</b> 6:30AM – 8:01AM	<b>Magha* Until 5:10AM Fri</b> Ganda* Until 2:29PM Taitila Until 9:43AM Dashami Until 9:05PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	<b>Sunrise: 6:30AM</b> <b>Sunset: 6:35PM</b>	Moon 3 - Phase 2 4th Phase
Creative Work Amrita Yoga Until 5:10AM Fri Then Creative Work - Siddha Yoga		257784468	<b>Rahu</b> 2:03PM – 3:34PM		<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>

<b>2</b>		<b>Friday, April 23, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau			Nairobi, Kenya Sun 25 Sutra 12 Plava 5123
Simha Rasi: 13.49	Tithi 11	<b>Gulika</b> Yama	<b>8:01AM – 9:31AM</b> 3:34PM – 5:04PM	<b>Purvaphalguni Until 3:49AM Sat</b> Vriddhi Until 12:07PM Vanija Until 8:17AM Ekadashi Until 7:16PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Purple</b> Moon – Red	<b>Sunrise: 6:30AM</b> <b>Sunset: 6:35PM</b>	Moon 3 - Phase 2 4th Phase
Creative Work Siddha Yoga Until 3:49AM Sat Then Routine Work - Marana Yoga		257784468	<b>Rahu</b> 11:02AM – 12:33PM		<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>

<b>3</b>		<b>Saturday, April 24, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Kaulava Karana Dvadashi/Trayodashyam Titau			Nairobi, Kenya Sun 26 Sutra 13 Plava 5123
Simha Rasi: 27.58	Tithi 12 – 13	<b>Gulika</b> Yama	<b>6:30AM – 8:01AM</b> 2:03PM – 3:34PM	<b>Uttaraphalguni Until 1:42AM Sun</b> Dhruva Until 9:08AM Bava Until 6:06AM Dvadashi Until 4:45PM	<b>Ganesha: Green</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Red	<b>Sunrise: 6:30AM</b> <b>Sunset: 6:35PM</b>	Moon 3 - Phase 2 4th Phase
Routine Work Marana Yoga Until 1:42AM Sun Then Creative Work - Amrita Yoga		257784469	<b>Rahu</b> 9:31AM – 11:02AM		<b>Chaitra*Chaitra</b>		<b>Devaloka Day</b>
<i>Pradosha Vrata</i>							

<b>4</b>		<b>Sunday, April 25, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau			Nairobi, Kenya Sun 27 Sutra 14 Plava 5123
Kanya Rasi: 12.32	Tithi 13 – 14	<b>Gulika</b> Yama	<b>3:33PM – 5:04PM</b> 12:32PM – 2:03PM	<b>Hasta Until 11:22PM</b> Harshana Until 1:51AM Mon Gara Until 12:01AM Mon Trayodashi Until 1:41PM	<b>Ganesha: Red</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Green	<b>Sunrise: 6:30AM</b> <b>Sunset: 6:35PM</b>	Moon 3 - Phase 2 4th Phase
Creative Work Amrita Yoga Until 11:22PM Then Creative Work - Siddha Yoga		267784469	<b>Rahu</b> 5:04PM – 6:35PM		<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>

		<b>Monday, April 26, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Nairobi, Kenya Sun 28 Sutra 15 Plava 5123
<b>Copper Retreat Star</b>		<b>Gulika</b> Yama	<b>2:03PM – 3:33PM</b> 11:01AM – 12:32PM	<b>Chitra Until 8:35PM</b> Vajra* Until 9:44PM Visti Until 8:25PM Chaturdashi* Until 10:14AM	<b>Ganesha: Red</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Green	<b>Sunrise: 6:30AM</b> <b>Sunset: 6:34PM</b>	Moon 3 - Phase 2 Purnima
Kanya Rasi: 27.28 Tithi 14 – 15 <b>Family Home Evening</b> Routine Work Prabalarishta Yoga Until 8:35PM Then Creative Work - Amrita Yoga		267784469	<b>Rahu</b> 8:00AM – 9:31AM		<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>
				<b>Chitra Purnima (Tamil Nadu)</b> Hanuman Jayanti			

<b>5</b>		<b>Tuesday, April 27, 2021</b>		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Bava/Kaulava Karana Purnima/Prathamayam Titau			Nairobi, Kenya Sun 29 Sutra 16 Plava 5123
<b>Silver Retreat Star</b>		<b>Gulika</b> Yama	<b>12:32PM – 2:02PM</b> 9:31AM – 11:01AM	<b>Svati Until 5:31PM</b> Siddhi Until 5:32PM Kaulava Until 2:47AM Wed Purnima* Until 6:33AM	<b>Ganesha: Red</b> <b>Muruqa: White</b> <b>Nataraja: Clear</b> Moon – Green	<b>Sunrise: 6:30AM</b> <b>Sunset: 6:34PM</b>	Moon 3 - Phase 2 Prathama
Tula Rasi: 12.37 Tithi 15 – 16 Creative Work Siddha Yoga Until 5:31PM Then Routine Work - Marana Yoga		267784469	<b>Rahu</b> 3:33PM – 5:04PM		<b>Chaitra*Chaitra</b>		<b>Sivaloka Day</b>

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda