



**Saturday, May 9, 2020**  
**Gold Retreat Star**

Vrischika Rasi: 18.25    Tithi 17 - 18

277234469

Creative Work    Siddha Yoga  
Until 1:23AM Sun  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mantra Vasara Yuktayam  
Jyeshtha\* Nakshatra Parigha/Shiva Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

**Gulika**    6:20AM - 7:46AM  
Yama       1:30PM - 2:56PM  
**Rahu**       9:12AM - 10:38AM

**Jyeshtha\* Until 1:23AM Sun**  
Parigha\* Until 6:03AM  
Visti Until 4:35AM Sun  
**Dvitiya Until 6:46AM**

**Ganesha:** Purple    *Sunrise:* 6:20AM  
**Muruqa:** Clear      *Sunset:* 5:47PM  
**Nataraja:** Clear  
Moon - Orange  
**Vaisaka-Chaitra**

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Lusaka, Zambia  
Sutra 27  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**1**

**Sunday, May 10, 2020**

Dhanus Rasi: 2.35    Tithi 19

287234469

Creative Work    Amrita Yoga  
Until 12:42AM Mon  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\* Nakshatra Siddha Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    2:55PM - 4:21PM  
Yama       12:04PM - 1:29PM  
**Rahu**       4:21PM - 5:47PM

**Mula\* Until 12:42AM Mon**  
Siddha Until 12:50AM Mon  
Bava Until 3:46PM  
**Chaturthi\* Until 3:06AM Mon**

**Ganesha:** Clear      *Sunrise:* 6:20AM  
**Muruqa:** Clear      *Sunset:* 5:47PM  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Lusaka, Zambia  
Sun 1    Sutra 28  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**2**

**Monday, May 11, 2020**

Dhanus Rasi: 16.19    Tithi 20

287244469

**Family Home Evening**  
Routine Work    Marana Yoga  
Until 12:39AM Tue  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvashadha\* Nakshatra Sadhya Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    1:29PM - 2:55PM  
Yama       10:38AM - 12:04PM  
**Rahu**       7:46AM - 9:12AM

**Purvashadha\* Until 12:39AM Tue**  
Sadhya Until 11:10PM  
Kaulava Until 2:40PM  
**Panchami Until 2:24AM Tue**

**Ganesha:** Clear      *Sunrise:* 6:20AM  
**Muruqa:** Orange    *Sunset:* 5:47PM  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Chaitra**

**Devaloka Day**

Lusaka, Zambia  
Sun 2    Sutra 29  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**3**

**Tuesday, May 12, 2020**

Dhanus Rasi: 29.34    Tithi 21

288244469

Routine Work    Prabalarishta Yoga  
Until 1:15AM Wed  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttarashadha Nakshatra Subha Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    12:04PM - 1:29PM  
Yama       9:12AM - 10:38AM  
**Rahu**       2:55PM - 4:21PM

**Uttarashadha Until 1:15AM Wed**  
Subha Until 10:08PM  
Gara Until 2:23PM  
**Shashthi\* Until 2:32AM Wed**

**Ganesha:** Purple      *Sunrise:* 6:21AM  
**Muruqa:** Orange    *Sunset:* 5:46PM  
**Nataraja:** Clear  
Moon - Light Blue  
**Vaisaka-Chaitra**

**Sivaloka Day**

Lusaka, Zambia  
Sun 3    Sutra 30  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**4**

**Wednesday, May 13, 2020**

Makara Rasi: 12.25    Tithi 22

298244469

Creative Work    Siddha Yoga

Chidambaram Abhishekam

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam  
Shravana Nakshatra Sukla Yoga Visti\*/Bava Karana Saplamyam Titau

**Gulika**    10:38AM - 12:04PM  
Yama       7:47AM - 9:12AM  
**Rahu**       12:04PM - 1:29PM

**Shravana Until 2:55AM Thu**  
Sukla Until 9:42PM  
Visti Until 2:54PM  
**Saptami Until 3:25AM Thu**

**Ganesha:** Clear      *Sunrise:* 6:21AM  
**Muruqa:** Orange    *Sunset:* 5:46PM  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Chaitra**

**Devaloka Day**

Lusaka, Zambia  
Sun 4    Sutra 31  
Sarvari 5122  
Moon 5 - Phase 4  
1st Phase

**D**

**Thursday, May 14, 2020**  
**Retreat Star**

Makara Rasi: 24.55    Tithi 23

298244469

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam  
Dhanishtha Nakshatra Brahma Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    9:12AM - 10:38AM  
Yama       6:21AM - 7:47AM  
**Rahu**       1:29PM - 2:55PM

**Dhanishtha Until 5:03AM Fri**  
Brahma Until 9:49PM  
Balava Until 4:08PM  
**Ashtami\* Until 4:57AM Fri**

**Ganesha:** Clear      *Sunrise:* 6:21AM  
**Muruqa:** Orange    *Sunset:* 5:46PM  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

Lusaka, Zambia  
Sun 5    Sutra 32  
Sarvari 5122  
Moon 5 - Phase 4  
Ashtami

**Friday, May 15, 2020**  
**Retreat Star**

Kumbha Rasi: 7.08    Tithi 24

298244469

Creative Work    Siddha Yoga  
Until 7:28AM Sat  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Shatabhishak Nakshatra Indra Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    7:47AM - 9:13AM  
Yama       2:55PM - 4:20PM  
**Rahu**       10:38AM - 12:04PM

**Shatabhishak Until 7:28AM Sat**  
Indra Until 10:20PM  
Taitila Until 5:56PM  
**Navami\* Until 6:57AM Sat**

**Ganesha:** Clear      *Sunrise:* 6:22AM  
**Muruqa:** Orange    *Sunset:* 5:46PM  
**Nataraja:** Clear  
Moon - Purple  
**Vaisaka-Vaikasi**

**Devaloka Day**

Lusaka, Zambia  
Sun 6    Sutra 33  
Sarvari 5122  
Moon 5 - Phase 4  
Navami

|                                 |                               |                              |  |                                  |                        |                        |                  |
|---------------------------------|-------------------------------|------------------------------|--|----------------------------------|------------------------|------------------------|------------------|
| <b>1</b>                        | <b>Saturday, May 16, 2020</b> |                              | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                                  |                        |                        | Lusaka, Zambia   |
|                                 | Kumbha Rasi: 19.11            | Tithi 24 – 25                | <b>Gulika</b> 6:22AM – 7:47AM  | <b>Shatabhishak</b> Until 7:28AM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:22AM | Sun 7            |
|                                 |                               |                              | Yama 1:29PM – 2:54PM   | Vaidhriti* Until 11:06PM         | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:45PM  | Sarvari 5122     |
|                                 | 298244469                     | <b>Rahu</b> 9:13AM – 10:38AM |  | Vanija Until 8:06PM              | <b>Nataraja:</b> Clear |                        | Moon 5 - Phase 5 |
| Creative Work                   | Amrita Yoga                   |                              | Navami* Until 6:57AM   | Moon – Purple                    |                        | 2nd Phase              |                  |
| Until 7:28AM                    |                               |                              |  | <b>Vaisaka-Vaikasi</b>           |                        | <b>Devaloka Day</b>    |                  |
| Then Routine Work - Marana Yoga |                               |                              |  |                                  |                        |                        |                  |


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| <b>2</b>                         | <b>Sunday, May 17, 2020</b> |                             | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada*/Uttaraproshtapada Nakshatra Vishkambha* Yoga Visli*/Bava Karana Dashami/Ekadashyam Titau |  |                        |                        | Lusaka, Zambia   |
|                                  | Meena Rasi: 1.06            | Tithi 25 – 26               | <b>Gulika</b> 2:54PM – 4:20PM  | <b>Purvaproshtapada*</b> Until 10:29AM | <b>Ganesha:</b> Red    | <i>Sunrise:</i> 6:22AM | Sun 8            |
|                                  |                             |                             | Yama 12:04PM – 1:29PM  | Vishkambha* Until 12:00AM Mon          | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:45PM  | Sarvari 5122     |
|                                  | 218244469                   | <b>Rahu</b> 4:20PM – 5:45PM |  | Bava Until 10:27PM                     | <b>Nataraja:</b> Clear |                        | Moon 5 - Phase 5 |
| Creative Work                    | Siddha Yoga                 |                             | Dashami Until 9:14AM   | Moon – Clear                           |                        | 2nd Phase              |                  |
| Until 10:29AM                    |                             |                             |  | <b>Vaisaka-Vaikasi</b>                 |                        | <b>Devaloka Day</b>    |                  |
| Then Creative Work - Amrita Yoga |                             |                             |  |  |                        |                        |                  |

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| <b>3</b>                        | <b>Monday, May 18, 2020</b> |                             | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada*/Revati Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                       |                        |                             | Lusaka, Zambia   |
|                                 | Meena Rasi: 12.59           | Tithi 26 – 27               | <b>Gulika</b> 1:29PM – 2:54PM   | <b>Uttaraproshtapada</b> Until 1:26PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:22AM      | Sun 9            |
|                                 |                             |                             | Yama 10:38AM – 12:04PM  | Priti Until 12:56AM Tue               | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:45PM       | Sarvari 5122     |
|                                 | 219244469                   | <b>Rahu</b> 7:48AM – 9:13AM |   | Kaulava Until 12:51AM Tue             | <b>Nataraja:</b> Clear |                             | Moon 5 - Phase 5 |
| Creative Work                   | Siddha Yoga                 |                             | Ekadashi* Until 11:38AM   | Moon – Clear                          |                        | 2nd Phase                   |                  |
| Until 7:28AM                    |                             |                             |   | <b>Vaisaka-Vaikasi</b>                |                        | <b>Bhuloka Day</b>          |                  |
| Then Routine Work - Marana Yoga |                             |                             |   |                                       |                        | Devaloka Time: 3:PM to 6:PM |                  |

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| <b>4</b>                         | <b>Tuesday, May 19, 2020</b> |                             | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Revati/Ashvini Nakshatra Ayushman Yoga Talitla/Gara Karana Dvadashi/Trayodashyam Titau |                            |                        |                             | Lusaka, Zambia   |
|                                  | Meena Rasi: 24.52            | Tithi 27 – 28               | <b>Gulika</b> 12:04PM – 1:29PM   | <b>Revati</b> Until 4:10PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:23AM      | Sun 10           |
|                                  |                              |                             | Yama 9:13AM – 10:38AM  | Ayushman Until 1:46AM Wed  | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:45PM       | Sarvari 5122     |
|                                  | 219244469                    | <b>Rahu</b> 2:54PM – 4:19PM |  | Gara Until 3:08AM Wed      | <b>Nataraja:</b> Clear |                             | Moon 5 - Phase 5 |
| Creative Work                    | Siddha Yoga                  |                             | Dvadashi* Until 1:59PM   | Moon – Clear               |                        | 2nd Phase                   |                  |
| Until 7:04PM                     |                              |                             |  | <b>Vaisaka-Vaikasi</b>     |                        | <b>Bhuloka Day</b>          |                  |
| Then Creative Work - Siddha Yoga |                              |                             |  |                            |                        | Devaloka Time: 3:PM to 6:PM |                  |
| <i>Pradosha Vrata (Fasting)</i>  |                              |                             |  |                            |                        |                             |                  |

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| <b>5</b>                         | <b>Wednesday, May 20, 2020</b> |                              | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ashvini Nakshatra Saubhagya Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau |                             |                        |                             | Lusaka, Zambia   |
|                                  | Mesha Rasi: 6.47               | Tithi 28 – 29                | <b>Gulika</b> 10:39AM – 12:04PM  | <b>Ashvini</b> Until 7:04PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:23AM      | Sun 11           |
|                                  |                                |                              | Yama 7:48AM – 9:13AM   | Saubhagya Until 2:27AM Thu  | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:45PM       | Sarvari 5122     |
|                                  | 229244469                      | <b>Rahu</b> 12:04PM – 1:29PM |  | Visli Until 5:11AM Thu      | <b>Nataraja:</b> Clear |                             | Moon 5 - Phase 5 |
| Routine Work                     | Marana Yoga                    |                              | Trayodashi* Until 4:10PM   | Moon – White                |                        | 2nd Phase                   |                  |
| Until 7:04PM                     |                                |                              |  | <b>Vaisaka-Vaikasi</b>      |                        | <b>Bhuloka Day</b>          |                  |
| Then Creative Work - Siddha Yoga |                                |                              |  |                             |                        | Devaloka Time: 3:PM to 6:PM |                  |

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| <b>6</b>                        | <b>Thursday, May 21, 2020</b> |                             | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Bharani Nakshatra Sobhana Yoga Sakuni* Karana Chaturdashyam Titau |                             |                        |                             | Lusaka, Zambia   |
|                                 | Mesha Rasi: 18.49             | Tithi 29                    | <b>Gulika</b> 9:14AM – 10:39AM   | <b>Bharani</b> Until 9:31PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:23AM      | Sun 12           |
|                                 |                               |                             | Yama 6:23AM – 7:49AM   | Sobhana Until 2:54AM Fri    | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:44PM       | Sarvari 5122     |
|                                 | 229244469                     | <b>Rahu</b> 1:29PM – 2:54PM |  | Sakuni Until 6:05PM         | <b>Nataraja:</b> Clear |                             | Moon 5 - Phase 5 |
| Creative Work                   | Siddha Yoga                   |                             | Chaturdashi* Until 6:05PM  | Moon – White                |                        | 2nd Phase                   |                  |
| Until 9:31PM                    |                               |                             |  | <b>Vaisaka-Vaikasi</b>      |                        | <b>Bhuloka Day</b>          |                  |
| Then Routine Work - Marana Yoga |                               |                             |  |                             |                        | Devaloka Time: 3:PM to 6:PM |                  |

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|  | <b>Friday, May 22, 2020</b> |                               | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Krittika Nakshatra Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                               |                        |                             | Lusaka, Zambia   |
|   | <b>Retreat Star</b>         |                               | <b>Gulika</b> 7:49AM – 9:14AM  | <b>Krittika</b> Until 11:29PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:24AM      | Sun 13           |
|   | Vrishabha Rasi: 0.58        | Tithi 30                      | Yama 2:54PM – 4:19PM   | Athiganda* Until 3:03AM Sat   | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:44PM       | Sarvari 5122     |
|   | 229244469                   | <b>Rahu</b> 10:39AM – 12:04PM |  | Catuspada Until 6:56AM        | <b>Nataraja:</b> Clear |                             | Moon 5 - Phase 5 |
| Creative Work   | Siddha Yoga                 |                               | Amavasya* Until 7:39PM   | Moon – White                  |                        | Amavasya                    |                  |
| Until 11:29PM   |                             |                               |  | <b>Vaisaka-Vaikasi</b>        |                        | <b>Bhuloka Day</b>          |                  |
| Then Routine Work - Marana Yoga   |                             |                               |  |                               |                        | Devaloka Time: 3:PM to 6:PM |                  |

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| <b>Retreat Star</b>              | <b>Saturday, May 23, 2020</b> |                              | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Rohini Nakshatra Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau |                                |                        |                             | Lusaka, Zambia   |
|                                  | <b>Retreat Star</b>           |                              | <b>Gulika</b> 6:24AM – 7:49AM  | <b>Rohini</b> Until 1:22AM Sun | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:24AM      | Sun 14           |
|                                  | Vrishabha Rasi: 13.16         | Tithi 1                      | Yama 1:29PM – 2:54PM   | Sukarma Until 2:54AM Sun       | <b>Muruqa:</b> Orange  | <i>Sunset:</i> 5:44PM       | Sarvari 5122     |
|                                  | 239244469                     | <b>Rahu</b> 9:14AM – 10:39AM |  | Kintughna Until 8:18AM         | <b>Nataraja:</b> Clear |                             | Moon 5 - Phase 5 |
| Creative Work                    | Amrita Yoga                   |                              | Prathama* Until 8:49PM   | Moon – Yellow                  |                        | Prathama                    |                  |
| Until 1:22AM Sun                 |                               |                              |  | <b>Jyeshtha-Vaikasi</b>        |                        | <b>Bhuloka Day</b>          |                  |
| Then Creative Work - Siddha Yoga |                               |                              |  |                                |                        | Devaloka Time: 3:PM to 6:PM |                  |

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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| <b>1</b> | <b>Sunday, May 24, 2020</b>      | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau |  | Lusaka, Zambia<br>Sun 15 Sutra 42   |
|          | Vrishabha Rasi: 25.45    Tithi 2 | <b>Gulika</b> 2:54PM – 4:19PM   | <b>Mrigashira</b> Until 2:40AM Mon             | <b>Ganesha:</b> Green <i>Sunrise:</i> 6:24AM<br><b>Muruqa:</b> Orange <i>Sunset:</i> 5:44PM    Moon 5 - Phase 6 |
|          | 239244469                        | <b>Rahu</b> 4:19PM – 5:44PM   | Dhriti Until 2:25AM Mon<br>Balava Until 9:15AM | Nataraja: Clear<br>Moon – Yellow  |
|          | Creative Work    Siddha Yoga     |   | <b>Dvitiya</b> Until 9:33PM                    | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM   |

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| <b>2</b> | <b>Monday, May 25, 2020</b>   | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra Nakshatra Shula* Yoga Taitila/Gara Karana Tritiyayam Titau |   | Lusaka, Zambia<br>Sun 16 Sutra 43   |
|          | Mithuna Rasi: 8.26    Tithi 3 | <b>Gulika</b> 1:29PM – 2:54PM   | <b>Ardra</b> Until 3:23AM Tue                   | <b>Ganesha:</b> White <i>Sunrise:</i> 6:25AM<br><b>Muruqa:</b> Orange <i>Sunset:</i> 5:44PM    Moon 5 - Phase 6 |
|          | <b>Family Home Evening</b>    | <b>Rahu</b> 7:50AM – 9:14AM   | Shula* Until 1:34AM Tue<br>Taitila Until 9:46AM | Nataraja: Clear<br>Moon – Yellow  |
|          | Creative Work    Siddha Yoga  |   | <b>Tritiya</b> Until 9:49PM                     | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM   |

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| <b>3</b> | <b>Tuesday, May 26, 2020</b>   | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Ganda* Yoga Vanija/Visti* Karana Chaturthyam Titau |   | Lusaka, Zambia<br>Sun 17 Sutra 44  |
|          | Mithuna Rasi: 21.19    Tithi 4 | <b>Gulika</b> 12:04PM – 1:29PM   | <b>Punarvasu</b> Until 3:57AM Wed               | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM<br><b>Muruqa:</b> Orange <i>Sunset:</i> 5:44PM    Moon 5 - Phase 6 |
|          | 341244469                      | <b>Rahu</b> 2:54PM – 4:19PM  | Ganda* Until 12:21AM Wed<br>Vanija Until 9:49AM | Nataraja: Clear<br>Moon – Blue   |
|          | Creative Work    Siddha Yoga   |  | <b>Chaturthi</b> * Until 9:39PM                 | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |

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| <b>4</b> | <b>Wednesday, May 27, 2020</b> | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau |  | Lusaka, Zambia<br>Sun 18 Sutra 45  |
|          | Kataka Rasi: 4.27    Tithi 5   | <b>Gulika</b> 10:40AM – 12:04PM   | <b>Pushya</b> Until 3:55AM Thu             | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:25AM<br><b>Muruqa:</b> Orange <i>Sunset:</i> 5:44PM    Moon 5 - Phase 6 |
|          | 341244469                      | <b>Rahu</b> 12:04PM – 1:29PM  | Vriddhi Until 10:48PM<br>Bava Until 9:25AM | Nataraja: Clear<br>Moon – Blue   |
|          | Creative Work    Siddha Yoga   |   | <b>Panchami</b> Until 9:01PM               | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |

|          |   |  |   |  |
|----------|---|--|---|--|
| <b>5</b> | <b>Thursday, May 28, 2020</b>   | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau |   | Lusaka, Zambia<br>Sun 19 Sutra 46  |
|          | Kataka Rasi: 17.5    Tithi 6  | <b>Gulika</b> 9:15AM – 10:40AM   | <b>Ashlesha*</b> Until 3:17AM Fri           | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:26AM<br><b>Muruqa:</b> Orange <i>Sunset:</i> 5:44PM    Moon 5 - Phase 6 |
|          | 341244469   | <b>Rahu</b> 1:29PM – 2:54PM  | Dhruva Until 8:51PM<br>Kaulava Until 8:33AM | Nataraja: Clear<br>Moon – Blue   |
|          | Creative Work    Siddha Yoga<br>Until 3:17AM Fri<br>Then Routine Work - Marana Yoga |  | <b>Shashthi*</b> Until 7:56PM               | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM  |

|          |   |  |   |  |
|----------|---|--|---|--|
| <b>6</b> | <b>Friday, May 29, 2020</b>   | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau |   | Lusaka, Zambia<br>Sun 20 Sutra 47  |
|          | Simha Rasi: 1.28    Tithi 7   | <b>Gulika</b> 7:51AM – 9:15AM  | <b>Magha*</b> Until 2:30AM Sat              | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:26AM<br><b>Muruqa:</b> Orange <i>Sunset:</i> 5:44PM    Moon 5 - Phase 6 |
|          | 351344469   | <b>Rahu</b> 10:40AM – 12:05PM  | Vyaghata* Until 6:33PM<br>Gara Until 7:14AM | Nataraja: Clear<br>Moon – Red  |
|          | Routine Work    Marana Yoga<br>Until 2:30AM Sat<br>Then Creative Work - Siddha Yoga |  | <b>Saptami</b> Until 6:24PM                 | <b>Sivaloka Day</b>  |

|          |  |  |  |  |
|----------|--|--|--|--|
| <b>☾</b> | <b>Saturday, May 30, 2020</b>  | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni Nakshatra Harshana/Vajra* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |  | Lusaka, Zambia<br>Sun 21 Sutra 48  |
|          | <b>Retreat Star</b>  | <b>Gulika</b> 6:26AM – 7:51AM  | <b>Purvaphalguni</b> Until 1:11AM Sun            | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:26AM<br><b>Muruqa:</b> Orange <i>Sunset:</i> 5:43PM    Moon 5 - Phase 6 |
|          | Simha Rasi: 15.22    Tithi 8 – 9   | <b>Rahu</b> 9:16AM – 10:40AM   | Harshana Until 3:55PM<br>Balava Until 3:20AM Sun | Nataraja: Clear<br>Moon – Red  |
|          | Creative Work    Siddha Yoga<br>Until 1:11AM Sun<br>Then Creative Work - Amrita Yoga |  | <b>Ashtami*</b> Until 4:26PM                     | <b>Sivaloka Day</b>  |

|          |                                   |   |   |  |
|----------|-----------------------------------|---|---|--|
| <b>☽</b> | <b>Sunday, May 31, 2020</b>       | Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |   | Lusaka, Zambia<br>Sun 22 Sutra 49  |
|          | <b>Retreat Star</b>               | <b>Gulika</b> 2:54PM – 4:19PM   | <b>Uttaraphalguni</b> Until 11:21PM               | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:27AM<br><b>Muruqa:</b> Orange <i>Sunset:</i> 5:43PM    Moon 5 - Phase 6 |
|          | Simha Rasi: 29.31    Tithi 9 – 10 | <b>Rahu</b> 4:19PM – 5:43PM   | Vajra* Until 12:58PM<br>Taitila Until 12:50AM Mon | Nataraja: Clear<br>Moon – Red  |
|          | Creative Work    Amrita Yoga      |   | <b>Navami*</b> Until 2:06PM                       | <b>Sivaloka Day</b>  |

The mind is said to be twofold: the pure and also the impure; impure by union with desire—pure when from desire completely free! Krishna Yajur Veda

|          |  |   |  |
|----------|--|---|--|
| <b>1</b> | <b>Monday, June 1, 2020</b>  | Sarvari Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Hasla Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau | Lusaka, Zambia<br>Sun 23<br>Sutra 50   |
|          | Kanya Rasi: 13.55    Tithi 10 – 11<br><b>Family Home Evening</b><br>Creative Work    Siddha Yoga<br>Until 9:32PM<br>Then Routine Work - Prabalarishta Yoga | <b>Gulika</b> 1:30PM – 2:54PM<br>Yama 10:41AM – 12:05PM<br><b>Rahu</b> 7:51AM – 9:16AM  | <b>Hasta</b> Until 9:32PM<br>Siddhi Until 9:45AM<br>Vanija Until 10:04PM<br><b>Dashami</b> Until 11:27AM |

Ganesha: Clear    Sunrise: 6:27AM  
Muruqa: Orange    Sunset: 5:43PM  
Nataraja: Clear  
Moon – Green  
Devaloka Day  
Sarvari 5122  
Moon 5 - Phase 7  
4th Phase

|          |  |  |  |
|----------|--|--|--|
| <b>2</b> | <b>Tuesday, June 2, 2020</b>   | Sarvari Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Chitra Nakshatra Vyatipata*/Varyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau | Lusaka, Zambia<br>Sun 24<br>Sutra 51   |
|          | Kanya Rasi: 28.28    Tithi 11 – 12<br><b>Creative Work</b> Siddha Yoga | <b>Gulika</b> 12:05PM – 1:30PM<br>Yama 9:16AM – 10:41AM<br><b>Rahu</b> 2:54PM – 4:19PM   | <b>Chitra</b> Until 7:24PM<br>Vyatipata* Until 6:21AM<br>Bava Until 7:07PM<br><b>Ekadashi</b> Until 8:35AM |


Ganesha: Clear    Sunrise: 6:27AM  
Muruqa: Orange    Sunset: 5:43PM  
Nataraja: Clear  
Moon – Green  
Devaloka Day  
Sarvari 5122  
Moon 5 - Phase 7  
4th Phase

|          |  |  |  |
|----------|--|--|--|
| <b>3</b> | <b>Wednesday, June 3, 2020</b>                                   | Sarvari Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Svati/Vishakha Nakshatra Parigha* Yoga Kaulava/Taitila Karana Trayodashyam Titau | Lusaka, Zambia<br>Sun 25<br>Sutra 52   |
|          | Tula Rasi: 13.08    Tithi 13<br><b>Creative Work</b> Siddha Yoga | <b>Gulika</b> 10:41AM – 12:06PM<br>Yama 7:52AM – 9:17AM<br><b>Rahu</b> 12:06PM – 1:30PM  | <b>Svati</b> Until 5:04PM<br>Parigha* Until 11:18PM<br>Kaulava Until 4:06PM<br><b>Trayodashi</b> Until 2:36AM Thu<br><i>Pradosha Vrata</i> |

Ganesha: Clear    Sunrise: 6:28AM  
Muruqa: Orange    Sunset: 5:43PM  
Nataraja: Clear  
Moon – Green  
Devaloka Day  
Sarvari 5122  
Moon 5 - Phase 7  
4th Phase

|          |  |  |  |
|----------|--|--|--|
| <b>4</b> | <b>Thursday, June 4, 2020</b>                                    | Sarvari Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Shiva Yoga Gara/Vanija Karana Chaturdashyam Titau | Lusaka, Zambia<br>Sun 26<br>Sutra 53   |
|          | Tula Rasi: 27.48    Tithi 14<br><b>Creative Work</b> Siddha Yoga | <b>Gulika</b> 9:17AM – 10:41AM<br>Yama 6:28AM – 7:52AM<br><b>Rahu</b> 1:30PM – 2:55PM  | <b>Vishakha</b> Until 3:05PM<br>Shiva Until 7:54PM<br>Gara Until 1:10PM<br><b>Chaturdashi*</b> Until 11:45PM |

Vaikasi Visakam    Ganesha: White    Sunrise: 6:28AM  
Muruqa: Orange    Sunset: 5:44PM  
Nataraja: Clear  
Moon – Orange  
Sivaloka Day  
Sarvari 5122  
Moon 5 - Phase 7  
4th Phase

|   |   |   |  |
|---|---|---|--|
|  | <b>Friday, June 5, 2020</b><br><b>Copper Retreat Star</b>   | Sarvari Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Siddha/Sadhya Yoga Visti*/Bava Karana Purnimayam Titau | Lusaka, Zambia<br>Sun 27<br>Sutra 54   |
|   | Vrischika Rasi: 12.2    Tithi 15<br><b>Creative Work</b> Siddha Yoga<br>Until 1:11PM<br>Then Routine Work - Marana Yoga | <b>Gulika</b> 7:53AM – 9:17AM<br>Yama 2:55PM – 4:19PM<br><b>Rahu</b> 10:41AM – 12:06PM  | <b>Anuradha</b> Until 1:11PM<br>Siddha Until 4:40PM<br>Visti Until 10:26AM<br><b>Purnima*</b> Until 9:11PM |

Ganesha: Yellow    Sunrise: 6:28AM  
Muruqa: Orange    Sunset: 5:44PM  
Nataraja: Yellow  
Moon – Orange  
Devaloka Day  
Sarvari 5122  
Moon 5 - Phase 7  
Purnima

|                            |  |  |   |
|----------------------------|--|--|---|
| <b>Silver Retreat Star</b> | <b>Saturday, June 6, 2020</b>  | Sarvari Nama Samvatsare Uтарыане Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau | Lusaka, Zambia<br>Sutra 55  |
|                            | Vrischika Rasi: 26.4    Tithi 16<br><b>Creative Work</b> Siddha Yoga | <b>Gulika</b> 6:28AM – 7:53AM<br>Yama 1:30PM – 2:55PM<br><b>Rahu</b> 9:17AM – 10:42AM  | <b>Jyeshtha*</b> Until 11:31AM<br>Sadhya Until 1:46PM<br>Balava Until 8:03AM<br><b>Prathama*</b> Until 7:01PM |

Ganesha: Yellow    Sunrise: 6:28AM  
Muruqa: Orange    Sunset: 5:44PM  
Nataraja: Yellow  
Moon – Orange  
Devaloka Day  
Sarvari 5122  
Moon 5 - Phase 7  
Prathama



**Sunday, June 7, 2020**  
**Gold Retreat Star**

Dhanus Rasi: 10.4 Tithi 17 - 18

382344461

Creative Work Amrita Yoga  
Until 10:37AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Mula/Purvashadha\* Nakshatra Subha/Sukla Yoga Taitila/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 2:55PM - 4:19PM  
**Yama** 12:06PM - 1:31PM  
**Rahu** 4:19PM - 5:44PM

**Mula\* Until 10:37AM**  
Subha Until 11:18AM  
Taitila Until 6:09AM  
**Dvitiya Until 5:24PM**

**Ganesha:** Blue  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Vaikasi**

*Sunrise:* 6:29AM  
*Sunset:* 5:44PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Lusaka, Zambia  
Sun 1 Sutra 56  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**1**

**Monday, June 8, 2020**

Dhanus Rasi: 24.18 Tithi 18 - 19

382344461

**Family Home Evening**  
Routine Work Marana Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha\*/Uttarashadha Nakshatra Sukla/Brahma Yoga Vistii\*/Bava Karana Tritiya/Chaturthyam Titau

**Gulika** 1:31PM - 2:55PM  
**Yama** 10:42AM - 12:06PM  
**Rahu** 7:53AM - 9:18AM

**Purvashadha\* Until 10:13AM**  
Sukla Until 9:19AM  
Bava Until 4:14AM Tue  
**Tritiya Until 4:26PM**

**Ganesha:** Blue  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Vaikasi**

*Sunrise:* 6:29AM  
*Sunset:* 5:44PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Lusaka, Zambia  
Sun 2 Sutra 57  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**2**

**Tuesday, June 9, 2020**

Makara Rasi: 7.33 Tithi 19 - 20

382344461

Routine Work Prabalarishta Yoga  
Until 10:20AM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha\*/Shravana Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 12:07PM - 1:31PM  
**Yama** 9:18AM - 10:42AM  
**Rahu** 2:55PM - 4:20PM

**Uttarashadha Until 10:20AM**  
Brahma Until 7:55AM  
Kaulava Until 4:20AM Wed  
**Chaturthi\* Until 4:11PM**

**Ganesha:** Blue  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon - Light Blue  
**Jyeshtha-Vaikasi**

*Sunrise:* 6:29AM  
*Sunset:* 5:44PM

**Bhuloka Day**  
Devaloka Time: 3:PM to 6:PM

Lusaka, Zambia  
Sun 3 Sutra 58  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**3**

**Wednesday, June 10, 2020**

Makara Rasi: 20.26 Tithi 20 - 21

392344461

Creative Work Siddha Yoga  
Until 11:29AM  
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana/Dhanishtha Nakshatra Indra/Vaidhriti\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

**Gulika** 10:43AM - 12:07PM  
**Yama** 7:54AM - 9:18AM  
**Rahu** 12:07PM - 1:31PM

**Shravana Until 11:29AM**  
Indra Until 7:06AM  
Gara Until 5:09AM Thu  
**Panchami Until 4:39PM**

**Ganesha:** Red  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Vaikasi**

*Sunrise:* 6:30AM  
*Sunset:* 5:44PM

**Devaloka Day**

Lusaka, Zambia  
Sun 4 Sutra 59  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**4**

**Thursday, June 11, 2020**

Kumbha Rasi: 2.58 Tithi 21 - 22

392344461

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Vaidhriti\*/Vishkambha\* Yoga Vanija/Vistii\* Karana Shashthi/Saptamyam Titau

**Gulika** 9:19AM - 10:43AM  
**Yama** 6:30AM - 7:54AM  
**Rahu** 1:31PM - 2:56PM

**Dhanishtha Until 1:09PM**  
Vaidhriti\* Until 6:48AM  
Vistii Until 6:35AM Fri  
**Shashthi\* Until 5:47PM**

**Ganesha:** Red  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Vaikasi**

*Sunrise:* 6:30AM  
*Sunset:* 5:44PM

**Devaloka Day**

Lusaka, Zambia  
Sun 5 Sutra 60  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**5**

**Friday, June 12, 2020**

Kumbha Rasi: 15.15 Tithi 22

392344461

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak/Purvaproshtapada\* Nakshatra Vishkambha\*/Pritii Yoga Vistii\*/Bava Karana Saptamyam Titau

**Gulika** 7:55AM - 9:19AM  
**Yama** 2:56PM - 4:20PM  
**Rahu** 10:43AM - 12:07PM

**Shatabhishak Until 3:12PM**  
Vishkambha\* Until 7:00AM  
Vistii Until 6:35AM  
**Saptami Until 7:28PM**

**Ganesha:** Red  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon - Purple  
**Jyeshtha-Vaikasi**

*Sunrise:* 6:30AM  
*Sunset:* 5:44PM

**Devaloka Day**

Lusaka, Zambia  
Sun 6 Sutra 61  
Sarvari 5122  
Moon 6 - Phase 8  
1st Phase

**D**

**Saturday, June 13, 2020**  
**Retreat Star**

Kumbha Rasi: 27.2 Tithi 23

312344461

Routine Work Marana Yoga  
Until 5:59PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Purvaproshtapada\*/Uttarproshtapada Nakshatra Pritii/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 6:31AM - 7:55AM  
**Yama** 1:32PM - 2:56PM  
**Rahu** 9:19AM - 10:43AM

**Purvaproshtapada\* Until 5:59PM**  
Pritii Until 7:34AM  
Balava Until 8:29AM  
**Ashtami\* Until 9:32PM**

**Ganesha:** Clear  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Vaikasi**

*Sunrise:* 6:31AM  
*Sunset:* 5:44PM

**Devaloka Day**

Lusaka, Zambia  
Sun 7 Sutra 62  
Sarvari 5122  
Moon 6 - Phase 8  
Ashtami

**Sunday, June 14, 2020**

**Retreat Star**

Meena Rasi: 9.18 Tithi 24

312344461

Creative Work Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

**Gulika** 2:56PM - 4:20PM  
**Yama** 12:08PM - 1:32PM  
**Rahu** 4:20PM - 5:45PM

**Uttaraproshtapada Until 8:50PM**  
Ayushman Until 8:20AM  
Taitila Until 10:41AM  
**Navami\* Until 11:49PM**

**Ganesha:** Clear  
**Muruqa:** Orange  
**Nataraja:** Yellow  
Moon - Clear  
**Jyeshtha-Ani**

*Sunrise:* 6:31AM  
*Sunset:* 5:45PM

**Devaloka Day**

Lusaka, Zambia  
Sun 8 Sutra 63  
Sarvari 5122  
Moon 6 - Phase 8  
Navami

|                              |             |  |                                 |                                      |                        |
|------------------------------|-------------|--|---------------------------------|--------------------------------------|------------------------|
| <b>Monday, June 15, 2020</b> |             | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam<br>Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dasharyam Titau |                                 | Lusaka, Zambia<br>Sun 9     Sutra 64 |                        |
| <b>1</b>                     |             | <b>Gulika</b> 1:32PM – 2:56PM  | <b>Revati Until 11:33PM</b>     | <b>Ganesha:</b> Clear                | <i>Sunrise:</i> 6:31AM |
| Meena Rasi: 21.12            | Tithi 25    | Yama 10:44AM – 12:08PM   | Saubhagya Until 9:14AM          | <b>Muruqa:</b> Orange                | <i>Sunset:</i> 5:45PM  |
| <b>Family Home Evening</b>   | 312344461   | <b>Rahu</b> 7:55AM – 9:19AM  | Vanija Until 1:00PM             | <b>Nataraja:</b> Yellow              | Moon 6 - Phase 9       |
| Creative Work                | Siddha Yoga |  | <b>Dashami Until 2:08AM Tue</b> | Moon – Clear                         | 2nd Phase              |
|                              |             |  |                                 | <b>Jyeshtha-Ani</b>                  | <b>Devaloka Day</b>    |

|                               |             |  |                                   |                                       |                             |
|-------------------------------|-------------|--|-----------------------------------|---------------------------------------|-----------------------------|
| <b>Tuesday, June 16, 2020</b> |             | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashvini Nakshatra Sobhana/Athiganda* Yoga Bava/Balava Karana Ekadashyam Titau |                                   | Lusaka, Zambia<br>Sun 10     Sutra 65 |                             |
| <b>2</b>                      |             | <b>Gulika</b> 12:08PM – 1:32PM   | <b>Ashvini Until 2:29AM Wed</b>   | <b>Ganesha:</b> Purple                | <i>Sunrise:</i> 6:31AM      |
| Mesha Rasi: 3.07              | Tithi 26    | Yama 9:20AM – 10:44AM  | Sobhana Until 10:07AM             | <b>Muruqa:</b> Orange                 | <i>Sunset:</i> 5:45PM       |
|                               | 322344461   | <b>Rahu</b> 2:56PM – 4:21PM  | Bava Until 3:15PM                 | <b>Nataraja:</b> Yellow               | Moon 6 - Phase 9            |
| Creative Work                 | Siddha Yoga |  | <b>Ekadashi* Until 4:17AM Wed</b> | Moon – White                          | 2nd Phase                   |
|                               |             |  |                                   | <b>Jyeshtha-Ani</b>                   | <b>Bhuloka Day</b>          |
|                               |             |  |                                   |                                       | Devaloka Time: 3:PM to 6:PM |

|                                 |             |  |                                   |                                       |                             |
|---------------------------------|-------------|--|-----------------------------------|---------------------------------------|-----------------------------|
| <b>Wednesday, June 17, 2020</b> |             | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                   | Lusaka, Zambia<br>Sun 11     Sutra 66 |                             |
| <b>3</b>                        |             | <b>Gulika</b> 10:44AM – 12:08PM  | <b>Bharani Until 4:57AM Thu</b>   | <b>Ganesha:</b> Purple                | <i>Sunrise:</i> 6:32AM      |
| Mesha Rasi: 15.05               | Tithi 27    | Yama 7:56AM – 9:20AM   | Athiganda* Until 10:48AM          | <b>Muruqa:</b> Orange                 | <i>Sunset:</i> 5:45PM       |
|                                 | 322344461   | <b>Rahu</b> 12:08PM – 1:33PM   | Kaulava Until 5:16PM              | <b>Nataraja:</b> Yellow               | Moon 6 - Phase 9            |
| Creative Work                   | Siddha Yoga |  | <b>Dvadashi* Until 6:07AM Thu</b> | Moon – White                          | 2nd Phase                   |
| Until 4:57AM Thu                |             |  |                                   | <b>Jyeshtha-Ani</b>                   | <b>Bhuloka Day</b>          |
| Then Routine Work - Marana Yoga |             |  |                                   |                                       | Devaloka Time: 3:PM to 6:PM |

|                                |               |  |                                  |                                       |                             |
|--------------------------------|---------------|--|----------------------------------|---------------------------------------|-----------------------------|
| <b>Thursday, June 18, 2020</b> |               | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam<br>Krittika Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau |                                  | Lusaka, Zambia<br>Sun 12     Sutra 67 |                             |
| <b>4</b>                       |               | <b>Gulika</b> 9:20AM – 10:44AM   | <b>Krittika Until 6:50AM Fri</b> | <b>Ganesha:</b> Purple                | <i>Sunrise:</i> 6:32AM      |
| Mesha Rasi: 27.11              | Tithi 27 – 28 | Yama 6:32AM – 7:56AM   | Sukarma Until 11:15AM            | <b>Muruqa:</b> Orange                 | <i>Sunset:</i> 5:45PM       |
|                                | 322344461     | <b>Rahu</b> 1:33PM – 2:57PM  | Gara Until 6:54PM                | <b>Nataraja:</b> Yellow               | Moon 6 - Phase 9            |
| Routine Work                   | Marana Yoga   |  | <b>Dvadashi* Until 6:07AM</b>    | Moon – White                          | 2nd Phase                   |
|                                |               |  |                                  | <b>Jyeshtha-Ani</b>                   | <b>Bhuloka Day</b>          |
|                                |               |  |                                  |                                       | Devaloka Time: 3:PM to 6:PM |

*Pradosha Vrata (Fasting)*

|                                 |               |   |                                 |                                       |                             |
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| <b>Friday, June 19, 2020</b>    |               | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                                 | Lusaka, Zambia<br>Sun 13     Sutra 68 |                             |
| <b>5</b>                        |               | <b>Gulika</b> 7:56AM – 9:20AM   | <b>Krittika Until 6:50AM</b>    | <b>Ganesha:</b> Light Blue            | <i>Sunrise:</i> 6:32AM      |
| Vrishabha Rasi: 9.28            | Tithi 28 – 29 | Yama 2:57PM – 4:21PM  | Dhriti Until 11:21AM            | <b>Muruqa:</b> Orange                 | <i>Sunset:</i> 5:45PM       |
|                                 | 323344461     | <b>Rahu</b> 10:45AM – 12:09PM   | Visti Until 8:03PM              | <b>Nataraja:</b> Yellow               | Moon 6 - Phase 9            |
| Creative Work                   | Siddha Yoga   |   | <b>Trayodashi* Until 7:32AM</b> | Moon – White                          | 2nd Phase                   |
| Until 6:50AM                    |               |   |                                 | <b>Jyeshtha-Ani</b>                   | <b>Bhuloka Day</b>          |
| Then Routine Work - Marana Yoga |               |   |                                 |                                       | Devaloka Time: 3:PM to 6:PM |

|                                  |               |   |                                  |                                       |                             |
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| <b>Saturday, June 20, 2020</b>   |               | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                  | Lusaka, Zambia<br>Sun 14     Sutra 69 |                             |
| <b>Retreat Star</b>              |               | <b>Gulika</b> 6:32AM – 7:56AM   | <b>Rohini Until 8:33AM</b>       | <b>Ganesha:</b> Purple                | <i>Sunrise:</i> 6:32AM      |
| Vrishabha Rasi: 21.59            | Tithi 29 – 30 | Yama 1:33PM – 2:57PM  | Shula* Until 11:01AM             | <b>Muruqa:</b> Orange                 | <i>Sunset:</i> 5:46PM       |
|                                  | 333344461     | <b>Rahu</b> 9:21AM – 10:45AM  | Catuspada Until 8:40PM           | <b>Nataraja:</b> Yellow               | Moon 6 - Phase 9            |
| Creative Work                    | Amrita Yoga   |   | <b>Chaturdashi* Until 8:25AM</b> | Moon – Yellow                         | Amavasya                    |
| Until 8:33AM                     |               |   |                                  | <b>Jyeshtha-Ani</b>                   | <b>Bhuloka Day</b>          |
| Then Creative Work - Siddha Yoga |               |   |                                  |                                       | Devaloka Time: 3:PM to 6:PM |

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| <b>Sunday, June 21, 2020</b> |              | Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |                                | Lusaka, Zambia<br>Sun 15     Sutra 70 |                             |
| <b>Retreat Star</b>          |              | <b>Gulika</b> 2:58PM – 4:22PM  | <b>Mrigashira Until 9:33AM</b> | <b>Ganesha:</b> Purple                | <i>Sunrise:</i> 6:33AM      |
| Mithuna Rasi: 4.44           | Tithi 30 – 1 | Yama 12:09PM – 1:33PM  | Ganda* Until 10:15AM           | <b>Muruqa:</b> Orange                 | <i>Sunset:</i> 5:46PM       |
|                              | 333344461    | <b>Rahu</b> 4:22PM – 5:46PM  | Kintughna Until 8:43PM         | <b>Nataraja:</b> Yellow               | Moon 6 - Phase 9            |
| Creative Work                | Siddha Yoga  |  | <b>Amavasya* Until 8:45AM</b>  | Moon – Yellow                         | Prathama                    |
|                              |              | <b>Father's Day</b>  |                                | <b>Ashada-Ani</b>                     | <b>Bhuloka Day</b>          |
|                              |              | <b>Annular Solar Eclipse</b>   |                                |                                       | Devaloka Time: 3:PM to 6:PM |

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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| <b>Monday, June 22, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |  |   |  | Lusaka, Zambia<br>Sun 16 Sutra 71  |
| <b>1</b>                     | Mithuna Rasi: 17.46<br>Tithi 1 - 2<br><b>Family Home Evening</b><br>Creative Work Siddha Yoga<br>Until 9:53AM<br>Then Creative Work - Amrita Yoga | 333444461   | <b>Gulika</b> 1:34PM - 2:58PM<br>Yama 10:45AM - 12:09PM<br><b>Rahu</b> 7:57AM - 9:21AM | <b>Ardra Until 9:53AM</b><br>Vridhhi Until 9:05AM<br>Balava Until 8:16PM<br><b>Prathama* Until 8:32AM</b> | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon - Yellow<br><b>Ashada-Ani</b> | Sunrise: 6:33AM<br>Sunset: 5:46PM<br>Moon 6 - Phase 10<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <b>Tuesday, June 23, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  |  |  | Lusaka, Zambia<br>Sun 17 Sutra 72  |
| <b>2</b>                      | Kataka Rasi: 1.04<br>Tithi 2 - 3<br>Creative Work Siddha Yoga | 343444461  | <b>Gulika</b> 12:10PM - 1:34PM<br>Yama 9:21AM - 10:45AM<br><b>Rahu</b> 2:58PM - 4:22PM | <b>Punarvasu Until 10:02AM</b><br>Dhruva Until 7:30AM<br>Taitila Until 7:21PM<br><b>Dvitiya Until 7:50AM</b> | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon - Blue<br><b>Ashada-Ani</b> | Sunrise: 6:33AM<br>Sunset: 5:46PM<br>Moon 6 - Phase 10<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <b>Wednesday, June 24, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |   |   |  | Lusaka, Zambia<br>Sun 18 Sutra 73  |
| <b>3</b>                        | Kataka Rasi: 14.35<br>Tithi 3 - 4<br>Creative Work Siddha Yoga | 343444461   | <b>Gulika</b> 10:46AM - 12:10PM<br>Yama 7:57AM - 9:21AM<br><b>Rahu</b> 12:10PM - 1:34PM | <b>Pushya Until 9:37AM</b><br>Harshana Until 3:24AM Thu<br>Vanija Until 6:02PM<br><b>Tritiya Until 6:43AM</b> | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon - Blue<br><b>Ashada-Ani</b> | Sunrise: 6:33AM<br>Sunset: 5:47PM<br>Moon 6 - Phase 10<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <b>Thursday, June 25, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Vajra* Yoga Bava/Balava Karana Panchamyam Titau |   |  |  | Lusaka, Zambia<br>Sun 19 Sutra 74  |
| <b>4</b>                       | Kataka Rasi: 28.2<br>Tithi 5<br>Creative Work Siddha Yoga<br>Until 8:44AM<br>Then Creative Work - Amrita Yoga | 343444461   | <b>Gulika</b> 9:22AM - 10:46AM<br>Yama 6:33AM - 7:57AM<br><b>Rahu</b> 1:34PM - 2:58PM | <b>Ashlesha* Until 8:44AM</b><br>Vajra* Until 12:57AM Fri<br>Bava Until 4:25PM<br><b>Panchami Until 3:29AM Fri</b> | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon - Blue<br><b>Ashada-Ani</b> | Sunrise: 6:33AM<br>Sunset: 5:47PM<br>Moon 6 - Phase 10<br>3rd Phase<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <b>Friday, June 26, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Siddhi Yoga Kaulava/Taitila Karana Shashthyam Titau |  |   |  | Lusaka, Zambia<br>Sun 20 Sutra 75  |
| <b>5</b>                     | Simha Rasi: 12.14<br>Tithi 6<br>Routine Work Marana Yoga<br>Until 7:51AM<br>Then Creative Work - Siddha Yoga | 353444461  | <b>Gulika</b> 7:58AM - 9:22AM<br>Yama 2:59PM - 4:23PM<br><b>Rahu</b> 10:46AM - 12:10PM | <b>Magha* Until 7:51AM</b><br>Siddhi Until 10:20PM<br>Kaulava Until 2:33PM<br><b>Shashthi* Until 1:31AM Sat</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon - Red<br><b>Ashada-Ani</b> | Sunrise: 6:33AM<br>Sunset: 5:47PM<br>Moon 6 - Phase 10<br>3rd Phase<br><b>Devaloka Day</b> |

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| <b>Saturday, June 27, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau |   |  |  | Lusaka, Zambia<br>Sun 21 Sutra 76  |
| <b>6</b>                       | Simha Rasi: 26.17<br>Tithi 7<br>Creative Work Siddha Yoga<br>Until 6:38AM<br>Then Routine Work - Marana Yoga | 353444461   | <b>Gulika</b> 6:34AM - 7:58AM<br>Yama 1:35PM - 2:59PM<br><b>Rahu</b> 9:22AM - 10:46AM | <b>Purvaphalguni Until 6:38AM</b><br>Vyatipata* Until 7:35PM<br>Gara Until 12:29PM<br><b>Saptami Until 11:22PM</b> | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon - Red<br><b>Ashada-Ani</b> | Sunrise: 6:34AM<br>Sunset: 5:47PM<br>Moon 6 - Phase 10<br>3rd Phase<br><b>Devaloka Day</b> |

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| <b>Sunday, June 28, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Variyan/Parigha* Yoga Visti*/Bava Karana Ashtamyam Titau |   |  |  | Lusaka, Zambia<br>Sun 22 Sutra 77  |
| <b>Retreat Star</b>          | Kanya Rasi: 10.26<br>Tithi 8<br>Creative Work Amrita Yoga<br>Until 3:44AM Mon<br>Then Routine Work - Prabalarishta Yoga | 363444461  | <b>Gulika</b> 2:59PM - 4:23PM<br>Yama 12:11PM - 1:35PM<br><b>Rahu</b> 4:23PM - 5:48PM | <b>Hasta Until 3:44AM Mon</b><br>Variyan Until 4:41PM<br>Visti Until 10:16AM<br><b>Ashtami* Until 9:06PM</b> | <b>Ganesha:</b> White<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon - Green<br><b>Ashada-Ani</b> | Sunrise: 6:34AM<br>Sunset: 5:48PM<br>Moon 6 - Phase 10<br>Ashtami<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| <b>Monday, June 29, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau |  |   |  | Lusaka, Zambia<br>Sun 23 Sutra 78   |
| <b>Retreat Star</b>          | Kanya Rasi: 24.4<br>Tithi 9<br><b>Family Home Evening</b><br>Routine Work Prabalarishta Yoga<br>Until 2:10AM Tue<br>Then Creative Work - Siddha Yoga | 363444461  | <b>Gulika</b> 1:35PM - 2:59PM<br>Yama 10:47AM - 12:11PM<br><b>Rahu</b> 7:58AM - 9:22AM | <b>Chitra Until 2:10AM Tue</b><br>Parigha* Until 1:45PM<br>Balava Until 7:57AM<br><b>Navami* Until 6:45PM</b> | <b>Ganesha:</b> White<br><b>Muruqa:</b> Orange<br><b>Nataraja:</b> Yellow<br>Moon - Green<br><b>Ashada-Ani</b> | Sunrise: 6:34AM<br>Sunset: 5:48PM<br>Moon 6 - Phase 10<br>Navami<br><b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |

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| 1 | <b>Tuesday, June 30, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                |                         |   | Lusaka, Zambia<br>Sun 24<br>Sutra 79 |
|   | Tula Rasi: 8.56               | Tithi 10 – 11 | <b>Gulika</b> 12:11PM – 1:35PM  | <b>Svati Until 12:27AM Wed</b> | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:34AM                            | Sarvari 5122                         |
|   |                               |               | Yama 9:23AM – 10:47AM   | Shiva Until 10:46AM            | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 5:48PM                             | Moon 6 - Phase 11                    |
|   | Creative Work                 | Siddha Yoga   | 363444461 <b>Rahu</b> 3:00PM – 4:24PM   | Vanija Until 3:13AM Wed        | <b>Nataraja:</b> Yellow |   | 4th Phase                            |
|   |                               |               | <b>Dashami Until 4:23PM</b>   | Moon – Green                   |                         | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                      |
|   |                               |               |   | <b>Ashada*Ani</b>              |                         |   |                                      |

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| 2 | <b>Wednesday, July 1, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam<br>Vishakha Nakshatra Siddha/Sadhya Yoga Visti/Bava Karana Ekadashi/Dvadashyam Titau |                               |                         |                        | Lusaka, Zambia<br>Sun 25<br>Sutra 80 |
|   | Tula Rasi: 23.12               | Tithi 11 – 12 | <b>Gulika</b> 10:47AM – 12:11PM   | <b>Vishakha Until 11:05PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:34AM | Sarvari 5122                         |
|   |                                |               | Yama 7:58AM – 9:23AM  | Siddha Until 7:48AM           | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 5:48PM  | Moon 6 - Phase 11                    |
|   | Creative Work                  | Siddha Yoga   | 373444461 <b>Rahu</b> 12:11PM – 1:36PM  | Bava Until 12:55AM Thu        | <b>Nataraja:</b> Yellow |                        | 4th Phase                            |
|   |                                |               | <b>Ekadashi Until 2:02PM</b>  | Moon – Orange                 |                         | <b>Devaloka Day</b>    |                                      |
|   |                                |               |   | <b>Ashada*Ani</b>             |                         |                        |                                      |

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| 3 | <b>Thursday, July 2, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam<br>Anuradha Nakshatra Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                              |                         |                        | Lusaka, Zambia<br>Sun 26<br>Sutra 81 |
|   | Vrischika Rasi: 7.25          | Tithi 12 – 13 | <b>Gulika</b> 9:23AM – 10:47AM   | <b>Anuradha Until 9:43PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:34AM | Sarvari 5122                         |
|   |                               |               | Yama 6:34AM – 7:59AM   | Subha Until 2:09AM Fri       | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 5:49PM  | Moon 6 - Phase 11                    |
|   | Creative Work                 | Siddha Yoga   | 373444461 <b>Rahu</b> 1:36PM – 3:00PM  | Kaulava Until 10:47PM        | <b>Nataraja:</b> Yellow |                        | 4th Phase                            |
|   |                               |               | <b>Dvadashi Until 11:48AM</b>  | Moon – Orange                |                         | <b>Devaloka Day</b>    |                                      |
|   |                               |               |  | <b>Ashada*Ani</b>            |                         |                        |                                      |
|   |                               |               |  | <i>Pradosha Vrata</i>        |                         |                        |                                      |

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| 4 | <b>Friday, July 3, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Jyeshtha* Nakshatra Sukla Yoga Taila/Gara Karana Trayodashi/Chaturdashyam Titau |                               |                         |                        | Lusaka, Zambia<br>Sun 27<br>Sutra 82 |
|   | Vrischika Rasi: 21.3        | Tithi 13 – 14 | <b>Gulika</b> 7:59AM – 9:23AM   | <b>Jyeshtha* Until 8:27PM</b> | <b>Ganesha:</b> Red     | <i>Sunrise:</i> 6:34AM | Sarvari 5122                         |
|   |                             |               | Yama 3:00PM – 4:25PM  | Sukla Until 11:36PM           | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 5:49PM  | Moon 6 - Phase 11                    |
|   | Routine Work                | Marana Yoga   | 374444461 <b>Rahu</b> 10:47AM – 12:12PM   | Gara Until 8:52PM             | <b>Nataraja:</b> Yellow |                        | 4th Phase                            |
|   |                             |               | <b>Trayodashi Until 9:46AM</b>  | Moon – Orange                 |                         | <b>Devaloka Day</b>    |                                      |
|   |                             |               |   | <b>Ashada*Ani</b>             |                         |                        |                                      |

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| ○ | <b>Saturday, July 4, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mula* Nakshatra Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                           |                         |   | Lusaka, Zambia<br>Sun 28<br>Sutra 83 |
|   | <b>Copper Retreat Star</b>    |               | <b>Gulika</b> 6:34AM – 7:59AM   | <b>Mula* Until 7:48PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:34AM                            | Sarvari 5122                         |
|   | Dhanus Rasi: 5.25             | Tithi 14 – 15 | Yama 1:36PM – 3:01PM  | Brahma Until 9:20PM       | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 5:49PM                             | Moon 6 - Phase 11                    |
|   | Creative Work                 | Siddha Yoga   | 384444461 <b>Rahu</b> 9:23AM – 10:47AM  | Visti Until 7:19PM        | <b>Nataraja:</b> Yellow |   | Purnima                              |
|   |                               |               | <b>Chaturdashi* Until 8:02AM</b>  | Moon – Light Blue         |                         | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                      |
|   |                               |               | <b>Satguru Purnima</b>  | <b>Ashada*Ani</b>         |                         |   |                                      |

|   |                             |               |  |                                  |                         |   |                                      |
|---|-----------------------------|---------------|--|----------------------------------|-------------------------|---|--------------------------------------|
| ○ | <b>Sunday, July 5, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Purvashadha* Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                  |                         |   | Lusaka, Zambia<br>Sun 29<br>Sutra 84 |
|   | <b>Silver Retreat Star</b>  |               | <b>Gulika</b> 3:01PM – 4:25PM  | <b>Purvashadha* Until 7:27PM</b> | <b>Ganesha:</b> Blue    | <i>Sunrise:</i> 6:34AM                            | Sarvari 5122                         |
|   | Dhanus Rasi: 19.06          | Tithi 15 – 16 | Yama 12:12PM – 1:36PM  | Indra Until 7:28PM               | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 5:50PM                             | Moon 6 - Phase 11                    |
|   | Creative Work               | Siddha Yoga   | 384444461 <b>Rahu</b> 4:25PM – 5:50PM  | Balava Until 6:12PM              | <b>Nataraja:</b> Yellow |   | Prathama                             |
|   |                             |               | <b>Purnima* Until 6:41AM</b>   | Moon – Light Blue                |                         | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                      |
|   |                             |               | <b>Penumbral Lunar Eclipse</b>   | <b>Ashada*Ani</b>                |                         |   |                                      |

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda





**Monday, July 6, 2020**  
**Gold Retreat Star**

Makara Rasi: 2.3 Tithi 17  
Family Home Evening 484444461  
Routine Work Marana Yoga  
Until 7:29PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Vaidhriti\* Yoga Taitila/Gara Karana Dvitiyayam Titau

**Gulika** 1:37PM – 3:01PM  
Yama 10:48AM – 12:12PM  
**Rahu** 7:59AM – 9:23AM  
**Uttarashadha Until 7:29PM**  
Vaidhriti\* Until 6:00PM  
Taitila Until 5:37PM  
Dvitiya Until 5:31AM Tue

**Ganesha:** Red *Sunrise:* 6:34AM  
**Muruqa:** Orange *Sunset:* 5:50PM  
**Nataraja:** Yellow  
Moon – Light Blue  
**Ashada-Ani**

Lusaka, Zambia  
Sutra 85  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Devaloka Day**

**1**

**Tuesday, July 7, 2020**

Makara Rasi: 16 Tithi 18  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam  
Shravana Nakshatra Vishkambha\* Priti Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika** 12:12PM – 1:37PM  
Yama 9:23AM – 10:48AM  
**Rahu** 3:01PM – 4:26PM  
**Shravana Until 8:24PM**  
Vishkambha\* Until 5:00PM  
Vanija Until 5:37PM  
Tritiya Until 5:50AM Wed

**Ganesha:** Blue *Sunrise:* 6:34AM  
**Muruqa:** Orange *Sunset:* 5:50PM  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada-Ani**

Lusaka, Zambia  
Sun 1 Sutra 86  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**2**

**Wednesday, July 8, 2020**

Makara Rasi: 28.24 Tithi 19  
Routine Work Prabalarishta Yoga  
Until 9:46PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam  
Dhanishtha Nakshatra Priti/Ayushman Yoga Bava Karana Chaturthayam Titau

**Gulika** 10:48AM – 12:12PM  
Yama 7:59AM – 9:23AM  
**Rahu** 12:12PM – 1:37PM  
**Dhanishtha Until 9:46PM**  
Priti Until 4:31PM  
Bava Until 6:14PM  
Chaturthi\* Until 6:44AM Thu

**Ganesha:** Blue *Sunrise:* 6:34AM  
**Muruqa:** Orange *Sunset:* 5:51PM  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada-Ani**

Lusaka, Zambia  
Sun 2 Sutra 87  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**3**

**Thursday, July 9, 2020**

Kumbha Rasi: 10.55 Tithi 19 – 20  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 9:24AM – 10:48AM  
Yama 6:34AM – 7:59AM  
**Rahu** 1:37PM – 3:02PM  
**Shatabhishak Until 11:31PM**  
Ayushman Until 4:27PM  
Kaulava Until 7:26PM  
Chaturthi\* Until 6:44AM

**Ganesha:** Blue *Sunrise:* 6:34AM  
**Muruqa:** Orange *Sunset:* 5:51PM  
**Nataraja:** Yellow  
Moon – Purple  
**Ashada-Ani**

Lusaka, Zambia  
Sun 3 Sutra 88  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**4**

**Friday, July 10, 2020**

Kumbha Rasi: 23.12 Tithi 20 – 21  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Panchami/Shashthayam Titau

**Gulika** 7:59AM – 9:24AM  
Yama 3:02PM – 4:27PM  
**Rahu** 10:48AM – 12:13PM  
**Purvaproshtapada\* Until 2:04AM Sat**  
Saubhagya Until 4:47PM  
Gara Until 9:07PM  
Panchami Until 8:12AM

**Ganesha:** Green *Sunrise:* 6:34AM  
**Muruqa:** Orange *Sunset:* 5:51PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada-Ani**

Lusaka, Zambia  
Sun 4 Sutra 89  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**5**

**Saturday, July 11, 2020**

Meena Rasi: 5.17 Tithi 21 – 22  
Creative Work Siddha Yoga  
Until 4:47AM Sun  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mania Vasara Yuktayam  
Uttaraproshtapada\* Nakshatra Sobhana/Athiganda\* Yoga Vanija/Visti\* Karana Shashthi/Saplamyam Titau

**Gulika** 6:34AM – 7:59AM  
Yama 1:38PM – 3:02PM  
**Rahu** 9:24AM – 10:48AM  
**Uttaraproshtapada Until 4:47AM Sun**  
Sobhana Until 5:28PM  
Visti Until 11:11PM  
Shashthi\* Until 10:06AM

**Ganesha:** Green *Sunrise:* 6:34AM  
**Muruqa:** Orange *Sunset:* 5:51PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada-Ani**

Lusaka, Zambia  
Sun 5 Sutra 90  
Sarvari 5122  
Moon 7 - Phase 12  
1st Phase

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**D**

**Sunday, July 12, 2020**  
**Retreat Star**

Meena Rasi: 17.16 Tithi 22 – 23  
Creative Work Amrita Yoga  
Until 7:29AM Mon  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati Nakshatra Athiganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika** 3:02PM – 4:27PM  
Yama 12:13PM – 1:38PM  
**Rahu** 4:27PM – 5:52PM  
**Revati Until 7:29AM Mon**  
Athiganda\* Until 6:17PM  
Balava Until 1:28AM Mon  
Saptami Until 12:17PM

**Ganesha:** Green *Sunrise:* 6:34AM  
**Muruqa:** Orange *Sunset:* 5:52PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada-Ani**

Lusaka, Zambia  
Sun 6 Sutra 91  
Sarvari 5122  
Moon 7 - Phase 12  
Ashtami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

**Monday, July 13, 2020**

**Retreat Star**

Meena Rasi: 29.1 Tithi 23 – 24  
Family Home Evening 414444461  
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam  
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika** 1:38PM – 3:03PM  
Yama 10:48AM – 12:13PM  
**Rahu** 7:59AM – 9:24AM  
**Revati Until 7:29AM**  
Sukarma Until 7:11PM  
Taitila Until 3:45AM Tue  
Ashtami\* Until 2:36PM

**Ganesha:** Green *Sunrise:* 6:34AM  
**Muruqa:** Orange *Sunset:* 5:52PM  
**Nataraja:** Yellow  
Moon – Clear  
**Ashada-Ani**

Lusaka, Zambia  
Sun 7 Sutra 92  
Sarvari 5122  
Moon 7 - Phase 12  
Navami

**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.  
Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|                   |               |                                       |                              |   |                        |                     |                   |                                  |
|-------------------|---------------|---------------------------------------|------------------------------|---|------------------------|---------------------|-------------------|----------------------------------|
| <b>1</b>          |               | <b>Tuesday, July 14, 2020</b>         |                              | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Dhriti Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        |                     |                   | Lusaka, Zambia<br>Sun 8 Sutra 93 |
| Mesha Rasi: 11.05 | Tithi 24 – 25 | <b>Gulika</b> 12:13PM – 1:38PM        | <b>Ashvini</b> Until 10:30AM | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:34AM |                     | Sarvari 5122      |                                  |
|                   |               | Yama 9:24AM – 10:49AM                 | Dhriti Until 8:00PM          | <b>Muruqa:</b> Orange   | <i>Sunset:</i> 5:52PM  |                     | Moon 7 - Phase 13 |                                  |
|                   |               | 425444461 <b>Rahu</b> 3:03PM – 4:28PM | Vanija Until 5:51AM Wed      | <b>Nataraja:</b> Yellow   |                        |                     | 2nd Phase         |                                  |
| Creative Work     | Siddha Yoga   |                                       | <b>Navami*</b> Until 4:49PM  | Moon – White  |                        | <b>Devaloka Day</b> |                   |                                  |
|                   |               |                                       |                              | <b>Ashada*Ani</b>   |                        |                     |                   |                                  |

|                                  |             |  |                             |  |                        |                     |                   |                                  |
|----------------------------------|-------------|--|-----------------------------|--|------------------------|---------------------|-------------------|----------------------------------|
| <b>2</b>                         |             | <b>Wednesday, July 15, 2020</b>        |                             | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Shula* Yoga Visti* Karana Dashamyam Titau |                        |                     |                   | Lusaka, Zambia<br>Sun 9 Sutra 94 |
| Mesha Rasi: 23.04                | Tithi 25    | <b>Gulika</b> 10:49AM – 12:13PM        | <b>Bharani</b> Until 1:07PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:34AM |                     | Sarvari 5122      |                                  |
|                                  |             | Yama 7:59AM – 9:24AM                   | Shula* Until 8:32PM         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:53PM  |                     | Moon 7 - Phase 13 |                                  |
|                                  |             | 425454461 <b>Rahu</b> 12:13PM – 1:38PM | Visti Until 6:45PM          | <b>Nataraja:</b> Yellow  |                        |                     | 2nd Phase         |                                  |
| Creative Work                    | Siddha Yoga |  | <b>Dashami</b> Until 6:45PM | Moon – White   |                        | <b>Devaloka Day</b> |                   |                                  |
| Until 1:07PM                     |             |  |                             | <b>Ashada*Ani</b>  |                        |                     |                   |                                  |
| Then Creative Work - Amrita Yoga |             |  |                             |  |                        |                     |                   |                                  |

|                      |             |                                       |                               |   |                        |                     |                   |                                   |
|----------------------|-------------|---------------------------------------|-------------------------------|---|------------------------|---------------------|-------------------|-----------------------------------|
| <b>3</b>             |             | <b>Thursday, July 16, 2020</b>        |                               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau |                        |                     |                   | Lusaka, Zambia<br>Sun 10 Sutra 95 |
| Vrishabha Rasi: 5.13 | Tithi 26    | <b>Gulika</b> 9:24AM – 10:49AM        | <b>Krittika</b> Until 3:09PM  | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:34AM |                     | Sarvari 5122      |                                   |
|                      |             | Yama 6:34AM – 7:59AM                  | Ganda* Until 8:44PM           | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:53PM  |                     | Moon 7 - Phase 13 |                                   |
|                      |             | 425454461 <b>Rahu</b> 1:38PM – 3:03PM | Bava Until 7:34AM             | <b>Nataraja:</b> Yellow   |                        |                     | 2nd Phase         |                                   |
| Routine Work         | Marana Yoga |                                       | <b>Ekadashi*</b> Until 8:13PM | Moon – White  |                        | <b>Devaloka Day</b> |                   |                                   |
|                      |             |                                       |                               | <b>Ashada*Adi</b>   |                        |                     |                   |                                   |

|                                  |             |   |                               |   |                        |                     |                   |                                   |
|----------------------------------|-------------|---|-------------------------------|---|------------------------|---------------------|-------------------|-----------------------------------|
| <b>4</b>                         |             | <b>Friday, July 17, 2020</b>            |                               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Vriddhi Yoga Kaulava/Tailita Karana Dvadashyam Titau |                        |                     |                   | Lusaka, Zambia<br>Sun 11 Sutra 96 |
| Vrishabha Rasi: 17.35            | Tithi 27    | <b>Gulika</b> 7:59AM – 9:24AM           | <b>Rohini</b> Until 4:56PM    | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:34AM |                     | Sarvari 5122      |                                   |
|                                  |             | Yama 3:03PM – 4:28PM                    | Vriddhi Until 8:27PM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:53PM  |                     | Moon 7 - Phase 13 |                                   |
|                                  |             | 435454462 <b>Rahu</b> 10:49AM – 12:14PM | Kaulava Until 8:44AM          | <b>Nataraja:</b> White  |                        |                     | 2nd Phase         |                                   |
| Routine Work                     | Marana Yoga |   | <b>Dvadashi*</b> Until 9:04PM | Moon – Yellow   |                        | <b>Devaloka Day</b> |                   |                                   |
| Until 4:56PM                     |             |   |                               | <b>Ashada*Adi</b>   |                        |                     |                   |                                   |
| Then Creative Work - Siddha Yoga |             |   |                               |   |                        |                     |                   |                                   |

|                    |             |  |                                 |   |                        |                     |                   |                                   |
|--------------------|-------------|--|---------------------------------|---|------------------------|---------------------|-------------------|-----------------------------------|
| <b>5</b>           |             | <b>Saturday, July 18, 2020</b>         |                                 | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau |                        |                     |                   | Lusaka, Zambia<br>Sun 12 Sutra 97 |
| Mithuna Rasi: 0.15 | Tithi 28    | <b>Gulika</b> 6:34AM – 7:59AM          | <b>Mrigashira</b> Until 5:54PM  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:34AM |                     | Sarvari 5122      |                                   |
|                    |             | Yama 1:39PM – 3:04PM                   | Dhruva Until 7:36PM             | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:53PM  |                     | Moon 7 - Phase 13 |                                   |
|                    |             | 435454462 <b>Rahu</b> 9:24AM – 10:49AM | Gara Until 9:15AM               | <b>Nataraja:</b> White  |                        |                     | 2nd Phase         |                                   |
| Creative Work      | Siddha Yoga |  | <b>Trayodashi*</b> Until 9:14PM | Moon – Yellow   |                        | <b>Devaloka Day</b> |                   |                                   |
|                    |             |  |                                 | <b>Ashada*Adi</b>   |                        |                     |                   |                                   |
|                    |             |  |                                 | <i>Pradosha Vrata (Fasting)</i>   |                        |                     |                   |                                   |

|                     |             |                                       |                                  |   |                        |                     |                   |                                   |
|---------------------|-------------|---------------------------------------|----------------------------------|---|------------------------|---------------------|-------------------|-----------------------------------|
| <b>6</b>            |             | <b>Sunday, July 19, 2020</b>          |                                  | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        |                     |                   | Lusaka, Zambia<br>Sun 13 Sutra 98 |
| Mithuna Rasi: 13.15 | Tithi 29    | <b>Gulika</b> 3:04PM – 4:29PM         | <b>Ardra</b> Until 6:02PM        | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 6:34AM |                     | Sarvari 5122      |                                   |
|                     |             | Yama 12:14PM – 1:39PM                 | Vyaghata* Until 6:14PM           | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:54PM  |                     | Moon 7 - Phase 13 |                                   |
|                     |             | 435554462 <b>Rahu</b> 4:29PM – 5:54PM | Visti Until 9:04AM               | <b>Nataraja:</b> White  |                        |                     | 2nd Phase         |                                   |
| Creative Work       | Siddha Yoga |                                       | <b>Chaturdashi*</b> Until 8:43PM | Moon – Yellow   |                        | <b>Devaloka Day</b> |                   |                                   |
|                     |             |                                       |                                  | <b>Ashada*Adi</b>   |                        |                     |                   |                                   |

|                                  |             |                                       |                               |   |                        |                     |                   |                                   |
|----------------------------------|-------------|---------------------------------------|-------------------------------|---|------------------------|---------------------|-------------------|-----------------------------------|
| <b>Retreat Star</b>              |             | <b>Monday, July 20, 2020</b>          |                               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Harshana/Vajra* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        |                     |                   | Lusaka, Zambia<br>Sun 14 Sutra 99 |
| Mithuna Rasi: 26.36              | Tithi 30    | <b>Gulika</b> 1:39PM – 3:04PM         | <b>Punarvasu</b> Until 5:51PM | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:33AM |                     | Sarvari 5122      |                                   |
| <b>Family Home Evening</b>       |             | Yama 10:49AM – 12:14PM                | Harshana Until 4:22PM         | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:54PM  |                     | Moon 7 - Phase 13 |                                   |
|                                  |             | 445554462 <b>Rahu</b> 7:58AM – 9:24AM | Catuspada Until 8:14AM        | <b>Nataraja:</b> White  |                        |                     | Amavasya          |                                   |
| Creative Work                    | Amrita Yoga |                                       | <b>Amavasya*</b> Until 7:35PM | Moon – Blue   |                        | <b>Devaloka Day</b> |                   |                                   |
| Until 5:51PM                     |             |                                       |                               | <b>Ashada*Adi</b>   |                        |                     |                   |                                   |
| Then Creative Work - Siddha Yoga |             |                                       |                               |   |                        |                     |                   |                                   |

|                     |             |                                       |                               |  |                        |                     |                   |                                    |
|---------------------|-------------|---------------------------------------|-------------------------------|--|------------------------|---------------------|-------------------|------------------------------------|
| <b>Retreat Star</b> |             | <b>Tuesday, July 21, 2020</b>         |                               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Vajra*/Siddhi Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau |                        |                     |                   | Lusaka, Zambia<br>Sun 15 Sutra 100 |
| Kataka Rasi: 10.17  | Tithi 1 – 2 | <b>Gulika</b> 12:14PM – 1:39PM        | <b>Pushya</b> Until 5:00PM    | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:33AM |                     | Sarvari 5122      |                                    |
|                     |             | Yama 9:24AM – 10:49AM                 | Vajra* Until 2:03PM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:54PM  |                     | Moon 7 - Phase 13 |                                    |
|                     |             | 445554462 <b>Rahu</b> 3:04PM – 4:29PM | Kintughna Until 6:50AM        | <b>Nataraja:</b> White   |                        |                     | Prathama          |                                    |
| Creative Work       | Siddha Yoga |                                       | <b>Prathama*</b> Until 5:55PM | Moon – Blue  |                        | <b>Devaloka Day</b> |                   |                                    |
|                     |             |                                       |                               | <b>Sravana*Adi</b>   |                        |                     |                   |                                    |

|          |                                 |             |  |  |  |                                   |                                |              |
|----------|---------------------------------|-------------|--|--|--|-----------------------------------|--------------------------------|--------------|
| <b>1</b> | <b>Wednesday, July 22, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha* Magha* Nakshatra Siddhi/Vyatipata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  |  |                                   | Lusaka, Zambia                 |              |
|          | Kataka Rasi: 24.16              | Tithi 2 – 3 | 445554462  | Sun 16   | Sutra 101  |                                   | Sarvari 5122                   |              |
|          | Creative Work                   | Siddha Yoga | Gulika 10:49AM – 12:14PM<br>Yama 7:58AM – 9:23AM<br>Rahu 12:14PM – 1:39PM  | Ashlesha* Until 3:35PM<br>Siddhi Until 11:23AM<br>Taitila Until 2:44AM Thu<br>Dvitiya Until 3:51PM | Ganesha: Purple<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Blue | Sunrise: 6:33AM<br>Sunset: 5:55PM | Moon 7 - Phase 14<br>3rd Phase | Devaloka Day |
|          |                                 |             |  |  | Sravana*Adi  |                                   |                                |              |

|          |                                |             |   |  |   |                                   |                                |              |
|----------|--------------------------------|-------------|---|--|---|-----------------------------------|--------------------------------|--------------|
| <b>2</b> | <b>Thursday, July 23, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Vyatipata*/Varyan Yoga Gara/Vanija Karana Tritiya/Chaturthayam Titau |  |   |                                   | Lusaka, Zambia                 |              |
|          | Simha Rasi: 8.27               | Tithi 3 – 4 | 455554462   | Sun 17   | Sutra 102   |                                   | Sarvari 5122                   |              |
|          | Creative Work                  | Amrita Yoga | Gulika 9:23AM – 10:49AM<br>Yama 6:33AM – 7:58AM<br>Rahu 1:39PM – 3:04PM   | Magha* Until 2:11PM<br>Vyatipata* Until 8:29AM<br>Vanija Until 12:18AM Fri<br>Tritiya Until 1:31PM | Ganesha: Light Blue<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Red | Sunrise: 6:33AM<br>Sunset: 5:55PM | Moon 7 - Phase 14<br>3rd Phase | Devaloka Day |
|          |                                |             |   |  | Sravana*Adi   |                                   |                                |              |

|          |                              |             |   |   |   |                                   |                                |              |
|----------|------------------------------|-------------|---|---|---|-----------------------------------|--------------------------------|--------------|
| <b>3</b> | <b>Friday, July 24, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Parigha* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |   |   |                                   | Lusaka, Zambia                 |              |
|          | Simha Rasi: 22.46            | Tithi 4 – 5 | 455554462   | Sun 18  | Sutra 103   |                                   | Sarvari 5122                   |              |
|          | Creative Work                | Siddha Yoga | Gulika 7:58AM – 9:23AM<br>Yama 3:05PM – 4:30PM<br>Rahu 10:49AM – 12:14PM  | Purvaphalguni Until 12:29PM<br>Parigha* Until 2:18AM Sat<br>Bava Until 9:47PM<br>Chaturthi* Until 11:02AM | Ganesha: Light Blue<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Red | Sunrise: 6:33AM<br>Sunset: 5:55PM | Moon 7 - Phase 14<br>3rd Phase | Devaloka Day |
|          |                              |             | Nag Panchami  |   | Sravana*Adi   |                                   |                                |              |

|          |                                |             |  |  |   |                                   |                                |              |
|----------|--------------------------------|-------------|--|--|---|-----------------------------------|--------------------------------|--------------|
| <b>4</b> | <b>Saturday, July 25, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |  |   |                                   | Lusaka, Zambia                 |              |
|          | Kanya Rasi: 7.08               | Tithi 5 – 6 | 456554462  | Sun 19   | Sutra 104   |                                   | Sarvari 5122                   |              |
|          | Routine Work                   | Marana Yoga | Gulika 6:32AM – 7:58AM<br>Yama 1:39PM – 3:05PM<br>Rahu 9:23AM – 10:48AM  | Uttaraphalguni Until 10:37AM<br>Shiva Until 11:13PM<br>Kaulava Until 7:16PM<br>Panchami Until 8:30AM | Ganesha: Purple<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Red | Sunrise: 6:32AM<br>Sunset: 5:55PM | Moon 7 - Phase 14<br>3rd Phase | Devaloka Day |
|          |                                |             |  |  | Sravana*Adi   |                                   |                                |              |

|          |                              |             |  |  |  |                                   |                                |              |
|----------|------------------------------|-------------|--|--|--|-----------------------------------|--------------------------------|--------------|
| <b>5</b> | <b>Sunday, July 26, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Siddha Yoga Taitila/Vanija Karana Shashthi/Saptamyam Titau |  |  |                                   | Lusaka, Zambia                 |              |
|          | Kanya Rasi: 21.29            | Tithi 6 – 7 | 466554462  | Sun 20   | Sutra 105  |                                   | Sarvari 5122                   |              |
|          | Creative Work                | Amrita Yoga | Gulika 3:05PM – 4:30PM<br>Yama 12:14PM – 1:39PM<br>Rahu 4:30PM – 5:56PM  | Hasta Until 9:05AM<br>Siddha Until 8:11PM<br>Vanija Until 3:40AM Mon<br>Shashthi* Until 6:01AM | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Green | Sunrise: 6:32AM<br>Sunset: 5:56PM | Moon 7 - Phase 14<br>3rd Phase | Sivaloka Day |
|          |                              |             |  |  | Sravana*Adi  |                                   |                                |              |

|                              |                     |                    |   |   |  |                                   |                              |              |
|------------------------------|---------------------|--------------------|---|---|--|-----------------------------------|------------------------------|--------------|
| <b>Monday, July 27, 2020</b> | <b>Retreat Star</b> |                    | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra/Svati Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Ashtamyam Titau |   |  |                                   | Lusaka, Zambia               |              |
|                              | Tula Rasi: 5.44     | Tithi 8            | 466554462   | Sun 21  | Sutra 106  |                                   | Sarvari 5122                 |              |
|                              | Family Home Evening | Prabalarishta Yoga | Gulika 1:39PM – 3:05PM<br>Yama 10:48AM – 12:14PM<br>Rahu 7:57AM – 9:23AM  | Chitra Until 7:33AM<br>Sadhya Until 5:18PM<br>Visti Until 2:34PM<br>Ashtami* Until 1:29AM Tue | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Green | Sunrise: 6:32AM<br>Sunset: 5:56PM | Moon 7 - Phase 14<br>Ashtami | Sivaloka Day |
|                              |                     |                    |   |   | Sravana*Adi  |                                   |                              |              |

|                               |                     |             |   |   |  |                                   |                             |              |
|-------------------------------|---------------------|-------------|---|---|--|-----------------------------------|-----------------------------|--------------|
| <b>Tuesday, July 28, 2020</b> | <b>Retreat Star</b> |             | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Navamyam Titau |   |  |                                   | Lusaka, Zambia              |              |
|                               | Tula Rasi: 19.52    | Tithi 9     | 466554462   | Sun 22  | Sutra 107  |                                   | Sarvari 5122                |              |
|                               | Creative Work       | Siddha Yoga | Gulika 12:14PM – 1:39PM<br>Yama 9:23AM – 10:48AM<br>Rahu 3:05PM – 4:31PM  | Svati Until 6:03AM<br>Subha Until 2:36PM<br>Balava Until 12:30PM<br>Navami* Until 11:32PM | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Green | Sunrise: 6:31AM<br>Sunset: 5:56PM | Moon 7 - Phase 14<br>Navami | Sivaloka Day |
|                               |                     |             |   |   | Sravana*Adi  |                                   |                             |              |

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda


|  |                                 |  |   |                                  |                       |                        |  |
|--|---------------------------------|--|---|----------------------------------|-----------------------|------------------------|--|
| <b>1</b>                               | <b>Wednesday, July 29, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau |                                  |                       |                        | Lusaka, Zambia<br>Sun 23 Sutra 108<br>Sarvari 5122 |
|  | Wrischika Rasi: 3.52            | Tithi 10                               | <b>Gulika</b> 10:48AM – 12:14PM   | <b>Anuradha</b> Until 4:11AM Thu | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:31AM |  |
|  |                                 |  | Yama 7:57AM – 9:22AM  | Sukla Until 12:04PM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:56PM  | Moon 7 - Phase 15                                  |
|  |                                 | 476554462 <b>Rahu</b> 12:14PM – 1:39PM | Taitila Until 10:39AM   | <b>Nataraja:</b> White           |                       | 4th Phase              |  |
| Creative Work Siddha Yoga              |                                 |  | <b>Dashami</b> Until 9:48PM   | <b>Moon – Orange</b>             | <b>Devaloka Day</b>   |                        |  |
| Until 4:11AM Thu                       |                                 |  |   | <b>Sravana-Adi</b>               |                       |                        |  |
| Then Routine Work - Prabalarishta Yoga |                                 |  |   |                                  |                       |                        |  |

|                                  |                                |                                       |   |                                   |                       |                        |  |
|----------------------------------|--------------------------------|---------------------------------------|---|-----------------------------------|-----------------------|------------------------|--|
| <b>2</b>                         | <b>Thursday, July 30, 2020</b> |                                       | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Ekadashyam Titau |                                   |                       |                        | Lusaka, Zambia<br>Sun 24 Sutra 109<br>Sarvari 5122 |
|                                  | Wrischika Rasi: 17.41          | Tithi 11                              | <b>Gulika</b> 9:22AM – 10:48AM  | <b>Jyeshtha*</b> Until 3:26AM Fri | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:31AM |  |
|                                  |                                |                                       | Yama 6:31AM – 7:57AM  | Brahma Until 9:45AM               | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 5:57PM  | Moon 7 - Phase 15                                  |
|                                  |                                | 476554462 <b>Rahu</b> 1:40PM – 3:05PM | Vanija Until 9:04AM   | <b>Nataraja:</b> White            |                       | 4th Phase              |  |
| Routine Work Prabalarishta Yoga  |                                |                                       | <b>Ekadashi</b> Until 8:21PM  | <b>Moon – Orange</b>              | <b>Devaloka Day</b>   |                        |  |
| Until 3:26AM Fri                 |                                |                                       |   | <b>Sravana-Adi</b>                |                       |                        |  |
| Then Creative Work - Amrita Yoga |                                |                                       |   |                                   |                       |                        |  |

|                                  |                              |   |  |                               |                        |                        |  |
|----------------------------------|------------------------------|---|--|-------------------------------|------------------------|------------------------|--|
| <b>3</b>                         | <b>Friday, July 31, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula* Nakshatra Indra/Vaidhrili* Yoga Bava/Balava Karana Dvadashyam Titau |                               |                        |                        | Lusaka, Zambia<br>Sun 25 Sutra 110<br>Sarvari 5122 |
|                                  | Dhanus Rasi: 1.22            | Tithi 12                                | <b>Gulika</b> 7:56AM – 9:22AM  | <b>Mula*</b> Until 3:17AM Sat | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:30AM |  |
|                                  |                              |   | Yama 3:05PM – 4:31PM   | Indra Until 7:41AM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:57PM  | Moon 7 - Phase 15                                  |
|                                  |                              | 486554462 <b>Rahu</b> 10:48AM – 12:14PM | Bava Until 7:46AM  | <b>Nataraja:</b> White        |                        | 4th Phase              |  |
| Creative Work Amrita Yoga        |                              |   | <b>Dvadashi</b> Until 7:12PM   | <b>Moon – Light Blue</b>      | <b>Sivaloka Day</b>    |                        |  |
| Until 3:17AM Sat                 |                              |   |  | <b>Sravana-Adi</b>            |                        |                        |  |
| Then Creative Work - Siddha Yoga |                              |   | <b>Varalakshmi Vratam</b>  |                               |                        |                        |  |

|                                  |                                 |  |  |                                      |                           |                        |  |
|----------------------------------|---------------------------------|--|--|--------------------------------------|---------------------------|------------------------|--|
| <b>4</b>                         | <b>Saturday, August 1, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                                      |                           |                        | Lusaka, Zambia<br>Sun 26 Sutra 111<br>Sarvari 5122 |
|                                  | Dhanus Rasi: 14.5               | Tithi 13                               | <b>Gulika</b> 6:30AM – 7:56AM  | <b>Purvashadha*</b> Until 3:19AM Sun | <b>Ganesha:</b> White     | <i>Sunrise:</i> 6:30AM |  |
|                                  |                                 |  | Yama 1:40PM – 3:05PM   | Vishkambha* Until 4:18AM Sun         | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 5:57PM  | Moon 7 - Phase 15                                  |
|                                  |                                 | 487554462 <b>Rahu</b> 9:22AM – 10:48AM | Kaulava Until 6:46AM   | <b>Nataraja:</b> White               |                           | 4th Phase              |  |
| Creative Work Siddha Yoga        |                                 |  | <b>Trayodashi</b> Until 6:23PM   | <b>Moon – Light Blue</b>             | <b>Subha Sivaloka Day</b> |                        |  |
| Until 3:19AM Sun                 |                                 |  |  | <b>Sravana-Adi</b>                   |                           |                        |  |
| Then Creative Work - Amrita Yoga |                                 |  | <b>Pradosha Vrata</b>  |                                      |                           |                        |  |

|                           |                               |                                       |   |                                      |                           |                        |  |
|---------------------------|-------------------------------|---------------------------------------|---|--------------------------------------|---------------------------|------------------------|--|
| <b>5</b>                  | <b>Sunday, August 2, 2020</b> |                                       | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha Nakshatra Priti Yoga Gara/Visti* Karana Chaturdashil/Purnimayam Titau |                                      |                           |                        | Lusaka, Zambia<br>Sun 27 Sutra 112<br>Sarvari 5122 |
|                           | Dhanus Rasi: 28.08            | Tithi 14 – 15                         | <b>Gulika</b> 3:05PM – 4:31PM   | <b>Uttarashadha</b> Until 3:36AM Mon | <b>Ganesha:</b> White     | <i>Sunrise:</i> 6:30AM |  |
|                           |                               |                                       | Yama 12:14PM – 1:40PM   | Priti Until 3:05AM Mon               | <b>Muruqa:</b> Clear      | <i>Sunset:</i> 5:57PM  | Moon 7 - Phase 15                                  |
|                           |                               | 487554462 <b>Rahu</b> 4:31PM – 5:57PM | Gara Until 6:08AM   | <b>Nataraja:</b> White               |                           | 4th Phase              |  |
| Creative Work Amrita Yoga |                               |                                       | <b>Chaturdashi*</b> Until 5:57PM  | <b>Moon – Light Blue</b>             | <b>Subha Sivaloka Day</b> |                        |  |
|                           |                               |                                       |   | <b>Sravana-Adi</b>                   |                           |                        |  |

|   |                               |                                       |   |                                  |                        |                        |   |
|---|-------------------------------|---------------------------------------|---|----------------------------------|------------------------|------------------------|---|
|  | <b>Monday, August 3, 2020</b> |                                       | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam<br>Shravana Nakshatra Ayushman Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                  |                        |                        | Lusaka, Zambia<br>Sutra 113<br>Sarvari 5122 |
|   | Makara Rasi: 11.12            | Tithi 15 – 16                         | <b>Gulika</b> 1:40PM – 3:06PM   | <b>Shravana</b> Until 4:38AM Tue | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:29AM |   |
|   | <b>Family Home Evening</b>    |                                       | Yama 10:47AM – 12:13PM  | Ayushman Until 2:12AM Tue        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:58PM  | Moon 7 - Phase 15                           |
|   |                               | 497554462 <b>Rahu</b> 7:55AM – 9:21AM | Balava Until 6:08AM Tue   | <b>Nataraja:</b> White           |                        | Purnima                |   |
| Creative Work Amrita Yoga   |                               |                                       | <b>Purnima*</b> Until 5:57PM  | <b>Moon – Purple</b>             | <b>Sivaloka Day</b>    |                        |   |
| Until 4:38AM Tue  |                               |                                       |   | <b>Sravana-Adi</b>               |                        |                        |   |
| Then Creative Work - Siddha Yoga  |                               |                                       | <b>Raksha Bandhan</b>   |                                  |                        |                        |   |

|                           |                                |                                       |  |                                    |                        |                        |   |
|---------------------------|--------------------------------|---------------------------------------|--|------------------------------------|------------------------|------------------------|---|
| <b>○</b>                  | <b>Tuesday, August 4, 2020</b> |                                       | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Dhanishtha Nakshatra Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau |                                    |                        |                        | Lusaka, Zambia<br>Sutra 114<br>Sarvari 5122 |
|                           | Makara Rasi: 24.02             | Tithi 16                              | <b>Gulika</b> 12:13PM – 1:40PM   | <b>Dhanishtha</b> Until 5:59AM Wed | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:29AM |   |
|                           |                                |                                       | Yama 9:21AM – 10:47AM  | Saubhagya Until 1:42AM Wed         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 5:58PM  | Moon 7 - Phase 15                           |
|                           |                                | 497554462 <b>Rahu</b> 3:06PM – 4:32PM | Balava Until 6:08AM  | <b>Nataraja:</b> White             |                        | Prathama               |   |
| Creative Work Siddha Yoga |                                |                                       | <b>Prathama*</b> Until 6:24PM  | <b>Moon – Purple</b>               | <b>Sivaloka Day</b>    |                        |   |
|                           |                                |                                       |  | <b>Sravana-Adi</b>                 |                        |                        |   |

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda



Wednesday, August 5, 2020

Gold Retreat Star

Kumbha Rasi: 6.4 Tithi 17

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Shatabhishak Nakshatra Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 10:47AM – 12:13PM  
Yama 7:55AM – 9:21AM  
Rahu 12:13PM – 1:39PM

Shatabhishak Until 7:38AM Thu  
Sobhana Until 1:36AM Thu  
Taitila Until 6:50AM  
Dvitiya Until 7:21PM

Ganesha: Yellow Sunrise: 6:29AM  
Muruga: Clear Sunset: 5:58PM  
Nataraja: White  
Moon – Purple

Sivaloka Day

Lusaka, Zambia  
Sun 1 Sutra 115  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

1

Thursday, August 6, 2020

Kumbha Rasi: 19.04 Tithi 18

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam  
Shatabhishak/Purvaproshtapada\* Nakshatra Athiganda\* Yoga Vanija/Visti\* Karana Triliyayam Titau

Gulika 9:21AM – 10:47AM  
Yama 6:28AM – 7:54AM  
Rahu 1:39PM – 3:06PM

Shatabhishak Until 7:38AM  
Athiganda\* Until 1:50AM Fri  
Vanija Until 8:01AM  
Tritiya Until 8:46PM

Ganesha: Yellow Sunrise: 6:28AM  
Muruga: Clear Sunset: 5:58PM  
Nataraja: White  
Moon – Purple

Sivaloka Day

Lusaka, Zambia  
Sun 2 Sutra 116  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

2

Friday, August 7, 2020

Meena Rasi: 1.17 Tithi 19

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Sukarma Yoga Bava/Balava Karana Chaturthayam Titau

Gulika 7:54AM – 9:20AM  
Yama 3:06PM – 4:32PM  
Rahu 10:47AM – 12:13PM

Purvaproshtapada\* Until 10:03AM  
Sukarma Until 2:23AM Sat  
Bava Until 9:40AM  
Chaturthi\* Until 10:37PM

Ganesha: Clear Sunrise: 6:28AM  
Muruga: Clear Sunset: 5:58PM  
Nataraja: White  
Moon – Clear

Sivaloka Day

Lusaka, Zambia  
Sun 3 Sutra 117  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

3

Saturday, August 8, 2020

Meena Rasi: 13.2 Tithi 20

Creative Work Siddha Yoga

Until 12:40PM

Then Routine Work - Prabararishta Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam  
Uttaraproshtapada/Revati Nakshatra Dhriti Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 6:27AM – 7:54AM  
Yama 1:39PM – 3:06PM  
Rahu 9:20AM – 10:46AM

Uttaraproshtapada Until 12:40PM  
Dhriti Until 3:12AM Sun  
Kaulava Until 11:42AM  
Panchami Until 12:48AM Sun

Ganesha: Purple Sunrise: 6:27AM  
Muruga: Clear Sunset: 5:59PM  
Nataraja: White  
Moon – Clear

Devaloka Day

Lusaka, Zambia  
Sun 4 Sutra 118  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

4

Sunday, August 9, 2020

Meena Rasi: 25.16 Tithi 21

Creative Work Amrita Yoga

Until 3:22PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Revati/Ashvini Nakshatra Shula\* Yoga Gara/Vanija Karana Shashthiyam Titau

Gulika 3:06PM – 4:32PM  
Yama 12:13PM – 1:39PM  
Rahu 4:32PM – 5:59PM

Revati Until 3:22PM  
Shula\* Until 4:06AM Mon  
Gara Until 1:59PM  
Shashthi\* Until 3:10AM Mon

Ganesha: Purple Sunrise: 6:27AM  
Muruga: Clear Sunset: 5:59PM  
Nataraja: White  
Moon – Clear

Devaloka Day

Lusaka, Zambia  
Sun 5 Sutra 119  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

5

Monday, August 10, 2020

Mesha Rasi: 7.08 Tithi 22

Family Home Evening

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam  
Ashvini Nakshatra Ganda\* Yoga Visti\*/Bava Karana Saptamyam Titau

Gulika 1:39PM – 3:06PM  
Yama 10:46AM – 12:13PM  
Rahu 7:53AM – 9:19AM

Ashvini Until 6:30PM  
Ganda\* Until 5:02AM Tue  
Visti Until 4:23PM  
Saptami Until 5:32AM Tue

Ganesha: Clear Sunrise: 6:26AM  
Muruga: Clear Sunset: 5:59PM  
Nataraja: White  
Moon – White

Sivaloka Day

Lusaka, Zambia  
Sun 6 Sutra 120  
Sarvari 5122  
Moon 8 - Phase 16  
1st Phase

D

Tuesday, August 11, 2020

Retreat Star

Mesha Rasi: 19.01 Tithi 23

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam  
Bharani Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtamyam Titau

Gulika 12:12PM – 1:39PM  
Yama 9:19AM – 10:46AM  
Rahu 3:06PM – 4:33PM

Krishna Janmashtami

Bharani Until 9:20PM  
Vriddhi Until 5:48AM Wed  
Balava Until 6:41PM  
Ashtami\* Until 7:42AM Wed

Ganesha: Clear Sunrise: 6:26AM  
Muruga: Clear Sunset: 5:59PM  
Nataraja: White  
Moon – White

Sivaloka Day

Lusaka, Zambia  
Sun 7 Sutra 121  
Sarvari 5122  
Moon 8 - Phase 16  
Ashtami

Wednesday, August 12, 2020

Retreat Star

Vrishabha Rasi: 0.59 Tithi 23 – 24

Creative Work Amrita Yoga

Until 11:41PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika Nakshatra Dhruva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 10:46AM – 12:12PM  
Yama 7:52AM – 9:19AM  
Rahu 12:12PM – 1:39PM

Krittika Until 11:41PM  
Dhruva Until 6:14AM Thu  
Taitila Until 8:39PM  
Ashtami\* Until 7:42AM

Ganesha: Clear Sunrise: 6:25AM  
Muruga: Clear Sunset: 5:59PM  
Nataraja: White  
Moon – White

Sivaloka Day

Lusaka, Zambia  
Sun 8 Sutra 122  
Sarvari 5122  
Moon 8 - Phase 16  
Navami

|                                  |                                  |               |  |                        |  |  |   |   |
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| <b>1</b>                         | <b>Thursday, August 13, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam<br>Rohini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                        |  |  | Lusaka, Zambia<br>Sun 9 Sutra 123                                   |   |
|                                  | Vrishabha Rasi: 13.07            | Tithi 24 – 25 | 438654462  | Gulika<br>Yama<br>Rahu | 9:18AM – 10:45AM<br>6:25AM – 7:52AM<br>1:39PM – 3:06PM | Rohini Until 1:48AM Fri<br>Dhruva Until 6:14AM<br>Vanija Until 10:04PM<br>Navami* Until 9:25AM | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Yellow | Sunrise: 6:25AM<br>Sunset: 6:00PM<br>Moon 8 - Phase 17<br>2nd Phase |
|                                  | Routine Work Marana Yoga         |               |  |                        |  |  | <b>Sivaloka Day</b>   |   |
|                                  | Until 1:48AM Fri                 |               |  |                        |  |  |   |   |
| Then Creative Work - Siddha Yoga |                                  |               |  |                        |  |  |   |   |

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| <b>2</b> | <b>Friday, August 14, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Mrigashira Nakshatra Vyaghata/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                        |   |  | Lusaka, Zambia<br>Sun 10 Sutra 124                                  |   |
|          | Vrishabha Rasi: 25.31          | Tithi 25 – 26 | 439654462  | Gulika<br>Yama<br>Rahu | 7:51AM – 9:18AM<br>3:06PM – 4:33PM<br>10:45AM – 12:12PM | Mrigashira Until 3:03AM Sat<br>Vyaghata* Until 6:12AM<br>Bava Until 10:47PM<br>Dashami Until 10:30AM | Ganesha: White<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Yellow | Sunrise: 6:24AM<br>Sunset: 6:00PM<br>Moon 8 - Phase 17<br>2nd Phase |
|          | Creative Work Siddha Yoga      |               |  |                        |   |  | <b>Devaloka Day</b>   |   |
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| <b>3</b> | <b>Saturday, August 15, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ardra Nakshatra Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                        |  |   | Lusaka, Zambia<br>Sun 11 Sutra 125                                  |   |
|          | Mithuna Rasi: 8.14               | Tithi 26 – 27 | 439654462  | Gulika<br>Yama<br>Rahu | 6:24AM – 7:51AM<br>1:39PM – 3:06PM<br>9:18AM – 10:45AM | Ardra Until 3:22AM Sun<br>Vajra* Until 4:20AM Sun<br>Kaulava Until 10:43PM<br>Ekadashi* Until 10:50AM | Ganesha: White<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Yellow | Sunrise: 6:24AM<br>Sunset: 6:00PM<br>Moon 8 - Phase 17<br>2nd Phase |
|          | Creative Work Siddha Yoga        |               |  |                        |  |   | <b>Devaloka Day</b>   |   |
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| <b>4</b> | <b>Sunday, August 16, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Punarvasu Nakshatra Siddhi* Yoga Tautila/Gara Karana Dvadashi/Trayodashyam Titau |                        |  |   | Lusaka, Zambia<br>Sun 12 Sutra 126                                |   |
|          | Mithuna Rasi: 21.22            | Tithi 27 – 28 | 449654462   | Gulika<br>Yama<br>Rahu | 3:06PM – 4:33PM<br>12:12PM – 1:39PM<br>4:33PM – 6:00PM | Punarvasu Until 3:13AM Mon<br>Siddhi Until 2:27AM Mon<br>Gara Until 9:50PM<br>Dvadashi* Until 10:21AM | Ganesha: Green<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Blue | Sunrise: 6:23AM<br>Sunset: 6:00PM<br>Moon 8 - Phase 17<br>2nd Phase |
|          | Creative Work Siddha Yoga      |               |   |                        |  |   | <b>Devaloka Day</b>   |   |
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*Pradosha Vrata (Fasting)*

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| <b>5</b> | <b>Monday, August 17, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya Nakshatra Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        |   |   | Lusaka, Zambia<br>Sun 13 Sutra 127                                |   |
|          | Kataka Rasi: 4.55              | Tithi 28 – 29 | 549654462  | Gulika<br>Yama<br>Rahu | 1:39PM – 3:06PM<br>10:44AM – 12:11PM<br>7:50AM – 9:17AM | Pushya Until 2:12AM Tue<br>Vyatipata* Until 12:00AM Tue<br>Visti Until 8:14PM<br>Trayodashi* Until 9:06AM | Ganesha: White<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Blue | Sunrise: 6:22AM<br>Sunset: 6:00PM<br>Moon 8 - Phase 17<br>2nd Phase |
|          | Creative Work Siddha Yoga      |               |  |                        |   |   | <b>Devaloka Day</b>   |   |
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|  | <b>Tuesday, August 18, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashlesha* Nakshatra Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |               |           |                        | Lusaka, Zambia<br>Sun 14 Sutra 128                      |  |   |  |
|  | <b>Retreat Star</b>             |  | Kataka Rasi: 18.53  | Tithi 29 – 30 | 549654462 | Gulika<br>Yama<br>Rahu | 12:11PM – 1:38PM<br>9:16AM – 10:44AM<br>3:06PM – 4:33PM | Ashlesha* Until 12:29AM Wed<br>Variyan Until 9:02PM<br>Catuspada Until 6:00PM<br>Chaturdashi* Until 7:10AM | Ganesha: White<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Blue | Sunrise: 6:22AM<br>Sunset: 6:00PM<br>Moon 8 - Phase 17<br>Amavasya |
|  | Creative Work Siddha Yoga       |  |   |               |           |                        |   |  | <b>Devaloka Day</b>   |  |
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| <b>Retreat Star</b>              | <b>Wednesday, August 19, 2020</b> |         | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Magha* Nakshatra Parigha*/Shiva Yoga Kintughna*/Bava Karana Prathamayam Titau |                        |  |   | Lusaka, Zambia<br>Sun 15 Sutra 129                               |  |                     |  |
|                                  | Simha Rasi: 3.14                  | Tithi 1 | 559654462  | Gulika<br>Yama<br>Rahu | 10:43AM – 12:11PM<br>7:49AM – 9:16AM<br>12:11PM – 1:38PM | Magha* Until 10:36PM<br>Parigha* Until 5:44PM<br>Kintughna Until 3:19PM<br>Prathama* Until 1:50AM Thu | Ganesha: Green<br>Muruqa: Clear<br>Nataraja: White<br>Moon – Red | Sunrise: 6:21AM<br>Sunset: 6:00PM<br>Moon 8 - Phase 17<br>Prathama |                     |  |
|                                  | Creative Work Siddha Yoga         |         |  |                        |  |   |  |  | <b>Devaloka Day</b> |  |
|                                  | Until 10:36PM                     |         |  |                        |  |   |  |  |                     |  |
| Then Creative Work - Amrita Yoga |                                   |         |  |                        |  |   |  |  |                     |  |

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| <b>1</b>         |             | <b>Thursday, August 20, 2020</b>      |                                   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaphalguni Nakshatra Shiva/Siddha Yoga Balava/Kaulava Karana Dvitiyayam Titau |                        |                     | Lusaka, Zambia<br>Sun 16 Sutra 130 |
| Simha Rasi: 17.5 | Tithi 2     | <b>Gulika</b> 9:16AM – 10:43AM        | <b>Purvaphalguni</b> Until 8:21PM | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:21AM |                     |                                    |
|                  |             | Yama 6:21AM – 7:48AM                  | Shiva Until 2:11PM                | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:01PM  |                     | Moon 8 - Phase 18                  |
|                  |             | 559654462 <b>Rahu</b> 1:38PM – 3:06PM | Balava Until 12:19PM              | <b>Nataraja:</b> White   |                        |                     | 3rd Phase                          |
| Creative Work    | Siddha Yoga |                                       | <b>Dvitiya</b> Until 10:44PM      | Moon – Red   |                        | <b>Devaloka Day</b> |                                    |
|                  |             |                                       |                                   | <b>Bhadrapada-Avani</b>  |                        |                     |                                    |

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| <b>2</b>                         |             | <b>Friday, August 21, 2020</b>          |                                    | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau |                        |                     | Lusaka, Zambia<br>Sun 17 Sutra 131 |
| Kanya Rasi: 3                    | Tithi 3     | <b>Gulika</b> 7:48AM – 9:15AM           | <b>Uttaraphalguni</b> Until 5:51PM | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 6:20AM |                     | Sarvari 5122                       |
|                                  |             | Yama 3:06PM – 4:33PM                    | Siddha Until 10:30AM               | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:01PM  |                     | Moon 8 - Phase 18                  |
|                                  |             | 559654462 <b>Rahu</b> 10:43AM – 12:10PM | Taitila Until 9:10AM               | <b>Nataraja:</b> White  |                        |                     | 3rd Phase                          |
| Creative Work                    | Siddha Yoga |   | <b>Tritiya</b> Until 7:35PM        | Moon – Red  |                        | <b>Devaloka Day</b> |                                    |
| Until 5:51PM                     |             |   |                                    | <b>Bhadrapada-Avani</b>   |                        |                     |                                    |
| Then Creative Work - Amrita Yoga |             |   |                                    |   |                        |                     |                                    |

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| <b>3</b>          |             | <b>Saturday, August 22, 2020</b>       |                                | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Hasta/Chitra Nakshatra Sadhya/Subha Yoga Vanija/Bava Karana Chaturthi/Panchamyam Titau |                        |                     | Lusaka, Zambia<br>Sun 18 Sutra 132 |
| Kanya Rasi: 17.23 | Tithi 4 – 5 | <b>Gulika</b> 6:19AM – 7:47AM          | <b>Hasta</b> Until 3:41PM      | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:19AM |                     | Sarvari 5122                       |
|                   |             | Yama 1:38PM – 3:05PM                   | Sadhya Until 6:50AM            | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:01PM  |                     | Moon 8 - Phase 18                  |
|                   |             | 561654462 <b>Rahu</b> 9:15AM – 10:42AM | Vanija Until 6:02AM            | <b>Nataraja:</b> White  |                        |                     | 3rd Phase                          |
| Routine Work      | Marana Yoga |  | <b>Chaturthi*</b> Until 4:29PM | Moon – Green  |                        | <b>Devaloka Day</b> |                                    |
|                   |             | <b>Ganesha Chaturthi</b>               |                                | <b>Bhadrapada-Avani</b>   |                        |                     |                                    |

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| <b>4</b>        |             | <b>Sunday, August 23, 2020</b>        |                              | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Chitra/Svati Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau |                        |                     | Lusaka, Zambia<br>Sun 19 Sutra 133 |
| Tula Rasi: 2.03 | Tithi 5 – 6 | <b>Gulika</b> 3:05PM – 4:33PM         | <b>Chitra</b> Until 1:36PM   | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:19AM |                     | Sarvari 5122                       |
|                 |             | Yama 12:10PM – 1:38PM                 | Sukla Until 11:59PM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:01PM  |                     | Moon 8 - Phase 18                  |
|                 |             | 561654462 <b>Rahu</b> 4:33PM – 6:01PM | Kaulava Until 12:17AM Mon    | <b>Nataraja:</b> White  |                        |                     | 3rd Phase                          |
| Creative Work   | Siddha Yoga |                                       | <b>Panchami</b> Until 1:36PM | Moon – Green  |                        | <b>Devaloka Day</b> |                                    |
|                 |             |                                       |                              | <b>Bhadrapada-Avani</b>   |                        |                     |                                    |

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| <b>5</b>                        |             | <b>Monday, August 24, 2020</b>        |                                | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Svati/Vishakha Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        |                     | Lusaka, Zambia<br>Sun 20 Sutra 134 |
| Tula Rasi: 16.31                | Tithi 6 – 7 | <b>Gulika</b> 1:37PM – 3:05PM         | <b>Svati</b> Until 11:41AM     | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:18AM |                     | Sarvari 5122                       |
| <b>Family Home Evening</b>      |             | Yama 10:42AM – 12:10PM                | Brahma Until 8:57PM            | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:01PM  |                     | Moon 8 - Phase 18                  |
|                                 |             | 561654462 <b>Rahu</b> 7:46AM – 9:14AM | Gara Until 9:54PM              | <b>Nataraja:</b> White  |                        |                     | 3rd Phase                          |
| Creative Work                   | Amrita Yoga |                                       | <b>Shashthi*</b> Until 11:02AM | Moon – Green  |                        | <b>Devaloka Day</b> |                                    |
| Until 11:41AM                   |             |                                       |                                | <b>Bhadrapada-Avani</b>   |                        |                     |                                    |
| Then Routine Work - Marana Yoga |             |                                       |                                |   |                        |                     |                                    |

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| <b>Retreat Star</b>              |             | <b>Tuesday, August 25, 2020</b>       |                               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Indra Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        |                     | Lusaka, Zambia<br>Sun 21 Sutra 135 |
| Vrischika Rasi: 0.43             | Tithi 7 – 8 | <b>Gulika</b> 12:09PM – 1:37PM        | <b>Vishakha</b> Until 10:27AM | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:17AM |                     | Sarvari 5122                       |
|                                  |             | Yama 9:13AM – 10:41AM                 | Indra Until 6:17PM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:01PM  |                     | Moon 8 - Phase 18                  |
|                                  |             | 571654462 <b>Rahu</b> 3:05PM – 4:33PM | Visti Until 7:57PM            | <b>Nataraja:</b> White   |                        |                     | Ashtami                            |
| Routine Work                     | Marana Yoga |                                       | <b>Saptami</b> Until 8:51AM   | Moon – Orange  |                        | <b>Sivaloka Day</b> |                                    |
| Until 10:27AM                    |             |                                       |                               | <b>Bhadrapada-Avani</b>  |                        |                     |                                    |
| Then Creative Work - Siddha Yoga |             |                                       |                               |  |                        |                     |                                    |

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| <b>Retreat Star</b>   |             | <b>Wednesday, August 26, 2020</b>      |                              | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        |                     | Lusaka, Zambia<br>Sun 22 Sutra 136 |
| Vrischika Rasi: 14.38 | Tithi 8 – 9 | <b>Gulika</b> 10:41AM – 12:09PM        | <b>Anuradha</b> Until 9:32AM | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:17AM |                     | Sarvari 5122                       |
|                       |             | Yama 7:45AM – 9:13AM                   | Vaidhriti* Until 3:59PM      | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:01PM  |                     | Moon 8 - Phase 18                  |
|                       |             | 571654462 <b>Rahu</b> 12:09PM – 1:37PM | Balava Until 6:29PM          | <b>Nataraja:</b> White  |                        |                     | Navami                             |
| Creative Work         | Siddha Yoga |  | <b>Ashtami*</b> Until 7:08AM | Moon – Orange   |                        | <b>Sivaloka Day</b> |                                    |
|                       |             |  |                              | <b>Bhadrapada-Avani</b>   |                        |                     |                                    |

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| <b>1</b>                         |          | <b>Thursday, August 27, 2020</b>      |                                 | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vishkambha*/Priti Yoga Taitila/Gara Karana Dashamyam Titau |                        | Lusaka, Zambia<br>Sun 23 Sutra 137 |                     |
| Wrischika Rasi: 28.16            | Tithi 10 | <b>Gulika</b> 9:12AM – 10:41AM        | <b>Jyeshtha* Until 8:56AM</b>   | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:16AM |                                    | Sarvari 5122        |
|                                  |          | Yama 6:16AM – 7:44AM                  | Vishkambha* Until 2:04PM        | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:01PM  | Moon 8 - Phase 19                  |                     |
|                                  |          | 571654463 <b>Rahu</b> 1:37PM – 3:05PM | Taitila Until 5:28PM            | <b>Nataraja:</b> Clear   |                        | 4th Phase                          |                     |
| Routine Work Prabalarishta Yoga  |          |                                       | <b>Dashami Until 5:07AM Fri</b> | Moon – Orange  |                        |                                    | <b>Devaloka Day</b> |
| Until 8:56AM                     |          |                                       |                                 | <b>Bhadrapada-Avani</b>  |                        |                                    |                     |
| Then Creative Work - Siddha Yoga |          |                                       |                                 |  |                        |                                    |                     |


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| <b>2</b>                               |          | <b>Friday, August 28, 2020</b>          |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Ekadashyam Titau |                        | Lusaka, Zambia<br>Sun 24 Sutra 138 |                    |
| Dhanus Rasi: 11.37                     | Tithi 11 | <b>Gulika</b> 7:44AM – 9:12AM           | <b>Mula* Until 9:05AM</b>        | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:15AM |                                    | Sarvari 5122       |
|  |          | Yama 3:05PM – 4:33PM                    | Priti Until 12:32PM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:02PM  | Moon 8 - Phase 19                  |                    |
|  |          | 581654463 <b>Rahu</b> 10:40AM – 12:08PM | Vanija Until 4:55PM              | <b>Nataraja:</b> Clear  |                        | 4th Phase                          |                    |
| Creative Work Amrita Yoga              |          |   | <b>Ekadashi Until 4:47AM Sat</b> | Moon – Light Blue   |                        |                                    | <b>Bhuloka Day</b> |
| Until 9:05AM                           |          |   |                                  | <b>Bhadrapada-Avani</b>   |                        | <b>Devaloka Time: 3:PM to 6:PM</b> |                    |
| Then Routine Work - Prabalarishta Yoga |          |   |                                  |   |                        |                                    |                    |

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| <b>3</b>                        |          | <b>Saturday, August 29, 2020</b>       |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau |                        | Lusaka, Zambia<br>Sun 25 Sutra 139 |                    |
| Dhanus Rasi: 24.45              | Tithi 12 | <b>Gulika</b> 6:15AM – 7:43AM          | <b>Purvashadha* Until 9:31AM</b> | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:15AM |                                    | Sarvari 5122       |
|                                 |          | Yama 1:37PM – 3:05PM                   | Ayushman Until 11:19AM           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:02PM  | Moon 8 - Phase 19                  |                    |
|                                 |          | 581654463 <b>Rahu</b> 9:11AM – 10:40AM | Bava Until 4:47PM                | <b>Nataraja:</b> Clear   |                        | 4th Phase                          |                    |
| Creative Work Siddha Yoga       |          |  | <b>Dvadashi Until 4:52AM Sun</b> | Moon – Light Blue  |                        |                                    | <b>Bhuloka Day</b> |
| Until 9:31AM                    |          |  |                                  | <b>Bhadrapada-Avani</b>  |                        | <b>Devaloka Time: 3:PM to 6:PM</b> |                    |
| Then Routine Work - Marana Yoga |          |  |                                  |  |                        |                                    |                    |

|                           |          |                                       |                                    |  |                        |                                    |                    |
|---------------------------|----------|---------------------------------------|------------------------------------|--|------------------------|------------------------------------|--------------------|
| <b>4</b>                  |          | <b>Sunday, August 30, 2020</b>        |                                    | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        | Lusaka, Zambia<br>Sun 26 Sutra 140 |                    |
| Makara Rasi: 7.4          | Tithi 13 | <b>Gulika</b> 3:05PM – 4:33PM         | <b>Uttarashadha Until 10:11AM</b>  | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:14AM |                                    | Sarvari 5122       |
|                           |          | Yama 12:08PM – 1:36PM                 | Saubhagya Until 10:25AM            | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:02PM  | Moon 8 - Phase 19                  |                    |
|                           |          | 581654463 <b>Rahu</b> 4:33PM – 6:02PM | Kaulava Until 5:04PM               | <b>Nataraja:</b> Clear   |                        | 4th Phase                          |                    |
| Creative Work Amrita Yoga |          |                                       | <b>Trayodashi Until 5:19AM Mon</b> | Moon – Light Blue  |                        |                                    | <b>Bhuloka Day</b> |
|                           |          |                                       |                                    | <b>Bhadrapada-Avani</b>  |                        | <b>Devaloka Time: 3:PM to 6:PM</b> |                    |
|                           |          |                                       |                                    |  |                        |                                    |                    |

*Pradosha Vrata*

|                                  |          |                                       |                                      |  |                        |                                    |                     |
|----------------------------------|----------|---------------------------------------|--------------------------------------|--|------------------------|------------------------------------|---------------------|
| <b>5</b>                         |          | <b>Monday, August 31, 2020</b>        |                                      | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Lusaka, Zambia<br>Sun 27 Sutra 141 |                     |
| Makara Rasi: 20.24               | Tithi 14 | <b>Gulika</b> 1:36PM – 3:05PM         | <b>Shravana Until 11:33AM</b>        | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:13AM |                                    | Sarvari 5122        |
| <b>Family Home Evening</b>       |          | Yama 10:39AM – 12:08PM                | Sobhana Until 9:51AM                 | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:02PM  | Moon 8 - Phase 19                  |                     |
|                                  |          | 591654463 <b>Rahu</b> 7:42AM – 9:10AM | Gara Until 5:43PM                    | <b>Nataraja:</b> Clear   |                        | 4th Phase                          |                     |
| Creative Work Amrita Yoga        |          |                                       | <b>Chaturdashi* Until 6:10AM Tue</b> | Moon – Purple  |                        |                                    | <b>Devaloka Day</b> |
| Until 11:33AM                    |          | <b>Avani Avittam</b>                  |                                      | <b>Bhadrapada-Avani</b>  |                        |                                    |                     |
| Then Creative Work - Siddha Yoga |          |                                       |                                      |  |                        |                                    |                     |

|   |               |                                       |                                  |   |                        |                             |                     |
|---|---------------|---------------------------------------|----------------------------------|---|------------------------|-----------------------------|---------------------|
|  |               | <b>Tuesday, September 1, 2020</b>     |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Dhanishtha*/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                        | Lusaka, Zambia<br>Sutra 142 |                     |
| <b>Copper Retreat Star</b>  |               | <b>Gulika</b> 12:07PM – 1:36PM        | <b>Dhanishtha Until 1:07PM</b>   | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:13AM |                             | Sarvari 5122        |
| Kumbha Rasi: 2.58   | Tithi 14 – 15 | Yama 9:10AM – 10:39AM                 | Athiganda* Until 9:32AM          | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:02PM  | Moon 8 - Phase 19           |                     |
|   |               | 592654463 <b>Rahu</b> 3:05PM – 4:33PM | Visti Until 6:45PM               | <b>Nataraja:</b> Clear  |                        | Purnima                     |                     |
| Creative Work Siddha Yoga   |               |                                       | <b>Chaturdashi* Until 6:10AM</b> | Moon – Purple   |                        |                             | <b>Sivaloka Day</b> |
| Until 1:07PM  |               | <b>Chidambaram Abhishekam</b>         |                                  | <b>Bhadrapada-Avani</b>   |                        |                             |                     |
| Then Routine Work - Marana Yoga   |               |                                       |                                  |   |                        |                             |                     |

|                                     |               |  |                                  |  |                        |                             |                     |
|-------------------------------------|---------------|--|----------------------------------|--|------------------------|-----------------------------|---------------------|
| <b>Wednesday, September 2, 2020</b> |               | <b>Silver Retreat Star</b>             |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shatabhishak*/Purvaprosithapada* Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                        | Lusaka, Zambia<br>Sutra 143 |                     |
| Kumbha Rasi: 15.22                  | Tithi 15 – 16 | <b>Gulika</b> 10:38AM – 12:07PM        | <b>Shatabhishak Until 2:53PM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:12AM |                             | Sarvari 5122        |
|                                     |               | Yama 7:41AM – 9:09AM                   | Sukarma Until 9:31AM             | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:02PM  | Moon 8 - Phase 19           |                     |
|                                     |               | 592654463 <b>Rahu</b> 12:07PM – 1:36PM | Balava Until 8:09PM              | <b>Nataraja:</b> Clear   |                        | Prathama                    |                     |
| Creative Work Siddha Yoga           |               |  | <b>Purnima* Until 7:23AM</b>     | Moon – Purple  |                        |                             | <b>Sivaloka Day</b> |
| Until 2:53PM                        |               |  |                                  | <b>Bhadrapada-Avani</b>  |                        |                             |                     |
| Then Creative Work - Amrita Yoga    |               |  |                                  |  |                        |                             |                     |

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.  
Atharva Veda

All times are standard time

www.gurudeva.org/panchang





**Thursday, September 3, 2020**  
**Gold Retreat Star**

Kumbha Rasi: 27.36 Tithi 16 – 17

512654463

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Purvaproshtapada/Uttaraproshtapada Nakshatra Dhriti/Shula\* Yoga Kaulava/Tailila Karana Prathama/Dvitiyayam Titau

**Gulika** 9:09AM – 10:38AM  
**Yama** 6:11AM – 7:40AM  
**Rahu** 1:35PM – 3:04PM

**Purvaproshtapada\* Until 5:20PM**  
Dhriti Until 9:48AM  
Tailila Until 9:54PM  
**Prathama\* Until 8:58AM**

**Ganesha:** Purple *Sunrise:* 6:11AM  
**Muruqa:** Clear *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – Clear

**Sivaloka Day**  
**Bhadrapada-Avani**

Lusaka, Zambia  
Sutra 144  
Sarvari 5122  
Moon 9 - Phase 20  
1st Phase

**1**

**Friday, September 4, 2020**

Meena Rasi: 9.41 Tithi 17 – 18

512654463

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Uttaraproshtapada Nakshatra Shula\*/Ganda\* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

**Gulika** 7:39AM – 9:08AM  
**Yama** 3:04PM – 4:33PM  
**Rahu** 10:37AM – 12:06PM

**Uttaraproshtapada Until 7:56PM**  
Shula\* Until 10:20AM  
Vanija Until 12:00AM Sat  
**Dvitiya Until 10:53AM**

**Ganesha:** Purple *Sunrise:* 6:10AM  
**Muruqa:** Clear *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – Clear

**Sivaloka Day**  
**Bhadrapada-Avani**

Lusaka, Zambia  
Sun 1 Sutra 145  
Sarvari 5122  
Moon 9 - Phase 20  
1st Phase

**2**

**Saturday, September 5, 2020**

Meena Rasi: 21.4 Tithi 18 – 19

512654463

Routine Work Prabalarishta Yoga  
Until 10:37PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam  
Revati Nakshatra Ganda\*/Vridhhi Yoga Visti\*/Bava Karana Tritiya/Chaturthiyam Titau

**Gulika** 6:10AM – 7:39AM  
**Yama** 1:35PM – 3:04PM  
**Rahu** 9:08AM – 10:37AM

**Revati Until 10:37PM**  
Ganda\* Until 11:05AM  
Bava Until 2:21AM Sun  
**Tritiya Until 1:07PM**

**Ganesha:** Purple *Sunrise:* 6:10AM  
**Muruqa:** Clear *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – Clear

**Sivaloka Day**  
**Bhadrapada-Avani**

Lusaka, Zambia  
Sun 2 Sutra 146  
Sarvari 5122  
Moon 9 - Phase 20  
1st Phase

**3**

**Sunday, September 6, 2020**

Mesha Rasi: 3.33 Tithi 19 – 20

522654463

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashvini Nakshatra Vridhhi/Dhruva Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

**Gulika** 3:04PM – 4:33PM  
**Yama** 12:06PM – 1:35PM  
**Rahu** 4:33PM – 6:02PM

**Ashvini Until 1:49AM Mon**  
Vridhhi Until 12:02PM  
Kaulava Until 4:51AM Mon  
**Chaturthi\* Until 3:34PM**

**Ganesha:** Clear *Sunrise:* 6:09AM  
**Muruqa:** Clear *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – White

**Devaloka Day**  
**Bhadrapada-Avani**

Lusaka, Zambia  
Sun 3 Sutra 147  
Sarvari 5122  
Moon 9 - Phase 20  
1st Phase

**4**

**Monday, September 7, 2020**

Mesha Rasi: 15.23 Tithi 20

**Family Home Evening**

522754463

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam  
Bharani Nakshatra Dhruva/Vyaghata\* Yoga Tailila Karana Panchamyam Titau

**Gulika** 1:34PM – 3:04PM  
**Yama** 10:36AM – 12:05PM  
**Rahu** 7:37AM – 9:07AM

**Bharani Until 4:51AM Tue**  
Dhruva Until 1:01PM  
Tailila Until 6:05PM  
**Panchami Until 6:05PM**

**Ganesha:** White *Sunrise:* 6:08AM  
**Muruqa:** Clear *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – White

**Bhuloka Day**  
**Bhadrapada-Avani**  
Devaloka Time: 3:PM to 6:PM

Lusaka, Zambia  
Sun 4 Sutra 148  
Sarvari 5122  
Moon 9 - Phase 20  
1st Phase

**5**

**Tuesday, September 8, 2020**

Mesha Rasi: 27.13 Tithi 21

522754463

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Krittika Nakshatra Vyaghata\*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika** 12:05PM – 1:34PM  
**Yama** 9:06AM – 10:35AM  
**Rahu** 3:04PM – 4:33PM

**Krittika Until 7:31AM Wed**  
Vyaghata\* Until 1:58PM  
Gara Until 7:21AM  
**Shashthi\* Until 8:30PM**

**Ganesha:** White *Sunrise:* 6:07AM  
**Muruqa:** Clear *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – White

**Bhuloka Day**  
**Bhadrapada-Avani**  
Devaloka Time: 3:PM to 6:PM

Lusaka, Zambia  
Sun 5 Sutra 149  
Sarvari 5122  
Moon 9 - Phase 20  
1st Phase

**6**

**Wednesday, September 9, 2020**

Vrishabha Rasi: 9.09 Tithi 22

522754463

Creative Work Amrita Yoga

Until 7:31AM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam  
Krittika/Rohini Nakshatra Harshana/Vajra\* Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika** 10:35AM – 12:05PM  
**Yama** 7:36AM – 9:06AM  
**Rahu** 12:05PM – 1:34PM

**Krittika Until 7:31AM**  
Harshana Until 2:42PM  
Visti Until 9:37AM  
**Saptami Until 10:34PM**

**Ganesha:** White *Sunrise:* 6:07AM  
**Muruqa:** Clear *Sunset:* 6:02PM  
**Nataraja:** Clear  
Moon – White

**Bhuloka Day**  
**Bhadrapada-Avani**  
Devaloka Time: 3:PM to 6:PM

Lusaka, Zambia  
Sun 6 Sutra 150  
Sarvari 5122  
Moon 9 - Phase 20  
1st Phase

**D**

**Thursday, September 10, 2020**

**Retreat Star**

Vrishabha Rasi: 21.14 Tithi 23

532754463

Routine Work Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam  
Rohini/Mrigashira Nakshatra Vajra\*/Siddhi Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika** 9:05AM – 10:35AM  
**Yama** 6:06AM – 7:35AM  
**Rahu** 1:34PM – 3:03PM

**Rohini Until 10:06AM**  
Vajra\* Until 3:02PM  
Balava Until 11:25AM  
**Ashtami\* Until 12:04AM Fri**

**Ganesha:** Yellow *Sunrise:* 6:06AM  
**Muruqa:** Clear *Sunset:* 6:03PM  
**Nataraja:** Clear  
Moon – Yellow

**Devaloka Day**  
**Bhadrapada-Avani**

Lusaka, Zambia  
Sun 7 Sutra 151  
Sarvari 5122  
Moon 9 - Phase 20  
Ashtami

**Friday, September 11, 2020**

**Retreat Star**

Mithuna Rasi: 3.35 Tithi 24

532754463

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Mrigashira/Ardra Nakshatra Siddhi/Vyatipata\* Yoga Tailila/Gara Karana Navamyam Titau

**Gulika** 7:35AM – 9:04AM  
**Yama** 3:03PM – 4:33PM  
**Rahu** 10:34AM – 12:04PM

**Mrigashira Until 11:53AM**  
Siddhi Until 2:51PM  
Tailila Until 12:34PM  
**Navami\* Until 12:50AM Sat**

**Ganesha:** Yellow *Sunrise:* 6:05AM  
**Muruqa:** Clear *Sunset:* 6:03PM  
**Nataraja:** Clear  
Moon – Yellow

**Devaloka Day**  
**Bhadrapada-Avani**

Lusaka, Zambia  
Sun 8 Sutra 152  
Sarvari 5122  
Moon 9 - Phase 20  
Navami

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

|   |                                     |             |   |                                  |  |   |   |
|---|-------------------------------------|-------------|---|----------------------------------|--|---|---|
| 1 | <b>Saturday, September 12, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Vyatipata/Variyan Yoga Vanija/Visti Karana Dashamyam Titau |                                  |  |   | Lusaka, Zambia  |
|   | Mithuna Rasi: 16.16                 | Tithi 25    | 532754463   | <b>Gulika</b><br>6:04AM – 7:34AM | <b>Ardra</b> <b>Until 12:44PM</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Yellow | Sun 9 Sutra 153<br>Sarvari 5122<br>Moon 9 - Phase 21<br>2nd Phase |
|   | Creative Work                       | Siddha Yoga |   | <b>Rahu</b><br>9:04AM – 10:34AM  | Vyatipata* Until 2:02PM<br>Vanija Until 12:54PM<br>Dashami Until 12:44AM Sun | <b>Sunrise:</b> 6:04AM<br><b>Sunset:</b> 6:03PM   | <b>Devaloka Day</b>   |
|   |                                     |             |   |                                  | <b>Bhadrapada-Avani</b>  |   |   |

|   |                                   |             |  |                                  |  |   |  |
|---|-----------------------------------|-------------|--|----------------------------------|--|---|--|
| 2 | <b>Sunday, September 13, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Variyan/Parigha Yoga Bava/Balava Karana Ekadashyam Titau |                                  |  |   | Lusaka, Zambia   |
|   | Mithuna Rasi: 29.23               | Tithi 26    | 542754463  | <b>Gulika</b><br>3:03PM – 4:33PM | <b>Punarvasu</b> <b>Until 1:01PM</b>                                   | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Blue | Sun 10 Sutra 154<br>Sarvari 5122<br>Moon 9 - Phase 21<br>2nd Phase |
|   | Creative Work                     | Siddha Yoga |  | <b>Rahu</b><br>4:33PM – 6:03PM   | Varyian Until 12:30PM<br>Bava Until 12:22PM<br>Ekadashi* Until 11:45PM | <b>Sunrise:</b> 6:04AM<br><b>Sunset:</b> 6:03PM                                       | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM                  |
|   |                                   |             |  | <b>Grandparent's Day</b>         | <b>Bhadrapada-Avani</b>  |   |  |

|   |                                   |             |  |                                  |   |   |  |
|---|-----------------------------------|-------------|--|----------------------------------|---|---|--|
| 3 | <b>Monday, September 14, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Pushya/Ashlesha Nakshatra Parigha/Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau |                                  |   |   | Lusaka, Zambia   |
|   | Kataka Rasi: 12.59                | Tithi 27    | 542754463  | <b>Gulika</b><br>1:33PM – 3:03PM | <b>Pushya</b> <b>Until 12:19PM</b>  | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Blue | Sun 11 Sutra 155<br>Sarvari 5122<br>Moon 9 - Phase 21<br>2nd Phase |
|   | Family Home Evening               |             |  | <b>Rahu</b><br>7:33AM – 9:03AM   | Parigha* Until 10:18AM<br>Kaulava Until 10:58AM<br>Dvadashi* Until 9:58PM | <b>Sunrise:</b> 6:03AM<br><b>Sunset:</b> 6:03PM                                       | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM                  |
|   | Creative Work                     | Siddha Yoga |  |                                  | <b>Bhadrapada-Avani</b>   |   |  |

|   |                                    |             |   |  |   |   |  |
|---|------------------------------------|-------------|---|--|---|---|--|
| 4 | <b>Tuesday, September 15, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Ashlesha/Magha Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trayodashyam Titau |  |   |   | Lusaka, Zambia   |
|   | Kataka Rasi: 27.05                 | Tithi 28    | 543754463   | <b>Gulika</b><br>12:02PM – 1:33PM                  | <b>Ashlesha*</b> <b>Until 10:44AM</b>                               | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Blue | Sun 12 Sutra 156<br>Sarvari 5122<br>Moon 9 - Phase 21<br>2nd Phase |
|   | Creative Work                      | Siddha Yoga |   | <b>Rahu</b><br>9:02AM – 10:32AM<br>3:03PM – 4:33PM | Shiva Until 7:29AM<br>Gara Until 8:49AM<br>Trayodashi* Until 7:28PM | <b>Sunrise:</b> 6:02AM<br><b>Sunset:</b> 6:03PM   | <b>Devaloka Day</b>  |
|   |                                    |             |   |  | <b>Bhadrapada-Avani</b>   |   | <b>Pradosha Vrata (Fasting)</b>                                    |

|   |                                      |                                  |   |  |   |   |  |
|---|--------------------------------------|----------------------------------|---|--|---|---|--|
| 5 | <b>Wednesday, September 16, 2020</b> |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Magha/Purvaphalguni Nakshatra Sadhya Yoga Visti/Catuspada Karana Chaturdashi/Amavasyayam Titau |  |   |   | Lusaka, Zambia   |
|   | Simha Rasi: 12                       | Tithi 29 – 30                    | 553754463   | <b>Gulika</b><br>10:32AM – 12:02PM                 | <b>Magha*</b> <b>Until 8:48AM</b>   | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Red | Sun 13 Sutra 157<br>Sarvari 5122<br>Moon 9 - Phase 21<br>2nd Phase |
|   | Creative Work                        | Siddha Yoga                      |   | <b>Rahu</b><br>7:31AM – 9:02AM<br>12:02PM – 1:32PM | Sadhya Until 12:22AM Thu<br>Visti Until 6:02AM<br>Chaturdashi* Until 4:27PM | <b>Sunrise:</b> 6:01AM<br><b>Sunset:</b> 6:03PM                                     | <b>Devaloka Day</b>  |
|   | Until 8:48AM                         | Then Creative Work - Amrita Yoga |   |  | <b>Bhadrapada-Puratasi</b>  |   |  |

|   |                                     |              |  |   |   |  |   |
|---|-------------------------------------|--------------|--|---|---|--|---|
| ● | <b>Thursday, September 17, 2020</b> |              | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Naga/Kintughna Karana Amavasya/Prathamayam Titau |   |   |  | Lusaka, Zambia  |
|   | Simha Rasi: 26.28                   | Tithi 30 – 1 | 553764463  | <b>Gulika</b><br>9:01AM – 10:31AM                 | <b>Purvaphalguni</b> <b>Until 6:18AM</b>                                | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Red | Sun 14 Sutra 158<br>Sarvari 5122<br>Moon 9 - Phase 21<br>Amavasya |
|   | Creative Work                       | Siddha Yoga  |  | <b>Rahu</b><br>6:00AM – 7:31AM<br>1:32PM – 3:02PM | Subha Until 8:23PM<br>Kintughna Until 11:15PM<br>Amavasya* Until 1:02PM | <b>Sunrise:</b> 6:00AM<br><b>Sunset:</b> 6:03PM                                      | <b>Sivaloka Day</b>   |
|   |                                     |              |  | <b>Mahalaya Amavasai (Tamil Nadu)</b>             | <b>Bhadrapada-Puratasi</b>  |  |   |

|   |                                   |                                 |   |   |   |   |   |
|---|-----------------------------------|---------------------------------|---|---|---|---|---|
| ● | <b>Friday, September 18, 2020</b> |                                 | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Hasta Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |   |   |   | Lusaka, Zambia  |
|   | Kanya Rasi: 11.32                 | Tithi 1 – 2                     | 563764463   | <b>Gulika</b><br>7:30AM – 9:00AM                    | <b>Hasta</b> <b>Until 12:41AM Sat</b>                               | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Green | Sun 15 Sutra 159<br>Sarvari 5122<br>Moon 9 - Phase 21<br>Prathama |
|   | Creative Work                     | Amrita Yoga                     |   | <b>Rahu</b><br>3:02PM – 4:33PM<br>10:31AM – 12:01PM | Sukla Until 4:14PM<br>Balava Until 7:36PM<br>Prathama* Until 9:25AM | <b>Sunrise:</b> 6:00AM<br><b>Sunset:</b> 6:03PM   | <b>Sivaloka Day</b>   |
|   | Until 12:41AM Sat                 | Then Routine Work - Marana Yoga |   |   | <b>Ashvina Adhika-Puratasi</b>                                      |   |   |

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda

|                                  |             |  |                            |  |                        |  |  |
|----------------------------------|-------------|--|----------------------------|--|------------------------|--|--|
| <b>1</b>                         |             | <b>Saturday, September 19, 2020</b>    |                            | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Tritiyayam Titau |                        | Lusaka, Zambia<br>Sun 16 Sutra 160<br>Sarvari 5122 |  |
| Kanya Rasi: 26.4                 | Tithi 3     | <b>Gulika</b> 5:59AM – 7:29AM          | <b>Chitra</b> Until 9:55PM | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 5:59AM |  |  |
|                                  |             | Yama 1:32PM – 3:02PM                   | Brahma Until 12:08PM       | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:03PM  | Moon 9 - Phase 22                                  |  |
|                                  |             | 563764463 <b>Rahu</b> 9:00AM – 10:30AM | Taitila Until 4:00PM       | <b>Nataraja:</b> Clear   |                        | 3rd Phase  |  |
| Routine Work                     | Marana Yoga |  | Tritiya Until 2:15AM Sun   | Moon – Green   |                        | <b>Sivaloka Day</b>                                |  |
| Until 9:55PM                     |             |  |                            | <b>Ashvina Adhika-Puratasi</b>   |                        |  |  |
| Then Creative Work - Siddha Yoga |             |  |                            |  |                        |  |  |

|                                 |             |                                       |                           |  |                        |  |  |
|---------------------------------|-------------|---------------------------------------|---------------------------|--|------------------------|--|--|
| <b>2</b>                        |             | <b>Sunday, September 20, 2020</b>     |                           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Svati Nakshatra Indra/Vaidhriti* Yoga Vanija/Visli* Karana Chaturthayam Titau |                        | Lusaka, Zambia<br>Sun 17 Sutra 161<br>Sarvari 5122 |  |
| Tula Rasi: 11.41                | Tithi 4     | <b>Gulika</b> 3:02PM – 4:33PM         | <b>Svati</b> Until 7:17PM | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 5:58AM |  |  |
|                                 |             | Yama 12:01PM – 1:31PM                 | Indra Until 8:11AM        | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:03PM  | Moon 9 - Phase 22                                  |  |
|                                 |             | 563764463 <b>Rahu</b> 4:33PM – 6:03PM | Vanija Until 12:37PM      | <b>Nataraja:</b> Clear   |                        | 3rd Phase  |  |
| Creative Work                   | Siddha Yoga |                                       | Chaturthi* Until 11:02PM  | Moon – Green   |                        | <b>Sivaloka Day</b>                                |  |
| Until 7:17PM                    |             |                                       |                           | <b>Ashvina Adhika-Puratasi</b>   |                        |  |  |
| Then Routine Work - Marana Yoga |             |                                       |                           |  |                        |  |  |

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| <b>3</b>                         |             | <b>Monday, September 21, 2020</b>     |                              | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau |                        | Lusaka, Zambia<br>Sun 18 Sutra 162<br>Sarvari 5122 |  |
| Tula Rasi: 26.28                 | Tithi 5     | <b>Gulika</b> 1:31PM – 3:02PM         | <b>Vishakha</b> Until 5:19PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:57AM |  |  |
| <b>Family Home Evening</b>       |             | Yama 10:30AM – 12:00PM                | Vishkambha* Until 1:12AM Tue | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:03PM  | Moon 9 - Phase 22                                  |  |
|                                  |             | 573764463 <b>Rahu</b> 7:28AM – 8:59AM | Bava Until 9:35AM            | <b>Nataraja:</b> Clear   |                        | 3rd Phase  |  |
| Routine Work                     | Marana Yoga |                                       | Panchami Until 8:14PM        | Moon – Orange  |                        | <b>Subha Sivaloka Day</b>                          |  |
| Until 5:19PM                     |             |                                       |                              | <b>Ashvina Adhika-Puratasi</b>   |                        |  |  |
| Then Creative Work - Siddha Yoga |             |                                       |                              |  |                        |  |  |

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| <b>4</b>                        |             | <b>Tuesday, September 22, 2020</b>    |                              | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau |                        | Lusaka, Zambia<br>Sun 19 Sutra 163<br>Sarvari 5122 |  |
| Vrischika Rasi: 10.53           | Tithi 6     | <b>Gulika</b> 12:00PM – 1:31PM        | <b>Anuradha</b> Until 3:46PM | <b>Ganesha:</b> White  | <i>Sunrise:</i> 5:57AM |  |  |
|                                 |             | Yama 8:58AM – 10:29AM                 | Priti Until 10:23PM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:03PM  | Moon 9 - Phase 22                                  |  |
|                                 |             | 573764463 <b>Rahu</b> 3:02PM – 4:32PM | Kaulava Until 7:03AM         | <b>Nataraja:</b> Clear   |                        | 3rd Phase  |  |
| Creative Work                   | Siddha Yoga |                                       | Shashthi* Until 6:00PM       | Moon – Orange  |                        | <b>Subha Sivaloka Day</b>                          |  |
| Until 3:46PM                    |             |                                       |                              | <b>Ashvina Adhika-Puratasi</b>   |                        |  |  |
| Then Routine Work - Marana Yoga |             |                                       |                              |  |                        |  |  |

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| <b>5</b>                        |             | <b>Wednesday, September 23, 2020</b>   |                               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Ayushman Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau |                        | Lusaka, Zambia<br>Sun 20 Sutra 164<br>Sarvari 5122 |  |
| Vrischika Rasi: 24.55           | Tithi 7 – 8 | <b>Gulika</b> 10:29AM – 12:00PM        | <b>Jyeshtha*</b> Until 2:41PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:56AM |  |  |
|                                 |             | Yama 7:27AM – 8:58AM                   | Ayushman Until 8:04PM         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:03PM  | Moon 9 - Phase 22                                  |  |
|                                 |             | 573764463 <b>Rahu</b> 12:00PM – 1:31PM | Visti Until 3:51AM Thu        | <b>Nataraja:</b> Clear  |                        | 3rd Phase  |  |
| Creative Work                   | Siddha Yoga |  | Saptami Until 4:23PM          | Moon – Orange   |                        | <b>Subha Sivaloka Day</b>                          |  |
| Until 2:41PM                    |             |  |                               | <b>Ashvina Adhika-Puratasi</b>  |                        |  |  |
| Then Routine Work - Marana Yoga |             |  |                               |   |                        |  |  |

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| <b>☾</b>            |             | <b>Thursday, September 24, 2020</b>   |                           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Saubhagya Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Lusaka, Zambia<br>Sun 21 Sutra 165<br>Sarvari 5122 |  |
| <b>Retreat Star</b> |             | <b>Gulika</b> 8:57AM – 10:28AM        | <b>Mula*</b> Until 2:34PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:55AM |  |  |
| Dhanus Rasi: 8.33   | Tithi 8 – 9 | Yama 5:55AM – 7:26AM                  | Saubhagya Until 6:17PM    | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:03PM  | Moon 9 - Phase 22                                  |  |
|                     |             | 583764463 <b>Rahu</b> 1:30PM – 3:01PM | Balava Until 3:15AM Fri   | <b>Nataraja:</b> Clear  |                        | Ashtami  |  |
| Creative Work       | Siddha Yoga |                                       | Ashtami* Until 3:27PM     | Moon – Light Blue   |                        | <b>Sivaloka Day</b>                                |  |
|                     |             |                                       |                           | <b>Ashvina Adhika-Puratasi</b>  |                        |  |  |

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| <b>☽</b>                        |                    | <b>Friday, September 25, 2020</b>       |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Sobhana/Alhiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        | Lusaka, Zambia<br>Sun 22 Sutra 166<br>Sarvari 5122 |  |
| <b>Retreat Star</b>             |                    | <b>Gulika</b> 7:25AM – 8:57AM           | <b>Purvashadha*</b> Until 2:56PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:54AM |  |  |
| Dhanus Rasi: 21.49              | Tithi 9 – 10       | Yama 3:01PM – 4:32PM                    | Sobhana Until 5:03PM             | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:04PM  | Moon 9 - Phase 22                                  |  |
|                                 |                    | 583764463 <b>Rahu</b> 10:28AM – 11:59AM | Taitila Until 3:16AM Sat         | <b>Nataraja:</b> Clear   |                        | Navami   |  |
| Routine Work                    | Prabalarishta Yoga |   | Navami* Until 3:10PM             | Moon – Light Blue  |                        | <b>Sivaloka Day</b>                                |  |
| Until 2:56PM                    |                    |   |                                  | <b>Ashvina Adhika-Puratasi</b>   |                        |  |  |
| Then Routine Work - Marana Yoga |                    |   |                                  |  |                        |  |  |

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| <b>1</b>                         |               | <b>Saturday, September 26, 2020</b> |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        | Lusaka, Zambia<br>Sun 23 Sutra 167 |                   |
| Makara Rasi: 4.44                | Tithi 10 – 11 | <b>Gulika</b> 5:53AM – 7:25AM       | <b>Uttarashadha</b> Until 3:43PM | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 5:53AM |                                    | Sarvari 5122      |
|                                  |               | Yama 1:30PM – 3:01PM                | Athiganda* Until 4:14PM          | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:04PM  |                                    | Moon 9 - Phase 23 |
|                                  | 583764463     | <b>Rahu</b> 8:56AM – 10:27AM        | Vanija Until 3:50AM Sun          | <b>Nataraja:</b> Clear   |                        |                                    | 4th Phase         |
| Routine Work                     | Marana Yoga   |                                     | <b>Dashami</b> Until 3:28PM      | Moon – Light Blue  |                        | <b>Sivaloka Day</b>                |                   |
| Until 3:43PM                     |               |                                     |                                  | <b>Ashvina Adhika-Puratasi</b>   |                        |                                    |                   |
| Then Creative Work - Siddha Yoga |               |                                     |                                  |  |                        |                                    |                   |


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| <b>2</b>                        |               | <b>Sunday, September 27, 2020</b> |                              | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                        | Lusaka, Zambia<br>Sun 24 Sutra 168 |                   |
| Makara Rasi: 17.25              | Tithi 11 – 12 | <b>Gulika</b> 3:01PM – 4:32PM     | <b>Shravana</b> Until 5:19PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:53AM |                                    | Sarvari 5122      |
|                                 |               | Yama 11:58AM – 1:30PM             | Sukarma Until 3:49PM         | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:04PM  |                                    | Moon 9 - Phase 23 |
|                                 | 693764463     | <b>Rahu</b> 4:32PM – 6:04PM       | Bava Until 4:53AM Mon        | <b>Nataraja:</b> Clear  |                        |                                    | 4th Phase         |
| Creative Work                   | Amrita Yoga   |                                   | <b>Ekadashi</b> Until 4:17PM | Moon – Purple   |                        | <b>Sivaloka Day</b>                |                   |
| Until 5:19PM                    |               |                                   |                              | <b>Ashvina Adhika-Puratasi</b>  |                        |                                    |                   |
| Then Routine Work - Marana Yoga |               |                                   |                              |   |                        |                                    |                   |

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| <b>3</b>                   |               | <b>Monday, September 28, 2020</b> |                                | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam<br>Dhanishtha Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        | Lusaka, Zambia<br>Sun 25 Sutra 169 |                   |
| Makara Rasi: 29.53         | Tithi 12 – 13 | <b>Gulika</b> 1:29PM – 3:01PM     | <b>Dhanishtha</b> Until 7:09PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:52AM |                                    | Sarvari 5122      |
|                            |               | Yama 10:26AM – 11:58AM            | Dhriti Until 3:45PM            | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:04PM  |                                    | Moon 9 - Phase 23 |
| <b>Family Home Evening</b> | 693764463     | <b>Rahu</b> 7:23AM – 8:55AM       | Kaulava Until 6:17AM Tue       | <b>Nataraja:</b> Clear  |                        |                                    | 4th Phase         |
| Creative Work              | Siddha Yoga   |                                   | <b>Dvadashi</b> Until 5:31PM   | Moon – Purple   |                        | <b>Sivaloka Day</b>                |                   |
|                            |               |                                   |                                | <b>Ashvina Adhika-Puratasi</b>  |                        |                                    |                   |
|                            |               |                                   |                                |   |                        |                                    |                   |

*Pradosha Vrata*

|                    |             |                                    |                                  |  |                        |                                    |                   |
|--------------------|-------------|------------------------------------|----------------------------------|--|------------------------|------------------------------------|-------------------|
| <b>4</b>           |             | <b>Tuesday, September 29, 2020</b> |                                  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Shatabhishak Nakshatra Shula*/Ganda* Yoga Kaulava/Tailila Karana Trayodashyam Titau |                        | Lusaka, Zambia<br>Sun 26 Sutra 170 |                   |
| Kumbha Rasi: 12.12 | Tithi 13    | <b>Gulika</b> 11:58AM – 1:29PM     | <b>Shatabhishak</b> Until 9:09PM | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:51AM |                                    | Sarvari 5122      |
|                    |             | Yama 8:54AM – 10:26AM              | Shula* Until 3:54PM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:04PM  |                                    | Moon 9 - Phase 23 |
|                    | 694764463   | <b>Rahu</b> 3:01PM – 4:32PM        | Kaulava Until 6:17AM             | <b>Nataraja:</b> Clear   |                        |                                    | 4th Phase         |
| Routine Work       | Marana Yoga |                                    | <b>Trayodashi</b> Until 7:06PM   | Moon – Purple  |                        | <b>Devaloka Day</b>                |                   |
|                    |             | <b>Chidambaram Abhishekam</b>      |                                  | <b>Ashvina Adhika-Puratasi</b>   |                        |                                    |                   |
|                    |             | <b>Kadaitswami Mahasamadhi</b>     |                                  |  |                        |                                    |                   |

|                                  |             |                                      |  |   |                        |                                    |                   |
|----------------------------------|-------------|--------------------------------------|--|---|------------------------|------------------------------------|-------------------|
| <b>5</b>                         |             | <b>Wednesday, September 30, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Ganda*/Vridhhi Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Lusaka, Zambia<br>Sun 27 Sutra 171 |                   |
| Kumbha Rasi: 24.23               | Tithi 14    | <b>Gulika</b> 10:26AM – 11:57AM      | <b>Purvaproshtapada*</b> Until 11:45PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:50AM |                                    | Sarvari 5122      |
|                                  |             | Yama 7:22AM – 8:54AM                 | Ganda* Until 4:18PM                    | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:04PM  |                                    | Moon 9 - Phase 23 |
|                                  | 614764463   | <b>Rahu</b> 11:57AM – 1:29PM         | Gara Until 8:01AM                      | <b>Nataraja:</b> Clear  |                        |                                    | 4th Phase         |
| Creative Work                    | Amrita Yoga |                                      | <b>Chaturdashi*</b> Until 8:58PM       | Moon – Clear  |                        | <b>Devaloka Day</b>                |                   |
| Until 11:45PM                    |             |                                      |  | <b>Ashvina Adhika-Puratasi</b>  |                        |                                    |                   |
| Then Creative Work - Siddha Yoga |             |                                      |  |   |                        |                                    |                   |

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|---|-------------|----------------------------------|---|---|------------------------|-----------------------------|-------------------|
|  |             | <b>Thursday, October 1, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vridhhi/Dhruva Yoga Visti*/Bava Karana Purnimayam Titau |                        | Lusaka, Zambia<br>Sutra 172 |                   |
| <b>Copper Retreat Star</b>  |             | <b>Gulika</b> 8:53AM – 10:25AM   | <b>Uttaraproshtapada</b> Until 2:25AM Fri | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:50AM |                             | Sarvari 5122      |
| Meena Rasi: 6.28  | Tithi 15    | Yama 5:50AM – 7:21AM             | Vridhhi Until 4:54PM                      | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:04PM  |                             | Moon 9 - Phase 23 |
|   |             | <b>Rahu</b> 1:29PM – 3:00PM      | Visti Until 10:01AM                       | <b>Nataraja:</b> Clear  |                        |                             | Purnima           |
| Creative Work   | Siddha Yoga |                                  | <b>Purnima*</b> Until 11:05PM             | Moon – Clear  |                        | <b>Devaloka Day</b>         |                   |
|   |             |                                  |   | <b>Ashvina Adhika-Puratasi</b>  |                        |                             |                   |

|                                |             |                               |                                   |   |                        |                             |                   |
|--------------------------------|-------------|-------------------------------|-----------------------------------|---|------------------------|-----------------------------|-------------------|
| <b>Friday, October 2, 2020</b> |             | <b>Silver Retreat Star</b>    |                                   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Revati Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Prathamayam Titau |                        | Lusaka, Zambia<br>Sutra 173 |                   |
| <b>Silver Retreat Star</b>     |             | <b>Gulika</b> 7:21AM – 8:53AM | <b>Revati</b> Until 5:07AM Sat    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:49AM |                             | Sarvari 5122      |
| Meena Rasi: 18.26              | Tithi 16    | Yama 3:00PM – 4:32PM          | Dhruva Until 5:39PM               | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:04PM  |                             | Moon 9 - Phase 23 |
|                                |             | <b>Rahu</b> 10:25AM – 11:57AM | Balava Until 12:15PM              | <b>Nataraja:</b> Clear  |                        |                             | Prathama          |
| Creative Work                  | Siddha Yoga |                               | <b>Prathama*</b> Until 1:25AM Sat | Moon – Clear  |                        | <b>Sivaloka Day</b>         |                   |
|                                |             |                               |                                   | <b>Ashvina Adhika-Puratasi</b>  |                        |                             |                   |

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502

All times are standard time

www.gurudeva.org/panchang



Saturday, October 3, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam  
Ashvini Nakshatra Vyaghata\* Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 174

Sarvari 5122

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 0.2 Tithi 17

624864463

**Gulika** 5:48AM – 7:20AM  
**Yama** 1:28PM – 3:00PM  
**Rahu** 8:52AM – 10:24AM

**Ashvini Until 8:18AM Sun**  
Vyaghata\* Until 6:33PM  
Taitila Until 2:41PM  
**Dvitiya Until 3:55AM Sun**

**Ganesha:** Purple *Sunrise: 5:48AM*  
**Muruqa:** Purple *Sunset: 6:04PM*  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

Until 8:18AM Sun

Then Routine Work - Prabararishta Yoga

1

Sunday, October 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yukhtayam  
Ashvini/Bharani Nakshatra Harshana Yoga Vanija/Visti\* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 2 Sutra 175

Sarvari 5122

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 12.11 Tithi 18

624864463

**Gulika** 3:00PM – 4:32PM  
**Yama** 11:56AM – 1:28PM  
**Rahu** 4:32PM – 6:04PM

**Ashvini Until 8:18AM**  
Harshana Until 7:32PM  
Vanija Until 5:14PM  
**Tritiya Until 6:30AM Mon**

**Ganesha:** Purple *Sunrise: 5:47AM*  
**Muruqa:** Purple *Sunset: 6:04PM*  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

Until 8:18AM

Then Routine Work - Prabararishta Yoga

2

Monday, October 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yukhtayam  
Bharani/Krittika Nakshatra Vajra\* Yoga Visti\*/Bava Karana Tritiya/Chaturthyam Titau

Lusaka, Zambia

Sun 3 Sutra 176

Sarvari 5122

Moon 10 - Phase 24

1st Phase

Mesha Rasi: 24.01 Tithi 18 – 19

624864463

**Family Home Evening**

**Gulika** 1:28PM – 3:00PM  
**Yama** 10:23AM – 11:56AM  
**Rahu** 7:19AM – 8:51AM

**Bharani Until 11:22AM**  
Vajra\* Until 8:29PM  
Bava Until 7:47PM  
**Tritiya Until 6:30AM**

**Ganesha:** Purple *Sunrise: 5:47AM*  
**Muruqa:** Purple *Sunset: 6:05PM*  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Creative Work Siddha Yoga

Until 11:22AM

Then Routine Work - Marana Yoga

3

Tuesday, October 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yukhtayam  
Krittika/Rohini Nakshatra Siddhi\* Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 4 Sutra 177

Sarvari 5122

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 5.51 Tithi 19 – 20

624864463

Creative Work Siddha Yoga

Until 2:11PM

Then Creative Work - Amrita Yoga

**Gulika** 11:55AM – 1:28PM  
**Yama** 8:51AM – 10:23AM  
**Rahu** 3:00PM – 4:32PM

**Krittika Until 2:11PM**  
Siddhi Until 9:21PM  
Kaulava Until 10:13PM  
**Chaturthi\* Until 9:00AM**

**Ganesha:** Purple *Sunrise: 5:46AM*  
**Muruqa:** Purple *Sunset: 6:05PM*  
**Nataraja:** Clear  
Moon – White  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

4

Wednesday, October 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yukhtayam  
Rohini/Mrigashira Nakshatra Vyatipata\* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 5 Sutra 178

Sarvari 5122

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 17.47 Tithi 20 – 21

634864464

Creative Work Siddha Yoga

**Gulika** 10:23AM – 11:55AM  
**Yama** 7:18AM – 8:50AM  
**Rahu** 11:55AM – 1:28PM

**Rohini Until 5:04PM**  
Vyatipata\* Until 9:59PM  
Gara Until 12:18AM Thu  
**Panchami Until 11:17AM**

**Ganesha:** Clear *Sunrise: 5:45AM*  
**Muruqa:** Purple *Sunset: 6:05PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

5

Thursday, October 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yukhtayam  
Mrigashira Nakshatra Variyan Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 6 Sutra 179

Sarvari 5122

Moon 10 - Phase 24

1st Phase

Vrishabha Rasi: 29.51 Tithi 21 – 22

634864464

Routine Work Marana Yoga

**Gulika** 8:50AM – 10:22AM  
**Yama** 5:45AM – 7:17AM  
**Rahu** 1:27PM – 3:00PM

**Mrigashira Until 7:20PM**  
Variyan Until 10:11PM  
Visti Until 1:52AM Fri  
**Shashthi\* Until 1:09PM**

**Ganesha:** Clear *Sunrise: 5:45AM*  
**Muruqa:** Purple *Sunset: 6:05PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

D

Friday, October 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yukhtayam  
Ardra Nakshatra Parigha\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 7 Sutra 180

Sarvari 5122

Moon 10 - Phase 24

Ashtami

Mithuna Rasi: 12.1 Tithi 22 – 23

634864464

Creative Work Siddha Yoga

**Gulika** 7:17AM – 8:49AM  
**Yama** 3:00PM – 4:33PM  
**Rahu** 10:22AM – 11:55AM

**Ardra Until 8:48PM**  
Parigha\* Until 9:53PM  
Balava Until 2:43AM Sat  
**Saptami Until 2:22PM**

**Ganesha:** Clear *Sunrise: 5:44AM*  
**Muruqa:** Purple *Sunset: 6:05PM*  
**Nataraja:** Purple  
Moon – Yellow  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

Saturday, October 10, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yukhtayam  
Punarvasu Nakshatra Shiva Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 8 Sutra 181

Sarvari 5122

Moon 10 - Phase 24

Navami

Mithuna Rasi: 24.47 Tithi 23 – 24

644864464

Creative Work Siddha Yoga

**Gulika** 5:43AM – 7:16AM  
**Yama** 1:27PM – 3:00PM  
**Rahu** 8:49AM – 10:21AM

**Punarvasu Until 9:48PM**  
Shiva Until 8:58PM  
Taitila Until 2:44AM Sun  
**Ashtami\* Until 2:49PM**

**Ganesha:** White *Sunrise: 5:43AM*  
**Muruqa:** Purple *Sunset: 6:05PM*  
**Nataraja:** Purple  
Moon – Blue  
**Subha Sivaloka Day**  
**Ashvina Adhika-Puratasi**

|                                   |               |   |                             |                                   |                           |
|-----------------------------------|---------------|---|-----------------------------|-----------------------------------|---------------------------|
| <b>1 Sunday, October 11, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Pushya Nakshatra Siddha Yoga Gara/Vanija Karana Navami/Dashamyam Titau |                             | Lusaka, Zambia<br>Sun 9 Sutra 182 |                           |
| Kataka Rasi: 7.5                  | Tithi 24 – 25 | <b>Gulika</b> 3:00PM – 4:33PM   | <b>Pushya Until 9:47PM</b>  | <b>Ganesha:</b> Clear             | <i>Sunrise:</i> 5:43AM    |
|                                   |               | Yama 11:54AM – 1:27PM   | Siddha Until 7:20PM         | <b>Muruqa:</b> Purple             | <i>Sunset:</i> 6:05PM     |
|                                   | 645864464     | <b>Rahu</b> 4:33PM – 6:05PM   | Vanija Until 1:53AM Mon     | <b>Nataraja:</b> Purple           | Moon 10 - Phase 25        |
| Creative Work                     | Siddha Yoga   |   | <b>Navami* Until 2:24PM</b> | Moon – Blue                       | <b>Subha Sivaloka Day</b> |
|                                   |               |   |                             | <b>Ashvina Adhika-Puratasi</b>    |                           |

|                                   |               |   |                               |                                    |                           |
|-----------------------------------|---------------|---|-------------------------------|------------------------------------|---------------------------|
| <b>2 Monday, October 12, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam<br>Ashlesha* Nakshatra Sadhya/Subha Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                               | Lusaka, Zambia<br>Sun 10 Sutra 183 |                           |
| Kataka Rasi: 21.2                 | Tithi 25 – 26 | <b>Gulika</b> 1:27PM – 3:00PM   | <b>Ashlesha* Until 8:48PM</b> | <b>Ganesha:</b> Clear              | <i>Sunrise:</i> 5:42AM    |
| <b>Family Home Evening</b>        |               | Yama 10:21AM – 11:54AM  | Sadhya Until 5:03PM           | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:06PM     |
| Creative Work                     | Siddha Yoga   | <b>Rahu</b> 7:15AM – 8:48AM   | Bava Until 12:12AM Tue        | <b>Nataraja:</b> Purple            | Moon 10 - Phase 25        |
| Until 8:48PM                      |               |   | <b>Dashami Until 1:08PM</b>   | Moon – Blue                        | <b>Subha Sivaloka Day</b> |
| Then Routine Work - Marana Yoga   |               |   |                               | <b>Ashvina Adhika-Puratasi</b>     |                           |

|                                    |               |  |                                |                                    |                        |
|------------------------------------|---------------|--|--------------------------------|------------------------------------|------------------------|
| <b>3 Tuesday, October 13, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Magha* Nakshatra Subha/Sukla Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                | Lusaka, Zambia<br>Sun 11 Sutra 184 |                        |
| Simha Rasi: 5.2                    | Tithi 26 – 27 | <b>Gulika</b> 11:54AM – 1:27PM   | <b>Magha* Until 7:21PM</b>     | <b>Ganesha:</b> White              | <i>Sunrise:</i> 5:41AM |
|                                    |               | Yama 8:47AM – 10:20AM  | Subha Until 2:08PM             | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:06PM  |
|                                    | 655864464     | <b>Rahu</b> 3:00PM – 4:33PM  | Kaulava Until 9:47PM           | <b>Nataraja:</b> Purple            | Moon 10 - Phase 25     |
| Creative Work                      | Siddha Yoga   |  | <b>Ekadashi* Until 11:04AM</b> | Moon – Red                         | <b>Sivaloka Day</b>    |
|                                    |               |  |                                | <b>Ashvina Adhika-Puratasi</b>     |                        |

|                                      |               |  |                                   |                                    |                        |
|--------------------------------------|---------------|--|-----------------------------------|------------------------------------|------------------------|
| <b>4 Wednesday, October 14, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Sukla/Brahma Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau |                                   | Lusaka, Zambia<br>Sun 12 Sutra 185 |                        |
| Simha Rasi: 19.48                    | Tithi 27 – 28 | <b>Gulika</b> 10:20AM – 11:53AM  | <b>Purvaphalguni Until 5:08PM</b> | <b>Ganesha:</b> White              | <i>Sunrise:</i> 5:41AM |
|                                      |               | Yama 7:14AM – 8:47AM   | Sukla Until 10:40AM               | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:06PM  |
|                                      | 655864464     | <b>Rahu</b> 11:53AM – 1:26PM   | Gara Until 6:45PM                 | <b>Nataraja:</b> Purple            | Moon 10 - Phase 25     |
| Creative Work                        | Amrita Yoga   |  | <b>Dvadashi* Until 8:19AM</b>     | Moon – Red                         | <b>Sivaloka Day</b>    |
|                                      |               |  |                                   | <b>Ashvina Adhika-Puratasi</b>     |                        |

*Pradosha Vrata (Fasting)*

|                                     |             |  |                                      |                                    |                        |
|-------------------------------------|-------------|--|--------------------------------------|------------------------------------|------------------------|
| <b>5 Thursday, October 15, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                                      | Lusaka, Zambia<br>Sun 13 Sutra 186 |                        |
| Kanya Rasi: 4.4                     | Tithi 29    | <b>Gulika</b> 8:46AM – 10:20AM   | <b>Uttaraphalguni Until 2:20PM</b>   | <b>Ganesha:</b> White              | <i>Sunrise:</i> 5:40AM |
|                                     |             | Yama 5:40AM – 7:13AM   | Brahma Until 6:47AM                  | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:06PM  |
|                                     | 655864464   | <b>Rahu</b> 1:26PM – 3:00PM  | Visti Until 3:17PM                   | <b>Nataraja:</b> Purple            | Moon 10 - Phase 25     |
|                                     | Amrita Yoga |  | <b>Chaturdashi* Until 1:25AM Fri</b> | Moon – Red                         | <b>Sivaloka Day</b>    |
| Until 2:20PM                        |             |  |                                      | <b>Ashvina Adhika-Puratasi</b>     |                        |
| Then Routine Work - Marana Yoga     |             |  |                                      |                                    |                        |

|                                  |             |   |                               |                                    |                        |
|----------------------------------|-------------|---|-------------------------------|------------------------------------|------------------------|
| <b>Friday, October 16, 2020</b>  |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Hasta/Chitra Nakshatra Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                               | Lusaka, Zambia<br>Sun 14 Sutra 187 |                        |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 7:13AM – 8:46AM   | <b>Hasta Until 11:30AM</b>    | <b>Ganesha:</b> Green              | <i>Sunrise:</i> 5:39AM |
| Kanya Rasi: 19.49                | Tithi 30    | Yama 3:00PM – 4:33PM  | Vaidhriti* Until 10:18PM      | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:06PM  |
|                                  |             | <b>Rahu</b> 10:19AM – 11:53AM   | Catuspada Until 11:32AM       | <b>Nataraja:</b> Purple            | Moon 10 - Phase 25     |
| Creative Work                    | Amrita Yoga |   | <b>Amavasya* Until 9:36PM</b> | Moon – Green                       | Amavasya               |
| Until 11:30AM                    |             |   |                               | <b>Ashvina Adhika-Puratasi</b>     | <b>Sivaloka Day</b>    |
| Then Creative Work - Siddha Yoga |             |   |                               |                                    |                        |

|                                   |             |   |                               |                                    |                        |
|-----------------------------------|-------------|---|-------------------------------|------------------------------------|------------------------|
| <b>Saturday, October 17, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Chitra/Svati Nakshatra Vishkambha*/Prili Yoga Kintughna*/Balava Karana Prathama/Dvityayam Titau |                               | Lusaka, Zambia<br>Sun 15 Sutra 188 |                        |
| <b>Retreat Star</b>               |             | <b>Gulika</b> 5:39AM – 7:12AM   | <b>Chitra Until 8:26AM</b>    | <b>Ganesha:</b> Green              | <i>Sunrise:</i> 5:39AM |
| Tula Rasi: 5.06                   | Tithi 1 – 2 | Yama 1:26PM – 3:00PM  | Vishkambha* Until 5:59PM      | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:07PM  |
|                                   |             | <b>Rahu</b> 8:46AM – 10:19AM  | Kintughna Until 7:41AM        | <b>Nataraja:</b> Purple            | Moon 10 - Phase 25     |
| Routine Work                      | Marana Yoga |   | <b>Prathama* Until 5:46PM</b> | Moon – Green                       | Prathama               |
| Until 8:26AM                      |             | <b>Navaratri Begins</b>   |                               | <b>Ashvina-Aipasi</b>              | <b>Sivaloka Day</b>    |
| Then Creative Work - Siddha Yoga  |             |   |                               |                                    |                        |

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|  |             |                                 |  |  |  |   |                                    |
|--|-------------|---------------------------------|--|--|--|---|------------------------------------|
| <b>1</b>   |             | <b>Sunday, October 18, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |  |   | Lusaka, Zambia<br>Sun 16 Sutra 189 |
| Tula Rasi: 20.2  | Tithi 2 – 3 | 675864464                       | <b>Gulika</b> 3:00PM – 4:33PM<br><b>Yama</b> 11:52AM – 1:26PM<br><b>Rahu</b> 4:33PM – 6:07PM | <b>Vishakha</b> Until 2:44AM Mon<br>Priti Until 1:48PM<br>Taitila Until 12:23AM Mon<br>Dvitiya Until 2:05PM  | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Orange | <b>Sunrise:</b> 5:38AM<br><b>Sunset:</b> 6:07PM | Moon 10 - Phase 26<br>3rd Phase    |
| Routine Work Marana Yoga<br>Until 2:44AM Mon<br>Then Creative Work - Siddha Yoga |             |                                 |  |  | <b>Sivaloka Day</b>  |   |                                    |

|  |             |                                 |   |   |  |   |                                    |
|--|-------------|---------------------------------|---|---|--|---|------------------------------------|
| <b>2</b>   |             | <b>Monday, October 19, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau |  |   | Lusaka, Zambia<br>Sun 17 Sutra 190 |
| Vrischika Rasi: 5.21   | Tithi 3 – 4 | 675864464                       | <b>Gulika</b> 1:26PM – 3:00PM<br><b>Yama</b> 10:19AM – 11:52AM<br><b>Rahu</b> 7:11AM – 8:45AM | <b>Anuradha</b> Until 12:25AM Tue<br>Ayushman Until 9:51AM<br>Vanija Until 9:15PM<br>Tritiya Until 10:44AM  | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Orange | <b>Sunrise:</b> 5:37AM<br><b>Sunset:</b> 6:07PM | Moon 10 - Phase 26<br>3rd Phase    |
| Family Home Evening<br>Creative Work Siddha Yoga<br>Until 12:25AM Tue<br>Then Routine Work - Marana Yoga |             |                                 |   |   | <b>Sivaloka Day</b>  |   |                                    |

|   |             |                                  |   |  |  |   |                                    |
|---|-------------|----------------------------------|---|--|--|---|------------------------------------|
| <b>3</b>  |             | <b>Tuesday, October 20, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |  |   | Lusaka, Zambia<br>Sun 18 Sutra 191 |
| Vrischika Rasi: 20.02   | Tithi 4 – 5 | 675864464                        | <b>Gulika</b> 11:52AM – 1:26PM<br><b>Yama</b> 8:45AM – 10:18AM<br><b>Rahu</b> 3:00PM – 4:34PM | <b>Jyeshtha*</b> Until 10:33PM<br>Saubhagya Until 6:19AM<br>Bava Until 6:41PM<br>Chaturthi* Until 7:52AM   | <b>Ganesha:</b> White<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Orange | <b>Sunrise:</b> 5:37AM<br><b>Sunset:</b> 6:07PM | Moon 10 - Phase 26<br>3rd Phase    |
| Routine Work Marana Yoga<br>Until 10:33PM<br>Then Creative Work - Amrita Yoga |             |                                  |   |  | <b>Sivaloka Day</b>  |   |                                    |

|  |         |                                    |  |  |   |   |                                    |
|--|---------|------------------------------------|--|--|---|---|------------------------------------|
| <b>4</b>   |         | <b>Wednesday, October 21, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula* Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthiyam Titau |   |   | Lusaka, Zambia<br>Sun 19 Sutra 192 |
| Dhanus Rasi: 4.17  | Tithi 6 | 686864464                          | <b>Gulika</b> 10:18AM – 11:52AM<br><b>Yama</b> 7:10AM – 8:44AM<br><b>Rahu</b> 11:52AM – 1:26PM | <b>Mula*</b> Until 9:39PM<br>Athiganda* Until 12:49AM Thu<br>Kaulava Until 4:47PM<br>Shashthi* Until 4:06AM Thu  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Light Blue | <b>Sunrise:</b> 5:36AM<br><b>Sunset:</b> 6:08PM | Moon 10 - Phase 26<br>3rd Phase    |
| Routine Work Marana Yoga<br>Until 9:39PM<br>Then Creative Work - Amrita Yoga |         |                                    |  |  | <b>Sivaloka Day</b>   |   |                                    |

|  |         |                                   |  |   |   |   |                                    |
|--|---------|-----------------------------------|--|---|---|---|------------------------------------|
| <b>5</b>   |         | <b>Thursday, October 22, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha* Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau |   |   | Lusaka, Zambia<br>Sun 20 Sutra 193 |
| Dhanus Rasi: 18.04   | Tithi 7 | 686864464                         | <b>Gulika</b> 8:44AM – 10:18AM<br><b>Yama</b> 5:36AM – 7:10AM<br><b>Rahu</b> 1:26PM – 3:00PM | <b>Purvashadha*</b> Until 9:23PM<br>Sukarma Until 10:59PM<br>Gara Until 3:39PM<br>Saptami Until 3:22AM Fri  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Light Blue | <b>Sunrise:</b> 5:36AM<br><b>Sunset:</b> 6:08PM | Moon 10 - Phase 26<br>3rd Phase    |
| Creative Work Siddha Yoga<br>Until 9:23PM<br>Then Routine Work - Marana Yoga |         |                                   |  |   | <b>Sivaloka Day</b>   |   |                                    |

|                          |         |                                 |   |   |   |   |                                    |
|--------------------------|---------|---------------------------------|---|---|---|---|------------------------------------|
| <b>Retreat Star</b>      |         | <b>Friday, October 23, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Uttarashadha Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau |   |   | Lusaka, Zambia<br>Sun 21 Sutra 194 |
| Makara Rasi: 1.23        | Tithi 8 | 686864464                       | <b>Gulika</b> 7:09AM – 8:43AM<br><b>Yama</b> 3:00PM – 4:34PM<br><b>Rahu</b> 10:18AM – 11:52AM | <b>Uttarashadha</b> Until 9:43PM<br>Dhriti Until 9:47PM<br>Visti Until 3:19PM<br>Ashtami* Until 3:25AM Sat  | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Light Blue | <b>Sunrise:</b> 5:35AM<br><b>Sunset:</b> 6:08PM | Moon 10 - Phase 26<br>Ashtami      |
| Routine Work Marana Yoga |         | <b>Durga Ashtami</b>            |   |   | <b>Sivaloka Day</b>   |   |                                    |

|                           |         |                                     |  |   |  |   |                                    |
|---------------------------|---------|-------------------------------------|--|---|--|---|------------------------------------|
| <b>Retreat Star</b>       |         | <b>Saturday, October 24, 2020</b>   |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau |  |   | Lusaka, Zambia<br>Sun 22 Sutra 195 |
| Makara Rasi: 14.19        | Tithi 9 | 696864464                           | <b>Gulika</b> 5:35AM – 7:09AM<br><b>Yama</b> 1:26PM – 3:00PM<br><b>Rahu</b> 8:43AM – 10:17AM | <b>Shravana</b> Until 11:05PM<br>Shula* Until 9:07PM<br>Balava Until 3:44PM<br>Navami* Until 4:11AM Sun   | <b>Ganesha:</b> Clear<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Purple<br>Moon – Purple | <b>Sunrise:</b> 5:35AM<br><b>Sunset:</b> 6:08PM | Moon 10 - Phase 26<br>Navami       |
| Creative Work Siddha Yoga |         | <b>Saraswathi Puja (Tamil Nadu)</b> |  |   | <b>Sivaloka Day</b>  |   |                                    |

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

|                                   |             |  |                                     |                                    |                        |
|-----------------------------------|-------------|--|-------------------------------------|------------------------------------|------------------------|
| <b>1 Sunday, October 25, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha Nakshatra Ganda* Yoga Taitila/Gara Karana Dashamyam Titau |                                     | Lusaka, Zambia<br>Sun 23 Sutra 196 |                        |
| Makara Rasi: 26.56                | Tithi 10    | <b>Gulika</b> 3:00PM – 4:34PM  | <b>Dhanishtha</b> Until 12:52AM Mon | <b>Ganesha:</b> Clear              | <i>Sunrise:</i> 5:34AM |
|                                   |             | Yama 11:51AM – 1:26PM  | Ganda* Until 8:56PM                 | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:09PM  |
|                                   | 696864464   | <b>Rahu</b> 4:34PM – 6:09PM  | Taitila Until 4:48PM                | <b>Nataraja:</b> Purple            | Moon 10 - Phase 27     |
| Routine Work                      | Marana Yoga |  | Dashami Until 5:31AM Mon            | Moon – Purple                      | 4th Phase              |
| Until 12:52AM Mon                 |             |  |                                     | <b>Subha Sivaloka Day</b>          |                        |
| Then Creative Work - Siddha Yoga  |             |  |                                     | <b>Ashvina-Aipasi</b>              |                        |

|                                   |             |   |                                      |                                    |                        |
|-----------------------------------|-------------|---|--------------------------------------|------------------------------------|------------------------|
| <b>2 Monday, October 26, 2020</b> |             | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shatabhishak Nakshatra Vriddhi Yoga Vanija Karana Ekadashyam Titau |                                      | Lusaka, Zambia<br>Sun 24 Sutra 197 |                        |
| Kumbha Rasi: 9.17                 | Tithi 11    | <b>Gulika</b> 1:26PM – 3:00PM   | <b>Shatabhishak</b> Until 2:57AM Tue | <b>Ganesha:</b> Purple             | <i>Sunrise:</i> 5:34AM |
| <b>Family Home Evening</b>        |             | Yama 10:17AM – 11:51AM  | Vriddhi Until 9:09PM                 | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:09PM  |
| Creative Work                     | Siddha Yoga | <b>Rahu</b> 7:08AM – 8:43AM   | Vanija Until 6:24PM                  | <b>Nataraja:</b> Purple            | Moon 10 - Phase 27     |
| Until 2:57AM Tue                  |             |   | Ekadashi Until 7:19AM Tue            | Moon – Purple                      | 4th Phase              |
| Then Routine Work - Marana Yoga   |             | <b>Vijaya Dasami</b>  |                                      | <b>Sivaloka Day</b>                |                        |
|                                   |             |   |                                      | <b>Ashvina-Aipasi</b>              |                        |

|                                    |               |  |   |                                    |                        |
|------------------------------------|---------------|--|---|------------------------------------|------------------------|
| <b>3 Tuesday, October 27, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Dhruva Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |   | Lusaka, Zambia<br>Sun 25 Sutra 198 |                        |
| Kumbha Rasi: 21.26                 | Tithi 11 – 12 | <b>Gulika</b> 11:51AM – 1:26PM   | <b>Purvaproshtapada*</b> Until 5:42AM Wed | <b>Ganesha:</b> White              | <i>Sunrise:</i> 5:33AM |
|                                    |               | Yama 8:42AM – 10:17AM  | Dhruva Until 9:37PM                       | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:09PM  |
|                                    | 616964464     | <b>Rahu</b> 3:00PM – 4:35PM  | Bava Until 8:22PM                         | <b>Nataraja:</b> Purple            | Moon 10 - Phase 27     |
| Routine Work                       | Marana Yoga   |  | Ekadashi Until 7:19AM                     | Moon – Clear                       | 4th Phase              |
| Until 5:42AM Wed                   |               |  |   | <b>Sivaloka Day</b>                |                        |
| Then Creative Work - Siddha Yoga   |               |  |   | <b>Ashvina-Aipasi</b>              |                        |

|                                      |               |  |   |                                    |                        |
|--------------------------------------|---------------|--|---|------------------------------------|------------------------|
| <b>4 Wednesday, October 28, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |   | Lusaka, Zambia<br>Sun 26 Sutra 199 |                        |
| Meena Rasi: 3.28                     | Tithi 12 – 13 | <b>Gulika</b> 10:17AM – 11:51AM  | <b>Uttaraproshtapada</b> Until 8:29AM Thu | <b>Ganesha:</b> Yellow             | <i>Sunrise:</i> 5:33AM |
|                                      |               | Yama 7:07AM – 8:42AM   | Vyaghata* Until 10:17PM                   | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:10PM  |
|                                      | 617964464     | <b>Rahu</b> 11:51AM – 1:26PM   | Kaulava Until 10:37PM                     | <b>Nataraja:</b> Purple            | Moon 10 - Phase 27     |
| Creative Work                        | Siddha Yoga   |  | Dvadashi Until 9:26AM                     | Moon – Clear                       | 4th Phase              |
|                                      |               |  |   | <b>Subha Sivaloka Day</b>          |                        |
|                                      |               |  |   | <b>Ashvina-Aipasi</b>              |                        |

*Pradosha Vrata*

|                                     |               |  |                                       |                                    |                        |
|-------------------------------------|---------------|--|---------------------------------------|------------------------------------|------------------------|
| <b>5 Thursday, October 29, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                       | Lusaka, Zambia<br>Sun 27 Sutra 200 |                        |
| Meena Rasi: 15.25                   | Tithi 13 – 14 | <b>Gulika</b> 8:42AM – 10:16AM   | <b>Uttaraproshtapada</b> Until 8:29AM | <b>Ganesha:</b> Yellow             | <i>Sunrise:</i> 5:32AM |
|                                     |               | Yama 5:32AM – 7:07AM   | Harshana Until 11:06PM                | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:10PM  |
|                                     | 617964464     | <b>Rahu</b> 1:26PM – 3:01PM  | Gara Until 1:01AM Fri                 | <b>Nataraja:</b> Purple            | Moon 10 - Phase 27     |
| Creative Work                       | Siddha Yoga   |  | Trayodashi Until 11:47AM              | Moon – Clear                       | 4th Phase              |
|                                     |               |  |                                       | <b>Subha Sivaloka Day</b>          |                        |
|                                     |               |  |                                       | <b>Ashvina-Aipasi</b>              |                        |

|                                  |               |  |                             |                                    |                        |
|----------------------------------|---------------|--|-----------------------------|------------------------------------|------------------------|
| <b>Friday, October 30, 2020</b>  |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                             | Lusaka, Zambia<br>Sun 27 Sutra 201 |                        |
| <b>Copper Retreat Star</b>       |               | <b>Gulika</b> 7:07AM – 8:41AM  | <b>Revati</b> Until 11:15AM | <b>Ganesha:</b> Yellow             | <i>Sunrise:</i> 5:32AM |
| Meena Rasi: 27.19                | Tithi 14 – 15 | Yama 3:01PM – 4:35PM   | Vajra* Until 11:57PM        | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:10PM  |
|                                  |               | <b>Rahu</b> 10:16AM – 11:51AM  | Visti Until 3:32AM Sat      | <b>Nataraja:</b> Purple            | Moon 10 - Phase 27     |
| Creative Work                    | Siddha Yoga   |  | Chaturdashi* Until 2:15PM   | Moon – Clear                       | Purnima                |
| Until 11:15AM                    |               |  |                             | <b>Subha Sivaloka Day</b>          |                        |
| Then Creative Work - Amrita Yoga |               |  |                             | <b>Ashvina-Aipasi</b>              |                        |

|                                   |               |  |                             |                                    |                        |
|-----------------------------------|---------------|--|-----------------------------|------------------------------------|------------------------|
| <b>Saturday, October 31, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                             | Lusaka, Zambia<br>Sun 27 Sutra 202 |                        |
| <b>Silver Retreat Star</b>        |               | <b>Gulika</b> 5:31AM – 7:06AM  | <b>Ashvini</b> Until 2:24PM | <b>Ganesha:</b> White              | <i>Sunrise:</i> 5:31AM |
| Mesha Rasi: 9.1                   | Tithi 15 – 16 | Yama 1:26PM – 3:01PM   | Siddhi Until 12:51AM Sun    | <b>Muruqa:</b> Purple              | <i>Sunset:</i> 6:11PM  |
|                                   |               | <b>Rahu</b> 8:41AM – 10:16AM   | Balava Until 6:04AM Sun     | <b>Nataraja:</b> Purple            | Moon 10 - Phase 27     |
| Creative Work                     | Siddha Yoga   |  | Purnima* Until 4:47PM       | Moon – White                       | Prathama               |
|                                   |               |  |                             | <b>Subha Sivaloka Day</b>          |                        |
|                                   |               |  |                             | <b>Ashvina-Aipasi</b>              |                        |

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda

All times are standard time

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Sunday, November 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Bharani/Krittika Nakshatra Vyalipata\* Yoga Balava/Kaulava Karana Prathamayam Titau

Lusaka, Zambia

Sutra 203

Mesha Rasi: 21.02      Tithi 16

627964464

**Gulika** 3:01PM – 4:36PM  
Yama 11:51AM – 1:26PM  
**Rahu** 4:36PM – 6:11PM

**Bharani** Until 5:23PM  
Vyatipata\* Until 1:44AM Mon  
Balava Until 6:04AM  
Prathama\* Until 7:18PM

**Ganesha:** White      *Sunrise:* 5:31AM  
**Muruqa:** Purple      *Sunset:* 6:11PM

**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
Moon 11 - Phase 28  
1st Phase

Routine Work      Prabalarishta Yoga  
Until 5:23PM  
Then Creative Work - Siddha Yoga

1

Monday, November 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Krittika Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sun 1      Sutra 204

Wrishabha Rasi: 2.54      Tithi 17

627964464

**Gulika** 1:26PM – 3:01PM  
Yama 10:16AM – 11:51AM  
**Rahu** 7:06AM – 8:41AM

**Krittika** Until 8:06PM  
Variyan Until 2:29AM Tue  
Taitila Until 8:32AM  
Dvitiya Until 9:42PM

**Ganesha:** White      *Sunrise:* 5:31AM  
**Muruqa:** Purple      *Sunset:* 6:11PM

**Nataraja:** Purple  
Moon – White      Subha Subha Sivaloka Day  
Moon 11 - Phase 28  
1st Phase

**Family Home Evening**  
Routine Work      Marana Yoga  
Until 8:06PM  
Then Creative Work - Amrita Yoga

2

Tuesday, November 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam  
Rohini Nakshatra Parigha\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

Lusaka, Zambia

Sun 2      Sutra 205

Wrishabha Rasi: 14.5      Tithi 18

638964464

**Gulika** 11:51AM – 1:26PM  
Yama 8:41AM – 10:16AM  
**Rahu** 3:01PM – 4:37PM

**Rohini** Until 10:58PM  
Parigha\* Until 3:04AM Wed  
Vanija Until 10:52AM  
Tritiya Until 11:54PM

**Ganesha:** White      *Sunrise:* 5:30AM  
**Muruqa:** Purple      *Sunset:* 6:12PM

**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
Moon 11 - Phase 28  
1st Phase

Creative Work      Amrita Yoga  
Until 10:58PM  
Then Creative Work - Siddha Yoga

3

Wednesday, November 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam  
Mrigashira Nakshatra Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Lusaka, Zambia

Sun 3      Sutra 206

Wrishabha Rasi: 26.52      Tithi 19

638964464

**Gulika** 10:16AM – 11:51AM  
Yama 7:05AM – 8:40AM  
**Rahu** 11:51AM – 1:26PM

**Mrigashira** Until 1:20AM Thu  
Shiva Until 3:24AM Thu  
Bava Until 12:54PM  
Chaturthi\* Until 1:46AM Thu

**Ganesha:** White      *Sunrise:* 5:30AM  
**Muruqa:** Purple      *Sunset:* 6:12PM

**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
Moon 11 - Phase 28  
1st Phase

Creative Work      Siddha Yoga  
Until 1:20AM Thu  
Then Routine Work - Marana Yoga

4

Thursday, November 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam  
Ardra Nakshatra Siddha Yoga Kaulava/Taitila Karana Panchamyam Titau

Lusaka, Zambia

Sun 4      Sutra 207

Mithuna Rasi: 9.02      Tithi 20

638964464

**Gulika** 8:40AM – 10:16AM  
Yama 5:30AM – 7:05AM  
**Rahu** 1:26PM – 3:02PM

**Ardra** Until 3:06AM Fri  
Siddha Until 3:21AM Fri  
Kaulava Until 2:33PM  
Panchami Until 3:09AM Fri

**Ganesha:** White      *Sunrise:* 5:30AM  
**Muruqa:** Purple      *Sunset:* 6:13PM

**Nataraja:** Purple  
Moon – Yellow      Sivaloka Day  
Moon 11 - Phase 28  
1st Phase

Routine Work      Marana Yoga  
Until 3:06AM Fri  
Then Creative Work - Siddha Yoga

5

Friday, November 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam  
Punarvasu Nakshatra Sadhya Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 5      Sutra 208

Mithuna Rasi: 21.25      Tithi 21

748964464

**Gulika** 7:05AM – 8:40AM  
Yama 3:02PM – 4:37PM  
**Rahu** 10:16AM – 11:51AM

**Punarvasu** Until 4:36AM Sat  
Sadhya Until 2:51AM Sat  
Gara Until 3:39PM  
Shashthi\* Until 3:56AM Sat

**Ganesha:** White      *Sunrise:* 5:29AM  
**Muruqa:** Purple      *Sunset:* 6:13PM

**Nataraja:** Purple  
Moon – Blue      Sivaloka Day  
Moon 11 - Phase 28  
1st Phase

Creative Work      Siddha Yoga

6

Saturday, November 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam  
Pushya Nakshatra Subha Yoga Visti\*/Bava Karana Saptamyam Titau

Lusaka, Zambia

Sun 6      Sutra 209

Kataka Rasi: 4.04      Tithi 22

748964464

**Gulika** 5:29AM – 7:05AM  
Yama 1:27PM – 3:02PM  
**Rahu** 8:40AM – 10:16AM

**Pushya** Until 5:16AM Sun  
Subha Until 1:49AM Sun  
Visti\* Until 4:06PM  
Saptami Until 4:02AM Sun

**Ganesha:** White      *Sunrise:* 5:29AM  
**Muruqa:** Purple      *Sunset:* 6:13PM

**Nataraja:** Purple  
Moon – Blue      Sivaloka Day  
Moon 11 - Phase 28  
1st Phase

Creative Work      Siddha Yoga

7

Sunday, November 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Ashlesha\* Nakshatra Sukla Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 7      Sutra 210

Kataka Rasi: 17.04      Tithi 23

748964464

**Gulika** 3:03PM – 4:38PM  
Yama 11:51AM – 1:27PM  
**Rahu** 4:38PM – 6:14PM

**Ashlesha\*** Until 5:03AM Mon  
Sukla Until 12:11AM Mon  
Balava Until 3:49PM  
Ashtami\* Until 3:23AM Mon

**Ganesha:** White      *Sunrise:* 5:29AM  
**Muruqa:** Purple      *Sunset:* 6:14PM

**Nataraja:** Purple  
Moon – Blue      Sivaloka Day  
Moon 11 - Phase 28  
Ashtami

Creative Work      Siddha Yoga  
Until 5:03AM Mon  
Then Routine Work - Marana Yoga

Monday, November 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam  
Magha\* Nakshatra Brahma Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 8      Sutra 211

Simha Rasi: 0.26      Tithi 24

758964464

**Gulika** 1:27PM – 3:03PM  
Yama 10:16AM – 11:51AM  
**Rahu** 7:04AM – 8:40AM

**Magha\*** Until 4:25AM Tue  
Brahma Until 9:58PM  
Taitila Until 2:47PM  
Navami\* Until 1:58AM Tue

**Ganesha:** Clear      *Sunrise:* 5:28AM  
**Muruqa:** Purple      *Sunset:* 6:14PM

**Nataraja:** Purple  
Moon – Red      Subha Sivaloka Day  
Moon 11 - Phase 28  
Navami

**Family Home Evening**  
Routine Work      Marana Yoga  
Until 4:25AM Tue  
Then Creative Work - Siddha Yoga

According as one acts, so does he become. One becomes virtuous by virtuous action, bad by bad action. Shukla Yajur Veda

All times are standard time

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|                                  |             |                                       |                                       |   |                        |                                   |                    |
|----------------------------------|-------------|---------------------------------------|---------------------------------------|---|------------------------|-----------------------------------|--------------------|
| <b>1</b>                         |             | <b>Tuesday, November 10, 2020</b>     |                                       | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvaphalguni Nakshatra Indra Yoga Vanija/Visti* Karana Dashamyam Titau |                        | Lusaka, Zambia<br>Sun 9 Sutra 212 |                    |
| Simha Rasi: 14.15                | Tithi 25    | <b>Gulika</b> 11:51AM – 1:27PM        | <b>Purvaphalguni Until 2:57AM Wed</b> | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 5:28AM |                                   | Sarvari 5122       |
|                                  |             | Yama 8:40AM – 10:16AM                 | Indra Until 7:12PM                    | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:15PM  |                                   | Moon 11 - Phase 29 |
|                                  |             | 759964464 <b>Rahu</b> 3:03PM – 4:39PM | Vanija Until 1:02PM                   | <b>Nataraja:</b> Purple   |                        |                                   | 2nd Phase          |
| Creative Work                    | Siddha Yoga |                                       | <b>Dashami Until 11:53PM</b>          | Moon – Red  |                        | <b>Subha Sivaloka Day</b>         |                    |
| Until 2:57AM Wed                 |             |                                       |                                       | <b>Ashvina•Aipasi</b>   |                        |                                   |                    |
| Then Creative Work - Amrita Yoga |             |                                       |                                       |   |                        |                                   |                    |

|                                 |             |  |   |  |                        |                                    |                    |
|---------------------------------|-------------|--|---|--|------------------------|------------------------------------|--------------------|
| <b>2</b>                        |             | <b>Wednesday, November 11, 2020</b>    |   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttaraphalguni Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Ekadashyam Titau |                        | Lusaka, Zambia<br>Sun 10 Sutra 213 |                    |
| Simha Rasi: 28.29               | Tithi 26    | <b>Gulika</b> 10:16AM – 11:52AM        | <b>Uttaraphalguni Until 12:46AM Thu</b> | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 5:28AM |                                    | Sarvari 5122       |
|                                 |             | Yama 7:04AM – 8:40AM                   | Vaidhriti* Until 3:54PM                 | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:15PM  |                                    | Moon 11 - Phase 29 |
|                                 |             | 759964464 <b>Rahu</b> 11:52AM – 1:27PM | Bava Until 10:37AM                      | <b>Nataraja:</b> Purple  |                        |                                    | 2nd Phase          |
| Creative Work                   | Amrita Yoga |  | <b>Ekadashi* Until 9:11PM</b>           | Moon – Red   |                        | <b>Subha Sivaloka Day</b>          |                    |
| Until 12:46AM Thu               |             |  |   | <b>Ashvina•Aipasi</b>  |                        |                                    |                    |
| Then Routine Work - Marana Yoga |             |  |   |  |                        |                                    |                    |

|                                  |             |                                       |                               |   |                        |                                    |                    |
|----------------------------------|-------------|---------------------------------------|-------------------------------|---|------------------------|------------------------------------|--------------------|
| <b>3</b>                         |             | <b>Thursday, November 12, 2020</b>    |                               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Lusaka, Zambia<br>Sun 11 Sutra 214 |                    |
| Kanya Rasi: 13.08                | Tithi 27    | <b>Gulika</b> 8:40AM – 10:16AM        | <b>Hasta Until 10:24PM</b>    | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 5:28AM |                                    | Sarvari 5122       |
|                                  |             | Yama 5:28AM – 7:04AM                  | Vishkambha* Until 12:12PM     | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:16PM  |                                    | Moon 11 - Phase 29 |
|                                  |             | 769964464 <b>Rahu</b> 1:28PM – 3:04PM | Kaulava Until 7:40AM          | <b>Nataraja:</b> Purple   |                        |                                    | 2nd Phase          |
| Routine Work                     | Marana Yoga |                                       | <b>Dvadashi* Until 6:01PM</b> | Moon – Green  |                        | <b>Sivaloka Day</b>                |                    |
| Until 10:24PM                    |             |                                       |                               | <b>Ashvina•Aipasi</b>   |                        |                                    |                    |
| Then Creative Work - Siddha Yoga |             |                                       |                               |   |                        |                                    |                    |

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| <b>4</b>          |               | <b>Friday, November 13, 2020</b>        |                                 | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Chitra Nakshatra Priti/Ayushman Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |                        | Lusaka, Zambia<br>Sun 12 Sutra 215 |                    |
| Kanya Rasi: 28.05 | Tithi 28 – 29 | <b>Gulika</b> 7:04AM – 8:40AM           | <b>Chitra Until 7:37PM</b>      | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 5:28AM |                                    | Sarvari 5122       |
|                   |               | Yama 3:04PM – 4:40PM                    | Priti Until 8:13AM              | <b>Muruqa:</b> Purple  | <i>Sunset:</i> 6:16PM  |                                    | Moon 11 - Phase 29 |
|                   |               | 769964464 <b>Rahu</b> 10:16AM – 11:52AM | Visti Until 12:43AM Sat         | <b>Nataraja:</b> Purple  |                        |                                    | 2nd Phase          |
| Creative Work     | Siddha Yoga   |   | <b>Trayodashi* Until 2:31PM</b> | Moon – Green   |                        | <b>Sivaloka Day</b>                |                    |
|                   |               | <b>Subramuniyaswami Mahasamadhi</b>     |                                 | <b>Ashvina•Aipasi</b>  |                        |                                    |                    |
|                   |               | <b>Deepavali Hindu Solidarity Day</b>   | <b>Pradosha Vrata (Fasting)</b> |  |                        |                                    |                    |

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| <b>●</b>            |               | <b>Saturday, November 14, 2020</b>     |                                   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam<br>Svati/Vishakha Nakshatra Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                        | Lusaka, Zambia<br>Sun 13 Sutra 216 |                    |
| <b>Retreat Star</b> |               | <b>Gulika</b> 5:27AM – 7:04AM          | <b>Svati Until 4:34PM</b>         | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 5:27AM |                                    | Sarvari 5122       |
| Tula Rasi: 13.13    | Tithi 29 – 30 | Yama 1:28PM – 3:04PM                   | Saubhagya Until 11:47PM           | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:17PM  |                                    | Moon 11 - Phase 29 |
|                     |               | 769964464 <b>Rahu</b> 8:40AM – 10:16AM | Catuspada Until 9:02PM            | <b>Nataraja:</b> Purple   |                        |                                    | Amavasya           |
| Creative Work       | Siddha Yoga   |  | <b>Chaturdashi* Until 10:52AM</b> | Moon – Green  |                        | <b>Sivaloka Day</b>                |                    |
|                     |               |  |                                   | <b>Ashvina•Aipasi</b>   |                        |                                    |                    |

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| <b>Retreat Star</b> |              | <b>Sunday, November 15, 2020</b>      |                               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Sobhana Yoga Naga*/Bava Karana Amavasya/Prathamayam Titau |                        | Lusaka, Zambia<br>Sun 14 Sutra 217 |                    |
| Tula Rasi: 28.23    | Tithi 30 – 1 | <b>Gulika</b> 3:05PM – 4:41PM         | <b>Vishakha Until 1:49PM</b>  | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:27AM |                                    | Sarvari 5122       |
|                     |              | Yama 11:52AM – 1:28PM                 | Sobhana Until 7:39PM          | <b>Muruqa:</b> Purple   | <i>Sunset:</i> 6:17PM  |                                    | Moon 11 - Phase 29 |
|                     |              | 779964464 <b>Rahu</b> 4:41PM – 6:17PM | Bava Until 3:42AM Mon         | <b>Nataraja:</b> Purple   |                        |                                    | Prathama           |
| Routine Work        | Marana Yoga  |                                       | <b>Amavasya* Until 7:12AM</b> | Moon – Orange   |                        | <b>Sivaloka Day</b>                |                    |
|                     |              | <b>Skanda Shasthi Begins</b>          |                               | <b>Kartika•Aipasi</b>   |                        |                                    |                    |

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

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| <b>Monday, November 16, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Dvitiyayam Titau |   | Lusaka, Zambia<br>Sun 15 Sutra 218   |  |
| <b>1</b>                         | Vriscika Rasi: 13.27<br>Family Home Evening<br>Creative Work Siddha Yoga | Tithi 2<br>779964465   | <b>Gulika</b> 1:29PM – 3:05PM<br><b>Yama</b> 10:16AM – 11:52AM<br><b>Rahu</b> 7:03AM – 8:40AM | <b>Anuradha Until 11:10AM</b><br>Athiganda* Until 3:42PM<br>Balava Until 2:04PM<br>Dvitiya Until 12:31AM Tue | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Orange<br>Sunrise: 5:27AM<br>Sunset: 6:18PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Devaloka Day<br>Karttika-Karttikai |

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| <b>Tuesday, November 17, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau |   | Lusaka, Zambia<br>Sun 16 Sutra 219  |  |
| <b>2</b>                          | Vriscika Rasi: 28.14<br>Routine Work Marana Yoga<br>Until 8:45AM<br>Then Creative Work - Amrita Yoga | Tithi 3<br>779964465   | <b>Gulika</b> 11:53AM – 1:29PM<br><b>Yama</b> 8:40AM – 10:16AM<br><b>Rahu</b> 3:05PM – 4:42PM | <b>Jyeshtha* Until 8:45AM</b><br>Sukarma Until 12:07PM<br>Taitila Until 11:07AM<br>Tritiya Until 9:50PM | <b>Ganesha:</b> Purple<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Orange<br>Sunrise: 5:27AM<br>Sunset: 6:18PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Devaloka Day<br>Karttika-Karttikai |

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| <b>Wednesday, November 18, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau |  | Lusaka, Zambia<br>Sun 17 Sutra 220   |  |
| <b>3</b>                            | Dhanus Rasi: 12.38<br>Routine Work Marana Yoga<br>Until 7:10AM<br>Then Creative Work - Amrita Yoga | Tithi 4<br>781964465   | <b>Gulika</b> 10:16AM – 11:53AM<br><b>Yama</b> 7:03AM – 8:40AM<br><b>Rahu</b> 11:53AM – 1:29PM | <b>Mula* Until 7:10AM</b><br>Dhriti Until 9:00AM<br>Vanija Until 8:44AM<br>Chaturthi* Until 7:46PM | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Sunrise: 5:27AM<br>Sunset: 6:19PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Sivaloka Day<br>Karttika-Karttikai |

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| <b>Thursday, November 19, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau |  | Lusaka, Zambia<br>Sun 18 Sutra 221  |  |
| <b>4</b>                           | Dhanus Rasi: 26.35<br>Creative Work Siddha Yoga<br>Until 6:06AM<br>Then Routine Work - Marana Yoga | Tithi 5<br>781964465  | <b>Gulika</b> 8:40AM – 10:16AM<br><b>Yama</b> 5:27AM – 7:03AM<br><b>Rahu</b> 1:29PM – 3:06PM | <b>Purvashadha* Until 6:06AM</b><br>Shula* Until 6:25AM<br>Bava Until 7:02AM<br>Panchami Until 6:28PM | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Light Blue<br>Sunrise: 5:27AM<br>Sunset: 6:19PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Sivaloka Day<br>Karttika-Karttikai |


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| <b>Friday, November 20, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana Nakshatra Vriddhi Yoga Kaulava/Gara Karana Shashthi/Saptamyam Titau |   | Lusaka, Zambia<br>Sun 19 Sutra 222   |  |
| <b>5</b>                         | Makara Rasi: 10.05<br>Routine Work Marana Yoga<br>Until 6:21AM Sat<br>Then Creative Work - Siddha Yoga | Tithi 6 – 7<br>791164465   | <b>Gulika</b> 7:03AM – 8:40AM<br><b>Yama</b> 3:06PM – 4:43PM<br><b>Rahu</b> 10:17AM – 11:53AM | <b>Shravana Until 6:21AM Sat</b><br>Vriddhi Until 3:10AM Sat<br>Kaulava Until 6:08AM<br>Shashthi* Until 5:58PM | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Purple<br>Sunrise: 5:27AM<br>Sunset: 6:20PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Sivaloka Day<br>Karttika-Karttikai |

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| <b>Saturday, November 21, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Dhruva Yoga Gara/Vanija Karana Saptamyam Titau |  | Lusaka, Zambia<br>Sun 20 Sutra 223   |  |
| <b>6</b>                           | Makara Rasi: 23.08<br>Creative Work Siddha Yoga | Tithi 7<br>791164465   | <b>Gulika</b> 5:27AM – 7:03AM<br><b>Yama</b> 1:30PM – 3:07PM<br><b>Rahu</b> 8:40AM – 10:17AM | <b>Shravana Until 6:21AM</b><br>Dhruva Until 2:28AM Sun<br>Gara Until 6:03AM<br>Saptami Until 6:18PM | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Purple<br>Sunrise: 5:27AM<br>Sunset: 6:20PM<br>Moon 11 - Phase 30<br>3rd Phase<br>Sivaloka Day<br>Karttika-Karttikai |

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| <b>Sunday, November 22, 2020</b> |   | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau |  | Lusaka, Zambia<br>Sun 21 Sutra 224  |  |
| <b>Retreat Star</b>              | Kumbha Rasi: 5.48<br>Routine Work Marana Yoga<br>Until 7:38AM<br>Then Creative Work - Siddha Yoga | Tithi 8<br>791164465  | <b>Gulika</b> 3:07PM – 4:44PM<br><b>Yama</b> 11:54AM – 1:30PM<br><b>Rahu</b> 4:44PM – 6:21PM | <b>Dhanishtha Until 7:38AM</b><br>Vyaghata* Until 2:20AM Mon<br>Visti Until 6:46AM<br>Ashtami* Until 7:22PM | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Purple<br><b>Nataraja:</b> Clear<br>Moon – Purple<br>Sunrise: 5:27AM<br>Sunset: 6:21PM<br>Moon 11 - Phase 30<br>Ashtami<br>Sivaloka Day<br>Karttika-Karttikai |

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| <b>Monday, November 23, 2020</b> |  | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Sukla Pakshe Indu Vasara Yuktayam<br>Shalabhishak*/Purvaprossthapada* Nakshatra Harshana Yoga Balava/Kaulava Karana Navamyam Titau |   | Lusaka, Zambia<br>Sun 22 Sutra 225   |  |
| <b>Retreat Star</b>              | Kumbha Rasi: 18.1<br>Family Home Evening<br>Creative Work Siddha Yoga<br>Until 9:25AM<br>Then Routine Work - Marana Yoga | Tithi 9<br>791174465   | <b>Gulika</b> 1:31PM – 3:08PM<br><b>Yama</b> 10:17AM – 11:54AM<br><b>Rahu</b> 7:04AM – 8:40AM | <b>Shatabhishak Until 9:25AM</b><br>Harshana Until 2:39AM Tue<br>Balava Until 8:11AM<br>Navami* Until 9:05PM | <b>Ganesha:</b> Orange<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Purple<br>Sunrise: 5:27AM<br>Sunset: 6:21PM<br>Moon 11 - Phase 30<br>Navami<br>Devaloka Day<br>Karttika-Karttikai |

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda

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| <b>1</b>  |               | <b>Tuesday, November 24, 2020</b>   |                          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Purvaprosarthapada/Uttaraprosarthapada Nakshatra Vajra* Yoga Tailila/Gara Karana Dashamyam Titau |                           |                             |  | Lusaka, Zambia<br>Sun 23 Sutra 226 |  |
| Meena Rasi: 0.18  | Tithi 10      | <b>Gulika</b>   | <b>11:54AM – 1:31PM</b>  | <b>Purvaprosarthapada* Until 12:02PM</b>  | <b>Ganesha: Yellow</b>    | <i>Sunrise: 5:27AM</i>      |  |                                    |  |
|   |               | Yama  | 8:41AM – 10:17AM         | Vajra* Until 3:14AM Wed   | <b>Muruqa: Clear</b>      | <i>Sunset: 6:22PM</i>       |  | Moon 11 - Phase 31                 |  |
|   |               | 711174465 <b>Rahu</b>   | <b>3:08PM – 4:45PM</b>   | Taitila Until 10:08AM   | <b>Nataraja: Clear</b>    |                             |  | 4th Phase                          |  |
| Routine Work  | Marana Yoga   |   |                          | <b>Dashami Until 11:14PM</b>  | <b>Moon – Clear</b>       |                             |  | <b>Devaloka Day</b>                |  |
| Until 12:02PM   |               |   |                          |   | <b>Karttika-Karttikai</b> |                             |  |                                    |  |
| Then Creative Work - Amrita Yoga  |               |   |                          |   |                           |                             |  |                                    |  |
| <b>2</b>  |               | <b>Wednesday, November 25, 2020</b>   |                          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttaraprosarthapada/Revati Nakshatra Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau             |                           |                             |  | Lusaka, Zambia<br>Sun 24 Sutra 227 |  |
| Meena Rasi: 12.16   | Tithi 11      | <b>Gulika</b>   | <b>10:18AM – 11:55AM</b> | <b>Uttaraprosarthapada Until 2:50PM</b>   | <b>Ganesha: Yellow</b>    | <i>Sunrise: 5:27AM</i>      |  |                                    |  |
|   |               | Yama  | 7:04AM – 8:41AM          | Siddhi Until 4:02AM Thu   | <b>Muruqa: Clear</b>      | <i>Sunset: 6:22PM</i>       |  | Moon 11 - Phase 31                 |  |
|   |               | 711174465 <b>Rahu</b>   | <b>11:55AM – 1:32PM</b>  | Vanija Until 12:28PM  | <b>Nataraja: Clear</b>    |                             |  | 4th Phase                          |  |
| Creative Work   | Siddha Yoga   |   |                          | <b>Ekadashi Until 1:41AM Thu</b>  | <b>Moon – Clear</b>       |                             |  | <b>Devaloka Day</b>                |  |
| Until 2:50PM  |               |   |                          |   | <b>Karttika-Karttikai</b> |                             |  |                                    |  |
| Then Routine Work - Marana Yoga   |               |   |                          |   |                           |                             |  |                                    |  |
| <b>3</b>  |               | <b>Thursday, November 26, 2020</b>  |                          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vyatipata* Yoga Bava/Balava Karana Dvadashyam Titau                        |                           |                             |  | Lusaka, Zambia<br>Sun 25 Sutra 228 |  |
| Meena Rasi: 24.1  | Tithi 12      | <b>Gulika</b>   | <b>8:41AM – 10:18AM</b>  | <b>Revati Until 5:39PM</b>  | <b>Ganesha: Yellow</b>    | <i>Sunrise: 5:27AM</i>      |  |                                    |  |
|   |               | Yama  | 5:27AM – 7:04AM          | Vyatipata* Until 4:57AM Fri   | <b>Muruqa: Clear</b>      | <i>Sunset: 6:23PM</i>       |  | Moon 11 - Phase 31                 |  |
|   |               | 711174465 <b>Rahu</b>   | <b>1:32PM – 3:09PM</b>   | Bava Until 2:59PM   | <b>Nataraja: Clear</b>    |                             |  | 4th Phase                          |  |
| Creative Work   | Siddha Yoga   |   |                          | <b>Dvadasashi Until 4:16AM Fri</b>  | <b>Moon – Clear</b>       |                             |  | <b>Devaloka Day</b>                |  |
| Until 5:39PM  |               |   |                          |   | <b>Karttika-Karttikai</b> |                             |  |                                    |  |
| Then Creative Work - Amrita Yoga  |               |   |                          |   |                           |                             |  |                                    |  |
| <b>4</b>  |               | <b>Friday, November 27, 2020</b>  |                          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashvini Nakshatra Varyan Yoga Kaulava/Taitila Karana Trayodashyam Titau                            |                           |                             |  | Lusaka, Zambia<br>Sun 26 Sutra 229 |  |
| Mesha Rasi: 6   | Tithi 13      | <b>Gulika</b>   | <b>7:04AM – 8:41AM</b>   | <b>Ashvini Until 8:50PM</b>   | <b>Ganesha: Blue</b>      | <i>Sunrise: 5:27AM</i>      |  |                                    |  |
|   |               | Yama  | 3:09PM – 4:46PM          | Variyan Until 5:48AM Sat  | <b>Muruqa: Clear</b>      | <i>Sunset: 6:23PM</i>       |  | Moon 11 - Phase 31                 |  |
|   |               | 721174465 <b>Rahu</b>   | <b>10:18AM – 11:55AM</b> | Kaulava Until 5:35PM  | <b>Nataraja: Clear</b>    |                             |  | 4th Phase                          |  |
| Creative Work   | Amrita Yoga   |   |                          | <b>Trayodashi Until 6:50AM Sat</b>  | <b>Moon – White</b>       |                             |  | <b>Bhuloka Day</b>                 |  |
| Until 8:50PM  |               |   |                          |   | <b>Karttika-Karttikai</b> |                             |  | <b>Devaloka Time: 3:PM to 6:PM</b> |  |
| Then Creative Work - Siddha Yoga  |               |   |                          | <i>Pradosha Vrata</i>   |                           |                             |  |                                    |  |
| <b>5</b>  |               | <b>Saturday, November 28, 2020</b>  |                          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani Nakshatra Parigha* Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau                 |                           |                             |  | Lusaka, Zambia<br>Sun 27 Sutra 230 |  |
| Mesha Rasi: 17.52   | Tithi 13 – 14 | <b>Gulika</b>   | <b>5:27AM – 7:04AM</b>   | <b>Bharani Until 11:45PM</b>  | <b>Ganesha: Blue</b>      | <i>Sunrise: 5:27AM</i>      |  |                                    |  |
|   |               | Yama  | 1:33PM – 3:10PM          | Parigha* Until 6:35AM Sun   | <b>Muruqa: Clear</b>      | <i>Sunset: 6:24PM</i>       |  | Moon 11 - Phase 31                 |  |
|   |               | 722174465 <b>Rahu</b>   | <b>8:41AM – 10:18AM</b>  | Gara Until 8:06PM   | <b>Nataraja: Clear</b>    |                             |  | 4th Phase                          |  |
| Creative Work   | Siddha Yoga   |   |                          | <b>Trayodashi Until 6:50AM</b>  | <b>Moon – White</b>       |                             |  | <b>Bhuloka Day</b>                 |  |
| Until 11:45PM   |               |   |                          |   | <b>Karttika-Karttikai</b> |                             |  | <b>Devaloka Time: 3:PM to 6:PM</b> |  |
| Then Creative Work - Amrita Yoga  |               |   |                          |   |                           |                             |  |                                    |  |
|  |               | <b>Sunday, November 29, 2020</b>  |                          | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau           |                           |                             |  | Lusaka, Zambia<br>Sutra 231        |  |
| <b>Copper Retreat Star</b>  |               | <b>Gulika</b>   | <b>3:10PM – 4:47PM</b>   | <b>Krittika Until 2:20AM Mon</b>  | <b>Ganesha: Blue</b>      | <i>Sunrise: 5:27AM</i>      |  |                                    |  |
| Mesha Rasi: 29.46   | Tithi 14 – 15 | Yama  | 11:56AM – 1:33PM         | Parigha* Until 6:35AM   | <b>Muruqa: Clear</b>      | <i>Sunset: 6:25PM</i>       |  | Moon 11 - Phase 31                 |  |
|   |               | 722174465 <b>Rahu</b>   | <b>4:47PM – 6:25PM</b>   | Visti Until 10:25PM   | <b>Nataraja: Clear</b>    |                             |  | Purnima                            |  |
| Creative Work   | Siddha Yoga   |   |                          | <b>Chaturdashi* Until 9:16AM</b>  | <b>Moon – White</b>       |                             |  | <b>Bhuloka Day</b>                 |  |
| Until 2:20AM Mon  |               |   |                          |   | <b>Karttika-Karttikai</b> |                             |  | <b>Devaloka Time: 3:PM to 6:PM</b> |  |
| Then Creative Work - Amrita Yoga  |               | <b>Krittika Deepam</b>  |                          |   |                           |                             |  |                                    |  |
| <b>Monday, November 30, 2020</b>  |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Rohini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                          |   |                           | Lusaka, Zambia<br>Sutra 232 |  |                                    |  |
| <b>Silver Retreat Star</b>  |               | <b>Gulika</b>   | <b>1:34PM – 3:11PM</b>   | <b>Rohini Until 4:58AM Tue</b>  | <b>Ganesha: Yellow</b>    | <i>Sunrise: 5:27AM</i>      |  |                                    |  |
| Virshabha Rasi: 11.44   | Tithi 15 – 16 | Yama  | 10:19AM – 11:56AM        | Shiva Until 7:12AM  | <b>Muruqa: Clear</b>      | <i>Sunset: 6:25PM</i>       |  | Moon 11 - Phase 31                 |  |
| <b>Family Home Evening</b>  |               | 732174465 <b>Rahu</b>   | <b>7:05AM – 8:42AM</b>   | Balava Until 12:29AM Tue  | <b>Nataraja: Clear</b>    |                             |  | Prathama                           |  |
| Creative Work   | Amrita Yoga   |   |                          | <b>Purnima* Until 11:28AM</b>   | <b>Moon – Yellow</b>      |                             |  | <b>Devaloka Day</b>                |  |
| Until 4:58AM Tue  |               |   |                          |   | <b>Karttika-Karttikai</b> |                             |  |                                    |  |
| Then Creative Work - Siddha Yoga  |               | <b>Penumbra Lunar Eclipse</b>   |                          |   |                           |                             |  |                                    |  |
|   |               | <b>Vinayaga Viratam Begins</b>  |                          |   |                           |                             |  |                                    |  |




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| <b>1</b>                         | <b>Thursday, December 10, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam<br>Hasta/Chitra Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau |                                  |                        |                             | Lusaka, Zambia                  |
|                                  | Kanya Rasi: 22.29                  | Tithi 25 – 26 | <b>Gulika</b> 8:45AM – 10:23AM  | <b>Hasta</b> <b>Until 7:23AM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:30AM      | Sun 9 Sutra 242                 |
|                                  |                                    |               | Yama 5:30AM – 7:08AM  | Saubhagya <b>Until 3:55PM</b>    | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:31PM       | Sarvari 5122                    |
|                                  |                                    | 762174465     | <b>Rahu</b> 1:38PM – 3:16PM   | Bava <b>Until 8:05PM</b>         | <b>Nataraja:</b> Clear |                             | Moon 12 - Phase 33<br>2nd Phase |
| Routine Work                     | Marana Yoga                        |               | <b>Dashami</b> <b>Until 9:25AM</b>  | Moon – Green                     |                        | <b>Bhuloka Day</b>          |                                 |
| Until 7:23AM                     |                                    |               |   | <b>Karttika-Karttikai</b>        |                        | Devaloka Time: 3:PM to 6:PM |                                 |
| Then Creative Work - Siddha Yoga |                                    |               |   |                                  |                        |                             |                                 |

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| <b>2</b>      | <b>Friday, December 11, 2020</b> |               | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati Nakshatra Sobhana/Athiganda* Yoga Balava/Tailila Karana Ekadashi/Dvadashyam Titau |                                      |                        |                             | Lusaka, Zambia                  |
|               | Tula Rasi: 7.04                  | Tithi 26 – 27 | <b>Gulika</b> 7:08AM – 8:46AM  | <b>Svati</b> <b>Until 2:54AM Sat</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:30AM      | Sun 10 Sutra 243                |
|               |                                  |               | Yama 3:16PM – 4:54PM   | Sobhana <b>Until 12:22PM</b>         | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:32PM       | Sarvari 5122                    |
|               |                                  | 762174465     | <b>Rahu</b> 10:23AM – 12:01PM  | Taitila <b>Until 3:35AM Sat</b>      | <b>Nataraja:</b> Clear |                             | Moon 12 - Phase 33<br>2nd Phase |
| Creative Work | Siddha Yoga                      |               | <b>Ekadashi*</b> <b>Until 6:38AM</b>   | Moon – Green                         |                        | <b>Bhuloka Day</b>          |                                 |
|               |                                  |               |  | <b>Karttika-Karttikai</b>            |                        | Devaloka Time: 3:PM to 6:PM |                                 |

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| <b>3</b>                        | <b>Saturday, December 12, 2020</b> |           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Manta Vasara Yuktayam<br>Vishakha Nakshatra Athiganda*/Sukarma Yoga Gara/Vanija Karana Trayodashyam Titau |  |                        |                        | Lusaka, Zambia                  |
|                                 | Tula Rasi: 21.49                   | Tithi 28  | <b>Gulika</b> 5:31AM – 7:08AM   | <b>Vishakha</b> <b>Until 12:36AM Sun</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:31AM | Sun 11 Sutra 244                |
|                                 |                                    |           | Yama 1:39PM – 3:17PM  | Athiganda* <b>Until 8:36AM</b>           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:32PM  | Sarvari 5122                    |
|                                 |                                    | 773174465 | <b>Rahu</b> 8:46AM – 10:24AM  | Gara <b>Until 2:02PM</b>                 | <b>Nataraja:</b> Clear |                        | Moon 12 - Phase 33<br>2nd Phase |
| Creative Work                   | Siddha Yoga                        |           | <b>Trayodashi*</b> <b>Until 12:26AM Sun</b>   | Moon – Orange                            |                        | <b>Devaloka Day</b>    |                                 |
| Until 12:36AM Sun               |                                    |           |   | <b>Karttika-Karttikai</b>                |                        |                        |                                 |
| Then Routine Work - Marana Yoga |                                    |           | <i>Pradosha Vrata (Fasting)</i>   |  |                        |                        |                                 |

|              |                                  |           |   |                                      |                        |                        |                                 |
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| <b>4</b>     | <b>Sunday, December 13, 2020</b> |           | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Anuradha Nakshatra Dhriti Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                                      |                        |                        | Lusaka, Zambia                  |
|              | Vrischika Rasi: 6.4              | Tithi 29  | <b>Gulika</b> 3:17PM – 4:55PM   | <b>Anuradha</b> <b>Until 10:11PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:31AM | Sun 12 Sutra 245                |
|              |                                  |           | Yama 12:02PM – 1:40PM   | Dhriti <b>Until 1:00AM Mon</b>       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:33PM  | Sarvari 5122                    |
|              |                                  | 773174465 | <b>Rahu</b> 4:55PM – 6:33PM   | Visti <b>Until 10:52AM</b>           | <b>Nataraja:</b> Clear |                        | Moon 12 - Phase 33<br>2nd Phase |
| Routine Work | Marana Yoga                      |           | <b>Chaturdashi*</b> <b>Until 9:17PM</b>   | Moon – Orange                        |                        | <b>Devaloka Day</b>    |                                 |
|              |                                  |           |   | <b>Karttika-Karttikai</b>            |                        |                        |                                 |

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|  | <b>Monday, December 14, 2020</b> |                            | Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam<br>Jyeshtha* Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                                      |                        |                        | Lusaka, Zambia                 |
|   | <b>Retreat Star</b>              |                            | <b>Gulika</b> 1:40PM – 3:18PM   | <b>Jyeshtha*</b> <b>Until 7:47PM</b> | <b>Ganesha:</b> Orange | <i>Sunrise:</i> 5:32AM | Sun 13 Sutra 246               |
|   | Vrischika Rasi: 21.28            | Tithi 30                   | Yama 10:25AM – 12:02PM  | Shula* <b>Until 9:21PM</b>           | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:33PM  | Sarvari 5122                   |
|   | <b>Family Home Evening</b>       |                            | <b>Rahu</b> 7:09AM – 8:47AM   | Catuspada <b>Until 7:46AM</b>        | <b>Nataraja:</b> Clear |                        | Moon 12 - Phase 33<br>Amavasya |
| Creative Work   | Siddha Yoga                      |                            | <b>Amavasya*</b> <b>Until 6:17PM</b>  | Moon – Orange                        |                        | <b>Devaloka Day</b>    |                                |
|   |                                  | <b>Total Solar Eclipse</b> |   | <b>Karttika-Karttikai</b>            |                        |                        |                                |

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| <b>Retreat Star</b>              | <b>Tuesday, December 15, 2020</b> |                          | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mula* Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Prathama/Dvityayam Titau |                                  |                        |                             | Lusaka, Zambia                 |
|                                  | Dhanus Rasi: 6.06                 | Tithi 1 – 2              | <b>Gulika</b> 12:03PM – 1:41PM  | <b>Mula*</b> <b>Until 6:00PM</b> | <b>Ganesha:</b> Purple | <i>Sunrise:</i> 5:32AM      | Sun 14 Sutra 247               |
|                                  |                                   |                          | Yama 8:47AM – 10:25AM   | Ganda* <b>Until 5:59PM</b>       | <b>Muruqa:</b> Clear   | <i>Sunset:</i> 6:34PM       | Sarvari 5122                   |
|                                  |                                   | 783274465                | <b>Rahu</b> 3:18PM – 4:56PM   | Balava <b>Until 2:28AM Wed</b>   | <b>Nataraja:</b> Clear |                             | Moon 12 - Phase 33<br>Prathama |
| Creative Work                    | Amrita Yoga                       |                          | <b>Prathama*</b> <b>Until 3:37PM</b>  | Moon – Light Blue                |                        | <b>Bhuloka Day</b>          |                                |
| Until 6:00PM                     |                                   | <b>Markali Pillaiyar</b> |   | <b>Margasira-Markali</b>         |                        | Devaloka Time: 3:PM to 6:PM |                                |
| Then Creative Work - Siddha Yoga |                                   |                          |   |                                  |                        |                             |                                |

As oil in sesame seeds, as butter in cream, as water in river beds, as fire in friction sticks, so is the atman grasped in one's own self when one searches for Him with truthfulness and austerity. Krishna Yajur Veda

|                    |             |  |                                  |  |                        |                                    |                       |                             |
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| <b>1</b>           |             | <b>Wednesday, December 16, 2020</b>    |                                  | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Purvashadha/Uttarashadha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Lusaka, Zambia<br>Sun 15 Sutra 248 |                       |                             |
| Dhanus Rasi: 20.28 | Tithi 2 – 3 | <b>Gulika</b> 10:26AM – 12:03PM        | <b>Purvashadha* Until 4:32PM</b> | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 5:32AM | <b>Muruga:</b> Clear               | <i>Sunset:</i> 6:34PM | Moon 12 - Phase 34          |
|                    |             | Yama 7:10AM – 8:48AM                   | Vriddhi Until 3:01PM             | <b>Nataraja:</b> Clear   |                        | Moon – Light Blue                  |                       | 3rd Phase                   |
| Creative Work      | Amrita Yoga | 883274465 <b>Rahu</b> 12:03PM – 1:41PM | Taitila Until 12:32AM Thu        | <b>Margasira*Markali</b>   |                        | <b>Bhuloka Day</b>                 |                       | Devaloka Time: 3:PM to 6:PM |
|                    |             |  | <b>Dvitiya Until 1:24PM</b>      |  |                        |                                    |                       |                             |

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| <b>2</b>                         |             | <b>Thursday, December 17, 2020</b>    |                                  | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                        | Lusaka, Zambia<br>Sun 16 Sutra 249 |                       |                             |
| Makara Rasi: 4.27                | Tithi 3 – 4 | <b>Gulika</b> 8:48AM – 10:26AM        | <b>Uttarashadha Until 3:32PM</b> | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 5:33AM | <b>Muruga:</b> Clear               | <i>Sunset:</i> 6:35PM | Moon 12 - Phase 34          |
|                                  |             | Yama 5:33AM – 7:11AM                  | Dhruva Until 12:31PM             | <b>Nataraja:</b> Clear  |                        | Moon – Light Blue                  |                       | 3rd Phase                   |
| Routine Work                     | Marana Yoga | 883274465 <b>Rahu</b> 1:42PM – 3:19PM | Vanija Until 11:15PM             | <b>Margasira*Markali</b>  |                        | <b>Bhuloka Day</b>                 |                       | Devaloka Time: 3:PM to 6:PM |
| Until 3:32PM                     |             |                                       | <b>Tritiya Until 11:47AM</b>     |   |                        |                                    |                       |                             |
| Then Creative Work - Siddha Yoga |             |                                       |                                  |   |                        |                                    |                       |                             |

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| <b>3</b>                         |             | <b>Friday, December 18, 2020</b>        |                                 | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                        | Lusaka, Zambia<br>Sun 17 Sutra 250 |                       |                             |
| Makara Rasi: 18.02               | Tithi 4 – 5 | <b>Gulika</b> 7:11AM – 8:49AM           | <b>Shravana Until 3:33PM</b>    | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:33AM | <b>Muruga:</b> Clear               | <i>Sunset:</i> 6:35PM | Moon 12 - Phase 34          |
|                                  |             | Yama 3:20PM – 4:58PM                    | Vyaghata* Until 10:34AM         | <b>Nataraja:</b> Clear  |                        | Moon – Purple                      |                       | 3rd Phase                   |
| Routine Work                     | Marana Yoga | 893274465 <b>Rahu</b> 10:27AM – 12:04PM | Bava Until 10:44PM              | <b>Margasira*Markali</b>  |                        | <b>Bhuloka Day</b>                 |                       | Devaloka Time: 3:PM to 6:PM |
| Until 3:33PM                     |             |   | <b>Chaturthi* Until 10:53AM</b> |   |                        |                                    |                       |                             |
| Then Creative Work - Siddha Yoga |             |   |                                 |   |                        |                                    |                       |                             |

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| <b>4</b>                         |             | <b>Saturday, December 19, 2020</b>     |                                | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Dhanishtha/Shatabhishak Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashtyam Titau |                        | Lusaka, Zambia<br>Sun 18 Sutra 251 |                       |                             |
| Kumbha Rasi: 1.12                | Tithi 5 – 6 | <b>Gulika</b> 5:34AM – 7:11AM          | <b>Dhanishtha Until 4:10PM</b> | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 5:34AM | <b>Muruga:</b> Clear               | <i>Sunset:</i> 6:36PM | Moon 12 - Phase 34          |
|                                  |             | Yama 1:43PM – 3:20PM                   | Harshana Until 9:15AM          | <b>Nataraja:</b> Clear  |                        | Moon – Purple                      |                       | 3rd Phase                   |
| Creative Work                    | Siddha Yoga | 893274465 <b>Rahu</b> 8:49AM – 10:27AM | Kaulava Until 11:00PM          | <b>Margasira*Markali</b>  |                        | <b>Bhuloka Day</b>                 |                       | Devaloka Time: 3:PM to 6:PM |
| Until 4:10PM                     |             |  | <b>Panchami Until 10:45AM</b>  |   |                        |                                    |                       |                             |
| Then Creative Work - Amrita Yoga |             |  |                                |   |                        |                                    |                       |                             |

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| <b>5</b>           |             | <b>Sunday, December 20, 2020</b>      |                                  | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Shatabhishak/Purvaproshtapada* Nakshatra Vajra*/Siddhi Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                        | Lusaka, Zambia<br>Sun 19 Sutra 252 |                       |                             |
| Kumbha Rasi: 13.59 | Tithi 6 – 7 | <b>Gulika</b> 3:21PM – 4:59PM         | <b>Shatabhishak Until 5:22PM</b> | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 5:34AM | <b>Muruga:</b> Clear               | <i>Sunset:</i> 6:36PM | Moon 12 - Phase 34          |
|                    |             | Yama 12:05PM – 1:43PM                 | Vajra* Until 8:31AM              | <b>Nataraja:</b> Clear   |                        | Moon – Purple                      |                       | 3rd Phase                   |
| Creative Work      | Siddha Yoga | 893274465 <b>Rahu</b> 4:59PM – 6:36PM | Gara Until 12:02AM Mon           | <b>Margasira*Markali</b>   |                        | <b>Bhuloka Day</b>                 |                       | Devaloka Time: 3:PM to 6:PM |
|                    |             |                                       | <b>Shashthi* Until 11:25AM</b>   |  |                        |                                    |                       |                             |
|                    |             |                                       |                                  |  |                        |                                    |                       |                             |

Vinayaga Viratam Ends

|                                  |             |                                       |                                       |  |                        |                                    |                       |                             |
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| <b>Monday, December 21, 2020</b> |             | <b>Retreat Star</b>                   |                                       | Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                        | Lusaka, Zambia<br>Sun 20 Sutra 253 |                       |                             |
| Kumbha Rasi: 26.25               | Tithi 7 – 8 | <b>Gulika</b> 1:44PM – 3:21PM         | <b>Purvaproshtapada* Until 7:34PM</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 5:35AM | <b>Muruga:</b> Clear               | <i>Sunset:</i> 6:37PM | Moon 12 - Phase 34          |
| <b>Family Home Evening</b>       |             | Yama 10:28AM – 12:06PM                | Siddhi Until 8:21AM                   | <b>Nataraja:</b> Clear   |                        | Moon – Clear                       |                       | Ashtami                     |
| Routine Work                     | Marana Yoga | 813274465 <b>Rahu</b> 7:12AM – 8:50AM | Visti Until 1:44AM Tue                | <b>Margasira*Markali</b>   |                        | <b>Bhuloka Day</b>                 |                       | Devaloka Time: 3:PM to 6:PM |
| Until 7:34PM                     |             |                                       | <b>Saptami Until 12:47PM</b>          |  |                        |                                    |                       |                             |
| Then Creative Work - Siddha Yoga |             |                                       |                                       |  |                        |                                    |                       |                             |

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| <b>Tuesday, December 22, 2020</b> |             | <b>Retreat Star</b>                   |  | Sarvari Nama Samvatsare Uttarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                        | Lusaka, Zambia<br>Sun 21 Sutra 254 |                       |                             |
| Meena Rasi: 8.35                  | Tithi 8 – 9 | <b>Gulika</b> 12:06PM – 1:44PM        | <b>Uttaraproshtapada Until 10:07PM</b> | <b>Ganesha:</b> Green   | <i>Sunrise:</i> 5:35AM | <b>Muruga:</b> Clear               | <i>Sunset:</i> 6:37PM | Moon 12 - Phase 34          |
|                                   |             | Yama 8:51AM – 10:28AM                 | Vyatipata* Until 8:40AM                | <b>Nataraja:</b> Clear  |                        | Moon – Clear                       |                       | Navami                      |
| Creative Work                     | Amrita Yoga | 813274465 <b>Rahu</b> 3:22PM – 5:00PM | Balava Until 3:57AM Wed                | <b>Margasira*Markali</b>  |                        | <b>Bhuloka Day</b>                 |                       | Devaloka Time: 3:PM to 6:PM |
| Until 10:07PM                     |             |                                       | <b>Ashtami* Until 2:46PM</b>           |   |                        |                                    |                       |                             |
| Then Creative Work - Siddha Yoga  |             |                                       |  |   |                        |                                    |                       |                             |

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang

|   |              |                                     |   |  |   |   |                                 |
|---|--------------|-------------------------------------|---|--|---|---|---------------------------------|
| <b>1</b>  |              | <b>Wednesday, December 23, 2020</b> |   | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati Nakshatra Varyani/Parigha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |   | Lusaka, Zambia<br>Sun 22 Sutra 255                |                                 |
| Meena Rasi: 20.34   | Tithi 9 – 10 | 813274465                           | <b>Gulika</b> 10:29AM – 12:07PM<br>Yama 7:13AM – 8:51AM<br><b>Rahu</b> 12:07PM – 1:45PM | <b>Revati Until 12:51AM Thu</b><br>Varyan Until 9:18AM<br>Taitila Until 6:29AM Thu<br><b>Navami* Until 5:10PM</b>  | <b>Ganesha:</b> Green<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – Clear | <b>Sunrise:</b> 5:36AM<br><b>Sunset:</b> 6:38PM   | Moon 12 - Phase 35<br>4th Phase |
| Routine Work Marana Yoga<br>Until 12:51AM Thu<br>Then Creative Work - Amrita Yoga |              | <b>Day 3 of Pancha Ganapati</b>     |   | <b>Margasira*Markali</b>   |   | <b>Bhuloka Day</b><br>Devaloka Time: 3:PM to 6:PM |                                 |


|   |          |                                    |   |  |   |   |                                 |
|---|----------|------------------------------------|---|--|---|---|---------------------------------|
| <b>2</b>  |          | <b>Thursday, December 24, 2020</b> |   | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dashamyam Titau |   | Lusaka, Zambia<br>Sun 23 Sutra 256              |                                 |
| Mesha Rasi: 2.27  | Tithi 10 | 823274465                          | <b>Gulika</b> 8:52AM – 10:29AM<br>Yama 5:36AM – 7:14AM<br><b>Rahu</b> 1:45PM – 3:23PM | <b>Ashvini Until 4:04AM Fri</b><br>Parigha* Until 10:08AM<br>Taitila Until 6:29AM<br><b>Dashami Until 7:46PM</b>   | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – White | <b>Sunrise:</b> 5:36AM<br><b>Sunset:</b> 6:38PM | Moon 12 - Phase 35<br>4th Phase |
| Creative Work Amrita Yoga<br>Until 4:04AM Fri<br>Then Creative Work - Siddha Yoga |          | <b>Day 4 of Pancha Ganapati</b>    |   | <b>Margasira*Markali</b>   |   | <b>Devaloka Day</b>                             |                                 |

|   |          |                                  |  |   |   |   |                                 |
|---|----------|----------------------------------|--|---|---|---|---------------------------------|
| <b>3</b>  |          | <b>Friday, December 25, 2020</b> |  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau |   | Lusaka, Zambia<br>Sun 24 Sutra 257              |                                 |
| Mesha Rasi: 14.17   | Tithi 11 | 823274465                        | <b>Gulika</b> 7:15AM – 8:52AM<br>Yama 3:23PM – 5:01PM<br><b>Rahu</b> 10:30AM – 12:08PM | <b>Bharani Until 7:02AM Sat</b><br>Shiva Until 11:03AM<br>Vanija Until 9:06AM<br><b>Ekadashi Until 10:22PM</b>  | <b>Ganesha:</b> Red<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Clear<br>Moon – White | <b>Sunrise:</b> 5:37AM<br><b>Sunset:</b> 6:39PM | Moon 12 - Phase 35<br>4th Phase |
| Creative Work Siddha Yoga<br>Until 7:02AM Sat<br>Then Creative Work - Amrita Yoga |          | <b>Day 5 of Pancha Ganapati</b>  |  | <b>Margasira*Markali</b>  |   | <b>Devaloka Day</b>                             |                                 |

|   |          |                                    |   |   |   |   |                                 |
|---|----------|------------------------------------|---|---|---|---|---------------------------------|
| <b>4</b>  |          | <b>Saturday, December 26, 2020</b> |   | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam<br>Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Dvadashyam Titau |   | Lusaka, Zambia<br>Sun 25 Sutra 258              |                                 |
| Mesha Rasi: 26.08   | Tithi 12 | 824274466                          | <b>Gulika</b> 5:37AM – 7:15AM<br>Yama 1:46PM – 3:24PM<br><b>Rahu</b> 8:53AM – 10:31AM | <b>Bharani Until 7:02AM</b><br>Siddha Until 11:51AM<br>Bava Until 11:38AM<br><b>Dvadashi Until 12:47AM Sun</b>  | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – White | <b>Sunrise:</b> 5:37AM<br><b>Sunset:</b> 6:39PM | Moon 12 - Phase 35<br>4th Phase |
| Creative Work Siddha Yoga<br>Until 7:02AM<br>Then Creative Work - Amrita Yoga |          |                                    |   | <b>Margasira*Markali</b>  |   | <b>Sivaloka Day</b>                             |                                 |

|                           |          |                                  |   |   |   |   |                                 |
|---------------------------|----------|----------------------------------|---|---|---|---|---------------------------------|
| <b>5</b>                  |          | <b>Sunday, December 27, 2020</b> |   | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau |   | Lusaka, Zambia<br>Sun 26 Sutra 259              |                                 |
| Vrishabha Rasi: 8.05      | Tithi 13 | 824274466                        | <b>Gulika</b> 3:24PM – 5:02PM<br>Yama 12:09PM – 1:46PM<br><b>Rahu</b> 5:02PM – 6:40PM | <b>Krittika Until 9:37AM</b><br>Sadhya Until 12:27PM<br>Kaulava Until 1:53PM<br><b>Trayodashi Until 2:50AM Mon</b>  | <b>Ganesha:</b> Blue<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – White | <b>Sunrise:</b> 5:38AM<br><b>Sunset:</b> 6:40PM | Moon 12 - Phase 35<br>4th Phase |
| Creative Work Siddha Yoga |          |                                  |   | <b>Margasira*Markali</b>  |   | <b>Sivaloka Day</b>                             |                                 |
| <i>Pradosha Vrata</i>     |          |                                  |   |   |   |   |                                 |

|  |          |                                  |  |  |  |   |                                 |
|--|----------|----------------------------------|--|--|--|---|---------------------------------|
| <b>6</b>   |          | <b>Monday, December 28, 2020</b> |  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Gara/Vanija Karana Chaturdashyam Titau |  | Lusaka, Zambia<br>Sun 27 Sutra 260              |                                 |
| Vrishabha Rasi: 20.12                            | Tithi 14 | 834274466                        | <b>Gulika</b> 1:47PM – 3:25PM<br>Yama 10:32AM – 12:09PM<br><b>Rahu</b> 7:16AM – 8:54AM | <b>Rohini Until 12:08PM</b><br>Subha Until 12:46PM<br>Gara Until 3:43PM<br><b>Chaturdashi* Until 4:25AM Tue</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Yellow | <b>Sunrise:</b> 5:38AM<br><b>Sunset:</b> 6:40PM | Moon 12 - Phase 35<br>4th Phase |
| Family Home Evening<br>Creative Work Amrita Yoga |          |                                  |  | <b>Margasira*Markali</b>   |  | <b>Devaloka Day</b>                             |                                 |

|   |          |                                   |  |  |  |   |                               |
|---|----------|-----------------------------------|--|--|--|---|-------------------------------|
|  |          | <b>Tuesday, December 29, 2020</b> |  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Sukla/Brahma Yoga Visti*/Bava Karana Purnimayam Titau |  | Lusaka, Zambia<br>Sutra 261                     |                               |
| Mithuna Rasi: 2.29  | Tithi 15 | 834274466                         | <b>Gulika</b> 12:10PM – 1:47PM<br>Yama 8:54AM – 10:32AM<br><b>Rahu</b> 3:25PM – 5:03PM | <b>Mrigashira Until 2:02PM</b><br>Sukla Until 12:40PM<br>Visti Until 5:02PM<br><b>Purnima* Until 5:29AM Wed</b>  | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Yellow | <b>Sunrise:</b> 5:39AM<br><b>Sunset:</b> 6:40PM | Moon 12 - Phase 35<br>Purnima |
| Creative Work Siddha Yoga<br>Until 2:02PM<br>Then Routine Work - Marana Yoga        |          |                                   |  | <b>Margasira*Markali</b>   |  | <b>Devaloka Day</b>                             |                               |

|                                     |          |                            |   |   |  |   |                                |
|-------------------------------------|----------|----------------------------|---|---|--|---|--------------------------------|
| <b>Wednesday, December 30, 2020</b> |          | <b>Silver Retreat Star</b> |   | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Brahma/Indra Yoga Balava/Kaulava Karana Prathamayam Titau |  | Lusaka, Zambia<br>Sutra 262                     |                                |
| Mithuna Rasi: 15.01                 | Tithi 16 | 834274466                  | <b>Gulika</b> 10:33AM – 12:10PM<br>Yama 7:17AM – 8:55AM<br><b>Rahu</b> 12:10PM – 1:48PM | <b>Ardra Until 3:15PM</b><br>Brahma Until 12:12PM<br>Balava Until 5:50PM<br><b>Prathama* Until 6:01AM Thu</b>   | <b>Ganesha:</b> Yellow<br><b>Muruqa:</b> Clear<br><b>Nataraja:</b> Orange<br>Moon – Yellow | <b>Sunrise:</b> 5:40AM<br><b>Sunset:</b> 6:41PM | Moon 12 - Phase 35<br>Prathama |
| Creative Work Siddha Yoga           |          |                            |   | <b>Margasira*Markali</b>  |  | <b>Devaloka Day</b>                             |                                |
| <b>Ardra Darshanam</b>              |          |                            |   |   |  |   |                                |





**Thursday, December 31, 2020**  
**Gold Retreat Star**

Mithuna Rasi: 27.47    Tithi 16 – 17  
Creative Work    Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Punarvasu/Pushya Nakshatra Indra/Vaidhriti\* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

**Gulika**    8:55AM – 10:33AM  
Yama    5:40AM – 7:18AM  
**Rahu**    1:48PM – 3:26PM  
**Punarvasu** Until 4:17PM  
Indra Until 11:20AM  
Taitila Until 6:06PM  
**Prathama\*** Until 6:01AM

**Ganesha:** White    *Sunrise:* 5:40AM  
**Muruḡa:** Clear    *Sunset:* 6:41PM  
**Nataraja:** Orange  
Moon – Blue  
**Margasira\*Markali**

Lusaka, Zambia  
Sutra 263  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase  
**Sivaloka Day**

**1**

**Friday, January 1, 2021**

Kataka Rasi: 10.47    Tithi 17 – 18  
Routine Work    Marana Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam  
Pushya/Ashlesha\* Nakshatra Vaidhriti\*/Vishkambha\* Yoga Gara/Visti\* Karana Dvitiya/Tritiyayam Titau

**Gulika**    7:18AM – 8:55AM  
Yama    3:26PM – 5:04PM  
**Rahu**    10:33AM – 12:11PM  
**Pushya** Until 4:42PM  
Vaidhriti\* Until 10:04AM  
Visti Until 5:38AM Sat  
**Dvitiya** Until 6:02AM

**Ganesha:** White    *Sunrise:* 5:40AM  
**Muruḡa:** Clear    *Sunset:* 6:41PM  
**Nataraja:** Orange  
Moon – Blue  
**Margasira\*Markali**

Lusaka, Zambia  
Sun 1    Sutra 264  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase  
**Sivaloka Day**

**2**

**Saturday, January 2, 2021**

Kataka Rasi: 24.01    Tithi 19  
Routine Work    Marana Yoga  
Until 4:34PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam  
Ashlesha\*/Magha\* Nakshatra Vishkambha\*/Priti Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    5:41AM – 7:18AM  
Yama    1:49PM – 3:26PM  
**Rahu**    8:56AM – 10:34AM  
**Ashlesha\*** Until 4:34PM  
Vishkambha\* Until 8:28AM  
Bava Until 5:18PM  
**Chaturthi\*** Until 4:50AM Sun

**Ganesha:** White    *Sunrise:* 5:41AM  
**Muruḡa:** Clear    *Sunset:* 6:42PM  
**Nataraja:** Orange  
Moon – Blue  
**Margasira\*Markali**

Lusaka, Zambia  
Sun 2    Sutra 265  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase  
**Sivaloka Day**

**3**

**Sunday, January 3, 2021**

Simha Rasi: 7.27    Tithi 20  
Routine Work    Marana Yoga  
Until 4:23PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Magha\*/Purvaphalguni Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    3:27PM – 5:04PM  
Yama    12:12PM – 1:49PM  
**Rahu**    5:04PM – 6:42PM  
**Magha\*** Until 4:23PM  
Priti Until 6:36AM  
Kaulava Until 4:19PM  
**Panchami** Until 3:42AM Mon

**Ganesha:** Clear    *Sunrise:* 5:41AM  
**Muruḡa:** Clear    *Sunset:* 6:42PM  
**Nataraja:** Orange  
Moon – Red  
**Margasira\*Markali**

Lusaka, Zambia  
Sun 3    Sutra 266  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase  
**Devaloka Day**

**4**

**Monday, January 4, 2021**

Simha Rasi: 21.04    Tithi 21  
**Family Home Evening**  
Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Saubhagya Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    1:50PM – 3:27PM  
Yama    10:34AM – 12:12PM  
**Rahu**    7:19AM – 8:57AM  
**Purvaphalguni** Until 3:44PM  
Saubhagya Until 2:04AM Tue  
Gara Until 3:03PM  
**Shashthi\*** Until 2:17AM Tue

**Ganesha:** Clear    *Sunrise:* 5:42AM  
**Muruḡa:** Clear    *Sunset:* 6:42PM  
**Nataraja:** Orange  
Moon – Red  
**Margasira\*Markali**

Lusaka, Zambia  
Sun 4    Sutra 267  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase  
**Devaloka Day**

**5**

**Tuesday, January 5, 2021**

Kanya Rasi: 4.52    Tithi 22  
Creative Work    Amrita Yoga  
Until 2:41PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam  
Uttaraphalguni/Hasta Nakshatra Sobhana Yoga Visti\*/Bava Karana Saptamyam Titau

**Gulika**    12:12PM – 1:50PM  
Yama    8:57AM – 10:35AM  
**Rahu**    3:27PM – 5:05PM  
**Uttaraphalguni** Until 2:41PM  
Sobhana Until 11:30PM  
Visti Until 1:29PM  
**Saptami** Until 12:36AM Wed

**Ganesha:** Clear    *Sunrise:* 5:42AM  
**Muruḡa:** Clear    *Sunset:* 6:43PM  
**Nataraja:** Orange  
Moon – Red  
**Margasira\*Markali**

Lusaka, Zambia  
Sun 5    Sutra 268  
Sarvari 5122  
Moon 13 - Phase 36  
1st Phase  
**Devaloka Day**

**6**

**Wednesday, January 6, 2021**  
**Retreat Star**

Kanya Rasi: 18.49    Tithi 23  
Routine Work    Marana Yoga  
Until 1:41PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam  
Hasta/Chitra Nakshatra Athiganda\* Yoga Balava/Kaulava Karana Ashtamyam Titau

**Gulika**    10:35AM – 12:13PM  
Yama    7:21AM – 8:58AM  
**Rahu**    12:13PM – 1:50PM  
**Hasta** Until 1:41PM  
Athiganda\* Until 8:44PM  
Balava Until 11:41AM  
**Ashtami\*** Until 10:41PM

**Ganesha:** Purple    *Sunrise:* 5:43AM  
**Muruḡa:** Clear    *Sunset:* 6:43PM  
**Nataraja:** Orange  
Moon – Green  
**Margasira\*Markali**

Lusaka, Zambia  
Sun 6    Sutra 269  
Sarvari 5122  
Moon 13 - Phase 36  
Ashtami  
**Sivaloka Day**

**Thursday, January 7, 2021**  
**Retreat Star**

Tula Rasi: 2.55    Tithi 24  
Creative Work    Siddha Yoga  
Until 12:20PM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam  
Chitra/Svati Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Navamyam Titau

**Gulika**    8:59AM – 10:36AM  
Yama    5:44AM – 7:21AM  
**Rahu**    1:51PM – 3:28PM  
**Chitra** Until 12:20PM  
Sukarma Until 5:48PM  
Taitila Until 9:40AM  
**Navami\*** Until 8:34PM

**Ganesha:** Clear    *Sunrise:* 5:44AM  
**Muruḡa:** Clear    *Sunset:* 6:43PM  
**Nataraja:** Orange  
Moon – Green  
**Margasira\*Markali**

Lusaka, Zambia  
Sun 7    Sutra 270  
Sarvari 5122  
Moon 13 - Phase 36  
Navami  
**Devaloka Day**

|   |                                |             |  |   |   |   |                                   |   |
|---|--------------------------------|-------------|--|---|---|---|-----------------------------------|---|
| 1 | <b>Friday, January 8, 2021</b> |             | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Svati/Vishakha Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Dashanayam Titau |   |   |   | Lusaka, Zambia                    |   |
|   | Tula Rasi: 17.08               | Tithi 25    | 865274466  | <b>Gulika</b><br>7:22AM – 8:59AM<br>Yama<br>3:29PM – 5:06PM<br><b>Rahu</b><br>10:36AM – 12:14PM | <b>Svati Until 10:38AM</b><br>Dhriti Until 2:44PM<br>Vanija Until 7:27AM<br><b>Dashami Until 6:17PM</b> | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: Orange<br>Moon – Green | Sunrise: 5:44AM<br>Sunset: 6:43PM | Sun 8 Sutra 271<br>Sarvari 5122<br>Moon 13 - Phase 37<br>2nd Phase<br><b>Devaloka Day</b> |
|   | Creative Work                  | Siddha Yoga |  |   |   |   |                                   |   |
|   |                                |             |  |   |   |   |                                   |   |

|   |                                  |               |   |  |   |  |                                   |   |
|---|----------------------------------|---------------|---|--|---|--|-----------------------------------|---|
| 2 | <b>Saturday, January 9, 2021</b> |               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam<br>Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |  |   |  | Lusaka, Zambia                    |   |
|   | Vrischika Rasi: 1.28             | Tithi 26 – 27 | 875374466   | <b>Gulika</b><br>5:45AM – 7:22AM<br>Yama<br>1:52PM – 3:29PM<br><b>Rahu</b><br>9:00AM – 10:37AM | <b>Vishakha Until 9:06AM</b><br>Shula* Until 11:33AM<br>Kaulava Until 2:41AM Sun<br><b>Ekadashi* Until 3:53PM</b> | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: Orange<br>Moon – Orange | Sunrise: 5:45AM<br>Sunset: 6:44PM | Sun 9 Sutra 272<br>Sarvari 5122<br>Moon 13 - Phase 37<br>2nd Phase<br><b>Devaloka Day</b> |
|   | Creative Work                    | Siddha Yoga   |   |  |   |  |                                   |   |
|   |                                  |               |   |  |   |  |                                   |   |

|   |                                 |               |  |  |  |  |                                   |  |
|---|---------------------------------|---------------|--|--|--|--|-----------------------------------|--|
| 3 | <b>Sunday, January 10, 2021</b> |               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhi* Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau |  |  |  | Lusaka, Zambia                    |  |
|   | Vrischika Rasi: 15.5            | Tithi 27 – 28 | 875374466  | <b>Gulika</b><br>3:29PM – 5:06PM<br>Yama<br>12:15PM – 1:52PM<br><b>Rahu</b><br>5:06PM – 6:44PM | <b>Anuradha Until 7:22AM</b><br>Ganda* Until 8:21AM<br>Gara Until 12:16AM Mon<br><b>Dvadashi* Until 1:27PM</b> | Ganesha: Clear<br>Muruqa: Clear<br>Nataraja: Orange<br>Moon – Orange | Sunrise: 5:45AM<br>Sunset: 6:44PM | Sun 10 Sutra 273<br>Sarvari 5122<br>Moon 13 - Phase 37<br>2nd Phase<br><b>Devaloka Day</b> |
|   | Routine Work                    | Marana Yoga   |  |  |  |  |                                   |  |
|   |                                 |               |  |  |  |  |                                   |  |

*Pradosha Vrata (Fasting)*

|   |                                 |               |   |   |  |   |                                   |  |
|---|---------------------------------|---------------|---|---|--|---|-----------------------------------|--|
| 4 | <b>Monday, January 11, 2021</b> |               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula* Nakshatra Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau |   |  |   | Lusaka, Zambia                    |  |
|   | Dhanus Rasi: 0.11               | Tithi 28 – 29 | 885374466   | <b>Gulika</b><br>1:52PM – 3:30PM<br>Yama<br>10:38AM – 12:15PM<br><b>Rahu</b><br>7:23AM – 9:01AM | <b>Mula* Until 4:07AM Tue</b><br>Dhruva Until 2:06AM Tue<br>Visti Until 9:58PM<br><b>Trayodashi* Until 11:05AM</b> | Ganesha: Orange<br>Muruqa: Clear<br>Nataraja: Orange<br>Moon – Light Blue | Sunrise: 5:46AM<br>Sunset: 6:44PM | Sun 11 Sutra 274<br>Sarvari 5122<br>Moon 13 - Phase 37<br>2nd Phase<br><b>Devaloka Day</b> |
|   | Family Home Evening             |               |   |   |  |   |                                   |  |
|   | Creative Work                   | Siddha Yoga   |   |   |  |   |                                   |  |

|   |                                  |               |  |   |   |   |                                   |   |
|---|----------------------------------|---------------|--|---|---|---|-----------------------------------|---|
| ● | <b>Tuesday, January 12, 2021</b> |               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashadha* Nakshatra Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau |   |   |   | Lusaka, Zambia                    |   |
|   | <b>Retreat Star</b>              |               | 885374466  | <b>Gulika</b><br>12:15PM – 1:53PM<br>Yama<br>9:01AM – 10:38AM<br><b>Rahu</b><br>3:30PM – 5:07PM | <b>Purvashadha* Until 2:49AM Wed</b><br>Vyaghata* Until 11:15PM<br>Catuspada Until 7:54PM<br><b>Chaturdashi* Until 8:53AM</b> | Ganesha: Orange<br>Muruqa: Clear<br>Nataraja: Orange<br>Moon – Light Blue | Sunrise: 5:47AM<br>Sunset: 6:44PM | Sun 12 Sutra 275<br>Sarvari 5122<br>Moon 13 - Phase 37<br>Amavasya<br><b>Devaloka Day</b> |
|   | Dhanus Rasi: 14.26               | Tithi 29 – 30 |  |   |   |   |                                   |   |
|   | Creative Work                    | Siddha Yoga   |  |   |   |   |                                   |   |

Hanumath Jayanthi (Tamil Nadu)

|   |                                    |              |  |  |  |   |                                   |   |
|---|------------------------------------|--------------|--|--|--|---|-----------------------------------|---|
| ● | <b>Wednesday, January 13, 2021</b> |              | Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam<br>Uttarashadha Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau |  |  |   | Lusaka, Zambia                    |   |
|   | <b>Retreat Star</b>                |              | 885374466  | <b>Gulika</b><br>10:39AM – 12:16PM<br>Yama<br>7:24AM – 9:02AM<br><b>Rahu</b><br>12:16PM – 1:53PM | <b>Uttarashadha Until 1:47AM Thu</b><br>Harshana Until 8:42PM<br>Kintughna Until 6:12PM<br><b>Amavasya* Until 6:59AM</b> | Ganesha: Orange<br>Muruqa: Clear<br>Nataraja: Orange<br>Moon – Light Blue | Sunrise: 5:47AM<br>Sunset: 6:44PM | Sun 13 Sutra 276<br>Sarvari 5122<br>Moon 13 - Phase 37<br>Prathama<br><b>Devaloka Day</b> |
|   | Dhanus Rasi: 28.3                  | Tithi 30 – 1 |  |  |  |   |                                   |   |
|   | Creative Work                      | Amrita Yoga  |  |  |  |   |                                   |   |

Then Creative Work - Siddha Yoga

|          |                                   |             |   |                                  |                         |                        |                    |
|----------|-----------------------------------|-------------|---|----------------------------------|-------------------------|------------------------|--------------------|
| <b>1</b> | <b>Thursday, January 14, 2021</b> |             | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Shravana Nakshatra Vajra* Yoga Balava/Kaulava Karana Dvitiyayam Titau |                                  |                         |                        | Lusaka, Zambia     |
|          | Makara Rasi: 12.19                | Tithi 2     | <b>Gulika</b> 9:02AM – 10:39AM  | <b>Shravana Until 1:32AM Fri</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:48AM | Sun 14 Sutra 277   |
|          |                                   |             | Yama 5:48AM – 7:25AM  | Vajra* Until 6:32PM              | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:44PM  | Moon 13 - Phase 38 |
|          | Creative Work                     | Siddha Yoga | 895374466 <b>Rahu</b> 1:53PM – 3:30PM   | Balava Until 4:59PM              | <b>Nataraja:</b> Orange |                        | 3rd Phase          |
|          |                                   |             | <b>Thai Pongal</b>  | <b>Dvitiya Until 4:34AM Fri</b>  | <b>Moon – Purple</b>    | <b>Devaloka Day</b>    |                    |

|          |                                 |             |   |                                    |                         |                        |                    |
|----------|---------------------------------|-------------|---|------------------------------------|-------------------------|------------------------|--------------------|
| <b>2</b> | <b>Friday, January 15, 2021</b> |             | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha Nakshatra Siddhi/Vyatipata* Yoga Taitila/Gara Karana Tritiyayam Titau |                                    |                         |                        | Lusaka, Zambia     |
|          | Makara Rasi: 25.48              | Tithi 3     | <b>Gulika</b> 7:25AM – 9:02AM   | <b>Dhanishtha Until 1:46AM Sat</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:48AM | Sun 15 Sutra 278   |
|          |                                 |             | Yama 3:31PM – 5:08PM  | Siddhi Until 4:50PM                | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:45PM  | Moon 13 - Phase 38 |
|          | Creative Work                   | Siddha Yoga | 895374466 <b>Rahu</b> 10:40AM – 12:17PM   | Taitila Until 4:21PM               | <b>Nataraja:</b> Orange |                        | 3rd Phase          |
|          |                                 |             | <b>Tritiya Until 4:16AM Sat</b>   | <b>Moon – Purple</b>               | <b>Devaloka Day</b>     |                        |                    |
|          |                                 |             |   | <b>Pausha*Thai</b>                 |                         |                        |                    |

|          |                                   |             |   |                                      |                         |                        |                    |
|----------|-----------------------------------|-------------|---|--------------------------------------|-------------------------|------------------------|--------------------|
| <b>3</b> | <b>Saturday, January 16, 2021</b> |             | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Shatabhishak Nakshatra Vyatipata*/Variyan Yoga Vanija/Visti* Karana Chaturthiyam Titau |                                      |                         |                        | Lusaka, Zambia     |
|          | Kumbha Rasi: 8.57                 | Tithi 4     | <b>Gulika</b> 5:49AM – 7:26AM   | <b>Shatabhishak Until 2:30AM Sun</b> | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:49AM | Sun 16 Sutra 279   |
|          |                                   |             | Yama 1:54PM – 3:31PM  | Vyatipata* Until 3:41PM              | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:45PM  | Moon 13 - Phase 38 |
|          | Creative Work                     | Amrita Yoga | 895374466 <b>Rahu</b> 9:03AM – 10:40AM  | Vanija Until 4:24PM                  | <b>Nataraja:</b> Orange |                        | 3rd Phase          |
|          |                                   |             | <b>Chaturthi* Until 4:40AM Sun</b>  | <b>Moon – Purple</b>                 | <b>Devaloka Day</b>     |                        |                    |
|          |                                   |             |   | <b>Pausha*Thai</b>                   |                         |                        |                    |

|          |                                 |             |  |   |                                    |                        |                    |
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| <b>4</b> | <b>Sunday, January 17, 2021</b> |             | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Panchamyam Titau |   |                                    |                        | Lusaka, Zambia     |
|          | Kumbha Rasi: 21.45              | Tithi 5     | <b>Gulika</b> 3:31PM – 5:08PM  | <b>Purvaproshtapada* Until 4:13AM Mon</b> | <b>Ganesha:</b> Blue               | <i>Sunrise:</i> 5:50AM | Sun 17 Sutra 280   |
|          |                                 |             | Yama 12:17PM – 1:54PM  | Variyan Until 3:02PM                      | <b>Muruqa:</b> Clear               | <i>Sunset:</i> 6:45PM  | Moon 13 - Phase 38 |
|          | Creative Work                   | Siddha Yoga | 816374466 <b>Rahu</b> 5:08PM – 6:45PM  | Bava Until 5:09PM                         | <b>Nataraja:</b> Orange            |                        | 3rd Phase          |
|          |                                 |             | <b>Panchami Until 5:46AM Mon</b>   | <b>Moon – Clear</b>                       | <b>Bhuloka Day</b>                 |                        |                    |
|          |                                 |             |  | <b>Pausha*Thai</b>                        | <b>Devaloka Time: 3:PM to 6:PM</b> |                        |                    |

|          |                                 |             |   |   |                                    |                        |                    |
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| <b>5</b> | <b>Monday, January 18, 2021</b> |             | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Parigha*/Shiva Yoga Kaulava Karana Shashthyam Titau |   |                                    |                        | Lusaka, Zambia     |
|          | Meena Rasi: 4.14                | Tithi 6     | <b>Gulika</b> 1:54PM – 3:31PM   | <b>Uttaraproshtapada Until 6:24AM Tue</b> | <b>Ganesha:</b> Blue               | <i>Sunrise:</i> 5:50AM | Sun 18 Sutra 281   |
|          | <b>Family Home Evening</b>      |             | Yama 10:41AM – 12:18PM  | Parigha* Until 2:56PM                     | <b>Muruqa:</b> Clear               | <i>Sunset:</i> 6:45PM  | Moon 13 - Phase 38 |
|          | Creative Work                   | Siddha Yoga | 816374466 <b>Rahu</b> 7:27AM – 9:04AM   | Kaulava Until 6:35PM                      | <b>Nataraja:</b> Orange            |                        | 3rd Phase          |
|          |                                 |             | <b>Shashthi* Until 7:30AM Tue</b>   | <b>Moon – Clear</b>                       | <b>Bhuloka Day</b>                 |                        |                    |
|          |                                 |             |   | <b>Pausha*Thai</b>                        | <b>Devaloka Time: 3:PM to 6:PM</b> |                        |                    |

|          |                                  |             |  |                                       |                                    |                        |                    |
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| <b>6</b> | <b>Tuesday, January 19, 2021</b> |             | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Uttaraproshtapada/Revati Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau |                                       |                                    |                        | Lusaka, Zambia     |
|          | Meena Rasi: 16.27                | Tithi 6 – 7 | <b>Gulika</b> 12:18PM – 1:55PM   | <b>Uttaraproshtapada Until 6:24AM</b> | <b>Ganesha:</b> Blue               | <i>Sunrise:</i> 5:51AM | Sun 19 Sutra 282   |
|          |                                  |             | Yama 9:04AM – 10:41AM  | Shiva Until 3:17PM                    | <b>Muruqa:</b> Clear               | <i>Sunset:</i> 6:45PM  | Moon 13 - Phase 38 |
|          | Creative Work                    | Amrita Yoga | 816374466 <b>Rahu</b> 3:31PM – 5:08PM  | Gara Until 8:35PM                     | <b>Nataraja:</b> Orange            |                        | 3rd Phase          |
|          |                                  |             | <b>Shashthi* Until 7:30AM</b>  | <b>Moon – Clear</b>                   | <b>Bhuloka Day</b>                 |                        |                    |
|          |                                  |             |  | <b>Pausha*Thai</b>                    | <b>Devaloka Time: 3:PM to 6:PM</b> |                        |                    |

|          |                                    |             |   |                            |                                    |                        |                    |
|----------|------------------------------------|-------------|---|----------------------------|------------------------------------|------------------------|--------------------|
| <b>☾</b> | <b>Wednesday, January 20, 2021</b> |             | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Revati/Ashvini Nakshatra Siddha/Sadhya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau |                            |                                    |                        | Lusaka, Zambia     |
|          | <b>Retreat Star</b>                |             | <b>Gulika</b> 10:41AM – 12:18PM   | <b>Revati Until 8:55AM</b> | <b>Ganesha:</b> Blue               | <i>Sunrise:</i> 5:51AM | Sun 20 Sutra 283   |
|          | Meena Rasi: 28.28                  | Tithi 7 – 8 | Yama 7:28AM – 9:05AM  | Siddha Until 3:57PM        | <b>Muruqa:</b> Clear               | <i>Sunset:</i> 6:45PM  | Moon 13 - Phase 38 |
|          | Routine Work                       | Marana Yoga | 816374466 <b>Rahu</b> 12:18PM – 1:55PM  | Visti Until 11:01PM        | <b>Nataraja:</b> Orange            |                        | Ashtami            |
|          |                                    |             | <b>Saptami Until 9:45AM</b>   | <b>Moon – Clear</b>        | <b>Bhuloka Day</b>                 |                        |                    |
|          |                                    |             |   | <b>Pausha*Thai</b>         | <b>Devaloka Time: 3:PM to 6:PM</b> |                        |                    |

|          |                                   |             |   |                              |                         |                        |                    |
|----------|-----------------------------------|-------------|---|------------------------------|-------------------------|------------------------|--------------------|
| <b>☽</b> | <b>Thursday, January 21, 2021</b> |             | Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ashtami/Navamyam Titau |                              |                         |                        | Lusaka, Zambia     |
|          | <b>Retreat Star</b>               |             | <b>Gulika</b> 9:05AM – 10:42AM  | <b>Ashvini Until 12:03PM</b> | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:52AM | Sun 21 Sutra 284   |
|          | Mesha Rasi: 10.2                  | Tithi 8 – 9 | Yama 5:52AM – 7:29AM  | Sadhya Until 4:50PM          | <b>Muruqa:</b> Clear    | <i>Sunset:</i> 6:45PM  | Moon 13 - Phase 38 |
|          | Creative Work                     | Amrita Yoga | 826374466 <b>Rahu</b> 1:55PM – 3:32PM   | Balava Until 1:39AM Fri      | <b>Nataraja:</b> Orange |                        | Navami             |
|          |                                   |             | <b>Ashtami* Until 12:18PM</b>   | <b>Moon – White</b>          | <b>Devaloka Day</b>     |                        |                    |
|          |                                   |             |   | <b>Pausha*Thai</b>           |                         |                        |                    |

Five-armed is He, elephant-faced with tusks protruding, crescent-shaped, son of Siva, wisdom's flower, in heart enshrined, His feet I praise. Tirumantiram Invocation to Vinayaka

|                                  |               |                                    |                                    |   |                        |                                    |                    |
|----------------------------------|---------------|------------------------------------|------------------------------------|---|------------------------|------------------------------------|--------------------|
| <b>1</b>                         |               | <b>Friday, January 22, 2021</b>    |                                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Bharani/Krittika Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        | Lusaka, Zambia<br>Sun 22 Sutra 285 |                    |
| Mesha Rasi: 22.1                 | Tithi 9 – 10  | <b>Gulika</b> 7:29AM – 9:06AM      | <b>Bharani</b> Until 3:07PM        | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:52AM |                                    | Sarvari 5122       |
|                                  |               | Yama 3:32PM – 5:08PM               | Subha Until 5:45PM                 | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:45PM  |                                    | Moon 13 - Phase 39 |
|                                  | 826374466     | <b>Rahu</b> 10:42AM – 12:19PM      | Taitila Until 4:14AM Sat           | <b>Nataraja:</b> Orange   |                        |                                    | 4th Phase          |
| Creative Work                    | Siddha Yoga   |                                    | <b>Navami*</b> Until 2:57PM        | Moon – White  |                        | <b>Devaloka Day</b>                |                    |
|                                  |               |                                    |                                    | <b>Pausha-Thai</b>  |                        |                                    |                    |
| <b>2</b>                         |               | <b>Saturday, January 23, 2021</b>  |                                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam<br>Krittika/Rohini Nakshatra Sukla Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau          |                        | Lusaka, Zambia<br>Sun 23 Sutra 286 |                    |
| Vrishabha Rasi: 4.01             | Tithi 10 – 11 | <b>Gulika</b> 5:53AM – 7:30AM      | <b>Krittika</b> Until 5:50PM       | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 5:53AM |                                    | Sarvari 5122       |
|                                  |               | Yama 1:55PM – 3:32PM               | Sukla Until 6:30PM                 | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:45PM  |                                    | Moon 13 - Phase 39 |
|                                  | 826374466     | <b>Rahu</b> 9:06AM – 10:43AM       | Vanija Until 6:31AM Sun            | <b>Nataraja:</b> Orange   |                        |                                    | 4th Phase          |
| Creative Work                    | Amrita Yoga   |                                    | <b>Dashami</b> Until 5:25PM        | Moon – White  |                        | <b>Devaloka Day</b>                |                    |
|                                  |               |                                    |                                    | <b>Pausha-Thai</b>  |                        |                                    |                    |
| <b>3</b>                         |               | <b>Sunday, January 24, 2021</b>    |                                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Rohini Nakshatra Brahma Yoga Vanija/Visiti* Karana Ekadashyam Titau                       |                        | Lusaka, Zambia<br>Sun 24 Sutra 287 |                    |
| Vrishabha Rasi: 16               | Tithi 11      | <b>Gulika</b> 3:32PM – 5:08PM      | <b>Rohini</b> Until 8:29PM         | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:54AM |                                    | Sarvari 5122       |
|                                  |               | Yama 12:19PM – 1:56PM              | Brahma Until 6:56PM                | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:45PM  |                                    | Moon 13 - Phase 39 |
|                                  | 937374466     | <b>Rahu</b> 5:08PM – 6:45PM        | Vanija Until 6:31AM                | <b>Nataraja:</b> Orange   |                        |                                    | 4th Phase          |
| Creative Work                    | Siddha Yoga   |                                    | <b>Ekadashi</b> Until 7:28PM       | Moon – Yellow   |                        | <b>Sivaloka Day</b>                |                    |
|                                  |               |                                    |                                    | <b>Pausha-Thai</b>  |                        |                                    |                    |
| <b>4</b>                         |               | <b>Monday, January 25, 2021</b>    |                                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau                        |                        | Lusaka, Zambia<br>Sun 25 Sutra 288 |                    |
| Vrishabha Rasi: 28.1             | Tithi 12      | <b>Gulika</b> 1:56PM – 3:32PM      | <b>Mrigashira</b> Until 10:25PM    | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:54AM |                                    | Sarvari 5122       |
| <b>Family Home Evening</b>       |               | Yama 10:43AM – 12:19PM             | Indra Until 6:58PM                 | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:45PM  |                                    | Moon 13 - Phase 39 |
| Creative Work                    | Amrita Yoga   | <b>Rahu</b> 7:30AM – 9:07AM        | Bava Until 8:18AM                  | <b>Nataraja:</b> Orange   |                        |                                    | 4th Phase          |
| Until 10:25PM                    |               |                                    | <b>Dvadashi</b> Until 8:56PM       | Moon – Yellow   |                        | <b>Sivaloka Day</b>                |                    |
| Then Creative Work - Siddha Yoga |               |                                    |                                    | <b>Pausha-Thai</b>  |                        |                                    |                    |
| <b>5</b>                         |               | <b>Tuesday, January 26, 2021</b>   |                                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau               |                        | Lusaka, Zambia<br>Sun 26 Sutra 289 |                    |
| Mithuna Rasi: 10.37              | Tithi 13      | <b>Gulika</b> 12:20PM – 1:56PM     | <b>Ardra</b> Until 11:33PM         | <b>Ganesha:</b> White   | <i>Sunrise:</i> 5:55AM |                                    | Sarvari 5122       |
|                                  |               | Yama 9:07AM – 10:43AM              | Vaidhriti* Until 6:27PM            | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:45PM  |                                    | Moon 13 - Phase 39 |
|                                  | 937374466     | <b>Rahu</b> 3:32PM – 5:08PM        | Kaulava Until 9:26AM               | <b>Nataraja:</b> Orange   |                        |                                    | 4th Phase          |
| Routine Work                     | Marana Yoga   |                                    | <b>Trayodashi</b> Until 9:43PM     | Moon – Yellow   |                        | <b>Sivaloka Day</b>                |                    |
| Until 11:33PM                    |               |                                    |                                    | <b>Pausha-Thai</b>  |                        |                                    |                    |
| Then Creative Work - Siddha Yoga |               |                                    |                                    | <b>Pradosha Vrata</b>   |                        |                                    |                    |
| <b>6</b>                         |               | <b>Wednesday, January 27, 2021</b> |                                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau         |                        | Lusaka, Zambia<br>Sun 27 Sutra 290 |                    |
| Mithuna Rasi: 23.22              | Tithi 14      | <b>Gulika</b> 10:44AM – 12:20PM    | <b>Punarvasu</b> Until 12:19AM Thu | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:55AM |                                    | Sarvari 5122       |
|                                  |               | Yama 7:31AM – 9:08AM               | Vishkambha* Until 5:25PM           | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:45PM  |                                    | Moon 13 - Phase 39 |
|                                  | 947374466     | <b>Rahu</b> 12:20PM – 1:56PM       | Gara Until 9:52AM                  | <b>Nataraja:</b> Orange   |                        |                                    | 4th Phase          |
| Creative Work                    | Siddha Yoga   |                                    | <b>Chaturdashi*</b> Until 9:49PM   | Moon – Blue   |                        | <b>Devaloka Day</b>                |                    |
| Until 12:19AM Thu                |               |                                    |                                    | <b>Pausha-Thai</b>  |                        |                                    |                    |
| Then Creative Work - Amrita Yoga |               |                                    |                                    |   |                        |                                    |                    |
| <b>○</b>                         |               | <b>Thursday, January 28, 2021</b>  |                                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau                   |                        | Lusaka, Zambia<br>Sutra 291        |                    |
| Kataka Rasi: 6.27                | Tithi 15      | <b>Gulika</b> 9:08AM – 10:44AM     | <b>Pushya</b> Until 12:19AM Fri    | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:56AM |                                    | Sarvari 5122       |
|                                  |               | Yama 5:56AM – 7:32AM               | Priti Until 3:54PM                 | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:45PM  |                                    | Moon 13 - Phase 39 |
|                                  | 947374466     | <b>Rahu</b> 1:56PM – 3:32PM        | Visiti Until 9:38AM                | <b>Nataraja:</b> Orange   |                        |                                    | Purnima            |
| Creative Work                    | Amrita Yoga   |                                    | <b>Purnima*</b> Until 9:16PM       | Moon – Blue   |                        | <b>Devaloka Day</b>                |                    |
| Until 12:19AM Fri                |               | <b>Thai Pusam</b>                  |                                    | <b>Pausha-Thai</b>  |                        |                                    |                    |
| Then Routine Work - Marana Yoga  |               |                                    |                                    |   |                        |                                    |                    |
| <b>○</b>                         |               | <b>Friday, January 29, 2021</b>    |                                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau     |                        | Lusaka, Zambia<br>Sutra 292        |                    |
| Kataka Rasi: 19.51               | Tithi 16      | <b>Gulika</b> 7:32AM – 9:08AM      | <b>Ashlesha*</b> Until 11:40PM     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 5:56AM |                                    | Sarvari 5122       |
|                                  |               | Yama 3:32PM – 5:08PM               | Ayushman Until 1:54PM              | <b>Muruqa:</b> Clear  | <i>Sunset:</i> 6:44PM  |                                    | Moon 13 - Phase 39 |
|                                  | 947374466     | <b>Rahu</b> 10:44AM – 12:20PM      | Balava Until 8:48AM                | <b>Nataraja:</b> Orange   |                        |                                    | Prathama           |
| Routine Work                     | Marana Yoga   |                                    | <b>Prathama*</b> Until 8:11PM      | Moon – Blue   |                        | <b>Devaloka Day</b>                |                    |
|                                  |               |                                    |                                    | <b>Pausha-Thai</b>  |                        |                                    |                    |

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang



Saturday, January 30, 2021

Gold Retreat Star

Simha Rasi: 3.32 Tithi 17

958374466

Creative Work Amrita Yoga

Until 10:55PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam  
Magha\* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 293

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Gulika 5:57AM - 7:33AM

Yama 1:56PM - 3:32PM

Rahu 9:09AM - 10:45AM

Magha\* Until 10:55PM

Saubhagya Until 11:34AM

Taitila Until 7:30AM

Dvitiya Until 6:41PM

Ganesha: Clear

Sunrise: 5:57AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

1

Sunday, January 31, 2021

Simha Rasi: 17.27 Tithi 18 - 19

958374466

Creative Work Siddha Yoga

Until 9:44PM

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni Nakshatra Sobhana/Athiganda\* Yoga Visti\*/Bava Karana Triliya/Chaturthyam Titau

Lusaka, Zambia

Sun 2 Sutra 294

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Gulika 3:32PM - 5:08PM

Yama 12:21PM - 1:56PM

Rahu 5:08PM - 6:44PM

Purvaphalguni Until 9:44PM

Sobhana Until 8:59AM

Bava Until 3:55AM Mon

Tritiya Until 4:52PM

Ganesha: Clear

Sunrise: 5:57AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

2

Monday, February 1, 2021

Kanya Rasi: 1.31 Tithi 19 - 20

958374466

Creative Work Siddha Yoga

Family Home Evening

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttaraphalguni Nakshatra Athiganda\*/Sukarma Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 295

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Gulika 1:56PM - 3:32PM

Yama 10:45AM - 12:21PM

Rahu 7:33AM - 9:09AM

Uttaraphalguni Until 8:16PM

Athiganda\* Until 6:11AM

Kaulava Until 1:52AM Tue

Chaturthi\* Until 2:53PM

Ganesha: Clear

Sunrise: 5:57AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Orange

Moon - Red

Pausha\*Thai

Devaloka Day

3

Tuesday, February 2, 2021

Kanya Rasi: 15.38 Tithi 20 - 21

968374466

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam  
Hasta Nakshatra Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 296

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Gulika 12:21PM - 1:57PM

Yama 9:09AM - 10:45AM

Rahu 3:32PM - 5:08PM

Hasta Until 7:01PM

Dhriti Until 12:25AM Wed

Gara Until 11:47PM

Panchami Until 12:49PM

Ganesha: White

Sunrise: 5:58AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Orange

Moon - Green

Pausha\*Thai

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

4

Wednesday, February 3, 2021

Kanya Rasi: 29.48 Tithi 21 - 22

968474467

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam  
Chitra/Svati Nakshatra Shula\* Yoga Vanija/Visti\* Karana Shashthi/Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 297

Sarvari 5122

Moon 1 - Phase 40

1st Phase

Gulika 10:45AM - 12:21PM

Yama 7:34AM - 9:10AM

Rahu 12:21PM - 1:57PM

Chitra Until 5:38PM

Shula\* Until 9:30PM

Visti Until 9:43PM

Shashthi\* Until 10:43AM

Ganesha: Clear

Sunrise: 5:58AM

Muruqa: Clear

Sunset: 6:44PM

Nataraja: Clear

Moon - Green

Pausha\*Thai

Devaloka Day

D

Thursday, February 4, 2021

Retreat Star

Tula Rasi: 13.56 Tithi 22 - 23

968474467

Creative Work Amrita Yoga

Until 4:09PM

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam  
Svati/Vishakha Nakshatra Ganda\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 298

Sarvari 5122

Moon 1 - Phase 40

Ashtami

Gulika 9:10AM - 10:45AM

Yama 5:59AM - 7:34AM

Rahu 1:57PM - 3:32PM

Svati Until 4:09PM

Ganda\* Until 6:39PM

Balava Until 7:42PM

Saptami Until 8:41AM

Ganesha: Clear

Sunrise: 5:59AM

Muruqa: Clear

Sunset: 6:43PM

Nataraja: Clear

Moon - Green

Pausha\*Thai

Devaloka Day

Friday, February 5, 2021

Retreat Star

Tula Rasi: 28.02 Tithi 23 - 24

978484467

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam  
Vishakha/Anuradha Nakshatra Vriddhi/Dhruva Yoga Kaulava/Gara Karana Ashtami/Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 299

Sarvari 5122

Moon 1 - Phase 40

Navami

Gulika 7:35AM - 9:10AM

Yama 3:32PM - 5:08PM

Rahu 10:46AM - 12:21PM

Vishakha Until 3:02PM

Vriddhi Until 3:53PM

Gara Until 4:49AM Sat

Ashtami\* Until 6:42AM

Ganesha: White

Sunrise: 5:59AM

Muruqa: White

Sunset: 6:43PM

Nataraja: Clear

Moon - Orange

Pausha\*Thai

Subha Sivaloka Day

|                       |                              |                                   |                                 |  |                        |                                   |                   |
|-----------------------|------------------------------|-----------------------------------|---------------------------------|--|------------------------|-----------------------------------|-------------------|
| <b>1</b>              |                              | <b>Saturday, February 6, 2021</b> |                                 | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam<br>Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Vanija/Vistii* Karana Dashamyam Titau |                        | Lusaka, Zambia<br>Sun 8 Sutra 300 |                   |
| Wrischika Rasi: 12.04 | Tithi 25                     | <b>Gulika</b> 6:00AM – 7:35AM     | <b>Anuradha</b> Until 1:52PM    | <b>Ganesha:</b> Yellow   | <i>Sunrise:</i> 6:00AM |                                   | Sarvari 5122      |
|                       |                              | Yama 1:57PM – 3:32PM              | Dhruva Until 1:10PM             | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:43PM  |                                   | Moon 1 - Phase 41 |
| 979484467             | <b>Rahu</b> 9:10AM – 10:46AM |                                   | Vanija Until 3:56PM             | <b>Nataraja:</b> Clear   |                        |                                   | 2nd Phase         |
| Creative Work         | Siddha Yoga                  |                                   | <b>Dashami</b> Until 3:02AM Sun | Moon – Orange  |                        | <b>Sivaloka Day</b>               |                   |
|                       |                              |                                   |                                 | Pausha*Thai  |                        |                                   |                   |

|                                  |                             |                                 |                                   |   |                        |                                   |                   |
|----------------------------------|-----------------------------|---------------------------------|-----------------------------------|---|------------------------|-----------------------------------|-------------------|
| <b>2</b>                         |                             | <b>Sunday, February 7, 2021</b> |                                   | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Bava/Balava Karana Ekadashyam Titau |                        | Lusaka, Zambia<br>Sun 9 Sutra 301 |                   |
| Wrischika Rasi: 26.02            | Tithi 26                    | <b>Gulika</b> 3:32PM – 5:07PM   | <b>Jyeshtha*</b> Until 12:40PM    | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:00AM |                                   | Sarvari 5122      |
|                                  |                             | Yama 12:21PM – 1:57PM           | Vyaghata* Until 10:33AM           | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:43PM  |                                   | Moon 1 - Phase 41 |
| 979484467                        | <b>Rahu</b> 5:07PM – 6:43PM |                                 | Bava Until 2:13PM                 | <b>Nataraja:</b> Clear  |                        |                                   | 2nd Phase         |
| Routine Work                     | Marana Yoga                 |                                 | <b>Ekadashi*</b> Until 1:23AM Mon | Moon – Orange   |                        | <b>Sivaloka Day</b>               |                   |
| Until 12:40PM                    |                             |                                 |                                   | Pausha*Thai   |                        |                                   |                   |
| Then Creative Work - Amrita Yoga |                             |                                 |                                   |   |                        |                                   |                   |

|                                 |                             |                                 |                                |  |                        |                                    |                   |
|---------------------------------|-----------------------------|---------------------------------|--------------------------------|--|------------------------|------------------------------------|-------------------|
| <b>3</b>                        |                             | <b>Monday, February 8, 2021</b> |                                | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam<br>Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvodashyam Titau |                        | Lusaka, Zambia<br>Sun 10 Sutra 302 |                   |
| Dhanus Rasi: 9.55               | Tithi 27                    | <b>Gulika</b> 1:57PM – 3:32PM   | <b>Mula*</b> Until 11:54AM     | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:00AM |                                    | Sarvari 5122      |
| <b>Family Home Evening</b>      |                             | Yama 10:46AM – 12:21PM          | Harshana Until 8:04AM          | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:42PM  |                                    | Moon 1 - Phase 41 |
| 989484467                       | <b>Rahu</b> 7:36AM – 9:11AM |                                 | Kaulava Until 12:38PM          | <b>Nataraja:</b> Clear   |                        |                                    | 2nd Phase         |
| Creative Work                   | Siddha Yoga                 |                                 | <b>Dvadashi*</b> Until 11:54PM | Moon – Light Blue  |                        | <b>Devaloka Day</b>                |                   |
| Until 11:54AM                   |                             |                                 |                                | Pausha*Thai  |                        |                                    |                   |
| Then Routine Work - Marana Yoga |                             |                                 |                                |  |                        |                                    |                   |

|  |                             |                                  |                                   |   |                        |                                    |                   |
|--|-----------------------------|----------------------------------|-----------------------------------|---|------------------------|------------------------------------|-------------------|
| <b>4</b>                               |                             | <b>Tuesday, February 9, 2021</b> |                                   | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Purvashadha*/Uttarashadha Nakshatra Siddhi Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Lusaka, Zambia<br>Sun 11 Sutra 303 |                   |
| Dhanus Rasi: 23.42                     | Tithi 28                    | <b>Gulika</b> 12:21PM – 1:57PM   | <b>Purvashadha*</b> Until 11:10AM | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:01AM |                                    | Sarvari 5122      |
|  |                             | Yama 9:11AM – 10:46AM            | Siddhi Until 3:32AM Wed           | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:42PM  |                                    | Moon 1 - Phase 41 |
| 989484467                              | <b>Rahu</b> 3:32PM – 5:07PM |                                  | Gara Until 11:15AM                | <b>Nataraja:</b> Clear  |                        |                                    | 2nd Phase         |
| Creative Work                          | Siddha Yoga                 |                                  | <b>Trayodashi*</b> Until 10:38PM  | Moon – Light Blue   |                        | <b>Devaloka Day</b>                |                   |
| Until 11:10AM                          |                             |                                  |                                   | Pausha*Thai   |                        |                                    |                   |
| Then Routine Work - Prabalarishta Yoga |                             |                                  | <i>Pradosha Vrata (Fasting)</i>   |   |                        |                                    |                   |

|                                  |                              |                                     |                                   |  |                        |                                    |                   |
|----------------------------------|------------------------------|-------------------------------------|-----------------------------------|--|------------------------|------------------------------------|-------------------|
| <b>5</b>                         |                              | <b>Wednesday, February 10, 2021</b> |                                   | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Vyatipata* Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau |                        | Lusaka, Zambia<br>Sun 12 Sutra 304 |                   |
| Makara Rasi: 7.2                 | Tithi 29                     | <b>Gulika</b> 10:46AM – 12:21PM     | <b>Uttarashadha</b> Until 10:33AM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:01AM |                                    | Sarvari 5122      |
|                                  |                              | Yama 7:36AM – 9:11AM                | Vyatipata* Until 1:38AM Thu       | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:42PM  |                                    | Moon 1 - Phase 41 |
| 989484467                        | <b>Rahu</b> 12:21PM – 1:56PM |                                     | Vistii Until 10:08AM              | <b>Nataraja:</b> Clear   |                        |                                    | 2nd Phase         |
| Creative Work                    | Amrita Yoga                  |                                     | <b>Chaturdashi*</b> Until 9:40PM  | Moon – Light Blue  |                        | <b>Devaloka Day</b>                |                   |
| Until 10:33AM                    |                              |                                     |                                   | Pausha*Thai  |                        |                                    |                   |
| Then Creative Work - Siddha Yoga |                              |                                     |                                   |  |                        |                                    |                   |

|                     |                             |                                    |                               |   |                        |                                    |                   |
|---------------------|-----------------------------|------------------------------------|-------------------------------|---|------------------------|------------------------------------|-------------------|
| <b>Retreat Star</b> |                             | <b>Thursday, February 11, 2021</b> |                               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Lusaka, Zambia<br>Sun 13 Sutra 305 |                   |
| Makara Rasi: 20.47  | Tithi 30                    | <b>Gulika</b> 9:12AM – 10:47AM     | <b>Shravana</b> Until 10:35AM | <b>Ganesha:</b> Blue  | <i>Sunrise:</i> 6:02AM |                                    | Sarvari 5122      |
|                     |                             | Yama 6:02AM – 7:37AM               | Variyan Until 12:01AM Fri     | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:41PM  |                                    | Moon 1 - Phase 41 |
| 999484467           | <b>Rahu</b> 1:56PM – 3:31PM |                                    | Catuspada Until 9:21AM        | <b>Nataraja:</b> Clear  |                        |                                    | Amavasya          |
| Creative Work       | Siddha Yoga                 |                                    | <b>Amavasya*</b> Until 9:06PM | Moon – Purple   |                        | <b>Devaloka Day</b>                |                   |
|                     |                             |                                    |                               | Pausha*Thai   |                        |                                    |                   |

|                     |                               |                                  |                                 |  |                        |                                    |                   |
|---------------------|-------------------------------|----------------------------------|---------------------------------|--|------------------------|------------------------------------|-------------------|
| <b>Retreat Star</b> |                               | <b>Friday, February 12, 2021</b> |                                 | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Dhanishtha/Shalabhishak Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Lusaka, Zambia<br>Sun 14 Sutra 306 |                   |
| Kumbha Rasi: 4      | Tithi 1                       | <b>Gulika</b> 7:37AM – 9:12AM    | <b>Dhanishtha</b> Until 10:52AM | <b>Ganesha:</b> Blue   | <i>Sunrise:</i> 6:02AM |                                    | Sarvari 5122      |
|                     |                               | Yama 3:31PM – 5:06PM             | Parigha* Until 10:48PM          | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:41PM  |                                    | Moon 1 - Phase 41 |
| 999484467           | <b>Rahu</b> 10:47AM – 12:21PM |                                  | Kintughna Until 9:00AM          | <b>Nataraja:</b> Clear   |                        |                                    | Prathama          |
| Creative Work       | Siddha Yoga                   |                                  | <b>Prathama*</b> Until 9:00PM   | Moon – Purple  |                        | <b>Devaloka Day</b>                |                   |
|                     |                               |                                  |                                 | Magha*Masi   |                        |                                    |                   |

|   |                                     |                                  |  |                                       |                   |                 |                     |
|---|-------------------------------------|----------------------------------|--|---------------------------------------|-------------------|-----------------|---------------------|
| <b>1</b>                                | <b>Saturday, February 13, 2021</b>  |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shalabhishak/Purvaproshtapada* Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau    |                                       |                   |                 | Lusaka, Zambia      |
|   | Kumbha Rasi: 16.58                  | Tithi 2                          | Gulika 6:03AM – 7:37AM   | <b>Shatabhishak Until 11:31AM</b>     | Ganesha: Blue     | Sunrise: 6:03AM | Sun 15 Sutra 307    |
|   |                                     | 999484467 Rahu 9:12AM – 10:47AM  | Yama 1:56PM – 3:31PM   | Shiva Until 10:02PM                   | Muruqa: White     | Sunset: 6:40PM  | Sarvari 5122        |
|   |                                     |                                  | Rahu 9:12AM – 10:47AM  | Balava Until 9:11AM                   | Nataraja: Clear   |                 | Moon 1 - Phase 42   |
|   |                                     |                                  |  | Dvitiya Until 9:27PM                  | Moon – Purple     |                 | 3rd Phase           |
|   |                                     |                                  |  |                                       | <b>Magha-Masi</b> |                 | <b>Devaloka Day</b> |
|   |                                     |                                  |  |                                       |                   |                 |                     |
| <b>2</b>                                | <b>Sunday, February 14, 2021</b>    |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Siddha Yoga Taitila/Gara Karana Tritiyayam Titau |                                       |                   |                 | Lusaka, Zambia      |
|   | Kumbha Rasi: 29.39                  | Tithi 3                          | Gulika 3:31PM – 5:05PM   | <b>Purvaproshtapada* Until 1:02PM</b> | Ganesha: Red      | Sunrise: 6:03AM | Sun 16 Sutra 308    |
|   |                                     | 911484467 Rahu 5:05PM – 6:40PM   | Yama 12:21PM – 1:56PM  | Siddha Until 9:40PM                   | Muruqa: White     | Sunset: 6:40PM  | Sarvari 5122        |
|   |                                     |                                  | Rahu 5:05PM – 6:40PM   | Taitila Until 9:55AM                  | Nataraja: Clear   |                 | Moon 1 - Phase 42   |
|   |                                     |                                  |  | Tritiya Until 10:30PM                 | Moon – Clear      |                 | 3rd Phase           |
|   |                                     |                                  |  |                                       | <b>Magha-Masi</b> |                 | <b>Sivaloka Day</b> |
|   |                                     |                                  |  |                                       |                   |                 |                     |
| <b>3</b>                                | <b>Monday, February 15, 2021</b>    |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Sadhya Yoga Vanija/Visiti* Karana Chaturthyam Titau         |                                       |                   |                 | Lusaka, Zambia      |
|   | Meena Rasi: 12.05                   | Tithi 4                          | Gulika 1:56PM – 3:31PM   | <b>Uttaraproshtapada Until 2:58PM</b> | Ganesha: Red      | Sunrise: 6:03AM | Sun 17 Sutra 309    |
| <b>Family Home Evening</b>              |                                     | 911484467 Rahu 7:38AM – 9:12AM   | Yama 10:47AM – 12:21PM   | Sadhya Until 9:47PM                   | Muruqa: White     | Sunset: 6:40PM  | Sarvari 5122        |
|   |                                     |                                  | Rahu 7:38AM – 9:12AM   | Vanija Until 11:15AM                  | Nataraja: Clear   |                 | Moon 1 - Phase 42   |
|   |                                     |                                  |  | Chaturthi* Until 12:07AM Tue          | Moon – Clear      |                 | 3rd Phase           |
|   |                                     |                                  |  |                                       | <b>Magha-Masi</b> |                 | <b>Sivaloka Day</b> |
|   |                                     |                                  |  |                                       |                   |                 |                     |
| <b>4</b>                                | <b>Tuesday, February 16, 2021</b>   |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati/Ashvini Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau                     |                                       |                   |                 | Lusaka, Zambia      |
|   | Meena Rasi: 24.16                   | Tithi 5                          | Gulika 12:21PM – 1:56PM  | <b>Revati Until 5:15PM</b>            | Ganesha: Red      | Sunrise: 6:04AM | Sun 18 Sutra 310    |
|   |                                     | 911484467 Rahu 3:30PM – 5:05PM   | Yama 9:13AM – 10:47AM  | Subha Until 10:17PM                   | Muruqa: White     | Sunset: 6:39PM  | Sarvari 5122        |
|   |                                     |                                  | Rahu 3:30PM – 5:05PM   | Bava Until 1:09PM                     | Nataraja: Clear   |                 | Moon 1 - Phase 42   |
|   |                                     |                                  |  | Panchami Until 2:15AM Wed             | Moon – Clear      |                 | 3rd Phase           |
|   |                                     |                                  |  |                                       | <b>Magha-Masi</b> |                 | <b>Sivaloka Day</b> |
|   |                                     |                                  |  |                                       |                   |                 |                     |
| <b>Subramuniyaswami Siva Vision Day</b> |                                     |                                  |  |                                       |                   |                 |                     |
| <b>5</b>                                | <b>Wednesday, February 17, 2021</b> |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Kaulava/Taitila Karana Shashthyam Titau                          |                                       |                   |                 | Lusaka, Zambia      |
|   | Mesha Rasi: 6.16                    | Tithi 6                          | Gulika 10:47AM – 12:21PM   | <b>Ashvini Until 8:16PM</b>           | Ganesha: Blue     | Sunrise: 6:04AM | Sun 19 Sutra 311    |
|   |                                     | 921484467 Rahu 12:21PM – 1:56PM  | Yama 7:38AM – 9:13AM   | Sukla Until 11:04PM                   | Muruqa: White     | Sunset: 6:39PM  | Sarvari 5122        |
|   |                                     |                                  | Rahu 12:21PM – 1:56PM  | Kaulava Until 3:30PM                  | Nataraja: Clear   |                 | Moon 1 - Phase 42   |
|   |                                     |                                  |  | Shashthi* Until 4:45AM Thu            | Moon – White      |                 | 3rd Phase           |
|   |                                     |                                  |  |                                       | <b>Magha-Masi</b> |                 | <b>Devaloka Day</b> |
|   |                                     |                                  |  |                                       |                   |                 |                     |
| <b>6</b>                                | <b>Thursday, February 18, 2021</b>  |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Brahma Yoga Gara Karana Saptamyam Titau                                      |                                       |                   |                 | Lusaka, Zambia      |
|   | Mesha Rasi: 18.07                   | Tithi 7                          | Gulika 9:13AM – 10:47AM  | <b>Bharani Until 11:20PM</b>          | Ganesha: Blue     | Sunrise: 6:04AM | Sun 20 Sutra 312    |
|   |                                     | 921484467 Rahu 1:56PM – 3:30PM   | Yama 6:04AM – 7:39AM   | Brahma Until 12:02AM Fri              | Muruqa: White     | Sunset: 6:38PM  | Sarvari 5122        |
|   |                                     |                                  | Rahu 1:56PM – 3:30PM   | Gara Until 6:07PM                     | Nataraja: Clear   |                 | Moon 1 - Phase 42   |
|   |                                     |                                  |  | Saptami Until 7:26AM Fri              | Moon – White      |                 | 3rd Phase           |
|   |                                     |                                  |  |                                       | <b>Magha-Masi</b> |                 | <b>Devaloka Day</b> |
|   |                                     |                                  |  |                                       |                   |                 |                     |
| <b>☾</b>                                | <b>Friday, February 19, 2021</b>    |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Indra Yoga Vanija/Visiti* Karana Saplamil/Ashtamyam Titau                  |                                       |                   |                 | Lusaka, Zambia      |
|   | <b>Retreat Star</b>                 |                                  | Gulika 7:39AM – 9:13AM   | <b>Krittika Until 2:14AM Sat</b>      | Ganesha: Blue     | Sunrise: 6:05AM | Sun 21 Sutra 313    |
| Mesha Rasi: 29.56                       | Tithi 7 – 8                         | 921484467 Rahu 10:47AM – 12:21PM | Yama 3:29PM – 5:04PM   | Indra Until 12:59AM Sat               | Muruqa: White     | Sunset: 6:38PM  | Sarvari 5122        |
|   |                                     |                                  | Rahu 10:47AM – 12:21PM   | Visiti Until 8:46PM                   | Nataraja: Clear   |                 | Moon 1 - Phase 42   |
|   |                                     |                                  |  | Saptami Until 7:26AM                  | Moon – White      |                 | Ashtami             |
|   |                                     |                                  |  |                                       | <b>Magha-Masi</b> |                 | <b>Devaloka Day</b> |
|   |                                     |                                  |  |                                       |                   |                 |                     |
| <b>☽</b>                                | <b>Saturday, February 20, 2021</b>  |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau                    |                                       |                   |                 | Lusaka, Zambia      |
|   | <b>Retreat Star</b>                 |                                  | Gulika 6:05AM – 7:39AM   | <b>Rohini Until 5:11AM Sun</b>        | Ganesha: Yellow   | Sunrise: 6:05AM | Sun 22 Sutra 314    |
| Vrishabha Rasi: 11.46                   | Tithi 8 – 9                         | 931484467 Rahu 9:13AM – 10:47AM  | Yama 1:55PM – 3:29PM   | Vaidhriti* Until 1:42AM Sun           | Muruqa: White     | Sunset: 6:37PM  | Sarvari 5122        |
|   |                                     |                                  | Rahu 9:13AM – 10:47AM  | Balava Until 11:11PM                  | Nataraja: Clear   |                 | Moon 1 - Phase 42   |
|   |                                     |                                  |  | Ashtami* Until 10:00AM                | Moon – Yellow     |                 | Navami              |
|   |                                     |                                  |  |                                       | <b>Magha-Masi</b> |                 | <b>Sivaloka Day</b> |
|   |                                     |                                  |  |                                       |                   |                 |                     |

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

All times are standard time

www.gurudeva.org/panchang


|               |                                  |                             |  |                                       |                        |                        |                                    |
|---------------|----------------------------------|-----------------------------|--|---------------------------------------|------------------------|------------------------|------------------------------------|
| <b>1</b>      | <b>Sunday, February 21, 2021</b> |                             | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                                       |                        |                        | Lusaka, Zambia<br>Sun 23 Sutra 315 |
|               | Wishabha Rasi: 23.44             | Tithi 9 – 10                | <b>Gulika</b> 3:29PM – 5:03PM  | <b>Mrigashira</b> <b>Until 7:27AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:05AM | Sarvari 5122                       |
|               |                                  |                             | Yama 12:21PM – 1:55PM  | Vishkambha* <b>Until 2:03AM</b> Mon   | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:37PM  | Moon 1 - Phase 43                  |
|               | 931484467                        | <b>Rahu</b> 5:03PM – 6:37PM | Taitila <b>Until 1:06AM</b> Mon  | Nataraja: Clear                       |                        |                        | 4th Phase                          |
| Creative Work | Siddha Yoga                      |                             | <b>Navami* Until 12:12PM</b>   | Moon – Yellow                         |                        | <b>Sivaloka Day</b>    |                                    |
|               |                                  |                             |  | <b>Magha-Masi</b>                     |                        |                        |                                    |

|                                  |                                  |                             |   |                                       |                        |                        |                                    |
|----------------------------------|----------------------------------|-----------------------------|---|---------------------------------------|------------------------|------------------------|------------------------------------|
| <b>2</b>                         | <b>Monday, February 22, 2021</b> |                             | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                                       |                        |                        | Lusaka, Zambia<br>Sun 24 Sutra 316 |
|                                  | Mithuna Rasi: 5.55               | Tithi 10 – 11               | <b>Gulika</b> 1:55PM – 3:29PM   | <b>Mrigashira</b> <b>Until 7:27AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:06AM | Sarvari 5122                       |
|                                  | <b>Family Home Evening</b>       |                             | Yama 10:47AM – 12:21PM  | Priti <b>Until 1:53AM</b> Tue         | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:36PM  | Moon 1 - Phase 43                  |
|                                  | 931484467                        | <b>Rahu</b> 7:39AM – 9:13AM | Vanija <b>Until 2:19AM</b> Tue  | Nataraja: Clear                       |                        |                        | 4th Phase                          |
| Creative Work                    | Amrita Yoga                      |                             | <b>Dashami</b> <b>Until 1:47PM</b>  | Moon – Yellow                         |                        | <b>Sivaloka Day</b>    |                                    |
| Until 7:27AM                     |                                  |                             |   | <b>Magha-Masi</b>                     |                        |                        |                                    |
| Then Creative Work - Siddha Yoga |                                  |                             |   |                                       |                        |                        |                                    |

|                                  |                                   |                             |   |                                  |                        |                        |                                    |
|----------------------------------|-----------------------------------|-----------------------------|---|----------------------------------|------------------------|------------------------|------------------------------------|
| <b>3</b>                         | <b>Tuesday, February 23, 2021</b> |                             | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Ayushman Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau |                                  |                        |                        | Lusaka, Zambia<br>Sun 25 Sutra 317 |
|                                  | Mithuna Rasi: 18.23               | Tithi 11 – 12               | <b>Gulika</b> 12:21PM – 1:55PM  | <b>Ardra</b> <b>Until 8:52AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:06AM | Sarvari 5122                       |
|                                  |                                   |                             | Yama 9:13AM – 10:47AM   | Ayushman <b>Until 1:04AM</b> Wed | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:36PM  | Moon 1 - Phase 43                  |
|                                  | 931484467                         | <b>Rahu</b> 3:28PM – 5:02PM | Bava <b>Until 2:44AM</b> Wed  | Nataraja: Clear                  |                        |                        | 4th Phase                          |
| Routine Work                     | Marana Yoga                       |                             | <b>Ekadashi</b> <b>Until 2:37PM</b>   | Moon – Yellow                    |                        | <b>Sivaloka Day</b>    |                                    |
| Until 8:52AM                     |                                   |                             |   | <b>Magha-Masi</b>                |                        |                        |                                    |
| Then Creative Work - Siddha Yoga |                                   |                             |   |                                  |                        |                        |                                    |

|               |                                     |                              |  |                                      |                        |                        |                                    |
|---------------|-------------------------------------|------------------------------|--|--------------------------------------|------------------------|------------------------|------------------------------------|
| <b>4</b>      | <b>Wednesday, February 24, 2021</b> |                              | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Punarvasu/Pushya Nakshatra Saubhagya Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                                      |                        |                        | Lusaka, Zambia<br>Sun 26 Sutra 318 |
|               | Kataka Rasi: 1.15                   | Tithi 12 – 13                | <b>Gulika</b> 10:47AM – 12:21PM  | <b>Punarvasu</b> <b>Until 9:48AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:06AM | Sarvari 5122                       |
|               |                                     |                              | Yama 7:40AM – 9:13AM   | Saubhagya <b>Until 11:38PM</b>       | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:35PM  | Moon 1 - Phase 43                  |
|               | 942484467                           | <b>Rahu</b> 12:21PM – 1:54PM | Kaulava <b>Until 2:20AM</b> Thu  | Nataraja: Clear                      |                        |                        | 4th Phase                          |
| Creative Work | Siddha Yoga                         |                              | <b>Dvadashi</b> <b>Until 2:37PM</b>  | Moon – Blue                          |                        | <b>Sivaloka Day</b>    |                                    |
|               |                                     |                              |  | <b>Magha-Masi</b>                    |                        |                        |                                    |
|               |                                     |                              |  | <i>Pradosha Vrata</i>                |                        |                        |                                    |

|                                  |                                    |                             |  |                                   |                        |                        |                                    |
|----------------------------------|------------------------------------|-----------------------------|--|-----------------------------------|------------------------|------------------------|------------------------------------|
| <b>5</b>                         | <b>Thursday, February 25, 2021</b> |                             | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Pushya/Ashlesha* Nakshatra Sobhana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau |                                   |                        |                        | Lusaka, Zambia<br>Sun 27 Sutra 319 |
|                                  | Kataka Rasi: 14.31                 | Tithi 13 – 14               | <b>Gulika</b> 9:14AM – 10:47AM   | <b>Pushya</b> <b>Until 9:47AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:06AM | Sarvari 5122                       |
|                                  |                                    |                             | Yama 6:06AM – 7:40AM   | Sobhana <b>Until 9:37PM</b>       | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:35PM  | Moon 1 - Phase 43                  |
|                                  | 942484467                          | <b>Rahu</b> 1:54PM – 3:28PM | Gara <b>Until 1:11AM</b> Fri   | Nataraja: Clear                   |                        |                        | 4th Phase                          |
| Creative Work                    | Amrita Yoga                        |                             | <b>Trayodashi</b> <b>Until 1:50PM</b>  | Moon – Blue                       |                        | <b>Sivaloka Day</b>    |                                    |
| Until 9:47AM                     |                                    |                             |  | <b>Magha-Masi</b>                 |                        |                        |                                    |
| Then Creative Work - Siddha Yoga |                                    |                             |  |                                   |                        |                        |                                    |

|   |                                  |                               |   |                                      |                        |                        |                             |
|---|----------------------------------|-------------------------------|---|--------------------------------------|------------------------|------------------------|-----------------------------|
|  | <b>Friday, February 26, 2021</b> |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Ashlesha*/Magha* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau |                                      |                        |                        | Lusaka, Zambia<br>Sutra 320 |
|   | <b>Copper Retreat Star</b>       |                               | <b>Gulika</b> 7:40AM – 9:14AM   | <b>Ashlesha*</b> <b>Until 8:56AM</b> | <b>Ganesha:</b> Yellow | <i>Sunrise:</i> 6:07AM | Sarvari 5122                |
|   | Kataka Rasi: 28.13               | Tithi 14 – 15                 | Yama 3:27PM – 5:01PM  | Athiganda* <b>Until 7:03PM</b>       | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:34PM  | Moon 1 - Phase 43           |
|   | 942484467                        | <b>Rahu</b> 10:47AM – 12:20PM | Visti <b>Until 11:23PM</b>  | Nataraja: Clear                      |                        |                        | Purnima                     |
| Routine Work  | Marana Yoga                      |                               | <b>Chaturdashi*</b> <b>Until 12:20PM</b>  | Moon – Blue                          |                        | <b>Sivaloka Day</b>    |                             |
|   |                                  | <b>Chidambaram Abhishekam</b> |   | <b>Magha-Masi</b>                    |                        |                        |                             |

|                                  |                                    |                              |  |                                   |                       |                           |                             |
|----------------------------------|------------------------------------|------------------------------|--|-----------------------------------|-----------------------|---------------------------|-----------------------------|
| <b>6</b>                         | <b>Saturday, February 27, 2021</b> |                              | Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam<br>Magha*/Purvaphalguni Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau |                                   |                       |                           | Lusaka, Zambia<br>Sutra 321 |
|                                  | <b>Silver Retreat Star</b>         |                              | <b>Gulika</b> 6:07AM – 7:40AM  | <b>Magha*</b> <b>Until 7:47AM</b> | <b>Ganesha:</b> White | <i>Sunrise:</i> 6:07AM    | Sarvari 5122                |
|                                  | Simha Rasi: 12.16                  | Tithi 15 – 16                | Yama 1:54PM – 3:27PM   | Sukarma <b>Until 4:05PM</b>       | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:33PM     | Moon 1 - Phase 43           |
|                                  | 952484467                          | <b>Rahu</b> 9:14AM – 10:47AM | Balava <b>Until 9:06PM</b>   | Nataraja: Clear                   |                       |                           | Prathama                    |
| Creative Work                    | Amrita Yoga                        |                              | <b>Purnima*</b> <b>Until 10:17AM</b>   | Moon – Red                        |                       | <b>Subha Sivaloka Day</b> |                             |
| Until 7:47AM                     |                                    |                              |  | <b>Magha-Masi</b>                 |                       |                           |                             |
| Then Creative Work - Siddha Yoga |                                    |                              |  |                                   |                       |                           |                             |

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda





Sunday, February 28, 2021

Gold Retreat Star

Simha Rasi: 26.37    Tithi 16 - 17

952584467

Creative Work    Siddha Yoga  
Until 6:04AM  
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula\* Yoga Kaulava/Taitila Karana Prathama/Dvilayam Titau

**Gulika**    3:26PM - 5:00PM  
Yama    12:20PM - 1:53PM  
**Rahu**    5:00PM - 6:33PM

**Purvaphalguni Until 6:04AM**  
Dhriti Until 12:50PM  
Taitila Until 6:30PM  
**Prathama\* Until 7:49AM**

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Red  
**Magha-Masi**

**Sunrise:** 6:07AM  
**Sunset:** 6:33PM

Lusaka, Zambia  
Sutra 322  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Sivaloka Day**

1

Monday, March 1, 2021

Kanya Rasi: 11.08    Tithi 18

962584467

**Family Home Evening**  
Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam  
Hasta Nakshatra Shula\*/Ganda\* Yoga Vanija/Visti\* Karana Tritiyayam Titau

**Gulika**    1:53PM - 3:26PM  
Yama    10:47AM - 12:20PM  
**Rahu**    7:41AM - 9:14AM

**Hasta Until 2:01AM Tue**  
Shula\* Until 9:23AM  
Vanija Until 3:43PM  
**Tritiya Until 2:17AM Tue**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Sunrise:** 6:08AM  
**Sunset:** 6:32PM

Lusaka, Zambia  
Sun 1    Sutra 323  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Devaloka Day**

2

Tuesday, March 2, 2021

Kanya Rasi: 25.44    Tithi 19

962584467

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra Nakshatra Vriddhi Yoga Bava/Balava Karana Chaturthyam Titau

**Gulika**    12:19PM - 1:52PM  
Yama    9:14AM - 10:47AM  
**Rahu**    3:25PM - 4:58PM

**Chitra Until 11:59PM**  
Vriddhi Until 2:28AM Wed  
Bava Until 12:54PM  
**Chaturthi\* Until 11:30PM**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Sunrise:** 6:08AM  
**Sunset:** 6:31PM

Lusaka, Zambia  
Sun 2    Sutra 324  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Devaloka Day**

**Maha Sankatahara Chaturthi**

3

Wednesday, March 3, 2021

Tula Rasi: 10.18    Tithi 20

962584467

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati Nakshatra Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

**Gulika**    10:47AM - 12:19PM  
Yama    7:41AM - 9:14AM  
**Rahu**    12:19PM - 1:52PM

**Svati Until 9:57PM**  
Dhruva Until 11:09PM  
Kaulava Until 10:11AM  
**Panchami Until 8:53PM**

**Ganesha:** Purple  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Green  
**Magha-Masi**

**Sunrise:** 6:08AM  
**Sunset:** 6:30PM

Lusaka, Zambia  
Sun 3    Sutra 325  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Devaloka Day**

4

Thursday, March 4, 2021

Tula Rasi: 24.43    Tithi 21

972584467

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam  
Vishakha Nakshatra Vyaghata\* Yoga Gara/Vanija Karana Shashthyam Titau

**Gulika**    9:14AM - 10:46AM  
Yama    6:08AM - 7:41AM  
**Rahu**    1:52PM - 3:24PM

**Vishakha Until 8:27PM**  
Vyaghata\* Until 8:03PM  
Gara Until 7:41AM  
**Shashthi\* Until 6:30PM**

**Ganesha:** Clear  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sunrise:** 6:08AM  
**Sunset:** 6:30PM

Lusaka, Zambia  
Sun 4    Sutra 326  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Sivaloka Day**

5

Friday, March 5, 2021

Vrischika Rasi: 8.57    Tithi 22 - 23

172584467

Creative Work    Siddha Yoga  
Until 7:08PM  
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam  
Anuradha Nakshatra Harshana/Vajra\* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

**Gulika**    7:41AM - 9:14AM  
Yama    3:24PM - 4:57PM  
**Rahu**    10:46AM - 12:19PM

**Anuradha Until 7:08PM**  
Harshana Until 5:14PM  
Balava Until 3:33AM Sat  
**Saptami Until 4:26PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sunrise:** 6:09AM  
**Sunset:** 6:29PM

Lusaka, Zambia  
Sun 5    Sutra 327  
Sarvari 5122  
Moon 2 - Phase 44  
1st Phase

**Sivaloka Day**

☾

Saturday, March 6, 2021

Retreat Star

Vrischika Rasi: 22.58    Tithi 23 - 24

172584467

Creative Work    Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam  
Jyeshtha\* Nakshatra Vajra\*/Siddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

**Gulika**    6:09AM - 7:41AM  
Yama    1:51PM - 3:24PM  
**Rahu**    9:14AM - 10:46AM

**Jyeshtha\* Until 6:00PM**  
Vajra\* Until 2:39PM  
Taitila Until 2:00AM Sun  
**Ashtami\* Until 2:43PM**

**Ganesha:** Yellow  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Orange  
**Magha-Masi**

**Sunrise:** 6:09AM  
**Sunset:** 6:28PM

Lusaka, Zambia  
Sun 6    Sutra 328  
Sarvari 5122  
Moon 2 - Phase 44  
Ashtami

**Sivaloka Day**

Sunday, March 7, 2021

Retreat Star

Dhanus Rasi: 6.47    Tithi 24 - 25

182584467

Creative Work    Amrita Yoga  
Until 5:31PM  
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Mula\*/Purvashadha\* Nakshatra Siddhi/Vyatalpata\* Yoga Gara/Vanija Karana Navami/Dashamyam Titau

**Gulika**    3:23PM - 4:55PM  
Yama    12:18PM - 1:51PM  
**Rahu**    4:55PM - 6:28PM

**Mula\* Until 5:31PM**  
Siddhi Until 12:22PM  
Vanija Until 12:48AM Mon  
**Navami\* Until 1:20PM**

**Ganesha:** Blue  
**Muruqa:** White  
**Nataraja:** Clear  
Moon - Light Blue  
**Magha-Masi**

**Sunrise:** 6:09AM  
**Sunset:** 6:28PM

Lusaka, Zambia  
Sun 7    Sutra 329  
Sarvari 5122  
Moon 2 - Phase 44  
Navami

**Devaloka Day**

|          |                              |               |   |                              |                                  |                        |                   |
|----------|------------------------------|---------------|---|------------------------------|----------------------------------|------------------------|-------------------|
| <b>1</b> | <b>Monday, March 8, 2021</b> |               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam<br>Purvashadha/Uttarashadha Nakshatra Vyatipata/Variyan Yoga Visli/Bava Karana Dashami/Ekadashyam Titau |                              |                                  |                        | Lusaka, Zambia    |
|          | Dhanus Rasi: 20.22           | Tithi 25 – 26 | <b>Gulika</b>   | <b>1:50PM – 3:23PM</b>       | <b>Purvashadha* Until 5:12PM</b> | <b>Ganesha: Blue</b>   | Sun 8 Sutra 330   |
|          | <b>Family Home Evening</b>   | 182584467     | Yama  | 10:46AM – 12:18PM            | Vyatipata* Until 10:22AM         | <b>Muruqa: White</b>   | Sarvari 5122      |
|          | Routine Work                 | Marana Yoga   | <b>Rahu</b>   | <b>7:41AM – 9:14AM</b>       | Bava Until 11:56PM               | <b>Nataraja: Clear</b> | Moon 2 - Phase 45 |
|          |                              |               |   | <b>Dashami Until 12:18PM</b> | Moon – Light Blue                | <b>Devaloka Day</b>    |                   |
|          |                              |               |   |                              | <b>Magha-Masi</b>                |                        |                   |

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| <b>2</b> | <b>Tuesday, March 9, 2021</b> |                    | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Uttarashadha/Shravana Nakshatra Variyan/Parigha/Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau |                                |                                  |                        | Lusaka, Zambia    |
|          | Makara Rasi: 3.47             | Tithi 26 – 27      | <b>Gulika</b>  | <b>12:18PM – 1:50PM</b>        | <b>Uttarashadha Until 5:05PM</b> | <b>Ganesha: Blue</b>   | Sun 9 Sutra 331   |
|          |                               | 182584467          | Yama   | 9:14AM – 10:46AM               | Variyan Until 8:36AM             | <b>Muruqa: White</b>   | Sarvari 5122      |
|          | Routine Work                  | Prabalarishta Yoga | <b>Rahu</b>  | <b>3:22PM – 4:54PM</b>         | Kaulava Until 11:24PM            | <b>Nataraja: Clear</b> | Moon 2 - Phase 45 |
|          |                               |                    |  | <b>Ekadashi* Until 11:36AM</b> | Moon – Light Blue                | <b>Devaloka Day</b>    |                   |
|          |                               |                    |  |                                | <b>Magha-Masi</b>                |                        |                   |
|          |                               |                    |  |                                |                                  | Moon 2 - Phase 45      |                   |
|          |                               |                    |  |                                |                                  | 2nd Phase              |                   |
|          |                               |                    |  |                                |                                  | 2nd Phase              |                   |
|          |                               |                    |  |                                |                                  | 2nd Phase              |                   |

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| <b>3</b> | <b>Wednesday, March 10, 2021</b> |               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam<br>Shravana/Dhanishtha Nakshatra Parigha/Shiva Yoga Talilla/Gara Karana Dvadashi/Trayodashyam Titau |                                |                              |                           | Lusaka, Zambia    |
|          | Makara Rasi: 17                  | Tithi 27 – 28 | <b>Gulika</b>  | <b>10:46AM – 12:18PM</b>       | <b>Shravana Until 5:35PM</b> | <b>Ganesha: Green</b>     | Sun 10 Sutra 332  |
|          |                                  | 193584467     | Yama   | 7:42AM – 9:14AM                | Parigha* Until 7:07AM        | <b>Muruqa: White</b>      | Sarvari 5122      |
|          | Creative Work                    | Siddha Yoga   | <b>Rahu</b>  | <b>12:18PM – 1:50PM</b>        | Gara Until 11:12PM           | <b>Nataraja: Clear</b>    | Moon 2 - Phase 45 |
|          |                                  |               |  | <b>Dvadashi* Until 11:14AM</b> | Moon – Purple                | <b>Subha Sivaloka Day</b> |                   |
|          |                                  |               |  |                                | <b>Magha-Masi</b>            |                           |                   |
|          |                                  |               |  |                                |                              | Moon 2 - Phase 45         |                   |
|          |                                  |               |  |                                |                              | 2nd Phase                 |                   |
|          |                                  |               |  |                                |                              | 2nd Phase                 |                   |
|          |                                  |               |  |                                |                              | 2nd Phase                 |                   |

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| <b>4</b> | <b>Thursday, March 11, 2021</b> |               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam<br>Dhanishtha Nakshatra Siddha Yoga Vanija/Visli* Karana Trayodashi/Chaturdashyam Titau |                                  |                                |                           | Lusaka, Zambia    |
|          | Kumbha Rasi: 0.03               | Tithi 28 – 29 | <b>Gulika</b>   | <b>9:14AM – 10:45AM</b>          | <b>Dhanishtha Until 6:17PM</b> | <b>Ganesha: Green</b>     | Sun 11 Sutra 333  |
|          |                                 | 193584467     | Yama  | 6:10AM – 7:42AM                  | Siddha Until 5:00AM Fri        | <b>Muruqa: White</b>      | Sarvari 5122      |
|          | Creative Work                   | Siddha Yoga   | <b>Rahu</b>   | <b>1:49PM – 3:21PM</b>           | Visti Until 11:22PM            | <b>Nataraja: Clear</b>    | Moon 2 - Phase 45 |
|          |                                 |               |   | <b>Trayodashi* Until 11:13AM</b> | Moon – Purple                  | <b>Subha Sivaloka Day</b> |                   |
|          |                                 |               |   |                                  | <b>Magha-Masi</b>              |                           |                   |
|          |                                 |               |   |                                  |                                | Moon 2 - Phase 45         |                   |
|          |                                 |               |   |                                  |                                | 2nd Phase                 |                   |
|          |                                 |               |   |                                  |                                | 2nd Phase                 |                   |

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|  | <b>Friday, March 12, 2021</b> |               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Shatabhishak Nakshatra Sadhya Yoga Sakuni/Catuspada* Karana Chaturdashi/Amavasyayam Titau |                                   |                                  |                           | Lusaka, Zambia    |
|  | <b>Retreat Star</b>           |               | <b>Gulika</b>   | <b>7:42AM – 9:14AM</b>            | <b>Shatabhishak Until 7:12PM</b> | <b>Ganesha: Green</b>     | Sun 12 Sutra 334  |
|  | Kumbha Rasi: 12.55            | Tithi 29 – 30 | Yama  | 3:21PM – 4:53PM                   | Sadhya Until 4:24AM Sat          | <b>Muruqa: White</b>      | Sarvari 5122      |
|  | Creative Work                 | Siddha Yoga   | <b>Rahu</b>   | <b>10:45AM – 12:17PM</b>          | Catuspada Until 11:57PM          | <b>Nataraja: Clear</b>    | Moon 2 - Phase 45 |
|  |                               |               |   | <b>Chaturdashi* Until 11:35AM</b> | Moon – Purple                    | <b>Subha Sivaloka Day</b> |                   |
|  |                               |               |   |                                   | <b>Magha-Masi</b>                |                           |                   |
|  |                               |               |   |                                   |                                  | Amavasya                  |                   |

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| <b>Retreat Star</b> | <b>Saturday, March 13, 2021</b> |              | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaproshtpada* Nakshatra Subha Yoga Naga/Kintughna* Karana Amavasya/Prathamayam Titau |                                |                                      |                        | Lusaka, Zambia    |
|                     | Kumbha Rasi: 25.35              | Tithi 30 – 1 | <b>Gulika</b>   | <b>6:10AM – 7:42AM</b>         | <b>Purvaproshtpada* Until 8:52PM</b> | <b>Ganesha: Orange</b> | Sun 13 Sutra 335  |
|                     |                                 | 113584467    | Yama  | 1:49PM – 3:20PM                | Subha Until 4:09AM Sun               | <b>Muruqa: White</b>   | Sarvari 5122      |
|                     | Routine Work                    | Marana Yoga  | <b>Rahu</b>   | <b>9:13AM – 10:45AM</b>        | Kintughna Until 12:57AM Sun          | <b>Nataraja: Clear</b> | Moon 2 - Phase 45 |
|                     |                                 |              |   | <b>Amavasya* Until 12:22PM</b> | Moon – Clear                         | <b>Sivaloka Day</b>    |                   |
|                     |                                 |              |   |                                | <b>Phalguna-Masi</b>                 |                        |                   |
|                     |                                 |              |   |                                |                                      | Prathama               |                   |
|                     |                                 |              |   |                                |                                      | Prathama               |                   |

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| <b>1</b>         |                             | <b>Sunday, March 14, 2021</b>        |  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                        | Lusaka, Zambia<br>Sun 14 Sutra 336 |                   |
| Meena Rasi: 8.02 | Tithi 1 – 2                 | <b>Gulika</b> 3:20PM – 4:51PM        | <b>Uttaraproshtapada</b> Until 10:48PM | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 6:10AM |                                    | Sarvari 5122      |
|                  |                             | Yama 12:17PM – 1:48PM                | Sukla Until 4:14AM Mon                 | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:23PM  |                                    | Moon 2 - Phase 46 |
| 113584467        | <b>Rahu</b> 4:51PM – 6:23PM |                                      | Balava Until 2:26AM Mon                | <b>Nataraja:</b> Clear   |                        |                                    | 3rd Phase         |
| Creative Work    | Amrita Yoga                 |                                      |  | Moon – Clear   |                        | <b>Sivaloka Day</b>                |                   |
|                  |                             | <b>Karadaiyan Nombu (Tamil Nadu)</b> | <b>Prathama* Until 1:37PM</b>          | <b>Phalguna-Panguni</b>  |                        |                                    |                   |

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| <b>2</b>                   |                             | <b>Monday, March 15, 2021</b> |                                | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati Nakshatra Brahma Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                        | Lusaka, Zambia<br>Sun 15 Sutra 337 |                   |
| Meena Rasi: 20.19          | Tithi 2 – 3                 | <b>Gulika</b> 1:48PM – 3:19PM | <b>Revati</b> Until 1:02AM Tue | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 6:10AM |                                    | Sarvari 5122      |
| <b>Family Home Evening</b> |                             | Yama 10:45AM – 12:16PM        | Brahma Until 4:41AM Tue        | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:22PM  |                                    | Moon 2 - Phase 46 |
| 113584468                  | <b>Rahu</b> 7:42AM – 9:13AM |                               | Taitila Until 4:22AM Tue       | <b>Nataraja:</b> Purple  |                        |                                    | 3rd Phase         |
| Creative Work              | Siddha Yoga                 |                               | <b>Dvitiya</b> Until 3:19PM    | Moon – Clear   |                        | <b>Subha Sivaloka Day</b>          |                   |
|                            |                             |                               |                                | <b>Phalguna-Panguni</b>  |                        |                                    |                   |

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| <b>3</b>         |                             | <b>Tuesday, March 16, 2021</b>    |                                 | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini Nakshatra Indra Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                        | Lusaka, Zambia<br>Sun 16 Sutra 338 |                   |
| Mesha Rasi: 2.23 | Tithi 3 – 4                 | <b>Gulika</b> 12:16PM – 1:47PM    | <b>Ashvini</b> Until 3:58AM Wed | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:11AM |                                    | Sarvari 5122      |
|                  |                             | Yama 9:13AM – 10:45AM             | Indra Until 5:26AM Wed          | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:21PM  |                                    | Moon 2 - Phase 46 |
| 123584468        | <b>Rahu</b> 3:19PM – 4:50PM |                                   | Vanija Until 6:42AM Wed         | <b>Nataraja:</b> Purple  |                        |                                    | 3rd Phase         |
| Creative Work    | Siddha Yoga                 |                                   | <b>Tritiya</b> Until 5:28PM     | Moon – White   |                        | <b>Subha Sivaloka Day</b>          |                   |
|                  |                             | <b>Chellappaswami Mahasamadhi</b> |                                 | <b>Phalguna-Panguni</b>  |                        |                                    |                   |

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| <b>4</b>                        |                              | <b>Wednesday, March 17, 2021</b> |                                 | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani Nakshatra Vaidhriti* Yoga Vanija/Visiti* Karana Chaturthyam Titau |                        | Lusaka, Zambia<br>Sun 17 Sutra 339 |                   |
| Mesha Rasi: 14.19               | Tithi 4                      | <b>Gulika</b> 10:44AM – 12:16PM  | <b>Bharani</b> Until 7:02AM Thu | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:11AM |                                    | Sarvari 5122      |
|                                 |                              | Yama 7:42AM – 9:13AM             | Vaidhriti* Until 6:23AM Thu     | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:21PM  |                                    | Moon 2 - Phase 46 |
| 123584468                       | <b>Rahu</b> 12:16PM – 1:47PM |                                  | Vanija Until 6:42AM             | <b>Nataraja:</b> Purple  |                        |                                    | 3rd Phase         |
| Creative Work                   | Siddha Yoga                  |                                  | <b>Chaturthi*</b> Until 7:57PM  | Moon – White   |                        | <b>Subha Sivaloka Day</b>          |                   |
| Until 7:02AM Thu                |                              |                                  |                                 | <b>Phalguna-Panguni</b>  |                        |                                    |                   |
| Then Routine Work - Marana Yoga |                              |                                  |                                 |  |                        |                                    |                   |

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| <b>5</b>                        |                             | <b>Thursday, March 18, 2021</b> |                               | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Bharani/Krittika Nakshatra Vaidhriti* Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau |                        | Lusaka, Zambia<br>Sun 18 Sutra 340 |                   |
| Mesha Rasi: 26.09               | Tithi 5                     | <b>Gulika</b> 9:13AM – 10:44AM  | <b>Bharani</b> Until 7:02AM   | <b>Ganesha:</b> Clear  | <i>Sunrise:</i> 6:11AM |                                    | Sarvari 5122      |
|                                 |                             | Yama 6:11AM – 7:42AM            | Vaidhriti* Until 6:23AM       | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:20PM  |                                    | Moon 2 - Phase 46 |
| 123584468                       | <b>Rahu</b> 1:47PM – 3:18PM |                                 | Bava Until 9:18AM             | <b>Nataraja:</b> Purple  |                        |                                    | 3rd Phase         |
| Creative Work                   | Siddha Yoga                 |                                 | <b>Panchami</b> Until 10:38PM | Moon – White   |                        | <b>Subha Sivaloka Day</b>          |                   |
| Until 7:02AM                    |                             |                                 |                               | <b>Phalguna-Panguni</b>  |                        |                                    |                   |
| Then Routine Work - Marana Yoga |                             |                                 |                               |  |                        |                                    |                   |

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| <b>6</b>                        |                               | <b>Friday, March 19, 2021</b> |                                   | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Krittika/Rohini Nakshatra Vishkambha* Priti Yoga Kaulava/Taitila Karana Shashthyam Titau |                        | Lusaka, Zambia<br>Sun 19 Sutra 341 |                   |
| Vrishabha Rasi: 7.56            | Tithi 6                       | <b>Gulika</b> 7:42AM – 9:13AM | <b>Krittika</b> Until 10:01AM     | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:11AM |                                    | Sarvari 5122      |
|                                 |                               | Yama 3:17PM – 4:48PM          | Vishkambha* Until 7:26AM          | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:19PM  |                                    | Moon 2 - Phase 46 |
| 123584468                       | <b>Rahu</b> 10:44AM – 12:15PM |                               | Kaulava Until 12:00PM             | <b>Nataraja:</b> Purple   |                        |                                    | 3rd Phase         |
| Creative Work                   | Siddha Yoga                   |                               | <b>Shashthi*</b> Until 1:17AM Sat | Moon – White  |                        | <b>Subha Sivaloka Day</b>          |                   |
| Until 10:01AM                   |                               |                               |                                   | <b>Phalguna-Panguni</b>   |                        |                                    |                   |
| Then Routine Work - Marana Yoga |                               |                               |                                   |   |                        |                                    |                   |

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| <b>Retreat Star</b>              |                              | <b>Saturday, March 20, 2021</b> |                                 | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Saptamyam Titau |                        | Lusaka, Zambia<br>Sun 20 Sutra 342 |                   |
| Vrishabha Rasi: 19.44            | Tithi 7                      | <b>Gulika</b> 6:11AM – 7:42AM   | <b>Rohini</b> Until 1:14PM      | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:11AM |                                    | Sarvari 5122      |
|                                  |                              | Yama 1:46PM – 3:17PM            | Priti Until 8:25AM              | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:19PM  |                                    | Moon 2 - Phase 46 |
| 133584468                        | <b>Rahu</b> 9:13AM – 10:44AM |                                 | Gara Until 2:33PM               | <b>Nataraja:</b> Purple   |                        |                                    | 3rd Phase         |
| Creative Work                    | Amrita Yoga                  |                                 | <b>Saptami</b> Until 3:40AM Sun | Moon – Yellow   |                        | <b>Subha Subha Sivaloka Day</b>    |                   |
| Until 1:14PM                     |                              |                                 |                                 | <b>Phalguna-Panguni</b>   |                        |                                    |                   |
| Then Creative Work - Siddha Yoga |                              |                                 |                                 |   |                        |                                    |                   |

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| <b>Retreat Star</b> |                             | <b>Sunday, March 21, 2021</b> |                                  | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Mrigashira/Ardra Nakshatra Ayushman/Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau |                        | Lusaka, Zambia<br>Sun 21 Sutra 343 |                   |
| Mithuna Rasi: 1.41  | Tithi 8                     | <b>Gulika</b> 3:16PM – 4:47PM | <b>Mrigashira</b> Until 3:54PM   | <b>Ganesha:</b> Purple   | <i>Sunrise:</i> 6:11AM |                                    | Sarvari 5122      |
|                     |                             | Yama 12:15PM – 1:45PM         | Ayushman Until 9:08AM            | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:18PM  |                                    | Moon 2 - Phase 46 |
| 133584468           | <b>Rahu</b> 4:47PM – 6:18PM |                               | Visti Until 4:42PM               | <b>Nataraja:</b> Purple  |                        |                                    | Ashtami           |
| Creative Work       | Siddha Yoga                 |                               | <b>Ashtami*</b> Until 5:32AM Mon | Moon – Yellow  |                        | <b>Subha Subha Sivaloka Day</b>    |                   |
|                     |                             |                               |                                  | <b>Phalguna-Panguni</b>  |                        |                                    |                   |

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| <b>Retreat Star</b>              |                             | <b>Monday, March 22, 2021</b> |                                 | Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Ardra/Punarvasu Nakshatra Saubhagya/Sobhana Yoga Balava Karana Navamyam Titau |                        | Lusaka, Zambia<br>Sun 22 Sutra 344 |                   |
| Mithuna Rasi: 13.49              | Tithi 9                     | <b>Gulika</b> 1:45PM – 3:16PM | <b>Ardra</b> Until 5:48PM       | <b>Ganesha:</b> Purple  | <i>Sunrise:</i> 6:11AM |                                    | Sarvari 5122      |
| <b>Family Home Evening</b>       |                             | Yama 10:44AM – 12:14PM        | Saubhagya Until 9:25AM          | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:17PM  |                                    | Moon 2 - Phase 46 |
| 133584468                        | <b>Rahu</b> 7:42AM – 9:13AM |                               | Balava Until 6:13PM             | <b>Nataraja:</b> Purple   |                        |                                    | Navami            |
| Creative Work                    | Siddha Yoga                 |                               | <b>Navami*</b> Until 6:39AM Tue | Moon – Yellow   |                        | <b>Subha Subha Sivaloka Day</b>    |                   |
| Until 5:48PM                     |                             |                               |                                 | <b>Phalguna-Panguni</b>   |                        |                                    |                   |
| Then Creative Work - Amrita Yoga |                             |                               |                                 |   |                        |                                    |                   |

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

All times are standard time

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|                     |                             |                                |                               |   |                        |                                    |  |
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| <b>1</b>            |                             | <b>Tuesday, March 23, 2021</b> |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Punarvasu Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau |                        | Lusaka, Zambia<br>Sun 23 Sutra 346 |  |
| Mithuna Rasi: 26.17 | Tithi 9 – 10                | <b>Gulika</b> 12:14PM – 1:45PM | <b>Punarvasu</b> Until 7:16PM | <b>Ganesha:</b> Clear   | <i>Sunrise:</i> 6:12AM | Sarvari 5122                       |  |
|                     |                             | Yama 9:13AM – 10:43AM          | Sobhana Until 9:08AM          | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:16PM  | Moon 2 - Phase 47                  |  |
| 143584468           | <b>Rahu</b> 3:15PM – 4:46PM |                                | Taitila Until 6:55PM          | <b>Nataraja:</b> Purple   |                        | 4th Phase                          |  |
| Creative Work       | Siddha Yoga                 |                                | <b>Navami*</b> Until 6:39AM   | Moon – Blue   |                        | <b>Subha Sivaloka Day</b>          |  |
|                     |                             |                                |                               | <b>Phalguna-Panguni</b>   |                        |                                    |  |

|                   |                              |                                  |                             |   |                        |                                    |  |
|-------------------|------------------------------|----------------------------------|-----------------------------|---|------------------------|------------------------------------|--|
| <b>2</b>          |                              | <b>Wednesday, March 24, 2021</b> |                             | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam<br>Pushya Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau |                        | Lusaka, Zambia<br>Sun 24 Sutra 346 |  |
| Kataka Rasi: 9.07 | Tithi 10 – 11                | <b>Gulika</b> 10:43AM – 12:14PM  | <b>Pushya</b> Until 7:42PM  | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:12AM | Sarvari 5122                       |  |
|                   |                              | Yama 7:42AM – 9:13AM             | Athiganda* Until 8:10AM     | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:16PM  | Moon 2 - Phase 47                  |  |
| 144584468         | <b>Rahu</b> 12:14PM – 1:44PM |                                  | Vanija Until 6:44PM         | <b>Nataraja:</b> Purple   |                        | 4th Phase                          |  |
| Creative Work     | Siddha Yoga                  |                                  | <b>Dashami</b> Until 6:55AM | Moon – Blue   |                        | <b>Sivaloka Day</b>                |  |
|                   |                              |                                  |                             | <b>Phalguna-Panguni</b>   |                        |                                    |  |

|                                  |                             |                                 |                               |   |                        |                                    |  |
|----------------------------------|-----------------------------|---------------------------------|-------------------------------|---|------------------------|------------------------------------|--|
| <b>3</b>                         |                             | <b>Thursday, March 25, 2021</b> |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam<br>Ashlesha* Nakshatra Sukarma/Dhriti Yoga Visti*/Balava Karana Ekadashi/Dvadashyam Titau |                        | Lusaka, Zambia<br>Sun 25 Sutra 347 |  |
| Kataka Rasi: 22.25               | Tithi 11 – 12               | <b>Gulika</b> 9:13AM – 10:43AM  | <b>Ashlesha*</b> Until 7:08PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:12AM | Sarvari 5122                       |  |
|                                  |                             | Yama 6:12AM – 7:42AM            | Sukarma Until 6:31AM          | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:16PM  | Moon 2 - Phase 47                  |  |
| 144584468                        | <b>Rahu</b> 1:44PM – 3:14PM |                                 | Balava Until 4:50AM Fri       | <b>Nataraja:</b> Purple   |                        | 4th Phase                          |  |
| Creative Work                    | Siddha Yoga                 |                                 | <b>Ekadashi</b> Until 6:17AM  | Moon – Blue   |                        | <b>Sivaloka Day</b>                |  |
| Until 7:08PM                     |                             | <b>Yogaswami Mahasamadhi</b>    |                               | <b>Phalguna-Panguni</b>   |                        |                                    |  |
| Then Creative Work - Amrita Yoga |                             |                                 |                               |   |                        |                                    |  |

|                                  |                               |                               |                                    |  |                        |                                    |  |
|----------------------------------|-------------------------------|-------------------------------|------------------------------------|--|------------------------|------------------------------------|--|
| <b>4</b>                         |                               | <b>Friday, March 26, 2021</b> |                                    | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Magha* Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau |                        | Lusaka, Zambia<br>Sun 26 Sutra 348 |  |
| Simha Rasi: 6.11                 | Tithi 13                      | <b>Gulika</b> 7:42AM – 9:13AM | <b>Magha*</b> Until 6:07PM         | <b>Ganesha:</b> White  | <i>Sunrise:</i> 6:12AM | Sarvari 5122                       |  |
|                                  |                               | Yama 3:14PM – 4:44PM          | Shula* Until 1:20AM Sat            | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:16PM  | Moon 2 - Phase 47                  |  |
| 154684468                        | <b>Rahu</b> 10:43AM – 12:13PM |                               | Kaulava Until 3:51PM               | <b>Nataraja:</b> Purple  |                        | 4th Phase                          |  |
| Routine Work                     | Marana Yoga                   |                               | <b>Trayodashi</b> Until 2:40AM Sat | Moon – Red   |                        | <b>Subha Subha Sivaloka Day</b>    |  |
| Until 6:07PM                     |                               |                               |                                    | <b>Phalguna-Panguni</b>  |                        |                                    |  |
| Then Creative Work - Siddha Yoga |                               |                               |                                    |  |                        | <i>Pradosha Vrata</i>              |  |

|                                 |                              |                                 |                                   |   |                        |                                    |  |
|---------------------------------|------------------------------|---------------------------------|-----------------------------------|---|------------------------|------------------------------------|--|
| <b>5</b>                        |                              | <b>Saturday, March 27, 2021</b> |                                   | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam<br>Purvaphalguni/Uttaraphalguni Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau |                        | Lusaka, Zambia<br>Sun 27 Sutra 349 |  |
| Simha Rasi: 20.25               | Tithi 14                     | <b>Gulika</b> 6:12AM – 7:42AM   | <b>Purvaphalguni</b> Until 4:20PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:12AM | Sarvari 5122                       |  |
|                                 |                              | Yama 1:43PM – 3:13PM            | Ganda* Until 9:59PM               | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:13PM  | Moon 2 - Phase 47                  |  |
| 154684468                       | <b>Rahu</b> 9:12AM – 10:43AM |                                 | Gara Until 1:23PM                 | <b>Nataraja:</b> Purple   |                        | 4th Phase                          |  |
| Creative Work                   | Siddha Yoga                  |                                 | <b>Chaturdashi*</b> Until 11:57PM | Moon – Red  |                        | <b>Subha Subha Sivaloka Day</b>    |  |
| Until 4:20PM                    |                              |                                 |                                   | <b>Phalguna-Panguni</b>   |                        |                                    |  |
| Then Routine Work - Marana Yoga |                              |                                 |                                   |   |                        |                                    |  |

|   |             |                               |                                    |   |                        |                                 |  |
|---|-------------|-------------------------------|------------------------------------|---|------------------------|---------------------------------|--|
|  |             | <b>Sunday, March 28, 2021</b> |                                    | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau |                        | Lusaka, Zambia<br>Sutra 350     |  |
| <b>Copper Retreat Star</b>  |             | <b>Gulika</b> 3:13PM – 4:43PM | <b>Uttaraphalguni</b> Until 1:57PM | <b>Ganesha:</b> White   | <i>Sunrise:</i> 6:12AM | Sarvari 5122                    |  |
| Kanya Rasi: 5.01  | Tithi 15    | Yama 12:12PM – 1:43PM         | Vriddhi Until 6:18PM               | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:13PM  | Moon 2 - Phase 47               |  |
|   |             | <b>Rahu</b> 4:43PM – 6:13PM   | Visti Until 10:26AM                | <b>Nataraja:</b> Purple   |                        | Purnima                         |  |
| Creative Work   | Amrita Yoga |                               | <b>Purnima*</b> Until 8:49PM       | Moon – Red  |                        | <b>Subha Subha Sivaloka Day</b> |  |
|   |             | <b>Panguni Uttiram</b>        |                                    | <b>Phalguna-Panguni</b>   |                        |                                 |  |
|   |             | <b>Holi</b>                   |                                    |   |                        |                                 |  |

|  |                             |                               |                               |   |                        |                             |  |
|--|-----------------------------|-------------------------------|-------------------------------|---|------------------------|-----------------------------|--|
| <b>Monday, March 29, 2021</b>          |                             | <b>Silver Retreat Star</b>    |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam<br>Hasta/Chitra Nakshatra Dhruva/Vyaghata* Yoga Balava/Taitila Karana Prathama/Dvitiyayam Titau |                        | Lusaka, Zambia<br>Sutra 351 |  |
| Kanya Rasi: 19.52                      | Tithi 16 – 17               | <b>Gulika</b> 1:42PM – 3:12PM | <b>Hasta</b> Until 11:32AM    | <b>Ganesha:</b> Yellow  | <i>Sunrise:</i> 6:12AM | Sarvari 5122                |  |
|  |                             | Yama 10:42AM – 12:12PM        | Dhruva Until 2:23PM           | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:12PM  | Moon 2 - Phase 47           |  |
| 164684468                              | <b>Rahu</b> 7:42AM – 9:12AM |                               | Balava Until 7:10AM           | <b>Nataraja:</b> Purple   |                        | Prathama                    |  |
| Creative Work                          | Siddha Yoga                 |                               | <b>Prathama*</b> Until 5:26PM | Moon – Green  |                        | <b>Subha Sivaloka Day</b>   |  |
| Until 11:32AM                          |                             |                               |                               | <b>Phalguna-Panguni</b>   |                        |                             |  |
| Then Routine Work - Prabalarishta Yoga |                             |                               |                               |   |                        |                             |  |

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

All times are standard time

www.gurudeva.org/panchang



Tuesday, March 30, 2021

Gold Retreat Star

Tula Rasi: 4.51

Tithi 17 - 18

164684468

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam  
Chitra/Svati Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Lusaka, Zambia

Sun 1 Sutra 352

Gulika

12:12PM - 1:42PM

Chitra Until 8:53AM

Ganesha: Yellow

Sunrise: 6:12AM

Yama

9:12AM - 10:42AM

Vyaghata\* Until 10:25AM

Muruga: White

Sunset: 6:11PM

Moon 3 - Phase 48

Rahu

3:12PM - 4:41PM

Vanija Until 12:20AM Wed

Nataraja: Purple

1st Phase

Moon - Green

Subha Sivaloka Day

Phalguna-Panguni

1

Wednesday, March 31, 2021

Tula Rasi: 19.49

Tithi 18 - 19

164684468

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam  
Svati/Vishakha Nakshatra Harshana/Vajra\* Yoga Visti/Bava Karana Tritiya/Chaturthiyam Titau

Lusaka, Zambia

Sun 2 Sutra 353

Gulika

10:42AM - 12:12PM

Svati Until 6:09AM

Ganesha: Yellow

Sunrise: 6:13AM

Yama

7:42AM - 9:12AM

Harshana Until 6:30AM

Muruga: White

Sunset: 6:11PM

Moon 3 - Phase 48

Rahu

12:12PM - 1:41PM

Bava Until 9:05PM

Nataraja: Purple

1st Phase

Moon - Green

Subha Sivaloka Day

Phalguna-Panguni

2

Thursday, April 1, 2021

Vrischika Rasi: 4.37

Tithi 19 - 20

174684468

Creative Work Siddha Yoga

Until 1:49AM Fri

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam  
Anuradha Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Lusaka, Zambia

Sun 3 Sutra 354

Gulika

9:12AM - 10:42AM

Anuradha Until 1:49AM Fri

Ganesha: Blue

Sunrise: 6:13AM

Yama

6:13AM - 7:42AM

Siddhi Until 11:15PM

Muruga: White

Sunset: 6:11PM

Moon 3 - Phase 48

Rahu

1:41PM - 3:11PM

Kaulava Until 6:08PM

Nataraja: Purple

1st Phase

Moon - Orange

Subha Subha Sivaloka Day

Phalguna-Panguni

3

Friday, April 2, 2021

Vrischika Rasi: 19.1

Tithi 21

174684468

Routine Work Marana Yoga

Until 12:04AM Sat

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam  
Jyeshtha\* Nakshatra Vyatipata\* Yoga Gara/Vanija Karana Shashthyam Titau

Lusaka, Zambia

Sun 4 Sutra 355

Gulika

7:42AM - 9:12AM

Jyeshtha\* Until 12:04AM Sat

Ganesha: Blue

Sunrise: 6:13AM

Yama

3:11PM - 4:40PM

Vyatipata\* Until 8:09PM

Muruga: White

Sunset: 6:10PM

Moon 3 - Phase 48

Rahu

10:42AM - 12:11PM

Gara Until 3:35PM

Nataraja: Purple

1st Phase

Moon - Orange

Subha Subha Sivaloka Day

Phalguna-Panguni

4

Saturday, April 3, 2021

Dhanus Rasi: 3.23

Tithi 22

184684468

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam  
Mula\* Nakshatra Varyan/Parigha\* Yoga Visti/Bava Karana Saptamyam Titau

Lusaka, Zambia

Sun 5 Sutra 356

Gulika

6:13AM - 7:42AM

Mula\* Until 11:07PM

Ganesha: Red

Sunrise: 6:13AM

Yama

1:40PM - 3:10PM

Varyan Until 5:25PM

Muruga: White

Sunset: 6:09PM

Moon 3 - Phase 48

Rahu

9:12AM - 10:41AM

Visti Until 1:32PM

Nataraja: Purple

1st Phase

Moon - Light Blue

Subha Sivaloka Day

Phalguna-Panguni

D

Sunday, April 4, 2021

Retreat Star

Dhanus Rasi: 17.16

Tithi 23

184684468

Creative Work Siddha Yoga

Until 10:34PM

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam  
Purvashadha\* Nakshatra Parigha\* Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Lusaka, Zambia

Sun 6 Sutra 357

Gulika

3:10PM - 4:39PM

Purvashadha\* Until 10:34PM

Ganesha: Red

Sunrise: 6:13AM

Yama

12:11PM - 1:40PM

Parigha\* Until 3:10PM

Muruga: White

Sunset: 6:08PM

Moon 3 - Phase 48

Rahu

4:39PM - 6:08PM

Balava Until 12:03PM

Nataraja: Purple

Ashtami

Moon - Light Blue

Subha Sivaloka Day

Phalguna-Panguni

Monday, April 5, 2021

Retreat Star

Makara Rasi: 0.49

Tithi 24

185684468

Family Home Evening

Routine Work Marana Yoga

Until 10:25PM

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam  
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

Lusaka, Zambia

Sun 7 Sutra 358

Gulika

1:40PM - 3:09PM

Uttarashadha Until 10:25PM

Ganesha: Green

Sunrise: 6:13AM

Yama

10:41AM - 12:10PM

Shiva Until 1:22PM

Muruga: White

Sunset: 6:08PM

Moon 3 - Phase 48

Rahu

7:42AM - 9:12AM

Taitila Until 11:06AM

Nataraja: Purple

Navami

Moon - Light Blue

Sivaloka Day

Phalguna-Panguni

|                    |             |                                       |                               |   |                        |                                   |  |
|--------------------|-------------|---------------------------------------|-------------------------------|---|------------------------|-----------------------------------|--|
| <b>1</b>           |             | <b>Tuesday, April 6, 2021</b>         |                               | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Visiti* Karana Dashamyam Titau |                        | Lusaka, Zambia<br>Sun 8 Sutra 359 |  |
| Makara Rasi: 14.04 | Tithi 25    | <b>Gulika</b> 12:10PM – 1:39PM        | <b>Shravana</b> Until 11:05PM | <b>Ganesha:</b> Orange  | <i>Sunrise:</i> 6:13AM | Sarvari 5122                      |  |
|                    |             | Yama 9:12AM – 10:41AM                 | Siddha Until 11:58AM          | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:07PM  | Moon 3 - Phase 49                 |  |
| Creative Work      | Siddha Yoga | 195684468 <b>Rahu</b> 3:09PM – 4:38PM | Vanija Until 10:42AM          | <b>Nataraja:</b> Purple   |                        | 2nd Phase                         |  |
|                    |             |                                       | <b>Dashami</b> Until 10:41PM  | Moon – Purple   |                        | <b>Subha Sivaloka Day</b>         |  |
|                    |             |                                       |                               | <b>Phalguna-Panguni</b>   |                        |                                   |  |

|                                  |                    |  |                                     |  |                        |                                   |  |
|----------------------------------|--------------------|--|-------------------------------------|--|------------------------|-----------------------------------|--|
| <b>2</b>                         |                    | <b>Wednesday, April 7, 2021</b>        |                                     | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam<br>Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau |                        | Lusaka, Zambia<br>Sun 9 Sutra 360 |  |
| Makara Rasi: 27.02               | Tithi 26           | <b>Gulika</b> 10:41AM – 12:10PM        | <b>Dhanishtha</b> Until 12:03AM Thu | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 6:13AM | Sarvari 5122                      |  |
|                                  |                    | Yama 7:42AM – 9:12AM                   | Sadhya Until 10:58AM                | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:06PM  | Moon 3 - Phase 49                 |  |
| Routine Work                     | Prabalarishta Yoga | 195684468 <b>Rahu</b> 12:10PM – 1:39PM | Bava Until 10:49AM                  | <b>Nataraja:</b> Purple  |                        | 2nd Phase                         |  |
| Until 12:03AM Thu                |                    |  | <b>Ekadashi*</b> Until 11:01PM      | Moon – Purple  |                        | <b>Subha Sivaloka Day</b>         |  |
| Then Creative Work - Siddha Yoga |                    |  |                                     | <b>Phalguna-Panguni</b>  |                        |                                   |  |

|                   |             |                                       |                                      |  |                        |                                    |  |
|-------------------|-------------|---------------------------------------|--------------------------------------|--|------------------------|------------------------------------|--|
| <b>3</b>          |             | <b>Thursday, April 8, 2021</b>        |                                      | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam<br>Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau |                        | Lusaka, Zambia<br>Sun 10 Sutra 361 |  |
| Kumbha Rasi: 9.47 | Tithi 27    | <b>Gulika</b> 9:11AM – 10:40AM        | <b>Shatabhishak</b> Until 1:18AM Fri | <b>Ganesha:</b> Orange   | <i>Sunrise:</i> 6:13AM | Sarvari 5122                       |  |
|                   |             | Yama 6:13AM – 7:42AM                  | Subha Until 10:21AM                  | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:06PM  | Moon 3 - Phase 49                  |  |
| Creative Work     | Siddha Yoga | 195684468 <b>Rahu</b> 1:39PM – 3:08PM | Kaulava Until 11:23AM                | <b>Nataraja:</b> Purple  |                        | 2nd Phase                          |  |
|                   |             |                                       | <b>Dvadashi*</b> Until 11:48PM       | Moon – Purple  |                        | <b>Subha Sivaloka Day</b>          |  |
|                   |             |                                       |                                      | <b>Phalguna-Panguni</b>  |                        |                                    |  |

|                    |             |   |   |   |                        |                                    |  |
|--------------------|-------------|---|---|---|------------------------|------------------------------------|--|
| <b>4</b>           |             | <b>Friday, April 9, 2021</b>            |   | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam<br>Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau |                        | Lusaka, Zambia<br>Sun 11 Sutra 362 |  |
| Kumbha Rasi: 22.21 | Tithi 28    | <b>Gulika</b> 7:42AM – 9:11AM           | <b>Purvaproshtapada*</b> Until 3:16AM Sat | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 6:14AM | Sarvari 5122                       |  |
|                    |             | Yama 3:07PM – 4:36PM                    | Sukla Until 10:02AM                       | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:05PM  | Moon 3 - Phase 49                  |  |
| Creative Work      | Siddha Yoga | 115684468 <b>Rahu</b> 10:40AM – 12:09PM | Gara Until 12:22PM                        | <b>Nataraja:</b> Purple   |                        | 2nd Phase                          |  |
|                    |             |   | <b>Trayodashi*</b> Until 12:59AM Sat      | Moon – Clear  |                        | <b>Sivaloka Day</b>                |  |
|                    |             |   |   | <b>Phalguna-Panguni</b>   |                        |                                    |  |
|                    |             |   |   | <i>Pradosha Vrata (Fasting)</i>   |                        |                                    |  |

|                                  |             |  |   |   |                        |                                    |  |
|----------------------------------|-------------|--|---|---|------------------------|------------------------------------|--|
| <b>5</b>                         |             | <b>Saturday, April 10, 2021</b>        |   | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam<br>Uttaraproshtapada Nakshatra Brahma/Indra Yoga Visti*/Sakuni* Karana Chaturdashyam Titau |                        | Lusaka, Zambia<br>Sun 12 Sutra 363 |  |
| Meena Rasi: 4.43                 | Tithi 29    | <b>Gulika</b> 6:14AM – 7:42AM          | <b>Uttaraproshtapada</b> Until 5:26AM Sun | <b>Ganesha:</b> Light Blue  | <i>Sunrise:</i> 6:14AM | Sarvari 5122                       |  |
|                                  |             | Yama 1:38PM – 3:07PM                   | Brahma Until 10:02AM                      | <b>Muruqa:</b> White  | <i>Sunset:</i> 6:04PM  | Moon 3 - Phase 49                  |  |
| Creative Work                    | Siddha Yoga | 115684468 <b>Rahu</b> 9:11AM – 10:40AM | Visti Until 1:45PM                        | <b>Nataraja:</b> Purple   |                        | 2nd Phase                          |  |
| Until 5:26AM Sun                 |             |  | <b>Chaturdashi*</b> Until 2:33AM Sun      | Moon – Clear  |                        | <b>Sivaloka Day</b>                |  |
| Then Creative Work - Amrita Yoga |             |  |   | <b>Phalguna-Panguni</b>   |                        |                                    |  |

|                                  |             |                                       |                                   |  |                        |                                    |  |
|----------------------------------|-------------|---------------------------------------|-----------------------------------|--|------------------------|------------------------------------|--|
| <b>●</b>                         |             | <b>Sunday, April 11, 2021</b>         |                                   | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam<br>Revati Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau |                        | Lusaka, Zambia<br>Sun 13 Sutra 364 |  |
| <b>Retreat Star</b>              |             | <b>Gulika</b> 3:06PM – 4:35PM         | <b>Revati</b> Until 7:47AM Mon    | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 6:14AM | Sarvari 5122                       |  |
| Meena Rasi: 16.56                | Tithi 30    | Yama 12:09PM – 1:37PM                 | Indra Until 10:21AM               | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:04PM  | Moon 3 - Phase 49                  |  |
| Creative Work                    | Amrita Yoga | 115684468 <b>Rahu</b> 4:35PM – 6:04PM | Catuspada Until 3:30PM            | <b>Nataraja:</b> Purple  |                        | Amavasya                           |  |
| Until 7:47AM Mon                 |             |                                       | <b>Amavasya*</b> Until 4:30AM Mon | Moon – Clear   |                        | <b>Sivaloka Day</b>                |  |
| Then Creative Work - Siddha Yoga |             |                                       |                                   | <b>Phalguna-Panguni</b>  |                        |                                    |  |

|                               |             |                                       |                                   |  |                        |                                  |  |
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| <b>Monday, April 12, 2021</b> |             | <b>Retreat Star</b>                   |                                   | Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam<br>Revati/Ashvini Nakshatra Vaidhriti*/Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau |                        | Lusaka, Zambia<br>Sun 14 Sutra 1 |  |
| Meena Rasi: 29.01             | Tithi 1     | <b>Gulika</b> 1:37PM – 3:06PM         | <b>Revati</b> Until 7:47AM        | <b>Ganesha:</b> Light Blue   | <i>Sunrise:</i> 6:14AM | Sarvari 5122                     |  |
| <b>Family Home Evening</b>    |             | Yama 10:40AM – 12:08PM                | Vaidhriti* Until 10:54AM          | <b>Muruqa:</b> White   | <i>Sunset:</i> 6:03PM  | Moon 3 - Phase 49                |  |
| Creative Work                 | Siddha Yoga | 115684468 <b>Rahu</b> 7:43AM – 9:11AM | Kintughna Until 5:37PM            | <b>Nataraja:</b> Purple  |                        | Prathama                         |  |
|                               |             |                                       | <b>Prathama*</b> Until 6:45AM Tue | Moon – Clear   |                        | <b>Sivaloka Day</b>              |  |
|                               |             | <b>Yugadhi</b>                        |                                   | <b>Chaitra-Panguni</b>   |                        |                                  |  |

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| <b>1</b> | <b>Tuesday, April 13, 2021</b> |                | Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Ashvini/Bharani Nakshatra Vishkambha*Priti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau |                               |   |                     | Lusaka, Zambia<br>Sun 15 Sutra 2 |
|          | Mesha Rasi: 10.57              | Tithi 1 – 2    | <b>Gulika</b> 12:08PM – 1:37PM  | <b>Ashvini Until 10:47AM</b>  | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:14AM |                     | Plava 5123                       |
|          |                                |                | Yama 9:11AM – 10:40AM   | Vishkambha* Until 11:42AM     | <b>Muruqa:</b> White <i>Sunset:</i> 6:02PM    |                     | Moon 3 - Phase 1                 |
|          | Creative Work                  | Siddha Yoga    | 125684468 <b>Rahu</b> 3:05PM – 4:34PM   | Balava Until 8:01PM           | <b>Nataraja:</b> Purple                       |                     | 3rd Phase                        |
|          |                                | Tamil New Year |   | <b>Prathama* Until 6:45AM</b> | <b>Chaitra*Chaitra</b>                        | <b>Sivaloka Day</b> |                                  |

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| <b>2</b> | <b>Wednesday, April 14, 2021</b> |             | Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Bharani/Krittika Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau |                             |   |                     | Lusaka, Zambia<br>Sun 16 Sutra 3 |
|          | Mesha Rasi: 22.48                | Tithi 2 – 3 | <b>Gulika</b> 10:39AM – 12:08PM   | <b>Bharani Until 1:50PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:14AM |                     | Plava 5123                       |
|          |                                  |             | Yama 7:43AM – 9:11AM  | Priti Until 12:43PM         | <b>Muruqa:</b> White <i>Sunset:</i> 6:02PM        |                     | Moon 3 - Phase 1                 |
|          | Creative Work                    | Siddha Yoga | 225684468 <b>Rahu</b> 12:08PM – 1:36PM  | Taitila Until 10:37PM       | <b>Nataraja:</b> Purple                           |                     | 3rd Phase                        |
|          |                                  |             | <b>Dvitiya Until 9:17AM</b>   | <b>Chaitra*Chaitra</b>      |   | <b>Sivaloka Day</b> |                                  |

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| <b>3</b> | <b>Thursday, April 15, 2021</b> |             | Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Krittika/Rohini Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau |                              |   |                     | Lusaka, Zambia<br>Sun 17 Sutra 4 |
|          | Wrishabha Rasi: 4.35            | Tithi 3 – 4 | <b>Gulika</b> 9:11AM – 10:39AM   | <b>Krittika Until 4:50PM</b> | <b>Ganesha:</b> Purple <i>Sunrise:</i> 6:14AM |                     | Plava 5123                       |
|          |                                 |             | Yama 6:14AM – 7:43AM   | Ayushman Until 1:47PM        | <b>Muruqa:</b> White <i>Sunset:</i> 6:01PM    |                     | Moon 3 - Phase 1                 |
|          | Routine Work                    | Marana Yoga | 226684468 <b>Rahu</b> 1:36PM – 3:04PM  | Vanija Until 1:18AM Fri      | <b>Nataraja:</b> Purple                       |                     | 3rd Phase                        |
|          |                                 |             | <b>Tritiya Until 11:56AM</b>   | <b>Chaitra*Chaitra</b>       |   | <b>Sivaloka Day</b> |                                  |

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| <b>4</b> | <b>Friday, April 16, 2021</b> |             | Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Rohini Nakshatra Saubhagya/Sobhana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau |                            |   |                     | Lusaka, Zambia<br>Sun 18 Sutra 5 |
|          | Wrishabha Rasi: 16.22         | Tithi 4 – 5 | <b>Gulika</b> 7:43AM – 9:11AM  | <b>Rohini Until 8:09PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:15AM |                     | Plava 5123                       |
|          |                               |             | Yama 3:04PM – 4:32PM   | Saubhagya Until 2:51PM     | <b>Muruqa:</b> White <i>Sunset:</i> 6:00PM        |                     | Moon 3 - Phase 1                 |
|          | Routine Work                  | Marana Yoga | 236684468 <b>Rahu</b> 10:39AM – 12:07PM  | Bava Until 3:53AM Sat      | <b>Nataraja:</b> Purple                           |                     | 3rd Phase                        |
|          |                               |             | <b>Chaturthi* Until 2:36PM</b>   | <b>Chaitra*Chaitra</b>     |   | <b>Sivaloka Day</b> |                                  |

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| <b>5</b> | <b>Saturday, April 17, 2021</b> |             | Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Mrigashira Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau |                                 |   |                     | Lusaka, Zambia<br>Sun 19 Sutra 6 |
|          | Wrishabha Rasi: 28.11           | Tithi 5 – 6 | <b>Gulika</b> 6:15AM – 7:43AM   | <b>Mrigashira Until 11:04PM</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:15AM |                     | Plava 5123                       |
|          |                                 |             | Yama 1:35PM – 3:03PM  | Sobhana Until 3:48PM            | <b>Muruqa:</b> White <i>Sunset:</i> 6:00PM        |                     | Moon 3 - Phase 1                 |
|          | Creative Work                   | Siddha Yoga | 236684468 <b>Rahu</b> 9:11AM – 10:39AM  | Kaulava Until 6:11AM Sun        | <b>Nataraja:</b> Purple                           |                     | 3rd Phase                        |
|          |                                 |             | <b>Panchami Until 5:04PM</b>  | <b>Chaitra*Chaitra</b>          |   | <b>Sivaloka Day</b> |                                  |

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| <b>6</b> | <b>Sunday, April 18, 2021</b> |             | Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Ardra Nakshatra Athiganda*/Sukarma Yoga Kaulava/Taitila Karana Shashthyam Titau |                               |   |                     | Lusaka, Zambia<br>Sun 20 Sutra 7 |
|          | Mithuna Rasi: 10.07           | Tithi 6     | <b>Gulika</b> 3:03PM – 4:31PM  | <b>Ardra Until 1:23AM Mon</b> | <b>Ganesha:</b> Light Blue <i>Sunrise:</i> 6:15AM |                     | Plava 5123                       |
|          |                               |             | Yama 12:07PM – 1:35PM  | Athiganda* Until 4:25PM       | <b>Muruqa:</b> White <i>Sunset:</i> 5:59PM        |                     | Moon 3 - Phase 1                 |
|          | Creative Work                 | Siddha Yoga | 236684468 <b>Rahu</b> 4:31PM – 5:59PM  | Kaulava Until 6:11AM          | <b>Nataraja:</b> Purple                           |                     | 3rd Phase                        |
|          |                               |             | <b>Shashthi* Until 7:07PM</b>  | <b>Chaitra*Chaitra</b>        |   | <b>Sivaloka Day</b> |                                  |

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| <b>Retreat Star</b> | <b>Monday, April 19, 2021</b> |             | Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Punarvasu Nakshatra Sukarma/Dhriti Yoga Gara/Vanija Karana Saptamyam Titau |                                   |   |                           | Lusaka, Zambia<br>Sun 21 Sutra 8 |
|                     | Mithuna Rasi: 22.16           | Tithi 7     | <b>Gulika</b> 1:35PM – 3:02PM  | <b>Punarvasu Until 3:24AM Tue</b> | <b>Ganesha:</b> Orange <i>Sunrise:</i> 6:15AM |                           | Plava 5123                       |
|                     | <b>Family Home Evening</b>    |             | Yama 10:39AM – 12:07PM   | Sukarma Until 4:36PM              | <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM    |                           | Moon 3 - Phase 1                 |
|                     | Creative Work                 | Amrita Yoga | 246684468 <b>Rahu</b> 7:43AM – 9:11AM  | Gara Until 7:57AM                 | <b>Nataraja:</b> Purple                       |                           | 3rd Phase                        |
|                     |                               |             | <b>Saptami Until 8:34PM</b>  | <b>Chaitra*Chaitra</b>            |   | <b>Subha Sivaloka Day</b> |                                  |

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| <b>Retreat Star</b> | <b>Tuesday, April 20, 2021</b> |             | Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam<br>Pushya Nakshatra Dhriti/Shula* Yoga Visti*/Bava Karana Ashtamyam Titau |                                |  |                           | Lusaka, Zambia<br>Sun 22 Sutra 9 |
|                     | Kataka Rasi: 4.41              | Tithi 8     | <b>Gulika</b> 12:06PM – 1:34PM  | <b>Pushya Until 4:29AM Wed</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:15AM |                           | Plava 5123                       |
|                     |                                |             | Yama 9:11AM – 10:39AM   | Dhriti Until 4:14PM            | <b>Muruqa:</b> White <i>Sunset:</i> 5:58PM   |                           | Moon 3 - Phase 1                 |
|                     | Creative Work                  | Siddha Yoga | 246784468 <b>Rahu</b> 3:02PM – 4:30PM   | Visti Until 9:02AM             | <b>Nataraja:</b> Purple                      |                           | Ashtami                          |
|                     |                                |             | <b>Ashtami* Until 9:16PM</b>  | <b>Chaitra*Chaitra</b>         |  | <b>Subha Sivaloka Day</b> |                                  |

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| <b>Retreat Star</b> | <b>Wednesday, April 21, 2021</b> |             | Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam<br>Ashlesha* Nakshatra Shula*/Ganda* Yoga Balava/Kaulava Karana Navamyam Titau |                                   |  |                           | Lusaka, Zambia<br>Sun 23 Sutra 10 |
|                     | Kataka Rasi: 17.28               | Tithi 9     | <b>Gulika</b> 10:39AM – 12:06PM  | <b>Ashlesha* Until 4:36AM Thu</b> | <b>Ganesha:</b> Clear <i>Sunrise:</i> 6:15AM |                           | Plava 5123                        |
|                     |                                  |             | Yama 7:43AM – 9:11AM   | Shula* Until 3:12PM               | <b>Muruqa:</b> White <i>Sunset:</i> 5:57PM   |                           | Moon 3 - Phase 1                  |
|                     | Creative Work                    | Siddha Yoga | 246784468 <b>Rahu</b> 12:06PM – 1:34PM   | Balava Until 9:19AM               | <b>Nataraja:</b> Purple                      |                           | Navami                            |
|                     |                                  |             | <b>Navami* Until 9:06PM</b>  | <b>Chaitra*Chaitra</b>            |  | <b>Subha Sivaloka Day</b> |                                   |

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| <b>1</b>                         |                    | <b>Thursday, April 22, 2021</b>                       |   | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam<br>Magha* Nakshatra Ganda* Vriddhi Yoga Taitila/Gara Karana Dashamyam Titau                          |                        | Lusaka, Zambia<br>Sun 24<br>Sutra 11 |  |
| Simha Rasi: 0.41                 | Tithi 10           | <b>Gulika</b><br>9:11AM – 10:38AM                     | <b>Magha* Until 4:10AM Fri</b>          | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:16AM | Plava 5123                           |  |
|                                  |                    | Yama<br>6:16AM – 7:43AM                               | Ganda* Until 1:29PM                     | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:57PM  | Moon 3 - Phase 2                     |  |
|                                  |                    | 257784468 <b>Rahu</b><br>1:34PM – 3:01PM              | Taitila Until 8:43AM                    | <b>Nataraja:</b> Purple  |                        | 4th Phase                            |  |
| Creative Work                    | Amrita Yoga        |   | <b>Dashami Until 8:05PM</b>             | <b>Chaitra*Chaitra</b>   |                        | <b>Sivaloka Day</b>                  |  |
| Until 4:10AM Fri                 |                    |   |   |  |                        |                                      |  |
| Then Creative Work - Siddha Yoga |                    |   |   |  |                        |                                      |  |
| <b>2</b>                         |                    | <b>Friday, April 23, 2021</b>                         |   | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam<br>Purvaphalguni Nakshatra Vriddhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau                |                        | Lusaka, Zambia<br>Sun 25<br>Sutra 12 |  |
| Simha Rasi: 14.23                | Tithi 11           | <b>Gulika</b><br>7:43AM – 9:11AM                      | <b>Purvaphalguni Until 2:49AM Sat</b>   | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:16AM | Plava 5123                           |  |
|                                  |                    | Yama<br>3:01PM – 4:28PM                               | Vriddhi Until 11:07AM                   | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:56PM  | Moon 3 - Phase 2                     |  |
|                                  |                    | 257784468 <b>Rahu</b><br>10:38AM – 12:06PM            | Vanija Until 7:17AM                     | <b>Nataraja:</b> Purple  |                        | 4th Phase                            |  |
| Creative Work                    | Siddha Yoga        |   | <b>Ekadashi Until 6:16PM</b>            | <b>Chaitra*Chaitra</b>   |                        | <b>Sivaloka Day</b>                  |  |
| Until 2:49AM Sat                 |                    |   |   |  |                        |                                      |  |
| Then Routine Work - Marana Yoga  |                    |   |   |  |                        |                                      |  |
| <b>3</b>                         |                    | <b>Saturday, April 24, 2021</b>                       |   | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam<br>Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau |                        | Lusaka, Zambia<br>Sun 26<br>Sutra 13 |  |
| Simha Rasi: 28.34                | Tithi 12 – 13      | <b>Gulika</b><br>6:16AM – 7:43AM                      | <b>Uttaraphalguni Until 12:42AM Sun</b> | <b>Ganesha:</b> Green  | <i>Sunrise:</i> 6:16AM | Plava 5123                           |  |
|                                  |                    | Yama<br>1:33PM – 3:00PM                               | Dhruva Until 8:08AM                     | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:56PM  | Moon 3 - Phase 2                     |  |
|                                  |                    | 257784469 <b>Rahu</b><br>9:11AM – 10:38AM             | Kaulava Until 2:18AM Sun                | <b>Nataraja:</b> Clear   |                        | 4th Phase                            |  |
| Routine Work                     | Marana Yoga        |   | <b>Dvadashi Until 3:45PM</b>            | <b>Chaitra*Chaitra</b>   |                        | <b>Devaloka Day</b>                  |  |
| Until 12:42AM Sun                |                    |   |   |  |                        |                                      |  |
| Then Creative Work - Amrita Yoga |                    |   | <i>Pradosha Vrata</i>                   |  |                        |                                      |  |
| <b>4</b>                         |                    | <b>Sunday, April 25, 2021</b>                         |   | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam<br>Hasta Nakshatra Harshana Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau                 |                        | Lusaka, Zambia<br>Sun 27<br>Sutra 14 |  |
| Kanya Rasi: 13.1                 | Tithi 13 – 14      | <b>Gulika</b><br>3:00PM – 4:27PM                      | <b>Hasta Until 10:22PM</b>              | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:16AM | Plava 5123                           |  |
|                                  |                    | Yama<br>12:05PM – 1:33PM                              | Harshana Until 12:51AM Mon              | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:55PM  | Moon 3 - Phase 2                     |  |
|                                  |                    | 267784469 <b>Rahu</b><br>4:27PM – 5:55PM              | Gara Until 11:01PM                      | <b>Nataraja:</b> Clear   |                        | 4th Phase                            |  |
| Creative Work                    | Amrita Yoga        |   | <b>Trayodashi Until 12:41PM</b>         | <b>Chaitra*Chaitra</b>   |                        | <b>Sivaloka Day</b>                  |  |
| Until 10:22PM                    |                    |   |   |  |                        |                                      |  |
| Then Creative Work - Siddha Yoga |                    |   |   |  |                        |                                      |  |
| <b>Monday, April 26, 2021</b>    |                    | <b>Copper Retreat Star</b>                            |   | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam<br>Chitra Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau                    |                        | Lusaka, Zambia<br>Sun 28<br>Sutra 15 |  |
| Kanya Rasi: 28.06                | Tithi 14 – 15      | <b>Gulika</b><br>1:32PM – 3:00PM                      | <b>Chitra Until 7:35PM</b>              | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:16AM | Plava 5123                           |  |
| <b>Family Home Evening</b>       |                    | Yama<br>10:38AM – 12:05PM                             | Vajra* Until 8:44PM                     | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:54PM  | Moon 3 - Phase 2                     |  |
| Routine Work                     | Prabalarishta Yoga | 267784469 <b>Rahu</b><br>7:44AM – 9:11AM              | Visti Until 7:25PM                      | <b>Nataraja:</b> Clear   |                        | Purnima                              |  |
| Until 7:35PM                     |                    |   | <b>Chaturdashi* Until 9:14AM</b>        | <b>Chaitra*Chaitra</b>   |                        | <b>Sivaloka Day</b>                  |  |
| Then Creative Work - Amrita Yoga |                    | <b>Chitra Purnima (Tamil Nadu)</b><br>Hanuman Jayanti |   |  |                        |                                      |  |
| <b>Tuesday, April 27, 2021</b>   |                    | <b>Silver Retreat Star</b>                            |   | Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam<br>Svati/Vishakha Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau      |                        | Lusaka, Zambia<br>Sun 29<br>Sutra 16 |  |
| Tula Rasi: 13.14                 | Tithi 16           | <b>Gulika</b><br>12:05PM – 1:32PM                     | <b>Svati Until 4:31PM</b>               | <b>Ganesha:</b> Red  | <i>Sunrise:</i> 6:16AM | Plava 5123                           |  |
|                                  |                    | Yama<br>9:11AM – 10:38AM                              | Siddhi Until 4:32PM                     | <b>Muruqa:</b> White   | <i>Sunset:</i> 5:54PM  | Moon 3 - Phase 2                     |  |
|                                  |                    | 267784469 <b>Rahu</b><br>2:59PM – 4:27PM              | Balava Until 3:41PM                     | <b>Nataraja:</b> Clear   |                        | Prathama                             |  |
| Creative Work                    | Siddha Yoga        |   | <b>Prathama* Until 1:47AM Wed</b>       | <b>Chaitra*Chaitra</b>   |                        | <b>Sivaloka Day</b>                  |  |
| Until 4:31PM                     |                    |   |   |  |                        |                                      |  |
| Then Routine Work - Marana Yoga  |                    |   |   |  |                        |                                      |  |

Pursuit of the duties of the stage of life to which each one belongs—that, verily, is the rule! Others are like branches of a stem. With this, one tends upwards; otherwise, downwards. Krishna Yajur Veda