



Saturday, May 9, 2020
Gold Retreat Star

Vrischika Rasi: 16.01 Tithi 17 – 18

Creative Work Siddha Yoga

277234469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Manta Vasara Yuktayam
Anuradha/Jyeshtha* Nakshatra Parigha*/Shiva Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 6:20AM – 8:06AM
Yama 3:08PM – 4:54PM
Rahu 9:51AM – 11:37AM

Anuradha Until 7:03AM
Parigha* Until 10:03AM
Vanija Until 9:37PM
Dvitiya Until 10:46AM

Ganesha: Purple
Muruqa: Clear
Nataraja: Clear
Moon – Orange

Sunrise: 6:20AM
Sunset: 8:25PM

Vaisaka*Chaitra

Dushanbe, Tajikistan
Sutra 27
Sarvari 5122
Moon 5 - Phase 4
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

1

Sunday, May 10, 2020

Dhanus Rasi: 0.16 Tithi 18 – 19

Creative Work Amrita Yoga

Until 4:42AM Mon

Then Routine Work - Marana Yoga

287234469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Shiva/Siddha Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Gulika 4:54PM – 6:40PM
Yama 1:23PM – 3:09PM
Rahu 6:40PM – 8:26PM

Mula* Until 4:42AM Mon
Shiva Until 7:10AM
Bava Until 7:46PM
Tritiya Until 8:35AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon – Light Blue

Sunrise: 6:19AM
Sunset: 8:26PM

Vaisaka*Chaitra

Dushanbe, Tajikistan
Sun 1 Sutra 28
Sarvari 5122
Moon 5 - Phase 4
1st Phase

Devaloka Day

2

Monday, May 11, 2020

Dhanus Rasi: 14.03 Tithi 19 – 20

Family Home Evening

Routine Work Marana Yoga

Until 4:39AM Tue

Then Routine Work - Prabalarishta Yoga

287234469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha* Nakshatra Sadhya Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 3:09PM – 4:55PM
Yama 11:37AM – 1:23PM
Rahu 8:04AM – 9:50AM

Purvashadha* Until 4:39AM Tue
Sadhya Until 3:10AM Tue
Kaulava Until 6:40PM
Chaturthi* Until 7:06AM

Ganesha: Clear
Muruqa: Clear
Nataraja: Clear
Moon – Light Blue

Sunrise: 6:18AM
Sunset: 8:27PM

Vaisaka*Chaitra

Dushanbe, Tajikistan
Sun 2 Sutra 29
Sarvari 5122
Moon 5 - Phase 4
1st Phase

Devaloka Day

3

Tuesday, May 12, 2020

Dhanus Rasi: 27.23 Tithi 20 – 21

Routine Work Prabalarishta Yoga

Until 5:15AM Wed

Then Creative Work - Siddha Yoga

288244469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha Nakshatra Subha Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 1:23PM – 3:09PM
Yama 9:50AM – 11:36AM
Rahu 4:55PM – 6:42PM

Uttarashadha Until 5:15AM Wed
Subha Until 2:08AM Wed
Gara Until 6:23PM
Panchami Until 6:24AM

Ganesha: Purple
Muruqa: Orange
Nataraja: Clear
Moon – Light Blue

Sunrise: 6:17AM
Sunset: 8:28PM

Vaisaka*Chaitra

Dushanbe, Tajikistan
Sun 3 Sutra 30
Sarvari 5122
Moon 5 - Phase 4
1st Phase

Sivaloka Day

4

Wednesday, May 13, 2020

Makara Rasi: 10.18 Tithi 21 – 22

Creative Work Siddha Yoga

298244469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana Nakshatra Sukla Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 11:36AM – 1:23PM
Yama 8:03AM – 9:49AM
Rahu 1:23PM – 3:09PM

Shravana Until 6:55AM Thu
Sukla Until 1:42AM Thu
Visti Until 6:54PM
Shashthi* Until 6:32AM

Ganesha: Clear
Muruqa: Orange
Nataraja: Clear
Moon – Purple

Sunrise: 6:16AM
Sunset: 8:29PM

Vaisaka*Chaitra

Dushanbe, Tajikistan
Sun 4 Sutra 31
Sarvari 5122
Moon 5 - Phase 4
1st Phase

Devaloka Day

Chidambaram Abhishekam

D

Thursday, May 14, 2020

Retreat Star

Makara Rasi: 22.51 Tithi 22 – 23

Creative Work Siddha Yoga

298244469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Brahma Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 9:49AM – 11:36AM
Yama 6:15AM – 8:02AM
Rahu 3:09PM – 4:56PM

Shravana Until 6:55AM
Brahma Until 1:49AM Fri
Balava Until 8:08PM
Saptami Until 7:25AM

Ganesha: Clear
Muruqa: Orange
Nataraja: Clear
Moon – Purple

Sunrise: 6:15AM
Sunset: 8:30PM

Vaisaka*Vaikasi

Dushanbe, Tajikistan
Sun 5 Sutra 32
Sarvari 5122
Moon 5 - Phase 4
Ashtami

Devaloka Day

Friday, May 15, 2020

Retreat Star

Kumbha Rasi: 5.07 Tithi 23 – 24

Creative Work Siddha Yoga

298244469

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Indra Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 8:02AM – 9:49AM
Yama 4:57PM – 6:44PM
Rahu 11:36AM – 1:23PM

Dhanishtha Until 9:03AM
Indra Until 2:20AM Sat
Taitila Until 9:56PM
Ashtami* Until 8:57AM

Ganesha: Clear
Muruqa: Orange
Nataraja: Clear
Moon – Purple

Sunrise: 6:15AM
Sunset: 8:31PM

Vaisaka*Vaikasi

Dushanbe, Tajikistan
Sun 6 Sutra 33
Sarvari 5122
Moon 5 - Phase 4
Navami

Devaloka Day

1	Saturday, May 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Vaidhriti* Yoga Gara/Vanija Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 7 Sutra 34
	Kumbha Rasi: 17.11	Tithi 24 – 25	Gulika 6:14AM – 8:01AM	Shatabhishak Until 11:28AM	Ganesha: Clear	<i>Sunrise:</i> 6:14AM	Sarvari 5122
			Yama 3:10PM – 4:57PM	Vaidhriti* Until 3:06AM Sun	Muruqa: Orange	<i>Sunset:</i> 8:32PM	Moon 5 - Phase 5
	298244469		Rahu 9:48AM – 11:35AM	Vanija Until 12:06AM Sun	Nataraja: Clear		2nd Phase
Creative Work	Amrita Yoga		Navami* Until 10:57AM	Moon – Purple		Devaloka Day	
Until 11:28AM				Vaisaka-Vaikasi			
Then Routine Work - Marana Yoga							

2	Sunday, May 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Vishkambha* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 35
	Kumbha Rasi: 29.07	Tithi 25 – 26	Gulika 4:58PM – 6:45PM	Purvaproshtapada* Until 2:29PM	Ganesha: Red	<i>Sunrise:</i> 6:13AM	Sarvari 5122
			Yama 1:23PM – 3:10PM	Vishkambha* Until 4:00AM Mon	Muruqa: Orange	<i>Sunset:</i> 8:32PM	Moon 5 - Phase 5
	218244469		Rahu 6:45PM – 8:32PM	Bava Until 2:27AM Mon	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 1:14PM	Moon – Clear		Devaloka Day	
Until 2:29PM				Vaisaka-Vaikasi			
Then Creative Work - Amrita Yoga							


3	Monday, May 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Priti Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 36
	Meena Rasi: 11	Tithi 26 – 27	Gulika 3:10PM – 4:58PM	Uttaraproshtapada Until 5:26PM	Ganesha: Green	<i>Sunrise:</i> 6:12AM	Sarvari 5122
			Yama 11:35AM – 1:23PM	Priti Until 4:56AM Tue	Muruqa: Orange	<i>Sunset:</i> 8:33PM	Moon 5 - Phase 5
	219244469		Rahu 8:00AM – 9:47AM	Kaulava Until 4:51AM Tue	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:38PM	Moon – Clear		Bhuloka Day	
Until 11:28AM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

4	Tuesday, May 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam Revati Nakshatra Ayushman Yoga Tailita/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 37
	Meena Rasi: 22.53	Tithi 27 – 28	Gulika 1:23PM – 3:11PM	Revati Until 8:10PM	Ganesha: Green	<i>Sunrise:</i> 6:11AM	Sarvari 5122
			Yama 9:47AM – 11:35AM	Ayushman Until 5:46AM Wed	Muruqa: Orange	<i>Sunset:</i> 8:34PM	Moon 5 - Phase 5
	219244469		Rahu 4:58PM – 6:46PM	Gara Until 7:08AM Wed	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 5:59PM	Moon – Clear		Bhuloka Day	
Until 11:04PM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

Pradosha Vrata (Fasting)

5	Wednesday, May 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Saubhagya Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 38
	Mesha Rasi: 4.48	Tithi 28	Gulika 11:35AM – 1:23PM	Ashvini Until 11:04PM	Ganesha: White	<i>Sunrise:</i> 6:11AM	Sarvari 5122
			Yama 7:59AM – 9:47AM	Saubhagya Until 6:27AM Thu	Muruqa: Orange	<i>Sunset:</i> 8:35PM	Moon 5 - Phase 5
	229244469		Rahu 1:23PM – 3:11PM	Gara Until 7:08AM	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Trayodashi* Until 8:10PM	Moon – White		Bhuloka Day	
Until 11:04PM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

6	Thursday, May 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam Bharani Nakshatra Saubhagya/Sobhana Yoga Visti*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 39
	Mesha Rasi: 16.48	Tithi 29	Gulika 9:46AM – 11:35AM	Bharani Until 1:31AM Fri	Ganesha: White	<i>Sunrise:</i> 6:10AM	Sarvari 5122
			Yama 6:10AM – 7:58AM	Saubhagya Until 6:27AM	Muruqa: Orange	<i>Sunset:</i> 8:36PM	Moon 5 - Phase 5
	229244469		Rahu 3:11PM – 4:59PM	Visti Until 9:11AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 10:05PM	Moon – White		Bhuloka Day	
Until 11:04PM				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

	Friday, May 22, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Sobhana/Athiganda* Yoga Catuspada*/Naga* Karana Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 40
	Retreat Star		Gulika 7:58AM – 9:46AM	Krittika Until 3:29AM Sat	Ganesha: White	<i>Sunrise:</i> 6:09AM	Sarvari 5122
	Mesha Rasi: 28.56	Tithi 30	Yama 5:00PM – 6:48PM	Sobhana Until 6:54AM	Muruqa: Orange	<i>Sunset:</i> 8:37PM	Moon 5 - Phase 5
	229244469		Rahu 11:35AM – 1:23PM	Catuspada Until 10:56AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 11:39PM	Moon – White		Bhuloka Day	
Until 3:29AM Sat				Vaisaka-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

Retreat Star	Saturday, May 23, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Rohini Nakshatra Athiganda*/Sukarma Yoga Kintughna*/Bava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 41
	Vrishabha Rasi: 11.12	Tithi 1	Gulika 6:09AM – 7:57AM	Rohini Until 5:22AM Sun	Ganesha: Green	<i>Sunrise:</i> 6:09AM	Sarvari 5122
			Yama 3:12PM – 5:00PM	Athiganda* Until 7:03AM	Muruqa: Orange	<i>Sunset:</i> 8:37PM	Moon 5 - Phase 5
	239244469		Rahu 9:46AM – 11:34AM	Kintughna Until 12:18PM	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 12:49AM Sun	Moon – Yellow		Bhuloka Day	
Until 5:22AM Sun				Jyeshtha-Vaikasi		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

When the soul gradually reduces and then stops altogether its participation in darkness and inauspicious powers, the Friend of the World, God, reveals to the soul the limitless character of its knowledge and activity. Mrigendra Agama Jnana Pada

All times are standard time

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1	Sunday, May 24, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Sukarma/Dhriti Yoga Balava/Kaulava Karana Dvitiyayam Titau		Dushanbe, Tajikistan Sun 15 Sutra 42	
	Vrishabha Rasi: 23.39 Tithi 2	Gulika 5:01PM – 6:49PM Yama 1:23PM – 3:12PM Rahu 6:49PM – 8:38PM	Mrigashira Until 6:40AM Mon Sukarma Until 6:54AM Balava Until 1:15PM Dvitiya Until 1:33AM Mon	Ganesha: Green Sunrise: 6:08AM Muruga: Orange Sunset: 8:38PM Nataraja: Clear Moon – Yellow	Sarvari 5122 Moon 5 - Phase 6 3rd Phase
	Creative Work Siddha Yoga	239244469		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

2	Monday, May 25, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Dhriti/Shula* Yoga Taitila/Gara Karana Tritiyayam Titau		Dushanbe, Tajikistan Sun 16 Sutra 43	
	Mithuna Rasi: 6.18 Tithi 3	Gulika 3:12PM – 5:01PM Yama 11:34AM – 1:23PM Rahu 7:56AM – 9:45AM	Mrigashira Until 6:40AM Dhriti Until 6:25AM Taitila Until 1:46PM Tritiya Until 1:49AM Tue	Ganesha: White Sunrise: 6:07AM Muruga: Orange Sunset: 8:39PM Nataraja: Clear Moon – Yellow	Sarvari 5122 Moon 5 - Phase 6 3rd Phase
	Family Home Evening Creative Work Amrita Yoga Until 6:40AM Then Creative Work - Siddha Yoga	339244469		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

3	Tuesday, May 26, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Ganda* Yoga Vanija/Visiti* Karana Chaturthyam Titau		Dushanbe, Tajikistan Sun 17 Sutra 44	
	Mithuna Rasi: 19.1 Tithi 4	Gulika 1:23PM – 3:12PM Yama 9:45AM – 11:34AM Rahu 5:02PM – 6:51PM	Ardra Until 7:23AM Ganda* Until 4:21AM Wed Vanija Until 1:49PM Chaturthi* Until 1:39AM Wed	Ganesha: Light Blue Sunrise: 6:07AM Muruga: Orange Sunset: 8:40PM Nataraja: Clear Moon – Yellow	Sarvari 5122 Moon 5 - Phase 6 3rd Phase
	Routine Work Marana Yoga Until 7:23AM Then Creative Work - Siddha Yoga	331244469		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

4	Wednesday, May 27, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Vriddhi Yoga Bava/Balava Karana Panchamyam Titau		Dushanbe, Tajikistan Sun 18 Sutra 45	
	Kataka Rasi: 2.15 Tithi 5	Gulika 11:34AM – 1:23PM Yama 7:56AM – 9:45AM Rahu 1:23PM – 3:13PM	Punarvasu Until 7:57AM Vriddhi Until 2:48AM Thu Bava Until 1:25PM Panchami Until 1:01AM Thu	Ganesha: Purple Sunrise: 6:06AM Muruga: Orange Sunset: 8:41PM Nataraja: Clear Moon – Blue	Sarvari 5122 Moon 5 - Phase 6 3rd Phase
	Creative Work Siddha Yoga	341244469		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

5	Thursday, May 28, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Dhruva Yoga Kaulava/Taitila Karana Shashthyam Titau		Dushanbe, Tajikistan Sun 19 Sutra 46	
	Kataka Rasi: 15.35 Tithi 6	Gulika 9:45AM – 11:34AM Yama 6:06AM – 7:55AM Rahu 3:13PM – 5:02PM	Pushya Until 7:55AM Dhruva Until 12:51AM Fri Kaulava Until 12:33PM Shashthi* Until 11:56PM	Ganesha: Purple Sunrise: 6:06AM Muruga: Orange Sunset: 8:41PM Nataraja: Clear Moon – Blue	Sarvari 5122 Moon 5 - Phase 6 3rd Phase
	Creative Work Amrita Yoga Until 7:55AM Then Creative Work - Siddha Yoga	341244469		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

6	Friday, May 29, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Vyaghata* Yoga Gara/Vanija Karana Saptamyam Titau		Dushanbe, Tajikistan Sun 20 Sutra 47	
	Kataka Rasi: 29.1 Tithi 7	Gulika 7:55AM – 9:44AM Yama 5:03PM – 6:52PM Rahu 11:34AM – 1:24PM	Ashlesha* Until 7:17AM Vyaghata* Until 10:33PM Gara Until 11:14AM Saptami Until 10:24PM	Ganesha: Clear Sunrise: 6:05AM Muruga: Orange Sunset: 8:42PM Nataraja: Clear Moon – Blue	Sarvari 5122 Moon 5 - Phase 6 3rd Phase
	Routine Work Marana Yoga	341344469		Devaloka Day	

D	Saturday, May 30, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Harshana Yoga Visti*/Bava Karana Ashtamyam Titau		Dushanbe, Tajikistan Sun 21 Sutra 48	
	Retreat Star	Gulika 6:05AM – 7:55AM Yama 3:14PM – 5:03PM Rahu 9:44AM – 11:34AM	Magha* Until 6:30AM Harshana Until 7:55PM Visti Until 9:29AM Ashtami* Until 8:26PM	Ganesha: Purple Sunrise: 6:05AM Muruga: Orange Sunset: 8:43PM Nataraja: Clear Moon – Red	Sarvari 5122 Moon 5 - Phase 6 Ashtami
	Simha Rasi: 13.02 Tithi 8	351344469		Sivaloka Day	
	Creative Work Amrita Yoga Until 6:30AM Then Creative Work - Siddha Yoga				


D	Sunday, May 31, 2020	Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni Nakshatra Vajra*/Siddhi Yoga Balava/Kaulava Karana Navamyam Titau		Dushanbe, Tajikistan Sun 22 Sutra 49	
	Retreat Star	Gulika 5:04PM – 6:54PM Yama 1:24PM – 3:14PM Rahu 6:54PM – 8:43PM	Uttaraphalguni Until 3:21AM Mon Vajra* Until 4:58PM Balava Until 7:20AM Navami* Until 6:06PM	Ganesha: Purple Sunrise: 6:04AM Muruga: Orange Sunset: 8:43PM Nataraja: Clear Moon – Red	Sarvari 5122 Moon 5 - Phase 6 Navami
	Simha Rasi: 27.08 Tithi 9	351344469		Sivaloka Day	
	Creative Work Amrita Yoga Until 3:21AM Mon Then Creative Work - Siddha Yoga				

1	Monday, June 1, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Indu Vasara Yuktayam Hasla Nakshatra Siddhi/Vyatipata* Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 50
	Kanya Rasi: 11.29	Tithi 10 – 11	Gulika 3:14PM – 5:04PM	Hasta Until 1:32AM Tue	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Sarvari 5122
	Family Home Evening	361344469	Yama 11:34AM – 1:24PM	Siddhi Until 1:45PM	Muruqa: Orange	<i>Sunset:</i> 8:44PM	Moon 5 - Phase 7
	Creative Work	Siddha Yoga	Rahu 7:54AM – 9:44AM	Vanija Until 2:04AM Tue	Nataraja: Clear		4th Phase
			Dashami Until 3:27PM			Devaloka Day	
					Jyeshtha-Vaikasi		

2	Tuesday, June 2, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Mangala Vasara Yuktayam Chitra Nakshatra Vyatipata*/Variyan Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 51
	Kanya Rasi: 26.02	Tithi 11 – 12	Gulika 1:24PM – 3:14PM	Chitra Until 11:24PM	Ganesha: Clear	<i>Sunrise:</i> 6:04AM	Sarvari 5122
		361344469	Yama 9:44AM – 11:34AM	Vyatipata* Until 10:21AM	Muruqa: Orange	<i>Sunset:</i> 8:45PM	Moon 5 - Phase 7
	Creative Work	Siddha Yoga	Rahu 5:05PM – 6:55PM	Bava Until 11:07PM	Nataraja: Clear		4th Phase
			Ekadashi Until 12:35PM			Devaloka Day	
					Jyeshtha-Vaikasi		

3	Wednesday, June 3, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Budha Vasara Yuktayam Svati Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 52
	Tula Rasi: 10.41	Tithi 12 – 13	Gulika 11:34AM – 1:24PM	Svati Until 9:04PM	Ganesha: Clear	<i>Sunrise:</i> 6:03AM	Sarvari 5122
		361344469	Yama 7:54AM – 9:44AM	Variyan Until 6:50AM	Muruqa: Orange	<i>Sunset:</i> 8:45PM	Moon 5 - Phase 7
	Creative Work	Siddha Yoga	Rahu 1:24PM – 3:15PM	Kaulava Until 8:06PM	Nataraja: Clear		4th Phase
			Dvadashi Until 9:36AM			Devaloka Day	
					Jyeshtha-Vaikasi		
					<i>Pradosha Vrata</i>		

4	Thursday, June 4, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Guru Vasara Yuktayam Vishakha Nakshatra Shiva Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 53
	Tula Rasi: 25.22	Tithi 13 – 14	Gulika 9:44AM – 11:34AM	Vishakha Until 7:05PM	Ganesha: White	<i>Sunrise:</i> 6:03AM	Sarvari 5122
		371344469	Yama 6:03AM – 7:53AM	Shiva Until 11:54PM	Muruqa: Orange	<i>Sunset:</i> 8:46PM	Moon 5 - Phase 7
	Creative Work	Siddha Yoga	Rahu 3:15PM – 5:05PM	Vanija Until 3:45AM Fri	Nataraja: Clear		4th Phase
			Trayodashi Until 6:36AM			Sivaloka Day	
		Vaikasi Visakam			Jyeshtha-Vaikasi		

	Friday, June 5, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Sukla Pakshe Sukra Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Siddha Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sun 27 Sutra 54
	Copper Retreat Star		Gulika 7:53AM – 9:44AM	Anuradha Until 5:11PM	Ganesha: Yellow	<i>Sunrise:</i> 6:03AM	Sarvari 5122
	Vrischika Rasi: 9.56	Tithi 15	Yama 5:06PM – 6:56PM	Siddha Until 8:40PM	Muruqa: Orange	<i>Sunset:</i> 8:47PM	Moon 5 - Phase 7
		372344461	Rahu 11:34AM – 1:25PM	Visti Until 2:26PM	Nataraja: Yellow		Purnima
Creative Work	Siddha Yoga		Purnima* Until 1:11AM Sat			Devaloka Day	
Until 5:11PM		Penumbra Lunar Eclipse		Jyeshtha-Vaikasi			
Then Routine Work - Marana Yoga							

5	Saturday, June 6, 2020		Sarvari Nama Samvatsare Uтарыane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 28 Sutra 55
	Silver Retreat Star		Gulika 6:03AM – 7:53AM	Jyeshtha* Until 3:31PM	Ganesha: Yellow	<i>Sunrise:</i> 6:03AM	Sarvari 5122
	Vrischika Rasi: 24.17	Tithi 16	Yama 3:16PM – 5:06PM	Sadhya Until 5:46PM	Muruqa: Orange	<i>Sunset:</i> 8:47PM	Moon 5 - Phase 7
		372344461	Rahu 9:44AM – 11:34AM	Balava Until 12:03PM	Nataraja: Yellow		Prathama
Creative Work	Siddha Yoga		Prathama* Until 11:01PM			Devaloka Day	
				Jyeshtha-Vaikasi			



Sunday, June 7, 2020
Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula*/Purvashadha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Dvityayam Titau

Dushanbe, Tajikastan
Sun 1 Sutra 56

Dhanus Rasi: 8.21 Tithi 17

382344461

Gulika 5:06PM – 6:57PM
Yama 1:25PM – 3:16PM
Rahu 6:57PM – 8:48PM

Mula* Until 2:37PM
Subha Until 3:18PM
Taitila Until 10:09AM
Dvitiya Until 9:24PM

Ganesha: Blue *Sunrise: 6:02AM*
Muruqa: Orange *Sunset: 8:48PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Vaikasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga
Until 2:37PM
Then Creative Work - Siddha Yoga

1

Monday, June 8, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Indu Vasara Yuktayam
Purvashadha*/Uttarashadha Nakshatra Sukla/Brahma Yoga Vanija/Visli* Karana Trityayam Titau

Dushanbe, Tajikastan
Sun 2 Sutra 57

Dhanus Rasi: 22.03 Tithi 18

382344461

Gulika 3:16PM – 5:07PM
Yama 11:34AM – 1:25PM
Rahu 7:53AM – 9:44AM

Purvashadha* Until 2:13PM
Sukla Until 1:19PM
Vanija Until 8:51AM
Tritiya Until 8:26PM

Ganesha: Blue *Sunrise: 6:02AM*
Muruqa: Orange *Sunset: 8:48PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Vaikasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Family Home Evening
Routine Work Marana Yoga

2

Tuesday, June 9, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttarashadha*/Shravana Nakshatra Brahma/Indra Yoga Bava/Balava Karana Chaturthayam Titau

Dushanbe, Tajikastan
Sun 3 Sutra 58

Makara Rasi: 5.22 Tithi 19

382344461

Gulika 1:25PM – 3:16PM
Yama 9:44AM – 11:35AM
Rahu 5:07PM – 6:58PM

Uttarashadha Until 2:20PM
Brahma Until 11:55AM
Bava Until 8:14AM
Chaturthi* Until 8:11PM

Ganesha: Blue *Sunrise: 6:02AM*
Muruqa: Orange *Sunset: 8:49PM*
Nataraja: Yellow
Moon – Light Blue
Jyeshtha-Vaikasi

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Routine Work Prabalarishta Yoga
Until 2:20PM
Then Creative Work - Siddha Yoga

3

Wednesday, June 10, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Budha Vasara Yuktayam
Shravana/Dhanishtha Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikastan
Sun 4 Sutra 59

Makara Rasi: 18.18 Tithi 20

392344461

Gulika 11:35AM – 1:26PM
Yama 7:53AM – 9:44AM
Rahu 1:26PM – 3:17PM

Shravana Until 3:29PM
Indra Until 11:06AM
Kaulava Until 8:20AM
Panchami Until 8:39PM

Ganesha: Red *Sunrise: 6:02AM*
Muruqa: Orange *Sunset: 8:49PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Vaikasi

Devaloka Day

Creative Work Siddha Yoga
Until 3:29PM
Then Routine Work - Prabalarishta Yoga

4

Thursday, June 11, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Guru Vasara Yuktayam
Dhanishtha/Shatabhishak Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikastan
Sun 5 Sutra 60

Kumbha Rasi: 0.54 Tithi 21

392344461

Gulika 9:44AM – 11:35AM
Yama 6:02AM – 7:53AM
Rahu 3:17PM – 5:08PM

Dhanishtha Until 5:09PM
Vaidhriti* Until 10:48AM
Gara Until 9:09AM
Shashthi* Until 9:47PM

Ganesha: Red *Sunrise: 6:02AM*
Muruqa: Orange *Sunset: 8:50PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

5

Friday, June 12, 2020

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Sukra Vasara Yuktayam
Shatabhishak Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikastan
Sun 6 Sutra 61

Kumbha Rasi: 13.13 Tithi 22

392344461

Gulika 7:53AM – 9:44AM
Yama 5:08PM – 6:59PM
Rahu 11:35AM – 1:26PM

Shatabhishak Until 7:12PM
Vishkambha* Until 11:00AM
Visti Until 10:35AM
Saptami Until 11:28PM

Ganesha: Red *Sunrise: 6:02AM*
Muruqa: Orange *Sunset: 8:50PM*
Nataraja: Yellow
Moon – Purple
Jyeshtha-Vaikasi

Devaloka Day

Creative Work Siddha Yoga

D

Saturday, June 13, 2020
Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Vrishabha Mase Krishna Pakshe Mantla Vasara Yuktayam
Purvaproshtapada* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikastan
Sun 7 Sutra 62

Kumbha Rasi: 25.2 Tithi 23

312344461

Gulika 6:02AM – 7:53AM
Yama 3:17PM – 5:09PM
Rahu 9:44AM – 11:35AM

Purvaproshtapada* Until 9:59PM
Priti Until 11:34AM
Balava Until 12:29PM
Ashtami* Until 1:32AM Sun

Ganesha: Clear *Sunrise: 6:02AM*
Muruqa: Orange *Sunset: 8:51PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Vaikasi

Devaloka Day

Routine Work Marana Yoga
Until 9:59PM
Then Creative Work - Siddha Yoga

Sunday, June 14, 2020

Retreat Star

Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraproshtapada Nakshatra Ayushmani/Saubhagya Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikastan
Sun 8 Sutra 63

Meena Rasi: 7.19 Tithi 24

312344461

Gulika 5:09PM – 7:00PM
Yama 1:26PM – 3:18PM
Rahu 7:00PM – 8:51PM

Uttaraproshtapada Until 12:50AM Mon
Ayushman Until 12:20PM
Taitila Until 2:41PM
Navami* Until 3:49AM Mon

Ganesha: Clear *Sunrise: 6:02AM*
Muruqa: Orange *Sunset: 8:51PM*
Nataraja: Yellow
Moon – Clear
Jyeshtha-Ani

Devaloka Day

Creative Work Amrita Yoga
Until 12:50AM Mon
Then Creative Work - Siddha Yoga

Monday, June 15, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yukhtayam Revati Nakshatra Saubhagya/Sobhana Yoga Vanija/Visti* Karana Dasharnyam Titau		Dushanbe, Tajikastan Sun 9 Sutra 64	
1	Meena Rasi: 19.13 Tithi 25 Family Home Evening Creative Work Siddha Yoga	Gulika 3:18PM – 5:09PM Yama 11:35AM – 1:27PM Rahu 7:53AM – 9:44AM	Revati Until 3:33AM Tue Saubhagya Until 1:14PM Vanija Until 5:00PM Dashami Until 6:08AM Tue	Ganesha: Clear <i>Sunrise:</i> 6:02AM Muruqa: Orange <i>Sunset:</i> 8:52PM Nataraja: Yellow Moon – Clear	<i>Sarvari 5122</i> Moon 6 - Phase 9 2nd Phase Devaloka Day
Tuesday, June 16, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yukhtayam Ashvini Nakshatra Sobhana/Athiganda* Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Dushanbe, Tajikastan Sun 10 Sutra 65	
2	Mesha Rasi: 1.07 Tithi 25 – 26 Creative Work Siddha Yoga	Gulika 1:27PM – 3:18PM Yama 9:44AM – 11:36AM Rahu 5:09PM – 7:01PM	Ashvini Until 6:29AM Wed Sobhana Until 2:07PM Bava Until 7:15PM Dashami Until 6:08AM	Ganesha: Purple <i>Sunrise:</i> 6:02AM Muruqa: Orange <i>Sunset:</i> 8:52PM Nataraja: Yellow Moon – White	<i>Sarvari 5122</i> Moon 6 - Phase 9 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Wednesday, June 17, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yukhtayam Ashvini/Bharani Nakshatra Athiganda*/Sukarma Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau		Dushanbe, Tajikastan Sun 11 Sutra 66	
3	Mesha Rasi: 13.05 Tithi 26 – 27 Routine Work Marana Yoga Until 6:29AM Then Creative Work - Siddha Yoga	Gulika 11:36AM – 1:27PM Yama 7:53AM – 9:45AM Rahu 1:27PM – 3:18PM	Ashvini Until 6:29AM Athiganda* Until 2:48PM Kaulava Until 9:16PM Ekadashi* Until 8:17AM	Ganesha: Purple <i>Sunrise:</i> 6:02AM Muruqa: Orange <i>Sunset:</i> 8:52PM Nataraja: Yellow Moon – White	<i>Sarvari 5122</i> Moon 6 - Phase 9 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Thursday, June 18, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yukhtayam Bharani/Krittika Nakshatra Sukarma/Dhriti Yoga Talita/Gara Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikastan Sun 12 Sutra 67	
4	Mesha Rasi: 25.1 Tithi 27 – 28 Creative Work Siddha Yoga Until 8:57AM Then Routine Work - Marana Yoga	Gulika 9:45AM – 11:36AM Yama 6:02AM – 7:53AM Rahu 3:19PM – 5:10PM	Bharani Until 8:57AM Sukarma Until 3:15PM Gara Until 10:54PM Dvadashi* Until 10:07AM <i>Pradosha Vrata (Fasting)</i>	Ganesha: Purple <i>Sunrise:</i> 6:02AM Muruqa: Orange <i>Sunset:</i> 8:52PM Nataraja: Yellow Moon – White	<i>Sarvari 5122</i> Moon 6 - Phase 9 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Friday, June 19, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yukhtayam Krittika/Rohini Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikastan Sun 13 Sutra 68	
5	Vrishabha Rasi: 7.25 Tithi 28 – 29 Creative Work Siddha Yoga Until 10:50AM Then Routine Work - Marana Yoga	Gulika 7:54AM – 9:45AM Yama 5:10PM – 7:01PM Rahu 11:36AM – 1:28PM	Krittika Until 10:50AM Dhriti Until 3:21PM Visti Until 12:03AM Sat Trayodashi* Until 11:32AM	Ganesha: Light Blue <i>Sunrise:</i> 6:02AM Muruqa: Orange <i>Sunset:</i> 8:53PM Nataraja: Yellow Moon – White	<i>Sarvari 5122</i> Moon 6 - Phase 9 2nd Phase Bhuloka Day Devaloka Time: 3:PM to 6:PM
Saturday, June 20, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Krishna Pakshe Manta Vasara Yukhtayam Rohini/Mrigashira Nakshatra Shula*/Ganda* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Dushanbe, Tajikastan Sun 14 Sutra 69	
Retreat Star	Vrishabha Rasi: 19.53 Tithi 29 – 30 Creative Work Amrita Yoga Until 12:33PM Then Creative Work - Siddha Yoga	Gulika 6:02AM – 7:54AM Yama 3:19PM – 5:10PM Rahu 9:45AM – 11:36AM	Rohini Until 12:33PM Shula* Until 3:01PM Catuspada Until 12:40AM Sun Chaturdashi* Until 12:25PM	Ganesha: Purple <i>Sunrise:</i> 6:02AM Muruqa: Orange <i>Sunset:</i> 8:53PM Nataraja: Yellow Moon – Yellow	<i>Sarvari 5122</i> Moon 6 - Phase 9 Amavasya Bhuloka Day Devaloka Time: 3:PM to 6:PM
Sunday, June 21, 2020		Sarvari Nama Samvatsare Utarayane Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yukhtayam Mrigashira/Ardra Nakshatra Ganda*/Vridhhi Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Dushanbe, Tajikastan Sun 15 Sutra 70	
Retreat Star	Mithuna Rasi: 3 Tithi 30 – 1 Creative Work Siddha Yoga	Gulika 5:11PM – 7:02PM Yama 1:28PM – 3:19PM Rahu 7:02PM – 8:53PM	Mrigashira Until 1:33PM Ganda* Until 2:15PM Kintughna Until 12:43AM Mon Amavasya* Until 12:45PM Father's Day Annular Solar Eclipse	Ganesha: Purple <i>Sunrise:</i> 6:03AM Muruqa: Orange <i>Sunset:</i> 8:53PM Nataraja: Yellow Moon – Yellow	<i>Sarvari 5122</i> Moon 6 - Phase 9 Prathama Bhuloka Day Devaloka Time: 3:PM to 6:PM

That which appears as cold or as hot, fresh or spoiled, good fortune and bad, love and hate, effort and laziness, the exalted and the deprived, the rich and the poor, the well-founded and the ill-founded, all this is God Himself; none other than Him can we know. Ajita Agama

All times are standard time

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Monday, June 22, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vridhhi/Dhruva Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 71	
1 Mithuna Rasi: 15.35 Family Home Evening Creative Work Siddha Yoga Until 1:53PM Then Creative Work - Amrita Yoga	Tithi 1 - 2 333344461	Gulika	3:19PM - 5:11PM	Ardra Until 1:53PM	Ganesha: Purple	Sunrise: 6:03AM	Sarvari 5122
		Yama	11:37AM - 1:28PM	Vridhhi Until 1:05PM	Muruqa: Orange	Sunset: 8:53PM	Moon 6 - Phase 10
		Rahu	7:54AM - 9:46AM	Balava Until 12:16AM Tue	Nataraja: Yellow		3rd Phase
				Prathama* Until 12:32PM	Ashada-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Tuesday, June 23, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 72	
2 Mithuna Rasi: 28.5 Creative Work Siddha Yoga	Tithi 2 - 3 343344461	Gulika	1:28PM - 3:20PM	Punarvasu Until 2:02PM	Ganesha: Light Blue	Sunrise: 6:03AM	Sarvari 5122
		Yama	9:46AM - 11:37AM	Dhruva Until 11:30AM	Muruqa: Orange	Sunset: 8:54PM	Moon 6 - Phase 10
		Rahu	5:11PM - 7:02PM	Taitila Until 11:21PM	Nataraja: Yellow		3rd Phase
				Dvitiya Until 11:50AM	Ashada-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Wednesday, June 24, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Vyaghata/Harshana Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 73	
3 Kataka Rasi: 12.19 Creative Work Siddha Yoga	Tithi 3 - 4 343444461	Gulika	11:37AM - 1:29PM	Pushya Until 1:37PM	Ganesha: Purple	Sunrise: 6:03AM	Sarvari 5122
		Yama	7:55AM - 9:46AM	Vyaghata* Until 9:35AM	Muruqa: Orange	Sunset: 8:54PM	Moon 6 - Phase 10
		Rahu	1:29PM - 3:20PM	Vanija Until 10:02PM	Nataraja: Yellow		3rd Phase
				Tritiya Until 10:43AM	Ashada-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Thursday, June 25, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha*/Magha* Nakshatra Harshana/Vajra* Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 74	
4 Kataka Rasi: 26.02 Creative Work Siddha Yoga Until 12:44PM Then Creative Work - Amrita Yoga	Tithi 4 - 5 343444461	Gulika	9:46AM - 11:38AM	Ashlesha* Until 12:44PM	Ganesha: Purple	Sunrise: 6:04AM	Sarvari 5122
		Yama	6:04AM - 7:55AM	Harshana Until 7:24AM	Muruqa: Orange	Sunset: 8:54PM	Moon 6 - Phase 10
		Rahu	3:20PM - 5:11PM	Bava Until 8:25PM	Nataraja: Yellow		3rd Phase
				Chaturthi* Until 9:15AM	Ashada-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

Friday, June 26, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddhi Yoga Balava/Kaulava Karana Panchami/Shashthiyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 75	
5 Simha Rasi: 9.55 Routine Work Marana Yoga Until 11:51AM Then Creative Work - Siddha Yoga	Tithi 5 - 6 353444461	Gulika	7:55AM - 9:47AM	Magha* Until 11:51AM	Ganesha: Clear	Sunrise: 6:04AM	Sarvari 5122
		Yama	5:11PM - 7:03PM	Siddhi Until 2:20AM Sat	Muruqa: Orange	Sunset: 8:54PM	Moon 6 - Phase 10
		Rahu	11:38AM - 1:29PM	Kaulava Until 6:33PM	Nataraja: Yellow		3rd Phase
				Panchami Until 7:29AM	Ashada-Ani	Devaloka Day	

Saturday, June 27, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vyatipata* Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 76	
6 Simha Rasi: 23.56 Creative Work Siddha Yoga Until 10:38AM Then Routine Work - Marana Yoga	Tithi 7 353444461	Gulika	6:05AM - 7:56AM	Purvaphalguni Until 10:38AM	Ganesha: Clear	Sunrise: 6:05AM	Sarvari 5122
		Yama	3:20PM - 5:11PM	Vyatipata* Until 11:35PM	Muruqa: Orange	Sunset: 8:54PM	Moon 6 - Phase 10
		Rahu	9:47AM - 11:38AM	Gara Until 4:29PM	Nataraja: Yellow		3rd Phase
				Saptami Until 3:22AM Sun	Ashada-Ani	Devaloka Day	

Sunday, June 28, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Variyan Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 77	
D Kanya Rasi: 8.04 Creative Work Amrita Yoga	Tithi 8 353444461	Gulika	5:12PM - 7:03PM	Uttaraphalguni Until 9:06AM	Ganesha: Clear	Sunrise: 6:05AM	Sarvari 5122
		Yama	1:29PM - 3:20PM	Variyan Until 8:41PM	Muruqa: Orange	Sunset: 8:54PM	Moon 6 - Phase 10
		Rahu	7:03PM - 8:54PM	Visti Until 2:16PM	Nataraja: Yellow		Ashtami
				Ashtami* Until 1:06AM Mon	Ashada-Ani	Devaloka Day	


Monday, June 29, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 78	
D Kanya Rasi: 22.17 Family Home Evening Creative Work Siddha Yoga Until 7:44AM Then Routine Work - Prabalarishta Yoga	Tithi 9 363444461	Gulika	3:21PM - 5:12PM	Hasta Until 7:44AM	Ganesha: White	Sunrise: 6:05AM	Sarvari 5122
		Yama	11:38AM - 1:30PM	Parigha* Until 5:45PM	Muruqa: Orange	Sunset: 8:54PM	Moon 6 - Phase 10
		Rahu	7:56AM - 9:47AM	Balava Until 11:57AM	Nataraja: Yellow		Navami
				Navami* Until 10:45PM	Ashada-Ani	Bhuloka Day Devaloka Time: 3:PM to 6:PM	

1	Tuesday, June 30, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Mangala Vasara Yuktayam				Dushanbe, Tajikistan
			Chitra/Svatil Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Dashamyam Titau				Sun 24 Sutra 79
	Tula Rasi: 6.33	Tithi 10	Gulika 1:30PM – 3:21PM	Chitra Until 6:10AM	Ganesha: White	<i>Sunrise:</i> 6:06AM	Sarvari 5122
			Yama 9:48AM – 11:39AM	Shiva Until 2:46PM	Muruqa: Orange	<i>Sunset:</i> 8:54PM	Moon 6 - Phase 11
		363444461 Rahu 5:12PM – 7:03PM	Taitila Until 9:35AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 8:23PM	Moon – Green		Bhuloka Day	
				Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

2	Wednesday, July 1, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Budha Vasara Yuktayam				Dushanbe, Tajikistan
			Vishakha Nakshatra Siddha/Sadhya Yoga Vanija/Vistil* Karana Ekadashyam Titau				Sun 25 Sutra 80
	Tula Rasi: 20.49	Tithi 11	Gulika 11:39AM – 1:30PM	Vishakha Until 3:05AM Thu	Ganesha: Yellow	<i>Sunrise:</i> 6:06AM	Sarvari 5122
			Yama 7:57AM – 9:48AM	Siddha Until 11:48AM	Muruqa: Orange	<i>Sunset:</i> 8:54PM	Moon 6 - Phase 11
		373444461 Rahu 1:30PM – 3:21PM	Vanija Until 7:13AM	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 6:02PM	Moon – Orange		Devaloka Day	
				Ashada*Ani			

3	Thursday, July 2, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Guru Vasara Yuktayam				Dushanbe, Tajikistan
			Anuradha Nakshatra Sadhya/Subha Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Sun 26 Sutra 81
	Vrischika Rasi: 5.02	Tithi 12 – 13	Gulika 9:48AM – 11:39AM	Anuradha Until 1:43AM Fri	Ganesha: Yellow	<i>Sunrise:</i> 6:07AM	Sarvari 5122
			Yama 6:07AM – 7:58AM	Sadhya Until 8:54AM	Muruqa: Orange	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 11
		373444461 Rahu 3:21PM – 5:12PM	Kaulava Until 2:47AM Fri	Nataraja: Yellow		4th Phase	
Creative Work	Siddha Yoga		Dvadashi Until 3:48PM	Moon – Orange		Devaloka Day	
Until 1:43AM Fri				Ashada*Ani			
Then Routine Work - Marana Yoga				<i>Pradosha Vrata</i>			

4	Friday, July 3, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Sukra Vasara Yuktayam				Dushanbe, Tajikistan
			Jyeshtha* Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Sun 27 Sutra 82
	Vrischika Rasi: 19.1	Tithi 13 – 14	Gulika 7:58AM – 9:49AM	Jyeshtha* Until 12:27AM Sat	Ganesha: Red	<i>Sunrise:</i> 6:07AM	Sarvari 5122
			Yama 5:12PM – 7:03PM	Subha Until 6:09AM	Muruqa: Orange	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 11
		374444461 Rahu 11:40AM – 1:30PM	Gara Until 12:52AM Sat	Nataraja: Yellow		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 1:46PM	Moon – Orange		Devaloka Day	
Until 12:27AM Sat				Ashada*Ani			
Then Creative Work - Siddha Yoga							

	Saturday, July 4, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Sukla Pakshe Manta Vasara Yuktayam				Dushanbe, Tajikistan
			Mula* Nakshatra Brahma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau				Sutra 83
	Dhanus Rasi: 3.07	Tithi 14 – 15	Gulika 6:08AM – 7:58AM	Mula* Until 11:48PM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM	Sarvari 5122
			Yama 3:21PM – 5:12PM	Brahma Until 1:20AM Sun	Muruqa: Orange	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 11
		384444461 Rahu 9:49AM – 11:40AM	Vistil Until 11:19PM	Nataraja: Yellow		Purnima	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:02PM	Moon – Light Blue		Bhuloka Day	
		Satguru Purnima		Ashada*Ani		Devaloka Time: 3:PM to 6:PM	

0	Sunday, July 5, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam				Dushanbe, Tajikistan
			Purvashadha* Nakshatra Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Sutra 84
	Dhanus Rasi: 16.5	Tithi 15 – 16	Gulika 5:12PM – 7:02PM	Purvashadha* Until 11:27PM	Ganesha: Blue	<i>Sunrise:</i> 6:08AM	Sarvari 5122
			Yama 1:31PM – 3:21PM	Indra Until 11:28PM	Muruqa: Orange	<i>Sunset:</i> 8:53PM	Moon 6 - Phase 11
		384444461 Rahu 7:02PM – 8:53PM	Balava Until 10:12PM	Nataraja: Yellow		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 10:41AM	Moon – Light Blue		Bhuloka Day	
Until 11:27PM		Penumbral Lunar Eclipse		Ashada*Ani		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

Being overcome by the fruits of his action, he enters a good or an evil womb, so that his course is downward or upward, and he wanders around, overcome by the pairs of opposites. Krishna Yajur Veda



Monday, July 6, 2020
Gold Retreat Star

Makara Rasi: 0.17 Tithi 16 – 17
Family Home Evening
Routine Work Marana Yoga
Until 11:29PM
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Gulika 3:21PM – 5:12PM
Yama 11:40AM – 1:31PM
Rahu 7:59AM – 9:50AM

Uttarashadha Until 11:29PM
Vaidhriti* Until 10:00PM
Taitila Until 9:37PM
Prathama* Until 9:49AM

Ganesha: Red
Muruqa: Orange
Nataraja: Yellow
Moon – Light Blue

Sunrise: 6:09AM
Sunset: 8:53PM

Ashada*Ani

Dushanbe, Tajikistan
Sutra 85
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Devaloka Day

1

Tuesday, July 7, 2020

Makara Rasi: 13.26 Tithi 17 – 18
494444461
Creative Work Siddha Yoga
Until 12:24AM Wed
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Shravana Nakshatra Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Gulika 1:31PM – 3:21PM
Yama 9:50AM – 11:41AM
Rahu 5:12PM – 7:02PM

Shravana Until 12:24AM Wed
Vishkambha* Until 9:00PM
Vanija Until 9:37PM
Dvitiya Until 9:31AM

Ganesha: Blue
Muruqa: Orange
Nataraja: Yellow
Moon – Purple

Sunrise: 6:09AM
Sunset: 8:52PM

Ashada*Ani

Dushanbe, Tajikistan
Sun 1 Sutra 86
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

2

Wednesday, July 8, 2020

Makara Rasi: 26.17 Tithi 18 – 19
494444461
Routine Work Prabalarishta Yoga
Until 1:46AM Thu
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha Nakshatra Priti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Gulika 11:41AM – 1:31PM
Yama 8:00AM – 9:51AM
Rahu 1:31PM – 3:21PM

Dhanishtha Until 1:46AM Thu
Priti Until 8:31PM
Bava Until 10:14PM
Tritiya Until 9:50AM

Ganesha: Blue
Muruqa: Orange
Nataraja: Yellow
Moon – Purple

Sunrise: 6:10AM
Sunset: 8:52PM

Ashada*Ani

Dushanbe, Tajikistan
Sun 2 Sutra 87
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

3

Thursday, July 9, 2020

Kumbha Rasi: 8.51 Tithi 19 – 20
494444461
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak Nakshatra Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Gulika 9:51AM – 11:41AM
Yama 6:11AM – 8:01AM
Rahu 3:21PM – 5:11PM

Shatabhishak Until 3:31AM Fri
Ayushman Until 8:27PM
Kaulava Until 11:26PM
Chaturthi* Until 10:44AM

Ganesha: Blue
Muruqa: Orange
Nataraja: Yellow
Moon – Purple

Sunrise: 6:11AM
Sunset: 8:52PM

Ashada*Ani

Dushanbe, Tajikistan
Sun 3 Sutra 88
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

4

Friday, July 10, 2020

Kumbha Rasi: 21.1 Tithi 20 – 21
414444461
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaprosarthapada* Nakshatra Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 8:01AM – 9:51AM
Yama 5:11PM – 7:01PM
Rahu 11:41AM – 1:31PM

Purvaprosarthapada* Until 6:04AM Sat
Saubhagya Until 8:47PM
Gara Until 1:07AM Sat
Panchami Until 12:12PM

Ganesha: Green
Muruqa: Orange
Nataraja: Yellow
Moon – Clear

Sunrise: 6:11AM
Sunset: 8:51PM

Ashada*Ani

Dushanbe, Tajikistan
Sun 4 Sutra 89
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

5

Saturday, July 11, 2020

Meena Rasi: 3.17 Tithi 21 – 22
414444461
Routine Work Marana Yoga
Until 6:04AM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Manita Vasara Yuktayam
Purvaprosarthapada*/Uttaraprosarthapada Nakshatra Sobhana Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 6:12AM – 8:02AM
Yama 3:21PM – 5:11PM
Rahu 9:52AM – 11:42AM

Purvaprosarthapada* Until 6:04AM
Sobhana Until 9:28PM
Visti Until 3:11AM Sun
Shashthi* Until 2:06PM

Ganesha: Green
Muruqa: Orange
Nataraja: Yellow
Moon – Clear

Sunrise: 6:12AM
Sunset: 8:51PM

Ashada*Ani

Dushanbe, Tajikistan
Sun 5 Sutra 90
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

6

Sunday, July 12, 2020

Meena Rasi: 15.16 Tithi 22 – 23
414444461
Creative Work Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Bhanu Vasara Yuktayam
Uttaraprosarthapada*/Revati Nakshatra Athiganda* Yoga Bava/Balava Karana Sapthami/Ashlamyam Titau

Gulika 5:11PM – 7:01PM
Yama 1:32PM – 3:21PM
Rahu 7:01PM – 8:51PM

Uttaraprosarthapada Until 8:47AM
Athiganda* Until 10:17PM
Balava Until 5:28AM Mon
Sapthami Until 4:17PM

Ganesha: Green
Muruqa: Orange
Nataraja: Yellow
Moon – Clear

Sunrise: 6:13AM
Sunset: 8:51PM

Ashada*Ani

Dushanbe, Tajikistan
Sun 6 Sutra 91
Sarvari 5122
Moon 7 - Phase 12
1st Phase

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Monday, July 13, 2020

Retreat Star

Meena Rasi: 27.11 Tithi 23
414444461
Family Home Evening
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Indu Vasara Yuktayam
Revati/Ashvini Nakshatra Sukarma Yoga Kaulava Karana Ashtamyam Titau

Gulika 3:21PM – 5:11PM
Yama 11:42AM – 1:32PM
Rahu 8:03AM – 9:53AM

Revati Until 11:29AM
Sukarma Until 11:11PM
Kaulava Until 6:36PM
Ashtami* Until 6:36PM

Ganesha: Green
Muruqa: Orange
Nataraja: Yellow
Moon – Clear

Sunrise: 6:13AM
Sunset: 8:50PM

Ashada*Ani

Dushanbe, Tajikistan
Sun 7 Sutra 92
Sarvari 5122
Moon 7 - Phase 12
Ashtami

Bhuloka Day
Devaloka Time: 3:PM to 6:PM

Tuesday, July 14, 2020

Retreat Star

Mesha Rasi: 9.05 Tithi 24
424444461
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Mangala Vasara Yuktayam
Ashvini/Bharani Nakshatra Dhriti Yoga Taitila/Gara Karana Navamyam Titau

Gulika 1:32PM – 3:21PM
Yama 9:53AM – 11:42AM
Rahu 5:11PM – 7:00PM

Ashvini Until 2:30PM
Dhriti Until 12:00AM Wed
Taitila Until 7:45AM
Navami* Until 8:49PM

Ganesha: Orange
Muruqa: Orange
Nataraja: Yellow
Moon – White

Sunrise: 6:14AM
Sunset: 8:50PM

Ashada*Ani

Dushanbe, Tajikistan
Sun 8 Sutra 93
Sarvari 5122
Moon 7 - Phase 12
Navami

Devaloka Day

Mind is indeed the source of bondage and also the source of liberation. To be bound to things of this world: this is bondage. To be free from them: this is liberation.
Krishna Yajur Veda

1		Wednesday, July 15, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Mithuna Mase Krishna Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Shula* Yoga Vanija/Visti* Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 94	
Mesha Rasi: 21.04	Tithi 25	Gulika 11:43AM – 1:32PM	Bharani Until 5:07PM	Ganesha: Clear	<i>Sunrise:</i> 6:15AM	Sarvari 5122	
		Yama 8:04AM – 9:53AM	Shula* Until 12:32AM Thu	Muruqa: Orange	<i>Sunset:</i> 8:49PM	Moon 7 - Phase 13	
	425444461	Rahu 1:32PM – 3:21PM	Vanija Until 9:51AM	Nataraja: Yellow		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 10:45PM	Moon – White		Devaloka Day	
Until 5:07PM				Ashada-Ani			
Then Creative Work - Amrita Yoga							

2		Thursday, July 16, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ganda* Yoga Bava/Balava Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 95	
Vrishabha Rasi: 3.11	Tithi 26	Gulika 9:54AM – 11:43AM	Krittika Until 7:09PM	Ganesha: Clear	<i>Sunrise:</i> 6:16AM	Sarvari 5122	
		Yama 6:16AM – 8:05AM	Ganda* Until 12:44AM Fri	Muruqa: Clear	<i>Sunset:</i> 8:48PM	Moon 7 - Phase 13	
	425454461	Rahu 3:21PM – 5:10PM	Bava Until 11:34AM	Nataraja: Yellow		2nd Phase	
Routine Work	Marana Yoga		Ekadashi* Until 12:13AM Fri	Moon – White		Devaloka Day	
				Ashada-Adi			

3		Friday, July 17, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Dvadashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 96	
Vrishabha Rasi: 15.31	Tithi 27	Gulika 8:05AM – 9:54AM	Rohini Until 8:56PM	Ganesha: Purple	<i>Sunrise:</i> 6:16AM	Sarvari 5122	
		Yama 5:10PM – 6:59PM	Vriddhi Until 12:27AM Sat	Muruqa: Clear	<i>Sunset:</i> 8:48PM	Moon 7 - Phase 13	
	435454462	Rahu 11:43AM – 1:32PM	Kaulava Until 12:44PM	Nataraja: White		2nd Phase	
Routine Work	Marana Yoga		Dvadashi* Until 1:04AM Sat	Moon – Yellow		Devaloka Day	
Until 8:56PM				Ashada-Adi			
Then Creative Work - Siddha Yoga							

4		Saturday, July 18, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Dhruva Yoga Gara/Vanija Karana Trayodashyam Titau		Dushanbe, Tajikistan Sun 12 Sutra 97	
Vrishabha Rasi: 28.07	Tithi 28	Gulika 6:17AM – 8:06AM	Mrigashira Until 9:54PM	Ganesha: Purple	<i>Sunrise:</i> 6:17AM	Sarvari 5122	
		Yama 3:21PM – 5:10PM	Dhruva Until 11:36PM	Muruqa: Clear	<i>Sunset:</i> 8:47PM	Moon 7 - Phase 13	
	435454462	Rahu 9:55AM – 11:43AM	Gara Until 1:15PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 1:14AM Sun	Moon – Yellow		Devaloka Day	
				Ashada-Adi			
				<i>Pradosha Vrata (Fasting)</i>			

5		Sunday, July 19, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Vyaghata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 13 Sutra 98	
Mithuna Rasi: 11.04	Tithi 29	Gulika 5:09PM – 6:58PM	Ardra Until 10:02PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:18AM	Sarvari 5122	
		Yama 1:32PM – 3:21PM	Vyaghata* Until 10:14PM	Muruqa: Clear	<i>Sunset:</i> 8:47PM	Moon 7 - Phase 13	
	435554462	Rahu 6:58PM – 8:47PM	Visti Until 1:04PM	Nataraja: White		2nd Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 12:43AM Mon	Moon – Yellow		Devaloka Day	
				Ashada-Adi			

Monday, July 20, 2020		Retreat Star		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Harshana Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Dushanbe, Tajikistan Sun 14 Sutra 99	
Mithuna Rasi: 24.21	Tithi 30	Gulika 3:21PM – 5:09PM	Punarvasu Until 9:51PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
Family Home Evening		Yama 11:44AM – 1:32PM	Harshana Until 8:22PM	Muruqa: Clear	<i>Sunset:</i> 8:46PM	Moon 7 - Phase 13	
Creative Work	Amrita Yoga	Rahu 8:07AM – 9:55AM	Catuspada Until 12:14PM	Nataraja: White		Amavasya	
Until 9:51PM			Amavasya* Until 11:35PM	Moon – Blue		Devaloka Day	
Then Creative Work - Siddha Yoga				Ashada-Adi			

Tuesday, July 21, 2020		Retreat Star		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Pushya Nakshatra Vajra* Yoga Kintughna*/Bava Karana Prathamayam Titau		Dushanbe, Tajikistan Sun 15 Sutra 100	
Kataka Rasi: 7.59	Tithi 1	Gulika 1:32PM – 3:21PM	Pushya Until 9:00PM	Ganesha: Purple	<i>Sunrise:</i> 6:19AM	Sarvari 5122	
		Yama 9:56AM – 11:44AM	Vajra* Until 6:03PM	Muruqa: Clear	<i>Sunset:</i> 8:45PM	Moon 7 - Phase 13	
	445554462	Rahu 5:09PM – 6:57PM	Kintughna Until 10:50AM	Nataraja: White		Prathama	
Creative Work	Siddha Yoga		Prathama* Until 9:55PM	Moon – Blue		Devaloka Day	
				Sravana-Adi			

1	Wednesday, July 22, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Ashlesha* Nakshatra Siddhi/Vyatipata* Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 101
	Kataka Rasi: 21.55	Tithi 2	Gulika 11:44AM – 1:32PM	Ashlesha* Until 7:35PM	Ganesha: Purple	<i>Sunrise:</i> 6:20AM	Sarvari 5122
			Yama 8:08AM – 9:56AM	Siddhi Until 3:23PM	Muruqa: Clear	<i>Sunset:</i> 8:44PM	Moon 7 - Phase 14
	Creative Work	Siddha Yoga	445554462 Rahu 1:32PM – 3:20PM	Balava Until 8:57AM	Nataraja: White		3rd Phase
			Dvitiya Until 7:51PM	Moon – Blue		Devaloka Day	
				Sravana-Adi			

2	Thursday, July 23, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Magha* Nakshatra Vyatipata*/Variyan Yoga Taitila/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 102
	Simha Rasi: 6.04	Tithi 3 – 4	Gulika 9:57AM – 11:45AM	Magha* Until 6:11PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:21AM	Sarvari 5122
			Yama 6:21AM – 8:09AM	Vyatipata* Until 12:29PM	Muruqa: Clear	<i>Sunset:</i> 8:44PM	Moon 7 - Phase 14
	Creative Work	Amrita Yoga	455554462 Rahu 3:20PM – 5:08PM	Taitila Until 6:44AM	Nataraja: White		3rd Phase
			Tritiya Until 5:31PM	Moon – Red		Devaloka Day	
				Sravana-Adi			

3	Friday, July 24, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Variyan/Parigha* Yoga Visli*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 103
	Simha Rasi: 20.23	Tithi 4 – 5	Gulika 8:09AM – 9:57AM	Purvaphalguni Until 4:29PM	Ganesha: Light Blue	<i>Sunrise:</i> 6:22AM	Sarvari 5122
			Yama 5:08PM – 6:55PM	Variyan Until 9:25AM	Muruqa: Clear	<i>Sunset:</i> 8:43PM	Moon 7 - Phase 14
	Creative Work	Siddha Yoga	455554462 Rahu 11:45AM – 1:32PM	Bava Until 1:47AM Sat	Nataraja: White		3rd Phase
			Chaturthi* Until 3:02PM	Moon – Red		Devaloka Day	
				Sravana-Adi			

4	Saturday, July 25, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Parigha*/Shiva Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 104
	Kanya Rasi: 4.44	Tithi 5 – 6	Gulika 6:23AM – 8:10AM	Uttaraphalguni Until 2:37PM	Ganesha: Purple	<i>Sunrise:</i> 6:23AM	Sarvari 5122
			Yama 3:20PM – 5:07PM	Parigha* Until 6:18AM	Muruqa: Clear	<i>Sunset:</i> 8:42PM	Moon 7 - Phase 14
	Routine Work	Marana Yoga	456554462 Rahu 9:57AM – 11:45AM	Kaulava Until 11:16PM	Nataraja: White		3rd Phase
			Panchami Until 12:30PM	Moon – Red		Devaloka Day	
			Nag Panchami	Sravana-Adi			

5	Sunday, July 26, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta/Chitra Nakshatra Siddha Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 105
	Kanya Rasi: 19.05	Tithi 6 – 7	Gulika 5:07PM – 6:54PM	Hasta Until 1:05PM	Ganesha: Clear	<i>Sunrise:</i> 6:23AM	Sarvari 5122
			Yama 1:32PM – 3:20PM	Siddha Until 12:11AM Mon	Muruqa: Clear	<i>Sunset:</i> 8:41PM	Moon 7 - Phase 14
	Creative Work	Amrita Yoga	466554462 Rahu 6:54PM – 8:41PM	Gara Until 8:51PM	Nataraja: White		3rd Phase
			Shashthi* Until 10:01AM	Moon – Green		Sivaloka Day	
				Sravana-Adi			

D	Monday, July 27, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Chitra/Svati Nakshatra Sadhya Yoga Vanija/Visli* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 106
	Retreat Star		Gulika 3:19PM – 5:06PM	Chitra Until 11:33AM	Ganesha: Clear	<i>Sunrise:</i> 6:24AM	Sarvari 5122
	Tula Rasi: 3.22	Tithi 7 – 8	Yama 11:45AM – 1:32PM	Sadhya Until 9:18PM	Muruqa: Clear	<i>Sunset:</i> 8:40PM	Moon 7 - Phase 14
	Family Home Evening		466554462 Rahu 8:11AM – 9:58AM	Visli Until 6:34PM	Nataraja: White		Ashtami
			Saptami Until 7:40AM	Moon – Green		Sivaloka Day	
				Sravana-Adi			

D	Tuesday, July 28, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Mangala Vasara Yuktayam Svati/Vishakha Nakshatra Subha Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 107
	Retreat Star		Gulika 1:32PM – 3:19PM	Svati Until 10:03AM	Ganesha: Clear	<i>Sunrise:</i> 6:25AM	Sarvari 5122
	Tula Rasi: 17.31	Tithi 9	Yama 9:59AM – 11:46AM	Subha Until 6:36PM	Muruqa: Clear	<i>Sunset:</i> 8:40PM	Moon 7 - Phase 14
	Creative Work	Siddha Yoga	466554462 Rahu 5:06PM – 6:53PM	Balava Until 4:30PM	Nataraja: White		Navami
			Navami* Until 3:32AM Wed	Moon – Green		Sivaloka Day	
				Sravana-Adi			

As the sun, the eye of the whole world, is not sullied by the external faults of the eyes, so the one inner soul of all things is not sullied by the sorrow in the world, being external to it. Krishna Yajur Veda

1		Wednesday, July 29, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Budha Vasara Yuktayam Vishakha/Anuradha Nakshatra Sukla/Brahma Yoga Taitila/Gara Karana Dashamyam Titau			Dushanbe, Tajikistan Sun 23 Sutra 108	
Wrischika Rasi: 1.32	Tithi 10	Gulika 11:46AM – 1:32PM	Vishakha Until 9:04AM	Ganesha: White	<i>Sunrise:</i> 6:26AM			Sarvari 5122
		Yama 8:13AM – 9:59AM	Sukla Until 4:04PM	Muruqa: Clear	<i>Sunset:</i> 8:39PM			Moon 7 - Phase 15
		476554462 Rahu 1:32PM – 3:19PM	Taitila Until 2:39PM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Dashami Until 1:48AM Thu	Moon – Orange			Devaloka Day	
				Sravana-Adi				

2		Thursday, July 30, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Guru Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Brahma/Indra Yoga Vanija/Visli* Karana Ekadashyam Titau			Dushanbe, Tajikistan Sun 24 Sutra 109	
Wrischika Rasi: 15.24	Tithi 11	Gulika 10:00AM – 11:46AM	Anuradha Until 8:11AM	Ganesha: White	<i>Sunrise:</i> 6:27AM			Sarvari 5122
		Yama 6:27AM – 8:13AM	Brahma Until 1:45PM	Muruqa: Clear	<i>Sunset:</i> 8:38PM			Moon 7 - Phase 15
		476554462 Rahu 3:19PM – 5:05PM	Vanija Until 1:04PM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 12:21AM Fri	Moon – Orange			Devaloka Day	
Until 8:11AM				Sravana-Adi				
Then Routine Work - Prabararishta Yoga								

3		Friday, July 31, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Sukra Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Indra/Vaidhriti* Yoga Bava/Balava Karana Dvadashyam Titau			Dushanbe, Tajikistan Sun 25 Sutra 110	
Wrischika Rasi: 29.05	Tithi 12	Gulika 8:14AM – 10:00AM	Jyeshtha* Until 7:26AM	Ganesha: White	<i>Sunrise:</i> 6:28AM			Sarvari 5122
		Yama 5:04PM – 6:51PM	Indra Until 11:41AM	Muruqa: Clear	<i>Sunset:</i> 8:37PM			Moon 7 - Phase 15
		476554462 Rahu 11:46AM – 1:32PM	Bava Until 11:46AM	Nataraja: White				4th Phase
Routine Work	Marana Yoga		Dvadashi Until 11:12PM	Moon – Orange			Devaloka Day	
Until 7:26AM				Sravana-Adi				
Then Creative Work - Amrita Yoga		Varalakshmi Vratam						

4		Saturday, August 1, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Manta Vasara Yuktayam Mula*/Purvashadha* Nakshatra Vaidhriti*/Vishkambha* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Dushanbe, Tajikistan Sun 26 Sutra 111	
Dhanus Rasi: 12.37	Tithi 13	Gulika 6:29AM – 8:14AM	Mula* Until 7:17AM	Ganesha: White	<i>Sunrise:</i> 6:29AM			Sarvari 5122
		Yama 3:18PM – 5:04PM	Vaidhriti* Until 9:51AM	Muruqa: Clear	<i>Sunset:</i> 8:36PM			Moon 7 - Phase 15
		487554462 Rahu 10:00AM – 11:46AM	Kaulava Until 10:46AM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Trayodashi Until 10:23PM	Moon – Light Blue			Subha Sivaloka Day	
				Sravana-Adi				
				<i>Pradosha Vrata</i>				

5		Sunday, August 2, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Chaturdashyam Titau			Dushanbe, Tajikistan Sun 27 Sutra 112	
Dhanus Rasi: 25.56	Tithi 14	Gulika 5:03PM – 6:49PM	Purvashadha* Until 7:19AM	Ganesha: White	<i>Sunrise:</i> 6:29AM			Sarvari 5122
		Yama 1:32PM – 3:18PM	Vishkambha* Until 8:18AM	Muruqa: Clear	<i>Sunset:</i> 8:35PM			Moon 7 - Phase 15
		487554462 Rahu 6:49PM – 8:35PM	Gara Until 10:08AM	Nataraja: White				4th Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 9:57PM	Moon – Light Blue			Subha Sivaloka Day	
Until 7:19AM				Sravana-Adi				
Then Creative Work - Amrita Yoga								

○		Monday, August 3, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Sukla Pakshe Indu Vasara Yuktayam Uttarashadha/Shravana Nakshatra Priti/Ayushman Yoga Visti*/Bava Karana Purnimayam Titau			Dushanbe, Tajikistan Sutra 113	
Copper Retreat Star		Gulika 3:17PM – 5:03PM	Uttarashadha Until 7:36AM	Ganesha: White	<i>Sunrise:</i> 6:30AM			Sarvari 5122
Makara Rasi: 9.02	Tithi 15	Yama 11:47AM – 1:32PM	Priti Until 7:05AM	Muruqa: Clear	<i>Sunset:</i> 8:34PM			Moon 7 - Phase 15
Family Home Evening		487554462 Rahu 8:16AM – 10:01AM	Visti Until 9:55AM	Nataraja: White				Purnima
Routine Work	Marana Yoga		Purnima* Until 9:57PM	Moon – Light Blue			Subha Sivaloka Day	
Until 7:36AM				Sravana-Adi				
Then Creative Work - Amrita Yoga		Raksha Bandhan						

○		Tuesday, August 4, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana/Dhanishtha Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau			Dushanbe, Tajikistan Sutra 114	
Silver Retreat Star		Gulika 1:32PM – 3:17PM	Shravana Until 8:38AM	Ganesha: Yellow	<i>Sunrise:</i> 6:31AM			Sarvari 5122
Makara Rasi: 21.55	Tithi 16	Yama 10:01AM – 11:47AM	Ayushman Until 6:12AM	Muruqa: Clear	<i>Sunset:</i> 8:33PM			Moon 7 - Phase 15
		497554462 Rahu 5:02PM – 6:47PM	Balava Until 10:08AM	Nataraja: White				Prathama
Creative Work	Siddha Yoga		Prathama* Until 10:24PM	Moon – Purple			Sivaloka Day	
				Sravana-Adi				

Truly, God is One; there can be no second. He alone governs these worlds with His powers. He stands facing beings. He, the herdsman, after bringing forth all worlds, reabsorbs them at the end of time. Krishna Yajur Veda

All times are standard time

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Wednesday, August 5, 2020

Gold Retreat Star

Kumbha Rasi: 4.35 Tithi 17
497554462
Routine Work Prabalarishta Yoga
Until 9:59AM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Dhanishtha/Shalabhishak Nakshatra Sobhana Yoga Tailila/Gara Karana Dvitiyayam Titau

Gulika 11:47AM – 1:32PM
Yama 8:17AM – 10:02AM
Rahu 1:32PM – 3:17PM
Dhanishtha Until 9:59AM
Sobhana Until 5:36AM Thu
Tailila Until 10:50AM
Dvitiya Until 11:21PM

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Purple
Sunrise: 6:32AM
Sunset: 8:31PM
Savarna-Adi

Dushanbe, Tajikistan
Sun 1 Sutra 115
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Sivaloka Day

1

Thursday, August 6, 2020

Kumbha Rasi: 17.01 Tithi 18
497554462
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam
Shatabhishak/Purvaproshtapada* Nakshatra Athiganda* Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 10:02AM – 11:47AM
Yama 6:33AM – 8:18AM
Rahu 3:16PM – 5:01PM
Shatabhishak Until 11:38AM
Athiganda* Until 5:50AM Fri
Vanija Until 12:01PM
Tritiya Until 12:46AM Fri

Ganesha: Yellow
Muruga: Clear
Nataraja: White
Moon – Purple
Sunrise: 6:33AM
Sunset: 8:30PM
Savarna-Adi

Dushanbe, Tajikistan
Sun 2 Sutra 116
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Sivaloka Day

2

Friday, August 7, 2020

Kumbha Rasi: 29.16 Tithi 19
417554462
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam
Purvaproshtapada/Uttaraproshtapada Nakshatra Sukarma Yoga Bava/Balava Karana Chaturtham Titau

Gulika 8:18AM – 10:03AM
Yama 5:00PM – 6:45PM
Rahu 11:47AM – 1:32PM
Purvaproshtapada* Until 2:03PM
Sukarma Until 6:23AM Sat
Bava Until 1:40PM
Chaturthi* Until 2:37AM Sat

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – Clear
Sunrise: 6:34AM
Sunset: 8:29PM
Savarna-Adi

Dushanbe, Tajikistan
Sun 3 Sutra 117
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Sivaloka Day

3

Saturday, August 8, 2020

Meena Rasi: 11.2 Tithi 20
418554462
Creative Work Siddha Yoga
Until 4:40PM
Then Routine Work - Prabalarishta Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Manta Vasara Yuktayam
Uttaraproshtapada/Revati Nakshatra Sukarma/Dhriti Yoga Kaulava/Tailila Karana Panchamyam Titau

Gulika 6:35AM – 8:19AM
Yama 3:16PM – 5:00PM
Rahu 10:03AM – 11:47AM
Uttaraproshtapada Until 4:40PM
Sukarma Until 6:23AM
Kaulava Until 3:42PM
Panchami Until 4:48AM Sun

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Clear
Sunrise: 6:35AM
Sunset: 8:28PM
Savarna-Adi

Dushanbe, Tajikistan
Sun 4 Sutra 118
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Devaloka Day

4

Sunday, August 9, 2020

Meena Rasi: 23.17 Tithi 21
418554462
Creative Work Amrita Yoga
Until 7:22PM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Bhanu Vasara Yuktayam
Revati Nakshatra Dhriti/Shula* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 4:59PM – 6:43PM
Yama 1:31PM – 3:15PM
Rahu 6:43PM – 8:27PM
Revati Until 7:22PM
Dhriti Until 7:12AM
Gara Until 5:59PM
Shashthi* Until 7:10AM Mon

Ganesha: Purple
Muruga: Clear
Nataraja: White
Moon – Clear
Sunrise: 6:36AM
Sunset: 8:27PM
Savarna-Adi

Dushanbe, Tajikistan
Sun 5 Sutra 119
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Devaloka Day

5

Monday, August 10, 2020

Mesha Rasi: 5.1 Tithi 21 – 22
428554462
Family Home Evening
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Indu Vasara Yuktayam
Ashvini Nakshatra Shula*/Ganda* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Gulika 3:15PM – 4:58PM
Yama 11:47AM – 1:31PM
Rahu 8:20AM – 10:04AM
Ashvini Until 10:30PM
Shula* Until 8:06AM
Visti Until 8:23PM
Shashthi* Until 7:10AM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – White
Sunrise: 6:36AM
Sunset: 8:26PM
Savarna-Adi

Dushanbe, Tajikistan
Sun 6 Sutra 120
Sarvari 5122
Moon 8 - Phase 16
1st Phase

Sivaloka Day

D

Tuesday, August 11, 2020

Retreat Star

Mesha Rasi: 17.02 Tithi 22 – 23
428554462
Creative Work Siddha Yoga
Until 1:20AM Wed
Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani Nakshatra Ganda*/Vridhhi Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 1:31PM – 3:14PM
Yama 10:04AM – 11:48AM
Rahu 4:58PM – 6:41PM
Bharani Until 1:20AM Wed
Ganda* Until 9:02AM
Balava Until 10:41PM
Saptami Until 9:32AM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – White
Sunrise: 6:37AM
Sunset: 8:24PM
Savarna-Adi

Dushanbe, Tajikistan
Sun 7 Sutra 121
Sarvari 5122
Moon 8 - Phase 16
Ashtami

Sivaloka Day

Wednesday, August 12, 2020

Retreat Star

Mesha Rasi: 28.59 Tithi 23 – 24
428554462
Creative Work Amrita Yoga
Until 3:41AM Thu
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika Nakshatra Vridhhi/Dhruva Yoga Kaulava/Tailila Karana Ashtami/Navamyam Titau

Gulika 11:48AM – 1:31PM
Yama 8:21AM – 10:04AM
Rahu 1:31PM – 3:14PM
Krittika Until 3:41AM Thu
Vridhhi Until 9:48AM
Tailila Until 12:39AM Thu
Ashtami* Until 11:42AM

Ganesha: Clear
Muruga: Clear
Nataraja: White
Moon – White
Sunrise: 6:38AM
Sunset: 8:23PM
Savarna-Adi

Dushanbe, Tajikistan
Sun 8 Sutra 122
Sarvari 5122
Moon 8 - Phase 16
Navami

Sivaloka Day

Where men move at will, in the threefold sphere, in the third heaven of heavens, where are realms full of light, in that radiant world make me immortal. Rig Veda Samhita

All times are standard time

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1	Thursday, August 13, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Guru Vasara Yuktayam Rohini Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashmyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 123
	Vrishabha Rasi: 11.05	Tithi 24 – 25	438654462	Gulika 10:05AM – 11:48AM Yama 6:39AM – 8:22AM Rahu 3:13PM – 4:56PM	Rohini Until 5:48AM Fri Dhruva Until 10:14AM Vanija Until 2:04AM Fri Navami* Until 1:25PM	Ganesha: Clear Sunrise: 6:39AM Muruga: Clear Sunset: 8:22PM Nataraja: White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase Sivaloka Day
	Routine Work Marana Yoga						
	Until 5:48AM Fri Then Creative Work - Siddha Yoga						

2	Friday, August 14, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Sukra Vasara Yuktayam Mrigashira Nakshatra Vyaghata/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 124
	Vrishabha Rasi: 23.25	Tithi 25 – 26	439654462	Gulika 8:23AM – 10:05AM Yama 4:56PM – 6:38PM Rahu 11:48AM – 1:30PM	Mrigashira Until 7:03AM Sat Vyaghata* Until 10:12AM Bava Until 2:47AM Sat Dashami Until 2:30PM	Ganesha: White Sunrise: 6:40AM Muruga: Clear Sunset: 8:21PM Nataraja: White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase Devaloka Day
	Creative Work Siddha Yoga						

3	Saturday, August 15, 2020		Sarvari Nama Samvatsare Dakshinaya Nartana Ritau Kataka Mase Krishna Pakshe Mantra Vasara Yuktayam Mrigashira/Ardra Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 125
	Mithuna Rasi: 6.05	Tithi 26 – 27	439654462	Gulika 6:41AM – 8:23AM Yama 3:12PM – 4:55PM Rahu 10:06AM – 11:48AM	Mrigashira Until 7:03AM Harshana Until 9:36AM Kaulava Until 2:43AM Sun Ekadashi* Until 2:50PM	Ganesha: White Sunrise: 6:41AM Muruga: Clear Sunset: 8:19PM Nataraja: White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase Devaloka Day
	Creative Work Siddha Yoga						

4	Sunday, August 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Ardra/Punarvasu Nakshatra Vajra*/Siddhi Yoga Tailila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 126
	Mithuna Rasi: 19.08	Tithi 27 – 28	439654462	Gulika 4:54PM – 6:36PM Yama 1:30PM – 3:12PM Rahu 6:36PM – 8:18PM	Ardra Until 7:22AM Vajra* Until 8:20AM Gara Until 1:50AM Mon Dvadashi* Until 2:21PM	Ganesha: White Sunrise: 6:42AM Muruga: Clear Sunset: 8:18PM Nataraja: White Moon – Yellow	Sarvari 5122 Moon 8 - Phase 17 2nd Phase Devaloka Day
	Creative Work Siddha Yoga						

Pradosha Vrata (Fasting)

5	Monday, August 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Punarvasu/Pushya Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 127
	Kataka Rasi: 2.38	Tithi 28 – 29	549654462	Gulika 3:12PM – 4:53PM Yama 11:48AM – 1:30PM Rahu 8:24AM – 10:06AM	Punarvasu Until 7:13AM Siddhi Until 8:27AM Visti Until 12:14AM Tue Trayodashi* Until 1:06PM	Ganesha: White Sunrise: 6:43AM Muruga: Clear Sunset: 8:17PM Nataraja: White Moon – Blue	Sarvari 5122 Moon 8 - Phase 17 2nd Phase Devaloka Day
	Creative Work Amrita Yoga						
	Until 7:13AM Then Creative Work - Siddha Yoga						

	Tuesday, August 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Pushya/Ashlesha* Nakshatra Variyan Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 128
	Retreat Star						
	Kataka Rasi: 16.32	Tithi 29 – 30	549654462	Gulika 1:30PM – 3:11PM Yama 10:07AM – 11:48AM Rahu 4:52PM – 6:34PM	Pushya Until 6:12AM Variyan Until 1:02AM Wed Catuspada Until 10:00PM Chaturdashi* Until 11:10AM	Ganesha: White Sunrise: 6:44AM Muruga: Clear Sunset: 8:15PM Nataraja: White Moon – Blue	Sarvari 5122 Moon 8 - Phase 17 Amavasya Devaloka Day
	Creative Work Siddha Yoga						

Retreat Star	Wednesday, August 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Magha* Nakshatra Parigha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 129
	Simha Rasi: 0.49	Tithi 30 – 1	559654462	Gulika 11:48AM – 1:29PM Yama 8:26AM – 10:07AM Rahu 1:29PM – 3:10PM	Magha* Until 2:36AM Thu Parigha* Until 9:44PM Kintughna Until 7:19PM Amavasya* Until 8:42AM	Ganesha: Green Sunrise: 6:44AM Muruga: Clear Sunset: 8:14PM Nataraja: White Moon – Red	Sarvari 5122 Moon 8 - Phase 17 Prathama Devaloka Day
	Creative Work Siddha Yoga						

1		Thursday, August 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni Nakshatra Shiva Yoga Balava/Kaulava Karana Dvilyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 130
Simha Rasi: 15.23	Tithi 2	Gulika 10:07AM – 11:48AM	Purvaphalguni Until 12:21AM Fri	Ganesha: Green	<i>Sunrise:</i> 6:45AM			Sarvari 5122
		Yama 6:45AM – 8:26AM	Shiva Until 6:11PM	Muruqa: Clear	<i>Sunset:</i> 8:13PM			Moon 8 - Phase 18
Creative Work	Siddha Yoga	559654462 Rahu 3:10PM – 4:51PM	Balava Until 4:19PM	Nataraja: White				3rd Phase
			Dvitiya Until 2:44AM Fri	Moon – Red			Devaloka Day	
				Bhadrapada-Avani				

2		Friday, August 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Tritiyayam Titau				Dushanbe, Tajikistan Sun 17 Sutra 131
Kanya Rasi: 0.08	Tithi 3	Gulika 8:27AM – 10:07AM	Uttaraphalguni Until 9:51PM	Ganesha: Green	<i>Sunrise:</i> 6:46AM			Sarvari 5122
		Yama 4:50PM – 6:31PM	Siddha Until 2:30PM	Muruqa: Clear	<i>Sunset:</i> 8:11PM			Moon 8 - Phase 18
Creative Work	Siddha Yoga	559654462 Rahu 11:48AM – 1:29PM	Taitila Until 1:10PM	Nataraja: White				3rd Phase
Until 9:51PM			Tritiya Until 11:35PM	Moon – Red			Devaloka Day	
Then Creative Work - Amrita Yoga				Bhadrapada-Avani				

3		Saturday, August 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Hasta Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Chaturtham Titau				Dushanbe, Tajikistan Sun 18 Sutra 132
Kanya Rasi: 14.55	Tithi 4	Gulika 6:47AM – 8:27AM	Hasta Until 7:41PM	Ganesha: Blue	<i>Sunrise:</i> 6:47AM			Sarvari 5122
		Yama 3:09PM – 4:49PM	Sadhya Until 10:50AM	Muruqa: Clear	<i>Sunset:</i> 8:10PM			Moon 8 - Phase 18
Routine Work	Marana Yoga	561654462 Rahu 10:08AM – 11:48AM	Vanija Until 10:02AM	Nataraja: White				3rd Phase
			Chaturthi* Until 8:29PM	Moon – Green			Devaloka Day	
		Ganesha Chaturthi		Bhadrapada-Avani				

4		Sunday, August 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Chitra/Svati Nakshatra Subha/Sukla Yoga Bava/Kaulava Karana Panchami/Shashtyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 133
Kanya Rasi: 29.37	Tithi 5 – 6	Gulika 4:48PM – 6:29PM	Chitra Until 5:36PM	Ganesha: Blue	<i>Sunrise:</i> 6:48AM			Sarvari 5122
		Yama 1:28PM – 3:08PM	Subha Until 7:19AM	Muruqa: Clear	<i>Sunset:</i> 8:09PM			Moon 8 - Phase 18
Creative Work	Siddha Yoga	561654462 Rahu 6:29PM – 8:09PM	Bava Until 7:02AM	Nataraja: White				3rd Phase
			Panchami Until 5:36PM	Moon – Green			Devaloka Day	
				Bhadrapada-Avani				

5		Monday, August 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Svati/Vishakha Nakshatra Brahma Yoga Taitila/Gara Karana Shashti/Saptamam Titau				Dushanbe, Tajikistan Sun 20 Sutra 134
Tula Rasi: 14.07	Tithi 6 – 7	Gulika 3:08PM – 4:48PM	Svati Until 3:41PM	Ganesha: Blue	<i>Sunrise:</i> 6:49AM			Sarvari 5122
Family Home Evening		Yama 11:48AM – 1:28PM	Brahma Until 12:57AM Tue	Muruqa: Clear	<i>Sunset:</i> 8:07PM			Moon 8 - Phase 18
Creative Work	Amrita Yoga	561654462 Rahu 8:29AM – 10:08AM	Gara Until 1:54AM Tue	Nataraja: White				3rd Phase
Until 3:41PM			Shashti* Until 3:02PM	Moon – Green			Devaloka Day	
Then Routine Work - Marana Yoga				Bhadrapada-Avani				

Retreat Star		Tuesday, August 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Vishakha/Anuradha Nakshatra Indra Yoga Vanija/Visti* Karana Saptami/Ashtamam Titau				Dushanbe, Tajikistan Sun 21 Sutra 135
Tula Rasi: 28.22	Tithi 7 – 8	Gulika 1:28PM – 3:07PM	Vishakha Until 2:27PM	Ganesha: Yellow	<i>Sunrise:</i> 6:50AM			Sarvari 5122
		Yama 10:09AM – 11:48AM	Indra Until 10:17PM	Muruqa: Clear	<i>Sunset:</i> 8:06PM			Moon 8 - Phase 18
Routine Work	Marana Yoga	571654462 Rahu 4:47PM – 6:26PM	Visti Until 11:57PM	Nataraja: White				Ashtami
Until 2:27PM			Saptami Until 12:51PM	Moon – Orange			Sivaloka Day	
Then Creative Work - Siddha Yoga				Bhadrapada-Avani				

Retreat Star		Wednesday, August 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Budha Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamam Titau				Dushanbe, Tajikistan Sun 22 Sutra 136
Vrischika Rasi: 12.2	Tithi 8 – 9	Gulika 11:48AM – 1:27PM	Anuradha Until 1:32PM	Ganesha: Yellow	<i>Sunrise:</i> 6:51AM			Sarvari 5122
		Yama 8:30AM – 10:09AM	Vaidhriti* Until 7:59PM	Muruqa: Clear	<i>Sunset:</i> 8:04PM			Moon 8 - Phase 18
Creative Work	Siddha Yoga	571654462 Rahu 1:27PM – 3:07PM	Balava Until 10:29PM	Nataraja: White				Navami
			Ashtami* Until 11:08AM	Moon – Orange			Sivaloka Day	
				Bhadrapada-Avani				

The knower, the author of time, the possessor of qualities and all knowledge, it is He who envelops the universe. Controlled by Him, this work of creation unfolds itself—that which is regarded as earth, water, fire, air and ether. Krishna Yajur Veda

All times are standard time

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1	Thursday, August 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Guru Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau		Dushanbe, Tajikistan Sun 23 Sutra 137
	Wrischika Rasi: 26.01	Tithi 9 – 10	Gulika 10:09AM – 11:48AM	Jyeshtha* Until 12:56PM	Ganesha: Yellow <i>Sunrise:</i> 6:51AM
			Yama 6:51AM – 8:30AM	Vishkambha* Until 6:04PM	Muruqa: Clear <i>Sunset:</i> 8:03PM
	571654463	Rahu 3:06PM – 4:45PM	Taitila Until 9:28PM	Nataraja: Clear	Moon 8 - Phase 19 4th Phase
Routine Work	Prabalarishta Yoga		Navami* Until 9:54AM	Moon – Orange	Devaloka Day
	Until 12:56PM			Bhadrapada*Avani	
	Then Creative Work - Siddha Yoga				


2	Friday, August 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Sukra Vasara Yuktayam Mula*/Purvashadha* Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau		Dushanbe, Tajikistan Sun 24 Sutra 138
	Dhanus Rasi: 9.25	Tithi 10 – 11	Gulika 8:31AM – 10:10AM	Mula* Until 1:05PM	Ganesha: White <i>Sunrise:</i> 6:52AM
			Yama 4:44PM – 6:23PM	Priti Until 4:32PM	Muruqa: Clear <i>Sunset:</i> 8:01PM
	581654463	Rahu 11:48AM – 1:27PM	Vanija Until 8:55PM	Nataraja: Clear	Moon 8 - Phase 19 4th Phase
Creative Work	Amrita Yoga		Dashami Until 9:07AM	Moon – Light Blue	Bhuloka Day
	Until 1:05PM			Bhadrapada*Avani	Devaloka Time: 3:PM to 6:PM
	Then Routine Work - Prabalarishta Yoga				

3	Saturday, August 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Manta Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Ayushman/Saubhagya Yoga Vistil*/Bava Karana Ekadashi/Dvadashyam Titau		Dushanbe, Tajikistan Sun 25 Sutra 139
	Dhanus Rasi: 22.35	Tithi 11 – 12	Gulika 6:53AM – 8:32AM	Purvashadha* Until 1:31PM	Ganesha: White <i>Sunrise:</i> 6:53AM
			Yama 3:05PM – 4:43PM	Ayushman Until 3:19PM	Muruqa: Clear <i>Sunset:</i> 8:00PM
	581654463	Rahu 10:10AM – 11:48AM	Bava Until 8:47PM	Nataraja: Clear	Moon 8 - Phase 19 4th Phase
Creative Work	Siddha Yoga		Ekadashi Until 8:47AM	Moon – Light Blue	Bhuloka Day
	Until 1:31PM			Bhadrapada*Avani	Devaloka Time: 3:PM to 6:PM
	Then Routine Work - Marana Yoga				

4	Sunday, August 30, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Saubhagya/Sobhana Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikistan Sun 26 Sutra 140
	Makara Rasi: 5.32	Tithi 12 – 13	Gulika 4:42PM – 6:20PM	Uttarashadha Until 2:11PM	Ganesha: White <i>Sunrise:</i> 6:54AM
			Yama 1:26PM – 3:04PM	Saubhagya Until 2:25PM	Muruqa: Clear <i>Sunset:</i> 7:58PM
	581654463	Rahu 6:20PM – 7:58PM	Kaulava Until 9:04PM	Nataraja: Clear	Moon 8 - Phase 19 4th Phase
Creative Work	Amrita Yoga		Dvadashi Until 8:52AM	Moon – Light Blue	Bhuloka Day
				Bhadrapada*Avani	Devaloka Time: 3:PM to 6:PM

Pradosha Vrata

5	Monday, August 31, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Indu Vasara Yuktayam Shravana/Dhanishtha Nakshatra Sobhana/Athiganda* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikistan Sun 27 Sutra 141
	Makara Rasi: 18.17	Tithi 13 – 14	Gulika 3:04PM – 4:41PM	Shravana Until 3:33PM	Ganesha: Clear <i>Sunrise:</i> 6:55AM
	Family Home Evening		Yama 11:48AM – 1:26PM	Sobhana Until 1:51PM	Muruqa: Clear <i>Sunset:</i> 7:57PM
	591654463	Rahu 8:33AM – 10:10AM	Gara Until 9:43PM	Nataraja: Clear	Moon 8 - Phase 19 4th Phase
Creative Work	Amrita Yoga		Trayodashi Until 9:19AM	Moon – Purple	Devaloka Day
	Until 3:33PM	Chidambaram Abhishekam		Bhadrapada*Avani	
	Then Creative Work - Siddha Yoga				

	Tuesday, September 1, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Sukla Pakshe Mangala Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Athiganda*/Sukarma Yoga Vanija/Vistil* Karana Chaturdashi/Purnimayam Titau		Dushanbe, Tajikistan Sun 28 Sutra 142
	Kumbha Rasi: 0.53	Tithi 14 – 15	Gulika 1:26PM – 3:03PM	Dhanishtha Until 5:07PM	Ganesha: Purple <i>Sunrise:</i> 6:56AM
			Yama 10:11AM – 11:48AM	Athiganda* Until 1:32PM	Muruqa: Clear <i>Sunset:</i> 7:55PM
	592654463	Rahu 4:40PM – 6:18PM	Vistil Until 10:45PM	Nataraja: Clear	Moon 8 - Phase 19 Purnima
Creative Work	Siddha Yoga		Chaturdashi* Until 10:10AM	Moon – Purple	Sivaloka Day
	Until 5:07PM	Avani Avittam		Bhadrapada*Avani	
	Then Routine Work - Marana Yoga				

6	Wednesday, September 2, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam Shatabhishak Nakshatra Sukarma/Dhriti Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Dushanbe, Tajikistan Sun 29 Sutra 143
	Kumbha Rasi: 13.18	Tithi 15 – 16	Gulika 11:48AM – 1:25PM	Shatabhishak Until 6:53PM	Ganesha: Purple <i>Sunrise:</i> 6:57AM
			Yama 8:34AM – 10:11AM	Sukarma Until 1:31PM	Muruqa: Clear <i>Sunset:</i> 7:54PM
	592654463	Rahu 1:25PM – 3:02PM	Balava Until 12:09AM Thu	Nataraja: Clear	Moon 8 - Phase 19 Prathama
Creative Work	Siddha Yoga		Purnima* Until 11:23AM	Moon – Purple	Sivaloka Day
	Until 6:53PM			Bhadrapada*Avani	
	Then Creative Work - Amrita Yoga				

As a spider spins and withdraws its web, as herbs grow on the earth, as hair grows on the head and body of a person, so also from the Imperishable arises this universe.
Atharva Veda

All times are standard time

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Thursday, September 3, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Purvaproshtapada* Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 144

Kumbha Rasi: 25.34 Tithi 16 - 17

Gulika 10:11AM - 11:48AM

Yama 6:58AM - 8:34AM

512654463 Rahu 3:02PM - 4:39PM

Purvaproshtapada* Until 9:20PM

Dhriti Until 1:48PM

Taitila Until 1:54AM Fri

Prathama* Until 12:58PM

Ganesha: Purple Sunrise: 6:58AM

Muruqa: Clear Sunset: 7:52PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Creative Work Siddha Yoga

Moon 9 - Phase 20

1st Phase

1

Friday, September 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Uttaraproshtapada Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 145

Meena Rasi: 7.41 Tithi 17 - 18

Gulika 8:35AM - 10:12AM

Yama 4:38PM - 6:14PM

512654463 Rahu 11:48AM - 1:25PM

Uttaraproshtapada Until 11:56PM

Shula* Until 2:20PM

Vanija Until 4:00AM Sat

Dvitiya Until 2:53PM

Ganesha: Purple Sunrise: 6:58AM

Muruqa: Clear Sunset: 7:51PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Creative Work Siddha Yoga

Moon 9 - Phase 20

1st Phase

2

Saturday, September 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam
Revati Nakshatra Ganda*/Vridhhi* Yoga Visti*/Bava Karana Tritiya/Chaturthayam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 146

Meena Rasi: 19.41 Tithi 18 - 19

Gulika 6:59AM - 8:36AM

Yama 3:01PM - 4:37PM

512654463 Rahu 10:12AM - 11:48AM

Revati Until 2:37AM Sun

Ganda* Until 3:05PM

Bava Until 6:21AM Sun

Tritiya Until 5:07PM

Ganesha: Purple Sunrise: 6:59AM

Muruqa: Clear Sunset: 7:49PM

Nataraja: Clear

Moon - Clear

Bhadrapada-Avani

Sivaloka Day

Routine Work Prabalarishta Yoga

Until 2:37AM Sun

Then Creative Work - Siddha Yoga

Moon 9 - Phase 20

1st Phase

3

Sunday, September 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini Nakshatra Vriddhi/Dhruva Yoga Bava/Balava Karana Chaturthayam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 147

Mesha Rasi: 1.34 Tithi 19

Gulika 4:36PM - 6:12PM

Yama 1:24PM - 3:00PM

522654463 Rahu 6:12PM - 7:48PM

Ashvini Until 5:49AM Mon

Vriddhi Until 4:02PM

Bava Until 6:21AM

Chaturthi* Until 7:34PM

Ganesha: Clear Sunrise: 7:00AM

Muruqa: Clear Sunset: 7:48PM

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Devaloka Day

Creative Work Siddha Yoga

Moon 9 - Phase 20

1st Phase

4

Monday, September 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani Nakshatra Dhruva/Vyaghata* Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 148

Mesha Rasi: 13.25 Tithi 20

Gulika 2:59PM - 4:35PM

Yama 11:48AM - 1:24PM

522754463 Rahu 8:37AM - 10:12AM

Bharani Until 8:51AM Tue

Dhruva Until 5:01PM

Kaulava Until 8:51AM

Panchami Until 10:05PM

Ganesha: White Sunrise: 7:01AM

Muruqa: Clear Sunset: 7:46PM

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Family Home Evening

Moon 9 - Phase 20

1st Phase

5

Tuesday, September 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam
Bharani/Krittika Nakshatra Vyaghata*/Harshana Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 149

Mesha Rasi: 25.15 Tithi 21

Gulika 1:23PM - 2:59PM

Yama 10:13AM - 11:48AM

522754463 Rahu 4:34PM - 6:09PM

Bharani Until 8:51AM

Vyaghata* Until 5:58PM

Gara Until 11:21AM

Shashthi* Until 12:30AM Wed

Ganesha: White Sunrise: 7:02AM

Muruqa: Clear Sunset: 7:45PM

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Moon 9 - Phase 20

1st Phase

6

Wednesday, September 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Budha Vasara Yuktayam
Krittika/Rohini Nakshatra Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 150

Vrishabha Rasi: 7.09 Tithi 22

Gulika 11:48AM - 1:23PM

Yama 8:38AM - 10:13AM

522754463 Rahu 1:23PM - 2:58PM

Krittika Until 11:31AM

Harshana Until 6:42PM

Visti Until 1:37PM

Saptami Until 2:34AM Thu

Ganesha: White Sunrise: 7:03AM

Muruqa: Clear Sunset: 7:43PM

Nataraja: Clear

Moon - White

Bhadrapada-Avani

Bhuloka Day

Devaloka Time: 3:PM to 6:PM

Creative Work Amrita Yoga

Until 11:31AM

Then Creative Work - Siddha Yoga

Moon 9 - Phase 20

1st Phase

D

Thursday, September 10, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Guru Vasara Yuktayam
Rohini/Mrigashira Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 151

Vrishabha Rasi: 19.12 Tithi 23

Gulika 10:13AM - 11:48AM

Yama 7:04AM - 8:38AM

532754463 Rahu 2:57PM - 4:32PM

Rohini Until 2:06PM

Vajra* Until 7:02PM

Balava Until 3:25PM

Ashtami* Until 4:04AM Fri

Ganesha: Yellow Sunrise: 7:04AM

Muruqa: Clear Sunset: 7:42PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Avani

Devaloka Day

Routine Work Marana Yoga

Moon 9 - Phase 20

Ashtami

Friday, September 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Sukra Vasara Yuktayam
Mrigashira/Ardra Nakshatra Siddhi Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 152

Mithuna Rasi: 1.3 Tithi 24

Gulika 8:39AM - 10:13AM

Yama 4:31PM - 6:06PM

532754463 Rahu 11:48AM - 1:22PM

Mrigashira Until 3:53PM

Siddhi Until 6:51PM

Taitila Until 4:34PM

Navami* Until 4:50AM Sat

Ganesha: Yellow Sunrise: 7:04AM

Muruqa: Clear Sunset: 7:40PM

Nataraja: Clear

Moon - Yellow

Bhadrapada-Avani

Devaloka Day

Creative Work Siddha Yoga

Moon 9 - Phase 20

Navami

Having realized the Self, the rishis, perfected souls, satisfied with their knowledge, passion-free, tranquil—those wise beings, having attained the omnipresent on all sides—enter into the All itself. Atharva Veda

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1	Saturday, September 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Manta Vasara Yuktayam Ardra/Punarvasu Nakshatra Vyatipata* Yoga Vanija/Vistii* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 153
	Mithuna Rasi: 14.08	Tithi 25	Gulika 7:05AM – 8:39AM	Ardra Until 4:44PM	Ganesha: Yellow	<i>Sunrise:</i> 7:05AM	Sarvari 5122
			Yama 2:56PM – 4:30PM	Vyatipata* Until 6:02PM	Muruqa: Clear	<i>Sunset:</i> 7:38PM	Moon 9 - Phase 21
	532754463	Rahu 10:14AM – 11:48AM		Vanija Until 4:54PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dashami Until 4:44AM Sun	Bhadrapada-Avani		Devaloka Day	

2	Sunday, September 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Bhanu Vasara Yuktayam Punarvasu/Pushya Nakshatra Variyan/Parigha* Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 154
	Mithuna Rasi: 27.1	Tithi 26	Gulika 4:29PM – 6:03PM	Punarvasu Until 5:01PM	Ganesha: Blue	<i>Sunrise:</i> 7:06AM	Sarvari 5122
			Yama 1:21PM – 2:55PM	Variyan Until 4:30PM	Muruqa: Clear	<i>Sunset:</i> 7:37PM	Moon 9 - Phase 21
	542754463	Rahu 6:03PM – 7:37PM		Bava Until 4:22PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Ekadashi* Until 3:45AM Mon	Bhadrapada-Avani		Bhuloka Day Devaloka Time: 3:PM to 6:PM	
		Grandparent's Day					

3	Monday, September 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Indu Vasara Yuktayam Pushya/Ashlesha* Nakshatra Parigha*/Shiva Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 155
	Kataka Rasi: 10.41	Tithi 27	Gulika 2:55PM – 4:28PM	Pushya Until 4:19PM	Ganesha: Blue	<i>Sunrise:</i> 7:07AM	Sarvari 5122
	Family Home Evening		Yama 11:48AM – 1:21PM	Parigha* Until 2:18PM	Muruqa: Clear	<i>Sunset:</i> 7:35PM	Moon 9 - Phase 21
	542754463	Rahu 8:41AM – 10:14AM		Kaulava Until 2:58PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 1:58AM Tue	Bhadrapada-Avani		Bhuloka Day Devaloka Time: 3:PM to 6:PM	

4	Tuesday, September 15, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Simha Mase Krishna Pakshe Mangala Vasara Yuktayam Ashlesha*/Magha* Nakshatra Shiva/Siddha Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 156
	Kataka Rasi: 24.42	Tithi 28	Gulika 1:21PM – 2:54PM	Ashlesha* Until 2:44PM	Ganesha: Yellow	<i>Sunrise:</i> 7:08AM	Sarvari 5122
			Yama 10:14AM – 11:48AM	Shiva Until 11:29AM	Muruqa: Clear	<i>Sunset:</i> 7:34PM	Moon 9 - Phase 21
	543754463	Rahu 4:27PM – 6:00PM		Gara Until 12:49PM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 11:28PM	Bhadrapada-Avani		Devaloka Day	
			<i>Pradosha Vrata (Fasting)</i>				

5	Wednesday, September 16, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Siddha/Sadhya Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 13 Sutra 157
	Simha Rasi: 9.09	Tithi 29	Gulika 11:48AM – 1:20PM	Magha* Until 12:48PM	Ganesha: Red	<i>Sunrise:</i> 7:09AM	Sarvari 5122
			Yama 8:42AM – 10:15AM	Siddha Until 8:07AM	Muruqa: Clear	<i>Sunset:</i> 7:32PM	Moon 9 - Phase 21
	553754463	Rahu 1:20PM – 2:53PM		Vistii Until 10:02AM	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 8:27PM	Bhadrapada-Puratasi		Devaloka Day	
Until 12:48PM							
Then Creative Work - Amrita Yoga							

●	Thursday, September 17, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Subha Yoga Catuspada*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 158
	Retreat Star		Gulika 10:15AM – 11:47AM	Purvaphalguni Until 10:18AM	Ganesha: Red	<i>Sunrise:</i> 7:10AM	Sarvari 5122
	Simha Rasi: 23.58	Tithi 30 – 1	Yama 7:10AM – 8:42AM	Subha Until 12:23AM Fri	Muruqa: Purple	<i>Sunset:</i> 7:30PM	Moon 9 - Phase 21
	553764463	Rahu 2:53PM – 4:25PM		Catuspada Until 6:47AM	Nataraja: Clear		Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 5:02PM	Bhadrapada-Puratasi		Sivaloka Day	
		Mahalaya Amavasyai (Tamil Nadu)					

●	Friday, September 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 159
	Retreat Star		Gulika 8:43AM – 10:15AM	Uttaraphalguni Until 7:24AM	Ganesha: Red	<i>Sunrise:</i> 7:11AM	Sarvari 5122
	Kanya Rasi: 9.01	Tithi 1 – 2	Yama 4:24PM – 5:57PM	Sukla Until 8:14PM	Muruqa: Purple	<i>Sunset:</i> 7:29PM	Moon 9 - Phase 21
	553764463	Rahu 11:47AM – 1:20PM		Balava Until 11:36PM	Nataraja: Clear		Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:25PM	Ashvina Adhika-Puratasi		Sivaloka Day	
Until 7:24AM							
Then Creative Work - Amrita Yoga							

With earnest effort hold the senses in check. Controlling the breath, regulate the vital activities. As a charioteer holds back his restive horses, so does a persevering aspirant restrain his mind. Krishna Yajur Veda


1	Saturday, September 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Chitra Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 16 Sutra 160 Sarvari 5122
	Kanya Rasi: 24.09	Tithi 2 – 3	Gulika 7:11AM – 8:43AM	Chitra Until 1:55AM Sun	Ganesha: Yellow <i>Sunrise: 7:11AM</i>	Muruqa: Purple <i>Sunset: 7:27PM</i>	Moon 9 - Phase 22 3rd Phase
	Routine Work Marana Yoga	563764463	Yama 2:51PM – 4:23PM	Brahma Until 4:08PM	Nataraja: Clear	Sivaloka Day	
		Rahu 10:15AM – 11:47AM	Taitila Until 8:00PM	Moon – Green			
			Dvitiya Until 9:46AM	Ashvina Adhika-Puratasi			


2	Sunday, September 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati Nakshatra Indra/Vaidhriti* Yoga Gara/Visti* Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 161 Sarvari 5122
	Tula Rasi: 9.12	Tithi 3 – 4	Gulika 4:22PM – 5:54PM	Svati Until 11:17PM	Ganesha: Yellow <i>Sunrise: 7:12AM</i>	Muruqa: Purple <i>Sunset: 7:26PM</i>	Moon 9 - Phase 22 3rd Phase
	Creative Work Siddha Yoga	563764463	Yama 1:19PM – 2:51PM	Indra Until 12:11PM	Nataraja: Clear	Sivaloka Day	
		Rahu 5:54PM – 7:26PM	Visti Until 3:02AM Mon	Moon – Green			
			Tritiya Until 6:15AM	Ashvina Adhika-Puratasi			

3	Monday, September 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 162 Sarvari 5122
	Tula Rasi: 24.01	Tithi 5	Gulika 2:50PM – 4:21PM	Vishakha Until 9:19PM	Ganesha: White <i>Sunrise: 7:13AM</i>	Muruqa: Purple <i>Sunset: 7:24PM</i>	Moon 9 - Phase 22 3rd Phase
	Family Home Evening	573764463	Yama 11:47AM – 1:19PM	Vaidhriti* Until 8:30AM	Nataraja: Clear	Subha Sivaloka Day	
		Rahu 8:45AM – 10:16AM	Bava Until 1:35PM	Moon – Orange			
			Panchami Until 12:14AM Tue	Ashvina Adhika-Puratasi			

4	Tuesday, September 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Anuradha Nakshatra Priti Yoga Kaulava/Taitila Karana Shashthyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 163 Sarvari 5122
	Vrischika Rasi: 8.31	Tithi 6	Gulika 1:18PM – 2:49PM	Anuradha Until 7:46PM	Ganesha: White <i>Sunrise: 7:14AM</i>	Muruqa: Purple <i>Sunset: 7:23PM</i>	Moon 9 - Phase 22 3rd Phase
	Creative Work Siddha Yoga	573764463	Yama 10:16AM – 11:47AM	Priti Until 2:23AM Wed	Nataraja: Clear	Subha Sivaloka Day	
		Rahu 4:20PM – 5:51PM	Kaulava Until 11:03AM	Moon – Orange			
			Shashthi* Until 10:00PM	Ashvina Adhika-Puratasi			

5	Wednesday, September 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Jyeshtha* Nakshatra Ayushman Yoga Gara/Vanija Karana Saptamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 164 Sarvari 5122
	Vrischika Rasi: 22.37	Tithi 7	Gulika 11:47AM – 1:18PM	Jyeshtha* Until 6:41PM	Ganesha: White <i>Sunrise: 7:15AM</i>	Muruqa: Purple <i>Sunset: 7:21PM</i>	Moon 9 - Phase 22 3rd Phase
	Creative Work Siddha Yoga	573764463	Yama 8:46AM – 10:16AM	Ayushman Until 12:04AM Thu	Nataraja: Clear	Subha Sivaloka Day	
		Rahu 1:18PM – 2:49PM	Gara Until 9:08AM	Moon – Orange			
			Saptami Until 8:23PM	Ashvina Adhika-Puratasi			

	Thursday, September 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Mula* Nakshatra Saubhagya Yoga Visti*/Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 165 Sarvari 5122
	Retreat Star		Gulika 10:17AM – 11:47AM	Mula* Until 6:34PM	Ganesha: Clear <i>Sunrise: 7:16AM</i>	Muruqa: Purple <i>Sunset: 7:19PM</i>	Moon 9 - Phase 22 Ashtami
	Dhanus Rasi: 6.19	Tithi 8	Yama 7:16AM – 8:46AM	Saubhagya Until 10:17PM	Nataraja: Clear	Sivaloka Day	
		Rahu 2:48PM – 4:18PM	Visti Until 7:51AM	Moon – Light Blue			
			Ashtami* Until 7:27PM	Ashvina Adhika-Puratasi			

	Friday, September 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Sukra Vasara Yuktayam Purvashadha* Nakshatra Sobhana Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 166 Sarvari 5122
	Retreat Star		Gulika 8:47AM – 10:17AM	Purvashadha* Until 6:56PM	Ganesha: Clear <i>Sunrise: 7:17AM</i>	Muruqa: Purple <i>Sunset: 7:18PM</i>	Moon 9 - Phase 22 Navami
	Dhanus Rasi: 19.37	Tithi 9	Yama 4:18PM – 5:48PM	Sobhana Until 9:03PM	Nataraja: Clear	Sivaloka Day	
		Rahu 11:47AM – 1:17PM	Balava Until 7:15AM	Moon – Light Blue			
			Navami* Until 7:10PM	Ashvina Adhika-Puratasi			

Puja, reading the scriptures, singing hymns, performing japa and unsullied austerity, truthfulness, restraint of envy, and offering of food—these and other self-purifying acts constitute the flawless satputra marga. Tirumantiram 1496


1	Saturday, September 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Manta Vasara Yuktayam Uttarashadha Nakshatra Athiganda* Yoga Taitila/Gara Karana Dashamyam Titau			Dushanbe, Tajikistan Sun 23 Sutra 167
	Makara Rasi: 2.37	Tithi 10	Gulika 7:18AM – 8:47AM	Uttarashadha Until 7:43PM	Ganesha: Clear <i>Sunrise:</i> 7:18AM	Sarvari 5122
			Yama 2:47PM – 4:17PM	Athiganda* Until 8:14PM	Muruqa: Purple <i>Sunset:</i> 7:16PM	Moon 9 - Phase 23
			583764463 Rahu 10:17AM – 11:47AM	Taitila Until 7:16AM	Nataraja: Clear	4th Phase
	Routine Work Marana Yoga		Dashami Until 7:28PM	Moon – Light Blue	Sivaloka Day	
	Until 7:43PM			Ashvina Adhika-Puratasi		
	Then Creative Work - Siddha Yoga					

2	Sunday, September 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Bhanu Vasara Yuktayam Shravana Nakshatra Sukarma Yoga Vanija/Visti* Karana Ekadashyam Titau			Dushanbe, Tajikistan Sun 24 Sutra 168
	Makara Rasi: 15.19	Tithi 11	Gulika 4:16PM – 5:45PM	Shravana Until 9:19PM	Ganesha: Clear <i>Sunrise:</i> 7:19AM	Sarvari 5122
			Yama 1:17PM – 2:46PM	Sukarma Until 7:49PM	Muruqa: Purple <i>Sunset:</i> 7:15PM	Moon 9 - Phase 23
			693764463 Rahu 5:45PM – 7:15PM	Vanija Until 7:50AM	Nataraja: Clear	4th Phase
	Creative Work Amrita Yoga		Ekadashi Until 8:17PM	Moon – Purple	Sivaloka Day	
	Until 9:19PM			Ashvina Adhika-Puratasi		
	Then Routine Work - Marana Yoga					

3	Monday, September 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Indu Vasara Yuktayam Dhanishtha Nakshatra Dhriti Yoga Bava/Balava Karana Dvadashyam Titau			Dushanbe, Tajikistan Sun 25 Sutra 169
	Makara Rasi: 27.5	Tithi 12	Gulika 2:45PM – 4:15PM	Dhanishtha Until 11:09PM	Ganesha: Clear <i>Sunrise:</i> 7:19AM	Sarvari 5122
	Family Home Evening		Yama 11:47AM – 1:16PM	Dhriti Until 7:45PM	Muruqa: Purple <i>Sunset:</i> 7:13PM	Moon 9 - Phase 23
			693764463 Rahu 8:49AM – 10:18AM	Bava Until 8:53AM	Nataraja: Clear	4th Phase
	Creative Work Siddha Yoga		Dvadashi Until 9:31PM	Moon – Purple	Sivaloka Day	
				Ashvina Adhika-Puratasi		

4	Tuesday, September 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak Nakshatra Shula* Yoga Kaulava/Taitila Karana Trayodashyam Titau			Dushanbe, Tajikistan Sun 26 Sutra 170
	Kumbha Rasi: 10.1	Tithi 13	Gulika 1:16PM – 2:45PM	Shatabhishak Until 1:09AM Wed	Ganesha: Purple <i>Sunrise:</i> 7:20AM	Sarvari 5122
			Yama 10:18AM – 11:47AM	Shula* Until 7:54PM	Muruqa: Purple <i>Sunset:</i> 7:12PM	Moon 9 - Phase 23
			694764463 Rahu 4:14PM – 5:43PM	Kaulava Until 10:17AM	Nataraja: Clear	4th Phase
	Routine Work Marana Yoga		Trayodashi Until 11:06PM	Moon – Purple	Devaloka Day	
	Until 1:09AM Wed	Chidambaram Abhishekam		Ashvina Adhika-Puratasi		
	Then Creative Work - Amrita Yoga	Kadaitswami Mahasamadhi	<i>Pradosha Vrata</i>			

5	Wednesday, September 30, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada* Nakshatra Ganda* Yoga Gara/Vanija Karana Chaturdashyam Titau			Dushanbe, Tajikistan Sun 27 Sutra 171
	Kumbha Rasi: 22.22	Tithi 14	Gulika 11:47AM – 1:16PM	Purvaproshtapada* Until 3:45AM Thu	Ganesha: White <i>Sunrise:</i> 7:21AM	Sarvari 5122
			Yama 8:50AM – 10:18AM	Ganda* Until 8:18PM	Muruqa: Purple <i>Sunset:</i> 7:10PM	Moon 9 - Phase 23
			614764463 Rahu 1:16PM – 2:44PM	Gara Until 12:01PM	Nataraja: Clear	4th Phase
	Creative Work Amrita Yoga		Chaturdashi* Until 12:58AM Thu	Moon – Clear	Devaloka Day	
	Until 3:45AM Thu			Ashvina Adhika-Puratasi		
	Then Creative Work - Siddha Yoga					

	Thursday, October 1, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau			Dushanbe, Tajikistan Sutra 172
	Copper Retreat Star		Gulika 10:19AM – 11:47AM	Uttaraproshtapada Until 6:25AM Fri	Ganesha: White <i>Sunrise:</i> 7:22AM	Sarvari 5122
	Meena Rasi: 4.27	Tithi 15	Yama 7:22AM – 8:50AM	Vriddhi Until 8:54PM	Muruqa: Purple <i>Sunset:</i> 7:08PM	Moon 9 - Phase 23
			614764463 Rahu 2:44PM – 4:12PM	Visti Until 2:01PM	Nataraja: Clear	Purnima
	Creative Work Siddha Yoga		Purnima* Until 3:05AM Fri	Moon – Clear	Devaloka Day	
				Ashvina Adhika-Puratasi		

	Friday, October 2, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Uttaraproshtapada/Revati Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau			Dushanbe, Tajikistan Sutra 173
	Silver Retreat Star		Gulika 8:51AM – 10:19AM	Uttaraproshtapada Until 6:25AM	Ganesha: Clear <i>Sunrise:</i> 7:23AM	Sarvari 5122
	Meena Rasi: 16.27	Tithi 16	Yama 4:11PM – 5:39PM	Dhruva Until 9:39PM	Muruqa: Purple <i>Sunset:</i> 7:07PM	Moon 9 - Phase 23
			614864463 Rahu 11:47AM – 1:15PM	Balava Until 4:15PM	Nataraja: Clear	Prathama
	Creative Work Siddha Yoga		Prathama* Until 5:25AM Sat	Moon – Clear	Sivaloka Day	
				Ashvina Adhika-Puratasi		

The simple temple duties, lighting the lamps, picking flowers, lovingly polishing the floors, sweeping, singing the Lord's praise, ringing the bell and fetching ceremonial water—these constitute the dasa marga. Tirumantiram 1502



Saturday, October 3, 2020
Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Revati/Ashvini Nakshatra Vyaghata* Yoga Tailila Karana Dvitiyayam Titau

Dushanbe, Tajikistan
Sutra 174

Meena Rasi: 28.22 Tithi 17

624864463

Gulika 7:24AM – 8:52AM
Yama 2:42PM – 4:10PM
Rahu 10:19AM – 11:47AM

Revati Until 9:07AM
Vyaghata* Until 10:33PM
Tailila Until 6:41PM
Dvitiya Until 7:55AM Sun

Ganesha: Clear *Sunrise:* 7:24AM
Muruqa: Purple *Sunset:* 7:05PM
Nataraja: Clear
Moon – Clear
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Routine Work Prabalarishta Yoga
Until 9:07AM
Then Creative Work - Siddha Yoga

Sivaloka Day

1

Sunday, October 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashvini/Bharani Nakshatra Harshana Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 175

Mesha Rasi: 10.13 Tithi 17 – 18

624864463

Gulika 4:09PM – 5:36PM
Yama 1:14PM – 2:42PM
Rahu 5:36PM – 7:04PM

Ashvini Until 12:18PM
Harshana Until 11:32PM
Vanija Until 9:14PM
Dvitiya Until 7:55AM

Ganesha: Purple *Sunrise:* 7:25AM
Muruqa: Purple *Sunset:* 7:04PM
Nataraja: Clear
Moon – White
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga
Until 12:18PM
Then Routine Work - Prabalarishta Yoga

Subha Sivaloka Day

2

Monday, October 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam
Bharani/Krittika Nakshatra Vajra* Yoga Visti*/Bava Karana Tritiya/Chaturthiyam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 176

Mesha Rasi: 22.02 Tithi 18 – 19

624864463

Gulika 2:41PM – 4:08PM
Yama 11:47AM – 1:14PM
Rahu 8:53AM – 10:20AM

Bharani Until 3:22PM
Vajra* Until 12:29AM Tue
Bava Until 11:47PM
Tritiya Until 10:30AM

Ganesha: Purple *Sunrise:* 7:26AM
Muruqa: Purple *Sunset:* 7:02PM
Nataraja: Clear
Moon – White
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga
Until 3:22PM
Then Routine Work - Marana Yoga

Subha Sivaloka Day

3

Tuesday, October 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam
Krittika Nakshatra Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 177

Vrishabha Rasi: 3.53 Tithi 19 – 20

624864463

Gulika 1:14PM – 2:40PM
Yama 10:20AM – 11:47AM
Rahu 4:07PM – 5:34PM

Krittika Until 6:11PM
Siddhi Until 1:21AM Wed
Kaulava Until 2:13AM Wed
Chaturthi* Until 1:00PM

Ganesha: Purple *Sunrise:* 7:27AM
Muruqa: Purple *Sunset:* 7:01PM
Nataraja: Clear
Moon – White
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga
Until 6:11PM
Then Creative Work - Amrita Yoga

Subha Sivaloka Day

4

Wednesday, October 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam
Rohini Nakshatra Vyatipata* Yoga Tailila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 178

Vrishabha Rasi: 15.47 Tithi 20 – 21

634864464

Gulika 11:47AM – 1:13PM
Yama 8:54AM – 10:21AM
Rahu 1:13PM – 2:40PM

Rohini Until 9:04PM
Vyatipata* Until 1:59AM Thu
Gara Until 4:18AM Thu
Panchami Until 3:17PM

Ganesha: Clear *Sunrise:* 7:28AM
Muruqa: Purple *Sunset:* 6:59PM
Nataraja: Purple
Moon – Yellow
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

5

Thursday, October 8, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam
Mrigashira Nakshatra Variyan Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 179

Vrishabha Rasi: 27.49 Tithi 21 – 22

634864464

Gulika 10:21AM – 11:47AM
Yama 7:29AM – 8:55AM
Rahu 2:39PM – 4:05PM

Mrigashira Until 11:20PM
Variyan Until 2:11AM Fri
Visti Until 5:52AM Fri
Shashthi* Until 5:09PM

Ganesha: Clear *Sunrise:* 7:29AM
Muruqa: Purple *Sunset:* 6:58PM
Nataraja: Purple
Moon – Yellow
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Routine Work Marana Yoga

Subha Sivaloka Day

6

Friday, October 9, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra Nakshatra Parigha* Yoga Bava Karana Saptamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 180

Mithuna Rasi: 10.05 Tithi 22

634864464

Gulika 8:55AM – 10:21AM
Yama 4:05PM – 5:30PM
Rahu 11:47AM – 1:13PM

Ardra Until 12:48AM Sat
Parigha* Until 1:53AM Sat
Bava Until 6:22PM
Saptami Until 6:22PM

Ganesha: Clear *Sunrise:* 7:30AM
Muruqa: Purple *Sunset:* 6:56PM
Nataraja: Purple
Moon – Yellow
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
1st Phase

Creative Work Siddha Yoga

Subha Sivaloka Day

D

Saturday, October 10, 2020
Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu Nakshatra Shiva Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 181

Mithuna Rasi: 22.4 Tithi 23

644864464

Gulika 7:30AM – 8:56AM
Yama 2:38PM – 4:04PM
Rahu 10:22AM – 11:47AM

Punarvasu Until 1:48AM Sun
Shiva Until 12:58AM Sun
Balava Until 6:43AM
Ashtami* Until 6:49PM

Ganesha: White *Sunrise:* 7:30AM
Muruqa: Purple *Sunset:* 6:55PM
Nataraja: Purple
Moon – Blue
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
Ashtami

Creative Work Siddha Yoga

Subha Subha Sivaloka Day

Sunday, October 11, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya Nakshatra Siddha Yoga Tailila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan
Sun 8 Sutra 182

Kataka Rasi: 5.37 Tithi 24

645864464

Gulika 4:03PM – 5:28PM
Yama 1:12PM – 2:38PM
Rahu 5:28PM – 6:53PM

Pushya Until 1:47AM Mon
Siddha Until 11:20PM
Tailila Until 6:44AM
Navami* Until 6:24PM

Ganesha: Clear *Sunrise:* 7:31AM
Muruqa: Purple *Sunset:* 6:53PM
Nataraja: Purple
Moon – Blue
Ashvina Adhika-Puratasi

Moon 10 - Phase 24
Navami

Creative Work Siddha Yoga

Subha Sivaloka Day


1	Monday, October 12, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Indu Vasara Yuktayam Ashlesha* Nakshatra Sadhya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau	Dushanbe, Tajikistan Sun 9 Sutra 183
	Kataka Rasi: 19.03 Tithi 25 – 26	Gulika 2:37PM – 4:02PM Yama 11:47AM – 1:12PM Rahu 8:57AM – 10:22AM	Ashlesha* Until 12:48AM Tue Sadhya Until 9:03PM Bava Until 4:12AM Tue Dashami Until 5:08PM
	Family Home Evening 645864464	Ganesha: Clear <i>Sunrise:</i> 7:32AM Muruqa: Purple <i>Sunset:</i> 6:52PM	Sarvari 5122 Moon 10 - Phase 25 2nd Phase
	Creative Work Siddha Yoga	Moon – Blue Subha Sivaloka Day Ashvina Adhika-Puratasi	

2	Tuesday, October 13, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Mangala Vasara Yuktayam Magha* Nakshatra Subha Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau	Dushanbe, Tajikistan Sun 10 Sutra 184
	Simha Rasi: 2.58 Tithi 26 – 27	Gulika 1:12PM – 2:37PM Yama 10:23AM – 11:47AM Rahu 4:01PM – 5:26PM	Magha* Until 11:21PM Subha Until 6:08PM Kaulava Until 1:47AM Wed Ekadashi* Until 3:04PM
	655864464	Ganesha: White <i>Sunrise:</i> 7:33AM Muruqa: Purple <i>Sunset:</i> 6:50PM	Sarvari 5122 Moon 10 - Phase 25 2nd Phase
	Creative Work Siddha Yoga	Moon – Red Sivaloka Day Ashvina Adhika-Puratasi	

3	Wednesday, October 14, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni Nakshatra Sukla/Brahma Yoga Tatitla/Gara Karana Dvadashi/Trayodashyam Titau	Dushanbe, Tajikistan Sun 11 Sutra 185
	Simha Rasi: 17.22 Tithi 27 – 28	Gulika 11:47AM – 1:12PM Yama 8:59AM – 10:23AM Rahu 1:12PM – 2:36PM	Purvaphalguni Until 9:08PM Sukla Until 2:40PM Gara Until 10:45PM Dvadashi* Until 12:19PM
	655864464	Ganesha: White <i>Sunrise:</i> 7:34AM Muruqa: Purple <i>Sunset:</i> 6:49PM	Sarvari 5122 Moon 10 - Phase 25 2nd Phase
	Creative Work Amrita Yoga	Moon – Red Sivaloka Day Ashvina Adhika-Puratasi	

Pradosha Vrata (Fasting)

4	Thursday, October 15, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Guru Vasara Yuktayam Uttaraphalguni Nakshatra Brahma/Indra Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau	Dushanbe, Tajikistan Sun 12 Sutra 186
	Kanya Rasi: 2.1 Tithi 28 – 29	Gulika 10:23AM – 11:47AM Yama 7:35AM – 8:59AM Rahu 2:35PM – 4:00PM	Uttaraphalguni Until 6:20PM Brahma Until 10:47AM Visti Until 7:17PM Trayodashi* Until 9:03AM
	655864464	Ganesha: White <i>Sunrise:</i> 7:35AM Muruqa: Purple <i>Sunset:</i> 6:48PM	Sarvari 5122 Moon 10 - Phase 25 2nd Phase
	Amrita Yoga Until 6:20PM Then Routine Work - Marana Yoga	Moon – Red Sivaloka Day Ashvina Adhika-Puratasi	

	Friday, October 16, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Kanya Mase Krishna Pakshe Sukra Vasara Yuktayam Hasta/Chitra Nakshatra Indra/Vaidhriti* Yoga Catuspada*/Naga* Karana Amavasyayam Titau	Dushanbe, Tajikistan Sun 13 Sutra 187
	Retreat Star	Gulika 9:00AM – 10:24AM Yama 3:59PM – 5:22PM Rahu 11:48AM – 1:11PM	Hasta Until 3:30PM Indra Until 6:38AM Catuspada Until 3:32PM Amavasya* Until 1:36AM Sat
	Kanya Rasi: 17.17 Tithi 30	Ganesha: Green <i>Sunrise:</i> 7:36AM Muruqa: Purple <i>Sunset:</i> 6:46PM	Sarvari 5122 Moon 10 - Phase 25 Amavasya
	665864464 Creative Work Amrita Yoga Until 3:30PM Then Creative Work - Siddha Yoga	Moon – Green Sivaloka Day Ashvina Adhika-Puratasi	

Retreat Star	Saturday, October 17, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Chitra/Svati Nakshatra Vishkambha* Yoga Kintughna*/Bava Karana Prathamayam Titau	Dushanbe, Tajikistan Sun 14 Sutra 188
	Tula Rasi: 2.33 Tithi 1	Gulika 7:37AM – 9:01AM Yama 2:34PM – 3:58PM Rahu 10:24AM – 11:48AM	Chitra Until 12:26PM Vishkambha* Until 9:59PM Kintughna Until 11:41AM Prathama* Until 9:46PM
	665864464	Ganesha: Green <i>Sunrise:</i> 7:37AM Muruqa: Purple <i>Sunset:</i> 6:45PM	Sarvari 5122 Moon 10 - Phase 25 Prathama
	Routine Work Marana Yoga Until 12:26PM Then Creative Work - Siddha Yoga	Moon – Green Sivaloka Day Ashvina-Aipasi	

When a person comes to weakness, be it through old age or disease, he frees himself from these limbs just as a mango, a fig or a berry releases itself from its stalk. Shukla Yajur Veda

1	Sunday, October 18, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Svati/Vishakha Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 189
	Tula Rasi: 17.48	Tithi 2	Gulika 3:57PM – 5:20PM	Svati Until 9:19AM	Ganesha: Green	<i>Sunrise:</i> 7:38AM	Sarvari 5122
			Yama 1:11PM – 2:34PM	Priti Until 5:48PM	Muruqa: Purple	<i>Sunset:</i> 6:43PM	Moon 10 - Phase 26
		665864464	Rahu 5:20PM – 6:43PM	Balava Until 7:55AM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Dvitiya Until 6:05PM		Ashvina-Aipasi		Sivaloka Day
Until 9:19AM							
Then Routine Work - Marana Yoga							

2	Monday, October 19, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Vishakha/Anuradha Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthiyam Titau				Dushanbe, Tajikistan Sun 16 Sutra 190
	Vischika Rasi: 2.52	Tithi 3 – 4	Gulika 2:34PM – 3:56PM	Vishakha Until 6:44AM	Ganesha: White	<i>Sunrise:</i> 7:39AM	Sarvari 5122
	Family Home Evening		Yama 11:48AM – 1:11PM	Ayushman Until 1:51PM	Muruqa: Purple	<i>Sunset:</i> 6:42PM	Moon 10 - Phase 26
		675864464	Rahu 9:02AM – 10:25AM	Vanija Until 1:15AM Tue	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Tritiya Until 2:44PM		Ashvina-Aipasi		Sivaloka Day
Until 6:44AM							
Then Creative Work - Siddha Yoga							

3	Tuesday, October 20, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha* Nakshatra Saubhagya/Sobhana Yoga Vistii*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 191
	Vischika Rasi: 17.37	Tithi 4 – 5	Gulika 1:11PM – 2:33PM	Jyeshtha* Until 2:33AM Wed	Ganesha: White	<i>Sunrise:</i> 7:40AM	Sarvari 5122
			Yama 10:25AM – 11:48AM	Saubhagya Until 10:19AM	Muruqa: Purple	<i>Sunset:</i> 6:41PM	Moon 10 - Phase 26
		675864464	Rahu 3:56PM – 5:18PM	Bava Until 10:41PM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Chaturthi* Until 11:52AM		Ashvina-Aipasi		Sivaloka Day

4	Wednesday, October 21, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Mula* Nakshatra Sobhana/Athiganda* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 192
	Dhanus Rasi: 1.56	Tithi 5 – 6	Gulika 11:48AM – 1:10PM	Mula* Until 1:39AM Thu	Ganesha: Purple	<i>Sunrise:</i> 7:41AM	Sarvari 5122
			Yama 9:04AM – 10:26AM	Sobhana Until 7:18AM	Muruqa: Purple	<i>Sunset:</i> 6:39PM	Moon 10 - Phase 26
		686864464	Rahu 1:10PM – 2:33PM	Kaulava Until 8:47PM	Nataraja: Purple		3rd Phase
Routine Work Marana Yoga			Panchami Until 9:37AM		Ashvina-Aipasi		Subha Subha Sivaloka Day
Until 1:39AM Thu							
Then Creative Work - Siddha Yoga							

5	Thursday, October 22, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha* Nakshatra Sukarma Yoga Taila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 193
	Dhanus Rasi: 15.47	Tithi 6 – 7	Gulika 10:26AM – 11:48AM	Purvashadha* Until 1:23AM Fri	Ganesha: Purple	<i>Sunrise:</i> 7:42AM	Sarvari 5122
			Yama 7:42AM – 9:04AM	Sukarma Until 2:59AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:38PM	Moon 10 - Phase 26
		686864464	Rahu 2:32PM – 3:54PM	Gara Until 7:39PM	Nataraja: Purple		3rd Phase
Creative Work Siddha Yoga			Shashthi* Until 8:06AM		Ashvina-Aipasi		Subha Subha Sivaloka Day
Until 1:23AM Fri							
Then Routine Work - Marana Yoga							

6	Friday, October 23, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha Nakshatra Dhriti Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 194
	Retreat Star		Gulika 9:05AM – 10:27AM	Uttarashadha Until 1:43AM Sat	Ganesha: Purple	<i>Sunrise:</i> 7:43AM	Sarvari 5122
	Dhanus Rasi: 29.12	Tithi 7 – 8	Yama 3:53PM – 5:15PM	Dhriti Until 1:47AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:37PM	Moon 10 - Phase 26
		686864464	Rahu 11:48AM – 1:10PM	Visti Until 7:19PM	Nataraja: Purple		Ashtami
Routine Work Marana Yoga			Saptami Until 7:22AM		Ashvina-Aipasi		Subha Subha Sivaloka Day
Until 1:43AM Sat							
Then Creative Work - Siddha Yoga							

7	Saturday, October 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Shravana Nakshatra Shula* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 195
	Retreat Star		Gulika 7:44AM – 9:06AM	Shravana Until 3:05AM Sun	Ganesha: Clear	<i>Sunrise:</i> 7:44AM	Sarvari 5122
	Makara Rasi: 12.11	Tithi 8 – 9	Yama 2:31PM – 3:53PM	Shula* Until 1:07AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:36PM	Moon 10 - Phase 26
		696864464	Rahu 10:27AM – 11:49AM	Balava Until 7:44PM	Nataraja: Purple		Navami
Creative Work Siddha Yoga			Ashtami* Until 7:25AM		Ashvina-Aipasi		Subha Sivaloka Day
Until 3:05AM Sun							
Then Routine Work - Marana Yoga							

As a caterpillar coming to the end of a blade of grass draws itself together in taking the next step, so does the soul in the process of transition strike down this body and dispel its ignorance. Shukla Yajur Veda

1	Sunday, October 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha Nakshatra Ganda* Yoga Kaulava/Tailila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 196
	Makara Rasi: 24.51	Tithi 9 – 10	Gulika 3:52PM – 5:13PM	Dhanishtha Until 4:52AM Mon	Ganesha: Clear	<i>Sunrise:</i> 7:45AM	Sarvari 5122
			Yama 1:10PM – 2:31PM	Ganda* Until 12:56AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:34PM	Moon 10 - Phase 27
		696864464	Rahu 5:13PM – 6:34PM	Taitila Until 8:48PM	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Navami* Until 8:11AM				Subha Sivaloka Day
Until 4:52AM Mon							
Then Creative Work - Siddha Yoga							


2	Monday, October 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak Nakshatra Vriddhi Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 197
	Kumbha Rasi: 7.14	Tithi 10 – 11	Gulika 2:31PM – 3:51PM	Shatabhishak Until 6:57AM Tue	Ganesha: Clear	<i>Sunrise:</i> 7:46AM	Sarvari 5122
			Yama 11:49AM – 1:10PM	Vriddhi Until 1:09AM Tue	Muruqa: Purple	<i>Sunset:</i> 6:33PM	Moon 10 - Phase 27
		696864464	Rahu 9:07AM – 10:28AM	Vanija Until 10:24PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Vijaya Dasami				Subha Sivaloka Day
Until 6:57AM Tue							
Then Routine Work - Marana Yoga							


3	Tuesday, October 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Mangala Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Dhruva Yoga Vistil/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 198
	Kumbha Rasi: 19.25	Tithi 11 – 12	Gulika 1:10PM – 2:30PM	Shatabhishak Until 6:57AM	Ganesha: Purple	<i>Sunrise:</i> 7:47AM	Sarvari 5122
			Yama 10:29AM – 11:49AM	Dhruva Until 1:37AM Wed	Muruqa: Purple	<i>Sunset:</i> 6:32PM	Moon 10 - Phase 27
		696964464	Rahu 3:51PM – 5:11PM	Bava Until 12:22AM Wed	Nataraja: Purple		4th Phase
Routine Work Marana Yoga			Ekadashi Until 11:19AM				Sivaloka Day

4	Wednesday, October 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Budha Vasara Yuktayam Purvaproshtapada*Uttaraproshtapada Nakshatra Vyaghata* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 199
	Meena Rasi: 1.28	Tithi 12 – 13	Gulika 11:49AM – 1:10PM	Purvaproshtapada* Until 9:42AM	Ganesha: Yellow	<i>Sunrise:</i> 7:49AM	Sarvari 5122
			Yama 9:09AM – 10:29AM	Vyaghata* Until 2:17AM Thu	Muruqa: Purple	<i>Sunset:</i> 6:31PM	Moon 10 - Phase 27
		617964464	Rahu 1:10PM – 2:30PM	Kaulava Until 2:37AM Thu	Nataraja: Purple		4th Phase
Creative Work Amrita Yoga			Dvadashi Until 1:26PM				Subha Sivaloka Day
Until 9:42AM							
Then Creative Work - Siddha Yoga			<i>Pradosha Vrata</i>				

5	Thursday, October 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Guru Vasara Yuktayam Uttaraproshtapada*Revati Nakshatra Harshana Yoga Tailila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 200
	Meena Rasi: 13.26	Tithi 13 – 14	Gulika 10:30AM – 11:50AM	Uttaraproshtapada Until 12:29PM	Ganesha: Yellow	<i>Sunrise:</i> 7:50AM	Sarvari 5122
			Yama 7:50AM – 9:10AM	Harshana Until 3:06AM Fri	Muruqa: Purple	<i>Sunset:</i> 6:29PM	Moon 10 - Phase 27
		617964464	Rahu 2:30PM – 3:49PM	Gara Until 5:01AM Fri	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 3:47PM				Subha Sivaloka Day

6	Friday, October 30, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Sukra Vasara Yuktayam Revati/Ashvini Nakshatra Vajra* Yoga Vanija Karana Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 201
	Meena Rasi: 25.2	Tithi 14	Gulika 9:10AM – 10:30AM	Revati Until 3:15PM	Ganesha: Yellow	<i>Sunrise:</i> 7:51AM	Sarvari 5122
			Yama 3:49PM – 5:09PM	Vajra* Until 3:57AM Sat	Muruqa: Purple	<i>Sunset:</i> 6:28PM	Moon 10 - Phase 27
		617964464	Rahu 11:50AM – 1:09PM	Vanija Until 6:15PM	Nataraja: Purple		4th Phase
Creative Work Siddha Yoga			Chaturdashi* Until 6:15PM				Subha Sivaloka Day
Until 3:15PM							
Then Creative Work - Amrita Yoga							

	Saturday, October 31, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Manta Vasara Yuktayam Ashvini Nakshatra Siddhi Yoga Vistil/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sun 28 Sutra 202
	Mesha Rasi: 7.12	Tithi 15	Gulika 7:52AM – 9:11AM	Ashvini Until 6:24PM	Ganesha: White	<i>Sunrise:</i> 7:52AM	Sarvari 5122
			Yama 2:29PM – 3:48PM	Siddhi Until 4:51AM Sun	Muruqa: Purple	<i>Sunset:</i> 6:27PM	Moon 10 - Phase 27
		627964464	Rahu 10:31AM – 11:50AM	Vistil Until 7:32AM	Nataraja: Purple		Purnima
Creative Work Siddha Yoga			Purnima* Until 8:47PM				Subha Subha Sivaloka Day

	Sunday, November 1, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam Bharani Nakshatra Vyatipata* Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan Sun 29 Sutra 203
	Mesha Rasi: 19.03	Tithi 16	Gulika 3:48PM – 5:07PM	Bharani Until 9:23PM	Ganesha: White	<i>Sunrise:</i> 7:53AM	Sarvari 5122
			Yama 1:09PM – 2:29PM	Vyatipata* Until 5:44AM Mon	Muruqa: Purple	<i>Sunset:</i> 6:26PM	Moon 10 - Phase 27
		627964464	Rahu 5:07PM – 6:26PM	Balava Until 10:04AM	Nataraja: Purple		Prathama
Routine Work Prabalarishta Yoga			Prathama* Until 11:18PM				Subha Subha Sivaloka Day
Until 9:23PM							
Then Creative Work - Siddha Yoga							

After death, the soul goes to the next world bearing in mind the subtle impressions of its deeds, and after reaping their harvest returns again to this world of action. Thus, he who has desires continues subject to rebirth. Shukla Yajur Veda



Monday, November 2, 2020

Gold Retreat Star

Vrishabha Rasi: 0.55 Tithi 17

Family Home Evening 627964464

Routine Work Marana Yoga

Until 12:06AM Tue

Then Creative Work - Amrita Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Krittika Nakshatra Variyan Yoga Taitila/Gara Karana Dvitiyayam Titau

Gulika 2:28PM - 3:47PM
Yama 11:51AM - 1:09PM
Rahu 9:13AM - 10:32AM

Krittika Until 12:06AM Tue
Variyan Until 6:29AM Tue
Taitila Until 12:32PM
Dvitiya Until 1:42AM Tue

Ganesha: White Sunrise: 7:54AM
Muruga: Purple Sunset: 6:25PM
Nataraja: Purple
Moon - White Subha Subha Sivaloka Day
Ashvina-Aipasi

Dushanbe, Tajikistan
Sun 1 Sutra 204
Sarvari 5122
Moon 11 - Phase 28
1st Phase

1

Tuesday, November 3, 2020

Vrishabha Rasi: 12.5 Tithi 18

Creative Work Amrita Yoga

Until 2:58AM Wed

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini Nakshatra Variyan/Parigha* Yoga Vanija/Visti* Karana Trityayam Titau

Gulika 1:09PM - 2:28PM
Yama 10:32AM - 11:51AM
Rahu 3:47PM - 5:05PM

Rohini Until 2:58AM Wed
Variyan Until 6:29AM
Vanija Until 2:52PM
Tritiya Until 3:54AM Wed

Ganesha: Clear Sunrise: 7:55AM
Muruga: Purple Sunset: 6:24PM
Nataraja: Purple
Moon - Yellow Subha Sivaloka Day
Ashvina-Aipasi

Dushanbe, Tajikistan
Sun 2 Sutra 205
Sarvari 5122
Moon 11 - Phase 28
1st Phase

2

Wednesday, November 4, 2020

Vrishabha Rasi: 24.51 Tithi 19

Creative Work Siddha Yoga

Until 5:20AM Thu

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira Nakshatra Parigha*/Shiva Yoga Bava/Balava Karana Chaturthyam Titau

Gulika 11:51AM - 1:09PM
Yama 9:14AM - 10:33AM
Rahu 1:09PM - 2:28PM

Mrigashira Until 5:20AM Thu
Parigha* Until 7:04AM
Bava Until 4:54PM
Chaturthi* Until 5:46AM Thu

Ganesha: White Sunrise: 7:56AM
Muruga: Purple Sunset: 6:23PM
Nataraja: Purple
Moon - Yellow Sivaloka Day
Ashvina-Aipasi

Dushanbe, Tajikistan
Sun 3 Sutra 206
Sarvari 5122
Moon 11 - Phase 28
1st Phase

3

Thursday, November 5, 2020

Mithuna Rasi: 6.59 Tithi 20

Routine Work Marana Yoga

Until 7:06AM Fri

Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra Nakshatra Shiva/Siddha Yoga Kaulava Karana Panchamyam Titau

Gulika 10:33AM - 11:51AM
Yama 7:57AM - 9:15AM
Rahu 2:28PM - 3:46PM

Ardra Until 7:06AM Fri
Shiva Until 7:24AM
Kaulava Until 6:33PM
Panchami Until 7:09AM Fri

Ganesha: White Sunrise: 7:57AM
Muruga: Purple Sunset: 6:22PM
Nataraja: Purple
Moon - Yellow Sivaloka Day
Ashvina-Aipasi

Dushanbe, Tajikistan
Sun 4 Sutra 207
Sarvari 5122
Moon 11 - Phase 28
1st Phase

4

Friday, November 6, 2020

Mithuna Rasi: 19.2 Tithi 20 - 21

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam
Ardra/Punarvasu Nakshatra Siddha/Sadhya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Gulika 9:16AM - 10:34AM
Yama 3:45PM - 5:03PM
Rahu 11:52AM - 1:10PM

Ardra Until 7:06AM
Siddha Until 7:21AM
Gara Until 7:39PM
Panchami Until 7:09AM

Ganesha: White Sunrise: 7:58AM
Muruga: Purple Sunset: 6:21PM
Nataraja: Purple
Moon - Yellow Sivaloka Day
Ashvina-Aipasi

Dushanbe, Tajikistan
Sun 5 Sutra 208
Sarvari 5122
Moon 11 - Phase 28
1st Phase

5

Saturday, November 7, 2020

Kataka Rasi: 1.56 Tithi 21 - 22

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sadhya/Subha Yoga Vanija/Visti* Karana Shashthi/Saplamyam Titau

Gulika 7:59AM - 9:17AM
Yama 2:27PM - 3:45PM
Rahu 10:34AM - 11:52AM

Punarvasu Until 8:36AM
Sadhya Until 6:51AM
Visti Until 8:06PM
Shashthi* Until 7:56AM

Ganesha: White Sunrise: 7:59AM
Muruga: Purple Sunset: 6:20PM
Nataraja: Purple
Moon - Blue Sivaloka Day
Ashvina-Aipasi

Dushanbe, Tajikistan
Sun 6 Sutra 209
Sarvari 5122
Moon 11 - Phase 28
1st Phase

D

Sunday, November 8, 2020

Retreat Star

Kataka Rasi: 14.52 Tithi 22 - 23

Creative Work Siddha Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Bhanu Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Sukla Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Gulika 3:44PM - 5:02PM
Yama 1:10PM - 2:27PM
Rahu 5:02PM - 6:19PM

Pushya Until 9:16AM
Sukla Until 4:11AM Mon
Balava Until 7:49PM
Saptami Until 8:02AM

Ganesha: White Sunrise: 8:00AM
Muruga: Purple Sunset: 6:19PM
Nataraja: Purple
Moon - Blue Sivaloka Day
Ashvina-Aipasi

Dushanbe, Tajikistan
Sun 7 Sutra 210
Sarvari 5122
Moon 11 - Phase 28
Ashtami

Monday, November 9, 2020

Retreat Star

Kataka Rasi: 28.11 Tithi 23 - 24

Family Home Evening 748964464

Creative Work Siddha Yoga

Until 9:03AM

Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Indu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Brahma Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Gulika 2:27PM - 3:44PM
Yama 11:53AM - 1:10PM
Rahu 9:18AM - 10:36AM

Ashlesha* Until 9:03AM
Brahma Until 1:58AM Tue
Taitila Until 6:47PM
Ashtami* Until 7:23AM

Ganesha: White Sunrise: 8:01AM
Muruga: Purple Sunset: 6:18PM
Nataraja: Purple
Moon - Blue Sivaloka Day
Ashvina-Aipasi


Dushanbe, Tajikistan
Sun 8 Sutra 211
Sarvari 5122
Moon 11 - Phase 28
Navami

1	Tuesday, November 10, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Mangala Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Indra Yoga Vanija/Vistii* Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 212	
	Simha Rasi: 11.55	Tithi 25	Gulika 1:10PM – 2:27PM	Magha* Until 8:25AM	Ganesha: Orange	<i>Sunrise:</i> 8:02AM		
			Yama 10:36AM – 11:53AM	Indra Until 11:12PM	Muruqa: Purple	<i>Sunset:</i> 6:17PM	Moon 11 - Phase 29	
	Creative Work	Siddha Yoga	759964464 Rahu 3:44PM – 5:00PM	Vanija Until 5:02PM	Nataraja: Purple		2nd Phase	
			Dashami Until 3:53AM Wed	Ashvina-Aipasi	Subha Sivaloka Day			

2	Wednesday, November 11, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Budha Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 213	
	Simha Rasi: 26.05	Tithi 26	Gulika 11:53AM – 1:10PM	Purvaphalguni Until 6:57AM	Ganesha: Orange	<i>Sunrise:</i> 8:04AM		
			Yama 9:20AM – 10:37AM	Vaidhriti* Until 7:54PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 11 - Phase 29	
	Creative Work	Amrita Yoga	759964464 Rahu 1:10PM – 2:27PM	Bava Until 2:37PM	Nataraja: Purple		2nd Phase	
			Ekadashi* Until 1:11AM Thu	Ashvina-Aipasi	Subha Sivaloka Day			

3	Thursday, November 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Guru Vasara Yuktayam Hasta Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 214	
	Kanya Rasi: 10.4	Tithi 27	Gulika 10:37AM – 11:54AM	Hasta Until 2:24AM Fri	Ganesha: Light Blue	<i>Sunrise:</i> 8:05AM		
			Yama 8:05AM – 9:21AM	Vishkambha* Until 4:12PM	Muruqa: Purple	<i>Sunset:</i> 6:16PM	Moon 11 - Phase 29	
	Routine Work	Marana Yoga	769964464 Rahu 2:26PM – 3:43PM	Kaulava Until 11:40AM	Nataraja: Purple		2nd Phase	
Until 2:24AM Fri Then Creative Work - Siddha Yoga			Dvadashi* Until 10:01PM	Ashvina-Aipasi	Sivaloka Day			

4	Friday, November 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra Nakshatra Priti/Ayushman Yoga Gara/Vanija Karana Trayodashyam Titau				Dushanbe, Tajikistan Sun 12 Sutra 215	
	Kanya Rasi: 25.34	Tithi 28	Gulika 9:22AM – 10:38AM	Chitra Until 11:37PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:06AM		
			Yama 3:42PM – 4:59PM	Priti Until 12:13PM	Muruqa: Purple	<i>Sunset:</i> 6:15PM	Moon 11 - Phase 29	
	Creative Work	Siddha Yoga	769964464 Rahu 11:54AM – 1:10PM	Gara Until 8:19AM	Nataraja: Purple		2nd Phase	
Subramuniyaswami Mahasamadhi			Trayodashi* Until 6:31PM	Ashvina-Aipasi	Sivaloka Day			
<i>Pradosha Vrata (Fasting)</i>								

	Saturday, November 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Krishna Pakshe Manta Vasara Yuktayam Svati Nakshatra Ayushman/Saubhagya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 216	
	Retreat Star		Gulika 8:07AM – 9:23AM	Svati Until 8:34PM	Ganesha: Light Blue	<i>Sunrise:</i> 8:07AM		
	Tula Rasi: 10.41	Tithi 29 – 30	Yama 2:26PM – 3:42PM	Ayushman Until 8:01AM	Muruqa: Purple	<i>Sunset:</i> 6:14PM	Moon 11 - Phase 29	
	Creative Work	Siddha Yoga	769964464 Rahu 10:39AM – 11:55AM	Catuspada Until 1:02AM Sun	Nataraja: Purple		Amavasya	
			Chaturdashi* Until 2:52PM	Ashvina-Aipasi	Sivaloka Day			

Retreat Star	Sunday, November 15, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Tula Mase Sukla Pakshe Bhanu Vasara Yuktayam Vishakha/Anuradha Nakshatra Sobhana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 217	
	Retreat Star		Gulika 3:42PM – 4:58PM	Vishakha Until 5:49PM	Ganesha: Purple	<i>Sunrise:</i> 8:08AM		
	Tula Rasi: 25.52	Tithi 30 – 1	Yama 1:11PM – 2:26PM	Sobhana Until 11:39PM	Muruqa: Purple	<i>Sunset:</i> 6:13PM	Moon 11 - Phase 29	
	Routine Work	Marana Yoga	779964464 Rahu 4:58PM – 6:13PM	Kintughna Until 9:26PM	Nataraja: Purple		Prathama	
Skanda Shasthi Begins			Amavasya* Until 11:12AM	Kartika-Aipasi	Sivaloka Day			

Here they say that a person consists of desires. And as is his desire, so is his will. As is his will, so is his deed. Whatever deed he does, that he will reap. Shukla Yajur Veda

1	Monday, November 16, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Athiganda* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau	Dushanbe, Tajikistan Sun 15 Sutra 218 Sarvari 5122 Moon 11 - Phase 30 3rd Phase
Vrischika Rasi: 10.57 Family Home Evening Creative Work Siddha Yoga	Tithi 1 - 2 779964464	Gulika 2:26PM - 3:42PM Yama 11:55AM - 1:11PM Rahu 9:24AM - 10:40AM	Anuradha Until 3:10PM Athiganda* Until 7:42PM Balava Until 6:04PM Prathama* Until 7:42AM
			Ganesha: Purple <i>Sunrise:</i> 8:09AM Muruqa: Purple <i>Sunset:</i> 6:13PM Nataraja: Purple Moon - Orange Karttika-Karttikai
			Sivaloka Day
2	Tuesday, November 17, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Mangala Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Tritiyayam Titau	Dushanbe, Tajikistan Sun 16 Sutra 219 Sarvari 5122 Moon 11 - Phase 30 3rd Phase
Vrischika Rasi: 25.47 Routine Work Marana Yoga Until 12:45PM Then Creative Work - Amrita Yoga	Tithi 3 779964465	Gulika 1:11PM - 2:26PM Yama 10:41AM - 11:56AM Rahu 3:41PM - 4:57PM	Jyeshtha* Until 12:45PM Sukarma Until 4:07PM Taitila Until 3:07PM Tritiya Until 1:50AM Wed
			Ganesha: Purple <i>Sunrise:</i> 8:10AM Muruqa: Purple <i>Sunset:</i> 6:12PM Nataraja: Clear Moon - Orange Karttika-Karttikai
			Devaloka Day
3	Wednesday, November 18, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Budha Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhriti/Shula* Yoga Vanija/Visti* Karana Chaturthyam Titau	Dushanbe, Tajikistan Sun 17 Sutra 220 Sarvari 5122 Moon 11 - Phase 30 3rd Phase
Dhanus Rasi: 10.16 Routine Work Marana Yoga Until 11:10AM Then Creative Work - Amrita Yoga	Tithi 4 781964465	Gulika 11:56AM - 1:11PM Yama 9:26AM - 10:41AM Rahu 1:11PM - 2:26PM	Mula* Until 11:10AM Dhriti Until 1:00PM Vanija Until 12:44PM Chaturthi* Until 11:46PM
			Ganesha: Orange <i>Sunrise:</i> 8:11AM Muruqa: Purple <i>Sunset:</i> 6:11PM Nataraja: Clear Moon - Light Blue Karttika-Karttikai
			Sivaloka Day
4	Thursday, November 19, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Guru Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Panchamyam Titau	Dushanbe, Tajikistan Sun 18 Sutra 221 Sarvari 5122 Moon 11 - Phase 30 3rd Phase
Dhanus Rasi: 24.18 Creative Work Siddha Yoga Until 10:06AM Then Routine Work - Marana Yoga	Tithi 5 781964465	Gulika 10:42AM - 11:57AM Yama 8:12AM - 9:27AM Rahu 2:26PM - 3:41PM	Purvashadha* Until 10:06AM Shula* Until 10:25AM Bava Until 11:02AM Panchami Until 10:28PM
			Ganesha: Orange <i>Sunrise:</i> 8:12AM Muruqa: Purple <i>Sunset:</i> 6:11PM Nataraja: Clear Moon - Light Blue Karttika-Karttikai
			Sivaloka Day
5	Friday, November 20, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Sukra Vasara Yuktayam Uttarashadha/Shravana Nakshatra Ganda*/Vridhi Yoga Kaulava/Taitila Karana Shashthyam Titau	Dushanbe, Tajikistan Sun 19 Sutra 222 Sarvari 5122 Moon 11 - Phase 30 3rd Phase
Makara Rasi: 7.52 Routine Work Marana Yoga	Tithi 6 781164465	Gulika 9:28AM - 10:42AM Yama 3:41PM - 4:55PM Rahu 11:57AM - 1:12PM	Uttarashadha Until 9:40AM Ganda* Until 8:28AM Kaulava Until 10:08AM Shashthi* Until 9:58PM
		Skanda Shasthi	Ganesha: Light Blue <i>Sunrise:</i> 8:13AM Muruqa: Purple <i>Sunset:</i> 6:10PM Nataraja: Clear Moon - Light Blue Karttika-Karttikai
			Devaloka Day
6	Saturday, November 21, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Manta Vasara Yuktayam Shravana/Dhanishtha Nakshatra Vridhi/Dhruva Yoga Gara/Vanija Karana Saptamyam Titau	Dushanbe, Tajikistan Sun 20 Sutra 223 Sarvari 5122 Moon 11 - Phase 30 3rd Phase
Makara Rasi: 20.59 Creative Work Siddha Yoga	Tithi 7 791164465	Gulika 8:14AM - 9:29AM Yama 2:26PM - 3:41PM Rahu 10:43AM - 11:58AM	Shravana Until 10:21AM Vridhi Until 7:10AM Gara Until 10:03AM Saptami Until 10:18PM
			Ganesha: Orange <i>Sunrise:</i> 8:14AM Muruqa: Purple <i>Sunset:</i> 6:09PM Nataraja: Clear Moon - Purple Karttika-Karttikai
			Sivaloka Day
☾	Sunday, November 22, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Bhanu Vasara Yuktayam Dhanishtha/Shatabhishak Nakshatra Dhruva/Vyaghata* Yoga Visti*/Bava Karana Ashtamyam Titau	Dushanbe, Tajikistan Sun 21 Sutra 224 Sarvari 5122 Moon 11 - Phase 30 Ashtami
Retreat Star Kumbha Rasi: 3.43 Routine Work Marana Yoga Until 11:38AM Then Creative Work - Siddha Yoga	Tithi 8 791164465	Gulika 3:41PM - 4:55PM Yama 1:12PM - 2:26PM Rahu 4:55PM - 6:09PM	Dhanishtha Until 11:38AM Dhruva Until 6:28AM Visti Until 10:46AM Ashtami* Until 11:22PM
			Ganesha: Orange <i>Sunrise:</i> 8:15AM Muruqa: Purple <i>Sunset:</i> 6:09PM Nataraja: Clear Moon - Purple Karttika-Karttikai
			Sivaloka Day
☾	Monday, November 23, 2020	Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrishchika Mase Sukla Pakshe Indu Vasara Yuktayam Shatabhishak*/Purvaproshtapada* Nakshatra Vyaghata*/Harshana Yoga Balava/Kaulava Karana Navamyam Titau	Dushanbe, Tajikistan Sun 22 Sutra 225 Sarvari 5122 Moon 11 - Phase 30 Navami
Retreat Star Kumbha Rasi: 16.07 Family Home Evening Creative Work Siddha Yoga Until 1:25PM Then Routine Work - Marana Yoga	Tithi 9 791174465	Gulika 2:26PM - 3:40PM Yama 11:58AM - 1:12PM Rahu 9:30AM - 10:44AM	Shatabhishak Until 1:25PM Vyaghata* Until 6:20AM Balava Until 12:11PM Navami* Until 1:05AM Tue
			Ganesha: Orange <i>Sunrise:</i> 8:16AM Muruqa: Clear <i>Sunset:</i> 6:08PM Nataraja: Clear Moon - Purple Karttika-Karttikai
			Devaloka Day

If here one is able to realize Him before the death of the body, he will be liberated from the bondage of the world. Krishna Yajur Veda


1	Tuesday, November 24, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Mangala Vasara Yuktayam Purvaproshtapada/Uttaraproshtapada Nakshatra Harshana/Vajra* Yoga Taitila/Gara Karana Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 226
	Kumbha Rasi: 28.17	Tithi 10	Gulika 1:13PM – 2:27PM	Purvaproshtapada* Until 4:02PM	Ganesha: Yellow <i>Sunrise: 8:18AM</i>		Sarvari 5122
			Yama 10:45AM – 11:59AM	Harshana Until 6:39AM	Muruqa: Clear <i>Sunset: 6:08PM</i>		Moon 11 - Phase 31
		711174465	Rahu 3:40PM – 4:54PM	Taitila Until 2:08PM	Nataraja: Clear		4th Phase
Routine Work Marana Yoga Until 4:02PM Then Creative Work - Amrita Yoga			Dashami Until 3:14AM Wed	Karttika-Karttikai	Devaloka Day		

2	Wednesday, November 25, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Budha Vasara Yuktayam Uttaraproshtapada Nakshatra Vajra*/Siddhi Yoga Vanija/Visti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 227
	Meena Rasi: 10.17	Tithi 11	Gulika 11:59AM – 1:13PM	Uttaraproshtapada Until 6:50PM	Ganesha: Yellow <i>Sunrise: 8:19AM</i>		Sarvari 5122
			Yama 9:32AM – 10:46AM	Vajra* Until 7:14AM	Muruqa: Clear <i>Sunset: 6:08PM</i>		Moon 11 - Phase 31
		711174465	Rahu 1:13PM – 2:27PM	Vanija Until 4:28PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 6:50PM Then Routine Work - Marana Yoga			Ekadashi Until 5:41AM Thu	Karttika-Karttikai	Devaloka Day		

3	Thursday, November 26, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Guru Vasara Yuktayam Revati Nakshatra Siddhi/Vyatipata* Yoga Bava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 228
	Meena Rasi: 22.11	Tithi 12	Gulika 10:47AM – 12:00PM	Revati Until 9:39PM	Ganesha: Yellow <i>Sunrise: 8:20AM</i>		Sarvari 5122
			Yama 8:20AM – 9:33AM	Siddhi Until 8:02AM	Muruqa: Clear <i>Sunset: 6:07PM</i>		Moon 11 - Phase 31
		711174465	Rahu 2:27PM – 3:40PM	Bava Until 6:59PM	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga Until 9:39PM Then Creative Work - Amrita Yoga			Dvadashi Until 8:16AM Fri	Karttika-Karttikai	Devaloka Day		

4	Friday, November 27, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini Nakshatra Vyatipata*/Variyan Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 229
	Mesha Rasi: 4.02	Tithi 12 – 13	Gulika 9:34AM – 10:47AM	Ashvini Until 12:50AM Sat	Ganesha: Blue <i>Sunrise: 8:21AM</i>		Sarvari 5122
			Yama 3:40PM – 4:54PM	Vyatipata* Until 8:57AM	Muruqa: Clear <i>Sunset: 6:07PM</i>		Moon 11 - Phase 31
		721174465	Rahu 12:00PM – 1:14PM	Kaulava Until 9:35PM	Nataraja: Clear		4th Phase
Creative Work Amrita Yoga Until 12:50AM Sat Then Creative Work - Siddha Yoga			Dvadashi Until 8:16AM	Karttika-Karttikai	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
<i>Pradosha Vrata</i>							

5	Saturday, November 28, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Manta Vasara Yuktayam Bharani Nakshatra Variyan/Parigha* Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 230
	Mesha Rasi: 15.53	Tithi 13 – 14	Gulika 8:22AM – 9:35AM	Bharani Until 3:45AM Sun	Ganesha: Blue <i>Sunrise: 8:22AM</i>		Sarvari 5122
			Yama 2:27PM – 3:40PM	Variyan Until 9:48AM	Muruqa: Clear <i>Sunset: 6:07PM</i>		Moon 11 - Phase 31
		722174465	Rahu 10:48AM – 12:01PM	Gara Until 12:06AM Sun	Nataraja: Clear		4th Phase
Creative Work Siddha Yoga			Trayodashi Until 10:50AM	Karttika-Karttikai	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

	Sunday, November 29, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika Nakshatra Parigha*/Shiva Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sun 27 Sutra 230
	Mesha Rasi: 27.46	Tithi 14 – 15	Gulika 3:40PM – 4:53PM	Krittika Until 6:20AM Mon	Ganesha: Blue <i>Sunrise: 8:23AM</i>		Sarvari 5122
			Yama 1:14PM – 2:27PM	Parigha* Until 10:35AM	Muruqa: Clear <i>Sunset: 6:06PM</i>		Moon 11 - Phase 31
		722174465	Rahu 4:53PM – 6:06PM	Visti Until 2:25AM Mon	Nataraja: Clear		Purnima
Creative Work Siddha Yoga Until 6:20AM Mon Then Creative Work - Amrita Yoga			Chaturdashi* Until 1:16PM	Karttika-Karttikai	Bhuloka Day Devaloka Time: 3:PM to 6:PM		

Monday, November 30, 2020	Silver Retreat Star		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Krittika/Rohini Nakshatra Shiva/Siddha Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sun 27 Sutra 230
	Virshabha Rasi: 9.44	Tithi 15 – 16	Gulika 2:28PM – 3:40PM	Krittika Until 6:20AM	Ganesha: Blue <i>Sunrise: 8:24AM</i>		Sarvari 5122
	Family Home Evening		Yama 12:02PM – 1:15PM	Shiva Until 11:12AM	Muruqa: Clear <i>Sunset: 6:06PM</i>		Moon 11 - Phase 31
		722174465	Rahu 9:36AM – 10:49AM	Balava Until 4:29AM Tue	Nataraja: Clear		Prathama
Routine Work Marana Yoga Until 6:20AM Then Creative Work - Amrita Yoga			Purnima* Until 3:28PM	Karttika-Karttikai	Bhuloka Day Devaloka Time: 3:PM to 6:PM		
			Penumbra Lunar Eclipse				
			Vinayaga Viratam Begins				



Tuesday, December 1, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Rohini/Mrigashira Nakshatra Siddha/Sadhya Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 233

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Vrishabha Rasi: 21.49 Tithi 16 - 17

732174465

Gulika

1:15PM - 2:28PM

Yama

10:50AM - 12:03PM

Rahu

3:41PM - 4:53PM

Rohini Until 8:58AM

Siddha Until 11:35AM

Taitila Until 6:11AM Wed

Prathama* Until 5:22PM

Ganesha: Yellow

Sunrise: 8:25AM

Muruqa: Clear

Sunset: 6:06PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 8:58AM

Then Creative Work - Siddha Yoga

1

Wednesday, December 2, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Mrigashira/Ardra Nakshatra Sadhya/Subha Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 234

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 4.02 Tithi 17

732174465

Gulika

12:03PM - 1:16PM

Yama

9:38AM - 10:51AM

Rahu

1:16PM - 2:28PM

Mrigashira Until 11:06AM

Sadhya Until 11:41AM

Taitila Until 6:11AM

Dvitiya Until 6:52PM

Ganesha: Yellow

Sunrise: 8:25AM

Muruqa: Clear

Sunset: 6:06PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

2

Thursday, December 3, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Guru Vasara Yuktayam
Ardra/Punarvasu Nakshatra Subha/Sukla Yoga Vanija/Visti* Karana Tritiyayam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 235

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 16.26 Tithi 18

732174465

Gulika

10:51AM - 12:04PM

Yama

8:26AM - 9:39AM

Rahu

2:28PM - 3:41PM

Ardra Until 12:40PM

Subha Until 11:30AM

Vanija Until 7:29AM

Tritiya Until 7:57PM

Ganesha: Yellow

Sunrise: 8:26AM

Muruqa: Clear

Sunset: 6:06PM

Nataraja: Clear

Moon - Yellow

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 12:40PM

Then Creative Work - Amrita Yoga

3

Friday, December 4, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Sukra Vasara Yuktayam
Punarvasu/Pushya Nakshatra Sukla/Brahma Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 236

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Mithuna Rasi: 29.01 Tithi 19

742174465

Gulika

9:40AM - 10:52AM

Yama

3:41PM - 4:53PM

Rahu

12:04PM - 1:16PM

Punarvasu Until 2:07PM

Sukla Until 10:56AM

Bava Until 8:20AM

Chaturthi* Until 8:34PM

Ganesha: White

Sunrise: 8:27AM

Muruqa: Clear

Sunset: 6:05PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 2:07PM

Then Routine Work - Marana Yoga

4

Saturday, December 5, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Manta Vasara Yuktayam
Pushya/Ashlesha* Nakshatra Brahma/Indra Yoga Kaulava/Taitila Karana Panchamyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 237

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 11.49 Tithi 20

742174465

Gulika

8:28AM - 9:40AM

Yama

2:29PM - 3:41PM

Rahu

10:53AM - 12:05PM

Pushya Until 2:56PM

Brahma Until 10:00AM

Kaulava Until 8:42AM

Panchami Until 8:40PM

Ganesha: White

Sunrise: 8:28AM

Muruqa: Clear

Sunset: 6:05PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 2:56PM

Then Routine Work - Marana Yoga

5

Sunday, December 6, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Bhanu Vasara Yuktayam
Ashlesha*/Magha* Nakshatra Indra/Vaidhriti* Yoga Gara/Vanija Karana Shashthyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 238

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Kataka Rasi: 24.53 Tithi 21

742174465

Gulika

3:41PM - 4:53PM

Yama

1:17PM - 2:29PM

Rahu

4:53PM - 6:05PM

Ashlesha* Until 3:06PM

Indra Until 8:42AM

Gara Until 8:33AM

Shashthi* Until 8:16PM

Ganesha: White

Sunrise: 8:29AM

Muruqa: Clear

Sunset: 6:05PM

Nataraja: Clear

Moon - Blue

Bhuloka Day

Karttika-Karttikai

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

Until 3:06PM

Then Routine Work - Marana Yoga

6

Monday, December 7, 2020

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Indu Vasara Yuktayam
Magha*/Purvaphalguni Nakshatra Vaidhriti*/Vishkamba* Yoga Visti*/Bava Karana Saplamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 239

Sarvari 5122

Moon 12 - Phase 32

1st Phase

Simha Rasi: 8.13 Tithi 22

752174465

Gulika

2:30PM - 3:42PM

Yama

12:06PM - 1:18PM

Rahu

9:42AM - 10:54AM

Magha* Until 3:02PM

Vaidhriti* Until 6:56AM

Visti Until 7:52AM

Saptami Until 7:19PM

Ganesha: Clear

Sunrise: 8:30AM

Muruqa: Clear

Sunset: 6:05PM

Nataraja: Clear

Moon - Red

Devaloka Day

Karttika-Karttikai

Routine Work Marana Yoga

Until 3:02PM

Then Creative Work - Siddha Yoga

D

Tuesday, December 8, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Mangala Vasara Yuktayam
Purvaphalguni/Uttaraphalguni Nakshatra Priti Yoga Balava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 240

Sarvari 5122

Moon 12 - Phase 32

Ashtami

Simha Rasi: 21.52 Tithi 23 - 24

752174465

Gulika

1:18PM - 2:30PM

Yama

10:55AM - 12:06PM

Rahu

3:42PM - 4:54PM

Purvaphalguni Until 2:18PM

Priti Until 2:12AM Wed

Balava Until 6:39AM

Ashtami* Until 5:50PM

Ganesha: Clear

Sunrise: 8:31AM

Muruqa: Clear

Sunset: 6:05PM

Nataraja: Clear

Moon - Red

Devaloka Day

Karttika-Karttikai

Creative Work Siddha Yoga

Until 2:18PM

Then Creative Work - Amrita Yoga

Wednesday, December 9, 2020

Retreat Star

Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vriscika Mase Krishna Pakshe Budha Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Ayushman Yoga Gara/Vanija Karana Navami/Dashamyam Titau

Dushanbe, Tajikistan

Sun 8 Sutra 241

Sarvari 5122

Moon 12 - Phase 32

Navami

Kanya Rasi: 5.49 Tithi 24 - 25

752174465

Gulika

12:07PM - 1:19PM

Yama

9:43AM - 10:55AM

Rahu

1:19PM - 2:30PM

Uttaraphalguni Until 12:55PM

Ayushman Until 11:14PM

Vanija Until 2:42AM Thu

Navami* Until 3:51PM

Ganesha: Clear

Sunrise: 8:32AM

Muruqa: Clear

Sunset: 6:06PM

Nataraja: Clear

Moon - Red

Devaloka Day

Karttika-Karttikai

Creative Work Amrita Yoga

Until 12:55PM

Then Routine Work - Marana Yoga

The one controller, the inner Self of all things, who makes His one form manifold, to the wise who perceive Him as abiding in the soul, to them is eternal bliss—to no others. Krishna Yajur Veda

All times are standard time


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1	Thursday, December 10, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Guru Vasara Yuktayam Hasta/Chitra Nakshatra Saubhagya Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau			Dushanbe, Tajikistan Sun 9 Sutra 242
	Kanya Rasi: 20.05	Tithi 25 – 26	Gulika 10:56AM – 12:07PM	Hasta Until 11:23AM	Ganesha: Purple <i>Sunrise: 8:32AM</i>	Sarvari 5122
		762174465	Yama 8:32AM – 9:44AM	Saubhagya Until 7:55PM	Muruqa: Clear <i>Sunset: 6:06PM</i>	Moon 12 - Phase 33
	Routine Work Marana Yoga		Rahu 2:31PM – 3:42PM	Bava Until 12:05AM Fri	Nataraja: Clear	2nd Phase
			Dashami Until 1:25PM	Moon – Green	Bhuloka Day	
				Karttika-Karttikai	Devaloka Time: 3:PM to 6:PM	

2	Friday, December 11, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Sukra Vasara Yuktayam Chitra/Svati Nakshatra Sobhana/Alhiganda* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau			Dushanbe, Tajikistan Sun 10 Sutra 243
	Tula Rasi: 4.37	Tithi 26 – 27	Gulika 9:45AM – 10:56AM	Chitra Until 9:20AM	Ganesha: Purple <i>Sunrise: 8:33AM</i>	Sarvari 5122
		762174465	Yama 3:43PM – 4:54PM	Sobhana Until 4:22PM	Muruqa: Clear <i>Sunset: 6:06PM</i>	Moon 12 - Phase 33
	Creative Work Siddha Yoga		Rahu 12:08PM – 1:20PM	Kaulava Until 9:09PM	Nataraja: Clear	2nd Phase
			Ekadashi* Until 10:38AM	Moon – Green	Bhuloka Day	
				Karttika-Karttikai	Devaloka Time: 3:PM to 6:PM	

3	Saturday, December 12, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Mantra Vasara Yuktayam Svati/Vishakha Nakshatra Athiganda*/Sukarma Yoga Talila/Gara Karana Dvadashi/Trayodashyam Titau			Dushanbe, Tajikistan Sun 11 Sutra 244
	Tula Rasi: 19.21	Tithi 27 – 28	Gulika 8:34AM – 9:46AM	Svati Until 6:54AM	Ganesha: Clear <i>Sunrise: 8:34AM</i>	Sarvari 5122
		763174465	Yama 2:32PM – 3:43PM	Athiganda* Until 12:36PM	Muruqa: Clear <i>Sunset: 6:06PM</i>	Moon 12 - Phase 33
	Creative Work Siddha Yoga		Rahu 10:57AM – 12:09PM	Gara Until 6:02PM	Nataraja: Clear	2nd Phase
			Dvadashi* Until 7:35AM	Moon – Green	Devaloka Day	
				Karttika-Karttikai		
				<i>Pradosha Vrata (Fasting)</i>		

4	Sunday, December 13, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha Nakshatra Sukarma/Dhriti* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau			Dushanbe, Tajikistan Sun 12 Sutra 245
	Vrischika Rasi: 4.11	Tithi 29	Gulika 3:43PM – 4:55PM	Anuradha Until 2:11AM Mon	Ganesha: Orange <i>Sunrise: 8:35AM</i>	Sarvari 5122
		773174465	Yama 1:20PM – 2:32PM	Sukarma Until 8:47AM	Muruqa: Clear <i>Sunset: 6:06PM</i>	Moon 12 - Phase 33
	Routine Work Marana Yoga		Rahu 4:55PM – 6:06PM	Visti Until 2:52PM	Nataraja: Clear	2nd Phase
			Chaturdashi* Until 1:17AM Mon	Moon – Orange	Devaloka Day	
				Karttika-Karttikai		

	Monday, December 14, 2020		Sarvari Nama Samvatsare Dakshinaya Jivana Ritau Vrischika Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha* Nakshatra Shula* Yoga Catuspada*/Naga* Karana Amavasyayam Titau			Dushanbe, Tajikistan Sun 13 Sutra 246
	Retreat Star		Gulika 2:32PM – 3:44PM	Jyeshtha* Until 11:47PM	Ganesha: Orange <i>Sunrise: 8:35AM</i>	Sarvari 5122
	Vrischika Rasi: 19.01	Tithi 30	Yama 12:10PM – 1:21PM	Shula* Until 1:21AM Tue	Muruqa: Clear <i>Sunset: 6:06PM</i>	Moon 12 - Phase 33
	Family Home Evening	773174465	Rahu 9:47AM – 10:58AM	Catuspada Until 11:46AM	Nataraja: Clear	Amavasya
Creative Work Siddha Yoga			Amavasya* Until 10:17PM	Moon – Orange	Devaloka Day	
		Total Solar Eclipse		Karttika-Karttikai		

	Tuesday, December 15, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mula* Nakshatra Ganda* Yoga Kintughna*/Bava Karana Prathamayam Titau			Dushanbe, Tajikistan Sun 14 Sutra 247
	Retreat Star		Gulika 1:21PM – 2:33PM	Mula* Until 10:00PM	Ganesha: Purple <i>Sunrise: 8:36AM</i>	Sarvari 5122
	Dhanus Rasi: 3.41	Tithi 1	Yama 10:59AM – 12:10PM	Ganda* Until 9:59PM	Muruqa: Clear <i>Sunset: 6:07PM</i>	Moon 12 - Phase 33
		783274465	Rahu 3:44PM – 4:55PM	Kintughna Until 8:55AM	Nataraja: Clear	Prathama
Creative Work Amrita Yoga			Prathama* Until 7:37PM	Moon – Light Blue	Bhuloka Day	
		Markali Pillaiyar		Margasira-Markali	Devaloka Time: 3:PM to 6:PM	

1	Wednesday, December 16, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha* Nakshatra Vriddhi Yoga Balava/Tailita Karana Dvitiya/Triliyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 248
	Dhanus Rasi: 18.05	Tithi 2 – 3	Gulika 12:11PM – 1:22PM	Purvashadha* Until 8:32PM	Ganesha: Light Blue <i>Sunrise:</i> 8:37AM	<i>Sunset:</i> 6:07PM	Sarvari 5122
			Yama 9:48AM – 10:59AM	Vriddhi Until 7:01PM	Muruqa: Clear		Moon 12 - Phase 34
	883274465		Rahu 1:22PM – 2:33PM	Balava Until 6:28AM	Nataraja: Clear		3rd Phase
Creative Work	Amrita Yoga		Dvitiya Until 5:24PM	Moon – Light Blue		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

2	Thursday, December 17, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Uttarashadha Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Tritiya/Chatrthyam Titau				Dushanbe, Tajikistan Sun 16 Sutra 249
	Makara Rasi: 2.09	Tithi 3 – 4	Gulika 11:00AM – 12:11PM	Uttarashadha Until 7:32PM	Ganesha: Light Blue <i>Sunrise:</i> 8:37AM	<i>Sunset:</i> 6:07PM	Sarvari 5122
			Yama 8:37AM – 9:49AM	Dhruva Until 4:31PM	Muruqa: Clear		Moon 12 - Phase 34
	883274465		Rahu 2:34PM – 3:45PM	Vanija Until 3:15AM Fri	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Tritiya Until 3:47PM	Moon – Light Blue		Bhuloka Day	
Until 7:32PM				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

3	Friday, December 18, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Shravana Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 250
	Makara Rasi: 15.48	Tithi 4 – 5	Gulika 9:49AM – 11:01AM	Shravana Until 7:33PM	Ganesha: Purple <i>Sunrise:</i> 8:38AM	<i>Sunset:</i> 6:08PM	Sarvari 5122
			Yama 3:45PM – 4:57PM	Vyaghata* Until 2:34PM	Muruqa: Clear		Moon 12 - Phase 34
	893274465		Rahu 12:12PM – 1:23PM	Bava Until 2:44AM Sat	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Chaturthi* Until 2:53PM	Moon – Purple		Bhuloka Day	
Until 7:33PM				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

4	Saturday, December 19, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Dhanishtha Nakshatra Harshana/Vajra* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 251
	Makara Rasi: 29.02	Tithi 5 – 6	Gulika 8:39AM – 9:50AM	Dhanishtha Until 8:10PM	Ganesha: Purple <i>Sunrise:</i> 8:39AM	<i>Sunset:</i> 6:08PM	Sarvari 5122
			Yama 2:35PM – 3:46PM	Harshana Until 1:15PM	Muruqa: Clear		Moon 12 - Phase 34
	893274465		Rahu 11:01AM – 12:12PM	Kaulava Until 3:00AM Sun	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Panchami Until 2:45PM	Moon – Purple		Bhuloka Day	
Until 8:10PM				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

5	Sunday, December 20, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak Nakshatra Vajra*/Siddhi Yoga Tailita/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 252
	Kumbha Rasi: 11.52	Tithi 6 – 7	Gulika 3:46PM – 4:58PM	Shatabhishak Until 9:22PM	Ganesha: Purple <i>Sunrise:</i> 8:39AM	<i>Sunset:</i> 6:09PM	Sarvari 5122
			Yama 1:24PM – 2:35PM	Vajra* Until 12:31PM	Muruqa: Clear		Moon 12 - Phase 34
	893274465		Rahu 4:58PM – 6:09PM	Gara Until 4:02AM Mon	Nataraja: Clear		3rd Phase
Creative Work	Siddha Yoga		Shashthi* Until 3:25PM	Moon – Purple		Bhuloka Day	
				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	

Vinayaga Viratam Ends

6	Monday, December 21, 2020		Sarvari Nama Samvatsare Dakshinaya Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada* Nakshatra Siddhi/Vyatipata* Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 253
	Kumbha Rasi: 24.22	Tithi 7 – 8	Gulika 2:36PM – 3:47PM	Purvaproshtapada* Until 11:34PM	Ganesha: Green <i>Sunrise:</i> 8:40AM	<i>Sunset:</i> 6:09PM	Sarvari 5122
	Family Home Evening		Yama 12:13PM – 1:24PM	Siddhi Until 12:21PM	Muruqa: Clear		Moon 12 - Phase 34
	813274465		Rahu 9:51AM – 11:02AM	Visti Until 5:44AM Tue	Nataraja: Clear		3rd Phase
Routine Work	Marana Yoga		Saptami Until 4:47PM	Moon – Clear		Bhuloka Day	
Until 11:34PM				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Siddha Yoga							

☾	Tuesday, December 22, 2020		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada Nakshatra Vyatipata*/Variyan Yoga Bava Karana Ashtamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 254
	Retreat Star		Gulika 1:25PM – 2:36PM	Uttaraproshtapada Until 2:07AM Wed	Ganesha: Green <i>Sunrise:</i> 8:40AM	<i>Sunset:</i> 6:10PM	Sarvari 5122
	Meena Rasi: 6.34	Tithi 8	Yama 11:03AM – 12:14PM	Vyatipata* Until 12:40PM	Muruqa: Clear		Moon 12 - Phase 34
	813274465		Rahu 3:47PM – 4:59PM	Bava Until 6:46PM	Nataraja: Clear		Ashtami
Creative Work	Amrita Yoga		Ashtami* Until 6:46PM	Moon – Clear		Bhuloka Day	
Until 2:07AM Wed				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Routine Work - Marana Yoga							

☽	Wednesday, December 23, 2020		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Revati Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Navamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 255
	Retreat Star		Gulika 12:14PM – 1:25PM	Revati Until 4:51AM Thu	Ganesha: Green <i>Sunrise:</i> 8:41AM	<i>Sunset:</i> 6:10PM	Sarvari 5122
	Meena Rasi: 18.35	Tithi 9	Yama 9:52AM – 11:03AM	Variyan Until 1:18PM	Muruqa: Clear		Moon 12 - Phase 34
	813274465		Rahu 1:25PM – 2:37PM	Balava Until 7:57AM	Nataraja: Clear		Navami
Routine Work	Marana Yoga		Navami* Until 9:10PM	Moon – Clear		Bhuloka Day	
Until 4:51AM Thu				Margasira*Markali		Devaloka Time: 3:PM to 6:PM	
Then Creative Work - Amrita Yoga							

The soul is born and unfolds in a body, with dreams and desires and the food of life. And then it is reborn in new bodies, in accordance with its former works. The quality of the soul determines its future body; earthly or airy, heavy or light. Krishna Yajur Veda

All times are standard time

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1		Thursday, December 24, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini Nakshatra Parigha/Shiva Yoga Taitila/Gara Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 23 Sutra 256	
Mesha Rasi: 0.28	Tithi 10	Gulika 11:04AM – 12:15PM	Ashvini Until 8:04AM Fri	Ganesha: Red	<i>Sunrise:</i> 8:41AM		Sarvari 5122
		Yama 8:41AM – 9:52AM	Parigha* Until 2:08PM	Muruqa: Clear	<i>Sunset:</i> 6:11PM		Moon 12 - Phase 35
	823274465	Rahu 2:37PM – 3:48PM	Taitila Until 10:29AM	Nataraja: Clear			4th Phase
Creative Work	Amrita Yoga			Moon – White		Devaloka Day	
Until 8:04AM Fri		Day 4 of Pancha Ganapati	Dashami Until 11:46PM	Margasira-Markali			
Then Creative Work - Siddha Yoga							
2		Friday, December 25, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Sukra Vasara Yuktayam Ashvini/Bharani Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 24 Sutra 257	
Mesha Rasi: 12.19	Tithi 11	Gulika 9:53AM – 11:04AM	Ashvini Until 8:04AM	Ganesha: Red	<i>Sunrise:</i> 8:41AM		Sarvari 5122
		Yama 3:49PM – 5:00PM	Shiva Until 3:03PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM		Moon 12 - Phase 35
	823274465	Rahu 12:15PM – 1:26PM	Vanija Until 1:06PM	Nataraja: Clear			4th Phase
Creative Work	Amrita Yoga	Vaikuntha Ekadasi		Moon – White		Devaloka Day	
Until 8:04AM		Gita Jayanthi	Ekadashi Until 2:22AM Sat	Margasira-Markali			
Then Creative Work - Siddha Yoga		Day 5 of Pancha Ganapati					
3		Saturday, December 26, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Manta Vasara Yuktayam Bharani/Krittika Nakshatra Siddha/Sadhya Yoga Bava/Balava Karana Dvadashyam Titau		Dushanbe, Tajikistan Sun 25 Sutra 258	
Mesha Rasi: 24.1	Tithi 12	Gulika 8:42AM – 9:53AM	Bharani Until 11:02AM	Ganesha: Blue	<i>Sunrise:</i> 8:42AM		Sarvari 5122
		Yama 2:38PM – 3:50PM	Siddha Until 3:51PM	Muruqa: Clear	<i>Sunset:</i> 6:12PM		Moon 12 - Phase 35
	824274466	Rahu 11:04AM – 12:16PM	Bava Until 3:38PM	Nataraja: Orange			4th Phase
Creative Work	Siddha Yoga			Moon – White		Sivaloka Day	
Until 11:02AM			Dvadashi Until 4:47AM Sun	Margasira-Markali			
Then Creative Work - Amrita Yoga							
4		Sunday, December 27, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Bhanu Vasara Yuktayam Krittika/Rohini Nakshatra Sadhya/Subha Yoga Kaulava/Taitila Karana Trayodashyam Titau		Dushanbe, Tajikistan Sun 26 Sutra 259	
Vrishabha Rasi: 6.05	Tithi 13	Gulika 3:50PM – 5:02PM	Krittika Until 1:37PM	Ganesha: Blue	<i>Sunrise:</i> 8:42AM		Sarvari 5122
		Yama 1:27PM – 2:39PM	Sadhya Until 4:27PM	Muruqa: Clear	<i>Sunset:</i> 6:13PM		Moon 12 - Phase 35
	824274466	Rahu 5:02PM – 6:13PM	Kaulava Until 5:53PM	Nataraja: Orange			4th Phase
Creative Work	Siddha Yoga			Moon – White		Sivaloka Day	
			Trayodashi Until 6:50AM Mon	Margasira-Markali			
			<i>Pradosha Vrata</i>				
5		Monday, December 28, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Indu Vasara Yuktayam Rohini/Mrigashira Nakshatra Subha/Sukla Yoga Taitila/Gara Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikistan Sun 27 Sutra 260	
Vrishabha Rasi: 18.1	Tithi 13 – 14	Gulika 2:39PM – 3:51PM	Rohini Until 4:08PM	Ganesha: Yellow	<i>Sunrise:</i> 8:42AM		Sarvari 5122
Family Home Evening		Yama 12:17PM – 1:28PM	Subha Until 4:46PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM		Moon 12 - Phase 35
	834274466	Rahu 9:54AM – 11:05AM	Gara Until 7:43PM	Nataraja: Orange			4th Phase
Creative Work	Amrita Yoga			Moon – Yellow		Devaloka Day	
			Trayodashi Until 6:50AM	Margasira-Markali			
○		Tuesday, December 29, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Mangala Vasara Yuktayam Mrigashira Nakshatra Sukla/Brahma Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau		Dushanbe, Tajikistan Sun 28 Sutra 261	
Mithuna Rasi: 0.26	Tithi 14 – 15	Gulika 1:28PM – 2:40PM	Mrigashira Until 6:02PM	Ganesha: Yellow	<i>Sunrise:</i> 8:43AM		Sarvari 5122
		Yama 11:06AM – 12:17PM	Sukla Until 4:40PM	Muruqa: Clear	<i>Sunset:</i> 6:14PM		Moon 12 - Phase 35
	834274466	Rahu 3:51PM – 5:03PM	Visti Until 9:02PM	Nataraja: Orange			Purnima
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
Until 6:02PM			Chaturdashi* Until 8:25AM	Margasira-Markali			
Then Routine Work - Marana Yoga							
○		Wednesday, December 30, 2020		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam Ardra Nakshatra Brahma/Indra Yoga Bava/Balava Karana Purnima/Prathamayam Titau		Dushanbe, Tajikistan Sun 29 Sutra 262	
Mithuna Rasi: 12.55	Tithi 15 – 16	Gulika 12:17PM – 1:29PM	Ardra Until 7:15PM	Ganesha: Yellow	<i>Sunrise:</i> 8:43AM		Sarvari 5122
		Yama 9:54AM – 11:06AM	Brahma Until 4:12PM	Muruqa: Clear	<i>Sunset:</i> 6:15PM		Moon 12 - Phase 35
	834274466	Rahu 1:29PM – 2:40PM	Balava Until 9:50PM	Nataraja: Orange			Prathama
Creative Work	Siddha Yoga			Moon – Yellow		Devaloka Day	
			Purnima* Until 9:29AM	Margasira-Markali			
			Ardra Darshanam				



Thursday, December 31, 2020

Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Punarvasu Nakshatra Indra/Vaidhriti* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 263

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Sivaloka Day

Mithuna Rasi: 25.38 Tithi 16 - 17

844274466 Rahu 2:41PM - 3:53PM

Gulika 11:06AM - 12:18PM

Yama 8:43AM - 9:55AM

Rahu 2:41PM - 3:53PM

Punarvasu Until 8:17PM

Indra Until 3:20PM

Taitila Until 10:06PM

Prathama* Until 10:01AM

Ganesha: White Sunrise: 8:43AM

Muruqa: Clear Sunset: 6:16PM

Nataraja: Orange

Moon - Blue

Margasira*Markali

Creative Work Amrita Yoga

1

Friday, January 1, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam
Pushya Nakshatra Vaidhriti*/Vishkambha* Yoga Gara/Vanija Karana Dvitiya/Tritiyayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 264

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Sivaloka Day

Kataka Rasi: 9 Tithi 17 - 18

844274466 Rahu 12:18PM - 1:29PM

Gulika 9:55AM - 11:06AM

Yama 3:53PM - 5:04PM

Rahu 12:18PM - 1:29PM

Pushya Until 8:42PM

Vaidhriti* Until 2:04PM

Vanija Until 9:54PM

Dvitiya Until 10:02AM

Ganesha: White Sunrise: 8:43AM

Muruqa: Clear Sunset: 6:16PM

Nataraja: Orange

Moon - Blue

Margasira*Markali

Routine Work Marana Yoga

2

Saturday, January 2, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam
Ashlesha* Nakshatra Vishkambha*/Priti Yoga Visti*/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 265

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Sivaloka Day

Kataka Rasi: 21.47 Tithi 18 - 19

844274466 Rahu 11:07AM - 12:18PM

Gulika 8:43AM - 9:55AM

Yama 2:42PM - 3:53PM

Rahu 11:07AM - 12:18PM

Ashlesha* Until 8:34PM

Vishkambha* Until 12:28PM

Bava Until 9:18PM

Tritiya Until 9:38AM

Ganesha: White Sunrise: 8:43AM

Muruqa: Clear Sunset: 6:17PM

Nataraja: Orange

Moon - Blue

Margasira*Markali

Routine Work Marana Yoga

Until 8:34PM

Then Creative Work - Amrita Yoga

3

Sunday, January 3, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam
Magha* Nakshatra Priti/Ayushman Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 266

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Devaloka Day

Simha Rasi: 5.12 Tithi 19 - 20

854274466 Rahu 5:06PM - 6:17PM

Gulika 3:54PM - 5:06PM

Yama 1:30PM - 2:42PM

Rahu 5:06PM - 6:17PM

Magha* Until 8:23PM

Priti Until 10:36AM

Kaulava Until 8:19PM

Chaturthi* Until 8:50AM

Ganesha: Clear Sunrise: 8:43AM

Muruqa: Clear Sunset: 6:17PM

Nataraja: Orange

Moon - Red

Margasira*Markali

Routine Work Marana Yoga

Until 8:23PM

Then Creative Work - Siddha Yoga

4

Monday, January 4, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam
Purvaphalguni Nakshatra Ayushman/Saubhagya Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 267

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Devaloka Day

Simha Rasi: 18.47 Tithi 20 - 21

854274466 Rahu 9:55AM - 11:07AM

Gulika 2:43PM - 3:55PM

Yama 12:19PM - 1:31PM

Rahu 9:55AM - 11:07AM

Purvaphalguni Until 7:44PM

Ayushman Until 8:26AM

Gara Until 7:03PM

Panchami Until 7:42AM

Ganesha: Clear Sunrise: 8:43AM

Muruqa: Clear Sunset: 6:18PM

Nataraja: Orange

Moon - Red

Margasira*Markali

Creative Work Siddha Yoga

5

Tuesday, January 5, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam
Uttaraphalguni Nakshatra Saubhagya/Sobhana Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 268

Sarvari 5122

Moon 13 - Phase 36

1st Phase

Devaloka Day

Kanya Rasi: 2.34 Tithi 21 - 22

854274466 Rahu 3:55PM - 5:07PM

Gulika 1:31PM - 2:43PM

Yama 11:07AM - 12:19PM

Rahu 3:55PM - 5:07PM

Uttaraphalguni Until 6:41PM

Saubhagya Until 6:04AM

Bava Until 4:36AM Wed

Shashthi* Until 6:17AM

Ganesha: Clear Sunrise: 8:44AM

Muruqa: Clear Sunset: 6:19PM

Nataraja: Orange

Moon - Red

Margasira*Markali

Creative Work Amrita Yoga

Until 6:41PM

Then Creative Work - Siddha Yoga

6

Wednesday, January 6, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Budha Vasara Yuktayam
Hasta/Chitra Nakshatra Athiganda* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 269

Sarvari 5122

Moon 13 - Phase 36

Ashtami

Sivaloka Day

Kanya Rasi: 16.29 Tithi 23

864274466 Rahu 1:32PM - 2:44PM

Gulika 12:20PM - 1:32PM

Yama 9:56AM - 11:08AM

Rahu 1:32PM - 2:44PM

Hasta Until 5:41PM

Athiganda* Until 12:44AM Thu

Balava Until 3:41PM

Ashtami* Until 2:41AM Thu

Ganesha: Purple Sunrise: 8:44AM

Muruqa: Clear Sunset: 6:20PM

Nataraja: Orange

Moon - Green

Margasira*Markali

Routine Work Marana Yoga

Until 5:41PM

Then Creative Work - Siddha Yoga

7

Thursday, January 7, 2021

Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Guru Vasara Yuktayam
Chitra/Svati Nakshatra Sukarma Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan

Sun 7 Sutra 270

Sarvari 5122

Moon 13 - Phase 36

Navami

Devaloka Day

Tula Rasi: 0.34 Tithi 24

865274466 Rahu 2:44PM - 3:57PM

Gulika 11:08AM - 12:20PM

Yama 8:44AM - 9:56AM

Rahu 2:44PM - 3:57PM

Chitra Until 4:20PM

Sukarma Until 9:48PM

Taitila Until 1:40PM

Navami* Until 12:34AM Fri

Ganesha: Clear Sunrise: 8:44AM

Muruqa: Clear Sunset: 6:21PM

Nataraja: Orange

Moon - Green

Margasira*Markali

Creative Work Siddha Yoga

Until 4:20PM

Then Creative Work - Amrita Yoga


To such a one who has his stains wiped away, the venerable Sanatkumara shows the further shore of darkness. Him they call Skanda. Sama Veda Chandu

1		Friday, January 8, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Sukra Vasara Yuktayam Svati/Vishakha Nakshatra Dhriti Yoga Vanija/Visti* Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 8 Sutra 271	
Tula Rasi: 14.46	Tithi 25	Gulika 9:56AM – 11:08AM	Svati Until 2:38PM	Ganesha: Clear	<i>Sunrise:</i> 8:43AM	Sarvari 5122	
		Yama 3:57PM – 5:10PM	Dhriti Until 6:44PM	Muruqa: Clear	<i>Sunset:</i> 6:22PM	Moon 13 - Phase 37	
Creative Work	Siddha Yoga	865274466 Rahu 12:20PM – 1:33PM	Vanija Until 11:27AM	Nataraja: Orange		2nd Phase	
			Dashami Until 10:17PM	Moon – Green		Devaloka Day	
				Margasira-Markali			

2		Saturday, January 9, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Manta Vasara Yuktayam Vishakha/Anuradha Nakshatra Shula*/Ganda* Yoga Bava/Balava Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 272	
Tula Rasi: 29.04	Tithi 26	Gulika 8:43AM – 9:56AM	Vishakha Until 1:06PM	Ganesha: Clear	<i>Sunrise:</i> 8:43AM	Sarvari 5122	
		Yama 2:46PM – 3:58PM	Shula* Until 3:33PM	Muruqa: Clear	<i>Sunset:</i> 6:23PM	Moon 13 - Phase 37	
Creative Work	Siddha Yoga	875374466 Rahu 11:08AM – 12:21PM	Bava Until 9:06AM	Nataraja: Orange		2nd Phase	
			Ekadashi* Until 7:53PM	Moon – Orange		Devaloka Day	
				Margasira-Markali			

3		Sunday, January 10, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Bhanu Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Ganda*/Vridhhi Yoga Kaulava/Gara Karana Dvadashi/Trayodashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 273	
Vrischika Rasi: 13.26	Tithi 27 – 28	Gulika 3:59PM – 5:11PM	Anuradha Until 11:22AM	Ganesha: Clear	<i>Sunrise:</i> 8:43AM	Sarvari 5122	
		Yama 1:34PM – 2:46PM	Ganda* Until 12:21PM	Muruqa: Clear	<i>Sunset:</i> 6:24PM	Moon 13 - Phase 37	
Creative Work	Siddha Yoga	875374466 Rahu 5:11PM – 6:24PM	Kaulava Until 6:41AM	Nataraja: Orange		2nd Phase	
			Dvadashi* Until 5:27PM	Moon – Orange		Devaloka Day	
				Margasira-Markali			
				<i>Pradosha Vrata (Fasting)</i>			

4		Monday, January 11, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Indu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vridhhi/Dhruva Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 274	
Vrischika Rasi: 27.47	Tithi 28 – 29	Gulika 2:47PM – 3:59PM	Jyeshtha* Until 9:32AM	Ganesha: Clear	<i>Sunrise:</i> 8:43AM	Sarvari 5122	
Family Home Evening		Yama 12:21PM – 1:34PM	Vridhhi Until 9:11AM	Muruqa: Clear	<i>Sunset:</i> 6:25PM	Moon 13 - Phase 37	
Creative Work	Siddha Yoga	875374466 Rahu 9:56AM – 11:09AM	Visti Until 1:58AM Tue	Nataraja: Orange		2nd Phase	
			Trayodashi* Until 3:05PM	Moon – Orange		Devaloka Day	
				Margasira-Markali			

		Tuesday, January 12, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Krishna Pakshe Mangala Vasara Yuktayam Mula*/Purvashadha* Nakshatra Dhruva/Vyaghata* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Dushanbe, Tajikistan Sun 12 Sutra 275	
Retreat Star		Gulika 1:34PM – 2:47PM	Mula* Until 8:07AM	Ganesha: Orange	<i>Sunrise:</i> 8:43AM	Sarvari 5122	
Dhanus Rasi: 12.04	Tithi 29 – 30	Yama 11:09AM – 12:21PM	Dhruva Until 6:06AM	Muruqa: Clear	<i>Sunset:</i> 6:26PM	Moon 13 - Phase 37	
Creative Work	Amrita Yoga	885374466 Rahu 4:00PM – 5:13PM	Catuspada Until 11:54PM	Nataraja: Orange		Amavasya	
			Chaturdashi* Until 12:53PM	Moon – Light Blue		Devaloka Day	
				Margasira-Markali			
				Hanumath Jayanthi (Tamil Nadu)			

Retreat Star		Wednesday, January 13, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Dhanus Mase Sukla Pakshe Budha Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Harshana Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Dushanbe, Tajikistan Sun 13 Sutra 276	
Dhanus Rasi: 26.1	Tithi 30 – 1	Gulika 12:22PM – 1:35PM	Purvashadha* Until 6:49AM	Ganesha: Orange	<i>Sunrise:</i> 8:43AM	Sarvari 5122	
		Yama 9:56AM – 11:09AM	Harshana Until 12:42AM Thu	Muruqa: Clear	<i>Sunset:</i> 6:27PM	Moon 13 - Phase 37	
Creative Work	Amrita Yoga	885374466 Rahu 1:35PM – 2:48PM	Kintughna Until 10:12PM	Nataraja: Orange		Prathama	
			Amavasya* Until 10:59AM	Moon – Light Blue		Devaloka Day	
				Pausha-Markali			

1	Thursday, January 14, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Shravana Nakshatra Vajra* Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 277
	Makara Rasi: 10.02	Tithi 1 – 2	Gulika 11:09AM – 12:22PM	Shravana Until 5:32AM Fri	Ganesha: Clear <i>Sunrise:</i> 8:42AM	<i>Sunset:</i> 6:28PM	Sarvari 5122
	Creative Work	Siddha Yoga	Yama 8:42AM – 9:56AM	Vajra* Until 10:32PM	Muruqa: Clear		Moon 13 - Phase 38
		895374466	Rahu 2:48PM – 4:01PM	Balava Until 8:59PM	Nataraja: Orange		3rd Phase
			Thai Pongal	Prathama* Until 9:30AM	Moon – Purple		Devaloka Day
					Pausha*Thai		

2	Friday, January 15, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha Nakshatra Siddhi Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau				Dushanbe, Tajikistan Sun 15 Sutra 278
	Makara Rasi: 23.35	Tithi 2 – 3	Gulika 9:55AM – 11:09AM	Dhanishtha Until 5:46AM Sat	Ganesha: Clear <i>Sunrise:</i> 8:42AM	<i>Sunset:</i> 6:29PM	Sarvari 5122
	Creative Work	Siddha Yoga	Yama 4:02PM – 5:15PM	Siddhi Until 8:50PM	Muruqa: Clear		Moon 13 - Phase 38
		895374466	Rahu 12:22PM – 1:35PM	Taitila Until 8:21PM	Nataraja: Orange		3rd Phase
				Dvitiya Until 8:34AM	Moon – Purple		Devaloka Day
					Pausha*Thai		

3	Saturday, January 16, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak Nakshatra Vyatipata* Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau				Dushanbe, Tajikistan Sun 16 Sutra 279
	Kumbha Rasi: 6.47	Tithi 3 – 4	Gulika 8:42AM – 9:55AM	Shatabhishak Until 6:30AM Sun	Ganesha: Clear <i>Sunrise:</i> 8:42AM	<i>Sunset:</i> 6:30PM	Sarvari 5122
	Creative Work	Amrita Yoga	Yama 2:49PM – 4:03PM	Vyatipata* Until 7:41PM	Muruqa: Clear		Moon 13 - Phase 38
		895374466	Rahu 11:09AM – 12:22PM	Vanija Until 8:24PM	Nataraja: Orange		3rd Phase
				Tritiya Until 8:16AM	Moon – Purple		Devaloka Day
					Pausha*Thai		

4	Sunday, January 17, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Shatabhishak/Purvaproshtapada* Nakshatra Varyan Yoga Visti*/Bava Karana Chaturthi/Panchamyam Titau				Dushanbe, Tajikistan Sun 17 Sutra 280
	Kumbha Rasi: 19.38	Tithi 4 – 5	Gulika 4:04PM – 5:17PM	Shatabhishak Until 6:30AM	Ganesha: White <i>Sunrise:</i> 8:41AM	<i>Sunset:</i> 6:31PM	Sarvari 5122
	Creative Work	Siddha Yoga	Yama 1:36PM – 2:50PM	Variyan Until 7:02PM	Muruqa: Clear		Moon 13 - Phase 38
		896374466	Rahu 5:17PM – 6:31PM	Bava Until 9:09PM	Nataraja: Orange		3rd Phase
				Chaturthi* Until 8:40AM	Moon – Purple		Bhuloka Day
					Pausha*Thai		Devaloka Time: 3:PM to 6:PM

5	Monday, January 18, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Parigha* Yoga Balava/Kaulava Karana Panchami/Shashthyam Titau				Dushanbe, Tajikistan Sun 18 Sutra 281
	Meena Rasi: 2.11	Tithi 5 – 6	Gulika 2:50PM – 4:04PM	Purvaproshtapada* Until 8:13AM	Ganesha: Blue <i>Sunrise:</i> 8:41AM	<i>Sunset:</i> 6:32PM	Sarvari 5122
	Family Home Evening		Yama 12:23PM – 1:37PM	Parigha* Until 6:56PM	Muruqa: Clear		Moon 13 - Phase 38
		816374466	Rahu 9:55AM – 11:09AM	Kaulava Until 10:35PM	Nataraja: Orange		3rd Phase
				Panchami Until 9:46AM	Moon – Clear		Bhuloka Day
					Pausha*Thai		Devaloka Time: 3:PM to 6:PM

6	Tuesday, January 19, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Shiva Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan Sun 19 Sutra 282
	Meena Rasi: 14.26	Tithi 6 – 7	Gulika 1:37PM – 2:51PM	Uttaraproshtapada Until 10:24AM	Ganesha: Blue <i>Sunrise:</i> 8:41AM	<i>Sunset:</i> 6:33PM	Sarvari 5122
	Creative Work	Amrita Yoga	Yama 11:09AM – 12:23PM	Shiva Until 7:17PM	Muruqa: Clear		Moon 13 - Phase 38
		816374466	Rahu 4:05PM – 5:19PM	Gara Until 12:35AM Wed	Nataraja: Orange		3rd Phase
				Shashthi* Until 11:30AM	Moon – Clear		Bhuloka Day
					Pausha*Thai		Devaloka Time: 3:PM to 6:PM

☾	Wednesday, January 20, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Revati/Ashvini Nakshatra Siddha Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau				Dushanbe, Tajikistan Sun 20 Sutra 283
	Meena Rasi: 26.28	Tithi 7 – 8	Gulika 12:23PM – 1:37PM	Revati Until 12:55PM	Ganesha: Blue <i>Sunrise:</i> 8:40AM	<i>Sunset:</i> 6:34PM	Sarvari 5122
	Routine Work	Marana Yoga	Yama 9:54AM – 11:09AM	Siddha Until 7:57PM	Muruqa: Clear		Moon 13 - Phase 38
		816374466	Rahu 1:37PM – 2:51PM	Visti Until 3:01AM Thu	Nataraja: Orange		Ashtami
				Saptami Until 1:45PM	Moon – Clear		Bhuloka Day
					Pausha*Thai		Devaloka Time: 3:PM to 6:PM

☾	Thursday, January 21, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Ashvini/Bharani Nakshatra Sadhya Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan Sun 21 Sutra 284
	Mesha Rasi: 8.22	Tithi 8 – 9	Gulika 11:09AM – 12:23PM	Ashvini Until 4:03PM	Ganesha: Yellow <i>Sunrise:</i> 8:40AM	<i>Sunset:</i> 6:35PM	Sarvari 5122
	Creative Work	Amrita Yoga	Yama 8:40AM – 9:54AM	Sadhya Until 8:50PM	Muruqa: Clear		Moon 13 - Phase 38
		826374466	Rahu 2:52PM – 4:06PM	Balava Until 5:39AM Fri	Nataraja: Orange		Navami
				Ashtami* Until 4:18PM	Moon – White		Devaloka Day
					Pausha*Thai		

1		Friday, January 22, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Sukra Vasara Yuktayam Bharani Nakshatra Subha Yoga Kaulava Karana Navamyam Titau		Dushanbe, Tajikistan Sun 22 Sutra 285	
Mesha Rasi: 20.11	Tithi 9	Gulika 9:54AM – 11:08AM	Bharani Until 7:07PM	Ganesha: Yellow	<i>Sunrise:</i> 8:39AM	Sarvari 5122	
		Yama 4:07PM – 5:22PM	Subha Until 9:45PM	Muruqa: Clear	<i>Sunset:</i> 6:36PM	Moon 13 - Phase 39	
826374466	Rahu 12:23PM – 1:38PM		Kaulava Until 6:57PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Navami* Until 6:57PM	Moon – White		Devaloka Day	
				Pausha-Thai			
2		Saturday, January 23, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Manta Vasara Yuktayam Krittika Nakshatra Sukla Yoga Taitila/Gara Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 23 Sutra 286	
Vrishabha Rasi: 2.02	Tithi 10	Gulika 8:39AM – 9:53AM	Krittika Until 9:50PM	Ganesha: Yellow	<i>Sunrise:</i> 8:39AM	Sarvari 5122	
		Yama 2:53PM – 4:08PM	Sukla Until 10:30PM	Muruqa: Clear	<i>Sunset:</i> 6:37PM	Moon 13 - Phase 39	
826374466	Rahu 11:08AM – 12:23PM		Taitila Until 8:14AM	Nataraja: Orange		4th Phase	
Creative Work	Amrita Yoga		Dashami Until 9:25PM	Moon – White		Devaloka Day	
				Pausha-Thai			
3		Sunday, January 24, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini Nakshatra Brahma Yoga Vanija/Visi* Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 24 Sutra 287	
Vrishabha Rasi: 13.59	Tithi 11	Gulika 4:08PM – 5:24PM	Rohini Until 12:29AM Mon	Ganesha: White	<i>Sunrise:</i> 8:38AM	Sarvari 5122	
		Yama 1:38PM – 2:53PM	Brahma Until 10:56PM	Muruqa: Clear	<i>Sunset:</i> 6:39PM	Moon 13 - Phase 39	
937374466	Rahu 5:24PM – 6:39PM		Vanija Until 10:31AM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Ekadashi Until 11:28PM	Moon – Yellow		Sivaloka Day	
Until 12:29AM Mon				Pausha-Thai			
Then Creative Work - Amrita Yoga							
4		Monday, January 25, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira Nakshatra Indra Yoga Bava/Balava Karana Dvadashyam Titau		Dushanbe, Tajikistan Sun 25 Sutra 288	
Vrishabha Rasi: 26.08	Tithi 12	Gulika 2:54PM – 4:09PM	Mrigashira Until 2:25AM Tue	Ganesha: White	<i>Sunrise:</i> 8:37AM	Sarvari 5122	
Family Home Evening		Yama 12:23PM – 1:39PM	Indra Until 10:58PM	Muruqa: Clear	<i>Sunset:</i> 6:40PM	Moon 13 - Phase 39	
937374466	Rahu 9:53AM – 11:08AM		Bava Until 12:18PM	Nataraja: Orange		4th Phase	
Creative Work	Amrita Yoga		Dvadashi Until 12:56AM Tue	Moon – Yellow		Sivaloka Day	
Until 2:25AM Tue				Pausha-Thai			
Then Routine Work - Marana Yoga							
5		Tuesday, January 26, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra Nakshatra Vaidhriti* Yoga Kaulava/Taitila Karana Trayodashyam Titau		Dushanbe, Tajikistan Sun 26 Sutra 289	
Mithuna Rasi: 8.31	Tithi 13	Gulika 1:39PM – 2:54PM	Ardra Until 3:33AM Wed	Ganesha: White	<i>Sunrise:</i> 8:37AM	Sarvari 5122	
		Yama 11:08AM – 12:23PM	Vaidhriti* Until 10:27PM	Muruqa: Clear	<i>Sunset:</i> 6:41PM	Moon 13 - Phase 39	
937374466	Rahu 4:10PM – 5:25PM		Kaulava Until 1:26PM	Nataraja: Orange		4th Phase	
Routine Work	Marana Yoga		Trayodashi Until 1:43AM Wed	Moon – Yellow		Sivaloka Day	
Until 3:33AM Wed				Pausha-Thai			
Then Creative Work - Siddha Yoga							
				<i>Pradosha Vrata</i>			
6		Wednesday, January 27, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu Nakshatra Vishkambha* Yoga Gara/Vanija Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 27 Sutra 290	
Mithuna Rasi: 21.13	Tithi 14	Gulika 12:23PM – 1:39PM	Punarvasu Until 4:19AM Thu	Ganesha: Clear	<i>Sunrise:</i> 8:36AM	Sarvari 5122	
		Yama 9:52AM – 11:07AM	Vishkambha* Until 9:25PM	Muruqa: Clear	<i>Sunset:</i> 6:42PM	Moon 13 - Phase 39	
947374466	Rahu 1:39PM – 2:55PM		Gara Until 1:52PM	Nataraja: Orange		4th Phase	
Creative Work	Siddha Yoga		Chaturdashi* Until 1:49AM Thu	Moon – Blue		Devaloka Day	
Until 4:19AM Thu				Pausha-Thai			
Then Creative Work - Amrita Yoga							
○		Thursday, January 28, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Sukla Pakshe Guru Vasara Yuktayam Pushya Nakshatra Priti Yoga Visi*/Bava Karana Purnimayam Titau		Dushanbe, Tajikistan Sutra 291	
Copper Retreat Star		Gulika 11:07AM – 12:23PM	Pushya Until 4:19AM Fri	Ganesha: Clear	<i>Sunrise:</i> 8:35AM	Sarvari 5122	
Kataka Rasi: 4.14	Tithi 15	Yama 8:35AM – 9:51AM	Priti Until 7:54PM	Muruqa: Clear	<i>Sunset:</i> 6:43PM	Moon 13 - Phase 39	
947374466	Rahu 2:55PM – 4:11PM		Visi* Until 1:38PM	Nataraja: Orange		Purnima	
Creative Work	Amrita Yoga		Purnima* Until 1:16AM Fri	Moon – Blue		Devaloka Day	
Until 4:19AM Fri		Thai Pusam		Pausha-Thai			
Then Routine Work - Marana Yoga							
Friday, January 29, 2021		Silver Retreat Star		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam Ashlesha* Nakshatra Ayushman/Saubhagya Yoga Balava/Kaulava Karana Prathamayam Titau		Dushanbe, Tajikistan Sutra 292	
Kataka Rasi: 17.36	Tithi 16	Gulika 9:51AM – 11:07AM	Ashlesha* Until 3:40AM Sat	Ganesha: Clear	<i>Sunrise:</i> 8:34AM	Sarvari 5122	
		Yama 4:12PM – 5:28PM	Ayushman Until 5:54PM	Muruqa: Clear	<i>Sunset:</i> 6:44PM	Moon 13 - Phase 39	
947374466	Rahu 12:23PM – 1:39PM		Balava Until 12:48PM	Nataraja: Orange		Prathama	
Routine Work	Marana Yoga		Prathama* Until 12:11AM Sat	Moon – Blue		Devaloka Day	
Until 3:40AM Sat				Pausha-Thai			
Then Creative Work - Amrita Yoga							

From Him, also, are born the Gods, in manifold ways, the celestials, men, cattle, birds, the in-breath and the out-breath, rice and barley, austerity, faith, truth, chastity and the law. Atharva Veda

All times are standard time

www.gurudeva.org/panchang

**Saturday, January 30, 2021****Gold Retreat Star**Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam
Magha* Nakshatra Saubhagya/Sobhana Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan

Sutra 293

Simha Rasi: 1.14

Tithi 17

957374466

Gulika 8:34AM – 9:50AM
Yama 2:56PM – 4:12PM
Rahu 11:07AM – 12:23PM**Magha* Until 2:55AM Sun**

Saubhagya Until 3:34PM

Taitila Until 11:30AM

Dvitiya Until 10:41PM**Ganesha:** Purple

Sunrise: 8:34AM

Muruqa: Clear

Sunset: 6:45PM

Nataraja: Orange

Moon – Red

Pausha*Thai**Sivaloka Day**

Creative Work Amrita Yoga

Until 2:55AM Sun

Then Creative Work - Siddha Yoga

1 Sunday, January 31, 2021Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvaphalguni Nakshatra Sobhana/Athiganda* Yoga Vanija/Visti* Karana Trityayam Titau

Dushanbe, Tajikistan

Sun 1 Sutra 294

Simha Rasi: 15.07

Tithi 18

958374466

Gulika 4:13PM – 5:30PM
Yama 1:40PM – 2:56PM
Rahu 5:30PM – 6:47PM**Purvaphalguni Until 1:44AM Mon**

Sobhana Until 12:59PM

Vanija Until 9:49AM

Tritiya Until 8:52PM**Ganesha:** Clear

Sunrise: 8:33AM

Muruqa: Clear

Sunset: 6:47PM

Nataraja: Orange

Moon – Red

Pausha*Thai**Devaloka Day**

Creative Work Siddha Yoga

2 Monday, February 1, 2021Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni Nakshatra Athiganda*/Sukarma Yoga Bava/Balava Karana Chaturthyam Titau

Dushanbe, Tajikistan

Sun 2 Sutra 295

Simha Rasi: 29.09

Tithi 19

958374466

Gulika 2:56PM – 4:13PM
Yama 12:23PM – 1:40PM
Rahu 9:50AM – 11:06AM**Uttaraphalguni Until 12:16AM Tue**

Athiganda* Until 10:11AM

Bava Until 7:55AM

Chaturthi* Until 6:53PM**Ganesha:** Clear

Sunrise: 8:33AM

Muruqa: Clear

Sunset: 6:47PM

Nataraja: Orange

Moon – Red

Pausha*Thai**Devaloka Day**

Creative Work Siddha Yoga

3 Tuesday, February 2, 2021Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta Nakshatra Sukarma/Dhriti Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan

Sun 3 Sutra 296

Kanya Rasi: 13.17

Tithi 20 – 21

968374466

Gulika 1:40PM – 2:57PM
Yama 11:06AM – 12:23PM
Rahu 4:14PM – 5:31PM**Hasta Until 11:01PM**

Sukarma Until 7:18AM

Gara Until 3:47AM Wed

Panchami Until 4:49PM**Ganesha:** White

Sunrise: 8:32AM

Muruqa: Clear

Sunset: 6:48PM

Nataraja: Orange

Moon – Green

Pausha*Thai**Bhuloka Day**

Devaloka Time: 3:PM to 6:PM

Creative Work Siddha Yoga

4 Wednesday, February 3, 2021Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam
Chitra Nakshatra Shula* Yoga Vanija/Visti* Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan

Sun 4 Sutra 297

Kanya Rasi: 27.26

Tithi 21 – 22

968474467

Gulika 12:23PM – 1:40PM
Yama 9:48AM – 11:06AM
Rahu 1:40PM – 2:57PM**Chitra Until 9:38PM**

Shula* Until 1:30AM Thu

Visti Until 1:43AM Thu

Shashthi* Until 2:43PM**Ganesha:** Clear

Sunrise: 8:31AM

Muruqa: Clear

Sunset: 6:49PM

Nataraja: Clear

Moon – Green

Pausha*Thai**Devaloka Day**

Creative Work Siddha Yoga

Thursday, February 4, 2021**Retreat Star**Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam
Svati Nakshatra Ganda* Yoga Bava/Balava Karana Saptami/Ashtamyam Titau

Dushanbe, Tajikistan

Sun 5 Sutra 298

Tula Rasi: 11.35

Tithi 22 – 23

968474467

Gulika 11:05AM – 12:23PM
Yama 8:30AM – 9:48AM
Rahu 2:58PM – 4:15PM**Svati Until 8:09PM**

Ganda* Until 10:39PM

Balava Until 11:42PM

Saptami Until 12:41PM**Ganesha:** Clear

Sunrise: 8:30AM

Muruqa: Clear

Sunset: 6:50PM

Nataraja: Clear

Moon – Green

Pausha*Thai**Devaloka Day**

Creative Work Amrita Yoga

Until 8:09PM

Then Creative Work - Siddha Yoga

Friday, February 5, 2021**Retreat Star**Sarvari Nama Samvatsare Utarayane Moksha Ritau Makara Mase Krishna Pakshe Sukra Vasara Yuktayam
Vishakha Nakshatra Vriddhi Yoga Kaulava/Taitila Karana Ashtami/Navamyam Titau

Dushanbe, Tajikistan

Sun 6 Sutra 299

Tula Rasi: 25.41

Tithi 23 – 24

978474467

Gulika 9:47AM – 11:05AM
Yama 4:16PM – 5:33PM
Rahu 12:23PM – 1:40PM**Vishakha Until 7:02PM**

Vriddhi Until 7:53PM

Taitila Until 9:46PM

Ashtami* Until 10:42AM**Ganesha:** White

Sunrise: 8:29AM

Muruqa: Clear

Sunset: 6:51PM

Nataraja: Clear

Moon – Orange

Pausha*Thai**Sivaloka Day**

Creative Work Siddha Yoga

1		Saturday, February 6, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Manta Vasara Yuktayam Anuradha/Jyeshtha* Nakshatra Dhruva/Vyaghata* Yoga Gara/Vanija Karana Navami/Dashamyam Titau		Dushanbe, Tajikistan Sun 7 Sutra 300	
Wrischika Rasi: 9.44	Tithi 24 – 25	Gulika 8:28AM – 9:46AM	Anuradha Until 5:52PM	Ganesha: Yellow	<i>Sunrise:</i> 8:28AM		Sarvari 5122
		Yama 2:58PM – 4:16PM	Dhruva Until 5:10PM	Muruqa: White	<i>Sunset:</i> 6:52PM		Moon 1 - Phase 41
979484467	Rahu 11:04AM – 12:22PM		Vanija Until 7:56PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Navami* Until 8:49AM	Moon – Orange		Sivaloka Day	
				Pausha*Thai			
2		Sunday, February 7, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Bhanu Vasara Yuktayam Jyeshtha*/Mula* Nakshatra Vyaghata*/Harshana Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau		Dushanbe, Tajikistan Sun 8 Sutra 301	
Wrischika Rasi: 23.43	Tithi 25 – 26	Gulika 4:17PM – 5:35PM	Jyeshtha* Until 4:40PM	Ganesha: Yellow	<i>Sunrise:</i> 8:27AM		Sarvari 5122
		Yama 1:40PM – 2:59PM	Vyaghata* Until 2:33PM	Muruqa: White	<i>Sunset:</i> 6:53PM		Moon 1 - Phase 41
979484467	Rahu 5:35PM – 6:53PM		Bava Until 6:13PM	Nataraja: Clear			2nd Phase
Routine Work	Marana Yoga		Dashami Until 7:02AM	Moon – Orange		Sivaloka Day	
Until 4:40PM				Pausha*Thai			
Then Creative Work - Amrita Yoga							
3		Monday, February 8, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Indu Vasara Yuktayam Mula*/Purvashadha* Nakshatra Harshana/Vajra* Yoga Kaulava/Taitila Karana Dvadashtyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 302	
Dhanus Rasi: 7.37	Tithi 27	Gulika 2:59PM – 4:17PM	Mula* Until 3:54PM	Ganesha: Blue	<i>Sunrise:</i> 8:26AM		Sarvari 5122
Family Home Evening		Yama 12:22PM – 1:40PM	Harshana Until 12:04PM	Muruqa: White	<i>Sunset:</i> 6:54PM		Moon 1 - Phase 41
989484467	Rahu 9:45AM – 11:03AM		Kaulava Until 4:38PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Dvadashti* Until 3:54AM Tue	Moon – Light Blue		Devaloka Day	
Until 3:54PM				Pausha*Thai			
Then Routine Work - Marana Yoga							
4		Tuesday, February 9, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Mangala Vasara Yuktayam Purvashadha*/Uttarashadha Nakshatra Vajra*/Siddhi* Yoga Gara/Vanija Karana Trayodashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 303	
Dhanus Rasi: 21.25	Tithi 28	Gulika 1:41PM – 2:59PM	Purvashadha* Until 3:10PM	Ganesha: Blue	<i>Sunrise:</i> 8:25AM		Sarvari 5122
		Yama 11:03AM – 12:22PM	Vajra* Until 9:41AM	Muruqa: White	<i>Sunset:</i> 6:56PM		Moon 1 - Phase 41
989484467	Rahu 4:18PM – 5:37PM		Gara Until 3:15PM	Nataraja: Clear			2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 2:38AM Wed	Moon – Light Blue		Devaloka Day	
Until 3:10PM				Pausha*Thai			
Then Routine Work - Prabararishta Yoga			<i>Pradosha Vrata (Fasting)</i>				
5		Wednesday, February 10, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Budha Vasara Yuktayam Uttarashadha*/Shravana Nakshatra Siddhi*/Vyatipata* Yoga Visti*/Sakuni* Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 304	
Makara Rasi: 5.04	Tithi 29	Gulika 12:22PM – 1:41PM	Uttarashadha Until 2:33PM	Ganesha: Blue	<i>Sunrise:</i> 8:24AM		Sarvari 5122
		Yama 9:43AM – 11:03AM	Siddhi Until 7:32AM	Muruqa: White	<i>Sunset:</i> 6:57PM		Moon 1 - Phase 41
989484467	Rahu 1:41PM – 3:00PM		Visti Until 2:08PM	Nataraja: Clear			2nd Phase
Creative Work	Amrita Yoga		Chaturdashi* Until 1:40AM Thu	Moon – Light Blue		Devaloka Day	
Until 2:33PM				Pausha*Thai			
Then Creative Work - Siddha Yoga							
Retreat Star		Thursday, February 11, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Makara Mase Krishna Pakshe Guru Vasara Yuktayam Shravana/Dhanishtha Nakshatra Variyan Yoga Catuspada*/Naga* Karana Amavasyayam Titau		Dushanbe, Tajikistan Sun 12 Sutra 305	
Makara Rasi: 18.33	Tithi 30	Gulika 11:02AM – 12:21PM	Shravana Until 2:35PM	Ganesha: Blue	<i>Sunrise:</i> 8:23AM		Sarvari 5122
		Yama 8:23AM – 9:43AM	Variyan Until 4:01AM Fri	Muruqa: White	<i>Sunset:</i> 6:58PM		Moon 1 - Phase 41
999484467	Rahu 3:00PM – 4:19PM		Catuspada Until 1:21PM	Nataraja: Clear			Amavasya
Creative Work	Siddha Yoga		Amavasya* Until 1:06AM Fri	Moon – Purple		Devaloka Day	
				Pausha*Thai			
Retreat Star		Friday, February 12, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Dhanishtha/Shalabhishak Nakshatra Parigha* Yoga Kintughna*/Bava Karana Prathamayam Titau		Dushanbe, Tajikistan Sun 13 Sutra 306	
Kumbha Rasi: 1.49	Tithi 1	Gulika 9:42AM – 11:01AM	Dhanishtha Until 2:52PM	Ganesha: Blue	<i>Sunrise:</i> 8:22AM		Sarvari 5122
		Yama 4:20PM – 5:39PM	Parigha* Until 2:48AM Sat	Muruqa: White	<i>Sunset:</i> 6:59PM		Moon 1 - Phase 41
999484467	Rahu 12:21PM – 1:41PM		Kintughna Until 1:00PM	Nataraja: Clear			Prathama
Creative Work	Siddha Yoga		Prathama* Until 1:00AM Sat	Moon – Purple		Devaloka Day	
				Magha*Masi			

1	Saturday, February 13, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Shatabhishak/Purvaprosarthapada* Nakshatra Shiva Yoga Balava/Kaulava Karana Dvitiyayam Titau				Dushanbe, Tajikistan
	Kumbha Rasi: 14.49	Tithi 2	Gulika 8:21AM – 9:41AM Yama 3:00PM – 4:20PM Rahu 11:01AM – 12:21PM	Shatabhishak Until 3:31PM Shiva Until 2:02AM Sun Balava Until 1:11PM Dvitiya Until 1:27AM Sun	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – Purple Magha-Masi	Sunrise: 8:21AM Sunset: 7:00PM	Sun 14 Sutra 307 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
Creative Work Amrita Yoga Until 3:31PM Then Routine Work - Marana Yoga		999484467					Devaloka Day

2	Sunday, February 14, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Purvaprosarthapada*Uttaraprosarthapada Nakshatra Siddha Yoga Taitila/Gara Karana Trityayam Titau				Dushanbe, Tajikistan
	Kumbha Rasi: 27.34	Tithi 3	Gulika 4:21PM – 5:41PM Yama 1:41PM – 3:01PM Rahu 5:41PM – 7:01PM	Purvaprosarthapada* Until 5:02PM Siddha Until 1:40AM Mon Taitila Until 1:55PM Tritiya Until 2:30AM Mon	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Magha-Masi	Sunrise: 8:20AM Sunset: 7:01PM	Sun 15 Sutra 308 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga Until 5:02PM Then Creative Work - Amrita Yoga		911484467					Sivaloka Day

3	Monday, February 15, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Uttaraprosarthapada Nakshatra Sadhya Yoga Vanija/Visiti* Karana Chaturthyam Titau				Dushanbe, Tajikistan
	Meena Rasi: 10.01	Tithi 4	Gulika 3:01PM – 4:21PM Yama 12:20PM – 1:41PM Rahu 9:39AM – 11:00AM	Uttaraprosarthapada Until 6:58PM Sadhya Until 1:47AM Tue Vanija Until 3:15PM Chaturthi* Until 4:07AM Tue	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Magha-Masi	Sunrise: 8:19AM Sunset: 7:02PM	Sun 16 Sutra 309 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
Family Home Evening Creative Work Siddha Yoga		911484467					Sivaloka Day

4	Tuesday, February 16, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Revati Nakshatra Subha Yoga Bava/Balava Karana Panchamyam Titau				Dushanbe, Tajikistan
	Meena Rasi: 22.15	Tithi 5	Gulika 1:41PM – 3:01PM Yama 10:59AM – 12:20PM Rahu 4:22PM – 5:43PM	Revati Until 9:15PM Subha Until 2:17AM Wed Bava Until 5:09PM Panchami Until 6:15AM Wed	Ganesha: Red Muruqa: White Nataraja: Clear Moon – Clear Magha-Masi	Sunrise: 8:18AM Sunset: 7:03PM	Sun 17 Sutra 310 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga		911484467					Sivaloka Day
Subramuniyaswami Siva Vision Day							

5	Wednesday, February 17, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini Nakshatra Sukla Yoga Balava/Kaulava Karana Panchami/Shashtyayam Titau				Dushanbe, Tajikistan
	Mesha Rasi: 4.16	Tithi 5 – 6	Gulika 12:20PM – 1:41PM Yama 9:38AM – 10:59AM Rahu 1:41PM – 3:02PM	Ashvini Until 12:16AM Thu Sukla Until 3:04AM Thu Kaulava Until 7:30PM Panchami Until 6:15AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – White Magha-Masi	Sunrise: 8:17AM Sunset: 7:05PM	Sun 18 Sutra 311 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
Routine Work Marana Yoga Until 12:16AM Thu Then Creative Work - Siddha Yoga		921484467					Devaloka Day

6	Thursday, February 18, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Bharani Nakshatra Brahma Yoga Taitila/Gara Karana Shashthi/Saptamyam Titau				Dushanbe, Tajikistan
	Mesha Rasi: 16.09	Tithi 6 – 7	Gulika 10:58AM – 12:19PM Yama 8:15AM – 9:37AM Rahu 3:02PM – 4:23PM	Bharani Until 3:20AM Fri Brahma Until 4:02AM Fri Gara Until 10:07PM Shashthi* Until 8:45AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – White Magha-Masi	Sunrise: 8:15AM Sunset: 7:06PM	Sun 19 Sutra 312 Sarvari 5122 Moon 1 - Phase 42 3rd Phase
Creative Work Siddha Yoga		921484467					Devaloka Day

D	Friday, February 19, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika Nakshatra Indra Yoga Vanija/Visiti* Karana Saplam/Ashtamyam Titau				Dushanbe, Tajikistan
	Retreat Star		Gulika 9:36AM – 10:57AM Yama 4:24PM – 5:45PM Rahu 12:19PM – 1:40PM	Krittika Until 6:14AM Sat Indra Until 4:59AM Sat Visiti Until 12:46AM Sat Saptami Until 11:26AM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – White Magha-Masi	Sunrise: 8:14AM Sunset: 7:07PM	Sun 20 Sutra 313 Sarvari 5122 Moon 1 - Phase 42 Ashtami
Creative Work Siddha Yoga Until 6:14AM Sat Then Creative Work - Amrita Yoga		921484467					Devaloka Day

D	Saturday, February 20, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Krittika/Rohini Nakshatra Vaidhriti* Yoga Bava/Balava Karana Ashtami/Navamyam Titau				Dushanbe, Tajikistan
	Retreat Star		Gulika 8:13AM – 9:35AM Yama 3:02PM – 4:24PM Rahu 10:57AM – 12:18PM	Krittika Until 6:14AM Vaidhriti* Until 5:42AM Sun Balava Until 3:11AM Sun Ashtami* Until 2:00PM	Ganesha: Blue Muruqa: White Nataraja: Clear Moon – White Magha-Masi	Sunrise: 8:13AM Sunset: 7:08PM	Sun 21 Sutra 314 Sarvari 5122 Moon 1 - Phase 42 Navami
Creative Work Amrita Yoga		921484467					Devaloka Day

He is God, hidden in all beings, their inmost soul who is in all. He watches the works of creation, lives in all things, watches all things. He is pure consciousness, beyond the three conditions of nature. Krishna Yajur Veda

1	Sunday, February 21, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Bhanu Vasara Yuktayam Rohini/Mrigashira Nakshatra Vishkambha* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 22 Sutra 315
	Wishabha Rasi: 21.43	Tithi 9 – 10	Gulika 4:25PM – 5:47PM	Rohini Until 9:11AM	Ganesha: Yellow <i>Sunrise:</i> 8:12AM	Muruqa: White <i>Sunset:</i> 7:09PM	Sarvari 5122 Moon 1 - Phase 43
	931484467	Rahu 5:47PM – 7:09PM	Yama 1:40PM – 3:02PM	Vishkambha* Until 6:03AM Mon	Nataraja: Clear	Moon – Yellow	4th Phase
	Creative Work Siddha Yoga			Navami* Until 4:12PM	Magha-Masi	Sivaloka Day	


2	Monday, February 22, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Indu Vasara Yuktayam Mrigashira/Ardra Nakshatra Vishkambha*/Priti Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 316
	Mithuna Rasi: 3.52	Tithi 10 – 11	Gulika 3:03PM – 4:25PM	Mrigashira Until 11:27AM	Ganesha: Yellow <i>Sunrise:</i> 8:10AM	Muruqa: White <i>Sunset:</i> 7:10PM	Sarvari 5122 Moon 1 - Phase 43
	931484467	Rahu 9:33AM – 10:55AM	Yama 12:18PM – 1:40PM	Vishkambha* Until 6:03AM	Nataraja: Clear	Moon – Yellow	4th Phase
	Family Home Evening Creative Work Amrita Yoga Until 11:27AM Then Creative Work - Siddha Yoga			Vanija Until 6:19AM Tue	Magha-Masi	Sivaloka Day	


3	Tuesday, February 23, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Mangala Vasara Yuktayam Ardra/Punarvasu Nakshatra Ayushman Yoga Vanija/Vishti* Karana Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 317
	Mithuna Rasi: 16.17	Tithi 11	Gulika 1:40PM – 3:03PM	Ardra Until 12:52PM	Ganesha: Yellow <i>Sunrise:</i> 8:09AM	Muruqa: White <i>Sunset:</i> 7:11PM	Sarvari 5122 Moon 1 - Phase 43
	931484467	Rahu 4:25PM – 5:48PM	Yama 10:54AM – 12:17PM	Ayushman Until 5:04AM Wed	Nataraja: Clear	Moon – Yellow	4th Phase
	Routine Work Marana Yoga Until 12:52PM Then Creative Work - Siddha Yoga			Vanija Until 6:19AM	Magha-Masi	Sivaloka Day	

4	Wednesday, February 24, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Budha Vasara Yuktayam Punarvasu/Pushya Nakshatra Saubhagya Yoga Bava/Balava Karana Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 318
	Mithuna Rasi: 29.05	Tithi 12	Gulika 12:17PM – 1:40PM	Punarvasu Until 1:48PM	Ganesha: Yellow <i>Sunrise:</i> 8:08AM	Muruqa: White <i>Sunset:</i> 7:12PM	Sarvari 5122 Moon 1 - Phase 43
	942484467	Rahu 1:40PM – 3:03PM	Yama 9:31AM – 10:54AM	Saubhagya Until 3:38AM Thu	Nataraja: Clear	Moon – Blue	4th Phase
	Creative Work Siddha Yoga			Bava Until 6:44AM	Magha-Masi	Sivaloka Day	

5	Thursday, February 25, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Guru Vasara Yuktayam Pushya/Ashlesha* Nakshatra Sobhana Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 319
	Kataka Rasi: 12.17	Tithi 13 – 14	Gulika 10:53AM – 12:16PM	Pushya Until 1:47PM	Ganesha: Yellow <i>Sunrise:</i> 8:06AM	Muruqa: White <i>Sunset:</i> 7:13PM	Sarvari 5122 Moon 1 - Phase 43
	942484467	Rahu 3:03PM – 4:26PM	Yama 8:06AM – 9:30AM	Sobhana Until 1:37AM Fri	Nataraja: Clear	Moon – Blue	4th Phase
	Creative Work Amrita Yoga Until 1:47PM Then Creative Work - Siddha Yoga			Kaulava Until 6:20AM	Magha-Masi	Sivaloka Day	

6	Friday, February 26, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Sukla Pakshe Sukra Vasara Yuktayam Ashlesha*/Magha* Nakshatra Athiganda* Yoga Vanija/Vishti* Karana Chaturdashi/Purnimayam Titau				Dushanbe, Tajikistan Sun 27 Sutra 320
	Kataka Rasi: 25.54	Tithi 14 – 15	Gulika 9:29AM – 10:52AM	Ashlesha* Until 12:56PM	Ganesha: Yellow <i>Sunrise:</i> 8:05AM	Muruqa: White <i>Sunset:</i> 7:14PM	Sarvari 5122 Moon 1 - Phase 43
	942484467	Rahu 12:16PM – 1:40PM	Yama 4:27PM – 5:51PM	Athiganda* Until 11:03PM	Nataraja: Clear	Moon – Blue	4th Phase
	Routine Work Marana Yoga			Vishti Until 3:23AM Sat	Magha-Masi	Sivaloka Day	

	Saturday, February 27, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Sukarma Yoga Bava/Balava Karana Purnima/Prathamayam Titau				Dushanbe, Tajikistan Sun 28 Sutra 321
	Simha Rasi: 9.54	Tithi 15 – 16	Gulika 8:04AM – 9:28AM	Magha* Until 11:47AM	Ganesha: White <i>Sunrise:</i> 8:04AM	Muruqa: White <i>Sunset:</i> 7:15PM	Sarvari 5122 Moon 1 - Phase 43
	952484467	Rahu 10:51AM – 12:15PM	Yama 3:03PM – 4:27PM	Sukarma Until 8:05PM	Nataraja: Clear	Moon – Red	Purnima
	Creative Work Amrita Yoga Until 11:47AM Then Creative Work - Siddha Yoga			Balava Until 1:06AM Sun	Magha-Masi	Subha Sivaloka Day	

	Sunday, February 28, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhriti/Shula* Yoga Kaulava/Taitila Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 29 Sutra 322
	Simha Rasi: 24.12	Tithi 16 – 17	Gulika 4:28PM – 5:52PM	Purvaphalguni Until 10:04AM	Ganesha: Clear <i>Sunrise:</i> 8:02AM	Muruqa: White <i>Sunset:</i> 7:16PM	Sarvari 5122 Moon 1 - Phase 43
	952584467	Rahu 5:52PM – 7:16PM	Yama 1:39PM – 3:04PM	Dhriti Until 4:50PM	Nataraja: Clear	Moon – Red	Prathama
	Creative Work Siddha Yoga Until 10:04AM Then Creative Work - Amrita Yoga			Taitila Until 10:30PM	Magha-Masi	Sivaloka Day	

Self-resplendent, formless, unoriginated and pure, that all-pervading being is both within and without. He transcends even the transcendent, unmanifest, causal state of the universe. Atharva Veda



Monday, March 1, 2021
Gold Retreat Star

Kanya Rasi: 8.43 Tithi 17 – 18
Family Home Evening
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam
Uttaraphalguni/Hasta Nakshatra Shula*/Ganda* Yoga Gara/Vanija Karana Dvilya/Tritiyayam Titau

Gulika 3:04PM – 4:29PM
Yama 12:14PM – 1:39PM
Rahu 9:24AM – 10:49AM

Uttaraphalguni Until 7:58AM
Shula* Until 1:23PM
Vanija Until 7:43PM
Dvitiya Until 9:06AM

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon – Red
Magha-Masi

Dushanbe, Tajikastan
Sun 1 Sutra 323
Sarvari 5122
Moon 2 - Phase 44
1st Phase
Sivaloka Day

Sunrise: 7:59AM
Sunset: 7:18PM

1

Tuesday, March 2, 2021

Kanya Rasi: 23.19 Tithi 18 – 19
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam
Hasta/Chitra Nakshatra Ganda*/Vridhhi Yoga Visti*/Balava Karana Tritiya/Chaturthyam Titau

Gulika 1:39PM – 3:04PM
Yama 10:48AM – 12:14PM
Rahu 4:29PM – 5:54PM

Hasta Until 6:01AM
Ganda* Until 9:54AM
Balava Until 3:30AM Wed
Tritiya Until 6:17AM

Ganesha: Purple
Muruqa: White
Nataraja: Clear
Moon – Green
Magha-Masi

Dushanbe, Tajikastan
Sun 2 Sutra 324
Sarvari 5122
Moon 2 - Phase 44
1st Phase
Devaloka Day

Sunrise: 7:58AM
Sunset: 7:19PM

2

Wednesday, March 3, 2021

Tula Rasi: 7.53 Tithi 20
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam
Svati Nakshatra Vridhhi/Dhruva Yoga Kaulava/Taitila Karana Panchamyam Titau

Gulika 12:13PM – 1:38PM
Yama 9:22AM – 10:48AM
Rahu 1:38PM – 3:04PM

Svati Until 1:57AM Thu
Vridhhi Until 6:28AM
Kaulava Until 2:11PM
Panchami Until 12:53AM Thu

Ganesha: Purple
Muruqa: White
Nataraja: Clear
Moon – Green
Magha-Masi

Dushanbe, Tajikastan
Sun 3 Sutra 325
Sarvari 5122
Moon 2 - Phase 44
1st Phase
Devaloka Day

Sunrise: 7:57AM
Sunset: 7:20PM

3

Thursday, March 4, 2021

Tula Rasi: 22.2 Tithi 21
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha Nakshatra Vyaghata* Yoga Gara/Vanija Karana Shashthyam Titau

Gulika 10:47AM – 12:12PM
Yama 7:55AM – 9:21AM
Rahu 3:04PM – 4:30PM

Vishakha Until 12:27AM Fri
Vyaghata* Until 12:03AM Fri
Gara Until 11:41AM
Shashthi* Until 10:30PM

Ganesha: Clear
Muruqa: White
Nataraja: Clear
Moon – Orange
Magha-Masi

Dushanbe, Tajikastan
Sun 4 Sutra 326
Sarvari 5122
Moon 2 - Phase 44
1st Phase
Sivaloka Day

Sunrise: 7:55AM
Sunset: 7:21PM

4

Friday, March 5, 2021

Vrischika Rasi: 7 Tithi 22
Creative Work Siddha Yoga
Until 11:08PM
Then Routine Work - Marana Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam
Anuradha Nakshatra Harshana Yoga Visti*/Bava Karana Saptamyam Titau

Gulika 9:20AM – 10:46AM
Yama 4:30PM – 5:56PM
Rahu 12:12PM – 1:38PM

Anuradha Until 11:08PM
Harshana Until 9:14PM
Visti Until 9:27AM
Saptami Until 8:26PM

Ganesha: Yellow
Muruqa: White
Nataraja: Clear
Moon – Orange
Magha-Masi

Dushanbe, Tajikastan
Sun 5 Sutra 327
Sarvari 5122
Moon 2 - Phase 44
1st Phase
Sivaloka Day

Sunrise: 7:54AM
Sunset: 7:22PM

Retreat Star

Saturday, March 6, 2021

Vrischika Rasi: 20.39 Tithi 23
Creative Work Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Manta Vasara Yuktayam
Jyeshtha* Nakshatra Vajra* Yoga Balava/Kaulava Karana Ashtamyam Titau

Gulika 7:52AM – 9:19AM
Yama 3:04PM – 4:31PM
Rahu 10:45AM – 12:11PM

Jyeshtha* Until 10:00PM
Vajra* Until 6:39PM
Balava Until 7:33AM
Ashtami* Until 6:43PM

Ganesha: Yellow
Muruqa: White
Nataraja: Clear
Moon – Orange
Magha-Masi

Dushanbe, Tajikastan
Sun 6 Sutra 328
Sarvari 5122
Moon 2 - Phase 44
Ashtami
Sivaloka Day

Sunrise: 7:52AM
Sunset: 7:23PM

Sunday, March 7, 2021

Retreat Star

Dhanus Rasi: 4.29 Tithi 24 – 25
Creative Work Amrita Yoga
Until 9:31PM
Then Creative Work - Siddha Yoga

Sarvari Nama Samvatsare Uтарыane Moksha Ritau Kumbha Mase Krishna Pakshe Bhanu Vasara Yuktayam
Mula* Nakshatra Siddhi/Vyatipata* Yoga Taitila/Vanija Karana Navami/Dashamyam Titau

Gulika 4:31PM – 5:58PM
Yama 1:38PM – 3:04PM
Rahu 5:58PM – 7:24PM

Mula* Until 9:31PM
Siddhi Until 4:22PM
Vanija Until 6:00AM
Navami* Until 5:20PM

Ganesha: Blue
Muruqa: White
Nataraja: Clear
Moon – Light Blue
Magha-Masi

Dushanbe, Tajikastan
Sun 7 Sutra 329
Sarvari 5122
Moon 2 - Phase 44
Navami
Devaloka Day

Sunrise: 7:51AM
Sunset: 7:24PM

Monday, March 8, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Indu Vasara Yuktayam Purvashadha* Nakshatra Vyalipata/Variyan Yoga Visti*/Bava Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 8 Sutra 330
1		Gulika 3:04PM – 4:31PM	Purvashadha* Until 9:12PM	Ganesha: Blue	<i>Sunrise:</i> 7:49AM	Sarvari 5122
Dhanus Rasi: 18.07	Tithi 25 – 26	Yama 12:10PM – 1:37PM	Vyatipata* Until 2:22PM	Muruqa: White	<i>Sunset:</i> 7:25PM	Moon 2 - Phase 45
Family Home Evening	182584467	Rahu 9:16AM – 10:43AM	Bava Until 3:56AM Tue	Nataraja: Clear		2nd Phase
Routine Work	Marana Yoga		Dashami Until 4:18PM	Moon – Light Blue		Devaloka Day
				Magha-Masi		

Tuesday, March 9, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Mangala Vasara Yuktayam Uttarashadha Nakshatra Variyan/Parigha* Yoga Balava/Kaulava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 9 Sutra 331
2		Gulika 1:37PM – 3:04PM	Uttarashadha Until 9:05PM	Ganesha: Blue	<i>Sunrise:</i> 7:48AM	Sarvari 5122
Makara Rasi: 1.33	Tithi 26 – 27	Yama 10:42AM – 12:10PM	Variyan Until 12:36PM	Muruqa: White	<i>Sunset:</i> 7:26PM	Moon 2 - Phase 45
182584467		Rahu 4:32PM – 5:59PM	Kaulava Until 3:24AM Wed	Nataraja: Clear		2nd Phase
Routine Work	Prabalarishta Yoga		Ekadashi* Until 3:36PM	Moon – Light Blue		Devaloka Day
Until 9:05PM				Magha-Masi		
Then Creative Work - Siddha Yoga						

Wednesday, March 10, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Budha Vasara Yuktayam Shravana Nakshatra Parigha*/Shiva Yoga Taitila/Gara Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 10 Sutra 332
3		Gulika 12:09PM – 1:37PM	Shravana Until 9:35PM	Ganesha: Green	<i>Sunrise:</i> 7:46AM	Sarvari 5122
Makara Rasi: 14.49	Tithi 27 – 28	Yama 9:14AM – 10:42AM	Parigha* Until 11:07AM	Muruqa: White	<i>Sunset:</i> 7:27PM	Moon 2 - Phase 45
193584467		Rahu 1:37PM – 3:05PM	Gara Until 3:12AM Thu	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Dvadashi* Until 3:14PM	Moon – Purple		Subha Sivaloka Day
Until 9:35PM				Magha-Masi		
Then Routine Work - Prabalarishta Yoga						

Thursday, March 11, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Guru Vasara Yuktayam Dhanishtha Nakshatra Shiva/Siddha Yoga Vanija/Visti* Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 11 Sutra 333
4		Gulika 10:41AM – 12:09PM	Dhanishtha Until 10:17PM	Ganesha: Green	<i>Sunrise:</i> 7:45AM	Sarvari 5122
Makara Rasi: 27.53	Tithi 28 – 29	Yama 7:45AM – 9:13AM	Shiva Until 9:56AM	Muruqa: White	<i>Sunset:</i> 7:28PM	Moon 2 - Phase 45
193584467		Rahu 3:05PM – 4:33PM	Visti Until 3:22AM Fri	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Trayodashi* Until 3:13PM	Moon – Purple		Subha Sivaloka Day
				Magha-Masi		
		Mahasivaratri (Lunar)				
		Mahasivaratri (Solar)				

Friday, March 12, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Krishna Pakshe Sukra Vasara Yuktayam Shatabhishak Nakshatra Siddha/Sadhya Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau				Dushanbe, Tajikistan Sun 12 Sutra 334
5		Gulika 9:12AM – 10:40AM	Shatabhishak Until 11:12PM	Ganesha: Green	<i>Sunrise:</i> 7:43AM	Sarvari 5122
Kumbha Rasi: 10.47	Tithi 29 – 30	Yama 4:33PM – 6:01PM	Siddha Until 9:00AM	Muruqa: White	<i>Sunset:</i> 7:29PM	Moon 2 - Phase 45
193584467		Rahu 12:08PM – 1:36PM	Catuspada Until 3:57AM Sat	Nataraja: Clear		2nd Phase
Creative Work	Siddha Yoga		Chaturdashi* Until 3:35PM	Moon – Purple		Subha Sivaloka Day
				Magha-Masi		

Saturday, March 13, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Kumbha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaproshtapada* Nakshatra Sadhya/Subha Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau				Dushanbe, Tajikistan Sun 13 Sutra 335
Retreat Star		Gulika 7:42AM – 9:10AM	Purvaproshtapada* Until 12:52AM Sur	Ganesha: Orange	<i>Sunrise:</i> 7:42AM	Sarvari 5122
Kumbha Rasi: 23.29	Tithi 30 – 1	Yama 3:05PM – 4:33PM	Sadhya Until 8:24AM	Muruqa: White	<i>Sunset:</i> 7:30PM	Moon 2 - Phase 45
113584467		Rahu 10:39AM – 12:07PM	Kintughna Until 4:57AM Sun	Nataraja: Clear		Amavasya
Routine Work	Marana Yoga		Amavasya* Until 4:22PM	Moon – Clear		Sivaloka Day
Until 12:52AM Sun				Magha-Masi		
Then Creative Work - Amrita Yoga						

Sunday, March 14, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada Nakshatra Subha/Sukla Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau				Dushanbe, Tajikistan Sun 14 Sutra 336
Retreat Star		Gulika 4:34PM – 6:02PM	Uttaraproshtapada Until 2:48AM Mon	Ganesha: Orange	<i>Sunrise:</i> 7:40AM	Sarvari 5122
Meena Rasi: 5.59	Tithi 1 – 2	Yama 1:36PM – 3:05PM	Subha Until 8:09AM	Muruqa: White	<i>Sunset:</i> 7:31PM	Moon 2 - Phase 45
113584467		Rahu 6:02PM – 7:31PM	Balava Until 6:26AM Mon	Nataraja: Clear		Prathama
Creative Work	Amrita Yoga		Prathama* Until 5:37PM	Moon – Clear		Sivaloka Day
Until 2:48AM Mon		Karadaiyan Nombu (Tamil Nadu)		Phalgun-Panguni		
Then Creative Work - Siddha Yoga						

1	Monday, March 15, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati Nakshatra Sukla/Brahma Yoga Balava/Kaulava Karana Dvitiyayam Titau			Dushanbe, Tajikistan Sun 15 Sutra 337
	Meena Rasi: 18.17	Tithi 2	Gulika 3:05PM – 4:34PM	Revati Until 5:02AM Tue	Ganesha: Orange <i>Sunrise: 7:39AM</i>	Sarvari 5122
	Family Home Evening	113584468	Yama 12:06PM – 1:36PM	Sukla Until 8:14AM	Muruqa: White <i>Sunset: 7:32PM</i>	Moon 2 - Phase 46
	Creative Work Siddha Yoga		Rahu 9:08AM – 10:37AM	Balava Until 6:26AM	Nataraja: Purple	3rd Phase
			Dvitiya Until 7:19PM	Phalgun-Panguni	Subha Sivaloka Day	

2	Tuesday, March 16, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini Nakshatra Brahma/Indra Yoga Taitila/Gara Karana Trityayam Titau			Dushanbe, Tajikistan Sun 16 Sutra 338
	Mesha Rasi: 0.23	Tithi 3	Gulika 1:35PM – 3:05PM	Ashvini Until 7:58AM Wed	Ganesha: Clear <i>Sunrise: 7:37AM</i>	Sarvari 5122
		123584468	Yama 10:36AM – 12:06PM	Brahma Until 8:41AM	Muruqa: White <i>Sunset: 7:33PM</i>	Moon 2 - Phase 46
	Creative Work Siddha Yoga		Rahu 4:34PM – 6:04PM	Taitila Until 8:22AM	Nataraja: Purple	3rd Phase
			Tritiya Until 9:28PM	Phalgun-Panguni	Subha Sivaloka Day	

3	Wednesday, March 17, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Ashvini/Bharani Nakshatra Indra/Vaidhriti* Yoga Vanija/Visti* Karana Chaturtham Titau			Dushanbe, Tajikistan Sun 17 Sutra 339
	Mesha Rasi: 12.2	Tithi 4	Gulika 12:05PM – 1:35PM	Ashvini Until 7:58AM	Ganesha: Clear <i>Sunrise: 7:36AM</i>	Sarvari 5122
		123584468	Yama 9:05AM – 10:35AM	Indra Until 9:26AM	Muruqa: White <i>Sunset: 7:34PM</i>	Moon 2 - Phase 46
	Routine Work Marana Yoga Until 7:58AM Then Creative Work - Siddha Yoga		Rahu 1:35PM – 3:05PM	Vanija Until 10:42AM	Nataraja: Purple	3rd Phase
			Chaturthi* Until 11:57PM	Phalgun-Panguni	Subha Sivaloka Day	

4	Thursday, March 18, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Bharani/Krittika Nakshatra Vaidhriti*/Vishkambha* Yoga Bava/Balava Karana Panchamyam Titau			Dushanbe, Tajikistan Sun 18 Sutra 340
	Mesha Rasi: 24.11	Tithi 5	Gulika 10:34AM – 12:05PM	Bharani Until 11:02AM	Ganesha: Clear <i>Sunrise: 7:34AM</i>	Sarvari 5122
		123584468	Yama 7:34AM – 9:04AM	Vaidhriti* Until 10:23AM	Muruqa: White <i>Sunset: 7:35PM</i>	Moon 2 - Phase 46
	Creative Work Siddha Yoga Until 11:02AM Then Routine Work - Marana Yoga		Rahu 3:05PM – 4:35PM	Bava Until 1:18PM	Nataraja: Purple	3rd Phase
			Panchami Until 2:38AM Fri	Phalgun-Panguni	Subha Sivaloka Day	

5	Friday, March 19, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Krittika/Rohini Nakshatra Vishkambha*/Priti Yoga Kaulava/Taitila Karana Shashthyam Titau			Dushanbe, Tajikistan Sun 19 Sutra 341
	Vrishabha Rasi: 5.58	Tithi 6	Gulika 9:03AM – 10:33AM	Krittika Until 2:01PM	Ganesha: Clear <i>Sunrise: 7:33AM</i>	Sarvari 5122
		123584468	Yama 4:35PM – 6:06PM	Vishkambha* Until 11:26AM	Muruqa: White <i>Sunset: 7:36PM</i>	Moon 2 - Phase 46
	Creative Work Siddha Yoga Until 2:01PM Then Routine Work - Marana Yoga		Rahu 12:04PM – 1:34PM	Kaulava Until 4:00PM	Nataraja: Purple	3rd Phase
			Shashthi* Until 5:17AM Sat	Phalgun-Panguni	Subha Sivaloka Day	

6	Saturday, March 20, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Rohini/Mrigashira Nakshatra Priti/Ayushman Yoga Gara Karana Saptamyam Titau			Dushanbe, Tajikistan Sun 20 Sutra 342
	Vrishabha Rasi: 17.46	Tithi 7	Gulika 7:31AM – 9:02AM	Rohini Until 5:14PM	Ganesha: Purple <i>Sunrise: 7:31AM</i>	Sarvari 5122
		133584468	Yama 3:05PM – 4:36PM	Priti Until 12:25PM	Muruqa: White <i>Sunset: 7:37PM</i>	Moon 2 - Phase 46
	Creative Work Amrita Yoga Until 5:14PM Then Creative Work - Siddha Yoga		Rahu 10:33AM – 12:03PM	Gara Until 6:33PM	Nataraja: Purple	3rd Phase
			Saptami Until 7:40AM Sun	Phalgun-Panguni	Subha Subha Sivaloka Day	

☾	Sunday, March 21, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Mrigashira Nakshatra Ayushman/Saubhagya Yoga Vanija/Visti* Karana Saptami/Ashtamyam Titau			Dushanbe, Tajikistan Sun 21 Sutra 343
	Retreat Star		Gulika 4:36PM – 6:07PM	Mrigashira Until 7:54PM	Ganesha: Purple <i>Sunrise: 7:29AM</i>	Sarvari 5122
	Vrishabha Rasi: 29.4	Tithi 7 – 8	Yama 1:34PM – 3:05PM	Ayushman Until 1:08PM	Muruqa: White <i>Sunset: 7:38PM</i>	Moon 2 - Phase 46
	Creative Work Siddha Yoga	133584468	Rahu 6:07PM – 7:38PM	Visti Until 8:42PM	Nataraja: Purple	Ashtami
			Saptami Until 7:40AM	Phalgun-Panguni	Subha Subha Sivaloka Day	

☾	Monday, March 22, 2021		Sarvari Nama Samvatsare Uтарыane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Ardra Nakshatra Saubhagya/Sobhana Yoga Bava/Balava Karana Ashtami/Navamyam Titau			Dushanbe, Tajikistan Sun 22 Sutra 344
	Retreat Star		Gulika 3:05PM – 4:36PM	Ardra Until 9:48PM	Ganesha: Purple <i>Sunrise: 7:28AM</i>	Sarvari 5122
	Mithuna Rasi: 11.47	Tithi 8 – 9	Yama 12:02PM – 1:33PM	Saubhagya Until 1:25PM	Muruqa: White <i>Sunset: 7:39PM</i>	Moon 2 - Phase 46
	Family Home Evening	133584468	Rahu 8:59AM – 10:31AM	Balava Until 10:13PM	Nataraja: Purple	Navami
			Ashtami* Until 9:32AM	Phalgun-Panguni	Subha Subha Sivaloka Day	

O learned people, may we with our ears listen to what is beneficial, may we see with our eyes what is beneficial. May we, engaged in your praises, enjoy with firm limbs and sound bodies, a full term of life dedicated to God. Rig Veda

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1	Tuesday, March 23, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu Nakshatra Sobhana/Athiganda* Yoga Kaulava/Taitila Karana Navami/Dashamyam Titau				Dushanbe, Tajikistan Sun 23 Sutra 345
	Mithuna Rasi: 24.1	Tithi 9 – 10	Gulika 1:33PM – 3:05PM	Punarvasu Until 11:16PM	Ganesha: Clear	<i>Sunrise:</i> 7:26AM	Sarvari 5122
			Yama 10:30AM – 12:01PM	Sobhana Until 1:08PM	Muruqa: White	<i>Sunset:</i> 7:40PM	Moon 2 - Phase 47
	Creative Work	Siddha Yoga	143584468 Rahu 4:37PM – 6:08PM	Taitila Until 10:55PM	Nataraja: Purple		4th Phase
			Navami* Until 10:39AM	Moon – Blue		Subha Sivaloka Day	
				Phalguna-Panguni			

2	Wednesday, March 24, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Budha Vasara Yuktayam Pushya Nakshatra Athiganda/Sukarma Yoga Gara/Vanija Karana Dashami/Ekadashyam Titau				Dushanbe, Tajikistan Sun 24 Sutra 346
	Kataka Rasi: 6.57	Tithi 10 – 11	Gulika 12:01PM – 1:33PM	Pushya Until 11:42PM	Ganesha: White	<i>Sunrise:</i> 7:25AM	Sarvari 5122
			Yama 8:57AM – 10:29AM	Athiganda* Until 12:10PM	Muruqa: White	<i>Sunset:</i> 7:41PM	Moon 2 - Phase 47
	Creative Work	Siddha Yoga	144584468 Rahu 1:33PM – 3:05PM	Vanija Until 10:44PM	Nataraja: Purple		4th Phase
			Dashami Until 10:55AM	Moon – Blue		Sivaloka Day	
				Phalguna-Panguni			

3	Thursday, March 25, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Nakshatra Sukarma/Dhriti Yoga Visti*/Bava Karana Ekadashi/Dvadashyam Titau				Dushanbe, Tajikistan Sun 25 Sutra 347
	Kataka Rasi: 20.1	Tithi 11 – 12	Gulika 10:28AM – 12:00PM	Ashlesha* Until 11:08PM	Ganesha: White	<i>Sunrise:</i> 7:23AM	Sarvari 5122
			Yama 7:23AM – 8:56AM	Sukarma Until 10:31AM	Muruqa: White	<i>Sunset:</i> 7:42PM	Moon 2 - Phase 47
	Creative Work	Siddha Yoga	144584468 Rahu 3:05PM – 4:37PM	Bava Until 9:41PM	Nataraja: Purple		4th Phase
			Ekadashi Until 10:17AM	Moon – Blue		Sivaloka Day	
			Yogaswami Mahasamadhi	Phalguna-Panguni			

4	Friday, March 26, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Sukra Vasara Yuktayam Magha* Nakshatra Dhriti/Shula* Yoga Balava/Kaulava Karana Dvadashi/Trayodashyam Titau				Dushanbe, Tajikistan Sun 26 Sutra 348
	Simha Rasi: 3.52	Tithi 12 – 13	Gulika 8:54AM – 10:27AM	Magha* Until 10:07PM	Ganesha: White	<i>Sunrise:</i> 7:22AM	Sarvari 5122
			Yama 4:38PM – 6:10PM	Dhriti Until 8:14AM	Muruqa: White	<i>Sunset:</i> 7:43PM	Moon 2 - Phase 47
	Routine Work	Marana Yoga	154684468 Rahu 12:00PM – 1:32PM	Kaulava Until 7:51PM	Nataraja: Purple		4th Phase
			Dvadashi Until 8:50AM	Moon – Red		Subha Subha Sivaloka Day	
				Phalguna-Panguni			
				<i>Pradosha Vrata</i>			

5	Saturday, March 27, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni Nakshatra Ganda* Yoga Taitila/Vanija Karana Trayodashi/Chaturdashyam Titau				Dushanbe, Tajikistan Sun 27 Sutra 349
	Simha Rasi: 18.01	Tithi 13 – 14	Gulika 7:20AM – 8:53AM	Purvaphalguni Until 8:20PM	Ganesha: White	<i>Sunrise:</i> 7:20AM	Sarvari 5122
			Yama 3:05PM – 4:38PM	Ganda* Until 1:59AM Sun	Muruqa: White	<i>Sunset:</i> 7:44PM	Moon 2 - Phase 47
	Creative Work	Siddha Yoga	154684468 Rahu 10:26AM – 11:59AM	Vanija Until 3:57AM Sun	Nataraja: Purple		4th Phase
			Trayodashi Until 6:40AM	Moon – Red		Subha Subha Sivaloka Day	
				Phalguna-Panguni			

	Sunday, March 28, 2021		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Sukla Pakshe Bhanu Vasara Yuktayam Uttaraphalguni/Hasta Nakshatra Vriddhi Yoga Visti*/Bava Karana Purnimayam Titau				Dushanbe, Tajikistan Sutra 350
	Copper Retreat Star		Gulika 4:38PM – 6:11PM	Uttaraphalguni Until 5:57PM	Ganesha: White	<i>Sunrise:</i> 7:19AM	Sarvari 5122
	Kanya Rasi: 2.33	Tithi 15	Yama 1:32PM – 3:05PM	Vriddhi Until 10:18PM	Muruqa: White	<i>Sunset:</i> 7:45PM	Moon 2 - Phase 47
	Creative Work	Amrita Yoga	154684468 Rahu 6:11PM – 7:45PM	Visti Until 2:26PM	Nataraja: Purple		Purnima
			Purnima* Until 12:49AM Mon	Moon – Red		Subha Subha Sivaloka Day	
			Panguni Uttiram	Phalguna-Panguni			
			Holi				

Monday, March 29, 2021	Silver Retreat Star		Sarvari Nama Samvatsare Uтарыне Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam Hasta/Chitra Nakshatra Dhruva Yoga Balava/Kaulava Karana Prathamayam Titau				Dushanbe, Tajikistan Sutra 351
	Kanya Rasi: 17.23	Tithi 16	Gulika 3:05PM – 4:39PM	Hasta Until 3:32PM	Ganesha: Yellow	<i>Sunrise:</i> 7:17AM	Sarvari 5122
	Family Home Evening		Yama 11:58AM – 1:31PM	Dhruva Until 6:23PM	Muruqa: White	<i>Sunset:</i> 7:46PM	Moon 2 - Phase 47
	Creative Work	Siddha Yoga	164684468 Rahu 8:51AM – 10:24AM	Balava Until 11:10AM	Nataraja: Purple		Prathama
			Prathama* Until 9:26PM	Moon – Green		Subha Sivaloka Day	
				Phalguna-Panguni			

O self-luminous Divine, remove the veil of ignorance from before me, that I may behold your light. Reveal to me the spirit of the scriptures. May the truth of the scriptures be ever present to me. May I seek day and night to realize what I learn from the sages. Rig Veda

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Tuesday, March 30, 2021
Gold Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam
Chitra/Svati Nakshatra Vyaghata/Harshana Yoga Taitila/Gara Karana Dvitiyayam Titau

Dushanbe, Tajikistan
Sun 1 Sutra 352

Tula Rasi: 2.21 Tithi 17

Gulika 1:31PM – 3:05PM
Yama 10:23AM – 11:57AM
Rahu 4:39PM – 6:13PM

Chitra Until 12:53PM
Vyaghata* Until 2:25PM
Taitila Until 7:44AM
Dvitiya Until 6:00PM

Ganesha: Yellow *Sunrise: 7:16AM*

Muruqa: White *Sunset: 7:47PM*

Nataraja: Purple Moon 3 - Phase 48

Moon – Green **Subha Sivaloka Day**
Phalgun-Panguni

Creative Work Siddha Yoga

1

Wednesday, March 31, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam
Svati/Vishakha Nakshatra Harshana/Vajra* Yoga Visti/Bava Karana Tritiya/Chaturthyam Titau

Dushanbe, Tajikistan
Sun 2 Sutra 353

Tula Rasi: 17.19 Tithi 18 – 19

Gulika 11:57AM – 1:31PM
Yama 8:48AM – 10:22AM
Rahu 1:31PM – 3:05PM

Svati Until 10:09AM
Harshana Until 10:30AM
Bava Until 1:05AM Thu
Tritiya Until 2:39PM

Ganesha: Yellow *Sunrise: 7:14AM*

Muruqa: White *Sunset: 7:48PM*

Nataraja: Purple Moon 3 - Phase 48

Moon – Green **Subha Sivaloka Day**
Phalgun-Panguni

Creative Work Siddha Yoga

2

Thursday, April 1, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam
Vishakha/Anuradha Nakshatra Vajra/Siddhi Yoga Balava/Kaulava Karana Chaturthi/Panchamyam Titau

Dushanbe, Tajikistan
Sun 3 Sutra 354

Vrischika Rasi: 2.1 Tithi 19 – 20

Gulika 10:22AM – 11:57AM
Yama 7:14AM – 8:48AM
Rahu 3:05PM – 4:39PM

Vishakha Until 7:53AM
Vajra* Until 6:44AM
Kaulava Until 10:08PM
Chaturthi* Until 11:32AM

Ganesha: Blue *Sunrise: 7:14AM*

Muruqa: White *Sunset: 7:48PM*

Nataraja: Purple Moon 3 - Phase 48

Moon – Orange **Subha Subha Sivaloka Day**
Phalgun-Panguni

Creative Work Siddha Yoga

3

Friday, April 2, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam
Jyeshtha* Nakshatra Vyatipata* Yoga Taitila/Gara Karana Panchami/Shashthyam Titau

Dushanbe, Tajikistan
Sun 4 Sutra 355

Vrischika Rasi: 16.46 Tithi 20 – 21

Gulika 8:47AM – 10:21AM
Yama 4:39PM – 6:14PM
Rahu 11:56AM – 1:30PM

Jyeshtha* Until 4:04AM Sat
Vyatipata* Until 12:09AM Sat
Gara Until 7:35PM
Panchami Until 8:47AM

Ganesha: Blue *Sunrise: 7:12AM*

Muruqa: White *Sunset: 7:48PM*

Nataraja: Purple Moon 3 - Phase 48

Moon – Orange **Subha Subha Sivaloka Day**
Phalgun-Panguni

Routine Work Marana Yoga
Until 4:04AM Sat
Then Creative Work - Siddha Yoga

4

Saturday, April 3, 2021

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Manta Vasara Yuktayam
Mula* Nakshatra Varyan Yoga Vanija/Bava Karana Shashthi/Saptamyam Titau

Dushanbe, Tajikistan
Sun 5 Sutra 356

Dhanus Rasi: 1.02 Tithi 21 – 22

Gulika 7:11AM – 8:46AM
Yama 3:05PM – 4:40PM
Rahu 10:21AM – 11:55AM

Mula* Until 3:07AM Sun
Varyan Until 9:25PM
Bava Until 4:42AM Sun
Shashthi* Until 6:29AM

Ganesha: Red *Sunrise: 7:11AM*

Muruqa: White *Sunset: 7:49PM*

Nataraja: Purple Moon 3 - Phase 48

Moon – Light Blue **Subha Sivaloka Day**
Phalgun-Panguni

Creative Work Siddha Yoga

D

Sunday, April 4, 2021
Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam
Purvashadha* Nakshatra Parigha* Yoga Balava/Kaulava Karana Ashtamyam Titau

Dushanbe, Tajikistan
Sun 6 Sutra 357

Dhanus Rasi: 14.59 Tithi 23

Gulika 4:40PM – 6:15PM
Yama 1:30PM – 3:05PM
Rahu 6:15PM – 7:50PM

Purvashadha* Until 2:34AM Mon
Parigha* Until 7:10PM
Balava Until 4:03PM
Ashtami* Until 3:29AM Mon

Ganesha: Red *Sunrise: 7:09AM*

Muruqa: White *Sunset: 7:50PM*

Nataraja: Purple Moon 3 - Phase 48

Moon – Light Blue **Subha Sivaloka Day**
Phalgun-Panguni

Creative Work Siddha Yoga
Until 2:34AM Mon
Then Routine Work - Marana Yoga

Monday, April 5, 2021
Retreat Star

Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Indu Vasara Yuktayam
Uttarashadha Nakshatra Shiva/Siddha Yoga Taitila/Gara Karana Navamyam Titau

Dushanbe, Tajikistan
Sun 7 Sutra 358

Dhanus Rasi: 28.35 Tithi 24

Gulika 3:05PM – 4:40PM
Yama 11:54AM – 1:30PM
Rahu 8:43AM – 10:19AM

Uttarashadha Until 2:25AM Tue
Shiva Until 5:22PM
Taitila Until 3:06PM
Navami* Until 2:49AM Tue

Ganesha: Green *Sunrise: 7:08AM*

Muruqa: White *Sunset: 7:51PM*

Nataraja: Purple Moon 3 - Phase 48

Moon – Light Blue **Sivaloka Day**
Phalgun-Panguni

Routine Work Marana Yoga
Until 2:25AM Tue
Then Creative Work - Siddha Yoga

1		Tuesday, April 6, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mangala Vasara Yuktayam Shravana Nakshatra Siddha/Sadhya Yoga Vanija/Visiti* Karana Dashamyam Titau		Dushanbe, Tajikistan Sun 8 Sutra 359	
Makara Rasi: 11.52	Tithi 25	Gulika 1:29PM – 3:05PM	Shravana Until 3:05AM Wed	Ganesha: Orange <i>Sunrise: 7:06AM</i>			Sarvari 5122
		Yama 10:18AM – 11:54AM	Siddha Until 3:58PM	Muruqa: White <i>Sunset: 7:52PM</i>		Moon 3 - Phase 49	
		195684468 Rahu 4:41PM – 6:16PM	Vanija Until 2:42PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dashami Until 2:41AM Wed	Moon – Purple		Subha Sivaloka Day	
Until 3:05AM Wed				Phalguna-Panguni			
Then Routine Work - Prabalarishta Yoga							

2		Wednesday, April 7, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Budha Vasara Yuktayam Dhanishtha Nakshatra Sadhya/Subha Yoga Bava/Balava Karana Ekadashyam Titau		Dushanbe, Tajikistan Sun 9 Sutra 360	
Makara Rasi: 24.53	Tithi 26	Gulika 11:53AM – 1:29PM	Dhanishtha Until 4:03AM Thu	Ganesha: Orange <i>Sunrise: 7:05AM</i>			Sarvari 5122
		Yama 8:41AM – 10:17AM	Sadhya Until 2:58PM	Muruqa: White <i>Sunset: 7:53PM</i>		Moon 3 - Phase 49	
		195684468 Rahu 1:29PM – 3:05PM	Bava Until 2:49PM	Nataraja: Purple		2nd Phase	
Routine Work	Prabalarishta Yoga		Ekadashi* Until 3:01AM Thu	Moon – Purple		Subha Sivaloka Day	
Until 4:03AM Thu				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

3		Thursday, April 8, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Guru Vasara Yuktayam Shatabhishak Nakshatra Subha/Sukla Yoga Kaulava/Taitila Karana Dvadashyam Titau		Dushanbe, Tajikistan Sun 10 Sutra 361	
Kumbha Rasi: 7.41	Tithi 27	Gulika 10:16AM – 11:52AM	Shatabhishak Until 5:18AM Fri	Ganesha: Orange <i>Sunrise: 7:03AM</i>			Sarvari 5122
		Yama 7:03AM – 8:40AM	Subha Until 2:21PM	Muruqa: White <i>Sunset: 7:54PM</i>		Moon 3 - Phase 49	
		195684468 Rahu 3:05PM – 4:41PM	Kaulava Until 3:23PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Dvadashi* Until 3:48AM Fri	Moon – Purple		Subha Sivaloka Day	
				Phalguna-Panguni			

4		Friday, April 9, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Sukra Vasara Yuktayam Purvaproshtapada* Nakshatra Sukla/Brahma Yoga Gara/Vanija Karana Trayodashyam Titau		Dushanbe, Tajikistan Sun 11 Sutra 362	
Kumbha Rasi: 20.16	Tithi 28	Gulika 8:38AM – 10:15AM	Purvaproshtapada* Until 7:16AM Sat	Ganesha: Light Blue <i>Sunrise: 7:02AM</i>			Sarvari 5122
		Yama 4:42PM – 6:18PM	Sukla Until 2:02PM	Muruqa: White <i>Sunset: 7:55PM</i>		Moon 3 - Phase 49	
		115684468 Rahu 11:52AM – 1:28PM	Gara Until 4:22PM	Nataraja: Purple		2nd Phase	
Creative Work	Siddha Yoga		Trayodashi* Until 4:59AM Sat	Moon – Clear		Sivaloka Day	
				Phalguna-Panguni			
				<i>Pradosha Vrata (Fasting)</i>			

5		Saturday, April 10, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Mantra Vasara Yuktayam Purvaproshtapada*/Uttaraproshtapada Nakshatra Brahma/Indra Yoga Vistii*/Sakuni* Karana Chaturdashyam Titau		Dushanbe, Tajikistan Sun 12 Sutra 363	
Meena Rasi: 2.4	Tithi 29	Gulika 7:00AM – 8:37AM	Purvaproshtapada* Until 7:16AM	Ganesha: Light Blue <i>Sunrise: 7:00AM</i>			Sarvari 5122
		Yama 3:05PM – 4:42PM	Brahma Until 2:02PM	Muruqa: White <i>Sunset: 7:56PM</i>		Moon 3 - Phase 49	
		115684468 Rahu 10:14AM – 11:51AM	Vistii Until 5:45PM	Nataraja: Purple		2nd Phase	
Routine Work	Marana Yoga		Chaturdashi* Until 6:33AM Sun	Moon – Clear		Sivaloka Day	
Until 7:16AM				Phalguna-Panguni			
Then Creative Work - Siddha Yoga							

Retreat Star		Sunday, April 11, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Krishna Pakshe Bhanu Vasara Yuktayam Uttaraproshtapada*/Revati Nakshatra Indra/Vaidhrili* Yoga Sakuni*/Catuspada* Karana Chaturdashi/Amavasyayam Titau		Dushanbe, Tajikistan Sun 13 Sutra 364	
Meena Rasi: 14.55	Tithi 29 – 30	Gulika 4:42PM – 6:20PM	Uttaraproshtapada Until 9:26AM	Ganesha: Light Blue <i>Sunrise: 6:59AM</i>			Sarvari 5122
		Yama 1:28PM – 3:05PM	Indra Until 2:21PM	Muruqa: White <i>Sunset: 7:57PM</i>		Moon 3 - Phase 49	
		115684468 Rahu 6:20PM – 7:57PM	Catuspada Until 7:30PM	Nataraja: Purple		Amavasya	
Creative Work	Amrita Yoga		Chaturdashi* Until 6:33AM	Moon – Clear		Sivaloka Day	
				Phalguna-Panguni			

Retreat Star		Monday, April 12, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Indu Vasara Yuktayam Revati/Ashvini Nakshatra Vaidhrili*/Vishkambha* Yoga Naga*/Kintughna* Karana Amavasya/Prathamayam Titau		Dushanbe, Tajikistan Sun 14 Sutra 1	
Meena Rasi: 27.01	Tithi 30 – 1	Gulika 3:05PM – 4:43PM	Revati Until 11:47AM	Ganesha: Light Blue <i>Sunrise: 6:57AM</i>			Sarvari 5122
Family Home Evening		Yama 11:50AM – 1:28PM	Vaidhrili* Until 2:54PM	Muruqa: White <i>Sunset: 7:58PM</i>		Moon 3 - Phase 49	
		115684468 Rahu 8:35AM – 10:12AM	Kintughna Until 9:37PM	Nataraja: Purple		Prathama	
Creative Work	Siddha Yoga		Amavasya* Until 8:30AM	Moon – Clear		Sivaloka Day	
		Chellappaswami Mahasamadhi		Chaitra-Panguni			

1		Tuesday, April 13, 2021		Sarvari Nama Samvatsare Utarayane Moksha Ritau Meena Mase Sukla Pakshe Mangala Vasara Yuktayam Ashvini/Bharani Nakshatra Vishkambha* Priti Yoga Bava/Balava Karana Prathama/Dvitiyayam Titau		Dushanbe, Tajikistan Sun 15 Sutra 2 Sarvari 5122	
Mesha Rasi: 8.58	Tithi 1 – 2	125684468	Gulika 1:27PM – 3:05PM Yama 10:12AM – 11:49AM Rahu 4:43PM – 6:21PM	Ashvini Until 2:47PM Vishkambha* Until 3:42PM Balava Until 12:01AM Wed Prathama* Until 10:45AM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – White Chaitra•Panguni	Sunrise: 6:56AM Sunset: 7:59PM	Moon 3 - Phase 50 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga						
2		Wednesday, April 14, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Bharani/Krittika Nakshatra Priti/Ayushman Yoga Kaulava/Taitila Karana Dvitiya/Tritiyayam Titau		Dushanbe, Tajikistan Sun 16 Sutra 3 Plava 5123	
Mesha Rasi: 20.5	Tithi 2 – 3	225684468	Gulika 11:49AM – 1:27PM Yama 8:33AM – 10:11AM Rahu 1:27PM – 3:05PM	Bharani Until 5:50PM Priti Until 4:43PM Taitila Until 2:37AM Thu Dvitiya Until 1:17PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – White Chaitra•Chaitra	Sunrise: 6:54AM Sunset: 8:00PM	Moon 3 - Phase 50 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga		Tamil New Year				
Until 5:50PM							
Then Creative Work - Amrita Yoga							
3		Thursday, April 15, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Krittika Nakshatra Ayushman/Saubhagya Yoga Gara/Vanija Karana Tritiya/Chaturthyam Titau		Dushanbe, Tajikistan Sun 17 Sutra 4 Plava 5123	
Vrishabha Rasi: 2.38	Tithi 3 – 4	226684468	Gulika 10:10AM – 11:48AM Yama 6:53AM – 8:31AM Rahu 3:05PM – 4:44PM	Krittika Until 8:50PM Ayushman Until 5:47PM Vanija Until 5:18AM Fri Tritiya Until 3:56PM	Ganesha: Purple Muruqa: White Nataraja: Purple Moon – White Chaitra•Chaitra	Sunrise: 6:53AM Sunset: 8:01PM	Moon 3 - Phase 50 3rd Phase Sivaloka Day
Routine Work	Marana Yoga						
4		Friday, April 16, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Rohini Nakshatra Saubhagya Yoga Visti* Karana Chaturthyam Titau		Dushanbe, Tajikistan Sun 18 Sutra 5 Plava 5123	
Vrishabha Rasi: 14.24	Tithi 4	236684468	Gulika 8:30AM – 10:09AM Yama 4:44PM – 6:23PM Rahu 11:48AM – 1:27PM	Rohini Until 12:09AM Sat Saubhagya Until 6:51PM Visti Until 6:36PM Chaturthi* Until 6:36PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Yellow Chaitra•Chaitra	Sunrise: 6:52AM Sunset: 8:02PM	Moon 3 - Phase 50 3rd Phase Sivaloka Day
Routine Work	Marana Yoga						
Until 12:09AM Sat							
Then Creative Work - Siddha Yoga							
5		Saturday, April 17, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Mrigashira Nakshatra Sobhana Yoga Bava/Balava Karana Panchamyam Titau		Dushanbe, Tajikistan Sun 19 Sutra 6 Plava 5123	
Vrishabha Rasi: 26.13	Tithi 5	236684468	Gulika 6:50AM – 8:29AM Yama 3:05PM – 4:44PM Rahu 10:08AM – 11:47AM	Mrigashira Until 3:04AM Sun Sobhana Until 7:48PM Bava Until 7:53AM Panchami Until 9:04PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Yellow Chaitra•Chaitra	Sunrise: 6:50AM Sunset: 8:03PM	Moon 3 - Phase 50 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga						
6		Sunday, April 18, 2021		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Ardra Nakshatra Athiganda* Yoga Kaulava/Taitila Karana Shashthyam Titau		Dushanbe, Tajikistan Sun 20 Sutra 7 Plava 5123	
Mithuna Rasi: 8.07	Tithi 6	236684468	Gulika 4:45PM – 6:24PM Yama 1:26PM – 3:05PM Rahu 6:24PM – 8:03PM	Ardra Until 5:23AM Mon Athiganda* Until 8:25PM Kaulava Until 10:11AM Shashthi* Until 11:07PM	Ganesha: Light Blue Muruqa: White Nataraja: Purple Moon – Yellow Chaitra•Chaitra	Sunrise: 6:49AM Sunset: 8:03PM	Moon 3 - Phase 50 3rd Phase Sivaloka Day
Creative Work	Siddha Yoga						
Until 5:23AM Mon							
Then Creative Work - Amrita Yoga							
Monday, April 19, 2021		Retreat Star		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Punarvasu Nakshatra Sukarma Yoga Gara/Vanija Karana Saptamyam Titau		Dushanbe, Tajikistan Sun 21 Sutra 8 Plava 5123	
Mithuna Rasi: 20.13	Tithi 7	246684468	Gulika 3:05PM – 4:45PM Yama 11:46AM – 1:26PM Rahu 8:27AM – 10:07AM	Punarvasu Until 7:24AM Tue Sukarma Until 8:36PM Gara Until 11:57AM Saptami Until 12:34AM Tue	Ganesha: Orange Muruqa: White Nataraja: Purple Moon – Blue Chaitra•Chaitra	Sunrise: 6:47AM Sunset: 8:04PM	Moon 3 - Phase 50 3rd Phase Subha Sivaloka Day
Family Home Evening							
Creative Work	Amrita Yoga						
Until 7:24AM Tue							
Then Creative Work - Siddha Yoga							
Tuesday, April 20, 2021		Retreat Star		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Mangala Vasara Yuktayam Punarvasu/Pushya Nakshatra Dhriti Yoga Visti*/Bava Karana Ashtamyam Titau		Dushanbe, Tajikistan Sun 22 Sutra 9 Plava 5123	
Kataka Rasi: 2.35	Tithi 8	246784468	Gulika 1:26PM – 3:06PM Yama 10:06AM – 11:46AM Rahu 4:45PM – 6:25PM	Punarvasu Until 7:24AM Dhriti Until 8:14PM Visti Until 1:02PM Ashtami* Until 1:16AM Wed	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Blue Chaitra•Chaitra	Sunrise: 6:46AM Sunset: 8:05PM	Moon 3 - Phase 50 Ashtami Subha Sivaloka Day
Creative Work	Siddha Yoga						
Wednesday, April 21, 2021		Retreat Star		Plava Nama Samvatsare Utarayane Nartana Ritau Mesha Mase Sukla Pakshe Budha Vasara Yuktayam Pushya/Ashlesha* Nakshatra Shula* Yoga Balava/Kaulava Karana Navamyam Titau		Dushanbe, Tajikistan Sun 23 Sutra 10 Plava 5123	
Kataka Rasi: 15.19	Tithi 9	246784468	Gulika 11:45AM – 1:25PM Yama 8:25AM – 10:05AM Rahu 1:25PM – 3:06PM	Pushya Until 8:29AM Shula* Until 7:12PM Balava Until 1:19PM Navami* Until 1:06AM Thu	Ganesha: Clear Muruqa: White Nataraja: Purple Moon – Blue Chaitra•Chaitra	Sunrise: 6:44AM Sunset: 8:06PM	Moon 3 - Phase 50 Navami Subha Sivaloka Day
Creative Work	Siddha Yoga		Sri Rama Navami				

By knowing Siva, the Auspicious One who is hidden in all things, exceedingly fine, like film arising from clarified butter, the One embracer of the universe—by realizing God, one is released from all fetters. Krishna Yajur Veda

All times are standard time


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1		Thursday, April 22, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Guru Vasara Yuktayam Ashlesha* Magha* Nakshatra Ganda* Vridhi Yoga Taitila/Gara Karana Dashamyam Titau			Dushanbe, Tajikistan Sun 24 Sutra 11
Kataka Rasi: 28.28	Tithi 10	Gulika 10:04AM – 11:45AM	Ashlesha* Until 8:36AM	Ganesha: Orange	<i>Sunrise:</i> 6:43AM	Plava 5123	
		Yama 6:43AM – 8:24AM	Ganda* Until 5:29PM	Muruqa: White	<i>Sunset:</i> 8:07PM	Moon 3 - Phase 1	
		247784468 Rahu 3:06PM – 4:46PM	Taitila Until 12:43PM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dashami Until 12:05AM Fri	Moon – Blue		Subha Sivaloka Day	
Until 8:36AM							
Then Creative Work - Amrita Yoga							

2		Friday, April 23, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Sukra Vasara Yuktayam Magha*/Purvaphalguni Nakshatra Vridhi/Dhruva Yoga Vanija/Visti* Karana Ekadashyam Titau			Dushanbe, Tajikistan Sun 25 Sutra 12
Simha Rasi: 12.04	Tithi 11	Gulika 8:23AM – 10:03AM	Magha* Until 8:10AM	Ganesha: Green	<i>Sunrise:</i> 6:42AM	Plava 5123	
		Yama 4:47PM – 6:27PM	Vridhi Until 3:07PM	Muruqa: White	<i>Sunset:</i> 8:08PM	Moon 3 - Phase 1	
		257784468 Rahu 11:44AM – 1:25PM	Vanija Until 11:17AM	Nataraja: Purple		4th Phase	
Routine Work	Marana Yoga		Ekadashi Until 10:16PM	Moon – Red		Sivaloka Day	
Until 8:10AM							
Then Creative Work - Siddha Yoga							

3		Saturday, April 24, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Manta Vasara Yuktayam Purvaphalguni/Uttaraphalguni Nakshatra Dhruva/Vyaghata* Yoga Bava/Balava Karana Dvodashyam Titau			Dushanbe, Tajikistan Sun 26 Sutra 13
Simha Rasi: 26.1	Tithi 12	Gulika 6:40AM – 8:22AM	Purvaphalguni Until 6:49AM	Ganesha: Green	<i>Sunrise:</i> 6:40AM	Plava 5123	
		Yama 3:06PM – 4:47PM	Dhruva Until 12:08PM	Muruqa: White	<i>Sunset:</i> 8:09PM	Moon 3 - Phase 1	
		257784468 Rahu 10:03AM – 11:44AM	Bava Until 9:06AM	Nataraja: Purple		4th Phase	
Creative Work	Siddha Yoga		Dvodashi Until 7:45PM	Moon – Red		Sivaloka Day	
Until 6:49AM							
Then Routine Work - Marana Yoga							

4		Sunday, April 25, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Bhanu Vasara Yuktayam Hasta Nakshatra Vyaghata*/Harshana Yoga Kaulava/Gara Karana Trayodashi/Chaturdashyam Titau			Dushanbe, Tajikistan Sun 27 Sutra 14
Kanya Rasi: 10.42	Tithi 13 – 14	Gulika 4:47PM – 6:29PM	Hasta Until 2:22AM Mon	Ganesha: Red	<i>Sunrise:</i> 6:39AM	Plava 5123	
		Yama 1:25PM – 3:06PM	Vyaghata* Until 8:40AM	Muruqa: White	<i>Sunset:</i> 8:10PM	Moon 3 - Phase 1	
		267784469 Rahu 6:29PM – 8:10PM	Kaulava Until 6:18AM	Nataraja: Clear		4th Phase	
Creative Work	Amrita Yoga		Trayodashi Until 4:41PM	Moon – Green		Sivaloka Day	
Until 2:22AM Mon							
Then Routine Work - Prabalarishta Yoga							
						<i>Pradosha Vrata</i>	

		Monday, April 26, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Sukla Pakshe Indu Vasara Yuktayam Chitra Nakshatra Vajra* Yoga Vanija/Visti* Karana Chaturdashi/Purnimayam Titau			Dushanbe, Tajikistan Sun 28 Sutra 15
Copper Retreat Star		Gulika 3:06PM – 4:48PM	Chitra Until 11:35PM	Ganesha: Red	<i>Sunrise:</i> 6:38AM	Plava 5123	
Kanya Rasi: 25.35	Tithi 14 – 15	Yama 11:43AM – 1:24PM	Vajra* Until 12:44AM Tue	Muruqa: White	<i>Sunset:</i> 8:11PM	Moon 3 - Phase 1	
Family Home Evening		267784469 Rahu 8:19AM – 10:01AM	Visti Until 11:25PM	Nataraja: Clear		Purnima	
Routine Work	Prabalarishta Yoga		Chaturdashi* Until 1:14PM	Moon – Green		Sivaloka Day	
Until 11:35PM							
Then Creative Work - Amrita Yoga		Chitra Purnima (Tamil Nadu)		Chaitra*Chaitra			
		Hanuman Jayanti					

5		Tuesday, April 27, 2021		Plava Nama Samvatsare Uтарыane Nartana Ritau Mesha Mase Krishna Pakshe Mangala Vasara Yuktayam Svati Nakshatra Siddhi Yoga Bava/Balava Karana Purnima/Prathamayam Titau			Dushanbe, Tajikistan Sun 29 Sutra 16
Silver Retreat Star		Gulika 1:24PM – 3:06PM	Svati Until 8:31PM	Ganesha: Red	<i>Sunrise:</i> 6:37AM	Plava 5123	
Tula Rasi: 10.43	Tithi 15 – 16	Yama 10:00AM – 11:42AM	Siddhi Until 8:32PM	Muruqa: White	<i>Sunset:</i> 8:12PM	Moon 3 - Phase 1	
		267784469 Rahu 4:48PM – 6:30PM	Balava Until 7:41PM	Nataraja: Clear		Prathama	
Creative Work	Siddha Yoga		Purnima* Until 9:33AM	Moon – Green		Sivaloka Day	
Until 8:31PM							
Then Routine Work - Marana Yoga							